# **19 Fluid Therapy in Liver Transplant**

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Liver transplantation (LT) is the standard surgical defnite treatment for end-stage liver disease (ESLD) with different indications encompassing a wide spectrum of liver failure patients with variable clinical profle and status ranging from fulminant to chronic liver failure. It is a high-risk surgery requiring critical vascular volume assessment and fuid management; there are multiple hemodynamic drifts resulting from major blood loss, fuid shifts, and vasomotor tone. Liver transplant recipients suffer many complications, some of which are intervention or approach related. On an average, liver transplant recipients suffer more than three postoperative complications, with over half of them being severe. Perioperative acute renal failure is frequent (13–71%) and is associated with postoperative mortality [\[1](#page-8-0), [2\]](#page-8-1). Several perioperative events and factors including inappropriate fuid therapy seem associated with the risk of complications ranging from insignifcant insult to multiorgan dysfunction syndrome and mortality as a consequence of hypoperfusion and tissue hypoxia, often exacerbated by a microcirculatory injury and increased tissue metabolic demands [\[3](#page-8-2), [4\]](#page-8-3). This insult sets in a chain of sequential molecular reactions resulting in further ischemic and hypoxic tissue injury. This may be further compounded by cytopathic hypoxic

injury due to mitochondrial dysfunction  $[5, 6]$  $[5, 6]$  $[5, 6]$ . If not all, many of these complications are preventable, but at least can be minimized with good perioperative care. Liver transplantation is a growing and evolving specialty. Strategies to improve recipient's survival are needed. One of these strategies is restrictive fuid strategies and has been found better postoperative outcomes than liberal fuid management strategies.

Fluid management strategy is one of the important aspects of perioperative care in liver transplant surgery. In critically ill cirrhotic patients with altered pathophysiology at different levels including organ dysfunction, endocrine imbalance, and receptor response alteration, volume status evaluation is diffcult leading to inappropriate fuid therapy. Fluid overload is related to several complications like pulmonary edema, ileus, cardiac failure, delayed wound healing and tissue breakdown, infections, and increased mortality. Therefore, the evaluation of volume status is crucial in the optimal management of fuid therapy. Successful fuid overload treatment depends on the precise assessment of individual volume status, understanding the pathophysiology and principles of perioperative fuid management, concerns of volume over- and underload on graft function and other organs, and clear treatment goals. Perioperative fuid therapy is not just simple fuid to supplement volume for hemodynamics but needs to be prescribed as any other drug prescription. If fuid administration is in excess, it leads to

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tissue edema of every organ including the gut and lungs affecting adversely translocation of bacteria and oxygenation resulting in delayed recovery. It may lead to graft congestion particularly in living transplant recipients. If there is deficit and hypovolemia, it increases the risk of ischemic and thrombotic complications (Table [19.1](#page-1-0)). More importantly,

<span id="page-1-0"></span>**Table 19.1** Fluid overload and adverse effects

Systemic and				
organ effects	Adverse effects	Remarks		
Body	Systemic, organ, and tissue effects Increased tissue			
systemic	edema	Increased morbidity and mortality		
effects	Infection	Prolonged ICU stay		
	Impaired perfusion of			
	tissues			
	Abdominal			
	compartment			
	syndrome			
Tissue	Poor wound	Difficult IV access		
edema	healing			
	Wound infection			
	Pressure			
	ulceration			
Organ/tissue edema				
Cerebral	Impaired	Patients with acute		
edema	cognition	liver failure and risk		
		of further rise in ICP		
Cardiac	Conduction	Pericardial effusion		
	disturbance	can result in cardiac tamponade and is difficult to drain in		
	Impaired			
	contractility			
	Diastolic	coagulopathic		
	dysfunction	patients		
	Pericardial			
	effusion			
Pulmonary	Impaired gas	Increased ventilator days, VAP and ICU stay		
	exchange			
	Reduced			
	compliance			
	Increased work			
	of breathing			
	Pleural effusion			
Renal	Interstitial	Patients with previous renal		
	edema			
	<b>Reduced RBF</b>	injury or HRS are at		
	Increased	great risk of further AKI		
	interstitial			
	pressure			
	<b>Reduced GFR</b>			
	Uremia			
	Salt and water			
	retention			

