



# DNA Methylation in Pulmonary Fibrosis

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## Abstract

DNA methylations, including global methylation pattern and specific gene methylation, are associated with pathogenesis and progress of pulmonary fibrosis. This chapter illustrates alteration of DNA methylation in pulmonary fibrosis as a predictive or prognostic factor. Treatment with the DNA methylation inhibitors will be an emerging anti-fibrosis therapy, although we are still in the pre-clinical stage of using epigenetic markers as potential targets for biomarkers and therapeutic interventions.

## Keywords

Methylation · DNA · Lung fibrosis ·  
Pulmonary fibrosis · IPF

## 4.1 Introduction

Idiopathic pulmonary fibrosis (IPF) is a serious form of pulmonary fibrosis, with which patients have the median survival time of about 2–3 years [1]. IPF is also a type of chronic lung disease characterized by a progressive scarring of the lung parenchyma and irreversible decline in lung function with hypoxemia and dyspnea. The prevalence and mortality of pulmonary fibrosis are on the rise with age, especially among people over 50 years old [2]. The incidence of IPF in men is higher than that in women and is more common in smokers [3]. Even after smoking cessation, the status of IPF cannot be improved. The pathogenesis of IPF is not completely clear and the clinical manifestation of IPF is highly variable. However, there are still some recognized potential risk factors such as environmental exposure, microbial agents, or gastroesophageal reflux. Recent studies have shown that gene expression and epigenetic regulation, especially the DNA methylation regulation, play an important role in the development of IPF [4–6].

DNA methylation is an inherited epigenetic process, involving the covalent transfer of the c-5 position of the DNA cytosine loop by the catalysis of DNA methyltransferases (DNMTs) [7]. The methylation alters gene function but does not change the sequence. The majority of DNA methylation occurs on the fifth carbon atom of cytosines that precede a guanine nucleotide or CpG sites [8]. DNA methylation is a dynamic

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and inheritable process. Methylation of CpG island promoters prevents the binding of transcription factors and results in gene silencing and repression. On the contrary, hypomethylation and demethylation are associated with upregulation of gene expression [9]. DNMTs and methyl-binding proteins (MBPs) are major enzymes to catalyze DNA methylation [10], essential for transcriptional regulation and normal development and related to genomic imprinting, repression of transposable elements, X-chromosome inactivation, carcinogenesis, and aging [7, 11].

Epigenetic changes are associated with numerous diseases including cancers and pulmonary fibrosis, where large hypomethylated blocks of genomes and promoter hypermethylation of classic suppressor genes were found [8]. Studies on DNA methylation analysis confirmed that DNA methylation is common and important in pulmonary fibrosis. And numerous specific genes are involving in pathogenesis, such as Thy-1 (CD90), prostaglandin receptor 2 (PTGER2), cyclo-oxygenase-2 (COX-2), p14<sup>ARF</sup>, or chemokine IP-10 [12–16]. This chapter will focus on the global genome methylation pattern and targeted DNA methylation status in the pathogenesis of lung fibrosis, and then discuss the potential therapies of methylation inhibitors [17, 18].

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## 4.2 Genome-Wide DNA Methylation in IPF

Methodologies for methylation measurement include next generation high throughput sequencing, whole genome bisulfite sequencing (WGBS), microarray, methylated DNA immunoprecipitation sequencing (Me DIP-Seq), bisulfite genomic sequence (BGS), and methylation-specific PCR (MSP). WGBS, Me DIP-Seq, microarray, and BGS are widely used in genome-wide DNA methylation analysis. For example, the human CpG islands microarray and WGBS were used to detect the alteration of the whole DNA extracted from the lung tissues of patients with or without IPF [15]. The extensive DNA methylation changes were found within CpG islands in

IPF lung samples, different from methylation profiles of healthy, although partial methylated areas have many similarities [15]. The DNA methylation and RNA expression changed in lung tissue from IPF using human methylation chip and RNA hybridization chip. Altered DNA methylation is consistent with the mRNA expression of many genes, indicating the importance of DNA methylation in the pathogenesis of IPF [8]. Unfortunately, it is hard to clarify the alternations of DNA methylation within the individual cell type and difference between cell types, since most studies are based on the entire lung tissue.

