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Malignant Mesothelioma

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Malignant Mesothelioma

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Preface

Malignant mesothelioma is a rare and aggressive tumor arising from the mesothelium. Pleural, peritoneal, and pericardial mesothelioma are possible entities according to the site of origin.

Diffuse malignant mesothelioma is strongly associated with exposure to asbestos and was first referred by Selikoff in 1965 as a “signal tumor” because of its close association with occupational and environmental exposure to asbestos.

There is a clear positive correlation between historical asbestos exposure and deaths caused by mesothelioma. Approximately, 2500 patients in the United States of America and 1000 patients in Germany annually are diagnosed with malignant mesothelioma. The incidence peak of mesothelioma will be reached in the next 10–20 years due to the extended latency period of about 30–40 years or more after exposure.

This issue of “Recent Results in Cancer Research” – Malignant Mesothelioma – is a comprehensive compilation of all topics related to asbestos and mesothelioma, written by well-known experts in their fields.

We intend to provide a broad overview of mineralogy of asbestos, analysis for lung tissue fiber content, and epidemiology of this disease.

The book also refers to all new diagnostic pathways like imaging, pathohistological as well as molecular approaches, genetic and molecular biological characteristics, and potential use of biomarkers for screening of mesothelioma.

Recent developments and novel approaches in surgery, chemotherapy, and radiotherapy of malignant mesothelioma are outlined by experts in this field.

The chapter about mineralogy of asbestos emphasizes the pivotal role of different physicochemical and biological features of chrysotile and amphibole asbestos for understanding the different hazards of exposure.

An outstanding team of international leading experts have contributed to this book. It is addressed to oncologists, radiologists, thoracic surgeons, pathologists, and pulmonologists with the intention to provide a scientific-based up-to-date view on mesothelioma research, diagnosis, and therapy strategies. A comprehensive understanding of all aspects of this disease will be the foundation to perform successful future laboratory research and clinical studies.

Andrea Tannapfel
Volker Neumann

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Thomas A. Sporn

Abstract The term asbestos collectively refers to a group of naturally occurring fibrous minerals which have been exploited in numerous commercial and industrial settings and applications dating to antiquity. Its myriad uses as a “miracle mineral” owe to its remarkable properties of extreme resistance to thermal and chemical breakdown, tensile strength, and fibrous habit which allows it to be spun and woven into textiles. Abundant in nature, it has been mined considerably, and in all continents save Antarctica. The nomenclature concerning asbestos and its related species is complex, owing to the interest held therein by scientific disciplines such as geology, mineralogy and medicine, as well as legal and regulatory authorities. As fibrous silicates, asbestos minerals are broadly classified into the *serpentine* (chrysotile) and *amphibole* (crocidolite, amosite, tremolite, anthophyllite, actinolite) groups, both of which may also contain allied but nonfibrous forms of similar or even identical chemical composition, nonpathogenic to humans. Recently, fibrous amphiboles, not historically

classified or regulated as asbestos (winchite, richterite), have been implicated in the causation of serious disease due to their profusion as natural contaminants of vermiculite, a commercially useful and nonfibrous silicate mineral. Although generally grouped, classified, and regulated collectively as asbestos, the serpentine and amphibole groups have different geologic occurrences and, more importantly, significant differences in crystalline structures and chemical compositions. These in turn impart differences in fiber structure and dimension, as well as biopersistence, leading to marked differences in relative potency for causing disease in humans for the group of minerals known as asbestos.

1.1 Introduction and Historical Background

Minerals are naturally occurring, inorganic compounds of specific chemical composition and crystal structure. Their nomenclature typically stems as an honorific, to indicate a pertinent geographic area or to highlight a distinctive characteristic of the compound. Derived from the Greek asbestos (“unquenchable” or “indestructible”), asbestos is the collective term for a family of naturally occurring fibrous silicates that exist in metamorphic, altered basic, or ultra

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basic igneous rock. Asbestos and asbestiform minerals are narrowly defined and classified, as will be discussed below. The asbestos minerals have found much utility owing to their common properties of thermochemical and electrical resistance, high tensile strength, and flexibility. Insoluble in water and organic solvents, its fine fibers may be spun and woven into textiles and incorporated into many other types of materials, asbestos has seen literally thousands of industrial applications. The usage of asbestos dates, through fact and fable, to thousands of years ago. Once believed to have almost magical capabilities, first descriptions document its usage in the manufacture of pottery in Finland ca. 2500 BC. Additional historical attributions for early asbestos usage include cremation garments for royalty and for embalming the pharaohs of ancient Egypt, and the emperor Charlemagne reportedly astonished his guests at a feast by throwing table cloths made from asbestos into a fire from which the garments would be removed clean and unharmed. Medieval alchemists termed the mineral “salamander stone” referring to a mythical fireproof animal, and during these times asbestos was used in suits of armor [1]. Deposits of asbestos in the Ural Mountains led to the development of factories producing asbestos textiles in 1720. In the seventeenth century, fibrous minerals discovered in Germany termed *Bergflachs* or *Bergleder* likely contained amphibole asbestos, and by the mid-nineteenth century, some 20 asbestos mines were operating in Europe [19]. In colonial America, asbestos deposits were discovered in Pennsylvania and New England, where it was woven into textiles, and chrysotile was discovered in Quebec, Canada in 1860 [19]. Significant commercial usage of asbestos did not occur until the latter part of the nineteenth century, with the development of the demand for insulation for the burgeoning steam technology. At the turn of the twentieth century, additional applications for the useful minerals had been developed, deposits of amphibole asbestos species had been discovered in South Africa,

and asbestos was once more being mined in the Urals, this time in large quantities. Commercial exploitation of asbestos was now global and full-blown, and by 1980 over 100 million tons of asbestos had been mined worldwide [19], accompanied by the development of serious health concerns related to its usage. It is the purpose of this chapter to describe what asbestos is from a mineralogic perspective, where it is to be found, and what are the important distinctions that allow relative differences within members of the asbestos group to have differing potencies on the basis of such differences in terms of inducing injury and producing disease following inhalation. It is well known from animal models that the oncogenic potential of fibrous dust increases following reductions in fiber diameter, and decreases with reduction in fiber length, and these considerations are generally more important than the chemical composition of the fibers themselves [5, 6, 16, 21]. The longer fibers have more potency to induce cell injury, proliferation, oxidant release, and inflammation. It is also the durability of the fibrous dust that confers biopersistence, and the potential to induce malignant disease following deposition of fibers in the peripheral airways and migration of fibers to the serosal membrane. Contemporary usage of asbestos has been curtailed following its wide recognition as a most dangerous substance; it is noteworthy that the health hazards of asbestos date to antiquity as well. Pliny the Elder cautioned against the purchase of quarry slaves from asbestos mines, noting that they tended to die young [1].

1.2 Geologic and Mineralogic Features

Asbestos is properly considered a commercial and legal rather than a mineralogic term for a group of fibrous silicate minerals with crystalline structure and by definition have lengths $>5 \mu\text{m}$ and aspect (length: diameter) ratios of

3 or greater. In the USA, the nomenclature as defined by the Environmental Protection Agency encompasses six unique mineral species, conventionally divided into two distinct groups, the amphiboles and the serpentines [22]. Chrysotile is the sole member of the latter group, and as of the year 2000, accounted for virtually 100% of the asbestos used commercially. Historically, at least 90% of commercially used asbestos has been chrysotile. The amphibole group contains grunerite-cummingtonite (amosite, *vide infra*), crocidolite (a fibrous variant of riebeckite), tremolite, actinolite, and anthophyllite. The name amosite is derived from the acronym AMOSA – Asbestos Mines of South Africa –giving reference to the company in the Transvaal Province of South Africa, the sole mine producing the mineral. As such, amosite, too, is a commercial, rather than a true mineralogic term, but by convention, amosite is used synonymously for the fibrous forms of grunerite-cummingtonite, just as crocidolite for the fibrous form of riebeckite. Among the amphiboles, only crocidolite and amosite have undergone significant commercial exploitation in industrialized countries, and collectively account for less than 10% of asbestos utilized in the last century. Large amounts of amosite were imported into the USA during World War II for

usage in warship and merchant vessel insulation. The so-called noncommercial amphiboles, actinolite, tremolite, and anthophyllite, are common mineral species with wide distribution. They are relevant insofar as they are contaminants of other commercially useful mineral species such as talc and vermiculite, as well as chrysotile, and have been implicated in the induction of disease in humans. The asbestos minerals have nonpathogenic, nonasbestiform mineral counterparts of identical chemical composition. The noncommercial species of amphiboles all require the word “asbestos” after their mineral name for the purpose of distinguishing them from the nonasbestos forms. This is not necessary for crocidolite, amosite, and chrysotile as the nonasbestos forms have different names as discussed above (see Fig. 1.1).

Asbestos minerals owe their fibrous habit to the parallel growth of very fine and elongate crystals, producing bundles. The amphiboles may also occur as nonfibrous, chunky, acicular and shard-like forms. Nonfibrous serpentine minerals include antigorite and lizardite. The nonfibrous forms of both serpentine and amphibole minerals are more common and widespread than the asbestiform species.

Deposits of commercial asbestos are to be found in four types of rocks: the banded

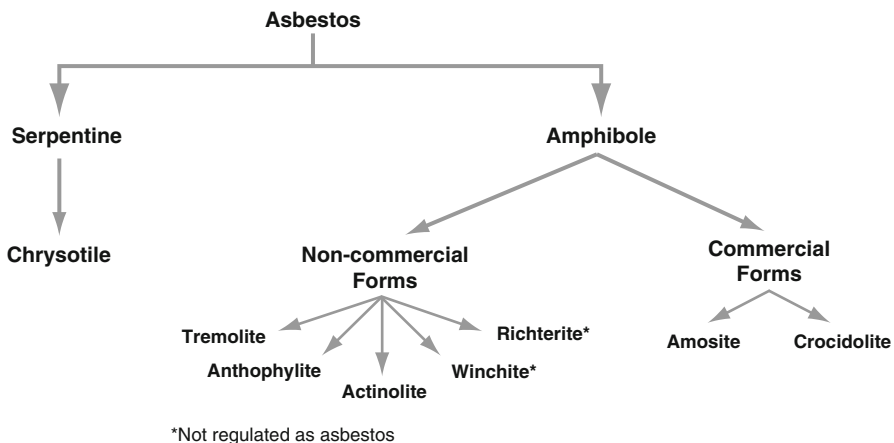


Fig. 1.1 Classification of asbestos and asbestiform silicates

ironstones, containing amosite and crocidolite; the alpine-type ultramafic rocks, containing chrysotile, anthophyllite, and tremolite; stratiform ultramafic inclusions, containing chrysotile and tremolite; and serpentinized limestone (chrysotile) [19].

1.3 Distribution and Physicochemical Properties of Chrysotile

Chrysotile is a common serpentine mineral with worldwide distribution, and the only one of this series mined as asbestos. The type 1 (alpine type, ultramafic rock) deposits are the most important sources of chrysotile asbestos, with principal localities occurring in the Ural Mountains of Russia and the Appalachian Mountains of the Canadian province of Quebec and the state of Vermont in the USA, as well as the state of California. Chrysotile has also been mined in the Italian Alps, Cypress, Zimbabwe, and the People's Republic of China [19] (Table 1.1). Commercially useful chrysotile is prepared from chrysotile ore in the milling process, with extracted long fiber

chrysotile finding usage in textiles, and shorter fibers used in construction materials such as joint compound. Among the commercially exploited seams of the mineral, geographic variations are to be expected, both in terms of physical characteristics of the fibers, type, as well as proximity to fibrous species of noncommercial amphiboles. For example, the rich chrysotile ores quarried at the Coalinga, California yield fibers almost exclusively less than $5\ \mu\text{m}$ [9]. There is also variance in the presence of other potentially dangerous minerals even within neighboring seams. McDonald et al attributed the difference in reported deaths due to mesothelioma among workers in several different mines within the province of Quebec to be attributable to local variances in the amount of tremolite contamination known to exist within the various mines [12]. The topic of chrysotile purity following milling, and the potential contamination by non-commercial species, is frequently argued in the ongoing asbestos litigation in the USA.

Silicates may be classified on the basis of the polymerization type of the silicate ions and the variance in crystalline structure that occurs through association of various cations. Chrysotile is a hydrated (approximately 13% water as a crystal), phyllosilicate (sheet silicate) with chemical composition $\text{Mg}_3\text{Si}_2\text{O}_5(\text{OH})_4$, containing the $(\text{Si}_2\text{O}_5)_n^{2-}$ building block typical of the serpentine group of minerals [4] (Fig. 1.2). Whereas other serpentines and other layered silicates (clays, mica) form flat sheets, spatial imbalances between magnesium and silica ions within the tetrahedral and octahedral sheets of chrysotile cause the layers to roll to form concentric hollow cylinders. Chrysotile fibers will thus appear scroll-like when viewed end on (Fig. 1.3), containing a central capillary with 2–4.5 nm in diameter. The milling of chrysotile ore yields bundles of fibers of variable length, and some fibers may exceed $100\ \mu\text{m}$. The fibers may be curvilinear (“serpentine”), often with splayed ends due to the separation of fibers into individual and smaller fibrillar units (Fig. 1.4).

Table 1.1 Geographic distribution of asbestos species

Asbestos mineral	Geographic distribution
Chrysotile	Canada (Quebec), USA (Vermont, California), Russia, China
Crocidolite	South Africa (NW Cape Province, Transvaal), Western Australia
Amosite	South Africa
Tremolite	Turkey, Cyprus, Greece
Anthophyllite	Finland, USA
Actinolite	South Africa (Cape Province)
Winchite/Richterite ^a	USA (Montana)

^aAsbestiform amphibole species, not classified as asbestos

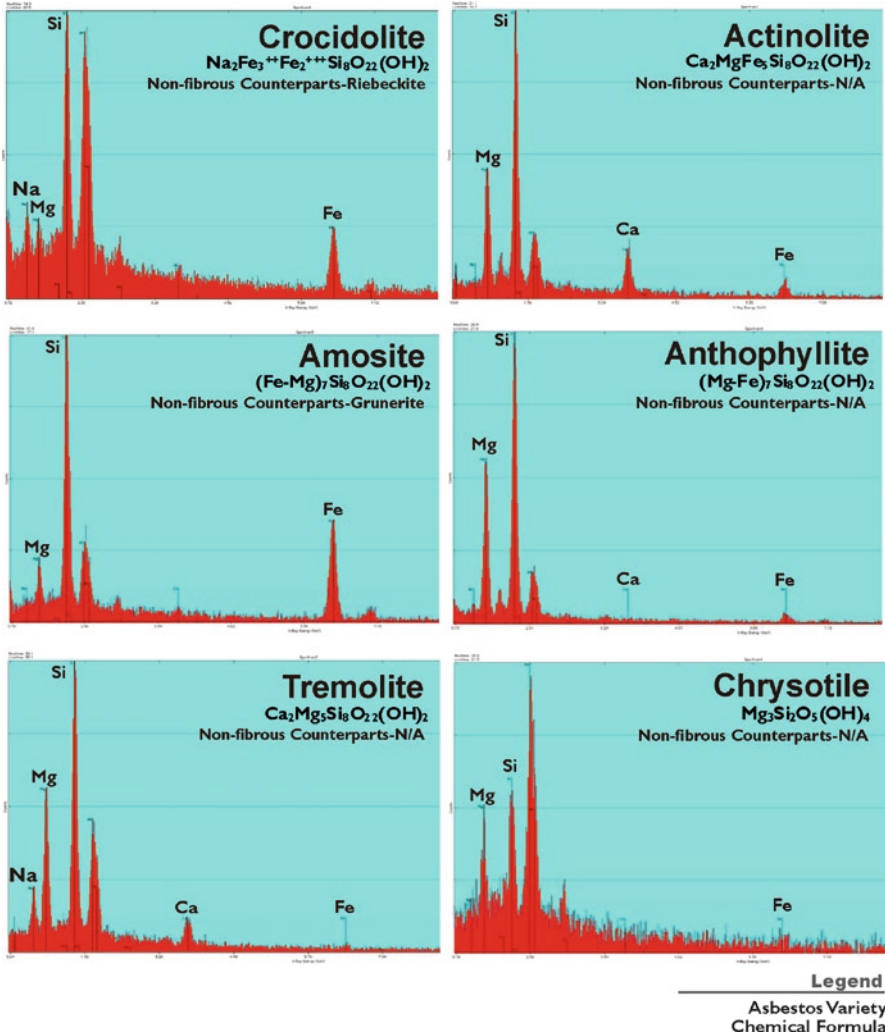


Fig. 1.2 Chemical composition and elemental spectra of asbestos

Some very long chrysotile fibers may be quite thin, but the diameter of chrysotile fibers tends to increase with increasing fiber length. Magnesium is an important constituent of both chrysotile and the amphiboles; the presence of soluble magnesium molecules on the outside of the curled chrysotile structure permits its leaching at the surface, facilitating the breakdown of fibers, within lung tissue, into successively

smaller, fragile fibrils, which are then readily cleared from the body. Loss of magnesium changes the surface charge from positive to negative, which diminishes the oncogenic potential [16]. The clearance halftime of inhaled chrysotile within the lower respiratory tract is measured in only weeks, and may be much less. For example, with a clearance halftime measured in hours, the Calidria chrysotile from California is among

1

Fig. 1.3 Crystalline structure of chrysotile (Schematic diagram modified from [18])

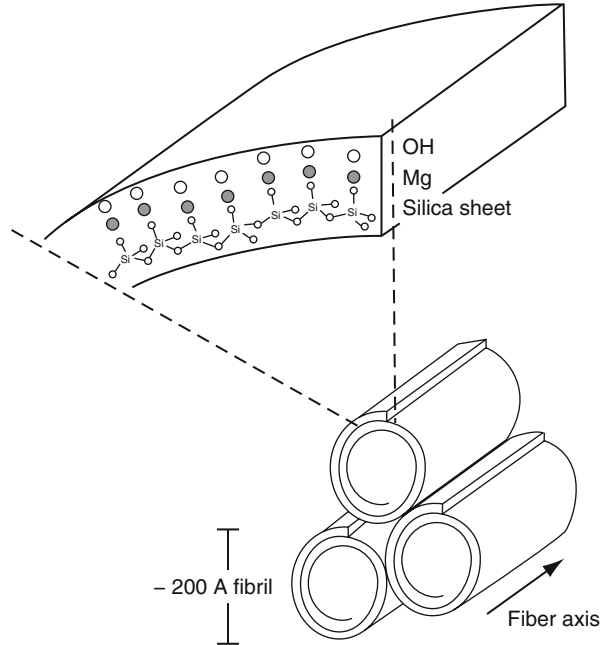
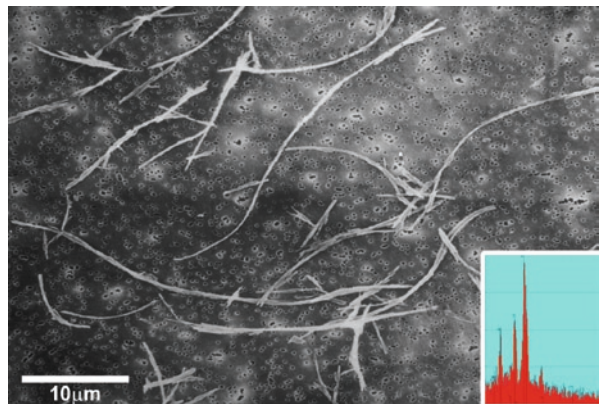


Fig. 1.4 Chrysotile asbestos fibers, scanning electron photomicrograph. Note long fibers of variable thickness and curvilinear “serpentine” morphology



the mineral fibers with the most rapid clearance from the lung. Other chrysotile may have biopersistence similar to the range reported for glass and stone wools [3]. Thermoresistant to a degree, 70% of the chrysotile structure is lost at 575°C, with complete loss of the structure occurring at 650°C [10]. Such high temperatures may be observed in the automotive braking process,

causing pyrolysis and conversion to the nonfibrous, nonpathogenic silicate mineral forsterite [10]. Due to its physicochemical characteristics, chrysotile has a greatly reduced biopersistence in contrast to the amphibole species, and those features as described above provide a likely explanation for the reported reductions in oncogenicity for this species in humans in contrast to

the amphiboles [2, 17], and for the epidemiologic studies that conclude that motor vehicle mechanics performing brake repair are not at increased risk for developing mesothelioma [8].

1.4

Distribution and Physicochemical Properties of the Amphibole Species

The amphibole asbestos minerals crocidolite, amosite, anthophyllite, tremolite, and actinolite are inosilicates, or chain silicates. Tremolite, actinolite, and anthophyllite are grouped together with chrysotile as “white asbestos” and classified under the United Nations chemical identification schema as UN2590. Amosite “brown asbestos” and crocidolite “blue asbestos” are classified as UN2212. Amphiboles typically occur when veins of the mineral are created when cracks form in rocks during movement of the earth. These conditions help provide the environment necessary for massive amphibole crystallization and transformation to the fibrous form. The amphibole minerals are common, but their occurrence as exploitable forms is limited to certain locations where they obtain the proper physicochemical characteristics and abundance to be used as commercial asbestos. The major deposits of commercial amphiboles have generally been limited to the banded ironstones of Western Australia and the Transvaal and Cape Provinces of South Africa. Alpine-type and stratiform ultramafic rock are sources of chrysotile, as well as the noncommercial amphiboles tremolite, actinolite, and anthophyllite, the major source for the latter occurring in Finland with smaller deposits in rocky outcrops of the USA [19]. Another source of asbestiform amphiboles is to be found in the area around Libby, Montana, USA. Libby is the site of the largest mined deposit of vermiculite in the world, and the alkaline-ultramafic rock is rich in amphiboles, chiefly richterite and

winchite (sodic-calcic tremolite), all of which can exist in asbestiform or fibrous habit [15, 23]. The latter species are not listed in the US Federal Regulations governing asbestos, but their recognition is important in view of the abnormally high number of asbestos-related diseases and deaths in former vermiculite miners and millers and residents of this area, and the potency of the Libby amphibole in terms of inducing mesothelioma is reported to be similar to crocidolite [7, 13, 14]. Anthophyllite, tremolite, and actinolite are common constituents of the earth’s crust, but have not been exploited commercially in industrialized countries, and are frequently associated with serpentine minerals, vermiculite, and talc. The noncommercial amphiboles may assume a variety of forms, including nonfibrous forms.

The chemical and crystalline structures of the amphiboles are highly similar, and generally may be distinguished only on the basis of chemical composition, and in specific the cation constituents (Fig. 1.2). Crystalline amphibole minerals demonstrate perfect prismatic cleavage, with direction of the cleavage parallel to the length of the silicate chains [20]. The silicate chains are formed by linear arrays of SiO₄ tetrahedra linked by octagonal groups of cations, and may be of significant length (Fig. 1.5). The crystalline amphibole fibers are substantially more brittle than chrysotile, limiting their potential for fabrication. These mineralogic attributes confer the potential for great fiber length, and accordingly, significant pathogenicity following deposition in the lung (Figs. 1.6–1.9). As their straight, broad fibers are resistant to fiber fragmentation and chemical degradation in the body, the biopersistence of the amphiboles is much greater than chrysotile, and their clearance half-time is generally measured in decades. The crystalline structure of the amphiboles also contains less water than chrysotile, and there is greater resistance to pyrolysis. Amphibole fibers are less flexible than chrysotile, permitting greater friability with potential to release respirable particles.

1

Fig. 1.5 Crystalline structure of amphibole asbestos (Schematic diagram modified from [18])

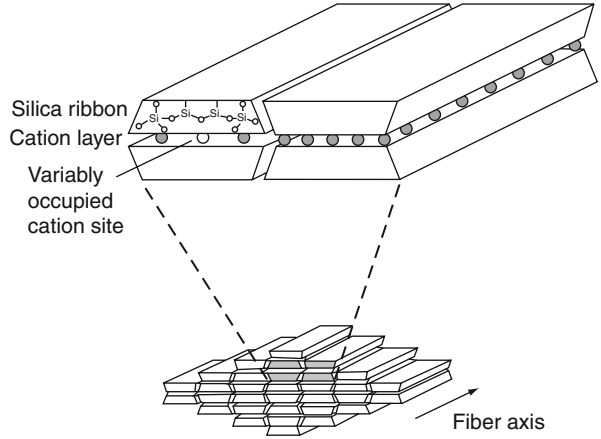


Fig. 1.6 Amphibole asbestos fibers, scanning electron photomicrograph. Note long, straight, and slender fiber morphology

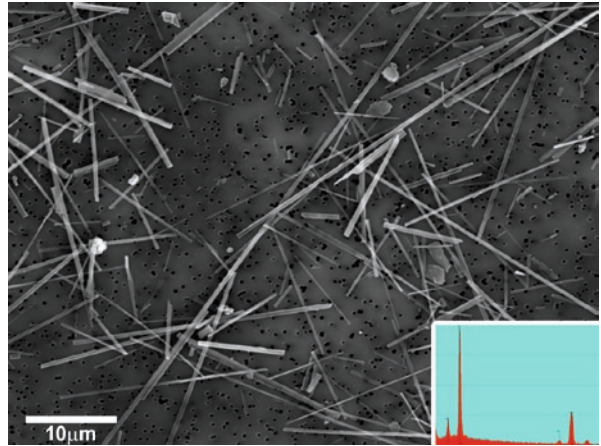


Fig. 1.7 Libby asbestiform amphibole asbestos fibers, scanning electron photomicrograph. Note varying fiber morphologies, with thick, thin, short, and long fibers all represented

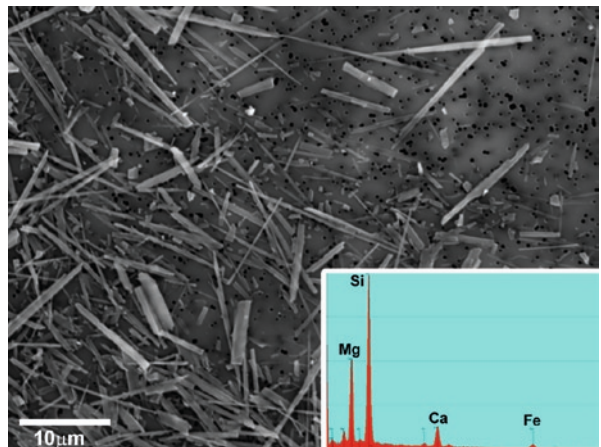


Fig. 1.8 Amosite asbestos body. Note longitudinal cleavage of long, slender fiber

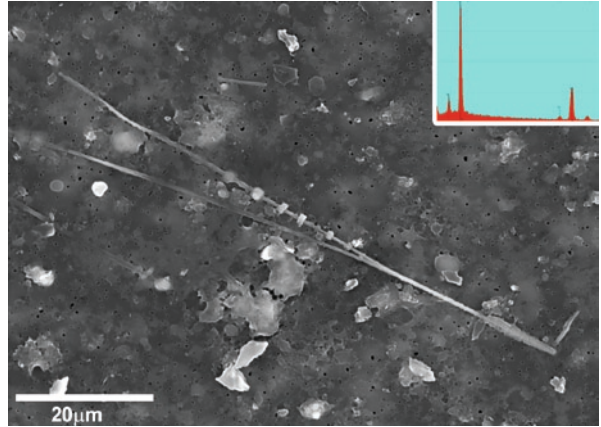
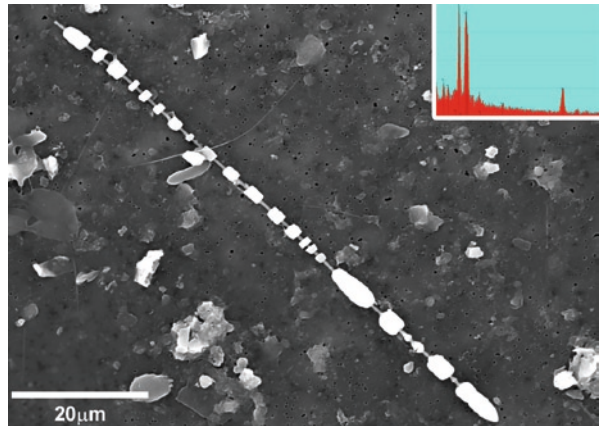


Fig. 1.9 Crocidolite asbestos body. Note characteristic, long, slender fiber undergoing ferrugination



1.5 Identification and Characterization of Asbestos

Several techniques are available for the identification of asbestos fibers, making use of the morphologic, chemical composition, and crystallographic features of the mineral [18]. The techniques include phase-contrast microscopy, polarizing microscopy with dispersion staining, infra-red spectroscopy, x-ray and electron diffraction, and analytic electron microscopy. Each technique has its own advantages and disadvantages, and it

is beyond the scope of this chapter to offer a detailed comparison. In brief, phase-contrast microscopy is used to demonstrate the morphologic features of fibers such as size, shape, and aspect ratio, but is seldom used owing to the limits of the resolution of light microscopy, its inability to distinguish asbestos fibers from non-asbestos mineral fibers, or provide information regarding the chemical composition of fibers. Polarizing microscopy provides information pertaining to the crystallinity of fibers, and may be used to distinguish among the various asbestos fiber species and to make the distinction between asbestos and nonasbestos fibers.

This technique is also limited by the resolution of light microscopy. Infrared spectrophotometry is a bulk analytical technique unable to examine individual fibers, and is used to identify the characteristic spectra of the asbestos minerals. It is not generally used to identify asbestos in tissue or environmental samples. The x-ray diffraction is also a bulk analytical technique which identifies diffraction patterns produced as x-rays pass through various crystalline materials [11]. It is generally considered a qualitative technique to measure the quantity of asbestos within a sample.

Most investigators prefer some form of analytic electron microscopy for the identification of asbestos [18]. AEM has the ability to provide high resolution images of the details of the smallest of fibers, and to provide crystallographic compositional data for individual fibers through selected area electron diffraction, and elemental composition information through energy dispersive spectrometry (EDS). EDS focuses an electron beam on individual particles, and observes the x-ray spectra produced by the beam and the atoms within the particle. The spectra so produced consist of peaks distributed according to the energies of the x-rays, which are in turn related to the elemental composition of the fiber or particle being studied. Such spectra may be then compared to standards for confirmation of identification (Fig. 1.2). Analytic scanning electron microscopy (SEM) and transmission electron microscopy (TEM) are both useful, albeit expensive and time consuming. TEM generally offers superior resolution, but the preparatory techniques are more complicated.

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J.E. Craighead

Abstract Mesothelioma is a “new” malignant disease strongly associated with exposure to amphibole asbestos exposure (amosite and crocidolite) environmentally and in the work place. Nonetheless, in recent years, we have learned that many cases of mesothelioma are idiopathic, while some are caused by therapeutic irradiation or chronic inflammation in body cavities. This paper reviews the key epidemiological features of the malignancy in the context of the biological and mineralogical factors that influence mesothelioma development. These tumors challenge the diagnostic pathologist’s acumen, the epidemiologist’s skill in devising meaningful and definitive studies, the industrial hygienist’s knowledge of environmental hazards in diverse occupational settings, and the clinician’s skill in managing an intrepid and uniformly fatal malignancy.

Many, if not most, of the major life-threatening diseases afflicting humankind were recognized well before the Christian era. In that context,

malignant mesothelioma is a “new” disease with its diagnostic features and natural history having been known to medical science for less than a century. It is my charge in this brief overview to trace the development of our knowledge of mesotheliomas as clinical and pathological entities, relating the occurrence of this malignancy to exposure to a unique family of fibrous minerals that gives rise to the majority of cases of mesothelioma. In doing so, we now are obliged to recognize the occasional patient with idiopathic disease and as of yet unidentified genetic or environmental parameters of disease susceptibility as mesotheliomas are studied critically.

As I sat at the breakfast table this morning, the now inevitable television advertisement appeared announcing the availability of skilled litigants in nationally prominent law firms who will make themselves available to asbestos “victims” whose suffering, they argue, deserves a substantial monetary award. Similarly, vivid advertisements soliciting the afflicted are plastered on the sides of municipal buses and in subways in major cities in America. Clearly, the search for the rare unfortunate few who suffer from mesothelioma has become big business for lawyers in the USA. The ultimate outcome is litigation that has already bankrupted countless

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American businesses as plaintiffs seek redress for the presumptive, subtle injury patients unknowingly suffered as a result of the supposed callous disregard of insensitive industrialists. Will advertisement focused on the general public bring to the attention of medical science “new” etiologies for these unique cancers? Or, will these cases redefine the epidemiological features of the disease and its etiological relationship to low-dose asbestos exposure? Can subtle unrecognized exposures result in the malignant disease? Only time will tell. Unfortunately today’s juries, rather than scientists, are obliged to draw conclusions based on incomplete evidence presented by advocates in the courtroom.

It is difficult to be certain when mesothelioma became a recognizable clinical and pathological entity, given its rarity in the general population and the ability of these tumors to mimic common neoplasms involving the pleural and peritoneal cavities [54]. E. Wagner [79], a German pathologist, is generally accorded credit for the initial description of a tumor believed to be the prototype of the modern day mesothelioma. In the past, these malignant lesions often simulated the clinical picture of pleural tuberculosis, a condition that was not uncommon centuries ago. Sensitive diagnostic tools, electron microscopy [22, 75], and immunocytochemistry [18], now make it possible for the pathologist to recognize these tumors with a high degree of certainty when, so often, skilled clinicians demure. It has only been during the last 3 decades that newer diagnostic tools have allowed the epidemiologist the luxury of carrying out analyses using dependable patient data.

Even the term mesothelioma has been a matter of uncertainty for those who seek an orderly nomenclature. Thus, in the first few decades of the last century some 30 different names were used when referring to tumors having at least some of the morphological features of the malignant lesions now recognized as mesotheliomas, the most common of which was “endothelioma,” a convenient designation attesting to the vague

resemblance of the tumor cells to vascular endothelial cells. Finally, in the early 1930s, Klemperer and Rabin [41] proposed the designation “mesothelioma” in describing a clinical/pathological entity that commonly exhibited both sarcomatous and carcinomatous histological features, either exclusively or as a random mixture of the two. But even as late 1957, an occasional “doubting Thomas” questioned the existence of such tumors. For example, in a case report published in the widely read *New England Journal of Medicine*, the renowned diagnostic pathologist and Harvard professor Benjamin Castleman announced to the medical community that a case under discussion in a clinical/pathological conference was the first mesothelioma he had been comfortable in diagnosing.

This was merely 2 years before Christopher Wagner (a pathologist) and his colleagues, the tuberculosis specialist Kit Sleggs and Paul Marchand [81], a chest physician, described in a landmark publication an epidemic of mesothelioma consequent to environmental exposure to crocidolite asbestos. It was Sleggs who prophetically identified a cadre of unique patients believed to have tuberculous pleuritis but who failed to respond to the customarily effective management of tuberculosis at the time. It was Marchand [48] who helped recognize the common occurrence of this disease among members of the indigenous population who were believed to have a most unusual form of lung cancer. However, at the time, senior South African pathologists, including Ian Webster [82], had little difficulty diagnosing the unique tumors which Wagner (at the time a junior level pathologist) brought to their attention, for they were already aware of similar lesions occurring elsewhere in the amphibole asbestos mining districts of South Africa [80]. But who among the pathologists in the Northern Hemisphere paid much heed to an apparent epidemic of an unheard of malignancy occurring in the native population of an obscure corner of southern Africa, particularly when the mining industry

was more than anxious to suppress knowledge of a suspect industry-associated cancer? At the time, everyone knew that, in general, cancer was a sporadically occurring condition, not one that manifested itself as an epidemic in both women and men, and on occasion, teenagers. To me, as a practicing pathologist in a major Boston teaching hospital in the early 1960s, mesothelioma was rarely a consideration in the differential diagnosis of a chest tumor.

Diagnostic uncertainty, nonetheless, continued to plague the histopathologist for years thereafter when these rare entities came to their attention. Recognizing this conundrum in the mid-1960s, leaders in the world community of pathology established review panels in Europe and North America to evaluate pathological material from individual suspect cases [39]. These experts then tendered a specific diagnosis or arbitrarily expressed either uncertainty or frank disagreement as to the identity of the tumor among the members of the assembled panel. Clearly, clinical case surveys and epidemiological studies would have proven fruitless in the absence of a concrete diagnostic identification of the tumors. But, improvements in the tools available to the pathologist were forthcoming. As noted above, it was not until the 1970s that electron microscopy was introduced, imperfect as it was, and in the 1980s immunohistochemistry came into vogue as a diagnostic crutch. To this date, new markers of malignant mesothelial cells continue to be introduced in an effort to confront the ambiguities of diagnostic pathology, allowing a more precise diagnosis. Nonetheless, an occasional case generates controversy even among experienced pathologists.

Prior to the 1960s, a case of mesothelioma was a “rare bird” perhaps coming to the attention of the hospital pathologist once or twice in a professional lifetime. Often as a sporadic malignancy of childhood and adolescence, they were idiopathic curiosities too uncommon to warrant serious research (asbestos-related mesotheliomas have not been found to develop

in those younger than 35 years despite an occasional claim to the contrary) [33]. There is every reason to believe that many obscure thoracic neoplasms of unknown etiology in women were either classified in the past as breast cancer believed to have metastasized to the pleura, or ovarian cancer spreading unabated throughout the abdominal cavity, implanting on the peritoneal wall. And then there are the anatomic variants, some simulating sarcomas or a complex obscure tumor such as a synovial sarcoma [40]. All too often, mesotheliomas mimicked adenocarcinomas of bronchogenic origin developing at the periphery of the lung and invading the pleural cavity, the so-called pseudomesotheliomatous adenocarcinoma.

Although asbestosis as a clinical and pathological entity among textile workers was recognized in the UK and the USA and was considered a potential cause of lung disease before 1900 [57], many millers died of asbestosis after a period of dust exposure of no longer than a decade. Accordingly, because of its relatively long latency period, it is the writer’s belief that mesotheliomas failed to appear before patients had died because of asbestosis or left the work force. It was not until after the First World War that public health authorities recognized what was believed to be an increase in lung cancer among tradesmen without clinical evidence of asbestosis, but a history of work in an industry where asbestos was liberally used [25, 57]. Most probably, some of these cases were mesotheliomas, but who would know in the absence of autopsies and a clear idea of the diverse pathological features of these tumors? Who could imagine sarcomas developing in anatomic concert with malignant epithelial cells (the so-called biphasic tumors)? It was not until the Second World War that industry-related mesotheliomas were recognized to be occurring in Europe. Alas, these early cases were reported in the wartime German literature as “pleural cancer” in publications [83, 84], out of the reach of most American and British physicians at the

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Fig. 2.1 Examples of promotional advertisements published in trade journals in the past

time (but apparently known and ignored by the Allied intelligence community).

Prior to that time, more specifically in 1934, the passenger vessel *SS Morro Castle* was destroyed at sea by fire, a tragedy that prompted an inquiry by the US Congress into the apparent ineffectual fireproofing of American registered ships including naval vessels. It was already known that amosite asbestos was resistant to the degrading effects of sea water and could provide excellent insulation protection per unit of weight. Accordingly, by 1940 the US Navy specifications for new ships and those undergoing reconditioning and repair dictated the routine insulation of a vessel's interior with amosite and to a variable extent, chrysotile. Most commercial shippers (i.e., the merchant marine) soon abided by these regulatory criteria, precautions that no doubt saved ships and the lives of many sailors during the war, but has resulted in much suffering thereafter. With the mobilization for the Second World War, amosite was routinely incorporated into the insulation of some 3,000 newly launched merchant vessels and navy warships, resulting in the gross contamination of a vessel's interior compartments, particularly the

engine rooms (Fig. 2.1). For example, a recent evaluation of a mothballed World War II Navy destroyer demonstrated roughly 25 t of asbestos insulation still intact in the bowels of the vessel.

It would be rank speculation to attempt to estimate the numbers of Navy personnel and merchant mariners who were heavily exposed aboard ship while serving their country, and to the best of the writer's knowledge, no serious attempt has ever been made by governments in Europe or North America to estimate the exposures sustained by wartime servicemen and the outcome in the form of disease. Not surprisingly, shipyards were also heavily contaminated by friable asbestos and millions (because of a high turnover rate of shipyard workers in the Allied countries and occupied Europe) were heavily exposed to crocidolite and amosite as well as large amounts of chrysotile asbestos during the late 1930s and 1940s. Who knows how they fared.

Responsibly, the US Navy commissioned a study during the waning years of the Second World War to assess the possible adverse effects of asbestos on personnel, focusing on the disease asbestosis [30]. Unfortunately, the observation

period was much too short because the latency of asbestosis is variable but often a matter of decades, even with heavy exposure, and mesothelioma rarely becomes evident before an elapsed period of some 20 years from the time of initial exposure. Drs. Fleisher and Drinker, who conducted the above study, may have been competent in their trade but they failed as historians. Either they ignored or were not aware of the European experience with asbestos malignancies. Importation of crocidolite and amosite into Germany and Britain began in the early 1900s. Clearly, mesotheliomas were erupting among industrial workers and naval personnel throughout the 1920s and 1930s. But, alas, at the time many mesotheliomas were believed to be traditional lung cancers [67].

A recently completed, unpublished evaluation of case material in my laboratory strongly suggests that exposures in the 1940s during the war may give rise to mesotheliomas diagnosed some 40–60 years later (the duration of latency is thought by many authorities to be inversely related to the intensity of exposure). However, since the latency period of most mesotheliomas ranges from 20 to 40 years, it was not until the 1960s that mesotheliomas attributable to wartime exposure began to appear in large numbers in Great Britain [26, 34, 68, 74, 85] and Germany [9]. Soon, an increasingly large number of cases were diagnosed among American shipyard workers who were then engaged in other forms of employment [76]. But as noted above, it was not until 1960 that the first compelling report relating environmental crocidolite exposure to mesothelioma was published, and it was 1971 when amosite was also considered a likely cause, if not the major culprit, in industrialized societies by knowledgeable members of the public health community. In the USA, credit must be accorded Dr. Irving Selikoff, a chest physician, who recognized the impending disaster as mesotheliomas came to his attention among workers at the Union Asbestos and Rubber Company (UNARCO) in New Jersey where Unibestos

amosite insulation for newly constructed ships was manufactured. Interestingly enough, the initial cases identified by Dr. Selikoff were peritoneal mesotheliomas, attesting to the heavy exposures these workers had sustained.

It was then that the pathfinding physicians, Drs. Irving Selikoff and Christopher Wagner organized a landmark conference under the auspices of the New York Academy of Sciences to consider the accumulating scientific observations associating asbestos exposure with malignant and nonmalignant diseases, including the common types of lung cancer and both peritoneal and pleural mesotheliomas.

At this juncture, a pause seems appropriate to summarize briefly what clinicians and epidemiologists have learned over the past half century regarding this fascinating malignancy and its relationship to asbestos exposure. As we all know, mesotheliomas usually develop unilaterally in the pleural cavities, and to a more limited extent in the abdomen. But they also develop on rare occasions in the pericardium, the spermatic cords, and both the male and female gonads. Because these highly malignant lesions are shrouded in body cavities, they generally are widespread and incurable when clinicians finally are obliged to search for the cause of subtle chest or abdominal discomfort accompanied by a unilateral pleural effusion or ascites. Despite the current availability of potent chemotherapy (as discussed elsewhere in this symposium) and the increasingly common extrapleural pneumonectomies (carried out by intrepid thoracic surgeons in an all too often futile attempt to eliminate or control the spread of the neoplasm) the prognosis is grim and most patients are dead within a period of 3 years from the time of diagnosis. As noted above, the vast majority of mesotheliomas develop in the chest cavities where they gradually invade the chest wall and mediastinum and not infrequently metastasize to the contralateral lung, the spinal vertebrae, and the peritoneal cavity. In the abdomen they trigger the accumulation of massive

ascites while spreading widely to implant on the surfaces of the peritoneal wall and major organs, only occasionally metastasizing to the chest.

The pathogenesis of mesotheliomas in a population of occupationally exposed men or women is largely dependent upon mineralogical type and the fiber dimension as well as the severity of exposure. On occasion, the incidence of abdominal tumors is as great as 20% of a heavily exposed worker population whereas in most situations it is lower. However, in Great Britain, Coggon et al. [16] discovered a greater than sixfold occurrence of peritoneal tumors in comparison to pleural malignant lesions among construction workers. Carpenters seem to be at exceptional risk for mesotheliomas in the UK, most probably because of the widespread use of composition asbestos boards in the past.

As noted above, the latency of these lesions from the time of first exposure until the onset of symptoms is unpredictable. Almost invariably, it is greater than 20 years but at times it can be as long as 50 or 60 years. Who knows what disease processes lurk in body cavities before the malignancy is sufficiently large to cause symptoms? Of interest has been the reported substantially shorter latency period among a few environmentally exposed patients in the crocidolite mining district of Western Australia [2, 3]. It is generally agreed that peritoneal mesotheliomas develop as a result of heavier and more prolonged exposures, but comparative quantitative thresholds have never been established for any asbestos type because of the profound difficulties of conducting comprehensive long-term studies on a rare disease sometimes caused by exceedingly low dosages of a toxic substance. But the lack of evidence is not evidence for a lack of a threshold since many members of the general population have asbestos particles in their lungs in the absence of disease [23]. The classical nonmalignant stigmata of exposure, that is, pleural plaques, bilaterally symmetrical pleural thickening, and asbestosis are surrogate measures of relatively heavy exposure to an amphibole. They occur

more frequently in those with peritoneal rather than pleural malignant disease, suggesting that a heavier exposure is required to initiate these lesions in the abdominal cavity. Too little epidemiological information on spermatic cord and gonadal lesions exists to allow conclusions regarding causation and latency since it is likely that many of these tumors are idiopathic and not caused by asbestos exposure. It has been the author's experience that some peritoneal mesotheliomas present clinically for the first time as tumorous masses in the spermatic cord simulating hernias. Anecdotally, it has been hypothesized that talc particles and asbestos accumulations on or around ovaries may play a causative role in the genesis of ovarian mesothelioma, a hypothesis that now dictates the nonuse of talc on surgical gloves.

Are all mesotheliomas caused by exposure to asbestos? Of course not! According to the comprehensive studies of Spirtas et al. [70], overall the attributable risk for exposure to asbestos is 88% for men, but in only 58% of male cases could asbestos exposure be implicated in a patient's abdominal tumor. In women, the attributable risk proved to be 23% for pleural and peritoneal mesotheliomas combined. (Unfortunately, these epidemiologists were dealing with numbers and not detailed case information; thus, it is impossible to determine the validity of a claim of asbestos exposure, and the type(s) involved). But as William Blake has told us: "to generalize is to be an idiot!" Overstated? Yes, since all too often subtle, brief but heavy exposures to asbestos in a patient's distant past can on occasion be linked causatively to the disease. The writer is aware of several cases of mesotheliomas in white collar, middle aged men whose only known exposure was summertime employment in industry while attending college.

To an extent, the information briefly summarized above represents events occurring in another time frame of history when preliminary information on environmental asbestos exposure was

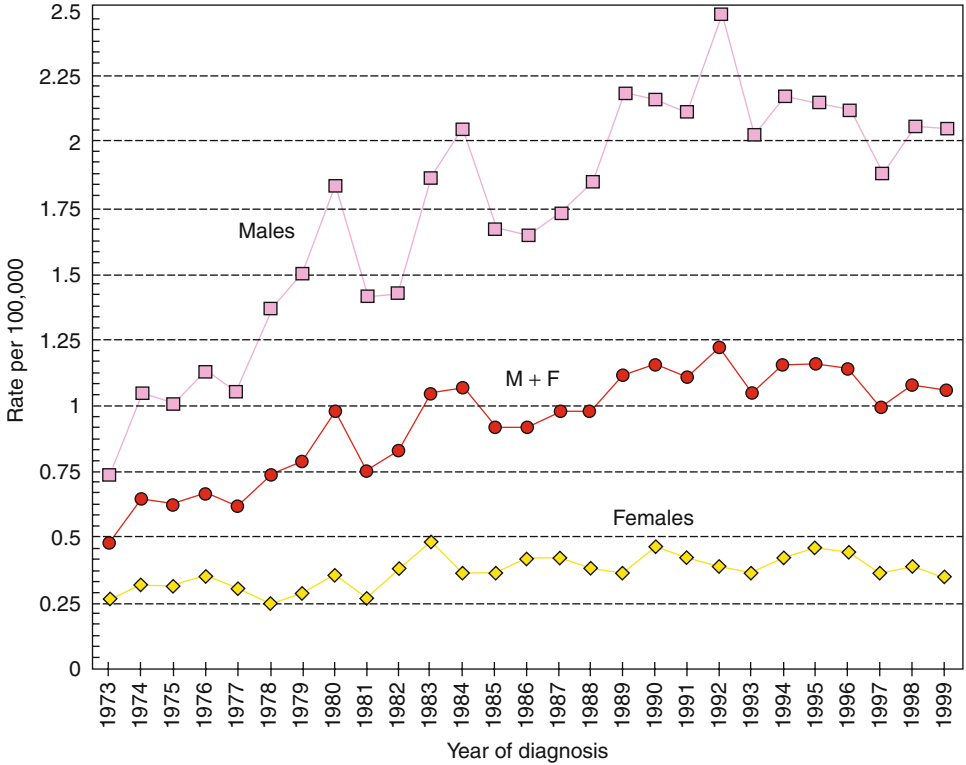


Fig. 2.2 Age-adjusted incidence of mesothelioma in the USA from 1973 to 1999 (Data from the Surveillance Epidemiology and End Results registry [SEER])

accumulating and risks were poorly defined. More recently, accumulating data suggests the likelihood of a new pattern of disease in younger members of the population, more specifically, men and women entering the workforce since the 1980s. The writer has evaluated the occupational background of some 35 men younger than 45 years who suffered from abdominal mesotheliomas but had no known history of vocational or avocational exposure to asbestos. Similarly, countless numbers of idiopathic thoracic mesotheliomas are now being diagnosed in the USA. These patients display none of the traditional markers of exposure and have no compelling history of exposure. Burdorf et al. [14] noted in the Netherlands and Sweden a consistent low

incidence of mesotheliomas among women, an observation that has also been documented in the USA (Fig. 2.2). If there truly exists a background incidence of mesotheliomas that are not caused by asbestos, pathologists have yet to recognize unique morphological features of the disease that would allow the identification of idiopathic mesotheliomas. There may be exceptions to this claim, however, that is, the so-called well-differentiated papillary mesothelioma, which occurs on rare occasions in the abdominal cavity of young women who have no history of exposure to asbestos. These tumors fail to exhibit invasive characteristics and on occasion resolve without treatment. And, the writer has observed only glandulopapillary features in the idiopathic

abdominal mesotheliomas he has discovered in young men.

Indirect passive exposures of spouses and children in the household to the clothes of asbestos workers were believed in the past to occasionally result in pleural plaques and/or mesothelioma, but all too often the conclusions were anecdotal and presumptive rather than based on proof. Only a limited number of fiber burden analyses have been carried out on the lung tissue of household members of an asbestos worker substantiating the claim of indirect, inadvertent exposure. Hillerdal [36] has reported the development of mesothelioma in a housewife believed to have been exposed to approximately 1 fiber/mL for 2 h, once per week for a period of 5 years. Ferrante and his colleagues [28] documented 18 cases of mesothelioma in homemakers who laundered the work clothes of their husbands, all cement factory workers, over a 20 year period [60].

Exposures of residents in a community surrounding an industrial source of asbestos were recently alleged by Maule and her colleagues [50]. Those living near an asbestos cement plant had a relative risk of 10.5. In Japan, Kurumatani and Kumagai [42] documented a standardized mortality rate of 14 among men and 41 for women who occupied homes located within a radius of 300 m of an asbestos cement pipe plant that used both chrysotile and crocidolite. In an unpublished report, public health epidemiologists, in the state of New Jersey, reported an odds ratio of 31.7 in the community of Manville located near a large asbestos manufacturing plant that is no longer operative.

By the mid-1960s the news was “out of the bag” and investigators on several continents scurried to gather experimental and epidemiological evidence, which would elucidate the enormous gaps in our knowledge. A flurry of laboratory studies soon demonstrated that asbestos causes neoplasm to develop in rodents and subhuman primates when massive amounts of the fibrous minerals are injected by artificial

means into the animals’ pleural and peritoneal cavities [19]. Insightful experimental work by Stanton and Wrench [71] using a modification of this approach showed that relatively long, thin fibers triggered the development of malignant mesotheliomas in rodents, a concept now found to be relevant to human disease based on epidemiological studies. These studies have distinct limitations because of their artificiality, particularly the introduction of asbestos directly into the body cavity, thus bypassing the cleansing apparatus of the respiratory tract. Inhalation studies using rats have yielded quite different results (Table 2.1).

Of note are the studies [8, 10, 13] which showed that smooth-surfaced materials such as plastic sheets of various configurations induce sarcomas in rats when implanted subcutaneously, an observation suggesting a possible model for asbestos-induced mesothelioma in which the vast surface area of long and thin fibers (surface area = $\pi r^2 \times \text{length}$), such as with crocidolite, triggers malignant transformation by mechanisms discussed in more detail below.

