Tetsuo Kuwamura · Kota Sawada · Tomoki Sunobe · Yoichi Sakai · Tatsuru Kadota *Editors* 

# Hermaphroditism and Mating Systems in Fish



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### **Preface**

This book focuses on the behavioral ecology of functional hermaphroditism in fishes. Behavioral ecology, which examines the survival value of behavior and individual fitness based on the theory of natural selection, was established in the 1970s (Wilson 1975; Dawkins 1976; Krebs and Davies 1978, 1981). At around the same time, the evolution of hermaphroditism based on individual fitness was first explained by Michael T. Ghiselin (1969). Soon after, Robert R. Warner (1975) developed a simple mathematical model of life history strategy in relation to mating systems, which could predict the type of sex change (male-to-female or female-to-male) by the type of mating system of a species. Field research on fish behavioral ecology also started in the 1970s; e.g., D. Ross Robertson (1972) first confirmed social control of sex change by male-removal experiments in a haremic coral reef fish. Thereafter, many field studies focused on the mating systems of hermaphroditic fishes have been conducted primarily on coral reefs (Nakazono and Kuwamura 1987; Munday et al. 2006; Kuwamura et al. 2020).

Chapter 1 (by Tetsuo Kuwamura) of this book introduces the types and frequencies of hermaphroditism in fishes, phylogeny of hermaphroditic fishes and their habitats, theories of the evolution of hermaphroditism, types of mating systems, and examples of social control of sex change. Chapter 2 (by Kota Sawada) describes simultaneous hermaphroditism in fishes and their mating systems. Chapter 3 (by Tomoki Sunobe) introduces protandrous species that conduct male-to-female sex change and their mating systems. In Chapter 4 (by Yoichi Sakai), protogynous fishes that conduct female-to-male sex change and their mating systems are explained. Lastly, Chapter 5 (by Tatsuru Kadota) introduces species with bidirectional sex change (or reversed sex change in protogynous species) and their mating systems.

At the end of this book, we add Chapter 6, which provides a database of functionally hermaphroditic fish species and their references. Kuwamura et al. (2020) reported 461 species of functionally hermaphroditic fishes. This book adds 21 species and deletes one species.

Nagova, Aichi, Japan

Tetsuo Kuwamura
On behalf of the authors and editors

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## Chapter 1 Evolution of Hermaphroditism in Fishes: Phylogeny and Theory



Tetsuo Kuwamura

**Abstract** This chapter introduces the main features of functional hermaphroditism in fishes. It has been reported in 481 fish species belonging to 41 families of 17 teleost orders, Simultaneous hermaphroditism (or synchronous hermaphroditism) is known in 57 species of 13 families, and among species exhibiting sequential hermaphroditism, protogyny is much more common (314 species of 20 families) than protandry (62 species of 14 families) or bidirectional sex change (69 species of seven families). Recent phylogenetic trees have indicated that simultaneous hermaphroditism and protandry have evolved several times in not closely related lineages of Teleostei, whereas protogyny and bidirectional sex change have evolved only in Percomorphaceae. The evolution of hermaphroditism has been successfully explained by individual fitness, with two major hypotheses; the low-density model for simultaneous hermaphroditism and the size-advantage model for sequential hermaphroditism. The mating system of a species is one of the important drivers of the evolution of hermaphroditism, and the relationship between mating systems and hermaphroditism will be focused on in the following chapters. Additionally, sex change is socially controlled in many fishes, and its physiological mechanisms are briefly summarized.

**Keywords** Bidirectional sex change  $\cdot$  Low density  $\cdot$  Protandry  $\cdot$  Protogyny  $\cdot$  Simultaneous hermaphroditism  $\cdot$  Size-advantage

This chapter introduces the main features of functional hermaphroditism in fishes, with discussions of the four types of hermaphroditism and their frequencies, phylogenetic relationships and habitats, evolutionary theories, mating systems and social control, and an overview of physiological mechanisms. The details of each type of hermaphroditism are described in the following chapters.

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T. Kuwamura (⊠)

### 1.1 Types and Frequencies of Hermaphroditism in Fishes

Both sexual and asexual reproductions are seen in living organisms. Sexual reproduction has many associated costs to the individual compared with asexual reproduction, but it has evolved in all organisms except viruses because it increases genetic diversity among offspring which allow them to more successfully adapt to environmental changes, such as the mutations of parasites (Hamilton et al. 1990; Lehtonen et al. 2012). Only two sexes, i.e., males that produce a large number of small sperm and females that produce a small number of large eggs, have evolved in most organisms. This is because middle-size gametes do not increase individual fitness (Maynard-Smith 1978). Gonochorism or dioecy, in which an individual can function as only one of the two sexes, i.e., either male or female, throughout its life, is common in animals, but rare in plants.

Hermaphroditism is a phenomenon in which an individual can function as both sexes at the same time (simultaneous hermaphroditism or synchronous hermaphroditism) or at different stages of its life history (sequential hermaphroditism or sex change) (Avise 2011; Leonard 2019). Simultaneous hermaphroditism is common in plants such as among bisexual flowers but is rare in animals that can move when in search of mates. Sequential hermaphroditism is known in some plants and invertebrates, but in only 1% of vertebrate species, almost all of which are fishes (Avise 2011; Ashman et al. 2014). Sequential hermaphroditism can further be classified into three types, i.e., protandry (male-to-female sex change), protogyny (female-to-male sex change), and bidirectional sex change (or reversed sex change) (Sadovy de Mitcheson and Liu 2008; Kuwamura et al. 2020; Table 1.1). In most cases of bidirectional sex change, the reversed sex change occurs in primarily protogynous species.

Functional hermaphroditism has been studied extensively in fishes. Kuwamura et al. (2020) provided a list of 461 fish species in which functional hermaphroditism had been reported. Subsequently, 21 species were added (and one species deleted), and the current species list is shown in Table 1.2 and Chap. 6. These fishes belong to 41 families of 17 teleost orders. Protogyny is the most frequently observed type (314 species of 20 families), and the other types are much less common, with protandry seen in 62 species of 14 families, simultaneous hermaphroditism seen in 57 species of 13 families, and bidirectional sex change seen in 69 species of seven families (Table 1.3). Both protogyny and bidirectional sex change have been reported in 21 species (Table 1.2), in which the reversed sex change occurs in

Table 1.1 Types of functional hermaphroditism in fishes

female)

Simultaneous hermaphroditism (synchronous hermaphroditism)		
Sequential hermaphroditism		
Protandry (male-to-female sex change)		
Protogyny (female-to-male sex change)		
Bidirectional sex change (reversed sex change in protogynous species: female to male to		

**Table 1.2** List of hermaphroditic fish species and their mating systems. Order and family names are arranged following Nelson et al. (2016), and genus and species in alphabetical order within each family and genus, respectively (modified from Table 1 of Kuwamura et al. 2020)

		_	
Order		Sexual	
Family	Species	pattern	Mating system
Anguilliformes			
Muraenidae	Gymnothorax griseus	SH	
Muraenidae	Gymnothorax pictus	SH	
Muraenidae	Gymnothorax thyrsoideus	SH	
Muraenidae	Rhinomuraena quaesita	PA	
Clupeiformes			
Clupeidae	Tenualosa macrura	PA	
Clupeidae	Tenualosa toli	PA	
Cypriniformes			
Cobitidae	Cobitis taenia	PA, G	
Stomiiformes			
Gonostomatidae	Cyclothone atraria	PA	
Gonostomatidae	Cyclothone microdon	PA	
Gonostomatidae	Gonostoma elongatum	PA	
Gonostomatidae	Sigmops bathyphilum	PA	
Gonostomatidae	Sigmops gracile	PA	
Aulopiformes			
Ipnopidae	Bathymicrops brevianalis	SH	
Ipnopidae	Bathymicrops regis	SH	
Ipnopidae	Bathypterois grallator	SH	
Ipnopidae	Bathypterois mediterraneus	SH	
Ipnopidae	Bathypterois quadrifilis	SH, G	
Ipnopidae	Bathypterois viridensis	SH	
Ipnopidae	Bathytyphlops marionae	SH	
Ipnopidae	Ipnops agassizii	SH	
Ipnopidae	Ipnops meadi	SH	
Giganturidae	Gigantura chuni	SH	
Giganturidae	Gigantura indica	SH, G	
Bathysauridae	Bathysaurus ferox	SH	
Bathysauridae	Bathysaurus mollis	SH	
Chlorophthalmidae	Chlorophthalmus agassizi	SH	
Chlorophthalmidae	Chlorophthalmus	SH	
	brasiliensis		
Chlorophthalmidae	Parasudis truculenta	SH	
Notosudidae	Ahliesaurus brevis	SH	
Scopelarchidae	Benthalbella infans	SH	
Scopelarchidae	Scopelarchus guentheri	SH	
Paralepididae	Arctozenus risso	SH	
Paralepididae	Lestidium	SH	
	pseudosphyraenoides		

Table 1.2 (continued)

Order		Sexual	
Family	Species	pattern	Mating system
Alepisauridae	Omosudis lowii	SH	
Gobiiformes			
Gobiidae	Coryphopterus alloides	PG	
Gobiidae	Coryphopterus dicrus	PG	
Gobiidae	Coryphopterus eidolon	PG	
Gobiidae	Coryphopterus glaucofraenum	PG	MTV polygamy
Gobiidae	Coryphopterus hyalinus	PG	
Gobiidae	Coryphopterus lipernes	PG	
Gobiidae	Coryphopterus personatus	PG	
Gobiidae	Coryphopterus thrix	PG	
Gobiidae	Coryphopterus urospilus	PG	
Gobiidae	Eviota epiphanes	PG, BS	
Gobiidae	Fusigobius neophytus	PG	MTV polygamy
Gobiidae	Gobiodon erythrospilus	BS	SA monogamy
Gobiidae	Gobiodon histrio	PG, BS	SA monogamy
Gobiidae	Gobiodon micropus	BS	SA monogamy
Gobiidae	Gobiodon oculolinealus	BS	SA monogamy
Gobiidae	Gobiodon okinawae	PG	SA monogamy
Gobiidae	Gobiodon quinquestrigatus	PG, BS	SA monogamy
Gobiidae	Lythrypnus dalli	PG, BS	MTV polygamy
Gobiidae	Lythrypnus nesiotes	PG	
Gobiidae	Lythrypnus phorellus	PG	
Gobiidae	Lythrypnus pulchellus	BS	
Gobiidae	Lythrypnus spilus	PG	
Gobiidae	Lythrypnus zebra	BS	MTV polygamy
Gobiidae	Paragobiodon echinocephalus	PG, BS	SA monogamy
Gobiidae	Paragobiodon xanthosomus	PG	SA monogamy
Gobiidae	Priolepis akihitoi	BS	SA monogamy
Gobiidae	Priolepis borea	BS	
Gobiidae	Priolepis cincta	BS	SA monogamy
Gobiidae	Priolepis eugenius	PG, BS	
Gobiidae	Priolepis fallacincta	BS	
Gobiidae	Priolepis hipoliti	PG, BS	
Gobiidae	Priolepis inhaca	BS	
Gobiidae	Priolepis latifascima	BS	
Gobiidae	Priolepis semidoliata	BS	SA monogamy
Gobiidae	Rhinogobiops nicholsii	PG	
Gobiidae	Trimma annosum	BS	
Gobiidae	Trimma benjamini	BS	

Table 1.2 (continued)

Table 1.2 (continue			
Order		Sexual	
Family	Species	pattern	Mating system
Gobiidae	Trimma caesiura	BS	
Gobiidae	Trimma cana	BS	
Gobiidae	Trimma caudomaculatum	BS	MTV polygamy
Gobiidae	Trimma emeryi	BS	Harem
Gobiidae	Trimma fangi	BS	
Gobiidae	Trimma flammeum	BS	
Gobiidae	Trimma flavatram	BS	
Gobiidae	Trimma fucatum	BS	
Gobiidae	Trimma gigantum	BS	
Gobiidae	Trimma grammistes	BS	Harem
Gobiidae	Trimma hayashii	BS	Harem
Gobiidae	Trimma kudoi	BS	
Gobiidae	Trimma lantana	BS	
Gobiidae	Trimma macrophthalma	BS	
Gobiidae	Trimma maiandros	BS	
Gobiidae	Trimma marinae	BS	
Gobiidae	Trimma milta	BS	
Gobiidae	Trimma nasa	BS	
Gobiidae	Trimma naudei	BS	
Gobiidae	Trimma necopinum	BS	
Gobiidae	Trimma okinawae	PG, BS	Harem
Gobiidae	Trimma preclarum	BS	
Gobiidae	Trimma rubromaculatum	BS	
Gobiidae	Trimma sheppardi	BS	
Gobiidae	Trimma stobbsi	BS	
Gobiidae	Trimma striatum	BS	
Gobiidae	Trimma tauroculum	BS	
Gobiidae	Trimma taylori	BS	
Gobiidae	Trimma unisquamis	BS	
Gobiidae	Trimma yanagitai	BS	
Uncertain in Ovale	ntaria		
Pomacentridae	Amphiprion akallopisos	PA	NSA monogamy
Pomacentridae	Amphiprion bicinctus	PA	NSA monogamy
Pomacentridae	Amphiprion clarkii	PA	NSA monogamy
Pomacentridae	Amphiprion frenatus	PA	NSA monogamy
Pomacentridae	Amphiprion melanopus	PA	NSA monogamy
Pomacentridae	Amphiprion ocellaris	PA	NSA monogamy
Pomacentridae	Amphiprion percula	PA	NSA monogamy
Pomacentridae	Amphiprion perideraion	PA	NSA monogamy
Pomacentridae	Amphiprion polymnus	PA	NSA monogamy
Pomacentridae	Amphiprion sandaracinos	PA	NSA monogamy

Table 1.2 (continued)

Table 1.2 (Continued	1)		
Order		Sexual	
Family	Species	pattern	Mating system
Pomacentridae	Dascyllus aruanus	PG, BS, G	Harem, MTV polygamy
Pomacentridae	Dascyllus carneus	PG	Harem, MTV polygamy
Pomacentridae	Dascyllus flavicaudus	PG, G	Harem, MTV polygamy
Pomacentridae	Dascyllus marginatus	PG	Harem, MTV polygamy
Pomacentridae	Dascyllus melanurus	PG, G	Harem, MTV polygamy
Pomacentridae	Dascyllus reticulatus	PG, BS, G	Harem, MTV polygamy
Pseudochromidae	Anisochromis straussi	PG	
Pseudochromidae	Ogilbyina queenslandiae	PG	
Pseudochromidae	Pseudochromis aldabraensis	BS	
Pseudochromidae	Pseudochromis cyanotaenia	BS	
Pseudochromidae	Pseudochromis flavivertex	BS	
Pseudochromidae	Pictichromis porphyrea	BS	
Cichliformes	, , , , , , , , , , , , , , , , , , , ,	<u> </u>	
Cichlidae	Metriaclima cf. livingstoni	PG	MTV polygamy
Cichlidae	Satanoperca jurupari	SH	1 10 1
Cyprinodontiformes	6		'
Rivulidae	Kryptolebias hermaphroditus	SH, G	
Rivulidae	Kryptolebias marmoratus	SH, G	
Rivulidae	Kryptolebias ocellatus	SH, G	
Poeciliidae	Xiphophorus helleri	PG, G	
Synbranchiformes			
Synbranchidae	Monopterus albus	PG	MTV polygamy
Synbranchidae	Monopterus boueti	PG	
Synbranchidae	Ophisternon bengalense	PG	
Synbranchidae	Synbranchus marmoratus	PG	
Trachiniformes	•		
Pinguipedidae	Parapercis clathrata	PG	
Pinguipedidae	Parapercis colias	PG	
Pinguipedidae	Parapercis cylindrica	PG	Harem
Pinguipedidae	Parapercis hexophtalma	PG	Harem
Pinguipedidae	Parapercis nebulosa	PG	
Pinguipedidae	Parapercis snyderi	PG	Harem
Pinguipedidae	Parapercis xanthozona	PG	
Trichonotidae	Trichonotus filamentosus	PG	
Creediidae	Crystallodytes cookei	PA	
Creediidae	Limnichthys fasciatus	PA	
Creediidae	Limnichthys nitidus	PA	
Labriformes	· · · · · · · · · · · · · · · · · · ·	<u> </u>	
Labridae	Achoerodus gouldii	PG	

Table 1.2 (continued)

Order		Sexual	
Family	Species	pattern	Mating system
Labridae	Achoerodus viridis	PG	
Labridae	Anampses geographicus	PG	
Labridae	Bodianus axillaris	PG	
Labridae	Bodianus diplotaenia	PG	MTV polygamy
Labridae	Bodianus eclancheri	PG	GSP
Labridae	Bodianus frenchii	PG	
Labridae	Bodianus mesothorax	PG	SPA
Labridae	Bodianus rufus	PG	Harem
Labridae	Cheilinus chlorurus	PG	
Labridae	Cheilinus fasciatus	PG	Harem
Labridae	Cheilinus trilobatus	PG	Harem, MTV polygamy
Labridae	Cheilinus undulatus	PG	MTV polygamy
Labridae	Choerodon azurio	PG	
Labridae	Choerodon cauteroma	PG	
Labridae	Choerodon cyanodus	PG	
Labridae	Choerodon fasciatus	PG	
Labridae	Choerodon graphicus	PG	
Labridae	Choerodon rubescens	PG	
Labridae	Choerodon schoenleinii	PG	
Labridae	Choerodon venustus	PG	
Labridae	Cirrhilabrus temmincki	PG	MTV polygamy
Labridae	Clepticus parrae	PG	SPA
Labridae	Coris auricularis	PG	
Labridae	Coris dorsomacula	PG	Harem
Labridae	Coris gaimard	PG	MTV polygamy
Labridae	Coris julis	PG	MTV polygamy
Labridae	Coris variegata	PG	
Labridae	Decodon melasma	PG	
Labridae	Epibulus insidiator	PG	Harem, MTV polygamy
Labridae	Gomphosus varius	PG	MTV polygamy
Labridae	Halichoeres bivittatus	PG	MTV polygamy, GSP
Labridae	Halichoeres garnoti	PG	MTV polygamy
Labridae	Halichoeres maculipinna	PG	MTV polygamy
Labridae	Halichoeres margaritaceus	PG	Harem
Labridae	Halichoeres marginatus	PG	MTV polygamy, GSP
Labridae	Halichoeres melanochir	PG	MTV polygamy
Labridae	Halichoeres melanurus	PG	MTV polygamy
Labridae	Halichoeres miniatus	PG	Harem
Labridae	Halichoeres nebulosus	PG	
Labridae	Halichoeres pictus	PG	
Labridae	Halichoeres poeyi	PG	

Table 1.2 (continued)

- table 112 (continu		1	
Order		Sexual	
Family	Species	pattern	Mating system
Labridae	Halichoeres radiatus	PG	
Labridae	Halichoeres scapularis	PG	
Labridae	Halichoeres semicinctus	PG	MTV polygamy, GSP
Labridae	Halichoeres tenuispinnis	PG	MTV polygamy
Labridae	Halichoeres trimaculatus	PG, BS	MTV polygamy, GSP
Labridae	Hemigymnus fasciatus	PG	
Labridae	Hemigymnus melapterus	PG	
Labridae	Hologymnosus annulatus	PG	
Labridae	Iniistius dea	PG	
Labridae	Iniistius geisha	PG	
Labridae	Iniistius pentadactylus	PG	Harem
Labridae	Labrichthys unilineatus	PG	Harem
Labridae	Labroides dimidiatus	PG, BS	Harem
Labridae	Labrus bergylta	PG	
Labridae	Labrus merula	PG	
Labridae	Labrus mixtus	PG	
Labridae	Labrus viridis	PG	
Labridae	Lachnolaimus maximus	PG	Harem
Labridae	Macropharyngodon moyeri	PG	Harem
Labridae	Notolabrus celidotus	PG	MTV polygamy
Labridae	Notolabrus gymnogenis	PG	
Labridae	Notolabrus parilus	PG	
Labridae	Notolabrus tetricus	PG	MTV polygamy
Labridae	Ophthalmolepis lineolatus	PG	
Labridae	Oxycheilinus digramma	PG	
Labridae	Parajulis poecilepterus	PG	GSP
Labridae	Pictilabrus laticlavius	PG	MTV polygamy
Labridae	Pseudocheilinops ataenia	PG	1 10
Labridae	Pseudocheilinus evanidus	PG	
Labridae	Pseudocheilinus hexataenia	PG	Harem
Labridae	Pseudolabrus guentheri	PG	
Labridae	Pseudolabrus rubicundus	PG	MTV polygamy
Labridae	Pseudolabrus sieboldi	PG	MTV polygamy
Labridae	Pteragogus aurigarius	PG	MTV polygamy
Labridae	Semicossyphus darwini	PG	1 78" 7
Labridae	Semicossyphus pulcher	PG	MTV polygamy
Labridae	Semicossyphus reticulatus	PG	1 78" 7
Labridae	Stethojulis balteata	PG	
Labridae	Stethojulis interrupta	PG	MTV polygamy
Labridae	Stethojulis strigiventer	PG	- · F - · / 8/
Labridae	Stethojulis trilineata	PG	MTV polygamy

Table 1.2 (continued)

Order		Sexual	
Family	Species	pattern	Mating system
Labridae	Suezichthys ornatus	PG	MTV polygamy
Labridae	Symphodus melanocercus	PG	MTV polygamy
Labridae	Symphodus tinca	PG, G	MTV polygamy
Labridae	Thalassoma bifasciatum	PG	MTV polygamy, GSP
Labridae	Thalassoma cupido	PG	MTV polygamy, GSP
Labridae	Thalassoma duperrey	PG	MTV polygamy, GSP
Labridae	Thalassoma hardwicke	PG	MTV polygamy, GSP
Labridae	Thalassoma jansenii	PG	MTV polygamy, GSP
Labridae	Thalassoma lucasanum	PG	MTV polygamy, GSP
Labridae	Thalassoma lunare	PG	MTV polygamy, GSP
Labridae	Thalassoma lutescens	PG	MTV polygamy, GSP
Labridae	Thalassoma pavo	PG	MTV polygamy, GSP
Labridae	Thalassoma purpureum	PG	1 70 7
Labridae	Thalassoma	PG	MTV polygamy, GSP
	quinquevittatum		
Labridae	Xyrichtys martinicensis	PG	Harem
Labridae	Xyrichtys novacula	PG	Harem
Odacidae	Odax pullus	PG	
Scaridae	Calotomus carolinus	PG	MTV polygamy
Scaridae	Calotomus japonicus	PG	MTV polygamy
Scaridae	Calotomus spinidens	PG	MTV polygamy
Scaridae	Cetoscarus bicolor	PG	
Scaridae	Chlorurus sordidus	PG	MTV polygamy
Scaridae	Chlorurus spilurus	PG	
Scaridae	Cryptotomus roseus	PG	MTV polygamy
Scaridae	Hipposcarus harid	PG	
Scaridae	Hipposcarus longiceps	PG	
Scaridae	Scarus ferrugineus	PG	
Scaridae	Scarus festivus	PG	
Scaridae	Scarus forsteni	PG	MTV polygamy
Scaridae	Scarus frenatus	PG	Harem
Scaridae	Scarus ghobban	PG	
Scaridae	Scarus globiceps	PG	MTV polygamy, GSP
Scaridae	Scarus iseri	PG	Harem, GSP
Scaridae	Scarus niger	PG	MTV polygamy, GSP
Scaridae	Scarus oviceps	PG	MTV polygamy
Scaridae	Scarus psittacus	PG	MTV polygamy
Scaridae	Scarus rivulatus	PG	MTV polygamy
Scaridae	Scarus rubroviolaceus	PG	
Scaridae	Scarus russelii	PG	
Scaridae	Scarus scaber	PG	
Scaridae	Scarus schlegeli	PG	MTV polygamy

Table 1.2 (continued)

`	<i>'</i>		
Order		Sexual	
Family	Species	pattern	Mating system
Scaridae	Scarus spinus	PG	
Scaridae	Scarus taeniopterus	PG	
Scaridae	Scarus tricolor	PG	
Scaridae	Scarus vetula	PG	Harem, MTV polygamy
Scaridae	Scarus viridifucatus	PG	
Scaridae	Sparisoma atomarium	PG	Harem
Scaridae	Sparisoma aurofrenatum	PG	Harem
Scaridae	Sparisoma chrysopterum	PG	MTV polygamy
Scaridae	Sparisoma cretense	PG, G	Harem
Scaridae	Sparisoma radians	PG	Harem, MTV polygamy, GSP
Scaridae	Sparisoma rubripinne	PG	MTV polygamy, GSP
Scaridae	Sparisoma viride	PG	MTV polygamy
Perciformes			
Centropomidae	Centropomus parallelus	PA, G	
Centropomidae	Centropomus undecimalis	PA	
Latidae	Lates calcarifer	PA	
Polynemidae	Eleutheronema	PA, G	
•	tetradactylum		
Polynemidae	Filimanus heptadactyla	SH, G	
Polynemidae	Galeoides decadactylus	PA, G	
Polynemidae	Polydactylus macrochir	PA	
Polynemidae	Polydactylus microstomus	SH, G	
Polynemidae	Polydactylus quadrifilis	PA, G	
Terapontidae	Bidyanus bidyanus	PA	
Terapontidae	Mesopristes cancellatus	PA	
Serranidae (Epinephelinae)	Cephalopholis argus	PG	Harem
Serranidae (Epinephelinae)	Cephalopholis boenak	PG, BS	Harem
Serranidae (Epinephelinae)	Cephalopholis cruentata	PG	Harem
Serranidae (Epinephelinae)	Cephalopholis cyanostigma	PG	Harem
Serranidae (Epinephelinae)	Cephalopholis fulva	PG	Harem
Serranidae (Epinephelinae)	Cephalopholis hemistiktos	PG	Harem
Serranidae (Epinephelinae)	Cephalopholis miniata	PG	Harem
Serranidae (Epinephelinae)	Cephalopholis panamensis	PG	Harem
	Cephalopholis taeniops	PG	

Table 1.2 (continued)

	<u>'</u>		
Order		Sexual	
Family	Species	pattern	Mating system
Serranidae			
(Epinephelinae)			
Serranidae	Cephalopholis urodeta	PG	
(Epinephelinae)			
Serranidae	Epinephelus adscensionis	PG	Harem
(Epinephelinae)		200	
Serranidae (Epinephelinae)	Epinephelus aeneus	PG	
Serranidae	Enin anh alua aha ana	PG, BS	
(Epinephelinae)	Epinephelus akaara	PG, BS	
Serranidae	Epinephelus andersoni	PG	
(Epinephelinae)	Epinephetus unaersoni		
Serranidae	Epinephelus areolatus	PG	
(Epinephelinae)	F F		
Serranidae	Epinephelus bruneus	PG, BS	
(Epinephelinae)			
Serranidae	Epinephelus chlorostigma	PG	
(Epinephelinae)			
Serranidae	Epinephelus coioides	PG, BS	
(Epinephelinae)			
Serranidae	Epinephelus diacanthus	PG	
(Epinephelinae)	F : 1 1	DC.	
Serranidae (Epinephelinae)	Epinephelus drummondhayi	PG	
Serranidae	Epinephelus fasciatus	PG	
(Epinephelinae)	Epinepheius jusciuius	10	
Serranidae	Epinephelus fuscoguttatus	PG	SPA
(Epinephelinae)	J J		
Serranidae	Epinephelus guttatus	PG	SPA
(Epinephelinae)			
Serranidae	Epinephelus labriformis	PG	
(Epinephelinae)			
Serranidae	Epinephelus malabaricus	PG	
(Epinephelinae)		200	)
Serranidae	Epinephelus marginatus	PG	MTV polygamy
(Epinephelinae) Serranidae	Foring and along an arms	PG	CDA
(Epinephelinae)	Epinephelus merra	PG	SPA
Serranidae	Epinephelus morio	PG	
(Epinephelinae)	Брисрисиз поно		
Serranidae	Epinephelus ongus	PG	SPA
(Epinephelinae)	1		
Serranidae	Epinephelus rivulatus	PG	
(Epinephelinae)			
	Epinephelus striatus	PG, G	GSP

Table 1.2 (continued)

Order		Sexual	
Family	Species	pattern	Mating system
Serranidae		1	
(Epinephelinae)			
Serranidae	Epinephelus tauvina	PG	
(Epinephelinae)	' '		
Serranidae	Hyporthodus flavolimbatus	PG	
(Epinephelinae)			
Serranidae	Hyporthodus niveatus	PG	
(Epinephelinae)			
Serranidae	Hyporthodus quernus	PG	
(Epinephelinae)			
Serranidae	Mycteroperca bonaci	PG	
(Epinephelinae)			
Serranidae	Mycteroperca interstitialis	PG	
(Epinephelinae)			
Serranidae	Mycteroperca microlepis	PG	SPA
(Epinephelinae)	12	D.C.	an.
Serranidae	Mycteroperca olfax	PG	SPA
(Epinephelinae)	1	DC.	CDA
Serranidae (Epinephelinae)	Mycteroperca phenax	PG	SPA
Serranidae	Mycteroperca rubra	PG	SPA
(Epinephelinae)	мустегорегса гибга	ru	SFA
Serranidae	Mycteroperca venenosa	PG	GSP
(Epinephelinae)	Mycieroperca venenosa	10	OSI
Serranidae	Plectropomus laevis	PG	
(Epinephelinae)			
Serranidae	Plectropomus leopardus	PG	SPA
(Epinephelinae)	, ,		
Serranidae	Plectropomus maculatus	PG	
(Epinephelinae)			
Serranidae	Bullisichthys caribbaeus	SH	
(Serraninae)			
Serranidae	Centropristis striata	PG	
(Serraninae)			
Serranidae	Centropristis ocyurus	PG	
(Serraninae)			
Serranidae	Chelidoperca hirundinacea	PG	
(Serraninae)	D. I	CII	
Serranidae	Diplectrum bivittatum	SH	
(Serraninae)	Distantance C	CII	
Serranidae (Serraninae)	Diplectrum formosum	SH	
Serranidae	Diplectrum macropoma	SH	
(Serraninae)	Бъргестит тасторота	311	
(Scriamnac)		1	<u> </u>

Table 1.2 (continued)

Order		Sexual	
Family	Species	pattern	Mating system
Serranidae	Diplectrum pacificum	SH	
(Serraninae)			
Serranidae	Diplectrum rostrum	SH	
(Serraninae)			
Serranidae	Hypoplectrus aberrans	SH	SA monogamy
(Serraninae)			
Serranidae	Hypoplectrus chlorurus	SH	SA monogamy
(Serraninae)			
Serranidae	Hypoplectrus nigricans	SH	SA monogamy
(Serraninae)			
Serranidae	Hypoplectrus puella	SH	SA monogamy
(Serraninae)	,		
Serranidae	Hypoplectrus unicolor	SH	SA monogamy
(Serraninae)			
Serranidae	Paralabrax	PG, G	
(Serraninae)	maculatofasciatus	-, -	
Serranidae	Serraniculus pumilio	SH	
(Serraninae)	Pulling Pulling		
Serranidae	Serranus annularis	SH	
(Serraninae)	Server divinual to		
Serranidae	Serranus atricauda	SH	
(Serraninae)	Seriams an teamer		
Serranidae	Serranus auriga	SH	
(Serraninae)	Serranus auriga	511	
Serranidae	Serranus baldwini	SH	Harem
(Serraninae)	So. G. W. Supervision		111111111
Serranidae	Serranus cabrilla	SH	
(Serraninae)			
Serranidae	Serranus hepatus	SH	
(Serraninae)	Seriamo nepuno		
Serranidae	Serranus phoebe	SH	
(Serraninae)	Scirains piwebe	511	
Serranidae	Serranus psittacinus	SH	Harem
(Serraninae)	зстаниз рашистиз		1 iui ciii
Serranidae	Serranus scriba	SH	
(Serraninae)	Serranus seriou	511	
Serranidae	Serranus subligarius	SH	SA monogamy
(Serraninae)	Serrains subligarius	311	3A monogamy
Serranidae	Serranus tabacarius	SH	SA monogamy
(Serraninae)	Serranus iabacarius	SH	SA monogamy
Serranidae	Serranus tigrinus	SH	SA monogomy
(Serranidae)	Serranus ugrinus	311	SA monogamy
Serranidae	Communication	CH	SA mana samu
Serranidae (Serraninae)	Serranus tortugarum	SH	SA monogamy
Serranidae	D	CII	
	Pseudogramma gregoryi	SH	
(Grammistini)			

Table 1.2 (continued)

Order		Sexual	
Family	Species	pattern	Mating system
Serranidae	Rypticus saponaceus	PG	
(Grammistini)			
Serranidae	Rypticus subbifrenatus	PG	
(Grammistini)			
Serranidae (Anthiinae)	Anthias anthias	PG	
Serranidae (Anthiinae)	Anthias nicholsi	PG	
Serranidae (Anthiinae)	Anthias noeli	PG	
Serranidae (Anthiinae)	Baldwinella vivanus	PG	
Serranidae (Anthiinae)	Hemanthias leptus	PG	
Serranidae (Anthiinae)	Hemanthias peruanus	PG	
Serranidae (Anthiinae)	Hypoplectrodes huntii	PG	
Serranidae (Anthiinae)	Hypoplectrodes maccullochi	PG	
Serranidae (Anthiinae)	Pronotogrammus martinicensis	PG	
Serranidae (Anthiinae)	Pseudanthias conspicuus	PG	
Serranidae (Anthiinae)	Pseudanthias elongatus	PG	
Serranidae (Anthiinae)	Pseudanthias pleurotaenia	PG	
Serranidae (Anthiinae)	Pseudanthias rubrizonatus	PG	
Serranidae (Anthiinae)	Pseudanthias squamipinnis	PG	MTV polygamy
Serranidae (Anthiinae)	Sacura margaritacea	PG	
Pomacanthidae	Apolemichthys	PG	
	trimaculatus		
Pomacanthidae	Centropyge acanthops	PG, BS	
Pomacanthidae	Centropyge bicolor	PG	Harem
Pomacanthidae	Centropyge ferrugata	PG, BS	Harem
Pomacanthidae	Centropyge fisheri	PG, BS	
Pomacanthidae	Centropyge flavissimus	BS	Harem
Pomacanthidae	Centropyge heraldi	PG	Harem
Pomacanthidae	Centropyge interruptus	PG	Harem
Pomacanthidae	Centropyge multispinus	PG	
Pomacanthidae	Centropyge potteri	PG	Harem
Pomacanthidae	Centropyge tibicen	PG	Harem
Pomacanthidae	Centropyge vrolicki	PG	Harem
Pomacanthidae	Chaetodontoplus	PG	Harem
	septentrionalis		
Pomacanthidae	Genicanthus bellus	PG	
Pomacanthidae	Genicanthus caudovittatus	PG	Harem
Pomacanthidae	Genicanthus lamarck	PG	Harem
Pomacanthidae	Genicanthus melanospilos	PG	Harem

Table 1.2 (continued)

Order	) 	G 1	
Family	Species	Sexual	Moting avetam
	1	pattern	Mating system
Pomacanthidae	Genicanthus personatus	PG	Harem
Pomacanthidae	Genicanthus semifasciatus	PG	Harem
Pomacanthidae	Genicanthus watanabei	PG	
Pomacanthidae	Holacanthus passer	PG, G	Harem
Pomacanthidae	Holacanthus tricolor	PG	Harem
Pomacanthidae	Pomacanthus zonipectus	PG	
Malacanthidae	Malacanthus plumieri	PG	Harem
Cirrhitidae	Amblycirrhitus pinos	PG	
Cirrhitidae	Cirrhitichthys aprinus	PG	Harem
Cirrhitidae	Cirrhitichthys aureus	PG, BS	
Cirrhitidae	Cirrhitichthys falco	PG, BS	Harem
Cirrhitidae	Cirrhitichthys oxycephalus	PG	Harem
Cirrhitidae	Neocirrhites armatus	PG	Harem
Eleginopsidae	Eleginops maclovinus	PA	
Scorpaeniformes			
Platycephalidae	Cociella crocodila	PA	
Platycephalidae	Inegocia japonica	PA	Random mating
Platycephalidae	Kumococius rodericensis	PA	
Platycephalidae	Onigocia macrolepis	PA	
Platycephalidae	Platycephalus sp.	PA	Random mating
Platycephalidae	Suggrundus meerdervoorti	PA	
Platycephalidae	Thysanophrys celebica	PA	Random mating
Scorpaenidae	Caracanthus unipinna	PG	Harem
Moroniformes	•		
Moronidae	Morone saxatilis	PA	
Spariformes	<u> </u>		
Nemipteridae	Scolopsis monogramma	PG	
Nemipteridae	Scolopsis taenioptera	PG	
Lethrinidae	Lethrinus atkinsoni	PG	
Lethrinidae	Lethrinus genivittatus	PG	
Lethrinidae	Lethrinus harak	PG	
Lethrinidae	Lethrinus lentjan	PG	
Lethrinidae	Lethrinus miniatus	PG	
Lethrinidae	Lethrinus nebulosus	PG, G	MTV polygamy, GSP
Lethrinidae	Lethrinus olivaceus	PG	SPA
Lethrinidae	Lethrinus ornatus	PG	
Lethrinidae	Lethrinus ravus	PG	
Lethrinidae	Lethrinus rubrioperculatus	PG	
Lethrinidae	Lethrinus variegatus	PG	
		110	
Sparidae	Acanthopagrus australis	PA	

Table 1.2 (continued)

Order	Spacies	Sexual	Mating system
Family	Species	pattern	Mating system
Sparidae	Acanthopagrus bifasciatus	PA, G	
Sparidae	Acanthopagrus latus	PA	
Sparidae	Acanthopagrus morrisoni	PA	
Sparidae	Acanthopagrus pacificus	PA	
Sparidae	Acanthopagrus schlegelii	PA	
Sparidae	Argyrops spinifer	PG, G	
Sparidae	Boops boops	PG, G	
Sparidae	Calamus leucosteus	PG	
Sparidae	Calamus proridens	PG	
Sparidae	Chrysoblephus cristiceps	PG	
Sparidae	Chrysoblephus puniceus	PG	
Sparidae	Chrysoblephus laticeps	PG	
Sparidae	Dentex gibbosus	PG	
Sparidae	Dentex tumifrons	PG	
Sparidae	Diplodus annularis	PA, G	
Sparidae	Diplodus argenteus	PA, G	
Sparidae	Diplodus cadenati	PA, G	
Sparidae	Diplodus capensis	PA, G	
Sparidae	Diplodus kotschyi	PA, G	
Sparidae	Diplodus puntazzo	PA, G	
Sparidae	Diplodus sargus	PA, G	
Sparidae	Diplodus vulgaris	PA, G	
Sparidae	Lithognathus mormyrus	PA, G	
Sparidae	Pachymetopon aeneum	PG	
Sparidae	Pagellus acarne	PA, G	
Sparidae	Pagellus bellottii	PG, G	
Sparidae	Pagellus bogaraveo	PA, G	
Sparidae	Pagellus erythrinus	PG	
Sparidae	Pagrus auriga	PG	
Sparidae	Pagrus caeruleostictus	PG	
Sparidae	Pagrus ehrenbergii	PG, G	
Sparidae	Pagrus major	PG, G	
Sparidae	Pagrus pagrus	PG	
Sparidae	Rhabdosargus sarba	PA, G	
Sparidae	Sarpa salpa	PA, G	SPA
Sparidae	Sparidentex hasta	PA	
Sparidae	Sparus aurata	PA	GSP
Sparidae	Spicara chryselis	PG	
Sparidae	Spicara smaris	PG	
Sparidae	Spicara maena	PG	
Sparidae	Spondyliosoma cantharus	PG	MTV polygamy

Order		Sexual	
Family	Species	pattern	Mating system
Sparidae	Spondyliosoma emarginatum	PG	MTV polygamy
Tetraodontiformes			
Balistidae	Sufflamen chrysopterus	PG	Harem

Table 1.2 (continued)

SH simultaneous hermaphroditism, PA protandry, PG protogyny, BS bidirectional sex change or reversed sex change in protogynous species, G gonochorism, SA monogamy size-assortative monogamy, NSA monogamy non-size-assortative monogamy, Harem harem polygyny, MTV polygamy male-territory-visiting polygamy, GSP group spawning, SPA spawning aggregation unknown detailed mating system, blank unknown. Facultative monogamy in polygamous species is not shown. If intraspecific variation has been reported in sexual pattern or mating sytem, two or more types are shown. Detailed data of each species and references are given in Chap. 6; 26 species for which functional hermaphroditism is suggested by weak evidence (with a question mark in Chap. 6) are not included in this table

protogynous species. Pla et al. (2021) provided a list of 370 species of hermaphroditic fishes from 34 families in eight orders based on the dataset of Pla (2019). Since there are differences in the citation and interpretation of original papers, this book follows Kuwamura et al. (2020).

Hermaphroditism in teleost fishes is evolutionarily labile, since interspecific variation in the type of hermaphroditism is common even within a single family. Three types of hermaphroditism, i.e., protandry, protogyny, and bidirectional sex change, have been reported in Pomacentridae and simultaneous hermaphroditism, protogyny, and bidirectional sex change in Serranidae (Table 1.3). Simultaneous hermaphroditism and protandry have been reported in Muraenidae and Polynemidae; simultaneous hermaphroditism and protogyny in Cichlidae; protandry and protogyny in Sparidae; and protogyny and bidirectional sex change in Gobiidae, Pseudochromidae, Labridae, Pomacanthidae, and Cirrhitidae (Table 1.3). Gonochoristic species are also found in these families, and phylogenetic studies have suggested that different types of hermaphroditism have appeared in different lineages repeatedly (see Mank et al. 2006).

### 1.2 Phylogeny of Hermaphroditic Fishes and Their Habitat

Recent phylogenetic trees indicate that hermaphrodites are found only among Teleostei fishes (Kuwamura et al. 2020: Fig. 1.1). Simultaneous hermaphroditism and protandry have evolved several times in not closely related lineages of Teleostei, whereas protogyny and bidirectional sex change have evolved only in Percomorphaceae. Simultaneous hermaphroditism has been reported in four major lineages: Elopomorpha (1 family), Aulopiformes (8), Ovalentaria (2), and Eupercaria (2), and protandry in six major lineages: Elopomorpha (1), Clupeiformes (1), Cypriniformes (1), Stomiatiformes (1), Ovalentaria (1), and Eupercaria

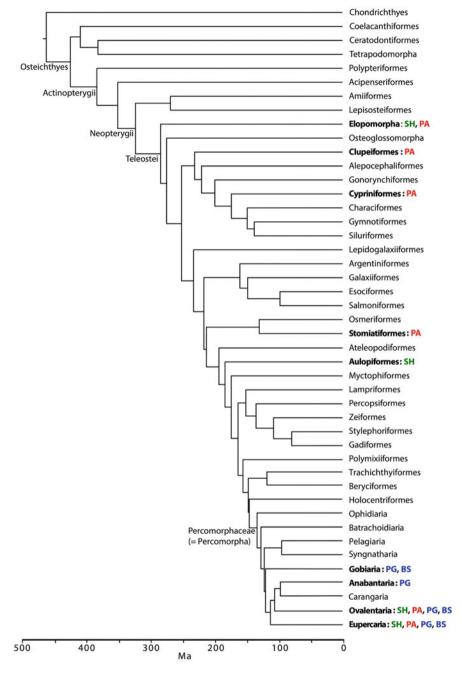
**Table 1.3** Frequency of hermaphroditic fish species in each family. Order and family names are arranged following Nelson et al. (2016). Summed up from Table 1.2 (modified from Table 2 of Kuwamura et al. 2020)

		Numpe		Number of nermaphroditic species	species				
Order	Family	SH	PA	PG	BS	Total	%a	Total number of species	Habitat <sup>b</sup>
Anguilliformes	Muraenidae	з		0	0	4	2.0	200	M
Clupeiformes	Clupeidae	0	2	0	0	2	6.0	218	M
Cypriniformes	Cobitidae	0	1	0	0	1	0.5	195	F
Stomiiformes	Gonostomatidae	0	5	0	0	5	16.1	31	M
Aulopiformes	Ipnopidae	6	0	0	0	6	28.1	32	M
	Giganturidae	2	0	0	0	2	100.0	2	M
	Bathysauridae	2	0	0	0	2	100.0	2	M
	Chlorophthalmidae	з	0	0	0	3	17.6	17	M
	Notosudidae	1	0	0	0	1	5.9	17	M
	Scopelarchidae	2	0	0	0	2	11.1	18	M
	Paralepididae	2	0	0	0	2	7.4	27	M
	Alepisauridae	1	0	0	0	1	11.1	6	M
Gobiiformes	Gobiidae	0	0	24	51	29	4.9	1359	M(&F)
Uncertain in Ovalentaria	Pomacentridae	0	10	9	2	16	4.1	387	M
	Pseudochromidae	0	0	2	4	9	3.9	152	M
Cichliformes	Cichlidae	1	0	1	0	2	0.1	1762	F
Cyprinodontiformes	Rivulidae	3	0	0	0	3	8.0	370	F
	Poeciliidae	0	0	1	0	1	0.3	353	F
Synbranchiformes	Synbranchidae	0	0	4	0	4	17.4	23	Н
Trachiniformes	Pinguipedidae	0	0	7	0	7	8.5	82	M
	Trichonotidae	0	0	1	0	1	10.0	10	M
	Creediidae	0	3	0	0	3	16.7	18	M
Labriiformes	Labridae	0	0	66	2	66	19.1	519	M
	Odacidae	0	0	1	0	1	8.3	12	M

	Scaridae	0	0	36	0	36	36.4	66	M
Perciformes	Centropomidae	0	2	0	0	2	16.7	12	M&F
	Latidae	0	1	0	0	1	7.7	13	M&F
	Polynemidae	2	4	0	0	9	14.3	42	M
	Terapontidae	0	2	0	0	2	3.8	52	(M&)F
	Serranidae	26	0	99	4	92	17.1	538	M
	Pomacanthidae	0	0	22	4	23	25.8	68	M
	Malacanthidae	0	0	1	0	1	2.2	45	M
	Cirrhitidae	0	0	9	2	9	18.2	33	M
	Eleginopsidae	0	1	0	0	1	100.0	1	M
Scorpaeniformes	Platycephalidae	0	7	0	0	7	8.8	08	M
	Scorpaenidae	0	0	1	0	1	0.2	454	M
Moroniformes	Moronidae	0	1	0	0	1	25.0	4	M&F
Spariformes	Nemipteridae	0	0	2	0	2	3.0	<i>L</i> 9	M
	Lethrinidae	0	0	11	0	11	28.9	38	M
	Sparidae	0	22	22	0	44	8.7	507	M
Tetraodontiformes	Balistidae	0	0	1	0	1	2.4	42	M
Total number of species		57	62	314	69	481			

SH simultaneous hermaphroditism, PA protandry, PG protogyny, BS bidirectional sex change or reversed sex change in protogynous species. When two or more types are reported within a species, we counted them in each column

 $<sup>^{</sup>b}M$  marine, F freshwater (after Nelson et al. 2016). In parentheses if no hermaphrodites have been reported from the habitat <sup>a</sup>Percentage of hermaphroditic species in each family (total number of species after Nelson et al. 2016)



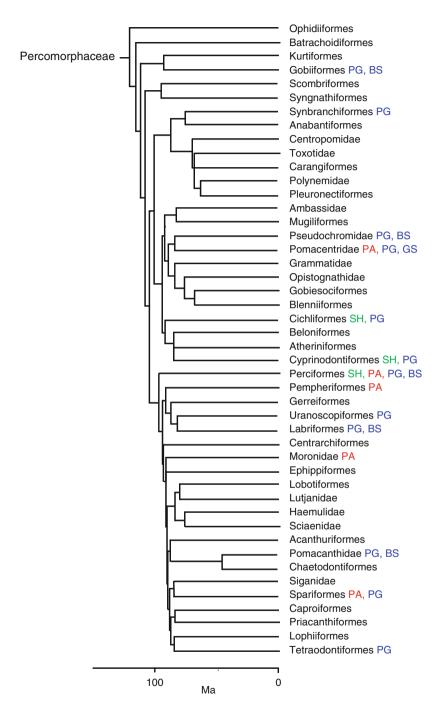
**Fig. 1.1** Phylogeny of fishes and occurrence of hermaphroditism. The phylogenetic tree was processed from Betancur-R et al. (2017). *SH* simultaneous hermaphroditism, *PA* protandry, *PG* protogyny, *BS* bidirectional sex change or reversed sex change in protogynous species (reproduced from Kuwamura et al. 2020)

(9) (Fig. 1.1; Table 1.3). Protogyny has evolved in four major lineages: Gobiaria (1 family), Anabantaria (1), Ovalentaria (4), and Eupercaria of Percomorphaceae (14), and bidirectional sex change in three of them Gobiaria (1), Ovalentaria (2), and Eupercaria (4) (Fig. 1.1; Table 1.3).

Within the Percomorphaceae, protogyny and bidirectional sex change are widely distributed (Fig. 1.2). Protogyny has evolved in 12 (26%) of the 46 lineages of Percomorphaceae as shown in Fig. 1.2, and bidirectional sex change evolved in six of them (13%), whereas protandry evolved in five (11%) and simultaneous hermaphroditism in only three (7%). The abundance and wide distribution of protogyny in Percomorphaceae may be related to their mating systems which are associated with small social groups. These are seen especially in coral reef fishes, which will be described fully in Chap. 4. The predominance of protogyny in hermaphroditic fish contrasts markedly with the prevalence of simultaneous hermaphroditism observed in plant and invertebrate hermaphrodites (Avise 2011; Leonard 2019).

Functional hermaphroditism has not been confirmed in any vertebrates outside the infraclass Teleostei. It has been suggested in some hagfishes (Myxinoidea) through gonad histology (Gorbman 1990) but has never been confirmed (Adolfi et al. 2019). Protogynous sex change was suggested in a frog (Tetrapoda) by behavioral observations in captivity (Grafe and Linsenmair 1989) but has never been histologically confirmed (Hayes 1998; Leonard 2019). One of the factors hindering the evolution of functional hermaphroditism in major groups of vertebrates is thought to be the large anatomical differences between the sexes in these groups (Warner 1978). For example, sharks and rays (Chondrichthyes) have large copulatory organs, as do mammals and reptiles (Tetrapoda), and it would be very costly to maintain both types of organs simultaneously or to change from one type to the other.

In examining the habitats of extant hermaphroditic fishes, less than 3% (13 species) inhabit freshwater (Table 1.3). This is despite the fact that approximately 43% of all fish species inhabit freshwater (Nelson et al. 2016). Among freshwater species, simultaneous hermaphroditism is known in Cichlidae (1 species) and Rivulidae (3), protandry in Cobitidae (1) and Terapontidae (2), protogyny in Cichlidae (1), Poeciliidae (1), and Synbranchidae (4), and bidirectional sex change is unknown (Table 1.3). All these families, except for Cobitidae (Cypriniformes), belong to Percomorphaceae. The lack of hermaphroditism in freshwater fishes has been suggested to be due to anatomical sex differences (Warner 1978; Sadovy de Mitcheson and Liu 2008), mating systems (Kuwamura et al. 2020), or evolutionary history (Pla et al. 2021), but further research will be needed to explain this incongruity.



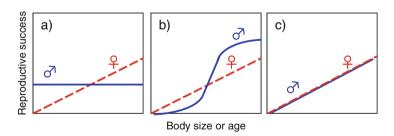
**Fig. 1.2** Distribution of hermaphroditism within Percomorphaceae. The phyletic tree was processed from Hughes et al. (2018). *SH* simultaneous hermaphroditism, *PA* protandry, *PG* protogyny, *BS* bidirectional sex change or reversed sex change in protogynous species. The following families given in Tables 1.2 and 1.3 are classified to the orders in parentheses by

### 1.3 Theories for the Evolution of Hermaphroditism

The evolution of hermaphroditism among animals has been successfully explained by individual fitness, with two major hypotheses: the low-density model for simultaneous hermaphroditism and the size-advantage model for sequential hermaphroditism (Ghiselin 1969, 1974).

In low population density conditions, few mating opportunities are expected and mating success will be much higher in simultaneous hermaphrodites than in gonochorists if random mating occurs (Tomlinson 1966). This is despite the energy cost to hermaphrodites of maintaining two reproductive systems (Heath 1977). Self-fertilization further increases the benefits of simultaneous hermaphroditism in extreme low-population density environments with little opportunity to find conspecifics (Tomlinson 1966). Simultaneous hermaphroditism could also be favored if the investment in a sexual function shows diminishing fitness returns because of low mobility (Ghiselin 1969), restricted mating-group size (Charnov 1982), and/or local sperm competition (Schärer 2009), thus favoring reallocation of remaining reproductive resources to other sexual functions. A detailed explanation of this concept will be given in Chap. 2.

