

## Chapter 8

# Small Changes, Big Effects: Chromatin Goes Aging

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**Abstract** Aging is a complex trait and is influenced by multiple factors that are both intrinsic and extrinsic to the organism (Kirkwood et al. 2000; Knight 2000). Efforts to understanding the mechanisms that extend or shorten lifespan have been made since the early twentieth century. Aging is characteristically associated with a progressive decline in the overall fitness of the organism. Several studies have provided valuable information about the molecular events that accompany this process and include accumulation of nuclear and mitochondrial mutations, shortened and dysfunctional telomeres, oxidative damage of protein/DNA, senescence and apoptosis (Muller 2009). Clinical studies and work on model organisms have shown that there is an increased susceptibility to conditions such as neurological disorders, diabetes, cardiovascular diseases, degenerative syndromes and even cancers, with age (Arvanitakis et al. 2006; Lee and Kim 2006; Rodriguez and Fraga 2010).

Investigations into aging mechanisms in unicellular systems, like yeast and *in vitro* cell culture models, have identified several pathways involved in this process. In cells aging is typically associated with a senescent phenotype. Cells are known to have a limited proliferative capacity (Hayflick limit) (Hayflick 1965) and senescence can be defined as a state in which cells cease to proliferate after a finite number of divisions (Adams 2009). Some of the well-known triggers that induce senescence include DNA damage, telomere shortening and redox stress (Rodier and Campisi 2011). From literature, it is evident that in most of these cases, factors/pathways which bring about cell cycle arrest are activated and include p53/p21, and p16/RB

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pathways (Ben-Porath and Weinberg 2005). However, the cellular/molecular signatures that characterize senescence are typically scored by induction of senescence associated  $\beta$ -galactosidase activity, marks of cell cycle arrest, changes in cellular morphology and/or organization, secretion of numerous proteins including cytokines and chemokines, and DNA damage (Rodier and Campisi 2011). The quest to decipher the molecular events that induce or bring about cellular senescence have unraveled the role of chromatin as an important component of this response (Misteli 2010).

The DNA in every eukaryotic cell exists as a complex with specialized proteins called histones that form chromatin. Chromatin plays a central role in processes that range from gene expression to chromosome dynamics during the cell cycle. Chromatin can be broadly categorized into two types, namely, euchromatin and heterochromatin (Bassett et al. 2009). Euchromatin appears decondensed cytologically and is mostly transcriptionally active. Heterochromatin, on the other hand, is highly compact and mostly contains transcriptionally silenced genes (Bassett et al. 2009; Frenster et al. 1963). The building block of chromatin is a nucleosome that consists of 147 base pairs of DNA wrapped around a protein octamer containing two molecules of each canonical histone H2A, H2B, H3 and H4, and is separated from one another by 10–60 base pairs of linker DNA (Luger et al. 1997). Histones contain a typical histone-fold domain, which is required to form the octamer, and their N-termini protrude out of the nucleosomes (Luger et al. 1997). Most of the residues on these histone tails are subject to posttranslational modifications (Jenuwein and Allis 2001). Some of the most prevalent modifications of histones are phosphorylation, acetylation, methylation, ubiquitination, sumoylation, ADP-ribosylation and biotinylation (Jenuwein and Allis 2001; Margueron et al. 2005). Recent reviews have illustrated biophysical and physiological consequences of such modifications on chromatin structure and function (Li and Reinberg 2011). In addition to histone and non-histone proteins that bind to DNA, modification of DNA (Cytosine methylation in eukaryotes) is also an important component of chromatin (Li and Reinberg 2011). It is interesting to note that there is a dynamic interplay between histone and DNA modifications that determine chromatin structure/function (Bonasio et al. 2010; Li and Reinberg 2011).

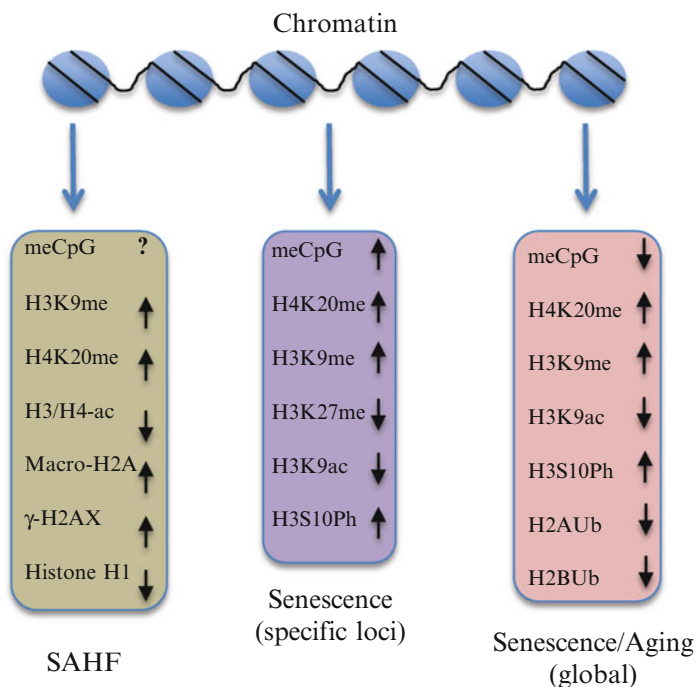
As mentioned earlier, the most obvious associations of DNA with aging are increased DNA damage (or reduced repair) (Seviour and Lin 2010) and telomere shortening (Kenyon and Gerson 2007). Increasing evidence in literature indicates that chromatin plays a major role in affecting both these processes (Shin et al. 2011a). In addition to these, the ability of chromatin to affect gene expression patterns in a cell has huge consequences on the ability to maintain homeostasis. Therefore, given the central role of chromatin in affecting various cellular processes, intuitively one would expect it to be a crucial component of cellular aging. In this chapter, we review the recent progress on the role of chromatin in aging. Specifically, we highlight the chromatin changes that have been associated with cellular and/or organismal aging. Importantly, we also highlight the role of histone modifiers in affecting lifespan.

