Chapter 23 *Octopus vulgaris***. Paralarval Culture**

José Iglesias and Lidia Fuentes

Abstract There have been many attempts worldwide to produce in captivity juveniles of *Octopus vulgaris,* one the most studied cephalopod species in the world because of its very strong market interest. This chapter reviews the different methods used to obtain and maintain broodstocks and the rearing technologies applied to the paralarvae. The main parameters and culture methods to rear the planktonic stage are discussed and a protocol for the rearing of the paralarvae is suggested. The main bottlenecks in the cultivation of this species are emphasized, and further research topics are suggested, including both technical and biological aspects.

In laboratory trials, the best growth and survival of the paralarval phase is currently achieved by feeding a mixed live diet composed of enriched *Artemia* and crustacean zoeae. However, this method is not transferable to a commercial scale as there is limited availability of live zoeae. In order to advance from a research to an industrial scale, it is essential to develop an inert diet with the appropriate nutritional composition to be supplied from an age of 1 month onwards. Another option would be to develop an appropriate enrichment protocol for *Artemia* so that its composition simulates more closely that of crustacean larvae or wild zooplankton.

A protocol for the first month of *O. vulgaris* paralarvae culture, which allows the production of good-quality individuals (in terms of dry weight and survival) to start the settlement process, is proposed. Relatively high survival rates and paralarvae dry weights of 1.3–1.8 mg can be attained after 1 month on a sole diet of *Artemia*. These weights are increased to 2.5–3.5 mg when that diet is supplemented with zoeae.

Keywords *Octopus vulgaris* **·** Common octopus **·** Paralarvae rearing **·** Paralarvae feeding **·** Culture conditions

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23.1 Introduction

23.1.1 Importance of this Species in the Market and Capture Methods

The common octopus, *Octopus vulgaris,* is a species with a substantial global market and consequent capture importance. It is widely distributed with a high market price due to its high demand as a food source. It is appreciated and used in food preparations in Asiatic, Mediterranean and Latin-American countries and can be found in the market as fresh, frozen, whole or sliced products. The edible part of octopus is very high (over 90% of its body weight), resulting in a highly interesting product concerning yield.

It is a species that supports both industrial and artisanal fisheries. Local fishermen catch them using mainly hooks, lures and pots. In contrast, industrial fishermen catch large quantities in the oceanic sublittoral areas using trawls operated from large fishing boats. The declared annual world catches attributed to *O. vulgaris* declined from more than $100,000$ t in the late 1970s to around $40,000-50,000$ t during the period 2000–2010 (FAO [2012](#page-20-0)).

The common octopus is a highly valued species of great commercial interest in Spain. The octopus fishery has been overexploited in the past decades, which has forced the administration to regulate the fishery and, through research, to evaluate aquaculture techniques as an alternative source of supply.

Many of the species' biological features, such as direct embryological development, short life cycle, rapid growth and elevated food conversion index (Vaz-Pires et al. [2004](#page-23-0)), make it an excellent candidate for aquaculture. In addition, its high fecundity, rapid growth and high food conversion index, together with its high market value, make the common octopus a promising species for diversifying the aquaculture industry.

23.1.2 State of the Art

Research on rearing *O. vulgaris* paralarvae started in Japan when Itami et al. [\(1963](#page-21-0)) obtained the first benthic juveniles after 33 days at a mean temperature of 24.7 ºC using shrimp ( *Palaemon serrifer*) zoeae as prey. Later, Imamura ([1990](#page-21-1)) and Hama-saki et al. ([1991](#page-21-2)) reported successful rearing in 20 m³ tanks to which *Artemia* and *Nannochloropsis* sp. were added, suggesting for the first time the possibility of mass-producing octopus paralarvae. Subsequent research in Japan focused on the production of juveniles for enhancement programmes (Okumura et al. [2005;](#page-22-0) Kurihara et al. [2006](#page-21-3); Arai et al. [2008\)](#page-20-1), using *Artemia* supplemented with frozen slices of Pacific sandeel (*Ammodytes personatus*) as food for the paralarvae.

