

# Environmental Interaction and Impact on the Life Span of Stem Cells

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Anil Kumar, Krishan Gopal Jain, and Vivek Arora

#### Abstract

Environment plays an indispensable role in the way an organism responds and behaves. Our body responds to different environment cues and handles them by producing various kinds of signal molecules. The behavior of an organism is in fact controlled by the individual cells which make up the organism and the behavior of the cells ultimately reflects in the behavior of the organism. The same is true for stem cells which make up the entire organism and also reside in niche of each organ. This chapter aims to summarize the existing knowledge and research conducted in the field of stem cells response to surrounding macro- and micro-environment. Micro-environment or "the niche" plays an important role in controlling the behavior of cells which is further affected by the macroenvironment.

# 12.1 Brief History of Stem Cells

Robert Hooke in the year 1665 for the first time discovered and coined the term "cell." This discovery further led to the development of multifaceted scientific approaches aiming to unravel the secrets of cell division, growth, and organization into complete organisms.

In 1868, Ernst Haeckel, for the first time used *Stammzelle* to describe unicellular ancestral organism as the source of evolution for all the existing multicellular organisms. In 1877, he further postulated that the fertilized egg is also a stem cell as it gives rise to all the cells of an organism. Following this in 1892, Theodor Boveri

A. Kumar

K. G. Jain  $(\boxtimes) \cdot V$ . Arora

Amity Institute of Biotechnology, Amity University Haryana, Gurgaon, India

Centre of Excellence for Stem Cell Research, All India Institute of Medical Sciences, New Delhi, India

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and Valentin Häcker conducted experiments on *Ascaris* and *Cyclops*, respectively, and postulated that the cells between the fertilized egg and committed germ cells can be considered as stem cells. It was during the nineteenth century that the pathologists Durante and Conheim for the first time hypothesized the existence of stem cells in adults as "embryonal rests" in order to include the survival of embryonic-like stem cells in adult tissues (Sell 2004). In 1981, Martin Evans and group set an important milestone by establishing an in vitro culture for non-malignant pluripotent cells derived from mouse embryos (Evans and Kaufman 1981). During the same year Gail Martin too isolated cells from the mouse embryo and named "stem cells," since it seemed that the isolated cells could grow into nearly all cell types (Martin 1981).

The fertilized egg, which is considered to be the ultimate stem cell, is formed from the fusion of haploid germinal stem cells. In adults, the tissues are renewed by proliferation of the stem cell pool, which divide stem cells. In adults, the tissues are renewed by proliferation of the stem cell pool, which divide asymmetrically yielding an adult stem cell and a progenitor cell. The progenitor cell divides further to ultimately produce terminally differentiated cells of the tissue with a limited lifespan in the tissues which are lost by wear or through apoptosis.

The differentiating progeny of the stem cells leads to tissue renewal. It has been demonstrated that stem cells have the ability to produce progenitor cells for tissue repair and renewal which opens up vast panorama of applications in the regenerative biology. Determination or lineage commitment is a specialized function acquired by stem cells during differentiation. As the stem cells differentiate to give rise to specialized cells, with decreasing differentiation potential and finally to the terminally differentiated cells. Classic embryology considers determination as an irreversible process; once a cell is differentiated into adult, it is completely stable and not able to revert to stemness (Surani 2001). However, it has been demonstrated by the researchers that this differentiated cells can be reversed to stemness a process called "de-differentiation." One way to do de-differentiation is through Somatic Cell Nuclear Transfer (SCNT) where a nucleus is transferred from differentiated adult cell into an enucleated oocyte which results in restoration of totipotency of the nucleus in the oocyte (Hakelien and Collas 2002; Hochedlinger and Jaenisch 2002; Surani 2001; Wilmut et al. 1997).

