Vainu Bappu Memorial Lecture: What is a Sunspot?

D.O. Gough

Abstract Sunspots have been known in the West since Galileo Galilei and Thomas Harriot first used telescopes to observe the Sun nearly four centuries ago; they have been known to the Chinese for more than 2,000 years. They appear as relatively dark patches on the surface of the Sun, and are caused by concentrations of magnetism, which impede the flow of heat from deep inside the Sun up to its otherwise brilliant surface. The spots are not permanent: the total number of spots on the Sun varies cyclically in time, with a period of about 11 years, associated with which there appear to be variations in our climate. When there are many spots, it is more dangerous for spacecraft to operate. The cause of the spots is not well understood; nor is it known for sure how they die. Their structure beneath the surface of the Sun is in some dispute, although much is known about their properties at the surface, including an outward material flow, which was discovered by John Evershed observing the Sun from Kodaikanal a 100 years ago. I shall give you a glimpse of how we are striving to deepen our understanding of these fascinating features, and some of the phenomena that appear to be associated with them.

1 Introduction

Sunspots are dark blotches apparent on the surface of the Sun which, under suitable conditions, such as when the Sun is seen through a suitably thin cloud, can sometimes be seen with the naked eye. Reports from China date back more than 2,000 years, but in the West the history is less clear. It is likely that the pre-Socratic Greek philosopher Anaxagoras observed sunspots with the naked eye, and there have been scattered reports of sightings in the literature since. In 1607, Johannes Kepler tried to observe with a camera obscura a transit of Mercury that he had predicted, and did

D.O. Gough (🖂)

Institute of Astronomy, University of Cambridge, UK

and

Department of Applied Mathematics and Theoretical Physics, University of Cambridge, UK



Fig. 1 On the *left* is Harriot's sunspot drawing of December 1610. On the *right* is one of a sequence of drawings by Galileo, which demonstrates the rotation of the Sun; the rotation is very clearly displayed when the drawings are projected in quick succession, as in a movie. It is then evident that the axis of rotation is diagonal in the image: from *bottom left* to *top right*. It is also evident that the sunspots lie in two latitudinal bands roughly equidistant from the equator

indeed see a dark spot that he believed to be Mercury, but it is likely that what he saw was actually a sunspot (Fig. 1).

The scientific study of sunspots began when Thomas Harriot and Galileo Galilei independently observed the Sun through telescopes late in 1610. The following year, David Fabricius, who had made the first discovery of a periodic variable star, namely Mira, together with his son Johannes, also observed spots with a telescope, and published about them in the autumn of that year. They had tracked the passage of the spots across the solar disc, and noticed their reappearance on the eastern limb a dozen or so days after they had disappeared to the west, and inferred that the Sun was rotating, a notion that had already been entertained by Giordano Bruno and Kepler. Christoph Scheiner began a serious study at that time: believing the Sun to be perfect, he attributed the spots to solar satellites, which appeared dark when they passed in front of the disc. In contrast, with the help of his protégé Benedetto Castelli, who developed the method of projecting the Sun's image onto a screen where it could be studied in great detail, Galileo inferred that the cloud-like spots were actually on the surface of the Sun, blemishes on what others believed to be a perfect object, thereby criticizing Scheiner's premise. The spots were not permanent features on the surface, nor were their lifetimes all the same. A large spot might last a rotation period or two, after which it disappears, perhaps to be replaced by a spot at a different location. Smaller spots are shorter-lived. Galileo also disagreed with Scheiner's adherence to a geocentric cosmology, having been rightly convinced by Copernicus's cogent arguments. The two men, though civil at first, subsequently became enemies.

Scheiner published a massive book, Rosa Ursina, which became the standard work on sunspots for a century or more. By that time he had at least shed his belief in an unblemished Sun, accepting that the spots were on the Sun's surface, and by careful measurement of the motion of the spots he was able to ascertain that the axis of the Sun's rotation was inclined by about 7° to the normal to the plane of the ecliptic. But he continued to uphold his Ptolemaic viewpoint.

Further productive work was hampered by a dearth of sunspots throughout the second half of the seventeenth century, an epoch now known as the Maunder Minimum. Perhaps the most important discovery immediately after that period was by Alexander Wilson in 1769, who realized from the changing appearance of a spot as it approaches the solar limb that the central dark umbra is lower than its surroundings, a phenomenon now known as the Wilson depression.

2 Subsequent Milestones of Discovery

An extremely important milestone for the whole of astronomy is Joseph von Fraunhofer's introduction of spectroscopy, which has enabled astronomers to draw conclusions about the physical conditions and chemical composition of celestial objects, most notably the Sun, and to recognize and measure Doppler wavelength shifts to determine line-of-sight velocity. We now know from spectroscopy that sunspots are cooler than the surrounding photosphere, more of which I shall discuss later.



Fig. 2 Landmarks in sunspot discovery

In the few decades after the discovery of sunspots in the West, it was recognized that the number of spots varied with time. And then there was the Maunder Minimum – more than half a century with almost no spots, an epoch when the appearance of but a single spot was worthy of comment. After the reappearance of spots at the beginning of the eighteenth century, sunspot numbers were again quite variable. Nobody at the time appears to have noticed any pattern. Indeed, it was not until 1843 that the amateur astronomer Heinrich Schwabe pointed out a cyclicity, with an estimated period of about 10 years, although further work revealed that the intervals between successive maxima vary from 9 to 11.5 years, with an average of about 10.8 years.

In 1908, George Ellery Hale, the man who pioneered astrophysics as a science beyond the mere identification and plotting of stars, first observed and recognized Zeeman splitting in sunspots, and so established the magnetic nature of the spots. The vertical field is strongest in the central darkest regions of the spot, where the strength is about 3,000 G, and declines gradually outwards (Fig. 3). Why should such a field concentration come about, and what maintains it? Hale subsequently led an investigation into the polarity of sunspots: large sunspots usually occur in pairs, one leading the other as the Sun rotates, with the polarity of all leaders being the same in any hemisphere, but oppositely directed in the northern and southern hemispheres, and with that polarity changing each sunspot cycle (producing a magnetic cycle of duration about 22 years). These properties are now called Hale's polarity laws. The presence of a concentrated magnetic field is now known to be what causes the spot to exist. Precisely how the field became so concentrated is less clear.



Fig. 3 The *right hand panel* is a Fraunhofer line in the spectrum of light passed through a slit lying across a sunspot, indicated in the *left-hand panel*, in a portion of the solar image not far from disc center. The line is split by the magnetic field, by an amount which is proportional to the intensity of the field. Notice that the field intensity is roughly uniform in the umbra, and then declines gradually to imperceptibility through the penumbra. This is consistent with the sketch reproduced in Fig. 9

Some obvious questions come to mind:

- How do sunspots form?
- Why are sunspots dark?
- What is their structure?
- What holds the field together?
- How long do sunspots live, and what determines the lifetime?
- What is their global effect on the Sun? ... and why?
- What causes the sunspot cycle?
- Is it predictable?

In this lecture I shall address these questions, some of them only quite cursorily (and not in the order listed), but I shall not be able to provide satisfactory answers to them all.

3 Superficial Sunspot Structure

Figure 4 is a photograph of a sunspot. There is a central very dark (in comparison with the normal photosphere) region called the umbra, which is surrounded by a less dark annulus called the penumbra. Beyond the penumbra, one can see the granulation pattern of convection in the normal photosphere. With appropriate exposure, some intensity variation is visible in the umbra: typically small bright temporally varying bright dots against a less variable darker background.

