# **Chapter 9 Acute Kidney Injury and Hepatorenal Syndrome**



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## **Introduction**

Patients with liver cirrhosis have a higher risk of developing acute kidney injury (AKI) [\[1](#page-11-0)]. AKI is characterized by a wide spectrum of renal dysfunction, which may involve both a reduction in the glomerular filtration rate (GFR) and some degree of parenchymal kidney damage. AKI in patients with cirrhosis is associated with high morbidity and mortality, and prompt diagnosis and treatment of AKI is crucial in these patients. Type 1 hepatorenal syndrome (HRS-AKI) is a particular form of AKI characterized by severe renal vasoconstriction and associated with a poor prognosis.

# **Definition and Types of AKI in Patients with Cirrhosis**

The definition of AKI requires four components: (a) a biomarker of renal function, (b) a baseline value for this biomarker, (c) a range of changes in this biomarker, and (d) a timeframe of when these changes occur. Serum creatinine (sCR) is still the most frequently used biomarker of renal function in patients with cirrhosis [[2\]](#page-11-1), and the definition of AKI is based on changes in sCR [\[3](#page-11-2)]. Previously, an increase in sCR of at least 50% from the baseline to a final value above 1.5 mg/dl has been used to define AKI in this patient population and has been shown to be a strong predictor of mortality [\[4](#page-11-3)[–6](#page-11-4)]. However, more recently, new criteria have been proposed and validated in the general population, namely, the Kidney Disease Improving Global Outcomes (KDIGO) criteria [[7\]](#page-11-5). These criteria define AKI as an absolute increase

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Subject	Definition
Baseline sCR	A value of sCR obtained in the previous 3 months, when available, can be used as a baseline sCR. In patients with more than one value within the previous 3 months, the value closest to the admission time to the hospital should be used. In patients without a previous sCR value, the sCR on admission should be used as baseline.
Definition of AKI	Increase in $sCR \ge 0.3$ mg/dL ( $\ge 26.5$ mmol/L) within 48 h; or a percentage increase $sCR \ge 50\%$ from a baseline that is known, or presumed, to have occurred within the prior 7 days.
Staging of AKI	<i>Stage 1</i> : Increase in sCR $\geq$ 0.3 mg/dL (26.5 mmol/L) or an increase in $sCR > 1.5$ -fold to 2-fold from baseline <i>Stage 2:</i> Increase in $sCR > 2$ - to 3-fold from baseline <i>Stage 3</i> : Increase of sCR $>$ 3-fold from baseline or sCR $\geq$ 4.0 mg/dL $(353.6 \text{ mmol/L})$ with an acute increase $\geq 0.3 \text{ mg/dL}$ (26.5 mmol/L) or initiation of renal replacement therapy

<span id="page-1-0"></span>**Table 9.1** International Club of Ascites definitions of acute kidney injury in cirrhosis

*sCR* serum creatinine, *AKI* acute kidney injury

of sCR  $\geq$  0.3 mg/dl in 48 h or a percentage increase  $\geq$  50% that occurred (or is presumed to have occurred) in the previous 7 days. The KDIGO criteria also introduced urinary output criteria; however, their applicability in patients with cirrhosis has been questioned due to the avid fluid and sodium retention and oliguria observed in patients with advanced cirrhosis and ascites. Nonetheless, despite these changes, renal function may remain adequate [[3\]](#page-11-2). The KDIGO criteria also provided a staging of AKI according to the increase in sCR: (i) stage 1, an increase in sCR of between 1.5- and 2-fold from baseline; (ii) stage 2, an increase in sCR from 2- to 3-fold from baseline; and (iii) stage 3, an increase in sCR above 3-fold or an increase above 4 mg/dl. The mortality rate increased in a stepwise manner according to the AKI stages. Finally, the progression of AKI to a higher stage was associated with an even worse survival rate [[8,](#page-11-6) [9](#page-12-0)]. The potential benefit of the new criteria is early diagnosis of AKI to enable prompt treatment and reduce the risk of AKI progression, which is associated with a worse prognosis [[8,](#page-11-6) [9](#page-12-0)]. Several studies have validated the KDIGO criteria based on sCR in patients with cirrhosis [\[8](#page-11-6)[–14](#page-12-1)].

