8 Theory on Simulator Validation

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Not everything that counts can be measured, not everything that can be measured counts. – Albert Einstein

Take-Home Messages

- Validation of surgical simulators is a key prerequisite for developing simulationbased surgical education and ensures that teaching and assessment methods are scientifically robust.
- Validation is not a binary concept but involves gathering evidence that a preconceived "construct" holds true in a given context.
- All assessment involves compromise. It is important to understand where these compromises can be made and where they should not.
- The most important aspect of validity is the hardest to measure; that simulation impacts clinical performance and results in improved patient outcomes.

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8.1 Importance of Developing Simulation-Based Surgical Education

It is argued that traditional apprenticeship training lacks objectivity in the assessment of operative ability (Darzi et al. [1999](#page-11-0)). The implementation of standardized curricula aims to ensure all trainees achieve critical competencies and so the role of simulation is becoming more important (Motola et al. [2013](#page-11-1)). It is imperative, however, that any simulation models developed provide a fair reflection of the tasks that they are designed to replicate and their use genuinely improves the relevant skill domains they are aimed at improving.

In this chapter, we will introduce some of the important concepts in ensuring simulation is valid and useful. We will look at some of the theory underpinning how new simulation technologies can be evaluated to ensure they deliver in their intended applications specifically within arthroscopic training.

Given the high costs associated with introducing simulation-based technologies into training curricula, the process of validation is an important one as it attempts to establish whether or not the intended simulators are able to deliver on some of their claims. Several concepts need to be understood including validity and reliability.

8.2 Validity

Validity is a fundamental property of a test or assessment tool and is concerned with whether or not it measures what it purports to measure (Gallagher et al. [2003](#page-11-2)). Validity is not a characteristic of the simulation model itself but of the theoretical framework (otherwise known as the "construct") used in the model's application (Aucar et al. [2005](#page-11-3)). In other words, validity is related to the way in which the simulation model is used, rather than being an inherent property of the simulator itself. Simulation-based training models could be used in many different ways. Examples include an aid to training, a way of assessing progress or as a high-stakes competency assessment. In all of these applications, the simulation tool may remain the same, but the construct is different because the way that the simulation is applied and interpreted varies (Clauser et al. [2008](#page-11-4); Scalese and Hatala [2013](#page-11-5)).

It is a common misconception that once validity is proven for a simulation model, it acts as a blanket term, applying to all other possible applications of that simulator. Instead each particular application of the simulation model has a specific construct that relates to that particular application. Any changing in the way the simulation model is used will result in a change in the construct and as a result may not be supported by the previous validation process. When designing a simulation tool, it is important that a clear decision is made regarding its intended role or purpose. If a simulation tool is used within a different context or in a different way to that which it was first conceived, its validity must again be demonstrated with further testing (Sedlack [2011](#page-11-6)). Validity should not be thought of as a binary concept but as a spectrum. Rather than being merely present or absent, there are degrees of validity, determined by the weight of supporting evidence available for that test. Proving perfect validity for any test is probably unachievable in the real world. Validation studies aim to provide sufficient evidence to support the construct as providing a true measure of what is tested within a specific context.

Any confusion surrounding the concept of validity may be related to the many different definitions discussed in the literature. Despite the various terms described for validity, it is in fact a singular entity. The various types described refer to slightly different facets of the same single concept (Garden [2008](#page-11-7)).

In the classical model of validity, three principle components of validity were described, namely, content validity, criterion-orientated validity, and construct validity (Cronbach and Meehl [1955](#page-11-8)). Various other facets of validity are grouped under these three principle headings (as outlined in Table [8.1](#page-1-0)) (Carter et al. [2005](#page-11-9); Garden [2008](#page-11-7); Michelson [2006](#page-11-10)).

