14. WRITING BACK TO LIFE

COMING ... \dots from nobody into nobody nobody that's me. LABEL (I) Jacket Strait LABEL (II) Peel back the many layers others have, in their ignorance, given you. Revealing your core, the only label needed herelove. LABELS (III) Love hath no labels labels hath no love.

I drove to autumn. Plucked myself. Later, dressed in a new down, I eased my way into the world again.

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AUTUMN DRIVE

THE TUTOR

Come Control Query How me little girl married you. Relied upon instead of self. Recall I do early days wedded bliss. You and me disagree. You walking away. Gone. I soon learned not to speak my mind. Till now.

WHEEL WAGON

Hot the day I stood on kerbside and, in mum-made comfy blue cotton, tried to ease the strain of wheel changing our red wagon. You afraid of being late. Nuts and bolts replaced. Wagon wheeled once more onward to reconciliation. Returning home—a bearded friend the Godfather was courted on the radio. You still you. Controlling grew. Stamped on us forever.

LOVE /ANCHOR

Anchor weighed down my heart. Where the scene was no one knew. I can't even believe I married you. Been looking for twenty years. Always been a poet. Why did I hide? Because of fear. Smirk no more.

SPARK

Spark the light that is your freedom, let it glow within, allow life's love of laughter, be a simple gift.

GRIEF

It is here then the memory of you!
Captured, ensnared, I sit on the edge of all our moments and despair of what has been gone without your mama. Moving into your world, I touch {the cold bites hard notes of welcome on a washing line} your soft hair, look into your astonished eyes, capitulate into your infancy ...
Generations of grief are no matter to this world, they are the mere tears of girls and women.

SITUATE A SELF

I am not to find it in these books.
I am not to find it here.
Knock, knock, knock—coming in—
the world of my previous generations.
Who are they? Do they watch over me now?
Am I just another in this line of what?
Destructive lives?

I cannot change that which has been. I cannot live in tomorrow and I am denied a present.
Where am I as woman to be?

UNTITLED

In the darkness alone, I danced with my distress.

UNTITLED

I sit in the peace of my heart and knock at the wall of my sadness.

SEPARATED FROM SELF

Self rested on the shelf
that was not dusted.
Outside the raging yellow rags
waged war with all that laid still.
Hid in-between the nurturing breast
laid bare to feed that which was of me?
And, in the scouring days that followed,
each yellow rag turned black, until
the moment when the cold steel of
the surgeon's knife took the future
generations away. It was not him.
No more the yellow rags turned black.
It was the un-dusted shelf that rose
on the tick of my scream and gave
my Self to me.

UNTITLED

She lies, as liars do, in her hospital bed.
About her is a cluck of offspring, pulled in on the long lead of, "Is she dying?"
For a moment, we are together, and, in the hope/less wind of now, we love and laugh.

CONFUSION

Sports day and the T Shirt is too big the boy small.

He sits on the edge of my heart. He stumbles and falls in the sack, the rope is twisted at his shoes, he rips to first place at last. It is over, the final lap to be done, he is on the edge of the world no honour lies here. His pain will nudge him to meet his yesterday's and make sweet his tomorrow/s?

Sports day and the T Shirt is too big the boy small.

I WANT NEVER GETS?

You gave me a name—'Dona,' spelt 'd,' 'o,' 'n,' 'a.'
Told me it meant "Lady in Spanish."
I tried. Scores of public muddles ensued.
An aeon passed. When it came, at my request; "But, it has 'Donna' on the certificate!"
"That was your dad. He went to register you."
I muddled up and in.
I wanted to be.
"I want never gets" you said, over and over and over.
Sometimes, sometimes I do.
Did you?

UNTITLED

If woman is to be free then she must be empowered to Be.

L/ONLY WARD VISITING?

Oh, here you are at last! I have waited long for this? On the stretched white of the pillow lies your aged head.

Through the curling mists of grey, stained with nicotine yellow, lies the baby pink of your scalp.

Are my fingers to meet it? As once they did in childhood? No. Not here. Not now.

You have moved from sleep, and, your eyes, once hollows to mine, possess a winter night sky, lit only by a waning crescent moon, the twinkle of any star long since faded here. As always, these eyes betray your words. Now I can forgive you immediately—it is easier that way.

You take me in with laboured breath. I travel the crevices of a most dry desert, the surface of which is relieved only by your disappearing mouth, a bruised purple oasis of spittle and smile. And, of course, down the generations of women we meet, becoming one, in a moment of grief and joy.

THE BODY PARLOUR

Transient finally dressed in a one-off purple! Her hand in mine, cool as the surface of a glacial winter daybreak. The translucent flesh of her face complements the sole plum garb, all yellowing and scattered with {exhausted stars} black holes ... I am left aside and alone. I crumble amongst a chase for words. "We meet on the edge of the female line?" I ask her to watch over me ... "It is my turn now ...?" (!...) I cannot say I am pleased she is gone. I stoop to kiss her ripe forehead, it is easy, she cannot refuse or turn. I am the loving daughter I want to be and she, my mother.