The new International Club of Ascites (ICA) AKI criteria proposed the use of modified KDIGO criteria to diagnose AKI in patients with cirrhosis (Table [9.1\)](#page-1-0) [[3\]](#page-11-2). The ICA also based the definition of AKI on the sCR value: the last available preadmission value of sCR obtained in the 3 months before admission. In cases for which no preadmission value of sCR is available, the admission value should be used as a baseline, as other strategies may lead to relevant bias [[15\]](#page-12-2). The staging of the ICA-AKI criteria was similar to that provided by the KDIGO criteria (Table [9.1\)](#page-1-0).

Traditionally, three types of AKI have been considered: (a) prerenal AKI, (b) intrinsic AKI, and (c) post renal AKI [[1\]](#page-11-0). Hypovolemia and hepatorenal syndrome (HRS-AKI) are the two main types of prerenal AKI, whereas acute tubular necrosis (ATN-AKI) is the most common type of intrinsic AKI.

Hypovolemia is the most common type of AKI in patients with cirrhosis followed by ATN-AKI and HRS-AKI. Post renal AKI is rare in patients with cirrhosis.

AKI associated with bacterial infections can show characteristics of hypovolemia, HRS-AKI, or ATN-AKI according to the clinical scenario [[16\]](#page-12-3).

HRS-AKI is the most life-threatening type of AKI and requires prompt diagnosis and treatment [\[17](#page-12-4)]. It is characterized by a severe vasoconstriction of renal arterioles not responding to fluid administration [\[18](#page-12-5), [19](#page-12-6)]. The incidence of HRS in the natural history of cirrhosis is estimated to be 18% after 1 year and 39% after 5 years [\[20](#page-12-7)]. Classically, two clinical types of HRS can be identified [\[18](#page-12-5), [19](#page-12-6)]:

- 1. Type 1 HRS, characterized by a rapidly progressive reduction of renal function, is classically defined by a doubling of the initial serum creatinine (sCR) concentration to more than 226 mmol/l (2.5 mg/dl) in less than 2 weeks
- 2. Type 2 HRS, moderate renal failure (sCR from 133 to 226 mmol/l or from 1.5 to 2.5 mg/dl), with a steady or slowly progressive course, is usually associated with refractory ascites

With the adoption of the ICA-AKI criteria, the cutoff of 2.5 mg/dl required for the diagnosis of type 1 HRS was removed, and it is now defined as HRS-AKI [[3\]](#page-11-2). Conversely, type 2 HRS has been considered to be a form of chronic kidney disease, although this definition is still a matter of debate [[21\]](#page-12-8).

## **Pathophysiology of AKI and HRS in Patients with Cirrhosis**

The following factors render patients with cirrhosis susceptible to the development of AKI and HRS-AKI (Fig. [9.1\)](#page-3-0):

- (a) Severe splanchnic arterial vasodilation
- (b) Reduction in cardiac output
- (c) Systemic inflammation

The "peripheral arterial vasodilation hypothesis" has been considered for several years as the main pathophysiological mechanism of renal dysfunction in patients with cirrhosis [\[22](#page-12-9)]. Portal hypertension causes the release of vasodilators in the splanchnic circulation such as nitric oxide (NO), carbon monoxide (CO), adenomedullin, glucagon, and prostacyclin. The splanchnic arterial vasodilation causes a reduction in the effective circulating volume with subsequent stimulation of baroreceptors and, thus, activation of vasoconstrictor systems including production of catecholamine, activation of the renin-angiotensin-aldosterone system, and nonosmotic release of arginine vasopressin. This results in increased heart rate and cardiac output, with the development of a hyperdynamic circulation, as well as in the retention of sodium and water in the kidney (which causes the development of ascites and peripheral edema). Vasoconstrictor systems ensure the restoration of effective circulating volume. However, in the advanced stages of liver disease, the further increase of splanchnic vasodilation cannot be compensated by an increase in vasoconstrictor system activity. At this time, further water and sodium retention causes the formation of ascites and/or the development of dilutional hyponatremia. In the most