More recently Shinya Yamanaka has developed the concept of iPSCs (Induced Pluripotent Stem Cells). His lab has developed a methodology to reprogram the differentiated cells into stem cells which they have referred to as—induced pluripotent stem cells (iPSCs) (Takahashi and Yamanaka 2006). iPSCs have the potential to present themselves as an ideal source of stem cells source for cell-based therapy and regenerative medicine in future (Novak et al. 2010).

Embryologists and developmental biologists have known the power of stem cells for tissue development, regeneration, and renewal for many years (Sell 2004). In the recent years, a lot of research and development work has been focussed on understanding the biology of stem cells derived from different sources. Researchers are working on different aspects of stem cells including differentiation, transdifferentiation, and de-differentiation and more recently the work is initiated on iPSCs and their role in regenerative medicine. All these developments have brought a lot of hope and opened new avenues for stem cell applications in treatment for different degenerative diseases. The field is developing at a rapid pace; we hope to see a lot of cell-based treatment modalities for degenerative diseases in near future, which is altogether set to change our current perception about a disease scenario.

## 12.2 Micro-environment of Stem Cell: The Niche

The word **"niche"** has different meaning in different contexts, it refers to a habitat where an organism can reside and reproduce in ecology (Scadden 2006).

Schofield for the first time in 1978 used the term "stem cell niche" describing the whole picture of stem cells survival and their interaction with the neighboring cells (Wang et al. 2016; Wang and Kingshott 2016). Stem cells produce their own matrix and milieu with the specialized micro-environment. The microenvironment of the stem cells is very complex and dynamic structure which is very much required for the self-renewal and differentiation of these cells. Due to complex structural organization of the stem cell niche it has not been characterized completely. In Drosophila and *Caenorhabditis elegans* the first germline stem cell (GSC) niche has been defined (De Cuevas and Matunis 2011). Several stem cell niches have been identified in different tissues including the hematopoietic stem cells (HSCs), the germline stem cells (GSCs) in ovaries and testes and MSCs in bone marrow, stem cells in the epithelia muscle satellite cells in the skeletal muscle, neural stem cells in the brain, dental pulp stem cells in the teeth, and even some cancer stem cell niches (Lane et al. 2014; Xie and Li 2007). Bone marrow is considerably the most nourishing niche for hematopoietic (HSCs) and mesenchymal stem cells (MSCs), but human HSCs can be alternatively isolated from the peripheral blood, umbilical cord, and umbilical cord blood. HSCs differentiate to form all the cells of the myeloid and lymphoid lineage (Zhang et al. 2003), whereas MSCs can differentiate into plethora of cell types including osteocytes, chondrocytes, stromal cells, cells of myotube, and connective tissue. In vitro, MSCs can be differentiated outside their lineage, which means stem cells of mesodermal origin can give rise to the cells of the endodermal or ectodermal origin, this is called trans-differentiation or stem cell plasticity (Lv et al. 2014).

One of the most important limiting steps in stem cells culture in vitro is to mimic the stem cell micro-environment in vivo. Absence of proper culture systems and protocols, normal growth of stem cells in in vitro is difficult and their differentiation potential is compromised which leads to altered state or even apoptosis (De Cuevas and Matunis 2011).

There are several structural features common between the stem cell niches of different tissues and species, however, there are difference in the functional aspects of these niches (Lane et al. 2014). Structurally the stem cell niche is highly dynamic, with multiple cell types involving complex biochemical and biophysical interactions (Ema 2012). There are niches which consist of one or few cell types which locally regulate the stem cells, whereas there are niches which consist of multiple cell types

which are involved in systemic regulation. These niches act as stem cells shelters where they maintain quiescence and self-renewal (Ema 2012).

## 12.3 Components of Stem Cell Niche

## 12.3.1 Extra-Cellular Matrix (ECM)

ECM is the essential component of the stem cell niche and plays an important role in regulating the stem cell fate (Frantz et al. 2010; Xie and Li 2007). ECM provides space and physical support to stem cells to anchor and orient (Kerever et al. 2007). Understanding and analyzing the structure and composition of ECM is important to mimic its function to make the products for synthetic cell culture. One approach to study the ECM structure and its organization is through tissue decellularization process. Decellularization eliminates the cellular components from the tissue leaving the ECM intact which can be further studied microscopically (Badylak et al. 2011; Baptista et al. 2011; Batchelder et al. 2015; Moorman et al. 2003; Sabetkish et al. 2014).

