Chapter 5 Porous Carbon Materials for Supercapacitor Applications



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1 Introduction

With environmental consciousness, the advancement of energy conversion and storage has been a great challenge for the fulfillment of the enormous energy demand our modern society. Day-to-day discovery of portable electronics and smart technologies needs further breakthroughs to accomplish high power and energy and definitely long-running energy storage strategies. Recently, electrochemical capacitor, or supercapacitor, or ultracapacitors got tremendous attention toward materials science researchers as it has some unique features like high-power density, moderate energy density, fast charging capacity, and extraordinary cyclic stability [1–4]. Based on their charge storage phenomena, it can be categorized into two types: electrochemical double layer capacitors (EDLCs) and pseudocapacitors [5]. The charge accumulation at the interface of electrode/electrolyte results the capacitance in EDLCs, whereas the fast Faradaic redox reaction is responsible for the capacitance in pseudocapacitor. The transition metal oxides/hydroxides/sulfides and conducting polymers are used as

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Fig. 1 Schematic representation of carbon supercapacitors

pseudocapacitive materials. On the other hand, carbonaceous materials like activated carbon, graphene, carbon nanotube, aerogel etc., are used in EDLCs. Carbon supercapacitors assemble with two electrodes immersed in an aqueous or non-aqueous electrolyte and an electrolyte ion permeable porous membrane separator (Fig. 1).

Carbon nanomaterials have been extensively developed in energy storage application because of its different architectures and tunable surface chemistry. Furthermore, it has high electrical conductivity, high electrochemical stability, excellent mechanical properties, and wide operating temperatures [6–8]. However, the most important criterion is the high specific surface area (SSA) of carbon materials for enhanced gravimetric capacitance. The different types of carbon-based materials with high SSA and high conductivity are depicted in Table 1 [9].

Every material has its unique structure and distinctive electrochemical properties. Such as zero- and one-dimensional carbon materials allow fast adsorption/desorption of the electrolyte ions on their surface, indicating high-power density. On contrary, two-dimensional graphene can deliver high charging/discharging rate and volumetric energy density. Porous 3D carbon materials acquire higher surface areas and mesoporous structure, providing higher energy densities [10].

2 Synthetic Strategies of Porous Carbon Materials

Porous carbon materials have been synthesized following different methods, viz., carbonization–activation methods, template methods, pyrolysis methods, etc.

Material	Carbon onions	Carbon nanotubes	Graphene	Activated carbon	Carbide derived carbon	Templated carbon
Dimensionality	0-D	1-D	2-D	3-D	3-D	3-D
Conductivity	High	High	High	Low	Moderate	Low
Volumetric capacitance	Low	Low	Moderate	High	High	Low
Cost	High	High	Moderate	Low	Moderate	High
Structure						*

Table 1 Various types of carbon-based materials with their properties

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2.1 Carbonization–Activation Methods

Generally, porous carbon prepared by this method is called activated carbon. The name of this process implies that it involves two different steps, viz., carbonization and activation. Carbonization produces the nonporous carbon material by pyrolysis, whereas the activation methods introduce the pores into the nonporous material chemically or physically forming activated carbon.

2.1.1 Carbonization

Carbonization is a method by which a carbonaceous residue is produced by thermal decomposition of organic substances (pyrolysis) under an inert atmosphere. A large number of different kinds of reactions like dehydrogenation, condensation, hydrogen transfer, crosslinking, and isomerization simultaneously occur during this process [11]. These various types of reactions help to release the volatile materials leaving behind the nonporous carbonaceous residue. This residue is also called as coal char or biochar.

2.1.2 Activation

In this step, the nonporous carbonaceous residue is treated with activating agents, also known as pore-forming agents or porogens. With activation agents, nonporous residue undergo oxidation reactions to create required pores into it. Based on the activating agents used in activation methods, these are categorized as either chemical or physical activation method [13]. The chemical activation process uses KOH, NaOH, Na₂CO₃, K₂CO₃, ZnCl₂, or H₃PO₄ as activating agents, whereas CO₂, O₂,



Fig. 2 BET surface area vs activation temperatures of porous carbons for different chemical porogents (KOH, NaOH, ZnCl₂, and CaCl₂). Reprinted with permission from Gao et al. [12]. Copyright 2018 Elsevier

air, or steam in physical activation. Both the processes have several advantages and disadvantages as well. The chemical activation is comparatively low-temperature process which produces highly meso-porous carbon with high mass of yields and Brunauer–Emmett–Teller (BET) surface area (Fig. 2). On contrary, physical activation requires high activation temperatures with longer time and produces relatively lower yields with small pore sizes and low specific surface area (SSA). In spite of these advantages, physical activation process is more feasible and useful for industrial scale production than chemical activation, as it exhibits low corrosion.

2.2 Template Methods

Template methods are well-known approach by which morphological information is transferred from a pre-prepared template to the derived porous carbon.

2.2.1 Hard Templates

The hard template method, also known as nanocasting, is an efficient route for the preparation of porous carbons with highly uniform pore structure and pore size distributions. However, this method is costly and laborious as it includes various steps. The important steps involved in this method are (i) synthesis of a hard template with specific morphology, (ii) good contact of the template with carbon sources, (iii)



Fig. 3 Schematic diagrams of ordered meso-porous carbon preparation using **a** hard template and **b** soft template methods

heating at high temperature under inert conditions, and (iv) acid or alkali etching of the template (Fig. 3a). The extreme stability of the hard templates toward a very high-temperature facilitates the preparation of highly crystalline or sometimes single-crystal materials using this process. Templates with uniformly ordered porous structure can be easily prepared using SiO₂ [14, 15], ZnO [16, 17], MgO [18, 19], TiO₂ [20], Al₂O₃ [21, 22] or zeolite [23], etc.

