# **Pharmacokinetics and Modeling**

*Everything that can be counted does not necessarily count; everything that counts cannot necessarily be counted*

Albert Einstein

**14**

## **14.1 Quantitation**

Molecular imaging of radiotracer distribution by PET or SPECT following intravenous injection shows the pattern of relative uptake of radioactivity in different organs and also in different regions within any particular organ of interest. These imaging studies permit measurement of the time course of uptake and clearance of specific tracers. Quantitative measurement of the local radiotracer activity is essential to assess the local physiological function quantitatively. Semi quantitative methods have been developed for the interpretation of routine clinical diagnostic studies. However, absolute measurement of physiologic parameters generally requires accurate measurement of radioactivity concentrations in the arterial blood and in a specific region of interest (ROI) or volume of interest (VOI) in a tissue, in order to extract quantitative information based on tracer kinetic or compartmental modeling techniques.

In PET, the count rate per voxel in the reconstructed tomographic image, in principle, is proportional to the activity concentration in a given ROI. Since the attenuation and scatter corrections are not reliable in SPECT, the count rate per voxel in a SPECT image does not necessarily reflect the true activity concentration. As a result, true quantitation with SPECT technique, is not practically feasible at this time. Some of the basic principles and concepts involved in quantitative methods will be described briefly here with specific examples.

# *14.1.1 Standardized Uptake Value*

To make the PET images quantitative, the PET camera is first calibrated using a cylindrical phantom with known radioactivity concentration (Bq mL−1). The count rate per voxel (cps or cpm) is then divided by the measured system calibration factor, CF [(Bq cc−1)/(cps voxel−1)], to convert cps in a given ROI to the corresponding activity concentration units,  $C_t$  (Bq cc<sup>-1</sup>).

It is common practice in animal studies to express the biodistribution of radiotracers using the parameter, the percent injected dose per gram of tissue (%ID/g of tissue), which is calculated using the following equation.

$$
\%ID / g = \frac{\text{Activity in a gram of tissue } (C_t)}{\text{Injected dose}} \times 100 \quad (14.1)
$$

The %ID/g parameter, however, does not take into consideration the total body mass (weight) of a patient. The standardized uptake value (SUV) is a semi quantitative unit developed in order to include the total body weight of a patient (Zasadny and Wahl 1993; Huang 2000; Acton et al. 2004).

$$
SUV = \frac{C_t \text{ in a ROI } (MBq \ / \ cc)}{\text{Injected dose } (MBq)} \times \text{Body wt } (g) \times 100 \qquad (14.2)
$$

The SUV value, therefore, is a unit-less number that normalizes the lesion uptake to the injected dose per unit of body weight. It has also been proposed that normalization of SUV based on body surface area (BSA) may improve the accuracy of SUV, but method of normalization has not been routinely employed by most PET users. It is important to recognize that many factors (dose infiltration, serum glucose levels, total body fat, and the lesion volume) other than the metabolic status of the lesion can significantly affect the reliability of the SUV measurement in routine clinical practice. In addition, a number of factors, including regional blood flow, enzyme activity, active transport mechanisms, and binding site concentrations, may also contribute to the amount of radioactivity present in a given ROI at any given time. The SUV determination is regarded as semiquantitative since it does not take into account many of these biochemical processes and all the possible contributions to overall tissue activity levels.

# **14.2 Physiological Modeling**

PET and SPECT permit sequential measurements of the radioactivity distribution in vivo following intravenous administration of a radiopharmaceutical at tracer levels. The measured time–activity distribution, however, is influenced by various factors, such as blood flow and clearance from plasma, and the number of specific and nonspecific binding sites, and their affinity. For a tracer to have any value in clinical practice, the uptake and distribution of the tracer must quantitatively and accurately reflect the concentration of available binding sites or the rate of some biochemical processes.

The extraction of quantitative values from dynamic PET imaging data requires the fitting of the data to a mathematical model that describes the uptake and retention of the tracer in tissue. Tracer kinetic physiologic modeling provides the link between activity levels measured in a specific ROI in the functional scan and the physiologic parameters associated with the particular function being studied. The kinetic models can be classified as noncompartmental, compartmental or distributive. With most molecular imaging radiopharmaceuticals, compartmental models have become the model of choice. These models describe the transfer and behavior of the radiotracer between compartments, each of which represents distinct anatomic, physiologic, or biochemical space (capillaries, extracellular, intracellular and receptor bound) mathematically using a set of differential equations. It is important to realize that the segmentation of the physiologic processes into these compartments is only a simple approximation to derive quantitative parameters and may not necessarily reflect real in vivo biological processes.