The size-advantage (SA) model predicts that the difference in the rate of increase in male and female fitness associated with body size (the SA) drives the evolution of sequential hermaphroditism or sex change (Ghiselin 1969, 1974). The occurrence and direction of sex change are determined by the mating system of each species, because the relation between reproductive success and body size of males depends on the mating system whereas reproductive success of females increases with growth irrespective of the mating system (Warner 1975, 1984: Fig. 1.3). For example, in species with random mating regardless of male body size (i.e., females do not have preference for larger males and accept smaller ones), male reproductive success is



**Fig. 1.3** Size-advantage model predicting evolution of sex change in relation to the type of mating system. (a) Protandry in species with random mating, (b) protogyny in species with polygyny, (c) gonochorism in species with size-assortative mating (modified from Warner 1984)

**Fig. 1.2** (continued) Betancur-R et al. (2017), which are shown in this figure: Pinguipedidae (Uranoscopiformes), Trichonotidae (Gobiiformes), Creediidae (Pempheriformes), Platycephalidae (Perciformes), and Scorpaenidae (Perciformes)

not related to body size. In these species, male-to-female sex change (protandry) will be favored because the reproductive success of small males is higher than that of females of the same size and vice versa in larger sizes (Fig. 1.3a). In contrast, in species with polygynous mating systems in which large males monopolize access to females, male reproductive success sharply increases with growth, and female-to-male sex change (protogyny) will be favored because large females can increase reproductive success by becoming male (Fig. 1.3b). Contrastingly, in species with size-assortative mating or group spawning by one female with multiple males (i.e., intense scramble-type sperm competition), in which reproductive success of males and females increases with growth in a similar fashion, gonochorism will evolve because of the cost of sex change (Fig. 1.3c). Some mating systems with extensive sperm competition and size-fecundity skew will also reduce or eliminate the SA and result in a reduction or even an absence of sex change (Muñoz and Warner 2003, 2004).

Large volumes of evidence supporting the SA model have been reported, especially from coral reef fishes (Nakazono and Kuwamura 1987; Warner 1988; Munday et al. 2006; Sadovy de Mitcheson and Liu 2008; Kazancioğlu and Alonzo 2010; Erisman et al. 2013; Kuwamura et al. 2020). In contrast, bidirectional sex change has recently been seen as a tactic to secure mating opportunities when mate-search (finding an opposite-sex individual) after the loss of partners is difficult or costly because of low population density (Munday et al. 2010). This type of change has been suggested to derive from either protogynous ancestors (the low-density hypothesis for the evolution of reversed sex change in protogynous species: Kuwamura et al. 2011, 2014) or gonochoristic ones (Sunobe et al. 2017). Reversed sex change has not been reported at all from protandrous fish species (Kuwamura et al. 2020). In random mating, where the SA model predicts protandry, large females do not monopolize multiple mates, and smaller females have the opportunity to acquire mates without sex change (see Chap. 3), whereas in polygynous and protogynous species, small males have no opportunity to acquire females in the vicinity of larger males that monopolize access to females, thus necessitating reversed sex change (see Chaps. 4 and 5). In size-assortative monogamy (size-matched pairings: e.g., the coral goby Paragobiodon echinocephalus), where the SA model predicts gonochorism, both sexes seek large mates and undergo bidirectional sex change to avoid the risk of movement (see Chap. 5), whereas in non-size-assortative monogamy, females accept smaller males (e.g., the protandrous anemonefishes) and do not undergo reversed sex change as in random mating (see Chap. 3).

### 1.4 Mating System and Social Control of Sex Change

Since many studies, both empirical and theoretical, have suggested mating systems as one of the important drivers of the evolution of hermaphroditism, the relationship between mating systems and hermaphroditism will be the main focus of this book. In this book we follow the classification of fish mating systems into seven types by

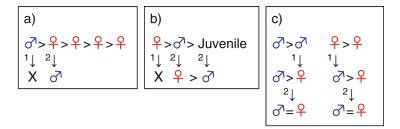


Fig. 1.4 Three types of social control of sex change. (a) protogyny in a harem (e.g., Labroides dimidiatus): (1) death of the male; (2) sex change of the largest female. (b) Protandry in a monogamous pair (e.g., Amphiprion bicinctus): (1) death of the female; (2) sex change of the male and maturation of the largest juvenile into a male. (c) Bidirectional sex change in a size-assortative monogamy (e.g., Paragobiodon echinocephalus): (1) sex change of the smaller male in a male-male pair and the larger female in a female-female pair; (2) growth-rate advantage in females

Kuwamura et al. (2020) and show the type of each hermaphroditic species in Table 1.2.

- 1. Random mating: Females mate with males regardless of the males' body size and without preference for larger males. Pair bonding (i.e., close and lasting association between a male and female) does not occur.
- 2. Non-size-assortative monogamy: Pair bonding of a male and a female occurs, in which females have no preference for male size and accept smaller males.
- 3. Size-assortative monogamy: Pair bonding of a male and a female occurs, in which both prefer larger mates, resulting in pairing of similar-sized mates.
- 4. Harem polygyny: A large male monopolizes a harem of females with territorial male-male competition.
- Male-territory-visiting polygamy: Females visit male territories to mate. Males may establish small territories during spawning time even within a multi-male group.
- 6. Group spawning: Spawning of a single female with multiple males occurs without continuous bonding, usually in a spawning aggregation.
- 7. Spawning aggregation: This category is used when spawning aggregation has been reported, but the detailed mating system is unknown (e.g., neither male territory nor group spawning has been reported).

Facultative monogamy in polygamous species, which may frequently occur in low-density conditions (Barlow 1984), is not shown in Table 1.2.

The mating systems and types of hermaphroditism observed in each species fit the predictions of the SA model in most cases (Kuwamura et al. 2020), and detailed examples will be presented in the following chapters. In the remainder of this section, three typical cases are used to explain the relationship between the type of mating system, social control of sex change, and the SA model (Fig. 1.4).

Social control of sex change was first confirmed by male-removal experiments in the haremic protogynous wrasse *Labroides dimidiatus* on a coral reef (Robertson 1972). Only the largest female of a harem can change sex after male-removal, and

smaller females are inhibited to change sex by the dominant fish (Fig. 1.4a). Within an hour after the removal of the male, the largest female started male courtship behavior and conducted pair spawning with a smaller female (Nakashima et al. 2000). Female-female spawning continued for a few weeks until the completion of gonadal change had occurred. The largest female can increase its fitness or reproductive success by changing sex to fertilize eggs of multiple females of its harem (Fig. 1.3b). Despite this benefit, it suffers the cost of sex change as it cannot reproduce during the sex change transition period. In general, an individual should change sex if it can increase its reproductive value (future expected reproduction) by doing so (Warner 1988; Munday et al. 2006). Reproductive values are often dependent on the local environment, local population demography, and the individual's own status, so labile sex change appears to be common.

In the protandrous anemonefish *Amphiprion bicinctus*, only the largest male can change sex after female removal from a monogamous pair, and the smaller fish will mature as males (Fricke and Fricke 1977: Fig. 1.4b). In monogamous pairs of anemonefish, the larger partner is female because it can produce more eggs than the smaller partner. Additionally, the female accepts a smaller male because even small males can guard eggs attached to the substrate adjacent to its host sea anemone whose tentacles often cover the egg clutch, thus protecting the eggs from predators. In such monogamous pairs in which the female is larger than the male, the rate of increase in male and female fitness with body size is similar to that seen in random mating fishes as shown in Fig. 1.3a (see Sunobe et al. 2022).

In contrast, monogamous pairs of the coral goby *P. echinocephalus* are size-assortative because females prefer large males that can guard a large clutch of eggs attached on the surface of coral branches (Kuwamura et al. 1994). Large pairs live in large coral heads, and small pairs in small corals. No SA in fecundity exists in such size-assortative pairs (Fig. 1.3c), but growth-rate advantage in females will favor protogyny (Iwasa 1991; Kuwamura et al. 1994). In newly formed pairs, the larger will become male: if two males meet, the smaller changes sex to female, and if two females meet, the larger changes sex to male (bidirectional sex change; Nakashima et al. 1995: Fig. 1.4c). The smaller female will grow faster than the male, which has less feeding time due to guarding the eggs, and therefore results in a size-assortative pair (Kuwamura et al. 1994). The reversed sex change (male-to-female) has also been reported in facultative monogamous pairs of the protogynous *L. dimidiatus* in low-density conditions, such as when females were removed from monogamous pairs. In this case, when two widowed males met, the smaller proceeded to change sex to female (Kuwamura et al. 2011, 2014).

The degree of social control depends on the type of mating system. This will be described in detail in the following chapters.

### 1.5 Physiological Mechanisms of Sex Change

The physiological mechanisms of sex change are not described in detail in this book, but are briefly summarized here. The mechanisms of socially cued sex change have been hypothesized as follows (e.g., in the bluehead wrasse *Thalassoma bifasciatum*, Todd et al. 2019). In the brain of the largest female of a social group, after the perception of a social cue (i.e., absence of a dominant male), cortisol increases isotocin expression to promote male-typical behaviors that rapidly establish social dominance. In the gonads, cortisol promotes transition from ovaries to testes via three pathways: (1) downregulates aromatase (cyp19a1a) expression to cease estrogen (17\beta-estradiol: E2) production and to decline feminizing expression, causing ovarian atresia; (2) upregulates amh expression, which can suppress feminizing genes and promote oocyte apoptosis while promoting masculinizing expression and spermatogonial recruitment; and (3) upregulates androgenic genes cyp11c1 and hsd11b2 to increase androgen (11-ketotestosterone: 11-KT) production which supports testicular development. Epigenetic reprogramming, via changes in sexually dimorphic DNA methylation, rewrites cellular memory of sexual fate and canalizes sex-specific expression.

In addition to the hypothalamic-pituitary-interrenal axis mentioned above, the hypothalamic-pituitary-gonadal axis has been proposed as the major signaling pathway regulating sex change in hermaphroditic fish (Casas and Saborido-Rey 2021). The hypothalamus released gonadotropin-releasing hormones (GnRH) in the brain, stimulating the pituitary to synthetize and secrete the two gonadotropins (GtHs: luteinizing hormone and follicle stimulating hormone) into the blood system. Subsequently, GtHs regulate the production of sex hormones in the gonad via their receptors, either follicle cells in the ovaries, or Leydig cells in the testes. However, despite intense research, significant gaps remain in our knowledge of the perception of environmental cues and how they are mediated by the social context, the mechanisms underlying their integration and processing at the brain level, and the exact roles of well-known players at the gonadal level (Casas and Saborido-Rey 2021).

### 1.6 Conclusions

- 1. Functional hermaphroditism has been reported in 481 fish species belonging to 41 families of 17 teleost orders. Simultaneous hermaphroditism is known in 57 species belonging to 13 families, and among species exhibiting sequential hermaphroditism, protogyny is much more common (314 species of 20 families) than protandry (62 species of 14 families) and bidirectional sex change (69 species of 7 families).
- Simultaneous hermaphroditism and protandry have evolved several times in not closely related lineages of Teleostei, whereas protogyny and bidirectional sex change have evolved widely and only in Percomorphaceae.

3. The evolution of hermaphroditism has been successfully explained by individual fitness, with two major hypotheses: the low-density model for simultaneous hermaphroditism and the size-advantage model for sequential hermaphroditism.

- 4. Mating system type is one of the important drivers of the evolution of hermaphroditism, and the relationship between mating systems and hermaphroditism will be focused on in the following chapters.
- 5. Sex change is socially controlled in many fishes, and its physiological mechanisms are briefly summarized.

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# **Chapter 2 Simultaneous Hermaphroditism in Fishes**



Kota Sawada

**Abstract** Simultaneous hermaphrodites have both male and female sexual functions at the same time. In this chapter, I briefly summarize the theories on the adaptive significance of simultaneous hermaphroditism and provide a detailed review of each teleost taxon having this sexual strategy, including Aulopiformes, *Kryptolebias* killifishes, Serranidae, and other understudied taxa. In Aulopiformes, simultaneous hermaphroditism is associated with deep-sea habitats and is most likely an adaptation to limited mating opportunities. *Kryptolebias* offer a unique case of mixed mating, including self-fertilizing hermaphrodites and males. Simultaneously hermaphroditic species of Serranidae exhibit diverse sexual and mating systems, including egg trading and harems. The lack of information on other taxa hampers any substantial discussion; however, some taxa offer important clues for understanding the evolution of hermaphroditism. Finally, I conclude with remarks on the apparent lack of evolutionary lability of simultaneous hermaphroditism and potential comparative approaches to this issue.

**Keywords** Androdioecy  $\cdot$  Egg trading  $\cdot$  Self-fertilization  $\cdot$  Simultaneous hermaphroditism

## 2.1 What Is Simultaneous Hermaphroditism?

Simultaneous hermaphrodites have both male and female sexual functions at the same time, in contrast to sequential hermaphrodites, which have only one sexual function at a time (Ghiselin 1969; Smith 1975; Charnov 1982; Leonard 2018). Owing to the simultaneous coexistence of male and female functions, some can reproduce via self-fertilization, whereas others reproduce via outcrossing obligately or facultatively (mixed mating; Jarne and Charlesworth 1993). Although this sexual system is observed in a wide range of plants and invertebrates, it is rather rare in

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fishes and has only been reported in Muraenidae, Cichlidae, Rivulidae, Polynemidae, and several families of Aulopiformes (Kuwamura et al. 2020). Some fishes morphologically have male and female gonads at the same time, but only one of them is functional at a time (e.g. St. Mary 1993, 1994; see Chap. 5). Because this book focuses on functional sexuality, I do not categorize them as simultaneous hermaphrodites.

Simultaneous hermaphrodites sometimes coexist with other sexual expressions within a species or population (Weeks 2012), forming androdioecy (simultaneous hermaphrodites and males) or gynodioecy (hermaphrodites and females). Androdioecy has evolved several times in various invertebrate taxa (Weeks et al. 2006a), such as barnacles (Sawada et al. 2015; Yusa 2018), and is also found in teleost fishes (discussed later). In contrast, gynodioecy is much rarer among animals in general (Weeks 2012) and is absent among teleosts. The only known example of this system in vertebrates is the Atlantic hagfish *Myxine glutinosa* (see Powell et al. 2004; Weeks 2012). Trioecy (the coexistence of males, females, and hermaphrodites) has been reported in a few species of Polynemidae (Nayak 1959; Kagwade 1967), although the details are not known.

As several androdioecious species are discussed in this chapter, it is worth clarifying the definition of the term "androdioecy." In this chapter, androdioecy is defined as a sexual system in which simultaneous hermaphrodites and males coexist. Note that this definition includes systems in which males and simultaneous hermaphrodites are at different stages of a life history trajectory, caused by ontogenetic transitions from simultaneous hermaphrodites to males, or vice versa. As will be discussed later, the former transition has been observed in a few teleost taxa. The latter is relatively common in invertebrates and is often categorized as protandric simultaneous hermaphroditism. Some authors, including myself, have defined androdioecy to exclude such cases and have applied the term only when there are distinct life history trajectories corresponding to males and simultaneous hermaphrodites (Pannell 2002; Yusa et al. 2013; Sawada et al. 2015; Pla et al. 2021). Although I acknowledge the usefulness of this narrower definition in other contexts, in this chapter, I adopt the broader definition to maintain consistency with the relevant literature (e.g. Weeks 2012; Erisman et al. 2013; Leonard 2018) and to avoid confusion regarding killifishes in which both primary and secondary (derived from hermaphrodites) males can be induced (see Sect. 2.4).

The occurrence of simultaneous hermaphroditism among teleost fishes is summarized in Table 2.1 (extracted and modified from Chap. 6). Functional simultaneous hermaphroditism has been confirmed in 57 species of teleosts; however, inconclusive evidence has been obtained for several other species. Note that I dismissed a considerable number of species listed as simultaneous hermaphrodites by Pla et al. (2021) because their references include literature that mentions sexuality (often for larger taxa rather than each species) but provides no species-level evidence (several species of Aulopiformes; Smith 1975; Sulak 1995; Ota et al. 2000; Davis and Fielitz 2010), a species catalogue without any description of the focal species (*Serranus notospilus*; Longley and Hildebrand 1941), a paper that only described an immature specimen of the focal species (*Parasudis truculenta*; Mead 1960), a

Table 2.1 List of simultaneous hermaphrodites in teleost fishes (extracted from Chap. 6)

	1			/- I			
Order-family	Species	Confirmed*	Androdioecy/ trioecy**	Mating system	Habitat	Refs.	Remarks
Anguilliformes							
Muraenidae	Gymnothorax griseus	Y	Z		Coral reef	Fishelson (1992)	
	Gymnothorax pictus	Y	z		Coral reef	Fishelson (1992)	
	Gymnothorax	Y	Z		Coral reef	Fishelson (1992)	
	thyrsaoideus						
Aulopiformes							
Ipnopidae	Bathymicrops	Y	Z		Deep sea	Nielsen (1966)	
	brevianalis						
	Bathymicrops regis	Y	N		Deep sea	Nielsen (1966)	
	Bathypterois	Y	Z		Deep sea	Mead (1960)	
	grallator						
	Bathypterois	Y	Z		Deep sea	Fishelson and Galil (2001);	
	mediterraneus					Porcu et al. (2010)	
	Bathypterois	Y	Z		Deep sea	Mead (1960)	
	quadrifilis						
	Bathypterois	Y	N		Deep sea	Mead (1960)	
	viridensis						
	Bathytyphlops	Y	Z		Deep sea	Nielsen (1966)	
	marionae						
	Bathytyphlops	Z	Z		Deep sea	Merrett et al. (1973)	g
	sewelli						
	Ipnops agassizii	Y	N		Deep sea	Nielsen (1966)	
	Ipnops meadi	Y	N		Deep sea	Nielsen (1966)	
							(1

(continued)

Table 2.1 (continued)

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Order-family	Species	Confirmed*	Androdioecy/ trioecy**	Mating system	Habitat	Refs.	Remarks
Giganturidae	Gigantura chuni	Y	z	Pair-bonding?	Deep sea	Johnson and Bertelsen (1991); Kupchik et al. (2018)	
	Gigantura indica	Y	z	Pair-bonding?	Deep sea	Johnson and Bertelsen (1991); Kupchik et al. (2018)	q
Bathysauridae	Bathysaurus ferox	Y	Z		Deep sea	Sulak et al. 1985	
	Bathysaurus mollis	Y	N		Deep sea	Sulak et al. 1985	
	Chlorophthalmus	Y	z		Deep sea	Follesa et al. (2004);	
Chlorophthalmidae	agassizi					Anastasopoulou et al. (2006); Cabiddu et al. (2010)	
	Chlorophthalmus brasiliensis	Y	z		Deep sea	Mead (1960)	
	Parasudis truculenta	Y	Z		Deep sea	Mead (1960)	
Notosudidae	Ahliesaurus brevis	Y	N		Deep sea	Bertelsen et al. (1976)	
Scopelarchidae	Benthalbella infans	Y	N		Deep sea	Merrett et al. (1973)	
	Scopelarchus guentheri	Y	Z		Deep sea	Merrett et al. (1973)	
Paralepididae	Arctozenus risso	Y	N		Deep sea	Devine and Guelpen (2021)	
	Lestidium pseudosphyraenoides	Y	Z		Deep sea	Mead (1960)	
Alepisauridae	Alepisaurus brevirostris	z	z		Deep sea	Gibbs (1960)	o
	Alepisaurus ferox	Z	Z		Deep sea	Gibbs (1960)	c
	Omosudis lowii	Y	z		Deep sea	Merrett et al. (1973); Smith and Atz (1973)	

Ovalentaria incertae sedis	sedis						
Pseudochromidae	Pseudoplesiops howensis	Z	Z		Coral reef	Cole and Gill (2000)	
Cichliformes							
Cichlidae	Satanoperca jurupari	¥	Z	Internal self- fertilization, bipa- rental mouthbrooder	Estuarine	Reid and Atz (1958); Matos det al. (2002)	
Cyprinodontiformes	-						
Rivulidae	Kryptolebias hermaphroditus	¥	A?	Internal self- fertilization	Freshwater/ brackish	Tatarenkov et al. (2009); Costa et al (2010); Berbel-Filho et al. (2016)	
	Kryptolebias marmoratus	<b>&gt;</b>	A	Internal self- fertilization, exter- nal outcrossing	Freshwater/ brackish	Harrington Jr (1961, 1963, 1971); Soto et al. (1992); Sakakura and Noakes (2000); Sakakura et al. (2006); Furness et al. (2015)	
	Kryptolebias ocellatus	×	A	Predominantly outcrossing	Freshwater	Tatarenkov et al. (2009); Costa et al. (2010); Berbel-Filho et al. (2020)	
Perciformes							
Polynemidae	Filimanus heptadactyla	Y	Т		Tropical sea	Nayak (1959); Kagwade (1967)	
	Polydactylus microstomus	Y	T		Tropical sea	Dorairaj 1973	
							(Posser;teros)

continued)

Table 2.1 (continued)

Table 2:1 (continued)	,						
Order-family	Species	Confirmed*	Androdioecy/ trioecy**	Mating system	Habitat	Refs.	Remarks
Serranidae	Bullisichthys caribbaeus	¥	z		Coral reef	Smith and Erdman (1973)	
	Diplectrum bivittatum	¥	z		Temperate sea	Touart and Bortone (1980)	
	Diplectrum formosum	Y	z		Temperate sea	Bortone (1971)	
	Diplectrum macropoma	Y	z		Temperate sea	Bortone (1977a)	
	Diplectrum pacificum	Y	z		Tropical sea	Bortone (1977b)	
	Diplectrum rostrum	Y	Z		Tropical sea	Bortone (1974)	
	Hypoplectrus aberrans	Y	z	Reciprocal pair spawning	Coral reef	Fischer (1981)	
	Hypoplectrus chlorurus	Y	z	Reciprocal pair spawning	Coral reef	Barlow (1975)	
	Hypoplectrus nigricans	Y	z	Reciprocal pair spawning, serial monogamy	Coral reef	Fischer (1980); Petersen (1991)	
	Hypoplectrus puella	Y	Z	Repeated pair spawning	Coral reef	Barlow (1975); Fischer (1981)	
	Hypoplectrus unicolor	Y	Z	Reciprocal pair spawning	Coral reef	Barlow (1975); Fischer (1981)	
	Serraniculus pumilio	Y	Z		Tropical sea	Hastings (1973)	

Serranus annularis	<u>\</u>	Z		Tropical	Bullock and Smith (1991)	
				sea		
Serranus atricauda	¥	z		Temperate sea	García-Díaz et al. (2002)	
Serranus auriga	¥	z		Temperate sea	Militelli and Rodrigues (2011)	
Serranus baldwini	¥	A	Harem	Tropical sea	Fischer and Petersen (1986); Petersen and Fischer (1986)	
Serranus cabrilla	Y	z		Temperate sea	García-Díaz et al. (1997)	
Serranus hepatus	¥	z		Temperate sea	Bruslé (1983)	
Serranus phoebe	Y	Z		Tropical sea	Smith (1959)	
Serranus psittacinus	Y	A	Harem, monogamy, complex harem	Tropical sea	Hastings and Petersen (1986); Petersen (1987; 1990a, 1990b)	
Serranus scriba	Y	z		Temperate sea	Zorica et al. (2005); Tuset et al. (2005)	
Serranus subligarius	Y	z	Reciprocal pair spawning, promiscuous	Temperate sea	Hastings and Bortone (1980); Oliver (1997)	
Serranus tabacarius	¥	z	Reciprocal pair spawning, promiscuous	Coral reef	Petersen 1995	
Serranus tigrinus	Y	z	Monogamy, pair spawning	Coral reef	Pressley (1981); Petersen (1991)	
						(bouring)

continued)

Table 2.1 (continued)

Order-family	Species	Confirmed* Androdioed	Androdioecy/ trioecy**	Mating system	Habitat	Refs.	Remarks
	Serranus tortugarum	¥	Z	Reciprocal pair spawning, serial monogamy, monogamy	Coral reef	Fischer (1984b); Fischer and Hardison (1987); Petersen (1991); Hart (2016)	
	Pseudogramma gregoryi	Y	Z		Coral reef	Coral reef Smith and Atz (1969)	

Order and family names are arranged following Nelson et al. (2016), and genus and species in alphabetical order within each family and genus, respectively. ? indicates that it is suggested but not confirmed

\*Y yes, N no, \*\*N neither and rodioecy nor trioecy, A androdioecy, T trioecy

<sup>a</sup>Male function not confirmed

<sup>b</sup>Clarke and Wagner (1976) described males and one matured female for Bathyleptus lisae, a synonym of Gigantura indica

Poor fixation of gonad

<sup>d</sup>Reid and Atz (1958) described mating behavior by males and females

review discussing functionally sequential hermaphrodites (*Priolepis* spp.; Cole 2010), or a completely irrelevant paper on a different taxon (*Stemonosudis macrura*; Leem et al. 1998).

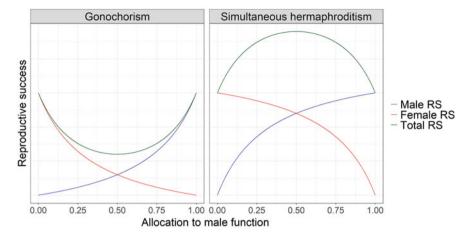
In this chapter, I first briefly summarize the evolutionary theory of simultaneous hermaphroditism. Then, I provide reviews of three taxa (deep-sea aulopiforms, *Kryptolebias* killifishes, and serranids) that are relatively well studied in relation to the evolutionary conditions of simultaneous hermaphroditism. I conclude with a perspective on the evolutionary patterns of this sexual strategy.

## 2.2 Evolutionary Theory for Simultaneous Hermaphroditism

Two hypotheses have been widely recognized as explanations for the adaptive significance of simultaneous hermaphroditism in animals (Sawada and Yamaguchi 2020). The "low-density" hypothesis argues that simultaneous hermaphroditism is favored under conditions of limited mating opportunity because of low population density or limited mate-search ability (Tomlinson 1966; Ghiselin 1969; Smith 1975). When finding a mate is extremely difficult, hermaphrodites are more advantageous than gonochorists because (1) they can reproduce via self-fertilization without any mating encounter or (2) they can outcross with every conspecific adult they encounter, in contrast to gonochorists, who need to find an opposite-sex adult to reproduce. This hypothesis is often mentioned as an explanation for simultaneous hermaphroditism in deep-sea fishes (Ghiselin 1969; Merrett 1994).

Another hypothesis is called the "diminishing return hypothesis" (Charnov et al. 1976; Charnov 1982), which argues that diminishing fitness returns on investment in one sexual function favors simultaneous hermaphroditism (Fig. 2.1). For example, if reproductive success as a female is limited by brooding space, investing all available resources in female function should be wasteful; thus, it is adaptive to allocate some resources to male function (Heath 1979; Charnov 1982). The reproductive success of a male is limited by local sperm competition (Schärer 2009). If the mating group size is limited, e.g., by low population density or mobility, and thus sperm competition is weak, excess investment in male function (sperm production) is wasteful because it causes competition among sibling sperm over a limited number of eggs produced by individuals in the same group. As a result, allocating resources to both sexual functions (i.e., simultaneous hermaphroditism) is the optimal strategy. Local egg competition may also favor simultaneous hermaphroditism when sibling eggs compete, for example, over sperm or brooding spaces (Charnov 1982; Henshaw et al. 2014b). Diminishing fitness return can be caused by other peculiar mechanisms such as egg trading (see Sect. 2.5).

Although both hypotheses predict the evolution of simultaneous hermaphroditism under low mate availability or population density, the detailed prediction differs qualitatively (Charnov et al. 1976; Sawada and Yamaguchi 2020). For example, the



**Fig. 2.1** A schematic drawing of evolutionary conditions favoring gonochorism and simultaneous hermaphroditism under diminishing return hypothesis (Charnov et al. 1976; Charnov 1982). The horizontal axis represents the proportion of reproductive resources allocated to male function. The vertical axis represents reproductive success (RS) as a male (blue), as a female (red), and in total (green). If the fitness return on each sexual function is increasing (left), total reproductive success is optimized by allocating all resources to male or female function (i.e., gonochoristic males or females). In contrast, if the fitness return is diminishing (right), intermediate allocation (i.e., simultaneous hermaphroditism) is optimal

low-density hypothesis does not predict hermaphroditism when individuals easily find a limited number of mates, but find it difficult to obtain additional mates, in contrast to the diminishing return hypothesis. Such a situation is likely to occur in sessile and aggregative organisms (Sawada and Yamaguchi 2020).

### 2.3 Deep-Sea Aulopiforms

It is often mentioned that simultaneous hermaphroditism is common among deep-sea fishes (Warner 1984; Herring 2001). More than one-third of fish species confirmed to be simultaneous hermaphrodites are deep-sea dwellers (Table 2.1). This proportion is remarkably high, given the scarcity and difficulty of studies on deep-sea species (cf. only six species, out of approximately 400 species for which sequential hermaphroditism is confirmed, live in deep sea; Kuwamura et al. 2020). However, this does not imply that simultaneous hermaphroditism has frequently evolved in the deep sea because these species represent a single origin of hermaphroditism in the order Aulopiformes.

Among the three extant suborders of the order Aulopiformes (Nelson et al. 2016), only Alepisauroidei (Fig. 2.2) is hermaphroditic, and others (Aulopoidei and Paraulopoidei) are gonochoristic (Smith 1975; Davis and Fielitz 2010). Although direct evidence of functional simultaneous hermaphroditism has been obtained from



**Fig. 2.2** Greeneye *Chlorophthalmus borealis*. Although this species is not listed in Table 2.1 due to the lack of matured specimens collected, all species in the suborder Alepisauroidei are presumed to be simultaneous hermaphrodites. (Photos taken by the author at Aquamarine Fukushima, Fukushima, Japan, and used under the permission from Aquamarine Fukushima)

only 21 species in eight families (Ipnopidae, Giganturidae, Bathysauridae, Chlorophthalmidae, Notosudidae, Scopelarchidae, Paralepididae, and Alepisauridae) of Alepisauroidei (Kuwamura et al. 2020), weak evidence is available for several other species of Alepisauroidei (Gibbs 1960; Merrett 1980; Iwami and Takahashi 1992), including Evermannellidae (Merrett et al. 1973). It is widely accepted that all species in this suborder are simultaneous hermaphrodites (Johnson 1982; Davis and Fielitz 2010). There is no evidence of self-fertilization in these fishes (Davis and Fielitz 2010) although it might be possible morphologically (Mead et al. 1964; Cabiddu et al. 2010).

Phylogenetic studies have suggested that hermaphroditism evolved only once in the common ancestor of Alepisauroidei (Baldwin and Johnson 1996) during the Early Cretaceous, from gonochoristic ancestors (Davis and Fielitz 2010). This is the oldest known origin of hermaphroditism in vertebrates (Davis and Fielitz 2010).

In the deep sea, population density is generally low because of low productivity (Herring 2001), although there are some exceptions, such as greeneyes (Chlorophthalmidae), which are often abundant on continental shelves (Mead et al. 1964) or live in large shoals (Anastasopoulou et al. 2006). In low-density populations, finding mates is likely to be difficult. Thus, simultaneous hermaphroditism in deep-sea aulopiforms is regarded as evidence for the low-density hypothesis (Mead et al. 1964; Ghiselin 1969; Warner 1984). The lack of hermaphroditism in shallow-water aulopiforms (Aulopoidei) supports this hypothesis (Erisman et al. 2013). In addition, under conditions of limited mating opportunities owing to low

density, weak sperm competition also favors hermaphroditism because of diminishing returns on investment in male function (Charnov et al. 1976). It is possible that group living is disadvantageous in the deep sea because of low food availability, preventing the opportunity for multiple matings, even if finding a mate is possible. In summary, it is plausible that hermaphroditism in this taxon is an adaptation to deep-sea environments, although the detailed selective pressure is unclear.

A major bottleneck in understanding the evolution of hermaphroditism in deep-sea fishes is the difficulty in directly observing mating behavior. However, some information can be obtained from behavioral observations and other indirect evidence. Kupchik et al. (2018) suggested pair-bonding in telescopefishes *Gigantura indica* and *G. chuni*, based on video observations using remotely operated vehicles and an excess of even-numbered catch (i.e., records of even-numbered catch were more frequent than expected from random occurrence). They also mentioned a similar unpublished observation of barracudinas (Paralepididae). Given the presumed difficulty of mate acquisition outside a pair, it is plausible that these species reproduce via monogamous mating between hermaphrodites, although no direct evidence is available. Another in situ observation of deep-sea aulopiforms is available for the Japanese greeneyes *Chlorophthalmus albatrossis* or *C. borealis* (Yamauchi 2008; Fig. 2.2), although this may not be informative about their mating system because unfortunately, no mature individuals were found in these species (Hirakawa et al. 2008).

Comparative approaches will help us to understand the evolution of simultaneous hermaphroditism in the deep sea. First, we can compare hermaphroditic and gonochoristic lineages within Aulopiformes (Erisman et al. 2013). Unfortunately, the phylogenetic distribution of sexuality within Aulopiformes cannot be subjected to statistical comparative analyses because of the single evolutionary transition of sexuality (Davis and Fielitz 2010). Nevertheless, comparisons between hermaphroditic and gonochoristic suborders will be useful in gaining insight. Maile et al. (2020) estimated that the common ancestor of Aulopiformes was deep-benthic and that Aulopoidei secondarily invaded shallow seas, whereas Paraulopoidei and Alepisauroidei remained in deep seas.

Among the Aulopoidei, information on mating systems is available for two lizardfish species, *Synodus dermatogenys* and *S. ulae*. The sand lizardfish *S. dermatogenys* forms lek-like aggregations outside their feeding sites and exhibits group spawning at high density and pair spawning at low density (Donaldson 1990). Pair spawning and frequent courtship/aggressive behavior have been observed in the red lizardfish, *S. ulae* (Zaiser and Moyer 1981). Although no information is available on the mating systems in Paraulopoidei, it is interesting to note that many species are sexually dimorphic in fin coloration and/or elongation (Sato and Nakabo 2003), suggesting some sort of sexual selection. It is also worth noting that they are gonochoristic despite often being distributed in the deep seas (Sato and Nakabo 2003). As sexual selection should be weak in situations assumed by the low-density hypothesis (Sekizawa et al. 2019), mating systems may differ greatly between Paraulopoidei and Alepisauroidei, even though their depth ranges overlap.

Another comparison can be made between hermaphroditic aulopiforms and other deep-sea fishes with different adaptations to deep-sea environments (Cocker 1978). For example, male dwarfism and male-female association, which are adopted by some anglerfishes and various invertebrates, also provide a way to assure reproduction under low density (Ghiselin 1969; Pietsch 1976, 2005) or low food availability (Yamaguchi et al. 2012). Sexually dimorphic bioluminescence can increase the efficiency of mate searches (Herring 2007). Sexual dimorphism in traits related to sound communication (otoliths and swimbladders) in deep-sea cusk eels may also help fish to locate potential partners (Schwarzhans 1994; Haedrich 1996). The evolutionary conditions for these different strategies to ensure reproduction in the deep seas have not been fully explored.

#### 2.4 Self-Fertilization and Androdioecy in Killifishes

Mangrove rivulus (*Kryptolebias marmoratus*; Fig. 2.3) and a few other *Kryptolebias* species are simultaneous hermaphrodites and the only known teleosts that routinely engage in self-fertilization (Avise and Tatarenkov 2012). Additionally, males are known at least in some species, i.e., they are androdioecious. I first discuss the sexual system of *K. marmoratus*, the most extensively studied species in this genus, and then discuss other hermaphroditic species.

Kryptolebias marmoratus lives within mangroves over a wide range of neotropical coastlines of the western Atlantic, Caribbean Sea, and Gulf of Mexico (Taylor 2000, 2012). This species is found in unique microhabitats including intermittently dry pools and crab burrows and feeds on aquatic and terrestrial invertebrates (Taylor 2012). Most individuals are simultaneous hermaphrodites (Fig. 2.3a), can reproduce via internal self-fertilization (Harrington Jr 1961), and never outcross with other hermaphrodites (Furness et al. 2015) as far as known. Although Cole and Noakes (1997) suggested the existence of a female phase because ovarian tissues mature





**Fig. 2.3** Mangrove rivulus *Kryptolebias marmoratus*, an androdioecious species (Table 2.1) including simultaneous hermaphrodites (**a**) and males (**b**), the latter can be distinguished by orange coloration. (Photos provided by Brooke Fitzwater and Ryan Earley of The University of Alabama)

earlier than testicular tissues do (i.e., protogynous simultaneous hermaphroditism), this phase is unlikely to be functional (Gresham et al. 2020). Testicular tissues occupy only a small portion of the ovotestis (Soto et al. 1992), likely because of internal self-fertilization and lack of sperm competition.

The males (Fig. 2.3b) of K. marmoratus are derived from two developmental pathways. Under laboratory conditions, the development of primary males is induced by rearing embryos at low temperatures such as 18-20 °C (Harrington Jr 1967). However, the temperature range is lower than the temperature that this species experiences in its natural habitat and is so low that hermaphrodites usually do not oviposit (Turner et al. 2006), suggesting that these primary males are absent or rare in nature (Earley et al. 2012). Secondary males, derived from simultaneous hermaphrodites via the loss of female function, are likely to be ecologically relevant (Earley et al. 2012). The transition from hermaphrodites to males is induced by environmental conditions, such as high temperature and short daytime (Earley et al. 2012), but is also observed in common laboratory conditions (Gresham et al. 2020). The frequency of transition is also genetically controlled, as suggested by the different frequencies of secondary males among different lineages, even under the same rearing conditions (Turner et al. 2006; Gresham et al. 2020). Turner et al. (2006) hypothesized that this variation depends on the degree of heterozygosity. Both primary and secondary males can be distinguished from hermaphrodites by the presence of orange pigmentation (Fig. 2.3b), although a small proportion of males lack this coloration (cryptic male, Marson et al. 2018).

Kryptolebias marmoratus exhibits mixed mating, that is, both self-fertilization and outcrossing (Mackiewicz et al. 2006c). Although hermaphrodites usually lay fertilized eggs via internal self-fertilization, a small number of unfertilized eggs are also released, offering males the opportunity for siring. The occurrence of outcrossing between hermaphrodites and males has been demonstrated under laboratory conditions using microsatellite DNA (Mackiewicz et al. 2006a), and population genetic studies have supported that outcrossing also occurs in the field (Lubinski et al. 1995; Mackiewicz et al. 2006b, c). According to Kristensen (1970), hermaphrodites oviposit a small number of unfertilized eggs on substrata and males simultaneously fertilize them. Taylor (2012) noted an unpublished observation of "many of the classic killifish courtship/spawning behaviors: recurved bodies coupling closely and vibrating" between a male and a hermaphrodite.

To understand the reproductive strategies of *K. marmoratus*, three questions need to be addressed: why is simultaneous hermaphroditism with selfing adaptive, why do hermaphrodites occasionally outcross with males, and why do they lose female function to change into males? The answer to the first question is likely the low-density hypothesis (Ghiselin 1969). *Kryptolebias marmoratus* possesses a set of traits that facilitate frequent colonization (Avise and Tatarenkov 2012). For example, they can survive and migrate out of water ("emersion") and exhibit various morphological and physiological adaptation for emersion, which is triggered by water quality (hydrogen sulfide concentration) and intraspecific aggression (Taylor 2012). Just after colonization of a novel habitat, population density is extremely low and mating opportunities are highly limited. As a result, simultaneous

hermaphroditism with selfing should be adaptive to assure reproduction. Frequent colonization of novel habitats is suggested to be an evolutionary driver of selfing hermaphroditism in other animals, such as tadpole shrimps (Baker 1955; Mathers et al. 2013). Avise and Tatarenkov (2012) tested an alternative hypothesis that selfing is advantageous because it preserves locally adapted sets of alleles, but found no support for the hypothesis because locally common multilocus genotypes predicted from the hypothesis were not detected.

Why do hermaphrodites occasionally outcross with males? Hermaphrodites prefer to associate with males compared to other hermaphrodites (Martin 2007; Ellison et al. 2013), suggesting that outcrossing is beneficial, at least under some conditions. One possible benefit is avoidance of inbreeding depression. The male preference for genetically dissimilar hermaphrodites supports this hypothesis (Ellison et al. 2013). The lack of such a preference in hermaphrodites may be explained by the rarity of males (Ellison et al. 2013). Ellison et al. (2011) demonstrated that individuals with higher genome-wide heterozygosity (i.e., derived from outcrossing) are less susceptible to parasites than those with lower heterozygosity (i.e., derived from selfing), offering a possible mechanism of inbreeding depression in this species. It is worth noting that this mechanism can explain why inbreeding depression has not been lost despite frequent selfing. If inbreeding depression is caused by recessive deleterious alleles, it will be purged by frequent inbreeding, including selfing. In contrast, if parasite resistance depends on genome-wide heterozygosity itself, inbreeding depression persists because inbreeding always increases homozygosity. Hermaphrodites have the "best of both worlds" (Ellison et al. 2011), by assuring mating under low density after colonization via selfing and increasing parasite resistance under high density (a high risk situation of parasite infection, see Arneberg et al. 1998).

By transitioning to males, hermaphrodites lose all reproductive success via female function. Therefore, there should be an advantage that complements this loss of fitness. One possibility is that males can mate with multiple hermaphrodites and, as a result, achieve high siring success in total. However, no data are available to test this hypothesis in the field, likely because of the difficulty in observing this fish in its muddy habitat. Gresham et al. (2020) proposed another hypothesis: loss of female function leads to a high survival rate, especially under stressful conditions. They demonstrated that individuals who changed sex to male had a higher survival rate under harsh conditions (high salinity and low water availability) than those who retained both sexual functions. Note that mating and survival advantages are not mutually exclusive and may work together to determine the costs and benefits of being male.

In summary, *K. marmoratus* takes advantage of selfing to ensure reproduction under low population density, likely after colonization. In addition, some hermaphrodites lose female function and become males, thereby increasing their survival under stressful conditions. Outcrossing between males and hermaphrodites increases heterozygosity and parasite resistance of their offspring. However, this scenario is still hypothetical and likely to be oversimplified. For example, Gresham et al. (2021) reported outbreeding depression for several fitness components. How multiple factors (inbreeding depression, outbreeding depression, and reproductive assurance)

interact to produce the net fitness payoffs of selfing remains unresolved and may vary depending on environmental conditions such as population density, environmental stress, and parasites.

The reproductive biology of *K. marmoratus* exhibits considerable geographical variation throughout its range. The frequency of males varies from almost absent to approximately 20% (Turner et al. 1992; Mackiewicz et al. 2006b; Marson et al. 2018) and the frequency of outcrossing varies accordingly (Tatarenkov et al. 2015). Individuals from the population with the highest male frequency (Twin Cays, Belize) showed a higher propensity to produce secondary males than those from other populations, even in the "common garden" (i.e., rearing in the same condition) experiment (Turner et al. 2006). Yamaguchi and Iwasa (2021) theoretically analyzed the coupled evolution of male frequency and selfing propensity in androdioecious species, especially *K. marmoratus* as a model, and predicted that either populations with selfing-oriented hermaphrodites and no males or populations with outcrossoriented hermaphrodites and highly frequent males (>20%) are evolutionarily stable, depending on the extent of inbreeding depression and mating opportunities. It would be interesting to examine whether geographic variation in male production in K. marmoratus reflects the alternative stable states predicted by Yamaguchi and Iwasa (2021). It is worth noting that populations with low male frequency (<20%) cannot be stable as isolated populations in their models, and migration from maleabundant populations to male-absent populations will help explain the low frequency of males commonly observed in the field (Yamaguchi and Iwasa 2021).

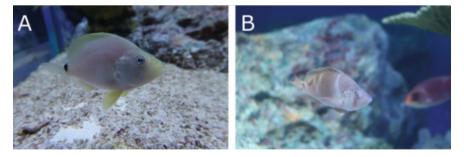
According to the nomenclature of Costa (2011), Kryptolebias includes two other hermaphroditic species, K. ocellatus and K. hermaphroditus. Interestingly, these three hermaphroditic species have different mating patterns, although they are closely related (Costa et al. 2010; note that K. caudomarginatus and K. ocellatus in Costa et al. 2010 correspond to K. ocellatus and K. hermaphroditus in Costa 2011, respectively). Until recently, K. hermaphroditus was regarded as a purely hermaphroditic species (Costa 2011), despite a few unsubstantiated records of males (Costa 2006) and histological observations (atretic follicles in hermaphrodite gonads) suggesting the possibility of transition into secondary males (Costa et al. 2010). Berbel-Filho et al. (2016) reported only one male individual, based on external morphology (i.e., not histologically examined to maintain the integrity of the unique specimen). Tatarenkov et al. (2011) found only one heterozygous individual, and as a result, the estimated selfing rate was very high. These findings suggest that although K. hermaphroditus is androdioecious, males and outcrossings are rare in this species. In contrast, population genetic studies on K. ocellatus have indicated that outcrossing is predominant in this species (Tatarenkov et al. 2009; Berbel-Filho et al. 2020). In addition, males are likely to be more frequent in this species than in the other two species because equal numbers of males and hermaphrodites were collected during a field survey (Costa 2006; Costa et al. 2010). Even the functionality of hermaphroditism in this species is doubted (Tatarenkov et al. 2009), although its gonadal structure is similar to that of other hermaphroditic species (Costa 2006). Whether the species is functionally gonochoristic or retains the ability to selffertilize as a last resort to assure reproduction when no males are available is unclear.

If the former is true, then the species should be removed from the list of functional hermaphrodites. Either way, it is clear that *K. ocellatus* is predominantly outcrossing.

Among the three hermaphroditic species of Kryptolebias, the two species in which males and outcrossings are rare (K. marmoratus and K. hermaphroditus) are most closely related and K. ocellatus is located at the basal position (Tatarenkov et al. 2009; Costa et al. 2010). As a result, simultaneous hermaphroditism (at least morphologically) was estimated to have evolved once at the common ancestor of these species, and then the reduction in males and outcrossings occurred at the common ancestor of K. marmoratus and K. hermaphroditus (Costa et al. 2010). According to this reconstruction, hermaphroditism in K. ocellatus cannot be regarded as a vestigial trait inherited from a functionally hermaphroditic ancestor. A phylogenetic analysis within K. marmoratus suggests that the Belize population, in which males and outcrossings are more frequent than that in other populations (Tatarenkov et al. 2015), is not basal and located within the clade of other populations with few or no males and outcrossings (Weibel et al. 1999). This implies that males and outcrossings, once reduced in the ancestral species of K. marmoratus and K. hermaphroditus, secondarily increased in this population. Both betweenspecies variation within the genus and within-species geographic variation of sexual and mating systems offer opportunities to understand the evolution of sexual systems in Kryptolebias.

#### 2.5 Hermaphroditism and Egg Trading in Serranids

The third well-studied group of simultaneous hermaphrodites in fishes is the dwarf seabass from the family Serranidae (Fig. 2.4). Self-fertilization is thought to be absent in this family under natural conditions (Fischer 1981; Petersen 2006; Avise and Mank 2009) despite the gametes being self-compatible under laboratory



**Fig. 2.4** Simultaneously hermaphroditic serranid species, butter hamlet *Hypoplectrus unicolor* (a) and barred hamlet *H. puella* (b). Both species mate with egg trading (Table 2.1). (Photos taken by the author at Sunshine Aquarium, Tokyo, Japan, and used under the permission from Sunshine Aquarium)

conditions (Clark 1959; Fischer 1981). In this family, all species in the "Serranus clade" (Erisman and Hastings 2011), that is, the genera Diplectrum, Hypoplectrus, Serranus, and Serraniculus, exhibit simultaneous hermaphroditism as far as known, representing a single origin of this sexual system (Erisman and Hastings 2011; Erisman et al. 2013). A special type of androdioecy, in which larger individuals lose female function and become males, has evolved from pure simultaneous hermaphroditism and is represented by two Serranus species, S. psittacinus, and S. baldwini (Petersen 2006; Weeks 2012). In addition, simultaneous hermaphroditism is reported in the pugnose bass Bullisichthys caribbaeus (Smith and Erdman 1973) and the reef bass *Pseudogramma gregoryi* (Smith and Atz 1969). Although the former is classified under the subfamily Serraninae, its phylogenetic position is unknown; hence, its relationship with the Serranus clade remains unclear. The latter is the only simultaneously hermaphroditic species in the subfamily Epinephelinae and is estimated to represent another evolutionary transition to simultaneous hermaphroditism (Smith and Atz 1969; Erisman et al. 2009). Unfortunately, the mating behavior of these two species is not yet known (Erisman et al. 2009; Erisman and Hastings 2011). Therefore, I focused on the Serranus clade, especially the genera Hypoplectrus (Fig. 2.4) and Serranus, which includes species that have been extensively studied both empirically and theoretically.

Unlike deep-sea aulopiforms and highly colonizing rivulus, mating opportunities are apparently not scarce in the Serranus clade, which lives in shallow coral reefs, usually at a high density (Fischer 1980). Therefore, the low-density hypothesis (Ghiselin 1969) cannot explain simultaneous hermaphroditism in this clade (Warner 1984). To explain this using the hypothesis of Charnov et al. (1976), there should be some factors that cause diminishing fitness returns on investment in one sexual function, especially in the male function, because in general, it is easier for males to achieve additional reproductive success by investing more in mate acquisition. The harlequin bass Serranus tigrinus forms long-term, size-assortative pairs that jointly defend territories (used for both feeding and spawning) and mates within pairs, although sometimes a solitary fish participates in a spawning event that results in group spawning (Pressley 1981). During a spawning bout, each member of a pair does not always spawn in both sexual roles; that is, sometimes one member plays only the male role, and the other plays only the female role (Pressley 1981), indicating a lack of egg trading (see below), at least within a day. In this species, the need for long-term pair-bonding for territory defense, and probably the limitation of time available for spawning (spawning only occurs in the late dusk), may inhibit mate acquisition outside the pair (Fischer 1984a; Warner 1984). Consequently, pure males cannot achieve a high mating success to complement the loss of female function. In addition, because hermaphrodites allocate a large fraction of reproductive resources to female function owing to the lack of sperm competition in monogamous systems, it is difficult for pure females to achieve sufficient fecundity to complement the loss of male function (Fischer 1980; Henshaw et al. 2015). Although this hypothesis is plausible, it cannot explain why many other fishes with similar mating systems (monogamy, joint territory defense, and short spawning time) are not simultaneous hermaphrodites (Warner 1984).

Egg trading, another possible mechanism that restricts male mating success, has been observed in all Hypoplectrus species whose mating has been studied and in three Serranus species (Barlow 1975; Fischer 1984a; Fischer and Petersen 1987; Petersen 2006). In egg trading, individuals spawn in pairs, divide their clutches into multiple parcels, and typically take turns playing male and female roles with their partners multiple times in one spawning bout (Fischer 1980, 1984a; Hart et al. 2016). If the partner does not reciprocate by releasing eggs, the next spawning is delayed (Fischer 1980; Petersen 1995). Egg trading has also been observed in the hermaphroditic polychaete Ophryotrocha diadema (Picchi and Lorenzi 2018). Through egg trading, individuals avoid being cheated by individuals who only play the male role, which is more favorable than a female role because of cheaper physiological costs (Leonard 1993). This behavior has been studied both as a rare example of direct reciprocity in animals (Friedman and Hammerstein 1991; Henshaw et al. 2014a; Peña et al. 2020) and as a potential mechanism for stabilizing simultaneous hermaphroditism (Fischer and Petersen 1987; Fischer 1988; Petersen 2006; Henshaw et al. 2015). Under the prevalence of egg trading, fitness returns to male investment should diminish, because individuals cannot sire partners' eggs without offering their own eggs. Theoretical studies (Fischer 1984b; Henshaw et al. 2015) have shown that egg trading stabilizes simultaneous hermaphroditism under relatively high mating opportunities, which otherwise enable the invasion of cheaters (i.e., individuals who do not pay the cost of the female role).

The mating systems of egg-trading species are considerably diverse. For example, the black hamlet *Hypoplectrus nigricans* and the chalk bass *Serranus tortugarum* are serially monogamous; that is, a hermaphrodite typically mates with a single partner per day and with the same partner on successive days (Fischer and Petersen 1987; Hart et al. 2016). In contrast, hermaphrodites in the tobbacofish *Serranus tabacarius* mate with 3.2 partners per day on average, although they often mate with the same partner several times (Petersen 1995). The belted sandfish *Serranus subligarius* also mates with multiple neighboring individuals (Oliver 1997). In addition, the frequency of streaking varies depending on species (Petersen 2006) and density (Oliver 1997; Hart et al. 2010). However, the effects of mating system diversity on the evolutionary stability of egg trading and simultaneous hermaphroditism are not fully understood.

Contrary to the prediction of ideal egg trading, hermaphrodites in these species often play male and female roles asymmetrically, particularly in relation to body size (Petersen 2006). In general, larger hermaphrodites play a male role more frequently (Fischer 1980; Petersen 1995; Oliver 1997). Again, the effect of such asymmetry on mating roles is not yet understood (Petersen 2006). In the chalk bass, fecundity correlates strongly between partners partly owing to, but stronger than predicted by, size-assortative mating (Hart et al. 2016). This resource matching may stabilize reciprocity even under variations in body size among individuals. Petersen (2006) also noted that sperm competition caused by streaking, combined with the increased fecundity of large hermaphrodites, may disfavor a pure male tactic by large individuals in the same manner as a protogynous fish, in which the largest females do not change sex (Muñoz and Warner 2003). However, it should be noted that intense

sperm competition may not necessarily disfavor increased male allocation. On the contrary, increased streaking and extra-pair mating under high population density leads to increased male allocation in the chalk bass (Hart et al. 2010), as predicted by the theory of sex allocation under local mate competition (Charnov 1982; Schärer 2009).