2.2.2 Soft Templates

Soft templates do not have solid shapes like hard template. Generally, block copolymers (BCPs) or self-assembly of amphiphilic small molecules are used to prepare soft templates under appropriate condition. In addition of proper solvent, these molecules turn into micelles due to strong interaction forces, such as hydrophilic and hydrophobic interactions [24], hydrogen bonding [25], and electrostatic interactions [26] between them. Then, the micelles blended with carbon precursor result in heterogeneous matrix which produces porous carbon materials during the carbonization (Fig. 3b). The size and architecture of the pores can be tuned by varying the ratio of solvent and micelle. Therefore, a soft template should have the capability to accumulate into nanostructures and supporting the porogens of soft template before the development of carbon skeleton. Dai and coworkers successfully synthesized the ordered meso-porous carbons (OMCs) by soft template technique using micelles of amphiphilic block copolymers for the first time [27].

2.2.3 Self-template Methods

In activation methods and hard/soft template methods, a pore generator chemical species, known as porogen, is required. The self-template method uses in situ

self-generated porogens to synthesize the porous carbon without addition of any external porogens. The metal-organic frameworks (MOFs), ethylenediaminetetraacetates (EDTA)-based salts, biomass-based organic salts, etc., are used as selfgenerated porogens in self-template methods. These materials serve as both a source and a spontaneous template for the final carbon material. Therefore, selftemplate synthesis of porous carbon includes following steps: (i) precipitation, (ii) pyrolysis, and (iii) washing (Fig. 4). The organic ligands are carbonized to produce the carbon matrix. During washing, the inorganic atoms or particles are washed out to form meso- and macro-pores. J ayaramulu et al. reported twodimensional nanoporous carbon sheets (NPSs) from rod-shaped potassium-based MOF $\{K_3[C_6H_3(CO_2)(CO_2H_{0.5})(CO_2H)]_2\}(H_2O)_2$ (denoted as K-MOF). The 2D NPSs were obtained upon two-step carbonization process at 450 °C and 800 °C where K-containing rod-shaped hollow structure and 2D NPSs were formed, respectively. Potassium was removed by etching with 5 wt% HCl followed by washing the product with a water–ethanol mixture for several times [28]. The as-prepared porous sample having a BET surface area of 1192 m² g⁻¹ showed excellent electrochemical performances. The highest specific capacitance for the sample was calculated to be 233 F g^{-1} at scan rate of 5 mVs⁻¹in 1 M H₂SO₄ electrolyte with good rate capability. Yu et al. used ethylenediaminetetraacetic acid disodium zinc salt (EDTANa₂Zn) for the preparation of hierarchical porous carbons (N-doped) by direct pyrolysis. The EDTANa³Zn acts as C-precursor, N-source, as well as porogen [29]. Pyrolysis generated nano-ZnO and Na₂CO₃ act as self-template to form meso-pore in carbon matrix. The sample prepared at 700 °C, having BET surface area of 1368 m² g⁻¹ with high N-content showed a maximum specific capacitance of 275 F g^{-1} with excellent rate capability in 6 M KOH electrolyte.



Fig. 4 Schematic diagrams for the self-template synthesis of porous carbon including precipitation (i) pyrolysis, (ii) washing, and (iii) steps

2.3 Pyrolysis Methods

Although, the porous carbon with uniform pore size distribution and high specific surface area can be prepared using traditional carbonization–activation methods and templating methods, the porogens or the template need to be removed completely (Fig. 5). In that context, pyrolysis methods are more useful. During pyrolysis method, organic sources are decomposed and release gases like CO₂, H₂O, NH₂, and CO. These produced gases act as porogens. By optimizing the pyrolysis parameters, like heat rate, temperature, and time of carbonization, the pore size distribution and specific surface area of the porous carbon can be fine-tuned. Xu et al. prepared distinct hollow carbon nanospheres with surface area of 3022 m² g⁻¹ following a simple carbonization of polyaniline-co-polypyrrole (PACP) hollow spheres [30]. The as-prepared materials achieved the maximum specific capacitance of 203 F g⁻¹ at specific current of 0.1 A g⁻¹.

3 Typical Features of Carbon Materials for Supercapacitors Electrode

The porous carbon materials are an emerging electrode of supercapacitor because of its exceptional chemical and physical properties, such as high SSA with controlled



Fig. 5 Schematic illustration for the preparation of conventional hollow carbon nanosphere by **a** templating method and **b** by pyrolysis method. Reprinted with permission from Xu et al. [30]. Copyright 2015 Springer Nature

pore structure, high electrical conductivity, good corrosion resistance, easy processability and compatibility in composite, high-temperature stability, and relatively low cost [31].

3.1 Large Surface Area

Different types of porous carbon materials have been developed as promising active materials for supercapacitor application. Ordered meso-porous carbons (OMCs) with a precise range of pore sizes have comparatively large SSA ($\sim 1000 \text{ m}^2 \text{ g}^{-1}$) that provides the double layer capacitance. Carbon aerogels having surface area ranging from 500 to 800 m² g⁻¹, with comparatively small pore sizes is unfavorable for electrolyte ion diffusion. On contrary, macro-porous carbon materials have relatively lower surface area ($\sim 600 \text{ m}^2 \text{ g}^{-1}$). Among all types of porous carbons, mixed porous carbon like activated carbon with micro-, meso-, and macro-pores show the largest SSA ($\sim 3000 \text{ m}^2 \text{ g}^{-1}$) and high electrochemical activity in terms of specific capacitance, energy, and power thereof [32].

3.2 Hierarchical Porosity

Hierarchical porosity implies the presence of multi-scale pores having different sizes in a porous system. The pores with the diameter of smaller than 100 nm are known as nanopores. Based on the width or diameter (d_{pore}) of pores, the International Union of Pure and Applied Chemistry (IUPAC) classified these nanopores into following (Fig. 6a) [33]:

- (i) Micro-pore: The pore having diameters less than 2 nm ($d_{\text{pore}} < 2 \text{ nm}$). This type of pores is again classified into two types: ultra micro-pore ($d_{\text{pore}} < 0.7 \text{ nm}$) and super micro-pore ($0.7 \text{ nm} < d_{\text{pore}} < 2 \text{ nm}$).
- (ii) Meso-pore: The pore having diameters greater than 2 nm and lesser than 50 nm $(2 \text{ nm} < d_{\text{pore}} < 50 \text{ nm}).$
- (iii) Macro-pore: The pore having diameters greater than 50 nm and lesser than $100 \text{ nm} (50 \text{ nm} < d_{\text{pore}} < 100 \text{ nm}).$

