

Chapter 12 Amphiphilic Self-Assembly in the Synthesis and Processing of Nanomaterials

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Abstract In recent years, the self-assembly of amphiphiles has been exploited to create nanostructures with controlled architecture and morphology. Maneuvering the intermolecular interactions between organic molecules offers attractive routes to tune the morphology of self-assembled structures. These structures can act as templates or nanoreactors for the creation of different inorganic materials. Amphiphiles have a significant role in regulating the nucleation and growth process of nanomaterials during liquid-phase synthesis. Dynamic equilibrium structures of micelles are employed in fine-tuning the colloidal stability, size distribution, and morphology of a variety of inorganic materials, polymers, etc. The synthesis of inorganic materials in the presence of organic additives offers nanostructured composites with superior properties. Microemulsions are employed as nanoreactors for the synthesis of size-controlled nanoparticles of lipids, polymers, metals, etc. The application of block copolymers in the production and ordering of nanomaterials is gaining increasing attention. Molecular self-assembly has become a key tool in the fabrication of a variety of materials with potential applications in biomaterials development, as carriers for drug delivery and templates for ordered nanostructures. Thus, this chapter focuses on the principles of the self-assembly process, its role in controlling the structure of materials and its applications in the emerging areas of materials development.

Keywords Self-assembly · Amphiphiles · Surfactants · Nanomaterials · Composite · Thin film

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12.1 Introduction

Amphiphiles undergo spontaneous association into longer and meticulous arrangements. In this process, molecular building blocks organize into a well-ordered structure, by virtue of specific mutual interactions [1, 2]. Self-assembly processes, related to amphiphilic molecules, offer a unique platform for developing new nanomaterials for advanced scientific applications [3]. Nature created the maturation of biomolecules from the primordial by self-assembly and eventually shaped a colossal amount of complex biological systems. In biological systems, self-assembly is omnipresent and the assembled structures have their exclusive cellular functions. Thus, the self-assembly processes of amphiphiles have drawn significant interest for the past few decades due to their explicit biological system mimicking competence such as assembly of proteins and lipids apace with comprehensive utilization in biological applications. Contemporary advancements in the area of nanotechnology accelerated the amalgamation of elementary processes of self-association with the progressive concept for the design of hierarchical nanostructures. Inauguration of stimuli-responsive amphiphilic assembly-disassembly mechanism grants new methods for producing diverse bionanotechnology applications. Hence, studying amphiphilic self-assembly is imperative to the present effort of nanotechnology as this process caters to the direction of creating molecular building blocks [4–7].

12.2 Self-Assembly of Amphiphiles

Amphiphiles are natural or synthesized molecules that contain two distinct parts; namely, a hydrophilic part (water-loving, polar) designated as "head" group and a hydrophobic part (fat-loving, 'tail" group), which are able to aggregate into various nanostructures [8]. In conventional amphiphiles, the *fat-loving* tail often consists of a long hydrocarbon chain (either saturated or unsaturated), whereas the water*loving* head can be ionic (cationic/anionic) or nonionic in nature. Typical hydrophilic head groups of the nonionic surfactants are polyhydroxyl or polyether units. Unlike ionic surfactants, these surfactants do not dissociate upon dissolving in an aqueous medium and possess a wide range of properties based on the ratio of hydrophiliclipophilic balance (HLB). The most common nonionic surfactants are polyglycerol alkyl ethers, ester-linked molecules, Spans (sorbitan esters), Brij and Tweens, etc. Cationic surfactants are composed of a positively charged headgroup and a halide counterpart. Cetyltrimethylammonium bromide (CTAB) and dodecyltrimethylammonium bromide (DTAB) are widely used cationic amphiphiles. Anionic surfactants generally consist of negatively charged headgroups (carboxylate, sulfate, sulfonate and phosphate) and positively charged counterparts (Na⁺, K⁺ or NH₄⁺ ions). Sodium bis(2-ethylhexyl) sulfosuccinate, with the trade name Aerosol-OT (AOT) and sodium dodecyl sulfate (SDS) are common examples of anionic surfactant. In zwitterionic amphiphiles such as phospholipid phosphatidylcholine, the headgroups have both



Fig. 12.1 Structures of a few common surfactants under different categories

positive and negative charge moieties. The chemical structures of some surfactants are shown in Fig. 12.1.

When dissolved in water, the polar head group of the surfactant interacts with the water, whereas the nonpolar tail migrates toward the interface (either toward air or nonpolar liquid). Thus, the interruption of cohesive energy at the interface helps the formation of micelles, vesicles, lamellae, etc. Micelles are equilibrium assemblies of amphiphile/ surfactant molecules dispersed in a liquid medium. Micelles are formed when the concentration of amphiphile reaches above a threshold value known as the critical micelle concentration (CMC). In a normal micelle, polar or ionic heads create an outer shell in association with water, whereas nonpolar hydrophobic tails are seized in the interior. The amphiphilic molecules can also form micelles in nonpolar organic mediums. These micelle aggregates are termed as inverse or reverse micelles. In inverse (reverse) micelles, the polar head groups are situated at the core, while the tails extend outwards to the solvent medium. In addition to micelles, amphiphiles help in the formation of microemulsions which are clear and thermodynamically stable liquid dispersions containing water, oil and surfactant. Often, in microemulsions, the aggregates are much larger in size. There are mainly three varieties of microemulsions such as direct (oil dispersed in water, o/w), reversed (water dispersed in oil, w/o), and bicontinuous. They have large liquid cores surrounded by a surfactant monolayer which stabilizes the dispersion. The microemulsion domains are typically studied by making ternary-phase diagrams mainly consisting of two immiscible liquids and a surfactant. Most of the microemulsions use water and oil as two immiscible liquids. The shape of micelles is mainly spherical. However, other shapes like bilayers, ellipsoids, and cylinders also exist. In a few cases, micelles can grow very long and entangle like long-chain polymer. The amphiphiles do not always associate with micelles and in some cases, they associate into extended flat lamellae without forming a closed structure (so-called lamellar structure). Closed bilayer structures are known as vesicles which encircle an aqueous pool and are surrounded by an aqueous solution. It composes of a bilayer of amphipathic molecules, in which the hydrophilic heads of the outer layer are exposed to the outer side, whereas the hydrophilic heads



Fig. 12.2 Schematic representation of different structures formed by amphiphiles

of the inner layer make the inner hydrophilic core. The hydrophobic tails are situated in between the bilayers of two concentric circles. The schematic representation of micelles, vesicles, and lamellae is shown in Fig. 12.2. The formation of these self-assembled structures based on critical packing parameters is discussed in the following section.

12.2.1 Morphological Control of Self-Assembled Structures

12.2.1.1 Surfactant Assemblies

The self-association of amphiphilic molecules results in a large variety of structures such as spherical micelles, anisotropic micelles, bilayers, vesicles, liposomes, microemulsions, liquid crystalline dispersions, etc. The morphology of these aggregates is governed by the interaction of hydrophilic and hydrophobic forces responsible for the self-assembly process [9, 10]. The hydrophobic effect due to the hydrocarbon tails favors the self-assembly process. On the other hand, the solvation of the hydrophilic head group restricts the packing of amphiphilic molecules and hence opposes the self-assembly. The electrostatic repulsion between the head groups of ionic surfactants also contributes toward limiting the growth of self-assembled structure. In general, the stability of association structures in solution depends on the hydration of the polar head groups and insertion of the nonpolar tail in the solvent. The amphiphile self-assemble into various supramolecular structures mainly due to the combined effect of various noncovalent interactions such as solvation,

hydrogen bonding, hydrophobic effect, etc. The other important interparticle interaction involved in amphiphile self-assembly, specifically with ionic amphiphiles self-assembly is denoted by the Derjaguin, Landau, Vervey, and Overbeek (DLVO) theory [11]. This theory is the key foundation to rationalize the interfacial forces acted among charged amphiphiles and explain their agglomeration behavior in solution [12]. Further, the geometry (size and shape) of self-assembled structures depends on various additional factors like surfactant concentration, nature of surfactant, ionic strength of the medium, nature of the counterion, temperature, pH and nature of the additives, etc. The prediction of the geometry of a self-assembled structure in a surfactant-water system was a subject of major interest in the past. Consequently, some models have been proposed, which are helpful in predicting the shape of self-assembled structures in the surfactant-water system. The morphology of selfassemblies is satisfactorily explained by the geometric packing models [13, 14]. According to this model, the three main factors that dictate the geometry of a surfactant aggregate are length (l) and the volume (v) of the hydrophobic chain and the effective interfacial (head group) area (a_0) of the surfactant molecule. For a hydrocarbon chain, the length (l) and volume (v) of the surfactant tail can be found by the Tanford formulae using the following equations:

$$v = 27.4 + 26.9n (Å)^3$$
 (12.1)

$$1 = 1.5 + 1.265 n (Å)$$
(12.2)

"n" represents is the number of carbon atoms in the linear alkyl chain.