Fine structure in the penumbra is more evident. It consists mainly of light and dark filaments radiating from the umbra, apparently aligned with the magnetic



Fig. 4 Photograph of a sunspot in the G band taken through the Dutch Open Telescope

field. There are also elongated bright regions aligned with the filaments that extend through only part of the penumbra; they are called penumbral grains. Figure 4 is a single frame of a movie; when the movie is played, it can be seen that the grains move along the filaments, predominantly inwards in the inner regions of the penumbra near the umbra, predominantly outwards in the outer regions.

Doppler observations of weak photospheric spectrum lines reveal a radially outward flow in the penumbra, the velocity increasing with radius out to the sunspot boundary. This is the discovery of John Evershed, in 1909, to which this conference is dedicated. In stronger lines formed in the chromosphere above the photosphere, a reverse flow is observed.

Sunspots are to be found in a variety of sizes; a medium spot is not very different in size from the Earth (see Fig. 10).

4 The Sunspot Cycle

I have already mentioned that the sunspot number varies cyclically, with a cycle time of 10.8 ± 0.9 years. Figure 5 depicts the variation of a measure of sunspot number (area)¹ with time since the Maunder Minimum, with some pre-minimum estimates from the time of Galileo and Scheiner. There is proxy evidence that the post-minimum cycle is a continuation of similar cyclic behavior occurring before the Maunder Minimum, with some hint that phase was maintained between them to the extent that phase is maintained at all. Figure 6 illustrates not only the variation of sunspot area but also the latitudes at which the spots occur. At a typical epoch, sunspots are concentrated mainly in latitudinal belts located roughly symmetrically



Fig. 5 Smoothed plot of sunspot numbers through the last three complete centuries

¹ Rudolf Wolf invented a measure of sunspot number, which he called "relative sunspot number," and which is now called the Wolf or Zürich, sunspot number. It is approximately proportional to an effective proportion of the area of the solar disc occupied by sunspots, and as the intensity of sunspot fields does not vary very much from one spot to another, it provides an estimate of the total (unsigned) magnetic flux emerging from sunspots.



DAILY SUNSPOT AREA AVERAGED OVER INDIVIDUAL SOLAR ROTATIONS

Fig. 6 The *lower panel* depicts daily sunspot area, annual averages of which correspond to the last 130 years or so of Fig. 5. The *upper panel* marks the latitudes of the spots (compiled by David Hathaway)

about the equator. Spots first appear at the beginning of a cycle in the vicinity of latitudes $\pm 30^{\circ}$; as the cycle progresses, the belts migrate equator-wards and eventually merge and disappear as new belts of reverse magnetic polarity emerge at "high" latitudes at the start of the next cycle. That plot is now called the butterfly diagram, a name which hardly needs explanation.

Associated with the sunspot coverage is a variation of solar irradiance, the total radiative flux from the Sun in the plane of the ecliptic, normalized to a distance of one astronomical unit. Irradiance is thus an indicator of the flux of radiation from the Sun in the direction of the Earth. The irradiance has been measured accurately only since detectors could be raised above (most of) the Earth's atmosphere. Figure 7 shows measurements by a variety of instruments. It should be appreciated that it is very difficult to make an absolute measurement, as is evident in the upper panel of the figure, but if the zero points of the fluxes are shifted appropriately, the measurements can be made to lie on top of each other. The lower panel is a (weighted) composite of the shifted curves; the thick line is a running average, which shows quite clearly a roughly 11-year cycle, as one might expect. Interestingly, comparison with Fig. 6 reveals that at sunspot maximum, when one would expect the greatest reduction of light output by the dark spots, the irradiance too is a maximum, as are the magnitudes of the fluctuations in the absolute sunspot number. That demands explanation. One comforting property of the plot is that at sunspot maximum the fluctuations in the irradiance are also at their greatest. We now know that these fluctuations are caused principally by sunspots and their immediate surroundings moving into and out of view as the Sun rotates.



Fig. 7 Measurements of solar irradiance by several different instruments. In the panel below is a combination of those measurements obtained by shifting the zero points to make the results lie on top of each other. The *thick superposed line* is a running mean (Physikalisch-Meteorologisches Observatorium, Davos)

Another property evident in Figs. 5 and 6 is that there is a variation in the value of the sunspot number from one maximum to another, and that the variation has a long-term trend with a characteristic timescale of the order of a century. Included in this variation is the Maunder Minimum, dating from about 1645 to 1715 the last was from, and indeed there is proxy evidence, such as from tree-ring analysis, that there were earlier similar minima, now called grand minima: the last was from about the last took place from 1450 to 1550, and was Spörer Minimum, before which was the Wolf Minimum from 1280 to 1350, the Oort Minimum from 1010 to 1050, and presumably many others earlier. The mean duration of those minima was about 70 years, with standard deviation of 25 years. They have occurred roughly every two and a half centuries, with standard deviation one century. It seems, therefore, that we are now due for another.

What determines the sunspot-cycle period? Or perhaps one should ask more appropriately: what determines the period of the 22-year magnetic cycle? Perhaps the first idea to be put forward was by C. Walén, who suggested that the cycle is essentially a manifestation of a magnetic oscillation of the entire Sun. One can easily estimate the intensity of a global magnetic field required to produce an oscillation with a 22-year period; its precise value depends on the geometry of the field, but all plausible geometries yield fields of the order of 3,000 G, the very value observed to be present in sunspot umbrae. More modern ideas suppose the cycle

to be determined by what has been called dynamo action, the complicated process of field augmentation and decay caused by magnetohydrodynamical stretching and twisting moderated by Ohmic diffusion in and immediately beneath the turbulent convection zone. The 22-year cycle period does not emerge from this scenario in so natural a manner as it does from the global-oscillation postulate. But it can be rationalized. However, I shall not attempt to describe in this lecture the panoply of theories that have been invented to explain it, but instead refer to the excellent recently published book on Sunspots and Starspots by Jack Thomas and Nigel Weiss, which also points the reader to more detailed literature.

There has been much discussion about the extent to which the sunspot cycle can be predicted. It seems that most investigators believe that there is a degree of predictability, the interval between, say, one maximum and the next, being influenced by – in the extreme view completely determined by – what transpired before. This notion was advanced some three decades ago by Bob Dicke, who noticed that the unusually early arrivals of the 1778 and the 1788 maxima were followed immediately by some compensating long inter-maximum intervals, apparently trying to restore the cycle to a regular oscillation. Others later have purveyed more complicated relations. They all imply that the mechanism of sunspot production has memory.

An interesting (at least to me) exercise triggered by Dicke's remark was simply to try to answer the question: is the Sun a clock? One can invent two extreme, admittedly highly simplified, models. The first is to presume that the Sun is a clock, whose timing is controlled by a Walén-like oscillation but whose manifestation at the surface through sunspots has a random time lag, random because the information about the interior must travel through the turbulent convection zone, which occupies the outer 30%, by radius, of the Sun (see Fig. 8), yet accounts for but 2% of the mass. At the other extreme one can posit that, as dynamo theorists believe, the



Fig. 8 Simple representation of the Sun, showing in a cut-out the major zones. The curved arrows represent convective overturning

cycle is controlled entirely in or immediately beneath the convection zone where the dynamics is turbulent, and thereby, on a timescale of 22 years, it has no memory at all. Then the cycle period itself is a random function. I hasten to add that this model is actually more extreme than most dynamo theorists accept. The apparent phase maintenance predicted by these two models has been compared with sunspot data by both Dicke and myself, with similar results where our analyses overlap; however, we did not draw similar overall conclusions. I think it is fair to say that the solar data lie between the two extremes, suggesting that the Sun has a modicum of memory, as many dynamo theorists would maintain.