**Table 19.1** (continued)

Systemic and		
organ effects	Adverse effects	Remarks
Liver and gut edema	Impaired synthetic function	Graft dysfunction
	Cholestasis	<b>Increased</b> abdominal drain output
	Malabsorption	Translocation of hacteria
	<b>Ileus</b>	

a recent multicenter clinical trial showed an increased incidence of acute renal failure when a fxed restrictive perioperative fuid strategy was compared to a liberal one during a major abdominal surgery [[7\]](#page-8-6). There is substantial data against the use of starch-based solutions in septic patients where endothelial capillary leak fails to retain fuid intravascularly and detrimental effects on the kidney and immune system.

**Current fuid therapy-related practice issues.** There is wide variation in practice. The choice of fuids is largely based on traditional beliefs, context of practice, location, and cost. It seems that there is more of personnel choices rather than scientifc approach. Most of transplant anesthesiologists are quite experienced and skillful. Despite the knowledge and skills there is ample evidence that practices are not uniform and there is wide deviation in choice of goals and parameter targets, monitoring, and type of fuids and management strategy. Secondly as outcome is dependent on many factors so this makes difficult to design evidence-based fixed fluid therapy protocols. All choices and preferences are not having equivalent outcome. However, everyone justifes his/her own approach being an expert and experienced senior. Thus, there is a need to fnd the best strategy. The Liver Transplant Anesthesia Consortium (LTrAC) did a series of four comprehensive, web-based surveys in the United States and internationally. There was a very interesting fnding that there were geographical differences in practice pattern. Clinicians from the UK, China, and Australia relied primarily on colloid therapy (55–75% of time), whereas only 13% of clinicians in the United States used colloid for treating hypovolemia. In the United

States, normal saline was a frequent choice, followed by a pH-adjusted crystalloid in 74%. Albumin was a common colloid for volume expansion (85%; 95% CI, 70–93%). The synthetic colloids HES in saline (Hespan) or HES in balanced electrolyte solution (Hextend) had been used nearly in half of programs at that time prior to restriction by many international agencies on starch fluids [\[8](#page-8-7)].

**Understanding altered pathophysiology and perioperative fuid management.** It is well established that fuid balance has an impact on outcome in liver transplant surgery or any other major abdominal surgery, particularly in highrisk candidates. It is important to understand that it is not only the type of fuid or over-jealous fuid therapy consequences but also happens because of capillary leak which may occur due to sepsis or reperfusion or altered membrane function resulting from other perioperative insults. This happens secondary to the release of host responses in the form of complement factors, cytokines and prostaglandin products, and altered organ microcirculation [\[9](#page-8-8)[–11](#page-8-9)]. In presence of increased capillary permeability to proteins and increased trans-capillary hydrostatic pressure, hypervolemia secondary to inappropriate fuid administration to maintain pressures results in excessive leak [[12\]](#page-8-10). There is neurohumoral alteration in body homeostasis with marked activation of sympathetic and renin-angiotensin-aldosterone systems in these patients resulting in sodium retention with very low urinary excretion of sodium. The "splanchnic steal" and leaky endothelium in cirrhotic make fuid management difficult. There is an inability of body to mobilize ascites despite adherence to the dietary salt restriction. There is rapid reaccumulation of fuid after therapeutic paracentesis despite adherence to a sodium-restricted diet. These changes put cirrhotic patients at risk of renal and another organ failure in the perioperative period, and a challenging situation for the treating physician [\[13](#page-8-11)]. The amount of fluid that leaks into the interstitium correlates with infused fuid volume and that remained intravascular varies with the type of fuid and it's terminal half life [[14\]](#page-8-12). There is a