In Europe, the first successful rearing trials were carried out by Villanueva [\(1994](#page-23-1), [1995](#page-23-2)). He obtained benthic juveniles after 47 days using decapod crab zoeae as prey and a rearing temperature of 21.2ºC. Subsequently, Moxica et al. [\(2002](#page-22-1)) increased survival and dry weight of the paralarvae at 1 month by using larger prey (adult *Artemia* of up to 2 mm and spider crab zoeae). Settlement, however, was not attained. The complete culture cycle at an experimental level was first achieved in 2001 (Iglesias et al. [2004\)](#page-21-4), using both *Artemia* and spider crab zoeae as live prey. Later, Carrasco et al. [\(2005](#page-20-2)) achieved similar results using the same prey, but different cultivation systems with regard to water circulation, volume, colour and shape of tanks (see Table [23.1\)](#page-3-0). Recently, research on *O. vulgaris* paralarval rearing has spread to many regions of Spain including Andalusia, Asturias (Carrasco et al. [2006](#page-20-3)), Canary Islands (Hormiga et al. [2010;](#page-21-5) Feyjoo et al. [2011;](#page-20-4) Almansa et al. [2012\)](#page-20-5), Catalonia (Estévez et al. [2009](#page-20-6)), Galicia (Seixas [2009](#page-22-2); Seixas et al. [2010;](#page-22-3) Fuentes et al. [2011](#page-21-6)) and Valencia (Viciano et al. [2011](#page-23-3)). An Italian group, Maricoltura Di Rosignano Solvay (Livorno), has also researched this field (Lenzi et al. [2006;](#page-21-7) De Wolf et al. [2011](#page-20-7)). In 2007, they successfully reared paralarvae through to 160-day-old juveniles using enriched *Artemia*. More detailed information on growth and survival rates of trials cited above is given in Sects. 23.5.3 and 23.5.4.

In 2005, an international workshop on *O. vulgaris* reproduction and paralarvae rearing was held in Vigo (Spain) in order to discuss the different methods used, identify the causes of larval mortality and establish future research priorities (Iglesias et al. [2007\)](#page-21-8). A review of the biology of the planktonic stages of benthic octopuses was later published (Villanueva and Norman [2008\)](#page-23-4). An international workshop on Latin-American cephalopod culture was held during 2008 in Puerto Montt (Chile), the conclusions of which were published by Uriarte et al. ([2011](#page-23-5)). Recently, another workshop on cephalopod culture, organised by CIAC 2012 (Cephalopod International Advisory Council), took place in Florianópolis, Brazil, with the aim of defining the current status and research priorities of four cultured cephalopod species ( *Sepia officinalis, Sepioteuthis lessoniana, Octopus maya* and *O. vulgaris*; Vidal et al. manuscript in elaboration).

23.2 Broodstock Conditioning

High fecundity is one of the characteristics that encourages *O. vulgaris* to be considered as a serious candidate for diversification in aquaculture. According to Mangold ([1983\)](#page-22-4), wild females can lay up to 500,000 eggs and, in captivity, an output of approximately 100,000 eggs per kg has been achieved (Iglesias et al. [1997](#page-21-9)).

After several decades of work on the culture of this species, there is now little difficulty in capturing wild subadult and adult individuals, acclimatizing them to captive conditions and obtaining viable egg masses. When keeping wild males and females together under suitable environmental conditions and providing them with shelters, nearly 100% of females can mature and lay egg strings (Iglesias et al. [2007](#page-21-8)).

Welfare considerations need to be taken into account when maintaining octopus in captivity. It has been argued that the European Union Directive 2010/63/EU on animal welfare should be applied to cephalopod breeding and experimentation in aquaculture research (Sykes et al. [2012\)](#page-23-6). These authors suggested revisions to the

animal welfare legislation, the definition of live cephalopods, stress, pain and suffering. Although some recent reports have been published on this topic, research on appropriate culture conditions, behaviour and stress responses must be carried out in the near future. For more information on this topic, see Chap. 6.

Iglesias et al. ([2007](#page-21-8)) made a comparative analysis of the different broodstock conditioning systems used in the world and concluded that whereas methods of capture, transport, food supply and light intensity are similar among different research groups, male to female ratios and the holding temperatures $(14-25^{\circ}\text{C})$ may differ widely. With regard to this subject, it is possible to establish the following recommendations.

23.2.1 Broodstock Capture and Transport

Trawl nets enable the capture of large numbers of octopus, but can both harm the individuals and cause a negative environmental impact. Consequently, selective fishing methods like creels or individual traps are recommended for the capture of spawners.

Individual mesh bags or separate containers can be used during and after transportation in order to avoid attacks between individuals, stress and subsequent mortality (Fuentes et al. [2005\)](#page-20-8). Oxygen supply is recommended, particularly when stocking densities are high.

23.2.2 Food Supply

Broodstock diet can influence the biochemical composition and biometrical relationships of the newly hatched paralarvae (Quintana et al. [2007](#page-22-5), [2009;](#page-22-6) Márquez et al. 2013). Frozen and fresh crustaceans and fish of low commercial value are usually used as food with optimal results (Iglesias et al. [2007;](#page-21-8) Quintana [2009;](#page-22-7) Estefanell [2012\)](#page-20-9). Adult females refuse feed when spawning is imminent (see Chap. 1); in consequence, the quantity of food should be reduced during this period to maintain good water quality.

23.2.3 Sex Ratio

Some authors (Villanueva [1995](#page-23-2); Okumura et al. [2005](#page-22-0)) capture only wild mature females during the natural spawning season to obtain eggs in captivity; these females are usually already fertilised from previous matings and can preserve viable sperm in their oviducts for long periods. In these cases, males are not needed.

