# **Chapter 8 Diet and Ecology of Neanderthals: Implications from C and N Isotopes**

# **Insights from Bone and Tooth Biogeochemistry**

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**Abstract** After reviewing the current knowledge on paleoecological tracking using carbon and nitrogen stable isotopes in fossil bones and teeth, the contribution of this new approach to key questions of Neanderthal diet and ecology is examined. In particular, the determination of ungulate habitat (open environment versus closed forest) is discussed. Thanks to the carbon and nitrogen isotopic differences observed in the main ungulates available as prey to Neanderthal of OIS 3, it is possible to evaluate quantitatively the contribution of different prey in the diet of Neanderthals. The results of this approach suggest that megaherbivores, such as mammoth and woolly rhinoceros, were the most important providers of proteins to the Neanderthal from Saint-Césaire and probably also to one Neanderthal specimen from Spy. In addition, the conclusions of zooarcheological and isotopic dietary determinations are not always in agreement, possibly due to taphonomic biases and site specialization.

**Keywords** Stable isotopes • Carbon • Nitrogen • OIS 3 • Prey • Megaherbivores

### **Introduction**

One hundred and fifty years after the discovery of the Neanderthal fossils in Feldhofer cave, scholars are still debating about the reasons why this hominid form is not around any longer. Several hypotheses dealing with the extinction of Neanderthals involve the diet and ecology of this hominid. One may think that after one century and a half of scientific studies, these key aspects of the paleobiology of this hominid are reasonably well known. Indeed, an impressive amount of data from various scientific fields,

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such as paleoanthropology, paleontology, paleobotany, geology, and paleoclimatology has been gathered thanks to the investigations of many research groups around the world. These works lead to interesting hypotheses on the paleobiology of Neanderthals, but the conclusions of these investigations do not always provide a consistent picture of the Neanderthal way of life and many aspects, including diet and ecology, are still controversial. For instance, questions such as: "was the diet of Neanderthals different from the diet of anatomically modern humans?" and, "were Neanderthals more cold adapted than anatomically modern humans?" still remain with no firm and definitive answers (e.g., recent reviews in Churchill [1998](#page-10-0); Marean and Assefa [1999;](#page-11-0) Hockett and Haws [2005;](#page-11-1) Weaver and Steudel-Numbers [2005](#page-12-0); Adler et al. [2006](#page-9-0)).

One of the main problems is the geographical disjunction between the paleoclimatic indicators, which are mainly recovered from polar icecaps, as well as marine, lacustrine, and loessic sediments, and the sites where the Neanderthal fossils and settlements are found. Potential paleoenvironmental indicators are also found in the sites themselves, in the form of fossil mammal and plant remains and geological features. However, it is generally not straightforward to associate the last two tracers with human occupation, and using fossil mammals as paleoecological tracers is not without some difficulties. Indeed, some of these fossil mammals belong to extant species, such as reindeer, red deer, roe deer and horse, while others belong to extinct species, such as woolly rhinoceros and woolly mammoth. In the case of extant species, the basis of the paleoecological interpretations is taxonomic uniformitarianism, which implies that ancient representatives of a species have the same ecological requirements, such as range of temperature, humidity, and food resources, than the modern representatives of the same species. Such an assumption is a reasonable starting point, but presents some problems if used too rigidly. A first caveat is that the modern geographical and climatic range of the taxa does not extend to the maximum area and climatic conditions which the animals might tolerate. This can be due to recent distribution areas restricted by interfering human

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impact and to possible changes of physiological limits through time between populations considered to belong to the same species by paleontologists. A second difficulty in this approach is that fossil assemblages are often mixtures of species that do not cohabit in the modern world. Is this due to time averaging of the assemblages, or to the actual existence of "non-analogue communities" (communities including species that have non-overlapping distributions in the modern world), meaning that the ecological requirements of a species can change through time? This question raises interesting implications about the fact that fossil taxa may not be identical to modern ones, as they may represent different genotypic populations (Stewart et al. [2003\)](#page-12-1). In addition, some community inertia has been demonstrated for some terrestrial mammal communities during the Pleistocene (McGill et al. [2006](#page-11-2)), which makes paleoenvironmental inferences based on community composition even more complex to raise. In the case of extinct species, the reconstruction of their paleoecology is even more complicated since assumptions are based on skeletal remains, sometimes fragmentary, and they are therefore less secure than the conclusions based on extant species. Tracers that would be taxaindependent but environment-dependent and measured on the fossils themselves would greatly improve our knowledge of the paleobiology of Pleistocene mammals relevant to issues related to Neanderthals, especially ancient diets and environments.