## 12.3.2 Surface Receptors Proteins

Anchorage dependent cells interact with their ECM by means of cell surface receptors proteins, namely integrins, selectins, and cadherins. Integrins are heterodimeric transmembrane molecules ( $\alpha$  and  $\beta$  subunits) involved in cell adhesion, migration, differentiation, and even in apoptosis (Le Gall et al. 1998). The commonly expressed subunits in most human cells are  $\beta$ 1,  $\alpha$ 5, and  $\alpha$ V. Integrin are expressed ubiquitously in almost all the stem cells. Integrins have the ability to bind directly to the ECM proteins such as laminin, collagen, vitronectin, and fibronectin. (Assoian 1997).

Cadherins, the second type of surface receptor proteins, are regulate cell–cell interactions (Chen et al. 2013). The subunit E (epithelial) cadherin (CDH1) is best studied and is involved in adhesion of stem cell niche. Maintenance of the self-renewal potential of stem cells and retention of nondifferentiated cells in the niche are mediated via interaction with E-cadherin (Moore and Lemischka 2006).

N (neural)-cadherin (CDH2) which is another subtype of cadherins is expressed during the neuronal plate development. In the HSC niche, both HSCs and osteoblasts express N-cadherin. N-cadherin in multiple studies has also been reported to affect the self-renewal potential of HSCs in the niche (Moore and Lemischka 2006). However, few studies are emerging which counter indicate this by showing that the expression of N-cadherin in HSCs is not necessary for niche function (Kiel et al. 2009).

The satellite stem cells in the skeletal muscle niche express a third subtype of cadherin molecule M (myotubule)-cadherin (CDH15). Which is expressed at the site facing the muscle fibers (Moore and Lemischka 2006).

Apart from integrins, cadherins, selectins, and cadherins, other cell surface receptors have also been described to be crucial for stem cell niche interactions which include EGF, frizzled, Notch, TGF-B, c-kits, gap junctions, VCAM 1, and CD44 (Chen et al. 2013)

## 12.3.3 Basement Membrane

Basement membrane is thin and densely organized sheet like structure consisting of self-organized ECM surrounding most of the animal tissues. Recent studies have demonstrated that basement membrane is a component of stem cell niches in many tissues including testis of *Drosophila*, mammary gland, epidermis, ovary and gut, and prostate (Hall et al. 2006; Kendrick et al. 2008; Lawson et al. 2007; O'Reilly et al. 2008; Ohlstein and Spradling 2006; Shackleton et al. 2006; Tanentzapf et al. 2007; Tumbar et al. 2004).

Laminins are the key proteins forming a component of the basement membrane proteins and consist of  $\alpha$ 6-containing integrin dimers which serve as receptors for the laminin protein. Studies have proven that stem cell properties are altered on disruption of the stem cell niche. For example, Lechler and Fuchs in 2005 demonstrated that on deleting  $\beta$ 1 integrin or  $\alpha$ -catenin from basal keratinocytes the orientation of the cell division plane changes resulting in altered epidermal homeostasis. Research has shown that in some mammalian tissues which include brain, intestine, mammary glands, and prostate gland, stem cells are in close contact to the basement membrane. In mammalian intestine these stem cells are localized at the base of the crypts and are in direct contact with the basement membrane (Barker et al. 2008; Haegebarth and Clevers 2009; Walker and Stappenbeck 2008). Similarly, stem cells in mammary and prostate glands reside in the basal compartment of the epithelium and interact with the underlying basement membrane directly (Lawson et al. 2007). Basement membrane-like structures in the neurogenic zones of the brain have been shown by Krever et al (2007).

