

16 Gonadal Steroids: Synthesis, Plasmatic Levels and Biological Activities in Sturgeons

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Abstract

The information on sex steroids in sturgeons is fragmented and comes from different species. In females, circulating oestradiol-17β increases during vitellogenesis and resulted a good marker of puberty in some species. However, researchers failed to induce oocyte growth and vitellogenesis using treatments with oestradiol-17β. Androgens also increase during this period but remained elevated during ovulation and post-ovulation suggesting a physiological role at peri-ovulatory period. 17,20,21P seems to be a good candidate as mediator of gonadotropin to induce follicle maturation since it is produced *in vitro* by sturgeons ovaries, it has a high potency to induce follicle maturation *in vitro*, and its plasmatic concentration increases after hormonal induction of ovulation; however, other C21 steroids as 17,21-dihydroxy-4-pregnene-3,20-dione (17,21P), 17,20β-dihydroxy-4-pregnen-3-one (17,20βP) and 17,20β-dihydroxy-4-pregnen-3-one (17,20βP) need to be further investigated as possible maturation-inducing steroids. Studies on potency of C21 and C19 steroids to induce resumption of meiosis revealed that C21 steroids are more potent than testosterone and that 11-oxygenated androgens do not induce maturation. Aromatase expression in immature males and plasmatic changes of testosterone and oestradiol-17β suggest their participation in early testicular development. 11-Ketotestosterone increased significantly during spermatogenesis both *in vitro* and *in vivo* as it has been shown in teleosts. The C21 steroid (17,20βP and 17,20,21P) increases in blood plasma after hormonal induction of spermiation suggesting their participation in the control of sperm maturation and release. Biological activity of steroids and *in vitro* steroid production by gonads are almost none studied in sturgeons.

Keywords

Sturgeons • Sex steroids • Steroidogenesis • Plasma concentrations • Gonads *Acipenser baerii*

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Introduction

Sex steroid hormones play important roles in the regulation of different processes as sex differentiation, metabolism, immune responses, circadian rhythms, stress response and reproduction of vertebrates. This chapter is focused on gonadal steroids involved in the control of reproduction in sturgeons. A general introduction using the information on teleost fish will be done in order to have a reference to review information reported in sturgeons. The meaning of common abbreviations of steroids used in text is shown in the Table [16.1.](#page-1-0) The name of enzymes is abbreviated, and the corresponding name of gene is given in the text, and meaning is shown in Table [16.2.](#page-2-0)

In teleost fish steroid hormones, i.e. oestradiol-17β, testosterone, 11-ketotestosterone (11KT) and 17,20β-dihydroxy-4-pregnen-3-one (17,20βP), are highly produced by ovaries and testis under control of gonadotropins and are key factors regulating gametogenesis (see reviews from Billard et al. [1982;](#page-20-0) Fostier et al. [1983;](#page-21-0) Scott and Sumpter [1983;](#page-22-0) Scott and Canario [1987;](#page-22-1) Jalabert et al. [1991;](#page-21-1) Nagahama [1994](#page-21-2); Borg [1994](#page-20-1); Schulz and Miura [2002;](#page-22-2) Vizziano et al. [2007](#page-23-0); Scott et al. [2010;](#page-22-3) Schulz et al. [2010\)](#page-22-4).

During early gonad development, Yamamoto ([1969\)](#page-23-1) proposed that oestrogens are the natural inducers of female differentiation and androgens the natural inducers of male differentiation. More than 45 years of research suggest that oestrogens play an important endogenous role in the control of female teleost sex differentiation (Baroiller et al. [1999](#page-20-2); Piferrer and Guiguen [2008;](#page-22-5) Guiguen et al. [2010\)](#page-21-3). Nevertheless androgens seem not to be the universal endogenous regulators of male teleost sex

| Abbreviation Full name | | Other abbreviations or names |
|-------------------------------|---|---------------------------------|
| P ₅ | 3β -Hydroxy-5-pregnen-20-one | Pregnenolone |
| P | 4-Pregnene-3,20-dione | Progesterone |
| 17P | 17-Hydroxy-4-pregnene-3,20-dione | 17-Hydroxyprogesterone |
| 17P5 | 3β,17-Dihydroxy-5-pregnen-20-one | 17-Hydroxypregnenolone |
| 17,20 _{BP} | 17,20ß-Dihydroxy-4-pregnen-3-one | DHP |
| $17,20\alpha P$ | $17,20\alpha$ -Dihydroxy-4-pregnen-3-one | |
| 17,21P | 17,21-Dihydroxy-4-pregnene-3,20-dione | 11-Deoxycortisol |
| 17,20,21P | 17,20β,21-Trihydroxy-4-pregnen-3-one | $20\beta-S$ |
| cortisol | 11β , 17, 21-Trihydroxy-4-pregnene-3, 20- | Hydrocortisone |
| | dione | |
| A | 4-Androstene-3,17-dione | Androstenedione |
| T | 17ß-Hydroxy-4-androsten-3-one | Testosterone |
| 11β OHT | | 11β -Hydroxytestosterone |
| 11KT | 17ß-Hydroxy-4-androstene-3,11-dione | 11-Ketotestosterone |
| $11\beta OHA$ | 116-Hydroxy-4-androstene-3,17-dione | 11-Beta-hydroxyandrostenedione |
| Ad | 4-Androstene-3,11,17-trione | Adrenosterone, androstenetrione |
| E1 | 3-Hydroxy-1,3,5(10)-estratrien-17-one | Oestrone |
| E2 | $1,3,5(10)$ -Estratriene-3,17 β -diol | Oestradiol- 17β |
| $E17\alpha$ | 1,3,5(10)-Estratriene-3,17α-diol | Oestradiol-17 α |

