

## Positive inotropic response to 5-HT in human atrial but not in ventricular heart muscle

Ulrich Jahnel, Johanna Rupp, Rudolf Ertl, and Hermann Nawrath

Pharmakologisches Institut der Universität Mainz, Obere Zahlbacher Strasse 67, W-6500 Mainz, Federal Republic of Germany

Received June 2, 1992/Accepted July 17, 1992

**Summary.** The effects of 5-hydroxytryptamine (5-HT) on force of contraction ( $F_C$ ), action potential (AP) and calcium current ( $I_{Ca}$ ) were studied in human right atrial and left ventricular heart muscle. 5-HT exerted a concentration-dependent increase in  $F_C$  in multicellular atrial preparations; the  $EC_{50}$  was approximately  $3 \times 10^{-7}$  mol/l. Maximal increases in  $F_C$  ( $252 \pm 58\%$  of control values; means  $\pm$  SEM,  $n=6$ ) were obtained at 5-HT  $10^{-5}$  mol/l. At this concentration,  $I_{Ca}$  was increased four- to sevenfold in enzymatically isolated atrial myocytes. In contrast, ventricular preparations did not respond to 5-HT;  $F_C$ , AP and  $I_{Ca}$  remained unaffected. In the same preparations,  $F_C$  was increased by isoprenaline three- to fourfold. These results confirm the observation that 5-HT induces a positive inotropic effect in the human atrium, possibly mediated by activation of the adenyl cyclase – cyclic AMP system. Our study demonstrates, however, the complete lack of functional 5-HT receptors, with respect to changes in  $F_C$ , in the human ventricle. Since the positive inotropic effect of 5-HT in the human heart is obviously restricted to the atrium, our findings question the concept of developing 5-HT receptor agonists for the treatment of heart failure.

**Key words:** Human heart – Force of contraction – 5-Hydroxytryptamine –  $Ca^{2+}$  current

### Introduction

5-Hydroxytryptamine (5-HT) exerts complex effects on the cardiovascular system which have been ascribed to the activation of at least four subtypes of 5-HT receptors (for recent reviews see Saxena and Villalón 1990, 1991). 5-HT<sub>4</sub> receptors mediate the positive inotropic response to 5-HT in human isolated atrial preparations (Kaumann et al. 1990, 1991; Sanders and Kaumann 1992). A recent

study in human atrial myocytes has shown that the inotropic effect of 5-HT is related to an increase in the calcium current ( $I_{Ca}$ ) via an elevation of intracellular cyclic AMP levels and stimulation of cAMP-dependent protein kinase (Oquadid et al. 1992). It has been suggested that the development of 5-HT<sub>4</sub> agonists may offer new perspectives in the treatment of heart failure (Saxena and Villalón 1991; Oquadid et al. 1992). Essential to this goal would be a corresponding inotropic response to 5-HT in the ventricle. We have therefore investigated the effects of 5-HT on force of contraction ( $F_C$ ), action potential (AP) and  $I_{Ca}$  in human isolated ventricular heart muscle. For comparison, atrial tissue was also studied.

### Methods

**Preparations.** Human papillary and atrial heart muscle preparations were obtained from patients undergoing open heart surgery. The patients ( $n=9$ ; 5 female, 4 male) ranged in age from 41 to 72 years. Atrial heart muscle samples were obtained from patients suffering from coronary heart disease without signs of heart failure. Left ventricular muscle strips were provided from patients suffering from combined mitral valve lesions (NYHA II–III). Most patients had been treated with anti-anginal drugs (organic nitrates,  $\beta$ -adrenoceptor blockers), diuretics (furosemide, spironolactone, hydrochlorothiazide) and cardiac glycosides (digitoxin) before surgery. None of the patients was known to have received any calcium entry blocking agent or 5-HT receptor antagonist. General anesthesia was performed with narcotic combinations (midazolam, enflurane and nitrous oxide), skeletal muscle relaxants (pancuronium, suxamethonium) and analgesics (fentanyl).

