

American Tegumentary Leishmaniasis

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Olga Zerpa, Maritza Padrón-Nieves, and Alicia Ponte-Sucre

Abstract

American tegumentary leishmaniasis is an endemic anthropozoonosis undergoing expansion on the American continent. The disease is caused by several Leishmania species and thus there are intraspecific parasitological dissimilarities that may generate different pathologies. Furthermore, in America Leishmania spp. has diverse reservoirs (that may change continuously) and can use various vectors to infect humans and mammals. Antimonials are the drugs of choice for the treatment of American tegumentary leishmaniasis; however, their efficacy is not predictable, and this may be linked to parasite drug resistance. This is further complicated by the fact that the etiological parasitic species in America belong to both the Leishmania and the Viannia subgeni. For all these reasons, the identification of the etiological infectious agent-up to the species level-is fundamental for precise clinical diagnosis, treatment, and prognosis and for control of the disease. The present chapter offers a description of American tegumentary leishmaniasis, a fundamental piece of knowledge for the comprehension of the challenges we face for leishmaniasis in times of drug resistance. As a way to better understand the unique scenario that America offers for leishmaniasis, some data related to the figures present in the Old World will be presented.

O. Zerpa

M. Padrón-Nieves · A. Ponte-Sucre (🖂)

Emerson Clinical Research Institute, Washington, DC, USA

Laboratorio de Fisiología Molecular, Instituto de Medicina Experimental, Escuela Luis Razetti, Universidad Central de Venezuela, Caracas, Venezuela

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8.1 Introduction

Leishmaniasis is an infectious disease caused by flagellate protozoa of the genus *Leishmania* (*L*.). The disease is transmitted to humans through the bite of an insect vector, the sand fly. Depending on the vertebrate reservoir found in a specific geographic zone, the disease is classified as zoonotic or anthroponotic. Leishmaniasis is characterized by a spectrum of clinical, histopathological, and immunological features linked to the pathogenicity of the infecting parasite as well as to the immunological response of the host. As stated in various chapters of the present volume, clinical manifestations of leishmaniasis include lesions in the skin and/or the mucous membranes or invasion of visceral organs [1].

Leishmania infections range in severity from asymptomatic lesions to disfiguring tegumentary leishmaniasis and fatal visceral leishmaniasis. Dermotrophic strains cause American tegumentary leishmaniasis (ATL) characterized by a spectrum of clinical manifestations including localized cutaneous (LCL), diffuse cutaneous (DCL), disseminated (DL), and mucocutaneous (MCL) leishmaniasis [1, 2].

The main species (in 86–98% of cases) causing the limited clinical manifestations (characteristic ulcerative lesion) of leishmaniasis in the Old World are *L*. (*L*.) *major*, *L*. (*L*.) *tropica*, *L*. (*L*.) *aethiopica*, and some zymodemes of *L*. (*L*.) *infantum*. The lesions usually heal spontaneously in periods from 3 months to 2 years or may evolve to a relapsing lesion known as leishmaniasis *recidiva cutis* (*L*. (*L*.) *tropica*) or to DCL (*L*. (*L*.) *aethiopica*) [3]. *L*. (*L*.) *donovani* visceral infections may develop into post-Kala-azar dermic leishmaniasis (PKDL) [4]. A detailed description of the clinical manifestations of Old World cutaneous leishmaniasis is found in a recently published comprehensive review [3].

Most of the species that cause tegumentary leishmaniasis occur in the New World. They are numerous and belong to both the *Leishmania* (*L*.) and *Viannia* (*V*.) subgeni, being *L*. (*V*.) *braziliensis* the most prevalent species, followed by *L*. (*L*.) *amazonensis* and *L*. (*L*.) *mexicana*, *L*. (*V*.) *guyanensis*, and *L*. (*V*.) *panamensis*. Other types of *Leishmania* that may also produce the disease in America are *L*. (*L*.) *pifanoi*, *L*. (*L*.) *shawi*, *L*. (*L*.) *venezuelensis*, *L*. *lainsoni*, and *L*. (*V*.) *peruviana* [2]. This variety in the species responsible for New World ATL determines the diverse clinical manifestations of the disease, including the aggressive and destructive MCL [1]. The comprehensive review written by Goto and Lindoso [1] offers a detailed description of the clinical manifestations of New World cutaneous leishmaniasis.