Experimental modeling in animals and casts of the human respiratory tract by Timbrell [77]

Table 2.1 Summary data for inhalation experiments in rats conducted by Davis and Coworkers (Adapted from [6])

Fiber type	Description	Dosage ^a	# Tumors/ # tested
Chrysotile	UICC-A	0.4	1/42
Chrysotile	UICC-A	2.0	0/42
Chrysotile	Long	5.5	3/40
Chrysotile	Short	1.2	1/40
Amosite	Long	2.1	3/40
Amosite	Short	0.07	1/42
Crocidolite	UICC	0.4	1/43
Crocidolite	UICC	0.9	0/40
Tremolite	Korean	1.6	2/39
Control		0	0/228

PCM Phase contrast microscopy: fibers/mL $\times 10^3$

^aExposure 7 h/day, 5 days/week for 1 year

showed that the depth of a fiber's penetration into the lung is roughly the inverse of its diameter. Fiber length does not prove to be an impediment to the transport of a thin fiber down the branching tubular network of the tracheobronchial tree to finally deposit it at the level of the pleura. Importantly, fiber length is most probably a critical factor in arousing a luxuriant alveolar macrophage response near the mesothelial cells of the pleura, where oxidant chemicals and proteases are generated as a product of the scavenger cells that attempt to imbibe the long indigestible fibers, an event that is most probably catalyzed by the amphibole fiber's iron concentration. Additionally, biochemical and molecular studies have provided plausible insights into the mechanisms of carcinogenesis, work that strongly implicated oxygen and nitrogen free radicals generated by macrophages in mutagenesis by means of direct DNA damage [35, 58]. Other studies have explored the possible effects of factors generated by experimentally exposed cells *in vitro* on the growth of tumors *in vivo* [12, 20, 21].

Alas, there still remain gaps in our knowledge of the biological basis for the diverse morphological features of mesotheliomas and their constituent cells. However, we might reflect on the original findings of the renowned experimental histologist Maximow [52, 53], who demonstrated *in vitro* spontaneous transformation of one cell type to another, quite independent of asbestos or other foreign materials, an observation expanded upon more recently by Stout and Murray [73]. Among the products that might be elicited by mesothelioma cells are cell differentiation factors that could account for the morphological variability in individual tumors and between tumors in different cases. We might also consider the relevance of our rapidly evolving knowledge of the pluripotential properties of newly discovered lines of stem cell that have the capacity to differentiate into a variety of cell types when experimentally introduced into host animals. In a recent report,

McQualter et al. [55] described a population of multipotential epithelial stem/progenitor cells in the mouse lung, which they claimed have the capacity for self-renewal and possibly remodeling as well as regeneration and repair. At this time we have no compelling experimental or epidemiological evidence to account for the various routes of differentiation manifest by mesothelial cells as they undergo malignant transformation. More simply stated, why are some tumors sarcomatoid and others epitheloid and still others a mixture of the two? [45].

Quite independent of the experimental work concerned with mechanism of tumorigenesis, epidemiological studies during the past 50 years have provided science with a vast body of meaningful insights which have helped dictate the scope of governmental regulations designed to control exposure and the uses of asbestos by industry. It has now been clearly shown that friable amphiboles (crocidolite, amosite, and tremolite) are the major cause of mesothelioma worldwide, with crocidolite being the most potent carcinogen (most probably because the fibers tend to be exceptionally long and thin) but amosite by far the commonest cause worldwide. This is not startling new information for it emanates from work accomplished before the 1970s, but despite much effort we have yet to establish scientifically defensible threshold levels for regulatory purposes. It is clear that these three types of amphiboles are biologically similar, only differing in relative pathogenicity, whereas the orphan anthophyllite (comprised of relatively thick and blunt fibers) either lacks the capacity to cause mesotheliomas or does so rarely, even though anthophyllite induces the formation of pleural plaques in humans with alacrity [6]. Unfortunately, chrysotile, which worldwide was the major commercially used asbestos in the past, has yielded the most vexing epidemiological data and considerable regulatory controversy. Indeed, there have been countless opinions published which allude to the possibility, rather than the probability, that chrysotile causes mesothelioma while many other

carefully conducted and comprehensive epidemiological surveys in Canada indicate that pure, friable chrysotile is blameless [5, 15, 17, 37, 54, 67]. Indeed, the most recently acquired information from studies of South African miner populations [61] supports the notion that the relatively obscure contaminant, tremolite, is causatively responsible for the occasional mesothelioma developing in Canadian miners and millers of crude chrysotile ore. Hodgson and Darnton [38] recently supplemented their 2000 report referenced above with an evaluation of a comparative meta-analysis conducted by Loomis et al. [44] which shows different mesothelioma rates for chrysotile miners and textile millers. The data further supports the evidence exonerating chrysotile as a cause of this neoplasm.

Of major concern and a subject of controversy is the capacity of asbestos to cause mesotheliomas in the family members of asbestos workers [27, 32]. Anecdotal observations convincingly argue that such cases occur as a result of indirect exposure, but again there is insufficient data to calculate a threshold. Obviously, the definition of a threshold for those indirectly exposed in the home due to the laundering of a family member's work clothes or re-entrainment of subtle asbestos accumulations in the home setting is beyond the capabilities of modern epidemiology. Despite arguments to the contrary, the most obvious occurrences of this type have been in households where a family member has worked in a shipyard, an asbestos production plant, or as a plumber/pipefitter. Roggli et al. [65] has published some of the more detailed information on this topic including the results of fiber burden analyses on lung tissue of diseased family members. Interestingly enough, 9 of the 34 homemakers in his study had pleural plaques and three had abdominal mesotheliomas, an incidence approaching ten percent! As might be expected, a substantial proportion of these patients had increased concentrations of amphiboles in their lung tissue.

Environmental exposures (occurring outside of the occupational setting and the home) resulting in mesotheliomas are also an issue [29, 60]. There is now abundant evidence to indicate that crocidolite causes malignant disease in the community setting with "outbreaks" documented in residents of North America, Africa, Australia, and Asia [2, 3, 18, 43]. But what about members of the general public? Environmental monitoring of urban air (and potable water) has shown that the ambient air in major cities contains minute amounts of asbestos, primarily chrysotile fibers. Some would argue that cases of idiopathic mesothelioma are, in fact, a reflection of lifelong low-level exposures to ambient asbestos even though evidence supporting such conjecture is limited. Recently, Goldberg et al. [31] published data suggesting that the distribution of cases of mesotheliomas believed to be "idiopathic" in French communities was similar to the geographic distribution of patients with asbestos-related tumors, suggesting that subtle asbestos exposure was also the cause of these so-called idiopathic cases.

Why is mesothelioma such a relatively rare neoplasm, even among workers heavily exposed to asbestos? Certainly, the prolonged latency periods of this malignancy influences the outcome, since many potential "victims" fail to live long enough to develop a mesothelioma, succumbing to other more common diseases unrelated to asbestos exposure. But the answer could also lie in the crypts of our individual genetic makeup. Thus, the occurrence of the malignancy might well be based on biological factors that predispose to susceptibility (or resistance) to the carcinogenic effects of asbestos [11]. In experimental studies, we found differences in the incidence of malignant disease in mice of several different inbred strains after intraperitoneal introduction of asbestos, an observation suggesting genetic influences on latency and overall susceptibility [20, 21]. Rare, sporadic, "family" outbreaks of mesotheliomas are consistent with this observation [7, 46, 49, 64]. And, in the genetically mediated

disease of humans known as Mediterranean Fever, the characteristic chronic serositis, which occurs in the body cavities of these patients, is associated with the sporadic, uncommon appearance of mesothelioma in mid-life [43, 63]. Perhaps this is a reflection of the apparent role of smoldering inflammation in the pathogenesis of mesothelioma, as has been proposed for the infrequent development of mesotheliomas in those afflicted with chronic tuberculosis [57, 66]. In Turkey, the relatively common appearance of mesotheliomas among members of isolated population groups who are exposed to erionite, a volcanic fibrous zeolite mineral, has again raised the possible role of genetic factors in carcinogenesis for consideration [4, 24]. Could inheritance be responsible for the development of mesothelioma in patients years after they received therapeutic irradiation for neoplastic disease [1, 51, 72]? Clearly, we are only now acquiring insights into possible predisposing factors that might ultimately influence the development of this unique malignancy. The interplay between environmental and host factors, to a large extent, remains to be defined [76].

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Abstract Malignant pleural mesothelioma (MPM) is an asbestos-related neoplasm that originates in pleural mesothelial cells and progresses locally along the pleura until it encases the lungs and mediastinum, ultimately causing death. Imaging plays a crucial role in diagnosis and optimal management. Computed tomography (CT) continues to be the primary and initial imaging modality. Magnetic resonance imaging (MRI) complements CT scan and is superior in determining chest wall and diaphragmatic invasion. FDG18-PET/CT provides anatomometabolic information and is superior to both CT and MRI in overall staging and monitoring response to therapy. This chapter will detail the imaging finding of MPM and role of imaging in guiding management.

3.1 Introduction

Malignant pleural mesothelioma (MPM) is an asbestos-related neoplasm that is refractory to current therapies and associated with poor prognosis. The disease originates in pleural mesothelial cells and progresses locally along the pleural reflections until it encases the lungs and mediastinum, ultimately causing death. MPM has been designated as a worldwide epidemic, which is predicted to peak in the next decade (2015–2019) in most Western countries [28]. Patients with mesothelioma have an average survival of 7–12 months [32, 33]; however, trimodality therapy with cytoreductive surgery followed by radiotherapy and chemotherapy can prolong survival [5, 7, 23, 29, 30].

The three distinct histologic subtypes – epithelial, sarcomatoid (sarcomatous), and mixed (biphasic) – cannot be distinguished by imaging. Even though contrast-enhanced CT is the preferred technique for evaluating suspected malignant pleural disease, histological sampling and immunohistochemistry can only reliably diagnose MPM. The complex morphology and growth pattern of MPM make it an imaging enigma. This chapter aims to highlight the practical aspects of imaging of MPM with an emphasis on guiding management.

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3.2

Patterns of Presentation and Imaging Features

MPM has varied and nonspecific imaging appearances ranging from pleural effusion, focal pleural thickening, diffuse circumferential pleural thickening, pleural nodularity to pleural masses [13–15, 36]. Calcified and noncalcified bilateral pleural plaques coexist with pleural thickening. Pleural thickening can be focal or circumferential and extends along the mediastinal, diaphragmatic surface of the pleura and along fissures. Nodal involvement and contiguous invasion of adjacent chest wall and direct intra-diaphragmatic extension can be seen in later stages. Contralateral disease can be in the form of pleural effusion or pulmonary nodules. Brain and osseous metastases can be seen in later stages, as well.

The constellation of findings ranges from unilateral pleural effusion, circumferential nodular pleural thickening, pleural masses, and invasion of adjacent structures, to adenopathy, osseous, pulmonary and distant metastases in the later stages [13–15, 36]. Pleural thickening and/or effusions also represent early presentation and are nonspecific without histological confirmation. Rind-like circumferential pleural thickening is seen as the disease progresses, with the disease process often starting from the diaphragmatic surface of the pleura extending upward [27, 34] (Figs. 3.1 and 3.2). Apical involvement is considered a bad prognostic factor and is seen in later stages. Volume loss and mediastinal shift can be seen secondary to encasement of the lung. Sixty percent of the time the disease is seen on the right and is only bilateral in 10% cases [22].

Biphasic and sarcomatoid subtypes have more aggressive behavior and can present with

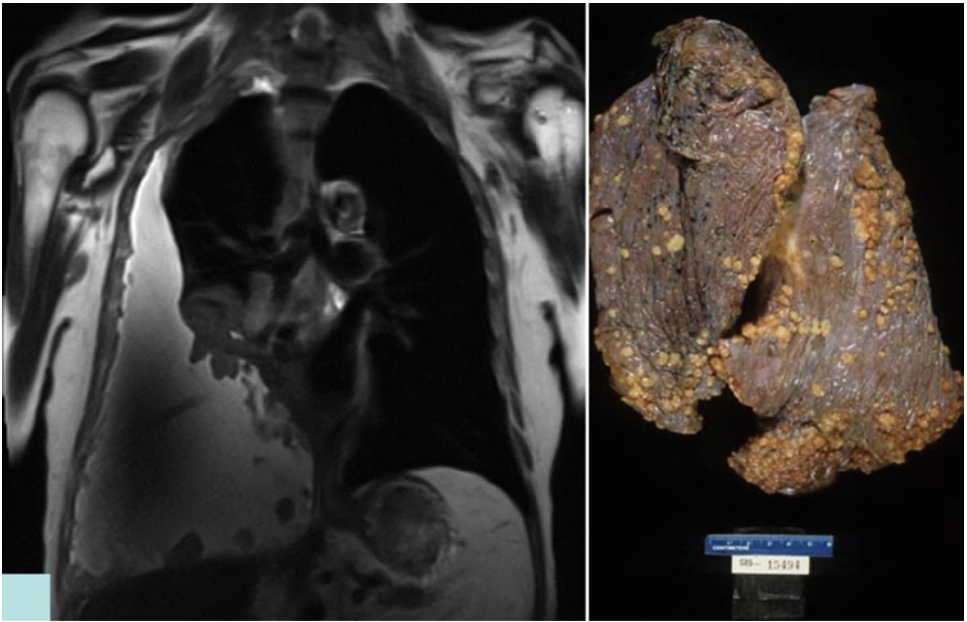


Fig. 3.1 Circumferential nodular pleural thickening and an associated large right pleural effusion in a patient with epithelial MPM

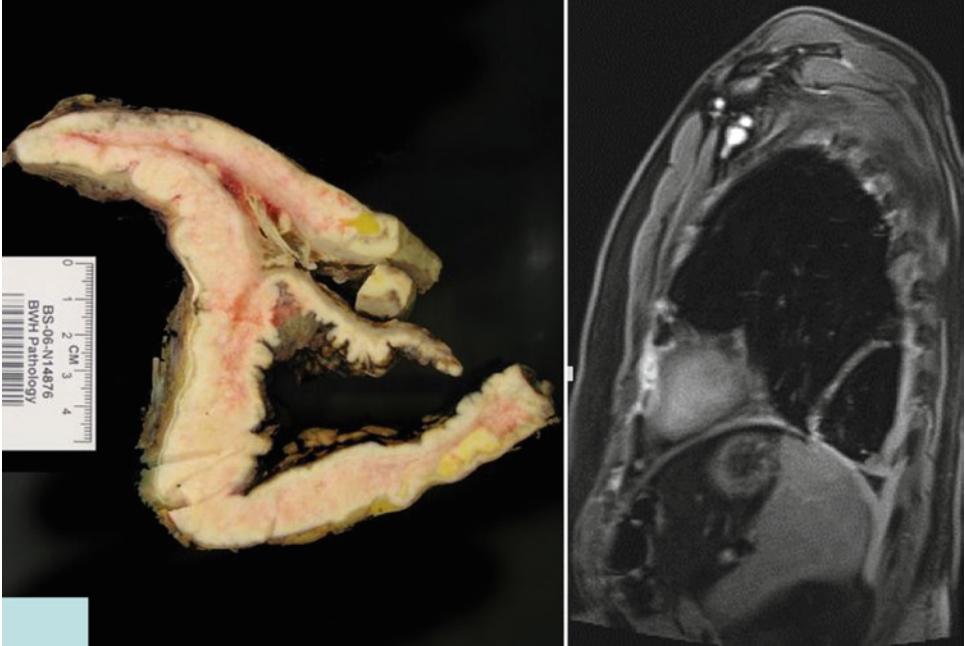


Fig. 3.2 Saggital post-contrast VIBE image showing rind-like circumferential pleural thickening extending along the diaphragm and fissures and reflections of the pleura

distant and osseous metastases in early stages of the disease.

3.3 Preoperative Evaluation of MPM

MPM patients are considered surgical candidates if the disease is confined to the ipsilateral hemithorax and there is no evidence of spread to mediastinal lymph nodes ($N=0$) or distant metastases ($M=0$). Current methods for predicting resectability of patients undergoing extrapleural pneumonectomy for macroscopic complete resection of MPM are limited. Despite improvements in diagnostic imaging over several decades, the proportion of patients who are unable to complete resection after thoracotomy remains high at 25% [27]. Using current

methods of preoperative evaluation for patients with malignant pleural mesothelioma, evidence of local invasion of contiguous structures, transdiaphragmatic or transmediastinal invasion, and diffuse chest wall invasion are clear indicators of unresectability (Figs. 3.3–3.6).

Computed tomography (CT) is the mainstay in preoperative evaluation and is complemented by magnetic resonance imaging and ^{18}F -FDG positron tomography [34]. Plain radiography plays a limited role due to varied and nonspecific appearances ranging from pleural effusion to lobulated pleural thickening and pleural masses (Fig. 3.7). Pleural plaques, the hallmark of asbestos exposure, further limit evaluation on radiographs and can potentially obscure contralateral involvement and can obscure pulmonary nodules.

CT continues to be the initial and primary modality for diagnosis, staging, and monitoring

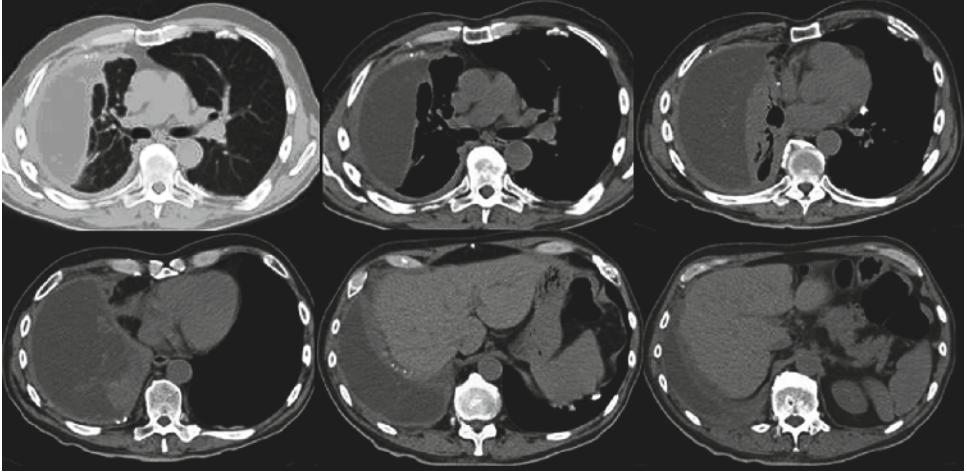


Fig. 3.3 Serial axial CT images showing pleural effusion, thickening, and masses

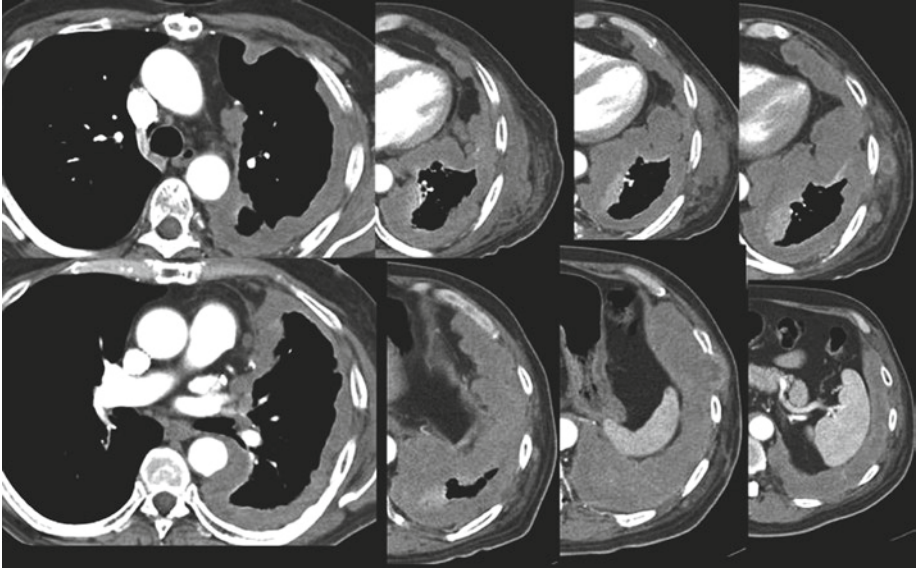


Fig. 3.4 Serial contrast-enhanced axial CT images showing later presentation of epithelial mesothelioma, confined to the left hemithorax, this patient underwent successful extrapleural pneumonectomy

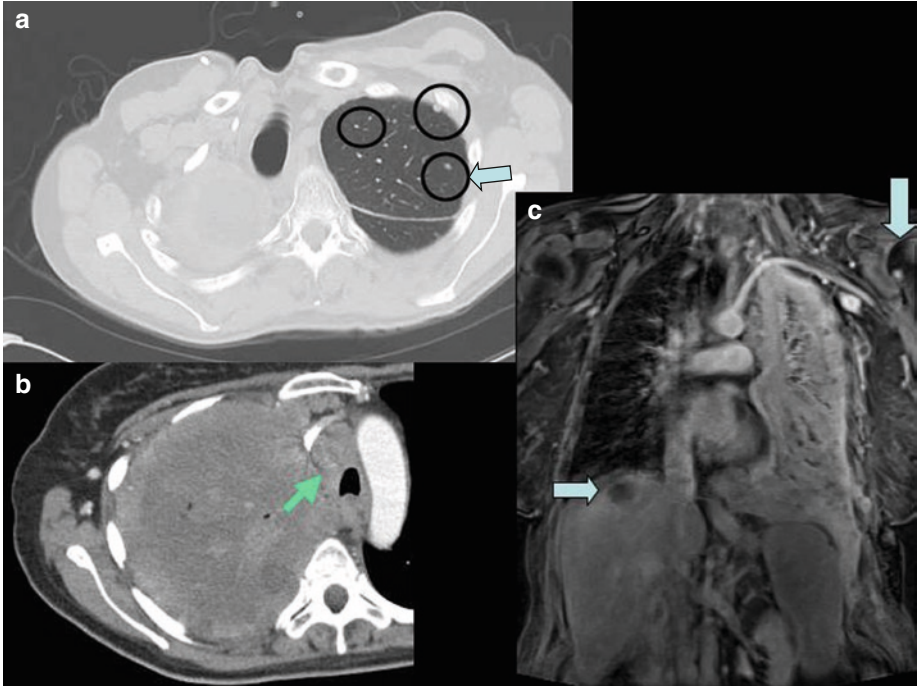


Fig. 3.5 Axial CT images showing (a) contralateral pulmonary nodules, (b) mediastinal invasion and adenopathy (*arrow*), (c) coronal contrast-enhanced

MR image showing hepatic metastasis and osseous left humeral head metastasis

of therapeutic response in MPM [25]. Even though CT can easily depict the overall extent of the pleural abnormality, early chest wall invasion, peritoneal involvement, and lymph node metastases can be challenging even on a contrast-enhanced CT scan. Subtle transdiaphragmatic extension can also be difficult to identify on CT.

CT image data can also be effectively reconstructed in three-dimensional planes to yield multi-planar reformats and volume rendered images to simulate the anatomical detail for surgical planning. Three-dimensional (3-D) volume rendered images are increasingly becoming popular to show association with adjacent structures and encasement or encroachment of vascular structures by the tumor [13, 15]. Maximum intensity projections depict the course of vessels

encased by the pleural rind and are helpful during surgery. The 3-D images are intuitive and provide the surgeons an overview of the tumor *in vitro*, thereby aiding the surgeons during resection. These images also provide patients an overview and extent of their disease during management discussions (Fig. 3.8).

Furthermore, volumetric assessment of MPM can be easily acquired by serially segmenting the tumor using Hounsfield thresholding [6, 24, 27, 31]. Tumor and lung volumes can be generated and have been proven to be prognostically significant (Fig. 3.9).

Ultrasound has a limited role in diagnosis and management of MPM; however, the fluid attenuation of the tumor provides a diagnostic window for the ultrasound, thus enabling ultrasound-guided biopsy and thoracentesis, thereby

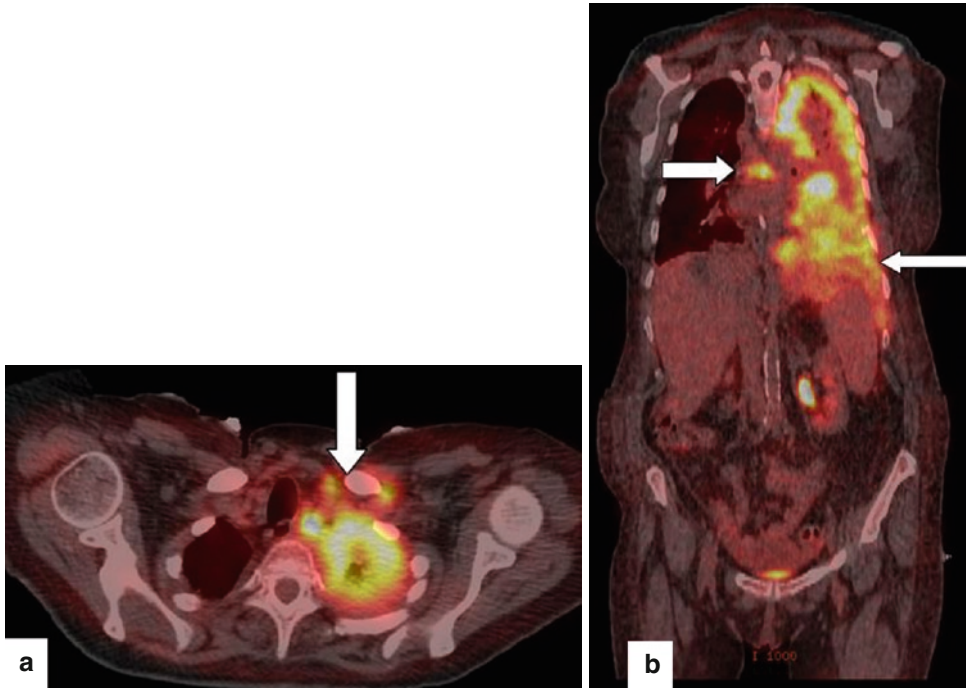


Fig. 3.6 (a) and (b) Fused ^{18}F -FDG images in a patient with advanced epithelial MPM, with left supraclavicular nodes (*arrow*), mediastinal nodes, and intra-abdominal extension (*arrows*)

improving the diagnostic yield of pleural biopsy [20] (Fig. 3.10).

MRI is superior to CT both in the differentiation of malignant from benign pleural disease due to its superior signal-to-noise ratio and is the modality of choice in the assessment of chest wall and diaphragmatic invasion by MPM [19]. Dynamic contrast-enhanced (DCE) MRI is a promising technique and has the ability to correlate histology and pathology [17, 18] (Giesel 2008).

MRI not only confirms the CT findings such as diffuse pleural thickening and pleural effusion, but is superior in delineating contiguous invasion of adjacent structures. MPM has intermediate to slightly high signal intensity on T1-weighted images (T1-WI) and moderately high signal intensity on T2-weighted images

(T2-WI) as compared to adjacent chest wall musculature [13–15, 34] and shows moderate enhancement after administration of gadolinium. MRI has a higher sensitivity and specificity to CT in detecting early chest wall and subdiaphragmatic involvement. Linear enhancing foci in the chest wall depicting sites of previous biopsy, thoracotomy, or chest tube tracts are also relatively more easily seen on MRI than on CT.

Additional techniques such as fat suppression and subtraction images further increase the sensitivity in detecting fissural involvement and invasion of the adjacent structures [14]. Sagittal and coronal reformats are very important in delineating transdiaphragmatic, chest wall, and direct mediastinal involvement, and thus are key sequences in predicting resectability. Patz et al.

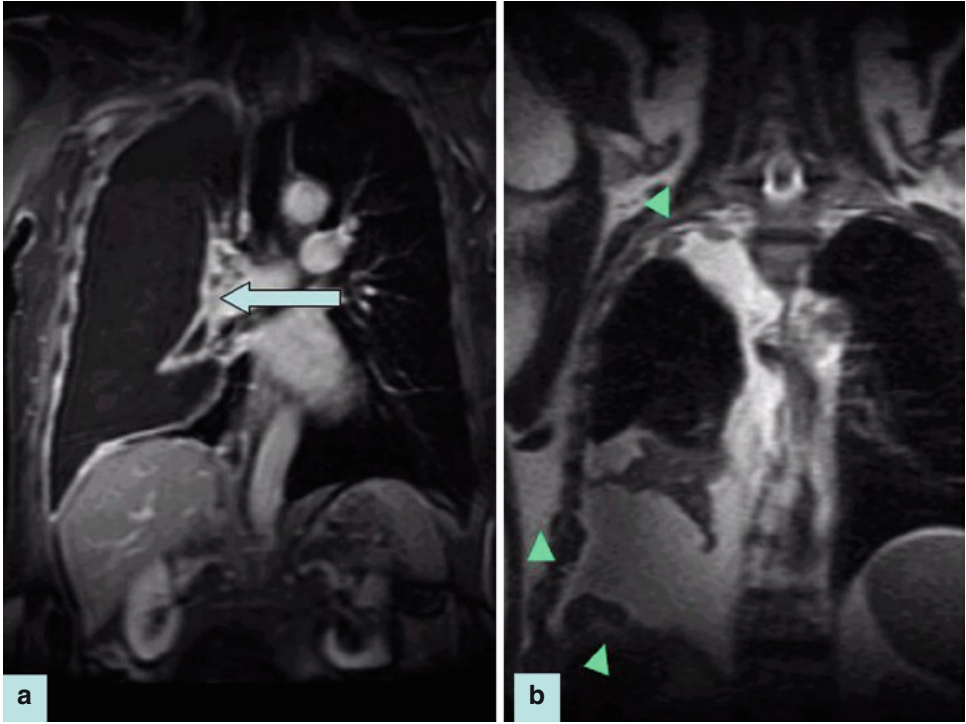


Fig. 3.7 (a) Early presentation of MPM, coronal post-contrast VIBE image showing a large right pleural effusion with complete atelectasis of the

right lung (*arrow*). **(b)** Combined pleural effusion and pleural-based masses (*arrow heads*) as seen on a coronal T2W MR image

compared the values of the two modalities in predicting resectability and reported high sensitivity for both CT and MRI in evaluating resectability of MPM in relation to the diaphragm and chest wall (94% and 93% sensitivity for CT, and 100% and 100% for MRI); however, MRI was found to be superior [27]. Heelan et al. also found MRI superior to CT in revealing invasion of the diaphragm (55% accuracy for CT vs 82% for MRI) and in showing involvement of endothoracic fascia and solitary resectable foci of chest wall invasion (46% accuracy for CT vs 69% for MRI) [19].

MR imaging of MPM can be severely limited due to artifacts such as susceptibility artifact, aliasing, and motion artifact. However, optimization of imaging sequences with optimal

cardiac gating, respiratory compensation, and utilization of fat suppression techniques can help limit artifacts. Additionally, the use of 3-D gradient echo sequences such as FAME (Fast Acquisition with Multiphase Efgre3D), VIBE (Volumetric Interpolated Breath-Hold Examination), and LAVA (Liver Acquisition with Volume Acquisition) are based on a 3-D spoiled gradient echo pulse sequence. The optimized inversion pulse and a new fat suppression technique (called segmented special) provide enhanced image contrast and uniform fat suppression. Array spatial sensitivity encoding technique (ASSET) with partial data filling and shorter TR/TE enables the use of short breath holds for dynamic imaging with multiple phases [14].

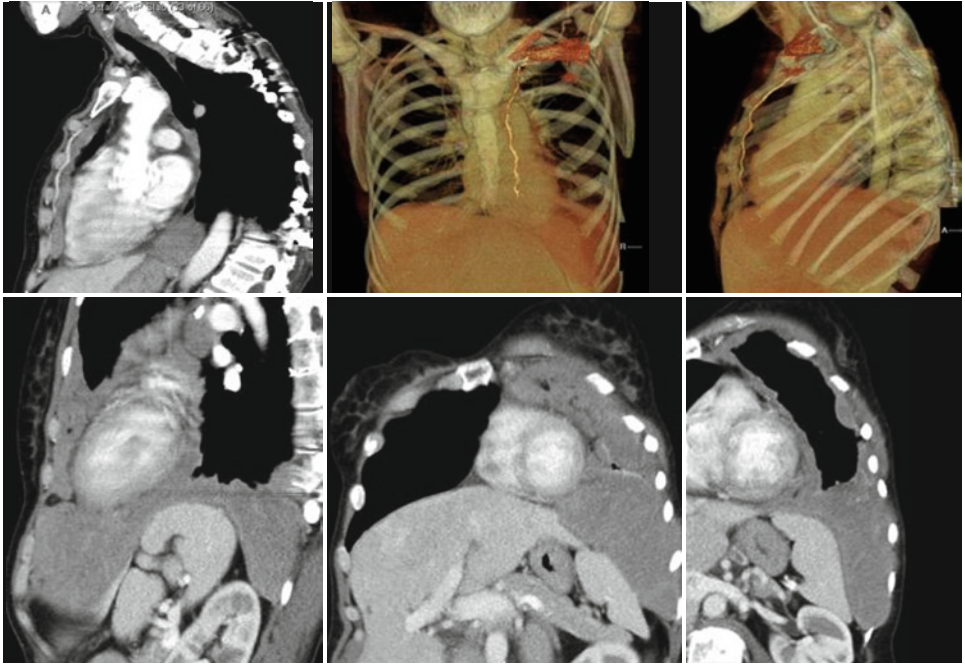


Fig. 3.8 Multi-planar and Volume-rendered CT images showing relationship to mediastinal structures and vessels

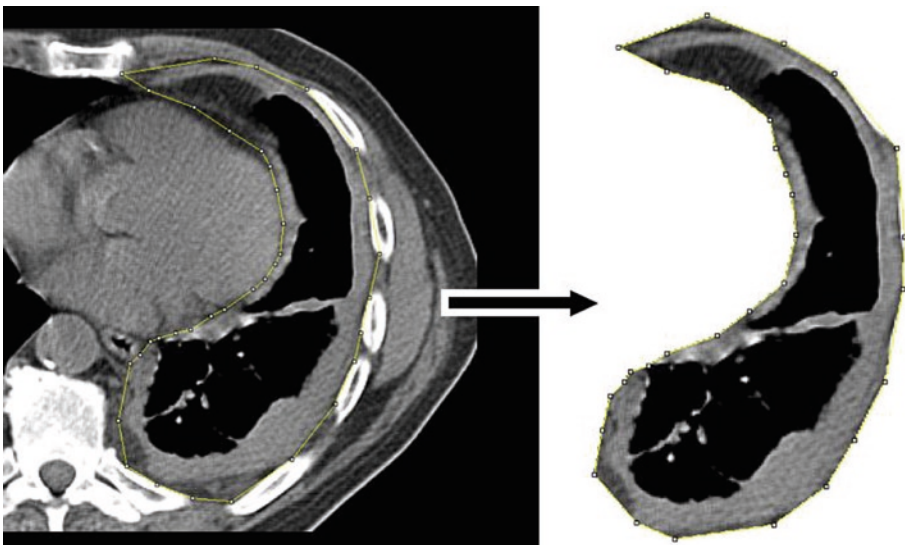


Fig. 3.9 Volumetric assessment of tumor using Image J to segment pleural tumor from CT DICOM data and calculating overall tumor volume from axial images

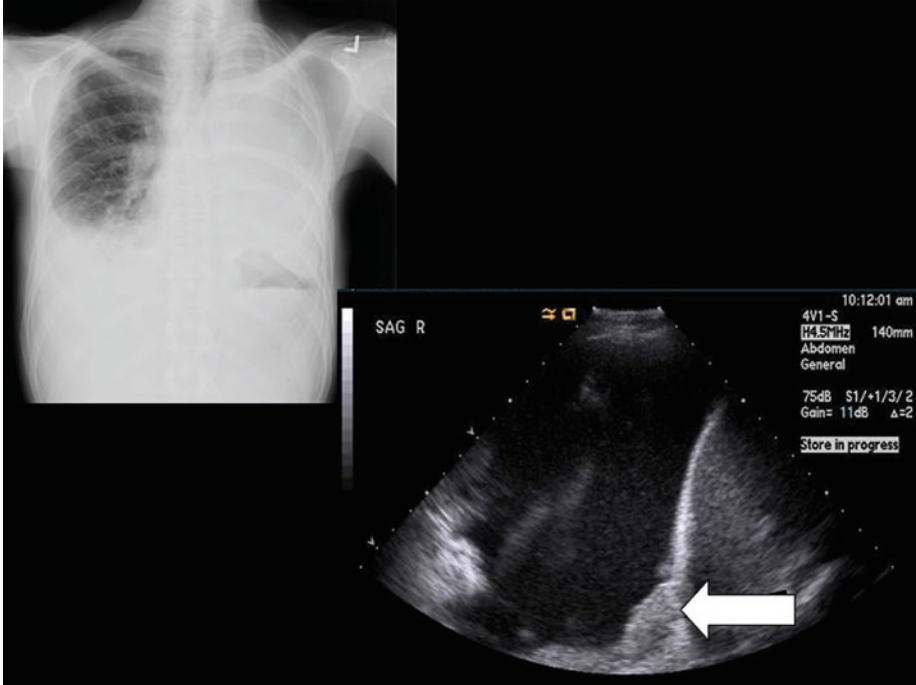


Fig. 3.10 PA and lateral chest x-ray obtained 5 years following left EPP shows interval appearance of a right pleural effusion, rind-like encasement of the right lung and right lung volume loss from MPM.

Note the hyperechoic diaphragmatic mass (*white arrow*) seen on a thoracic ultrasound used to guide intraoperative pleural biopsy

Diffusion weighted MRI [16] can give us information on the cellularity of MPM and the ADC values can be correlated with the histological subtypes. Parallel MRI allows for a quantitative assessment of tumor mobility and local lung motion. Parallel MRI acquisition techniques (PAT) such as generalized autocalibrating partially parallel acquisition (GRAPPA), TrueFISP (fast imaging with steady precession), and fast low angle shot (FLASH) can help in delineating subtle invasion of mediastinal structures and the chest wall [17] and are especially useful when direct invasion of mediastinal, vascular structures, and myocardium is suspected.

Functional imaging with PET ^{18}F -Fluorodeoxyglucose (FDG) facilitates noninvasive evaluation of tumor pathophysiology and details anatomic-metabolic extent of MPM, thus enabling preoperative staging. MPM has moderate to high ^{18}F -FDG uptake depending on histological cell

type [9, 10]. Gerbaudo et al. have correlated tumor distribution with four different patterns of FDG uptake, namely, focal (type 1), linear (type 2), mixed (type 3), and encasing (type 4) [10]. Their study comprised of a semiquantitative analysis of serial dual-phase FDG images, which demonstrated that radiotracer uptake increased over time in both normal tissue and MPM [9]. In the normal lung, the rise in FDG uptake was $6\pm 4\%$ in 2 h, between the early and late images; however, the increment of FDG uptake in MPM was higher in stage IV patients ($97\pm 25\%$) when compared to stage I ($13\pm 1\%$), stage II ($34\pm 2\%$), and stage III patients ($57\pm 3\%$), thereby predicting that as the stage of MPM increases, the FDG uptake in the tumor also increases. Currently, PET/CT is superior to other imaging modalities in overall staging and selection of patients for surgery due to its ability to detect occult metastases and extensive disease [10] (Fig. 3.7).

3.4 Postoperative Evaluation

Curative treatment for MPM is with extrapleural pneumonectomy. Localized disease or minimal disease is treated with local resection or radical pleurectomy or pleural decortication. Radiographs are used to follow patients postoperatively, reserving CT for evaluating complications.

After pneumonectomy, the pneumonectomy space fills up with fluid, generally at the rate of one intercostal space per 7 days, and can be monitored by serial radiographs. Controlled filling of the pneumonectomy space helps control mediastinal shift [35]. Rapid filling of the pneumonectomy space is worrisome and is of concern for hemorrhage within the pneumonectomy space or a Chyle leak. Slow filling of the pneumonectomy space or decreasing fluid level is worrisome for a bronchopleural fistula, or leakage of fluid into the abdomen along the diaphragmatic reconstruction, both these scenarios are secondary to infection (Figs. 3.11 and 3.12).

MDCT with the help of multi-planar reformats and 3-D imaging can help delineate the BPF [13, 15]. The data can also be interpolated to provide measurements for personalized stents [13, 15]. Ventilation scans can help delineate a tiny central BPF. Marsupialization of the pneumonectomy space and Clagette window creation are the treatments of choice for a central BPF. The pneumonectomy space is opened and cleaned and packed with antibiotic soaked packing in an attempt to heal the infection and then the cavity is closed and packed with a muscle flap, generally the latissimus dorsi or the omentum [14].

CT and PET ^{18}F -Fluorodeoxyglucose scans are also used to identify and biopsy possible sites of recurrence (Fig. 3.13).

Another complication seen especially with a left-sided pneumonectomy is herniation of stomach along the medial aspect of the pneumonectomy space. Plain radiographs are the

best at depicting the herniation of the gastric bubble above the gortex reconstruction, usually seen on the first postoperative radiograph [14] (Fig. 3.14). Post-pneumonectomy syndrome, another rare complication, can also be assessed by CT. The left main stem bronchus gets stretched over the vertebral body due to severe mediastinal shift to the right post-pneumonectomy [14]. The mediastinal shift can be corrected by putting in a saline-filled implant into the pneumonectomy space, with an aim to displacing the mediastinal structure (Fig. 3.15). MR is a very useful modality when Chyle leak is suspected and helps in identifying the site of leak and the thoracic duct prior to embolization.

Recurrence and/or progressive metastatic disease are generally evaluated by contrast-enhanced CT scan. Multiple patterns of recurrence are seen mostly as enlarging soft tissue masses along the resection margins, ascites, and peritoneal thickening, which is a manifestation of intra-abdominal disease, new pulmonary nodules, and increasing size of mediastinal nodes [21]. FDG/PET is very useful in restaging and also monitoring response to therapy [10, 27, 34].

Post-radical pleurectomy, the granulation tissue along resection margins can be irregular and nodular, thus often raising concern for recurrence; however, serial FDG/PET can help distinguish between the two by semiquantitative evaluation of tracer uptake. Tumor will show progressive increase in uptake of tracer as opposed to granulation tumor, which slowly, over a period of time, will either regress or remain stable [10] (Fig. 3.16).

3.5 Unresectable Disease

Extensive chest wall invasion, direct mediastinal invasion, positive mediastinal nodes, contiguous intra-abdominal disease, and contralateral

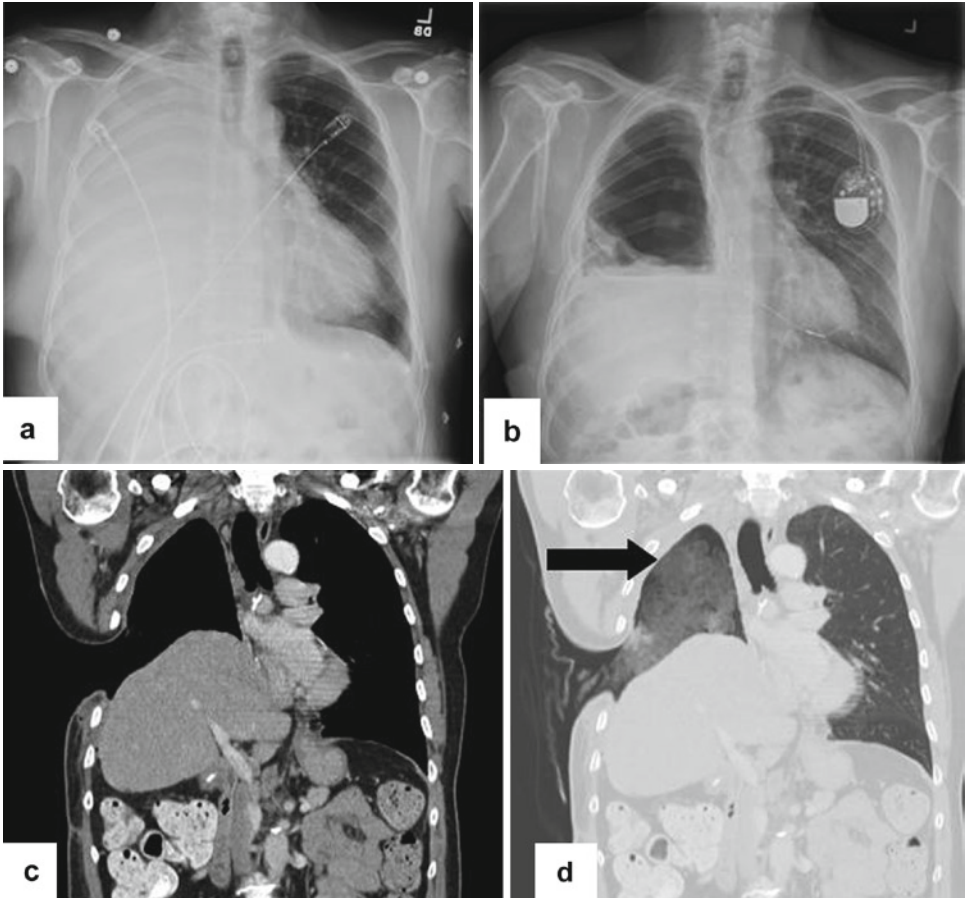


Fig. 3.11 (a) Three months post extrapleural pneumonectomy showing complete filling of right pneumonectomy space, (b) complete loss of fluid at 4 months signified a bronchopleural fistula, patient

underwent exploration and was found to have an infected right pneumonectomy space (c) and (d) showing a right-sided Clagette window with packing material

involvement are features that are hallmarks of unresectable disease. When patients are deemed unresectable, they are referred for chemotherapy and or palliative debulking surgery. Imaging helps quantify tumor extent, delineate morphology, depict angiogenesis, and identify patients who will potentially respond to chemotherapy [4].

Volumetric analysis is done by using DICOM CT images to generate volume data using Hounsfield thresholding. Volumetric

measurements may prove to be more reproducible and accurate than RECIST and modified RECIST criteria in evaluating response to therapy as MPM due to its complex morphology and tendency to grow along pleural reflections. Therefore, it is challenging to acquire reproducible and reliable orthogonal measurements [1–3, 26].

Dynamic contrast-enhanced (DCE) MRI using gadolinium-based contrast material (Gd-CM) can be used for the assessment of perfusion,



Fig. 3.12 Coronal CT images after clagette window closure with a persistent bronchopleural fistula (*arrows*)

vascularity, and vascular permeability of tumors [17, 18]. The two-compartment model can be applied to the pharmacokinetic analysis of DCE MRI yielding parameters such as redistribution rate contrast (kep) and elimination rate contrast (kel) and amplitude [17, 18]. These parameters can predict the therapeutic efficacy of chemotherapy in MPM. Giesel et al. evaluated the feasibility of DCE MRI in monitoring therapeutic effect of chemotherapy in MPM by comparing pharmacokinetic parameters, including kep and kel , to early clinical response and survival [12]. They found that nonresponders to the therapy showed a higher kep value (3.6 min) than clinical responders (2.6 min), which in turn correlated to shorter survival (460 vs 780 days) [11]. Even though these results are promising, this concept

requires testing in larger cohorts. Direct comparison between perfusion MRI parameters and angiogenesis factors, such as VEGF expression, is also required and correlation with other prognostic indicators needs to be studied.

FDG/PET can also be used to assess treatment response by semiquantitative evaluation of tracer uptake and direct comparison between pretreatment and posttreatment scans [8].

3.6 Future Directions

Dynamic contrast-enhanced MRI can be used to map the heterogeneity of microcirculation in MPM and can be used to predict therapeutic

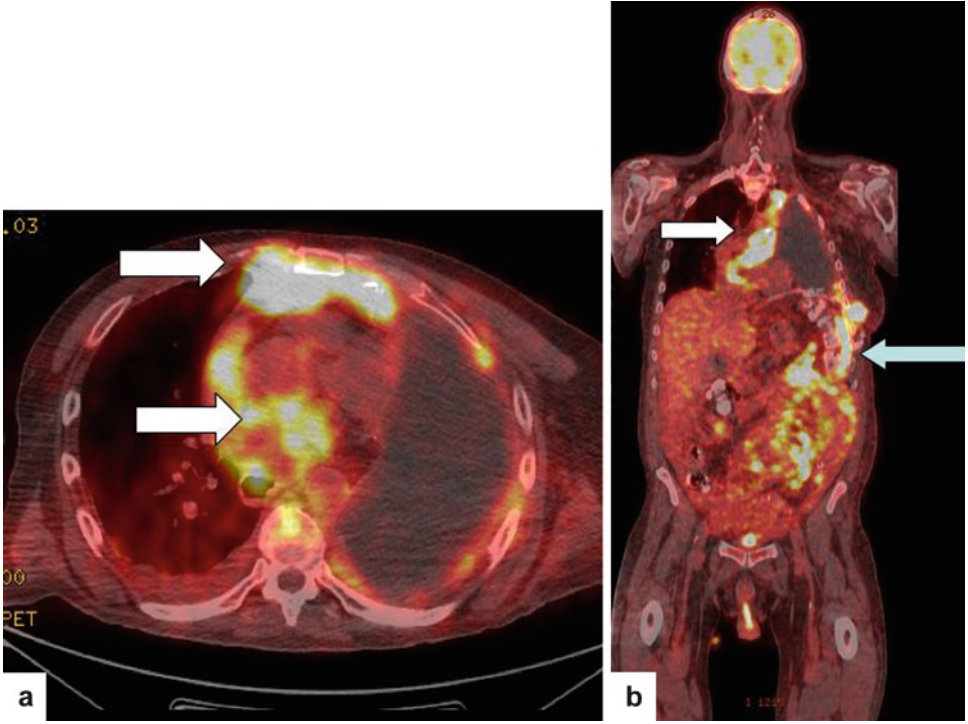


Fig. 3.13 (a) and (b) axial and Coronal ¹⁸F-FDG fused images showing recurrent disease involving the mediastinum, left lateral chest wall and intra-abdominal disease post left extrapleural pneumonectomy (*white arrows*)

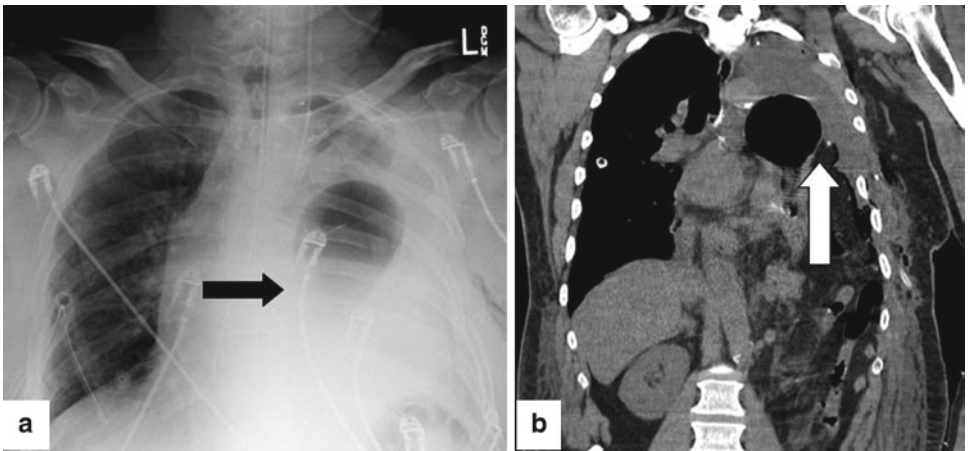


Fig. 3.14 (a) Radiograph showing herniation of stomach above the diaphragmatic reconstruction. (b) Coronal reformat showing the stomach above the gore-tex reconstruction (*white arrow*)

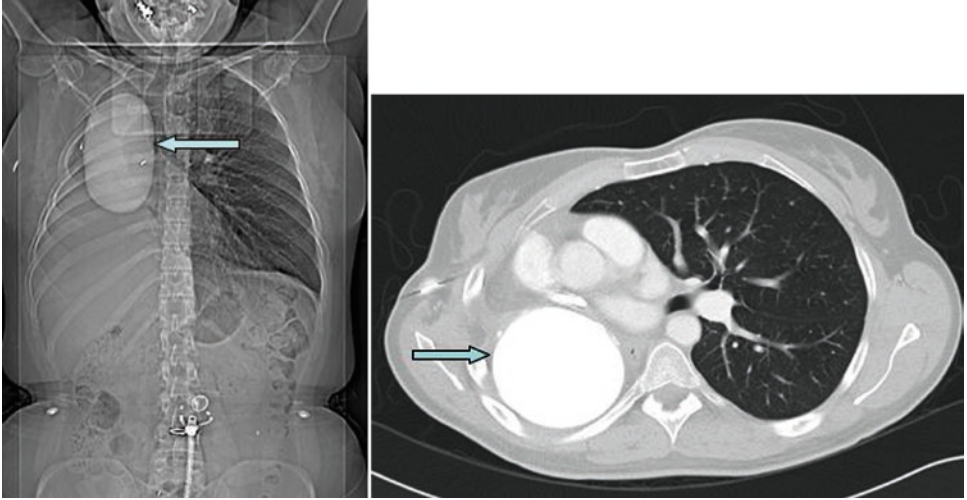


Fig. 3.15 Coronal and axial images showing a (*arrow*) saline implant used to displace the mediastinal structures to the left in order to treat post-pneumonectomy syndrome

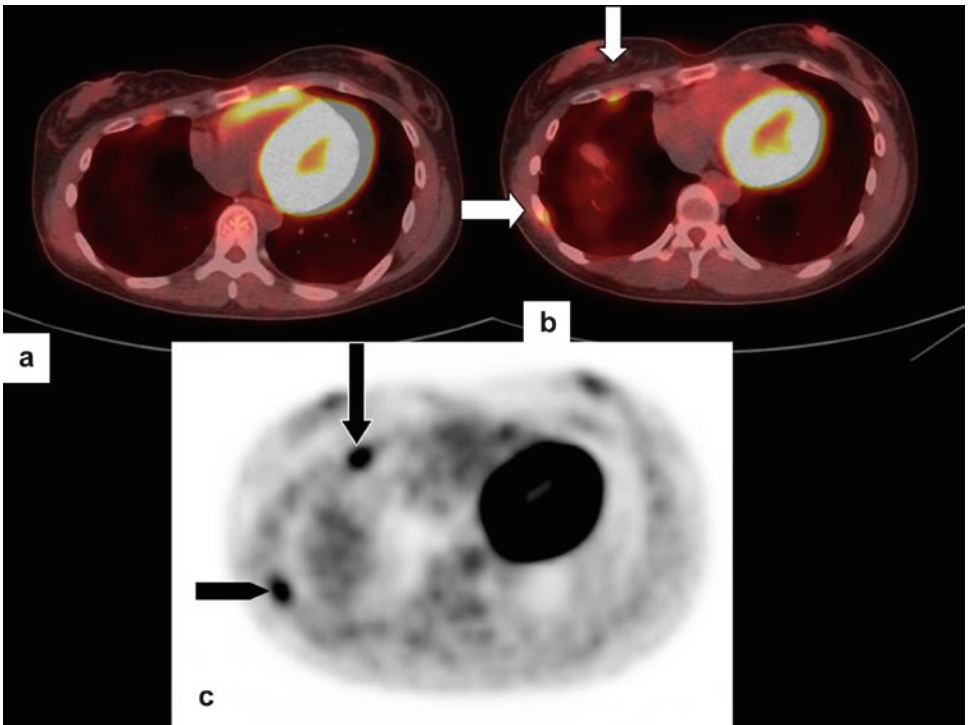


Fig. 3.16 (a) Baseline fused ^{18}F -FDG axial image post right radical pleurectomy (b) (*white arrows*) and (c) (*black arrows*) 50% increase in SUV; these two areas were subsequently resected

response and stratify survival. The development of such a quantitative technique will bring new measures essential to the diagnosis and management of patients with MPM, and will enable an objective assessment of new pharmacologic agents and serve as a possible tumor biomarker enabling prediction of outcomes. Diffusion MRI, combined with DCE MRI, can be a powerful tool. ADC maps derived by plotting intensity from multiple b values can be used to measure tumor cellularity. However, these techniques need to be validated and studied before they can be adapted into clinical practice.