WRITING BACK TO LIFE

BELONGING TO THE DECEASED

We are sorting out life, bits of this and that—Mother's life gone now—all sold up.

BOUNCING TO DEATH

Early morning with siblings on the bed ...
She has 'GOOD news ...'
'Jump,' they said, she said,
'Jump' (fake joy), 'He's gone,'
'We are better off without him' (you). It's true! Yet, still, my heart is oozing the flush of red, the love I felt for you ...
Daddy, Daddy, Daddy
Daddy, Daddy, Daddy
I am missing you.

FRUITS OF WINTER

I can recall the shock you are found and you are dead.

THE SHOE BOX / FAMILY RECORDS

Here, let's put it here in this shoe box, let's tidy up my life store it in a cupboard under the stairs. From here it will be easy to open its rhythm, pick at its thread—till all is laid bare.

UNTITLED

I am sorting once again looking for her. I want to lay her to rest, take her properly to her deathbed through knowing.

AGENCIES OF BENEFIT / LETTER TO THE BENEFIT AGENCY

Please can you—will you

I hope

Please can you-will you

I hope

Bring benefit to me and mine

Please can you-will you

I hope

Please can you—will you

I hope

Bring the benefit of clarity to my heart

Please can you—will you

I hope

Please can you—will you

I hope

Crunch numbers into sense

Please can you-will you

I hope

Please can you—will you

I hope

Agencies of benefit the cashless kind

Please can you-will you

I hope

Please can you—will you

I hope

Move swiftly for I need to know.

(On writing to the Benefits Agency trying to find any record of my mother's roots)

FILLED WITH GAPS

She/I/We
She, I, we are filled with gaps—
We live a gap together—
I am a gap living in a
life gap, filled with gaps.

UNTITLED

Lifting off the skin skin is lifting off

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lifting off my skin my skin is lifting off Sun—is not the day. Lifting off the skin skin is lifting off Lifting off my skin my skin is lifting off.

SURE SHOCK

Sure, you are 'dead'
I am hearing him say.
Like lightning, I shunt
three spaces, across
the proud terracotta sofa,
away from him and toward my lover,
"Fuck, fuck, fuck," my 'lady-like' retort
"How much do our children have to bear?"

I am moving, turning away from the black and violating, truly crushing embrace of his words. Heart. Last night. Cruel irony slaps repeatedly at my synapses. He, himself, had saved so many hearts. There were thank you cards sometimes on the mantle.

For our children I set off toward the strangulation that would become both death to our life and breathe existence anew into each cell—of the hell of you.

UNTITLED

Life is turned on its side meaning is lost lost in meaning life has turned

on its side in death.

A WONDERFUL LIFE

And so he has died!
I am told a red breast
was the bringer of his death!!!
I cast a glance, a flight
of the eye, across the twinned
worlds in which I live, external
and internal slabs of shock
wait, like the 'ladies' they
have been taught to be, to
weep, for our children, for him,
for me. And so it is
that death accompanies life,
a wonderful life.

MYSELF

Fragile in this possibility of love of light.

DRESSED

... she came to me
in a cloak of lies,
of darkness that
betrayed my light ...
... decaying ... her skin
gone to bones
mattered into the
murmured beat of
my lived heart.
Undoing her
turns my breath
into scars of gasps,
pushed through flesh
undressed
in becoming whole.

HER EYES OPENED WIDE

Bleached stark white shock from the inside out. Her abandonment was riper, more pungent in its stench, of a mother's betrayal than I had been asked to imagine ... previous understanding now lost to horror ... the horror of my mother!

NO SEX WORK ON THE STREETS...

Sunday morning ...
I had been waiting
for a first call ... from one
of four newly discovered
siblings

... pulsating into my ear drum with a strange and familiar 'Corrie' accent '... She was not a sex worker you know, if that's what you're thinking ...' I HAD BEEN my Being is ruptured

She was homeless, imprisoned twice, for actual abandonment

... pulsating into my ear drum with a strange and familiar 'Corrie' accent 'she was not a sex worker you know if that's what you're thinking ...' I HAD BEEN

my Being is ruptured

here's to the foundlings of my mother.

SPECIAL TREASURE

Not gold. Not silver. Not precious stones. Nor any man made chattel. I am, have found, the rare riches of my Soul.

RELATIVELY CLOSE HATRED

Hatred is taboo.
Lets' talk of love not hate.
Yet of late
I know that this is true, hatred exists within me, for each and both of you.

UNTITLED

What is a body? a holding frame for spirit.

SILENCE

In the silence between the feral noise of being children ... came a moment of terror ... before the full throttle of her anger laid cruelty across my soul ... unfree am I from this yet ...? Almost, nearly there.

GORGEOUS GIRLS

Discovered in me opposite sisters 'S'cuse me' and Grey.

LIGHT

Light flickers across the wall, a melody of movement, of God dancing.

RETURNING TO GOD

... is a lesson of life ... all other lessons lead to this ...

