

# Chapter 1

## Introduction: Date Production Status and Prospects in Asia and Europe

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**Abstract** Successful future development of date palm depends largely on evaluating, utilizing, and conserving genetic resources; assessing the value of present and potential cultivars; promoting the best cultivation, processing, and marketing practices; and broadening the number of fruit and tree products. The date palm was domesticated at the dawn of agriculture, new technologies were adopted for its cultivation, the palm was dispersed widely by humans and it has become a major world tree crop with the introduction of modern plantations. France, the USA, and international organizations have contributed to date palm development and more recently domestic programs in the larger producing countries. Creating a new international date palm organization to bring together research and development efforts and to serve as a resource center would be beneficial. Date cultivation originated in Iraq and that country has always been a major producer; Iran, Saudi Arabia, Pakistan, Oman, and the United Arab Emirates also are all primary world producers. These countries present a mixed pattern of old and new date cultivation which receive federal government support for research and development. In recent decades, cultivation in the Arabian Peninsula has expanded significantly with new plantations using tissue-cultured plants. Date production in Pakistan and India comes mostly from seedling date palms under traditional cultivation. Modern date cultivation is being established to meet the large domestic demand. Israel's date production is unique coming entirely from modern plantations. Spain's very small date production from seedling dates is a novelty and likely to remain so. Because they are not included in country chapters, summary accounts of date cultivation in Jordan and the United Arab Emirates are included.

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## 1.1 Introduction

The date palm (*Phoenix dactylifera* L.) is one of the most valuable domesticated fruit trees because of ritual significance in human societies, health benefits, productive capacity in harsh semiarid and arid environments, and the range of subsistence products from its fruits and other parts of the large palm. In planning this book, the editors strived for complementarity with their earlier book, *Date Palm Biotechnology* (Jain et al. 2011), as well as two books by other authors, *Dates: Production, Processing, Food and Medicinal Values* (Manickavasagan et al. 2012) and *Dates: Postharvest Science, Processing Technology and Health Benefits* (Siddiq et al. 2014). Each of these three books is composed of individual chapters, on a broad range of topics. None of them deals with the date palm status of genetic resources and production in each of the date palm-growing countries.

Additionally in this book, four major themes were identified as exemplified in the book's title. Genetic resources of the date palm are of great importance in the future of the crop, for two reasons. First, the diversity present in the entire *Phoenix dactylifera* gene pool represents an invaluable resource for conventional and molecular breeding of future date palms of high fruit quality, high fruit yield, tolerance to abiotic stresses, and resistance to major pests and diseases. Genetic erosion as well as genetic sedimentation imperil the date palm. Second, the strong and increasing trend toward cultivation of known elite cultivars, so evident in nearly every new date palm plantation, is being carried on at the expense of a narrowing of the overall cultivar diversity as traditional cultivars are less likely to be propagated and unevaluated seedling date palms (Johnson et al. 2013) are eradicated as if they were weeds. Cultivar assessment, for all but a few well-known elite types, is at a very rudimentary stage of knowledge. Because the unassessed cultivars are often native to a single country, studies of promising cultivars must be organized at the national level, with active collaboration among neighboring countries which may harbor close relatives; in certain instances the same cultivar may be present in adjoining areas within a country or in adjacent countries and bear different vernacular names.

Cultivation practices exhibit considerable variability across the date-growing world. Certain accepted practices have been adapted to local environmental conditions, such as early picking and postharvest ripening because of climatic limitations preventing full maturity of the fruits on the trees. Best management practices have yet to be perfected for date palm growing under a basic set of environmental factors. The country-level practices described in this book provide a point of initiation to begin developing guidelines for growers to assure them with maximum return for their investment and labor. The novel products part of the book title was included to prompt individual countries to examine the products derived from date

fruits not marketed as fresh or dried products. Descriptions of derived date fruit products in the various countries demonstrate the cottage-level and small- and large-scale industrialization in existence. These descriptions make possible a cross-fertilization of ideas from country to country to valorize date fruit production to the highest level possible, which represents a potential enhancement of income to producers and manufacturers. Although the novel products described in the book are almost exclusively focused on the fruits, other parts of the date palm tree have a range of other subsistence and industrial products such as those derived from the leaves, petioles, edible heart, and stem wood. These nonfruit date products merit a fresh in-depth assessment to update the earlier publication *Date Palm Products* (Barrevel 1993).

