

Endogenous Peptide Inhibitors of HIV 5

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Abstract

The discovery of the G-protein coupled-receptor (GPCR) CXCR4 as a major coreceptor of HIV-1 entry about three decades ago explained why the chemokine SDF-1/ CXCL12 inhibits specific viral strains. The knowledge that RANTES, MlP-1α, and MlP-1β specifically inhibit other primary HIV-1 strains allowed the rapid discovery of CCR5 as second major viral coreceptor and explained why individuals with deletions in CCR5 are protected against sexual HIV-1 transmission. Here, we provide an update on endogenous ligands of GPCRs that act as endogenous inhibitors of HIV-1, HIV-2, and simian immunodeficiency virus (SIV) entry. In addition, we summarize the development of optimized derivatives of endogenous GPCR ligands and their perspectives as antiviral agents and beyond. Finally, we provide examples for other endogenous peptides that may contribute to our innate immune defense against HIV-1 and other viral pathogens and offer prospects for preventive or therapeutic development.

Keywords

HIV-1 · Antiviral peptides · Entry inhibitor · Endogenous antivirals

5.1 Introduction

Our innate immune response represents the first line of defense against viral pathogens. Detection of foreign viral invaders by immune sensors induces the interferon system and consequently increases expression of numerous antiviral factors as well as activation of immune-associated proteases. Antimicrobial peptides (AMPs) are an important component of the innate immune response (Ahmed et al. [2019](#page-10-0); Sørensen et al. [2008\)](#page-18-0). While many intracellular antiviral factors restrict viral replication in cells that are already infected, AMPs usually act outside of the cell and may destroy viral particles directly and/or protect uninfected cells against viral entry. Many human AMPs, such as defensins and cathelicidin LL-37, are positively charged and helical and best known for their broad antibacterial activity (Diamond et al. [2009;](#page-12-0) Wang et al. [2014](#page-19-0)). It has become clear, however, that AMPs are structurally more versatile than initially thought and also display antiviral and immunomodulatory activities (Vilas Boas et al. [2019;](#page-18-0) Pahar et al. [2020\)](#page-16-0).

In the case of HIV-1 and related nonhuman primate lentiviruses, endogenous inhibitors may not only play a role in controlling viral replication

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but were also instrumental in elucidating the viral entry process. Since depletion of CD4+ T cells is a hallmark of HIV-1 infection in vivo, CD4 was identified as primary receptor soon after the discovery of this virus as causative agent of AIDS (Sattentau and Weiss 1988). While it also rapidly became clear that additional factors are required for viral entry, their identification took more than a decade (Alkhatib and Berger [2007](#page-11-0)). The breakthrough came with the discovery of CXCR4 as entry cofactor of HIV-1 strains causing strong cytopathic effects in immortalized T cell lines. CXCL12 (initially named SDF-1), the chemokine ligand of CXCR4, inhibited infection of some HIV-1 strains (Ahmed et al. [2019](#page-10-0)). Many other HIV-1 strains, however, were inhibited by CCL5 (initially named RANTES) and to a lesser extent by CCL3 (MlP-1α) and CCL4 (MlP-1β), which were all already known to interact with CCR5 (Lusso [2006\)](#page-15-0). This knowledge allowed the rapid discovery of CCR5 as major coreceptor of primary HIV-1 strains (reviewed in: Alkhatib and Berger [2007\)](#page-11-0). Subsequent studies showed that CCR5 plays the key role in virus transmission and during chronic infection, while CXCR4 tropic HIV-1 strains emerge in about half of all AIDS patients and are associated with rapid disease progression in the absence of combined antiretroviral therapy (cART) (Connor et al. [1997;](#page-12-0) Schuitemaker et al. [2011](#page-18-0)).

Since the initial discovery of CCR5 and CXCR4 as major coreceptors of HIV-1, several other GPCRs have been reported to mediate HIV-1 entry albeit with lower efficiency (Pollakis and Paxton [2012;](#page-17-0) Wetzel et al. [2018](#page-19-0)). It has also been established that HIV-2 and related simian immunodeficiency viruses (SIVs) are more promiscuous in coreceptor usage. A variety of chemokines and peptidic GPCR ligands have been reported to specifically inhibit HIV-2 and SIV entry (Fig. [5.1](#page-2-0)). Most but not all of them also regulate the physiological signaling function of the respective GPCRs and may thus play important roles in the trafficking and function of immune cells. In this review, we summarize key findings on endogenous peptide inhibitors of HIV-1 and related primate lentiviruses, with a focus on entry inhibitors. We also discuss their mechanism of action, the optimization of endogenous agents, and their potential prospects for preventive or therapeutic development and application.

5.2 Antiviral Host Defense Peptides

5.2.1 Defensins

Peptides exhibiting antimicrobial, antifungal, or antiviral activity are referred to as Host Defense Peptides (HDPs). These are commonly constitutively expressed in mucous tissue and induced early during immune activation as a first line of defense against human pathogens (Schröder and Harder [1999](#page-18-0)). Defensins form a diverse group of 30–40 amino acid long peptides sharing similar charge, morphology and antimicrobial properties (Shafee et al. [2016](#page-18-0)). While the α -defensin precursors DEFAs (Defensin, alpha) proteins, cluster on chromosome 8, β-defensin are encoded on a variety of genes and grouped based on their structure and function. All defensins are characterized by three intramolecular cysteinedisulfide bonds, β-sheet structure and their cationic and amphipathic properties (Bulet et al. [2004\)](#page-11-0). The human α-defensins 1–3, and human β-defensin-2 and 3 inhibit replication of CCR5 and CXCR4-tropic strains of HIV-1, including several primary isolates in the low μM range (Hu et al. [2019;](#page-14-0) Quiñones-Mateu et al. [2003;](#page-17-0) Wu et al. [2005\)](#page-19-0). Structural integrity of the three intramolecular cysteine-disulphide bonds, as well as side chain hydrophobicity, were shown to be critical for antiviral activity. Human α-defensins 1–3 and 5 are lectin-like and bind the glycosylation sites of the HIV-1 gp120, thereby inhibiting virion attachment. However, the antiviral activity of human α-defensin 5 remains controversial (Ding et al. [2013](#page-12-0); Furci et al. [2012](#page-13-0)). α -defensin concentrations in human saliva vary between 1 and 10 μg/ml, being in the range of antimicrobial and antiviral active concentration (Gardner et al. [2009](#page-13-0)).