Table 16.1 Meaning of common abbreviations of steroids used in text following Kime [\(1995](#page-21-4))

| | | Gene |
|----------------------|--|--------------------------------------|
| Abbreviation | Full name | name |
| $P450 \text{ sec}$ | Side-chain cleavage enzyme | c _V p 1 l a l |
| P450-17H | 17 alpha-hydroxylase/17,20 lyase | cvp17a1 |
| P450-11H | 11 beta-hydroxylase | c _v $p11c1$ |
| P450-arom | aromatase | cvp191a |
| P450-21H | 21-Hydroxylase | cvp21a2 |
| 3β -HSDH | 3 beta-hydroxysteroid dehydrogenase | hsd3b1 |
| 11β -HSD | Hydroxysteroid (11-beta) deshydrogenase 2 | hsdl1b2 |
| 17β HSD-type3 | Hydroxysteroid (17-beta) dehydrogenase 3 | hsdl7b3 |
| 17β -HSD-type1 | Hydroxysteroid (17-beta) dehydrogenase 1, or | hsdl7bl |
| 20α HSD | Hydroxysteroid (20-alpha) dehydrogenase | |
| 20β -HSD | Hydroxysteroid (20-beta) dehydrogenase2 | hsd20h2 |

Table 16.2 Meaning of common abbreviations of steroidogenic enzymes used in text and figures following zebrafish nomenclature

differentiation in fish because they are produced only in some species previously instead to sex differentiation (Nakamura et al. [1998](#page-22-6); Vizziano et al. [2007](#page-23-0); Ijiri et al. [2008;](#page-21-5) Hattori et al. [2009;](#page-21-6) Blasco et al. [2013\)](#page-20-3).

Contrasting with the high number of publications on steroid production and release and its effects in the regulation of gametogenesis reported in teleost fish, the number of studies published in sturgeons is very limited. This review provides an overview about steroid hormone biosynthesis at gonadal level and its release in blood plasma in sturgeons with special emphasis in Siberian sturgeon. It also contributes with original unpublished data on steroid profiles *in vivo* during puberty. There are few data on functional roles of steroids in sturgeons, and they will be introduced in sections of steroid synthesis and its plasmatic level along the biological cycle.

16.1 Steroidogenesis and Biological Activity Along the Course of the Biological Cycle

Steroidogenesis occurs in fish primarily in gonads, interrenal gland (Fostier et al. [1983\)](#page-21-0) and brain (Diotel et al. [2011\)](#page-20-4). All classes of steroid hormones are synthesized *de novo* from the common precursor cholesterol (Gower and Fotherby [1975](#page-21-7)). A key step is the conversion of cholesterol (C27 molecule) into pregnenolone (C21 steroid) by the action of the enzyme p450 side-chain cleavage enzyme (p450 scc) that removes the side chain of cholesterol (Gower and Fotherby [1975](#page-21-7)) (Fig. [16.1](#page-3-0)). This step is under the control of steroidogenic acute regulatory protein (star) that transfers cholesterol between the outer and inner mitochondrial membrane. The cytochrome p450 side-chain cleavage is the only enzyme able to convert the cholesterol into the first steroid (pregnenolone) of the steroidogenic route (Gower and Fotherby [1975\)](#page-21-7); thus, its presence defines the steroidogenic capacity of one tissue. Downstream several enzymes modify pregnenolone to reach to the major steroids identified in

fish. The pathway proposed for teleost fish is shown in Fig. [16.1.](#page-3-0) One of the key enzymes involved in C21 steroid biosynthesis is 3β-hydroxysteroid dehydrogenase (3β-HSD, *hsd3b*) that uses different substrates and is able to convert pregnenolone into progesterone and 17-hydroxypregnenolone (17P5) into 17-hydroxyprogesterone (17P) (Fig. [16.1\)](#page-3-0). This enzyme transforms delta 5 steroids (steroids with double bound between carbon 5 and 6 and a hydroxyl group in the carbon 3) in delta 4 steroids (steroids with double bound between carbon 4 and 5 and a ketone group in the carbon 3). 17P is a metabolic crossroad point because it can be converted in other C21 steroids as 17,20βP, 17,20α-dihydroxy-4-pregnen-3-one (17,20αP), 17,21-dihydroxy-4-pregnene-3,20-dione (17,21P) and 17,20β,21-trihydroxy-4 pregnen-3-one (17,20,21P) or in androstenedione, the first step in the androgen (C19 steroid) synthetic route (Fig. [16.1](#page-3-0)). Depending on tissue and stage of development 17P can be converted in androgens (C19 steroids) or in other C21 steroids (Fig. [16.1](#page-3-0)).

In tissues in which 20β-hydroxysteroid dehydrogenase (20βHSD) is activated, the substrate 17P is converted into 17,20βP, while the activation of 20α-hydroxysteroid dehydrogenase (20 α HSD) is conduced to the synthesis of 17,20 α P. When the enzyme 21-hydroxylase (21-OH or P450-21H) is activated, 17,20βP can also be converted into 17,20,21P (Fig. [16.1\)](#page-3-0).