## 1.2 Agrobotany, Domestication, and Dispersal of Date Palm

### 1.2.1 Agrobotanical Description

A mature date palm can reach 30 m in height and is the tallest of the *Phoenix* species. The stem has a diameter of 40–50 cm, bearing suckering offshoots at its base during the early years of growth. The leaves are pinnate and erect with numerous stiff leaflets; the rachis is armed with broad sharp spines on each side. An adult palm has a moderately dense crown of 100 or more leaves 3–6 m in length; each leaf has a life span of 3–7 years; about 12 new leaves are produced each year. The date palm is dioecious, bearing male and female flowers on separate trees. Dioecy in date palm is an impediment to seed propagation and traditional crossbreeding experimentation as equal numbers of male and female plants are produced and their gender not apparent in the field until flowering begins. Propagated by seed, it reaches sexual maturity at about 5–7 years of age, significantly sooner if by offshoots. Flowering is normally annual. Fruit development from pollination to maturity is reached in about 200 days and is variable in shape, color, and size, 4–7 × 2–3 cm, larger than in any other *Phoenix* species. Yields are highly variable, 20–100 kg per adult tree, and depend upon cultivar, environmental conditions, and cultivation practices. The Medjool cv. produces the largest commercial fruits. Fruits contain a single elongate seed, variable in shape and size, 20–30 × 5–8 mm, containing a useful oil. On average, a plantation has an economic life of about 50 years, although the trees will continue to produce fruit beyond that age, albeit at lower yields. When trees become very tall, they are more expensive to care for and harvest, which negatively affects the production economics.

The true date palm, *Phoenix dactylifera* L., is one of 14 recognized species of the genus (Barrow 1998). It is most closely related to the Cretan date palm (*P. theophrasti* Greu.) of the Eastern Mediterranean and to the Canary Islands date palm (*P. canariensis* Chab.), native to that island group, and the sugar date palm (*P. sylvestris* (L.) Roxb.) which is native to South Asia. Where *Phoenix* species

distributions overlap in the wild, natural hybrids occur; likewise *Phoenix* palms grown in botanical gardens readily hybridize (Gros-Balthazard 2013). This facility makes artificial crossbreeding of species easily achieved. The date palm has 36 chromosomes ( $n=18$ ;  $2n=36$ ).

### 1.2.2 Domestication

The date palm is one of the world's very early domesticates and a traditional Old World fruit. Date palm, olive tree (*Olea europaea* L.), common fig tree (*Ficus carica* L.), and wine grape (*Vitis vinifera* L.) together are a seminal quartet of ancient fruit crops closely associated with the earliest stages of agriculture. The first domestication of the date palm is believed to have taken place at least 6,000 years ago in Mesopotamia, the lands between the Tigris and Euphrates rivers, in what is today Iraq. The area is often referred to as the *cradle of agriculture*. The early history of date palm as a cultivated palm is known only from archaeological records and ancient cuneiform clay tablets. It is presumed that wild date palms were selected for propagation on the basis of their possessing desirable fruit characteristics.

Over an indeterminate period of time following the first planting of date palms, several simple but important innovations took place in Mesopotamia which fostered the development of date palm cultivation. In roughly presumed chronological order, the following took place:

- (a) Female and male palms were distinguished.
- (b) Organized plantings made with fixed spacing.
- (c) Palms under cultivation segregated by gender.
- (d) Irrigation and water management.
- (e) Artificial pollination.
- (f) Separation of offshoots for propagation.
- (g) Stages of fruit development recognized and named.

From the latter are derived the five sequential stages of fruit growth which were named hababauk, kimri, khalal, rutab, and tamar. Somewhere along the way, the first cultivar was given a name, which may have been Zahidi in the Basrah area of present-day Iraq, a cultivar prominent in that area to the present. The foregoing is summarized from Dowson (1921, 1923, 1982), Popenoe (1973), and Pruessner (1920).

Since the date palm was initially domesticated, new cultivars have repeatedly been created as a result of seedling propagation and the selection of those of superior fruit quality subsequently propagated by offshoots and assigned individual names. Cultivar names typically derive from either the particular fruit characteristics, the locality where the palm originated, or the name of the farmer who selected it.