Of three known classes of defensins (α -, β-, and θ -defensin) only α - and β -defensins are

Fig. 5.1 Schematic presentation of HIV and SIV entry and endogenous (poly)peptides inhibiting this process. CD4 binding of the viral glycoprotein (e.g., HIV-1 GP120) and subsequent interactions with GPCRs result in the liberation and membrane insertion of the GP41 fusion peptide (FP). Subsequent six-helix bundle

formation triggers the fusion of viral and cellular membranes and ultimately leads to the release of the viral capsid into the cytosol of the host cell. Virus infection can be blocked at several stages by the indicated endogenous antiviral chemokines and peptides

transcribed in humans. Human θ-defensin is a pseudogene harboring a premature stop codon (Daher et al. [1986](#page-12-0); Zhao et al. [2013\)](#page-19-0). θ-defensins, which are expressed in monkeys, or synthesized based on the human pseudogene sequence, are named retrocyclins (Cole et al. [2002;](#page-12-0) Nguyen et al. [2003\)](#page-16-0). Unlike α - and β-defensin, retrocyclins are circular peptides but contain the disulphide bonds that are characteristic for defensins. Retrocyclins were found to bind and restrict the HIV-1 glycoproteins gp120, gp41 and its cellular receptor CD4 due to its lectin-like ability to bind N-and O-linked carbohydrates, while having little to no effect on cell fusion of HIV-2 and SIV (Münk et al. [2003;](#page-16-0) Owen et al. [2004;](#page-16-0) Wang et al. [2003\)](#page-19-0). Additionally, retrocyclins may bind the HIV-1 heptad repeats, thereby inhibiting 6-helix bundle formation of gp120 and virus-cell fusion (Cole et al. [2006;](#page-12-0) Gallo et al. [2006](#page-13-0)). The retrocyclin congener RC-101 was confirmed safe during in vivo application in pigtailed macaques. RC-101 was applied in the cervix and vagina of the primates

as a quick-dissolving film, where it remained for several days and kept its activity against HIV-1 and SIV (Cole et al. [2010](#page-12-0)). Recent studies characterize the role of defensins in HIV response in human macrophage systems and connect the antiviral effect of defensins to GPCR mediated signaling pathways (Bharucha et al. [2021](#page-11-0)). It remains to be determined, whether defensins play a role in the innate defense against HIV-1 in vivo. However, their broad antiviral and antimicrobial effects make defensins interesting for future therapeutic applications (Park et al. [2018\)](#page-17-0).

5.2.2 LL-37

Most HDPs are expressed as precursor proteins and proteolytic processing leads to the release of the bioactive peptides. A well-studied member of the cathelicidin protein family is hCAP-18. hCAP-18 can be processed in 16 different fragments some of which show antimicrobial and antiviral activity (Agerberth et al. [1995;](#page-10-0)

Steinstraesser et al. [2005\)](#page-18-0). The latter, in particular, has been described for LL-37, a 37-aa cationic peptide generated by proteinase 3 mediated cleavage of the C-terminal end of hCAP18. LL-37 has an α -helical structure and forms aggregates in solution (Shahmiri et al. [2016](#page-18-0); Wang et al. [2014\)](#page-19-0). Its amphipathic nature allows LL-37 to insert into lipid bilayers. Thus, unlike other HDPs, LL-37 is protected from proteolytic degradation (Oren et al. [1999\)](#page-16-0). Further optimization of LL-37 led to the identification of FK-17 as minimal active antiviral peptide (Wang et al. [2008\)](#page-19-0). The antibacterial activity of LL-37 is mediated by permeabilization of bacterial membranes. Cholesterol, which is absent in bacterial cell membranes, protects mammalian cells from LL-37 mediated pore formation (Brender et al. [2012](#page-11-0); Sancho-Vaello et al. [2020\)](#page-17-0). The antiviral mechanism of LL-37 is under debate. An inhibitory effect of LL-37 on the HIV-1 protease has been observed (Wong et al. [2011](#page-19-0)) but effects on membrane integrity of enveloped viruses have also been proposed (Wang et al. [2014\)](#page-19-0). Current studies focus on the antimicrobial activity of LL-37 and its application in multivalent systems (Lakshmaiah Narayana et al. [2021](#page-14-0); Mori et al. [2021\)](#page-15-0). Notably, LL-37 was also found to directly interact with the HIV-1 cofactor CXCR4 (Pan et al. [2018;](#page-17-0) Podaza et al. [2020\)](#page-17-0), but it is currently unclear whether LL-37 inhibits CXCR4-tropic HIV-1 infection.