### *14.2.1 Radiotracer Binding*

The radiotracers or the radioligands used in molecular imaging studies are generally assumed to bind selectively to the target site receptor  $(R)$  or an enzyme  $(E)$ . The simplest model is the bimolecular reaction (Michaelis and Menten 1913), describing the kinetics

$$
[L] + [R] \xrightarrow{k_{on}} [RL] \qquad (14.3)
$$

$$
k_{on} [L] [R] \quad \longrightarrow \quad K_{off} [RL] \tag{14.4}
$$

At equilibrium,

The total number of receptors.

The concentration of bound receptors

**Fig. 14.1** Basic equations of ligand (L) and receptor (R) binding or interaction

The Binding Potential (BP)

$$
\mathbf{K}_{\mathbf{D}} = \mathbf{K}_{\text{off}} / \mathbf{K}_{\text{on}} \tag{14.5}
$$

$$
\mathbf{B}_{\text{max}} = [\mathbf{R}] + [\mathbf{R}\mathbf{L}] \tag{14.6}
$$

$$
[RL] = \frac{B_{\text{max}} [L]}{[L] + K_D}
$$
 (14.7)

$$
BP = \frac{B_{\text{max}}}{K_D} = \frac{[RL]}{[L]} = \frac{B}{F}
$$
 (14.8)

of the radioligand  $(L)$  binding with a specific receptor (R) or an enzyme (E) to form a complex, LR or LE. According to the law of mass action (14.3), the rate of the reaction will proceed in proportion to the product of concentration of the reactants. Several equations pertinent to ligand–receptor interactions and their relationships are summarized in Fig. 14.1.

#### **14.2.1.1 Binding Potential**

In PET and SPECT studies with high SA radiotracers  $(L^*)$ , the concentration of the bound receptors,  $[RL^*]$  is very small (<5%) and the receptor concentration, [R] is approximately equal to  $B<sub>max</sub>$ . Under these conditions, the binding potential (BP) is defined as  $B_{\text{max}}/K_d$  and is equal to the ratio of the bound radioligand concentration to the free radioligand concentration (B/F) at equilibrium (14.8). BP is proportional to  $B_{\text{max}}$  if  $K_d$  can be regarded as a constant (Ichise et al. 2001; Laruelle et al. 2003).

#### 14.2.1.2 **Affinity**

The affinity of a ligand for a receptor refers to the binding strength and can be expressed as a  $K_{\rm p}$  or  $K_{\rm i}$  value, which can be calculated from the measured  $IC_{\rm so}$  value as shown in Fig. 14.2.



**Fig. 14.2** Saturation of specific binding sites by carrier-added ligand concentration, [L].  $ED_{50}$  can be defined as the [L], which reduces the specific binding signal by 50%. The specific binding can be determined ex vivo studies, or in vivo using MicroPET or MicroSPECT imaging

In a typical "saturation" radioligand binding assay experiment in vitro, increasing amounts of a radioligand are added to a fixed concentration of receptors, and the amount of radiotracer bound, *B* or [RL] is measured as a function of [L]. Nonlinear regression analysis can be used to fit the data to the equation 15.7 in order to estimate both,  $B_{\text{max}}$  and  $K_{\text{D}}$  (Fig. 14.3).

The  $IC_{50}$  value is also determined in vitro by measuring the competitive effect of different concentrations of the ligand of interest  $(10^{-12}-10^{-4} \text{ M})$  on the binding of a reference radioligand with known affinity and concentration to a preparation of cells or cell membranes known to express specific receptors for the ligand under investigation.

In order to obtain high contrast images, the radiotracer must have high affinity (low  $K<sub>D</sub>$ ) for its receptor. The required affinity, however, depends on the receptor concentration,  $B_{\text{max}}$ , in a given ROI. Typically, for radio labeled antagonists, high affinity in the nanomolar range is needed to obtain high contrast images.