### 1.2.3 *Dispersal and Geographic Distribution*

From its presumed homeland in Mesopotamia, over succeeding millennia, date palms were dispersed by humans to the east, west, and south and took hold wherever climatic conditions and water sources were favorable for fruit production. Initial dispersal was clearly by means of seed. Even when abandoned, dates persisted and became naturalized where conditions allowed. Munier (1973), in a general study of date growing, described dispersal of date palm in two major historic routes. One route is from Mesopotamia south into the Arabian Peninsula and eastward to undivided India. A second route begins in Egypt (itself the location of an independent domestication of date palm) across North Africa west to Morocco. The Caravan trade and the Nile River may have been the means of spreading date palms southward into the Sahelian countries and Sudan in the early days. From North Africa, dates were carried to Spain by the Moorish invasion in the eighth century, or possibly earlier. Seedling dates were grown successfully for fruit in southwestern Spain, although the climate is marginal for carrying fruits to maturity on the tree. In the sixteenth century, the Spaniards successfully introduced date seeds to the Americas, initially to Peru and later to Mexico, and achieved modest fruit production. In the mid- to late 1800s, there are reports of seedling dates being grown in Southern Africa, Australia, and New Caledonia (Johnson 2010). In the past 100 or so years, as offshoots have successfully been transported over long distances, modern date palm plantations employing elite cultivars have emerged or are emerging in countries such as the UAE, Oman, Kuwait, USA, Mexico, India, Israel, Jordan, Namibia, and Australia, as well as in several Sahelian countries in Africa.

## 1.3 The Rise of Modern Date Palm Plantations

Scientific literature on date palm published before the twentieth century consists mostly of brief accounts of date growing in a few countries or entries in reference volumes; an exception is the book *The Date Palm in India* (Bonavia 1885), which brings together information about date growing in the Persian Gulf and British India.

The US Department of Agriculture created a program in the 1890s to promote an irrigated commercial date industry in the American Southwest and in 1904 established a date experiment station in Mecca, California, later moved to Indio. Offshoots of recognized cultivars were imported from North Africa and the Middle East and provided to pioneer farmers. Commercial date production began in 1912. Needing a source of technical information, in 1924 the date growers created the Date Growers' Institute, which organized technical meetings each year and published an annual review (DGIAR 1924–1979). The USDA published a number of technical studies on date growing in the USA (e.g., Nixon and Carpenter 1978; Swingle 1904) as well as bulletins on date cultivation in other countries such as Egypt (e.g., Mason 1923). Three general books have helped to popularize dates in the USA (Dunham

1948; Paulsen 2005; Simon 1978). US scientific publications on date palm have made a major contribution to modern date growing. However, scientific research on date palm in the USA was greatly reduced after cessation of the date growers' annual meetings in 1979 and closure of the date experiment station a year later.

The French also made important contributions in the twentieth century to modern date cultivation in their North African colonies by organizing the first two international date palm conferences. In 1931 a weeklong meeting was held in Biskra, Algeria, with presentations on broad climatic, agronomic, and economic aspects of date production. One of the recommendations was to promote the Deglet Noor cultivar (Sem Dattier 1931). It was not until 1950 that a second such conference took place in Tunis, Tunisia. Among the recommendations made were to conduct scientific research on date palm agronomy and adopt uniform fruit export standards (Cong Int Datte 1951). French scientists produced numerous articles and technical reports on dates in Africa, broadening the knowledge base. Perea-Leroy (1958) authored the first national study of dates in Morocco and Munier (1973) the first general scientific study of date cultivation.

International backing for date palm development was provided by FAO in the second half of the twentieth century. This was initiated by sponsorship of three technical conferences on date palm: one in Tripoli, Libya, in 1959 and two in Baghdad, Iraq, in 1965 and 1975. No proceedings were published, but the presentations by leading date specialists from around the world generated background materials for the issuance by FAO of a series of important books on date palm (Dowson and Aten 1962; Dowson 1982; Barrevelde 1993; Zaid 1999, 2002). Another contribution made to date palm science was *The Date Palm Journal* (FAO 1981–1988).