The head group area of the surfactant molecule can be obtained from surface tension (γ) data using Gibbs adsorption isotherm. Surfactants are amphiphilic in nature and in their presence, the surface tension of water decreases due to the adsorption of molecules at the surface. A steady reduction in γ followed by a linear decrease can be seen in the plot of γ versus log C (concentration of surfactant). Once CMC is attained, no change in γ occurs. From the slope of the linear portion of γ versus -logC plot, the surface excess concentration Γ (number of moles of surfactants per unit area (m²) at the interface) can be determined using Gibb's equation.

According to the Gibbs relationship, at constant temperature, the surface tension γ and the surface excess (Γ) for a single surfactant component can be simply expressed as follows:

$$d\gamma / d \log C = -2.303 \Gamma RT$$
 (12.3)

where C, R, and T represent the surfactant concentration, gas constant, and absolute temperature, respectively.

The area per molecule can be obtained from Γ , by using the relation,

Area per molecules
$$(a_0) = 1/\Gamma N_A(m^2)$$
 (12.4)

or
$$10^{18}/\Gamma N_A(nm^2)$$
 (12.5)

where N_A is Avogadro's number. For ionic surfactants having carboxylate, sulfate, headgroups, etc., the area per surfactant is usually in the range of 0.4 nm², while for nonionic surfactants it is much higher (1–2 nm²). Israelachivili and coworkers [14] suggested that the geometry of aggregated structures formed in the solution is a resultant of the optimum packing of molecules into aggregates. The optimum packing of surfactants into a surfactant assembly can be defined by a dimensionless parameter known as the critical packing parameter. The critical packing parameter (N) depends on the length (l) and volume (v) of the hydrophobic part, and the effective head group area (a_0) of the surfactant molecule.

$$N = v/a_0 1 \tag{12.6}$$

The packing parameter for different geometries of aggregates is different as per simple geometric calculations. For instance, the volume and surface area of a spherical micelle of radius, R and aggregation number, N can be expressed as

$$4/3\pi R^3 = Nv$$
 (12.7)

$$4\pi R^2 = Na_o \tag{12.8}$$

Here v and a_0 are the volume and headgroup area of the single surfactant molecule. Since the maximum radius of a spherical micelle can be the length of the hydrocarbon part, l. by rearranging the Eqs. 12.5 and 12.6, we get

$$\mathbf{R} = 3\mathbf{v}/\mathbf{a}_0 \le 1 \tag{12.9}$$

or in in the form of packing parameter, we can write it as

$$v/a_0 1 \le 1/3$$
 (12.10)

Therefore, if the value of N is less than 1/3, the aggregates will preferably result in spherical geometry. In a similar manner, if the packing parameter is calculated for cylindrical geometry, N will be between 1/3 and 1/2, while for curved bilayer or vesicles, it is 1/2. For flat bilayers, the packing parameter approaches 1, whereas, for reverse micelles, the value of N is > 1.

In the case of vesicles, bilayers etc., there is another factor known as curvature energy, which is very crucial in controlling the geometry of the aggregates. As per the model of Helfrich [15], the free energy (F) per unit area (A) of a bilayer is related to the bilayer curvature by the equation

$$F/A = 1/2\kappa_s(c_1 + c_2 - c_s)^2$$
(12.11)

where c_1 and c_2 represent two principal curvatures of the bilayer and c_s represents spontaneous curvature. The rigidity of the bilayer is related to κ_s , the bending modulus which is of the order of $k\beta T$, where $k\beta$ is Boltzmann constant. The different aggregate structure which can be anticipated from the packing parameter is shown in Fig. 12.3.

It is worth mentioning that the packing considerations of the surfactant molecule are built in the spontaneous curvature of the bilayers. For instance, if the interaction between the polar head groups of the surfactant results in a smaller packing area as compared to the hydrophobic tail interactions, the surfactant monolayer will tend to curve in such a way that the polar headgroups are on the inner side of the monolayer. On the other hand, if the interaction between the headgroups leads to the larger packing in comparison to the tail-tail interaction, the polar headgroups arrange themselves on the outer side of the monolayer.



Fig. 12.3 Different aggregate structures which can be predicted from critical packing factor

12.2.1.2 Block Copolymer

The concept of amphiphile can be extended to macromolecular polymer-based amphiphiles by linking hydrophilic/hydrophobic polymer blocks. Block copolymers are mainly macromolecular compounds having two or more chemically dissimilar blocks conjugated to each other by covalent bonds. These materials exhibit amphiphilic character when the two blocks show different polarities [16]. The investigation of self-assembly characteristics of these compounds is an interesting research area to explore due to their rich structural polymorphism and different applications such as lithography for microelectronics, photovoltaics, drug delivery, nanostructure formation, etc. [16–19]. Further, block copolymer self-assembly can produce wellordered structures of different morphologies such as spheres, cylinders, lamellae, vesicles, bicontinuous structures, and many other complexes or hierarchical assemblies [20]. Depending on the absolute and relative block lengths, the nature and architecture of the blocks, these copolymers form a diverse set of nanostructures that range from discrete micelles to vesicles to even gel-forming continuous network structures [16]. Recent progress in the synthesis route facilitate the preparation of block copolymers with desired molecular weights, compositions and architectures [16]. Like conventional surfactants, the self-assembly of these compounds in an aqueous medium is entropy driven arising out of gain in entropy due to destruction of water structures around the hydrophobic blocks [16].

Figure 12.4 shows a typical phase diagram of a block copolymer–water twocomponent system. At low and very high block copolymer concentrations normal and reverse micelles are formed. Liquid crystalline structures with different microstructures are formed at copolymer concentrations in between these two extremes [21]. Micelles formed are usually core–shell types with the core comprising hydrophobic blocks and the corona comprising the hydrophilic blocks.

Self-assembly behavior of many of these block copolymers is strongly dependent on temperature because of the differential solubility of the different blocks [22]. The solubility of the blocks in general decreases with an increase in temperature and they show phase separation at characteristic temperatures called cloud points



Fig. 12.4 Typical phase diagram of a block copolymer-water two-component system

[22]. Besides, micellar structural changes from spherical to rod-like or to disk-like shapes or to layered vesicle-like structures are also observed on approaching the phase separation temperatures [23]. These are attributed to changing critical packing parameters of the self-assembled structures as a function of temperature. Some of the block copolymers also exhibit critical behavior because of the onset of micellar attractive interaction and resulting micellar cluster formation on the verge of phase separation [24].

Self-assembly characteristics of block copolymers in water are also sensitive to the presence of additives that modulate the solubility characteristics of the blocks. Water structure making salts, hydrophobic solvents and solvents like glycerol increases the hydrophobicity of the copolymers and promotes the formation of aggregates [25]. Water structure breaking salts and solvents like ethanol, on the other hand, have disrupting influence on the self-assembled structure formation [25]. Triblock copolymers like Pluronics form a rich set of self-assembled structures in water-block copolymer–oil three-component systems [21].

12.2.2 Kinetics of Micellization of Amphiphiles

The primary requirement for the formation of self-assembly of amphiphile is the lowest free energy state at equilibrium. Generally, the self-assembly of the structure of amphiphile has lower entropy than the individual counterparts. Thus, the self-assembly of amphiphilic molecules is governed by the interfacial energy of the micellar core with solvent and the conformational distortion energy of the soluble chains and the favorable increase in entropy of the solvent molecules. Micelles are generally considered as spherically aggregated inert structures of amphiphile molecules. However, they are in dynamic equilibrium with individual amphiphile which is continuously replaced among bulk and micelles. Further, the micelles themselves undergo dissolution and reforming. Therefore, there are two relaxation processes occurred in micelle solutions [26]. The fast relaxation process of relaxation time, τ_1 (order of microseconds) is related to the exchange of amphiphile monomers among micelles and the surrounding bulk phase through the collision process. The second slow relaxation time, τ_2 (in the order of milliseconds to minutes) is associated with the process of complete disruption of micelles. The micellar relaxation kinetics are dependent on the concentration of micelle, temperature, and pressure of the micellar solution. A schematic illustration of the two relaxation times, τ_1 and τ_2 related to micelle formation is shown in Fig. 12.5.

