

Dendrimer-Based Nanoplatforms for SPECT 12

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1 Definition of the Topic

Dendrimers can be functionalized with multiple imaging and therapeutic moieties to establish dendrimer-based nanoplatforms for various applications. In this chapter we describe the recent progress in dendrimer-based nanomaterials for SPECT imaging applications with different purposes.

2 Overview

Dendrimers provide viable platforms for molecular imaging of organs and other targetspecific diseases due to their unique and well-defined molecular architecture. Recent innovations in dendrimer nanotechnology have led to a rapid development of multifunctional radiolabeled nanoparticles for diagnosis and therapy of diseases. In this chapter, we review the recent advances in dendrimer-based nanosystems for SPECT imaging applications including single-mode SPECT imaging, dual-mode SPECT/CT, SPECT/MR, and SPECT/optical imaging and theranostics of cancer or other diseases.

3 Introduction

Precision becomes one of the core values in today's healthcare environment [\[1](#page-19-0), [2\]](#page-19-1). Medical imaging, an essential technology in this context, providing precise imaging information, constantly deepens the understanding and instructs the treatment of many diseases $[3-6]$ $[3-6]$ $[3-6]$ $[3-6]$. During the last several decades, the number of imaging technologies and their applications in clinical practice have unprecedentedly increased. Currently, numerous imaging modalities are being used in biomedical and clinical settings for diagnostic and therapy purposes, including magnetic resonance (MR) imaging $[7-11]$ $[7-11]$ $[7-11]$ $[7-11]$ $[7-11]$, computed tomography (CT) $[12-16]$ $[12-16]$ $[12-16]$ $[12-16]$, positron emission tomography (PET) [\[17](#page-20-5)–[19](#page-20-6)], single photon emission computed tomography (SPECT) [\[20](#page-20-7), [21\]](#page-20-8), and optical imaging [\[22](#page-20-9), [23\]](#page-20-10). Among these, SPECT, PET, and optical imaging are known as functional imaging modalities, while CT and MRI are normally utilized to acquire anatomical information [[24,](#page-20-11) [25\]](#page-20-12).

Although each imaging modality is being continuously developed and improved for disease diagnosis, prognosis, or therapy monitoring, they are applied with intrinsic advantages and limitations [\[17,](#page-20-5) [26](#page-21-0)–[28](#page-21-1)]. For example, optical imaging has a comparatively high sensitivity, whereas its absorption and scattering properties of tissue components limit the penetration depth to less than 10 mm [\[28\]](#page-21-1). PET and SPECT both are quantitative imaging techniques with high sensitivity and ability of observing physio-logical processes, but spatially limited in resolution [[17](#page-20-5)]. MRI and CT are relatively insensitive imaging techniques but show operation convenience and extreme spatial resolution [\[26,](#page-21-0) [27\]](#page-21-2). Clearly, no single modality provides all of the required information. Hence, dual or multimode imaging approaches that combine functional and anatomic imaging into a single superposed image have emerged to integrate their advantages of

each imaging modality $[29-31]$ $[29-31]$ $[29-31]$ $[29-31]$, and numerous efforts have been devoted to develop multimodality imaging techniques over the last decade [[32](#page-21-5)–[34\]](#page-21-6). Up to now, PET/CT and SPECT/CT with high fusion accuracy are the most successful paragons and have revolutionized medical diagnosis in many fields [\[35](#page-21-7)–[37](#page-21-8)]. Lately, PET/MRI, a new diagnostic method with an excellent soft tissue contrast and less radiation dose than PET/CT, has been well developed and used for clinical imaging [\[38,](#page-21-9) [39](#page-21-10)]. These hybrid imaging techniques have gained wide acceptance as powerful tools in preclinical and clinical applications; however, few new imaging agents have been provided for multimodal hybrid imaging during the last decade. Therefore, a number of researchers are attempting to exploit versatile imaging platforms for early diagnosis, accurate prognosis, precision imaging, and image-guided drug delivery [[40](#page-21-11)–[42\]](#page-21-12).