Nevertheless, most authors obtain viable eggs by keeping males and females together in a ratio of 1:3 (Iglesias et al. [2000,](#page-21-10) [2007](#page-21-8)).

23.2.4 Physical and Chemical Parameters

Physical and chemical parameters in broodstock tanks are important determinants of successful egg laying. Density should not exceed 5 kg m−3 and tanks should be provided with filtered seawater and a minimal renewal rate of 400–800% day−1 in order to maintain abiotic water parameters at optimal levels (Iglesias, personal communication). Dissolved oxygen levels should be kept around 100% saturation. Temperature should follow that of the natural seawater temperature cycle as much as possible and should not drop below 14° C nor exceed 25° C (Iglesias et al. [2007](#page-21-8)). Similarly, water salinity should simulate local seawater values. Semi-dark conditions are commonly used, but natural photoperiod with shaded natural light is also utilized (De Wolf et al. [2011\)](#page-20-7). Individual shelters (terracotta or polyvinyl chloride (PVC) tubes) should be provided to facilitate egg laying.

23.3 Spawning Process

23.3.1 Female Conditions

Each spawning female with its strings of eggs should be transferred to an individual tank to avoid being disturbed by conspecifics and to facilitate the counting of eggs laid and hatched paralarvae. Tank volume should be 200–500 L, and temperature must be the same as the broodstock tank.

Females take care of egg masses by oxygenating and cleaning them throughout the embryonic development process. They do not feed during this period and consequently reduce their weight; a 4-kg female, for example, can lose 30% of its weight during this process (Fig. [23.1\)](#page-8-0). Under suboptimal or stressful circumstances, females may leave the shelter and abandon the egg clusters. In this case, hatching percentage can fall to as little as 50% due to egg detachment, fungal infection, etc. (Lenzi et al. [2002](#page-21-11)). Exceptionally, another different female from the broodstock may take over the eggcaring role (Iglesias, personal communication). A special incubator to maintain eggs without a female was patented by Rosas et al. [\(2010](#page-22-8)). It was originally developed for *O. maya,* a large-egg species, but is currently being tested for *O. vulgaris* in the Austral University of Chile. Simple PVC tube systems with continuous water flow and aeration have also been successfully tested at the Spanish Institute of Oceanography.

23.3.2 Egg Handling

A weekly check of each egg cluster should be established to estimate the time in days necessary to hatch according to the incubation temperature. Using this method, the hatching date can be predetermined in order to estimate in advance the needs for

Fig. 23.1 Weight loss (%) of *Octopus vulgaris* breeding females as a percentage of their initial weight (after egg laying) during the egg-care period

larval rearing (phytoplankton and *Artemia*; Boletzky [1987](#page-20-10)). Figure [23.2](#page-9-0) shows the evolution of the embryonic development of *O. vulgaris* at 18ºC, which takes around 38 days to hatch; the different stages have been identified according to Naef ([1928](#page-22-9)).

Transportation of egg strings should be performed together with the female in the original spawning shelter, and swinging movements that would cause damage to the egg mass should be avoided. In order to avoid premature hatching, this process must be performed before the second embryonic inversion occurs (Fig. [23.2](#page-9-0)f). Due to high oxygen consumption by eggs (Parra et al. [2000\)](#page-22-10), additional oxygenation should be used during transportation. Drastic fluctuations in other parameters (e.g. temperature, salinity, pH, light intensity) should be avoided to prevent premature hatching.

In cases when egg strings need to be transported without the female, they should be placed in plastic containers filled with oxygen supersaturated seawater and a low temperature be maintained. Strings should be held in a vertical position by hanging them from the container cap.

23.4 Paralarvae Culture Conditions

Since the 1990s, many attempts have been made by several research groups to determine the feasibility of paralarval culture, and a wide range of rearing conditions have been tested (reviewed by Iglesias et al. [2007](#page-21-8); De Wolf et al. [2011](#page-20-7)). Table [23.1](#page-3-0)

Fig. 23.2 Embryonic development of the common octopus *Octopus vulgaris* at 18ºC. **a** Prior to first inversion (Naef IV–VI stage). **b** Post first inversion (Naef VIII stage). **c** Embryo differentiation (Naef XI stage). **d** Naef XII–XIV stage. **e** Chromatophores and internal yolk (Naef XV stage). **f** Post second inversion (Naef XIX stage). (Photographs by M. Nande)

shows the culture conditions used, including the different feeding strategies, prey concentrations and larval densities.

The main problem that hampers the success of commercial culture of octopus is the high mortality rate observed during the first 2 months of paralarval rearing. The lack of a standardised culture system and the absence of appropriate food sources that fulfil nutritional requirements have been identified as two possible factors responsible for this mortality (Iglesias et al. [2007\)](#page-21-8). Even if survival rates during the **Fig. 23.3** Ventral view of recently hatched *Octopus vulgaris* paralarvae (total length: approximately 3 mm; 3 suckers per arm). (Photograph by M. Nande)

planktonic stage have increased considerably in the past decades, successful juvenile settlement is still very difficult to achieve.

