



Acute Promyelocytic Leukemia in Children

14

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Introduction

Acute promyelocytic leukemia (APL) is rare in children, but it is now one of the most curable forms of acute leukemia. Both children and adults with APL have shared in the great success of advances in treatment of this disease. While new cancer therapies in children frequently wait for safety demonstration in adult populations, current standard treatments for children with APL now include all-trans retinoic acid (ATRA) and arsenic trioxide (ATO). These treatments have demonstrated tolerability and excellent activity in children. Further advances in treatment of children with APL will come from regimens proven in adult patients, and currently under investigation in pediatric patients, that remove or reduce traditional chemotherapy through repeated cycles of ATRA and ATO.

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Epidemiology

While leukemia is the most common type of cancer in children, acute myeloid leukemia (AML) accounts for only 15% of childhood leukemia and acute promyelocytic leukemia accounts for approximately 10–15% of AML. Thus due to its rarity, larger cooperative group or multinational trials are required to study this disease. There does appear to be some variance in prevalence among different geographic areas. Some parts of Central and South America as well as Mediterranean countries have reported that APL comprises over 20% of AML cases in those regions [1–3]. It is unclear whether this is due to genetic factors among different ethnic groups or if environmental exposures play a role. In children, APL most often occur de novo without an identified predisposing cause. APL can more rarely occur as a secondary cancer following prior chemotherapy, and such cases have been reported in pediatric patients [4, 5].

Clinical Characteristics

Diagnosis

Children presenting with signs and symptoms concerning for leukemia are often first identified as potential cases of APL by the unique appear-

ance of the blasts either in peripheral blood or bone marrow. APL most often has a characteristic morphology with hypergranular promyelocytes which may contain Auer rods. This comprises the M3 morphologic category in the French-American-British (FAB) classification of AML. It is important to note that non-APL AML cases may also have Auer rods, and thus this should not be used as the sole diagnostic criteria. There is also a microgranular variant of APL designated M3v which may be more difficult for clinicians to initially distinguish from other AML cases due to the lack of the more classic APL granules and Auer rods. In children with APL, the M3v microgranular variant accounts for a minority of cases (up to 30%) but occurs at higher rates than among adults with APL [6, 7]. Flow cytometry markers are useful in diagnosis, but confirmation of an APL diagnosis is made by cytogenetic analysis including fluorescence in situ hybridization (FISH) and chromosome analysis. The 2008 WHO classification of AML includes APL due to t(15;17) as a distinct diagnosis under the category of AML with recurrent genetic changes. Recent pediatric cooperative group studies have further required confirmation of *PML-RARA* transcript by reverse transcriptase PCR (RT-PCR). This carries the advantage of high specificity for *PML-RARA* including cryptic lesions (those not demonstrable by standard chromosome analysis) and establishes the breakpoint-specific transcript for monitoring for persistent MRD or for surveillance to detect relapse. While t(15;17) accounts for most cases of APL, there are rare variant fusion gene partners [8]. Due to their rarity, the prevalence of these variants has not been adequately described in a pediatric population.

CNS Disease

Due to coagulopathy risk, lumbar puncture at diagnosis is not standard in the initial evaluation of APL. Thus, the true incidence of CNS disease in pediatric APL is difficult to estimate. However, there have been evaluations of the incidence of CNS relapse in pediatric APL. A review of trials including children with standard-risk APL found

isolated CNS relapse in less than 1% of patients [9]. This is similar to data from adult patients with APL such as the LPA96 and LPA99 trials conducted by the Spanish PETHEMA group which demonstrated a 1.1% 3-year incidence of CNS relapse [10].

Risk Grouping

WBC at initial diagnosis is the most validated risk marker in both adult and pediatric APL. Pediatric trials have used Sanz modified criteria to identify high-risk patients as those with $WBC \geq 10,000/\mu L$. Patients with $WBC < 10,000/\mu L$ are considered standard risk (including Sanz low and intermediate risk). The AIDA 0493 trial demonstrated that pediatric patients with high-risk disease had a significantly worse EFS compared to those with standard-risk disease [11]. In the Children's Oncology Group (COG) Study AAML0631 and the European I-BFM study ICC-APL 01, patients with high-risk disease were treated with an extra cycle of consolidation compared to those with standard-risk disease. Early induction deaths due to differentiation syndrome and coagulopathy occur more frequently in patients with high-risk disease. The risk of relapse has also been higher in patients with high-risk disease, although recent data from the COG AAML0631 study suggests that with arsenic trioxide (ATO) consolidation, the risk of relapse is not significantly different between standard- and high-risk APL [personal communication, John Gregory, MD].

There are some studies suggesting that worse outcomes may be seen in other subsets of patients including those with M3v, certain immunophenotypes, or FLT3 mutant [6, 12]. These factors, however, are associated with higher WBC, and thus it has been unclear whether any of these represent independent risk criteria. Further, there is limited data on these risk factors specific to pediatric patients. A COG study did demonstrate an increased risk of early death in pediatric patients with APL who had mutations of the FLT3 gene [13].

