15 Immunohistochemical Studies

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15.1 Introduction

Several diagnostic methods are necessary in the examination of patients in whom Hirschsprung's disease (HD) is suspected. These are clinical examination, contrast enema, anorectal manometry and rectal biopsy. It has been shown that rectal suction biopsies (RSB) have the highest sensitivity (93%) and specificity (100%) rates in diagnosing HD [1].

Nevertheless the introduction of RSB, whilst making the procedure less traumatic for the patient, has made the diagnosis of HD more difficult for the pathologist. Many histopathologists are reluctant to make a positive diagnosis of HD on the basis of rectal biopsy results, using conventional hematoxylin-eosin stains. This reluctance is due to the doubt as to the amount of submucosa that must be scanned before the absence of ganglion cells can be confirmed as well as the relative difficulty of accurately identifying smaller and sparse submucosal ganglion cells by comparison with the more compact ganglion cells of the myenteric plexus.

The development of histochemical techniques for the detection of acetylcholinesterase (AChE) was a considerable advance in the investigation of HD [2, 3]. HD is histologically characterized by the association between the congenital absence of colonic ganglion cells and an increased AChE expression in the affected bowel. Although a high degree of histochemical accuracy exists in performing AChE histochemistry, results are not always uniform, and false-positive and false-negative results have been reported [4, 5]. Possible causes of false AChE tests may be variability in biopsy site, immaturity of the enzyme system and technical variations [1]. Moreover, in the very young age group investigated for HD, the ganglion cells of the submucosa could be immature and hyperplastic nerve fibers of the lamina propria and muscularis mucosa are not always detectable. Furthermore, ganglion cells may be difficult to distinguish from endothelial or other submucosal cells. Other major factors are first that AChE histochemistry requires fresh-frozen tissue, and second that the interpretation of AChE histochemistry needs a certain level of expertise.

Therefore, alternative diagnostic neuronal markers have been sought to ensure the proper diagnosis of HD on rectal biopsies. These include various new immunohistochemical and histochemical neuronal markers for use in the investigation of bowel specimens, i.e. rectal biopsies and resected bowel.

Generally, immunohistochemistry is a powerful tool for investigation of various antigens using specific antibody–antigen reaction. The basic immunohistochemical methods are direct and indirect immunofluorescence or direct and indirect enzyme immunohistochemistry. Various immunohistochemical markers and special histochemical stains have also been used for research and clinical diagnosis of HD and allied gastrointestinal motility disorders in childhood. A list of neuronal markers discussed in this chapter, and a summary of their distribution and physiological role, are presented in Table 15.1.

Table 15.1 Neuronal markers

15.2 General Markers

15.2.1 Neuron-specific Enolase

Neuron-specific enolase (NSE) is exclusively localized within neurons of mammalian nervous tissue [6, 7]. NSE is supposed to be a selective marker of the degree of neuronal maturity since this molecule is expressed by neurons when they have initiated their specific metabolic and synaptic activities [8]. NSE immunohistochemistry leads to intense staining of ganglia which allows the recognition of small ganglion cells and the overall pattern of microinnervation since it also stains nerve fibers within the circular muscle of the bowel [9, 10]. Therefore NSE immunoreactivity has even been used for the diagnosis of hypoganglionosis and intestinal neuronal dysplasia (IND) on rectal biopsies [11]. On the other hand, it has been stated that immunohistochemical positivity of ganglion cells for NSE is lower than that for protein gene product 9.5 (PGP9.5) [12]. Different results have been reported regarding the usefulness of NSE immunohistochemistry in the detection of hypertrophic fibers in the lamina propria of HD specimens [11, 12]. A most recent study has revealed that NSE stains the increased network of coarse, thickened, and irregular nerve fibers within the affected aganglionic segments [10]. A comprehensive

study of selected markers for the staining of the enteric nervous system (ENS) has revealed that NSE and S-100 are most suitable for clinical application [13].

