

Chapter 16

The Adenosine-Receptor Axis in Chronic Pain



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Abstract Chronic pain is a widespread problem that plagues an estimated 10 to 30% of the world's population. The current therapeutic repertoire is inadequate in managing patient pain with narcotic use resulting in a drug overdose epidemic, affirming the need for the development of new therapeutics. Adenosine and its four cognate receptors (A_1 AR, A_{2A} AR, A_{2B} AR, and A_3 AR) play essential roles in physiological and pathophysiological states, including chronic pain. For decades, pre-clinical and clinical studies have revealed that adenosine and A_1 AR- and to a lesser extent A_{2A} AR-selective agonists have analgesic properties, yet their therapeutic utility has been limited by adverse cardiovascular side effects. There is no evidence that A_{2B} AR plays a role in pain. Recent preclinical studies have demonstrated that selective A_3 AR agonists result in antinociception in models of acute and chronic pain while lacking unwanted side effects. These exciting preclinical observations of A_3 AR agonists have been bolstered by clinical trials of A_3 AR agonists in other disease states including rheumatoid arthritis and psoriasis that suggests a clinical benefit without cardiotoxicity. Our goal herein is to briefly discuss adenosine and its receptors in the context of pathological pain and examine what is known at present regarding A_3 AR-mediated antinociception. We will highlight recent findings pertaining to A_3 AR in pain and describe possible pathways by which A_3 AR may mediate its effects and the current state of selective A_3 AR agonists used in pain studies. The adenosine-to- A_3 AR pathway represents an important endogenous system that can be targeted to provide safe, effective pain relief in patients suffering with chronic pain.

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16.1 Introduction

Chronic pain afflicts an estimated 10% of the world's adult population (Goldberg and McGee 2011) and approximately 30% of American adults with an estimated societal cost in the billions annually (Institute of Medicine 2011). The current therapeutic approaches for chronic pain include but are not limited to the use of NSAIDs, antidepressants, anticonvulsants, and opioid pain relievers; however, these strategies are frequently inadequate and/or are associated with side effects that reduce quality of life. Escalating doses are needed to produce analgesic efficacy, while side effects and potential addiction often result in the discontinuation of therapy (Goldberg and McGee 2011; Pizzo and Clark 2012). There is a desperate need for novel therapeutics that engage molecular targets in the nociceptive and inflammatory pathways that will not result in unwanted side effects nor result in severe analgesic tolerance. Adenosine and two of its associated adenosine receptor (AR) subtypes, A₁AR and A_{2A}AR, have been investigated for their ability to inhibit pain with varying degrees of success but lack a useful therapeutic index due to cardiovascular side effects and are not being currently pursued for pain. However, the A₃ subtype, A₃AR, has resulted in preclinical antinociceptive efficacy in a variety of pain models (Ford et al. 2015; Janes et al. 2014b, 2015; Little et al. 2015; Yoon et al. 2004) and has demonstrated efficacy and safety in trials for non-pain conditions including psoriasis, hepatitis, rheumatoid arthritis, dry eye, and glaucoma. Hence, A₃AR agonists have clinically acceptable therapeutic indices that may be suitable for the treatment of chronic pain (Fishman et al. 2012). Importantly, such compounds lack rewarding behavior removing the potential for addiction and show long-term efficacy after sustained use (Little et al. 2015). The aim of this review is to summarize the existing literature on adenosine and its receptors in the context of pain with a particular emphasis on A₃AR and its prospect as a novel solution to the problem of chronic pain management.

16.2 Adenosine Production and Metabolism

The endogenous purine nucleoside adenosine through its cognate receptors is a potent regulator of a wide variety of physiological processes affecting nervous (Boison 2013, 2016; Gomes et al. 2011; Wei et al. 2011), cardiovascular (Headrick et al. 2011), renal (Vallon and Osswald 2009), immune (Hasko et al. 1998; Hasko et al. 1996), and cell cycle (Fishman et al. 2009) functions. In the central nervous system (CNS), extracellular adenosine provides neuroprotective, anti-inflammatory,

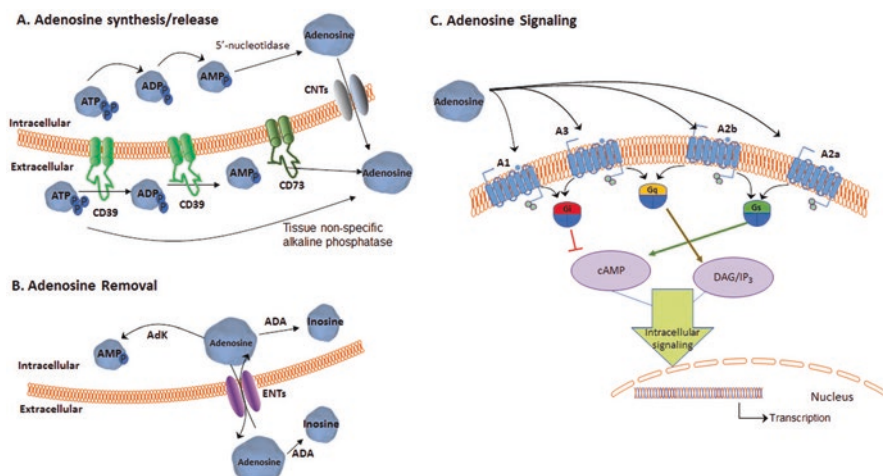


Fig. 16.1 Adenosine synthesis and metabolism. (a, b) ATP is released from various cell types in response to a number of stimuli. The phosphate groups of ATP can then be sequentially removed giving rise to ADP, AMP, and then adenosine. Ectonucleotidases (CD39, CD73) feed into this pathway by hydrolyzing nucleotides to adenosine for transport back into the cell via equilibrative nucleoside transporters (ENTs) or concentrative nucleoside transporters (CNTs). In the intracellular space, adenosine can be converted to AMP (by adenosine kinase, AdK) which in turn is catalyzed to AMP and then ATP or deaminated to inosine by ADA. Intracellular adenosine can be generated from AMP by 5'-nucleotidase. (c) Extracellular adenosine can act on its cognate receptors (ARs: A₁, A_{2A}, A_{2B}, and A₃)

and neuromodulatory effects by regulating glial activity (Cunha 2008; Dias et al. 2013) and glutamatergic, GABAergic, cholinergic, and dopaminergic neurotransmission (Sebastiao and Ribeiro 1996). The extracellular *function* of adenosine is tightly regulated by homeostatic control of the intracellular/extracellular adenosine gradient and the local adenosine receptor profile (Deussen et al. 1999; Zimmermann 2000).