## 12.4 Stem Cell a Target for Environmental Pollution

Extensive studies on the effect of environmental pollution on stem cells properties and accumulation of vast information has led to the development of new branch of toxicology, i.e. stem cell toxicology.

#### 12.4.1 Stem Cell Toxicology

It is the branch of toxicology aiming to provide solution to evaluate the cellular, developmental, reproductive, and functional toxicity of the pollutant of interest using stem cells as a model system mimicking the human physiology in vitro (Faiola et al. 2015). Several pollutants such as industrial waste, pesticides, drugs, cosmetics, food

additives, radiations, smoking, and atmospheric fine particles are continuously produced in surrounding environment and adversely affects human health (Yao et al. 2016). Most of these pollutants are either slow degrading or stable in nature as a result of which they tend to accumulate in the environment. The harmful effects of these toxic chemicals on health of humans have raised a growing concern about the urgency and necessity to implement rapid, sensitive, cost-effective, novel, and high-throughput screening tests which can assess toxicity of these toxic pollutants. (Yao et al. 2016). Earlier most of the toxicity screening test for pollutants or drugs were dependent on the animal models. In 1959 Russell and Burch postulated the theory of "high fidelity fallacy," which states that experimental animals based toxicity assays are not always translatable to human health (Russell and Burch 1959) due to inter-specific variations. For example, numerous drugs which passed the animal testing during the development process failed during the clinical trials. The principles of alternative toxicology are mainly based on in vitro studies, i.e. 3Rs (Replacement, Reduction, and Refinement) may be more important today than ever before (Gibb 2008; Krewski et al. 2008; Russell and Burch 1959).

Though animal models and in vitro cell culture systems pose several limitations including time consumption, intensive resourcing, and ethical concerns (Krewski et al. 2008), most of the toxicity screenings and research in industries and research institutes are still relying on it. Although toxicological screening systems based on in vitro human models of fast growing immortalized or cancer cell lines present a solution to this problem, these are not true representatives of the native tissue due to accumulation of mutations or altered cell functions during expansion. Toxicity screening system based on primary human cell cultures present a better option but has limitations as these cells have limited growth and proliferative potential in culture (Yao et al. 2016). Together these issues can significantly restrict the reproducibility of the tests, generation of data and its interpretation (McNeish 2004). Generally, these in vitro assays rely on the response of a single cell type and are unable to indicate correct information about the toxicological responses at the level of tissues or even whole organism where there is a heterogenous population of cells (Krewski et al. 2008).

Recently, Faiola et al. (2015) demonstrated that toxicology studies based on stem cells could be a quick, powerful, and cost-effective screening system in detecting the developmental toxicity of environmental pollutants (Jennings 2015). Human stem cell-based toxicology studies present an efficient, quick, and specific toxicity screening, establishing it as an effective model to animal experimental testing or conventional toxicity assays because it utilizes the potential of stem cells to differentiate into various cell types and tissues present in body relating it more closely to humans (Yao et al. 2016). Other advantages include less time consumption, low cost, and higher accuracy than tests using animals.

