

Unusual Mechanism of Myocardial Infarction in Prosthetic Valve Endocarditis

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Clinical Presentation

A 46-year-old man presented with a history of dyspnea and fatigue exacerbated by a recent hospitalization related to pulmonary edema. The diagnosis was confirmed by echocardiography, which revealed the presence of a bicuspid aortic valve with a mixed lesion, predominantly stenotic. The left ventricle had moderate systolic dysfunction and severe concentric hypertrophy. Past medical history was consistent with hypertension. Surgery was indicated for symptomatic severe aortic stenosis. A preoperative coronary angiogram did not reveal any abnormalities. The patient was submitted to aortic valve replacement with a stented bioprosthesis. The operation and his postoperative recovery were uneventful. He was

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prescribed the following medications to take at home: enalapril 5 mg twice daily, carvedilol 6.25 mg twice daily, furosemide 20 mg daily, and ferrous sulfate 300 mg daily (orally).

Approximately 1 month later, the patient returned, complaining of a high-grade fever and chills for a few days. He was admitted to the emergency department with acute-onset chest pain, dyspnea, and vomiting. On physical exam, he was lethargic, febrile, pale, and hemodynamically unstable, with cold extremities and faint pulses.

Diagnosis, Assessment, and Treatment

The admission electrocardiogram (ECG) is shown in Fig. 1. Laboratory values on admission demonstrated remarkable elevation of cardiac enzymes. The cardiologist on call interpreted the patient as having non-ST elevation acute coronary syndrome and treated him with aspirin, clopidogrel, morphine, and heparin. An emergent coronary angiogram (Fig. 2) revealed a long, complex lesion on the left main coronary artery (80% lumen obstruction) with tapering contour, suggesting extrinsic compression. Due to ongoing myocardial

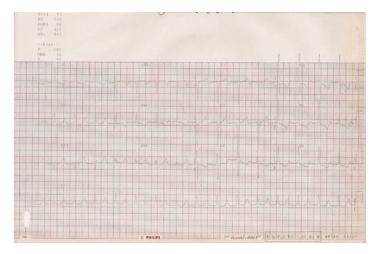


FIGURE 1 Admitting electrocardiogram

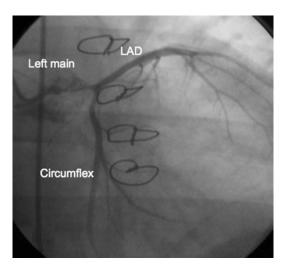


FIGURE 2 Coronary angiogram in the right anterior oblique showing a complex obstruction of the left main coronary artery (Abbreviation: LAD, left anterior descending)

ischemia and hemodynamic compromise, an intra-aortic balloon pump was inserted. The patient was further managed with intravenous fluids, inotropes, and mechanical ventilation. Blood cultures were drawn and identified as oxacillinresistant *Staphylococcus epidermidis*. Before the blood cultures' results were available, broad-spectrum antibiotics (vancomycin, rifampicin, and imipenem) and also an antifungal drug (amphotericin B) were initiated empirically. Renal function was impaired. Transesophageal echocardiography showed vegetations attached to the prosthesis, aortic root abscess, and an aortic-to-right-atrium fistula. Left ventricle ejection fraction was 36%, and there were wall motion abnormalities on lateral and anterior walls. Chest computed tomography (Fig. 3) suggested that left main compression was due to aortic root abscess or hematoma.

Urgent reoperative aortic valve replacement was indicated. Postoperatively, the patient had acute renal failure requiring hemodialysis, sepsis, transient liver failure, prolonged mechanical ventilation and complete atrioventricular

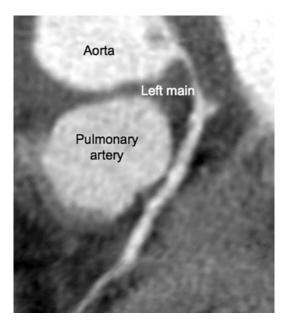


FIGURE 3 Chest computed tomography showing a long obstruction of the left main coronary artery due to extrinsic compression

block requiring permanent pacemaker. Antibiotic therapy, as previously mentioned, was initiated empirically with vancomycin, rifampicin, imipenem, and amphotericin B. Rifampicin was discontinued on the second day of use due to mild liver failure. Imipenem was used until the 14th postoperative day. Vancomycin was replaced by teicoplanin shortly after the operation due to acute renal failure, and it was used until the 30th postoperative day. Amphotericin B was used until the 34th postoperative day. Then, it was replaced by fluconazole, which was continued for a year thereafter.

A month after the operation, the left ventricular function had improved (ejection fraction of 58%) with a mildly dilated ventricle and a normal aortic valve function. The patient was discharged home 6 weeks after surgery in good condition, with no signs of active infection. At 36-month follow-up, the patient is currently in New York Heart Association functional class I

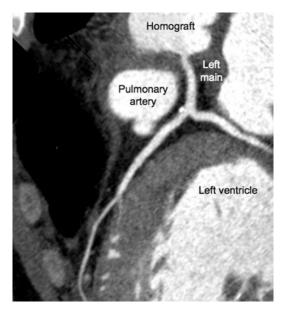


FIGURE 4 Late postoperative chest computed tomography revealed a patent left coronary artery after homograft root replacement

with no recurrent infection, and the ventricular function is normal. The left main is widely patent and the saphenous vein graft is occluded on control chest computed tomography (Fig. 4).