The most extreme case of male-biased sex roles by larger individuals occurs in two haremic Serranus species, the lantern bass S. baldwini (Petersen and Fischer 1986) and the barred serrano S. psittacinus (Hastings and Petersen 1986; Petersen and Fischer 1996). These species are closely related, suggesting a single origin for androdioecy in these taxa (Erisman and Hastings 2011). Egg parceling does not occur in these species (Fischer and Petersen 1987). In the lantern bass, large individuals lose female function, become secondary males, and defend the harems of several smaller hermaphrodites. This transition to males is similar to protogynous sex change explained by the size-advantage hypothesis (Fischer and Petersen 1987); that is, individuals change sex to male when they are large enough to monopolize mating with multiple females (or female-role hermaphrodites). Males reduce general activity and increase aggression toward conspecifics during the reproductive period, likely to prevent hermaphrodite-hermaphrodite mating, suggesting that they reallocate resources from female to male function (Petersen and Fischer 1986). Hermaphrodites spawn daily in the female role with the harem males but rarely spawn in the male role. It is not clear why smaller individuals have a male function, despite rarely utilizing it (Petersen and Fischer 1986). Petersen and Fischer (1986) proposed multiple hypotheses, including (1) simultaneous hermaphroditism enables faster transition to males, with a shorter delay than a protogynous sex change, and (2) simultaneous hermaphroditism is adaptive in habitats other than the study area. If (1) is the primary adaptive significance of simultaneous hermaphroditism, lantern bass would be functionally close to protogyny. Reducing the temporal cost of sex change through bisexual gonadal structure has been observed in some gobies that conduct bidirectional sex change (Yamaguchi and Iwasa 2017). Variation in mating systems, predicted by (2), has been reported in barred serrano (Petersen 1990a).

The barred serrano *S. psittacinus* exhibits plastic mating systems that depend on the population density (Petersen 1990a, 2006). First, under moderate density, a social group is a harem, similar to the lantern bass. Harem males successfully monopolized the male role within the harem, and mating between hermaphrodites was rarely observed. Small hermaphrodites may spawn in the male role via streaking, although this is infrequent (6.6% of spawning events). Sometimes, a hermaphrodite, rather than a male, dominates the harem. The dominant hermaphrodites were smaller than the harem males and spawned in the female role with males in the adjacent harems. Second, under low density, they reproduce monogamously within isolated pairs (Petersen 1990a). Each member of a pair spawns daily in both the male and female roles. This monogamous mating system is similar to that of the harlequin bass *S. tigrinus*, although in the harlequin bass, both members do not necessarily play both sexual roles per day (Pressley 1981). Finally, under high density, a unique system called a "complex harem" is formed (Petersen 1990a). Within complex harems, mate monopolization by dominant males is incomplete. Some

hermaphrodites are "subdominant" and mate with the dominant males in the female role. However, they dominate a "sub-harem" consisting of other hermaphrodites and mate with the members of the sub-harem in the male role. Members of a sub-harem mate almost exclusively with a subdominant.

Harems and complex harems in barred serrano represent an example of a contrasting structure of hermaphroditic society, as compared to sequential hermaphrodites who adopt dichotomous tactics (males or females) in terms of sexuality (Wong et al. 2012; Sawada et al. 2017) depending on social conditions. To understand this unique system, we must explain why male function is maintained by nondominants and why dominant males tolerate subdominants (Iwasa and Yamaguchi 2022).

Plasticity in mating systems may help to understand why hermaphrodites maintain male function rather than being pure females. The male function of subordinates in harems and of hermaphrodites other than subdominants in complex harems still contributes little to reproductive success and is wasteful, at least in the short term. However, hermaphrodites may achieve male reproductive success when they become a pair member in isolated pairs or a subdominant in complex harems, in addition to rare streaking. Given that gonadal allocation to male function is small (Petersen 1990b), opportunities to effectively utilize male function could favor the retention of male function among hermaphrodites (Petersen 1990a).

Why do dominant males tolerate the existence of subdominants who take over their mating success? The key to the answer is that subdominants provide eggs to be sired by the dominant males (Petersen 1990a). As a result of mating with subdominants, the reproductive success of dominant males positively correlates with social group size (Petersen 1990a), despite the incomplete monopolization of mating opportunities in large groups (i.e., complex harems). Therefore, dominant males achieve higher mating success by accepting subdominants than by evicting them to monopolize mating. The application of the reproductive skew theory (Nonacs and Hager 2011) will be useful in facilitating our understanding of the evolutionary stability of this unique mating system.

The evolutionary conditions for androdioecy and pure simultaneous hermaphroditism in the *Serranus* clade are unclear. By applying the classical mating system theory (Emlen and Oring 1977), Petersen and Fischer (1986) hypothesized that high density and/or predictability of resources (food) enables mate monopolization by large individuals, leading to haremic systems with androdioecy. The effect of density is also supported by the within-species density dependence of mating systems in the barred serrano (Petersen 1990b, 2006). However, there were no consistent differences in the range of population density between androdioecious and other species of *Serranus* and *Hypoplectrus*, suggesting that density is not the sole factor (Petersen 2006).

In summary, mating systems in hermaphroditic serranids are diverse, and unlike aulopiforms and killifishes, they are not characterized by limited mating opportunities owing to colonization or depth. The evolutionary stability of simultaneous hermaphroditism (including androdioecy) can be explained by monogamous mating (harlequin bass), egg trading (several *Serranus* and *Hypoplectrus* species), and

plastic mating systems (barred serrano and possibly, lantern bass). However, why simultaneous hermaphroditism, an uncommon sexual strategy among teleosts, has evolved in this clade is not known (Warner 1984). Egg trading is a specialized behavioral trait that makes sense only in simultaneous hermaphrodites and has arguably evolved after the evolution of this form of sexuality. Monogamy and plastic systems, including harems, are common mating systems among gonochoristic and sequentially hermaphroditic fishes. Although Warner (1984) speculated that their ancestors lived in the deep sea, no evidence has been provided. It would be interesting to reconstruct the ecology of the ancestral species when simultaneous hermaphroditism evolved.

#### 2.6 Other Taxa

In addition to the three taxa I have reviewed so far (Aulopiformes, *Kryptolebias*, and Serranidae), there are three taxa in which simultaneous hermaphroditism has been confirmed, and one species in which simultaneous hermaphroditism has been suggested but not confirmed (Table 2.1). Simultaneous hermaphroditism is confirmed or suggested by the histological analysis of gonads, but little is known about other aspects of mating in three species of moray eels *Gymnothorax* spp. (Fishelson 1992) and Lord Howe dottyback *Pseudoplesiops howensis* (Cole and Gill 2000). The demon eartheater *Satanoperca jurupari* was described as a simultaneous hermaphrodite with internal self-fertilization by Matos et al. (2002) based on histological analysis, although spawning behavior involving external fertilization by males and females has been reported for this species (Reid and Atz 1958).

Two species of threadfins (family Polynemidae), the smallmouth threadfin *Polydactylus microstomus* and the seven-finger threadfin *Filimanus heptadactyla* have been reported to exhibit trioecy (Nayak 1959; Kagwade 1967; Dorairaj 1973), an extremely rare sexual system among animals (Leonard 2018). The frequency of hermaphrodites is 35% in *P. microstomus* (Dorairaj 1973) and approximately 10% or 17% in *F. heptadactyla* (Nayak 1959; Kagwade 1967). Hermaphrodites are much more frequent in these species than in many other trioecious animals, in which hermaphrodites are exceedingly rare (Weeks 2012). Although hermaphroditic individuals were reported as transitional state during protandrous sex change among several threadfin species (Motomura 2004), rather than functional simultaneous hermaphrodites, hermaphroditic individuals in the seven-finger threadfin are supposed to be functional in both sexes, based on observations of developed and spent stages of ovotestis (Nayak 1959; Kagwade 1967). Detailed studies on the mating systems of trioecious threadfins are required to elucidate the evolution of complex sexual systems.

#### 2.7 Future Research Directions

This review indicated that simultaneous hermaphroditism in teleost fishes evolved under different selective backgrounds. Each of the well-studied taxa exhibits mating systems that are predicted to make this strategy evolutionarily stable, such as limited mating opportunities owing to depth or colonization, egg-trading, and flexible haremic systems, although some aspects of the explanations are still more or less hypothetical. However, it is difficult to attain a unified view of the evolution of simultaneous hermaphroditism in teleost fishes, which is comparable to the size-advantage hypothesis for sequential hermaphroditism. In addition, it is difficult to understand why simultaneous hermaphroditism has not evolved in many other taxa, even though similar mating systems (except for egg trading and reciprocal mating, which make sense only in hermaphrodites) are also observed in gonochoristic or sequentially hermaphroditic taxa (Warner 1984).

The apparent lack of evolutionary lability is one of the problems in applying the evolutionary ecological approach to simultaneous hermaphroditism in fishes. It is important to note that the evolution from simultaneous hermaphroditism to gonochorism or sequential hermaphroditism has never been confirmed, even in the well-studied taxa including species-rich Alepisauroidei (Davis and Fielitz 2010) and in the *Serranus* clade in which mating systems are highly diverse (Erisman and Hastings 2011), apart from the evolution of androdioecy. In other words, once simultaneous hermaphroditism has evolved, it is rarely lost. Hermaphroditism has not been lost even in some androdioecious species, in which the male function of hermaphrodites is estimated to be used only infrequently, such as the lantern bass *S. baldwini* and killifish *K. ocellatus*.

If we assume that simultaneous hermaphroditism is evolutionarily stable under such wide ecological conditions that no reverse evolution occurs, the limited number of evolutionary transitions to simultaneous hermaphroditism cannot be explained. Similar evolutionary patterns have been observed in several invertebrate taxa, including broken-back shrimp (Baeza 2013) and clam shrimp (Weeks et al. 2006b). In a broader context, among animals, many higher taxa exclusively (almost) exhibit one type of sexual system. This pattern is called "Williams' paradox" by Leonard (1990, 2013). Although the taxonomic levels are much lower, the abovementioned evolutionary patterns can be regarded as examples of this paradox.

Comparing the evolutionary patterns of simultaneous hermaphroditism in fishes against those of other taxa or traits with different levels of evolutionary lability will be useful. For example, evolution from androdioecy to gonochorism occurred repeatedly in thoracican barnacles (Yusa et al. 2012; Lin et al. 2015). In some taxa where sequential hermaphroditism is common, the evolutionary loss of hermaphroditism is not rare and is often associated with the evolution of mating systems (Erisman et al. 2009, 2013; Kazancıoğlu and Alonzo 2010; Sunobe et al. 2017).

In conclusion, this chapter illuminates that simultaneous hermaphroditism, at least in well-studied taxa, can be understood from the perspective of evolutionary ecology, particularly in relation to mating systems. However, we are yet to

understand the evolutionary patterns of this sexual strategy in teleost fishes or animals in general. In addition to the accumulation of knowledge on each hermaphroditic species, comparative analyses to elucidate the determinants of evolutionary lability could help us answer this question.

#### 2.8 Conclusions

In this chapter, the following topics related to simultaneous hermaphroditism in fishes were introduced

- 1. Simultaneous hermaphroditism is rare in fishes and has been reported in 57 species of Muraenidae, Cichlidae, Rivulidae, Polynemidae, and several families of Aulopiformes.
- 2. Two hypotheses, reproductive assurance under low density and diminishing fitness returns on investment in one sexual function, are widely recognized as explanations for the adaptive significance of simultaneous hermaphroditism.
- 3. To the best of our knowledge, all species in the suborder Alepisauroidei (order Aulopiformes) are simultaneous hermaphrodites, which is likely an adaptation to deep seas where population density is usually low.
- 4. Mangrove rivulus has a mixed mating system in which hermaphrodites self-fertilize but occasionally outcross with males. This system can be explained by a combination of reproductive assurance, survival advantage of males, and inbreeding depression.
- 5. Simultaneously hermaphroditic species in Serranidae exhibit diverse mating systems that are not characterized by limited mating opportunities. In two species, large hermaphrodites become males, and monopolizing harems consist of hermaphrodites. Although the mechanisms stabilizing hermaphroditism, such as egg trading, have been well studied, why hermaphroditism has originated in this clade remains unclear.
- 6. Little is known about the sexual and mating systems of other teleost taxa that exhibit simultaneous hermaphroditism.
- 7. The apparent lack of evolutionary lability is a problem when applying the evolutionary ecological approach to simultaneous hermaphroditism in fishes. A comparison of evolutionary patterns with other taxa or traits with different levels of evolutionary lability would be useful.

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## Chapter 3 **Protandry in Fishes**



#### Tomoki Sunobe

**Abstract** Protandry (male-to-female sex change) is known in 62 fish species among various higher taxa that are not closely related to each other phylogenetically. The size-advantage model predicts that protandry is favored under random mating. The mating systems of protandrous fishes have been reported only in the following species: 10 species of anemonefish (Amphiprion; Pomacentridae) are monogamous, with females larger than their partners, but it is suggested that pairing occurred randomly in gonochoristic ancestors; in three species of flatheads (Platycephalidae), mating occurs randomly, with individuals changing their partners after each spawning; in the seabream Sparus aurata (Sparidae), a female spawns with one of several males in a spawning aggregation, which is considered random mating as there seems to be no competition between the males. These cases suggest that protandry will evolve if pairing occurs randomly regardless of pair continuity. Partial protandry, in which protandrous and gonochoristic individuals coexist, is reported for 28 of these species. Gonochorism is predicted to evolve in the case of mating with equal reproductive success of females and males at each size according to the size-advantage model. Fishes exhibiting partial protandry are suggested to have the opportunity to spawn either by random mating or by the above mating.

**Keywords** Gonochorism · Group spawning · Mate choice · Monogamy · Population density · Random mating

#### **Evolution of Protandry and Types of Sexual Patterns** 3.1

Protandry (male-to-female sex change) is known among 62 fish species of 14 families (Table 3.1). These species belong to the Anguilliformes (1 species), Clupeiformes (2), Cypriniformes (1), Stomiiformes (5), and Percomorpha (Ovalentaria [10], Trachiniformes [3], Perciformes [10], Scorpaeniformes [7],

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Table 3.1 Species exhibiting protandrous sex change with type of sexual pattern, mating system, and habitat

64

Anguilliformes  Muraenidae  R Clubeiformes		Type of			
SS SS		sexual			
S		pattern	Mating system	Habitat	References
Clupeiformes	Rhinomuaena quaesita	I		Coral reef	Shen et al. (1979)
-					
Clupeidae	Tenualosa macrura	I		Tropical estuaries and coastal (Bengakalis, Sumatora)	Blaber et al. (1999)
		III		Tropical estuaries and coastal (Sarawak, Sumatora)	Blaber et al. (2005)
	T. toli	I		Tropical estuaries and coastal	Blaber et al. (1996)
Cypriniformes					
Cobitidae	Cobitis taenia	IV		Fresh water (Chisola River, Lodi (1967) Italy)	Lodi (1967)
		Gonochorism		Fresh water (Po River* and Timonchio River**, Italy)	Lodi (1980)*, Rasotto (1992)**
Stomiiformes					
Gonostomatidae	Cyclothone atraria	I		Deep sea	Miya and Nemoto (1985, 1987)
)	C. microdon	I		Deep sea	Badcock and Merrett (1976)
9	Gonostoma elongatum	Ш		Deep sea	Fisher (1983)
$\frac{q}{s}$	Sigmops bathyphilus	Ш		Deep sea	Badcock (1986) identified as Gonostoma bathyphilum
S	S. gracile	I		Deep sea	Kawaguchi and Marumo (1967)

Ovalentaria					
Pomacentridae	Amphiprion akallopisos	п	Monogamy	Coral reef	Fricke and Fricke (1977), Fricke (1979)
	A. bicinctus	I	Monogamy	Coral reef	Fricke and Fricke (1977), Fricke (1983)
	A. clarkii	I	Monogamy	Coral reef (low-density hosts)	Moyer and Nakazono (1978)
	I	IV	Monogamy	Temperate reef (high-density hosts)	Ochi (1989b), Hattori and Yanagisawa (1991)
	A. frenatus	I	Monogamy	Coral reef	Moyer and Nakazono (1978), Hattori (1991)
	A. melanopus	I	Monogamy	Coral reef	Godwin (1994a), Godwin (1994b), Ross (1978)
	A. ocellaris	I	Monogamy	Coral reef	Moyer and Nakazono (1978), Madhu et al. (2010)
	A. percula	I	Monogamy	Coral reef	Madhu and Madhu (2006)
	A. perideraion	I	Monogamy	Coral reef	Moyer and Nakazono (1978), Hattori (2000)
	A. polymnus	I	Monogamy	Coral reef	Moyer and Nakazono (1978), Rattanayuvakorn et al. (2006)
	A. sandaracinos	I	Monogamy	Coral reef	Moyer and Nakazono (1978)
Trachiniformes					
Creediidae	Crystallodytes cookei	I		Coral reef	Langston (2004)
	Limnichthys fasciatus	I		Temperate reef	Shitamitsu and Sunobe (2017)
	L. nitidus	I		Coral reef	Langston (2004), Shitamitsu and Sunobe (2017)
Perciformes					
Centropomidae	Centropomus parallelus	Ш		Tropical Sea and estuaries	Costa e Silva et al. (2021)
	C. undecimalis	I		Tropical Sea and estuaries	Taylor et al. (1998), Taylor et al. (2000), Young et al. (2020)
Latidae	Lates calcarifer	Ш		Tropical Sea and estuaries	Guiguen et al. (1994), Roberts et al. (2021)
					(beimitace)

Table 3.1 (continued)

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Table 3.1 (continued)	ned)				
		Type of sexual			
		pattern	Mating system	Habitat	References
Polynemidae	Eleutheronema tetradactylum	I		Tropical Sea	Shihab et al. (2017), Junnan et al. (2020)
	Galeoides decadactylus	Ш		Tropical Sea	Longhurst (1965)
	Polydactylus	I		Tropical Sea (1986a-1990)	Moore et al. (2017)
	macrochir	П		Tropical Sea (2007–2009)	
	P. quadrifilis	П		Tropical Sea	Butler et al. (2018, 2021)
Terapontidae	Bidyanus bidyanus	П		Fresh water	Moiseeva et al. (2001)
	Mesopristes cancellatus	I		Fresh water	Barazona et al. (2015)
Eleginopsidae	Eleginops maclovinus	I		Temperate Sea	Calvo et al. (1992), Brickle et al. (2005), Licandeo et al. (2006)
Scorpaeniformes	70				
Platycephalidae	Cociella crocodila	I		Temperate Sea	Aoyama et al. (1963)
	Inegocia japonica	II (inferred)	Random mating	Temperate Sea	Shinomiya et al. (2003)
	Kumococcius rodericensis	I		Temperate Sea	Fujii (1971)
	Onigocia macrolepis	I		Temperate Sea	Fujii (1970)
	Platycephalus sp.2	IV	Random mating	Temperate Sea	Hara and Sunobe (2021)
	Suggrundus meerdervoortii	I		Temperate Sea	Shitamitsu and Sunobe (2018)
	Thysanophrys celebica	I	Random mating	Temperate Sea	Sunobe et al. (2016)
Moroniformes					
Moronidae	Morone saxatulis	I			Moser et al. (1983)

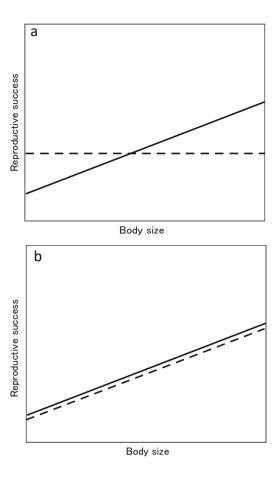
				Temperate Sea and fresh water	
Spariformes					
Sparidae	Acanthopagrus australis	IV		Tropical and temperate sea	Pollock (1985)
	A. berda	*I	Spawning aggregation (inferred)	Tropical Sea	Anam et al. (2019)*, Garratt (1993)**
	A. bifasciatus	Ш		Tropical Sea	Etessami (1983)
	A. latus	I		Temperate Sea	Kinoshita (1939), Akazaki (1962)
	A. morrisoni	I		Subtropical and temperate sea	Hesp et al. (2004) identified as A. latus
	A. pacificus	П		Tropical Sea	Tobin et al. (1997) indentified as A. berda
	A. schlegelii	П		Tropical and temperate sea	Kinoshita (1936), Chang and Yueh (1990), Lee et al. (2001), Law and Sadovy de Mitheson (2017)
	Diplodus annularis	IV		Temperate Sea(Canary Islands)	Lissia-Frau et al. (1976), Pajuelo and Lorenzo (2001)
		Gonochorism		Temperate Sea(Central Mediterranean)	Chaouch et al. (2013)
	D. argenteus	IV		Tropical Sea	David et al. (2005)
	D. cadenati	IV		Temperate Sea	Pajuelo and Lorenzo (2004)
	D. capensis	IV	Spawning aggregation (inferred)	Temperate Sea (Tsitsikamma, South Africa)	Mann and Buxton (1998))
		Gonochorism		Temperate Sea(Angola)	Joubert (1981), Richardson et al. (2011)
	D. kotschyi	Ш		Temperate Sea(Kuwait)	Abou-Seedo et al. (1990)
	D. puntazzo	IV		Temperate Sea	Lissia-Frau et al. (1976), Pajuelo et al. (2008)
	D. sargus	Ш		Temperate Sea(Tunisia)	Mouine et al. (2007)

Table 3.1 (continued)

Î				
	Type of			
	sexual	Mating system	Habitat	References
	IV	,	Temperate Sea	Lissia-Frau et al. (1976)
D. vulgaris	IV		Temperate Sea	Gonçalves and Erzini (2000), Pajuelo et al. (2006)
Lithognathus mormyrus	I		Temperate Sea	Lissia-Frau et al. (1976), Besseau and Brusl- é-Sicard (1995), Lorenzo et al. (2002)
Pagellus acarne	IV		Temperate Sea	Lamrini 1986
P. bogaraveo	Ш		Temperate Sea(Messina, Italy)	Micale et al. (2002)
	IV		Temperate Sea(Azores Islands)	Krug (1990, 1998)
Rhabdosargus sarba	*II	Pair spawning**	Tropical Sea(Hong Kong* and Taiwan**)	Kinoshita (1939)*, Yeung and Chan (1987)*, Leu (1994)**
	Gonochorism		Temperate Sea(Australia)	Hesp and Potter (2003)
Sarpa salpa	I		Temperate Sea	Lissia-Frau et al. (1976), van der Walt and Mann (1998)
Sparidentex hasta	I		Tropical Sea	Abu-Hakima (1984), Lone and Al-Marzouk (2000)
Sparus aurata	II	Pair and group	Temperate Sea	Zohar et al. (1978), Brusléa-Sicard and Fourcault (1997). Ibarra-Zatarain and Duncan
				(2015)

For type of sexual pattern (I-IV), see Fig. 3.2

Fig. 3.1 Relationship between the reproductive success and body size of females (solid line) and males (broken line) in random mating (a), which favors protandry, and ERS mating (b), which favors gonochorism (modified from Warner 1975 and 1984)

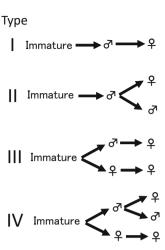


Moroniformes [1], and Spariformes [22]). These taxa are not closely related to each other phylogenetically, whereas all of the protogynous species belong to Percomorpha (Kuwamura et al. 2020), which indicates that the evolution of protandry occurred independently in each taxon.

The size-advantage model (SA model) predicts that protandry is favored under random mating (i.e., lack of female mate choice and/or monopolization of multiple females by large males) (Warner 1975, 1984; Fig. 3.1a). In this condition, male reproductive success is equal in all size classes, while that of females increases linearly with body size. Consequently, at small body sizes, the reproductive success of males is higher than that of females, and vice versa at large sizes. To maximize lifetime reproductive success, protandry should be favored.

For protogynous species (female-to-male sex change), many studies have been conducted on the relationship between the mating system and sex change to test the SA model (see Chap. 4). Notably, most protogynous fishes inhabit shallow rocky and coral reefs, where they are easily observed. For protandrous fishes, however, detailed studies on mating systems in the field are so far limited to 10 species of

Fig. 3.2 Schematic depiction of the four types of sexual patterns (I, II, III, and IV) in protandrous fishes



anemonefishes (*Amphiprion*; Pomacentridae) and three species of flatheads (Platycephalidae) (Kuwamura et al. 2020), undoubtedly because of the difficulties in accessing their habitats (deep-sea, turbid estuaries and/or offshore) and/or because of their nocturnal habits. Although various protandrous species are known among the seabreams (Sparidae; Kuwamura et al. 2020; Pla et al. 2020; Table 3.1), mating system has been described only in *Sparus aurata* through observations during artificial rearing (Ibarra-Zatarain and Duncan 2015), and spawning behavior of *Rhabdosargus sarba* in captivity was briefly reported (Leu 1994).

Protandrous species do not always show a simple sexual pattern of male-to-female sex change, but in some species, protandry and gonochorism coexist within a population, which is called "partial protandry" (Gonçalves and Erzini 2000; Mouine et al. 2007; Pajuelo et al. 2008). Four sexual types (allocation of male and female functions within a population/species) are distinguished in protandrous species (Fig. 3.2):

Type I: All individuals first mature as male and then change sex to female.

Type II: All individuals first mature as male, and some males then change sex to female, while others do not.

Type III: Individuals first mature either as male or female, and the males later change sex to female.

Type IV: Individuals first mature either as male or female, and then some males change sex to female, while other males do not.

The coexistence of two types of females in types III and IV is sometimes called "digyny" (Gonçalves and Erzini 2000), as the coexistence of two types of males is called diandry in protogynous fishes (see Chap. 4). All protandrous families contain species of type I (Table 3.1). The number of fish species known to exhibit type I, II, III, or IV, respectively, is 37, 7, 10, and 12. In nine species, two types of sexual patterns, which can also include gonochorism, have been reported from different populations: types I and II in one species, types I and III in one species, types I and

IV in one species, types III and IV in two species, type II and gonochorism in one species, and type IV and gonochorism in three species (Table 3.1).

Partially protandrous fishes can include gonochoristic individuals within the population, and in four species all individuals in some populations are gonochoristic. In general, gonochorism is favored if both sexes show a similar increase of fertility with size, when males and females form monogamous pairs matched by size or when males compete with each other to fertilize eggs and thus to produce the most sperm (Warner 1984). In this chapter, such mating system is called "ERS mating" that means equal reproductive success of females and males at each size (Fig. 3.1b). Species with group spawning will be gonochoristic because sperm competition in mass spawning results in greater reproductive success for larger males. For example, Bodianus eclancheri and four species of Sparisoma (Labridae), Alphestes afer, seven species of Cephalopholis, seven species of Epinephelus, four species of of *Plectropmus*, Mycteroperca, two species and Rypticus (Epinephelidae) are gonochoristic with group spawning (Erisman et al. 2013). Small sneaking males, which invade territories of larger males to fertilize eggs, are also known to be gonochoristic because the small males will attain equal reproductive success with the females of the same size. For example, small males of Symphodus ocellatus (Labridae) and Bathygobius fuscus (Gobiidae) exhibit sneaking, and their sexual pattern is gonochoristic (Warner and Lejeune 1985; Taru et al. 2002).

In hermaphroditic fishes, the mating system of a species may vary between habitats with different conditions, and the sexual pattern is expected to change accordingly (Kuwamura et al. 2020). In the coral-dwelling damselfish *Dascyllus aruanus*, which exhibits harem polygyny and protogyny, the sexual pattern is gonochoristic in high-density populations in continuous coral-covered habitats, where females can move among the corals with low risk of movement, so they are not monopolized by large males (Kuwamura et al. 2016, 2020). Then, in partially protandrous species that include both protandrous and gonochoristic individuals, it is expected that the mating system could change according to the population density, resulting in alteration of the sexual pattern. Namely, protandry, partial protandry, and gonochorism will occur under random mating, both random mating and ERS mating, and ERS mating, respectively.

In the following sections, I describe the mating systems and sexual patterns of 10 species of *Amphiprion* (Pomacentridae), three species of Platycephalidae, and two species of Sparidae, for which the reproductive behavior has been reported, and consider whether the above prediction fits or not.

# 3.2 Anemonefish (Amphiprion; Pomacentridae)

## 3.2.1 Mating System and Proximate Cause of Sex Change

Among protandrous fishes, anemonefishes (*Amphiprion*: Fig. 3.3a) have been studied in the most detail. Anemonefishes establish a social group in a host sea anemone:



**Fig. 3.3** (a) Spawning of *Amphiprion clarkii* (photo by T. Hirata); (b) *Thysanophrys celebica*: (photo by S. Sakaida); (c) *Rhabdosargus sarba* (photo by T. Hirata)

the largest and the second-largest individuals are female and male, respectively, and other smaller individuals are nonbreeders (immatures and juveniles). Therefore, their mating system is non-size-assortative monogamy (the term "size-assortative" is used in the narrow meaning of "matched by size" in the context of the SA model; Warner 1984), defined as "pair bonding of a male and a female which does not prefer a large male but accepts a smaller one" (Kuwamura et al. 2020). Females attack smaller individuals, including males, because there is a social order based on body size within the group. This seems to prevent males from changing sex. When females disappear, males change sex and become females, and the third-ranked individuals obtain breeding status as male (Fricke and Fricke 1977; Moyer and Nakazono 1978; Fricke 1979; Buston 2003; Hattori 2012). This evidence indicates that the sexual pattern of anemonefishes is type I. Another requisite for sex change to female is reaching a certain size in male, for instance, 100 mm in standard length (SL) in A. bicinctus and 75 mm SL in A. frenatus (Fricke 1983; Hattori 1991). Furthermore, single males evidently do not change sex: it has been shown in A. bicinctus that males require smaller subadults to change sex (Fricke 1983).

#### 3.2.2 Why Monogamy?

It has been suggested that monogamy in anemonefishes is the result of resource limitation (Fricke and Fricke 1977). The host sea anemone provides shelter for anemonefishes, and eggs are spawned on the substrate near or under the tentacles of the host (Allen 1972; Moyer and Bell 1976; Ross 1978; Moyer and Steene 1979; Fautin 1991). Aggressive behavior between homosexuals of different groups is frequently observed in high-density populations of *A. akallopisos* and *A. clarkii* (Fig. 3.3a: Moyer and Sawyers 1973; Fricke 1979; Moyer 1980; Ochi 1989b), indicating that there is intrasexual competition. Thus, there will be competition among females for spawning sites (Ochi 1989a), whereas males will compete for breeding status because they often attack nonbreeders in the same group (Fricke and Fricke 1977; Buston 2003).

To test the above hypothesis, rearing experiments were conducted using *A. ocellaris* (Sunobe et al. 2022). If females compete each other over spawning sites, the frequency of aggressive behavior should decrease under conditions with more spawning sites. When two females were placed in a tank and given one or three flower pots as spawning nests, the results did not support the prediction as there was no significant difference in the frequency of attacks. The females seemed to defend the whole space including all the nest sites. When two males were paired, the larger of the two changed sex and eventually became a female, resulting in less aggressive behavior. However, if they were competitive for breeding status, the introduction of a female into the tank should increase the frequency of conflict. Indeed, the results showed that the frequency of attacks significantly increased, supporting the hypothesis. These results indicate that individuals of the same sex cannot cohabit in the same host anemone.

# 3.2.3 Non-size Assortative Monogamy and Evolution of Protandry

Monogamy seems to be the opposite of random mating in appearance. In this section, I will discuss how protandry have evolved under a monogamous mating system.

There are two main hypotheses to explain the evolution of protandry in anemonefishes (Fricke and Fricke 1977; Hattori 2012). Fricke and Fricke (1977) hypothesized that if the sex ratio of gonochoristic ancestral species was 1:1, homosexual and heterosexual pairings would be formed equally by randomly arriving juveniles or migrating adults into host anemones. Movement of individuals between hosts may be limited by a low density of hosts and predation pressure during migration. Therefore, it would be adaptive for a homosexual pair to be hermaphrodites, as one could then change sex to create a heterosexual pair. Among anemonefishes, smaller males can fertilize and guard the eggs of larger females because the eggs positioned under the host's tentacles are protected from egg predators (Fig. 3.3a), indicating that male size is not associated with reproductive success. In contrast, large females can produce more eggs than small females. Hence, non-size-assortative monogamy is established, and protandry should be advantageous to increase the number of fertilized eggs for an individual. Thus, in monogamy, the reproductive success of an individual would be maximized if the larger individual functions as female (Fricke and Fricke 1977).

The above hypothesis assumes random pairing in the gonochoristic ancestral species, but Hattori (2012) pointed out that random pairing does not occur in the extant anemonefishes and proposed "the body size composition model." This model predicts the size composition based on the number of individuals that the host can accommodate, and predicts the size differences and size ratios between individuals of adjacent ranks. Data on *A. frenatus*, *A. ocellaris*, and *A. perideraion* were used to compare the reproductive success of the largest individuals when the largest individual is female and monogamous or when the largest individual is male and polygynous. The results showed higher reproductive success under the former scenario. However, the model uses data from extant species, which may not reflect the size composition or reproductive success of ancestral species. In addition, as mentioned above, the coexistence of multiple females in one host is not possible and polygyny cannot occur irrespective of reproductive success.

To investigate the hypothesis of Fricke and Fricke (1977), simulations based on a mathematical model were performed (Sunobe et al. 2022), assuming the following preconditions: (1) the ancestral species is gonochoristic; (2) when an individual invades a host anemone occupied by another individual of the same sex, the larger one can stay in the host and the smaller one is eliminated; and (3) a pair is formed by random pairing (no mate choice) after settlement of the opposite sex. The results on the relationship between male and female reproductive success and body size corresponded well with the case of random mating in the SA model (Fig. 3.1a).

Monogamy appears to be very different from random mating, but if there is no mate choice at pairing, protandry will evolve independently of pair continuity.

# 3.2.4 Mating System and Sexual Pattern in High-Density Populations

The higher the density of hosts, the higher the density of resident anemonefish. In the high-density population of *A. clarkii*, males and females invade adjacent territories and temporarily establish bigamy or biandry, though monogamy is common (Ochi 1989a, 1989b; Hattori and Yanagisawa 1991). In *A. akallopisos* populations established around large anemone colonies, there are only monogamous pairs, despite the potential for polygamy (Fricke 1979). These findings indicate that the mating system of anemonefishes is monogamous in principle.

However, in areas with a dense population of host sea anemones, the sexual pattern of *A. clarkii* is type IV (Table 3.1), with a low frequency of sex change. Immature nonbreeders can establish a pair and occupy their own home ranges on the outskirts of adult territories. These immature individuals start as male or female when they can occupy the status of reproduction. The male after mate loss mates with a solitary female or invades another pair's territory with no risk of movement, and size-assortative pairs are formed. (Ochi 1989b; Hattori and Yanagisawa 1991). Therefore, the reproductive success of both sexes is nearly equal at all sizes, i.e., ERS mating, sex change rarely occurs, and gonochorists can exist.

# 3.3 Flatheads (Platycephalidae)

Protandry is confirmed in seven species of Platycephalidae (Table 3.1). Of these species, the mating system has been clarified only in three species: *Inegocia japonica*, *Thysanophrys celebica* (Fig. 3.3b), and *Platycephalus* sp. 2 of Nakabo (2013) (Shinomiya et al. 2003; Sunobe et al. 2016; Hara and Sunobe 2021).

The mating system of *I. japonica* was the first to be identified among protandrous fishes other than the anemonefishes (Shinomiya et al. 2003). All small individuals are male, and large individuals are predominantly female (Table 3.1). In 5 of 8 males from 116 to 168 mm in total length (TL), protandrous sex change was confirmed. However, of 16 males (98–256 mm TL) identified in the field, none of the six males larger than 183 mm TL were observed to change sex. Therefore, there is a possibility that some males do not change sex throughout their lifetime, indicating that the sexual type is type II (Table 3.1). The males less than 102 mm TL did not undergo sex change, suggesting that males must reach at least this size for sex change (Shinomiya et al. 2003).

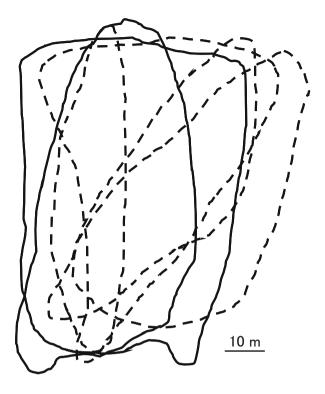
In field observations of *I. japonica*, the home ranges of individuals of the same or opposite sex overlapped each other, and there was no aggressive interaction among them. Only pair spawning occurred. The mating system was random mating as predicted by the SA model, with the pairs being temporary, and both sexes established a pair with a different individual at the next spawning. There was no significant correlation between the sizes of males and females in the mating pairs, showing non-size-assortative mating (Shinomiya et al. 2003).

The mating system of T. celebica is also random mating, the home ranges of individuals of the same or opposite sex overlapping each other (Sunobe et al. 2016). The sexual pattern of this species is type I (Table 3.1). The longevity of T. celebica is  $\sim$ 5 years according to age estimations from scales. In rearing experiments, 1-year-old males did not change sex, and males did change sex after age 2. In contrast to the anemonefishes, in which the presence of females prevents sex change of males, the sex change of T. celebica males occurred even when reared with larger females. These results suggest that there is no social suppression of sex change based on size (Sunobe et al. 2016).

The mating system of *Platycephalus* sp. 2 is regarded as random mating, as in the two species mentioned above, based on temporal pair bonding, no territoriality, and non-size-assortative mating (Hara and Sunobe 2021). Even so, the number of individuals with bisexual gonad was relatively small, accounting for only 2 of 202 individuals. Because some individuals of the population do not change sex, and sexual type is classified into type IV (Table 3.1). The home ranges overlapped each other (Fig. 3.4) when they actively moved around. Therefore, other males can join a pair spawning by sneaking. In an aquarium under high-density conditions, multiple males followed a ripe female before spawning (Oikawa 1996). Hence, ERS mating is suggested through sneaking behavior and/or group spawning.

In rearing experiments with *Platycephalus* sp. 2, the smallest male (age 2 years) changed sex when kept with the larger and older five males and three females (Hara and Sunobe 2021). This shows that the larger individuals did not inhibit sex change of the smaller individual. The growth rate of Platycephalus sp. 2 varied among individuals up to age 2 years (Masuda et al. 2000; although they identified the species as *P. indicus*, it is regarded as *Platycephalus* sp. 2. by the collecting sites). Charnov (1982) predicts that a difference of growth rate between sexes favors sex change. For example, in the size-assortatively monogamous goby Paragobiodon echinocephalus, because females grow faster than males, the smaller individual in newly formed same-sex pairs should function as female to increase future reproductive success of the pair (Kuwamura et al. 1994). In Lates calcarifer (Latidae) there is a difference of growth rate among immature males, and those males with rapid growth change sex early during the juvenile phase to mature as female, which are therefore not derived from a functional male (Roberts et al. 2021). As the size of these young sex-changers is larger than the old sex-changers in their life time, the fitness of the former is higher than the latter. Similarly, otolith analysis of Polydactylus quadrifilis (Polynemidae) suggested that the males that change sex to female grow faster than the males that do not change sex (Butler et al. 2018).

Fig. 3.4 Home ranges of *Platycephalus* sp. 2 in a study area of approximately  $70 \times 50$  m on a sandy bottom at a depth of 20 m in Ito, Tateyama, Japan, observed by SCUBA from June 9 to September 30, 2014 (Hara N and Sunobe T, unpublished data). Solid and broken lines show the home ranges of females and males, respectively



Therefore, growth-advantage may facilitate sex change in *Platycephalus* sp. 2 as well as these three species.

# 3.4 Seabreams (Sparidae)

Twenty-two protandrous species are known among the Sparidae (Table 3.1). Their mating systems are mostly unknown, and spawning behavior has been observed under rearing conditions only in *Sparus aurata* (type II) and *Rhabdosargus sarba* (type II in Hong Kong; gonochorism in Australia: Fig. 3.3c).

*S. aurata* is the only sparid species for which the mating system has been reported (Ibarra-Zatarain and Duncan 2015). In aquaria, the individuals first formed aggregations near the bottom. Next, males became slightly darkened and rubbed and nudged the genital pore of females. There was no aggressive interaction among any individuals, whether between the same or different sex. After courtship at the bottom, the female dramatically increased its swimming speed and released eggs. According to the video attached to the research paper, one to four males participated in the spawning (Ibarra-Zatarain and Duncan 2015). These results show that the mating system of *S. aurata* includes both random mating and ERS mating.

In natural spawning of *R. sarba* in captivity, a female was followed by three or four males, and then the female and one of the males paired and spawned near the surface (Leu 1994); however, further details on the mating system are unknown because of the fragmentary observations. If there is no competition among males, mating will be random.

### 3.5 Plasticity of Sexual Patterns in the Protandrous Fishes

The diverse sexual patterns of protandrous fishes (Fig. 3.2) may be due to the occurrence of both random mating and ERS mating, resulting in the occurrence of both protandry and gonochorism, as depicted in Fig. 3.1. As predicted (see Sect. 3.1), if the density is low, there will be more protandrous individuals because there will be more opportunities for pair spawning, while at high density, there will be more gonochoristic individuals participating in ERS mating.

Among species exhibiting partial protandry, the mating system has been observed only in *A. clarkii*, *Platycephalus* sp. 2, and *S. aurata*, as mentioned above. In *A. clarkii*, there may be a tendency toward gonochorism under high-density conditions, because males after the mate loss can establish a new pair with a female in another host anemone. As a result, ERS mating occurs (see Sect. 3.2). In *Platycephalus* sp. 2, although group spawning has not been observed, there is a possibility of reproduction through group spawning (see Sect. 3.3). In *S. aurata*, both random pairing and group spawning took place in the same tank (see Sect. 3.4).

Although their spawning behavior and mating systems are unknown, different sexual patterns in populations of a species from different regions have also been reported in one species of tropical shad (Clupeidae), one loach (Cobitidae), and five sparids (Sparidae). These are: *Tenualosa macrura* (types I and III), *Cobitis taenia* (type IV and gonochorism), *Diplodus annularis* (type IV and gonochorism), *D. capensis* (type IV and gonochorism), *D. sargus* (type III and IV), *Pagellus bogaraveo* (types III and IV), and *R. sarba* (type II and gonochorism) (Table 3.1).

Even among individuals of a species within one region, fishing pressure has caused changes in the sexual pattern. *Polydactylus macrochir* (Polynemidae) is a large-sized species and commercially important in southern and eastern Australia. During the period 1986 to 1990, the females dominated the larger size classes and the males dominated the small ones, thus revealing type I (Moore et al. 2017). After a reduction of large individuals by overfishing of the larger and older females in the period 2007 to 2009, the sizes of males and females were mostly overlapped. These results indicate that some small males change sex, and some males do not change sex, showing transition to type II. Overfishing may have induced this transformation of sexual pattern (Moore et al. 2017). When the number of females declined from fishing, competition among males would have increased. Then, some males may have changed sex earlier to increase their future reproductive success.

The frequency of gonochoristic individuals within populations seems to increase in the order of types I, II, III, and IV. This may be attributable to a decrease in the

frequency of random mating and an increase in that of ERS mating under higher population densities. Further comparative studies are needed to clarify the relationships among population densities, mating systems, and sexual types among regions.

#### 3.6 Conclusions

- 1. Protandrous fishes include at least 62 species representing 14 families. In 37 of these species, all males change sex to females, but in 28 species some males do not change sex and/or primary females appear (partial protandry). Nine species exhibit different sexual types in different populations, and some are gonochorists. Information on the mating system is limited to 10 species of anemonefish (*Amphiprion*; Pomacentridae), three species of flatheads (Platycephalidae), and one species of sparid (Sparidae).
- 2. The size-advantage model predicts that protandry is favored under random mating (i.e., lack of female mate choice and/or monopolization of multiple females by large males) and gonochorism under ERS mating with equal reproductive success of females and males at each size.
- 3. In anemonefishes, eggs laid beneath the tentacles of the host sea anemone are guarded from egg predators; thus, even small males can complete egg guarding. Accordingly, there is no female mate choice, and protandry is favored. In areas with a high density of anemones, the density of *Amphiprion clarkii* is also high, and ERS mating occurs, resulting in a low frequency of sex change and a high number of gonochorists.
- 4. Three species of Platycephalidae are known to spawn in pairs. Mating occurs randomly and with a different mate each time the individual spawns. In *Platycephalus* sp. 2, males that do not change sex and primary females are expected to emerge.
- 5. In *Sparus aurata* (Sparidae), all individuals mature first as male, and thereafter some change sex to female, while others do not. This species exhibits pair spawning between a female and one of several males in a spawning aggregation. Formation of a pair may be established randomly. However, group spawning (ERS mating) is also possible.
- 6. Partial protandry is found in various protandrous species, and in some species all individuals are gonochorists in some populations. As background to this plasticity in sexual pattern, protandrous fishes may adopt random mating and/or ERS mating according to the given population density.

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# **Chapter 4 Protogyny in Fishes**



Yoichi Sakai

**Abstract** Of approximately 480 hermaphroditic fish species, over 300 have been confirmed to undergo protogynous (female-to-male) sex changes. The occurrence of protogyny is strongly related to polygynous mating systems and follows the prediction of the size-advantage model based on the concept of life history strategies that maximize lifetime reproductive success. Sex change in females often occurs in a situation where females become dominant after the disappearance of dominant males in the local group. However, females are also observed to change their sex even in the presence of a dominant male (i.e., bachelor sex change and harem-fission sex change). Female tactics associated with sex change, for example, intergroup movement to improve the social condition and fast growth at the expense of spawning, are also known. This chapter introduces the results of widely studied protogynous sex changes in fish hermaphroditism and focuses on functional contexts and individual-level social mechanisms.

**Keywords** Bachelor sex change  $\cdot$  Diandry and monandry  $\cdot$  Harem-fission sex change  $\cdot$  Mating systems  $\cdot$  Sex change process  $\cdot$  Social control

# **4.1** History of the Study of Protogynous Sex Change in Fish Biology

As mentioned in the previous chapter (see Chap. 1), sequential hermaphroditism (sex change) is a widely documented phenomenon in fishes, including in 41 families of teleost orders (Kuwamura et al. 2020). Of the approximately 480 hermaphroditic fish species, at least 314 species from 20 families of teleost orders have been confirmed to undergo protogynous sex changes (Table 4.1). This is the highest among the four

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**Table 4.1** Number of protogynous species and methodology of confirmation in each fish family

	1 23	Methodolo	av.	
	Number of	Methodolo	Aquarium	Field surveys and/or
Order-family	species	Histology	experiment	experiments in nature
Gobiiformes	species	Thistoregy	спретинен	enperments in nature
Gobiidae	24	18	12	8
Uncertain orders in	Ovalentaria	1	1	
Pomacentridae	6	6	1	2
	2	2	0	1
Pseudochromidae				
Cichliformes				
Cichlidae	1	0	1	0
Cyprinodontiforme	es		•	
Poeciliidae	1	1	1	0
Synbranchiformes				
Synbranchidae	4	4	1	0
Trachiniformes				
Pinguipedidae	7	7	2	2
Trichonotidae	1	1	0	0
Labriformes				
Labridae	99	94	9	9
Odacidae	1	1	0	0
Scaridae	36	36	0	1
Perciformes				
Serranidae	66	65	7	2
Pomacanthidae	22	9	11	6
Malacanthidae	1	1	0	1
Cirrhitidae	6	6	1	1
Scorpaeniformes				
Scorpaenidae	1	1	0	0
Spariformes				
Nemipteridae	2	2	0	0
Lethrinidae	11	11	0	0
Sparidae	22	19	0	0
Tetraodontiformes				
Balistidae	1	1	0	1
Total	314	285	46	34

Order and family names are arranged following Nelson et al. (2016)

The numbers of species in each family and methodology are summed up from data in Chap. 6. The number of species for which there is a report of female pre-maturity even in one population, even if there are different opinions, were counted

Species in which only bidirectional sex change has been reported and those with weak evidence of protogyny are excluded

types of hermaphroditism (i.e., simultaneous, protandry, protogyny, and bidirectional; Kuwamura et al. 2020).

Atz (1964) initially summarized the documentation of hermaphroditism, mainly from anatomical and histological approaches in various taxa, representing the first step toward an integrated view of hermaphroditism in fish biology. Protogyny (female-to-male sex change) was recorded in at least 26 species including serranids, sparids, and labrids (Atz 1964). Similar to many other biological fields related to natural history, studies on sex change in fish have gradually increased since the 1960s. In a review by Reinboth (1970), 41 fish species were reported to be protogynous, including 16 from Serranidae, 3 from Sparidae, 12 from Labridae, and 3 from Scaridae. These four families are still recognized as the main groups displaying protogyny and constitute approximately 71% of all the 314 protogynous fish species (223 species; Table 4.1). In addition, these families include valuable fisheries resources, permitting scientists to obtain specimens via fishery activities for histological analysis. The gonad histology and size distribution pattern analyses remain the basic approaches to identifying the occurrence of sex change. Of the 314 species, 285 (91%) were confirmed to be protogynous by sampling analysis and gonad histology (Table 4.1).

After diving, including SCUBA, became popular in the 1960s, field researchers conducting underwater observations or experimental surveys have studied reef fishes that are not major targets of fisheries. In a review of hermaphroditism in fishes by Yogo (1987), protogyny was recorded in approximately 180 species, including 41 serranids, 84 labrids, and 33 scarids. The number of confirmed species has increased since the review by Reinboth (1970), based on the studies of reef fishes in diving surveys.

Underwater surveys are useful for understanding the processes and patterns of protogynous sex change at the individual level. In addition to providing a detailed understanding of the reproductive styles in fisheries resources, the methodology was synchronized with biology to reveal the adaptive significance of behavioral and ecological traits. A detailed understanding of the animal group, social structure, and mating patterns is a key concept in behavioral ecology studies. Long-term individual discrimination methodologies are adopted to reveal life history strategies or tactics, including sex change patterns. The best-known examples of protogynous fish, including the bluestreak cleaner wrasse Labroides dimidiatus in the Indo-Pacific reefs and the bluehead wrasse *Thalassoma bifasciatum* in the Caribbean reefs, are model animals for various topics in behavioral ecology. In addition, various wrasses, parrotfishes, gobies, *Dascyllus* damselfishes, *Parapercis* sandperches, and serranids, including Pseudanthias squamipinnis (formerly Anthias squamipinnis), Centropyge angelfishes, and cirrhitid hawkfishes, provided outstanding field data that significantly contributed to the nature of sex change as a mating strategy. Many researchers have ever conducted field studies on shallow reefs and confirmed functional protogynous sex changes in 34 fish species via observational surveys (Table 4.1). Thus, the phenomenon of sex change has been a central topic of reproduction and sexuality in reef fish since the 1970s.

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The establishment of an underwater diving system has enabled observational researchers to collect live specimens from reefs in good condition for rearing in aquarium experiments (e.g., Suzuki et al. 1979; Hioki et al. 1982; Ross et al. 1983; Sunobe and Nakazono 1993). Aquarium experiments are useful for understanding the individual abilities of sex changes, revealing hermaphroditic sexualities, by controlling rearing conditions in terms of social combinations in simple cohabitated environments. This approach overcomes the difficulty in observing deep water or cryptic habitat (e.g., inside small holes or crevasses) fishes. However, the maintenance of reproductively active conditions in individual experimental fish is important for confirming sexual patterns. Demersal egg spawners, such as gobiid fishes, are one of the groups successfully used in rearing experiments; protogynous sexuality has been confirmed in 12 gobiid species in aquarium studies. Rearing experimental methods have often been applied to pelagic egg spawners such as labrids (9 species), serranids (7 species), and pomacanthid angelfishes (11 species). Overall, 46 fish species have been confirmed to be protogynous in aquarium experiments (Table 4.1).

#### 4.2 Mating Systems of Protogynous Fishes

Protogyny occurs in various fish groups. Data on the mating systems of up to 131 protogynous fish species were obtained through observational field surveys (Table 4.2). The extensive data on mating systems indicated that protogynous sexuality was strongly related to polygynous mating systems (Robertson and Warner 1978; Warner and Robertson 1978; Kuwamura 1984; Warner 1984, 1988, 1991; Kuwamura et al. 2020). A recent phylogenetic approach revealed that the mating system was an important driver of evolutionary transition in sex allocation in labrid fishes (Hodge et al. 2020).

Mating systems in fishes can be classified using a combination of spatial relationships of individuals and their mating relationships within local populations (Kuwamura 1984, 1997). Males of various reef fishes often establish territories to protect females and/or their resources. Harem polygyny occurs when male territories almost completely encompass several female home ranges (or territories) to maintain a stable mating relationship with cohabiting females (Robertson 1972; Kuwamura 1984, 1997). The other major pattern of the polygynous mating system is called the male territory-visiting polygamy (MTV polygamy; Kuwamura 1997). Males establish mating territories as spawning sites and females visit the site during the mating period and have opportunities for mate choice. Males exhibiting preferable characteristics have opportunities for polygynous mating. MTV polygamy is called as lek-like polygamy in some labrids (Moyer and Yogo 1982; Moyer 1991). These two polygynous mating systems are widely known in reef fishes. Both harem polygyny and MTV polygamy were confirmed in 60 protogynous fish species, respectively (Table 4.2). The detailed characteristics and examples of each type are presented below.

