

# Chapter 3

## Oxidative Damage Mechanisms in Traumatic Brain Injury and Antioxidant Neuroprotective Approaches



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**Abstract** This chapter reviews our current knowledge of the role of oxidative damage mechanisms and pharmacological antioxidant neuroprotective strategies for inhibiting reactive oxygen species (ROS) and reactive nitrogen species (RNS)-mediated secondary injury following traumatic brain injury (TBI). First of all, the chemistry of the main forms of oxidative damage: lipid peroxidation, carbonylation and nitration are presented as well as the interactions of oxidative damage with other secondary injury mechanisms including glutamate-mediated excitotoxicity, intracellular calcium overload and mitochondrial dysfunction. Secondly, the general mechanistic approaches to interrupting oxidative damage are presented: decreasing ROS/RNS formation or scavenging ROS and RNS-derived radicals, inhibition of lipid peroxidation propagation, chelation of iron, which is a potent catalyst of lipid peroxidation reactions, scavenging of neurotoxic aldehydic lipid peroxidation products ('carbonyls'), and enhancement of the expression of the pleiotropic Nrf2-antioxidant response element (ARE) pathway that controls the synthesis of several endogenous antioxidant enzymes and chemical antioxidants. Pharmacological examples of compounds that effectively inhibit oxidative damage and produce neuroprotective effects in animal TBI models by each of these various approaches are presented. Finally, the results of large phase III clinical trials with the either the radical scavenger polyethylene glycol-coupled superoxide dismutase (PEG-SOD) or the 21-aminosteroid lipid peroxidation inhibitor tirilazad are revisited in which the latter compound was found to selectively improve survival after moderate and severe TBI, particularly in male patients, suggesting that successful clinical translation of neuroprotective antioxidant compounds, or combinations of mechanistically complimentary antioxidants, should be possible.

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### 3.1 Introduction

At present, there are no FDA-approved pharmacological therapies for acute treatment of traumatic brain injury (TBI) patients that are conclusively proven to mitigate the often devastating neurological effects of their injuries. However, the possibility of discovering and developing an effective ‘neuroprotective’ treatment that will limit posttraumatic brain damage and improve neurological recovery is based upon the fact that even though some of the neural injury is due to the primary mechanical injury to the parenchymal neurons, glia and vascular elements, the majority of post-traumatic neurodegeneration is due to a pathophysiological secondary injury cascade triggered initially by massive release of glutamate and its excitotoxic effects that occur during the first minutes, hours and days following the injury, which exacerbates the damaging effects of the primary injury. One of the most validated “secondary injury” mechanisms, as revealed in experimental TBI studies, that contributes to glutamate-mediated excitotoxic neurodegeneration, involves the downstream increase in reactive oxygen species (ROS) that cause oxygen radical-induced oxidative damage to brain cell lipids and proteins. This chapter outlines the key sources of reactive oxygen species (ROS), including highly reactive (i.e. rapidly oxidizing) free radicals, the pathophysiological mechanisms associated with oxidative neural damage and pharmacological antioxidants that have been shown to produce neuroprotective effects that limit excitotoxic neurodegeneration in preclinical TBI models, one of which has revealed some evidence of neuroprotective efficacy in a major pathological subset of TBI patients in a large phase III clinical trial.

### 3.2 Reactive Oxygen Species and Reactive Nitrogen Species

The term reactive oxygen species (ROS) includes oxygen-derived radicals such as the modestly reactive superoxide radical ( $O_2^{\cdot-}$ ) and the highly reactive hydroxyl ( $OH^{\cdot}$ ) radical as well as non-radicals such as hydrogen peroxide ( $H_2O_2$ ) and peroxynitrite ( $ONOO^-$ ), the latter often referred to as a reactive nitrogen species (RNS). The cascade of posttraumatic oxygen radical reactions begins in response to the primary mechanical injury triggering neuronal depolarization, due to the voltage-dependent opening of sodium ( $Na^+$ ) and calcium ( $Ca^{2+}$ ) channels, which causes a massive increase in intracellular  $Ca^{2+}$  that stimulates rapid elevations in extracellular glutamate levels that excessively stimulates N-methyl-aspartate (NMDA) glutamate receptors, causing a further exacerbation of the injury-induced increase in intracellular  $Ca^{2+}$ . This voltage-dependent and glutamate receptor-mediated intracellular  $Ca^{2+}$  overload initiates multiple downstream neurodegenerative processes,

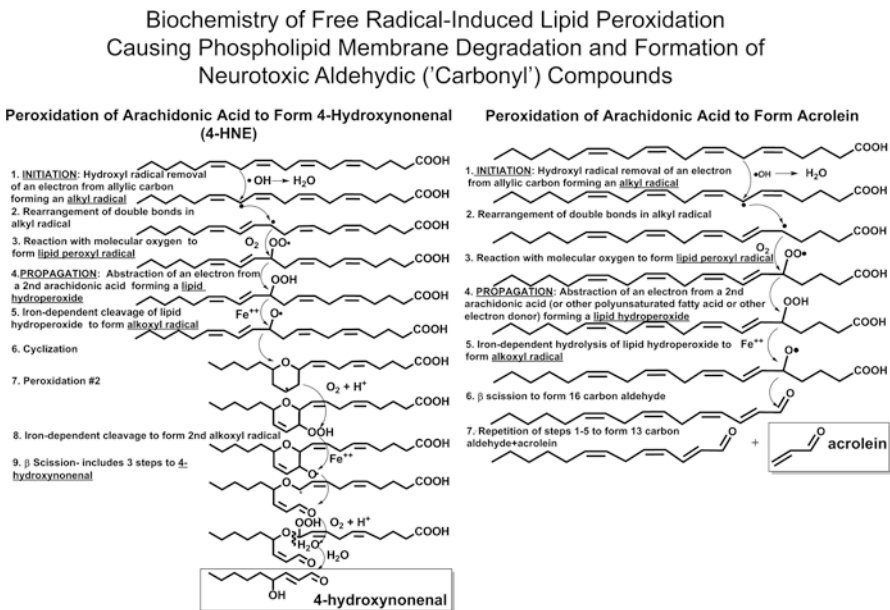
one of which is the increased generation of oxygen free radicals that initiate oxidative damage to brain cell phospholipid membranes and proteins. The primordial oxygen free radical that comes from several pathophysiological sources involves the single electron ( $e^-$ ) reduction of an oxygen molecule ( $O_2$ ) to produce superoxide ( $O_2^{\cdot-}$ ). Superoxide can be generated from several sources; one of the main ones is  $O_2^{\cdot-}$  leakage from complex I of the mitochondrial electron transport chain in  $Ca^{2+}$ -overloaded brain mitochondria. However,  $O_2^{\cdot-}$  is considered by many free radical chemists and biologists to be a modestly reactive radical that can potentially react with other molecules to give rise to much more reactive, and thus more potentially damaging, radical species. The reason that  $O_2^{\cdot-}$  is only modestly reactive is that it can act as either an oxidant by stealing an electron from another oxidizable molecule or it can act as a reductant by which it donates its unpaired electron to another radical species, thus acting as an antioxidant. However, if  $O_2^{\cdot-}$  reacts with a proton ( $H^+$ ) to form a hydroperoxyl radical ( $HO\cdot_2$ ) this results in a superoxide form that is much more likely to cause oxidation (i.e. act as an electron stealer).