## 8.1 Chromatin and Aging

### 8.1.1 DNA Methylation

DNA methylation, one of the most well studied epigenetic marks, involves the methylation of cytosines in CpG dinucleotides and is catalyzed by enzymes termed as DNA methyl transferases (DNMTs: DNMT1, DNMT3a, DNMT3b) (Jurkowska et al. 2011). It is well established that DNA methylation constitutes mechanisms required for both short-term and long-term effects on gene expression (Bonasio et al. 2010; Li and Reinberg 2011). Specifically, alterations in methylation of CpGs at upstream regulatory elements are known to modulate transcription of genes (Li and Reinberg 2011). Due to its ability to control both global and locus specific chromatin functions, DNA methylation is known to play a critical role in cellular physiology. It is important to note that key biological processes such as development, differentiation and cell death are affected by DNA methylation (De Carvalho et al. 2010; Geiman and Muegge 2010; Gibney and Nolan 2010). Its role in aging and/or senescence has been addressed in the recent past, and it is apparent that DNA methylation is one of the key factors involved in cellular and/or organismal aging (Feser and Tyler 2011; Fraga and Esteller 2007; Sedivy et al. 2008; Dimauro and David 2009). Figure 8.1 illustrates the changes in DNA methylation during aging.

An important role for DNA methylation in aging was first evidenced in replicative senescence of primary fibroblasts from mice, hamsters and humans. The study showed that in these cells, levels of 5-methylcytosine markedly declined during senescence (Wilson and Jones 1983). A follow up study demonstrated that accelerated 5-methylcytosine loss (by 5-azacytidine treatment) shortened the *in vitro* lifespan of human diploid fibroblasts (Fairweather et al. 1987). This phenomenon was reconfirmed by various *in vivo* and *in vitro* studies wherein it was observed that DNA methylation levels fell during aging, both at certain specific loci and at a genome wide level (Fairweather et al. 1987; Christensen et al. 2009; Fuke et al. 2004; Singhal et al. 1987). Interestingly, recent reports have indicated that this age-associated decline in total genomic DNA methylation occurs mostly at repetitive DNA sequences (Koch et al. 2011; Romanov and Vanyushin 1981; Singhal et al. 1987; Wilson et al. 1987). These observations have led to the speculation that the decrease in DNA methylation affects constitutive heterochromatin (DePinho 2000). Specifically, it has been suggested that with age de-heterochromatinization of repetitive regions could lead to deleterious recombinations which may cause increased incidences of age-associated diseases such as cancer (DePinho 2000). Further, the importance of DNA methylation in aging is supported by observations that show age-dependent decrease in the expression of the DNA methyltransferase (DNMT1) (see below) (Casillas et al. 2003; Lopatina et al. 2002). Supporting that the gradual loss of DNA methylation could function as a “counting hypothesis” for senescence (Hoal-van Helden and van Helden 1989; Wilson and Jones 1983), CpG methylation was shown to decrease with increased population doublings of normal cells in



**Fig. 8.1** Epigenetic changes during aging. Alterations in epigenetic marks in cultured cells and/or tissues during aging affects chromatin both globally and at specific loci. In general, histone modifications associated with heterochromatin seem to accumulate during aging. The association between DNA methylation and aging is context dependent and often determined by global and locus specific changes

culture (Fairweather et al. 1987; Wilson and Jones 1983) and during organismal aging (Hornsby et al. 1992; Singhal et al. 1987).

Contrary to observations of a decrease in global DNA methylation during aging specific loci and promoter regions of key cell cycle regulatory genes have been shown to be hypermethylated (Fig. 8.1). For example, the Estrogen receptor gene (Issa et al. 1994), *INK4A/ARF/INK4b* locus (which codes for p16, p14 and p15 proteins respectively) (Koch et al. 2011), ribosomal RNA genes (Swisshelm et al. 1990; Oakes et al. 2003) and multiple tumor suppressor or tumour-associated genes like APC and E-cadherin (Bornman et al. 2001; Waki et al. 2003) accumulate DNA methylation during aging. Interestingly, in another study it was observed that DNA methylation levels were maintained in long-term culture of mesenchymal stromal cells (MSE) and MSEs from young and old donors. However, they exhibited differential DNA methylation patterns at specific loci, like in the homeobox genes and genes involved in cell differentiation (Bork et al. 2010). It has been hypothesized that this locus specific hypermethylation in the background of a global reduction of

methyl-CpGs could be due to an increase in Dnmt3b expression that has been observed in senescent cells (Casillas et al. 2003; So et al. 2006).

Observations from some studies suggest that hypermethylation depends upon the prevalent density of methyl-cytosines at specific loci with sparsely methylated regions more amenable to hypermethylation (Song et al. 2002; Stirzaker et al. 2004). These observations have led to a ‘seeds of methylation’ hypothesis based on increasing CpG methylation levels (Rakyan et al. 2010). A recent genome-scale study addressed dynamic changes in the epigenome in normal human aging (Rakyan et al. 2010). This report identified aging-associated differentially methylated regions (aDMRs) that gain methylation with age in different tissues, thus suggesting that aDMR signature is a multi-tissue phenomenon. Further, it was also demonstrated that aging associated DNA hypermethylation occurs predominantly at bivalent chromatin/promoters (Rakyan et al. 2010). These studies point out an interesting aspect of locus specific methylation contributing to aging. In this scenario one would expect an inherent bias in methylation rates at loci that would ultimately (or cumulatively) result in a senescent phenotype.

### 8.1.2 Histone Modifications

As mentioned in the introduction, histone modifications are one of the most central elements that affect chromatin structure and function. The most common and well-studied histone modifications that are known to impact chromatin are acetylation of lysines, methylation of lysines and arginines, phosphorylation of serine and threonine, and ubiquitination of lysines (Jenuwein and Allis 2001; Margueron et al. 2005). It is evident from literature that interfering with these modifications affects both global and locus specific chromatin, and as a consequence impinges on various cellular processes (Murr 2010). Some recent reviews provide exhaustive information about histone modifications and their role in chromatin structure and function. Figure 8.1 illustrates the histone modifications, which are associated with ‘open or closed’ chromatin and their associations with aging.

Specific histone modifications undergo distinct changes in profile during aging (Fig. 8.1). The levels of histone H4 lysine-20 tri-methylation (H4K20Me3), a mark of constitutive heterochromatin and which is enriched in differentiated cells, have been found to increase in senescent cells. This has been speculated to cause the accumulation of heterochromatic structures in senescent human fibroblasts (Narita et al. 2003). The total abundance of histone H4K20Me3 has also been reported to increase with age in rat liver and kidney (Kouzarides 2007; Sarg et al. 2002), supporting the notion that heterochromatin may accumulate with tissue aging, at least at some sites. In another study, Bracken et al. observed a loss of histone H3 lysine-27 tri-methylation (H3K27Me3), a mark associated with silent chromatin, at the *INK4b* and *INK4a-ARF* loci in senescent human diploid lung embryonic fibroblast cell line (Bracken et al. 2007). This decrease in H3K27Me3 was accompanied by a decrease in EZH2, the histone methyltransferase responsible for this modification

(Bracken et al. 2007). Several groups have studied changes in histone H3 modifications with age in rat liver. They found that histone H3 lysine-9 acetylation (H3K9Ac) decreased and histone H3 Serine-10 phosphorylation (H3S10Ph) increased with age significantly (Braig et al. 2005; O'Sullivan et al. 2010; Kawakami et al. 2009). These independent observations both in cells in culture and in aged animals clearly establish a positive correlation between heterochromatic marks and aging (Fig. 8.1).

