Nonconventional Techniques in Oncoplastic Surgery

Mario Rietiens, Cícero Urban, and Visnu Lohsiriwat

18.1 Introduction

The concept of oncoplastic surgery is not so complicated. If the surgeon can manage three "basic" reduction mammaplasty techniques—techniques derived from the upper nipple and areola blood supply (superior pedicle) [1-3], techniques derived from the lower/posterior nipple and areola blood supply (inferior pedicle) [4–7], and techniques derived from the glandular nipple and areola blood supply (periareolar) [8, 9], is possible to solve around 90 % of cases. In this chapter, the goal is show possible solutions in special cases that seem initially much too complicated owing to anatomical variations, tumor locations, or patients' wishes.

Oncoplastic Surgery with Implants 18.2

The indication for use of prostheses is always problematic in cases of partial immediate reconstruction after quadrantectomies as it is difficult to predict the aesthetic results after external radiotherapy. There is a higher risk of periprosthetic capsule formation, which can lead to malpositioning of the prosthesis with unsatisfactory aesthetic results. Nowadays, with the development of the new

M. Rietjens (⊠)

Division of Plastic and Reconstructive Surgery, European Institute of Oncology, Milan, Italy

e-mail: mario.rietjens@ieo.it

Oncoplastic and Reconstructive Division, Breast Unit, Hospital Nossa Senhora das Graças, Positivo University, Curitiba, Brazil

e-mail: cicerourban@hotmail.com

V. Lohsiriwat

Faculty of Medicine, Department of Surgery, Siriraj Hospital, Mahidol University, Bangkok, Thailand

e-mail: lohsiriwat@gmail.com

techniques of external radiotherapy, with an optimal target dose calculation, the use of prostheses may be indicated in cases of small breasts with reduced thickness and with use of a wide base and low projection implant just to maintain the volume (Figs. 18.1 and 18.2).

18.3 **Oncoplastic Surgery Plus Intraoperative Radiotherapy** and Bilateral Breast Augmentation with Implants

This is a technique performed routinely in the European Institute of Oncology (IEO) for patients with small tumors and small breasts who wish for conservative surgery and also to increase the volume of the breast [10-12]. To avoid postoperative complications due to the traditional external radiotherapy, intraoperative radiotherapy can be done. All patients are treated with breast-conserving surgery (quadrantectomy). Electron beam intraoperative therapy is delivered by two mobile linear accelerators immediately after breast resection with a single dose of 21 Gy, which in radiobiology terms is similar to the 45-Gy of external radiotherapy. In young patients, only a boost in the tumor bed of 10 Gy is given and complementary external radiotherapy is provided after the surgery [13].

The quadrantectomy approach can be done through a periareolar incision. After tumor resection, the lateral glandular flaps are undermined to allow the insertion of two metallic disks (lead and aluminum) to protect the thoracic wall from diffusion of radiotherapy. Then, the mobile radiotherapy equipment is placed and the calculated dose is applied in the gland around the quadrantectomy. Then, the reconstructive step begins with insertion of the prosthesis below the pectoralis major muscle and with use of glandular flaps to cover the defect from quadrantectomy. The same implant is also used in the contralateral breast augmentation (Figs. 18.3, 18.4, 18.5 and 18.6).

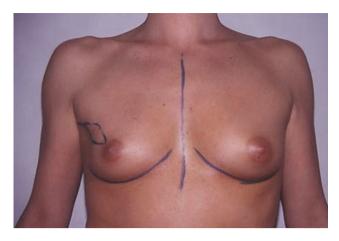


Fig. 18.1 Preoperative image: upper outer quadrantectomy of the *right* breast

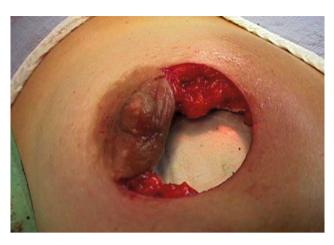


Fig. 18.4 After excision of the tumor, the metallic disks (aluminum and lead) are placed to protect the thoracic wall before starting the electron beam intraoperative therapy



Fig. 18.2 Postoperative results 6 months after subjectoral 90-cm³ implant insertion and external radiotherapy



Fig. 18.5 Intraoperative image: sterile collimator adjustment to deliver the intraoperative radiotherapy

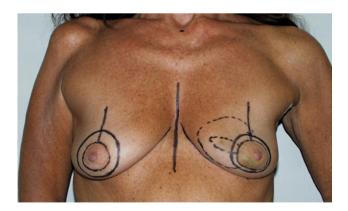


Fig. 18.3 Preoperative drawings: T1 tumor located between the internal quadrants of the *left* breast