In hierarchical porous carbons (HPCs), not only the presence of multi-scale pores but also an interconnection between them is an essential criteria to form a hierarchical network. These interconnected pores are beneficial for the infiltration of the electrolytes [34]. So that it can provide high electrochemically accessible surface area and decrease the ion diffusion path. An ion diffusion path in the hierarchical porous material is schematically represented in Fig. 6b, where the electrolyte ions enter the macro-pore first and then goes into the smaller pores which are directly interconnected. In an electrochemical capacitor, the macro-, meso- and micro-pores



Fig. 6 a Different kinds of nanopores based on IUPAC scale. b Schematic diagram of an ion diffusion path in a hierarchical porous material

play important roles individually and contribute to the total capacitance (Fig. 7). The micro-pores provide large surface area which acts as the main sites for the charge accumulation, whereas macro-pores and meso-pores serve as the ion-buffering reservoirs and provide channels for the rapid ion transport, respectively [34–36]. The macro-pores acting as the ion-buffering reservoirs store the electrolyte ions for meso-/micro-pores, and therefore, an easy and rapid ion transfer occur by reducing the effective diffusion pathways and enhance the electrochemical performance. Generally, the fast ion transport provides high specific power and the rate capability of the supercapacitor electrode. The time for the ion transport (τ) greatly depends on its diffusion coefficient (*D*) and transport path (*L*) according to the equation: $\tau = L^2/D$. *Therefore, the superior* ion transport kinetics *can be achieved by reducing the ion transport path and enhancing the ion diffusion coefficient* [37].

However, the pore size has the important role in determining the capacitance for porous carbon supercapacitor. If the size of the pore is bigger (~doubled) than the diameters of the hydrated electrolyte ions, also termed as solvated ions or solvation shell, is beneficial for higher capacitance. Because the high pore size allows the formation of double layer within the pore. The value of the capacitance decreases with decreasing the pore size. But when the size of the pore is much smaller (~1 nm) than the solvated ions, capacitance is sharply increased. This is due to the distortion of the solvated ions in the smaller pore resulting in closer approach of the ion center to the active surface area of the electrode [38]. The research by Raymundo-Piñero et al. supports the above fact, and they showed that an ample size of pore is more significant



to achieve high capacitance in different types of electrolyte. They reported that the effective optimal pore size is ~0.7 nm and ~0.8 nm in case of aqueous (KOH) and organic (tetraethylammonium tetrafluoroborate, TEABF₄ in acetonitrile) electrolyte, respectively [39].

3.3 Electrochemical Performance in Different Electrolytes

Porous carbon electrode has excellent electrochemical stability in different types of electrolytes with wide range of operating potential. The main factor on which the operating potential window depends is electrolyte. As the decomposition potential of water is 1.23 V, the supercapacitor devices can be operated up to 1.2 V in traditional aqueous electrolyte like KOH, H₂SO₄. However, the neutral aqueous electrolyte such as Na₂SO₄ provides the maximum operating voltage up to 1.9 V [40]. The common organic electrolytes such as TEABF₄ in acetonitrile or polycarbonate are suitable for the operating voltage as high as 3 V [41]. The different types of electrolytes affect the electrochemical performances of the porous carbon supercapacitor differently. Chen et al. investigated the electrochemical performances of biomass-derived porous carbon in different aqueous-based such as KOH, H₂SO₄, Na₂SO₄, and organic electrolyte, tetraethylammonium tetrafluoroborate in propylene carbonate (Et₄NBF₄/PC) [42]. Due to smaller size of solvated H⁺ and K⁺ ions, the porous carbon showed high capacitance in H₂SO₄ and KOH electrolyte. Although the bigger size of Et_4N^+ and BF_4^- is not suitable for high capacitance, but it shows high rate capability due to shorter ion diffusion path. The higher operating potential of Et₄NBF₄/PC and Na₂SO₄ helps to achieve high energy density according to the formula $E = 1/2CV^2$. Another class of electrolyte, i.e., ionic liquids has drawn great interest as a promising electrolyte because of their some unique properties such as high thermal stability, non-flammability, low vapor pressure, intrinsic ionic conductivity, and excellent operational voltage greater than 3 V [43]. The electrochemical

Fig. 7 General trend of the

capacitance value with pore size of the porous carbon

Electrode	Electrolyte	Potential	Capacitance	References
Hierarchical PC	6 M KOH	1.0 V	338.5 F g^{-1} at 1 A g^{-1}	[44]
N, O, P-doped PC	1 M Na ₂ SO ₄	1.9 V	69.8 F g^{-1} at 0.1 A g^{-1}	[40]
PC network	1 M Et ₄ NBF ₄ in acetonitrile	2.7 V	208 F g^{-1} at 0.75 A g^{-1}	[45]
Hierarchical PC	1 M H ₂ SO ₄ 1 M Na ₂ SO ₄ 6 M KOH 1 M Et ₄ NBF ₄ /PC	1.0 V 1.6 V 1.0 V 2.5 V	$\begin{array}{c} 266 \ F \ g^{-1} \\ 211 \ F \ g^{-1} \\ 309 \ F \ g^{-1} \\ 168 \ F \ g^{-1} \ at \ 0.5 \ A \ g^{-1} \end{array}$	[42]
Meso-porous graphene	EMIMTFSI	4.0 V	$244 \text{ F g}^{-1} \text{ at 5 A g}^{-1}$	[46]
Micro-pore-rich activated carbon	EMIMFSI	3.5 V	$120 \text{ F g}^{-1} \text{ at } 0.5 \text{ A g}^{-1}$	[47]
Hierarchical PC	EMIMBF ₄	3.8 V	217 F g^{-1} at 0.1 A g ⁻¹	[48]

Table 2 Electrochemical performances of the porous carbon supercapacitor in various electrolytes

TEABF₄/PC: Tetraethylammonium tetrafluoroborate in propylene carbonate; EMIMTFSI: 1-ethyl-3-methylimidazolium bis(trifluoromethylsulfonyl)imide; EMI–FSI: 1-ethyl-3-methylimidazolium bis(fluorosulfonyl)imide; EMIMBF₄: 1-ethyl-3-methylimidazolium tetrafluoroborate; PC: Porous carbon

performances of different porous carbon supercapacitor in various electrolytes are depicted in Table 2.