5.3 Endogenous Ligands Targeting CXCR4-Mediated HIV Infection

C-X-C chemokine receptor type 4 (CXCR4) is a typical G-protein coupled receptor composed of seven transmembrane domains (Wu et al. [2010\)](#page-19-0). It plays important roles in immunity, tissue regeneration and hematopoietic stem cell homeostasis (Pozzobon et al. [2016\)](#page-17-0). CXCR4 dysfunction is associated with several malignancies, such as inflammatory diseases and cancer, making CXCR4 an important drug target (Pozzobon et al. [2016](#page-17-0)). Besides this, CXCR4 is also a major coreceptor for HIV-1 entry (Moore et al. [2004\)](#page-15-0) (Fig. [5.1\)](#page-2-0). HIV-1 infection is typically initiated by unspecific attachment of the virion to a host cell by its external gp120 envelope glycoprotein (Env). Subsequent binding to the primary CD4 receptor induces structural rearrangements in gp120 resulting in the interaction with viral coreceptors, mainly CXCR4 and CCR5, triggering conformational changes in gp41 that finally drive membrane fusion (reviewed in Chen [2019\)](#page-12-0). CCR5-tropic HIV-1 variants dominate during acute and chronic infection. During or after AIDS progression a coreceptor switch or expansion is observed in some patients. CXCR4-tropic viruses are associated with a more rapid deterioration of the immune system leading to faster disease progression (Mosier [2008](#page-16-0)) in the absence of cART. The gp120 V3 loop determines coreceptor interaction and only a few amino acid changes are required to switch from CCR5 to CXCR4 coreceptor usage (De Jong et al. [1992](#page-12-0)). So far, it is largely unknown, which factors trigger the coreceptor switch (Connell et al. [2020;](#page-12-0) Regoes and Bonhoeffer [2005\)](#page-17-0).

5.3.1 CXCL12

C-X-C motif chemokine 12 (CXCL12, formerly named SDF-1) is so far the only classical chemokine known to interact with CXCR4 and to block CXCR4-tropic HIV-1 infection (Bleul et al. [1996;](#page-11-0) Janssens et al. [2018](#page-14-0)). It is constitutively expressed in many tissues, especially the bone marrow and lymph nodes, where it acts as chemoattractant for lymphocytes (Nagasawa [2007\)](#page-16-0). CXCL12 is encoded by a single gene and several splice variants are described with molecular weights between 8 and 14 kDa (Gleichmann et al. [2000;](#page-13-0) Yu et al. [2006](#page-19-0)). CXCL12 shares the common structure of chemokines: a disordered N-terminus followed by a globular core domain. Binding of CXCL12 to CXCR4 is initiated by interactions with the receptor N-terminus and then the binding pocket, which is shaped by the receptor transmembrane domains and extracellular loops (Wu et al. [2010;](#page-19-0) Xu et al. [2013\)](#page-19-0). This so called "two-site"-binding model has also been implicated for gp120 interaction with CXCR4,

which interacts with the N-terminus of CXCR4 and subsequently with the second and third extracellular loops of the receptor (Kalinina et al. 2013; Lin et al. [2003](#page-15-0); Wu et al. [2010](#page-19-0)). The basic V3 loop may also penetrate the positively charged receptor binding pocket (Wu et al. [2010\)](#page-19-0). Considering the similar binding modes, it is plausible that CXCL12 inhibits CXCR4-tropic HIV-1 by blocking access of the viral gp120 to the GPCR. However, CXCL12 also induces CXCR4 downmodulation and this effect correlates with the antiviral activity of CXCL12 isoforms, suggesting that receptor downmodulation contributes to its antiviral activity (Altenburg et al. [2010](#page-11-0); Amara et al. [1997\)](#page-11-0). CXCL12 α and CXCL12 β are the two most abundant isoforms in humans, both inhibiting CXCR4-tropic HIV-1 with IC_{50} values in the nanomolar range (Altenburg et al. [2007,](#page-11-0) [2010\)](#page-11-0). CXCL12 $γ$ has been shown to have even more potent anti-HIV-1 activity due to increased affinity to CXCR4 and more efficient receptor internalization. However, this isoform is mainly expressed in the adult human heart and hardly detected in other tissues (Yu et al. [2006\)](#page-19-0).

It is tempting to speculate that CXCL12 might be involved in HIV-1 transmission and pathogenesis. HIV-1 is mainly sexually transmitted and in most cases single, so called "transmitted/founder" (T/F) viruses establish infection (Parrish et al. [2013;](#page-17-0) Joseph et al. [2015\)](#page-14-0). T/F viruses are almost exclusively CCR5-tropic, indicating a selective strong transmission barrier for CXCR4-tropic viruses (Grivel et al. [2010](#page-13-0)). The reason(s) for specific restriction of CXCR4-utilizing viruses are currently unclear. One plausible explanation is the presence of inhibitory CXCR4 ligands at sites of initial virus infection. CXCL12 is constitutively produced by epithelial vaginal cells and might contribute to selective inhibition of CXCR4-tropic viruses (Francis et al. [2016](#page-13-0)). However, CXCL12 levels in vaginal fluids vary and are frequently low (17.4–2071.5 pg/ml) (Francis et al. [2016\)](#page-13-0), arguing against a major role of CXCL12 in preventing sexual transmission of CXCR4-tropic HIV-1 strains.

In infected individuals, CXCL12 plasma levels reach up to 10 ng/ml (Ikegawa et al.

[2001\)](#page-14-0). Concentrations may even be higher in tissues that are relevant for HIV-1 pathogenesis, such as lymph nodes and the gut (González et al. [2010;](#page-13-0) Müller et al. [2001](#page-16-0)). In addition, genetic CXCL12-polymorphisms affect disease progression (Modi et al. [2005;](#page-15-0) van Rij et al. [1998;](#page-17-0) Winkler [1998](#page-19-0)) suggesting that CXCL12 may restrict CXCR4-tropic HIV-1 in vivo. However, other studies did not confirm a role of CXCL12 in viral pathogenesis (Brambilla et al. [2000;](#page-11-0) Ioannidis [2001](#page-14-0); Mehlotra et al. [2015;](#page-15-0) Petersen et al. [2005](#page-17-0); Watanabe et al. [2003;](#page-19-0) Wei et al. [2018\)](#page-19-0). A more recent study identified CXCR4 tropic HIV-1 variants that are resistant to inhibition by CXCL12 (Armani-Tourret et al. [2021\)](#page-11-0). These variants emerged in late stage AIDS patients with low CD4 T cell counts and may show an enhanced ability to infect naive CD4 T cells surrounded by CXCL12 (Armani-Tourret et al. [2021](#page-11-0)). Altogether, the relevance of CXCL12 in viral transmission, propagation, and pathogenesis is far from clear and warrants further studies.