23.4.1 Paralarvae Collection and Transfer

Recently hatched *O. vulgaris* paralarvae (Young and Harman [1988](#page-23-7)) measure around 3 mm TL, have three suckers per arm and an individual dry weight of 0.20–0.35 mg (Villanueva and Norman [2008](#page-23-4); Iglesias et al. [2007](#page-21-8); Fig. [23.3](#page-10-0)).

The transfer of paralarvae to rearing tanks should be accomplished carefully in order to avoid stress or damage. When concentrations of paralarvae are high, they can be collected with 1–2 L plastic beakers, but when concentrations are low a 30 cm diameter PVC collector with 0.5 mm mesh can be used to collect them. Paralarvae can be counted either individually or by volumetric estimation (Iglesias et al. [2006;](#page-21-12) Fuentes et al. [2011](#page-21-6)).

23.4.2 Tank Colour and Volume

Dark tanks are used by most authors, even though observing paralarvae in these tanks is quite difficult. Other authors have also reported very good results for growth and survival using completely white tanks (Carrasco et al. [2005\)](#page-20-2) or tanks with black walls and white bottom (De Wolf et al. [2011](#page-20-7)).

There is a general agreement that good growth and survival can be achieved in 500 and 1,000 L cylindro-conical tanks. Sánchez et al. ([2010\)](#page-22-11) concluded that growth is positively related to tank volume; paralarvae reared in 1,000 L tanks attained a dry weight of 1.73 ± 0.27 mg after 21 days, significantly greater than the 1.44 ± 0.33 mg obtained in 100 L tanks. De Wolf et al. ([2011](#page-20-7)) also obtained better results using larger tanks attributing the differences to the less dramatic fluctuations in physical conditions in larger tanks. Seixas [\(2009](#page-22-2)) and Villanueva et al. [\(2002](#page-23-8)), using small rearing tanks of 25–50 L, obtained dry weights of 0.83 and 0.90 mg, respectively,

for 1-month-old paralarvae. On the other hand, Moxica et al. [\(2006](#page-22-12)) and Viciano et al. ([2011](#page-23-3)), working with 1,000 L tanks and using enriched *Artemia* (cultured with *Isochrysis* sp. and further enriched with *Nannochloropsis* sp.), obtained dry weights of 1.76 mg and 1.88 mg, respectively, for the same-aged paralarvae.

23.4.3 Physical and Chemical Culture Parameters

23.4.3.1 Water Circulation

Stagnant water is commonly used for the first week to maintain a green-water system; thereafter, some authors exchange water for 4 h day⁻¹, corresponding to a 100% day−1 renewal rate (Iglesias et al. [2007](#page-21-8); Viciano et al. [2011](#page-23-3)), whereas others recommend maintaining a constant water flow to give an exchange rate of at least 150% day−1 (De Wolf et al. [2011\)](#page-20-7). The water inlet should produce a mild tangential circulation of the surface water. However, both lateral and centrally bottom-placed water outlets have been used by some investigators.

In order to obtain a homogeneous distribution of paralarvae and live prey in the culture tanks, gentle aeration can be supplied by air stones (Iglesias et al. [2004;](#page-21-4) Okumura et al. [2005\)](#page-22-0) or open tube aeration can be done (De Wolf et al. [2011](#page-20-7)). Currents that result in the accumulation of paralarvae in very small areas should be avoided.

It is also important to prevent the production of small air bubbles that can be trapped in the paralarvae mantle. For this reason, special devices for the distribution of the incoming water, such as multiple superficial inlets (Villanueva [1995](#page-23-2)) or bottom water inlets combined with a superficial water outlet (Carrasco et al. [2005](#page-20-2), 2006), have been used. Nevertheless, the use of a high water flow can increase the risk of skin damage and arm erosion, resulting in an increased mortality of the paralarvae (Vidal et al. [2002](#page-23-9)).

23.4.3.2 Light

A wide range of light conditions (natural light, incandescent bulbs, fluorescent tubes) has been used in paralarval culture. Optimal light conditions seem to depend on the type of tanks that are used. In general, higher light intensities and longer photoperiods are used in black tanks than in light-coloured tanks or white-bottom tanks. Surface light intensity in the rearing tank should be 500–700 Lx when using black tanks (Iglesias and Fuentes [2013](#page-21-13)), whereas other authors recommend using lower light intensities (60–250 Lx for a 14 h L (light):10 h D (dark) photoperiod) in black-walled and white-bottom tanks (De Wolf et al. [2011](#page-20-7)). Garrido et al. ([2012](#page-21-14)) studied the effect of different types of lighting on the growth and survival of *O. vulgaris* paralarvae.

