

Potassium Role in Plants' Response
to Abiotic Stresses

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Abstract

Among the plant nutrients, potassium (K^+) is one of the vital elements required for plant growth and physiology, along with nitrogen (N) and phosphorus (P). K^+ is a cation present in plants in concentrations ranging from 50 to 150 mM in the liquid parts, the cytoplasm, and the vacuole. The concentration of K^+ in the cytoplasm is usually constant about 50 mM, while the concentration in the vacuole may vary quite substantially. It is a component of the plant structure, but also has a regulatory function in several biochemical processes related to protein synthesis, carbohydrate metabolism, and enzyme activation. Numerous physiological processes depend on K^+ , such as stomatal regulation and photosynthesis. In recent decades, K^+ was found to provide abiotic stress tolerance mechanisms, e.g., enzyme activation, protein synthesis, photosynthesis, stomatal movement, turgor regulation, and osmotic adjustment. It also functions in plant signaling systems which assist in defending some stresses by activating antioxidant defense systems. K^+ accumulation in plants before stress events such as water deficiency, lodging, cold stress, and salinity stress is a survival strategy for the plant. K^+ is needed at high concentrations inside the plants from early stages of vegetative growth phase. High internal K^+ concentration can reduce extreme sudden environmental events like cold, frost, late season rains, salinity stress, and heat waves. The whole structure of proteins and protein activity need high concentrations of K^+ in the cytosol for optimum plant functions. Yet, to survive osmotic stress and unusual physical burden, prior accumulation of K^+ was shown

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S. K. Bansal Potash Research Institute of India, Gurgaon, Haryana, India to reduce the damage to plants. Proper use of K^+ with other nutrients helps to achieve sustainable productivity and quality of crops and guarantee nutritional food security for animals and humans.

Keywords

Potassium · Abiotic stress · Tolerance

2.1 Introduction

Abiotic stress is defined as environmental conditions that decrease crop growth and yield below optimum levels (Asada et al. [2000](#page-19-0)). It hampers plant productivity by changing plant growth patterns and physiological responses (Asada et al. [2000\)](#page-19-0). Most cultivated crops undergo abiotic stress or combination of more than one kind of stress through their growth cycle (Asada et al. [2000\)](#page-19-0). Combination of different stresses is becoming more common, for example, drought and high temperature are the most common stress combination (Asada et al. [2000](#page-19-0)), while in arid and semiarid regions, salinity and high temperature stresses may occur at the same time. These complex stresses generate changes in cropping patterns, crop agricultural practices, and, sometimes, the extinction of plant species (Asada et al. [2000;](#page-19-0) Vranová et al. [2002\)](#page-24-0).

Food production must be increased by up to 100% by the year 2050 to meet the nutritional needs of the increasing world population (Asada et al. [2000\)](#page-19-0). The area of agricultural lands is very limited and has been declining all over the world; thus, the desirable increases in food production must be achieved on the already cultivated land. However, there is a global decrease in soil productivity and fertility due to degradation and intensive use of soils without consideration of proper soilmanagement practices (Asada et al. [2000;](#page-19-0) Vranová et al. [2002\)](#page-24-0). Insufficient and unbalanced mineral nutrient supply and reduced soil fertility are distinct problems, leading to a decrease in global food production, particularly in the developing countries. It is estimated that about 60% of cultivated soils have growth-limiting difficulties associated with mineral deficiencies and toxicities (Asada et al. [2000\)](#page-19-0).

To sustain food security, there is a great need to minimize the harmful effects of abiotic stresses on crop production. Part of the solution can be achieved with balanced supply of mineral nutrients and maintaining soil fertility. This chapter deals with K^+ roles in reducing the negative effects of abiotic stress on crop production.

2.2 Potassium in the Soil

Potassium (K^+) contains an average of 2.6% of the earth's crust, making it the seventh most abundant element and the fourth most abundant mineral nutrient in the lithosphere (Asada et al. 2000 ; Vranová et al. 2002). K⁺ is a vital element of plant

Fig. 2.1 Dynamics between the various K phases in soil, from Bertsch and Thomas ([1985\)](#page-20-0)

nutrition and is the second largest nutrient assimilated by plants after nitrogen (Asada et al. 2000). The amount of K^+ in a given soil reflects the parent materials of the soil, weathering degree, and volume of K fertilizer added, minus losses due to crop removal, soil erosion, and leaching. Crop removal and fertilization are highly important factors in cultivated soils. Cultivating practices used around the world have a strong effect on K^+ levels in soils. Any time the crop vegetative portion is removed; a large increase in K^+ is expected to be removed as well. In some livestock operations, manure is returned to the soil, which significantly reduces the loss. Where this is not the case, K^+ removal is so large that even the best endowed soils cannot withstand the loss forever (Asada et al. [2000](#page-19-0); Vranová et al. [2002](#page-24-0)).