15.2.2 Protein Gene Product 9.5

The brain-specific protein PGP9.5 is one of the most sensitive markers for identifying ganglion cells. Therefore PGP9.5 is a reliable marker for ganglion cells and nerve fibers of the mucosal and submucosal plexus in bowel biopsies [14]. PGP9.5 staining of the ganglion cell is more intense than NSE staining and PGP9.5 staining of nerve fibers is more intense than S-100 staining [12]. There are significantly reduced numbers of PGP9.5-positive fibers in the smooth muscle of HD as shown by a morphometric evaluation of PGP9.5-positive fibersin paraffin section immunohistochemistry [15]. On the other hand PGP9.5 stains the increased network of coarse, thickened, and irregular nerve fibers within the affected segments of HD [10]. PGP9.5 clearly stains the myenteric plexus in normal bowel and the hypertrophic fibers in HD (Fig. 15.1). PGP9.5 antibody was applied to whole-mount preparations of aganglionic bowel. This study revealed thick PGP9.5-immunoreactive nerve strands mixed with S-100 and neurofilament between the longitudinal and circular

Fig. 15.1 PGP9.5 immunostaining: **a** myenteric ganglia in normal bowel; **b** hypertrophic fibers in HD bowel

muscle as well as within the submucosal layer [16]. The same study showed that immunohistochemical staining of whole-mount preparations enables the differentiation of oligoganglionic segments in HD and hypoganglionosis [16].

15.2.3 Cathepsin D

Cathepsin D is a member of a family of lysosomal acidic proteinases which play a major role in the intracellular catabolism of proteins [17]. Cathepsin D catabolizes neuropeptides such as substance P (SP), somatostatin, β-lipoprotein, and angiotensinogen. Mature and immature ganglion cell bodies within the submucosal and myenteric plexus of the human intestine showed intense granular cytoplasmatic immunoreactivity for cathepsin D [14]. No cathepsin D-immunoreactive cells were detected in aganglionic bowel [18]. Cathepsin D does not stain hypertrophic nerve fibers in aganglionic bowel [13]. Since cathepsin D stains exclusively ganglion cells (mature and immature) is has been suggested as a valuable tool in diagnosing HD.

15.2.4 Neurofilament Proteins

Low (NF-L, 68 kDa), medium (NF-M, 160 kDa) and high (NF-H, 200 kDa) molecular neurofilament proteins (NF) form the neurofilaments, which, together with neurotubules, constitute the cytoskeleton of the neurons [19]. Neurofilament cytoskeleton matures during development and shows an upregulation during late embryonic stages and after birth [20, 21]. NF-H immunoreactivity is not intense in ganglion cells. Nevertheless, antineurofilament antibodies have been used as one of the first immunohistochemical tests in the study and diagnosis of HD. Since some antibodies only recognize specific NF subunits different staining results have been achieved. Normal colon and ganglionic bowel of HD patients show partial staining of some axon bundles within the myenteric and submucosal plexus. In contrast heavily stained hyperplastic nerve bundles are evident in aganglionic bowel in HD [22]. NF-H and NF-M stain the increased network of coarse, thickened, and irregular nerve fibers within the mucosal and submucosal layers of aganglionic segments in HD [10, 23, 24].

15.2.5 Peripherin

The neuronal intermediate filament protein peripherin is expressed in developing and differentiated neurons from birth up to adulthood [25]. A comparative investigation using various antibodies revealed that peripherin is the best for the detection of human submucosal ganglion cells [14]. Peripherin was used to show histopathological differences between classical rectosigmoid HD and total colonic aganglionosis [26].

15.2.6 Microtubule-associated Proteins

Microtubules are major components of the neuronal cytoskeleton [27]. These microtubules are associated with proteins that control tubulin polymerization, regulate microtubule assembly and function and mediate crossbridge formation with NFs [28]. Microtubule-associated protein 5 (MAP5) immunohistochemistry has revealed the features of the normal ENS [27].