Hadgiivanova et al. [27] demonstrated a new free-energy-based theoretical approximation to the kinetics of amphiphile micellization, where the different stages of aggregation are considered as constrained path ways on a single free energy land-scape. They have identified three stages of micelle formation such as nucleation, growth, and relaxation steps of well-separated time. The first stage is involved with homogeneous nucleation of micelles, which are dependent on the concentration of surfactant, rate of nucleation, and critical size of nuclei. The first stage is much longer



Fast relaxation time, microseconds



Slow relaxation time, milliseconds to minutes

Fig. 12.5 Schematic illustration of the two relaxation times, τ_1 and τ_2 for an amphiphile solution above CMC (reproduced with permission A. Patist et al., Colloids Surf. A: Physicochem. Eng. Asp. 176 (2001) 3–16, Copyright © 2001 Elsevier Science B. V. [26]

than the other two as it is an activated process. The growth stage is diffusion limited for the concentration of surfactant slightly higher than CMC and it is either diffusion limited or kinetically limited for higher concentrations. Depending on the surfactant concentration, the micelle size may be either bigger or smaller than its equilibrium size at the end of the growth stage. In the relaxation stage, micelles relax to the equilibrium size by fission (a decrease in aggregate size) or fusion (an enhancement in aggregate concentration) process.

Kinetics of formation of block copolymer self-assembled aggregates is slower by a few orders of magnitude than that of ionic surfactants owing to their higher molecular mass [28]. Many of the aqueous block copolymer systems thus exhibit time-dependent micellar structural changes and even leads to the formation of kinetically arrested metastable systems [29, 30]. Quite expectedly such tendencies increase with an increase in hydrophobicity and molecular weight of the copolymers making their kinetics of aggregate formation increasingly sluggish.

12.3 Principle of Nanomaterials Synthesis

The nanostructured materials deal with the property-decisive phenomenon that happens in typically the size range of 1–100 nm. The most important part to be focused on is to what the accord between their structures and compositions is, and how their interface supervises the property of the material as a whole [31]. Mainly two different types of methods are often used for producing nanostructures. The first one is the bottom-up method where the material is manufactured from atomic or molecular species through chemical reactions, which enables the particles to grow in size to produce nano-sized structures. These nanostructures can sometimes form in parallel and be nearly identical, with no long-range order. [32, 33]. An opposite

approach is to break a bulk material into smaller pieces using chemical, mechanical or other forms of energy, called the top-down method [34]. In this, lithographic techniques are used to design materials. Materials science desires a handy policy to link these two approaches and to permit the production of materials with a satisfactory resolution [35, 36]. There are many instances of self-assembly connecting top-down and bottom-up constructions [37]. However, bottom-up self-assembly is surprisingly beneficial because it grants the accumulation of structures too small to be manipulated independently into the ordered arrangements or patterns. Researchers have developed varieties of soft-chemical approaches based on bottom-up self-assembly to formulate nanoparticles of well-defined composition, shape, and size. These soft-chemical approaches for the preparation of nanomaterials include the coprecipitation method, sol–gel process, hydrothermal synthesis, high-temperature reactions, microwave irradiation synthesis and polyol method, sonochemical synthesis, microemulsion, etc. [38–40]. In all these synthesis methodologies, the formation of nanoparticles undergoes two important processes, namely nucleation and growth.

12.3.1 Nucleation

In soft-chemical approaches, the nucleation process kicks off the evolution of a new phase from a solution. The atoms or molecules of the reactants reshuffle into a cluster of products, which has the ability to grow irreversibly to a macroscopically bigger size. The cluster or group is entitled as a nucleus or critical nuclei [41]. When nucleation occurs without the presence of foreign particles or crystals in the solution, it is termed as homogeneous nucleation. On the other hand, if the nucleation is induced by the existence of any foreign particles in the solution, it is termed as heterogeneous nucleation. These two together are termed as primary nucleation. In contrary to primary nucleation, secondary nucleation comes into the picture when crystals of the same substance induce nucleation.

The main driving force behind nucleation and subsequent growth of a crystal is supersaturation. This depends on the chemical potential of a molecule in solution (μ_s) and that in the bulk of the crystal phase (μ_c) as follows:

$$\Delta \mu = \mu_s - \mu_c \tag{12.12}$$

Thus, using thermodynamics we can write from Eq. (12.12):

$$\Delta \mu = k_{\beta} T \ln S \tag{12.13}$$

where T is the absolute temperature, k is the Boltzmann constant and S is the supersaturation ratio [42]. The solution is termed as supersaturated, when $\Delta \mu > 0$, thereby confirming the possibility of nucleation and/or growth, whereas $\Delta \mu < 0$ suggests that the solution is under saturated and dissolution will take place. Now, this supersaturation ratio can have different forms based on the system under consideration. The mathematical expression for the degree of supersaturation is given below:

$$S = \frac{\Pi a_i^{n_i}}{\Pi a_{i,e}^{n_i}}$$
(12.14)

where n_i is the number of *i*th ions in the molecule of the crystal, and a_i and $a_{i,e}$ are the activities of the *i*th species in supersaturated solution and in equilibrium state, respectively.

Now, let us look at the thermodynamics of homogeneous nuclei formation. Figure 12.6 shows the (a) free energy diagram for nucleation explaining the existence of a "critical nucleus" and (b) a representative plot of nucleation rate, J as a function of supersaturation, S showing critical supersaturation. The total free energy of nanoparticles is the summation of the bulk free energy (ΔG_v) and surface free energy (ΔG_s), as shown in Fig. 12.6a [43]. Thus, for a spherical particle with surface energy α is given by Eq. 12.5. The bulk free energy (ΔG_v) depends on the degree of supersaturation and is given by Eq. 12.16, where k_β is Boltzmann's constant, S is the supersaturation ratio and V is its molar volume.

$$\Delta G = 4\pi r^2 \gamma + \frac{4}{3}\pi r^3 \Delta G_v \tag{12.15}$$

$$\Delta G_v = \frac{-k_\beta T \ln(S)}{V} \tag{12.16}$$

The surface free energy and crystal free energy are always positive and negative, respectively. Thus, a maximum free energy can be found which a nucleus will surpass to produce a stable nucleus. This critical value of radius can be obtained by equating the first derivative of ΔG with respect to r equal to zero. The critical radius which indicates the minimum size at which a particle can form in the solution without getting dissolved is given in Eq. 12.18. It is evident from the equation that the possibility of nucleation in a given system increases with the increase in supersaturation as critical radius decrease [44].

$$\Delta G_{crit} = \frac{4}{3} \gamma \pi r_{crit}^2 = \Delta G_{crit}^{\text{homo}}$$
(12.17)

$$r_{crit} = -\frac{2\gamma}{\Delta G_v} = \frac{2\gamma V}{k_{\beta}T \ln S}$$
(12.18)

The rate of nucleation, J which is defined as the number of nuclei formed per unit time per unit volume is expressed by an Arrhenius-type equation (Eq. 12.19) with the activation barrier equal to ΔG_{crit} :



Fig. 12.6 a Schematic representation of the free energy diagram for nucleation explaining the existence of a "critical nucleus" and **b** a representative plot of nucleation rate, J as a function of supersaturation, S showing critical supersaturation

$$J = A e^{-\Delta G_{crit}/k_{\beta}T} \tag{12.19}$$

From a representative plot of J as a function of S (Fig. 12.6b), we can clearly see that up to a certain value of supersaturation, nucleation rate is essentially zero and then it starts increasing exponentially from there. This critical supersaturation ($\Delta \mu_c$) point describes the allegedly metastable zone showing crystal growth can advance without having collateral nucleation.