The identification of CXCL12 as potent inhibitor of CXCR4-tropic HIV-1 infection stimulated research to develop CXCL12-based antiviral agents for therapeutic approaches. N-terminal truncations and sequence modifications allowed to design CXCL12 analogs lacking agonistic and thus pro-inflammatory activity (Crump [1997;](#page-12-0) Heveker et al. [1998](#page-14-0)). Findings showing that not only the CXCL12 N-terminus but also residues in the loop region (Crump [1997\)](#page-12-0) and the C-terminal α -helix (Luo et al. [1999a,](#page-15-0) [b](#page-15-0)) contribute to receptor interaction led to the design of more sophisticated CXCL12-derivatives (Tudan et al. [2002](#page-18-0)). The lead compound, CTCE0021 is composed of CXCL12(5–14) linked to CXCL12(55–67) by a four-glycine linker mimicking the distance between the N- and C-terminal regions of CXCL12. In the optimized CTCE0214 derivative, the α -helical structure was stabilized by lactamization leading to enhanced receptor binding and the peptide was cyclized to improve plasma stability (Zhong et al. [2004\)](#page-20-0). Furthermore, modifications and dimerization of the N-terminus allowed to convert derivatives into CXCR4 antagonists (Faber et al. [2007](#page-13-0); Loetscher et al.

[1998\)](#page-15-0). To our best knowledge, none of these CXCL12-derived peptides has been evaluated as therapeutic agents against CXCR4-tropic HIV-1 in advanced clinical trials. Among other reasons, lack of oral bioavailability of CXCL12-derived peptides may have accounted for the termination of further development as antiviral drugs. However, some CXCL12 derivatives showed potent anti-inflammatory properties or mobilized stem cells in vivo and may be further developed for other CXCR4-linked diseases (Fan et al. [2012;](#page-13-0) Zhong et al. [2004](#page-20-0)).

5.3.2 EPI-X4

A second CXCR4 ligand with antiviral activity is EPI-X4. This peptide was identified in a fraction of a peptide library derived from human hemofiltrate that selectively inhibited CXCR4 tropic HIV-1 infection (Zirafi et al. [2015](#page-20-0)). The active compound turned out to be an 1832 Da and 16 amino acid long peptide derived from serum albumin (position 408–423), which was termed EPI-X4 (Endogenous Peptide Inhibitor of CXCR4). EPI-X4 is generated from human serum albumin under acidic conditions by aspartic proteases (e.g., Cathepsin D and E) (Buske et al. [2015;](#page-12-0) Gilg et al. [2021,](#page-13-0) Mohr et al. [2015;](#page-15-0) Zirafi et al. [2016\)](#page-20-0). The peptide is evolutionary conserved and interacts with the CXCR4 binding pocket thereby antagonizing CXCL12 induced signaling and cell migration (Sokkar et al. [2021;](#page-18-0) Zirafi et al. [2015](#page-20-0)). In addition, EPI-X4 suppresses basal CXCR4 signaling, and thus also acts as inverse agonist of the receptor (Zirafi et al. [2015\)](#page-20-0). Notably, EPI-X4 only interacts with CXCR4 but no other GPCRs including CXCR7. Thus, this peptide is a highly selective inhibitor of CXCR4 function. However, its physiological role remains to be clarified.

EPI-X4 not only antagonizes CXCR4 but also prevents CXCR4-tropic HIV-1 infection in cell culture with an IC_{50} value of \sim 10–20 μg/ml, while having no effect on CCR5-tropic HIV-1 infection (Harms et al. [2020a](#page-14-0), [b](#page-14-0); Zirafi et al. [2015](#page-20-0)). EPI-X4 interacts with the CXCR4 binding pocket via its seven N-terminal amino acids, presumably blocking access of the viral glycoprotein to the coreceptor (Sokkar et al. [2021](#page-18-0)). The CXCR4 antagonizing peptide is not detectable at relevant concentrations in plasma or serum of healthy individuals or HIV-1 patients (Mohr et al. [2015;](#page-15-0) Zirafi et al. [2015\)](#page-20-0), suggesting that EPI-X4 does not play a major role in controlling CXCR4 tropic HIV-1 infection in vivo (Mohr et al. [2015;](#page-15-0) Zirafi et al. [2015\)](#page-20-0). However, it is currently not known whether EPI-X4 may also be locally produced in lymphoid tissues, the major sites of viral replication, and affect CXCR4-tropic HIV-1. Notably, high amounts of EPI-X4 sufficient to block CXCR4-tropic HIV-1 can be easily generated upon acidification of plasma, which activates proteolytic digestion of the abundant precursor albumin (Mohr et al. [2015](#page-15-0); Müller et al. [2016;](#page-16-0) Zirafi et al. [2015\)](#page-20-0). Acidic pH values are also characteristic for vaginal fluid (Boskey et al. [1999](#page-11-0)). Thus, it is conceivable that EPI-X4 might be locally generated from albumin-rich semen in the acidic environment of the vaginal tract, where the peptide might selectively restrict CXCR4-tropic HIV-1 upon sexual intercourse.