Potassium availability and spatial distribution in agricultural soils are affected by many agro-environmental factors (Biehler and Fock [1996](#page-20-0); Cakmak [2000\)](#page-20-0). However, not all K forms are readily available for plants. It is commonly recognized that K^+ occurs in soil in four forms: water soluble, exchangeable, non-exchangeable, and structural (Asada et al. [2000](#page-19-0)). There is a dynamic equilibrium reaction among the K^+ different forms that control the release and/or fixation of K^+ according to soil biogeochemical properties and processes (Asada et al. [2000](#page-19-0); Vranová et al. [2002\)](#page-24-0). Hence, soil K^+ form distribution is affected by different agro-environmental factors, such as soil parent materials (Biehler and Fock [1996;](#page-20-0) Cakmak [2000\)](#page-20-0), soil weathering degree (Asada et al. [2000\)](#page-19-0), topography (Asada et al. [2000;](#page-19-0) Vranová et al. [2002](#page-24-0)), and nutrient balance (Bertsch and Thomas [1985](#page-20-0)).

The readily available K^+ for plant nutrition exists in the soil solution. K^+ concentration in the soil solution is very low at any time; therefore, the replacement of the solution from other K-bearing phases is of great importance in determining a soil's K fertility status. Once K^+ is released to solution, it diffuses into the roots to ensure normal plant uptake. This diffusion process is reliant on several factors, such as soil water content, tortuosity of the diffusion path, temperature, K^+ diffusion coefficient in water, and K^+ concentration gradient. Plants take up relatively high amounts of K^+ , thus rapidly reducing the K^+ concentration in the root zone (Fig. 2.1) (Biehler and Fock [1996;](#page-20-0) Cakmak [2000\)](#page-20-0). K cycle in the soil is shown in Fig. [2.2.](#page-3-0)

Fig. 2.2 K cycle in soil (IPI website: https://www.ipipotash.org/)

2.3 Potassium Role in Plants

Potassium is an essential nutrient and the most abundant cation in plants. K^+ is a unique plant nutrient as it occurs solely in the free ion form (Asada et al. [2000\)](#page-19-0). In sufficiently supplied plants, K^+ may make up about 6% of plant dry matter or concentrations of around 200 mM (Asada et al. [2000](#page-19-0); Vranová et al. [2002\)](#page-24-0). Highest K⁺ concentrations are found in young developing tissues and reproductive organs indicative of its high activity in cell metabolism and growth. K^+ activates numerous enzymes including those involving energy metabolism, protein synthesis, and solute transport (Biehler and Fock [1996](#page-20-0); Cakmak 2000). Other processes where K^+ is found to be involved include stomatal movement, osmoregulation and cell extension, photosynthesis, and phloem loading and transport and uptake (Cakmak [2000;](#page-20-0) Choi et al. 2002). K^+ is needed in the plant cells for maintaining transmembrane voltage gradients for cytoplasmic pH homeostasis and in the transport of inorganic anions and metabolites (Asada et al. 2000). K^+ is the dominant cation in longdistance transport within the xylem and phloem saps, neutralizing inorganic and organic anions, giving high K^+ mobility throughout the whole plant (Asada et al. 2000 ; Vranová et al. 2002). K⁺ uptake and accumulation by plant cells is the main driving force for cells' osmotic expansion (Biehler and Fock [1996](#page-20-0); Cakmak [2000\)](#page-20-0).

The most common symptom of K^+ deficiency is chlorosis along leaves edges, also known as leaf margin scorching. Chlorosis occurs first in older leaves, due to the high rate of K^+ allocation from mature tissues to developing tissues. First, the growth rate is decreasing (known as hidden hunger), and only later chlorosis and necrosis appear in the older leaves. Because K^+ is required in photosynthesis and protein synthesis, K⁺-deficient plants will have slow and stunted growth. In some crops, stems become weak and lodging incidences increase. Seed and fruit size and their production quantity are reduced. Plants with K^+ deficiency demonstrate turgor decrease and become flaccid under water stress, especially during midday hours (Choi et al. [2002](#page-20-0); Cakmak [2000\)](#page-20-0).

Potassium also contributes to the survival of plants exposed to various abiotic stresses (Asada et al. [2000\)](#page-19-0). Potassium plays vital roles in contributing to the survival of crop plants under environmental stress conditions and many physiological processes, such as protein synthesis, energy transfer, enzyme activation, photosynthesis and translocation of photosynthates into sink organs, osmoregulation, stomatal movement, phloem transport, cation-anion balance, and stress resistance and reducing excess uptake of ions such as Na and Fe in saline and flooded soil (Asada et al. [2000;](#page-19-0) Vranová et al. [2002](#page-24-0)).

