Molecular Aspects of Right Ventricular Adaptation to Stress

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Abstract

The development of left ventricular (LV) hypertrophy and the progression to LV failure have been extensively studied and have provided valuable insight into the mechanisms of disease progression. However, there is minimal data on the right ventricular (RV) adaptation to pressure and volume loading. These hemodynamic stressors are commonly seen in children and adults after surgery for congenital heart disease (CHD), placing the RV at risk for progression to heart failure. Here, we will highlight some of similarities and differences in the molecular remodeling between the right and left ventricles when subjected to abnormal loading conditions.

Keywords

Heart defects, congenital • Heart failure • Right ventricle • Hypertrophy Oxidative stress • Angiogenesis

Introduction

Congenital heart disease (CHD) is the single most common class of birth defects and is a leading cause of infant mortality in developing countries [1, 2]. CHD often leads to abnormal loading conditions starting in the neonatal period both before and after surgical palliation leading to a lifetime of chronic pressure and/or volume loading. While numerous animal and human studies have led to valuable insight into the molecular mechanisms of left ventricular (LV) hypertrophy and the progression from a compensated state to one of overt heart failure, [3, 4] little is known about the right ventricular (RV) response to stress [5, 6]. The RV response to pressure overload secondary to pulmonary hypertension (PHTN) and work in animal models of CHD are only now being evaluated. In addition to RV pressure overload secen in CHD patients with single RVs, systemic RVs as in 1-transposition or d-transposition

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following atrial switch and PHTN, RV volume overload is a much more common and unique sequelae after repair of many forms of CHD such as tetralogy of Fallot or pulmonary atresia following RV outflow tract reconstruction. There is even less data on RV remodeling following volume overload. With advances in medical and surgical care of these children, they are growing into adolescence and adulthood with the potential for a lifetime of abnormal loading conditions on the RV, predisposing them to early heart failure, arrhythmias, transplantation and death. Their quality of life will ultimately depend on our ability to understand the basic mechanism of disease progression, identify potential drug targets and develop RV-specific therapies. We will highlight our current knowledge of the RV adaptation to the unique hemodynamic stressors seen in the CHD patient while discussing the similarities and differences between right and left ventricular remodeling and addressing novel therapies currently in development.

The Right and Left Ventricles Respond Differently to Increasing Afterload

The RV is uniquely at risk when exposed to chronic afterload. This is best demonstrated in long-term studies of patients with single ventricle physiology, where the systemic RV progresses to heart failure sooner and more often than those with a systemic LV [7]. Similarly, patients with 1-transposition of the great arteries or patients who have undergone an atrial switch operation for d-transposition of the great arteries, where the RV functions as the systemic ventricle, have an increased risk of RV failure, even in the absence of atrioventricular valve regurgitation or other lesions. These systemic RVs develop hypertrophy at a very early age or never regress, suggesting that increased wall stress alone cannot be the only factor predisposing these ventricles to failure. In addition, standard left heart failure drugs (β-blockers, ACE inhibitors, angiotensin II receptor blockers), have been shown to not improve function or survival in patients with systemic RV

failure due to CHD in multiple clinical trials. Critically, β -blockers appeared to worsen outcomes in patients with a systemic RV in one trial [8–11] suggesting fundamental differences in the mechanisms of right vs. left ventricular failure, particularly when treating systemic RV failure in CHD.

In the past, these differences between the right and left ventricles were thought to be related to changes in shape, structure and loading conditions [12, 13]. We now know that these differences begin early in development, before afterload differences become operative. The primary and secondary heart fields, lead to the differentiation of left or right ventricular cardiomyocytes during early development, with subsequent chamber-specific differences in cell signaling and Ca^{2+} handling, all suggesting fundamental differences between the two ventricles at the cellular level as well [14].

Using animal models of pressure overload stress, we and others have shown that the two ventricles exhibit similar molecular alterations in genes regulating extracellular matrix and cyto-skeletal remodeling. However, there are important differences in genes regulating reactive oxygen species (ROS) production and antioxidant protection, angiogenesis, energy production and mitochondrial function (Table 3.1 and Fig. 3.1) [15–18]. These results confirm differences at the cellular and molecular level in the mechanisms leading to heart failure between the two ventricles, which are discussed below.