EPI-X4 is a promising candidate for further development as CXCR4 antagonist to treat CXCR4-tropic HIV-1 infection or other CXCR4-linked diseases (Buske et al. [2015;](#page-12-0) Zirafi et al. [2015\)](#page-20-0). EPI-X4 is not cytotoxic, can be easily modified, acts as antagonist and inverse agonist of CXCR4, and was shown to reduce airway inflammation in a mouse asthma model without having side effects (Zirafi et al. [2015](#page-20-0)). Based on computational modeling and empiric approaches, EPI-X4 derivatives with increased plasma stability and reduced size (<1000 Da) were developed, that antagonize CXCR4 and inhibit CXCR4 tropic HIV-1 infection in the low nanomolar range (Harms et al. [2020a,](#page-14-0) [b](#page-14-0); Sokkar et al. [2021;](#page-18-0) Zirafi et al. [2015\)](#page-20-0). The optimized EPI-X4 derivatives WSC02 and JM#21 were successfully tested in preclinical mouse models of Waldenström's macroglobulinemia (a CXCR4 linked disease with constitutive overactivation of the receptor) and acute myeloid leukemia (Kaiser et al. [2021](#page-14-0)), as well as atopic dermatitis, and allergic asthma (Harms et al. $2020a$, [b](#page-14-0)). Currently, they are evaluated as antiviral agents against

CXCR4-tropic HIV-1 in humanized mice. The small size of some improved EPI-X4 with molecular weights below 1000 Da might also pave the way for future oral administration (Sokkar et al. [2021\)](#page-18-0).

5.3.3 Other CXCR4 Ligands

CXCL12 was long-thought to be the only chemokine ligand of CXCR4. In 2007, however, the lymphokine macrophage migration inhibitory factor (MIF) was reported as novel interaction partner for CXCR4 and CD74 (Bernhagen et al. [2007\)](#page-11-0). However, in contrast to CXCL12, addition of MIF to HIV-1 infected cell cultures promoted viral replication independently of coreceptor usage (Regis et al. [2010](#page-17-0)), demonstrating that MIF does not inhibit CXCR4-tropic HIV-1 strains.

Ubiquitin is a small regulatory protein found in most human tissues (Mayor and Peng [2012\)](#page-15-0). Extracellular ubiquitin functions as an immune modulator with anti-inflammatory properties (Majetschak [2011\)](#page-15-0) and was shown to bind and agonize CXCR4 (Saini et al. [2010a,](#page-17-0) [b\)](#page-17-0). Similar to CXCL12, ubiquitin evoked signal transduction via CXCR4, and CXCR4-expressing cells migrated along a ubiquitin gradient (Saini et al. [2010a](#page-17-0), [b](#page-17-0)). However, ubiquitin did not inhibit CXCR4-tropic HIV-1 at concentrations up to 10 μM (Saini et al. [2011\)](#page-17-0). Since extracellular ubiquitin levels usually do not exceed concentrations of 10 nM (Majetschak [2011](#page-15-0)), it does most likely not contribute to the control of HIV-1 in vivo.

As discussed in Sect. [5.2.2](#page-2-0), LL-37 is an antimicrobial peptide which may also inhibit viral infections (Pahar et al. [2020](#page-16-0)). It has been reported that LL-37 affects CXCR4 distribution on the cell surface and its incorporation into lipid rafts (Wu et al. [2012](#page-19-0)). Interestingly, LL-37 induces CXCR4 signaling and internalization via interaction with an alternative binding site on the receptor, revealing it as a novel agonist for CXCR4 (Pan et al. [2018](#page-17-0); Podaza et al. [2020\)](#page-17-0). However, whether LL-37 binding to CXCR4 inhibits CXCR4-tropic HIV-1 infection is unclear.

Another host defense factor interacting with CXCR4 is the human β-defensin-3 (hBD-3) (Feng et al. [2006](#page-13-0), [2013\)](#page-13-0). hBD-3 acts as CXCR4 antagonist and inhibits CXCL12-induced receptor signaling and chemotaxis toward CXCL12. It has been reported that hBD-3 also reduces the infection by CXCR4-tropic HIV-1 in vitro, albeit only at high concentrations $(20 \mu g/ml)$ that may not be reached in the human body (Feng et al. [2013;](#page-13-0) Sun et al. [2005\)](#page-18-0).

More recently, the chemokine CXCL17 was described as novel ligand of CXCR4 (White et al. [2019,](#page-19-0) [2021](#page-19-0)). CXCL17 is expressed by mucosal tissues where it is presumably involved in innate immune response and angiogenesis (Burkhardt et al. [2012\)](#page-11-0). CXCL17 inhibits CXCR4-mediated signaling and ligand binding via glycosaminoglycan-containing accessory protein. If CXCL17 also has an impact on CXCR4-tropic HIV-1 and contributes to HIV-1 pathogenesis remains to be determined.

5.4 Chemokine Ligands of CCR5 Inhibit CCR5-Tropic HIV-1

C–C chemokine receptor type 5 (CCR5) is a GPCR possessing the typical seven transmembrane helical structure of all GPCRs. It is expressed on cells of the immune system including helper and effector T lymphocytes and antigen-resenting cells. CCR5 and its chemokine ligands are involved in immune regulation and inflammatory processes and have been associated with the pathogenesis of several inflammatory diseases (Vangelista and Vento [2018\)](#page-18-0). CCR5 targeting strategies gained significant interest and the small molecule CCR5 antagonist Maraviroc has been approved by the FDA for HIV-1 treatment (Lieberman-Blum et al. [2008\)](#page-15-0).