The genome-wide differences in DNA methylation were detected in fibroblasts isolated from lung tissue of IPF patients, as compared with patients with lung nodules [19]. The methylation differences are mainly concentrated in genes associated with cell proliferation, extracellular matrix generation, potassium channel, and organ organogenesis and corresponded with alteration of gene expression at mRNA and protein levels [19].

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## 4.3 IPF Specificity of Thy-1 DNA Methylation

Several specific genes were considered as IPF-specific and their DNA hypermethylation is consistent with the downregulated expression, such as Thy-1, COX-2, PTGER2, p14<sup>ARF</sup>, and chemokine IP-10 [13–16, 20, 21]. The reduction in the expression of those genes can directly induce the initiation of fibro-genesis, activation of fibroblast proliferation, and resistance to apoptosis [1]. Of those, Thy-1 cell surface antigen (Thy-1) is also known as CD90, a 25–37 kDa glycoprotein, localizing to lipid rafts and on the external leaflet of the lipid bilayer [22]. The activation of Thy-1 promotes T cell activation and affects multiple non-immunologic biological processes, such as cellular adhesion, migration, cell death, wound healing, neurite outgrowth, tumor repression, and fibrosis. Thy-1 as a highly conserved molecule has two membrane-bound and soluble forms and the biological role of



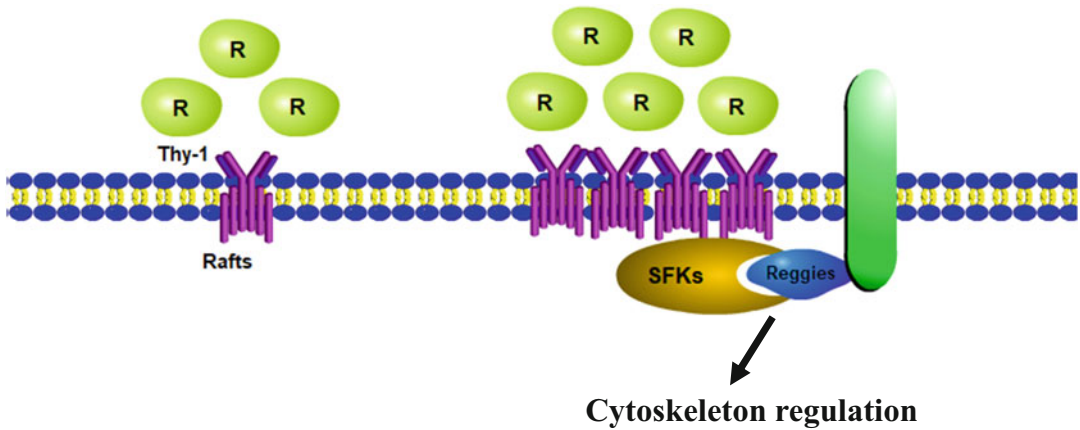
**Fig. 4.1** Thy-1 gene structure. Exons 1a and 1b encode two distinct alternative spliced mRNA; exon 3 for the mature protein, and the 50-end of exon 4 for the trans-membrane sequence. Portions of the gene encoding for the mature Thy-1 protein are marked as light gray orthogons. Dark gray orthogons complete the exons

Thy-1 dependent upon cell type and tissue specificity [23]. Thy-1 is often used as a marker for cell types and has a crucial effect on cell biology, of which the dysregulation is related to fibrotic diseases and malignancy [23]. *Thy-1* located in chromosome 9 in mice and chromosome 11q22.3 in human are both initially expressed in the form of 161 a.a pro-form and have different post-transcriptional modifications [24]. Two different proteins encoded from the alleles differ only in position 89, of which one is arginine and the other is glycine. Thy-1 in human has only one allele for thymine, and the first 19 a.a pro-form positions the signal to targets the endoplasmic reticulum (ER) [25]. Thy-1 has two isoforms in mice: Thy-1.2 in Bal/c mice and Thy-1.1 in AKR mice have a glutamine and an arginine at the position 89, respectively. Genetic characteristics of *Thy-1* genes are similar among human, mouse, and rat [26]. Human *Thy-1* contains four exons, of which exon 1 (Fig. 4.1a, b) produce two mRNA splicing variants after transcription and exon 2 contains the translation starting site, exon 3 encodes the amino acids 7–106, and exon 4 is mainly responsible for the C-terminal end and poly-A tail [27] (Fig. 4.1).

