Cell Death in Biology and Diseases

Wen-Xing Ding Xiao-Ming Yin *Editors*

Cellular Injury in Liver Diseases

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Cellular Injury in Liver Diseases

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Series Preface

Cell death, or conversely cell survival, is a major biological phenomenon. Just as with cell proliferation and cell differentiation, cell death is a choice that a cell has to make, sometimes voluntarily, other times accidentally. As such, cell death serves a purpose in the biology of a multicellular organism. The machinery of cell death and that of cell protection are evolutionarily conserved and their elements can even be found in single-celled organism. The disruption of cell death mechanisms can often cause developmental abnormalities. Factors that can trigger cell death are diverse and the cell death process is intricately connected with other biological processes. Cell death directly contributes to the pathogenesis of many diseases, including cancer, neurodegenerative diseases, and tissue injury in organ failure.

The study of cell death and cell survival has become a multidisciplinary subject, which requires expertise from all fields of the modern biology. Exploring the role of cell death in disease development and the modulation of cell death for the prevention and treatment of devastating disease demands constant updating of our knowledge through the broadest interactions among all investigators, basic and clinical. The rapid expansion of our knowledge in this field has gone beyond what could be summarized in a single book. Thus, this timely series *Cell Death in Biology and Diseases* summarizes new developments in different areas of cell death research in an elaborate and systemic way. Each volume of this series addresses a particular topic of cell death that either has a broad impact on the field or has an in-depth development in a unique direction. As a whole, this series provides a current and encyclopedic view of cell death.

We would like to sincerely thank the editors of each volume in the series and the authors of each chapter in these volumes for their strong commitment and great effort towards making this mission possible. We are also grateful to our team of professional Springer editors. They have worked with us diligently and creatively from the initiation and are continuing this on the development and production of each volume of the series. Finally we hope the readers will enjoy the reading, find the content helpful to their work, and consider this series an invaluable resource.

Indianapolis, IN, USA Xiao-Ming Yin Augusta, GA, USA Zheng Dong

Preface

Cell death is a fundamental biological phenomenon. It is evolutionarily conserved but can assume different forms under different conditions. While apoptosis, necrosis, and necroptosis are perhaps best studied, less known forms of cell death such as pyroptosis, ferroptosis, parthanatos, and entosis are increasingly found in various conditions or organisms. In multicellular organisms, cell death is important for development, shaping organ size, reforming tissue architecture, promoting functional differentiation, and determining mitochondrial inheritance. In the postdevelopment stage, cell death determines the severity in tissue injury and the degree of subsequent response in inflammation, fibrosis, repair, regeneration, and tumorigenesis. The pathological changes in a complex organ, such as the liver, can be greatly affected by the death program in its cellular components.

As the major organ for metabolism and detoxification, the liver is constantly under challenges from both internal and external sources. Viral infection and xenobiotics are the two major environmental stimuli that can cause significant hepatocyte death. Metabolic disturbance (such as in autophagy function) and special food components (such as lipids, ethanol, cholesterol, sugars) are the major internal stress that can also take a significant token on the hepatocytes that leads to cell death. Furthermore, the liver may experience traumatic injury as in cholestasis or ischemia, which often leads to tissue injury to various degrees. The liver is composed of hepatocytes (the majority), cholangiocytes, stellate cells, fibroblasts, macrophages/Kupffer cells, sinusoidal cells, and many more. They respond to these insults with different sensitivities and contribute to the overall liver pathology in various ways. Thus different signaling pathways may be involved in a cell typespecific and/or in a stimulus-specific way, which triggers subcellular organelle (mitochondria and endoplasmic reticulum as well as lysosomes) stress to induce cell death. Significant progresses have been made in the past decades to characterize these cell death pathways and the cells that are involved in liver injury.

We are thus preparing two books devoted to the mechanisms of cell death in the liver and liver diseases. While the first volume mainly discusses liver injury and cell death caused by the various external and internal stimuli, the second volume discusses in great detail the type of cells and intracellular organelles involved in cell death as well as several major signaling pathways involved. We have paid particular attention to the interaction of different cells and aimed to provide a global view of the liver pathology that connects injury/cell death to other pathological changes, such as inflammation, fibrosis, and tumor development. Notably we also discuss the interaction between the liver and the intestine where microbiota can both influence and be influenced by the liver pathology. Authors who are invited to contribute to the two volumes are respected experts in the subject, which should greatly enhance the authority of the chapter and the book. The volume editors are thus indebted to the authors for their outstanding contributions that make these two books so informative and thought-provoking.

Kansas City, KS, USA Wen-Xing Ding Indianapolis, IN, USA Xiao-Ming Yin

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Chapter 1 Cell Death in Drug-Induced Liver Injury

Lily Dara and Neil Kaplowitz

Abbreviations

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1.1 Introduction

Drug-induced liver injury (DILI) presents as a spectrum of clinical presentations such as acute hepatocellular liver injury resulting in acute hepatitis, cholestasis and jaundice, nodular regenerative hyperplasia, sinusoidal obstruction syndrome, or subclinical injury which is detected during routine serum chemistries (Yuan and Kaplowitz [2013](#page-45-0)). Acute hepatocellular DILI can lead to acute liver failure (ALF), the most feared complication that triggers regulatory responses ranging from warnings, withdrawal, disapproval to recommendation for close monitoring. DILI can present sub-acutely with elevated liver enzymes or gradual jaundice or even manifest as a chronic progressive disease, the latter being less defined and somewhat controversial (Stine and Chalasani [2015](#page-43-0)). In all these instances, the ongoing liver damage from the insulting drug often leads to inflammation and direct and indirect liver cell death. Although it is unusual for DILI to persist and become chronic, in certain contexts such as in diabetics on long-term methotrexate, low grade injury can become chronic and tissue repair responses can be activated resulting in fibrosis and ultimately cirrhosis. In addition, some drugs can increase weight gain and insulin resistance aggravating underlying NAFLD and thus indirectly promoting NASH. DILI can be further classified into dose-dependent predictable (e.g., acetaminophen) and idiosyncratic injury. In either case, the major concern is hepatocellular death with the fear of massive parenchymal extinction leading to ALF.

Cell death due to DILI and hepatotoxicity can be apoptotic or necrotic depending on the inciting drug and which signaling pathways are activated. Apoptosis, the predominant cell death routine in parenchymal liver cells, hepatocytes, and cholangiocytes, can be activated through intrinsic and extrinsic pathways. Intracellular stress responses, such as mitochondrial toxicity or ER stress from drugs or toxic metabolites, can activate the intrinsic pathway of apoptosis, whereas the extrinsic pathway of apoptosis is activated by the engagement of surface death receptors with their respective ligands, usually via the immune system. Necrosis of hepatocytes to a large part also involves activation of cellular signaling pathways. While this is the subject of much of the current research in the field, the exact mechanistic pathways are not as clearly elucidated as in the case of apoptosis. It is important to point out that hepatotoxicity can occur due to toxic effects of drugs on other cells in the liver such as the liver sinusoidal endothelial cells (LSECs) or changiocytes resulting in their death. In this chapter, we focus on cell death in hepatocytes, the main parenchymal liver cells.

A few drugs such as acetaminophen (APAP), aspirin, and chemotherapeutic agents can cause predictable, dose-dependent, and direct hepatocyte-intrinsic hepatotoxicity.

However, most instances of liver injury from drugs are idiosyncratic. Idiosyncratic Drug-Induced Liver Injury (IDILI) is by definition an unpredictable injury due to a drug, usually occurring after a relatively long latency and only in a small proportion of exposed individuals. The pathogenesis if IDILI is multifactorial and complex but in most instances involves the adaptive immune system as multiple genome-wide association studies (GWAS) have identified strong correlations between certain HLA polymorphisms and IDILI occurrence. A seminal example is the GWAS study by Daly et al. in which patients with flucloxacillin hepatotoxicity were more likely to harbor the HLA-B*57:01 allele compared to exposed individuals with no DILI (Hazard Ratio of 100) (Daly et al. [2009\)](#page-36-0). Additionally, the peripheral blood mononuclear cells of patients with flucloxacillin DILI showed immune activation on reexposure to flucloxacillin. Flucloxacillin was also able to activate CD8+ T cells in drug naive individuals with the HLA-B*57:01 allele indicating a strong association of the allele with the resultant injurious phenotype (Monshi et al. [2013;](#page-41-0) Urban et al. [2014](#page-44-0); Wuillemin et al. [2013\)](#page-45-0). Other examples of strong associations between HLA polymorphisms and IDILI are the increased risk of amoxicillin-clavulanate toxicity (the single most common form of IDILI) in patients with DRB1*15:01, DQB1*06:02, and HLA-A*02:01 haplotype and ximelagatran in patients with the HLA-DRB1*07:01 polymorphism, among others (Table [1.1\)](#page-16-0) (Kindmark et al. [2008;](#page-39-0) Mallal et al. [2008;](#page-41-0) Hautekeete et al. [1999;](#page-38-0) Lucena et al. [2011](#page-40-0); O'Donohue et al. [2000](#page-42-0); Chen et al. [2015;](#page-36-0) Sharma et al. [2002](#page-43-0); Daly et al. [2009](#page-36-0); Hirata et al. [2008;](#page-38-0) Kurosaki et al. [2000](#page-39-0); Nicoletti et al. [2016](#page-42-0); Phillips et al. [2013](#page-42-0); Singer et al. [2010](#page-43-0); Spraggs et al. [2011](#page-43-0); Xu et al. [2015;](#page-45-0) Monshi et al. [2013](#page-41-0); Urban et al. [2014;](#page-44-0) Wuillemin et al. [2013](#page-45-0)). Although little mechanistic evidence exists, it is currently hypothesized that once a drug is converted into a "reactive metabolite" or "hapten" it can activate the adaptive immune system through neoantigen formation or molecular mimicry in those individuals with the susceptible HLA haplotype. In addition to the hapten hypothesis two other hypotheses exist for why HLA polymorphisms result in aberrant immune activation and IDILI. These include the pharmacological interaction hypothesis (p-i hypothesis) and the altered peptide repertoire hypothesis. Interactions between antigen-binding grooves and proteins (covalent and noncovalent) are considered to be important in the activation of the adaptive immune system. The "pharmacological interaction hypothesis" postulates that drugs can directly contact MHC molecules on T cells via noncovalent interactions resulting in T cell activation without the presence of an antigenic peptide (Pichler [2002](#page-42-0)). An example of the possible clinical relevance of the pi hypothesis is in ximelegatran DILI since the drug does not covalently bind proteins to form neoantigens. However, in vitro studies have shown a direct inhibition by ximelegatran of peptide binding to HLA DRB1*0701, supporting direct interaction of the drug to this HLAbinding site, thus pointing to the p-i hypothesis as a possible mechanism for immune activation and DILI (Grove and Aithal [2015\)](#page-37-0). Another potential mechanism is druginduced mistargeting of endogenous peptides to the wrong HLA leading to autoimmunity, as described for abacavir rash and Stevens Johnson syndrome from carbamazepine (Ostrov et al. [2012](#page-42-0); Wei et al. [2012\)](#page-44-0). In experimental IDILI models it has been suggested that subsequent to these immune activation pathways, either CD4+-dependent antibody-mediated cytotoxicity (Chakraborty et al. [2015](#page-36-0)), or CD8+ T-cells-mediated cytotoxicity (Mak and Uetrecht [2015\)](#page-41-0) results in targeting of hepato-

Drug	Associated HLA haplotypes	Phenotype	Reference
Abacavir	$B*57:01$	Hepatocellular and skin rash	Mallal et al. 2008
Amoxicillin- clavulanate	$A*02:01, B*18:01,$ DRB1*1501, DGB1 *0602, DRB1*07	Spectrum	Kindmark et al. 2008. Hautekeete et al. 1999, Lucena et al. 2011
Anti-tuberculous drugs	DOB1*02:01, DOB1 $*05:02$, DOA1 $*01:02$ [‡]	Hepatocellular and mixed	Chen et al. 2015, Sharma et al. 2002
Fenofibrate	$A*33:01$	Cholestatic	(Aithal, Liver meeting 2015 Abstract 225)
Flucloxacillin	B* 57:01, DRB1*07:01, DOB1*03:03, DRB1*15 [‡]	Cholestatic	Daly et al. 2009
Flupirtine	DRB1*16:01-DOB1*05:02	Hepatocellular	Nicoletti et al. 2016
Lapatinib	DOA1*02:01, DOB1*02:02, DRB1*07:01	Hepatocellular and mixed (delayed)	Spraggs et al. 2011
Lumiracoxib	DRB1*15:01, DOB1*06:02, DRB5*01:01, DQA1*01:02	Hepatocellular (delayed)	Singer et al. 2010
Minocycline	$B*35:02$	Hepatocellular	(Urban, Liver meeting 2015 Abstract 1930)
Nevirapine	DRB*01:02	Hepatocellular	Phillips et al. 2013
Pazopanib	$B*57:01$	Hepatocellular	Xu et al. 2015
Ticlopidine	A*33:03, A*33:01	Cholestatic	Hirata et al. 2008
Tiopronin	$A*33$	Cholestatic	Kurosaki et al. 2000
Terbinafine	$A*33:01$	Mixed	(Aithal, Liver meeting 2015 Abstract 225)
Ximelagatran	DRB1*0701, DOA1*0201	Hepatocellular	Kindmark et al. 2008

Table 1.1 DILI drugs with known HLA associations

‡ Haplotype decreases risk of toxicity

cytes and death via DR-initiated apoptosis (the de facto cell death pathway in hepatocytes), which will be discussed in detail below. However, the susceptible HLA polymorphism resulting in immune activation does not fully explain hepatotoxicity on its own as most identified HLA haplotypes associated with toxicity are quite common in the general population and IDILI is a rare event. Thus, not all individuals with the susceptible HLA exhibit clinical hepatotoxicity when exposed to the drug. This is likely due to the liver's extraordinary capacity for immune tolerance, a physiologic constant dampening of immune response in the liver which leads to "adaptation." When immune tolerance is inhibited in the liver, for example, by genetic knockout of immune check point inhibitors (such as Cbl-b1−/− mice or PD1−/− mice) or when CTLA4 inhibitors are used, drugs that normally would not result in liver injury can cause T cell activation and DILI (Chakraborty et al. [2015](#page-36-0); Metushi et al. [2015;](#page-41-0) Mak and Uetrecht [2015](#page-41-0)). Two groups have recently explored this phenomenon using mice

deficient in one or more check point inhibitor components. Chakaborty et al. injected two doses of halothane (a drug known to cause allergic DILI), 14 days apart, to mice depleted of myeloid-derived suppressor cells (MDSC) using anti-Gr1 antibody, and reported more severe injury in the MDSC-deficient mice that lack the ability for adaptation (Chakraborty et al. [2015](#page-36-0)). The anti-Gr-1-treated mice displayed severe inflammation, necrosis, and eosinophilia (Chakraborty et al. [2015\)](#page-36-0). Treatment with anti-CD4 antibody was able to abrogate this allergic response (Chakraborty et al. [2015](#page-36-0)).

Metushi et al. examined the toxicity of amodiaquine in Cbl-b1 and PD-1-deficient mice (both molecules are immune check point inhibitors). Mice knockout for either gene exhibited more severe DILI than wild-type (WT) mice; however, this resolved due to adaptation and the mice recovered (Metushi et al. [2015](#page-41-0)). Blocking an additional immune check point pathway using CTLA4 antibody in PD1−/− mice resulted in more severe and sustained injury from amodiaquine (Metushi et al. [2015\)](#page-41-0). In contrast to the halothane immunoallergic model of IDILI, in this model, the resultant liver injury was dependent on the action of cytotoxic CD8+ T lymphocytes (Mak and Uetrecht [2015](#page-41-0)). These studies suggest that under normal conditions check point immune modulators have a pro-adaptation dampening effect on the activation on T cells in the liver, preventing constant inflammatory response and IDILI (Dara et al. [2015b\)](#page-37-0). Thus, a failure of adaptation is likely an additional or simultaneous requirement for the development of IDILI but the details of this interesting phenomena are beyond the scope of this chapter and is discussed elsewhere (Dara et al. [2015b](#page-37-0)) (Fig. [1.1](#page-18-0)).

Morphologically and mechanistically cell death is broadly classified into apoptosis, necrosis, and autophagy (which has close ties to apoptosis). Necroptosis, a form of regulated necrosis, is also an important cell death subroutine that has been studied in the context of DILI. Below we will examine the current evidence and the role of each of these cell death modes in drug hepatotoxicity. It should be pointed out that when extensive injury occurs in humans, it may be very difficult to distinguish which form of cell death predominates. This is less of a problem in animal models where mechanistic biochemical studies can be deployed. Nevertheless, animal models of IDILI are only beginning to be identified (by modulating immune tolerance) but are thus far not very robust, probably because of redundancies in the mechanisms of immune tolerance and the restricted HLA associations specific to humans.

1.2 Apoptosis in DILI

Apoptosis is a programmed mode of cell death that occurs both physiologically and, in many forms of liver disease, as a pathologic process. Apoptosis occurs in two steps, an activation phase where a stimulus or death signal activates a series of biochemical events that lead to the activation of specific proteases termed initiator caspases. Subsequently, these initiator caspases lead to the execution phase (second step), which is carried out by the effector caspases. Apoptosis can be activated via two major and convergent routes: the extrinsic (death receptor) and the intrinsic

Fig. 1.1 Cell death in DILI. Drugs can be directly toxic to hepatocytes causing "intrinsic stress" or they can activate the adaptive immune system in certain individuals with susceptible HLA polymorphisms causing idiosyncratic, dose-independent, and unpredictable toxicity. Direct toxicity results in intrinsic stress (mitochondrial, ER stress, or DNA damage) that can lead to apoptosis and necrosis when a certain threshold is passed and adaptive responses cannot compensate. Apoptosis and necrosis subsequently lead to the release of DAMPs and a secondary innate immune response in the injured liver. Idiosyncratic DILI occurs via the adaptive immune system but is usually dampened by the process of immune tolerance leading to adaptation. However, if these adaptive responses are overcome then DILI ensues, resulting in cell death (apoptosis). (*ROS* reactive oxygen species, *ER* endoplasmic reticulum, *HLA* human leukocyte antigen, *DAMP* danger-associated molecular patterns)

(mitochondrial) pathways. Both lead to the eventual activation of executioner caspases which results in proteolysis, pyknosis (chromatin condensation), and karyorrhexis (nuclear fragmentation), which are the morphologic features of apoptosis, a.k.a., type I cell death (Galluzzi et al. [2012\)](#page-37-0).

The extrinsic pathway of apoptosis is activated when death receptors (DR) such as TNF, FAS, Trail, etc. are engaged by their ligands resulting in caspase 8 activation and ultimately apoptosis and in some cases necroptosis depending on cell type. Death receptors are type 1 transmembrane proteins with intracellular C-terminal portions that contains a span of amino acids termed the death domain (Guicciardi and Gores [2009\)](#page-38-0). All the members of the death receptor family including TNFR, Fas (CD95), TRAIL-R1 (DR4), and TRAIL-R2 (DR5) are highly expressed in the liver. Immune-mediated killing of hepatocytes occurs through T cells and cytokines (free and membrane bound) and involves these death receptors. Immune-mediated destruction of hepatocytes is largely mediated by major histocompatibility complex (MHC) class I-restricted CD8+ cytotoxic T lymphocytes (CTLs). However, other immune cells such as NK cells and NKT cells may have important roles in the liver and Kupffer cells (KC) also contribute (Tian et al. [2013](#page-44-0); Protzer et al. [2012](#page-42-0)). Death receptor engagement and activation by their ligands activates the extrinsic pathway of apoptosis. These ligands include FasL for FAS, TNF for TNFR, and TRAIL (TNF-related apoptosis inducing ligand) for TRAILR. Immune-mediated hepatocyte killing in IDILI likely occurs through one or more of the receptor-mediated pathways discussed here.

1.2.1 FAS

FAS receptor is ubiquitously expressed and is abundant in the liver among many other organs (pancreas, kidney, heart, brain, etc.). It is also highly expressed by activated mature T cells. FAS Ligand (FASL) is mainly expressed on the surface of activated T cells and also by KC to a lesser extent; in addition, a soluble form exists (Strasser et al. [2009](#page-43-0); Malhi et al. [2010](#page-41-0)). FASL binding to its receptor leads to recruitment of FADD to activate caspase 8 and internalization of the receptor (Guicciardi and Gores [2009](#page-38-0); Lee et al. [2006\)](#page-39-0). The receptor oligomerizes and forms large lipid rafts and clusters, is internalized, and localizes to the endosomal compartment for death inducing signaling complex (DISC) assembly that includes FADD, caspase-8, and cFLIP (FLICE (i.e., caspase-8) inhibitory protein). It is important to point out in humans in addition to caspase 8, FAS activates another initiator enzyme, caspase-10, which is not present in mice (Strasser et al. [2009\)](#page-43-0). Caspase 8 activation then leads to activation of down-stream effector caspases and apoptosis in most cells (type I cells) such as immune cells. In hepatocytes (type II cells) FAS-mediated apoptosis depends on caspase-8-mediated cleavage of Bid and subsequent mitochondrial apoptosis pathway involvement. FAS stimulation results in massive hepatocyte apoptosis in WT animals. Bid knockout hepatocytes are resistant to Fas-mediated apoptosis whereas thymocytes are not (Yin et al. [1999\)](#page-45-0). Additionally, FAS-mediated apoptosis can be blocked by overexpression of Bcl-2 or Bcl-XL in type II cells (Scaffidi et al. [1999\)](#page-43-0). In type II cells, X-chromosome-linked inhibitor of apoptosis protein (XIAP) associates with caspase 3, thereby preventing propagation of the caspase 8 signal (Jost et al. [2009\)](#page-38-0). This association can be unhinged by second mitochondria-derived activator of caspases (SMAC/Diablo) which is released from the inter membrane space of mitochondria during MOMP (Jost et al. [2009](#page-38-0)). Therefore, the extrinsic pathway of apoptosis is insufficient to induce cell death and the intrinsic/mitochondrial pathway needs to be engaged for apoptosis to ensue via MOMP (discussed further in the TNF section). Theoretically, FAS stimulation can result in a mode of hepatocyte killing in IDILI. However, another possible mechanism of FAS contribution to hepatotoxicity is through low level (1 μg) FASL depletion of cellular GSH levels which exacerbates toxicity from

drugs such as acetaminophen. This could contribute to patients experiencing toxicity at lower levels when suffering from viral infections (Tinel et al. [2004](#page-44-0)). While FAS itself does not participate in acetaminophen-induced signaling, which is necrotic, FAS-deficient LPR mice have been shown to have a faster GSH recovery and rebound after APAP resulting in attenuated susceptibility to APAP injury (Williams et al. [2013\)](#page-45-0).

1.2.2 TRAIL

TRAIL-R (a.k.a Apo 2) is a member of the TNF receptor super family that is expressed on hepatocytes. Indeed, TRAIL can induce proapoptotic caspase activity in isolated human hepatocytes (Volkmann et al. [2007](#page-44-0)). The ligand, TRAIL, is expressed by cells of the immune system but in particular, KC, macrophages, and NK and NKT cells (Malhi et al. [2010\)](#page-41-0). In healthy liver explants TRAIL only induces apoptosis when combined with histone deacetylase inhibitors augmenting hepatotoxic effects of these chemotherapeutic agents, while in diseased liver (livers with HCV, steatosis) TRAIL stimulation resulted in massive apoptosis (Volkmann et al. [2007;](#page-44-0) Gores and Kaufmann [2001\)](#page-37-0). TRAIL was first described in 1995 and thought to exclusively induce apoptosis in cancer lines, sparing healthy tissues and cells (Walczak et al. [1999](#page-44-0); French and Tschopp [1999\)](#page-37-0). Unlike the massive cell death and liver apoptosis seen with FASL, TRAIL administration appeared relatively safe in primates studies (Ashkenazi et al. [1999\)](#page-36-0). Of the five known TRAIL death receptors only two transmit the apoptotic signal (DR4, DR5) through activation of caspases. Binding of TRAIL to DR4 or DR5 similar to FAS results in recruitment of proteins to form a signaling complex and assembly of the DISC. FADD and caspase 8 (and in humans, caspase 10) also play an important role in this death receptor pathway that also needs mitochondrial participation in hepatocytes.

Additionally, TRAIL binding can result in c Jun N-terminal Kinase (JNK) activation, through RIPK1-dependent (early phase) and independent (late phase) pathways (Zhang et al. [2015](#page-45-0)). Sustained and prolonged JNK activation can also contribute to apoptosis and cell death (see more details in the JNK/MAPK section). Furthermore, JNK itself can upregulate DR4 and DR5, increasing sensitivity to TRAIL in certain contexts (Fu et al. [2010](#page-37-0); Malhi [2007](#page-41-0); Zou et al. [2004](#page-46-0), [2008](#page-46-0)). Bile acids can also induce DR5 expression (while inhibiting cFLIP function), thereby sensitizing hepatocytes to TRAIL-mediated cell death (Higuchi et al. [2004\)](#page-38-0). This also occurs through a JNK-mediated pathway (Higuchi et al. [2004](#page-38-0)). The livers of cholestatic mice (bile duct ligation model) also upregulate TRAIL expression, and TRAIL deficiency significantly rescues the liver injury from the cholestasis resulting from bile duct ligation (Takeda et al. [2008;](#page-43-0) Kahraman et al. [2008](#page-38-0)). In addition, TRAIL has been shown to play a role in FASL-induced apoptosis in liver through a JNK-dependent mechanism involving activation of proapoptotic BIM (Corazza et al. [2006\)](#page-36-0).

1.2.3 Perforin/Granzyme

Perforin or granzyme-induced apoptosis is the main pathway used by CD8+ cytotoxic lymphocytes and NK cells to eliminate virus-infected cells. While no direct evidence for this exists in DILI models, this is a well-described rout of eliminating virus-infected hepatocytes (Knolle and Thimme [2014\)](#page-39-0). CD8 T cells and NK cells target infected cells, bind to them (conjugate), and release cytotoxic granules containing perforin, granzymes, and granulysin (Voskoboinik et al. [2015\)](#page-44-0). Defects in this pathway result in many human diseases such as familial hemophagocytic lymphohistiocytosis and increased susceptibilities to viral infections and hematological malignancies (Voskoboinik et al. [2015](#page-44-0)). Although no data exists regarding the role of this pathway in IDILI, possible antigen mimicry can trigger cytotoxic T cells to kill hepatocytes expressing drug antigens thereby killing them and causing DILI.

1.2.4 TNF

The cell death pathways following TNFR stimulation by its ligands are among the most extensively studied signaling cascades in molecular biology (Fig. [1.2](#page-22-0)). When TNF binds its receptor, multiple proteins are recruited to a membrane-bound supramolecular structure termed complex 1. These include TNFR-associated death domain (TRADD), RIPK1, cellular inhibitor of apoptosis 1 and 2 (cIAP1 and 2), TNFR-associated factor 2 (TRAF2), or TRAF5. cIAPs, which are E3 ubiquitin ligases, are recruited to complex 1 via TRAF2 that prevents their polyubiquitylation. cIAPs catalyze the Lys63-linked polyubiquitylation of RIPK1 which serves as a scaffold for NFκB activation through transforming growth factor-β-activated kinase 1 (TAK1) and TAK1-binding proteins 2 and 3 (TAB2 and TAB3). In order for TNF to result in cell death, a second complex, receptor-free complex II, has to assemble in the cytoplasm. This consists of FADD, RIPK1, or TRADD, and caspase-8 to activate caspase-3 and caspase-7. In many cells such as hepatocytes, formation of complex II is blocked by Fas-associating protein with death domain-like interleukin-1 beta-converting enzyme (FLICE) inhibitory protein (c-FLIP) and NFκB target genes such as A20 (Karin and Lin [2002;](#page-39-0) Micheau and Tschopp [2003;](#page-41-0) Irmler et al. [1997](#page-38-0)).

Initiator and executioner caspases are present in a latent or catytically inactive zymogen form in the cytosol. Once the canonical pathway is engaged, the executioner caspases are activated by cleavage into 10 and 20 kD fragments by the initiator caspase. Activation of the executioner caspases, i.e., caspase -3 , -6 , and -7 , which are effectors of both the extrinsic and intrinsic pathways, results in proteolysis and activation of nucleases leading to DNA fragmentation. In type I cells such as lymphocytes, activation of caspase −8 is sufficient to activate caspase-3 and other executioner caspases resulting in apoptosis. However, in type 2 cells such as hepatocytes, extrinsic pathway apoptosis induction first requires caspase −8-mediated

Fig. 1.2 TNF receptor-mediated cell death. TNF binding to TNF receptor (TNFR) results in the formation of complex I that includes TRADD, RIPK1, TRAF2, IAP1, IAP2, and LUBAC. Ubiquitination of RIPK1 results in a platform formation and recruitment of the IKK complex (made up of NEMO, IKK1, and IKK2) and TAB/TAK-1 complexes. This results in the activation of NF-κB and mitogen-activated protein kinase (MAPK). Complex II is made up of TRADD, FADD, and caspase-8 (IIa) or RIPK1/RIPK3, FADD, Caspase 8, and FLIPL (not shown) (IIb) which leads to caspase-8-mediated activation of caspase 3/7 and apoptosis in type I cells. In type II cells caspase 8 mediates cleavage of Bid to tBid resulting in BAX and BAK-mediated MOMP and Cytochrome C release. Cytochrome C binds to APAF-1 to form a wheel-like structure called the apoptosome that activates caspase 9, which in turn activates the effector caspases (caspase 3/7) to induce apoptosis. In certain cells when caspase-8 is inhibited the necrosome is formed, made up of RIPK1, RIPK3, and MLKL which leads to phospho-activation of MLKL, leading to its oligomerization and translocation to cell membrane to induce pore opening and necroptosis

cleavage of Bid, a Bcl-2 family protein, and subsequent mitochondrial participation and mitochondrial outer membrane permeabilization (MOMP) for executioner caspase activation. Proapoptotic Bcl-2 family members that include Bax, which translocates to Bak, which resides in mitochondrial outer membrane are activated by cleaved Bid (tBid) or Bim which leads to MOMP, releasing cytochrome *c* and other intermembrane proteins (Kaufmann et al. [2009](#page-39-0); Yin et al. [1999\)](#page-45-0). This Bcl-2 family participation and mitochondrial amplification via activation of the apoptosome is necessary for apoptosis to ensue in liver cells as hepatocytes are extremely resistant to the lethal actions of TNF because formation of the DISC not only activates the apoptosis machinery (and in some cases necroptosis) but also serves to activate NFκB. The resistance to TNF in hepatocytes can be overcome by using translation or transcription inhibitors (such as actinomycin-D or galactosamine), or depletion

of glutathione (GSH) (Feng and Kaplowitz [2000](#page-37-0); Nagai et al. [2002;](#page-41-0) Pierce et al. [2000;](#page-42-0) Lou and Kaplowitz [2007\)](#page-40-0). In addition, generation of free radicals and ROS has also been implicated in hepatocytes to interfere with NF_{KB} signaling and sensitize to TNF in hepatocytes (Han et al. [2006\)](#page-38-0). This could be occurring through inhibition of IKK or the indirect effect of reactive oxygen species mediated by the alteration of cellular redox status (GSH/GSSG). Regardless, interference with NFκB is necessary for cell death via TNF in hepatocytes (Han et al. [2006](#page-38-0); Lou and Kaplowitz [2007\)](#page-40-0).

As noted above, apoptosis in hepatocytes and other type II cells occurs through the activation of a complex termed the "apoptosome" that forms as a result of MOMP and cytochrome *c* release. The primary component of the apoptosome is apoptotic peptidase-activating factor-1 (Apaf-1). Under normal conditions, Apaf-1 exists in a monomeric form. A series of WD-40 repeats at the C termus keep Apaf-1 autoinhibited (these bind cytochrome *c*), while a caspase-binding domain at the N terminal recruits caspase −9, and a nucleotide binding and oligomerization domain in the middle of the protein exhibits ATP-ase activity. When apoptosis signals are sensed, activated Bcl-2 family members translocate to the mitochondria, causing permeabilization of the outer mitochondrial membrane resulting in cytochrome *c* release that then binds to the WD-40 region of Apaf-1 molecule releasing its autoinhibitory effect (Kim et al. [2005;](#page-39-0) Liu et al. [1996](#page-40-0); Zou et al. [1997\)](#page-46-0). Apaf-1 then forms a wheel-like structure called the apoptosome that promotes self-activation of caspase 9 which then cleaves executioner caspases (Acehan et al. [2002\)](#page-35-0).

1.3 JNK in DILI

In addition to the Bcl2 family, the mitochondria, and caspases, the mitogen-activated protein kinase (MAPK) family are critical regulators of hepatocyte death. MAPKs are a tiered cascade of kinases and the principal regulators of stress-responsive pathways in hepatocytes (Chang and Karin [2001\)](#page-36-0). MAPKs are governed by their phosphorylation status. C Jun-N-terminal kinase (JNK), an extensively studied member of this family in the context of DILI, plays a critical role in liver homeostasis and disease (Chang and Karin [2001](#page-36-0); Sabapathy et al. [2004\)](#page-43-0). Once JNK is activated, the most critical factors dictating cell fate in hepatocytes are the duration of sustained JNK activation and the protein's subcellular localization. Prolonged JNK activation, which likely corresponds to the magnitude and duration of stress, promotes cell demise, while transient JNK activation does not (Bradham et al. [1997](#page-36-0); Gunawan et al. [2006](#page-38-0); Hanawa et al. [2008](#page-38-0); Win et al. [2011\)](#page-45-0). JNK activates the intrinsic mitochondrial pathway of apoptosis by phosphorylation of Bcl2 proteins, Bim and Bax, and mediates phosphorylation and inactivation of antiapoptotic Bcl2 proteins, Bcl-xl and mcl-1 (Lei and Davis [2003](#page-40-0); Lei et al. [2002](#page-40-0); Tournier et al. [2000\)](#page-44-0). Interestingly, JNK activation and translocation to mitochondria is not only important for apoptosis in hepatocytes but is a critical step in APAP-induced hepatocyte necrosis as well (Win et al. [2011](#page-45-0)). This delicate balance between JNK activation, mitochondrial ROS generation, and NFκB transcriptional regulation determines

hepatocyte death or survival. TNF treatment in hepatocytes causes ROS formation leading to sustained MAP kinase (JNK) activation (Win et al. [2011](#page-45-0)). ROS formation from mitochondria is required for prolonged JNK activation. JNK can lead to degradation of cFLIP, a pro-survival protein induced by NFκB, and NFκB-responsive genes, such as XIAP, have been implicated in inhibition of JNK (Chang et al. [2006;](#page-36-0) Liu et al. [2002\)](#page-40-0). Inhibition of NFKB in the presence of TNFR engagement results in sustained JNK activation and promotes TNF-induced hepatocyte death (Chang et al. [2006;](#page-36-0) Liu et al. [2002](#page-40-0)). When JNK signals to mitochondria, it binds to SH3BP5 or Sab, which spans the outer mitochondrial membrane (Wiltshire et al. [2002](#page-45-0), [2004\)](#page-45-0). Preventing JNK binding to Sab abrogates liver cell death both in apoptotic and in necrotic models of liver injury including DILI from acetaminophen (necrotic model), ER stress apoptosis models, TNF (plus p-galactosamine), and palmitic acid-induced liver cell apoptosis, further supporting the notion that JNK translocation and mitochondrial participation are critical for hepatocyte death in these models (Win et al. [2011](#page-45-0), [2014](#page-45-0), [2015\)](#page-45-0). The intra-mitochondrial downstream pathways are discussed further in the programmed necrosis section (see below). It should be mentioned that JNK participation in hepatocellular death is not universal; thus in models of direct toxicity of CCL4 and furosemide, JNK is dispensable (Gunawan et al. [2006;](#page-38-0) McGill et al. [2015](#page-41-0)).

Some hepatotoxic agents cause injury by activating cellular pathways leading to apoptosis. Actinomycin D and the mushroom toxin α -amanitin induce a transcriptional arrest, thereby inhibiting NFκB and sensitizing to liver cell apoptosis via TNF stimulation and apoptosis (Leist et al. [1994](#page-40-0), [1997\)](#page-40-0). Drugs that cause idiosyncratic DILI (IDILI) do so in large part due to aberrant adaptive immunity in susceptible individuals with HLA polymorphisms. This cell death mode in immune-mediated liver injury is death receptor mediated and therefore primarily apoptotic. As an example, diclofenac, a known idiosyncratic hepatotoxin, has been suggested to cause toxicity in large part by inducing MOMP and apoptosis (Siu et al. [2008](#page-43-0)). In HepG2 cells, diclofenac induced apoptosis through the caspase8/Bid/Apaf1 pathway leading to caspase 3 cleavage. Furthermore, diclofenac induced sustained JNK activation and decreased NFκB transcriptional activity, thereby sensitizing cells to apoptosis through multiple mechanisms (Fredriksson et al. [2011\)](#page-37-0). Interestingly while IDILI toxicity is presumed to be carried out by the adaptive immune system, in vitro drug panels exploring cytotoxicity of IDILI drugs in cultured primary human hepatocytes have demonstrated a direct induction of cytotoxicity by IDILI drugs as measured by decreases in GSH and ATP, increased ROS/ATP ratio, and activation of caspase 3 (Zhang et al. [2016\)](#page-46-0).

1.4 Mitochondria in DILI

Mitochondria are crucial organelles in liver cell fitness and survival and they play an indispensable role in the execution of liver cell apoptosis. Therefore, it is not surprising that many hepatotoxins kill liver cells by targeting mitochondria. It is important to distinguish essential mitochondrial participation downstream of DR

signaling, DNA damage, and ER stress from DILI due to direct targeting of drugs to the mitochondria. For example, Reye and colleagues described in the 1960s that children with febrile illness given aspirin developed encephalopathy, profound hypoglycemia, lactic acidosis, and microvesicular steatosis. Mitochondria is a key target of APAP toxicity will be discussed in another chapter. Other drugs such as valproic acid, antiretrovirals, tetracycline, tamoxifen, and amiodarone can also target mitochondrial disrupting oxidative phosphorylation resulting in steatosis and liver injury and even acute liver failure (Lemasters et al. [1998](#page-40-0); Silva et al. [1997;](#page-43-0) Fromenty and Pessayre [1995;](#page-37-0) Lewis et al. [1989](#page-40-0)). Drug-induced mitochondrial toxicity can result from interference with mitochondrial DNA synthesis. Fialuridine, an antiviral that was being developed for hepatitis B, exemplifies this type of toxicity. During the clinical trial, patients were noted to have elevated liver enzymes, pancreatitis, lactic acidosis, and even liver failure and death after a long latency. Disruption of mitochondrial function was determined to be the underlying mechanism as evidenced by depletion of mitochondrial DNA and classic clinical features of mitochondrial toxicity (McKenzie et al. [1995](#page-41-0)). A similar syndrome has been reported with the antiretrovirals zidovudine and didanosine (Bissuel et al. [1994](#page-36-0)). Due to the serious nature of these toxicities, all antiviral nucleoside and nucleotide analogue drugs have a black-box warning regarding potential mitochondrial toxicity (Dara et al. [2012\)](#page-37-0). Valproic acid (VPA), an anticonvulsant and mood stabilizer, is another drug that kills liver cells by targeting mitochondria in multiple ways. VPA is metabolized by the cytochrome P-450 system to a reactive intermediary, 4-ene VPA, which is conjugated with coA to 4-ene-CoA, which enters mitochondria and then can be converted by β-oxidation to 2,4-diene VPA a highly electrophilic metabolite (Kassahun et al. [1991](#page-39-0), [1994\)](#page-39-0). Therefore, these reactive metabolites are generated in larger amounts when patients take other anticonvulsants such as carbamazepine or phenytoin concomitantly (Levy et al. [1990\)](#page-40-0). Also, VPA itself is a fatty acid and can therefore easily cross the mitochondrial membrane to uncouple respiration by interfering with the proton gradient, resulting in microvesicular steatosis and Reye's syndrome (Levy et al. [1990\)](#page-40-0). Valproate also sequesters CoA by forming valproyl-CoA moieties; thus, interfering with natural fatty acyl-CoA-oxidation, as well as pyruvate dehydrogenase, which requires CoA (Ponchaut et al. [1992](#page-42-0); Silva et al. [1997\)](#page-43-0). Another important determinant of valproate toxicity is amino acid substitutions that decrease the activity of mt-DNA polymerase γ (POLG) (Naviaux and Nguyen [2004\)](#page-41-0). Alpers-Huttenlocher syndrome, a rare childhood disorder characterized by epilepsy, developmental delay, and liver disease, is associated with severe toxicity from VPA. This VPA toxicity occurs in up to a third of patients with this disorder and is due to the POLG mutation (Naviaux and Nguyen [2004\)](#page-41-0). POLG mutations seem to correlate well with risk of VPA toxicity and interestingly even patients with *heterozygous* mutations in the POLG gene were associated with an increased risk of liver toxicity from valproate in the Drug-Induced Liver Injury Network (DILIN)

(Stewart et al. [2010\)](#page-43-0). The presumption is that the mutation in POLG, by impairing mitochondrial DNA synthesis, sensitizes to the toxicity of VPA although this remains to be proven in model systems. In the general population, VPA-induced DILI occurs in a small proportion of treated individuals which therefore can be considered IDILI. It is unclear if this represents direct toxicity to mitochondria alone or if an immune mechanism might contribute with sublethal mitochondrial impairment acting as a danger signal costimulating the adaptive immune system. Many IDILI drugs directly impair the function of isolated mitochondria (Porceddu et al. [2012\)](#page-42-0). In addition, antibiotics are the major contributor drugs to IDILI and given mitochondria are descendants of bacteria it is intriguing to speculate that these drugs may cause liver toxicity in part by targeting liver mitochondria.

1.5 ER Stress in DILI

ER stress is another important intracellular stress pathway in hepatocytes that can result in cell death (Dara et al. [2011\)](#page-37-0). ER stress occurs in specialized secretory cells when the amount of protein entering the ER lumen exceeds the organelle's capacity to fold them resulting in the activation of a stress response to cope with and compensate for the resulting gridlock (Hetz et al. [2013](#page-38-0); Ron and Walter [2007](#page-42-0)). Thus, ER stress initiates a series of adaptive mechanisms termed the unfolded protein response or UPR to restore protein folding and homeostasis (by upregulating chaperones, selectively degrading mRNA of secretory proteins to decrease work load, or inhibiting protein synthesis) (Hetz et al. [2013;](#page-38-0) Ron and Walter [2007\)](#page-42-0). Additionally, the UPR seems to be an essential signaling pathway in many physiologic processes such as lipid and cholesterol metabolism, oxidative stress, inflammatory response pathways, and cancer development (Wang and Kaufman [2012\)](#page-44-0). The three major stress sensors that control the UPR are inositol-requiring enzyme 1α (IRE1 α), protein kinase RNA-like ER kinase (PERK), and activating transcription factor 6 (ATF6). These three transmembrane proteins are anchored to the ER and activate downstream signals that travel to the nucleus to activate genes to restore protein folding. The IRE1 α branch of the UPR activates X-box-binding protein 1 or XBP1s which is a transcription factor that activates ER-associated protein degradation in the cytosol and protein quality control. When the ER stress is too severe to overcome, IRE1α can activate the JNK-mediated apoptosis pathway (via ASK1 and TRAF2) to induce cell death (Urano et al. [2000](#page-44-0)). P-JNK then translocates to mitochondria where it induces ROS production; uptake of CA2+ released by the ER amplifies this effect of JNK on mitochondria. Sustained JNK then results in modulation of Bcl2 family leading to MOMP (Win et al. [2014](#page-45-0)). It has been shown that covalent binding of reactive chemicals activates ER stress, though the precise mechanism is unclear regarding whether covalent binding of client proteins leads to misfolding or direct impairment of UPR mediators (Dara et al. [2011\)](#page-37-0). It is therefore intriguing to hypothesize that certain drugs cause DILI and hepatocyte death via the ER stress pathway. While many proteins are activated through the UPR, one of the main elements of ER stress-mediated apoptosis is CHOP, a transcription repressor that is activated downstream of the PERK and IRE1 pathways of the UPR. CHOP expression in the liver seems to be upregulated with various stressors such as

alcohol, LPS, CCL4, APAP although the significance of this induction remains controversial (Ji et al. [2005](#page-38-0); Rahman et al. [2007](#page-42-0); Campos et al. [2014\)](#page-36-0). Both diclofenac and carbamazepine have been shown to upregulate ER stress genes and CHOP expression in cell culture models of Hep G2 cells and primary human hepatocytes (Fredriksson et al. [2014\)](#page-37-0). The role of ER stress in necrotic models such as APAP is also of interest as there is data that CHOP knockout mice exhibited less liver injury and increased survival after APAP treatment by gavage (Uzi et al. [2013\)](#page-44-0). APAP treatment strongly upregulated CHOP at 12 h and CHOP−/− mice seemed to recover from toxicity faster and exhibited a higher regenerative capacity after injury (Uzi et al. [2013\)](#page-44-0). The role of ER stress in DILI from the combination of protease inhibitors (ritonavir and lopinavir) and alcohol has been investigated (Hu et al. [2015\)](#page-38-0). The drugs and alcohol each mildly induced ER stress markers in primary hepatocytes when used alone, but, the combination of alcohol with ritonavir and lopinavir markedly induced the chaperone glucose regulatory peptide 78 (GRP78) and CHOP (Hu et al. [2015](#page-38-0)). This was also associated with an increase in cell death markers as well as the autophagy marker LC3 (Hu et al. [2015\)](#page-38-0). Although no conclusive evidence exists, these in vitro studies raise the intriguing possibility that under certain conditions such as alcohol consumption, drugs that cause IDILI can promote cell death via the ER stress pathway. Overall, firm conclusions can be made regarding the role of mitochondrial and ER stress resulting in cell death in DILI from certain drugs and toxins. However, for most IDILI drugs, these stress responses are more likely to contribute to danger signals for adaptive immunity and/or sensitize to immune-mediated killing.

1.6 Regulated Necrosis DILI

Necrosis has been viewed traditionally as an accidental form of cell death, resulting in oncosis or swelling of the cell and intracellular organelles eventually leading to plasma membrane rupture. The accidental nature of this process has been challenged in recent years with the elucidation signaling molecules leading to regulated necrosis pathways. While necroptosis is not the only form of regulated necrosis, it is so far the best described and most studied mode of cell death with necrotic morphology. Necroptosis was first described in cultured cells stimulated with FasL or TNF in the presence of the pancaspase inhibitor Z-VAD-FMK (Holler et al. [2000;](#page-38-0) Vercammen et al. [1998\)](#page-44-0). Necroptosis can occur with ligation of other death receptors, toll-like receptors, and intracellular signaling (DAI, PKR) (Linkermann and Green [2014](#page-40-0)). The interesting finding in these initial reports was that the cells continued to die despite caspase inhibition. However, the cell death mode appeared to be morphologically necrosis, often described as "a switch to necroptosis." It was subsequently shown that necroptosis requires the kinase activity of RIPK1 (Holler et al. [2000](#page-38-0)) and RIPK1 inhibition (by necrostatins) protected against this form of cell death (Degterev et al. [2005](#page-37-0)). During necroptosis, when caspases are inhibited, RIPK1 recruits RIPK3 that oligomerizes and together they form a complex called

the necrosome, which ultimately leads to the activation of MLKL by phosphorylation. P-MLKL then executes necroptosis by translocating to and rupturing the cell membrane, the mechanism of which is still under debate (Chen et al. [2014;](#page-36-0) Hildebrand et al. [2014](#page-38-0); Murphy et al. [2013;](#page-41-0) Quarato et al. [2016](#page-42-0)) (Fig. [1.2\)](#page-22-0). In addition to participating in apoptosis and necroptosis, RIPK1 participates in inflammatory pathways and can paradoxically inhibit apoptosis and promote survival under certain conditions (Dannappel et al. [2014;](#page-37-0) Takahashi et al. [2014;](#page-43-0) Suda et al. [2016](#page-43-0)).

The role of necroptosis has been investigated using multiple acute and chronic liver injury models, including models of DILI with conflicting results. Much of the controversy is due to the fact that not all cells undergo necroptosis. Hepatocytes do not robustly express RIPK3 and the induction of RIPK3 after acute DILI, as in the case of APAP, is controversial (Dara et al. [2015a](#page-37-0); Ramachandran et al. [2013](#page-42-0); Kasof et al. [2000](#page-39-0); Sun et al. [1999\)](#page-43-0). RIPK3 mRNA presence in the liver was not conclusive in two reports when the protein was initially described (Kasof et al. [2000](#page-39-0); Sun et al. [1999\)](#page-43-0). A limited population of primary cells and cell lines such as L929 fibrosarcoma cells, Jurkat T cells, HT29 cells, MEF, keratinocytes have been shown to switch to an alternate form of cell death with death receptor signaling under conditions where caspases +/−cIAPs are inhibited (Degterev et al. [2014](#page-37-0)). This has not been the case for all cells; for example, MCF-7, Hela cells and Hek293 cells do not undergo necroptosis due to a lack of RIPK3 expression (Degterev et al. [2014\)](#page-37-0). Absence of RIPK3 in cells predicts whether they can undergo necroptosis (Geserick et al. [2015](#page-37-0)). While whole liver homogenate is weakly positive for RIPK3 protein using a highly specific monoclonal antibody, this may be due to its presence in the NPC compartment, as freshly isolated hepatocytes do not express RIPK3 (Dara et al. [2015a\)](#page-37-0). Furthermore, most reports citing RIPK3 protein induction have used commercially available nonspecific polyclonal antibodies in injured liver tissue. Interestingly, in immunohistochemical studies, the area of RIPK3 staining corresponds to the area of necrotic or damaged liver which is highly immune-reactive and stains positive even for nonspecific rabbit and mouse IgG (Dara et al. [2015a](#page-37-0)). In fact even RIPK3−/− liver stains positive for RIPK3 after acetaminophen, providing further evidence that the necrotic area surrounding the central vein is reacting nonspecifically with commercial antisera (Dara et al. [2015a](#page-37-0)). Another line of evidence against hepatocytes undergoing necroptosis is that blockage of caspase 8 during numerous apoptosis-inducing experimental conditions does not switch the cell death mode from apoptosis to necroptosis, but rather protects (Hatting et al. [2013;](#page-38-0) Kang et al. [2004,](#page-39-0) [2015](#page-39-0); Kaufmann et al. [2009](#page-39-0); Thapaliya et al. [2014;](#page-44-0) Witek et al. [2009\)](#page-45-0). Additionally, liver-specific ablation of caspase 8 has no effect on the normal liver and is, in fact, protective against Fas and TNF-mediated apoptosis (Kang et al. [2004;](#page-39-0) Liedtke et al. [2011\)](#page-40-0). APAP-induced hepatic necrosis is perhaps the best studied model of DILI in which necroptosis has been studied. One report by Ramachandran and colleagues has suggested a significant and transient protection in RIPK3−/− mice at 6 h against APAP compared to wild-type (WT) controls and has concluded that in the early phase of toxicity the cell death in hepatocytes can be necroptosis (Ramachandran et al. [2013\)](#page-42-0). Despite the observed protection at 6 h post APAP, at 24 h the RIPK3 WT and knockout (KO) animals had similar liver injury

and ALT levels. We have also investigated the role of RIPK3 KO as well as MLKL KO on toxicity from APAP and have found no difference between WT and KO animals at early (6 h) or late time points (24 h) (Dara et al. [2015a](#page-37-0)). The fact that MLKL KO does not protect mice from liver injury precludes necroptosis as a significant contributor to APAP necrosis in mice. Nevertheless, since MLKL is expressed in hepatocytes it remains possible that RIPK3-independent mechanisms might activate MLKL in certain types of DILI. It is noteworthy that other groups have suggested that necroptosis contributes to APAP toxicity. However, many of these studies were done in vitro and used necrostatin, a RIPK1 kinase inhibitor, and some which used in vivo knockout models did not use strain-matched controls (An et al. [2013;](#page-35-0) Deutsch et al. [2015;](#page-37-0) Takemoto et al. [2014](#page-44-0); Zhang et al. [2014\)](#page-45-0). Since RIPK1 participates in pathways other than necroptosis we investigated the necroptosis-independent function of RIPK1 in APAP DILI. Knockdown or RIPK1 in WT as well as RIPK3 KO animals protected against APAP. This protection was upstream of JNK activation and dynamin-related protein-1 (DRP-1) translocation to mitochondria (Dara et al. [2015a](#page-37-0)). Therefore, the effect of necrostatin and RIPK1 knockdown on diminution of APAP toxicity seems to be a form of regulated necrosis and although necroptosis does not occur in the APAP model, a necroptosis-independent role of RIPK1 in APAP toxicity is suggested. The murine model of APAP DILI is a highly reproducible model of liver cell necrosis and closely mimics human pathology. Even though necroptosis is not at play, APAP cell death is a form of regulated necrosis as interference with multiple signaling pathways including the mitogen-activated protein kinases (MAPKs) and in particular JNK and its binding partner Sab, as well as, GSK3b, PKCa, DRP1, cyclophilin D, and MPT have all been shown to abrogate or prevent hepatocyte death (Dara et al. [2015a;](#page-37-0) Gunawan et al. [2006](#page-38-0); Han et al. [2013;](#page-38-0) Hanawa et al. [2008;](#page-38-0) LoGuidice and Boelsterli [2011](#page-40-0); Win et al. [2011](#page-45-0), [2015](#page-45-0); Kon et al. [2004](#page-39-0); Ramachandran et al. [2011\)](#page-42-0). The JNK pathway plays a particularly important role in this model. Interference with JNK phosphorylation or its binding to mitochondria or the subsequent steps in the pathway all markedly dampen toxicity. Win et al. have identified downstream pathways leading to hepatocyte necrosis after p-JNK binds to Sab. Since p-JNK directly inhibits mitochondrial respiration in the presence of ATP, Win et al. examined the intra-mitochondrial pathway that could explain how Sab, which is an outer membrane protein, signals to the inner membrane. This led to the discovery that p-JNK binding to and phosphorylation of Sab (on the cytoplasmic facing-C terminus of Sab) released a phospho-tyrosine phosphatase, non-receptor type 6 (SHP1, or PTPN6) (Win et al. [2016\)](#page-45-0). SHP1 then translocated to the inner membrane where it dephosphorylated the active form of Src, resulting in its inactivation that required an inner membrane-docking protein called DOK4. This inactivation of mitochondrial Src inhibits the ETC and increases ROS release, sustaining p-JNK activation and promoting cell death and organ injury. Importantly, like interfering with upstream signals of JNK such as ASK1, MKK4, MLK3, RIPK1, blocking of these downstream signals from JNK also abrogates APAP toxicity and protected from cell death. Furthermore, the same protection was seen in TNF-induced hepatic apoptosis (Win et al. [2011\)](#page-45-0). This places the JNK pathway as the key death inducing pathway in hepatocytes in the APAP model as well as

apoptosis models such as TNF/galactosamine (Win et al. [2016](#page-45-0)). In the APAP model, the JNK/Sab/Src/ROS pathway sustains JNK activation, amplifying mitochondrial ROS production and promoting MPT-mediated necrosis whereas in the apoptosis scenarios this pathway sustains high levels of JNK activation which modulate multiple members of the Bcl2 family that promotes MOMP. In the APAP model, cell death is a form of regulated necrosis which is ultimately mediated by MPT. Other forms of regulated cell death such as pyroptosis (a caspase 1-mediated form of inflammatory cell death associated with infections) and ferroptosis (an iron and ROS-dependent form of cell death) have been recently described but their role in DILI is unclear.