3.7 Summary

Imaging plays a key role in diagnosis, management, and follow-up of patients with MPM. CT is the primary diagnostic modality in diagnosis, staging, and posttreatment management of MPM. MRI and PET provide additional and complementary information to CT. Optimization of current MR protocols will provide more efficient and valuable MR applications and potentially serve as an imaging biomarker. Larger population studies and correlation of imaging to pathology and genomic profiles can help improve survival.

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Abstract The incidence of mesothelioma continues to increase in the Western world and is likely to do so until 2011–2015. It commonly presents with breathlessness secondary to a pleural effusion, and whilst guidelines still advise thoracentesis as the first line investigation, the sensitivity of this is low and a tissue diagnosis is usually required. Abrams needle biopsy also has a low diagnostic yield and high complication rate and is not recommended in guidelines on the investigation of mesothelioma. Computed tomography-guided biopsy or thoracoscopy both have a comparable sensitivity and low complication rates. Local anaesthetic thoracoscopy is increasingly used

by respiratory physicians and has a comparable diagnostic sensitivity to Video-Assisted Thoracoscopic Surgery (VATS) without the need for a general anaesthetic. The requirement for prophylactic radiotherapy after pleural procedures in cases of mesothelioma is contentious, as the results from early trials suggesting it reduces tract seeding have been disputed by more recent trials.

4.1 Introduction

The incidence of mesothelioma continues to increase; it has a poor prognosis and definitive diagnosis is often difficult to obtain [56]. In Europe, 5,000 people die annually from mesothelioma [47] and in Britain the incidence is projected to peak in 2011–2015 at 1,950–2,450 deaths per year [29]. The prognosis is poor with a study in the USA [52] showing a 1-year survival of 64% from onset of symptoms and median survival of 10 months. A British study [61] found a median survival of 14 months from the onset of symptoms.

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4.2

Clinical Presentation

The most common clinical presentation for patients is progressive dyspnoea and/or chest wall pain [17]. Dyspnoea at presentation is usually caused by a pleural effusion but as the disease progresses this can be caused by pleural restriction. At presentation 90% patients have a pleural effusion with 10% patients having little or no fluid [30]. The effusion is usually unilateral (95%). The chest wall pain is usually caused by significant chest wall invasion. Other symptoms include a dry cough, weight loss, fever, fatigue or night sweats. The patient may also present after abnormalities are found on a routine chest radiograph [2] or present with minimal non-specific symptoms with the diagnosis only becoming apparent with time.

A detailed occupational history is important, although sometimes difficult because of the time that has elapsed since the exposure. Common prior occupational exposures include ladders, pipefitters, plumbers, heavy construction or shipbuilding industry workers and those working aboard ships, especially in the boiler room.

4.3

Investigation of Pleural Effusion

Mesothelioma may be suspected on presentation because of the history, including exposure and symptoms, and abnormalities on the chest radiograph. If a pleural effusion is present then the initial investigations should be a diagnostic/therapeutic pleural aspiration and contrast-enhanced computed tomography (CT) [62]. The contrast allows differentiation between thickened pleura, pleural effusion and underlying collapsed or

aerated lung, allowing a detailed look at the pleura including whether the pleural thickening is irregular, circumferential and involves the mediastinal border. It also aids decisions regarding the next, most appropriate, investigation. Pleural aspiration is a simple investigation that can be performed, under ultrasound guidance, in clinic at the initial review and should be sent for cytology with immunocytochemistry if appropriate [2].

4.3.1

Cytology

The diagnostic sensitivity of pleural cytology with malignancy has been reported at about 60% [24, 43]; however, the reported sensitivity for mesothelioma has been reported as much lower than this at 20–32% [32, 51]. This number included those that were suspicious but not diagnostic for mesothelioma. If only the positive results were included and the suspicious results excluded, the sensitivity decreased to 16%. However, it is worth noting that if cytology is positive then the median time to diagnosis is reduced. In one study, this time was reduced from an average of 12 to 4 weeks. It often proves difficult to differentiate between reactive mesothelial cells secondary to an inflammatory response and malignant cells; therefore, pleural tissue is often required to confirm the diagnosis. Immunocytochemistry can help to differentiate between mesothelioma and adenocarcinoma [23]. Sending a second sample if the first was negative has been shown to increase the yield for malignancy by a further 27% [24]; however, in the case of mesothelioma it is unlikely to be this successful and likely to delay diagnosis further. Repeated thoracentesis has also been shown to increase the number of pleural localisations [16] which could have an impact on later investigations such as thoracoscopy.

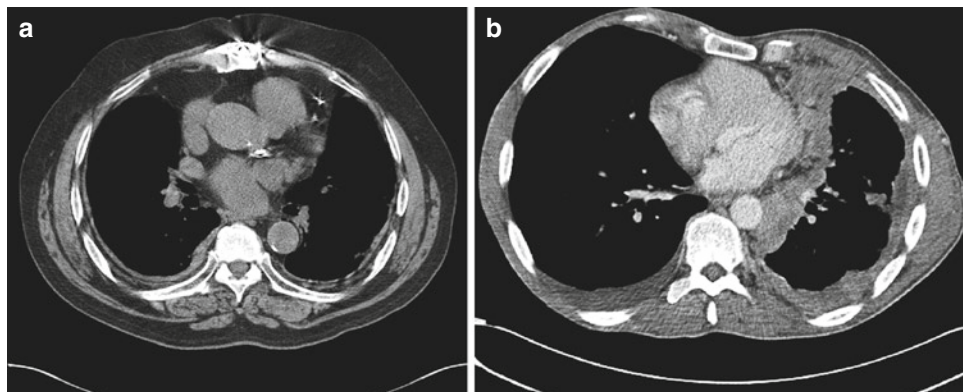


Fig. 4.1 (a, b) Benign and malignant pleural thickening on CT scan

The European Respiratory Society (ERS) and European Society of Thoracic Surgeons (ESTS) guidelines on the management of mesothelioma state that it is not recommended to make a diagnosis of mesothelioma based on cytology alone because of the high risk of diagnostic error.

4.4 Investigation of Pleural Thickening with No Effusion

Benign causes of pleural thickening commonly include previous pleural infection or haemothorax and benign asbestos-related pleural thickening. When seen at the lung apices it is generally due to prior infection from tuberculosis or fungi [17]. It is uncommon for asbestos to cause apical pleural thickening.

CT changes suggesting malignancy as opposed to benign pleural thickening are (1) circumferential thickening, (2) nodular pleural thickening, (3) parietal pleural thickening >1

cm and (4) mediastinal pleural involvement [35]. Whilst these changes were specific (100%, 94%, 94% and 88%, respectively), they were not overly sensitive (41%, 51%, 36% and 56%, respectively), and did not allow differentiation of mesothelioma from other cancers. If there is evidence suggesting malignancy, these patients will require a pleural biopsy. The thoracic CT scan is helpful in deciding which method would be most suitable (Fig. 4.1a, b).

4.5 Percutaneous Pleural Biopsy Techniques

4.5.1 Abrams Needle

The use of a blind closed needle biopsy (BCNB) was first described by Abrams in 1958 [3]. It provided an alternative to an open pleural biopsy, which requires a general anaesthetic [7]. Compared to other pleural biopsy techniques it

is inexpensive and can be carried out under local anaesthetic. Chakrabarti et al. found no difference in the diagnostic sensitivity between respiratory registrars and their more junior counterparts [13]. Although low yields were reported when diagnosing mesothelioma, it was hoped that this might be improved with the advent of improved histopathological tests [7].

Abrams needle biopsy has been shown to increase the yield in diagnosing malignancy over cytology by 7–27% [43, 48]. There have been two recent reviews of BCNB. In one, of 75 patients with a pleural effusion who underwent BCNB, 46 patients were ultimately diagnosed with malignancy. The initial Abrams biopsy was diagnostic in 20 of the 46 patients diagnosed with malignancy (43%). In those diagnosed with mesothelioma the Abrams biopsy was diagnostic in 4 of 13 cases (31%) [13]. In another review of 119 patients ultimately diagnosed with mesothelioma who underwent BCNB, a definitive diagnosis was made in 44 (46%) whilst the result was suspicious in 20 (21%) [37]. The results in an earlier trial were higher, with five of seven (71%) patients with mesothelioma being diagnosed with an Abrams needle biopsy [7]. A recent trial attempted to increase the sensitivity of an Abrams needle biopsy by determining the entry site with the use of a contemporaneous thoracic CT and measuring the distance between entry and target site two dimensionally on the CT [39]. The sensitivity for diagnosing mesothelioma was 80%. Other attempts have been made to increase the sensitivity by methods such as pleural brushings [6], but diagnostic yields are no greater than 50%. The only randomised controlled trial directly comparing CT-guided cutting needle to blind Abrams biopsy [36] looked at 50 consecutive patients. It showed a significantly increased sensitivity with a CT-guided cutting needle (87%) compared to the Abrams biopsy (47%) in the diagnosis of malignancy and the results were similar when looking at mesothelioma.

Complications of Abrams biopsy include site pain (1–15%), pneumothorax (3–15%), vasovagal reaction (1–5%), haemothorax (<2%), site haematoma (<1%), transient fever (<1%) and very rarely death secondary to haemorrhage.

4.5.2

Radiologically Guided Percutaneous Pleural Biopsy

Pleural thickening, whether benign or malignant, is frequently not uniform, and image-guided biopsy facilitates selection of the most appropriate biopsy site. It also enables safe biopsies in the absence of a pleural effusion. Percutaneous pleural biopsy has been described with both transthoracic ultrasound (US) and CT as image guidance modalities.

US has been used increasingly by respiratory physicians to assess pleural effusions as it has become clear that it increases the success of pleural aspiration and reduces complications [25, 33] and is now recommended in the 2010 BTS pleural disease guidelines for all pleural procedures performed on the ward [62]. US allows real-time images of the biopsy, is readily available and has no radiation risk to the patient. In one review of US-guided cutting needle biopsy versus Abrams needle biopsy, 49 patients underwent pleural biopsy, 25 with an US-guided Tru-Cut needle and 24 with an Abrams needle [14]. In the subgroup diagnosed with mesothelioma, the sensitivity was higher with a US-guided Tru-cut needle with a trend towards statistical significance. Another study looked at the sensitivity and safety of using an US-guided Tru-Cut needle in the diagnosis of pleurally based abnormalities >20 mm in the absence of a pleural effusion (those with effusions underwent aspiration +/- thoracoscopy) [20]. Ninety-one patients underwent biopsies by either a respiratory physician or a registrar under supervision. Of these, 10 had mesothelioma and all were diagnosed on the first biopsy. Helio et al. found

similar sensitivities for diagnosing mesothelioma with a US-guided cutting needle [28]. Of 52 patients diagnosed with mesothelioma, 40 (77%) were diagnosed after their first biopsy attempt.

CT-guided biopsy permits access to areas not easily accessible to ultrasound such as pleural lesions near or behind ribs or along the paravertebral surfaces [50]. Higher sensitivities have been reported with CT than with US-guided biopsies although there have been no trials directly comparing them [49]. Metintas et al. looked at 30 patients with mesothelioma who underwent CT-guided closed needle biopsy. This was diagnostic in 25 (83.3%) [41]. Adams et al. reviewed 21 cases of mesothelioma that had received an image-guided biopsy in their work up (6 US and 15 CT) [5]. Their diagnostic sensitivity was 86%. It is also worth noting that of these, four patients had a pleural thickness of less than 5 mm and all of these biopsies were successful.

Cutting needle biopsy has been shown to be more sensitive than fine needle aspiration in the diagnosis of malignancy and the difference is even more marked with mesothelioma [4, 5] with a sensitivity of 93 versus 50% in favour of using a cutting needle. The overall sensitivity can be increased with a combination of both techniques.

Complications occur in less than 5% patients using image-guided pleural biopsy techniques [50] and include pneumothorax, intrapleural bleeding, subcutaneous haematoma and damage to the diaphragm and abdominal viscera.

One study of 85 image-guided biopsies showed their rate of new pneumothoraces was 11% but only 4.7% patients had a new pneumothorax visible on chest radiograph [8]. Of these patients two already had a chest drain in situ and six had had a drain inserted as part of the procedure for drainage of pleural fluid. Therefore, no patient required insertion of a chest drain solely for drainage of a biopsy-induced pneumothorax. 7.5% CT-guided biopsies were associated with

significant bleeding but all remained haemodynamically stable.

4.5.3

Positron Emission Tomography (PET) CT

PET scans are increasingly being used in the evaluation of patients with mesothelioma [58]. F-fluoro-2-deoxy-D-glucose (FDG)-PET has been shown to accurately differentiate benign pleural disease from mesothelioma. In one study of 98 patients with 63 pleural malignancies, FDG-PET had a sensitivity for detecting malignancy of 96.8% and a specificity of 88.5% and appeared to confirm malignant pleural disease that cannot be identified at CT [21]. Neither of the two malignancies that did not show FDG were mesothelioma.

Another study of nine patients with mesothelioma [45] showed that all the primary tumours were FDG positive.

Although no trials have looked at PET-CT being used to increase the diagnostic yield of CT-guided biopsies, there may be a role for this in the future, particularly in those patients who clinically appear to have mesothelioma but have already had negative biopsies and are not suitable for thoracoscopic/surgical biopsies.

4.6

Thoracoscopy

Thoracoscopy was first described in 1910 [31]. It provides a means of diagnosis for effusions of unknown cause and is particularly important in the diagnosis and management of malignant pleural mesothelioma [2]. It is now recommended by the European Respiratory Society and the European Society of Thoracic Surgeons [56] and the British Thoracic Society [63] early in the diagnostic pathway of patients with a symptomatic exudative pleural effusion

of unknown cause. Thoracoscopy can be performed by surgeons under general anaesthetic – Video-Assisted Thoracoscopic Surgery (VATS) but increasingly is being performed by physicians under local anaesthetic – Local Anaesthetic Thoracoscopy (LAT). In the UK the number of centres offering LAT has increased from 11 in 1999 to 37 in 2009 [63].

Thoracoscopy allows direct visual assessment of the pleura and subsequent biopsy of the abnormal areas as well the option of a therapeutic talc poudrage at the same time. Success rates for pleurodesis via thoracoscopy are generally very good and can be as high as 86% [38] at 1 month.

4.6.1

Local Anaesthetic Thoracoscopy

This allows direct visualisation of the pleura and the option of a therapeutic procedure without the need for a general anaesthetic. This is an important advantage over VATS as many patients requiring thoracoscopy have comorbidities and a reduced performance status leading to significant risk from a general anaesthetic. It should, however, be noted that across Europe many physicians carrying out thoracoscopy choose to perform this in the presence of an anaesthetist (and often a GA). Boutin et al. reviewed 188 cases of mesothelioma that had undergone thoracoscopy [10]. 185/188 (98.4%) were diagnosed after thoracoscopy with a 100% specificity. These results have been mirrored in a number of recent studies [9, 22, 38, 42, 54, 57, 59] with the sensitivity for the diagnosis of mesothelioma ranging from 88% to 100% with a specificity of 100% (see Table 4.1).

The thoracoscope can be flexible, semirigid or rigid. One study comparing the use of rigid with flexible thoracoscope [18] looked at 30 consecutive patients with pleural effusion of unknown cause. The first 10 underwent rigid thoracoscopy whilst the following 20 underwent thoracoscopy with both rigid and flexible

thoracoscope. Of those with a final diagnosis of mesothelioma 13/15 (87%) were diagnosed at thoracoscopy. Three biopsies were more informative with the flexible thoracoscope whilst eight were more informative with the rigid thoracoscope. Two biopsies from the flexible thoracoscope were upgraded from reactive pleurisy to mesothelioma by the rigid thoracoscope biopsies. Overall, it was felt that the rigid instrument was superior because it was easier to manipulate and obtain larger biopsies. Munavvar et al. [42] trialled the use of a semirigid thoracoscope, hoping to combine the advantages of the flexible and rigid instruments. They correctly diagnosed 15/15 patients with mesothelioma and did not appear to experience the difficulties previously described with the flexible thoracoscope.

Most centres require at least some pleural fluid to be able to perform thoracoscopy. One centre found approximately 10% of pleural effusions too small for a standard thoracoscope and therefore trialed a smaller instrument [59]. They used a minilaparoscope, which was 3.3 mm rather than the standard 7 mm. They were able to use this on small, loculated effusions inaccessible to the larger instrument, but no figures were given. They felt that the histological samples were comparable although the samples were smaller with the 3.3mm instrument, only 8F drains could be used, the procedure was 20% longer and conversion to conventional thoracoscopy was sometimes used.

Autofluorescence has also been used to try and improve diagnostic yield by correct identification of the abnormal area to biopsy and to aid with staging by helping to delineate the tumour margins [15]. Preliminary results from 24 patients showed that in all 16 cases of pleural malignancy (seven of whom had mesothelioma) the colour of the affected area changed from white/pink to red, giving a sensitivity of 100%. However, in 2/8 cases of chronic pleuritis, there was a similar colour change giving a specificity of 75%.

Alternative forceps has also been used to try and increase the yield. Sasada et al. [55] have used an insulated-tip diathermic knife and

Table 4.1 Results from local anaesthetic thoracoscopy reported since 2000

Trial	Number of thorascopies for undiagnosed pleural effusion	Number of patients where biopsies possible	Diagnostic yield % ^a	Number diagnosed with malignancy/ total with malignancy (sensitivity)	Number with mesothelioma	Number diagnosed with mesothelioma
Tassi et al. [59]	30	30	93.4	12/13 (92.3%)	5	5 (100%)
Medford et al. ^b [38]	125	117	90.4	57/60 (95%)	30	29 (96.6%)
Fletcher et al. [22]	50	47	90	37/42 (88.1%)	35	31 (88.6%)
Munavvar et al. ^b [42]	57	54	86.0	32/37 (86.5%)	15	15 (100%)
Blanc et al. [9]	149	142	93.3	77/85 (90.6%)	48	42 (87.5%)
Simpson et al. [57]	89	89	95.5	69/73 (94.5%)	25	24 (96%)
Sakuraba et al. [54]	138	138	97.1	25/27 (92.6%)	10	10 (100%)

^aDiagnostic yield includes patients where biopsy attempts were unsuccessful

^bData not available on patients where biopsies not taken therefore not included when calculating sensitivity for diagnosing malignancy or mesothelioma

compared this to standard flexible forceps in 20 cases. There overall diagnostic yield was low using the standard forceps at 60% and this was increased to 85% with the use of the diathermic knife. Combined, they achieved a sensitivity of 100%. It is worth noting, however, that the diagnosis of mesothelioma was only reached in 3/6 patients using the diathermic knife and in all 6 with the standard forceps.

The main reason for failure or ‘non-diagnosis’ with LAT was inability to visualise the presence of all the pleural space or significant adhesions, making further investigation too difficult or unsafe. Major complications following thoracoscopy are rare. The BTS guidelines for thoracoscopy reviewed 47 trials that reported complications [63]. Death occurred in 16/4,736 cases (0.34%) but was reduced to 0/2,421 when only studies involving diagnostic thoracoscopy were included. A major contribution to the mortality (9/16 deaths) occurred in a trial of talc poudrage in the USA where ungraded talc particles were used.

Major complications (empyema, haemorrhage, port site tumour growth, bronchopleural fistula, post-operative pneumothorax or air leak and pneumonia) were reported in 1.8% cases whilst minor complications (subcutaneous emphysema, minor haemorrhage, operative skin site infection, hypotension during procedure, raised temperature and atrial fibrillation) were reported in 7.3% cases.

4.6.2

Video-Assisted Thoracoscopic Surgery

VATS usually requires general anaesthesia and the placement of a dual lumen tube. VATS is therefore more expensive and time consuming than LAT [53]. There have been no trials directly comparing it to LAT; however, the diagnostic efficacy of the two methods appears comparable. Harris et al. performed VATS on 182 patients [27]. Of the 98 patients with malignancy 29

(30%) had mesothelioma. Their diagnostic sensitivity for malignancy was 95% with a specificity of 100% though they did not state what malignancies the 5 false negatives were. Grossebnner et al. reported on 25 patients referred with suspected mesothelioma [26]. Of these 23 had mesothelioma and all were diagnosed from VATS biopsy.

Comparing complications and length of stay in hospital is difficult because more extensive procedures are often carried out in the VATS groups and there are no recent trials looking purely at diagnosis with or without pleurodesis. Studies looking at complications from VATS often include patients with conditions such as empyema that require the extensive breaking down of adhesions, which is more difficult with LAT. However, complications do seem higher with VATS; de Groot et al. reported that nine (26%) of their patients had a major complication [19] whilst Harris et al. reported one death (due to pulmonary laceration), major complications in 15% (haemorrhage, prolonged air leak, empyema, pneumonia, wound infection, congestive cardiac failure, entering peritoneum, biopsy pneumothorax, myocardial infarction, post operative seizure) and minor complications in 8% (subcutaneous emphysema, fever, hypotension, intercostal neuritis) [27]. However, Viskum et al. reported no deaths in their series of 566 examinations with air embolism and cardiac dysrhythmias occurring in less than 1% [60].

4.7

Open Biopsy

Prior to thoracoscopy, this was the next stage in the diagnostic pathway if closed needle biopsy failed. It is now required only if there is obliteration of the pleural space and CT-guided biopsy is not possible or has failed to reach a diagnosis [46].

Its main complication is intractable chest wall pain [7]. Of all the pleural biopsy techniques,

this technique has the highest rate of tract seeding [34, 40].

4.8

Prophylactic Radiotherapy

Mesothelioma seeding along pleural intervention tracts is well recognised and present as subcutaneous nodules of varying size. O'Rourke et al. recorded the characteristics of 12 patients that had subcutaneous nodules [44]. 75% reported mild pain, 17% slight pain and 8.3% moderate pain with ulceration in 1 patient. A review of the literature on tract seeding of mesothelioma [34] found that this ranged from 0% to 48% with the risks highest after thoracotomy (24%) and thoracoscopy (9–16%) and lower for smaller incisions such as needle biopsy (0–22%). A recent study of 212 patients who did not receive prophylactic radiotherapy showed that there was an overall rate of tract seeding of 13.2% [40]. Seeding was more common after thoracotomy (25.8%) versus thoracoscopy and closed needle biopsy or CT-guided biopsy (11.0%). 157 patients received chemotherapy and 26 received multi-modal therapy which may explain why the recurrence rate was lower than the 40% reported by Boutin et al. [11] in the control arm of their trial of prophylactic radiotherapy. Boutin showed no tumour seedling in the intervention arm (21 Gy in three fractions) and this trial result led to national guidelines promoting the practise of giving prophylactic radiotherapy after pleural interventions in patients with mesothelioma [1, 2]. Recent trials, however, have failed to support its use. Bydder et al. randomised 43 patients (58 sites) to receive a single dose of radiotherapy (10 Gy) or no radiotherapy [12] whilst O'Rourke et al. recruited 61 patients (60 sites) to have three fractions of 7 Gy or no radiotherapy. Both studies showed no difference in tumour seeding between their control and treatment groups

(10% control vs 7% radiotherapy and 10% control vs 13% radiotherapy, respectively). Important differences between the trials were that all of the patients in Boutin's original trial underwent a thoracoscopy (with a large chest wall incision) whilst only 23–39% in the two more recent trials did. There was also a difference in the radiotherapy regime in Bydder trial. All of these trials are underpowered and there is therefore still the need for a definitive trial to inform practise.

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Abstract Malignant mesothelioma is a rare aggressive tumour arising from mesothelial cells of the pleural and peritoneal cavity including pericardium and tunica vaginalis testis. Malignant mesothelioma occurs predominantly in men (>90%). Asbestos exposure is the best known and evaluated risk factor with a long latency period between exposure and onset of malignant mesothelioma ranging from 15 to 60 years. Exposure to erionite leads to higher incidences of mesothelioma and play an important role in environmental exposure (Turkey). Other possible risk factors are radiation, recurrent pleuritis/peritonitis and simian virus 40 (SV 40).

Malignant pleural mesothelioma is most common, whereas malignant peritoneal mesothelioma accounts only for 6–10%. Infrequent sites of origin are the pericardium and tunica vaginalis in 1–2%.

Malignant mesothelioma shows either diffuse growth pattern or occurs as a localised

tumour mass. Diffuse type represents an aggressive tumour with poor prognosis and is incurable in most cases.

According to the WHO classification, three histological subtypes are distinguished: epithelioid, sarcomatoid and biphasic malignant mesothelioma.

Rare variants are desmoplastic type, a subtype of sarcomatoid mesothelioma, undifferentiated type and deciduoid type. Epithelioid type is the most frequent one, but biphasic malignant mesothelioma occurs in 30%. Pure sarcomatoid or biphasic type is seen less frequently in malignant peritoneal mesothelioma than in its pleural counterpart.

Well-differentiated papillary mesothelioma is a generally non-invasive mesothelioma with low malignant potential that arises mostly in females in the peritoneal cavity. Histological type is an important prognostic marker. Longest survival is seen in patients with epithelioid malignant mesothelioma. Sarcomatoid subtype has the worst prognosis.

Malignant mesothelioma shows macroscopical and microscopical similarities to benign lesions and other malignancies. Therefore, reactive mesothelial proliferations on the one hand and secondary tumours resembling mesothelial cells as well as benign or rare mesothelial tumours on the other hand have to be

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distinguished. Additional immunohistochemistry is essential in histopathological assessment using a marker panel of antibodies.

5.1 Introduction

Malignant mesothelioma is a malignant tumour originating from mesothelial cells. Most frequently, it arises in the pleura (70–95%). Primary peritoneal mesothelioma is less frequent (6–10%) [22, 33, 53]. Rarely, the primary site of malignant mesothelioma is the pericardium or the tunica vaginalis of the testis [34]. The most frequent pleural and peritoneal tumour is metastatic carcinoma [32]; therefore morphological diagnosis by the surgical pathologist has to take into account clinical history and radiology [76].

Asbestos exposure is the highest risk factor of pleural and peritoneal malignant mesothelioma and reported in approximately 54–90% of the patients [53, 70]. The mean latency period between exposure and tumour diagnosis ranges from 35 to 40 years [53]. In peritoneal mesothelioma, an increased pulmonary asbestos exposure of the lung can be observed in 85% of the patients. Further, patients with peritoneal mesotheliomas have a higher pulmonary asbestos exposure than those with pleural mesotheliomas [54].

The incidence of malignant pleural mesothelioma shows marked variation in different countries. The highest incidence rates are reported from Great Britain, Belgium and Australia with annual incidences from about 30 cases per million [14, 72].

In women, occupational asbestos exposure plays a minor role than in men. It has been found in approximately 23%. No occupational asbestos exposure has been found in young patients with malignant peritoneal mesothelioma. In women, malignant peritoneal mesothelioma occurs in younger age and is associated

with better prognosis [15]. Two percent to 5% arise in the first 2 decades of life.

Other possible risk factors for malignant mesothelioma are radiation, recurrent peritonitis and simian virus 40 (SV 40). The association between Simian virus 40 (SV 40) and risk of mesothelioma development remains a controversial discussion [5, 6, 62]. Exposure to erionite (zeolith mineral fibre similar in appearance with amphibole asbestos) leads to higher incidences of mesothelioma and plays an important role in environmental exposure (Turkey).

Prognosis is dependent on histological type. Longest survival can be seen in patients with epithelioid malignant mesothelioma. Patients with sarcomatoid malignant mesothelioma have the worst prognosis and prognosis of biphasic malignant mesothelioma lies in between [53, 76]. Grading has not been proven to correlate with prognosis [23].

For differential diagnosis between metastasis, primary malignant mesothelioma or reactive mesothelial proliferation, not only histology but also a panel of immunohistological markers is essential.

5.2 Malignant Mesothelioma of the Pleura

The most common primary tumour of the pleura is diffuse malignant mesothelioma (WHO nomenclature), but often this tumour is designated as malignant mesothelioma or simply as mesothelioma [23].

5.2.1 Morphology

5.2.1.1 Macroscopy and Tumour Spread

Early malignant mesothelioma begins as multiple nodules, usually in the parietal pleura and

less frequently in the visceral pleura. Later, nodules become confluent and diffuse tumour growth leads to pleural mass, pleural thickening (more than 1 cm to several cm) and effusion. Parietal and visceral pleura are both involved and cannot be separated. The tumour has a firm, sometimes gelatinous consistency, and spreads throughout the pleura, grows along interlobular spaces and encloses the lung. Hyaline pleural plaques are often present – up to 40% [54].

In advanced stage, diffuse malignant mesothelioma infiltrates the underlying lung tissue, and primarily the chest wall and diaphragm as well as the mediastinal pleura, pericardium and the contralateral pleura. This results in lung compression and consecutive dyspnoea with susceptibility to pneumonia. Tumour infiltration can be seen along needle channels or surgical sites after diagnostic biopsy. Penetration of the diaphragm and involvement of the intraabdominal cavity is associated with ascites. Invasion into lymph vessels is frequent and intrapulmonary metastasis may occur. Metastasis to hilar and mediastinal lymph nodes emerge in late stage disease as do distant metastasis to the liver, adrenal gland, brain, bone and kidney [23].

5.2.1.2

Histological Patterns

Malignant mesothelioma has the capability to reveal either epithelial or mesenchymal differentiation or both. Depending on the histological growth pattern, epithelioid, sarcomatoid, biphasic and desmoplastic malignant mesothelioma are distinguished according to the WHO-classification [23].

Epithelioid Mesothelioma

The most frequent one is epithelioid malignant mesothelioma. It shows different growth patterns, mostly tubular or tubulopapillary. Tubules are small and papillary structures have

vascularized stroma cores [4, 10, 19]. Papillary areas may show psammoma bodies. Sheet-like or microglandular (also referred to as adenomatoid) growth pattern can also be seen and are admixed with tubulopapillary areas [4, 10, 19]. Sometimes pseudo-signet ring cells are demonstrable (negative for mucine) or clear cell differentiation [4, 19].

Uniform histological appearance may occur, particularly in small biopsies, but in most cases, several growth patterns exist, tubulopapillary is the most frequent one [4, 19, 23]. Most mesotheliomas show a monotonous growth with bland cells and little mitosis (Fig. 5.1). Cytology of tumour cells is uniform, showing cuboidal or flat medium size cells with eosinophilic cytoplasm and round nuclei [10, 19]. Pleomorphism, giant cells and increased mitotic count might be encountered but are less numerous. Partial decidual differentiation with large, eosinophilic tumour cells, distinct cell borders and round, vesicular nuclei resembling decidua is often found, but usually occurs focally and does not predominate throughout the whole tumour tissue [4, 10, 19]. Very rarely, small cell differentiation of epithelioid malignant mesothelioma occurs [4, 10]. Circumscribed myxoid changes reveal floating tumour cell nests within Alzian-blue positive hyaluronate. Tumour stroma is

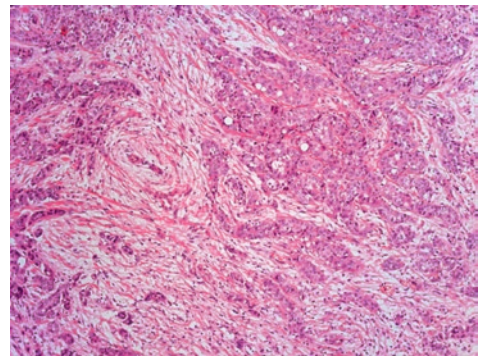


Fig. 5.1 Epithelioid mesothelioma. Epithelioid tumour cell nests within a bland fibrous stroma

diverse and ranges from paucicellular with sclerotic, hyalinised collagen deposits to hypercellular, difficult to distinguish from biphasic tumour differentiation [10, 23].

Sarcomatoid Mesothelioma

Sarcomatoid malignant mesothelioma shows spindle cells, which are arranged in a haphazard pattern, or giant cells with anaplasia. Tumour growth resembles fibrosarcoma or malignant fibrous histiocytoma (Fig. 5.2). Focal areas of osteosarcomatous or chondrosarcomatous differentiation can be found. In sarcomatoid malignant mesothelioma, greater atypia, mitotic activity and more necrosis can be found compared to epithelial mesothelioma [4].

Biphasic Mesothelioma

Biphasic malignant mesothelioma comprises both the aforementioned components, showing an epithelioid and sarcomatoid differentiation (Fig. 5.3). At least 10% of the tumour should be represented by one of the components to be called biphasic. About 30% of all mesotheliomas are biphasic [23, 53], but the more tumour tissue

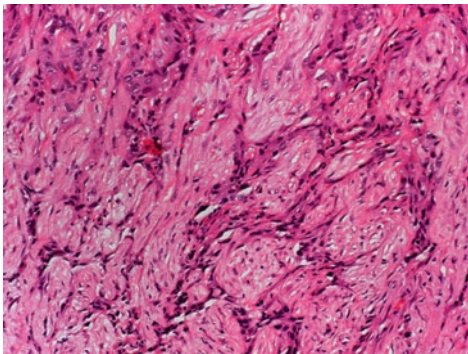


Fig. 5.2 Biphasic malignant mesothelioma. Neoplastic epithelioid cells surrounded by neoplastic spindle cells

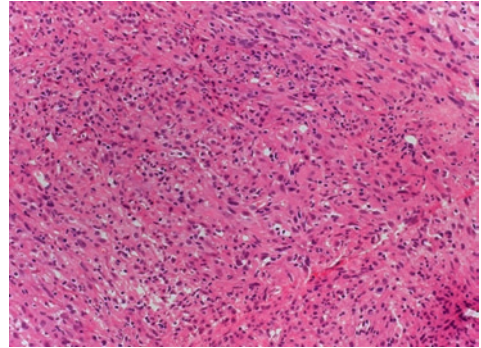


Fig. 5.3 Sarcomatoid malignant mesothelioma. Malignant spindle cells without epithelioid component

sampled, the higher percentage of biphasic differentiation can be detected. Spindle cell differentiation of tumour cells must not be confused with pronounced stroma reaction in epithelioid mesothelioma. Focal osseous differentiation is possible [26].

Rare Forms of Mesothelioma

In desmoplastic malignant mesothelioma, dense eosinophilic stroma of desmoplastic type predominates throughout at least 50% of the tumour (Figs. 5.4 and 5.5). Atypical spindle cells are distributed in a patternless manner [23, 45]. Particularly in small biopsies, desmoplastic malignant mesothelioma may be confused with reactive sclerosing pleuritis (Fig. 5.6) as there might not be overt infiltration of fat or muscle tissue or sarcomatoid differentiation to prove malignancy. Desmoplastic mesothelioma can be regarded as a subtype of sarcomatoid malignant mesothelioma.

Rare forms of tumour differentiation comprise lymphohistiocytoid, small cell and pleomorphic pattern [4]. Lymphohistiocytoid pattern is characterised by discohesive cell growth within a dense lymphocytic inflammatory infiltrate. Small cell differentiation resembles small

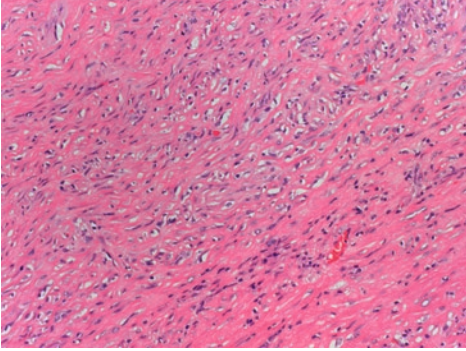


Fig. 5.4 Desmoplastic malignant mesothelioma. Uniform small spindle cells within a hyalinised desmoplastic stroma

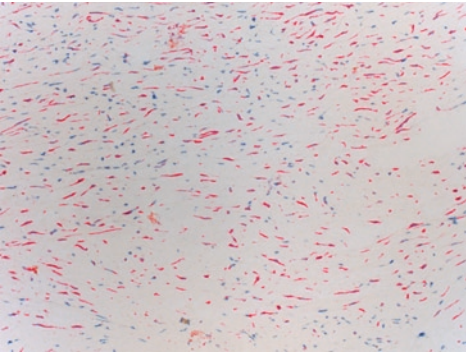


Fig. 5.5 CK5/6 highlights mesothelial origin of spindle cells in desmoplastic malignant mesothelioma

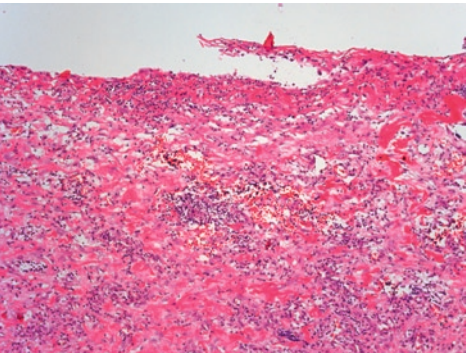


Fig. 5.6 Chronic pleuritis. Dense stroma with fibroblast proliferation and inflammatory cells

cell lung carcinoma and in pleomorphic malignant mesothelioma, multiple giant cells can be detected [4].

Very rarely, a localised subtype of malignant epithelioid mesothelioma occurs without diffuse growth. Histologically, it is identical to epithelioid malignant mesothelioma described above [23].

5.3 Differential Diagnosis of Malignant Mesothelioma and Pleural Metastases

Although diffuse malignant mesothelioma is the most common primary neoplasm arising in the pleura, metastatic carcinoma by far is the most frequent pleural tumour overall [4, 32]. In daily routine pleural biopsy diagnostic, one has to deal with the question, if mesothelial proliferation is reactive or neoplastic, primary mesothelioma or metastatic. Histology is the gold standard of diagnostic, but morphology alone cannot solve the problem and needs to be accomplished by additional immunohistochemical analyses [45].

5.3.1 Morphological Differences

Epithelioid malignant mesothelioma needs to be distinguished from metastatic carcinoma, particularly of the lung, breast, gastrointestinal tract and prostate. To separate malignant mesothelioma from metastases, immunohistochemistry is essential, but some morphological characteristics narrow the possible differential diagnosis [46, 50].

Clear cell differentiation of mesothelioma can be misdiagnosed for metastatic renal cell carcinoma, clear cell adenocarcinoma of the lung or malignant melanoma [2, 4]. Sarcomatoid malignant mesothelioma raises the possible differential diagnosis of spindle cell carcinoma,

different types of sarcoma (leiomyosarcoma, synovial sarcoma, angiosarcoma, pleomorphic sarcoma and others) and again sarcomatoid renal cell carcinoma or malignant melanoma. Macroscopic appearance of the tumour is important, since malignant mesothelioma usually shows diffuse growth and metastases of the above-mentioned tumours are mainly circumscribed [38].

Thymoma and solitary fibrous tumour, respectively, has to be taken into consideration as well [61]. Reactive changes like sclerosing pleuritis (Fig. 5.6) or papillary mesothelial hyperplasia need to be ruled out.

Nuclei in malignant mesothelioma usually are bland and round and cells are cuboidal or flat. Columnar tumour cells or elongated, eccentric nuclei could be suspected of causing metastatic adenocarcinoma [17]. PAS-positive material can be identified in malignant mesothelioma. But after digestion with diastase PAS (Diastase Periodic-Schiff) mesothelioma shows negative reaction whereas mucine in adenocarcinoma remains positive after this treatment.

Pleomorphic malignant mesothelioma can mimic pleural metastasis of pleomorphic carcinoma, mostly of the lung, or pleomorphic sarcoma (malignant fibrous histiocytoma) [4, 17]. Psammoma bodies can be seen in metastasis of serous ovarian cancer, primary peritoneal carcinoma, papillary lung or renal carcinoma as well as in papillary or tubulo-papillary malignant mesothelioma [17]. They do not prove the metastatic origin of the tumour.

Rarely, malignant mesothelioma reveals small cell differentiation. The most important differential diagnoses of course are small cell lung cancer and malignant lymphoma. But any other tumours with small, round and blue cell morphology comes into question, for instance desmoplastic small round cell tumour of the pleura, metastasis of Ewing sarcoma/PNET or alveolar rhabdomyosarcoma [4]. Noteworthy,

small cell malignant mesothelioma usually does not show typical karyorhexis and crush artefacts like small cell lung cancer or malignant lymphoma do [4].

All the above-mentioned differential diagnoses cannot be accomplished without additional immunohistochemistry.

5.3.2 Immunohistochemistry

Immunohistochemistry is essential for diagnosis of epithelioid malignant mesothelioma, for delineating reactive from neoplastic mesothelial proliferation and for excluding or ascertaining pleural metastases, mainly adenocarcinoma. With the exception of TTF-1, there is no other single immunohistochemical marker which is able to prove or exclude malignant mesothelioma, yet. A panel of different immunohistochemical markers has to be applied [38, 44, 47, 55, 56, 79].

5.3.2.1 Important Markers for Differential Diagnosis

Pancytokeratin

Epithelioid mesothelioma is strongly positive for pancytokeratin. More than 70% of sarcomatoid mesotheliomas are positive with the broad spectrum cytokeratin in the cytoplasm [7].

CK 5/6

64–100% of epithelioid malignant mesotheliomas express CK5/6 [55, 56] and it also helps to highlight tumour cells in desmoplastic malignant mesothelioma (Fig. 5.5). The marker serves to distinguish mesothelioma from lung adenocarcinomas. This marker usually characterises

squamous cell differentiation but can also be found in adenocarcinoma of the lung in 2–19% [38, 55, 56].

Calretinin

Calretinin is one of the best known and most specific positive mesothelioma markers. It is positive in almost all epithelioid mesotheliomas with a nuclear and cytoplasmatic staining pattern (Fig. 5.7). Nevertheless, specificity is not 100%, because focal cytoplasmatic expression can be found 0–38% of lung carcinomas [47, 55, 56], whereas positive nuclear staining is only found in mesothelioma [17, 55, 56].

WT-1

WT-1 is negative in adenocarcinoma of the lung, and cells of malignant mesothelioma show positive reaction in 75–90% [30, 38, 55, 56] (Fig. 5.8). In recent studies none of the lung adenocarcinomas were found to express WT-1 [38, 55, 56]. It is one of the best markers to distinguish malignant mesothelioma from adenocarcinoma of the

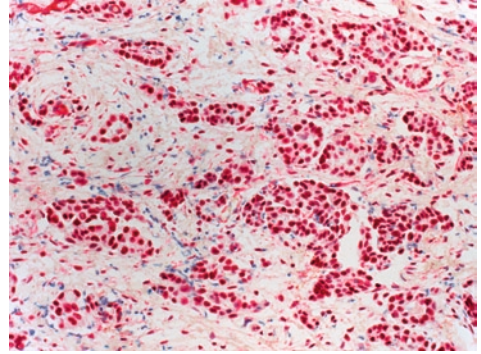


Fig. 5.8 Nuclear expression of WT1 in epithelioid tumour cells

lung [55]. Serous adenocarcinoma of the ovary also shows positive WT-1 reaction.

D2-40

Malignant mesothelioma shows membrane positivity of D2-40 (podoplanin) in more than 96% (Fig. 5.9), adenocarcinoma of the lung focally in up to 7% [38]. D2-40 is a marker that stains a protein which is expressed in lymphatic endothelial cells [9, 40]. It can be a very useful marker in histological specimens to diagnose

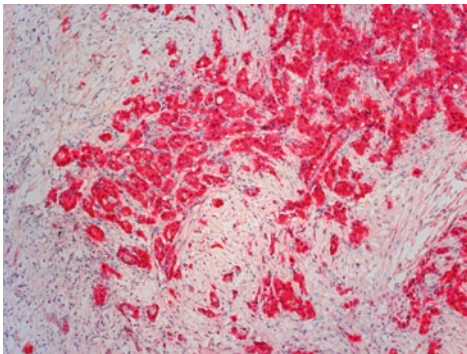


Fig. 5.7 Calretinin expression of epithelioid tumour cells

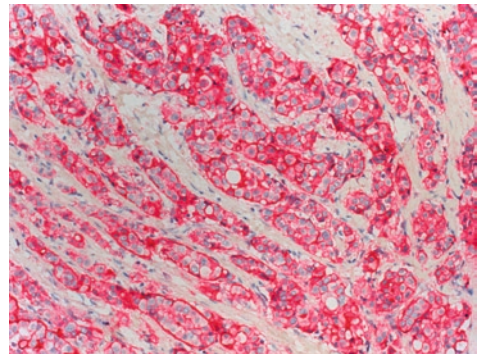


Fig. 5.9 Membrane staining of D2-40 in epithelioid tumour cells

malignant mesothelioma [55, 56] but not in serous effusion cytological smears, because it does not distinguish mesothelioma cells from metastatic cells of serous adenocarcinoma, seminoma or malignant peripheral nerve sheath tumour, which are also positive [9, 40].

TTF-1

To our knowledge, TTF-1 has never been proven to be expressed in malignant mesothelioma [55, 56] but is positive in about 85% of lung adenocarcinoma (nuclear expression), but not in squamous cell carcinoma. Reversely, it does not prove the pulmonary origin of pleural metastases because thyroid carcinoma is also positive and some other primary tumours rarely show TTF-1 expression, one among them being adenocarcinoma of the colon in 10% [25, 58].

BerEP4

Adenocarcinoma of the lung is positive for BerEP4 (also known as HEA) in more than 95%. Malignant mesothelioma focally expresses BerEP4 in up to 20% [38, 55, 56]. Fifty-five percent to 90% of pulmonary adenocarcinomas are positive for CEA and malignant mesothelioma expresses this marker in less than 5% [38, 55, 56].

MOC-31

MOC-31 is another useful immunohistochemical marker to separate malignant mesothelioma from pulmonary adenocarcinoma [55, 56, 79]. This antibody reacts with most carcinomas and only patchily with epithelioid mesothelioma. It is positive in more than 95% of adenocarcinoma and in up to 10% of malignant mesothelioma [38, 55, 56].

BG8

Analogous expression is achieved with BG8 [38, 55, 56], which shows diffuse strong positivity in 98–100% of adenocarcinoma. Only weak and focally staining in 3–7% of malignant mesothelioma have been described [38, 55, 56, 79]. BG 8 could be useful in differentiating epithelioid mesothelioma from lung adenocarcinoma and serous carcinomas.

Claudin

Claudin 4 is a marker, which is expressed in pleural metastasis of adenocarcinoma of the lung, breast, gastrointestinal tract and ovary in 100% [29]. The majority of epithelioid and sarcomatoid malignant mesotheliomas are negative, but positivity may be found in a minority of cases [69].

5.3.2.2

Conclusions Immunohistochemistry

At least two positive mesothelioma markers, two positive carcinoma markers (Table 5.1), and one pancytokeratin are requested according to

Table 5.1 Immunohistochemical markers expressed in malignant epithelioid mesothelioma or in metastasis of adenocarcinoma (modified according to the International Consensus Statement of Pathologic Diagnosis of Malignant Mesothelioma [38]. Sensitivity of the markers is 80% or more. At least two mesothelioma/carcinoma markers should be applied

Positive in malignant epithelioid mesothelioma	Positive in metastasis of adenocarcinoma
Calretinin	BerEP4
WT-1	MOC-31
D2-40/Podoplanin	CEA
CK5/6	BG8
	TTF-1 (lung)
	Claudin 4

the International Consensus Statement of Pathologic Diagnosis of Malignant Mesothelioma [38]. Sensitivity of each marker should be at least 80%. When there are discordant findings, additional markers should be performed.

Positivity of calretinin, especially nuclear expression, and/or another of the mesothelioma markers in combination with expression of CK5/6 is very suggestive of malignant mesothelioma. Expression of CK5/6 together with negative mesothelioma markers and positive carcinoma markers is found in metastasis of squamous cell carcinoma and in a minority of adenocarcinoma or adenosquamous carcinoma of the lung [38].

Additional markers like CK7, CK20, CDX-2, TTF-1, PSA or hormone receptors help to precise primary tumour origin of pleural metastases in the breast, lung prostate or gastrointestinal tract [8, 11, 55, 56, 79]. CK7 is useful for proving adenocarcinoma but rarely can be found focally in malignant mesothelioma, also. Positive or negative reaction of mesothelioma/carcinoma markers in the panel usually helps to confirm the right diagnosis. TTF-1 expression in the nucleus in most of the cases is very suggestive of metastasis of lung cancer (primary thyroid carcinoma has to be excluded), adenocarcinoma of the lung is positive in 85% [11].

Nevertheless, immunohistochemical results need to be handled with care, since carcinomas may show unusual expression patterns [11, 55, 56] or malignant epithelioid mesothelioma can show expression pattern like renal cell carcinoma with positive reaction for CD10, erythropoietin or renal cell carcinoma marker [17, 19].

In biphasic mesothelioma, mainly the epithelioid component shows immunohistochemical expression of mesothelioma markers. Sarcomatoid malignant mesothelioma can raise difficulties in differential diagnosis between pleomorphic carcinoma of the lung or metastasis, [23], because expression of mesothelioma markers in sarcomatoid malignant mesothelioma is not reliable, even calretinin can be negative [11, 55, 56]. To differentiate renal cell carcinoma from sarcomatoid

mesothelioma can be particularly difficult when D2-40 is used because both can express it [40]. Clinical history and gross appearance have to be considered in these cases.

5.4 Reactive Versus Neoplastic Mesothelial Proliferation

In small, superficial pleural biopsies, differentiation between reactive or neoplastic mesothelial proliferations can be difficult. Macroscopic appearance in important and need to includes into the diagnosis [20] and has to take into account if the lesion is diffuse or circumscribed, inflammation, pneumonia of the lung, bilateralism, involvement of parietal or visceral pleura.

Papillary mesothelial proliferation occurs in reactive hyperplasia and malignant epithelioid mesothelioma. Cytological atypia can be more pronounced in reactive hyperplasia, whereas malignant mesothelioma cells usually are uniform and bland [17, 20, 63]. Proliferation, for example, Ki67, in malignant mesothelioma is higher than in reactive changes [43]. Fibrovascular cores in papillary lesions are a clue for malignancy; papillary proliferations in reactive changes mainly consist of epithelial cells [2].

Although mesothelial proliferation in pleuritis can be pronounced, the lesion is more superficial and shows zonation with fewer cells in deeper regions. Malignant mesothelioma usually comprises the whole thickness of the pleura with greater cellularity. Tubular structures can be found in the connective tissue underneath the surface in perpendicular arrangement and growth is disorganised [20]. Infiltration favours malignant epithelioid mesothelioma but can be difficult to detect in heavy inflammation and must be separated from artificially entrapped mesothelial cells in prolonged pleuritis [2]. Infiltration of the underlying fat tissue usually allows the diagnosis of malignant mesothelioma [20]. Differential

Table 5.2 Expression pattern of reactive versus neoplastic mesothelial proliferation. EMA-clone E29 should be used. Clone Mc5 is specific to discriminate reactive from neoplastic mesothelial proliferation

	Reactive	Neoplastic
EMA	–	+
Desmin	+	–
Ki67	Low	High

diagnosis of sclerosing pleuritis on the one hand and desmoplastic or sarcomatoid malignant mesothelioma as well as other spindle cell tumours on the other hand can sometimes be very difficult even after immunohistochemistry.