A recent contributor to date palm development is the International Center for Agricultural Research in the Dry Areas (ICARDA), recently relocated from Aleppo, Syria, to Beirut, Lebanon. One of its projects focuses on increasing date production among smallholder farmers in Iraq (Mazid et al. 2013), ravaged by war; another involves enhancing date palm production systems in the GCC (Gulf Cooperation Council) countries (ICARDA 2011). This project is being led by an ICARDA date palm specialist based in Oman. A study of date harvest and postharvest handling was a part of the project (Kader and Hussein 2009).

With the major contributions outlined above from the USA, France, FAO, ICARDA, and numerous lesser but important efforts, a firm scientific foundation has been established for the cultivation and processing of dates, upon which the future of the crop is being built.

## 1.4 Research and Development

Apart from the international development efforts described above which have fostered modernization of date palm production to varying degrees in individual countries, national programs also have played an important role. Major common problems shared by all date-producing countries are associated with cultivation practices,

pests and diseases, soil and water conditions, harvest and postharvest practices, processing facilities, technical support and extension, the agricultural labor force, as well as domestic and international marketing. The best example of differences is pests and diseases. Remote areas of date growing in southern Africa and the Americas have few such problems to contend with, whereas Morocco and Algeria are experiencing significant crop and tree losses given the occurrence of bayoud disease and the red palm weevil. Climatic factors present problems only in certain countries such as Pakistan and India where annual monsoon rain occurs before date fruits are mature; but in Saudi Arabia, for instance, climate presents no hindrance to date growing. Each date-growing country has a unique set of impediments to improving production, and the severity of each should set the agenda for domestic R & D.

This book provides information on the research centers carrying out research on date palm on various aspects, supported by mainly the federal government in academic institutions and private investment. A close link exists between the magnitude of date production and the funding to support date palm R & D. Egypt, Iran, Iraq, Saudi Arabia, and Pakistan, each ranking among the top six producers worldwide, have established research institutes devoted to date palm, which are funded by the federal governments. In other date palm-producing countries, including Algeria and Morocco, date palm research is carried out by the national agricultural research centers. In Syria and Palestine date palm currently is considered as a minor crop, with annual production of 3,986 and 3,600 mt, respectively. The paucity of federal government funding becomes a major obstacle in developmental efforts. Therefore, these countries must fall back on larger date-producing countries for importing improved date palm cultivars, technologies to control pests and diseases, and agro-food-based products and other by-products. Any important factor in domestic support for date palm research depends on the priority of the national governmental support in creating date palm-based agro-food industry and local and international marketing boosting local economy.

Throughout the date palm world in general, insufficient attention has been given to programs of genetic improvement employing emerging biotechnology procedures. This neglect may be attributed to the limitation of research funds, inadequate advance research infrastructure, and scarcity of experts in many of the date palm-producing nations. Interrelated issues include the need for precise knowledge of the genetic resources present in a country, including that contained in seedling date populations, and the effective means to conserve genetic resources through germplasm gardens and cryopreservation.

Given the problems shared by date-growing countries, it would be of great benefit to create an international date palm center. The advantages of such a center include the following:

- (a) Avoid expensive duplication of effort in addressing major pest and disease problems.
- (b) Enhance opportunities for collaborative research both at the bilateral and international levels.
- (c) Develop and disseminate information on best practices in date cultivation, harvesting, postharvest handling, and marketing by developing an interactive

website. An excellent model for date palm exists in the Coconut Timeline (<http://cocos.arenaceae.com/>).

- (d) Develop international industry descriptors and standards for fruit quality and packaging and marketing.
- (e) Maintain a database of world date palm cultivars and their conservation status.
- (f) Maintain information on date palm genetic diversity, genetic erosion, conservation, and utilization of germplasm.
- (g) Develop programs on health benefits of dates and various commercial food products.
- (h) Develop date palm functional genomics for studying useful genes leading to genetic improvement of date palm growing under climate change, enhanced fruit quality, and industrial products.

## 1.5 Date Fruit Production Statistics

During the planning of the present book, available data on date production were critically evaluated in order to determine the relative importance of the crop within a country based on national production in relation to global production quantities. The Food and Agriculture Organization of the United Nations (FAO) collects data from member nations and publishes annual agricultural production data on major crops. These data are the most comprehensive available and of primary concern in this book. In addition, FAO publishes data on the value of crops, as well as import and export quantities, but those data are of lesser importance given the focus of the book on production.