The effect of age on APL outcomes within the pediatric population has been studied and there

have been disparate results. Data from two consecutive trials conducted by the European APL group showed similar outcomes for children <13 years old compared to adolescents. Among children, however, those less than 5 years old had a higher risk of relapse compared to older children. For patients <5 years old ($N = 12$), the relapse rate was 52%, and for patients 5–12 years old ($N = 16$), the relapse rate was 17.6% [7]. In contrast, the COG analyzed pediatric patients treated on the North American Intergroup Trial CALGB 9710 and found no difference in outcomes between young children <5 years old ($N = 16$), older children 5–12 years old ($N = 25$), and adolescents 13–18 years old ($N = 45$) [14].

Disease Complications

Differentiation Syndrome

Differentiation syndrome is a constellation of symptoms including weight gain, pulmonary edema with respiratory distress, pleural and pericardial effusions, hypotension, and renal failure. This was initially described as “retinoic acid syndrome” or “ATRA syndrome” as it most often occurs following initiation of treatment with ATRA during induction therapy prior to achievement of remission [15]. Differentiation syndrome can occur without ATRA treatment due to effects of the APL blasts alone. Standard treatment includes use of steroids (most

commonly dexamethasone) and holding doses of ATRA. Differentiation syndrome is associated with higher WBC including both high WBC at diagnosis and also high WBC (hyperleukocytosis) that develops due to the differentiating effect of ATRA and/or ATO treatment.

Children treated on the first North American Intergroup study (INT0129) were randomized to induction with ATRA 45 mg/m²/day divided BID ($N = 27$) or chemotherapy with daunorubicin and cytarabine ($N = 26$). Per protocol, differentiation syndrome was managed with dexamethasone and temporary cessation of ATRA. Differentiation syndrome occurred in 19% of children receiving ATRA, and one patient died of this toxicity during induction [16]. In the Italian GIMEMA-AIEOP AIDA 0493 trial, children with APL were treated in induction with ATRA 25 mg/m²/day divided BID and idarubicin. Differentiation syndrome was managed similar to INT0129 with dexamethasone and holding of ATRA. Among 107 patients, only three had differentiation syndrome, and no deaths were attributed to this toxicity [11]. It is difficult to know whether the lower rate of differentiation syndrome seen on AIDA0493 compared to INT0129 might be due to the lower ATRA dose, the use of idarubicin or other confounders including patient characteristics such as WBC.

Rates of differentiation syndrome in children with APL have been reported from several other multi-institutional studies (Table 14.1). Pediatric patients with APL from France,

Table 14.1 Differentiation syndrome (DS) in pediatric APL clinical trials

	INT0129	AIDA0493	APL93 + 2000	C9710	AAML0631
ATRA daily dose	45 mg/m ²	25 mg/m ²	45 mg/m ²	45 mg/m ²	25 mg/m ²
Other chemo	None	Idarubicin	+/-daunorubicin +/-cytarabine	Daunorubicin Cytarabine	Idarubicin
Treatment of DS	Dexamethasone	Dexamethasone	Dexamethasone	Dexamethasone	Dexamethasone
Prophylaxis against DS	None	None	None	None	None
Total # patients	27	107	26 children 58 adolescents	83	101
Rate of DS %	19%	2.8%	16% (children) 26.7% (adolescents)	37%	20%
Death due to DS # (%)	1 (3.7%)	0	0	0	2 (2%)

Belgium, Switzerland, Spain, and Germany treated on APL93 and APL 2000 all received ATRA at 45 mg/m²/day divided BID during induction and randomizations (assigned by initial WBC) included addition of daunorubicin with or without cytarabine. Differentiation syndrome was managed with dexamethasone. Differentiation syndrome occurred in 16% of 26 children and in 26.7% of 58 adolescents treated on these trials, and there were no deaths due to differentiation syndrome [7]. The second North American Intergroup study C9710 induction therapy included ATRA 45 mg/m²/day divided BID along with cytarabine and daunorubicin. Among 83 patients <18 years old treated on this study, the rate of differentiation syndrome was 37%, but there were no deaths due to differentiation syndrome. On the COG AAML0631 trial, patients received ATRA 25 mg/m²/day divided BID along with idarubicin. Differentiation syndrome was managed with dexamethasone. Among 101 patients, differentiation syndrome occurred in 20% of patients and resulted in two deaths (personal communication, John Gregory, MD).

All the studies above utilized dexamethasone to treat differentiation syndrome once symptoms arose. More recently, some studies including predominantly adult APL patients have utilized prophylactic treatment with steroids to prevent differentiation syndrome. There are multiple variations in these strategies including choice of steroid (oral prednisone, IV methylprednisolone, or dexamethasone), the duration of prophylactic treatment, and the target population (selected based on WBC versus all patients). Since death due to differentiation syndrome occurs in <5% of patients, it has been impossible to conclude from these studies whether steroid prophylaxis impacts death rate due to differentiation syndrome [17].