2.4 Potassium Role in Response to Abiotic Stress

Increasing events of drought and other abiotic stresses rising from loss of soil fertility and global warming will require a specifically high supply of K^+ for crop stress reduction (Biehler and Fock [1996](#page-20-0); Cakmak [2000](#page-20-0)). During their evolution, plants have developed a wide range of tolerance mechanisms to cope with a variety of stressed conditions. Increasing evidence suggests that mineral nutrients play a vital role in plant stress tolerance (Cakmak [2000](#page-20-0); Choi et al. [2002](#page-20-0)). Out of all these mineral nutrients, K^+ plays a particularly important role in plant growth and metabolism, and it significantly contributes to plant survival under various biotic and abiotic stresses. The importance of K^+ fertilizers to the establishing crop production and quality is known. As a result, potash consumption has increased dramatically in most areas of the world (Asada et al. [2000](#page-19-0)).

2.4.1 Drought

Most crops will be exposed to water shortages at some point during their growing season, resulting in numerous harmful effects on plant growth. Drought stress mitigation is therefore an essential aspect of crop management (Asada et al. [2000;](#page-19-0) Vranová et al. 2002). Maintaining sufficient K^+ status in the plant is vital for drought adaptation (Biehler and Fock [1996](#page-20-0); Cakmak [2000\)](#page-20-0), and there is increasing evidence that plants under drought conditions have a higher internal K^+ requirement (Cakmak 2000 ; Choi et al. 2002). Simultaneously, plants' K⁺ uptake is significantly decreased by drought stress (Marschner et al. [1996](#page-22-0)). This reduction is due to both decreased K^+

Fig. 2.3 Net photosynthesis of wheat leaves subjected to varied drought stress and K supply, from Cakmak ([2000\)](#page-20-0)

mobility in the soil and reduced transpiration rate and impaired activity of root membrane transporters (Asada et al. [2000\)](#page-19-0).

The reason for the enhanced need for K^+ by plants suffering from abiotic stresses is related to the fact that K^+ is required to maintain photosynthetic CO_2 fixation. High K^+ has also been linked to maintaining optimum pH values in the chloroplasts' stroma and optimal function of photosynthetic mechanisms (Asada et al. [2000;](#page-19-0) Vranová et al. 2002). Water-stressed chloroplasts were showing increased K^+ leakage, resulting in additional photosynthesis suppression (Fig. 2.3) (Biehler and Fock [1996;](#page-20-0) Cakmak [2000\)](#page-20-0). When water-deficit stressed plants were supplied with higher than optimum quantities of K^+ , they were able to maintain efficient photo-synthetic activity (Cakmak [2000](#page-20-0); Choi et al. [2002](#page-20-0)) and contained higher K^+ concentrations compared to plants which received optimal quantities of water (Marschner et al. [1996\)](#page-22-0). This can be explained by K's ability to maintain $CO₂$ assimilation rates by regulating stomatal function and balancing cell water relations (Asada et al. [2000\)](#page-19-0).

Potassium accumulation plays a crucial role in osmotic regulation, contributing on average between 35% and 50% of the cell osmotic potential in crops (Asada et al. [2000;](#page-19-0) Vranová et al. [2002](#page-24-0)). Biehler and Fock ([1996\)](#page-20-0) and Cakmak [\(2000](#page-20-0)) reported that in wheat, differences in shoot K^+ content were 84% of the difference in osmotic adjustment among K-sufficient genotypes, while in plants lacking K^+ fertilization, K^+ accumulation in leaves was only 17–28% of osmotic adjustment. K fertilization was found to increase osmotic adjustment and improved water relations in a wide range of crops (Cakmak [2000;](#page-20-0) Choi et al. [2002\)](#page-20-0).

The K^+ status of the plant also influences on the plant's ability to extract water from the soil. Plants supplied with sufficiently amounts of K^+ can utilize the soil moisture more effectively than K^+ -lacking plants (Marschner et al. [1996](#page-22-0)). K^+ application was found to enhance cell elongation, the key of plant growth. Cell elongation is initiated by wall relaxation, leading to osmotic potential-driven water

uptake and turgor-driven cell expansion (Asada et al. [2000](#page-19-0)). Enhanced cell expansion and growth set up a pressure gradient between the root and its surrounding which increases water uptake (Asada et al. [2000](#page-19-0); Vranová et al. [2002\)](#page-24-0), which might help the plant keep drawing water when the soil is getting dryer.

2.4.2 Cold Stress

Temperature is an important factor determining plants' geographical distribution in an optimal environment for their survival and development (Biehler and Fock [1996;](#page-20-0) Cakmak [2000\)](#page-20-0). Cold stress (<20 $^{\circ}$ C) occurs when low temperatures affect cellular macromolecules, which results in slowing down of metabolism, cell membrane solidification, and losing membrane functions (Cakmak [2000](#page-20-0); Choi et al. [2002\)](#page-20-0). Abrupt changes in the plant's environment result in slower growth and reduced yield due to resource shifting from reproductive processes to metabolic process, in order to attain tolerance (Marschner et al. [1996](#page-22-0)). Cold stress symptoms include wilting, chlorosis, leaf expansion, and growth reduction (Marschner and Cakmak [1989\)](#page-22-0), which may further develop to necrosis, reduced development of reproductive components, and hindered seed and pod development in sensitive species (Asada et al. [2000](#page-19-0)). The combination of all these mentioned factors ultimately leads to crop yield reduction.