Questions

1. Report the ECG in Fig. 1

Admitting electrocardiogram revealed normal sinus rhythm, signs of left ventricle hypertrophy, and ST depression on posterior and lateral leads.

2. What are the complications of prosthetic valve endocarditis?

Although infrequent (1–4% in the first year), infective endocarditis may occur after aortic valve replacement [8]. Prosthetic valve endocarditis is associated with elevated hos-

pital mortality (approximately 40%) [4] and morbidity dependent on the infecting pathogen, duration of illness prior to therapy, and underlying comorbidities.

The main complications of endocarditis, by prevalence, are occurrences of cardiac complications (severe heart failure, valve injury, pericarditis, acute myocardial infarction, conduction abnormalities, fistulous communication, perivalvular abscess, and others), neurologic complications (cerebral embolism, mycotic aneurysms, meningitis, stroke, intracranial hemorrhage, cerebral abscess, and others), septic complications (infection unresponsive to treatment, persistent fever, disseminated intravascular coagulation, and others), renal complications (renal failure, nephrotic syndrome), extracranial systemic arterial complications, septic pulmonary embolisms, three splenic infarctions or abscesses, and some other complications associated with infective endocarditis [6].

3. What is the clinical presentation of acute coronary syndromes in patients with endocarditis?

Clinical presentation of acute coronary syndromes in patients with endocarditis is similar to those with coronary artery disease. As systems attempt to meet stringent door-to-balloon initiatives, it becomes imperative that a detailed history and physical exam be performed in this narrow time window in order to avoid unnecessary tests and/or therapeutic regimens.

4. What investigation is most likely to be diagnostic in this case?

The diagnostic workup of a patient with a clinical history of high-grade fever and chills within a month after a straight-forward aortic valve replacement with known absence of coronary artery disease includes, firstly, a transesophageal echocardiography [5]. It has a sensitivity and a specificity for abscess detection of 87% and 95%, respectively [2]. Coronary angiogram in this particular patient was indicated based on a misdiagnosis of coronary artery disease. Although the angiographic appearance is typical (complex and long lesion that often disappears on diastole), a coronary angiogram should be avoided because it may cause dislodgement of

septic fragments, which fortunately did not occur in this particular case.

5. What are the most likely mechanisms responsible for myocardial infarction during infective endocarditis?

The present case describes a rare complication of prosthetic valve endocarditis, an aortic root abscess causing external coronary artery compression and acute myocardial infarction. Acute coronary syndromes are uncommon in prosthetic valve endocarditis, with a prevalence of between 1% and 3% [1]. The most likely mechanisms responsible for myocardial ischemia during infective endocarditis are the presence of preexisting coronary artery disease and coronary emboli from aortic vegetations. Other less frequent mechanisms have been described, such as obstruction of the coronary ostium due to large vegetation and severe aortic insufficiency [1, 3]. External coronary artery compression due to infective endocarditis is also a described mechanism but is a rare occurrence with only a few cases reported in medical literature [3, 9].

6. Why did this patient receive empiric antibiotic therapy?

The isolation of the causative organism of prosthetic valve endocarditis is essential, and antibiotic therapy should be delayed pending the blood culture results in cases of patients who are hemodynamically stable with an indolent clinical course. However, patients presenting hemodynamic instability or acute disease should receive empiric broad-spectrum antibiotic therapy promptly [7]. Therapy should be subsequently adjusted according to the culture results. The American Heart Association (AHA) and the European Society of Cardiology (ESC) guidelines recommend that prosthetic valve endocarditis should be treated for at least 6 weeks with an adequate bactericidal agent.

7. How do you justify the urgent operation despite the patient's condition?

Although the patient was a very high-risk surgical candidate, the urgent operation was justified due to patient's age and treatable heart problems, despite the presence of active infection, aortic root invasion, and abscess.

8. How should the patient be managed in the urgent operation?

The operation was performed with the aid of hypothermic cardiopulmonary bypass with aortic and bicaval cannulation. Myocardial protection was achieved with cold blood cardioplegia delivered through the coronary ostium and coronary sinus. An oblique aortic arteriotomy revealed a large anterior aortic root abscess, which had invaded the left and right coronary cuspids. The bioprosthesis was removed, and the abscess was evacuated; complete debridement of all infected material was also performed. Both coronary buttons were carefully mobilized and cleaned of all infected tissue. The aortic annulus was severely destroyed by the infection. Aortic root replacement with cryopreserved homograft was performed using interrupted monofilament sutures. The coronary buttons were directly reimplanted on the homograft with continuous sutures. The aortic-to-right-atrium fistula was closed with an autologous pericardium patch. Additionally, a coronary artery bypass grafting with a reversed saphenous vein graft to left anterior descending artery was performed. Prolonged cardiopulmonary bypass and mediastinal bleeding were problems in the operating room, requiring vigorous transfusion and delayed chest closure on the next day. Cultures drawn in the operating room were negative.

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