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Locoregional Tumor Therapy

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Contents

Part IV Thermoablation

Introduction

René Adam

The efficacy of locoregional therapy is well established for most tumors and is related to the fact that malignant tumors are mainly vascularized by their arterial supply. Hepatic arterial infusion (HAI) has been an appealing investigational method over the last three decades for patients with tumors confined to one organ in whom it has reproducibly yielded a significant higher concentration of drugs, with consequently higher response rates than systemic therapy.

 The progress made recently in chemotherapy agents, in microspheres able to embolize more efficiently the microvasculature of tumors as well as to load efficient drugs able to diffuse within the organ (drug-eluting beds – DEB) or to be loaded with radioactive agents to serve as a source of internal radiation (radioembolization), has reactivated the interest for regional therapy in the recent years. In addition, the spectrum of intraarterial antitumor substances became much broader which are mostly able to combine with the new degradable starch microspheres (DSM). Finally the tremendous technical progress made by interventional radiologists allows now this therapy to be performed mini invasively.

Along with this higher efficacy, the role of these therapies is changing in between the two standards of therapy consisting on surgical resection of the tumor in one side and systemic therapy on the other side. Surgery is still the only treatment able to completely remove the tumor with safe margins offering the best chances of long-term survival and even cure. By this way, locoregional therapy is still reserved to non-resectable patients or patients unfit for surgery.

 On the other hand, especially when dealing with metastatic disease, the role of locoregional therapies is reserved to tumors located in one organ, after a complete workup to look for another metastatic site that would preclude their use. In this latter case, systemic chemotherapy is the preferred approach.

These therapies benefit now from lessons learned from the past. The history of intraarterial chemotherapy for liver metastases is interesting on this regard, showing that in the past, patients were for long very well controlled in their hepatic disease but developed extrahepatic metastases that finally determined their fatal outcome. The combination of intraarterial infusion with systemic administration of chemotherapy is able today to prevent in some extent this unfavorable outcome. Another example of the evolution of the ideas is the present recognition of radiofrequency as a potentially curative treatment of HCC owing to the

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effective ablation of liver tumors of up to 25 mm in diameter, achieving in this case almost equivalent results as surgery.

But, in addition to the competitive efficacy of the other therapies, locoregional treatments are also faced with their higher complexity, leading sometimes to deny their recognized efficacy for a more simple approach by systemic chemotherapy. The expertise of interventional radiologists and surgeons and the open mind of medical oncologists to accept these approaches is the prerequisite for these locoregional therapies to play all their important roles. Also critical is their cost-effectiveness to be compared with the conventional treatments.

 In this book, an update of the role of locoregional therapies is extensively made by experts in liver, lung, and head and neck tumors. No doubt that this will allow to precise their increasing role in the larger and larger armamentarium of available treatments for malignant tumors.

Part I

 Basics of Regional Tumor Therapies

Pharmacokinetic Aspects of Regional Tumor Therapy

Martin Czejka and Katharina Schüller

2.1 Introduction

The aim of a safe and efficient drug therapy is to direct the agent as near as possible to its target where it generates its maximum pharmacological effect while keeping side effects at a minimum.

Contrary to effects of a drug on the organism (pharmacology), the organism itself exerts an effect on the fate of a drug in man in a time-dependent manner. This pharmacokinetic fate comprises absorption, distribution, metabolism, and complete elimination from the body (ADME).

Although these processes are rather complex and determined by various endogenous and exogenous factors, pharmacokinetic parameters for each single drug are available. Table 2.1 gives an overview for the most relevant parameters for clinical evaluation.

The concentration of a drug in the target organ can be increased by using special applications such as regional drug administration. By changing the actual physiological conditions of the target organ (for instance, by occlusion of a blood vessel), regional administration increases the absorption rate of the chemotherapeutic agent from the blood into the tumor tissue. As a consequence, blood flow is decreased through the affected organ, and tissueextraction rate is accelerated or increased.

So regional administration combined with a temporary occlusion of the supplying vessels is a valuable therapeutic option, especially for the chemotherapeutic treatment of liver tumors and liver metastases, respectively.

2.2 Hepatic Blood Flow (*Q***hep)**

The perfusion of the liver is a main factor of the regional administration. Hepatic blood flow is the sum of portal vein (1,050 ml/min) and common hepatic artery (300 ml/min) blood flow. Therefore, Q_{hen} is about 1,500 ml/min (\approx 90 l/h).

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M. Czejka $(\boxtimes) \cdot K$. Schüller

PK parameter Dimension		Relevance
$t_{1/2}$ zp	Time	Transfer from blood to deep compartment
$t_{1/2}$ el	Time	Elimination half-life from the body
c_{max}	Concentration/volume	Peak concentration in blood or tissue
$t_{\rm max}$	time	Time to reach c_{max}
AUC		$Concentration/volume \times time$ Area under concentration-time curve
Cl _{tot}	Volume/time	Total body clearance
Vd	Volume	Volume of distribution

Table 2.1 Clinical relevant pharmacokinetic parameters [[1\]](#page-20-0)

2.3 Hepatic Extraction Rate (*E***hep)**

 E_{hen} is calculated as follows by the arterial and venous drug concentration during liver passage.

$$
E_{\text{hep}} = \frac{\text{conc}_{\text{arterial}} - \text{conc}_{\text{venous}}}{\text{conc}_{\text{arteria}}} = \text{CI}_{\text{frecdrug}} \times \text{conc}_{\text{freedrug}}
$$

*E*hep ranges from 0.0 (=no extraction) to 1.0 (=complete extraction). An *E*hep of 0.8 indicates the elimination and metabolism of 80 % of the drug entering the liver leaving 20 % of the administered drug to exit the liver through the liver veins.

2.4 Hepatic Clearance (Clhep)

 Cl_{hen} is defined as the volume of blood passing through the liver that is cleared from a compound per time. Hepatic clearance is based on the whole body clearance minus the renal clearance and the mostly quantitative not relevant non-hepatic, nonrenal clearance by other organs (e.g., skin or lung). Cl_{hep} depends on the blood flow through the liver, the liver cell mass, and the activity of drug-metabolizing enzymes. It is the product of *E*hep and the blood flow through the organ (*Q*hep).

$$
Cl_{\text{hep}} = Q_{\text{hep}} \times E_{\text{hep}}
$$

Considering the hepatic extraction of a drug, its tissue penetration does not only depend on physiological conditions (as already mentioned) but also on the physicochemical properties of the molecule as well. Besides the drug there are some other factors with impact on the hepatic clearance (see Table 2.2).

Despite their chemical heterogeneity, a number of different cytostatic agents can be used for regional intraarterial treatment (see Table 2.3). The most important assumption for the drug is a so-called first-pass metabolism or first-pass effect. Per definition first-pass effect is the sum of all processes (distribution and metabolism) occurring during the first liver passage of a drug before the drug reaches systemic blood circulation and becomes available in the whole body.

Parameter	Mechanism
Blood flow	Distribution rate
Tissue uptake	Absorption mechanism (diffusion, active transport)
Protein binding	Intravascular depot
Liver diseases	Altered vascularization, dysproteinemia
Cytostatic	Physicochemical properties (lipophilicity, pka value, ionization) metabolism (phases I and II)
Occlusion method	Means and duration of occlusion, amount of particles

Table 2.2 Factors that have an influence on E_{hen} of a drug

Table 2.3 Pharmacokinetic parameters (after IV administration) of cytostatic agents that are suitable for intraarterial administration due to their first-pass effect [\[2](#page-20-0), [3](#page-20-0)]

Vd(1)	$Cltot$ (l/min)	$t_{1/2}$ (h)	Metabolism
≈ 1.500	1.2	30	Liver
≈ 2.000	1.2	35	Liver
16	2.0	0.3	Ana-, catabolism
$200 - 400$	0.5	15	Liver
≈ 50	1.1	0.6	Blood metabolites
30 (UF)	0.04	150	Blood metabonates
85	$0.8 - 1.5$	$0.5 - 1.5$	Liver, leucocytes
250	≈ 4.2	1.5	Metabonates

UF ultra filtrate

By comparing the intraarterial/intravenous AUC ratio, chemoembolization leads to a therapeutic advantage (TA), calculated as follows:

$$
TA = \frac{\frac{\text{AUC}_{\text{hep}}}{\text{AUC}_{\text{b}}}}{\frac{\text{AUC}_{\text{hep}}}{\text{AUC}_{\text{b}}}} \frac{\text{i.a.}}{\text{i.v.}}
$$

In comparison to IV administration, decreasing hepatic perfusion results in a higher regional distribution rate.

$$
RA = 1 + \frac{Cl_{\text{tot}}}{Q_{\text{hep}} \times (1 - E_{\text{hep}})}
$$

Regional application combines decreasing side effects and higher levels of toxicity (increased apoptosis rate) [[4\]](#page-20-0). The RA gets more intense the faster the cytostatic distributes into the tissue and the higher its extraction rate from the body.

2.5 Pharmacokinetic Data Using Degradable Starch Microspheres (DSM)

A successful embolization can be characterized by comparing the main pharmacokinetic parameters with data obtained after conventional administration. AUC_{last} and c_{max} are the most suitable values for calculating the shift of the drug's concentration from blood to tissue.

Depending on the chemotherapeutic agent, the administration of DSM leads to a decrease of systemic circulation from 20 to 60 %. It is the most important requirement that the chemotherapeutic does not bind to DSM or red blood cells [[5\]](#page-20-0).

So far most of the studies concerning pharmacokinetic data of cytostatic agents after the embolization of the common hepatic artery used DSM. The findings in Table 2.4 from several studies show between 19 and 98 % reductions in plasma drug concentrations. The reduced systemic drug exposure may be seen as an increased first-pass extraction during the prolonged time of the drug in the occluded target area. The higher first-pass extraction of the drug in the target compartment will lead to a lower dose of drug reaching the sys-temic circulation and subsequently to fewer side effects [\[6](#page-20-0), [14](#page-20-0)]. Besides the chemotherapeutics given in Table 2.4, one of the most currently irinotecan is administered intraarterially after chemoembolization as well [[19\]](#page-21-0). Irinotecan (CPT-11) is a prodrug and needs to be activated in the body. The drug shows poor affinity to the responsible enzyme (human carboxylesterase); therefore, only small amounts of the pharmacologic active metabolite SN-38 are formed (about 10 % of the parent compound). This activation can be improved by regional administration to the liver leading to higher amounts of SN-38 in the blood and tissue.

Drug	Tumor type	AUC decrease $(\%)$	\boldsymbol{N}	References
Mitomycin C	Primary and secondary liver cancer	33	87	[6] $\lceil 7 \rceil$ $\lceil 8 \rceil$ [9] [10] $\lceil 11 \rceil$
Doxorubicin	Primary and secondary liver cancer	19	5	$\lceil 12 \rceil$ [13]
Carmustine (BCNU)	Primary and secondary liver cancer	62	5	[14]
Fotemustine	Primary and secondary liver cancer	53	$\overline{4}$	[15]
$5-FU$	Primary and secondary liver cancer	38	8	[16]
Floxuridine	Colorectal liver metastasis	34	3	[10]
Cisplatin	Colorectal liver metastasis	38	4	[17]
Cisplatin and sodium thiosulfate	Head and neck cancer	98	6	[18]

Table 2.4 Mean reduction of plasma AUC in patients with HCC using DSM

DSM (mg)	MMC (mg/m ²)	\overline{N}	AUC ratio	95 % CI	References
360	15	36	0.74	$0.62 - 0.87$	[6]
360	10	6	0.70	$0.55 - 0.88$	$\lceil 7 \rceil$
					[9]
900	$5 - 10$	11	0.61	$0.47 - 0.80$	[7]
					[9]
540	3	7	0.73	$0.62 - 0.86$	[9]
900	9	10	0.55	n.s.	[8]
360	10	3	0.80	n.s.	$[10]$
450-900	18	14	0.55	n.s.	$[11]$
60	20	7	No effect	n.s.	[20]

Table 2.5 Average AUC ratio, measured as peripheral plasma AUC of MMC with and without DSM in patients with HCC

n.s. not specified

Table 2.6 Ratio of cytostatic drugs in tumor and healthy liver tissue (with and without DSM) in vivo (rat, rabbit)

			Tumor/liver ratio ^a		
Species	Tumor type	Drug	Without DSM	With DSM	References
Rabbit	Liver	$5-FU$	0.63	3.59	$\lceil 21 \rceil$
Rat	Liver	$5-FU$	0.38	2.25	[22]
Rat	Liver	Doxorubicin	1.3	8.3	[23]
Rabbit	Liver	Doxorubicin	0.25	1.24	[24]
Rabbit	Liver	Doxorubicin	0.4	1.01	[25]
Rat	Liver	Tauromustine	0.47	2.16	[26]
Rabbit	Liver	Carboplatin	0.94	6.81	[27]
Rat	Lung	Carboplatin	1.19	2.11	[28]
Rat	Liver	Docetaxel	0.67	1.38	[29]

a Substance-dependent measurements, intervals from 15 to 480 min

Numerous investigations characterized the combination of mitomycin C (MMC) with different amount of DSM. The AUC ratio is relatively consistent from 0.55 to 0.80 as can be seen in Table 2.5. Administration of 60 mg DSM did not show any effect; obviously this amount was too low for any occlusion of blood vessels.