In this context a new disciplinary field, based on the isotopic biogeochemistry of vertebrate skeletal fossil tissues, yields new data since about 15 years in situations relevant to the questions of Neanderthal paleobiology (e.g., Bocherens et al. [1991,](#page-10-1) [1999,](#page-10-2) [2005b](#page-10-3); Fizet et al. [1995\)](#page-11-3). The results of this novel approach, in addition to those of other fields of research, have yielded valuable insights on the diet and ecology of Neanderthals. This approach is based on the fact that during an individual's life, its tissues, including bones and teeth, incorporate carbon and nitrogen atoms that reflect the isotopic composition of the consumed food (e.g., DeNiro and Epstein [1978,](#page-10-4) [1981\)](#page-10-5). Since different food items can be distinguished through their carbon  $(^{13}C/^{12}C)$  and nitrogen  $(15N/14N)$  stable isotopic signatures, information about the diet of fossil hominids can be retrieved (e.g., Drucker and Bocherens [2004](#page-10-6); Lee-Thorp and Sponheimer [2006](#page-11-4)), as well as information about the life environment of animals found in prehistoric sites (e.g., Koch et al. [1989](#page-11-5); Bocherens et al. [1994,](#page-10-7) [1995,](#page-10-8) [1997](#page-10-9), [2006,](#page-10-10) [2007](#page-10-11); Iacumin et al. [1997;](#page-11-6) Drucker [2005,](#page-10-12) [2007](#page-10-13); Bocherens and Rousseau [2008\)](#page-9-1). The application of this approach requires that diagenetic modifications suffered by the specimen since its burial in the sediment did not change significantly the isotopic signatures recorded during the life period, and that the rules of isotopic variations linked to dietary and environmental factors are reasonably well-known. This paper will review the current status

of this field of research, emphasizing the basic rules of application, and describing some of the most important finds so far.

## **Isotopic Records in Bones and Teeth as a Tracer of Paleobiology: Potential Use and Limitations**

Bones and teeth include mineral and organic components, both containing carbon, while only the organic fraction of skeletal tissues contains significant amounts of nitrogen. Both fractions are subject to modifications during the fossilization process, and great care has to be taken before interpreting the isotopic signatures measured on fossil material in paleobiological terms (e.g., DeNiro [1985;](#page-10-14) Bocherens et al. [2005a;](#page-10-15) Lee-Thorp and Sponheimer [2006\)](#page-11-4). Carbon in the mineral fraction occurs as carbonate ions incorporated into the bioapatite (calcium phosphate) of bone, dentine and enamel. Although carbon isotopic compositions of carbonates can be measured in almost any fossil bone or tooth, not all values have survived unchanged since the animal's death. The poorly crystallized minerals of the organic-rich bone and dentine are very sensitive to alteration and generally do not preserve their biogenic isotopic signature for more than a few thousand years contrarily to the highly mineralized enamel crystals which are very resistant to diagenesis and usually preserve their biogenic isotopic signature for several million years (e.g., Lee-Thorp and van der Merwe [1991;](#page-11-7) Ayliffe et al. [1994](#page-9-2); Koch et al. [1997;](#page-11-8) Lee-Thorp and Sponheimer [2003\)](#page-11-9).

Collagen represents about 25% of the dry weight of fresh bone and dentine and exhibits very invariable chemical characteristics across taxa. Collagen from mammal bones and teeth has a very narrow range of carbon and nitrogen content, a property that is routinely used to monitor the reliability of collagen extracted from fossil bones (e.g., DeNiro [1985](#page-10-14); Ambrose [1990](#page-9-3)). It is widely accepted that any extract with a C/N atomic ratio lower than 2.9 or higher than 3.6 is to be discarded since these values are clearly outside the range exhibited by collagen extracted from fresh bone. However, the lower acceptable limit for carbon and nitrogen percentages in fossil bone extracts is evaluated case by case. Collagenlike extracts with carbon and nitrogen percentages lower than those measured in collagen extracted from fresh bones, i.e. 36% and 12%, respectively (Rodière et al. [1996\)](#page-12-2), should be considered very cautiously, especially if they are outliers compared to other collagen extracts from the same site.

Different techniques can be used to extract collagen from fossil bones (e.g., Longin [1971;](#page-11-10) Bocherens et al. [1997](#page-10-9); Higham et al. [2006](#page-11-11)), all of them aiming at the elimination of any component other than collagen while losing a minimal proportion of the remaining collagen. The contaminations include the mineral fraction containing carbonate as well as exogenous organic matter that could have impregnated the bone sample during burial. Although collagen remnants have been identified in fossils as old as dinosaurs (e.g., Wyckoff [1969](#page-12-3); Bocherens et al. [1988](#page-10-16); Ostrom et al. [1993](#page-12-4); Asara et al. [2007](#page-9-4)), most applications of collagen isotopic biogeochemistry have been restricted to the last 200 kyr (Jones et al. [2001](#page-11-12)) and to material coming from regions with temperate or cold climates since the rate of collagen loss is temperature dependant (e.g., Holmes et al. [2005\)](#page-11-13). Under warmer climatic conditions, as in Mediterranean areas, and in less protected environments, as in open-air sites, bone is usually less well preserved and collagen is often too altered to yield reliable isotopic signatures. These are cases where it is nevertheless possible to measure carbon isotopic signatures in the mineral fraction of tooth enamel (e.g., Bocherens et al. [1995;](#page-10-8) Lee-Thorp and Sponheimer [2006](#page-11-4); Bocherens and Rousseau [2008](#page-9-1)).