Recent progresses in nanotechnology have enabled the development of various advanced imaging agents. By virtue of the unique electrical, magnetic, and optical properties of nanomaterials, a variety of multifunctional nanosystems have been designed and manufactured as contrast agents for different imaging applications [\[42](#page-21-12)–[45](#page-21-13)]. These nanosystems not only present enhanced contrast imaging effects, low toxicity, and prolonged circulation time but also possess active targeting ability by means of modification with targeting molecules. Among the developed nanomaterials, dendrimers have been praised as promising platforms to build multiple types of contrast agents due to their exquisite structures [\[46](#page-21-14)–[48](#page-22-0)]. In this chapter, we will describe the use of dendrimer-based nanosystems for SPECT imaging including single-mode SPECT imaging, dual-mode SPECT/CT, SPECT/MR, and SPECT/ optical imaging and theranostics of cancer or other diseases. To the best of our knowledge, this is the first review article specifically describing the progress of dendrimer-based SPECT agents and their applications in different aspects.

4 Experimental and Instrumental Methodology

4.1 Dendrimers

Dendrimers, a class of highly branched, monodispersed, synthetic macromolecules with well-defined architecture and composition, have highly controllable size and surface properties, which are quite different from linear polymers [\[49](#page-22-1)–[51](#page-22-2)]. Dendrimers with nanometer-scale dimensions are composed of three components: a central core, a highly branched interior, and an exterior surface with functional groups. The unique features of dendrimers afford the varied combination of these components to form various functional nanoparticles (NPs) with different shapes, sizes, and modifications for materials sciences and biomedical applications [\[52\]](#page-22-3). Especially in the field of medical imaging, the plentiful terminal groups on the dendrimer periphery can be easily modified with multiple imaging moieties to provide dual-mode and multimode imaging functionalities within a single dendrimer molecule $[46–48]$ $[46–48]$ $[46–48]$ $[46–48]$. Similarly, the generation-dependent physical size of dendrimers may be used to tune their excretion behavior and imaging time, to optimize the payloads of different imaging elements, and to adjust the passive targeting behavior through enhanced permeability and retention (EPR) effect [\[53](#page-22-4)–[55\]](#page-22-5). In order to increase the aggregation in specific areas, such as tumors, dendrimers are able to be conjugated with specific targeting ligands to improve their specificity and cellular uptake [\[56,](#page-22-6) [57](#page-22-7)]. Besides, the attached surface groups affect the solubility and biocompatibility of dendrimers [\[15,](#page-20-13) [58](#page-22-8)]. Through appropriate surface modification, dendrimers are able to have high water solubility and improved biocompatibility. These characteristics may impart the dendrimer-based contrast agents a better application prospect in clinical practice than conventional small molecular contrast agents.

4.2 Preparation of Dendrimer-Based Nanoplatforms

Dendrimer-based contrast agents can be prepared in a variety of ways. For instance, dendrimers are able to connect with iodinated small molecular CT contrast agents, fluorescent molecules, gadolinium (Gd) or radionuclide chelators for CT [[59](#page-22-9)–[61\]](#page-22-10), fluorescence [\[62](#page-22-11)–[64\]](#page-22-12), MR [\[65](#page-22-13)–[67](#page-22-14)], and radionuclide-based imaging [[68](#page-22-15)–[72\]](#page-23-0). In addition, dendrimers can be utilized as either templates or stabilizer to construct gold (Au) or iron oxide NPs for CT [\[52\]](#page-22-3) or MR imaging [\[73,](#page-23-1) [74\]](#page-23-2), and functionalized dendrimers can also be assembled onto preformed iron oxide NPs for MR imaging [\[25,](#page-20-12) [75](#page-23-3)]. Furthermore, the versatile dendrimer nanotechnology allows for the incorporation of different types of contrast agents for dual or multimodality imaging. For instance, Au NPs can be formed using dendrimers as templates, and then Gd, radionuclide chelator complexes, or fluorescent molecules can be further modified on the surface of dendrimers for CT/MR [\[76,](#page-23-4) [77\]](#page-23-5), SPECT/CT [\[69](#page-23-6)], or CT/MR/optical imaging applications [\[34\]](#page-21-6). The facile modification of dendrimer surface with different substances and convenient strategies used to generate multifunctional nanoparticles render the dendrimers with great advantages and capacities for different imaging applications.