Coagulopathy

In comparison to other types of leukemia, APL is associated with a unique propensity toward coagulopathy. This complication is associated with

fatal bleeding and thrombotic events that occur early in the course, either at presentation or during induction therapy. The risk of coagulopathy is directly correlated with WBC, and patients with high-risk APL (WBC \geq 10,000 at diagnosis) more commonly experience this deadly complication. An analysis of pediatric patients treated on the North American intergroup trial C9710 demonstrated that presence of a FLT3 mutation was associated with increased risk of early death due to coagulopathy. Patients with elevated WBC and FLT3 mutation had a 47% induction death rate compared to no deaths among patients with elevated WBC and no FLT3 mutation [13]. Other clinical characteristics including laboratory results of prothrombin time, platelets, and D-dimer have been used in computation of bleeding risk based upon the International Society on Thrombosis and Haemostasis (ISTH) DIC scoring system, and a report on adult APL patients suggested that a score \geq 6 was correlated with risk of fatal coagulopathy events [18]. An analysis of pediatric APL patients treated on the COG AAML0631 also demonstrated that a ISTH DIC score \geq 6 was significantly correlated with risk of both fatal and significant but nonfatal bleeding and thrombotic events [19].

Supportive care recommendations on pediatric APL trials have included correction of abnormal prothrombin time (PT), abnormal partial thromboplastin time (PTT), thrombocytopenia, and hypofibrinogenemia with aggressive blood product support. Specific thresholds for platelet support have varied but most often include maintenance of platelets above 50,000 during the initial risk period of coagulopathy (1–2 weeks). The role of fibrinolytic therapy has not been well studied in pediatric patients, but data in adult patients does not support their routine use [20–23]. Recent studies of recombinant thrombomodulin (rTM) suggest this is a very promising new therapy for coagulopathy arising from various etiologies including APL [24, 25]. Use of rTM remains investigational, and it is currently only approved for use in Japan. Further there has only been a few case reports of pediatric patients receiving rTM for coagulopathy due to leukemia [26, 27].

Treatment

ATRA Plus Chemotherapy Regimens

Prior to the discovery of ATRA as an effective APL treatment, pediatric APL was treated similarly to other types of AML with chemotherapy including combination of cytarabine and anthracyclines. Combination therapy with ATRA and chemotherapy still required high cumulative doses of anthracyclines to achieve high cure rates for this subtype of AML. The Italian AIDA0493 regimen demonstrated long-term survival near 90%, but therapy included 80 mg/m² of idarubicin and 50 mg/m² of mitoxantrone which is approximately 600 mg/m² daunorubicin equivalents (assuming a 5:1 conversion ratio for idarubicin:daunorubicin and a 4:1 conversion ratio for mitoxantrone:daunorubicin as used in the Children's Oncology Group, Long-Term Follow-up Guidelines, Version 4.0, Oct 2013, www.survivorshipguidelines.org) [11]. On the LPA96/99 trials, the PETHEMA group used dose intensification of anthracycline plus ATRA (without any cytarabine) to achieve an overall survival of 87%, but this therapy used a very high cumulative anthracycline dose of 600–735 mg/m² [28]. Treatment with anthracyclines places patients at significant risk for cardiac toxicity [29, 30]. The risk increases with higher cumulative doses (especially over 300 mg/m² daunorubicin equivalents), and the risk is higher when children are exposed at a young age [31]. There were 26 children and 58 adolescents on the European APL93 and APL2000 trials in which the treatments included a total of 495 mg/m² of daunorubicin. Three cases of severe cardiac toxicity occurred in these young patients including one patient with fatal heart failure while on treatment, one patient with heart failure occurring 6 years after therapy, and one patient with heart failure requiring heart transplant occurring after treatment for relapsed APL [7]. In the North American Intergroup C9710 trial, 56 children were treated with 400 mg/m² of daunorubicin, and there were two deaths due to cardiac toxicity (personal communication, James Feusner, MD) [32].

High-dose cytarabine consolidation has been reported to reduce relapse risk in APL when studied in cohorts including predominantly adult patients [33, 34]. A direct comparison of treatment with and without high cytarabine has not been studied in a larger group of pediatric APL patients. The AIDA0493 trial and AML-BFM 93/98/2004 series both included high-dose cytarabine treatment of pediatric patients and reported 82–89% overall survival at 10 years. The CI relapse at 5 years was 14% on the AML-BFM series and 19% on the ADIA0493 trial. In contrast, the C9710 trial did not include high-dose cytarabine and reported a relapse risk of 36% at 5 years [32].

Following discovery of ATRA as an effective medication to induce APL remission, the efficacy of this targeted therapy was evaluated in children treated on the first North American Intergroup trial (INT0129). Patients randomized to receive ATRA during induction, maintenance, or both had a superior 5-year disease-free survival of 48% compared to 0% for patients not receiving ATRA [16]. In addition to reducing relapse risk, treatment with ATRA during induction has resulted in reduction of early deaths in children with APL [35]. The rates of induction death on pediatric APL trials including ATRA in induction range from 3–8% (Table 14.2) [7, 11, 28, 32, 36, 37]. An analysis of multiple pediatric hospitals in the United States including 163 pediatric patients presenting with APL and treated with ATRA found a 7.4% early death rate. Resource utilization during the first week of treatment included vasopressors, steroids, and diuretics used in approximately 11%, 40%, and 50% of patients, respectively. Pediatric APL patients required significantly more blood product support (platelets, fresh frozen plasma, and cryoprecipitate) compared to non-APL AML patients treated during the same period [38].