8.2 Epidemiology, Classification of Leishmania, Vectors

Tegumentary leishmaniasis is endemic in 82 countries all over the world, with approximately 1.5 million cases per year. Africa hosts most of the reported cases, then comes cases found in the Middle East, and finally those found in Latin America, being Chile the only country, which has not reported cases [1, 5]. Around 70–75% of global incidence occur only in ten countries: Afghanistan, Algeria, Brazil,

Colombia, Costa Rica, Ethiopia, the Islamic Republic of Iran, Peru, Sudan, and the Syrian Arab Republic. [6, 7]. Approximately 35,000 cases of mucosal leishmaniasis occur annually, mainly in Brazil, Peru, and Bolivia [8], and for CL high-burden countries, the population at risk of CL varies between 14% and 100%, and all together 399 million people are at risk of CL [7].

The disease is a dermatological syndrome. It is diagnosed in 3.3% of the skinrelated infections present in tourists that visit Latin America [9]. Cases predominate among agricultural workers, followed by students and finally housewives and children; its incidence in males is higher, possibly due to their greater risk of vector exposure caused by their type of (outdoors) work.

Risk factors to emergence and spread of tegumentary leishmaniasis include environmental factors (temperature and water storage, irrigation habits, deforestation, climate changes), immunosuppression (HIV or organ transplant), the use of immunosuppression therapy, and appearance of drug resistance. There is also an increased incidence in leishmaniasis in traveling people. Finally, war, people displacement by geopolitical problems, poor socioeconomic status, and low-level household also contribute to spread the disease [10].

The *Leishmania* species as well as the immune status of the host determine the clinical features of ATL. The initial lesion appears at the site where the insect bites. The incubation period lasts 2 weeks to 3 months. The initial lesion is a small, itchy, erythematous papule or nodule that eventually results in the enlargement of the draining lymph node. This initial wound may heal spontaneously; alternatively, it may evolve after several weeks, to patent disease with different clinical features [11].

Due to the diversity of the species that may co-exist in some geographical areas, correlation between clinical features of the disease and the infecting species of *Leishmania* is not straightforward; this is further complicated by the fact that the laboratory procedures needed for species identification are complex and sophisticated. These facts, as well as the range of drug sensitivities expressed by New World *Leishmania*, constitute a challenge for the prognosis of ATL [1].

As clearly described in the introduction of this volume, the *Leishmania* parasite alternates between two extreme environments to which the parasite must adapt, i.e., the mammalian host (amastigotes, without flagellum) and the insect vector (promastigote, flagellar form). Successful transmission occurs when the parasitized vector sucks blood from a vertebrate and inoculates promastigotes present in the proboscis. As the parasite enters the vertebrate circulation, the parasite is phagocytosed by macrophages. Although phlebotomine sand flies (*Phlebotomus* and *Lutzomyia*) transmit the disease, only anthropophilic *Lutzomyia* (~30 species), distributed all over America, can potentially function as vectors for *Leishmania* [5].

Regarding reservoirs, it is fundamental to differentiate zoonotic leishmaniasis, in which the reservoirs are wild or domestic animals, and anthroponotic leishmaniasis, when humans constitute the main host. This latter form of transmission is typical but not exclusive for the VL produced by *L*. (*L*.) *donovani*, and the LCL caused by *L*. (*L*.) *tropica*, in the Old World but is not common in America [5].