5 Key Research Findings

5.1 SPECT Imaging

SPECT is a nuclear medicine imaging technique using single photon radionuclides which emit gamma (γ) rays in the energy range of approximately 75 to 360 keV [\[78](#page-23-7), [79\]](#page-23-8). SPECT imaging with extremely high sensitivity is applicable to tomographic and quantitative functional information in a living subject [\[35](#page-21-7)]. For SPECT imaging, small amounts of compounds were labeled by radionuclides called radiotracers which can be applied as noninvasive diagnostic agents. Following administration of radiotracers to a patient, the γ -rays from radionuclides can be directly measured by SPECT detectors. Generally, radionuclides used in SPECT imaging include technetium-99 m (99m Tc), indium-111 (111 In), iodine-123 (123 I), and galium-67 (67 Ga) with half-lives varying from several hours to a few days $[80]$ $[80]$. Among those, ^{99m}Tc is so far the most used radionuclide in SPECT imaging $[81-83]$ $[81-83]$ $[81-83]$ $[81-83]$. This is due to its latent chemical properties for labeling and highly attractive physical properties such as

appropriate half-life (6.02 h) and low-energy γ -ray (140 keV), which is favorable for both effective imaging and radiation safety. Furthermore, ^{99m}Tc can be conveniently obtained from a $\frac{99}{9}$ Mo/ $\frac{99}{9}$ Tc generator with low production cost [\[82](#page-23-12)].

Over the last several decades, diethylenetriaminepentaacetic acid (DPTA) chelator [\[84](#page-23-13)–[86\]](#page-23-14), an aminopolycarboxylic acid consisting of a diethylenetriamine backbone with five carboxymethyl groups, has played a significant role in the field of SPECT imaging applications [\[87](#page-23-15)–[89\]](#page-24-0). The dendrimer scaffolds conjugated with DTPA can be readily labeled with various radionuclides, such as ^{99m}Tc and ¹¹¹In. For instance, Zhang et al. reported the synthesis and SPECT imaging of $\frac{99 \text{m}}{2}$ Tc-labeled dendrimerbased nanoparticles using generation 5 (G5) polyamidoamine (PAMAM) dendrimers as a template [[90\]](#page-24-1). In this study, dendrimers were first partially acetylated (Ac) to improve solubility and reduce nonspecific cellular uptake. Then folic acid (FA) was linked on the surface of PAMAM dendrimers as a targeting molecule to FA receptor (FAR)-overexpressing cancer cells, and multiple DTPA chelators were conjugated for 99m Tc labeling. The formed 99m Tc-G5-Ac-FA-DTPA conjugate had a radiochemical yield up to 98.9%, excellent stability, and rapid blood clearance. Preferential uptake in the FAR-positive tumors was confirmed by biodistribution and micro-SPECT imaging studies in KB tumor-bearing nude mice. In the following work, the same authors investigated the effects on the uptake of 99mTc-labeled dendrimers in tumors using different FA linking strategies [[91\]](#page-24-2). PEGylated FA and FA were respectively modified onto the surface of acetylated G5 PAMAM dendrimers, followed by linking DTPA chelators for the labeling of $\frac{99 \text{m}}{2}$ Tc to form $\frac{99 \text{m}}{2}$ Tc-G5-Ac-pegFA-DTPA and $\frac{99 \text{m}}{2}$ Tc-G5-Ac-FA-DTPA. Both of the biodistribution and micro-SPECT imaging studies showed that PEGylated FA dendrimer conjugate had higher specific accumulation in tumor than that of ^{99m}Tc-G5-Ac-FA-DTPA, while no obvious uptake of radiolabeled dendrimer without folic acid was observed in tumor (Fig. [12.1](#page-5-0)). These results demonstrated that indirect FA conjugation through PEG spacer was able to enhance the accumulation in tumors more significantly than direct FA conjugation via EDC chemistry. Subsequently, they attempted to employ avidin instead of folic acid on dendrimer surface to decrease the accumulation of $\frac{99m}{L}$ Tc-labeled conjugate in the kidneys [\[92\]](#page-24-3). It seemed that this method was able to gain a low uptake in the kidney but very high accumulation in the liver and spleen.

Beyond the use of $\rm{^{99m}Tc}$, $\rm{^{111}In}$ is another promising radionuclide for SPECT imaging, which is produced in a cyclotron from the proton irradiation reaction of cadmium [\[93](#page-24-4)]. ¹¹¹In with a decay mode of electron capture emits 173 and 247 keV γ -rays and has a relatively long half-life (2.8 days) $[94–96]$ $[94–96]$ $[94–96]$ $[94–96]$ $[94–96]$. Like ^{99m}Tc, ¹¹¹In can be effectively chelated by DTPA ligands [\[97\]](#page-24-7). Kojima et al. synthesized 111 _{In-labeled DTPA-conjugated} polymers using G4 acetylated PAMAM dendrimer (Ac-den) and collagen peptideconjugated dendrimer (CP-den) (Fig. [12.2a](#page-6-0), [b](#page-6-0)) and investigated their behaviors in vivo by micro-SPECT imaging following subcutaneous injection into tumor-bearing mice, respectively (Fig. [12.2c\)](#page-6-0) [\[98\]](#page-24-8). These 111 In-DTPA-bearing dendrimers were largely retained at the injection site for at least 1 day. Notably, because of higher molecular weight, the retention time of CP-den-DTPA was longer than that of Ac-den-DTPA. Thus, thanks to the prolonged retention around the subcutaneous injection site, these polymers with controlled-release drug delivery systems might be beneficial for long-term treatment.