Plants perform better when exposed to cold stress, when their K concentration is in the range of what Asada et al. [\(2000](#page-19-0)) and Vranová et al. ([2002\)](#page-24-0) described as "luxury consumption concentration range." Biehler and Fock [\(1996](#page-20-0)) and Cakmak (2000) (2000) proposed that K^+ accumulation by plants before stress initiation is not luxury but rather an "insurance strategy" to enable the plant to survive an unexpected environmental change (abiotic stress). Lack of K^+ in the early developmental stages of plant growth will affect the entire structure of the plant and may lead to lodging and frost damage in a higher ratio than expected from a healthy plant (Cakmak [2000;](#page-20-0) Choi et al. [2002](#page-20-0)). When temperatures decline (frost or chilling event), it causes a sudden change in the membrane fluidity. This change differs from cell to cell and dependent on the relative composition of various phospholipids (Marschner et al. [1996\)](#page-22-0). In general, low temperature stress has an effect on the membrane lipid fluidity and thus modifies the membrane structure (Marschner and Cakmak [1989\)](#page-22-0).

The balanced fatty acid ratio is involved as well in reducing plants' chilling sensitivity. High ratio between unsaturated and saturated fatty acids in the cell membrane makes the tissue more tolerant to low temperatures (Asada et al. [2000\)](#page-19-0). Asada et al. ([2000\)](#page-19-0) and Vranová et al. [\(2002](#page-24-0)) showed that additional K^+ in tomatoes, eggplants, and peppers led to maximum growth response and chilling tolerance. This response was associated with phospholipid increase, membrane permeability, and improving cells' biophysical and biochemical properties. Biehler and Fock [\(1996](#page-20-0)) and Cakmak (2000) (2000) studied the effect of increasing K^+ concentration on yield and chilling damage in the carnations. Stem brittle incidence percentage increased 5–6 weeks after cold night events (>8 °C), followed by clear sunny days. When $K⁺$ concentration in the irrigation water was increased, the weekly loss of broken

Fig. 2.4 Broken stems of carnation cv. White candy during the growing season on three on levels of K⁺ in irrigation water: filled circle 93; filled triangle 252; filled square 378 g K⁺ m⁻³. Source: Yermiyahu and Kafkafi ([1990\)](#page-24-0)

Potassium supply	Tuber yield	Potassium concentration	Leaf damage
$(kg ha-1)$	$(t \text{ ha}^{-1})$	$(mg (g dry wt)^{-1})$	(%)
0	2.39	24.4	30
42	2.72	27.6	16
84	2.87	30.0	

Fig. 2.5 Potassium supply influence on tuber yield, potassium concentration of leaves, and leaf frost damage in potato. Adapted from Asada et al. ([2000\)](#page-19-0)

stems was lower (Fig. 2.4). Likewise, Cakmak [\(2000\)](#page-20-0) and Choi et al. [\(2002](#page-20-0)) reported that high K applications could alleviate cold-induced yield reduction and increases in leaf damage in potato plants under field conditions (Fig. 2.5). K-deficient potato plants might be more vulnerable to frost; Marschner et al. ([1996\)](#page-22-0) reported that application of K^+ at high rates can efficiently increase frost tolerance of some frost-sensitive potato genotypes. Nitrogen (N) and K effect on two rice cultivars' spikelet sterility induced by low temperature at the reproductive stage was studied by Marschner and Cakmak [\(1989](#page-22-0)). Increasing the K^+ supply and the K:N ratio in the leaves reduced the spikelet sterility in one of the tested rice cultivars, but the effect was not clear in the second cultivar. The different response of the rice cultivars to chilling effects might be because they differ in the fatty acid composition of their root membranes.

High $K⁺$ content inside cells can increase frost tolerance by regulating osmotic and water potential of the cell sap and decreasing electrolyte leakage caused by low temperatures (Asada et al. [2000;](#page-19-0) Vranová et al. [2002\)](#page-24-0). Cold stress can also cause photooxidative damage to chloroplasts as a result of impairments in photosynthetic carbon (C) metabolism. Under cold stress, the absorbed light energy surpasses the

chloroplast capacity to utilize it in $CO₂$ fixation; instead, the excess energy is used to activate O_2 to reactive oxygen species (ROS) (Biehler and Fock [1996;](#page-20-0) Cakmak [2000\)](#page-20-0).