At surgery, approximately 1 cm<sup>2</sup> of atrial myocardium was removed from the right atrial appendage as a part of the cannulation procedure for cardiopulmonary bypass. Papillary muscle samples were excised before valve replacement. Immediately after excision, the tissue was immersed in cool (4 °C) preoxygenated Tyrode solution containing (mmol/l): NaCl 136.9, KCl 5.4, CaCl<sub>2</sub> 1.8, MgCl<sub>2</sub> 1.05, NaH<sub>2</sub>PO<sub>4</sub> 0.42, NaHCO<sub>3</sub> 11.9, glucose 5.6, EDTA 0.05, equilibrated with 95% O<sub>2</sub> and 5% CO<sub>2</sub> (pH 7.4). The time between excision and the beginning of laboratory processes was 15–90 min.

**Experiments in multicellular preparations.** Ventricular heart muscle samples were transferred to a dissection chamber containing oxygenated warm Tyrode solution, pinned down on Sylgard, and cut into strips of about 3 mm in length and 1 mm in diameter. Both ends were ligated

with a fine silk suture. For the measurement of AP and  $F_C$ , the preparations were mounted horizontally in a 2 ml organ bath which was built into a perspex block that also contained a main reservoir of 100 ml Tyrode solution heated to 37°C. Communication between both compartments was provided by connecting pores through which the fluids were driven by gas (95% O<sub>2</sub> and 5% CO<sub>2</sub>). The preparations were fixed in the organ bath to keep the muscle length as constant as possible. One end of the preparation was positioned between two platinum electrodes and the other end connected to an inductive force displacement transducer via a stainless steel wire.

The muscle strips were electrically driven at 1 Hz by rectangular pulses of 0.1 ms duration at 10% above threshold intensity using a Grass stimulator (model S88) and isolation unit (SIU 5).  $F_C$  was recorded at the apex of the preload active tension curve by means of an inductive force displacement transducer whose output was fed to a Hellige carrier frequency preamplifier. The preparations were allowed to stabilize for at least 2 h. Transmembrane potential was detected intracellularly by using conventional microelectrodes filled with 3 mol/l KCl (resistances 10–20 MΩ). A voltage follower with input capacitance compensation was used to record transmembrane potential. Upstroke velocity (dV/dt) was obtained by analog differentiation. All signals were displayed on an oscilloscope (Nicolet 310) and stored digitally on videotape (VCR Panasonic NV-H75) in conjunction with an Instrutech VR 100 14-bit AD converter. For evaluation, data were plotted (Hewlett Packard, 7475A) or transcribed to an X-Y recorder (BBC Goertz Metrawatt SE 790).

Atrial heart muscle samples were cut into pieces of 5–7 mm in length and 3–5 mm in width and, for the measurement of  $F_C$  only, mounted vertically in 5 ml organ baths heated to 35°C as described earlier (Nawrath et al. 1984). After a stabilisation period of about 1 h, the effects of 5-HT were investigated by exposure to cumulatively increasing concentrations after the establishment of a stable response (about 10 min). All test solutions contained, unless otherwise stated, atenolol (10 μmol/l) to exclude any effects of 5-HT on β-adrenoceptors.

**Measurement of membrane currents in single myocytes.** For isolation of atrial or ventricular myocytes, heart muscle samples (0.5–1 cm<sup>2</sup>) were cut into small pieces. For removal of Ca<sup>2+</sup>, the tissues were stirred in nominally Ca<sup>2+</sup>-free, oxygenated solution (15 min) containing (mmol/l) NaCl 130.0, KCl 5.4, KH<sub>2</sub>PO<sub>4</sub> 1.2, MgCl<sub>2</sub> 1.2, HEPES 6.0, glucose 30; pH was adjusted to 7.2 by NaOH (37°C). Single cells were obtained by enzymatic dissociation using collagenase (1 mg/ml) and protease (0.1 mg/ml) according to Escande et al. (1987). After a superfusion period of 45 min, the digestion procedure was continued for further 45–100 min in the absence of protease. After the appearance of rod-shaped striated cells, the muscle chunks were resuspended under gentle mechanical agitation and stored (4°C) in high K<sup>+</sup>, Ca<sup>2+</sup> free solution (Kraftbrühe, KB) with the following composition (mmol/l): KOH 70, glutamic acid 50, KCl 40, KH<sub>2</sub>PO<sub>4</sub> 20, taurine 20, MgCl<sub>2</sub> 3, HEPES 10, EGTA 5, glucose 10; pH was adjusted to 7.4 by KOH.