In America, many vertebrates have been identified as reservoirs: the sloth (Choloepus (C.) didactylus) for L (V.). guyanensis and C. Hoffmani for L. (V.)

panamensis, the opossum (Didelphis marsupialis) for L. (V.) guyanensis, the rice rats (Oryzomis capito), and the agouti (Dasyprocta Nectomys) for L. (L.) amazonensis. Also, several rodents' species function as reservoirs for L. (L.) mexicana and the rat (Rattus rattus) for L. (V.) guyanensis [12–16].

8.3 Clinical Spectrum, Immune and Pathologic Consequences of ATL

ATL may occur in three general forms with a range of clinical, histological, and immunological features that differ among them. LCL is located at one end of the spectrum and occurs in immune-competent patients. It is characterized by one or a few usually ulcerated lesions. The anergic DCL is located at the other end of the spectrum and is characterized by the clinical expression of numerous nodules, non-ulcerated papules, and plaques. Mucocutaneous lesions are located in the intermediate area of the spectrum, with extensive lesions prone to relapse [1, 17].

8.3.1 Localized Cutaneous Leishmaniasis (LCL)

LCL (Fig. 8.1a) is the most prevalent form of the disease and is caused by dermotropic *Leishmania* species [18]. Both *Vianna* and *Leishmania* subgeni produce it. The lesions, varying in number from one to ten, appear in an exposed area of the body surface. The established lesion is a well-delimited round, painless ulcer, with raised edges and a central crust, sometimes hemorrhagic. It starts as an erythematous papule after the bite of the vector. It grows and, in a few weeks, develops into an ulcer with little secretion but purulent if a secondary infection builds up. It may occur also as papules that surround the primary ulcer and may be accompanied by inflamed lymphatic tracts and nodes. The ulcers may heal spontaneously, leaving a hypopigmented, smooth, thin scar. The host–parasite balance, as well as other undefined factors, determines the evolution to other forms of the disease [3, 19, 20].

The ulcer differentiates to a typical epithelioid granuloma with a mixed pattern of Th1 and Th0 cytokines and a predominance of a Th1 response. Nodules and plaques on the skin may be flat; in the ulcers, the skin is abruptly lost producing epidermal hyperplasia. A macrophage infiltrate with epithelioid differentiation occupies the dermis, and a variable number of lymphoid cells and plasma cells (including a moderate number of Langerhans type giant cells) surround and/or invade the macrophage infiltration. The patients are normally immune-competent and develop a positive Montenegro test [1, 21]. For differential diagnosis, the following diseases should be considered: piodermitis, sporotrichosis, chromomycosis, skin cancer, cutaneous tuberculosis, and varicose ulcers and traumatic ulcers.



Fig. 8.1 Clinical forms of tegumentary leishmaniasis. (a) Localized cutaneous leishmaniasis. (b) Leishmaniasis recidiva cutis. (c) Diffuse cutaneous leishmaniasis. (d) Disseminated cutaneous leishmaniasis.

8.3.2 Leishmaniasis Recidiva Cutis (LRC)

LRC (Fig. 8.1b) is rare in the New World and in the Old World is associated with infections produced by *L*. (*L*.) *tropica*. Characteristic papular and vesicular lesions appear, in or around the healed scar. Most of the identified parasites that produce this form of the disease in the New World belong to the subgeni *Viannia* [22], but *L*. (*L*.) *amazonensis* in Brazil [23] and *L*. (*V*.) *panamensis* in Ecuador [24] can produce it [1].

8.3.3 Diffuse Cutaneous Leishmaniasis (DCL)

DCL is a true anergic form of tegumentary leishmaniasis characterized by the presence of nodular lesions that do not ulcerate (Fig. 8.1c) [25, 26]. This uncommon (described in Brazil, Mexico, Venezuela, the Dominican Republic, and Colombia) presentation of leishmaniasis is characterized by a lack of a cell-mediated immune response, although it may produce protective antibodies. It is caused by parasites of the subgeni *Leishmania*, i.e., *L.* (*L.*) *mexicana*, and *L.* (*L.*) *amazonensis* in the New World and by *L.* (*L.*) *aethiopica* in the Old World.