In order to image the distribution of one specific receptor subtype, the radioligand should preferably bind only to that specific receptor with high affinity. Most ligands, i.e., certain radioligands, may have affinity for many receptor subtypes or even different receptors. Therefore, in addition to high affinity, radioligands should also have *selectivity*, which is defined as the ratio of affinity of a ligand for the receptor of interest to the affinity for each of the other receptor types.



**Fig. 14.3** A Scatchard plot of the ligand (L)-receptor (R) binding data in order to estimate receptor concentration  $(B_{\text{max}})$ and affinity  $(K_n)$ 

### *14.2.2 Tracer Kinetics*

Following intravenous administration, the radiotracer is cleared from circulation rapidly and enters a tissue compartment in which the tracer may bind to an enzyme, a specific receptor, or even undergo metabolism and subsequent intracellular trapping. For most of the radiotracers, the kinetics can be described using a maximum of three different compartments (Fig. 14.4). The first compartment is the arterial blood, in which the radiotracer may be present either as "free" species or exhibit plasma protein binding (PPB). From the arterial blood, the radiotracer passes through a second compartment (extracellular or intracellular fluid), also known as a free compartment. The third compartment is the region where the tracer is bound to either an enzyme or a specific receptor, or metabolically trapped.

In tracer kinetic modeling, certain fundamental or physiologically reasonable assumptions are usually made to minimize the number of kinetic parameters needed to improve the fit to the measured data (from imaging studies) to the physiological model or to simplify the imaging and analysis protocols. These simplifications, however, must be physically meaningful and must be validated against the complete model (Ichise et al. 2001; Laruelle et al. 2003).

Although most physiological and biological processes are nonlinear, the behavior (transport and or chemical reactions) of radiotracers in vivo is assumed to be linear or approximately linear due to the fact that the mass of the tracer is very small. First-order kinetics can describe the exchange of a radioligand between compartments.



**Fig. 14.4** Two and three compartment models used to describe radiotracer kinetics in vivo. Different terms used to describe the movement of radiotracer in different compartments are listed in Table 14.1

- Since arterial blood delivers radioligand to all tissues, the input function is always the blood time– activity concentration (TAC). Also, the radioligand can pass back and forth freely from the arterial plasma to the free compartment.
- For most radioligands, the nonspecific-binding (NSB) compartment is assumed to be in rapid equilibrium with the free compartment and the two compartments are treated as a single compartment.

A number of parameters used in the modeling equations below and the terms used in the description of 3-compartmental model are defined in Table 14.1

#### **14.2.2.1 Two-Compartment Model**

This model generally represents the movement of the radiotracer between the blood pool  $(C_1)$  into the tissue pool  $(C_2)$ , as shown in Fig. 14.4. The change of tissue concentration of the radiotracer  $(C_t)$  over time is described by the following differential equation.

$$
\frac{dC_{t}}{dt} = K_{1}C_{a} - k_{2}C_{t}
$$
 (14.9)

In the above equation,  $K<sub>1</sub>$  describes the speed of transfer of the ligand from the blood to the tissue and depends on the concentration of the tracer in the plasma  $C$ <sub>a</sub>(t), and on the properties of the transport process (e.g., the activity of carrier enzyme). Because the tracer dose does not saturate the transport process, the transfer from the blood to the tissue is simply given by the product of  $K_{1}C_{a}(t)$ . Similarly, the transport from the tissue to the blood is given by the product of  $k_2 C_t(t)$ .

This two-compartment (or one tissue compartment) model is generally utilized with some minor modifications in the measurement of radiotracer transport across the BBB.

The measurement rCBF is one of the major clinical applications of PET using freely diffusible radiotracers, such as [15O]water. With diffusible radiotracers, the initial tracer activity in the brain is directly related to the blood flow  $(F)$  (Lassen et al. 1978; Raichle et al. 1983). Free diffusion of the tracer also leads to