Fig. 12.1 Micro-SPECT images of KB-bearing nude mice at 4 h: *T*, tumor; *L*, lungs; *K*, kidney ((upper) ^{99m}Tc-G5-Ac-pegFA-DTPA, (middle) ^{99m}Tc-G5-Ac-FA-DTPA, (lower) ^{99m}Tc-G5-Ac-DTPA)) (Reprinted (adapted) with permission from Ref. [[91](#page-24-2)]. Copyright (2010) American Chemical Society)

Fig. 12.2 (a) 111 In-labeded acetylated (Ac) dendrimer with DTPA (Ac-den-DTPA), (b) 111 Inlabeded collagen peptide-conjugated (CP) dendrimer with DTPA (CP-den–DTPA), (c) SPECT/CT imaging of mice subcutaneously injected with Ac-den-DTPA, CP-den-DTPA, and unconjugated

The lymphatic system, especially the sentinel lymph node (SLN), plays a vital role in the metastatic spread of various cancer cells [[99](#page-24-9)–[101\]](#page-24-10). Within the fields of cancer therapy and diagnosis, a great deal of attention has been attracted in the noninvasive imaging of SNL using dendrimer-based nanoparticles [\[102](#page-24-11), [103\]](#page-24-12). For example, Sano et al. prepared ¹¹¹In-labeled G4 PAMAM dendrimers conjugated with DTPA, polyethyleneimine (PEI), and γ -polyglutamic acid (γ -PGA) and evaluated their feasibilities as nanoprobes for SPECT imaging of SLN [[104\]](#page-24-13). It seemed that the synthesized 111 In-DTPA-G4/PEI/ γ -PGA with high biocompatibility could be highly taken up by macrophage cells in vitro comparable to the 111 In-DTPA-G4/PEI without γ -PGA modification, which might be due to the mechanisms of phagocytosis and γ -PGA-specific pathway. Intradermal administration of 111 In-labeled dendrimer conjugates into rat footpads, when compared with ¹¹¹In-DTPA-G4/PEI and 111 In-DTPA-G4/PEI/ γ -PGA, the latter had a relative fast clearance from the injection site, significantly higher radioactive uptake in the first draining popliteal LN, and low radioactivity in the other tissues including the liver, spleen, and kidneys, which was confirmed by micro-SPECT imaging studies (Fig. [12.3\)](#page-8-0). Subsequently, Niki et al. systematically evaluated 12 types of different generations (G2, G4, G6, and G8) of dendrimers with different terminal groups (amino, carboxyl, and acetyl) to determine the optimal one for sentinel lymph node imaging [[105\]](#page-24-14). The SPECT imaging studies showed that high-generation (greater than G4) PAMAM dendrimers with carboxyl-termini were able to significantly accumulate at the SLN, which might have important effects on the development of dendrimer-based SLN imaging agents and SLN-targeted drug carriers.

5.2 SPECT/CT Imaging

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CT is known as one of the most useful imaging techniques in modern research and clinical settings, which can be applied in the detection of tissues, organs, and blood vessels [[106](#page-24-15)–[108\]](#page-24-16). CT contrast agents are regularly introduced in order to improve contrast and acquire desirable imaging quality. Commercially available CT contrast agents are usually iodinated small molecules with the drawbacks of rapid clearance from blood after injection, latent renal toxicity at a relatively high concentration, and nonspecificity to tissues and organs, which restricts the scope of applications [\[45](#page-21-13)].