One of the most important endogenous antioxidants is the enzyme superoxide dismutase (SOD) which rapidly catalyzes the dismutation of  $O_2^{\cdot-}$  into  $H_2O_2$  and oxygen. At low pH,  $O_2^{\cdot-}$  can dismutate spontaneously. The formation of highly reactive oxygen radicals, which have unpaired electron(s) in their outer molecular orbitals, and the propagation of chain reactions are fueled by non-radical ROS, which do not have unpaired electron(s), but are chemically reactive. For example,  $OH^{\cdot}$  radicals are generated in the iron-catalyzed Fenton reaction, where ferrous iron ( $Fe^{2+}$ ) is oxidized to form  $OH^{\cdot}$  in the presence of  $H_2O_2$  ( $Fe^{2+} + H_2O_2 \rightarrow Fe^{3+} + OH^{\cdot} + OH^-$ ). Superoxide, acting as a reducing agent (i.e. an electron donor), can actually donate its unpaired electron to ferric iron ( $Fe^{3+}$ ), cycling it back to the ferrous state in the Haber-Weiss reaction ( $O_2^{\cdot-} + Fe^{3+} \rightarrow Fe^{2+} + O_2$ ), thus driving subsequent Fenton reactions and increased production of  $OH^{\cdot}$ . Under physiological conditions, iron is tightly regulated by its transport protein, transferrin and storage protein, ferritin, both of which bind the ferric ( $Fe^{3+}$ ) form. This reversible bond of transferrin and ferritin with iron decreases with declining pH (below pH 7). Indeed, tissue acidosis is known to occur in the traumatized CNS that will cause the release of iron and initiation of iron-dependent oxygen radical production. A second source of iron comes from hemoglobin released into the blood during injury-induced hemorrhage.

Although  $O_2^{\cdot-}$  is much less reactive than  $OH^{\cdot}$  radical, its reaction with nitric oxide ( $NO^{\cdot}$ ) radical forms the highly reactive oxidizing agent, peroxynitrite (PN:  $ONOO^-$ ). This reaction ( $O_2^{\cdot-} + NO^{\cdot} \rightarrow ONOO^-$ ) occurs at a very high rate constant that out competes SOD's ability to convert  $O_2^{\cdot-}$  into  $H_2O_2$ . Subsequently, at physiological pH,  $ONOO^-$  will largely undergo protonation to form peroxynitrous acid ( $ONOOH$ ) or it can react with carbon dioxide ( $CO_2$ ) to form nitrosoperoxycarbonate ( $ONOOCO_2^-$ ). The  $ONOOH$  can break down to form highly reactive nitrogen dioxide ( $NO\cdot_2$ ) and  $OH^{\cdot}$  ( $ONOOH \rightarrow NO_2 + OH^{\cdot}$ ). Alternatively, the  $ONOOCO_2^-$  can decompose into  $NO_2$  and carbonate radical ( $CO_3^{\cdot-}$ ) ( $ONOOCO_2^- \rightarrow NO_2 + CO_3^{\cdot-}$ ).

### 3.3 Lipid Peroxidation

Increased production of reactive free radicals (i.e. “oxidative stress”) in the injured brain has been shown to cause “oxidative damage” to cellular lipids and proteins, leading to functional compromise and cell death in both the microvascular and brain parenchymal compartments. Extensive study shows that a major form of radical-induced oxidative damage involves oxidative attack on cell membrane polyunsaturated fatty acids, triggering the process of lipid peroxidation (LP) that is characterized by three distinct steps: initiation, propagation and termination (Gutteridge 1995), which are shown in Fig. 3.1 in the context of radical-induced LP of arachidonic acid. **Initiation:** LP is initiated when highly reactive oxygen radicals (e.g.  $\text{OH}\cdot$ ,  $\text{NO}_2\cdot$ ,  $\text{CO}_3^{\cdot-}$ ) react with polyunsaturated fatty acids such as arachidonic acid (AA), linoleic acid (LA), eicosapentaenoic acid (EPA) or docosahexaenoic acid (DHA), resulting in disruptions in cellular and subcellular membrane integrity. Initiation of LP begins when ROS-induced hydrogen atom ( $\text{H}^+$ ) and its one associated electron is abstracted from an allylic carbon. The basis for the susceptibility of the allylic carbon of the polyunsaturated fatty acid having one of its electrons stolen by a highly electrophilic free radical is that the carbon is surrounded by two relatively electronegative double bonds which tend to pull one of the electrons from the carbon. Consequently, a reactive free radical has an easy time pulling the hydrogen electron off of the carbon because the commitment of the carbon electron to staying



**Fig. 3.1** Biochemistry involved in the initiation, propagation and termination reactions of arachidonic acid during lipid peroxidation, with the resulting formation of the aldehydic end-products 4-hydroxynonal (4-HNE) and acrolein

paired with it has been weakened by the surrounding electronegative double bonds. This results in the original radical being quenched while the polyunsaturated fatty acid (L) becomes a lipid radical (L<sup>•</sup>) due to its having lost an electron. **Propagation:** Subsequently, in the propagation step, the unstable L<sup>•</sup> reacts with O<sub>2</sub> to form a lipid peroxy radical (LOO<sup>•</sup>). The LOO<sup>•</sup> in turn extracts a hydrogen atom from an adjacent polyunsaturated fatty acid, yielding a lipid hydroperoxide (LOOH) and a second L<sup>•</sup>, which sets off a series of propagation “chain” reactions.

**Termination:** These propagation reactions are terminated in the third step, when the substrate becomes depleted and a lipid radical reacts with another radical to yield potentially neurotoxic non-radical aldehydic end products. One of those end-products that is often used to measure LP is the three carbon-containing malondialdehyde (MDA) which is mainly a stable non-toxic compound that when measured represents a LP ‘tombstone’. In contrast, two highly neurotoxic aldehydic products of LP (commonly referred to as ‘carbonyls’) are 4-hydroxynonenal (4-HNE) or 2-propanal (acrolein), both of which have been well characterized in CNS injury experimental models (Bains and Hall 2012; Hall et al. 2010; Hamann and Shi 2009). These latter two aldehydic LP end products covalently bind to proteins and amino acids (lysine, histidine, arginine) by either Schiff base or Michael addition reactions altering their structure and functional properties. Immunohistochemical and immunoblotting (western, slot, dot) techniques are commonly used to measure 4-HNE or acrolein-modified proteins (i.e. ‘protein carbonyls’) in the injured brain (Hall and Bosken 2009).

### 3.4 Free Radical-Induced Protein Carbonylation and Nitration

Free radicals can cause various forms of oxidative protein damage. Firstly, a major mechanism involves carbonylation by reaction of various free radicals with susceptible amino acids such as arginine, lysine and histidine. The protein carbonyls thus formed are measurable through immunoblotting after derivatization of the carbonyl groups with diphenylhydrazine (DNPH). Indeed, the measurement of protein carbonyls by the so-called DNPH assay has long been used to measure free radical-induced protein oxidation. However, the carbonyl assay also picks up protein carbonyls that are present due to covalent binding of LP-derived 4-HNE and acrolein to cysteine residues, in addition to those resulting from direct free radical-induced amino acid oxidation. Thus, as a result, the carbonyl assay is as much an indirect index of LP as it is of direct radical-induced protein oxidation.

Secondly, NO<sup>•</sup><sub>2</sub> can nitrate the three position of aromatic amino acids tyrosine or phenylalanine in proteins; 3-NT is a specific footprint of PN-induced cellular damage. Similarly, lipid peroxy radicals (LOO<sup>•</sup>) can promote nitration of aromatic amino acids by producing initial oxidation (i.e. loss of an electron) which would enhance the ability of NO<sup>•</sup><sub>2</sub> to nitrate the phenyl ring. Multiple commercially

available polyclonal and monoclonal antibodies are available for immunoblot or immunohistochemical measurement of proteins that have been nitrated by PN.