#### 12.4.2 Somatic Stem Cell Toxicology

Apart from embryonic stem cell testing, adult stem cells also called somatic stem cells are utilized in the toxicological studies in vitro. Somatic cells represent the entire cell pool of an organism excluding the germline cells, while somatic stem cells (SSCs) are the stem cells located in the adult tissues. In the adult tissue niches, these SSCs tend to remain quiescent and maintain homeostasis at very low turnover rate. After tissue injury these cells get triggered to repair damaged tissues through multiple fold turnover of self-renewal and differentiation (Blau et al. 2015; Engstrom et al. 2015; Wang et al. 2011). With physiological aging of the body, there is a progressive disruption in the tissue homeostasis and gradual loss of the ability of SSCs to repair the damaged differentiated cells (Blau et al. 2015). With reduced repair potential of the SSCs the environmental pollutants can either cause an irreversible damage to the tissues which cannot be repaired sufficiently by proliferation and differentiation of SSCs or they can target SSCs directly, causing their exhaustion resulting their premature aging/or pathological state, including cancer and eventually death (Wilhelm Engström et al. 2015). Due to the limited differentiation potential of SSCs in comparison to ESCs, they are not utilized in embryotoxicity studies and teratogenic experiments. However, SSCs have the ability differentiate and self-renew into somatic stem cells during the periods of infancy and adolescence, thus finding their use in evaluating the detrimental effects of environmental toxins and pollutants during post-natal development of an adult organism. It was during 1980 that Robert M. Pratt and his colleagues for the first time demonstrated the application of SSCs in toxicological testing by using human embryonic palate derived for prescreening of environmental teratogens (Pratt et al. 1982). Further, Cao and colleagues first time evaluated the use of hMSCs for in vitro screening of cytotoxic chemicals for assessing the LD50 (Lethal Dose, 50%) values and in categorizing the hazardous status of the tested chemicals in accordance to the globally harmonized system of classification (GHS) (Scanu et al. 2011). Findings from these studies demonstrated that hMSCs could serve as precise model for mimicking the in vivo conditions in comparison to the previously established tests such as Normal Human Keratinocyte/Neutral Red Uptake methods and validated 3T3 cell test. Thus, primary tissue-derived or PSC-derived (ESC or iPSC) SSCs can be utilized in vitro for assessing the harmful effects of pollutants on the development of infants and adolescents into adults. SSC-based injury or disease models can also be used in specific applications where the toxic effects of chemical during tissue repair following injury or degenerative diseases are to be assessed. They can also be used in determining the effects of pollutants on stem cell aging and exhaustion.

Akhavan and group (Akhavan et al. 2012) evaluated the toxicity of graphene based materials on SSCs. They demonstrated that reduced graphene oxide nanoplatelets at low concentrations (0.1 mg/mL) exerted genotoxic effects on hMSCs as a result of chromosomal aberrations and DNA fragmentation. Later, Strong and colleagues studied the toxic effect of endocrine-disrupting chemical dichlorodiphenyltrichloroethane (DDT) on SSCs. The groups treated hMSCs with DDT and revealed significant modifications in the stem cell properties including

proliferation, self-renewal, differentiation (adipogenic and osteogenic lineages), and in gene expression, which could partly justify the homeostatic imbalance caused and increased risk of cancer occurrence among the individuals exposed to the chemical (Amy et al. 2014).

In another study, Tamm and his group demonstrated that primary human embryonic cortical stem cells and C17.2, a neural stem cell line expressed high sensitivity on exposure to methylmercury (MeHg) at low levels. Their findings indicated the effects of MeHg on survival, proliferation and differentiation of these cells, offers new avenues for studying the biological outcomes of low level exposure of this chemical using highly sensitive and reliable in vitro models (Tamm et al. 2006). In 2009, Buzanska and group (Buzanska et al. 2009) established an umbilical cord blood derived neural stem cell line and used it for testing the neural development based toxicity by analyzing parameters such as cellular proliferation, neuronal and glial differentiation, and apoptosis.

It can be widely accepted that, by employing these stem cell model for extensive in vitro testing for identifying the significant toxicity mechanisms at the cellular and molecular levels on human biology, we would be able to eliminate the requirement of animal testing and would be able to cater decent environment-friendly and healthy decision-making in future.

## 12.5 Stem Cells, Environment, and Cancer Risk

One of the key factors in the battle against cancer is understanding and determining the underlying cause for this devastating disease. The potential target of cancer and site of occurrence of cancer is usually defined with the help of environmental and genetic factors (Zhao 2015). Recently, a study by Wu and group has confirmed the role of environmental factors including ionizing radiations, ultraviolet radiations, and carcinogens in causing cancer (Wu et al. 2015)

According to their calculations, intrinsic (random errors in DNA replication) risk can be effectively determined by the lower bound risk accounting for total stem cell divisions and the internal processes are not adequate to account for the cancer risks observed. Also, there have been overwhelming scientific evidences which establish genetic and environmental factors as critical players in the development of cancer (Zhao 2015).