Fig. 16.1 Pathways of steroid synthesis in teleost fishes based on Fostier et al. [\(1983](#page-21-0)) and Borg [\(1994](#page-20-1)). Steroids are grouped following the number of carbons. C21 is highlighted in *yellow*, C19 or androgens in *blue* and C18 or oestrogens in *pink*. In *red* it is shown two crossroad points of gonad steroid metabolism: 17-hydroxyprogesterone and aromatizable androgens. The meaning of common name of steroid mentioned is given in Table [16.1](#page-1-0) and of enzymes in Table [16.2](#page-2-0)

When 17-hydroxylase/lyase (P450-17H) is active and the substrate 17P is produced, the conversion of 17P (C21 steroid) into androstenedione (C19 steroid) can occur. Androstenedione is the first steroid of delta 4 androgen synthetic route and can be converted in testosterone (C19 steroid) by the enzyme 17-hydroxysteroid dehydrogenase type 3 (17HSD-type3). Testosterone can be converted in 11β-hydroxytestosterone (11βOHT) by the action of the enzyme 11β-hydroxylase (11βOH or P450-11H) and 11βOHT into 11-ketotestosterone (11KT) by the action of 11β-hydroxysteroid dehydrogenase (11βHSD) (Fig. [16.1](#page-3-0), Fostier et al. [1983;](#page-21-0) Borg [1994](#page-20-1)).

Androstenedione and testosterone (C19 steroids) are other metabolic crossroad points, because they can be converted into 11-oxygenated androgens by the action of the enzyme 11βOH or in oestrogens (C18 steroids) by the enzyme aromatase (P450-arom, *cyp19a1*). Aromatase is a key enzyme for oestrogen synthesis and converts androstenedione into oestrone and testosterone into oestradiol-17β (Fig. [16.1](#page-3-0), Gower and Fotherby [1975;](#page-21-7) Fostier et al. [1983](#page-21-0)).

16.1.1 Ovarian Steroidogenesis

16.1.1.1 Pre-vitellogenesis and Vitellogenesis

In females of teleost fish, aromatase is active during pre-vitellogenesis, and its activity is highly increased during vitellogenic ovaries converting testosterone in oestradiol-17β which is released to the blood mainly during exogenous phase of vitellogenesis (Fig. [16.1,](#page-3-0) Fostier et al. [1983\)](#page-21-0). Oestradiol-17β was detected in almost all fish studied at the time of vitellogenesis and decreases during follicle maturation period (Billard et al. [1978;](#page-20-5) Fostier et al. [1983](#page-21-0); Scott and Sumpter [1983](#page-22-0); Nagahama [1987,](#page-21-8) [1994\)](#page-21-2). This oestrogen is the main regulator of vitellogenin production by the liver which constitutes the precursor of exogenous vitellus integrated in oocytes during the growing period of oocytes and ovaries (Lubzens et al. [2010](#page-21-9)).

Studies on steroid metabolism in female sturgeons are scarce. For pre-vitellogenic and vitellogenic females of Russian sturgeon, major metabolites of pregnenolone were 17-hydroxyprogesterone, androstenedione and testosterone, while those of androstenedione were testosterone and 5α- and 5β-androstanediols. No evidence was found for the gonadal production of oestrogens studied by TLC/HPLC/reduction/oxidation and crystallization with authentic standard (Bukovskaya et al. [1997\)](#page-20-6). The precursors androstenedione and testosterone are produced by pre-vitellogenic and vitellogenic tissues, but oestrogens were not identified indicating that aromatase were not active. The absence of oestrogen production by vitellogenic follicles of Russian sturgeons is unexpected since plasma concentrations of oestradiol-17β have been measured in vitellogenic females of the species (see Sect. [16.3](#page-9-0)) opening the question of the primary source of oestrogens released to blood plasma in the species.

Siberian sturgeon ovaries in pre-vitellogenesis express *cyp17a1*—the gene coding for the enzyme P450-17H—that converts C21 into C19 steroids (Table [16.2](#page-2-0), Fig. [16.1\)](#page-3-0). At this stage ovaries also express aromatase (*cyp19a1a*, see Table [16.2\)](#page-2-0), the gene coding for enzyme that converts androgens (C19) to oestrogens (C18) (Vizziano-Cantonnet et al. [2016\)](#page-23-2). These results suggest that ovaries at previtellogenesis are able to produce oestrogens.

In bester (*Huso huso* L. females x *Acipenser ruthenus* L. males), gonads at different stages incubated with precursors as pregnenolone, 17P and testosterone produced oestradiol-17β measured by ELISA (Amiri et al. [1999\)](#page-19-0). The conversion of 17P and testosterone into oestradiol-17β involves the activation of several enzymes of steroid synthesis (P450-17H, 17β HSD-type 3, P450-11H, Fig. [16.1\)](#page-3-0). Oestradiol-17β showed high concentrations in incubation media from primary yolk stage to tertiary yolk stages (vitellogenic ovaries) with respect to oil droplet stage (presence of oil droplets in the periphery of the nucleus) and decreased sharply at migratory nucleus stage, suggesting changes in aromatase activity as reported in teleosts (Kagawa et al. [1983](#page-21-10); Young et al. [1983a](#page-23-3), [b](#page-23-4)).

Estrogen production has been poorly investigated in sturgeons during previtellogenesis and vitellogenesis, but seems to be produced at least in Siberian sturgeons and in bester. The absence of oestrogen production in Russian sturgeons is unsual when considered the fish literature.