A particular side effect of ATRA called pseudotumor cerebri (PTC) involves increased intracranial pressure causing headache and blurry vision. Children and adolescents treated with ATRA have higher rates of PTC compared to adults. Decreased doses of ATRA, however, result in lower rates of PTC. Thus, a number of

Table 14.2 Outcomes for pediatric APL on selected cooperative group trials with ATRA containing regimens

	AIDA0493	AML-BFM 93/98/04	C9710	PETHEMA LPA96/99	European APL 93/2000	ICC APL 01 [37]	AAML0631
Total # patients	107	81	83	66	Child: 26 Adolescent: 58	227	103
3–5-year OS	89% (5 year)	89% (5 year)	82% (5 year)	87% (5 year)	Child: 80% (5 year) Adolescent: 94% (5 year)	95% (3 year)	94% (3 year)
3–5-year EFS	76% (5 year)	73% (5 year)	54% (5 year)	82% (5 year)	NR	83% (3 year)	91% (3 year)
Induction death # (%)	4 (3.7%)	6 (7.4%)	7 (8.4%)	5 (7.5%)	Child: 1 (4%) Adolescent: 0 (0%)	7 (3.1%)	4 (4%)
Relapse # (CIR%)	21 (19%)	9 (11%)	23 (36%)	7 (17%)	Child: (28%) Adolescent: (20%)	14 (15%)	3 (4%)
Key treatment details ^a	Anthracycline 600 mg/m ² ; intermediate-dose cytarabine	Anthracycline 350 mg/m ² ; high-dose cytarabine	Anthracycline 400 mg/m ² ; low-dose cytarabine	Anthracycline 600–735 mg/m ² ; no cytarabine	Anthracycline 495 mg/m ² ; high-dose cytarabine	Anthracycline 355–405 mg/m ² ; intermediate-dose cytarabine	Anthracycline 355–405 mg/m ² ; intermediate-dose cytarabine; ATO consolidation

^aAnthracycline dose conversion assuming Daunorubicin:Idarubicin = 5:1 and Daunorubicin:Mitoxantrone = 4:1

pediatric trials (including the most recent cooperative group trials of the COG and I-BFM) have now adopted the standard pediatric dose of ATRA as 25 mg/m²/day divided BID. The COG AAML0631 trial required sites to report detailed information on PTC during each course of therapy. With an ATRA dose of 25 mg/m²/day, the incidence of PTC was ≤6% during each cycle (personal communication, John Gregory, MD).

Arsenic Trioxide

Arsenic trioxide (ATO) was initially used as a highly effective salvage therapy for relapsed APL. The North American Intergroup C9710 trial randomized patient's ≥15 years old to therapy with or without two cycles (5 weeks each) of ATO consolidation. Adult patients receiving ATO had significantly improved outcomes [39]. Among adolescents 15–18 years old (*N* = 21), 12 patients received ATO with 92% EFS and 0% relapse, while 9 patients received standard consolidation without ATO with 56% EFS and 44% relapse risk (personal communication, Jim Feusner, MD). In the COG AAML0631 trial, children received 10 weeks of ATO (given as two courses of 5 weeks each) similar to the C9710 ATO consolidation cycles. This trial demonstrated excellent outcomes with 3-year EFS and OS >90% and a low relapse risk of 4%. The European ICC APL 01 included chemotherapy but without ATO consolidation and the 3-year EFS was lower at 83% due to increased relapses. Overall survival on AIDA 0493 (no ATO), ICC APL 01 (no ATO but reduced anthracycline), and AAML0631 (ATO consolidation and reduced anthracycline) all demonstrate that pediatric APL is a highly curable disease with even relapsed patients having a good salvage rate using ATO therapy, but high-risk APL patients do have a worse survival than standard-risk APL patients due to increased incidence of early death events (Fig. 14.1).

ATO has also been given as monotherapy for newly diagnosed APL in trials conducted in Iran and India. These studies, including both children and adults, reported 5-year OS rates of 64–74% [40, 41]. Combination therapy of ATO and ATRA