Reactive mesothelial proliferations tend to express desmin and are negative for EMA whereas neoplastic mesothelial cells show a contrarious pattern [2, 7] (Table 5.2). It is very important, which EMA-clone is applied for immunohistochemistry: clone E29 should be used and is positive in 75% of malignant mesothelioma and negative in reactive mesothelial proliferation. Clone Mc5 is not specific and positive in 70% of malignant mesothelioma and 60% of reactive changes [63].

If the existence of malignant mesothelioma remains unclear because infiltration cannot be detected due to superficial biopsy, but papillary growth of atypical mesothelial cells is seen, the diagnosis of atypical mesothelial proliferation should be made. At present, there are no reliable morphological features for mesothelioma in situ in the absence of overt infiltration, hence this term should not be used in this case [2, 20].

5.5 Primary Pleural Tumours Other than Malignant Mesothelioma

Several other tumours arise in the pleura, benign and malignant. Adenomatoid tumour is a benign mesothelial tumour mostly seen in the tunica

vaginalis of the genital tract but it can develop in the pleura also. It is a circumscribed, solitary tumour with epithelioid morphology, tubular structures and fibrous stroma. Pseudo-signet ring cells can be found and may be mistaken for metastasis of signet ring cell carcinoma. Cytology usually is uniform [2, 23].

Well-differentiated papillary mesothelioma rarely develops in the pleura. It is mainly seen in the peritoneum and is described below.

Synovial sarcoma is a biphasic tumour and is very rarely seen in the pleura. Differential diagnosis is biphasic malignant mesothelioma [52]. Most synovial sarcomas are pleural metastases and only a minority is primary to the pleura. Patients usually are younger than patients with malignant mesothelioma; the average age is 33 years [2]. They are localised compared to the diffuse growth of malignant mesothelioma. Epithelioid component can be difficult to detect, tumour growth is more compact with long spindle cell fascicles compared to malignant mesothelioma, which tends to have smaller, less cellular fascicles with greater pleomorphism [2]. It is important to know that synovial sarcoma can be positive for calretinin and malignant mesothelioma for CD99 [2]. Demonstration of Syt-translocation t(X;18) provides the diagnosis [52].

Solitary fibrous tumour presents itself as a mesenchymal tumour of fibroblastic origin and was first described in the pleura, but can evolve in other sites as well. Size can be up to 10 cm [33]. It arises in the visceral pleura, lung or mediastinum as a solitary, sometimes pedunculated tumour. Histologically, it shows a haemangiopericytoma-like growth pattern of spindle cells with hypercellular and wirelike fibrous areas [11, 74]. Myxoid areas can be found. Immunohistochemistry is helpful and these tumours express CD34 and bcl-2. They may express D2-40 [51] which is important to know if this marker is used for differential diagnosis of malignant mesothelioma, but are negative von cytokeratin. Most solitary fibrous tumours

are benign but malignant forms do occur and reveal higher mitotic activity (>4 per 10 HPF).

Calcifying fibrous tumour is a circumscribed mass ranging from 1.5 to 12.5 cm in diameter. It is rare and evolves in the extremities, trunk, scrotum, axilla and visceral pleura [32]. Typical psammomatous calcifications lie within a hyalinised, nearly acellular stroma [74].

Malignant vascular tumours primary to the pleura are angiosarcoma and epithelioid haemangioendothelioma [2]. These tumours can mimic malignant mesothelioma due to diffuse growth. Tumour cells may weakly express cytokeratin, whereas malignant mesothelioma is strongly positive. Blood vessels in epithelioid haemangioendothelioma can be very small and intraluminal erythrocytes sparse. Detection of vascular markers (CD34, CD31, factor VIII) confirms the diagnosis [74].

Malignant lymphoma can be secondary or evolve primary to the pleura. Primary effusion lymphoma develops in the absence of a mass within the effusion. It is mainly seen in patients with acquired immunodeficiency syndrome and is associated with EBV and HHV-8 infection. Cells are large and most of the lymphomas are of B-cell origin but T-cell lymphomas also do occur. Prognosis is poor, median survival is 6 months [32].

Pyothorax-associated lymphoma in contrast to primary effusion lymphoma presents as a pleural mass and is also associated with EBV infection. It is a B-cell lymphoma with immunoblastic morphology within a longstanding pyothorax and in patients without immunodeficiency [23].

Further, very rare primary malignancies of the pleura are desmoplastic small round cell tumour, pleural liposarcoma and pleuropulmonary blastoma. Desmoplastic small round cell tumour shows multiple nodular lesions and evolves very rarely in the pleura and more often in the abdomen. Histologically, they consist of small round blue cells within a desmoplastic stroma [74]. Cells express cytokeratin, EMA, NSE and focally desmin (dotlike pattern). Diagnosis is made by demonstrating t(11;22)(p13;q12) translocation [32].

Morphology of liposarcoma is identical to soft tissue liposarcoma and may present as well-differentiated lipomatous tumour/lipoma-like liposarcoma, myxoid or round cell liposarcoma [32]. Very rarely, pleural infiltration of thymous tumours or Askin tumour has to be considered.

5.5.1

Peritoneal Mesothelioma

5.5.1.1

Pathohistological Diagnosis

Malignant peritoneal mesothelioma is characterised by a peritoneal tumour mass with unspecific clinical symptoms like abdominal pain, abdominal swelling, anorexia, weight loss, and/or ascites. Radiological features are non-specific [72]. Therefore, the histological examination is essential to yield correct diagnosis. Examination of ascites or fine-needle aspiration can be useful but is of low diagnostic potential because of the small numbers of malignant cells in the fluid and their cytological resemblance to normal mesothelial cells. The use of immunocytology can be useful in some cases. But in general, sampling of tumour biopsy has a higher diagnostic significance whereas immunohistochemical examination is indispensable in distinguishing MPM from other lesions and neoplasias.

Macroscopy

Malignant peritoneal mesothelioma consists of multiple or innumerable nodules approximately 1.5 cm in diameter. The tumour mass is undistinguishable from peritoneal metastases or primary peritoneal carcinoma. The cut surface is frequently heterogeneous with solid regions and embedded cystic or mucoid areas into the tumour mass.

The localised subtype forms a typically circumscribed mass invading adjacent organs without

a diffuse growth through the abdominal cavity. In contrast, the diffuse type shows a widespread expansion and involvement of the abdominal organs along parietal and visceral peritoneum [41, 42]. Infiltrating per continuitatem into the stomach from serosa to the mucosa is seen in every fourth case [41]. Involvement of liver, abdominal wall, pancreas, bladder, retroperitoneum or diaphragm with invasion into the pleural cavity are less common [48].

In 7% of the cases, abdominal, thoracic or inguinal lymph node metastases are found. Haematogenous metastases are seen in the liver, lung, pleura, pericard, kidney, pancreas or in bones [41].

Microscopy

Analogue to pleural mesotheliomas, malignant peritoneal mesothelioma is divided into three different major histological types: epithelioid mesothelioma, sarcomatoid mesothelioma and the mixed or biphasic type. There are further rare subtypes like the undifferentiated type (poor differentiated) or lymphohistiocytoid and desmoplastic mesothelioma (that belongs to the sarcomatoid subtype). The most common type of malignant peritoneal mesothelioma is the epithelioid subtype in more than 50%. In

approximately 25% of MPM, a sarcomatoid component can be found, but pure sarcomatoid mesothelioma is very infrequent in the peritoneum and more commonly seen in the pleura [8, 53, 55].

In women, a deciduoid subtype has been described, that can be mistaken for an extensive ectopic decidual reaction. This subtype can be found in women during pregnancy as well as in women of advanced age. Patients with this subtype have a worse prognosis with a median survival rate of 7 months. Asbestos exposure can be found in 35–80% [35, 49, 68, 71].

75% of malignant peritoneal mesotheliomas are epithelioid mesotheliomas resembling normal mesothelial cells. They are composed of trabecular, papillary or tubulo-papillary formed tumour nests (Figs. 5.10 and 5.11). Microglandular or signet-ring cell patterns are also found. The tumour cells invade submesothelial connective tissue, fatty tissue and muscle which help to distinguish malignant mesothelioma from reactive mesothelial hyperplasia.

The sarcomatoid mesothelioma shows typically closely packed polymorphic spindle cells with sparse cytoplasm and mitotic figures. Malignant osteoid, chondroid or muscle elements within the tumour mass may be found. In biphasic type, histomorphological features of epithelioid and sarcomatoid are found.

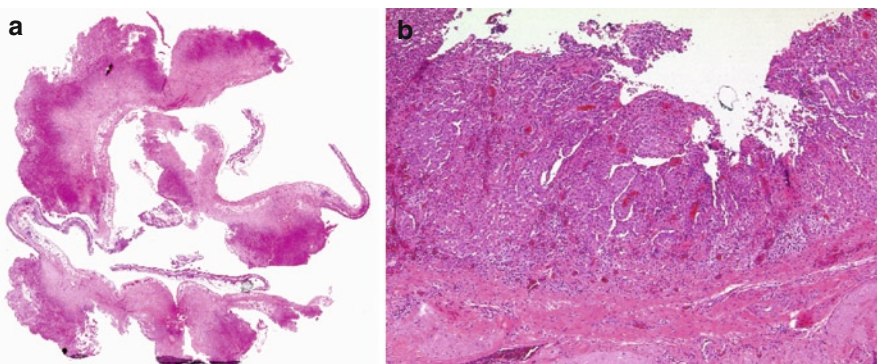


Fig. 5.10 (a, b) Epithelioid subtype of malignant peritoneal mesothelioma (HE)

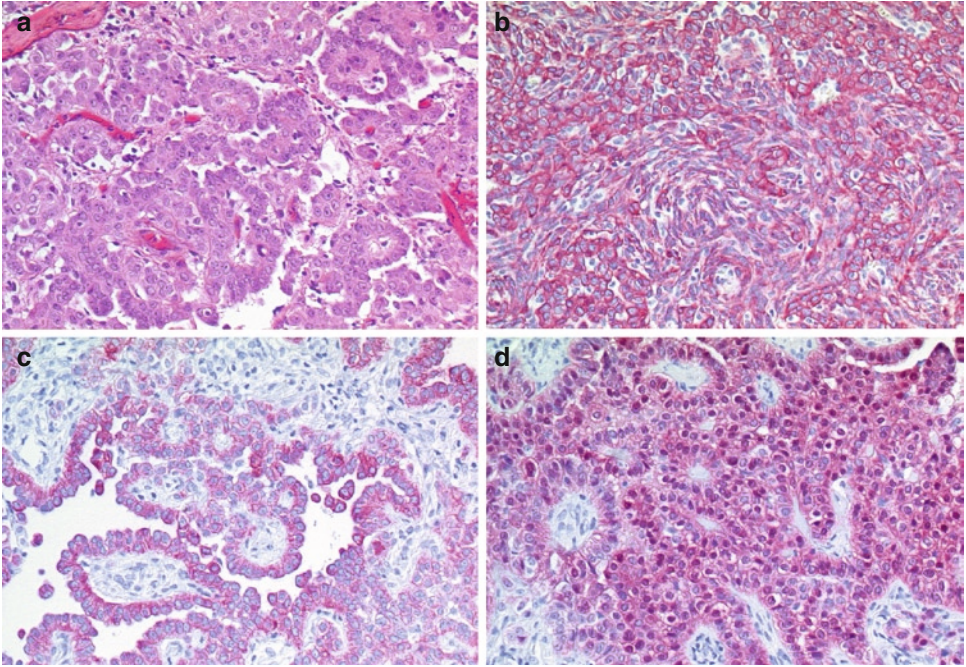


Fig. 5.11 (a) Papillary tumour nest in malignant peritoneal mesothelioma (HE), (b) MNF expression, (c) CK5/6 expression, (d) nuclear positivity for Calretinin

5.5.2

Malignant Mesothelioma of Tunica Vaginalis Testis

Malignant mesothelioma of tunica vaginalis testis is a rare tumour that belongs to malignant peritoneal mesothelioma because during embryonal period, tunica vaginalis testis evolves from invagination of the abdominal peritoneal membrane and is covered by mesothelial cells [59]. Less than 5% of malignant peritoneal mesotheliomas are localised primarily in the tunica vaginalis testis [39, 54]. Several studies evaluated that mesotheliomas of tunica vaginalis testis are asbestos related in case of significant asbestos burden [45, 59, 65].

5.5.3

Well-Differentiated Papillary Mesothelioma

Well-differentiated papillary mesothelioma is a rare subtype of epithelioid mesothelioma with

low malignant potential in contrast to malignant peritoneal mesothelioma. It occurs more frequently in the peritoneum than in the pleura and it is typically most common in young woman without asbestos exposure, but its relation to asbestos exposure remains still unclear. One study group reported an occupationally asbestos exposure in 42% of all examined patients [31].

Macroscopically, the tumour size ranges from 1 cm to more than 3 cm, but more than half of the cases of well-differentiated papillary mesotheliomas are smaller than 1 cm [36, 57]. Furthermore, it can occur as solitary type or multifocal type. The latter shows more aggressive behaviour. In some cases, patients with initial well-differentiated papillary mesothelioma die from diffuse malignant mesothelioma during the course of disease [16, 18].

Histologically, well-differentiated papillary mesothelioma is characterised by a generally

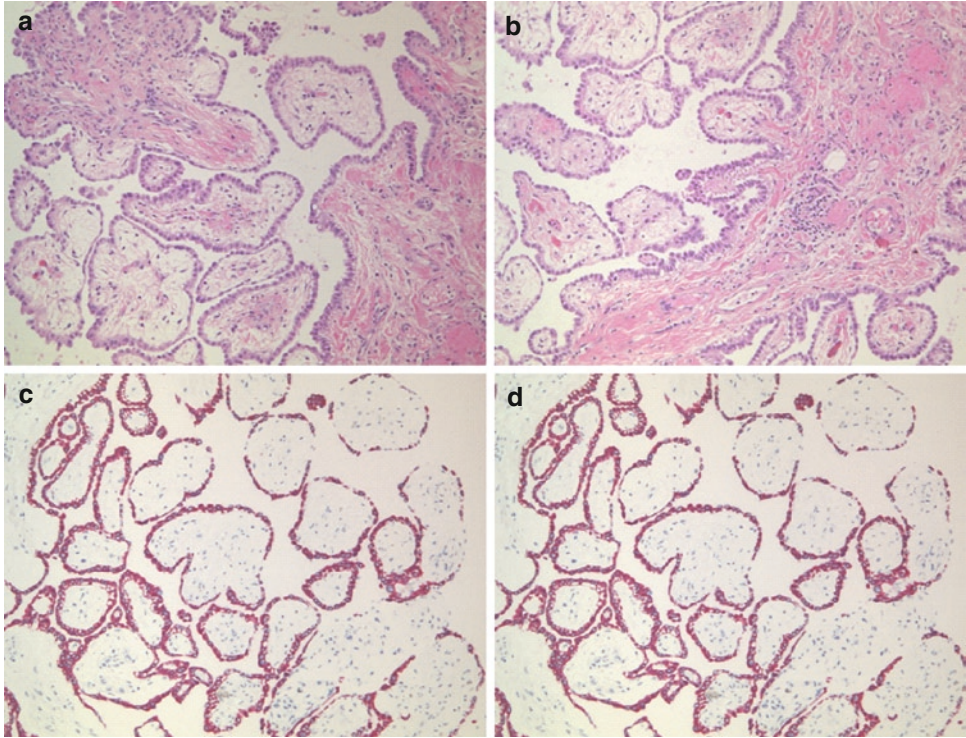


Fig. 5.12 (a, b) Well-differentiated papillary mesothelioma (HE), (c) Immunohistochemical staining of MNF116, (d) Immunohistochemical staining of Calretinin

non-invasive papillary or tubulo-papillary tumour formation. The papillae and tubules are lined by a single layer of uniform, cuboidal and flattened neoplastic mesothelial cells with bland nuclear features (Fig. 5.12). Psammom bodies are seen in some cases. The tumour stroma can show extensive fibrosis that causes glandular irregularity and confusing invasive foci of malignant mesotheliomas or metastases of adenocarcinoma.

5.5.4

Prognosis and Predictive Factors

The diffuse type of malignant mesothelioma is a highly aggressive tumour, whereas no character-

istic features were found to distinguish favourable or less favourable groups. Women have a better outcome but the reason still remains unclear [78]. Well-differentiated papillary mesothelioma is associated with better prognosis. Distinction between histological subtypes is an important predictive value because epithelioid mesothelioma has a better prognosis than the sarcomatoid or biphasic subtype.

Several studies investigated on the value of potential prognostic factors. Male gender, age <53 years, loss of weight, tumour volume, sarcomatoid or biphasic histological subtype, mitotic count and nuclear size were identified as negative prognostic factors, but further studies are needed to evaluate these features [3, 6, 21, 27, 28, 78].

5.5.5

Differential Diagnosis

Several neoplastic and non-neoplastic processes have to be excluded due to the infrequent incidence of malignant peritoneal mesothelioma and certain histomorphological similarities to other benign lesions and malignancies whereas malignant peritoneal mesotheliomas remains still a differential diagnosis.

Non-neoplastic lesions include inflammatory processes like reactive mesothelial proliferations related to peritonitis, tuberculosis, sarcoidosis or foreign body reaction and adhesions that develop after surgical intervention. In women, endometriosis and endosalpingiosis or decidual knots formed during pregnancy caused by decidual transformation of the serosal membrane can impress as tumorous process.

Neoplastic lesions have to be distinguished from peritoneal metastases, primary peritoneal

carcinoma, lymphoma, sarcoma and benign lesions/tumours like benign multicystic mesothelioma, adenomatoid tumour, leiomyomatosis peritonealis disseminata and gliomatosis peritonei (see Table 5.3).

5.5.6

Benign Lesions

5.5.6.1

Benign Multicystic Peritoneal Mesothelioma

Benign multicystic peritoneal mesothelioma arises in pelvic serosa and forms a multicystic tumour mass occurring predominantly in young and middle-aged women. In less than 20%, benign multicystic peritoneal mesothelioma can be found in males [35]. In contrast to malignant peritoneal mesothelioma, asbestos exposure is not found. The tumour comprises a multicystic tumour mass that is either solitary or in most cases diffuse or multilocalized. The tumour cysts are translucent, filled with serous fluid and confluent and delimited by a fibrous band. The cysts measure less than 1 cm up to 20 cm in diameter [77]. The multicystic mesothelioma has a benign or indolent course and is inclined to recur in one-half of the cases between 1 and 27 years. In rare cases, multiple recurrence and malignant transformation to malignant mesotheliomas have been observed [31, 77].

5.5.6.2

Adenomatoid Tumour

Adenomatoid tumour – also designated as benign mesothelioma – is a very rare benign mesothelial tumour that forms gland-like tumour nests with adenoid, angiomatous or cystic structures with smooth muscle proliferations embedded in a fibromatous stroma. It occurs most frequently in the tunica vaginalis testis. Macroscopically, the

Table 5.3 Summary of peritoneal tumours [73]

Primary tumours	Secondary tumours (metastases)
Malignant peritoneal mesothelioma	Ovarian carcinoma
Primary peritoneal carcinoma	Colorectal carcinoma
Extragenital germ cell tumours	Gastric carcinoma
GIST	Pancreatic carcinoma
Lymphoma	Gallbladder carcinoma
Sarcoma	Uterus carcinoma
Benign multicystic mesothelioma	Lung carcinoma
Adenomatoid tumour	Lymphoma
Leiomyomatosis disseminata peritonealis	GIST
Gliomatosis peritonei	Germ cell tumours
	Seminoma
	Sarcoma

tumour is solitary and less than 2 cm in diameter with a white-grey cut surface. After resection, recurrence is very rare [2, 35].

5.5.7

Malignant Lesions

5.5.7.1

Peritoneal Metastases

Peritoneal metastases are secondary tumours of the peritoneum and the most common tumours of the peritoneum. Ovarian carcinoma, colorectal cancer and gastric cancer just as carcinomas of the pancreas, gallbladder, uterus and lung are the most frequent tumours that show peritoneal involvement. Peritoneal metastases represent advanced tumour stage and are associated with a poor prognosis.

In patients with colorectal carcinoma, peritoneal metastases occur in 10–15%. Primary ovarian carcinomas show peritoneal metastases in 65–70%, pancreatic carcinomas in 35% and gastric cancer in 25–30%. Peritoneal metastases caused by separation of individual tumor cells from the primary tumour. The invasion of these dissociated tumour cells depends on the location of the primary tumour. Invasion in blood and lymphatic vessel is characteristic for carcinomas of the gastrointestinal tract. Tumours that are adherent to the peritoneum, like ovarian carcinomas, show direct peritoneal involvement [10, 73].

Frequently, peritoneal metastases show similar histological pattern like their primary tumour; most of peritoneal metastases are adenocarcinomas. Tumour heterogeneity, like differences of tumour grading, causes diagnostic problems. Peritoneal metastases of a primary low-grade adenocarcinoma can show a high-grade pattern, for example. Loss of original histological pattern can occur in tumours after

chemotherapy. In such cases, clinical informations about pretreatment or knowledge of primary tumour site is helpful to confirm the correct diagnosis. Particularly, in case of mixed carcinomas like adenocarcinoma with partial endocrine type or adenosquamous carcinoma, peritoneal metastases can consist of only one of the histological pattern. A correct diagnosis on the basis of conventional histology is difficult in most cases and additional immunohistochemistry is required.

5.5.7.2

Carcinoma of Unknown Primary (CUP)

Carcinoma of unknown primary (CUP) is seen in 3–5% of all tumour diseases. In 5–10% the peritoneum is involved (Muir 1995). On the other hand, 2–4% of primary peritoneal tumours represent the origin of CUP [1]. Histologically, most peritoneal metastases are adenocarcinomas in 40–60%, undifferentiated carcinomas in 15–30%, squamous carcinomas in 15–20% and in 3–5% small cell carcinomas or endocrine tumours are observed. Therefore, immunohistochemistry is necessary to classify tumour infiltration but in some cases the assignment to the localisation of the primary tumour site is not possible [73].

5.5.7.3

Primary Peritoneal Carcinoma

Primary peritoneal carcinoma (PPC) is an extraovarian neoplasia that resembles surface epithelial tumours of ovarian origin. It occurs exclusively in middle-aged women between 53 and 62 years. Fifteen percent of ‘typical ovarian cancers’ are primary peritoneal carcinomas [66, 67]. It consists of confluent tumour masses transforming omentum and mesenteriums to

tumour bulks and involving the surface of the liver, anterior abdominal wall and the peritoneal side of the diaphragm. The most common histological subtype is serous adenocarcinoma whereas, like in surface carcinoma of the ovary, transitional cell, clear cell, mucinous or squamous cell carcinomas have been reported. Histologically and immunohistologically, PPC is undistinguishable from ovarian carcinoma. To separate these two tumour entities, certain criteria have been developed [60, 75].

Distinction between malignant peritoneal mesothelioma, especially the epithelioid subtype, and primary peritoneal carcinoma/peritoneal metastases of primary ovarian carcinoma is very difficult because of overlapping histomorphological similarities. Only use of immunohistochemistry based on the combination of different markers makes it possible to distinguish these tumour entities (discussed below, and see Table 5.5 that shows a panel of antibodies).

5.5.7.4

Primary Peritoneal Borderline Tumour

Primary peritoneal borderline tumour is a rare neoplasia of the peritoneum that only arises in women mostly between 16 and 67 years of age. Median age is 32 years [13]. Characteristically, this tumour shows morphological similarities to serous borderline tumour of the ovary but arises from the peritoneum without or with minimal involvement of the ovarian surface [12].

Macroscopically, the tumour nodules appear like non-invasive implants of ovarian borderline tumour with smaller knots or adhesions. Only in rare cases, tumour mass is found [12]. Like ovarian borderline tumour, most tumours are of serous types with psammoma bodies [13].

5.5.8

Immunohistochemistry

Malignant peritoneal mesothelioma shows the same immunohistochemical staining pattern like the pleural counterpart expressing calretinin, WT1 (Wilm's tumour antigen 1), EMA, Cytokeratin 5/6, D2-40. Characteristically, they are negative for CEA, TTF-1, BerEp-4 (HEA), B72.3, MOC-31, BG8 and Claudin-4 [29, 38]. A marker panel including antibodies that are frequently positive in mesotheliomas should be used.

EMA and desmin help to distinguish benign mesothelial lesions from MPM in most cases. Up to 80% of malignant mesotheliomas show positive immunostaining of EMA and up to 85% of benign mesothelial lesions express desmin. But both, EMA and desmin, have a low sensitivity and specificity of 70–75% differentiating benign from malignant mesothelial lesions, because weak membrane positivity of EMA can be found in reactive mesothelial proliferation. On the other hand, some cases of malignant mesothelioma are EMA negative [37, 43, 64].

To separate mesotheliomas from sarcomas, lymphomas or melanomas, the use of cytokeratin is helpful.

Discrimination between malignant peritoneal mesothelioma and peritoneal metastases, especially in case of CUP, is difficult and requires further immunohistochemical staining. Peritoneal metastases show frequently the same histological typing and grading with similar immunohistochemical pattern like their primary tumour. The most common histological type that is seen in peritoneal metastases are adenocarcinomas. Peritoneal metastases, as mentioned, are mostly seen in ovarian, gastric, pancreatic, colon, gallbladder, uterus and breast cancer. But to confirm correct diagnosis, targeted antibody markers should be applied in dependence of clinical questions (see Table 5.4).

Table 5.4 Immunohistochemical marker panel to distinguish between malignant peritoneal mesothelioma (MPM) and primary adenocarcinoma of digestive tract [38]

Marker	MPM	PC	CRC	GC
Calretinin	+	(+)	–	–
WT1	+	–		–/(+)
D2-40 (Podoplanin)	+	–		–
CK5/6	+	+/-	–	–
MOC-31	–/(+)	+	+	+
BG8	–/(+)	+	+	+
Ber-EP4 (HEA)	–/(+)	+	+	+
B72.3	–(+)	+	+	
CEA	–	+	+	+
CDX2	–	–/(+)	+	+/-

MPM malignant peritoneal mesothelioma, *PC* pancreatic ductal adenocarcinoma, *CRC* Colorectal carcinoma, *GC* gastric carcinoma
+ positive; – negative; +/- both positive and negative; –/(+) mostly negative, rarely positive

5.6

Primary Peritoneal Carcinoma/Metastases of Serous Ovarian Cancer Versus Malignant Peritoneal Mesothelioma

Epithelioid type of malignant peritoneal mesothelioma shows close overlapping histomorphological similarities to primary peritoneal carcinoma/metastases of serous ovarian cancer; therefore, distinction of these tumour entities is very important for further therapy, because MPM is a radio- and chemotherapy-resistant malignancy with poor prognosis. Several studies evaluated expression of immunohistochemical markers to differentiate malignant mesotheliomas from primary peritoneal carcinoma/metastases of serous ovarian carcinoma. A high sensitivity of h-Caldesmon, Calretinin and D2-40 as well as a high specificity of calretinin and D2-40 (95%) has been reported in mesotheliomas. In primary peritoneal carcinomas/metastases of serous ovarian carcinoma, estrogen receptor and BerEp4 show a

high sensitivity, and non-mesothelioma markers (like estrogen receptor, progesterone receptor, B72.3, CA19-9, CD15 and to a lesser extent BerEp-4) are characterised by a high specificity [8, 24]. In case of D2-40, some studies reported a limited use because D2-40 is expressed in 13–65% of primary peritoneal carcinomas/metastases of serous ovarian carcinoma [9, 38]. Estrogen receptor, BerEp-4, MOC-31 and BG8 are expressed in primary peritoneal carcinomas/metastases of serous ovarian carcinoma to a high extent but are negative or infrequently detectable in malignant mesotheliomas [38].

In general, to differentiate malignant peritoneal mesothelioma from primary peritoneal carcinomas/metastases of serous ovarian carcinoma, a panel including antibodies that are frequently positive in mesotheliomas (like Calretinin and WT-1) on the one hand and non-mesothelial markers (like estrogen receptor, BerEP-4, MOC-1 and BG8) on the other hand should be used (see Table 5.5).

Table 5.5 Immunohistochemical marker panel to distinguish between malignant peritoneal mesothelioma (MPM) and primary peritoneal carcinoma/peritoneal metastasis of serous ovarian carcinoma (PCC/PMOC) [38, 73]

Marker	MPM	PPC/PMOC
Calretinin	+	–
WT1	+	+
D2-40 (Podoplanin)	+	–/(+)
CK5/6	+	–/(+)
Estrogen receptor	–	+/-
Progesterone receptor	–	+/-
Thrombomodulin	+	–/(+)
MOC-31	–/(+)	+
BG8	–/(+)	+
Ber-EP4 (HEA)	–/(+)	+
B72.3	–(+)	+

MPM malignant peritoneal mesothelioma, *PPC* primary peritoneal carcinoma, *PMOC* peritoneal metastases of serous ovarian carcinoma
+ positive; – negative; +/- both positive and negative; –/(+) mostly negative, rarely positive

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Abstract The strong relationship between mesothelioma and asbestos exposure is well established. The analysis of lung asbestos burden by light and electron microscopy assisted to understand the increased incidence of mesothelioma in asbestos mining and consuming nations.

The data on the occupational exposure to asbestos are important information for the purpose of compensation of occupational disease No. 4105 (asbestos-associated mesothelioma) in Germany.

However, in many cases the patients have forgotten conditions of asbestos exposure or had no knowledge about the used materials with components of asbestos. Mineral fiber analysis can provide valuable information for the research of asbestos-associated diseases and

for the assessment of exposure. Because of the variability of asbestos exposure and long latency periods, the analysis of asbestos lung content is a relevant method for identification of asbestos-associated diseases. Also, sources of secondary exposure, so called “bystander exposition” or environmental exposure can be examined by mineral fiber analysis.

Household contacts to asbestos are known for ten patients (1987–2009) in the German mesothelioma register; these patients lived together with family members working in the asbestos manufacturing industry.

Analysis of lung tissue for asbestos burden offers information on the past exposure. The predominant fiber-type identified by electron microscopy in patients with mesothelioma is amphibole asbestos (crocidolite or amosite). Latency times (mean 42.5 years) and mean age at the time of diagnose in patients with mesothelioma are increasing (65.5 years). The decrease of median asbestos burden of the lung in mesothelioma patients results in disease manifestation at a higher age.

Lung dust analyses are a relevant method for the determination of causation in mesothelioma. Analysis of asbestos burden of the lung and of fiber type provides insights into the pathogenesis of malignant mesothelioma. The most important causal factor for the development of mesothelioma is still asbestos exposure.

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6.1 Introduction

Occupational exposure to asbestos dust has been widespread in all industrial nations and exposure still exists in Canada, Russia, China, and Africa. Asbestos is a group of minerals with particular properties but only six asbestiform minerals are of commercial importance. There are two large groups of asbestos fibers, first amphibole asbestos including five asbestiform members (crocidolith, amosite, tremolite, actinolite, anthophyllite) and secondly serpentine asbestos of which chrysotile is the only asbestiform member. Crocidolith, amosite, and chrysotile are the most common commercially used asbestiform minerals. The other amphiboles have only limited commercial importance but are relevant as contaminants of other mineral species. Asbestos minerals have been used in over 3,000 commercial applications [2, 39].

The strong relationship between mesothelioma and asbestos exposure is well established [35, 36, 61, 63, 65, 122, 132]. There is a direct

relationship between the national asbestos consumption (kg per head per year) in industrial nations and the number of deaths per million people per year by mesothelioma and asbestosis [75]. Historical asbestos consumption is a significant predictor for death by mesothelioma. Whereas in the so-called normal population mesothelioma have an incidence of 1–2 cases per 1 million inhabitants [83], the number of mesothelioma after asbestos exposure is much higher [32, 96]. The highest incidence rates – about 30 cases per 1 million- were estimated in Australia [72], Belgium [15], and Great Britain [87].

Although the usage of asbestos containing products was forbidden in most industrialized countries long time ago the number of mesothelioma is still growing due to long and variable latency periods (20 up to over 40 years) between exposure and diagnosis [20, 93, 104, 121]. Therefore, the incidence of mesothelioma is expected to peak between the years 2010 and 2020 [9, 64, 103, 106].

The commercial use of asbestos peaked in Germany at more than 200,000 t/year between 1968 and 1977 (Fig. 6.1). At present, as well as

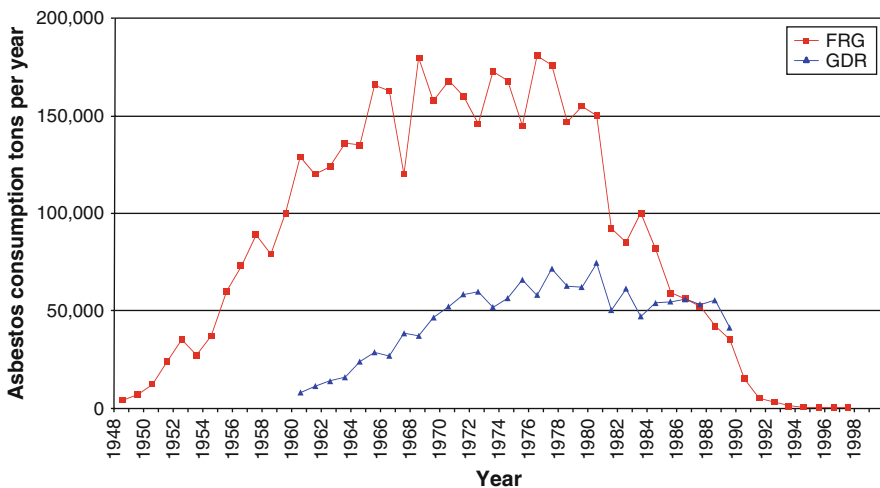


Fig. 6.1 Consumption of asbestos in Germany (GDR/FRG) (German democratic republic/FRG Federal Republik of Germany)

in the near future asbestos-related diseases are considered to be a public health problem in Germany [99].

In 2008, 905 new cases (Fig. 6.2) were recognized as asbestos-related mesothelioma in Germany [38].

Mesothelioma often develop in patients with long-term occupational asbestos exposure, but can also occur in patients with low level or minor exposure to asbestos [59, 93]. Mesothelioma cases have been reported in wives and children of asbestos workers who were exposed to asbestos dust by cleaning and storing workers' clothes [44, 93, 129].

Such household contacts are known for ten patients (1989–2009) in the German mesothelioma register; these patients had lived together with family members working in the asbestos manufacturing industry.

The analysis of asbestos content of lung tissue provides important information concerning the understanding of the relationship between asbestos exposure and causation of asbestos-associated diseases [113].

So mineral fiber analysis is an essential tool to obtain valuable information for the research of asbestos-associated diseases and for the

assessment of asbestos exposure [93]. The exact determination of asbestos exposure may often be problematic because of the variability of asbestos exposure in patient's histories, long latency times, and subsequent frequently forgotten episodes of asbestos exposure. So the analysis of asbestos lung content is a relevant method for identification of an asbestos-associated disease. The sole measurement of airborne asbestos fibers by using air samplers has some disadvantages and cannot solve the previously mentioned problems in the evaluation of a patient's individual history of asbestos exposure. The disadvantage of airborne measurements of asbestos fibers is caused by:

- Different sampling techniques over the time.
- Measurement of fibers $\geq 5 \mu\text{m}$ does not differentiate between respirable and nonrespirable.
- No fiber size distributions are given.
- Concentrations based on counts using the phase contrast microscopy.

Only measuring the asbestos content in lung tissue will give the relevant fiber burden retained in the lung at the time of analysis. Thus, this method is able to subsume the deposition and clearance of asbestos fibers in the

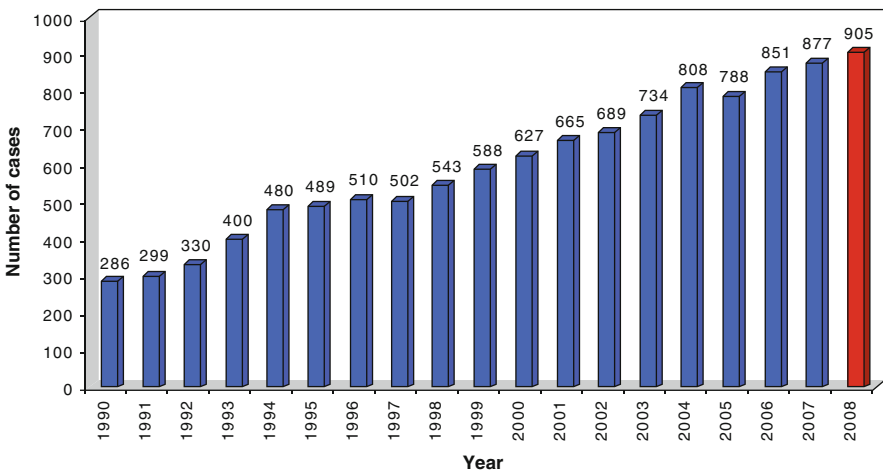


Fig. 6.2 New recognized occupational disease no. 4105 – malignant mesothelioma

human lung. An optimal lung dust analysis is based on representative samples, accurate preparation techniques, and a trained and experienced analyst [37]. Other important variables that determine the quality of the information gained from lung tissue analysis include tissue quantity and the method of analysis.

6.2 Techniques for Analysis of Pulmonary Mineral-Fiber Content

There are several established analytical methods for asbestos fiber analysis that differ in their specificity and sensitivity. This diversity is the reason for the poor direct comparability of the results from one laboratory to another. Asbestos fibers are ubiquitous in the air and present in the lung of subjects without any occupational asbestos exposure. So a reliable determination of an elevated pulmonary asbestos fiber content caused by occupational asbestos exposure must be based on the comparison with the so-called normal population. Due to the high variability between different techniques and laboratories, each laboratory has to establish its own reference values for normal lungs in relation to lungs with elevated asbestos burden.

The different analysis techniques can be subdivided into three common operation steps [111]:

1. Dissolving and removal of the organic lung matrix
2. Recovery and concentration of asbestos bodies and mineral fibers
3. Quantification of the asbestos lung tissue burden

6.2.1 Lung Tissue Digests

The sampling of the lung tissue for fiber burden analysis is the first relevant step. If possible, for lung dust analysis, tissue from [55] the

upper lobe (right and left side) and the lower lobe (right and left side) should be taken. The used lung tissue should be well inflated and without secondary lung alterations (non-tumorous sample, no autolysis and without pneumonia) [14, 55, 93, 94]. There exists a variety of techniques for the extraction of asbestos bodies from lung tissue. Some methods employ chemical digestion, others use low temperature ashing techniques. The tissue digestion must be carefully performed to avoid loss of asbestos bodies, asbestos fibers, or fiber fractions [113]. Any process that may damage fibers by shortening or splitting should be avoided [7, 89]. Drying tissue before digestion leads to fracture of longer asbestos fibers, causing artificial higher results. Introduction of a sonification or hot ashing step of the lung tissue can lead to extended fragmentation of chrysotile fibers and artifactual increase in asbestos fiber numbers [58, 70]. In the German mesothelioma register, we use a direct isolation method without ultrasonification, centrifugation, or drying of the tissue samples.

First step in lung dust analysis procedure is the weighing of the wet lung tissue, followed by a sodium hypochloride-based wet chemical digestion step of the organic lung tissue matrix. Afterward, increasing amounts of the dissolved lung tissue are filtrated through a porous membrane and are concentrated on the filter matrix. These filters are mounted on glass slides and made transparent for light microscopy by acetone vaporization.

The asbestos burden can be given in terms of fibers (or asbestos bodies) per gram of wet tissue, fibers per cm^3 of lung tissue, or fibers per gram of dry lung tissue. These values (units) are not precisely comparable and can vary from case to case, but in general one fiber in wet tissue is approximately equivalent to one fiber in cm^3 , corresponding to a concentration of nearly ten fibers per gram of dry tissue [113].

The concentration of asbestos fibers and asbestos bodies depends partly on the density of lung tissue [7]. Increasing density of lung

tissue – due to fibrosis or pneumonia – will lead to a decrease of fibers or asbestos bodies per unit weight (wet or dry). Decreasing density of lung tissue – due to emphysema – will lead to an increasing number of fibers or asbestos bodies per unit weight (wet or dry). Thus, the use of surface unit in cm^3 instead of wet or dry weight is the best method to minimize the influence of tissue density on the results of asbestos burden counts [47].

6.3

Methods for Mineral Fiber Analysis

6.3.1

Light Microscopy (LM)

Light microscopy analysis of lung tissue burden is characterized by the following pros and cons:

- Allows the detection of low concentrations (1 asbestos body per cm^3 or gram of wet or dry lung tissue)
- It is a quick and inexpensive method to confirm asbestos burden.
- Limited resolution (0.2 μm) and magnification (400 \times).
- Consequently only large fibers with a diameter of $>0.2 \mu\text{m}$ can be detected.
- Asbestos bodies formed primarily on asbestos fibers longer than 8–10 μm , thus asbestos bodies present a selected population of long asbestos fibers.

The first description of asbestos bodies goes back to the work of a German pathologist [77] who called them “pigmented crystals.” The term “asbestos bodies” was used for the first time in the 1930s. [31, 80].

The majority of asbestos bodies from human lungs have amphibole asbestos cores. Of these asbestos bodies, only 2–7% [23, 60, 92] consist of a chrysotile core and 98% to 93% enclose an amphibole asbestos core. Chrysotile asbestos

fibers cannot be identified by light microscopy due to their very thin diameters. By light microscopy, all structures with a characteristic proteinous envelope containing straight fiber cores that appear colorless, transparent, slight birefringence (under polarized light), and with plan parallel edges [18, 23] are identifiable as asbestos bodies. Most non-asbestos ferruginous bodies or pseudoasbestos bodies can be distinguished from true asbestos bodies at the light microscopic level [18, 26–28, 33, 39, 42]. Therefore, a trained dust analyst can clearly identify asbestos bodies and pseudoasbestos bodies based on the morphological definition of asbestos bodies [39].

The characteristic light microscopical appearance and the identification in histologic sections is an important component of the pathologic diagnosis of asbestosis (I–IV) [94].

So, light microscopy of chemically digested lung tissue at magnifications between 200 and 400 \times and in combination with polarization techniques is an ideal routine method for the quantification of asbestos bodies and asbestos burden of the lung. [112]. In cases where asbestos bodies cannot be identified by light microscopy and with obvious secondary lung alterations, additional electron microscopical mineral-fiber analysis of digested lung tissue should follow.

6.3.2

Electron Microscopy

Electron microscopical methods with high resolutions (Analytical scanning electron microscope (SEM), Analytical Transmission electron microscope (TEM)) were able to detect thin (diameter 0.05–0.01 μm) and small (down to 0.3 μm in length) fibers. The SEM method allows the detection of asbestos bodies and uncoated fibers in parallel, and this technique has the advantage of a relatively simple preparation of the lung tissue. The option to perform EDX-analysis of each single fiber makes it possible to differentiate between non-asbestos and asbestos fibers and also to discriminate and

subtype between different asbestos species. In comparison to TEM-analysis, the SEM method allows the examination of larger proportions of the filter surface and consequently more of the lung tissue. So, the extrapolation of fiber concentration in relation to the total sample volume is more reliable and less prone to over- or underestimation. Due to the more complex preparation techniques and the very small percentage of the sample that can be examined on a single TEM grid, the TEM method is time consuming and only ideal and useful for specialized investigations and where other approaches like light microscopy and SEM techniques have failed.

6.3.3

Comparability of Results Generated by Light or Electron Microscopy

There is a good correlation (correlation coefficient = 0.091, $p < 0.0001$) between asbestos bodies concentrations determined by SEM and LM [113]. Also the asbestos bodies concentration of the lung counted light microscopically correlates well (correlation coefficient 0.79, $p < 0.00019$) with the pulmonary burden of uncoated fibers ($\geq 5 \mu\text{m}$) measured by SEM [36, 67, 90, 91, 114]. The comparative evaluation of EM and LM lung dust countings has shown, that the ratio of asbestos bodies and asbestos amphibole fibers may range between 1:10 and >1:200 in dependency on tissue preparation and analytical method (SEM/TEM) [28, 30, 49, 97, 101, 108, 110, 113, 126].

6.3.4

Reference Population and Background Lung Asbestos Burden

The evaluation of a maximum standard value for a normal or background fiber burden of the lung is a relevant task and an essential assumption to quantitatively define elevated fiber concentrations. The reference population for the “general

population” includes subjects without occupational asbestos exposure living in areas without asbestos deposits or asbestos manufacturing industries. Such a “general population” is only exposed to asbestos up to the general and ubiquitous level of environmental contamination with asbestos fibers [37, 41, 43]. The evaluated content of lung asbestos burden of such a reference population can be used to determine an elevated asbestos concentration in disease cases with an occupational asbestos exposure history.

For light microscopical asbestos burden analysis, there are several studies [19, 39, 40, 45, 114, 115] concluding a burden of 0 up to <22 asbestos bodies per gram wet tissue as representative for the general population. On the electron microscopical level, there is no generally applicable and universal asbestos fiber concentration that might be used by every laboratory to distinguish between fiber burden of the normal population and occupationally exposed individuals [49]. Each laboratory has to establish its own reference values. In the German Mesothelioma Register, our reference values for the general population ($n = 50$) were evaluated for the FE-REM method [14]. Based on these values, “normal” asbestos burdens can extent up to 1.0×10^4 amphibole and 1.8×10^4 chrysotile asbestos fibers ($>5 \mu\text{m}$ in length) per gram wet tissue.

6.3.5

Asbestos Bodies and Fiber Counting

Tissue samples were selected, if possible, from four different locations of both lungs, for the quantification of asbestos body concentrations (asbestos bodies/cm³ lung tissue or g wet tissue). The filter analyses [19, 45] were examined by light microscopy at 200–400 \times magnification (differential interference contrast / polarization microscopy). Only characteristic bodies with typical morphology and thin, colorless, and translucent cores were counted as asbestos bodies [18, 113].

Fiber identification and quantification [113, 116, 117] were performed by SEM microscopy 1,000–20,000 magnification. Fibers were defined as particles with a ratio (length / width) of at least 3:1.

6.4 Asbestos Lung Tissue Content in Patients with Mesothelioma

6.4.1 Light Microscopy

The asbestos burdens of the cases recorded in the German mesothelioma register were determined mainly by light microscopy. The pathologic and demographic data are presented in Table 6.1. In most of the mesothelioma patients (84%), we were able to detect an increased asbestos burden (more than 22 asbestos bodies/cm³ = maximum standard value) of the lung. About 30% of these patients had distinctly elevated concentrations (more than 1,000 asbestos bodies / cm³) in lung tissue and 54% of the examined tissue samples contained a slightly to moderately elevated asbestos burden (>22–1,000 asbestos bodies).

Table 6.1 Mesothelioma cases: pathologic and demographic data

	%
Sex	94 (men) 6 (women)
Pleura mesothelioma	96
Peritoneal mesothelioma	3.0
Pericardial mesothelioma	< 1
Epithelioid subtype	36
Biphasic subtype	52
Sarcomatoid	12
Pleural plaques	Yes 42
	No 15
	Unknown 43
Asbestosis	27

At least 16% of the mesothelioma patients showed no detectable elevated asbestos burden in light microscopy analysis. In about 10% of this patient group, significant secondary alterations such as pneumonia, autolysis, or tumorous infiltrations were seen. These alterations may cause destruction of the asbestos body coats which subsequently become undetectable by light microscopy. This leads to substantial underestimation of the measured concentration values. After excluding these “false negative” cases, a collective of ca. 6% patients with definitively no measurable elevated asbestos burden on the light microscopical level remained. These cases needed further investigation concerning the background of the etiology of their malignant mesotheliomas.

The total group of mesothelioma patients was divided into two parts {(Group I (1989–1999) and Group II (2000–2009))} in order to assess possible changes of asbestos burden in mesothelioma patients during the respective decades.

In comparison to the older cases in study group I (Table 6.2) there is a significant trend toward lower median asbestos burden (320 to 290 asbestos bodies per cm³) in group II.

Also latency times become significantly longer in group II (38–43 years) and patients in group II are significantly older (mean age 65 years) than the patients of group I (mean age 60 years) at the time of diagnosis.

Our data are in line with results of a recent study by Roggli (2008, Table 6.3). He also showed a time-related significant trend toward lower median asbestos burden and older ages with a median of 480 asbestos bodies and a mean age of 62 years in the period from 1980 to 1992 down to a median of 350 asbestos bodies and a mean age of 65 years for the years 1992–2005.

The median asbestos burden of the lung is significantly ($p < 0.05$) higher for patients with peritoneal mesothelioma than for patients with pleural mesothelioma [Neumann 2001].

Table 6.2 Mesothelioma and asbestos burden (light microscopy) and latency period

Light microscopy			
	1989–2009 Asbestos burden (asbestos bodies/cm ³ wet tissue)	1989–1999 Asbestos burden (asbestos bodies/cm ³ wet tissue)	2000–2009 Asbestos burden (asbestos bodies/cm ³ wet tissue)
Median	310	320	290
Minimum	1	1	0
Maximum	990,000	990,000	410,000
Probability		<0.05	
Latency period (in years)	40	38	43
Mean age at diagnosis	–	60	65
Probability		<0.05	

Table 6.3 Mesothelioma and asbestos burden (light microscopy) [117]

Light microscopy			
	Total Group 1980–2005 Asbestos burden (asbestos bodies/g wet tissue)	Subgroup I 1980–1992 Asbestos burden (asbestos bodies/g wet tissue)	Subgroup II 1992–2005 Asbestos burden (asbestos bodies/g wet tissue)
Median	–	480	350
Minimum	1	1	3.3
Maximum	1,600,000	1,600,000	207,000
Probability		$p < 0.05$	

6.4.2

Electron Microscopy

The predominant fiber type identified by electron microscopy in patients with mesothelioma is amphibole asbestos (crocidolite or amosite) [112]. In a study of 94 cases, about 60% of the analyzed fibers were amosite [111]. Patients with mesothelioma show elevated levels of amphibole but not of chrysotile fibers compared to control groups [56, 57, 111, 116]. The lung SEM dust study [18] based on 409 patients with malignant mesothelioma and the measured (SEM) asbestos contents of patients with malignant mesothelioma are summarized in Table 6.4. As seen in data obtained by light microscopy, SEM analysis of this collective also reflects a significant trend

toward lower asbestos bodies and asbestos fiber burden during the decades [18].

The percentage of cases with elevated amphibole fiber burden (over the reference range) in this collective was about 80% [18]. There was a trend for decreasing asbestos fiber burden from group 1 to group 2.

6.4.3

Asbestos Content and Fiber Dimensions in Pleural Samples

The vast majority of studies analyses asbestos fiber burden only in lung parenchyma. Only few studies [17, 41, 43, 57] found long amphibole fibers in different samples of the pleura (pleural

Table 6.4 Mesothelioma and asbestos burden measured by electron microscopy modified from Roggli 2008

	Total Group 1980–2005 Asbestos burden (asbestos bodies/g wet tissue)	Subgroup I 1980–1992 Asbestos burden (asbestos bodies/g wet tissue)	Subgroup II 1992–2005 Asbestos burden (asbestos bodies/g wet tissue)
<i>SEM-Analysis Amosite</i>			
Median	–	17,500	6,330
Minimum	120	120	390
Maximum	11,900,000	11,900,000	2,610,000
Probability		<0.05	
<i>SEM-Analysis Chrysotile</i>			
Median	–	1,800	1,370
Minimum	580	580	590
Maximum	124,000	124,000	4,180
Probability		<0.05	

plaque, diffuse visceral pleural fibrosis) from asbestos workers. One study [17] found especially long commercial amphibole fibers in black spots of the parietal pleura [17]. Another study [127] reported short chrysotile fibers in pleural and mesothelial tissue. The examination of individuals exposed to mixed amphibole and white asbestos [120] showed that short chrysotile fibers (<5 μm) accumulate primarily in the pleura whereas longer amphibole fibers accumulate primarily in lung tissue. In contrast, several other studies [17, 42, 54, 57, 120, 127] provided evidence that short (<5 μm) and long chrysotile and amphibole asbestos fibers are able to reach the pleural tissue. So, it is especially those fiber types and sizes with the highest carcinogenic potential that can be transported to the pleura [113, 128].

6.5 Discussion

The pathogenic response of the lung to inhaled dust depends on the mineral fiber type, exposure conditions (short-time overload or prolonged moderate exposure) and fraction of

respirable fibers. The mineral fiber content in the lung reflects the pathogenic fraction of inhaled dust which represents only a minor amount of the total fiber dust exposure prevailing at many workstations [102]. The quantity of mineral fiber asbestos consumption in Europe and other industrial states has changed over the last decades [126]. Therefore, individual asbestos exposure normally changes during lifetime and especially during working life.