Mono-ubiquitination of histones H2A and H2B is known to alter chromatin dynamics and regulate gene expression. While H2A ubiquitination leads to silencing, ubiquitination of H2B has been implicated in active transcription. Interestingly, these modifications have been associated with aging. The link between histone ubiquitination and aging was first demonstrated by a study which showed that the proportion of ubiquitinated histones was about 30% higher in old mice than in young ones (Morimoto et al. 1993). However, reduced expressions of H2B ubiquitin ligases RNF20/Bre1 have been associated with senescence/aging phenotypes. In yeast, absence of Bre1 results in reduced lifespan during chronological aging due to enhanced apoptotic cell death (Walter et al. 2010). Similarly, depletion of RNF20 has been shown to induce cellular senescence in glioma cells (Gao et al. 2011). Like H2B, ubiquitination of histone H2A has also been implicated in aging. Downregulation of BMI1, a component of the polycomb repressive complex (PRC), which ubiquitinates histone H2A (Cao et al. 2005) has been shown to result in derepression of growth inhibitory genes and putative tumor suppressors. As a consequence these cells display premature senescence and apoptosis (Bommi et al. 2010). Although, these studies suggest that histone ubiquitination is involved in aging, whether these effects are mediated through alterations in global chromatin architecture or transcription of specific genes is still not clear.

### ***8.1.3 Senescence Associated Heterochromatic Foci (SAHF)***

Cells grown in culture have provided valuable insights into aging mechanisms. In this regard, most of our understanding of the role of chromatin on aging has come from studies on senescing cells. Not surprisingly, alterations of chromatin structure are associated with the irreversible state of senescent cells (Braig and Schmitt 2006; Narita et al. 2003). Many senescent human cells, when stained with the DNA staining dye 4', 6-diamidino-2-phenylindole (DAPI), show visible punctuate DNA foci known as senescence associated heterochromatic foci (SAHF), a new type of facultative heterochromatin (Narita 2007; Narita et al. 2003). RNA-FISH and *in situ* labeling of nascent RNAs demonstrate that SAHF contain transcriptionally inactive chromatin (Funayama et al. 2006; Narita 2007). In addition to being transcriptionally inactive, these loci are also enriched with typical proteins that are found in heterochromatin. For example, SAHFs in general contain heterochromatin protein-1 (HP1), repressive histone modifications like H3K9 methylation and hypoacetylated histones (Narita et al. 2006). However, these SAHFs do not show some usual marks of condensed chromatin, like the phosphorylation of histone H3 at Serine-10 or

Serine-28, marks of mitotic chromatin or of histone H2B at Serine-14, a mark of apoptotic chromatin (Funayama et al. 2006; Peterson and Laniel 2004).

It is important to note that in addition to changes in histone modifications, histone chaperones, and alterations in chromatin composition have also been implicated in senescence. For example, studies have shown that the formation of SAHF during cellular senescence depends on histone H3 chaperones, ASF1 (anti-silencing function 1) (Zhang et al. 2005) and HIRA (histone cell cycle regulation defective homologue A) (Ye et al. 2007). Interestingly, these loci are also known to contain variants of histones which have been otherwise associated with silenced chromatin. SAHFs are enriched with macro-H2A (histone H2A variant) that is mainly required for inactivation of X-chromosome (Costanzi and Pehrson 1998; Funayama et al. 2006; Zhang et al. 2005). The role of histone variants in the formation of SAHF is also supported by findings that report an increase in  $\gamma$ -H2AX in early neoplastic lesions that contain senescent cells *in vivo* and also in aging tissues. This is thought to contribute to senescence and proliferation arrest of damaged cells (Bartkova et al. 2006; Herbig et al. 2006). Chromatin compaction can also be altered by the recruitment of factors that are known to replace histone H1 and bind to linker DNA. In this regard, the finding which shows that in SAHFs there is a decrease in linker histone H1 occupancy and increased levels of chromatin-bound high mobility group-A proteins (HMGA) becomes relevant (Funayama et al. 2006; Narita et al. 2006). The exact molecular mechanisms of SAHF formation are not very clear, but independent studies have demonstrated that the ectopic expression of either HMGA1 or HMGA2 induces SAHF formation and other senescence phenotypes in normal human fibroblasts. It was also observed that knockdown of HMGA proteins by RNAi prevents SAHF formation, thus indicating that HMGA are essential components for SAHF formation (Funayama et al. 2006; Narita et al. 2006). It has been speculated that the DNA-bending properties of HMG family proteins may help induce SAHF formation by binding and bending linker DNA (Hock et al. 2007; Paull et al. 1993).

Formation of heterochromatin is often facilitated by enzymatic activities that are known to repress transcription. Notably, histone deacetylases and histone methyl transferases that add 'repressive chromatin marks' play essential roles in heterochromatin formation. The Sin3 multiprotein complex is a repressor complex recruited by several sequence specific transcription factors. The repressor activity of the Sin3 complex is brought about by the Sin3A/Sin3B-associated HDAC1 and HDAC2 proteins. A study by Grandinetti et al. has demonstrated that Sin3B-null fibroblasts are resistant to replicative and oncogene-induced senescence (Grandinetti et al. 2009). They also showed that over-expression of Sin3B triggers senescence and the formation of SAHF. However, the role of histone deacetylation in inducing SAHF seems to be HDAC specific. While Sin3 complex via HDAC activity aids in the formation of SAHFs, a study by Huang et al. has suggested that Sirt1, a NAD<sup>+</sup>-dependent deacetylase (described below), antagonizes cellular senescence in human diploid fibroblasts (Huang et al. 2008). Their experiments demonstrated that over-expressing Sirt1 led to a reduction of senescence associated biomarkers, which included the formation of SAHFs (Huang et al. 2008).