The main processes damaged by cold stress are the photosynthetic electron transport, rubisco activity, stomatal conductance, and $CO₂$ fixation (Cakmak [2000;](#page-20-0) Choi et al. [2002\)](#page-20-0). These cellular processes are also being negatively affected by K deficiency. Thus, when K supply is insufficient, low temperature-induced photooxidative damage can be worsened, leading to a further reduction of plant growth and yield. Supplying plants with high amounts of K may protect them against oxidative damage caused by cold stress (Marschner et al. [1996\)](#page-22-0). To summarize, high concentration of K in the tissue can decrease chilling damage and increase cold tolerance, resulting in increased yield production. Frost damage is negatively correlated to K concentration and can be significantly reduced with K fertilization (Marschner and Cakmak [1989\)](#page-22-0). High frost damage was observed in potatoes growing in soils with available K concentration of ≤ 114 ppm. This concentration might be the critical available K level for frost damage formation in potatoes and also can be used for K fertilizer recommendations (Grewal and Singh [1980](#page-21-0)).

2.4.3 Salinity Stress

Salinity stress is one of the major abiotic stresses that impact almost every aspect of plant physiology and biochemistry, resulting in yield reduction (Barnes et al. [1995\)](#page-19-0). Thus, it is a serious threat to agricultural productivity, especially in arid and semiarid regions (Asada et al. [2000](#page-19-0)). It has been estimated that 20% of total cultivated and 33% of irrigated agricultural lands worldwide are afflicted by salinity. Moreover, salinized areas are increasing at a rate of 10% annually. Additionally, brackish water is often used for irrigation, especially in dry climates, due to intensive use of scarce water resources, further increasing salinization of soils and groundwater (Asada et al. [2000;](#page-19-0) Vranová et al. [2002](#page-24-0)).

Sodium (Na⁺) and K nutrition impairment is a great indicator of salt-stressed plants. Thus, K:Na ratio is considered a useful way to estimate salt tolerance in plants (Biehler and Fock [1996](#page-20-0); Cakmak [2000\)](#page-20-0). Plants' ability to maintain high K^+ cytoplasmic levels is vital for their survival in saline environments (Cakmak [2000;](#page-20-0) Choi et al. 2002). In saline soils, Na⁺ concentration is usually higher than K⁺ and calcium (Ca^{2+}) , which can create a passive accumulation of Na⁺ in the plant (Marschner et al. [1996\)](#page-22-0). High Na⁺ levels can cause to Ca^{2+} relocation from the root membranes, changing their integrity and eventually affecting the selectivity of K^+ uptake (Marschner and Cakmak [1989\)](#page-22-0). Potassium uptake is regulating K^+ xylem loading (Barnes et al. [1995](#page-19-0)), suggesting that salinity interferes with K^+ translocation from the roots to the shoot, which results in a lower K^+ shoot content and a higher K^+ root content (Asada et al. [2000](#page-19-0)). Salinity inhibitory effects on K^+ uptake and relocation were found to be stronger when the K^+ concentration in the nutrient solution was low (Asada et al. [2000;](#page-19-0) Vranová et al. [2002\)](#page-24-0). Sodium toxicity happens as a result of Na⁺ competing with K^+ for enzyme activation and protein biosynthesis. Yet, it is not the

absolute concentration of Na⁺ by itself but rather the K^+ : Na⁺ ratio in the cytosol that controls the cells' metabolic capability and ultimately the plant's ability to survive in saline environments (Biehler and Fock [1996](#page-20-0); Cakmak [2000\)](#page-20-0). Numerous studies stated that the cytosolic K^{\dagger} :Na⁺ ratio plays an important role in salt tolerance of plants (Cakmak [2000](#page-20-0); Choi et al. [2002](#page-20-0)).

In breeding, selecting genotypes with high K:Na ratios can be a solution to minimize the negative effects on plants growing in saline soils (Marschner et al. [1996\)](#page-22-0). A wheat mutant was found to have high capability to accumulate K in the shoot. This mutant showed higher tissue hydration, seed germination, and seedling growth under growing NaCl concentrations, compared with other wheat genotypes (Marschner and Cakmak [1989](#page-22-0)). Arabidopsis mutant lines showing hypersensitivity to NaCl were found to be hypersensitive to low K supply as well. The high salt sensitivity was associated with very low capacity of the plants to take up K from the growth medium, showing again the importance of K nutrition in salt tolerance (Barnes et al. [1995](#page-19-0)). Similarly, tomato salt-hypersensitive mutants were found to have malfunctioning K uptake and had a reduced K nutrition (Fig. 2.6) (Zhao et al. [2001\)](#page-24-0). Asada et al. ([2000\)](#page-19-0) reported that salinity effect on the growth of maize plant was dependent on K^+ concentration in the growth medium. Salinity had no effect on root dry weight, but low K^+ concentration in the nutrient solution reduced shoot dry weight significantly. Asada et al. ([2000\)](#page-19-0) and Vranová et al. ([2002\)](#page-24-0) reported similar responses found in spinach. The differences in shoot growth between plants growing in low and high salinity levels were decreased as a response to an increasing K^+ concentration. Shoot/root ratio was lower when plants grew in 100 mmol/L NaCl, but the effect was significant only when the $K⁺$ concentration in the nutrient solution was low. These results highlights that sufficient K nutrition has a crucial role in

Fig. 2.7 NaCl and potassium concentration effect on shoot and root dry weight of 19-day-old maize plants. Each column represents the mean of four replicates. The error bars represent the standard error $(n = 4)$ (Marschner et al. [1996](#page-22-0))

alleviating the detrimental effects of salinity in plants (Biehler and Fock [1996;](#page-20-0) Cakmak [2000\)](#page-20-0) (Fig. 2.7).