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**Fig. 9.1** Pathophysiology of acute kidney injury in cirrhosis. *ROS* reactive oxygen species, *NO* nitric oxide, *CO* carbon monoxide, *DAMPs* danger-associated molecular patterns, *PAMPs* pathogen-associated molecular patterns

advanced stages, the maximal activity of the vasoconstrictor systems leads to severe renal vasoconstriction, which is the cause of HRS. A precipitating event that can further worsen splanchnic vasodilation, such as a bacterial infection, or the administration of some medications, including nonsteroidal anti-inflammatory drugs (NSAIDs) or angiotensin-converting enzyme inhibitors, can trigger the development of AKI [\[12](#page-12-10), [23](#page-12-11)[–26](#page-12-12)].

In the early years of the twenty-first century, a new hypothesis was added to the splanchnic arterial vasodilation hypothesis. In fact, three hemodynamic studies demonstrated reduced cardiac output in patients who develop HRS-AKI. The first study compared the baseline characteristics of patients who developed HRS after an episode of SBP with those of patients who did not do so [\[27](#page-12-13)]. Patients with HRS had significantly higher levels of plasma renin activity and lower cardiac output as compared with patients who did not develop HRS. It is interesting that the concentrations of tumor necrosis factor alpha (TNF- $\alpha$ ) were significantly higher in patients who developed HRS, highlighting the role of inflammation. The second study was performed in patients with cirrhosis, ascites, and normal renal function. Significantly lower cardiac output and mean arterial pressure and significantly higher plasma renin activity levels were found in patients who had developed HRS vs. those who had not developed HRS [[28\]](#page-13-0). Furthermore, when HRS occurred, a further reduction in cardiac output was observed, suggesting that HRS is the result of a decrease in cardiac output in the setting of severe arterial vasodilation. In the third study, again, a reduction in the cardiac index was found to be a strong predictor of HRS development [[29\]](#page-13-1). The mechanism of cardiac alterations in patients with cirrhosis is still

unclear, but specific cardiac abnormalities including systolic and diastolic dysfunction, changes in electrophysiological repolarization, and enlargement of cardiac chambers were found in affected patients. Overall, these abnormalities are commonly referred to as "cirrhotic cardiomyopathy" [\[30](#page-13-2)].

New data suggest that systemic inflammation is likely to play a central role in both promoting splanchnic arterial vasodilation and reducing cardiac output. In patients with cirrhosis, the main driver of chronic inflammation is the translocation of bacteria from intestinal lumen to systemic circulation [[31\]](#page-13-3). This pathological process is the result of increased gut permeability, intestinal bacterial overgrowth, and changes in microbiome. The translocation of bacteria or bacterial products (pathogen-associated molecular patterns [PAMPs]) stimulates pattern recognition receptors (PRRs) such as toll-like receptors (TLRs) on immune cells, thereby stimulating the production of inflammatory cytokines including TNF-alpha, interleukin-6 (IL-6), and interleukin-1beta (IL-1beta). Studies performed on an experimental model of cirrhosis suggest that these proinflammatory mediators cause oxidative stress and stimulate the synthesis of NO, further enhancing splanchnic arterial vasodilation [\[32](#page-13-4)]. Intestinal decontamination with norfloxacin administration leads to a reduction in the inflammatory mediator plasma concentration as well as a decrease in NO synthesis. This suggests that bacterial translocation is the cause of the inflammatory response. Proinflammatory cytokines are also involved in the pathogenesis of cardiac dysfunction in cirrhosis. In fact, TNF-alpha stimulates the production of NO in the cardiac tissue of cirrhotic rats by exerting a negative inotropic effect [[33\]](#page-13-5). Interestingly, TNF-alpha knockout mice and those treated with anti-TNF-alpha antibodies demonstrated restored cardiac contractility. Finally, it has recently been shown that PAMPs may directly cause renal damage due to the activation of TLR-4 and local inflammation. The latter was demonstrated in both experimental and clinical studies [\[34](#page-13-6), [35\]](#page-13-7). All these data have led experts in this field to introduce a new hypothesis for the development of AKI and other organ failures in patients with cirrhosis: the "systemic inflammation hypothesis" [[36\]](#page-13-8). According to this hypothesis, systemic inflammation is the main driver of AKI. A superimposed precipitating event, such as a bacterial infection, can cause systemic inflammation with a subsequent further increase in splanchnic arterial vasodilation, a depression of cardiac contractility, and a reduction of the effective circulating volume, resulting in renal hypoperfusion. Systemic inflammation can also damage the kidney directly due to the action of inflammatory mediators [\[16](#page-12-3)].