1.7 Autophagy in DILI

Autophagy is the lysosomal degradation pathway through which cell content including damaged organelles and protein is recycled (Xie and Klionsky [2007\)](#page-45-0). This occurs through the formation of double-membrane vesicles (autophagosomes) originating from endoplasmic reticulum or cell membrane, which fuse with and deliver their cytoplasmic cargo to lysosomes for degradation by lysosomal hydrolases. The molecular machinery of this pathway was uncovered when the family of autophagyrelated genes (ATG) were described (Klionsky et al. [2003\)](#page-39-0). Currently, more than 30 ATG genes implicated in various subtypes of autophagy have been described. Autophagy plays an important role in programmed cell death, especially in close collaboration with apoptosis. Interestingly, it was described even before apoptosis as a mode of cell death (Lockshin and Williams [1965](#page-40-0); Lockshin and Zakeri [2004\)](#page-40-0). Autophagic cell death, often referred to as type II cell death with type I being apoptosis and type III necrosis, is morphologically defined as a type of cell death that occurs in the absence of chromatin condensation but is accompanied by massive autophagic vacuolization of the cytoplasm. Cells that die with an autophagic morphology have little or no association with phagocytes (in contrast to apoptotic cells) (Galluzzi et al. [2012](#page-37-0)). However, autophagy is not solely a cell death mode, it is also a pivotal process in development, immune defense, tumor suppression, and many other cellular processes (Xie and Klionsky [2007\)](#page-45-0). Global Atg7 or Atg 5 knockout mice die shortly after birth. Autophagy is clearly important in liver homeostasis as liver-specific knockout of these genes results in severe liver injury and compensatory Nrf-2 upregulation (Ni et al. [2012b](#page-41-0)). While many subtypes have been described, for the purpose of DILI we will focus on macroautophagy and mitophagy. Autophagy occurs during homeostasis at low levels in all cells including the liver to recycle proteins. It is rapidly upregulated during starvation via inhibition of the mammalian target of rapamycin (mTOR) pathway (Mizushima et al. [2008](#page-41-0)). Autophagy is thought to enhance survival as knockout of ATG genes in most instances is associated with acceleration of cell death rather than its inhibition or prevention (Galluzzi et al. [2012](#page-37-0)). The role of autophagy and, in particular mitophagy, has been studied in APAP-induced hepatotoxicity (Ni et al. [2012a\)](#page-41-0). Since APAP toxicity primarily

targets the removal of damaged mitochondria, which generate free radicals and ROS, mitophagy was shown to improve toxicity from APAP (Ni et al. [2012a\)](#page-41-0). Ni and colleagues showed that APAP resulted in the formation of autophagosomes that engulfed mitochondria. Pharmacological inhibition of autophagy by 3-methyladenine or chloroquine exacerbated APAP toxicity, while this was attenuated by rapamycin (Ni et al. [2012a\)](#page-41-0). Importantly, rapamycin was beneficial in attenuating injury even when administered 2 h after APAP (Ni et al. [2012a](#page-41-0)). Interestingly, in a follow-up study, Ni and colleagues examined the effect of autophagy inhibition on APAP adduct clearance and found that P62 was recruited to APAP adducts and that induction of autophagy cleared adducts and correlated with improved ALT and histology (Ni et al. [2016](#page-42-0)). The authors concluded that timely removal of adducts via autophagy may, in fact, promote protection from APAP.

Further evidence for the detrimental effects of blocking mitophagy in DILI exists in the context of mitochondrial quality control association with the lysosomal membrane turnover. Acid sphingomyelinase (ASMase) plays a critical role in lysosomal membrane turnover through the hydrolysis of sphingomyelin, which generates ceramide (Baulies et al. [2015\)](#page-36-0). Mitophagy can be impacted by lysosomal cholesterol accumulation that can alter the lysosomal membrane structure and function (Baulies et al. [2015](#page-36-0)). Acid sphingolyelinase (ASMase) knockout mice exhibited a higher mortality after APAP administration compared to WT littermates and the ASMase knockout hepatocytes display a lower threshold for APAP-induced cell death, defective fusion of mitochondria containing autophagosomes with lysosomes resulting in impaired mitophagy (Baulies et al. [2015](#page-36-0)). Lysosomal cholesterol was thought to be the linchpin preventing effective mitophagy as cholesterol extraction increased APAP-mediated mitophagy and protected the ASMase knockout mice (Baulies et al. [2015\)](#page-36-0).

Loss of autophagy has also been implicated to worsen TNF-mediated hepatocyte death. Hepatocyte-specific ATG 7 knock-out mice had also exhibited worsening of liver injury, apoptosis, and decreased survival from p-galactosamine/LPS or d-galactosamine/TNF treatment compared to littermate controls (Amir et al. [2013\)](#page-35-0). This increased susceptibility to hepatocyte death was due to increased caspase-8 activation leading to t-Bid cleavage (Amir et al. [2013](#page-35-0)). Although this is not a DILI model, since idiosyncratic DILI likely mediates cell death via adaptive immunity and through the activation of the DR pathways such as TNFR, this may in fact be relevant to IDILI as well.

Efavirenz, a widely used non-nucleoside reverse transcriptase inhibitor for the treatment of HIV, is known to induce hepatotoxicity. Efavirenz inhibits the ETC by interfering with Complex I resulting in decreased ATP and increased ROS generation. The role of efavirenz toxicity in vitro using human hepatocytes may be due to alterations in mitochondrial morphology and increased induction of autophagy (Apostolova et al. [2011\)](#page-35-0). Inhibition of autophagy using 3-methyladenine has been suggested to worsen efavirenz toxicity and induced apoptosis in these cells (Apostolova et al. [2011](#page-35-0)). The role of autophagy in a hexavalent chromium (Cr IV) model of liver injury has also been studied. In this study, Cr IV induced mitochondrial toxicity, increased ROS and apoptosis at 24 h. Interestingly, rapamycin helped rescue the cell toxicity while the autophagy inhibitor, 3-methyladenine, worsened toxicity (Xie et al. [2014](#page-45-0)).

1.8 Cell Death Biomarkers in DILI

DILI has been a diagnosis of exclusion as no specific biomarkers exist to make an accurate diagnosis, except for serum adduct levels in APAP toxicity. It would be useful to identify serum biomarkers that can be used to confirm the liver origin of standard liver blood tests as well as to identify the predominant mode of cell death in humans. In the past few years, a few new biomarkers of liver injury which are relatively specific to cell death subroutines have become available in experimental settings (Watkins [2009\)](#page-44-0). Other biomarkers that pertain specifically to DILI such as anti-liver antibodies, serum adducts, and omics approaches are beyond the scope of this chapter and have been reviewed elsewhere (Watkins [2009\)](#page-44-0). Alanine transaminase (ALT) is the most commonly used biomarker of liver injury both clinically and in the liver research field (Luedde et al. [2014;](#page-41-0) Kew [2000](#page-39-0)). While ALT is the best studied and most universally used biomarker of both acute and chronic liver diseases, it does not distinguish between apoptosis and necrosis. Additionally, many new biomarkers are rapidly becoming available that outperform ALT in sensitivity and specificity, these are also cellular proteins that are released from hepatocytes and some are specific to cell death mode. Keeping in mind that this is an evolving and new field, we will discuss the best studied novel biomarkers of DILI: HMGB1, keratin 18, and micro-RNA (miR)-122 (K18).

1.8.1 HMGB1

High-mobility group box 1 protein (HMGB1) is a non-histone DNA-binding protein that is released from necrotic cells (not apoptotic cells) and may be actively secreted in certain conditions from immune cells (Lotze and Tracey [2005;](#page-40-0) Woolbright and Jaeschke [2015\)](#page-45-0). HMGB1 has signaling properties and functions as a damage associate molecular pattern (DAMP) and acts as a TLR4 agonist. Total and acetylated HMGB1 is increased in serum of patients with APAP toxicity, reflecting necrotic liver injury (Antoine et al. [2009,](#page-35-0) [2012\)](#page-35-0). In one study using 84 patients with APAP overdose HMGB1 (total and acetylated) and K18 (discussed below) were significantly associated with the degree of injury (ALT). Importantly, there was no significant elevation of these biomarkers in patients with APAP overdose who had normal LFTs, suggesting that these biomarkers are sensitive at identifying liver cell necrosis and injury and are not just induced or secreted during APAP treatment (Antoine et al. [2012\)](#page-35-0). Interestingly, since HMGB1 is a DAMP and is thought to contribute to the post APAP toxicity inflammatory response that occurs in the liver, HMGB1-neutralizing antibodies have been investigated as a possible treatment (Lundback et al. [2016](#page-41-0)).

1.8.2 Keratin 18 (K18)

Keratins, 7, 8, and 8–20 are intermediary filaments that represent the keratins of single layered and glandular epithelia. They are subdivided into type I (K18-K20) and type II (K7, K8) polypeptides, which are both needed to form obligate noncovalent heteropolymers that include at least one type I and one type II keratin (Strnad et al. [2012](#page-43-0); Omary et al. [2009](#page-42-0)). Hepatocytes only express K8-K18 polymers whereas other simple epithelia tissues such as cholangiocytes also express variable levels of K7/K19, K8/K18, and even K20 (Omary et al. [2009;](#page-42-0) Strnad et al. [2012\)](#page-43-0). Interestingly, K8 and K18 polymers along with the ubiquitin-binding protein p62 and ubiquitin are the major constituents of Mallory-Denk Bodies (MDB), first described over 100 years ago by Frank Mallory (Omary et al. [2009\)](#page-42-0). In alcoholic liver disease K18 levels strongly correlate with MDB as well as hepatocyte ballooning and fibrosis (Lavallard et al. [2011](#page-39-0)). The keratins participate in the makeup of cell cytoskeleton and during apoptosis only type I keratins (such as K18) are cleaved by caspases (Ku et al. [2016;](#page-39-0) Caulin et al. [1997](#page-36-0)). This has led to the use of serum assays (M30 ELISA) of cleaved K18 as a biomarker for liver death and to identify the cell death subroutine. M30 ELISA detects the cleaved form while M65 detects both caspase-cleaved and un-cleaved (total) K18 (Ku et al. [2016\)](#page-39-0). While theoretically distinguishing between necrotic and apoptotic cell death in DILI may be possible, in practice this proves to be much more complicated. The strongest evidence for K18 predicting clinical outcomes comes from NASH where the cell death mode seems to be apoptosis (Musso et al. [2011\)](#page-41-0). Numerous investigators have examined the levels of M30 and M65 in acute liver injury models such as patients with APAP hepatotoxicity with different results.

Craig and colleagues measured M30, M65, and a few other biomarkers such as HMGB1 and serum nucleosome levels in 39 patients, the majority of which had ALF due to APAP overdose (26 out of 39) (Craig et al. [2011](#page-36-0)). ALF patients with APAP overdose had significantly higher nucleosome levels than cirrhotics and healthy control subjects, but the levels were similar in APAP vs non-APAP ALF patients. Nucleosome levels correlated with levels of HMGB1, ALT, and M65 but not with M30. None of the cell death markers analyzed improved prognostication in paracetamol patients beyond the King's College criteria (Craig et al. [2011\)](#page-36-0). In another study looking at acute liver failure patients ALF from various causes, caspase activation (increased M30 K18) was associated with spontaneous recovery and better outcomes, indicating that perhaps the M30 assay could be used for prognostic purposes (Volkmann et al. [2008\)](#page-44-0). Interestingly, patients with spontaneous recovery revealed significantly higher caspase activation, accompanied by an elevated expression of the pro-regenerative cytokines interleukin-6 (IL-6) and TNF, than those who did not recover (Volkmann et al. [2008\)](#page-44-0). Patients without spontaneous recovery after ALF showed significantly elevated total K18 using M65 Elisa compared to those who recovered and healthy controls. What is unusual about this work is that the patients APAP toxicity (which is known to be a necrotic form of cell death) exhibited high K18 M30 fragments as well (Volkmann et al. [2008](#page-44-0)). The K18

assays have also been used in the algorithm for the Model for End-Stage Liver Disease (MELD) score where total K18 replaced bilirubin and the new formula significantly improved the prediction of ALF outcome at the day of hospital admission (Bechmann et al. [2010](#page-36-0)). The Acute Liver Failure Study Group (ALFSG) has also incorporated the K18 M30 test in their prognostic algorithm for the ALF (Rutherford et al. [2012](#page-42-0)). The ALFSG study combined hepatic coma grade, serum bilirubin, serum phosphorus, INR, and a log10 value of cleaved cytokeratin-18 (M30) and demonstrated an area under the receiver operator curve (AUC) of 0.822 in a validated cohort of 500 ALF patients. This was superior to the AUCs for both MELD (0.704) and the King's College Criteria (KCC, 0.654) (Rutherford et al. [2012\)](#page-42-0). Of the 250 patients, 75 (30%) had ALF due to APAP overdose and 56 (22%) had other forms of DILI.

Give the current differences in the results, the use of M30/M65 for distinguishing mode of cell death is a work in progress and further studies are also needed for the validation of this test as a prognostic marker in cases of clinically significant DILI and ALF.

1.8.3 miRNA

Micro RNAs are small noncoding RNAs that regulate gene expression and RNA function. Studies of micro RNA in liver injury have focused on miR-122, which is highly abundant and liver specific (Lagos-Quintana et al. [2002](#page-39-0)). For example, miR-122 is released from hepatocytes after APAP toxicity (Starkey Lewis et al. [2011](#page-43-0)) and both miR-122 and miR-192 have been detected the liver of APAP-treated mice (Wang et al. [2009](#page-44-0)). Micro RNAs exhibited dose and exposure duration-dependent changes in the plasma that paralleled serum ALT levels and correlated with histologic injury, and importantly, these changes were detected significantly earlier (Wang et al. [2009](#page-44-0)). The ratio of miRNA 122/155 has also been shown to be a sensitive biomarker for direct INH-induced toxicity in mice (Song et al. [2016](#page-43-0)). miR-122/155 expression levels were tracked over a 24-h period and levels of miRNA 122 were elevated as early as 15 mins after INH dosing. miR 122 has been extensively studied as a sensitive and specific biomarker for both acute and chronic liver diseases (Thakral and Ghoshal [2015](#page-44-0)).

1.9 Conclusion

Cell death is a dominant feature of DILI. There are two main types of cell death, apoptosis, and necrosis and both can be implicated and involved in DILI. It is not clear if other modes of cell death contribute to DILI and autophagy (mitophagy) is mainly protective. The mechanisms of cell death and the subroutine involved largely depend on the drug or toxin, and the magnitude of liver injury, and initiating mechanism of cell death. Most drugs that cause idiosyncratic toxicity or IDILI do so through participation of the adaptive immune system and HLA polymorphisms have been clearly linked to an increased number of drugs potential for hepatotoxicity. In these instances, DILI and the resultant cell death, which is immune mediated, is likely executed via death receptors and is apoptotic. Although this is a logical assumption, it is largely speculative and direct evidence in humans is lacking. The mechanisms of immune-mediated killing of hepatocytes (discussed above) likely resemble what has been shown in other immune-mediated toxicity contexts. More work on defining the possible role of DR-induced necrosis and necroptosis in IDILI is needed. Some drugs exert their toxicity by targeting mitochondria and this can result in apoptosis or necrosis of hepatocytes. APAP-induced DILI, a model of regulated necrotic cell death, is amplified by sustained JNK activation-mediated ROS generation and mitochondrial toxicity ultimately leading to MPT. The role of the JNK-binding partner Sab and its downstream mediator Src on the electron transport chain is also of critical importance. Novel biomarkers of cell death mode can potentially help distinguish between apoptotic and necrotic cell death in DILI and help not only in mechanistic studies but in prognostication in the clinical setting. It is important to better characterize these cell death pathways in various forms of DILI as interfering with cell death signaling is an attractive treatment strategy for patients with DILI, and especially in cases of impending acute liver failure.

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Chapter 2 ER Stress in Drug-Induced Liver Injury

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Abbreviations

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2.1 Introduction

Drug-induced liver injury (DILI) is a serious public health concern and represents one of the leading causes of liver transplantation and the most frequent single cause for withdrawal of an approved drug from the market or termination of clinical trials of potential drug candidates in the past five decades (Devarbhavi [2012;](#page-59-0) Giordano et al. [2014;](#page-59-0) Lee et al. [2016](#page-60-0)). In the United States, more than 1000 drugs, toxins, and overthe-counter herbal medicines have been reported to cause liver injury (Rangnekar and Fontana [2011;](#page-61-0) Devarbhavi [2012](#page-59-0); Giordano et al. [2014\)](#page-59-0). The number of annual cases of acute liver failure is approximately 2000 and more than half of them are druginduced (Rangnekar and Fontana [2011;](#page-61-0) Devarbhavi [2012](#page-59-0); Giordano et al. [2014\)](#page-59-0). In addition, drug-induced hepatitis accounts for 10% of all cases of acute hepatitis. The global data of DILI is currently unavailable due to the difficulty in discerning the true incidence of DILI. There is no simple objective test currently available for the diagnosis of DILI and patients are often on multiple medications and dietary supplements (Kim and Naisbitt [2016;](#page-60-0) Giordano et al. [2014;](#page-59-0) Devarbhavi [2012\)](#page-59-0).

Most of the hepatic toxins predominantly cause hepatocellular injury (Kim and Naisbitt [2016\)](#page-60-0). Although many drugs also cause cholestasis, this condition is generally reversible after drug discontinuation and rarely leads to liver failure or death. DILI is associated with a variety of risk factors such as race, age, sex, alcohol consumption, preexisting liver disease, genetic factors, virus infection, metabolic syndrome, etc. Multiple pathological mechanisms of DILI have been identified, including apoptosis of hepatocytes, disruption of the hepatic transporters, activation of the immune response, disruption of mitochondrial function, and injury of the bile duct, etc (Gu and Manautou [2012](#page-59-0); Lee et al. [2016\)](#page-60-0). Most recently, activation of ER stress has been identified as an important contributor to various liver diseases including DILI (Yao et al. [2016b;](#page-63-0) Lou et al. [2009;](#page-60-0) Kaplowitz et al. [2007;](#page-60-0) Ji and Kaplowitz [2004](#page-60-0); Wu et al. [2016;](#page-62-0) Sharkey et al. 2016; Ashraf and Sheikh [2015;](#page-58-0) Zhang et al. [2014;](#page-63-0) Pagliassotti [2012;](#page-61-0) Kaplowitz and Ji [2006;](#page-60-0) Mahdi et al. [2016\)](#page-61-0). In this chapter, the current understanding of ER stress and its role in DILI are reviewed with a primary focus on HIV protease inhibitor (PI)-induced hepatic injury.

2.2 ER Stress and the Unfolded Protein Response (UPR)

The ER is an important organelle that plays a critical role in maintaining intracellular homeostasis via regulating intracellular calcium levels, protein synthesis, protein folding and assembly, and lipid and cholesterol synthesis (Jung and Choi [2016\)](#page-60-0). Although the ER has significant adaptive capacity to manage the metabolic demands during feeding and fasting, the duration is limited. It has less flexibility to manage chronic and other escalating challenges. The accumulation of misfolded or unfolded proteins in the ER under a variety of pathological conditions or exposure to certain pharmacological compounds leads to ER stress and activation of an intracellular stress signaling cascade termed the unfolded protein response (UPR) (Schonthal [2012;](#page-62-0) Dandekar et al. [2015](#page-58-0)).

The activation of the UPR is a protective mechanism in response to a harmful challenge. The canonical UPR signaling pathways have been well described in eukaryotic cells (Ron and Walter [2007](#page-61-0); Todd et al. [2008;](#page-62-0) Hotamisligil [2010](#page-59-0)). Three ER-transmembrane proteins (PERK: PKR-like eukaryotic initiation factor 2α kinase; IRE1 α : inositol requiring enzyme 1 α ; and ATF6: activating transcription factor-6) and one chaperone protein (BiP/GRP78: binding immunoglobulin protein/78 kDa glucose-regulated protein) have been identified as crucial regulators of the UPR. As shown in Fig. [2.1,](#page-50-0) under stress-free conditions, BiP/GRP78 is bound to the intraluminal domains (amino-terminals of IRE1α and PERK and carboxylterminal of ATF6) of three UPR transducers to maintain them in an inactivated state (Bertolotti et al. [2000](#page-58-0)). When ER stress occurs due to accumulation of misfolded or unfolded proteins, BiP/GRP78 is dissociated from these UPR sensors, which results in oligomerization and auto-phosphorylation of PERK and IRE1α. Activation of PERK results in the phosphorylation of eukaryotic initiation factor 2 alpha (eIF2 α) and attenuation of global mRNA translation. Activation of PERK also selectively increases the translation of certain mRNAs such as ATF4 (a member of the basic leucine-zipper family of transcription factors) and its downstream targets such as CCAAT enhancer-binding protein homologous protein (CHOP) (Fig. [2.1a](#page-50-0)). CHOP is a proapoptotic transcription factor that plays a critical role in ER stress-mediated apoptosis (Zhou and Liu [2014\)](#page-63-0). Activated $IRE1\alpha$ has intrinsic endoribonuclease activity, which processes the unspliced X-box-binding protein (XBP1u) mRNA by removing 26-nucleotides to produce the active transcription factor XBP1s. XBP1s is able to promote the expression of genes involved in restoring the ER protein folding capacity or degrading misfolded or unfolded proteins (Fig. [2.1b\)](#page-50-0). Activation of the third UPR pathway requires translocation of ATF6 to the Golgi apparatus where its C-terminal region is cleaved by the serine protease site-1 protease (S1P) and the metalloprotease site-2 protease (S2P) to produce an active soluble transcription factor, ATF6N (Fig. [2.1c\)](#page-50-0) (Hotamisligil [2010\)](#page-59-0). Activation of the canonical UPR response mitigates ER stress by reducing protein synthesis, increasing production of chaperones, and facilitating protein degradation. Sustained ER stress as a result of accumulation of misfolded or unfolded proteins can also activate the ER-associated protein degradation (ERAD) (Schwartz and Ciechanover [2009](#page-62-0)). If the initial UPR

Fig. 2.1 The unfolded protein response (UPR). Three UPR sensors, protein kinase RNA-like endoplasmic reticulum kinase (PERK), inositol-requiring protein 1α (IRE1α) and activating transcript factor (ATF6), and one master regulator Bip/GRP78 have been identified. Under non-stress condition, GRP78 binds to three UPR sensors and prevents their activation. Accumulation of misfolded or unfolded proteins in the ER lumen results in dissociation of GRP78 from the UPR sensors and subsequent activation of PERK, IRE1α, and ATF6. (**a**) The activated PERK phosphorylates the eukaryotic initiation factor 2α (eIF2 α), which attenuates the global protein translation and selectively activates ATF4, a key transcription factor regulating the transcription of genes involved in apoptosis, lipid and energy metabolism, autophagy, and stress response. (**b**) The activation of IRE1α results in splicing of the transcription factor X box-binding 1 (XBP1u) and expression of an

Fig. 2.1 (continued) active transcription factor, spliced XBP1 (XBP1s) by excising a 26-nucleoide intron. XBP1s is involved in regulation of ER-associated degradation (ERAD) and the entry of proteins into the ER and modulation of phospholipid synthesis to accommodate ER membrane expansion under ER stress. (**c**) ATF6 is a member of basic Leu zipper transcription factors. Under ER stress, ATF6 is translocated into Golgi and processed by site 1 protease (S1P) and S2P to generate active ATF6N. ATF6N controls the expression of key genes involved in ERAD and XBP-1. The UPR activation controls multiple physiological processes such as apoptosis, ERAD, protein folding, lipid synthesis, protein secretion, autophagy, etc

fails to resolve ER stress, further activation of the UPR will trigger death responses (Todd et al. [2008;](#page-62-0) Liu et al. [2016;](#page-60-0) Schonthal [2012](#page-62-0); Jager et al. [2012](#page-60-0)).

Activation of ER stress by pharmacologic agents or pathophysiologic stimuli results in perturbation of normal cellular function that has been associated with the initiation and progression of numerous human diseases such as cardiovascular diseases, metabolic diseases, inflammatory diseases, immune diseases, neurodegenerative diseases, and various liver diseases including DILI (Chen et al. [2014;](#page-58-0) Chan et al. [2016;](#page-58-0) Malhi and Kaufman [2011](#page-61-0); Rayavarapu et al. [2012](#page-61-0); Back et al. [2012;](#page-58-0) Cao et al. [2016;](#page-58-0) Volchuk and Ron [2010](#page-62-0); Cui et al. [2016;](#page-58-0) Cnop et al. [2012](#page-58-0); Liu et al. [2016;](#page-60-0) Go et al. [2016\)](#page-59-0).

2.3 Drug-Induced Liver Injury (DILI)

Most of the drugs that have adverse effects can affect many different organs such as the liver, heart, kidney, lung, skeletal muscle, or central nerve system (Hohenegger [2012;](#page-59-0) Miltenburg and Boogerd [2014;](#page-61-0) Marrer and Dieterle [2010](#page-61-0); Begriche et al. [2011;](#page-58-0) Tocchetti et al. [2013;](#page-62-0) Foufelle and Fromenty [2016](#page-59-0)). DILI represents the most

common indication of adverse drug reaction for the drug withdrawal (Lee et al. [2016\)](#page-60-0). Most of DILIs are unrecognized and underreported. The true incidence is difficult to estimate and varies significantly depending on the setting (Devarbhavi [2012\)](#page-59-0). DILI can be idiosyncratic or intrinsic. Acetaminophen is the leading cause of DILI in the western countries and it is well known to be dose-related or intrinsic in nature. The intrinsic DILI results from drug-induced direct hepatotoxicity over the course of a few days or longer time period. Idiosyncratic DILI is a rare and unpredictable event and occurs in a minority of susceptible individuals with a prolonged latency (Ghabril et al. [2010](#page-59-0); Devarbhavi [2012](#page-59-0)).

The most common drugs leading to liver injury in the United States are antibiotics, nonsteroidal anti-inflammatory drugs, central nervous system drugs, antiviral agents, immunomodulatory agents, and herbal/dietary supplements (Ghabril et al. [2010;](#page-59-0) Giordano et al. [2014;](#page-59-0) Kim and Naisbitt [2016\)](#page-60-0). The risk factors associated with DILI are multifactorial, which includes age, sex, race, genetic factors, preexisting liver diseases, hepatitis infection, human immunodeficiency virus-1 (HIV-1) infection, diabetes mellitus, alcohol use, environmental toxins, etc. (Giordano et al. [2014;](#page-59-0) Kim and Naisbitt [2016\)](#page-60-0). In the United States, DILI has been associated with more than 1000 medications and is the leading cause of acute liver failure in patients referred for liver transplantation (Kim and Naisbitt [2016](#page-60-0); Giordano et al. [2014;](#page-59-0) Rangnekar and Fontana [2011;](#page-61-0) Devarbhavi [2012](#page-59-0)). Since the introduction of anti-HIV drugs in the late 1980s, hepatotoxicity has become a major clinical concern for anti-HIV therapy, especially for HIV protease inhibitors (HIV PIs). The incidence of DILI continues to increase with the increasing number of new drugs that have been introduced into clinical use over the past several decades. It has become a significant threat to the public health for an over-medicated society.

2.4 HIV/AIDS and HIV PIs

The acquired human immunodeficiency syndrome (AIDS) epidemic has rapidly expanded since the discovery of HIV as the cause of this disease in 1983. By the end of 2014, the estimated number of people living with HIV reached 36.9 million worldwide and the mortality rate for AIDS reached 1.2 million that year (Bhatti et al. [2016](#page-58-0)). As HIV biology and events critical to viral replication in the host cell are elucidated, a number of specific pharmacological agents targeting the key steps of HIV life cycle have been developed (Ghosh et al. [2016\)](#page-59-0). The current available anti-HIV medicines include HIV reverse transcriptase inhibitors, HIV PIs, fusion inhibitors, and integrase inhibitors.

The highly active anti-retroviral therapy (HAART) is the most effective treatment currently available for HIV/AIDS, which includes two or three different classes of anti-HIV drugs. HIV PI is the core component of HAART, which specifically inhibits HIV protease activity and prevents the formation of mature HIV virions. The Food and Drug Administration (FDA) approved the first HIV PI, saquinavir, in 1995. Incorporation of saquinavir in HIV therapy greatly improved patient outcomes by reducing viral loads, improving CD4 cell counts, and halting the progression to AIDS (Ghosh et al. [2016](#page-59-0)). Since then, a total of nine HIV PIs with several different dosages and combinations have been licensed by the FDA: amprenavir (Agenerase), atazanavir (Reyataz), darunavir (Prezista, TMC114), indinavir (Crixivan), fosamprenavir (Lexiva), lopinavir/ritonavir (Kaletra, Aluvia), nelfinavir (Viracept), ritonavir (Norvir), saquinavir (fortovase, soft gel cap), and tipranavir (Aptivus). The incorporation of HIV PIs in HAART has successfully suppressed viral replication in HIV patients, significantly reduced morbidity and mortality, and changed HIV infection from an acute disease with a high morbidity and mortality to a manageable chronic disease (Poorolajal et al. [2016;](#page-61-0) Krentz et al. [2005\)](#page-60-0). Unfortunately, current anti-HIV drugs are very toxic, especially HIV PIs. The benefits of HAART are compromised by serious side effects (Bhatti et al. [2016\)](#page-58-0). Antiretroviral hepatotoxicity occurs in approximately 10% of patients and is higher in those with underlying liver disease (Lana et al. [2001](#page-60-0); Nunez et al. [2001;](#page-61-0) Merwat and Vierling [2011\)](#page-61-0). Although HIV-infected patients under HAART have a similar lifespan as non HIV-infected population, the quality of life of HIV-infected patients is compromised by the hepatic and metabolic toxicities of anti-HIV drugs, especially with HIV PIs (Guira et al. [2016](#page-59-0); Hurwitz et al. [2004;](#page-60-0) Jain et al. [2001;](#page-60-0) Parakh et al. [2009](#page-61-0)). As of June 2015, the United Nations Program on HIV/AIDS (UNAIDS) approximates 15.8 million people living with HIV have access to antiretroviral therapy. Hepatic toxicity and lipodystrophy specifically associated with HIV PIs have become a matter of particular concern in the clinical realm (McGovern [2004;](#page-61-0) Surgers and Lacombe [2013\)](#page-62-0).

2.5 ER Stress and HIV PI-Induced Hepatotoxicity

Hepatotoxicity is characterized by an abnormal liver function test, which monitors the changes in key liver enzymes, such as serum alanine aminotransferase (ALT), aspartate aminotransferase (AST), and alkaline phosphatase (AP) levels. Preclinical and clinical studies have shown elevated serum ALT and/or AST with HIV PI treatment, particularly with ritonavir administration (Sulkowski [2004](#page-62-0); Brunet et al. [2012](#page-58-0); Macias et al. [2012](#page-60-0)). HIV PI-induced liver injury results in the disruption of the normal cellular function of hepatocytes, which are the cells responsible for lipid homeostasis, bile acid synthesis, and gluconeogenesis. Long-term HAART treatment has been associated with metabolic side effects including dyslipidemia, insulin resistance, and cardiovascular complications including atherosclerosis (Sulkowski [2004;](#page-62-0) Dieterich [2003](#page-59-0); Djedaini et al. [2009;](#page-59-0) Ioannou et al. [2015;](#page-60-0) Gleason et al. [2016;](#page-59-0) Parakh et al. [2009\)](#page-61-0). Although the mechanism underlying HIV PI-induced hepatotoxicity remains to be fully identified, an increasing body of evidence suggests that multiple mechanisms may be involved and individual PIs may have different effects on hepatic liver injury (Wu et al. [2014\)](#page-63-0). Studies from our group and others' suggest that activation of the ER stress could be a critical cellular event involved in HIV PI-induced heptic toxicity and metabolic syndrome, in addition to other key mechanisms such as inflammation, oxidative stress, and mitochondrial dysfunction (Bruning [2011;](#page-58-0) Taura et al. [2013](#page-62-0); Zha et al. [2013a;](#page-63-0) Zhang et al. [2009](#page-63-0); Zhou [2011;](#page-63-0) Zha and Zhou [2012;](#page-63-0) Foufelle and Fromenty [2016](#page-59-0)).

2.5.1 HIV PI-Induced Lipogenesis

The liver plays a central role in regulating nutrient absorption, cholesterol metabolism, lipogenesis, and gluconeogenesis (Bechmann et al. [2012;](#page-58-0) Lee et al. [2012\)](#page-60-0). In addition, it is also important for hormone production, xenobiotic metabolism, and detoxification. Hepatic lipid homeostasis is maintained by numerous nuclear receptors and transcription factors (Zhou and Liu [2014](#page-63-0)). The sterol regulatory element-binding proteins (SREBPs) are a family of membrane-bound transcription factors responsible for regulating more than two dozen genes involved in the synthesis and uptake of cholesterol, fatty acids, triglycerides, and phospholipids and lipid metabolism (Horton et al. [2002;](#page-59-0) Foufelle et al. [2007](#page-59-0)). There are three isoforms of SREBPs including SREBP-1a, SREBP-1c, and SREBP-2. With alternative splicing both SREBP-1a and SREBP-1c are obtained from a single gene. SREBP-1a has the general effect of activating all SREBP-responsive genes, while SREBP-1c and SREBP-2 are specific for enhancing the transcription of genes required for fatty acid and cholesterol synthesis (Horton et al. [2002;](#page-59-0) Foufelle et al. [2007](#page-59-0)). The functionality of SREBPs depends on association with the SREBP cleavage-activating protein (SCAP) and the insulin-induced gene (Insig) complex. SREBPs are processed into active forms by the same proteases (S1P and S2P) that process ATF6 in the Golgi. ER stress-mediated activation of PERK and IRE1α-XBP-1 signaling pathways results in the attenuation of protein translation and promotion of protein degradation, which are responsible for the depletion of insig-1 and subsequently the proteolytic activation of SREBPs leading to lipogenesis (Lee and Ye [2004;](#page-60-0) Kammoun et al. [2009b\)](#page-60-0). Overexpression of GRP78 or insig-1 inhibits SREBP-1c activation and hepatic steatosis (Chen et al. [2011;](#page-58-0) Kammoun et al. [2008](#page-60-0), [2009a](#page-60-0); Zhang et al. [2012\)](#page-63-0). The disruption of hepatic cholesterol, bile acid, and lipid homeostasis from an imbalance of biosynthesis and metabolism leads to hepatic lipid accumulation, inflammation, and eventually hepatic injury (Sanyal [2005](#page-61-0), [2013](#page-62-0), [2015;](#page-62-0) Puri et al. [2009\)](#page-61-0).

Regulation of hepatic lipogenesis has been linked to ER stress and the activity of the UPR (Zhang and Wang [2016](#page-63-0); Lee et al. [2012](#page-60-0); Zhou and Liu [2014\)](#page-63-0). Our previous studies have shown that individual HIV PIs had different effects on the activation of ER stress in hepatocytes and macrophages, which correlated to the incidence of dyslipidemia associated with different HIV PIs in the clinic (Zhou et al. [2005](#page-63-0), [2006\)](#page-63-0). Initial studies done by Williams, K et al. with indinavir in primary rodent hepatocytes indicated that indinavir specifically upregulated the expression and activation of SREBPs (Williams et al. [2004\)](#page-62-0). The mRNA levels of cholesterol 7 alpha-hydroxylase (CYP7A1) were markedly decreased, while fatty acid synthase mRNA levels were up-regulated (Williams et al. [2004\)](#page-62-0). The ability of HIV PI to

activate the UPR is linked to its effect on hepatic lipid accumulation and lipotoxicity (Zhou et al. [2007](#page-63-0)). Our previous studies also found that ritonavir had the most significant effect on the UPR activation, while amprenavir did not activate the UPR in primary hepatocytes (Zhou et al. [2006\)](#page-63-0). This may explain why ritonavir induces hepatic lipid accumulation and cell apoptosis, but not amprenavir. In addition, ritonavir has the most adverse metabolic effects, including insulin resistance, lipodystrophy, and hyperlipidemia in HIV patients and currently used only as a pharmacoenhancer of other HIV PIs (Mateo et al. [2014](#page-61-0); Pere et al. [2008;](#page-61-0) Putcharoen et al. [2015](#page-61-0)). HIV PIs are extensively metabolized by cytochrome P450 3A4 (CYP3A) in the liver. The plasma half-life is remarkably short when used alone (Putcharoen et al. [2015\)](#page-61-0). Ritonavir is a strong inhibitor of CYP3A and in combination with other HIV PIs significantly increases their half-life. In addition, ritonavir also inhibits the drug transporters ABCB1 (ATP-binding cassette subfamily B member 1, also called P-glycoprotein) and ABCC2 (ATP-binding cassette subfamily C member 2; also called MRP2: Multidrug resistance-associated protein), which have been shown to pump out the HIV PIs from the intestinal cells and macrophages (Holmstock et al. [2012;](#page-59-0) Zha et al. [2013b\)](#page-63-0).

Activation of the ER stress and extended upregulation of CHOP have been shown to be involved in various liver injuries, including DILI, lipotoxicity, and cholestasis (Pfaffenbach et al. [2010;](#page-61-0) Tamaki et al. [2008](#page-62-0); Uzi et al. [2013;](#page-62-0) Willy et al. [2015\)](#page-62-0). Our studies demonstrated that HIV PI-induced hepatic lipotoxicity is closely linked to the upregulation of CHOP in hepatocytes and in liver (Wang et al. [2013;](#page-62-0) Zhou et al. [2007\)](#page-63-0). Lopinavir and ritonavir significantly induced lipogenesis, hepatic lipid accumulation, and apoptosis in wild-type mice, but not in CHOP knockout mice (Wang et al. [2013\)](#page-62-0). These studies suggest that CHOP is an important molecular link to ER stress and hepatic lipotoxicity and that increased expression of CHOP represents a critical factor underlying events leading to HIV PI-induced hepatic injury (Wang et al. [2013\)](#page-62-0).

2.5.2 HIV PI-Induced Inflammation

Inflammation and ER stress are important adaptive defense responses that help promote cell survival under various stress conditions (Dandekar et al. [2015](#page-58-0)). However, chronic inflammation and prolonged activation of the ER stress have been identified as important contributors to various liver injuries and metabolic diseases (Adolph et al. [2012](#page-58-0); Ashraf and Sheikh [2015;](#page-58-0) Cao et al. [2016;](#page-58-0) Dandekar et al. [2015;](#page-58-0) Duwaerts and Maher [2014](#page-59-0); Hasnain et al. [2012](#page-59-0); Hotamisligil [2010\)](#page-59-0). Our previous studies showed that HIV PIs induced inflammatory cytokines, TNF- α , and IL-6 in macrophages via ER stress/CHOP-mediated ERK1/2 activation, and as a result, increased the cytosolic translocation of RNA-binding protein HuR and subsequent binding to the 3′UTR (3′-untranslated region) of TNF-α and IL-6 mRNAs in macrophages (Chen et al. [2009\)](#page-58-0). The activation of the innate immune response has recently been shown to play an important role in promoting DILI (Goto et al. [2015\)](#page-59-0). Hepatic

macrophages play critical roles in maintaining homeostasis in the liver and in the pathogenesis of various hepatic injuries (Ju and Tacke [2016](#page-60-0)). However, the heterogeneity of macrophages in the liver is very complex. Macrophages derived from different origins can have distinct effects on hepatic metabolic homeostasis and liver injury. In addition, macrophages can be polarized to different subpopulations, including classically activated and inflammatory M1 and alternatively activated/ anti-inflammatory M2, in response to various external signals and insults (Ju and Tacke [2016;](#page-60-0) Harvey et al. [2015;](#page-59-0) Zhou et al. [2014\)](#page-63-0).

The Kupffer cell (hepatic resident macrophages)-mediated inflammation is of critical importance to hepatic injuries induced by drugs, toxins, and lipids via secreting various pro- and anti-inflammatory mediators (Goto et al. [2015](#page-59-0); Arguello et al. [2015;](#page-58-0) Ju and Tacke [2016;](#page-60-0) Li and Diehl [2003](#page-60-0); Meli et al. [2014](#page-61-0); Ni et al. [2016](#page-61-0); Wan et al. [2014](#page-62-0); Wenfeng et al. [2014\)](#page-62-0). Recently, it has been reported that ER stress-mediated signaling pathways are involved in regulation of macrophage polarization (Xiu et al. [2015](#page-63-0)). CHOP and ER stress are implicated in the induction and differentiation of M2 macrophages (Yao et al. [2016a](#page-63-0)). Moreover, the gut-derived endotoxin lipopolysaccharide (LPS) activates the toll-like receptor 4 (TLR4) and triggers hepatocyte apoptosis (Wenfeng et al. [2014](#page-62-0)). Our previous studies also reported that HIV PIs induce ER stress in intestinal epithelial cells. HIV PI-mediated upregulation of CHOP in intestine is responsible for dysfunction of intestinal barrier function, microbial translocation, and induction of systemic inflammation (Wu et al. [2010](#page-62-0)). ER stress and inflammation have also been linked to inhibition of E-cadherin and zonula occludens-1 expression, the key components of intestinal epithelia, and result in a defective epithelial barrier (Fan et al. [2014\)](#page-59-0). Gut-derived microbial products and inflammatory mediators significantly promote the progression of various liver diseases including DILI, fatty liver diseases, and alcoholic liver disease (Bieghs and Trautwein [2014;](#page-58-0) Chen and Schnabl [2014](#page-58-0); Duwaerts and Maher [2014;](#page-59-0) Schnabl and Brenner [2014](#page-62-0)).

2.6 Summary

The liver is the largest internal organ of the human body and plays a critical role in metabolizing nutrients, drugs, and environmental toxicants. It is the most frequent site of drug-induced toxicity. Although severe DILI is relatively rare, drug-induced hepatic injury is the most common indication for drug withdrawal and the most frequent cause of acute liver failure. The clinical impact of DILI is substantial because of the number of drugs used and the number of patients treated. The diagnosis and treatment of DILI remain significant challenges due to the complexities of disease pathogenesis and a lack of understanding of the underlying cellular/molecular mechanisms. During the last decade, numerous studies have shown that the activation of ER stress represents a key step in the development of DILI even at therapeutic doses, especially for HIV PIs. HIV-1 infection continues to be a serious global health problem. As the key component of HAART, a life-long treatment for HIV infection, reduction of HIV PI-induced hepatic injury remains a difficult task. Identification of the ER stress as a critical player in HIV PI-induced inflammation,

Fig. 2.2 Mechanisms of HIV PI-mediated liver injury. Activation of ER stress in hepatic cells results in dysfunction of hepatocytes, dysregulation of lipid metabolism, activation of Kupffer cells, and production of proinflammatory mediators. Liver-derived inflammatory mediators reach intestine via system circulation. Drug-induced activation of the ER stress in intestinal epithelial cells and systemic inflammatory mediators disrupt intestinal barrier integrity and increase of bacterial overgrowth. Increase of gut permeability results in high circulating endotoxin that reaches the liver via portal circulation. Endotoxin (lipopolysaccharide or LPS) is recognized by the Toll-like receptor (TLR)-4 complex on resident macrophages or Kupffer cells in the liver, leading to production of proinflammatory cytokines and resulting in injury to hepatocytes

disruption of intestinal barrier integrity, and dysregulation of hepatic lipid metabolism opened new direction for the development of preventive and therapeutic strategies for HIV PI-induced liver injury, as well as for other DILIs (Fig. 2.2). In addition, elucidating of the underlying mechanism of DILI not only has high scientific values but also has significant economic impact on improving new drug development by developing new reliable screening systems to eliminate the candidates with hepatotoxicity at an early stage.

Taken together, the rapid progress in understanding ER stress in DILI and other liver diseases gives rise to the expectation that ER stress may be used as a biomarker and therapeutic target for DILI as well as other liver diseases.

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Chapter 3 Mechanisms of Acetaminophen-Induced Liver Injury

Benjamin L. Woolbright and Hartmut Jaeschke

Abbreviations

AIF	Apoptosis-inducing factor
ALF	Acute liver failure
AMAP	N-Acetyl-m-Aminophenol
APAP	Acetaminophen
ASK1	Apoptosis signal-regulating kinase 1
ATG	Autophagy-related genes
Bax	Bcl-2-associated X protein
Bcl-2	B-cell lymphoma-2
Bid	Bh3-interacting-domain death agonist
CCR ₂	C-C Chemokine receptor 2
CXCR ₂	CXC Chemokine receptor 2
DAMPs	Damage-associated molecular patterns
ETC	Electron transport chain
GCLC	Glutamate-cysteine ligase catalytic subunit
GSH	Glutathione
JNK	c-Jun N terminal kinase
HMGB1	High mobility group box 1
$IL-10$	Interleukin-10
<i>iNOS</i>	Inducible nitric oxide synthase
MAPK	Mitogen-activated protein kinase
m iR	Micro RNA
MKK4	Mitogen-activated protein kinase kinase 4
MLK3	Mixed lineage kinase 3

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3.1 Introduction

Acute liver failure (ALF) due to acetaminophen- (APAP)-induced liver injury is the number one cause of ALF in the West (Lee [2013\)](#page-82-0). Combination of APAP with a number of other pharmaceutical agents can lead to accidental overdose. For many of these patients, an overdose can be rapidly diagnosed using serum acetaminophen levels and serum biochemistry (Rumack and Matthew [1975](#page-84-0)). Patients that present quickly after the overdose can be treated with N-acetylcysteine (NAC), and recover in a majority of cases (Bebarta et al. [2010\)](#page-78-0). Patients who are treated with NAC distally from their overdose, i.e., more than 24 h commonly progress to ALF and many have a poor prognosis (Lee [2013\)](#page-82-0). Some of these patients undergo liver transplantation to survive, which is curative, but places a life-time need for anti-rejection medication on the patient. Thus, new therapeutic approaches are needed that can be used to limit injury and prevent ALF when treatment is initiated during the progression of injury. Targeting established mediators in APAP overdose is critical, as is the discovery of novel therapeutic targets. The focus of this review will be on currently understood mechanisms of hepatotoxicity after APAP overdose.

3.2 Metabolism and Initiation of Toxicity

At therapeutic doses, the parent compound APAP is largely nontoxic as it is rapidly excreted after enzymatic conjugation with glucuronic acid or sulfate, and only a small fraction is metabolized by cytochrome P450 enzymes to form a reactive metabolite (McGill and Jaeschke [2013](#page-82-0)). After an overdose, sulfation is quickly saturated (Clements et al. [1984\)](#page-79-0). In contrast, glucuronidation, which is a high capacity conjugation pathway, can be dramatically increased but does not appear to be saturated (Xie et al. [2015a\)](#page-85-0). Importantly, a substantial amount of the drug is then metabolized by the cytochrome P450 enzymes Cyp2E1 and Cyp1A2 (Zaher et al. [1998](#page-85-0)) forming enhanced amounts of the electrophile N-acetyl-*p*-benzoquinone imine (NAPQI) (Dahlin et al. [1984](#page-79-0)). Some of the NAPQI generated can be detoxified by glutathione (GSH) (Rosen et al. [1984](#page-84-0)) leading to extensive depletion of hepatic GSH levels, which serves as a biochemical marker of metabolic activation of APAP (Jaeschke et al. [2011](#page-81-0)). However, an increasing fraction of NAPQI covalently binds to cellular proteins (Mitchell et al. [1973\)](#page-83-0). The antidote NAC works in this pathway, but does not directly bind NAPQI. In contrast, NAC stimulates the production of cellular GSH and thus more rapidly detoxifies NAPQI (Corcoran and Wong [1986\)](#page-79-0). Although NAPQI binds GSH and is detoxified, because of the rapid depletion of the hepatic GSH content there is a fraction that adducts cellular proteins, especially mitochondrial proteins, and initiates the characteristic mitochondrial oxidative stress found after APAP overdose (Jaeschke [1990;](#page-81-0) Knight et al. [2001\)](#page-82-0). While metabolism by CYP2E1 also generates small quantities of ROS during oxidative metabolism (Nieto et al. [2002](#page-83-0)), the primary oxidant stress is generated by dysfunctional mitochondria (Jaeschke et al. [2012a;](#page-81-0) Du et al. [2017\)](#page-79-0). Thus, the primary step in the toxicity of APAP is oxidative metabolism of APAP to NAPQI by CYP2E1, and its subsequent binding to cellular proteins.

Much of the recent work on APAP metabolism has focused on protein adducts of APAP, with an emphasis on the presence of APAP adducts in the serum of both mice and human patients (McGill et al. [2013a,](#page-82-0) [b;](#page-83-0) Davern et al. [2006\)](#page-79-0). Serum adducts were originally thought to be byproducts of cellular necrosis, and were only present when there was considerable ALT release (Pumford et al. [1990](#page-83-0)). Recent data have shown that serum adducts are present even at therapeutic doses in humans (Heard et al. [2011;](#page-80-0) James et al. [2013](#page-81-0)) and in animals (McGill et al. [2012b,](#page-82-0) [2013](#page-83-0)). Moreover, supra-therapeutic dosing can generate APAP protein adducts even in the absence of overt hepatotoxicity (Hu et al. [2016b](#page-81-0); McGill et al. [2012b,](#page-82-0) [2013](#page-83-0); O'Malley et al. [2015\)](#page-83-0). This would suggest that the presence of adducts alone is not sufficient to initiate toxicity and that there is likely a threshold level of adducts necessary for toxicity (James et al. [2009\)](#page-81-0). This hypothesis has been used to develop a novel pointof-care-based test for detecting the potential for APAP toxicity in overdose patients (Roberts et al. [2017\)](#page-84-0).

For a number of years it has been known that APAP-induced injury does not correlate with the overall protein adduct formation but with the presence of mitochondrial adducts. Sid Nelson's group first demonstrated that APAP and its nontoxic regioisomer *N*-acetyl-*meta*-aminophenol (AMAP) show similar total protein adducts formation but only APAP causes mitochondrial protein adducts, which correlate with toxicity in the mouse (Tirmenstein and Nelson [1989](#page-84-0)). These findings in mice were confirmed by others (Qiu et al. [2001](#page-83-0)). However, AMAP appears to be hepatotoxic in human liver slices (Hadi et al. [2013](#page-80-0)) and in primary human hepatocytes (Xie et al. [2015b\)](#page-85-0). It could be confirmed that the lack of AMAP toxicity in mouse hepatocytes correlates with the absence of mitochondrial adducts; however, the toxicity in human hepatocytes clearly involves mitochondrial AMAP protein adducts (Xie et al. [2015b](#page-85-0)). In a recent dose-response study, it was shown that mitochondrial protein adducts formation correlates with c-jun *N*-terminal kinase (JNK) activation and mitochondrial dysfunction in the mouse (Hu et al. [2016b\)](#page-81-0). Furthermore, in the rat model, there is no relevant toxicity even after very high overdoses of APAP due to the limited mitochondrial protein adducts and absence of JNK activation (McGill et al. 2012b). Together, these findings strongly suggest a critical role of mitochondrial protein adducts formation as an initiating event in APAP hepatotoxicity.

3.3 The C-JUN-N-Terminal Kinase Pathway in APAP Toxicity

The mitogen-activated protein kinase (MAPK) JNK exists in two isoforms in hepatocytes, termed JNK1 and JNK2. As early as two hours after the initial overdose, the JNK pathway is activated, and a phosphorylated form of JNK translocates to the mitochondria (Hanawa et al. [2008,](#page-80-0) Xie et al. [2015c\)](#page-85-0). JNK activation requires the activation of upstream MAPK such as apoptosis signal-regulating kinase 1 (ASK1) (Nakagawa et al. [2008](#page-83-0); Xie et al. [2015c\)](#page-85-0), mixed lineage kinase-3 (MLK3) (Sharma et al. [2012\)](#page-84-0), and mitogen-activated protein kinase kinase 4 (MKK4) (Win et al. [2011\)](#page-85-0). While the function of JNK in the mitochondria is not well understood, the mitochondrial outer membrane protein SH3 domain-binding protein that preferentially associates with Btk (Sab) serves as the initial molecular target for JNK (Win et al. [2011](#page-85-0)). Activation of Sab on the mitochondrial outer membrane inactivates proto-oncogene tyrosine-protein kinase Src on the inner mitochondrial membrane, which disrupts the electron transport chain (ETC) and enhances mitochondrial ROS leakage (Win et al. [2016\)](#page-85-0). Consistent with this hypothesis, the JNK inhibitor SP600125 also prevents the accumulation of peroxynitrite in the mitochondria (Saito et al. [2010a\)](#page-84-0), which plays a key role in the mitochondrial pathology (Knight et al. [2002](#page-81-0)). Peroxynitrite is formed inside the mitochondria by the reaction of nitric oxide with superoxide (Cover et al. [2005\)](#page-79-0). The mitochondrial superoxide production is well defined in APAP-induced liver injury and is the central source of ROS (reviewed in Jaeschke et al. [2012a\)](#page-81-0) and JNK activation results in a self-sustaining feedback loop that dramatically promotes cellular dysfunction through generation of ROS from the mitochondria (Han et al. [2013](#page-80-0); Du et al. [2015](#page-80-0)). This hypothesis is not only supported by direct inhibition of JNK (Hanawa et al. [2008](#page-80-0); Saito et al. [2010a](#page-84-0)) but also by effects on upstream kinases responsible for JNK activation. Pharmacological inhibition of ASK-1 is highly protective (Xie et al. [2015c\)](#page-85-0) as is the genetic depletion of ASK-1 (Nakagawa et al. [2008](#page-83-0)) or MLK3 (Sharma et al. [2012\)](#page-84-0). Likewise, deletion of protein tyrosine phosphatase 1B (Mobasher et al. [2013\)](#page-83-0), or mitogen-activated protein kinase phosphatase-1 (Wancket et al. [2012\)](#page-84-0), which reduce JNK activation, aggravated APAP-induced liver injury. In addition, a number of other pharmacological agents that protect against APAP hepatotoxicity are also proposed to work through JNK (reviewed in Du et al. [2015\)](#page-80-0). For example, administration of metformin either before or after APAP overdose reduced JNK activity and protected against the injury (Kim et al. [2015](#page-81-0)); although, it should be noted that others obtained similar protection in this model with metformin without the noted change in JNK activity (Du et al. [2016b](#page-79-0)). Leflunomide, an immunosuppressant and pyrimidine synthesis inhibitor, also protects against APAP-induced liver injury through suppression of JNK activity (Latchoumycandane et al. [2007\)](#page-82-0). Importantly, there is evidence for JNK activation and a role for JNK in human samples as well. Human hepatocytes exposed to a JNK inhibitor are partially protected against APAP-induced liver injury (Xie et al. [2014\)](#page-85-0) and samples from patients with APAP overdose have elevated levels of JNK in hepatocytes (Cubero et al. [2016](#page-79-0)). Despite this substantial evidence in favor of a pathological role for JNK, a recent study has indicated that hepatocyte-specific deletion of JNK may actually predispose mice to increased injury after APAP overdose indicating some activity of JNK might be protective (Cubero et al. [2016\)](#page-79-0). However, one still needs to keep in mind that this is a single experiment that shows the opposite effect compared to a large number of different approaches that all demonstrate a pathophysiological role of JNK activation (Jaeschke [2016](#page-81-0)). Cubero et al. ([2016\)](#page-79-0) also showed that SP600125 is protective even in hepatocyte-specific JNK knockout animals, which raises the concern that the pharmacological actions of this particular JNK inhibitor may involve off-target effects (Cubero et al. [2016](#page-79-0)). Again, some concerns were raised regarding the solvent use in these experiments; importantly, the fact that SP600125 protects in a JNK knock-out mouse does not preclude the idea that this inhibitor still acts through JNK inhibition in a normal animal (Jaeschke [2016\)](#page-81-0). Thus, the preponderance of data still strongly supports an important role for the JNK signaling pathway in APAP-induced liver injury. *These mechanisms are summarized in Fig. [3.1](#page-69-0)*.