16.1.1.2 Follicle Maturation

In teleost fish, during last phases of ovogenesis when follicles starts its maturation, 20β-hydroxysteroid dehydrogenase (20βHSD, *hsd20b*) is activated, and the substrate 17P is converted into 17,20βP (C21, steroid) considered as the most potent inducer of follicle maturation in almost all teleost fish studied (Fig. [16.1,](#page-3-0) Fostier et al. [1973;](#page-21-11) Fostier et al. [1983;](#page-21-0) Scott and Canario [1987](#page-22-1); Nagahama [1994](#page-21-2)). 17,20βP is produced by ovaries and released to plasma mainly during the maturation period of several teleost fish under control of gonadotropin (Nagahama [1987](#page-21-8); Jalabert et al. [1991\)](#page-21-1). However, in female Sciaenidae 17,20βP can be converted into 17,20β,21 trihydroxy-4-pregnen-3-one (17,20,21P) by the activity of the enzyme 21-hydroxylase (21-OH or P450-21H) (Fig. [16.1](#page-3-0), García-Alonso et al. [2003](#page-21-12), [2004](#page-21-13)). This tri-hydroxylated steroid is largely produced during maturation of the follicles of Atlantic croaker (*Micropogonias undulatus*), and it has been established as the maturation-inducing steroid in Sciaenidae fish (Trant et al. [1986;](#page-22-7) Thomas et al. [1997;](#page-22-8) Thomas [2012\)](#page-22-9). In sum, two C21 steroids act as main mediators of follicle maturation in teleost fish: 17,20βP and 17,20,21P.

Few studies have been made in sturgeons during follicle maturation. In bester, 17,20βP has been measured by ELISA in culture media of ovaries at different stages (primary yolk stage, secondary yolk granule stage, tertiary yolk stage, migratory nucleus stage) with an increase at tertiary and migratory nucleus stages, the latter corresponding to the process of follicle maturation or meiosis resumption (Amiri et al. [1999](#page-19-0)). However, other potential C21 steroids were not measured to conclude about which is the potential mediator of follicle maturation in bester. The major steroids produced *in vitro* by follicles during maturation of Siberian sturgeon incubated with tritiated 17P and analysed by TLC/HPLC/oxidation were androstenedione, 17,20,21P, 17,20αP and 17,21P (Alberro et al. [2008\)](#page-19-1). 17,20βP was not confirmed by HPLC in the zone of TLC co-migrating with 17,20βP/17,21P, and 17,20,21P resulted the more prominent C21 steroid produced *in vitro* (Alberro [2009\)](#page-19-2). In white sturgeons among C21 steroids produced by maturing follicles, 17,21P, 17,20βP and 17,20,21P had the major activity as maturation-inducing steroid (MIS) (Webb et al. [2000\)](#page-23-5).

Interestingly, in other sturgeons as sterlet, 17,20,21P increased ten times in culture media of follicles 16 h after gonadotropic stimulated maturation (Semenkova et al. [2006\)](#page-22-10).

In sum, di- and tri-hydroxylated progestins (C21 steroids) are produced by sturgeon ovarian follicles during maturation. They were 17,20βP, 17,21P and 17,20,21P for white sturgeon and bester; 17,21P, 17,20αP and 17,20,21P for Siberian sturgeon; and 17,20,21P and 17,20βP for sterlet. 17,20P was not produced *in vitro* by Siberian sturgeon during the period of follicle maturation. Collectively, the results suggest that the main mediator of follicle maturation could be 17,20,21P in some sturgeon species, including Siberian sturgeon. Other C21 steroid produced could also contribute to regulate the follicle to reach the stage needed to be ovulated and fertilized as it was previously proposed (Webb et al. [2000](#page-23-5)). The results suggest that some sturgeon species share with Sciaenidae fish 17,20,21P as mediator of follicle maturation.

Another steroid studied during ovarian development of sturgeons was 11KT (Siberian sturgeon, Cuisset et al. [1995](#page-20-7); Russian sturgeon, Bukovskaya et al. [1997;](#page-20-6) white sturgeon Webb et al. [2002](#page-23-6)). Experiments made *in vitro* showed that the yield of 11KT production was very low in ovarian follicles of Siberian sturgeons at maturation time (Cuisset et al. [1995\)](#page-20-7), while no 11KT was detected using similar stages of ovarian follicle development for the species (Alberro et al. 2008). Moreover, 11KT was not identified in follicles of white sturgeon during maturation (Webb et al. [2002\)](#page-23-6) or in pre-vitellogenic and vitellogenic ovarian follicles of Russian sturgeon (Bukovskaya et al. [1997\)](#page-20-6). The results suggest that 11KT is not a mediator of follicle maturation in sturgeons.

16.1.2 Testicular Steroidogenesis

16.1.2.1 Spermatogenetic Period

Spermatogenesis comprises three major phases: mitotic proliferation of spermatogonia, meiosis of spermatocytes and spermiogenesis (Schulz and Miura [2002\)](#page-22-2). When spermatozoa are morphologically completed after spermiogenesis, sperm maturation and hydration occurs under regulation of gonadotropins and steroids; see review (Vizziano et al. [2007\)](#page-23-0).

Spermatogonial renewal is stimulated by low doses of oestradiol-17 β in eels (Miura et al. [1999\)](#page-21-14) at early phases of testis development when testis were composed of spermatogonias. Physiological role of oestrogens in males has been poorly studied in fish. In Salmonidae, evidence that oestradiol-17 β is produced in testes suggest that oestrogens participates in paracrine control of testicular function (see review Vizziano et al. [2007](#page-23-0)). In sturgeons the oestrogen production by testes has not been reported. However, aromatase—the enzyme that converts androgens to oestrogens—(Fig. [16.1](#page-3-0)) is expressed in testis of immature (only spermatogonias) male Siberian sturgeons suggesting that oestrogens are produced very early and could be involved in regulating early testicular development of this species (Vizziano-Cantonnet et al. [2016](#page-23-2)).