paradigm shift in membrane function conceptualization. Traditionally it was thought that fuid transfer across endothelial membrane is based on oncotic and hydrostatic pressure balance, i.e., Starling principle. Current concept is "Doublebarrier concept" or endothelial Glycocalyx layer. The endothelial glycocalyx layer is a web of membrane-bound glycoproteins and proteoglycans. Sub-glycocalyx intercellular spaces are almost protein-free. Capillaries flter fuid to ISF throughout their length. Absorption through venous capillaries/venules does not occur. Most fltered fuid returns to circulation via lymph. Oxidative stress, attenuation of leucocyte, and platelet adhesion lead to damage of endothelial glycocalyx layer, thus resulting in capillary leak. The integrity or leakiness of this layer and hence potential to develop interstitial edema varies substantially among organ systems, particularly under reperfusion and other infammatory conditions like sepsis, SIRS of surgery, trauma, and overfuid resuscitation [[15\]](#page-8-13).

# **19.1 Vascular Component Approach for Guiding Fluid Therapy: A Novel and Critical Way of Volume Status Assessment** [\[16](#page-8-14)]

The blood volume and the portion of the volume containing red blood cells represent the vital elements of the **Vascular content** (vC). If the patient has a decreased vC irrespective of the reason, it equals "hypovolemia." Here, it is important to understand that the vC may be low relatively secondary to vasodilator drugs, in response to anesthesia or redistribution of volume. The classical scenario is that of vasoplegia. The defnite therapy will be to restore the vascular tone to normal range but at times may be diffcult. Clinically, an important feature of any clinical assessment is "the patient's volume status." However, for better management, we need to look at all components tone, integrity, and hemodynamics rather than volume status only resulting in inappropriate therapy. The separate evaluation of these different components allows better assessment and management of the patient. These four main components are

- 1. Blood fow (BF)
- 2. Vascular content (vC)
- 3. Vascular barrier (vB)
- 4. Vascular tone (vT)

An obvious limitation to assess each component reliably bedside is not easy with routine monitoring tools. This concept needs translation in clinical practice to avoid unnecessary fuids in volume responsive patient where vasopressors may prove to be a better option.

# **19.2 Restrictive vs. Liberal Strategy**

The impact of perioperative fuid balance and fuid therapy has been studied on postoperative complications in last decades in complex surgical populations and septic patients including cardiac, liver transplant and liver resections, with many different combinations of fuid management protocols, strategies, and hemodynamic goals. It is difficult to find the ideal or optimal protocol. ERAS guidelines emphasize on restrictive fuid strategy for enhanced recovery in major abdominal surgery. Perioperative fuid imbalance, defned as too little or too much fuid, had been associated with a greater than 60% increase in postoperative complications after major abdominal surgery [\[17](#page-8-15), [18](#page-8-16)].

Even in restrictive strategy, there is a need to defne target if zero balance or negative balance or minimal positive balance or to which side we can err while moving in gray shades. To implement a strategy, there is a need to know the best monitoring tool to guide fuid therapy. All devices and related parameters to guide fuid management protocol have some caveats and limitations. If the physician is unaware of these pitfalls, one can make mistakes not only in therapy but in research analysis leading to biased results. There are many restrictive fuid strategies such as early goal-directed protocols, weight-based protocols, low-CVP protocols, SVV or cardiac output or PAP-based protocols. Recent systematic reviews done on major surgeries particularly abdominal suggest that cardiac output-guided fuid administration, compared to either fxed restrictive or fxed liberal strategies, reduces postoperative complications by 20–30% in patients undergoing major surgery highlighting and signifying preference to restrictive fuid strategy in these subgroups of these patients [\[19](#page-8-17)[–21](#page-8-18)].

Thus, current evidence favors to a specifc target using restrictive strategy. Sometimes when the patient is too leaky to hold fuid into the vascular compartment, edema sets in despite keeping low vascular volume. Fluid overload is not only a consequence of fuid therapy but also occurs because of altered capillary endothelial function and high hydrostatic pressure from volume overload resulting in leak during severe sepsis secondary to the release of complement factors, cytokines and prostaglandin products, and altered organ microcirculation. Edema in a vicious cycle results in impaired oxygen and metabolite diffusion, distorted tissue architecture, obstruction of capillary blood flow and lymphatic drainage, and disturbed cell to cell interactions that may then contribute to progressive organ dysfunction. Encapsulated organs suffer these insults greater than other organs and tissues [\[22](#page-9-0), [23](#page-9-1)].