Adenosine is produced by nearly all cells (Zimmermann 2000) through intracellular and extracellular metabolic pathways (Fig. 16.1). Intracellular adenosine is generated either by the dephosphorylation of AMP via soluble 5'-nucleotidases or S-adenosylhomocysteine (SAH) hydrolysis (Latini and Pedata 2001). In the CNS, soluble 5'-nucleotidases activity appears to be the predominate route of intracellular adenosine production (Engler 1991). Extracellular generation of adenosine arises from the dephosphorylation of ATP by ectonucleotidase activity within the extracellular space. Upon its extracellular release during neurotransmission or in response to cellular injury (Ballarin et al. 1991; Engler 1991; Latini and Pedata 2001), ATP is first dephosphorylated by ectonucleoside triphosphate diphosphohydrolases (CD39 family) to AMP and then to adenosine by ecto-5'-nucleotidase (CD73) (Bonan 2012; Robson et al. 2006). Alternatively, extracellular adenosine can be generated by tissue-nonspecific alkaline phosphatase dephosphorylation of any of the adenosine nucleotides (Sebastian-Serrano et al. 2015).

Basal levels of extracellular adenosine within the CNS are maintained around 25–250 nM (Dunwiddie and Masino 2001). This is accomplished by sodium-coupled influx of adenosine through concentrative nucleoside transporters (CNT/Slc28) (Bonan 2012; Choi and Berdis 2012) or by passive influx/efflux of adenosine down its gradient through the ubiquitous equilibrative nucleoside transporters (ENT1/Slc29A1 and ENT2/SLC29A2) (Brundege and Dunwiddie 1998; Peng et al. 2005). The adenosine gradient for ENT function is established by the balance of adenosine production as already described and the depletion of its intracellular stores by adenosine kinase (AdK) phosphorylation of adenosine (Spychala et al. 1996) and catabolism by adenosine deaminase (ADA) to inosine (Blackburn and Kellems 1996). AdK and ADA limit the physiological half-life of adenosine to <1 s (Moser et al. 1989) to establish a normally inward driving adenosine gradient. Studies have revealed AdK is a major driving force for both intracellular and extracellular adenosine (Boison 2016). The expression of AdK in neurons during development of the nervous system is necessary for neurite outgrowth and synaptic formation; but during postnatal development, AdK expression shifts primarily to astrocytes where it is involved in maintaining adenosine homeostasis (Studer et al. 2006). Inhibiting AdK activity significantly increases the intracellular concentrations of adenosine, which reverses its gradient and drives it out through the ENT channels into the extracellular space (Keil and DeLander 1992; Zhang et al. 1993). Consequently, efforts have been made to target AdK activity for the treatment of a number of neuropathologies (Boison 2008b, 2013, 2016; Kowaluk et al. 1999). In pain, pharmacological inhibition of AdK in the CNS results increased the ENT-dependent release of adenosine, which in turn attenuated spinal nociceptive transmission (Otsuguro et al. 2015). Moreover, enhancing endogenous adenosine signaling using AdK inhibitors has been shown to be efficacious in rodent models neuropathic pain (Kowaluk et al. 2000; Little et al. 2015; McGaraughty et al. 2005).

16.3 Adenosine Receptors

Adenosinergic signaling is mediated through four cognate G protein-coupled receptors: A₁, A_{2A}, A_{2B}, and A₃AR. The A₁A and A₃A receptor subtypes couple to G_{oi} to inhibit adenylate cyclase formation (Boison et al. 2010; Fredholm et al. 2011). However, there is evidence that A₃AR also associates with G_{αq}/11 to stimulate phospholipase C (Parsons et al. 2000). In contrast, A_{2A} and A_{2B} receptor couple to G_s and stimulate adenylyl cyclase and produce elevations in intracellular cAMP (Fredholm et al. 2001).

In the CNS, A₁AR is widely expressed in the brain and superficial laminae of the spinal cord dorsal horn (Gessi et al. 2011). The expression of A₁AR is highest in neurons (Cunha 2001, 2005) where it is expressed on both the presynaptic and postsynaptic membrane (Cunha 2001, 2005; Gessi et al. 2011) and associated with the modulation of neurotransmission by reducing the presynaptic release of glutamate and increasing the postsynaptic hyperpolarization (Cunha 2005). In glia, A₁AR

expression is downregulated in multiple sclerosis (Johnston et al. 2001) and the dorsal horn of the lumbar spinal cord following plantar incision, a model of postoperative pain (Yamaoka et al. 2013). However, A_1 AR has also been shown increase in the dorsal horn following traumatic nerve injury (Yamaoka et al. 2013). These findings suggest receptor expression is differentially regulated depending on the nature of the injury. This is further supported by findings that in primary mouse microglia, A_1 AR expression increases in response to ATP but reduced following exposures to endotoxin (Luongo et al. 2014). From a clinical standpoint, it is important to note that A_1 AR is also highly expressed in cardiovascular tissue, particularly the atrioventricular node, which is associated with A_1 AR-mediated high-grade atrioventricular block mediated following treatments with A_1 AR agonists (Kiesman et al. 2009).

A_{2A} AR expression in the brain on striatal postsynaptic neurons, hippocampal and cortical presynaptic neurons, and glial cells (Rebola et al. 2005; Svenningsson et al. 1997). The expression of A_{2A} AR can increase following hypoxia, spinal cord injury, and streptozotocin-induced diabetes (Janes et al. 2014b). In monocytes/microglia, the expression of A_{2A} AR is enhanced by pro-inflammatory mediators such as IL-1 β and TNF- α (Morello et al. 2006). In the cardiovascular system, the epithelium of coronary blood vessels express A_{2A} AR and exert vasodilatory effects in response to A_{2A} AR agonists (Fredholm et al. 2011; Gao and Jacobson 2007; Jacobson and Gao 2006).

Collectively, A_{1A} AR and A_{2A} AR comprise the bulk of the adenosine receptor expression the CNS (Gomes et al. 2011). In contrast, the lower-expressed and lower-affinity A_{2B} AR is found in the neuroimmune cells of the CNS and within the cardiovascular system. A_{2B} AR activity in microglia is associated with IL-6 expression and microglial proliferation (Merighi et al. 2017). However, A_{2B} AR transcript in the cortex of a normal mouse brain has been reported to be expressed mainly in astrocytes and oligodendrocyte progenitor cells (Zhang et al. 2014).