For whole cell clamp experiments, a droplet of the cell suspension was transferred to a chamber mounted on the stage of an inverted microscope (Olympus IMT-2). After settling down on the glass bottom of the chamber, cells were finally exposed to test solution containing (mmol/l) NaCl 137.6; CsCl 5.4; MgCl<sub>2</sub> 0.5; CaCl<sub>2</sub> 1.8; HEPES 11.6; glucose 5.0; pH was adjusted to 7.4 by NaOH. The whole-cell configuration of the single-electrode patch-clamp technique was used for the measurement of membrane currents (Hamill et al. 1981).

$I_{Ca}$  was measured in K<sup>+</sup>-free test solution containing CsCl in order to block K<sup>+</sup> currents. The solution in the recording pipette (resistances 1–2 MΩ) contained (mmol/l) CsCl 125.0, MgCl<sub>2</sub> 6.0, CaCl<sub>2</sub> 0.15, Na<sub>2</sub>ATP 5.0, HEPES 10.0, EGTA 5.0; pH was adjusted to 7.2 with CsOH. To inactivate the fast Na<sup>+</sup> current ( $I_{Na}$ ), holding potential was set to -40 mV.  $I_{Ca}$  was measured in response to depolarizing voltage clamp steps of 100 ms in the range between -40 mV and +40 mV. Time interval between test pulses was 10 s. Transmembrane currents were measured with an L/M-EPC-7 amplifier (List-Medical, Darmstadt, FRG) which received rectangular command pulses from a PC equipped with a Labmaster interface (Scientific Solution, Solon, USA). Current signals were filtered at 3 kHz prior to digitization using an 8-pole Bessel filter (Rockland Systems Corp., Model 432, USA). Data acquisition and

analysis were performed with pClamp software (Axon, Foster City, USA).

5-HT (10 μmol/l) was added to the superfusate which was kept at 35°C using a Peltier-effect heating device. A stable response was generally achieved within 2–5 min.

**Chemicals.** The following drugs were used (abbreviations and sources in parentheses): collagenase A (Boehringer, Mannheim, FRG); HEPES (Serva, Heidelberg, FRG); isoprenaline sulphate dihydrate (Boehringer, Ingelheim, FRG); adenosine-5'-triphosphate (Na<sub>2</sub>ATP), atenolol, glutamic acid, 5-hydroxytryptamine creatinine sulfate complex (5-HT), protease type XIV, taurine (Sigma, Munich, FRG). All other chemicals were obtained from Merck, Darmstadt (FRG).

**Evaluation of results.** Results are either shown as original records or expressed as means ± SEM. Peak levels of phasic contractions ( $F_C$ ) are given as % of control values. Action potential parameters were analyzed for maximal upstroke velocity (dV/dt<sub>max</sub>), resting membrane potential, overshoot, amplitude and duration at 20% and 90% of repolarization.  $I_{Ca}$  was measured at peak levels of inwardly directed currents after onset of the pulses with reference to zero current.

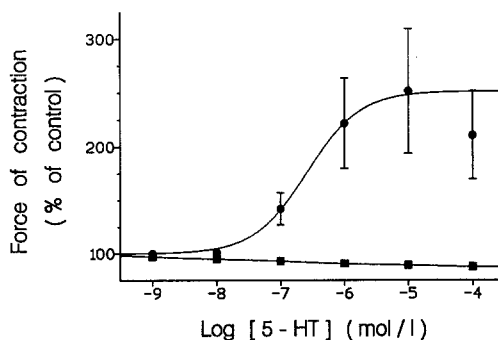
## Results

### Influence of 5-HT of $F_C$

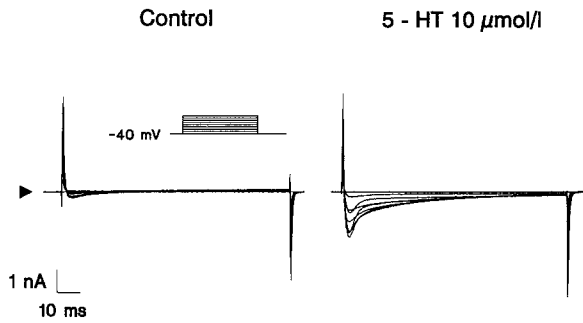
5-HT exerted a concentration-dependent positive inotropic effect in human right atrial heart muscle (Fig. 1; filled circles). The effects of cumulatively increasing concentrations developed within 2–5 min.  $F_C$  was increased up to about 250% of control values at 10 μmol/l 5-HT. The pD<sub>2</sub>-value amounted to 6.61 (95% confidence interval: 6.49 – 6.73). In the same concentration range, 5-HT was ineffective in ventricular heart muscle (Fig. 1; filled squares). In 10 ventricular preparations obtained from 5 patients,  $F_C$  remained unchanged even at concentrations which elicited maximal changes in the atrium. In the same preparations,  $F_C$  was increased to 355 ± 15% by isoprenaline (1 μmol/l).