Table 4.2 Mating systems of protogynous fishes with occurrence patterns of male types confirmed by field surveys

			•			•	•	
			Mating system	m				
		Occurrence	Size					
		pattern of	assortative		MTV	Group	Spawning	
Order-family	Species	male types	monogamy	Harem	polygamy	spawning	aggregation	References
Gobiiformes								
Gobiidae	Coryphopterus				X			Cole and Shapiro (1992) and
	glaucofraenum							Forrester et al. (2011)
Gobiidae	Fusigobius neophytus	Diandry			X			Tsuboi and Sakai (2016)
Gobiidae	Gobiodon histrio	Monandry	×					Munday et al. (1998)
Gobiidae	Gobiodon okinawae	Monandry	X					Cole and Hoese (2001)
Gobiidae	Gobiodon	Monandry	×					Nakashima et al. (1996) and
	quinquestrigatus							Thompson et al. (2007)
Gobiidae	Lythrypnus dalli				X			St. Mary (1994)
Gobiidae	Paragobiodon echinocephalus	Monandry	×					Lassig (1976, 1977) and Kuwamura et al. (1994)
Gobiidae	Paragobiodon xanthosomus	Monandry	×					Wong et al. (2008)
Gobiidae	Trimma okinawae	Monandry		ND PA				Sunobe and Nakazono (1990)
Uncertain orders in Ovalentaria	in Ovalentaria							
Pomacentridae	Dascyllus aruanus	Diandry		AF				Fricke and Holzberg (1974), Coates (1982), Shpigel and Fishelson (1986) and Cole (2002)
Pomacentridae	Dascyllus cameus	Diandry		AF				Asoh and Yoshikawa (2003)
Pomacentridae	Dascyllus flavicaudus			ΑF				Asoh (2004) and Godwin (1995)
								(bennitaco)

Table 4.2 (continued)

			Mating system	l l				
		Occurrence	Size					
		pattern of	assortative		MTV	Group	Spawning	
Order-family	Species	male types	monogamy	Harem	polygamy	spawning	aggregation	References
	Dascyllus	Monandry		AF				Shpigel and Fishelson (1986) and
Pomacentridae	marginatus							Fricke (1980)
	Dascyllus	Monandry		AF				Asoh (2005a)
Pomacentridae	melanurus							
	Dascyllus	Monandry		AF				Asoh (2005b) and Sakanoue and
Pomacentridae	reticulatus							Sakai (2019)
Synbranchiformes	SS							
Synbranchidae	Monopterus albus				×			Matsumoto et al. (2011)
Pinguipedidae	Parapercis cylindrica	Monandry		TF				Stroud (1982) and Walker and McCormick (2009)
	Parapercis	Monandry		TF				Stroud (1982) and Clark et al.
Pinguipedidae	hexophtalma							(1991)
Pinguipedidae	Parapercis snyderi	Monandry		TF				Nakazono et al. (1985), Ohta (1987) and Ohnishi et al. (1997)
Labriformes								
Labridae	Bodianus diplotaenia	Monandry			×			Hoffman (1985)
Labridae	Bodianus eclancheri	Monandry				X		Hoffman (1985)
Labridae	Bodianus mesothorax	Monandry					X	Claydon (2005)
Labridae	Bodianus rufus	Monandry		CF				Hoffman (1985)
Labridae	Cheilinus fasciatus	Monandry		ND ND			×	Hubble (2003), Donaldson (1995) and Claydon (2004)

Labridae	Cheilinus trilobatus   Monandry	Monandry	QN	×			Yogo (1987), Colin and Bell (1991) and Claydon (2004)
Labridae	Cheilinus undulatus	Monandry	QN	×		×	Colin and Bell (1991), Colin (2010), Claydon (2004) and Sadovy de Mitcheson et al. (2010)
Labridae	Cirrhilabrus temmincki	Monandry		×			Bell (1983) and Kohda et al. (2005)
Labridae	Clepticus parrae	Monandry				×	Warner and Robertson (1978) and Robertson and Hoffman (1977)
Labridae	Coris dorsomacula	Monandry	ND				Tribble (1982)
Labridae	Coris gaimard	Monandry		×			Sancho et al. (2000)
Labridae	Coris julis	Diandry		×			Lejeune (1987)
Labridae	Epibulus insidiator	Monandry	ND	×			Colin and Bell (1991) and Kuwamura et al. (2016b)
Labridae	Gomphosus varius	Monandry		×			Colin and Bell (1991) and Kuwamura et al. (2016b)
Labridae	Halichoeres bivittatus	Diandry		×	X		Warner and Robertson (1978) and Clavijo and Donaldson (1994)
Labridae	Halichoeres garnoti	Monandry		×			Robertson (1981)
Labridae	Halichoeres maculipinna	Diandry		×			Robertson (1981)
Labridae	Halichoeres margaritaceus	Monandry	QN				Walker and Ryen (2007)
Labridae	Halichoeres marginatus	Monandry		×	×		Shibuno et al. (1993)
Labridae	Halichoeres melanochir	Monandry		×			Moyer and Yogo (1982) and Yogo (1985)
Labridae	Halichoeres melanurus	Diandry	N QN	×			Colin and Bell (1991), Kuwamura et al. (2000) and Karino et al. (2000)

Continued

Table 4.2 (continued)

			Mating system	=				
		Occurrence	Size					
		pattern of	assortative		MTV	Group	Spawning	
Order-family	Species	male types	monogamy	Harem	polygamy	spawning	aggregation	References
Labridae	Halichoeres miniatus	Monandry		TF.				Munday et al. (2009)
Labridae	Halichoeres semicinctus	Monandry			×	×		Adreani and Allen (2008)
Labridae	Halichoeres tenuispinnis	Diandry			×			Nakazono (1979)
Labridae	Halichoeres trimaculatus	Diandry			×	×		Suzuki et al. (2008) and Suzuki et al. (2010)
Labridae	Iniistius pentadactylus	Monandry		TF				Nemtzov (1985)
Labridae	Labrichthys unilineatus	Monandry		ND				Colin and Bell (1991)
Labridae	Labroides dimidiatus	Monandry		CF				Robertson (1972) and Kuwamura (1984)
Labridae	Lachnolaimus maximus	Monandry		ND				McBride and Johnson (2007) and Colin (1982)
Labridae	Macropharyngodon moyeri	Monandry		ND				Moyer (1991)
Labridae	Notolabrus celidotus	Monandry			X			Jones (1980, 1981)
Labridae	Parajulis poecilopterus	Diandry			×	×		Nakazono (1979), Fukui et al. (1991) and Kimura and Kiriyama (1992)
Labridae	Pseudocheilinus hexataenia	Monandry		ND				Colin and Bell (1991)

Labridae	Pseudolabrus sieboldi	Diandry	X		Nakazono (1979)
Labridae	Pteragogus aurigarius	Monandry	X	×	Nakazono (1979), Moyer (1991) and Shimizu et al. (2022)
Labridae	Semicossyphus pulcher	Monandry	X		Adreani et al. (2004)
Labridae	Stethojulis interrupta	Diandry	X		Nakazono (1979)
Labridae	Stethojulis trilineata	Diandry	X		Kuwamura et al. (2016b) and Yogo (1987)
Labridae	Suezichthys ornatus	Monandry	X		Andrew et al. (1996)
Labridae	Symphodus melanocercus	Diandry	X		Warner and Lejeune (1985)
Labridae	Symphodus tinca	Diandry	×		Warner and Lejeune (1985)
Labridae	Thalassoma bifasciatum	Diandry	X	X	Warner and Robertson (1978) and Reinboth (1973)
Labridae	Thalassoma cupido	Diandry	X	X	Meyer (1977)
Labridae	Thalassoma duperrey	Diandry	X	×	Ross (1982)
Labridae	Thalassoma hardwicke	Diandry	×	×	Robertson and Choat (1974), Craig (1998) and Kuwamura et al. (2016b)
Labridae	Thalassoma jansenii	Diandry	X	×	Kuwamura et al. (2016b)
Labridae	Thalassoma lucasanum	Diandry	X	X	Warner (1982)
Labridae	Thalassoma lunare	Diandry	X	X	Robertson and Choat (1974)
Labridae	Thalassoma lutescens	Diandry	X	X	Shibuno et al. (1994a) and Kuwamura et al. (2016b)
Labridae	Thalassoma pavo	Diandry	X	X	Wernerus and Tessari (1991)

Table 4.2 (continued)

			Mating system	B				
		Occurrence	Size					
		pattern of	assortative		MTV	Group	Spawning	
Order-family	Species	male types	monogamy	Harem	polygamy	spawning	aggregation	References
Labridae	Thalassoma quinquevittatum				×	×		Craig (1998) and Kuwamura et al. (2016b)
Labridae	Xyrichtys martinicensis	Monandry		丑				Victor (1987)
Labridae	Xyrichtys novacula	Monandry		TF				Bentivegna and Rasotto (1987) and Marconato et al. (1995)
Scaridae	Calotomus carolinus	Monandry			×			Robertson et al. (1982)
Scaridae	Calotomus japonicus	Monandry			×			Shibuno et al. (1994b)
Scaridae	Cetoscarus bicolor	Diandry		ND				Colin and Bell (1991)
Scaridae	Chlorurus sordidus	Diandry			X	X		Yogo et al. (1980)
Scaridae	Cryptotomus roseus	Monandry			X			Robertson and Warner (1978)
Scaridae	Scarus forsteni	Diandry			X			Colin and Bell (1991) and Kuwamura et al. (2009)
Scaridae	Scarus frenatus	Monandry/ diandry		ND				Choat and Robertson (1975) and Gust (2004)
Scaridae	Scarus globiceps	Diandry			×	×		Choat and Robertson (1975) and Kuwamura et al. (2009)
Scaridae	Scarus iseri	Diandry		ND	X	X	X	Robertson and Warner (1978) and Colin (1978)
Scaridae	Scarus niger	Monandry			X	X		Kuwamura et al. (2009)
Scaridae	Scarus oviceps	Diandry			X			Claydon (2005)
Scaridae	Scarus psittacus	Diandry			X			Colin and Bell (1991), Claydon (2005) and Kuwamura et al. (2009)

Choat and Robertson (1975) and Kuwamura et al. (2009)	Colin and Bell (1991)	Yogo (1985)	Clavijo (1983)	Robertson and Warner (1978) and Muñoz and Warner (2003a, 2004)	Robertson and Warner (1978)	Robertson and Warner (1978)		Shpigel and Fishelson (1991) and Schemmel et al. (2016)	Sadovy et al. (1994)	Shpigel and Fishelson (1991)	Shpigel and Fishelson (1991)	Erisman et al. (2010)	Kline et al. (2011)			
												×				×
×		×	×				×	×								
×	×	×	×			×	×	×	X							
~			ND	ND (AF?)	ND (CF?)		ND 3		7		ND	QN QN		TF.	N Q	ND (CF?)
													×			
Diandry	Diandry	Diandry	Diandry	Monandry	Monandry	Monandry	Monandry	Monandry	Monandry		Monandry	Monandry	Monandry	Monandry	Monandry	Monandry
Scarus rivulatus	Scarus schlegeli	Scarus sordidus	Scarus vetula	Sparisoma atomarium	Sparisoma aurofrenatum	Sparisoma chrysopterum	Sparisoma radians	Sparisoma rubripinne	Sparisoma viride		Cephalopholis argus	Cephalopholis fulva	Cephalopholis hemistiktos	Cephalopholis miniata	Cephalopholis panamensis	Epinephelus adscensionis
Scaridae	Scaridae	Scaridae	Scaridae	Scaridae	Scaridae	Scaridae	Scaridae	Scaridae	Scaridae	Perciformes	Serranidae	Serranidae	Serranidae	Serranidae	Serranidae	Serranidae

Table 4.2 (continued)

			Mating system	ш				
		Occurrence	Size					
		pattern of	assortative		MTV	Group	Spawning	
Order-family	Species	male types	monogamy	Harem	polygamy	spawning	aggregation	References
Serranidae	Epinephelus fuscoguttatus	Monandry					X	Pears et al. (2007)
Serranidae	Epinephelus guttatus	Monandry					X	Shapiro et al. (1994), Sadovy et al. (1994) and Nemeth et al. (2007)
Serranidae	Epinephelus marginatus	Monandry			×			Zabala et al. (1997a, b)
Serranidae	Epinephelus ongus	Monandry					X	Nanami et al. (2013) and Ohta and Ebisawa (2015)
Serranidae	Mycteroperca microlepis	Monandry					X	Gilmore and Jones (1992) and Brulé et al. (2015)
Serranidae	Mycteroperca olfax	Monandry					X	Salinas-de-León et al. (2015) and Usseglio et al. (2015)
Serranidae	Mycteroperca phenax	Monandry					X	Gilmore and Jones (1992) and Harris et al. (2002)
Serranidae	Mycteroperca rubra	Monandry					X	Aronov and Goren (2008)
Serranidae	Mycteroperca venenosa	Monandry				X	X	Schärer et al. (2012) and García- Cagide and García (1996)
Serranidae	Plectropomus leopardus	Diandry					X	Samoilys and Squire (1994) and Adams (2003)
Serranidae	Pseudoanthias squamipinnis	Monandry		AF				Shapiro (1981) and Yogo (1985)
Pomacanthidae	Centropyge bicolor	Monandry		CF				Aldenhoven (1984)
Pomacanthidae <i>ferrugata</i>	Centropyge ferrugata	Monandry		CF				Sakai and Kohda (1997)

Pomacanthidae	Centropyge interruptus	Monandry	CF	Moyer and Nakazono (1978)
Pomacanthidae	Centropyge multispinis	Monandry	ND	Moyer (1990)
Pomacanthidae	Centropyge potteri	Monandry	CF	Lutnesky (1994, 1996) and Lobel (1978)
Pomacanthidae	Centropyge tibicen	Monandry	CF	Moyer and Zaiser (1984) and Moyer (1987)
Pomacanthidae	Centropyge vrolikii	Monandry	CF	Sakai et al. (2003b)
Pomacanthidae	Genicanthus caudovittatus	Monandry	AF	Moyer (1990)
Pomacanthidae	Genicanthus lamarck	Monandry	AF	Moyer (1984)
Pomacanthidae	Genicanthus melanospilos	Monandry	AF	Moyer (1987, 1990)
Pomacanthidae	Genicanthus semifasciatus	Monandry	AF	Moyer (1987, 1990)
Pomacanthidae	Holacanthus passer	Monandry	ND	Moyer et al. (1983) and Arellano- Martínez (1997)
Pomacanthidae	Holacanthus tricolor	Monandry	CF	Hourigan and Kelley (1985), Hourigan (1986) and Moyer et al. (1983)
Malacanthidae	Malacanthus plumieri	Monandry	TF	Baird (1988)
Cirrhitidae	Cirrhitichthys aprinus	Monandry	Ŧ	Kobayashi and Suzuki (1992), Sadovy and Donaldson (1995) and Donaldson (1990)
Cirrhitidae	Cirrhitichthys falco	Monandry	TF	Donaldson (1987) and Kadota et al. (2011)
				(F;7)

Table 4.2 (continued)

			Mating system	m				
		Occurrence	Size					
		pattern of	assortative		MTV Group		Spawning	
Order-family   Species	Species	male types	monogamy	Harem	polygamy	spawning	monogamy Harem polygamy spawning aggregation	References
Cirrhitidae	Cirrhitichthys	Monandry		TF				Donaldson (1990)
	oxycephalus							
Cirrhitidae   Neocirrhites	Neocirrhites	Monandry		TF				Sadovy and Donaldson (1995) and
	armatus							Donaldson (1989, 1990)
Scorpaeniformes								
Scopaenidae   Caracanthus	Caracanthus	Monandry		ND				Wong et al. (2005)
	unipinna							
Tetraodontiformes	Se							
Balistidae Sufflamen	Suffamen			TF				Takamoto et al. (2003) and Seki
	chrysopterus							et al. (2009)

For haremic groups, three types are shown; CF cohabiting female-type, TF territorial female-type, AF aggregating female-type, ND harem types unidentified, ? weak evidence X indicates that there are reported cases

#### 4.2.1 Harem Polygyny

The cohabitation of multiple females within male territories and the establishment of stable mating relationships are the characteristics of harem polygyny. Large males maintain stable territories encompassing female home ranges or female territories and monopolize mating opportunities with cohabiting females. Pair spawning between territorial males and cohabiting females is the main form of mating in haremic fishes. Commonly, the largest individuals in each harem group function as males and the other smaller individuals function as females.

In *Parapercis* sandperches, pomacanthid angelfishes, and cirrhitid hawkfishes, all protogynous species ever examined their mating systems showed harem polygyny. Many harem species are also known in the Labridae (17 of 53 protogynous species whose mating system is known), Scaridae (7 of 22), and Serranidae (6 of 17) (Table 4.2). Harem polygyny is also confirmed in Gobiidae, Malacanthidae, Scorpaenidae, and Balistidae (Table 4.2) with one protogynous species record in each family.

In terms of spatial relationships among females, three types of group structures are distinguished in harem polygyny (Kuwamura 1984; Sakai and Kohda 1997).

#### 4.2.1.1 Cohabiting Female-Type Harem

In the cohabiting female-type harem, the home ranges of females overlapped with each other (Fig. 4.1). This harem is recorded from *Bodianus rufus* and *L. dimidiatus*, *Centropyge* angelfishes, and *Holacanthus tricolor* (a total of nine species; Table 4.2). Frequent social interactions among harem members have been reported in this type of harem. Males repeatedly conduct patrols within their territories and have social contacts with females. The females meet with each other during the daytime and interact socially. The dominance order among harem members is based on body size (Kuwamura 1984; Sakai and Kohda 1997). Females of different body sizes cohabit, usually exhibiting a dominant linear relationship among harem members (linear-type harem; Fig. 4.1). Social interaction among cohabiting harem members is an important characteristic related to the mechanism of sex change in these fishes (see Sect. 4.5, Social control of sex change).

However, even in this type of harem, females of similar body sizes become mutually exclusive regarding their territories. Individuals with different body sizes overlap in their home ranges, whereas those with similar body sizes become territorial. Consequently, male territories are sometimes divided into two female subgroups (Robertson 1974; Kuwamura 1984; Hoffman 1985; Hourigan 1986; Sakai and Kohda 1997; Munday et al. 2009). The harem structure with female territoriality is found in harems of the cleaner wrasse *L. dimidiatus* (Kuwamura 1984) and *Centropyge* and *Holacanthus* angelfishes (Hourigan and Kelley 1985; Sakai and Kohda 1997) and is described as a branching-type harem (Fig. 4.1), related to the variation in the timing of sex change (see Sect. 4.6, Harem-fission sex change).

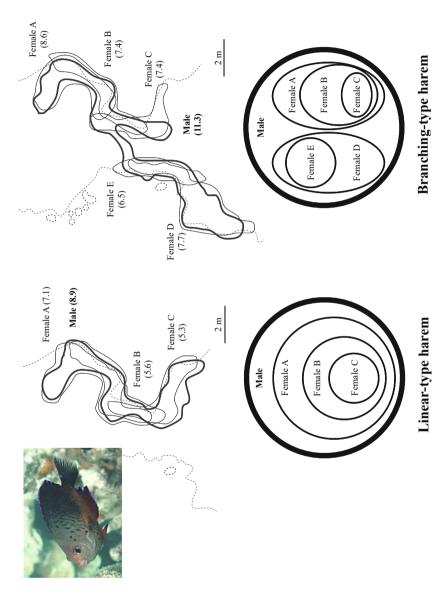


Fig. 4.1 Typical example of the spatial relationship of the cohabiting female-type harem. Male territories (thick lines) and female home ranges (thin lines) of two adjacent harems of the angelfish Centropyge ferrugata on reefs of Sesoko Island, Okinawa, are shown (redrawn from Sakai and Kohda 1997). Male territories encompass female home ranges, and female home ranges overlap. Total lengths (cm) are given in parentheses. Schematic models of two variation patterns of the cohabiting female-type harem are also shown; home ranges of females overlap within a male territory (the linear-type harem, left), while two dominant females that are exclusive of each other form subgroups within a male territory (the branching-type harem, right) (photo Yoichi Sakai)

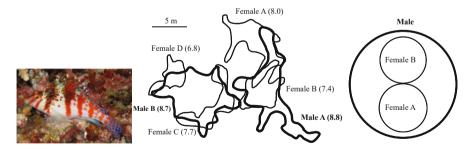
#### 4.2.1.2 Territorial Female-Type Harem

In this type, females maintained individual territories and divided the dominant male territory (Fig. 4.2), as confirmed in *Parapercis* sandperches, *Halichoeres*, *Iniistius* and *Xyrichtys* wrasses, the serranid *Cephalopholis miniata*, *Malacanthus* sand tilefish, cirrhitid hawkfish, and the triggerfish *Sufflamen chrysopterus* (a total of 14 species; Table 4.2). Exclusive territorialities among harem females are caused by the protection of shelter resources in open habitats (Clark 1983; Baird 1988), mating resources (Ishihara and Kuwamura 1996; Seki et al. 2009), and food resources (Shpigel and Fishelson 1991; Kadota et al. 2011). In contrast to the cohabiting female-type harem, social interactions among females occur infrequently, but dominant males often interact with females during territory patrols and courtship.

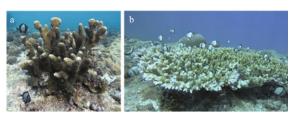
#### 4.2.1.3 Aggregating Female-Type Harem

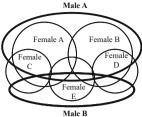
This is often seen in fish gregariously hovering in the water column to feed on zooplankton (Shapiro 1981; Moyer 1984; Yogo 1985; Sakanoue and Sakai 2019). No territorial relationship was found among the gregarious females, and a size-related spatial relationship was not found in the harem. This harem type was recorded in the coral-dwelling *Dascyllus* damselfishes, a serranid *P. squamipinnis*, and *Genicanthus* angelfishes (11 species; Table 4.2). The lack of apparent exclusive relationships among females in this harem is similar to that in cohabiting female-type harems. Females stably spawn with territorial males in each aggregating female-type harem, similar to the other two types of harems.

All the 11 protogynous species maintaining aggregating female-type harems showed a multi-male harem structure, where two or more territorial males dominated a female harem. The single male harem of the planktivorous serranid *P. squamipinnis* swimming in the water column includes up to nine females (Shapiro



**Fig. 4.2** Typical example of the spatial relationship of the territorial female-type harem. Male territories (*thick lines*) and female territories (*thin lines*) of two harems of the hawkfish *Cirrhitichthys falco* on the reefs of Kuchierabu-jima Island, southern Japan (*left*; redrawn from Kadota et al. 2011). Each male territory encompasses two female territories. Total lengths (cm) are given in parentheses. A schematic model of two female territories within a male territory is also shown (*right*; redrawn from Kuwamura 1984) (*photo* Tatsuru Kadota)





**Fig. 4.3** Typical example of the spatial relationship of the aggregating female-type harem. Harem groups of the coral-dwelling damselfish *Dascyllus reticulatus* are formed on shelter corals. Single male harems often occur on corals with wide gaps between long branches (**a**), while multi-male groups often occur on corals with narrow gaps between fine short branches (**b**). A schematic model of a multi-male group is also shown (*right*); females often swim together and their home ranges (*thin lines*) overlap within male territories (*thick lines*) (*photo* Rei Sakanoue)

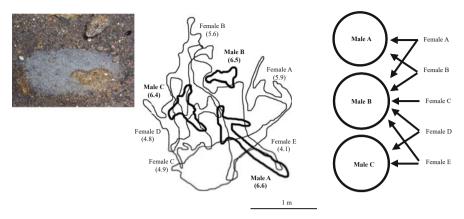
1977; Yogo 1985). In contrast, in the case of a harem with more individuals, multiple males cohabit, for example, a multi-male harem of *P. squamipinnis* included 15 males and 72 females (Yogo 1985). The females' home ranges overlap with multiple male home ranges providing opportunities to change spawning partners within a harem, suggesting the possibility of promiscuous mating. Thus, increased harem size often leads to multiple male groups.

High-density multi-male groups of the coral-dwelling *Dascyllus* damselfish often occur in high coral cover habitats (Fricke 1980; Shpigel and Fishelson 1986). However, multi-male harem groups sometimes occur, even in habitats with low coral cover (Asoh 2004). In *Dascyllus reticulatus*, the group structure strongly depends on the shelter spaces in the coral branches; single males tend to monopolize harems of large females in corals with long branches (Fig. 4.3a) ,providing wide shelter spaces suitable for large individuals, whereas relatively small adults inhabit corals with short branches providing narrow spaces in high density (short-branch groups; Fig. 4.3b). Multi-male group composition often occurs in short-branch groups even in the low coral cover habitats (Sakanoue and Sakai 2019).

The presence of multiple males within a harem group indicates the occurrence of sex change by a female in the presence of a dominant male. The process and social context of sex change in this harem type will be described later (Sect. 4.6).

## 4.2.2 Male Territory-Visiting Polygamy

In Labridae and Scaridae, MTV polygamy is the most frequent form of mating system (37 of 53 protogynous wrasses and 18 of 22 protogynous parrotfishes; Table 4.2). Phylogenetic analyses have found that the ancestral mating systems of labrid fish most likely belong to MTV polygamy (Hodge et al. 2020). These two families occupy 92% of the 60 MTV polygamy records. These labrids and scarids are fast swimmers; most are pelagic egg spawners, and hence use offshore spawning



**Fig. 4.4** Typical example of the spatial relationship of the male territory-visiting (MTV) polygamy. Home ranges of females (*thin lines*) and territories of nest-holding males (*thick lines*) of *Fusigobius neophytus* on the reefs of Kuchierabu-jima Island, southern Japan (*left*; redrawn from Tsuboi and Sakai 2016). Some females overlap their home ranges with multiple male territories. Total lengths (cm) are given in parentheses. A schematic model indicates mating relationships in MTV polygamy, in which females can change male mating territories for spawning (*right*; redrawn from Kuwamura 1997) (*photo* Miyuki Tsuboi)

sites for dispersing eggs and transporting them offshore (Colin and Bell 1991; Kuwamura et al. 2009). MTV polygamy has been found even in fishes showing paternal care for demersal eggs within their mating territories: *Symphodus* wrasses, *Coryphopterus*, *Fusigobius*, *Lythrypnus* gobies, and the synbranchid *Monopterus albus* (Table 4.2; Fig. 4.4).

In fish with MTV polygamy, territorial males frequently develop bright body coloration to attract females, similar to leks in birds. In contrast, territorial males with harem mating systems maintain large body sizes for resource and female defense, but do not generally show sexual dichromatism or dimorphism. These differences in male characteristics are consistent with the theory of sexual selection.

In MTV polygamy, the primary mating form involves pair spawning between territorial males and visiting females. Large individuals within a local population tend to become territorial males. It is well known that some territorial males often have the opportunity to spawn with many females (Warner 1984, 2001). In addition, alternative mating tactics such as sneaking, streaking, and group spawning are often observed in smaller males because of a relatively loose monopoly on mating opportunities with females by territorial males (Warner 1984, 2001; see Sect. 4.3). Some smaller males have pair spawning opportunities with females moving toward the male territorial spawning sites; this interception is called sneaking. The release of sperm by smaller males simultaneously with territorial males, coinciding with malefemale pair spawning is called streaking.

In addition, small males often form groups to spawn with females (i.e., group spawning). The group spawning was exclusively confirmed in pelagic egg spawners and reported in at least 27 protogynous fish species (Table 4.2). Nearly all these

cases are observed in labrids (17 species) and scarids (9 species). Of the 27 group spawning species, 93% (25 species) maintained MTV polygamy (Table 4.2). At spawning sites in MTV polygamy, group spawning is observed along with pair spawning, as females are ready to spawn together. In the high-density population site of the bluehead wrasse *T. bifasciatum*, the group-spawning males drive out territorial males from spawning sites, where females prefer to spawn and get frequent mating opportunities (Warner 1984, 2001).

Some labrids and scarids are reported to exhibit different mating systems among populations, including harem polygyny or MTV polygamy (two *Cheilinus* species, *Epibulus insidiator*, *Halichoeres melanurus*, two species of *Scarus*, and *Sparisoma radians*; Table 4.2). Although the mechanism promoting variation in mating system has not been revealed in many labroid fishes, one comparative field study on *H. melanurus* provides insight into this issue. The wrasse maintains reproduction by MTV polygamy, where females actively change their mates over a long mating trip visiting different males (Kuwamura et al. 2000). However, under high predation risks, females repeatedly spawn with nearby males, resulting in a mating system similar to that of harem polygyny (Karino et al. 2000). Under social or environmental conditions restricting female mate choice, mating based on MTV polygamy may flexibly shift to a harem-like group structure.

### 4.2.3 Monogamy

In protogynous gobies, the monogamous mating system is confirmed in coral-dwelling *Gobiodon* and *Paragobiodon* species (5 species; Table 4.2). In these monogamous gobies, males play an important role in egg guarding by covering the eggs spawned on the surface of coral branches (Kuwamura et al. 1994; Nakashima et al. 1996; Munday et al. 1998). The largest individuals function as males at the beginning of pair formation within local groups. These goby species are observed to form pairs of size-matched individuals. It has been reported that sex differences in growth (Kuwamura et al. 1994) and growth regulation between pairs (Munday et al. 2006a) are mechanisms that drive size-matched pairs. Details are described in the following chapter (Chap. 5).

The protogynous serranid *Cephalopholis hemistiktos* is reported to maintain a monogamous mating system with small territorial home ranges in small patch reef habitats isolated from sandy beds (Shpigel and Fishelson 1991). It is suggested that poor food availability in habitat restricts group size and forces monogamy in serranids. However, an exceptional example of a harem group comprising one male and two females has been observed (Shpigel and Fishelson 1991), suggesting the potential ability to establish harem polygyny when they settle in prey-rich habitats. Further field examination of mating systems of *C. hemistiktos* is expected to reveal whether it is obligately monogamous or facultatively monogamous and potentially harem polygynous, depending on the habitat conditions.

### 4.2.4 Spawning Aggregation

Spawning aggregation is reported in at least 164 species of coral reef fishes in 26 families (Claydon 2004) and occurs in the middle of the reproductive process just before spawning. It involves long-distance migration to offshore areas suitable for spawning and is often observed in those with a habit of spawning at limited and specific times (Robertson 1983; Claydon 2004). Spawning aggregation was recorded in 16 protogynous fishes, including 11 serranids in *Cephalopholis*, *Epinephelus*, *Mycteroperca*, and *Plectropomus* (Table 4.2). In addition, four protogynous labrids and one protogynous scarid species have also been recorded with spawning aggregation (Table 4.2). However, spawning aggregations cannot be considered under a comparable independent mating-system category.

Owing to the considerable difficulties in conducting field observation in offshore waters where spawning aggregations often occur, detailed individual-level data on mating behaviors are limited. Harem mating systems or MTV polygamy with records of spawning aggregation habits have been reported in two labrids (Cheilinus fasciatus and Cheilinus undulatus), a scarid Scarus iseri, and two protogynous serranids (Cephalopholis fulva and Epinephelus adscensionis) (Table 4.2). However, in most cases, whether the territorial structures of harems and MTV polygamy are formed in areas where individuals aggregate to spawn remains to be elucidated. Six serranids, namely, C. fulva, Epinephelus guttatus, Epinephelus ongus, Mycteroperca microlepis, Mycteroperca phenax, and Plectropomus leopardus perform pair spawning ascents (Erisman et al. 2009; Nanami et al. 2013), implying the broad occurrence of male territoriality to secure mating partners at the spawning sites where females form aggregates. In contrast, group spawning in S. iseri occurs following spawning aggregation (Colin 1978). Further research on spawning aggregates is needed to obtain data on spawning territoriality and mate fidelity (stable or promiscuous) with notes on their spawning forms, which clarify their actual status as mating systems.

## 4.3 Monandry and Diandry

Two types of males are known in protogynous fishes: primary males and secondary males derived from females (Reinboth 1970). The coexistence of small males and large territorial males within a local population occurs in several protogynous fishes. Histological approaches have revealed that small males not derived from sex changes in females occur in several protogynous fishes. The non-sex-changing males, called primary males, differ from males derived from sex change (secondary males) in terms of gonadal maturation or development. No remnants of the ovarian structure or ovarian cells were histologically verified in or around the testicular structure of primary males (Reinboth 1970; Sadovy and Shapiro 1987). Diandry is defined by the coexistence of two types of males in a population or species; in monandry, all males are derived from the sex change of females.

F			
Occurrence pattern of	Size assortative	Harem polygyny	MTV polygamy
male types	monogamy $(n = 6)$	(n = 51)	(n = 52)
Monandry $(n = 71)$	6	46	19
Diandry $(n = 32)$	0	3	29
Unknown $(n = 6)$	0	2	4

Table 4.3 Relationship between occurrence pattern of male types and mating systems of protogynous fishes

Number of species summarized from Table 4.2, excluding species with more than one mating system records and those only with spawning aggregation

Monandry was confirmed in 89 protogynous species and diandry in 37 including various labrids and scarids (Table 4.2). The occurrence of both or only one of these types of males is related to the mating system of fish. The following discussion focuses on protogynous species with only one known mating system (i.e., monogamy, harem polygyny and MTV polygamy) for comparison, with the exception of species that exclusively exhibit spawning aggregation.

In total, 71 and 32 protogynous fish species are identified as monandrous and diandrous, respectively (Table 4.3). Monandry is broadly confirmed in fish maintaining stable mating relationships, that is, harem polygyny and monogamy. In all, 46 of the 51 species of harem fish (90%), and all 6 monogamous protogynous fishes are monandrous (Table 4.3). Territorial males monopolize mating in harems or secure mating opportunities within monogamous pairs in monandric fishes. Thus, pair spawning between territorial males and females is the primary form of mating. In most cases, sneaking or streaking is rare because of the strong territorial dominance of males (but see Ohnishi et al. 1997; Muñoz and Warner 2003a).

Some MTV polygamous fish species are monandric (19 species; Table 4.3). However, the number of monandric species with MTV polygamy may be overestimated, because the frequency of primary males within a population varies with population density in various diandric MTV polygamous fishes (Warner 1984). Therefore, reports of monandry in MTV polygamous fishes should be carefully re-examined for the possibility of the occurrence of primary males, depending on the population density.

Of the 32 diandric species 91% (29 species) exhibited MTV polygamy in their mating system (Table 4.3). Many diandrous wrasses and parrotfishes possess high free-swimming abilities and produce pelagic eggs in the water column. Diandric sexuality has also been confirmed in demersal egg spawners, i.e., a goby *Fusigobius neophytus* (Tsuboi and Sakai 2016) and some haremic *Dascyllus* damselfish (Cole 2002; Asoh and Yoshikawa 2003; Table 4.2).

Primary males of diandric labrids and scarids develop large testes even when they are small, providing an advantage during streaking or group spawning (Robertson and Warner 1978; Warner and Robertson 1978; Warner 1984, 2001). Primary males often maintain female-like body coloration and behave stealthily to sneak or streak, while avoiding attacks from territorial males performing courtship displays to approaching females for pair spawning. Sex-changing females and primary males

of diandric labroid fishes can become territorial males after growth and exhibit secondary body coloration.

The occurrence of small males due to small female sex change (see Sect. 4.7) or immature female sex change (i.e., prematurational sex change) is not defined as diandry, as long as ovary-related tissues are histologically present. In the case of the monandric labrid *Notolabrus celidotus* (formerly *Pseudolabrus celidotus*), small males derived from protogynous sex change of immature females (prematurational sex change) coexist with large sex-changing males within a population showing MTV polygamy (Jones 1981). In addition, the occurrence of males via prematurational sex change has also been detected in *Bodianus eclancheri* (Labridae), *Sparisoma cretense* (Scaridae), *Lethrinus nebulosus* (Lethrinidae), and *Pagrus ehrenbergii* (Sparidae) (Chap. 6). Furthermore, the prematurational sex change may also occur in at least three labrids: *Cirrhilabrus temmincki*, *Labrus bergylta*, and *Labrus mixtus*; a serranid *Paralabrax maculatofasciatus*; a nemipterid *Scolopsis monogramma*; a lethrinid *Lethrinus atkinsoni*; and a sparid *Pagrus pagrus*.

The origin and sexuality of primary males in diandric fish have long been discussed. It has long been believed that primary males are gonochoric without sexual plasticity. However, primary males of the genera *Halichoeres* and *Parajulis* have recently been shown to have the ability to change sex to females (Kuwamura et al. 2007; Miyake et al. 2008). In addition, juveniles of the famous diandric wrasse, *T. bifasciatum*, have been confirmed to become primary males or females, depending on social conditions, for example, conspecific densities (Munday et al. 2006c). Since plastic sexuality has been confirmed in the primary males of some diandric wrasses, it may not be necessary to distinguish between males by prematurational sex change and those by direct maturation to primary males. Research to elucidate the details of the social and environmental conditions under which prematurational sex change occurs is expected to provide an integrated understanding of the mechanisms of small male emergence in protogynous fishes.

## **4.4** Adaptive Significance of Protogyny Explained by the Size-Advantage Model

Protogyny is recorded mainly in fishes that maintain harem polygyny or MTV polygamy, where large dominant males can obtain polygynous mating opportunities. This condition coincides with the prediction of the adaptive significance of protogynous sexuality using the size-advantage model (SA model; see Chap. 1). The SA model predicts that protogynous (female to male) sex change will be selectively favored in fishes with polygynous mating systems, where large males monopolize mating to the detriment of small ones (Warner 1975, 1984, 1988).

Small young males generally have poor mating opportunities in polygynous mating groups dominated by large territorial males. In contrast, females maintain

mating opportunities, even when their body size is small. In this social context, it is predicted that individuals can maximize their lifetime reproductive success by maturing as females first and changing sex into males after growing larger. For many protogynous fishes that maintain harem polygyny or MTV polygamy, it has been widely confirmed that large territorial males obtain high reproductive success via multiple spawning opportunities in local groups. Therefore, the prediction of the SA model fits well with the social and mating conditions of the polygynous mating groups.

The emergence of primary males in situations that favor protogyny, in which large males dominate reproduction, is also theoretically well explained. Warner's (1975) SA model shows that the characteristics of the mating system, such as mate choice by females and the degree of monopoly of reproductive opportunities by males, determine the direction and frequency of the sex change phenomenon. In the bluehead wrasses T. bifasciatum, the number of individuals living in a patch reef varies greatly depending on its size. On large reefs harboring large populations of the wrasse, large numbers of small primary males that do not have a territory group together to interfere with the spawning of territorial males and then conduct group spawning at females' favorite spawning sites (Warner 1984). This shows that in a population where it is difficult for territorial males to monopolize reproduction, the proportion of primary males will be high. This is consistent with the predictions of the SA model. Based on this concept, Charnov (1982) also successfully accounted for variation among populations in the proportion of primary male bluehead wrasses in field data using an ESS model that predicts an optimal value for the proportion of primary males occurring under the influence of the reproductive success of territorial males. In other words, the frequency of the occurrence of primary males may mutate depending on the advantage of primary males in terms of their mating tactics in the local habitat.

It has been hypothesized that sexual differences in life history traits, such as mortality or growth rates, may also favor the evolution of protogynous sex change (Charnov 1982; Warner 1988; Iwasa 1991). In general, individuals maximize fitness by first maturing with lower mortality or higher growth rate and later changing into the other sex. For the coral-dwelling goby Paragobiodon echinocephalus with a size-assortative monogamous mating system, where size-fecundity relationships are equal in both sexes, the adaptive significance of protogynous sexuality (despite the ability to reverse sex change; Table 4.4, see Sect. 4.5) is explained by the growth rate advantage: females grow faster than males in each pair (Kuwamura et al. 1994). Because the reproductive success of a monogamous pair of P. echinocephalus is limited by the body size of the smaller mate, regardless of sex and male body size, which strongly determines reproductive success in the parental care role, a smaller individual will become a female in the newly formed pair, and adult females will undergo sex changes in males when they form new pairs (Kuwamura et al. 1994). In the case of another coral-dependent monogamous goby, Gobiodon histrio, the effect of sex-specific growth differences on sex change is limited (Munday 2002; Munday et al. 2006a).

In a monandric scarid, *S. radians*, in addition to pair spawning by territorial brightly colored males (terminal phase: TP) with drab-colored females (initial phase: IP), non-territorial bachelor IP-colored secondary males derived from females conduct streaking and group spawning (Muñoz and Warner 2003a, 2004). By incorporating sperm competition within local groups (i.e., possibilities of paternity loss suffered from streaking) and size-fecundity skew (i.e., future expected fecundity of the other females remaining in the harem), the SA model was extended to predict that large females maintaining high fecundity do not always undergo sex change (Muñoz and Warner 2003b) with a field test of the hypothesis using the parrotfish *S. radians* harem (Muñoz and Warner 2004). The new version of the SA model may explain variations in the timing of sex change among populations or species, especially in MTV polygamous fishes, which sometimes show intense sperm competition.

In addition, an ESS model incorporating sex-specific growth rates and the effect of female nutritional status on the clutch size as life history parameters predicts that well-nourished females achieve high reproductive success as they change sex on attaining a larger size than poorly nourished ones (Yamaguchi et al. 2013). In some situations, well-nourished females no longer change sex (i.e., lifelong females). This notional approach also explains tactical variations in the size and timing of protogynous sex change (Sect. 4.7).

The foregoing reports reveal the adaptive significance of protogynous sexuality in fishes explained through the maximization of lifetime reproductive success.

# **4.5** Social Control of Sex Change: Broad Occurrence of Takeover Sex Change

Experimental manipulations and underwater observational surveys have significantly contributed to studies on the processes, patterns, and conditions of protogynous sex change. In various haremic protogynous fishes, the male body size varies among local groups (Warner 1988). Furthermore, males are always the largest in each local group, and thus the most dominant in size-based dominance order within a group (Robertson 1972; Moyer and Nakazono 1978; Kuwamura 1984; Sakai and Kohda 1997; Kadota et al. 2011). Therefore, the timing of protogynous sex changes is determined by the relative body size and dominance in groups, rather than the absolute body size. Even in MTV polygamous fishes, similar relative body size-based dominance order and size-based sexuality have been confirmed (Warner and Swearer 1991; Sakai et al. 2002, 2007). If females begin sex change at a fixed body size or a certain age, then local group member composition related to body size would not be observed in nature.

As protogynous sex change is mediated by relative size and dominance, females may not change sex unless they become relatively larger than their group members, even when they attain the absolute size at which many other females change sex. As a result, females do not often undergo sex changes in natural conditions, as revealed

by many demographic studies. For example, in the haremic angelfish *Centropyge ferrugata* on the reefs of Okinawa, southern Japan, 9 of 31 females underwent protogynous sex changes in a 3-year-long demographic survey (Sakai 1997). In the case of cleaner wrasse *L. dimidiatus*, 8 of 31 females showed sex changes in a 3-year-long survey on the reefs of southern Japan (Sakai et al. 2001). Kadota et al. (2012) observed protogynous sex changes in 3 *Cirrhitichthys falco* females in a 3-year survey of the population, including 11 females on the reefs of southern Japan. Aldenhoven (1984) conducted demographic surveys in four populations of *Centropyge bicolor* on reefs of Great Barrier Reef to follow 36 harems (2–3 females in each harem) for 2.5 years and confirmed sex reversal of 1 or 2 individuals in most populations, although there was an exceptional population with frequent sex changes (20 sex changes; Aldenhoven 1984) (see Sect. 4.6, Bachelor sex change). These findings suggest that females change sex in situations that make them dominant in the local group, many cases, the disappearance of dominant males.

Robertson (1972) first highlighted the importance of social interactions in the sex change of protogynous fish. He conducted experiments on males removed from harems and showed that the loss of the dominant male is an important social factor that promotes female sex change. In a 2.5-year demographic survey, Robertson (1974) found that females of the cleaner wrasse *L. dimidiatus* often showed sex changes in harems where the dominant males disappeared. In each cohabiting female-type harem (Table 4.2), a dominance order based on relative body size through behavioral interactions was found (Robertson 1974; Kuwamura 1984; Sakai and Kohda 1997). The dominance rank affects the timing of sex change by females adopting a conditional strategy, "if dominant, be a male; if not, be a female." The importance of social status within a local group, affecting the start or delay of sex change, is often called the "social control of sex change" (Robertson 1972).

After discovering the social control of sex change, male removal from a polygynous group or female-only cohabitation is often used to confirm protogynous sex change in field or aquarium experiments using various fishes. In fish whose sex change patterns have been surveyed in nature, the most common example is that of the largest female changing sex after the disappearance of the dominant male to take over the harem, called takeover sex change (Sakai 1997). Eleven protogynous species are known to undergo takeover sex change in nature (Table 4.4). In addition, male removal experiments in fields or male-loss conditions in aquariums showed takeover sex changes by females in a total of 57 species (25 and 41 species, respectively; Table 4.4). In total, 60 protogynous fish species were confirmed to undergo sex change by females after the loss of males, implying the broad occurrence of social control of sex change.

The rationale behind this observation is that if females started sex changes when the male was present, they would be chased out of the group by the territorial male (but see Sects. 4.6 and 4.7). If females do not conduct sex change even after the disappearance of the dominant male, the harem would be taken over by another male that has intruded into the territory or group members would leave the territory to search for new mates. In either case, the future reproductive success of females is considerably lower than that of individuals undergoing takeover sex change

**Table 4.4** A list of fishes that have been confirmed to conduct protogynous sex change under the male-loss conditions by rearing experiment in aquarium (A) or field experiment (F), with notes on takeover sex change after the male disappearance observed in natural conditions

			Takeover sex change	
Order/family/ species	Mating system	Experiments	observed in nature	References
Gobiiformes				
Gobiidae				
Coryphopterus dicrus		A		Cole and Shapiro (1990)
Coryphopterus glaucofraenum	MTV	A		Cole and Shapiro (1992)
Coryphopterus hyalinus		A		Cole and Shapiro (1990)
Coryphopterus lipernes		A		Cole and Shapiro (1990)
Coryphopterus personatus		A		Cole and Robertson (1988)
Eviota epiphanes		A		Cole (1990)
Fusigobius neophytus	MTV		X	Tsuboi and Sakai (2016)
Gobiodon histrio	MG	F <sup>a</sup>		Munday et al. (1998)
Gobiodon okinawae		A <sup>a</sup>		Cole and Hoese (2001)
Gobiodon quinquestrigatus	MG	F, A <sup>a</sup>		Nakashima et al. (1996)
Lythrypnus dalli	MTV	F (artificial habitat), A <sup>a</sup>		Reavis and Grober (1999), Black et al. (2005) and Lorenzi et al. (2006)
Paragobiodon echinocephalus	MG	F, A <sup>a</sup>	X <sup>a</sup>	Kuwamura et al. (1994), Nakashima et al. (1995) and Lassig (1977)
Paragobiodon xanthosomus	MG	F		Lassig (1977)
Rhinogobiops nicholsi		A		Cole (1983)
Trimma okinawae	ND harem	F, A <sup>a</sup>	X <sup>a</sup>	Sunobe and Nakazono (1990, 1993) and Manabe et al. (2007b)
Uncertain orders in C Pomacentridae	valentaria			
	AF	F <sup>a</sup>	T	Kuwamura et al. (2016a) and
Dascyllus aruanus	harem, MTV	Г		Asoh (2003)

Table 4.4 (continued)

Order/family/	Mating system	Experiments	Takeover sex change observed in nature	References
Dascyllus reticulatus	AF harem, MTV	A	X <sup>a</sup>	Tanaka (1999), Asoh (2005b) and Sakanoue and Sakai (2022)
Cichliformes		'	1	,
Cichlidae				
Metriaclima cf. livingstoni		A		Stauffer Jr and Ruffing (2008)
Cyprinodontiformes				
Poeciliidae				
Xiphophorus helleri		A		Lodi (1980)
Trachiniformes		•		
Pinguipedidae				
Parapercis cylindrica	TF harem	F	X	Stroud (1982)
Parapercis snyderi	TF harem	F, A	X	Nakazono et al. (1985) and Ohnishi (1998)
Labriformes				
Labridae				
Bodianus rufus	CF harem	F		Hoffman (1983, 1985) and Hoffman et al. (1985)
Choerodon schoenleinii		A		Sato et al. (2018)
Halichoeres melanurus	ND harem, MTV	F		Sakai et al. (2002)
Halichoeres miniatus	TF harem	F		Munday et al. (2009)
Iniistius pentadactylus	TF harem	F, A		Nemtzov (1985)
Labroides dimidiatus	CF harem	F <sup>a</sup> , A <sup>a</sup>	X	Robertson (1972), Kuwamura et al. (2002, 2011) and Sakai et al. (2001)
Macropharyngodon moyeri	ND harem	F		Moyer (1991)
Parajulis poecilopterus	MTV	A		Sakai et al. (2007)
Pteragogus aurigarius	MTV	A		Shimizu et al. (2022)
Thalassoma bifasciatum	MTV	F		Warner and Swearer (1991) and Hoffman et al. (1985)

Table 4.4 (continued)

Order/family/	Mating		Takeover sex change observed in	
species	system	Experiments	nature	References
Thalassoma duperrey	MTV	A		Ross et al. (1983)
Thalassoma lucasanum	MTV	A		Warner (1982)
Scaridae				
Sparisoma radians	ND harem, MTV	F		Muñoz and Warner (2003a, 2004)
Perciformes				
Serranidae				
Cephalopholis boenak		A		Liu and Sadovy (2004)
Epinephelus adscensionis		A		Kline et al. (2011)
Epinephelus akaara		A <sup>a</sup>		Okumura (2001)
Epinephelus coioides		A <sup>a</sup>		Quinitio et al. (1997), Chen et al. (2019, 2020, 2021)
Epinephelus rivulatus		F		Mackie (2003)
Pseudoanthias pleurotaenia		A		Hioki et al. (2001)
Pseudoanthias squamipinnis	AF harem	F, A	X	Fishelson (1970), Yogo (1985), Shapiro (1981) and Shapiro and Boulon Jr (1982
Pomacanthidae				
Apolemichthys trimaculatus		A <sup>a</sup>		Hioki and Suzuki (1995)
Centropyge acanthops	CF harem	A		Hioki and Suzuki (1996)
Centropyge bicolor	CF harem		X	Aldenhoven (1984, 1986)
Centropyge ferrugata	CF harem	F <sup>a</sup> , A <sup>a</sup>	X	Sakai (1997), Sakai et al. (2003a) and Kuwamura et al (2011)
Centropyge fisheri		A <sup>a</sup>		Hioki and Suzuki (1996)
Centropyge heraldi		A		Hioki (2002)
Centropyge interruptus	CF harem	F		Moyer and Nakazono (1978)
Centropyge potteri	CF harem	F (artificial habitat)		Lutnesky (1994, 1996)

Table 4.4 (continued)

	-		1	
			Takeover sex	
			change	
Order/family/	Mating		observed in	
species	system	Experiments	nature	References
Centropyge	CF	F		Sakai et al. (2003b)
vrolikii	harem			
Genicanthus		A		Hioki et al. (1995)
bellus				
Genicanthus	AF	A		Suzuki et al. (1979)
lamarck	harem			
Genicanthus	AF	A		Hioki et al. (1982)
melanospilos	harem			
Genicanthus		A		Carlson (1982)
persomatus				
Genicanthus	AF	A		Suzuki et al. (1979)
semifasciatus	harem			
Genicanthus		A		Hioki et al. (1995)
watanabei				
Malacanthidae				
Malacanthus	TF	F		Baird (1988)
plumieri	harem			
Cirrhitidae				•
Cirrhitichthys		A <sup>a</sup>		Kobayashi and Suzuki (1992)
aureus				
Cirrhitichthys	TF		X <sup>a</sup>	Kadota et al. (2012)
falco	harem			
Tetraodontiformes				
Balistidae				
Sufflamen	TF	F		Takamoto et al. (2003)
chrysopterus	harem			

MG size-assortative monogamy, MTV male territory-visiting polygamy, CF harem cohabiting female-type harem, TF harem territorial female-type harem, AF harem aggregating female-type harem, and ND harem harem types unidentified (see Table 4.2)

immediately after male loss. Thus, regardless of the mating system, subordinate females broadly adopt takeover sex change as a life history tactic for protogynous fish (Table 4.4).

The SA model was mathematically formulated as a life history strategy model to explain the adaptive significance of the direction and timing of sex change, viewed as an evolutionary response to demographic parameters of the entire population (Warner 1975, 1984). The social control of sex change is an individual-level mechanism that drives variations in the timing of sex change within and between species. However, the SA model can also be applied at the scale of the local mating group and explain the advantage of sex change based on the reproductive values of individuals as males or females relative to the size of the other individuals in the

X indicates that there are reported cases

<sup>&</sup>lt;sup>a</sup>Reversed sex change (male to female) was also confirmed

mating group (Munday et al. 2006b). Thus, the validity of the SA model as a theory to explain the advantage of sex change remains unchanged, even in fishes that demonstrate socially controlled sex changes. However, empirical studies of fishes that exhibit social control of sex change have revealed variations in the timing of sex change within species. How they relate to the reproductive, social, and environmental conditions of local groups will be discussed in the next section.