3.4 The Role of the BCL-2 Protein Family in APAP Hepatotoxicity

Concurrent to activation of the JNK pathway, a number of other signaling pathways are activated, including members of the B-cell lymphoma-2 (Bcl-2) family. The Bcl-2 family is a diverse family of proteins involved in cell turnover, many of which also play a pivotal role in cell death processes in multiple disease states (Gross et al. [1998;](#page-80-0) Korsmeyer et al. [1993](#page-82-0)). Bcl-2 family members Bh3-interacting-domain death agonist (Bid) and Bcl-2-associated X protein (Bax) are both activated upon overdose of APAP (El-Hassan et al. [2003;](#page-80-0) Jaeschke and Bajt [2006](#page-81-0)). Cleavage of bid in the cytoplasm leads to translocation of the truncated form of bid to the mitochondria where it can form pores leading to mitochondrial outer membrane permeabilization (MOMP) (Yin et al. [1999\)](#page-85-0). Bid translocation occurs rapidly after APAP overdose

Fig. 3.1 Intracellular mechanisms of acetaminophen hepatotoxicity. Therapeutic doses of acetaminophen are conjugated with glucuronide or sulfate via Phase II metabolism. Toxic doses of acetaminophen are converted to NAPQI by cytochrome P4502E1. NAPQI adducts intracellular proteins, especially mitochondrial proteins, which causes oxidative stress. This can be attenuated by stimulation of the removal of the protein adducts through autophagy. Under normal conditions though, this results in significant mitochondrial oxidative stress and the activation of the mitogen activated protein kinase cascade ultimately causing the activation of JNK and the translocation of the phosphorylated form to the mitochondria where it can further amplify the oxidant stress. Multiple upstream components of the phosphorylation and dephosphorylation of JNK are involved in acetaminophen hepatotoxicity. The combined oxidative stress causes the opening of the mitochondrial permeability transition pore (MPTP) and loss of mitochondrial stability. Permeability of the mitochondrial outer membrane results in release of apoptosis-inducing factor and endonuclease G from the mitochondria that translocate to the nucleus where they cleave DNA, resulting in oncotic necrosis. AIF, apoptosis-inducing factor; APAP, acetaminophen; ASK-1, apoptosis signalregulating kinase 1; EndoG, endonuclease G; GSH, glutathione; JNK, c-Jun N-terminal kinase; Mkp-1, mitogen-activated protein kinase phosphatase 1; MLK3, mixed lineage kinase 3; MPT, mitochondrial permeability transition; NAPQI, N-acetyl p-benzoquinone imine; PTP1B, proteintyrosine phosphatase 1B; ROS, reactive oxygen species; SOD2, superoxide dismutase 2

(Jaeschke and Bajt [2006](#page-81-0)). Similarly, there is a rapid translocation of the cytosolic Bax protein to the mitochondria, which also causes MOMP (Bajt et al. [2008\)](#page-78-0). Bax gene knockout mice show reduced mitochondrial intermembrane protein release, less DNA fragmentation, and less early injury (Bajt et al. [2008\)](#page-78-0). However, Bax deficiency does not affect the mitochondrial oxidant stress, which eventually triggers the MPT resulting in mitochondrial matrix swelling, rupture of the outer membrane, and release of intermembrane proteins followed by DNA fragmentation and cell death (Bajt et al. [2008](#page-78-0)). While it is not well characterized what cellular stressors activate these proteins in the APAP model, inhibition of JNK reduces Bax activity (Saito et al. [2010a](#page-84-0)), indicating oxidative stress and JNK activation are both likely candidates. APAP also results in downregulation of cytoprotective Bcl-2 family members such as Bcl-xL and Bcl-2 itself (Latchoumycandane et al. [2007\)](#page-82-0). Mitochondrial protective agents such as leflunomide mitigate this interaction and are also protective against APAP overdose (Latchoumycandane et al. [2007\)](#page-82-0). Surprisingly, mice overexpressing Bcl-2 are actually more susceptible to APAPinduced liver injury, although it is not well understood why this is the case (Adams et al. [2001](#page-78-0)). It should be noted that Bcl-2 family member-induced cell death is commonly indicated to be through apoptosis in the literature (reviewed in Tait and Green [2013\)](#page-84-0). Despite this, there is no evidence for caspase activation in the standard APAP overdose model (Gujral et al. [2002;](#page-80-0) Lawson et al. [1999](#page-82-0); Jaeschke et al. [2006\)](#page-81-0). Regardless, while Bcl-2 family members are unequivocally activated, and likely play a role in the injury, their promotion of APAP-induced cell death is through promotion of mitochondrial dysfunction, but independent of traditional apoptosis pathways.

3.5 The Role of Receptor-Interacting Protein Kinase Family Members

The recent identification of the receptor-interacting protein kinase 1/3 (RIP1/RIP3) protein family's role in cell death (He et al. [2009](#page-80-0); Zhang et al. [2009\)](#page-85-0) has led to a number of studies examining these proteins in liver disease (Ramachandran et al. [2013;](#page-83-0) Roychowdhury et al. [2013;](#page-84-0) Vucur et al. [2013;](#page-84-0) McGill et al. [2015](#page-82-0)). These proteins were first identified as critical mediators of $TNF-\alpha$ -induced apoptosis (He et al. [2009](#page-80-0); Zhang et al. [2009](#page-85-0)). Under conditions of caspase inhibition, RIP1 and RIP3 can accumulate, dimerize, and initiate a signaling pathway that results in nonapoptotic cell death (He et al. [2009;](#page-80-0) Zhang et al. [2009](#page-85-0)). These proteins mediate a molecular mechanism for cell death (termed necroptosis) under conditions of caspase inhibition, which likely serves as a survival mechanism under normal physiological conditions. Critical for this necroptosis pathway is the mixed lineage kinase domain-like (MLKL), which is activated by the RIP1/RIP3 complex, and moves to the cell membrane to form membrane-disrupting pores, causing membrane leakage and necrotic cell death (Wang et al. [2014](#page-84-0); Zhang et al. [2016](#page-85-0)). APAP overdose dramatically upregulates RIP3 in the liver, and genetic knockout of RIP3 is protective, as is depletion of RIP3 with morpholino-based antisense reagents (Ramachandran et al. [2013](#page-83-0); Deutsch et al. [2015](#page-79-0)). Pharmacological treatment with dabrafenib, which inhibits RIP3-mediated Ser358 phosphorylation of MLKL and disrupted the interaction between RIP3 and MLKL, attenuated APAP-induced liver injury in mice and human hepatocytes (Li et al. 2014). Treatment with the RIP1 inhibitor necrostatin is also protective against APAP in vitro and in vivo, indicating there might be

interactions between RIP1 and RIP3 (Ramachandran et al. [2013](#page-83-0); Zhang et al. [2014;](#page-85-0) Dara et al. [2015\)](#page-79-0). However, there appears to be evidence that MLKL is not involved in APAP hepatotoxicity (Dara et al. [2015;](#page-79-0) Gunther et al. [2016\)](#page-80-0). Furthermore, RIP3 deficiency protects only against the early phase of APAP-induced liver injury (Ramachandran et al. [2013\)](#page-83-0) and others have questioned the role of RIP3 all together (Dara et al. [2015](#page-79-0)). There could be one explanation for this controversy, i.e., that RIP3 may be more important in human than in mouse hepatocytes (Li et al. 2014). However, the specific mechanisms of RIP1 and RIP3 involvement in the pathophysiology of APAP hepatotoxicity remain poorly understood.

3.6 Oxidative and Nitrosative Stress in APAP Hepatotoxicity

Despite being controversially discussed for a very long time, especially in the 1980s, the essential role of a mitochondrial oxidant stress in APAP hepatotoxicity is now firmly established (Jaeschke et al. [2012a](#page-81-0); Du et al. [2016a](#page-79-0)). Mitochondrial dysfunction leads to leakage of electrons from the mitochondrial ETC thereby forming superoxide, which can give rise to further reactive oxygen (ROS) and nitrogen species (RNS). Detoxifying these ROS and RNS through supporting the internal antioxidant systems is highly protective, even when done after the initial overdose, but before the generation of overt mitochondrial dysfunction (Knight et al. [2002](#page-81-0); Bajt et al. [2003;](#page-78-0) James et al. [2003b](#page-81-0); Saito et al. [2010b](#page-84-0); Du et al. [2016a,](#page-79-0) [2017\)](#page-79-0). NAC, the primary antidote used clinically, is thought to work primarily as a precursor for hepatic GSH production, which can scavenge NAPQI (Corcoran and Wong [1986;](#page-79-0) Lauterburg et al. [1983\)](#page-82-0). However, subsequent studies have unequivocally demonstrated that the recovery of mitochondrial GSH after treatment with GSH precursors is critical for the detoxification of ROS and more importantly for peroxynitrite (Knight et al. [2002](#page-81-0); Saito et al. [2010b](#page-84-0)). Superoxide can dismutate either spontaneously or in a SOD-catalyzed mechanism to molecular oxygen and hydrogen peroxide, which can be detoxified by glutathione peroxidase. However, the key effect of mitochondrial MnSOD (SOD2) is to rapidly and effectively remove superoxide to prevent the formation of the potent oxidant and nitrating species peroxynitrite. In fact, peroxynitrite is a critical toxicant in APAP-induced liver injury (Knight et al. [2002\)](#page-81-0). Consequently, even partial deficiency of MnSOD dramatically exacerbates peroxynitrite formation and cytotoxicity after APAP overdose (Fujimoto et al. [2009;](#page-80-0) Ramachandran et al. [2011\)](#page-83-0). Furthermore, treatment with a mitochondrial-homing SOD mimetic, Mito-TEMPO, effectively prevented peroxynitrite formation and protected against APAP toxicity (Du et al. [2017](#page-79-0)). This mitochondrial oxidative stress is enhanced by concurrent lysosomal dysfunction, as a number of lysosomal entities are also released during APAP toxicity (Woolbright et al. [2012](#page-85-0)). This includes release of lysosomal iron, which can translocate to the mitochondria where it supports hydrogen peroxide-induced cytotoxicity through Fenton-like reactions (Kon et al. [2010](#page-82-0); Hu et al. [2016a\)](#page-80-0). In support of these data, exposing hepatocytes to high concentrations of oxygen during cell culture results in a significant increase in
the susceptibility to APAP toxicity due to increased nitrosative stress (Burke et al. [2010\)](#page-79-0); whereas lowering oxygen tension attenuates APAP toxicity (Yan et al. [2010\)](#page-85-0). This is likely due to increased/decreased oxygen availability that alters mitochondrial electron leakage and ROS production (Yan et al. [2010\)](#page-85-0). Overdose of APAP results in depletion of both mitochondrial and total hepatic GSH (Knight et al. [2002;](#page-81-0) Saito et al. [2010b\)](#page-84-0), which may be due to the presence of CYP2E1 in the mitochondria as well as the cytoplasm (Knockaert et al. [2011\)](#page-82-0). Female mice are actually resistant to APAP-induced liver as they recover mitochondrial GSH more rapidly, and thus detoxify ROS and RNS from the mitochondria more effectively (Du et al. [2014\)](#page-80-0). This massive oxidative response after APAP overdose causes activation of the nuclear factor (erythroid-derived 2)-like 2 (Nrf2) signaling pathway (Enomoto et al. [2001](#page-80-0)). This response results in upregulation of a number of antioxidant genes, including genes in the GSH synthesis pathway (Wild et al. [1999\)](#page-84-0). Knockout of Nrf2 results in dramatic sensitization toward APAP underscoring the important role of the antioxidant response (Enomoto et al. [2001\)](#page-80-0). In the cases of toxic overdoses, this antioxidant response is overwhelmed and significant oxidant stress combined with mitochondrial pore formation by Bcl-2 family proteins results in outer mitochondrial membrane disruption and leakage of mitochondrial components to the cytoplasm. This triggers the mitochondria permeability transition pore (MPTP) opening (Kon et al. [2004](#page-82-0)). While this has previously been thought to be an irreversible commitment to cell death, more recent data indicate that MPTP opening might be a reversible step if JNK-mediated amplification is diminished (Hu et al. [2016b](#page-81-0)). In any case, MPTP opening results in matrix swelling and rupture of the outer membrane, which causes the release of a number of mitochondrial proteins that begin to execute cell death functions.

3.7 Mitochondria-Mediated DNA Fragmentation in APAP Toxicity

MPTP formation after APAP overdose results in release of a number of mitochondrial proteins into the cytoplasm including cytochrome c, second mitochondriaderived activator of caspases (Smac), endonuclease G, and apoptosis-inducing factor (AIF) (Bajt et al. [2006,](#page-78-0) [2008\)](#page-78-0). Once released from the mitochondria, only endonuclease G and AIF translocate to the nucleus where they serve as endonucleases that cleave DNA and directly cause cell death (Bajt et al. [2006,](#page-78-0) [2008](#page-78-0); Cover et al. [2005\)](#page-79-0). DNA fragmentation is clearly evident in the area of necrosis after APAP-induced liver injury as only the necrotic zone stains positive with the TUNEL assay (Lawson et al. [1999](#page-82-0); Gujral et al. [2002](#page-80-0)). The TUNEL staining pattern (nucleus and the cytoplasm) of the cells is consistent with necrotic cell death (Lawson et al. [1999;](#page-82-0) Cover et al. [2005\)](#page-79-0) confirming previous concerns that the TUNEL assay is not specific for apoptosis but actually detects DNA fragmentation independent of the mode of cell death (Grasl-Kraupp et al. [1995\)](#page-80-0). Partial ablation of AIF results in substantial protection against the injury (Bajt et al. [2011\)](#page-78-0) and protection by NAC or GSH results in no nuclear translocation of endonuclease G or AIF (Bajt et al. [2006,](#page-78-0) [2008;](#page-78-0) Cover et al. [2005](#page-79-0)). Because of the lack of caspase activation during APAP toxicity (Lawson et al. [1999](#page-82-0); Jaeschke et al. [2006\)](#page-81-0), caspase-activated DNase cannot be responsible for the nuclear DNA fragmentation (Cover et al. [2005](#page-79-0)). Thus, the mitochondria-derived nuclease activity of endonuclease G and AIF is the executor step in APAP-induced liver injury as this effect results in complete nuclear breakdown, plasma membrane disruption, and cellular rupture. In addition to these critical proteins, cytochrome c and second mitochondria-derived activator of caspase (Smac) are also released into the cytoplasm, although no direct role has been found for them in the mechanism of toxicity. It remains unclear, why despite the mitochondrial release of these pro-apoptotic proteins, there is no apoptotic cell death. In contrast, release of well-defined biomarkers of necrosis from the liver including full-length cytokeratin-18 (M65), mitochondrial glutamate dehydrogenase, HMGB1 protein, microRNA-122, mitochondrial DNA, and nuclear DNA fragments and morphological evidence of necrosis are all present after APAP-induced liver injury (Antoine et al. [2012](#page-78-0); McGill et al. [2012a\)](#page-82-0). The reason for this switch to necrosis is not currently well defined, but may be due to a lack of ATP necessary for forming the apoptosome (Williams et al. [2011](#page-85-0)). While there is evidence for minor, temporary caspase activation under certain conditions in mice (Antoine et al. [2010](#page-78-0)), and clinically (Antoine et al. [2012](#page-78-0)), it likely plays a minimal role in the overall disease state. In support of this conclusion, APAP-induced cell death in primary mouse hepatocytes (Bajt et al. 2004; Ramachandran et al. [2013\)](#page-83-0), in the metabolically competent hepatoma cell line HepaRG (McGill et al. [2011](#page-83-0)) and in primary human hepatocytes (Xie et al. [2014\)](#page-85-0), is consistently necrosis. Thus, mitochondrial dysfunction during APAP causes release of mitochondrial proteins and lysis of nuclear DNA, directly leading to necrotic cell death.

3.8 Autophagy as an Adaptive Mechanism to APAP-Induced Cellular Stress

Autophagy is an increasingly well-studied process wherein cells break down damaged or unneeded molecules or organelles in lysosomes and then reuse that material for critical processes (Takeshige et al. [1992;](#page-84-0) Yin et al. [2008](#page-85-0)). Component-specific autophagy exists for both autophagy of fat droplets termed lipophagy (Singh et al. [2009;](#page-84-0) Liu and Czaja [2013](#page-82-0)) and autophagy of mitochondria termed mitophagy (Dagda et al. [2009](#page-79-0); Kim et al. [2007;](#page-81-0) Williams and Ding [2015\)](#page-85-0). Recent work indicates that autophagy of protein adducts and mitochondria are critical adaptive processes that limit APAP-induced liver injury (Ni et al. [2012a](#page-83-0), [2016\)](#page-83-0). In fact, chemical stimulation of autophagy attenuates APAP hepatotoxicity and inhibition of autophagy has the opposite effect (Ni et al. [2012a](#page-83-0), [2016](#page-83-0)). The effect of autophagy on cell death is most obvious at the edge of the necrotic area where cells struggle to survive

(Ni et al. [2013](#page-83-0)). Surprisingly, depletion of the critical autophagy protein 5 (Atg5) eliminates autophagy but the mice are highly resistant to APAP toxicity (Ni et al. [2012b\)](#page-83-0). The chronic loss of autophagy causes extensive cellular stress in hepatocytes leading to a cycle of continuous apoptotic cell death and regeneration (Ni et al. [2012b\)](#page-83-0). This cellular stress leads to suppression of Cyp2E1protein expression with reduced reactive metabolite formation and less protein adducts. In addition, Atg5 deficiency also causes upregulation of Nrf2 and related protective genes including NAD(P)H dehydrogenase [quinone] 1(NQO1) and glutamate-cysteine ligase catalytic subunit (gclc), which supports an accelerated recovery of hepatic GSH levels (Ni et al. [2012b\)](#page-83-0). The combination of these adaptive mechanisms to the cellular stress of inhibited autophagy ultimately contributes to the resistance of Atg5 deficient mice to APAP-induced liver injury (Ni et al. [2012b\)](#page-83-0). However, acute activation of autophagy likely protects against APAP hepatotoxicity partially through elimination of damaged mitochondria that generate reactive oxygen (Ni et al. [2012a](#page-83-0)). Although mitochondrial fission promotes this oxidant stress (Ramachandran et al. [2013](#page-83-0)), the removal of these damaged mitochondrial fragments is ultimately beneficial (Ni et al. [2012a, 2013\)](#page-83-0). APAP protein adducts can also be removed by autophagy (Ni et al. [2016\)](#page-83-0). The acute elimination of protein adducts, especially in the cytosol, may not be as critical as mitophagy, however, given the fact that even therapeutic doses of APAP result in low levels of adducts in hepatocytes (McGill et al. [2012a,](#page-82-0) [2013\)](#page-82-0), and some patients take APAP daily for months or even years, the chronic accumulation of adducts needs to be avoided. Thus, adduct removal through autophagy is critical for long-term health of liver cells during APAP exposure (Ni et al. [2016](#page-83-0)). More work is required in this area to better understand the molecular mechanisms that control both the removal of mitochondria and protein adducts during APAP hepatotoxicity.

3.9 The Sterile Inflammatory Response During APAP Hepatotoxicity

One of the inevitable outcomes of acute APAP-induced necrosis is the development of a sterile inflammatory response. Necrotic cell death causes release of intracellular constituent molecules (damage-associated molecular patterns, DAMPs) such as nuclear DNA fragments, mitochondrial DNA, and proteins like HMGB1 that stimulate toll-like receptors (TLRs) on local inflammatory cells such as Kupffer cells in the liver (Woolbright and Jaeschke [2015](#page-85-0); [2017](#page-85-0)). In response to these DAMPs macrophages produce a number of cytokines and chemokines that activate and recruit a variety of inflammatory cells into the liver (Cover et al. [2006](#page-79-0); Dambach et al. [2002;](#page-79-0) Holt et al. [2008;](#page-80-0) Lawson et al. [2000](#page-82-0)). Neutrophils are the first cell to accumulate in the liver after APAP overdose followed by bone-marrow-derived monocytes. The main purpose of these phagocytes is to remove the necrotic cell debris in preparation for regeneration and wound healing. However, these inflammatory cells have

Fig. 3.2 The multiple stages of acetaminophen hepatotoxicity. During an overdose, APAP is converted to NAPQI resulting in mitochondria oxidative stress and eventual necrosis. Necrosis results in the release of DAMPs, in the form of mitochondrial and nuclear DNA, from hepatocytes. DAMPs activate resident macrophages (Kupffer cells) (F4/80 positive) via TLRs. Kupffer cells produce cytokines, which attract neutrophils and monocytes largely to the area of necrosis (*see* above), and stimulate phagocytosis of the cellular debris to create space for regenerating hepatocytes. NAPQI – N-acetyl *p*-benzoquinone imine, GSH – glutathione, DAMPs – damage-associated molecular patterns, TLR – toll-like receptor (not depicted). Figure adapted from Jaeschke et al. [2012a](#page-81-0) with permission

the capacity to cause additional tissue injury through generation of reactive oxygen species (Jaeschke [2011\)](#page-81-0). Substantial controversy exists in this field, with a number of groups arguing in favor of the inflammatory process directly contributing to the injury, while other groups have argued that the inflammatory process is secondary to the injury (Jaeschke et al. [2012b](#page-81-0); Woolbright and Jaeschke [2017](#page-85-0)). As a full review on the controversy is outside the scope of this chapter, we will only briefly discuss mechanisms of inflammation relevant to the direct injury. *Figure 3.2 depicts the various stages of APAP-induced liver injury associated with inflammation*.

Depletion of neutrophils with a neutralizing antibody 24 h before the administration of APAP is highly protective (Liu et al. [2006\)](#page-82-0). However, this is largely due to the induction of cytoprotective genes in the liver caused by the activated Kupffer cell during the removal of the inactivated neutrophils (Jaeschke and Liu [2007\)](#page-81-0). Furthermore, administration of neutrophil-depleting antibodies at time points close to APAP did not provide protection (Cover et al. [2006](#page-79-0)). Similarly, although

gadolinium chloride-mediated inactivation of Kupffer cells was reported to be protective (Michael et al. [1999](#page-83-0)), total elimination of Kupffer cells with liposomal clodronate actually aggravated the injury (Ju et al. [2002](#page-81-0)). In addition, inhibition of monocyte recruitment in CCR2-deficient mice did not protect against APAP hepatotoxicity, as reported by a number of groups (Dambach et al. [2002](#page-79-0); Hogaboam et al. [1999;](#page-80-0) Holt et al. [2008;](#page-80-0) You et al. [2013](#page-85-0)). However, recently, the same CCR2 deficient mice showed reduced APAP-induced liver injury (Mossanen et al. [2016\)](#page-83-0). Importantly, there is no protection when neutrophil- and macrophage-derived ROS production is inhibited (James et al. [2003a](#page-81-0); Williams et al. [2014](#page-84-0)), which makes it highly unlikely that these phagocytes contribute to the injury as cytotoxicity of neutrophils is critically dependent on the capacity to generate ROS (Jaeschke [2011\)](#page-81-0). In addition, neutrophils are generally not fully activated until after the injury phase (Williams et al. [2014](#page-84-0)). Neutrophil elastase has recently been hypothesized to be the direct cytotoxic agent as bone marrow transplantation with elastase-deficient cells was protective (Huebener et al. [2015\)](#page-81-0). However, whole body elastase knockout mice are not protected against APAP overdose (Jaeschke, unpublished). In addition, proteases such as elastase are generally important for neutrophil migration in the extravascular space and are unlikely used as a cytotoxic mediator by these inflammatory cells (Jaeschke [2006](#page-81-0)). Thus, the preponderance of the experimental evidence does not support a direct cytotoxicity of a specific inflammatory cell during APAP hepatotoxicity.

Despite this, a number of interventions targeting inflammatory mediators are protective, and reasonable explanations for these effects are noted. IL-10 regulates the induction of inducible nitric oxide synthase (iNOS), which can be a source of nitric oxide production in the APAP model (Bourdi et al. [2002\)](#page-79-0). Knockout of IL-10 predisposes mice to APAP-induced liver injury due to enhanced iNOS production, and double knockout of IL-10 and iNOS ameliorates this increase (Bourdi et al. [2002\)](#page-79-0). Similarly, knockout of IL-4 made mice more susceptible to APAP-induced liver injury as these mice had reduced GSH synthesis capacity due to reduced γ-glutamylcysteine ligase (γ-GCL) gene expression (Ryan et al. [2012](#page-84-0)). C-X-C chemokine receptor 2 (CXCR2) is a primary chemokine receptor and mediates the inflammatory response in a number of murine models such as hepatic ischemiareperfusion (Kuboki et al. [2008](#page-82-0)). CXCR2 also may be protective against APAPinduced liver injury as the protective effect of administration of the chemokine CXC ligand 10 is mediated by CXCR2 (Bone-Larson et al. [2001](#page-79-0)). However, it is currently not well understood how either of these proteins mediates their effect. Administration of IL-22 also protected mice against APAP toxicity through a signal transducer and activator of transcription 3 (STAT3)-mediated mechanism that was independent of inflammation (Feng et al. [2014](#page-80-0)). Animals treated with neutralizing antibodies against HMGB1 were partially protected (Lundback et al. [2016](#page-82-0)), as were hepatocytespecific HMGB1 knockout mice (Huebener et al. [2015\)](#page-81-0), although the mechanisms of protection are currently not well defined. While these serve as examples, a number of other experimental studies have indicated that DAMPs and cytokines or chemokines released during inflammation can later affect APAP toxicity. However, many of these protective mechanisms could be adaptive responses to the loss of a

specific protein or mediator. Alternatively, there are increasing concerns about mismatch of background strains between gene knock-out animals and wild-type mice, which could be the reason for contradictory reports in the literature using the same knockout animals (Bourdi et al. [2011;](#page-79-0) Duan et al. [2016](#page-80-0)).

While inflammation may not directly kill hepatocytes, mounting evidence indicates inflammation is entirely necessary for recovery. A number of chemokines and cytokines are associated with nonsurvival in overdose patients including IL-10, MCP-1, IL-6, and more (Antoniades et al. [2006](#page-78-0); Berry et al. [2010](#page-78-0)). Many of these cytokines are typically considered "anti-inflammatory" as they are either secreted by anti-inflammatory type 2 macrophages, or are directly signaling to reduce inflammation and resolve injury (Berry et al. [2010](#page-78-0); Antoniades et al. [2012](#page-78-0), [2014\)](#page-78-0). Resolution of the injury is critical for recovery and liver regeneration is tightly linked to survival (Schmidt and Dalhoff [2005](#page-84-0)). The lack of recovery of liver function seen in non-survivors may be due to defunct signaling mechanisms or aberrant signaling mechanisms in these patients that fail to turn off normal inflammation. Then in the case of a prolonged inflammatory response, regeneration is inhibited and the patients are at enhanced risk for sepsis and increased mortality. Infection and sepsis is responsible for nearly 10% of all deaths due to ALF (Reuben et al. [2016\)](#page-83-0). Global blockade of inflammation becomes highly risky in this population as significant adverse events have been seen when inflammation is blocked and patients are at risk for sepsis or systemic inflammatory response syndrome (SIRS) and multiple organ failure (Boetticher et al. [2008](#page-78-0)).

3.10 Conclusions

The mechanisms that control APAP-induced liver injury are largely derived from the formation of a reactive metabolite and protein adducts that generate an initial mitochondrial dysfunction and oxidant stress. This activates MAPK pathways that serve to enhance mitochondrial dysfunction. While a number of cellular defense mechanisms are in place to counteract the progression to cell death, an overdose of APAP can overwhelm these defenses and stress adaptations leading to extensive necrosis. Although the current clinical antidote NAC is highly effective at the early, metabolism stages of the toxicity, there are no therapeutic interventions available that target the later stages of the injury or regeneration. Thus, better understanding of the mechanisms of cell death, the development of acute liver failure, and regeneration is critical for the discovery of novel intervention strategies to improve outcome after APAP-induced liver injury and ALF.

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Chapter 4 Cell Death and Liver Injuries in Hepatitis C Virus Infection

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Abbreviations

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4.1 Viral Hepatitis

Hepatitis refers to inflammatory conditions of the liver caused by various factors including alcohol, drugs, non-alcoholic fatty liver disease (NAFLD), autoimmune disease, and microbial infections. Many viruses such as cytomegalovirus, Epstein-Barr virus, yellow fever virus, rubella virus, and dengue virus can infect the liver and cause hepatitis when they cause systemic infections. However, the most common causes of viral hepatitis are hepatitis A virus (HAV), hepatitis B virus (HBV), hepatitis C virus (HCV), hepatitis delta virus (HDV), and hepatitis E virus (HEV). HAV and HEV are transmitted by the fecal-oral route and cause self-limiting acute infection, while HBV, HCV, and HDV are transmitted by the parental route via blood or other body fluids. HBV and HCV can cause chronic infection and severe liver diseases such as liver cirrhosis and hepatocellular carcinoma (HCC). HDV is a defective virus and requires the help provided by HBV for its replication. It can therefore only be co-transmitted with HBV or superinfect chronic HBV carriers. In this chapter, we will mainly focus on HCV and its effect on hepatic cell death and liver injuries.

4.2 Hepatitis C Virus

4.2.1 Hepatitis C Virus

HCV is one of the most important human pathogens. Globally, there are approximately 146 million people who are chronically infected by HCV (Majumdar et al. [2016\)](#page-109-0), with up to four million new cases every year. People infected by HCV often become chronic carriers of the virus. The chronic infection by HCV may be asymptomatic. However, it can progress into severe liver diseases including fatty liver, cirrhosis, and HCC.

HCV is a small, enveloped virus with a single-stranded RNA genome. It has a very narrow host range and infects only humans and the closely related primates such as chimpanzees. This virus has a diameter of approximately 55 nm with an icosahedral capsid (Ishida et al. [2001;](#page-107-0) Kaito et al. [1994\)](#page-108-0). The hepatotropic nature of HCV is due in part to the hepatocyte-restricted expression of its co-receptors, claudin-I and scavenger receptor class B type I (SR-BI). Based on the phylogenetic

analysis, HCV has been grouped into six distinct genotypes and 88 subtypes, of which 21 are un-assigned (Smith et al. [2014](#page-111-0)). Between different genotypes, 60–70% genomic sequence homology is observed (Simmonds [2004](#page-111-0)), with the highest sequence variability present in the coding sequences of the hypervariable regions of viral envelope proteins and the most conserved sequence located in the 5′ untranslated region (UTR). Among different HCV subtypes, genotype 1b accounts for over 70% of overall HCV infections, making it the most common subtype worldwide. While genotypes 1a and 1b are found in the United States, genotype 1a is mostly associated with intravenous drug abuse (Alter [1999;](#page-104-0) Hnatyszyn [2005](#page-107-0); Zein et al. [1996\)](#page-113-0). HCV JFH1 strain, a genotype 2a strain, can efficiently infect and replicate in cell cultures, enabling detailed studies on the life cycle of HCV. The JFH1 virus particle has a density of 1.15–1.17 g/ml (Wakita et al. [2005\)](#page-112-0).

The traditional treatment for chronic HCV infection uses pegylated interferon usually in combination with ribavirin, a guanosine analog known to have multiple antiviral effects (Leyssen et al. [2005](#page-108-0)). This treatment, however, was less than satisfactory due to the intolerable side effects and a sustained response rate of only $~50\%$ for the combination therapy (Kelleher and Afdhal [2005\)](#page-108-0). The use of direct acting antiviral (DAA) drugs in 2011 greatly improved the therapeutic outcome for HCV patients, achieving a sustained virological response (SVR) rate of >90%. DAA drugs target HCV non-structural proteins including the NS3/4A protease, NS5A, and the NS5B RNA-dependent RNA polymerase (Majumdar et al. [2016\)](#page-109-0), all of which are essential for HCV replication. In contrast to DAAs, the development of HCV vaccines has encountered extreme difficulties due mainly to the high viral mutation rate, which has a frequency of approximately 10⁻³ base substitutions per site per year (Major et al. [1999](#page-109-0)).

4.2.2 HCV Genome

HCV has a positive single-stranded RNA genome of 9.6-kb. This genome encodes a single open reading frame flanked by UTRs. The HCV 5′UTR is 341 nucleotides long. It contains four highly structured and conserved domains known as domains I to IV. Domains II-IV along with the first 20–40 nucleotides of the coding sequence serve as the internal ribosome entry site (IRES) for the initiation of viral protein translation (Honda et al. [1996](#page-107-0); Wang et al. [1995](#page-112-0)). The 3′UTR has a variable length in the vicinity of 225 nucleotides and can be divided into three regions: a 30–40-nucleotide variable sequence at the 5'-end, a long $poly(U)$ -poly(U/UC) tract, and a highly conserved 98-nucleotide sequence at the 3′-end that contains three stem-loop structures known as SL1–3 (Kolykhalov et al. [1996;](#page-108-0) Tanaka et al. [1996\)](#page-112-0). The 3′UTR interacts with the NS5B RNA-dependent RNA polymerase and plays an essential role in HCV RNA replication (Friebe and Bartenschlager [2002;](#page-106-0) Lee et al. [2004;](#page-108-0) Yi and Lemon [2003a](#page-113-0), [b](#page-113-0)). The ORF encodes a large polyprotein with a length of slightly more than 3000 amino acids. The order of the proteins encoded by the ORF from the N-terminus to the C-terminus is core, E1, E2, p7, NS2, NS3, NS4A, NS4B, NS5A, and NS5B. The core protein forms the viral capsid, E1 and E2 are envelope proteins, p7 is an ion-channel protein, NS2 is a protease, and NS3-NS5B are nonstructural proteins required for viral RNA replication.

Since the HCV genomic RNA has a positive polarity, it will serve as the template to direct the translation of viral proteins once it is released into the cytosol after infection. The translation of HCV proteins takes place on the rough endoplasmic reticulum (ER). As mentioned above, this protein translation is mediated by the IRES. Unlike the cap-dependent mRNA translation, the translation of the cap-less HCV RNA is dependent on the direct binding of the 40S ribosome to the IRES, which then recruits other translation initiation factors such as eIF3 and eIF2 to form a 48S pre-initiation complex (Otto and Puglisi [2004\)](#page-110-0). Further recruitment of eIF5B and the 60S ribosomal subunit leads to the formation of a functional 80S ribosome and the initiation of the HCV protein synthesis (Chevaliez and Pawlotsky [2006](#page-105-0); Ji et al. [2004\)](#page-108-0).

After the translation of the core protein, the internal signal sequence located at the C-terminus of the core protein targets the HCV polyprotein to the ER membrane where the polyprotein is proteolytically cleaved by host peptidases and viral proteases to give rise to mature viral proteins (Chevaliez and Pawlotsky [2006\)](#page-105-0).

4.2.3 HCV Life Cycle

HCV binds to its co-receptors, which include CD81, SR-BI (also known as CLA-1), a tight junction protein occludin, and members of the claudin family (CLDN1, 6, and 9) on the cell surface to initiate infection of hepatocytes (Burlone and Budkowska [2009\)](#page-105-0). The epidermal growth factor receptor (EGFR)/Ephrin receptor A2 (EphA2) and Niemann-Pick C1-like 1 (NPC1L1) cholesterol uptake receptor had also been identified as important host factors for HCV entry (Lupberger et al. [2011;](#page-109-0) Sainz et al. [2012\)](#page-111-0). Glycosaminoglycans (GAGs) such as heparin sulfate, the lectins DC-specific intracellular adhesion molecule-3-grabbing non-integrin (DC-SIGN or CD209), and liver-specific intercellular adhesion molecule-3 (ICAM-3)-grabbing integrin (L-SIGN or CD209L) may facilitate the binding process by serving as an initial docking site (Gardner et al. [2003;](#page-106-0) Lozach et al. [2004;](#page-109-0) Morikawa et al. [2007\)](#page-110-0). The low-density lipoprotein receptor (LDLR) had also been shown to be involved in HCV entry (Chung and Wasan [2004\)](#page-105-0). The HCV envelope glycoproteins E1 and E2 are the viral components that play major roles in the receptor-binding event and viral entry. The initial attachment is followed by the high affinity interaction between E2 and receptors, CD81 and SR-BI and the subsequent lateral movement of these complexes to the tight junctions (Farquhar et al. [2012;](#page-106-0) Pileri et al. [1998](#page-110-0); Scarselli et al. [2002\)](#page-111-0).

Binding of HCV to the host receptors and co-receptors triggers clathrin- and dynamin-mediated endocytosis resulting in the internalization of HCV into the cells (Blanchard et al. [2006;](#page-105-0) Meertens et al. [2006\)](#page-109-0). Following the fusion between endocytic vesicles and endosomes, the acidification of the endosomes triggers the fusion process of the viral envelope with the endosomal membrane, resulting in the release of HCV genome into the cytosol. Studies on glycoproteins of flaviviruses indicated that low pH could induce conformational changes of envelope proteins to expose the fusion peptide that mediates the membrane fusion (Lavillette et al. [2006;](#page-108-0) Tscherne et al. [2006\)](#page-112-0).

The released HCV genomic RNA then directs the synthesis of HCV proteins. The expression of NS4B protein alone is sufficient to induce membrane remodeling for the formation of clusters of membrane vesicles known as the membranous web, which provides a microenvironment for the assembly of the HCV RNA replication complex (Egger et al. [2002;](#page-106-0) Gosert et al. [2003\)](#page-107-0). The initial replication produces the negative-stranded RNA that will serve as the template for synthesis of the positivestranded genomic RNA.

The N-terminal residues of HCV core protein possess the property of selfassembly (Klein et al. [2004, 2005](#page-108-0)). It has been shown that HCV core proteins could form capsid-like particles in *E. coli* (Kunkel et al. [2001](#page-108-0)). That particular study also demonstrated that the self-assembly of the core protein required the minimum of 124 amino acids at the N-terminus of the core protein and structured RNA molecules. Indeed, the binding of the core protein to HCV RNA required the positivesense RNA from the 5′ end to nucleotide 2327 including the 5′UTR and a part of the ORF (Shimoike et al. [1999](#page-111-0)). Further studies indicated that the binding of core to HCV RNA was achieved through stem-loop domains I and III and the nucleotides 23–41 (Tanaka et al. [2000\)](#page-112-0). Shimoike et al. further demonstrated that the binding of core to nucleotides 1–344 of the viral genomic RNA suppressed the IRES-driven translation (Shimoike et al. [1999\)](#page-111-0). Taken together, the binding of the core protein to the viral genomic RNA seems to initiate the encapsidation process of the genomic RNA and simultaneously suppress the translation of HCV RNA.

HCV particles are further modified before they are released from the infected cells. One of the significant modifications is their association with lipid components. HCV particles found in both patient sera and cell culture media exhibited both low and high densities (reviewed in (Popescu and Dubuisson [2010\)](#page-111-0)). HCV particles with a low density due to association with apolipoproteins and triacylglycerols were highly infectious whereas those with higher densities had lower infectivity (Andre et al. [2005;](#page-105-0) Gastaminza et al. [2006;](#page-107-0) Lindenbach et al. [2006\)](#page-109-0), indicating the importance of lipid components in its infectivity. HCV assembly takes place on lipid droplet (LD), an organelle for the storage of intracellular lipids (Li et al. [2009\)](#page-109-0). LDs have a core structure made up of triacylglycerols and cholesteryl esters surrounded by a single layer of phospholipids. The proximal localization of LDs to ER membranes permits an efficient transfer of the core protein from the ER to LDs. The maturation of the core protein requires the cleavage between core and E1 by a signal peptidase followed by a second cleavage for the removal of the signal sequence by a signal peptide peptidase. The second cleavage is thought to be essential for the localization of the core protein to the proximity of LD (McLauchlan et al. [2002\)](#page-109-0). The D2 hydrophobic domain in the C-terminus of the core protein mediates the association of the protein to LD (Barba et al. [1997;](#page-105-0) Qiang and Jhaveri [2012\)](#page-111-0). In hepatocytes, LDs are essential for the secretion of very low density lipoproteins

(VLDLs), for which the microsomal triglyceride transfer protein (MTP) and apolipoprotein B (ApoB) are indispensable (Popescu and Dubuisson [2010](#page-111-0)). Although the exact mechanism of how MTP and ApoB participate in the production of VLDL remains unclear, it is known that MTP interacts with ApoB and transfers triacylglycerols to VLDL (Sundaram and Yao [2010\)](#page-111-0). Then the pre-VLDL accepts bulk lipids from LDs to become a mature form of VLDL. Studies correlating the maturation of HCV particles and the maturation of VLDL have improved our understanding of the maturation and the secretion processes of HCV particles (Gastaminza et al. [2006,](#page-107-0) [2008](#page-107-0); Huang et al. [2007b](#page-107-0)). The inhibition of MTP activity abolished VLDL assembly as well as its secretion (Wang et al. [1999\)](#page-112-0). Similarly, the inhibition of MTP prevented the secretion of infectious HCV particles from infected cells (Gastaminza et al. [2008\)](#page-107-0). It had also been demonstrated that the depletion of ApoB with shRNA specific for ApoB also impaired the HCV infectivity. This observation was further supported by the finding that membrane vesicles containing HCV replication complexes isolated from infected human hepatoma cells displayed high levels of proteins involved in VLDL production, including ApoB, ApoE, and MTP (Huang et al. [2007b](#page-107-0)). Therefore, it is likely that HCV exploits the synthesis and secretion pathway of VLDL for its assembly and egress.

4.3 Immune Evasion and Chronicity of HCV

The resolution of acute HCV infection requires efficient innate and adapted immune responses. However, HCV is able to evade these immune responses to establish chronic infection in approximately 75–85% of patients it infects. Studies in recent years have significantly improved our knowledge on how HCV evades host immunity to attain persistence.

During the process of infection, microbial pathogens entering into hepatocytes will encounter various host defense mechanisms. This will culminate in the production of interferons (IFNs) and vigorous antiviral responses. There are three classes of IFNs based on the receptor complexes that they engage. Among these classes, type I IFNs are the best characterized. Type I IFNs include 13 IFN-α subtypes, IFNβ, IFN-κ, IFN-ε, IFN-ο, IFN-τ, and IFN-δ. These molecules bind to the IFN-α receptor (IFNAR) 1 and 2. Upon binding of type I IFNs to the IFNAR1/IFNAR2 dimer, the signaling cascade is initiated, leading to the production of IFN-stimulated genes (ISGs) such as ISG15, the GTPase myxovirus resistance $1 \, (Mx1)$, ribonuclease L (RNaseL), 2′-5′ oligo adenylate synthetase (OAS), and protein kinase RNAactivated (PKR) (Sadler and Williams [2008](#page-111-0)).

The production of IFNs is stimulated by pattern-recognition receptors (PRRs) that sense pathogen-associated molecular patterns (PAMPs). The retinoic acid inducible gene-I (RIG-I)-like receptors (RLRs) including RIG-I, melanoma differentiation antigen 5 (MDA5), and laboratory of genetics and physiology 2 (LGP2) are PRRs that detect intracellular PAMPs. Both RIG-I and MDA5 recognize double-stranded RNA (dsRNA) to induce type I IFNs, although the specific PAMPs that they detect are different (Stetson and Medzhitov [2006\)](#page-111-0). Toll-like receptors (TLRs) are also a family of PRRs and an important part of the host innate immune system. TLR1, TLR2, TLR4, TLR5, and TLR6 are expressed on the cell surface to detect PAMPs from bacteria, fungi, and viruses. TLR3, TLR7, TLR8, and TLR9 reside in endosomes and recognize intracellular viral nucleic acids. HCV could disrupt the PRR signaling pathways. The HCV NS3/4A protease blocked the RIG-I signaling by cleaving MAVS/IPS-1/VISA/Cardif (Foy et al. [2005](#page-106-0); Li et al. [2005\)](#page-108-0), an important adaptor molecule for RIG-I signaling (Lin et al. [2006\)](#page-109-0). NS3/4A could also cleave Toll/interleukin-1 receptor/resistance domain-containing adaptorinducing interferon-β (TRIF), an important adaptor that mediates TLR3 signaling for the activation of IFN regulatory factor 3 (IRF-3), thus suppressing IFN production (Li et al. [2005](#page-108-0)). In 293T cells, NS3/4A bound to TBK1 and interfered with its association with IRF-3 (Otsuka et al. [2005](#page-110-0)). The binding of NS4B to the stimulator of interferon genes (STING) in the ER membrane disrupted the association between STING and MAVS that was essential for IFN-β production (Nitta et al. [2013](#page-110-0)). In addition, NS5A was implicated in the inhibition of PKR and OAS through direct binding. NS5A could also bind to MyD88 and inhibit TLR signaling (reviewed in (Bowie and Unterholzner [2008\)](#page-105-0)). The activation of PKR inhibited the cap-dependent protein translation by inactivating the translation initiation factor $eIF2\alpha$ and hence suppressed the translation of IFNs (Arnaud et al. [2010, 2011](#page-105-0)). It did not affect HCV protein translation, which is mediated by IRES and is cap-independent.

Although the signal transduction leading to IFN production was hampered by the expression of HCV proteins, other studies suggested the engagement of TLRs in the host defense against HCV. IFN-β produced by TLR7, which detects singlestranded RNA, could suppress HCV replication (Lee et al. [2006\)](#page-108-0). Our lab also found that HCV induced the expression of tumor necrosis factor- α (TNF- α) in hepatocytes after infection (Lee et al. [2015](#page-108-0)). This induction was mediated by TLR7 and TLR8, which reside in endosomes and are activated by single-stranded RNA. The induction of TNF- α by HCV was biphasic, with the first-phase induction occurring soon after the endocytosis of HCV particles at 2 h post-infection. As this first-phase induction was prompt, TLR7 and TLR8 likely sensed a PAMP in the HCV genomic RNA either due to the disintegration of the viral particles soon after their endocytic uptake or the delivery of newly uncoated HCV RNA from the cytosol back into the endosomes. This first phase subsided at about 8 h after infection. The second-phase induction was detected at 24 h post-infection. TNF- α is required for type I interferon signaling, as the silencing of either TNF-α or its receptor TNFR1 abrogated the expression of IFN-α receptor 2 (IFNAR2) and desensitized HCV-infected cells to type I IFNs. As the expression of IFNs by HCV-infected hepatocytes was inefficient, it is likely that $TNF-\alpha$ expressed by HCV-infected hepatocytes supports the expression of IFNAR2 through the autocrine mechanism to sensitize infected cells to IFNs produced by other cell types such as macrophages, the main producer of type I IFNs.

Concomitant with the second-phase induction of TNF- α by HCV at 24 h postinfection was the loss of TNFR1, apparently degraded in lysosomes (Lee et al. [2015\)](#page-108-0). It is known that internalized cell surface receptors after their activation may be recycled back to the cell surface. This is true for TNFR1. However, the disappearance of TNFR1 during HCV infection possibly indicated a failure in recycling of the internalized TNFR1. Human adenovirus E3-10.4K/14.5K (RIDα/β) complex is also called receptor internalization and degradation (RID) due to its ability to down-regulate cell surface receptors such as epidermal growth factor receptor (EGFR) and TNFR1 (Chin and Horwitz [2005\)](#page-105-0). Chin et al. demonstrated that the binding of RID to TNFR1 led to the dynamin-dependent and endosomal/lysosomaldependent down-regulation of TNFR1 from the cell surface (Chin and Horwitz [2005\)](#page-105-0). The poliovirus protein 3A could also induce the disappearance of cell surface TNFR1 (Neznanov et al. [2001](#page-110-0)). A positive correlation between the up-regulation of TNFR1 in dendritic cells and the SVR in HCV patients had been observed (Cubillas et al. [2010](#page-106-0)). Our result indicated that silencing of TNF- α exacerbated the disappearance of TNFR1 (data not shown). How HCV induces the degradation of TNFR1 is an interesting question, and the answer to this question will provide important information for further understanding how HCV evades the host defense mechanisms.

Interestingly, although TNF- α could support IFN signaling to suppress HCV replication, it had also been shown to promote HCV infection through a paracrine mechanism to disrupt the tight junctions and promote the entry of the virus into polarized hepatocytes (Fletcher et al. [2014\)](#page-106-0).

4.4 Cell Death and Liver Injury in Chronic HCV Infection

Liver diseases associated with chronic HCV infection include steatosis, cirrhosis, and HCC (Yamane et al. [2013\)](#page-112-0). HCV proteins and replication can directly cause lipid accumulation, ER stress, oxidative stress, hepatic cell death, and cellular transformation. Liver injuries during chronic HCV infection can also be due to inflammatory responses as well as the deaths of infected and bystander hepatocytes targeted by cytotoxic T lymphocytes (CTLs) and other immune cells (Cecere et al. [2004;](#page-105-0) Heydtmann [2009\)](#page-107-0). Prolonged hepatic cell death and regeneration are linked to the pathological progression of liver diseases during chronic HCV infection. For instance, UTP and ATP released from apoptotic bodies can activate $P2Y_2$ purinergic receptors on hepatic stellate cells (HSCs) (Elliott et al. [2009\)](#page-106-0). The transdifferentiation of HSCs into invasive myofibroblast-like cells stimulates production of an excessive amount of extracellular matrix (ECM) components and type I collagen, characteristics of matrix remodeling in liver fibrosis. HCV-infected hepatocytes also produce transforming growth factor-β (TGF-β), a key pro-fibrogenic cytokine, which boosts the activation and proliferation of HSCs (Presser et al. [2013\)](#page-111-0).

Mechanistic explanations of cell death associated with HCV-induced liver injury derived from in vitro and in vivo studies include the activation of programmed cell death, the production of reactive oxygen species (ROS), reactive nitrogen species (RNS), and altered lipid metabolism. Modes of cell death include apoptosis, necrosis, necroptosis, and autophagy.

4.4.1 Apoptosis: Implications in Inflammation

Apoptosis is a programmed cell death induced by various stimulants such as the fluctuation of intracellular ions, DNA damage, signal transduction, and infection. Two pathways of apoptosis are known: extrinsic and intrinsic. The extrinsic pathway of apoptosis is triggered by the stimulation of death receptors, while the intrinsic pathway is initiated by a variety of cellular stresses causing mitochondrial damages. Both pathways activate caspase cascades that merge at caspase-3 as an executioner. Caspases are cysteine proteases that cleave after specific aspartic acid residues and are activated during apoptosis. Unlike necrosis, another type of cell death, apoptosis, characterized by chromatin condensation, nuclear fragmentation, cell shrinkage, and membrane blebbing, does not spill out intracellular contents. However, massive apoptosis of cells can influence the interstitial milieu and the neighboring cells.

A positive correlation between hepatic apoptosis and the severity of inflammation has been established in chronic HCV patients. The hepatocytes of patients with chronic HCV infection had increased expression levels of Fas (CD95) and FasL (CD95L), which trigger cell death and inflammation in the liver (Ferenbach et al. [1997;](#page-106-0) Hiramatsu et al. [1994;](#page-107-0) Seidel et al. [2005](#page-111-0)). In addition, the activation of caspases and the cleavage of poly (ADP-ribose) polymerase (PARP), a hallmark of apoptosis, were detected in HCV-infected liver and positively correlated with the degree of inflammation and liver injury (Bantel et al. [2001;](#page-105-0) Nelson et al. [1997](#page-110-0)). The secretion of the pro-inflammatory cytokine TNF-α by HCV-specific CTLs was also evident in the liver infected by HCV (Ando et al. [1997;](#page-104-0) Koziel et al. [1995\)](#page-108-0). Despite the distinct presence of immune responses during HCV infection, most HCV patients failed to clear the viral infection. This may be due to the loss of HCVspecific CD8+ T-lymphocytes by apoptosis during acute infection and the loss of active memory states of the lymphocytes during chronic infection (Radziewicz et al. [2008\)](#page-111-0). Studies using ectopically expressed HCV proteins presented inconsistent results on the relationship between HCV and apoptosis. For instance, HCV core had been reported to be pro-apoptotic by some (Benali-Furet et al. [2005;](#page-105-0) Chou et al. [2005\)](#page-105-0) and anti-apoptotic by others (Jahan et al. [2011](#page-107-0); Nguyen et al. [2006;](#page-110-0) Saito et al. [2006](#page-111-0)). Cell culture-based HCV infection studies using the JFH-1 virus provided more consistent results, which indicated that HCV infection could directly induce apoptosis or enhance the apoptotic response to stimuli (Wakita et al. [2005\)](#page-112-0).

Failure to maintain cellular homeostasis and the increase in oxidative stress, ER stress, or calcium influx can cause the depolarization of mitochondria and the release of pro-apoptotic factors such as cytochrome C and apoptotic protease activating factor 1 (Apaf-1) into the cytosol to initiate intrinsic apoptosis (Breckenridge et al. [2003;](#page-105-0) Kannan and Jain [2000\)](#page-108-0). The infection of Huh7 and Huh7.5 hepatoma cells with HCV resulted in a delay in cell proliferation and the induction of apoptosis as evidenced by DNA fragmentation, cell rounding, and the activation of caspase-3 (Deng et al. [2008\)](#page-106-0). It also induced the accumulation of Bax, a pro-apoptotic member of the Bcl-2 family, on the mitochondrial membrane to cause an alteration of the mitochondrial membrane potential $(\Delta \Psi m)$ and the release of cytochrome C into the cytosol (Deng et al. [2008\)](#page-106-0). The expression of HCV proteins NS5A and core was sufficient to induce ER stress, the increase of cytosolic Ca^{2+} , and the production of ROS/RNS (Dionisio et al. [2009\)](#page-106-0). HCV, however, has also developed mechanisms to suppress apoptotic cell death. It induced dynamin-related protein 1 (Drp1) to enhance mitochondrial fission and mitophagy, a form of autophagy that selectively removes damaged mitochondria, to facilitate the clearance of damaged mitochondria to shun apoptosis and the activation of the interferon-stimulated response element (ISRE) (Kim et al. [2014](#page-108-0)). This removal of damaged mitochondria also allowed the maintenance of the energy level generated by glycolysis, which supports the propagation of the virus (Kim et al. [2014\)](#page-108-0).

The extrinsic apoptotic pathway involves the activation of death receptors including TNF-α receptors, Fas, and TNF-related apoptosis-inducing ligand (TRAIL) receptors. TNF-α has multiple activities including the induction of apoptosis. The TNF- α receptor TNFR1 is also known as death receptor 1 (DR1) because its C-terminal cytosolic domain contains the death domain (DD). Upon the binding of TNF-α, the DD of TNFR1 recruits TNFRSF1A-Associated via Death Domain (TRADD), a DD-containing adaptor proteins and Fas-Associated protein with Death Domain (FADD) in a sequential order. The receptor complex then activates caspases and induces apoptosis (Micheau and Tschopp [2003](#page-109-0); Schutze et al. [2008\)](#page-111-0). However, the end result of signaling through TNFR1 is actually more complicated due to the formation of two signaling complexes, TNFR1 complex I and II, after its activation (Micheau and Tschopp [2003;](#page-109-0) Vanlangenakker et al. [2011](#page-112-0)). RIP1 plays a decisive role in switching between the two temporally and spatially distinct complexes. Complex I (TNFR1-CI), formed on the plasma membrane, recruits RIP1 and cellular inhibitor of apoptosis proteins (cIAP) 1 and 2 (Haas et al. [2009](#page-107-0)). The polyubiquitination of RIP1 in the presence of cIAP1/2 allows the activation of TABtransforming growth factor-β-activated kinase 1 (TAK1) and IκB kinase (IKK), leading to degradation of inhibitor of NF-κB (IκB) and the activation of NF-κB. NEMO, one of the IKK components, binds to RIP1 to sequester it from caspase-8. In this manner, TNFR1-CI plays an anti-apoptotic role. TNFR1 complex II (TNFR1- CII) forms upon the internalization of TNFR1 and the sequential recruitment of TRADD, RIP3, FADD, and caspase-8. The deubiquitination of RIP1 by cylindromatosis (CYLD) directs RIP1 to TNFR-CII where it is cleaved by caspase-8. This event activates caspase-dependent apoptosis. Caspase-8 also cleaves cIAP1/2 to inhibit the signaling from complex I. On the contrary, an endogenous caspase-8 inhibitor called cellular FADD-like interleukin-1β-converting enzyme (FLICE)-like inhibitory protein (cFLIP) resulted from the activation of complex I inhibits FADD/ caspase-8 induced apoptosis. Thus, these two complexes mutually suppress each other to control the life and death of the cell.

Reports regarding the effects of HCV viral proteins on TNF-α-mediated apoptosis are complex and contradictory. The HCV protein NS5A inhibited TNF-αmediated apoptosis by binding to TRADD, thus blocking further signaling from TNFR1 (Majumder et al. [2002;](#page-109-0) Miyasaka et al. [2003](#page-109-0)). In another study, the binding of NS5A with TNF receptor-associated factor 2 (TRAF2) inhibited NF-κB activation and enhanced apoptosis in response to TNF- α (Park et al. [2002\)](#page-110-0). HCV core had also been shown to inhibit the caspase-8 activation induced by TNF-α by sustaining the expression of cFLIP (Saito et al. [2006\)](#page-111-0). The association of the core protein with TNFR1 enhanced NF-κB activation and suppressed apoptosis (Zhu et al. [2001](#page-113-0)). Zhu et al., on the contrary, proved that HCV core facilitated FADD recruitment to TNFR1 and potentiated apoptosis by TNF- α (Zhu et al. [2001](#page-113-0)). These inconsistent results suggest that the effect of HCV proteins after TNF- α treatment depends on TNFR1-CI for cell survival and TNFR1-CII for cell death.