Equation 12.17 and 12.18 have shown us that the ΔG_{crit} and r_{crit} both are highly dependent on the surface free energy parameter, i.e., γ . Thus, any change in this parameter will have a certain effect on the nucleation process. Presence of foreign substances decreases the value of ΔG_{crit} and r_{crit} at constant supersaturation and making nucleation more favorable [45]. Decrease in γ also declines the value of critical supersaturation, thus making the heterogeneous nucleation much more feasible than homogeneous nucleation at low supersaturated states. Now, this reduction in surface free energy is maximum when the foreign substance and the crystallizing substance are identical which leads to secondary nucleation.

12.3.2 Growth

Crystal growth is another intricate process where an atom or molecule is deposited over the surface of the crystal, which leads to the increase of size. This growth process can either be reaction limited or diffusion limited. Most of the cases have shown to be diffusion controlled only where temperature and concentration gradient has played a major role in defining the rate of growth as the new material is added to the surface of the particle [46]. There are various theories of nucleation and growth of nanoparticles available in the literature. We will be discussing a few here to get an overall idea about the same.

(a) LaMer mechanism

The inaugural idea of nucleation and growth was given by LaMer [47] where he separated the nucleation and growth into two different stages (Fig. 12.7). He investigated the preparation of sulfur sols from the decomposition of sodium thiosulphate and proposed two distinct steps where nucleation is the formation of free sulfur from thiosulphate and growth is the formation of sulfur sols. The full process is further fractioned into three parts. (A) at first, the concentration of the free monomer is raised in solution, (B) the second part is the "burst nucleation" that reduces the free monomer concentration and at this point, nucleation is almost arrested due to very low monomer concentration, (C) the third portion is diffusion mediated growth in the solution. Changes in the reactant concentration during all three stages are depicted in Fig. 12.7 [48, 49].

(b) Ostwald ripening

In 1900 another theory was published to describe the growth phenomenon of crystal in solution which was termed as Ostwald ripening [50]. In his theory, he described the crystal growth where smaller particles are being consumed by larger particles and the main cause behind this is the solubility of nanoparticles in size-dependent manner. Greater solubility and the surface energy of smaller nanoparticles in solution enforce them to redissolve and grow larger ones even larger. A detailed mathematical explanation of Ostwald ripening is described by different research groups [51, 52]. Digestive ripening is basically just the



Fig. 12.7 Schematic illustration of the changes in reactant concentration as per LaMer mechanism of nucleation and growth

opposite of Ostwald ripening where larger particles redissolve and smaller particles grow [53].

- (c) Finke–Watzky mechanism
 - Another mechanism was proposed for describing nucleation and growth of nanoparticles which is called as the Finke–Watzky two-step mechanism. In this nonclassical process, nucleation and growth both occur simultaneously [54]. This model fits well in various systems including the synthesis of iridium, platinum, ruthenium, and rhodium [55–57].

12.3.3 Role of Surfactants in Nanomaterials Synthesis

Irrespective of the synthesis approach, the preparation of nanomaterials always comprises nucleation and growth processes. The separation between them is tremendously difficult in the aqueous-based chemical synthesis approaches. The polydispersity of nanoparticles is remarkably decreased when nucleation and growth steps are well separated, which is extremely difficult to achieve. As far as thermodynamics is concerned, without any stabilizer the agglomeration of smaller particles in solution is inevitable. This agglomeration can take place at any stage of synthesis and thus making it a subject of investigation. Mainly two kinds of stabilization can be imparted to nanoparticles. First, electrostatic stabilization by means of repulsion between charged species at the surface and secondly, steric stabilization by virtue of surface fictionalization or capping the surface by long-chain moieties such as surfactants and polymers [58]. The second one is quite common and mostly followed due to its easy fabrication and chemical stability in a wide pH range [59].

Various surfactant molecules are used for the stabilization of nanoparticles in solution and the prevention of nanoparticles aggregation in solution by forming robust coating around the particles during synthesis or post-synthesis process. In addition to this, surfactant amphiphiles are also used as templates or nanoreactors for the synthesis of different shaped controlled nanoparticles [60]. The tuning of the nucleation process with the assistance of surfactant amphiphiles has a significant degree of control over the size distribution of the synthesized nanoparticles. Therefore, nanoparticles synthesis by surfactant self-assembly has been extensively used due to its superior ability in controlling the structural morphology and size of nanoparticles [61–63]. Specifically, nanoparticles–amphiphiles soft interactions are accountable for nanoparticles functionalization, colloidal and chemical stability procedures.

12.4 Self-Assemblies as a Template for Nanomaterials Synthesis

12.4.1 Surfactant Assisted Synthesis

Self-assembly process is ubiquitous in nature. There are several examples in living organisms, where the self-assembly process fabricates unique structures. For example, in bones, teeth, spines, shells, etc., the biomineralization takes place through a self-assembly process on a protein scaffold. In these structures, the organic template and inorganic minerals interact at molecular level and results in the structures with remarkable properties in spite of having very soft templates and brittle minerals as the constituting elements. The use of synthetic templates, inspired by nature is evolving as one of the promising routes for the fabrication of novel materials with controlled architecture inspired by nature. Recently, there is a growing interest in the preparation of hollow inorganic nanomaterials having well-defined geometrical features because of their characteristic properties such as controlled geometry and pore size, low density, huge specific area, and high mechanical and thermal stability. Owing to their fascinating properties, these hollow nanomaterials have tremendous potential for diverse technological applications ranging from everyday materials and processes, medical and health care, energy applications, electronics, and information technology applications to environmental remediation. A number of materials have been involved in pharmaceutical formulations, cosmetics, paint industry, catalysis, as well as for dyes and ink. The geometrical parameters of nanostructures including size, shape, composition, architecture, and surface area are some of the most important parameters to define various important properties of inorganic nanomaterials. Hence a lot of efforts have been made to exploit the fabrication of well-defined inorganic nanostructures using various methods involving physical as well as chemical routes. The involvement of sacrificial templates such as polymeric nanoparticles, self-assembled structures, etc., in the fabrication of nanomaterials with controlled size, morphology, and surface properties have also emerged as a growing field.

The self-assembly templating method has revolutionized the fabrication of smaller well-defined hollow nanomaterials having diameters in the nanometer range. Self-assemblies of amphiphilic molecules are one of the most promising templates to synthesize nanomaterials having defined architecture and high surface area. As discussed above, the self-association of amphiphilic molecules such as ionic/nonionic surfactants results in different structures and the morphology of these self-assembled structures is decided by a number of factors including, surfactant concentration, temperature, and nature of surfactant molecule as well as additives, if any. Self-assembled structures are dynamic in nature and are very receptive to the changes made in the constituting solutions. Hence, their microstructure and properties can be tuned easily by changing the concentration of surfactant, addition of inorganic electrolytes or organic additives as well as by varying the pH and temperature of the medium. For example, in the case of ionic micelles, the addition of inorganic electrolytes decreases intermicellar repulsion as it screens the charge at the micelle surface. This changes

the packing parameter, which in turn changes the morphology of the aggregates. Organic hydrotropes (hydrotropes are used to solubilize hydrophobic compounds in water medium by means other than micellar solubilization) are very effective in inducing the morphological changes in ionic aggregates by decreasing the surface charge at the micellar surface. The swelling of the micelles also takes place due to the solubilization of organic additives in the hydrophobic cores of the aggregates. Similarly, the change in the temperature of the solution results in the alteration of the head group area of the ionic and nonionic surfactants. As a consequence, the packing parameter of the surfactant changes and results in a change in the size and shape of the aggregates [64-69]. Hence, one of the major advantages of using selfassemblies as templates is that the morphology and porosity of the materials can be tuned to the desired extent by tuning the parameters affecting the microstructure of self-assemblies. Amphiphilic block copolymers have also been broadly employed for designing hollow nanostructures and ordered mesoporous materials. The polymeric micelles have a core composed of a hydrophobic block of copolymers and corona made up of the hydrophilic group of copolymers. The core of the micelles acts as a template of the hollow nanostructures and corona acts as a reservoir of the inorganic precursors [70].