### **19.3 Composition of Fluids and Its Impact on Outcome**

The right choice of fuid replacement has been a matter of debate. We have three types of fuids broadly: crystalloids, colloids, and albumin. Further we have balanced and non-balanced crystalloid fuids with different electrolyte composition. Colloids include starch-based, gelofusine-based, and albumin with different strengths. Colloids have an edge over crystalloids in expanding the plasma volume and stays longer in the intravascular compartment. The volume administered is less thereby lower incidence of

pulmonary, and other organ edema. There is substantial evidence that supports its benefts on microcirculation, blood rheology, and infammatory mediators. However, starch-based fuids are almost out particularly in septic patients and other critically ill patients because of their adverse effects and ban by various regulatory agencies. Some of the adverse effects are acute and chronic toxicity, coagulopathy, and hypersensitivity reactions in addition to its cost [\[24](#page-9-2), [25\]](#page-9-3). Most of these studies are from intensive care settings where most of these patients are septic with altered endothelial function. There are few studies from cardiac surgeries debating for the safety of these HES fuids. These studies underlined the diffculties in establishing hardcore outcome data, even in large cohort studies. Although the fndings seemed to diminish the magnitude of risk using HES, it cannot nullifes the results of metanalysis and systemic reviews [[26–](#page-9-4)[29\]](#page-9-5). There is data from animal studies suggesting that 6% HES 130/0.4 exerts protective effects on glycocalyx integrity and attenuates the increase of vascular permeability during systemic infammation [\[30](#page-9-6)]. However, with current literature the safety of starch-based colloids is questionable in critically ill patients.

Human serum albumin has been widely used for many decades in clinical settings with variable reputation as choice over time, but a frequent choice in cirrhotic patients. Albumin is the most abundant protein in the human body, accounting for ∼55% of the total protein content in plasma, with many physiologic functions including binding and transporting a large number of drugs and both endogenous and exogenous substances. It plays an important role as defensive quality by trapping the toxic matter. Moreover, it has antioxidant, free radical scavenger, antithrombotic, and anticoagulant effects and seems to limit increased capillary permeability during infammation [[31,](#page-9-7) [32\]](#page-9-8). Albumin as a perioperative fuid therapy is not the frst choice as it is costly. However, it is often used whenever there is large ascites and fuid requirement is large. Currently it is recommended in spontaneous bacterial peritonitis with ascites, refractory ascites not responsive to diuretics, large-volume paracentesis,

post-paracentesis syndrome, and the treatment of hepatorenal syndrome as an adjunct to vasoconstrictors. New indications for albumin therapy include the antioxidant activity and its effects on capillary integrity. In recent years, large-pore hemofltration and albumin exchange have emerged as promising liver support therapies for liver failure and other toxic syndromes. They are designed to remove a broad range of blood-borne toxins and to restore normal functions of the circulating albumin by replacing defective forms of albumin and albumin molecules saturated with toxins with normal albumin [\[32](#page-9-8)]. In recent years, the use of albumin has been questioned in many studies by the growing concern about the costeffectiveness of medical treatments. Many of the metanalysis comparing saline and albumin has not shown discernible beneft of albumin [[33–](#page-9-9) [38\]](#page-9-10). In a recent study in cardiac surgical intensive care, albumin infusion decreased the need for fresh frozen plasma transfusion, reduced mortality, and lowered serum lactate level but increased fnancial burden for patients, compared to normal saline group [\[39](#page-9-11)]. However, currently careful patient assessment is necessary before administering albumin to see appropriateness as there are a number of contraindications and growing concern of cost-effectiveness [\[34](#page-9-12)[–36](#page-9-13), [40\]](#page-9-14). The adverse effects of albumin have been reported such as interstitial pulmonary edema, multiorgan failure in capillary leak syndrome, or antihemostatic and antiplatelet properties that may worsen blood loss, particularly in post-surgical or trauma patients. In view of high cost and some other associated concerns, appropriateness of prescription is paramount.