Table 8.1 Forms of validity

More recently, there has been growing dissatisfaction with these categories which some feel make arbitrary distinctions between different forms of validity that do not really exist. The more modern view of validity is that it is a unitary concept without differing forms. Contemporary authors have proposed that in psychometric testing, these three distinct themes should be subsumed into the more comprehensive overarching theme of *construct validity* (American Educational Research Association et al. [1999](#page-11-11)).

8.3 Face Validity

Face validity is increasingly sidelined within validation processes. It is a subjective measure of how closely a simulation resembles real life and is usually measured through questioning experts. This is often a basic prerequisite of designing simulation-based studies or tasks, and is not really a part of validity testing. As Downing and Haladyna note, "*the appearance of validity is not validity*," (Downing and Haladyna [2004](#page-11-12)). However, a high degree of face validity can positively influence the *acceptance* of simulation-based tasks by end users – especially among trainee surgeons.

8.4 Content Validity

This looks at the components of a test or simulation and ensures that all the appropriate areas are covered effectively and are relevant to the test. It ensures the steps within the task are thought out and linked. Often during a simulation's design phase, this process is performed using cognitive task analysis when an expert is asked to talk through a task so that the various steps can be noted down by the developers with the ultimate aim of their incorporation into the simulation scenario. This form of validity is also relatively subjective, often relying on expert opinion.

8.5 Construct Validity

This is the ability of a test to identify and measure the attributes of performance it is designed to measure such that it is able to differentiate between novices and experts. There can be no argument that a simulation task for knee arthroscopy that cannot distinguish between expert surgeons and junior trainees possesses little validity as an assessment tool. Furthermore, construct validity must be reassessed as new/further skill metrics are discovered, in order to ensure the model is a fair representation of what is being tested.

8.6 Concurrent Validity

This is achieved by using other measurements of ability and correlating them with the simulation. This process is often employed when introducing a new assessment tool so that it can be compared to the current gold standard assessment. An example might be linking motion analysis movement data (e.g., hand path length) with global rating scales (Alvand et al. [2013](#page-11-13)). High correlation between different assessment tools indicates good concurrent validity. This process of using multiple data to establish validity is often termed triangulation.

8.7 Discriminate Validity

This involves ensuring that there is no correlation between aspects of the test that should not correlate. In other words it confirms that unrelated parts of a test are in actual fact unrelated. In the context of simulation, it means that the parameters are able to differentiate between established experts and novices.

8.8 Convergent Validity

This is the counterpart to discriminate validity. This is the ability of a test to demonstrate that elements that should be related are related.

An example in simulation is the ability of a test to show that individuals of a similar skill level are grouped together appropriately.

8.9 Predictive Validity

This is the ability of a simulation/simulated task/ simulator to predict actual performance in the real clinical setting from the simulated performance. This is probably the most important aspect of validity testing, but in reality little literature has looked at this in arthroscopic simulation and it is one of the most challenging aspects to prove (Hodgins and Veillette [2013](#page-11-14); Slade Shantz et al. [2014](#page-11-15)). Long-term transferability studies are necessary for predictive validity to be established. Furthermore, a reliable way of assessing operative ability is required so as to compare performance in real-life settings with simulation performance. In addition, it is important to remember that technical ability is only one of a number of influences on patient outcome. Spencer stated that surgery is 75 % decisionmaking and 25 % dexterity (Spencer [1978\)](#page-11-16). Daley and coworkers identified several other factors that contribute to the quality of surgical care including, leadership, which technology is used, the interface with other services and institutions, the level of the coordination of work, and how quality of care is monitored (Daley et al. [1997\)](#page-11-17). Therefore, although it is highly desirable to link technical skill scores and clinical outcome, the large number of *nontechnical* factors that influence patient outcome make identifying a correlation very challenging.

8.10 Sources of validity evidence

As previously stated, validity is a unitary concept and the various aspects of validity discussed are not distinct types but different forms of evidence accumulated to support the intended interpretation of performance for the proposed purpose (American Educational Research Association, American Psychological Association, and National Council on Measurement in Education [1999](#page-11-11)). Evidence for a construct's validity can be gathered in five different domains outlined in Table [8.2](#page-3-0) (American Educational Research Association, American Psychological

Table 8.2 (continued)

Association, and National Council on Measurement in Education [1999](#page-11-11); Cook and Beckman [2006](#page-11-20); Downing [2003](#page-11-21); Messick [1989](#page-11-18)).