The synthesis of inorganic materials, such as silica, titania, alumina, hydroxyapatite, metal oxide, metal phosphate, etc., using self-assembled structures as a template, has been a topic of tremendous importance [71]. There are several reports in which the employment of self-assembly during synthesis has resulted in materials with controlled geometry, and defined porous structure and are found to be very promising for diverse applications. MCM-41, belonging to the family of silicates is a well-known porous material with very high surface areas of the order of 1000 m^2/g with a pore size ranging from 2 to 20 nm and ordered arrays of cylindrical mesopores with very regular pore morphology [72]. During the synthesis of MCM-41, the hexagonal arrays of rod-like micelles of cationic surfactant, cetyltrimethylammonium bromide are employed as a template. The synthesis of material takes place at the surface of the templates and during calcination, the organic template is removed leaving a highly ordered porous material. Due to the large surface area of these materials, the possibility of reactant molecules reacting with the catalyst surface increases. These materials are widely used for catalytic applications. Since, the discovery of mesoporous molecular sieves by Kuroda et al., known as KSW-1 [73] and FSM-16, [74] and by Exxon Mobil, called M41S [72] a great deal of attention has been given to the investigation of mesoporous silica materials due to their wide range of applications. Recently, hollow silica spheres (HSS) with significant inner spaces, high specific surface area, mesoporous structure, and amorphous shell were synthesized using cetyltrimethylammonium bromide micelles as a soft template. The composite membrane prepared by mixing HSS with waterborne polyurethane showed improved water vapor permeability, water resistance, and mechanical performance [75]. In another study, hollow silica nanospheres with a highly uniform size were prepared using a micellar template with a core-shell-corona architecture composed of a triblock copolymer, poly (styrene-b-2-vinyl pyridine-b-ethylene oxide). The empty space in the hollow particle could be regulated by the size of the core regulated by

the chain length of the polystyrene block, while the shell thickness of nanospheres could be tuned by altering the concentration of the inorganic precursors [76].

Porous hydroxyapatite has attracted increasing interest because of its biocompatibility, bioactivity, osteointegration, osteoconductivity, and composition similarity with human bones and teeth. Hydroxyapatite is an inorganic material belonging to the apatite group, which is comprised of calcium, phosphate, and hydroxide. The chemical formula of hydroxyapatite is $Ca_5(PO_4)_3(OH)$, which is commonly written as $Ca_{10}(PO_4)_6(OH)_2$ suggesting the presence of two entities in the crystal unit cell. Bone is a hybrid structure comprised of inorganic needle-shaped carbonated and calciumdeficient hydroxyapatite nanocrystals and the organic part is mainly composed of the collagen matrix. The collagen matrix controls the nanoscale structure of hydroxyapatite and dictates its properties. Inspired by biomineralization, a great deal of attention has been paid by the chemists to the biomimetic synthesis of hydroxyapatite having controlled dimensional, morphological, and architectural features by using nanostructured self-assemblies as templates. The involvement of synthetic polymers and surfactant assemblies similar to that of collagen matrix during synthesis of hydroxvapatite could mimic biomineralization and leads to materials with characteristic morphology and porosity. Due to its excellent properties, synthetic hydroxyapatite has been extensively used in a range of biomedical applications including repairing and regeneration of damaged bones, as a filler for bone defects, and to replace amputated bones and as a bone graft. Hydroxyapatite has also been applied as a coating material to prosthetic implants in order to provide biocompatibility and bioactivity to implants.

The morphology and porosity of hydroxyapatite play an important role in making it a suitable material for biomedical applications. The presence of pores in hydroxyapatite supports the in-growth of bone tissue and full assimilation with the bones. Recently, porous hydroxyapatite is also being considered as a potential carrier for various molecules such as drugs, osteogenic agents, etc., which are used in treating bone infection, diseases, etc. There are several reports, which show the preparation of hydroxyapatite with controllable properties and porous structure using selfassemblies as templates. Stupp and coworkers employed ordered nanofibrous selfassemblies of peptide amphiphiles [77, 78] as nucleating centers for the mineralization of hydroxyapatite. They have also synthesized apatite-based materials using homopolymer poly(amino acids) and synthetic polyelectrolytes [79]. Self-assemblies of surfactants, as well as block copolymers, have been found very promising in dictating the geometry and porosity of hydroxyapatite. The usage of spherical micelles of cationic surfactant cetrimide as a template during synthesis resulted in spherical particles of hydroxyapatite, while in the presence of rod-like micelles of cetyltrimethylammonium bromide, the hydroxyapatite nanoparticles formed were rod-shaped [80-82]. Similarly, well-aligned hydroxyapatite nanorods were formed due to the templating by hexagonal liquid crystalline phase of a nonionic surfactant, Triton X-100, [83]. Several groups have also prepared hydroxyapatite nanostructures using self-assemblies as a template for drug delivery applications. Calcium-deficient hydroxyapatite hollow nanorods having mesopores on their surface were prepared using P123 and tween-60 as templates. The nanorods showed enhanced protein load

and sustained release behavior with a cumulative release of 84.2% over a period of 72 h [84]. In another study, hydroxyapatite hollow nanoparticles (HA HNPs) prepared using core-shell micelles composed of pluronic P123 and Tween-60 showed much higher drug loading for vancomycin drug as compared to nanoparticles prepared in the absence of micelles. In the presence of citric acid used as a cosurfactant, the morphology of the HA HNPs changed from nanospheres to nanotubes and the drug loading efficiency improved further due to the presence of a layer of citrate molecules on the hydroxyapatite surface [85]. An anticancer drug paclitaxel loaded in hydroxyapatite-collagen composites showed enhanced toxicity toward highly metastatic MDA-MB-231 cells in comparison to that of poorly metastatic MCF-7 cells through in-vitro studies. However, the collagen-containing free paclitaxel in the absence of hydroxyapatite was nontoxic toward both the cancer cells suggesting that hydroxyapatite-collagen composite could be employed as a promising drug carrier for paclitaxel [86]. The textural properties of hollow mesoporous carbonated HAp microsphere (CHAM) fabricated using sodium dodecyl sulfate (SDS) mediated precipitation can be controlled by changing the concentration of SDS. The CHAMs showed excellent biodegradability, high loading efficiency for cis-diammineplatinum (II) dichloride and a pH-dependent sustained release of drug. In vitro studies showed that drug-loaded CHAMs have high toxicity toward human squamous cell carcinoma [87].

Mesoporous "transition metal oxides" in particular, titania (TiO₂) have also drawn the attention due to the their intrinsic optical and electronic properties. The mesoporous titania shows extraordinary performance in applications such as photocatalysis and optical devices, which has made it to play a substantial role in solar-energybased photovoltaic devices. Similarly, the high surface area, larger pore volume, and ordered pore structure of mesoporous TiO₂ (anatase phase) is highly desirable for various applications. For example, mesoporous TiO₂ (anatase phase) is highly desirable in photovoltaic applications as the photoanodes as high surface area mesoporous TiO₂ maximizes the dye-loading capacity and results in high photovoltaic efficiency [87]. There are several reports presenting the surfactant template-assisted synthesis of mesoporous TiO₂ [88]. Several liquid-crystalline phases of ionic/nonionic surfactants are being employed as a template during the synthesis of mesoporous TiO₂ [89].

12.4.2 Block Copolymer Mediated Nanomaterial Synthesis

Numerous nano-sized self-assembled structures that are formed by block copolymers are good templating agents for generating nanostructured materials with desired and tunable structural properties. Various types of nanostructures formed by using these materials as templates are discussed here. Of late, block copolymer micellar systems are the preferred choice over those of classical surfactants for use as nanocontainers to form metal nanoparticles because of their better kinetic stability and a more robust core-corona structure, which provide better stability to the nano particles against Ostwald ripening [16, 90, 91]. By incorporating coordination properties in the constituting blocks, we can also induce selectivity in nano particle formation [16, 90, 91]. When physically adsorbed on metal nanoparticles, these block copolymers can stabilize them and in addition, can facilitate their integration into different systems where hydrophobic surface poses a problem [92]. Some block copolymers act as reductants thus avoiding the use of environmentally hazardous reagents and the material properties can be tuned by simply changing the composition of the block copolymers [93]. The presence of block copolymers like Pluronic F127 helps in promoting the formation of nanonetwork and dendritic metal structures with tunable surface properties [94]. In these cases, the copolymer used at a concentration below its CMC indicating that the formation and growth of metal nanostructure occurred along the unaggregated free copolymer chains. Finally, metal nanoparticles formed and dispersed in block copolymer three-dimensional liquid crystalline structures can make nanocomposite materials with suitable mechanical, optical, and electrical properties [95, 96].