### Influence of 5-HT on $I_{Ca}$ in the atrium

5-HT (10 μmol/l) caused a pronounced increase in  $I_{Ca}$  in atrial myocytes. The original current traces of a represen-



**Fig. 1.** Influence of 5-HT on force of contraction ( $F_C$ ) in human right atrial and left ventricular heart muscle preparations. Cumulative concentration-response relationships. In the presence of atenolol (10 μmol/l), 5-HT elicited a concentration-dependent positive inotropic effect in the atrium (●;  $n = 6$ ), whereas  $F_C$  remained unaffected in the ventricle (■;  $n = 10$ ). Means ± SEM. Standard error bars are partially within the size of the symbols

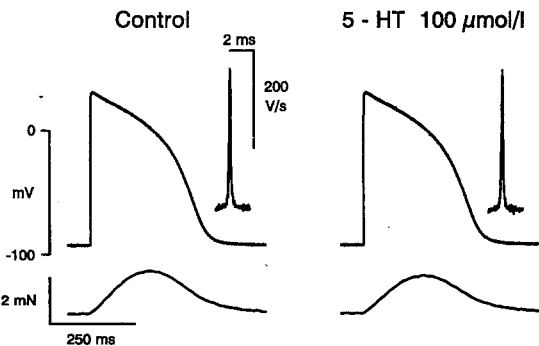


**Fig. 2.** Influence of 5-HT on calcium current ( $I_{Ca}$ ) in a single human atrial myocyte. Original current traces in response to 9 depolarizing voltage clamp steps (10 mV increments; holding potential  $-40$  mV; 100 ms) were superimposed under control conditions and in the presence of 5-HT (10  $\mu$ mol/l).  $K^+$  currents were suppressed by intra- and extracellularly applied  $Cs^+$ . Zero current is marked by  $\blacktriangleright$ . 2 minutes after the addition of 5-HT (10  $\mu$ mol/l), a marked increase in  $I_{Ca}$  was observed

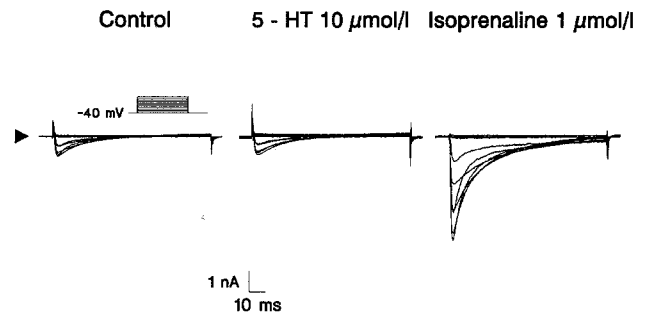
tative experiment are shown in Fig. 2.  $I_{Ca}$  was obtained in response to 100 ms depolarizing pulses from  $-40$  mV (holding potential) up to  $+40$  mV in 10 mV increments. Outward currents were suppressed by intra- and extracellularly applied  $Cs^+$ . 2 min after the addition of 5-HT, a sevenfold increase of peak  $I_{Ca}$  was observed. In three different experiments,  $I_{Ca}$  was increased four- to sevenfold by 5-HT. Similar increases of peak  $I_{Ca}$  were observed in the presence of isoprenaline (1  $\mu$ mol/l) (data not shown).

#### *Influence of 5-HT on AP and $I_{Ca}$ in the ventricle*

Figure 3 shows the lack of effect of 5-HT (100  $\mu$ mol/l) on  $F_C$ , AP and  $dV/dt_{max}$  in human ventricular heart muscle. In this and 5 other preparations obtained from 5 patients,  $F_C$  and AP parameters remained completely unaffected by 5-HT. In the particular experiment in Fig. 4,  $I_{Ca}$  was recorded in the absence of atenolol (control conditions). Superfusion of the myocyte with 5-HT (10  $\mu$ mol/l) did not affect the magnitude or time course of  $I_{Ca}$ . After washout of 5-HT, the addition of isoprenaline (1  $\mu$ mol/l) caused a large increase in  $I_{Ca}$ .