Thy-1 participates in a number of signaling cascades and acts as a universal signal modulator in proliferation, survival, cell adhesion, and cytokine/growth factor responses [23]. Thy-1 undergoes signal transduction in non-immunologic cells by integrins, growth factors, cytokines, and protein tyrosine kinases. The roles of those signaling cascades mainly focus on cell proliferation, apoptosis, cellular adhesion, and migration. Thy-1 interacts with itself, adaptors, scaffolds, or signaling molecules, such as reggie-1/2, Src family of C-terminal Src kinase (Csk)-binding protein (CBP) and protein tyrosine kinases (SFK), in the cell membrane of

several cell types to convey signals to the cell interior. Thy-1 is an important component of protein complexes, to initiate cell signaling from rafts (Fig. 4.2). In addition, Thy-1 interacts with other receptors at the plasma membrane such as  $\alpha_V\beta_5$  integrin in fibroblasts [28]. Thy-1(–) fibroblasts move faster and migrate more efficiently in wound healing than Thy-1(+) ones [28]. A mechanism to regulate fibroblast migration is involved in SFK and Rho GTPase activation [27]. It is proposed that Thy-1 expression regulates Src and FAK kinase activation, as well as phosphorylation of p190RhoGAP by increasing RhoA-GTP levels, to stress fiber and focal adhesion formation [29]. Decreased migration of Thy-1 (+) fibroblast subpopulations may occur as the consequence of a complex Thy-1-triggered signaling process, in addition to passive Thy-1-to-matrix adhesion [27]. It implies Thy-1-dependent roles in fibroblast-matrix adhesion and migration.

The loss of Thy-1 expression in lung fibroblasts correlates with many aspects of the fibrogenic phenotype including proliferation [25]. The proliferated myofibroblasts in the fibroblast foci were found Thy-1 negative in IPF, rather than in the normal fibroblasts [30]. Thy-1 can not only regulate the expression of myogenic gene, promote myofibroblastic differentiation, but also determine the survival of lung fibroblasts. Yan Y. Sanders et al. [20] demonstrated that Thy (–) fibroblasts proliferated in myofibroblastic foci, inhibiting the myofibroblast differentiation of fibroblasts, which was restored by DNA methyltransferase inhibitors. The epigenetic downregulation of Thy-1 occurred in cell transformation and clinical malignant tumor [20]. Rat lung fibroblasts without Thy-1 on the surface, low expression of myogenic genes and low protein levels of sarcomeric myosin,  $\alpha$ -SMA, and MyoD, had high responses to



**Fig. 4.2** Signaling induced by Thy-1. Thy-1 binds to its ligand (R) and undergoes molecular clustering at the plasma membrane. Thy-1 interacts with itself, with adaptors, scaffolds, or signaling molecules, such as

reggies-1/2, Src family of C-terminal Src kinase (Csk)-binding protein (CBP) and protein tyrosine kinases (SFK), in the cell membrane of several cell types to convey signals to the cell interior

pro-myofibroblastic stimuli including TGF- $\beta$  [30].

Loss of Thy-1 expression appears to be associated with the differentiation of myofibroblasts both in mouse bleomycin model and IPF patients [31]. The relation between Thy-1 and myofibroblasts phenotype seems to be tissue-specific and dependent. Loss of Thy-1 expression also resulted in the hypermethylation of the Thy-1 promoter in IPF Samples and was restored through demethylation, similar between human and rat lung fibroblasts [20].

#### 4.4 IPF Specificity of COX-2 DNA Methylation

Cyclooxygenases (COXs) are a 67–72 kDa integral membrane protein, are located on the nuclear membrane and the endoplasmic reticulum (ER), and contain three isoforms [32]. COX-1 is expressed constitutively like “housekeeping” enzyme associated with homeostasis, COX-2 is the inducible form and is upregulated in both inflammation and cancer, and COX-3 is expressed in spinal cord and brain although its functions remain unclear [33]. Cyclooxygenase-2 (COX-2) is referred to prostaglandin endoperoxide synthase (PTGS)I as a key enzyme that

catalyzes the conversion of arachidonic acid (AA) to prostaglandins (PGs) [34]. COX-2 plays a crucial role in some pathophysiological processes, including angiogenesis, inflammation, tumorigenesis, and tumor drug resistance, and becomes a new target for cancer treatment [35]. In solid tumors such as colorectal cancer, prostate cancer, breast cancer, and most recently hematological malignancies, COX-2 mainly functions as a regulator of cell proliferation and apoptosis [33]. The activation and overexpression of COX-2 were found in tumor cells related to tumor progression and aggressiveness [36]. COX-2 expression could be induced by anticancer chemoradiotherapy, resulting in drug resistance [36]. The inhibition of COX-2 was proposed as an attractive new strategy for cancer treatment in patients [37]. Non-steroidal anti-inflammatory drugs (NSAIDs), broad spectrum COX-2-inhibitors, or COX-2-specific inhibitors were found to have side-effects, such as myocardial infarction [36]. The development of new anti-COX-2 drugs with less side-effects seems particularly urgent [34, 38].