According to IUPAC notation, a mesoporous material consists of pores with diameters in the range of 2–50 nm. Apart from silica, which is the most commonly used material for this, other materials like alumina, carbon niobium, tantalum, titanium, zirconium, cerium, and tin too reported to form mesoporous structure [97, 98]. Mesoporous materials have tremendous applications in drug delivery, catalysis, biosensing, ion exchange, optics, and photovoltaics. Block copolymers are widely used to form mesoporous oxides because of their nontoxic and biodegradable nature.

Traditionally, top-down lithographic techniques were used to form structural patterns at nanoscale. These methods are expensive and are inherently slow in pattern writing. Bottom-up self-assembly processes involving block copolymers are thus being considered as a suitable alternative to these traditional methods. Selective etching of one block from the self-assembled structures formed in block copolymer films can be used to form templates for making nanopatterns of magnetic and metal nanoparticles for application in photovoltaics, biosensing, etc. [99].

12.5 Microemulsions as Nanoreactors for Synthesis of Nanomaterials

Schulman et al. proposed the word microemulsion in 1959 [100]. It is a special case of reverse micelles. Reverse micelles are formed when surfactant molecules are dispersed in organic solvents [101]. These spherical aggregates having polar head groups pointed toward the core can also be formed in presence of water molecules. However, larger aggregates are generally appeared in presence of water molecules. If the water to surfactant ratio is greater than 15 ($W^\circ > 15$), then aggregates formed contain a large amount of water molecules, which are termed as microemulsions [102]. Microemulsions are easily differentiated from emulsions through their transparency, low viscosity, and thermodynamic stability. Microemulsions consist of two immiscible liquid (oil and water) phases, where one phase is dispersed in the other

by an interfacial film of surfactant molecules. In microemulsions, both immiscible phases are brought into a macroscopically homogeneous and thermodynamically stable single phase with the help of interfacial surfactants film accumulated at the oil-water interface. Microemulsion contains at minimum three components, such as water (a polar phase), oil (a nonpolar phase), and a surfactant. In many cases, a cosurfactant or cosolvent is added to form a microemulsion. Based on the content of these components and hydrophilic-lipophilic balance (HLB) value, the microdroplets exist in the form of oil-swollen micelles dispersed in water as oil-in-water (O/W) microemulsion (Fig. 12.8a) or water-swollen micelles dispersed in oil as for waterin-oil (W/O) microemulsion, also known as reverse microemulsion (Fig. 12.8b). It is well established that the W/O microemulsions are formed when surfactants with low HLB values (3–6) are used, whereas the formation of O/W microemulsions occurred with surfactants with high HLBs (8–18). On the other hand, microdomains of oil and water are interdispersed within the system in case of bicontinuous microemulsion (Fig. 12.8c). Among these, nano-sized water droplets dispersed in an oil phase have been extensively studied as nanoreactors for aqueous reactions wherein particle formation takes place and size of the droplets decide the size of nanoparticles as well as their polydispersity [103-106]. Other factors such as surface-active agent, the concentration of aqueous reactants, and temperature played important role in controlling of particles size.

The formation of microemulsion in a three-component system of water, oil, and surfactant can be depicted as shown in Fig. 12.9. Water-in-oil microemulsion can be prepared by dispersing water in a hydrocarbon-based continuous phase and positioned to the oil apex of the triangular phase diagram of water/oil/surfactant. In this region, thermodynamically guided surfactant molecules self-assembled to form reverse micelles. However, these micelles are in dynamic equilibrium with individual amphiphiles. They frequently collide through Brownian motion and merge to produce dimers, which may exchange contents and then separated. Thus, the inorganic/organic precursor loaded inside the micelles mixed thoroughly. This exchange process is central to the synthesis of nanoparticles in the core of reverse micelles.



Fig. 12.8 a Schematic illustration of water-in-oil (W/O) microemulsion, b oil-in-water (O/W) microemulsion, and c bicontinuous microemulsion



Thus, the reverse micelles mainly act as "nanoreactors" and offer the desired condition for controlled nucleation and growth of particles [107]. In the latter stages of growth, the surfactant layer forms a robust coating on the surface of nanoparticles; thereby reduce the nanoparticle aggregation through steric stabilization [108].

The first step of nanoparticle synthesis in a microemulsion is the reaction between the reactant and the precipitating agent or the two reactants trapped in the core of the microemulsion. There are mainly two approaches for the synthesis of nanoparticles using microemulsion; "Single microemulsion method" and "Double microemulsion method" [109]. Nanoparticle production in a single microemulsion method can be either "energy triggering" or "one micro emulsion plus reactant" method. In the energy triggering method, the reaction is started by applying a triggering agent into the single microemulsion having a precursor. For instance, Kurihara et al. used pulse radiolysis and laser photolysis to trigger the synthesis of gold nanoparticles in waterin-oil microemulsions [110]. In the second approach, the reaction is started directly by introducing one reactant into the microemulsion containing another reactant, i.e., in one microemulsion plus reactant method. In the double microemulsion methods, two reactants that are dissolved in the aqueous nanodroplets of two different microemulsions are permitted to mix through the fusion-fission events. Thus, this method mainly depends on the fusion-fission events between the nanodroplet as shown in (Fig. 12.10).

In general, reactants exchange and mixing occur through the collision of water droplets in microemulsion. The reactants exchange takes place very fast and precipitation reaction occurs in the nanodroplets, followed by subsequent nucleation, growth, and coagulation process to form final nanoparticles. Rauscher et al. [111] demonstrated a typical time-dependent study of the precipitation reaction of $CaCO_3$ in the microemulsion system.

Various metal, magnetic, and semiconductor nanoparticles were successfully prepared by using microemulsion methods. Among the metallic nanoparticles, platinum, palladium, iridium, and rhodium nanoparticles were successfully synthesized





from the microemulsions method [112]. For example, Pal et al. [113] synthesized Pt nanoparticles (<5 nm) by reducing H₂PtCl₆ using NaBH₄ in w/o microemulsions of water/TritonX-100/cyclohexene/1-hexanol. Martínez-Rodríguez et al. [114] prepared of shape-controlled Pt nanoparticles using a water-in-oil microemulsion method. They have reported that the shape/surface morphology of Pt nanoparticles is dependent on the concentration of HCl in the water phase of microemulsion. Chen et al. [115] synthesized palladium nanoparticles by reducing Pd salt in aerosol-OT (AOT)/isooctane microemulsion using hydrazine. Kurihara et al. [110] prepared Au nanoparticles by reducing chloroauric acid in w/o microemulsions and reported many advantages of nanoparticles synthesis in the microemulsion method than those in homogeneous solutions. Mihaly et al. synthesized bare and thiol-coated Au nanoparticles through microemulsion assisted photoreduction method using ternary water/Brij 30/n-heptane system [116]. Barnickel and Wokaum [116] successfully prepared Ag and Au colloidal nanoparticles by reduction of AgNO₃ and HAuCl₄ in a dodecyl heptaethyleneglycolether and hexane microemulsions. Qiu et al. [117] reported the preparation of spherical Cu nanoparticles in SDS/isopentanol/cyclohexane/water microemulsions with NaBH₄. Bimetallic alloy nanoparticles of Cu-Pt and Pd-Au were also prepared in water-inoil (w/o) microemulsions of water/CTAB/isooctane/n-butanol through the simultaneous reduction of H₂PtCl₆ and CuCl₂ using hydrazine at room temperature [118, 119]. Metallic magnetic nanoparticles were also prepared by using microemulsion methods. For instance, Duxin et al. [120] obtained body-centered cubic α -Fe using