Although, SAHFs seem to bring about a global change in chromatin architecture, it is not clear if SAHF formation contributes to senescence. In support of SAHF contributing to senescence, evidence show that SAHF formation contributes to stable proliferative arrest by repressing transcription of E2F target genes that are required for G1 to S phase transition (Narita et al. 2003). Chromatin immunoprecipitation analyses have demonstrated that the promoters of E2F target genes become heterochromatic in senescent cells but not in proliferating or quiescent cells. In addition, overexpression of E2F-1 was not able to derepress these genes indicating heterochromatinization mediated transcriptional silencing (Narita et al. 2003). Interestingly, SAHF-dependent silencing of E2F genes requires the retinoblastoma (Rb) protein at these gene promoters (Narita et al. 2003). Further, studies have shown that Rb associates with HP1 and the histone methyltransferase Suv39H1 to facilitate senescence. Specifically, Rb family members have been shown to interact with HDAC1, DNA methyltransferase and polycomb proteins among other transcriptional co-repressors to repress the activity of E2F1 (Trimarchi and Lees 2002; Narita et al. 2003). Prohibitin, a protein implicated in cell cycle control and antiproliferative activities, is found in SAHF and colocalizes with HP1 (Rastogi et al. 2006). This finding suggests that SAHFs might actively contribute to senescence. In this study prohibitin, Suv39H1 and HP1 were detected on E2F target promoters during senescence, and a deletion of prohibitin led to a loss of senescent phenotype (Rastogi et al. 2006).

Although, there is a lot of evidence to suggest that SAHF formation is important for induction of senescence, formation of heterochromatin itself seems to be the most important feature of senescence. A recent study has shown an increase in the abundance of heterochromatin proteins and marks in senescence but without the formation of SAHF (Kosar et al. 2011). Hence, local heterochromatinization, but not global SAHF, may induce senescence-associated proliferation arrest by mediating the silencing of proliferation genes.

#### **8.1.4 *microRNAs, Epigenetics and Aging***

MicroRNAs are ~22 bases long RNAs, which bind to the 3'UTR of target mRNAs and regulate gene expression post-transcriptionally by translational inhibition or mRNA degradation (He and Hannon 2004). Due to their ability to target multiple mRNAs, they are now considered as major factors that affect cellular physiology (He and Hannon 2004; Sayed and Abdellatif 2011). Originally appreciated for their role in cancer and development, microRNAs have also been shown to be involved in regulating factors or pathways, which impinge on aging. In the recent past, studies have identified many microRNAs that target 'aging' factors and several reviews have highlighted these reports (Bates et al. 2009; Gorospe and Abdelmohsen 2011; Grillari and Grillari-Voglauer 2010). Rather than detailing microRNAs and their targets that have been implicated in aging, we specifically highlight studies that have addressed altered expression of microRNAs during aging.



Intriguingly, global microarray profiling studies suggest that more microRNAs are upregulated rather than downregulated during aging (Li et al. 2011; Maes et al. 2008; Zhang et al. 2010). It is important to note that upregulation of some of these microRNAs have been implicated in regulating the expression of genes, which are known to affect organismal physiology. For example, miR-669c and miR-709 (up-regulated at 18 months with a maximum expression at 33 months), and miR-93 and miR-214 (up-regulated around 33 months) have been shown to target genes associated with detoxification and regenerative capacity of the liver, functions that slowly decline in aged liver (Maes et al. 2008). In another study, Bates et al. profiled microRNAs regulated in the liver of Ames dwarf mice, which display a delayed onset of aging (Steuerwald et al. 2010). They found that miR-27a is upregulated in these dwarf mice at an early age. Their results also suggest that miR-27a regulates two key metabolic proteins ornithine decarboxylase and spermidine synthase. Based on these observations the authors have speculated that miR-dependent regulation of metabolic pathways such as glutathione metabolism, urea cycle, and polyamine biosynthesis maybe important for health span and longevity in these mice (Bates et al. 2010). However, studies which link microRNAs with DNA repair or cell proliferation pathways have raised the possibility that age related alterations in microRNA expressions maybe relevant in mediating the aging process (Chen et al. 2010).

The link between microRNAs and aging has been further strengthened by a study in which reducing the activity of *C. elegans* lineage 4 (*lin-4*) microRNA shortened lifespan and its overexpression led to a longevity phenotype (Boehm and Slack 2005). Another study that looked at senescence in normal human keratinocytes (NHK) found microRNAs miR-137 and miR-668 to be upregulated during replicative senescence (Shin et al. 2011b). Interestingly, induction of senescence by ectopic over-expression of miR-137 and miR-668 was associated with an increase in senescence associated (SA)  $\beta$ -galactosidase activity, p53 and p16INK4A levels. Further, expressions of these microRNAs were also observed to be elevated during organismal aging of normal human oral epithelia (Shin et al. 2011b).

Although, it is increasingly becoming apparent that microRNAs play a vital role in regulating aging, very little is known about epigenetic changes that mediate the expression of such key microRNAs. Recent studies have clearly shown that microRNA expression is regulated by epigenetic marks (Liang et al. 2009). Importantly, their promoters have been shown to exhibit differential DNA methylation and histone modifications, that are reminiscent of modifications on protein coding genes (Lee et al. 2011; Saito and Jones 2006). Lee et al. have demonstrated that inhibition of HDACs triggers cellular senescence by inducing the expression of miR-23a, miR-26a and miR-30a. Interestingly, these microRNAs target and down-regulate HMG2 expression that has been associated with induction of senescence (Lee et al. 2011).

Further studies aimed at profiling microRNAs during aging, and in specific tissues, will aid in appreciating the regulation of pathways that mediate lifespans of organisms. Importantly, investigating the mechanisms that control microRNA expression, specifically histone deacetylases and DNA methyltransferases

(which have been associated with aging, see below), will highlight the importance of posttranscriptional control of ‘aging genes’. In addition, such insights will provide a holistic picture of changes in gene regulation, mediated by chromatin modifiers, in affecting organismal longevity.