Sunspot-cycle predictability, and with it actual prediction, has come into vogue in recent times. But before remarking on current happenings, I shall relate a pertinent story, which exposes an important variance of opinion concerning scientific inference. Nearly four decades ago I met Charlie Barnes, the chief keeper of time at what was then called the National Bureau of Standards, in Boulder, Colorado, USA. In a digression from his usual activities, he had addressed sunspot-cycle variability from the viewpoint of his modeling the random fluctuations in precision timing by caesium clocks. He had a simple mathematical model, basically a filter which in effect accepted only a part of a time series, concentrated mainly in a given frequency band. Thus, if one sent a random signal through the filter, one received as output a quasi-periodic response which, after rectification, could be compared with sunspot numbers. The only pertinent parameter he could adjust is the ratio of the width of the filter to its central frequency. Barnes calibrated that ratio first by requiring that the variance of the cycle period was the same as that of the sunspot number, and then by requiring that the variance of the heights of the maxima agreed with the variance of the sunspot numbers at maximum. The two calibrations gave the same result. Barnes then pointed out that if one ran the model backwards the original random signal (save for a component that does not influence the output) was recovered, because the whole (linear) process was determinate in both directions. So one could run the machinery backwards feeding it with the actual sunspot data, obtaining an apparently random result, and then run it forwards to recover the original data. What Barnes knew is that if one ran it forwards and, at some moment, stopped the input, the output is the most likely outcome of the process. He therefore had a predicting machine, which he had tested by truncating the apparently random input early, and seeing how well his mathematical machinery "predicted" what should follow. It performed rather well. I was so excited by this result that I went straight up the hill to the High Altitude Observatory, which in those days was situated on a mesa above the National Bureau of Standards at the National Center for Atmospheric Research. There I encountered Peter Gilman, and enthusiastically described to him this fascinating result. "It has no interest whatever," retorted Gilman, "because it contains no physics." But I disagreed strongly, for it is indeed extremely interesting, and the reason for it being so interesting is because it apparently contains no physics; if one wishes to demonstrate the validity of the physics that has been put into a theory by comparing its consequences (I refrain from calling them predictions because so often these consequences are post hoc) with observation, one must surely demonstrate that one has done significantly better than a physics-free procedure.²

I now come to real prediction. Or shall I call it sociology? Currently there are (at least) two identical games being played - competitions in waiting whereby scientists have deposited with adjudicators their estimates of the sunspot number at the next maximum. It is supposed to be a bit of harmless fun. I should stress that fun is scientifically useful, a view with which I am sure Vainu Bappu would agree, for it provides rejuvenating relief from the serious pursuit of discovery that occupies most of our lives. But what will the reaction be when the results of the competitions are known? Will the winners claim that the theories they have used are vindicated? Although the entries have been kept confidential by the adjudicators, I do know from talking to some of the competitors that there is substantial diversity amongst the procedures that have been adopted for determining them, procedures which at some level are presumably being tested. One can imagine, for example, that Gilman and his colleague Matsumi Dikpati, who have made much of their ability to predict the solar cycle, will have entered hoping, perhaps, to vindicate their theory. Their model requires several parameters to be calibrated, and so one should heed Pauli's warning. There are also purely mathematical, less deterministic, algorithms, which in a less-easily-appreciated manner incorporate history into a statistical foretelling. At the other extreme, Weiss and David Hughes, for example, believe that the cycle is inherently chaotic, albeit with an underlying control which, turbulent convection aside, is deterministic. Therefore, any prediction must be very uncertain. What might either of them have submitted, if indeed they have entered the fray? There is a diversity too amongst the reasons for entering the competition. I have entered one of the competitions myself, but I shall keep quiet about my motives until the matter is settled. One thing we do know is that there are many competitors, with entries that must surely range from near zero, submitted by those who believe that we are plunging into the next grand minimum (at the time writing there are many fewer sunspots than most spectators have expected) to values comparable with the highest ever recorded. Therefore, the range of possibilities is bound to be densely sampled, as would have been the case had everyone submitted random numbers. So the winners are therefore bound to be very close to the actual result.

5 What Causes Sunspot Darkening?

It is the magnetic field. That field can roughly be thought of as an ensemble of elastic bands imbedded in the fluid, such as the flux tubes illustrated in Fig. 9.

Before embarking on a discussion of the physics of sunspots, I must point out what is actually meant by the term "sunspot." As was evident in my introduction,

 $^{^{2}}$ Or one must demonstrate that the physics-free procedure happens, by chance, to model the physics of the process under investigation.



Fig. 9 Sketch by Weiss, Thomas, Brummell, and Tobias of the upper portion of a sunspot. The magnetic field is held together, presumably by converging fluid beneath the region illustrated, in a vertical umbral column, and then splays out through and above the penumbra where the fluid is unable to confine it, alternating between flux tubes rising almost freely into the upper atmosphere and tubes forced back beneath the photosphere by descending convective flow (indicated by the broad vertical *arrows*)

initially the term was considered to denote simply a dark patch on the Sun's surface like those illustrated by Figs. 4 and 10. But now it is considered also to be the entire three-dimensional edifice, extending upwards from the dynamically controlling layers beneath the photosphere into the consequent magnetically active region above it in the atmosphere. I shall use the term in both senses, I hope without ambiguity.

Magnetic field resists being stretched, and therefore opposes any shear in the fluid that would induce stretching – in other words, it reacts against a fluid velocity with a transverse component that varies in the direction of the field. The energy generated by nuclear reactions in the core of the Sun is transported outwards through the majority of the surrounding envelope by photon diffusion, but in the outer 30% (by radius) the fluid is buoyantly unstable, and the energy is carried almost entirely by convection, which consists of overturning eddies (illustrated by curved arrows in Fig. 8). The magnetic field hinders the overturning, and in the umbra is strong enough to stop the normal convection entirely, at least in the very upper layers of the convection zone where the fluid density (inertia) is relatively low and is incapable of overcoming the stresses imposed by the magnetic field. Some motion can occur, however; it provides a weak vehicle to transport energy, and is responsible for the umbral structure observed in the photosphere, but that is of secondary importance to the broad overall picture I am painting here.

The geometry of the field is illustrated by the tube-like structures, sometimes called ropes, in Fig. 9, drawn by Weiss, Thomas, Nic Brummell, and Steve Tobias. The tubes are concentrated in a vertical column underneath the umbra. Some care should be exercised in interpreting the illustration, which should not be taken too



Fig. 10 G-band image of a portion of the surface of the Sun containing a medium-sized sunspot. Superposed in the *bottom right-hand corner* is a image of the Earth to provide a graphic comparison of scale. The mean intensity of the surrounding convective flow, the solar granulation, appears to vary on a scale much larger than the granules, but in patches that are apparently random, with no obvious bright ring around the spot

literally. It gives the impression that the umbral field is contained in the tubes with little or no field between them. That is almost certainly not the case; instead the field is bound to be much smoother on the transverse scale of the tubes. It should be appreciated also that the orientation of the field is the same in all the ropes.

I must now point out another property of magnetic fields: not only do they exert a tension along the tubes, endowing the fluid with a degree of elasticity, but they also exert a transverse pressure – neighboring field tubes of the same polarity (magnetic fields parallel) repel one another; conversely, tubes of opposite polarity (magnetic fields antiparallel) apparently attract, and annihilate each other, dissipating much of their energy into heat and converting the rest into kinetic energy of the fluid. This process, generically called reconnection, is very complicated, and is an arena of very active research. It is of particular interest in the atmosphere above and near sunspots, where the activity is visible. It is no doubt just as important, if not more so, beneath the photosphere where it cannot be seen, and where either the fluid is less of a slave to the field or the field is a slave to the fluid. But I digress. Returning to the concentrated umbral field, it is evident that there must be some force holding the field together. The only possibility is an inward (towards the "axis" of the spot) momentum flux carried by fluid converging at depths where its inertia is great enough to dominate the dynamics. Near the surface of the Sun the fluid can no longer contain the field; the field splays out, becoming weaker and more nearly horizontal. It can no longer prevent the convection (mainly because of the changed orientation), which tends to obviate field stretching by forming elongated eddies, aligned with the field, whose motion is predominantly transverse to the field, producing the penumbral filaments. Moreover, the surrounding fluid no longer converges on the spot, but diverges, at least in places, as was observed by Evershed a 100 years ago.