## 12.6 Embryonic Stem Cell Test

Embryonic Stem Cell Test uses mouse embryonic stem cells (mESCs) as model system to (Seiler et al. 2004; Seiler and Spielmann 2011) test the embryotoxicity of pharmaceutical compounds in vitro. This technique was pioneered by Horst Spielmann in 1991. During the initial stages of development of the assay it was not precise with poor rate of prediction. It was only during 1995–2004 that the European Centre for the Validation of Alternative Methods (ECVAM) nominated,

described, and approved (Genschow et al. 2002; Spielmann et al. 2008) EST as the in vitro assay for embryotoxicity. Since then, this assay has been utilized for drug screening (Paquette et al. 2008; Whitlow et al. 2007) to study the toxicity of a panels of related compounds on development (de Jong et al. 2009) and even for assessing embryotoxicity of nanomaterials (Di Guglielmo et al. 2010). Establishment of EST is considered a milestone in the history of stem cell toxicology testing because of its advantage over in vitro and pre-clinical tests (Genschow et al. 2002).

Even though considered as a very effective assay for toxicology testing, EST, did have several weaknesses such as for assessing myocardial differentiation, microscopic observation was the sole means for studying the beating areas whereas no metabolic tests for analysis were not available (Spielmann et al. 2006). Further, limitation in the EST prediction model was highlighted by another study which was sponsored by a ECVAM and ReProTect where EST based analysis was able to classify only 15% of previously untested compounds correctly (Marx-Stoelting 2009).

With the development and technological advancements in the field of biotechnology accompanied with the emergence of new molecular techniques and tools, modifications in the EST assay were proposed which could overcome the existing limitations. For evaluating beating cardiomyocytes, the visual microscopic evaluation was replaced by highly sensitive and specific techniques such as fluorescence activated cell sorting (FACS) and reverse transcription quantitative PCR (RT– qPCR) providing more quantitative molecular endpoints analysis in terms of gene and protein expression of myocardial markers (Bigot et al. 1999; Buesen et al. 2009; Pellizzer et al. 2004b; Riebeling et al. 2011; Seiler et al. 2004; Seiler 2006; Zur Nieden et al. 2001).

Further, to assess the toxicity of pollutants on various tissue and organs tests were developed on the basis of the potential of stem cells to differentiate into multiple lineages including pancreatic, neuronal, osteogenic, and skeletal muscle lineages (Schmidt et al. 2001; Mori and Hara 2013; Pellizzer et al. 2004a, b; Rolletschek et al. 2004). Based on the new advancements, in 2004 a new EST subtype referred as molecular multiple-endpoint EST developed, which not only included traditional cardiomyocyte differentiation as an assay parameter but also incorporated quantitative analysis using RT-qPCR and multilineage stem cell differentiation-based assessment as additions (Zur Nieden et al. 2004).

Above described ESTs used differentiated fibroblasts (3T3 cell line) and ESCs as assay model. For simplifying and improving the reproducibility of EST based testing, development of advanced procedures relying exclusively on ESCs were targeted. High-throughput toxicological analysis techniques such as miRNA and whole genome profiling using techniques like microarrays and mass spectrometry were incorporated.

Moreover, the advantage of ESCs over cancerous and other cell types is that they can be used in the development of toxicity assay. For instance, ESCs have ability to grow into three-dimensional cell aggregates the so-called organoids. These organoids or embryoid bodies (EBs) can be considered as miniature organs as

these are useful in mimicking the early stages of embryonic development occurring in vivo (Wobus and Loser 2011) (Liu et al. 2013; Mori and Hara 2013).