In contrast, cell culture-based infection studies largely agreed on the fact that HCV either promoted apoptosis or sensitized cells to apoptosis. It was shown that HCV infection up-regulated TRAIL and death receptors (DR) 4 and 5 in LH86 hepatoma cells (Zhu et al. [2007](#page-113-0)), which could sensitize cells to apoptosis. While naive Huh7 human hepatoma cells were not responsive to TRAIL, Huh7 cells containing the HCV RNA replicon underwent apoptosis when stimulated by TRAIL (Deng et al. [2012\)](#page-106-0). HCV infection of hepatoma cells primed the cells for TRAILand TNF-α-mediated apoptosis (Jang et al. [2014;](#page-107-0) Park et al. [2012](#page-110-0)). In particular, HCV infection sensitized hepatoma cells to TNF-α-induced cell death by suppressing the NF-κB activation (Park et al. [2012\)](#page-110-0).

4.4.2 Reactive Oxygen Species: Implications in Hepatic Cell Death and Tumorigenesis

Reactive oxygen species (ROS) are naturally occurring free radical derivatives of oxygen molecules produced during aerobic respiration. ROS is mainly produced by mitochondria and the ER as by-products of cellular metabolic processes. They include superoxide (O_2^-) , peroxide (O_2^2) , hydroxyl radical (OH⁺), hydrogen peroxide $(H₂O₂)$, and others. Due to the high reactivity of their unpaired electron, excessive levels of ROS can jeopardize the integrity of the cell by affecting macromolecules like proteins, lipids, and DNA. Cells can protect themselves against ROS by expressing antioxidant enzymes including superoxide dismutase (SOD), catalase, and glutathione peroxidase. They can also neutralize ROS by using antioxidants such as diet-derived vitamins A, E, B6, B12 and C, tocopherol, carotenoids, selenium, zinc, and glutathione (GSH) (Cichoz-Lach and Michalak [2014](#page-105-0); Reshi et al. [2014](#page-111-0)). The neutralization of ROS by SOD, for example, occurs through the conversion of two ROS molecules into molecular oxygen and hydrogen peroxide. The latter is then further converted to water and oxygen by catalase. Therefore, maintaining the balance between oxidants and anti-oxidants in a physiologically tolerable range is critical for cellular homeostasis. The term oxidative stress refers to a hazardous state in a cell attained either due to the excessive production of ROS or the inefficient removal of ROS.

HCV induces oxidative stress. Patients with chronic HCV infection exhibited an elevated level of ROS (Barbaro et al. [1999](#page-105-0); Ivanov et al. [2013;](#page-107-0) Paracha et al. [2013](#page-110-0))

and malondialdehyde (MDA), a product of lipid peroxidation (Farinati et al. [1995\)](#page-106-0). The correlation between chronic HCV infection and a reduced copy number in mitochondrial DNA as a result of oxidative stress had also been reported (Yen et al. [2012\)](#page-113-0). HCV infection of Huh7.5.1 hepatoma cells induced ROS and TGF-β (Lin et al. [2010](#page-109-0)). The latter likely plays important roles in the progression of hepatic fibrosis during chronic HCV infection in patients. The induction of ROS by HCV was through multiple mechanisms including the induction of ER stress and mitochondrial dysfunction. The individual expression of HCV proteins including core, E1, E2, NS4B, and NS5A core was sufficient to induce ER stress (Ploen and Hildt [2015\)](#page-110-0). NS5A and core could also induce the release of $Ca²⁺$ from the ER by inhibiting the sarcoplasmic/endoplasmic reticulum calcium ATPase (SERCA) (Dionisio et al. [2009](#page-106-0); Gong et al. [2001\)](#page-107-0). HCV core could also enhance the activity of the mitochondrial permeability transition pore and increase the $Ca²⁺$ influx into mito-chondria (Li et al. [2007\)](#page-108-0). The mitochondrial dysfunction as a result of Ca^{2+} uptake stimulated the production of ROS in cells harboring HCV proteins (Medvedev et al. [2016\)](#page-109-0). This would result in a decrease in ATP synthesis and changes in oxidative phosphorylation along with damages to mitochondrial DNA (mtDNA) to exacerbate the liver damage (Cichoz-Lach and Michalak [2014\)](#page-105-0). NS3 could also trigger the ROS production via the activation of NADPH oxidase in monocytes (Bureau et al. [2001\)](#page-105-0) and lymphocytes (Thoren et al. [2004\)](#page-112-0). Garcia-Mediavilla et al. also demonstrated that both NS5A and the core protein expressed in hepatocyte-derived cells were able to induce ROS and RNS upon stimulation with cytokines and up-regulate iNOS gene expression (Garcia-Mediavilla et al. [2005](#page-106-0)). ROS could suppress HCV RNA replication, likely by disrupting the HCV RNA replication complex (Choi et al. [2004;](#page-105-0) Huang et al. [2007a](#page-107-0); Medvedev et al. [2016\)](#page-109-0). Perhaps for this reason, HCV proteins could also activate the cellular antioxidant pathways. HCV core, E1, E2, NS4B, and NS5A could induce genes containing the antioxidant response element (ARE) via ROS-dependent and independent mechanisms (Ivanov et al. [2011\)](#page-107-0). Another study demonstrated that the AP-1 activation by NS5A via p38 MAPK and JNK led to the expression of the antioxidant MnSOD (Qadri et al. [2004\)](#page-111-0). Interestingly, ROS has also been proposed to cause mutations in the viral genome and help the virus to escape host immune responses (Forns et al. [1999](#page-106-0)).

ROS affects mitochondrial permeability by altering mitochondrial membrane potential. As mentioned above, this can result in the release of cytochrome C and the activation of the caspase cascade, causing cell death. HCV-induced apoptosis was linked to Bax activation due to oxidative stress and the decrease in the levels of NF-κB and anti-apoptotic BCL-xL (Joyce et al. [2009\)](#page-108-0). Pro-apoptotic Bax forms channels on the outer membrane of mitochondria for the release of cytochrome C. The observation that HCV induced apoptosis via the induction of oxidative stress was further supported by the finding that the antioxidant N-acetylcysteine (NAC) and the Jun N-terminal kinase (JNK) inhibitor, SP600125, suppressed transcriptional up-regulation of Bim, the pro-apoptotic bcl-2-like-protein 11, during HCV infection (Deng et al. [2015](#page-106-0)). The susceptibility of mtDNA to oxidative stress in hepatitis C patients (Yen et al. [2012](#page-113-0)) is presumably due to its proximity to the electron transport chain (Reshi et al. [2014\)](#page-111-0). Damaged mtDNA can cause failure in cellular respiration due to impaired synthesis of mitochondrial proteins of the respiratory chain complex, which ultimately leads to apoptosis (Arciello et al. [2013\)](#page-105-0).

Other pathogenic effects of oxidative stress in HCV-related fibrosis and liver cancer had been suggested. ROS can decrease the level of GSH and induce the expression of pro-fibrogenic TGF-β to promote hepatic fibrosis and inflammatory liver diseases (Poli [2000\)](#page-111-0). The ectopic expression of the HCV E2 protein in HSC-T6, a hepatic stellate cell (HSC) line, induced the ROS-related activation of this cell line, which then produced collagen α and α -smooth muscle actin (α -SMA) (Ming-Ju et al. [2011\)](#page-109-0). While the production of collagens and the differentiation of HSCs into myofibroblasts can contribute to the development of hepatic fibrosis, the biological significance of this finding is unclear, as HCV is not known to infect HSCs. Oxidative DNA damage can activate p53 to induce apoptosis to prevent the accumulation of genomic aberrations and the initiation of carcinogenesis. The up-regulation of 3β-hydroxysterol Δ24-reductase (DHCR24) in connection with oxidative stress in cells harboring full-length HCV genome had been reported (Tsukiyama-Kohara [2012\)](#page-112-0). DHCR24, an enzyme involved in cholesterol biosynthesis, suppressed p53 induced apoptosis in these cells and thus its up-regulation by HCV implicated its involvement in HCV-induced hepatocarcinogenesis.

As mentioned above, oxidative stress can induce lipid peroxidation, which is the modification of the carbon-carbon double bonds found in polyunsaturated fatty acids (PUFAs) by free radicals to produce lipid peroxyl radicals and lipid hydroperoxides. Lipid peroxidation can be counteracted by the expression of antioxidant genes, and, if this antioxidant defense mechanism is impaired, cell death ensues. Lipid peroxidation had recently been shown to suppress the infectivity of HCV H77c (genotype 1a) and N (genotype 1b) strains by affecting NS4A and NS5B in the HCV RNA replication complex at amino acid residues within or proximal to the transmembrane domains (Yamane et al. [2014](#page-112-0)).

4.4.3 Autophagy: Implications in Cell Survival and Cancer

Autophagy is a process in which cytoplasmic contents and organelles are sequestered in membrane vesicles called autophagosomes for delivery to lysosomes for degradation and recycling. During starvation, autophagy supplies nutrients for cell survival by breaking down cellular macromolecules such as proteins, carbohydrates, and lipids. Autophagy is also important for maintaining cellular homeostasis by removing misfolded proteins to lessen the ER stress, damaged organelles, and protein aggregates.

The initiation of autophagy usually requires a complex comprised of Beclin-1, the class III phosphatidylinositol-3-kinase (PI3KC3) Vps34, Atg14, and p150. This complex produces phosphatidylinositol-3-phosphate (PI3P), which recruits the double FYVE-containing protein 1 (DFCP1) and the WD-repeat domain phosphoinositide-interacting (WIPI) protein for the formation of omegasomes and phagophores, the precursors of autophagosomes. The conjugation of Atg5 to Atg12 by E1 ubiquitin ligase-like Atg7 and by E2 ubiquitin ligase-like Atg10 creates the Atg5-Atg12 conjugate, which then becomes associated with Atg16. The resultant E3-like complex is required for the elongation of phagophores. The microtubuleassociated protein light chain 3 (LC3) is cleaved at its C-terminus by Atg4 to produce LC3-I. Atg3, Atg4, and Atg7 further modify LC3-I by conjugating LC3-I to phosphatidylethanolamine (PE). This produces the lipidated form LC3-II, which will be redirected from cytosol to outer and inner surfaces of phagophores. During translocation to phagophores, LC3-II binds to and brings unfolded or ubiquitinated proteins with it for degradation. The recruitment of LC3-II to phagophores leads to the formation of the enclosed double-membrane autophagosomes. V-ATPase, the vacuolar-type ATP-dependent proton pump, lowers the pH inside autophagosomes. Upon the fusion between autophagosome and lysosome, the acidic content in autolysosome allows the activation of lysosomal enzymes and the degradation of the cargos of autophagosomes.

Basal level autophagy under normal conditions is mostly mediated by Unc-51 like autophagy activating kinase (Ulk1). Ulk1 can transmit autophagic signals triggered by the activation of 5′adenosine monophosphate-activated protein kinase (AMPK) or the inactivation of mammalian target of rapamycin (mTOR). The ER stress induced by HCV could inactivate the Akt-mTOR signaling pathway, which led to induction of autophagy (Huang et al. [2013a\)](#page-107-0).

The ER stress will induce the unfolded protein response (UPR) by activating three key enzymes: the inositol-required protein 1 (IRE1), the activating transcription factor 6 (ATF6), and the protein kinase-like ER kinase (PERK). IRE1 is an RNase that induces the splicing of the XBP1 RNA for the expression of XBP1. ATF6 is cleaved under the ER stress, which leads to the nuclear localization of its cytosolic domain. Both XBP1 and the activated ATF6 are transcription factors that can bind to the ER stress response element (ERSE) and the UPR element (UPRE) to activate the expression of genes involved in protein folding and ER-associated degradation (ERAD) of proteins. PERK phosphorylates and inactivates the translation initiation factor eIF2 α to suppress the cap-dependent translation to alleviate the ER stress. It can also induce the expression of CCAAT/−enhancer-binding protein homologous protein (CHOP), which downregulates the anti-apoptotic mitochondrial protein Bcl-2 to induce apoptosis if the ER stress prolongs.

HCV can induce autophagy via the induction of ER stress and the UPR (Ke and Chen [2011;](#page-108-0) Sir et al. [2008\)](#page-111-0). The silencing of IRE1, ATF6, or PERK suppressed the LC3 lipidation and HCV replication, indicating the involvement of the UPR in the induction of autophagy. Curiously, Mohi et al. reported that the induction of autophagy by HCV genotype 1b and 2a subgenomic replicons was independent of IRE1 (Mohl et al. [2012](#page-110-0)). The reason for this discrepancy of the results is unclear. Our laboratory also found that HCV NS5A and NS5B and the nascent HCV RNA colocalized with autophagosomes, indicating that the HCV RNA replication took place on autophagosomal membranes (Sir et al. [2012\)](#page-111-0). The importance of the localization of the replication complex to autophagosomal membrane was further verified by the observations that the inhibition of autophagy by silencing the expression of LC3 or Atg7 suppressed HCV RNA replication and that the purified autophagosomes could mediate HCV RNA replication in vitro (Sir et al. [2012\)](#page-111-0). Interestingly, the

expression of HCV NS4B alone was found to be sufficient to induce autophagosomes via the formation of a complex with Rab5 and Vps34 (Su et al. [2011](#page-111-0)).

In addition to its role in HCV replication, autophagy induced by HCV had also been suggested to improve the survival of HCV-infected cells, which otherwise might undergo apoptosis caused by the ER stress (Dash et al. [2016](#page-106-0)). Indeed, impairing autophagy in HCV replicon cells containing either the subgenomic or fullgenomic RNA led to the accumulation of vacuoles and cell death (Taguwa et al. [2011\)](#page-112-0), and the knockdown of Beclin-1 in immortalized human hepatocytes led to the activation of caspase-mediated apoptosis (Shrivastava et al. [2011](#page-111-0)). As mentioned above, HCV had also been shown to induce mitochondrial fission and mitophagy, which attenuated apoptosis to promote HCV persistence after infection (Kim et al. [2014](#page-108-0)). The continuous protection by autophagy of HCV-infected cells carrying damaged DNA may promote tumorigenesis (Pal et al. [2010](#page-110-0)). The disruption of autophagy by silencing Beclin 1 and Atg7 also enhanced the production of IFN- α , IFN-β, 2',5'-OAS1, and IFN- α -inducible protein 27 in immortalized human hepatocytes (IHH) infected by HCV, indicating that autophagy could also suppress host innate immunity (Shrivastava et al. [2011\)](#page-111-0).

4.4.4 Lipid Metabolism: Implications in Steatosis

HCV infection can induce steatosis (Modaresi Esfeh and Ansari-Gilani [2016\)](#page-110-0), which can progress to fibrosis and HCC (Ohki et al. [2008](#page-110-0); Yoon and Hu [2006\)](#page-113-0). Furthermore, hepatic steatosis in HCV patients is associated with poor responses to the combination therapy of IFN-α and ribavirin (Szanto et al. [2006;](#page-112-0) Yaginuma et al. [2006\)](#page-112-0). Studies using cell cultures indicated an important role of lipids in HCV replication. HCV acquired lipoproteins during its maturation process. The term lipo-viro-particles (LVP) refers to HCV particles that are associated with lipoprotein components including triglycerides, ApoB, and ApoE (Ujino et al. [2016](#page-112-0)). This association with lipoproteins significantly enhances the infectivity of HCV particles (Gastaminza et al. [2008](#page-107-0); Huang et al. [2007b](#page-107-0); Ujino et al. [2016\)](#page-112-0). ApoE, for example, specifically interacts with heparan sulfate on the cell surface prior to the receptormediated entry of HCV particles, and the blockage of this interaction totally abrogates HCV infection (Jiang et al. [2012](#page-108-0)). Lipid metabolizing pathways also assist in the morphogenesis and release of LVPs (Fukuhara et al. [2015\)](#page-106-0). The morphogenesis of HCV particles is closely associated with LDs, an intracellular storage of neutral fat and cholesterol. The viral capsid assembly is initiated by the association of the HCV core protein with membrane structures surrounding LDs (Miyanari et al. [2007\)](#page-109-0). The specific trafficking of HCV core to LDs requires diacylglycerol acyltransferase-1 (DGAT1) (Herker et al. [2010\)](#page-107-0). Similarly, the interaction of TIP47, an LD-associated protein, with HCV genomic RNA-loaded NS5A is indispensable for the release of infectious particles (Ploen et al. [2013a](#page-110-0), [b](#page-110-0)) and HCV replication (Vogt et al. [2013](#page-112-0)). The mechanism underling HCV egress is not fully understood. However, the physical resemblance between infectious LVP and lipoproteins and the

requirement of the coat protein complex II, a component in the assembly and secretion pathway of VLDL, suggest that HCV may use the lipoprotein pathway for viral release (Fukuhara et al. [2015](#page-106-0)). In addition, the finding that ApoE interacts with the viral protein NS5A offers an explanation to how ApoE participates in the assembly of viral particles (Cun et al. [2010](#page-106-0); Huang et al. [2007b\)](#page-107-0).

The ability of HCV to regulate cellular lipid metabolism allows the virus to enhance its replication and propagation. The accumulation of fat in hepatocytes can occur through several different mechanisms including enhanced lipogenesis, enhanced fatty acid uptake, changes in lipid metabolism, and a decrease in lipoprotein secretion (Negro [2006\)](#page-110-0). HCV induced de novo synthesis of fatty acid by upregulating fatty acid synthase (FASN), and the interaction between FASN and NS5B enhanced HCV replication (Huang et al. [2013b;](#page-107-0) Yang et al. [2008\)](#page-112-0). The expression of the HCV core protein alone could induce the expression of lipid metabolismrelated genes including sterol regulatory element binding protein 1 (SREBP-1), acetyl-CoA carboxylase (ACC), HMG-CoA reductase (HMGR), and HMG-CoA synthase (HMGS) (Yu et al. [2013\)](#page-113-0).

The modulation of major regulators of nutrient homeostasis AMPK and mTOR during viral infection is not uncommon and is highly related to viral pathogenesis (Brunton et al. [2013](#page-105-0)). HCV also regulates lipid metabolism by exploitation of cellular nutritional and energy pathways. AMPK is an energy sensor and regulator of energy homeostasis inside the cell. AMPK is activated by a low intracellular energy state dictated by an increased AMP/ATP ratio. In such a case, AMPK facilitates the breakdown of nutrient storages like fat and glycogen, while AMPK inhibits the synthesis of the two to supply ATP for maintenance of basic cellular functions. The inhibition of AMPK resulted in a lipid-rich environment. In contrast, the downregulation of the AMPK activity by phosphorylation at serine residues 485 and 491 resulted in high intracellular lipid contents, which enhanced the replication of HCV RNA (Yu et al. [2013\)](#page-113-0). The forced activation of AMPK by an AMP analog, 5-aminoimidazole-4-carboxamide 1-β-D-ribofuranoside (AICAR) suppressed HCV replication, while compound C, a specific AMPK inhibitor, inhibited the effect of AICAR on HCV (Nakashima et al. [2011\)](#page-110-0). The activation of AMPK by phosphorylating the LD-associated protein perilipin (PLIN) 2 led to the degradation of LDs via the chaperone-mediated autophagy (CMA) (Kaushik and Cuervo [2016\)](#page-108-0).

HCV infection causes the reorganization of membranes in hepatocytes to generate the membranous web, which contains the HCV RNA replication complex and a high concentration of phosphatidylinositol-4-phosphate (PI4P), which may be important for the formation of the membranous web (Ploen and Hildt [2015](#page-110-0); Wang and Tai [2016](#page-112-0)). The increase of PI4P in HCV-infected cells is due to the activity of HCV NS5A, which can bind to and activate phosphatidylinositol-4-kinase IIIα (PI4KA) (Wang and Tai [2016](#page-112-0)). The oxysterol-binding protein (OSBP) and the fourphosphate adaptor protein 2 (FAPP2) are two effectors of PI4P. They are lipid transfer proteins (LTPs) that are responsible for non-vesicular sterol and glycosphingolipid trafficking, respectively (Wang and Tai [2016\)](#page-112-0). PI4P likely plays an important role in the recruitment of cholesterol and sphingolipids, which are important for the formation of lipid rafts for HCV RNA replication (Saxena et al. [2012\)](#page-111-0).

The fat accumulation in hepatocytes induced by HCV can lead to chronic liver inflammation (Farinati et al. [1995](#page-106-0)), the resistance to IFNs (Gunduz et al. [2012\)](#page-107-0), and the resistance to insulin (Miquilena-Colina et al. [2011](#page-109-0)). Hepatic steatosis of chronic HCV patients was also correlated with apoptosis as evidenced by the caspase activation and the increased ratio of Bax/Bcl-2, where Bax promotes apoptosis and Bcl-2 suppresses apoptosis (Walsh et al. [2004](#page-112-0)). Increased caspase activities were also detected in the liver biopsies as well as in the serum of chronic HCV patients with hepatic steatosis (Seidel et al. [2005](#page-111-0)). Hepatic lipoapoptosis is a term describing apoptosis induced by the toxicity from excessive fatty acids and is prominent in non-alcoholic steatohepatitis (NASH) (Wree et al. [2011\)](#page-112-0). Free fatty acids (FFAs) sensitized hepatocytes to TRAIL by upregulating the expression of DR5, a TRAIL receptor, via JNK (Malhi et al. [2007\)](#page-109-0). The activation of JNK by FFAs also led to the activation of pro-apoptotic Bim, a BH3 domain-only protein and Bax (Malhi et al. [2006\)](#page-109-0). The induction of the steatosis state in HCV replicon cells with a mixture of the unsaturated oleic fatty acid and the saturated palmitic fatty acid enhanced HCV replication, which was accompanied by a reduced IFN response as well as a reduced cell viability (Gunduz et al. [2012](#page-107-0)).

4.5 Conclusion and Future Perspective

Host cells can sense viral infections and activate antiviral responses including autophagy, ROS, cytokines, and ISGs to suppress the replication of viruses and remove them, and if these defense mechanisms fail, cells will undergo apoptosis to prevent the continuous replication and propagation of viruses. In contrast, many viruses including HCV have also developed sophisticated mechanisms to subvert these intracellular antiviral responses to enhance their replication and persistence. HCV can disrupt PRR signaling pathways to suppress the expression of IFNs. It can also take control of the cellular lipid metabolism to enhance its replication. The host cell can respond to HCV infection by undergoing apoptosis. However, HCV has also evolved mechanism to suppress apoptosis for its persistent replication. The interactions between HCV and its host cells in the control of cell death and survival are summarized in Fig. [4.1](#page-104-0). As shown in the figure, HCV gene products and its replication can induce the ER stress, from which two distinct signaling events are generated. On one hand, the ER stress and the inhibition of SERCA by HCV causes leakage of $Ca²⁺$ from the ER into the cytosol, which enters mitochondria and results in the reduction of ΔΨm. Consequently, cytochrome C is released from the mitochondria, which leads to the initiation of intrinsic apoptosis of HCV-infected cells. On the other hand, HCV uses the ER stress and its associated UPR to induce autophagy/mitophagy to enhance its replication and to suppress the host innate immune response. This induction of autophagy/mitophagy can also enhance cell proliferation and tumorigenesis. HCV can also increase the level of ROS to cause oxidative stress, lipid peroxidation, host DNA damage, and cell death or the initiation of hepatocarcinogenesis. HCV infection can also activate TLR7/8 to induce the expression of TNF- α , which can support IFN signaling through an autocrine mechanism or promote HCV entry into naive

Fig. 4.1 Cell death vs. proliferation during HCV infection. HCV gene products and its replication induce the ER stress. The ER stress causes leakage of $Ca²⁺$ from the ER into the cytosol. The mitochondrial uptake of Ca²⁺ reduces the mitochondrial membrane potential $(\Delta \Psi m)$ and releases cytochrome C to the cytosol leading to the initiation of apoptosis. Damaged mitochondria generate ROS that causes oxidative stress, lipid peroxidation, and oxidative damage of genomic DNA. Oxidative attack of mitochondrial DNA can exacerbate apoptosis, while oxidative damage of genomic DNA can lead to hepatocarcinogenesis. The ER stress can also trigger autophagy and mitophagy via UPR to remove damaged mitochondria to promote cell survival and proliferation/ tumorigenesis

hepatocytes through a paracrine mechanism. TNF- α may also suppress apoptosis by activation NF-κB or induce extrinsic apoptosis via the distinct activities of TNFR1-CI and TNFRI-CII, respectively. Clearly, the interactions between HCV and its host cells are very complicated and a slight shifting of the balance can cause the cell to either undergo apoptosis for viral clearance or to survive, which will favor viral persistence and lead to hepatocarcinogenesis.

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Chapter 5 Hepatocyte Lethal and Nonlethal Lipotoxic Injury

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Abbreviations

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5.1 Introduction

Nonalcoholic fatty liver disease (NAFLD) is a major public health problem, associated with national increases in the prevalence of obesity and diabetes mellitus. NAFLD often occurs in the context of the metabolic syndrome associated with obesity, diabetes, hypertension, and elevated triglycerides (Rinella [2015](#page-126-0)). Insulin resistance is a cardinal feature of the metabolic syndrome. Insulin resistance results in enhanced adipose tissue lipolysis releasing an excess of free fatty acids into the circulation (de Almeida et al. [2002\)](#page-124-0). NAFLD can be subdivided into patients with isolated fatty liver (hepatic steatosis) and those who have nonalcoholic steatohepatitis. Isolated fatty liver likely represents a hepatocyte detoxification process where the surfeit of circulating free fatty acids are extracted by the hepatocyte and detoxified by esterification into neutral triglycerides. These neutral triglycerides are then stored in lipid droplets that are inert. Indeed, preclinical studies in mice deficient for a critical acyltransferase, DGAT2, an enzyme responsible for fatty acid esterification into triglycerides, have increased liver injury when fed NASH-inducing diet (Yamaguchi et al. [2007](#page-126-0)). This liver injury occurs in the absence of hepatic lipid accumulation. A subset of patients with hepatic steatosis develop an inflammatory condition of the liver. This inflammatory condition termed nonalcoholic steatohepatitis (NASH) can be associated with progressive liver injury, fibrosis, and even cirrhosis. These patients may develop all the sequelae of cirrhosis, including portal hypertension and its various complications, and hepatocellular carcinoma (Rinella [2015\)](#page-126-0). The mechanisms whereby hepatic inflammation occurs in obesity-associated NASH remain unclear, but appear to be related to lethal and nonlethal hepatocyte injury.

The lethal and nonlethal hepatocyte injury is due to toxic lipid signaling, a phenomenon termed lipotoxicity. To date, nonesterified fatty acids or free fatty acids have been predominantly implicated in lipotoxicity. Of the circulating free fatty acids, oleate and palmitate predominate (de Almeida et al. [2002](#page-124-0)). Oleate is a monounsaturated fatty acid and is nontoxic, whereas palmitate is a saturated fatty acid and is toxic (Malhi and Gores [2008](#page-125-0)). Palmitate is also a precursor to intracellular generation of lysophosphatidylcholine (LPC), which mimics palmitate toxicity (Han et al. [2008;](#page-125-0) Kakisaka et al. [2012a](#page-125-0)), and a precursor for de novo synthesis of C16:0 ceramide, which is increasingly linked to liver injury (Turpin et al. [2014;](#page-126-0) Raichur et al. [2014](#page-126-0)). Herein, we will define lethal and nonlethal hepatocyte injury in models employing palmitate and LPC, and how they likely contribute to NASH.

5.2 Lethal Hepatocyte Injury by Lipoapoptosis

Cellular apoptosis mediated by toxic lipids is termed lipoapoptosis. The role of hepatocyte lipoapoptosis in human NASH has been extensively studied. Apoptosis is increased in human NASH as assessed by the terminal deoxynucleotidyl

transferase dUTP nick end labeling (TUNEL) assay (Feldstein et al. [2003a\)](#page-124-0). This study demonstrated that the increase in TUNEL-positive cells correlates with the grade of inflammation and stage of fibrosis in NASH patients. These data suggest that hepatocyte apoptosis in the context of NASH either promotes the inflammation in NASH or it is a strong biomarker for lipotoxic events. Hence, the study of hepatocyte lipoapoptosis is quite germane to human NASH.

Free fatty acids induce lethal hepatocyte injury by triggering hepatocyte cell death by lipoapoptosis. The liver richly expresses death receptors, including Fas, tumor necrosis factor receptor 1 (TNFR1), and tumor necrosis factor-related apoptosis-inducing ligand (TRAIL) receptors 1 and 2 (Guicciardi and Gores [2009\)](#page-125-0). Ligation of the Fas receptor with Fas ligand induces rapid and profound hepatocyte apoptosis. Indeed, animals receiving a Fas agonist succumb to acute and fatal liver injury within hours (Ogasawara et al. [1993\)](#page-126-0). Mice fed an obesity-inducing diet rich in fat develop hepatic steatosis and are hypersensitive to Fas agonists as they rapidly undergo Fas-mediated liver injury at ligand concentrations inadequate to cause liver failure in lean animals (Feldstein et al. [2003b](#page-124-0)). Likewise, mice fed an obesityinducing diet with accompanying hepatic steatosis are also sensitive to TRAIL receptor-mediated liver injury (Hirsova et al. [2013](#page-125-0)). In contrast to Fas, normal hepatocytes are resistant to TRAIL, but steatosis converts the hepatocyte from being TRAIL insensitive to TRAIL sensitive. Enhanced TRAIL sensitivity is, in part, due to an upregulation of TRAIL receptor 2 (TRAIL-R2) and also induction of other proapoptotic proteins (see below). The role of tumor necrosis factor alpha (TNF α) and TNFR1 signaling in fatty liver disease remain controversial and complex. However, in some models, TNFR1 knockout mice are resistant to the induction of hepatic steatosis and liver injury (Feldstein et al. [2004\)](#page-124-0). Thus, all three death receptors may contribute to lipoapoptosis mediated by toxic lipids.

In addition to being activated by ligands, death receptors may also be activated by ligand-independent mechanisms. This has been extensively examined for TRAIL receptor signaling. The TRAIL receptor may be aggregated in the plasma membrane following exposure to lipotoxic molecules such as palmitate; likely this lipid promotes TRAIL receptor oligomerization in microdomains on the plasma membrane leading to proapoptotic signaling, which eventually culminates in caspasedependent cell death (Cazanave et al. [2011](#page-124-0)). Studies suggest that similar events may occur in intracellular membranes, such as endoplasmic reticulum (ER), and that ER stress, which also occurs in NASH, may promote proapoptotic TRAIL receptor signaling at intracellular membrane sites, including the ER (Fig. [5.1\)](#page-117-0) (Lu et al. [2014\)](#page-125-0).

In support of a role for TRAIL receptor signaling in NASH, a variety of studies have been conducted in TRAIL receptor-deficient mice. When TRAIL receptor knockout mice are fed an obesity-inducing diet rich in fat, fructose, and cholesterol, which mimics human NASH, the mice are protected from liver injury (Idrissova et al. [2015\)](#page-125-0). For example, the TRAIL receptor-deficient mice fed such a diet have decreased serum alanine transaminase values, markers of hepatocyte apoptosis, and hepatic fibrosis. These data suggest that TRAIL receptor signaling plays a key role in promoting NASH. The studies were, however, conducted in mice with germline deletion of the TRAIL receptor. Conditional knockout animal studies will be necessary

Fig. 5.1 Apoptotic signaling induced by palmitate treatment of hepatocytes. Hepatocyte treatment with palmitate results in ligand-independent clustering and activation of the death receptor TRAIL-R2 (tumor necrosis factor-like apoptosis-inducing ligand receptor 2), causing caspasedependent cell death. Palmitate also induces endoplasmic reticulum (ER) stress, which upregulates proapoptotic BH3-only protein PUMA and TRAIL-R2 via transcription factor CHOP (CAAT/ enhancer binding homologous protein)

to truly elucidate which cell types participate in this process. For example, TRAIL receptor signaling, in addition to being proapoptotic, can be proinflammatory (Hirsova et al. [2016;](#page-125-0) Gao et al. [2015](#page-124-0)), and perhaps TRAIL receptor signaling in immune cells also contributes to the NASH phenotype. Also, whether TRAIL receptor-mediated hepatic injury in mice is ligand-dependent or ligand-independent is unclear. Studies will also have to be performed in TRAIL ligand-deficient animals to fully understand TRAIL receptor signaling in obesity-associated liver injury.

In addition to modulation of death receptor proteins, hepatocyte apoptosis is also modulated by the proapoptotic and antiapoptotic members of the Bcl-2 protein family. The multidomain antiapoptotic members of this family include Bcl-2, Bcl-XL, and Mcl-1. The multidomain proapoptotic members include Bax and Bak plus BH3-only proteins. The BH3-only proteins share only the BH3 homology domain of the other members of the Bcl-2 family. The BH3-only proteins are the biosensors of proapoptotic signaling. These members neutralize the antiapoptotic proteins and activate Bax and Bak to induce cell death.

The Bcl-2 protein family has been extensively examined in vitro in hepatocytes treated with the saturated fatty acid palmitate. Palmitate induces Bim activation by upregulating its transcription via FoxO3A (Barreyro et al. [2007](#page-124-0)). Also, palmitate increases PUMA expression, a process involving the transcription factors CHOP and AP1 (Cazanave et al. [2010\)](#page-124-0). CHOP and AP1 heterodimerize to enhance transcription of the potent apoptotic inducer PUMA; indeed PUMA-deficient hepatocytes are resistant to palmitate-induced lipoapoptosis (Cazanave et al. [2009](#page-124-0)). Presumably, the activation and induction of Bim and PUMA sensitize the hepatocytes to death receptor-induced apoptosis (Fig. [5.1](#page-117-0)). This concept, which has not been directly tested, could be examined by rendering PUMA-deficient cells steatotic with fatty acids and then treating them with a TRAIL agonist.

5.3 Lipoapoptosis and Liver Injury

The most nefarious consequence of liver injury is hepatic fibrosis. An exuberant wound-healing response results in a spider web-like fibrosis network causing cirrhosis. Advanced cirrhosis results in chronic liver failure. The mechanisms by which apoptosis may promote fibrosis are complex and multifactorial. Apoptotic hepatocytes can be engulfed by stellate cells, which reside in the liver sinusoids. This engulfment results in the generation of the profibrogenic transforming growth factor $β$ (TGFβ) (Canbay et al. [2003b](#page-124-0)). The engulfment of apoptotic bodies by stellate cells also activates these cells to acquire a myofibroblast phenotype with increased expression of alpha-smooth muscle actin and secretion of collagen. Apoptotic bodies can also be engulfed by liver resident macrophages, known as Kupffer cells. Upon engulfment of apoptotic bodies, Kupffer cells also generate the profibrogenic cytokine TGF β (Canbay et al. [2003a](#page-124-0)). More importantly, they also increase expression of Fas ligand, which then in turn may induce hepatocyte apoptosis; this results in a feed-forward cycle whereby apoptosis activates Kupffer cells, which then generate Fas ligand, causing more hepatocyte apoptosis. This feed-forward loop likely exists in NASH, contributing to hepatic damage.

NASH has also been associated with the development of hepatocellular carcinoma, a consequence of liver inflammation and fibrosis. There are two potential models to explain this process. One is that hepatocyte apoptosis results in compensatory hepatocyte proliferation. The proliferating hepatocytes are then susceptible to mutagenic events in an inflammatory milieu, resulting in malignant transformation. Inflammatory signaling is important in this paradigm of malignant transformation as demonstrated by studies linking hepatic inflammation to NASH and hepatocellular carcinoma in a mouse model where hepatocyte expression of uroplasminogen activator is driven by major urinary protein promoter (Nakagawa et al. [2014\)](#page-126-0). In this model, endoplasmic reticulum stress, which is a feature of NASH, promoted hepatic inflammation and hepatocellular carcinoma. An alternative concept is that limited proapoptotic signaling results in the release of caspase-activated DNase (CAD) from hepatocyte mitochondria (Fig. [5.2\)](#page-119-0). The endonuclease activity of CAD then results in limited DNA damage. The DNA damage results in chromosomal instability, a hallmark of malignant transformation. Indeed, two recent papers suggest that CAD-associated chromosomal instability can lead to cellular transformation and tumor formation (Ichim et al. [2015;](#page-125-0) Liu et al. [2015](#page-125-0)).

In summary, hepatocyte apoptosis by death receptor signaling can promote inflammation through Kupffer cell engulfment of apoptotic bodies, hepatic fibrosis through

Fig. 5.2 Lethal versus sublethal proapoptotic signaling. Lethal proapoptotic signaling results in the release of caspase-activated DNase (CAD) from hepatocyte mitochondria, endonuclease activity of which results in unrepairable DNA damage and cell death. In contrast, during sublethal proapoptotic signaling the CAD endonuclease activity causes only limited DNA damage. This DNA damage results in chromosomal instability, which can lead to cellular transformation and tumor formation

engulfment of apoptotic bodies by stellate cells, and malignant transformation through limited hepatocyte DNA damage with associated chromosomal instability. Whether these processes are sufficiently robust in vivo to cause cirrhosis and liver cancer remains unclear.

5.4 Nonlethal Hepatocyte Injury

We will review two forms of nonlethal hepatocyte injury where recent advances have elucidated novel signaling mechanisms between injured hepatocytes and other cell types in the liver. One is the concept of the undead hepatocyte and the other is the release of extracellular vesicles induced by nonlethal, proapoptotic signaling in hepatocytes.

In developmental systems, proapoptotic stimuli may result in "damaged but undead" cells. These undead cells are viable and have aberrant production of proinflammatory and profibrogenic mediators (Fuchs and Steller [2011\)](#page-124-0). This has been modeled in isolated systems and in hepatocytes where a key caspase, such as caspase 9, is deleted from hepatocytes that are then treated with palmitate (Kakisaka et al. [2012b\)](#page-125-0). The caspase 9-deficient cells are unable to die following palmitate treatment but do display an aberrant phenotype. This aberrant phenotype is associated with release of sonic hedgehog, which is known to be profibrogenic in the liver in multiple preclinical models (Omenetti et al. [2011\)](#page-126-0). Based on these observations, we speculated that the ballooned hepatocyte in NASH is actually an undead cell. The presence of ballooned hepatocytes in NASH is an advanced histopathologic marker in this disease (Kleiner et al. [2005](#page-125-0)). However, other than its appearance as a NASH biomarker, the pathogenicity of this cell remains unclear. Immunohistochemical studies suggest that there is an absence of caspase 9 in ballooned hepatocytes and they may actually mimic the undead cell observed in developmental systems (Kakisaka et al. [2012b\)](#page-125-0). This concept has not been further explored except for this single report. However, a conditional liver deletion of the various executional caspases (e.g., caspase 3 or 9) could be used to explore these concepts in vivo.

One of the dilemmas is, in addition to the mechanisms above, how proapoptotic signaling promotes inflammation. It is well recognized that cell necrosis can result in the release of damage-associated molecular pattern (DAMP) proteins, which activate inflammatory cells through a multitude of processes, including activation of DAMP recognition receptors (Schaefer [2014](#page-126-0)). On the other hand, apoptotic bodies are membrane-bound and are thought not to release DAMP proteins into the interstitial space. Therefore, other than their engulfment by stellate cells and macrophages, it is unclear how apoptotic cells would be proinflammatory. It may be that apoptotic cells are simply a marker for widespread proapoptotic but nonlethal signaling. This hypothesis postulates that proapoptotic signaling is not sufficient to induce cell death in the majority of cells, but only in a minority. This minority cell population would undergo cell death by apoptosis, which by itself may not promote high level proinflammatory activity. Rather, the presence of apoptotic cells may serve as a biomarker for widespread, nonlethal proapoptotic signaling (Fig. [5.3\)](#page-121-0). The nonlethal proapoptotic signaling processes could result in the release of proinflammatory extracellular vesicles.

There has been a relative explosion of information on the release of proinflammatory extracellular vesicles (EVs) by hepatocytes in the last couple of years. Therefore, we will review these data in some detail. EVs may be released from intracellular multivesicular bodies and as such are constrained in size. These small vesicles are often called exosomes because of their biogenesis and origin from the multivesicular bodies (Raposo and Stoorvogel [2013](#page-126-0)). In addition, blebbing of the plasma membrane may result in the release of small vesicles of plasma membrane origin, which by convention are termed microvesicles. Regardless of their cellular source, EVs have been demonstrated in a variety of systems to be proinflammatory. Nonlethal proapoptotic signaling clearly results in the release of EVs. These vesicles

Fig. 5.3 Two concepts linking hepatocyte cell death and inflammation in NASH. (**a**). Hepatocyte cell death can directly promote inflammation via apoptotic bodies engulfed by macrophages. (**b**) Apoptotic cells can also be a marker for widespread proapoptotic but nonlethal signaling. The proapoptotic signaling is not sufficient to induce cell death in the majority of cells, but only in a minority. This minority cell population undergoing apoptosis may not induce significant proinflammatory response. Rather, the presence of apoptotic hepatocytes may serve as a biomarker for widespread, nonlethal proapoptotic signaling occurring in neighboring stressed cells. The nonlethal proapoptotic signaling could promote inflammation via release of proinflammatory extracellular vesicles from these stressed hepatocytes

are chemotactic for macrophages, and may also activate macrophages. The role EVs in recruiting and activating macrophages is highly relevant to NASH. Circulating monocytes are recruited into the liver in NASH (Miura et al. [2012](#page-125-0); Osborn and Olefsky [2012\)](#page-126-0). Once within the hepatic parenchyma, these monocyte-derived macrophages are activated to release inflammatory cytokines. Indeed, macrophages are considered to be a pivotal inflammatory cell type in NASH. There are now a couple of papers examining macrophage biology in the context of EV biology.

EV release from hepatocytes is significantly enhanced when the cells are treated with palmitate or LPC (Hirsova et al. [2016;](#page-125-0) Ibrahim et al. [2015](#page-125-0); Kakazu et al. [2016;](#page-125-0) Povero et al. [2013](#page-126-0)). The size of these EVs is approximately the same as EVs released by unstressed cells. The release of these vesicles is, in part, stimulated by stress kinases such as mixed lineage kinase 3, which is a sensor of toxic lipids (Ibrahim et al. [2015](#page-125-0)). Mixed lineage kinase 3 activates c-Jun N-terminal kinase (JNK), which is a known proapoptotic kinase. A recent publication demonstrates that the EVs released from hepatocytes treated with LPC are enriched in the chemokine (C-X-C

A. Cell death as an initiator of inflammation: cell death-induced inflammation

B. Cell death as a biomarker for stressed cells: stress-induced inflammation

Fig. 5.4 Toxic lipids promote release of proinflammatory EVs by hepatocytes. Toxic lipids, such as palmitate and its metabolite lysophosphatidylcholine, enhance EV release by mechanisms dependent on TRAIL-R2 (tumor necrosis factor-like apoptosis-inducing ligand receptor 2) signaling cascade, stress kinase mixed lineage kinase 3 (MLK3), and the ER stress sensor IRE1 α (inositol-requiring protein 1 alpha). The hepatocyte-derived EVs contain chemokines, such as chemokine (C-X-C motif) ligand 10 (CXCL10) and sphingosine 1-phosphate (S1P), which mediate monocyte/macrophage chemotaxis, and TNF-related apoptosis-inducing ligand (TRAIL), which contributes to macrophage activation

motif) ligand 10 (CXCL10) (Ibrahim et al. [2015\)](#page-125-0). Indeed, deficiency of mixed lineage kinase 3 or its pharmacological inhibitors decreased the release of CXCL10-bearing vesicles (Fig. 5.4). CXCL10 is a potent chemokine for both macrophages and neutrophils (Petrovic-Djergovic et al. [2015](#page-126-0); Hartl et al. [2008\)](#page-125-0). The mechanism by which lipotoxic lipids induce CXCL10 expression and packaging into EVs is unclear, but a subject of intense investigation. Of considerable importance is the fact that in preclinical models, the genetic deficiency of CXCL10 attenuates nonalcoholic steatohepatitis (Zhang et al. [2014](#page-126-0)).

Nonlethal but proapoptotic TRAIL receptor signaling may also promote a release of EVs from the plasma membrane of hepatocytes (Hirsova et al. [2016\)](#page-125-0). When primary mouse hepatocytes are treated with palmitate or LPC, there is a

striking increase in the release of EVs. This is markedly reduced in TRAIL receptordeficient hepatocytes. It appears that proapoptotic TRAIL receptor signaling results in activation of caspases which then cleave Rho-associated, coiled-coil-containing protein kinase 1 (ROCK1). The cleaved ROCK1 kinase is constitutively activated and promotes blebbing of the plasma membrane with release of EVs. These vesicles contain TRAIL, in addition to other cargo, and are proinflammatory when incubated with macrophages. Thus, EVs are not only capable of attracting macrophages into the liver via CXCL10 but also of activating them via TRAIL receptor signaling in macrophages (Fig. [5.4\)](#page-122-0). Interestingly, a pharmacological agent fasudil, a ROCK1 kinase inhibitor, attenuates nonalcoholic steatohepatitisin mice fed a NASH-inducing diet (Hirsova et al. [2016\)](#page-125-0). Also, caspase inhibitors, which would prevent ROCK1 cleavage, are also salutary in animal models of NASH (Witek et al. [2009;](#page-126-0) Barreyro et al. [2014;](#page-124-0) Anstee et al. [2010](#page-124-0)). Thus, there is considerable data implicating these signaling cascades in liver inflammation and the therapeutic target of inhibiting these caspases appears to be by attenuating release of EVs from lipotoxic stressed hepatocytes.

Lipotoxic lipids, specifically C16:0 ceramide and sphingosine 1-phosphate, are also enriched in EVs released by palmitate-treated cells. For example, palmitate treatment of hepatocytes results in an increased cellular ceramide generation (Kakazu et al. [2016\)](#page-125-0). This ceramide is preferentially shuttled into EVs via a mechanism dependent on inositol-requiring enzyme- 1α (IRE1 α), one of the three unfolded protein sensors activated under conditions of endoplasmic reticulum stress. In addition, these EVs contain sphingosine 1-phosphate, a potent chemotactic molecule for macrophages (Fig. [5.4\)](#page-122-0). An inhibitor of sphingosine 1-phosphate signaling attenuates macrophage chemotaxis toward lipotoxic EVs in vitro and also attenuates liver injury in mice fed a NASH-inducing diet (unpublished observation). Palmitate-induced endoplasmic reticulum stress is a well-recognized component of lipotoxicity; these studies link palmitate-induced $IRE1\alpha$ activation to proinflammatory macrophage recruitment to the liver. In this regard, in addition to carrying cytokines and chemokines, the lipid composition of the EVs may also be quite proinflammatory.

5.5 Conclusion

It would appear that the lethal lipotoxic injury via apoptosis may contribute to NASH. But more recent concepts suggest that nonlethal proapoptotic signaling by the release of extracellular vesicles actually may be more important in generating inflammation. The associated inflammation is largely macrophage-related; the recruited and activated macrophages then, in turn, damage hepatocytes resulting in a feed-forward cycle. Interruption of these pathways, for example by inhibiting EV generation or release, may be therapeutic in NASH. These data suggest a myriad of pharmacologic approaches to treating a disease that remains difficult to treat and a major public health problem.

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Chapter 6 Cell Death in Alcohol-Induced Liver Injury

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Abbreviations

ADH	Alcohol dehydrogenase
AIF	Apoptosis inducing factor
ALD	Alcoholic liver disease
ALDH1	Aldehyde dehydrogenase 1
BH	BCL-2 homology
CB2	Cannabinoid receptor 2
cIAP1/2	Cellular inhibitor of apoptosis proteins 1 and 2
Cyp2E1	Cytochrome P450 family 2, subfamily E, polypeptide 1
CYLD	Cylindromatosis
DAMPs	Damage-associated molecular patterns
DISC	Death-inducing signaling complex
DR-4	TRAIL-receptor 1
DR-5	TRAIL receptor 2/death receptor 5
ER	Endoplasmic reticulum
FAEE	Fatty acid ethyl ester
FASLG	Fas ligand
FAP-1	Fas-associated phosphatase 1
$FLIP_L$	FLICE (FADD-like IL-1 β -converting enzyme)-like inhibitory protein
	large
FADD	Fas-associated protein with a death domain
GPX4	Glutathione peroxidase 4
GSH	Glutathione

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6.1 Introduction

Alcoholic liver disease (ALD) is a major health problem and a significant source of liver injury worldwide. The pathogenesis of ALD is characterized as steatosis, fibrosis, acute alcoholic hepatitis, cirrhosis, which eventually lead to hepatocellular carcinoma (HCC) (Gao and Bataller [2011;](#page-146-0) Nagy et al. [2016;](#page-147-0) Williams et al. [2014\)](#page-149-0). In the past decades, careful research works from many labs demonstrate that cell

death including apoptosis and necrosis contributes to the pathogenesis of ALD (Nagy et al. [2016](#page-147-0); Wang et al. [2016b](#page-149-0)). Liver injury and disease can be triggered by a diverse set of metabolic, toxic, and inflammatory insults, which results in the activation of apoptosis and necrosis/necroptosis in liver cells. Liver contains multiple different cell types including parenchymal and non-parenchymal cells. Various liver diseases including ALD can be due to cell death of both cell types.

Cells can also adapt to metabolic changes and stresses induced by alcohol, which limit the extent of intracellular lipid accumulation, mitochondrial damage, and cell death. One such adaptive mechanism is autophagy, which is a conserved lysosomal degradation pathway. We previously showed that autophagy is induced by acute alcohol although it seems that autophagy is impaired during chronic alcohol exposure (Ding et al. [2010](#page-145-0)). In this book chapter, we summarize the progress on the role and mechanisms of alcohol-induced cell death and autophagy in hepatocytes. The death and autophagy of non-parenchymal cells is beyond the topic of this chapter.

6.2 Alcohol Metabolism and Oxidative Stress

Accumulated studies revealed that the metabolism of alcohol plays a critical role in alcohol-induced activation of mitochondrial apoptotic pathway and subsequent apoptosis. Ethanol is metabolized through two major oxidative and two minor nonoxidative pathways.

First, alcohol is metabolized into highly reactive acetaldehyde by alcohol dehydrogenase (ADH). Then acetaldehyde is further metabolized by cytosolic aldehyde dehydrogenase 1 (ALDH1) and mitochondrial ALDH2 into more harmless acetate (Crabb et al. [2004\)](#page-145-0). The metabolism of ethanol through this process increases the conversion of nicotinamide adenine dinucleotide (NAD+) into its reduced form, NADH. The increased ratio of NADH/NAD⁺ alters cellular redox status and decreases NAD+-dependent enzyme activities. Moreover, the increased ratio of NADH/NAD+ also promotes excess flow of electrons in the mitochondrial respiratory chain, resulting in accumulation and leakage of electrons at the mitochondria respiratory chain complexes I and III to produce reactive oxygen species (ROS) (Bailey and Cunningham [2002](#page-144-0)). Alcohol exposure also reduces mitochondrial DNA and ribosomes, which lead to reduced mitochondrial protein and ATP synthesis (Coleman and Cunningham [1991](#page-145-0); Mansouri et al. [1999](#page-147-0)). Moreover, chronic alcohol exposure decreases hepatic mitochondrial respiration (state III) and increases sensitivity to Ca^{2+} -mediated mitochondrial permeability transition induction resulting in mitochondrial-mediated apoptosis (King et al. [2014](#page-146-0)). In addition, chronic alcohol exposure decreases mitochondrial maximal oxygen consumption rate and in turn increases the susceptibility of hepatocytes to alcohol-induced hypoxia and liver injury (Zelickson et al. [2011\)](#page-150-0). Second, ethanol is metabolized by cytochrome P450 family 2, subfamily E, polypeptide 1 (Cyp2E1), and catalase. Acute or chronic ethanol exposure induces Cyp2E1, leading to increasing ROS generation (Lu and Cederbaum [2008](#page-147-0)). Alcohol exposure also reduces antioxidant enzymes including catalase, superoxide dismutase, and glutathione peroxidase in

Fig. 6.1 Oxidative and non-oxidative metabolisms of alcohol. Oxidative metabolism of alcohol is mainly mediated via ADH, ALDH, Cyp2E1, and catalase. Non-oxidative metabolism of alcohol involves FAEE synthase (*for detail see the text*)

liver (Bourogaa et al. [2013](#page-144-0)). Alcohol-induced ROS production can damage mitochondrial proteins and mitochondria DNA, induce mitochondrial depolarization and onset of mitochondrial permeability transition (MPT) (Hoek et al. [2002](#page-146-0)). Onset of MPT then leads to more mitochondrial depolarization and subsequent more ROS production, which forms a vicious feed forward loop (Zorov et al. [2000\)](#page-150-0). Third, in addition to the oxidative metabolism, a small portion of ethanol can also be metabolized via two non-oxidative pathways. Ethanol can directly interact with fatty acid and generates fatty acid ethyl ester (FAEE) through FAEE synthase (Zelner et al. [2013\)](#page-150-0), which exacerbates alcohol-induced injury in various tissues including liver (Wu et al. [2006\)](#page-149-0), pancreas (Wu et al. [2008](#page-149-0); Werner et al. [2002\)](#page-149-0), and heart (Beckemeier and Bora [1998](#page-144-0); Wu et al. [2006,](#page-149-0) [2008](#page-149-0);). FAEE induces mitochondria damage by binding to mitochondria membrane and uncoupling oxidative phosphorylation (Lange and Sobel [1983](#page-147-0)). In addition, ethanol also reacts with phospholipase D (PLD) to generate phosphatidyl ethanol. Due to its poor metabolism, phosphatidyl ethanol can accumulate to detectable levels following chronic consumption of large amounts of alcohol. Currently, the effects of phosphatidyl ethanol on cellular functions are not clear yet (Zakhari [2006](#page-149-0)). The oxidative and non-oxidative metabolisms of ethanol are summarized in Fig. 6.1.

6.3 Apoptosis, Necrosis, and Necroptosis in ALD

Cells can die in different modes including apoptosis, necrosis, and necroptosis. Different cell death modes are mainly based on their distinctive morphological and biochemical changes. Apoptosis or programmed cell death is characterized by nuclear fragmentation, chromatin condensation, and cellular shrinkage. Biochemically, apoptosis is generally dependent on activation of caspases although caspase-independent apoptosis may also occur. Apoptotic cells can break apart into membraneenclosed apoptotic bodies, which contain intact organelles that are later phagocytosed by immune cells, such as macrophages/Kupffer cells in the liver without inducing an inflammatory response.

The characters of necrosis include cell swelling, membrane rupture, and release of cell contents that leads to a subsequent inflammatory response (Malhi et al. [2006,](#page-147-0) [2010\)](#page-147-0). However, recent evidence suggests that necrosis can also be highly regulated, which involves the RIP1-RIP3-MLKL (mixed lineage kinase domainlike protein)-mediated necrotic cascade, a process that is termed necroptosis or programmed necrosis (Degterev et al. [2005](#page-145-0); Zhang et al. [2009](#page-150-0); Cho et al. [2009;](#page-145-0) He et al. [2009](#page-146-0)). Although necroptosis is similar in nature to necrosis, it is a caspaseindependent programmed form of cell death. Necroptosis is also initiated by death receptors, similar to the extrinsic apoptotic pathway. Both apoptosis and necroptosis have been suggested to play a role in the pathogenesis of ALD, as discussed below in detail.

6.4 Mechanisms of Alcohol-Induced Apoptosis in Hepatocytes

In general, apoptosis can either be triggered through intrinsic (mitochondria) or extrinsic (death receptor) pathway. Both intrinsic and extrinsic apoptotic pathways appear to play a role in alcohol-induced cell death in hepatocytes.