Recently, there is great interest in the development of dendrimer-based nanoparticles for CT imaging to overcome these drawbacks caused by the small molecular iodinated contrast agents [[109](#page-25-0)–[111\]](#page-25-1). Due to unique structural features of

Fig. 12.2 (continued) DTPA at different times after injection. Arrows indicate the injection site, and L, K, and B indicate the liver, kidney, and bladder, respectively (Reprinted (adapted) with permission from Ref. [[98](#page-24-8)]. Copyright (2014) Elsevier)

Fig. 12.3 SPECT/CT images (a–e) after the injection of 111 In-DTPA-G4/PEI (a, c) or 111 In-DTPA-G4/PEI/γ-PGA (b, d) into footpads of SD rats (DTPA-G4: 10 μg/mL, $1.0-1.7$ MBq/200 μL in 5% glucose/rat). Panels (c) and (d) are 2D transaxial images including lymph nodes constructed from 3D images (a and b) as shown in (e). 111 In-DTPA-G4/PEI/ γ -PGA (b, d) clearly visualized the popliteal lymph nodes (sentinel LNs in this model) compared to 111 In-DTPA-G4/PEI (a, c) (Reprinted (adapted) with permission from Ref. [\[104](#page-24-13)]. Copyright (2014) Elsevier)

dendrimers, the developed dendrimer-based CT contrast agents can also be labeled with ^{99m}Tc for SPECT/CT imaging to afford diagnosis accuracy. For instance, Criscione et al. conjugated triiodinated moieties and 99m Tc on the surface of G4 PAMAM dendrimers modified with *mPEG* (Fig. [12.4\)](#page-9-0) [[112](#page-25-2)]. The iodinated dendritic NPs with a diameter of 12.4 nm displayed similar X-ray attenuation properties to the small molecule iodinated contrast agents (Omnipaque 350) routinely used in clinical

Fig. 12.4 Schematic of the synthesis of $99m$ Tc-labeled G4-[[[[Ac]-TIBA]-DTPA]-mPEG12] (Reprinted (adapted) with permission from Ref. [[112\]](#page-25-2). Copyright (2011) American Chemical Society)

applications and possessed long enough intravascular residence time, favorable contrast-to-noise ratio for serial intravascular, and blood pool imaging with both SPECT and CT. However, further evaluations of this potential SPECT/CT agent including toxicity in vitro and in vivo have not been investigated in the literature.

Meanwhile, Au NPs have received great attention as CT contrast agents due to their higher atomic number than that of iodine for iodine-based small molecular contrast agents, stronger X-ray attenuation coefficient, and better biocompatibility than iodine-based CT contrast agents [[13,](#page-20-14) [113](#page-25-3)–[115](#page-25-4)]. In a recent study, Shi and coworkers reported ^{99m}Tc-labeled multifunctional dendrimer-entrapped gold nanoparticles (Au DENPs) for tumor-targeted SPECT/CT imaging using amineterminated G2 PAMAM dendrimers as templates [[69\]](#page-23-6). The low-generation dendrimers were functionalized with DTPA via an amide linkage and targeting ligand FA via a PEG spacer and then used to entrap Au core NPs (Fig. [12.5](#page-10-0)). The developed Au DENPs with an average Au core diameter of 1.6 nm had excellent solubility in water, satisfactory stability, and biocompatibility in a given concentration range. Biodistribution and SPECT/CT imaging studies further demonstrated that

the formed multifunctional Au DENPs had a great potential to be utilized as an effective and economic nanoplatform for dual-mode imaging of FAR-overexpressing tumors (Fig. [12.6](#page-11-0)).

Fig. 12.6 In vivo CT images (a and b) and signal intensity (c) of tumors after intravenous injection of the ${(Au^0)_6$ -G2-DTPA(99m Tc)-PEG-FA} (a) or ${(Au^0)_6}$ -G2-DTPA(99m Tc)-mPEG} (b) DENPs $(1)^{99m}$ Tc] = 740 MBq·mL⁻¹, [Au] = 0.08 M, in 100 μ L PBS) at different time points postinjection. In vivo SPECT/CT images of tumors (d and e) and SPECT signal intensity of tumors (f) after intravenous injection of the $\{(Au^0)_6$ -G2-DTPA(99m Tc)-PEG-FA} DENPs (d) or $\{(Au^0)_6$ -G2-DTPA $(^{99m}$ Tc)-mPEG} DENPs (e) ([^{99m}Tc] = 740 Bq·mL⁻¹, [Au] = 0.08 M, in 100 μL PBS) at different time points postinjection. The dashed red circles indicate the tumor sites (Reprinted (adapted) with permission from Ref. [[69](#page-23-6)]. Copyright (2016) American Chemical Society)

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Fig. 12.5 (continued) $(Au_0)_6$ -G2-DTPA-PEG-FA DENPs. Inset in panel c shows the highresolution TEM image of the Au core particles (Reprinted (adapted) with permission from Ref. [[69](#page-23-6)]. Copyright (2016) American Chemical Society)