The isotopic analysis of animals raised on controlled diets or monitored in natural environments yielded the general rules of isotopic record in bone collagen and the carbonate fraction of bioapatite. Dietary reconstruction is based on the isotopic composition of carbon  $(^{13}C/^{12}C)$ and nitrogen  $(^{15}N/^{14}N)$ . These ratios are commonly expressed using the " $\delta$ " (delta) value as follows:  $\delta^{13}C = \left[\frac{(^{13}C)^{12}C}{\text{sample}}\right]$  $({}^{13}C/{}^{12}C)_{\text{reference}} - 1] \times 1,000$  (%o) and  $\delta^{15}N = [({}^{15}N/{}^{14}N)_{\text{sample}}]$  $({}^{15}N/{}^{14}N)_{\text{reference}} - 1$   $\times$  1,000 (‰), with the international reference being V-PDB for  $\delta^{13}C$  values and atmospheric nitrogen (AIR) for  $\delta^{15}N$  values. Carbon is provided by the whole food consumed by an organism, while nitrogen is provided by the protein fraction of the food. The carbon isotopic signature of an animal is globally equivalent to that of its average food (DeNiro and Epstein [1978](#page-10-4)). However, different fractions of the body present varying carbon isotopic signatures compared to the whole body. For example, the collagen of an organism raised on a homogenous diet exhibits  $\delta^{13}$ C values enriched by 5‰ while the carbonate fraction exhibits  $\delta^{13}C$ values enriched by 9–14‰ relative to the diet and the whole body (e.g., DeNiro and Epstein [1978;](#page-10-4) Cerling and Harris [1999](#page-10-17); Passey et al. [2005](#page-12-5)). The variations of this enrichment in the carbonate fraction seem to relate to different dietary physiology and are higher in large herbivores than in small herbivores and carnivores (e.g., Passey et al. [2005\)](#page-12-5). These differences may be partly linked to the impact of 13C-enriched  $CO<sub>2</sub>$  generated through methane production especially high in ruminants (e.g., Hedges [2003](#page-11-14); Passey et al. [2005\)](#page-12-5). As a consequence, the difference between the  $\delta^{13}$ C values of collagen and carbonate bioapatite is higher in herbivores  $(7.9 \pm 1.1\%)$  than in carnivores  $(4.7 \pm 0.4\%)$  (Bocherens [2000](#page-9-5)). Flesh is slightly enriched compared to the average diet, which is why the  $\delta^{13}$ C values of the collagen of a predator are enriched by around 1‰ (from 0.8 to 1.3‰) compared to the  $\delta^{13}$ C values of the collagen of its average prey (Bocherens and Drucker [2003](#page-9-6)).

Contrary to carbon, the nitrogen-15 content is higher in a given organism than in its food, with the  $\delta^{15}N$  values of an organism being 3–5‰ more positive than those of its average diet (DeNiro and Epstein [1981;](#page-10-5) Schoeninger and DeNiro [1984](#page-12-6)). When the  $\delta^{15}N$  values of the bone collagen of a predator are compared to those of its average prey, a similar enrichment of 3–5‰ is found (Bocherens and Drucker [2003](#page-9-6)). Some tentative links have been suggested between some variations in this enrichment factor and physiological or environmental parameters. For instance, the fact that a given herbivorous species exhibits increasing  $\delta^{15}N$  values with decreasing annual precipitation in Africa and Australia led to the suggestion that aridity would increase the <sup>15</sup>N enrichment between plant food and body tissues in herbivores, due to changes in water and nitrogen metabolism under water and dietary stressed conditions (e.g., Ambrose and DeNiro [1986](#page-9-7); Heaton et al. [1986](#page-11-15); Sealy et al. [1987](#page-12-7); Ambrose [1991](#page-9-8); Gröcke et al. [1997](#page-11-16)). However, more recent works based on a larger dataset seem to indicate that the observed increase in  $\delta^{15}N$  values is due to an increase in the  $\delta^{15}$ N values of plants with aridity and a relatively constant fraction of nitrogen between plant food and herbivores (Murphy and Bowman [2006\)](#page-11-17). This does not preclude some variability in the trophic enrichment of <sup>15</sup>N. For instance, in herbivorous mammals, such variations were observed in controlled feeding experiments of different herbivorous species such as alpaca, cattle, goat, and horse with diets differing in their protein levels (Sponheimer et al. [2003](#page-12-8)). The extreme fractionation values are, however, obtained with diets exceeding the nitrogen requirements of the animal or leading to starvation and weight loss. Moreover, they were measured on tissues recording short-term variations, such as hair and blood. These results may thus not be relevant for the isotopic record of tissues averaging long periods of life such as bone in animals living under natural conditions. Some differences have also been observed in omnivorous mammals fed on diets with differing protein contents. For instance, a review of fractionation values measured for bears suggests an increasing difference between blood and food  $\delta^{15}N$  values for bears fed on diets presenting decreasing nitrogen content, such as fish (2.3 and 3.6‰), flesh (3.8 and 4.1‰), and fruits (4.2 and 5.8‰) (Robbins et al. [2005\)](#page-12-9). Such variations may also exist in humans according to their diet quality (review in Hedges and Reynard [2007](#page-11-18)).