23.4.3.3 Temperature

The change of temperature between the broodstock tank and the paralarvae rearing tank must be gradual (an increase of approximately 1° C per day). Temperature is the most important determinant of development and growth of paralarvae (Mangold and Boletzky [1973\)](#page-22-13). Paralarval rearing temperatures cited in the literature range between 19 and 25 ºC (Iglesias et al. [2007\)](#page-21-8), but temperatures of 20–22 ºC are recommended to obtain optimal growth and survival. High daily temperature fluctuations should be avoided during paralarval culture.

23.4.3.4 Chemical Parameters

The most important water quality parameters in the larval rearing phase are salinity, pH and concentrations of dissolved oxygen, ammonia, nitrite and nitrate.

Octopuses show very low tolerance to low salinity; therefore, seawater of around 32–35 psu should be used. Salinity should be as constant as possible because sudden changes are not tolerated by paralarvae. Rearing places close to rivers and freshwater sources need to take into account this parameter.

Dissolved oxygen is crucial for gas exchanges and depends on temperature. Optimal levels in the paralarvae rearing process should be kept between 6 and 8 mg L⁻¹, but should not be allowed to fall below 4 mg L⁻¹. Cerezo-Valverde and García-García [\(2005](#page-20-11)) determined optimal oxygen saturation levels for subadult and adult individuals to be between 100 and 65% and suboptimal saturation levels between 65 and 35% (dangerous below 35%) for temperatures between 17 and 20 ºC.

pH, nitrite and ammonia levels need to be monitored according to water renewal but at least once a week. Feyjoo et al. [\(2011](#page-20-4)) determined the acute toxicity of unionized ammonia and nitrite on newly hatched *O. vulgaris* paralarvae. The lethal concentration 50 (LC50) value after 24 h of exposure was 10.7 ppm for ammonia and 19.9 ppm for nitrite. This suggests that paralarvae are quite resistant to free ammonia compared to marine fish larvae, but much less resistant to nitrite. At concentrations much lower than the LC50 values, negative effects are observed on both prey intake and chromatophore activity (Feyjoo et al. [2011](#page-20-4)).

Gas supersaturation can explain the extensive mortality that sometimes happens during the early life stages in intensive production of marine species (Gunnarsli et al. [2008](#page-21-15)). Air bubbles can be formed in gills, fins, skin and blood of fishes (gas bubble trauma), whilst in the case of *O. vulgaris* paralarvae, bubbles usually appear inside the mantle cavity. This phenomenon can be related to water circulation, temperature and chemical parameters; for example, it can appear through the mechanical process of heating the water, long pipe runs, pump cavitation, etc. In order to prevent water supersaturation (mainly nitrogen gas), it is recommended to have a method of trickling water over a large surface area, as in a packed-column aerator (Hargreaves and Tucker [1999](#page-21-16)).

23.5 Paralarvae Feeding

23.5.1 Prey Size

Paralarvae can start feeding from the first day of life, but usually a greater number of attacks are recorded 2 days after hatching at temperatures of $18-20\degree C$ (Iglesias et al. [2006](#page-21-12)). These authors also reported that larger *Artemia* (1.4±0.4 mm) were clearly preferred to smaller *Artemia* (0.8±0.1 mm) at first feeding. Nevertheless, a wide range of prey sizes has been used in research on paralarvae rearing. Navarro and Villanueva ([2003](#page-22-14)) used *Artemia* nauplii of 450–750 µm, in the first few weeks of culture, while others (Moxica et al. [2002;](#page-22-1) Iglesias et al. [2004;](#page-21-4) Carrasco et al. [2005;](#page-20-2) Estévez et al. [2009](#page-20-6)) used *Artemia* of 2 mm length or bigger.

In order to investigate the effect of prey size on growth, Fuentes et al. [\(2009](#page-20-12)) compared the use of small *Artemia* enriched for 24 h with *Isochrysis galbana* (0.7 mm TL) with that of larger *Artemia* grown for 4 days with the same microalga (1.5 mm TL) during a 30-day larval rearing experiment. There were no significant differences in growth during the first 15 days, but growth was significantly faster when larger *Artemia was* used as diet during the next 15 days of trial (Table [23.1](#page-3-0)). Considering these results, for experimental larval rearing, it is recommended that *Artemia* of 0.5–0.7 mm length are used for the first 15 days followed by *Artemia* of 1.5–2 mm length.