### 3.5 Interaction of Oxidative Damage with Other Secondary Injury Mechanisms

The impact of ROS/RNS production is heightened when oxygen radicals feed back and amplify other secondary injury pathways creating a continuous cycle of ion imbalance,  $\text{Ca}^{2+}$  buffering impairment, mitochondrial dysfunction, glutamate-induced excitotoxicity and microvascular disruption. One example of ROS-induced ionic disruption arises from LP-induced damage to the plasma membrane ATP-driven  $\text{Ca}^{2+}$  pump ( $\text{Ca}^{2+}$ -ATPase) and  $\text{Na}^+$  pump ( $\text{Na}^+/\text{K}^+$ -ATPase), which contributes to increases in intracellular  $\text{Ca}^{2+}$  concentrations, mitochondrial dysfunction and additional ROS production. Both  $\text{Ca}^{2+}$ -ATPase and  $\text{Na}^+/\text{K}^+$ -ATPase disruptions result in further increases in intracellular  $\text{Ca}^{2+}$  and  $\text{Na}^+$  accumulation respectively (Bains and Hall 2012), the latter causing reversal of the  $\text{Na}^+/\text{Ca}^{2+}$  exchanger which further exacerbates intracellular  $\text{Ca}^{2+}$  (Rohn et al. 1993, 1996). As already noted above, PN formed from mitochondrial  $\text{Ca}^{2+}$  overload also contributes to mitochondrial dysfunction. Specifically, nitric oxide ( $\text{NO}\bullet$ ), formed from mitochondrial NOS, which in turn reacts with  $\text{O}_2^{\bullet-}$  to produce the highly toxic PN, which impairs respiratory and  $\text{Ca}^{2+}$  buffering capacity via its derived free radicals (Bringold et al. 2000). Indeed increased PN-derived 3NT and 4HNE has been detected during the time of mitochondrial dysfunction and correlates with respiratory and  $\text{Ca}^{2+}$  buffering impairment (Sullivan et al. 2007). Increased synaptosomal 4-HNE content is associated with impaired synaptosomal glutamate and amino acid uptake (Carrico et al. 2009; Zhang et al. 1996). Glutamate and NMDA-induced damage in neuronal cultures is attenuated with LP inhibition, confirming LP and oxidative damage as promoters of glutamate excitotoxicity (Monyer et al. 1990; Pellegrini-Giampietro et al. 1990).

### 3.6 Mechanisms for Pharmacological Inhibition of Oxidative Damage

Based upon the discussion above concerning oxidative stress (increased ROS/RNS) and oxidative damage (LP, protein oxidation and nitration), a number of potential mechanisms for its inhibition are apparent which fall into five categories. The first category includes compounds that inhibit the initiation of LP and other forms of oxidative damage by **attenuating the formation of ROS or RNS species**. For instance, nitric oxide synthase (NOS) inhibitors exert an indirect antioxidant effect by limiting  $\text{NO}\bullet$  production and thus PN formation. However, they also have the

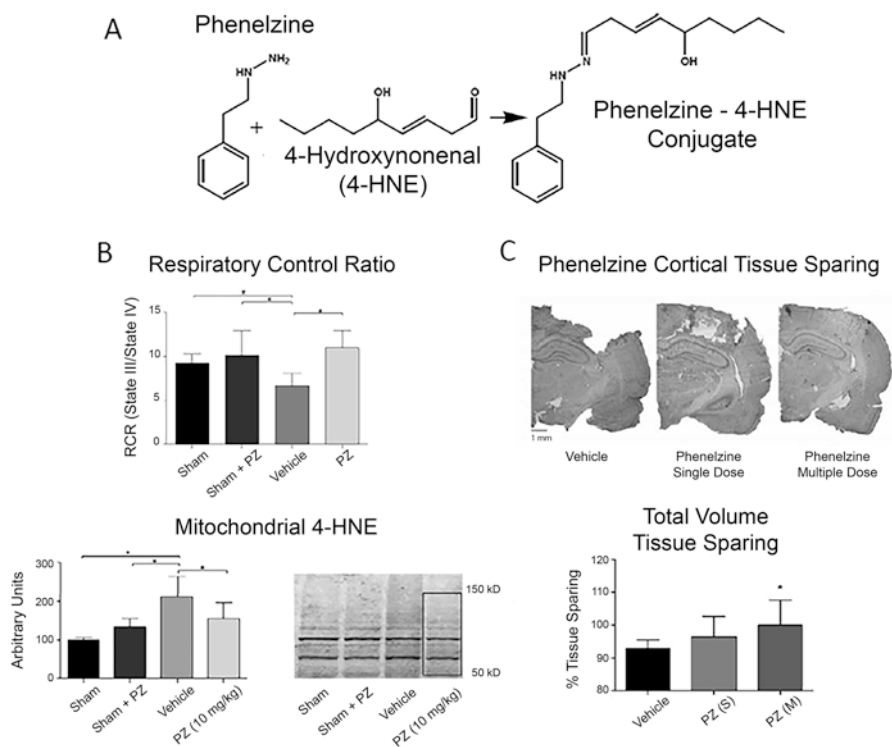
potential to interfere with the physiological roles that  $\text{NO}^{\bullet}$  is responsible for, including antioxidant effects which are due to its important role as a scavenger of lipid peroxy radicals (e.g.  $\text{LOO}^{\bullet} + \text{NO}^{\bullet} \rightarrow \text{LOONO}$ ) (Hummel et al. 2006). Another approach to blocking posttraumatic radical formation is the inhibition of the enzymatic (e.g. cyclooxygenase, 5-lipoxygenases) arachidonic acid (AA) cascade during which  $\text{O}_2^{\bullet-}$  is produced as a by-product of prostanoid and leukotriene synthesis. Kontos and colleagues (Kontos 1989; Kontos and Wei 1986) and Hall (1986) have shown that cyclooxygenase-inhibiting non-steroidal anti-inflammatory agents (e.g. indomethacin, ibuprofen) are vaso- and neuro-protective in TBI models.

Another example of an indirect approach for reducing the formation of ROS/RNS in the injured brain is via the inhibition of brain mitochondrial functional failure with the drug cyclosporine A which has been shown to reduce mitochondrial permeability transition pore (mPTP) formation by blocking cyclophilin D interaction with other components of the pathological pore which has been shown to lessen mitochondrial free radical formation and consequently attenuate LP and nitrate mitochondrial protein oxidative damage (Mbye et al. 2008; Sullivan et al. 1999).

A second indirect LP inhibitory approach involves **chemically scavenging the radical species** (e.g.  $\text{O}_2^{\bullet-}$ ,  $\text{OH}^{\bullet}$ ,  $\text{NO}^{\bullet}$ ,  $\text{CO}_3^{\bullet-}$ ) before they have a chance to steal an electron from a polyunsaturated fatty acid and thus initiate LP. The use of pharmacologically-administered SOD represents an example of this strategy. Another example concerns the use of the nitroxide antioxidant tempol which has been shown to catalytically scavenge the PN-derived free radicals  $\text{NO}^{\bullet}$  and  $\text{CO}_3^{\bullet-}$  (Carroll et al. 2000). In either case, a general limitation to these first two approaches and antioxidant agents that work by this mechanism is that they would be expected to have a short therapeutic window and would have to be administered rapidly in order to have a chance to interfere with the initial posttraumatic “burst” of free radical production that has been documented in TBI models (Kontos and Wei 1986; Hall et al. 1993). While it is believed that ROS, including PN production, persists several hours after injury, the major portion is an early event that peaks in the first 60 min after injury, making it clinically impractical to pharmacologically inhibit, unless the antioxidant compound is already “on board” when the TBI occurs (Fig. 3.2).