MAP5 and microtubule-associated tau protein (tau) were excellent markers of the ENS since they were specifically located in nerve cell bodies and nervous processes of normal intestine as well as aganglionic segments [29]. MAP5 and tau expression was slightly reduced in aganglionic bowel and was evident in the hypertrophied nerve fibers of aganglionic bowel. MAP5 stained the increased network of coarse, thickened, and irregular nerve fibers within the affected segments of HD [10, 27].

15.2.7 Microtubule-associated Tau Protein

Anti-tau staining was achieved in normal ganglion cells of both myenteric and submucosal plexus and within intrinsic nerve fibers of normal controls. Intrinsic nerve fibers were positively stained by anti-tau also in oligoganglionic and aganglionic bowel of HD whereas the hypertrophic (extrinsic) intermuscular, submucosal and subserosal nerve fibers did not stain with anti-tau [24].

15.2.8 Calretinin

Calretinin is a calcium-binding protein which plays a an important role in the organization and functioning of the ENS [30]. Calcium-binding proteins (calretinin, calbindin) are involved in physiological calcium hemostasis. Ganglion cells and their projections express calretinin within the submucosal and myenteric plexus of normal bowel and ganglionic bowel of HD whereas in aganglionic segments of HD a lack of calretinin expression has been shown. The absence of calretinin immunostaining in the nerve fibers also represents a lack of calretinin in related nerve cells, which may serve as a diagnostic tool in the diagnosis of aganglionic segments [10].

15.2.9 Neural Cell Adhesion Molecule

Neural cell adhesion molecule (NCAM) is a cell-surface glycoprotein involved in cell–cell adhesion during devel-

Fig. 15.2 NCAM immunostaining: **a** myenteric ganglia in normal bowel; **b** hypertrophic fibers in HD bowel

opment [31]. NCAM appears on early embryonic cells and is important in the formation of cell collectives and their boundaries at the sites of morphogenesis [32]. It is involved in adhesion between several types of neural cells and their processes and the formation of initial contacts between nerve and muscle.

Strong NCAM activity is found in normal and ganglionic bowel from HD patients, both in the submucous and myenteric nerve plexuses and also in the abundant nerve fibers within the longitudinal and circular muscle layers and in the internal sphincter (Fig. 15.2) [33, 34]. In contrast, in the aganglionic colon NCAM activity is either absent or markedly decreased within both the circular and longitudinal muscles. Hypertrophic nerve trunks express strong NCAM immunoreactivity. The lack of expression of NCAM on nerve fibers within the aganglionic smooth muscle suggests a developmental abnormality of the innervation of the muscle [15].

NCAM staining is a valuable general neuronal marker for the staining of submucous and myenteric plexus and we have found it particularly useful in the diagnosis of allied gastrointestinal motility disorders such as IND (Fig. 15.3) and hypoganglionosis [35]. Furthermore NCAM has been used to stain resected HD bowel specimens in order to discriminate between different staining results within short type, rectosigmoid type and long type HD [36].

15.2.10 Nerve Growth Factor Receptor

Nerve growth factor (NGF) is the best-characterized protein of a family of chemically related molecules (neurotrophins) that play an essential role in the development and function of neurons in the peripheral and central nervous systems [37, 38]. The effects of NGF are transmitted via receptors localized within the cholinergic neurons [39–41]. Nerve growth factor receptor (NGFR) is the transmembrane protein that binds NGF and brings it into the cell [42].

NGFR immunostaining of normal colon demonstrates numerous NGFR-positive nerve fibers in the circular and longitudinal muscle layers and strong NGFR staining of submucosal and myenteric ganglia. NGFR activity is absent or markedly reduced in the muscle layers of aganglionic colon, whereas the hypertrophic nerve trunks are surrounded by a thick NGFR-immunoreactive ring. The NGFR staining technique is useful for the diagnosis of HD and other innervation disorders (Figs. 15.4 and 15.5).