CCR5 interacts with several chemokines and most of them have been reported to inhibit infection by CCR5-tropic HIV-1. The first chemokines that were described to block HIV-1 infection were the CD8 T cell derived inflammatory proteins CCL3 (MIP-1β, i.e., macrophage inflammatory protein 1 beta), CCL4 (MIP-1 α), the respective isoforms CCL3L1 and CCL4L1, and CCL5 (RANTES, i.e., regulated on activation, normal T expressed and secreted) (McBrien et al. [2018](#page-15-0)). It was later discovered that also CCL2, CCL7, CCL8, CCL11, CCL13, CCL14, and CCL16 are ligands for CCR5, of which CCL7, and the latter two were the only ones not reported to reduce CCR5-tropic HIV-1 infection (Blain et al. [2007;](#page-11-0) Blanpain et al. [1999;](#page-11-0) Detheux et al. [2000\)](#page-12-0). Among all CCR5 chemokine ligands, CCL3, CCL4, truncated versions of CCL14 (see below) and in particular CCL5 most efficiently inhibit CCR5-tropic HIV-1 (Blanpain et al. [1999;](#page-11-0) Detheux et al. [2000;](#page-12-0) Münch et al. [2002\)](#page-16-0). As discussed above for CXCR4/CXCL12, inhibition of CCR5-tropic HIV-1 by chemokines involves two distinct mechanisms: (1) downmodulation of the CCR5 receptor from the cell surface, and (2) sterically hindrance of CCR5 interaction with the viral glycoprotein gp120 (Alkhatib et al. [1997;](#page-11-0) Blanpain et al. [1999](#page-11-0); Cocchi et al. [1995;](#page-12-0) Oberlin et al. [1996](#page-16-0)). Although native CCR5-chemokines are described to bind to G-protein coupled CCR5 with high affinity, they appear to have low affinity to the uncoupled receptor. In contrast, CCR5-tropic HIV-1 interacts with its coreceptor independently of coupled G-protein. This difference might limit antiviral activity of native chemokines and explain why CCR5-tropic HIV-1 persist despite high chemokine production at inflammatory sites (Brelot and Chakrabarti [2018](#page-11-0)).

Another CCR5 ligand, CCL14, is converted into an active chemokine by proteolytic processing (Detheux et al. [2000\)](#page-12-0). Full-length CCL14 is a weak ligand for CCR1 and lacks potent chemotactic activity (Tsou et al. [1998\)](#page-18-0). It is a 74 amino acid protein that shares $~46\%$ sequence identity with CCL3 and CCL4 (Detheux et al. [2000\)](#page-12-0). A truncated form of CCL14, termed CCL14[9–74], was isolated from human hemofiltrate and shown to be a potent CCR1 and CCR5 agonist that blocks CCR5-tropic HIV-1 (Detheux et al. [2000\)](#page-12-0). CCL14[9–74] targets the second extracellular loop (ECL-2) of CCR5, induces CCR5 internalization, and inhibits CCR5-tropic HIV-1 strains in primary T cells and macrophages (Münch et al. [2002](#page-16-0)). CCL14[9–74] promotes calcium flux and migration of T lymphocytes, eosinophils, and monocytes (Münch et al. [2002\)](#page-16-0).

β-chemokine mRNA expression is markedly upregulated in HIV-1 infected patients (Trumpfheller et al. [1998](#page-18-0)) and genetic variations in CCR5 ligands or copy numbers might be linked to progression to AIDS (Brelot and Chakrabarti [2018\)](#page-11-0). Also, it has been suggested that decreased CCL5-sensitivity of CCR5-tropic primary HIV-1 isolates correlates with CD4+ T cell decline and disease progression in infected patients (Karlsson et al. [2004;](#page-14-0) Kwa et al. [2003\)](#page-14-0). However, findings are debated and it is presently unclear, if the direct inhibition of CCR5-tropic HIV-1 by respective chemokines influences the course of HIV-1 infection (Brelot and Chakrabarti [2018\)](#page-11-0).

Based on the anti-HIV-1 activity of natural chemokine ligands, several groups developed analogues of CCL5 to treat or prevent HIV-1 infection. To avoid receptor mediated signaling that could lead to adverse effects, initial studies focused on the design of CCR5 antagonists. It has been shown that the N-terminus of CCL5 is critical for receptor interaction and signaling (Choi et al. [2012\)](#page-12-0). One of the first CCL5-derived therapeutic peptides was CCL5(9–68). Deletion of the first eight N-terminal amino acids abrogated the signaling function but also reduced binding efficiency to CCR5 (Arenzana-Seisdedos et al. [1996\)](#page-11-0). A second strategy for eliminating agonistic functions of CCL5 was the extension of the N-terminus by a methionine residue. Since [Met]CCL5 showed no agonistic activity, CCL5-derivatives were generated with N-terminal modifications mimicking the hydrophobic nature of methionine (Gaertner et al. [2008;](#page-13-0) Kawamura et al. [2004;](#page-14-0) Lederman [2004;](#page-15-0) Mack et al. [1998;](#page-15-0) Wilken et al. [1999\)](#page-19-0). One of those derivatives was [5P12]CCL5, which revealed no calcium signaling activity and did not induce receptor internalization (Gaertner

et al. [2008;](#page-13-0) Nedellec et al. [2011\)](#page-16-0). [5P12]CCL5 protected rhesus macaques against vaginal challenge with simian/human immunodeficiency virus (SHIV) (Veazey et al. [2009\)](#page-18-0) and successfully surpassed pharmacokinetic studies in a sheep model following vaginal administration (McBride et al. 2017). In addition, [5P12]CCL5, demonstrated unusually high thermal and biological stability and could be produced at low-cost (Cerini et al. [2016](#page-12-0), [2017;](#page-12-0) McBride et al. [2017\)](#page-15-0). Therefore, the construct is currently further developed as vaginal and rectal microbicide for prevention of sexual HIV-1 transmission (McBride et al. [2017](#page-15-0), [2019a,](#page-15-0) [b](#page-15-0)).