**Fig. 3.** Original recordings of action potential, upstroke velocity ( $dV/dt$ ) and  $F_C$  obtained from a human papillary muscle preparation under control conditions and in the presence of 5-HT (100  $\mu$ mol/l). Note the lack of a positive inotropic effect and the absence of changes in the action potential configuration in the presence of 5-HT



**Fig. 4.** Influence of 5-HT and isoprenaline on  $I_{Ca}$  in a single human ventricular myocyte. Original current traces in response to 9 depolarizing voltage clamp steps (10 mV increments; holding potential  $-40$  mV; 100 ms) were superimposed under control conditions, in the presence of 5-HT (10  $\mu$ mol/l) and in the presence of isoprenaline (1  $\mu$ mol/l).  $K^+$  currents were suppressed by intra- and extracellularly applied  $Cs^+$ . Zero current is marked by  $\blacktriangleright$ .  $I_{Ca}$  was recorded in the absence of atenolol. Superfusion of the myocyte with 5-HT (10  $\mu$ mol/l) did not affect  $I_{Ca}$ ; after washout of 5-HT, addition of isoprenaline (1  $\mu$ mol/l) to the superfusate caused a pronounced increase in  $I_{Ca}$

#### **Discussion**

5-HT causes a marked positive inotropic effect in human atrial heart muscle preparations. Kaumann et al. (1991) have shown that the receptors which are involved can be blocked by ICS 205-930 with a  $pK_B$  of 6.7, but not by antagonists at 5-HT<sub>1</sub>, 5-HT<sub>2</sub> or 5-HT<sub>3</sub> receptors. These properties are similar to those of a new subtype of 5-HT receptor designated 5-HT<sub>4</sub> which is coupled positively to the adenylyl cyclase in mouse embryo colliculi neurons (Dumuis et al. 1988). The increase in  $F_C$  in the human atrium is also related to a cAMP-dependent stimulation of  $I_{Ca}$  thereby improving excitation-contraction coupling (Ouadid et al. 1992). In isolated atrial myocytes from rat, guinea-pig, rabbit or frog, neither a positive inotropic effect nor an increase in  $I_{Ca}$  was observed in response to 5-HT (Ouadid et al. 1992); thus, different responses to 5-HT among species are obvious. If effective, the action of 5-HT may involve the stimulation of various subtypes of receptors: a positive chronotropic effect is causally related to the stimulation of 5-HT<sub>1</sub> (cat; Saxena et al. 1985), 5-HT<sub>2</sub> (rat; Docherty 1988), 5-HT<sub>3</sub> (dog; Wilson et al. 1990) or 5-HT<sub>4</sub> receptors (pig; Kaumann 1990; Villalón et al. 1990).

The situation in the human heart may be summarized as follows: 5-HT causes an increase in the heart rate (LeMessurier et al. 1959) and a marked positive inotropic effect in the atrium (the latter mediated by 5-HT<sub>4</sub> receptors), whereas the ventricle seems to be completely unresponsive.

The reason for the lack of a direct positive inotropic effect of 5-HT in the ventricle is unclear. At least two different possibilities have to be discussed: first, the absence of the key 5-HT receptor, and, second, a missing link within the signal transduction pathway. Receptor-binding studies can partially resolve these questions. At present, however, a high-affinity radioligand for the 5-HT<sub>4</sub> receptor is not available (see Bockaert et al. 1992).

Due to the encouraging results in the human atrium to enhance the contractility via 5-HT receptors, a possible

therapeutic benefit of selective 5-HT<sub>4</sub> receptor agonists in the failing heart has been discussed (Saxena and Villalón 1991; Ouadid et al. 1992). However, in the light of a possible 5-HT<sub>4</sub>-receptor-mediated tachycardia and the lack of direct effects of 5-HT on F<sub>C</sub> in the human ventricle, the use of 5-HT agonists in the therapy of heart failure appears unlikely.