Parameter	Description	Units
$C_{\rm a}$	Tracer concentration in arterial blood or plasma	$Bq$ mL <sup>-1</sup>
$C_{\rm f}$	Free tracer concentration in tissue	$Bq$ mL <sup>-1</sup>
$C_{\rm t}$	Concentration of free tracer in tissue	$Bq$ mL <sup>-1</sup>
$C_{\rm b}$	Concentration of tracer specifically bound to receptors, enzyme, or metabolically trapped	$Bq$ mL <sup>-1</sup>
$K_{1}$	Kinetic constant for transfer of tracer from blood to tissue $(C_a \rightarrow C_f)$	mL min <sup>-1</sup> $g^{-1}$
$k_{2}$	Kinetic constant for transfer of tracer from tissue to blood $(C_f \rightarrow C_a)$	$L \text{ min}^{-1}$
$k_{\scriptscriptstyle{2}}$	Kinetic constant for conversion of free tracer in tissue to specific binding or metabolic trapping $(C_{\epsilon} \rightarrow C_{\epsilon})$	$L \text{ min}^{-1}$
$k_{4}$	Kinetic constant for the dissociation of specifically bound or metabolically trapped tracer to free L min <sup>-1</sup> tracer in tissue $(C_h \rightarrow C_e)$	
DV	Distribution volume	mL $g^{-1}$ of tissue
$B_{\scriptscriptstyle\rm max}$	Maximum receptor binding capacity	Mol $g^{-1}$
$K_{\rm D}$	Equilibrium dissociation constant	
BP	Binding potential	mL $g^{-1}$
$K_{\rm M}$	Michaelis–Menten constant (substrate concentration at half-maximum velocity)	
λ	Tissue/blood partition coefficient	
Е	Tracer extraction fraction from blood (capillaries) into tissue	Unit less parameter
P	Capillary permeability for the tracer	$cm \text{ min}^{-1}$
S	Capillary surface area	$\rm cm^2\ g^{-1}$

**Table 14.1** Important parameters used in physiological modeling

equilibration of  $C_{\text{t}}$  with that of  $C_{\text{v}}$  (concentration in out flowing venous blood). Thus,  $C_t$  is the same as  $C_v \lambda$ , where  $\lambda$  is the tissue/blood partition coefficient (synonymous with distribution volume) of the radiotracer. As a result, the equation 14.9 is modified to replace  $K<sub>1</sub>$ with *F* and  $k_2$  with  $F/\lambda$ , as shown below.

$$
\frac{dC_{t}}{dt} = FC_{a} - \frac{F}{\lambda}C_{t}
$$
 (14.10)

For radiotracers that are not entirely freely diffusible, the first pass extraction from the blood to the tissue is important. The transfer from the blood to the brain  $(K_1)$ is determined by the product of the blood flow  $(F)$  and tracer extraction fraction (*E*). The relationship between *E*, *S*, *P*, and *F* is given by the Renkin–Crone equation (Crone 1964).

$$
E = 1 - e^{-\frac{PS}{F}} \tag{14.11}
$$

When the tracer arrives in the capillaries, some fraction of it is extracted into the tissue across the capillary walls. This unidirectional extraction fraction (*E*) is a unitless parameter and depends on the capillary permeability (*P*) for the tracer, total available capillary surface area  $(S)$ , and the blood flow  $(F)$ . The extraction fraction, *E* will increase if *S* or *P* increases, but *E* will decrease if blood flow, *F* increases.

#### **14.2.2.2 Three-Compartment Model**

Many radiotracers undergo metabolism (FDG, FDOPA, FLT) or are bound to specific receptors in the brain or some other tissues (Raclopride, Flumazenil, FET, Ga-DOTATOC). For most of the molecular imaging radiotracers, metabolism and specific intracellular binding are the physiological processes of interest. The dynamic behavior of many of these radiotracers in vivo is assumed to follow a standard three-compartment kinetic model (Fig. 14.4) with a single arterial input function and two tissue compartments.

Compartment  $C_1$  represents the arterial concentration of the free, unmetabolized tracer. The passage into the tissue is considered to appear either through passive diffusion in the presence of a concentration gradient or through an active transport mechanism. Compartment  $C_2$  is the first tissue compartment and represents an extra vascular pool of the tracer in the tissue; this tracer is available for binding or further reaction. Compartment  $C_3$  is the concentration of the tracer that is specifically bound to the target molecule  $(C_b)$  or has undergone some chemical reaction or metabolism  $(C_m)$ . The transfer of the radiotracer in these three compartments is described by the following two differential equations.

$$
\frac{dC_2}{dt} = K_1 C_a - (k_2 + k_3)C_2 + k_4 C_3 \qquad (14.12)
$$

$$
\frac{dC_3}{dt} = k_3 C_2 - k_4 C_3 \tag{14.13}
$$

For radiotracers with irreversible metabolism or metabolic trapping (such as FDG and FLT),  $k_4$  is negligibly small, and the total tissue tracer activity,  $C_f(t)$  can be split into two components, the reversible free tracer,  $C_f(t)$  and the trapped metabolized tracer,  $C_m(t)$ .