## 4.6 Alternative Examples of Protogynous Sex Change

Mating systems of protogynous fishes, including harem polygyny and MTV polygamy, where large territorial males monopolize mating opportunities, may favor the evolution of the conditional strategy "if dominant, be male." However, to achieve a dominant status, females sometimes adopt sex changes without waiting for the disappearance of males. In other words, females do not always wait until they become dominant (i.e., the largest) in the original local group because of the disappearance of males. Although sex change after the male loss has already been observed in a wide range of protogynous fish species, it is emphasized that sex change starts earlier than the timing of male loss, the pattern initially referred to as "early sex change" (Moyer and Zaiser 1984).

In protogynous fishes demonstrating socially controlled sex change (i.e., takeover sex change after male loss), females of 18 species changed sex even in the presence of the dominant male (Table 4.5). In addition, three haremic species without any observation records of takeover sex change (C. tibicen, H. tricolor, and Xyrichtys martinicensis; Table 4.5) have records of sex change in male presence. With the empirical data accumulation, it became clear that the early sex change initially mentioned by Moyer and Zaiser (1984) could be divided into two major processes: bachelor sex change and harem-fission sex change. For two gobies Rhinogobiops nicholsi and F. neophytus and a wrasse Choerodon schoenleinii, detail processes of the sex change under the male presence were unrevealed. For the remaining 15 species, either or both patterns of bachelor sex change or harem-fission sex change have been identified (Table 4.5). This view of the phenotypic flexibility of sex change is an alternative life history tactic determined by field studies, in which identified individuals were observed continuously over time. In addition, tactical behaviors of females that may favor the acquisition of sex change opportunities through group migration and fast growth has also been reported. Three perspectives on alternative tactics (i.e., bachelor sex change, harem-fission sex change, and female tactics toward the faster acquisition of sex change) are introduced below.

### 4.6.1 Bachelor Sex Change

One of the processes of protogynous sex change demonstrated in the presence of a male is becoming a bachelor male. A female leaves the male's territory and changes sex to become a bachelor male that will spend a reproductively inactive period (Aldenhoven 1984, 1986; Moyer and Zaiser 1984; Hoffman et al. 1985; Moyer 1987; Warner 1988). This is called "bachelor sex change" as described by Sakai (1997). Bachelor sex changers have been reported in the haremic goby *Trimma okinawae*, the damselfish *D. reticulatus*, the sandperch *Parapercis snyderi*, the temperate wrasse *N. celidotus*, the bluehead wrasse *T. bifasciatum*, the bucktooth parrotfish *Scarus radians*, and three *Centropyge* angelfishes (*C. bicolor*, *C. interruptus*, and *C. tibicen*) (9 species; Table 4.5).

Bachelor sex change was found earlier in harem species of *Centropyge* angelfishes, and its advantages have been discussed (Moyer and Zaiser 1984; Aldenhoven 1984, 1986). Bachelor sex changers were subsequently identified in harem fish species of various taxa (Table 4.5). Sex-changing females undergoing a period similar to bachelor males have also been confirmed in MTV polygamous wrasses and parrotfishes, under the effective social control of sex change (Table 4.5). In the case of the MTV polygamous labrids *N. celidotus and T. bifasciatum*, and a scarid *S. radians*, females would abandon their home ranges and become nonterritorial males before reaching territorial male status (Jones 1981; Warner 1984; Hoffman et al. 1985; Muñoz and Warner 2003a).

Since bachelor sex changers could have continued to breed as females if they had not changed sex, they would have incurred significant opportunity costs if the period of bachelorhood until taking over the harem was long. However, the cost can be compensated by high reproductive success after taking over the harem (Aldenhoven 1984, 1986; Moyer and Zaiser 1984; Warner 1991). To acquire a reproductive position, a sex-changing individual must (1) wait for the territorial male to disappear, (2) wait for a new female (or juvenile) to settle in its home range, or (3) deprive the territorial male of some of its females (Moyer 1987). The last option is often adopted as another type of sex change tactic, called "harem-fission sex change," described later. Of these, the first tactic appears to be the most successful for bachelor males. In this case, bachelor males have to enter the group earlier than the completion of takeover sex change by the group's largest female after the territorial male's disappearance to mate with the females. In *C. bicolor*, seven cases were identified in which bachelor males took over a harem that lost its male (Aldenhoven 1984).

Moyer and Zaiser (1984) observed bachelor sex changers wandering over a wide area as a floater to visit several harems in two *Centropyge* angelfish harems, suggesting that they assess the surrounding group conditions to find harems without males where they could take over. It is believed that it is not easy for a bachelor male to displace a larger territorial male. The floating behavior of bachelor males is important in detecting the loss of territorial males (Moyer and Zaiser 1984; Moyer 1987). However, reports on the behavioral patterns of bachelor sex changers are very limited.

Table 4.5 List of fishes that have been confirmed to conduct protogynous sex change in the presence of males, i.e., bachelor sex change, harem-fission sex change, and other patterns, by aquarium experiments or field observation on natural populations

		١		4		
		Takeover	Sex change in the male presence	sence		
	Mating	sex		Harem-fission sex		
Family/species	system	change	Bachelor sex change	change	Remarks	References
Aquarium experiments	ents					
Gobiidae						
Rhinogobiops nicholsi		×	Details unknown		Details unknown	Cole (1983)
Labridae						
Choerodon schoenleinii		×	Details unknown		Female-biased harem	Sato et al. (2018)
Pomacanthidae						
Centropyge potteri	CF harem	X		Female-biased harem in low-density		Lutnesky (1994, 1996)
				conditions		
Field observational surveys	surveys					
Gobiidae						
Fusigobius neophytus	MTV	×	Details unknown		Sex change during the non-breeding	Tsuboi and Sakai (2016)
					season	
Trimma	ND	×	Moved to vacant spaces			Manabe et al. (2007b)
Pomacentridae	TI COMMITTEE OF THE COM					
Dascyllus	AF	×	Behavioral crypticity of	High-density groups		Tanaka (1999), Asoh (2005b) and
reticulatus	harem, MTV		bachelor males			Sakanoue and Sakai (2022)
Pinguipedidae						

Table 4.5 (continued)

		Takeover	Sex change in the male presence	sence		
	Mating	sex		Harem-fission sex		
Family/species	system	change	Bachelor sex change	change	Remarks	References
ercis	TF	X		Large harems		Stroud (1982)
cylindrica	harem					
Parapercis	TF	X	Synchronized bachelor			Nakazono et al. (1985) and
snyderi	harem		sex change in the late			Ohnishi (1998)
			breeding season			
Labridae						
Labroides	CF	×		Large harems		Robertson (1972), Sakai et al.
dimidiatus	harem					(2001) and Kuwamura et al. (2011)
	N N	×		Large harems		Moyer (1991)
Macropharyngodon moveri	harem					
Notolabrus	VTW	×	Non territorial bachelor			Jones (1081)
celidotus		1	males			
Thalassoma	MTV	×	Non-territorial bachelor			Warner and Swearer (1991) and
bifasciatum			males with high growth			Hoffman et al. (1985)
Xyrichtys	TF			A large harem includ-		Victor (1987)
martinicensis	harem			ing 35 females		
Scaridae						
Sparisoma	ND	×	Non-territorial bachelor			Muñoz and Warner (2003a, 2004)
radians	harem,		males			
	MIIV					
Serranidae						
Pseudoanthias	ΑF	×		Density-dependent sex		Fishelson (1970), Yogo (1985),
squamipinnis	harem			change		Shapiro (1981) and Shapiro and Boulon Jr (1982)

Pomacanthidae					
Centropyge	CF	×	High density conditions	Large harems	Aldenhoven (1984, 1986)
bicolor	harem		with high male mortality		
Centropyge	CF	X		Large harems	Sakai (1997) and Kuwamura et al.
ferrugata	harem				(2011)
Centropyge	CF	×	Floating bachelors in		Moyer and Nakazono (1978)
interruptus	harem		low-density conditions		
Centropyge	CF		Floating bachelors in	Infrequent social	Moyer and Zaiser (1984)
tibicen	harem		low-density conditions	interaction in	
				low-density conditions	
Holacanthus	CF			Infrequent social	Hourigan and Kelley (1985)
tricolor	harem			interaction	
Cirrhitidae					
Cirrhitichthys	TF	×		Large harems	Kadota et al. (2012)
falco	harem				

MTV male territory-visiting polygamy, CF harem cohabiting female-type harem, TF harem territorial female-type harem, AF harem aggregating female-type The circumstances under which the sex change tactic occurred and the behavioral characteristics of the sex change individual are described (see text) X indicates that there are reported cases of takeover sex change via manipulation experiments or field observational surveys harem, and ND harem harem types unidentified

A 2.5-year demographic study by Aldenhoven (1984) in four populations of *C. bicolor* confirmed the frequent occurrence of bachelor males in a population exhibiting high mortality and high harem density. For population conditions promoting bachelor sex changers, high mortality rates in both territorial males and reproductively active females may increase the chances of group takeover by bachelor males having low mortality rates. The annual mortality rate of males in the population with frequent bachelor sex change was 2–13 times higher than that in populations where only takeover sex change was observed (Aldenhoven 1984, 1986). High harem density also favors the occurrence of bachelor sex changers, because the conditions of many harems could be easily assessed (Aldenhoven 1984, 1986; Warner 1988, 1991). In a population where 19 bachelor males appeared, each harem was in close proximity to an average of 4.1 harems (Aldenhoven 1984).

In contrast, Moyer and Zaiser (1984) and Moyer (1987) suggested the advantages of low-density conditions for obtaining females from male territories. Although subsequent studies have confirmed that harems with increased size are more likely to experience sex change and group splitting by sex changers when the male is present (Lutnesky 1994; Sakai 1997), these processes are distinct from bachelor sex change (for details, see Sect. 4.7, the harem-fission sex change). Moyer's view as a pioneer of field observations of various sex change patterns appears to be based on sex change in the presence of males being lumped together as early sex change. Field experiments that followed bachelor males (not bachelor sex changers but widowed after mate loss) under low-density conditions have confirmed cases of pairing with other males, resulting in reversed sex change to females, although they sometimes acquire females (Kuwamura et al. 2002, 2011; Kadota et al. 2012). Hence, it is probable that low density is not an effective condition for bachelor sex changers.

A high growth rate is an important characteristic of bachelor sex changers in *Centropyge* angelfish harems (Moyer and Zaiser 1984), which would be advantageous in dominating the harem of females and obtaining preferred mating territories through competition among males. In the case of the MTV polygamous wrasse *T. bifasciatum*, sex changers spend considerable time as nonterritorial bachelor males (Hoffman et al. 1985), and nonterritorial males exhibit 1.5 times higher growth than females (Warner 1984). Large body size is generally crucial to dominate the harem of females and maintain mating territories in polygynous fishes (Warner and Schultz 1992; Kuwamura et al. 2000). Bachelor sex changers grow at the expense of their current reproductive opportunities to achieve a faster male reproductive status (Moyer and Zaiser 1984; Moyer 1987; Warner 1988).

Similarly, many small females left the harem and proceeded to change sex to bachelor males in the late breeding season in territorial female-type harems of the sandperch *P. snyderi*, where females maintain exclusive territories (Nakazono et al. 1985; Ohnishi 1998). This might be called "synchronized bachelor sex change." Bachelor sandperch males achieve high growth during the nonbreeding season and become territorial in the next breeding season (Ohnishi 1998). The body size of sex-changing females of *P. snyderi* was within 86% of the male body size, suggesting that the relative size threshold between dominant males and females may affect the start of synchronous sex change in females in the presence of males

(Ohnishi 1998). Thus, high growth is a key characteristic for acquiring territorial male status.

Bachelor sex changers may obtain growth or survivorship advantages during their nonbreeding status, potentially increasing their possibility of taking over a harem. Using field observations and mathematical models, Aldenhoven (1986) showed that even in populations with high harem density and survival advantages of bachelor males, not all females undergo a bachelor sex change. It is expected that the respective advantages of takeover and bachelor sex changes are strongly influenced by each other's frequency (frequency-dependent selection). However, no other study has been able to make a similar tactical assessment and evaluation of bachelor sex changers.

Moreover, the social conditions of females promoting bachelor sex change remain uncertain due to the lack of observational studies on individual bachelor sex changers. In an observational field survey of a population of *T. okinawae*, sex-changing females that moved out of the harems where dominant males were present became bachelor males in the vacant space (Manabe et al. 2007b). In addition, it is common for a female of similar size to a female that underwent a bachelor sex change to be present in the original harem. Although changes in social relationships between a dominant male and females within the local group are involved in the occurrence of female sex change in the presence of males (see the harem-fission sex change section), competitive and exclusive relationships between females in the harem over sex change opportunities may be involved in triggering bachelor sex change.

A new form of bachelor sex change was recently detected in the female aggregation-type harems of the coral-dwelling damselfish *D. reticulatus*. Some subordinate females undergo gonadal sex changes in the presence of larger males or females, and the sex changers become bachelor males that do not show any sexual behaviors and continue to stay in the original harem, called "cryptic bachelor sex change" (Sakanoue and Sakai 2022). Cryptic bachelor males do not engage in wandering behaviors as reported in some *Centropyge* angelfishes (Moyer and Zaiser 1984) or leave the original groups (i.e., male territories) as seen in *T. bifasciatum* (Hoffman et al. 1985) and *P. snyderi* (Ohnishi 1998). Sakanoue and Sakai (2022) found a growth rate advantage of the sex changers over females, which is similar to a possible advantage in bachelor sex changers of other fishes. A fast growth condition during the bachelor male phase may help conduct intergroup movements to obtain mating opportunities. It was confirmed that some bachelor sex changers subsequently obtained mating opportunities as territorial males or reproductively active females (via reverse sex change) after their harem changes.

Yamaguchi et al. (2013) theoretically tested the hypothesis that variation in female fecundity caused sex change in less fertile females using the ESS model and predicted that less fertile females, even if they are not the largest, may change sex earlier than well-nourished females. The nutritional status of females, measured as the body width relative to its length, affects the number of eggs laid in the protogynous triggerfish *S. chrysopterus* on which this ESS model is based (Yamaguchi et al. 2013). In the case of *D. reticulatus*, female individuals were

confirmed to have poor mating opportunities before conducting a bachelor sex change (Sakanoue and Sakai 2022). Regardless of the differences in the causes of low spawning success in females, the hypothesis may be applicable for explaining the cases of small bachelor sex changers. Low spawning frequency has also been reported in bachelor sex change in larger females (Moyer and Zaiser 1984; Moyer 1987). Hamaguchi et al. (2002), using a different ESS model approach, predicted from field data on a *Centropyge* angelfish that large females would adjust their spawning frequency lower in response to social and environmental conditions and, in some circumstances, a complete cessation of spawning would occur like bachelor sex changers. Though there is a process difference of females lowering their reproductive success between the two theories, it may be noteworthy as a female trait related to the onset of sex change. Field studies are needed to examine whether current spawning success affects the timing of sex changes in females.

### 4.6.2 Harem-Fission Sex Change

Another example of protogynous sex change in the presence of a dominant male (i.e., early sex change) goes that females begin to change sex while in a male's territory and acquire a portion of the harem immediately after completion of the sex change. This sex change process is called "harem-fission sex change" and has been reported in 12 harem species, including cohabiting female-type (*L. dimidiatus*, *C. bicolor*, *C. ferrugata*, *C. potteri*, *C. tibicen*, and *H. tricolor*), territorial female-type (*Parapercis cylindrica*, *Xyrichtys martinicensis*, and *Cirrhitichthys falco*), aggregating female-type (*D. reticulatus* and *P. squamipinnis*), and unknown type (*Macropharyngodon moyeri*) types (Table 4.5). For aggregating female-type harems, harem-fission sex change is not the result of harem-fission but because of living in a multi-male harem (see below). Data on the social change process of the harem-fission sex change are more detailed than for bachelor sex change because the process proceeds without the sex-changing individual leaving the group.

In cohabiting female-type harem, harem-fission sex change was observed in harem groups with a considerable female-biased sex ratio or large male territory where males could not frequently interact with females (Robertson 1974; Aldenhoven 1984; Sakai 1997). The harem-fission sex change in territorial female-type and aggregating female-type harems has also been observed in group situations with large harem sizes or a high number (Shapiro 1981; Stroud 1982; Victor 1987; Moyer 1991; Kadota et al. 2012; Sakanoue and Sakai 2022). Such harems are formed when a territorial male disappears and adjacent harem males quickly invade the territory to dominate over both harems, where some females set up their home ranges at an extreme distance from other harem females (Moyer and Zaiser 1984; Moyer JT personal communication) or when females become overly settled within male territories (Robertson 1974; Stroud 1982; Victor 1987; Sakai 1997). Females have been observed to change sex in the presence of males and set up new territories to incorporate solitary females that grew from juveniles near a harem

group (Aldenhoven 1984). This is also considered to be a similar social situation, in which the number of females increased in a harem.

As seen in the case of takeover sex change, insufficient social interactions between sexes are thought to be an important trigger for inducing protogynous sex change in dominant male presence. Lutnesky (1994) experimentally promoted sex change in female *Centropyge potteri* in the presence of a dominant male in a large cage ( $3 \times 34$  m), including 1 male and 15 females. The males did not maintain frequent social interactions with all females because of low-density conditions with widespread distribution of females within the tank. In contrast, no females underwent sex changes in a small cage ( $3 \times 4 \times 4$  m), including a harem with the same number of fish at high density. In a tank experiment on the wrasse *Choerodon schoenleinii*, rearing conditions with a larger number of females (one male and five to six females) promoted protogynous sex change in the presence of the male (Sato et al. 2018). This indicates that a decrease in the interaction with the dominant male is important for the initiation of sex change in the females of both species.

In the case of harem-fission sex change in *C. ferrugata* in nature, it has been observed that when a male begins to dominate the large harem after the conjunction of two harems, it actively engages in social and courtship behaviors toward new females. This results in a decrease in the frequency of social and courtship behaviors toward the largest female of the original harem. They then cease to spawn and starts an aggressive struggle with the males (Sakai 1997). Similarly, during harem-fission sex change in *H. tricolor*, a female that subsequently underwent sex change was observed to hide most of the time to avoid social contact with the dominant male (Hourigan and Kelley 1985).

In aggregating female-type harems of the anthias serranid *P. squamipinnis*, females in large groups undergo sex changes in the presence of dominant males, resulting in the formation of multi-male harem groups, as mentioned above. Sex changers become reproductive males, obtain mating opportunities, and subsequently, turn into single-male groups (Shapiro 1984; Yogo 1985). This situation is identical to the harem-fission sex change regarding the immediate acquisition of mating status in males. Females that subsequently engaged in sex change were observed to hide behind rocky shelters during the mating period and did not spawn (Yogo 1985). Although the detailed conditions of social interactions between females and males are unknown, the attitude of avoiding sexual behaviors from males appears similar to that of harem-fission sex changers in harem angelfish. In addition, the sex ratio threshold hypothesis has been proposed to explain the natural occurrence of sex changers in the harems of *P. squamipinnis* exceeding a certain sex ratio (Shapiro and Lubbock 1980).

In the case of high-density aggregating female-type harems of *D. reticulatus*, harem-fission sex changes were observed in females that did not have spawning opportunities within the local group (Sakanoue and Sakai 2022). These conditions are similar to those promoting harem-fission sex changers in cohabiting female-type harems in terms of the difficulties of males providing adequate social contact with too many females.

Thus, the social conditions in which harem-fission sex change occurs are suggested to have extensive similarities with takeover sex change, in which the dominant male disappears from the harems. Therefore, this type of protogynous sex change in the presence of males can be considered to occur in a condition-dependent manner in fish species, where social control of sex change is normally effective.

# 4.6.3 Females' Tactics for Faster Acquisition of Sex Change Opportunity

Some protogynous fishes show tactics for the faster acquisition of sex change. It is generally considered that the females that stably settle in male territories in the cohabiting female-type harem fishes can secure the possibility of future sex change via maintaining their social ranks in the local group (Robertson 1974; Moyer and Nakazono 1978; Kuwamura 1984). However, in populations where harems are closely adjacent, females of the cleaner wrasse *L. dimidiatus* may move out of the original harem to a site where they can improve their social rank, which is considered a tactic for faster sex change (Sakai et al. 2001). A total of 24 inter-harem moves by 15 females were identified through a 2.5-year survey. This indicated that subordinate females tended to move to harems where they were higher in rank, whereas dominant females moved to harems where there were no individuals close in size to their body sizes (Sakai et al. 2001). Similar intergroup moving tactics by females have been reported in *T. okinawae* goby harems (Manabe et al. 2007a). Therefore, females do not just wait for an opportunity to change their sex after the loss of dominant individuals.

Yet another example of female refusal to spawn has been reported as a tactic for faster sex change. In harems of the cleaner wrasse, *L. dimidiatus*, and *Centropyge* angelfishes, females of the same size class are territorially exclusive of each other (Fig. 4.1). This territoriality among females is thought to occur because individuals of similar sizes are rivals to future opportunities for sex change. Furthermore, in the case of *C. ferrugata*, it has been reported that females inhabiting close to similar-sized individuals tend to spawn less frequently. Such females with low spawning frequencies grow faster, suggesting that they invest more energy in growth for faster sex change (Sakai 1997; Hamaguchi et al. 2002). This tactic is observed in large harems resulting from the merger of adjacent harems and is considered a preliminary stage of harem-fission sex change.

The rapid growth of females during sex change has been reported in various fish species (Ohnishi 1998; Walker and McCormick 2004; Walker and Ryen 2007; Munday et al. 2009; Sakanoue and Sakai 2022). Fast growth may have resulted from the cessation of spawning, in addition to being released from social control by dominant individuals. To acquire mating territory and females, sex-changing individuals need to grow larger. Earlier growth competition for future sex change

opportunities among females should be considered, especially in harem fish with a strong social hierarchy among females.

## 4.7 Individual-Level Process of Takeover Sex Change After Male Loss

During takeover sex change in protogynous fishes, females are unable to produce gametes and switch over from ovarian to testicular structures. This means that they cannot produce offspring during gonadal sex change. Loss of reproductive opportunity is considered an obligatory cost for sex change. In addition, they switch to sexual behaviors typical of males, including territorial defense and courtship (i.e., behavioral sex change). Furthermore, some species require the development of secondary morphological characteristics in males to obtain mating opportunities (Hoffman et al. 1985; Muñoz and Warner 2003a).

Once the males disappear or are removed from the mating group, gonadal sex change usually lasts from 1 to 4 weeks (Table 4.6). Two types of developmental patterns of the testis are known: inside (undelimited type) and outside (delimited type) the ovary (Sadovy and Shapiro 1987). Species with delimited gonads usually change their sex for a shorter duration (Yamaguchi and Iwasa 2017). Observational surveys of gonadal sex change duration in pelagic spawners have provided fairly accurate values because reproductive behaviors are displayed daily, and the completion of gonadal sex change is directly judged by the fertilization of daily spawned eggs (Nakashima et al. 2000; Sakai et al. 2003b; Table 4.6).

Some demersal egg spawners, such as *F. neophytus, Dascyllus aruanus*, and *S. chrysopterus*, have considerably long gonadal sex change durations (Table 4.6). In addition, sexual behaviors seemed to occur close to the day of the completion of gonadal sex change in the cases of *Gobiodon quinquestrigatus*, *T. okinawae*, and *D. reticulatus*, suggesting no precedence of behavioral sex change (Table 4.6). These tendencies, which are different from those of pelagic egg spawners, are partially due to the mating habits exhibiting spawning rhythms following lunar cycles (i.e., tidal conditions), resulting in potential difficulties in confirming the exact timing of the start of behavioral sex change and the completion of gonadal sex change in demersal egg spawners with the cyclic spawning interval.

It has been confirmed that some protogynous sex changers start to exhibit male-type sexual behaviors and spawning behaviors with females before the completion of gonadal sex change, especially in daily pelagic egg spawners (Fig. 4.5; Table 4.6), resulting in unfertilized spawned eggs. The adaptive significance of the faster precedence of behavioral sex change before the completion of gonadal sex change can be explained as a tactic for future mate acquisition (Nakashima et al. 2000). The female also responds to egg release in the usual spawning form with a sex-changing individual if the sexual behavior of the individual is complete (Godwin et al. 1996; Nakashima et al. 2000). If sex changers (i.e., the largest females) do not engage in

 Table 4.6
 Duration period needed for protogynous sex change after the male disappearance

	Behavioral				
	Courtship	Spawning	Gonadal	Body	
	(male	(male	sex	coloration	
Family/species	role)	role)	change	change	References
Demersal egg spawn	ers				
Gobiidae					
Coryphopterus			10–20		Cole and Shapiro
glaucofraenum			days		(1992)
Coryphopterus hyalinus			15 days		Cole and Shapiro (1990)
Coryphopterus lipernes			21 days		Cole and Shapiro (1990)
Coryphopterus			9–20		Cole and Robertson
personatus			days		(1988)
Fusigobius			<62-70		Tsuboi and Sakai
neophytus			days		(2016)
Gobiodon			<28		Munday et al.
histrio			days		(1998)
Gobiodon quinquestrigatus	<1 month	1 month	1 month		Nakashima et al. (1996)
Lythrypnus			5.71 ±		Reavis and Grober
dalli			1.70 days		(1999)
Paragobiodon echinocephalus			24 days		Nakashima et al. (1995)
Trimma	7 days	12 days	6–14		Sunobe and
okinawae			days		Nakazono (1993)
Pomacentridae					
Dascyllus			<50-60		Coates (1982) and
aruanus			days		Kuwamura et al. (2016a)
Dascyllus	<10 days	10 days	<19		Tanaka (1999) and
reticulatus			days		Sakanoue and Sakai (2022)
Balistidae	•				•
Sufflamen	71 days		<90–94	9–19 days	Takamoto et al.
chrysopterus			days		(2003)
Pelagic egg spawner	s				
Pinguipedidae					
Parapercis	5–11 days		20-31	17–24	Stroud (1982)
cylindrica			days	days	
Parapercis snyderi			23 days	10-13 days	Nakazono et al. (1985)
Labridae	1	1		1 -	1
Bodianus rufus		0–10 days	7–10		Hoffman et al.
		=== aujs	days		(1985)
Halichoeres	0 day	0 day	2–3		Sakai et al. (2002)
melanurus			weeks		

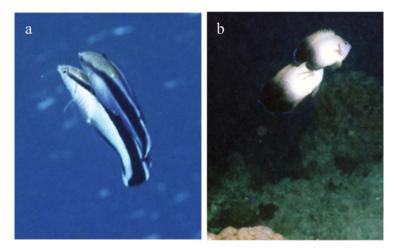
Table 4.6 (continued)

	Behavioral				
	Courtship	Spawning	Gonadal	Body	
	(male	(male	sex	coloration	
Family/species	role)	role)	change	change	References
Iniistius pentadactylus			14 days	14 days	Nemtzov (1985)
Labroides dimidiatus	0 day	0 day	14–18 days		Robertson (1972) and Nakashima et al. (2000)
Macropharyngodon moyeri		<23 days	<23 days		Moyer (1991)
Parajulis poecilopterus	2–11 days		2 weeks	2–6 weeks	Sakai et al. (2007) and Miyake et al. (2012)
Thalassoma bifasciatum	0 day	0 day	8–28 days	8–28 days	Warner and Swearer (1991)
Thalassoma lucasanum			2–6 weeks	2–6 weeks	Warner (1982)
Scaridae					
Sparisoma radians		7–12 days	12–18 days	7–11 days	Muñoz and Warner (2003a)
Serranidae					
Epinephelus coioides			214–298 days		Quinitio et al. (1997)
Epinephelus rivulatus			20–27 days		Mackie (2003)
Pseudoanthias squamipinnis	2–7 days		2–4 weeks	26–53 days	Fishelson (1970) and Shapiro (1981)
Pseudoanthias pleurotaenia	4 days	9 days	18 days		Hioki et al. (2001)
Pomacanthidae					
Apolemichthys trimaculatus		11 days	25 days		Hioki and Suzuki (1995)
Centropyge acanthops	4 days	6 days	8 days		Hioki and Suzuki (1996)
Centropyge bicolor	3 days		<20 days		Aldenhoven (1984)
Centropyge fisheri	2 days	3 days	6 days		Hioki and Suzuki (1996)
Centropyge interruptus	1–7 days		20–39 days	12 days	Moyer and Nakazono (1978)
Centropyge vrolikii	0 day	1–3 days	10–16 days		Sakai et al. (2003b)
Genicanthus bellus	4 days	31–38 days	31–38 days	38 days	Hioki et al. (1995)
	11 days	11 days	11 days	13 days	Suzuki et al. (1979

	Behavioral	sex change			
Family/species	Courtship (male role)	Spawning (male role)	Gonadal sex change	Body coloration change	References
Genicanthus lamarck					
Genicanthus melanospilos	8–19 days	19 days		12-19 days	Hioki et al. (1982)
Genicanthus watanabei		15 days	25 days		Hioki et al. (1995)

Days, weeks or months from experimental male removal or natural male disappearance from mating groups to the start of behavioral sex change including courtship and spawning as males, to the completion of gonadal sex change (sperm release), and the completion of sexual body color transformation are shown

In behavioral sex change, 0 day means that the behavioral expression was confirmed on the day when the male was removed



**Fig. 4.5** Spawning behaviors by a pair consisting of a sex-changing female and a smaller female in haremic fishes. The largest females of *Labroides dimidiatus* (**a**; above of ascending pair) and *Centropyge vrolikii* (**b**; below of ascending pair) started male sexual behaviors and spawned with subordinate females in the process of gonadal sex change after the dominant male removal (*photos* Tetsuo Kuwamura)

any sexual behavior toward smaller females in the local group during gonadal sex change, then the smaller females will leave the group to look for new mates. Though harem fishes usually maintain stable mating relationships, females may move to other harems (Sakai et al. 2001; Manabe et al. 2007a), or females that are not given the opportunity to spawn may change sex (Moyer and Zaiser 1984; Sakai 1997;

Sakanoue and Sakai 2022). The immediate start of behavioral sex change during gonadal sex change is suggested to play a role in securing mates and smooth takeover of the harem (Nakashima et al. 2000; Sakai et al. 2002, 2003b).

During the male removal experiment in the cleaner wrasse *L. dimidiatus* and the haremic angelfish *C. vrolikii*, ripened females with swollen abdomens quickly initiated male sexual behaviors and spawned in the male role with smaller females of the harem (Nakashima et al. 2000; Sakai et al. 2003b; Fig. 4.5). It was also confirmed that large females of the bluehead wrasse *T. bifasciatum*, whose gonadal tissues had been surgically removed, exhibited male sexual behaviors just after male removal (Godwin et al. 1996). In addition, Nakashima et al. (2000) found that females initiating male sexual behaviors on the day of male removal resumed female-type sexual behaviors immediately after the original dominant males returned to the harem. Therefore, sexual behavior can change within an hour or a few hours. These results suggest that gonadal females can immediately initiate male sexual behaviors. This implies an important role for the brain and neuroendocrine mechanisms in promoting behavioral sex changes. Casas and Saborido-Rey (2021) reviewed environmental cues and endocrinological mechanisms of sex change.

The succession of a sex-changing female to a position after the disappearance of the dominant male (i.e., the effectiveness of takeover sex change) will depend on the mating system and social/environmental conditions. In cases where sex changers have to spend time acquiring mating territories because of competition among males or developing secondary male morphological characteristics to attract females, delays in the start of sexual behaviors by sex changers have been reported. In the case of sex-changing females of the bucktooth parrotfish S. radians, the appearance of male coloration is followed by the development of male behavior, which is fully expressed approximately 20 days after the disappearance of the male (Muñoz and Warner 2003a). In the case of the bluehead wrasse T. bifasciatum, males initially spent an average of 81 days as non-territorial individuals after changing sex and required more than 32 days to attain territorial status as terminal-phase males (Hoffman et al. 1985). Male removal experiments to induce sexual change have confirmed that the larger the female in Halichoeres melanurus, the more is it likely to develop male sexual behavior (Sakai et al. 2002). This suggests that the social status of female individuals, which is related to the ease of acquiring mating territory, determines whether they should exhibit an early onset of sexual behavior.

Recent studies on social cognitive abilities of cleaner wrasse *L. dimidiatus* have confirmed their ability to perceive and recognize a reflected mirror image as self (mirror self-recognition; Kohda et al. 2019, 2022) and their capability of transitive inference, that is, logical prediction from previous information (Hotta et al. 2020). These abilities may contribute to the mechanism of stable maintenance of dominant relationships among harem members, as well as the detection of changes in the social situation of nearby harems, affecting the social control of sex change and the variation in sex change patterns.

#### 4.8 Future Research Directions

The foregoing results presented on the nature of sex change in various protogynous fishes were achieved through the excellent observation skills and persistent efforts of researchers in the empirical and theoretical fields. Field surveys have provided many insights, and various approaches have been developed, such as empirical studies using captive and field experiments and the construction of theoretical systems using mathematical models. We expect that research on fish under natural conditions will continue to contribute to scientific knowledge in the future. Especially, research to confirm the relationship between sex change and mating systems in these fish species is required.

In this chapter, the fish species identified as protogynous were determined based on Kuwamura et al. (2020). However, even among those identified as bidirectional sex changers, many species, such as *Gobiodon* and *Trimma* gobies, often show protogynous sex changes. It has been confirmed that social dominance influences the switch in these sex changers (Sunobe and Nakazono 1993; Nakashima et al. 1996; Munday 2002), and the phenomenon can be understood as an extension of the sex change strategies introduced in this chapter. In addition, it has become clear that many protogynous fishes can reverse sex change in at least 16 species, including *Gobiodon, Lythrypnus, Paragobiodon, Trimma* gobies, *Dascyllus* damselfishes, *Labroides* labrid, *Epinephelus* serranids, *Apolemichthys* and *Centropyge* angelfishes, and *Cirrhitichthys* hawkfishes (Table 4.4). By comparing this with the information on mating systems and life histories accumulated in protogynous fishes, it may be possible to understand the advantages of bidirectional sex change in fish (see Chap. 5 for details).

#### 4.9 Conclusions

In this chapter, the following topics related to protogynous fishes were introduced

- 1. Numerous protogynous fishes (at least 314 species from 20 families) have been reported through histology, aquarium experiments, and field studies. They form the core of the scientific knowledge related to sex change.
- 2. The mating system has been documented in 131 protogynous fishes, many of which are polygynous, including harem polygyny (60 species) and MTV polygamy (60 species). This is consistent with the predictions of the SA model, in which the sex-change advantage is explained by sexual differences in the changed characteristics of reproductive success with growth.
- 3. Histological studies and field surveys have confirmed that two male patterns, monandry (only males derived from females by sex change: secondary males; 89 species) and diandry (coexistence of secondary males and non-sex-changing males called primary males; 37 species), emerge in response to harem polygyny

- and MTV polygamy, respectively, and have been linked to the diversity of male mating tactics and the strength of female mate choice. Primary males are also thought to have sexual plasticity as they undergo sex change.
- 4. Manipulation experiments (57 species) and field observations (11 species) have confirmed that sex changes frequently occur after the loss of the dominant male (a total of 60 species).
- 5. Field studies and rearing experiments focusing on how sex change occurs have confirmed cases of females changing sex in the presence of males in 18 protogynous species. These include bachelor sex changes, in which a female abandons reproductive function and becomes a bachelor male (9 species), and harem-fission sex changes, in which a sex-changing female takes over part of the original harem (12 species). These tactics are considered to be advantageous for future reproductive success.
- 6. Studies on the process of protogynous sex change have confirmed that behavioral sex change (i.e., male sexual behavior) often occurs earlier than gonadal change, especially in harem fish. Interspecific differences in the onset of behavioral sex change can be explained in terms of the immediate availability of females and the maintenance of mating territories.
- 7. It has been observed that protogynous fish (at least 16 species) can revert to females after a sex change (see Chap. 5 for details), indicating potential sexual plasticity.

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### Chapter 5 **Bidirectional Sex Change in Fishes**



Tatsuru Kadota

**Abstract** This chapter explains the distribution of bidirectional sex change among teleost fishes, the social context of bidirectional sex change in each mating system, and the adaptive significance. Of a total of 481 hermaphroditic fish species, 69 species have been confirmed to perform bidirectional sex change. Their mating systems are size-assortative monogamy, harem polygyny, or male-territory-visiting (MTV) polygamy. In size-assortative monogamous fish, bidirectional sex change occurs when a new same-sex pair is formed after movements between social groups following mate loss. Widowed individuals tend to prefer pairing with a nearby individual of the same sex rather than moving a longer distance to pair with an individual of the opposite sex. Therefore, bidirectional sex change can increase the reproductive value by reducing the risk of movement to seek a new mate. In haremic and MTV polygamous fish, the size-advantage model predicts protogyny (female-tomale sex change), but reversed (male-to-female) sex change occurs in some specific social situations. In haremic fish, males change back to females when they move to a mating group dominated by a larger male after all females have disappeared from their mating group. The widowed males need not conduct reversed sex change if new females or juveniles immigrate to their mating group or when they can take a female from a neighboring harem. Thus, the widowed males use reversed sex change as a last resort when they cannot gain new mating opportunities in any other way. Such a social context is predicted to be more likely to occur in low-density populations because the number of females in mating groups tends to become small and immigrations rarely occur. Some field studies have supported this low-density hypothesis for reversed sex change. In MTV polygamous fish, a small male, which has performed alternative mating tactics like group spawning, changes sex to perform pair spawning with a larger male. This sex change would be derived from the decrease in advantage of alternative tactics owing to decreased population density.

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## 5.1 New Prospects Opened by the Discovery of Bidirectional Sex Change

Sex change (sequential hermaphroditism) is a life-history strategy and usually occurs in one direction in a species: either protogyny (i.e., female to male) or protandry (i.e., male to female). The adaptive significance of these sex-change patterns is explained by the size-advantage (SA) model (Ghiselin 1969; Warner 1975; see Chap. 1). The SA model predicts that protogyny will evolve in polygynous mating systems, while protandry will evolve in random mating. To test this hypothesis, many field studies on mating systems and sex change were conducted in the 1980s and 1990s. As a result, a good relationship between the type of mating system and the direction of sex change was confirmed in many reef fishes (Warner 1984; Nakazono and Kuwamura 1987; Kuwamura et al. 2020; see Chaps. 3 and 4). However, a few research teams working in the early 1990s discovered bidirectional sex change: the occurrence of both female-to-male and male-to-female in a species. The discovery that individuals of some fish species can change sex more than once is impactful because many ichthyologists had supposed that there were physiological constraints or no selective advantage in reverting to the original sex (Munday et al. 2010).

Japanese ichthyologists have greatly contributed to the progress of research on bidirectional sex change (Kuwamura and Nakashima 1998). Tanaka et al. (1990) were the first to report (although only briefly described) the occurrence of bidirectional sex change, in a protogynous grouper, Epinephelus akaara (Fig. 5.1a), held in aquaria. Subsequently, Kobayashi and Suzuki (1992) and Sunobe and Nakazono (1993) confirmed the ability of Cirrhitichthys aureus (Fig. 5.1b) and Trimma okinawae, respectively, to undergo bidirectional sex change, through aquarium experiments in which two or more individuals of the same sex were held in a tank. Bidirectional sex change in a natural population was first reported by Kuwamura et al. (1994a) from observations of *Paragobiodon echinocephalus*, a monogamous goby that lives among the branches of corals. Following that study, many other monogamous gobies with similar ecology were confirmed to exhibit bidirectional sex change by field and aquarium experiments (Nakashima et al. 1996; Munday 2002). For haremic fishes, Manabe et al. (2007a) reported bidirectional sex change in T. okinawae under natural conditions. In Labroides dimidiatus, another haremic fish well-known for undergoing protogynous sex change once in its lifetime (Robertson 1972), Kuwamura et al. (2011, 2014) succeeded to induce male-to-female sex change by female-removal experiments in the field. Male-to-female sex change is termed "reversed sex change" because the predominant pattern of sex change is protogyny. Reversed sex change has now been confirmed in many polygynous and protogynous fishes, either under natural conditions or by field/aquarium experiments (e.g., Kadota et al. 2012; Kuwamura et al. 2016a, 2020; Fukuda et al. 2017; Sunobe

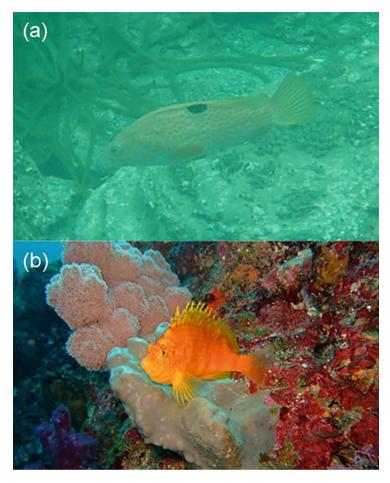


Fig. 5.1 Epinephelus akaara (a) and Cirrhitichthys aureus (b) are the first and second species in which bidirectional sex change has been confirmed in aquarium

et al. 2017). Furthermore, reversed sex change in male-territory-visiting polygamy (MTV polygamy) has been reported in a diandric protogynous wrasse, *Halichoeres trimaculatus*, through field observations and aquarium experiments (Kuwamura et al. 2007). Nonetheless, the existence of bidirectional sex change and reversed sex change seem to conflict with predictions of the SA model. Thus, solving the discrepancy has become a critical challenge in studies on sex change in fishes.

This chapter reviews the distribution of bidirectional sex change among teleost fishes and evaluates the relation between bidirectional sex change and the mating system or predominant sexual pattern in a species. Next, it gives a brief overview of aquarium experiments on bidirectional sex change conducted especially to investigate proximate mechanisms controlling sex change and the time required for sex

change. Finally, the chapter discusses the social context of bidirectional sex change in each mating system and considers its adaptive significance. A review by Munday et al. (2010) covered the adaptive significance of bidirectional sex change, possible proximate mechanisms, and inherent physiological changes. However, since that review, numerous studies on bidirectional sex change have advanced our knowledge, especially as regards polygynous and protogynous fishes; therefore, those studies are emphasized here.

### 5.2 Distribution of Bidirectional Sex Change Among Teleost Fishes

To date, the ability to undergo bidirectional sex change has been confirmed in 7 families, 15 genera, and 69 species of teleosts (14% of 481 hermaphroditic species). Bidirectional sex change is most abundant in the Gobiidae (51 species), followed by in the Pomacanthidae (4 species) and Pseudochromidae (4 species). All these families belong to the clade Percomorpha (Kuwamura et al. 2020; see Chap. 1). The percentage of species confirmed to exhibit bidirectional sex change is relatively high in the families Cirrhitidae (6%), Pomacanthidae (4%), and Gobiidae (4%). However, the number of species and the percentage in each family represent lower limits because the sexual patterns of all species have not been investigated.

From investigations in the field and/or aquaria, the mating system has been reported for just 24 species or less than 35% of species known to exhibit bidirectional sex change (Table 5.1). Size-assortative monogamy is known in nine species, harem polygyny in nine species, and MTV polygamy in three species. In addition, two species (*Dascyllus aruanus* and *D. reticulatus*) and one species (*Halichoeres trimaculatus*) change the mating system between harem polygyny and MTV polygamy and between MTV polygamy and group spawning, respectively. Size-assortative monogamy is reported only in the Gobiidae, while harem polygyny and MTV polygamy are reported in various families (harem polygyny, Gobiidae, Pomacentridae, Labridae, Serranidae, Pomacanthidae, and Cirrhitidae; MTV polygamy, Gobiidae, Pomacentridae, and Labridae; Table 5.1). Harem polygyny is the most prevalent mating system (46% of 24 spp.; Table 5.1). In these mating systems, protogyny will be favored according to the SA model (Ghiselin 1969; Warner 1975) or the growth-rate-advantage model (Iwasa 1991). As predicted by these models (see Chap. 1), all species whose sexual patterns are confirmed are protogynous.

The evolution of bidirectional sex change could be prevented by distinct sex-based differences, such as body coloration and general morphology (except urogenital papilla), because those differences would increase the morphological changes necessary to shift from one sexual phenotype to the other. Of 69 species in which bidirectional sex change is confirmed, 62 species lack distinct sex-based differences. In contrast, bidirectional sex change is reported in at least five sexually dimorphic species; three species exhibit sexual differences in body color (e.g.,

Table 5.1 List of teleost fish species confirmed to exhibit bidirectional sex change

		Length	Sexual	Sexual		Mating		
Family	Species	(mm)	dimorphism pattern	pattern	Evidence	system	References	Remarks
Gobiidae	Eviota epiphanes 14 SL	14 SL	z	PG (1), BS (2)	Histology (1, 2), aquarium (1, 2)	Unknown	(1) Cole (1990), (2) Maxfield and Cole (2019a)	
	Gobiodon erythrospilus	54 TL	z	BS (1, 2, 3, 4)	Field (1, 2, 3, 4), aquarium (1)	SA monogamy (1)	(1) Nakashima et al. (1996), (2) Munday (2002), (3) Munday and Molony (2002), (4) Kroon et al. (2003)	G. rivulatus rivulatus (1)
	Gobiodon histrio 35 TL	35 TL	z	PG, BS (1, 2)	Field (1, 2)	SA monog- amy (1)	(1) Munday et al. (1998), (2) Munday (2002)	
	Gobiodon micropus	35 TL	z	BS	Aquarium	SA monogamy	Nakashima et al. (1996)	
	Gobiodon oculolineatus	35 TL	z	BS	Aquarium	SA monogamy	Nakashima et al. (1996)	
	Gobiodon quinquestrigatus	45 SL	Z	PG (1), BS *(1)	Field, aquarium (1), aquarium* (1)	SA monogamy (1, 2)	(1) Nakashima et al. (1996), (2) Thompson et al. (2007)	*BS was confirmed by an aquarium observation
	Lythrypnus dalli	64 TL	Y (fin length)	PG (1, 2, 3, 4, 5, 7, 8), BS* (1, 2, 6, 8)	Field (1, 4), aquarium (2, 3, 5, 7, 8), aquarium* (1, 2, 6, 8), histology (9)	MTV polygamy (1)	(1) St. Mary (1994), (2) Reavis and Grober (1999), (3) Black et al. (2005a), (5) Black et al. (2005a), (5) Black et al. (2005b), (6) Rodgers et al. (2005), (7) Lorenzi et al. (2006), (8) Rodgers et al. (2007), (9) Maxfield and Cole (2019b)	*BS was confirmed by aquarium observations
	Lythrypnus pulchellus	45 TL	Y (fin length)	BS	Aquarium, histology	Unknown	Muñoz-Arroyo et al. (2019)	
	Lythrypnus zebra	57 TL	z	BS	Aquarium	MTV polygamy	St. Mary (1996)	
								(Pomertuo)

(continued)

Table 5.1 (continued)

secincta (mm) dimorphism dimorphism dimorphism dimorphism sphalus a statistical statistica	g .	Sexual dimorphism N	Sexual pattern PG, BS (1, 2)		Mating system	References	Remarks
Species (mm) dimorphism  Paragobiodon 40 TL N echinocephalus  Priolepis akihitoi 53 SL N Priolepis borea 24 SL N Priolepis cincta 70 FL N Priolepis Hipoliti 40 TL N Priolepis inhaca 40 TL N Priolepis inhaca 40 TL N Priolepis inhaca 40 TL N Priolepis Priolepis Semidolitata  Priolepis 24 SL N Intimma 28 SL N Arioma 28 SL N Arioma 28 SL N		N N	PG, BS (1, 2)	Evidence	system	References	Remarks
sakihitoi 53 SL N s borea 24 SL N s cincta 70 FL N s s inhaca 32 TL N s s inhaca 40 TL N s s inhaca 40 TL N s s inhaca 40 TL N s s inhaca 21 SL N s s inhaca 22 SL N s s inhaca 32 SL N s s inhaca 32 SL N s inhaca 32 SL N s inhaca 32 SL N s inhaca 34 SL N s inhaca 32 SL N s inhaca 32 SL N		z	PG, BS (1, 2)				
s akihitoi 53 SL N s borea 24 SL N s cincta 70 FL N s s cincta 70 FL N s s 32 TL N s inhaca 40 TL N s inhaca 40 TL N s inhaca 24 SL N s inhaca 25 SL N s inhaca 26 SL N s inhaca 27 SL N s inhaca 28 SL N ma		z	(1, 2)	Field (1, 2), aquarium	SA monog-	(1) Kuwamura et al. (1994a),	
s akihitoi 53 SL N s borea 24 SL N s cincta 70 FL N s s sindaca 40 TL N s inhaca 40 TL N ma s 24 SL N s inhaca 25 SL N ma s 28 SL N		z		(2)	amy (3, 4,	(2) Nakashima et al. (1995), (3) Lassiα (1976) (4) Lassiα	
s akihitoi 53 SL N s borea 24 SL N s cincta 70 FL N s s 32 TL N sta 32 TL N s inhaca 40 TL N ma s 24 SL N s indaca 40 TL N s inhaca 21 SL N ma s 28 SL N		z				(1977), (5) Kuwamura et al. (1993)	
s borea 24 SL N  s cincta 70 FL N  s sincta 70 FL N  s sinhaca 40 TL N  s sinhaca 40 TL N  s sinhaca 21 SL N  s sinhaca 22 SL N  s sinhaca 21 SL N  ma  a 24 SL N			BS (1)	Aguarium (1)	_	(1) Manaba at al. (2013)	
s cincta	24 SL		D3 (1)	Aquanum (1)	amy (2)	(2) Fukuda and Sunobe (2020)	
s cincta 70 FL N  s		z	BS	Histology	Unknown	Manabe et al. (2013)	
s 56 SL N s 32 TL N shipoliti 40 TL N s inhaca 40 TL N ma 21 SL N ma 24 SL N idta 28 SL N	70 FL	z	BS (1, 2)	Aquarium (1), histol-	SA monog-	(1) Manabe et al. (2013),	
s 56 SL N s 32 TL N s hipoliti 40 TL N s inhaca 40 TL N ma 21 SL N ma 24 SL N idta 28 SL N				ogy (2)		(2) Sunobe and Nakazono (1999)	
s	26 SL	z	PG, BS	Histology	Unknown	Cole (1990)	
s hipoliti 40 TL N s inhaca 40 TL N ma 21 SL N ss 24 SL N iata 28 SL N	32 TL	z	BS	Histology	Unknown	Manabe et al. (2013)	
s inhaca 40 TL N s 21 SL N ma 24 SL N iata 28 SL N	40 TL	Z	PG, BS	Histology	Unknown	Cole (1990)	
s 21 SL N ma s 24 SL N iata 28 SL N	iaca   40 TL	z	BS	Histology	Unknown	Manabe et al. (2013)	
iata 24 SL N 28 SL N	21 SL	z	BS	Aquarium	Unknown	Manabe et al. (2013)	
n 28 SL N	24 SL ta	z	BS	Aquarium	SA monogamy	Manabe et al. (2013)	
	28 SL	z	BS	Histology	Unknown	Sunobe et al. (2017)	
Trimma 30 SL N BS	30 SL	z	BS	Histology	Unknown	Sunobe et al. (2017)	
10 3C	10.30		r v	, , , , , , , , , , , , , , , , , , , ,	11.1	(2100) 1-71	
wa 35 SL N	32 SL		BS	Histology, aquarium	Unknown	Sunobe et al. (2017)	
Trimma cana   25 SL   N   BS	25 SL	Z	BS	Histology	Unknown	Sunobe et al. (2017)	

Trimma caudomaculatum	27 SL	z	BS	Histology (1), aquarium (2)	MTV polygamy (1)	(1) Sunobe et al. (2017), (2) Tomatsu et al. (2018)	
Trimma emeryi	25 TL	Z	BS	Histology (1)	Harem (2)	(1) Sunobe et al. (2017), (2) Fukuda and Sunobe (2020)	
Trimma fangi	21	Z	BS	Histology	Unknown	Sunobe et al. (2017)	
Trimma flammeum	22 SL	z	BS	Histology	Unknown	Sunobe et al. (2017)	
Trimma flavatram	23 SL	z	BS	Histology	Unknown	Sunobe et al. (2017)	
Trimma fucatum	20 SL	z	BS	Histology	Unknown	Sunobe et al. (2017)	
Trimma gigantum	30 SL	Z	BS	Histology	Unknown	Sunobe et al. (2017)	
Trimma grammistes	30 SL	z	BS	Aquarium (1), field (2) Harem (2)		(1) Shiobara (2000), (2) Fukuda et al. (2017)	
Trimma hayashii	30 TL	Z	BS	Histology (1)	Harem (2)	(1) Sunobe et al. (2017), (2) Fukuda and Sunobe (2020)	
Trimma kudoi	25 SL	Z	BS	Aquarium	Unknown	Manabe et al. (2008)	Trimma sp.
Trimma lantana	29 SL	Z	BS	Histology	Unknown	Sunobe et al. (2017)	
Trimma macrophthalma	25 TL	Z	BS	Histology	Unknown	Sunobe et al. (2017)	
Trimma maiandros	27 SL	Z	BS	Histology, aquarium	Unknown	Sunobe et al. (2017)	
Trimma marinae	20 SL	Z	BS	Histology	Unknown	Sunobe et al. (2017)	
Trimma milta	30 TL	Z	BS	Histology	Unknown	Sunobe et al. (2017)	
Trimma nasa	23 SL	Z	BS	Histology	Unknown	Sunobe et al. (2017)	
Trimma naudei	35 SL	Z	BS	Histology, aquarium	Unknown	Sunobe et al. (2017)	
Trimma necopinum	40 TL	Z	BS	Histology	Unknown	Sunobe et al. (2017)	
							(continued)

(continued)

Table 5.1 (continued)

,		I enorth	Sexual	Cevnal		Mating		
Family	Species	(mm)	dimorphism pattern	pattern	Evidence	system	References	Remarks
	Trimna okinawae	35 SL	z	PG (1, 2, 3, 4, 5), BS (2, 3, 5)	Filed (1, 4, 5), aquarium (2, 3)	Harem (1)	(1) Sunobe and Nakazono (1990), (2) Sunobe and Nakazono (1993), (3) Sunobe et al. (2005), (4) Manabe et al. (2007a), (5) Manabe et al. (2007b)	
	Trimma preclarum	20 SL	z	BS	Histology	Unknown	Sunobe et al. (2017)	
	Trimma rubromaculatum	35 SL	z	BS	Histology	Unknown	Sunobe et al. (2017)	
	Trimma sheppardi	19 SL	z	BS	Histology	Unknown	Sunobe et al. (2017)	
	Trimma stobbsi	25 TL	Z	BS	Histology	Unknown	Sunobe et al. (2017)	
	Trimma striatum	30 TL	z	BS	Histology	Unknown	Sunobe et al. (2017)	
	Trimma tauroculum	19 SL	N	BS	Histology	Unknown	Sunobe et al. (2017)	
	Trimma taylori	35 SL	N	BS	Histology (1, 2)	Unknown* (2)	(1) Sunobe et al. (2017), (2) Oyama et al. (2022)	*Monogamy in aquarium
	Trimma unisquamis	26	N	BS	Histology	Unknown	Cole (1990)	
	Trimma yanagitai	37 SL	N	BS	Aquarium	Unknown	Sakurai et al. (2009)	
Pomacentridae	Dascyllus aruanus	100 TL	z	PG (1, 2*, 3, 4), G (5), BS (7)	PG (1, 2*, Histology (1, 3, 4, 5), 3, 4), G (5), field (2*, 7) BS (7)	Harem, MTV polygamy (1-7)	(1) Fricke and Holzberg (1974), (2) Coates (1982), (3) Shpigel and Fishelson (1986), (4) Cole (2002), (5) Asoh (2003), (6) Wong et al. (2012), (7) Kuwamura et al. (2016a)	*Weak evidence

	Dascyllus reticulatus	90 TL	z	PG (1, 4), G (2), BS	Histology (1, 2), field (4)	Harem, MTV	(1) Schwarz and Smith (1990), (2) Asoh (2005), (3) Sakanoue	
				(4)		polygamy (2, 3)	and Sakai (2019), (4) Sakanoue and Sakai (2022)	
Pseudochromidae	Pseudochromis aldabraensis	100 TL	z	BS	Histology, aquarium	Unknown	Wittenrich and Munday (2005)	
	Pseudochromis cyanotaenia	62 TL	Y (color)	BS	Histology, aquarium	Unknown	Wittenrich and Munday (2005)	
	Pseudochromis flavivertex	72 TL	z	BS	Histology, aquarium	Unknown	Wittenrich and Munday (2005)	
	Pictichromis porphyrea	7L 09	Z	BS	Field	Unknown	Kuwamura et al. (2015)	
Labridae	Halichoeres trimaculatus	270 TL	270 TL Y (color)	PG, BS (1)	PG, BS (1) Field, aquarium (1)	MTV polygamy, GSP (2, 3)	(1) Kuwamura et al. (2007), (2) Suzuki et al. (2008), (3) Suzuki et al. (2010)	
	Labroides dimidiatus	140 TL	Z	PG (1), BS (2, 3, 4)	Field (1, 3, 4), aquarium (2)	Harem (1-4)	(1) Robertson (1972), (2) Kuwamura et al. (2002), (3) Kuwamura et al. (2011), (4) Kuwamura et al. (2014)	
Serranidae (Epinephelinae)	Cephalopholis boenak	300 TL	Z	PG (1), BS (2)	PG (1), BS Histology (1), aquar- (2) ium (2)	Harem (3)	(1) Liu and Sadovy (2004a), (2) Liu and Sadovy (2004b), (3) Liu and Sadovy (2005)	
	Epinephelus akaara	580 TL	Z	PG, BS (1, 2)	Histology, aquarium (1, 2)	Unknown	(1) Tanaka et al. (1990), (2) Okumura (2001)	
	Epinephelus coioides	1200 TL	÷	PG (1, 2, 4, 5), BS (3)	Histology (1), aquarium (2, 3, 4,5)	Unknown	(1) Liu and Sadovy de Mitcheson (2011), (2) Quinitio et al. (1997), (3) Chen et al. (2019), (4) Chen et al. (2020), (5) Chen et al. (2021)	

(continued)

Table 5.1 (continued)

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		Length	Sexual	Sexual		Mating		
Family	Species	(mm)	dimorphism	pattern	Evidence	system	References	Remarks
	Epinephelus bruneus	1360 TL	i	PG, BS	Aquarium	Unknown	Oh et al. (2013)	
Pomacanthidae	Centropyge acanthops	80 TL	Z	PG, BS	Aquarium	Unknown	Hioki and Suzuki (1996)	
	Centropyge ferrugata	100 TL	100 TL Y (color)	PG (1), BS (2, 3)	Field (1, 3), aquarium (2)	Harem (4)	(1) Sakai (1997), (2) Sakai et al. (2003), (3) Kuwamura et al. (2011), (4) Sakai and Kohda (1997)	
	Centropyge fisheri	84 TL	z	PG, BS	Aquarium, histology	Unknown	Hioki and Suzuki (1996)	
	Centropyge flavissimus	140 TL	Z	BS (1)	Aquarium (1)	Harem (2)	(1) Hioki and Suzuki (1996), (2) Thresher (1982)	
Cirrhitidae	Cirrhitichthys aureus	140 TL	Z	PG, BS	Aquarium, histology	Unknown	Kobayashi and Suzuki (1992)	
	Cirrhitichthys falco	70 TL	Z	PG (1, 2, 3), BS (3)	Histology (1, 2)*, field Harem (3)	Harem (4, 5)	(1) Sadovy and Donaldson (1995), (2) Kobayashi and Suzuki (1992), (3) Kadota et al. (2012), (4) Donaldson (1987), (5) Kadota et al. (2011)	*Small sample size
Order and family n	ames are arranged f	ollowing l	Nelson et al. (	2016) and gen	us and species in alphabe	tical order wi	Order and family names are arranged following Nelson et al. (2016) and genus and species in alphabetical order within each family and genus, respectively. Length is	ctively. Length is

based on FishBase (https://www.fishbase.in) resource

For evidence to confirm functional hermaphroditism, *histology* by the examination of gonad histology, *field* and *aquarium* by field and aquarium observations, respectively, of identified individuals. When evidence seems very weak (e.g., small sample size for gonad histology), a note is given in remarks *SL* standard length, *TL* total length, *N* not reported, ? unclear, *Y* yes, *BS* bidirectional sex change, *PG* protogyny, *SA* size-assortative, *MTV* male-territory-visiting, *GSP* group spawning Pseudochromis cyanotaenia), and two species in dorsal fin length (e.g., Lythrypnus pulchellus) (Table 5.1). Thus, at a minimum, dichromatism and minor dimorphism (such as fin length) would not always play a critical role in preventing the evolution of bidirectional sex change. In addition, body size would not become a critical factor for the deterrence. Most species (84%) exhibiting bidirectional sex change achieve sizes smaller than 10 cm in total length (TL) (e.g., Gobiidae), although bidirectional sex change was recently confirmed in Epinephelus bruneus and E. coioides which can attain more than 1 m TL (Table 5.1). The number of fish species confirmed to undergo bidirectional sex change is increasing, and future research will no doubt confirm bidirectional sex change in other protogynous species of Percomorpha.