2.4.4 Heat Stress

High temperature stress occurs when the temperature is higher than what was defined as temperature optimum range for plants (Marschner and Cakmak [1989\)](#page-22-0). Heat stress is a major environmental factor which poses limitations on plant growth, metabolism, and productivity all over the world. Plant growth and development include many biochemical responses which are sensitive to temperature (Barnes et al. [1995](#page-19-0)). Heat stress has a negative impact on different plant processes (e.g., growth, development, physiological) and yield (Zhao et al. [2001](#page-24-0)). Figure [2.8](#page-11-0) is showing the cell signaling associated with low K levels in plants. One of the major heat stresses results in excess production of ROS, which later causes an oxidative stress. Plant responses to heat stress are dependent on the degree and exposure to the stress and the plant type.

Potassium plays an important role in plant tolerance to heat stress. K^+ helps to activate numerous physiological and metabolic processes, e.g., photosynthesis, respiration, and nutrient homeostasis. Additionally, K⁺ enhances plant tissue's water potential, which aids in plant tolerance to high temperature stress (Asada et al. [2000\)](#page-19-0). Potassium functions as an osmolyte and assists in maintaining and regulating stomatal conductance and thus preventing cell damage (Asada et al. [2000;](#page-19-0) Vranová et al. 2002). ROS production was seen in plants with K^+ deficiency, which happened via photosynthetic electron transport pathways and NADPH oxidizing

Fig. 2.8 Cell signaling associated with low potassium levels in plants (Zhao et al. [2001\)](#page-24-0)

enzymatic reactions (Biehler and Fock [1996;](#page-20-0) Cakmak 2000). K^+ protects plants by assisting protein synthesis, participating in numerous enzymatic reactions and carbohydrate biosynthesis, and improving plant cells' water use efficiency. Under heat stress conditions, wheat heat tolerance was improved with potassium orthophosphate $(KH₂PO₄)$ foliar application, which protected the leaves from damage (Cakmak [2000;](#page-20-0) Choi et al. [2002\)](#page-20-0).

When losing significant K^+ quantity from the chloroplast, a decrease in photosynthesis is noticed. Applying K^+ in this case can assist plant cells to become more resilient to the heat stress by strengthening the photosynthetic capability. Foliar K^+ applications lead to increased photosynthate accumulation and translocation, and dry matter as well. Marschner et al. [\(1996](#page-22-0)) observed a decline in hydrogen peroxide activity after 21 days of heat stress, after applying foliar $KH₂PO₃$ and other nutrients (Fig. [2.9\)](#page-12-0), as part of improved response to heat stress. Heat stress can cause leaf senescence associated with oxidative stress caused by ROS production (like hydrogen peroxide). Reducing ROS overproduction during stress can reduce damage done to cellular components like lipids, protein, DNA, and RNA (Marschner and Cakmak [1989\)](#page-22-0).

2.4.5 Potassium and Lodging

The definition of lodging is stem dislocation from their standing position. Lodging can be partially reversible or permanent, depending on the bending degree. Lodging is more common to occur in cereal crops. There are two kinds of lodging: (1) stem lodging is defined as lower culm internode bending (Marschner et al. [1996](#page-22-0); Zhao

Fig. 2.9 Effect of nutrient foliar application on hydrogen peroxide activity in bentgrass. Bars indicate LSDs ($P = 0.05$) for treatment comparisons at a given day (Barnes et al. 1995)

et al. [2001](#page-24-0)) and (2) root lodging is defined when the plant is leaning from the crown due to insufficient root growth (Asada et al. [2000](#page-19-0)). Lodging loss is critical in heading and early grain development stages. Lodging is affected by combined effects of plant type and nutrient management and environmental and soil conditions (Asada et al. [2000;](#page-19-0) Vranová et al. [2002\)](#page-24-0). Lodging causes yield reduction and financial costs. For example, severe lodging happens once in 3–4 years in the UK and might result in yield losses in cereal crops and oilseed rape of 25–75%, depending on the lodging timing during the growing season (Biehler and Fock [1996](#page-20-0); Cakmak [2000\)](#page-20-0). Lodging also affects yield quality, as lodged crop grains are less likely to meet bread-making quality. The estimation for the UK is that lodging can lead to financial losses of 170 M \pounds in a severe lodging year (50 M \pounds on average), as a result of yield loss, lower grain quality, and higher grain drying costs (Cakmak [2000;](#page-20-0) Choi et al. [2002\)](#page-20-0). Lodging increases the risk of mycotoxin development in the grain (Marschner et al. [1996](#page-22-0)), which can be dangerous to animals and humans.