Collagen and carbonate reflect the isotopic composition of the food consumed during the period during which they were synthesized. In large mammals, bone collagen reflects several years of an individual's lifetime before its death, while tooth collagen and enamel carbonate sampled along a tooth crowned reflect a much shorter period, during which this tooth part was formed, usually during the first months or years of an individual's life. This situation has important implications in mammals, especially in the case of young individuals and of high-crown teeth of herbivorous mammals with prolonged growth periods. Young individuals are raised on their mother's milk, which exhibits  $\delta^{15}N$  values around 3% higher than those of the adult diet (Fogel et al. [1989\)](#page-11-19). For these reasons, the  $\delta^{15}N$  values of tooth collagen do not always reflect the adult diet in mammals and they should be treated cautiously if used in paleodietary reconstruction (Bocherens et al. [1994](#page-10-7); Bocherens and Mariotti [1997\)](#page-9-9). For the same reason, bone collagen of young individuals, from birth until a few years after weaning, is affected by the consumption of 15N-enriched milk, and several studies have demonstrated the consequences in the isotopic variations of the youngest individuals, up to 3 years old human babies, in modern and archeological human populations (e.g., Fogel et al. [1989;](#page-11-19) Katzenberg and Pfeiffer [1995](#page-11-20); Fuller et al. [2006](#page-11-21); Clayton et al. [2006\)](#page-10-18). Similar patterns have been shown in the bones of young animals (e.g., Balasse et al. [1997](#page-9-10)). The isotopic signatures of such individuals are therefore difficult to address for paleodietary reconstruction. In high-crowned herbivorous mammals, such as horse and bovids, serial sampling of dentine and enamel bands along the crown perpendicularly to the growth direction yields varying isotopic results that correspond to seasonal or ontogenic changes in diet (e.g., Koch et al. [1989](#page-11-5); Balasse et al. [2001](#page-9-11); Drucker et al. [2001;](#page-10-19) Nelson [2005](#page-11-22)).

In summary, carbon isotopic signatures, measured on collagen or enamel carbonate bioapatite, yield direct information on the type of plants consumed by herbivores, and therefore on the vegetation surrounding the Neanderthals. In the case of predators, their  $\delta^{13}$ C values are informative in the case of potential preys with differing carbon isotopic signatures. Nitrogen isotopic signatures of bone collagen reflect the trophic position of an individual within its food web. Some variations in plants linked to environmental parameters are transferred to herbivores and their predators, shifting the  $\delta^{15}$ N values of the whole food web but keeping the nitrogen isotopic differences between predators and their prey within a predictable range. Examples relevant to the case of Neanderthals will be presented in the following sections.

### **Isotopic Variations and Ecology of the Middle and Late Pleistocene**

#### *Carbon-13 in Herbivores and the Vegetation Around Neanderthal*

Carbon isotopic signatures, measured on collagen or enamel carbonate bioapatite, yield direct information on the type of plants consumed by herbivores, and therefore on the vegetation surrounding the Neanderthals. The main carbon isotopic distinction in terrestrial vegetation is due to the photosynthetic

pathway used by the plants, i.e. the so-called  $C_3$  and  $C_4$ pathways.  $C_4$  plants are absent or very limited in environments with a temperate or cold growing season, as in Europe, including the Mediterranean area, northern latitudes and high altitudes (e.g., Ehleringer et al. [1997](#page-11-23)). The geographical extension of Neanderthals was deeply rooted in Europe, with representatives in the Middle East and central Asia (e.g., Bolus and Schmitz [2006;](#page-10-20) Finlayson and Carrión [2007](#page-11-24)). Within this range,  $C_4$  plants may be present as a significant but minor component in the Middle East and some dry sections of Central Asia (e.g., Bocherens et al. [2000](#page-10-21)). When present, these  $C_4$  plants are grasses or forbs. In environments where all plants use the  $C_3$  photosynthetic pathway, which correspond to the large majority of sites where Neanderthals occurred, an isotopic distinction can be seen between plants growing under a closed canopy, which have lower  $\delta^{13}$ C values than plants growing at the top of the canopy or in open environments, such as open woodland, grassland, steppe and tundra (reviews in Tieszen [1991](#page-12-10); Heaton [1999](#page-11-25)). The tissues of herbivores consuming plants from a closed canopy also exhibit lower  $\delta^{13}C$ values than those of herbivores consuming plants from an open environment (e.g., van der Merwe and Medina [1991](#page-12-11); Cerling and Harris [1999;](#page-10-17) Drucker et al. [2003b,](#page-10-22) [2008](#page-10-23); Cerling et al. [2004](#page-10-24); Drucker [2005,](#page-10-12) [2007](#page-10-13)). The differences in  $\delta^{13}C$  values can reach 5‰ in boreal and temperate contexts between open and closed areas. Shifts of  $\delta^{13}$ C values of plants and their consumers can also be due to other environmental factors such as altitude and humidity. The isotopic shifts are, however, more limited, of about 1.1‰ increase in  $\delta^{13}C$  values per 1,000 m increase in altitude and  $\delta^{13}$ C values 0.5‰ lower in humid grassland compared to drier ones (e.g., Schnyder et al. [2006](#page-12-12); Männel et al. [2007](#page-11-26)).

The use of  $\delta^{13}$ C values measured in the bones and teeth of herbivores found in prehistoric sites provide a tool to investigate whether animals dwelling in dense forests were part of the subsistence strategies of Neanderthals living during periods of forest development. As expected, the  $\delta^{13}C$  values of herbivores found in sites dated from OIS 3 are all within the range of animals consuming plants from open environments without dense canopy forests, as in Saint-Césaire, in Les Pradelles, in layer 1A in Scladina cave, and in layers 6a and 7a in Kůlna (e.g., Fizet et al. [1995](#page-11-3); Bocherens et al. [1997,](#page-10-9) [2005a;](#page-10-15) Patou-Mathis et al. [2005](#page-12-13)) (location map on Fig. [8.1](#page-4-0)).