In the picture provided by Weiss and his colleagues, which is based on prior superficial observation, the field does not splay out smoothly into the penumbra; instead there is an alternation of gradually splaying flux tubes that extend high into the atmosphere and more nearly horizontal tubes that tip back below the photosphere near the edge of the penumbra, pushed down, it is believed, by granular convective motion that is not seriously impeded by magnetic field and which has an up-down asymmetry of such a nature that descending fluid has the greater influence on the magnetic field. That process is called magnetic pumping, and is represented by the downward arrows in the figure. It holds the field down against both the natural tendency of the field to want to be straight (because of its tension) and against buoyancy: magnetic field exerts transverse pressure, which equilibrates with the pressure in the surrounding fluid, the fluid requiring density (inertia, and therefore gravitational mass) to exert pressure, whereas the field has none; regions of concentrated field are less dense than their immediate surroundings and are therefore buoyant. In the inner penumbra where the inclinations of the alternating magnetic flux tubes do not differ greatly, the elongated rolls raise the field where the hot bright fluid ascends and depress it where the cool darker fluid descends. Further out where the inclinations differ substantially, the interaction between the motion in the bright filaments and that in the dark horizontal filaments is probably weaker. It is along the nearhorizontal darker tubes that the Evershed motion is driven by a pressure gradient that is insufficient to push fluid high into the atmosphere along the more inclined (from the horizontal) field. What produces that pressure gradient appears not to be well understood. I should point out that other scenarios have been suggested in the literature; once again, I refer the reader to Thomas and Weiss's book for details.

I come back now to the question posed by the title of this section. Except in a very thin superadiabatic boundary layer at the top of the convection zone, almost all the heat from the nuclear reactions in the core is transported through the convection zone by material motion. As I have already indicated, that transport is inhibited in a sunspot by the magnetic field. Therefore, less heat gets through, one might naturally think, and the spot must obviously be dark. That conclusion is basically correct, although with a little more thought one must realize that it is actually not entirely obvious. It depends on certain conditions being satisfied, namely that the spot is a small superficial blemish on a deep convection zone – and by small I mean having both a lateral lengthscale and a depth that are much less than the depth of the convection zone.

A spot is normally considered to have ceased to exist once a depth is reached beyond which significant convective inhibition is no longer in operation. How that comes about depends on the field configuration, which we do not know. But we could consider two extremes. If the field were to extend downwards as a uniform monolithic tube, the stress it would exert would be essentially independent of depth; gas pressure increases monotonically downwards, however, and there must be a level beneath which it overwhelms the magnetic stress, rendering the field incapable of preventing convection. In the opposite extreme, if the field stress were to remain, say, a constant proportion of the gas pressure – I should point out that stress is proportional to the square of the field strength B, and that the magnetic flux, which is the product of B and the cross-sectional area σ of a magnetic flux tube, is invariant along the tube – then the area σ of the region in which the field is contained (whether it remains a monolith or splits into spaghetti, as some investigators have maintained), and in which there is no convection, becomes so tiny at great depths that its presence is irrelevant to the overall picture.

The spot dams up heat beneath it, which nevertheless can readily be transported sideways and upwards around the spot by the highly efficacious convection without substantial modification to the stratification in the surrounds. There is now less heat demanding to be carried through the spot. The flux radiated from the surface of the spot is less than that elsewhere, and therefore the spot is darker; moreover, the surface temperature is lower than that of the normal photosphere, because total radiant flux is proportional to a positive (actually the fourth) power of temperature. With the reduction in temperature in the spot is a consequent reduction in pressure, which causes the material in the spot to sink under gravity (recall that the magnetic field is essentially vertical and the field exerts no longitudinal pressure); that is basically the reason for the Wilson depression. The reduction in pressure is compensated by a lateral pressure-like stress in the horizontal from the magnetic field, enabling the spot to be in pressure equilibrium with the surrounding hotter, more distended, material. Given this apparently straightforward description, one might expect spots not to be a phenomenon associated with only the Sun. Indeed, the presence of dark spots has been inferred from observations of other cool stars having deep convection zones.

The situation is not the same in hot stars. There is overwhelming evidence for spots on Ap stars, for example. Indeed, both magnetic field concentrations and coincident patches of anomalous chemical abundance have been mapped by Doppler imaging. But there is no evident variation in total brightness. (I hasten to add that some such stars exhibit brightness variation in limited optical wavelength bands, but that is due mainly to optical spectrum changes caused by the abundance anomalies, and is not necessarily indicative of total flux variation.) The reason is that these stars have very thin convection zones, and convection is suppressed by the magnetic field in the spot all the way from the top to the bottom of the zone; also the spots are very much larger than those in the Sun, having areas that are a substantial fraction of the total area of the stellar surface, therefore having a linear lateral dimension which is very much greater than the depth of the convection zone. Heat cannot easily escape around the edges of the spot by flowing laterally great distances though the ill-conducting radiative zone beneath. Instead, the stratification in the spot is forced to adjust to accommodate the heat flux demanded by the radiative interior. That adjustment is one in which the spot region becomes more distended, noticeably so if one measures the distension in units of the convection-zone depth, but by only a very small amount relative to the total radius of the star: there is what one might call a Wilson elevation.

I should point out that these two descriptions of spots do not encompass all possibilities: there are also stars whose structure is intermediate between that of the Sun and those of what I have called hot stars; they also support spots, and those spots produce some genuine local diminution of the total radiative flux. Why have I digressed so far from the Sun to describe a situation which is hardly relevant to sunspots? The reason is simply to stress that the physics of sunspots is more subtle than one might have first suspected, and that suppression of the *mechanism* of heat transport in a star does not necessarily result in substantial suppression of the *amount* of heat that is transported.

The process of diverting the heat around a sunspot was first considered seriously by Henk Spruit. The motivation for his study was that others had speculated earlier that the missing heat flux should be radiated from a necessarily bright annulus around the spot of thickness comparable with the spot's radius, but that the brightening had not been observed (see Fig. 10). In his study, Spruit assumed the convective motion to be everywhere on a scale much smaller than the scale of variation of the heat flow, and he ignored the presence of any large-scale flow induced by the disturbance to the temperature variation produced by the suppression of the convective heat transport in the spot. He also ignored the effect of the large-scale temperature disturbance on the convection, so that the heat transport could be described as simply a classical diffusive process with a temporally unvarying diffusion coefficient, the value of which Spruit obtained from mixing-length theory. Spruit considered the evolution of the temperature distribution after suddenly imposing a heat plug in the outer layers of the convection zone to represent the creation of a sunspot. He confirmed a view that was already held by some, although perhaps it had not been well substantiated, that because the turbulent diffusion coefficient and the heat capacity of the convection zone are both so high, transport around the spot is facile and extensive: most of the heat blocked by the spot is distributed throughout the convection zone, almost all of which could easily be retained over the lifetime of a spot (the cooling time of the convection zone is 10⁵ years), and that which is radiated around the spot is distributed so widely that its influence on the photosphere is undetectable, in agreement with observation. It should perhaps be commented that the calculation is highly idealized, even in the context of mixing-length theory. The speed of propagation of the greater part of the thermal disturbance produced by the introduction of the plug is comparable with the convective velocities, which invalidates the diffusion equation that was used: purely thermal disturbances cannot travel faster than the convective motion that advects them (admittedly the associated "hydrostatic" readjustment is transmitted at the speed of sound, but the magnitude of the large-scale adjustment is tiny), which is contrary to the formally infinite speed permitted by a classical diffusion equation. Instead, the transport equation should have a wave-like component, somewhat analogous to the telegraph equation. Moreover, temperature fluctuations are not passive, but influence the buoyancy force that drives the very convection that transports them. That back reaction modifies the wave-like term in the transport equation. Nevertheless, because the convection zone is so close to being adiabatically stratified (except in a thin boundary layer), these niceties play little role in the overall structure of the Sun, and Spruit's basic conclusions must surely be right.