In contrast to the above indirect-acting antioxidant mechanisms, the third category involves stopping the “chain reaction” propagation of LP once it has begun. The most demonstrated way to accomplish this is by **scavenging of lipid peroxy (LOO $\bullet$ ) radicals**. The prototype scavenger of these lipid radicals is alpha tocopherol or vitamin E (Vit E) which can donate an electron from its phenolic hydroxyl moiety to quench a  $\text{LOO}^{\bullet}$ . However, the scavenging process is stoichiometric (1 Vit E can only quench 1  $\text{LOO}^{\bullet}$ ) and in the process vitamin E loses its antioxidant efficacy and becomes Vitamin E radical ( $\text{LOO}^{\bullet} + \text{Vit E} \rightarrow \text{LOOH} + \text{Vit E}^{\bullet}$ ). Although  $\text{Vit E}^{\bullet}$  is relatively unreactive (i.e. harmless), it also cannot scavenge another  $\text{LOO}^{\bullet}$  until it is reduced back to its active form by receiving an electron from other endogenous antioxidant reducing agents such as ascorbic acid (Vitamin C) or glutathione (GSH). While this tripartite  $\text{LOO}^{\bullet}$  antioxidant defense system (Vit E, Vit C, GSH) works fairly effectively in the absence of a major oxidative stress, numerous studies have shown that each of these antioxidants are rapidly consumed during the early





**Fig. 3.2** (a) Chemical scavenging mechanism involved in the reactivity of the hydrazine-containing compound phenelzine with 4-HNE. (b) (Top): Effects of repeated phenelzine (PZ: 10 mg/kg s.c. 15 min after injury followed by maintenance dosing (5 mg/kg s.c.) every 12 h) on cortical mitochondrial bioenergetics 72 h following severe controlled cortical impact TBI. Mitochondrial respiration was measured with a Clark-type electrode expressed as respiratory control ratio (RCR). The RCR is rate of oxygen consumption during State III divided by State IV respiration. Animals received PZ rats were euthanized at 72 h. Sham and Sham + PZ groups were significantly different compared to Vehicle groups. RCR of PZ treatment was significantly increased compared to vehicle and not significantly different from either sham control variant (Sham or Sham + PZ). One-way ANOVA ( $F = 7.7$ ,  $df = 3, 24$ ,  $P < 0.009$ ) followed by Student Newman-Keuls post-hoc test.  $*p < 0.05$ . Error bars represent  $\pm$ SD;  $n = 8-9$  rats per group except sham where  $n = 5$  rats per group. (b) (Bottom): Repeated PZ reduces 4-hydroxynonenal (4-HNE) accumulation in mitochondria 72 h after TBI. As revealed by quantitative western blot (see sample blot and bar graph), 4-HNE-modified proteins were significantly elevated in the Vehicle group compared to both Sham groups. PZ treatment group exhibited significantly reduced oxidative damage compared to Vehicle group, but did not return to Sham levels. ANOVA ( $F = 9.9$ ,  $df = 3, 24$ ,  $p < 0.0002$ ) followed by Student Newman-Keuls post-hoc test.  $*p < 0.05$ . (c) Repeated PZ reduces cortical neurodegeneration 72 h after TBI: Coronal sections of ipsilateral rat brains rat taken at  $1.2\times$  magnification. **Left:** Vehicle (0.9% saline) treated rat brain injected 15 min after TBI; **Center:** Phenelzine (PZs) single 10 mg/kg s.c. dose treated animal; **Right:** Rat brain of PZ-treated with a multiple dosing paradigm (PZm): single subcutaneous injection of PZ 15 min after injury, followed by maintenance dosing of 5 mg/kg every 12 h thereafter. All groups (Vehicle, PZ(S), PZ(M)) were euthanized 72 h after first injection. Black bar under the photomicrographs represents 1 mm. The graph below the photos shows percent of cortical tissue sparing followed by either Vehicle (saline), PZ(S), or PZ(M) treatment. Rats were euthanized in all treatment paradigms at 72 h after first injection. PZs did not exhibit a statistically significant amount of cortical tissue sparing when compared to Vehicle. However, PZm significantly increased the total volume of spared cortical tissue. One-way ANOVA followed by Dunnett's post-hoc test.  $*p < 0.05$  compared to Vehicle. Error bars represent mean  $\pm$  SD;  $n = 6$  rats for vehicle group;  $n = 8$  rats per group for drug-treated rats. These data are reproduced with permission from Cebak et al. (2017)



minutes and hours after CNS injury (Hall et al. 1989, 1992). Thus, it has long been recognized that more effective brain penetrable pharmacological LOO<sup>•</sup> scavengers are needed. Furthermore, compared to antioxidants that are scavengers of the initial post-TBI oxygen radical burst, it is reasonable to theorize that antioxidants that interrupt the LP process after it has begun would be able to exert a more clinically practical neuroprotective effect (i.e. possess a longer antioxidant therapeutic window).

An additional approach to inhibiting the propagation of LP reactions is to **chelate free iron**, either ferrous (Fe<sup>2+</sup>) or ferric (Fe<sup>3+</sup>), which potently catalyzes the breakdown of lipid hydroperoxides (LOOH), an essential event in the continuation of LP chain reactions in cellular membranes. The prototypical iron-chelating drug which chelates Fe<sup>3+</sup>, is the tri-hydroxamic acid compound deferoxamine.

The fourth antioxidant category that has begun to be explored for neuroprotection following TBI concerns **pharmacological scavenging of LP-derived aldehydic (carbonyl-containing) breakdown products 4-HNE and acrolein**. As introduced earlier, these highly neurotoxic compounds have high affinity for covalently binding to basic amino acid residues including histidine, lysine, arginine and cysteine. These modifications have been shown to inhibit the activities of a variety of enzymatic proteins (Halliwell and Gutteridge 2008). Also, 4-HNE and acrolein, formed by LP oxidative damage, are also associated with stimulating additional free radical generation (i.e. oxidative stress) in injured CNS tissue (Hamann and Shi 2009). Several compounds have been identified that are able to antagonize this “carbonyl stress” by covalently binding to reactive LP-derived aldehydes. Two commercially available FDA-approved drugs that have been tested in TBI models are D-penicillamine and phenelzine, whose neuroprotective effects will be briefly discussed in the next section of this chapter.

A fifth antioxidant category that is theoretically an attractive broad spectrum mechanistic approach for achieving neuroprotection in TBI involves **pharmacologically activating the body’s endogenous pleiotropic antioxidant defense system** that is largely regulated by nuclear factor E2-related factor 2/antioxidant response element (Nrf2/ARE) signaling at the transcriptional level (Kensler et al. 2007). As will be discussed below, Nrf2 activation and the up-regulation of antioxidant and anti-inflammatory genes, which has been previously described in experimental models of stroke and neurodegenerative disease (Shih et al. 2003), appears to be particularly promising in TBI models. Indeed, it has been documented that in the mouse controlled cortical impact TBI paradigm the injury itself upregulates Nrf2 and antioxidant gene expression. However, the time course of that antioxidant response occurs simultaneously with the time course of posttraumatic LP in brain tissue (Miller et al. 2014). Thus, what is needed is a compound that speeds up and increases the magnitude of the post-TBI Nrf2/ARE activation in the injured brain so that it has a chance to attenuate the peak of posttraumatic oxidative neural damage. Two such naturally occurring compounds that have been shown to be protective in TBI models are sulforaphane, found in high concentrations in broccoli, and carnosic acid, found in the herb rosemary.