8.11 Threats to Validity

There are two principle threats to validity that must be avoided, namely,

construct underrepresentation and *construct-irrelevant variance*. (Messick [1995](#page-11-19)).

Construct underrepresentation refers to the degree to which the assessment fails to capture important aspects of the construct. This will have an impact on the score interpretations, as the evidence they are based on will be weak if important aspects of the construct are not tested. An example of this might be trying to use an isolated plastic synthetic bone model without soft tissue cover to test competence at performing open reduction internal fixation of a tibial plateau fracture. Although this model would be good at assessing procedural knowledge, not simulating the soft tissues overlying the bone would greatly reduce the validity of the task as the sole test of competence for this complex procedure.

Construct-irrelevant variance refers to the degree to which extraneous or irrelevant factors impact upon the test score. This may be systematic, such as from bias, or a result of the testing scenario being so broad that it incorporates elements irrelevant to the tested construct. This generates "noise" making the interpretation of the results more difficult. Poor design of the simulation instrument can make this problem worse if the performance of some users is improved by extraneous clues or prompts in the test format that are irrelevant to the construct or if some are disadvantaged for reasons outside the construct of interest.

8.12 Reliability

Reliability refers to the consistency or stability of measurement in a test (Kazdin [2003](#page-11-22)). It is the measure of the reproducibility of test scores obtained from an assessment given multiple times under the same conditions. All measurement has inherent variability, and the difference between a single measurement and the "true" measurement is termed the measurement error (Boulet and Murray [2012](#page-11-23)). All assessment involves taking a sample of an individual's knowledge or performance and making inferences about that data to reach a conclusion about the individual's true ability. The greater the difference between the assessment result and the individual's true ability, the less reliable the assessment. A reliable test gives a fair reflection of an individual's true ability.

The concepts of reliability and validity are intrinsically linked, and their relationship can be illustrated using the analogy of hitting archery targets (Fig. [8.1](#page-5-0)). Reliability is a necessary, but not sufficient component of validity (Cook and Beckman [2006](#page-11-20)). If the components of a test are unreliable, then conclusions cannot be drawn from the results, and the test is no longer valid. For example, if a new simulator is used to assess an experienced surgeon's operative ability and of four repetitions it rates his performance as "average," "very poor," "excellent," and "good," the test can be seen to lack reliability. Conversely, if the simulation result was consistently "poor," then although the test could be called reliable (due to the consistent results over multiple tests) it would lack validity, assuming that there was sufficient objective evidence that the surgeon really possessed expert surgical skills. Only when the test consistently rates his performance as excellent could the simulator be said to be both reliable and valid.

Fig. 8.1 Validity and reliability are intrinsically linked. Imagine each shot represents a test score and the bull's eye represents a candidate's true ability. (**a**) Shots centred around bull's eye but spread out, therefore valid but not

Assuming the measurement error is equally distributed, the reliability of an assessment should be improved by increasing the sampling (Downing [2004](#page-11-24)). This is because with sufficient repetition of assessment, the error should average towards zero. This can be achieved by making the test longer, increasing the number of different assessment parameters or by increasing the number of raters. The degree of measurement error impacts on how long a test must be to achieve adequate reliability and will therefore determine the values of any single measurement (Garden [2008](#page-11-7)).

reliable. (**b**) Shots not centred around Bull's eye and spread out, therefore not valid or reliable. (**c**) Reliable but not valid. (**d**) Valid and reliable

In psychometric testing, it is often not practical to obtain multiple measurements of an individual to correct for high measurement errors. Therefore designing simulators with good reliability is important, particularly if they are to be used for assessment. This is especially true for high-stakes assessment (such as for licensing and certification assessment which are designed to protect real patients from incompetence) where the consequences of a false positive result may cause patient harm. Reliability can be measured in several ways as outlined in Table [8.3](#page-6-0).