6 The Rotation of the Sun

I have already remarked that in the early days Galileo, Fabricius, Scheiner, and others had inferred from the motion of sunspots across the disc that the Sun rotates. Subsequent observations have mapped the angular velocity in greater detail, and in modern times those results have been broadly confirmed by direct Doppler observations of the photospheric layers; the different measures are not precisely the same, but that is because Doppler observations see only the surface of the Sun, while sunspots extend below the surface and presumably rotate with some average over their depth, which we now know is not quite the same. Nevertheless, the basic picture is one of a smooth decline in rotation rate from equator to pole, the rotation period (viewed from an inertial frame of reference, not rotating with the Earth) increasing from about 25.4 days at the equator to something like 36 days at the poles; the latter value is only approximate because it is difficult to view the poles (recall that the axis of solar rotation is inclined by only 7° from the normal to the plane of the ecliptic), and, of course, sunspot motion itself cannot be measured because sunspots are found only equator-ward of latitudes $\pm 30^{\circ}$ or so, and so other indicators have had to be followed.

Rotation well beneath the surface has only recently been measured, by seismology with acoustic waves. I shall describe briefly how that is done. Acoustic waves are generated essentially as noise by the turbulence in the convection zone and reverberate around the Sun. Any given wave propagates around the Sun, confined (approximately) to a plane, as illustrated in Fig. 11. They are reflected near the



Fig. 11 Segments of ray paths followed by acoustic waves in the Sun. The *dotted circles* represent the envelopes of the lower turning points (lowest points of the ray paths) of the waves

surface of the Sun, typically somewhat below the upper superadiabatic boundary layer of the convection zone where the scale of variation of the density and pressure is comparable with or less than the inverse wavenumber of the waves, thereby preventing those waves from propagating upwards into the atmosphere - the condition for propagation of an acoustic wave to be possible is that, roughly speaking, the scale height of the background state must exceed $1/4\pi$ of the wavelength of the wave. Downwardly propagating waves are refracted back towards the surface by the rising sound speed caused mainly by the increase of temperature with depth. Therefore, waves of a given inclination are trapped in an annulus, whose inner boundary is represented by the dotted circles in the figure (I am assuming for the purposes of the introduction to this discussion that the Sun is basically spherically symmetric), and their properties are determined by conditions in that shell: the relation between the wave frequency and the observable wavenumber at the surface is an indicator of average conditions in the shell, the average being weighted by a function proportional to the time spent by the wave in any particular region. Segments of four sample ray paths (essentially the paths followed by the waves) of differently directed waves are illustrated in Fig. 11; there are other paths, similar to those illustrated, lying in planes through the center of the Sun but inclined to the one illustrated - for example, out of the page towards us at the top and away from us at the bottom, or vice versa.

The essence of the procedure for mapping the solar interior is as follows: Suppose we were to know the wave speed in the Sun down to the bottom of the shell containing, say, the second most deeply penetrating wave illustrated in the figure. Then we can actually calculate the properties of that wave, and also that of the first, shallowest wave and, indeed, of all other waves that are shallower than our selected second wave. Consider now the third wave, which penetrates only slightly more deeply than the second. Evidently we could calculate its progress throughout most of its passage; what is missing is the almost horizontal passage through the very thin annulus occupying the space between its deepest penetration level and that of the second wave: the space between the second and third dotted circles in Fig. 11. We can therefore represent the observable properties of that wave – in particular the relation between its frequency and its horizontal wavenumber at the surface of the Sun – in terms of the average wave speed, I call it \bar{c} , in that thin annulus. Measurement of the surface wavenumber and frequency then provides the essential datum to determine \bar{c} . We have thereby extended our knowledge of the wave speed down to a lower level. By considering successively more and more deeply penetrating waves we can, provided we have observations of a sufficient range of waves, build up a somewhat blurred view of the wave speed throughout the entire Sun, the blurring being because we are actually measuring averages over the annuli between adjacent lower boundaries of different regions of wave propagation, not point values. One can then combine with that information corresponding results from similar sets of waves propagating in planes inclined to the first, and thereby in principle build up a three-dimensional picture of the wave speed throughout the Sun.

An obvious apparent flaw in my argument is that if all the waves are reflected beneath, rather than at, the surface of the Sun, one cannot know the structure of the Sun all the way to the surface. So how can one proceed? And how can the trapped

waves even be observed at the surface? The answer to the second question is that even though the motion at the upper reflecting boundary of the region of propagation cannot formally propagate to the surface, the surface layers do respond as a whole to that motion, being simply lifted up and down in approximate synchronism with the wave below. (I admit to speaking rather loosely here, but as a first approximation it is safe to regard that statement as being true.) Therefore, the wave motion below is observable. Its influence on the motion of the photosphere is portrayed by the Doppler images in Fig. 12. One can now address the first question by simply representing the surface layers by some average impedance, much as we represented the wave speed between the lower boundaries of the regions of propagation of the second and third waves by an appropriate average \bar{c} . Fortunately, the upper boundaries of the regions of propagation of all the waves are roughly in the same place, so the impedance for all waves does not vary a great deal. (The range of observable frequencies, roughly 2–4 mHz, which also influence – fortunately only weakly – the impedance somewhat, is not great.) This represents a fundamental uncertainty in the inferences, but that uncertainty becomes smaller and smaller the deeper in the star one's inferences are drawn.



Fig. 12 Doppler images of the Sun obtained by the solar oscillations investigation using the Michelson Doppler imager on the spacecraft SoHO. Dark shading represents line-of-sight velocity towards the observer, light shading represents velocity away. The values of the velocities represented by the grevscales are indicated at the bottom of each panel. The first panel is a raw Dopplergram; it is dominated by the Sun's rotation, although superposed smaller-scale motion is evident. The second panel is an average of 45 images (which suppresses the oscillations and granular convective motion, although the resolution is inadequate to resolve granules) from which the contribution from rotation has been subtracted; what is left are the tops of the supergranular convective cells, whose velocities are more-or-less horizontal, and therefore is most visible towards the limb (although not too close where foreshortening is severe), and invisible at disc center. The third panel is a single Dopplergram from which the 45-image average has been subtracted, thereby removing rotation and supergranulation, leaving principally the acoustic oscillations, whose velocity in the photosphere is almost vertical; the amplitude observed is therefore greatest at disc center. Notice that the magnitudes of the oscillation velocities are comparable with the convective velocities, approximately 0.5 km s⁻¹. For comparison, the sound speed in the photosphere is about 7 km s^{-1} . The sound speed at a level near the base of the sunspot (say, 7 Mm) is about 30 km s^{-1}

Let me now address what we can deduce from the wave-speed inferences. In the absence of a significant magnetic field, the wave speed relative to the fluid is essentially a local property of the fluid; it is dominated by what we normally call the sound speed, which depends just on pressure and density (and somewhat on chemical composition), but is modified a little by stratification. In addition, the wave is "carried" by the fluid motion, the latter being mainly a consequence of the rotation of the Sun. So one can measure the wave-speed averages in the manner I have just described, first from a set of waves all of which have an eastward component of propagation, and then from a similar set of waves with a westward component. Their average is then the intrinsic wave speed, relative to the fluid, and their difference is twice the rotation velocity of the Sun. Much physics has been learned from the intrinsic wave speed, because it is directly related to the properties of the material of which the Sun is composed, at least in regions where magnetic stresses are negligible. But that is not the subject of this lecture. Instead I shall comment briefly just on the rotation.