6.5 Activation of Mitochondrial (Intrinsic) Apoptotic Pathway by Alcohol

Various apoptotic stimuli, including DNA damage, oxidative stress, or deprivation of hormone or growth factor, can activate the mitochondrial apoptotic pathway or the intrinsic pathway (Yin and Ding [2003\)](#page-149-0). Following the activation of the intrinsic apoptotic pathway, a number of apoptotic factors, such as cytochrome *c*, second mitochondria-derived activator of caspase (Smac/DIABLO), HtrA2/Omi, apoptosis inducing factor (AIF), and endonuclease G, are released from mitochondria. Cytosolic cytochrome c then binds to Apaf-1 and caspase-9 to form a heptameric complex known as "Apoptosome," which subsequently activates caspase-9 in the presence of dATP (Li et al. [1997](#page-147-0)). Activated caspase-9 further cleaves and activates downstream executioner caspases, such as caspase-3, -6, and -7. Cells with the deficiency of Apaf1, caspase-9, or caspase-3 are resistant to apoptosis following intrinsic apoptotic stimuli, highlighting the importance of this pathway. Concomitantly,

Smac/DIABLO is also released into the cytosol, where it binds to the inhibitor of apoptosis proteins (IAPs), such as XIAP, to abolish their inhibitory effects on caspases. More than 400 caspase substrates have been identified that are cleaved by activated executioner caspases resulting in the characteristic morphological features of apoptosis such as DNA fragmentation/condensation, externalization of phosphatidylserine, and formation of apoptotic bodies.

The Bcl-2 family proteins are a group of evolutionarily conserved proteins that regulate apoptosis mainly on mitochondria. Bcl-2 family proteins consist of antiapoptotic and proapoptotic members, and all members possess conserved α -helices with sequence conservation clustered in BCL-2 homology (BH) domains. Antiapoptotic proteins such as Bcl-2 and Mcl-2 have all segments of BH1–BH4 domain, whereas proapoptotic proteins lack the first α -helical BH4 domain and are further subdivided into "multidomain" and "BH3-only" molecules. The multidomain proapoptotic Bcl-2 family proteins Bax and Bak form a requisite gateway on regulating the intrinsic mitochondrial apoptotic pathway. Bax is a cytosolic protein whereas Bak resides at the mitochondria membrane. Upon an intrinsic death signal, Bax translocates from cytosol to mitochondria and inserts into the outer mitochondrial membrane by forming homo-oligomers. Bak also undergoes a conformation change and oligomerization resulting in the permeabilization of the outer mitochondrial membrane followed by releasing of apoptotic proteins from the inter-membrane space (Wei et al. [2001\)](#page-149-0). The propapoptotic BH3-only members such as Noxa and Puma only have amphipathic α-helical BH3 region. The BH3-only proteins are regulated at the transcriptional regulation or posttranslational modification and reside upstream in the pathway in response to death signals. The BH3-only proteins still require downstream Bax and Bak to trigger apoptosis, whereas antiapoptotic proteins such as Bcl-xL and Mcl-1 inhibit apoptosis by binding and sequestering "BH3-only" proteins to prevent the activation of Bax and Bak (Scorrano and Korsmeyer [2003](#page-148-0)).

Chronic ethanol feeding has been shown to increase the expression of Bcl-xL and Bax in the mouse livers. In cultured AML12 cells (immortalized mouse hepatocytes), it was reported that Bee venom (*Apis mellifera*) increased the expression of Bcl-2 but decreased the expression of Bax and protected against ethanol-induced cell death (Kim et al. [2010](#page-146-0)). In primary cultured rat hepatocytes, ethanol treatment induced Bax translocation to mitochondria and interacted with mitochondrial voltage-dependent anion channel (VDAC), one component of the MPT, to trigger cytochrome c release and apoptosis (Adachi et al. [2004](#page-144-0)). In addition to the liver, it was also reported that alcohol induced apoptosis in mouse adipocytes resulting in adipose tissue inflammation, which was inhibited in Bid-deficient mice (Sebastian et al. [2011\)](#page-148-0).

Both oxidative and non-oxidative metabolisms of ethanol can lead to mitochondria dysfunction and induction of MPT, resulting in the release of mitochondria apoptotic factors such as cytochrome c and Smac/DIABLO. Ethanol induces MPT in primary cultured rat hepatocytes, which is inhibited by cyclosporin A, a MPT inhibitor, and by several antioxidants (Higuchi et al. [2001\)](#page-146-0). More recently, Zhong et al. developed an intravital confocal/multiphoton microscopy approach, which can directly monitor the changes of mitochondrial membrane potential in mouse livers after acute alcohol administration. Using this method, they found that acute alcohol gavage induced reversible hepatic mitochondrial depolarization and onset of MPT, which was dependent on ethanol metabolism (Zhong et al. [2014](#page-150-0)). The reversibility of depolarized mitochondria in mouse liver after acute alcohol exposure is likely due to the adaptation of mitochondria to ethanol-induced damage. In line with this notion, it has been reported that acute or chronic alcohol exposure alters mitochondria structures (e.g., enlarged mitochondria) and functions in both animal models and human alcoholics livers (Garcia-Ruiz et al. [2013](#page-146-0)). Mitophagy and PGC-1 α mediated mitochondrial biogenesis are two critical adaptive mechanisms that are activated in liver cells in response to acute or chronic alcohol-induced mitochondrial damage and metabolic stress (Williams et al. [2015](#page-149-0); Williams and Ding [2015b;](#page-149-0) Han et al. [2012\)](#page-146-0). Mitochondria are highly dynamic organelles and constantly undergoing fission and fusion, a subject has not been studied in alcohol-induced liver injury. Nevertheless, a balance between alcohol-induced mitochondrial damage and their removal as well as mitochondrial repair/biogenesis is a critical factor to determine the cell fate. Maladaptation will result in accumulated damaged mitochondria and subsequent apoptosis, and liver injury.

6.6 Activation of Death Receptor (Extrinsic) Apoptotic Pathway by Alcohol

The death receptor pathway (or the extrinsic pathway) is mainly initiated when death receptor ligands bind to the death receptors. Death receptors are cell surface cytokine receptors, and mainly belong to the TNF receptor super-family protein. Death receptors share sequence homology at the cysteine-rich extracellular domains and additional sequence homology at the intracellular death domain. The death receptors expressed on hepatocytes include TNF-receptor 1 (TNFR1), Fas, TRAILreceptor 1 (DR-4), and TRAIL-receptor 2 (DR5), and the ligands of which are tumor necrosis factor- α (TNF- α), FasL, and TRAIL, respectively (Yin and Ding [2003](#page-149-0)).

Different ligands bind to their receptors may induce different intracellular events. The Fas receptors are trimerized after FasL or the agonistic antibody (such as Jo2) binds to Fas, resulting in the clustering of the death domain in the intracellular portion of the Fas receptors, which further recruits Fas-associated protein with death domain (FADD), caspase-8, and the cellular FLICE/caspase-8-like inhibitory protein (cFLIP). The resulting complex is called death-inducing signaling complex (DISC). When caspase-8 or caspase-10 is recruited to DISC, they are activated through the so-called proximity-induced dimerization model, in which caspase-8 is dimerized and activated. For type I cells such as lymphocytes, activated caspase-8 may directly cleave downstream effector caspases such as caspase-3 to trigger apoptosis (Yin and Ding [2003\)](#page-149-0). However, for Type II cells such as hepatocytes, the direct activation of caspase-3 by caspase-8 is not sufficient to induce apoptosis likely due to the abundant of inhibitor-of-apoptosis (IAP) molecules such as XIAP (Yin and Ding [2003](#page-149-0); Ding and Yin [2004](#page-145-0)). Activated caspase-8 then cleaves Bid, a BH3-only proapoptotic Bcl-2 family protein, to generate a truncated form of Bid (tBid). tBid then translocates to mitochondria and activates multidomain BAX and BAK to trigger the release of mitochondria apoptotic factors, such as cytochrome c and Smac/ DIABLO, which further activates caspase-9 at the "apoptosome" and subsequent caspase-3 via caspase-9-mediated cleavage of caspase-3 (Yin et al. [1999b](#page-149-0)). In addition, Smac/DIABLO releases the inhibition of XIAP on caspase activation (Li et al. [1997;](#page-147-0) Du et al. [2000;](#page-145-0) Verhagen et al. [2000\)](#page-148-0).

Activation of TNF- α receptor regulates cell death and inflammation, which is involved in acute and chronic liver diseases and in liver cancer. The process of TNF-α-induced caspase activation and apoptosis is a little bit more complicated and different. After TNF- α binds to TNF- α receptor 1 (TNFR1), it forms the TNFR complex I by recruiting downstream factors, including TNFR-associated death domain (TRADD), receptor interacting protein kinase 1 (RIPK1), TNFR-associated factor 2 (TRAF2), and cellular inhibitor of apoptosis proteins 1 and 2 (cIAP1/2) (Vucic et al. [2011;](#page-149-0) Zhou et al. [2012\)](#page-150-0). RIPK1 is ubiquitinated by the E3 ligases cIAP1/2 and a secondary E3 ligase complex of LUBAC (linear ubiquitin chain assembly complex). Once ubiquitinated, RIPK1 then recruits transforming growth factor β-activated kinase 1 (TAK1) and the ubiquitin-binding partners TAB2 (TAK1-binding protein 2) and TAB3, which forms a platform for the downstream IκB kinase (IKK) complex to activate the NF-κB pathway. The transcription factor NF-κB (of which mammalian cells have five NF-κB factors including RelA/p65, RelB, C-Rel, $p50/p105$, and $p52/p100$) then translocates to nuclei and upregulates the expression of genes for cell survival and inflammation (Zhou et al. [2012;](#page-150-0) Vucic et al. [2011\)](#page-149-0). RIPK1 can also be de-ubiquitinated by cylindromatosis (CLYD), and de-ubiquitinated RIPK1 then recruits TRADD, the FADD, $FLIP_L$, and caspase-8 to form the pro-death complex II resulting in caspase-8 activation. $FLIP_L$ is transcriptionally regulated by NF-κB, which has two death effector domains but has no cysteine protease activity, and thus acts as a negative regulator for caspase-8 activation. In hepatocytes, TNF-α-activated caspase-8 cleaves Bid and tBid translocates to mitochondria resulting in the activation of the mitochondrial-apoptotic pathway (Ding and Yin [2004](#page-145-0)).

Death receptor activation has been implicated in alcohol-induced liver injury. Acute alcohol consumption increased Fas ligand-mediated apoptosis in mouse livers, and supplemental with zinc inhibited alcohol-induced apoptosis (Lambert et al. [2003\)](#page-147-0). Moreover, chronic alcohol consumption increased the expression of microRNA 21 (miR-21), which is a negative regulator of the expression of Fas ligand (TNF superfamily, member six) (FASLG) and death receptor 5 (DR5) in the mouse livers. When miR-21 was inhibited by using a specific Vivo-Morpholino, ethanol-induced liver injury was greatly exacerbated due to increased expression of DR5 and FASLG in mouse livers. Thus, it is likely that miR-21 may act as an adaptive protective mechanism against alcohol-induced apoptosis in the liver (Francis et al. [2014\)](#page-145-0). In addition to Fas-mediated apoptosis, TNF- α -mediated cell death is also implicated in the pathogenesis of ALD (Yin et al. [1999a](#page-149-0); Nagy et al. [2016](#page-147-0)). It is known that acute or chronic alcohol exposure increases gut-intestinal

permeability and elevated systemic levels of gut-derived endotoxins and other microbial products (Hartmann et al. [2015\)](#page-146-0). Endotoxin (LPS) is a strong activator of Kupffer cells (the resident macrophage in the liver), which leads to the production of TNF- α and TNF- α -mediated apoptosis in the liver. In addition to hepatocytes, alcohol can also induce apoptosis in adipocyte resulting in inflammation in adipose tissue. Bid-deficient mice are resistant to alcohol-induced apoptosis in both the adipose and liver tissues. Intriguingly, Bid-deficient mice are not protected from alcohol-induced liver injury and steatosis (Sebastian et al. [2011;](#page-148-0) Roychowdhury et al. [2012\)](#page-148-0). These findings suggest that apoptosis may not be the major form of cell death in alcohol-exposed liver. Indeed, VX166, a pan-caspase inhibitor, fails to protect against alcohol-induced liver injury and steatosis (Roychowdhury et al. [2012](#page-148-0)). Taken together, while it is clear that hepatocyte apoptosis contributes to alcohol-induced liver injury through both mitochondrial and death receptor-mediated apoptotic pathways, it may not be critical in alcoholinduced liver injury. Other forms of cell death such as necrosis or pyroptosis may be more critical in the pathogenesis of ALD in addition to apoptosis.

6.7 Necrosis and Necroptosis in ALD

As we discussed above, upon TNF-α binding to its receptor TNFR1, it forms several complexes by recruiting different components to either trigger NF-κB pathway or induce apoptosis depending on the levels of ubiquitinated of RIPK1. Highly ubiquitinated RIPK1 activates NF-κB-mediated cell survival and inflammatory pathways, whereas de-ubiquitinated RIPK1 form the pro-death complex II. Complex II includes TRAF2, TRADD, RIPK1, FADD, c-FLIP, and caspase 8, resulting in the activation of caspase-8. Under normal apoptotic conditions, activated caspase-8 cleaves RIPK3 and RIPK1 to inactivate their functions, suggesting that apoptosis can generally suppress necroptosis (Vandenabeele et al. [2010\)](#page-148-0). However, under the conditions of genetic deletion of FADD or caspase-8 or by pharmacological inhibition of caspase-8, RIPK1 interacts with RIPK3 via their RIP homotypic interaction motif (RHIM) and forms an amyloid-like structure, which is stabilized by phosphorylated RIPK1 and RIPK3. Activated RIPK3 then recruits and phosphorylates MLKL protein to form necrosome. Phosphorylated MLKL in turn oligomerizes and translocates to plasma membranes resulting in eventual membrane rupture or activating ion channels resulting in necrosis (Weinlich and Green [2014](#page-149-0); Vanden Berghe et al. [2014](#page-148-0)). More recently, it is shown that once on the plasma membrane, MLKL can activate cell-surface proteases of the disintegrin and metalloprotease (ADAM) family to promote necroptosis, inflammation, and cell migration (Cai et al. [2016\)](#page-144-0). Interestingly, when cIAPs are absent or depleted, RIPK1, RIPK3, FADD, caspase-8, and c -FLIP_L form a large complex known as the ripoptosome (also called complex IIb), which activates caspase-8 and triggers apoptosis (Dillon et al. [2014](#page-145-0); Mandal et al. [2014](#page-147-0); Tenev et al. [2011](#page-148-0)). The assembly of ripoptosomes does not involve autocrine TNF- α , which is negatively regulated by cIAP1, cIAP2, XIAP, and c-FLIP_L (Tenev et al. [2011\)](#page-148-0). Notably, RIPK1 knockout mice die perinatally, exhibiting apoptosis in multiple tissues, whereas RIPK3 knockout mice are viable without obvious phenotypes (Weinlich and Green [2014\)](#page-149-0). These findings suggest that RIPK1 may have a paradoxical cell survival role. Intriguingly, the kinase-dead RIPK3^{D161N} mice die at E10.5, which are protected by germline deletion of caspase-8 but not by the kinase-dead RIPK1^{D138N}, suggesting that RIPK3^{D161N} promotes lethal RIPK1 and caspase-8-dependent apoptosis (Newton et al. [2014](#page-147-0)). In contrast, kinase-dead RIPK1D138N mice are viable and healthy. Moreover, small-molecule RIPK3 kinase inhibitors inhibit necroptosis but trigger apoptosis by activating the Ripoptosome (Mandal et al. [2014](#page-147-0)). Taken together, these genetic findings suggest that the formation of the ripoptosome may not require RIPK1 and RIPK3 kinase activity but requires their scaffolding functions (Newton et al. [2014](#page-147-0)). Therefore, it appears that RIPK1 and RIPK3 may have multiple roles in regulating apoptosis, necroptosis, cell survival, and inflammation (Fig. [6.2\)](#page-137-0).

Recent evidence suggests that RIPK3-mediated necroptosis contributes to the pathogenesis of ALD (Roychowdhury et al. [2013](#page-148-0); Wang et al. [2016a\)](#page-149-0). RIP3 was induced by ethanol feeding in mouse livers. Consistent with this, ALD patients had increased hepatic expression of RIPK3 compared to healthy controls. We recently found that alcohol regulates the levels of RIPK3 at the posttranslation via inhibition of the ubiquitin proteasome system but not the transcription level in the liver. Specifically, we found that chronic feeding plus binge alcohol (Gao-binge alcohol) treatment decreased protein levels of proteasome subunit alpha type-2 (PSMA2) and proteasome 26S subunit ATPase 1 (PSMC1) resulting in reduced hepatic proteasomal activity. Pharmacological inhibition of proteasome by the proteasome inhibitor bortezomib or genetic depletion of PSMC1 in mouse livers all leads to the accumulation of hepatic RIP3. These data suggest that RIPK3 is degraded through ubiquitin proteasome system, and impaired proteasomal function induced by Gaobinge alcohol treatment may account for the hepatic accumulation of RIPK3. Notably, we also found increased RIPK3 expression and decreased PSMC1 expression in the livers of human ALD (Wang et al. [2016a\)](#page-149-0). Importantly, RIPK3 knockout (KO) mice had decreased liver injury, steatosis, and inflammation compared with wild-type mice after alcohol administration (either chronic feeding or Gao-binge alcohol), verifying the role of RIPK3 and necroptosis in mediating ethanol-induced liver injury and progression of ALD (Roychowdhury et al. [2013;](#page-148-0) Wang et al. [2016a\)](#page-149-0). Intriguingly, inhibition of RIPK1 kinase activity by 7-Cl-O-Nec-1, a potent specific RIPK1 inhibitor, suppressed Gao-binge alcohol-induced hepatic inflammation but did not protect against steatosis and liver injury. These findings suggest that alcoholinduced RIPK3-mediated necroptosis may be independent of RIPK1 kinase activity. Therefore, it seems that RIPK1 is more important in regulating inflammation, whereas RIPK3 seems to be more critical in alcohol-induced steatosis and cell death. Both RIPK1 and RIPK3 kinase dead mice are now available, future studies to use these kinase dead mice will help to further clarify the role of the kinase activity of RIPK1 or RIPK3 in alcohol-induced liver injury.

Notably, the necroptosis components of RIPK1, RIPK3 and MLKL are predominantly expressed in immune cells, and their expression levels in the liver are

Fig. 6.2 Possible pathways leading to alcohol-induced apoptosis and necrosis. Alcohol consumption increases gut permeability resulting in elevated influx of LPS into the liver. LPS activates Kupffer cells to produce TNF- α . TNF- α binds to its receptor (TNFR1), which further recruits TRADD, RIPK1, cIAP1, cIAP2, TRAF2, and LUBAC to form Complex I, resulting in RIPK1 poly-ubiquitnation. Ubiquitinated RIPK1 then activates TAK1 and IKK complex resulting in the activation of NF-κB, which regulates inflammation and blocks apoptosis. When RIPK1 is deubiquitinated by CYLD, it further recruits TRADD, FADD, caspase-8, and c-FLIP_L to form Complex II, resulting in caspase-8 activation. Activated caspase-8 cleaves Bid to activate the mitochondrial apoptotic pathway and trigger mitochondrial Cyto c and SMAC release. Released Cyto c promotes the activation of caspase-9 and caspase-3, whereas Smac inhibits XIAP to remove its inhibition on caspases. Activated caspase-3 then leads to hepatocyte apoptosis. Activated caspase-8 also cleaves RIPK1 and RIKP3 to inactivate RIPK1-RIPK3-mediated necroptosis. When cIAPs are depleted and caspase-8 is inhibited, RIPK1 and RIPK3 interact with each other via RHIM domains to form the amyloid-like necrosome. Auto- and transphosphorylated RIPK1 and RIPK3 then further recruit and phosphorylate downstream MLKL. Phosphorylated MLKL translocates to the plasma membrane and activates ADAM to trigger necroptosis. In the absence of cIAPs, RIPK1, RIPK3, TRADD, caspase-8, and $FLIP_L$ form a complex called the ripoptosome, which induces caspase-8 activation and apoptosis independent of RIPK1 and RIPK3 kinase activity

relatively low (He et al. [2009;](#page-146-0) Dara et al. [2015](#page-145-0); Wang et al. [2016a](#page-149-0)). In addition to alcohol, acetaminophen treatment also increased hepatic RIPK3 proteins, although RIPK3 KO mice are only resistant to APAP-induced liver injury at the early phase and lost the protection at the late phase of APAP-induced hepatotoxicity (Ramachandran et al. [2013\)](#page-148-0). In addition, knockdown of hepatic RIPK1 by using a RIP1 antisense in mice also attenuated APAP-induced liver injury (Dara et al. [2015\)](#page-145-0).

Thus, RIPK1-RIPK3-mediated necroptosis seems to be pathologically and physiologically relevant in liver diseases. However, it should be noted that the liver often has increased infiltration of inflammatory cells after either alcohol or acetaminophen exposure, which makes it difficult to differentiate the source of increased RIPK3 protein. Future work to use tissue-specific RIPK1 KO or RIPK3 KO mice in immune cells or hepatocytes that fed with alcohol may be helpful to further clarify the cell type-specific role of RIPK1 and RIPK3 in alcohol-induced necrosis and liver pathogenesis.

In contrast to the detrimental role of RIPK3 and RIPK1 in alcohol or APAPinduced liver injury, RIPK3 has recently been shown to have a protective role against high-fat die-induced liver injury and preventing glucose intolerance (Roychowdhury et al. [2016;](#page-148-0) Gautheron et al. [2016\)](#page-146-0). High-fat diet or cholinedeficient high-fat diet increased RIP3 expression in both liver and adipocyte tissues. RIPK3 KO mice had impaired insulin signaling in white adipose tissue, increased hepatic and adipose inflammation, and were glucose intolerant. Mechanistically, genetic deletion of RIPK3 led to increased caspase-8-mediated apoptosis. Therefore, pharmacological approach to systemic targeting RIPK1-RIPK3-mediated necroptosis has to be cautious, which may have different consequences for ALD or nonalcoholic steatohepatitis (NASH) patients.

It is somewhat surprising that both apoptosis and necrosis occur simultaneously during the pathogenesis of ALD if apoptosis can normally suppress necrosis by caspase-mediated cleavage of RIPK3. Liver has the unique zonation that differs in the levels of oxygen, nutrient, and metabolic enzymes. During APAP-induced liver injury, autophagy was induced only by the zone areas that are adjacent to the necrotic areas (Ni et al. [2013\)](#page-148-0). It is possible that apoptosis and necrosis may also occur in different zones of the liver after alcohol consumption. Using immunohistochemistry co-staining for apoptotic (such as activated caspase-3) and necrotic markers (such as RIPK3 and phosphorylated MLKL) may help to test this hypothesis. ALD is a chronic liver disease ranging from steatosis, fibrosis, cirrhosis, steatohepatitis, and liver cancer, and it is also likely that different cell death modes may occur in different stages of liver pathogenesis. For instance, apoptosis could mainly occur in the early phase of ALD, such as in steatosis. In contrast, necrosis may occur predominantly in the later stages of ALD, such as in alcoholic hepatitis. Future work to elucidate these possibilities will be very important to further understand the role of apoptosis and necrosis/necroptosis in ALD.

6.8 Other Forms of Regulated Programmed Cell Death in ALD

6.8.1 Pyroptosis

The term "pyropotosis" was first coined in 2001 and originated from the Greek roots *pyro* refers to fire or fever whereas *ptosis* denotes a falling. Pyroptosis is a proinflammatory form of regulated cell death that depends on the activation of

pro-inflammatory caspases that are not required for apoptosis to occur (Miao et al. [2010\)](#page-147-0). So far, pyroptosis is mainly documented in immune cells such as macrophages, dendritic cells, and neutrophils likely due to the high expression levels of inflammatory caspases in immune cells. Pyroptosis is associated with cell swelling and rapid plasma membrane lysis due to the formation of pores on the plasma membrane, which depends on the activation of inflammatory caspases including caspase-1 or casppase-11 (mouse) and its human orthologs caspase-4 and -5 (Vande Walle and Lamkanfi [2016](#page-148-0)). Pyroptosis shares some similar morphological features with apoptosis such as nuclear DNA fragmentation and positive annexin V staining. The underlying mechanism of DNA fragmentation for pyroptosis does not depend on CAD, the DNase activated by apoptotic caspases. Caspase-1 is activated at complexes termed inflammasome, which include cytosolic nucleotide-binding oligomerization domain (NOD)-like receptors (NLRs), or the pyrin domain containing protein AIM2. Activated caspase-1 proteolytically cleaves proIL-1β and proIL-18 to generate cleaved matured active IL-1β and IL-18. The exact mechanisms for how pyroptosis occurs are still largely unknown, but recent evidence suggests that cleavage of gasdermin D (Gsdmd) by caspase-1 and -11 may play an important role in pyroptosis (Liu et al. [2016](#page-147-0); Ding et al. [2016](#page-145-0); Chen et al. [2016;](#page-145-0) Sborgi et al. [2016;](#page-148-0) Kayagaki et al. [2015](#page-146-0); Shi et al. [2015\)](#page-148-0). The cleaved N-terminal fragment of Gsdmd p30 (also called Gsdmd-NT) localized to the lipid bilayer, which has a pore-forming function resulting in the permeabilization of the plasma membrane and releasing of the cellular contents (Ding et al. [2016](#page-145-0); Liu et al. [2016\)](#page-147-0). Gsdmd-NT kills cells from within the cells and does not harm the neighboring cells due to its lipid-binding preferences. Consequently, pyroptosis promotes the release of proinflammatory cytokines such as IL-1 β in addition to other inflammatory factors or damageassociated molecular patterns (DAMPs), including nuclear protein high mobility group box 1 (HMGB1) (Vande Walle and Lamkanfi [2016\)](#page-148-0).

Chronic alcohol exposure has been reported to activate inflammasome in mouse livers (Petrasek et al. [2012\)](#page-148-0). In this study, Petrasek et al. found that mice fed with alcohol diet for 4 weeks activated caspase-1 in bone marrow-derived Kupffer cells and increased serum levels of IL-1β. Direct administration of physiological doses of IL-1β induced flammasome activation in bone marrow-derived Kupffer cells. Moreover, a recombinant IL-1 receptor antagonist blocked IL-1 signaling and markedly attenuated alcohol-induced liver inflammation, steatosis, and liver injury. While pyroptosis was not examined in this study, it is likely that alcohol may also induce caspase-1-mediated pyropotsis in the liver (Petrasek et al. [2012](#page-148-0)). Futures studies are needed to determine whether Gsdmd would also be cleaved in alcoholfed mouse livers.

6.8.2 Ferroptosis

Ferroptosis is an emerging new form of programmed necrosis that is morphologically, biochemically, and genetically distinct from apoptosis, necrosis, and autophagy (Yang and Stockwell [2016](#page-149-0)). Ferroptosis was first discovered from an unbiased screening for small molecules that could selectively kill RAS mutant tumor cells. Two small molecules, erastin and RSL3, were identified that could selectively kill oncogenic RAS mutant tumor cells. This type of cell death was not apoptosis or necroptosis because inhibition of caspases or RIPK1 could not rescue the cell death. Instead, this type of cell death depended on intracellular iron but not other metals, and was termed ferroptosis (Dixon et al. [2012](#page-145-0)). Ferroptosis is associated with intracellular glutathione depletion, increased intracellular iron, and increased lipid peroxidation, resulting in the plasma membrane rupture. Subsequent studies revealed that ferroptosis is driven by loss of activity of the lipid repair enzyme glutathione peroxidase 4 (GPX4) (Yang et al. [2014](#page-149-0)). Erastin triggers ferroptosis by inhibiting cysteine transporter on the plasma membrane although erastin can also bind with mitochondrial outer membrane proteins VDAC1 and VDAC2, but the later seems not relevant to ferroptosis (Dixon et al. [2012\)](#page-145-0). In contrast, RSL3 induces ferroptosis by inhibiting the enzyme activity of GPX4 (Yang and Stockwell [2016\)](#page-149-0). Either lipophilic antioxidants or iron chelators can strongly suppress ferroptosis, revealing the important roles of ROS and cellular iron in ferroptosis (Yang and Stockwell [2016\)](#page-149-0). Moreover, ferrastatin-1 and Liproxstatin-1, two small molecule inhibitors, specifically blocked ferroptosis but not apoptosis or necroptosis (Yang and Stockwell [2016\)](#page-149-0).

Hepatic iron overload and increased oxidative stress have often been reported in patients with ALD (Williams et al. [2014;](#page-149-0) Nagy et al. [2016](#page-147-0); Kohgo et al. [2007](#page-147-0)). In addition, it was reported that hepatic iron content in alcoholic cirrhosis patients correlated with their mortality (Ganne-Carrie et al. [2000\)](#page-145-0). Moreover, iron chelation inhibited TNF- α expression (Xiong et al. [2004,](#page-149-0) [2008](#page-149-0)), attenuated alcohol-induced liver lipid peroxidation and steatosis in intragastric ethanol fed rats (Sadrzadeh et al. [1994\)](#page-148-0). Conversely, cotreatment with alcohol and iron exacerbated alcohol-induced liver injury in intragastric alcohol fed rats (Tsukamoto et al. [1995\)](#page-148-0). Mechanistically, alcohol-induced hepatic iron accumulation was thought to be due to increased hepatocellular uptake of iron via transferrin receptor 1 (TfR1) and increased intestinal absorption of iron, and down-regulation of hepcidin expression (Kohgo et al. [2008\)](#page-147-0). While the evidence that alcohol consumption increased hepatic iron accumulation and lipid peroxidation is compelling, the role of ferroptosis in the pathogenesis of ALD has not been determined.

6.9 Autophagy and Cell Death in ALD

Accumulating evidence indicates that apoptosis, necroptosis, autophagy, and other forms of programmed cell death can mutually regulate each other (Kroemer et al. [2010;](#page-147-0) Wang et al. [2016b](#page-149-0); Nagy et al. [2016\)](#page-147-0)*.* Autophagy is an evolutionary conserved lysosomal degradation pathway that involves the formation of the doublemembrane autophagosomes, which carry the enveloped cargos and fuse with lysosomes to form autolysosomes where the autophagic cargos are degraded. Under most circumstances, autophagy acts as a pro-survival mechanism and plays a critical role in normal liver physiology and liver diseases (Czaja et al. [2013](#page-145-0); Yin et al. [2008](#page-149-0)). However, under certain specific contexts, autophagy may also cause cell death as so-called autophagic cell death or a specific type of cell death called autosis (Liu and Levine [2015](#page-147-0); Sakamaki and Ryan [2016\)](#page-148-0). In response to stress or cell death stimuli, autophagy may help to remove misfolded toxic protein aggregates, damaged organelles such as mitochondria and lysosomes, and provide nutrient fuel for ATP production. All of which can lead to the protection against apoptosis or necrosis.

In the context of ALD, works from our lab and others have demonstrated that pharmacological activation of autophagy protects, whereas pharmacological or genetic inhibition of autophagy exacerbates alcohol-induced liver injury (Ding et al. [2010](#page-145-0); Lin et al. [2013](#page-147-0); Ding et al. [2011b\)](#page-145-0). We found that induction of autophagy can help to remove excess lipid droplets and thus attenuates alcohol-induced steatosis (Ding et al. [2010,](#page-145-0) [2011a\)](#page-145-0). Autophagy removes protein aggregates and relieves ER stress in cultured cells (Ding et al. [2007\)](#page-145-0). Thus, autophagy may also help to relieve alcohol-induced ER stress although this topic has not been examined in hepatocytes that are exposed to alcohol. In addition, we also found that induction of autophagy can help to remove alcohol-induced damaged mitochondria via mitophagy through the Pink1 (tensin homolog-induced putative kinase 1)-Parkin pathway (Williams and Ding [2015a](#page-149-0), [b\)](#page-149-0). Pink1 is a mitochondrial resident protein kinase and Parkin is an evolutionarily conserved E3 ligase, which is recruited to depolarized damaged mitochondria by Pink1. Once Parkin is recruited to mitochondria, it promotes the ubiquitination of mitochondrial outer membrane proteins and subsequent mitochondrial degradation by mitophagy (Ni et al. [2012](#page-148-0)). Following Gao-binge alcohol administration, Parkin translocated from cytosol to mitochondria in hepatocytes. Parkin KO mice had greater mitochondrial damage, steatosis, and liver injury compared to wild-type mice after Gao-binge alcohol (Williams et al. [2015](#page-149-0)). Similar protective role of mitophagy against alcohol-induced liver injury was also reported in chronic ethanol fed rats for 10 weeks (Eid et al. [2013\)](#page-145-0). Autophagy is a very dynamic process and autophagy activity could be influenced by acute or chronic ethanol exposure. While we previously found that mice subjected to acute alcohol administration (mimic the alcohol binge condition) had decreased mTOR and increased autophagic flux in mouse livers, chronic alcohol or Gao-binge alcohol impairs autophagy (Ding et al. [2010](#page-145-0); Thomes et al. [2015](#page-148-0)). We found that Gao-binge alcohol increased hepatic mTOR and impairs transcription factor EB (TFEB)-mediated lysosomal biogenesis resulting in insufficient autophagy (unpublished results, Ding Lab). Ongoing research in our lab is aimed to modulate the TFEB pathway to attenuate or prevent ALD.

In addition to hepatocytes, autophagy in the liver non-parenchymal cells such as hepatic stellate cells (HSC) and macrophages may also play a critical role in alcohol-induced liver injury. It has been reported that autophagy in HSC may promote liver fibrosis by increasing lipid droplet degradation via lipophagy resulting in HSC activation. Stellate cell-specific Atg7 KO mice are resistant to CCl_4 -induced fibrosis in vivo *(*Hernandez-Gea et al. [2012](#page-146-0)*)*. It has been reported that chronic alcohol feeding in rats increased ER stress and activated autophagy in rat HSC, which might promote chronic ethanol-induced fibrosis (Hernandez-Gea et al. [2013\)](#page-146-0). In contrast to HSC, macrophage-specific Atg5 KO mice are more susceptible to CCl₄induced fibrosis and endotoxin-induced liver injury (Lodder et al. [2015;](#page-147-0) Ilyas et al. [2016\)](#page-146-0). Moreover, macrophage autophagy can also inhibit inflammasome-mediated IL-1β generation and secretion and limit acute toxin-induced liver injury in mice (Ilyas et al. [2016](#page-146-0)). Cannabinoid receptor 2 (CB2) is a G protein coupled receptor and predominantly expresses at immune cells such as macrophages and protects against inflammatory liver diseases. Recently, it was found that a CB2 agonist JWH-133 protected against Gao-binge alcohol-induced steatosis and inflammation in mice. Interestingly, JWH-133 increased autophagic flux in macrophages and its protection was lost in macrophage-specific Atg5 KO mice (Denaes et al. [2016\)](#page-145-0). These findings suggest that macrophage autophagy may also protect against alcohol-induced liver injury.

Increasing evidence now supports a mutual regulation among autophagy, apoptosis, necroptosis, and ferroptosis. As discussed above, on one hand, autophagy protects against apoptosis or necrosis by removing toxic protein aggregates and damaged organelles. On the other hand, apoptosis can also suppress autophagy by directly inducing caspase-mediated cleavage and inactivation of essential autophagy proteins such as Beclin 1 (Li et al. [2011](#page-147-0)). However, under certain specific contexts, autophagy can paradoxically promote apoptosis. For instance, autophagy degrades FAP-1 (Fas-associated phosphatase 1), a negative regulator of Fas, which promotes Fas ligand-induced apoptosis in Type I cells that do not require mitochondrial activation (Gump et al. [2014](#page-146-0)). In contrast, autophagy inhibits apoptosis in Type II cells that require mitochondrial activation for amplifying the apoptotic signals or on treatment with TRAIL in either Type I or II cells. These findings suggest that autophagy may either promote or inhibit apoptosis depends on the cell type or specific apoptotic stimuli. In addition to apoptosis, autophagy can also mutually regulate necroptosis. In MAP3K7-deficient tumor cells, TRAIL predominantly induced necroptosis but not apoptosis. In this model, it was found that RIPK1 and MLKL were recruited to the autophagosomal membranes likely via the autophagy substrate protein p62 since p62 directly interacts with RIPK1 via its ZZ domain (Goodall et al. [2016a](#page-146-0), [b\)](#page-146-0). Inhibition of the formation and assembly of early autophagosomal membrane such as the knockdown of Atg5, Atg7, or Beclin 1, but not the late autolysosomal functions such as the use of chloroquine or bafilomycin A1, prevented TRAIL-induced cell death in MAP3K7-deficient cells (Goodall et al. [2016b\)](#page-146-0). These results suggest that autophagosomal membranes may provide scaffold platforms for the RIPK1-RIPK3-MLKL necrosome formation and promote necroptosis. Conversely, necroptosis machinery may also regulate autophagy. TFEB, the master regulator of lysosomal biogenesis and autophagy-related gene expression, is mainly regulated at the posttranslational level and mTOR and ERK can phosphorylate TFEB and inactivate its function. It has been reported that RIPK1 can activate ERK and inhibit TFEB resulting in the repression of basal autophagy (Yonekawa et al. [2015](#page-149-0)).

As discussed above, physiological levels of autophagy act as a cell survival mechanism for the maintenance of cellular homeostasis during various stress conditions;

however, accumulation evidence also suggests that autophagy may also cause cell death when excessive autophagy is induced under certain specific conditions. Autosis is a new form of cell death that is induced by autophagy-inducing peptide Tat-Beclin-1 (a potent autophagy-inducing cell permeable peptide mimic Beclin-1) or glucose starvation in vitro cultured cells or in rat neurons subjected to cerebral hypoxia-ischemia. Autosis is characterized by enhanced cell substrate adhesion, enlarged perinuclear space and dilation and fragmentation of ER, which depends on autophagy-related genes but not apoptosis and necroptosis genes (Liu et al. [2013\)](#page-147-0). In addition to depending on autophagy-related genes, pharmacological or genetic inactivation of Na+, K+-ATPase inhibits autosis in vitro and in vivo. More recently, another line of evidence that autophagy contributes to non-apoptotic cell death has been added on the regulation of ferroptosis. As discussed above, ferroptosis is a programmed necrosis that depends on the cellular iron, glutathione (GSH) depletion, and lipid peroxidation. It is known that intracellular iron binds with ferritin that serves as the major intracellular iron storage. Interestingly, autophagy selectively degrades ferritin (termed ferritinophagy) via the cargo receptor protein NCOA4 resulting in increased levels of labile iron and reactive oxygen species and ferroptosis, which can be blocked by knockdown of autophagy-related genes or NCOA4 (Gao et al. [2016](#page-146-0)). Whether autosis or ferritinophagy-mediated ferroptosis would play a role in alcohol-induced liver injury remains unknown and needs further future investigations.

Taken together, it is clear that there is a complex mutual regulatory network among autophagy, apoptosis, necroptosis, and other forms of cell death (Fig. [6.3\)](#page-144-0). After alcohol exposure, a cell's fate is decided by the balance of cell survival (autophagy) versus damage (apoptosis, necroptosis, autosis, and ferroptosis). Disruption of the balance from cell survival autophagy toward cell injury (apoptosis, necroptosis, autosis, and ferroptosis) will eventually lead to liver injury and ALD after alcohol exposure.

6.10 Concluding Remarks and Future Perspective

ALD is a major chronic liver disease and health problem in the United States and worldwide. No successful treatments for ALD are available despite decades of research efforts. Alcohol consumption can activate cell death and cell adaptive survival pathways, such as apoptosis, necrosis, and autophagy, in the liver. The cell survival autophagy and different modes of cell death can mutually regulate each other, and the balance between cell death and autophagy may eventually decide the pathogenesis of ALD. In addition to apoptosis and necrosis/necroptosis and autophagy in ALD, emerging new forms of programmed cell death such as ferroptosis, pyroptosis, and autosis and their contributions in ALD still need to be further investigated. Because all the different forms of cell death and autophagy mutually regulate each other, combined approaches for targeting all of them might be an ideal strategy to treat ALD. Future works are definitely needed to explore these approaches and investigate the beneficial effects against the pathogenesis of ALD.

Fig. 6.3 Possible interplay among apoptosis, necrosis, ferroptosis, and autophagy. Apoptosis blocks necroptosis through caspase-8-mediated cleavage and inactivation of RIPK1 and RIPK3. Apoptosis also inhibits autophagy by caspase-mediated cleavage and inactivation of Beclin 1. Autophagosomal membranes may provide a platform for the assembly and activation of necrosome to promote necroptosis. Conversely, the necroptosis protein RIPK1 negatively regulates autophagy by phosphorylating and inactivating TFEB. Autophagy inhibits both apoptosis and necrosis by removing damaged mitochondria. Autophagy may promote ferroptosis via autophagic degradation of ferritin to increase intracellular free iron

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Chapter 7 Bile Acid-Induced Liver Injury in Cholestasis

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Abbreviations

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7.1 Introduction

Bile acids are synthesized from cholesterol only by the hepatocytes (Li and Chiang [2014;](#page-174-0) Russell and Setchell [1992\)](#page-177-0). Bile acid synthesis accounts for about 50% of cholesterol turnover in humans (Chiang [2009\)](#page-171-0). Bile acids are secreted across the apical membrane of the hepatocytes into the canaliculi and subsequently concentrated in the gallbladder. Biliary bile acid secretion plays an important role in generating bile flow and facilitating hepatobiliary secretion of various endogenous metabolites and xenobiotics (Trauner and Boyer [2003](#page-179-0)). Once released into the small intestine, bile acids act as physiological detergent molecules to facilitate the intestinal absorption of dietary lipids and fat-soluble vitamins. Majority of the bile acids in the intestine are reabsorbed and transported back to the liver via portal blood for re-secretion into the bile. Bile acids at high concentration can be cytotoxic. De novo bile acid synthesis in the liver is under a tight feedback inhibition by bile acids to maintain a relative constant bile acid pool size. Majority of bile acids are conjugated to amino acids mainly glycine and taurine, which increases the solubility of bile acids and decreases bile acid toxicity. In the bile, bile acids, together with phospholipids and cholesterol that are secreted by hepatocytes, form mixed micelles, which is critical in preventing free bile acid toxicity to the biliary epithelium. Disrupted or reduced bile flow out of the liver, which can be caused by both genetic and pathological factors, can lead to cholestasis, in which accumulation of bile acids in the liver causes hepatic inflammation and injury (Zollner and Trauner [2008](#page-180-0)). Cholestasis can result in liver failure and increased risk of liver cancer. The mechanisms of liver injury in cholestasis have been extensively studied in humans and in rodent models of cholestasis. In cholestasis, a number of protective mechanisms mediated by bile acid signaling are activated. Available therapies for human cholestasis are currently very limited. The hydrophilic bile acid ursodeoxycholic acid (UDCA) is the primary agent used to alleviate bile acid toxicity and liver injury in chronic human cholestasis such as primary biliary cirrhosis, while novel and effective therapies are still needed for cholestasis patients who do not respond adequately to UDCA treatment.

7.2 Bile Acid Biology

7.2.1 Bile Acid Composition

Bile acids are cholesterol derivatives. Cholesterol and cholic acid (CA) structures are shown in Fig. [7.1a](#page-154-0). In humans, the bile acid pool consists of primary bile acid and secondary bile acid species. The primary bile acids are synthesized from cholesterol in the liver via multi-step reactions catalyzed by a number of cytochrome p450 (CYP) enzymes localized in the endoplasmic reticulum, mitochondria, cytosol, and peroxisomes (Li and Chiang [2014](#page-174-0); Russell [2003\)](#page-177-0). Once released into the

Fig. 7.1 Bile acid synthetic pathway. In the classic pathway, the rate-limiting enzyme cholesterol 7α-hydroxylase (CYP7A1) in the endoplasmic reticulum converts cholesterol into 7α-hydroxycholesterol (7α-HOC). The 7α-hydroxy-4 cholesten-3-one (C4) is a common precursor for CDCA and CA. The sterol 12α -hydroxylase (CYP8B1) catalyzes the C-12 hydroxylation and initiates the conversion of C4 to cholic acid (CA). The mitochondrial sterol 27-hydroxylase (CYP27A1) catalyzes the steroid side-chain oxidation in both CA and CDCA syntheses. In the alternative pathway, CYP27A1 catalyzes the first step to convert cholesterol to 27-hydroxycholesterol (27-HOC). In this pathway, C-7 hydroxylation is catalyzed by the oxysterol 7 α - hydroxylase (CYP7B1). The alternative pathway only produces CDCA. In mice, majority of the CDCA is converted to muricholic acid (MCA). In the large intestine, some CA is converted to deoxycholic acid (DCA) and some CDCA is converted to lithocholic acid (LCA). Most bile acids are conjugated to glycine or taurine (amidation)

intestine, some primary bile acids will be further converted to secondary bile acids by gut bacterial enzymes. Human bile acid pool consists of two primary bile acid species: CA and chenodeoxycholic acid (CDCA) that make up approximately 80% of the total bile acid pool. The major secondary bile acid species in humans is deoxycholic acid (DCA), which accounts for about 20% of the total bile acids pool. Mice and rats have been used as major in vivo experimental models in research. In these rodents majority of CDCA is converted to muricholic acids (MCA) in the liver. In mice, α-MCA and β-MCA are the major MCA species that account for $~50\%$ of the bile acid pool, while CDCA is usually less than 10% of the total bile acid pool (Li et al. [2012](#page-174-0)). MCAs have a hydroxyl group at the C-6 position. They are more hydrophilic and less toxic than their precursor. Due to these fundamental differences in bile acid composition and bile acid pool hydrophobicity between humans and mice, cautions need to be given when extrapolating findings from rodent models to humans in bile acid research.

7.2.2 Primary Bile Acid Synthesis in the Hepatocytes

Hepatic bile acid synthesis occurs through two pathways: the classic pathway and the alternative pathway, which are illustrated in Fig. [7.1](#page-154-0). The classic bile acid synthetic pathway produces both CA and CDCA, and accounts for about 90% of total bile acid production in humans. The cholesterol 7α-hydroxylase (CYP7A1), a microsomal CYP enzyme, catalyzes the first and rate-limiting step to convert cholesterol to 7α-hydroxycholesterol (Chiang [2009;](#page-171-0) Myant and Mitropoulos [1977\)](#page-175-0). The intermediate 7α-hydroxy-4-cholestene-3-one (C4) serves as the common precursor for CA and CDCA. Sterol 12α-hydroxylase (CYP8B1) catalyzes the hydroxylation at the C-12 position on C4, leading to the production of CA. The C4 that does not undergo 12-hydroxylation reaction is eventually converted to CDCA. The mitochondrial sterol 27-hydroxylase (CYP27A1) catalyzes the initial C-27 hydroxylation reaction in the sterol side chain oxidation of all bile acid species. In the alternative bile acid synthetic pathway, CYP27A1 catalyzes the first step to convert cholesterol to 27-hydroxycholesterol. In this pathway, the oxysterol 7α -hydroxylase (CYP7B1) catalyzes the hydroxylation at the C-7 position. The alternative pathway only produces CDCA. In addition to cholesterol, oxysterol intermediates formed in the peripheral tissues can enter the liver and feed into the alternative pathway for CDCA synthesis. The alternative pathway is thought to produce less than 10% of the total bile acids in humans under normal physiological conditions, but may account for about 50% of total bile acid production in some rodents (Li and Chiang [2014;](#page-174-0) Russell and Setchell [1992\)](#page-177-0).

7.2.3 Secondary Bile Acid Synthesis in the Intestine

In the small and large intestine, bacterial bile salt hydrolases (BSH) de-conjugate some taurine- and glycine-conjugated bile acids to free bile acids (Ridlon et al. [2006\)](#page-177-0). Then bacterial 7α-dehydroxylase activity converts CA to DCA and CDCA to either UDCA or lithocholic acid (LCA) (Fig. [7.2a\)](#page-156-0) (Bjorkhem et al. [1989](#page-170-0); Hylemon et al. [1991](#page-173-0); Ridlon et al. [2006\)](#page-177-0). UDCA can also be further converted to LCA. The secondary bile acids DCA and LCA are more hydrophobic and cytotoxic (Low-Beer and Nutter [1978;](#page-174-0) Marcus and Heaton [1988](#page-175-0); Ridlon and Hylemon [2006](#page-177-0)). DCA is reabsorbed in the large intestine via passive absorption and transported back to the liver (Trauner and Boyer [2003](#page-179-0)). LCA can be sulfated and excreted in the bile (Alnouti [2009\)](#page-170-0), or undergo hydroxylation (often at the C-6 position) and detoxification by CYP3A family enzymes in the liver and the intestine (Fig. [7.2a](#page-156-0)) (Araya and Wikvall [1999](#page-170-0); Teixeira and Gil [1991](#page-179-0)). CYP3A can also convert some CDCA to MCA or hyocholic acid. Under normal conditions, only trace amount of LCA is found in the bile acid pool of humans and mice, and is mainly sulfated. Elevated LCA in cholestasis contributes to liver injury and inflammation (Staudinger et al. [2001\)](#page-178-0). Phase-I bile acid metabolism is an important bile acid detoxification mechanism in cholestasis.

Fig. 7.2 Bile acid biotransformation. Phase-I and phase-II bile acid metabolisms are important bile acid detoxification mechanisms. (**a**). The synthesis of LCA from CDCA or UDCA involves 7α-dehydroxylation. LCA can be metabolized to hyodeoxycholic acid or murideoxycholic acid. LCA can also undergo 7α-hydroxylation to be converted back to UDCA. CYP3A enzymes play a key role in phase-I bile acid hydroxylation of LCA. CYP3A can also metabolize CDCA to MCA or hyocholic acid. (**b**). Under normal conditions, most of the bile acids are conjugated to amino acids taurine or glycine. Bile acids also undergo sulfation or glucuronidation mediated by SULTs or UGTs, respectively

7.2.4 Bile Acid Conjugation

Majority of the newly synthesized bile acids as well as de-conjugated bile acids returning to the liver from the intestine are conjugated to amino acid glycine or taurine on the side chain to form N-acyl amidates in humans, mice, and many other species (Shonsey et al. [2005](#page-178-0)). Amino acids are conjugated to bile acid molecules in a two-step enzymatic reaction (Fig. 7.2b). The bile acyl-CoA synthetase (BACS), also called bile acid-CoA ligase (BACL), first converts bile acids to an active intermediate CoA-thioester, which is then converted to amino acid conjugates by a bile acid-CoA:amino acid N-acyltransferase (BAAT) (Falany et al. [1994](#page-171-0), [1997;](#page-171-0) Vessey et al. [1987](#page-179-0); Wheeler et al. [1997](#page-179-0)). Human bile acid pool contains about three times more glycine-conjugated bile acids than taurine-conjugated bile acids, while mouse bile acid pool contains predominantly taurine-conjugated bile acids. Bile acid amidation increases bile acid aqueous solubility and decreases bile acid toxicity. Genetic defects in BACS and BAAT have been identified in pediatric human patients. These patients exhibited fat-soluble vitamin deficiency, growth retardation, and liver injury (Carlton et al. [2003;](#page-171-0) Chong et al. [2012](#page-171-0); Setchell et al. [2013\)](#page-177-0). Some bile acids also undergo sulfation and glucurondiation as phase-II bile acid bio-transformation (Alnouti [2009;](#page-170-0) Verreault et al. [2010](#page-179-0)), which also increases bile acid solubility for excretion (Fig. [7.2b\)](#page-156-0). Bile acid sulfation is mediated by sulfotransferases (SULT). C-3 hydroxyl-group is a major site for bile acid sulfation. Small amount of LCA circulated to liver is immediately sulfated for biliary excretion. Glucuronidation of bile acids is mediated by UDP-glucuronosyltransferase (UGT) enzymes at the hydroxyl-group linked to C-3, C-6, or C-24 position. Bile acid sulfation and glucuronidation are minor bile acid conjugation pathways under healthy conditions, and may be upregulated during cholestasis conditions.

7.2.5 Enterohepatic Circulation of Bile Acids

Majority of the bile acids are absorbed in the distal intestine, transported to the liver via portal circulation, and re-secreted into the bile, which is referred to as the enterohepatic circulation. Cholecystokinin, a peptide hormone secreted by the epithelial cells in the duodenum upon food intake, stimulates gallbladder contraction and release of bile acids into the small intestine lumen (Otsuki [2000](#page-176-0)). Therefore, bile acid pool recycles a few times a day in the enterohepatic system, which is stimulated by meal intake. Absorption of bile acids in the intestine is highly efficient with only \sim 5% of total bile acids loss in the feces. As such, newly produced bile acids by de novo synthesis account for $\sim 5\%$ of the total bile acid pool, and a constant bile acid pool size is therefore maintained.

7.2.6 Hepatic and Intestine Bile Acid Transporters

Many specialized transporters are involved in mediating bile acid transport across the plasma membrane for uptake and secretion in the enterohepatic system (Meier [1995\)](#page-175-0) (Fig. [7.3](#page-158-0)). Under normal conditions, bile acids returning to the liver from portal blood are efficiently taken up by the hepatocytes with an extraction rate of ~90%. The Na+-dependent taurocholate transporter (NTCP, SLC10A1) is the major transporter that mediates conjugated bile acid transport across the basolateral membrane of the hepatocytes (Hagenbuch and Meier [1994;](#page-172-0) Hagenbuch et al. [1991;](#page-172-0) Meier and Stieger [2002\)](#page-175-0). Deficient of NTCP resulted in elevated bile acid concentration in systemic circulation with no bile acid accumulation in the liver in both a human patient and *ntcp* knockout mice (Slijepcevic et al. [2015;](#page-178-0) Vaz et al. [2015\)](#page-179-0). Several organic anion transporter (OATP2) isoforms mediate Na+-independent uptake of mainly unconjugated bile acids into the hepatocytes (Trauner and Boyer [2003\)](#page-179-0). NTCP has high substrate specificity for conjugated bile acids, while OATPs are also involved in the transport of other organic anions. Interestingly, recent studies revealed that NTCP also serves as a receptor for hepatitis B virus entry into hepatocytes (Ni et al. [2014;](#page-175-0) Yan et al. [2012\)](#page-179-0). Hepatocyte secretion of bile acids into

Fig. 7.3 Bile acid transport and enterohepatic bile acid circulation. Hepatocytes secrete bile acids into the bile via BSEP and MRP2. BSEP is the primary bile acid efflux transporter, while the multidrug resistance-associated protein-2 (MRP-2) can also secrete organic substrates including bile acids, bilirubin, and glutathione. ABCG5 and ABCG8 form heterodimers and transport cholesterol into the bile. Multidrug resistance-3 (MDR3) is responsible for phospholipid (PL) secretion. Cholesterol, bile acid, and phospholipid form mixed micelles in the bile. Genetic mutation of BSEP is linked to progressive familial intrahepatic cholestasis 1 (PFIC-1), and MDR3 mutation is linked to PFIC-3. ATP8B1 mutation is an aminophospholipid flippase and tis mutation is linked to PFIC-1. The Na+-dependent taurocholate transporter (NTCP) is mainly responsible for Na+ dependent uptake of conjugated bile acids. The organic anion transporters (OATPs) mediate the uptake of unconjugated bile acids. Organic solute transporters $OST\alpha$ and $OST\beta$ heterodimers, MRP3 and MRP4 secrete bile acids into the systemic circulation. In cholestasis, basolateral bile acid efflux is induced leading to subsequent renal bile acid excretion. In the intestine, the apical sodium-dependent bile acid transport (ASBT) mediates bile acid uptake into the enterocytes. Intracellular bile acids are bound to the intestinal bile acid-binding protein (I-BABP) and are transported to the basolateral membrane where bile acids are secreted into the portal circulation by the OSTα and OSTβ heterodimer

the bile against the concentration gradient is the rate-limiting step in bile formation (Boyer [2013\)](#page-170-0). The bile salt export pump (BSEP, ABCB11) is the major bile acid transporter located at the canalicular membrane of the hepatocytes (Childs et al. [1995\)](#page-171-0). Hepatocyte cholesterol secretion into the bile is mediated by the ATP-binding cassette transporters (ABCG5) and ABCG8 that form a functional heterodimer (Berge et al. [2000\)](#page-170-0). Phosphatidylcholine secretion into the bile is mediated by the multi-drug resistant 3 (MDR3, ABCB4), which functions as canalicular phospholipid floppase (Smit et al. [1993\)](#page-178-0). MDR-related protein 2 (MRP2) excretes conjugated bile acids, bilirubin, and other organic anions. Bile acids, cholesterol, and phospholipids form mixed micelles in the bile, which is critical in cholesterol

solublization and also in reducing bile acid toxicity to the bile duct epithelium. As discussed later, loss-of-function mutations in either BSEP or ABCB4 are associated with cholestasis in humans.