RV Molecular Remodeling: Adaptive and Maladaptive Responses

ROS Production and Antioxidant Defenses

Under conditions of afterload stress, both ventricles increase overall cellular ROS production; however, the RV antioxidant defenses via superoxide dismutase (SOD) and glutathione peroxidase (GPX) fail early, whereas in the LV they remain intact until a more advanced stage of failure [19, 20]. This results in early ROS-

D. J.	Effect of RV hypertrophy and		
Pathways	failure	Significance in the RV	LV hypertrophy and failure
Metabolic adaptation	 ↓ Fatty acid binding protein (non stressed state) ↑ Glycolysis ↓ Mitochondrial complex 1, III, IV ↓ Resting mitochondrial membrane potential; hyperpolarized with hypertrophy ↓ Mitochondrial DNA with failure in CHD 	↓ Energy production	- FABP - Resting mitochondrial membrane potential
Oxidative stress	 ↑ Hif-1α activation and complex II-mediated ROS production Antioxidant enzymes (SOD, GPX) are not activated with hypertophy ↓PGC1α 	↑ Mitochondrial ROS production	↑ NADPH oxidase mediated ROS production ↑ Antioxidant enzyme activity (SOD, GPX) with hypertrophy NADPH oxidase mediated ROS production
Electrical remodeling	↓ Kv channel expression, prolonging the action potential and QT interval	↑ Risk of arrhythmias	
Angiogenesis	↓ Microvascular bed↓ Angiogenic response	↑ Susceptibility to ischemia	↑ Microvascular bed and angiogenic response with hypertrophy
Response to hypoxia	↑ Glycolysis	↓ Energy production	
Adrenergic receptors	↓ β-, α1- and DA1 receptors ↓cAMP levels and $↑$ GRK2 activity ↑ Coupling of β2 receptors to Gs ↓ Myofilament Ca ²⁺ sensitivity through phosphorytation of MLCK (non stress)	↓ Inotropic response ↑ $β$ 2-receptor mediated inotrophy and lusitropy Negative α1-signaling (non stress) switches to positive (failure)	Positive α1-signaling (non stress) due to ↑ myofilament Ca ²⁺ sensitivity
RAAS	RAAS activation	Hypertrophy	
MicroRNAs	Non-cardiomyocyte origin of some miRs Defect in MiR-126/VEGF pathway	Paracrine effect of cardiomyocytes ↓ Angiogenesis	

Table 3.1 Summary of key findings in the right ventricle during rest, hypertrophy and failure

FABP fatty acid binding protein, *CHD* congenital heart disease, *SOD* superoxide dismutase, *GPX* glutathione peroxidase, *GRK* G protein-coupled receptor kinase, *MLCK* myosin light chain, *RAAS* renin-angiotensin-aldosterone system. With permission from Reddy S, Bernstein D. Molecular Mechanisms of Right Ventricular Failure. Circulation. 2015 Nov 03;132 (18):1734–42 © Wolters Kluwer 2015 [17]

related damage and apoptosis [21]. It is encouraging to note that the antioxidant EUK-134 (a superoxide dismutase and catalase mimetic) was shown to reduce oxidative stress and ROS production in the failing RV due to PHTN and to improve RV systolic function [22]. There are also differences between the two ventricles in the primary source of ROS production, with greater mitochondrial ROS generation by NADPH oxidase and mitochondrial complex II in RV failure [23].

PGC1 α is a key regulator of both mitochondrial metabolism and mitochondrial biogenesis (the generation of "new" mitochondria) which has been shown to be decreased in animal models of RV failure, leading to impaired fatty acid



Fig. 3.1 Right ventricular susceptibility to heart failure. Stable LVH is characterized by an increase in antioxidant enzymes and angiogenesis and decreased ROS generation, which protects the LV from early progression to heart failure. However in RVH, there is an early decrease in antioxidant enzymes and failure of angiogenesis along with increased ROS and cell death thereby making the RV

oxidation, decreased mitochondrial mass and number, and reduced oxidative capacity. This represents another mechanism leading to increased ROS production, causing mitochondrial DNA damage and impairing mitochondrial biogenesis [20, 24]. These data were confirmed in patients by Karamanlidis et al., who demonstrated a progressive decline in mitochondrial DNA with the progression from RVH to RVF in children with CHD (including those with TOF, pulmonary stenosis, double outlet RV, double chambered RV and single RV). They also showed that mitochondrial DNA-encoded genes responsible for mitochondrial biogenesis fall before the onset of heart failure [24].