Finally, a sixth strategy for achieving antioxidant neuroprotection in injured brain tissue involves **protecting the neural mitochondrion** which is essential for maintaining ATP production via the multi-complex electron transport chain as well as for its role in excessive post-TBI cytoplasmic  $\text{Ca}^{2+}$  accumulation. While mitochondrial  $\text{Ca}^{2+}$  buffering is one of the major functions of cellular mitochondria, as the intra-mitochondrial  $\text{Ca}^{2+}$  concentration increases, this leads to increases in mitochondrial  $\text{O}_2^{\cdot-}$  as well as activation of a mitochondrial NOS that produces  $\text{NO}^{\cdot}$ . These two radicals rapidly combine to generate peroxynitrite and its derived highly reactive radicals ( $\text{OH}^{\cdot}$ ,  $\text{NO}_2^{\cdot}$ ,  $\text{CO}_3^{\cdot-}$ ) which cause damage  $\text{NO}^{\cdot}$  leakage, causing oxidative damage to the electron transport chain (Bains and Hall 2012). Ultimately, mitochondrial dysfunction triggers the formation of the multi-component mitochondrial permeability transition pore (mPTP), which when it opens triggers mitochondrial permeability transition (mPT) loss of ionic gradients and leakage of important mitochondrial proteins (e.g. cytochrome C). Cyclosporine A (CsA), in addition to its immunosuppressive properties caused by inhibition of calcineurin, also has the ability to prevent mPTP formation by binding to one of the mPTP components, cyclophilin D, preventing the latter from joining mPTP complex, which is required in order for mPT to take place. Consequently, CsA acts to rescue the mitochondrion, preserves membrane potential and lessens additional ROS generation and oxidative damage. This has repeatedly been demonstrated in TBI models (Mbye et al. 2008; Sullivan et al. 1999). Because CsA is not an electron-donor or radical scavenger, its antioxidant action is consequently indirect. In other words, by preventing mPT from occurring it decreases mitochondrial ROS generation and thus indirectly limits oxidative damage. That this protective effect of CsA has little or nothing to do with its inhibition of calcineurin is due to the demonstration that the non-immunosuppressive CsA analog NIM811 does not inhibit calcineurin, but does bind to cyclophilin D, is just as protective as CsA in terms of mitochondrial function in the injured brain and able to reduce lesion volume (Mbye et al. 2008, 2009; Readnower et al. 2011)

### 3.7 Neuroprotective Effects of Pharmacological Antioxidants in TBI Patients and Models

**TBI Clinical Trial Results with PEG-SOD and Tirilazad:** During the past 30 years, there has been an intense effort to discover and develop pharmacological agents for acute treatment of TBI. This has included two compounds that possess free radical scavenging/antioxidant properties, including polyethylene glycol-conjugated superoxide dismutase (PEG-SOD) and the LP inhibitor tirilazad, that were tested in phase III clinical trials in a pathologically heterogeneous population of TBI patients (Langham et al. 2000; Marshall et al. 1998; Narayan et al. 2002). However, each of these trials was a therapeutic failure in that no overall benefit was documented. These failures have been hypothesized to be due to several factors (Narayan et al. 2002).

**PEG-SOD:** As mentioned earlier, the initial studies of free radical scavenging compounds in TBI models were carried out with Cu/Zn SOD based upon the work of Kontos and colleagues, who showed that post-traumatic microvascular dysfunction was initiated by  $O_2^{\cdot-}$  generated as a by-product of the arachidonic acid cascade, which is massively activated during the first minutes and hours after TBI (Kontos 1989; Kontos and Wei 1986; Kontos and Povlishock 1986). Their work showed that administration of SOD prevented the post-traumatic microvascular dysfunction. This led to clinical trials in which the more metabolically stable polyethylene glycol (PEG)-conjugated SOD was examined in moderate and severe TBI patients when administered within the first 8 h after injury. Although an initial small phase II study showed a positive trend, subsequent multi-center phase III studies failed to show a significant benefit in terms of increased survival or improved neurological outcomes (Muizelaar et al. 1995). One theoretical reason may be that a large protein like SOD is unlikely to have much brain penetrability and therefore its radical scavenging effects may be limited to the microvasculature. A second reason may be that attempting to scavenge the short-lived inorganic radical  $O_2^{\cdot-}$  may be associated with a very short therapeutic window, as suggested above. As pointed out earlier, the time course of measurable post-traumatic  $OH^{\cdot}$  formation in the injured rodent brain has been shown to largely run its course by the end of the first hour after TBI (Hall et al. 1993; Smith et al. 1994). A more rational strategy would be to inhibit the LP that is triggered by the initial burst of inorganic radicals. A comparison of the time course of LP with that of post-traumatic  $OH^{\cdot}$  shows that LP reactions continue to build beyond the first post-traumatic hours (Smith et al. 1994) and may continue for 3–4 days (Du et al. 2004; Miller et al. 2014; Hall et al. 2012). Despite the failure of PEG-SOD in human TBI, experimental studies have shown that transgenic mice that over-express Cu/Zn SOD are significantly protected against post-TBI pathophysiology and neurodegeneration (Chan et al. 1995; Gladstone et al. 2002; Lewen et al. 2000; Mikawa et al. 1996; Xiong et al. 2005). This fully supports the importance of post-traumatic  $O_2^{\cdot-}$  in post-traumatic secondary injury, despite the fact that targeting this primordial radical is probably not the best antioxidant strategy for acute TBI compared to trying to stop the downstream LP process that is initiated by the early increases in  $OH^{\cdot}$ ,  $NO^{\cdot}_2$  and  $CO_3^{\cdot-}$ .

**Tirilazad:** Consistent with that rationale, the 21-aminosteroid LP inhibitor tirilazad was discovered, which inhibits free radical-induced LP by a combination of  $LOO^{\cdot}$  scavenging and a membrane-stabilizing action that limits the propagation of LP reactions between an  $LOO^{\cdot}$  and an adjacent polyunsaturated fatty acid (Hall et al. 1994). The protective efficacy of tirilazad has been demonstrated in multiple animal models of acute TBI in mice (Hall et al. 1988), rats (McIntosh et al. 1992) and cats (Dimlich et al. 1990). While the compound is largely localized in the microvascular endothelium, the post-traumatic disruption of the BBB is known to allow the successful penetration of tirilazad into the brain parenchyma as noted earlier (Hall et al. 1992). Other mechanistic data derived from the rat controlled cortical impact and the mouse diffuse concussive head injury models have definitively shown that a major effect of tirilazad is to lessen post-traumatic microvascular damage including BBB opening (Hall et al. 1992; Smith et al. 1994).