6.5.1 Asbestos Bodies and Fiber Burden of the Lung

In lung tissue of most mesothelioma patients (85%) [93], elevated levels of asbestos could be detected by light microscopy. Negative results in lung dust analyses (16%) have to be assessed with caution. After excluding such cases with unsuitable lung tissues only 6% of patients revealed definitely no elevated asbestos burden of the lung. The frequency distribution of light microscopically evaluated asbestos body concentrations does not correlate with a special tumor subtype. All asbestos-related tumor entities were seen within the whole range of asbestos lung concentrations [93, 95]. Other investigators

[1991], too, found no differences in asbestos body concentrations in relation to different tumor subtypes.

Considering only amphibole fibers, there is a known significant relation of asbestos fiber-concentration and the number of asbestos bodies in lung tissue [1, 51, 67, 110]. The results of most studies, however, show that patients with mesotheliomas and occupational asbestos exposure show increased concentrations of amphibole asbestos, but not of chrysotile [89, 130].

6.5.2

Latency Period and Mean Age at Diagnosis of Mesothelioma

As shown in other studies [78, 117], we also observed in our patient group a trend toward longer latency times and an increased average age for the initial diagnosis of mesothelioma. Mesothelioma patients showed an inverse relationship between latency period and pulmonary asbestos burden [117]. So, patients with very high asbestos burdens show significantly shorter latency periods [93]. The observed decrease of the median asbestos burden of the lung from one decade to the other may explain the tendency toward elongated latency periods and higher age of mesothelioma patients.

6.5.3

Clearance and Biopersistence of Asbestos Fibers

The geometry of the tracheobronchial tree and the different clearing mechanisms of the respiratory systems are important factors influencing the deposition of particles and fibers. The clearing mechanisms include fine hairs in the nasal cavity, the mucociliary escalator of the tracheobronchial tree and the alveolar macrophages. Long-term inhalation studies demonstrated that the relative retention of amphibole fibers in the lungs is considerably

higher than that for chrysotile [24, 25, 34, 131] and that amphibole fibers accumulate within the lungs to a much greater extent than chrysotile fibers.

The average length of fibers – observed for chrysotile and amphibole – retained within the lung increased in parallel with time after exposure. This observation may be explained by a more effective clearance of shorter fibers [81, 82, 84, 85, 89]. As yet, there is no definite reason for the preferential retention of amphibole fibers in the lung; however, various aspects are in discussion. Important factors could be the tendency of chrysotile to split longitudinally into very small individual fibrils [11, 12] or a different biopersistence of chrysotile in comparison to amphibole asbestos. New experimental animal studies provide very different results for the biopersistence of chrysotile asbestos. One study [12] using a rat model showed that one year after asbestos exposure no chrysotile fibers longer than 20 μm remain in the lungs. Another study with monkeys [125] describes the detection of white asbestos fibers and asbestos bodies containing chrysotile fibers 11.5 years after inhalation of chrysotile asbestos. In some cases [49, 50], elevated levels of chrysotile asbestos in the lung were found as late as 60 years after asbestos exposure.

However, chrysotile is less biopersistent than amphibole asbestos fibers [12, 13A, 29, 30]. Only in patients with massive pulmonary asbestos burdens overload, the amounts of both chrysotile and amphibole fibers are increased [23, 29, 107]. After intermediate time of decades elevated chrysotile burden overload of the lung are rare [49, 51]. So, there is no clear correlation between asbestos bodies and chrysotile concentrations [1, 40, 51, 114], and asbestos bodies with chrysotile as a central core are rare [41, 69]. The results of most studies show that patients with mesothelioma after occupational asbestos exposure possess increased concentrations of amphibole asbestos but no elevated levels of chrysotile [46, 52, 82, 86, 115, 130, 133].

6.5.4 Carcinogenic Potency of Asbestos Fibers

According to results of a cohort study including 3,072 workers from an asbestos textile plant [124], the carcinogenic potential of the fibers is strongly associated with the exposure to long (>10 μm) and thin fibers (<0.25 μm). The detection of short (<5 μm) white asbestos fibers is of questionable relevance, because a convincing pathogenic potency is not attributable to this subclass of chrysotile fibers [113].

The carcinogenic potency of chrysotile asbestos for mesothelioma is discussed controversially [11–13A, 24, 48, 74, 81, 88, 100, 119, 123]. Some cohort studies stated significant positive relations between estimated chrysotile exposure and lung cancer and asbestosis mortality [62]. The tendency of chrysotile asbestos [12, 100] to fragment into shorter fibers and its reduced biopersistence are possibly the reasons for the lower carcinogenic potency in comparison to amphibole asbestos [12]. One meta-analysis [64] comes to the conclusion that the relative specific risks to develop mesothelioma after exposure to the three commercially used asbestos types chrysotile, amosite, and crocidolite, can be described by the ratio of 1:100:500, respectively. Whereas some cohort studies demonstrate significant positive relations between estimated chrysotile exposure and lung cancer or asbestosis mortality [62], the majority of studies stated that amphibole asbestos fibers were the primary reason for an elevated risk to develop mesothelioma [29, 30, 82, 86]. Chrysotile asbestos is often contaminated with low doses of tremolite asbestos, one hypothesis is that the tremolite contaminant is the exclusive substance inducing cancer in chrysotile mine workers [53, 54, 62, 84, 101]. Some suggested that workers exposed to “pure” chrysotile have no increased cancer risk. This speculation has been referred to as the amphibole hypothesis [11–13A, 62, 71, 84, 85].

There is new scientific evidence for the missing fibrogenic potency of chrysotile (exception overload situation) [13A]. Further chrysotile fibers do not migrate to the pleura cavity, the site of mesothelioma origin [13B].

6.5.5 Peritoneal Mesothelioma

Some studies clearly demonstrate a significant relation between the degree of asbestos lung burden and the primary tumor site [8, 73, 93]. Elevated asbestos-concentrations in lung tissue (>5,000 asbestos bodies/cm³) are significantly higher in patients with peritoneal than those with pleural mesotheliomas. Especially, a high number of asbestos bodies can be found in the group of patients with peritoneal mesotheliomas of the most frequent epithelioid subtype. In contrast to one study [68], our data suggest that the amount of asbestos bodies in lung tissue has no prognostic value and does not correlate with the survival time.

6.5.6 Asbestos-Associated Mesothelioma and Other Possible Causes of Malignant Mesothelioma

According to other studies [134], the percentage of asbestos-associated mesotheliomas is about 90%. Only 5–10% of the patients have no elevated pulmonary asbestos burden.

Exposure to erionite [10, 98], too, leads to higher incidences of mesothelioma and plays an important role in environmental exposure. For example, in some regions of Central Turkey the development of malignant mesothelioma is associated with a ubiquitous presence of erionite. This mineral is a hydrated aluminum silicate of the zeolith mineral family and shows similar characteristics and cancerogenic potencies as amphibole asbestos.

Apart from this, other mesothelioma-inducing factors are in discussion: Infection with SV-40

virus [5, 21], Wilms tumor [3, 4], recurring inflammations [105], thorotrast [79, 93], ionized radiation [22], Mediterranean fever [76], and genetic factors [118] are suggested to play a role in the development of malignant mesothelioma.

6.5.7

Threshold or Cut-off Level

There is an ongoing discussion about the definition of a cut-off level of asbestos exposure beyond which the exposure to asbestos does not lead to the development of malignant mesothelioma [63, 66, 82, 107, 109, 121, 128]. However, such a specific threshold based on measurements or assumed levels of asbestos exposure has not yet been determined scientifically [16, 63, 82, 93, 108, 117]. In spite of this, every action taken over the last decades resulting in the reduction and prevention of occupational exposure to asbestos fibers was an important and decisive improvement. With the implementation of these exposure prevention measures, a decrease of average concentrations from about 500 fibers/cm³ in the early 1950s to less than 1 fiber/cm³ until the asbestos ban in Germany was achieved [6, 38, 99]. So, the reduction of asbestos doses on different workplaces by effective prevention measures leads to lower asbestos burdens of the lung, resulting in longer latency times, a higher average age of mesothelioma patients, and a shifted peak of mesothelioma development.

6.6

Conclusion

The most important causal factor for the development of mesothelioma is still asbestos exposure. In this context, lung dust analyses are a relevant method for the determination of causation in mesothelioma. Quantitative analysis of asbestos burden of the lung and qualitative differentiation of fiber types provide helpful insights into the pathogenesis of malignant mesothelioma.

It is also possible that patients with asbestos bodies or asbestos fibers counts comparable to the “normal population” develop asbestos-associated mesothelioma. But other possible causes of malignant mesothelioma have to be taken into consideration. Patients with no history of occupational asbestos exposure and without elevated asbestos burden of the lung may develop a so-called background or spontaneous mesothelioma. Are these cases a result of other etiological factors than asbestos or the erionite exposure?

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Abstract The treatment of malignant pleural mesothelioma is controversial, particularly regarding the role of surgery. Though well accepted as a diagnostic modality, surgery is also frequently used to establish stage, provide palliation, and perhaps most controversially, to offer cytoreduction with the putative goal of delaying tumor progression and prolonging survival. Pleurectomy/decortication (PD) can achieve macroscopic complete resection; however, the ability to deliver effective postoperative radiation treatment is limited because of the risk of lung toxicity. Accordingly, it has been associated with higher rates of local recurrence compared to extrapleural pneumonectomy (EPP). Extrapleural pneumonectomy generally offers a more complete cytoreduction compared to PD but at the cost of increased morbidity and mortality. Adjuvant hemithoracic radiation is feasible following EPP and in most series local recurrence rates are lower after EPP than PD. There are no convincing data, however, to show

that one procedure is superior to the other in terms of survival. Furthermore, no randomized data currently exist that demonstrate a survival benefit to any form of surgical cytoreduction over systemic treatment and supportive care. If cytoreductive surgery does have a beneficial effect on long-term survival, it will most likely be realized in patients with epithelioid tumors without nodal metastases.

7.1 Introduction

With the exception of the use of thoracoscopy for diagnosis, indications for surgery in mesothelioma are controversial. Due to the rarity of disease there are no randomized surgical studies on which to base objective treatment decisions, and most of what constitutes current guidelines has been based on single center retrospective studies or phase I/II trials with limited numbers of patients. This chapter will examine the role of surgery for diagnosis, staging, palliation, and therapy for MPM. In understanding the current surgical literature for this disease, the reader is reminded that comparisons between reported series are difficult. Factors that highly influence the outcome such as tumor stage and histology

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are not only often difficult to accurately define in an individual patient but are often variably documented in published reports. Furthermore, indications for selection of patients to undergo a given procedure are often poorly explained (if at all) and this inevitably leads to bias when comparisons are performed between different series.

7.2

Natural History

The natural history of mesothelioma is for the tumor to progress locally causing dyspnea, by either lung entrapment or compression from effusion leading to atelectasis and shunting, and pain from chest wall invasion. Death usually occurs within 6–12 months from initial diagnosis. Though autopsy studies reveal that metastases occur in 50–75% of cases, most are clinically occult and are not the cause of death. The majority of patients with MPM are diagnosed when the tumor is at an advanced stage. Many untreated patients with early stage disease (American Joint Commission on Cancer (AJCC) Stage I) will probably survive significantly longer than 12 months. Ruffie et al reported median survival of 6.8 months from date of diagnosis until death in 176 untreated patients from 9 Canadian centers from 1969 to 1984 [55]. Two more recent trials, however, serve as useful contemporary benchmarks for outcome in untreated patients. Merritt et al. reported a median survival of 7.1 months in 101 consecutive patients with MPM treated at two tertiary referral centers in Ontario [40]. Symptom management alone was performed. Patients were not clinically staged, and a relatively large proportion (57%) had non-epithelioid tumors, which are known to have worse outcome. Another trial performed by the Medical Research Council of Great Britain randomized 409 patients to chemotherapy or active symptom control which included use of steroids, appetite stimulants,

bronchodilators, or palliative radiotherapy [44]. Epithelioid tumors occurred in 74% of patients and 79% were AJCC stage III or IV, proportions that are consistent with most clinical series. Median survival calculated from the date of randomization (median 60 days from date of diagnosis) was 7.6 months, and 1-year survival was 29%. Chemotherapy did not have a survival benefit over active symptom control; however, pemetrexed, the current standard chemotherapeutic agent was not included in the drug regimen. Two recent prospective randomized trials using modern platinum/antifolate doublet regimens showed median survival of 11.4 months and 12.1 months, respectively, in non-resectable patients [75, 78]. The median survival for untreated patients is therefore probably between 7 and 10 months from the date of diagnosis and with chemotherapy may extend to 12–13 months, but will be influenced by initial stage and tumor histology. Though these studies provide a rough benchmark on which to base survival comparisons with surgical series. One must remember that subjects in most surgical series are usually a highly select group of good performance status patients. The natural history of MPM in such patients is still poorly defined.

7.3

Diagnosis

7.3.1

Video-Assisted Thoracoscopy

The benefit of video-assisted thoracoscopic surgery (VATS) for the diagnosis of MPM is that it is a safe, simple, widely available, and highly accurate diagnostic procedure. VATS allows large tissue samples to be obtained from multiple areas of the thoracic cavity, an important consideration since there is considerable tumor heterogeneity within individual mesothelioma tumors. In fact it has been shown that

sarcomatoid elements within a mesothelioma are not uniformly distributed within the tumor and that the greater the number of separate biopsies that are taken, the higher the likelihood of diagnosing biphasic (or mixed) histologic subtype [5]. As patients with non-epithelioid tumors have significantly worse outcome after cytoreductive surgery than those with epithelioid tumors do, prior knowledge of cell type can greatly influence subsequent therapy. VATS is generally best performed through a single 1–1.5 cm incision placed on the lateral chest wall in line of a potential future thoracotomy. The rationale for this is that MPM can occasionally track along thoracostomy incisions, thus limiting the number of incisions that is beneficial and placement in a region that can be completely excised at the time of future cytoreductive surgery facilitates complete resection without having to perform additional excision of multiple thoracostomy sites. A single 1.5 cm incision will usually allow for placement of a 5 mm angled thoracoscope and an endoscopic biopsy forceps through a soft thoracostomy port. Alternatively, a thoracoscope with a working channel can be used. A single chest drain can subsequently be placed through the same incision, though it is useful to close the fascia and subcutaneous tissue around the chest drain to limit postoperative leakage of pleural fluid. VATS can identify whether tumor involves the visceral pleura as well as the parietal pleura (IMIG/AJCC stage IB) but is otherwise fairly limited as a staging modality. VATS lymphadenectomy is to be avoided as a staging procedure as the interruption of tissue planes may hamper subsequent cytoreductive surgery and it is prone to false positivity due to contamination of specimens from the surrounding tumor. VATS is most easily performed in patients where a large effusive component exists. In this setting, port placement can be easily determined by correlation with axial imaging. In cases where there is significant parietal tumor bulk, it is often best to locate an under-

lying pocket of fluid first with an 18 gauge spinal needle. Occasionally, tumor burden is such that VATS is impossible and in these instances a small 2 cm incision (again, placed in line with a potential thoracotomy incision) can easily access the underlying tumor under direct vision. Another merit of VATS is the ability to perform talc pleurodesis. Instillation of 4–5 g of sterile medical grade talc is generally sufficient. Pleurodesis does not impact the ability to perform extrapleural pneumonectomy (EPP) or pleurectomy/decortication (PD) at a later stage (indeed it can often facilitate dissection), but can offer significant palliation in patients who are subsequently found not to be surgical candidates. It must be remembered, however, that talc will cause fluorodeoxyglucose (FDG) activity in the pleural distribution and in mediastinal lymph nodes on subsequent positron emission tomography (PET) imaging. For this reason it is ideal that PET imaging be performed prior to talc pleurodesis.

Despite the obvious benefits of VATS as a diagnostic and therapeutic procedure in mesothelioma, it requires general anesthetic and at least an overnight hospital stay. CT-guided core needle biopsy is a more convenient method of establishing a tissue diagnosis. It has a high accuracy for diagnosis of mesothelioma but is probably less sensitive for determination of true histologic subtype as generally only a single tumor site is biopsied. The incidence of tumor seeding may be also less than with thoracoscopic biopsy [1]. At the University of Texas M.D. Anderson Cancer Center CT-guided biopsy is the initial method of diagnosis used for patients with suspected mesothelioma. VATS is reserved for patients in whom there is diagnostic uncertainty or for patients in whom treatment of an associated effusion is indicated.

Thoracotomy, “mini” or otherwise, is to be avoided as a diagnostic method. It not only causes the patient unnecessary trauma but often hampers the performance of subsequent cytoreductive surgery because of disruption of the

extrapleural plane and potential contamination of the incision with tumor. The worst situation occurs when a thoracotomy is performed and a partial parietal pleurectomy is undertaken in the mistaken belief that “more is better.” In this setting it is virtually impossible to perform an adequate cytoreductive procedure at a later time.

7.4 Staging

The American Joint Commission on Cancer (AJCC)/International Mesothelioma Interest Group (IMIG) staging system is based primarily on pathologic data [56]. As such it has significant limitations when applied to clinical staging. Many of the factors that contribute to stage designation such as pericardial invasion, invasion of the endothoracic fascia, lymph node metastases, and diaphragmatic invasion, to name but a few, are simply not possible to determine accurately with current diagnostic imaging techniques. Though PET can identify occult distant metastatic disease in up to 25% of cases, it is insensitive for determining lymph node involvement or transdiaphragmatic invasion – factors that significantly worsen outcome and generally contraindicate extrapleural pneumonectomy [21, 22].

7.4.1 Laparoscopy

Transdiaphragmatic invasion is a manifestation of advanced disease (Stage IV) and precludes any form of cytoreductive surgery. Involvement may occur either through direct and contiguous invasion of tumor across the diaphragmatic muscle or by lymphatogenous spread via communicating lymphatics between the pleura and the abdomen. This latter form of metastatic spread may lead to peritoneal carcinomatosis

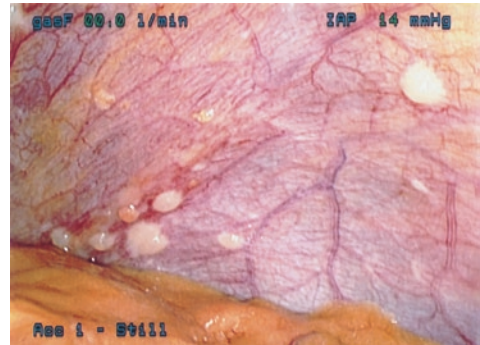


Fig. 7.1 Laparoscopic image showing small volume subdiaphragmatic tumor nodules in a patient with left-sided malignant pleural mesothelioma. Disease of this nature is impossible to detect with current imaging modalities

(Fig. 7.1) and is not necessarily dependent on the degree of tumor bulk within the hemithorax. Because of the inability of axial imaging (MRI, CT or PET) to accurately differentiate transdiaphragmatic from superficial invasion or tumor abutment, Conlon investigated the use of laparoscopy and identified transdiaphragmatic invasion in 6 of 12 patients with equivocal CT findings [15]. Importantly, of the remaining six patients, all underwent thoracotomy and none was found to have transdiaphragmatic invasion. Based on these findings in 1999 we began routinely performing laparoscopy in patients being considered for extrapleural pneumonectomy. Laparoscopy is performed as an outpatient procedure in combination with mediastinoscopy (or, more recently, endobronchial ultrasound (EBUS)), usually utilizing a 10 mm periumbilical port and a 5 mm subcostal port on the same side as the mesothelioma. After initial inspection of both diaphragms and the entire peritoneal cavity the abdomen is irrigated with 1,000 cc normal saline. A 0-degree 5 mm laparoscope is then placed through the subcostal port and advanced beneath the surface of the saline to closely inspect the underside of the ipsilateral diaphragm. The saline helps surrounding organs

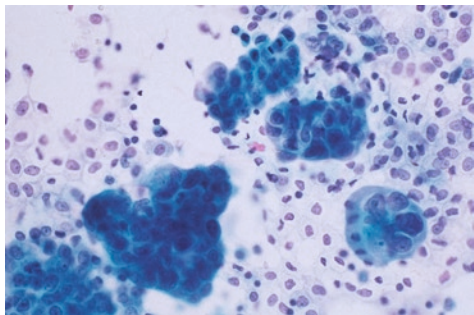


Fig. 7.2 Occult mesothelioma tumor cells obtained from peritoneal lavage during laparoscopic staging

(liver, spleen, and omentum) be atraumatically displaced away from the diaphragmatic surface while preserving visibility. Suspicious lesions are biopsied, which generally requires placement of an additional 5 mm port. The lavage fluid is routinely submitted for cytologic analysis (Fig. 7.2). In 109 patients with potentially resectable mesothelioma 9 (8.3%) patients were found to have transdiaphragmatic extension of tumor, and 1 (0.9%) patient had diffuse peritoneal carcinomatosis [51]. CT scans were suspicious for diaphragmatic invasion in only 3 (33%) of these patients. In addition, of 78 patients who underwent peritoneal lavage, 2 (2.6%) patients were found to have peritoneal micrometastases without obvious diaphragmatic invasion. Thus, 12 (11.0%) patients were identified with unsuspected abdominal involvement and thus were able to avoid futile cytoreductive surgery.

7.4.2

Mediastinoscopy

The high prevalence of lymph node metastases in MPM (up to 50% of patients undergoing trimodality therapy) and the poor prognosis that extrapleural nodal involvement confers, are justifications for preoperative assessment of mediastinal nodal metastases [47, 59]. Unfortunately, current radiographic modalities are inaccurate.

The sensitivity of CT for detecting mediastinal N2 disease in mesothelioma is only 50–60% as there is difficulty in differentiating enlarged mediastinal nodes from adjacent areas of tumor nodularity. Similarly, PET has relatively low accuracy at correctly defining N stage [22]. The efficacy of surgical staging of the mediastinum with cervical mediastinoscopy (CM) is well established for non-small cell lung cancer; however, the utility of the procedure in mesothelioma is less clear. Schouwink and associates performed CM in 43 patients with MPM and compared the staging accuracy of CM with that of CT scanning [62]. Sensitivity, specificity, and accuracy were 80%, 100%, and 93%, respectively, for CM compared with 60%, 71%, and 67% for CT. Mediastinoscopy failed to identify 9 (21%) patients who were found to have positive intrathoracic nodes at thoracotomy, despite the fact that three of these patients had positive nodes in sites that were potentially accessible by CM. We routinely perform mediastinal nodal sampling (now with EBUS) at the time of staging laparoscopy. We reported use of mediastinoscopy in 62 patients with mesothelioma and identified N2 metastases in 10 (16.1%) [51]. Of these, 46 underwent extrapleural pneumonectomy. Fourteen (30.4%) patients were found to have extrapleural (N2) nodes at thoracotomy, of which CM identified only five preoperatively. The sensitivity and accuracy of CM for detecting N2 disease was only 36% and 80%, respectively. One of the reasons for the low sensitivity is that extrapleural nodal metastases in mesothelioma frequently occur in regions that are inaccessible to mediastinoscopy such as the internal mammary artery chain, the aortopulmonary window, the anterior mediastinal fat and thymic tissue, the intercostal spaces and the retrocrural and anterior diaphragmatic regions. Combined laparoscopy and mediastinoscopy identified 15 of 118 patients (12.7%) in whom either contralateral nodal disease (N3) or abdominal involvement precluded further surgical therapy.

7.4.3 Thoracoscopy

More recently, laparoscopy and mediastinoscopy have been combined with bilateral thoracoscopy for surgical staging of patients with mesothelioma. Alvarez et al identified contralateral chest involvement in 3 of 30 (10%) patients and five (20%) were upstaged to stage IV [4]. Additionally, two patients were reclassified from epithelioid to non-epithelioid histology. Surgical staging identified 26% of patients who would have received no benefit from trimodality therapy. Though experience with bilateral VATS is yet limited, it may have a role in patients who present with a contralateral effusion or noncalcified pleural plaques.

7.4.4 Endoscopic Staging

While generally safe, CM requires a cervical incision and is associated with a small risk of recurrent nerve injury, pneumothorax, tracheal injury, hemorrhage, and even death [34]. Endobronchial ultrasound (EBUS) and esophageal ultrasound (EUS)-guided fine needle aspiration (FNA) of mediastinal lymph nodes have been highly effective for staging non-small cell lung cancer (NSCLC) [18, 20, 28, 85]. Since 2006 we have replaced mediastinoscopy with EBUS for assessment of mediastinal nodes in patients being considered for radical resection of MPM (Fig. 7.3). We compared 50 consecutive patients with mesothelioma who underwent CM with 38 patients who underwent EBUS [53]. Sensitivity and negative predictive value for mediastinoscopy were 28% and 49%, and 59% and 57% for EBUS. Furthermore, 11 patients had EUS preoperatively, which revealed infradiaphragmatic nodal metastases in 5 patients (Fig. 7.4). Tournoy et al performed EUS and FNA in 32 patients with presumed early stage mesothelioma and identified N2 metastases in 4 (12.5%) [70]. Of the

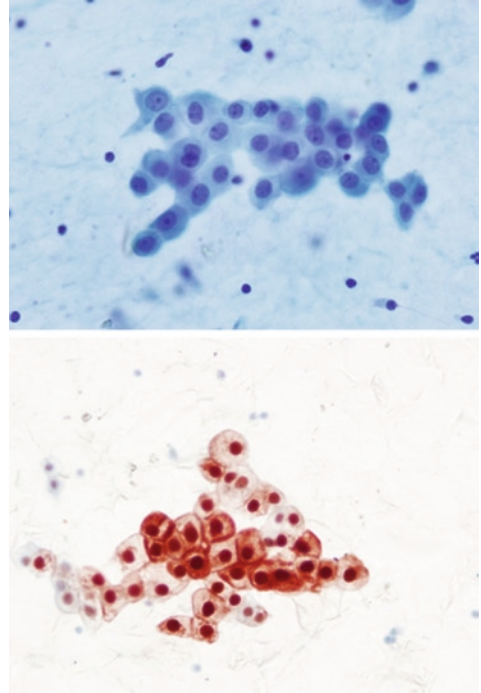


Fig. 7.3 Mesothelioma cells in a lymph node aspirate obtained from a mediastinal node using EBUS

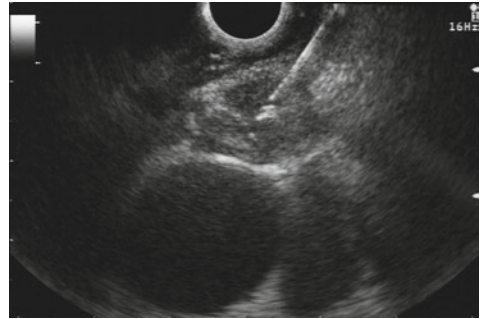


Fig. 7.4 Esophageal ultrasound-guided fine needle aspiration biopsy of a perigastric node in a patient with left-sided malignant pleural mesothelioma

patients who subsequently underwent extra-pleural pneumonectomy and mediastinal node dissection ($n = 17$) there was only one false negative (4.7%). Mediastinoscopy did not identify

additional nodal metastases. The data for EBUS and EUS staging in mesothelioma are preliminary, however, and further studies will be needed to ascertain their benefit. Though these minimally invasive techniques are safe and less traumatic than mediastinoscopy, there is a risk for false positivity because of the danger of mistaking tumor nodules adjacent to the trachea or esophagus as enlarged lymph nodes. Therefore, the procedure should be performed by an operator skilled in endoscopic ultrasound and familiar with mesothelioma and only well-defined, circumscribed nodes should be biopsied. It is also important that there is evidence of lymphoid tissue in any positive aspirate.

7.5 Palliative Surgery

Symptoms in patients with mesothelioma predominantly consist of dyspnea, chest pain, cough and constitutional symptoms such as fatigue, fever, and anorexia. Respiratory symptoms are secondary to atelectasis and shunting caused by pleural effusion or lung encasement; or to altered respiratory mechanics secondary to chest wall contraction and impaired movement of the ribs and diaphragm. Surgical palliation is centered around two issues – treatment and prevention of pleural effusion, and tumor debulking to allow lung expansion and improved chest wall mechanics.

7.5.1 Pleural Drainage

Treatment of pleural effusion depends on the size of the effusion, the degree to which it is causing atelectasis and the degree of lung encasement by tumor. Simple thoracentesis is rarely effective in providing long-term relief of mesothelioma-related effusion; however, it is a

reasonable initial procedure to establish a diagnosis and to evaluate the degree to which the lung will re-expand. In the absence of complete re-expansion, pleural symphysis is unlikely to occur with sclerotherapy. If the lung is trapped because of tumoral involvement of the visceral pleura (as is most often the case except in Stage I disease) placement of an indwelling pleural catheter such as the PleurX® catheter (CareFusion, San Diego, CA) is preferable. This procedure is most easily performed on an outpatient basis and avoids hospitalization. In addition, complete lung re-expansion is not required to obtain control of the effusion. Tumor progression along the tract of the catheter has been described but is uncommon [30, 63]. VATS is the preferred method for pleurodesis, particularly in cases where the effusion may be loculated, but will ultimately only be successful in cases where expansion of the majority of the lung can be achieved. In addition to drainage of effusion, VATS provides large quantities of tissue for diagnosis and histologic subtyping. Limited visceral decortication can occasionally free entrapped lung, but the case must be taken to limit air leaks as these can lead to the requirement for prolonged chest tube drainage.

7.5.2 Pleurectomy

Pleurectomy and decortication (PD) have long been used for the control of malignant effusions [8, 10]. The aim of palliative PD is to enable lung re-expansion, ameliorate the contracting effect of tumor on the ribs and intercostal muscles, and to create pleural symphysis. Palliative PD is best accomplished via a posterolateral thoracotomy. Although limited PD can be easily accomplished through a muscle sparing incision, if there is significant tumor burden division of the latissimus dorsi muscle and resection of the seventh rib can greatly facilitate exposure and resection. Dissection is begun by establishing a

plane between the involved pleura and the endothoracic fascia. This is most easily accomplished using sharp dissection initially followed by blunt finger dissection. Chest wall bleeding may be controlled using gauze pads for tamponade or use of electrocautery, argon beam coagulation, or radiofrequency such as the highly effective AquaMantys® radiofrequency system (Salient Surgical Technologies, Portsmouth, NH). Once the lung and parietal pleura have been completely mobilized, dissection of the visceral pleura away from the underlying lung parenchyma is performed. The tumor rind is incised on the lateral aspect of the mobilized lung and using sharp dissection a plane is created immediately beneath the visceral pleura. Once established, dissection is continued in all directions using a peanut retractor or using a finger and gauze pad. The pericardium and diaphragm are frequently involved, or at least inseparable from tumor. If palliation is the intent of the procedure rather than cytoreduction, these structures should remain intact, leaving tumor in place where necessary.

Quality of life improvements after palliative PD have not been extensively documented and no prospective comparisons between best supportive care and PD exist. Martini et al performed PD on 14 patients with MPM and obtained control of pleural effusion in all patients. Brancatisano et al. performed subtotal parietal pleurectomy in 45 patients and combined this with decortication in 28 patients [10]. There was only one (2%) case of symptomatic recurrence of effusion. In a prospective study evaluating the efficacy of subtotal pleurectomy and intrapleural (i.p.) for MPM, Sauter and colleagues performed pleurectomy only ($n = 7$) or pleurectomy and i.p. cisplatin and cytosine arabinoside ($n = 13$) on 20 patients with early stage MPM [60]. Pleurectomy prevented recurrence of effusion in 80% of patients, with or without chemotherapy, however dyspnea was improved in less than half the patients and pain relief was improved in only 21%. The largest study that

has evaluated symptom outcomes following PD was that reported by Soysal et al who retrospectively reviewed 100 consecutive cases of PD performed for palliation of MPM [64]. Chest pain was the most common presenting feature (71%) followed by pleural effusion (54%) and dyspnea (37%). Pleural effusion was controlled in 52/54 (96%) of patients who presented with symptomatic effusion, chest pain was relieved or improved in 85% and cough and dyspnea improved in all patients. Importantly, symptom relief was achieved for up to 6 months.

Though palliative pleurectomy can achieve excellent control of pleural effusion, it requires a thoracotomy and the associated morbidity may negate some of the potential advantages of pleurectomy, particularly with respect to the control of pain. For this reason video-assisted thoracoscopic surgery (VATS) debulking has emerged as a possible option for palliative pleurectomy. Waller initially described this technique in 19 patients with malignant effusion [79]. At a median follow-up of 12 months, symptomatic recurrent effusion had developed in 3 (16%) patients. It is of concern that tumor seeding at thoracostomy sites developed in 5 of 13 (38%) patients with MPM. The same group later reported their experience with palliative surgical debulking in 51 patients with MPM [36]. Parietal pleurectomy was performed in 17 (34%) patients while pleurectomy and decortication was required in the remainder (3 by VATS and 31 by thoracotomy). Morbidity included prolonged air leaks in 19% and empyema in 2%. Thirty-day mortality was 8% and was 14% by 6 weeks. Significant improvement in dyspnea and pain score was achieved at 6 weeks and 3 months. Patients with epithelial cell type and no weight loss were significantly more likely to retain symptomatic control than those without these features. Symptom relief was found to persist until tumor recurrence, and median survival for patients with non-epithelioid tumors in this study was only 4.4 months, suggesting that surgical palliation may not be appropriate for patients

with biphasic or sarcomatoid tumors. There is currently a prospective randomized phase III trial (MESOVATS) ongoing in the UK, which compares VATS pleurectomy with talc pleurodesis in patients with MPM [<http://public.ukcrn.org.uk/search/StudyDetail.aspx?StudyID=1352>].

7.6 Cytoreductive Surgery

The aim of cytoreductive surgery is to provide a removal of all macroscopic tumor from the hemithorax [65]. It is postulated, though unproven, that R0/R1 cytoreduction may prolong survival in patients particularly those with epithelioid tumors who do not have lymph node metastases. Cytoreductive surgery is usually accomplished in the setting of bi- or tri-modality therapy. Local tumor control appears to be improved with R0/R1 cytoreduction and adjuvant radiation therapy. Because of the high rate of distant recurrences (as high as 50%), systemic therapy is usually also advisable, though the effect of chemotherapy on

reducing distal recurrence is unproven. There are two approaches to cytoreduction: extrapleural pneumonectomy and extended pleurectomy/decortication (or radical pleurectomy/decortication). Each has its merits as well as limitations and will be discussed separately below.

7.6.1 Extrapleural Pneumonectomy (EPP)

7.6.1.1 Technique

Extrapleural pneumonectomy involves the *en-bloc* resection of the parietal and visceral pleura, lung, ipsilateral pericardium and diaphragm (Fig. 7.5). Preoperative placement of defibrillator EKG leads is performed in the event of an intraoperative rapid supraventricular arrhythmia that requires synchronized cardioversion. Because of the potential risk of injury to the superior vena cava during dissection of right-sided tumors, large bore femoral venous access is obtained. A nasogastric tube is placed, which

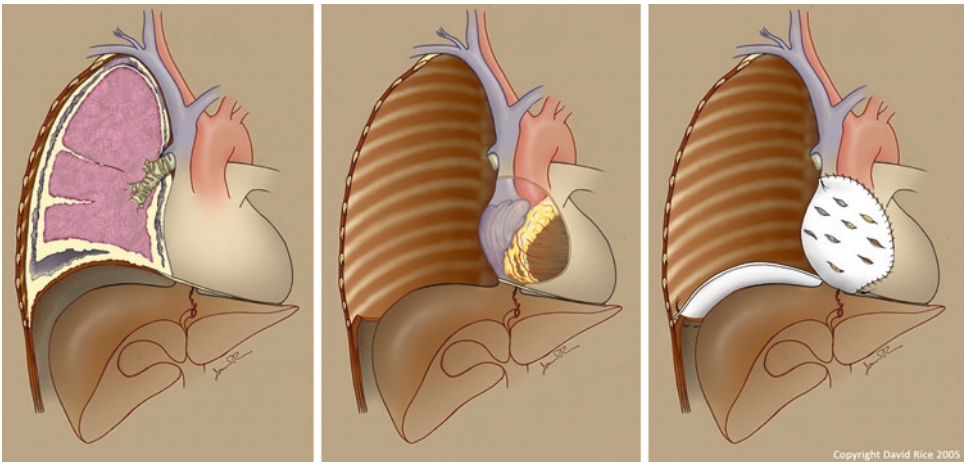


Fig. 7.5 Extrapleural pneumonectomy involves the en bloc resection of the parietal and visceral pleura, lung, ipsilateral pericardium, and diaphragm with

reconstruction of the latter two structures, in this case with polytetrafluoroethylene (PTFE) membrane

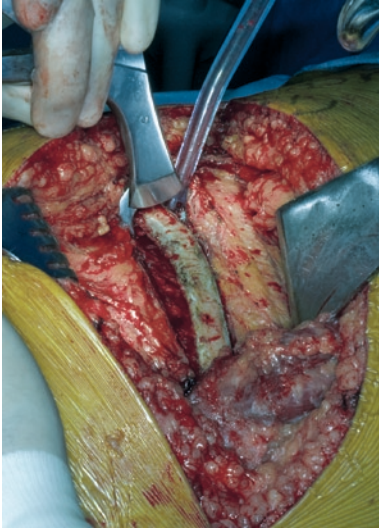


Fig. 7.6 For extrapleural pneumonectomy an extended posterolateral thoracotomy incision is made, resecting the sixth or seventh rib

aids in identification of the esophagus during posterior dissection. A generous posterolateral thoracotomy incision is performed, extending the incision anteriorly in line with the underlying ribs. The latissimus dorsi muscle is divided but the serratus anterior muscle should be spared. In the event of a postoperative bronchopleural fistula, an intact serratus muscle is useful for repair. The anterior most attachments of the muscle should be elevated off the underlying chest wall and retracted superiorly. Removal of the seventh rib provides optimal access to the extrapleural plane, which should initially be developed sharply (Fig. 7.6). Once the correct plane is identified it may be extended in all directions using blunt dissection (Fig. 7.7). It is useful to place gauze packs in areas that have been dissected to tamponade oozing from the chest wall. We have found the preoperative intravenous administration of tranexamic acid to be useful to control chest wall oozing. The Aquamantys® radiofrequency system (Salient Surgical Technologies, Portsmouth, NH) or an

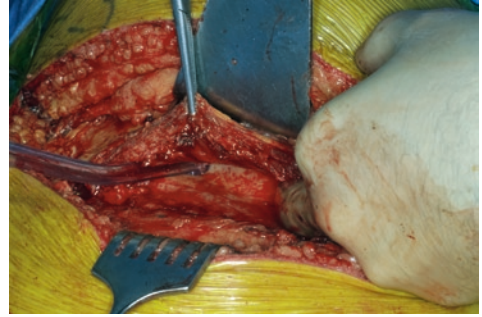


Fig. 7.7 The extrapleural plane is identified using sharp dissection and then developed using blunt dissection

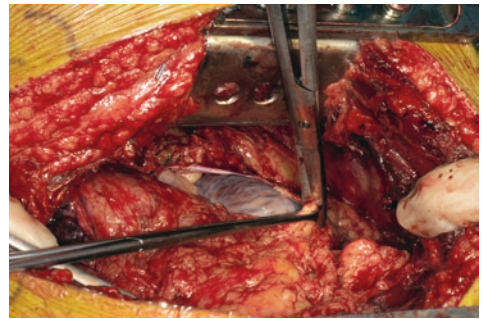


Fig. 7.8 The pericardium is incised sharply anterior to the fused pleura and resected en bloc with the lung

argon beam coagulator is useful for direct control of chest wall bleeding. Once the extrapleural plane has been dissected to the level of the hilum anteriorly and posteriorly, an incision is made in the pericardium anterior to the phrenic nerve, and the pericardium attached to the overlying pleura and tumor is resected en-bloc with the specimen (Fig. 7.8). Finally, the diaphragm is resected along with the associated overlying lung and tumor. Generally, the diaphragmatic fibers can be bluntly avulsed from their peripheral attachments followed by sharp or cautery dissection of intervening fibers (Fig. 7.9). Once the peripheral attachments are taken down, blunt dissection with sponge forceps allows the

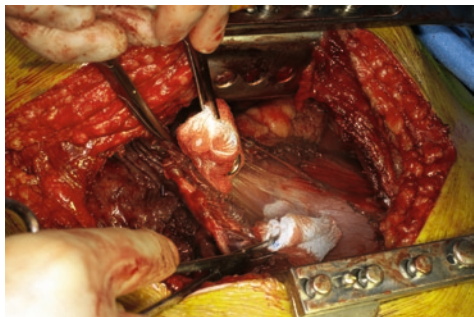


Fig. 7.9 The diaphragm fibers are bluntly avulsed from their lateral attachments and the diaphragm then resected en bloc with the lung. Use of sponge forceps is helpful in preserving the peritoneum. Small defects can later be closed with a running absorbable suture

muscle to be separated from the underlying peritoneum. It can be difficult to keep the peritoneum entirely intact, especially in the region of the central tendon; however, lacerations in the peritoneum can be easily repaired with a fine absorbable suture. The unproven rationale for maintaining the integrity of the peritoneum is that it preserves the integrity of the abdominal cavity from potential contamination with tumor from the chest. In the region of the esophageal hiatus, it is ideal to preserve some of the crural fibers to mitigate against herniation of the stomach into the post-pneumonectomy space. Once the entire specimen has been mobilized the hilar structures can be divided. The pulmonary artery and veins should be divided first. The main bronchus is freed of surrounding tissue to the level of the carina. A firing of the stapling device (generally a TA-30 3.0 mm) is placed on the distal bronchus first. This allows the anesthesiologist to retract the end of the left-sided double lumen endotracheal tube back into the trachea while preventing ventilation of the left lung for left-sided tumors. Additionally, it prevents migration of bronchial secretions into the chest cavity after division of the main bronchus. The stapling device is then placed across the

main stem bronchus at the level of the carina and two separate rows of staples fired before division of the bronchus. Application of the stapler under direct bronchoscopic examination can be useful to ensure that the bronchial stump is flush with the carina and that there is no redundant bronchus left that will retain secretions. Once the specimen is removed from the chest cavity, hemostasis is secured and the cavity irrigated with at least 3 L of weak betadine solution [68]. The anterior and inferior margins of resection are marked with numerous titanium clips to aid in planning of adjuvant radiotherapy (Fig. 7.10).

Reconstruction of the diaphragm is then performed, most often using a large membrane of polytetrafluoroethylene (PTFE, Gore, Flagstaff, AZ). The PTFE patch is secured to the remaining diaphragmatic fibers medially using interrupted 0.0 or 1.0 polypropylene (Fig. 7.11). Laterally, the patch is secured to the chest wall

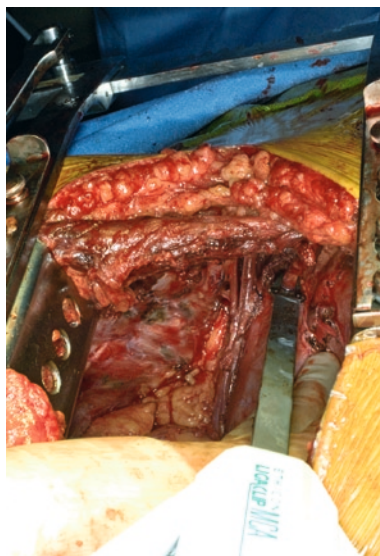


Fig. 7.10 If postoperative radiation is to be administered the anterior and inferior margins of resection should be marked with titanium clips as this will allow more accurate targeting of the entire at-risk area during dosimetry planning

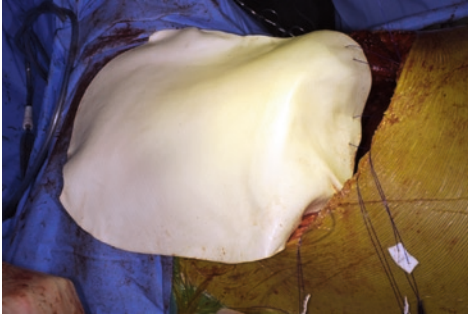


Fig. 7.11 The diaphragm is then reconstructed using nonabsorbable material, in this case 2 mm thick polytetrafluoroethylene mesh (DualMesh, Gore, Flagstaff, AZ)

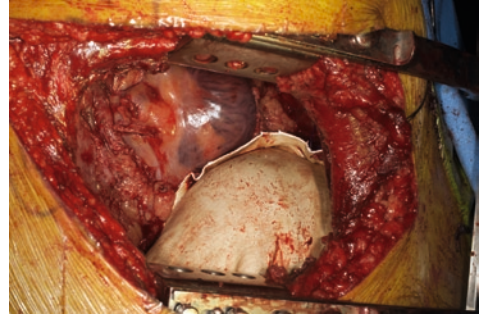


Fig. 7.13 The diaphragm should be reconstructed as low down on the chest wall as possible which facilitates postoperative adjuvant radiation planning and limits surrounding organ toxicity



Fig. 7.12 The diaphragm is secured laterally to the intercostal spaces using nonabsorbable pledgeted horizontal mattress sutures



Fig. 7.14 The completed reconstruction of the diaphragm

using pledgeted horizontal mattress sutures through the intercostal spaces (Fig. 7.12) [68]. Although sutures can be placed around the ribs themselves, there is the risk of nerve entrapment and greater postoperative discomfort with this technique. The patch should be placed as low down as possible in the chest cavity to enable optimal targeting of the entire thoracic cavity, however care must be taken not to place the

mesh under undue tension as this can adversely affect ipsilateral movement of the mediastinal structures in the postoperative period, and also lead to suture disruption (Fig. 7.13). Medially, the patch is sewn to the remaining pericardium and care should be taken to ensure that the cut ends of the polypropylene sutures are not at risk for injury to the heart. Use of a softer nonabsorbable suture such as Ethibond may be a better choice in this location (Fig. 7.14). Once the diaphragm has been reconstructed, the pericardium is then replaced using either Dexon mesh or



Fig. 7.15 The pericardium is reconstructed using fenestrated mesh, in this case polyglycolic acid (Dexon) mesh

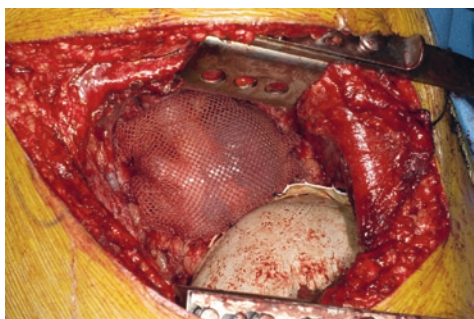


Fig. 7.16 The completed pericardial reconstruction. Care should be taken to ensure that the mesh is placed loosely to avoid compression of the right atrium once the patient is returned to a supine position

fenestrated PTFE membrane (Fig. 7.15). This can be sewn to the edges of the remaining pericardium with interrupted 2.0 or 3.0 polyethyleneglycol sutures. The pericardial patch should be reconstructed loosely to allow for the heart and mediastinum to shift slightly toward the pneumonectomy space (Fig. 7.16). Too tight a patch

can result in hypotension and limit desired ipsilateral mediastinal shift [68]. After reconstruction of the diaphragm and pericardium the chest cavity is irrigated with normal saline and a single large bore thoracostomy tube placed which is connected to a balanced pneumonectomy drain.

7.6.1.2

Postoperative Care

Though postoperative care is similar to that of any pneumonectomy, certain points are worthy of mention. Early mobilization should be encouraged to lessen the risk of contralateral atelectasis and pneumonia. Transient gastroparesis can occur following EPP, especially where one or both vagus nerves have been injured or sacrificed during dissection, therefore nasogastric drainage should be continued during the first 24 h and great care taken when advancing diet. Because of the greater degree of chest wall oozing and drainage after EPP compared to standard pneumonectomy, it is advisable to leave the chest drain in place for at least 48 h. Earlier withdrawal may allow excessive amounts of fluid to accumulate early in the pneumonectomy space which may cause contralateral mediastinal shift and cardiopulmonary dysfunction. Additionally, excellent control of postoperative pain is required not only for patient comfort but also for optimal respiratory function. Epidural analgesia generally provides better control of pain than intravenous narcotics, and because of the extended thoracotomy incision epidural analgesia should be continued for at least 4–5 days after surgery.

7.6.1.3

Adjuvant Therapy

Extrapleural pneumonectomy generally provides a more complete cytoreduction compared to radical P/D since the entire lung is removed, limiting the area at risk for local recurrence to the chest wall and mediastinum contiguous with

the resected tumor. As the lung is resected, adjuvant radiation may be administered to the post-pneumonectomy space. Hemithoracic radiation following P/D is problematic because it is technically difficult to deliver adequate tumoricidal doses of radiation to the entire at-risk area without causing severe toxicity to the underlying lung. Furthermore, conventional photon/electron beam radiotherapy has not been shown to decrease local recurrence after P/D [26, 33]. EPP is associated with significantly higher post-operative morbidity than P/D, and in most series mortality is also higher (3–8% in experienced centers, Table 7.1) [24, 37, 59, 68, 69, 74].

Extrapleural pneumonectomy is usually performed as part of a multimodality therapeutic regimen (Table 7.2). In the absence of adjuvant therapy local recurrence rates range between 30% and 50%. Two recent studies have demonstrated the efficacy of hemithoracic radiation in reducing local recurrence after EPP. In a phase II multicenter study from Memorial Sloan Kettering Cancer Center (MSKCC), Rusch et al delivered 54 Gy of irradiation to 54 patients who had undergone EPP [59]. Radiotherapy was performed using anteroposterior photon beams, placing specially designed blocks over radiation sensitive structures after threshold doses for those organs had been achieved. The corresponding underdosed areas of the chest wall were then treated with matched electron beams. Local recurrences occurred in only 13% and were mainly in the posteroinferior paravertebral sulcus, areas difficult to adequately treat with this radiotherapy technique. Patients with stages I and II had a median survival of 33.8 months whereas the median survival of patients with stage III or IV was only 10 months. A retrospective study, from the M.D. Anderson Cancer Center (MDACC), evaluated 63 patients treated with intensity modulated radiation therapy (IMRT) (median dose 45 Gy) after EPP [52]. IMRT has advantages over conventional radiation because the entire

hemithorax can be more accurately targeted while limiting radiation toxicity to surrounding structures. In-field recurrences occurred in only 5% and overall locoregional recurrence was 13%. It should be kept in mind that the patients treated in both these studies were of advanced stage – 69% stage III/IV in the MSKCC study; 87% stage III/IV in the MDACC study. Despite excellent local control, however, distant metastases occurred in 63% and 54% of patients in each study, respectively, suggesting the need for systemic treatment in addition to local therapy.

Accordingly, trimodality therapy incorporating adjuvant or neoadjuvant chemotherapy is now recommended by most specialist centers. The Brigham and Women's Hospital has utilized trimodality therapy since the early 1980s. The regimen originally included EPP followed by platinum-based chemotherapy and hemithoracic radiation to 30 Gy. In 1999, Sugarbaker reported the results in 183 consecutive patients with MPM treated with this regimen [67]. Although seven patients who died within 30 days were excluded from the final survival analysis, median survival was 19 months and 2-year and 5-year survival was 38% and 15%, respectively. Of 31 (18%) patients with epithelioid, node-negative tumors and negative margins (and who survived surgery), median survival was 51 months, and 2-year and 5-year survival was 68% and 46%, respectively. Local recurrence rates were high, however, most likely due to the lower doses of radiation used and the fact that only regions of the hemithorax thought to be “at risk” for recurrence were targeted rather than the entire hemithorax. Details of the radiation treatment of a subset of these patients who received their radiation treatment at the Brigham and Women's Hospital were reported by Baldini and colleagues [7]. Local recurrence developed in 46% patients. Reasons for failure were likely twofold. First, radiation doses less than 45 Gy are generally not tumoricidal for MPM. Second, diaphragm reconstruction was performed well

Table 7.1 Studies including extrapleural pneumonectomy: tumor characteristics, operative mortality and survival

Author	Year	n	Age (years)	Epithelial (%)	Stage III/IV (%)	N2 (%)	Perioperative Mortality (%)	Survival		
								Median (mo)	1-year (%)	2-year (%)
Butchart [11]	1976	29	52	38	NR	NR	31	5	10	3.5
Ruffie [55]	1989	23	61	NR	NR	NR	13	9	17	
Rusch [57]	1991	20	60	NR	NR	NR	15	11	33	
Sugabaker [66]	1991	31	53	53	NR	29	6	21	70	48
Allen [3]	1994	40	55	64	49	NR	8	13	53	23
Sugabaker [67]	1999	183	57	59	NR	23	4	19	38	15
Aziz [6]	2002	64	57	54	NR	22	9	13-35	84	
Weder [80]	2004	16	57	74	NR	38	0	23	79	37
dePerot [16]	2007	50	58	72	76	42	8	11		
Rice [52]	2007	100	60	67	87	40	8	10		26
Weder [81]	2007	45	59	69	25	11	2	23		
Rea [48]	2007	17	59	95	76	24	0	28	82	59
Flores [23]	2007	208	NR	69	78	NR	5	14		24
Edwards [19]	2007	105	NR	74	85	42	7	15	59	31
Flores [24]	2008	385	60	69	75	NR	7	12		
Yan [84]	2009	70	55	83	NR	24	6	20	62	41
Trousse [74]	2009	83	60	82	53	20	5	15	62	32
Tillemann [69]	2009	96	60	55	81	NR	4	13		14
Hasani [27]	2009	18	57	67	22	39	11	19	76	
Krug [31]	2009	54	63	82	NR	27	4	22	65	37
dePerot [17]	2009	45	60	73	58	36	7	14		10

NR Not reported

Table 7.2 Studies incorporating multimodality therapy with extrapleural pneumonectomy in which both survival and recurrence rates were documented

Study	Year	n	Epithelial (%)	Stage III/IV (%)	Chemotherapy	Radiotherapy	Local failure (%)	Distant failure (%)	Median survival (mo)
Baldini [7]	1997	49	71	NR	Adjuvant systemic	Hemithoracic, 31 Gy	46	29	22
Rusch [59]	2001	54	68	69	None	Hemithoracic, 54 Gy	13	56	17
Schouwink [61]	2001	28	61	68	Intra-op PDT	None	31	40	10
Aziz [6]	2002	51	54	All cI-II	Adjuvant systemic	None	17	49	35
Yajnik [83]	2003	35	74	57	None	Hemithoracic, 54 Gy	37	NR	NR
Weder [80]	2004	13	56	80	Adjuvant systemic	Local, 45–60 Gy or hemithoracic, 30 Gy	62	NR	23
Rice [52]	2007	63	71	87	None	Hemithoracic IMRT, 45–50 Gy	13	54	14
Allen [3]	2007	39	64	69	Adjuvant systemic	Hemithoracic, 30 Gy	41	49	19
De Perot [16]	2007	50	72	76	Neoadjuvant systemic	Yes†48%	35	36	11
Miles [41]	2008	13	77	76	Adjuvant systemic	Hemithoracic IMRT, 45 Gy	46	31	NR
Flores [24]	2008	385	69	75	Adjuvant systemic	Type not specified	33	66	12
vanSandick [77]	2008	15	93	NR	None	Hemithoracic, 54 Gy	33	67	29
Tilleman [69]	2009	92	58	84	Intraop hyperthermic chemotherapy	None	17	62	13
Krug [31]	2009	54	82	46	Neoadjuvant systemic	Hemithoracic, 46 Gy	20	28	22

NR Not reported

above the original site of insertion of the diaphragmatic fibers. Radiation fields extended to the reconstructed diaphragm, but not below, thereby leaving a large area of the inferior and posterior chest untreated. Not surprisingly it was in this area where most recurrences occurred.