More data about the distribution of other cytostatic agents into tumor and healthy tissue using DSM in animals and patients are in Tables 2.6 and 2.7. Table 2.6 gives an overview of experimental findings in animals.

Table 2.7 presents data of human biopsy samples indicating that DSM leads to an increased uptake of drug into tumor tissue. Intraarterial application of DSM and a cytotoxic drug leads to an increased drug concentration in the tumor compartment as well as DSMinduced increase of tumor versus normal tissue drug concentration ratio.

n.s. not specified *n.s.* not specified

2.6 Further Chemoembolization Tools

Besides DSM other materials for chemoembolization have been developed recently. In trans-arterial chemoembolization (TACE) DSM, polyvinyl alcohol polymers, Gelfoam, and gelatin-based microspheres (Embosphere) are used to keep systemic circulation of a chemotherapeutic at a minimum. Polyvinyl alcohol polymers and superabsorbent polymer microspheres (SAP, HepaSphere®, QuadraSphere®) can be loaded with a compound to become drug-eluting beads (DEB, DEBDOX, DEBIRI). In the following Tables 2.8, 2.9, 2.10, and 2.11, various agents used for chemoembolization and their effect on maximum plasma concentrations of antineoplastic drugs as well as corresponding tumor concentrations and tumor/liver ratios in animals and patients are listed.

Combination of DSM or other occlusion agents and chemotherapy intraarterially reduced systemic exposure to chemotherapy in animals and patients, manifested not only in pharmacokinetic parameters but also in reduced hematological toxicity [\[6](#page-20-0)]. Comparative pharmacokinetic studies between various occlusion agents still need to be investigated in further studies. In conclusion, chemoembolization with DSM and other agents is a valuable therapeutic option in palliative and neoadjuvant medicine as evident in the following chapters.

Table 2.9 Effects of different permanent embolization materials on concentration in tumor tissue and on tumor/liver ratios in animals **Table 2.9** Effects of different permanent embolization materials on concentration in tumor tissue and on tumor/liver ratios in animals i.

Table 2.10 Effects of different permanent embolization materials on maximum plasma concentrations in patients **Table 2.10** Effects of different permanent embolization materials on maximum plasma concentrations in patients

d days

Table 2.11 Effects of different permanent embolization materials on concentration in turnor tissue and on turnor/liver ratios in patients **Table 2.11** Effects of different permanent embolization materials on concentration in tumor tissue and on tumor/liver ratios in patients

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Embolization Materials, Catheters, and Intra-arterial Ports

Geert A. Maleux

3.1 Introduction

 Catheter-directed embolization therapies for oncologic indications are increasingly gaining importance. Basically, these minimally invasive therapies include locoregional, tumoricidal therapies, pre-, or postoperative adjunctive treatments as well as palliative management options. Although different materials are used depending on the indications, the interventional approach is in most of the cases similar: a diagnostic catheter is placed in the feeding, large artery, and through this guiding catheter, a coaxial "microcatheter" is placed with its tip as close as possible to the target tumoral implants. Once the microcatheter is correctly positioned, chemotherapeutic agents can be carefully injected in order to obtain very high drug concentrations within the tumor and low(er) drug concentrations within the peripheral blood, resulting in high response rates and low(er) systemic toxicity rates. Additionally, occluding microparticles can be injected during or immediately after the chemotherapeutic infusion in order to add an ischemic effect or to create a slower washout phenomenon of the injected cytostatic agents. In case of emergency conditions of bleeding tumors, transcatheter injection of embolics without chemotherapeutic agents may be sufficient to stabilize the patient's condition.

 In this chapter, an overview of different minimally invasive, transcatheter therapies for tumor treatment, including transarterial chemo-infusion with or without insertion of a permanent portsystem, transarterial (chemo)embolization, yttrium-90 infusion, and isolated liver perfusion, will be given. Also, a brief overview of interventional techniques to treat tumor-related hemorrhage will be presented, and finally, a short overview of percutaneous ablative devices will be given.

- 1. *Transarterial Chemo-infusion of Metastatic Liver Tumors*
	- 1.1. *Rationale*
		- 1.1.1. Liver metastases are perfused mainly by the hepatic artery, whereas normal liver tissue is primarily supplied by the portal vein.
		- 1.1.2. Certain drugs have high hepatic extraction.
		- 1.1.3. The liver is often the first site of metastases; eliminating liver metastases may prevent extrahepatic disease.
		- 1.1.4. Many drugs have a steep dose–response disease.
		- 1.1.5. Drugs with a high total body clearance are very effective.

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1.2. *Indications*

- 1.2.1. Palliative chemotherapeutic treatment of liver-only or liver-predominant metastases, mainly as rescue for liver metastases refractory to all conventional intravenous chemotherapeutic lines.
- 1.2.2. Downstage the number and volume of liver metastases prior to surgical resection or any other percutaneous ablative therapy. This approach can be used as first, second, or as last chemotherapeutic line.

1.3. *Technique*

- 1.3.1. Repeat catheterization
	- (a) Under local anesthesia, repeat catheterization of the feeding hepatic arteries with use of a diagnostic catheter (4–5 French) and coaxial microcatheter.
	- (b) Diagnostic catheter: 4–5 F cobra-shaped, Simmons I or Simmons II catheter.
	- (c) Microcatheter: large-bore 2.5–3.0 F microcatheter.
- 1.3.2. Port-catheter

 Insertion of a permanent arterial portsystem from the femoral or axillary artery. Before each chemotherapeutic session, patency and position of the port has to be verified. Procedure under local anesthesia.

- 1.3.3. Choice of technique depends of:
	- (a) Experience of the interventional radiologist
	- (b) Short interval between two sessions (<2 weeks) and many sessions foreseen (>5 sessions): portsystem > repeat catheterization
	- (c) Long interval (at least 2–4 weeks) between two sessions and potentially only a few sessions foreseen: repeat catheterization > port system
- 1.4. *Which Chemotherapeutic Agents for Which Metastases?*
	- 1.4.1. Mitomycin C for breast cancer related liver metastases
	- 1.4.2. Oxaliplatin for colorectal related liver metastases
	- 1.4.3. Fotemustine for ocular melanoma related liver metastases
	- 1.4.4. 5-FU + floxuridine for colorectal related liver metastases

Reference list: references [1-7]

- 2. *Chemoembolization of Primary and Secondary Liver Tumors*
	- 2.1. *Rationale*
		- 2.1.1. See chemo-infusion of metastatic liver metastases.
		- 2.1.2. Addition of embolic agents:
			- (a) Reduce the washout effect of infused chemotherapeutic agents.
			- (b) Ischemia may induce cellular pump destruction which may lead to better uptake of cytotoxic agents by the tumoral cells.
			- (c) Persistent ischemia may induce tumor necrosis.
	- 2.2. *Indications for Primary Liver Tumors*
		- 2.2.1. First-line therapy for unresectable, liver-only hepatocelllar carcinoma
		- 2.2.2. Rescue therapy for cholangiocarcinoma refactory to medical management
	- 2.3. *Indications for Secondary Liver Tumors*
		- 2.3.1. Rescue therapy for liver-only or liver-predominant metastases refractory to most/all conventional chemotherapeutic lines
			- (a) Colorectal metastases
			- (b) Neuroendocrine metastases
			- (c) Pancreatic carcinoma metastases
			- (d) Malignant melanoma metastases
			- (e) Renal cell carcinoma metastases
- 2.3.2. First- or second-line therapy for liver-only or liver-predominant metastases (experimental for colorectal metastases)
- 2.3.3. Third-line therapy for liver-only colorectal metastases (drug-eluting beads with irinotecan)
- 2.4. *Technique of Chemoembolization*
	- 2.4.1. Conventional chemoembolization
		- (a) Local anesthesia
		- (b) Selective catheterization of the hepatic artery and subsequently of the feeding arteries of the tumoral lesion(s)
		- (c) Slow injection under fluoroscopic guidance of the mixture of chemotherapeutic agents and Lipiodol (Laboratoires Guerbet, Aulnay-sous-Bois, France)
			- Doxorubicin
			- Cisplatin
			- Mitomycin C
			- Combination of abovementioned agents
		- (d) Injection of microparticles mixed with contrast medium
			- Polyvinyl alcohol (PVA) microparticles
				- Contour (Boston Scientific Corp., Natick, MA, USA)
				- PVA (Cook Medical, Bjaeverskov, Denmark)
			- Calibrated microspheres
				- Embospheres (Merit Medical Systems Inc., South Jordan, UT, USA)
				- Bead Block (Terumo, Leuven, Belgium)
				- Embozene (CeloNova BioSciences Inc., San Antonio, TX, USA)
			- Resorbable particles
				- Starch microspheres (Embocept®S, PharmaCept Berlin, Germany)
				- Spongostan (Ferrosan Medical Devices, Soeborg, Denmark)
				- Curaspon (P3 Medical Ltd., Bristol, UK)
	- 2.4.2. Chemoembolization with drug-eluting beads
		- (a) Local anesthesia, except when using Irinotecan-loaded microparticles (epidural or general anesthesia).
		- (b) Selective catheterization of the hepatic artery and subsequently of the feeding arteries of the tumoral lesion(s).
		- (c) Slow injection under fluoroscopic control of the mixture of drugeluting beads and contrast medium.
			- HepaSphere (Merit Medical, UT, USA)
				- Doxorubicin
				- Oxaliplatin
				- Cisplatin
			- DC Beads (Biocompatibles, UK)
				- Doxorubicin
				- Irinotecan
		- (d) Stop embolization when flow is slowing down or when stasis of contrast medium is obtained in the feeding artery.
- 2.5. *Exclusion Criteria* (*Absolute and Relative Contraindications*)
	- 2.5.1. Absolute contraindication for chemoembolization
		- (a) >50 % tumor involvement of the liver volume
		- (b) Active infection
		- (c) Liver function disturbances (bilirubin > 2.5 mg/dL)
- (d) Macroscopic arterioportal fistula
- (e) Main portal vein thrombosis
- 2.5.2. Relative contraindication for chemoembolization
	- (a) Reduced liver function (bilirubin $>1.5 > 2.5$ mg/dl)
	- (b) Child-Pugh B (drug-eluting beads are preferred)
	- (c) Partial or distal portal vein thrombosis
	- (d) Hepatic encephalopathy
	- (e) ECOG >1
	- (f) Renal insufficiency (contrast medium!)
- 2.6. *Complications*
	- 2.6.1. Common complications
		- (a) Postembolization syndrome: >80 %
			- Abdominal pain
			- Fever $< 38.5^{\circ}$ C
			- Nausea
				- Transient rise in liver function disturbances
	- 2.6.2. Uncommon complications (<5 %)
		- (a) Liver abscess
			- Hepaticojejunostomy (Whipple operation)
			- **Biliary** stents
		- (b) Gallbladder necrosis
		- (c) Liver insufficiency
		- (d) Hepatorenal syndrome

Reference list: references [8-18]

- 3. *Radioembolization of Primary and Secondary Liver Tumors*
	- 3.1. *Rationale*

 Yttrium-90 is a pure beta-emitter with a half-life of 64.9 h. The radioactivity induces a tumoricidal effect when the radioactivity is >70 G (Gray). Yttrium-90 is incorporated in small resin-based (Sirtex, North Sydney, NSW, Australia) or glass-based (TheraSphere, Nordion, Ottawa, Canada) microspheres with a diameter of 30–35 μm. These microspheres are infused through a microcatheter into the hepatic artery.