DCL seems to eclose mainly in childhood, beginning the early manifestations before the age of 15. It is believed that this predisposition is related to genetic and metabolic individual factors [27]. Some authors refer that an initial LCL lesion may be the origin of the spread of parasites by lymphatic and hematic means and that the subsequent inhibition of specific cellular immunity may lead to DCL appearance [28].

In early stages, the disease is characterized by the presence of papules, plaques, or erythematous nodules generally in localized skin areas. These lesions (full of parasites probably due to the Th2 immune response) may be asymmetrical, affecting a single extremity, or may be symmetrical but limited only to the upper or lower limbs [19, 25]. The lesions ulcerate if they suffer trauma, and invasion of the nasal mucosa occurs once the clinical disease becomes severe. This form of the disease is not accompanied by a strong inflammatory reaction. In DCL the initial sores relapse with the formation of nodules on the edge of the scar that remains with little changes over months or years and abruptly spread through the body surface.

Histological sections demonstrate atrophy of the epidermis, with dermoepidermal boundary rectification. A dense macrophage infiltration invades the dermis, accompanied by a moderate amount of vacuolated lymphoid and plasma cells. The inflammation reaches the subcutaneous tissue, and vacuolated macrophages contain a large number of parasites [1].

Cytokines and accessory signals on the skin decline; this situation compromises the function of antigen-presenting cells and induces a parasite-specific anergy. The granuloma is characterized by a predominantly Th2 response, with a high percentage of naive T cells that react against the parasite. The Montenegro test is negative [21]. In rare occasions, the initial diagnosis is positive but then becomes negative [19, 29, 30]. The titers of anti-*Leishmania* antibodies are high but decrease after treatment, a response that does not reveal a protective activity [31]. For differential diagnosis, the following diseases should be considered: lepromatous leprosy, cutaneous neurofibromatosis, lymphomas, and xanthomatosis.

8.3.4 Disseminated Leishmaniasis (DL)

DL (Fig. 8.1d) is characterized by the presence of multiple (10-300) pleomorphic small lesions, mainly acneiform and papular, in two noncontiguous areas of the body [20]. In 29% of cases, at least a mucocutaneous lesion is found. The clinical outcome includes a verrucous plaque, sarcoid, chronic ulcers with poor response to treatment and relapse with extensive lesions with a variable immunological response. It is produced by parasites of the subgeni *Leishmania* and *Viannia*. However, there are areas in northeast Brazil where *L*. (*V*.) *braziliensis* has been the only species found in infected patients [32].

As for DCL, some authors refer that an initial LCL lesion may be the origin of the spread of parasites by lymphatic and hematic means and that the subsequent inhibition of specific cellular immunity may lead to DL appearance [26, 28]. The lesions develop transformations similar to those found in LCL, and the epithelioid

differentiation of the epidermis concurs with epithelial proliferation, hyperkeratosis, parakeratosis, and scale-crusts. The parasites appear in varying numbers and must be sought within macrophages. Also, similar to LCL and in contrast to DCL, the infection is not age related, and it is mainly a result of the exposure of the host to the infected vector and to the immune response of the patients [28, 31].

DL pathogenesis is not still fully dilucidated; however, the absence of a cellmediated immune response, with decreased CD4⁺ T cell titers in peripheral blood, and a poor response by these cells to the *Leishmania* antigen seem to be a common feature. In DL patients, epidermal Langerhans cells are not frequent, and the granuloma has a mixed pattern of Th1 and Th2 cytokines. The Montenegro test has been reported to be negative depending on the geographical area where the patient lives; thus it has been claimed to be negative in Brazil and positive in Venezuela [21]. For the differential diagnosis, the following diseases should be considered: skin tuberculosis, chromomycosis, sporotrichosis, sarcoidosis, and leprosy.