## 8.2 Role of Chromatin Modifiers in Aging

The previous section highlights the importance of chromatin associated changes in aging and cellular senescence. Although, it is clear that these changes are strong correlates of aging, whether they are causal factors or mere consequences of aging remains unclear (Dimauro and David 2009). Also, aging/senescence dependent changes that the enzymes which affect these modifications themselves undergo are less appreciated. As reviewed elsewhere, post-translational modifications of histones are catalyzed by specific enzymatic machineries (Bannister and Kouzarides 2011). Histone acetylation is affected by opposing activities of histone acetyltransferases (HATs) and histone deacetylases (HDACs) (Legube and Trouche 2003). Separate families of enzymes are known to methylate and demethylate lysine/arginine residues in histones (Yoshimi and Kurokawa 2011). Interestingly, unlike these modifications histone phosphorylation and dephosphorylation are brought about by a diverse set of enzymes (Hans and Dimitrov 2001). In this section, we have attempted to review the studies which have given us insights into the role of histone modifiers during aging. Specifically, we will look at the important classes of chromatin modifiers: DNMTs, Histone acetyltransferases Histone deacetylases and Sirtuins (Table 8.1).

**Table 8.1** List of chromatin modifiers and their association with aging or senescence

Chromatin modifier	Modification site	Modification	Alteration with age	Role in aging
DNMT1	CpG dinucleotide	Methylation	Decrease	Anti-senescent
DNMT3a	CpG dinucleotide	Methylation	Increase	Locus specific effects
DNMT3b	CpG dinucleotide	Methylation	Increase	Locus specific effects
Mof (HAT)	H4K16	Acetylation	Increase	Pro-senescent
Sas2 (HAT)	H4K16	Acetylation	Increase	Pro-senescent
CBP (HAT)	H3K9, H3K27, H3K56	Acetylation	Decrease	Anti-senescent
P300 (HAT)	H3K9, H3K27, H3K56	Acetylation	Decrease	Anti-senescent
HDAC1	H3K9, H3K56, H4K16	Deacetylation	Increase	Pro-senescent
SIRT1	H3K9, H4K16	Deacetylation	Decrease	Anti-senescent
SIRT6	H3K9	Deacetylation	?	Anti-senescent
EZH2 (HMT)	H3K27	Methylation	Decrease	Pro-senescent

The table illustrates the roles of DNMTs, HMTases, HATs, HDACs and Sirtuins, and depicts changes in their expression during aging

### 8.2.1 DNA Methyl Transferases (DNMTs)

DNA methyltransferases (DNMTs) catalyze the addition of a methyl group to DNA on cytosines, typically in CpG dinucleotides. DNA methylation has been associated with gene silencing and robust regulation of transcription. DNMT mediated DNA methylation brings about chromatin silencing by inducing the formation of heterochromatin through recruitment of specific proteins like Methyl CpG binding proteins, MeCP2 (Kimura and Shiota 2003) and MBD (Fujita et al. 2003; Villa et al. 2006). It is interesting to note that DNMTs have been shown to be in complex with histone methyl transferases and histone deacetylases. In mammals there are three DNA methyltransferases, namely, Dnmt1, Dnmt3a and Dnmt3b. Dnmt1 is considered as a maintenance methylase since it methylates newly replicated DNA using hemimethylated DNA as a substrate. Dnmt3a and 3b mediate *de novo* methylation, that is, they can methylate previously unmethylated DNA.

The role of DNMTs in aging has been addressed in the recent past because of their ability to affect chromatin/epigenetic modifications. In addition, previous reports have also correlated changes in DNA methylation during aging. Several studies have thrown light upon changes in DNMT levels and activity that may have crucial roles in cellular senescence (Lopatina et al. 2003; Vogt et al. 1998). Consistent with previous observations of a decrease in global DNA methylation in senescence, studies have shown that the levels and activity of the maintenance methylase Dnmt1 decrease in aging fibroblast cells. However, an increase in Dnmt-3a and -3b activity was observed which raises the possibility of a compensatory role for these DNMTs (Casillas et al. 2003; Lopatina et al. 2003). Although, it was long observed that promoter hypermethylation of cell cycle inhibitory genes, p16<sup>INK4A</sup> and p21<sup>CIP1/WAF1</sup> tipped the balance between senescence and oncogenesis, a recent report shows the involvement of DNMTs, and their findings have provided further support to the hypothesis that DNMTs are important for inducing senescence. The authors of this study observed that upon inhibition of DNMT1 and DNMT3b in human umbilical cord blood-derived multipotent stem cells (hUCB-MSCs), p16 and p21 expression increased and activated senescence in these cells (So et al. 2011). Not surprisingly, several studies have shown that DNMTs are overexpressed in cancer cell lines resulting in silencing of the expression of p16 (So et al. 2011; Yang et al. 2001).

Calorie/Dietary restriction (CR/DR) is one of the interventions that has been commonly used to understand the molecular factors involved in aging. Although, as previously mentioned it is unclear whether DNMTs play a deterministic role in aging, studies have indicated that Dnmt3a levels in the mouse hippocampus change when the animals are subjected to dietary restriction (Chouliaras et al. 2011a, b). This study also sheds light on the possibility that one of the major mechanisms by which CR/DR mediates organismal aging is by modulating DNA methylation status by regulating expression levels/enzymatic activities of individual DNMTs. However, it is still unclear if DNMTs can by themselves induce senescence or whether other factors that initiate or require chromatin changes affect their expression and/or activities during aging. Nevertheless, these findings clearly indicate that the changes

in DNMT expressions can lead to alterations in chromatin structure during aging by influencing both global and gene specific methyl-CpG levels and/or distribution. In spite of these reports that indicate strong associations between DNMT expression/activities, DNA methylation patterns and aging, it is surprising to find that there are very few attempts to map the changes in DNMT localizations on a genome wide scale. Further, it would be interesting to similarly analyze genome-wide alterations in DNA methylation profiles in various model systems that are known to extend their lifespans in response to dietary interventions.

### 8.2.2 *Histone Acetyl Transferases and Histone Deacetylases*

Besides DNA methylation, histone modifications have become the most important determinants of chromatin structure/function involved in various cellular outputs. Specifically, histone acetylation has been one of the hallmarks of active gene transcription and often influences other modifications of histones such as methylation. As previously mentioned, histone acetylation-deacetylation reactions are catalyzed by histone acetyl transferases and histone deacetylases, respectively. These enzymes have been implicated in aging from studies that have attempted to decipher the changes observed in histone modifications during aging and/or map the genetic factors involved in aging. Although, very little is known about the role of HATs, HDACs have been well addressed with regards to their involvement in cellular or organismal aging.