anionic surfactants (AOT), whereas Wilcoxon and Provencio [121] prepared facecentered cubic α -Fe using nonionic surfactant (nonylphenol polyethoxylate). Tanori et al. [122] developed magnetic mixed metals (alloys) by using mixed metal precursors in the microemulsion method. Xia et al. [123] discussed the formation of Ag-Ni core-shell nanoparticles by reducing AgNO₃ and of Ni(NO₃)₂ using NaBH₄ in water/polyoxyethylene (4) nonylphenol and polyoxyethylene (7) nonylphenol/nheptane W/O microemulsions. Highly monodispersed ultra-small magnetic oxide nanoparticles were also prepared microemulsions method [124–127]. For instance, Inouye et al. prepared magnetic iron oxide nanoparticles by oxidation of Fe²⁺ salts in an AOT/isooctane system. Lu et al. developed a water-in-oil microemulsion route for synthesizing of Fe₃O₄ nanoparticles using different kinds of surfactant, n-heptane, and n-hexanol [126]. Liu et al. prepared CoFe₂O₄ nanoparticles using sodium dodecylbenzenesulfonate microemulsions in presence of hydrazine [127]. Other magnetic oxides such as MnFe₂O₄, (Mn,Zn)Fe₂O₄, (Ni, Zn)Fe₂O₄, ZnFe₂O₄, $Ca_{0.5}Sr_{0.5}MnO_3$ and $BaFe_{12}O_{19}$ were also prepared by various research groups using microemulsion methods [125, 128–131]. In addition, different non-magnetic metal oxide nanoparticles such as Fe₂O₃, SiO₂, ZrO₂, TiO₂ and GeO₂ were also developed using this method [132–141]. For instance, Esquena et al. [133] prepared SiO₂ nanoparticles by addition of $Si(OC_2H_4)_4$ to the solubilized aqueous ammonia solution in AOT and ployoxyethylated nonulphenyl ether W/O microemulsions. Li et al. [140] prepared TiO₂ nanoparticles by microemulsion-mediated hydration method having well-controlled structure and high photoactivity. Geng et al. [135] prepared zirconia nanoparticles in water-in-oil microemulsions of water/cyclohexane/Triton X-100/hexyl alcohol. Han et al. [137] developed size-controlled NiO nanoparticles in W/O microemulsion of Triton X-100/n-hexanol/cyclohexane/water. The reverse microemulsion process is also used for the preparation of core-shell nanoparticles. In this synthesis process, the thickness of the shell is usually tuned by different reaction conditions such as time, temperature, concentration of precursor, etc. [142, 143].

A large variety of semiconductor nanoparticles including CdS, ZnS, PbS, CuS, Cu₂S, and CdSe [144–150] were successfully prepared through the microemulsion route. For instance, Agostiano et al. [144] prepared CdS nanoparticles by mixing two microemulsions formed by cetyltrimethylammonium bromide (CTAB), pentanol, n-hexane, and water having Cd(NO₃)₂ and Na₂S. Petit et al. [145] prepared CdS nanoparticles in AOT and triton reverse micelles having cadmium lauryl sulfate and cadmium AOT surfactants. Manyar et al. [149] fabricated ZnS nanoparticles using four-component "water in oil" microemulsions containing CTAB, cosurfactant (pentanol or butanol), n-hexane, and water. Ethayaraja et al. [151] synthesized CdS-ZnS core–shell semiconductor nanoparticles using different water-in-oil microemulsions and demonstrated a two-stage mechanism for the preparation of core–shell nanoparticle.

Organic nanoparticles such as whey protein and polymer nanoparticles were synthesized by the microemulsion method. Zhang and Zhong [152] synthesized whey protein nanoparticles with higher heating stability by using microemulsions as nanoreactors. Guo et al. [153] investigated polymerization of styrene in microemulsion of SDS/pentanol/water adding water soluble (potassium peroxodisulfate) as

well as oil soluble (2,2'-azoisobutyronitrile) initiators. Palani et al. [154] explored the polymerization of methyl methacrylate (MMA) through MMA/ethylene glycol dimethacrylate/water microemulsion using acylamide as amphiphile. Microemulsion systems were also employed to synthesize organic nanoparticles of cholesterol, Rhovanil, retinol, Rhodiarome etc. [155, 156]. In an interesting review, Margulis-Goshen and Magdassi [157] discussed various approaches used to prepare organic nanoparticles from microemulsions. Microemulsion not only served as nanoreactors for particle formation but also prevent the agglomeration of nanoparticles as surfactants form a robust coating on particle surface when the particle size reaches that of the water pool.

Microemulsions served as good candidates for drug delivery. Microemulsions are found to improve the therapeutic efficacy of drug molecules and minimize the toxic side effects. It offers several other benefits such as increased absorption, long shelf life, improved clinical potency, decreased toxicity, and ease of preparation and administration. Specifically, the administration of drug molecules through microemulsions is easier for children and adults who have difficulty in swallowing powder or tablet forms of drugs. Thus, microemulsions have been widely used as carriers for the delivery of drug molecules through the oral route. Further, microemulsions have a low viscosity which makes their administration by an intravenous route much easier. Microemulsions are also used for transdermal drug delivery because of their higher solubilization capacity for both hydrophobic and hydrophilic drugs. For example, antifungal hydrophobic agents such as miconazole, ketoconazole, and itraconazole have been delivered via microemulsions-based formulation [158].

12.6 Langmuir–Blodgett Approach for Mesostructured Composites and Thin Films

In today's material science and electronic industries, suitable organic materials in their structured and organized states are of prime importance, as downsizing inorganic material beyond a certain point changes their properties completely. In this respect, Langmuir–Blodgett (LB) technique provides the desired control on the order at the molecular level. Hence, it is a potential technique for the construction of future organic as well as inorganic materials (from organic precursors) for various applications as the molecular orientation and packing can be highly controlled by using various organic amphiphilic molecules with suitably designed architecture and functionality.

Irving Langmuir [159] developed experimental and theoretical concepts which form the basis for the modern understanding of sizes and shapes of molecules in monolayers and their orientation at the interface. He has demonstrated that amphiphilic molecules (having hydrophilic and hydrophobic groups) accumulate on the water surface and form a monolayer where the hydrophilic group (e.g., -COOH, -NH₂, -OH) immersed in the water surface and hydrophobic group (long-chain hydrocarbon) remains above the surface. His early work concentrated on floating monomolecular layer (Langmuir films) at the air-water interface. Later in 1919 under his guidance, Katherine Blodgett [160] had been able to develop, a technique to transfer the monomolecular film from a water surface onto a solid substrate. This is universally known as Langmuir-Blodgett technique. Around 1965 Hans Kuhn [161] and his colleagues began work on the organization of monolayers and their spectroscopic and other physical properties.

The most common technique for studying Langmuir monolayer has been to measure pressure-area isotherm, which is the change in surface pressure as a function of surface area per molecule at a constant temperature. When a long amphiphilic molecule such as fatty acid dissolved in a volatile solvent is spread onto the water surface, the solvent evaporates and molecules remain dispersed as a layer at the airwater interface. By the addition of the surface-active reagent (fatty acid or amine) the surface tension of the water is lowered. The monomolecular layer of the surface-active reagent on the surface of the water exerts a film pressure (π), depending on the surface concentration, such that $\pi = \gamma_0 - \gamma$ where, $\gamma_0 =$ surface tension of the pure water and $\gamma =$ surface tension of the monolayer covered water.

The pressure area $(\pi - A)$ isotherm of the monolayer of amphiphilic molecule (fatty organic compound) at the air-water interface (Langmuir films) frequently show features suggesting phase transition [162]. Figure 12.11 shows the (a) schematic of surface pressure-area isotherm of a long-chain fatty acid (e.g., stearic acid) with their various phases, (b) different packing of the molecules in monolayer at various phases, and (c) multilayer structure of the molecules after the collapse at the airwater interface. If a solution of stearic acid is spread on the water surface, surface pressure area isotherm shows various phases, i.e., gas, liquid and solid which has an analogy with the pressure-volume isotherms in three dimensions. In the gas phase (at very low surface pressures), the molecules are almost flat on the water surface. The steepest part of the π – A isotherm is associated with a solid and closed-packed region. The intermediate pressure region has been identified as the liquid phase with the hydrophobic hydrocarbon chains start to interact with each other and being lifted away from the water surface. Beyond the closed packed region for a smaller area per molecule, there is collapse and molecules may be forced out of the monolayers. The value of the collapse pressure for a simple fatty acid can be in excess of 50 mN/m which would be equivalent to about 200 atm [163] when extrapolated to three dimensions.

Figure 12.12 shows (a) schematic of LB trough and (b) surface pressure area isotherm of arachidic acid measured using the LB method. When the monolayer on the water surface is compressed with the barrier, the monolayer can be either expanded, partly expanded, or close-packed state at the air-water interface depending on the surface pressure. The structure of the monolayers depends on the nature of the subphase especially for films of fatty acids (or amines) under ionizing conditions when the ionized head group is complexed to its counter cation (or anion). This factor is important in understanding the nature of multilayer LB films as the dissociation of the fatty acid carboxylic group or fatty amine group in presence of different



Fig. 12.11 a Schematic of surface pressure area isotherm of a long-chain fatty acid (e.g., stearic acid) with their various phases, **b** different packing of the molecules in monolayer at various phases and **c** multilayer structure of the molecules after the collapse at the air–water interface



Fig. 12.12 a Schematic of LB trough and b surface pressure area isotherm of arachidic acid measured using LB trough

multivalent cation or anionic complexes in the subphase depends on the pH of the solution.