*COX-1* gene is located on chromosome 9 (9q32-9q33.3), nearly 40 kilobase (kb) pairs, containing 11 exons and its mRNA is 2.8 kb. COX-2 is located on chromosome 1 (1q25.2-25.3), containing ten exons approximately

8.3 kb and transcript about 4.5 kb [39]. In the flanking region of *COX-2*, there are 50 bps of the regulation area of gene transcription, containing a TATA box and a few putative transcription-factor binding sites of NF-IL-6, NF- $\kappa$ B, and a TGF- $\beta$  response element, which demonstrates a complex combination of the factors associated with *COX-2* gene regulation [40]. Single nucleotide polymorphism (SNP) in the gene promoter affects transcription of *COX-2* gene. The most frequently functional polymorphisms of *COX-2* gene,  $\_765G>C$  (rs20417) and  $\_1195G>A$  (rs689466), are correlated with inflammatory disorders, such as chronic periodontitis [41], inflammatory bowel diseases, and subclinical atherosclerosis [41]. This is probably because those gene polymorphisms may alter the function of *COX-2* by regulation of *COX-2* expression and affect the synthesis of prostaglandins in the pathogenesis of inflammatory diseases [42].

Prostaglandin E<sub>2</sub> (PGE<sub>2</sub>), the major catalyzed product of *COX-2*, plays a key role in the tumorigenesis of colorectal cancer [43]. The *COX-2*/PGE<sub>2</sub>-JAK2/STAT3 signaling pathway may be the drug target for berberine to mediate the effect on metastasis and invasiveness of cancer. The berberine reduced *COX-2*/PGE<sub>2</sub> levels, inhibited JAK2/STAT3 activation, decreased expression of downstream target genes MMP-2/-9, and caused less metastasis and invasiveness in cancer [44] (Fig. 4.3). PGE<sub>2</sub> is associated with occurrence of malignant tumors and plays a beneficial role in lung fibrotic diseases. This is partially due to the function of PGE<sub>2</sub> to limit the proliferation of lung fibroblasts and to inhibit myofibroblast differentiation, migration, and collagen secretion. Figure 4.4 diagrams the homeostatic and anti-fibrotic behavior of PGE<sub>2</sub> signaling pathway in fibroblasts and lung epithelial cells (AECs) [45].

The expression of *COX-2* was downregulated in IPF and upregulated in COPD as well as in IPF and sclerosis [46, 47]. *COX-2* downregulation and reduced PGE<sub>2</sub> production are related to myofibroblasts in the development and progression of IPF [48]. The downregulation of *COX-2* could reduce PGE<sub>2</sub> and induce the continuous

proliferation of fibroblasts, which is considered as a new viewpoint in the pathogenesis of IPF [49]. Lung fibroblasts derived from IPF patients were unable to induce PGE<sub>2</sub> synthesis, even if stimulated by proinflammatory cytokines and LPS, probably due to the abnormal expression of *COX-2* [45, 50]. In patients with IPF, the PGE<sub>2</sub> level of bronchoalveolar lavage fluid was significantly lower than that of normal individuals, which is because PGE<sub>2</sub> could reduce the proliferation of fibroblast and collagen aggregation by inhibiting *COX-2*-dominated synthesis and promotion of degradation, beneficial for inhibiting pulmonary fibrosis [51].