Contrasting with oestrogens, androgens have been well studied in fish. In adult males of teleosts, testis in spermatogenesis converts testosterone in 11β-hydroxytestosterone (11βOHT) by the action of the enzyme 11β-hydroxylase (11βOH or P450-11H, *cyp11b*/*cyp11c1*) and 11βOHT into 11-ketotestosterone (11KT) by the action of 11β-hydroxysteroid dehydrogenase (11βHSD, *hsd11b*) (Fostier et al. [1983](#page-21-0); Borg [1994\)](#page-20-1). This seems to be the predominant way of synthesis. As consequence spermatogenetic period in fish is characterized by the production of high level of 11-oxygenated androgens (11βOHT, 11KT, 11ßOHA, Ad) especially 11KT considered as the most potent androgen in fish (Fostier et al. [1983](#page-21-0); Borg [1994\)](#page-20-1). Androgens are effective in supporting spermatogenesis (Billard et al. [1982;](#page-20-0) Fostier et al. [1983;](#page-21-0) Borg [1994;](#page-20-1) Nagahama et al. [1994\)](#page-22-11), some early steps as spermatogonial proliferation (Schulz and Miura [2002](#page-22-2)) and were stimulated by gonadotropins along all testicular cycle (see review Vizziano et al. [2007\)](#page-23-0). It is known that gonadotropin and 11KT induces spermatogonial proliferation in teleosts (Schulz and Miura [2002\)](#page-22-2), and can induce spermiation in some species. But they were clearly less effective than progestins to induce sperm release (Ueda et al. [1985](#page-23-7); Schulz et al. [2010\)](#page-22-4).

There are few studies on steroid metabolism of sturgeon testes. Testosterone and 5α- and 5β-androstanediols, but no 11KT were produced after incubation of prespermiating testes of Russian sturgeons with radiolabeled androstenedione (Bukovskaya et al. [1997\)](#page-20-6). Contrasting with that in bester, 11KT has been measured by ELISA in culture media of testis at different developmental stages incubated with inert pregnenolone, 17P and testosterone (Amiri et al. [1999](#page-19-0)). Levels of 11KT resulted higher during late spermatogenesis and pre-spermiation to decrease at degeneration stage (post-spawning).

The few reports in male sturgeons prevent any general conclusion, but at least in bester, 11KT is high during spermatogenetic period as expected.

16.1.2.2 Sperm Maturation and Release

In Salmonidae, 17,20βP is produced from immature to spermiating testes and is under gonadotropin regulation both *in vivo* and *in vitro* (Scott and Sumpter [1983;](#page-22-0) Schulz et al. [1992](#page-22-12), [2010;](#page-22-4) Vizziano et al. [2007](#page-23-0); Schulz and Miura [2002](#page-22-2); Scott et al. [2010](#page-22-3)). 17,20βP is considered an essential factor for the initiation of meiosis at least in eels (Miura et al. [2006\)](#page-21-15), but the effect of this C21 steroid on the initiation of meiosis remains to be better studied in other species. A physiological role of 17,20βP has been shown in Salmonidae and Cyprinidae (Ueda et al. [1985\)](#page-23-7), in the amplification of milt volume production (Baynes and Scott [1985;](#page-20-8) Yueh and Chang [1997](#page-23-8)) and in acquisition of the potential motility of male gametes (Miura et al. [1992](#page-21-16); Miura and Miura [2003](#page-21-17)). In male Sciaenidae, the main metabolite produced by testes from spermiating fish is 17,20βP (Vizziano-Cantonnet et al. [2015\)](#page-23-9), but its participation as mediator of sperm maturation and release remains to be studied.

Steroids produced by testes of sturgeons are unknown during spermiation, and very scarce data are published on steroid metabolism of testes at different stages of adult cycle. In Russian sturgeons, pregnenolone was added to incubation media of pre-spermiant testes and metabolites analysed by TLC/HPLC/reduction/oxidation and crystallization with authentic standard. The metabolites produced were progesterone, 17P and androgens, but no 17,20βP were reported (Bukovskaya et al. [1997\)](#page-20-6). Contrasting with that, in bester the addition of precursors as pregnenolone and 17P to culture media of testes from males at different testicular stages resulted in detectable levels of 17,20βP measured by ELISA, reaching. High levels in late spermatogenesis and pre-spermiation (Amiri et al. [1999](#page-19-0)). The trends observed in male bester are in agreement with a physiological role of 17,20βP from early spermatogenesis to pre-spermiation as it was observed for Salmonidae. The work made in bester (Amiri et al. [1999](#page-19-0)) suggest a change in synthesis from 11KT during spermatogenesis to 17,20βP during pre-spermiation, i.e. from C19 to C21, similarly to changes described for teleost fish (Schulz and Miura [2002](#page-22-2); Vizziano et al. [2007\)](#page-23-0). However the lack of production of 17,20βP by pre-spermiating testis of Russian sturgeons (Bukovskaya et al. [1997](#page-20-6)) open the question about the mediators used by this species.