Species-specific differences exist for A_3 AR structure and distribution. In rats, A_3 AR expression is highest in testis and mast cells, whereas in humans, A_3 AR expression is highest in the liver and lung (Borea et al. 2015). High expression of A_3 AR has been reported in human coronary and carotid arteries (Grandoch et al. 2013; Hinze et al. 2012) and several studies have found A_3 AR signaling is cardioprotective during ischemic injury (Cross et al. 2002; Harrison et al. 2002; Headrick and Peart 2005; Thourani et al. 1999a, b; Tracey et al. 1997) and doxorubicin-induced cardiotoxicity (Shneyvays et al. 1998, 2001). In the CNS, A_3 AR is expressed at much lower levels than A_{1A} AR and A_{2A} AR. However, A_3 AR has higher expression on many immune cell types, including glial cells (Abbracchio et al. 1997; Ochaion et al. 2009; Poulsen and Quinn 1998), and can be found on both peripheral (Ru et al. 2011) and central neurons (Giannaccini et al. 2008; Jacobson et al. 1993; Lopes et al. 2003; Zhang et al. 2010) of the brain and spinal cord (Borea et al. 2015; Haeusler et al. 2015). In pain-processing centers, A_3 AR transcript and protein have been identified in the lumbar spinal cord and rostral ventromedial medulla (RVM) (Little et al. 2015).

The expression and distribution of adenosine receptors throughout the CNS and on cells responsible for pathophysiological changes within the CNS during development and maintenance of pain (Cao and Zhang 2008; Nagata et al. 2009; Obata and Noguchi 2008; Watkins et al. 2001) provide unique advantages to targeting these receptors. However, as will be discussed, activation of many of these receptors provides similar effects in models of pain despite differences in the coupling mechanisms of these receptors. These similarities may be due to their tissue distribution, expression regulation under pain conditions, the components of the microdomains in which they associate, and the endogenous ligands to which they respond such as the partial agonism of inosine at A₁AR and A₃AR.

16.4 Adenosine and Pain

The analgesic effects of adenosine have been known for many years now. In the clinic, intrathecal adenosine provided sustained relief for several hours to months of chronic neuropathic pain (Hayashida et al. 2005). Adenosine and its analogues have consistently been shown to inhibit pain behavior in a number of neuropathic and inflammatory pain models arising from various etiologies, such as spinal cord injury, spinal nerve ligation, and exposure to mustard oil, formalin, or carrageenan (Dickenson et al. 2000). The beneficial effects of adenosine have been associated with its regulation of excitatory neurotransmission, persistent neuronal signaling, and glial activation and proliferation (Boison 2008a; Boison et al. 2010; Cunha 2005; Daniele et al. 2014; Studer et al. 2006). Despite the promising data from animal pain models and early clinical chronic pain studies, the effectiveness of adenosine therapy for the prevention of postoperative pain has been mixed. Prophylactic intravenous administration of adenosine prior to surgical procedures conferred persistent pain relief in several studies (Gan and Habib 2007; Hayashida et al. 2005), but not in others (Habib et al. 2008). Moreover, intravenous adenosine therapy is associated with serious adverse cardiac side effects (Zylka 2011) limiting its utility. Thus, evaluating the receptor subtypes involved in order to separate the antinociceptive adenosinergic signaling from cardiovascular adenosinergic effects is important in developing adenosine-based therapeutics in pain.

16.4.1 A₁AR and A_{2A}AR in Pain

Despite demonstrated preclinical efficacy in several pain models, agonists of A₁AR and A_{2A}AR have not been the focus of clinical trials due to their potential cardiotoxicity (Chen et al. 2013; Fredholm et al. 2011; Sawynok 1998; Varani et al. 2017; Zylka 2011). Yet, these receptors have played an important role in evolving our current understanding of adenosine-mediated antinociception. Prior studies attributed the adenosine antinociception to the activation of the A₁ and A_{2A} receptor subtypes

(Sawynok 2013, 2016; Zylka 2011). For example, genetic knockout of A_1AR s elicits thermal hypersensitivity and exacerbates neuropathic behavioral responses to cold and heat (Wu et al. 2005). In contrast, A_1AR activation alleviates nerve injury-induced pain (Cui et al. 1997; Gong et al. 2010), perioperative pain (Gan and Habib 2007), inflammatory pain (Sowa et al. 2010), central pain following spinal cord injury (Sjolund et al. 1998), complex regional pain syndrome type I (CRPS-I) (Martins et al. 2013), and painful diabetic neuropathy (Katz et al. 2015; Vincenzi et al. 2014) in preclinical models. Intrathecal administration of an A_1AR agonist reduced non-evoked spontaneous pain behaviors resulting from a surgical model of pain (Zahn et al. 2007). Repeated sessions of high-intensity swimming exercise increased endogenous adenosine levels, which played a role in the attenuation of mechanical allodynia in an animal model of CRPS-I (Martins et al. 2013). Intervention with the adenosine deaminase inhibitor erythro-9-(2-hydroxy-3nonyl) adenine (EHNA), which limits adenosine degradation, enhanced the pain-relieving effects of swimming through mechanisms involving A_1AR (Martins et al. 2013). Intravenous infusions of adenosine in humans reduced some aspects of neuropathic pain and were shown to decrease postoperative pain mainly through the A_1AR (Gao and Jacobson 2007). The preclinical robustness of A_1AR pain relief resulted in clinical trials for multiple A_1AR agonists and an A_1AR allosteric enhancer; however, these drug trials were discontinued due to limited efficacy, presumably driven by a low therapeutic index (Gessi et al. 2011; Romagnoli et al. 2010). Recently, additional novel allosteric enhancers of the A_1AR , including TRR469, have demonstrated antinociceptive efficacy in two preclinical models of acute pain, writhing and formalin tests, and in chronic streptozotocin-induced diabetic neuropathy (Vincenzi et al. 2014). These data suggest that A_1AR allosteric enhancers may still be promising candidates to treat acute and chronic pain, with the potential advantages of their unique mechanism of action and lack of side effects. TRR469 dramatically increases adenosine affinity in mouse spinal cord membranes, suggesting the possibility of exploiting the antinociceptive effect of endogenous adenosine in a physiological way (Vincenzi et al. 2014).