Only sites from more temperate periods, such as some phases of OIS 5, yielded herbivores with  $\delta^{13}$ C values negative enough to be consistent with dense canopy vegetation that could generate low  $\delta^{13}$ C values in plants. This was the case in layer 4A from Scladina cave, and in layer G from Payre (Bocherens et al. [1999](#page-10-2); Bocherens and Rousseau [2008](#page-9-1)). The distribution of these low  $\delta^{13}$ C values in the different herbivorous species and in remains from animals hunted by humans or by carnivores tells us even more about the environment, the paleobiology of herbivorous mammals, and

<span id="page-4-0"></span>

**Fig. 8.1** Location of the sites discussed in the text. The underlined names correspond to sites that yielded bones from Neanderthals

the subsistence strategies of Neanderthals. In layer 4A from Scladina cave, fallow deer exhibit low  $\delta^{13}$ C values, which is not surprising for this species of which extant representatives dwell in well forested landscapes. However, the occurrence of two horse specimens with  $\delta^{13}$ C values as low as those of fallow deer shows that some representatives of this species could be present even under forested conditions. Similar results were found for horses from Holocene sites in France (Bocherens et al. [2005a](#page-10-15)). These results show that ancient horses were not systematically associated to open environments, such as grasslands or steppes, but could also be present in forested environments. In both cases, horses were nevertheless a minor component of the fauna which was dominated by taxa more linked to forested environments such as cervids. In layer 4 from Scladina cave, it is striking

that although a majority of analyzed herbivorous mammals yielded  $\delta^{13}$ C values indicative of a dense canopy forest, the  $\delta^{13}$ C values directly measured on a Neanderthal specimen indicate consumption of resources from open environments (Bocherens et al. [1999\)](#page-10-2). This could indicate that, in a landscape with open and forested dietary resources, Neanderthals from layer 4A of Scladina cave focused on food from the open landscape. Due to limited data such a conclusion cannot be generalized to all Neanderthal populations living under temperate conditions. Indeed, the results obtained in layer G from Payre on large bovids and deer teeth indicate that these species were hunted by Neanderthals in dense forest environments (Bocherens and Rousseau [2008](#page-9-1)). The isotopic approach allows thus to determine the origin of hunted game within a mosaic landscape where open and forested areas

<span id="page-5-0"></span>

**Fig. 8.2** Carbon isotopic signatures of the average diet reconstructed from collagen (Scladina, layer 4A; Bocherens et al. [1999\)](#page-10-2) and from enamel carbonate apatite (Payre, layer G; Bocherens and Rousseau [2008](#page-9-1)) d13C values. Neanderthal from Scladina layer 4A (*open circle*) exhibits  $\delta^{13}$ C values indicative of open environment, contrarily to some herbivores found in the same level, such as fallow deer and horse. In Payre layer G, some of the hunted herbivores, especially deer, exhibit  $\delta$ <sup>13</sup>C values typical of dense forest environment, thus indicating that Neanderthals in Payre exploited herbivores from forested environments (Bocherens 2008)

were present, and to compare the subsistence strategies of different Neanderthal populations through space and time (Fig. [8.2\)](#page-5-0). The development of this approach should be fruitful in the debate over the ecological tolerance of Neanderthals (e.g., Roebroeks et al. [1992](#page-12-14)).

### *Nitrogen-15 in Herbivores: The Effect of Environmental Factors*

As described in the previous section,  $\delta^{15}N$  values of adult herbivores reflect those of the consumed vegetation. A recent review of variations of  $\delta^{15}N$  values in soils and plants demonstrated that, on a global scale, temperature and humidity are the main factors impacting on the  $\delta^{15}N$  values of plants, which decrease with decreasing temperature and increasing humidity (Amundson et al. [2003](#page-9-12)). The same factors have been shown to have similar effects on the  $\delta^{15}N$  values of plants and their consumers at more local scales, for instance with increasing altitude and on the scale of a continent such as Australia (Murphy and Bowman [2006](#page-11-17); Männel et al. [2007\)](#page-11-26).

In the context of European Late Pleistocene, large variations of  $\delta^{15}N$  values in herbivore collagen have been reported. The pattern of such variations in western Europe during the time range from 35 to 10,000 years ago has convincingly demonstrated that temperature played a driving role in the decreasing of  $\delta^{15}N$  values in herbivore collagen during and just after the Last Glacial Maximum, between 20 and 12,000 years ago, with an amplitude increasing when the distance to

the polar front decreases (Drucker et al. [2003a](#page-10-25)). In the peri-Mediterranean realm, this drop in herbivore  $\delta^{15}N$  values during the Last Glacial Maximum is not observed, as in the site Paglicci in southern Italy (Iacumin et al. [1997](#page-11-6)). This clearly illustrates that different environmental changes occurred in different areas during the climatic fluctuations of the Late Pleistocene.

Other episodes of shifts of herbivore  $\delta^{15}N$  values have been reported in the Late Pleistocene, but the environmental cause is not so well understood. For instance, at a time that seems to correspond to the beginning of the Aurignacian and in localities from different areas of Europe, the  $\delta^{15}N$  values of horse, large bovids, as well as of a predator, the wolf, are 3–5‰ more positive than those of the same species before and after the Middle to Upper Paleolithic transition (Drucker and Bocherens [2004](#page-10-6)). Such an isotopic shift is very difficult to link to climatic changes, since it seems to correspond to a time of decreasing temperature, which should lead to a decrease of  $\delta^{15}N$  values in plants and herbivores as seen during the Last Glacial Maximum, and not to an increase in  $\delta^{15}N$ value as it is observed. Further research should help to better characterize this isotopic shift chronologically and spatially. One hypothesis to be tested is the possible link between this isotopic shift and the Campanian ignimbrite eruption, which occurred around this time and is likely to have disrupted ecosystems on a large scale in Europe (Fedele et al. [2002\)](#page-11-27).