3.4 Different Kinds of Morphology

High-surface area is really essential for supercapacitor electrodes, but to get maximum capacitance, whole surface area should be accessible to the electrolyte ions. But practically, it is not achievable. To increase the surface accessibility, the surface topography can be modified with abundant adsorbing sites. Therefore, significant research efforts have been devoted to engineering diverse carbon morphologies with controlled surface topography and interior texture.

3.4.1 One-Dimensional Porous Carbon Electrode

Due to the unique anisotropic properties, one-dimensional (1D) porous carbon materials such as carbon nanofibers, carbon nanorods carbon nanowires, and carbon nanobelts have many advantages over the other nanostructures. These 1D nanostructures can deliver fast axial electron transport and provide short ion diffusion path, high ion-accessible specific surface area and excellent mechanical strength. The contact resistance is greatly reduced due to the more exposed edges which behave as contact points. Furthermore, surface functionalization can be easily done chemically to improve the electrochemical performance.

Na et al. fabricated nitrogen and fluorine doped carbon nanofibers by a simple hydrothermal treatment followed by carbonization and vacuum plasma process [49]. The as-prepared material exhibited meso-porous nature with highest BET specific surface area of 596.1 m² g⁻¹. It also exhibited maximum specific capacitance of 252.6 F g⁻¹ at 0.5 A g⁻¹ in 1 M H₂SO₄ electrolyte. Cai et al. reported inter-bonded carbon nanofibers for high-performance supercapacitor. They first prepared cellulose nanofibers by electrospinning method using cellulose acetate solution. In second step, the desired porous materials were synthesized by hydrothermal treatment followed by carbonization process. The as-prepared material exhibited maximum specific capacitance of 241.4 F g^{-1} at specific current of 1 A g^{-1} with excellent cyclic stability [50]. Using lignin as precursor, Berenguer et al. fabricated flexible interconnected porous carbon fibers with high SSA and excellent conductivity. The desired electrode material was prepared by electrospinning method followed by thermostabilization and carbonization treatments. The interconnected nature of the fibers helps to increase the charge transfer process and electrochemical performances as well [51]. Microand meso-porous 1D carbon nanobelts with high SSA up to 1208 m² g⁻¹ were synthesized by "stripping and cutting" strategy from tofu using a molten salt-assisted technique by Ouyang and coworkers. This material achieved high specific capacitance of 262 F g^{-1} at specific current of 0.5 A g^{-1} with high cyclic stability [52]. Jin et al. fabricated wood-based fibers by melt-spinning process and then finally prepared the activated carbon fibers by carbonization-activation at 850 °C under steam-nitrogen mixture [53]. Comparatively, longer activation time produces highly meso-porous structure, which is easily reachable by the electrolyte ions up to the inner micropores. The as-prepared materials exhibited maximum capacitance of 280 F g^{-1} at 0.5 A g^{-1} with excellent stability.

3.4.2 Two-Dimensional Porous Carbon Electrode

Two-dimensional (2D) porous carbon materials are excellent in energy storage which can provide high conductivity due to their sp^2 hybridized nature, high SSA with high electrochemically active sites.

Fan et al. reported 2D porous carbon nanosheets supercapacitor with superior rate performance. They prepared the porous material following a combined method of intercalation, thermal treatment, and potassium hydroxide activation using mont-morillonite as nano-template and gelatin as carbon source. The porous nature of the nanosheets reduces the ion transport path and enhances the pore accessibility toward electrolyte ions and thus achieved excellent rate performance, with a high specific capacitance of 246 F g⁻¹at a ultrahigh specific current of 100 A g⁻¹ [54]. Xu and coworkers synthesized layered 2D porous carbon materials (Fig. 8) by a wetchemical synthesis method using Sonogashira–Hagihara cross-coupling polycondensation. The BET surface specific area of the as-prepared material was measured

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Fig. 8 SEM (a, b) and TEM images (c, d) of 2D porous carbon material at different magnifications. Reprinted with permission from Xu et al. [55]. Copyright 2021 Royal Society of Chemistry

to be 575 m² g⁻¹ with hierarchical pore structure. The electrode material achieved high specific capacitance of 378 F g⁻¹ at the specific current of 0.1 A g⁻¹ [55].

3.4.3 Three-Dimensional Porous Carbon Electrode

Three-dimensional ordered porous carbon (3D-OPC) has shown remarkable potential in energy storage and conversion applications due to its some unique properties like large SSA with uniform pore structure, high electronic and ionic conductivity, and low cost.

Zhao et al. reported three-dimensional hierarchical ordered porous carbons (3D HOPCs) using templating technique. They used nano-array of silica (SiO₂) sphere, triblock copolymer P123 and sucrose as hard template, soft template, and carbon source, respectively. The 3D HOPCs having SSA of 1182 m² g⁻¹ achieved maximum specific capacitance of 247 F g⁻¹ at specific current of 1 A g⁻¹ with excellent rate

performance. Moreover, the 3D HOPCs supercapacitors showed high percentage (91%) of capacitance retentions after consecutive 10,000 cycles [56]. Li et al. prepared three-dimensional graphene-like carbon nanosheet network using a surfactant (Tween-20) as C source. The as-prepared material acquired hierarchical porous structure with a SSA of 2017.3 m² g⁻¹ [57]. It exhibited ideal capacitive behavior with maximum specific capacitance of 316.8 F g⁻¹ at a specific current of 1 A g⁻¹ in 1 M KOH electrolyte.