*HATs*: An important HAT that has been linked to aging is Mof, which mediates acetylation at the H4 lysine 16 (H4K16) residue. Mof has been shown to be important for the maintenance of genome stability and its depletion leads to delayed  $\gamma$ -H2AX foci formation in response to DNA damage and abrogated DNA damage repair. Mof has also been shown to be an important regulator of DNA damage because of its ability to bind to 53BP1 (Krishnan et al. 2011). Mof associates with the nuclear matrix and is a key component of the pre-lamin A complex. In a very recent study, Vaidehi Krishnan et al. have shown that in mice that lack the zinc metalloproteinase (Zmpste 24), Mof localization at the nuclear matrix decreases (Krishnan et al. 2011). This effect has been linked to the accumulation of unprocessed pre-lamin A, which is associated with progeroid symptoms. Incidentally, depletion of Mof has also been shown to exacerbate the senescent phenotype of cell lines that lack Zmpste 24. In support of this, overexpression of Mof has been associated with hyperacetylation of H4K16 and a delay in cellular senescence (Hajji et al. 2010). Another HAT that seems to be an important mediator of aging is Sas2. Studies in *S. cerevisiae* have shown that Sas2 inactivation leads to delayed senescence due to activation of homologous recombination (HR) machinery at telomeric regions, thus delaying senescence by preventing telomere loss (Kozak et al. 2010).

Several studies show that the HATs p300 and CBP are important regulators of senescence (Bandyopadhyay et al. 2002; He et al. 2011; Pedeux et al. 2005; Prieur

et al. 2011). The study by Prieur et al. showed that p300 is an important regulator of chromatin dependent mediator of senescence and that this mechanism is independent of p53, p21 and p16 (Prieur et al. 2011).

*HDACs*: There are four classes of HDACs and specifically, Sirtuins that belong to Class-III HDACs are distinct in their activity because of their dependence on NAD<sup>+</sup>. We have described the role of sirtuins in aging in a separate section below. Among the other HDACs, members that belong to Class I have been so far implicated for their potential roles in aging. Several studies have indicated that inhibition of HDAC activity leads to induction of a senescent phenotype. June Munro et al. in their study show that administration of HDAC inhibitors sodium butyrate and trichostatin A (TSA) induces senescence in human fibroblasts. These cells exhibit typical senescent phenotype such as  $\beta$ -galactosidase staining, in addition to an elevation in cyclin-Cdk inhibitors, p21 and p16 (Munro et al. 2004). It is interesting to note that HDAC antagonists are potent inhibitors of cancer cell proliferation or tumorigenesis. Suberoylanilide hydroxamic acid (SAHA), is an HDAC inhibitor which is used as an anti-tumor drug. SAHA has been shown to induce polyploidy in human colon cancer cell line HCT116 and human breast cancer cell lines, MCF-7, MDA-MB- 231, and MBA-MD-468, which activates senescence in these cells (Xu et al. 2005). Results that corroborate these findings also show that senescence is accompanied by a decrease in HDAC expression. Contradictory observations regarding the role of HDAC activity and aging have also been made. A recent study showed that HDAC1 overexpression inhibited cell proliferation and induced premature senescence in cervical cancer cells through a pathway that involved the deacetylase Sp1, protein phosphatase A PP2A and retinoblastoma protein Rb (Chuang and Hung 2011).

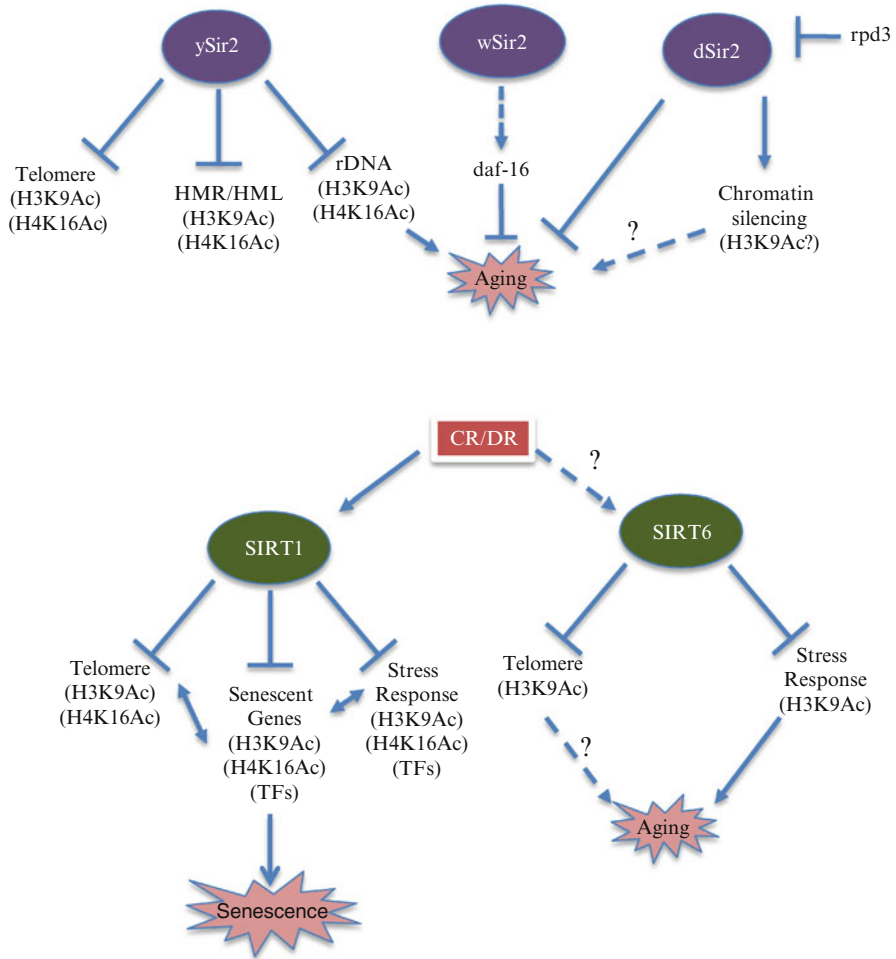
Contrary to what has been observed in cells in culture, organismal studies have indicated that a reduced/absence of HDAC expression/activity leads to lifespan extension. Rpd3 is an HDAC found in all organisms. A study by Rogina et al. showed that reduction in Rpd3 levels in *Drosophila* renders them a longer lifespan. Moreover, these mutants fail to increase their lifespan any further in response to CR/DR (Rogina and Helfand 2004). It has to be noted that the molecular mechanisms of HDAC-dependent changes in aging and lifespan are not well understood. Interestingly, administering TSA to flies also leads to an extension in lifespan, which is accompanied by an increase in Hsp22 protein levels (Tao et al. 2004; Zhao et al. 2005). However, the global changes in histone acetylation and chromatin architecture that would be associated with an absence or inhibition of HDACs have not been addressed, yet. It is unclear if these results depict physiological differences which are elicited by HDAC inhibition at the cellular and organismal levels. It is also likely that different family members which belong to HDACs have varied roles and involve altered substrate specificities. It has to be noted that HDACs are known to deacetylate and affect non-histone proteins as well (Thevenet et al. 2004; Gregoire et al. 2007). Further analysis of individual HDAC proteins may identify their individual functions in mechanisms that induce senescence.