23.5.2 Paralarval Nutritional Requirements

Navarro and Villanueva [\(2000,](#page-22-15) [2003\)](#page-22-14) considered that a lack of balance in lipid and fatty acid composition and a deficiency in polyunsaturated fatty acids (PUFAs) of the food supplied could be responsible for the high mortality and low growth during *O. vulgaris* paralarvae rearing. Okumura et al. ([2005](#page-22-0)) used *Artemia* supplemented with flakes of *A. personatus* to increase the proportion of PUFAs in the diet. Seixas ([2009\)](#page-22-2) and Seixas et al. [\(2010](#page-22-3)) fed *Artemia* enriched with different microalgae species rich in PUFAs, whereas Bersano [\(2003](#page-20-13)) and Estévez et al. ([2009\)](#page-20-6) used live copepods and other zooplankton groups, respectively. Besides PUFAs, amino acids seem to be another important component in the diet. Villanueva et al. [\(2004](#page-23-10)) found that lysine, arginine and leucine represent about half of the total essential amino acids in cephalopod hatchlings. In addition, Villanueva and Bustamante [\(2006](#page-23-11)) studied the importance of essential elements in the diet and detected a higher content of copper in *O. vulgaris* hatchlings and wild juveniles than in *Artemia*-fed paralarvae. An approach to meeting their vitamin A and E requirements in culture has been published by Villanueva et al. ([2009](#page-23-7)). Further information on nutritional requirements can be found in Chap. 5.

Fig. 23.4 Growth of *Octopus vulgaris* during the first month obtained using *Artemia* cultured for 4 days with *Isochrysis galbana* and further enriched with *Nannochloropsis* sp. as food. (From Moxica et al. [2006](#page-22-12))

23.5.3 Artemia Enrichment

Even though *Artemia* is easily available and well accepted by *O. vulgaris* paralarvae, Navarro and Villanueva [\(2003](#page-22-14)) have reported that *Artemia* per se has an inadequate lipid composition, the docosahexaenoic acid (DHA) and eicosapentaenoic acid (EPA) content being especially low.

The only experiment in which rearing to the adult stage has been reached on a sole diet of *Artemia* was carried out by Moxica et al. [\(2006](#page-22-12)). They obtained 67% survival of paralarvae (dry weight of 1.89 mg) after 1 month of culture (Fig. [23.4\)](#page-14-0), 0.9% after 70 days, three individuals at 3 months and finally one adult octopus. In that experiment, a green-water system based on *Nannochloropsis* sp. was used, and the *Artemia* was cultured for 4 days with *I. galbana* and further enriched with *Nannochloropsis* sp. Fuentes et al. [\(2011\)](#page-21-6) suggested that the combination of the DHA provided by *I. galbana* and the high EPA content present in *Nannochloropsis* sp. could cover the basic PUFA requirements of octopus paralarvae.

Hamasaki and Takeuchi ([2000\)](#page-21-17) and Hamasaki and Morioka [\(2002](#page-21-18)) also reported successful results when adding *Nannochloropsis* sp. to the culture tank of planktonic larvae and as food for *Artemia*. Hamasaki and Takeuchi [\(2000](#page-21-17)), using *Artemia* biomass (1–2.7 mm) with or without *Nannochloropsis* sp. in the rearing tank, attained 88% survival at day 24; Hamasaki and Morioka ([2002\)](#page-21-18) obtained 62.5% survival rate at day 40, using *Artemia* biomass (1.5–2 mm) fed with *Nannochloropsis* sp. Another possible beneficial aspect of adding *Nannochloropsis* sp., previously cited for other marine species (Skiftesvik et al. [2003](#page-22-16)), is its inhibitory effect on harmful microflora in the culture tank. Besides the nutritional role, De Wolf et al. [\(2011](#page-20-7)) suggested that microalgae may generate a shading effect resulting in better prey visualisation and a more homogeneous distribution of the paralarvae in the water column.

A different *Artemia* enrichment process has been proposed by Seixas et al. ([2010](#page-22-3)). They suggested that a microalgae combination of *I. galbana* and *Rhodomonas lens* was the best because it provides a high level of PUFAs (*I. galbana*) and a very high level of protein ( *R. lens*).

The higher protein to lipid ratio present in *Artemia* can also positively affect paralarvae growth (Fuentes et al. [2011\)](#page-21-6). Seixas et al. ([2010\)](#page-22-3) reached a similar conclusion and suggested that in order to sustain good paralarvae growth, a minimum dietary protein to lipid ratio should be maintained.

Other authors have used enrichments other than microalgae. Kurihara et al. ([2006](#page-21-3)) enriched *Artemia* with fish egg powder (Plus Aquaran, BASF Japan), which was supplemented with frozen *A. personatus* flakes (improving DHA content), and obtained 10% survival rate at day 42. Hamasaki and Takeuchi ([2001](#page-21-19)) used *Artemia* biomass (2 mm), enriched or not with yeast or shark egg powder, with *Nannochloropsis* sp. in the tank and obtained 24% survival rate at day 20.

23.5.4 Crustacean Zoeae as Optimal Prey

Very few studies of the natural prey of *O. vulgaris* paralarvae have been published because almost no early stages of this species have been found in nature. Roura et al. ([2012](#page-22-17)) used a polymerase chain reaction (PCR)-based method with group-specific primers selected to identify prey consumed by *O. vulgaris* paralarvae in the wild; they identified 12 families of crustaceans (11 belonging to the order Decapoda and 1 to the order Euphausiacea) and two families of fishes (Gobiidae and Carangidae). Additionally, Couto [\(2012](#page-20-14)) found that a high number of attacks on cirripede larvae were registered when live wild zooplankton was provided to 2-day-old *O. vulgaris* paralarvae in first feeding laboratory experiences.