3.5 Electrochemical Characteristics of Porous Carbon Supercapacitors

Generally, supercapacitor stores charge in two ways: (i) via Faradaic fast electron transfer or/and (ii) via non-Faradaic charge storage mechanism. However, each type of supercapacitor can be identified from their electrochemical characteristics in terms of cyclic voltammograms (CVs) and galvanostatic charge/discharge (GCD) curves [58]. In general, a pure porous carbon electrode shows electrical double layer capacitive behavior giving rectangular CV curve (Fig. 9a) and a triangular-shaped GCD curve indicating linear voltage response (Fig. 9c). Usually, EDLCs exhibit the capacitance which is potential-independent and so is the obtained current in CV plot. However, surface functional groups/doping atoms on the carbon can add pseudocapacitance and therefore deviations from its ideal electrochemical signatures in terms of CV curve (Fig. 9b) and GCD curve (Fig. 9c) occur.

3.5.1 Capacitance of Porous Carbon Supercapacitor

There are many ways by which capacitance of a supercapacitor can be expressed like specific or gravimetric capacitance, volumetric capacitance, and areal capacitance. The gravimetric capacitance which depends upon the mass of the active material is usually expressed in Farads per gram (F g^{-1}), whereas the areal capacitance depends upon the foot print area, and the capacitance values are expressed in Farads per square centimeter (F cm⁻²). Furthermore, the volumetric capacitance is calculated



Fig. 9 Schematic CV curve of a EDLC, b pseudocapacitor, and c corresponding galvanostatic charge–discharge curves

per volume, and the values are indicated in F cm⁻³. Depending upon the application and necessity, the values are expressed differently, but gravimetric and areal capacitances are the two mostly used units to express capacitance of a device. The calculation of the capacitance also depends upon the type of working electrode used. There are certain scenarios where the calculation of areal capacitance can be difficult, for example, when metal foams are used as substrate and also for porous materials. On the other hand, gravimetric capacitance requires the exact mass of the electrode material used during the capacitance calculation. Though both the techniques are not free from errors, each technique has their own set of advantages and disadvantages when it comes to design and structure of the working electrode.

The electrochemical performance in terms of gravimetric capacitance of the porous carbon materials can be improved by increasing the SSA or the ample pore size. However, the volumetric capacitance is limited due to low bulk density of porous carbon [59]. But it is important to have the high volumetric capacitance for the practical applications. Therefore, doping with heavier heteroatoms is a highly effective method for the enhancement of the density of the porous carbon which leads to enhanced volumetric capacitance (Table 3).

4 Understanding of Charge Storage Mechanisms in Porous Carbon

4.1 Electrochemical Double Layer Model Using 2D Electrode Materials

The first electrochemical double layer model (EDL) was given by Helmholtz [72], and in his model, he explained the phenomenon of the charge separation which takes place at the interface of electrode–electrolyte, assuming that the surface of the electrode is planar. Helmholtz model is picturized in Fig. 10a, and from the figure, it can be seen that the charges those are accumulated at the surface of the electrode are counterbalanced by the electrostatic absorption with the ions of electrolyte which results in the formation of oppositely charged two-layers at the interface. Concept of this study was very similar to the traditional parallel plate capacitors, and therefore, the capacitance of Helmholtz layer is given by using Eq. 1:

$$\frac{C}{A} = \frac{\varepsilon_r \varepsilon_0}{d} \tag{1}$$

where, $\varepsilon_0 (8.85 \times 10^{-12} \,\mathrm{F \,m^{-1}})$ is the vacuum permittivity, ε_r is the dielectric constant of the electrolyte material which is dimensionless, d (m) is the average distance between the conductive layers, and A (m²) is the surface area of the electrode which is accessible.

Electrode	Electrolyte	Gravimetric capacitance	Volumetric capacitance	Specific current/scan rate	Reference
N-doped PC nanosheets	6 М КОН	305 F g ⁻¹	287 F cm ⁻³	2 mV s ⁻¹	[60]
P, N-doped PC	1 M H ₂ SO ₄	$205.7 \ {\rm F \ g^{-1}}$	261 F cm ⁻³	0.5 A g^{-1}	[61]
PC	6 M KOH 1.5 M Et ₄ NBF ₄ /AN	271 F g ⁻¹ 156 F g ⁻¹	252 F cm ⁻³ 145 F cm ⁻³	2 mV s ⁻¹	[62]
Micro-porous carbon	1 M H ₂ SO ₄	198 F g ⁻¹	180 F cm ⁻³	2 mV s ⁻¹	[63]
PC	6 M KOH	262 F g^{-1}	214 F cm ⁻³	0.05 A g^{-1}	[64]
High density porous graphene macroform	6 М КОН	238F g ⁻¹	376 F cm ⁻³	0.1 A g ⁻¹	[65]
N, P, S-doped hierarchically PC Spheres	6 М КОН	274 F g ⁻¹	$219 \mathrm{F}\mathrm{cm}^{-3}$	0.5 A g^{-1}	[66]
N, P, O-doped PC spheres	6 M KOH 0.5 M H ₂ SO ₄	$\begin{array}{c} 356.9 \ \mathrm{F} \ \mathrm{g}^{-1} \\ 434.7 \ \mathrm{F} \ \mathrm{g}^{-1} \end{array}$	$\begin{array}{c} 760 \ {\rm F} \ {\rm cm}^{-3} \\ 925 \ {\rm F} \ {\rm cm}^{-3} \end{array}$	$\begin{array}{c} 1 \ A \ g^{-1} \\ 0.1 \ A \ g^{-1} \end{array}$	[67]
N, S-doped hierarchical PC	6 М КОН	358.0 F g ⁻¹	243.4 F cm^{-3}	0.5 A g ⁻¹	[68]
N-doped hierarchical PC	1 M H ₂ SO ₄	242 F g ⁻¹	$306 \mathrm{F}\mathrm{cm}^{-3}$	0.5 A g^{-1}	[69]
Hierarchical pomegranate-like PC	4 M H ₂ SO ₄	398 F g ⁻¹	278.6 F cm ⁻³	0.5 A g ⁻¹	[70]
F, N-doped PC nanosheets	1 M H ₂ SO ₄	266 F g ⁻¹	255 F cm ⁻³	1 A g ⁻¹	[71]

 Table 3
 Comparison between the gravimetric and volumetric capacitances of reported porous carbon materials