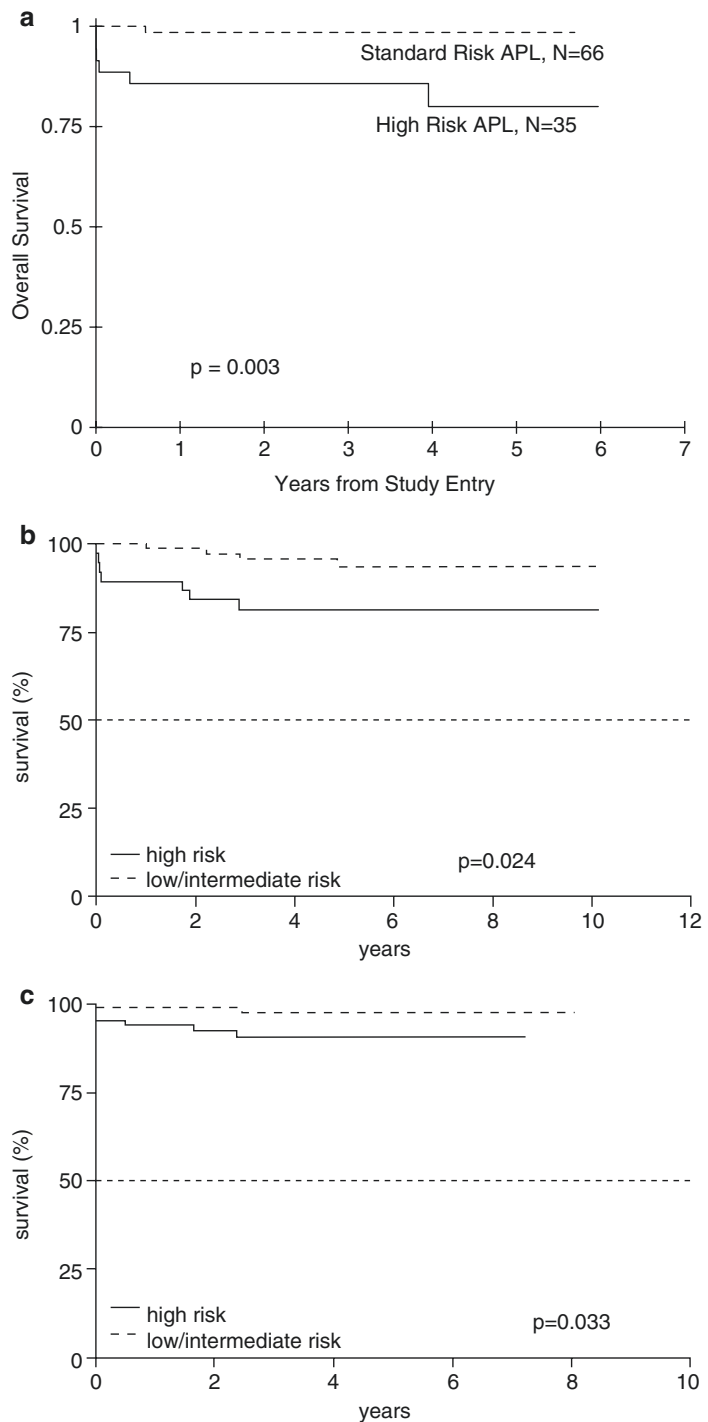
has been more effective achieving excellent results for adult patients with standard-risk disease on the Italian-German APL0406 trial [42]. Based upon those results, trials for pediatric APL are currently active in the COG (AAML1331) and the I-BFM (ICC APL 02) which include an ATO/ATRA regimen with the addition of either idarubicin (COG) or gemtuzumab ozogamicin (I-BFM) during induction therapy for high-risk APL patients.

Similar to ATRA, ATO can induce differentiation of APL blasts, and thus differentiation and hyperleukocytosis may occur during ATO therapy. ATO is also known to prolong the QT interval with risk for cardiac dysrhythmia. In the COG AAML0631 trial, children received 10 weeks of ATO (given as two courses of 5 weeks each), and QT interval prolongation was monitored closely on the trial. Twenty-four patients had prolonged QT interval during their ATO cycles, but all were Grade 1 or 2, were transient, and did not require dose adjustment [43].

Maintenance Therapy

The Italian AIDA 0493 trial included four arms for maintenance randomization. Patients could receive no maintenance (observation arm), oral chemotherapy including mercaptopurine and methotrexate, ATRA alone, or a combination of both ATRA and oral chemotherapy. The first two arms (without ATRA) were closed early, but an analysis of the ATRA arms in pediatric patients showed a superior disease-free survival in the combination ATRA plus chemotherapy arm versus ATRA alone (77% vs. 42%, *P* = 0.018) [11]. An evaluation with long-term follow-up of adult patients treated on AIDA0493, however, showed no significant difference in survival between the four maintenance arms [44]. The North American Intergroup C9710 study began with a maintenance randomization to ATRA alone versus observation. Only three pediatric patients were randomized before the maintenance randomization was amended to ATRA alone versus ATRA plus oral chemotherapy with mercaptopurine and methotrexate. There was a nonsignificant trend

Fig. 14.1 Overall survival by Risk Group on COG AAML0631 (a), GIMEMA/AIEOP AIDA 0493 (b), and ICC APL 01 (c)



toward lower EFS in the ATRA only maintenance compared to ATRA plus chemotherapy maintenance (41% vs. 72%, $P = 0.12$) (personal communication, James Feusner, MD).

The benefit of maintenance therapy for patients who receive ATO consolidation is uncertain. Among adult patients enrolled on C9710, there was no difference in survival for the initial

randomization to observation versus ATRA, and patients who received ATO consolidation had similar survival in both arms of the amended randomization to ATRA alone versus ATRA plus oral chemotherapy maintenance [45, 46]. Adult patients with standard-risk APL treated with ATO/ATRA on APL0406 had excellent outcomes without maintenance therapy [42]. The current COG AAML1331 and I-BFM ICC APL 02 trials include ATO/ATRA regimens without maintenance therapy and will thus determine if ATO treatment can allow maintenance-free regimens in pediatric patients with APL.