The rotation rate in a quadrant of the Sun is depicted in Fig. 13. Plotted are contours of constant rotation rate. Adjacent contours are separated by 10 nHz. The method used to construct this diagram produces only an average of the rotation in the northern and southern hemispheres, which is why only a quadrant is displayed. It is evident that, broadly speaking, the latitudinal variation of the rotation that had been observed at the surface persists with only minor change right through the convection zone. But the radiative zone rotates uniformly. There is a thin shearing layer at the base of the convection zone, called the tachocline, which is too thin to be resolved. It is here that many dynamo theorists believe that magnetic field is augmented and, temporarily, stored, producing the solar cycle. I have already promised





not to discuss the details. One feature of the plot to which I would like to draw attention, however, is that the shear, and therefore any consequent stretching and winding of the (dynamically weak) magnetic field that might be present reverses direction at a latitude of about 30°. That is just the latitude at which sunspots first form at the beginning of each new solar cycle (Fig. 6). Surely that must provide a clue to the mechanism of the cycle. Or is it mere fortuitous coincidence?

7 The Overall Structure of a Large Sunspot

Only the larger sunspots have a nice well defined structure with surface appearance like those illustrated in Figs. 4 and 10. Small spots contain less magnetic flux and are less able to control the turbulent convective flow in which they are imbedded. They are consequently much less regular. I shall therefore confine my discussion to the relatively clear prototypical case, thereby avoiding having to describe the gamut of smaller magnetic structures that are visible on the surface of the Sun: if I were to do otherwise, this lecture may never end.

The properties of a large sunspot and its immediate surrounds have been mapped by acoustic seismology by Jun Wei Zhao, Sasha Kosovichev, and Tom Duvall. To a large extent they are consistent with the picture I have been building up during this lecture, although one essential ingredient is missing, namely the Evershed flow. In principle, the method of inference that was employed to obtain this picture is much as I described for determining the Sun's rotation; the difference is just in the detail, which is a little more complicated. Consider the three ray-path segments joining observation points A and B in Fig. 14; the point C marks the location of a sunspot. The continuous ray paths are examples from the set considered in Sect. 6, and are drawn simply as a benchmark; they are unperturbed by the shallow sunspot. The dotted ray path passes underneath the sunspot and may feel some influence from it, and the dashed path evidently passes through the spot. By comparing observed propagation times from A to B and from B to A of the dotted and dashed waves with those of similar wave segments in another location where there is no sunspot, the influence of the sunspot can be ascertained. As always, the answer is a new average propagation speed \bar{c} along the ray paths. One must then tackle the complicated geometrical problem of unraveling those averages over a wide variety of rays to obtain genuinely localized averages, of both intrinsic propagation speed and of fluid flow, for such averages are comprehended more easily than the raw ray-path averages. I shall not go into the details of how the unraveling is accomplished; for the purposes of the present discussion, it is adequate to consider the task to be just a technicality, which we know how to handle.

The outcome is illustrated in Fig. 15. What is shown is a section in a rotatable vertical plane of a three-dimensional representation of a measure of the intrinsic wave propagation speed and the large-scale fluid flow – only a single orientation of the plane is illustrated in the figure reproduced here. The shading represents the intrinsic wave speed and the arrows represent the flow, their size denoting the magnitude



Fig. 14 Sketch of sample ray paths adopted by Zhao, Kosovichev, and Duvall for inferring sunspot structure. Points like A and B mark typical observation points in the quiet Sun; point D is the location of a sunspot. The distances between A, B and C, and hence the depths of the ray paths joining them, have been exaggerated for clarity. The continuous ray paths are typical spot-free paths, like those depicted in Fig. 11, from which the background (spot-free) structure is inferred



Fig. 15 Seismic image of a sunspot by Zhao, Kosovichev, and Duvall. The *shading* represents the deviation of the wave propagation speed from that in a corresponding spot-free region of the Sun, *dark* (in this black-and-white picture) denoting both positive and negatives values. The *arrowheads* indicate the direction and magnitude (denoted by their size) of the flow

of the velocity. The intrinsic wave speed is difficult to interpret: it is influenced by both the temperature of the fluid and the magnetic field, which the current measurements cannot disentangle; even more uncertainty is added by the fact that the effect of the magnetic field is anisotropic, being a more-or-less increasing function of the inclination of the direction of wave propagation to the direction of the field – what is illustrated by shading in the figure is only a scalar, presumably an average over the particular waves that have been used for the inference, weighted by the relative importance that the localization procedure adopted by the analysis has given to those waves. Interpretation must therefore entail some guesswork. It is likely that the wave speed illustrated in the figure is due predominantly to temperature, because immediately beneath the photosphere both field and acoustic wave propagation are both very nearly vertical, and consequently parallel to each other, and therefore hardly interact. Moreover, as I have already described, at depth the influence of the field declines dramatically either because, unlike the gas pressure, the intensity of the field does not increase significantly with depth, or because the proportion of the volume occupied by the field diminishes greatly. (It is worth pointing out that because the lateral field stress under the umbra balances the gas pressure deficit produced by the lowering of the temperature, a putative horizontally propagating acoustic wave would be influenced by comparable amounts, although oppositely, by field and negative temperature change. Those influences would not exactly cancel, however, because the effective adiabatic compressibilities of field and gas, which control the wave speed, are different.) Therefore, I may lapse into "hotter" and "colder" as a convenient device to describe wave-propagation-speed differences succinctly.

The dark shading in Fig. 15 immediately beneath the upper surface of the spot is to be expected: the surface of the spot is cool, and, as I have already explained, so should be the underlying fluid where convection is suppressed by the magnetic field. There is a second relatively dark region lower down in this black-and-white image, this time representing hotter fluid, presumably beneath the region in which convection is suppressed - in other words, beneath the spot. This is where heat from below is dammed up, being unable to pass easily through the spot. In a broad sense, the fluid flow associated with these temperature (actually wave-speed) anomalies is easy to understand - at least it seems superficially to be that way. The cool plug beneath the surface cools the surrounding fluid, causing it to sink in a negatively buoyant cold collar around the spot, drawing in fluid from the near-surface regions to replace it. The hot fluid beneath the spot is positively buoyant; it is inhibited from rising directly upwards by the magnetic field in the spot, and must therefore first move axially outwards before it can rise around the spot. It collides with the upper descending cold collar, and the two are deflected outwards away from the spot. Some of the diverging fluid then rises and some of that then reconverges, producing a toroidal eddy around the spot; the remainder of the ascending fluid is deflected outwards, flowing away from the spot in the near-surface layers. That motion is quite difficult to perceive in Fig. 15, which is but a single frame of a movie, for there are just two small inclined arrows near each outer edge of the figure, suggesting the outward deflection. But it is quite obvious when the movie is played. However, that outward motion is not the Evershed flow. It is too far from the spot. The structure of the visible spot is shown on the representation of the upper horizontal boundary of the region being depicted, and it is evident that immediately beneath the penumbra, and somewhat beyond, the near-surface flow is axially inwards, towards the spot. This failure to miss the Evershed flow has spread considerable doubt amongst solar physicists, particularly theorists and modelers, on the reliability of the seismological inferences. Perhaps that doubt is justified. After all, Eddington said that one should never trust an observation until it is confirmed by theory. So I shall address theoretical simulations in a moment. But perhaps the doubt was due as much to the reluctance of observers of only the superficial layers of a star to accept more profound methods. Ray Lyttleton once said that if a modern observer were to meet a chimney sweep,³ he would deduce that the sweep were composed of pure carbon.