Et₄NBF₄/AN: Tetraethylammonium tetrafluoroborate in acetonitrile; PC: Porous carbon

Depending on the electrolyte used, the value of the dielectric constant ε_r and thickness (*d*) of the Helmholtz layer is used to normalize the areal capacitance (per m²) of the Helmholtz layer (*C_H*). For example, the dielectric constant value of water is around 78 [73], and for most of the solvents used for EDC application, this values lies in between 1 and 100 at room temperature [73–75]. Usually, this value is not so important at sub-nanometer scale; even sometimes, it is smaller than that of bulk electrolyte [73]. In the Helmholtz model, linear potential drop taking place between Helmholtz layer is also discussed, however, the charges which are in excess at the surface of the electrode are usually not completely compensated by the Helmholtz layer, especially when the concentration of solution is not so high [74]. Moreover, it is difficult to have a single stable compact layer from counter ion layer from electrolyte as ions in the electrolyte are always in movement because of thermal



Fig. 10 Schematic diagram of electrochemical double layer model: **a** Helmholtz model, **b** Gouy-Chapman model, and **c** Gouy-Chapman-Stern model. Reprinted with permission from Shao et al. [7]. Copyright 2020 Royal Society of Chemistry

fluctuation. Further improvement in this model was done by Gouy-Chapman [76, 77]; in their model, they have introduced a new layer called as diffused layer between the electrode and the bulk electrolyte, taking into consideration of the thermal fluctuation as per the Poisson-Boltzmann equation [1]. The Gouy-Chapman model was presented in Fig. 10b. The distribution of ions on the diffuse layer highly depends on the distance because of the electrostatic attractions which decreases from the surface of the electrolyte to the bulk of the electrolyte. In case of monovalent electrolytes, the average thickness of the so-called diffuse layer also called as Debye length; λ_D is given as

$$\lambda_D = \sqrt{\frac{\varepsilon_r \varepsilon_0 \text{RT}}{2(ZF)^2 C_0}} \tag{2}$$

where ε_0 is the vacuum dielectric constant (F m⁻¹) and ε_r is the relative permittivity of the electrolyte. *R* (J mol⁻¹) is the ideal gas constant, *T* (K) is the absolute

temperature, F (C mol⁻¹) is the Faraday constant, and C_0 (mol m⁻³) is the bulk electrolyte concentration. Diffuse layer capacitance C_D can be calculated from the Poisson-Boltzmann equation which can be written as

$$C_D = \frac{\varepsilon_r \varepsilon_0}{\lambda_D} \cosh\left(\frac{zF\phi}{2RT}\right) \tag{3}$$

where ϕ (V) is the electrical potential, F (C mol⁻¹) is the Faraday's constant, R (J mol⁻¹) is the ideal gas constant, T (K) is the temperature, and ε_0 and ε_r are the vacuum and relative dielectric constant (F m^{-1}). As per Eq. (3), differential capacitance C_D is not considered as a constant, instead, this model suggested a "U" shape of the differential capacitance with respect to the potential of the electrode, which is in-line with the experimental results, obtained using NAF solutions with Hg in low concentration [78]. Also the capacitance which was experimentally measured with liquid electrolytes was far below from the prediction from the model [79]. The main shortcoming of this model was to consider that point charges can virtually reach to the surface at zero distance which in turn leads to the infinite value of capacitance. To fix these issues, Stern improvised the model of Gouy-Chapman by taking into consideration the real size of ions as a result of which an additional compact layer called as Stern layer was created which is in series with diffuse layer, this arrangement can be seen from Fig. 10c [80]. This compact layer (Stern layer) is very much similar to Helmholtz layer from the point of physics, having thickness of x_H (m). The electrochemical double layer capacitance from this model is given by the following equation:

$$\frac{1}{C_{\rm DL}} = \frac{1}{C_H} + \frac{1}{C_D} = \frac{X_H}{\varepsilon_0 \varepsilon_r} + \frac{\lambda_D}{\varepsilon_0 \varepsilon_r \cosh\left(\frac{zF\phi}{2RT}\right)}$$
(4)

where C_H is the capacitance of Stern (Helmholtz) layer and C_D is the capacitance of diffuse layer, these capacitance are measured in F m⁻². Overall electrochemical double layer capacitance is calculated by calculating the smallest capacitance obtained between C_H and C_D . In case of highly concentrated electrolytes, thickness of the diffuse layer drops to zero, so the Helmholtz capacitance is the only one to be considered. For sure, Gouy-Chapman-Stern model was a milestone that predicted a more realistic gross feature of the EDL, and the theoretical observations were close to experimental results. But this model also suffers from some limitations, like this model has not considered the ion-ion correlation effects, which are very important especially in solvent-free ionic liquid-based electrolyte systems [74, 81]. Similarly, considering a linear potential drop within the compact layer was inappropriate in high electrode polarization with high concentration electrolytes [74, 82]. Whatsoever, the Gouy-Chapman-Stern model has provided a constructive and well predicted interpretation of the electrochemical double layer that has certainly helped us in developing EDLC field from last few decades.

4.2 Capacitance in Nanoporous Carbon-Derived Electrodes

There are many factors which decide the overall electrochemical performance of nanoporous carbon-derived EDLC electrodes, like electrical conductivity, presence of the surface groups, and the most important are the BET specific surface area (SSA), pore size, and pore size distribution. Though most of the carbon materials possess high conductivity because they have high density of electronic state at Fermi level, but still there exist some carbon materials which have semiconducting properties like SWCNTs which has specific diameter and also specific helicity or bilayer graphene [83, 84]. Because of this semiconducting nature, the drop of the current near potential of zero charge is usually seen in a cyclic voltammogram curve (CV), and because of this, a CV which is closed to butterfly shape is obtained in a three-electrode system, and a trapezoid-shaped CV is seen in a two-electrode system [73]. In general, the capacitance value of carbon-based electrode in electrochemical double layer capacitor cell is strongly dependent on the surface area of material and pore size and structures of the material, and therefore, a detailed characterization of the surface and textual properties is utmost important to analyze how the specific surface area, pore size, and its structures affect the electrochemical performance of carbon-based supercapacitor cells. Although the porous carbon is usually complex materials with different kind of structures which includes local graphitized and disorder arrangements of carbon, and hence, it is impracticable and tough to predict their local structures (in real) and long-range structures [85, 86]. However, there are now various kind of experimental techniques which are well developed and sufficiently advanced to predict and analyze the materials up to great extent like gas sorption, electron microscopy, NMR, neutron scattering, X-ray scattering, and in situ techniques [87]. In addition to the experimental techniques, modeling and simulation methods like density functional theory, pair distribution function, Monte Carlo method, and gas sorption techniques are the most widely used to study the pore structures of porous carbon materials in more detail ways [87].