Tirilazad was taken into clinical development in the early 1990s, and following a small phase II dose-escalation study that demonstrated the drug's safety in TBI patients, it was evaluated in two phase III multi-center clinical trials for its ability to improve neurological recovery in moderately and severely injured closed TBI patients. One trial was conducted in North America and the other in Europe. In both trials, TBI patients were treated within 4 h after injury with either vehicle or tirilazad (10 mg/kg i.v. q6h for 5 days). The North American trial was never published, due to a major confounding imbalance in the randomization of the patients to placebo or tirilazad in regards to injury severity and pre-treatment neurological status. In contrast, the European trial that 1120 enrolled had much better randomization balance and was published (Marshall et al. 1998). As observed for PEG-SOD, tirilazad failed to show a significant beneficial effect of tirilazad in either moderate (GCS = 9–12) or severe (GCS = 4–8) patient categories. However, a post hoc analysis showed that moderately-injured male TBI patients with traumatic subarachnoid hemorrhage (tSAH) had a significantly lower incidence of 6 month mortality after treatment with tirilazad (6%) compared to placebo (24%,  $p < 0.042$ ). In severely injured males with tSAH, tirilazad also lessened mortality from 43% in placebo-treated to 34% ( $p < 0.026$ ). This result is consistent with the fact that tirilazad is also highly effective in reducing SAH-induced brain edema and vasospasm in animal models of SAH (Hall et al. 1994). Nevertheless, additional trials would have been required in order to establish the neuroprotective utility of tirilazad in tSAH patients in order to gain FDA approval. However, the sponsoring company Pharmacia & Upjohn opted not to continue the compound's development for TBI although tirilazad was successfully approved and marketed for use in aneurysmal SAH (aSAH) in several western European countries, Australia, New Zealand and South Africa, based upon its demonstrated efficacy in phase III aSAH trials conducted in those countries (Kassell et al. 1996; Lanzino and Kassell 1999). Therefore, the apparent post hoc-identified benefit in tSAH patients is consistent with tirilazad's prospectively demonstrated efficacy in aSAH patients, also mainly observed in males.

**Effects of Other Direct and Indirect-Acting Lipid Peroxidation Inhibitors:** In addition to tirilazad, several other LP inhibitors have been reported to be effective neuroprotectants in TBI models. These include the lipid peroxy radical (LOO<sup>•</sup>) scavenging 2-methylaminochromans U-78517F and U-83836E (Hall et al. 1991; Mustafa et al. 2010, 2011), the pyrrolopyrimidine U-101033E (Hall et al. 1997; Xiong et al. 1997, 1998), OPC-14117 (Mori et al. 1998) and the naturally-occurring LOO<sup>•</sup> scavengers curcumin (Sharma et al. 2009; Wu et al. 2006) and resveratrol (Ates et al. 2007; Sonmez et al. 2007), the indoleamine melatonin (Beni et al. 2004; Cirak et al. 1999; Mesenge et al. 1998; Ozdemir et al. 2005a, b) and lastly, the endogenous antioxidant lipoic acid (Toklu et al. 2009). In the case of curcumin and resveratrol, these are potent LOO<sup>•</sup> scavengers due to their possession of multiple phenolic hydroxyl groups that can donate electrons to LOO<sup>•</sup> radicals. Melatonin also has LOO<sup>•</sup> scavenging capability (Longoni et al. 1998), but in addition appears to react with PN (Zhang et al. 1999). Lipoic acid may also have LOO<sup>•</sup> scavenging effects, but these are more likely to be indirect via the regeneration (i.e. re-reduction)

of other endogenous electron-donating antioxidants, including vitamin E, glutathione and vitamin C.

Among these LP inhibitors, arguably the most potent and effective LOO<sup>•</sup> scavenging LP inhibitor yet discovered is the 2-methylaminochroman compound U-83836E which combines the LOO<sup>•</sup> scavenging antioxidant chroman ring structure of vitamin E with the bis-pyrrolopyrimidine moiety of tirilazad. The phenolic chroman antioxidant moiety, after it sacrifices its phenolic electron to scavenge an LOO<sup>•</sup>, can be re-reduced by endogenous ascorbic acid (vitamin C) or glutathione (GSH) making it able to quench a second and then a third LOO<sup>•</sup>, etc. The bis-pyrrolopyrimidine moiety, on the other hand, can also scavenge multiple moles of LOO<sup>•</sup> by a true catalytic mechanism (Hall et al. 1991; Hall et al. 1995). Thus, U-83836E, is a dual functionality LOO<sup>•</sup> scavenger that is understandably more effective than either vitamin E, tirilazad (Hall et al. 1991) and possibly the other naturally-occurring LOO<sup>•</sup> scavengers such as curcumin, resveratrol, melatonin and lipoic acid. Furthermore, U-83836E possesses a high degree of lipophilicity endowing it with a high affinity for membrane phospholipids where LP takes place. Studies from the authors' laboratory in the mouse CCI-TBI model have shown that U-83836E is able to reduce post-traumatic LP and protein nitration and preserve mitochondrial respiratory function, and lessen calpain-mediated neuronal cytoskeletal degradation and decrease injured tissue (Mustafa et al. 2010, 2011).

**Nitroxide Antioxidants and Peroxynitrite Scavengers:** In addition to the lipid peroxy (LOO<sup>•</sup>) radical scavengers, the neuroprotective effects of a family of nitroxide-containing antioxidants have also been examined in experimental TBI models. These are sometimes referred to as “spin-trapping agents” and include  $\alpha$ -phenyl-tert-butyl nitron (PBN) and its thiol analog NXY-059 and tempol. Both PBN and tempol have been shown to be protective in rodent TBI paradigms (Awasthi et al. 1997; Marklund et al. 2001). As mentioned earlier, tempol has been shown by the author and colleagues to catalytically scavenge PN-derived NO<sub>2</sub><sup>•</sup> and CO<sub>3</sub><sup>•-</sup> (Carroll et al. 2000; Bonini et al. 2002), and to reduce post-traumatic oxidative damage (both LP and protein nitration), preserve mitochondrial function, decrease calcium-activated, calpain-mediated cytoskeletal damage and reduce neurodegeneration in mice subjected to a severe controlled cortical impact-induced focal TBI (Deng-Bryant et al. 2008). Earlier, another laboratory reported that tempol can reduce post-traumatic brain edema and improve neurological recovery in a rat contusion injury model (Beit-Yannai et al. 1996; Zhang et al. 1998). However, the neuroprotective effect of tempol, administered alone, is associated with a therapeutic window of an hour or less in the mouse controlled cortical impact TBI (CCI-TBI) model. Moreover, tempol is not effective at directly inhibiting LP in the latter model (Deng-Bryant et al. 2008).

**Effects of the Iron Chelator Deferoxamine:** The prototype iron chelator deferoxamine, which binds ferric (Fe<sup>3+</sup>) iron and thereby would lessen the catalytic effects of iron on LP, has also been reported to have beneficial actions in preclinical TBI or TBI-related models (Gu et al. 2009; Long et al. 1996). However, deferoxamine is hindered by its limited brain penetration and rapid plasma elimination rate. To counter

the latter limitation, a dextran-coupled deferoxamine has been synthesized that has been reported to significantly improve early neurological recovery in a mouse diffuse TBI model (Panter et al. 1992). Much of this activity, however, is probably due to microvascular antioxidant protection because of limited brain penetrability. Another caveat to the iron-chelation antioxidant neuroprotective approach that is at least relevant to the ferric iron chelators such as deferoxamine is that at they can cause a pro-oxidant effect in that their binding of  $\text{Fe}^{3+}$  can actually drive the oxidation of ferrous to ferric iron which can increase superoxide radical formation in the process ( $\text{Fe}^{2+} + \text{O}_2 \rightarrow \text{Fe}^{3+} + \text{O}_2^{\cdot-}$ ).