# **Epidemiology and Clinical Features of AKI in Patients with Cirrhosis**

The prevalence of AKI in hospitalized patients with cirrhosis is variable according to the criteria used, and ranges from 20 to 50% [\[1](#page-11-0), [13](#page-12-14)]. About two-thirds of episodes are community-acquired, whereas the remaining are nosocomial [[13\]](#page-12-14). Most of the cases are diagnosed while in stage 1, and progression of AKI occurs in 20–50% of patients [\[8](#page-11-6)[–10](#page-12-15)]. AKI occurs more frequently in patients with ascites and bacterial

infections (the most common precipitating event of AKI) [\[23](#page-12-11), [24\]](#page-12-16). Of the infections, spontaneous bacterial peritonitis (SBP) is the one most frequently associated with the development of AKI and HRS-AKI. Other predisposing factors are less common and include gastrointestinal bleeding or acute alcohol consumption. However, AKI has a significant negative prognostic impact on these subgroups of patients [\[37](#page-13-9), [38\]](#page-13-10). The spectrum of clinical manifestations of AKI may be very different, and sometimes the precipitating event (bacterial infection, GI bleeding, etc.) is the main clinical manifestation. However, sometimes, oliguria and a worsening of ascites may be the trigger. Finally, it should be remembered that hepatic encephalopathy may be the first manifestation of AKI.

#### **Management and Differential Diagnosis of AKI in Cirrhosis**

AKI should be managed according to the algorithm provided by the ICA [\[3](#page-11-2)] (Fig. [9.2](#page-6-0)). This algorithm differentiates between the management of patients according to two groups: those with AKI stage 1 and those with AKI stage 2 or 3.

In both groups, the first steps are to identify and treat potential precipitating factors. Thus, diuretics should be tapered or withdrawn, and a precise diagnostic workup for infection should be performed (paracentesis to rule out SBP, chest X-ray, urinalysis, and blood, urine and ascitic fluid cultures). All potential nephrotoxic drugs (NSAIDs, vasodilators, angiotensin-converting enzyme inhibitors, etc.) should be withdrawn. In patients with AKI stage 1, volume expansion should be administered with crystalloids in cases of dehydration (diarrhea or overdiuresis), packed red blood cells in cases of GI bleeding, and albumin in patients with SBP (1.5 g/kg on day 1 and 1 g/kg on day 3) [[4\]](#page-11-3). In cases of progression to a higher stage, patients should receive the treatment provided for patients with AKI stage  $> 1$ . Diuretics should be withdrawn, and albumin should be administered at a dose of 1 g/kg per day for 2 days. In cases in which there is no response, the main differential diagnosis is between HRS-AKI and ATN-AKI (other types of AKI are quite rare). Patients with ascites, and without several pathological factors including signs of shock, the use of a nephrotoxic drug, and macroscopic signs of kidney parenchymal damage (normal renal ultrasound, no sign of proteinuria, no sign of hematuria) meet the criteria for HRS-AKI (Table [9.2\)](#page-7-0). It should be highlighted that new biomarkers of renal tubular damage have recently become available. Among these biomarkers, urinary neutrophil gelatinase-associated lipocalin (NGAL) is the most investigated in patients with cirrhosis. Urinary NGAL was found to be significantly higher in patients with ATN-AKI than in those with HRS-AKI, with the lowest levels demonstrated in patients with hypovolemic AKI [\[39](#page-13-11)]. More recently, it has been suggested that a combination of several urinary biomarkers such as kidney injury molecule 1, interleukin-18, liver fatty acid-binding protein, and albumin may improve the differential diagnosis among ATN-AKI and other types of AKI. Further studies are needed before urinary biomarkers are included in a diagnostic algorithm of AKI; however, this diagnostic approach is very promising.