As an approach to determining the hypothetical optimal composition of prey for *O. vulgaris* paralarvae, Navarro and Villanueva [\(2000](#page-22-15), [2003](#page-22-14)), Villanueva and Bustamante ([2006\)](#page-23-11) and Villanueva et al. ([2004,](#page-23-10) [2009\)](#page-23-7) studied the lipids, fatty acids, amino acids, essential and nonessential elements and vitamins A and E of mature ovaries, eggs, early stages and juveniles of wild *O. vulgaris*.

In general, the best growth and survival of paralarvae in culture conditions were attained using crustacean larvae alone or as a complement to enriched *Artemia*. Villanueva and Norman [\(2008](#page-23-4)) provided a detailed review of prey offered, survival and duration of the planktonic period. Itami et al. [\(1963\)](#page-21-0), using shrimp (*P. serrifer*) zoeae of 2–4 mm body length as prey, obtained the first benthic juveniles (10–15 mm TL) after 33 days, with survival rates of 9% at 40 days and 4% after 3 months of culture. Villanueva ([1994](#page-23-1), [1995](#page-23-2)) obtained benthic juveniles with settlement starting after 47 days with a survival rate of 9%. Wet weight after 60 days was 173.2 mg. They used crustacean zoeae ( *Liocarcinus depuratus* and *Pagurus prideaux*) as prey. Afterwards, Moxica et al. [\(2002](#page-22-1)), using adult *Artemia* up to 2 mm and spider crab zoeae ( *Maja brachydactyla*) as food, obtained 8.3% survival rate after 1 month and 0.2% after 56 days when the mean dry weight of the paralarvae was 9.21 ± 0.92 mg.

The complete culture cycle at an experimental level was attained for the first time in 2001 (Iglesias et al. [2004](#page-21-4)) using both *Artemia* and spider crab ( *Maja*

Fig. 23.5 Comparison of growth obtained by (*x*) Iglesias et al. ([2004\)](#page-21-4) at 22.5 °C and (•) Carrasco et al. ([2006](#page-20-3)) at 21.2ºC using similar preys ( *Artemia* and zoeae crustacean) and different rearing systems

brachydactyla) zoeae as live prey, and obtaining a paralarvae dry weight of 9.5 ± 1.9 mg and a survival rate of 31.5% after 40–45 days. Carrasco et al. [\(2006](#page-20-3)) using the same prey but different rearing systems (Fig. [23.5\)](#page-16-0) achieved 13% survival rate at day $40 (5.40 \pm 0.20$ mm dorsal mantle length and 6.10 mg dry weight). Settlement began from day 52 and survival at day 60 was 3.4% when the paralarvae were 6.54 ± 0.13 mm long and weighed 22.02 ± 3.08 mg. Almansa et al. [\(2012](#page-20-5)) used a combination of *Artemia* juveniles and *Grapsus adcensionis* zoeae as live prey for first feeding and obtained one *O. vulgaris* juvenile of 7 months old (ventral mantle length 23 mm, 10.4 g).

Therefore, a mixed live diet, composed of enriched *Artemia* and crustacean zoeae, is currently the most balanced diet for achieving the best growth and survival results in the paralarval phase (Fig. [23.5\)](#page-16-0). However, this methodology is not readily transferable to a commercial level since there is limited availability of live zoeae, and it is therefore difficult to expand the culture methodology to an industrial scale.

23.6 Paralarvae Rearing Protocol

In accordance with data reported in this chapter, a protocol to attain good-quality 30-day-old *O. vulgaris* paralarvae is proposed.

Use a minimum of three replicate 500–1,000 L cylindro-conical tanks. Use stagnant water for the first week, after which open the circuit for 4 h day⁻¹ (100% day⁻¹) renewal rate). The number of replicates will ensure a suitable statistical treatment of the results. The recommended colour for tank walls and bottom is black, although a

white (or clear) bottom can be used in order to improve observation of the paralarvae. Temperature should be kept at 20–22ºC and salinity 32–35 psu. Tangential surface water input and drainage consisting of a central cylindrical pipe with 250 μ m mesh are suggested. Another option is to use stagnant water during the day and open the flow during the night with a 500-µm outlet mesh in order to keep a more homogeneous enriched *Artemia*. Surface cleaners and moderate central aeration are recommended. Surface light intensity should be 500–700 Lx for 24 h photoperiod when using black wall and black bottom tanks, whereas light intensity can be 60–250 Lx for a 14 h:10 h (L:D) photoperiod when a clear bottom tank is used. A concentration of 1×10⁶ cells mL−1 of *Nannochloropsis* sp. should be used in the culture medium (green-water system), and paralarvae concentration should be 10 individuals L−1. Paralarval prey should consist of 24 h *Artemia* (0.5 *Artemia* mL−1) enriched with *I. galbana* at a concentration of 0.75×10^6 cells mL⁻¹ for the first 15 days, followed by larger *Artemia* (1.5–2 mm TL) cultured for 4–5 days with *I. galbana* and further enriched with *Nannochloropsis* sp., at a concentration of 1×10⁷ cells mL−1, keeping a prey concentration of 0.3 *Artemia* mL−1. When zoeae of spider crab are used in co-feeding with *Artemia,* they should be added at a concentration of 0.05–0.1 individuals mL−1, at least 3–4 days per week but preferably every day.