### 8.2.3 *Sirtuins*

Sir2 is the founding member of an evolutionarily conserved family of proteins that was first identified in *S. cerevisiae*. Sir2 has been classified as a Class III HDAC and it has been shown to depend on NAD<sup>+</sup> as a co-substrate for its deacetylase activity (Ghosh et al. 2010; Imai and Guarente 2010; Zhang and Kraus 2010). The role of Sir2 in regulation of chromatin has been attributed to its ability to deacetylate specific residues in histones H3 (lysine-9) and H4 (lysine-16). Sir2 activity is required to silence chromatin at sub-telomeric DNA, mating-type and ribosomal DNA (rDNA) loci (Fig. 8.2) (Ha and Huh 2011; Kaeberlein et al. 1999; Rusche et al. 2003). Further studies in yeast established Sir2 as a key link between chromatin regulation and aging. In *S. cerevisiae*, it is known that recombination at rDNA regions leads to the formation of extra chromosomal rDNA circles, which reduce replicative lifespan (Sinclair and Guarente 1997). The ability of Sir2 to mediate silencing at rDNA is considered paramount for its role as a negative regulator of aging in yeast. Additionally, a study by Dang et al. shows that in replicatively aged yeast cells, a decline in Sir2 levels correlates with an increase in acetylation of H4K16 (Dang et al. 2009).

Studies aimed at deciphering an “anti-aging” function of Sir2 in worms and flies corroborated the findings in yeast. In *C. elegans*, Sir2 is known to extend lifespan and interact with insulin IGF signaling. Similar reports in *D. melanogaster* have shown that the Sir2 ortholog mediates CR/DR dependent lifespan extension (Rogina and Helfand 2004). However, the molecular mechanisms, which are affected by Sir2 in these organisms that regulate lifespan extensions, are still unclear. The chromatin regulatory function of Sir2 orthologs in other organisms (flies and mammals) has also been addressed. From these studies it becomes evident that the role of Sir2 and its orthologs in regulating chromatin-mediated changes is evolutionarily conserved. Sir2 has been identified as a regulator of heterochromatin formation in flies and affects position effect variegation (PEV). Results indicate that the role of Sir2 in PEV is independent of its ability to extend lifespan (Frankel and Rogina 2005; Newman et al. 2002). However, whether its role in mediating locus specific chromatin changes is linked to its role in lifespan extension is still unclear.

In mammals, SIRT1, the homolog of  $\gamma$ Sir2 has been shown to be a major regulator of chromatin structure and gene expression. SIRT1 is a well-established regulator of transcription by deacetylating a host of transcription factors and co-regulators (Table 8.2) (Brooks and Gu 2008; Deng 2009). It should be noted that some of these transcription factors, such as NF- $\kappa$ B, FOXO and p53, have been implicated in organismal aging. However, the role of SIRT1 in mammalian aging has been difficult to address as most SIRT1 null mice die due to developmental defects. Mammalian SIRT1 regulates chromatin dynamics by mediating deacetylation of H3 lysine 9 (H3K9) and H4 lysine 16 (H4K16). In addition to contributing to histone acetylation changes, SIRT1 has also been shown to impinge on other mediators of chromatin. Importantly, SIRT1 is known to cross-talk with DNMTs (O’Hagan et al. 2008) and histone methyltransferases (Vaquero et al. 2004). SIRT1 has been shown to bind and



**Fig. 8.2** The role of Sirtuins in aging across species. Sir2 and its homologues (including Sirt1 and Sirt6 in mammals) are key players in cellular/organismal aging. Studies in yeast, flies and mammals show that Sir2, Sirt1 and Sirt6 are NAD<sup>+</sup>-dependent deacetylases and affect chromatin by deacetylating histones (H3K9 or H4K16) as illustrated. Except in yeast, the link between sirtuins and aging is not limited to its role in affecting chromatin since they are known to regulate other pathways/factors. In worms and flies where Sir2 is now known to extend lifespan (and in response to calorie/dietary restriction) the chromatin angle in mediating this effect is still unclear. SIRT1 and SIRT6 are important in regulating the expression of a host of genes that mediate senescence, in addition to their roles at the telomere

deacetylate SUV39H1 which brings about H3K9 trimethylation (Vaquero et al. 2004). It is speculated that SIRT1 mediated histone deacetylation renders the site open for methylation. Additionally, a loss of SIRT1 is associated with a reduction in H3K9me3 levels and a concomitant impairment of heterochromatin protein-1 (HP1)

**Table 8.2** Sirt1 deacetylation targets which have been implicated in aging/senescence

Interactor	Biological function
p53	Tumor suppressor and cell cycle regulator
p73	Tumor suppressor and cell cycle regulator
Ezh2	Histone methyl transferase that maintains transcriptionally repressed state
E2F1	A transcription factor important for G1/S transition
PCAF	An acetyltransferase that inhibits apoptosis
RelA/p65	A transcription factor that regulates transcription of NFkB target genes
FOXOs	A family of transcription factors that regulates cell cycle and stress response
SUV39H1	A histone methyl transferase that is important for the maintenance of heterochromatin state

recruitment. Together, these have been proposed to affect heterochromatin formation (Vaquero et al. 2007).

Independent studies have shown that SIRT1 plays a crucial role in cellular senescence. The study by Langley et al. was the first study which showed that SIRT1 negatively regulates cellular aging in mammalian cells (Langley et al. 2002). The authors showed that SIRT1 binds, deacetylates and inhibits p53 transactivation activity leading to its anti-senescent property. Subsequent studies identified that the anti-senescence effects of SIRT1 was a common feature of multiple cell types including human diploid fibroblasts (Huang et al. 2008), human umbilical vein endothelial cell line (Ota et al. 2007) and several cancer cell lines like breast cancer MCF-7, lung cancer H1299 and prostate cancer cells (Jung-Hynes et al. 2009; Ota et al. 2006). Importantly, SIRT1 is known to specifically repress genes involved in cell cycle arrest such as p16 (Huang et al. 2008, p. 21; Rathbone et al. 2008; Yuan et al. 2011, p. 27; Ota et al. 2006).