Fig. 18.6 Postoperative image at 6 months: good cosmetic results without capsula contracture or radiodystrophy

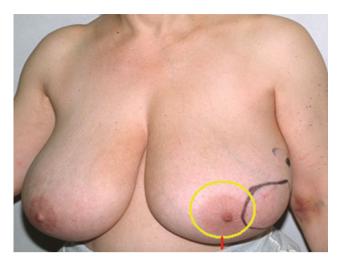


Fig. 18.7 Preoperative image: the *black line* is the tumor circumference



Fig. 18.9 On-table view



Fig. 18.8 Intraoperative image after the quadrantectomy (weight 420 g) and the drawing for Skoog and lower outer pedicle technique

18.4 Combined Mammaplasty Techniques

The oncoplastic surgeon with good experience with the main mammaplasty techniques can in special indications, such as breast size and tumor localization, combine two or more techniques to achieve a good cosmetic result. The basic requirement is good knowledge of breast blood supply in order to avoid skin and/or glandular necrosis.



Fig. 18.10 Cosmetic results 3 months after radiotherapy

A useful technique in cases of large tumors in the upper outer quadrant and huge and ptotic breasts is the double pedicle technique. One pedicle is similar to that in Skoog technique, in order to pull up the nipple and areola complex with good blood supply [14, 15]. A second pedicle is a skin glandular pedicle, based on the vascular pedicles from the lateral border of the pectoralis major muscle and will be used to cover the glandular defect in the upper outer quadrant. This is a good solution in this situation with tumors that are very superficial and it where it is oncologically necessary to remove the skin over the lump, the only disadvantage being the large scars (Figs. 18.7, 18.8, 18.9, and 18.10).



Fig. 18.11 Preoperative image: trifocal tumor in the upper outer quadrant. The drawing pattern is similar to that for the Lejour technique



Fig. 18.13 Intraoperative image: the inferior triangle of glandular tissue normally removed with this technique will be rotated to cover the upper outer defect



Fig. 18.12 Intraoperative image: after the quadrantectomy, a glandular flap is prepared on the basis of the upper inner quadrant

Another option for tumors located in the upper outer quadrant is a technique similar to Lejour's technique, but using the inferior triangle of glandular tissue rotated to cover the quadrantectomy defect (Figs. 18.11, 18.12, 18.13, 18.14, and 18.15). This technique can be used in large breasts with a medium degree of ptosis, the advantage being the shortness of the scars.

18.5 Fasciocutaneous Abdominal Flaps

It is always a challenge to achieve good cosmetic results with conservative surgery for small tumors in small breasts. In the case of thin patients with a small breast without ptosis



Fig. 18.14 Intraoperative image showing the final reshaping with only periareolar and vertical scars

and small tumors located in the inferior quadrant, a fasciocutaneous flap harvest just above the inframammary fold and rotation to cover the defect can be indicated [16, 17]. The flap should be taken just above the inframammary fold and the pedicle oriented in the medial portion to preserve the perforator vessels coming through the upper part of the rectus abdominis muscle. The flap orientations follow the inframammary fold in order to maintain the scar exactly at



Fig. 18.15 Postoperative image after 6 months



Fig. 18.16 Preoperative drawings: skin excision for lower tumor resection and flap drawing in order to put the final scar in the inframammary fold

this level so it is less visible (Figs. 18.16, 18.17, and 18.18) [18].

Others solutions can be used depending on the defect localization and the excess of skin in the inferior portion, lateral portion, or axillary portion (Figs. 18.19, 18.20, and 18.21).

18.6 Reshaping with Nipple and Areola Grafting

Some "special indications" of large conservative surgery can be taken into consideration following the patient's request. In the case of large tumors or multifocal tumors in the superior quadrants, a large quadrantectomy with skin



Fig. 18.17 Intraoperative image: flap rotation and the abdominal skin flap should be undermined to fix the final scar at the level of the inframammary fold



Fig. 18.18 Postoperative image after 1 month

excision can be indicated. In this case, a complete transposition of the lower pole of the breast in order to have a good breast shape is possible, but the nipple and areola complex should be transposed as a skin graft (Figs. 18.22, 18.23, 18.24, and 18.25) [19].