LILLY HALL LANE

I turned into Lilly Hall Lane looking for a place to sob, to listen to my pain.

A voice talking suicide, isolated, ugly, fearful and angry buried deep and available, no where to be with myself for me ... shame, shame, shame.

I turned into Lilly Hall Lane looking for a place to sob, to listen to my pain.

UNTITLED

I am one with space and substance.

UNTITLED

of course in essence spirit is the bespoke seamstress the tailor of our lives.

UNTITLED

Nowhere is more perfect than now.

UNTITLED

the glory of spirit always visits in solitude.

UNTITLED

My mind reflects on poetry...is this who I am before a God felt in all that is?

UNTITLED

I learn to avoid the hitting by being dead.

UNTITLED

I tried today to listen for God ... in my Work ... but no, I could not hear love today, not today.

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A KEY...

... a button, a potential of an opening, I queried in the air, but no, today no God was there.

UNMASKING

Unmasking my mother unmasked am I?

IN MEMORY OF SAM

I am the office Angel. A temp, on Welcome Duty, being told you have died! Self - slay they say.

To boot, yesterday,
I bore witness to your anger, your pain, your voice ...
'Is Roger there?'
'Yes, I'll call him.'
Dialling from my desk ...
A moment, barely discernable,
of hesitant exchange ... (your rage?).
'It is Sam isn't it?'
'Yes.'

I remembered your name.
From time to time I didn't and that bothered.
Later, I hear your raised voice.
Then you chitchat with staff about your beloved dog.
I saw you leave.
I was on the stair.
That's all I knew of You.
Still, in my memory, Sam lives.

SUDDENLY AND UNEXPECTED

I am told he has gone—dead. I am telling him; still a boy, his dad is dead. In a tackle of telephone calls, we craft a journey. I see her first through the foyer glass. In unrehearsed cold-blood, I have just practised on a friend who is aghast and I am ready ... Eye contact ... she knows now something is amiss ... ten or twelve steps to go ... Staring through the pane, we walk parallel and toward each other. I am seated with her ... she collapses like an imploding and imploring flower, rises from me and leaves before I can catch her in grief. A moment or two later she is returned. She has locked the crumple in a box somewhere just for her. I want to scream. Travelling home, in turn, we shed tears, and mutter pragmatic nuances, and there is still the family, his, long since viciously split, to be faced.

SITTING WITH THE HUM OF A DISHWASHER

I sit with my pen and the hum of the dishwasher, a beauty in the rhythm of its beat causes a click toward life and its mystery.

I sit with the hum of the dishwasher and be.

Being here connected to the star lights, the spiritual realm of the body ... my dishwasher and me.

I sit with the hum of the dishwasher and be.

LOCKED IN DISTRESS

Locked in distress. I am, I was I is a dress of crawling

skin makes me up Outside of this is I nothing?

UNTITLED

was going out to lunch ...
instead, I am out to lunch
floating away on the edge of
own skin ...
how can this be healed
haunting me ... now.

IN THE BROWN OF HER SKIN

In the brown of her skin lies the laughter of my yesterday and tomorrow. In the sand covering her body I am reminded of the freedom of rolling in a moment of childhood, which fleshes to marry the blue of the sky and ocean.

STAFF

Pools of love given as gifts to the work of the day.

LAYERS OF LEARNING

From the mouths of orators, here we go ... ontology ... epistemology ... methodology ... methods ... ingredients of meaning making structures, all extrinsic to the born of our intrinsic worlds,

layers of learning, bums on seats, it's just a research (greedy reductionist?¹) paper?

GREY

Grey is the pallor of her skin, her being. Here her existence is created, is fear. Fear and safety are one. This is all she knows.

UNTITLED

Coming into the light the grey that hangs on your skin, let us begin, it's not yours I am sure it's not yours—from what you told me before. The grey of your skin is his ... do you think?

GRASPING

When I k (no) w my mother was treated brutally too can I in a (under) standing voice, write of my pain to yours, how can a woman (middle aged) in years tell of the ache, lies, secrets, rewritings of (Her/Our) story? Abuse, violence, erasure through the sheets, wet, beside the scorch of a lemonade hot water bottle—how can I tell I matter ... she did too ...

ALWAYS

Always like a pending Halloween night this trace of a brutal killing voice, that stirs in my body, in my torso, across the flesh that holds my bones and innards, speaks ... shut the fuck up, you have nothing to say, you have nothing anyone wants to hear, you are going to die ordinary anyway shut up and clean that's a real woman's way.

TURNING WITH AND AGAINST

My body turned in her polite query my body turned.

My body turned from a mere place in which I reside to the cold heat of hell, burning with fear, flooded with the chill of shame ... all on the back of, against, a grievance?

My body turned in her polite query my body turned

As always, I kept it still

GENERAL CONCRETE CONVENTIONS IN WESTERN POETRY...

not poetic poem, right. a Your

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not writing
It's is
just your
pain. No-one
else will
be
interested—
they
said
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NOTES

¹ Dennett, D. (1995). *Darwin's dangerous idea*. London: Simon & Schuster.

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