There are also some hints of such increases in  $\delta^{15}N$  values during earlier periods. One such episode was recognized in the study of Les Pradelles, where specimens belonging to reindeer, horse, bison, and wolf from layer 7 exhibited significantly higher  $\delta^{15}N$  values than specimens from the same species coming from layers under- and overlying (Fizet et al. [1995](#page-11-3)). Paleoclimatological proxies point to a very dry and cold climate during the deposition of this layer (Fizet et al. [1995](#page-11-3)). Reports of unusually high  $\delta^{15}N$  values have also been made for bison bones from England older than 55 ka (Jacobi et al. [2006\)](#page-11-28), and for bison and proboscideans from a 200 ka old English site (Jones et al. [2001\)](#page-11-12). Aridity is often presented as the most likely cause of these positive excursions of  $\delta^{15}N$ values (Fizet et al. [1995;](#page-11-3) Jones et al. [2001](#page-11-12)), but the biogeochemical behavior of nitrogen under the unique environmental conditions of the Late Pleistocene in Europe is not yet well understood and requires further investigations. In particular, it would be necessary to consider the possible influence of the herbivore community on the biogeochemistry of nitrogen, since grazing is a factor known to increase the  $\delta^{15}N$ values of plants and soils (e.g., Neilson et al. [2002\)](#page-11-29), especially through manuring (e.g., Simpson et al. [1999;](#page-12-15) Choi et al. [2002](#page-10-26); Frank et al. [2004](#page-11-30); Dijkstra et al. [2006](#page-10-27)).

Therefore, changes in the herbivore communities through the Late Pleistocene may be also responsible for some variations observed in the  $\delta^{15}N$  values of terrestrial ecosystems. Even if the actual causes of these isotopic fluctuations are

still not fully understood, it is essential to take them into account in the paleodietary interpretations, as it will be illustrated in the following sections.

#### *Choice of Prey by Predators*

Carbon isotopic signatures yield direct information on the type of plants consumed by herbivores. In the case of predators, their  $\delta^{13}$ C values are informative in the case of potential preys with differing carbon isotopic signatures, such as herbivores from dense forests, herbivores from open environments, freshwater resources, and marine resources. Nitrogen isotopic signatures of bone collagen reflect the trophic position of an individual within its food web. Some variations in plants linked to environmental parameters are transferred to herbivores and their predators, shifting the  $\delta^{15}N$ values of the whole food web but keeping the nitrogen isotopic differences between predators and their prey within a predictable range. Therefore, in a given paleoecosystem, using the  $\delta^{13}$ C and the  $\delta^{15}$ N values from collagen allows to determine which prey were consumed by predators, if different prey species exhibit significant differences in their isotopic signatures.

A compilation of carbon and nitrogen isotopic data obtained on fossil mammals dated to OIS 3, between 24 and 60 ka, showed that a consistent pattern of isotopic variations existed between ungulates living in the so-called "steppetundra" or "mammoth steppe", from western France to Alaska (see review in Bocherens [2003\)](#page-9-13). Although the environmental setting of this unique biome has no real modern equivalent, it seems that the isotopic variations observed in various herbivorous mammals such as reindeer, large bovids, horse, and mammoth, seem to relate to isotopic differences in their preferred plant food items that follow the same isotopic discrimination as modern plants in boreal and arctic environments. Lichens, which exhibit less negative  $\delta^{13}$ C values than vascular plants, lead to more positive  $\delta^{13}$ C values in reindeer collagen than in coeval herbivores due to the high proportion of these plants in reindeer diet (e.g., Fizet et al. [1995;](#page-11-3) Drucker et al. [2003a\)](#page-10-25). The herbivores with the most positive  $\delta^{15}N$ values, such as mammoths and large bovids, seem to be the ones relying most on grass rather than shrub leaves. These two types of plants differ greatly in their strategy of nitrogen intake, grass having no symbiotic association with fungi, while most shrubs and trees obtain most of their nitrogen from symbiotic fungi, with significant isotopic fractionation leading to more negative  $\delta^{15}N$  values in shrubs and trees than in grass (e.g., Högberg et al. [1996](#page-11-31); Michelsen et al. [1996](#page-11-32); Commisso and Nelson [2006;](#page-10-28) Hobbie and Hobbie [2006](#page-11-33)).

The large range of variation of  $\delta^{15}N$  values in plants from arctic and boreal environments linked to their differences in nitrogen metabolism is sufficient to explain the pattern of isotopic variation exhibited by herbivores, especially since the nitrogen isotopic fractionation between herbivore tissues and their diet varies less than originally believed (see review in previous paragraphs). Even the large difference in  $\delta^{15}N$ values of around 4‰ observed between the most <sup>15</sup>N-enriched and the most 15N-depleted herbivore in a given paleoecosystem, such as mammoth and cave bear in layer 1A of Scladina cave, is well within the observed range of variation of  $\delta^{15}N$ values between grass and shrubs. These observations cast serious doubts upon recent works based on models that advocate physiological factors such as hyperphagia, lactation and suckling as the cause for cave bears having lower  $\delta^{15}N$  values than those of sympatric herbivores (Balter et al. [2006\)](#page-9-14), especially when considering the absence of difference between the  $\delta^{15}N$ values of male and female cave bears (Bocherens, unpublished data), a side-effect predicted by this theory, and the absence of such an effect in modern bears, which do have hyperphagia and hibernation but do not differ from other carnivores in the fractionation of their nitrogen compared to their food (Hilderbrand et al. [1996](#page-11-34); Felicetti et al. [2003\)](#page-11-35).