Bile acids can be secreted across the basolateral membrane of the hepatocytes into the systemic circulation. This is not a significant process under normal physiology but can be up regulated during cholestasis (Ballatori et al. [2005;](#page-170-0) Boyer et al. [2006;](#page-171-0) Cui et al. [2009\)](#page-171-0). The organic solute transporter α (OST α) and OST β heterodimer, MRP3 and MRP4 are involved in basolateral bile acid efflux (Ballatori et al. [2005;](#page-170-0) Kullak-Ublick et al. [2000](#page-174-0); Trauner and Boyer [2003](#page-179-0)). In the bile duct, unconjugated bile acids can passively diffuse into the cholangiocytes, and conjugated bile acids can enter the cholangiocytes through apical sodium-dependent bile salt transporter (ASBT) (Xia et al. [2006](#page-179-0)). Bile acids in cholangiocytes are secreted into the peribiliary plexus via the OST α and OST β heterodimer and return to the hepatocytes for secretion into the bile or into the systemic circulation in cholestasis (Kullak-Ublick et al. [2000](#page-174-0); Xia et al. [2006](#page-179-0)).

Bile acid transporters are highly expressed in the terminal ileum where majority of bile acids are absorbed. This is a highly efficient process and only about ~5% of the bile acids is loss via fecal excretion. The ASBT mediates bile acid uptake into the enterocytes (Shneider et al. [1995](#page-178-0)). Bile acids are carried by the intestinal bile acidbinding protein (I-BABP) in enterocytes to the basolateral membrane (Gong et al. [1994\)](#page-172-0), where the OST α and OST β heterodimer secretes bile acids into the portal circulation (Ballatori et al. [2005](#page-170-0); Rao et al. [2008\)](#page-176-0). This transport system is highly efficient in re-uptake of conjugated bile acids in the ileum. The unconjugated primary and secondary bile acids can be reabsorbed in the colon via passive diffusion. About 5% of the bile acid pool is lost daily in feces, and fecal bile acids are enriched with unconjugated bile acids compared to the endogenous bile acid pool composition.

7.3 Liver Injury in Cholestasis

7.3.1 Cholestasis

Cholestasis is a pathological condition where normal bile flow out of the liver is reduced or disrupted, leading to bile acid backup and intrahepatic accumulation of bile acids. Cholestasis could be resulted from genetic defects in canalicular transporters, mechanical obstruction of bile duct by gallstones or tumors, factors associated with pregnancy (intrahepatic cholestasis of pregnancy, ICP), autoimmune destruction of the bile ducts in and outside of the liver, drug-induced liver toxicity (Srivastava [2014](#page-178-0); Zollner and Trauner [2008](#page-180-0)). In various cholestasis conditions, damage to the bile duct epithelium and elevated biliary pressure can cause bile duct rupture, exposure of hepatocytes to high concentrations of bile acids, inflammatory infiltration, and hepatocyte cell death. Hydrophobic bile acids are especially cytotoxic and cause hepatocyte cell death via various direct and indirect mechanisms. Chronic cholestasis causes liver fibrosis, cirrhosis, liver failure, or hepatocellular or cholangiocarcinomas.

Progressive familial intrahepatic cholestasis (PFIC) with chronic cholestasis and benign recurrent intrahepatic cholestasis (BRIC) with spontaneous resolving intermittent cholestasis are autosomal recessive diseases linked to mutations in *ATP8B1* (Type 1, PFIC1, also known as Byler disease), *BSEP* (Type 2, PFIC2), or *MDR3* (Type 3, PFIC3) (Srivastava [2014;](#page-178-0) Strautnieks et al. [1997\)](#page-178-0) (Fig. [7.3](#page-158-0)). The *ATP8B1* gene encodes a P-type ATPase that functions as an aminophospholipid flippase that maintains membrane asymmetry by inward flipping of phosphatidylserine from the outer leaflet of the plasma membrane. Defective BSEP leads to intrahepatic bile acid accumulation and reduced biliary bile acids. MDR3 mediates canalicular phosphoatidylcholine secretion. Defective phospholipid secretion reduces mixed micelle formation, leading to "free" bile acid damage to the canalicular membrane and cholangiocytes. Congenital intrahepatic cholestasis due to defective canalicular transport is usually early onset and exhibits clinical features of pruritus and jaundice, and slow growth due to vitamin deficiency (Zollner and Trauner [2008](#page-180-0)). Genetic polymorphisms and heterozygote mutations of the *PFIC1*, *PFIC2*, and *PFIC3* genes can also affect susceptibility to acquired cholestasis such as intrahepatic cholestasis of pregnancy or drug-induced liver cholestasis (Lang et al. [2007;](#page-174-0) Noe et al. [2005;](#page-175-0) Pauli-Magnus et al. [2004](#page-176-0)). Dubin-Johnson syndrome has been linked to mutations in the *MRP2* gene that encodes the canalicular bilirubin transporter (Keitel et al. [2003\)](#page-173-0). These patients have chronic hyperbilirubinemia, elevated bile acids and develop cholestasis. Neonatal cholestasis occurs in 1 of 2500 newborns and is even higher in premature newborns (Fischler and Lamireau [2014](#page-172-0)). Biliary atresia is a cholangiodestructive disease affecting both intra- and extra-hepatic biliary tract leading to cirrhosis and liver failure. Genetic defect in biliary tree development in infants causes decreased biliary bile flow and jaundice, liver cirrhosis, and death. Mutations in the junction protein 2 gene (*TJP2*) altered liver tight-junction structure and cause liver injury and progressive cholestasis (Sambrotta et al. [2014](#page-177-0)).

Primary biliary cholangitis (PBC) and primary sclerosing cholangitis (PSC) are two common types of slowly progressive chronic cholestasis diagnosed in adult humans (Kaplan and Gershwin [2005;](#page-173-0) Zein and Lindor [2010\)](#page-180-0). The etiology of PBC and PSC is not fully clear but involves genetic, immune, and environmental factors. PBC is characterized by autoimmune destruction of small intrahepatic bile duct, leading to inflammation and impaired hepatic bile acid secretion and accumulation. PSC is an idiopathic liver disease characterized by chronic liver inflammation and progressive destruction of intrahepatic and extrahepatic bile ducts. PBC is predominantly diagnosed in females, while PSC is more prevalent in men.

7.3.2 Mechanism of Cell Death in Cholestasis

Although hepatocytes are routinely exposed to physiological concentration of bile acids returning from the portal circulation, exposing cultured primary human and mouse hepatocytes to supra-physiological levels of hydrophobic bile acids can directly cause hepatocyte cell death via necrosis. Cholestatic livers of rodent models and human patients exhibited histological characteristics of hepatocellular necrosis. Due to the detergent property of hydrophobic bile acids, hydrophobic bile acids at mM concentration range have been shown to damage plasma membrane lipid layers and alter membrane protein structure and function, and therefore disrupt plasma membrane integrity in cultured hepatocytes (Billington et al. [1980](#page-170-0); Zhou et al. [2013\)](#page-180-0). In addition, exposure of cultured hepatocytes to high concentrations of bile acids can cause necrosis, which is thought to depend on mitochondria dysfunction and ROS generation, leading to cellular ATP depletion, cell swelling, and lysis (Rodrigues et al. [1998b;](#page-177-0) Sokol et al. [2001;](#page-178-0) Spivey et al. [1993\)](#page-178-0). Bile acids have also been shown to cause apoptosis in cultured hepatocytes, although recent experimental evidence suggests that necrosis is the major mechanism of cell death in mice after bile duct ligation (Woolbright and Jaeschke [2012](#page-179-0)). Treating mouse hepatocytes with 50 μM glycochenodeoxycholic acid (GCDCA) caused ligand-independent oligomerization of Fas receptor and caspase-8 activation, supporting the proapoptotic effect of hydrophobic bile acids (Faubion et al. [1999\)](#page-172-0). In another study, taurolithocholate-3-sulfate was shown to trigger a rapid NADPH oxidase-dependent oxidative stress that initiates a signaling cascade leading to c-Jun N-terminal kinase (JNK), protein kinase C (PKC), and the epidermal growth factor receptor (EGFR) activation, which eventually caused Fas receptor phosphorylation and membrane translocation (Reinehr et al. [2005\)](#page-177-0). This bile acid-induced signaling event resulted in mitochondrial permeability transition pore opening, cytochrome c release, caspase activation, and apoptosis. A study by Schoemaker et al. showed that NTCPdependent GCDCA uptake into the hepatocytes was required for GCDCA-induced hepatocyte death, linking intracellularly accumulated bile acids to the initiation of cell death (Schoemaker et al. [2004](#page-177-0)). A number of studies have shown that bile acid can directly target mitochondria for reactive oxygen species (ROS) production and oxidative stress, which may be a key early event in bile acid-induced apoptosis. Direct exposure of isolated rodent and human mitochondria to hydrophobic bile acids impaired mitochondrial bioenergetics function and membrane potential and induced ROS generation (Krahenbuhl et al. [1994;](#page-174-0) Rolo et al. [2000;](#page-177-0) Sokol et al. [1993](#page-178-0), [1995,](#page-178-0) [2005](#page-178-0)). In addition to the activation of extrinsic apoptotic pathway, bile acids have also been shown to directly cause mitochondrial membrane depolarization via ROS generation, [mitochondrial permeability transition pore](https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&ved=0ahUKEwj8o4a2-5nNAhUML1IKHacrB28QFggcMAA&url=https://en.wikipedia.org/wiki/Mitochondrial_permeability_transition_pore&usg=AFQjCNHEKH7KA3J5eTIKfu9IKc_-JPpsMQ&bvm=bv.124088155,d.aXo) (MPT), mitochondrial Bax translocation, and cytochrome c release, and therefore activation of the intrinsic apoptotic pathway (Rodrigues et al. [1998a,](#page-177-0) [1999](#page-177-0); Yerushalmi et al. [2001](#page-180-0)).

Direct toxicity of high concentrations of hydrophobic bile acids to hepatocytes has been demonstrated by numerous studies. However, cholestasis in vivo is associated with inflammation and immune cell infiltration, which plays more important roles in causing hepatocyte cell death in many forms of cholestasis (Woolbright and Jaeschke [2012](#page-179-0)). One possibility is that dead hepatocytes may release damage-associated molecular pattern molecules (DAMPs) that elicit a pro-inflammatory response in cholestatic livers. Furthermore, bile acids at pathological concentrations can act as pro-inflammatory molecules to induce cytokine and chemokine expressions in hepatocytes and macrophages (Zhang et al. [2012\)](#page-180-0). Elevated pro-inflammatory cytokines and chemokines have been reported in human cholestasis (Neuman et al. [2002;](#page-175-0) Yamashiki et al. [1998\)](#page-179-0). Bile acids are known to activate the MAPK signaling pathways including [extracellular signal-regulated kinases](https://en.wikipedia.org/wiki/Extracellular_signal–regulated_kinases) 1/2 (ERK1/2) and JNK, which may be involved in bile acid induction of cytokine expression (Gupta et al. [2001](#page-172-0), [2004;](#page-172-0) Miyake et al. [2000](#page-175-0); Song et al. [2009\)](#page-178-0). Through activation of the MAPK pathway, bile acids have been shown to induce early growth response factor 1 (Egr-1) in hepatocytes, which induced the production of cytokines, chemokines, and adhesion molecules that mediate the inflammatory response in cholestatic livers (Allen et al. [2010,](#page-170-0) [2011;](#page-170-0) Kim et al. [2006](#page-174-0)). These inflammatory responses as well as liver injury were significantly attenuated in *Egr-1* knockout mice after bile duct ligation (Kim et al. [2006\)](#page-174-0). Neutrophil infiltration after initial hepatocyte injury has been shown to play important roles in cholestatic liver injury (Gujral et al. [2003,](#page-172-0) [2004\)](#page-172-0). After bile duct ligation, there was extensive presence of neutrophils in the mouse liver parenchyma, while mice lacking CD18 or ICAM-1, which had significantly less neutrophil infiltration after bile duct ligation, also showed markedly attenuated liver injury (Gujral et al. [2003](#page-172-0), [2004\)](#page-172-0). In addition to hepatocytes, macrophages are a major source of cytokines including TNFα, IL-1β, and IL-6 in cholestasis. Cytokines produced by macrophages may mediate the hepatic pro-inflammatory response in cholestasis rather than causing direct hepatocyte cell death. IL-1 receptor deficient mice were partially protected against cholestatic liver injury after bile duct ligation (Sewnath et al. [2002](#page-178-0)). In contrast, studies found that depletion of Kupffer cells in the liver significantly increased liver injury and hepatocyte cell death in bile duct ligated mice, suggesting that Kupffer cells in general played a protective role in preventing liver injury and promoting cell survival and liver regeneration in cholestasis (Cheng et al. [2011;](#page-171-0) Gehring et al. [2006;](#page-172-0) Osawa et al. [2010;](#page-176-0) Roggin et al. [2000\)](#page-177-0). Further studies conducted in mice deficient in pro-inflammatory cytokine signaling showed that bile duct ligation caused more severe hepatocellular necrosis in TNF receptor knockout mice, which was attributed to lack of TNFα-mediated Mrp3 induction and bile acid efflux (Bohan et al. [2003](#page-170-0)). Furthermore, mice lacking IL-6 exhibited significantly higher plasma transaminases and hepatocellular necrosis after bile duct ligation (Gehring et al. [2006](#page-172-0)). These studies collectively suggest that these pro-inflammatory cytokines produced by macrophages play a protective role after cholestatic liver injury.

7.4 Mechanisms of Bile Acid Detoxification in Cholestasis

A number of adaptive mechanisms are activated during cholestasis to reduce bile acid toxicity to the liver, including decreased de novo bile acid synthesis, increased phase I and phase II bile acid metabolism, and induction of basolateral bile acid secretion. Several ligand-activated nuclear receptors namely farnesoid X receptor (FXR), pregnane X receptor (PXR), and constitutive androstane receptor (CAR) play important roles by regulating the transcription of genes involved in these adaptive pathways. These nuclear receptors form heterodimers with retinoid X receptor RXR and bind to their target gene promoters. Importantly, these nuclear receptors can be activated by bile acids or their derivatives in cholestasis, which thus tightly links bile acid sensing to the regulation of bile acid detoxification. In addition, bile acids can activate cell surface G protein couple receptors (GPCR) TGR5 and sphingosine-1-phosphate receptor (S1PR). These receptors have recently been implicated in the regulation of bile acid metabolism, inflammation, cell proliferation, and survival during cholestasis.

7.4.1 FXR

Hepatic bile acid synthesis is under negative feedback regulation by bile acids, which ensures a constant bile acid pool under normal physiology. In cholestasis, CYP7A1 expression may be repressed and hepatic de novo bile acid synthesis is reduced (Bertolotti et al. [2001;](#page-170-0) Schaap et al. [2009](#page-177-0)). The nuclear receptor FXR plays a central role in mediating bile acid feedback repression of bile acid synthetic genes in the liver. Hydrophobic bile acids including CDCA, CA, DCA, and LCA are endogenous FXR ligands, and among them CDCA is the most potent ligand with an $EC_{50} = -10$ μmol/L (Makishima et al. [1999](#page-176-0); Parks et al. 1999). Hydrophilic bile acids are not FXR ligands. FXR is expressed in both hepatocytes and in enterocytes, and activation of either hepatocyte FXR or intestine FXR leads to inhibition of *CYP7A1* gene transcription via two distinct signaling mechanisms. First, hepatocyte FXR can transcriptionally induce a nuclear receptor small heterodimer partner (SHP), which lacks a DNA binding domain and mainly acts as a co-repressor of other transcriptional factors via protein-protein interaction. Two nuclear receptors liver receptor homolog-1 (LRH-1) and hepatocyte nuclear factor 4α (HNF4 α) bind to *CYP7A1* gene promoter and maintain the basal *CYP7A1* gene transcription (Goodwin et al. [2000;](#page-172-0) Lu et al. [2000\)](#page-175-0). SHP has been shown to inhibit the transactivation activity of both HNF4 α and LRH-1, leading to transcriptional inhibition of *CYP7A1*. Hepatocytes can efficiently secrete bile acids into the bile. In normal physiology, expansion of bile acid pool results in increased intestine bile acid content without significant intrahepatic bile acid accumulation (Li et al. [2010](#page-174-0), [2012\)](#page-174-0). Therefore, intestine bile acid sensing is very important in maintaining constant bile acid pool size. FXR activation in the intestine transcriptionally induces fibroblast growth factor 15 (FGF15) in mice. FGF15 can act as an endocrine hormone to activate the FGF receptor 4 (FGFR4) on hepatocytes. This leads to intracellular activation of ERK1/2 resulting in the transcriptional repression of *CYP7A1* gene (Inagaki et al. [2005](#page-173-0); Goetz et al. [2007;](#page-172-0) Ito et al. [2005;](#page-173-0) Li et al. [2014;](#page-174-0) Lin et al. [2007](#page-174-0); Wang et al. [2014](#page-179-0)). Human FGF19 shares $\sim 51\%$ amino acid sequence homology with mouse FGF15, and thus is the mouse FGF15 orthologue. FGF19 also acts via FGFR4 to repress human *CYP7A1* (Song et al. [2009](#page-178-0)). While mouse hepatocytes do not express FGF15, human hepatocytes express and secrete FGF19. Circulating FGF19 levels increased in human patients with obstructive cholestasis (Schaap et al. [2009\)](#page-177-0), suggesting that hepatic bile acid accumulation in human cholestasis

may induce both SHP and FGF19 to repress bile acid synthesis. It is worth mentioning that cholestasis is often accompanied with hepatic inflammation and elevation of cytokine expression. Numerous studies have demonstrated that pro-inflammatory cytokines repress *CYP7A1* gene transcription via activation of MAPK signaling pathways (Li and Chiang [2007](#page-174-0); Li et al. [2006](#page-174-0); Miyake et al. [2000\)](#page-175-0). Hepatic FXR may be repressed in cholestasis (Alvarez et al. [2004;](#page-170-0) Chen et al. [2004\)](#page-171-0). It is likely that pro-inflammatory signaling also plays a significant role in hepatic CYP7A1 down-regulation in chronic cholestasis.

Activation of FXR also reduces basolateral bile acid uptake via inhibition of NTCP (Denson et al. [2001](#page-171-0)), and promotes biliary bile acid secretion by inducing BSEP (Ananthanarayanan et al. [2001\)](#page-170-0), MRP2 (Kast et al. [2002\)](#page-173-0), and the phospholipid transporter ABCB4 (Liu et al. [2003](#page-174-0)). In cholestatic conditions, the basolateral transporters including OSTs and MRPs may be induced, resulting in direct bile acid efflux into the systemic blood circulation and elevated plasma bile acid concentration (Ballatori et al. [2005](#page-170-0); Boyer et al. [2006;](#page-171-0) Cui et al. [2009\)](#page-171-0). FXR induces the *OSTα* and *OSTβ* genes that are involved in basolateral bile acid secretion. In the intestine, FXR induces *OSTα* and *OSTβ* genes (Frankenberg et al. [2006\)](#page-172-0) and represses *ASBT* gene (Chen et al. [2003;](#page-171-0) Neimark et al. [2004](#page-175-0)), and thus inhibits intestine bile acid absorption.

FXR mutations have been linked to ICP (Mullenbach et al. [2005](#page-175-0); Painter et al. [2005;](#page-176-0) Van Mil et al. [2007](#page-179-0)). A recent study has identified mutations in the *FXR* gene in PFIC patients by whole-exome sequencing, and single nucleotide polymorphism study of two unrelated probands with severe cholestasis identified homozygous mutations in the *FXR* gene (Gomez-Ospina et al. [2016](#page-172-0)). The mutations caused altered DNA binding, non-responsive to ligand activation and non-detectable FXR.

7.4.2 PXR and CAR

The PXR is a xenobiotic sensor that is activated by a wide range of xenobiotics, endobiotics, and clinical drugs. PXR activation induces CYP3A and CYP2 family enzymes, conjugation enzymes, and transporters, and thus plays a key role in drug metabolism and drug-drug interaction (Kliewer et al. [2002](#page-174-0)). In cholestasis, PXR can also be activated by high levels of bile acids. Activation of PXR by bile acids or drugs has been shown to transcriptionally inhibit *CYP7A1* gene via its repressive effect on HNF4 α (Bhalla et al. [2004;](#page-170-0) Li and Chiang [2005;](#page-174-0) Mason and Boyd [1978;](#page-175-0) Stahlberg [1995;](#page-178-0) Staudinger et al. [2001\)](#page-178-0). In addition, PXR induces phase I bile acid metabolizing enzymes such as CYP3A and CYP2B that convert hydrophobic bile acids into more hydrophilic and less toxic metabolites via hydroxylation, which at the same time increases bile acid conjugation and secretion (Staudinger et al. [2001\)](#page-178-0). In phase II and phase III bile acid metabolism, PXR also induces the bile acid conjugation enzyme SULT2A1 and UGT isoforms that play significant roles in detoxifying bile acids in cholestasis (Kliewer and Willson [2002](#page-174-0)). Consistently, mice lacking PXR were more susceptible to hepatotoxicity caused by LCA treatment or bile duct ligation (Staudinger et al. [2001,](#page-178-0) [2005](#page-178-0)), while pharmacological activation of PXR protected against liver injury in experimental cholestasis models (Stedman et al. [2005\)](#page-178-0). The PXR agonist rifampicin has been used to treat pruritus in human cholestasis (Hofmann [2002](#page-173-0)).

The CAR is another key nuclear receptor in regulating drug and bile acid metabolizing genes in the liver (Stanley et al. [2006](#page-178-0)). Bile acids are not endogenous CAR ligands, but CAR can be activated by toxic metabolites in cholestatic livers. CAR also binds to the promoter of *CYP3A* and *CYP2B* genes and induces their expressions. CAR may play an important role in inducing sulfation of bile acids because *CAR* transgenic mice had increased levels of sulfated LCA and were resistant to LCA toxicity (Saini et al. [2004](#page-177-0)). Furthermore, CAR activation resulted in *CYP7A1* gene down-regulation in hepatocytes (Miao et al. [2006](#page-175-0)). A number of studies conducted in mice have demonstrated a protective role of CAR against cholestatic liver injury (Beilke et al. [2009](#page-170-0); Guo et al. [2003;](#page-172-0) Saini et al. [2004](#page-177-0); Stedman et al. [2005\)](#page-178-0).

7.4.3 TGR5

TGR5 is a $G_{\alpha s}$ class of GPCR activated by bile acids (Kawamata et al. [2003;](#page-173-0) Maruyama et al. [2002](#page-175-0)). TGR5 activation stimulates adenylyl cyclase, which converts AMP to cAMP to activate protein kinase A (PKA). LCA and 3-keto-LCA are the most potent TGR5 ligands with an EC_{50} of less than 1 μ M. Other hydrophobic bile acids such as DCA, CDCA, and CA activate TGR5 at EC_{50} of 1–10 μ M range. In the liver, TGR5 is not expressed in hepatocytes, but is expressed in liver sinusoidal endothelial cells (Keitel et al. [2007\)](#page-173-0), cholangiocytes, gallbladder epithelial cells, and Kupffer cells, but not in hepatocytes (Keitel et al. [2008\)](#page-173-0). TGR5 is also expressed in the ileum and colon (Kawamata et al. [2003\)](#page-173-0), where TGR5 regulates gut motility(Alemi et al. [2013b\)](#page-170-0), barrier function and immune response (Cipriani et al. [2011;](#page-171-0) Yoneno et al. [2013](#page-180-0)), and glucagon-like peptide 1 (GLP-1) production (Katsuma et al. [2005](#page-173-0); Thomas et al. [2009\)](#page-179-0). Outside the enterohepatic system, TGR5 is expressed in white and brown adipose, spleen, kidney, pancreas, lung, and the central nervous system (Kawamata et al. [2003\)](#page-173-0). Studies have suggested that TGR5 in these tissues can be targeted by pharmacological agents as potential therapeutics (Kumar et al. [2012,](#page-174-0) [2016;](#page-174-0) Wang et al. [2016](#page-179-0); Watanabe et al. [2006](#page-179-0)). However, because these tissues are normally exposed to very low levels of bile acids, whether TGR5 mediates endogenous bile acid signaling in these tissues in physiological conditions is uncertain.

Experimental evidence supporting the involvement of TGR5 signaling in bile acid metabolism and cholestatic liver injury came from a few studies conducted in *Tgr5* knockout mice. These studies found that *Tgr5* knockout mice had reduced bile acid pool size (Maruyama et al. [2006](#page-175-0)), a more hydrophobic bile acid composition and showed more severe liver injury after bile duct ligation (Pean et al. [2013\)](#page-176-0), suggesting a protective role of TGR5 in cholestasis. The reduced bile acid pool size and altered bile acid pool composition in *Tgr5* knockout mice cannot be fully accounted for by altered hepatic bile acid synthesis gene expression (Maruyama et al. [2006\)](#page-175-0). The role of TGR5 in the regulation of bile acid transport in the enterohepatic systems remains to be determined. Cholangiocytes may be exposed to physiological and pathological concentrations of bile acids high enough to activate TGR5. In addition, cholangiocytes are subjected to direct toxicity of high concentrations of bile acids during cholestasis. TGR5 is localized to the primary cilium of cholangiocytes and exhibited proliferative and anti-apoptotic functions (Keitel et al. [2010](#page-174-0); Reich et al. [2016](#page-177-0)). Cholangiocyte proliferation was significantly reduced in bile ductligated *Tgr5* KO mice, while TGR5 activation protected against cholangiocyte cell death, suggesting that cholangiocyte TGR5 is involved in protection against bile acid-induced bile duct injury. In addition, TGR5 promotes cholangiocyte proliferation and the development of cholangiocarcinoma in cholestasis (Reich et al. [2016](#page-177-0)).

Cholestasis is associated with hepatocyte cell death, cytokine production, and inflammatory infiltration. It was reported that *Tgr5−/−* mice had more severe liver necrosis and inflammation compared to wild-type mice (Wang et al. [2011\)](#page-179-0). The TGR5-cAMP pathway inhibits LPS-induced cytokine production in Kupffer cells, which suggested that TGR5 in Kupffer may play a protective role against excessive cytokine production and liver injury in obstructive cholestasis (Keitel et al. [2008\)](#page-173-0). Consistent with an anti-inflammatory role of TGR5 in macrophages, TGR5 activation is shown to be beneficial in other inflammation-associated disease models including atherosclerosis, non-alcoholic steatohepatitis (NASH), and colitis (Cipriani et al. [2011;](#page-171-0) Kawamata et al. [2003;](#page-173-0) Keitel et al. [2008;](#page-173-0) McMahan et al. [2013;](#page-175-0) Pean et al. [2013](#page-176-0); Perino et al. [2014](#page-176-0); Wang et al. [2011](#page-179-0); Yoneno et al. [2013\)](#page-180-0). Finally, recent studies showed that activation of TGR5 in sensory nerves by bile acids or their derivatives mediates itch associated with cholestasis (Alemi et al. [2013a](#page-169-0); Lieu et al. [2014](#page-174-0)).

7.4.4 Sphingosine 1 Phosphate Receptor

By screening of bile acid-activated GPCR, Karimian et al. identified the sphingosine-1-phosphate receptor 2 (S1PR2) as a receptor for tauro- or glyco-conjugated hydrophobic and hydrophilic bile acids, including TCA, TDCA, TUDCA, GCA, GDCA, but not for unconjugated bile acids (Studer et al. [2012\)](#page-179-0). Sphingosine can be produced via ceramide hydrolysis or via de novo synthesis from serine and palmitoyl-CoA. Sphingosine-1-phosphate (S1P) is a lipid mediator generated by intracellular lipid kinases sphingosine kinase 1 (SphK1) and sphingosine kinase 2 (SphK2) via sphingosine phosphorylation (Strub et al. [2010\)](#page-178-0). S1P is transported outside of the cells and via autocrine/paracrine manners activates a number of SIPRs. Activation of S1PR2 by conjugated-bile acids leads to activation of ERK1/2 and AKT signaling pathways, and may mediate TUDCA regulation of cell survival pathways (Qiao et al. [2002](#page-176-0); Schoemaker et al. [2004](#page-177-0)). In line with this, activation of SphK and S1P production has also been suggested to mediate the anti-apoptotic effects of TNFα on human hepatocytes (Osawa et al. [2001,](#page-176-0) [2005\)](#page-176-0). Increased ceramide and sphingosine

production is linked to obesity and NAFLD (Jiang et al. [2015a](#page-173-0), [2015b](#page-173-0); Qi et al. [2015\)](#page-176-0). Conversion of ceramide to S1P may attenuate the effect of ceramide and high-fat diet induced insulin resistance (Bruce et al. [2012\)](#page-171-0). S1P activation of S1PRs regulates inflammation, cell death, and insulin sensitivity in liver, muscle, pancreas, and immune cells (Adada et al. [2013\)](#page-169-0). The role of bile acid activation of S1PR in modulating bile acid toxicity and hepatocyte injury requires further investigation.

7.5 Cholestasis Therapies

7.5.1 Ursodeoxycholic Acid

UDCA is a hydrophilic bile acid presented at very low levels (less than 5%) in human bile. UDCA is generally nontoxic to humans, and has been used for effective gallstone dissolution and also for digestive diseases in human patients for many years (Lioudaki et al. [2011](#page-174-0)). UDCA (Ursodiol™) has been approved by FDA for treating PBC, and has been shown to significantly improve liver tests and prolong the time needed for liver transplantation in these patients (Dyson et al. [2015\)](#page-171-0). At recommended dose of 13–15 mg/kg/day, UDCA can be enriched to ~40% in the bile of patients (Dilger et al. [2012](#page-171-0)). UDCA does not activate bile acid receptors FXR or TGR5. Originally thought that UDCA can replace toxic hydrophobic bile acid and increase bile acid pool hydrophilicity, more recent evidence suggests that UDCA can activate intracellular signaling pathways such as PKC and MAPK and alleviate liver injury in cholestasis via several mechanisms. UDCA increases hepatobiliary secretion and promotes biliary HCO3[−] secretion that protects hepatocytes and cholangiocytes from hydrophobic bile acid insult (Beuers [2006;](#page-170-0) Hohenester et al. [2012;](#page-173-0) Prieto et al. [1999](#page-176-0)). In addition, studies also support that UDCA exhibits antiinflammatory and pro-survival effects in cholestasis (Beuers [2006](#page-170-0); Poupon [2012\)](#page-176-0). Nor-ursodeoxycholic acid (norUDCA) is a side chain-shortened C_{23} homologue of UDCA (Yeh et al. [1997](#page-180-0); Yoon et al. [1986\)](#page-180-0). It has been shown that norUDCA is passively absorbed by cholangiocytes and undergoes cholehepatic shunting, and increases HCO3− secretion (Beuers [2006\)](#page-170-0). So far, norUDCA has been shown to improve sclerosing cholangitis in the *Mdr2*−/− model of cholangiopathy (Halilbasic et al. [2009\)](#page-173-0), and its potential benefits in human cholestasis will be tested in current and future clinical trials. About 40% of the PBC patients do not respond adequately to UDCA and still need novel effective therapies for disease management (Pares et al. [2006\)](#page-176-0). UDCA is not effective in treating patient with PSC, and the efficacy of UDCA in other forms of cholestasis has not been demonstrated (European Association for the Study of the Liver [2009\)](#page-171-0).

Fibrates, the peroxisome proliferator-activated receptor α (PPAR α), have been used to treat patients with hypertriglyceridemia. Fibrate has been used as monotherapy for PBC patients, and in combination therapy with UDCA for PBC patients who do not adequately respond to UDCA (Ghonem et al. 2015). PPAR α inhibits

CYP7A1, CYP8B1, and CYP27A1 to reduce bile acid synthesis. PPARα also induces MRP3, UGT2B4, and SULT2A1 for detoxification of bile acids. In clinical studies, bezafibrate reduced serum alkaline phosphatase and GTT in PBC patients who did not adequately respond to UDCA (Iwasaki et al. [2008](#page-173-0)). See detailed review of the use of fibrate drugs as adjunct therapy for cholestasis (Ghonem et al. [2015](#page-172-0)).

7.5.2 FXR Agonist

Obeticholic acid (OCA) is a potent FXR agonist developed by Intercept Pharmaceuticals Inc. OCA is a 6α-ethyl CDCA derivative that selectively activates FXR with a ~100-fold higher potency than CDCA (Pellicciari et al. [2002,](#page-176-0) [2004\)](#page-176-0). Based on the understanding of FXR regulation of bile acid metabolism and inflammation, the potential benefit of OCA in treating cholestasis has been extensively investigated in both experimental animal models and in humans (Ali et al. [2015\)](#page-170-0). OCA treatment showed effective protection in experimental cholestasis models (Fiorucci et al. [2005](#page-172-0); Pellicciari et al. [2002\)](#page-176-0). Recent clinical trials also showed that OCA significantly improved liver tests in patients with PBC (Hirschfield et al. [2015\)](#page-173-0). In patients who did not respond adequately to UDCA therapy, OCA significantly reduced serum alkaline phosphatase, γ-glutamyltransferase (GGT), and alanine aminotransferase activities compared to placebo group (Hirschfield et al. [2015\)](#page-173-0). OCA has recently been approved by FDA for treating PBC patients. In addition, OCA also improved NASH score in clinical trials, and is a promising therapy for fatty liver disease (Ali et al. [2015](#page-170-0); Neuschwander-Tetri et al. [2015](#page-175-0)).

7.5.3 TGR5 Agonist and FXR/TGR5 Dual Agonist

INT-777 is a TGR5 selective agonist and has been shown to protect intestinal barrier and immune response to experimental colitis (Cipriani et al. [2011\)](#page-171-0). TGR5 activation stimulates GLP-1 secretion from enteroendocrine L cell and stimulates insulin secretion from pancreatic β cells (Katsuma et al. [2005](#page-173-0); Kumar et al. [2016](#page-174-0)). Potent TGR5 selective agonists are in the development for treating metabolic diseases (Sato et al. [2008](#page-177-0); Tiwari and Maiti [2009\)](#page-179-0). Activation of TGR5 protects cholangiocytes from bile acid toxicity in cholestasis and thus is a potential therapy for cholestasis (Cipriani et al. [2011](#page-171-0); Pols et al. [2011](#page-176-0)). INT-767 is a dual FXR and TGR5 agonist (D'Amore et al. [2014;](#page-171-0) Rizzo et al. [2010\)](#page-177-0). INT-767 has been shown to reduce liver injury in *Mdr2−/−* cholangiopathy mouse model (Baghdasaryan et al. [2011\)](#page-170-0). INT-767 treatment to *db*/*db* mice improved hepatic steatosis and decreased inflammation (McMahan et al. [2013](#page-175-0)). However, TGR5 agonists may also promote proliferation and apoptosis and progression of cholangiocarcinoma (Reich et al. [2016\)](#page-177-0). Pruritus is commonly associated with cholestasis and also with treatment with bile acid derivatives including both FXR and TGR5 agonists (Alemi et al. [2013a\)](#page-169-0).

7.5.4 FGF19 Therapy

FGF19 is induced by FXR agonist to inhibit hepatic bile acid synthesis and thus is a potential therapeutic for cholestasis. An unwanted effect of FGF19 therapy is potential carcinogenesis because FGF19 is a growth factor that stimulates cell proliferation. An engineered FGF19 variant M70 mimics FGF19 in regulation of bile acid synthesis but is devoid of growth factor activity and does not cause hepatic tumorigenesis (Zhou et al. [2014\)](#page-180-0). This FGF19 variant reduces CYP7A1 activity and protects mice from cholestatic liver injury, and also reduces serum 7α -hydroxy-4cholesten-3-one, the serum marker for hepatic bile acid synthesis in human subjects (Luo et al. [2014\)](#page-175-0). M70 reduces liver injury in *Mdr2−/−* sclerosing cholangitis mice (Zhou et al. [2016](#page-180-0)). Phase II clinical trial of M70 for primary sclerosing cholangitis patients is ongoing.

7.6 Conclusion

Bile acids are physiological detergent molecules that facilitate intestine fat and nutrient absorption, and are signaling molecules that regulate various cellular processes involved in metabolism, immune response, and cell growth. Bile acids are highly toxic and accumulation of bile acids in cholestasis leads to liver injury and inflammation. Both genetic defects and environmental factors can lead to cholestasis. During cholestasis, many protective mechanisms are activated to decrease bile acid synthesis and increase bile acid detoxification and excretion. Bile acid-activated receptors play important roles in mediating these protective mechanisms in the liver. Understanding of the mechanism of cell injury and the regulation of bile acid detoxification mechanisms in cholestasis have provided molecular basis for the development of novel therapeutic approaches for the treatment of cholestasis.

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Chapter 8 Cell Death in Ischemia-Reperfusion-Induced Liver Injury

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Abbreviations

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8.1 Introduction

Hepatic ischemia-reperfusion injury (IRI) is an unavoidable consequence of transplantation, trauma, shock, and elective liver resection, where transient inflow occlusion or total vascular exclusion is utilized to reduce blood loss (Tsung et al. [2005\)](#page-200-0). The initial phase of injury is due to direct cellular damage from ischemic insult. However, reperfusion of the liver has widespread effects through multiple mechanisms including production of reactive oxidant species (ROS), reactive nitrogen species, and excessive activation inflammatory pathways leading to cytokine release and migration of innate immune cells (Nastos et al. [2014](#page-199-0)). The end result is cell death that occurs through various mechanisms. In the setting of transplant, injury is mediated primarily through "cold" IRI in which cell death occurs primarily in sinusoidal endothelial cells (Zhai et al. [2013](#page-200-0)). In elective liver resection, "warm" IRI primarily leads to cell death of hepatocytes and results in significant enzyme release (Jaeschke and Woolbright [2012](#page-198-0)). In both settings, cell death typically does not manifest until the reperfusion phase. Additionally, an understanding of mechanisms of cell death after liver IRI is essential as the need for major liver surgery and transplantation increases with the increasing prevalence of hepatic parenchymal disease and associated malignancy (Ratziu et al. [2015](#page-199-0)).

Cell death occurs through a number of molecular mechanisms that can be classified in various ways and additionally affects various cell types. *Hepatocytes*, the major parenchymal cells of the liver, are subject to cell death through loss of calcium homeostasis, loss of cellular antioxidants, stimulation of catabolic enzymes, ATP depletion, and downstream mitochondrial dysfunction (Quesnelle et al. [2015\)](#page-199-0).

Subsequently, dying hepatocytes release damage-associated molecular patterns (DAMPs) into the circulation, including histones and high-mobility group box protein (HMGB1), that trigger the systemic inflammatory response associated with IRI (Quesnelle et al. [2015\)](#page-199-0). The liver also consists of non-parenchymal cells, including *Kupffer cells*, the resident macrophages of the liver, which generate cytokines (including IL-1, IL-6, TNF- α) leading to post-ischemic tissue damage and neutrophil recruitment (Peralta et al. [2013\)](#page-199-0). *Liver sinusoidal endothelial cells (LSECs)* are additional important non-parenchymal cells present in the liver. A role for these LSECs is proposed in IRI and they are known to quickly suffer severe damage, but the mechanisms of LSEC damage after IRI have yet to be further elucidated (Caldwell-Kenkel et al. [1989;](#page-196-0) Peralta et al. [2013](#page-199-0)). A final type of non-parenchymal cell is the *hepatic stellate cell*, found in the perisunusoidal space, also known to suffer during IRI (Peralta et al. [2013](#page-199-0)). Innate immune cells, including *neutrophils*, additionally participate in the release of ROS, proteases, and degradative enzymes that lead to further cell death after IRI (Peralta et al. [2013\)](#page-199-0). Additionally, monocytes, macrophages, dendritic cells (DCs), and natural killer cells are recruited to the site of injury and release cytokines, chemokines, lipid messengers, and ROS, which lead to hepatocyte death after IRI (Brenner et al. [2013](#page-196-0)). DCs, in particular, play a dual role in IRI, as blood-borne DCs can act as antigen-presenting cells and play a pro-inflammatory role after hepatic IRI, while liver-resident DCs have recently been shown to have a protective role in cold IRI associated with liver transplant (Zhang et al. [2013](#page-201-0)). Cell death mechanisms can be further distinguished by spontaneous vs. non-spontaneous cell death, the production of an inflammatory response or lack thereof, and biochemical and morphologic characteristics (Magna and Pisetsky [2016](#page-198-0)).

Until about a decade ago, cell death was viewed as simply *necrosis vs. apoptosis*, two distinct forms of cell death that occur as a consequence of hepatic IRI. The acute metabolic disruption associated with IRI leads to ATP depletion and oncotic necrosis. Meanwhile, apoptosis is an ATP-dependent form of programed cell death requiring specific stimuli, death ligand/receptor interactions, cascade of caspase activation, and ultimately leakage of cellular components (Majno and Joris [1995;](#page-198-0) Malhi et al. [2006\)](#page-198-0). Necrosis affects large groups of cells while apoptosis generally affects individual cells that have been programmed to undergo this distinct form of cell death. Additionally, the two forms of cell death are morphologically and biochemically discrete. Necrosis occurs acutely after reperfusion and is characterized by cell swelling, karolysis, vacuolization, and enzyme release (Gujral et al. [2001;](#page-197-0) Malhi et al. [2006](#page-198-0)). Apoptosis, on the other hand, is characterized by cell shrinkage, chromatin condensation, DNA degradation, nuclear lobulation, and fragmentation, with ultimate fragmentation of cells into apoptotic bodies (Malhi et al. [2006\)](#page-198-0).

However, necrosis and apoptosis occur in conjunction and do have shared features including mitochondrial permeability transition (MPT) and may in fact represent a spectrum of cell death rather than two distinct mechanisms or alternate pathways to cell death by the same mechanisms (Malhi et al. [2006\)](#page-198-0). Recently, it has come to light that there are several other inter-related regulated forms of nonapoptotic cell death with significant inflammatory effects. These include necroptosis,

		Main mechanism/	Associated
	Morphology	regulator	inflammatory response?
Necrosis	Cell swelling Karyolysis Vacuolization	ATP depletion	Yes
Apoptosis	Nuclear condensation Apoptotic bodies	Caspase cascade	No (Rarely through secondary necrosis)
Necroptosis	Cell swelling Membrane rupture	RIPK3	Yes
Ferroptosis	Smaller mitochondria	Iron-dependent	Yes
Pyroptosis	Chromatin condensation	Caspase 1	Yes
Autophagy	Double-membraned vacuoles	PI3K ATG genes	Unknown
NETosis	Neutrophil release of chromatin fibers	Sepsis, sterile inflammation	Yes

Table 8.1 Forms of cell death, morphology, and mechanisms

autophagy, pyroptosis, and ferroptosis, and NETosis, as shown in Table 8.1. *Necroptosis*, morphologically similar to but biochemically distinct from necrosis, is triggered in the presence of caspase inhibition and mediated by receptor-interacting serine/threonine protein kinase 3 (RIPK3) (Linkermann and Green [2014\)](#page-198-0). *Autophagy*, meanwhile, is a lysosome-mediated form of cell death used by both normal and damaged liver cells to remove long-lived or malformed proteins and organelles (Cursio et al. [2015\)](#page-197-0). *Pyroptosis*, unlike apoptosis, is dependent specifically on casepase-1 and leads to significant release of pro-inflammatory cytokines (Tait et al. [2014](#page-200-0)). *Ferroptosis* is an oxidative iron-dependent form of cell death triggered by inactivation of cellular glutathione (GSH) (Cao and Dixon [2016\)](#page-196-0). These interrelated forms of cell death are a growing area of interest and all participate in the widespread consequences seen after hepatic IRI.

8.2 Necrosis

One of the major effects of IRI is depletion of ATP as it cannot be produced by mitochondria. The result of this is significant morphological change from cytoskeletal alterations, including cell and mitochondrial swelling, dilation of the endoplasmic reticulum, and formation of plasma membrane outpouchings called "blebs" as shown in Fig. [8.1](#page-185-0) (Lemasters et al. [1987](#page-198-0)). In short periods of ischemia, bleb formation can be rapidly reversed but after minutes to hours of ischemia, a metastable state develops with mitochondrial permealization, lysosome disruption, bleb growth and coalescence, cell swelling, and leakage of anionic (but not cationic) cell contents through opening of anionic death channels (Nieminen et al. [1988](#page-199-0); Zahrebelski and Nieminen [1995;](#page-200-0) Nishimura and Lemasters [2001\)](#page-199-0). Ultimately, bleb rupture and

Fig. 8.1 Morphologic changes associated with necrosis after hepatic IRI

failure of the plasma membrane lead to cell death. Because cell contents are released, a significant inflammatory response is induced after cells die in this manner. Morphologic/histologic characteristics, reflective of membrane failure, include diffuse areas of cell swelling, vacuolation, karyolysis, cell content release, with significant inflammatory response (Jaeschke and Lemasters [2003\)](#page-198-0).

8.2.1 Role in Cell Death and Hepatic IRI

Necrotic cells are thought to be the most prominent source of DAMPs, also known as alarmins, a diverse group of molecules that modulate sterile inflammation after IRI (Brenner et al. [2013](#page-196-0)). Among the inflammatory responders are macrophages, which act to resorb remnant necrotic tissue and expelled cell contents. This form of cell death, interchangeably termed necrosis, oncotic necrosis, or oncosis, is commonly thought to be responsible for 90% of cell death after IRI (Gujral et al. [2001\)](#page-197-0). In several studies, the amino acid glycine has been shown to inhibit oncotic/necrotic cell death by blocking the final phase of cell swelling but does not act to restore metabolic derangements such as ATP depletion (Weinberg et al. [1987](#page-200-0); Dickson et al. [1992;](#page-197-0) Marsh et al. [1993](#page-199-0)).

8.3 Apoptosis

8.3.1 Morphologic Features

Apoptosis was originally described based on its morphologic characteristics including nuclear condensation, chromatin margination, and fragmentation of both the nucleus and cytoplasm into "apoptotic bodies" that are ultimately degraded (Jaeschke and Lemasters [2003](#page-198-0)). Apoptosis, a form of cell death that affects select cell populations, was classically described with normal cellular organelles without release of intracellular contents or induction of an inflammatory response (Kerr et al. [1972](#page-198-0)). Apoptosis has since been shown to induce cytoplasmic changes including mitochondrial swelling, alterations to the endoplasmic reticulum, and secondary necrosis with release of proinflammatory cellular contents when the process is incomplete (Ogasawara et al. [1993;](#page-199-0) Camilleri-Broet et al. [1998\)](#page-196-0). Thus, morphology remains the best way to distinguish apoptosis from other distinct forms of cell death.

8.3.2 Pathways

A variety of pathways lead to apoptotic cell death, including the "extrinsic pathway," the "intrinsic pathway" (mitochondrial mediated), and NF-κB signaling pathways, as shown in Fig. [8.2](#page-187-0). The "extrinsic" pathway occurs due to ligands such as tumor necrosis factor TNF-α, Fas ligand, tumor necrosis factor-related apoptosisinducing ligand (TRAIL) interact with receptors and adapter proteins including TNF-α receptor-associated death domain and Fas-associated death domain (FADD). This results in receptor oligomerization and proteolytic activation of pro-caspase-8 to caspase-8 (Jaeschke and Lemasters [2003\)](#page-198-0). In the type 1 pathway, caspase-8 can directly activate pro-caspase-3 to induce apoptosis. However, hepatocytes require mitochondrial activation of the receptor signal through a type 2 pathway where caspase-8 cleaves BH3-interacting domain death agonist (Bid), a member of the B-cell lymphoma 2 (Bcl-2) family, to active fragment tBid which translocates to mitochondria and initiates caspase cleavage (Scaffidi et al. [1998](#page-199-0); Yin [2000](#page-200-0); Jaeschke and Lemasters [2003\)](#page-198-0). The end result is the formation of the "apoptosome," a complex containing mitochondrial released cytochrome C, apoptosis-activating-factor-1, ATP, and pro-caspase-9, which then activates pro-caspase-3 and leads to the final morphologic changes of apoptosis (Korsmeyer et al. [2000;](#page-198-0) Wang [2001\)](#page-200-0).

The type 2 pathway to apoptosis is faster and better regulated than the type 1 pathway but does require mitochondrial involvement and can be blocked by cyclosporin A (Hatano et al. [2000;](#page-197-0) Jaeschke and Lemasters [2003](#page-198-0)). Alternate pathways to apoptosis such as the "intrinsic" pathway are less completely understood and also lead to the activation of caspase 9 and caspase 3 through p53-dependent gene expression and translocation of pro-apoptotic Bcl-2-associated X (Bax) proteins (Jaeschke and Lemasters [2003\)](#page-198-0). An additional pathway that leads to apoptosis is

Fig. 8.2 Intrinsic and extrinsic pathways lead to apoptosis via activation of the caspase cascade

through TNF-α and Fas-mediated activation of TNF-α receptor-associated factor, which subsequently degrades inhibitor of nuclear factor κB (IκB) with the end result allowing NF-κB to induce apoptosis (Jaeschke and Lemasters [2003\)](#page-198-0).

8.3.3 Role in Cell Death and Hepatic IRI

First described in 1996 in the setting of warm hepatic IRI, both sinusoidal endothelial cells and hepatocytes undergo apoptotic cell death (Sasaki et al. [1996](#page-199-0)). There is some controversy about the contribution of apoptosis to cell death after liver IRI. Observations using terminal deoxynucleotidyl transferase-mediated deoxyuridine triphosphate nick-end labeling (TUNEL) assay had suggested that up to 60–80% of susceptible sinusoidal endothelial cells and hepatocytes underwent apoptosis, potentially induced by Kupffer cell and platelet release of TNF-α, within 6 h of reperfusion (Kohli et al. [1999](#page-198-0); Natori et al. [1999;](#page-199-0) Sindram et al. [2000;](#page-199-0) Sindram et al. [2001](#page-199-0)). However, as previously mentioned, apoptosis affects individual cells and so quantitatively apoptosis only comprises 2% of the liver cells at risk (Gujral et al. [2001\)](#page-197-0). Therapeutically, pan-caspase inhibitors have been shown to have a modest protective effect on liver IRI by preventing Fas-mediated apoptosis (Cursio et al. [1999;](#page-197-0) Natori et al. [1999](#page-199-0))

8.4 Shared Features/Current Updates

An abundance of work done over the last decade has shown that mechanisms of necrosis and apoptosis are intricately intertwined. Mitochondrial permeability transition (MPT), depicted in Fig. 8.3, triggered by TNF- α and Fas-dependent signaling pathways in apoptosis, has been shown to also play a role in oncotic necrosis (Bernardi [1999](#page-196-0); Jaeschke and Lemasters [2003](#page-198-0)). In particular, hepatocytes and endothelial cells are susceptible to pH-dependent necrotic cell death associated with reperfusion. Initial ischemic insult leads to acidosis that protects against necrotic cell death. However, upon reperfusion, restoration of pH leads to MPT and oncotic necrosis secondary to ATP depletion, without involvement of the caspase cascade (Malhi et al. [2006](#page-198-0)). While cell death in the early phases after reperfusion exhibits morphologic changes consistent with necrosis, i.e., cell swelling, karyolysis, vacuolization, enzyme release, the presence of ATP can act to switch from the necrosis to apoptosis pathway (Richter et al. [1996;](#page-199-0) Leist et al. [1997;](#page-198-0) Paxian et al. [2003\)](#page-199-0). In the presence of a glycolytic substrate, such as fructose, ATP can be regenerated and leads to caspase-dependent apoptosis with ATP-mediated cytochrome C and apoptosome activation and resultant caspase-3 activation at a later time point, 8–12 h after reperfusion (Malhi et al. [2006\)](#page-198-0). As these forms of cell death have been found to be inter-dependent, investigation has led to identification and description of additional cell death pathways including necroptosis, autophagy, pyroptosis, and ferroptosis.

Fig. 8.4 Necroptosis is mediated by RIPK1 and RIPK3

8.5 Necroptosis

Necroptosis is a form of regulated active necrosis first described in 2005 that follows an intracellular signaling cascade dependent on receptor-interacting protein kinase 3 (RIPK3) (Teng et al. [2005;](#page-200-0) Linkermann and Green [2014\)](#page-198-0). Necroptosis occurs when caspase-8 activation is inhibited and apoptosis cannot take place. It is hypothesized that this form of cell death developed as a method of "fail-safe" cell death when viruses/intracellular invaders interfere with caspase-8 activation (Linkermann and Green [2014](#page-198-0)). Morphologically, necroptosis does resemble necrosis but the pathways leading to necroptosis, shown in Fig. 8.4, are substantially different.

Necroptosis can be triggered by cytokines or agonists to the toll-like receptors (TLRs) in the setting of caspase inhibition. When caspase-8 is present, it can suppress necroptosis by association with Fas-associated death domain (FADD) and cellular FLICE-like inhibitory protein (c-FLIP) and also inactivates receptorinteracting protein kinases 1 and 3 (RIPK1 and RIPK3) by proteolytic cleavage (Vanlangenakker et al. [2011](#page-200-0)). However, when caspase-8 is inactivated or absent, RIPK1 and RIPK3 become phosphorylated instead of undergoing proteolytic cleavage (Vandenabeele et al. [2010;](#page-200-0) Zhao et al. [2015](#page-201-0)). Subsequently, death receptors and intracellular adaptor molecules, including FADD and TNF-receptor-associated death domain (TRADD), recruit RIPK1 and trigger assembly of the "necrosome" (Li et al. [2012;](#page-198-0) Linkermann and Green [2014\)](#page-198-0). RIPK1 undergoes a series of ubiquitination, de-ubiquitination, and phosphorylation leading to association with receptor-interacting protein kinase 3 (RIPK3) and mixed linkage kinase domainlike (MLKL) (Linkermann and Green [2014](#page-198-0)). Further downstream mediators of necroptosis are less well understood, but it is speculated that disruption of plasma membrane channels leads to rapid cell swelling and plasma membrane rupture (Linkermann and Green [2014](#page-198-0)).

8.5.1 Role in Cell Death and Hepatic IRI

Interest in necroptosis as a major cell death pathway came about after discovery of a specific RIPK1 inhibitor, necrostatin (Vandenabeele et al. [2010](#page-200-0)). Necrostatin was first shown to have a marked protective effect in a brain ischemia model, and subsequently revealed to have a significant but not as profound effect after myocardial and renal ischemia-reperfusion injury (Teng et al. [2005](#page-200-0); Smith et al. [2007;](#page-199-0) Linkermann et al. [2012\)](#page-198-0). Necroptosis is thought to have its most significant role in the area of solid organ transplantation. In a renal transplant model, RIPK3-deficient donors were shown to provide a significant survival benefit and protection against rejection (Lau et al. [2013](#page-198-0)). It is thought that necroptotic cells stimulate a significant innate and adaptive immune response through the release of DAMPs and in turn promote the proinflammatory responses associated with IRI in solid organ transplant and ultimately rejection (Kaczmarek et al. [2013](#page-198-0); Ladoire et al. [2014](#page-198-0)). Though several studies have been done focusing on necrostatin, there are several proposed points of intervention along the pathway for necroptosis including at the level of death receptors, RIPK1, RIPK3, MLKL, necrosome assembly, or downstream asyet-incompletely understood pathways (Linkermann and Green [2014\)](#page-198-0). Further elucidation of this pathway may lead to new therapeutic targets to prevent against the effects of IRI.