For comparative purposes, total length and dry weight of 20 paralarvae should be recorded at the beginning of experiments and periodically (fortnightly is recommended) in each rearing trial.

23.7 Settlement Process

Around 65–75 days after hatching (at 20° C), when paralarvae have between 17 and 20 suckers per arm, they change their pelagic behaviour to a benthic life. At this stage, paralarvae start crawling on the walls and bottom of the tank, moving by attaching their arms to the substrate. This period, which lasts for 2 weeks before they fully adapt to benthic stage, is known as settlement.

During this phase, it is necessary to change feeding and habitat conditions. *Artemia* concentration should be gradually reduced while the benthic juveniles are increasingly fed with mussel, crab and sea urchin muscle and gonad (Iglesias et al. [2004\)](#page-21-4) and/or frozen mysidaceans (Carrasco et al. [2005\)](#page-20-2). In both cases, the authors placed small-angle or T-shaped PVC pieces on the bottom of the tanks as shelters and the bottom substrate was modified by the inclusion of pebbles (Fig. [23.6](#page-18-0)).

23.8 Conclusions

Reproduction in captivity has proved feasible on an experimental scale, but the high mortality observed during the paralarval and settlement stages are still the main constraints to the industrial cultivation of the common octopus.

Fig. 23.6 *Octopus vulgaris* 100-day-old juvenile obtained in captivity (Iglesias et al. [2004\)](#page-21-4) in the artificial habitat (PVC tubes and pebbles) used during the settlement period

A mixed live diet of enriched *Artemia* and crustacean zoeae is currently the most successful in terms of growth rate and survival during the paralarval phase. However, this feeding protocol is not transferable to a commercial level due to the limited availability of live zoeae.

A protocol for the first 30 days of *O. vulgaris* paralarvae culture is proposed that supports the development of individuals with good fitness (in terms of dry weight and survival) through to the settlement process. Using this method, relatively high survival rates and paralarvae dry weights between 1.3 and 1.8 mg can be attained after 1 month when enriched *Artemia* is used as the sole diet, but these values increase up to 2.5–3.5 mg when zoeae are used in a co-feeding regimen with *Artemia*.

23.9 Trends in Research and Industrial Level

The following research topics are recommended.

23.9.1 Wild Paralarvae and Natural Prey Studies

It is strongly recommended to study further the biochemical composition of wild paralarvae and their natural prey preferences and behaviour. It is also of interest to complete sequence information included in molecular databases (GenBank and

Barcode of Life) of zooplankton species that are potential natural prey of *O. vulgaris* paralarvae in order to allow its molecular identification and traceability.

23.9.2 Nutrition

In order to move from the actual research situation to the next phase of industrial cultivation of the common octopus, it is essential to develop an inert diet to be supplied from 1 month of age onwards, with an appropriate nutritional composition that meets the requirements of the octopus paralarvae (PUFAs, lipids, proteins, protein to lipid ratio, amino acids, essential elements, vitamins, etc.), as well as a good level of acceptance, buoyancy, leaching, etc. Another issue to be addressed would be that of developing appropriate enrichment protocols for *Artemia* that would make its composition to more closely match that of crustacean zoea or natural wild zooplankton.

23.9.3 Zootechnical Improvements

Standardized methods should be established for the whole rearing process including the live prey period, weaning and settlement.

The settlement process needs to be further studied in order to better define requirements for food, shelter and type of substrate through a better understanding of juvenile behaviour.

23.9.4 Water Quality, Microbiology and Pathology

Further investigations of the chronic toxicity of nitrite compounds and other metabolites are strongly recommended in order to further improve water treatment systems. Gas supersaturation effects should be analysed in more detail. Specific pathogens and bacterial growth in the rearing systems should be also taken into account and identified. The effect of the application of probiotics in this context should also be evaluated in *O. vulgaris* paralarvae rearing.

23.9.5 Histology and Paralarvae Development

Studies of the anatomical changes of internal and external organs during the process of paralarval rearing are essential in defining welfare and fitness issues. Other aspects related to paralarval morphology, physiology, immunology, growth and internal rhythms are required to more fully understand paralarvae quality.

23.9.6 Welfare and Ethical Considerations

Although some recent reports have been published on this topic, research on appropriate culture conditions, behaviour and stress responses should be carried out in the near future.

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