 T_g

rype or reliability evidence	Description
Test-retest	Otherwise known as intrasubject reliability, this measures if trainees achieve similar scores on two different occasions
Internal consistency	This is assessed by comparing the relationship between different elements of the test or simulation. Correlations can be measured between each item of the test. known as inter-item correlation, or by dividing the test into two parts and comparing them, known as split-half correlation. Poor correlation may suggest that more than one construct is being measured
Parallel forms	If the test items for the content of interest are randomly divided into two separate tests and administered to subjects at the same time, there should be strong correlation
Inter-rater	This test ensures that there is good agreement between assessors of a trainee's performance. Two forms exist: interobserver reliability measures the agreement between different assessors for a given test, whereas intraobserver reliability determines the variability of a single assessor's marks for the same test on different occasions

Table 8.3 The various aspects of reliability testing

8.13 Statistically Measuring Reliability

8.13.1 Cronbach Alpha

The most common method of determining the reliability of an assessment tool is by use of the Cronbach Alpha (Cronbach [1951](#page-11-25)). This is a test of internal consistency, and it calculates the correlation between all the test items in all possible combinations. It can be expressed as

$$
\alpha = \frac{n}{n-1} \left(1 - \frac{\Sigma Vi}{V_{\text{test}}} \right)
$$

where *n* is the number of test elements, *V*i is a measure of the variance of the score on each test element, and V_{test} is the total variance of all scores on the whole assessment.

A shortcut for estabilising the degree of variance for each test item can be calculated using the following formula:

$$
Vi = Pi \times (1 - Pi)
$$

where *Pi* is the percentage of candidates who correctly perform the test element (expressed as a decimal). This will always give a number between 0-0.25.

Cronbach alpha generates a score between 0 and 1 to give a coefficient of internal consistency. The figure required will depend on the context of the assessment. For high-stakes tests, such as licensing exams, a figure of 0.9 or above is preferred, but for other forms of assessment, values of 0.7–0.8 may be acceptable (Downing [2004](#page-11-24)).

One of the strongest methods of improving reliability of a test is to lengthen the assessment by including more test items. This can be seen from the formula where the biggest impact on reliability is the V_{test} item because the larger the value, the higher the α score. For example, if we were to double the length of the assessment, the *V*_{test} will increase by a power of four because variance involves a squared term. In contrast the Σ*Vi* will only double because each *Vi* is just a number between 0 and 0.25. As V_{test} increases faster than Σ*Vi*, the alpha score will increase by virtue of lengthening the test. Therefore, it is important that any simulated task is of sufficient length to ensure reliability.

8.13.2 Standard Error of Measurement (SEM)

This is another less commonly used measure of reliability. It scores the degree of variance in candidate scores by the following formula (Harvill [1991](#page-11-26)):

SEM = Standard Deviation
$$
\times \sqrt{(1 -
$$
 reliability)

It represents the standard deviation of an individual's scores (American Educational Research Association,AmericanPsychologicalAssociation, and National Council on Measurement in Education [1999](#page-11-11)) and gives an indication of the degree of certainty of the true score from the observed score. A confidence interval can be generated for the candidate's true score such that 95 % of an individual's retest scores should fall within 2 SEM of the true score (Harvill [1991](#page-11-26)).

8.13.3 Intrasubject Reliability

When using test-retest methods, the correlation between results is usually arrived upon using Pearson's R correlation test. This is generally a more conservative estimate of reliability than Cronbach alpha. However, the practicalities of using this technique are more challenging as it requires two separate sittings of the assessment. Other confounding factors resulting from changes in the conditions of the two assessments must be anticipated and controlled for, such as the potential learning effect from taking the initial test.