#### FDG Metabolism: Measurement of MRglc

The technique of measuring MRglc using FDG metabolic intracellular trapping is based on the autoradiographic DG technique (Sokoloff et al. 1977; Phelps et al. 1979). It is important to understand that the transport of FDG and the enzyme mediated reactions are distinct from those for glucose. In order to estimate MRglc, however, the competitive kinetics between FDG and glucose must be taken into account.

In a 3-compartmental model (Fig. 14.4),  $C<sub>1</sub>$  represents FDG in plasma,  $C_2$  represents free FDG in tissue, and  $C_3$  represents FDG-6-phosphate. The basis for using FDG as a tracer to measure FDGglc is because FDG-6-phosphate is not a substrate for further metabolism, unlike glucose-6-phosphate. As a result, with FDG, only the transport and phosphorylation steps are incorporated into this model, and not the remaining steps as in glycolysis. To calculate MRglc, however, measurement of the plasma glucose concentration  $(C_a^{\circ})$ is needed to estimate intracellular glucose levels. A *lumped constant* (LC) was introduced to correct the differences in the in vivo behavior of FDG and glucose. The actual value of LC may vary (0.4–0.8) depending on the tissue (brain, myocardium, tumor) or plasma glucose levels. Based on the measured rate constants for FDG, LC, and  $(C_{a}^{o})$  the MRglc can be calculated, at steady state, using the following equations.

$$
MRglc = \left(\frac{K_1 k_3}{k_2 + k_3}\right) \frac{C_a^0}{LC}
$$
 (14.14)

$$
MRglc = K^* \frac{C_a^0}{LC}
$$
 (14.15)

Since arterial blood sampling is not practical in routine clinical applications, several different approaches have been developed to measure MRglc (Ichise et al. 2001; Mankoff et al. 2003; Acton et al. 2004). The Patlak plot is one approach that is based on a graphical method, which estimates the influx rate constant,  $K_1^*$ using only the time–activity data of dynamic FDG-PET images (Patlak et al. 1983).

#### Receptor Binding

The dynamics of receptor binding studied by PET and SPECT imaging techniques can be analyzed using the 3-compartmental model (Fig. 14.4). In this model,  $C_{\rm a}$  represents the unmetabolized free radioligand in the blood,  $C_f$  (or  $C_2$ ) represents both the free, and the nonspecifically bound radioligand, and finally  $C<sub>b</sub>$  represents only the receptor bound radioligand. The transfer of receptor binding radioligand in a 3-compartment model can be described using the differential equations, shown above  $(14.13 \text{ and } 14.14)$ , in which  $C_2$  represents the free (nonspecifically bound) radioligand, while  $C_3$  represents  $C_b$ , the receptor bound radioligand. The rate constant  $K_1, k_2$ ,  $k_3$  and  $k_4$  are defined as delivery, washout, forward receptor–ligand reaction, and reverse receptor–ligand reaction, respectively. Many of the neuroreceptor ligands are lipophilic and may have nonspecific protein binding in blood or in tissue. Therefore, the fraction of the free ligand in the plasma  $(f_1)$  and the fraction of the free ligand in the tissue  $(f_2)$  that is available for specific receptor binding are important in the calculations.