As the results of toxicological analysis performed using mESCs could not be applied to humans directly due to inter-generic variations, Cezar and group introduced use human embryonic stem cells (hESCs) as model in toxicology testing (Gabriela et al. 2007) to overcome the drawbacks associated with mESCs. They performed small metabolite-based profiling using mass spectrometry and demonstrated that hESCs and hESC-derived cell types (for example, neural precursors) exposed to pollutants could be helpful in elucidating the molecular mechanisms associated with toxicity. On performing metabolomic profiling using hESC model, biomarkers for developmental toxicity were identified and it was demonstrated that the teratogenicity was correctly predicted for 88% of drugs and 83% of environmental toxicants.

Further, fibroblasts derived from hESCs were utilized for in vitro toxicology screening and it was shown that hESCs derived fibroblasts displayed more sensitive dose response to mitomycin C treatment in comparison to other in vitro models such as human lung fibroblast L929 cells (Cao et al. 2008). Several studies utilized hESCs for specifically assessing toxic effects of drugs or compounds on neural differentiation only.

### 12.7 Artificial Niche

Harrison et al. in 1907 reported the first cell culture. Since then, with the advent of new technology and scientific advancements there has been a tremendous improvement in the techniques of cell culture. These advancement culture methods include mouse ESCs culture established by Evans (Evans and Kaufman 1981), culture of human ESC by Thomson (Thomson et al. 1998), mouse iPSC culture establishment of by Shinya Yamanaka (Takahashi and Yamanaka 2006), and recent establishment of human iPSC culture by Yamanaka and Thomson (Takahashi et al. 2007; Yu et al. 2007).

With establishment of new and advanced culture techniques it has been accepted that culture protocols require standardization depending upon the cell type. For example, in case of umbilical cord blood and bone marrow derived MSCs culture, tissue culture plate surface (TCPS) using a specific cell culture medium is sufficient for expansion of MSCs. The TCPS properties allow for the adsorption of the serum proteins present in medium (e.g. fibronectin, vitronectin, etc.) on the TCPS thereby supporting cellular adherence. Alternatively, while using human ESCs, iPSC and several other sensitive cultures including neural stem cells, an ECM protein pre-coated surface is required.

Although TCPS with various surface treatments are commercially available which provide charged surfaces and low cellular attachment, these surfaces do not replicate the true physical and structural cues which are important for determining the correct cell fate. More complicated culture protocols are required involving early progenitor cells (e.g. ESCs or GSCs) where stem cell niche interactions are important for regulating their fate in vitro. Though stem cells can be conveniently cultured and expanded on 2D synthetic surfaces, there is a gradual loss in their ability to self-renew, proliferate, and differentiate into tissue specific cells. Hence, to mimic the stem cell niches in vitro the minimum requirement is a complex microenvironment including a cell specific surface with topographical distribution of physical cues to support cell attachment and movement such as matrigel for 3D organoid culture or flexible surfaces for differentiation into contractile muscle cells or even complex cell culture approaches like 3D culture, co-culture, dynamic cultures, physical stimulation, or multiple combinations of the described approaches. It is clear that the existing tools and strategies for culture are limited and require improvement for the progress of our understanding about the cell functions on different surface and strategies for controlled differentiation into clinically relevant cell types. The key factors regulating cells fate in vitro are medium composition, surface chemistry, and substrate surface topography. A plethora of reports have been published describing the standardization of the above mentioned factors to effectively mimic stem cell niches *in vitro* (Ding et al. 2016; Schuldiner et al. 2000).

Recent development of recombinant proteins have proven to be an improvement over the currently used mouse embryonic fibroblasts (MEF) supported cultures (e.g., M of human PSCs. Being sensitive, PSCs require complex medium with additional growth factors and ECM to support their self-renewal in vitro compared to other more differentiated cells. Although several serum free media compositions have been developed and available commercially in conjunction with modified TCPS with ECM or cell binding coatings but they still might not be able to maintain the native state of these PSCs (Theunissen et al. 2014).

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