**Effects of Carbonyl Scavengers:** We have previously demonstrated that D-penicillamine is able to scavenge PN (Althaus et al. 1994) and to protect brain mitochondria from PN-induced respiratory dysfunction in isolated rat brain mitochondria (Singh et al. 2007). D-Penicillamine has also been documented to form an irreversible bond to primary aldehydes, enabling it to scavenge neurotoxic LP-derived carbonyl compounds such as 4-HNE and acrolein (Wood et al. 2008). Consistent with that mechanism of action, D-penicillamine was shown to attenuate the levels 4-HNE-modified brain mitochondrial proteins after exposure of isolated mitochondria to 4-HNE (Singh et al. 2007). The PN scavenging action of D-penicillamine along with its carbonyl scavenging capability may jointly explain our previous findings that acutely administered penicillamine can improve early neurological recovery of mice subjected to moderately severe concussive TBI (Hall et al. 1999).

More recently, it has been demonstrated that a variety of FDA-approved hydrazine ( $-\text{NH}-\text{NH}_2$ )-containing compounds including the anti-hypertensive agent hydralazine and the anti-depressant phenelzine can react with the carbonyl moieties of 4-HNE or acrolein, which prevents the latter from binding to susceptible amino acids in proteins (Galvani et al. 2008). Most impressive is the fact that the application of hydrazines can rescue cultured cells from 4-HNE toxicity even when administered after the 4-HNE has already covalently bound to cellular proteins (Galvani et al. 2008). Consistent with this effect being neuroprotective, others have shown that hydralazine inhibits either compression or acrolein-mediated injuries to ex vivo spinal cord (Hamann et al. 2008). However, hydralazine, which is a potent vasodilator, would be difficult to administer in vivo after either spinal cord injury or TBI in which hypotension is already a common pathophysiological problem. In contrast, another FDA-approved hydrazine-containing drug phenelzine, used for certain depressive patients, should not compromise blood pressure as readily as hydralazine. Accordingly, a recently published paper has shown that phenelzine administration to rats subjected to acute contusion SCI mitigated post-SCI neuropathic pain, reduces motor deficits and improves spinal cord tissue sparing (Chen et al. 2016). Earlier studies have demonstrated neuroprotective efficacy in a rodent ischemia-reperfusion stroke model that were attributed to reducing ‘aldehyde load’ in the stroke-injured brain (Wood et al. 2006).

In vitro studies in our laboratory have documented the ability of phenelzine to protect isolated rat brain mitochondria from the respiratory depressant effects of 4-HNE, together with a concentration-related attenuation of the accumulation of



4-HNE modified mitochondrial proteins. More recently, we have observed that phenelzine is able to protect isolated mitochondria from respiratory functional depression and modification of mitochondrial proteins following application of the more highly reactive aldehyde acrolein (Cebak et al. 2017). Subsequent *in vivo* studies in the rat controlled cortical impact TBI model have found that a single 10 mg/kg s.c. dose of phenelzine can also reduce early (3 h) posttraumatic mitochondrial respiratory failure as well as reducing cortical lesion volume at 14 days post-injury (Singh et al. 2013). To better define the optimal neuroprotective use of phenelzine, additional *in vivo* TBI studies have demonstrated that repeated dosing with phenelzine over a 60 h post-TBI period is capable of protecting delayed mitochondrial failure at its peak at 72 h in the same TBI model along with a reduction in cortical lesion volume that is greater than that seen with a single early dose. This makes sense in that the adequate carbonyl-scavenging drug levels logically need to be maintained during the 72 h long time course of posttraumatic generation of LP-derived neurotoxic aldehydes (Cebak et al. 2017).

**Effects of Nrf2/ARE Signaling Activators:** The body's endogenous antioxidant defense system is largely regulated by nuclear factor E2-related factor 2/antioxidant response element (Nrf2/ARE) signaling at the transcriptional level (Zhang 2006; Kensler et al. 2007). Nrf2 activation and the up-regulation of antioxidant and anti-inflammatory genes represents a valid neurotherapeutic intervention in CNS injury and has been previously described in various experimental models of stroke and neurodegenerative diseases (Shih et al. 2003). More recently, the role of Nrf2/ARE activation in SCI has been explored as a targeted neuroprotective strategy for both TBI and SCI. Indeed, studies in Nrf2 ( $-/-$ ) mice demonstrated increased spinal cord edema and expression of inflammatory cytokines compared to wild-type Nrf2 mice following SCI (Mao et al. 2010; Mao et al. 2011). In mild rat thoracic SCI, it has been reported that Nrf2 levels increase as early as 30 min post-injury and remain elevated through 3 days. In the same study, application of the natural product sulforaphane, a Nrf2/ARE signaling activator, significantly reduced contusion volume and increased post-SCI coordination. These positive outcomes were a result of sulforaphane-induced increases in Nrf2, glutamine and decreases in inflammatory cytokines, IL-1 $\beta$  and TGF $\alpha$  (Wang et al. 2012).

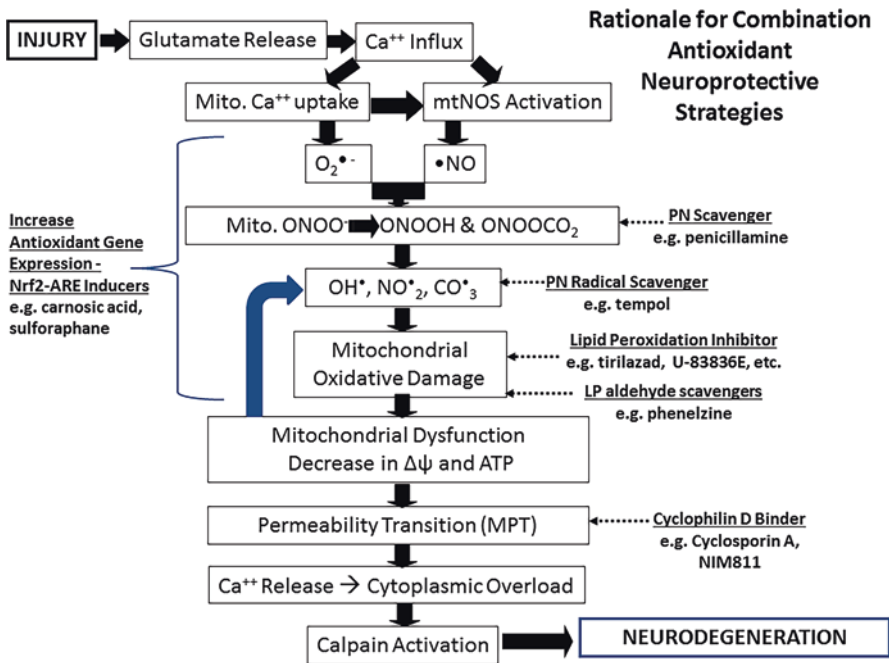
The mRNA levels of Nrf2-regulated antioxidant enzymes, heme oxygenase (HO-1) and NADPH:quinone oxidoreductase-1 (NQO1), are up-regulated 24 h post TBI (Yan et al. 2008). In addition, Nrf2-knockout mice are susceptible to increased oxidative stress and neurologic deficits following TBI compared to their wild-type counterparts (Hong et al. 1994). Administration of sulforaphane is also neuroprotective in various animal models of TBI, specifically reducing cerebral edema and oxidative stress and improving BBB function and cognitive deficits (Dash et al. 2009). Studies by Chen et al. (2011) demonstrated increased expression of Nrf2 and HO-1 in the cortex of the rat subarachnoid hemorrhage model. Treatment with sulforaphane further increased the expression of Nrf2, HO-1, NQO1 and glutathione S-transferase- $\alpha$ 1 (GST- $\alpha$ 1), resulting in the reduction of brain edema, cortical neuronal death and motor deficits (Chen et al. 2011). Tert-butylhydroquinone, another

activator of Nrf2, protects against TBI-induced inflammation and damage via reduction in NF- $\kappa$ B activation and TNF $\alpha$  and IL-1 $\beta$  production following injury in the mouse closed head injury model (Jin et al. 2011). Collectively these studies demonstrate a significant neuroprotective role of Nrf2 signaling through the activation of antioxidant enzymes and reduction of oxidative secondary injury responses following CNS injury. Thus, Nrf2 activation may be a prime candidate for the attenuation of oxidative stress and subsequent neurotoxicity in TBI via the development of small-molecule activators of the Nrf2/ARE pathway.