Other studies focused on new CCL5-derived therapeutic molecules, including other N-terminally modified variants (Hartley et al. [2003;](#page-14-0) Nardese et al. [2001\)](#page-16-0), polymer-conjugated derivatives (Shao et al. [2005\)](#page-18-0), or other derivatives of the endogenous sequence (Nishiyama et al. [1999;](#page-16-0) Secchi et al. [2012](#page-18-0); Vangelista et al. [2006;](#page-18-0) Vyroubalova et al. [2006](#page-19-0)). One of those peptides [5P7]CCL5 has been used to determine a crystal structure of CCR5 in complex with the modified chemokine analogue showing occupation of all gp120 binding sites within the receptor (Zheng et al. [2017](#page-19-0)).

One concern of using chemokine-based therapeutic agents is their potential pro-inflammatory activity, which could lead to detrimental chronic activation of the immune system (Baggiolini [2001\)](#page-11-0). In addition, immune activation might lead to increased susceptibility of activated T cells to HIV-1 infection (Kinter et al. [1998\)](#page-14-0). Another point to consider is the broad specificity for different chemokine receptors for most of the CCR5 ligands. CCL5 additionally interacts with CCR1, CCR3, and GPR75, what might lead to unwanted therapy-related effects. Due to the lack of CCR5 signaling, high stability and tolerability in preclinical studies, [5P12]CCL5 might be a good candidate for further development as microbicide for the prevention of HIV-1 infection. However, despite 25 years of research, none of the chemokine derivatives successfully passed through phase II/III trials or were approved for the therapy of HIV-1/AIDS.

5.5 CysC Fragments Inhibit GPR15-Mediated HIV-2 and SIV Infection

The basic entry mechanism of HIV-1, HIV-2, and SIVs are highly similar but the latter show broader coreceptor usage. As described above, HIV-1 almost exclusively utilizes CCR5 and/or CXCR4. In comparison, HIV-2 frequently also uses the CXC-chemokine receptor 6 (CXCR6) and G protein-coupled receptor 15 (GPR15) in addition to CCR5 and CXCR4 for viral entry (Gilbert et al. [2003](#page-13-0); Mörner et al. [1999](#page-15-0); Popper et al. [1999](#page-17-0); Reeves et al. [1999](#page-17-0)).

GPR15 has been proposed to be a key player in mucosal immunity as it is supposedly involved in the homing and trafficking of T cells to the inflamed mucosa of the gut (Fischer et al. [2016;](#page-13-0) Nguyen et al. [2015;](#page-16-0) Suply et al. [2017](#page-18-0)). It is a GPCR with a molecular weight of $~40.8$ kDa expressed by e.g. lymphocytes, endothelial cells and synovial macrophages (Cartwright et al. [2014;](#page-12-0) Clayton et al. [2001;](#page-12-0) Pan et al. [2017\)](#page-17-0). In addition to its physiological functions, GPR15 is an entry cofactor for HIV-2 and SIVs (Kiene et al. [2012;](#page-14-0) Unutmaz et al. [1998](#page-18-0)). In a recent study, C-terminal fragments of the abundant plasma protein Cystatin C, e.g. CysC95-146 (5914 Da), were identified as specific, neutral ligands of GPR15 that prevent lentiviral infections via this GPCR (Hayn et al. [2021\)](#page-14-0). Cystatin C is small, basic protein expressed by all nucleated cells in the human body at constant rates (Grubb et al. [1985;](#page-13-0) Onopiuk et al. [2015](#page-16-0); Zi and Xu [2018](#page-20-0)). In healthy individuals, Cystatin C plasma levels are ~ 0.1 μM, however, they can reach up to 0.5–0.7 μM under conditions of uremia and inflammation (Abrahamson et al. [1986\)](#page-10-0). Notably, the plasma levels of CysC are increased in HIV infected individuals and decrease with the initiation of cART (Longenecker et al. [2015](#page-15-0)).

Antiviral Cystatin C fragments can be generated by proteolytic digestion of CysC with the proteases Cathepsin D, chymase, and Napsin A (Hayn et al. [2021\)](#page-14-0). In vivo, these proteases are either secreted by specialized granules or lysosomal exocytosis during immune responses and activated under acidic conditions (Okajima [2013;](#page-16-0) Rodríguez et al. [1997](#page-17-0); Yamamoto et al. [2012\)](#page-19-0). The generation of these GPR15-specific peptides shows parallels to the generation of the CXCR4 antagonist EPI-X4 (Sect. [5.3.2](#page-5-0)) from serum albumin by cathepsin D and E under acidic conditions (Zirafi et al. [2015](#page-20-0)), as well as the CCR5 agonist (CCL14[9–74]) from CCL14 (Detheux et al. 2000b; Münch et al. [2002](#page-16-0)). It is therefore tempting to speculate that these GPCR-targeting peptides are locally generated and cooperate to inhibit GPR15-, CXCR4-, and CCR5-mediated lentiviral infection. SIVs are most likely infecting primate species for millions of years (Compton et al. [2013](#page-12-0); Gifford et al. [2008\)](#page-13-0) and the presence of such endogenous peptides might have been a driving force for promiscuous coreceptor usage.

In 2017, Suply et al. reported the discovery of a chemokine ligand of GPR15, a peptide they termed GPR15L (Suply et al. [2017\)](#page-18-0). GPR15L is a polypeptide consisting of 57 amino acids which is expressed in the colon, stomach, tonsils, skin, and the cervix in humans (Suply et al. [2017\)](#page-18-0). GPR15L affects downstream pathways upon binding to GPR15 (Ocón et al. [2017;](#page-16-0) Suply et al. [2017](#page-18-0)) but fails to inhibit GPR15-dependent infection by lentiviral pathogens (Hayn et al. [2021\)](#page-14-0). This was unexpected since the agonistic chemokine ligands of CCR5 and CXCR4, e.g. CCL5 and CXCL12, inhibit CCR5- or CXCR4-tropic HIV infection, respectively (Bleul et al. [1996](#page-11-0); Mosier et al. [1999](#page-16-0); Oberlin et al. [1996](#page-16-0)). Conversely, antivirally active, C-terminal CysC peptides do not induce GPR15 signaling, making them neutral ligands of this GPCR (Hayn et al. [2021](#page-14-0)). These findings show that endogenous peptide ligands may prevent a detrimental activity of a GPCR (e.g., virus entry) without compromising its physiological signaling function.