3.2. *Indications*

 Primary and secondary liver tumors in patients with liver-only or liver- predominant metastatic disease:

- 3.2.1. Hepatocellular carcinoma:
	- (a) Competitive technique to chemoembolization
	- (b) Presence of portal vein thrombosis
	- (c) Presence of TIPS
- 3.2.2. Metastases
	- (a) Salvage therapy for colorectal metastases in liver-only disease
	- (b) Salvage therapy for neuroendocrine liver metastases
	- (c) Metastases of ocular melanoma

3.3. *Palliative Therapy to Control the Tumor Burden*

 Downstaging to surgical resection, percutaneous radiofrequency ablation, or liver transplantation (HCC)

 Potentially curative in case of a small number of tumors: "radiation segmentectomy" 3.4. *Technique*

 The yttrium-90 infusion procedure is preceded by an angiographic workup consisting in angiographic mapping of all hepatic arteries; in proximal coil occlusion of hepatoenteric arteries like the gastroduodenal artery, right gastric artery, and supraduodenal artery. Finally, a diagnostic concentration of Tc-99 is injected into the microcatheter to assess the liver-long shunting, matching of the tumoral liver lesions, and the presence or absence of extrahepatic Tc-99 uptake.

- 3.5. *Absolute Contraindications*
	- 3.5.1. Liver-lung shunt $>$ 20 %
	- 3.5.2. Mismatch between PET-CT and Tc-99 scintigraphy
	- 3.5.3. Persistant extrahepatic TC-99 uptake
	- 3.5.4. Reduced liver function (bilirubin > 1.5 mg/dL)
	- 3.5.5. Tumor volume $> 50 \%$ of the total liver volume
	- 3.5.6. Significant extrahepatic disease
- 3.6. *Relative Contraindications*
	- 3.6.1. Liver-lung shunt > 10 % > 20 %
	- 3.6.2. Reduced liver function $>1.0 > 1.5$ mg/dL
	- 3.6.3. Discrete extrahepatic disease
- 3.7. *Complications*
	- 3.7.1. Common complications
		- (a) Abdominal pain, fatigue (20–50 %)
		- (b) Gastroduodenal ulceration (5–10 %) as a result of nontarget embolization
	- 3.7.2. Uncommon complications (<5 %)
		- (a) Pancreatitis
		- (b) Cholecystitis
		- (c) Liver failure
		- (d) Liver fibrosis and portal hypertension
		- (e) Radiopneumonitis

Reference list: references [19-25]

- 4. *Isolated Liver Perfusion ("Chemosaturation")*
	- 4.1. *Rationale*

 Perfusion of high concentration of chemotherapeutic agents through the liver and extraction once passed into the hepatic veins.

4.2. *Indications*

 Liver metastases responding to melphalan: ocular melanoma and some types of sarcoma

- 4.3. *Technique*
	- 4.3.1. General anesthesia.
	- 4.3.2. Percutaneous placement of a catheter into the hepatic artery after coil occlusion of hepatoenteric arteries if required. Through this hepatic catheter: infusion of the chemotherapeutic drug, melphalan.
	- 4.3.3. Placement of a double-balloon catheter into the inferior vena cava: one balloon is placed above the inflow of the hepatic veins, the other balloon is placed below the inflow of the hepatic veins. The occluded hepatic segment is connected through the inner lumen of the catheter with a filter device, extracting the residual amount of melphalan.
- 4.4. *Complications*
	- 4.4.1. Device-related complications (vena cava wall dissection)
	- 4.4.2. Complications related to general anesthesia
	- 4.4.3. Complications related to temporary occlusion of the inferior vena cava (hypotension and related cardiac complications)
	- 4.4.4. Complications related to melphalan:
		- (a) Neutropenia
		- (b) Thrombocytopenia
		- (c) Anemia
	- 4.4.5. Hepatic failure

Reference list: references [26, 27]

- 5. *Embolotherapy for Oncologic Hemorrhagic Conditions*
	- 5.1. *Indications*
		- 5.1.1. Acute tumor-related bleeding
	- 5.2. *Pathophysiology*
		- 5.2.1. Intra- and peritumoral bleeding
		- 5.2.2. Erosion of surrounding (large) vessel by the tumor
	- 5.3. *Technique*
		- 5.3.1. Distal embolization of the tumoral mass ("bland embolization") with use of microparticles and microcoils
		- 5.3.2. Coil occlusion of the eroded artery
		- 5.3.3. Placement of a covered stent to exclude the erosion when coil embolization of the eroded vessel is not an option
			- (a) Aorta, iliac, or femoral arteries
			- (b) Subclavian, axillary, and carotid arteries
			- (c) Renal, superior mesenteric artery main branch
	- 5.4. *Which Tumoral Lesions?*
		- 5.4.1. Primary and secondary liver tumors
		- 5.4.2. Pancreascarcinoma
		- 5.4.3. Renal and bladder tumor
		- 5.4.4. Gynecological tumors
		- 5.4.5. Carcinomas in head and neck region

Summary of embolic agents for oncologic purposes

6. *Percutaneous, Ablative Devices and Techniques*

 Most of percutaneous, ablative techniques are based on the development of heat (radiofrequency ablation, laser ablation, microwave ablation, focused ultrasound, irreversible electroporation) or cold (cryoablation) to kill tumor cells. In general, these ablative techniques are performed with a needlelike device which is positioned under image guidance, such as ultrasound, computed tomography, or even magnetic resonance imaging, into the tumor. The only exception is high-intensity focused ultrasound (HIFU) ablation. This is a totally noninvasive technique consisting in the formation of ultrasound rays that are focused into the tumor. Additionally, these techniques are very suitable for small (less than 3–5 cm) and few (less than 5) lesions.

- 6.1. *Indications*
- 6.2. *Radiofrequency Ablation*
	- 6.2.1. Primary and secondary liver tumors
	- 6.2.2. Lung tumors
	- 6.2.3. Kidney tumors
	- 6.2.4. Bone tumors
- 6.3. *Laser Ablation*
	- 6.3.1. Liver tumors
- 6.4. *Irreversible Electroporation*
	- 6.4.1. Pancreatic tumors
	- 6.4.2. Liver tumors
- 6.5. *Microwave Ablation* 6.5.1. Liver tumors

 6.6. High-Intensity Ultrasound 6.6.1. Liver tumors 6.6.2. Pancreatic tumors 6.6.3. Uterine tumors 6.6.4. Bone tumors *Reference list*: references [28-34]

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Part II

 Intra-arterial Therapies: Liver

HCC

Franco Orsi

4.1 Introduction

 Hepatocellular carcinoma (HCC) ranks among the most common cancers worldwide, representing the sixth most common one and the third cause of cancer-related death, and accounts for 7 % of all cancers [1]. HCC represents more than 90 % of primary liver cancers and is a major global health problem. Over the last three decades, the age-adjusted incidence of liver cancer has risen to 4.6 per 100,000 individuals. The incidence of HCC will likely continue to rise as the hepatitis C epidemic reaches maturity and nonalcoholic steatohepatitis becomes more prevalent. The incidence of HCC increases progressively with advancing age in all populations, reaching a peak at 70 years [2].

 Approximately 90 % of HCCs are associated with a known underlying risk factor: the most frequent factors include chronic viral hepatitis (types B and C), alcohol intake, and afl atoxin exposure. In the developed Western world, only 20 % of cases can be attributed to HBV infection, while chronic hepatitis C appears to be the major risk factor $[3]$.

 Cirrhosis is the other most important risk factor for HCC and may be caused by chronic viral hepatitis, alcohol, and other inherited metabolic diseases. All etiologic forms of cirrhosis may be complicated by tumor formation, but the risk is higher in patients with hepatitis infection. Overall, one-third of cirrhotic patients will develop HCC during their lifetime [4].

 Recent studies have shown that liver cancer incidence increases in parallel to portal pressure as directly measured $[5]$ or in parallel to the degree of liver stiffness as measured by elastography $[6, 7]$ $[6, 7]$ $[6, 7]$.

The presence of cirrhosis influences the chance for anticancer treatment, affecting their results. Then, many available treatments can have an adverse impact on cirrhosis and the exact cause of death, which could be either the underlying disease or HCC.

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4.2 Diagnosis

 Early stage of HCC may be treated with potentially curative procedures such as resection, percutaneous ablation, and transplantation. Thus, there is an urgent need to identify better tools for detecting and characterizing these lesions in order to improve clinical outcome of HCC patients. Diagnosis of small HCC is feasible in 30–60 % of cases and this enables the application of curative treatments.

Until 2000, diagnosis was based on biopsy; then a panel of experts reported, for the first time, noninvasive criteria (see Table 4.1) for HCC, based on a combination of imaging and laboratory findings $[8]$. The dynamic radiological contrast enhancement in the arterial phase by CT, MRI, angiography, or US (CEUS) represents the most important finding for the radiological diagnosis of early HCC.

 The clinical evaluation and management of HCC require a comprehensive, multidisciplinary approach that involves cancer surveillance and consideration of both surgical and medical therapies.

 The implementation of such an approach has resulted in increased survival rates for HCC. The therapeutic approach for HCC can vary widely depending on the extent of disease: from potentially curative surgical resection and/or ablation for small localized tumors to liver transplantation or newer biologic therapies for more advanced disease. Advances in minimal invasive therapies, such as radiofrequency (RFA), microwave (MW) ablation, and transarterial chemoembolization (TACE), also continue to play a vital role in the management of more advanced stages and in pre- and perioperative transplant patients.

4.3 Staging Systems

 Disease staging is particularly important in the management of HCC because it helps to predict prognosis and determine appropriate treatment options; the most effective staging systems incorporate information about both cancer stage and liver function, which is often affected by the underlining liver disease. The Child–Turcotte–Pugh (CTP=TAB IIa/IIb)

Table 4.1 Diagnostic algorithm for HCC in cirrhotic patients [8]

 Table 4.2 Updated BCLC staging system and treatment strategy, 2011 (Reproduced from $[20]$

model is primarily an assessment of liver function and is intended to predict prognosis and stratify disease severity to facilitate transplant allocation [9]. While still used as a complementary tool to help with treatment decisions or evaluate progression and/or regression of disease, the CTP model has largely been replaced by the Model for End-Stage Liver Disease (MELD) score [10, [11](#page-53-0)]. MELD was originally developed at the Mayo Clinic and at that point was called the "Mayo End-Stage Liver Disease" score [[12 \]](#page-53-0). It was derived in a series of patients undergoing TIPS procedures. The score turned out to be predictive of prognosis in chronic liver disease in general, and – with some modifications – came to be applied as an objective tool in assigning need for a liver transplant. Higher MELD scores reflect more severe disease, poorer prognosis, and greater likelihood of liver transplantation, barring any absolute contraindications to transplantation $[13-16]$. While patients with HCC may be granted exception points that are added to their scores, the MELD system was not designed to assess HCC disease severity, and it does not provide good prognostic classification for these patients. The four major HCC staging systems include the American Joint Committee on Cancer's tumor-node-metastasis (TNM) model, the Okuda classification model, the Cancer of the Liver Italian Program (CLIP) score, and the Barcelona Clinic Liver Cancer (BCLC) staging system. The BCLC staging system has emerged as the most accurate and comprehensive cancer model to show consistent prognostic determination. The Barcelona Clínic Liver Cancer classification divides HCC patients in five stages $(0, A, \cdot)$ B, C, and D) according to preestablished prognostic variables and allocates therapies according to treatment-related status (Table 4.2) $[17-19]$. Thus, it provides information on both prognostic prediction and treatment allocation. Prognosis prediction is defined by variables related to tumor status (size, number, vascular invasion, N1, M1), liver function (Child–Pugh's), and health status (ECOG) (Tables 4.3a and 4.3b). Treatment allocation incorporates treatment-dependent variables, which have been shown to influence therapeutic outcome, such as bilirubin, portal hypertension, or presence of symptoms – ECOG. While

The score employs five clinical measures of liver disease. Each measure is scored $1-3$, with 3 indicating most severe liver function impairment [21]

Chronic liver disease is classified into Child–Pugh class A to C, employing the added score from above

future studies incorporating genomic and proteomic profiles of patients and their cancers will provide even more accurate prognostic data and more individualized therapy, the BCLC model is currently the most comprehensive and widely accepted staging system $for HCC$

4.4 Prognosis

 The prognosis of advanced hepatocellular carcinoma (HCC) remains poor, particularly for patients with portal vein tumor thrombosis and extrahepatic metastases (median survival: 3–6 months)

The Tokyo index is a new and simple indicator for prognosis for survival

 Patients with a score up to 2 do have a relative good prognosis. Patients with a total score between 4 and 6 do have a 2-years survival expectation of 50 %.