Domestic production statistics in most countries are incomplete or difficult to access. The exceptions are Saudi Arabia and Morocco which have published detailed accounts of their date palm cultivation which include some data on the numbers of palms being grown and area under cultivation, along with cultivar descriptions (INRA 2011; Min Agr Saudi Arabia 2006).

Aggregate world date fruit production for 2012 amounted to 7,548,918 mt, according to FAOSTAT. Table 1.1 lists reported producing countries in descending order of magnitude. The production figures given in Table 1.1 reflect the extent of date growing around the world. These data are a mixture of production figures provided by the various countries and FAO estimates. Burkina Faso, Ethiopia, Mali, and Senegal, discussed in this book, are not included in FAO data, apparently because commercial date production hardly exists yet.

There are some serious problems with the FAO data that have a bearing on this book and need to be discussed; date production reported for five countries is incorrect. The production reported for China of 150,000 mt represents the production of the red date fruit, rather than the true date palm. Red date or jujube is scientifically *Zizyphus jujuba* (L.) H. Karst., a tree or shrub of the Rhamnaceae or Buckthorn family. China has no production of true dates. A similar situation is found with respect to the reporting of 31,675 mt of date production in Turkey. In this instance, the figures represent production of the common fig. This misunderstanding arises from the same Turkish word being used to refer to dates and figs. Albania's reported



**Table 1.1** Date fruit production by country, 2012, in mt

| Ranking | Country              | Production (mt) |
|---------|----------------------|-----------------|
| 1       | Egypt                | 1,470,000       |
| 2       | Iran                 | 1,066,000       |
| 3       | Saudi Arabia         | 1,050,000       |
| 4       | Algeria              | 789,357         |
| 5       | Iraq                 | 650,000         |
| 6       | Pakistan             | 600,000         |
| 7       | Sudan (former)       | 433,500         |
| 8       | Oman                 | 270,000         |
| 9       | United Arab Emirates | 250,000         |
| 10      | Tunisia              | 190,000         |
| 11      | Libya                | 170,000         |
| 12      | China*               | 150,000         |
| 13      | Morocco              | 113,397         |
| 14      | Yemen                | 55,181          |
| 15      | Israel               | 42,866          |
| 16      | Kuwait               | 34,600          |
| 17      | Turkey*              | 31,765          |
| 18      | USA                  | 28,213          |
| 19      | Mauritania           | 22,000          |
| 20      | Qatar                | 21,843          |
| 21      | Chad                 | 20,000          |
| 22      | Niger                | 17,000          |
| 23      | Bahrain              | 15,000          |
| 24      | Somalia              | 13,000          |
| 25      | Albania*             | 12,935          |
| 26      | Jordan               | 10,417          |
| 27      | Mexico               | 6,012           |
| 28      | Spain                | 4,000           |
| 29      | Syria                | 3,986           |
| 30      | Palestine            | 3,600           |
| 31      | Benin                | 1,300           |
| 32      | Kenya                | 1,100           |
| 33      | Cameroon             | 600             |
| 34      | Namibia              | 400             |
| 35      | Peru                 | 400             |
| 36      | Swaziland*           | 330             |
| 37      | Djibouti             | 86              |
| 38      | Colombia*            | 30              |

Source: FAOSTAT (2012)

Countries which erroneously are reported to have date production are indicated with an asterisk

production of 12,935 mt of dates is a reflection of date imports from other countries being considered as national production; the country's climate is unsuited to commercial date production. Swaziland's reported production of 330 mt is incorrect, because there is no commercial date cultivation within the country

(McCubbin M, personal communication, 2014). The neighboring Republic of South Africa has some date growing focused on Medjool cv. in the Limpopo Region (McCubbin 2007), which does not appear in FAO statistics for the RSA. There are no FAO trade data on date imports and exports between the two countries, so it appears unlikely there is any connection. FAO has reported date production for Swaziland each year since 1999, all based on either an estimate or imputation methodology. The most plausible explanation is that the production reported as dates is for some other fruit. Finally, the statistic that Colombia produced 30 mt of dates is not from domestic production but rather from imports and exports. Climatic conditions in the country also are unsuited for commercial date growing. Inclusion of these five countries in world production totals resulted in an overstatement of 195,060 mt in 2012. India should be but is not included in Table 1.1 for unknown reasons; data are either not collected in the country or, if they are, not submitted to FAO. Whatever the case, according to data from a newspaper estimate cited in Chap. 14, India's date production was estimated in 2010/2011 to be at least 120,000 mt, which would place it among the top twelve world producers.