*Acknowledgements.* We would like to thank Prof. Satter (Abteilung für Herz-, Thorax- und Gefäßchirurgie der Johann Wolfgang Goethe-Universität Frankfurt, FRG) and Prof. Oelert (Abteilung für Herz-, Thorax- und Gefäßchirurgie der Johannes Gutenberg Universität Mainz, FRG) for supplying us with heart muscle preparations. This work was supported by grants from Deutsche Forschungsgemeinschaft, Fonds der Chemischen Industrie and Naturwissenschaftlich-Medizinisches Forschungszentrum der Universität Mainz.

## References

- Bockaert J, Fozard JR, Dumuis A, Clarke DE (1992) The 5-HT<sub>4</sub> receptor: a place in the sun. *Trends Pharmacol Sci* 13:141–145
- Docherty JR (1988) Investigations of cardiovascular 5-hydroxytryptamine receptor subtypes in the rat. *Naunyn-Schmiedeberg's Arch Pharmacol* 337:1–8
- Dumuis A, Bouhelal R, Sebben M, Cory R, Bockaert J (1988) A non-classical 5-hydroxytryptamine receptor positively coupled with adenylyl cyclase in the central nervous systems. *Mol Pharmacol* 34:880–887
- Escande D, Coulombe A, Faivre J-F, Deroubaix E, Coraboef E (1987) Two types of transient outward currents in adult human atrial cells. *Am J Physiol* 252:H142–H148
- Hamill OP, Marty A, Neher E, Sakmann B, Sigworth FJ (1981) Improved patch-clamp techniques for high-resolution current recording from cells and cell-free membrane patches. *Pflügers Arch* 391:85–100
- Kaumann AJ (1990) Piglet sinoatrial 5-HT receptors resemble human atrial 5-HT<sub>4</sub>-like receptors. *Naunyn-Schmiedeberg's Arch Pharmacol* 342:619–622
- Kaumann AJ, Sanders L, Brown AM, Murray KJ, Brown MJ (1990) A 5-hydroxytryptamine receptor in human atrium. *Br J Pharmacol* 100:879–885
- Kaumann AJ, Sanders L, Brown AM, Murray KJ, Brown MJ (1991) A 5-HT<sub>4</sub>-like receptor in human right atrium. *Naunyn-Schmiedeberg's Arch Pharmacol* 344:150–159
- LeMessurier DH, Schwartz CJ, Whelan RF (1959) Cardiovascular effects of intravenous infusions of 5-hydroxytryptamine in man. *Br J Pharmacol* 14:246–250
- Nawrath H, Sack U, Zong X-g (1984) Antimuscarinic action of quinidine on the heart? A study in myocardial preparations from cat hearts. *Br J Pharmacol* 81:103–111
- Ouadid H, Seguin J, Dumuis A, Bockaert J, Nargeot J (1992) Serotonin increases calcium current in human atrial myocytes via the newly described 5-hydroxytryptamine<sub>4</sub> receptors. *Mol Pharmacol* 41:346–351
- Sanders L, Kaumann AJ (1992) A 5-HT<sub>4</sub>-like receptor in human left atrium. *Naunyn-Schmiedeberg's Arch Pharmacol* 345:382–386
- Saxena PR, Villalón CM (1990) Cardiovascular effects of serotonin agonists and antagonists. *J Cardiovasc Pharmacol* 15 (Suppl 7):S17–S34
- Saxena PR, Villalón CM (1991) 5-Hydroxytryptamine: a chameleon in the heart. *Trends Pharmacol Sci* 12:223–227
- Saxena PR, Mylecharane EJ, Heiligers J (1985) Analysis of the heart rate effects of 5-hydroxytryptamine in the cat; mediation of tachycardia by 5-HT<sub>1</sub>-like receptors. *Naunyn-Schmiedeberg's Arch Pharmacol* 330:121–129
- Villalón CM, den Boer MO, Heiligers JPC, Saxena PR (1990) Mediation of 5-hydroxytryptamine-induced tachycardia in the pig by the putative 5-HT<sub>4</sub> receptor. *Br J Pharmacol* 100:665–667
- Wilson H, Coffman WJ, Cohen ML (1990) 5-Hydroxytryptamine<sub>3</sub> receptors mediate tachycardia in conscious instrumented dogs. *J Pharmacol Exp Ther* 252:683–688