In Siberian sturgeon, *in vivo* studies after hormonal stimulation of spermiation show a high increase in plasma concentrations of 17,20βP together with an increase in the volume of sperm released (Vizziano et al. [2006\)](#page-23-10) suggesting that 17,20βP is a main mediator of sperm maturation and release as it was reported in teleost fish; see review (Vizziano et al. [2007\)](#page-23-0). In Stellate sturgeon males, plasmatic 17,20,21P showed an increase after LHRH analogue stimulation of spermiation. However, other C21 steroids as progesterone and 17,20βP were not stimulated. Testosterone and cortisol were also stimulated during induced spermiation (Bayunova et al. [2006\)](#page-20-9). Other studies in stellate sturgeon showed that only testosterone was increased significantly after hormonal stimulation of spermiation, while progestins 17,20,21P and 17,21P increased significantly only at post-spawning period (Bayunova et al. [2008\)](#page-20-10). Finally, in another report on stellated sturgeon, progesterones were clearly increased in blood plasma after injection of sturgeon pituitary extracts, but 17,20,21P was not measured (Semenkova et al. [2002\)](#page-22-13). For Persian sturgeon testosterone, 11KT and progesterone resulted more elevated in spermiating males stimulated by LHRH analogue when compared to non-spermiating males (Aramli et al. [2014\)](#page-19-3). Similar results were obtained for testosterone and 11KT in Russian sturgeon males (Artyukhin et al. [2006\)](#page-19-4).

The *in vivo* studies after hormonal stimulation of spermiation show that C21 steroids as 17,20βP and 17,20,21P can be increased, while in other cases androgens were stimulated.

Results on C21 steroid production in sturgeons females and males at the end of gametogenetic cycle show that two major steroids seem to be MIS in females (17,20βP and 17,20,21P), while 17,20βP could be the progestin involved in the regulation of sperm maturation and release of Siberian sturgeons; however, other steroids as 17,20,21P remain to be studied for the species.

A physiological role of androgens during spermiation cannot be discarded.

16.2 Circulating Steroids During Puberty of Females

Puberty is a critical endocrine period that comprises the transition between immature juvenile to a mature adult state of the reproductive system; see review of Taranger et al. [\(2010](#page-22-14)). The fish became capable to reproduce for the first time, and this implies that hypothalamus-pituitary-gonad axis became functional (Taranger et al. [2010\)](#page-22-14). During the entry in puberty of females—considered as the transition to first batch of oocytes accumulating cortical alveoli—oestradiol-17β increases in some salmons and yellowtail together with circulating fish (Taranger et al. [2010\)](#page-22-14).

In farmed fish it is interesting to control puberty to advance or delay it. In natural conditions Siberian sturgeon reach puberty at different ages depending on the river or lake in which it lives, ranging from 9 to 34 years for females and 8 to 29 years for males (see Chap. [1\)](https://doi.org/10.1007/978-3-319-61664-3_1). In captivity, this species reaches puberty at 5 years old for males and 7 years old for females in France (Pelissero and Le Menn [1991](#page-22-15)). In Uruguayan culture conditions, males are spawning at 3 years old, while females reach the puberty at 5 years old (Ryncowski, personal communication). In Russian sturgeon sexual maturity is reached at 8–13 years for males and 10–16 years for females under natural conditions (Vlassenko et al. [1989](#page-23-11)). Puberty occurs in farms of Israel at 6 years old, and oestradiol-17β was a very good indicator of ovarian development for the species (Hurvitz et al. [2008\)](#page-21-18).

Studies made during puberty in Siberian sturgeon maintained in captivity in France (females and males at 4, 5 and 10 years old) showed that plasmatic concentration of oestradiol-17β was not different between males and females (Pelissero and Le Menn [1988\)](#page-22-16) as expected considering the trends observed in teleosts. Moreover, oestradiol-17β showed high concentrations in pre-vitellogenetic fish and do not show a sharp increase during vitellogenesis (see Table [16.5\)](#page-13-0). In addition the maximum levels of oestradiol-17 β in plasma were reached at pre-ovulating time and not in vitellogenic females as expected. Oestrone increased between pre-vitellogenic and vitellogenic females, but remained high during pre-ovulation period. Oestrogens do not follow the trends observed in other fish, and the authors measured oestrogens in food to better understand their results. They suggested that oestrogens measured in males and females could be the result of an alteration of the natural production altered by the exogenous supply coming from food.

Studies made by our laboratory in cooperation with sturgeon farmers of Uruguay showed that Russian sturgeon reaches puberty at 5 years old as indicated by the presence of females at stage 3 (follicle diameter ~2 mm) and stage 4 (~2.5 mm). Fish data and maturity stages are given in Table [16.3.](#page-10-0) Serum anti-oestradiol-17 β was very specific as it is shown in Table [16.4](#page-10-1). Plasmatic concentrations of oestradiol-17β increased significantly ($p < 0.05$) between immature females (stage 1) and females at stage 2 (small white oocytes) and stage 3 (follicle diameter of 2 mm) (Fig. [16.2](#page-11-0)). At stage 4 (follicle diameter of 2.5 mm) oestradiol-17 β decreased significantly ($p < 0.05$). Oestradiol-17β resulted in a good indicator of female puberty for Russian sturgeon. We used oestradiol-17β for the diagnosis of a delayed cohort of 5-year-old fish that were not well developed and for which oestradiol-17β

| Species/country | Puberty in captivity | Maturity stage | Oocyte diameter (mm) | $E2$ (ng mL^{-1} |
|-------------------------------|--------------------------------|--|--------------------------------|-------------------------------|
| А. gueldenstaedtii/Uruguay | 5 years old | Stage $1-$ undistinguishable oocytes $(n = 10)$ | nd | 0.074 ± 0.09 |
| | | Stage 2—white tissue, undistinguishable oocytes $(n = 13)$ | nd | 1.53 ± 3.25 (p < 0.05) |
| | | Stage 3 —grey oocytes $(n = 8)$ | 2.05 ± 0.23 $(n = 100)$ | 4.37 ± 2.03 (p < 0.05) |
| | | Stage 4 - grey oocytes $(n = 11)$ | 2.47 ± 0.11 $(n = 159)$ | 0.64 ± 0.86 (p < 0.05) |

Table 16.3 Plasma concentrations of E2 in female *A. gueldenstaedtii* at immature and first maturity stages in fish farmed in Uruguay

 $nd = not determined$

Table 16.4 Cross-reactivity of serum anti-oestradiol-17β used for radioimmunoassay

nd: assay not done

concentrations were undetectable. We were able to answer to farmers that this cohort was unable to produce caviar in next months.