4.5 Therapy

In oncology, the benefits of treatments should be assessed through randomized controlled trials and meta-analysis. Few medical interventions have been thoroughly tested in HCC, in contrast with other cancers with a high prevalence worldwide, such as lung, breast, colorectal, and stomach cancer. As a result, the strength of evidence for most interventions in HCC is far behind the most prevalent cancers worldwide. The level of evidence for efficacy according to trial design and endpoints for all available treatments in HCC and the strength of recommendations according to grade are summarized in Table 4.4 .

 Recommendations in terms of selection for different treatment strategies should be based on evidence-based data in circumstances where all potential efficacious interventions are available. However, multidisciplinary HCC tumor boards, including hepatologists, surgeons, oncologists, radiologists, interventional radiologists, pathologists, and translational researchers, should discuss any single HCC patient according to the international guidelines, and treatment strategies should be adapted to local regulations and/or team capacities and cost–benefit strategies.

4.5.1 Surgical Approach

 The best treatment options with curative intent for patients with HCC are liver resection or transplantation, although the role of hepatic ablative therapies has also been recognized. Surgical resection has emerged as the primary treatment in carefully selected patients of HCC. With the advances in surgical and radiological techniques, the perioperative mortality has been reduced to less than 5 % depending on the extent of resection and hepatic reserve. Modern standards of HCC resection in cirrhotic patients are defined as follows: expected 5-year survival rates of 60 %, with a perioperative mortality of 2–3 % and blood transfusion requirements of less than 10 % $[23-27]$. Anatomic resections aiming at 2 cm margins provide better survival outcome than narrow resection margins $\lt 1$ cm [28] and are

Sorafenib^a Chemoembolization **O** 1 Adjust therapy RF (<5 cm) **after resection** RF/PEI (<2 cm) evels of evidence Levels of evidence LDLT **Resection OLT milan** Internal 2 radiation OLT-extended Neo-adjuvant therapy in waiting list **Down-staging** 3 External/palliative radiotherapy C B AC C A 2 (weak) 1 (strong)

 Table 4.4 Representation of EASL–EORTC recommendations for treatment according to levels of evidence (NCI classification) and strength of recommendation (grade system) [22]

recommended only in case that the maintenance of appropriate function to the remnant liver volume is ensured. In patients properly selected according to liver functional status, the main predictors of survival are tumor size, tumor number, presence of microsatellites, and vascular invasion [29]. The Japanese Nationwide Survey has shown that a cutoff below 2 cm is an independent predictor of survival in a series of thousands of patients [30]. Five-year survival rate for patients with HCC \leq 2 cm was of 66 %, compared with 52 % for tumors 2–5 cm and 37 % for tumors >5 cm. Multinodularity also predicts survival, with 5-year survival rates after resection of single tumors of 57 and 26 % for three or more nodules, respectively.

Liver transplantation is the first treatment choice for patients with small multinodular tumors (≤3 nodules ≤ 3 cm) or those with single tumors ≤5 cm and advanced liver dysfunction. Theoretically, transplantation may simultaneously cure the tumor and the underlying cirrhosis. The role of liver transplantation as the mainstay of treatment for the majority of patients with HCC has evolved in the last few decades. Historically, the Milan criteria have been considered the gold standard for selecting patients: single HCC ≤5 cm or up to three nodules <3 cm [31]. Following these criteria and according to modern standards, *perioperative mortality, 1- and 5-year mortality* are expected to be 3 %, ≤ 10 %, and ≤ 30 %, respectively. Living-donor liver transplantation has emerged as a way to expand the donor pool and has influenced the role of transplantation for HCC, especially in communities with little access to cadaveric transplantation. Salvage transplantation is an alternative option as it allows a window for the biologically less favorable lesions to declare tumor behavior. Salvage transplantation also decreases the burden on transplant resources. Three years survival expectation was 60–80 %.

4.5.2 Systemic Therapy

 Systemic chemotherapy does not play a central role in the treatment of HCC due to the issue of low sensitivity for chemotherapeutic agents and the difficulties in administering a sufficient dose due to chronic liver dysfunction. Systemic treatment by mean of biologicals is the new frontier for advanced stage HCC. Sorafenib, an oral protein kinase inhibitor, is a systemic drug that has been licensed for the treatment of hepatocellular carcinoma (HCC). An international, phase III, placebo-controlled trial could show a minimal but demonstrated advantage in the median OS for the sorafenib group.

4.5.3 Minimally Invasive Locoregional Therapies

 Locoregional hepatic tumor therapies include intra-arterial, percutaneous, and external therapies:

 Intra-arterial Therapies

- 1. Hepatic arterial infusion (HAI)
- 2. Transarterial chemoembolization (TACE)
- 3. Transarterial embolization (TAE)
- 4. Y90 Radio embolization (Y90RE)
- 5. Percutaneous hepatic chemoperfusion (PHP)

Percutaneous Therapies

- 1. Percutaneous ethanol injection (PEI)
- 2. Local ablative techniques (radiofrequency ablation, RFA/microwave ablation, MWA/ laser-induced thermotherapy, LITT)
- 3. Combined therapies (usually intra-arterial and local ablative

External Therapies

- 1. External radiation therapy (EBRT)
- 2. High-intensity focused ultrasound

4.5.3.1 Intra-arterial Therapies

Clinical conditions:

- Patients with big uninodular or multinodular HCC
- Sufficient liver function
- No infiltration of other big vessels
- No distal metastases influencing the prognosis

Hepatic Arterial Infusion (HAI)

Chemotherapeutic Agents: 5-Fluorouracile, Cisplatin, Mitomycin C

 The concept of regional chemotherapy for hepatic metastases via HAI is based on several principles. First, hepatic tumors (both primary and metastatic ones) derive their blood supply from the hepatic artery, while normal hepatocytes are perfused mostly from the portal circulation [[32 \]](#page-54-0). Thus, infusion of chemotherapy via the hepatic artery could achieve toxic levels in tumor cells with relative sparing of normal hepatic parenchyma. Second, extraction of drug from the hepatic arterial circulation via the first-pass effect can result in high local concentrations and minimal systemic toxicity. The ideal agent should have a high dose–response curve, high extraction rate, and rapid total body clearance once infusion is discontinued. Intra-arterial chemotherapy is one of the possible treatment options for patients with advanced HCC not candidate for hepatic resection, percutaneous ablation, and transcatheter arterial chemoembolization. Patients with advanced HCC are increasingly treated in Japan with hepatic arterial infusion chemotherapy (HAIC). HAIC may provide moderate therapeutic efficacy and survival benefit with substantially tolerable toxicity profiles in patients with advanced HCC.

 A dedicated arterial infusion catheter is placed through the left subclavian artery with the tip located into the coiled GDA. A side hole is made at the level of proper hepatic artery in order to deliver the drug into the arterial bloodstream. Proximal end of infusion catheter is connected with a reservoir (port) which is surgically placed in a subcutaneous pocket, below the clavicle. In BCLC treatment strategy flowchart, selective intra-arterial chemotherapy is not recommended for the management of HCC (*evidence 2A* ; *recommendation 2B*).

Transarterial Chemoembolization (TACE)

Chemotherapeutic Agents: Doxorubicin, Cisplatin, Mitomycin C

Chemoembolization is the most widely used primary treatment for unresectable HCC [30, 33, 34] and the recommended first-line therapy for patients at intermediate stage of the dis-ease [20, 35, [36](#page-55-0)]. HCC has an intense neo-angiogenic activity during its progression. The rationale for TACE is that the intra-arterial infusion of a cytotoxic agent followed by embolization of the tumor-feeding blood vessels will result in a strong cytotoxic and ischemic effect.

 TACE should be distinguished from the Lipiodol TACE (cTACE), drug-eluting beads TACE (debTACE), and bland embolization (TAE, and micro-bland TAE).

• *cTACE* combines transcatheter delivery of chemotherapy emulsioned with Lipiodol followed by embolization of the feeding arteries. Chemoembolization achieves partial responses in 15–55 $%$ of patients and significantly delays tumor progression and mac-rovascular invasion. Survival benefits were obtained in two studies [37, [38](#page-55-0)]

Meta-analysis of some RCT showed a beneficial survival effect of TAE/cTACE in comparison to the control group [36]. Sensitivity analysis showed a significant benefit of cTACE with cisplatin or doxorubicin in four studies, but none with embolization (using old embolic materials) alone in three studies. Overall, the median survival for intermediate HCC cases is expected to be around 16 months, whereas after chemoembolization the median survival is about 20 months. As a result of these investigations, TACE has been established as the standard of care for patients who meet the criteria for the intermediate stage of the BCLC staging system.

 Treatment-related deaths are expected in less than 2 % of cases, and the best candidates are patients with preserved liver function and asymptomatic multinodular tumors without vascular invasion or extrahepatic spread. Patients should present relatively well-preserved liver function (mostly Child–Pugh A or B7 without ascites). Patients with liver decompensation or more advanced liver failure should be excluded since the ischemic insult can lead to severe adverse events [39]. There is no good evidence for which is the best chemotherapeutic agent and the optimal re-treatment strategy. Superselective chemoembolization is recommended to minimize the ischemic insult to non-tumoral tissue.

 cTACE, debTACE, and TAE are usually performed through the femoral artery percutaneous approach. A selective angiography of proper hepatic artery has to be performed in order to define the liver vasculature and detect the tumor-feeding vessels. With the help of selective catheters and microcatheters, a superselective embolization of tumor-feeding arteries may be achieved, sparing the unaffected areas of the liver parenchyma. Endpoint for a better result should be the vascular shutdown to the tumor. Despite selecting the patients and performing a superselective embolization, TACE is not without risks. Complication may range from postembolization syndrome (of variable intensity) to liver abscesses, hepatic insufficiency, and ischemic cholecystitis, or cases of death have even been also described.

• *DEBTACE* . The ideal TACE scheme should allow maximum and sustained intratumoral concentration of the chemotherapeutic agent with minimal systemic exposure, along with calibrated tumor vessel obstruction. DEBTACE is performed by injecting microspheres loaded with antiblastic drug, such as doxorubicin. Unlikely to the cTACE, where the injected drug is quickly release into the systemic circulation, drug-eluting beads provide a gradual release of the chemotherapy agent into the tumor, reducing the systemic side effect and maximizing the local efficacy against tumor cells. Embolic microspheres have the ability to sequester chemotherapeutic agents and release them in a controlled mode over a 1-week period. This strategy has been shown to increase the local concentration of the drug with negligible systemic toxicity [40]. However, a randomized phase II study comparing TACE and TACE-DEB reported a nonsignificant trend of better antitumoral effect $[41]$ in the latter arm.

Transarterial Embolization (TAE)

 In the majority of published studies on HCC treatment with TAE, the reported embolic agent is gelatine sponge, which may induce only temporarily ischemia and without distal tumor vessel embolization. Only recently, few new studies on new embolic agents, such as resin or gelatine microspheres, are available. Even if there is no evidence for a better survival benefit from DEB TACE than TACE and also TAE, if performed with small particles (40/100 μm), there is an increasing general consensus about the need to use the smallest available particles in treating HCC, in order to achieve a better, durable, and deeper embolic effect, independently by the use of drug or not $[42-45]$. Few papers on HCC treatment with TAE, using very small particles, reported an interesting safety profile with local results comparable with DEBTACE/TACE series [46]. However, based on data coming from old papers on TAE with gelatin sponge, *BCLC doesn't recommend the use of TAE for HCC* .