The consequences of these significant isotopic differences in terrestrial prey species available to Neanderthals and coeval predators is the possibility to evaluate quantitatively the proportions of the different prey that they consumed. In two case studies dealing with Neanderthals and coeval herbivores and carnivores dated to the end of OIS 3, around 40–35 ka, and located in two different regions, Western France and Belgium, the isotopic pattern exhibited by the different herbivorous and carnivorous species are strikingly similar (Fig. [8.3\)](#page-7-0).

In both cases, mammoths exhibit the most positive and reindeer the least positive  $\delta^{15}N$  values of herbivores, while reindeer exhibit the least negative and horse and mammoth exhibit the most negative  $\delta^{13}$ C values of herbivores. Hyenas present  $\delta^{15}N$  values slightly more positive than those of mammoths and about 3–4‰ more positive than those of the bulk of herbivores, while Neanderthals are about 2‰ more positive than hyenas.

In the case of Saint-Césaire Neanderthal, the use of a mathematical model was possible thanks to the diversity and the richness of the coeval fauna that provided robust end-members for potential prey species available to the predators and allowed quantitative estimates for the contribution of various prey in the average diet of Neanderthals and hyenas (Bocherens et al. [2005b](#page-10-3)). The results point to a much larger proportion of mammoth and rhinoceros in the diet of Neanderthals than for hyenas, while hyenas consumed more reindeer than Neanderthals. The relative contribution of the other ungulates, such as horse, large bovids and large deer, were ranging similarly for both predators. This result indirectly suggests that mammoth and rhinoceros were hunted rather than scavenged. Otherwise hyenas would also have a better access to these carcasses which was not the case.

<span id="page-7-0"></span>

**Fig. 8.3** Carbon and nitrogen isotopic signatures of collagen from herbivorous and carnivorous mammals in Western France (Saint-Césaire, La Berbie, Camiac) and Belgium (Spy, layer 1A in Scladina cave) (Modified from Bocherens et al. [\(2005b\)](#page-10-3))

An alternative explanation for the more positive  $\delta^{15}N$  values in Neanderthals than in hyenas is the consumption of freshwater resources by the humans (Drucker and Bocherens [2004](#page-10-6); Balter and Simon [2006\)](#page-9-15). However, the complete lack of archeological evidence for exploitation of fish in sites occupied by Neanderthals, as well as the very tight clustering of the isotopic values of Neanderthal specimens from a given site, make it unlikely that fish were significantly involved in the diet of the studied Neanderthals. Moreover, the trace-element data presented to support fish consumption by Neanderthals by Balter and Simon ([2006\)](#page-9-15) are affected by diagenesis and lack faunal comparison data, which make them unreliable for dietary reconstructions (Lee-Thorp and Sponheimer [2006\)](#page-11-4).

In the case of Belgian samples, no detailed mathematical reconstruction has been attempted yet since the association between the Neanderthal specimen from Spy and the mammalian fauna from Scladina is not as secure as in western France. But the similar isotopic pattern among species suggest a similar result for dietary reconstruction, with megaherbivores such as mammoth and rhinoceros representing a much higher percentage in the diet of Neanderthals than in the diet of hyenas. These results suggest the possibility of a

niche partitioning between Neanderthals and hyenas, the hominids aiming at the largest herbivorous prey while the hyena relied more on smaller sized prey, such as large bovids, cervids and horses. The hunting technology of Neanderthals could have given them an advantage in the hunting of very large herbivores, opening them an ecological niche unavailable to other predators and allowing the cohabitation of several large predators in late Pleistocene Europe without too much dietary overlap between predatory species.

# *Comparison of Isotopic and Zooarcheological Dietary Reconstruction*

The exploitation of megaherbivores such as proboscideans and rhinoceros by Neanderthals and other fossil European hominids has been previously suggested based on the study of animal remains found in prehistoric sites (e.g., Scott [1980](#page-12-16); Thieme and Veil [1985;](#page-12-17) Auguste [1995](#page-9-16); Auguste et al. [1998](#page-9-17); Bratlund [2000;](#page-10-29) Patou-Mathis [2000,](#page-12-18) [2006;](#page-12-19) Conard and Niven [2001](#page-10-30); Moncel [2001;](#page-11-36) Piperno and Tagliacozzo [2001](#page-12-20)). However, the consumption of such a large proportion of up to 70% mammoth and up to 56% rhinoceros meat as reconstructed with the isotopic approach is not generally deduced from zooarcheological studies of Neanderthal food leftovers (Bocherens et al. [2005b\)](#page-10-3). For instance, in the case of Saint-Césaire, the zooarcheological study points to a large proportion of bovinae in the meat consumed by Châtelperronian Neanderthals, while mammoth and rhinoceros would account for 16% and 9%, respectively (Patou-Mathis [2006](#page-12-19)). One common conclusion of isotopic and zooarcheological investigations is the very low proportion of deer and reindeer in the diet of Neanderthals (Fig. [8.4\)](#page-8-0).