Controversy surrounds the role of $A_{2A}AR$ in nociception/antinociception. Depressed responses to acute pain stimuli were observed in mice lacking the $A_{2A}AR$ (Ledent et al. 1997). Similarly, an intracerebroventricular injection of an $A_{2A}AR$ -targeted antibody with agonist-like activity produces antinociceptive effects in naïve mice (By et al. 2011). Peripheral administration of an $A_{2A}AR$ agonist is associated with nociceptive behaviors (Taiwo and Levine 1990), whereas very low doses of $A_{2A}AR$ agonists promote reversal of nerve injury-induced pain in rats for weeks after a single spinal injection (Loram et al. 2009). In models of postsurgical pain (Zahn et al. 2007) and inflammatory pain (Poon and Sawynok 1998), intrathecal administration of $A_{2A}AR$ agonists had limited antinociceptive efficacy. At the clinical level, a phase II trial of an oral $A_{2A}AR$ agonist BVT-115959 in the treatment of diabetic neuropathy was completed in 2008 (Gao and Jacobson 2011); no further data has been provided at this time. The differing observations of $A_{2A}AR$ agonists in pain highlight an apparent dichotomy of peripheral versus central $A_{2A}AR$ s in pain signaling.

Unfortunately, a narrow therapeutic focus on only two of the AR subtypes has contributed to a decade of failed preclinical and clinical development efforts. Indeed, a focus on the A₁ and A_{2A} receptors has failed to harness adenosine antinociception effectively and without cardiovascular side effects (Boison 2013; Zylka 2011). In response, we anticipate that a greater emphasis on the A₃ receptor may provide an answer to the question of whether adenosine antinociception can provide safe, clinical pain relief. Recently, the combination of an A₁AR agonist and an A₃AR agonist demonstrated highly potent analgesic activity using a preclinical model of formalin-induced flinching (Petrelli et al. 2017). The combining of both A₁AR and A₃AR agonistic activity in one single molecule may act synergistically reducing the overall dose and therefore reduce the A₁AR-induced cardiotoxicity.

16.4.2 A₃AR and Pain

The A₃AR is a rapidly growing focus in the area of pain. Early literature was confounded by results gleaned from A₃AR-targeted compounds with poor specificity (Sawynok et al. 1997, 1999) or from a single study performed in A₃AR^{-/-} mice (Wu et al. 2002). To inform the progress of A₃AR development, it is important to clarify the findings of these initial studies. In the earliest paper published in 1997 examining the contribution of A₃AR in pain, Sawynok and colleagues reported that subcutaneous administration of N⁶-benzyl-NECA into the hindpaw of rodents produces a dose-related increase in nociceptive flinching behavior (Sawynok et al. 1997). It was found that this behavior was blocked by inhibitors of the histamine H₁ receptor and of 5-hydroxytryptamine₂ (5-HT₂), but was not modified by A₁AR or A_{2A}AR antagonists. The authors speculated that A₃AR activation was responsible for the pro-nociceptive response, possibly by inducing mast cell degranulation (Sawynok et al. 1997). However, there was no evidence that linked A₃AR to the effects of N⁶-benzyl-NECA. Moreover, N⁶-benzyl-NECA is not selective for A₃AR (Gallo-Rodriguez et al. 1994). In the follow-up studies in 1999, the effects of N⁶-benzyl-NECA were not influenced by an A₃AR antagonist (MRS1191) but rather abrogated by an A_{2B}AR antagonist. These results suggest that the pro-inflammatory, pro-nociceptive effect of N⁶-benzyl-NECA was likely due to activation of the A_{2B}AR, a subtype previously implicated in inflammation (Feoktistov and Biaggioni 2011). Unfortunately, the notion of A₃AR-mediated pro-nociceptive effects remained. The erroneous notion that A₃AR activation led to pain and inflammation was further supported by a study in 2002 characterizing the development of carrageenan-induced paw edema and hyperalgesia in the A₃AR^{-/-} mouse. This study reported a minimal increase in thermal hyperalgesia compared to wild-type control animals, but no observable differences in the normal (protective) nociceptive response of A₃AR^{-/-} animals to indicate that A₃AR is not physiologically involved in modulating normal nociception (Wu et al. 2002). However, a year later, another study revealed decreased hot plate but not tail-flick responses of A₃AR^{-/-} mice (Fedorova et al. 2003).

The notion of the A₃AR-mediated pro-nociceptive effects was challenged when more selective A₃AR agonists, such as IB-MECA (*N*⁶-(3-iodobenzyl)-adenosine-5'-N-methyluronamide), began to be employed in pain models. IB-MECA is 50-fold more selective for A₃AR over rat A₁AR or A_{2A}AR, whereas *N*⁶-benzyl-NECA only displays 14-fold selectivity (Gallo-Rodriguez et al. 1994; Jacobson 1998). A single investigation in 2005 reported that systemic administration of IB-MECA had no effect on normal nociception nor in the first phase of the formalin test but exerted significant antinociceptive effects on the second phase of the formalin test (Yoon et al. 2005). In a follow-up report, it was noted that intrathecal administration of an A₃AR antagonist (MRS1220) prevented the antinociceptive actions of adenosine in the second phase of the formalin test, supporting a role for spinal A₃ARs in the effect of adenosine (Yoon et al. 2006). No other papers were published between 2006 and 2012 that examined the contribution of A₃AR in pain.