The quality and accuracy of national date production data vary, irrespective of the significance of the crop to the individual country's agricultural sector. Among the factors at play are the following:

- (a) The mix of modern formal plantation cultivation and traditional date growing where densities vary and other crops are grown in association such as is typical in oases. Statistical data on the former are much easier to gather and are more accurate.
- (b) Planting densities in some countries are highly variable; hence it is difficult to take data on area under cultivation and derive the actual number of trees being grown.
- (c) Data from farmers may be understated in countries where taxes are assessed on the basis of total production and likewise the quantities of dates consumed by growers and their families or used as livestock feed are poorly known.
- (d) The level of proficiency of the national agency collecting agricultural production data is again highly variable.
- (e) Data from one producing country may be double counted. For example, Mexico's small date production takes place just south across the border from the Yuma, Arizona, and Bard, California area, one of the two most important production regions of the USA. An indeterminate quantity of Mexican dates is known to be shipped to Yuma, Arizona, and sold through the large cooperative processing facilities in that city. Other such examples likely exist in some African countries.

Regarding production data by date cultivar at the national level, data are non-existent. National date production statistics in even the most advanced agricultural countries such as the USA are aggregated and not collected by cultivar. As indicated in the country chapter in these volumes, the most prominent cultivars are identified, but their relative ranking as regards total national production is unknown. The most reliable production data by date cultivar is derived from farm or research station records of per tree productivity.

The lesson to be drawn from this discussion is that date palm production statistics for each country must be appraised for their accuracy and reliability within the context of the conditions which are known to exist in that country.

## 1.6 Food Value of Dates

In the human diet, date fruits are rich sources of sugars, protein, fiber, minerals, and certain vitamins. A quick energy source because of the high sugar content, dates have been called *nature's candy*; they are an excellent snack food and currently being recommended as such. When the fruits reach maturity (tamar), sucrose inverts into glucose and fructose. Dates contain reasonable amounts of vitamin A, thiamin, riboflavin, and niacin and are a good source of minerals such as potassium, calcium, and iron, as well as of dietary fiber. The burgeoning natural food sector is promoting date consumption as a functional food and as possessing antioxidant qualities. Dates are included in the group of recommended healthy food choices for individuals suffering from type 2 diabetes. Each date cultivar has an individual profile of nutritional values. Table 1.2

**Table 1.2** Nutritional value of Deglet Noor and Medjool cv. dates (nutrient values and weights are for edible portion)

| Nutrient                 | Unit | Value per 100 g |             |
|--------------------------|------|-----------------|-------------|
|                          |      | Deglet Noor cv. | Medjool cv. |
| <i>Proximates</i>        |      |                 |             |
| Water                    | g    | 20.53           | 21.32       |
| Energy                   | kcal | 282             | 277         |
| Protein                  | g    | 2.45            | 1.81        |
| Total lipid (fat)        | g    | 0.39            | 0.15        |
| Carbohydrate             | g    | 75.03           | 74.97       |
| Fiber, total dietary     | g    | 8.0             | 6.7         |
| Sugars, total            | g    | 63.35           | 66.47       |
| <i>Minerals</i>          |      |                 |             |
| Calcium, Ca              | mg   | 39              | 64          |
| Iron, Fe                 | mg   | 1.02            | 0.90        |
| Magnesium, Mg            | mg   | 43              | 54          |
| Phosphorus, P            | mg   | 62              | 62          |
| Potassium, K             | mg   | 656             | 696         |
| Sodium, Na               | mg   | 2               | 1           |
| Zinc, Zn                 | mg   | 0.29            | 0.44        |
| <i>Vitamins</i>          |      |                 |             |
| Vitamin C, ascorbic acid | mg   | 0.4             | 0.0         |
| Thiamin                  | mg   | 0.052           | 0.050       |
| Riboflavin               | mg   | 0.066           | 0.060       |
| Niacin                   | mg   | 1.274           | 1.610       |
| Vitamin B <sub>6</sub>   | mg   | 0.165           | 0.249       |
| Folate, DFE              | μg   | 19              | 15          |
| Vitamin A, RAE           | μg   | 0               | .7          |
| Vitamin A, IU            | IU   | 10              | 149         |
| Vitamin E                | mg   | 0.05            | –           |
| Vitamin K                | μg   | 2.7             | 2.7         |

Source: US Department of Agriculture National Nutrient Database for Standard Reference, Basic Reports 9087 and 9421. Accessed 18 Sept 2014

gives the nutritional values for two common commercial cultivars: Deglet Noor and Medjool. Ahmed et al. (2014) provide a good current summation of research of the composition and nutritional value of date fruits, and Vayalil (2014) of the bioactive compounds and functional properties of the fruit.