Novel Therapies

APL blasts have robust expression of CD33, and thus the anti-CD33 immunoconjugate gemtuzumab ozogamicin (GO) has been an agent of great interest in APL treatment. Following initial expedited approval by the FDA, this medication was later voluntarily withdrawn due to failure to achieve superiority in a confirmatory study. With these supply challenges, there has been limited experience with GO in pediatric APL. However, the current I-BFM ICC APL 02 is studying the efficacy of GO in conjunction with ATO/ATRA for treatment of children with high risk APL.

Disease Response

Reverse transcriptase PCR (RT-PCR) is a very sensitive assay to detect very low levels of residual *PML-RARA* transcript. Quantified RT-PCR (RQ-PCR) allows standardization to a housekeeping gene and ensures adequate RNA quality. Failure to enter molecular remission (persistent of PCR detectable *PML-RARA* transcripts) at the end of consolidation prior to maintenance therapy is correlated with high risk of relapse [47, 48]. In the COG study AAML0631, which included ATO consolidation, all patients tested PCR negative at end of consolidation (personal communication, John Gregory, MD). In the I-BFM ICC APL 01 trial (which did not include ATO consolidation) 4% of patients failed to enter

molecular remission at end of consolidation, and these patients were eligible for treatment with ATO salvage therapy [37].

PCR monitoring is often employed during remission to monitor for disease recurrence. It is preferable to detect molecular relapse rather than awaiting an overt hematologic relapse in order to minimize the risk of coagulopathy or differentiation syndrome [49]. Molecular relapse as detected by PCR will invariably progress to hematologic relapse if left untreated [50, 51].

RQ-PCR testing should be performed on bone marrow samples every 3 months. With the assay's sensitivity of 1 in 10^4 cells in bone marrow and the kinetics of relapse disease progression at approximately 1.1 log fold increase in RQ-PCR transcript per month, testing every 3 months generally allows detection before frank hematologic disease [52]. However, in pediatric patients, bone marrow evaluations are frequently done with sedation. Thus, risks of these sedated procedures must be balanced with the benefit of such monitoring particularly as patients are treated with ATO consolidation, and the relapse risk is expected to be very low.

Management of APL Relapse

Incidence of Relapse and Risk Factors

In pediatric patients with APL, despite the improvement in survival rate after modern combination regimens including ATRA and anthracycline-based first-line therapy, 17–27% of children have been reported to relapse [11, 7, 16, 34, 36, 37]. Retrospective studies involving both adults and children have clearly demonstrated that high WBC count ($\geq 10 \times 10^9/L$) at diagnosis and persistence of *PML/RARA* positivity after first-line consolidation phase are associated with increased risk of disease recurrence [11, 53]. In adults, complex karyotype, expression of CD56, and *FLT3* mutation are other poor prognostic factors with ATRA and chemotherapy regimens [12, 54]. In APL, most relapses occur within 3 years from consolidation treatment, but rare very late relapses (>36 months from diagnosis) have also been described (incidence 4–6%). The majority of relapses occur in the bone marrow

as hematological or molecular relapse. Hematological relapse is defined as the reappearance of >5% leukemic promyelocytes; molecular relapse is conventionally defined as two consecutive *PML/RARA* RT-PCR positive tests in marrow samples collected 2 weeks apart after previous negative results. Rarely, other sites such as CNS, the skin and the testis (extramedullary relapse) can be involved at disease recurrence [55, 56]. Interestingly, several reports in adults and children have suggested that the external auditory canal and the skin at sites of vascular access may be unique sites of extramedullary APL relapse and are mostly associated with concomitant bone marrow molecular relapse [57–59].

In APL, early identification of disease recurrence and preemptive therapy at the time of molecular relapse have clearly demonstrated benefits including better tolerated treatment, reduced hospitalization time, and decreased incidence of reinduction deaths [60–62]. Although MRD monitoring by sequential RT-PCR measurement of *PML/RARA* can predict overt relapse, some hematological relapses occur in patients, both adult and children, with previous PCR negativity. Recently, the quantitative RQ-PCR assays offer the possibility of measuring the kinetics of *PML/RARA* transcript and better monitoring for minimal residual disease (MRD) [63, 64]. This increases the opportunity to deliver early salvage treatment and consequently improve the outcome of patients who present with only MRD positive disease compared with those treated at the time of hematological relapse.

Reinduction Salvage Therapy

Current literature on the treatment of relapsed APL comes predominantly from adult studies and is mainly available for patients relapsing after ATRA and chemotherapy. During the past decades, the widely adopted strategy for the treatment of APL relapse included ATRA and cytotoxic chemotherapy as salvage reinduction therapy with autologous or allogeneic transplantation for consolidation after second or greater remission. These regimens applied in adults and

only in small series of children induced high second remission rates (CR2) but had low cure rates. They were often associated with severe toxicity leading to fatal outcome or to a considerable rate of contraindications against subsequent stem cell transplantation [65, 66]. In particular, the high cumulative doses of anthracycline delivered in the front-line therapy could result in significant cardiac toxicity for which pediatric patients are at increased risk [30, 31]. Other drugs such as GO have also been successfully tested in relapsed APL. A number of preliminary reports have highlighted the sensitivity of APL to GO given alone or in combination with other agents. GO, as single agent, has demonstrated strong activity for the treatment of 16 patients with APL who had relapsed at the molecular level [67]. Quantitative RQ-PCR studies showed that responding patients experienced a dramatic decline of the *PML/RARA* transcript after the first GO dose. At high doses, GO can favor the occurrence of the hepatic sinusoidal obstructive syndrome (SOS); lower doses of GO have been employed in patients at high risk of complications, and comparable results have been reported with reduced treatment toxicity [68, 69].