Recent work in our laboratory has revealed that following controlled cortical impact TBI in mice, there is indeed a progressive activation of the Nrf2-ARE system in the traumatically-injured brain as evidenced by an increase in HO-1 mRNA and protein that peaks at 72 h after TBI. However, this effect does not precede, but rather it is coincident with the post-injury increase in LP-related 4-HNE (Miller et al. 2014). Therefore, it is apparent that this endogenous neuroprotective antioxidant response needs to be pharmacologically enhanced and/or sped up if it is to be capable of exerting acute post-TBI neuroprotection. Our laboratory is currently studying another Nrf2-ARE activator, natural product carnosic acid, that has been shown by others to more effectively induce this antioxidant defense system than the prototype sulforaphane (Satoh et al. 2008). We have shown that administration of carnosic acid to non-TBI mice is able to significantly increase the resistance of cortical mitochondria harvested 48 h later to the respiratory depressant effects of the *in vitro* applied 4-HNE together with a decrease in 4-HNE modification of mitochondrial proteins (Miller et al. 2013). Subsequently, we have administered a single 1 mg/kg *i.p.* dose of carnosic acid to mice at 15 min after controlled cortical impact TBI and observed that the compound is able to significantly preserve respiratory function along with a reduction in the level of LP-mediated damage in mitochondria harvested from the injured cortex at 24 h after TBI (Miller et al. 2015). Furthermore, carnosic acid's antioxidant effects were still apparent at 48 h post-injury in terms of an attenuation of 4-HNE and 3-NT in the injured cortical tissue together with a decrease in Ca<sup>2+</sup>-activated, calpain-mediated neuronal cytoskeletal degradation. In regards to the latter neuronal protective effect, a decrease in 48 h cytoskeletal degradation was also shown to occur even with a post-TBI treatment delay of 8 h. Ongoing studies are evaluating the behavioral recovery and tissue protective effects of carnosic acid whether these are achievable with a clinically practical therapeutic window.

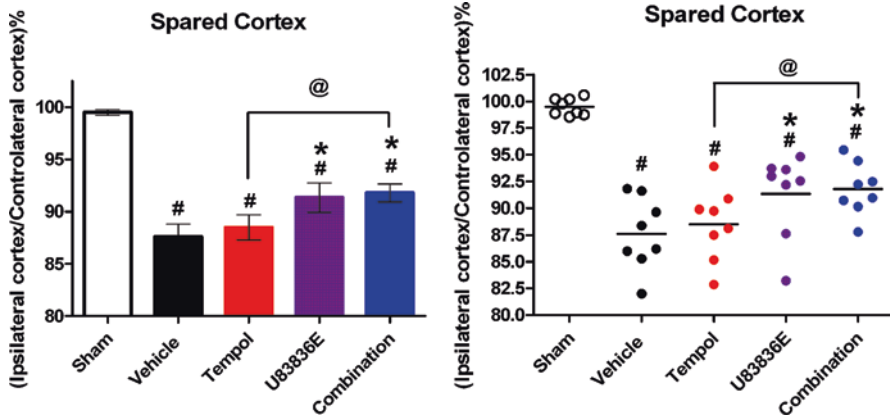
### 3.8 Combination Antioxidant Treatment of Traumatic Brain Injury

Antioxidant neuroprotective therapeutic discovery directed at acute TBI has consistently been focused upon attempting to inhibit the secondary injury cascade by pharmacological targeting of a single oxidative damage mechanism. As presented above, these efforts have included either enzymatic scavenging of superoxide radicals with SOD (Muizelaar et al. 1995) or inhibition of LP with tirilazad



**Fig. 3.3** Rationale for the combination of two or more antioxidant strategies to achieve a more effective and consistent (i.e. less variable) neuroprotective effect in the injured brain

(Marshall et al. 1998). While each of these strategies alone has shown protective efficacy in animal models of TBI, phase III clinical trials with either compound failed to demonstrate a statistically significant positive effect although post hoc subgroup analysis suggests that the microvascularily localized tirilazad may have efficacy in moderate and severe TBI patients with tSAH (Marshall et al. 1998). While many reasons have been identified as possible contributors to the failure, one logical explanation has to do with the possible need to interfere at multiple points in the oxidative damage portion of the secondary injury cascade either simultaneously or in a phased manner in order to achieve a clinically demonstrable level of neuroprotection. To begin to address this hypothesis, we are currently exploring the possibility that reducing posttraumatic oxidative damage more completely and less variably might be achievable by combined treatment with two or more mechanistically complimentary antioxidant compounds. Figure 3.3 summarizes the overall rationale for a multi-mechanistic antioxidant therapy for TBI. It is anticipated that the combination of two or three antioxidant mechanistic strategies may improve the extent of neuroprotective efficacy, lessen the variability of the effect and possibly provide a longer therapeutic window of opportunity compared to the window for the individual strategies. Figure 3.4 shows preliminary, not yet published data, suggesting that combination treatment of the PN radical scavenger tempol with the LP inhibitor U-83836E in mice subjected to controlled cortical impact TBI was more effective in



**Fig. 3.4** Preliminary data on the neuroprotective effects of 15 min post-injury administration of tempol, U83836E or the combination on cortical tissue sparing. U83836E and the combination both significantly improved tissue sparing whereas tempol in this experiment did not. However, only the combination significantly out-performed tempol. As in scatter plot on the right, the variability in the combination group was considerably lower than in the single treatment groups. All values = mean  $\pm$  SEM for N = 8/group; #p < 0.05 vs sham; \*p < 0.05 vs. vehicle, @p < 0.05 tempol alone vs. combination

reducing 7 day post-TBI cortical tissue damage as well as resulting in a reduction in the variability of the data to half of that seen in the parallel groups treated with the either of the two drugs alone.

In other published studies, we have observed that combined treatment with an LP inhibitor with an inhibitor of excitotoxic glutamate release increases the neuroprotective therapeutic window. Using an infant rat model of shaken baby-induced brain damage model, we have documented that treatment with riluzole, an inhibitor of excitotoxic glutamate release, attenuated cortical neurodegeneration measured at 14 days post-TBI, but the therapeutic window for this neuroprotective effect was limited to the initial riluzole dose having to be administered during the first hour after TBI. However, when the infant rats received the LP inhibitor tirilazad at 30 min after TBI, it increased the neuroprotective therapeutic window for riluzole to 4 h after TBI (Smith and Hall 1998). Thus, combination treatments may extend the neuroprotective efficacy window significantly. Accordingly, combination neuroprotective therapy might be able to improve efficacy, reduce variability and improve the therapeutic window for achievement of clinically measurable neuroprotection in TBI patients, although additional work remains to be conducted to determine whether that neuroprotective hypothesis is correct.

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