<span id="page-6-0"></span>

Fig. 9.2 Management of acute kidney injury in cirrhosis. (Modified from Ref. [3]). AKI acute kidney injury, NSAIDs nonsteroidal anti-inflammatory drugs, **Fig. 9.2** Management of acute kidney injury in cirrhosis. (Modified from Ref. [\[3\]](#page-11-2)). *AKI* acute kidney injury, *NSAIDs* nonsteroidal anti-inflammatory drugs, HRS hepatorenal syndrome *HRS* hepatorenal syndrome

<span id="page-7-0"></span>**Table 9.2** Diagnostic criteria of hepatorenal syndrome acute kidney injury (HRS-AKI) according to International Club of Ascites (ICA) criteria



*ICA* International Club of Ascites, *NSAIDs* nonsteroidal anti-inflammatory drugs, *RBC* red blood cells

## **Management of HRS-AKI**

General management of HRS-AKI should include monitoring the patient's parameters, such as fluid balance, arterial pressure, and vital signs. Treatment of bacterial infections should be started as soon as possible. There are no data supporting the use of empirical antibiotic treatment for unproven infections. When terlipressin is administered, beta-blockers should be discontinued [\[40](#page-13-12)]. Paracentesis with albumin administration can be performed in a patient with HRS and tense ascites, but removing more than 51 per paracentesis is not recommended. The use of diuretics should be avoided, but furosemide may be useful in treating central volume overload. Figure [9.3](#page-8-0) summarizes available treatments for patients with HRS according to the pathogenesis of the condition.

## *Vasoconstrictors Plus Albumin*

The combination of arterial vasoconstrictors with albumin is the most effective and investigated treatment for HRS-AKI [[41\]](#page-13-13). The rationale behind the use of vasoconstrictors is to counteract splanchnic arterial vasodilation, while albumin expands the effective blood volume. However, both clinical and experimental studies suggest that the positive effects of albumin are not only mediated by plasma volume expansion. It has been demonstrated that in patients with cirrhosis and SBP, albumin in comparison to hydroxyethyl starch is capable of increasing cardiac stroke volume and systemic vascular resistance [[42\]](#page-13-14). Conversely, no difference was found before and after the administration of hydroxyethyl starch, suggesting that albumin may improve cardiac output and vascular resistance with mechanisms other than plasma expansion. Experimental animal studies demonstrated that albumin is able to restore

<span id="page-8-0"></span>

**Fig. 9.3** Pathophysiological basis and targets of available treatments for hepatorenal syndrome. *TIPS* transjugular intrahepatic portosystemic shunt, *PAMPs* pathogen-associated molecular patterns, *PRRs* pattern recognition receptors, *HRS-AKI* hepatorenal syndrome acute kidney injury

cardiac contractility in cirrhotic rats and, by a reduction of the  $TNF-\alpha$ -induced activation of the NF-κB-iNOS pathway, diminish oxidative stress in the cardiac tissue [\[43](#page-13-15)]. In fact, albumin has several non-oncotic properties such as the capacity to bind and inactivate PAMPs, NO, and reactive oxygen species [\[44](#page-13-16)]. The importance of the combination of using albumin and vasoconstrictors is supported by a lower rate of positive response when each of these drugs is administered alone [[45\]](#page-13-17).

Three types of vasoconstrictors are currently available for the treatment of HRS: terlipressin, noradrenaline, and the combination of midodrine + octreotide.