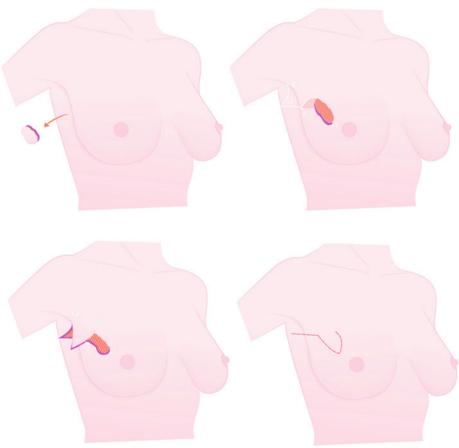
18.7 Musculocutaneous Flaps

An immediate reconstruction with musculocutaneous flaps may cause some difficulties, mainly due to the need for postoperative radiotherapy. Either a moderate or a major radiodystrophy could negatively affect the final aesthetic result.

Fig. 18.19 Other options for lateral rotation skin flaps



Fig. 18.20 Options for axillary skin rotation flaps



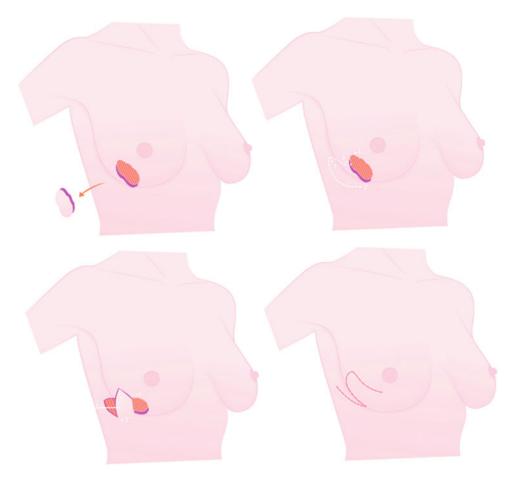


Fig. 18.21 Options for inferolateral fasciocutaneous flaps



Fig. 18.22 Preoperative planning: bifocal tumor in the upper pole of the breast very close to the skin



18.7.1.1 Indications

The latissimus dorsi flap technique was first proposed by Olivari [20] for breast reconstruction, and today it is possible to use it in selected cases for immediate partial



Fig. 18.23 Intraoperative view after the large skin and glandular resection

reconstruction after quadrantectomy. The best indication for this technique is reconstruction of external quadrants or even repair of the central quadrant [21–23].



Fig. 18.24 Intraoperative view after glandular reshaping and nipple and areola transposition as a skin graft



Fig. 18.25 Final results after 6 months



Fig. 18.26 Preoperative image: tumor located in the upper outer quadrant. Patient with small breast and who refused mastectomy



Fig. 18.27 Intraoperative image after the quadrantectomy and axillary dissection



Fig. 18.28 Rotation of the latissimus dorsi musculoadipose flap

18.7.1.2 Technique

The traditional technique is described in more detail in the specific chapter about it. In this chapter we will focus on the musculoadipose flap of the latissimus dorsi muscle (with no dorsal scar) for immediate breast repair after



Fig. 18.29 The flap is used to cover the quadrantectomy defect



Fig. 18.30 The final results on the table

quadrantectomy. This technique can be used in cases of superoexternal quadrantectomy, with no skin removal, and in small breasts without ptosis.

After quadrantectomy and biopsy of the sentinel lymph node (or axillary lymphadenectomy), it is possible to prepare a musculoadipose flap of latissimus dorsi muscle through the same incision. This flap is placed in the anterior thoracic region to repair the defect from quadrantectomy (Figs. 18.26, 18.27, 18.28, 18.29, and 18.30).

18.7.2 Rectus Abdominis Flap

From our experience, we do not indicate immediate partial reconstruction after quadrantectomy with a musculocutaneous flap from the rectus abdominis muscle. This is a

major surgical procedure for a partial repair and yet there is the risk of an incorrect aesthetic result after radiotherapy applied to the flap. There is a report of partial breast reconstruction with mini superficial inferior epigastric artery and mini deep inferior epigastric perforator flaps with satisfactory results [24].

18.8 Other Flaps

Several other methods related to oncoplasty have been reported for partial breast reconstruction, for example, transverse gracilis flap [25], omental flap [26, 27], and a combination of flaps [28]. However, they are rarely performed and are presently less popular.

18.9 Conclusion

In general, oncoplastic surgery can be performed by mammaplasty techniques. Knowledge and understanding of vascular supply of breast parenchyma and the nipple—areola complex is a very important key to success. When a simple mammaplasty technique cannot be used, there are other options that surgeons and patients can discuss. Prosthesis reconstruction can be performed with a low capsular contraction rate when the proper intraoperative radiotherapy protocol is used. Other fasciocutaneous and myocutaneous flaps can be done with promising results, and surgeon should keep in mind the oncoplastic principle to achieve the best oncologic and aesthetic benefit.

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