4.3 Capacitance with Respect to Specific Surface Area (SSA)

Gouy, Chapman and Stern proposed in their model that the overall double layer capacitance achieved is directly proportional to the specific surface area of the material used, and this theory triggered the race to enhance the specific surface area of the active material which will in turn increase the overall capacitance values. Several research groups had developed their interest in activated carbon and the activation techniques by which the surface area and pore volume can be increased. But, after some time, it was realized that the gravimetric capacitance of active material was limited even if the most porous samples which has very high surface area were used [88–91]. Ji et al. studied that the area-normalized capacitance was decreased by 4– 5 μ F cm⁻² when the SSA was above 1500 m² g⁻¹ [92]. This is usually because

of the presence of micro-pores, specially narrow sub-nanometer size micro-pore in porous carbon was too small to accommodate the ions of electrolyte [93, 94]. As a conclusion, still, there are no clear trends established between specific area and capacitance.

4.4 Capacitance with Respect to Pore Size

There is a quite established proposition which states that it is always preferred to have pore size of active material (for example, carbon in case of EDLCs) larger than the solvated ion size of electrolyte, as in this scenario, pores of active materials are accessible to electrolyte ions [90]. In other words, carbon materials whose pore sizes are smaller than the solvated electrolyte ions do not contribute to capacitance, and hence, they are considered as useless. If we take into account, the most commonly used electrolytes; the size of free ions and ions with solvated shells varies in between few to tens of Å. For example, the size of free tetraethylammonium cation is around 0.68 nm, and when it is dissolved in acetonitrile, the size increased to 1.3 nm. Clearly in this situation, large micro-pore and meso-pore carbons are considered as an ideal candidate for achieving high capacitance value.

5 Structure–activity Relationship with Heteroatom Doped Carbon Materials

Although the prediction on acquiring capacitance is much higher, the volumetric and gravimetric capacitance of carbon nanomaterials are restricted to $400 \,\mathrm{F \, cm^{-3}}$ [95] and 300 F g^{-1} [96], respectively. This is because of sole involvement of physical charge storage phenomena without any contribution of fast Faradaic redox reactions. Therefore, doping with heteroatoms could be an effective strategy for the enhancement of capacitance. The charge storage mechanism in porous carbon is discussed in Sect. 4. However, self-doped porous carbon from various biomass precursors or doping with heteroatoms like, O, N, P, B during activation process adds some more advantages like enhanced wettability due to polarized surface, improved intrinsic conductivity, and better electrochemical performances resulting from the introduction of faradaic pseudocapacitance of the redox active sites [97]. The structural distortions and electronic structure modulations generally occur due to the size and electronegativity differences between the dopant atoms and carbon. The total electrochemically active surface of the electrode material where electrolyte ions are accumulated is defined as "electrolyte infiltration" [98]. The porous hierarchical polar surface resulting from heteroatom doping facilitates a fast and adequate electrolyte infiltration which establishes multidirectional pathways for rapid ion transfer and therefore improves the

electrochemical performance. The electrolyte infiltration is directly related to the wettability of an electrolyte which is measured by contact angle meter [99].

The enhancement of electrochemical performances of oxygen doped carbon materials is mainly due to the increasing wettability of the electrode material to the electrolyte, fast Faradaic redox reactions contributing pseudocapacitance, and increased pore utilization ratio. However, oxygen functionalization can decrease the surface conductivity and prevent the electrolyte ions from entering the pore. He et al. thoroughly investigated the reasons for capacitance enhancement in oxygen containing carbon nanofibers. In acidic aqueous electrolyte, H_3O^+ ion attracts the electrons on the O atom of the functional groups, and therefore charge separation occurs which facilitates the redox reaction. While the adsorption/desorption reaction of the hydrated ions of alkaline aqueous electrolyte in the pore causes the pseudocapacitance [100]. Wang et al. investigated the pseudocapacitive behavior of the O-doped carbon cloth which was prepared by annealing the carbon cloth in presence of air at low temperatures. They concluded that micro-pores having oxygen functional groups can give high pseudocapacitance than surface of pristine carbon plane, by facilitating the faradaic redox reactions due to increased ion-accessible area [101].

Nitrogen-doping in porous carbon materials distorts the structure and creates defects and available active sites. Doping with nitrogen atom can cause a shift of the Fermi level toward valence band in carbon materials, accelerating the electron transfer [102]. It can also enhance the wettability by increasing the polarity and charge density of the materials. In carbonaceous material, generally, five types of N-functionalization are encountered, such as pyrrolic nitrogen (N-5), pyridinic nitrogen (N-6), pyridonic nitrogen (N-5), quaternary or graphitic nitrogen (N-Q), and pyridinic oxide (N-X) (Fig. 11) [103]. Due to the electron donating nature, pyridinic and pyrrolicnitrogens serve as electroactive center in electrochemical capacitor. The graphitic nitrogen helps to improve the electronic conductivity and creates additional defects. However, all types of nitrogen can add pseudocapacitance to the total capacitance [104].



Fig. 11 Schematic illustration of N atom doped porous carbons

Liu et al. prepared N-doped porous carbons from pyrrole and Na-metal using a three-step process which involves solvothermal, pyrolysis, and acid washing of metal salts. The meso-porous carbons with high specific surface areas of 2000 m² g⁻¹ were obtained at high-temperature pyrolysis. The as-prepared materials perform as excellent electrode materials for supercapacitor with exceptional rate performances, long lifetime, and high-power density [105]. Zhu et al. prepared high-level N-doped (up to 8.71%) micro-porous carbon materials having high specific surface areas by a facile Schiff-base reaction of 3,3'-diaminobenzidine and p-phthalaldehyde in ethanol solvent and a subsequent single-step carbonization-activation process. The as-prepared material exhibited high gravimetric capacitance with excellent rate capability and electrochemical stability [106].