## 1.7 Date Production in Asia and Europe

Together the countries included in this volume account for just over one-half of the world's date production. Iran, Saudi Arabia, and Iraq consistently rank among the top five world producers.

An insect pest problem common to the region is the red palm weevil (*Rhynchophorus ferrugineus* Oliv.), of tropical South Asian origin, which has disseminated westward and spread throughout the Middle East and Mediterranean Basin. This destructive pest of date palm attacks the stem and if untreated can kill the tree. No highly effective control measures have yet been found.

The countries in this region are characterized by large populations of seedling dates, often grown under haphazard conditions, which have low fruit productivity. Compared to elite cultivars, seedling dates often exhibit greater tolerance to biotic and abiotic stresses; therefore they may harbor genetic resources of value to plant breeders and for that reason merit scientific assessment (Johnson et al. 2013).

The South Asian date-growing countries (Pakistan and India), Spain, and the Mediterranean parts of the North African countries share a problem of marginal climatic conditions for date growing either because of rainfall during the period of fruit maturation or an insufficient number of days with suitably high temperatures to fully mature fruit on the tree. Under such conditions growers elect to plant early-bearing cultivars which ripen before the annual monsoon rains or cooler weather, and/or the fruits are harvested at khalal or rutab stages and artificially ripened; the latter involving extra labor costs.

Two Asian countries, United Arab Emirates and Jordan, are not covered in this book, despite their significance and the concerted efforts by the editors to involve chapter authors from the two countries. Brief accounts of the date production status in the two countries, derived from available source materials, are given below.

### 1.7.1 United Arab Emirates

The UAE is the ninth largest date producer in the world, having ascended rapidly to that rank. From 1980 to 2012, the country experienced a five-fold increase in date production (51,157–250,000 mt), according to FAO data. Currently, it is estimated to have some 44 million date palms. In addition to its cultivation for fruit, the date palm is by far the most common ornamental plant in the UAE.

A considerable number of introduced and indigenous date cultivars are grown in the UAE. Ba-Angood and Ahmed (1984) studied the chemical composition of 64 major date cultivars grown in the UAE, introduced and native, but did not give their individual origins. A new study of genetic diversity of date palm in the UAE, also introduced and native, enumerated 72 different cultivars, with their countries of origin. In the study, 22 native cultivars were included: Bahlani, Khood, Mena, Ayn Baqar, Anwan, Jask Falk, Jash Jafar, Khad Alfaras, Shahil, Um AlQuareen, Um AlSalaa, Abu AlAuzook, Abu Keal, Azmi, Dabbassi, Jash AlAlwan, Jash Samra, Khad Alasal, Khatery, Nawander, Salahee, and Um AlDiheh (Chaluvadi et al. 2014). A comparison of the cultivar names in the two studies is challenging because of different spellings, but it appears about 14 are common to both. These figures suggest that overall about 120 date cultivars are grown in the UAE. Zaid (2003) also estimated the gene pool at approximately 120 cultivars. He also enumerated 14 new cultivar introductions: Khlal, AbouMaan, Hallawi, Khissab, Khnaize, Nabut Saif, Jabri, Hillali, Lulu, Chichi, Khadraoui, Sakii, Sultana, and Barhi.

Other date research specific to the UAE is a study by Dakheel (2003) on salinity and drought stress and another by Al Shakir (2003) on date postharvest technology.