8.13.4 Inter-rater Reliability

Obtaining multiple scores is an important component of reliability. All too often scoring of performance is made based on single assessments or by single raters. It has been stated that "a person with one watch knows what time it is, a person with two watches is never quite sure" (Brennan [2010](#page-11-27)). This illustrates the potential difficulty of using multiple raters. However, increasing the number of assessors is one way on increasing reliability. The correlation between different raters can be measured in several different ways. The simplest is by assessing the percentage agreement between raters. The criticism of this method is that it does not take into account the possibility of agreement through chance alone. Cohen's kappa coefficient is a method for measuring agreement between two observers using a categorical assessment scale (Cohen [1960](#page-11-28)). It generates a value between -1 and 1 (although negative values are rarely generated and are of little significance in assessment validation). A value of 0 denotes no agreement, and 1 denotes perfect agreement. Figures above 0.6 suggest moderate agreement and above 0.8 suggest strong agreement (McHugh [2012](#page-11-29)). When comparing performance using an ordinal scale such as a Likert scale, a variation called the weighted kappa is used, which penalizes wider differences in scores between raters than narrower disagreements (Cohen [1968](#page-11-30)). If more than two raters are used, Fleiss' kappa should be employed (Fleiss [1971](#page-11-31)). The nonparametric Kendall tau test can be used if assessors use an assessment that involves ranking candidates or data (Cook and Beckman [2006](#page-11-20); Sullivan [2011](#page-11-32)).

8.13.5 Generalizability Theory (G-Theory)

This is another more modern method of estimating reliability using factorial analysis of variance (Brennan [2010](#page-11-27); Cook and Beckman [2006](#page-11-20)). It is able to look at the many sources of error within testing (termed facets) that influence the reliability of performance assessments. The impact of these various facets (such as item variance, rater variance, or subject variance) can be quantified, and the source and magnitude of the variability can be measured (Cook and Beckman [2006](#page-11-20)). This allows researchers to ask what factors have the greatest impact on reliability as well as helping to determine how to improve reliability though altering various error effects. For example, it may show that the greatest impact on reliability is the variation in inter-rater scoring. In this situation, this would tell us that the generalizability of the test across more observers is likely to be reduced.

8.14 Simulation Utility Involves Compromise

Van de Vleuten proposed that rather than thinking of factors such as reliability and validity in isolation, the most important overall measure of an instrument is its "utility" (Van der Vleuten [1996](#page-11-33)). This is a product of several different elements that all contribute to how useful it is in practice. As well as reliability and validity, these factors include educational impact, acceptability, and cost. In the real world, it is impossible to produce the perfect simulation due to the limitation of resources such as time and cost. Consequently, all constructs require compromise to be feasible. Understanding this reality allows careful consideration of where the greatest compromise can be made which will depend upon what the main purpose of the simulation is envisaged to be. If the simulation is designed for a high-stakes assessment of competency, then reliability cannot be compromised to ensure no unsafe trainee is

allowed to progress incorrectly. However, if the simulation is designated as a training tool that gives feedback for learning, reliability is less important, with efforts made to limit compromising validity, so that feedback is ensured to be of relevance to the task in question.

Test utility is therefore a function of all these factors and can be expressed in the conceptual model as follows (Van der Vleuten [1996](#page-11-33)):

Utility = Reliability \times Validity \times Educational impact \times Acceptability \times Cost

8.15 How to Practically Ensure Validity

Kane proposed a framework for evaluating the validity of a construct. This involves a chain of inferences to develop a validity argument (Kane [1992](#page-11-34); Kane [2001](#page-11-35); Kane [2006](#page-11-36)).

First, the proposed interpretive argument for a construct should be stated as clearly and explicitly as possible. Next, all available evidence for and against the validity argument can be investigated, and a coherent argument for the proposed interpretation of scores can be developed, as well as arguments against plausible alternate explanations. As a result of these evaluations, the interpretive argument may be rejected, or it may be improved by adapting the interpretation or measurement techniques to correct any problems identified. If the interpretive argument survives all reasonable challenges, it can be accepted provisionally, with the caveat that further factors may come to light in the future that challenge this argument.