Currently, the salvage strategy for relapsed APL includes the administration of ATO-based reinduction. The first experience with ATO in relapsed APL was reported by a group from China, and several subsequent studies, mainly in adults, demonstrated that approximately 80–90% of patients who relapse following initial ATRA and chemotherapy can achieve a CR2 with limited toxicity from ATO therapy [70]. Some reports suggest that remission duration is longer when ATO is combined with either ATRA or chemotherapy; a synergistic effect between ATO and ATRA accelerates the differentiation and apoptosis of abnormal promyelocytes. For this reason, the current adult guidelines support ATO ± ATRA as salvage therapy for relapsed APL. In 2008, a European registry of relapsed APL was established by the European LeukemiaNet; data of the outcome were available for 155 patients (141 adults and 14 children) treated, in first relapse, with ATO, after front-line therapy with ATRA and chemotherapy [59]. The results confirmed

the efficacy of ATO in reinduction remission, with 91% CR2. The rate of molecular CR, after induction and consolidation therapy, did not differ significantly in patients with hematological or molecular relapse. However, induction deaths occurred only in patients with hematological relapse.

In pediatric APL patients, ATO-containing salvage therapy has been only sporadically described, but reports demonstrate that ATO as a single agent, or in combination with ATRA, can induce CR2 in 85% of relapse/refractory childhood APL and result in long-term molecular remission [71–73]. Based on reports in limited pediatric series and adult data, ATO has become the current preferred pediatric salvage treatment. In this age group, the formulation of oral ATO is particularly interesting; oral ATO in association with ATRA has demonstrated to be equally effective and better manageable [66]. Limited data are available on the efficacy of ATO treatment in relapsed patients who had prior ATO-containing therapy. These reports suggest that ATO-based reinduction regimens remain effective despite prior ATO therapy with a CR2 rate of approximately 80% [74–76].

Consolidation Salvage Therapy

Despite high remission rate with ATO ± ATRA in relapsed cases of APL, second or subsequent relapses are observed in a high proportion of these cases. Thus, post-remission treatment is very important to prolong remission and achieve a long-term cure. Hematopoietic stem cell transplant (HSCT) represents a widely adopted strategy as part of salvage therapy in relapsed APL. However, the optimal strategy for post-remission therapy remains controversial. Options for consolidation include repeated courses of ATO ± ATRA, conventional chemotherapy (with or without ATO), or HSCT. In retrospective studies, mostly performed during ATRA + chemotherapy era, autologous (auto)-HSCT showed a trend toward better outcomes compared with allogeneic (allo)-HSCT or consolidation chemotherapy [77, 78]. Allo-HSCT decreased the

relapse risk, but this advantage was outweighed by higher treatment-related mortality compared with auto-HSCT and other treatments. However, the major limitation of these studies is their retrospective nature and missing data; in particular, the pre-transplant *PML/RARA* status was often lacking in these reports. More recently, the registry study of the European LeukemiaNet has clearly demonstrated the role of allogeneic HSCT as consolidation therapy for patients with relapse not achieving a molecular CR and suggested autologous HSCT as a suitable option for patients in molecular CR2 [59]. In this report, that included the largest cohort of APL patients in first relapse treated with ATO, the results of univariable and multivariable analyses demonstrated that first CR duration <18 months and persistent PCR positivity after consolidation are poor prognostic factors on overall survival (OS) and leukemia-free survival (LFS). Other studies have confirmed the unfavorable impact of first CR duration and failure to achieve molecular CR on OS after relapse. In the more recent studies including the administration of ATO-based reinduction, the long-term survival for those patients who received previous ATO-based regimens was inferior compared to those never treated with ATO (ATO-naïve) [74]. Prior ATO treatment has shown to be independently associated with worse relapse-free survival (RFS) [74].

Recommendations in Pediatric Age

In an attempt to develop therapy guidelines for children with relapsed APL, pediatric APL experts including members of the North American Children's Oncology Group (COG) and the International Berlin-Frankfurt-Munster Study Group (I-BFM SG), have recently published treatment recommendations that are based upon informative literature and personal experience with relapsed APL [79]. Prognostic factors such as time to relapse <18 months from diagnosis, prior ATO therapy, and failure to achieve a second molecular remission were used to predict the risk of further relapse and consequently to guide the salvage treatment. In summary, ATO-naïve

children with late (>18 months from diagnosis) or very late relapse (≥ 36 months) can be reinduced with ATO-ATRA plus GO followed by ATO consolidation without HSCT if they demonstrate molecular remission after four salvage cycles. ATO-naïve children with early relapse or children with prior ATO exposure and early or late relapse who demonstrate molecular remission after four cycles can be consolidated with auto-HSCT. In selected children who are ATO- and GO-naïve with early relapse who rapidly reach molecular remission after four cycles, or not suitable for auto-HSCT, consolidation with ATO-based therapy could represent a reasonable alternative. Children with primary/refractory APL, those with previous ATO exposure and early relapse, those with \geq second relapse, or those with persistence of *PML/RARA* after four cycles should be considered for consolidation with allo-HSCT. Relapsed APL patients, however, are a heterogeneous population and these schemas may require modifications based on individual patient characteristics as well as the resources that are available to the treating physician [79].