8.3.5 Mucocutaneous Leishmaniasis (MCL)

One of the most severe forms of damage that occur in leishmaniasis involves the upper respiratory tract mucosa. It includes metastases by way of blood vessels or lymphatic system or by expansion of a face LCL [1, 31]. MCL appears years after the onset of cutaneous leishmaniasis and is characterized by the destruction of the walls of oral-nasal and pharyngeal cavities, potentially evolving to disfiguring lesions. The initial symptoms are mild and include nasal inflammation and stuffiness; ulceration and perforation of the nose septum could slowly ensue. The lesion may extend to the face, the soft palate, the pharynx, or the larynx. A cutaneous lesion can accompany the mucocutaneous lesion. *L.* (*V.*) *braziliensis* is the etiological agent in most cases, but species like *L.* (*V.*) *panamensis*, *L.* (*V.*) *guyanensis*, *L.* (*L.*) *amazonensis*, and *L.* (*L.*) *major* may also cause MCL [20].

The epidemiological data demonstrate that 5–7% of patients with LCL develop MCL [31, 33]. However, the frequency of MCL varies according to geographical location: In Brazil, it varies from 0.4% in the south [34, 35] to 1.4% in the central region [20] and to 2.7% in the northeast [36]. In the Andean countries, MCL may represent 7.1% of the registered cases of leishmaniasis [37]; Bolivia exhibits a high frequency of 20%, Ecuador a medium frequency of 7.7% [38], Colombia a low frequency of 2.3%, and Venezuela a very low frequency of 0.4% [37]. Most patients are over 40 years of age, although this form of the disease may also affect children [1].

The clinical manifestations begin with nasal obstruction, rhinorrhea, mucocutaneous bleeding, and shedding of serous crusts, impaired olfaction, and cacosmia. Physical examination at the beginning of the disease demonstrates erythema and infiltration in the nasal mucosa, mainly in the septum and inferior turbinate. If the disease develops without diagnosis and treatment, it progresses to an ulcer with serous crusts, surrounded by diffuse infiltrations of the mucosa (because of a poor definition of the granuloma); it may compromise the cartilaginous septum and produce drilling and deformation and even the total destruction of the septum giving the appearance of "tapir nose." The discharge of the nose can occasionally be purulent, due to bacterial infections and polypoid degeneration of the nasal mucosa.

These features are accompanied with significant shrinkage of the nasal wing and collapse of the corresponding nostril. Sometimes the acute inflammatory processes that occur around the nasal vestibule produce severe pain that could compromise the maxillary region of the affected side [17, 33, 39, 40]. At advanced stages of the disease, a destruction of the midface may occur.

In some cases, invasion of the nose and palate occurs; the patients report a feeling of "fullness" in the mouth, toothache, teeth loss, and spontaneous bleeding of the gums. These lesions grow profusely and may compromise the upper lip; they may also produce indurations, infiltration, and ulceration of the hard palate, amputation of the uvula, and lesions of the soft palate. Additionally, dysphagia, open rhinolalia, and regurgitation of food, as well as damage of the laryngeal structures such as epiglottis, ventricular bands, and vocal cords, may occur. Finally, the upper airway may also be compromised due to the tension produced by the formation of a granuloma in the mucosa and subsequent fibrosis; some cases may even require tracheotomy. In severe cases, there is deterioration of the patient's general condition and even death if the compromise of the respiratory tract is serious [1].