Y90 Radio Embolization (Y90RE)

Radioembolization is defined as the infusion of very small $(40 um)$ microspheres containing yttrium-90 (90Y) $[47-49]$ into the hepatic artery. Due to the hypervascularity of HCC, intra-arterial injection of microspheres will be preferentially delivered to the tumor-bearing area and selectively emit high-energy, with a low-penetrating radiation to the tumor. This treatment should be reserved only to centers with sophisticated equipments and trained interventional radiologists in cooperation with nuclear medicine specialists, in order to reduce the potential risk of possible serious side effects: severe lung shunting and intestinal radiation should be prevented prior to the procedure. This treatment can be safely used in patients with portal vein thrombosis, where it seems to obtain the best clinical results [48]. Recently, some studies reported a median survival time of 17.2 months for patients at intermediate stages and 12 months for patients at advanced stages and portal vein invasion [48–50]. Objective response rates ranged from 35 to 50 $\%$ [47–49]. Around 20 $\%$ of patients present liver-related toxicity and 3 % treatment-related death [[47 \]](#page-55-0). Despite the amount of data reported, there are no RCT testing the efficacy of 90Y radioembolization compared with chemoembolization or sorafenib in patients at intermediate or advanced stage, respectively. Further research trials are needed to establish a competitive efficacy role in this population (*BCLC = evidence 2A; recommendation 2B)*

Percutaneous Hepatic Chemoperfusion (PHP)

 Percutaneous hepatic perfusion (PHP) is a regionalized, minimally invasive approach to cancer treatment currently undergoing phase II and phase III clinical testing in melanoma, CRC, and NET metastatic patients. PHP may treat a variety of hepatic tumors, including HCC, by isolating the liver and exposing the organ to high-dose chemotherapy [51]. As demonstrated in clinical trials, patients treated by PHP can tolerate much higher doses of chemotherapeutic agents than those receiving traditional systemic chemotherapy without increased toxicities.

Using a system of catheters and filters, PHP isolates the liver from the circulatory system and infuses a chemotherapeutic agent directly to the liver via the hepatic artery. The venous effluent from the liver is then filtered outside of the body and the filtered blood is returned into the jugular vein. PHP is a repeatable procedure and can be performed in an operating room or a radiology suite under general anesthesia. There are very few experiences in the treatment of HCC patients; however, the complexity of this revolutionary technique represents the main limitation. Further studies and a longer experience are needed before to treat HCC patient with PHP outside protocol studies.

Author *N* Concept Intra-arterial therapy $RR(\%)$ Median survival (mo) Years survival $(\%)$ Gerunda et al. (2000) [52] 89 TACE + LR vs. LR vs. **TACE** 1×: 50 mg epirubicin + Gelfoam ND Overall survival: TACE + LR vs. TACE/ LR: $p < 0.05$ 1 y: 85 vs. 71 vs. 68 5 y: 43 vs. 38 vs. 0 Graziadei et al. (2003) [53] 48 TACE + LT 70 mg epirubicin CR: 30 + Lipiodol $(E$ PVA particles) every 6–8 weeks PR: 67 ND 1 y: 98 2 y: 98 5 y: 94 Yao et al. (2005) [54] 30 TACE \pm RFA $±$ PEI + LT ND Down staging: 70 ND 1 y: 89 2 y: 82 Bharat et al. 100 TACE (78 %), (2006) [55] RFA (11 %), PEI (2 %), TACE + RFA $(9\%) + LT$ vs. LT 50 mg cisDDP + 20 mg doxorubicin + 10 mg MMC + particles every 4–6 weeks path RR: signif. advantage for neoadj. therapy $5 \text{ y OS}(\%)$: 82 vs. 52 (no difference in pT0 and pT1) ND Obed et al. 74 (2007) [56] $TACE + LT$ vs. TACE vs. no therapy 50 mg epirubicin After + Lipiodol every 6 weeks TACE: 29 PD: 70 92 vs. 8 vs. 4 ND Zangos et al. (2007) $[57]$ 48 TACE + LITT $10 \text{ mg/m}^2 \text{ MMC}$ + Lipiodol + DSM 3× every 4 weeks RR: 67 SD: 25 PD: 8 36 ND Hoffmann et al. (2008) [58] 208 TACE \pm sorafenib + LT 4× carbo- DDP + Lipiodol Zhou et al. (2009) [59] 108 TACE vs. control $3 \times 1,000 \text{ mg}$ 5-FU + 20 mg MMC + 5 mg cisDDP + Lipiodol every 4–9 weeks Path. RR: ND ≤50 %: 40.4 vs. 94.6 50–100 $\%$: 59.6 vs. $5.4(p)$ < 0.01) DfS $(1 \text{ y},$ 3 y, 5 y): 49, 26, 13 vs. 39, 21, 9 OS (1 y, 3 y, 5 y): 73, 40, 31 vs. 70, 32, 21 $p > 0.05$

4.5.4 Study Results: Neoadjuvant Therapies (HAI/Chemoembolization)

LR liver resection, *LT* liver transplantation, *RFA* radiofrequency ablation, *LITT* laserinduced thermotherapy, *y* years

Recommendation (for borderline operable tumors):

Further clinical studies are required.

4.5.5 Study Results: Adjuvant Therapy (HAI/Chemoembolization)

PVC portal vein chemotherapy, *d* days, *mo* months

4.5.6 Study Results: Palliative Therapy

Llovet et al. (2002) [38]

Furuse et al. (2003) [68]

Dettmer et al. (2006) [70]

Takayasu et al. (2006) [34]

Kirchhoff et al. (2007) [71]

Ishida et al. (2008) [72]

Salem et al. (2010) [47]

Lammer et al. (2010) [41]

Nagano (2010) [74]

Kucuk et al. (2010) [75]

Kondo et al. (2011) [76]

Bonomo et al. (2010) [46]

Ibrahim et al. (2011) [77]

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CRC Liver Metastases

M. Peeters

5.1 Introduction

 The liver is the most common metastatic site in patients with colorectal carcinoma (CRC) $[1]$. Twenty-five per cent (25 %) of CRC patients have clinically detectable liver metastases at the initial diagnosis and approximately 50 % develop liver metastases during their dis-ease course, with median survival rates of less than 8 months, without any treatment [2, [3](#page-72-0)]. Currently, complete surgical resection plus perioperative chemotherapy, sometimes in combination with other local treatment modalities, such as radiofrequency ablation (RFA), remains the only potentially curative option for CRC patients with LM and, despite lack of evidence from randomized controlled trials (RCT), has become the standard of care [4, [5](#page-72-0)]. In fact a 5-year survival for resectable patients is reported to range from 40 to 60 $\%$ [6] while is less than 25 $%$ for patients who do not undergo surgery [7]. Unfortunately, only a minority of patients (10–20 %) with CLM are considered eligible for resection, while about 80 % of them have liver disease considered unresectable at presentation [8, 9]. Furthermore, the vast majority of patients undergoing resection will develop recurrent LM within 2 years of surgery. Recent years have seen several advances in the management of CLM, thanks to the development of new systemic chemotherapies, targeted biologic agents, as well as locoregional hepatic therapies (RHT), including ablative technologies and transarterial treatments, which can facilitate downsizing of CLM, converting initial unresectable metastases to resectable, reducing recurrences, and prolonging survival and quality of life of patients who remain unsuitable for resection. A multidisciplinary team approach, including surgeons, oncologists, molecular pathologists, and diagnostic and interventional radiologists with expertise in hepatobiliary disease, represents the best way to offer optimal individualized treatment to the patients.

5.1.1 Locoregional Hepatic Treatments

 Locoregional Hepatic treatments (RHT), have recently emerged as part of the management strategies of CLM, both in patients with resectable and in those with unresectable liver disease. RHT can be subdivided into two groups, including ablative therapies and arterial therapies, used as stand-alone therapy, or in combination with other treatments.

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5.1.2 Ablative Treatments

 Ablative options for CLM are subdivided into thermal and nonthermal modalities. Thermal modalities include cold ablation therapies, such as cryoablation therapy, and hot ablation therapy, such as radiofrequency ablation, which is the most commonly used focused destruction technology in the treatment of CLM. RFA induces tumor necrosis by achieving local hyperthermia with temperatures exceeding 58 $^{\circ}$ C [10]. The principal goal is to achieve tumor destruction and hepatic disease control, while maximally sparing the nontumorous liver parenchyma. Hence, it is characterized by low morbidity, low mortality, and technical feasibility $[11]$. However, the local recurrence rates for current RFA have been reported as $9-21\%$ (20, 21 locoregional), and it has been associated with tumor size and location of the lesion. Indeed it is usually ineffective in tumors >3 cm in size and in tumors located in proximity of large blood vessels [12, 13]. Even if analysis of results is difficult, because of the several selection bias due to nonrandomization, mostly of published studies $[14-24]$ and a recent meta-analysis $[24]$ have shown that RFA is less effective than surgical resection in the treatment of resectable CLM, with an overall 5-year survival rate of 27–50 % and a local recurrence rate of $11-37$ %. So it is actually recommended as a good alternative for those patients who refuse or are not eligible for surgery (e.g., comorbidities) and in the context of hepatic parenchymal-sparing approaches. Evidence-based evaluation of RFA in the treatment of unresectable CLM is also difficult, because of the lack of power of the available studies and the heterogeneity of the included patients. However, RFA seems to be effectively in combination with chemotherapy [25] and surgery $[26]$ in selected patients with unresectable CLM, leading an improvement in progression-free survival, while benefit on overall survival is not clear. The need for a randomized controlled trial seems essential in order to show the effectiveness of combined treatments in this subset of patients. MWA is a newer technology which induces tumor coagulative necrosis by utilizing high- frequency electromagnetic radiation [\[27 \]](#page-73-0). Mostly of data are available on the effectiveness of MWA in the treatment of CLM became from retrospective series, reflecting outcomes for a large variety of liver tumors. These data have shown that MWA is comparable to RFA both in terms of survival rates and local recurrence rates [12, 28]. A randomized trial is needed to compare these two ablative technologies in the treatment of CLM.

5.1.3 Hepatic Arterial Treatments

 Hepatic arterial treatments may be divided into embolic and non-embolic. The most commonly embolic procedure performed to treat CLM is the transarterial chemoembolization (TACE), while other treatments, such as transarterial chemotherapy infusion (TACI), transarterial embolotherapy (TAE), and radioembolization using yttrium-90, are less commonly used. TACE allows to infuse chemotherapeutic agents followed by embolic particles into the hepatic arteries supplying the liver tumors, sparing the surrounding normal hepatic parenchyma, which is supplied by the portal vein. Several trials have investigated the potential role of TACE in the management of CLM, reporting interesting, but insufficient, results [29–34]. Therefore, TACE has still limited clinical indications and is considered as salvage therapy for patients with liver metastases from chemo-refractory colorectal cancer. The development of new embolizing agents, such as polymer-based microparticles (DC) loaded with the cytotoxic agent irinotecan, led to a new type of TACE, called DEBIRI,

characterized by higher tumor selectivity and less drug systemic exposure, compared with classical TACE. Several trials have explored the activity of DEBIRI in patients with unresectable liver metastases from CRC, showing very promising results, both as single agent and in combination with chemotherapy, indicating that DEBIRI could be proposed as palliative therapy for this subset of CRC patients [35–40]. Furthermore, the combination of intra- arterial infusion of DEBIRI, with the FOLFOX plus bevacizumab regimen, led to a 78 % RR and 35 % of downsizing to resection, in patients with unresectable, liver-limited CRC $[41]$, and the randomized phase II trial (NCT00932438) is currently ongoing. Radioembolization is another embolic procedure, less commonly used for the treatment of chemo-refractory CRC patients, both as stand-alone and in combination with chemotherapy. It's a form of brachytherapy, which consists of the intrahepatic arterial selective injection of a high-energy beta-emitting radiation source, yttrium-90 (Y90), incorporated into glass or resin, embolic microspheres $[42]$. Resin-based microspheres (SIR-Spheres) in combination with adjuvant intra-arterial (HAI) floxuridine significantly increased tumor response and prolonged time to progression compared with HAI alone in a phase III trial on CRC patients with CLM $[43]$, leading to its approval from FDA. Another phase III "SIRFLOX" study (NCT00724503) is evaluating whether a first-line treatment strategy of standard-of-care chemotherapy plus SIR-Spheres microspheres is more effective in delaying cancer progression than chemotherapy alone in patients with unresectable CLM. Primary results from the study are expected to be available in late 2014. As regards the other glassbased microspheres (TheraSpheres), limited data are available in clinical setting. An ongoing randomized phase III "EPOC" trial (NCT01483027) is investigating the efficacy of this technology in patients with CLM who failed first-line chemotherapy. Hepatic arterial infusion chemotherapy (HAC) is the most common within the non-embolic arteries treatments, often used in combination with chemotherapy order to improve tumor responses and survival rates, in patients with unresectable CLM. The tumor response reported from several studies ranged from 35 to 90 % (57–58–62 locoregional), with resectability rates of 50 % when used as first-line therapy and 20 $\%$ after failure with systemic chemotherapy [40, [44](#page-74-0)]. A meta-analysis of 10 selected randomized trials confirmed a greater tumor response to HAI than standard chemotherapy, but not survival differences were found [45]. Furthermore, the high occurrence of complications, such as hepatobiliary toxicity, arterial thrombosis, extrahepatic perfusion, and hemorrhage, discouraged its use, which is currently limited to only a few centers with enough experience.