Very Late Relapse

Only sporadic reports of patients with very late APL relapses (>36 months from diagnosis) have been published [80, 81]. Late relapse seems to occur in less than 5% of APL patients. In these cases, bone marrow involvement is frequently associated with relapse in extramedullary sites as well. Most of the patients present at late relapse with the same immunophenotypic, cytogenetic, and molecular pattern as at diagnosis suggest that the relapse is due to reemergence of the initial disease clone. There are no systematic trials evaluating treatment of late relapses in adults and children. Given the long period of disease-free survival (DFS), drug resistance is unlikely in these patients. However, for patients who previously received intensive chemotherapy, the risk of cumulative toxicity must be weighed as a contraindication for the reemployment of these drugs in the salvage schemas. It has been reported that patients with late relapse can be salvaged with

regimens similar to those used at initial diagnosis with CR2 achieved in a majority of patients [82]. As previously reported, in the recent years, ATO \pm ATRA demonstrated high efficacy and low toxicity for the treatment of APL relapses; although very limited data are available on the use of ATO in very late relapse in children, the use of this agent should be considered. While the role of ATO in remission reinduction is now well established, the best consolidation therapy for patients with late relapses, is still controversial. The utility of transplant can be questioned for patients relapsing after very prolonged first CR since ATRA-ATO salvage alone might be curative. Though limited to a small number of patients, a prolonged molecular CR2 with ATO-based salvage therapy has been described in the literature. Eight out of nine Italian APL patients were salvaged with prolonged ATO-ATRA therapy without transplant procedures [83]; an 8-year-old boy with bone marrow relapse occurring at 7 years from initial diagnosis achieved a durable molecular CR2 with prolonged ATO as single treatment [72]. As previously reported, GO has also been demonstrated to be safe, tolerable, and particularly active in APL patients with molecular relapse. Thus, GO is an appealing therapeutic option for patients with very late relapse. A very late relapse occurring after more than 15 years of molecular remission has been recently described in a pediatric patient previously treated with ATRA + chemotherapy. In this case, molecular relapse was also associated with extramedullary involvement of the left mastoid [84]. The patient was rescued with an ATO-based protocol including GO without HSCT consolidation. Combinations of these new drugs, in repeated consolidation courses, together with *PML/RARA* quantitative monitoring may be used to avoid HSCT in patients with late relapse achieving a molecular CR2.

Extramedullary Relapse

Extramedullary relapse is an uncommon complication of APL occurring in about 3–5% of patients. Several factors that increase the risk of

extramedullary relapse have been identified including WBC count at diagnosis ($\geq 10 \times 10^9/L$), expression of CD56, bcr3 isoform, and *FLT3* gene mutation. The most common site of extramedullary relapse is the CNS, and it is often accompanied by disease in the bone marrow [85]. The PETHEMA group has also identified elevated serum dehydrogenase (LDH) levels and previous CNS hemorrhage during induction as risk factors for subsequent CNS relapse [10]. The best management of such patients is still controversial. The European LeukemiaNet has recommended treating CNS relapse with intrathecal chemotherapy together with systemic therapy that should include drugs with high CNS penetration [59]. In these patients, high-dose cytarabine has been used successfully. In patients who achieve CNS remission and molecular CR2, consolidation with auto- or allo-HSCT should be considered. It has also been shown that ATO and its metabolites are capable of crossing the blood-brain barrier and may be beneficial as a therapeutic agent for CNS disease. However, the concentration of ATO in cerebral spinal fluid (CSF) is probably not adequate to treat meningeal leukemia alone, and further studies are necessary to identify the exact role of ATO treatment in patients with CNS relapse [86]. APL extramedullary relapse can involve other sites such as the skin, the testis, or the external auditory canal. Infiltration of the ear is exceedingly infrequent in other types of leukemia, and the anatomical and biological reasons underlying this particular APL localization are unknown. Some authors suggested a role of ATRA during initial therapy as a predisposing factor. ATRA has been shown to influence the expression of adhesion molecules on leukemic cells; this could explain the pathophysiology of extramedullary involvement in APL patients treated with this agent. However, APL relapse in the ear was also observed before the advent of ATRA. Patients with extramedullary relapse frequently also have bone marrow molecular recurrence.

ATO accumulates well in epidermal tissue, and thus it could represent a therapeutic choice in cutaneous relapses. In patients with external auditory canal relapse, ATO \pm ATRA demonstrated

high efficacy and low toxicity [86]. These observations suggest that ATO is reasonable as single agent or in combination with ATRA, for the treatment of non-CNS extramedullary relapse. Local radiotherapy has also been used in extramedullary relapse with mixed results [87, 88]. The optimal therapeutic approach for these patients is still unknown especially for those with isolated and/or very late extramedullary relapse. Management of these patients should be individualized.

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