#### 5.3 Bidirectional Sex Change Recorded in Aquaria

Aquarium experiments have been important to the study of bidirectional sex change, especially research in the 1990s–2000s. In these experiments, two or more individuals of the same sex are housed together, and any change in behavior and/or in the gonad is observed. These experiments have confirmed bidirectional sex change in 34 species (Table 5.1), which accounts for 49% of all species so far reported to exhibit bidirectional sex change.

Aguarium experiments (and some field studies) have also revealed that bidirectional sex change can be socially controlled (see Chap. 1). For instance, Sunobe and Nakazono (1993) reared multiple females of Trimma okinawae in a tank and then moved any sex-changed individuals to another tank where a larger male was kept. As a result, the largest female that had changed sex to male while in the first tank changed sex back to female and spawned with the larger male in the second tank. Furthermore, Kuwamura et al. (2002) confirmed that the smaller individuals of Labroides dimidiatus behaved as female and released eggs in tanks where two males were kept. These studies show that individuals would change sex as a consequence of their position in a social hierarchy based on relative body size. Of 32 species exhibiting bidirectional sex change, the same rule of larger individuals being males and smaller individuals being females is known for at least 27 species (Table 5.2). However, this rule does not apply to *Trimma kudoi*: in this species, the smaller female in groups of two females, and the middle-sized female in groups of three females, change sex to male (Manabe et al. 2008). Furthermore, larger males change sex to female in groups of two males. A new version of the SA model (Muñoz and Warner 2003, 2004; see Chap. 4) predicts that the largest female does not necessary change sex to male if the largest female's fecundity is markedly higher than the combined fecundity of all other females in the group (meaning her expected reproductive success after sex change). The patterns of sex change observed in T. kudoi could be explained by the new version of the SA model if the mating system and the social conditions associated with the sex change were clarified (Manabe et al. 2008).

Table 5.2 Gonad type, relative size of sex-changers, and time required for sex change in some bidirectional sex-changing fish species

		Female to male		Male to female	emale	Ratio of	
				Relative	Mean	mean	
Family/species	Gonad type	Relative size <sup>a</sup>	Mean time <sup>b</sup>	size <sup>a</sup>	time <sup>b</sup>	time <sup>c</sup>	References
Gobiidae							
Eviota epiphanes	Non-delimited	1	7*	ı	5*	0.7	Maxfield and Cole (2019a)
Gobiodon erythrospilus	Non-delimited	L	ı	S	ı	ı	Nakashima et al. (1996)
Gobiodon histrio <sup>d</sup>	Non-delimited	L	ı	S	1	ı	Munday (2002)
Gobiodon micropus	1	L	ı	S	ı	ı	Nakashima et al. (1996)
Gobiodon oculolineatus	1	L	1	T	ı	ı	Nakashima et al. (1996)
Gobiodon	Non-delimited	L	ı	S	1	ı	Nakashima et al. (1996)
quinquestrigatus							
Lythrypnus dalli	Delimited	Γ	16.5	S	17.2	1.0	Rodgers et al. (2007)
Lythrypnus pulchellus	Delimited	L	11.3	S	12.0	1.1	Muñoz-Arroyo et al. (2019)
Paragobiodon	Non-delimited	L	I	S	1	ı	Nakashima et al. (1995)
echinocephalus							
Priolepis akihitoi	Delimited	L	25	S	27.5	1.1	Manabe et al. (2013)
Priolepis cincta	Delimited	L	10	S	1	I	Manabe et al. (2013)
Priolepis latifascima	Delimited	L	35	S	48	1.4	Manabe et al. (2013)
Priolepis semidoliata	Delimited	Г	21	S	1	ı	Manabe et al. (2013)
Trimma caesiura	Delimited	Г	9	S	21	3.5	Sunobe et al. (2017)
Trimma caudomaculatum	Delimited	L	14	S	<i>L</i> 9	4.8	Tomatsu et al. (2018)
Trimma grammistes	Delimited	Г	11.5	S	15.5	1.3	Shiobara (2000)
Trimma kudoi	Delimited	Female-female pair: S	Female–female pair: 22.3	Г	15.9	0.7	Manabe et al. (2008)
		three-female group: M	three-female group: 16.6				
Trimma maiandros	Delimited	L	3	S	8	2.7	Sunobe et al. (2017)
Trimma naudei	Delimited	L	3	S	19	6.3	Sunobe et al. (2017)
Trimma okinawae	Delimited	$\Gamma$	8.6	S	8.5	6.0	Sunobe and Nakazono (1993)

Trimma yanagitai	Delimited	L	21.5	S	23.5	1.1	Sakurai et al. (2009)
Pseudochromidae							
Pseudochromis flavivertex	Non-delimited	L	28*	S	52*	1.9	Wittenrich and Munday (2005)
Pseudochromis aldabraensis	Non-delimited	L	18*	S	64*	3.6	Wittenrich and Munday (2005)
Pseudochromis cyanotaenia	Non-delimited	L	23*	S	*49	2.9	Wittenrich and Munday (2005)
Labridae							
Labroides dimidiatus	Non-delimited L	T	17	S	64	3.8	Nakashima et al. (2000) and Kuwamura et al. (2002)
Serranidae							
Cephalopholis boenak	Non-delimited	L	1	S	-	_	Liu and Sadovy (2004b)
Pomacanthidae							
Centropyge acanthops	Non-delimited L	L	8	S	1	ı	Hioki and Suzuki (1996)
Centropyge ferrugata	Non-delimited	T	15*	S	47*	3.1	Sakai et al. (2003)
Centropyge fisheri	Non-delimited	L	9	S	_	_	Hioki and Suzuki (1996)
Centropyge flavissimus	Non-		1	S	81	1	Hioki and Suzuki (1996)
	delimited?						
Cirrhitidae							
Cirrhitichthys aureus <sup>e</sup>	Non-delimited	L	231	ı	55	0.2	Kobayashi and Suzuki (1992)
Cirrhitichthys falco	Non- delimited?	L	I	S	1	ı	Kadota et al. (2012)

<sup>b</sup>Mean time (days) to complete change sex in each direction. In cases that mean time cannot be calculated (asterisks), the minimum time is indicated <sup>a</sup>Relative size of individuals that changed sex compared with individuals that did not change sex: L larger, M middle, S smaller

<sup>&</sup>lt;sup>c</sup>Ratio of mean time = mean time for male to female/mean time for female to male <sup>d</sup>Data in G histrio include those in G. erythrospilus

<sup>&</sup>lt;sup>e</sup>Data were removed from analysis for Ts because this experiment would be conducted across the non-reproductive season

Furthermore, aquarium experiments (and a few field studies) have revealed the time required for bidirectional sex change (Ts). Although Ts varies with species, Ts for male-to-female sex change (median 23.5 days, range 5–81 days, n = 21 species) tends to be longer than Ts for female-to-male sex change (median 14.5 days, range 3–35, n = 22 species; Mann–Whitney U test, P < 0.05). Of the 18 species for which aquarium experiments and/or field studies confirmed the Ts for both directions, 15 species required longer Ts for male-to-female sex change (Table 5.2). When looking at variation among species, species of Trimma, Priolepis, and Lythrypnus have a shorter Ts in male-to-female sex change (median 18.1 days, range 8-67, n = 14) compared with other species (64.0 days, range 5–81, n = 7, Mann–Whitney U test, P < 0.05), although no significant difference in Ts for female-to-male sex change was detected between the former group (median 12.8 days, range 3-35, n = 14) and the others (median 16 days, range 6–28, n = 8; Mann–Whitney U test, P > 0.05). These differences in Ts are suggested to be affected by gonad types (Munday et al. 2010). Trimma, Priolepis, and Lythrypnus retain the gonad of a delimited type (Table 5.2), wherein ovarian and testis tissues are separated by a thin cellular wall. The ovarian and testis tissues proliferate or regress, depending on the functional sex of the individual. The delimited type of gonad, which retains a regressed gonad region of either male or female tissue, is considered an adaptation to reduce the amount of gonad to be newly produced, hence shortening the Ts. Body size or metabolic rate has recently been suggested to also affect Ts (Tokunaga et al. 2022); however, it is unknown which factor most strongly affects the Ts because of multicollinearity between gonad type and body mass in the species for which Ts has been confirmed. Additional sex-change experiments, particularly with small-sized species having non-delimited gonads or with large-sized species having delimited gonads, are required to fill these data gaps and so inform our understanding of how Ts is determined in fishes.

Aquarium experiments have helped to reveal a species' ability to undergo bidirectional sex change, including the proximate cues and the time required for the sex change. However, the adaptive significance of bidirectional sex change cannot be wholly understood based on aquarium experiments only, since the frequency and process of bidirectional sex change by fish in aquaria will not necessarily reflect those under natural conditions. For instance, subordinate males might be obligated to change sex when held in an aquarium because these males cannot escape interference by the dominant males, whereas subordinate males could adopt alternative tactics under natural conditions. Munday et al. (2010) state the need to prioritize studies of bidirectional sex change under natural conditions in the field, to document the occurrence of this sexual pattern and better understand its adaptive significance. Therefore, we need to observe the process of bidirectional sex change under natural conditions to discern especially the social context.

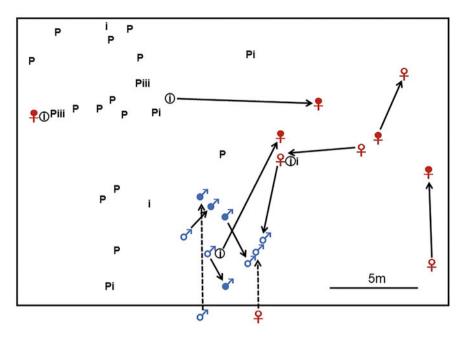
Fig. 5.2 Paragobiodon echinocephalus: a monogamous fish with bidirectional sex change (photo by T. Kuwamura)



### 5.4 Bidirectional Sex Change in Monogamous Fish

Bidirectional sex change in monogamy has been revealed in detail in *Paragobiodon echinocephalus* (Fig. 5.2; Kuwamura et al. 1994a), a goby that lives among branches of the coral *Stylophora pistillata*. Although two or more fish often inhabit a large coral, only the largest two fish in the coral consistently breed monogamously. Though the size of mature individuals is about 2–4 cm TL, the sizes of a male and female in a breeding pair are approximately the same (i.e., size-assortative monogamy). Pairs usually spawn in the afternoon, and the eggs hatch around sunset about 5 days afterward (at a water temperature of 25 °C). Until hatching, the male guards the eggs against predators such as crabs cohabiting the host coral.

Kuwamura et al. (1994a) investigated *P. echinocephalus* associated with corals within a 20 m × 20 m area on the fringing reef of Sesoko Island, Okinawa, Japan, for 3 years, and confirmed 48 cases of female-to-male sex change and 24 cases of maleto-female sex change under natural conditions. Of these transitions, the social context was revealed in 24 cases of the former and 10 cases of the latter. Both directions of sex change occurred when a new same-sex pair formed by movement between host corals after mate loss. The larger individual changed sex in most female-female pairs, whereas the smaller individual underwent sex change in most male-male pairs. In addition, female-to-male sex change occurred when a femalejuvenile pair formed. In all cases, the sex change resulted in the formation of pairs consisting of a larger male and a smaller female. The reproductive success of P. echinocephalus pairs is limited by the smaller individual because the female's fecundity is limited by her body size and the male can guard no more than one clutch spawned by the female of similar body size (Kuwamura et al. 1993). In addition, females grow much faster than their mates in the nonbreeding season (growth-rate advantage) (Kuwamura et al. 1994a). Thus, the smaller individual in new pairs ought to be female to catch up with body size of the larger individual and increase the



**Fig. 5.3** Sex change and movements of *Paragobiodon echinocephalus* between host corals in a field experiment. The symbols represent nine males and nine females that belonged to pairs from which one partner was removed. The arrows connect the new pairs formed by the end of the experiment. The direction of the arrow indicates which individual left its host coral (base of the arrow) to form the new pair (end of the arrow). Filled symbols represent the original sex of individuals that changed sex after the formation of a new pair. *P* unmanipulated pairs, *i* immature fish, four of which (encircled i) later matured and bred with the unmated fish. A male and a female (symbols with broken arrows) came from outside the experimental area and bred with the experimental fish. (Modified from Nakashima et al. 1995)

reproductive success after their own or their partner's sex change. Bidirectional sex change is also confirmed under social conditions similar to that of *P. echinocephalus* in other size-assortatively monogamous gobies, such as *Gobiodon* spp. (Nakashima et al. 1996; Munday et al. 1998).

Nakashima et al. (1995) conducted a field experiment to reveal the adaptive significance of bidirectional sex change in *P. echinocephalus* (Fig. 5.3). The researchers removed either males or females in existing pairs, creating two adjoining areas inhabited by only males and only females. Thus, the "widowed" individuals, which had lost their immediate mating opportunity, were forced to choose to pair with an opposite-sex individual following long-distance movement or else to pair with a same-sex individual after short-distance movement. As a result, five of nine bachelor females and four of nine bachelor males changed sex after pairing with nearby same-sex individuals. Because predation risk is relatively high for small coral reef fishes, individuals would be particularly vulnerable to predation during movements outside the host coral. In addition, nearly all suitable host coral colonies were

occupied by a *P. echinocephalus* breeding pair, with very few single mature individuals in the population (Kuwamura et al. 1994b). Therefore, bidirectional sex change enables this goby species to pair with close-neighboring individuals regardless of their sex when individuals lose their mating opportunities, which would increase their reproductive value (i.e., the expected future reproductive success, taking into account the effects of growth and mortality: Munday et al. 2006) by reducing the risk of movement to seek a new mate (risk-of-movement hypothesis: Nakashima et al. 1995). The same advantage of bidirectional sex change (decreased risk of movement to seek a mate) was also shown by field experiments in another size-assortatively monogamous goby inhabiting corals, *Gobiodon histrio* (Munday et al. 1998). Bidirectional sex change with the same suggested advantage was further observed in a size-assortatively monogamous goby inhabiting rocky reefs, *Priolepis akihitoi* (Manabe et al. 2013; Fukuda and Sunobe 2020).

Which factors (growth-rate advantage for females during the non-breeding season or risk of movement to seek a mate) are more strongly attributed to bidirectional sex change in coral-dwelling gobies? A field experiment to answer this question has been conducted in G. histrio. Munday (2002) created four social conditions: (1) female-female pairs; (2) male-male pairs; (3) heterosexual pairs where the male is larger than the female; (4) heterosexual pairs where the female is larger than the male. If the growth-rate advantage is the primary factor driving bidirectional sex change, the larger individual, smaller individual, and both individuals are predicted to change sex in the first, second, and fourth social conditions, respectively. In addition, neither individual should change sex in the third social condition. However, only the first three (1–3) of the predicted outcomes were observed in the experiment. Even in field studies in P. echinocephalus, simultaneous sex change of both mates did not occur when a larger female and a smaller male formed a new pair or when a female became larger than her mate (Kuwamura et al. 1994a). These studies show the risk of moving among spatially isolated habitat patches and the low probability of finding a mate have been more important than sex-specific differences in growth rates to the evolution of bidirectional sex change in coral-dwelling gobies. In short, risk-of-movement hypothesis can explain why bidirectional sex change occurs in the coral-dwelling gobies, whereas growth-rate advantage can explain which individual should change sex in homosexual pairs.

### 5.5 Reversed Sex Change in Haremic Fish

## 5.5.1 Social Conditions and Adaptive Significance of Bidirectional Sex Change in Haremic Fish

Bidirectional sex change in polygynous fish under natural conditions was first confirmed in *Trimma okinawae* (Fig. 5.4a; Manabe et al. 2007a). This small goby (<30 mm standard length) inhabits cave ceilings, rock slopes, holes, or the underside

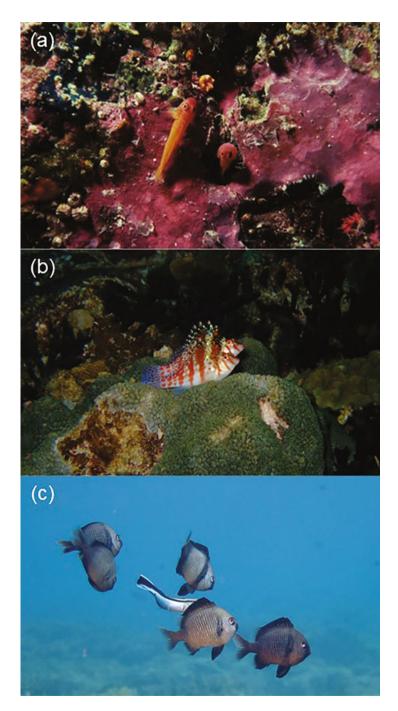


Fig. 5.4 Haremic fishes with reversed sex change;  $Trimma\ okinawae\ (a)$  (photo by T. Sunobe),  $Cirrhitichthys\ falco\ (b)$ , and  $Dascyllus\ reticulatus\ (c)$ 

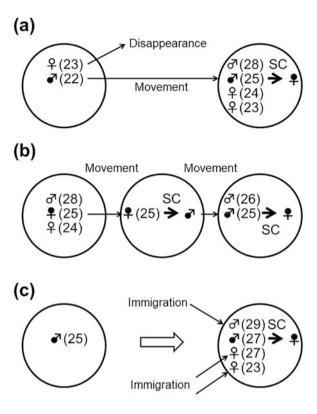
of table corals, where they feed on planktonic copepods. The mating system of this species is polygyny, consisting of a single dominant male and one to six females. In this system, the larger males tend to have larger mating groups. Males maintain a spawning site within their territories, and females visit there to spawn in the morning. After spawning, males stay within the spawning site and guard the eggs, while females return to their respective home ranges (Sunobe and Nakazono 1990). As predicted by the SA model, protogyny would be favored in *T. okinawae* because the mating system of this species is polygyny, where larger males monopolize the mating opportunities, like in other haremic protogynous fishes.

Manabe et al. (2007a) conducted scuba observations of *T. okinawae* at Kagoshima Prefecture, Japan, for 16 months. They set two study areas along a cliff face at a depth of 4–7 m and investigated changes in spatial distribution and sex. As a result, 22 instances of female-to-male sex change and three instances of male-to-female sex change were observed. Of these instances, the social context was revealed in 14 instances of the former, and in all three instances of the latter. The most typical pattern of female-to-male sex change involved the largest female in a mating group changing sex after the disappearance of males. Sex change under this social context is called "takeover sex change," and it has been confirmed in a range of haremic protogynous fishes, including *Labroides dimidiatus* and *Centropyge ferrugata* (see Chap. 4).

Manabe et al. (2007a) reported that all three observed instances of male-to-female sex change occurred in widowed males. In the first case (Fig. 5.5a), a male became widowed after the only female in his group disappeared, and 7 days after the mate loss, the male moved to a neighboring polygynous group whose male was larger than it and the widowed male then changed sex. In the second case (Fig. 5.5b), a female became solitary by moving from a harem to a vacant site and thereafter changed sex; later, it returned to the original group and changed back to female. In the third case (Fig. 5.5c), a female changed sex to become a solitary male after all members of her group disappeared. Thereafter, that solitary male changed sex back to female following the immigration of a larger male and two females.

Male-to-female sex change in *T. okinawae* appears to be consistent with the SA model (Manabe et al. 2007a; Munday et al. 2010). This model predicts that an individual should change sex when the reproductive value of the other sex exceeds that of its present sex. Given this, it is thought that bidirectional sex change will likewise be favored if the reproductive value between the sexes changes more than once during a lifetime (Fig. 5.6; Nakashima et al. 1995). In *T. okinawae*, male reproductive success is generally higher than that of a female when the body size is larger, because of polygynous mating whereby larger males monopolize mating opportunities to the detriment of smaller ones (Fig. 5.6). However, the reproductive success of a male decreases to zero if it immigrates into a mating group with a larger male after the loss of its mate or if a larger male immigrates into its mating group. In those situations, the larger dominant male would exclude the smaller male from reproducing as a male in the new group, but the smaller male could reproduce as a female. In other words, reproductive success as a female is expected to be greater than that as a male. Thus, reversed sex change would be one tactic used by widowed

Fig. 5.5 Social conditions of reversed sex change in a natural population of *Trimma okinawae*. Three cases (a, b, c) are shown. Filled symbols show sex-changed individuals. Circles indicate caves, rock slopes, holes, or the underside of table corals. The standard length (mm) of each individual is given in parentheses. *SC* sex change. (Modified from Manabe et al. 2007a)

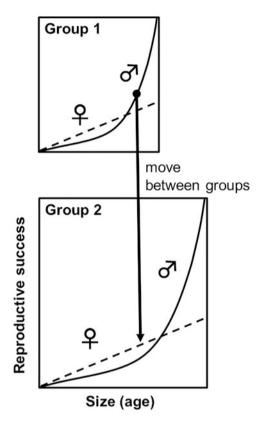


males to improve their mating success. Recently, reversed sex change was likewise observed in a similar social context in the closely related *Trimma grammistes* (Fukuda et al. 2017).

Can reversed-sex-changed individuals really acquire mating opportunities? In *Trimma*, it is difficult to directly observe spawning behavior because the species spawn in holes on rocky reefs, but sex in these species can be determined by the shape of the urogenital papilla. Thus, whether the reversed-sex-changed individuals get mating opportunities was not exactly confirmed in *T. okinawae* and *T. grammistes* (Manabe et al. 2007a; Fukuda et al. 2017). Nonetheless, the question can be answered by studies of fish that produce pelagic eggs, which allows confirmation of functional sex by collection of gametes in the water (Shapiro et al. 1994). Hawkfish are pelagic spawners that inhabit coral and rocky reefs, and at least two species, *Cirrhitichthys aureus* and *C. falco*, were shown to undergo bidirectional sex change, in aquarium experiments and field observations, respectively (Kobayashi and Suzuki 1992; Kadota et al. 2012).

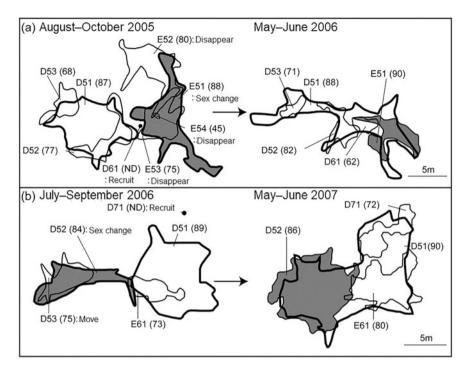
Cirrhitichthys falco is one of the smallest cirrhitids (max. 6 cm SL) and is widely distributed on coral reefs in the Pacific Ocean, from the Philippines to Hawaii. The mating system of this species is harem polygyny, consisting of a single dominant male and one to seven females (Donaldson 1987). Females maintain territories

Fig. 5.6 Conditions for the evolution of reversed sex change, associated with relationships between body size (or age) and reproductive success in males and females. Groups 1 and 2 show the relationship before and after movements, respectively; if a male moves to a new group dominated by a larger male, its reproductive success will be improved by changing sex back to female. (Modified from Nakashima et al. 1995)

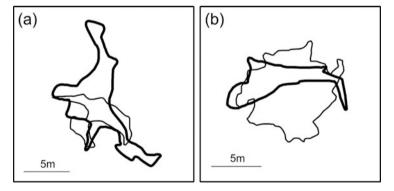


against adjacent females for food resources (Kadota et al. 2011). Males often visit female territories to court, and spawning occurs after sunset (Donaldson 1987; Kadota et al. 2011). Kadota et al. (2012) conducted a 3-year demographic survey of a population of *C. falco* at Kuchierabu Island, southern Japan, and observed reversed sex change in two instances. In both cases, all the females disappeared from the harem and the neighboring males expanded their territories to encompass the territories of the widowed males, which changed sex (Fig. 5.7). The sex changers spawned with the neighboring males, with the release of eggs being confirmed by egg collection. The sex changers spawned almost every day, and their frequency of spawning was not significantly different from that of other females. Field experiments have also confirmed eggs produced by a reversed sex changer in other pelagic spawners (e.g., *L. dimidiatus* and *C. ferrugata*: Kuwamura et al. 2011, 2014). Thus, reversed sex change was confirmed under natural conditions as a tactic to improve reproductive success for widowed males, as predicted by the SA model (Fig. 5.6).

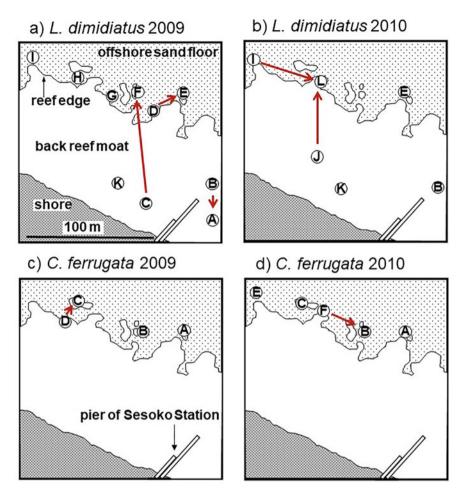
The risk-of-movement hypothesis would apply to small haremic fish as well. In *C. falco*, the reversed sex changers did not alter the location of their territories to any large degree after the sex change (Fig. 5.8; Kadota et al. 2012). This means that reversed-sex-changed individuals can acquire mating opportunities without any



**Fig. 5.7** Reversed sex change in *Cirrhitichthys falco* observed on a reef. Thick, thin, and broken lines represent male territories, female territories, and juvenile home ranges, respectively. The shading represents the territory of sex changers. The total length (mm) of each individual is given in parentheses. *ND* no data. (Modified from Kadota et al. 2012)



**Fig. 5.8** Position of territories before and after reversed sex change in *Cirrhitichthys falco*, as observed on a reef. Panels (a) and (b) represent the individuals shown in Fig. 5.7a and b, respectively. Thick and thin lines represent territories before (when male) and after (female) sex change, respectively. (Modified from Kadota et al. 2012)



**Fig. 5.9** Original sites and the emigration of widowed males in female-removal experiments on coral reefs; site names are designated with capital letters; arrows indicate the movements of the males in the field experiments. *Labroides dimidiatus* in 2009 (a) and 2010 (b); *Centropyge ferrugata* in 2009 (c) and 2010 (d). (Modified from Kuwamura et al. 2011)

movements. Kuwamura et al. (2011) conducted female removal experiments in *L. dimidiatus* and *C. ferrugata* and revealed the process of pair formations between widowed males. Four and two male—male pairs in the field experiments were confirmed in *L. dimidiatus* and *C. ferrugata*, respectively. These new male—male pairs were formed with the nearest or second-nearest male in both species (Fig. 5.9). These studies indicate that, in haremic fish, the risk of predation that is associated with searching for a new mate of the opposite sex is reduced by changing sex.

#### 5.5.2 Low-Density Hypothesis for Reversed Sex Change

Reversed sex change has been identified in at least 11 haremic fishes including fish whose mating system changes between harem polygyny and MTV polygamy. However, the reversed sex change was confirmed under natural conditions in only four of the species: *T. okinawae*, *T. grammistes*, *Dascyllus reticulatus*, and *C. falco*. In the other species, reversed sex change was recorded based on field/aquarium experiments or histological evaluation of the gonads. Considering the numerous field studies that have been conducted on sex change in haremic protogynous fish (see Chap. 4), reversed sex change seems to have been too rarely confirmed. In fact, although reversed sex change was shown through field/aquarium experiments, it was never observed under natural conditions in some species for which long-term field experiments have been conducted—such as in field studies of *L. dimidiatus* conducted for approximately 2 years at Heron Island, Great Barrier Reef (Robertson 1972), and at Funakoshi Canal, Shikoku Island, Japan (Sakai et al. 2001), and for 5 years at Shirahama, Honshu Island, Japan (Kuwamura 1984).

The rare occurrence of reversed sex change could be attributable to the densities of studied populations (Kuwamura et al. 2002). Because these population densities are often relatively high, with the number of females in a harem therefore comparatively large, then widowed males would rarely occur, and reversed sex change would consequently not be present to observe. However, facultative monogamy may occur in low-density populations of haremic species (Moyer et al. 1983; Barlow 1984; Petersen 2006). Thus, it is predicted that reversed sex change would happen in low-density populations because widowed males are likely to occur (i.e., low-density hypothesis for reversed sex change: Kuwamura et al. 2002, 2011, 2014). In addition, the theoretical model indicates that not only risk of movement but also the number of females in harems (population density) will influence decision-making by widowed males in favor of reversed sex change, because the benefit of being male is reduced under small harem size (Sawada et al. 2017).

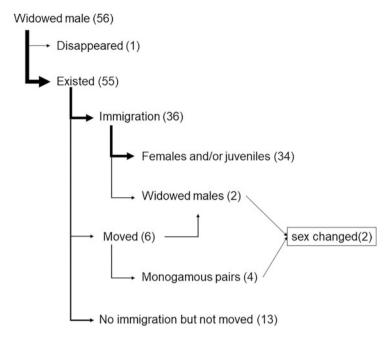
Of the four studies where reversed sex change was confirmed in the wild, at least that of C. falco supports the low-density hypothesis. In the study site at Kuchierabu Island, which is located near the northern distributional limit of C. falco, recruitments of small individuals including juveniles were not abundant (Kadota et al. 2012). Furthermore, the mean number of females within harems was maintained at around just 2.2 individuals, as harem-fission sex change (see Chap. 4) occurred when the number increased to 4 or more females. A survey of the mating system of this species in several locations in the Pacific (e.g., Guam, Miyake-jima, Lizard Island) reported the mean number of females in a harem at 2.9 individuals (Donaldson 1987); thus, the number recorded at Kuchierabu Island is smaller than that at other areas studied. In addition, the harem sizes of C. falco appear to be somewhat smaller in comparison to other haremic and protogynous fish in which reversed sex change has not been observed in nature despite long-term studies. For example, the mean harem size was 2.5-6.0 in L. dimidiatus (Robertson 1974; Kuwamura 1984; Sakai et al. 2001) and 2.3-3.0 in Centropyge angelfishes (Moyer and Nakazono 1978; Aldenhoven 1986; Sakai and Kohda 1997).

The low-density hypothesis for the reversed sex change in protogynous species predicts the following process of how reversed sex change occurs (Kuwamura et al. 2014): (1) females will sometimes disappear from monogamous pairs, and males will become single; (2) widowed males will wait or move to search for a new mate if no migration of females into their territories occurs, whereas they need not move if migration occurs; (3) moving males will choose a new mate from among the nearest individuals, whether male or females because of the cost or risk of father movement: and (4) when two males form a pair, the smaller will change sex to female according to the rule of social control. To confirm these predictions, Kuwamura et al. (2014) repeatedly removed some or all females from the harems in the study area and created 48 pairs and 56 widowed males in L. dimidiatus. The disappearance of females from monogamous pairs was observed, and the disappearance rates did not differ between sexes in the monogamous pairs. In addition, the widowed males moved to form pairs with nearby single fish only when no immigration occurred. Afterward, when two males formed a pair, the smaller changed sex to female. This process supports the predictions of the low-density hypothesis for reversed sex change.

Another interesting field experiment supporting the low-density hypothesis is that of *Dascyllus aruanus* (Kuwamura et al. 2016a). This coral-dwelling damselfish exhibits protogynous sex change in harems on isolated corals, as the SA model predicts. In contrast, sex change rarely occurs (i.e., gonochorism) in high-density populations inhabiting continuous coral-covered habitat (Cole 2002; Asoh 2003; Kuwamura et al. 2016a), where females can choose mates with low risk of movement. So far, reversed sex change has been confirmed by mate-removal experiments on isolated coral heads under low-density conditions only (Kuwamura et al. 2016a).

Furthermore, these studies indicate reversed sex change is unlikely to be the best tactic for widowed males to regain mating opportunities. In field experiments involving *L. dimidiatus* (Kuwamura et al. 2014), of 56 widowed males that were created by female removals, 36 males did not move when females and/or juveniles immigrated into their territories (Fig. 5.10); moreover, 13 males did not move despite no such immigration occurring. Only six males moved or expanded their territories when no immigration occurred; of these six, three males behaved as females, and two of them completed sex change. In the study of *C. falco*, a dominant male was observed to experience widowed status twice, in addition to the cases mentioned above (Kadota et al. 2012). This male regained mating opportunities following the immigration of a female into his territory or by taking a female from a neighboring harem. These studies show that widowed males use reversed sex change as a last resort when they cannot gain new mating opportunities by the immigration of females into their territories or by winning new females from another male's harem.

Not all instances of reserved sex change in *T. okinawae* appear to correspond to the low-density hypothesis for reversed sex change. Of the three instances (Manabe et al. 2007a), a male changed sex to female after mate loss (Fig. 5.4a), while another male changed sex after undergoing early sex change (Fig. 5.4b). In the third case, it was not understandable why the widowed female changed to male (Fig. 5.4c). The



**Fig. 5.10** Summary of female-removal experiments on a coral reef to create low-density conditions for the haremic *Labroides dimidiatus*. Numbers in parentheses indicate the number of cases observed. (Drawn from the data of Kuwamura et al. 2014)

first case corresponds to the low-density hypothesis, but the second case does not. Some studies have suggested early sex change is favored in populations characterized by a large harem size and high density (see Chap. 4). This social condition favoring early sex change would be opposed to that favoring reversed sex change. Therefore, the case of reversed sex change in males derived from early sex change can be explained by the low-density hypothesis if the population density drastically changes from high to low.

Ecological conditions driving bidirectional sex change might differ somewhat between small haremic gobies like *Trimma* and other haremic fishes. Ts (time required for sex change; Table 5.2) is considerably shorter in *Trimma* compared with in labroids and pomacanthids, and the relatively short time means higher sexual flexibility in *Trimma*. Sexual flexibility is suggested to be affected by reliability in male reproduction by a comparative study between the gobies *Lythrypnus dalli* and *L. zebra* (St. Mary 1996). *Lythrypnus zebra*, which has a shorter Ts, has shorter nest longevities of the males than those of *L. dalli*, although reproduction as a male is equally advantageous relative to adopting the female role in both species (i.e., the rates of spawning by males to females are similar). Thus, reversed sex change in small haremic gobies with the gonad of delimited type might be a tactic more adapted in response to greater temporal fluctuations in population densities, while in other protogynous fishes with the gonad of non-delimited type, the reversed sex

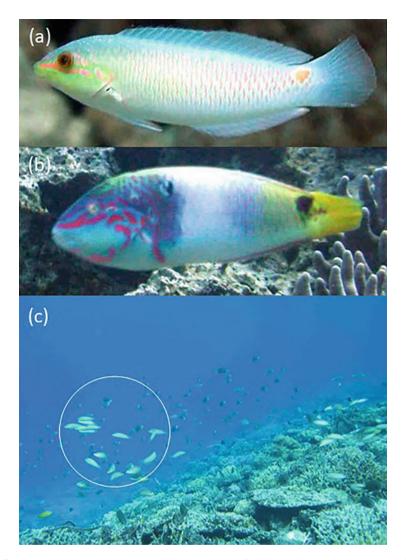
change would be a tactic for low-density populations with more peripherally distributed individuals. Interestingly, reversed sex change in *Trimma* is suggested to evolve from gonochoristic ancestors through evolution of bidirectional sex change in monogamous species (Sunobe et al. 2017), while reversed sex change in the other groups is suggested to evolve from protogynous ancestors (Kuwamura et al. 2014, 2016a), which can reflect difference of primary factor driving bidirectional sex change.

Recently, a new pattern of reversed sex change was reported in D. reticulatus (Fig. 5.4c; Sakanoue and Sakai 2022). The mating system of this damselfish is MTV polygamy in short-branching corals (short-branch group) but becomes haremic in long-branching corals (long-branch group) (Sakanoue and Sakai 2019). Sakanoue and Sakai (2022) suggest that moving from a short-branching coral to a longbranching coral would be a particularly important life-history strategy in this damselfish because the spawning frequency of females utilizing the long-branch coral group is approximately three-times as high as females using the short-branch coral group. Moreover, the species' survival rate tends to be higher when occupying a coral of the long-branch group as opposed to the short-branch group. Interestingly, a female could conduct cryptic bachelor sex change, promoting her rapid growth (see Chap. 4), when in a short-branch coral, and then acquired mating status as a female again in a long-branch coral via the sequential processes of group migration and reversed sex change. This reversed sex change is beyond what could be predicated by the low-density hypothesis and indicates the possible existence of a greater variety of reversed sex change patterns than we have previously expected.

In general, reversed sex change occur in low-density condition in haremic fish and risk-of-movement to seek a new mate is important in the evolution. These points are very similar to bidirectional sex change in monogamous fish. However, haremic fish tend to avoid conducting reversed sex change as much as possible (i.e., widowed males use reversed sex change as a last resort when they cannot gain new mating opportunities in any other way). Furthermore, some social conditions of reversed sex change in haremic fish have not been observed in monogamous fish. Males derived from early sex change or cryptic bachelor sex change have been observed to change back to female only in haremic fish. Although we have not known enough about these new types of reversed sex change, these differences could be derived by the difference between mating systems because male reproductive success relative to female in haremic fish is considerably higher and more variable than that in monogamous fish.

# 5.6 Bidirectional Sex Change in Male-Territory-Visiting (MTV) Polygamy

Bidirectional sex change in MTV polygamy has been reported in the threespot wrasse *Halichoeres trimaculatus* (Fig. 5.11; Kuwamura et al. 2007). Two types of males have been identified among many hermaphroditic labrids, including



**Fig. 5.11** *Halichoeres trimaculatus*: a MTV polygamous fish with bidirectional sex change (photo by T. Kuwamura). Its body coloration changes from initial phase (a) to terminal phase (b) with the increase of body size. Group spawning (c) is one of alternative tactics in *H. trimaculatus* 

*H. trimaculatus*, wherein primary males function as male for their entire lives, and secondary males derive from females through sex change (diandry; Suzuki et al. 2008, 2010; Kuwamura et al. 2016b). In this species, coloration of the small primary male is similar to that of females (i.e., drab; initial phase or IP; Fig. 5.11a), whereas large males, either primary or secondary, assume bright coloration (terminal phase or TP; Fig. 5.11b). Small IP males are non-territorial and participate in group spawning involving multiple IP males and a single female (Fig. 5.11c), streaking by rushing

into a spawning pair at the moment of gamete release or sneaking (pair spawning) with a female around the territories of TP males. Large TP males establish mating territories and pair-spawn with visiting females.

Mark-recapture research on *H. trimaculatus* was conducted on the fringing reef of Sesoko Island for 18 months, and sex change of a primary IP male was observed (Kuwamura et al. 2007). This male performed group spawning, streaking, and sneaking during summer in the first year. In the next spring, however, the shape of its urogenital papilla changed to female, and the fish performed pair spawning with a TP male. A gamete cloud was visible at the spawning rush and the abdomen of the IP fish became slender, indicating it had completed the male-to-female sex change. Furthermore, five and one instances of sex change to females were confirmed by aquarium experiments in IP and TP males, respectively (Kuwamura et al. 2007).

Sex change of an IP male is suggested to be affected by population density (Kuwamura et al. 2007). Generally, in the major mating sites on larger reefs, group spawning is predominant by mating groups composed of multiple IP and TP males, because TP males cannot drive out IP males that invade their territories. In contrast, on smaller reefs, pair spawning by TP males becomes predominant, as IP males have few mating opportunities. The proportion of IP males is reported to increase with the local population size or reef size (Warner and Hoffman 1980; Suzuki et al. 2010). Kuwamura et al. (2007) infer the population density would have decreased because the mortality of the studied fish was extremely high before sex change of the IP male. This may have resulted in large territorial TP males successfully excluding small IP males from mating. The IP male can change sex to female due to a loss of mating opportunities as a male. Reversed sex change would be a tactic to adapt to changing reproductive success of alternative tactics according to population density.

#### 5.7 Future Research Directions

Reversed sex change has been reported in species with size-assortative monogamy, harem polygyny, and MTV polygamy. In these mating systems, protogyny is predicted to be favored by the SA model or the growth-rate advantage model. In monogamous fishes and haremic fishes, widowed males change back to female to regain mating opportunities and increase reproductive value through decreasing the risk of movement to seek new mates. In the monogamous gobies, nearly all suitable coral colonies are occupied by a breeding pair and there are few single mature individuals (Kuwamura et al. 1994b; Nakashima et al. 1995; Munday 2002). This situation indicates that mating opportunities for widowed individuals are considerably restricted, which would be similar to the situation in a low-density population of haremic species. Even in haremic fish, reversed sex change would occur in low-density populations where facultative monogamy is likely to occur (Kuwamura et al. 2002, 2014; Kadota et al. 2012; Sawada et al. 2017). Furthermore, low-density condition can drive male-to-female sex change of primary male in MTV polygamous

fish by decreasing reproductive success of alternative tactics (Kuwamura et al. 2007). The low-density conditions, where few mating opportunities are expected and simultaneous hermaphrodites are favored (see Chap. 2), would also influence sexual flexibility in sequential hermaphroditism (Kuwamura et al. 2020). The list of species in which reversed sex change can occur has been growing as a result of aquarium and field experiments. However, evidence of reversed sex change under natural conditions has been limited to the Gobiidae (Kuwamura et al. 1994a; Manabe et al. 2007a; Fukuda et al. 2017), Pomacentridae (Sakanoue and Sakai 2022), and Cirrhitidae (Kadota et al. 2012). Field studies of species under low-density conditions can be expected to recognize sexual flexibility in sequential hermaphroditism and reveal the missing link between simultaneous hermaphrodites and sequential hermaphrodites.

The process and advantage of reversed sex change in teleosts has been studied by focusing on changes in the social condition to which the sex changer belonged. However, to clarify the relationship between reversed sex change and other mating tactics, it will be necessary to direct our attention to the social conditions of new groups to which sex changers move and to their surroundings (e.g., number of females in new groups, distance between the groups). Although reversed sex change is a tactic to regain mating opportunity when males have lost all their mates, widowed males do not always change back to female (Kadota et al. 2012; Kuwamura et al. 2014). In addition, the variation in time required for widowed males to form new pairs with other males is reported to be considerably large in Labroides dimidiatus and Centropyge ferrugata (Kuwamura et al. 2011). These studies suggest that the loss of mating opportunities for males is not the only factor driving reversed sex change but that other factors must be considered. Furthermore, males derived from early sex change or cryptic bachelor sex change have been confirmed to conduct reversed sex change (Manabe et al. 2007a; Sakanoue and Sakai 2022). The study of reversed sex change now merits elucidation of the decisionmaking of widowed males. Aquarium experiments using small gobies such as Trimma could be effective in clarifying this, as a first step. In Trimma and related genera, the Ts for male-to-female sex change is considerably shorter when compared with that of other fish with non-delimited gonads. In addition, these gobies display various patterns of the mating system and sexual pattern (Sunobe et al. 2017). Furthermore, not only reversed sex change after the disappearance of all females in a mating group but also early sex changers were observed under natural conditions (Manabe et al. 2007a).

In MTV polygamy, a small male, which had performed alternative mating tactics like group spawning, changed sex and performed pair spawning with a TP male. This sex change would be derived from a decreased advantage of alternative tactics because of a decrease in the population density (Kuwamura et al. 2007). Notably, a similar explanation of reversed sex change could also be applied to larger-sized fish like groupers, to which the risk-of-movement hypothesis would not apply. Continuing research on this topic is expected because the number of reports on reversed sex change in MTV polygamy is currently limited.

## 5.8 Conclusions

This chapter introduced the following topics related to bidirectional sex change in fish

- 1. The ability to undergo bidirectional sex change has been confirmed in 7 families, 15 genera, and 69 species (14% of 481 hermaphroditic species), through aquarium experiments, field studies, and histological analyses. Confirmations of bidirectional sex change are most abundant in the Gobiidae (51 species), followed by in the Pomacanthidae (4 species) and Pseudochromidae (4 species). All these families belong to the clade Percomorpha.
- 2. Aquarium experiments have revealed that bidirectional sex change is socially controlled. In many of these experiments in which two or more individuals of the same sex are held in a tank, larger females change sex to males while smaller males change back to females, according to their position in a social hierarchy based on relative body size.
- 3. In size-assortative monogamous fish, bidirectional sex change occurs when new same-sex pairs are formed after movements between social groups following mate loss. Widowed individuals tend to prefer pairing with a nearby individual of the same-sex rather than undertaking long-distance movement to pair with an opposite-sex individual. The ability of bidirectional sex change would increase their reproductive value by reducing the risk of movement to seek a new mate.
- 4. In haremic fish, in which protogyny is predicted by the SA model, males change back to females when all females disappear from the mating group, and they then move to a mating group dominated by a larger male. However, widowed males do not conduct reversed sex change when females or juveniles immigrate into their mating group or when they can take a female from a neighboring harem. Thus, widowed males use reversed sex change as a last resort when they cannot gain new mating opportunities in any other way, which is more likely to occur in low-density populations, because the number of females in a mating group tends to become small and immigrations rarely occur, as shown by some field studies.
- 5. In MTV polygamous fish, a small male, which has performed alternative mating tactics like group spawning, changes sex to perform pair spawning with a TP male. This may have resulted in large territorial TP males successfully excluding small IP males from mating owing to the decrease in population density. Reversed sex change would be a tactic to adapt to changing reproductive success of alternative tactics according to the population density.
- 6. The low-density conditions, where few mating opportunities are expected and simultaneous hermaphrodites are favored would also influence sexual flexibility in sequential hermaphroditism. However, research observations of reversed sex change under natural conditions are limited to the Gobiidae, Pomacentridae, and Cirrhitidae. Field studies of populations under low-density conditions are expected to recognize sexual flexibility in sequential hermaphroditism and to inform the link between simultaneous hermaphrodites and sequential hermaphrodites.