5.3 SPECT/MR Imaging

MR imaging has been evolved as an indispensable imaging technique for clinical diagnosis due to its admirable spatial resolution, noninvasive nature, and no ionizing radiation [[116,](#page-25-5) [117](#page-25-6)]. Similarly to CT imaging, contrast agents are commonly required in clinical MR applications to improve the visibility of internal tissue or organ structures. The most generally used compounds for contrast enhancement are Gd (III)-based small molecules, which also suffer from some disadvantages including rapid excretion [[55](#page-22-5)], relatively low contrast effect [\[118\]](#page-25-7), possible renal damage [[119\]](#page-25-8), and lack of sufficient sensitivity and specificity $[120]$. Taking advantage of the superiorities of dendrimers discussed above, a lot of dendrimer-based MR contrast agents have been prepared to eliminate the defects of Gd-based contrast agents [\[65](#page-22-13), [121,](#page-25-10) [122\]](#page-25-11). In most cases of T_1 -weighted MR imaging, dendrimers serve as scaffolds to load multiple copies of small molecular Gd(III) complexes, typically Gd(III) chelated with tetraazacyclododecane tetraacetic acid (DOTA) [\[65](#page-22-13)] or DPTA [\[121,](#page-25-10) [122\]](#page-25-11). Then these dendrimers containing Gd(III) can be further labeled with radionuclides for dualmode SPECT/MR imaging. Interestingly, except nonradioactive ¹⁵⁷Gd used as MRI contrast agent, ¹⁴⁷Gd (E_y = 229 keV, t_{1/2} = 38.1 h) is γ-ray-emitting radionuclides which may be exploited for SPECT imaging [\[123\]](#page-25-12). Recently, Rahmania et al. reported radiogadolinium(III) DOTA-based PAMAM G3 dendrimers linked with monoclonal antibody trastuzumab as a SPECT/MR imaging agent for diagnosis of HER-2-positive breast cancer [\[123](#page-25-12)]. It seemed that the radiogadolinium-labeled dendrimers had good radiochemical purity and stability. However, more detailed investigation of this SPECT/MR agent including toxicity and performance in vitro and in vivo has not been performed in this study. In a recent study, Luo et al. developed a facile approach to prepare a manganese (Mn) and 99m Tc-coloaded dendrimeric nanoprobe for tumortargeted SPECT/MR imaging applications [\[68](#page-22-15)]. G5 PAMAM dendrimers were used as a platform to link FA and DOTA, followed by complexation with Mn(II) for T_1 -weighted MR imaging and simultaneously labeling with ^{99m}Tc for SPECT imaging both via DOTA chelation. The formed multifunctional dendrimer-FA conjugates before ^{99m}Tc labeling had good water solubility, cytocompatibility, and stability and were able to rapidly accumulate and reach the peak value in the tumor region within 2 h for MR imaging (Fig. [12.7](#page-13-0)), which was also confirmed by SPECT imaging (Fig. [12.8\)](#page-13-1). These results revealed that this nanoprobe could be used for specific SPECT/MR imaging of cancer cells in vivo.

5.4 SPECT/Optical Imaging

Fluorescence imaging provides unique advantages in terms of high sensitivity, multiplex detection capabilities, and inexpensiveness. Nevertheless, it primarily depends on suitable markers such as fluorescent dyes or proteins, with good stability, excellent biocompatibility, and high specificity and sensitivity to ensure the images with splendid temporal and spatial resolution [[48](#page-22-0)]. With the quite rigid molecular structure, dendrimers have the blue fluorescence emission property

Fig. 12.8 In vivo SPECT images (a and b) and SPECT signal intensity (c) of tumors after intravenous injection of the targeted G5.NHAc-FI-DOTA($Mn/99m$ Tc)-FA (a) and nontargeted G5. NHAc-FI-DOTA(Mn/^{99m}Tc) (b) dendrimers (3 mCi ^{99m}Tc, in 0.2 mL PBS) at different time points postinjection (Ref. [[68](#page-22-15)] – Reproduced by permission of The Royal Society of Chemistry)

[\[124,](#page-25-13) [125](#page-25-14)]; however, the intrinsic fluorescence quantum yield is quite low and unsuitable for clinical applications. Therefore, dendrimer-based nanomaterials have been broadly investigated as fluorescence imaging agents in order to enhance the fluorescence quantum yield $[124]$ $[124]$. In general, fluorescent molecules can be readily modified onto the surface or be loaded within the interior of dendrimers as fluorescence probes. To achieve different imaging purposes, these probes can be subsequently labeled with ^{99m}Tc for dual-mode SPECT/ fluorescence imaging. For instance, Tsuchimochi et al. developed PAMAM G3 dendrimer-coated silica nanoparticles loaded with ^{99m}Tc and indocyanine green

(ICG) for SPECT/NIR imaging of SNL [[126](#page-25-15)]. The formed PAMAM-coated silica nanoparticles with a diameter of 30–50 nm were injected into the tongue of rats. In the animal studies, these nanoparticles were able to clearly depict sentinel lymph nodes in real time with the use of dual-mode imaging.