It is interesting to note that SIRT1 activity and/or levels have been proposed to decrease during aging in cells and mice (Yamakuchi et al. 2008). However, a clear picture that links the chromatin functions of SIRT1 and its role in cellular senescence is still not available. In support of such a role, reports that indicate chromatin relocalization of SIRT1 during aging imply a possible chromatin dependent effect of SIRT1 in aging/senescence (Oberdoerffer et al. 2008). This finding is reminiscent of a similar phenomenon in yeast where the Sir2 redistribution on the genome has been observed in aging yeast cells (Gotta et al. 1997). It is clear that SIRT1 is important for the maintenance of telomeric chromatin in mammalian cell lines (Palacios et al. 2010). However, it is still not known if the functions of SIRT1 at the telomere are important for its role in cellular senescence. Further investigations are required to appreciate the link between Sir2/SIRT1 dependent global and/or locus specific chromatin changes and aging.



SIRT6 another important mammalian sirtuin has been clearly shown to play a major role in aging (Fig. 8.2). Mice deficient for SIRT6 exhibited progeroid symptoms (Kawahara et al. 2011) and results suggest that its ability to regulate DNA damage repair pathways were key to its role in aging (Mostoslavsky et al. 2006). Subsequently, SIRT6 was shown to deacetylate histone H3 at lysine 9 residue (Michishita et al. 2008), which incidentally is also targeted by SIRT1 (Vaquero et al. 2004). Reports that elucidated the ability of SIRT6 to regulate NF- $\kappa$ B dependent transcription showed that its role in aging is mostly determined by its ability to regulate inflammatory responses (Kawahara et al. 2011). It has been suggested that a dynamic relocalization of Sirt6 on chromatin is important for its ability to regulate organismal aging by controlling the expression of essential aging related genes, many of which are NF- $\kappa$ B targets (Kawahara et al. 2011). Further, SIRT6 has been shown to prevent telomere dysfunction in human cells by deacetylating H3K9 at telomeric loci, although, such an effect has not been observed in SIRT6 null mice (Michishita et al. 2008). Put together, it is evident that the functions of SIRT6 in mediating stress responses and at the telomere might have a bearing on aging and is probably dependent on its ability to deacetylate H3K9 residue. It is interesting to note that although both SIRT1 and SIRT6 have been implicated in similar pathways and at telomere functions, it is still unclear if they bring about a coordinated response to regulate aging.

### 8.3 Progeroid Syndromes and Chromatin

Progeroid syndromes are characterized by symptoms that mimic aging. Two of the most well studied clinical progeroid conditions are Werner syndrome and Hutchinson-Gilford progeria syndrome (HGPS). Werner's is a progeroid syndrome caused by mutations in the *WRN* gene, which encodes a member of the RecQ family of helicases. Intriguingly, some features of this disorder are also present in laminopathies caused by mutant *LMNA* encoding nuclear lamins A/C that causes HGPS. Recent studies suggest that epigenetic modifications in these progeroid genes lead to malignant transformation (Shumaker et al. 2006).

In HGPS, Lamin A gene is mutated resulting in a cryptic splice site in exon-11 causing 150 nucleotide deletion (LA $\Delta$ 50). It was interesting to find that HGPS was associated with global changes in nuclear and chromatin architecture. Specifically, HGPS fibroblasts exhibit a loss of nuclear peripheral heterochromatin (Dechat et al. 2008), the severity of which depends on the accumulation of the abnormal LA $\Delta$ 50 protein (Goldman et al. 2004). In addition, in cells derived from older HPGS patients, several heterochromatin marks, such as mono- and tri-methylated H3K9, show a dramatic decrease. A loss of the H3K27 tri-methyl mark was also observed in these cells and was correlated with a nine- to ten-fold decrease in the histone methyltransferase EZH2 expression. Another study, which looked at late-passage HGPS cells, observed an up-regulation of H4K20 tri-methylation (Shumaker et al. 2006). It is important to note that H4K20 tri-methylation has been shown to be

elevated in livers of older rats (Sarg et al. 2002) and in SAHFs in cultured cells (described above). The molecular mechanisms that link lamin A to heterochromatin formation are still not very clear. However, studies suggest that retinoblastoma protein (Rb) binds directly to type-A lamins (Ozaki et al. 1994; Johnson et al. 2004). Based on independent observations that Rb regulates histone methylation at H3K27, H3K9 and H4K20 residues, it has been speculated that Rb could be one of the factors that links aberrant histone methylation in HGPS (Blais et al. 2007).

Werner syndrome (WS) provides another example of a gene involved in aging and with tumor suppressor properties. As a result of the mutation in the *WRN* gene, cells from patients with WS show high genomic instability, especially at repetitive loci. But it is still not clear if *WRN* affects global chromatin that would eventually lead to aging. However, the role of chromatin in tipping the balance between senescence and cell proliferation becomes apparent from studies, which show that *WRN* is frequently repressed by CpG island hypermethylation in many human cancers (Agrelo et al. 2005).

## 8.4 Conclusion

Epigenetic marks, which are long lasting and inheritable, play a central role in mediating the outputs from the genome, in response to both extrinsic and intrinsic cues, and therefore, known to affect various biological processes. Hence, it is not surprising to find that chromatin is a major player in mediating cellular responses to aging. Although, all the critical chromatin components like DNA methylation, histone modifications and histone variants have been shown to be involved in this process, the mechanistic details that elicit these changes are less understood. Specifically, it will be interesting to address the cross-talk between classical aging pathways/mechanisms and chromatin signaling. It will be important to address if reversal of any of these chromatin changes would affect the aging process. In this regard, more work needs to be done on the role of chromatin modifiers, which mediate both global and locus specific effects on chromatin structure/function. Studies on proteins like HDACs and Sirtuins have indicated their involvement in the aging process. However, more insights into mechanistic details describing the chromatin effects are needed. Another important aspect that needs to be addressed is the apparent gaps in appreciating the roles of chromatin and chromatin modifiers in cellular and organismal aging.

Since aging is a complex biological process involving multiple factors, interventions aimed at one or more specific pathways/factors (to delay aging) are likely to give limited benefits. Targeting cellular components that would integrate the cues and the responses might turn out to be more beneficial. In this context, interfering with chromatin changes and/or chromatin modifiers that affect aging might become therapeutically relevant. This is crucial since small chemical modulators and/or dietary manipulations have shown promising results with regards to their ability to “delay the aging process” and are often mediated through some of these factors.

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