Traditional date palm cultivation has existed in what is now the UAE for millennia. Salem (1998) described date production according to regions of the Emirates. The Abu Dhabi region is the largest, accounting for about 45 % of production, followed by the Middle Region (25 %) and the North and East regions each with 15 %. The cultural practices described are irrigation, fertilizers (manure), hand pollination, fruit thinning by bunch or strand removal, and pruning of leaves and spines. Major constraints included lack of irrigation water and salinity of water and soils, as well as marketing difficulties. A problem of older date farms is poorly performing cultivars and high planting densities which reduce yields while consuming large quantities of irrigation water. Otter (1997) also provides some information about small-farmer practices. Among the constraints to expansion of existing date growing cited by Zaid (2003) are water resources for irrigation, a shortage of farm workers, pests and diseases, and weak farm management practices. Among the pests, red palm weevil, which reached the UAE in 1985, is the most serious (Zaid 2003).

An earlier problem of a scarcity of planting material has been dealt with. The UAE now has ample sources of tissue-cultured date palms of leading cultivars, for both domestic and foreign date growers, produced by the Date Palm Tissue Culture Laboratory, UAE University, Al Ain; Green Coast Nursery, Fujairah; and Al Wathba Marionnet, Abu Dhabi.

The UAE has made significant contributions to date palm science through organizing and hosting five international date palm conferences, with published proceedings (First Int Conf 1998; Second Int Conf 2001; Zaid et al. 2007; Zaid and Alhadrami 2010; Fifth Int Conf 2014). Since 2000, the United Nations Office for Project Services (UNOPS) has supported a date palm research and development program at the UAE University in Al Ain. This program has provided technical support to the UAE, the Gulf Region, and other date-producing countries. The annual Khalifa International Date Palm Awards, created in 2007, with a secretariat in Al

Ain Abu Dhabi, is providing recognition to the contributions of both individuals and institutions in the advancement of date palm cultivation and production.

### **1.7.2 Jordan**

Date production is highly concentrated in the Jordan Rift Valley, which extends along the entire western boundary of the country. Elevations below sea level in most of the valley provide a frost-free environment of higher than average temperatures for the latitude, conditions ideal for date growing. Reportedly, there are 335 date farms in the country containing about 250,000 trees. Date production has experienced a significant recent increase, climbing from 220 ha in 1995 to 2,497 ha in 2011. Production in 2012 amounted to 10,417 mt. According to a 2005 survey, in order of importance, the major cultivars grown are Medjool, Barhi, Khadrawy, Khalas, Deglet Noor, Zaghoul, Hayany, Zahidi, Mektour, and Ahmar Talal. The Jordanian Date Producers and Marketing Association was created in 2005 to market the expanding fruit production. The major constraint to increased date growing is a reliable supply of irrigation water which is not too salty. Red palm weevil is the leading insect pest. The foregoing information is drawn from (Rumman and Al-Zubi 2014).

## **1.8 Conclusions and Prospects**

Chapters covering 13 Asian date-producing countries are included in this Volume 2. They range in importance from Iran and Saudi Arabia, each producing more than one million mt annually, to Syria and Palestine with production below 4,000 mt per year. The inclusion of Spain provides an exceptional instance of growing date palms in a climatic area that is marginal for quality fruit production, but where date growing is motivated, to a large degree, by a profound historic appreciation of their distinctive ornamental value in the southwestern region of the country.

Common to all of the Middle Eastern countries is the antiquity of date cultivation, including the homeland of domestication in the Tigris-Euphrates Valley. A history of cultivation reaching back some 6,000 years has produced a multitude of cultivars, many of which are of commercial importance today, such as Barhi, Dayri, Halawy, Khadrawy, and Zahidi, all historic Iraqi cvs. Seedling date populations exist throughout these countries, as well as in South Asia where the palm was introduced about 4,000 years ago (Pareek 2015). The Asian countries represent a rich storehouse of genetic variability of the date palm. Another shared characteristic of Asian date-growing countries is the number of prepared products from date fruit, such as syrup, sugar, vinegar, and alcohol, along with a host of artisanal objects made from the leaves, midribs, leaf bases, and stem wood.

Prospects for increased date fruit production in Asia are encouraging. Attempts are underway to rehabilitate the Iraqi date industry so ravaged by war. As discussed

above, new plantations established in the UAE have advanced the country to be among the top ten world producers. Saudi Arabia has maintained its prominence as a world producer over recent decades. India has a high domestic demand for dates currently being met chiefly from imports, giving the country a pronounced incentive to increase production; private and public programs to that end are being pursued. Spain, the sole European country included in this volume, has some potential to improve local fruit production, but the dates grown are likely to remain an exotic gourmet food item.

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