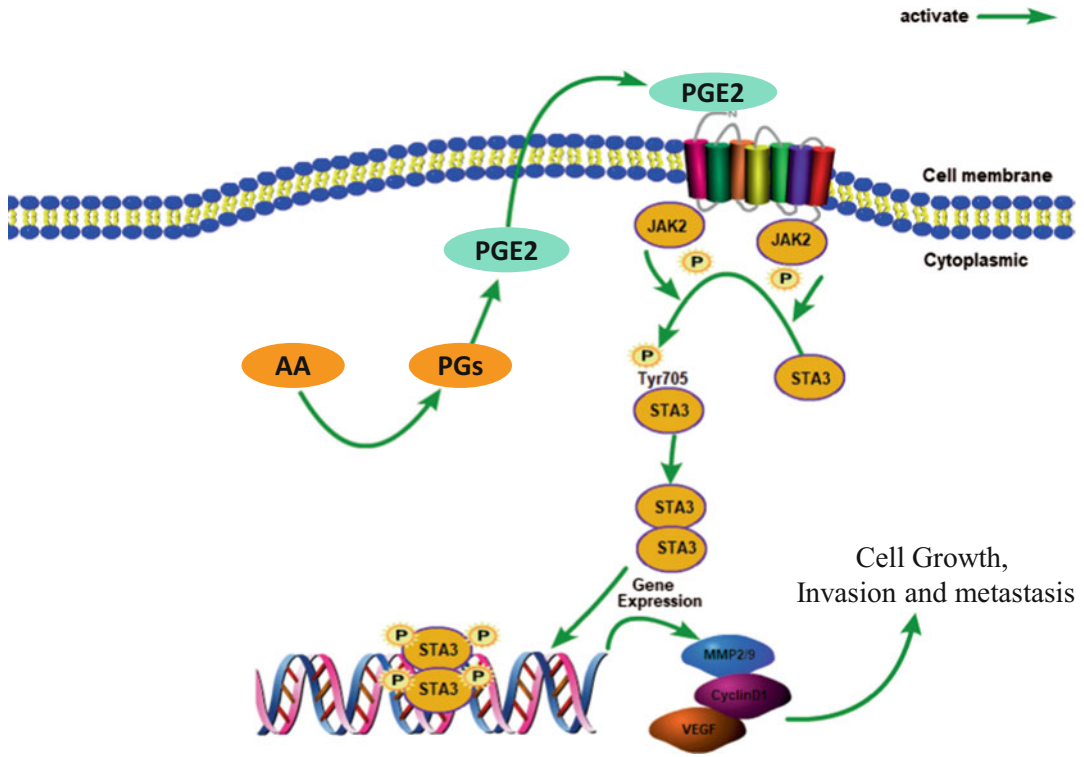
*COX-2* was downregulated in lung tissue from patients with IPF [15, 52]. By upregulation of DNMT3a expression, PGE<sub>2</sub> increases the gene-specific DNA methylation of lung fibroblasts, such as *MGMT* gene and *IGFBP2* gene [53].

The transcriptional regulatory factor *c8orf4* for *COX-2* was demethylated via 5-AZAdC, a DNA methylation inhibitor to reverse decreased level of *COX-2* mRNA in a dose-dependent pattern [15, 53]. *C8orf4* regulates the expression of *COX-2* in lung fibroblasts by binding of the proximal promoter by the hypermethylation of the transcription regulator as an indirect epigenetic mechanism to regulate *COX-2* expression and *COX-2* derived PGE<sub>2</sub> synthesis in pulmonary fibrosis [15].

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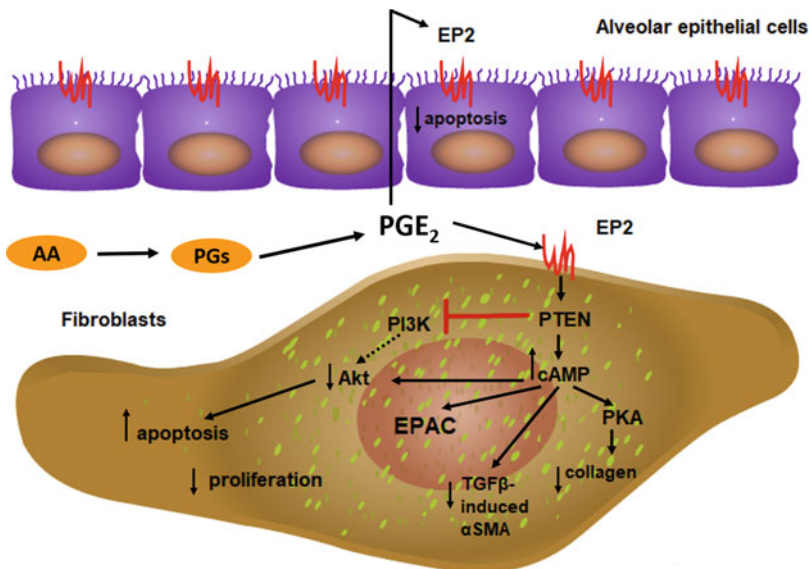
## 4.5 p14<sup>ARF</sup> and Function