In a recent review by Zhou et al. comparing the effcacy and safety of normal saline (NS) for fuid therapy in critically ill with other fuids and colloids, there is no signifcant different in mortality and incidence of AKI when compared with 10% HES, albumin, and buffered crystalloid solution [[41\]](#page-9-15). A good understanding of individual fuid with its advantage and disadvantage and its interaction in liver recipient with altered homeostasis and neurohumoral response when compared with other fuids prescribed for critically ill patients is conducive to make good clinical decision. There is substantial evidence and experience to support the use of albumin as a part of fuid therapy in liver transplant recipients but its use should be restricted and prescribed judiciously to make liver transplant economical.

## **19.4 Monitoring of Volume Status and Perioperative Fluid Management**

Intravenous fuid therapy plays a key role in the perioperative management of transplant, and many authors believe that it should be like drug prescription where drug, dose, time, and route matter. Considering the type, dose-effect relationship, and side effects of fuids, fuid therapy should be regarded similar to other drug therapy with specifc indications and tailored recommendations. By emphasizing the necessity to individualize fuid therapy, we hope to reduce the risk to our patients and improve their outcome. Weight gain greater than 10% is considered a risk factor for increased pulmonary complications in major abdominal surgeries. Observational studies in nontransplant critically ill patients who required continuous renal replacement therapy (CRRT) have shown an association between fuid overload and mortality [[42,](#page-9-16) [43\]](#page-9-17).

The clinical determination of the intravascular volume can be extremely diffcult in critically ill and surgical patients who have altered vascular tone and volume due to anesthesia and major surgery. This is problematic as fuid loading is considered the frst step in the resuscitation of hemodynamically unstable patients. However, recent data suggest that only about 50% of hemodynamically unstable patients in the ICU and operating room respond to a fuid challenge [[44–](#page-9-18) [46](#page-9-19)]. Traditionally used CVP and other cardiac flling pressures over the last many decades are unable to predict fuid responsiveness. Over the last decade a number of studies have been reported where heart–lung interactions have been used to assess fuid responsiveness in mechanically ventilated patients. Particularly, the pulse pressure variation derived from analysis of the

arterial waveform and the stroke volume variation derived from pulse contour analysis have been found to be highly predictive of fuid responsiveness and a better tool to guide fuid therapy. In diffcult situations and particularly transplant surgery, transesophageal echocardiography is a more accurate measure of preload than either the central venous pressure or pulmonary artery occlusion pressure using left ventricular end-diastolic area as TEE not only predicts fuid responsiveness but provides functional status of the heart as well as the dynamic indices. There are always controversial results as study design and bias factors change. However, with less expertise and cost issues, TEE in many centers is underutilized.

Although there is current trend in using SVV calibrated and uncalibrated both in liver transplant recipients despite controversial literature, many centers use uncalibrated SVV along with derived cardiac index and SVRI as a routine tool. There are many studies where authors have documented poor performance with uncalibrated SVV. A couple of studies using pulse pressure variations and protocolized fuid therapy based on pulse pressure variation and cardiac index in the setting of brain death donors to guide fuid therapy failed to demonstrate any discernible beneft [\[47](#page-9-20)].

In transplant recipients, in order to maintain perfusion of graft and vital organs, restore cardiac output, systemic blood pressure, and renal perfusion an adequate fuid resuscitation is essential. Overload is detrimental to gut function and overall recovery delay. Low perfusion state carries the risky of hepatic artery thrombosis. Achieving an appropriate level of volume management requires knowledge of the underlying pathophysiology, evaluation of volume status, and selection of appropriate monitoring device or making good judgment from corroborative multiple data, appropriate solution for volume repletion, and maintenance and modulation of the tissue perfusion [[48–](#page-9-21)[51\]](#page-10-0).