7.6.2

Pleurectomy/Decortication (P/D)

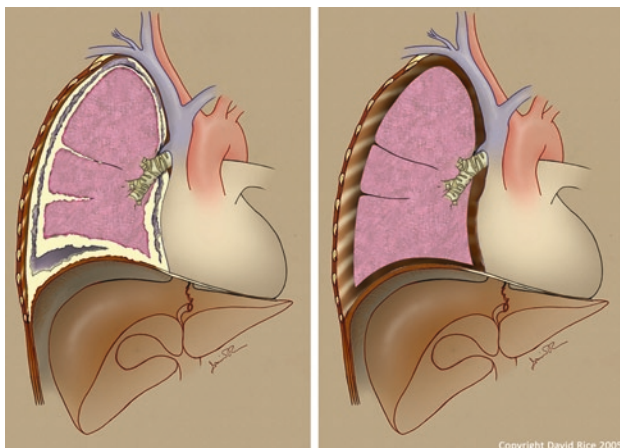
The term “pleurectomy/decortication” can mean different things to different surgeons. It can refer to a partial debulking of tumor from the parietal and visceral pleural surfaces leaving large amounts gross tumor behind, it can be a subtotal resection of the parietal and visceral pleura leaving behind only minimal amounts of macroscopic tumor, or it can include complete removal of all macroscopic tumor, which usually entails resection and reconstruction of the diaphragm and pericardium in addition to total pleurectomy (Fig. 7.17). In terms of cytoreductive surgery, the latter procedure is optimal and is frequently termed “extended” or “radical” pleurectomy/decortication to distinguish it from lesser debulking procedures.

7.6.2.1

Technique

Radical P/D begins with a complete extrapleural mobilization of the lung to the level of the hilar structures similar to that performed during the initial dissection for EPP. If the pleura/tumor is inseparable from the pericardium or diaphragm (as it most often is) these structures are resected and reconstructed in a manner similar to that of EPP. Once the lung and overlying pleura have been completely mobilized, an incision is made in the parietal pleura and taken through the tumor and visceral pleura down to the level of the lung parenchyma. Using sharp dissection a plane is created immediately underneath the visceral pleura. This plane is then further elaborated using blunt dissection with a peanut sponge or a gauzed finger (Fig. 7.3). Paradoxically, this is often more easily accomplished in patients who have a significant tumor rind as it can be difficult to completely remove minimally involved pleura. Although the lung parenchyma often bleeds it will usually abate quickly. In this way the entire visceral pleura and overlying tumor and parietal pleura can be resected down to the hilar

Fig. 7.17 Pleurectomy/decortication involves resection of the tumor involved parietal and visceral pleura, and leaves the lung in situ. If tumor involves the pericardium and diaphragm these structures can be resected and reconstructed in a manner similar to extrapleural pneumonectomy



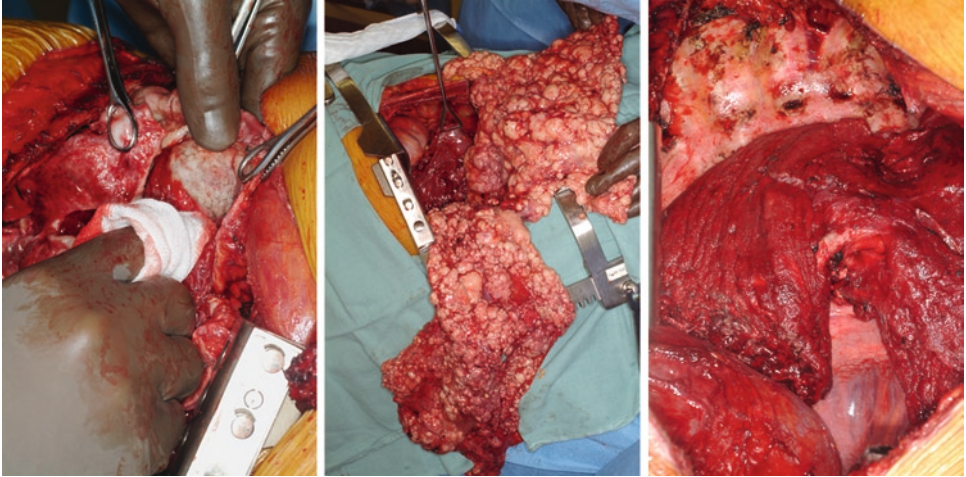


Fig. 7.18 Once the tumor rind is incised down to the level of the underlying parenchyma the lung tissue can be bluntly swept away from the overlying visceral

pleura. If the fissures are involved with disease they should be dissected down to the level of the pulmonary vessels to remove all macroscopic tumor

structures. The pleura is traced all the way into the fissures, and the pulmonary artery and veins will usually be encountered and should be completely freed of any overlying pleura or tumor (Fig. 7.18). Occasionally, lung parenchyma that has been atelectatic for lengthy periods from overlying tumor will seldom expand, and these areas are often best resected with a linear stapler. Similarly, portions of lung that have been devitalized during dissection or those with significant lacerations are often best removed. Though usually all tumor can be resected from the underlying lung, occasionally and in particular in early stage disease, there can be a multitude of tiny subpleural tumor deposits that remain adherent to the lung after visceral pleurectomy. These may be directly removed using sharp dissection or may be ablated using thermal energy (argon beam [82], electrocautery, radiofrequency ablation, or cryoablation (personal observation)) (Fig. 7.19). Typically, there are three large-bore chest drains : one over the diaphragm coursing posteriorly to drain the costovertebral recess, one in the posterior sulcus, and one anteriorly.

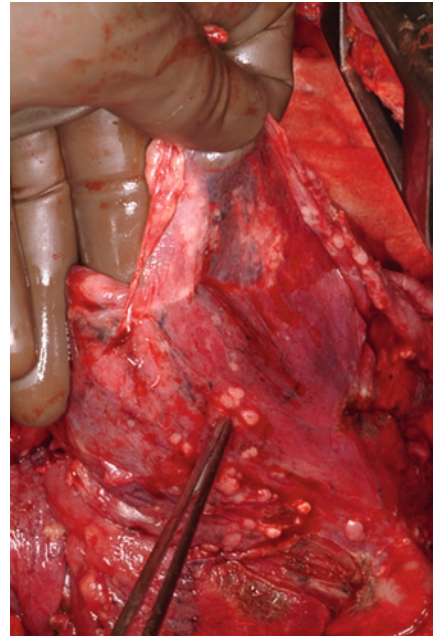


Fig. 7.19 Occasionally multiple small subpleural deposits will be encountered which remain after visceral decortication. These deposits can be individually resected or locally ablated using thermal energy

7.6.2.2

Postoperative Care

Because the chest wall can continue to slowly ooze blood and maximum expansion of the lung is ideal postoperatively, it can be helpful to keep patients intubated overnight following pleurectomy/decortications. This ensures maximal expansion of atelectatic lung and the inflated lung aids in tamponading diffuse chest wall oozing. Air leaks are prominent, particularly on positive pressure ventilation, but will usually subside within a week. Chest drains are placed at the lowest amount of suction that is sufficient to maintain complete expansion of the lung, usually negative 10–20 cm H₂O.

7.6.2.3

Adjuvant Therapy

Because the lung is left in situ, P/D offers less complete cytoreduction than EPP but impacts pulmonary function significantly less. This is reflected in the lower perioperative mortality reported in most series compared to EPP (Table 7.3), and also in the higher incidence of local recurrence, which generally ranges from 50% to 100% (Table 7.4). Unlike EPP, the intact lung that remains limits the ability to administer effective radiation postoperatively. Gupta et al reported 123 patients who received hemithoracic radiation therapy (median 43 Gy) similar to the regimen used at MSKCC for EPP [26]. Despite a preponderance of patients with stage I and II (59%) median survival was only 14 months, and local recurrence occurred in 56% of patients. Similarly, Lee and colleagues performed P/D on 26 patients using intraoperative radiation followed by postoperative 3-dimensional conformal radiation or IMRT [33]. 69% of patients had stage I disease and so it is not surprising that the median survival was reasonably good (18 months). Fifty percent of patients had recurred or died by 1 year however, and although the exact frequency of

local recurrences was not reported, the authors stated that most patients died from progressive disease, and that the “site of failure was mostly locoregional.”

7.6.3

Intrapleural Therapies

The relatively high local recurrence rate following cytoreductive surgery alone has prompted use of intrapleural therapies after PD or EPP (Table 7.5). These have primarily involved intrapleural administration of platinum-based chemotherapy or intracavitary photodynamic therapy (PDT) with preoperatively administered photosensitizers. The concept behind intrapleural therapy is straightforward – extrapleural dissection of mesothelioma cannot reliably achieve an R0 resection and microscopic tumor deposits are frequently left behind. This is evident in local recurrence rates of up to 30–50% following EPP alone. Because of the even greater propensity for microscopic, and even macroscopic tumor remnants following pleurectomy/decortication, local recurrence rates can be as high as 70–100% with this procedure. Intrapleural chemotherapy is theoretically able to treat the entire at-risk area of the hemithorax and has been shown to permeate up to 5 mm into tissue. Most trials of ip chemotherapy however have been small phase I and II studies with limited numbers of patients. Rates of local recurrence have varied between 17% and 100% (Table 7.6). Earlier studies tended to rely on the instillation of chemotherapeutic agent into the chest cavity via chest drains in the postoperative period. More recently, capitalizing on the tumoricidal effect of hyperthermia, investigators have evaluated intraoperative intrapleural perfusion of cytotoxics heated to 42°C. The largest study of this nature was recently reported by Tilleman and colleagues from the Brigham and Women’s Hospital [69]. Ninety-two patients were enrolled on a phase II study which included EPP and intraoperative heated chemoperfusion with cisplatin. Renal function was maintained by

Table 7.3 Studies including pleurectomy/decortication: tumor characteristics, operative mortality and survival

Author	Year	n	Age (years)	Epithelial (%)	Stage III/IV (%)	Perioperative mortality (%)	Survival			
							Median (mo)	1-year (%)	2-year (%)	5-year (%)
McCormack [39]	1982	33	NR	100	NR	0	21	NR	NR	NR
Hilaris [29]	1984	41	58	68	NR	0	21	65	40	NR
Allen [2]	1994	56	64	50	NR	5	9	30	9	5
Rusch [58]	1994	27	62	70	52	4	18	69	40	NR
Martin-Uncar [36]	2001	51	63	67	NR	8	7	31	NR	NR
Ceresoli [12]	2001	54	60	73	41	NR	12.5–14	50–63	NR	NR
Aziz [6]	2002	47	NR	NR	NR	0	14	NR	NR	NR
Colaut [13]	2004	40	60	NR	23	3	11	NR	28	3
Flores [23]	2007	176	NR	NR	NR	3	16	NR	NR	NR
Flores [24]	2008	278	63	64	65	4	16	NR	NR	NR
Bolukbas [9]	2009	35	65	77	54	3	30	69	50	NR

NR Not reported

Table 7.4 Studies incorporating multimodality therapy with pleurectomy/decortication in which both survival and recurrence rates were documented

Study	Year	n	Epithelial (%)	Stage III/IV (%)	Chemotherapy	Radiotherapy	Local failure (%)	Distant failure (%)	Median survival (mo)
Hilaris [29]	1984	41 PD	68	NR	Adjuvant systemic	Brachytherapy, intrapleural 32P, hemithoracic 45 Gy	71	54	21
Rusch [58]	1994	27 PD	70	52	Adjuvant intrapleural, systemic	None	85	20	18
Lee [32]	1995	15 PD	46	NR	Adjuvant intrapleural, systemic	Type not specified	100	0	12
Monneuse [42]	2003	17 PD	NR	NR	Adjuvant intrapleural	None	59	18	18
Colaut [13]	2004	40 PD	NR	23	Adjuvant systemic	Local, 10 Gy	86	0	11
Matzi [38]	2004	25 PD	56	100	Intraop PDT + hyperbaric O ₂ (14 pts)	None	48	NR	14
Richards [54]	2006	44 PD	55	39	Intraop hyperthermic chemotherapy	None	57	43	13
Lucchi [35]	2007	49 PD	80	82	Adjuvant intrapleural, systemic	Local 30 Gy	90	14	26
Flores [24]	2008	278 PD	64	65	Adjuvant systemic	Type not specified	65	35	16
Bolukbas [9]	2009	35 PD	77	54	Adjuvant systemic	Local, 21 Gy–50 Gy	36	24	30

NR Not reported

Table 7.5 Studies including intrapleural therapy: tumor characteristics, operative mortality, and survival.

Author	Year	Surgery	Intrapleural therapy	Epithelioid (%)	Stage III/IV (%)	Perioperative Mortality (%)	Survival		
							Median (mo)	2-year (%)	3-year (%)
Rusch [58]	1994	27 PD	Postop ip Cis/MMC	70	52	4	18	40	
Rice [50]	1994	9 PD/10 EPP	Post-op ip Cis/MMC (PD) or Cis (EPP)	NR	NR	5	13		17
Lee [32]	1995	15 PD	Postop ip Cis/cytosine arabinoside	46	NR	0	12		7
Colleoni [14]	1996	20 PD	Postop ip Cis/cytosine arabinoside	50	NR	0	12		
Pass [46]	1997	11 PD/14 EPP	Intraop Porfimer Na PDT	68	84	4	14		
Moskal [43]	1998	33 PD/7 EPP	Intraop Porfimer Na PDT	63	NR	8	15	23	
Schouwink [61]	2001	28 EPP	Intraop Tetrahydroxyphenylchlorin PDT	61	68	11	10		
Aziz [6]	2002	51 EPP	Postop ip Carboplatin	54	All c I-II	9	35		48
Monneuse [42]	2003	17 PD	Intraop ip hyperthermic MMC (7) MMC/Cis (10)	NR	NR	6	18	50	42
Friedberg [25]	2003	19 PD/7 EPP	Intraop Foscan PDT	64	NR	10	12	40	
van Ruth [76]	2004	12 PD/8 EPP	Intraop hyperthermic Cis/Doxorubicin	80	NR	0	11	<20%	NR
Matzi [38]	2004	14 PD	Intraop Porphyrin PDT + hyperbaric O ₂	56	100	0	14		
Richards [54]	2006	44 PD	Intraop ip hyperthermic Cis	55	39	11	13	30	20
Lucchi [35]	2007	49 PD	IL-2 + Epidoxorubicin	80	82	0	26		
vanSandick [77]	2008	12 PD/8 EPP	Intraop ip hyperthermic Cis	80	NR	0	11	15	10
Tillenam [69]	2009	92 EPP	Intraop ip hyperthermic Cis	58	84	4	13		25

NR Not reported

Table 7.6 Combined series of extrapleural pneumonectomy and pleurectomy/decortication with multimodality intrapleural therapy

Study	Year	<i>n</i>	Epithelial (%)	Stage III/IV (%)	Chemotherapy	Radiotherapy	Local failure (%)	Distant failure (%)	Median survival (mo)
Pass [45]	1997	11 PD/ 14 EPP	68	84	Intraop PDT, Adjuvant systemic	None	76	16	14
Pass [45]	1997	12 PD/ 11 EPP	70	83	Adjuvant systemic, α IFN	None	74	8	14
Friedberg [25]	2003	19 PD/ 7 EPP	64	NR	Intraop PDT	None	15	15	12
van Ruth [76]	2004	12 PD/ 8 EPP	80	NR	Intraop hyperthermic chemotherapy	Local 24 Gy, 3 fx	55	40	11
vanSandick [77]	2008	12 PD/ 8 EPP	80	NR	Intraop hyperthermic chemotherapy	Local, 24 Gy	80	55	11

NR Not reported

the concomitant administration of sodium thiosulfate and amifostine. Though recurrence within the ipsilateral chest was low (17%) and operative mortality 4%, median survival was only 13 months. Admittedly, nearly half of the patients had stage III disease and 42% had non-epithelioid histology. Thirty-two percent recurred in the contralateral chest and 26% in the abdomen, highlighting the need for more effective systemic therapies. The same group previously published their experience using a similar regimen in 44 patients who were ineligible for EPP and who underwent PD instead [54]. Local recurrence was 57% and treatment related mortality was 11%, probably at least somewhat related to the fact that this was an older, higher risk group.

Photodynamic therapy has been evaluated in at least four phase I/II studies [25, 38, 43] and a single phase III trial [45]. Local recurrence rates have varied between 15% and 76% and median survival ranged from 10 to 15 months. Treatment-related toxicity has been an issue and one study reported two deaths, one related to a bronchopleural fistula, and another due to esophageal fistulization [61]. A single randomized study has

been conducted which compared patients who underwent cytoreduction surgery with or without PDT [45]. Adjuvant immunochemotherapy was administered to both groups. No differences in overall or progression free survival was noted between groups.

7.6.4 Extrapleural Pneumonectomy Versus Pleurectomy/Decortication

There is considerable controversy over the selection of which operation is the most appropriate. Some surgeons perform only EPP, others only P/D, and many tailor selection of operation to the patient and the degree of tumor load. As previously mentioned, in addition to the oncologic pros and cons of either operation, selection must also take into account the application of adjuvant therapies as well as patient and tumor-related factors. Clearly, an elderly patient or one with poor cardiopulmonary function is unlikely to tolerate EPP and would be better served with P/D. Patients with non-epithelioid histology

(especially sarcomatoid) have poor outcome after EPP and these patients should also probably undergo P/D if surgery is even contemplated at all. The controversy exists mainly around good performance status patients with epithelioid tumors in whom either operation would be technically feasible. There have been no randomized prospective comparisons of these procedures in carefully staged and stratified patients. The largest retrospective comparison of EPP and P/D that exists was performed by Flores and colleagues who reported a combined series from three separate institutions that included 663 patients [24]. Overall median survival was 14 months and was slightly longer for the 278 patients who underwent P/D than for the 385 patients who had EPP (16 vs 12 months, $p < 0.001$). However, it should be recognized that significantly more patients in the P/D/ group had early stage tumors (35% vs 25% ($p < 0.001$)). In addition, the institutions involved in this study performed P/D not only for patients who would not medically tolerate EPP, but also for fit patients when there was “minimal visceral involvement” [23] and for patients with low tumor volume [46]. This bias toward performing P/D on patients with biologically more favorable tumors makes it difficult to draw firm conclusions from the data. Furthermore, a previous analysis from one of the institutions revealed no difference in survival among 222 patients with EPP and 126 patients with P/D [23].

Another controversial area relates to whether to offer EPP to patients with known nodal metastases, which are known to occur in up to 50% of patients undergoing EPP. Survival of patients with nodal metastases is significantly reduced compared to that of node negative patients. Nevertheless, there are occasional long-term survivors among patients with N2 disease who have undergone trimodality therapy. A recent retrospective study from the UK compared outcomes of node positive patients who underwent EPP and P/D, and found no survival

benefit for EPP [37]. As survival is limited for this subset of patients (median survival ≈ 10 months) performing a less morbid procedure such as P/D may indeed be justified. There remains the problem, however, of accurately identifying N2 positive patients prior to EPP. As described above, mediastinoscopy has poor sensitivity ($\approx 30\text{--}40\%$) and although EBUS and EUS may offer improved accuracy, a large number of positive nodes occur in locations where preoperative histologic sampling is not possible. For this reason we now perform extensive lymph node sampling following the initial extrapleural dissection in patients planned to undergo EPP. If nodal metastases are identified on frozen section, a decision is usually made to perform radical P/D rather than EPP [49].

7.6.5

Does Cytoreductive Surgery Improve Survival?

Both EPP and P/D are extensive surgeries that carry significant risk of morbidity and mortality. The excellent five-year survival of 46% reported by Sugarbaker and colleagues applied to a relatively small fraction of patients (17%), mainly those with epithelioid node negative tumors who could be completely resected [67]. There have been no surgical series that have included internal controls. Survival times in surgical series are of significance only within the context of the surgically treated group and cannot be reliably compared to survival times of patients treated nonoperatively, for the many reasons previously described. Even within non-surgically treated patients, there is wide variation in survival depending on disease stage, tumor burden, and performance status. Though EPP probably results in a more complete cytoreduction compared to P/D, this has not been shown to translate into improved overall survival. The larger issue, however, is whether any form of aggressive cytoreduction actually

confers a survival benefit over systemic therapy and symptom control [71]. There are no randomized data available yet, however a prospective randomized trial was commenced in 2005 in the UK and was designed to answer this question. The Mesothelioma and Radical Surgery (MARS) trial enrolled patients with MPM who were deemed eligible for EPP and were without evidence of extrapleural (N2) nodal metastases [72]. All patients received three cycles of platinum-based chemotherapy and were subsequently randomized to either receive EPP and adjuvant radiotherapy, or best supportive care. The trial recently completed a pilot feasibility phase in which 50 patients were successfully randomized [73]. The proposed sample size of the MARS trial was 670 patients; however, the trial has subsequently been closed. [<http://public.ukcrn.org.uk/search/StudyDetail.aspx?StudyID=1189>]. The survival and recurrence outcomes have not yet been disclosed, however with only 24 and 26 patients in the surgical and nonsurgical arms, any conclusions from the data will likely be of limited clinical significance. At the present time there are no plans to continue the trial in its original form, however, a new trial, MARS II, may be launched in the near future. If a cytoreductive surgical arm is included it will likely not be EPP but rather P/D (personal communication: Dr. Jeremy Steele). Without MARS or trials like it that compare cytoreductive surgery in a randomized fashion to a nonsurgical arm, we will have to continue to base treatment decisions on limited and fundamentally biased data.

7.7 Summary

Controversy remains regarding the optimal therapy for MPM. In fit patients with epithelioid tumors and negative nodes, cytoreductive surgery combined with appropriate adjuvant or

neoadjuvant therapy may improve survival compared to best supportive care or chemotherapy alone, though this is unproven. Complete removal of all macroscopic disease should be the goal of any potentially curative surgical procedure, whether EPP or P/D. EPP has been associated with lower rates of local recurrence, particularly when combined with hemithoracic radiation; however, it is also associated with higher perioperative morbidity and mortality in comparison to P/D. Currently, there is no convincing evidence of any survival difference between the two procedures. Distant failure remains a significant issue that limits long-term survival in patients who have undergone EPP. However, it is possible that if micrometastatic disease can be successfully treated in the future with improved chemotherapeutic or immunotherapeutic strategies, then the local control of achievable with cytoreduction might translate into improved survival.

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Abstract Previously considered to be rare, malignant pleural mesothelioma (MPM) is a highly aggressive tumor with an increasing incidence linked to asbestos exposure, its main etiological factor. MPM is also a very important issue because patients have usually a short survival (median <12 months) despite current treatments. Moreover an optimal treatment for MPM is not defined yet, even if ERS/ESTS experts recently provided clear and up-to-date guidelines on MPM management. These guidelines on chemotherapy and radiotherapy for

mesothelioma, as well as new therapeutic developments, are presented in this chapter.

8.1 Introduction

Previously considered to be a rare cancer, malignant pleural mesothelioma (MPM) is a highly aggressive tumor that has become a very important issue over recent years due to its poor prognosis and its increasing incidence of MPM since the 1960s.

An optimal treatment of MPM is not clearly defined, even if guidelines were proposed by several scientific societies such as the French speaking Society for Chest Medicine (SPLF), the British Thoracic Society (BTS), or the European Society of Medical Oncology (ESMO) (2007; [82, 87]). More recently, the European Respiratory Society (ERS) in collaboration with the European Society of Thoracic Surgeons (ESTS) brought together experts to draw up recommendations in order to provide clinicians with clear, concise, up-to-date guidelines on management of MPM [84]. These guidelines on chemotherapy and radiotherapy in MPM are detailed in this chapter with an update of the literature.

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8.2 Radiotherapy

Radiotherapy (RT) can be used in multiple ways for management of patients with mesothelioma: to prevent tumor seeding along interventions sites, adjuvant therapy after surgery, or palliative RT for pain treatment. However, radical RT for the treatment of MPM remains a challenge as the target volume is large with complex shape, and high therapeutic dose may be dangerous due to the proximity of organs at risk (heart, lung, etc.). Development of new techniques and progress in the planning of radiation treatment may lead to a better control of the disease. However, the value of RT still has to be proven in MPM. In this chapter we will review the body of literature that evaluates the efficacy and the safety of the different techniques of RT in MPM.

8.2.1 Radical Radiotherapy

Radical RT is very difficult in MPM due to large radiations fields, a high recommended therapeutic dose (60 Gy), and the proximity of organs at risk with poor tolerance of radiations. For example, the heart can tolerate a maximal dose of 40 Gy; lungs and kidneys, 20 Gy; spinal cord, 45 Gy; and liver, 30 Gy [22].

Most of the time, RT was proposed after surgery, but there are a few old reports of single radical RT.

8.2.1.1 Radical Radiotherapy as a Single Treatment

Ball et al. reviewed 35 MPM including 12 patients receiving RT in a curative intent. Forty grays (Gy) were delivered to the entire hemithorax including spinal cord [6]. Then, spinal cord

was excluded from the radiation fields and a further 10 Gy was given. Radical RT did not significantly affect survival. Moreover, two patients presented severe side effects: one patient developed fatal radiation hepatitis, another had a radiation myelopathy.

Maasilta studied tolerance of RT in 34 patients with unresected mesothelioma [51]. The three different treatment plans were as follows:

- Fifty-five grays to the entire hemithorax in 2.2 Gy fractions/day. After this initial dose, a boost of 70 Gy was given to the gross disease
- Seventy grays in 1.25 twice daily fractions
- Thirty-five grays to the hemithorax in 1.25 Gy twice daily fractions followed by a boost of 36 Gy in 4 Gy fractions to the gross disease

The lung was not shielded. Others organs at risks were shielded after variable doses of radiations. After 1 year, all the patients presented severe radiographic radiation pneumonitis resulting in a total loss of the ipsilateral lung function.

Thus, these reports and others did not show any benefit on survival whereas toxicity was high [2]. Therefore RT alone is not an option for radical treatment of MPM.

8.2.1.2 Radical Radiotherapy as Part of a Multimodal Treatment

There are two potential surgery procedures for MPM: extra-pleural pneumonectomy (EPP) and pleurectomy/decortication (P/D). EPP is an “en bloc” resection of the pleura with ipsilateral lung, associated with resection of the diaphragm and pericardium. P/D is a less aggressive surgery. In this last procedure, after dissection of the parietal pleura from the endothoracic fascia, an incision is made to allow decortication of the visceral pleura. As a single therapy, surgery led to disappointing results. Thus, median survival after EPP alone was less than 1 year whereas inhospital mortality rate varied from 0% to 20%. Because of the diffuse nature of MPM and

the difficulty to have clear margins resection, local failure after surgery alone ranged from 30% to 60% [5, 69, 70].

Therefore, RT has been proposed to reduce local relapse after surgery, alone or in association with chemotherapy. Even if to date, there is no published phase III study assessing the benefits of RT in this goal, some reports suggested that RT may reduce local relapse after surgery.

Radiotherapy Following P/D

Pleurectomy/decortication is not a curative surgery. At best, it can relieve an entrapped lung and help pain control.

The main limitation for RT after P/D is lung toxicity. As the ipsilateral lung is still in place, implementations of dose are not possible without a significant risk of radiation pneumonitis. The Memorial Sloan-Kettering Cancer Centre (MMSKC) is one of the first centers where P/D and RT were associated. Gupta et al. reported a retrospective series of 123 patients from 1973 to 2004 [29]. The procedure of radiation was complex, associating photons and electrons. Photons were given to the entire hemithorax by anterior and posterior fields with blocks to protect the lung, heart, liver, etc. The areas shielded from the photon's irradiations were treated by electrons. Initially, intraoperative brachytherapy was used. As the surgery became more aggressive and the gross disease remained poor, this technique was abandoned in 1990. Patients underwent fluoroscopic or CT simulations. Median survival was only 13.5 months. Overall survival rate at 2 and 5 years were 23% and 5%, respectively. Survival increased with the dose of RT (more than 40 Gy) and the absence of brachytherapy. Sixty-nine patients experienced local recurrences (1 year rate: 42%). Severe pulmonary symptoms were seen in 10% of the patients; 6% of the patients developed grade 3–4 pericarditis. The authors concluded that conventional RT following P/D did not improve

survival and was associated with high radiation toxicity.

Another series was published including 26 MPM cases treated by P/D followed by an association of intraoperative electrontherapy and external beam RT started within 2 months after surgery [48]. The intraoperative RT was performed on areas difficult to treat by conformal RT, including major fissure, pericardium, and diaphragm. The median dose was 15 Gy and the average number of sites treated by electrontherapy was 3.3. Fourteen patients received 3D conformational RT from January 1995 to November 1997. Then, the last ten patients were treated by intensity modulated radiotherapy (IMRT). Median survival was 18.1 months, and 32% of the patients were alive at 2 years. Progression free survival (PFS) at 1 year was 50%. Most of time, recurrence was locoregional. Radiation pneumonitis was observed in four patients (17%). No comparison was done between the two treatment plans due to the small size of the different subgroups of patients.

There were few other trials again with small samples of patients and heterogeneous treatment plans. Sometimes patients were treated with or without CT, RT regimen was not always described, and surgery procedure was P/D or EPP. These reports cannot preclude any conclusion [52, 59, 95]. Therefore, these studies were not discussed in this review.

In summary, radical RT after P/D does not seem to be efficient with regards to the locoregional control rate of the different studies and the remaining poor survival. Toxicity is frequent as the ipsilateral lung is still in place resulting in poor tolerance to radiations. For this reason, recent guidelines from ERS/ESTS did not recommend RT in a curative attempt after P/D [84].

Radical Radiotherapy After EPP

Even if the absence of the ipsilateral lung after EPP allow higher RT dose, RT remains difficult,

essentially due to large size with complex shape of the target volume and the persistence of other organs at risk. As after P/D, the goal of RT after EPP is to increase local control and to enhance survival. Adjuvant therapy after EPP seemed to improve survival as suggested in a review of 231 patients treated by surgery (EPP, P/D or pleurectomy alone) [79].

First studies were mainly retrospective trials aiming at assessing optimal dose and efficiency of RT. Baldini et al. reported a series of 49 patients treated by multimodal treatment combining surgery (EPP), chemotherapy \pm RT [5]. Over the 49 patients treated by EPP, 35 subjects received RT, consisting in a median dose of 30 Gy to the entire hemithorax, followed by a boost on previous areas of bulk disease. Total recurrence rate was 54%, including 67% of local recurrences (35% of the total population). In the "RT" group and in the "no RT" group, local failure rate was respectively 9% and 27% ($p = 0.27$). More recently, another study recruiting 39 patients compared the efficacy and the safety of two dose regimens of RT as part of multimodal therapy [3]. Moderate dose hemithoracic radiotherapy (MDRT) was performed through an anterior posterior field in 1.5 Gy daily fractions, to a total dose of 30 Gy. Mediastinum received 10 additional grays. When positive margins or lymph nodes were present, a boost to 54 Gy was achieved. High dose radiotherapy (HDRT) was CT planned. It consisted in a larger anteroposterior fields treated with a total dose of 39.4 Gy. Then, 14.4 additional Gy were delivered in a field excluding spinal cord and mediastinum. Local recurrence rate was 27% in the HDRT group (4/15 patients) and 50% in the MDRT group (12/24 patients). RT type was not predictive of local failure, diffuse failure, or survival in univariate and multivariate analysis.

Holsti et al. prospectively evaluated different patterns of RT and their effect on survival [34]. Radiations dose range from 20 up to 70 Gy. They could not show any significant

difference between treatment plans but sample sizes were small.

Even if there is no relevant clinical proof in the literature, it is suggested that higher dose of radiation may increase local control with acceptable toxicities. Therefore, high dose RT regimens were tested in prospective trials evaluating RT in multimodal treatment of MPM. A phase II trial by Rusch et al. was first designed to assess the feasibility and efficacy of intraoperative and postoperative RT after P/D or EPP [80]. Surgery procedure was essentially chosen with regard to comorbidity. If the patient's comorbidities increased the risk of EPP in unacceptable proportions, P/D was performed. Unfortunately, in the first patients treated by intraoperative RT and EPP, the rate of infections including empyema was important. Study was stopped and redesigned without intraoperative RT. Eighty-eight patients were recruited. EPP was performed in 62 cases. Five patients were treated with P/D and the remaining 21 subjects were excluded after thoracotomy due to an unresectable disease. Among the 62 EPP cases, 54 patients received a median dose of 54 Gy (20–62) in 30 daily fractions of 1.8 Gy through an anterior-posterior field. Liver, heart, stomach, and spinal cord were protected. A complement of radiations using electrons was performed on the blocked areas excluding the spinal cord. For the first time, results were encouraging regarding the local recurrence rate of 13% (seven patients) whereas the toxicity was tolerable, except a non-lethal esophagopleural fistula. For three patients, the recurrence occurred at the edge of the radiations fields. Median survival was 33.8 months in stages I–II patients versus 10 months in stages III–IV patients. Recent reports from the same group found local recurrences rates ranging from 0% to 37% after EPP and RT [25, 30, 101]. Again, local failure occurred in the inferior treatment field, between the levels of T12 and L3 vertebra.

In a prospective phase II trial assessing multimodal treatment by Krug et al., 77 patients

received induction chemotherapy followed by EPP in 57 subjects; then only 44 patients out of these 57 subjects had RT (but 4 of them could not achieve this treatment: 1 patient presented a fatal radiation pneumonitis and the last 3 subjects had progressive disease during the treatment) [46]. Median dose was 45.9 Gy (0.28–60). Pulmonary grade 3 toxicity (pneumonitis) was found in two patients. Others grade 3 toxicities were upper gastrointestinal ($n=2$), larynx ($n=1$), or skin ($n=1$) lesions. Out of the 40 patients who completed multimodal treatment, 8 subjects presented local recurrences, 12 subjects had metastases, and 3 patients exhibited relapses in both sites. Median survival in intention to treat population (ITT) was 16.8 versus 21 months in patients benefiting of the full multimodal treatment.

In summary, there is no strong evidence for using radical radiotherapy in the treatment of MPM. It seems that the full cover of the areas at risk, more specifically the lower margins, could improve the control. A dose-effect relation could be present suggesting that the increase of the radiations dose could be relevant. However, to date, there is no published phase III trial that validated this hypothesis. Therefore, considering these results and the high variability of the local recurrence rate, the experts of the ERS/ESTS task force recommend the use of radiotherapy for MPM only in specialized centers, in clinical trials, as a part of multimodal treatment. An ongoing study in the Switzerland by the SAKK group may help to answer the question of the value of RT after surgery in MPM. This phase II study includes only patients with disease stage less than T3 N2 M0. After neoadjuvant chemotherapy and EPP, patients with R0 or R1 disease are randomized to receive or not hemithoracic RT. This is a two part study: first part includes an evaluation of the feasibility and short-term outcome of chemotherapy followed by EPP. Second part will assess the feasibility and long-term outcome of postoperative hemithoracic RT in patients with R0 or R1 resection.

Intensity Modulated Radiotherapy (IMRT)

Large fields, complex target shape, and proximity of organs at risk may limit dose and therefore efficacy of RT in MPM. In this context, IMRT seems to be a relevant alternative as it theoretically allows large irradiations of complex fields.

In 2003, Ahamad and al described the first seven MPM patients treated by IMRT [1]. Radiotherapy started 3–8 weeks after EPP. Definitions of clinical target volume (CTV), boost, and organs at risks were done by a radiation oncologist in association with a thoracic surgeon and a radiation physicist. A dose of 50 Gy with a boost of 60 Gy for positive margins or areas at risk was delivered. Toxicity was tolerable. No recurrence was described. Two patients died of infectious pneumonia. These initial promising results encouraged this team to treat patients using IMRT. In an update from the same group, 100 patients treated with EPP followed by IMRT in 63 cases were reviewed [78]. Local recurrence rate was 13%. Only three patients experienced recurrence within the radiations fields. Another three patients presented marginal recurrences, outlining the difficulty to define the CTV. Two patients died from radiations pneumonia within the 6 months following RT. Pulmonary toxicities could also be incriminated in four other lethal cases.

Allen et al. published the results of 13 patients treated by IMRT following EPP with adjuvant chemotherapy combining pemetrexed and cisplatin. Contouring and target volume delineation were as described by Ahamad et al. [1]. Dose to the CTV was 54 Gy with a 60 Gy boost to gross tumor volume disease defined by surgical and post-chemotherapy PET/CT findings. Of the 13 patients, 6 (46%) developed fatal pneumonitis within 2 months after IMRT. Dose-volume effect of IMRT was the main hypothesis. However, the currently used dosimetric parameters to evaluate toxicity (Volume of lung receiving 20 Gy [V20], mean lung dose received [MLD] and V5) did not

seem to predict toxicity, but the number of patients was very limited. This concern leads the MDACC's team to review their experience of IMRT with special regard to dose-volume parameters [78]. There were six pulmonary-related deaths within the 6 months after completion of IMRT. Only V20 was an independent factor to predict pulmonary death. The mean V20 and MLD in their study were significantly lower than those from Allen and al (4.9% for V20 and 8.6 Gy for MLD vs 15.7% and 13.8 Gy, respectively; $p < 0.001$). Based on these results, the authors aimed at keeping V20 lower than 7% and MLD < 8.5 Gy. More recently, Kristensen reported the cases of 26 patients treated with IMRT following induction chemotherapy and EPP [45]. Out of these 26 subjects, four patients (15%) developed fatal pneumonitis. Values for MLD and V10 were significantly higher in patients with grade 5 pulmonary toxicity whereas V20, V5, and V30 did not significantly differ. As a result the authors adjusted constraints to the contralateral lung (MLD < 12 Gy and V10 $< 50\%$ and V20 $< 15\%$). Even if there is a clear relation between the lung volume receiving low dose radiations, the MLD, V5 and V20 and the development of high grade pulmonary toxicities, there is no clear cutoff values proposed in the literature. However, based on these retrospective results, ERS/ESTS guidelines recommend that the MLD should not exceed 10 Gy and V20 being less than 15% [84].

These constraints could result in an inadequate dose distribution or lower dose to the CTV. Reduction of dose could result in an increase of local recurrence rate with regard to the result of the study by Miles et al., including 13 patients treated by EPP followed by IMRT [56]. Median dose was 45 Gy (40–55 Gy) and local recurrence rate was 46%. One patient died of pulmonary toxicity 6 months after radiations, two other patients developed acute grade ≥ 2 pulmonary toxicity.

In conclusion, IMRT seems to be a promising procedure in MPM. However, conflicting

results about pulmonary toxicity should lead to reserve this technique to experimented team [84]. Recruitment of patients into prospective trials is still needed to prospectively assess efficacy, constraints to contralateral lung, optimal dose, and target volume.

8.2.2

Prophylactic Radiotherapy

Invasive procedures are frequent for the diagnosis and the treatment of MPM patients. Unfortunately, these procedures may induce chest wall tract seeding with various incidence, ranging between 0% and 48% depending on retrospective series. This complication seems to be higher following thoracotomy (24%) than after thoracoscopy (9–16%) or needle biopsy (0–28%). The treatment of these painful tract metastases is difficult, as neither RT nor surgery provides significant results.

Prophylactic RT was proposed to prevent the occurrence of chest wall seeding. Boutin et al. published the first randomized control trial evaluating the efficacy of RT to prevent tract metastases [10]. Forty consecutive MPM patients were randomized between RT or no treatment after pleural puncture, Abram's needle biopsy or thoracoscopy. In the treatment arm, RT was delivered within the 15 days after thoracoscopy, at a dose of 21 Gy in 3 days using electrons. Twenty-eight out of the 40 patients (15 subjects in the treatment arm and 13 patients from the control arm) had chemotherapy later. None of the patients treated by RT developed tract metastases whereas eight patients (40%) of the control arm presented recurrence along intervention sites. The size or the diagnostic procedure type was not predictive of complication. Tolerance of the RT was excellent.

Bydder et al. evaluated another radiations plan using 9 MeV electrons [12]. They delivered a single dose of 10 Gy in the first 2 weeks after diagnostic procedures. Each procedure site

was independently randomized. A total of 58 sites from 43 patients were included. Procedure tract metastases were present in three sites in the control arm and in two sites in the treatment arm ($p = 0.23$). Thus, the overall incidence of tract metastases was low in this study, and treatment plan could be critical regarding the energy of electron or total dose delivered. Therefore, no clear conclusion could be obtained.

A third prospective randomized trial was published by O'Rourke et al. [67]. Based on the incidence of tract metastases in the previous study by Boutin et al., the authors tried to demonstrate a reduction of 35% of tract metastases incidence. As 48% of the patient died before complete follow-up, the incidence of tumor seeding was lower than expected, and, therefore, the power of the study fall to 60%. A total of 61 patients were included (one death before treatment). Radiotherapy was performed using the same procedure than Boutin et al. Ten patients only developed tract metastases: seven patients in the treatment arm and three subjects in the control group. Moreover, the authors reported that patients with tumor seeding did not seem to be worried or uncomfortable.

In summary, the methods of these different studies had discrepancies, and their results were conflicting. Therefore, ERS experts were not able to draw any conclusion [84]. However, based on the experience of our reference center for MPM, we decided to continue to use prophylactic RT in our MPM patients.

8.3 Systemic Therapies for Malignant Pleural Mesothelioma

Systemic treatment of malignant pleural mesothelioma (MPM) is an important research area. A numerous of studies have evaluated the value of many different chemotherapy regimens. As a matter of fact, only a few seemed to be relevant

with a limited benefit. Only one randomized controlled trial addressed the question of the efficacy of cytotoxic agents versus best supportive Care (BSC) in MPM.

New pathways in MPM pathogenesis have been also identified leading to new targets and innovative therapies. However, the value of these targeted therapies is still under investigation.

8.3.1 Systemic Chemotherapy

There were a few studies assessing the value of intrapleural chemotherapy in MPM. To date, this technique exhibited limited efficiency and high toxicity. Intrapleural therapies have not demonstrated clinical benefit for the overall mesothelioma population and should only be considered in the setting of clinical trial [92]. Therefore, this chapter will focus on systemic chemotherapy and other biotherapies.

8.3.1.1 First Line Chemotherapy

A major step in the chemotherapy of the MPM is represented by the two large, prospective and randomized phase III trials reported by Vogelzang et al. in 2003 and by van Meerbeeck et al. in 2005 [94, 99]. In fact, previous clinical trials of chemotherapy in mesothelioma were often little informative because they were most of the time monocentric, nonrandomized, recruiting small series of patients, and bringing discordant conclusions. A systematic review and meta-analysis of the literature between 1965 and June 2001 was published in 2002 by Berghmans et al. from the ELCWP [8]. A total of 83 clinical studies representing 88 treatment arms were included. Four different groups of drug regimens were described by the authors: Studies testing cisplatin-based regimens without doxorubicin ($n = 20$), trials investigating

doxorubicin alone or combined with drugs other than cisplatin (eight trials), doxorubicin plus cisplatin trials ($n = 6$), and other drugs regimens including carboplatin, etoposide, vinorelbine, vindesine, epirubicin, ifosfamide, etc. The results showed that the combination of cisplatin with doxorubicin was the best regimen giving an overall response rate of 28% (95% CI [21.3–35.7]). Associations of cytotoxic drugs did better than any single agent (respectively 22.6% vs 11.6%; $p < 0.001$). Cisplatin seemed to be the most effective single agent. Cisplatin-based regimens gave better response rates than those with carboplatin (24% vs 11.6%; $p = 0.004$). Doxorubicin alone did not induce significantly higher response than other single agents. No other assessment was possible regarding the lack of survival data in 16 studied arms and toxicity data in 49 arms. Due to a various quality, trials included were separated into two groups (low and high quality, regarding the score of validity elaborated by the authors). Results remained the same in the two groups: cisplatin and doxorubicin gave the best response. However, no prospective randomized studies assessing these conclusions were conducted.

Since this meta-analysis, several chemotherapy drugs have been tested in phase II trials as a single agent or in combination. Some drugs, used alone, were ineffective (response rate lower than 10%), such as capacitabine, irinotecan, or docetaxel [7, 43, 68]. Others had only little effect (response rate between 10% and 20%) such as combination of epirubicin and gemcitabine [66, 74], whereas only a few regimens had some significant effect (response rate $> 20\%$) such as oxaliplatin plus vinorelbine, docetaxel plus gemcitabine, or raltitrexed plus oxaliplatin, etc. [23, 24] [91].

There are only three randomized phase III trials evaluating chemotherapy in MPM. The two first trials compared a combination of cisplatin and an antifolate drug (pemetrexed or raltitrexed) versus cisplatin alone [94, 99]. The third one was a randomized controlled trial

assessing the value of different cytotoxic drugs versus best supportive care (BSC) [58]. Muers et al. randomized 406 patients into three arms including BSC alone ($n = 136$), BSC plus vinorelbine alone ($n = 137$) or BSC plus a polycytotoxic regimen (mitomycine, cisplatin and vinblastine – MVP [$n = 136$]). Because of a slow accrual, the study design was changed, the trial stopped earlier and a comparison was made between a merged chemotherapy arm (MVP group plus vinorelbine group) versus the BSC alone arm. Median overall survival was 7.6 months in the BSC arm versus 8.5 months in the treatment arm (HR 0.89 [95% CI: 0.72–1.10]; $p = 0.29$). If there was no significant difference between the two arms of treatment, a small trend toward a better survival in the vinorelbine arm compared to the BSC arm was found (median survival 9.5 vs 7.6 months; HR 0.80 [0.63–1.02]; $p = 0.08$). Conclusions should be made preciously as several criticisms could be raised about this study. First of all, based on the literature, the drug regimens chosen were not accurate. Second, due to an insufficient enrolment, the study design was changed, resulting in a decrease of the power of the study (76%). Third, the impact of vinorelbine was evocated using an exploratory analysis and therefore has to be confirmed in a prospective phase III trial.

Vogelzang et al. published in 2003 the results of the first large randomized ($n = 456$ patients) phase III trial comparing a combination of cisplatin and pemetrexed (C/P) versus cisplatin alone (C) in the first line treatment of MPM [99]. Due to a high death rate of 7% in the first 43 patients treated with pemetrexed and based on the literature available assessing the hematologic toxicity of pemetrexed, study design was modified with supplementation in B12 vitamin and acid folic before and during treatment in both arms [60]. Median survival was significantly longer in the C/P group than in the C group (12.1 vs 9.3 months; $p = 0.002$). This benefit was associated with an increase of

toxicity in the C/P group compared to the C group, including more neutropenia (27.9% vs 2.3% respectively; $p < 0.001$), nausea (14.6% vs 2.6% respectively; $p = 0.005$), vomiting, diarrhea, and stomatitis. In the C/P group, an analysis of neutropenia regarding the supplementation in vitamin was performed. Grade 3 or 4 neutropenia was significantly more frequent in the non-supplemented patients (41.4% vs 23.3%; $p = 0.011$). Moreover, supplementation allowed patients to receive more cycle. It is to be noted that if the difference of survival between the two treatment arms was significant regarding the full or partial supplemented patients, it was not without supplementation. Some criticisms were raised about the study design, and were summarized in the Cochrane review. First, the number of cycle was different in the two arms of treatment as the median of cycles done was six in the C/P arm and four in the C arm. Second, the study was not double blind and study design was modified. Third, population may be not fully representative of usual patients as the lower limit of the Karnoski index was 70% for inclusion. Finally, the choice of the control arm (C) was questionable taking account previous studies' results.

Two years later, the European organization for research and treatment on cancer (EORTC) associated with the National cancer institute (NCI) of Canada confirmed the survival benefit of cisplatin combined with raltitrexed, another antifolate [94]. Two hundred and fifty patients were randomized to receive cisplatin/raltitrexed (C/R; $n = 126$) or cisplatin alone (C; $n = 124$). Out of the 250 patients, 33 (13.2%) had a performance status (PS) of 2. Patients received a median number of cycles of four (range 1–9) in the C arm and five (range 1–10) in the R/C arm. The association of raltitrexed and cisplatin significantly increased median overall survival over cisplatin alone (11.4 vs 8.8 months; $p = 0.048$), whereas toxicities were quite the same except for neutropenia incidence (16% in the patient treated by C/R vs 8% in the C group). There

was no difference in severe toxicity (febrile neutropenia) and no treatment-related death. It is to be noted that no prophylactic vitamin supplementation was recommended.

Therefore, since 2005, the combination of cisplatin plus an antifolate is the standard first line chemotherapy in MPM [84]. However, patients with some comorbidities do not fit into cisplatin-based regimens, leading some authors to investigate alternative drug regimens. One of them is the use of carboplatin instead of cisplatin. Phase II trials evaluating this association found a response rate ranging from 18.5% to 29% with good profile of tolerance even in elderly patients [15, 17, 18, 40, 50]. Moreover, in the pemetrexed expanded access program, the combination of carboplatin and pemetrexed seems to be equivalent to the standard cisplatin-pemetrexed regimen [81]. Other cytotoxic drugs were tried in combination with cisplatin or carboplatin, such as gemcitabine. Response rate ranged between 12% and 48%, precluding any firm conclusion on the value of gemcitabine-platinum combinations [13, 61, 93]. Based on limited literature, other gemcitabine-based regimens seemed to be interesting, such as docetaxel with gemcitabin (RR 28%) [75], pemetrexed plus gemcitabin (RR 26%) [38] or doxorubicin, carboplatin and gemcitabine (RR 32.4%) [33]. In fact, all these results are provided through phase II studies and have to be confirmed in large randomized phase III trials.

8.3.1.2

Optimal Time to Start the Treatment and Duration of Chemotherapy

There are very limited proofs with one randomized pilot study to answer the question of the best time to start the chemotherapy in the MPM patients. O'Brien et al. recruited 43 patients to be randomized to receive immediate chemotherapy after diagnosis ($n = 21$) or initial BSC with the addition of chemotherapy at the time of

symptomatic progression [62]. All patients received the same platinum-based chemotherapy regimen: mitomycin C 8 mg/m² (cycles 1, 2, 4 and 6), vinblastine 6 mg/m², maximum 10 mg, and cisplatin 50 mg/m² (or carboplatin AUC 5) (MVP), every 3 weeks for up to six cycles. Eligible patients had a performance status (PS) ≤ 2 , life expectancy >3 months and had stable symptoms for at least 4 weeks prior to randomization. Among the 22 patients included in the “delayed chemotherapy (D)” arm, five subjects died before receiving any treatment. Median time to start chemotherapy was 17 weeks (3–96). Median time to symptomatic progression was longer in the “early chemotherapy (E)” group than in the “D” group (25 vs 11 weeks) although this difference was not significant ($p = 0.1$). When excluding the patients who died before receiving chemotherapy, progression free survival was longer for the “E” patients group ($p = 0.03$). Overall survival seemed to be longer too in the “E” group than in the “D” group (14 vs 10 months) but the study was not powered to show this difference ($p = 0.1$). Other indirect arguments support an early introduction of chemotherapy in MPM. First, chemotherapy improved survival in the two large randomized trials in mesothelioma [94, 99]. Second, chemotherapy seems to be more efficient on small tumor volume [21]. Finally, quality of life was usually better maintained in the “E” group. Based on these considerations, ERS’ experts recommended to start chemotherapy as soon as the diagnosis is made, before occurrence of clinical functional signs [84].

