

# Problem-Solution Process by Means of a Hierarchical Metacognitive Model

Michiko Kayashima<sup>1</sup>, Alejandro Peña-Ayala<sup>2,3,4</sup>, and Riichiro Mizoguchi<sup>4</sup>

<sup>1</sup> College of Humanities, Tamagawa University, Japan

<sup>2</sup> WOLNM, <sup>3</sup> ESIME-Z & <sup>3</sup> CIC <sup>3</sup> National Polytechnic Institute

<sup>4</sup> Institute of Scientific and Industrial Research, Osaka University

kayashima@lit.tamagawa.ac.jp, apenaa@ipn.mx,  
miz@ei.sanken.osaka-u.ac.jp

**Abstract.** We propose a Metacognitive Model devoted to problem-solving. It stimulates abstraction, modification, and instantiation metacognitive activities. Our model holds a hierarchical structure, a learning paradigm, and a workflow to skills acquisition. Such a model is a reference for problem-solving processes.

**Keywords:** Metacognitive model, abstraction, instantiation, class modification.

## 1 Introduction

Our metacognitive model enhances learner's cognitive skills. It aims individuals to become better learners and problem solvers. This paper is organized as follows: In section 2 we overview the underlying items of our model; whereas, a description of our Metacognitive Model is set in section 3. We summarize the contributions of our model and the future work to be achieved in the conclusions section.

## 2 Metacognitive Model's Baseline

Our model accounts: Flavell's Metacognitive Monitoring Model [1], the Meta-level/object-level Model set by Nelson and Narens [2], the workflow for skill acquisition designed by Anderson [3], and the Metacognitive Activity Model [4].

### 2.1 Metacognitive Phenomena

The Metacognitive Monitoring Model holds four classes of phenomena: *knowledge*, *experience*, *goals-tasks*, and *strategies* [1]. The knowledge holds a set of beliefs about person, task, and strategic factors that bias cognitive activities. The experiences represent subjective internal responses about preconditions for achieving a task and expectations of progress or completion of a task. Goals-tasks depict what the task is and the desired outcome to be fulfilled. Strategies are ordered processes devoted to control one's own cognition and to ensure the achievement of a goal.

## 2.2 Two Abstraction Levels Architecture

The Meta-level/object-level Model organizes cognitive processes into a meta-level and an object-level [2]. The former pursues to control internal cognitive processes and the later controls the mental activity achieved by individual in the external world. A monitoring flow is performed when the meta-level is informed by the object-level about the cognitive activity. A control flow is triggered when information goes from the meta-level to the object-level for changing the behavior at the object-level.

## 2.3 Skills Acquisition Workflow

The workflow for skill acquisition tailored by Anderson embraces three stages: *cognitive*, *associative*, and *autonomous* [3]. The Cognitive stage enables learner to get knowledge by objectivism practice. The outcome is *declarative knowledge* of the skill. The associative stage privileges the constructivism practice by problem-solving exercises. As a result, it adds *procedural knowledge*. The autonomous stage aims the learner to develop more domain problems, whose cases are diverse and represent increasing degree of complexity. This stage produces *refined knowledge* of the skill.

# 3 A Profile of the Metacognitive Model

Our Metacognitive Model is organized as a multi-tiers architecture [4]. The structure allocates cognitive activities according to their target of control and interaction. At the top, a metacognitive learning paradigm is set to represent the manipulation of classes. At the middle tier, a cognitive model for problem-solving is outlined. It encompasses a sequence of cognitive activities to represent the process of problem-solving. At the bottom level, a double-loop cognitive model is tailored. It accounts the skills acquisition workflow to acquire, evolve, and refine knowledge.

## 3.1 Metacognitive Learning Paradigm

The paradigm encompasses three cognitive operations to manipulate classes: 1) *abstraction operation*: monitors a problem-solving process at the “object-level” and yields a class to generalize its attributes at the “meta-level”; 2) *modification operation*: revises and updates class attributes at the appropriate grey-level. It holds three class operators: *addition*, *modification*, and *deletion*; 3) *instantiation operation*: occurs when a suitable class, an abstraction at “meta-level” of a problem-solving process, is successfully chosen to “control” cognitive activities at the “object-level”.

## 3.2 Cognitive Model for Problem-Solving

Our model achieves eight activities: 1) *observation*: creates cognitive products in working memory (WM); 2) *abstraction*: sets a class at meta-level; 3) *rehearsal*: maintains contents in WM; 4) *evaluation*: qualifies class attributes; 5) *modification*: tunes the class attributes; 6) *virtual execution*: applies operators to cognitive objects to test the class; 7) *selection*: chooses the class for being instantiated, 8) *instantiation*: deploys a representation of the class at the object-level to guide the problem-solving process [4].

### 3.3 Double-Loop Cognitive Model

The model follows three stages to acquire knowledge skill. In each stage, cognitive activity is performed as a double-cycle. A cycle contains three items: *input*, *process*, and *output*. At instance-level, input reveals the cognition of external objects, whilst at the meta-level it corresponds to monitoring. Process is the cognitive model for problem-solving at meta-level; whilst at object-level it reveals the cognitive activities to problem-solving. Output depicts the control flow from the meta-level to the object-level and the actions to be fulfilled at the instance-level.

## 4 Conclusions

Our model extends the Flavell's Metacognitive Monitoring Model by adding a structure of three tiers. The model also enhances the Meta-level/object-level Model by means of class operators and class activities. As a future work, we plan to develop a computer-based prototype to implement our Metacognitive Model.

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