Fluid overload recognition and assessment requires an accurate documentation of all intakes and outputs, yet there is a wide variation in practice: how it is evaluated, reviewed, and utilized. But in a nutshell it is equally important to look at assessing the intravascular status and cumulative balance. Accurate volume status evaluation is essential for appropriate therapy since errors of volume evaluation can result in either lack of essential treatment or unnecessary fuid administration, and both scenarios are associated with increased mortality. It is important to discuss fuid therapy in the team meeting - whether to adopt restrictive or liberal fuid regime. There are several methods to evaluate the fuid status; however, most of the tests currently used are fairly inaccurate. Diuretics, especially loop diuretics, remain a valid therapeutic alternative in posttransplant period to optimize the balance. Fluid overload refractory to medical therapy requires the application of extracorporeal therapies [\[52](#page-10-1)].

### **19.5 Fluid Assessment in ICU**

It is challenging at times to evaluate a critically ill or transplant recipient in the perioperative period with altered vascular tone particularly if there is an element of sepsis. Fluid evaluation requires a critical review of intake and output chart to monitor with advance gadgets in collaboration considering the limitations of each device. Accurate volume status evaluation is essential and critical for appropriate fuid prescription. Volume status assessment errors can result in over- or underfuid treatment, both associated with increased dysfunction of different organs leading to morbidity and mortality. There are several clinical and device tools to evaluate the fuid status; however, most of the tests currently used are fairly inaccurate at times. We need to understand and know the limitation of the device and pitfalls in the monitoring technique. Each method has gray areas where the performance is equivocal. We should try to consider other data streams and interpret in collaboration.

#### 1. **Nursing documentation calculations**

(a) **Daily fuid balance**: daily difference in all intakes and all outputs including drains, CRRT fuid removal if applied which frequently does not include insensible losses.

- (b) **Cumulative fuid balance**: sum of each day fuid balance over a period of time including intraoperative balance.
- (c) **Weight gain**: Percentage of fuid overload adjusted for bodyweight: cumulative fuid balance that is expressed as a percent.

#### Fluid overload or weight gain

 $=\frac{\text{Total fluid in} - \text{total fluid out\%}}{\text{Admission body weight}} \times 100$ 

(d) **Clinical signs of fuid overload:** usually implies a degree of pulmonary edema  $(PaO<sub>2</sub>/FiO<sub>2</sub>$  ratios) or peripheral edema (chemosis).

#### 2. **Radiological Imaging**

- (a) **Chest X-ray** Chest X-ray has been one of the most used tests to evaluate for hypervolemia. Radiographic sings of volume overload include dilated upper lobe vessels, cardiomegaly, interstitial edema, enlarged pulmonary artery, pleural effusion, alveolar edema, prominent superior vena cava, and Kerley lines. However, a reliable single tool is not available to comment on fuid overload or cardiac dysfunction may not be good tool as may miss subtle changes.
- (b) **Ultrasonographic assessment of IVC, lung ultrasound and jugular veins.** Blue protocol and Sonographic artifacts known as B-lines that suggest thickened interstitial or fuid-flled alveoli can be detected using thoracic ultrasound. PCWP and fluid accumulation in lungs have been correlated with the presence of B-lines ("comet-tail images") in patients with congestive heart failure and volume overload. Agricola et al. found signifcant correlations between comet-tail images score and extravascular lung water determined by the PiCCO System, between comet score and PCWP, and between comet-tail images score and radiologic sings of fluid overload in the lungs [[34\]](#page-9-12). The measurement of the inferior vena