more susceptible to early heart failure. *LVH* left ventricular hypertrophy, *RVH* right ventricular hypertrophy, *PS* pulmonary stenosis, *ROS* reactive oxygen species. Cardiac illustrations by Mingming Zhao. With permission from Reddy S, Bernstein D. The vulnerable right ventricle. Current opinion in pediatrics. 2015 Oct;27 (5):563–8 © Wolters Kluwer Health 2015 [18]

Blood Flow and Angiogenesis

The RV has a lower resting oxygen consumption and therefore lower resting coronary blood flow than the LV. In the normal RV, the majority of coronary flow occurs in systole, in contrast to the normal LV where coronary flow is mostly in diastole thereby making the RV more susceptible to ischemia in conditions of afterload stress. Animal data suggests that right coronary artery flow is increased in response to afterload stress. However, whether this is adequate to meet the increased oxygen demand of the hypertrophied RV remains to be determined [25, 26].

As a further insult to the vulnerable RV, there are differences in the RV's ability to induce the

formation of new blood vessels to compensate for myocardial hypertrophy compared to that of the LV [27, 28]. When the LV is exposed to afterload stress, it initially increases the production of new capillaries (angiogenesis), in order to keep up with the increased blood flow requirements of hypertrophied cardiomyocytes. This process is mediated by increased cardiomyocyte production of the pro-angiogenic factors HIF-1a and vascular endothelial growth factor (VEGF) Angiogenesis is only impaired when the LV begins to fail, which is mediated by an increase in p53, which then inhibits pro-angiogenic factors. In contrast, in the RV, even at the onset of pressure overload, VEGF falls and thus capillary density decreases, rendering the stressed RV more susceptible to micro-ischemic injury [23, 27–31]. In compensation, there is right coronary artery vasodilation via endogenous release of NO, thereby helping to improve oxygen demandsupply balance, at least temporarily. This is another feature not seen in the afterload stressed LV [32, 33]. Thus, whether differences in RV vs. LV oxygen delivery and microvascular remodeling are responsible for the differences in stress response between the two ventricles is still an area open to further investigation.

Response to Hypoxia

Hypoxia can be a component of the clinical picture in patients with RV failure, whether due to persistent right-to-left shunts in CHD, or in patients with PHTN. Hypoxia activates Hif1 α / VEGF signaling in the RV in the SUGENhypoxia animal model of PHTN, but similar to isolated pressure overload, without increasing capillary density. This is particularly relevant in systemic RVs exposed to hypoxia such as in infants with hypoplastic left heart syndrome after a Norwood/Sano or Glenn palliation, and before their Fontan procedure, where the RV is hypertrophied, leading to increased metabolic demand, but fails to increase capillary density to enhance delivery of oxygen and nutrients. This combination of these stressors may be responsible for the increased rate of failure of these single RVs.

Hypoxia also triggers glycolysis, which may correlate with the development of RV failure [15].

Neurohormonal Activation: Adrenergic Receptors

 β -adrenergic receptor signal regulation is similar in the normal RV and LV, leading to a positive inotropic response in both ventricles. β -adrenergic receptor signal regulation is also similar in animal models of failing RV vs. the LV with downregulation of β 1-, α 1- and DA1 receptors, decreased cAMP levels and increased G proteincoupled receptor kinase-2 (GRK2) activity, leading to an impaired inotropic response. This downregulation of adrenergic signaling is greater in PHTN-induced than in PAB-induced RV hypertrophy and failure. Interestingly however, the clinical response of the two ventricles to β -adrenergic blockers is quite different [34]. Children with systemic RVs did not benefit from the use of β -blockers, and there is even a suggestion that this class of drugs can worsen heart failure symptoms [10]. Similarly, in adults with RV failure after repaired tetralogy of Fallot, β-blockade showed no improvement in peak VO2, RVEF, ventricular volume or NYHA class [35]. In contrast, one retrospective study of adults with a systemic RV and mild (NYHA class I and II) symptoms did show an improvement if they were taking a β -blocker for at least 4 months [36]. These patients showed an increase in β2-receptor mediated inotropy and lusitropy secondary to enhanced coupling of $\beta 2$ receptors to Gs [37].