Therefore both approaches agree that Neanderthals have consumed more meat from large mammals than from small ones. The difference in the conclusions of both approaches regarding mammoth and rhinoceros could be due to the consequence of transport decision, since bones of very large herbivores are not expected to be transported from the butchery to the occupation site, only meat filets would be transported leading to an underrepresentation of the role of large-bodied animals in Middle Paleolithic diet (e.g., Rabinovitch and Hovers [2004\)](#page-12-21).

Another case of discrepancy between the conclusions of zooarcheological and isotopic dietary studies is provided by the Les Pradelles site, in Charentes (France). Three Neanderthal specimens from this site have yielded reliable collagen that was analyzed isotopically, as well as specimens of coeval horse, large bovids, reindeer, wolf and hyena (Fizet et al. [1995](#page-11-3); Bocherens et al. [2005b](#page-10-3)). Based on zooarcheological analysis of the fauna from layers 9 and 10 where the Neanderthals come from suggest a site where essentially reindeer were hunted, with 55 individuals, while other species

<span id="page-8-0"></span>

 $\delta^{15}$ N

**Fig. 8.4** Range of proportions of different prey species in the diet of Neanderthal from Saint-Césaire and hyenas from western France (Modified from Bocherens et al. [2005b](#page-10-3)). The *vertical arrows* corre-

spond to the proportions of meat weight of different prey species calculated from the results of zooarcheological study (Patou-Mathis [2006](#page-12-19))

yielded much less individuals, i.e. 3 red deer, 11 horse and 8 large bovids (Costamagno et al. [2006](#page-10-31)). The isotopic results indicate that the contribution of prey with high  $\delta^{15}N$  values, i.e. large bovids, has to be important in order to fit the observed isotopic values for all three Neanderthals (Fig. [8.5](#page-8-1)).

The apparent discrepancy in terms of hunted individuals is partially corrected if we calculate the maximum percent meat obtainable from the different species, taking into account that an adult reindeer yields around 50 kg meat, and adult horse 200 kg and an adult large bovid 750 kg (based on Patou-Mathis [2006](#page-12-19)). Due to these differences in size, eight large bovid individuals would provide around half the meat of all herbivores found in Les Pradelles. The isotopic results suggest that bovids should be even more important in the Neanderthal diet, unless other large herbivores with high  $\delta^{15}N$  values, such as rhinoceros and mammoths, were hunted but not represented in the site. This is not to say that reindeer were unimportant to Les Pradelles Neanderthals or that zooarcheology yielded false results. Les Pradelles could well correspond to a site where reindeer hunting and processing was a major activity, but that, on average, the main protein source of the three analyzed Neanderthal specimens was meat from large bovids.

#### **Conclusions and Perspectives**

Isotopic investigations of fossil bones relevant to questions of Neanderthal paleoecology are only at their beginning. So far, only about 25 Neanderthal individuals have been

<span id="page-8-1"></span>

**Fig. 8.5** Carbon and nitrogen isotopic signatures of collagen from herbivorous and carnivorous mammals from Les Pradelles, compared to those of coeval Neanderthal specimens (Modified from Bocherens et al. [2005b\)](#page-10-3). *Rectangles* represented the reconstructed range of collagen for predators consuming exclusively one prey species, i.e. Bovinae, Horse or Reindeer. This reconstruction is based on the carbon and nitrogen isotopic fractionations for predators compared to their prey presented by Bocherens and Drucker [\(2003](#page-9-6))

attempted using this new isotopic approach, and only 12 specimens yielded well-preserved collagen, ten of them having been published (Bocherens et al. [2005b](#page-10-3)). The present paper discussed isotopic results obtained on only 5 Neanderthal individuals as the other additional specimens for which isotopic data were published lack either suitable comparison fauna, are juvenile for which interference from suckling milk could not be excluded or their collagen presents preservation problems (see Bocherens et al. [2005b](#page-10-3) for detailed discussion). There are still a huge number of prehistoric sites dated to the Late Pleistocene that should yield fossil bones and teeth suitable for collagen and/or enamel apatite isotopic studies, allowing paleoecological reconstruction with high spatial and chronological resolution in the coming years. One question that will certainly benefit from the further isotopic investigations is the Middle to Paleolithic transition, especially by testing the possibility of dietary competition between late Neanderthals and early Anatomically Modern Humans in Europe. The results obtained so far are still ambiguous (Richards et al. [2001](#page-12-22) contra Drucker and Bocherens [2004\)](#page-10-6). The addition of new biogeochemical tracers, such as sulfur isotopic signatures, could help to solve these controversies (e.g., Richards et al. [2003](#page-12-23)). In parallel, a better integration of paleoecological results from different indicators, including isotopic tracers, should allow more robust reconstructions of local environmental conditions, which will be fruitfully compared with paleoclimatic reconstructions based on glacial and marine global tracers. Another promising field of research is the combination of isotopic and paleogenetic data that will help to understand the mechanism of population and species evolution in the changing environment of the Late Pleistocene (e.g., Barnes et al. [2002](#page-9-18); Bocherens et al. [2006,](#page-10-10) [2007](#page-10-11)).

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