cava (IVC) diameter can also be used to assess volume status. Normal diameter of IVC is 1.5–2.5 cm (measured 3 cm from the right atrium); volume depletion is considered with an IVC diameter <1.5 cm while an IVC diameter > 2.5 cm suggests volume overload. Other IVC signs are collapsibility and distensibility in spontaneously breathing patients and in mechanically ventilated patients respectively. In an observational study Lyon et al. found signifcant differences between the inferior vena cava diameter during inspiration (IVCdi) and during expiration (IVCde), before and after blood donation of 450 mL [\[35\]](#page-9-22). There are other studies supporting the use of IVC diameter. We also use ultrasonography quite a lot in the perioperative period to evaluate the fuid and cardiac status. We try eyeballing different parameters of ultrasonography such as lung ultrasound, IJV and IVC diameters and collapsibility along with cardiac chamber sizes. In patients treated for hypovolemia, Zengin et al. evaluated the IVC and right ventricle (RVd) diameters and diameter changes with the diameters and diameter changes of healthy volunteers. The IVCd was measured ultrasonographically by M-mode in the subxiphoid area and the RVd was measured in the third and fourth intercostal spaces before and after fuid resuscitation. As compared with healthy volunteers, average diameters in hypovolemic patients of the IVC during inspiration and expiration, and right ventricle diameter were signifcantly lower. After fuid resuscitation, there was a signifcant increase in mean IVC diameters during inspiration and expiration as well as in the right ventricle diameter [\[36](#page-9-13)]. Bedside inferior vena cava diameter and right ventricle diameter evaluation could be a practical noninvasive instrument for fuid status estimation and for evaluating the response to fuid therapy in critically ill patients.

3. **Biochemistry: BNP levels** High levels of BNP can be found with diastolic dysfunction and volume overload commonly; however, some conditions like myocardial infraction and pulmonary embolism can cause elevated levels of BNP. Other conditions that have to be taken into account when evaluating BNP levels are renal failure, which is associated with high BNP levels and obesity where there is lower BNP levels. The greatest utility of BNP levels is in the absence of elevation, since low BNP levels have a high negative predictive value for excluding heart failure diagnosis  $[53-55]$  $[53-55]$ .

Medical history, record review, clinical signs along with routine diagnostic studies (chest radiograph, electrocardiogram, and serum B-type natriuretic peptide (BNP)) helps in overload assessment as well as to differentiate heart failure from other causes.

#### 4. **Bioimpedance analysis**

It is a noninvasive and inexpensive versatile test that transforms electrical properties of tissues into clinical information. Bioimpedance vector analysis (BIVA) measures whole body water. This technology is evolving to evaluate hydration status in the postoperative period particularly in patients who are on dialysis [[56\]](#page-10-4). Its role may get more explored in the perioperative period to assess the excess water gain.

### **19.6 Special Considerations**

### **19.6.1 LDLT vs. Cadaveric**

Brain-dead donors currently remain the primary source of grafts for solid organ transplantation in the western world except in southeast Asian countries where live donor program is the backbone. In this context, appropriate management of organ donors from the diagnosis of brain death to the end of the organ procurement (OP) procedure is of paramount importance to optimize the func-

tion of potential grafts. As there is altered pathophysiology in brain-dead donors, there is dying endocrine function leading to diabetes insipidus and hemodynamic instability requiring special attention to maintain organ function of individual organ. Thus, it is of utmost importance to maintain strict balance as per the organ retrieval. However, data is limited to make an evidencebased recommendation. The current practice is of restrictive strategy using fuids with chloride restriction and starch free balanced salt solutions in this subset of patients. A French survey done by Champigneulle et al. in collaboration with SFAR research network also found similar practices and concerns by the respondents [[57\]](#page-10-5).

Hormonal substitution should be used to maintain hemodynamics for organ procurement particularly where retrieval is delayed in days.

As most of LDLT cases are performed electively, living donor recipients may have better compensated liver disease at the time of surgery than cadaver donor recipients. A study by [Niemann](https://www.ncbi.nlm.nih.gov/pubmed/?term=Niemann CU[Author]&cauthor=true&cauthor_uid=15251359) et al. found that while intraoperative fuid and transfusion requirements are similar in LDLT and cadaveric recipients, the impact of transplantation on pulmonary gas exchange and reperfusion syndromes is more pronounced in patients receiving organs from cadaveric donors. Intraoperative transfusion and fuid requirements were also not signifcantly different in recipients from living donors versus cadaveric donors with regard to red blood cells, fresh frozen plasma, platelets, and cryoprecipitate. Authors thought that this difference probably arose from longer cold ischemia times present in the cadaveric donor group [\[58](#page-10-6)].

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