5.1.4 Conclusion

 The management of CLM is constantly evolving. Surgery remains the only curative option patients with CLM, but only a minority of them have resectable liver disease at presentation. The definition of "resectable" CLM has significantly evolved in the last years, and the development of new systemic chemotherapy regimens, novel biologic agents, and multiple HRT, which can facilitate downsizing of CLM, led to the a gradual increasing of the percentage of patients potentially eligible for curative liver resection. However, the most part of patients remain unsuitable for resection, and RHT offer an important option to control tumor burden, reducing recurrences and prolonging survival and quality of life in this subset of patients. In the near future, randomized clinical trials are needed to better understand the role of the various RHT options, the effective combinations with other systemic treatments, and the choice and sequence for their use in the treatment of the CLM patients.

5.2 Study Results

5.2.1 Adjuvant Regional Therapy

Kemeny et al. (1999) [46]

mo month, *d* days

Kemeny et al. (2011) [47]

5.2.2 Palliative Regional Therapies

Lorenz et al. (2000) [48]

Gray et al. (2001) [43]

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y years
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Pohlen et al. (2004) [50]

Pohlen et al. (2006) [51]

Morise et al. (2006) [52]

Fiorentini et al. (2007) [39]

Boige et al. (2008) [53]

Idelevich et al. (2009) [54]

Seki et al. (2009) [55]

Fujimoto et al. (2009) [56]

Vogl et al. (2009) [34]

Khouri et al. (2010) [57]

Cosimelli et al. (2010) $[58]$

Hendlisz et al. (2010) [59]

Lee et al. (2011) $[60]$

Martin et al. (2011) [37]

Samaras et al. (2011) [61]

Chua et al. (2011) [62]

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Liver Metastases of Neuroendocrine Tumors and CCC

 6

Thomas Ettrich and Thomas Seufferlein

6.1 Liver Metastases of Neuroendocrine Tumors

6.1.1 Introduction

 With an increasing annual incidence of about 5/100,000, neuroendocrine tumors (NET) are relatively rare tumors $[1]$. They originate from different types of hormone-producing neuroendocrine cells located not only in endocrine glands like the thyroid but in almost every tissue. Even when NET can arise in almost every part of the body, the lung (about 30 % of all NETs) and the gastroenteropancreatic system – so-called GEP (small intestine 17 %, colorectal 12 %, pancreatic 7 %) – are the most common locations [1]. Especially, the GEP-NETs are often diagnosed at an already advanced tumor stage (UICC IV) exhibiting liver metastases. There are two different groups of GEP-NETs – hormonally inactive (70 %) and hormonally active (30 %) tumors that produce different types of hormones including insulin (insulinoma), gastrin (gastrinoma), or serotonin. The patient's clinical symptoms depend on the type of hormone produced: e.g., insulin, hypoglycemia; gastrin, peptic ulcers; and serotonin, flush.

For the classification of NETs, there are different classification systems. The most commonly used ones are the TNM classification and the WHO 2010 classification system. While the TNM classification depends on the primary localization of the tumor (e.g., pancreas), the WHO classification depends only on the grading and the mitotic activity of the tumor (determined, e.g., using the ki67 proliferation index). The WHO classification discriminates three groups of NETs: two well-differentiated types, neuroendocrine tumor (NET G1) with low mitotic activity (ki67 < 2%) and NET G2 with moderate mitotic activity (ki67 3–20 %), and a poorly differentiated tumor type called neuroendocrine carcinoma (NEC) G3 with a high mitotic activity (ki $67 > 20 \%$).

6.1.1.1 Treatment Options

 Because of various treatment options, NETs should always be treated in a multidisciplinary setting. Although novel therapeutic strategies, e.g., the peptide radio receptor therapy (PRRT), have been introduced during the last years, complete oncological tumor resection

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is the only curative treatment for NETs independent of the tumor localization or WHO classification.

 Metastasized, poorly differentiated NEC G3 tumors, independent of their primary localization, should be treated with systemic chemotherapy. A common combination in this situation is cisplatin or carboplatin plus etoposide. The latter carboplatin/etoposide achieves a response rate (RR) of 41–67 % and a median overall survival (mOS) of 15–19 months $[2, 3]$. This combination is also recommended by the guidelines of the European Neuroendocrine Tumor Society (ENETS) [4]. Other combinations like capecitabine/oxaliplatin (RR 23 $\%$) are also an option $[5]$.

 In the palliative situation, there are several systemic and locoregional treatment options particularly for well-differentiated G1 and G2 NETs of the GEP system. Somatostatin analogues (SSA) like octreotide are widely used and recommended as first therapeutic agents especially in GEP-NETs. The main indication for the use of somatostatin analogues is treatment of hormonally active NETs that cause hormone-related clinical syndromes like flush. SSAs block the release of various active agents that cause clinical syndromes reducing symptom burden and improving quality of life. In addition, SSAs exhibit also an antiproliferative effect especially in midgut NETs, even if they are nonfunctioning. It could be demonstrated that SSAs prolong the time to progression (TTP) of these tumors compared to placebo $(14.3 \text{ months vs. } 6 \text{ months})$ [6].

 There are differences with respect to treatment due to the site of the primary tumor. It is known that, e.g., NETs of the small intestine and colon are not very sensitive to any systemic chemotherapy whereas pancreatic NETs do respond to systemic treatment. In pancreatic NETs, systemic chemotherapy with, e.g., streptozocin + 5-FU or doxorubicin reduces hormonal symptoms and results in an objective tumor response in 20–35 % of the patients [4]. An exceptionally high and durable response rate of metastatic NETs of the pancreas has been reported for the combination of capecitabine and temozolomide, but the level of evidence for this treatment is currently rather low [7]. Taken together, systemic chemotherapy is a validated and well-tolerated therapeutic option in pancreatic NETs. In the recent years, novel targeted drugs like everolimus, an mTOR inhibitor, and sunitinib, a multi-tyrosine kinase inhibitor, both often combined with SSAs improved TTP (sunitinib vs. placebo, 11.4 vs. 5.5 months; everolimus vs. placebo, 11.4 vs. 5.4 months, respectively) in well-differentiated pancreatic NETs in two randomized controlled phase 3 trials [8, 9].

 Finally, there is the peptide radio receptor therapy (PRRT) with radiolabeled somatostatin analogues as a systemic therapeutic option in somatostatin-receptor-positive NETs (measured by SSA scintigraphy or Ga68-DOTATOC-PET-CT scan). Indeed, treatment with radiolabeled somatostatin analogues is a promising new tool for the management of patients with inoperable or metastasized neuroendocrine tumors. The results are encouraging (e.g., RR 28 %, TTP 33 months) although a direct, prospective, randomized comparison between the PRRT and other treatment options is missing [10].

6.1.1.2 Capabilities for Regional Tumor Therapy

 There are various indications in the treatment of NETs for the use of regional tumor therapies like TAE/TACE, RFTA/LITT, and SIRT, especially in the case of liver metastases of functional NETs. Here, reducing tumor burden is paramount to diminish clinical side effects of the hormone-producing tumor like flush or diarrhea. In particular in midgut or rectum NETs with low sensitivity to systemic chemotherapy, locoregional treatment strategies in combination with SSAs are a valuable therapeutic option especially for patients with liver metastases and hormonally active tumors. As demonstrated by the list of trials outlined below, TTP and RR under these treatments vary. This is due to the rarity of these tumors and consequently low number of patients. There is no gold standard for locoregional tumor therapies, neither for the modality (TAE/TACE or SIRT) nor for the chemotherapeutic agents used for chemoembolization [11-18]. Even combinations of SIRT and PRRT have been investigated [19, 20]. In general, for oligonodular metastatic deposits in the liver, local resection or RFA and/or LITT is recommended. In multinodular disease with higher tumor load, TACE or TAE is the treatment of choice. In conclusion regional tumor therapy should always be an important part of the multidisciplinary treatment of NET patients, especially in the case of well-differentiated NETs of the gastroenteropancreatic system.

6.2 Study Results: Liver Metastases of Neuroendocrine Tumors

Kress et al. (2003) [15]

mo month

Fiorentini et al. (2004) [12]

Touzios et al. (2005) [17]

McStay et al. (2005) [20]

Gupta et al. (2005) [13]

Osborne et al. (2006) [16]

Ho et al. (2007) [14]

d days

Christante et al. (2008) [11]

Kennedy et al. (2008) [21]

Vogl et al. (2009) [18]

Kratochwil et al. (2010) [19]

6.3 Cholangiocarcinoma (CCC)

6.3.1 Introduction

 CCC is an adenocarcinoma that originates in the bile duct system. Cholangiocarcinoma is a rare type of cancer with an annual incidence of $1-2/100,000$ [22].

 CCC is considered to be an incurable malignancy unless the tumor is surgically resected. However, most patients, in particular those with intrahepatic CCC, have an advanced stage disease at the time of diagnosis and are not resectable in curative intention. Standard of care in the palliative setting is systemic chemotherapy with cisplatin and gemcitabine that improves overall survival compared to gemcitabine as demonstrated by a randomized controlled phase 3 trial $(OS 11.7 \text{ vs. } 8.1 \text{ months})$ [23]. To prevent serious tumor complications like malignant bile duct obstruction with resulting cholestasis and cholangitis, regional tumor therapies like the endoscopic photodynamic therapy (PDT) in the bile ducts is an option. PDT has been shown to prolong overall survival vs. best supportive care (OS 21 vs. 7 months) $[24, 25]$.

 Other regional tumor therapies like TAE, TACE, or RFTA are currently not standard of care for the treatment of CCC. However, as shown in the listing of trials below, especially TACE with drugs like gemcitabine and/or cisplatin exhibits promising results (OS: gemcitabine + cisplatin vs. gemcitabine alone, 14 vs. 6 months) compared to systemic chemotherapy alone $[26]$. Nevertheless at the moment, there is too few data for this regional therapy to become a standard of care. In individual cases like intolerable toxicity of systemic treatment or contraindications for systemic chemotherapy, regional therapeutic strategies such as TACE are a treatment option in patients with inoperable CCC.

6.3.2 Study Results: CCC

Kirchhoff et al. (2005) [27]

Cantore et al. (2005) [28]

Burger et al. (2005) [29]

Zoepf et al. (2005) [25]

Vogl et al. (2006) [30]

Mambrini et al. (2007) [31]

Herber et al. (2007) [32]

Kim et al. (2008) [33]

Aliberti et al. (2008) [34]

Gusani et al. (2008) [26]

Poggi et al. (2009) [35]

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Liver Metastases of Other Indications

 7

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7.1 Introduction

 Locoregional treatment of liver metastases has been developed especially for tumors that give liver-limited metastases. For all the tumors types and especially for the less usual that are presented in this chapter, the aim is to increase the amount of the drug delivered to the tumor and to decrease systemic toxicity. On the other hand, locoregional treatment in these specific settings may help to increase the activity of the drug especially for rather orphan tumors such as melanoma and pancreatic cancer for instance. Another aim is to fight against the appearance of resistance to systemic treatment (pancreatic carcinoma, breast cancer). In aggressive diseases such as pancreatic carcinoma and melanoma, it is obvious that the indications of locoregional treatment directed to the liver should not be proposed if there is any suspicion of extrahepatic disease. This requirement is not mandatory in tumors such as breast carcinoma in which the prognosis may be linked to liver involvement. In these tumors, liver locoregional treatment could be at least considered even if there is extrahepatic disease when the liver metastases are able to rapidly shorten the survival of the patients.

 Some of the inclusion criteria for arterial liver treatment are common to all these rare indications:

- Tumor mass $<$ 50 % liver volume
- Normal vessel system, which allows the placement of the catheter into the A. gastroduodenalis or A. hepatica propria
- Open portal vein
- No ascites

 Some of the inclusion criteria are true for melanoma and breast carcinoma but not for pancreatic adenocarcinoma because liver surgery is approximately never considered in this disease:

- Nonresectable tumors
- Relapsed metastases after liver resection
- Metastases in both lobs
- General contraindications for operation
- Refusal of operation by patient

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 These unusual indications clearly need a multidisciplinary discussion including oncologists, interventional radiologists, diagnostic radiologists, surgeons, and pathologists.