In 2012, we revisited the A₃AR hypothesis and demonstrated that selective activation of A₃AR exerts potent antinociceptive effects in models of neuropathic pain (Chen et al. 2012; Little et al. 2015), validating the observations in models of non-neuropathic pain states (Yoon et al. 2006). Both IB-MECA and CI-IB-MECA blocked the development of mechano-allodynia following chronic constriction injury (CCI), which was attenuated by an antagonist of A₃AR but not of A₁AR or A_{2A}AR (Chen et al. 2012). Moreover, low doses of IB-MECA that lacked analgesic effects provided profound increases in the analgesic potency of morphine, gabapentin, and amitriptyline when coadministered (Chen et al. 2012). The antinociceptive effects of IB-MECA and CI-IB-MECA have since been corroborated with even more selective A₃ agonists, such as MRS1898 (>100-fold over A₁AR or A_{2A}AR (Gao et al. 2009)) and more recently MRS5698 (>10,000-fold over A₁AR or A_{2A}AR (Tosh et al. 2012)), in rodent CCI, spared nerve injury, and spinal nerve ligation neuropathic pain models (Chen et al. 2012; Ford et al. 2015; Little et al. 2015). The loss of MRS5698 antinociception in the A₃AR^{-/-} mouse or in the presence of the specific A₃AR antagonist, MRS1523, corroborates the specificity of these newer-generation compounds as A₃AR antinociceptive agents (Little et al. 2015). Indeed, these pharmacological tools have facilitated a better understanding of the levels at which A₃AR functions to attenuate pain: A₃AR agonists administered via intradermal (ipsilateral paw) injection (IB-MECA, 3–60 nmol), intrathecal cannula (MRS5698, 3–60 nmol), or RVM cannula (MRS5698, 0.3–3 nmol) dose-dependently attenuate CCI-induced mechanical allodynia (Little et al. 2015). Systemic administration of a peripherally restricted A₃AR agonist also reverses CCI-induced peak mechanical allodynia, and the inability of an intrathecal A₃AR antagonist to reverse this effect validated its peripheral site of action (Paoletta et al. 2013). Conversely, antinociception conferred via systemic administration of the CNS-permeant MRS5698 is attenuated with intrathecal or intra-RVM delivery of an A₃AR antagonist, highlighting the dual peripheral and central roles of A₃AR in antinociception (Little et al. 2015). Further studies are warranted to explore the relationship between peripheral and central A₃ARs in pain.

The beneficial effects of A₃AR agonists extend to number of cancer-related pain states. In models of neuropathic pain associated with the administration of chemo-

therapeutics (chemotherapy-induced peripheral neuropathy, CIPN), IB-MECA (Chen et al. 2012; Janes et al. 2014b) and MRS5698 (Janes et al. 2015; Little et al. 2015; Wahlman et al. 2018) blocked the development of neuropathic pain. Similar antinociceptive effects were provided by CI-IB-MECA (Varani et al. 2013) and MRS5698 (Little et al. 2015) in rodent models of pain associated with breast cancer bone metastasis. Interestingly, A₃AR agonists do not interfere with antitumor effects (Chen et al. 2012) but instead are in themselves antitumor agents. High expression of A₃AR is detected on many malignant cell types and accordingly A₃AR agonists have been shown to produce direct anticancer effects on their own and have been documented to enhance the actions of several widely used chemotherapeutics and attenuate the associated myelosuppression (Fishman et al. 2002, 2009, 2012). CI-IB-MECA was shown to reduce tumor growth in the rat model of breast cancer bone metastasis (Varani et al. 2013). Indeed, CI-IB-MECA is currently in phase II clinical trials for hepatocellular carcinoma as an anticancer agent. Therefore, the use of A₃AR agonists may provide dual benefits in the treatment of a variety of cancer-related pain states.

The antinociceptive effects of A₃AR agonists persist even with long-term treatment, such as repeated daily injections for 6 days or continuous infusion for 7 days (Little et al. 2015). These findings suggest that there is no development of antinociceptive tolerance to A₃AR agonists, unlike morphine, where tolerance to its antinociceptive effects develops only after 6 days of injections (Muscoli et al. 2010). These findings are curious as all adenosine receptor subtypes exhibit a “desensitization phenomenon” resulting in the diminished response and receptor surface expression after repeated or continuous exposure agonists (Klaasse et al. 2008). However, in animal models of autoimmune disorders and cancer, chronic administration of A₃AR agonists maintains anti-inflammatory/anticancer effects even during A₃AR downregulation (Madi et al. 2003). It is thought that the functionality of A₃AR agonist in inflammation/tumor growth may be dependent on the downregulation of A₃AR to inhibit downstream regulatory proteins (Fishman et al. 2006). Whether this mechanism explains the action of IB-MECA and other A₃AR agonists in pain requires further investigation.

In preclinical animal models, the antinociceptive effects of A₃AR agonists are not dependent upon endogenous opioid or endocannabinoid pathways (Ford et al. 2015; Little et al. 2015), suggesting that A₃AR agonists lack inherent reward properties that would heighten the potential risk of abuse and dependence. Emerging data indicates that A₃AR agonists, such as MRS5698, produce a preference in nerve-injured rats to the particular chamber in which they received the A₃AR agonists termed “conditioned place preference” (CPP) (Little et al. 2015). This suggests that A₃AR agonists provided relief of spontaneous pain in these animals. However, sham rats given A₃AR agonists did not exhibit any CPP, indicating a lack of inherent reward with these compounds (Little et al. 2015). In contrast, opioids and other drugs of abuse elicit CPP from both naïve and injured animals (Prus et al. 2009). Therefore, A₃AR agonists have the potential to selectively modify pathological but not protective pain, while avoiding the tolerance and abuse potential associated with opioid therapy.