8.6 Ferroptosis

8.6.1 Discovery

Ferroptosis is a unique form of cell death triggered by the RAS-selective molecule erastin and dependent on intracellular iron (Dixon et al. [2012\)](#page-197-0). Previously, RASselective lethal (RSL) compounds, including RSL3 and erastin, were identified and shown to be selectively lethal to RAS mutant tumor cells, important because RAS family GTPases are mutated in nearly one-third of cancers (Dolma et al. [2003;](#page-197-0) Yang and Stockwell [2008](#page-200-0); Vigil et al. [2010](#page-200-0)). It was then observed that RSL-induced death, including erastin-induced cell death, lacks features of apoptosis such as cytochrome C release, caspase activation, and chromatin fragmentation, but is associated with ROS increase (Yagoda et al. [2007;](#page-200-0) Yang and Stockwell [2008\)](#page-200-0). This led to the discovery of a new unique biochemical and morphological form of cell death that is prevented by iron chelation or genetic inhibition of iron uptake, now termed ferroptosis (Dixon et al. [2012](#page-197-0)).

8.6.2 Morphology and Mechanisms

Unlike other forms of cell death, the only distinct morphologic feature of ferroptosis is smaller mitochondria with increased membrane density and blunting of mitochondrial cristae (Yagoda et al. [2007;](#page-200-0) Dixon et al. [2012](#page-197-0); Xie et al. [2016](#page-200-0)). Nuclear integrity is maintained without chromatin condensation (Friedmann Angeli et al. [2014\)](#page-197-0). As mentioned above, ferroptosis is mediated by erastin that has two direct mitochondrial targets voltage-dependent anion channels 2 and 3 (VDAC 2/3), the activation of which leads to an iron-dependent accumulation of lethal lipid ROS (Yagoda et al. [2007](#page-200-0); Dixon et al. [2012](#page-197-0)). In addition to VDAC2/3 activation, erastin also inhibits the cysteine/glutamate antiporter system x_c system leading to reduced glutathione (GSH) level with accelerated ROS accumulation (Dixon et al. [2012\)](#page-197-0). The specific contribution of iron to ferroptosis is related to increased iron uptake and decreased iron storage that leads to iron overload. Excess iron then can produce ROS through the Fenton reaction; meanwhile, iron chelators have been shown to inhibit ferroptosis while exogenous iron enhances erastin-induced ferroptotic cell death (Louandre et al. [2013](#page-198-0)).

Besides the aforementioned VDAC 2/3 and erastin, there are some other known regulators of ferroptosis, as shown in Table [8.2](#page-192-0). Transferrin receptor 1 (TFR1), responsible for importing ferric ion (Fe^{3+}) , is known to be upregulated in cells sensitive to ferroptosis, while proteins from the iron storage complex are known to be downregulated in ferroptosis-sensitive cells (Yang and Stockwell [2008\)](#page-200-0). The NOX protein family, responsible for oxygen reduction to superoxide, the ubiquitous tumor suppressor protein p53, and cysteinyl-tRNA synthetase (CARS) are additional positive regulators of ferroptosis (Dixon et al. [2012;](#page-197-0) Jiang et al. [2015;](#page-198-0) Hayano et al. [2016](#page-197-0)). As mentioned, system x_c^- is a negative regulator for ferroptosis. Additional negative regulators include GPX4, which converts GSH to oxidized glutathione (GSSG), heat shock protein beta 1 (HSPB1), and NRF2, with the major anti-ferroptosis role of NRF2 in hepatocellular carcinoma (Yang et al. [2014;](#page-200-0) Sun et al. [2015;](#page-200-0) Xie et al. [2016\)](#page-200-0).

8.6.3 Role in Cell Death and Hepatic IRI

Ferroptosis is an intriguing target for modulating cell death and several inhibitors including antioxidants, iron chelators, ferostatin, liproxstatin, and zilueton (Xie et al. [2016\)](#page-200-0). In particular, ferroptosis has been implicated in hepatic ischemia/

Role in ferroptosis	Compounds
Inducers	Erastin
	RSL ₃ and RSL ₅
	Butionesulfoximine (BSO)
	Acetaminophen
	Small molecule ferroptosis-inducing agents (FINs)
	Lanperisone
	Slfasalasine
	Sorfenib
	Artesunate
Positive regulators	VDAC2/3
	Ras
	TFR1
	NOX
	P ₅₃
	Cysteinyl-tRNA synthetase (CARS)
Negative regulators	GPX4
	$System Xc^-$
	HSPB1
	NRF ₂

Table 8.2 Inducers, positive regulators, and negative regulators of ferroptosis

reperfusion injury in a murine model and is thought to contribute to the associated inflammatory response (Xie et al. [2016\)](#page-200-0). Liproxstatin, which prevents ROS accumulation in glutathione peroxidase 4-deficient (GPX4−/−) cells, has a protective effect with improved transaminase levels and reduced tissue injury seen after hepatic IRI (Friedmann Angeli et al. [2014](#page-197-0)). Like other non-apoptotic, non-necrotic forms of cell death that may play a role in hepatic IRI, downstream pathways of ferroptosis need to be elucidated to determine its exact contributions as well as the appropriate therapeutic targets.

8.7 Pyroptosis

Pyroptosis is a pro-inflammatory form of programmed lytic cell-death mediated by caspase-1, first described in macrophages in 1992 but shown to be distinct from other forms of cell death with the term pyroptosis coined in 2001 (Zychlinsky et al. [1992;](#page-201-0) Cookson and Brennan [2001;](#page-197-0) Miao et al. [2011\)](#page-199-0). The key distinguishing feature of pyroptosis is that it occurs after caspase-1 activation and does not involve activation of the apoptotic caspases, as depicted in Fig. [8.5](#page-193-0) (Miao et al. [2011\)](#page-199-0). Morphologically, pyroptosis does lead to DNA damage with chromatin condensation, but unlike in apoptosis, the nucleus remains intact without karyorrhexis or fragmentation (Watson et al. [2000](#page-200-0)). Additionally, pyroptosis allows for cell membrane pore opening and thus leads to cell swelling, unlike apoptosis, which is associated with cell shrinkage (Fink and Cookson [2006\)](#page-197-0). The rapid swelling leads to cell membrane protrusions, coalescence, rupture with release of cytosolic contents.

Fig. 8.5 Pyroptosis is mediated by caspase-1 and leads to release of cytokines with distinct morphologic changes

Of note, pyroptosis has been described primarily in macrophages and dendritic cells and can be activated by either intracellular pathways or TLR ligands (Edgeworth et al. [2002;](#page-197-0) Fink et al. [2008\)](#page-197-0).

Pyroptosis works through the adapter protein apoptosis-associated speck-like protein containing CARD (ASC), which is recruited by inflammasomes including nucleotide-binding domain, leucine-rich repeat containing protein 3 (NLRP3), and then forms an ASC focus, also called the "pyroptosome" (Fernandes-Alnemri et al. [2007](#page-197-0); Miao et al. [2011](#page-199-0)). The ASC focus recruits pro-caspase-1, activates it to caspase-1, and then causes proteolytic cleavage, allowing cleavage of pro-IL-1 β and pro-IL-18 and release of IL-1 β and IL-18 (Stehlik et al. [2003;](#page-199-0) Broz et al. [2010;](#page-196-0) Miao et al. [2011](#page-199-0)). In addition, pyroptosis exhibits significant pro-inflammatory effects through release of DAMPs including HMGB1 and IL-1 α . It has recently been shown that pyroptosis, in particular, leads to the formation of an inflammatory form of HMGB1 through cysteine disulfide bonding, which can engage the TLR4 receptor and lead to release of additional cytokines such as TNF1 and IL-6

(Nystrom et al. [2013\)](#page-199-0). Like other non-apoptotic, non-necrotic cell death pathways, the downstream effector mechanisms of pyroptosis remain to be elucidated. It is known that Gasdermin D is a shared downstream effector of caspase 1 and 2 but its role in pyroptosis is unknown (Wallach et al. [2016](#page-200-0)).

8.7.1 Role in Cell Death and Hepatic IRI

It has been recently shown that caspase-1 does become activated through NLRP3 inflammasome in both Kupffer cells and hepatocytes in the settings of both alcoholic and non-alcoholic steatohepatitis (NASH) and that pyroptosis can occur in hepatocytes in this setting (Wree et al. [2014\)](#page-200-0). NLRP3 has recently been shown to play an important role in damage and inflammatory response after hepatic IRI, particularly in Kupffer cells, where NLRP3 activation leads to infiltration of immune cells (Huang et al. [2013](#page-197-0)). It is possible that pyroptosis plays a role in the release of both DAMPs and cytokines after liver ischemia-reperfusion and further investigation may reveal it to be a useful target to ameliorate the inflammatory response associated with hepatic IRI.

8.8 Autophagy

Autophagy is an evolutionarily conserved intracellular self-digesting pathway that is seen in both normal and damaged liver cells. Initially described as a cell survival mechanism for starvation, autophagy works through the formation of doublemembrane vacuoles known as autophagosomes that transport long-lived or malformed proteins and damaged organelles to the lysosome for degradation (Klionsky and Emr [2000;](#page-198-0) Baehrecke [2005](#page-196-0)). Autophagy is carried out by the highly conserved *Atg* genes. The major regulators of autophagy include the class I and class III phosphatidylinositol 3-kinase (PI3K) signaling pathways (Petiot et al. [2000;](#page-199-0) Baehrecke [2005\)](#page-196-0). Class I PI3K regulates autophagy in a negative manner by insulin-receptormediated activation with resultant activation of Akt/protein kinase B (PKB) (Baehrecke [2005\)](#page-196-0). Meanwhile, phosphate and tensin homologue (PTEN), a known tumor suppressor, positively regulates autophagy by preventing activation of Akt/PKB (Baehrecke [2005\)](#page-196-0). Class III PI3K positively regulates formation of the autophagosomal membrane. Autophagy is executed through five stages: initiation, nucleation, elongation, fusion, and degradation (Kim and Lee [2014](#page-198-0); Go et al. [2015](#page-197-0)). After initiation and nucleation, ubiquitin-like pathways lead to expansion of the isolation membrane with regulation by multiple Atg proteins. Ultimately, the outer autophagosome membrane fuses with the lysosome and lysosomal hydrolases degrade the autophagosomal cargo (Baehrecke [2005\)](#page-196-0).

8.8.1 Role in Cell Death and Hepatic IRI

In the liver specifically, autophagy allows for aminio acid and glucose production during starvation and also participates in hepatocellular lipid metabolism (Czaja et al. [2013](#page-197-0)). Much of the autophagy that occurs in the liver is selective autophagy of the mitochondria, i.e., mitophagy, in order to protect against mitochondrial generation of toxic ROS and pro-apoptotic proteins (Lemasters [2005\)](#page-198-0). Overall, autophagy is a survival mechanism during stressful conditions such as metabolic stress, ischemia, and hypoxia (Mathew et al. [2007\)](#page-199-0). It is however possible for autophagy to become a dysfunctional process and lead to cell death through excessive catabolism, cargo misrecognition, and activation of apoptotic pathways (Czaja et al. [2013\)](#page-197-0). It is unclear exactly which mechanisms allow autophagy to transition from a cell survival pathway to promoting cell death; however, some studies in non-hepatic cells suggest that proteins involved in autophagy (such as ATG5) may directly interact with apoptotic and necrotic pathways, described above (Czaja et al. [2013\)](#page-197-0).

During liver IRI, hepatocytes suffer from nutrient deprivation and acidosis that would stimulate autophagy in normal livers, IRI also leads to ATP depletion and decrease in certain proteins necessary for autophagy, especially ATG7 and BECN1, thought to be due to calcium-dependent proteases (Kim et al. [2008\)](#page-198-0). The net result is that autophagy is insufficient to reduce the stress from reperfusion even with some temporary repolarization of mitochondria and ATP release. This effect is most profound in aged hepatocytes and may explain why aging livers are more susceptible to IRI, thought to be due to I/R-mediated depletion of ATG4B (Wang et al. [2011\)](#page-200-0). Ultimately, developing strategies to enhance autophagy, particularly in the aging liver, may represent a protective strategy against the cell death encountered after hepatic IRI. Downstream effector pathways of autophagy as well as the role of autophagy in non-parenchymal hepatic cells remain to be elucidated.

8.9 Netosis

Neutrophils have long been known to play a role in liver IRI as the principal innate immune cells that lead to hepatic parenchymal damage and microvascular dysfunction (Jaeschke [2006\)](#page-197-0). Neutrophils were discovered in the early 2000s to be able to form neutrophil extracellular traps (NETs) through the release of long chromatin fibers that are decorated with DAMPs including HMGB1 and histones (Brinkmann et al. [2004](#page-196-0)). NET formation was first described as a form of cell suicide with stepwise chromatin decondensation, nuclear swelling, nuclear spilling into cytoplasm, and then membrane perforation (Yipp and Kubes [2013\)](#page-200-0). There is limited evidence that neutrophils may survive the process of forming NETs, though mechanisms through which this occurs are unknown. Only about 20–25% of neutrophils are thought to form NETs (Yipp and Kubes [2013](#page-200-0)).

This discovery and description of "NETosis" has led to the investigation of neutrophils as not just simple phagocytes but as sophisticated innate immune cells that can orchestrate inflammatory responses. NETs were initially described as a method of neutrophil cell death to allow for pathogen capture in the setting of septic shock. Recently, however, the role of NETs has been elucidated in settings of sterile inflammation, including hepatic ischemia reperfusion (Huang et al. [2015](#page-197-0)). NET formation is known to be increased with sterile liver injury. Additionally, targeting NETs with DNase (degrades extracellular DNA) or peptidyl-arginine-demainase 4 (PAD4) inhibitors (prevent chromatin decondensation) ameliorates the degree of liver injury seen after I/R (Huang et al. [2015\)](#page-197-0). Thus, targeting this specific form of cell death in neutrophils may also represent a therapeutic potential in hepatic IRI.

8.10 Conclusions

Until about a decade ago, cell death was thought to be a dichotomy of apoptosis and necrosis. However, a large body of recent literature has revealed there to be many other forms of cell death with a high likelihood that these forms of cell death represent a continuum of interrelated mechanisms. Necroptosis, ferroptosis, pyroptosis, autophagy, and NETosis all may play a potential role in cell death in specific cell types and triggering the systemic inflammatory response after liver ischemia reperfusion injury. Further work is being done to determine exact downstream mechanisms of each of these forms of cell death. Ultimately, each may represent a potential therapeutic target against the widespread systemic effects of IRI.

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Chapter 9 Autophagy in Liver Homeostasis

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Abbreviation

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9.1 Introduction

Autophagy (from the Greek, "auto" oneself, "phagy" to eat) is an evolutionarily conserved lysosome-mediated degradative process. Its basic function is to break down and to recycle macromolecules, damaged or dysfunctional cellular organelles, and to reduce cellular waste or superfluous intracellular components (Stolz et al. [2014\)](#page-223-0). Because of the liver's multi-dimensional functions, the autophagic turnover of different hepatocellular components is important for the maintenance of the hepatic homeostasis (Czaja et al. [2013](#page-220-0)).

Fig. 9.1 Schematics of three types of autophagy

Autophagy is broadly classified into three types: macroautophagy, microautophagy, chaperonin mediate autophagy (CMA) (Fig. 9.1). The presence of these different autophagy pathways provides functional diversity in cells. Macroautophagy is the best characterized autophagy pathway where an expanding membrane called phagophore sequesters cytosolic components and forms double-membraned vesicles called autophagosomes. Autophagosomes fuse with lysosomes to break down the engulfed cytosolic components (Mizushima and Komatsu [2011](#page-222-0)). Microautophagy involves an invagination of lysosomal membrane to trap cytosolic proteins, forming vesicles that pinch off into the lysosomal lumen and are degraded by the lysosomal proteases (Li et al. [2012](#page-221-0)). In chaperone-mediated autophagy (CMA), targeted proteins are transported by chaperones, such as heat shock-cognate protein of 70 kDa (Hsc70), to the lysosomal lumen crossing the lysosomal membrane. Hsc70 recognizes the KFERQ (Lysine-phenylalanine-Glutamic acid-Arginine-Glutamine)-like pentapeptide motif present in the amino acid sequences of all CMA targets. CMA substrates interact with lysosome-associated membrane protein type-2A (LAMP-2A) at the lysosome surface and are subsequently internalized for the lysosomal degradation (Cuervo and Wong [2014\)](#page-220-0). In this chapter, we will discuss in detail the

macroautophagy process, referred to hereafter simply as autophagy, which is the most prevalent and the best studied form of autophagy.

9.2 Autophagy Basic Process

Autophagy occurs at a basal level in the liver to allow constitutive turnover of cytosolic components (Yin et al. [2008](#page-224-0)). It is a cytoprotective mechanism stimulated by different environmental stress cues, such as starvation or nutrient deprivation, oxidative injury, and chemicals to recycle nutrients and to remove damaged cytosolic materials for maintaining cell viability under unfavorable conditions. How cells sense the need for autophagy probably depends on the nature of the stress. For example, amino acid starvation is sensed via by the lysosomal nutrient sensing system to inactivate mTORC1, so autophagy is de-repressed (discussed below) (Efeyan et al. [2015\)](#page-220-0).

Autophagy begins by the de novo production of the double-membraned phagophore, also known as the limiting membrane or isolation membrane, The phagophore membrane may be derived from the endoplasmic reticulum (ER), the Golgi apparatus, the mitochondria, the endocytic system, or the plasma membrane (Lamb et al. [2013](#page-221-0)). The phagophore structure expands to engulf various cytosolic components and forms a double-membraned vesicle called autophagosome. The autophagosome subsequently fuses with the lysosome, forming the autolysosome where cytosolic components are degraded. Recycled macromolecules return to the cytoplasm via the lysosomal permeases for reutilization under stress condition (Kaur and Debnath [2015](#page-221-0); Madrigal-Matute and Cuervo [2016\)](#page-222-0).

Autophagy induction is driven by a concerted action of a suite of proteins designated as ATG or "autophagy-related" proteins. So far 35 different ATG proteins have been characterized (Nakatogawa et al. [2009](#page-222-0)). They work together in a concerted manner to induce autophagy. ATG proteins could be generally listed in six functional groups that cooperate to perform key processes in autophagosome formation.

- 1. ULK1 kinase complex: comprised of ULK1, FIP200, Atg13L, and Atg101.
- 2. VPS34 kinase complex:VPS34, VPS15, Beclin-1 and Atg14, or UVRAG.
- 3. PtdIns(3)P proteins and Zinc finger FYVE domain-containing protein1(DFCP1).
- 4. Atg5-Atg12 ubiquitin-like conjugation system: Atg12, Atg5, Atg16.
- 5. LC3-phosphatidylethanolamine (PE) conjugation system: Atg8 or its homologues such as LC3.
- 6. Atg9a.

One of the earliest detectable events in autophagy initiation is the formation of ULK1 punctae. ULK1 punctae formation lies upstream of the recruitment of other ATG proteins (Lamb et al. [2013](#page-221-0)). Activated ULK protein complex recruits the VPS kinase complex to the phagophore, and phosphorylates the class III PI3K together with the ULK1 complex, generating a local pool of phosphatidylinositol 3-phosphate.

Fig. 9.2 Selective versus non-selective autophagy and their role in liver homeostasis

This is followed by the local recruitment of oligomers of Atg12-conjugated Atg5 in complex with Atg16L. The formation of the Atg12-Atg5-Atg16 complex is mediated by Atg7 and Atg11. The Atg12-Atg5-Atg16 complex is recruited to the autophagosome membrane. This complex facilitates the Atg8/LC3 lipidation via the conjugation to PE on the autophagosomal membrane. The latter event causes expansion and enclosure of the autophagosomal membrane. Recent studies have also found that deacetylation of a nuclear pool of LC3 and translocation into the cytosol occurs during starvation-induced autophagy to meet the increased demand for autophagosome biogenesis (Huang et al. [2015](#page-220-0)).

Autophagy can perform a bulk cargo degradation (nonselective) or selective cargo degradation depending on cellular stimulus (Fig. 9.2). The multi-origin nature of membranes contributing to autophagosome formation in mammalian cells has been proposed (Lamb et al. [2013](#page-221-0)). It is possible that the selectivity of the autophagy process is governed by the organelle that give rise to the membrane. Various intracellular substrates such as protein aggregates (proteophagy), damaged mitochondria (mitophagy), peroxisomes (pexophagy), lipid droplets (lipophagy), ferritin (ferritinophagy), and even intracellular microorganisms (xenophagy) could be targeted for degradation (Stolz et al. [2014;](#page-223-0) Okamoto [2014\)](#page-222-0). For selective cargo degradation, autophagy *receptors*, such as p62/SQSTM1, NBR1 (neighbor of BRCA1 gene 1), NDP52 (nuclear domain 10 protein 52 kDa), and OPTN (Optineurin), bind to the

cargo (often ubiquitinated) and key components of the autophagy machinery, especially the LC3 protein (Rogov et al. [2014;](#page-222-0) Stolz et al. [2014](#page-223-0); Johansen and Lamark [2011\)](#page-220-0).

The failure to clear up potentially dangerous substrates underlies the cellular dysfunctions that are associated with the development of degenerative condition, and hence disturbs cellular homeostasis (Czaja et al. [2013](#page-220-0)). The physiological significance of the autophagy-mediated recycling system has been already shown in mouse models where genetic deletion of Atg7 or Atg5 in hepatocytes causes massive accumulation of protein aggregates and subcellular organelles, leading to hepatomegaly and severe liver injury (Komatsu et al. [2005;](#page-221-0) Takamura et al. [2011\)](#page-223-0). These pathological features are subsequently followed by inflammation, fibrosis, cirrhosis, and tumor formation (Takamura et al. [2011;](#page-223-0) Ni et al. [2014](#page-222-0)).

9.2.1 Signaling Pathway

Autophagy is upregulated in response to extra- or intracellular stress and signals, such as starvation, growth factor deprivation, endoplasmic reticulum (ER) stress, and pathogen infection (He and Klionsky [2009\)](#page-220-0). One of the well-characterized autophagy signaling pathways is the mammalian target of rapamycin complex 1 (mTORC1) pathway. mTORC1 activation suppresses autophagy, whereas suppression of mTORC1 activates autophagy (Kim and Guan [2015](#page-221-0); Efeyan et al. [2015\)](#page-220-0). mTORC1 is the central node of the nutrient response system, which senses the amino acid levels and also the growth factor signaling (Efeyan et al. [2015\)](#page-220-0). Being a kinase complex, it regulates the phosphorylation status of ULK1 complexphosphorylating ULK1 and Atg13 to suppress the autophagy induction function of the ULK1 complex. Nutrient starvation or other stress signals inactivate mTORC1 complex and hence dephosphorylate ULK1 complex, which is activated to recruit other autophagy proteins and induces autophagy (Efeyan et al. [2015](#page-220-0); Kim and Guan [2015\)](#page-221-0). A low nutrient level also increases the cellular AMP/ATP ratio, activating AMP-activated protein kinase (AMPK), an energy-sensing molecule, which phosphorylates tuberous sclerosis 2 (TSC2) and the mTORC1 component Raptor, leading to inactivation of mTORC1 and subsequent activation of the ULK1 complex. AMPK can also phosphorylate ULK1 to activate it. Formation of autophagosome is the hallmark of autophagy induction. Lysosomal degradation of cellular components releases the nutrients, including amino acids, which can reactivate mTORC1 and thereby attenuate the ULK1-dependent autophagy (Kim and Guan [2015](#page-221-0)). This regulatory feedback inhibition of autophagy prevents excessive autophagy that may lead to apoptosis. The reactivation of mTORC1 also activates the lysosome biogenesis by a program called "autophagic lysosome reformation" to reset lysosome networks after prolonged autophagy (Chen and Yu [2013](#page-219-0); Yu et al. [2010](#page-224-0)). In contrary to conventional idea, mTORC1-independent pathway for autophagy induction has been recently reported for cells deprived of glucose or cultured in glutamine-containing medium (Eng et al. [2010;](#page-220-0) Cheong et al. [2011\)](#page-219-0). Interestingly, during glucose depletion, induction of LC3-lipidation does not require ULK1/ULK2 in this model, likely due to the accumulation of ammonia associated with amino acid catabolism in the cell (Cheong et al. [2011;](#page-219-0) Eng et al. [2010](#page-220-0)).

9.2.2 Regulation of Autophagy

Autophagy is a cellular protective mechanism to combat environmental stressors such as starvation, hypoxia, heat stress, or ROS accumulation (Schwartz et al. [1992;](#page-223-0) Huang et al. [2011\)](#page-220-0). Different key modulators such as hormones (insulin or glucagon), energy status, nutrient levels, or environmental stressors regulate autophagy. Considering its key role in degradative process, autophagy is tightly regulated at different levels—transcriptional, post-transcriptional, or translation level—to maintain cellular homeostasis (Feng et al. [2015\)](#page-220-0). Transcriptional regulation involves different transcriptional factors affecting autophagy genes involved in the various steps of autophagy (Feng et al. [2015\)](#page-220-0). Recently, researchers have started to identify transcription factors that modulate the magnitude and duration of autophagy through the control of the expression of different autophagy genes. These transcription factors are E2F family genes, p53, STAT3, FoxO1/3, TFEB, FXR, PPARα, PPAR β /δ/ \sqrt , HIF1 α , GATA, and ATF4 (Feng et al. [2015](#page-220-0)).

Below we will discuss the best characterized transcription factors with regard to their role in autophagy process and in liver metabolism and homeostasis.

Transcription factor EB (TFEB) has been recently shown to coordinate autophagosome formation by driving expression of autophagy genes to sustain this process (Settembre et al. [2013a\)](#page-223-0). TFEB-targeted autophagy genes include Atg4, Atg9, LC3, p62, UVRAG, Wili1. Corroborating this increase in autophagy gene expression, degradation of long-lived proteins is augmented by TFEB (Settembre et al. [2011\)](#page-223-0). Liver-directed TFEB expression corrects hepatic disease by increasing SERPINA1 polymer degradation via enhanced autophagy flux (Pastore et al. [2013\)](#page-222-0). Besides increasing expression of autophagy genes involved in the sequestration, membrane closure, and fusion with the lysosome, TFEB induces lysosome biogenesis, thus favoring autophagy degradation (Settembre et al. [2011\)](#page-223-0).

TFEB is a target of mTORC1 (Settembre et al. [2013b\)](#page-223-0). mTORC1 regulates the subcellular localization and activity of TFEB. Phosphorylation of TFEB at Ser211 by mTORC1 on lysosomal surface retains TFEB in the cytosol via the interaction with the members of the YWHA (14-3-3) family of proteins (Settembre et al. [2013b\)](#page-223-0). mTORC1 inhibition dephosphorylates TFEB, which dissociates TFEB from the YWHA proteins, followed by a rapid translocation to the nucleus to initiate the downstream transcription (Settembre et al. [2013b](#page-223-0); Martina et al. [2012\)](#page-222-0). Nuclear localization and activity of TFEB is also regulated by phosphorylation by the extracellular signal-regulated kinase-2 (Erk2), whose activity is tuned by the levels of extracellular nutrients (Settembre et al. [2011](#page-223-0)).

During nutrient starvation, AMPK phosphorylates Forkhead box O 3a (FOXO3a) in the nucleus, which in turn transcriptionally represses S-phase kinase-associated protein 2 (SKP2) (Shin et al. [2016\)](#page-223-0). This repression leads to increased levels of Coactivator-associated arginine methyltransferase (CARM1) protein and subsequent increases in histone H3 Arg17 dimethylation. Genome-wide analyses reveal that CARM1 exerts transcriptional co-activator function on autophagy-related and lysosomal genes through TFEB. Thus, CARM1-dependent histone arginine methylation is a crucial nuclear event in autophagy, and represents a new signaling axis of AMPK–SKP2–CARM1 in the regulation of autophagy induction after nutrient starvation (Shin et al. [2016](#page-223-0)).

Other transcription factors affecting autophagy genes include the Fork head (FOXO) family of transcription factors. FOXO has been reported to regulate genes especially in the core machinery, currently known to enhance autophagic flux by direct stimulation of autophagy-related genes (Sengupta et al. [2011](#page-223-0)). The role of this factor in autophagy is well characterized in murine models of muscular atrophy, an age-related condition (Mammucari et al. [2007](#page-222-0); Zhao et al. [2007](#page-224-0)). Finally, FXR and PPAR α are transcription factors recently reported to modulate autophagy at transcriptional level and impact the liver metabolism (described below).

Besides transcriptional regulation, autophagy is regulated both at the post transcriptional and at the posttranslational level. mRNA stabilization of key autophagy genes and temporary maintenance of degradative pool of key autophagy genes such as ULK1, Atg12, and LC3 have been reported (Khambu et al. [2011](#page-221-0)). Other posttranslational regulatory processes such as phosphorylation, ubiquitination, acetylation, epigenetic regulation, and protein-protein interaction have all been well reported to regulate autophagy process (Feng et al. [2015\)](#page-220-0).

9.3 Role of Autophagy in Metabolic Homeostasis

Autophagy is tightly linked to nutrients and energy balance. Even though it has been classically viewed as a "protein-centric" catabolic process, recent studies have suggested that autophagy can mobilize diverse cellular energy stores, such as lipids and carbohydrates, to replenish various metabolites during normal and stressed conditions (Mizushima and Klionsky [2007\)](#page-222-0). Moreover, it could target many dysfunctional or superfluous organelles and toxic protein aggregates and hence assist in maintaining liver over all homeostasis (Fig. [9.2\)](#page-206-0). Due to a high biosynthetic activity and a role in protein turnover and carbohydrate storage, hepatocytes are particularly dependent on basal autophagy for their normal physiological function. Two important features of autophagy suite this dynamic homeostatic function-constant operation for an intracellular quality control and rapid up-regulation of autophagy flux in response to a wide range of stimuli, including (but not limited to) nutritional, metabolic, oxidative, pathogenic, proteotoxic stimuli. Broadly, autophagy appears to play role in liver homeostasis in three ways:

- 1. *Nutrient recycle*—Autophagy provides essential biomolecules such as amino acids, fatty acids, and carbohydrates for cellular energy generation (recycling) by mobilization and hydrolysis of proteins, lipid, or glycogen.
- 2. *Quality control of organelles and toxic aggregates*—Autophagy regulates the number, quality, and dynamics (functionality) of mitochondria, ER, and other organelles by selective targeting process such as mitophagy and ER-phagy.
- 3. *Altering the level of metabolic enzymes and signaling protein*—Different enzymes involved in metabolic pathways such as glycolysis are targeted for cellular degradation by autophagy (Schneider et al. [2014](#page-222-0)). Moreover, multifunctional signaling hub protein such as p62/SQSTM1 is also targeted by autophagy process (Katsuragi et al. [2015](#page-221-0)).

Recently, tissue-specific intracellular degradative role of autophagy has been shown to be communicated to other organs by the release of specific mitokine signaling protein, suggesting the regulatory role of autophagy in coordinating the interorgan metabolism. For example, fibroblast growth factor 21 (FGF21) is a mitokine induced during stress response due to defective mitophagy. Activating transcription factor 4 (ATF4) promotes FGF21 expression in autophagy-defective tissue. FGF21 released from mitophagy-defective tissue acts on neighboring tissue to modulate their local metabolism (Kim et al. [2013\)](#page-221-0). In the following section, we will discuss how autophagy regulates liver metabolism in terms of particular metabolites or cytoplasmic components.

9.3.1 Autophagy in Lipid Homeostasis

The liver actively participates in the lipid metabolism together with the adipose tissue, the muscle, and the brain. Fatty acid (FA) uptake, de novo synthesis, β-oxidation of FAs, cholesterol synthesis and biotransformation into bile acid, lipoprotein uptake and secretion are all part of the lipid metabolism engaged by hepatocytes. A key component subjected to metabolic regulation is lipid droplet (LD), the storage form of lipids.

Hepatocytes can store excessive lipids within LD under nutrient sufficient condition. It is the second largest repository of stored lipid in the body after adipose tissue. LD synthesis occurs in the endoplasmic reticulum. It contains a lipid and a protein component. LDs were initially considered "inert" lipid depositsphysiologically inactive particles. It is now considered to be dynamic in nature, and defined equivalently to an intracellular organelle. LDs are active due to dynamic interactions with other organelles and to the buffering capacity to misfolded proteins (Cole et al. [2002](#page-220-0)) or infectious agents (Filipe and McLauchlan [2015\)](#page-220-0). Its size ranges from 0.1 to 10 μm. It contains lipid components (neutral lipid esters, triglycerides, and cholesteryl esters) (Khor et al. [2013\)](#page-221-0), surrounded by a phospholipid monolayer embedded with LD coat proteins that are classified into a family of perilipin (PLIN) (Kimmel et al. [2010](#page-221-0)). When nutrients are scarce, hepatocytes rapidly

deplete their energy reserves, including LDs, in order to meet their basic energetic demand. LDs degradation is basically mediated by (1) *cytoplasmic lipases*-LDassociated cytosolic lipases, such as adipose triacylglycerol lipase (ATGL alias PNPLA2, desnutrin, FP17548, TTS-2.2) or hormone-sensitive lipase (HSL) and monoacylglycerol lipase (MGL), directly dock to LD surfaces for hydrolysis of triglycerides into FAs and glycerol), or by (2) *autophagy* that sequesters the LDs and delivers them to lysosomes. However, considering the relative paucity of cytosolic lipases in hepatocytes in comparison with those in adipocytes, it is reasonable to assume that lipophagy is the key to LD catabolism.

Recent studies have revealed an important role for autophagy in LD breakdown by lipophagy or macrolipophagy. Pharmacological inhibition with 3-methyladenine or by using RNA interference against Atg7 or Atg5 increased the hepatocellular triglyceride level, increase in number and size of hepatic lipid droplets (Singh et al. [2009\)](#page-223-0). Ablation of liver-specific autophagy also leads to excessive hepatic lipid accumulation and the development of fatty liver (Amir and Czaja [2011](#page-219-0)). Lipophagy is a ubiquitous pathway for in-bulk mobilization of cellular lipid droplets where LDs are engulfed by autophagosomes and, after lysosome fusion, degraded by lysosomal acid lipases. How the lipid droplets are selectively targeted and the molecular entities (receptor/s) involved are still largely unknown. Segregation of different sizes of lipid droplets for sequestration by autophagosomes is also unknown. Studies in mouse hepatocytes have shown a clear colocalization of LDs and the LC3 autophagy markers. Electron microscopic micrograph analysis also shows clearly engulfed LDs inside the double membranous autophagosome membranes (Singh et al. [2009](#page-223-0)) and enrichment of autophagy proteins such as LC3B, Atg7, Atg5, and Beclin-1 on the LDs surface has also been found (Kaushik and Cuervo [2015](#page-221-0)). What signals the recruitment of ATG proteins associated with the recognition process to the lipid cargo is not clear.

Given the differences in LD size, it is likely that autophagosome assembly occurs at the surface of the LDs, the autophagosome sequesters portions of larger lipid droplets (piecemeal) or possibly consumes smaller lipid droplets (complete) for lysosomal delivery. The removal of perilipin proteinic barrier (perilipin-2 and perilipin-3) from the lipid droplet surfaces may occur prior to the docking of autophagy proteins and cytosolic lipases. This facilitates lipolysis by cytosolic lipases and assembly of autophagosomes (Kaushik and Cuervo [2015](#page-221-0)).

Given the lipid-associated ability of Atg14 and Atg3, these two proteins have been postulated to be the critical determinants for recruitment and expansion of the autophagic machinery at the LD surface (Fan et al. [2011](#page-220-0); Nath et al. [2014](#page-222-0)). It is possible that similar to other organelles targeting (see below), the LD-associated proteins may be ubiquitinated and hence selectively targeted for its lysosomal delivery via p62/SQSTM1 adaptor protein. A direct molecular link between LDs and the cellular ubiquitinylation machinery has been recently shown by Spandl et al. ([2011\)](#page-223-0). Recruitment and integration of ancient ubiquitous protein 1 (AUP1) binds to E2 ubiquitin conjugases (Ube2g2) by its G2BR domain. Formation of AUP1-Ube2g2 molecular complex to the lipid droplets has been postulated as a potential mechanism for labeling of the lipid droplets components (Spandl et al. [2011\)](#page-223-0). Moreover, a recent study has shown that active Rab7 "priming" of LDs is a prerequisite for its breakdown (Schroeder et al. [2015](#page-222-0)). Rab7 is a regulator of the transport and maturation of the late endocytic vesicles, but can also normally associate with LDs. Another study showed that dynamin 2 (Dyn2), a large GTPase involved in membrane scission, favored the degradation of hepatic LDs by promoting the maturation of the autophagic compartment and maintaining lysosomal homeostasis (Schulze et al. [2013\)](#page-223-0).

Besides the catabolic role of autophagy in regulating LDs, Shibata and colleagues (Shibata et al. [2009](#page-223-0)) found that autophagy proteins such as LC3 conjugation system are required for LD formation. In an in vivo model of autophagy deficiency starvation-induced lipid accumulation failed to occur (Shibata et al. [2009\)](#page-223-0). Interestingly, LDs have been reported to be a potential lipid contributing source to the biogenesis of autophagosomes and thus aid in autophagic initiation. PNPLA5, a neutral lipase present in the LD, was found to be involved in mobilization of the lipid precursors from LDs (Dupont et al. [2014](#page-220-0)).

Recently, activation of autophagy and catabolism of cellular lipid droplets has been shown to be regulated by a complex transcriptional regulatory network. TFEB (described above) is also shown to be involved in lipid catabolism (Settembre et al. [2013a](#page-223-0)) by increasing the expression of $PGC1\alpha$ and $PPAR\alpha$ and hence enhancing the fatty acid β-oxidation. PGC1α is the co-activator of the nuclear receptor PPARα and one of the major cellular regulators of lipid catabolism ($PGC1\alpha$ -PPAR α -lipophagy axis). PGC1 α and PPAR α are well known for their regulation of the mitochondrial and peroxisomal enzymes to affect the final catabolic steps of free FA and other intermediate lipid products. Together with TFEB orthologue HLH-30, MXL-3 was also found to modulate lysosomal acidic lipase LIPL-1 and LIPL-3-dependent lipid droplets breakdown through lipophagy in *Caenorrhabditis elegans* model (O'Rourke and Ruvkun [2013\)](#page-222-0). FXR-CREB axis (described below) promotes lipophagy in the fasted state via direct transcriptional activation of TFEB and autophagy genes by recruiting the coactivator CRTC2. In contrast nutrient availability suppresses this effect (Lee et al. [2014\)](#page-221-0).

Abnormal accumulation of lipid droplets is considered the manifestation of fatty liver diseases, making liver susceptible to further development of other chronic liver pathologies such as steatohepatitis, fibrosis, cirrhosis, and tumor generation. Autophagy is induced following acute lipidogenic stimulus. Chronic lipid stimulation, however, compromises autophagy function by affecting autophagy flux (autophagosome-lysosome fusion). It has been postulated that high-fat diet alters the lipid contents and hence autophagic vesicular fusion (Koga et al. [2010\)](#page-221-0). Evidence has been accumulated that autophagy can counteract excess lipid buildup. Pharmacological reduction of hepatic steatosis in alcoholic fatty liver disease (AFLD) and non-alcoholic fatty liver disease (NAFLD) by carbamazepine (CBZ) and rapamycin, both of which are autophagy inducers, was observed and was most likely related to the enhancement of autophagy degradation of lipids (Lin et al. [2013\)](#page-221-0).

9.3.2 Autophagy and Nuclear Receptors

The nuclear receptor FXR or BAR (Bile acid-activated nuclear receptor) has recently been shown to be a repressor of autophagy in the liver besides regulating bile acid (BA), lipid, and glucose metabolism (Li and Chiang [2014](#page-221-0); Evans and Mangelsdorf [2014](#page-220-0)). In fed state (postprandial period), bile acids-activated FXR can modulate the autophagy network in the liver independent of the mTORC1 pathway (Seok et al. [2014;](#page-223-0) Lee et al. [2014\)](#page-221-0). FXR directly binds to the direct repeat 1 (DR1) (promoter) sites of autophagy genes, such as LC3, Atg4, Atg7, Atg10, Wipi1, Dfcp1, Ulk1, LAMPs, and p62. FXR competes with PPAR α for binding to shared sites in the promoter regions of these genes and represses their expression during fed condition. Interestingly, PPARα activation during fasting can bind to these promoters of autophagy genes and promote the production of energy from the degradation of hepatic FA. Similarly, FXR-mediated regulation of autophagy genes expression was observed by Seok et al. [\(2014](#page-223-0)). By contrast, in this study, they proposed FXR activation blocks autophagy by inhibiting the transcriptional activity of a fasting transcriptional activator cAMP response element-binding protein (CREB), a protein that promotes the expression of several autophagy genes through TFEB expression. FXR inhibits the formation of a functional interaction complex between the CREB and its coactivator protein CRTC2 in inhibiting lipophagy in the liver of fed mice (FXR-CREB-CRTC2 pathway).

While FXR is known to suppress autophagy in response to nutrient signals, whether normal autophagy function is important for modulating FXR nuclear receptor signaling and maintaining normal BA metabolism is unknown. Considering the physiological importance of the FXR and the autophagy pathway, autophagy may in turn also regulate the FXR signaling pathway. Decreased autophagy could impact BA metabolism or FXR indirectly via deregulation of cholesterol metabolism. Autophagy delivers intracellularly stored cholesterol (LDs) into the lysosome where cholesterol ester is hydrolyzed for subsequent cellular distribution, efflux and BA synthesis. In this perspective, decreased autophagy may prevent the availability of free cholesterol in hepatocytes for the biosynthesis of BA. BA is biosynthesized especially in the hepatocytes from cholesterol.

BA are amphiphatic water soluble biomolecules participating in body cholesterol disposal as well as generation of bile flow and biliary lipid secretion. Its synthesis and transport is an important function of hepatocytes. Intracellular accumulation of BA is toxic to cells due to its inherent detergent nature and membrane-disruption properties. So intracellular BA level is stringently regulated and maintained within a narrow concentration range by FXR mediated transcriptional regulation of genes involved in its synthesis and transport (Ananthanarayanan et al. [2001\)](#page-219-0). In vivo knock out of FXR in hepatocytes elevated the intracellular BA, which in turn caused impairment of autophagic flux. Similar impairment in autophagic flux was observed when BA was added to HepG2 cells. BA impairs autophagosome-lysosomal fusion in hepatocytes without affecting key autophagy genes expression (Manley et al. [2014\)](#page-222-0). BA treatment decreased the co-localization of LC3 protein with the Rab7. All the evidence suggests a tight connection of intracellular BA and autophagy process.

9.3.3 Autophagy and Carbohydrate Metabolism

An accumulating pile of evidence now suggests there is an intimate connection between glucose metabolism and autophagy. In conditions of glucose deprivation, AMPK is activated by the decrease of cellular ATP levels, which then leads to suppression of mTORC1 and induction of autophagy (Kim and Lee [2014\)](#page-221-0). Meanwhile, AMPK also positively regulates VPS34 activity and autophagy via directly phosphorylates ULK1 and Beclin-1 (Kim and Lee [2014](#page-221-0)). In addition to the AMPK pathway, glucose might also regulate autophagy by activation of FOXO1 or Rag-dependent activation of mTORC1 (Kim and Lee [2014](#page-221-0); Salih and Brunet [2008\)](#page-222-0).

As an evolutionarily conserved process of cellular degradation process, autophagy has been suggested to play a critical role in the maintenance of energy homeostasis (Kim and Lee [2014](#page-221-0)). The role of autophagy in hepatic glucose metabolism has also been investigated with effects on gluconeogenesis and glycogen storage (Kim and Lee [2014\)](#page-221-0). In liver-specific Atg7-deficient mice, the absence of the autophagic amino acid release has been suggested to affect gluconeogenesis during starvation (Ezaki et al. [2011](#page-220-0)). Another work also reported that Atg7 was necessary for statin-induced gluconeogenesis in the liver (Wang et al. [2015\)](#page-223-0). However, a similar study using tissue-specific Atg5-deficient mice indicated that Atg5-related autophagy had no effect on gluconeogenesis but was essential for ketogenesis during starvation (Takagi et al. [2016\)](#page-223-0). These contradictive studies imply differential roles of ATG genes in glucose metabolism, which still need to be further investigated. In addition to gluconeogenesis, autophagy has been suggested to play a role in glycogen breakdown in newborn hepatocytes of the rat as well as in the skeletal muscles of *Drosophila melanogaster* (Kotoulas et al. [2006;](#page-221-0) Zirin et al. [2013\)](#page-224-0). Nonetheless, liver-specific Atg7- or VPS34-deficient mice showed a decrease or no change in hepatic glycogen content in other studies (Komatsu et al. [2005;](#page-221-0) Jaber et al. [2012;](#page-220-0) Ezaki et al. [2011\)](#page-220-0). Obviously, the differential effects of autophagy on glycogen metabolism still need to be further clarified.

9.3.4 Protein Quality Control (Aggrephagy)

Intracellular proteins are generally classified into short-lived proteins (half-life, 10–20 min) and long-lived proteins (Mizushima and Klionsky [2007](#page-222-0)). Although shortlived proteins are less than 1% of the total proteins in hepatocytes, due to their rapid turnover, they still contribute to about one-third of total protein degradation (Mizushima and Klionsky [2007](#page-222-0)). The rate of protein degradation has been reported with a basal rate at 1.5–4.5%/h under starvation in perfused rat liver (Mizushima and Klionsky [2007](#page-222-0)).

During nutritional stress in most organisms, the carbohydrate store supplies nutrients at the initial phase of fasting. Then the proteins are broken down to provide substrates for gluconeogenesis (Mizushima and Klionsky [2007\)](#page-222-0). After these stores are exhausted during starvation, cells employ autophagy to reutilize existing macromolecules. Therefore, autophagy plays an important role in the response of organisms to nutritional stress (Mizushima and Klionsky [2007\)](#page-222-0). Under starvation conditions, wild-type mice decrease about 30% hepatic proteins after fasting for 24 h, which, however, becomes insignificant in Atg7 deletion mice (Komatsu et al. [2005;](#page-221-0) Mizushima and Klionsky [2007\)](#page-222-0), indicating that autophagy may play a critical role in hepatic protein degradation under starvation.

Other than a starvation response, protein turnover via autophagy also has been connected to various hepatic pathophysiological conditions, and pharmacological modulation of autophagy may be a potential therapy for these liver diseases (Puri and Chandra [2014](#page-222-0)). For example, alpha-1-antitrypsin (AT) is expressed in hepatocytes and secreted into the blood as an inhibitor for neutrophil proteases (Puri and Chandra [2014\)](#page-222-0). In alpha-1-antitrypsin deficiency a mutation in the AT gene leads to the mutant protein that cannot be degraded by the proteasome, resulting in an accumulation of the AT protein in the hepatocytes endoplasmic reticulum (Puri and Chandra [2014](#page-222-0)). In addition to the decrease of AT in the blood, AT deficiency also induces hepatic fibrosis and carcinogenesis in the liver due to the toxicity of the mutant alpha-1-antitrypsin Z (ATZ) accumulation (Hidvegi et al. [2010](#page-220-0)). Accumulating evidences have shown that autophagy forms an important pathway for the clearance of misfolded mutant proteins. Autophagy-enhancing drug CBZ has been suggested to decrease the hepatic load of ATZ as well as hepatic fibrosis in a mouse model with AT deficiency related liver disease (Hidvegi et al. [2010\)](#page-220-0). Another study also observed a decrease of ATZ in human primary hepatocytes using Ezetimibe, which activates autophagy through the inhibition of Niemann-Pick-Type C1-Like1 (NPC1L1) (Yamamura et al. [2014\)](#page-223-0). Autophagy also has been suggested to be a potential therapy in another rare inherited disease called fibrinogen storage disease, which is characterized by hyperfibrinogenemia and accumulation of fibrinogen aggregates in the liver (Puri and Chandra [2014;](#page-222-0) Puls et al. [2013\)](#page-222-0).

Inclusion bodies can be observed in various neuronal, muscular, and other human diseases. Several molecular constituents including p62, chaperons, and proteasome subunits are common in different types of inclusion bodies (Strnad et al. [2008\)](#page-223-0). One of the best studied inclusion bodies, Mallory–Denk bodies (MDB), are one of characteristic morphologic features of alcoholic steatohepatitis (ASH), but also could be observed in various other chronic liver diseases including non-alcoholic steatohepatitis (NASH) (Zatloukal et al. [2007\)](#page-224-0). The formation of MDB may include protein misfolding, chaperone alterations, disproportional protein expression with keratin 8 level higher than keratin 18 level, and subsequent keratin 8 crosslinking by transglutaminase. Among these factors, one crucial event for MDB formation is p62 (Strnad et al. [2008](#page-223-0)). Although the function of MDBs in related diseases is still unclear, MDBs are important histological and potential progression markers in various liver dis-eases (Zatloukal et al. [2007\)](#page-224-0). Previous study reported that further activation of autophagy by rapamycin could significantly decrease the amount of inclusion bodies in proteasome inhibitor-treated keratin 8 transgenic mice, in which MDB-like inclusion bodies occurred in the liver (Harada et al. [2008](#page-220-0)). The study suggests autophagy may involve in the formation of cytoplasmic inclusions, and also provides a potential therapy via modulation of autophagy for diseases that may result from the accumulation of inclusion bodies.
9.3.5 Organelle Quality Control

Cellular viability depends on the quality and integrity of intracellular organelles. Cellular homeostasis and adaptation of organisms to adjustable environments necessitate critical maintenance of organelle quality and quantity. Several lines of evidence suggest that the quality control of organelles is achieved via autophagy, the process is known as organellophagy via bulk or selective autophagy (Okamoto [2014](#page-222-0)). Below, we describe briefly the different forms of organellophagy and their roles in quality control and hence in overall liver homeostasis. Quality control of protein aggregates (aggrephagy) has been described in the previous section.

9.3.5.1 Mitophagy

Hepatocytes are rich in mitochondria (about 800/hepatocyte). Being metabolically active cells, hepatocytes generate a high amount of reducing equivalents such as NADH and FADH2 through mitochondrial nutrient oxidation. Generation of ATP from these reducing equivalents generates reactive oxygen species (ROS). Under normal conditions, about $1-2\%$ of mitochondria oxygen consumption results in ROS production (Boveris and Chance [1973](#page-219-0)). Excessive ROS generation can morphologically and functionally impact the mitochondria by oxidizing lipid, proteins, and nucleic acids (particularly mtDNA). Defective and unhealthy mitochondria can boost cellular oxidative stress, which may induce cell death through apoptosis. Removal of these defective mitochondria by autophagy is vital for mitochondrial quality control and hence for the hepatocyte homeostasis. Emerging studies demonstrate that mitophagy contributes to mitochondrial quality and quantity control. This selective removal of the dysfunctional mitochondria needs to be highly regulated and requires coordinated functions of mitochondrial and cytosolic proteins to spare the healthy mitochondria and other organelles. The key question is how an autophagosome selectively engulf mitochondria and how that process is triggered without the activation of cell-wide autophagy? Recent studies highlight the PINK1/Parkin pathway of mitophagy as an important regulator of mitochondrial homeostasis (Eiyama and Okamoto [2015;](#page-220-0) Wei et al. [2015](#page-223-0)). The recruitment of Parkin to defective mitochondria requires the activity of PINK1 (Youle and Narendra [2011](#page-224-0)). As a matter of fact, overexpression of PINK1 or induced accumulation of PINK1 on mitochondria is adequate to induce Parkin translocation and mitophagy in the absence of mitochondrial uncoupling. In addition, NIX has been described to promote Parkin translocation and Parkin-mediated mitophagy in mouse embryonic fibroblasts (Ding et al. [2010\)](#page-220-0). This pathway is orchestrated by an intricate array of proteins that are frequently being revised and enhanced. For example, recent studies revealed that PINK1 is stabilized in the mitochondria in reaction to reduced membrane potential, recruits Parkin, which is able to ubiquitinate VDAC, TOMs, Fis1, Mfn1 & 2, and MIRO, to induce mitophagy (Zhang [2013](#page-224-0)). Defects in mitophagy may lead to Parkinson's disease. PINK1 and Parkin are reported to be mutated in autosomal-recessive Parkinson's disease (Youle and Narendra [2011\)](#page-224-0). More research needs to be done to answer: how mitophagy is controlled to titrate mitochondrial numbers and how mitochondria are attached to the autophagosomal recognition.

9.3.5.2 Reticulophagy

Reticulophagy or ER-phagy (autophagy of the endoplasmic reticulum) is a process that delivers defective or excessive ER to the lysosome for degradation. Role of autophagy in degrading excessive ER is evidenced by an increased level of hepatic ER in liver-specific Atg7 or Atg5-deficient mice (Komatsu et al. [2005](#page-221-0); Yang et al. [2016\)](#page-224-0). The liver is responsible for the selective uptake, concentration, metabolism, and excretion of the majority of drugs and chemicals that are introduced into the body. These xenobiotic substances are processed by a variety of soluble or membranebound enzymes, which are especially associated with hepatocyte ER. So exposure of xenobiotic generally causes proliferation of ER in hepatocytes. Autophagy regulates ER degradation in hepatocytes (Yang et al. [2016\)](#page-224-0). Interestingly, it appears that p62 acts like an adaptor for ER-phagy in the liver. ER-phagy induced by ER stress was recently categorized as micro-ER-phagy, which does not necessitate the use of macroautophagy modules (Schuck et al. [2014](#page-222-0); Khaminets et al. [2015](#page-221-0)).

The endoplasmic reticulum quality control (ERQC) system shuttles misfolded proteins for degradation by the proteasome through the well-defined ER-associated degradation (ERAD) pathway. Autophagy is known to participate in ERQC as ER stress-induced autophagy complements ERAD (Ding and Yin [2008](#page-220-0)). Recently, the macro-ER-phagy pathway and its role in ERQC have been reported (Lipatova and Segev [2015\)](#page-221-0). Unlike the micro-ER-phagy pathway, the macro-ER-phagy pathway requires core autophagy-specific proteins, and Ypt1, a Rab GTPase in the yeast (Lipatova et al. [2013](#page-221-0); Lipatova and Segev [2014\)](#page-221-0). Importantly, Atg9 plays a role in the assembly of ER-to-autophagy membranes. Other core Atgs and Ypt1 assemble the Atg-protein complex on autophagosome membrane to form the pre-autophagosomal structure (Lipatova and Segev [2015](#page-221-0)). Beyond exploring how autophagy of the ER is regulated, researchers are working to understand why there are different autophagy receptors for perinuclear and cytoplasmic ER and searching for perinuclear autophagy receptors in mammalian cells.

9.3.5.3 Pexophagy

Peroxisomes play important roles for proper cell function in all eukaryotic organisms. They participate in the metabolism of lipids and production and degradation of hydrogen peroxide. The quality control of peroxisomes has been carefully examined since many physiological complications and diseases are associated with the peroxisomal deficiencies or dysfunctions. There is significant involvement of the autophagy machinery in peroxisome degradation (pexophagy) in mammalian cells (Nordgren et al. [2013](#page-222-0)).

Peroxisomes need to be created and degraded in a rapid and constant turnover as the half-life of it is short (1–2 days). The autophagy–lysosome pathway is one of the main pathways for the degradation of peroxisomes. In the yeast, both macro- and micro-autophagy are involved in peroxisome removal. Peroxisomes are associated with oxidative reactions including the β-oxidation of branched and long-chain FAs. ROS generated from the reactions are associated with autophagy induction. For example, mTORC1 is inhibited by ROS-mediated ATM kinase signaling.