Treatment of metastases is always difficult especially when they are related to a very aggressive disease such as pancreatic carcinoma or uveal melanoma. On the other hand, 80–90 % of metastases due to these two cancers appear in the liver. These two arguments gave a strong rationale for the use of HAI or chemoembolization in adjuvant setting.

7.2 Liver Metastases of Pancreatic Adenocarcinoma

7.2.1 Adjuvant Treatment

Beger et al. (1999) [1]

d days, *mo* months

Cantore et al. (2006) [2]

Hayashibe et al. (2007) [3]

7.2.2 Metastatic Disease

Homma and Niitsu (2002) [4]

y years

Vogl et al. (2006) [5]

Cantore et al. (2003) [6]

Ikeda et al. (2007) [7]

Azizi et al. (2011) [8]

Recommendations

 Locoregional treatment of liver metastases of pancreatic adenocarcinoma remains a matter of research. It is conceptually interesting for the treatment of pancreatic carcinoma even if recent polychemotherapy has given interesting results (FOLFIRINOX, gemcitabine + nab- paclitaxel). In adjuvant setting the data are scarce, but considering the high level of liver recurrence after surgical excision of pancreatic cancer and even if systemic treatment has given some hope, it could be considered in future trials.

7.3 Liver Metastases of Melanoma

7.3.1 Hepatic Arterial Infusion

Becker et al. (2002) [9]

Peters et al. (2006) [10]

Siegel et al. (2007) [11]

Voelter et al. (2008) [12]

Farolfi et al. (2011) [13]

Heusner et al. (2011) [14]

7.3.2 TACE

Mavligit et al. (1988) [15]

Sato et al. (2008) [17]

Schuster et al. (2010) [18]

Firorentini et al. (2009) [19]

7.3.3 High-Dose Hepatic Arterial Infusion and Hemofiltration

Pingpank et al. (2005) $[20]$

Recommendations

 Uveal melanoma metastases occur most commonly in the liver. Even if recent treatment has been proven to be effective in metastatic melanoma (ipilimumab, vemurafenib), it remains very difficult to treat liver metastases of melanoma. This is particularly true for uveal melanoma which is able to specifically give limited liver metastases even very late after the treatment of the primary tumor. Surgery is the first choice in the treatment of these lesions but is frequently limited to one or two attempts of resection and then failed to control the disease due to its extension or the paucity of the remnant liver. In that setting, intra-arterial hepatic chemotherapy with fotemustine has given interesting results and should be considered in selected cases. Other options are TACE or PHP with high-dose melphalan but there are less data to support this kind of treatment.

7.4 Liver Metastases of Breast Cancer

7.4.1 HAI

Cocconi et al. (2005) [21]

7.4.2 TACE

Giroux et al. (2004) [22]

Li et al. (2005) [23]

Vogl et al. (2011) [24]

7.4.3 Comparison of TACE vs. HAI

Duan et al. (2011) [25]

Recommendation

 Breast carcinoma is rarely a disease with liver-limited metastases. However, liver metastases of breast carcinoma have a very poor prognosis. Considering this problem, it has been tried to use locoregional treatment in these cases. TACE seems to be active and could be proposed to every selected patients; experience of HAI is very scarce and no conclusion can be given.

7.5 Liver Metastases of Kidney Cancer

Nabil et al. (2008) [26]

Abdelmaksoud et al. (2012) [27]

Recommendations

 The number of patients with liver-limited disease of kidney cancer and treated with intraarterial hepatic chemotherapy is very limited, and there is no possibility to propose any recommendation, even if some data are encouraging.
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Part III

 Intra-arterial Therapies: Lung, Head and Neck

Chemoembolization of Lung Tumors

 8

Thomas J. Vogl

8.1 Introduction

The incidence of lung cancer has increased enormously in the last century $[1]$, and lung cancer is now one of the most common malignant diseases worldwide. In the United States, bronchogenic carcinoma is the second most common cancer for both men and women. In 2002, 169,400 new cases of bronchogenic carcinoma were diagnosed in the United States, and 154,900 people died of this disease, making bronchogenic carcinoma the leading cause of cancer-related death [2]. Pulmonary metastases from primary tumors at other sites are also a major problem: between 20 and 30 % of patients suffering from cancer develop pulmonary metastases [3]. The prognosis for patients with bronchogenic carcinomas or pulmonary metastases is poor. In patients with stage I and II bronchogenic carcinoma, resection offers the best chance for long-term survival $[4–7]$, but only 25–30 % of such tumors are resectable $[2, 4, 5]$ $[2, 4, 5]$ $[2, 4, 5]$. The mean survival duration after diagnosis is 12 months for patients with bronchogenic carcinomas and less than 1 year for patients with unresectable pulmonary metastases. Five-year survival rates are 10 % for patients with bronchogenic carcinoma overall $[4]$, 23–50 % for patients with bronchogenic carcinoma who undergo resection $[6-9]$, and 1% for patients with unresectable bronchogenic carcinomas. In patients who undergo resection of pulmonary metastases, the 5-year survival rate is 20–46 % [10–17].

Countless therapy regimens, including radiotherapy and chemotherapy [1], have been tested as alternatives to tumor excision or as neoadjuvant therapy in patients with bronchogenic carcinoma or pulmonary metastases. Although such regimens have shown promising results $[18]$, the overall response rates remain poor.¹ For combined chemotherapy, the overall response rates are $20-50\%$ [19, 20]; for single-agent therapy with doxorubicin, the overall response rate is $20-30$ %. The main limitation of these

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approaches has been the chemotherapy-associated toxicity when delivered via the intravenous route $[21]$.

 In the 1950s, isolated lung perfusion was developed as an experimental technique to improve the outcome in patients with pulmonary metastases from different tumors. The goal of isolated lung perfusion is to accomplish a closed circulation system by cannulation of pulmonary arteries and veins to allow injection into the lung of high-dose chemotherapy with minimal systemic toxicity $[22, 23]$. This idea was reintroduced in the 1980s and tested as a potential alternative to systemic chemotherapy $[24, 25]$. With isolated lung perfusion, it is possible to obtain drug concentrations near the tumor site twice as high as those achieved with systemic chemotherapy with only 25 % of the systemic dose [26]. Several recent animal studies have reconfirmed that tumor drug concentrations and therapeutic efficacy are significantly higher $[27, 28]$ with isolated lung perfusion than with systemic chemotherapy. Despite these interesting results, isolated lung perfusion is not yet established clinically. The reasons for this may include the relative complexity and paucity of knowledge regarding the technical aspects of the procedure [29] combined with the limited number of robust human trials to date. The main limitation of isolated lung perfusion is that cannulation of pulmonary vessels is required, which necessitates either thoracotomy or other minimally invasive operative techniques [30] that cannot be repeated indefinitely. Furthermore, extracorporeal circulation is an integral part of these approaches $[31-33]$.

 An alternative to isolated lung perfusion is transpulmonary chemoembolization. Transpulmonary chemoembolization is performed percutaneously, obviating the need for more invasive procedures. In a CC 531 rat model, transpulmonary chemoembolization and isolated lung perfusion were both found to be equally superior to systemic chemotherapy in terms of response, and chemoembolization and isolated lung perfusion have shown similar results $[34]$. However, one of the most important benefits of transpulmonary chemoembolization over isolated lung perfusion is that transpulmonary chemoembolization can be repeated indefinitely, whereas isolated lung perfusion is most often a one-time therapy $[35]$. Transpulmonary chemoembolization is a form of transarterial chemoembolization, which is an established treatment option for primary and secondary liver tumors $[36]$. Transpulmonary chemoembolization is applicable to the treatment of several unresectable lung lesions because of their supply via the pulmonary artery [37]. The purpose of transarterial chemoembolization is to block the vessels supplying a tumor by injecting chemotherapy simultaneously with embolic material. With this approach, the deposit time of the injected cytostatic drugs in the lesion is extended $\left[38\right]$ and an outflow into the periphery is avoided, thus reducing the incidence and the severity of the systemic side effects.

8.2 Study Results

8.2.1 Experimental Data

Schneider et al. (2002) [39]

Schneider et al. (2002) [34]

ILP isolated lung perfusion

Pohlen et al. (2007) [40]

Pohlen et al. (2007) [41]

van Putte et al. (2008) [42]

8.2.2 Clinical Data

8.2.2.1 Practicability

Please note:

Inclusion criteria : relapsed liver metastases after partial liver resection, metastases in both liver sides, unresectable foci, general contraindications for operation, patients' decision, ≤5 lesions with ≤5 cm size per metastasis

Safety parameter for patients for sequential LITT

8.2.2.2 Study Results

Isolated Lung Perfusion (ILP)

Schröder et al. (2002) [43]

Hendriks et al. (2006) [9]

TACE

Vogl et al. (2005) [44]

Concept Transpulmonary chemoembolization for the treatment of unresectable lung tumors *N* 26 lung metastases TACE Into the right or left pulmonary artery: lipiodol + 5 mg/m² mitomycin C + 200–450 mg DSM

Lindemayr et al. (2007) $[45]$

Recommendation

Inclusion criteria:

- Size of tumor: ≤ 8 cm
- Amount of lesions: ≤ 5
- Unresectable/after systemic chemotherapy

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Head and Neck

Adorján F. Kovács

9

9.1 Introduction

 The overwhelming majority of head and neck malignancies are squamous cell carcinomas of the oral cavity, pharynx, and larynx. Three modalities of therapy have established roles in the treatment of carcinoma of the head and neck: chemotherapy, radiation therapy, and surgery. The choice of modality depends upon factors such as the site and extent of the primary lesion, the likelihood of complete surgical resection, the presence of lymph node metastases, and others. Traditionally, smaller lesions (T1–T2) are quite effectively treated by either surgical excision or irradiation, whereas more advanced cancers (stage III–IV) are treated with combined modalities. In recent years, chemoradiation has become an accepted alternative to surgery and postoperative radiation therapy.

Among the many chemotherapy agents developed, cisplatin has proven efficacy on head and neck carcinomas. However, in chemotherapy trials for head and neck tumors, the highest rates for locoregional control and survival have been achieved when chemotherapy has been administered concomitantly with radiation therapy. To date, single-agent intravenous (IV) cisplatin chemoradiation still was not proven inferior to IV polychemotherapy and irradiation which offers the possibility to use cisplatin more effectively.

 By increasing drug dosage, drug resistance can be overcome. However, a practical limitation to this strategy is toxicity to normal cells (mainly renal and gastrointestinal). Clinically, it is possible to deliver higher concentrations of cisplatin through pharmacologic and technical manipulations. One strategy is through intra-arterial (IA) delivery.

 In the case of cisplatin, increase of plasma clearance can be accomplished by using the neutralizing agent thiosulfate. Thiosulfate reacts covalently with cisplatin to produce a complex that is still soluble but totally devoid of either toxicity or antitumor activity. The extent of reaction is a function of the concentration of both agents, and molar thiosulfate/ cisplatin ratios in excess of ten are required. Thiosulfate is extensively concentrated in the urine leading to excellent protection against cisplatin-induced nephrotoxicity.

 The head and neck region is particularly well suited for regional chemotherapy. Most patients who present with advanced carcinomas of the upper aerodigestive tract do not have demonstrable distant metastases. Furthermore, approximately one half of the patients have large, bulky lesions confined to one anatomic site, such as the tongue, pharyngeal wall, nasal cavity, and paranasal sinuses or larynx. Although many of these patients may have

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metastases to the regional cervical lymph nodes, it is usually uncontrolled tumor within the primary site that presents an immediate threat to life. The blood supply to these tumors is primarily derived from branches of the external carotid artery. Significant technical advances in angiography now permit repeated safe superselective micro-catheterization of the dominant nutrient artery using a coaxial approach, which serves to decrease blood flow and further increase therapeutic advantage.

 The feasibility of selective IA cisplatin infusion for head and neck tumors has been established, and a number of studies have been reported. With respect to survival, randomized studies have to be considered because according to contemporary conviction only they can produce level 1 evidence. There is one such trial proving a survival benefi t of *regional induction chemotherapy* . The EORTC conducted it to evaluate the role of preoperative IA chemotherapy on survival of patients with tumors of the oral cavity and oropharynx. Two hundred twenty-two eligible subjects were randomized either between surgery and preoperative IA chemotherapy. This latter group received vincristine and bleomycin from the catheter placed retrograde into the external carotid artery from the superficial temporal artery. The overall survival showed a statistically significant difference $(P = .048)$ for floor of the mouth but not for posterior oral cavity and oropharynx groups. In the floor of the mouth group, median survival in the chemotherapy arm was estimated at 7 years compared with 3 years in the surgery arm. In the posterior oral cavity and oropharynx group, median survival was estimated at 3 years in both treatment arms [1].