Terlipressin, a vasopressin analog, is the most investigated vasoconstrictor in this field. Three randomized controlled trials found that the combination of terlipressin plus albumin is more effective than albumin alone in the treatment of HRS [[46–](#page-13-18)[48\]](#page-13-19). The use of terlipressin and albumin in combination for the management of HRS is reported to be successful in 34–54% of cases. Terlipressin can be administered both as intravenous boluses (starting from 0.5–1 mg every 4–6 h to a maximum dose of 2 mg every 4 h) and as a continuous intravenous infusion (starting from 2 mg/day to a maximum dose of 12 mg/day). Continuous intravenous infusion is associated with a significantly lower incidence of side effects than bolus administration [\[49](#page-14-0)]. It has also been demonstrated that continuous infusion is effective at a lower dose compared to intravenous boluses. These findings are consistent with the short halflife of terlipressin, lasting 3–4 h [[50\]](#page-14-1). Doses of terlipressin should be increased in a stepwise manner if serum creatinine does not decrease at least 25% after 3 days of treatment [[51\]](#page-14-2). Albumin should be administered at the dose of 20–40 g/day. Usually, full response to treatment occurs within 14 days. After discontinuation of terlipressin and albumin, a recurrence of HRS can be observed in about 20% of patients with type 1 HRS, and retreatment is usually effective. Conversely, recurrence of HRS is quite common in patients with type 2 HRS, and treatment should be reserved for the most severe patients ( $sCR > 2$  mg/dl). Some patients with AKI-HRS may require long-term treatment with terlipressin and albumin [\[52](#page-14-3)], and a specific LT allocation policy has been suggested for these patients [[53\]](#page-14-4). Several predicting factors of a positive response to treatment were found, including baseline sCR, bilirubin, and the delta increase in mean arterial pressure on day 3 [[54,](#page-14-5) [55](#page-14-6)]. Additionally, patients who responded to treatment with terlipressin plus albumin demonstrated a better survival rate than non-responders [\[49](#page-14-0)]. In a recent meta-analysis of randomized trials, the use of terlipressin was associated with a trend toward an improve-ment in survival vs. those treated with placebo [\[56](#page-14-7)].

The usual adverse effects of treatment with terlipressin include diarrhea, abdominal cramps, nausea, and headache. Also, some severe side effects, such as angina, cardiac arrhythmia, and intestinal ischemia, have been described. Patients with severe hypertension, ischemic heart disease, and peripheral vascular disease should not be treated with terlipressin.

Midodrine (an  $\alpha$ 1-agonist drug) combined with octreotide (a somatostatin analog) in combination with albumin infusion has been demonstrated as effective in treating HRS-AKI [\[57](#page-14-8)]. Midodrine is administered orally at a dose of 2.5 mg t.i.d., which can be increased to 12.5 mg t.i.d. if there is not a reduction in sCR of at least 25%, compared to baseline at day 3 of treatment. The starting dose of octreotide is 100 mcg t.i.d., and it can be increased to a maximum of 200 mcg t.i.d. The albumin dose is the same as that provided for terlipressin. In a randomized controlled trial, the combination of terlipressin plus albumin was significantly more effective than the combination of midodrine plus octreotide and albumin in treating HRS-AKI (an improvement in renal function of 70 vs. 29%, respectively;  $p = 0.01$ ) [\[58](#page-14-9)]. Thus, this treatment should be considered only in patients with contraindications to terlipressin.

The administration of norepinephrine (administered at a dose of 0.5–3 mg/h) plus albumin has been investigated for treatment in HRS-AKI. The efficacy of noradrenaline was similar to that of terlipressin in treating HRS-AKI [[59\]](#page-14-10). Norepinephrine is cheaper than terlipressin. However, it should be administered in a central venous line and under continuous monitoring, such that its use is limited to patients admitted to the intensive care unit. The treatment with vasoconstrictors plus albumin should be continued until sCR reaches a value below 1.5 mg/dl.