15.2.11 + -activated K⁺ Channels

Small conductance Ca^{2+} -activated K⁺ (SK) channels play a fundamental role in all excitable cells. SK2 and SK3 are

Fig. 15.3 NCAM immunostaining. Suction rectal biopsy with giant ganglion in IND

strongly expressed in normal bowel. Decreased expression of SK3 channels in the aganglionic bowel may contribute to motility dysfunction in HD [43].

15.2.12 Bcl₂

In colon biopsies of patients with different bowel dysmotility syndromes, $Bcl₂$ was found to be the best biomarker to discriminate immature small neurons in the diagnosis of hypoganglionosis and IND [44] since it was clearly expressed in immature small ganglion cells but did not stain, or only faintly stained, mature ganglion cells.

15.3 Cholinergic Markers

15.3.1 Choline Acetyltransferase and Peripheral Choline Acetyltransferase

Acetylcholine (Ach) is the major neurotransmitter in the ENS. Cholinergic nerves mediate increased gut activity,

Fig. 15.4 NGFR immunostaining. Suction rectal biopsy with giant ganglion in IND

such as contraction [45], and are associated with mucosal ion transport [46]. AChE activity is the usual marker of cholinergic nerves and has become a widely accepted technique for diagnosis of HD since it stains the extrinsic fibers which penetrate the aganglionic segment in HD [27, 47, 48]. However it has been shown that AChE stains a variety of cholinergic and noncholinergic peripheral neurons [49, 50]. Choline acetyltransferase (ChAT) is a more specific and reliable marker of cholinergic nerves. ChAT is an enzyme which has been found in relatively small amounts in neural tissue [51]. To date immunocytochemistry for ChAT has been applied to frozen sections, whole-mounts and conventional formalin-fixed, paraffin-embedded human tissue sections [51–54]. Recently a splice variant, peripheral type of ChAT (pChAT) has been described and seems to be especially useful for studying the enteric cholinergic system [55].

Weakly stained ChAT-immunoreactive cells within the lamina propria as well as more strongly stained submucosal and myenteric ganglia are evident in normal human large bowel [54]. Aganglionic bowel sections have very strong ChAT-immunoreactive bundles in the

Fig. 15.5 Suction rectal biopsy. Staining with NGFR, NCAM, AChE and HE reveals submucous hypertrophic nerve trunk with perineurium only stained with NGFR

submucosal and muscularis externa, but mucosal fibers are not ChAT-immunoreactive [54]. This finding is surprising since the increased number of AChE-positive nerve fibers in the mucosal layers serves usually as a diagnostic marker in HD. A recent study using a rapid immunohistochemical technique has revealed that AChE and ChAT antibodies fail to determine cholinergic innervation [56].

15.3.2 Vesicular Acetylcholine Transporter

A very recent study has clearly shown that vesicular Ach transporter (VAChT) is a reliable marker of cholinergic neurons and nerve fibers within the ENS [57]. Furthermore, it has been shown that VAChT-positive cholinergic innervation is far more extensive than previously described in humans [57, 58]. VAChT offers the advantage of investigating cholinergic neurons of the ENS in paraffin-embedded tissue. So far no detailed study has been published using this antibody in the study of HD.

15.4 (Nor)Adrenergic markers (Tyrosine Hydroxylase/Dopamine β-Hydroxylase)

The (nor)adrenergic enzyme tyrosine hydroxylase (TH) has been shown to stain nerve fibers within normal bowel as well as HD bowel [59, 60]. Furthermore, abundant TH-positive hyperplastic fibers have been found in whole-mount preparations of aganglionic bowel [16]. A very recent study has revealed that TH stains normal perikarya of the human ENS whereas dopamine β-hydroxylase is absent from normal ganglion cells, but present in nerve fibers [57].