The stem diameter of K-deficient plants is smaller, which makes the plant more vulnerable to lodging. When K supply is insufficient, sclerenchyma fiber cells and woody parenchyma cells create thin and poorly lignified cell walls which decrease stem diameter (Marschner and Cakmak [1989\)](#page-22-0). Barnes et al. [\(1995](#page-19-0)) reported that

Fig. 2.10 Cross section of wheat internode with low (left) and high (right) K^+ nutrition (Kant and Kafkafi [2002](#page-22-0))

optimal K nutrition elevated the thickness of sclerenchyma tissue layers in rice. Wheat internode cross section (Fig. 2.10) shows that plants which received more K^+ have developed thicker stalk wall. Improved stem stability and thickness can be related to delayed aging of the pith parenchyma, and activation of general defense mechanism when K supply is optimal (Zhao et al. 2001). Adding K⁺ decreased senescent stalks and stalk lodging percentage in corn grown on K-deficient soils (Marschner et al. [1996;](#page-22-0) Zhao et al. [2001](#page-24-0)). Welch and Flannery [\(1985](#page-24-0)) reported that applying K^+ increased crushing strength and skin.

Potassium deficiency increases both transpiration and respiration rate and reduces photosynthesis, starch accumulation, and cell wall substances, e.g., holocellulose, which affect stem strength in rice. Potassium content in the culm basal part is highly correlated with the stem breaking strength, suggesting that adequate amount of K^+ is related to lignification of vascular bundles and sclerenchyma cells, and strengthening culms, thus increasing the plant lodging resistance (Datta and Mikkelsen [1985\)](#page-20-0). Increasing K^+ dose from 50 to 200 kg ha⁻¹ reduced total lodging percentage (Fig. [2.11\)](#page-14-0) (Melis and Farina [1984\)](#page-22-0). Lodging resistance is mainly ruled genetically, and sufficient K application further reduces the likelihood of lodging in different crops (Parks [1985\)](#page-22-0).

2.4.6 Potassium and Iron Toxicity

Iron (Fe) toxicity happens when the soil solution contains high concentrations of reduced iron (Fe^{2+}) (Becker and Asch [2005\)](#page-19-0). Iron toxicity is more common in flooded soils and may result in low productivity in affected soils. Because rice is a major crop growing in flooded soils, most of the research is focused on Fe toxicity in this crop. Fe²⁺ toxicity symptoms occur with uptake of high Fe^{2+} concentrations, translocating them to the leaves and producing toxic oxygen radicals harming cellular structures and afflicting physiological processes (Wu et al. [2017](#page-24-0); Onyango

Fig. 2.11 K⁺ application effect on lodging in a susceptible maize cultivar (Melis and Farina [1984\)](#page-22-0)

et al. [2019\)](#page-22-0). Consequently, browning symptoms, like bronzing, appear on the leaves, leading to reduced active leaf area and yield. Bronzing developed mostly in older leaves, which transpire more (Suriyagoda et al. [2017](#page-23-0)).

Potassium application was reported to reduce Fe^{2+} concentration in rice plants and improve their growth (Yamauchi [1989](#page-24-0); Sahrawat [2004](#page-23-0)). Applying K fertilizer is improving rice root's oxidizing power and lateral root formation and decreases primary root growth suppression (Fig. [2.12](#page-15-0)) (Trolldenier [1988;](#page-24-0) Li et al. [2016\)](#page-22-0). Furthermore, sufficient K supply decreased $Fe²⁺$ translocation from roots to shoots (Li et al. [2001\)](#page-22-0) (Fig. [2.13\)](#page-16-0). Under K deficiency conditions, low-molecular-weight metabolite exudation from roots was increased, encouraging the activity of Fe-reducing bacteria in the root zone (Trolldenier [1988\)](#page-24-0). though, by improving K nutritional status, cannot abolish Fe toxicity completely (Ramírez et al. [2002\)](#page-23-0). Furthermore, high K levels in the soil solution might cause a negative effect on bioavailability of other nutrients (Suriyagoda et al. [2020](#page-24-0)).