It is important to remain aware that, as I described when discussing seismological inference of rotation, we cannot (readily) come to reliable conclusions about conditions very near the solar surface from the seismology of acoustic waves. The top of Fig. 15 is about 2 Mm beneath the photosphere. Therefore, if the situation presented by that figure is correct, one must conclude that the Evershed flow is shallow.

There is yet more seismological inference, which I have not yet described. In addition to acoustic waves there are surface gravity waves, called f waves, whose physics is identical to that of the waves on the surface of the ocean. These waves do not propagate through the interior of the Sun, but remain near the surface, their amplitudes declining exponentially with depth at the same rate as they oscillate horizontally (in other words, the e-folding depth is $(2\pi)^{-1}$ oscillation wavelengths). They too are advected by flow. Surface gravity waves confined essentially to a layer extending to about 2 Mm beneath the photosphere have been analyzed by Laurent Gizon, Duvall, and Tim Larsen, who did indeed find outflow from the spot. The depth-averaged velocity is much less than that observed directly in the photosphere, which is to be expected if the flow is a countercell of the subsurface flow around the spot depicted in Fig. 15, whose center must lie less than 2 Mm beneath the photosphere. It seems that these two complementary seismological analyses essentially complete the basic picture. I hasten to add, however, that the picture is not accepted by a substantial number of theorists; Thomas and Weiss, for example, consider such a shallow countercell to be unlikely.

It is evident from Fig. 15 that the subsurface inflow occurs in an annulus that extends well beyond the penumbra. So does the outflow observed at the surface of the Sun, although the obvious penumbral striations cease once the flow has passed the point at which it is strongly influenced by magnetic field. Therefore, its superficial appearance is different, and solar astronomers of late have given it a different name: moat flow. However, there appears to be no convincing evidence that it is no more than simply the outer extent of the Evershed flow.

Triggered by the doubt cast by solar physicists, helioseismologists have reconsidered the approximations that were used in the construction of Fig. 15: for example, the manner in which the velocities observed at the ends of a ray-path segments (such

³ It was commonplace in northern Europe up to half a century or so ago for houses to be heated by burning coal, often bituminous, the soft brown lignite coal that burns incompletely, encrusting the insides of chimneys with unwanted soot, which subsequently might fall back into the room being heated or, more seriously, catch fire. What escaped at the top of the chimney polluted the atmosphere, producing, under inclement conditions, dense unhealthy yellow-brown fog. For safety, the soot had to be swept periodically from the insides of the chimneys, and a profession of chimney sweeps was established to perform that task. It was dirty work, and often a sweep's clothes and his exposed skin became covered with soot. By contrast, a modern Danish chimney sweep prides himself of his cleanliness: he is well dressed, in tailcoat, top hat, and white gloves.

as points A and B in Fig. 14) are cross-correlated for inferring travel times, the effect of ignoring the apparent time difference between the reflection of an acoustic wave at its upper turning point and its manifestation in the photosphere, the scattering by inhomogeneities out of and into the ray path, diffraction, and the effect of stratification on acoustic wave propagation. All have some quantitative impact on the inference, but at the moment it appears unlikely that any is severe enough to make a qualitative change to the picture.

There have been several attempts at direct numerical simulation of sunspots. Neal Hurlburt and Alastair Rucklidge have considered the effect of a monolithic axisymmetric concentration of nearly vertical magnetic field on convection in a layer of ideal gas. In all cases, they found the fluid to converge on the field and sink in a cool collar around the field, just as in Fig. 15. They pointed out that they had not modeled the solar atmosphere: they regarded the top of their idealized model to be well below the solar photosphere, just as are the current acoustic seismological inferences, and they too embraced the idea that in the Sun there is a toroidal countercell above the converging fluid, which is manifest as the Evershed flow. They also found an outer toroidal countercell surrounding the main cell, which is diverging from the spot in its upper half, as is (barely) seen in Fig. 15 (but is quite evident in the movie). Hurlburt and Rucklidge suggested that the flow (without a countercell above it) might be the moat flow. The outflow evident at the upper boundary of Fig. 15 (without a countercell above it) is so far from the umbra that it could only be the outer extent of the moat.

The converging subsurface flow offers a natural explanation of how the magnetic field is held together: it is continually advected inwards against diffusion and its natural tendency to expand. The superficial layers that support the reverse Evershed flow have too little inertia to offer significant opposition to that process. In the deep layers, below about 7 Mm or so, the magnetic field has negligible influence on the flow. It surely seems most likely that the field is tangled by the (three-dimensional) turbulent convection into thin flux tubes by a process combining advection and diffusion akin to the pioneering (two-dimensional) numerical studies carried out by Weiss in the 1960s.

8 On the Birth, Death, and Lifespan of Sunspots

Sunspots tend to form in groups in regions in which there is a lot of magnetic activity. These regions are called, naturally enough, active regions. Active regions form, it is believed, from large magnetic flux tubes that had been formed from field intensification possibly in the tachocline beneath the convection zone, and have then risen buoyantly to the surface. The outcome is a pair of regions in which the photosphere is crossed by magnetic field of opposite polarity, moving away from each other and connected in an arch in the atmosphere above, as in the cartoon depicted in Fig. 16. This picture was first adduced after studying the evolution of these regions from observations of the photosphere and the overlying atmosphere; more direct





evidence for the rising of flux tubes before their appearance at the surface has since been provided by seismology. Active regions can be up to 100 Mm across. They are temporary phenomena, with lifetimes up to several months. After an active region has disappeared, it is not uncommon for a new one to erupt in about the same place, and on the longer timescale of several years there are so-called active longitudes in the vicinity of which active regions persistently form. Understanding the long-term pattern of the coming and going of these regions, which broadly indicate the locations of the major sunspots in the butterfly diagram depicted in Fig. 6, is the realm of solar dynamo theory.

The magnetic field that emerges in active regions is inhomogeneous, initially being concentrated into flux tubes with cross-sectional diameters of about 200 km, containing field with intensity about 400 G. These tubes are quickly (on a timescale of less than an hour) compressed by the convective flow into tubes 100 km across with field intensity about 1,500 G. The tubes are advected by the supergranular convection in such a manner as to cause them to meet, despite their natural repulsive character, and coalesce into bigger tubes, called pores, which sometimes, on a timescale of days, coalesce into yet bigger tubes that then become fully fledged sunspots with penumbra. The larger sunspots often form in recognizable pairs of opposite polarity, joined by the magnetic arch in the atmosphere, although more complicated groups, and individual sunspots, are common. The image of the solar atmosphere reproduced as Fig. 17 obtained from the space mission TRACE tracing the magnetic field in an active region near the solar limb is dominated by the field joining a large sunspot pair. But there is also more complicated magnetic structure that undergoes reconnection, ejecting charged particles from the Sun and creating what has been called space weather, which is a danger to spacecraft and can upset the Earth's ionosphere, interfering with radio communication and, in extreme circumstances, damaging power lines. Understanding the whole realm of these phenomena is now sometimes referred to as heliophysics, although the word was originally coined to encompass studies of only the (entire) Sun, from the energy-generating core to the corona.

Sunspots of a pair are located very roughly east-west of each other, which is consistent with them having risen from a field that has been stretched into a toroidal coil in the tachocline, but inclined somewhat such that the leading spot is closer



Fig. 17 Image of an active region containing a large sunspot pair, taken by the spaceborne camera on TRACE. The observation was made in extreme-ultraviolet line, which highlights the magnetic field (courtesy Alan Title)

to the equator. The inclination is a result of Coriolis torque (from a point of view in the rotating Sun) as the field and its accompanying fluid moved upwards and away from the axis of rotation – that is simply the tendency of the spot-pair to try to conserve its angular momentum, thereby finding itself rotating more slowly than its surroundings. Moreover, the relative polarities of the spots are opposite in the northern and southern hemispheres, which is consistent with the idea of tachocline winding of a basic large-scale internal dipole magnetic field whose axis is aligned more-or-less with the axis of rotation.