15.5 Non-adrenergic Non-cholinergic Markers

15.5.1 Nitric Oxide Synthase

Nitric oxide (NO) is the major inhibitory nonadrenergic noncholinergic (NANC) neurotransmitter in the gastrointestinal tract. NO is synthesized by the activation of neuronal NO synthase (NOS) [61]. NOS is abundant in

normal colon and ganglionic bowel of HD. Many nitrergic cells are localized in the myenteric plexus and within nerve fibers of the circular muscle. Submucosal nitrergic cells are mainly localized within the Schabadasch plexus [62]. NOS is colocalized with vasoactive intestinal polypeptide (VIP) in many of the ganglion cells of the myenteric plexus. In contrast, NOS is selectively absent from the plexus area and from the musculature of aganglionic bowel in HD, whereas moderate staining is observed in the hypertrophic nerve bundles in the submucosal layer [63]. These hypertrophic nerves also contain colocalized NOS/VIP-immunoreactive nerve fibers [62]. Numerous studies have shown the almost complete lack of neuronal NOS-immunoreactive nerve fibers in the aganglionic segment in patients with HD, which could prevent smooth muscle relaxation and might cause the lack of peristalsis in HD [61, 64–68].

15.5.2 Carbon Monoxide

Carbon monoxide (CO) is a neurotransmitter produced by heme oxygenase-2 (HO-2) in NANC neurons [69]. HO-2 immunoreactivities are found within the ganglion plexuses and intramuscular nerve fibers in normal bowel and normoganglionic HD bowel. HO-2-immunoreactive neurons have been specifically shown in the myenteric plexus. HO-2 is absent from the submucous and myenteric plexus of aganglionic bowel in HD which suggests that CO is involved in the pathophysiology of HD [70].

15.5.3 Pituitary Adenylyl-cyclase-activating Peptide

Pituitary adenylyl-cyclase-activating peptide (PACAP) acts via some of the VIP receptors [71]. PACAP-27 is capable of causing smooth muscle relaxation in the gut wall [72] and is a marker of NANC innervation.

15.5.4 Capsaicin and Purinergic Receptors

Capsaicin receptor has been isolated and named vanilloid receptor 1 (VR1). VR1 and the purinergic receptor (P2X3) are expressed by sensory neurons. Normal bowel contains VR1-immunoreactive fibers and nerve fascicles, but not cells. Hypertrophic nerves in HD display intense VR1-immunreactivity. P2X3-immunoreactive cell bodies have been detected in normal submucosal and myenteric plexus, whereas only weak P2X3 staining of hypertrophic nerves in HD has been found [73].

15.6 Neuropeptides

15.6.1 Vasoactive Intestinal Polypeptide

VIP is a NANC neurotransmitter [74]. Histological and physiological studies of the human colon have shown that VIP-positive nerve fibers in the circular and longitudinal muscle are inhibitory [75–78]. In a more detailed study, the population of VIP-immunoreactive fibers was 39% in the cecum and 63–65% in the transverse, descending, and sigmoid colon [79]. Further VIP-immunoreactive nerve cell bodies, nerve fibers and nerve endings are found throughout the ganglionic and oligoganglionic bowel in HD. The aganglionic segment of HD contains no VIP-immunoreactive nerve endings and the number of fibers is markedly reduced, and this might contribute to the constriction in the HD colon [80–83].

15.6.2 Substance P

Primary neurotransmitters of the motor neurons in the ENS are Ach and SP for excitatory, and VIP and NO for inhibitory functions [84]. SP has been identified as an excitatory neurotransmitter in human colon [85, 86]. The population of SP-immunoreactive fibers has been reported to be 15–21% throughout the human colon in humans [79]. SP seems to be absent from aganglionic bowel and reduced in IND [83, 87]. The defect of NANC innervation contributes to the motility disorder in HD and allied disorders.