5.6 VIRIP Blocks Fusion Peptide Insertion into the Cell Membrane

Many viral glycoproteins utilize hydrophobic fusion peptides as membrane anchors (Albertini et al. [2012](#page-10-0); Söllner [2004](#page-18-0); White et al. [2009\)](#page-19-0). Upon exposure, those 20–30 amino acid, nonpolar domains perturbate the proximal layer of its target cell membrane (Agirre et al. [2000;](#page-10-0) McMahon and Gallop [2005\)](#page-15-0). FPs are enriched in hydrophobic and aromatic amino acids. In almost all FP sequences repetitive patterns of two to four hydrophobic amino acids connected by glycine are found (Epand [2003](#page-12-0)). Fusion peptides mediate an essential step during host cell entry, which makes them useful targets for therapeutic approaches (Badani et al. [2014;](#page-11-0) Fumakia et al. [2016;](#page-13-0) Vigant et al. [2015\)](#page-18-0).

VIRIP (VIRus-Inhibitory Peptide) is a 20 amino acid fragment of α 1-AT (α 1antitrypsin). It blocks HIV-1 entry by binding to the gp41 FP, preventing the insertion of the FP into the cellular membrane and consequently the viral anchoring and fusion process. The antiviral peptide was identified by screening of a human hemofiltrate library and found to inhibit a wide variety of HIV-1 strains (Münch et al. [2007\)](#page-16-0). Full-length α1-AT can reach plasma concentrations of up to 250 μM during infection or inflammation (Brantly et al. [1988\)](#page-11-0). VIRIP is produced by the proteolytic digest of α 1-AT by matrix metalloproteases and enriched in the plasma of HIV-1 patients during acute viremia (Kramer et al. [2010](#page-14-0)). Notably, a HIV-1-infected patient with severe α 1-AT deficiency showed very rapid progression to AIDS (Potthoff et al. [2007\)](#page-17-0) suggesting that $α1-AT$ or VIRIP may contribute in suppressing HIV-1 replication.

The unique mode of action and high barrier to resistance made VIRIP an interesting candidate for further development. A structure activity study resulted in the generation of optimized VIRIP derivatives, such as VIR-576, with IC_{50} values of 10–50 nM, which is about two orders of magnitude more potent than endogenous VIRIP (Münch et al. [2007\)](#page-16-0). The increased antiretroviral efficacy is due to additional hydrophobic residues enhancing its interaction with the gp41 FP and a cysteine bridge stabilizing the active conformation (Münch et al. [2007;](#page-16-0) Venken et al. [2011](#page-18-0)) VIR-576 was safe and efficient in a phase I/II trial and reduced the mean plasma viral loads by 1.23 log10 copies per ml without causing severe adverse effects (Forssmann et al. [2010\)](#page-13-0). The genetic barrier for HIV-1 to overcome VIRIP mediated restriction is very high. During longterm passage of HIV-1 for more than 1 year with increasing concentrations of VIR-353 on MT-4 cells, resistance was achieved but associated with strongly reduced viral fitness (Gonzalez et al. [2011](#page-13-0); Müller et al. [2018\)](#page-16-0). Despite high efficacy in vitro, treatment with VIR-576 required infusion of large amounts of the peptide in vivo. Proteolytic degradation, tissue distribution, and/or absorption to the extracellular matrix or serum components may reduce the efficacy of VIR-576 in patients (Forssmann et al. [2010\)](#page-13-0). However, this study provided evidence that endogenous peptides can be optimized and suppress viral loads and established the HIV-1 FP as therapeutic target. Studies to generate VIRIP derivates with further increased antiviral activity and improved pharmacokinetic properties are ongoing.

5.7 Conclusions and Perspectives

HIV-1 entry into target cells is a complex multistep process involving attachment, coreceptor binding, anchoring, and fusion. Essentially each step can be inhibited by (poly)peptides naturally existing in the human body. Defensins, retrocyclin and VIRIP directly target the virion and may prevent CD4 binding and viral fusion with the host cell. In comparison, chemokines and other GPCR ligands (EPI-X4, CysC fragments) inhibit entry through occupation and/or downregulation of the viral coreceptors. These endogenous antiviral factors may play important roles in the innate immune response against HIV-1. However, their contribution in controlling viral transmission and replication remains to be clarified. Notably, some of these peptides are generated by proteolytic processing of abundant precursor proteins with non-related function and inhibit HIV-1 entry by novel and unexpected mechanisms: Degradation of the protease inhibitor Cystatin C results in fragments that specifically bind GPR15 without agonizing or antagonizing the receptor but preventing GPR15-mediated infection. VIRIP is released from the acute phase protein α1 antitrypsin and blocks HIV-1 fusion by preventing the insertion of the viral fusion peptide into the cellular membrane. EPI-X4, a highly specific CXCR4 antagonist, is produced by processing of human serum albumin, the most abundant protein in the circulation and extravascular space. The common principle underlying the generation of these peptides is a low pH trigger, which activates acidic proteases that release the effector peptide. These endogenous viral entry inhibitors are particularly promising for development as drugs for HIV-1/ AIDS or GPCR-linked diseases, because they are already evolutionarily optimized to perform their respective function(s) in humans. Furthermore, improved derivatives thereof should be better tolerated and are less immunogenic than those based on foreign antigens. Moreover, EPI-X4 and VIRIP are relatively small peptides and hence easy to modify by means of peptide synthesis and/or chemical modifications allowing to develop analogs with improved bioavailability and pharmacokinetic properties.

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