Unlike the radiotracers that undergo metabolism, with the receptor binding radioligands, SA of the radioligand is very important. Since an unlabeled ("cold") ligand is present in the preparations of many radioligands, the cold ligand competes for the specific receptor binding sites with the labeled radioligand. Therefore,  $k_3$  is very much dependent on the SA of the radioligand, as shown below.

$$
k_3(t) = k_{\text{on}} f_2 \left( B_{\text{max}} - \frac{C_{\text{b}}}{SA} \right) \tag{14.16}
$$

In the above equation, if the SA is high, then  $C_b$ /SA (occupancy of receptors by the labeled compound) is negligibly small, and  $k_3 \approx k_{on} f_2 B_{\text{max}}$ . If the receptor occupancy by the radioligand cannot be disregarded,  $k<sub>3</sub>$ is not constant and the individual variables and constants must be determined separately by compartmental analysis, complicated curve-fitting, and analytic procedures. The clinical imaging studies would then require multiple radioligand injections with different SAs in order to determine the receptor density,  $B_{\text{max}}$  or affinity,  $K_{\text{n}}$  (Heiss and Herholz 2006).

In routine clinical PET or SPECT neuroreceptor imaging studies, with a single radioligand, one can only determine the BP, which is  $B_{\text{max}}$  relative to  $K_{\text{D}}$ .  $(BP = B<sub>max</sub>/K<sub>D</sub>)$ . Also, to prevent saturation effects, the intravenously administered radioligand should preferably bind to only a small fraction  $\langle 5\% \rangle$  of all the available receptor sites. Therefore, it is essential that the radioligand must be prepared in high SA (>1.0 Ci μmole−1) so that the total mass of the ligand administered (labeled + cold ligand) is minimal. Very high SA is especially desirable when the receptor concentration is low, or when the radio labeled agonists are used to image high affinity receptor states. Under these conditions, the BP is related to the kinetic constants, and can be estimated based on the following equation.

$$
BP = \left(\frac{k_1 k_3}{k_2 k_4 f_1}\right) \tag{14.17}
$$

Under equilibrium conditions,

$$
\left(\frac{k_1 k_3}{k_2 k_4 f_1}\right) = \frac{C_{\rm b}}{f_1 C_{\rm p}}\tag{14.18}
$$

The equilibrium *distribution volume* (DV or *V*) of compartment  $C_i$  is defined as the ratio of the tracer concentration in this compartment to the free arterial concentration  $(f_1 C_f)$  at equilibrium. With neuroreceptor imaging studies, we have

$$
V_2 = \frac{C_{\rm t}}{f_1 C_{\rm p}}; V_3 = \frac{C_{\rm b}}{f_1 C_{\rm p}}; V_{\rm T} = V_2 + V_3 \qquad (14.19)
$$

 $V<sub>3</sub>$  in the above equation, is the closest PET and SPECT equivalent of  $BP$  ( $BP = B/F$ ), discussed under classical in vitro conditions, as shown in the equation 14.8. While  $C_3$  represents the receptor bound activity (B), and the product  $f_1C$ <sub>p</sub> represents the free ligand activity in plasma (L) (Ichise et al. 2001; Laruelle et al. 2003). BP was originally defined as a ratio of  $B_{\text{max}}/K_{\text{D}}$  (based on in vitro receptor binding studies) or  $k_3/k_4$  (based on kinetic parameters) (Mintun et al. 1984).

The determination of BP based on the equation for *V*3 , described above, does require an arterial input function based on blood samples to determine (a) the free concentration of the radioligand  $(C_p)$  in plasma, and (b) the free fraction in plasma  $(f_1)$ . At equilibrium, the free radioligand concentration in plasma  $(f_1 C_p)$  can be assumed to be equal to the free radioligand concentration in the tissue  $(f_2 C_i)$ . Since a reliable  $f_i$  measurement is difficult to obtain for many tracers, the term  $f_1$  is often neglected and assumed to be a constant across subjects. This leads to a more practical definition of BP and  $V<sub>3</sub>$ denoted here BP and  $V'_{3}$  (Laruelle et al. 2003)

$$
BP = V_3 = \frac{C_b}{f_1 C_p} = BP' = V_3' = \frac{C_b}{C_p} \qquad (14.20)
$$

In order to avoid blood samples, one can also assume that a reference tissue compartment  $(C_{\text{t, ref}})$  represents both free radioligand and nonspecifically bound radioligand. Now, at equilibrium, the BP can be expressed relative to the free and nonspecific binding in a reference tissue region such as the cerebellum  $(C_3/C_{t,ref})$ (Ichise et al. 2001; Laruelle et al. 2003), as shown below.

$$
BP' = V_3' = \frac{C_b}{C_p} = BP^* = V_3'' = \frac{V_3}{V_2} = \frac{C_b}{C_{t,ref}}
$$
 (14.21)