 The largest trial sequence using regional chemotherapy as *induction* for patients with oral and oropharyngeal cancers of all stages was conducted by Kovács and coworkers. They successfully integrated regional chemotherapy in a multimodality treatment and could demonstrate a survival benefit for patients with resectable tumors compared to a prognostic index $[2]$. They also proved that chemoembolization can safely be carried out in certain areas of the head and neck (floor of mouth, anterior oral tongue, mandibular alveolar ridge) either using degradable starch microspheres (Spherex®) or a suspension of cisplatin $[3, 4]$. Other agents also could be used for IA chemotherapy $[5, 6]$ $[5, 6]$ $[5, 6]$.

 The most comprehensive trial sequence of *intra-arterial chemoradiation* was conducted by Robbins and coworkers $[7, 8]$. They succeeded in accruing enough patients for valid statistical evaluation and maintained a consistent reproducible method (RADPLAT = radiotherapy and concomitant intra-arterial cisplatin). Results were impressive with regard to all possible end points, even in multicenter studies. Having started as treatment for unresectable patients, IA chemoradiation was developed as a regimen for organ preservation. Other study groups confirmed these favorable results, e.g. $[9, 10]$ $[9, 10]$ $[9, 10]$. Based on these promising results, a randomized trial was conducted in the Netherlands comparing RADPLAT with IV chemoradiation therapy $[11]$. Two hundred and thirty-nine subjects from five hospitals, with (functional) inoperable head and neck cancer, were randomly assigned to receive radiotherapy (70 Gy/35f for 7 weeks) combined with either four courses of IA cisplatin infusion on days 2, 9, 16, and 23 or IV cisplatin on days 1, 22, and 43. This trial could not prove a significant advantage of intra-arterial chemoradiation with respect to survival. Because a high proportion of subjects in the trial received the less effective technique of bilateral infusion, many questions remain about the value of this result. Moreover, significantly fewer problems with nausea and vomiting occurred in patients treated with IA chemoradiation, which should justify the higher interventional time and effort of IA chemotherapy as compared to the simple IV procedure.

 Japan belongs to the countries with the highest experience with intra-arterial chemotherapy. It was Yokoyama who first reported superselective high-dose cisplatin infusion with simultaneous IV infusion of thiosulfate to neutralize cisplatin toxicity in 1998 in Japan. He reported that large tumors were gone with this therapy, and high-dose weekly cisplatin infusion did not cause serious side effects, which surprised Japanese head and neck surgeons and radiation oncologists. Since then, IA chemotherapy has gained recognition and popularity again in Japan because the long history with the therapy has made it easy to accept. There are also variations of the prototypic Robbins method with reduced doses of cisplatin and new combinations and agents, e.g. [12].

 Too often, the fundamental pharmacologic principles of IA therapy have been ignored, and response rates and survival have not been convincingly superior to those obtained with IV cisplatin. Enthusiasm for IA chemotherapy in head and neck cancer has also been thrown back by technical problems related to the placement of infusion catheters. Most studies involved percutaneous catheterization of the external carotid with or without implantable infusion pumps and indwelling catheters, and this was problematic because of infection and thrombosis. Significant technical advances in vascular radiology techniques now permit safe repetitive superselective catheterization of the smaller nutrient arteries of the tumor.

9.2 Study Results

Robbins et al. (2000) [7]

Samant et al. (2001) [9]

Kovács et al. (2002) [3]

Balm et al. (2004) [10]

Kovács et al. (2005) [4]

Homma et al. (2005) [12]

Robbins et al. (2005) [8]

Damascelli et al. (2007) [6]

Rasch et al. (2010) [11]

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Part IV

Thermoablation

Radiofrequency Ablation for Treating Malignant Tumors to the Liver 10

Andreas H. Mahnken and Thierry de Baère

10.1 Introduction

 Radiofrequency (RF) ablation like most thermal ablation techniques was initially established for treating inoperable HCC. In the face of its technical success and ease of use, the indications for RF ablation were rapidly extended, and it is now established for treating a wide range of primary and secondary liver malignancies and its use has been described in virtually all major organs.

10.1.1 HCC

 RF ablation is an established competitor for surgery in the treatment of small hepatocellular carcinomas (HCC), and it is accepted for bridging the time to liver transplantation. Guidelines recommend the use of RF ablation for treating up to 3 HCC foci measuring up to 3 cm in case of contraindication to surgery $[1]$. RF ablation has been proven to be superior to percutaneous ethanol injection therapy $[2]$. The most important predictor of long-term survival is an initially complete ablation with an adequate safety margin [3]. There is some conflicting data from randomized controlled trials comparing RF ablation to surgery in small HCC $[4-6]$. The overall survival rates after RF ablation are quite similar to those of surgery $[4, 5]$, but the disease-free survival is longer after resection. With overall survival being the most relevant parameter in HCC, RF ablation appears to be more or less equal to surgery in HCC tumors within the Milan criteria.

As stated above, the comparative data on RF ablation vs. resection is conflicting. A current meta-analysis comparing RF ablation and resection for HCC within the Milan criteria including 877 patients concluded that resection appears to be superior to RF ablation [7]. However, the study was based on only six studies, while other studies which should have qualified for this analysis were not included. In contrast, a recent systematic review on the same topic identified eight studies, including two prospective trials, fulfilling

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the same inclusion criteria $[8]$. In this systematic review, there were no differences in 1-, 3-, and 5-year overall survival in patients inside the Milan criteria $[9-16]$, while some studies with patients outside the Milan criteria showed surgery to be superior to RF ablation alone [17, [18](#page-152-0)]. Thus, RF ablation is likely to provide similar results to surgery in patients inside the Milan criteria if performed in expert hands (Table 10.1).

 In HCC the combination of RF ablation and transarterial chemoembolization (TACE) is particularly useful. There are three randomized controlled trials indicating the combination of RF ablation and TACE to be superior to RF ablation alone, although only one of these trials found a significant advantage in overall survival for the combination of RF ablation plus TACE. These findings are supported by two retrospective studies comparing RF ablation plus TACE with RF ablation alone. The same is true for recurrent HCC. In a prospective randomized trial, the sequential combination of RF ablation plus TACE was shown to result in a significantly longer overall survival, when compared to RF ablation alone in recurrent HCC $[19, 20]$. So far there is only limited data on the combination of TACE plus RF ablation in comparison to resection. These retrospective studies, however, indicated that the survival after a combination of embolization and RF ablation is not different from surgery, even in patients outside the Milan criteria $[21-23]$ (Table 10.2).

10.1.2 Metastatic Liver Disease

 Resection offers the best long-term survival in colorectal liver metastases with 5-year overall survival rates of about 50 $\%$ [24]. In contrast even the most recent chemotherapeutic regimen only provides a median survival of up to 22 months $[25]$. With only 25 % of liver metastases being resectable, thermal ablation was evaluated for treating secondary liver disease. While there is only very limited data of mostly poor quality on microwave ablation, cryoablation, and laser-induced thermal therapy, there is a huge body of data on RF ablation for treating liver metastases. Two prospective studies on RF ablation in colorectal liver metastases resulted in a median survival of 24 (percutaneous approach) and 39 months (open and percutaneous approach), respectively [26, [27](#page-152-0)]. However, there were marked differences in patient selection limiting comparability of results. In general, RF ablation results in higher local recurrence rates when compared with surgery, while survival data varies (Table 10.3). A recent meta-analysis indicated a better survival for patients undergoing resection when compared to RF ablation, but the data needs to be interpreted carefully as the raw data was only of limited quality $[28]$. For RF ablation, major complication rates around 7 % and local recurrence rates of 14–33 % have been reported. So far, there is almost no data on the combination of embolization and local ablation in colorectal liver metastases. A recent case series indicate this approach to be safe and worthwhile considering a 3-year survival rate of 50 $%$ in patients deemed unresectable [29].

 There is a variety of case series on thermal ablation in liver metastases from a broad variety of different tumor entities. These studies, however, are of limited value as the natural course of the different tumor entities varies significantly. Nevertheless, the available data indicates the potential benefit achievable by interventional treatment in patients who are otherwise considered unfit for surgery (Table 10.4).

 Liver metastases from neuroendocrine tumors (NET) are a separate topic. In these patients cytoreductive liver surgery is well established in symptomatic patients in order to improve the quality of life $[30]$. This goal can also be achieved by local ablation as a less invasive approach. Consequently, encouraging results have been reported from local ablation with a median survival after ablation ranging from 29 to 72 months and relief from symptoms in more than 90 $%$ of patients (Table 10.4).

(continued)

Table 10.1 (continued)

Table 10.1 (continued)

^aProspective study a Prospective study

y year, n.a. not available, n.s. not significant *y* year, *n.a.* not available, *n.s.* not significant

Contract and the

(continued)

n.a. not available, *n.s.* not significant

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n.a. not available, n.r. not reached, NET neuroendocrine tumor, CUP cancer of unknown primacy *n.a* . not available, *n.r* . not reached, *NET* neuroendocrine tumor, *CUP* cancer of unknown primacy

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Radiofrequency Ablation for Treating Malignant Tumors to the Lungs 11

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11.1 Introduction

 Starting in 2000, a reasonable body of data on the use of RF ablation in lung tumors has evolved. Unfortunately, the quality of the data is limited with only very few prospective studies and often inhomogeneous patient populations. There is only very limited data on other thermal ablation techniques for treating lung lesions. Thus, interpretation of available data on pulmonary ablation is difficult. The following sections are designed to provide an overview on the available clinical data, based on a selective literature review. Experimental data and studies including mixed populations with primary lung cancer and metastatic disease were excluded. As the only prospective trials cover a mixture of primary and secondary lung malignancies, they were excluded from the summary tables $[1, 2]$.

11.1.1 Bronchial Carcinoma

 Small-cell lung cancer (SLC) is usually treated with systemic chemotherapy with only few patients being eligible for local treatment as salvage therapy. In contrast early non-smallcell lung cancer (NSCLC) is known to respond well to local therapy, and surgery is often performed in curative intent. In selected patients thermal ablation such as RF ablation is an alternative to surgical resection. This includes patients with a single lung after pneumonectomy, patients with very limited lung capacity, or patients otherwise unfit for surgery. It may be indicated as a salvage therapy with promising results being reported for this indication. Outcomes are favorable in early stages of disease (stage Ia/Ib) and deteriorate rapidly in stage III and IV (Table 11.1). Ideally tumor size is below $3-3.5$ cm. Additional systemic therapy appears to favorably add to the prognosis. The most common complication is

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pneumothorax, which may occur in up to 63% of patients [3], with most of these patients requiring further treatment for pneumothorax. Major complications are reported in about 2–10 % of patients with pleuritis, pneumonia and abscess being the most common complications. A case series with 1,000 RF ablations reported a major complication rate of 9.8 % with previous chemotherapy or radiation therapy being significant risk factors for pleuritis or pneumonia [\[4](#page-161-0)]. So far, it is hard to estimate the clinical value of RF ablation in NSCLC as comparative data are scarce (Table 11.2).

11.1.2 Metastatic Lung Disease

 The acceptance of resecting lung metastases dates back to 1997, when an international registry reported actuarial 5-, 10-, and 15-year survival rates of 36, 26, and 22 %, respectively [\[5](#page-161-0)]. Despite several reports indicating difference in survival depending on the primary tumor's histology [6], evidence for surgical metastasectomy remains weak and is discussed controversial [7]. Overall survival after RF ablation of lung metastases appears to be very similar to surgery, where 5-year survival rates of 50.3 $\%$ in lung metastases from colorectal carcinoma, 21.7 % for sarcoma, 25 % in malignant melanoma, and 41.4 % in renal cell carcinoma were reported (Table 11.3) [6]. However, there might be a selection bias as RF ablation is typically limited to no more than 6 lesions (3 per lung) with a diameter of 3–3.5 cm. An obvious advantage of RF ablation over surgery is its potential to easily perform repeated ablations during the course of the disease.

n.a. not available, n.r. not reached *n.a.* not available, *n.r.* not reached

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