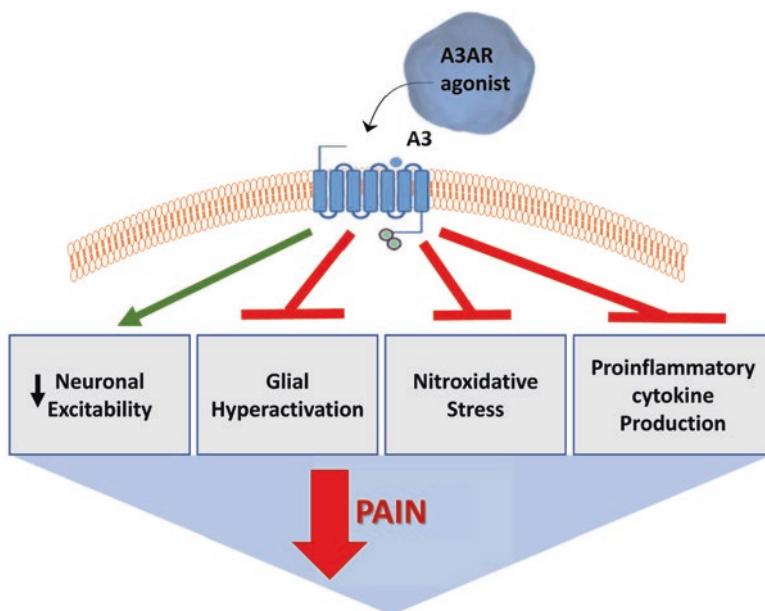


Fig. 16.2 Potential mechanisms of A₃AR-mediated antinociception

16.4.3 Mechanisms of A₃AR Antinociception

The antinociceptive and regulatory mechanisms and pathways modulated by A₃AR agonists in pathological pain states is only now beginning to be explored. However, as already discussed, A₃AR agonists act the level of the peripheral afferent, the spinal cord, and the RVM as selective A₃AR agonists administered via intradermally, intrathecally, or intra-RVM dose-dependently attenuate neuropathic pain behaviors (Little et al. 2015). The actions of A₃AR agonist are independent of opioidergic and cannabinoid systems (Little et al. 2015) and engage serotonergic and noradrenergic bulbospinal circuits in neuropathic pain, suggesting the involvement of A₃AR signaling in summary descending inhibition of wide dynamic range spinal neurons (Little et al. 2015). In other disease states, A₃AR activation has been shown to alter components that are critically involved in the development of central sensitization and pain, including protein kinase activity, glutamatergic neurotransmission, ion conductance, and neuroinflammation. To inform the potential mechanism(s) of A₃AR-mediated antinociception, we have summarized the consequences of A₃AR activation as they are relevant to pain (Fig. 16.2).

The A₃AR agonist MRS5698 has been recently shown to reverse traumatic nerve injury-induced pain by maintaining GABAergic signaling (Ford et al. 2015). The GABAergic system is an important inhibitory regulator of nociceptive transmission. GABA is released from interneurons within the CNS and resulting activation of GABA receptors dampens neuronal excitability to reduce nociceptive signaling

(Zeilhofer et al. 2012). In the pathological pain state, the GABAergic system becomes dysregulated and the balance of nociceptive signaling shifts toward state hyperexcitability (Zeilhofer et al. 2012). GABAergic dysregulation results from reduced GAD65-dependent GABA synthesis (Eaton et al. 1998; Stiller et al. 1996), increased GABA reuptake transporter GAT-1 expression (Eaton et al. 1998; Moore et al. 2002), and reduction in K^+ - Cl^- cotransporter (KCC2) activity that results in the loss of the anion gradient necessary to drive Cl^- through GABA_A channels (Coull et al. 2003; Price et al. 2005). In a traumatic nerve injury-induced pain animal model, MRS5698 attenuated the dephosphorylation of GAD65 and GAT-1 and the phosphorylation of KCC2 and maintained appropriate Cl^- flux (Ford et al. 2015). Moreover, A₃AR agonists attenuated brain-derived neurotrophic factor (BDNF) signaling (Ford et al. 2015), which has been shown to inhibit GABAergic signaling (Biggs et al. 2010; Ferrini and De Koninck 2013; Smith 2014).

A₃AR agonists may also exert their effects through the RhoA-phospholipase D (PLD) signaling pathways. In other animal models, A₃AR agonists prevent the decrease in PLD activity in response to reactive oxygen species exposure during cardiomyocyte apoptosis (Asemu et al. 2005; Lee et al. 2001). Proper PLD function is necessary for the production of choline in order to activate $\alpha 7$ nicotinic acetylcholine receptors (Lee et al. 1993). Activation of these receptors is both neuroprotective and antinociceptive during chronic neuropathic pain (Feuerbach et al. 2009).

A₃AR activation is associated with the attenuation of astrocyte reactivity, neuro-inflammatory response (Janes et al. 2015), and reactive microglial chemotaxis (Choi et al. 2011), such that A₃AR agonists may reduce BDNF associated with glial hyperactivation and free the GABAergic system to function properly. Glial cells (astrocytes and microglia) are critical to the development and maintenance of many pathological pain states (Cao and Zhang 2008; Nagata et al. 2009; Obata and Noguchi 2008; Watkins et al. 2001). Targeting the glial activity can prevent and attenuate a variety of pain states (Hashizume et al. 2000; Meller et al. 1994; Sweitzer et al. 2001; Watkins et al. 1997, 2001). In pathological pain states, glial cells can release a number of pro-inflammatory cytokines and nitroxidative species that increase neuronal sensitivities in the dorsal horn (Cao and Zhang 2008; Milligan and Watkins 2009) and further increase glial activity to establish an amplification loop that may account for the persistence of hypersensitivities in chronic pain states (Bradesi et al. 2001). Moreover, activation of innate immune receptor toll-like receptor 4 (TLR4) expressed on glial cells has been implicated in the neuroinflammatory response in the development of neuropathic pain (Li et al. 2014; Watkins et al. 2009).

A₃AR agonists are anti-inflammatory in autoimmune and inflammatory diseases (Bar Yehuda et al. 2010). Both *in vitro* and *in vivo* studies have revealed that A₃AR attenuates pro-inflammatory cytokines by inhibiting the p38 MAPK and nuclear factor κB (NF κB) signaling pathways (Janes et al. 2014a; Madi et al. 2007; Varani et al. 2010, 2011). IB-MECA has been documented to decrease the TLR4-induced pro-inflammatory mediators, such as tumor necrosis factor (TNF) and macrophage inflammatory protein 1 α (MIP-1 α) (Hasko et al. 1998; Hasko et al. 1996; Sajjadi et al. 1996; Szabo et al. 1998). A₃AR-mediated suppression of pro-inflammatory

mediators following TLR stimulation is lost in A₃AR knockout mice (Salvatore et al. 2000). In models of CIPN, IB-MECA reduced the level of reactive astrocytes, NFκB and MAPK activation, and level of pro-inflammatory/neuroexcitatory cytokines (Janes et al. 2014a, 2015; Wahlman et al. 2018). In the oxaliplatin-induced neuropathic pain model, administration of oxaliplatin increased NOD-like receptor with pyrin domain subtype 3 (NLRP3) inflammasome activation of IL-1β in the spinal cord and pharmacological inhibition of NLRP3 activity attenuated pain to suggest the involvement of this pathway in the development of mechano-hypersensitivities (Wahlman et al. 2018). Attenuation of CIPN with intrathecal MRS5698 was associated with reduced expression and activation of NLRP3 in the spinal cord (Wahlman et al. 2018). Interestingly, A₃AR activation also enhances formation of the anti-inflammatory cytokine IL-10 (Hasko et al. 1996; Janes et al. 2014a, 2015) and glial-derived neuroprotective substances (Wittendorp et al. 2004). Moreover, inhibition of IL-10 with neutralizing antibodies not only attenuated the beneficial effects of A₃AR agonists on pain behavior but also restored the expression and activation of NLRP3 inflammasomes (Wahlman et al. 2018). MRS5698 also lost its beneficial effects on CIPN in IL-10^{-/-} mice (Wahlman et al. 2018). These findings suggest that this shift in the spinal neuroinflammatory environment may be a major contributor to the effects of A₃AR in pain. More work is necessary to understand at what point A₃AR exerts its effects on neuroinflammation.