In order to control vitellogenesis, experiments with oestradiol-17β implants during immature period of females have been made in *Huso huso*, but growing of oocytes was not observed (Akhavan et al. [2015\)](#page-19-5), while oestradiol-17β causes suppression of growth in stellate sturgeon (Khara et al. [2013](#page-21-19)). A more ample knowledge on the axis of hypothalamus-pituitary-gonads during puberty remains to be further studied in sturgeons.

16.3 Circulating Steroids During Adult Phase

16.3.1 Females

During gonadal cycle, oestrogens (C18 steroids) are produced by vitellogenic ovaries, and a shift towards progestins (C21 steroids) occurs when follicles enter to the process of maturation (resumption of meiosis). The shift from the gonadal production of oestradiol-17β to 17,20βP has been first observed in teleosts (Kagawa et al. [1983;](#page-21-10) Young et al. [1983a](#page-23-3), [b](#page-23-4); Yaron [1995](#page-23-12)). Steroids are released to the blood, and measurements of plasmatic steroids reflect in some extent the gonadal steroid production of ovaries. 17,20β P is produced in some teleosts during ovarian maturation induced by gonadotropins and is released and measured in plasma during maturation and ovulation (Fostier et al. [1981](#page-21-20); Young et al. [1982](#page-23-13), [1983b;](#page-23-4) Ueda et al. [1984\)](#page-22-17). In this section the steroid changes in blood plasma are reviewed for female sturgeons.

16.3.1.1 Pre-vitellogenesis and Vitellogenesis

In Siberian sturgeon (Hamlin et al. [2011\)](#page-21-21) and in bester (Amiri et al. [1996a\)](#page-19-6), oestradiol-17 β showed a significant increase of 6–15 times from pre-vitellogenic to vitellogenic fish reaching 4–7.5 ng mL⁻¹ with a significant decline at postvitellogenic and maturation (migratory nucleus) stages (Table [16.5](#page-13-0)). Similar results have been observed for Russian sturgeons during puberty (see Sect. [16.3\)](#page-9-0). These are the expected profiles of oestradiol-17 β taking account the information coming from teleost fish and are coherent with a functional role of oestradiol-17β as stimulator of exogenous vitellogenesis. However, the primary source of oestradiol-17β needs to be further investigated at least for Russian sturgeons, for which ovaries at vitellogenesis are not able to produce oestradiol-17β when precursors are given.

Testosterone concentrations in blood plasma of sturgeons can be one or two orders higher than oestrogens for a given species (Table [16.5](#page-13-0)). A significant increase

in testosterone concentrations occurs from pre-vitellogenic to vitellogenic sturgeons (bester, Amiri et al. [1996a](#page-19-6), Siberian sturgeon, Hamlin et al. [2011](#page-21-21), Table [16.5\)](#page-13-0) as it was observed for oestradiol-17β. Oestrogens decreases significantly at the end of oogenesis during migratory nucleus stage in sturgeons (Hamlin et al. [2011,](#page-21-21) Table [16.5\)](#page-13-0) as it is the case in teleosts. Contrasting with that Siberian sturgeons, testosterone can increase significantly at follicle maturation stage (Pelissero and Le Menn [1988;](#page-22-16) Hamlin et al. [2011](#page-21-21)) and remain at high concentrations during postovulated period in Stellate sturgeon (Bayunova et al. [2011\)](#page-20-11) or during postvitellogenesis in bester (Amiri et al. [1996a](#page-19-6), Table [16.5\)](#page-13-0). The high testosterone concentration around the time of ovulation is discussed below. C21 steroids as progesterone, 17,20βP and 17,20,21P remain low (0.05–0.75 ng mL−¹) and stable from pre-vitellogenesis to post-vitellogenesis (Table [16.5](#page-13-0)) suggesting that this C21 steroids are not involved in the regulation of this process.

16.3.1.2 Follicle Maturation

As previously mentioned progestins measured in blood plasma (P and 17,20βP) are very low (order of pg mL−¹) and do not change between immature and postvitellogenic fish (Table [16.5\)](#page-13-0). Progesterone and 17,20βP remain very low (≤0.3 ng mL−¹) except for European sturgeon (*Acipenser sturio*) that shows ~1 ng mL−¹ during maturing stages (Table [16.5\)](#page-13-0). The progestins measured in sturgeons without hormonal stimulation were in general low, but 17,20,21P is highly increased in blood plasma after hormonal stimulation of follicle maturation (Sect. [16.2.1.2](#page-5-0)). In fact in sterlet females 17,20,21P, but not 17,20β P was clearly stimulated after hormonal treatments to induce follicle maturation (Bayunova [2016](#page-20-12)). In addition, in Stellate sturgeon a surge of 17,20,21P has been observed after hormonal stimulation (GnRH) of follicle maturation (Semenkova et al. [2002](#page-22-13); Bayunova et al. [2006;](#page-20-9) Semenkova et al. [2006](#page-22-10); Bayunova [2016](#page-20-12)). In accordance with these data 17,20β P became detectable but very low $(0,09 \text{ ng ml}^{-1})$ after hormonal stimulation (GnRH) of follicle maturation (100% of GVBD) of Siberian sturgeon females (Vizziano et al. [2006\)](#page-23-10). These *in vivo* data together with *in vitro* studies (see [16.2.1.2](#page-5-0)) suggest that 17,20,21P is the main mediator of follicle maturation in several sturgeon species including Siberian sturgeon