Several Pex proteins are involved in macropexophagy. The elimination of Pex3 from the peroxisomal membrane is mediated by macropexophagy, followed by its degradation by the proteasome. When Pex3 fails to be removed, for example, in a mutant lacking VPS34, peroxisomes are not sequestered by autophagy and stay steadily in the cytosol (Manjithaya et al. [2010](#page-222-0)). Other than Pex3, the presence of Pex14 at the peroxisomal membrane is required for the recognition of the organelle by the macropexophagy machinery (Neuhaus et al. [2014\)](#page-222-0). The ubiquitinylated Pex5 recruits the autophagy adapter protein p62 through engaging the autophagic core machinery (Subramani [2015\)](#page-223-0). Recently, hypoxia inducible factor 2α (HIF2 α), an oncoprotein, has been reported to induce hepatocyte pexophagy (Walter et al. [2014\)](#page-223-0). It is speculated that HIF2 α increases expression of autophagy adaptors, such as NBR1 and p62/SQSTM1, and induces clustering and subsequent degradation of peroxisomes. HIF2α may also induce an E3 ubiquitin ligase that mediates the ubiquitination of particular peroxisome membrane proteins (PMP), enhancing the NBR1 accumulation on peroxisome, which in turn serves as a platform for the recruitment of p62/SQSTM1 for pexophagy (Walter et al. [2014](#page-223-0)). Even though a number of outstanding research works have been reported toward the mechanism of pexophagy, understanding the functions of the proteins shared by the different modes of pexophagy is still much needed.

9.3.6 DNA Damage and Genomic Quality

Both endogenous and exogenous factors create DNA lesions in cells, which activates DNA damage response (DDR) and DNA repair mechanisms. One of the important endogenous factors is ROS, which is generated in normal cellular process, e.g., respiration in mitochondria.

Using the DNA-damaging agents and ionizing radiation (IR), several reports demonstrated a connection between DNA damage and autophagy. Many types of DNA damage are able to trigger PARP-1. DNA damage induced by doxorubicin has been recently shown to be paralleled by autophagy. Interestingly, doxorubicin-induced autophagy was experimentally perceived to be governed by PARP-1 (Munoz-Gamez et al. [2009](#page-222-0)). The p53 molecule is a critical protein in DDR. Autophagy and DDR are connected by two central factors, p53 and mTORC1. On one hand, p53 can either activate AMPK, which disables mTORC1, thus activating autophagy, or stimulate the transcriptional expression of damage-regulated autophagy modulator, a lysosomal protein that enables the autophagic process. Importantly, p53 activation also has effects in the expression of PTEN, an inhibitor of PI3K/Akt signaling pathway, which suppresses mTORC1 and then activates autophagy. On the other hand, compared to nuclear p53, cytoplasmic p53 acts as a repressor for autophagy. p53 can interact with Atg7 and regulate the transcription of cell cycle inhibitor p21 (Lee et al. [2012](#page-221-0)). Therefore, depending on the cellular context and the degree of DNA damage, autophagy can have a protective or cytotoxic role in cellular viability.

Both ATM and FOXO3a have been proven to control autophagy (Kroemer et al. [2010](#page-221-0)). Genotoxic and oxidative agents cause DNA damage and ATM activation in cells, causing suppression of mTORC1 signaling via AMPK activation. The crosstalk between autophagy and DDR and its function in regulating cell fate is an important topic to be explored. Knowing the detailed and complicated relationship between DDR and autophagy will have insightful impacts on several fields of medical interest, such as cancer, aging, and neurodegeneration. The current evidence connecting DNA damage to autophagy suggests that both are involved in the normal physiology and pathological conditions. More detailed and careful studies of the pathways connecting DDR to autophagy would likely result in therapeutic approaches.

9.4 Conclusion

Normal liver function requires basal autophagy for maintaining homeostasis. Autophagy process resides in the middle of cellular catabolic and anabolic process by directly or indirectly engaging in the metabolism of lipids, carbohydrates, proteins, and other metabolites. All of these multidimensional functions of autophagy are mediated either through its bulk or selective targeting and catabolic function. Further understanding of the selective targeting mechanisms and how autophagy mobilizes various nutrient pools toward specific anabolic function is urgently needed. Only with this information will it be possible to therapeutically modulate autophagy to harness its benefit for treatment of different autophagy-associated metabolic liver diseases.

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Chapter 10 Hepatocyte Death in Liver Inflammation, Fibrosis, and Tumorigenesis

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Abbreviations

Aminotransferase
Acetaminophen
Aspartate aminotransferase
B-cell lymphoma-extra large
Cellular inhibitor of apoptosis
Cytokeratin
Damage-associated molecular patterns
Diethylnitrosamine
Fas-associated protein with death domain
Hepatocellular carcinoma
High-mobility group box
Hepatic stellate cell
I _K B kinase
Innate lymphoid cell
c-Jun-N-terminal kinase
Mitogen-activated protein kinase
Myeloid cell leukemia 1
microRNA
MAP kinase kinase
Nuclear factor KB
NF - κ B essential modulator
Natural killer
Receptor-interacting serine/threonine-protein kinase

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10.1 Introduction

Hepatocyte death is generally regarded as the initial event in almost all liver diseases, including viral hepatitis, alcoholic and non-alcoholic fatty liver diseases, drug and toxin-induced liver injury, biliary disorders, and autoimmune hepatitis. A number of biologically active mediators, receptors, intracellular signaling pathways, and different cell types contribute to the initiation and progression of liver diseases through hepatocyte death. Some known examples include: direct damage to hepatocytes by alcohol and its metabolites; excessive accumulation of bile acids and saturated fatty acids cause hepatocyte death; in Hepatitis B and C, the virus infection mediates cytotoxic T lymphocyte-mediated hepatocyte death. Hepatocyte death in these diseases will lead to liver inflammation, fibrosis, and ultimately induction of hepatocarcinogenesis. In a clinical setting, serum alanine aminotransferase (ALT) and aspartate aminotransferase (AST) are often measured to determine the extent of hepatocyte injury. Elevated levels reflect the degree of hepatocyte injury as hepatocytes release these enzymes into the blood stream when damaged. Since previous clinical observations determined a strong correlation between ALT levels and liver cancer development, persistent hepatocyte death is suggested to be associated with tumor development (Chen et al. [2011](#page-237-0); Lee et al. [2010\)](#page-238-0). These clinical observations are supported by recent studies using animal models that demonstrate hepatocellular death contributes to the triggering of hepatic inflammatory and fibrogenic reaction, and the induction of carcinogenesis. Notably, in contrast to increased cell death that drives tumorigenesis, loss of regular programmed cell death is also associated with malignant transformation and cancer development by escaping the death of malignant cells. This chapter will highlight the underlying molecular mechanisms of hepatocyte death and its contribution to liver inflammation, fibrosis, and tumorigenesis.

10.2 Death Receptor-Mediated Cell Death Signaling

Tumor necrosis factor α (TNF α) is a pleiotropic cytokine, and its most well-characterized receptor is TNF receptor type I (TNFR1). The signaling initiated by the TNFα-TNFR1 interaction activates both nuclear factor κB (NF-κB)-dependent cell

Fig. 10.1 IKK/NF-κB, JNK, and apoptosis in TNF receptor signaling. Binding of TNF to the TNF receptor type I (TNFR1) leads to the formation of "complex I" comprising TRADD, TRAF2, and cIAP. K63-ubiquitination of RIP1 recruits and activates TAK1 and IKK complex (IKKα/IKKβ/ NEMO). TAK1 also activate JNK and its mediated AP-1/c-Jun transcription factor. Simultaneously, JNK1 promotes caspase-8-dependent apoptosis through inhibition of c-FLIP. TAK1 phosphorylates and activates IKK complex that leads to phosphorylation, unbiquitination, and degradation of IκBα, resulting in nuclear translocation and activation of NF-κB comprising p50 and p65 subunits. NF-κB inhibits ROS and caspase-8 through SOD2 and c-FLIP transcription, respectively. NEMO physiologically regulates NF-κB activation and simultaneously prevents the formation of the complex IIb (RIPK1, FADD, caspase-8). Complex IIb-mediated hepatocyte apoptosis requires RIPK1 kinase activity. NEMO and RIPK1 protein physiologically inhibit the formation of Complex IIa (TRADD, FADD, caspase-8). Alternatively, when caspase-8 and/or FADD are inhibited, RIP1 and RIP3 are phosphorylated and induce necroptosis

survival and death-inducing pathways, known as the best-characterized death receptor signaling that contributes to hepatocyte survival and death (Justus and Ting [2015\)](#page-238-0). Binding of TNF α to TNFR1 leads to Complex I being formed at TNFR1 that consists of TNFR1-associated death domain protein (TRADD), receptor-interacting serine/threonine-protein kinase 1 (RIPK1), TNF receptor-associated factor 2 (TRAF2), and cellular inhibitor of apoptosis 1 and 2 (cIAP1/2) (Fig. 10.1). Complex

I subsequently induces the generation of K63 polyubiquitin chains on RIPK1 that enable the recruitment of TGF-β activated kinase 1 (TAK1) and associated binding proteins TAK1-binding proteins 2 and 3 (TAB2/3) as well as the IκB kinase (IKK) complex, comprising the regulatory subunit NF-κB essential modulator (NEMO/ IKKγ) and two kinases, IKKα and IKKβ. The recruitment and interaction of these complexes is essential for the phosphorylation and degradation of IĸBα, thereby activating NF-ĸB (Justus and Ting [2015\)](#page-238-0).

Previous reports have demonstrated that at least two checkpoints regulate cell death in the TNFR1 signaling pathway (Justus and Ting [2015\)](#page-238-0). One of the checkpoints involves the NF-ĸB-dependent transcription and expression of survival proteins, such as c-FLIP and SOD2, which in turn inhibit cell death by protecting against TRADD/ Fas-associated protein with death domain (FADD)/caspase-8 (Complex IIa)-dependent apoptosis. The other checkpoint occurs early in the pathway at the Complex I level where the ubiquitination of RIPK1 allows for its association with TAK1 and NEMO. This interaction prevents RIPK1 from associating with FADD and caspase-8 and thereby inhibiting the formation of RIKP1/FADD/caspase-8 complex (Complex IIb), preventing apoptosis. This checkpoint does not require NF-ĸB activation and de novo protein synthesis to inhibit cell death pathway (Justus and Ting [2015\)](#page-238-0).

TNF-mediated signaling also contributes to the activation of mitogen-activated protein kinase (MAPK) pathway. Phosphorylation and ubiquitination of TAK1, a MAP kinase kinase kinase, activate MAP kinase kinase 4 (MKK4) and MKK7, which then activate c-Jun-N-terminal Kinase (JNK), induction of phosphorylation, and activation of the AP-1/c-Jun transcription factor (Liu et al. [2002\)](#page-239-0). Although early TNF-mediated JNK activation is transient and involved in cell survival and proliferation through AP-1, sustained JNK activation participates in TNF-mediated hepatocyte death through reactive oxygen species (ROS) production; likely independent of AP-1 (Wagner and Nebreda [2009;](#page-240-0) Micheau and Tschopp [2003;](#page-239-0) Ventura et al. [2004;](#page-240-0) Karin and Lin [2002](#page-238-0); Kamata et al. [2005](#page-238-0)). TNF-induced JNK activation is negatively regulated by NF-ĸB-mediated survival factors that block both caspase-8-dependent cell death and sustained JNK activation (Liu et al. [2002](#page-239-0)).

10.3 IKK/NF-ĸB Negatively Regulates Hepatocyte Apoptosis

It has been reported that NEMO-deficient cells are susceptible to TNF-mediated apoptosis (Legarda-Addison et al. [2009](#page-239-0)). Since NEMO binding to RIPK1 polyubiquitin chains inhibits the interaction of RIPK1 with caspase-8, in the absence of NEMO Complex IIb formation is promoted, thereby inducing apoptosis. IKKα/ IKKβ kinases directly phosphorylate RIPK1 at the level of Complex I, thereby inhibiting the formation of Complex IIb and its mediated hepatocyte apoptosis, which is independently of NF- κ B (Dondelinger et al. [2015;](#page-237-0) Koppe et al. [2016](#page-238-0)). In mice with deletion of NEMO in hepatocytes (NEMOLPC-KO mice), their livers become more sensitive to LPS- and TNFα-induced liver injury and spontaneously develops inflammation, steatosis, fibrosis, and hepatocellular carcinoma (Luedde et al. [2007](#page-239-0); Ehlken et al. [2014\)](#page-237-0). NEMO prevents spontaneous hepatocyte death by two distinct mechanisms: One is the function through NF-ĸB-mediated transcription of anti-apoptotic survival proteins, and the other is to inhibit RIPK1-mediated hepatocyte apoptosis by the NF- κ B-independent manner (Kondylis et al. [2015\)](#page-238-0). Since NEMOLPC-KO mice with bearing mutated RIPK1D138N of which kinase activity is absent showed less hepatocyte apoptosis, NEMO negatively regulates RIPK1 kinase activity to prevent hepatocyte apoptosis (Kondylis et al. [2015](#page-238-0)) (Fig. [10.1\)](#page-227-0). Notably, RIPK1 also has a scaffold function that normally inhibits RIPK1 kinaseindependent pro-apoptotic pathway through TRADD/FADD/caspase-8 complex (Complex IIa) (Fig. [10.1](#page-227-0)). Indeed, when whole RIPK1 protein is deleted, NEMOLPC-KO mice showed severe liver injury through formation of Complex IIa (Kondylis et al. [2015\)](#page-238-0). Both FADD and Caspase-8 are required for forming the complex associated with either RIPK1 or TRADD. Importantly, TRADD-mediated alternative hepatocyte apoptosis pathway will not be activated until both RIPK1 and NEMO are inhibited.

10.4 JNK Activation and Hepatocyte Death

In hepatocytes, TNF signaling also activates JNK-dependent pathway, induction of phosphorylation, and activation of the AP-1/c-Jun transcription factor (Liu et al. [2002\)](#page-239-0). TNF-induced JNK activation is negatively regulated by NF-ĸB-mediated survival factors that block both caspase-8-dependent cell death and sustained JNK activation (Liu et al. [2002](#page-239-0)). Sustained JNK activation promotes TNF-mediated hepatocyte death through ROS production but independent of AP-1 (Kamata et al. [2005\)](#page-238-0) (Fig. [10.1\)](#page-227-0). The liver expresses two JNK isoforms, JNK1 and JNK2. Compared to JNK1, JNK2 plays crucial roles in TNF-mediated hepatocyte apoptosis through caspase-8 activation, Bid cleavage, and mitochondrial cytochrome c release (Wang et al. [2006\)](#page-240-0). In concanavalin A (ConA)-induced T cell-mediated liver injury, both JNK1 and JNK2 play a role (Maeda et al. [2003\)](#page-239-0).

Mitochondrial Bcl-X_L, Mcl-1, and Sab (SH3BP5) are substrates for JNK. JNK translocation to the outer membrane of mitochondria plays a role in TNF-mediated hepatocyte death (Win et al. [2011](#page-241-0)). JNK phosphorylates mitochondrial Sab, which promotes translocation of MKK4, JNK, and Bax to mitochondrial outer membrane, thereby inducing mitochondrial ROS formation, sustained JNK activation, and hepatocyte death (Win et al. [2011](#page-241-0)). JNK also contributes to the cleavage of mitochondrial Bid, a BH3 only protein, through caspase-8 (Wang et al. [2006;](#page-240-0) Ni et al. [2009\)](#page-239-0), which induces Bid translocation to mitochondria, cytochrome-c release, and caspase-9/caspase-3 activation, thereby promoting hepatocyte death (Wang et al. [2006;](#page-240-0) Takamura et al. [2007](#page-240-0)).

JNK is also involved in saturated fatty acids- and endoplasmic reticulum stressinduced hepatocyte death (Seki et al. [2012](#page-240-0)).

A variety of JNK-dependent biological functions are mediated through AP-1/c-Jun activation. In TNF-mediated hepatocyte apoptosis, c-Jun- and transcriptionindependent JNK-mediated signaling pathways are more important (Schwabe et al. [2004;](#page-240-0) Czaja [2003](#page-237-0)). AP-1/c-Jun may have protective effects against hepatocyte death (Eferl et al. [2003\)](#page-237-0).

10.5 RIP3 and Regulation of Necroptosis and Hepatocyte Death

Necroptosis is defined as a programmed necrotic death, which differs from necrosis characterized by swelling of cells and cell organelles along with plasma membrane rupture. Necroptosis requires activation of both RIPK1 and RIPK3, which are normally inhibited through caspase-8 and/or FADD by cleaving RIPK1 and RIPK3. When caspase-8 and/or FADD are inhibited (this may occur in some diseases, such as viral infection), necroptosis (as a back-up cell death form) is induced through activating RIPK1 and RIPK3 (Fig. [10.1\)](#page-227-0). RIPK3-mediated necroptosis contributes to hepatocyte death in acetaminophen (APAP)-induced liver injury, ethanolmediated liver injury, and the development of methionine choline-deficient dietinduced non-alcoholic steatohepatitis (NASH) (Deutsch et al. [2015](#page-237-0); Roychowdhury et al. [2013;](#page-239-0) Gautheron et al. [2014\)](#page-237-0). However, recent studies demonstrated contradictory results that high-fat diet-induced non-alcoholic fatty liver disease (NAFLD) and insulin resistance were exacerbated in RIPK3 null mice (Roychowdhury et al. [2016;](#page-239-0) Gautheron et al. [2016](#page-237-0)). Further studies are needed for determining the role of RIP3K and necroptosis in liver disease.

10.6 Inflammasome Activation and Pyroptosis

Inflammasome and caspase-1 activation is required for IL-1 β and IL-18 processing in macrophages. Notably, inflammasome and caspase-1 activation also contributes to "Pyroptosis," a type of programmed cell death, which is distinct from apoptosis and necrosis (Fink and Cookson [2005](#page-237-0)). Pyroptosis is characterized by pore formation in cell membrane, membrane disruption, and cell swelling, and shows positivity for PI and TUNEL staining. NLRP3D303N mutation is responsible for human cryopyrin-associated periodic syndrome, and causes excessive activation of inflammasome through NLRP3 (Wree et al. [2014a](#page-241-0)). A recent study showed mice with mutated NLRP3 developing spontaneous liver injury, inflammation, and fibrosis along with hepatocyte pyroptosis (Wree et al. [2014a\)](#page-241-0). These mice are also sensitive to high nutrient stress and overt NASH development (Wree et al. [2014b](#page-241-0)). These findings indicate that hepatocyte pyroptosis is associated with liver inflammation and fibrosis.

10.7 Hepatocyte Death-Induced Inflammation through DAMPs

Hepatic inflammation is believed to be the first response after liver injury, which is associated with driving fibrogenesis and hepatocarcinogenesis. Dead or dying hepatocytes produce or release so-called damage-associated molecular patterns (DAMPs), which induce inflammation by recruiting and/or stimulating immune cells, production of inflammatory cytokines, and further perpetuating inflammation as well as hepatocyte injury. Hepatocyte-derived DAMPs include nucleotides, nuclear proteins, mitochondrial proteins and DNAs, lipids, and cytokines (Matzinger [2002;](#page-239-0) Chen and Nunez [2010](#page-237-0); Rock et al. [2011;](#page-239-0) Kono and Rock [2008](#page-238-0)). DAMPs are generally released after hepatocyte necrosis and necroptosis due to cell membrane rupture, while other DAMPs are also known to leak out from apoptotic hepatocytes. Hepatocyte-derived DAMPs reported previously are listed in Table 10.1. A nuclear protein high-mobility group box 1 (HMGB1) is an early mediator released from dead hepatocytes, which can trigger inflammation in the setting of ischemia-reperfusion injury and APAP-induced liver injury, but not LPS, TNF, and Fas-mediated liver injury (Tsung et al. [2005](#page-240-0); Huebener et al. [2015](#page-238-0)) (Fig. [10.2\)](#page-232-0). HMGB1 mediates ischemia-reperfusion liver injury through toll-like receptor 4 (TLR4) (Tsung et al. [2005\)](#page-240-0). In APAP-induced liver injury, RAGE is more important than TLR4 through recruiting neutrophils (Huebener et al. [2015\)](#page-238-0). Hepatocytes contain a large amount of

DAMPs	Receptors	Actions	References
HMGB1	TLR4, RAGE	Macrophage activation, neutrophil recruitment	(Huebener et al. 2015; Tsung et al. 2005; Wang
		HSC proliferation, migration	et al. 2013
Mitochondrial DNA/nuclear DNA	TLR9	Macrophage activation, HSC activation, limit HSC chemotaxis	(Garcia-Martinez et al.) 2016; Imaeda et al. 2009; Watanabe et al. 2007)
Formyl-peptides	FPR ₁	Neutrophil recruitment	(McDonald et al. 2010)
ATP	P2X7	Inflammasome activation	(Hoque et al. 2012)
Uric acids	N/A	Inflammasome activation	(Iracheta-Vellye et al.) 2015; Petrasek et al. 2015; Wan et al. 2016)
Oxidized mitoDNA	NLRP3(?)	Inflammasome activation	(Shimada et al. 2012)
Adenosine	A ₂ a receptor	HSC activation, limit HSC chemotaxis	(Hashmi et al. 2007)
$II - 1\alpha$	$IL-1R$	Liver inflammation, HCC development	(Sakurai et al. 2008)
$IL-33$	ST ₂	IL-13 production in ILC2	(McHedlidze et al. 2013)
Apoptotic body	Phagocytosis $(?)$	Macrophage and HSC activation	(Canbay et al. $2003a, b$)

Table 10.1 Hepatocyte-derived DAMPs and their receptors and actions

Fig. 10.2 Hepatocyte death and cellular crosstalk in liver inflammation, fibrosis, and carcinogenesis. In acute and chronic liver disease, hepatocyte apoptosis, necroptosis, and necrosis occur. Apoptotic hepatocytes release apoptotic bodies that are phagocytosed by Kupffer cells and hepatic stellate cells (HSCs). Necrotic cells release DAMPs, such as HMGB1, mitochondrial DNA, ATP, IL-1α, IL-33, uric acids, and adenosine. The DAMPs regulates Kupffer cells and HSC activation for liver inflammation and fibrosis. Hepatocyte apoptosis may participate in tumorigenesis through compensatory proliferation

ATP, a key factor for energy generation, which is released from dying hepatocytes. As a DAMP, extracellular ATP promotes liver inflammation through binding to its receptor P2X7 in APAP-induced liver injury (Hoque et al. [2012](#page-238-0)). During hepatocyte death, mitochondria damage also occurs. Since mitochondria contain ATP, formylpeptides, and mitochondrial DNA, extracellularly leaked mitochondrial components recruit neutrophils, promotion of sterile inflammation and injury in the liver (McDonald et al. [2010\)](#page-239-0). Notably, denatured host DNA and mitochondrial DNA activate TLR9, promoting liver inflammation in APAP-induced liver injury and in NAFLD (Imaeda et al. [2009;](#page-238-0) Garcia-Martinez et al. [2016\)](#page-237-0) (Fig. 10.2). Kupffer cells are the major source of IL-1 β and IL-18 that require processing to be active forms

for secreting extracellularly. Inflammasome activation is a main mechanism for the activation of IL-1β and IL-18. Hepatocyte-derived DAMPs, such as ATP, uric acids, and oxidized mitochondrial DNA, are involved in NLRP3 inflammasome activation in APAP-induced liver injury, alcoholic and non-alcoholic steatohepatistis (Petrasek et al. [2015;](#page-239-0) Wan et al. [2016;](#page-240-0) Iracheta-Vellve et al. [2015\)](#page-238-0) (Hoque et al. [2012;](#page-238-0) Shimada et al. [2012](#page-240-0)). Inflammatory cytokines, such as IL-1 α and IL-33, are also released after hepatocyte death (Sakurai et al. [2008](#page-239-0); McHedlidze et al. [2013](#page-239-0)). IL-1α released after carcinogen- and hepatotoxin-induced death mediates IL-6 production, promoting liver inflammation and hepatocyte proliferation (Sakurai et al. [2008\)](#page-239-0). Hepatocytederived IL-33 promotes type 2 immune response by producing IL-13 from innate lymphoid cell type 2 (ILC2) in parasite infection (McHedlidze et al. [2013\)](#page-239-0).

Viral hepatitis caused by hepatitis B or C virus induces hepatocyte apoptosis. Since hepatitis B and C virus themselves are minimal cytopathic, apoptosis is mainly caused by viral specific cytotoxic T cells and natural killer (NK) cells that eliminate infected hepatocytes (Malhi et al. [2010\)](#page-239-0). T and NK cell-mediated hepatocyte killing is mediated by Fas and TRAIL-mediated signaling (Malhi et al. [2010\)](#page-239-0). Anti-viral immunity does not always successfully eradicate all viral particles. In this setting, viral infection will be sustained and becomes chronic, which is characterized by persistent hepatocyte death and inflammation, ultimately induction of HSC activation and liver fibrosis/cirrhosis.

10.8 Hepatocyte Death as a Trigger for Liver Fibrosis

Liver fibrosis is an alternative repair response against liver injury and results in liver dysfunction, portal hypertension, and hepatocarcinogenesis. Activated hepatic stellate cells (HSCs) are the major contributors of the development of liver fibrosis by producing extracellular matrix, such as collagen fibers. Dead hepatocyte-released DAMPs directly stimulate HSC activation and/or indirectly activate HSC through activating other non-parenchymal cells, such as Kupffer cells, NK cells, T cells, B cells, and dendritic cells. Early studies showed that hepatocyte-derived apoptotic bodies engulfed by Kupffer cells and HSCs, induce HSC activation (Canbay et al. [2003a](#page-237-0), [b\)](#page-237-0). Previous human cohorts demonstrated that fibrosis after viral hepatic injury is well correlated with elevated blood ALT levels, suggesting a possible link between hepatocyte death and liver fibrosis in human liver fibrosis (Fattovich et al. [2008;](#page-237-0) Wiese et al. [2014\)](#page-240-0). Hepatocyte apoptosis has been proven to be an early event in a rapidly fibrosis progression in patients transplanted for hepatitis C (Meriden et al. [2010](#page-239-0)). In addition, there is a positive correlation of active caspase-3 and 7, and plasma-fragmented cytokeratin-18 (CK-18) levels (which is cleaved by caspase-3 from full-length CK-18) with the stage of hepatic fibrosis in NASH patients (Feldstein et al. [2003](#page-237-0), [2009\)](#page-237-0). A number of animal studies have also demonstrated that mice-specific deletion of anti-apoptotic molecules in hepatocytes enhances TNF-mediated hepatocyte death or spontaneously develops hepatocyte death. These anti-apoptotic molecules include NEMO, TAK1, Bcl-xL, and Mcl-1 (Luedde et al.

[2007;](#page-239-0) Inokuchi et al. [2010](#page-238-0); Takehara et al. [2004](#page-240-0); Vick et al. [2009\)](#page-240-0). In these mice, continuous hepatocyte apoptosis along with elevated ALT leads to liver fibrotic response.

As mentioned above, DAMPs released from dying cells trigger inflammation, linking to fibrosis. HMGB1 promotes HSC proliferation and migration through TLR4 (Wang et al. [2013\)](#page-240-0). Interestingly, TLR9 activation by denatured host nucleic DNA and mitochondrial DNA is capable of stimulating HSCs in upregulation of fibrogenic genes (TGF-β and collagen) but limiting chemotaxis (Watanabe et al. [2007;](#page-240-0) Garcia-Martinez et al. [2016\)](#page-237-0) (Fig. [10.2](#page-232-0)). Adenosine is released from dying hepatocytes, which makes higher adenosine levels in local liver injured sites. Adenosine is derived from the dephosphorylation of adenosine tri-, di, and monophosphates, and also from the degradation of nucleic acids through the uric acid pathway. Adenosine upregulates TGF- β and collagen α 1(I) levels in HSCs but inhibits PDGF plus ATP-induced HSC chemotaxis via the A2a receptor (Hashmi et al. [2007\)](#page-238-0). This system can hold HSCs when they migrate to an injured site with upregulation of fibrogenic molecules. Phagocytosis of dead hepatocyte-derived apoptotic bodies by HSCs induces fibrogenic response, such as upregulation of α-smooth muscle actin, TGF-β, and collagen α 1(I) expression (Canbay et al. [2003b\)](#page-237-0) (Fig. [10.2\)](#page-232-0).

TGF-β is a potent fibrogenic cytokine that directly activates HSCs and stimulates collagen production. TGF-β also participates in hepatocyte apoptosis that indirectly promotes HSC activation and fibrosis in NASH and TAK1^{LPC-KO} mice (Yang et al. [2013,](#page-241-0) [2014\)](#page-241-0).

Parasite infection-induced hepatocyte death releases IL-33 that stimulates ILC2, producing IL-13 (McHedlidze et al. [2013\)](#page-239-0). IL-13 then stimulates HSCs through IL-4R α and STAT6 and contributes to parasite-mediated HSC activation and liver fibrosis.

In contrast to hepatocyte death that generally promotes fibrosis, death in HSC is implicated in fibrosis regression and resolution. When continuous fibrotic stimuli are removed, fully activated HSCs undergo apoptosis and fibrosis regression or resolution may occur (Kisseleva and Brenner [2006\)](#page-238-0). NK cells play an important role in HSC killing through IFN-γ (Jeong et al. [2011\)](#page-238-0). After full activation, some HSCs become senescent, which halt collagen production. Senescent HSCs become more susceptible to death through NK cells, and exogenous IL-22 treatment promotes HSC senescent and accelerates HSC apoptosis (Kong et al. [2012\)](#page-238-0).

10.9 Hepatocyte Death as an Initiator of Hepatocarcinogenesis

Unlike other organs, the liver has the most powerful self-repairing capacity after tissue injury. After more than 50% of hepatectomy or acute liver damage by hepatotoxin exposure, liver may regenerate to original mass and recover its normal function Unfortunately, this event does not always occur in the setting of chronic liver disease. The complications of prolonged hepatocellular injury include fibrosis,

which is abnormal wound-healing response, and become suitable "soil" for carcinogenesis. Hepatitis, fibrosis, and cirrhosis are well-established risk factors for hepatocellular carcinoma (HCC). Clinically, more than 80% of HCC patients have liver fibrosis/cirrhosis before being diagnosed with HCC (Fattovich et al. [2004\)](#page-237-0). It suggests that long-term hepatocyte damage promotes malignant transformation of hepatocytes.

Through animal models, with pure cell death type and known mechanism, it is suggested that hepatocyte death itself and compensatory proliferation after massive liver injury are both the key factors for hepatocarcinogenesis. Mice with hepatocytes deficient in IKKβ, a crucial factor for NF-κB activation, cause massive hepatocyte death after exposure to chemical carcinogen diethylnitrosamine (DEN) (Maeda et al. [2005\)](#page-239-0). These mice also showed more compensatory hepatocyte proliferation and hepatocarcinogenesis than wild-type counterparts. Mice with hepatocytes deficient in NEMO or TAK1, another regulator for NF-κB activation, showed spontaneous hepatocarcinogenesis in conjunction with hepatocyte injury and compensatory liver cell proliferation (Luedde et al. [2007;](#page-239-0) Inokuchi et al. [2010](#page-238-0)). Since death receptor-mediated hepatocyte apoptosis is associated with liver phenotype of aforementioned mutant mice, the deletion of FADD prevents the development of HCC in these mice. Hepatocarcinogenesis in NEMO^{LPC-KO} mice is mediated by inhibiting NF-κB activation and promoting RIPK1 kinase activity-mediated hepatocyte apoptosis (Kondylis et al. [2015\)](#page-238-0). However, since RIPK1 molecule also has a scaffold function for NF-κB activation, whole RIPK1 deletion does not reduce hepatocarcinogenesis in NEMO^{LPC-KO} mice (Kondylis et al. [2015\)](#page-238-0). In NEMO^{LPC-KO} mice and TAK1^{LPC-KO} mice, additional deletion of FADD or caspase-8 prevents hepatocyte apoptosis and hepatocarcinogenesis but additional RIPK3 deletion did not suppress hepatocyte injury and carcinogenesis, suggesting that hepatocyte apoptosis, but not necrosis/necroptosis, is an essential mechanism for hepatocarcinogenesis (Luedde et al. [2007](#page-239-0); Vucur et al. [2013](#page-240-0); Kondylis et al. [2015](#page-238-0)) (Fig. [10.2\)](#page-232-0). One human study demonstrated that the downregulation of NEMO expression is correlated with the prognosis and survival of HCC patients (Aigelsreiter et al. [2012\)](#page-237-0).

Deficient in anti-apoptotic proteins Mcl-1 and Bcl-xL in hepatocytes causes spontaneous hepatocyte apoptosis that results in the development of HCC (Takehara et al. [2004;](#page-240-0) Weber et al. [2010](#page-240-0)). In Mcl-1^{LPC-KO} mice, additional deletion of Bak (a downstream molecule of Mcl-1 towards apoptosis) reduces HCC development (Hikita et al. [2012\)](#page-238-0). These findings also support the mechanism that hepatocyte apoptosis is associated with HCC development. Notably, these genetic animal models might not recapitulate human HCC conditions since in most clinical settings external injuries caused by virus, toxin, alcohol, and lipids are associated with HCC formation.

microRNAs (miRNAs) are small, noncoding RNA molecules that negatively regulate the expression of corresponding mRNA. Hepatocytes predominantly express miR-122, which accounts for 70% of all miRNAs in hepatocyte. When hepatocytes are damaged, miR-122 is released to blood circulation then blood miR-122 levels increase significantly. miR-122 plays dominant roles as a tumor suppressor and a negative regulator for lipid metabolism as mice deficient in miR-122 spontaneously develop hepatic steatosis, fibrosis, and carcinogenesis (Tsai et al. [2012\)](#page-240-0). Although evidence that released miR-122 plays a role in the development of liver inflammation and tumorigenesis is still lacking, released miR-122 may influence liver pathophysiology.

It is strongly suggested that apoptosis in healthy hepatocyte is associated with promoting tumorogenesis, while impaired death or programmed death of cancer or dysplastic cells may lead or enhance tumor formation and progression. Targeted ablation of Fas gene causes liver hyperplasia in mice (Adachi et al. 1995). In HCC, Fas expression is lower in human HCC tissue than non-cancerous tissue (Higaki et al. [1996\)](#page-238-0). Another well-known example is NF-κB, which acts as both a promoter and a suppressor of HCC. In *Mdr2* knockout mice model, overexpression of mutated IκBα in hepatocytes inhibits inducible NF-κB activation and reduces liver tumor development compared with mice with normal NF-κB signaling. In this setting, NF-κB functions as a tumor promoter (Pikarsky et al. [2004\)](#page-239-0).

10.10 Conclusions

A number of animal models have suggested a strong link between cell death and carcinogenesis. Several human studies also suggest this link but the direct molecular mechanism is still unclear. Mutations, such as p53, β-catenin, and TERT promoter, are often observed in human HCC. However, some mouse models enable developing HCC spontaneously without treatment with carcinogen. It is hypothesized that chronic hepatocyte damage induces extensive compensatory proliferation that increases the incidence of mutations on tumor suppressor gene(s) and eventually develops dysplastic cells or transformed cancer cells. Another hypothesis is that in some hepatocytes that escaped from cell death stimuli apoptotic signals directly affect mutations in tumor suppressor gene(s). Notably, cancer cells usually escape from the natural selection guard system by specific mutations, such as p53 mutation (Guichard et al. [2012](#page-237-0)). In summary, hepatocyte death is clearly associated with promoting liver inflammation and fibrosis whereas in hepatocarcinogenesis hepatocyte death has dual roles: On one hand, hepatocyte death signal functions as a tumor promoter. On the other hand, hepatocyte death acts as a tumor suppressor by eliminating cells with gene mutations.

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Chapter 11 Cell Death and Autophagy in Liver Tumorigenesis and Liver Cancer

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Abbreviations

In recent years, autophagy has been a research focus. Cellular autophagy is particularly well studied in liver cancer, among the different tumor types. Confusingly, autophagy shows complex and dual roles in both suppressing and promoting tumors in liver cancer.

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11.1 Autophagy in Tumor Suppression

Autophagy was proposed to be a tumor suppressor due to the direct evidence, showing that liver tumors were developed in autophagy-related gene (ATG) deficient mouse models. Currently, some critical autophagy genes, including beclin1, ATG5 and ATG7, are proven tumor suppressor genes. In an ATG5 knockout mouse model, multiple benign tumors were developed only in the liver, but not in other tissues, indicating that continuous autophagy is important for the suppression of tumorigenesis. Moreover, swollen mitochondria, oxidative stress, and genomic damage responses were detected in the hepatic tumor cells. Similar results were also observed in liver-specific ATG7-deficient mice (Takamura et al. [2011](#page-252-0)). Beclin1 is a mammalian autophagy gene and a haploinsufficient tumor suppressor and negatively regulates tumorigenesis (Liang et al. [1999\)](#page-250-0). Beclin1−/− mutant mice not only died early in embryogenesis but also suffered from a high incidence of spontaneous tumors (Qu et al. [2003;](#page-251-0) Yue et al. [2003](#page-252-0)). Heterozygous disruption of beclin1 could increase the frequency of spontaneous malignancies and accelerate the development of hepatitis B virus (HBV)-induced premalignant lesions. In addition, beclin1 heterozygous disruption also leads to an increase in cellular proliferation and reduces autophagy in vivo (Qu et al. [2003\)](#page-251-0). Recently, studies revealed that the expression of beclin1 and bax in hepatocellular carcinoma (HCC) tissues might provide a synergistic effect that inhibits tumor proliferation, infiltration, metastasis, and angiogenesis (Qiu et al. [2014\)](#page-251-0). All of these data from animal models provide clear evidence that autophagy is an important suppressor mechanism to prevent tumorigenesis. p62 is a selective autophagy substrate. Autophagy defects could result in sustained expression of p62 and promote tumor progression (Mathew et al. [2009\)](#page-251-0). In human cancers, p62 accumulation has been detected (Inami et al. [2011\)](#page-250-0), it is involved in heterozygous mutations of the beclin1 gene (Komatsu et al. [2007;](#page-250-0) Mathew et al. [2009;](#page-251-0) Qu et al. [2003;](#page-251-0) Yue et al. [2003](#page-252-0)). In a mouse model, liver-specific ATG7 knockout mice developed hepatocellular adenoma accompanied by excessive p62 accumulation and subsequent Nrf2 activation, and persistent Nrf2 activation contributes to the HCC formation (Inami et al. [2011](#page-250-0)). After a concomitant knockout of the p62 gene, tumor size in this mouse model significantly decreased (Takamura et al. [2011\)](#page-252-0). Furthermore, the tumor suppressor gene p53 plays a dual role in cellular autophagy. In the cytoplasm, autophagy is suppressed by p53, and p53 degradation is also required for the induction of autophagy (Levine and Abrams [2008\)](#page-250-0). Additional evidence indicates that p62 is increased in HCC tissues compared with nontumorous liver tissues, suggesting that human HCC is autophagy defective (Bao et al. [2014](#page-249-0)). The suppression of liver cancer is also reflected in another aspect: the autophagy level is negatively correlated with the degree of HCC malignancy. Under starvation conditions, decreased basal expression of autophagic genes and their corresponding autophagic activity in HCC cell lines, and autophagy defects are correlated well with the highly malignant phenotype (Ding et al. [2008\)](#page-250-0). These results suggest that autophagy defects in combination with altered apoptotic activity might facilitate tumor progression and poor prognosis because autophagy might interact

with apoptosis in the regulation of HCC (Shi et al. [2009](#page-251-0)). Due to its suppression effect on liver tumor, autophagy might be of therapeutic value. Tissue injury, inflammation, and genomic instability are risk factors for carcinogenesis. In precancerous cells, these risk factors could be inhibited by autophagy, and autophagy induction may be beneficial for the prevention of liver cancer. For example, in patients with α-1 antitrypsin deficiency, inflammation and carcinogenesis could be inhibited by the upregulation of basal autophagy level in liver cells (Perlmutter [2009\)](#page-251-0). It has been demonstrated that carbamazepine (CBZ) could increase the autophagy level, reduce the α -1 antitrypsin load, and lower the risks of liver fibrosis and cancer in an α -1 antitrypsin deficiency (ATD) mouse model (Hidvegi et al. [2010](#page-250-0)), indicating that increased autophagy might provide effective and preventive effects against liver cancer.

11.2 Autophagy in Cancer Promotion

Growing evidences indicate that autophagy is needed by tumor cells under disadvantageous conditions, including starvation, deficiency of growth factor, hypoxia, injury, and drug medication. Generally, up-regulation of basal autophagy is required for the survival of tumor cells, implying that cancer cells use the catabolic function of autophagy to tolerate stress. The autophagosome is common in ischemic areas, and the autophagy inhibition induced by decreased levels of beclin1 causes cellular death (Degenhardt et al. [2006\)](#page-249-0). In RAS-driven tumors, the basal autophagy level is increased. Moreover, RAS-expressing ATG5−/− or ATG7−/− cells displayed reduced tumor growth in vivo (Guo et al. [2011\)](#page-250-0).

Recently, increasing evidences showed that HCC metastasis could be suppressed by autophagy, and the intrinsic mechanism underlying metastasis might involve facilitating anoikis resistance and lung colonization (Peng et al. [2013b](#page-251-0), [c\)](#page-251-0). Moreover, studies demonstrated that hypoxia-induced autophagy contributed to HCC chemoresistance. In vitro, by enhancing cellular survival and decreasing the apoptotic potential, autophagy may contribute to the resistance of HCC cells to chemotherapeutic agents under hypoxia; thus, the cellular survivability is changed by autophagy suppression (Song et al. [2009\)](#page-252-0). Because autophagy is essential for tumor survival pathways, autophagy modulation is a novel approach for enhancing the efficacy of existing cancer therapy. Current (angiogenesis inhibitors and growth factor receptors) and conventional cancer treatments (radiotherapy and chemotherapy) could lead to metabolic stress and induce autophagy. To improve the clinical efficacy, autophagy inhibitors could be used to eliminate the protective effect of autophagy in combination therapy (Wu et al. [2012\)](#page-252-0). Antimalarial drugs (chloroquine and hydroxychloroquine) have been evaluated and shown promising results in preclinical and clinical trials, and research on specific small molecule autophagy inhibitors is currently in progress (details as follows).

Autophagy could exert a strong influence on carcinogenesis and tumor progression by altering the risk factors of liver cancer, including HBV, hepatitis C virus (HCV), alcohol intake, and others. HBV infection is the most important leading cause of liver cancer, and it induces autophagy by enhancing viral DNA replication with only a slight effect on viral RNA transcription (Sir et al. [2010](#page-252-0)). During a natural HBV infection, autophagy facilitates HBV replication, which has primarily been demonstrated in cell cultures and in a mouse model (Li et al. [2011;](#page-250-0) Tian et al. [2011\)](#page-252-0). HCV is also correlated with liver cancer, and studies have shown that autophagy contributes to the self-replication of HCV particles. HCV RNA replication could promote the expression of UPR and CHOP, thus leading to the accumulation of autophagosomes and activation of autophagy (Ait-Goughoulte et al. [2008;](#page-249-0) Sir et al. [2008\)](#page-252-0). Some ATGs (BECN1, ATG4B, ATG5, and ATG12) are involved in the translation of viral mRNA and initiation of replication (Dreux et al. [2009\)](#page-250-0). HCV RNA replication may block the maturation of the autophagosome and autolysosome (Sir et al. [2008\)](#page-252-0). Furthermore, HCV seems to avoid recognition by the autophagic machinery (Alavian et al. [2011;](#page-249-0) Rautou et al. [2010](#page-251-0)). Chronic alcohol consumption has been widely recognized as one of the most common causes, and it may lead to several types of liver status: fatty liver, hepatic fibrosis, cirrhosis, and alcoholic hepatitis. The mechanism underlying the liver injury may include the induction of oxidative stress. Hepatic steatosis and oxidative stress are regulated by autophagy in liver cells, indicating the importance of autophagy in ethanol-induced liver diseases (Czaja [2011;](#page-249-0) Wang et al. [2010\)](#page-252-0). Needless to say, the exact role of autophagy in alcohol-related liver cancer remains to be further studied. Nonalcoholic fatty liver disease (NAFLD) is a common chronic liver disease. The loss of lipid droplets is promoted by autophagy and is called fat endocytosis (Singh et al. [2009](#page-252-0)). In hepatic stellate cells, blocking autophagy could result in the accumulation of lipid droplets and attenuation of liver fibrosis (Hernandez-Gea et al. [2012\)](#page-250-0), implying that autophagy may prevent the formation of NAFLD-related tumors.

It should be noted that the majority of current research is focused on HCC, but autophagy also plays a similar role in two other types of liver cancer, including intrahepatic cholangiocarcinoma (ICC) and hepatoblastoma. In nutrient starvation and xenograft cholangiocarcinoma cells, autophagy is activated (Hou et al. [2011\)](#page-250-0). Inhibiting autophagy (by an autophagy inhibitor or beclin1 siRNA) could induce apoptosis during starvation and increase the sensitivity of cholangiocarcinoma cells to chemotherapy (Hou et al. [2011\)](#page-250-0). Similarly, blocking autophagy by regulating autophagic genes could suppress the formation of hepatoblastoma. However, the exact mechanism of autophagy in ICC and hepatoblastoma requires in-depth studies.

11.3 Autophagy as a New Therapeutic Target

Due to its critical role in liver cancer, autophagy has been considered a new therapeutic target, but there is currently no consensus about autophagy therapy in clinics. Theoretically, autophagy inhibitors could eliminate or weaken the protective roles of chemotherapy induced by autophagy, which could enhance the tumor-killing effect and promote the therapeutic effect. In addition, autophagy inducers could lead to cellular autophagic death when combined with chemotherapy. By activating the PI3K-Akt and Akt signaling pathways, sorafenib or bortezomib treatment could activate autophagy, and combining these treatments with chloroquine (CQ) or 3-methyladenine (3-MA) could improve their cytotoxicity (Hui et al. [2012](#page-250-0); Shimizu et al. [2012](#page-251-0); Yu et al. [2013](#page-252-0)). Cisplatin and oxaliplatin share similar effects (Ding et al. [2011;](#page-250-0) Xu et al. [2012\)](#page-252-0). However, the molecule machinery of certain drugs is not similar to those above. Anticancer drugs (nilotinib, cannabinoids tetrahydrocannabinol, JWH-015, and SAHA) can upregulate autophagy by activating the AMPK signaling pathway, but their treatment efficacy was decreased when they were combined with inhibitors. Autophagy may protect cancer cells, but the induced autophagy mediated by the AMPK signaling pathway seems to induce cytotoxicity. The above results indicate the complexity of autophagy treatments in liver cancer.

11.4 Autophagy Inducers and Inhibitors

Owing to the multi-faceted role of autophagy, inhibitor applications depend on the specific circumstances (Amaravadi et al. [2011](#page-249-0), [2007\)](#page-249-0). Autophagy is considered a cellular death mechanism that promotes apoptosis or autophagic cell death, leading to better treatment (Edinger and Thompson [2004;](#page-250-0) Eisenberg-Lerner et al. [2009;](#page-250-0) Shen and Codogno [2011\)](#page-251-0). In apoptosis-deficient tumor cells, induced autophagy activity and increased autophagic cell death are effective ways to facilitate cellular death (Maycotte and Thorburn [2011](#page-251-0)). The autophagy inducers and inhibitors that have been developed using in vitro or in vivo systems and have been used in clinical trials are summarized in Table [11.1.](#page-247-0)

Autophagy inducers: important cellular autophagy inducers for liver cancer (based on the concept that autophagy could improve the treatment effect by enhancing cellular death) include the following: (1) rapamycin and its analogs: in HCC, the PI3K/Akt/mTOR pathway is the key signaling cascade because it modulates cellular growth, proliferation, angiogenesis, and apoptosis (Sabatini [2006](#page-251-0)), and this pathway is activated in 15–41% of HCC tumors. mTOR inhibitors have anti-HCC activity (Sieghart et al. [2007](#page-252-0)). Rapamycin (sirolimus), an mTOR inhibitor, is widely used as an autophagy inducer, and it has been applied for its anti-proliferation and anti-angiogenesis effects. In clinical research, rapamycin and its analogs (everolimus) have proven anti-tumor activity (Huynh et al. [2009\)](#page-250-0). (2) Tyrosine kinase inhibitors: tyrosine kinase plays an important role in tumor progression, and it has been utilized in cancer treatment. In combination with the HDAC inhibitor SAHA, sorafenib can enhance liver cancer death by inducing autophagy (Martin et al. [2009;](#page-251-0) Park et al. [2008\)](#page-251-0). However, adriamycin (DOX)-induced autophagic cell death can be inhibited by sorafenib, thus promoting the cell cycle progress, improving the survival rate, and decreasing cancer autophagy (Manov et al. [2011\)](#page-251-0). Therefore, the potent antagonistic effect of sorafenib and adriamycin treatment needs to be further considered. (3) Others: a new naphthalimide polyamine conjugate

	Drug	Experimental system	
Autophagy	Rapamycin	C57BL/6 mice, Hep G2; mice	
inducer	Everolimus	Xenograft mouse model	
	Everolimus + BEZ235	Hepatocyte cell line, mice, Stage I clinical trial	
	Bortezomib	Huh7 cells/FVB and transgenic mice	
	SAHA/OSU-HDAC42	Hep 3B, Hep G2, Huh7	
	Panobinostat	Hep 3B, Hep G2, Huh7, human, xenograft mouse model	
	Sorafenib	Hep 3B, Hep G2, Huh7	
	Nilotinib	Hepatocyte cell line, mice	
	$NPC-16$	Hep G2, Bel-7402	
	Berberine	MHCC97-L, HepG2	
	MLN4924	Huh7, Hep G2, xenograft mouse model	
	Δ 9-THC/JWH-015	Hep G2, Huh7, xenograft mouse model	
	THC	Hepatocyte cell line, mice	
	Fangchinoline	Hep G2, PLC/PRF/5	
	SB203580	Hep G2, Hep3B, PLC/PRF/5, Huh7	
	Melatonin	H ₂₂ . H ₂₂ mouse models	
	Cisplatin	Hepatocyte cell line, mice	
	Oxaliplatin	Hepatocyte cell line, mice	
	m i $R-100$	Hepatocyte cell line, mice	
Autophagy inhibitor	$3-MA$	H22, Hep G2; xenograft mouse model, PLC/PRF/5; SMMC7721	
	Wortmannin	HCCC9810	
	Bafilomycin A1	Hep 3B, Hep G2, Huh7; HA22T/VGH	
	CO/HCO	HA22T/VGH: Mahlavu	
	siRNA (siATG5, siBeclin1, siATG7, shBeclin1, shATG5)	Hep G2, H22; PLC/PRF/5; HA22T/ VGH; Huh7, HCCLM3, MHCC97H, SMMC7721	
	MicroRNAs (mir-375, miR-101,	Huh7 and Hep3B, xenograft mice	

Table 11.1 Autophagy inducers and inhibitors used in clinical trials and developed in in vivo and in vitro systems

can induce autophagy and apoptosis, and the involvement of the mTOR pathway in the autophagy mediated by NPC-16 has been confirmed (Xie et al. [2011\)](#page-252-0). Berberine, which inhibits the mTOR pathway by up-regulating the AMPK signaling pathway, can also induce autophagic cellular death in liver cancer (Wang et al. [2010a](#page-252-0); Yu et al. [2014](#page-252-0)). The cannabinoid Δ9-THC and its receptor agonist (JWH-015) could inhibit autophagy induction and decrease the growth of subcutaneous xenografts through the Akt-mTORC1 axis and stimulation of the AMPK pathway. Evidence demonstrated that Δ9-THC and the agonist JWH-015 led to the death of liver cancer. As a new type of antitumor agent, fangchinoline can induce autophagic death in liver cancer through the p53/sestrin2/AMPK pathway (Wang et al. [2011\)](#page-252-0).

miR-199a-5p)

Furthermore, MLN4924 (a small molecule inhibitor of NEDD8-activating enzyme) can suppress the growth of liver cancer by inducing autophagy in vivo and in vitro. The intrinsic mechanism might be the suppression of mTOR activity by Deptor (mTOR-binding protein) (Luo et al. [2012](#page-251-0)).

Autophagyinhibitors: autophagy is an essential survival mechanism, through which cancer cells can survive under various stress conditions, including drug treatment. Therefore, inhibitors can increase the treatment effect by abolishing the protective effect of autophagy, increasing cytotoxicity, and limiting treatment resistance. (1) CQ and hydroxychloroquine (HCQ): CQ and HCQ are widely used as autophagy inhibitors. Many reports have demonstrated that drug treatments, including CQ and HCQ treatments, have a sensitizing effect on cell apoptosis both in vivo and in vitro. For example, CQ-induced autophagy increases the cellular death caused by oxaliplatin, improving the chemosensitivity in liver cancer, and a similar result was shown by ding et al. (Ding et al. [2011\)](#page-250-0). In HCC cell lines and a nude mouse model, the sorafenib group combined with CQ significantly suppressed the tumor growth compared with that for sorafenib alone (Shi et al. [2011](#page-251-0); Shimizu et al. [2012\)](#page-251-0). Currently, 25 autophagy-related clinical trials are in progress that use CQ/HCQ alone or in combination with other drugs to treat tumors [\(http://www.clinicaltrials.](http://www.clinicaltrials.gov) [gov\)](http://www.clinicaltrials.gov). However, no related clinical trials are being performed for liver cancer. (2) siRNA and shRNA: due to the high specificity and selectiveness of siRNA or shRNA, side effects could be avoided to a large extent by silencing certain autophagy genes. Many reports have reported cancer treatments that knock out specific ATG genes, but there are no clinical trials targeting liver cancer. Chen demonstrated that suppressed autophagy, which was mediated by knocking down beclin1, promoted increased cellular death in liver cancer (Chen et al. [2011](#page-249-0)). Beclin1 silencing also facilitates the H22 cellular death induced by melatonin and improves the antitumor effects of melatonin (Liu et al. [2012](#page-250-0)). Overall, silencing-specific ATG genes to inhibit autophagy could improve the clinical effect of chemotherapy. However, it is still unclear whether the siRNA-induced treatment effect would occur in liver cancer. Via the construction of viral vectors carrying shRNA or miRNA targeting critical autophagy genes, autophagy inhibition in vivo might be a new field in the future. An autophagy-related and specific shRNA designed by Peng et al. was demonstrated to be of great value in suppressing autophagy and lung metastasis both in vivo and in vitro (Peng et al. [2013a,](#page-251-0) [c\)](#page-251-0). (3) microRNAs (miRNAs) can regulate autophagy through multiple genes and pathways (Kim and Kim [2014\)](#page-250-0). miRNAs could regulate autophagy in liver cancer by acting on ATG genes. Many miRNAs (such as miR-101, miR-30a, miR-34a, miR-204, and miR-375) could serve as inhibitors. In liver cancer, hypoxia-induced autophagy could be suppressed effectively by the direct actions of miR-375 on ATG7 (Kim and Kim [2014](#page-250-0)). Transfection with a miR-375 mimic attenuated the protective effect of autophagy and impaired the vitality of tumor cells (Pastore et al. [2013](#page-251-0)). By down regulating STMN, RAB5A, and ATG4D, miR-101 could suppress HCC autophagy. When combined with adriamycin and fluorouracil, miR-101 could increase their chemosensitivity. In liver cancer patients treated with cisplatin, the miR-199a-5p level is decreased significantly; this miRNA acts on ATG7 and abolishes the drug resistance induced by autophagy.

Autophagy inhibition by miRNA is becoming a new focus. However, some miRNAs will induce autophagy. miR-100 facilitates HCC autophagy by preventing mTOR and IGF-1R expression. Overexpression of miR-100 can lead to cellular death, and this effect can be inhibited by ATG7 silencing and CQ, providing a potent target for HCC treatment. (4) Others: 20(S)-Ginsenoside Rg3 is a new type of autophagy inhibitor that can improve the adriamycin treatment effect (Kim et al. [2014\)](#page-250-0). Adriamycin-induced autophagy has a protective effect in liver cancer. Ginsenoside Rg3 inhibits late-period autophagy. Combined with doxorubicin, Rg3 is able to kill HCC cells, which exhibit good tolerance to Rg3, and able to inhibit liver cancer xenografts in mice. The combination of inhibitors and traditional chemotherapy drugs is becoming an effective strategy in liver cancer treatment.

11.5 Conclusion

In liver cancer, autophagy has a Janus-face in that being a tumor survival mechanism, it can also lead to autophagic cell death. Accordingly, taking into account the essential role of autophagy in liver cancer and the existence of therapies targeting this process, may improve clinical efficacy of liver cancer. Exploring the potential clinical value of autophagy in liver cancer may lead to a new avenue of cancer therapeutics.

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