In contrast, there is evidence that α 1-adrenergic receptor signaling differs between the nonstressed RV and LV. Stimulation of α 1-receptors results in a negative inotropic response in the RV and a positive inotropic response in the LV. This differential response is not mediated by differences in PKC activation, but instead by greater myofilament Ca²⁺ sensitivity through phosphorylation of myosin light chain (MLCK) in the LV versus the RV [38]. However, in a model of the failing RV induced by coronary artery ligation, MLCK increases, resulting in a greater myofilament Ca^{2+} sensitivity, and α 1-signaling then switches from being a negative to being a positive inotrope [39]. The applicability of these findings in RV failure due to non-ischemic heart disease, such as in children with CHD, remains to be determined.

Neurohormonal Activation: Renin-Angiotensin-Aldosterone System (RAAS)

RAAS activation occurs in the setting of low LV cardiac output and or low systemic vascular resistance, causes vasoconstriction and increased tubular sodium reabsorption peripherally and is also a positive mediator of cardiomyocyte fibrosis. There is limited data on RAAS in RV failure other than a few studies in chronic obstructive pulmonary disease and systemic sclerosis causing PHTN [40-42]. RAAS activation is seen in patients with PHTN and treatment with losartan, an angiotensin II receptor antagonist decreases hypertrophy and restores normal RV-pulmonary arterial coupling [43]. Treatment with ACE inhibition in PHTN patients however has conflicting results, which is thought to be related to breakthrough aldosterone signaling from incomplete inhibition [43]. Similarly, whether RAAS is stimulated with RV failure in the setting of CHD remains to be determined, particularly important since ACE inhibitors (enalapril, ramipril) and angiotensin II receptor antagonists (losartan) have failed to improve right heart failure in CHD patients with a systemic RV [11, 44-46]. There are currently clinical trials evaluating the efficacy of losartan in adults with tetralogy of Fallot and RV failure, but a better understanding of the basic mechanisms of RAAS activation in the stressed RV needs to be concurrently undertaken.

Mitochondrial Remodeling

The mitochondrial protein profiles of the RV and LV are similar at rest, with equivalent cellular aerobic capacity, volume of mitochondria, mitochondrial enzyme content (cytochrome c oxidase, complexes 1, 3, 4 and 5, aconitase and Mn-SOD) and mitochondrial enzyme activities [47]. In the LV exposed to afterload stress, antioxidant enzymes such as Mn-SOD increase during the early stages, whereas in the RV Mn-SOD never increases, which may lead to an earlier increase in mitochondrial reactive oxygen species production and subsequent mitochondrial dysfunction and cell death when compared to the LV [21].

Mitochondrial membrane potential, a surrogate of overall mitochondrial function, is lower in the resting RV than in the LV. With RV afterload stress, there is an increase in mitochondrial membrane potential which may be related to activation of the NFAT pathway, and which is reversed by the PDK inhibitor dichloroacetate (discussed below). This difference in mitochondrial remodeling may represent another difference in the stress response between the RV and the LV, and represents another potential target for RV-specific therapy [48].

Metabolic Adaptations to Pressure Overload

The RV and LV differ in their work load, and hence in their energy needs. The LV workload is five times greater than the RV due to the higher systemic vascular resistance when compared to the low resistance pulmonary vascular bed. Due to this decreased workload on the resting RV, both oxygen consumption and metabolic stress are lower than in the LV [25, 49]. Despite this difference, the non-stressed RV and LV are largely similar in their energetic profiles [47].

The metabolic profile of both ventricles is profoundly altered with afterload stress. Both the RV and LV myocardium normally utilize free fatty acids for biosynthesis and energy production. With afterload stress, the myocardium shifts to a greater dependence on glucose for its energy source via increased glucose uptake and glycolysis. While this shift is beneficial during acute stress, chronic dependence on glycolysis for energy production is inadequate to meet the demands of the myocardium, leading to an energy starved state and subsequently to heart failure.