This chain of inferences has four principle links that extend from simulation implementation to result interpretation. These are *scoring*, *generalization*, *extrapolation*, and *decision*.

8.15.1 Scoring

This concerns how observations on a participant's performance are made and how this performance is converted into a score. It evaluates if the

simulation is reproducibly administered under standard conditions and includes scrutinizing the scoring rubrics, ensuring that they are applied constantly to all candidates and safeguarding security of the assessment so that no candidates gain an unfair advantage. One of the strengths of simulation assessment is that it can provide a standardized testing environment to all candidates. However, potential threats to this first inference can occur, including such things as simulation malfunction or vague scoring criteria. Validity evidence that addresses these issues might include regular checks and calibration of simulators and appropriate design and scrutiny of marking sheets by experts to ensure marking is homogenous.

8.15.2 Generalization

This concerns the inference that the performance tested is representative of the "universe" of scores that could be obtained in similar tasks. In other words, are the scores sufficiently representative of all other possible observations? The main threat to this is construct underrepresentation. Most simulations contain a relatively small number of items, which means making inferences about performance in the real world from simulation can be risky. Ensuring the simulation is constructed suitably and that appropriate sampling of the construct is undertaken will limit this issue. This inference also encompasses issues of reliability, internal consistency, and sources of measurement error. One of the ways of strengthening the generalization inference is to increase the number of items tested. One of the strengths of simulation is that additional targeted models can be developed to ensure the breadth of surgical performance is covered. This could be achieved by generating simulation lists, when trainees can perform several different simulations is one sitting, much like a regular operating list.

8.15.3 Extrapolation

This inference is principally concerned with the extrapolation of simulation performance to real-world performance. This can be gauged by looking at the correlation between simulation scores and measures of real-life clinical performance. For example, there is a more robust argument that a knee arthroscopy simulation is able to predict real-life ability if experienced knee surgeons performed better than trainees. This represents construct validity (by demonstrating an ability to differentiate between surgeons of differing experience levels), and it is a key component of the extrapolation inference. Through a process termed "triangulation," other direct or indirect markers of ability can also be used in combination to strengthen this inference. Such an example is the use of motion tracking systems. Other measures that could be selected might include the results of in-training exams, OSCE scores, seniority, or other similar studies (Sullivan [2011](#page-11-32)).

8.15.4 Decision Making

When judgments are made about technical ability from simulation performance, cut scores are required to determine if individuals meet the required standard. It is important that the setting of these standards of pass and fail are robust and defensible (Boulet et al. [2003](#page-11-37)). Moreover, the wishes of other stakeholders impacted by these decisions must also be considered. Even if strong evidence exists of a simulator's validity from the three other inferences outlined already, if those to whom the results are important do not believe them to be credible or meaningful, then they are not valid (Scalese and Hatala [2013](#page-11-5)). For example, the general public would probably dismiss the credibility of a simulation assessment that allowed poorly performing surgeons to pass through without being identified and call its validity into question.

8.16 Discussion

Simulation training is an exciting area, with much potential for use in training orthopedic surgeons of the future. However, for its potential to be realized, it must be feasible, and its implementation must ensure simulated tasks and assessment systems have adequate reliability and validity.

In this chapter, we have discussed the various elements of validity desirable in simulation. Validity is a broad concept with many facets and should involve the accumulation of a variety of evidence to construct a strong validation argument. Careful thought is needed prior to this process to identify the simulation's application. It is important that future developers aim to coordinate their efforts with policy makers, those writing the curricula and simulation model manufacturers so that alignment is achieved between simulation and critical learning objectives. This would ensure that future training programs have a common theme and simulation is delivered with clear aims and in an effective manner (Table [8.4](#page-10-0)).

Table 8.4 Checklist for simulation validation

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