 $R\text{-}COOH + H_2O \rightarrow R\text{-}COO^-, R\text{-}NH_3 + H_2O \rightarrow R\text{-}NH_4^+$ (where R is the long hydrocarbon chain).

In order to form LB multilayer films (Fig. 12.13), a suitable substrate is passed through a compressed monolayer, at a controlled speed to deposit layer by layer on the substrate from the air–water interface. The nature of subsequently deposited layers depends on the surface quality and composition of the substrate. The surface pressure is kept constant during the deposition. The first monolayer is deposited onto a hydrophilic substrate when the substrate rises up through the air–water interface. From the subsequent dipping, two more monolayers are deposited on the first monolayer. The deposition made in a head-to-head and tail-to-tail configuration is referred to as Y-type. There are two more deposition modes X and Z, where deposition occurs as the substrate is being inserted into the subphase or only as the substrate is being removed through air–water interface, respectively. The deposition process can be quantified through transfer ratio (TR) which is given by

$$TR = \frac{Area of the monolayer removed from the surface at constant pressure}{Area of substrate immersed in water}$$

To investigate the orientation of the molecules and structure of LB films, various analytical techniques such as X-ray diffraction, Fourier transform infrared spectroscopy, X-ray photoelectron spectroscopy, and atomic force microscopy have been used.

It is vital to understand the nature of the stacking of the monolayers in the multilayer LB films in order to obtain the physical-chemical basis for the structure.



Fig. 12.13 a Deposition of multilayers by Langmuir Blodgett technique b various type of deposition mode



Fig. 12.14 X-ray diffraction pattern of 29 monolayers LB film of cadmium arachidate (C20 fatty acid) indicating 00 l reflections obtained with Cu K_{α} radiation ($\lambda = 1.5405$ Å). The film was deposited at a constant surface pressure of 30 mN/m using CdCl₂ solution (20⁻⁴ M, pH = 6.5)

Evidence for the multilayer structure may be obtained directly from X-ray diffraction studies of these films. Figure 12.14 represents the diffraction pattern of a multilayer Cd-arachidonate film showing the characteristic odd–even intensity oscillations of the *00 l* reflections. The d value obtained from the 00 l lines using Bragg's law equation is 55.6 Å, which is close to the value of bilayer thickness with hydrocarbon chains and the metal ions. The unit-cell c-parameter of LB films of metal salts of fatty acid changes by ~5.0 Å if the carbon atoms in the fatty acid are doubled [164]. The projected C–C distance along the c-axis is 1.25 Å obtained for all trans configurations assuming a perpendicular orientation of the chains, a tetrahedral angle between the carbon atoms and a C–C distance of 1.54 Å.

Initially, Langmuir–Blodgett technique was used for depositing organic amphiphilic molecules. Pure organic multilayer LB film was made by charge transfer complexes such as molecular electron donor, tetrathiafulvalene and acceptor, tetracyanoquinodimethane derivatives. These films are conducting in nature. Conducting polymers based on polycarbazole, polyaniline, polypyrrole, and polythiophene were organized by LB technique. Metal ion incorporation in the LB film is known for stabilizing of Langmuir monolayer in presence of divalent metal ions such as Cd, Pb, Mn, etc. Organometallic compounds like ferrocene, metal porphyrin, and metal phthalocyanine have been organized by the LB technique [165]. The inorganic–organic hybrid materials such as polyoxometallates incorporated in dimethyldioctadecylammonium can be prepared in a layered structure by the LB technique. These hybrid materials have a great impact in areas of catalysis, medicine, etc.

Langmuir monolayers, due to their simple two-dimensional nature, have been employed as templates that facilitates the crystallization of organic and inorganic materials [166–168]. Functional groups of amphiphilic molecules of Langmuir monolayer act as nucleation or/and growth centers, which control the morphology and orientation of crystal-axis of the crystals grown. Using Langmuir monolayer as a template, the oriented crystals of various inorganic salts such as NaCl, CaCO₃, BaSO₄, SrSO₄, ice, CdS, PbS, and silver propionate have been successfully grown at the air–water interface. Crystals of Prussian blue analogues are difficult to grow in bulk. However oriented crystals of magnetic Prussian blue analogues have also been deposited at the air–water interface using octadecyl amine (ODA) monolayer as the template. Protonated amine head groups of ODA monolayer acted as the sites for the growth of oriented crystalline film of Prussian blue analogues.

Figure 12.15 shows schematically the growth of oriented crystallization of nickel (II) hexacyanoferrate (III) (NiHCF) in an LB trough at the air–water interface under the ODA monolayer. Initially, when ODA is spread on a (1.5×10^{-4}) M NiCl₂ solution, a stable monolayer is formed. A few drops of concentrated K₃Fe(CN)₆ solution were put through a micro syringe to the NiCl₂ forming greenish-yellow crystalline film of NiHCF after sixteen hours at the water interface. This crystalline film is transferred to a solid substrate by LB technique and from the X-ray diffraction studies, parallel alignment of the {100} crystal plane of Ni-hexacyanoferrate to the ODA surface has been observed [166]. Similar to NiHCF crystallization, growth of cobalt (II) hexacyanoferrate (III) (CoHCF) single crystals and other transition metal hexacyanochromates was observed under the Langmuir monolayer [167, 168]. Other crystals of the Prussian blue family which are generally difficult to grow in the bulk, can be grown at the air–water interface using the ODA monolayer as the template.

Langmuir–Blodgett (LB) technique has been used for preparing ultrathin metal oxides recently [169–175] as an alternative method for metal oxide thin film formation. Usually, by LB technique, a uniform and ordered thin films of various organic materials based on amphiphilic molecules are prepared. To make metal oxide thin



Fig. 12.15 Schematic illustration of oriented crystallization of Prussian blue analogue, nickel (II) hexacyanoferrate (III) under Langmuir monolayer



Fig. 12.16 Schematic of metal oxide thin film preparation by using LB technique

films, initially uniform and ordered multilayer LB films of metal salts of amphiphilic molecules are deposited on substrates and then decomposed by heating in the presence of oxygen. Metal ions form thin oxides on the substrate after the dissociation of the salts, decomposition/desorption of long hydrocarbon chain while heating. Thin films of metal oxides such as SnO₂, TiO₂, WO₃, and PdO [169–175] have been prepared by deposition of multilayer films of their corresponding anionic salt and ODA complex, from the air–water interface and subsequent decomposition of multilayer LB films (Fig. 12.16). These metal oxide films prepared from LB precursors have been used for gas sensing, photosensitization, and electrochromism [171–175].

12.7 Conclusions and Future Perspectives

Amphiphiles molecules have a strong affinity to self-assemble in selective solvents into various structures including lamellae, micelles, and vesicles. Diverse morphologies with an internal feature in the nanometer-length scale can be produced by the assembly of small molecules. Such association is occurred by various noncovalent interactions and hence can be modified by varying the environmental conditions such as solvent dielectric constant, pH, temperature, ionic strength, etc. This offers an attractive strategy to develop nanomaterials with tailored properties. The principle of self-assembly process and guiding rules to control the morphology of the assemblies is provided in this chapter. Various of liquid-phase synthesis methodologies of nanomaterials, and the role of amphiphiles in controlling the nucleation and growth process of nanoparticles has also been addressed in detail. The dynamics of these equilibrium structures and their influence on material synthesis are also presented. Applications of a variety of amphiphilic assemblies such as micelles, microemulsions, block copolymers, etc. in modulating the microstructure of nanoparticles are discussed. The role of amphiphiles in developing thin-film materials with controlled thickness and internal structure using Langmuir–Blodgett approach is being discussed. In summary, self-assembly has been recognized as a novel route for the development of nanomaterials. The future of nanotechnology lies in the largescale production of materials with controlled structure and order over multiple length scales, and self-assembly could play a promising role in realizing this goal.

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