In addition to neuroinflammatory mediators, nitroxidative species including superoxide (SO), nitric oxide (NO), and their highly pro-nociceptive reaction product peroxynitrite (PN) (Salvemini and Neumann 2010) are important in the development and maintenance of pain of several etiologies, including acute and chronic inflammation (Ndengele et al. 2008), orofacial pain (Yeo et al. 2008), and opiate-induced hyperalgesia and antinociceptive tolerance (Muscoli et al. 2007), nerve injury-induced pain (Rausaria et al. 2011), and CIPN (Doyle et al. 2012; Janes et al. 2013). In CIPN, IB-MECA attenuated the activation NADPH oxidase, a source of SO as a precursor to PN formation (Janes et al. 2014a; Poderoso et al. 1996), in the spinal cord. Inhibition of NADPH oxidase in prostate cells following IB-MECA is linked to the inhibition of intracellular cyclic AMP/PKA (Jajoo et al. 2009) and reduced expression of NADPH oxidase subunits (Rac1 and p47^{phox}) through inhibition of ERK1/2 activity (Jajoo et al. 2009).

Activation of A₃AR may play a critical role in the inhibitory actions of adenosine on excitatory neurotransmission and its neuroprotective effects. A₃AR activation *in vitro* protects against the neurotoxic rises in intracellular Ca²⁺ and neuronal excitability mediated by P2X7R (Zhang et al. 2006) and NMDAR (Zhang et al. 2010). Dysregulated glutamatergic neurotransmission and increased neuronal excitability are hallmarks of chronic pain (Amadesi et al. 2006; Chen et al. 2010; Doyle et al. 2012; Elliott et al. 1994; Mayer et al. 1999; Muscoli et al. 2007; Xu et al. 2010; Zhang et al. 2012). Treatment with A₃AR agonists attenuates posttranslational nitration of glutamate transporter GLT-1 and glutamate synthase (Janes et al. 2014a) in the spinal cord. Nitration of these proteins leads to a loss in their activity that consequently reduces the capacity to remove glutamate from the synapse and terminate glutamatergic signaling (Mao et al. 2002).

16.4.4 Pharmacological Probes for the Study of A₃AR in Pain

A toolbox of selective A₃AR modulators is now accessible, which includes high affinity directly acting agonists **1-8** (Table 16.1, Fig. 16.3) and antagonists **9-12**, as well as indirect modulators of A₃AR activity. Indirect modulators include inhibitors of adenosine degrading enzymes, adenosine deaminase (ADA; **13**), and adenosine kinase (ADK; **14, 15**). Furthermore, there are selective allosteric enhancers of the action of endogenous adenosine at the A₃AR (**16, 17**). Although these positive allosteric modulators are selective for the human A₃AR and do not act at other AR subtypes, there is a large species dependence such that their activity is only subtle in rodent species.

At the 5' position, an amide in place of the CH₂OH, as for all agonists shown in Fig. 16.3, favors affinity and efficacy at the A₃AR. At the N⁶ position, either small hydrophobic groups, e.g., methyl **7** and ethyl **8**, or large hydrophobic groups, e.g., *m*-substituted benzyl rings in **5** and **6**, are tolerated when bound to the receptor. The A₃AR affinity of N⁶-benzyl analogues is often better preserved in rodent species than in compounds with small N⁶ groups. For example, MRS5698 (**5**) is of the same affinity (K_i ~3 nM) at human and mouse A₃ARs with high selectivity. At 10 μM (close to its solubility limit), **5** displays a low percent inhibition of binding (less than 50%) at the A₁AR and A_{2A}AR.

Among widely used A₃AR agonists, IB-MECA (**1**) and Cl-IB-MECA (**2**) have varying degrees of AR subtype selectivity, as shown in a comparison of affinities at human, mouse, and rat ARs (Table 16.1). The affinity (K_i value) of IB-MECA at the mouse A₃AR is an impressive 87 pM, and its K_i value at the human A₃AR is 20-fold higher. These two agonists are moderately selective for the A₃AR, which is often sufficient to achieve a dose window of selectivity depending on the pharmacological model and species being studied. Compounds **3** and **4** contain a ring constraint in the ribose-like moiety, known as the (North)-methancarba modification of nucleosides, which maintains a conformation preferred at the A₃AR. Native ribose can freely twist to achieve a range of conformations, but if a favored conformation is pre-installed in the nucleoside, there is an advantage for binding to that subtype. In general, this ribose modification tends to increase affinity and selectivity, because the other AR subtypes are either adversely affected by this ribose substitution (A_{2A}AR) or favor the substitution (A₁AR) to a lesser degree than the A₃AR. The more highly derivatized agonists containing a rigid C2 extension consisting of an arylethynyl group, in addition to the (North)-methancarba modification, are even more A₃AR selective. Thus, the combination of these two substituents, as present in compounds **5-8**, achieves 10,000-fold selectivity or greater for the A₃AR. These particularly potent and specific A₃AR agonists are especially useful in pharmacological studies of this receptor in pain models (Tosh et al. 2012, 2014, 2015). Compounds **5, 7, and 8** have been shown to be orally active in a dose-dependent manner in reducing or completely suppressing mechanoallodynia in the CCI model. The terminal C2 aryl group in this series of agonists may be substituted with a wide range of chemical functionality and still retain A₃AR selectivity. Compound **5**

Table 16.1 A₃AR-selective agents for use in the study of A₃-mediated antinociception