The p14<sup>ARF</sup> protein as a tumor suppressor protein is an alternate reading frame protein (ARF) encoded by *CDKN2A* gene. ARF is a 14 kDa, 132 a.a protein named p14<sup>ARF</sup> in human, and a 19 kDa, 169 a.a protein named p19<sup>ARF</sup> in mice [54]. P14<sup>ARF</sup> is a cell cycle regulation protein to block the cell cycle in the G1 and G2 phases and inhibit the growth of abnormal cells by activating p53 indirectly [55]. p14<sup>ARF</sup> protein binds to and interferes with the Mdm2 protein, a p53 negative-regulator, and then stabilizes and activates p53 pathway [54, 56]. The role of p14<sup>ARF</sup> in carcinogenesis was evidenced by the finding that ARF-null mice have a high tendency to induce



**Fig. 4.3** COX-2/PGE2-JAK2/STAT3 signaling pathway. PGE2, the main catalyzed product of COX-2 from arachidonic acid, could bind to the EP receptor on the cell membrane, thereby activating the JAK2, followed by

the phosphorylating of STAT3 in the Tyr705 site. Berberine inhibits invasion and metastasis of colorectal cancer cells via COX-2/PGE2 mediated JAK2/STAT3 signaling pathway



**Fig. 4.4** PGE2 signaling pathway in lung fibrosis. Diagrams the homeostatic and anti-fibrotic behavior of

PGE2 signaling pathway in fibroblasts and lung epithelial cells (AECs)

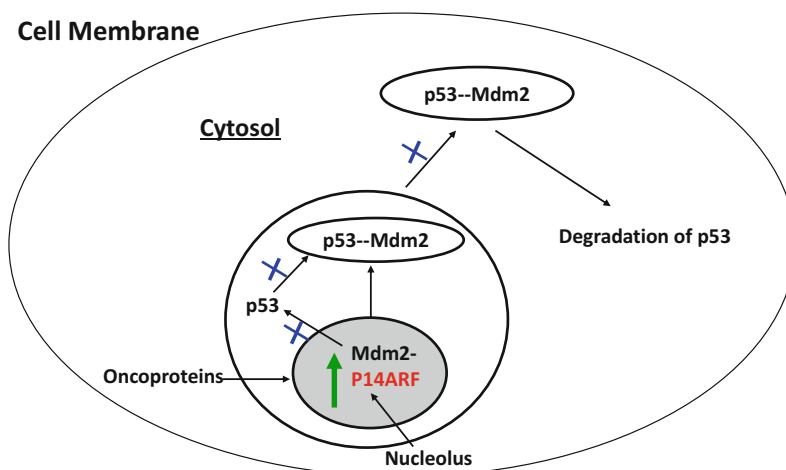
tumors, e.g., carcinomas, gliomas, lymphomas, and sarcomas, leading to death early in life [57].

The INK4a–ARF locus (CDKN2A in humans) on chromosome 9p21 encodes two structure-similar tumor suppressor proteins with different functions, p14<sup>ARF</sup> (p19<sup>ARF</sup> in the mouse) and p16INK4a to indirectly control the activities of p53 and the retinoblastoma protein (RB) transcription factor, respectively [58]. p14<sup>ARF</sup> and INK4a mRNA consist of 3 exons of which exons 2 and 3 are the same with two different exon 1 transcripts ( $\alpha$  and  $\beta$ ) [59, 60]. Although p14<sup>ARF</sup> has an unrelated structure, it can also cause cell cycle arrest in G1 and G2 phase [61]. P14<sup>ARF</sup> gene as a tumor suppressor gene plays an important role in the progression and pathogenesis of tumor, since it is usually mutated or deleted [62, 63].