Histological sections support a diffuse mixed infiltrate [1]. The macrophage infiltrate differentiates into an epithelioid tissue with low densities of parasites [17, 30]). Langerhans cells (CD1a⁺) and CD83⁺ cells cannot be found in the epithelium [30, 41]. This situation might reflect the migration of Langerhans cells to the lymph node, or the action of the parasites on Langerhans cells during the chronic phase of the disease, circumstances that may cause an inadequate and deficient transduction of the signals necessary for an adequate immune response. In the epidermis, there is a strong expression of major histocompatibility complex (MHC)-II and intercellular adhesion molecule 1 (ICAM)-1, which confirms the state of hypersensitivity of this clinical form of leishmaniasis. The MCL granuloma expresses a mixed pattern of cytokine production (Th1/Th2, and a high CD4/CD8 ratio) [42, 43].

The Montenegro test reaction is strongly positive (Restrepo 1980). *Leishmania* antibody levels are variable and correlate with the extent of the patient's clinical profile [19, 31]. For differential diagnosis, the following diseases should be considered: in the nasal area, trauma, bacterial infections, syphilis, cocaine use, chromium poisoning, half-facial malignant granuloma, paracoccidioidomycosis, nasal polyps, rhinosporidiosis, leprosy, and squamous and basal cell carcinoma and in the palate and larynx carcinoma, paracoccidioidomycosis, and tuberculosis.

The number of diseases with which MCL should be differentially diagnosed is high; therefore, it is fundamental to carry out further examinations. These tests must include fungal serology, intradermal tests, mycological studies, mycobacteria, chest X-ray, nose and paranasal sinuses tomography, and histopathological analysis. Additionally, there may be complications such as conjunctival lesions with distortion of the palpebral fissure and, in rare cases, loss of the eyesight. Moreover, healing processes can lead to a decreased size of the mouth and airways that hinder feeding and breathing. Finally, extension of the lesion at the base of the skull with bacterial infection can cause meningitis or osteomyelitis.

8.3.6 Tegumentary Leishmaniasis in HIV-Infected Patients

HIV/*Leishmania* co-infection has been reported in 35 countries. In the Old World, there are reports of PKDL in HIV-infected patients [5, 44]. In the New World, the manifestations can be similar to those found in non-immunosuppressed patients with no signs of aggravation, but they can be quite unusual. A full description of this problem is covered in Chaps. 5 and 6, this same volume; therefore the theme will not be discussed in detail herein.

8.4 Diagnosis and Treatment

Diagnosis of ATL is relatively simple, and in most cases the demonstration of the parasite by direct methods after clinical suspicion is sufficient to establish the treatment. The diagnosis cannot be intuitive but has to be confirmatory of the parasite (etiological agent) or its antigen(s) in the lesion. These forms of diagnosis are called direct, while those immunological tests used if the direct approaches fail are called indirect parameters of diagnosis [45].

The sensitivity of the direct examination tests is low (50-70%) in the Old World, 15-30%, in the New World, where chronic cases and MCL are frequent). The detection level is higher, reaching 44–58% by culturing the biopsies and 38–52% by injection into hamsters [1, 46–48].

On the other hand, serodiagnosis includes a set of indirect methods seldom used for the diagnosis of LCL in the Old World because the results may be variable, the sensitivity of the tests is low, and there may be cross-reactivity with other infections. Unfortunately, the sensitivities of these methods are not better for New World leishmaniasis. However, still they are in use. The most commonly used assays for ATL serodiagnosis are thus the indirect immunofluorescence assay (IIFA) and the enzyme-linked immunosorbent assay (ELISA) [1, 46–49]. In ATL, the anti-*Leishmania* antibody levels do not remain high after treatment; this means that positive results of serologic diagnostic method generally indicate current infection.

Excluding direct microscopic examination of biopsies, the additional diagnostic methods require a complex laboratory structure and technical skills, as well as longer times to obtain the results [1]. Furthermore, the approaches to detect the etiological agent have low sensitivity and do not always identify the *Leishmania* species. Recent efforts aim to develop assays to detect the parasite DNA in the patients [5].