Compound	Ki or Kd, nM (or % inhibition at 10 μM)											
	Human				Mouse				Rat			
	A ₁ AR	A _{2A} AR	A ₃ AR	A ₃ AR	A ₁ AR	A _{2A} AR	A ₃ AR	A ₃ AR	A ₁ AR	A _{2A} AR	A ₃ AR	A ₃ AR
<i>Agonists</i>												
1 IB-MECA	700 ± 270	6200 ± 100	2.4 ± 0.5	~700	5.9	~700	0.087	54	56			1.1
2 Cl-IB-MECA	220 ± 20	5400 ± 2500	1.5 ± 0.2	~10,000	35	~10,000	0.18	820	470			0.33
3 MRS1898	136 ± 22	784 ± 97	1.51 ± 0.23	5350 ± 860	7.32 ± 1.5	5350 ± 860	0.80 ± 0.14	83.9 ± 10.3	1660 ± 260			1.1
4 MRS3558	260 ± 60	2300 ± 100	0.29 ± 0.04	10,400 ± 1700	15.3 ± 5.8	10,400 ± 1700	1.59 ± 0.46					1.0 ± 0.10
5 MRS5698	6%	41%	3.49 ± 1.84	27%	16%		3.08 ± 0.23					
6 MRS5841	16%	7%	1.90 ± 0.03	1%	15%		11.3 ± 1.9					
7 MRS5980	6%	24%	0.70 ± 0.11	7%	38%		36.1 ± 4.7					
8 MRS7144	10%	0%	1.7 ± 0.4				16 ± 3					
<i>Antagonists</i>												
9 MRS1191	40,100 ± 7500	>10,000	31.4 ± 2.8	0%	0%	0%	32 ± 3%	>10,000	>10,000			1850
10 MRS1334			2.69					>10,000	>10,000			
11 MRS1523	>10,000	3660 ± 930	18.9	8000		>10,000	731	15,600	2050			113
12 MRS5776	29%	24%	20.0 ± 6.0	39%		13%	480 ± 90					

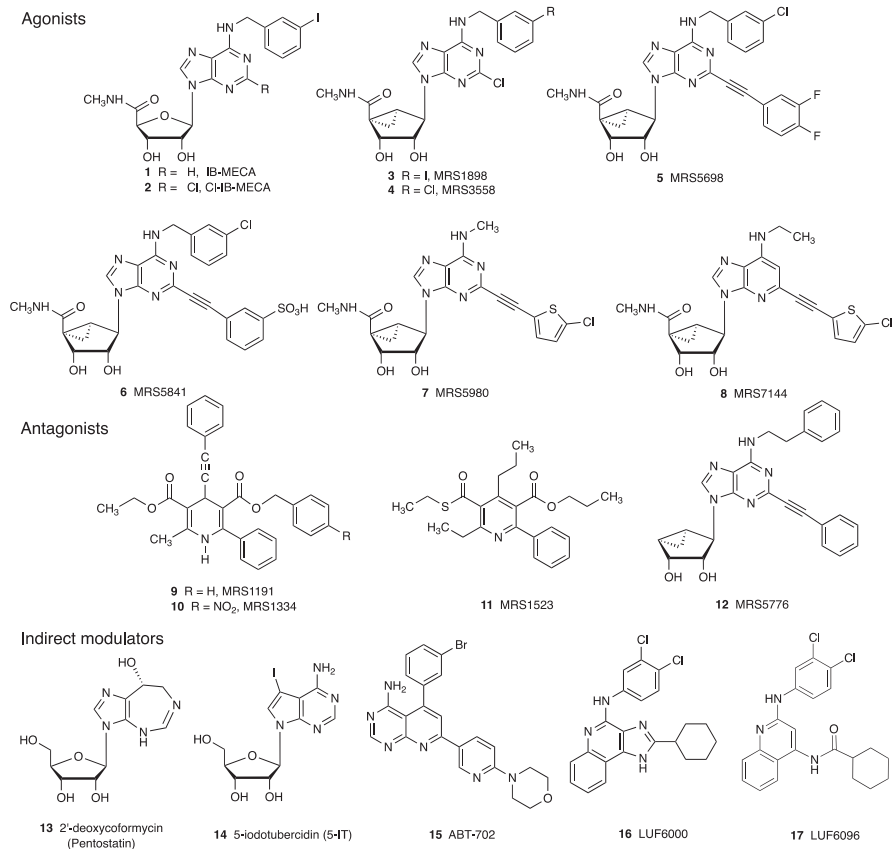


Fig. 16.3 Pharmacological agents useful for the study of A₃AR-mediated antinociception

contains a 3,4-difluorophenyl ring at the terminal position, while compounds **7** and **8** contain a 5-chlorothieryl ring that is associated with long duration of action (3 h or greater) in the mouse CCI model following oral administration. Compound **6** is not intended for oral administration, because it contains a fully negatively charged aryl sulfonate group that prevents its diffusion across biological membranes. It displayed no permeability in the PAMPA model of membrane permeability, indicating that it likely does not diffuse across the blood brain barrier. Due to this property, compound **6** was used to separate central from peripheral effects of A₃AR agonists in the mouse CCI model, depending on the site of administration.

The use of selective A₃AR antagonists or mice in which A₃AR is genetically knocked out in conjunction with agonists or enhancers is important to delineate A₃AR-mediated effects, especially with agonists that are only moderately selective. Nonnucleoside A₃AR antagonists (e.g., 1,4-dihydropyridines **9** and **10** and pyridine **11**) have varying degrees of AR subtype selectivity, depending on species. By progressively truncating the structure of nucleosides that are selective for the A₃AR, it

is possible to shift the activity from full agonist to partial agonist to antagonists. Thus, a truncated nucleoside **12** was shown to have considerable affinity at both human and mouse A_3AR with selectivity, but the efficacy of this compound in A_3AR activation was greatly diminished, such that it can serve as an antagonist of a full A_3AR agonist. Thus, more potent and selective A_3AR antagonists for application to a range of species are still needed.

An indirect means of pharmacologically enhancing activation of the A_3AR , and potentially other ARs, is to enhance levels of extracellular adenosine by inhibiting ADA (e.g., **13** Pentostatin) or ADK (e.g., **14** 5-iodotubercidin and **15** ABT-702). ADK inhibitor **15** was found to reduce both chronic and acute pain through action at both peripheral or central sites (Kowaluk et al. 2000). Recently, Little et al. used **15** to reveal an effect of endogenous adenosine acting through the A_3AR to reduce chronic neuropathic pain.

16.5 Concluding Remarks

The development of selective pharmacological tools targeting A_3AR has uncovered the exciting, robust antinociceptive properties of A_3AR s agonists in a variety of pathological pain states. Emerging evidence suggests that harnessing the endogenous antinociceptive A_3AR pathway yields effective pain relief without altering normal protective nociception and without producing inherent reward that is associated with abuse potential. As selective A_3AR agonists in ongoing phase II/III clinical trials for non-pain conditions display good safety profile, we propose that A_3AR agonists may be a safe and successful strategy for exploiting the potent analgesic actions of adenosine to provide a breakthrough non-opioid treatment for patients suffering from chronic pain.

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