

Chapter 80

Hallux Valgus



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Hallux Valgus Questions and Answers

What is another common name for hallux valgus?	Bunion deformity
What two types of hallux valgus exist?	Adult and juvenile
How do you describe the great toe in hallux valgus?	Hallux is in valgus and pronated
What symptoms are common with hallux valgus	Pain over medial prominence with shoe wear, pain with range of motion of first toe
What is the first-line treatment for hallux valgus?	Shoe modification (wide toe box shoe), toe spacers, and orthotics

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What are some differences between adult hallux valgus and juvenile hallux valgus?	Juvenile hallux valgus is often bilateral, familial, usually not painful (more cosmetic concerns)
The sesamoids are found within which muscle's tendons?	Flexor hallucis brevis
What is the hallux valgus angle (HVA)?	Angle between a line through the long axis of the first metatarsal and a line through the long axis of the proximal phalanx
What is the intermetatarsal angle (IMA)?	Angle between the long axis of the first metatarsal and the second metatarsal
What is considered normal for the HVA?	Less than or equal to 15°
What is considered normal for the IMA?	Less than or equal to 9°
What are the names of some of the distally based osteotomies of the first metatarsal commonly used in correction of hallux valgus?	Chevron, Mitchell
What are the names of the proximally based osteotomies of the first metatarsal commonly used in correction of hallux valgus?	Scarf, Ludloff
What is the indication for a Lapidus procedure?	First TMTJ instability, Lapidus is a fusion of the first TMTJ