15.6.3 Enkephalin and Gastrin-releasing Peptide

Enkephalin (Enk) and gastrin-releasing peptide (GRP) are part of the excitatory NANC neurotransmission [88]. These two neurotransmitters are moderately expressed in circular and longitudinal muscle of normal bowel. In contrast Enk and GRP are absent from aganglionic bowel and reduced in IND bowel [82, 83]. The reduced expression of NANC excitatory nerves may contribute to the disturbed muscle function in HD and IND.

15.6.4 Calcitonin Gene-related Peptide

The 37 amino acid neuropeptide calcitonin gene-related peptide (CGRP) plays a major role in many physiological and pathological regulatory functions of the ENS including the regulation of gastrointestinal smooth muscles and motility [89–92], sensory functions [93, 94], intestinal microcirculation [95, 96], secretion [97], amino acid absorption [98], lymphatic microcirculation and lymphocyte function [99, 100].

is moderate expression of CGRP-positive nerve fibers within normal bowel which does not differ substantially between ganglionic and aganglionic bowel [82].

15.6.5 Neuropeptide Y

The 36 amino acid peptide neuropeptide Y (NPY) is one of the major peptides in sympathetic neurotransmission [102, 103]. NPY-positive cells are observed in normal human submucosal and myenteric plexus, and a few additional NPY-positive fibers are found within the circular muscle. In contrast, much higher numbers of NPY-positive nerve fibers have been found in aganglionic bowel compared than in normal bowel, particularly in the circular muscle [82, 104]. Furthermore, in HD the concentration of NPY has been shown to be increased in both in the mucosa-submucosa and muscularis externa. These findings illustrate the hyperplasia of extrinsic NPY-positive aminergic fibers in HD [105].

15.6.6 Galanin

The neuropeptide galanin (GAL) is a 29 to 30 amino acid peptide which was originally isolated from porcine small intestine and is distributed within the central and peripheral nervous system [106–108]. In the ENS, GAL immunoreactivity is restricted to enteric nervous cells and nerve fibers [109, 110]. Galanin binds to specific receptors which subsequently causes relaxation and/or contraction [111–113] and regulation of intestinal fluid homeostasis [114, 115]. The expression of GAL-positive nerve fibers has been found to be not different or slightly reduced in HD bowel compared to normal bowel whereas a significant lack of GAL-positive structures has been observed in IND colon biopsies [82, 116, 117]. A recent study revealed an increased population of GAL receptorpositive, parasympathetic nerve fibers in the aganglionic segments of HD as compared to normal controls and IND [117]. This higher GAL receptor density especially in the submucosal layer of HD-affected segments seems to be due to increased parasympathetic activity.

15.7 Markers of Neuron-supporting Cells

15.7.1 S-100 Protein

S-100 proteins belong to a large subfamily of calciumbinding proteins which are evident in the cytoplasm and nucleus within several nervous and non-nervous tissues.

As for many segments of the peripheral nervous system, the expression of S-100 proteins has been demonstrated mostly in the glial cells and Schwann cells of the enteric plexus [118]. Thus S-100 immunohistochemistry displays ganglion cells as prominent negatively stained cells surrounded by immunopositive Schwann cells (Fig. 15.6) [9, 10, 44]. S-100 antibody heterogeneously stains the whole hypertrophic nerve plexus in aganglionic bowel [119]. Although both S-100 and PGP9.5 antibodies detect nerve fibers in the mucosal layers of aganglionic bowel in HD, S-100 immunostaining appears to be more sensitive [12].

15.7.2 Glial Fibrillary Acidic Protein

Supportive cells of the ENS express glial fibrillary acidic protein (GFAP). GFAP immunoreactivity occurs predominantly in association with the myenteric plexus and to a lesser extent with the submucosal plexus of healthy colon. It has been suggested that the myenteric glia share the astroglial character of the central nervous system [44]. The extrinsic, hypertrophic nerve fasciculi of aganglionic bowel are selectively immunostained with GFAP. Therefore the demonstration of GFAP favors the diagnosis of HD [120].