Again, limited data assessing the optimal duration of chemotherapy in MPM came from the two phase III randomized controlled trials [94, 99]. In Vogelzang’s study, the median number of cycles was six (1–12) cycles and the dose intensity was up to 90%. In the cisplatin-pemetrexed arm, 53.1% of the patients received six cycles and 5.1% of the total continued to receive more than eight cycles. There was no evaluation of this specific group of patient. However, a

toxicity analysis of 13 patients who received a median number of four cycles of pemetrexed (range 1–12) as maintenance treatment after induction chemotherapy showed a decrease of creatinin clearance, no grade 4 toxicity but grade 3 neutropenia (15%) and fatigue (15%). It is important to note that the sample size was small; patients could have been included in first or second line treatment. Induction treatment did not include cisplatin but carboplatin pemetrexed or pemetrexed alone. All hematologic toxicities during maintenance occurred for patients receiving carboplatin-pemetrexed as induction treatment. In the second phase III trial (Van meerbeck), patients received a median of five cycles (range 1–10). No data are available about efficiency according to the number of cycles of chemotherapy. Therefore, there are no data to support maintenance therapy in MPM.

In summary, the ERS ETS experts recommend that

- When a decision is made to treat a patient with chemotherapy, subject with good PS (more than 60% of the Karnofsky scale) should be treated with first-line combination chemotherapy consisting of platinum and pemetrexed or raltitrexed (1B). Alternatively, patients could be included in first- and second-line clinical trials.
- Administration of chemotherapy should not be delayed and should be considered before the appearance of functional clinical signs (1 C).
- Chemotherapy should be stopped in case of progressive disease, grade 3–4 toxicities, or cumulative toxic dose (1A), or following up to six cycles in patients who respond or are stable (2 C) [84].

8.3.1.3

Second-Line Treatment

Second-line treatment of MPM has become a reasonable issue because a number of patients progressing after standardized first line

chemotherapy are still fit to receive another treatment. Thus, in a retrospective analysis of the patients included in the study of Vogelzang et al., the authors have shown that 42% of the patients received a second-line treatment [53]. Moreover, the use of post-study treatment (PST) was associated with a better survival in the two study arms whatever cytotoxic drugs were used. Although in multivariate analysis PST was associated to better survival (hazard ratio, HR: 0.56 [CI 0.44–0.72]), no clear conclusion could be made as this result could reflect association between decision of PST and a better prognosis. Two approaches emerged depending of the first-line treatment. Pemetrexed-based second-line chemotherapy has been suggested for pemetrexed-naïve patients and non-pemetrexed regimens were used in the other cases.

In second-line treatment, pemetrexed and raltitrexed have been used alone or in association with platin. The Expanded access program (EAP) provided first data about the use of pemetrexed in a second-line setting [37]. The treatment was well tolerated in the 187 patients receiving pemetrexed alone (“P”; $n = 91$) or in association with cisplatin (“C/P”; $n = 96$). No comparison was done between the two types of treatment. Tumor response for combination therapy was 32.5% and disease control rate 68.8% in the 80 assessable patients. For the “P” patients group evaluable for response ($n = 73$), tumor response was lower (5.5%) and disease control rate was about 41.1%. Median overall survival was 7.1 months (95% CI; 6.5–11) with “C/P” versus 4.1 months in the “P” group (95% CI; 3.2- N/A).

A study of 39 patients previously treated with a cisplatin-based combination reported benefit and toxicity of pemetrexed with or without carboplatin in second-line setting [86]. Grade 3 or 4 toxicities were observed for leukocytes (14% with pemetrexed vs 9% with pemetrexed plus carboplatin), thrombocytes (8% vs 18%, respectively) and nausea (only 4% with pemetrexed). Twenty-one percent of the patients experienced

partial response with pemetrexed compared with 18% with carboplatin pemetrexed. No complete response rate was described. Median overall survival was 6 months in both treatment arms.

Raltitrexed has been tested with oxaliplatin in second-line treatment with variable results. In a phase II study of 70 MPM patients including 15 pretreated patients, Fizazi et al. found an objective response rate of 20% in chemo-naïve and pretreated patients [24]. Overall survival in previously treated patients was 44 weeks (95% CI; 24–40 weeks). Specific toxicity data for the subgroup of previously treated patients were not available. Porta et al. evaluated 14 patients previously treated by chemotherapy (combination with cisplatin for 5 patients, or doxorubicin-based regimens for five other subjects). [73]. After a median of two cycles (range 2–6), there was no objective response but four stable disease. The authors concluded that oxaliplatin and raltitrexed should not be used in a second-line setting. Razak et al. have tested in four selected patients to reintroduce a combination of carboplatin with pemetrexed [77]. All patients had epithelioid MPM subtype and a long period of stability of the disease before relapse (from 2 years up to 6 years). After six cycles of chemotherapy, three patients had stable disease and one presented a partial response. In a retrospective study of 17 patients having relapsed more than 3 months after first line pemetrexed/platinum chemotherapy, the reintroduction of pemetrexed combined or not with platinum permitted a response rate quite low (PR: 6%), but control disease was achieved in 65% of the patients [85].

In 2008, a first randomized phase III trial evaluating the value of pemetrexed in second-line setting after a first line non pemetrexed-based treatment was published [39]. The superiority of pemetrexed over best supportive care (BSC) in second line treatment was not clearly confirmed in this trial. The characteristics of the 243 patients were as following: Karnofsky score <80% in about half of cases, stage IV disease in

60% of patients, and response to prior treatment was as reported in previously published phase II trials. A significant improvement of progression free survival was observed in the pemetrexed group compared to BSC group (PFS 3.6 months 95% CI [3–4.4] vs 1.5 months 95% CI [1.5–1.9]), whereas overall survival did not differ between the two treatment arms. However, this discrepancy could be explained by a higher rate of post-study treatment in the BSC group (51.7% vs 28.5%; $p = 0.0002$). Furthermore, 18.3% of patients in the BSC group received pemetrexed as PST, precluding any firm conclusion.

Other cytotoxics were evaluated in small groups of patients. Gemcitabine value was assessed alone or in combination with different drugs in MPM. Xanthopoulos et al. reported efficacy and safety of gemcitabine and/or oxaliplatin in 29 pemetrexed previously treated patients with good PS (in second line setting [$n = 15$] or more [$n = 14$]) [100]. Twenty-five patients received both drugs whereas the four remaining patients were treated by oxaliplatin alone. Partial response and disease control rates were low (6.9% and 44.8%, respectively). Tolerance was acceptable with no grade 4 toxicity. Time to progression and overall survival were 2.3 and 6 months, respectively. Zucaly et al. published a phase II study evaluating efficacy and toxicity of gemcitabine and vinorelbine combination after failure of a pemetrexed-based chemotherapy [103]. Thirty patients with poor PS (PS ≤ 1 in 83% of cases) and low EORTC prognostic score (73%) were recruited; 29 patients were evaluable for response assessment. Three patients experienced partial response and ten patients had a stable disease. Disease control rate was 43.3%. Median TTP was 2.8 months and median OS was 10.9 months. There was no grade 4 toxicity but three grade 3 neutropenia and one grade 3 thrombocytopenia, fatigue, nausea, and constipation. These results did not justify a phase III study.

A recent study evaluating a docetaxel-gemcitabine regimen provided more promising

results [91]. Response rate in 37 patients was 19% and disease control rate was 81%. Time to progression and mean overall survival were as high as those that may be found in first-line setting (7 months [range: 5.8–8.2] and 16.2 months [13–19.3], respectively). Similar results were achieved with the association of irinotecan, mitomycin, and cisplatin in second-line chemotherapy tested in 13 patients from a phase II open label non-comparative study [23]. All patients but one were previously treated by vinorelbine with or without oxaliplatin. Fifty percent of patients had a PS of 2. Tolerance was acceptable with mainly hematologic toxicity (30% of patients had a grade 3–4 neutropenia). Chemotherapy was associated with quality of life improvement (psycho-social well being). However, all the patients in second-line treatment presented low risk according to the EORTC prognostic score, possibly related to selection bias.

In case of prolonged objective response with first-line chemotherapy, ERS ETS experts recommended to treat patients with the same regimen (2 C). In other cases, inclusion of the patients in clinical trials is encouraged (2 C) [84].

8.3.2

Targeted Therapies

8.3.2.1

Epidermal Growth Factor Receptor (EGFR)

The tyrosine kinase (TK) EGF receptor pathway is involved in angiogenesis, proliferation, survival, and migration of tumor cells. As in many others cancers, EGFR seems to be over-expressed in MPM. However, EGFR TK activating mutations could be rare explaining EGFR TK inhibitors failure in MPM [19, 65, 96]. Govindan et al. evaluated the efficacy of gefitinib in a nonselected population of MPM patients [27]. Forty-three chemo-naïve patients

were recruited. EGFR overexpression or mutations were not required for inclusion, but some biopsies were reviewed with interest for EGFR overexpression. The response rate was low (one partial response, one complete response, and 21 stable diseases). Similar results were obtained with other EGFR TK inhibitors. Erlotinib was tested in 63 unselected chemo-naïve patients [26]. Although EGFR overexpression was found in 75% of tumor samples, no objective response was observed. Toxicity was acceptable; main side effects were as previously described: skin rash (82%), diarrhea (52%), and fatigue (51%). These negative results could be explained by the absence of activating EGFR mutation in MPM cells.

8.3.2.2

Vascular Endothelial Growth Factor (VEGF) Inhibitors and Other Anti-angiogenic Drugs

There is a strong preclinical rationale supporting the use of VEGF inhibitors in MPM. VEGF and VEGF receptors are highly expressed in MPM; VEGF is an autocrine growth factor in MPM [90]. VEGF has a key role in tumor angiogenesis and lymphangiogenesis in mesothelioma [64]. The increase of VEGF expression plays also a critical role in tumor growth induced by simian virus SV 40 [16]. In murine SCID model of human MPM, the combination of humanized anti-VEGF monoclonal antibodies (bevacizumab) and pemetrexed exhibited antitumor effect on tumors highly expressing VEGF [49]. Several anti-angiogenic drugs were tested alone or in combination with other agents in MPM.

In a phase II trial, bevacizumab (15 mg/kg IV every 3 weeks) was tested in combination with oral erlotinib 150 mg daily in 24 MPM patients with good tolerance but poor results: no objective response, TTP = 2.2 months and median survival time = 5.8 months [36]. In another phase II randomized trial comparing

cisplatin plus gemcitabine with or without bevacizumab, the addition of bevacizumab did not result in improved response rate (25% vs 22%) nor survival (MST 15.6 vs 14.7 months; $p = 0.91$) [44]. This may be partly due to second-line chemotherapy (pemetrexed) because this drug permitted a response rate of 12.1% and a stable disease in 46% of cases in pretreated patients, resulting in a 1 year survival rate of 54% and in median time to progression of 4.9 months. Interestingly, overall survival and PFS in both arms, but not response rate, was correlated with serum VEGF level in these patients ($p = 0.008$).

A French phase II randomized clinical trial "MAPS," evaluating a first-line chemotherapy associating cisplatin-pemetrexed versus cisplatin-pemetrexed-bevacizumab in 111 patients, was just achieved on January 2010. Preliminary results will be presented during 2010 meeting (to be updated before publication?).

Thalidomide is another anti-angiogenic drug through inhibition of VEGF, bFGF, and TGF α . In MPM, it was tested alone (two studies) or in combination with chemotherapy (one study) [4, 72]). In a phase I/II trial testing thalidomide alone, 40 patients (half pretreated subjects) were recruited [4]. There was no objective response but 11 patients (27%) had a stable disease more than 6 months; median survival time (MST) was 11 months; TTP was 8 weeks. A smaller Australian study ($n = 22$) had similar results. A last study treated 16 chemo-naïve patients by cisplatin, gemcitabine, and thalidomide. The authors observed partial response and stable disease rates of 14% and 55%, respectively; MST was 12 months; TTP was 17 weeks. These results did not allow classifying thalidomide as an active drug yet.

There are very limited clinical data in MPM on *multi-target (TK) drugs* such as *sorafenib*, *vatalanib*, *pazopanib*, or *sunitinib*. Although some patients experienced objective response, endpoints of the different studies were never achieved; new trials are ongoing. Four phase II

trials assessing *imatinib mesylate* in MPM were deceptive with no response rate in all studies (stable disease: 12–44%) [54, 57, 97]. VEGFR-2 inhibitor *semaxanib* seemed to be efficient (response rate 11%; MST 12.3 months) but was associated with an intolerable risk of thrombosis [41].

Finally, a phase II trial assesses tetrathiomolybdate (TM), a potential anti-angiogenic and anti-VEGF drug through copper depletion and ceruleoplasmin decrease, starting 4–6 weeks after debulking surgery in 30 stage I–III patients compared to a historic series of 164 patients from the same group [71]. Toxicity was low. TM exhibited a potential value in stages I–II disease only, but the control group was a conflicting issue in the methods of the study to raise a firm conclusion.

8.3.2.3

Ribonuclease Inhibitors

Ranpirnase is an enzyme degrading tRNA in the Golgi system resulting in inhibition of proteins synthesis including proteins involved in cell replication and apoptosis. The role of ranpirnase in MPM has been evaluated through one phase II and two phase III trials with quite deceptive results. First, efficacy was evaluated in 105 patients in an open-label single-arm study [55]. Response rate was low (two complete responses and four partial responses, 35 stable diseases). However, regarding the molecule's activity, the use of RECIST criteria could not be the best way to evaluate efficiency of this treatment. There were 21% grade III–IV toxicities, mainly arthralgia, fever, flush, and allergic reactions. A first phase III trial compared doxorubicin (D) versus ranpirnase (R) in a 2:3 randomization of patients [98]. Results were negative as overall survival was not significantly different in the two arms (8.2 vs 8.4 months in D and R groups, respectively) in the intention to treat population. However,

patients with poorer prognostic were more frequent in the R arm. A subset analysis excluding those patients showed an increased survival in the R arm (11.6 vs 9.6 months). Another phase III included 428 chemo-naïve patients randomized to receive doxorubicin with or without ranpirnase, but failed to demonstrate superiority of the combination.

8.3.2.4

Histone Deacetylase Inhibitors (HDACi)

HDAC are a large group of enzymes; Zn²⁺-dependent I, II, and IV classes HDAC are the most explored targets in cancer. Inhibition of histone acetylation results in acetylation of histone proteins and in expression of genes associated to cell cycle arrest, apoptosis, and tumor suppression. Moreover, HDACi leads to acetylation of nonhistone proteins leading to other anticancer effects such as inhibition of angiogenesis, motility, and invasion of tumor cells [9]. Many specific or pan HDACi have been tested in different cancers. For example, HDACi such as vorinostat (SAHA), panobinostat or valproic acid (VPA) are evaluated in lung cancer patients in combination with chemotherapy [14, 20, 76]. Vorinostat is already FDA-approved in the treatment of cutaneous T-cell lymphoma.

Vorinostat was first tested in MPM in a phase I study recruiting 13 previously treated patients, and seemed to be safe [41]. Despite unpublished results of a phase II evaluating Vorinostat versus placebo in previously treated MPM patients, a large randomized controlled phase III trial with the same treatment design is ongoing. Six hundred and sixty patients will be recruited until 2011.

Recently, belinostat, a novel HDACi has been tested in MPM patients [76]. Thirteen patients were included; 11 patients had previously pemetrexed-platinum chemotherapy. A median of two cycles was achieved (range 1–6). The study was stopped because no objective

response was found; MST in the 13 patients was 1 month and overall survival was 5 months. Main toxicities were fatigue, hyponatremia, hyperglycemia, and supraventricular tachycardia; all well known to be related to belinostat. The authors concluded that belinostat as a single agent was not effective.

A recent phase II study was reported by Scherpereel et al., evaluating the value and the safety of valproic acid (VPA) combined with doxorubicin in MPM patients after at least one chemotherapy (platinum-pemetrexed) [83]. A total of 45 PS 0–2 patients were evaluated. Response rate was 16% (95% CI 3–25%), disease control rate was 36% (95% CI 22–51%). Overall survival was 6.7 months (95% CI 4.9–8.5 months). Toxicity was acceptable as severe neurological toxicity was seen, main toxicity was leuco-neutropenia induced by doxorubicin.

This was the first phase II suggesting clearly an antitumor effect of HDACi in mesothelioma, associated with an improvement of survival. Results of the ongoing phase III trial 3 assessing vorinostat may provide more information on the potential role of HDACi in MPM.

8.3.3

Immunomodulators, Gene Therapy and Cell Therapy

8.3.3.1

Immunomodulators

Interferons and interleukins are the principal drugs being tested in the treatment of malignant mesothelioma. The dosed, the way of administration (intrapleural, sub-cutaneous, intramuscular, intravenous) and the type of drug, as well as the disease stage varied greatly from one study to another. Thus the results of these studies must be cautiously analyzed. Monotherapy with interferons or interleukin-2 seemed not effective and is not recommended outside of a clinical trial [84].

Interesting preliminary results were observed after administration of *Mycobacterium vaccae*

in a limited number of patients. This needs to be confirmed before recommending the use of this treatment.

8.3.3.2

Gene Therapy

Gene therapy has shown promising results in mesothelioma in preclinical models and in a phase I trial. An antitumor response in MPM was demonstrated in murine models and in patients during phase I trial when injecting intrapleurally adenoviral vectors (Ad) with thymidine kinase gene (associated with ganciclovir IV) or IFN- β gene [47, 88, 89]. In this model, CD4+ and CD8+ tumor-specific T cells were the key effector cells for tumor inhibition [63], suggesting a potential benefit to associate cell therapy to this strategy. Significant tumor inhibition was also shown in animal models, but not in humans yet, by transfection of p53, Bak, p14^{arf}, or CD40 ligand genes, or using antisense oligonucleotides (ODN) to block the expression of some genes such as growth factors (PDGF α et β , IGF I, TGF- β , etc.) [35, 102].

8.3.3.3

Cell Therapy

Finally, *cell therapy* seems to be another interesting treatment in MPM [28, 31]. In fact, if chemotherapy may increase the response rate to treatment and survival in non-resectable patients, there are always some tumor cells, resistant to therapies, that may inactivate the immune system. It is necessary to stimulate and to « educate » the antigen presenting cells (CPA, dendritic cells, etc.) and the effector cells of the immune system: natural killer (NK) cells, cytotoxic T cells (CTL), etc., how to eliminate these tumor cells. Associated to other standard therapies (chemotherapy, etc.), this vaccine strategy may improve the treatment of MPM patients.

The results of a promising phase I trial were recently published [32]. The goal of this trial was to assess in ten MPM patients the safety and immunological response induced by the intradermal and intravenous administration of tumor lysate-pulsed dendritic cells (DC) at 2-week intervals after chemotherapy. The treatment was safe with no grade 3 or 4 toxicities associated with the vaccines or any evidence of autoimmunity; moderate fever was the only side effect. Interestingly, local accumulations of infiltrating T cells were found at the site of vaccination. Immunological response to tumor cells was detected in a subgroup of mesothelioma patients.

8.4 Conclusion

Real improvements have been achieved in the systemic treatment of MPM. European scientific societies recently provided clear and up-to-date guidelines for the management of patients with MPM. However, results of the treatment remain quite poor, as MPM exhibits a high resistance to standard chemotherapy, and many questions still have to be answered such as: how long should we give first-line treatment? Which second-line treatment should we use? What is the role of “targeted therapies”? How radiotherapy could improve MPM.

Regarding the incidence of the disease, prospective and randomized international trials are needed to help answer these points and to optimize MPM management. In particular, because of limited data on the best combination treatment, patients who are considered candidates for a multimodal approach should be included in a prospective trial in specialized centers. The continuing collaborations between clinicians and basic science teams are another crucial step to improve the treatment of mesothelioma patients.

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9.1 Apoptosis as a Tumor Suppressor Mechanism

Mesothelioma remains an incurable cancer due to the ineffectiveness of conventional cytotoxic chemotherapy. This is reflected in the preponderance of mostly negative phase II clinical trials over the last 30 years [32]. Resistance to apoptosis is a hallmark of cancer in general [48], accounts for multidrug resistance [58], and is a signature of mesothelioma [31]. During tumorigenesis, it is now understood that as in common with other solid cancers, somatic genetic alteration is a frequent event predisposing to apoptosis resistance. These changes include the activation of oncogenic cell survival pathways, and the inactivation of tumor suppressors.

This chapter will focus on how apoptosis susceptibility in mesothelioma is, in general, inhibited by the acquisition of multiple somatic alterations in oncogenic and tumor suppressor

protein expression. Growing knowledge of these key genetic changes and their requirement for sustaining the malignant mesothelioma phenotype provide insights into potential vulnerabilities that may be successfully exploited using new therapeutic strategies. I will first of all, summarize our understanding of how the core death machinery is altered in mesothelioma (summarized in Fig. 9.1). This will be followed by a summary of the most frequent genetic alterations driving oncogenic pathways or leading to dysfunction of tumor suppressors (summarized in Fig. 9.2). Translational research opportunities arising from this knowledge of mesothelioma pathobiology will then be highlighted.

9.2 Key Alterations in the Core Apoptosis Signaling in Mesothelioma

9.2.1 Regulation of the Intrinsic (Mitochondrial) Apoptosis Pathway in Mesothelioma

The BCL-2 family of proteins constitutes the pivotal molecular regulators of the core cell death machinery. This family is subdivided into proapoptotic and antiapoptotic proteins. BCL-2, the prototypical member of the BCL-2 family

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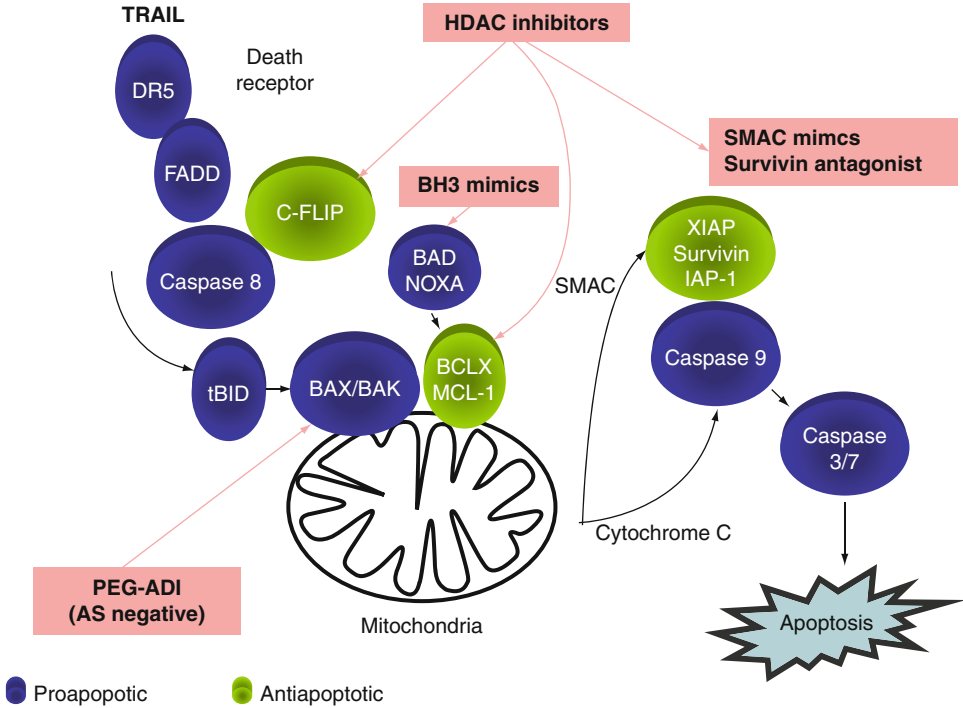


Fig. 9.1 Altered regulation of the core apoptosis pathway in mesothelioma. Upregulated antiapoptotic proteins are highlighted (*green*)

was identified as a proto-oncogene associated with the t(14;18) translocation in follicular lymphoma [129]. The antiapoptotic protein subgroup now includes five additional proteins, MCL-1, BCL-X, BCL-W, A1 and BCL-B. Prosurvival BCL-2 family proteins regulate apoptosis at the level of the mitochondrial and endoplasmic reticulum outer membranes. The canonical cell death pathway involves mitochondria; organelles responsible for generating ATP, the cell's energy currency, through oxidative phosphorylation.

Prosurvival BCL-2 family proteins function to block a critical death switch which is responsible for making the all-or-none decision to commit a cell irreversibly to death [4,24]. This switch is the permeabilization of the outer mitochondrial membrane, induced by oligomerization and pore formation by the tumor suppressors and multidomain proapoptotic proteins BAK and BAX [99,115,146,147]. Mitochondrial outer membrane permeabilization or MOMP is a rapid,

kinetically invariant event that results in the release several proteins from the mitochondria into the cytosol. These proteins include cytochrome C [77], SMAC [27], OMI/HtrA2 [82] and apoptosis-inducing factor [122]. Cytochrome C in conjunction with APAF-1 [149] and dATP, triggers the activation of a family of zymogens called caspases, which cooperate in mediating cellular demolition by cleaving hundreds of substrates. Bax and Bak are genetically redundant tumor suppressors [140]; prosurvival BCL-2 proteins heterodimerize to prevent BAX and BAK activation, functioning as a rheostat that is dependent on the ratio of pro- to antiapoptotic proteins.

In common with other tumor suppressors, BAX deficiency has been identified in primary malignancies [84]. However, low *bcl-2/bax* ratio has been reported in mesothelioma cells despite their apoptosis resistance, implicating a mechanism other than BCL-2 in regulating apoptosis. In vivo, MCL-1 is more commonly

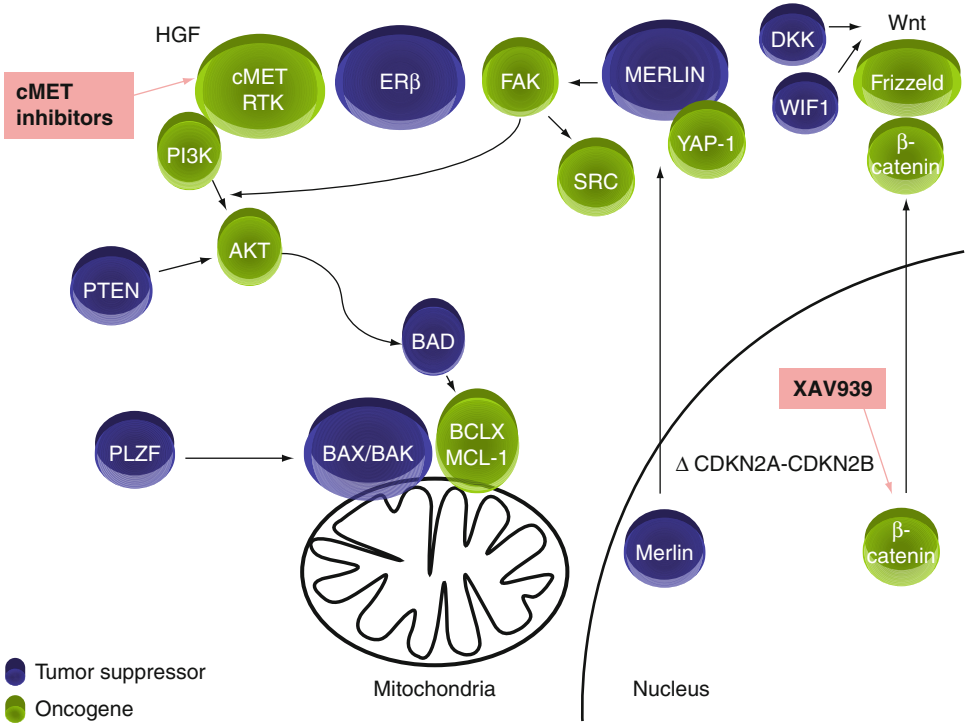


Fig. 9.2 Key proteins involved in survival pathway signaling in mesothelioma (green). Tumor suppressors are shown in blue

expressed whereas BCL-2 expression is less frequent [96,119]. BAX and BAK require a subset of proapoptotic BCL-2 family proteins for activation which share homology in a death-inducing BCL-2 homology 3 (BH3) domain, but do not contain other BH domains. Two such BH3 domain-only proteins, BID [136] and BIM [95] can directly induce the oligomerization and activation of BAX. Interestingly, in mesothelioma, loss of expression of BH3-only proteins has been reported in vivo, namely, BID (37%) and BIM (18%). In addition, loss of BAX expression has been reported in one series in 42% of primary mesotheliomas [96].

Prosurvival BCL-2 family proteins are inhibited by a subset of BH3-only proteins, which are incapable of direct BAX/BAK activation, but bind directly to prosurvival counterparts. These so-called dissociator BH3-only proteins reflect a growing family and include BAD,

NOXA, PUMA, BMF, BIK and HRK. Because dissociator BH3-only proteins are endogenous prosurvival BCL-2 family inhibitors, they represent a prototype for small molecule drug development, most notably ABT737 [76,98]. BH3 mimetics are a promising class of mitochondria targeted therapy with potential for treating mesothelioma. This is suggested by studies in which silencing BCL-2 and BCL-XL was sufficient to induce apoptosis and chemosensitization [52]. However, target specificity is likely to be important for therapeutic efficacy. MCL-1 is highly expressed in mesothelioma and is one of the most commonly amplified oncogenes in human cancer [9]. It is also a resistance biomarker for ABT737 [68,132]. Nevertheless, other prosurvival BCL-2 family targeted agents such as obatoclax [92] are currently in clinical development, and may exhibit efficacy in mesothelioma.

9.2.2 Extrinsic Apoptosis Pathway Regulation in Mesothelioma

Apoptosis can be efficiently induced in mesothelioma cell lines by ligation of cell surface death receptors. Activation of death receptors by their ligands (which include TNF and FAS) leads to recruitment of FADD through a conserved death domain [22], followed by recruitment of caspase 8 [10] activating complex known as the death-inducing signaling complex or DISC [127]. Caspase 8 cleaves BID, leading to activation of BAX/BAK, mitochondrial apoptosis, and therefore signal amplification [78]. Tumor necrosis factor-related apoptosis inducing ligand (TRAIL) or TRAIL receptor agonists are currently in clinical development but have yet to be evaluated in mesothelioma. Upon interaction, its receptors (TRAIL R1 or R2) can induce apoptosis *in vitro*. TRAIL also synergizes with DNA damage induced by etoposide in a manner that requires c-jun N terminal kinase [135].

FLIP is an inhibitor of TRAIL-induced apoptosis and is recruited to the DISC [90], where it inhibits caspase 8 recruitment and activation. Mesothelioma cells overexpress FLIP resulting in inhibition of death receptor-induced apoptosis [112]. Silencing of FLIP in mesothelioma and other cancer models re-establishes sensitivity to TRAIL [112,141]. Novel, clinically applicable approaches for downregulating FLIP in the clinical setting will be highlighted later in this chapter.

9.2.3 Inhibitors of Apoptosis in Mesothelioma

Inhibitors of apoptosis (IAPs) comprise a family of structurally related proteins, which share a common 70 amino acid baculovirus IAP (BIR) repeat. IAPs interact with and inhibit caspases 9, 3 and 7. Mesotheliomas have been shown to overexpress the IAPs survivin, XIAP and IAP-1

in vivo using immunohistochemistry [43,65]. IAP-1 has been shown to be associated with shorter survival [44]. RNAi-mediated silencing of IAP-1 is sufficient to reduce mesothelioma cell viability and induce apoptosis by activating the mitochondrial pathway [43]. Conversely, IAP-1, IAP-2 and XIAP are upregulated by tumor necrosis factor alpha, whereas survivin and livin are not [45]. Survivin is overexpressed in mesothelioma and its silencing *in vitro* is associated with induction of apoptosis suggesting that it might be a potential molecular target [29,144,152].

IAP proteins are inhibited by Smac, which is released from the mitochondria following outer membrane permeabilization by BAX/BAK. Small molecule smac mimetics offer one way of targeting IAPs and are currently in early development, for example, AT406 and TL32711; these compounds also downregulate IAP-1 and IAP-2 [137]. Selective inhibitors of survivin, for example, YM155 are currently in clinical development in other cancers. Other approaches capable of modulating IAP proteins include histone deacetylase inhibition, which is discussed in more detail later in this chapter.

9.3 Tumor Suppressor Loss in Mesothelioma

9.3.1 Loss of nf2 Is Frequent in Mesothelioma

The short arm of chromosome 9 (9p) is a region associated with frequent cytogenetic abnormalities in mesothelioma [19,21,91,100,125]. Loss of the CDKN2b-CDKN2a locus on chromosome 9p21 in humans is a common event in cancer, in general, including mesothelioma. This locus includes the tumor suppressor p16ink4a, which is encoded by CDKN2A and is one of the most frequently silenced tumor suppressors in mesothelioma [53]. This tumor suppressor is an inhibitor of the Rb1 pathway

involved in cell cycle progression, and its loss whether by deletion (75–85%) or methylation is associated with poor prognosis [67,72]. There is frequently co-deletion of p16ink4a and p15ink4b, occurring in 75% of mesotheliomas [145]. It has been recently shown that p15ink4b, which is encoded by CDKN2b, can substitute for loss of p16ink4a, and that this back-up function could account for the frequently observed loss of the complete CDKN2b-CDKN2a locus [70].

Loss of expression has been shown to be associated with homozygous deletion of exons 1–3 [91,102], and this is more frequently associated with exposure to asbestos even in non-small cell lung cancer, compared with tobacco exposure (which is associated with hypermethylation) [3]. In mesothelioma, hypermethylation occurs in the first exon [142]. Re-expression in mesothelioma cells is sufficient to induce cell cycle arrest, as well as reduced tumor growth and spread in vivo [40,41]. Because hypermethylation silences p16ink4a in approximately 20% of mesotheliomas [142], re-expression can be achieved using demethylating agents such as cytidine analog dihydro-5-azacytidine (DHAC). Analysis of tissue samples from CALGB 8833 and 9031 clinical trials employing DHAC-based therapy identified 4/20 tumors with methylation of p16ink4a. Although there was a trend to improved survival in this clinical trial associated with p16ink4a methylation, this was not statistically significant, probably as a result of the small sample size [69].

Around 40% mesotheliomas harbor somatic mutations in the neurofibromatosis type 2 gene (NF2) located at chromosome 22q12 [116]. Treatment of Nf2 (\pm) knockout mice with asbestos causes accelerated development of mesothelioma, with biallelic inactivation of the wild-type Nf2 allele, and loss of the CDKN2A locus [1]. Conditional knockout of nf2/p16ink4a in a murine model has been shown to exhibit more invasive, aggressive mesothelioma compared with conditional nf2/p53 knockout, with shorter survival [59]. Together, this implicates an

important role in mesothelioma [59]. Mutation of NF2 is frequent in mesothelioma but not observed in non-small cell lung cancer [116]. Somatic mutation of NF2 is conserved across mesothelioma in different species, being frequently detected in murine mesothelioma [73].

9.3.2

NF2 Encodes the Tumor Suppressor Merlin

Merlin, the gene product of NF2 is a FERM domain protein that functions at the plasma membrane where it inhibits mitogenic signaling. It functions as a growth inhibitor, and accumulates in the nucleus where it interacts with and inhibits the E3 ligase CRL4 (DCAF1) [79]. Loss of merlin has a pro-mitogenic effect, and this is lost when DCAF1 is depleted, or if a merlin insensitive mutant is expressed. Mutations of merlin disrupt the direct interaction with CRL4(DCAF1).

When Merlin expression is restored in NF2 deficient mesothelioma cells, there is a marked inhibition of cell motility, spreading and invasiveness. Focal adhesion kinases (FAK) play a critical role in regulating invasive phenotype, and are negatively targeted by merlin. This mechanism of inhibition involves merlin dependent FAK phosphorylation at a critical residue on tyrosine 397, resulting in a block of its interaction with binding partners src and the PI3kinase regulatory subunit p85 [106].

The transcriptional coactivator YAP1 [88] is an oncogene that is commonly amplified at the 11q22 locus in mesotheliomas, and physically interacts with merlin, contributing to the promitogenic effects of NF2 deletion [148]. RNAi-mediated suppression of YAP1 suppresses growth of mesothelioma cells with NF2 homozygous deletion through induction of apoptosis and cell cycle arrest. Conversely, overexpression of YAP1 in immortalized mesothelioma cells is mitogenic. Merlin inhibits YAP1 through the induction of its phosphorylation and cytoplasmic retention.

9.3.3

PLZF Is a Novel Tumor Suppressor in Mesothelioma

Focal deletion of 11q23 has been identified in mesothelioma, and involves a locus encompassing promyelocytic leukemia zinc finger (PLZF), a transcriptional repressor gene. Loss of PLZF confirmed by analysis of transcript levels, and loss of protein expression has been observed in mesothelioma compared with mesothelial cells. Ectopic expression of PLZF causes reduced clonogenicity and initiation of apoptosis involving caspase activation; together, with the loss of PLZF implicates a potentially important role in regulating mesothelioma cell survival.

9.4

Therapeutic Inhibition of Survival Pathways

9.4.1

PI3K/AKT/mTOR Axis in Mesothelioma

Mesothelioma cells, which have been grown in three dimensions to more closely resemble solid tumors, acquire multidrug resistance, including resistance to TRAIL and chemotherapy [6,62]. The molecular basis underlying acquisition of multidrug resistance has not been fully delineated, but involves activation of the phosphatidylinositol-3-kinase (PI3K)/Akt/mammalian target of rapamycin (mTOR) pathway since rapamycin or RNAi silencing of the mTOR target, S6K, can restore TRAIL sensitivity. This effect requires BID, since silencing using RNAi implicates mTOR/S6K as a major contributor of resistance to TRAIL in three-dimensional but not two-dimensional tumors. TRAIL sensitivity is also enhanced by inhibition of the PI3K/AKT pathway following heat stress, supporting a role for this pathway in blocking apoptosis [104]. Mesotheliomas exhibit an elevated level of activity in the PI3K/AKT/mTOR pathway both in mouse and human models, and its inhibition

is associated with potentiation of cisplatin-induced apoptosis [2].

AKT is antagonized by the endogenous inhibitor, phosphatase and tensin analog (PTEN), which acts to inhibit phosphorylation. When overexpressed in mesothelioma, PTEN induces loss of viability [87]. Not surprisingly, given the survival function of PTEN in regulating PI3K/AKT/mTOR signaling, the expression is lost in a significant proportion of mesotheliomas [101]. Recently it has been shown that PTEN is required for maintaining the integrity of chromosomes [117]. Loss of PTEN confers a defect in homologous repair which can be exploited by inhibition of poly ADP ribose polymerase (PARP) [85]. Given the recent evidence that PARP inhibitors are very effective in inducing tumor responses under conditions of defective DNA double strand break repair due to BRCA1 mutation [30,37], the possibility exists that a subset of PTEN deficient mesotheliomas may be sensitive to PARP inhibitors.

9.4.2

HGF/cMET Pathway Is Activated in Mesothelioma

C-met receptor tyrosine kinase is overexpressed in mesothelioma by 82% compared with normal tissues, and in 90% of serous effusions [153]. It is associated with high circulating levels of its ligand scatter factor/HGF [57], which in turn is overexpressed in 40–85% of mesotheliomas. HGF stimulates mesothelioma cell motility *in vitro* via the c-met receptor [49,50,66,128], and has been shown to mediate cell survival by upregulating BCL-XL. The mechanism involves mitogen-activated protein kinase-dependent phosphorylation and activation of the ETS family of transcription factors, which bind to the promoter of BCL-XL [17]. Because phosphorylated c-met and BCL-XL expression are correlated *in vivo*, it has been proposed that the HGF/met axis mediates survival in part through this interaction at the transcriptional level [17].

The early-response proto-oncogene, *fos*-related antigen or *fra-1* transcriptionally regulates *c-met* and is upregulated in preclinical models of mesothelioma, as evidenced by expression microarray analysis [109]. Accordingly, HGF-dependent phosphorylation is inhibited by *Fra-1* silencing [111]. *Fra-1* is a component of the dimeric transcription factor, activator protein-1 or AP-1 and is regulated by phosphatidylinositol-3-kinase, extracellular signal-regulated kinases ERK1 and 2, and Src-associated pathways [110]. In addition to *c-met* being a target of *Fra-1*, it also directly regulates expression of CD44, the predominant hyaluronic receptor in mesothelioma expression, and thus potentially contributes to control of migration and invasive behavior.

The small molecule *c-met* inhibitors SU 11274 or PHA-665752, as well as RNAi silencing of *c-met*, inhibits migration of mesothelioma cells. Susceptibility to *c-met* inhibition has been reported to depend on the presence of a Met/HGF autocrine loop as evidenced by PHA-665752 [89]. Specific *c-met* mutations have been identified in two domains; N375S, M431V, and N454I mutations in the semaphorin domain; T1010I and G1085X in the juxtamembrane domain. Interestingly, two mesothelioma cell lines H513 and H2596, which harbor the T1010I mutation, are highly sensitive to SU11274. In addition to *c-met* mutations, deletion of exon 10 resulting in a splice variant of *c-met* has been identified in some mesothelioma specimens.

Although activation of the epidermal growth receptor family is observed in mesothelioma, activating mutations of the epidermal growth factor receptor (EGFR) have not been identified in patients with mesothelioma [134]. Targeting EGFR alone in mesothelioma cells has little effect, whereas simultaneous targeting of *c-met* and EGFR is associated with strong inhibition of proliferation and invasion, suggesting that blocking the coactivation of these two pathways may be more effective than targeting *c-met* alone [60].

9.4.3

WNT Pathway Activation in Mesothelioma

The Wnt signaling pathways play an important role in homeostasis and development [39]. It suppresses apoptosis through activation of beta-catenin/Tcf-mediated transcription, and is constitutively activated in mesothelioma cells [130]. The canonical Wnt signaling pathway cooperates with loss of NF2 to promote the loss of contact inhibition during proliferation [12]. Gene expression analysis of rat peritoneal mesothelioma induced by *o*-nitrotoluene or bromochloroacetic acid demonstrates an upregulation of the Wnt/beta-catenin pathway compared with non-transformed mesothelial cells [63]. Using Wnt specific microarray analysis of normal pleura versus mesothelioma, Wnt2 upregulation has been found to be the most common event in mesothelioma [83]. Knockdown of Wnt using RNAi or anti-Wnt2 antibody is sufficient to induce apoptosis, suggesting that Wnt2 could be a potential molecular target [83].

The beta-catenin gene is deleted at 3p21.3 in NCI-H28 cell line [14,118], and this model has been useful in determining the role of beta-catenin-independent Wnt signaling in mesothelioma, via the so-called noncanonical pathway. Wnt inhibitory factor (WIF-1) is a secreted protein that inhibits Wnt signaling and is downregulated in mesotheliomas compared with adjacent pleura [8]. The mechanism of downregulation involves promoter hypermethylation which is seen in malignant, but not adjacent normal pleural tissue. This suggests that epigenetic silencing of WIF-1 could be an important mechanism driving Wnt activation [8]. Similarly, RNAi-mediated knockdown has been shown to suppress cell growth, and colony formation [131]. Secreted Frizzled-related proteins (SFRPs) and the secreted protein dickopf-1 (*Dkk-1*) are negative regulators of Wnt signaling. SFRPs are silenced by promoter hypermethylation in mesothelioma [74] and re-expression of SFRP4 or *Dkk-1* is sufficient to block Wnt signaling in

beta-catenin deficient mesothelioma cells. This implicates a beta-catenin-independent, noncanonical Wnt pathway as a key regulator of cell survival in mesothelioma [51,75,150].

Given the potential importance of Wnt in maintaining mesothelioma cell survival, as well as other cancers (e.g., 80% of colorectal cancers are driven by Wnt mutations [42]), targeting Wnt is a promising strategy. However, no agents have yet entered clinical development. This is because drugging the Wnt pathway has proved difficult. Nevertheless, some small molecules have been identified with the potential to become experimental agents for future clinical studies [20,81]. One promising, but alternative strategy has been to target beta-catenin-mediated transcription. The small molecule XAV939 has been identified by genetic screening. It induces degradation of beta catenin via mechanism involving inhibition of the poly-ADP ribosylating enzymes tankyrase 1 and 2 [54]. This approach might provide a novel strategy for targeting the Wnt pathway in mesothelioma and other cancers.

9.4.4

Estrogen Receptor Beta

Female gender is associated with a favorable prognosis and estrogen receptor beta (ER beta) has been previously shown to be lost in other cancers. This loss is associated with poor prognosis, implicating ER beta as a putative tumor suppressor [7,120]. In mesothelioma, ER beta is downregulated in tumor tissues compared with normal pleura, whereas ER alpha is not expressed [105]. ER beta was recently shown to be an independent prognostic factor for better survival. Activation of ER beta in vitro with 17 beta-estradiol reduces cell proliferation associated with G2/M cell cycle arrest, downregulation of p27, p21, and survivin. These findings suggest that selective estrogen receptor modulators may have a potential role in controlling mesotheliomas.

9.5

Therapeutic Reactivation of Tumor Suppressors

9.5.1

Epigenomic Dysregulation in Mesothelioma

Transformation of normal mesothelium into mesothelioma involves changes to the epigenome. In a study interrogating 1505 CpG loci associated with 803 cancer-associated genes in 158 mesothelioma specimens and 18 normal pleura, the methylation profile was able to effectively discriminate normal pleura from mesothelioma, and was an independent predictor of shorter survival [23]. In an independent study that examined 6157 CpG islands in 20 mesotheliomas in parallel with comparative genomic hybridization and chromatin immunoprecipitation arrays [47], 6.3% of genes were found to be hypermethylated in mesothelioma including MAPK13, KAZALD1, and TMEM30B; 11% of heterozygously deleted genes were affected by DNA methylation and/or H3K27me3. Furthermore, a group of genes silenced by histone H3 lysine 27 methylation (H3K27me3) could be reactivated by histone deacetylation.

Combined epigenetic alterations in mesothelioma are linked with poor prognosis, and these epigenetic alterations may interact cooperatively. In a study, which used nested methylation specific PCR to interrogate the promoter methylation status of nine genes from serum DNA, high incidence of methylation of E-cadherin (71.4%) and FHIT (78%) [36] was measured, whereas intermediate methylation is associated with p16(INK4a) (28.2%), APC1B (32.5%), p14(ARF) (44.2%), and RARbeta (55.8%). Low methylation frequencies were seen for ACP1A (14.3%), RASSF1A (19.5%), and DARK (20%). Interestingly, although no single gene alone predicted survival, combination of RARbeta with either RASSF1A or DARK was associated with significantly shorter survival. This implicates

that silencing of multiple genes can cooperate to influence prognosis in contrast to the effects of these single genes alone.

MicroRNAs are associated with epigenetic regulation. In a study in which 98 mesothelioma specimens were studied using a custom microRNA platform, a training set of 44 tumors and a test set of 98 tumors were analyzed [103]. The microRNA, hsa-miR-29c was shown to be a favorable independent predictor of time to progression and survival after surgical cytoreduction, and was selectively overexpressed in the epithelioid histological subtype. Overexpression of hsa-miR-29c in cell lines was associated with a reduction in clonogenicity associated with reduced proliferation, as well as invasiveness and motility. Epigenetic regulation by hsa-miR-29c was evidenced by its downregulation of DNA methyltransferases and upregulation of demethylating genes, suggesting its role as a prognostic biomarker could relate to its ability to depress transcription of tumor suppressors.

9.5.2

Targeting the Mesothelioma Epigenome via Inhibition of Histone Deacetylases

Histone deacetylases (HDACs) are a class of enzymes that repress genes by inhibiting transcription. As such, they function opposite to histone acetyltransferase which promotes transcription. HDACs remove acetyl groups from ϵ -*N*-acetyl lysine amino acid on a histone; the effect is to remove the positive charge required for electrostatic interaction with the negatively charged phosphate/DNA backbone, leading to remodeling of chromatin (also termed chromatin expansion), resulting in increased transcription.

HDACs can be selectively inhibited by small molecules [35], and are an active molecular target for clinical development. Mesothelioma cells are sensitive to HDAC inhibition, which can directly modify signaling through the core apoptosis pathway; HDAC inhibition, for example, by sodium

butyrate [15,114], causes the downregulation of BCL-XL and induces apoptosis [16]. XIAP is downregulated by HDAC inhibition, and results in increased apoptosis when mesothelioma cells are treated with TRAIL [123]. The HDAC inhibitor Panobinostat (LBH589) is active against mesothelioma cell lines and xenografts [25]. Using a mouse model of B cell lymphoma to explore the proapoptotic pharmacodynamics of vorinostat (suberoylanilide hydroxamic acid or SAHA), the BH3- only proteins BID and BIM were identified as key regulators of intrinsic apoptosis signaling [80]. HDAC inhibition directly downregulates FLIP [18,86,126], with potential to synergize with death receptor agonists [18].

Valproate is an HDAC inhibitor, and has been shown to synergistically interact with cisplatin and pemetrexed in both cell lines, and a xenograft model of mesothelioma [133]. In cells, its cytotoxic activity is associated with activation of both the extrinsic apoptosis pathway, and the intrinsic pathway. Hyperacetylation of histone H3 is induced by valproate consistent with its pharmacodynamics as an HDAC inhibitor. Induction of cell death involves the generation of reactive oxygen species; accordingly, cells can be rescued by the antioxidant *N*-acetylcysteine.

HDAC inhibition may be a promising new development in the treatment of mesothelioma. Although a phase II trial of belinostat (PXD101) which targets class I and II HDACs was shown to be inactive [108], vorinostat exhibited significant activity in a phase I trial, in which monotherapy achieved partial responses [71]. A randomized phase II/III comparing oral vorinostat versus placebo is currently enrolling patients who have relapsed following first line therapy [143]. Given the lack of standard therapy in this clinical setting, this large randomized trial has potential to change practice if it is positive. Recent evidence implicates HR23B as a resistance biomarker of HDAC inhibitors, albeit in cutaneous T cell lymphoma, an indication for which vorinostat has received FDA approval. HR23B shuttles ubiquitinated proteins to the

proteasome. Loss of expression confers resistance to HDAC inhibitors as originally identified by genome-wide RNAi screen. As such, HR23B may represent a potential biomarker for vorinostat in other indications such as treatment of mesothelioma [38,61,113,121,138,151].

9.5.3

Targeting the Ubiquitin Proteasome Pathway

Protein degradation is an essential cellular process which involves tagging with ubiquitin by enzymes called ubiquitin ligases. Proteins are then ferried to the proteasome where degradation to peptides occurs. Small molecule proteasome inhibitors such as bortezomib (velcade) activates BCL-2 family tumor suppressors, leading to induction of apoptosis [33]. These include myc-dependent upregulation of the MCL-1 inhibitor NOXA [34,93,107,139], and other BH3 only proteins such as BIK and BIM [94]. Gene expression studies have implicated dysregulation of the ubiquitin proteasome pathway in mesothelioma [11], and preclinical studies have demonstrated proapoptotic efficacy of proteasome inhibitors in vitro and in vivo [46,113,121,138,151]. This promising activity has led to completion of phase II trials of bortezomib in mesothelioma; EORTC 08052 exploring combination with cisplatin in the first-line setting, and bortezomib monotherapy in the relapsed setting. Mutation and overexpression of proteasome subunit B5 (PSMB5) has been previously identified as a cause of resistance to bortezomib. However, the existence of such mutations in mesothelioma has not yet been established [97].

9.6

Synthetic Lethal Strategies

Mutation of a putative tumor suppressor gene may expose vulnerabilities in a cancer that can be exploited therapeutically. This has been most

dramatically demonstrated in the case of somatic BRCA1/BRCA2 mutations, which through inactivation of DNA repair render cancers vulnerable to DNA damage resulting from PARP inhibition [30,85]. Two examples of synthetic lethality associated with dysfunctions in tumor metabolism in mesothelioma will now be considered, where loss of function due to genetic or epigenetic alterations may be exploited, with translation into the clinical setting.

Homozygous codeletion of CDKN2A is frequently associated (90%) with loss of methylthioadenosine phosphorylase (MTAP) [55]. MTAP deficient tumors are responsive to inhibitors of de novo AMP synthesis in the preclinical setting, suggesting a strategy for mediating synthetic lethality. In a multicenter phase II trial to test this concept, patients with MTAP deficient tumors including mesothelioma (as well as non-small cell lung cancer, soft tissue sarcoma, osteosarcoma or pancreatic cancer) were treated with L-alanosine at a dose of 180 mg/m² by continuous intravenous infusion daily for 5 out of 21 days. However, no objective responses to therapy were observed leading the investigators to conclude a lack of efficacy [64].

The gene encoding argininosuccinate synthetase (AS), a rate-limiting enzyme involved in arginine metabolism is epigenetically silenced in mesotheliomas, implicating it as a tumor suppressor and highlighting a potential vulnerability which may be exploited therapeutically [26]. AS was shown to be downregulated both in mesothelioma cell lines and a high proportion (63%) of primary mesothelioma specimens [124]. Cell lines lacking AS were unable to synthesize arginine following depletion of arginine from the medium, and underwent apoptosis associated with activation of BAX and mitochondrial depolarization. Silencing of AS was associated with gene methylation.

Induction of apoptosis in AS negative cells following withdrawal of arginine is selective, and not observed in AS positive cell lines, reflecting arginine auxotrophy of AS deficient

cells. Accordingly, lack of AS presents a potential metabolic Achilles' heel in mesothelioma. This phenotype can be targeted pharmacologically, by removing arginine from the circulation using pegylated arginine deiminase, an agent that has received orphan drug status from the FDA for the treatment of hepatocellular carcinoma, and has shown efficacy in melanoma [5,13,28,56]. Because of the high frequency of AS deficiency in mesothelioma, a phase II trial will be evaluating this strategy in patients, tailoring treatment to patients with AS negative mesothelioma [26,124].