#### **14.2.2.3 Graphical Analysis Methods**

Graphical analysis (GA) techniques are simple methods for the analysis of data from radiotracer PET and SPECT imaging studies. In the initial evaluation of new radiotracers, they provide a visual way to distinguish between reversible and irreversible types of binding. They also provide considerable ease of computation compared to the optimization of individual model parameters in the solution of the differential equations generally used to describe the binding of radiotracers. GA methods are based on reformulating the model equations so that a linear relationship exists between the data and some quantitative parameter describing the nature of radio tracer binding or metabolism. These methods, however, do require an arterial input function although in some instances a reference region devoid of specific binding sites can be used in place of the plasma input function.

#### Patlak Plot

The theoretical foundation of GA for irreversible tracers was first developed and applied initially for the

estimation of MRglc from dynamic FDG-PET data (Patlak et al. 1983). The method is based on performing linear regression on the total tissue concentration  $(C^*_{\text{p}})$  divided by the plasma concentration at time  $(C^*_{\text{T}})$ , as a function of the integral of the plasma concentration divided by the plasma concentration at time *t* (Table 14.1). The Patlak equation predicts that if one plots:

$$
\frac{C_{\rm T}^*(t)}{C_{\rm P}^*(t)}(\mathbf{y}-\mathbf{axis}) \,\mathbf{vs.} \,\frac{\int_0^t C_{\rm P}^*(t)dt}{C_{\rm P}^*(t)}(\mathbf{x}-\mathbf{axis})\quad (4.22)
$$

The plot (Fig. 14.5), becomes linear over time with a slope of  $K^*$  (the influx constant) describing the transfer of the tracer from the plasma compartment to the irreversible compartment. It is important to note that *K*\* is dependent both on the binding or trapping rate and on the transport rate constants,  $K_1$  and  $k_2$ . The Patlak plot is applicable for radiotracers that are metabolically trapped (FDG, FLT, FDOPA), but not for receptor binding radioligands.

#### Logan Plot

Based on the original work of Patlak, the GA for reversible receptor binding radiotracers was initially developed by Logan and further refinements were proposed by Ichise (Logan et al. 1990; Ichise et al. 1999). In the Logan plot, the integral of the ROI activity over the current ROI activity in the receptor binding tissue is plotted versus the integral of the plasma activity over the current ROI in the receptor binding tissue.

$$
\frac{\int_0^t C_t(\tau)d\tau}{C_t(t)}(y-\text{axis})\,vs.\,\frac{\int_0^t C_p(\tau)d\tau}{C_t(t)}(x-\text{axis})\,\,(14.23)
$$

The plot (Fig. 14.6) eventually becomes linear with a slope equal to the total radioligand volume of the distribution  $(V_T)$ . The time to reach linearity (equilibrium), however, depends on the number of compartments and the nature of the radioligand.

The GA can be extended to obtain a distribution volume ratio (DVR) directly without blood sampling by using a tissue reference region  $(T_{ref})$  instead of the plasma integral. This can be done by rearranging the GA equation for the  $T_{ref}$  to solve for the plasma integral in terms of the  $T_{ref}$  radioactivity. Based on the Logan plots,  $DV_{rec}$  and  $DV_{ref}$  tissue regions can also be determined separately in order to calculate the distribution volume ratio (DVR). Then the BP is given by

$$
BP^* \left( \frac{VD_{rec}}{VD_{ref}} \right) - 1 = DVR - 1 \tag{14.24}
$$



**Fig. 14.5** The Patlak equation predicts that after some time  $t > t^*$ , a plot of total tissue concentration  $(C_p^*)$  divided by the plasma concentration at time  $(C^*_{\tau})$  as a function of the integral of the plasma concentration divided by the plasma concentration at time *t* becomes linear. The plot based on data from Table 14.2 shows that the slope  $K^*$  is 0.036 (Gambhir 2004)





\* The above simulated data is reproduced from Gambhir 2004

**Fig. 14.6** Logan plots of graphical analysis: Time constant for start of the linear analysis for the basal ganglia is 25 min (**a**) and for the cerebellum is 15 min (**b**). The shorter time for the cerebellum is due to its more rapid kinetics



### **References**

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