Siberian sturgeon females show high plasmatic levels of 11KT during the whole period of ovarian development and reached its maximum concentrations at early and mid vitellogenesis. Moreover, a huge and significantly high amounts of testosterone (120 ng mL−¹) were described during follicle maturation of this species (Table [16.5](#page-13-0), Williot et al, Chap. [17](https://doi.org/10.1007/978-3-319-61664-3_17) of this book, Hamlin et al. [2011](#page-21-21)). A possible explanation is that testosterone acts in sturgeons as follicle maturation mediator of LH. However, studies on potency of C21 and C19 steroids to induce resumption of meiosis (follicle maturation or GVBD) in sturgeons revealed that C21 steroids $(17,21P, P, 17P, 17,20P, 17,20,21P, P, 17)$ and cortisol) are more potent than testosterone and that 11-oxygenated androgens do not induce maturation (Webb et al. [2002\)](#page-23-6). This result discards androgens as follicle maturation inducers.

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The high concentrations of testosterone in female before and after ovulation (Vizziano et al. [2006](#page-23-10), Hamlin et al. [2011](#page-21-21), see Chap. [17,](https://doi.org/10.1007/978-3-319-61664-3_17) Bayunova et al. [2011](#page-20-11)) and in LH-stimulated culture media of maturing follicles (Semenkova et al. [2006](#page-22-10)) suggest an important function during peri-ovulatory stage (Table [16.5](#page-13-0)). The presence of androgens in coelomic fluid leads instead to propose that androgens are functional to maintain the viability of ovules in the abdominal cavity (Bayunova et al. [2003\)](#page-20-17).

A shift from oestrogens (C18 steroids) to progestins (C21 steroids) is observed at circulating levels of sturgeons as it is the case in some teleost fish.

16.3.2 Males

Among steroids measured in plasma of males (oestradiol-17β, T, 11KT, 17,20βP, 17,20,21P, 17,21P, P), the major concentrations were observed for androgens as T $(13-257 \text{ ng } mL^{-1})$ and $11KT$ $(1-82 \text{ ng } mL^{-1})$, while low and stable concentrations were measured for estradiol-17 β (<0.7 ng mL⁻¹) in most of the cases studied (Table [16.6](#page-17-0)). Contrasting with that, oestrogens measured in males were very high in Siberian sturgeons farmed in France, and these unusual high levels could come from the oestrogens given in food (Pelissero and Le Menn [1988\)](#page-22-16). In the case of Siberian sturgeon cultured in Florida (USA) amounts of testosterone and oestradiol-17 β increased significantly between pre-meiotic (only spermatogonias) and meiotic (spermatogenesis) fish (Hamlin et al. [2011](#page-21-21), Table [16.5\)](#page-13-0), while in bester 11KT increased significantly at pre-spermiation testicular stage (Amiri et al. [1996b](#page-19-8)). During first reproductive cycle of Siberian sturgeon, high concentrations of 11KT were detected in blood plasma of males during spermatogenesis (Cuisset et al. [1994\)](#page-20-18), while plasmatic testosterone was high both during spermatogenesis and spermiation (Pelissero and Le Menn [1988\)](#page-22-16). The high level of androgens observed in sturgeons during spermatogenesis plaids in favour of a role in the control of male gametogenesis as it was stated for teleost fish (Schulz and Miura [2002](#page-22-2); Vizziano et al. [2007;](#page-23-0) Schulz et al. [2010](#page-22-4)). Plasma levels of steroids observed in sturgeons are coherent with a participation of C18 and C19 steroids in the control of fish spermatogenesis as it was proposed for teleosts (see Sect. [16.2.2.1](#page-6-0)).

C21 steroids were poorly studied in sturgeon blood plasma and are generally low. 17,20βP were not detectable or low (0.5 ng mL⁻¹) during pre-spermiation (Vizziano et al. [2006;](#page-23-10) Bayunova et al. [2006](#page-20-9), [2008](#page-20-10)) and changes with seasons in Stellate sturgeons reaching 1 ng mL⁻¹ in Autumn (Ceapa et al. [2002,](#page-20-15) Table [16.6\)](#page-17-0). After hormonal induction of spermiation, 17,20βP increases in blood plasma of Siberian sturgeons with the volume of sperm released (Vizziano et al. [2006\)](#page-23-10), and 17,20,21P increased in Stellate sturgeons (Bayunova et al. [2006](#page-20-9)) suggesting a physiological role in the control of sperm maturation and release.

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Conclusions

Some general patterns emerge for sturgeons. In females androgens and oestrogens are the main steroids produced by ovaries and released to blood plasma during gonadal growth, while di- and tri-hydroxylated progestins (C21 steroids) have a maturational activity. Androgens are the precursors of oestrogen steroid production, but the higher levels detected at peri-ovulatory period suggest a physiological role at the last phases of biological cycle of females. In males androgens are the main steroids during the spermatogenesis, while C21 could have a maturational activity. Very poor efforts have been made to understand the biological activity of steroids in sturgeons. The role of other gonadal steroids in sturgeon reproduction remains to be studied. Many gaps need to be filled into the current knowledge of gonad regulation by steroids.

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