In RV failure secondary to pulmonary artery banding (PAB), this shift in glycolysis is associated with a 50% decrease in energy reserve [50]. Decreased glucose oxidation is also related to the activation of pyruvate dehydrogenase kinases (PDKs), preventing pyruvate from entering the Krebs cycle and decreasing ATP generation. Dichloroacetate inhibits PDKs and improves glucose oxidation and RV function in rat models of PHTN [15]. Partial inhibition of beta-oxidation by trimetazidine has been shown to improve both LV and RV function in patients with diabetic cardiomyopathy [51]. To date, these drugs have not been tested in animal models of CHD. Other mediators increasing glycolysis, Hif-1a and p38-MAPK are also activated when the RV begins to fail. In a murine model of acute, severe PABinduced RV failure, we showed a downregulation of mitochondrial enzymes (acetyl-coenzyme A acyltransferase 2, NADH dehydrogenase, NADH-ubiquinone oxidoreductase, succinate dehydrogenase complex and ATP synthase). Whereas a decrease in mitochondrial enzymescomplex 1, III and IV are seen in children with tetralogy of Fallot; there is no data on systemic right ventricles as in 1-TGA, d-TGA after atrial switch or single right ventricles [52]. There is suggestion that at least some components of RV electrical remodeling may be secondary to metabolic derangements such as the reduced Kv channel expression, prolonging the action potential duration and QT interval and increasing the risk of arrhythmias [15]. Interestingly, these can be reversed by restoration of glucose oxidation using dichloroacetate.

In summary, the RV and LV both undergo major shifts in metabolism in response to acute and chronic afterload stress. However, the switch to glycolysis appears to occur earlier in the pressure loaded RV vs. the pressure loaded LV resulting in an earlier decrease in net ATP production in the RV. If energetic pathways are more at risk in the chronic pressure-loaded RV, then strategies that maintain favorable ATP production and oxygen consumption may be beneficial. Several drugs that increase glucose utilization (ranolazine, trimetazidine, perhexiline) have been tested in animal models of PHTN and in human clinical trials of LV failure and PHTN-induced RV failure, with variable success [53–56]. There is little data on the metabolic derangements in CHD and no data on the utility of drugs to modify these alterations. Cardiac metabolic imaging, e.g. MR spectroscopy, has the potential to shed more light on alterations in RV metabolism in patients with CHD [57]. While important differences in metabolism exist between animal models and patients, thereby limiting direct translation, the use of animal models is the first step toward understanding the mechanism of disease. Patients with right heart failure due to PHTN show a metabolic shift away from fatty acid metabolism to glycolysis. Abnormalities in mitochondrial complexes 1, III and IV have been described in children with tetralogy of Fallot. These results are similar to those demonstrated in animal models of PHTN and pulmonary artery banding, making it feasible to use animal models as the first step in studying the mechanism of RV failure, with subsequent confirmation in patients.

Metabolic Response to Chronic Volume Overload

Our knowledge of the RV response to volume load is limited despite this being common late sequelae after RV outflow tract reconstruction, in single right ventricles with an aortopulmonary shunt, or in 1-TGA with atrioventricular valve regurgitation, a major contributor to morbidity and mortality in this population. To address this shortcoming, we developed a murine model of chronic RV volume overload, and used this as a platform to evaluate the transcriptional regulation of the volume loaded RV [58]. Early diastolic dysfunction and preserved systolic function were associated with downregulation of several metabolic pathway regulators, including phosphofructokinase, a rate-limiting enzyme in glycolysis, and aconitase, an upstream TCA cycle enzyme, both important for ATP production. There were also decreases in ATP-binding transporters, genes encoding transport of nutrients across the cell membrane. With the worsening of diastolic dysfunction and the onset of fibrosis, but with

preserved systolic function, there is a shift away from β -oxidation with downregulation of fatty acid binding protein and upregulation of AMP kinases, and increased glycogenolysis with upregulation of GSK3 β and glycogen phosphorylase. These adaptations are similar to those described during LV volume overload, however, additional research will be required to determine if more subtle differences exist.

MicroRNAs

miRs are small, non-coding RNAs of 18–25 nucleotides that regulate gene expression by degradation or translational suppression of mRNA. As master regulators of entire gene networks, miRs have received considerable attention in cardiovascular development and in LV hypertrophy and failure and are being developed as therapeutic targets and as biomarkers to monitor disease progression [59–61].