5.5 Theranostics

The rapid development of imaging techniques and drug delivery systems has offered opportunities in a relatively new area called "theranostics" [\[127](#page-25-16), [128\]](#page-25-17). For theranostics, it is essential to combine diagnostic and therapeutic functionalities into a single system, to develop more precise and personalized therapies for various diseases. A convenient way in constructing theranostic agents is to load therapeutic functions on existing imaging nanoprobes. Besides various imaging applications, dendrimer-based nanomaterials have been known with this capability and used as carriers for drug, gene, and therapeutic radionuclide delivery [[46,](#page-21-14) [128\]](#page-25-17). Among massive therapeutic radionuclides, ^{131}I is one of the most common therapeutic radionuclides in the clinic, because of its relative long half-life (8.01 days) and appropriate beta radiation energy (606 keV) for radiotherapy [[70,](#page-23-16) [129](#page-26-0), [130](#page-26-1)]. Moreover, 131 I emits a γ-ray (364 keV) for SPECT imaging which renders its feasibility for theranostic applications. While another important radioisotope of iodine, ^{125}I with less energy γ-ray (35.5 keV) is poorly suited for imaging but convenient for radioimmunoassay test, implantation therapy, and method development due to its long half-life (60.1 days) [[131,](#page-26-2) [132\]](#page-26-3).

Merkel et al. reported a family of triazine dendrimers as nonviral gene delivery systems with high transfection efficacy [\[133](#page-26-4), [134](#page-26-5)]. Then these flexible triazine dendrimer-based siRNA complexes were synthesized for gene delivery systems and labeled with ¹¹¹In via DTPA for SPECT imaging to identify efficient siRNA delivery in vivo [\[135\]](#page-26-6). Interestingly, simulated thermodynamic approach was employed to explain the interactions of dendrimers with siRNA and compared with the experimental data including siRNA complexation, complex stability, size, and zeta potentials. In their following work, Lee et al. designed and developed a G3 triazine dendrimer with 8 PEG chains and 16 paclitaxel groups (Fig. [12.9](#page-15-0)) [\[136](#page-26-7)]. Molecular dynamic simulations revealed that the water penetration and accessibility of novel complexes were better than their previous constructs, but the computed dimension of complexes was significantly smaller than the 15.8 nm obtained from experiment. Slow and identical release of paclitaxel was observed in plasma in drug release studies. Biodistribution and SPECT/CT imaging of 125 I-labeled complexes suggested significant persistence in the vasculature with slow clearance and high tumor uptake while low levels of radiolabeled dendrimer in the lung, liver, and spleen (Fig. [12.10](#page-16-0)). In another study, Xiao et al. reported a multifunctional telodendrimer-based micelle system for SPECT imaging and delivery of chemotherapy agents [\[137\]](#page-26-8). The telodendrimer was covalently modified with 125I for SPECT/CT imaging and loaded with $14C$ -paclitaxel for pharmacokinetics and biodistribution studies, respectively. $SPECT/CT$ imaging showed that 125 I-labeling nanomicelles were preferential uptaken

paclitaxel groups (PTX), 5, with dendrimer 6. Dendrimer 6 comes from click reaction of 7, which derives from some of the building blocks identified (Reprinted paclitaxel groups (PTX), 5, with dendrimer 6. Dendrimer 6 comes from click reaction of 7, which derives from some of the building blocks identified (Reprinted Fig. 12.9 Target 1 derives from a two-step PEGylation procedure of 4. Intermediate 4 results from reaction of the functionalized dichlorotriazine bearing two (adapted) with permission from Ref. [136]. Copyright (2013) American Chemical Society) (adapted) with permission from Ref. [[136](#page-26-7)]. Copyright (2013) American Chemical Society)