Among the variety of molecular approaches developed for the diagnosis of leishmaniasis and the identification of the etiological agent, the polymerase chain reaction (PCR) assay is considered one of the best methods. It is based on the complementarity that exists between the two strands of DNA. The method relies on cycles of repeated heating and cooling of DNA melting and its enzymatic replication in the presence of primers, which are short DNA fragments containing sequences complementary to the target region. This cycling enables selective and repeated amplification and eventually the identification of the infecting *Leishmania* species [1, 50, 51].

Finally, the anti-*Leishmania* delayed-type hypersensitivity or Montenegro skin test diagnoses *Leishmania* infection, and therefore is used in epidemiological studies to determine infection prevalence. The test does not distinguish between present and past infections, and thus its importance as a diagnostic tool is questionable for people living in endemic areas. The test is positive in patients with more than 19 months of treatment [48, 52, 53] and in 75% of non-infected individuals, with no disease manifestation in the past, but living in an endemic area [52]. This test may be useful, however, for the diagnosis in travelers that do not normally live in endemic areas.

The treatment of leishmaniasis must include the thorough cleaning of the lesions with topical antiseptics and the treatment of secondary bacterial infections with topical and/or mouth antibiotics. Afterward, the patient should be treated with the adequate chemotherapy to kill the parasite. Alternatively, attempts to develop an immunotherapy against leishmaniasis have been performed in many laboratories and places including Venezuela [54, 55]. The data suggest that immunotherapy might be an excellent therapy for LCL, with few side effects and low-cost administration. However, further studies are needed to confirm the results. Finally the surgical reconstruction of the sequelae in nasal pyramid and portion of the upper lip skin is advisable to do it after confirming that there is no active disease for a period of 1 year or longer.

8.5 Challenges of ATL in the Era of Drug Resistance

ATL is a serious public health problem in America both in rural and urban areas; its incidence has dramatically increased in the last two decades. ATL affects zones considered endemic for leishmaniasis, but it is also increasing in travelers living in non-endemic parts who have visited endemic areas [1]. Furthermore, co-infection is an additional concern because of its increasing rates, either by HIV, by additional parasites like *T. cruzi* or helminths, or the special case of co-infection represented by *Leishmania* RNA viruses, or LRV, which are endosymbionts reported so far essentially in Latin America and frequently associated with treatment failure. These issues are thoroughly described in Chaps. 4 and 6 from the present volume. This means that fighting against leishmaniasis must be among priority programs related to endemic and epidemic diseases that must integrate other pathogens and monitoring conditions and must also incorporate public and private institutions, scientific societies, and affected communities.

Diagnosis seems to be a dilemma due to the variety of *Leishmania* species that produce ATL. This is especially true for *L. (V.) braziliensis* in LCL and LMC patients as the parasite is scarce in the tissues. For this reason, main goals to be reached must include the use of homogeneous protocols for *Leishmania* antigen

purification according to validated protocols with quality control analysis; additionally, the cutoff determination of the diagnosis method for leishmanina must be performed in order to homogenize the criteria of positive and negative readings. When talking about direct microscopy and PCR, a lot of discussion still exist. Microscopy on a smear is more frequently used since it means a speedy (<1 h) result. Molecular diagnosis is much more sensitive than microscopy. However, specificity depends on the performance of each laboratory, the selected target, and the selected protocol, many of them in house protocols with an intrinsical variability evidenced when the protocol is transferred from one lab to another, highlighting the lack of consensus that exist.

Tegumentary leishmaniasis therapy in America is mostly restricted to the use of antimonials (Sb^V) and more recently miltefosine (MIL) for some types of LCL. However, in Latin America, the efficacy of this medicament is rather unpredictable with 7% treatment failure in Bolivia, 16% in Brazil, 23.9% in Peru, and up to 39% in Colombia [1]. Furthermore, the guidelines for regional implementation are unfortunately not homogeneous [1, 56]. This all means that therapeutic failure, defined as the clinical phenotype in which the patient does not improve at the end of a treatment (absence of response), or in which the clinical symptoms reappear after the initial cure (relapse), is a real challenge that should be clearly differentiated from clinical resistance in order to avoid the ambiguity of both meanings.