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# Chapter 6 Database of Hermaphroditic Fish Species and References



Tetsuo Kuwamura, Kota Sawada, Tomoki Sunobe, Yoichi Sakai, and Tatsuru Kadota

**Abstract** This chapter provides a database of hermaphroditic fishes and references. The database includes, for each species, the type of hermaphroditism, method of confirmation (evidence), mating system, habitat, references, and remarks. Kuwamura et al. (2020) reported 461 species as functional hermaphroditic fishes; 21 species were added, and one species was deleted in this database.

**Keywords** Bidirectional sex change  $\cdot$  Functional hermaphroditism  $\cdot$  Protandry  $\cdot$  Protogyny  $\cdot$  Reversed sex change  $\cdot$  Simultaneous hermaphroditism  $\cdot$  Teleost fish

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As explained in Kuwamura et al. (2020), we searched original papers on hermaphroditic fish species using references of review papers (e.g., Nakazono and Kuwamura 1987; Devlin and Nagahama 2002; Sadovy de Mitcheson and Liu 2008) and by Internet searches (mainly by Google Scholar) entering keywords such as hermaphroditism, sex change, protogyny, and protandry, along with names of known hermaphroditic taxa (orders/families/genera). For each species, the type of hermaphroditism, method of confirmation (evidence), mating system, habitat, references, and remarks were recorded.

A database of hermaphroditic fish species is presented in Appendix. Order and family names are arranged following Nelson et al. (2016) and genus and species in alphabetical order within each family and genus, respectively. Species name and habitat are based on FishBase (https://www.fishbase.in). When a different genus or species name was used in the reference, it is shown in the Remarks. To determine if hermaphroditism was confirmed or not in each species, we applied the criteria for functional hermaphroditism following Sadovy and Shapiro (1987) and Sadovy de Mitcheson and Liu (2008), i.e., detailed gonadal histological series ideally illustrated with photomicrographs that show various stages of sexual transition (as examples), simultaneous occurrence of mature testicular and ovarian tissues in gonads, or field or aquarium observations of gamete release and/or sexual characteristics (e.g., shape of urogenital papilla) in identified individuals. Moreover, histological observation on transition of gonad-associated structures could be used to determine the occurrence of sex change (Cole and Shapiro 1990; Sunobe et al. 2017), and microscopic or macroscopic observation of eggs and sperm is also useful to confirm sexual maturation. For species for which functional hermaphroditism has been suggested by weak evidence, the type of hermaphroditism is marked with a question mark and the rationale is noted in the Remarks. The database has been modified from Table S1 of Kuwamura et al. (2020) by adding 23 species (2 with question marks) and deleting 1 species.

# **Appendix Database of Hermaphroditic Fish Species**

(Modified from Table S1 of Kuwamura et al. 2020)

Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Anguilliformes							
Muraenidae	Echidna nebulosa	Protogyny?	Histology*	Unknown	Coral reef	Fishelson 1992	*small sample size
Muraenidae	Gymnothorax gracilicauda	Protogyny?	Histology*	Unknown	Coral reef	Fishelson 1992	*small sample size
Muraenidae	Gymnothorax griseus	Simultaneous	Histology	Unknown	Coral reef	Fishelson 1992	Siderea grisea
Muraenidae	Gymnothorax fmbriatus	Protogyny?	Histology*	Unknown	Coral reef	Fishelson 1992	*small sample size
Muraenidae	Gymnothorax flavimarginatus	Protogyny?	Histology*	Unknown	Coral reef	Fishelson 1992	*small sample size
Muraenidae	Gymnothorax margaritophorus	Protogyny?	Histology*	Unknown	Coral reef	Fishelson 1992	*small sample size
Muraenidae	Gymnothorax pictus	Simultaneous	Histology	Unknown	Coral reef	Fishelson 1992	Siderea picta
Muraenidae	Gymnothorax thyrsoideus	Simultaneous	Histology	Unknown	Coral reef	Fishelson 1992	Siderea thyrzoidea
Muraenidae	Gymnomuraena zebra	Protogyny?	Histology*	Unknown	Coral reef	Fishelson 1992	*small sample size
Muraenidae	Muraena pavonina	Protogyny?	Histology*	Unknown	Coral reef	Fishelson 1992	*small sample size
Muraenidae	Rhinomuraena quaesita	Protandry	Histology (1, 2), aquarium (1)*	Unknown	Coral reef	(1) Shen et al. 1979, (2) Fishelson 1990	*color change only
Muraenidae	Uropterygius fasciolatus	Protogyny?	Histology*	Unknown	Coral reef	Fishelson 1992	*small sample size
Muraenidae	Uropterygius polyspilus	Protogyny?	Histology*	Unknown	Coral reef	Fishelson 1992	*small sample size
Clupeiformes							
Clupeidae	Tenualosa macrura	Protandry	Histology (1, 2) Unknown	Unknown	Tropical estuaries and coastal	(1) Blaber et al. 1999, (2) Blaber et al. 2005	
Clupeidae	Tenualosa toli	Protandry	Histology	Unknown	Tropical estuaries and coastal	Blaber et al. 1996	

Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Cypriniformes							
Cobitidae	Cobitis taenia	Protandry (1), gonochorism (2, 3)	Histology (1, 2, Unknown 3)	Unknown	Freshwater	(1) Lodi 1967, (2) Lodi 1980a, (3) Rasotto 1992	
Stomiiformes							
Gonostomatidae	Cyclothone atraria	Protandry	Microscopic, histology (1, 2)	Unknown	Deep sea	(1) Miya & Nemoto 1985, (2) Miya & Nemoto 1987	
Gonostomatidae	Cyclothone microdon	microdon Protandry	Microscopic, histology	Unknown	Deep sea	Badcock & Merrett 1976	
Gonostomatidae	Gonostoma elongatum	Protandry	Microscopic, histology	Unknown	Deep sea	Fisher 1983	
Gonostomatidae	Sigmops bathyphilum	thyphilum Protandry	Microscopic, histology	Unknown	Deep sea	Badcock 1986	Gonostoma
Gonostomatidae	Sigmops gracile	Protandry	Microscopic, histology	Unknown	Deep sea	Kawaguchi & Marumo 1967	Gonostoma
Aulopiformes							
Ipnopidae	Bathymicrops brevianalis	Simultaneous	Histology	Unknown	Deep sea	Nielsen 1966	
Ipnopidae	Bathymicrops regis	Simultaneous	Histology	Unknown	Deep sea	Nielsen 1966	
Ipnopidae	Bathypterois grallator	Simultaneous	Histology	Unknown	Deep sea	Mead 1960	Benthosaurus
Ipnopidae	Bathypterois mediterraneus	Simultaneous	Histology (1, 2) Unknown	Unknown	Deep sea	(1) Fishelson & Galil 2001, (2) Porcu et al. 2010	
Ipnopidae	Bathypterois quadrifilis	Simultaneous	Histology	Unknown	Deep sea	Mead 1960	
Ipnopidae	Bathypterois viridensis	Simultaneous	Histology	Unknown	Deep sea	Mead 1960	

Ipnopidae	Bathytyphlops marionae	Simultaneous	Histology	Unknown	Deep sea	Nielsen 1966	
Ipnopidae	Bathytyphlops sewelli   Simultaneous?	Simultaneous?	Histology*	Unknown	Deep sea	Merrett 1980	*male function not confirmed
Ipnopidae	Ipnops agassizii	Simultaneous	Histology	Unknown	Deep sea	Nielsen 1966	
Ipnopidae	Ipnops meadi	Simultaneous	Histology	Unknown	Deep sea	Nielsen 1966	
Giganturidae	Gigantura chuni	Simultaneous	Histology	Pair-bonding? (2)	Deep sea	(1) Johnson & Bertelsen 1991, (2) Kupchik et al. 2018	
Giganturidae	Gigantura indica	Gonochorism? (1), simultaneous (2)	Microscopic* (1), histology (2)	Pair-bonding? (3)	Deep sea	(1) Clarke & Wagner 1976, (2) Johnson & Bertelsen 1991, (3) Kupchik et al. 2018	Bathyleptus lisae (1), *only one matured specimen
Bathysauridae	Bathysaurus ferox	Simultaneous	Histology	Unknown	Deep sea	Sulak et al. 1985	
Bathysauridae	Bathysaurus mollis	Simultaneous	Histology	Unknown	Deep sea	Sulak et al. 1985	
Chlorophthalmidae Chlorophthalmus agassizi	Chlorophthalmus agassizi	Simultaneous	Histology	Unknown	Deep sea	Cabiddu et al. 2010	
Chlorophthalmidae Chlorophthalmus brasiliensis	Chlorophthalmus brasiliensis	Simultaneous	Histology	Unknown	Deep sea	Mead 1960	
Chlorophthalmidae	Chlorophthalmidae   Parasudis truculenta	Simultaneous	Histology	Unknown	Deep sea	Mead 1960	P. truculentus
Notosudidae	Ahliesaurus brevis	Simultaneous	Histology	Unknown	Deep sea	Bertelsen et al. 1976	
Scopelarchidae	Benthalbella infans	Simultaneous	Histology	Unknown	Deep sea	Merrett et al. 1973	
Scopelarchidae	Scopelarchus guentheri	Simultaneous	Histology	Unknown	Deep sea	Merrett et al. 1973	
Paralepididae	Arctozenus risso	Simultaneous	Histology	Unknown	Deep sea	Devine & Guelpen 2021	
Paralepididae	Lestidium pseudosphyraenoides	Simultaneous	Histology	Unknown	Deep sea	Mead 1960	
Alepisauridae	Alepisaurus brevirostris	Simultaneous?	Histology*	Unknown	Deep sea	Gibbs 1960	*poor fixation
Alepisauridae	Alepisaurus ferox	Simultaneous?	Histology*	Unknown	Deep sea	Gibbs 1960	*poor fixation

(continued)

Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Alepisauridae	Omosudis lowii	Simultaneous	Histology (1, 2)	Unknown	Deep sea	(1) Smith & Atz 1973, (2) Merrett et al. 1973	O. lowei
Gobiiformes							
Gobiidae	Bryaninops yongei	Bidirectional?	Histology*	Monogamy	Coral reef	Munday et al. 2002	*suggested from gonadal structure
Gobiidae	Coryphopterus alloides	Protogyny	Histology	Unknown	Coral reef	Cole & Shapiro 1990	
Gobiidae	Coryphopterus dicrus	Protogyny	Histology, aquarium	Unknown	Coral reef	Cole & Shapiro 1990	
Gobiidae	Coryphopterus eidolon	Protogyny	Histology	Unknown	Coral reef	Cole & Shapiro 1990	
Gobiidae	Coryphopterus glaucofraenum	Protogyny	Histology (1), aquarium (1, 2)	MTV polygamy (3) Coral reef	Coral reef	(1) Cole & Shapiro 1992, Including <i>C. tortugae</i> (2) Cole & Shapiro 1995, and <i>C. venezuelae?</i> (3) Forrester et al. 2011, (4, 5) (4) Baldwin et al. 2009, (5) Kramer et al. 2009	Including <i>C. tortugae</i> and <i>C. venezuelae?</i> (4, 5)
Gobiidae	Coryphopterus hyalinus	Protogyny	Histology, aquarium	Unknown	Coral reef	Cole & Shapiro 1990	
Gobiidae	Coryphopterus lipernes	Protogyny	Histology, aquarium	Unknown	Coral reef	Cole & Shapiro 1990	
Gobiidae	Coryphopterus personatus	Protogyny	Histology (1, 2), aquarium (1, 2, 3)	Unknown	Coral reef	(1) Robertson & Justines 1982, (2) Cole & Rob- ertson 1988, (3) Allsop & West 2004	
Gobiidae	Coryphopterus thrix	Protogyny	Histology	Unknown	Coral reef	Cole & Shapiro 1990	
Gobiidae	Coryphopterus urospilus	Protogyny	Histology	Unknown	Coral reef	Cole & Shapiro 1990	
Gobiidae	Eviota epiphanes	Protogyny (1), bidirectional (2)	Histology (1, 2), aquarium (1, 2)	Unknown	Coral reef	(1) Cole 1990, (2) Maxfield & Cole 2019a	

Gobiidae	Fusigobius neophytus	Protogyny	Field	MTV polygamy	Coral reef	Tsuboi & Sakai 2016	
Gobiidae	Gobiodon erythrospilus	Bidirectional (1, 2, 3, 4)	Field (1, 2, 3, 4), aquarium (1)	Size-assortative monogamy (1)	Coral reef	(1) Nakashima et al. 1996, (2) Munday 2002, (3) Munday & Molony 2002, (4) Kroon et al. 2003	G rivulatus rivulatus (1)
Gobiidae	Gobiodon histrio	Protogyny, bidirectional (1, 2)	Field (1, 2)	Size-assortative monogamy (1)	Coral reef	(1) Munday et al. 1998, (2) Munday 2002	
Gobiidae	Gobiodon micropus	Bidirectional	Aquarium	Size-assortative monogamy	Coral reef	Nakashima et al. 1996	
Gobiidae	Gobiodon oculolineatus	Bidirectional	Aquarium	Size-assortative monogamy	Coral reef	Nakashima et al. 1996	
Gobiidae	Gobiodon okinawae	Protogyny, bidirectional*?	Field, *aquarium	Size-assortative monogamy	Coral reef	Cole & Hoese 2001	*bidirectional was reported from aquarium with weak evidence
Gobiidae	Gobiodon quinquestrigatus	Protogyny (1), bidirectional* (1)	Field, aquarium (1), *aquarium (1)	Size-assortative monogamy (1, 2)	Coral reef	(1) Nakashima et al. 1996, (2) Thompson et al. 2007	*bidirectional was observed in aquarium
Gobiidae	Lythrypnus dalli	Protogyny (1, 2, 3, 4, 5, 7, 8), bidirectional* (1, 2, 6, 8)	Field (1, 4), aquarium (2, 3, 5, 7, 8), *aquarium (1, 6, 8), histology (9)	Male polygamy (1)	Temperate rocky reef (1)	(1) St. Mary 1994, (2) Reavis & Grober 1999, (3) Black et al. 2004, (4) Black et al. 2005a, (5) Black et al. 2005b, (6) Rodgers et al. 2005, (7) Lorenzi et al. 2006, (8) Rodgers et al. 2007, (9) Maxfield & Cole 2019b	*bidirectional was observed in aquarium
Gobiidae	Lythrypnus nesiotes	Protogyny	Histology (1, 2) Unknown	Unknown	Coral reef	(1) Cole 1988, (2) St. Mary 2000	

Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Gobiidae	Lythrypnus phorellus Protogyny	Protogyny	Histology	Unknown	Temperate rocky reef	St. Mary 2000	
Gobiidae	Lythrypnus pulchellus	Bidirectional	Aquarium, histology	Harem polygyny?*	Temperate rocky reef	Muñoz-Arroyo et al. 2019	*weak evidence
Gobiidae	Lythrypnus spilus	Protogyny	Histology	Unknown	Temperate rocky reef	St. Mary 2000	
Gobiidae	Lythrypnus zebra	Bidirectional	Aquarium	Male polygamy	Temperate rocky reef	St. Mary 1996	
Gobiidae	Paragobiodon echinocephalus	Protogyny, bidirectional (1, 2)	Field (1, 2), aquarium (2)	Size-assortative monogamy (3, 4, 5)	Coral reef	(1) Kuwamura et al. 1994, (2) Nakashima et al. 1995, (3) Lassig 1976, (4) Lassig 1977, (5) Kuwamura et al. 1993	
Gobiidae	Paragobiodon xanthosomus	Protogyny (1, 2)	Field (1), histology (1, 2)	Size-assortative monogamy (3)	Coral reef	<ul><li>(1) Lassig 1977,</li><li>(2) Fishelson 1989,</li><li>(3) Wong et al. 2008</li></ul>	
Gobiidae	Priolepis akihitoi	Bidirectional (1)	Aquarium (1)	Size-assortative monogamy (2)	Cave or rocky crevice	(1) Manabe et al. 2013, (2) Fukuda & Sunobe 2020	
Gobiidae	Priolepis borea	Bidirectional	Histology	Unknown	Cave or rocky crevice	Manabe et al. 2013	
Gobiidae	Priolepis cincta	Bidirectional (1, 2)	Aquarium (1), histology (2)	Size-assortative monogamy (1, 2)	Tide pool (2), caves or rocky crevices (1)	(1) Manabe et al. 2013, r (2) Sunobe & Nakazono 1999	
Gobiidae	Priolepis eugenius	Protogyny, bidirectional	Histology	Unknown	Coral reef	Cole 1990	
Gobiidae	Priolepis fallacincta	Bidirectional	Histology	Unknown	Cave or rocky crevice	Manabe et al. 2013	

Gobiidae	Priolepis hipoliti	Protogyny, bidirectional	Histology	Unknown	Coral reef	Cole 1990	
Gobiidae	Priolepis inhaca	Bidirectional	Histology	Unknown	Cave or rocky crevice	Manabe et al. 2013	
Gobiidae	Priolepis latifascima	Bidirectional	Aquarium	Unknown	Cave or rocky crevice	Manabe et al. 2013	
Gobiidae	Priolepis semidoliata Bidirectional	Bidirectional	Aquarium	Size-assortative monogamy	Cave or rocky crevice	Manabe et al. 2013	
Gobiidae	Rhinogobiops nicholsii	Protogyny	Aquarium, histology	Unknown	Rock rubble area	Cole 1983	Coryphopterus
Gobiidae	Tigrigobius multifasciatus	Protogyny?	Aquarium*	Unknown	Coral reef	Robertson & Justines 1982	Gobiosoma, *change of papillae morphology incomplete
Gobiidae	Trimma annosum	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Trimma benjamini	Bidirectional	Histology	Unknown	Cave or rocky crevice	Sunobe et al. 2017	
Gobiidae	Trimma caesiura	Bidirectional	Histology, aquarium	Unknown	Cave or rocky crevice	Sunobe et al. 2017	
Gobiidae	Trimma cana	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Trimma caudomaculatum	Bidirectional	Histology (1), aquarium (2)	Multi-male group (2)	Cave or rocky crevice	(1) Sunobe et al. 2017, (2) Tomatsu et al. 2018	
Gobiidae	Trimma emeryi	Bidirectional (1)	Histology (1)	Harem (2)	Coral reef	(1) Sunobe et al. 2017, (2) Fukuda & Sunobe 2020	
							(Formitaes)

Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Gobiidae	Trimma fangi	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Тгітта	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Trimma flavatrum	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	T. flavatram
Gobiidae	Trimma fucatum	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Trimma gigantum	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Trimma grammistes	Bidirectional (1, 2)	Aquarium (1), field (2)	Harem (2)	Rocky shore	<ul><li>(1) Shiobara 2000,</li><li>(2) Fukuda et al. 2017</li></ul>	
Gobiidae	Trimma hayashii	Bidirectional (1)	Histology (1)	Harem (2)	Coral reef	(1) Sunobe et al. 2017,	
						(2) Fukuda & Sunobe 2020	
Gobiidae	Trimma kudoi	Bidirectional	Aquarium	Harem?	Rocky	Manabe et al. 2008	Trimma sp.
					slope, cave		
					ceiling,		
Gobiidae	Trimma lantana	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Trimma	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
	macrophthalma		3				
Gobiidae	Trimma maiandros	Bidirectional	Histology, aquarium	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Trimma marinae	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Trimma milta	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Trimma nasa	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Trimma naudei	Bidirectional	Histology,	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Тгітта песоріпит	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	

Gobiidae	Trimma okinawae	Protogyny (1, 2, 3, 4, 5), bidirectional (2, 3, 5)	Field (1, 4, 5), aquarium (2, 3)	Harem (1)	Rocky slope, coral reef	(1) Sunobe & Nakazono 1990, (2) Sunobe & Nakazono 1993, (3) Sunobe et al. 2005, (4) Manabe et al. 2007a, (5) Manabe et al. 2007a,	
Gobiidae	Trimma preclarum	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Trimma	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
:	rubromaculatum		,		,		
Gobiidae	Trimma sheppardi	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Trimma stobbsi	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Trimma striatum	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Trimma tauroculum	Bidirectional	Histology	Unknown	Coral reef	Sunobe et al. 2017	
Gobiidae	Trimma taylori	Bidirectional	Histology $(1, 2)$ Monogamy in aquarium $(2)$	Monogamy in aquarium (2)	Coral reef	(1) Sunobe et al. 2017, (2) Oyama et al. 2022	
Gobiidae	Trimma unisquamis	Bidirectional	Histology	Unknown	Coral reef	Cole 1990	
Gobiidae	Trimma yanagitai	Bidirectional	Aquarium	Unknown	Rock slope	Sakurai et al. 2009	
Uncertain orders in Ovalentaria	n Ovalentaria						
Pomacentridae	Amphiprion akallopisos	Protandry	Aquarium (1, 3), histology (2, 3)	Monogamy (1, 2, 3) Coral reef	Coral reef	(1) Fricke & Fricke 1977, (2) Fricke 1979, (3) Casadevall et al. 2009	
Pomacentridae	Amphiprion bicinctus Protandry	Protandry	Field (1, 2), histology (1)	Monogamy (1)	Coral reef	(1) Fricke & Fricke 1977, (2) Fricke 1983	No reversed sex change (1)
Pomacentridae	Amphiprion clarkii	Protandry	Field (1, 2, 3, 4), histology (1, 3)	Monogamy(1, 2, 3, 4)	Coral reef	(1) Moyer & Nakazono 1978b, (2) Ochi 1989, (3) Hattori & Yanagisawa 1991a, (4) Hattori &	
Pomacentridae	Amphiprion frenatus Protandry	Protandry	Histology (1, 2), field (2)	Monogamy (1, 2)	Coral reef	Yanagisawa 1991b (1) Moyer & Nakazono 1978b, (2) Hattori 1991	

Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Pomacentridae	Amphiprion melanopus	Protandry	Histology (1, 2), field (2, 3)	3, 4)	Coral reef	<ul><li>(1) Shapiro 1992,</li><li>(2) Godwin 1994a,</li><li>(3) Godwin 1994b,</li><li>(4) Ross 1978</li></ul>	
Pomacentridae	Amphiprion ocellaris Protandry	Protandry	Histology (1), aquarium (2)	Monogamy (1)	Coral reef	(1) Moyer & Nakazono 1978b, (2) Madhu et al. 2010	
Pomacentridae	Amphiprion percula	Protandry	Histology	Monogamy	Coral reef	Madhu & Madhu 2006	
Pomacentridae	Amphiprion perideraion	Protandry	Histology (1, 2), field (2)	Monogamy (1, 2)	Coral reef	(1) Moyer & Nakazono 1978b, (2) Hattori 2000	
Pomacentridae	Amphiprion polymnus	Protandry	Histology (1, 2) Monogamy (1)	Monogamy (1)	Coral reef	(1) Moyer & Nakazono 1978b, (2) Rattanayuvakorn et al. 2006	
Pomacentridae	Amphiprion sandaracinos	Protandry	Histology	Monogamy	Coral reef	Moyer & Nakazono 1978b	
Pomacentridae	Dascyllus aruanus	Protogyny Histology (1, 3, (1, 2*, 3, 4), juvenile 4, 5), field (2*, hermaphroditism (5), 7) reversed sex change (7)	Histology (1, 3, 4, 5), field (2*, 7)	Histology (1, 3, Harem, multi-male 4, 5), field (2*, group (1-7)	Coral reef	(1) Fricke & Holzberg 1974, (2) Coates 1981, (3) Shpigel & Fishelson 1986, (4) Cole 2002, (5) Asoh 2003, (6) Wong et al. 2012, (7) Kuwamura et al.	*weak evidence
Pomacentridae	Dascyllus carneus	Protogyny	Histology	Harem, multi-male group	Coral reef	Asoh & Yoshikawa 2003	
Pomacentridae	Dascyllus flavicaudus	Protogyny (1, 2), juvenile hermaphroditism (1)	Histology (1, 2)	Histology (1, 2) Harem, multi-male group (1, 2)	Coral reef	(1) Asoh 2004, (2) God- win 1995	
Pomacentridae	Dascyllus marginatus	Protogyny	Histology (1)	Harem (1, 2), multi- Coral reef male group (2)	Coral reef	(1) Shpigel & Fishelson 1986, (2) Fricke 1980	

Pomacentridae	Dascyllus melanurus   Protogyny, juvenile   hermaphroditism		Histology	Harem, multi-male Coral reef group		Asoh 2005a	
Pomacentridae	Dascyllus reticulatus	Protogyny (1, 2, 4), juvenile hermaphroditism (3), reversed sex change (4)	Histology (1, 3), aquarium (2), field (4)	Harem, multi-male group (2, 4)	Coral reef	(1) Schwarz & Smith 1990, (2) Tanaka 1999, (3) Asoh 2005b, (4) Sakanoue & Sakai 2022	
Pseudochromidae	Anisochromis straussi	Protogyny	Histology	Unknown	Coral reef	Springer et al. 1977	
Pseudochromidae	Ogilbyina queenslandiae	Protogyny, reversed sex change*?	Histology, *field	Male egg care	Coral reef	Ferrell 1987	Pseudochromis queenslandica, *color change only
Pseudochromidae	Pseudochromis aldabraensis	Bidirectional	Histology, aquarium	Male egg care	Coral reef	Wittenrich & Munday 2005	
Pseudochromidae	Pseudochromis cyanotaenia	Bidirectional	Histology, aquarium	Male egg care	Coral reef	Wittenrich & Munday 2005	
Pseudochromidae	Pseudochromis flavivertex	Bidirectional	Histology, aquarium	Male egg care	Coral reef	Wittenrich & Munday 2005	
Pseudochromidae	Pseudoplesiops howensis	Simultaneous?	Histology*	Unknown	Coral reef	Cole & Gill 2000	*function unconfirmed
Pseudochromidae	Pictichromis porphyrea	Bidirectional	Field	Polygyny?	Coral reef	Kuwamura et al. 2015	
Cichliformes							
Cichlidae	Metriaclima cf. livingstoni	Protogyny	Aquarium	Male territory, maternal mouthbrooder	Freshwater (shell-dwelling)	Stauffer & Ruffing 2008	
Cichlidae	Satanoperca jurupari   Simultaneous	Simultaneous	Histology (1)	Internal self- fertilization (1), biparental mouthbrooder (2)	Estuarine	(1) Matos et al. 2002, (2) Reid & Atz 1958	Geophagus (2)

Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Cyprinodontiformes	ies						
Rivulidae	Kryptolebias hermaphroditus	Simultaneous (2), androdioecy? (3)	Histology (2), external morphology (3)	Internal self- fertilizing (1, 2)	Freshwater and brackish	(1) Tatarenkov et al. 2009, (2) Costa et al. 2010, (3) Berbel-Filho et al. 2016	K. ocellatus (see Costa 2011)
Rivulidae	Kryptolebias marmoratus	Simultaneous (1, 4–6), androdioecy (males primary (2, 4, 6) or derived from hermaphrodites (3, 6)	Histology (1–6)	fertilization (2, 7), external outcrossing between hermaphrodites and males (8)	Freshwater and brackish	(1) Harrington 1961, (2) Harrington 1967, (3) Harrington 1971, (4) Soto et al. 1992, (5) Sakakura & Noakes 2000, (6) Sakakura et al. 2006, (7) Tatarenkov et al. 2009, (8) Furness et al. 2015	Rivulus
Rivulidae	Kryptolebias ocellatus	Simultaneous, androdioecy (1)	Histology	Predominantly outcrossing (2, 3)	Freshwater	(1) Costa et al. 2010, (2) Tatarenkov et al. 2009, (3) Berbel-Filho et al. 2020	K. caudomarginatus (see Costa 2011)
Poeciliidae	Xiphophorus helleri	Protogyny, gonochorism	Histology (1, 2), aquarium (2)	Unknown	Freshwater	(1) Lodi 1979, (2) Lodi 1980b	
Synbranchiformes							
Synbranchidae	Monopterus albus	Protogyny	Histology (1–4), aquarium (5)	MTV-polygamy (6)	Freshwater and brackish	(1) Liem 1963, (2) Okada 1966b, (3) Chan & Phillips 1967, (4) Liem 1968, (5) Chan et al. 1972, (6) Matsumoto et al. 2011	Fluta
Synbranchidae	Monopterus boueti	Protogyny	Histology	Unknown	Freshwater	Liem 1968	Typhlosynbranchus

Synbranchidae	Ophisternon bengalense	Protogyny	Histology	Unknown	Freshwater and brackish	Liem 1968	Synbranchus bengalensis
Synbranchidae	Synbranchus marmoratus	Protogyny	Histology (1, 2) Unknown	Unknown	Freshwater and brackish	(1) Liem 1968, (2) Lo Nostro & Guerrero 1996	
Trachiniformes							
Pinguipedidae	Parapercis clathrata	Protogyny	Histology	Unknown	Coral reef	Stroud 1982	
Pinguipedidae	Parapercis colias	Protogyny	Histology (1, 2) Harem? (3)	Harem? (3)	Temperate reef	(1) Blackwell 1998, (2) Carbines 2004, (3) Beentjes & Carbines 2005	
Pinguipedidae	Parapercis cylindrica Protogyny	Protogyny	Histology (1, 2), field (1, 3), aquarium (3, 4)	Harem (1, 3)	Coral reef	(1) Stroud 1982, (2) Walker & McCormick 2004, (3) Walker & McCormick 2009, (4) Sprenger et al. 2012	
Pinguipedidae	Parapercis hexophtalma	Protogyny	Histology (1)	Harem (2)	Coral reef	(1) Stroud 1982, (2) Clark et al. 1991	
Pinguipedidae	Parapercis nebulosa	Protogyny	Histology	Unknown	Coral reef	Stroud 1982	
Pinguipedidae	Parapercis snyderi	Protogyny	Histology (1, 2, 6), aquarium (1, 3), field (1, 5)	Harem (1, 2, 4)	Coral reef	<ol> <li>(1) Nakazono et al. 1985,</li> <li>(2) Ohta 1987,</li> <li>(3) Kobayashi et al.</li> <li>1993, (4) Ohnishi et al.</li> <li>1997, (5) Ohnishi 1998,</li> <li>(6) Walker et al. 2007</li> </ol>	
Pinguipedidae	Parapercis xanthozona	Protogyny	Histology	Unknown	Coral reef	Stroud 1982	
Trichonotidae	Trichonotus filamentosus	Protogyny	Histology	Harem?	Temperate reef	Kusen et al. 1991	
Creediidae	Crystallodytes cookei Protandry	Protandry	Histology, aquarium	Unknown	Coral reef	Langston 2004	

Order-family	Species	Lype or hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Creediidae	Limnichthys fasciatus Protandry	Protandry	Histology	Unknown	Temperate reef	Shitamitsu & Sunobe 2017	
Creediidae	Limnichthys nitidus	Protandry	Histology (1, 2), aquarium (1)	Unknown	Coral reef	(1) Langston 2004, (2) Shitamitsu & Sunobe 2017	L donaldsoni (1)
Percophidae	Matsubaraea fusiforme	Protogyny?	Macroscopic*	Unknown	Temperate reef	Noichi et al. 1991	*weak evidence
Labriformes							
Labridae	Achoerodus gouldii	Protogyny	Histology	Unknown	Temperate reef	Coulson et al. 2009	
Labridae	Achoerodus viridis	Protogyny	Histology (1)	Unknown; no movement between reefs (2)	Temperate reef	(1) Gillanders 1995, (2) Lee et al. 2014	
Labridae	Anampses geographicus	Protogyny	Histology $(1, 2)$ Unknown	Unknown	Coral reef	(1) Choat 1969, (2) Leem A. pterophthalmus (1) et al. 1998	A. pterophthalmus (1)
Labridae	Bodianus axillaris	Protogyny	Histology	Unknown	Coral reef	Hubble 2003	
Labridae	Bodianus diplotaenia Protogyny	Protogyny	Histology (1)	MTV polygamy (2)	Temperate reef	(1) Hoffman 1980, (2) Hoffman 1985	
Labridae	Bodianus eclancheri Protogyny, prematurati sex change	Protogyny, prematurational sex change (3)	Histology (1, 2)	Histology (1, 2) Group spawning (3) Temperate reef	Temperate reef	(1) Warner 1978, (2) Hoffman 1980, (3) Hoffman 1985	
Labridae	Bodianus frenchii	Protogyny	Histology	Unknown	Temperate reef	Cossington et al. 2010	
Labridae	Bodianus mesothorax Protogyny	Protogyny	Histology (1)	Spawning aggrega- tion (2)	Coral reef	(1) Hubble 2003, (2) Claydon 2005	
Labridae	Bodianus rufus	Protogyny	Histology (1, 2), field (4)	Harem (3)	Coral reef	<ol> <li>Warner &amp; Robertson</li> <li>1978, (2) Hoffman 1980,</li> <li>Hoffman 1985,</li> <li>Hoffman et al. 1985</li> </ol>	
Labridae	Cheilinus chlorurus	Protogyny	Histology	Unknown	Coral reef	Choat 1969	

	Cheilinus fasciatus	Protogyny	Histology (1, 3) Harem (2)	Harem (2)	Coral reef	(1) Hubble 2003, (2) Donaldson 1995b, (3) Lowe et al. 2021	
	Cheilinus trilobatus	Protogyny	Histology (1)	Harem (2), MTV polygamy (3)	Coral reef	(1) Choat 1969, (2) Colin & Bell 1991, (3) Claydon 2005	
	Cheilinus undulatus	Protogyny	Histology (1)	MTV polygamy (2)	Coral reef	(1) Sadovy de Mitcheson et al. 2010, (2) Colin 2010	
	Choerodon anchorago	Protogyny?	Macroscopic*	Unknown	Temperate reef	Tuwo et al. 2020	*weak evidence
	Choerodon azurio	Protogyny	Histology	Unknown	Temperate reef	Nakazono & Kusen 1991	
0	Choerodon cauteroma	Protogyny	Histology	Unknown	Coral reef	Fairclough 2005	
	Choerodon cyanodus	cyanodus   Protogyny	Histology (1, 2) Unknown	Unknown	Coral reef	(1) Choat 1969, (2) Fairclough 2005	C. albigena (1)
	Choerodon fasciatus	Protogyny	Histology (1)	Facultative monogamny? (2)	Coral reef	(1) Hubble 2003, (2) Donaldson 1995b	
	Choerodon graphicus	Protogyny	Histology	Unknown	Coral reef	Choat 1969	C. transversalis
	Choerodon rubescens	Protogyny	Histology	Unknown	Coral reef	Fairclough 2005	
	Choerodon schoenleinii	Protogyny	Histology (1, 2), aquarium (3)	Unknown	Coral reef	<ol> <li>(1) Ebisawa et al. 1995,</li> <li>(2) Fairclough 2005,</li> <li>(3) Sato et al. 2018</li> </ol>	
	Choerodon venustus	Protogyny	Histology	Unknown	Coral reef	Platten et al. 2002	
	Cirrhilabrus temmincki	Protogyny	Histology (1)	MTV polygamy (2, 3)	Temperate reef	(1) Kobayashi & Suzuki 1990, (2) Bell 1983, (3) Kohda et al. 2005	
	Clepticus parrae	Protogyny	Histology (1)	Non-territorial, lekking, pair spawning (1, 2)	Coral reef	(1) Warner & Robertson 1978, (2) Robertson & Hoffman 1977	

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Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Labridae	Coris auricularis	Protogyny	Histology	Unknown	Temperate reef	Lek 2011	
Labridae	Coris dorsomacula	Protogyny	Microscopic	Harem	Temperate reef	Tribble 1982	
Labridae	Coris gaimard	Protogyny	Histology (1)	MTV polygamy (2) Coral reef	Coral reef	(1) Choat 1969, (2) Sancho et al. 2000	
Labridae	Coris julis	Protogyny	Histology (1, 2)	Histology (1, 2) MTV polygamy (3)	Temperate reef	<ol> <li>(1) Reinboth 1975,</li> <li>(2) Brusléa 1987,</li> <li>(3) Lejeune 1987</li> </ol>	
Labridae	Coris variegata	Protogyny	Histology	Unknown	Coral reef	Choat 1969	
Labridae	Decodon melasma	Protogyny	Histology	Unknown	Temperate reef	Diener 1977	
Labridae	Epibulus insidiator	Protogyny	Histology (1, 2, 3)	Haremic (4), MTV polygamy (5)	Coral reef	(1) Choat 1969, (2) Leem et al.1998, (3) Hubble 2003, (4) Colin & Bell 1991, (5) Kuwamura et al. 2016b	
Labridae	Gomphosus varius	Protogyny	Histology (1)	MTV polygamy (2, 3)	Coral reef	(1) Choat 1969, (2) Colin & Bell 1991, (3) Kuwamura et al. 2016b	
Labridae	Halichoeres bivittatus	Protogyny	Histology (1, 2)	Histology (1, 2) MTV polygamy (2, 3), group spawning (3)	Coral reef	(1) Reinboth 1975, (2) Warner & Robertson 1978, (3) Clavijo & Donaldson 1994	
Labridae	Halichoeres garnoti	Protogyny	Histology (1)	MTV polygamy (2)	Coral reef	(1) Warner & Robertson 1978, (2) Robertson 1981	
Labridae	Halichoeres maculipinna	Protogyny	Histology (1)	MTV polygamy (2)	Coral reef	(1) Warner & Robertson 1978, (2) Robertson 1981	

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(1) Choat 1969, (2) Walker & Ryen 2007	(1) Choat 1969, (2) Shibuno et al. 1993a, (3) Shibuno et al. 1993b	(1) Moyer & Yogo 1982, (2) Yogo 1985	(1) Sakai et al. 2002, (2) Hubble 2003, (3) Kuwamura et al. 2000	Munday et al. 2009	Choat 1969	Warner & Robertson 1978	Warner & Robertson 1978	Warner & Robertson 1978	Leem et al. 1998	Adreani & Allen 2008	Nakazono 1979	(1) Kuwamura et al. 2007, (2) Suzuki et al. 2008, (3) Suzuki et al. 2010	Lowe et al. 2021
Coral reef	Coral reef	Rocky reef	Coral reef	Coral reef	Coral reef	Coral reef	Coral reef	Coral reef	Coral reef	Coral reef	Temperate reef	Coral reef	Coral reef
Harem (2)	Histology (1, 2) MTV polygamy, group spawning (2, 3)	Histology $(1, 2)$ MTV polygamy $(1, 2)$	MTV polygamy (3)	Harem	Unknown	Pair spawning	Pair spawning	Unknown	Unknown	MTV polygamy, group spawning	MTV polygamy	Field, aquarium MTV polygamy, group spawning (2, 3)	Unknown
Histology (1)	Histology (1, 2)	Histology (1, 2)	Field (1), histology (2)	Field	Histology	Histology	Histology	Histology	Histology	Histology	Histology	Field, aquarium (1)	Histology
Protogyny	Protogyny	Protogyny	Protogyny	Protogyny	Protogyny	Protogyny	Protogyny	Protogyny	Protogyny	Protogyny	Protogyny	Protogyny, reversed sex change	Protogyny
Halichoeres margaritaceus	Halichoeres marginatus	Halichoeres melanochir	Halichoeres melanurus	Halichoeres miniatus Protogyny	Halichoeres nebulosus	Halichoeres pictus	Halichoeres poeyi	Halichoeres radiatus	Halichoeres scapularis	Halichoeres semicinctus	Halichoeres tenuispinnis	<i>Halichoeres</i> trimaculatus	Hemigymnus fasciatus
Labridae	Labridae	Labridae	Labridae	Labridae	Labridae	Labridae	Labridae	Labridae	Labridae	Labridae	Labridae	Labridae	Labridae

Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Labridae	Hemigymnus melapterus	Protogyny	Histology (1, 2) Unknown	Unknown	Coral reef	(1) Hubble 2003, (2) Lowe et al. 2021	
Labridae	Hologymnosus annulatus	Protogyny	Histology (1, 2) Unknown	Unknown	Coral reef	(1) Choat 1969, (2) Leem H. semidiscus (1) et al. 1998	H. semidiscus (1)
Labridae	Iniistius dea	Protogyny	Histology	Unknown	Temperate Sea	Leem et al. 1998	Xyrichtys
Labridae	Iniistius geisha	Protogyny	Histology	Unknown	Temperate Sea	Leem et al. 1998	Xyrichtys
Labridae	Iniistius pentadactylus	Protogyny	Histology, field, aquarium	Harem	Tropicale Sea	Nemtzov 1985	Xyrichtys
Labridae	Labrichthys unilineatus	Protogyny	Histology (1)	Harem (2)	Coral reef	(1) Choat 1969, (2) Colin & Bell 1991	
Labridae	Labroides dimidiatus	Protogyny (1), reversed sex change (2, 3, 4)	Field (1, 3, 4), aquarium (2)	Harem (1, 2, 3, 4)	Coral reef	(1) Robertson 1972, (2) Kuwamura et al. 2002, (3) Kuwamura et al. 2011, (4) Kuwamura et al. 2014	
Labridae	Labrus bergylta	Protogyny	Histology (1, 2) Unknown	Unknown	Temperate reef	(1) Dipper & Pullin 1979, (2) Muncaster et al. 2013	
Labridae	Labrus merula	Protogyny	Histology	Unknown	Temperate reef	Sordi 1962	
Labridae	Labrus mixtus	Protogyny	Histology $(1, 2)$ Unknown	Unknown	Temperate reef	(1) Sordi 1964, (2) Dipper & Pullin 1979	L. bimaculatus (1), L. ossifagus (2)
Labridae	Labrus viridis	Protogyny	Histology	Unknown	Temperate reef	Sordi 1962	L. turdus
Labridae	Lachnolaimus maximus	Protogyny	Histology	Harem	Coral reef	McBride & Johnson 2007	

Labridae	Macropharyngodon moyeri	Protogyny	Field	Harem	Temperate reef	Moyer 1991	
Labridae	Notolabrus celidotus	Protogyny, prematurational sex change (1)	Histology	Pair spawing, MTV polygamy (2)	Temperate reef	(1) Jones 1980a, (2) Jones 1981	Pseudolabrus (1, 2)
Labridae	Notolabrus gymnogenis	Protogyny	Histology (1), microscopic (2)	Unknown	Temperate reef	(1) McPherson 1977, (2) Morton et al. 2008	Pseudolabrus (1)
Labridae	Notolabrus parilus	Protogyny	Histology	Unknown	Temperate reef	Lek 2011	
Labridae	Notolabrus tetricus	Protogyny	Histology	Male territory	Temperate reef	Barrett 1995	
Labridae	Ophthalmolepis lineolatus	Protogyny	Microscopic (1), histology (2)	Unknown	Temperate reef	(1) Morton et al. 2008, (2) Lek 2011	
Labridae	Oxycheilinus digramma	Protogyny	Histology	Unknown	Coral reef	(1) Choat 1969, (2) Lowe et al. 2021	Cheilinus diagrammus (1)
Labridae	Parajulis poecilepterus	Protogyny	Histology (1, 2, 3), aquarium (4)	Group spawning (2)	Temperate reef	(1) Okada 1962, (2) Fukui et al. 1991, (3) Kobayashi & Suzuki 1994, (4) Miyake et al. 2012,	Halichoeres (1, 2, 3)
Labridae	Pictilabrus laticlavius	Protogyny	Histology (1), microscopic (2)	Pair spawning, male Temperate territory (1)	Temperate reef	(1) Barrett 1995, (2) Morton et al. 2008	
Labridae	Pseudocheilinops ataenia	Protogyny	Histology	Unknown	Coral reef	Hubble 2003	
Labridae	Pseudocheilinus evanidus	Protogyny	Histology	Unknown	Coral reef	Hubble 2003	
Labridae	Pseudocheilinus hexataenia	Protogyny	Histology (1)	Harem (2)	Coral reef	(1) Hubble 2003, (2) Colin & Bell 1991	
Labridae	Pseudolabrus guentheri	Protogyny	Histology	Unknown	Coral reef	Choat 1969	
							(Formitanos)

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Pseudolabrus         Prologyny (1), ariebology (1)         Histology (1), arieboldi         Male territory         Rocky reef (1) Nakazono 1979, reef (2) Ohta et al. 2003           Pseudolabrus         reversed sex aquarium (2)         Histology (1), aquarium (2)         MTV polygamy (1) Temperate (1) Nakazono 1979, reef (2) Moyer 1991, (2) Moyer 1992, (3) Adream i et al. 2004, (4) Moyer 1991, (4) Moyer 1991, (4) Moyer 1991, (4) Moyer 1992, (	Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Pseudolabrus         Protogyny (1), aquarium (2)         Histology (1), aquarium (2)         MTV polygamy (1)         Temperate (2) Ohta et al. 2003           Pleragogus         Protogyny         Histology         MTV polygamy         Temperate (2) Ohta et al. 2003           Semicossyphus         Protogyny         Histology         Unknown         Temperate (2) Moyer 1991, aurigarius           Semicossyphus         Protogyny         Histology (1, 2) MTV polygamy (3) Temperate (2) Simizu et al. 2012 (3) Simizu et al. 2004           Semicossyphus         Protogyny         Histology (1, 2) MTV polygamy (3) Temperate (2) Cowen 1990, arediculars           Semicossyphus         Protogyny         Histology (1, 2) MTV polygamy (3) Temperate (2) Cowen 1990, arediculars           Stethojulis balteau         Protogyny         Histology (1, 2) MTV polygamy (3) Temperate (4) Adremi et al. 2017 arediculars           Stethojulis interrupta         Protogyny         Histology (1, 2) MTV polygamy (2) Coral reef (1) Leem et al. 1969 arrigiventer           Stethojulis trilineata         Protogyny         Histology (1) MTV polygamy (2) Coral reef (3) Kuwamura et al. 1996 arrigiventer           Stethojulis trilineata         Protogyny         Histology (1) MTV polygamy (2) Coral reef (3) Kuwamura et al. 1996 arrigine 1985 arrigiventer           Symphodus         Protogyny* or Histology MTV polygamy (2) Temperate (3) Marve & Lejeune 1985 arrigine arrigine arrigine arrigine arrigine arrigine arrigine arrigine arrigine	Labridae	Pseudolabrus rubicundus	Protogyny	Histology	Male territory	Rocky reef	Barrett 1995	P. psittaculus
Peragogus         Protogyny         Histology         MTV polygamy         Temperate         (1) Nakazono 1979, 120.           Semicossyphus         Protogyny         Histology (1, 2)         MTV polygamy (3)         Temperate         (3) Shimizu et al. 2022           Semicossyphus         Protogyny         Histology (1, 2)         MTV polygamy (3)         Temperate         (1) Wamer 1978, 120.           Semicossyphus         Protogyny         Histology (1, 2)         MTV polygamy (3)         Temperate         (1) Wamer 1975, 120.           Semicossyphus         Protogyny         Histology         Unknown         Coral reef         (2) Cowen 1990, 13.           Stethojulis balteata         Protogyny         Histology         Unknown         Coral reef         Choat 1969           Stethojulis rulineata         Protogyny         Histology         Unknown         Coral reef         Choat 1969           Stethojulis trilineata         Protogyny         Histology         Unknown         Coral reef         Choat 1969           Stethojulis trilineata         Protogyny         Histology         MTV polygamy         Coral reef         Choat 1969           Stethojulis trilineata         Protogyny         Histology         MTV polygamy         Temperate         Andrew et al. 1996           Stethojulis tr	Labridae	Pseudolabrus sieboldi	Protogyny (1), reversed sex change? (2)	Histology (1), aquarium (2)	MTV polygamy (1)	Temperate reef	(1) Nakazono 1979, (2) Ohta et al. 2003	P. japonicus (1), *color change only (2)
Semicossyphus         Protogyny         Histology (1, 2)         MTV polygamy (3)         Tenperate Teef         Wamer 1975, Teef           Semicossyphus         Protogyny         Histology (1, 2)         MTV polygamy (3)         Temperate Teef         (1) Warner 1975, Teef           Semicossyphus         Protogyny         Histology         Harem?**         Temperate Teef         (2) Cowen 1990, Teef           Stethojulis balteata         Protogyny         Histology         Unknown         Coral reef         Choat 1969           Stethojulis interrupta         Protogyny         Histology         Unknown         Coral reef         Choat 1969           Stethojulis ritlineata         Protogyny         Histology (1)         MTV polygamy         Coral reef         (1) Leem et al. 1998, Teef           Stethojulis trilineata         Protogyny         Histology (1)         MTV polygamy         Temperate         Andrew et al. 1996           Stethojulis trilineata         Protogyny         Histology         MTV polygamy         Temperate         Andrew et al. 1996           Stethojulis trilineata         Protogyny         Histology         MTV polygamy         Temperate         Andrew et al. 1996           Symphodus         Protogyny         Histology         MTV polygamy         Tenperate         Warner & Lejeune 1985	Labridae	Pteragogus aurigarius	Protogyny		MTV polygamy (1, 2)	Temperate reef	(1) Nakazono 1979, (2) Moyer 1991, (3) Shimizu et al. 2022	Duymaeria flagellifera (1)
Semicossyphus         Protogyny         Histology (1, 2)         MTV polygamy (3)         Temperate reef         (1) Warner 1975, reef         (2) Cowen 1990, (3) Adreami et al. 2004         1           Semicossyphus         Protogyny         Histology         Histology         Histology         Unknown         Coral reef         Choat 1969         1           Stethojulis balteata         Protogyny         Histology         Unknown         Coral reef         Choat 1969         1           Stethojulis suterrupta         Protogyny         Histology         Unknown         Coral reef         Choat 1969           Stethojulis strilineata         Protogyny         Histology         Unknown         Coral reef         Choat 1969           Stethojulis trilineata         Protogyny         Histology (1)         MTV polygamy         Coral reef         Choat 1969           Symphodus         Protogyny         Histology         MTV polygamy         Temperate         Andrew et al. 1996           Symphodus tinca         Protogyny* or         Histology         MTV polygamy         Temperate         Warner & Lejeune 1985           Symphodus tinca         Protogyny* or         Histology         MTV polygamy         Temperate         Warner & Lejeune 1985	Labridae	Semicossyphus darwini	Protogyny	Histology	Unknown	Temperate reef	Warner 1978	Pimelometopon
Semicossyphus         Protogyny         Histology         Harem?*         Temperate         Ochi et al. 2017           Sterhojulis balteata         Protogyny         Histology         Unknown         Coral reef         Choat 1969           Sterhojulis interrupua         Protogyny         Histology         Unknown         Coral reef         Choat 1969           Sterhojulis ritineata         Protogyny         Histology (1)         MTV polygamy         Coral reef         Choat 1969           Sterhojulis trilineata         Protogyny         Histology (1)         MTV polygamy (2)         Coral reef         Choat 1969           Suezichthys ornatus         Protogyny         Histology         MTV polygamy         Temperate         Andrew et al. 1996           Symphodus inca         Protogyny*         Histology         MTV polygamy         Temperate         Warner & Lejeune 1985           Symphodus inca         Protogyny*         Histology         MTV polygamy         Temperate         Warner & Lejeune 1985	Labridae	Semicossyphus pulcher	Protogyny	Histology (1, 2)	MTV polygamy (3)	Temperate reef	(1) Warner 1975, (2) Cowen 1990, (3) Adreani et al. 2004	Pimelometopon pulchrum (1)
Sterhojulis balteata         Protogyny         Histology         MTV polygamy         Coral reef           Sterhojulis interrupta         Protogyny         Histology         Unknown         Coral reef           Sterhojulis         Protogyny         Histology (1)         MTV polygamy         Coral reef           Sterhojulis trilineata         Protogyny         Histology (1)         MTV polygamy         Coral reef           Suezichthys ornatus         Protogyny         Histology         MTV polygamy         Temperate           Symphodus         Protogyny* or         Histology         MTV polygamy         Temperate           Symphodus tinca         Protogyny* or         Histology         MTV polygamy         Temperate           Symphodus tinca         Protogyny* or         Histology         MTV polygamy         Temperate	Labridae	Semicossyphus reticulatus	Protogyny	Histology	Harem?*	Temperate reef	Ochi et al. 2017	*personal
Stethojulis interrupta         Protogyny         Histology         MTV polygamy         Temperate reef           Stethojulis         Protogyny         Histology (1)         MTV polygamy (2)         Coral reef           Stethojulis trilineata         Protogyny         Histology (1)         MTV polygamy (2)         Coral reef           Suezichthys ornatus         Protogyny         Histology         MTV polygamy         Temperate reef           Symphodus         Protogyny* or melanocercus         Protogyny* or Histology         Histology         MTV polygamy         Temperate reef           Symphodus tinca         Protogyny* or gonochorism         Histology         MTV polygamy         Temperate reef	Labridae		Protogyny	Histology	Unknown	Coral reef	Choat 1969	S. axillaris
Stethojulis       Protogyny       Histology (1)       MTV polygamy (2)       Coral reef         Stethojulis trilineata       Protogyny       Histology (1)       MTV polygamy (2)       Coral reef         Suezichthys ornatus       Protogyny       Histology       MTV polygamy       Temperate         Symphodus       Protogyny* or       Histology       MTV polygamy       Temperate         Symphodus tinca       Protogyny* or       Histology       MTV polygamy       Temperate         Symphodus tinca       Protogyny* or       Histology       MTV polygamy       Temperate         gonochorism       Protogyny* or       Histology       MTV polygamy       Temperate	Labridae	Stethojulis interrupta		Histology	MTV polygamy	Temperate reef	Nakazono 1979	
Suezichthys ornatus Protogyny Histology (1) MTV polygamy (2) Coral reef  Symphodus Protogyny* or Histology MTV polygamy Temperate reef Symphodus Protogyny* or Histology MTV polygamy Temperate reef Symphodus tinca Protogyny* or Histology MTV polygamy Temperate reef Symphodus tinca Protogyny* or Histology MTV polygamy Temperate reef	Labridae	Stethojulis strigiventer	Protogyny	Histology	Unknown	Coral reef	Choat 1969	
Suezichthys ornatus       Protogyny       Histology       MTV polygamy       Temperate reef         Symphodus       Protogyny       Histology       MTV polygamy       Temperate reef         Symphodus tinca       Protogyny* or gonochorism       Histology       MTV polygamy       Temperate reef	Labridae	Stethojulis trilineata		Histology (1)	MTV polygamy (2)		(1) Leem et al.1998, (2) Kuwamura et al. 2016b	
Symphodus         Protogyny         Histology         MTV polygany         Temperate reef           Symphodus tinca         Protogyny* or gonochorism         Histology         MTV polygamy         Temperate reef	Labridae	Suezichthys ornatus	Protogyny	Histology	MTV polygamy	Temperate reef	Andrew et al. 1996	Nelabrichthys
Symphodus tinca Protogyny* or Histology MTV polygamy Temperate genochorism	Labridae	Symphodus melanocercus	Protogyny	Histology	MTV polygamy	Temperate reef	Warner & Lejeune 1985	
	Labridae		Protogyny* or gonochorism	Histology	MTV polygamy	Temperate reef	Warner & Lejeune 1985	*rare or absent