As soon as a sunspot is created, it starts to decay. The decay appears to be consistent with the idea of lateral-surface abrasion by the small-scale granular convection. That is essentially a diffusive process, and occurs much more slowly than sunspot formation – large sunspots are created in the course of days, but it then takes a month or so for them to decline and die. The timescale of diffusion scales with the square of the linear dimension (it takes four times as long to roast a turkey than it does to roast at the same temperature a chicken of half the linear size: the roasting time of birds, or any other food that scales in a homologous fashion, is proportional to the two-thirds power of the weight, contrary to the advice given in many cookery books), and inversely with the magnitude of the diffusion coefficient. If the diffusion coefficient of convective abrasion were constant, the spot lifetime would be proportional to its area, and indeed there is observational evidence corroborating that. Not all spots are as regular as those illustrated in Figs. 4 and 10, however; the scatter in their properties is large, and the result of inferring any age–size relation must be

only approximate. From some studies of the observations, it has been concluded that the effective diffusion coefficient is proportional instead to the spot diameter. When the spot becomes small enough, it is essentially a pore.

According to this discussion, it is the convection that controls the sunspot dynamics. The same agent is responsible for both the birth and the death of a spot. How can that be? Admittedly it is the large-scale convection that appears to be responsible for a sunspot's birth, and small-scale convection for its death. But I have seen no cogent explanation of why the large scales dominate in the early stages of life and small scales in the decline – so far as I can see that has in most cases merely been implicitly assumed; otherwise, the matter appears to have been ignored. Perhaps it is simply a stochastic result moderated by the broad evolving conditions in the active region. There can be no sunspot decay in a spot-free region; and a sunspot of any given size is more likely to be decaying than be in a state of being created. Perhaps that is simply because the process of creation dominates the decay, but is only rarely operational. One is reminded of Boltzmann's H theorem. Maybe it is simply the very existence or not of a sunspot that biases future evolution, just as statistical fluctuations in a stable thermodynamic system are at any moment more likely to be decaying than growing, causing entropy, on the whole, to increase.

9 Solar-Cycle Irradiance Variation

I conclude by returning to the question of why it is that on a solar-cycle timescale the solar irradiance at sunspot maximum, when there is more direct darkening of the photosphere, is greater than it is at sunspot minimum. A partial answer to the apparent contradiction has emerged from detailed studies by Peter Foukal, Judith Lean, Judit Pap, Sami Solanki, and their colleagues, who addressed particularly the causes of shorter-term (daily-to-monthly) irradiance variations evident especially at sunspot maximum. They have found that those fluctuations can be very well reproduced as a combination of the reduced radiation from sunspots with enhanced radiation from surrounding regions called faculae. Faculae are structures in active regions that are somewhat hotter than the normal atmosphere, being hotter by about 100 K in the photosphere and by substantially more than that higher in the atmosphere. They are closely associated with sunspots, their total area following the solar cycle, roughly preserving a facular-to-sunspot area ratio. Being only slightly hotter than the normal photosphere, they are difficult to see near disc center, but they stand proud of the normal surface and are therefore relatively more visible near the limb. The radiation they emit exceeds the sunspot deficit, which immediately explains why the irradiance is greatest at sunspot maximum. The extra energy that heats them is presumably transported through the photospheric regions directly by the magnetic field, rather than by convection and radiative transfer, although some time ago I suggested, not without (admittedly incomplete) theoretical justification, that a degree of magnetic enhancement of convective transport under the photosphere of the so-called quiet Sun (away from active regions) might also contribute



Fig. 18 A sequence of three images of a sunspot approaching the solar limb on 20 and 21 November 2006, taken by the Hinode space mission

to enhanced irradiance, at least on solar-cycle timescales; Gene Parker subsequently embraced this idea, at least for a while, but on the ground that at the time no other plausible explanation could be found.

An extreme example of what I am now talking about is beautifully illustrated in a stunning movie taken recently from the Japanese spacecraft Hinode (meaning Sunrise). Figure 18 is three images selected from that movie. In the first image, the dark sunspot is clearly visible; it is dominated by the umbra, which is evidently lower than the surrounding photosphere. Around it are bright faculae, which extend up into the atmosphere. This image is in contrast to Figs. 4 and 10 depicting sunspots far from the limb, in which little or no facula brightening is readily visible. The faculae have become relatively more prominent in the second image of Fig. 18, partly because the depressed umbral region is substantially obscured by the photosphere in the foreground, while the faculae remain fully visible. In the final image, the spot, which is now quite close to the limb, cannot be seen at all; but faculae are still apparent. This example not only reveals the facular brightening, but also demonstrates that the angular distribution of the brightening is different from that of both the normal photosphere and the sunspots. Sunspot darkening is more evident when viewed from above; facular brightening is more visible, relative to the photosphere, when viewed from the side. This causes the energy from the Sun to be radiated anisotropically. When viewed from the Earth, the sunspots are, on average, the most visible, because they lie in a band near the equator (mainly between latitudes $\pm 30^{\circ}$ or so), which is close to the plane of the ecliptic in which the Earth orbits. If it were to be viewed from the poles, however, the Sun would appear more luminous, because the sunspots would be hardly visible, yet a complete ring of faculae would be seen shining in the vicinity of the limb. Moreover, after a little thought it is evident that when viewed from any latitude away from the equator there is luminal enhancement, although it is less than that when viewed from the poles. The amplitude of solar-cycle luminosity variation, which is an integral over all directions, is therefore greater than that of irradiance variation by about 30%. Of course it is only the irradiance variation that concerns us directly on Earth, for it is that which controls the overall energy budget of the Earth's atmosphere and has an influence on climate. But for those heliophysicists interested in the overall energy budget of the Sun, it is the luminosity that counts. In the past it has been assumed, often without apparent caveat, that the luminosity variation is the same as the irradiance variation. But it is now evident that it is not so.

Finally, I should point out that it is only the temporal variation, not the mean value, of the luminosity of the Sun that is significantly affected by the sunspots and the faculae. As in my discussion of Ap-star spots, on a timescale exceeding the thermal relaxation time of the convection zone – about 10^5 years in the case of the Sun - granted no other agent to produce temporal variation (I ignore the main-sequence evolution of the Sun, which takes place on a 10^{10} -year timescale), the mean luminosity is determined by the rate at which energy is supplied to the convection zone by the radiative envelope, which is itself determined by the energy generated by nuclear reactions in the core, and the outer layers of the Sun just have to adjust to cope with the amount of energy flow required. The energy generation rate depends on the physical conditions in the core, of course, which depends in turn on the weight of the envelope bearing down on it, and on the value of the thermal conductivity of the poorly conducting region beneath the convection zone. Because the convection zone has so little mass, any variation in its structure can have only a very small influence on its weight, and therefore can cause only an almost imperceptible change to the core, leaving the luminosity essentially unchanged.

I have now traveled, rather hastily, from the surface of the Sun to its central core, where the energy that powers the multitude of magnetohydrodynamical processes in the directly observable surface layers is produced. Sunspots are but a single manifestation of these processes, but one which has a long history, and which remains incompletely understood. There is still much research to be carried out, even to acquire a firm understanding of flow discovered by John Evershed 100 years ago.

Acknowledgement I thank Paula Younger for typing the manuscript, Guenter Houdek for converting the figures into a format acceptable to $L^{A}T_{E}X$, and for assembling an early version of the powerpoint presentation used in the delivery of the lecture, and Sacha Brun for powerpoint advice in its editing. I also thank Rob Rutten for converting this written version of the lecture into the book format.