Drug resistance represents an intrinsic characteristic of parasites with a significantly lower susceptibility to a drug than that of their susceptible counterparts. Drug resistance is an adaptive trait. Exposure to drugs (e.g., due to external factors like suboptimal doses or poor quality of the medicaments that induces the expression and function of ATP-binding cassette (ABC) transporters and proteins) promotes an increase in the frequency of occurrence of this phenotype, and although it is expressed in the patient, the associated phenotype must be confirmed experimentally evaluated in parasites isolated from the lesion [56–58].

On the other hand, treatment failure is a multifactorial complex phenomenon. Drug, host, and parasite factors may contribute to it. In the case of American field strains of *Leishmania* (but not only, as beautifully described in Chaps. 4 and 15 of this volume), special attention should be paid to the variable intrinsic drug sensitivity usually related to species-specific issues as is the case of the *Viannia* subgenus already described, as well as to epigenetic features that may change different functions in the parasites. This means that the specific contribution of the parasite physiology to treatment failure is difficult to address [59–61]. This is especially true since as has been described in various chapters of this volume (Introduction, Chaps. 4 and 15), the in vitro data is normally obtained using the extracellular form (the amastigotes), and results are infrequently compared to the treatment outcome of patients from whom parasites are isolated.

However, it is fundamental to find easy tools to be used in the common clinical laboratory to evaluate if relapses that occur in patients associate with metabolic changes that might be associated to the fitness of infecting isolates. In such isolates (isolated from patient suffering DCL and refractory to Sb^V), a correlation between

glucose uptake and plasma membrane potential has been evaluated. The results were compared with those obtained from reference strains and demonstrated that *Leishmania* parasites (*L.* (*L.*) *amazonensis* and *L.* (*L.*) *mexicana*) causing DCL incorporate glucose at an efficient rate, albeit without significant changes in the plasma membrane potential as their corresponding reference strains. One isolate did not change its accumulation rate of glucose compared to its reference strain and expressed a less polarized membrane potential insensitive to mitochondrial inhibitors, thus suggesting a metabolic dysfunction in this isolate. Further validation of the concepts herein established and whether or not the third isolate corresponds with a drug-resistant phenotype needs to be demonstrated at the genetic level [62, 63].

In the case of ATL, especially in Latin America, this is further complicated due to the many infecting species of *Leishmania*, including parasites of subgeni *Leishmania* and *Viannia*. In fact, isolates of *L*. (*V*.) *braziliensis* with lower susceptibility to Sb^V have been reported even before the start of treatment, although they have probably never been in contact with the drug (s) [64]. It is not clear if this difference is due to an intrinsic unresponsiveness to the drugs, expressed by members of the *Viannia* subgenus, but certainly constitutes an issue that should recall our attention and emphasize that the contribution of the parasite to therapeutic failure could not only correspond to the expression of drug resistance. That is, the existence of additional phenotypes could be determinant for the phenomenon of therapeutic failure. Unfortunately, and again returning to the experimental determination of this phenomena, these phenotypes are not necessarily easy to identify in the available systems and therefore and is fundamental to describe specific cellular markers easy to evaluate in the clinical laboratory, a situation that challenges the classical view of how the factors responsible for that therapeutic failure are evaluated [59–61, 63, 64].

In summary, Old World leishmaniasis has a better therapeutic outcome, except when caused by *L*. (*L*.) *aethiopica*, than New World leishmaniasis where therapeutic responses are mixed. This all means that treatment guidelines and protocols have to be reevaluated on a global basis considering the huge differences between Old and New World leishmaniasis [1], that the concept of monotherapy with regard to resistance has to be reevaluated, and that diagnosis and satisfactory treatment are imperative challenges for the adequate outcome in ATL, especially in an era of drug resistance.

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