(1) Warner & Robertson 1978, (2) Shapiro & Rasotto 1993, (3) Reinboth 1973, (4) Warner & Swearer 1991	Meyer 1977	(1) Ross 1981, (2) Ross 1982, (3) Ross et al. 1983, (4) Nakamura et al. 1989	(1) Choat 1969, (2) Robertson & Choat 1974, (3) Craig 1998, (4) Kuwamura et al.	(1) Choat 1969, (2) Kuwamura et al. 2016b	Warner 1982	Robertson & Choat 1974	(1) Shibuno et al. 1994a, (2) Kuwamura et al. 2016b	Wernerus & Tessari 1991	Leem et al. 1998	(1) Leem et al.1998, (2) Craig 1998, (3) Kuwamura et al. 2016b	
Coral reef	Temperate reef	Coral reef	Coral reef	Coral reef	Coral reef	Coral reef	Coral reef	Temperate reef	Coral reef	Coral reef	
MTV polygamy, group spawning (1, 3)	MTV polygamy, group spawning	Aquarium (1, 2, MTV polygamy, 3), histology group spawning (2) (2, 4)	MTV polygamy (4), group spawning (2, 3, 4)	MTV polygamy, group spawning (2)	MTV polygamy, group spawning	MTV polygamy, group spawning	MTV polygamy (1, 2), group spawning (2)	MTV polygamy, group spawning	Unknown	MTV polygamy (3), group spawning (2, 3)	
Histology (1, 2), field (4)	Histology	Aquarium (1, 2, 3), histology (2, 4)	Histology (1)	Histology (1)	Histology, aquarium	Histology	Histology (1)	Histology	Histology	Histology (1)	
Protogyny	Protogyny	Protogyny	Protogyny	Protogyny	Protogyny	Protogyny	Protogyny	Protogyny	Protogyny	Protogyny	
Thalassoma bifasciatum	Thalassoma cupido	Thalassoma duperrey   Protogyny	Thalassoma hardwicke	Thalassoma jansenii	Thalassoma lucasanum	Thalassoma lunare	Thalassoma lutescens	Thalassoma pavo	Thalassoma purpureum	Thalassoma quinquevittatum	
Labridae	Labridae	Labridae	Labridae	Labridae	Labridae	Labridae	Labridae	Labridae	Labridae	Labridae	

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Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Labridae	Xyrichtys martinicensis	Protogyny	Histology (1), field (2)	Harem (2)	Coral reef	(1) Roede 1972, (2) Vic- Hemipteronotus tor 1987	Hemipteronotus
Labridae	Xyrichtys novacula	Protogyny	Histology (1, 2) Harem (3)	Harem (3)	Temperate reef	(1) Bentivegna & Rasotto 1987, (2) Candi et al. 2004, (3) Marconato et al. 1995	
Odacidae	Odax pullus	Protogyny	Histology	Unknown	Temperate reef	Trip et al. 2011	
Scaridae	Calotomus carolinus	Protogyny	Histology	Pair spawning, male Coral reef territory	Coral reef	Robertson et al. 1982	
Scaridae	Calotomus japonicus Protogyny	Protogyny	Histology (1, 2)	Histology (1, 2) MTV polygamy (3) Rocky reef	Rocky reef	(1) Kusen & Nakazono 1991, (2) Kume et al. 2010, (3) Shibuno et al. 1994b	
Scaridae	Calotomus spinidens	spinidens Protogyny	Histology	Pair spawning, male Tropical seagrass territory beds	Tropical seagrass beds	Robertson et al. 1982	
Scaridae	Cetoscarus bicolor	Protogyny	Histology (1)	Haremic? (2)	Coral reef	(1) Taylor & Choat 2014, (2) Colin & Bell 1991	
Scaridae	Chlorurus sordidus	Protogyny	Histology (1, 2, 3, 4)	Histology (1, 2, MTV polygamy, 3, 4) group spawning (2)	Coral reef	(1) Choat & Robertson 1975, (2) Yogo et al. 1980, (3) Gust 2004, (4) El-Sayed Ali et al. 2011	Scarus (1, 2)
Scaridae	Chlorurus spilurus	Protogyny	Histology	Unknown	Coral reef	Taylor 2014	
Scaridae	Cryptotomus roseus	Protogyny	Histology	MTV polygamy	Coral reef	Robertson & Warner 1978	
Scaridae	Hipposcarus harid	Protogyny	Histology	Unknown	Coral reef	El-Sayed Ali et al. 2011	

Scaridae	Hipposcarus longiceps	Protogyny	Histology (1, 2) Unknown	Unknown	Coral reef	(1) Taylor & Cruz 2017, (2) Moore 2022	
Scaridae	Nicholsina denticulata	Protogyny?	Histology*	Unknown	Rocky reef	Rocky reef Reinboth 1968	*small sample size
Scaridae	Scarus coeruleus	Protogyny?	Histology*	Unknown	Rocky reef	Reinboth 1968	*small sample size
Scaridae	Scarus ferrugineus	Protogyny	Histology (1, 2) Unknown	Unknown	Coral reef	(1) El-Sayed Ali et al. 2011, (2) Abdel-Aziz et al. 2012	
Scaridae	Scarus festivus	Protogyny	Histology	Unknown	Coral reef	Choat & Robertson 1975	S. lunula
Scaridae	Scarus forsteni	Protogyny	Histology (1)	MTV polygamy (2, 3)	Coral reef	(1) Choat & Robertson 1975, (2) Colin & Bell 1991, (3) Kuwamura et al. 2009	
Scaridae	Scarus frenatus	Protogyny	Histology (1, 2) Harem (2)	Harem (2)	Coral reef	(1) Choat & Robertson 1975, (2) Gust 2004	S. sexvittatus (1)
Scaridae	Scarus ghobban	Protogyny	Histology (1)	Unknown	Coral reef	(1) Choat & Robertson 1975, (2) Grandcourt 2002	
Scaridae	Scarus globiceps	Protogyny	Histology (1)	MTV polygamy (2), group spawning (1)	Coral reef	(1) Choat & Robertson 1975, (2) Kuwamura et al. 2009	
Scaridae	Scarus iseri	Protogyny	Histology (1)	Harem (1), group spawning (1, 2)	Coral reef	(1) Robertson & Warner 1978, (2) Colin 1978	S. croicensis (1, 2)
Scaridae	Scarus niger	Protogyny	Histology (1)	MTV polygamy, group spawning (2)	Coral reef	(1) Choat & Robertson 1975, (2) Kuwamura et al. 2009	
Scaridae	Scarus oviceps	Protogyny	Histology (1)	MTV polygamy (2)	Coral reef	(1) Choat & Robertson 1975, (2) Claydon 2005	
Scaridae	Scarus psittacus	Protogyny	Histology (1)	MTV polygamy (2, 3, 4)	Coral reef	(1) Choat & Robertson 1975, (2) Colin & Bell 1991, (3) Claydon 2005, (4) Kuwamura et al. 2009	S. venosus (1)

Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Scaridae	Scarus rivulatus	Protogyny	Histology (1, 2)	Histology (1, 2) MTV polygamy, group spawning (1, 3)	Coral reef	(1) Choat & Robertson 1975, (2) Lou 1992, (3) Kuwamura et al. 2009	S. fasciatus (1)
Scaridae	Scarus rubroviolaceus	Protogyny	Histology (1), macrscopic? (2)	Pair spawning (1, 3) Coral reef	Coral reef	(1) Randall & Bruce 1983, (2) Grandcourt 2002, (3) Colin & Bell 1991	
Scaridae	Scarus russelii	Protogyny	Histology	Unknown	Coral reef	Randall & Bruce 1983	
Scaridae	Scarus scaber	Protogyny	Histology	Pair spawning	Coral reef	Randall & Bruce 1983	
Scaridae	Scarus schlegeli	Protogyny	Histology (1)	MTV polygamy, group spawning (2, 3)	Coral reef	(1) Lou 1992, (2) Colin & Bell 1991, (3) Kuwamura et al. 2009	
Scaridae	Scarus spinus	Protogyny	Histology	Unknown	Coral reef	Choat & Robertson 1975	S. formosus
Scaridae	Scarus taeniopterus	Protogyny	Histology (1)	Harem? (1), pair spawning (2)	Coral reef	(1) Robertson & Warner 1978, (2) Colin & Clavijo 1988	
Scaridae	Scarus tricolor	Protogyny	Histology	Pair spawning	Coral reef	Randall & Bruce 1983	
Scaridae	Scarus vetula	Protogyny	Histology (1)	MTV polygamy, harem (2)	Coral reef	(1) Robertson & Warner 1978, (2) Clavijo 1983	
Scaridae	Scarus viridifucatus	Protogyny	Histology	Unknown	Coral reef	Randall & Bruce 1983	
Scaridae	Sparisoma atomarium	Protogyny	Histology	Harem	Coral reef	Robertson & Warner 1978	
Scaridae	Sparisoma aurofrenatum	Protogyny	Histology	Harem	Coral reef	Robertson & Warner 1978	
Scaridae	Sparisoma chrysopterum	Protogyny	Histology	MTV polygamy	Coral reef	Robertson & Warner 1978	
Scaridae	Sparisoma cretense	Protogyny, mostly prematurational sex change	Histology	Harem	Temperate reef	De Girolamo et al. 1999	

Scaridae	Sparisoma radians	Protogyny	Histology (1), field (2, 3)	MTV polygamy, group spawning (1), harem (2, 3)	Coral reef	(1) Robertson & Warner 1978, (2) Muñoz & Warner 2003, (3) Muñoz & Warner 2004	
Scaridae	Sparisoma rubripinne	Protogyny	Histology	MTV polygamy, group spawning	Coral reef	Robertson & Warner 1978	
Scaridae	Sparisoma viride	Protogyny	Histology	MTV polygamy	Coral reef	Robertson & Warner 1978	
Perciformes							
Centropomidae	Centropomus parallelus	Protandry	Histology	Unknown	Tropical Sea and	Costa e Silva et al. 2021	
					esturaries		
Centropomidae	Centropomus	Protandry	Histology	Unknown	Tropical	(1) Taylor et al. 2000,	
	undecimalis		(1, 2), aquar- ium (1)		Sea and esturaries	(2) Young et al. (2020)	
Latidae	Lates calcarifer	Protandry	Histology (1, 2) Unknown	Unknown	Tropical Sea and	(1) Guiguen et al. 1994, (2) Roberts et al. 2021	
					esturies		
Polynemidae	Eleutheronema tetradactylum	Protandry	Histology (1, 2) Unknown	Unknown	Tropical Sea	(1) Shihab et al. 2017, (2) Junnan et al. 2020	
Polynemidae	Filimanus heptadactyla	Trioecy (partially simultaneous)	Histology (1, 2) Unknown		Tropical Sea	(1) Nayak 1959, (2) Kagwade 1967	Polynemus heptadactylus (1, 2)
Polynemidae	Galeoides decadactylus	Protandry	Microscopic	Unknown	Tropical Sea	Longhurst 1965	
Polynemidae	Polydactylus macrochir	Protandry	Microscopic	Unknown	Tropical Sea	Moore et al. 2017	
Polynemidae	Polydactylus microstomus	Trioecy (partially simultaneous)	Histology	Unknown	Tropical Sea	Dorairaj 1973	Polynemus microstoma
Polynemidae	Polydactylus quadrifilis	Protandry	Microscopic (1)	Unknown	Tropical Sea	(1) Lawson & Olagundoye 2011,	
						(-)	

Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Terapontidae	Bidyanus bidyanus	Protandry	Histology	Unknown	Freshwater	Moiseeva et al. 2001	
Terapontidae	Mesopristes cancellatus	Protandry	Ocular	Unknown	Freshwater	Barazona et al. 2015	
Serranidae (Epinephelinae)	Alphestes afer	Protogyny?	Histology*	Unknown	Coral reef	Smith 1959	*small sample size
Serranidae (Epinephelinae)	Cephalopholis argus	Protogyny	Histology	Harem	Coral reef	Shpigel & Fishelson 1991	
Serranidae (Epinephelinae)	Cephalopholis boenak	Protogyny (1), reversed sex change (2)	Histology (1), aquarium (2)	Harem (3)	Coral reef	<ol> <li>Liu &amp; Sadovy 2004a,</li> <li>Liu &amp; Sadovy 2004b,</li> <li>Liu &amp; Sadovy 2005</li> </ol>	
Serranidae (Epinephelinae)	Cephalopholis cruentata	Protogyny	Histology (1–3)	Harem (4)	Coral reef	(1) Smith 1959, (2) Smith 1965, (3) Nagelkerken 1979, (4) Sadovy et al. 1994	Epinephelus cruentatus, Petrometopon cruentatus
Serranidae (Epinephelinae)	Cephalopholis cyanostigma	Protogyny	Histology	Harem (1)	Coral reef	Mosse et al. 2002	
Serranidae (Epinephelinae)	Cephalopholis fulva	Protogyny	Histology (1, 2) Harem (3)	Harem (3)	Coral reef	(1) Smith 1959, (2) Smith 1965, (3) Sadovy et al. 1994	Epinepherus fulvus
Serranidae (Epinephelinae)	Cephalopholis hemistiktos	Protogyny	Histology	Monogamy, harem (1)	Coral reef	Shpigel & Fishelson 1991	
Serranidae (Epinephelinae)	Cephalopholis miniata	Protogyny	Histology	Harem (1)	Coral reef	Shpigel & Fishelson 1991	
Serranidae (Epinephelinae)	Cephalopholis panamensis	Protogyny	Histology	Harem (1)	Coral reef	Erisman et al. 2010	
Serranidae (Epinephelinae)	Cephalopholis taeniops	Protogyny	Histology	Unknown	Coral reef	Siau 1994	
Serranidae (Epinephelinae)	Cephalopholis urodeta	Protogyny	Histology (1)	Harem? (2)	Coral reef	(1) Nakai & Sano 2002, (2) Donaldson 1995a	

Carmidae	Eninopholus	Drotograms	Histology	Horam (1)	Corol read	Kline at al 2011	
(Epinephelinae)	adscensionis	1 towery	aquarium (1)	11mcmi (1)		Millo Ct all 2011	
Serranidae (Epinephelinae)	Epinephelus aeneus	Protogyny	Histology	Unknown	Coral reef	Bruslé amd Bruslé 1975	
Serranidae (Epinephelinae)	Epinephelus akaara	Protogyny, reversed sex change	Histology, Pair spawnin aquarium (1, 2) (aquarium:3)	Pair spawning (aquarium:3)	Coral reef	<ol> <li>(1) Tanaka et al. 1990,</li> <li>(2) Okumura 2001,</li> <li>(3) Okumura et al. 2002</li> </ol>	
Serranidae (Epinephelinae)	Epinephelus andersoni	Protogyny	Histology	Unknown	Coral reef	Fennessy & Sadovy 2002	
Serranidae (Epinephelinae)	Epinephelus areolatus	Protogyny	Histology	Unknown	Coral reef	Boddington et al. 2021	
Serranidae (Epinephelinae)	Epinephelus bruneus Protogyny, reversed se	Protogyny, reversed sex change	Aquarium	Unknown	Coral reef	Oh et al. 2013	
Serranidae (Epinephelinae)	Epinephelus chlorostigma	Protogyny	Histology	Unknown	Coral reef	Moussac 1986	
Serranidae (Epinephelinae)	Epinephelus coioides (1, 2, 4, 5) (2, 4, 5) reversed se change (3)	Protogyny (1, 2, 4, 5), reversed sex change (3)	Histology (1), aquarium (2, 3, 4, 5)	Unknown	Coral reef	(1) Liu & Sadovy de Mitcheson 2011, (2) Quinitio et al. 1997, (3) Chen et al. 2019, (4) Chen et al. 2020, (5) Chen et al. 2021	
Serranidae (Epinephelinae)	Epinephelus diacanthus	Protogyny	Histology	Unknown	Coral reef	Chen et al. 1980	
Serranidae (Epinephelinae)	Epinephelus drummondhayi	Protogyny	Histology	Unknown	Coral reef	Brulé et al. 2000	
Serranidae (Epinephelinae)	Epinephelus fasciatus	Protogyny	Histology	Unknown	Coral reef	Vadiya 1984	E alexandrinus
Serranidae (Epinephelinae)	Epinephelus fuscoguttatus	Protogyny	Histology	Spawning aggregation	Coral reef	Pears et al. 2007	

Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Serranidae (Epinephelinae)	Epinephelus guttatus Protogyny	Protogyny	Histology (1–4)	Spawning aggregation (4, 5)	Coral reef	(1) Smith 1959, (2) Bruslé & Bruslé 1975, (3) Shapiro et al. 1993, (4) Sadovy et al. 1994, (5) Nemeth et al. 2007	E. guaza
Serranidae (Epinephelinae)	Epinephelus labriformis	Protogyny	Histology	Unknown	Coral reef	Erisman 2008	
Serranidae (Epinephelinae)	Epinephelus malabaricus	Protogyny	Histology	Unknown	Coral reef	Sheaves 1995	
Serranidae (Epinephelinae)	Epinephelus marginatus	Protogyny	Histology (1)	MTV polygamy (2, 3)	Temperate Sea	(1) Reñones et al. 2010, (2) Zabala et al. 1997a, (3) Zabala et al. 1997b	
Serranidae (Epinephelinae)	Epinephelus merra	Protogyny	Histology (1)	Spawning aggrega- tion (2)	Coral reef	(1) Bhandari et al. 2003, (2) Soyano et al. 2003	
Serranidae (Epinephelinae)	Epinephelus morio	Protogyny	Histology	Unknown	Temperate Sea	Burgos et al. 2007	
Serranidae (Epinephelinae)	Epinephelus ongus	Protogyny	Histology (1, 2)	Histology (1, 2) Spawning aggregation, pair spawning (2, 3)	Coral reef	(1) Craig 2007, (2) Ohta & Ebisawa 2015, (3) Nanami et al. 2013	
Serranidae (Epinephelinae)	Epinephelus rivulatus	Protogyny	Histology, field (1)	Histology, field Pair spwaning (2)	Coral reef	(1) Mackie 2003, (2) Mackie 2007	
Serranidae (Epinephelinae)	Epinephelus striatus	Protogyny (1), gonochorism (2)	Histology (1, 2)	Group spawning with spawning aggregation (2)	Coral reef	(1) Carter et al. 1994, (2) Sadovy & Eklund 1999	
Serranidae (Epinephelinae)	Epinephelus summana	Protogyny?	Macroscopic*	Unknown	Coral reef	Osman et al. 2021	*weak evidence
Serranidae (Epinephelinae)	Epinephelus tauvina	Protogyny	Histology (1)	Pair spwaning (2)	Coral reef	(1) Mathew & Mathew 2010, (2) Mathew 2010	
Serranidae (Epinephelinae)	Hyporthodus flavolimbatus	Protogyny	Histology	Unknown	Deep sea	Bullock et al. 1996	Epinephelus

Serranidae (Epinephelinae)	Hyporthodus niveatus	Protogyny	Histology	Unknown	Coral reef	Wyanski et al. 2000	
Serranidae (Epinephelinae)	Hyporthodus quernus Protogyny	Protogyny	Histology	Unknown	Coral reef	DeMartini et al. 2011	
Serranidae (Epinephelinae)	Mycteroperca bonaci   Protogyny	Protogyny	Histology (1–3)	Unknown	Coral reef	(1) García-Cagide & García 1996, (2) Crabtree & Bullock 1998, (3) Brulé et al. 2003	
Serranidae (Epinephelinae)	Mycteroperca interstitialis	Protogyny	Histology	Unknown	Coral reef	Bullock & Murphy 1994	
Serranidae (Epinephelinae)	Mycteroperca microlepis	Protogyny	Histology (1)	Spawning aggregation (2)	Coral reef	(1) McErlean & Smith 1964, (2) Gilmore & Jones 1992	
Serranidae (Epinephelinae)	Mycteroperca olfax	Protogyny	Histology (1)	Spawning aggregation (2)	Coral reef	(1) Coello & Grimm 1993, (2) Salinas-de- León et al. 2015	
Serranidae (Epinephelinae)	Mycteroperca phenax	Protogyny	Histology (1)	Spawning aggregation (2)	Coral reef	(1) Harris et al. 2002, (2) Gilmore & Jones 1992	
Serranidae (Epinephelinae)	Mycteroperca rubra	Protogyny	Histology	Spawning aggregation	Coral reef	Aronov & Goren 2008	
Serranidae (Epinephelinae)	Mycteroperca venenosa	Protogyny	Histology (1)	Group spawning (2) Coral reef	Coral reef	(1) García-Cagide & García 1996, (2) Schärer et al. 2012	
Serranidae (Epinephelinae)	Plectropomus laevis	Protogyny	Histology	Unknown	Coral reef	Adams 2003	
Serranidae (Epinephelinae)	Plectropomus leopardus	Protogyny	Histology (1, 2)	Pair spawning in spawning aggregation (3)	Coral reef	(1) Ferreira 1995, (2) Adams 2003, (3) Samoilys & Squire 1994	
Serranidae (Epinephelinae)	Plectropomus maculatus	Protogyny	Histology (1, 2) Unknown	Unknown	Coral reef	(1) Adams & Williams 2001, (2) Adams 2003	

Order-family	Species	Type of hermanhroditism	Evidence	Mating system	Hahitat	References	Remarks
Serranidae (Epinephelinae)	Bullisichthys caribbaeus	Simultaneous	Histology	Unknown	Coral reef	Smith & Erdman 1973	
Serranidae (Epinephelinae)	Centropristis striata	Protogyny	Histology	Unknown	Temperate Sea	Wenner et al. 1986	
Serranidae (Epinephelinae)	Centropristis ocyurus Protogyny	Protogyny	Histology	Unknown	Temperate Sea	Bullock & Smith 1991	
Serranidae (Epinephelinae)	Chelidoperca hirundinacea	Protogyny	Histology	Unknown	Temperate Sea	Reinboth 1967	
Serranidae (Epinephelinae)	Diplectrum bivittatum	Simultaneous	Histology	Unknown	Temperate Sea	Touart & Bortone 1980	
Serranidae (Epinephelinae)	Diplectrum formosum	Simultaneous	Histology	Unknown	Temperate Sea	Bortone 1971	
Serranidae (Epinephelinae)	Diplectrum macropoma	Simultaneous	Histology	Unknown	Temperate Sea	Bortone 1977a	
Serranidae (Epinephelinae)	Diplectrum pacificum	Simultaneous	Histology	Unknown	Tropical Sea	Bortone 1977b	
Serranidae (Epinephelinae)	Diplectrum rostrum	Simultaneous	Histology	Unknown	Tropical Sea	Bortone 1974	
Serranidae (Epinephelinae)	Hypoplectrus aberrans	Simultaneous	Aquarium	Reciprocal pair spawning	Coral reef	Fischer 1981	
Serranidae (Epinephelinae)	Hypoplectrus chlorurus	Simultaneous	Field	Reciprocal pair spawning	Coral reef	Barlow 1975	
Serranidae (Epinephelinae)	Hypoplectrus nigricans	Simultaneous	Field (1), aquarium (2)	Reciprocal pair spawning (1), serial monogamy (2)	Coral reef	(1) Fischer 1980, (2) Petersen 1991	
Serranidae (Epinephelinae)	Hypoplectrus puella	Simultaneous	Field (1), aquarium (2)	Repeated pair spawning (1)	Coral reef	(1) Barlow 1975, (2) Fischer 1981	
Serranidae (Epinephelinae)	Hypoplectrus unicolor	Simultaneous	Field (1), aquarium (2)	Reciprocal pair spawning (2)	Coral reef	(1) Barlow 1975, (2) Fischer 1981	

Serranidae (Epinephelinae)	Paralabrax maculatofasciatus	Protogyny (1, 2), gonochorism (3)	Histology (1, 2, Unknown 3)	Unknown	Temperate Sea	(1) Hastings 1989, (2) Oda et al. 1993, (3) Sadovy & Domeier 2005	
Serranidae (Epinephelinae)	Serraniculus pumilio	Simultaneous	Histology	Unknown	Tropical Sea	Hastings 1973	
Serranidae (Epinephelinae)	Serranus annularis	Simultaneous	Histology	Unknown	Tropical Sea	Bullock & Smith 1991	
Serranidae (Epinephelinae)	Serranus atricauda	Simultaneous	Histology	Unknown	Temperate Sea	García-Díaz et al. 2002	
Serranidae (Epinephelinae)	Serranus auriga	Simultaneous	Histology	Unknown	Temperate Sea	Militelli & Rodrigues 2011	
Serranidae (Epinephelinae)	Serranus baldwini	Simultaneous, males derive from hermaprodites	Field (1), microscopic (2)	Harem (2)	Tropical Sea	(1) Fischer & Petersen 1986 (2) Petersen & Fischer 1986	
Serranidae (Epinephelinae)	Serranus cabrilla	Simultaneous	Histology	Unknown	Temperate Sea	García-Díaz et al. 1997	
Serranidae (Epinephelinae)	Serranus hepatus	Simultaneous	Histology	Unknown	Temperate Sea	Bruslé 1983	
Serranidae (Epinephelinae)	Serranus phoebe	Simultaneous	Histology	Unknown	Tropical Sea	Smith 1959	
Serranidae (Epinephelinae)	Serranus psittacinus	Simultaneous	Histology (1), field (2, 3, 4)	Harem (2, 3, 4), monogamy, com- plex harem (3)	Tropical Sea	(1) Hastings & Petersen 1986, (2) Petersen 1987, (3) Petersen 1990a, (4) Petersen 1990b	S. fasciatus
Serranidae (Epinephelinae)	Serranus scriba	Simultaneous	Histology (1, 2) Unknown	Unknown	Temperate Sea	(1) Tuset et al. 2005, (2) Zorica et al. 2005	
Serranidae (Epinephelinae)	Serranus subligarius	Simultaneous	Histology (1), field (2),	Reciprocal pair spawning, promiscuous (2)	Temperate Sea	(1) Hastings & Bortone 1980, (2) Oliver 1997	
Serranidae (Epinephelinae)	Serranus tabacarius	Simultaneous	Field	Reciprocal pair spawning, promiscuous	Coral reef	Petersen 1995	

Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Serranidae (Epinephelinae)	Serranus tigrinus	Simultaneous	Field (1, 2)	Monogamy, pair spawning (1, 2)	Coral reef	(1) Pressley 1981, (2) Petersen 1991	
Serranidae (Epinephelinae)	Serranus tortugarum	Simultaneous	Field (1, 2, 3)	Reciprocal pair spawning (1), serial monogamy (3), monogamy (4)	Coral reef	(1) Fischer 1984, (2) Fischer & Hardison 1987, (3) Petersen 1991, (4) Hart et al. 2016	
Serranidae (Grammistini)	Pseudogramma gregoryi	Simultaneous	Histology	Unknown	Coral reef	Smith & Atz 1969	P. bermudensis
Serranidae (Grammistini)	Rypticus saponaceus	Protogyny	Histology	Unknown	Coral reef	Smith 1965	
Serranidae (Grammistini)	Rypticus subbifrenatus	Protogyny	Histology	Unknown	Coral reef	Smith 1965	R. arenatus
Serranidae (Anthiinae)	Anthias anthias	Protogyny	Histology	Unknown	Temperate Sea	Reinboth 1964	
Serranidae (Anthiinae)	Anthias nicholsi	Protogyny	Histology	Unknown	Tropical Sea	Bullock & Smith 1991	
Serranidae (Anthiinae)	Anthias noeli	Protogyny	Histology	Unknown	Tropical Sea	Anderson & Baldwin 2000	
Serranidae (Anthiinae)	Baldwinella vivanus	Protogyny	Histology	Unknown	Tropical Sea	Hastings 1981	Hemanthias
Serranidae (Anthiinae)	Hemanthias leptus	Protogyny	Histology	Unknown	Tropical Sea	Bullock & Smith 1991	
Serranidae (Anthiinae)	Hemanthias peruanus	Protogyny	Histology	Unknown	Tropical Sea	Coleman 1983	
Serranidae (Anthiinae)	Hypoplectrodes huntii	Protogyny	Histology	Unknown	Temperate Sea	Jones 1980b	Ellerkeldia
Serranidae (Anthiinae)	Hypoplectrodes maccullochi	Protogyny	Histology	Unknown	Temperate Sea	Webb & Kingsford 1992	
Serranidae (Anthiinae)	Pronotogrammus martinicensis	Protogyny	Histology (1, 2) Unknown	Unknown	Tropical Sea	(1) Coleman 1981, (2) McBride et al. 2009	Holanthias

Serranidae	Pseudanthias bicolor   Protogyny?	Protogyny?	Gonad*	Unknown	Tropical	Howe 1996	Anthias*weak
(Anthiinae)					Sea		evidence
Serranidae	Pseudanthias	Protogyny	Histology	Unknown	Tropical	Heemsta 1973	Antias
(Anthiinae)	conspicuus				Sea		
Serranidae	Pseudanthias	Protogyny	Histology	Unknown	Temperate	Reinboth 1963	
(Anthiinae)	elongatus				Sea		
Serranidae	Pseudanthias	Protogyny	Aquarium,	Pair spawning	Tropical	Hioki et al. 2001	
(Anthiinae)	pleurotaenia		histology		Sea		
Serranidae	Pseudanthias	Protogyny	Histology	Unknown	Temperate	Hayasaka et al. 2019	
(Anumae)	ruprizonatus				rocky reel		
Serranidae	Pseudanthias	Protogyny	Aquarium (1),	Pair spawning,	Coral reef	(1) Fishelson 1970,	Anthias, Franzia
(Anthiinae)	squamipinnis		y (2),	multi-male group		(2) Suzuki et al. 1978,	
				(3)		(3) Yogo 1985	
Serranidae	Pseudanthias	Protogyny?	Microscopic*	Unknown	Tropical	Katayama 1978	*weak evidence
(Anthiinae)	taeniatus				Sea		
Serranidae	Sacura margaritacea   Protogyny	Protogyny	Histology (1, 2, Unknown	Unknown	Temperate	(1) Reinboth 1963,	
(Anthiinae)			3)		Sea	(2) Okada 1965a, b,	
						(3) Suzuki et al. 1974	
Pomacanthidae	Apolemichthys trimaculatus	Protogyny	Aquarium	Pair spawning	Coral reef	Hioki & Suzuki 1995	
Pomacanthidae	Centropyge	Protogyny,	Aquarium	Pair spawning	Coral reef	Hioki & Suzuki 1996	
	acanthops	reversed sex change					
Pomacanthidae	Centropyge bicolor	Protogyny	Field (1, 2)	Harem (1)	Coral reef	(1) Aldenhoven 1984, (2) Aldenhoven 1986	
Pomacanthidae	Centropyge ferrugata	ferrugata Protogyny (1), reversed sex	Field (1, 3), aquarium (2)	Harem (4)	Coral reef	(1) Sakai 1997, (2) Sakai et al. 2003a,	
		change (2, 3)	•			(3) Kuwamura et al.	
						2011, (4) Sakai & Kohda 1997	
							(continued)

Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Pomacanthidae	Centropyge fisheri	Protogyny, reversed sex change	Aquarium, histology	Pair spawning	Coral reef	Hioki & Suzuki 1996	
Pomacanthidae	Centropyge flavissimus	Protogyny? Reversed sex change (1)	Aquarium (1)	Harem (2)	Coral reef	(1) Hioki & Suzuki 1996, (2) Thresher 1982	
Pomacanthidae	Centropyge heraldi	Protogyny	Aquarium (1)	Harem (2)	Coral reef	<ul><li>(1) Hioki 2002,</li><li>(2) Thresher 1982</li></ul>	
Pomacanthidae	Centropyge interruptus	Protogyny	Field	Harem	Temperte reef	Moyer & Nakazono 1978a	
Pomacanthidae	Centropyge multispinus	Protogyny	Histology	Unknown	Coral reef	Bruce 1980	
Pomacanthidae	Centropyge potteri	Protogyny	Field (1, 2)	Harem (1, 2, 3)	Coral reef	<ul><li>(1) Lutnesky 1994,</li><li>(2) Lutnesky 1996,</li><li>(3) Lobel 1978</li></ul>	
Pomacanthidae	Centropyge tibicen	Protogyny	Field	Harem	Coral reef	Moyer & Zaiser 1984	
Pomacanthidae	Centropyge vrolicki	Protogyny	Field	Harem	Coral reef	Sakai et al. 2003b	
Pomacanthidae	Chaetodontoplus septentrionalis	Protogyny	Histology (1)	Harem (2)	Coral reef	<ul><li>(1) Chen &amp; Tzeng 2009,</li><li>(2) Leu et al. 2010</li></ul>	
Pomacanthidae	Genicanthus bellus	Protogyny	Aquarium	Pair spawning	Coral reef	Hioki et al. 1995	
Pomacanthidae	Genicanthus caudovittatus	Protogyny	Histology (1)	Harem (multi-male) (2)	Coral reef	<ul><li>(1) Bruce 1980,</li><li>(2) Moyer 1990</li></ul>	
Pomacanthidae	Genicanthus lamarck Protogyny	Protogyny	Histology (1), aquarium (1)	Harem (multi-male) (2)	Coral reef	<ul><li>(1) Suzuki et al. 1979,</li><li>(2) Moyer 1984</li></ul>	
Pomacanthidae	Genicanthus metanospilos	Protogyny	Aquarium (1)	Harem (2, 3)	Coral reef	<ul><li>(1) Hioki et al. 1982,</li><li>(2) Moyer 1987,</li><li>(3) Moyer 1990</li></ul>	
Pomacanthidae	Genicanthus personatus	Protogyny	Aquarium (1)	Harem (multi-male) (2)	Coral reef	(1) Carlson 1982, (2) Pyle 1990 after Chung 1996	
Pomacanthidae	Genicanthus semifasciatus	Protogyny	Histology, aquarium (1, 2)	Harem (multi-male) (3, 4)	Coral reef	<ol> <li>Shen &amp; Liu 1976,</li> <li>Suzuki et al. 1979,</li> <li>Moyer 1987,</li> <li>Moyer 1990</li> </ol>	

Pomacanthidae	Genicanthus watanabei	Protogyny	Aquarium	Pair spawning	Coral reef	Hioki et al. 1995	
Pomacanthidae	Holacanthus passer	Protogyny (1), gonochorism (2)	Histology (1, 2) Monogamous, harem (multi-r (3)	Monogamous, harem (multi-male?) (3)	Coral reef	(1) Arellano-Martínez 1997, (2) Arellano- Martínez et al. 1999, (3) Moyer et al. 1983	
Pomacanthidae	Holacanthus tricolor Protogyny	Protogyny	Histology (1)	Harem (1, 2, 3)	Coral reef	(1) Hourigan & Kelley 1985, (2) Hourigan 1986, (3) Moyer et al. 1983	
Pomacanthidae	Pomacanthus zonipectus	Protogyny	Histology	Unknown	Coral reef	Arellano-Martínez 1997	
Malacanthidae	Malacanthus plumieri	Protogyny	Histology, field Harem	Harem	Coral reef	Baird 1988	
	Amblycirrhitus pinos Protogyny	Protogyny	Histology	Unknown	Coral reef	Sadovy & Donaldson 1995	
	Cirrhitichthys aprinus	Protogyny	Histology (1, 2) Harem (3)	Harem (3)	Coral reef	(1) Sadovy & Donaldson 1995, (2) Kobayashi & Suzuki 1992, (3) Donaldson 1990	
	Cirrhitichthys aureus Protogyny, reversed se	x change	Aquarium, histology	Pair spawning (aquarium)	Tropical- temperate reef	Kobayashi & Suzuki 1992	
	Cirrhitichthys falco	Protogyny (1, 2, 3), reversed sex change (3)	Histology (1, 2)   Harem (4, 5)	Harem (4, 5)	Coral reef	(1) Sadovy & Donaldson 1995, (2) Kobayashi & Suzuki 1992, (3) Kadota et al. 2012, (4) Donaldson 1987, (5) Kadota et al. 2011	*small sample size
	Cirrhitichthys oxycephalus	Protogyny	Histology (1)	Harem (2)	Coral reef	(1) Sadovy & Donaldson 1995, (2) Donaldson 1990	

Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Cirrhitidae	Cirrhitops hubbardi	Protogyny?	Histology*	Unknown	Coral reef	Kobayashi & Suzuki 1992	*small sample size
Cirrhitidae	Cirrhitus pinnulatus	Protogyny?	Histology (1)*	Harem (2)	Coral reef	(1) Sadovy & Donaldson 1995, (2) Donaldson 1990	*small sample size
Cirrhitidae	Cyprinocirrhites polyactis	Protogyny?	Histology*	Unknown	Coral reef	Kobayashi & Suzuki 1992	*small sample size
Cirrhitidae	Neocirrhites armatus Protogyny	Protogyny	Histology (1)	Harem (1, 2, 3)	Coral reef	(1) Sadovy & Donaldson 1995, (2) Donaldson 1989, (3) Donaldson 1990	
Eleginopsidae	Eleginops maclovinus	Protandry	Histology (1, 2, Unknown 3)	Unknown	Temperate Sea	<ul><li>(1) Calvo et al. 1992,</li><li>(2) Brickle et al. 2005,</li><li>(3) Licandeo et al. 2006</li></ul>	
Scorpaeniformes							
Platycephalidae	Cociella crocodila	Protandry	Histology	Unknown	Temperate Sea	Aoyama et al. 1963	
Platycephalidae	Inegocia japonica	Protandry	Histology (1, 2), field (2)	Random mating (2)	Temperate Sea	(1) Fujii 1970, (2) Shinomiya et al. 2003	
Platycephalidae	Kumococius rodericensis	Protandry	Histology	Unknown	Temperate Sea	Fujii 1971	
Platycephalidae	Onigocia macrolepis   Protandry	Protandry	Histology	Unknown	Temperate Sea	Fujii 1970	
Platycephalidae	Platycephalus sp.*	Protandry	Histology, aquarium	Random mating	Temperate Sea	Hara & Sunobe 2021	**Platycephalus sp. 2 in Nakabo and Kai (2013)
Platycephalidae	Suggrundus meerdervoorti	Protandry	Histology (1, 2) Unknown	Unknown	Temperate Sea	(1) Okada 1966a, (2) Shitamitsu & Sunobe 2018	Inegocia (1)

Platycephalidae	Thysanophrys	Protandry	Histology,	Random mating (1)	Temperate	Sunobe et al. 2016	
Scorpaenidae	Caracanthus unipinna	Protogyny	Histology	Harem, facultative	Sea Coral reef	Wong et al. 2005	
Moroniformes				66			
Moronidae	Morone saxatilis	Protandry	Histology	Unknown	Temperatel Sea and freshwater	Moser et al. 1983	
Spariformes							
Nemipteridae	Scolopsis monogramma	Protogyny	Histology (1, 2) Unknown	Unknown	Coral reef	(1) Young & Martin 1985, (2) Akita & Tachihara 2014	
Nemipteridae	Scolopsis taenioptera Protogyny	Protogyny	Histology	Unknown	Coral reef	Young & Martin 1985	
Lethrinidae	Lethrinus atkinsoni	Protogyny	Histology	Unknown	Coral reef	Ebisawa 1999	
Lethrinidae	Lethrinus genivittatus   Protogyny	Protogyny	Histology	Unknown	Coral reef	Young & Martin 1982	L. nematocanthus
Lethrinidae	Lethrinus harak	Protogyny	Histology	Unknown	Coral reef	Ebisawa 2006	
Lethrinidae	Lethrinus lentjan	Protogyny	Histology	Unknown	Coral reef	Young & Martin 1982	
Lethrinidae	Lethrinus miniatus	Protogyny	Histology (1, 2, Unknown 3, 4)	Unknown	Coral reef	(1) Young & Martin 1982, (2) Sumpton & Brown 2004, (3) Bean et al. 2003, (4) Ebisawa 2006	L. chrysostomus
Lethrinidae	Lethrinus nebulosus	Protogyny (1), prematurational sex change (3, 4)	Histology (1, 3, 4)	Male territorial behavior, pair spawning, group spawning (2)	Coral reef	(1) Young & Martin 1982, (2) Akazaki et al. 1989, (3) Ebisawa 1990, (4) Marriott et al. 2010	L. fraenatus
Lethrinidae	Lethrinus olivaceus	Protogyny	Macroscopic (1), histology (2)	Spawning aggretation (1)	Coral reef	(1) Filous et al. 2022, (2) Shimose 2021	
Lethrinidae	Lethrinus ornatus	Protogyny	Histology	Unknown	Coral reef	Ebisawa 2006	
Lethrinidae	Lethrinus ravus	Protogyny	Histology	Unknown	Coral reef	Ebisawa 2006	
Lethrinidae	Lethrinus rubrioperculatus	Protogyny	Histology	Unknown	Coral reef	Ebisawa 1997	
							4

Order-family	Species	Type of	Fyidence	Mating eystem	Habitat	References	Remarks
Lethrinidae	Lethrinus variegatus	Protogyny	Histology	Unknown	Coral reef	Young & Martin 1982	
Sparidae	Acanthopagrus australis	Protandry	Histology	Unknown	Temperate Sea	Pollock 1985	
Sparidae	Acanthopagrus berda Protandry	Protandry	Macroscopic (1)	Spawning aggregation (2)	Tropical and temper- ate sea	(1) Anam et al. 2019, (2) Garratt 1993	
Sparidae	Acanthopagrus bifasciatus	Protandry	Histology	Unknown	Temperate Sea	Etessami 1983	
Sparidae	Acanthopagrus latus Protandry	Protandry	Histology (1, 2) Unknown	Unknown	Temperate Sea	(1) Kinoshita 1939, (2) Akazaki 1962	
Sparidae	Acanthopagrus morrisoni	Protandry	Histology	Unknown	Temperate- Subtropical Sea	Hesp et al. 2004	A. latus
Sparidae	Acanthopagrus pacificus	Protandry	Histology	Unknown	Tropical and temper- ate sea	Tobin 1998	A. berda
Sparidae	Acanthopagrus schlegelii	Protandry	Histology (1, 2, Unknown 3, 4, 5), aquarium (3)	Unknown	Temperate	(1) Kinoshita 1936, Sparus longis (2) Ohshima 1942, (1), Sparus (3) Chang & Yueh 1990, swinhonis (2) (4) Lee et al. 2001, (5) Law & Sadovy de Mitcheson 2017	Sparus longispinis (1), Sparus swinhonis (2)
Sparidae	Argyrops spinifer	Protogyny (1), protogyny or rudimentary (2) her- maphroditism (2)	Macroscopic (1), histology (2)	Unknown	Temperate Sea	(1) El-Sayed & Abdel- Bary 1993, (2) Hamzeh et al. 2017	
Sparidae	Boops boops	Protogyny (2, 3), rudimentary hermaphroditism (1)	Microscopic (1, 2), macroscopic, histology (3)	Unknown	Temperate Sea	(1) D'Ancona 1949, (2) Monteiro et al. 2006, (3) Amira et al. 2019	

Sparidae	Calamus leucosteus	Protogyny	Histology	Unknown	Temperate Sea	Waltz et al. 1982	
Sparidae	Calamus proridens	Protogyny	Histology	Unknown	Tropical Sea	Tyler-Jedlund & Torres 2015	
Sparidae	Chrysoblephus cristiceps	Protogyny	Microscopic (1), histology (2)	Unknown	Temperate Sea	(1) Robinson 1976, (2) Buxton 1989	
Sparidae	Chrysoblephus laticeps	Protogyny	Microscopic (1), histology (2)	Pair spawning (3)	Temperate Sea	<ul><li>(1) Penrith 1972,</li><li>(2) Buxton 1989,</li><li>(3) Buxton 1990</li></ul>	
Sparidae	Chrysoblephus puniceus	Protogyny	Histology	Unknown	Temperate Sea	Garratt 1986	
Sparidae	Dentex gibbosus	Protogyny	Histology	Unknown	Temperate Sea	Pajuelo & Lorenzo 1995	
Sparidae	Dentex tumifrons	Protogyny	Histology	Unknown	Temperate Sea	Aoyama 1955	Taius
Sparidae	Diplodus annularis	Protandry (1), gonochorism (2)	Histology (1, 2, Unknown 3)	Unknown	Temperate Sea	(1) Lissia-Frau et al. 1976, (2) Pajuelo & Lorenzo 2001, (3) Chaouch et al. 2013	
Sparidae	Diplodus argenteus	Protandry	Histology	Unknown	Coastal upwelling of tropical sea	David et al. 2005	
Sparidae	Diplodus cadenati	Protandry	Macroscopic	Unknown	Temperate Sea	Pajuelo & Lorenzo 2004	D. sargus cadenati
Sparidae	Diplodus capensis	Protandry (2, 3), juvenile hermaphroditism (1, 4)	Histology (1, 2, 3, 4)	Histology (1, 2, Group spawning? 3, 4) (2)	Temperate Sea	(1) Joubert 1981, (2) Coetzee 1986, (3) Mann & Buxton 1998, (4) Richardson et al. 2011	D. sargus capensis
Sparidae	Diplodus kotschyi	Protandry	Microscopic	Unknown	Temperate Sea	Abou-Seedo et al. 1990	D. sargus kotschyi

Order-family	Species	Type of hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Sparidae	Diplodus puntazzo	Protandry	Histology (1, 2) Unknown	Unknown	Temperate Sea	(1) Lissia-Frau et al. 1976, (2) Pajuelo et al. 2008	Puntazzo (1)
Sparidae	Diplodus sargus	Protandry	Histology (1, 2, Unknown 3)	Unknown	Temperate Sea	(1) Lissia-Frau et al. 1976, (2) Micale & Perdichizzi 1994, (3) Mouine et al. 2007	
Sparidae	Diplodus vulgaris	Protandry	Histology (1, 2) Unknown	Unknown	Temperate Sea	(1) Gonçalves & Erzini 2000, (2) Pajuelo et al. 2006a	
Sparidae	Lithognathus mormyrus	Protandry (1, 2, 3), juvenile hermaphroditism (2)	Histology (1, 2, Unknown 3)	Unknown	Temperate Sea	(1) Lissia-Frau & Casu 1968, (2) Besseau & Bruslé-Sicard 1995, (3) Lorenzo et al. 2002	
Sparidae	Pachymetopon aeneum	Protogyny	Macroscopic, microscopic	Unknown	Temperate Sea	Buxton & Clarke 1985	
Sparidae	Pagellus acarne	Protandry	Histology (1, 2) Unknown	Unknown	Temperate Sea	(1) Reinboth 1962, (2) Lamrini 1986	
Sparidae	Pagellus bellottii	Protogyny (1), gonochore (2)	Histology (1), macroscopic (2)	Unknown	Temperate Sea	(1) Ndiaye 2014, (2) Kouame et al. 2018	
Sparidae	Pagellus bogaraveo	Protandry	Histology (1, 2, Unknown 3)	Unknown	Temperate Sea	(1) Krug 1990, (2) Krug 1998, (3) Micale et al. 2002	
Sparidae	Pagellus erythrinus	Protogyny	Histology (1, 2) Unknown	Unknown	Temperate Sea	(1) Zei 1950, (2) Pajuelo & Lorenzo 1998	
Sparidae	Pagrus auriga	Protogyny	Histology (1, 2, Unknown 3)	Unknown	Temperate Sea	(1) Alekseev 1982, (2) Alekseev 1983, (3) Pajuelo et al. 2006b	

Sparidae	Pagrus caeruleostictus	Protogyny	Histology	Unknown	Temperate Sea	Ismail et al. 2018	
Sparidae	Pagrus ehrenbergii	Protogyny, prematurational sex change	Histology (1, 2) Unknown		Temperate Sea	(1) Alekseev 1982, (2) Alekseev 1983	
Sparidae	Pagrus major	Protogyny (1), juvenile hermaphroditism (2)	Histology (1, 2) Unknown	Unknown	Temperate Sea	(1) Huang et al. 1974, (2) Matsuyama et al. 1988	Chrysophrys (1)
Sparidae	Pagrus pagrus	Protogyny	Histology (1, 2, 3)	Unknown	Temperate Sea	<ol> <li>Alekseev 1982,</li> <li>Alekseev 1983,</li> <li>Kokokiris et al. 1999</li> </ol>	
Sparidae	Rhabdosargus sarba	Protandry (1, 2), gonochorism (3), juvenile hermaphroditism (3)	Histology (1, 2, Pair spawning 3), aquarium (aquarium: 4) (2)	Pair spawning (aquarium: 4)	Temperate Sea	(1) Kinoshita 1939, (2) Yeung & Chan 1987, (3) Hesp & Potter 2003, (4) Leu 1994	Sparus aries (1)
Sparidae	Sarpa salpa	Protandry (1, 3), juvenile hermaphroditism (2, 3)	Histology (1, 2, 3), aquarium (3)	Spawning aggregation (3)	Temperate Sea	(1) Lissia-Frau et al. 1976, (2) Joubert 1981, (3) van der Walt & Mann 1998	Boops
Sparidae	Sparidentex hasta	Protandry	Histology (1, 2) Unknown	Unknown	Tropical Sea	(1) Abu-Hakima 1984, (2) Lone & Al-Marzouk 2000	Acanthopagrus cuvieri (1)
Sparidae	Sparus aurata	Protandry	Histology and aquarium (1, 2)	Pair and group spawning (aquar- ium: 3)	Temperate Sea	(1) Zohar et al. 1978, (2) Brusléa-Sicard & Fourcault 1997, (3) Ibarra-Zatarain & Duncan 2015	
Sparidae	Spicara chryselis	Protogyny	Histology	Unknown	Temperate Sea	Zei 1950	Maena
Sparidae	Spicara smaris	Protogyny	Histology (1), microscopic (2)	Unknown	Temperate Sea	(1) Zei 1950, (2) Dulčić Maena (1) et al. 2003	Maena (1)
							(F; 7 )

		Type of					
Order-family	Species	hermaphroditism	Evidence	Mating system	Habitat	References	Remarks
Sparidae	Spicara maena	Protogyny	Histology (1),	Unknown	Temperate	(1) Sellami & Bruslé	Maena (1)
			microscopic		Sea	1979, (2) Zamboni &	
			(2, 3)			Relini 1986, (3) Dulčić et al. 2000	
Sparidae	Spondyliosoma	Protogyny	Microscopic	Male territory, nest   Temperate		(1) Pajuelo & Lorenzo	
	cantharus		(1, 2)	guard (3)	Sea	1999, (2) Mouine et al.	
						2011, (3) Wilson 1958	
Sparidae	Spondyliosoma	Protogyny	Macroscopic	Male territory, nest   Temperate		(1) Tunley et al. 2009,	
	emarginatum		(1, 2)	guard (1)	Sea	(2) Attwood & Ensair	
						2020	
Tetraodontiformes	S						
Balistidae	Suffamen	Protogyny	Histology, field Harem (1,2,3)	Harem (1,2,3)	Coral reef	(1) Takamoto et al. 2003,	
	chrysopterus		(1)			(2) Ishihara &	
						Kuwamura 1996,	
						(3) Seki et al. 2009	
For the mating syste	m, "MTV polygamy" n	neans "male-territory-vi	siting polygamy (	Kuwamura 1997), and	l any reproduc	For the mating system, "MTV polygamy" means "male-territory-visiting polygamy (Kuwamura 1997), and any reproductive behavior related to mating system is described	iting system is described
The asterisks (*) are explained in	explained in "Remarks	in "Remarks." and (1), (2), (3), etc. are the reference numbers in "References"	are the reference	numbers in "Referenc	es,,		
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