15.8 Synaptic Markers

15.8.1 Synaptophysin

Synaptophysin is an integral membrane protein of the synaptic vesicles facing their cytoplasmatic surface [121]. This protein is an index of specific neuronal function such as storage and release of neurotransmitters. Synaptophysin is a marker of differentiating neuronal cells during prenatal life [19]. Synaptophysin stains submucosal ganglion cells [14].

There is markedly reduced immunoreactivity (i.e. a decreased number of SY-positive synapses) seen in the intestinal smooth muscle layers of transitional, aganglionic, and IND bowel segments, whereas immunoreactive synapses are abundant in the smooth muscle layers of ganglionic colon in HD. SY immunoreactivity also shows ganglion cells and hypertrophic nerve trunks clearly. Rapid SY staining is a simple and consistently reliable method for the intraoperative evaluation of the distribution of synapses in myenteric plexuses as well as smooth muscle layers [122].

Synaptophysin has also been used to study the intrinsic innervation in colonic dysganglionosis. This study showed a markedly decreased number of SY-immunoreactive nerve fibers within the aganglionic bowel and only weak staining of hypertrophic fibers with SY [35]. A later study also failed to detect synaptophysin immunoreactive hypertrophic fibers in aganglionic bowel of HD [119].

Fig. 15.6 S-100 immunostaining: **a** glial cells surrounding normal myenteric plexus; **b** glial cells around hypertrophic nerve fibers in HD

15.8.2 171B5 Protein

Synaptophysin and 171B5 proteins are specific membrane proteins of synaptic vesicles within synapses of the central and peripheral nervous system [121, 123]. Normal bowel shows a dense 171B5-immunoreactive innervation within the circular muscle and a rather weak innervation of nerve fibers within the longitudinal muscle [83]. In contrast, in aganglionic bowel 171B5 immunoreactivity can occasionally be demonstrated in synapses within the lamina propria but in none in the muscularis mucosae [124].

15.9 Specific Staining of Hypertrophic Nerve Fibers in HD

Enlarged submucosal nerve trunks are positively stained by VIP, galanin, NPY, and CGRP immunohistochemistry [125]. VR1 and P2X3 receptor antibodies stain a significant proportion of sensory nerves within the hypertrophic innervation of HD bowel [73].

15.10 Diagnostic and Clinical Use: Recommendations for Diagnosis

It seems to be important to discriminate between the use of immunohistochemistry in diagnosis and research into HD. The potential of immunohistochemistry in morphological and functional research of HD is almost unlimited. In contrast, the true value of immunohistochemistry in the diagnosis of HD seems to be limited. The major aspect of the histological diagnosis of HD is to display the defective innervation. For this reason a marker is needed which stains all existing ganglion cells, even immature and small cells. Furthermore, a reliable marker for hypertrophic extrinsic nerve fibers is necessary. Both of these markers are still missing.

The use of PGP9.5 and S-100 together has been recommended for immunohistochemical diagnosis of HD in formalin-fixed biopsies [12]. The combination of peripherin and S-100 staining has been recommended since peripherin reliably stains submucosal ganglia and S-100 enables the measurement of nerve fiber caliber [14]. Several antibodies, including neurofilament, synaptophysin, peripherin, neural cell adhesion molecule, positively stain ganglion cells [56].

A recent study has shown that the rapid immunohistochemical technique on frozen sections is not suitable for detection of ganglion cells or cholinergic innervation and is therefore not helpful in shortening the diagnosis time during surgery for HD [56]. VAChT antibodies have proved to be very effective in the staining of cholinergic ganglion cells and nerve fibers in paraffin sections. Therefore VAChT should be used in the diagnosis of HD if no frozen material is available.

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