The dysfunction of the p14ARF-Mdm2-p53 pathway, also known as p53 pathway, is one of the most important signals of cancer pathogenesis. The p14<sup>ARF</sup> in the p53 pathway binds with Mdm2 in the nucleolus, resulting in the inability of Mdm2 to degrade p53 [64, 65] (Fig. 4.5). The activity of Mdm2 can be inhibited by p14<sup>ARF</sup>, to indirectly block the degradation of p53. When p53 is activated, the consequences of the ARF-p53 binding depend on the cell cycle state [66]. P14<sup>ARF</sup> controls the expression of p53, and then activated p53 secondarily regulates the

expression of p14<sup>ARF</sup> by negative feedback [67]. Overexpression of p14<sup>ARF</sup> in the nucleus contributes to the loss of shuttling ability of Mdm2 and induces p53 mutations [68]. This pathway is inactivated by p14ARF deletion, p53 mutation, or amplification of Mdm2, which is complex and interactive but common and important.

The p53/p14<sup>ARF</sup> signaling pathway is often downregulated in patients with colorectal cancer, and p14<sup>ARF</sup> is highly methylated in the early stages of colorectal cancer [69]. The methylation of p14<sup>ARF</sup> may have predictive value for early colorectal cancer patients, but not as a prognostic factor. The target drug for p14<sup>ARF</sup> demethylation may be a new direction for the development of new colorectal cancer drugs [69]. The p14<sup>ARF</sup> gene can be inactivated in many cancers, due to deletion, promoter hypermethylation, or mutations [69]. In the evolution of oligodendrogliomas, the hypermethylation-resulted aberrant p14ARF expression and the deletions of p14ARF/p16INK4a are associated with the progression to anaplastic oligodendroglioma [70, 71]. Studies on the methylation status of the p14<sup>ARF</sup> promoter suggested that p14<sup>ARF</sup> can be a useful biomarker for the pathological TNM stage, prognosis, and clinical outcome of cancer patients [72]. Homozygous deletion of the p14<sup>ARF</sup> gene loci was detected in multiple carcinomas and was associated with tumorigenesis. DNA methylation



**Fig. 4.5** p14ARF-Mdm2-p53 pathway in breast cancer. Mdm2 translocates from the nucleolus to the nucleoplasm

and binds to p53. The Mdm2-p53 complex then migrates to the cytoplasm, resulting in the degradation of p53

can regulate p14<sup>ARF</sup> mRNA levels, and the methylation status of p14<sup>ARF</sup> is related to the occurrence of primary liver cancer and TNM staging [73]. The promoter methylation status of p14<sup>ARF</sup> in fibroblasts isolated from IPF and normal lung demonstrated that hypermethylated p14<sup>ARF</sup> occurred in half of the IPF fibroblasts and was correlated with the decreased expression of the gene and protein as well as increased resistance to apoptosis [16].

Hypermethylation and downregulated expression of PTGER2 also play an important role in the development of IPF. Levels of DNA hypermethylation were higher in fibroblasts isolated from mice and human lungs with pulmonary fibrosis, leading to a decrease in EP2 expression level and PGE2 resistance [14]. Therapies with DNA methylation inhibitors (e.g., 5-Aza-2'-deoxycytidine and zebularine) reversed the reduced mRNA and protein expression of EP2, and restored PGE2 activities in fibrotic fibroblasts. Those results indicate that DNA hypermethylation play the decisive role in the downregulation of PTGER2 expression and subsequent PGE2 resistance. The enhancement of Akt signal transduction may be a new mechanism of the promotion of DNA hypermethylation in the formation of lung fibrosis [14].

#### 4.6 Conclusion and Prospective

DNA methylation is one of mechanisms by which the epigenetic regulation plays a crucial role in lung fibrosis, cancer, and chronic diseases. Global methylation pattern and specific gene methylation status as an important regulatory factor contribute to the development of pulmonary fibrosis. DNA methylation of associated genes is associated with the occurrence and progression of pulmonary fibrosis and change the phenotype and destiny of fibroblasts through the regulation of cell activation, differentiation, and balance of fibrotic and anti-fibrotic gene expressions.

Methylation patterns and severities of the promoter regions of Thy-1, COX-2, p14<sup>ARF</sup>, and PTGER2 genes should be considered as disease-specific biomarkers to predict the occurrence and

development of IPF. The intracellular mechanisms and heterogeneity of DNA methylation in the regulation of signal pathway activities should be investigated by single-cell DNA and RNA sequencing [74–76]. The promoter methylation of the target genes can contribute to the pathogenesis and development of pulmonary fibrosis through multiple signal pathways, which should be furthermore identified and validated with advanced biotechnologies [77–81].

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