9.7

Summary

In recent years, it has become clear that mesothelioma is characterized by frequent activation of survival pathways and inactivation of tumor suppressors. This has opened the door to a growing number of new, rational treatment strategies for targeting vulnerabilities in mesothelioma, that for the first time have real potential for significantly improving treatment response in this chemoresistant cancer, and improving survival outcomes, particularly in the relapsed setting where it is still an unmet clinical need.

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Abstract The early diagnosis of mesothelioma is notoriously difficult, both from a clinical and pathological perspective. Patients often undergo several medical investigations without definitive diagnosis. The discovery of biomarkers that can be assessed in pleural effusions, histological samples, and serum may assist with the difficult early diagnosis of mesothelioma. In this chapter we focus on those markers that have been examined in the setting of either early diagnosis of mesothelioma in symptomatic individuals or that have been proposed as suitable for screening of asbestos-exposed individuals, with an emphasis on cytology and histology.

10.1 Early-Stage Malignant Mesothelioma, Including the Concept of Mesothelioma In Situ and the Distinction from Reactive Mesothelial Hyperplasia

A subserosal multipotential fibroblastoid cell (SMFC) has been invoked in the past as the stem cell for mesothelial renewal following injury resulting in destruction of the surface mesothelium and as the progenitor cell for the development of malignant mesothelioma (MM) [16,17]. According to this theory, an origin of MM from such SMFCs could explain the observation that the time required for mesothelial regeneration remains constant, irrespective of the area of the injury, and also the biphasic differentiation characteristic of approximately 30% of MMs, within a range of about 25–35% [54,59]. (If this model is correct, it follows that MM is an invasive neoplasm *ab initio*, with no *in situ* phase of development.) Based, in part, on experimental models of mesothelial healing following injury without disruption of the sub-mesothelial basal lamina [177,178,181], and on detection of early-stage MMs of epithelial type – where mesothelial atypia appeared to be predominantly *in situ*, in the absence of any radiological or gross anatomical evidence of pleural thickening or nodularity – Whitaker et al. [180]

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refocused upon the mesothelium itself as the reserve cell for “normal” mesothelial cell turnover and for healing, and as the progenitor cell for MM, advancing the concept of mesothelioma in situ (MMIS). (For a detailed discussion of mesothelial cell turnover and renewal, see Whitaker et al. [181]; the constancy of the time for mesothelial healing according to this model is largely explicable by detachment of mesothelial cells from viable mesothelium and their random reimplantation over the denuded area.) These authors [180,183] defined MMIS as the replacement of benign surface mesothelium by mesothelial cells with markers of malignancy – with the consequent problem of identifying an acceptable and consistently reproducible marker of neoplastic change. Whitaker et al. [180] described 22 cases of mesothelial proliferation that had presented in a “conventional” fashion, in the form of a pleural effusion with either no identifiable pleural tumor or only tiny nodules at thoracoscopy (Fig. 10.1). The diagnosis in a number of cases was established by existing cytologic criteria. Whitaker et al. [180] suggested that the markers for MMIS in pleural biopsies included the following [60,61] (Figs. 10.2–10.5):

- *Abnormal architecture of the mesothelium at the surface of the affected pleural tissue.* Such architectural abnormalities included noninvasive, linear, papillary, and tubulopapillary patterns, sometimes with a complex exophytic architecture (Figs. 10.2–10.4).
- *Substantial cytological atypia* (Fig. 10.5). However, these authors [183] also considered that other cases might occur where there is substantially less cytological atypia, so that such cases would be diagnosable (if at all) only by ancillary techniques: among those techniques they included strong linear labeling for epithelial membrane antigen (EMA) – see later discussion on *Diagnostic Biomarkers*.
- *Absence of background inflammation* as an incitement for mesothelial hyperplasia.



Fig. 10.1 Pleurectomy specimen from a patient who presented with a massive pleural effusion. No distinctive abnormality was seen at thoracoscopy but multiple random biopsies revealed an extensive atypical mesothelial proliferation, in situ in most areas of the biopsies, but with small foci of invasion. A pleurectomy was subsequently carried out, and in the surgical specimen, small foci of white invasive tumour were found, some of which extended into sub-pleural adipose tissue (From Battifora and McCaughey [11], Fig. 4-6; figure originally contributed by Dr. Douglas Henderson, Adelaide, Australia)

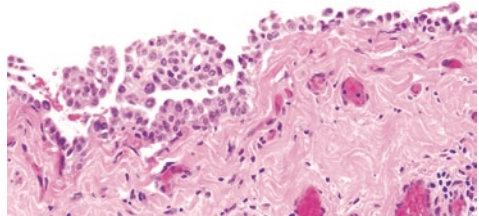


Fig. 10.2 Atypical mesothelial proliferation at the surface of a pleural biopsy, with the formation of at least two small papillary structures. Invasive mesothelioma was found in other areas of the same biopsy

The major problem in translating this concept into diagnosis in practice is that there is overlap in the degree of cytological atypia between benign reactive mesothelial proliferations (RMPs) versus mesothelioma [20,26,27,61]. In the

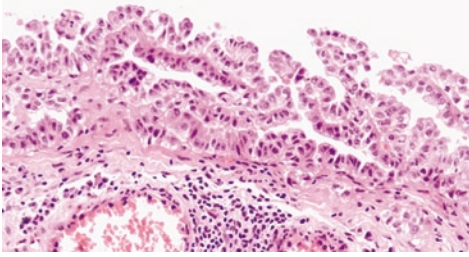


Fig. 10.3 Atypical mesothelial proliferation in a pleural biopsy, with an exophytic papillary architecture at the surface. The lesion is entirely in situ in distribution in this field, but superficial invasion into the submesothelial fibrous tissue was found in other areas of this biopsy (Reproduced from Hammar et al. [54], p643; Fig. 43.95A. ©Springer Science+Business Media 2008. With kind permission of Springer Science+Business Media)

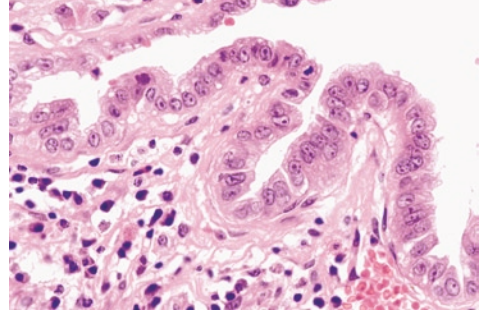


Fig. 10.5 Same pleural biopsy shown in Fig. 10.3, depicting the mesothelial atypia at higher magnification (Reproduced from Hammar et al. [54], p 643; Fig 43.95B. ©Springer Science+Business Media 2008. With kind permission of Springer Science+Business Media)

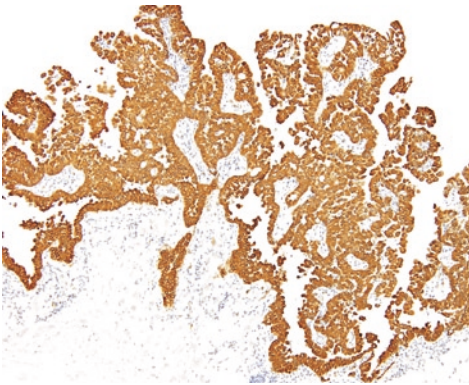


Fig. 10.4 Exophytic in situ mesothelial atypia: superficial but undoubted invasion was found in other areas of the same biopsy. Positive labeling of the lesional cells for CK5/6 (Reproduced from Hammar et al. [54], p 620; Fig. 43.61. ©Springer Science+Business Media 2008. With kind permission of Springer Science+Business Media)

absence of any consistently reliable immunohistochemical or molecular biomarker for discrimination between benign and malignant applicable to everyday diagnosis, Whitaker et al. [180] and Henderson et al. [60,61] emphasized that the

only consistently reliable marker for mesothelioma as opposed to RMP is the presence of acceptable neoplastic invasion (Fig. 10.6) – as

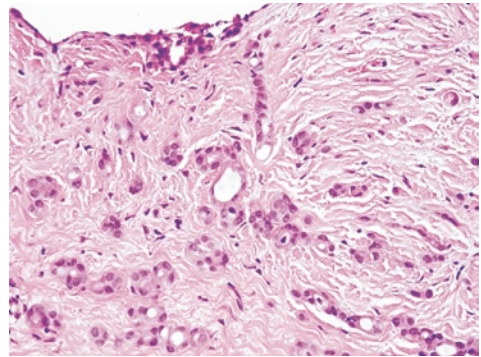


Fig. 10.6 Early-stage invasive mesothelioma of epithelial type, with infiltration into the submesothelial fibrous tissue. This pattern is considered inconsistent with benign mesothelial entrapment as part of a fibro-inflammatory process, although there was no evidence of invasion into subpleural adipose tissue. There is only low-grade cytological atypia. This biopsy showed no evidence of exudative inflammation (Reproduced from Hammar et al. [54], p 645; Fig. 43.100. ©Springer Science+Business Media 2008. With kind permission of Springer Science+Business Media)

opposed to benign entrapment of mesothelium within pleural fibrous tissue as a consequence of inflammation – either in the same biopsy, a different biopsy taken at a different time, or at autopsy (see also [54]). Accordingly, Henderson et al. [60] commented in 1997:

We caution against rash or premature diagnosis of mesothelioma in situ from conventional light microscopy examination of biopsy tissue, taking into account the overlap in the cytologic abnormalities that occur in reactive mesothelioses versus mesothelioma. However, [findings suggestive of a component of MMIS] (especially in conjunction with effusion fluid cytology) may delineate “at risk” patients with “early” stage disease who require further investigation and follow-up. Because of the minimal and perhaps predominantly in situ tumor burden, the mesotheliomas may also be amenable to new modalities of therapy, and some of our “in situ” patients have had prolonged survivals.

Some authorities [27], including the International Mesothelioma Panel [20] consider that noninvasive atypical mesothelial proliferations should be designated simply as an *atypical mesothelial proliferation (AMP)*. We would discourage use of the term *atypical mesothelial hyperplasia*, because by definition *hyperplasia* denotes a benign process and in effusion fluid cytology specimens invasion cannot be assessed and it often cannot be assessed in small or superficial biopsies. Even so, complex exophytic mesothelial proliferations (Figs. 10.3 and 10.4) do not usually occur as part of benign inflammation-induced mesothelial proliferations; such appearances (Figs. 10.2–10.4) raise a suspicion of MM where an invasive component (if present) has not been sampled by the biopsy. Hammar et al. [54] consider that such complex and exophytic AMPs should not be dismissed as benign; they require close clinical follow-up and/or further cytologic or biopsy investigation. That is, a noninvasive AMP in biopsy tissue or an effusion fluid cytology specimen does not by itself repre-

sent a treatable disorder – unless carefully correlated with the clinical and in particular the radiological findings or in exceptional circumstances where biopsy is contraindicated – instead, it is a finding that requires follow-up and/or further investigation.

Although it has been claimed that there is no direct proof that in situ mesothelial atypia together with areas of invasive MM represents a single neoplastic lesion [27], Simon et al. [151] reported a single case of “mesothelioma in situ” in association with focal early-stage invasive MM. They investigated the lesion by laser microdissection and comparative genomic hybridization and found similar chromosomal alterations in both the areas of in situ mesothelial atypia and in the foci of early invasive mesothelioma. Accordingly, in the areas of “mesothelioma in situ” they recorded losses at 3p, 5q, 6q, 8p, 9p, 15q, 22q, and Y, with a gain on 7q; in the area of early invasive mesothelioma there were losses at 3p, 5p, 6q, 8p, 9p, 15q, and 22q with no gains; more advanced mesothelioma showed losses at 1p, 4p, 6q, 9p, 13q, 14q, and 22q, with gains at 1q, 7p, and 15q. In a study of 31 cases of MM for EMA, p53 and bcl-2 expression, Cury et al. [34] reported that the seven cases of MM with “... both in situ and invasive mesothelioma, the in situ elements showed similar staining patterns to the invasive epithelioid elements” (see following discussion).

Hammar et al. [54] continue to regard “mesothelioma in situ” as a useful concept for the development of MM. By refocussing attention on the mesothelium itself as the target for neoplastic transformation, this model foreshadows the potential for diagnosis of noninvasive mesotheliomas, with the hope of more effective therapy in the future. They [54] continue to believe that the expression “mesothelioma in situ” represents a valid retrospective diagnosis in cases where at least early-stage invasive MM has been demonstrated.

Hammar et al. [54] set forth the following guidelines and caveats as useful in the differential diagnosis of mesothelial lesions where the discrimination between MM and hyperplasia is problematic:

- *Correlation of the histologic appearances with the findings on pleural effusion fluid cytology and with any abnormalities revealed by imaging studies, such as chest radiographs or CT scans:* in this context, the radiologic investigations in some cases can constitute a surrogate for the histological identification of invasion, in a patient with an AMP as shown by cytological examination of effusion fluid [22] (see later discussion).
- *Invasion of subpleural adipose tissue (or deeper chest wall structures) or invasion into peripheral lung parenchyma by either an epithelioid or sarcomatoid mesothelial proliferation is usually a decisive indicator of malignancy,* for either epithelial or sarcomatoid MM respectively (provided that benign displacement by antecedent procedures such as thoracentesis or biopsy can be ruled out). Immunohistochemical staining for cytokeratins can often highlight genuine neoplastic invasion (especially for desmoplastic MMs [54,98], for assessment of invasion into subpleural adipose tissue).
- *Even in the absence of infiltration into subpleural tissues, MM is still diagnosable from superficial invasion within the pleural fibrous layer, provided that the pattern of infiltration is characteristic or diagnostic of neoplastic invasion,* as opposed to a tangential plane of section through pleural tissue folded upon itself, artefact or benign entrapment of mesothelial cells as part of an organizing fibro-inflammatory process (please see below). In our experience this problem represents one of the frequent reasons for referral of biopsy tissue for further opinion: “it looks like it ought to be a mesothelioma, but I can’t find invasion into fat.”
- *Hammar et al. [54] emphasize the importance of correct orientation for pleural biopsy tissue as a prelude to histological sectioning,* so that the tissue is embedded on edge with *en profile* sectioning (*en face* sections are frequently problematical as to what represents true invasion as contrasted to a tangential plane of section). Whenever sufficient pleural membrane is available (for example, pleurectomy/decortication specimens and some video-assisted thoracoscopy [VAT] biopsies) and especially when the tissue is received unfixed, it is useful to prepare a *Swiss Roll* from the biopsy, followed by fixation and then slicing of the *Swiss Roll* like a loaf of bread, so that the pleural membrane is sectioned *en profile*. This exercise has the added benefit that large areas of the pleura can be sampled, with a minimal number of tissue blocks. Whenever there is any doubt as to whether the histological appearances represent pseudo-invasion versus genuine neoplastic invasion, the appearances should be considered inconclusive [54].
- *Is it benign inflammation-induced entrapment of mesothelium or MM?* Most inflammation-driven reactive mesothelial hyperplasias are noninvasive, but hyperplastic mesothelial cells can become entrapped within some organizing serosal inflammatory processes – an occurrence that requires distinction from genuine invasion. A florid fibrinous or neutrophilic inflammatory reaction is one marker for the likelihood of benign entrapment (but cases of proven invasive MM with prominent associated exudative inflammation are encountered occasionally). Hammar et al. [54] suggest that such benign entrapment results from burying of the plane where the surface mesothelium is normally located, by a layer of inflammatory exudate that extends over the surface of the membrane, with subsequent

organization; in other words, it is the surface of the pleura that has moved inward, into the lumen of the serosal cavity – a process that they [54] sometimes liken to the shrinking of the Aral Sea (the *Aral Sea Effect*). For the distinction between entrapment and invasion, immunohistochemical staining for cytokeratins (or calretinin) is often of value, because it delineates a clear linear boundary between the entrapped mesothelial cells versus the deeper tissues [54].

- *There is a consensus that neoplastic invasion remains the mainstay for diagnosis of early-stage MMs of epithelial type [20,26,27,54,61,180] (Fig. 10.6): whenever there is any doubt as to whether genuine invasion is present or not, Hammar et al. [54] assign a less-than-definite confidence index for a diagnosis of MM (for example, “possible,” “probable,” or “highly probable,” depending on the degree of doubt) – on the principle that if the lesion is MM “it will declare itself as such soon enough, whereas, inappropriate overdiagnosis of mesothelioma can lead to erroneous cytotoxic chemotherapy or even radical surgery, together with the anguish that a diagnosis of mesothelioma usually entails” (primum non nocere).*
- *Even when invasion cannot be found in a biopsy sample, there are several findings in combination that are suspicious of MM – requiring clinical follow-up or further investigation – although each is nondiagnostic by itself [54]. Such findings include:*
 - The extent of the mesothelial proliferation
 - A complex exophytic or papillary architecture at the surface of the pleura, in the absence of exudative inflammation
 - Prominent cytological atypia
 - Focal necrosis within sheets of proliferative mesothelial cells in the pleura
 - Prominent intracytoplasmic vacuoles devoid of mucin-like content

- Strong thick linear labeling for EMA with antibodies based on the E29 clone (see later discussion)

A consensus document from the International Mesothelioma Interest Group (IMIG) states that a diagnosis of MM “... has to be made with certainty ...”, so “that a cytologic suspicion of MM is followed by tissue confirmation that must be supported by both clinical and radiological data” [69]. However, the 2007 statement on MM from the British Thoracic Society (BTS) [22] takes a less restrictive approach to diagnosis: “If the clinical, radiological, and cytological results ... support a diagnosis of mesothelioma, then this can be accepted.... A biopsy is required if the diagnosis is not clear after the pleural tap and a CT scan.”

10.2

Biomarkers for Early-Stage Epithelioid Malignant Mesothelioma Versus Reactive Mesothelial Hyperplasia

As indicated in the preceding discussion, there is a consensus at present that neoplastic invasion represents the only consistently reliable marker for the discrimination between benign versus malignant mesothelial proliferations. Nonetheless, the potential of several biomarkers has been investigated, for the diagnosis of epithelioid MM as opposed to RMPs, for example, in effusion fluid cytology preparations – with mixed results.

10.2.1

Epithelial Membrane Antigen (EMA)

In their paper emphasizing the concept of mesothelioma in situ, Whitaker et al. [180] observed thick linear labeling of the mesothelial cells for EMA in 17 of 22 such cases (see also Wolanski

et al. [183] and Segal et al. [144]); in contrast, proven benign reactive mesothelial proliferations usually showed no significant labeling or only patchy weak labeling [60]. These findings seem to be applicable only to EMA antibodies based upon the E29 clone. In this context, Saad et al. [134] studied EMA expression in 20 cases of reactive mesothelial proliferation (RMP) and 20 cases of MM, using antibodies based on the Mc5 and E29 clones: for the Mc5 clone, 14/20 cases of MM (70%) and 12/20 cases of RMP (60%) showed positive staining. However, for the E29 clone, the corresponding results were 15/20 for MM (75%) and 0/20 for RMP. Saad et al. [134] concluded that EMA antibodies based on the E29 clone are a reliable discriminator between RMP and MM, and Simon et al. [151] commented along similar lines.

Cury et al. [34] investigated EMA, p53 and bcl-2 expression among 31 cases of MM (plus four biopsies initially reported as suspicious, from patients who later developed overt MM) and 20 cases of RMP, as well as 14 cases of benign pleural fibrosis (BPF). Thirty-four out of 35 cases of MM showed diffuse linear staining for EMA (97%). Of the 20 cases of RMP, 5 (25%) showed “focal weak staining” for EMA, and 6/14 cases of BPF also stained for EMA (43%). They [34] concluded that “... strong diffuse linear staining for EMA is a good marker of malignancy when differentiating epithelioid malignant mesothelioma and mesothelioma in situ from reactive mesothelial hyperplasia, although weak focal staining may occur in reactive conditions.”

Attanoos et al. [6] investigated 60 cases of pleural MM and 40 cases of RMP for desmin, EMA), p53, bcl-2, P-glycoprotein and platelet-derived growth factor receptor (PDGF-R) β -chain: 48/60 MMs were positive for EMA (80%) in comparison to 8/40 RMPs (20%); 6/60 MMs (10%) showed expression of desmin, versus 34/40 RMPs (85%). These authors [6] concluded: “Desmin and EMA appear to be the most useful markers in distinguishing benign from

malignant mesothelial proliferations. Desmin appears to be preferentially expressed in reactive mesothelium and EMA appears to be preferentially expressed in neoplastic mesothelium.”

In summarizing the usefulness of EMA immunostaining for the distinction between MM and RMP, the following points and caveats seem to be worth emphasis: [144]:

- Diffuse strong thick linear staining of single cells and cell groups for EMA is a useful pointer on a probability basis for mesothelial neoplasia – especially in effusion cytology – but it is not decisively diagnostic in isolation. In some studies [164,179,180,183], about 75–90% of MMs *or more* showed this pattern of EMA labeling [69], whereas labeling in RMPs is usually undetectable or weak [40,90,99,150,151,164,174,179,182].
- EMA staining can be used as a cytology screening test for patients with a pleural effusion and a past history of asbestos exposure or for effusions that appear to contain “reactive” mesothelial cells [144] – that is, as an indicator for further investigation and follow-up of the patient.
- Negative EMA staining does not exclude a diagnosis of MM, and in biopsy tissue undetectable EMA expression is not uncommon in the deep zones of invasive MMs [54].
- Lymphoplasmacytic cells often show positive EMA staining, so that it is imperative to show that the cell proliferation is mesothelial in character [144].

10.2.2 GLUT-1

GLUT-1 is one of a family of 14 glucose transmembrane transporters that facilitate the entry of glucose into cells [77]. Although immunohistochemically undetectable in normal epithelial tissues and benign tumors, GLUT-1 is expressed in a variety of malignant neoplasms.

In one study on pleural effusion fluids [2], GLUT-1 was expressed in 28/39 of cases of malignant effusion (72%) – 100% from the ovary, 91% from the lung, 67% from the gastrointestinal tract, and 12% from the breast – but none (0/25) of the benign effusions expressed GLUT-1.

Kato et al. [77] studied GLUT-1 expression in 48 cases of MM, 40 RMPs, and 58 cases of carcinoma of lung. GLUT-1 expression as demonstrated by linear membrane-related staining was observed in all 48 epithelioid, biphasic, and sarcomatoid MMs, whereas GLUT-1 was undetectable in all 40 RMPs: in the 11 biphasic MMs, staining for GLUT-1 was found in the epithelioid areas in 10 (91%) and in the sarcomatoid areas in 7 (64%). GLUT-1 staining was also found in 56/58 carcinomas of lung (96.5%). The authors [77] concluded that GLUT-1 is a sensitive and specific discriminator between MM and RMP, but it cannot distinguish MM from lung carcinomas. Husain et al. [69] also refer to the abstract for a study carried out by Acurio et al. [1], which revealed negative reactions in all 40 benign mesothelial tissues (20 normal and 20 RMPs); of the 45 MMs, 9 were negative (20%), 34 showed weak positivity (53%) and 12 were strongly positive (27%). Husain et al. [69] concluded that GLUT-1 staining when positive is a helpful marker for MM in comparison to RMP, but it is unhelpful when negative.

Shen et al. [147] compared EMA with GLUT-1 (both monoclonal and polyclonal antibodies) and the X-linked inhibitor of apoptosis protein (XIAP) in 35 MMs and 38 cases of “benign effusion” and they concluded that EMA “... is a better marker than XIAP or GLUT-1 for the diagnosis of MM.”

10.2.3

Bcl-2

Bcl-2 is a proto-oncogene that inhibits apoptosis and thereby promotes survival of individual

cells. Detectable overexpression [42] and direct mutations of bcl-2 in MM are rare [110] (unlike many other tumors, including follicular lymphoma and even lung carcinoma [12,44,111], where overexpression is common and may be predictive of a poor prognosis). Segers et al. [145] investigated bcl-2 expression in 62 cases of MM and 44 cases of non-neoplastic mesothelium: cytoplasmic staining was found in 5 MMs (8%) and the benign cases were “... not immunoreactive.” All 15 pleural MMs and 15 RMPs studied by Attanoos et al. [6] were negative for bcl-2, and these authors concluded that bcl-2 is of “... no use in distinguishing reactive from neoplastic mesothelium, although more formal evaluation of these markers is required.”

10.2.4

p53

The tumor suppressor gene p53 is an inducer of cell cycle arrest and is maintained at low levels in normal unstressed cells, whereas “stress” can induce increased levels of p53 and result in cell cycle arrest and apoptosis. P53 is rarely detectable in normal cells (related to its short half-life) but increased expression of p53 is common in malignant tumors, related to mutations that render p53 nonfunctional and resistant to degradation, as opposed to an increase in functional p53. In MM, such mutations of p53 are rare [121], but the p53 pathway is affected by numerous mutations.

The presence of p53 has been reported in between 25% and 97% of MMs, whereas p53 was found in between 0% and 82% of reactive mesothelial lesions examined [6,23,39,71,83,101,102,109,128,143]. For example, Cury et al. [34] found positive nuclear staining for p53 in 30/31 cases of MM (97%), with greater frequency of positivity in epithelioid than in sarcomatoid tissue, and “occasional nuclear positivity” was found in 13/20 RMPs (65%). Therefore, this antibody does not appear to be

useful for the distinction of benign from malignant mesothelial lesions. A relationship between p53 expression and prognosis has not been identified.

10.2.5

X-Linked Inhibitor of Apoptosis Proteins (XIAP)

Wu et al. [184] reported that labeling for XIAP (a member of a family of inhibitors of apoptosis proteins: IAPs) also shows promise in distinguishing benign from reactive pleural effusions. In a study of 116 samples of cell block material from 82 pleural effusions, 22 ascites, 11 pelvic/peritoneal washes, and 1 pericardial effusion, these authors [184] found positive particulate cytoplasmic staining for XIAP in 4/5 MMs, as well as variable positivity in 33–100% of carcinomas according to the site of origin – for example, in all 13 ovarian carcinomas and 9/11 carcinomas of lung (82%) – but all 4 colonic carcinomas were negative and the 35 benign effusions were “virtually XIAP-negative except for two cases (6%).” In a further study on XIAP, Wu et al. [186] found that all nine samples of normal mesothelium were negative, and only one of 13 RMPs showed weak positivity in less than 10% of cells; of 31 MMs, 25 (81%) displayed XIAP positivity. Wu et al. [186] concluded that strong staining for XIAP allowed a distinction between MM and RMPs, especially for small samples and problematical cases.

Lyons-Boudreaux et al. [96] investigated XIAP (and other markers that included calretinin, D2-40, WT1 and MOC31) in five MMs, 48 adenocarcinomas, and 19 benign effusions and found that most MMs stained for XIAP (80%) as well as some adenocarcinomas (51%) and rare benign effusions (11%). They [96] concluded that XIAP is not a sensitive marker for malignancy and has limited value in cytology.

As indicated above, Shen et al. [147] found EMA to be a better marker than XIAP for MM versus RMP.

Based on studies of mesothelial cell lines, XIAP has been mooted (along with IAP-1 and IAP-2, and p21/WAF1, p27/KIP1 and survivin) as a potential target for treatment of MM using the proteasome inhibitor bortezomib alone or in combination with standard chemotherapy [48].

10.2.6

P-Glycoprotein (P-170)

P-glycoprotein plays a role in cell membrane transport, and its expression has been associated with resistance to chemotherapy [146]. Expression of P-170 glycoprotein has not been identified in normal mesothelium, but it has been found in a high proportion of MMs [146], albeit with no apparent effect on patient survival [152]. Ramael et al. [129] detected P-170 in most cases of MM studied, whereas it was not found in normal mesothelium, and Segers et al. [146] found that 54/57 mesothelioma cases showed immunoreactivity for P-170. In a study of 36 cases of MM in comparison to normal mesothelium, Soini et al. [152] detected P-170 in 61% of the MMs but not in normal mesothelial cells. However, in a later study of 15 MMs and 15 RMPs, Attanoos et al. [6] reported that P-glycoprotein was expressed in only 2/15 of the MMs (13%) and none of the RMPs: they [6] concluded that P-glycoprotein (as well as bcl-2 and PDGF-R β -chain) appeared to be of no value for the distinction of MM from RMP, although further studies were required.

10.2.7

Neural Cell Adhesion Molecules (NCAMs): CD56

Neural cell adhesion molecules (NCAMs) corresponding to CD56 antigen are a family of closely related cell surface glycoproteins, thought to play a role in the development of neural cells and the interactions between them. Lantuéjoul et al. [89] studied 26 cases of epithelial, biphasic,

and sarcomatoid MM for NCAM reactivity using the 123C3 antibody, in comparison to normal mesothelium and 50 non-small cell lung carcinomas divided evenly between adenocarcinomas and squamous cell carcinomas. Although normal mesothelium was “negative,” staining for NCAM was recorded in 19 of the 26 MMs of all histological subtypes (73%). Although this finding raises the possibility that CD56 may be useful for discrimination between RMPs versus MM, there appears to be too little data on NCAM/CD56 expression in MM and mesothelial hyperplasia to justify inclusion of NCAM/CD56 antibodies in everyday diagnostic practice, until further and more extensive studies become available.

10.3

Screening for Malignant Mesothelioma and Prognostic Biomarkers: Serum Levels of Soluble Mesothelin-Related Proteins (SMRPs), Osteopontin (OPN), Megakaryocyte Potentiating Factor (MKPF) and CA125

10.3.1

Introductory Remarks on Screening for Malignant Mesothelioma

As a matter principle and logic, screening for any disease such as cancer is justifiable only when a certain set of circumstances prevail, apart from any considerations of cost [142]:

- The disease occurs with reasonable frequency in the population for which screening is proposed (i.e., it must not be one of great rarity). Because MM is rare in the general population – with an annual incidence of about one case or less per million of the population without identifiable asbestos exposure [22] – screening would be justifiable only for high-risk populations such as middle-aged to older men with substantial (usually occupational) exposure to asbestos.
- The disease in question must result in substantial morbidity or mortality (clearly the case for MM).
- The screening procedure(s) must have reasonable specificity and sensitivity for the detection of the cancer at early presymptomatic stage; in other words, the procedure should have a reasonable positive predictive value for the detection of the cancer in question.
- Ideally, the screening procedure(s) should be noninvasive or only minimally invasive: as a follow-on to this principle, the morbidity and even mortality from the screening test(s) – and any subsequent test(s) necessary to establish a definitive diagnosis for those who test positively for the initial screening – must be taken into consideration and balanced against the potential benefits of therapy for any early-stage disease so detected.
- One or more effective therapeutic interventions exist for the early-stage cancer, with substantially improved outcomes in comparison to the prognosis for those whose cancer is diagnosed at a later and symptomatic stage. (Apart from radical pleuropneumectomy – applicable for only a minority of MM patients, even when the disease is detected at an early stage – this is not the case for MM and present-day chemotherapy results in only a slight improvement in medial/mean survival times [142], but this situation may change).

Therefore, screening specifically for MM, even in high-risk groups, seems unjustifiable at present [21,51,52,123,142,165] – although groups with past occupational asbestos exposure may be under intermittent clinical and radiological surveillance (or screening) for other asbestos-related disorders such as asbestosis and lung cancer [35,37,43,62,63,85,86,127,153,162,192], (even so, the value of screening programs for lung cancer among former asbestos workers remains debatable [100]). The anguish that can

result from a false-positive screening result for MM and the consequent requirement for further investigative procedures also needs to be taken into account [13].

10.3.2

Radiological Screening for MM

The radiographic appearances of pleural MM can vary from essentially normal with early-stage disease, to complete opacification of the affected hemithorax, with confluent nodular pleural thickening sometimes accompanied by extension along interlobar fissures and encasement of the lung, often with contraction of the hemithorax; depending on the size of the MM and its associated effusion, the mediastinum may be displaced to one side or the other [22,92,104]. A pleural effusion of variable volume without pleural thickening is often the only detectable radiological abnormality in cases of symptomatic early-stage MM [180], and as such the finding of an effusion by itself lacks specificity.

Conventional chest x-rays (CXRs) and computerized tomography (CT) have not been shown to be effective screening procedures for early-stage MM [142]. For example, Fasola et al. [43] studied 1,045 asbestos-exposed workers aged 40–75 years (median 58 years), using CXRs and low-dose CT (LDCT) scans. Pleural abnormalities were identified in 70% by LDCT (44% by CXR); ten non-small cell lung carcinomas and one thymic carcinoid tumor were found (1%) but no case of pleural MM was diagnosed. There were “11 false-positive results.”

10.3.3

Soluble Mesothelin-Related Proteins (SMRPs)

A significant recent development for the investigation of MM has been the demonstration of elevated serum SMRP levels in MM patients

[29,31,131,132], and a commercially marketed test for SMRP is now available in the form of a two-step immunoenzymatic assay in an ELISA format (MESOMARK™) [14].

Mesothelin is a cell-surface glycoprotein on normal mesothelial cells and can be found in several cancers [105,114,188], including mesotheliomas with an epithelioid component [87,105,114,188], ovarian adenocarcinomas [32,133,188,189], squamous and large cell carcinomas and adenocarcinomas of lung [64,87,105], pancreatic adenocarcinomas [9,55], and some gastrointestinal cancers [133]. The protein product of the mesothelin gene appears to be a 69–71 kDa polypeptide anchored to the cell membrane by a glycosyl-phosphatidyl-inositol (GPI) linkage [97,133,139]; this anchored protein can be cleaved by a protease to yield a 31 kDa soluble protein called megakaryocyte potentiating factor (MKPF) secreted into the blood [97,133,139], and a 40 kDa protein named mesothelin, attached to the cell membrane [139]. The normal biological function of mesothelin is unclear and mice with a knock-out of the mesothelin gene(s) show no obvious phenotypic abnormality [189]. Although attached to the cell membrane, mesothelin can be shed like other cell membrane proteins and Robinson et al. [29,31,131,132] have described a 42–44 kDa soluble mesothelin/MKPF-related protein (SMRP) in sera from patients with pleural MM and also ovarian carcinoma. The process underlying the release of SMRP from cell membranes may be related to an abnormal splicing event that leads to synthesis of a secreted protein (release) or to enzymatic cleavage of membrane-bound mesothelin (ectodomain shedding), and Sapede et al. [139] found evidence that both mechanisms are implicated.

Robinson et al. [31,131] detected SMRP using the OV569 monoclonal antibody – which is used together with another monoclonal antibody, 4H3, for the commercially marketed MESOMARK™ test [14]. However, others [56,148,149] appear to have used different antibodies to mesothelin, making it difficult to compare their results

with those for other studies where the MESO-MARK™ test [14] was used, for example, Scherpereel et al. [141] and Park et al. [122]. Robinson et al. [131] found elevated blood SMRP levels in 37/44 patients previously diagnosed with MM (sensitivity = 84%) as opposed to one of 22 lung cancers (histologic types not specified) and seven out of 40 asbestos-exposed control patients (three of these subjects developed MM 15–19 months after the SMRP sample had been taken). In a more recent (2006) publication from the same laboratory, Creaney et al. [31] reported the results as nanoMoles (nM), with a mean value of about 15.3 ± 20.5 nM in the mesothelioma group, in comparison to a level of approximately 0.9 ± 0.8 nM for healthy controls.

Beyer et al. [14] investigated serum SMRP levels in 409 apparently healthy individuals, 177 patients with nonmalignant disorders and 500 cancer patients (88 of whom had pleural MM). The 99th percentile level for the reference group was 1.5 nM/L, in comparison to a mean level of 7.5 nM/L (95% CI = 2.8–12.1) for the 88 mesothelioma patients. The SMRP levels were increased in 52% of the MM patients and 5% of asbestos-exposed individuals.

In another series, Scherpereel et al. [141] reported blood SMRP levels in 74 mesothelioma patients, 35 patients with secondary carcinomas in the pleura and 28 cases of benign pleural abnormalities associated with asbestos exposure (BPA). They [141] found that serum SMRP levels were significantly higher for epithelioid MMs than for biphasic or sarcomatoid MMs. They [141] also found that the median value for patients with pleural MM was 2.05 ± 2.5 nM/L, in comparison to a level of about 1.0 ± 1.8 nM/L for the metastatic carcinoma group, and in the BPA cases the level was approximately 0.55 ± 0.6 nM/L. Scherpereel et al. [141] commented that serum SMRP levels had a poor capacity for discrimination between pleural MM and secondary carcinoma, related to high

SMRP levels in some of the carcinoma patients. They [141] commented further that pleural biopsy tissue remained the “gold standard” for the diagnosis of pleural MM, and in 2007 Scherpereel and Lee [140] added the comment that the “... proposed markers [SMRP, osteopontin and megakaryocyte potentiating factor] have insufficient accuracy to replace cytohistology as the gold standard for diagnosis for mesothelioma.”

In a large-scale prospective study of serum SMRP concentrations among 538 asbestos-exposed subjects attending the Dust Diseases Board in Sydney, Australia, Park et al. [122] found a mean SMRP levels of 0.8 ± 0.45 nM in 223 healthy asbestos-exposed individuals; 15 had elevated SMRP levels (2.8%); [30] one subject had lung cancer, but none was diagnosed with MM (individuals with SMRP levels ≥ 2.5 nM were investigated further by CT scanning and positron-emission tomography). Subjects with pleural plaques had a slightly higher mean concentration of SMRP than those without – a finding thought to be explicable by low-grade pleural inflammation related to the plaques [122]. Park et al. [122] concluded that a high false-positive was observed for SMRP levels and that it seems “... unlikely to prove useful for screening for MM.”

In 2009, Creaney et al. [30] reviewed the usefulness of blood SMRP levels for detection of MM, in comparison to osteopontin and megakaryocyte potentiating factor, and they concluded that at present soluble mesothelin remains the best biomarker for MM, but is beset with “... a lack of sensitivity for early-stage disease and for all malignant mesothelioma histologies ...”

In 2007, Creaney et al. [32] had also reported mesothelin levels in effusion fluids from 52 patients with pleural MM, as opposed to 56 patients with cancers other than mesothelioma and 84 with benign pleural effusions. Significantly greater pleural fluid concentrations of

mesothelin were found in the MM patients than in either of the other two groups, with a specificity of 98% and a sensitivity of 67% for the MM group in comparison to those with non-neoplastic effusions. In seven of ten cases, mesothelin levels were elevated before the diagnosis of MM was made (by 0.75–10 months); four out of eight such cases had elevated mesothelin concentrations in the effusion fluid but not in the serum. The highest mesothelin levels were found in peritoneal fluid in patients with ovarian carcinoma. Significant differences in the mean mesothelin values in pleural effusion fluid were found for epithelial (47 ± 1.0 nM), biphasic (30 ± 0.8), and sarcomatoid (4.5 ± 1.4) MMs; for pleural sarcomatoid MMs the mesothelin concentrations were not significantly different from those in patients with nonmalignant effusions. MM patients with high concentrations of mesothelin in effusion fluid had a median survival of 14 months, as opposed to 8 months for those with low mesothelin levels – probably reflecting MMs with an epithelial component as opposed to sarcomatoid mesotheliomas.

Therefore, the following conclusions can be drawn:

- Blood SMRP levels are elevated in most cases of epithelioid MMs, but other cancers can also be associated with elevated serum SMRP concentrations, including lung and, in particular, ovarian cancers, as well as apparently benign disorders.
- The SMRP levels appear to be greatest for advanced-stage epithelioid MMs, with sub-optimal sensitivity for the detection of early-stage MM.
- Epithelioid MMs are associated with higher SMRP levels in serum and effusion fluid than biphasic or sarcomatoid MMs; for sarcomatoid MMs, the mean effusion fluid SMRP levels appear to be no greater than for benign effusions.
- For patients with proven MM, low concentrations of SMRP in blood or effusion fluid appear to represent a marker for a poor prognosis, presumably correlating with the histological subtype and corresponding to predominantly sarcomatoid MMs.
- As indicated in the 2007 BTS statement on MM [22], its diagnosis remains an essentially clinicopathological exercise.
- Serum SMRP levels cannot replace cytologic or biopsy diagnosis of MM, except in unusual circumstances (e.g., a frail elderly patient whose physical condition contraindicates biopsy, or for whom past biopsies have been nondiagnostic, but who has high serum SMRP levels, such as levels >15 nM/L).
- Serial assays of serum SMRP levels may find a role as an indicator of prognosis for MM and as a means to assess its progress or response to treatment.

10.3.4

Serum Osteopontin (OPN) Levels

The significance of serum osteopontin (OPN) levels as a marker for MM is more problematic and doubtful than testing for serum SMRP concentrations [140], with a reported sensitivity of about 47% for the detection of MM [33]. An acidic glycoprotein normally synthesized by osteoblasts – like angiopoietin-1 (ANG-1) also produced by osteoblasts – OPN (SPP1) [72] is said to be a “constraining factor” [57] on hemopoietic stem cell proliferation in the bone marrow. Elevated blood OPN levels have been recorded in patients with MM [124], but elevated levels have also been recorded in a variety of other disorders that include carcinomas of the head and neck region [41,173] and cervix [173], as well as lung [45], ovarian [7], gastric [185], and hepatocellular carcinomas [79]. Elevated OPN levels have also been found in patients with inflammatory bowel disease [106].

Therefore, it appears that serum OPN levels have poor sensitivity and specificity for the detection of MM [49,51,52], but serial serum OPN assays may find a role in assessment of the progress of MM and its response to treatment [24,50,130,140].

10.3.5

Megakaryocyte Potentiating Factor (MKPF)

As discussed in the preceding section on SMRP, MKPF appears to be closely related to SMRP [97,133,139]. It lacks specificity for the detection of MM [140], with poor sensitivity for the detection of non-epithelioid MMs [49], and Creaney et al. [33] found that it had a sensitivity of only 34%. Iwahori et al. [73] found that MKPF was of greater diagnostic value for MM than SMRP and that these two markers had about equal specificity. Even so, assays of serum MKPF appear to have no advantage over SMRP for the detection of MM; like SMRP and OPN, serial measurements of MKPF may be of value in assessment of the progress of MM and its response to treatment [113,130,140], perhaps in conjunction with those other markers and CA125.

10.3.6

CA125

Immunohistochemical investigation of tissue sections for CA125 has no value in the discrimination between MM and adenocarcinomas developing at various anatomic sites, such as those arising in the ovary, lung, and breast [5,10,87,195]. For example, Bateman et al. [10] found that 15/17 cases of MM labeled for CA125 (88%) in comparison to 7/14 cases of adenocarcinomas metastatic to lung and pleura (50%). Attanoos et al. [5] recorded positive immunostaining for CA125 in 19/20 ovarian papillary serous adenocarcinomas (95%) and 2/3 primary peritoneal serous adenocarcinomas, in comparison to 8/32 peritoneal MMs (all in females). In a Japanese study on 90 epithelioid

MMs and 51 adenocarcinomas of lung, Kushitani et al. [87] found that 85% of the MMs and 80% of the adenocarcinomas were positive for CA125. In a further study on effusion fluids, Zhu and Michael [195] found positive staining of all 20 metastatic ovarian carcinomas for CA125, in comparison to 8/13 adenocarcinomas of lung (62%) and 6/13 cases of metastatic breast carcinoma (46%).

However, there is evidence that assays of serum CA125 levels are useful and sensitive for the assessment of the progression of MM and, therefore, its prognosis or for its response to treatment. Hedman et al. [58] found that serum CA125 concentrations increased as the disease progressed, whereas stable disease was accompanied by a decrease in CA125 levels. In a Turkish study on 11 peritoneal MMs, Kebapci et al. [78] found that the mean serum CA125 level was 230 U/mL, within a range of 19–1,000 U/mL (this study gave a normal reference range of 1.2–32 U/mL). In a later study from Italy on 60 cases of peritoneal MM, Baratti et al. [8] recorded a baseline sensitivity of 53% for serum CA125 in the MM patients: in patients who underwent debulking surgery the serum CA125 concentration fell in 21/22 patients who had elevated baseline levels, but it stayed high in all 9 patients with grossly persistent MM, and elevated CA125 levels developed in all 12 patients who developed progressive disease after the surgery and other treatment.

Therefore, there is reasonable evidence that serum CA125 levels represent a sensitive but nonspecific marker for MM, and that serial measurements of the serum levels are a useful means for monitoring the progression of MM or its response to therapeutic measures, especially when the results are correlated with other serum markers as discussed above.

10.3.7

Summary

The serum biomarkers discussed above have the advantage that they represent even less

invasive studies than thoracentesis or serosal-surface biopsies, but they are beset with problems of specificity for MM and insensitivity for early-stage disease and non-epithelioid subtypes of MM. At present they cannot replace conventional cytological and biopsy diagnosis of MM, except as probability markers in unusual circumstances, for example, when biopsy is contraindicated. However, either individually or in combination, assays for these proteins may be useful for the monitoring of diagnosed MMs and for the assessment of responsiveness (or lack of it) to treatment strategies. As newer treatments are introduced for MM they may assume increasing importance to assess the effectiveness of such treatment, especially in clinical trials.

10.4

Aquaporins and Malignant Mesothelioma

Over recent years, it has been shown that the transport of water across cells is not explicable by simple diffusion driven by osmotic gradients, but instead is regulated and facilitated by a superfamily of membrane-related proteins known as the aquaporins (AQPs) [80,84]. The AQPs appear to represent an ancient group of proteins that developed at an early stage of evolution and they have been found not only in mammals, but also in amphibia, insects, plants, and microorganisms [18,82]. At least 13 AQPs have been identified (AQP0 to AQP12) [70], which show differential expression in various mammalian tissues [80,91,166,169,172]. As examples, AQP1 is expressed in the endothelial cells that line small blood vessels and it mediates proximal tubule fluid reabsorption in the kidney, the secretion of aqueous humor in the eye, and also cerebrospinal fluid, and lung water homeostasis [80]. AQP2 mediates vasopressin-dependent renal collecting duct water permeability [18,80] and AQP4 is abundant in brain [80], whereas AQP5 influences fluid secretion in salivary and lacrimal glands and is abundant

in alveolar epithelium of the lung [80,166]. The importance of AQPs is demonstrated by the fact that water permeability driven by osmosis between the gas-exchange membranes of the lung is reduced by a factor of 10 if AQP1 or AQP5 are deleted, and it is reduced even more when AQP1 and AQP4 or AQP1 and AQP5 are deleted together [171]. In this context, the function of AQPs has been investigated using AQP-knockout mice, and Verkman et al. [166,167,171,172] have developed and studied transgenic mice that lack AQPs 1, 3, 4, and 5. Various phenotype abnormalities were found in the null mice: in the kidney, deletion of AQP1 or AQP3 resulted in polyuria, but AQP4 deletion resulted in a mild concentrating defect only. Deletion of AQP5 caused defective saliva production. In the brain, deletion of AQP4 conferred protection from brain swelling induced by acute water intoxication.

The lung expresses several AQPs: [19,171] AQP1 is found in vascular endothelium, whereas AQP3 appears to be localized to the epithelium lining large air passages and AQP4 in large and small airway lining cells. AQP5 has been found in alveolar epithelium. AQP1 has also been demonstrated in the mesothelium of the pleura and peritoneum in both experimental models [75,76,81,95,112,193], and for humans [36,47,88,93,155]. Song et al. [154] found that achievement of osmotic equilibrium for pleural fluid took place rapidly in wild-type mice (50% equilibration in <2 min) but was slowed in AQP1 null mice (to less than 25%).

More recently, the study of AQPs has moved from the realm of normal physiology to that of pathology [3,82,91], although the study of AQPs in various disease processes is still in its infancy. AQP2 is the vasopressin-regulated water channel implicated in some hereditary and acquired renal diseases affecting urine-concentrating ability [167]: AQP11-null mice die from uremia as a result of polycystic kidneys [70], whereas AQP2-null humans suffer from hereditary non-X-linked nephrogenic diabetes insipidus [170]. AQP4 appears to play an important role in cerebral edema [4,15,46,117,

118,120,135,136,158], and antibodies to AQP4 are implicated in the pathogenesis of neuromyelitis optica [74,107,108,125,126,138,156,157,159,160,163,175,176].

In addition, there is evidence that AQP expression can influence the pathogenesis, growth, and metastatic potential of tumor cells that express AQP water channels (in both stromal vascular endothelium and/or the neoplastic cells themselves, in a variety of tumors) [25,38,65,103,115,116,137] and AQP1 appears to be related to angiogenesis in tumors [28]. For example, Hoque et al. [65] found that AQP1 as assessed by immunohistochemical staining – in several types of primary lung tumors that included 16 squamous cell carcinomas, 21 adenocarcinomas, and 7 so-called bronchioloalveolar carcinomas (BACs) – was overexpressed in 62% (13/21) and in 75% (6/8) of cases of adenocarcinoma and BAC, respectively, whereas all cases of squamous cell carcinoma and normal lung tissue were negative. The authors [65]

concluded that: “Forced expression of full-length AQP1 cDNA in NIH-3T3 cells induced many phenotypic changes characteristic of transformation ... although further details on the molecular function of AQP1 related to tumorigenesis remain to be elucidated, our results suggest a potential role of AQP1 as a novel therapeutic target for the management of lung cancer.”

Others have also suggested that AQPs may represent a target for treatment by AQP inhibitors/blockers that have been identified [53,66–68,94,119,161,168,187,190,191,194], by way of target inhibition of AQPs themselves or growth factors such as vascular endothelial growth factor (VEGF) that appear to be closely associated with mesothelial-related growth.

We have recently carried out preliminary investigation of AQPs in pleural MM, based upon two observations: (1) as indicated above, AQP1 is expressed in the pleura and peritoneum, not only in the endothelium lining

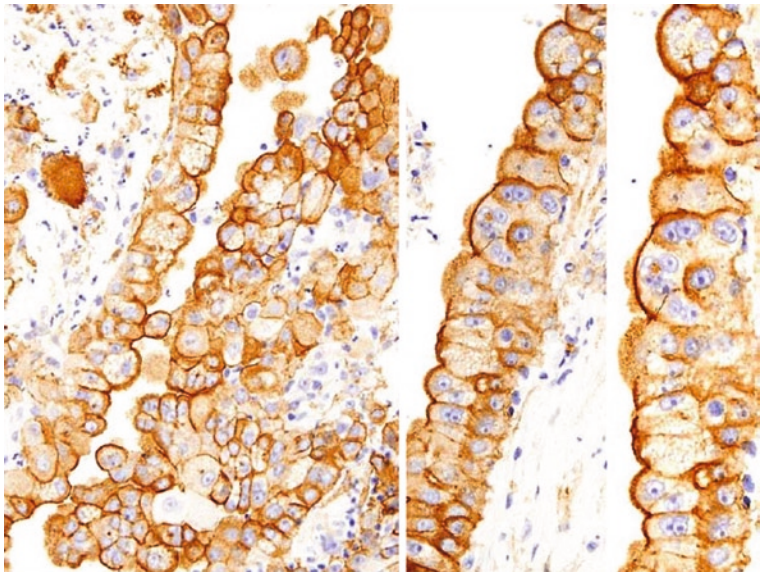


Fig. 10.7 AQP1 expression in an invasive MM of epithelioid type, predominantly membrane-related

submesothelial blood vessels but also in the mesothelium itself and (2) even early-stage MMs, with apparently minimal tumor bulk, usually present with a pleural effusion that may be massive. Therefore, we postulated that pleural MMs may be accompanied by overexpression of AQP1 or the acquisition of other AQPs. Our preliminary immunohistochemical studies have identified consistent strong membranous expression of AQP1 with apical prominence by the tumor cells (labeling in stromal blood vessels is also seen) in epithelioid MMs (Fig. 10.7), with weaker and inconsistent expression of AQP9. Interestingly, so far we have found little or no labeling in sarcomatoid mesotheliomas or the sarcomatoid component of biphasic tumors. At present it is unclear whether this reflects approximately “normal” (or even subnormal) AQP1 expression per unit cell, within an expanded cell population, or whether it represents overexpression by individual tumor cells.

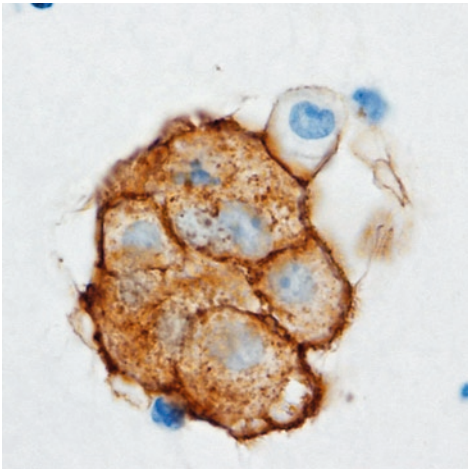


Fig. 10.8 AQP1 expression in a pleural effusion fluid of MM of epithelioid type. Similar distribution in labelling as in the histological section (Fig. 10.7) is seen. Preliminary studies suggest that labelling may be more prominent in malignant lesions versus RMPs, but further studies are needed to confirm that impression

However, in pleural effusion fluids, it appears that in malignant mesothelial cells this pattern is also seen (Fig. 10.8). Further work will be required to investigate the potential uses of this new marker.

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