#### *Liver Transplantation*

Liver transplantation (LT) represents the best treatment for HRS-AKI [[60](#page-14-11)]. Unfortunately, the timing of the transplantation procedure is unpredictable, and liver transplant candidates (LTCs) with HRS-AKI should be treated with vasoconstrictor plus albumin while on the waiting list. In fact, LTCs with HRS-AKI responding to terlipressin and albumin while on the waiting list demonstrated a better posttransplantation course, a shorter period of hospitalization, and less requirement for renal replacement therapy (RRT) after LT [\[61\]](#page-14-12). Conversely, in a recent case control study, the use of terlipressin and albumin in patients with type 2 HRS is questioned, as no differences were found in terms of post-LT outcomes between patients treated with terlipressin and those not treated with it  $[62]$  $[62]$  $[62]$ .

Patients with HRS responding to treatment with vasoconstrictors plus albumin may be penalized by a current organ-distribution model based on MELD. In fact, patients with AKI-HRS have a higher mortality rate than other cirrhotic patients for any point of the MELD score [\[63](#page-14-14)]. Furthermore, patients showing continuous recurrence of HRS during any attempt to withdraw vasoconstrictors and albumin may be further disadvantaged [[52\]](#page-14-3). In these two groups of patients, it has been suggested that the peak of sCR be used to estimate the MELD score (for responders to vasoconstrictors) and to compute the MELD score as provided for patients in dialysis (patients on long-term treatment with terlipressin) [\[53](#page-14-4)].

## *Transjugular Intrahepatic Portosystemic Shunt*

Transjugular intrahepatic portosystemic shunt (TIPS) is a technique used to create a shunt between the portal and hepatic veins in the liver. TIPS is usually well tolerated; however, some complications can occur, including thrombosis/occlusion of the shunt, fistulae, hemolysis, infections, and, more commonly, hepatic encephalopathy  $[51]$  $[51]$ .

From a pathophysiological point of view, TIPS is beneficial, because it reduces portal hypertension and increases cardiac output. TIPS improves renal perfusion and water excretion and optimizes sodium and has been reported to reduce serum creatinine in selected patients with HRS [[64,](#page-14-15) [65](#page-14-16)]. However, the applicability of TIPS in patients with HRS is very limited because many affected patients have contraindications to the use of TIPS. Furthermore, the available data regarding the use of TIPS in patients with HRS-AKI are mainly based on case series. Randomized controlled trials are necessary before TIPS can be implemented in clinical practice for patients with HRS.

#### *Renal Replacement Therapy*

The data pertaining to the use of RRT in patients with HRS-AKI are limited. However, if a patient does not respond to vasoconstrictors plus albumin, with volume overload, metabolic acidosis, severe hyperkalemia, and/or hyponatremia, RRT should be considered as an option, particularly for LTCs on the waiting list [\[56](#page-14-7), [66\]](#page-14-17). No data are available regarding the optimal technique of RRT (intermittent hemodialysis vs. continuous RRT) in these patients. However, it has been suggested that continuous RRT may be the better option given the lower risk of hypotension as compared to the risk with intermittent hemodialysis. In patients who are not eligible for liver transplantation, the decision to perform RRT should be made on a case-bycase basis in order to avoid rendering futile treatment.

#### **Key Points**

- 1. Patients with cirrhosis have a high risk of developing acute kidney injury (AKI), which is associated with a poor prognosis. The higher the stage of AKI, the higher the mortality rate.
- 2. Bacterial infections (in particular, spontaneous bacterial peritonitis) are the most important trigger of AKI in patients with cirrhosis. Other triggers are an overdose of diuretics, the presence of gastrointestinal bleeding, and the use of nephrotoxic drugs (nonsteroidal anti-inflammatory drugs, ACE inhibitors, aminoglycosides, etc.).
- 3. Hepatorenal syndrome AKI (HRS-AKI) is a specific type of AKI occurring in patients with cirrhosis and ascites. HRS-AKI is characterized by severe renal vasoconstriction with renal hypoperfusion, without macroscopic signs of intrinsic kidney injury.
- 4. Liver transplantation is the optimal treatment for HRS-AKI. The use of vasoconstrictors plus albumin is the most effective medical treatment for HRS-AKI, being effective in about 50% of cases.

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