While miR expression is largely similar between the afterload stressed RV and LV, there are interesting differences. We profiled miR expression at various stages of adaptive RVH progressing to RV failure, and identified four RV-specific miRs: miRs 34a, 28, 93 and 148a, none of which are increased in LV hypertrophy and failure induced by transverse aortic constriction (TAC) [62–65]. These miRs cause cell cycle arrest, oxidant damage, impairment of DNA repair as well as inhibition of pro-angiogenic factors [66, 67]. An interesting feature of these four RV-specific miRs is that they are upregulated only in non-cardiomyocytes in the heart (endothelial cells and fibroblasts), but affect cardiomyocytes via paracrine signaling. These four RV-specific miRs may enhance the progression to RV failure by increasing oxidative stress, reducing oxidative defenses, decreasing angiogenesis and activating cell death pathways, the very pathways that differ most between the RV and LV, as shown above. Potus et al. suggest a systemic vascular defect in the miR-126/VEGF pathway in PHTN in pulmonary artery endothelial cells and in the RV. This pathway was upregulated during compensated RVH but transitioned to being downregulated with RV failure [68]. PHTN is also characterized by a downregulation in miR-208 followed by an upregulation of its target Mef2 in RVF [69, 70].

Novel Models of RV Failure Simulating Residual Lesions After Surgery for Right Sided Obstructive Lesions

In order to address the minimal data on the cellular and molecular mechanisms of RV hypertrophy and the progression to RV failure in CHD, we have created murine models of RV pressure overload, volume overload and combined pressure and volume overload to simulate some of the common residual lesions seen after RV outflow tract reconstruction, thereby enabling the assessment of genome-wide changes in the RV. These models reflect the clinical picture seen in children with progression from a compensated, adaptive stage with predominant diastolic dysfunction to decompensated systolic dysfunction with clinical heart failure.

Pressure overload alone was characterized by upregulation of genes regulating phosphate and other inorganic ion transport, cell adhesion and cell death pathways. Although most of these transcriptional changes were similar between the RV and LV, there were several genes that were uniquely upregulated in the pressure loaded RV, including genes involved in Wnt signaling (Dickkopf 3, Sfrp2, and Wif1), annexin A7, clusterin/apolipoprotein J, neuroblastoma suppression of tumorigenicity 1 (Nbl1), formin binding protein (Fnbp4), and LOX. Metabolic pathways dominated the downregulated gene pathways [16]. Whether these differences in the RV vs. LV are related to their different geometric structures, to markedly different afterloads, or to basic differences in cardiomyocyte biology will be the subject of future research.

The gene expression changes in the volumeloaded RV vs. LV are also largely similar [58]. While RV pressure and volume overload led to dysregulation of pathways involved in extracellular matrix remodeling, the actin cytoskeleton and metabolism, pressure overload led to a greater change in transcripts reflecting a more severe phenotype. Whereas RV diastolic dys-function is well described in children with CHD with residual pressure and volume overload lesions, the mechanisms underlying diastolic dysfunction are poorly understood. Our novel animal models with chronic RV diastolic function may aid in better understanding the mechanism of diastolic dysfunction.

Development of animal models of chronic RV failure are critical, as they may better represent the clinical course of patients with CHD, as opposed to models where failure occurs within a few weeks. Improving energy efficiency and arresting cell death and fibrosis are areas to target for new therapeutics and utilizing chronic animal models in a stable and compensated state will be ideal for therapeutic trials.

Key Points

- RV failure secondary to CHD does not respond to standard left heart failure medical therapies.
- New models of RV failure highlight differences in the molecular response to stress between the two ventricles.
- Pathways regulating reactive oxygen species production and antioxidant protection, angiogenesis and cell death differ between the two ventricles when exposed to pressure and/or volume loading.

Conclusions

As a testament to the vast advances in medical care and in surgical techniques, the vast majority of children with even complex CHD are growing into adolescence and adulthood. This has dramatically increased the burden of hemodynamic stressors, in particular on the RV, thereby increasing the incidence of RV failure in this population. While the vast number of studies on LV failure has advanced our knowledge of the mechanisms of disease progression from a compensated state to a state of overt heart failure, much less is known about the mechanisms of RV adaptation to pressure and volume load and the progression to RV failure. New animal models of RV failure simulating residual lesions seen after CHD and new models of PHTN are beginning to unravel the molecular mechanisms of disease and the RV's increased susceptibility to failure. These studies will pave the way toward developing RV-specific heart failure therapies.

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