2.4.7 Potassium and Light-Induced Cell Damage

During photosynthesis, ROS are being produced mostly by chloroplasts, e.g., superoxide radical $(O_2^{\cdot -})$, hydrogen peroxide (H_2O_2) , and singlet oxygen $(^1O_2)$ (Asada et al. [2000](#page-19-0)). ROS production in the chloroplasts is especially high when plants are experiencing environmental stresses (Asada et al. [2000](#page-19-0); Vranová et al. [2002\)](#page-24-0). ROS are highly toxic, causing damages to the membranes and chlorophyll degradation, leading to leaf chlorosis and necrosis development. Under optimal growing conditions, about 20% of the total photosynthetic electron flux is directed to molecular O_2 , creating O_2 ^{$-$} and other O_2 ^{$-$} driven ROS (Biehler and Fock [1996;](#page-20-0) Cakmak [2000\)](#page-20-0). If there is a limiting factor (such as stress) on the absorbed light energy utilization in carbon fixation, the electron flux to O_2 is increased, leading to large ROS accumulation in the chloroplasts. Then, excitation energy is being

Fig. 2.13 Fe^{2+} level effects on shoot and root growth of hybrid rice under three potassium concentrations. Data are means of three replications. The bars are LSD5%, $P < 0.05$ (Li et al. [2001\)](#page-22-0)

relocated to O_2 to form extremely toxic ${}^{1}O_2$. ROS production in the chloroplasts turns more noticeable when stressed plants are exposed to high light intensity, which result in photooxidative damage to the chloroplasts (Cakmak [2000](#page-20-0); Choi et al. [2002\)](#page-20-0).

Potassium-deficient plants are highly sensitive to intense light. When K supply is low, leaf chlorosis and necrosis will appear in plants growing under high light intensity, but not when growing under low light intensity (Marschner et al. [1996\)](#page-22-0). Partial shading of K-deficient leaves can prevent leaf chlorosis and necrosis

development as well. The strong effects of high light intensity on the appearances of chlorosis were not correlated with K concentrations in leaf tissues; the concentrations were similar in shaded and nonshaded leaves with sufficient and deficient K supply (Marschner and Cakmak [1989](#page-22-0)). These support the concept that photooxidative ROS-induced injury to the chloroplasts has a crucial role in the presence of leaf symptoms typical to K deficiency. There are few explanations for high sensitivity to increasing light intensity in K-deficient plants. K is important to maintain photosynthesis and associated processes.

When plants are exposed to elevated atmospheric $CO₂$ and $O₃$ concentrations, the negative impact of K deficiency on photosynthesis is becoming more distinct (Barnes et al. [1995](#page-19-0)), suggesting that plants require more K when growing in $CO₂$ enriched conditions. Reduced photosynthesis due to K deficiency (Fig. 2.14) seems to be connected to decreased stomatal conductance, higher mesophyll resistance, and lower activity of the enzyme ribulose bisphosphate carboxylase (Zhao et al. [2001\)](#page-24-0). Maintaining a high rate of photosynthesis at is also reliant on the export and use of photoassimilates inside the plant. When K supply is sufficient, there is a significant increase in sucrose concentration in source leaves and a noticeable decrease in roots when K is insufficient (Marschner et al. [1996](#page-22-0); Zhao et al. [2001](#page-24-0)). Enhanced ROS production is inevitable due to impairment of photosynthetic $CO₂$ fixation and decreased photoassimilate utilization under K deficiency, which then cause photooxidative damage. Increased severity of leaf chlorosis under K deficiency was related to higher activity of enzymes involved in H_2O_2 detoxification and its utilization in oxidative processes (Fig. [2.15\)](#page-18-0) (Cakmak [1994\)](#page-20-0). In K-deficient leaves, there is an increase in H_2O_2 detoxification capacity, suggesting that ROS production is enhanced in K-deficient leaves on the account of $CO₂$ fixation. Plants exposed to high light intensity might have larger K necessities at physiological levels compared

Fig. 2.15 Ascorbate peroxidase and guaiacol peroxidase activity in leaves of bean (*Phaseolus vulgaris*) plants over 12 days of growth in nutrient solution with 2000 μ M and 50 μ M potassium (redrawn from Cakmak [1994](#page-20-0))

to plants grown under low light intensity. Higher K supply under high light intensity is required for efficient absorbed light energy utilization in photosynthetic $CO₂$ fixation and photosynthate transport to sink organs (Cakmak [2005](#page-20-0)).

2.5 Conclusions

Potassium deficiency is a crucial nutritional problem, which affects crop yield production and quality. Keeping optimal K nutritional status is vital for plant tolerance to biotic and abiotic stresses. Effective K usage and balanced fertilization combined with other minerals will contribute to sustainable crop growth, yield, and quality, will impact plant health, and decrease environmental risks. Though additional research is needed to fully understand the role of K in whole-plant stress response mechanisms, as they are complex (Fig. [2.16\)](#page-19-0). K is required in high concentrations inside plants, from early developmental vegetative stages. High internal $K⁺$ concentration was found to reduce extreme and sudden environmental events like low and high temperature, salinity, drought, and high light intensity stresses. The entire protein structure and protein activity require high K^+ concentrations in the cytosol for optimal plant functions.

Fig. 2.16 Potassium roles in resisting all stresses (Wang et al. [2013\)](#page-24-0)

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