The electrochemical activities of different heteroatoms doped porous carbon materials are depicted in Table 4. Although there is no linear relation between the heteroatom types/content and supercapacitive performances, the electrochemical activity is greatly enhanced by doping with heteroatoms like O, N, S, and B.

6 Conclusions and Prospects

Supercapacitors are getting enormous importance as these can make a bridge between a conventional capacitor and a battery. Porous carbon materials offer low-cost electrode materials having high SSA (1500–2000 m² g⁻¹) and extraordinary electrochemical performances. For the porous carbon-based supercapacitive electrodes, the conventional synthesis strategies like carbonization-activation, templating methods, salient features to act as electrode in supercapacitors, and heteroatom functionalization have been discussed in this chapter.

Generally, physical activation methods are used to produce porous carbon electrodes for commercial purpose. The porogens like H_2 , CO_2 , and air are used in physical activation to create porous carbons with high SSA. The porogens used in chemical activation methods do the same job as physical porogens do but they are highly toxic in nature and produce various pollutants during chemical activation. Therefore, the chemical activation method requires environment friendly green methods to prepare porous carbons at a reasonable cost.

Recently, the porous carbon doped with heteroatom such as O, N, S, and B have been thoroughly investigated for the supercapacitor materials. The introduction of these heteroatoms improves the electrochemical performances of the material by increasing electronic mobility, extrinsic defects, and wettability. However, the functional mechanisms of porous carbon electrodes doped with different heteroatom are largely dependent on their size and electronegativity difference. Therefore, an appropriate choice of dopants with their relative ratios is highly desirable.

The capacitance of porous carbon supercapacitor mainly comes from the fast and reversible ion adsorption-desorption at the carbon/electrolyte interfaces. For the enhancement of the electrochemical performances, the interface accessibility and

Electrode material	Heteroatom content	Surface area (m ² g ⁻¹)	Specific capacitance (F/g) at specific current (Ag ⁻¹) or scan rate (mVs^{-1})	Electrolyte	Reference
N-rich meso-porous Carbons	N: 19.10 wt%	458	252 at 0.2 A g ⁻¹	1 M H ₂ SO ₄	[107]
N and B co-doped PC	N: 15–20%, B: 10–13%	955	188 at 0.5 A g ⁻¹	6 М КОН	[108]
N-doped PC nanofibrous microspheres	N: 2.4 at.%, O: 6.1 at.%	1147	113 at 5 mVs ⁻¹	EMIMTFSI	[109]
Honeycomb-like PC foam	N: 1.1 at.%, O: 11.2 at.%	1313	260 at 2 mVs ⁻¹	1 M Na ₂ SO ₄	[110]
N/S-doped PC	N: 4.5 at.%, S: 5.8 at.%	1339	464 at 0.2 A g^{-1}	6 М КОН	[111]
N-doped PC superstructures	N: 3.46 wt%, O: 7.99 wt%	1375	364 at 0.6 A g ⁻¹	6 М КОН	[112]
N-doped micro-porous carbon spheres	N: 8.71 at.%, O: 7.89 at.%	1478	292 at 1 A g ⁻¹	6 М КОН	[106]
PC nanorods	N: 1.47 at.%, O: 0.62 at.%	1559	187 at 0.05 A g ⁻¹	1 M H ₂ SO ₄	[113]
N/S-co-doped carbon nanobowls	N: 3.3 wt%, S: 1.7 wt%	1567	279 at 0.1 A g ⁻¹	6 М КОН	[114]
3D interconnected S-doped PC	S: 5.2 wt%	1592	320 at 0.2 A g ⁻¹	6 М КОН	[115]
N-doped PC nanosheets	N: 2.10 at.%, O: 7.11 at.%	1786.1	339 at 0.25 A g^{-1}	6 М КОН	[116]
N-doped multi-chamber carbon microspheres	N: 4.58 wt%, O: 2.12 wt%	1797	301 at 0.2 A g ⁻¹	6 М КОН	[117]
2D PC nanosheets	N: 1.54 at.%, O: 6.59 at.%	1907	221 at 1 A g ⁻¹	EMIMBF ₄	[118]
N and S-co-doped hierarchical PC	N: 1.88 at.%, S: 1.87 at.%	1975	333.4 at 0.1 A g^{-1}	6 М КОН	[119]
S-doped PC nanosheets	S: 9.6 wt%	2005	312 at 0.5 A g ⁻¹	6 М КОН	[120]
B/N-co-doped carbon nanosheets	N: 3.1 at.%, B: 0.5 at.%	2362	235.6 at 0.5 A g ⁻¹	1 M Na ₂ SO ₄	[121]

 Table 4
 Supercapacitive performances of porous carbon materials doped with heteroatoms

(continued)

Electrode material	Heteroatom content	Surface area (m ² g ⁻¹)	Specific capacitance (F/g) at specific current (Ag^{-1}) or scan rate (mVs^{-1})	Electrolyte	Reference
N-rich PC nanosheets	N: 9.4 at.%, O: 4.7 at.%	2406	250 at 0.5 A g ⁻¹	EMIMBF ₄	[122]

Table 4 (continued)

EMIMTFSI: 1-ethyl-3-methylimidazolium bis(trifluoromethylsulfonyl)imide; EMIMBF₄: 1-ethyl-3-methylimidazolium tetrafluoroborate; PC: Porous carbon

carbon/electrolyte compatibility should be highly improved. Therefore, the introduction of nanopores to the porous carbon material and doping pseudo-active sites improves the interfacial interactions.

Acknowledgements MM thanks to Sree Chaitanya College, Habra for giving permission to carry out the research work. KC acknowledges Ishaan Mandal for allowing enough time for literature survey and writing the draft during this pandemic.

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