Fig. 12.10 Tumor saturation dose evaluation of $^{125}I-1$ in PC-3 tumor-bearing mice: 1.7 mg/kg (blue), 23.2 mg/kg (red), 70.9 mg/kg (purple), and 111.3 mg/kg (green). (a) Representative transaxial SPECT/CT images of PC3 tumor in SCID mice (48 h p.i.). Tumors are indicated by white arrows. (b) Tumor uptake of 125 I-1 versus tumor size. Tumors smaller than 100 mm³ were selected for the evaluation. (Number of tumors evaluated in each group: $7(1.7 \text{ mg/kg})$; $5(23.2 \text{ mg/s})$ kg); 8 (70.9 mg/kg); 5 (111.3 mg/kg)). (c) Tumor uptake levels of the four dosing groups in tumors smaller than 40 mm³. (Number of tumors evaluated in each group: 4 (1.7 mg/kg); 5 (23.2 mg/kg); 8 (70.9 mg/kg); 4 (111.3 mg/kg)). SUV is standardized uptake value of the labeled prodrug (Reprinted (adapted) with permission from Ref. [\[136\]](#page-26-7). Copyright (2013) American Chemical Society)

by tumor tissues with slow clearance, and the biodistribution data of ¹⁴C–paclitaxelloaded nanomicelles also confirmed the increased accumulation at the tumor site with slower pharmacokinetics than Taxol. The results suggested that nanomicelle-loaded paclitaxel might be used as a promising nanocarrier for imaging-guided drug delivery.

In a recent study, Shi group and the coworkers reported a series of multifunctional dendrimers labeled with 131 I for targeted SPECT imaging and radiotherapy of different cancers [[70,](#page-23-16) [129](#page-26-0), [130](#page-26-1)]. In these studies, G5 amine-terminated PAMAM dendrimers were used as platforms to be sequentially conjugated with PEG, targeting agent biotoxins or FA, and 3-(4-hydroxyphenyl)propionic acid-OSu (HPAO). These were followed by acetylation of the remaining dendrimer terminal amines and radiolabeling with 131 I directly through HPAO to form the targeted theranostic dendrimeric nanoplatforms (Fig. 12.11). The formed ¹³¹I–labeled multifunctional dendrimers with good cytocompatibility and organ compatibility could be used as promising nanoplatforms for SPECT imaging and radiotherapy of different types of MMP2 or FAR-overexpressing cancers (Fig. [12.12\)](#page-18-0).

Fig. 12.11 Schematic illustration of the synthesis of the ¹³¹I-G5·NHAc-HPAO-PEG-FA dendrimers (Ref. [129] – Reproduced by permission of The Royal
Society of Chemistry) Society of Chemistry)

6 Conclusion and Future Perspectives

In summary, we have reviewed the use of dendrimer-based nanoplatforms for SPECT imaging applications including single-mode SPECT imaging, dual-mode SPECT/CT, SPECT/MR, and SPECT/optical imaging and theranostic applications. In view of the unique structural features of dendrimers, abundant dendrimer-based nanomaterials as platforms can be formed since they can be functionalized with fluorescent dyes, iodinated CT contrast agents, Gd, and radionuclides on the periphery and can be used to entrap, stabilize, or assemble Au and metal oxide nanoparticles, generating all sorts of imaging agents. The functionalized dendrimers have been used for imaging of blood pool, lymph nodes, major organs, cancer, and other biological systems. Importantly, these developed dendrimer-based imaging agents can be further modified with targeting ligands to improve specificity and selectivity and loaded drugs, genes, or therapeutic radionuclides for theranostic applications, which is of great importance for precise cancer diagnosis and imaging-guided drug delivery applications.

In spite of comprehensive investigation on dendrimer-based nanoplatforms, this growing area of research still remains largely underground, and a great number of challenges are needed to be explored $[48, 127]$ $[48, 127]$ $[48, 127]$ $[48, 127]$. For instance, the toxicity of dendrimer-based contrast agents is one of inevitable issues, particularly the large molecule systems with slow clearance and latent renal damage from Gd-containing dendrimeric nanoparticles. In addition, more types of dendrimer-based nanoplatforms should be developed in order to satisfy different requirements. For instance, to expand the scope of imaging, radionuclides can be modified on the surface of dendrimer-based iron oxide NPs for SPECT and T_2 -weighted MR imaging. Furthermore, with the ability to equip therapeutic modules in dendrimer platforms via many different approaches, it is requisite to develop various multifunctional dendrimers by integrating drugs, genes, or therapeutic radionuclides into dendrimer-based imaging agents for theranostic applications.

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