

Bone Morphogenetic Proteins in the Initiation and Progression of Breast Cancer

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Abstract Due to their vast roles in human development, differentiation, homeostasis, and disease, bone morphogenetic proteins (BMP) have evolved along with numerous potentiating and inhibitory mechanisms to fine-tune signaling outcomes. As such, this chapter focuses on some of the best-studied and utilized extracellular mechanisms of BMP signal regulation. Due to their inherent binding characteristics, BMP ligands are often found engaged with at least of one of these many interacting partners. From a structural and functional perspective, we discuss our current understanding of how BMP ligands interact with these numerous binding partners, including secreted extracellular antagonists, BMP prodomains, and various co-receptors and noncanonical binding partners. Interestingly, while the BMP ligands themselves exhibit very redundant structural features, the composition and structure of their interacting proteins is quite diverse, leading to different ligand-binding modes and mechanisms, which lead to very different biological outcomes. Collectively, biochemical and structural characterization of these important interactions has provided valuable insight into BMP signal regulation.

Keywords BMP • Breast cancer • Metastasis • Proliferation • DAN family • Follistatin • Chordin • Noggin • Antagonism

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1 Introduction

Bone morphogenetic proteins (BMPs) were originally identified as osteogenic factors with the ability to induce cartilage and bone formation at ectopic sites [1]. Accumulating evidence thereafter showed that BMPs (of which about 20 members have been identified in mammals) can perform versatile functions in embryonic development and in maintenance of adult tissue homeostasis. BMPs were found to regulate proliferation, survival, migration, differentiation, and lineage commitment of many different cell types [2, 3]. Perturbation in BMP signal transduction processes may lead to disease states, including tumorigenesis [3]. BMPs belong to the transforming growth factor β (TGF β) superfamily, which are dimeric ligands that signal via specific transmembrane type I and type II serine/threonine kinase receptors and intracellular SMAD transduction factors. Each step of the BMP signaling pathway is carefully regulated, e.g., through ligand-binding proteins that sequester ligand from binding to receptors and coreceptors that present ligand to these receptors [4]. Recent years have seen an increasing interest in the role of BMP signaling in the development and progression of several cancers [5]. Similar as found for TGF β , BMPs may act as tumor suppressor and/or promoter in a highly contextual manner [5].

BMPs play an important role in the development of embryonic mammary gland [6]. Of interest is also that breast cancer is frequently accompanied by osteolytic metastasis, which accounts for significant morbidity [7]. BMPs are present with high abundance in bone and have the ability to stimulate bone formation [8]. In this review, we aim to overview the recent studies on the relationship between BMPs and breast cancer pathology. After a brief introduction to the key components of BMP signaling pathways and their regulation, we discuss the aberrant expression of canonical BMP/SMAD signaling components and the underlying prognostic value in breast cancer. We then focus on the functions of BMPs in breast cancer initiation, proliferation, apoptosis, tumor microenvironment, as well as the processes of metastasis. The possibilities utilizing these controlling mechanisms of BMPs for therapeutic intervention against breast cancer are also discussed.

2 BMP Signaling and Its Regulation

BMPs are produced as larger dimeric precursor proteins, which are proteolytically processed thereby generating a carboxy-terminal bioactive domain with highly conserved cysteine residues. This mature dimer may undergo further posttranslational modification such as glycosylation [4, 9]. The BMP signaling cascade is initiated by binding of BMPs to two types of transmembrane serine/threonine kinase receptors, i.e., BMP type I and type II receptors (BMPRI and BMPRII, respectively) [10]. Generally, initial binding occurs to BMPRI, i.e., activin receptor-like kinase (ALK)1, ALK2 (or ACVR1A), ALK3 (or BMPRIA), and ALK6 (or BMPRII), to which BMPs interact with higher affinity as compared to BMPRII. Thereafter,

BMPs recruit BMPRII, which is specific for BMPs, or activin type II A receptor (ACVR2A) and activin type IIB receptor (ACVR2B), which are shared type II receptors with the activins (Table 1) [4].

As described in Fig. 1, upon BMP-induced formation of a heteromeric receptor complex, the constitutively active BMPRIIs kinase can phosphorylate BMPRI in the highly conserved glycine-serine-rich (GS) juxtamembrane domain. Then, the activated BMP type I receptor in turn can incur intracellular signaling by phosphorylating specific SMADs (R-SMADs), SMAD1/5/8 [9]. These BMP R-SMADs are distinct from TGF β and activin receptor-induced R-SMADs, i.e., SMAD2 and SMAD3. Phosphorylated R-SMADs form heteromeric complexes with common-partner SMAD (Co-SMAD), i.e., SMAD4 [11]. Subsequently, these SMAD complexes can translocate into the nucleus where they serve as transcription factors and recognize specific BMP response elements (BRE) (also termed SMAD-binding elements (SBE)) located within the promoters or enhancers of target genes. In collaboration with other transcription factors and transcriptional coactivators/corepressors, they mediate the transcription of BMP target genes, such as inhibitor of differentiation (ID) 1–3, inhibitory SMAD6, and runt-related transcription factor 2 (RUNX2) [12–14]. Besides the canonical SMAD-dependent pathway, BMPs have also been reported to activate non-SMAD pathways, including stress-activated protein kinase/c-Jun NH2-terminal kinase (JNK), extracellular signal-regulated kinase (ERK), and p38 mitogen-activated protein kinase (MAPK) pathways, as well as phosphoinositide 3-kinase (PI3K)-AKT, protein kinase C (PKC), TGF β -activated kinase 1 (TAK1), and small Rho-GTPases pathways [9, 15].

The BMP signaling cascade is subject to intricate regulation at multiple levels. Extracellular antagonists prevent binding of BMPs to receptors either by sequestering the BMP ligands or by binding to the BMP receptors themselves [2]. Like the BMP ligands, the BMP antagonists have a cysteine knot structure, which can be divided into several subclasses: twisted gastrulation, Noggin and Chordin family, and differential screening-selected gene aberrative in neuroblastoma (DAN) family (including DAN, Cerberus, Gremlin 1, protein related to Dan or Cerberus (PRDC), Sclerostin, uterine sensitization-associated gene 1 (USAG1), Caronte, and Coco) [9, 16]. Another type of inhibitors involves soluble receptors in the extracellular environment, which also can sequester BMPs from binding to their transmembrane receptors [17]. Regulation at the cell membrane level is mediated by various membrane proteins. The BMP and activin membrane-bound inhibitor (BAMBI) inhibit BMP signaling by interfering with receptor complex formation [18]. In addition, BMP signaling can be potentiated by some membrane proteins, such as members of

Table 1 BMP subclasses and receptor-binding preference

Ligands	Type I receptors	Type II receptors
BMP2/4	ALK3, 6	BMPRII, ACVR2A, ACVR2B
BMP5/6/7/8	ALK2, 3, 6	BMPRII, ACVR2A, ACVR2B
GDF5/6/7	ALK3, 6	BMPRII, ACVR2A, ACVR2B
BMP9	ALK1, 2	BMPRII, ACVR2A

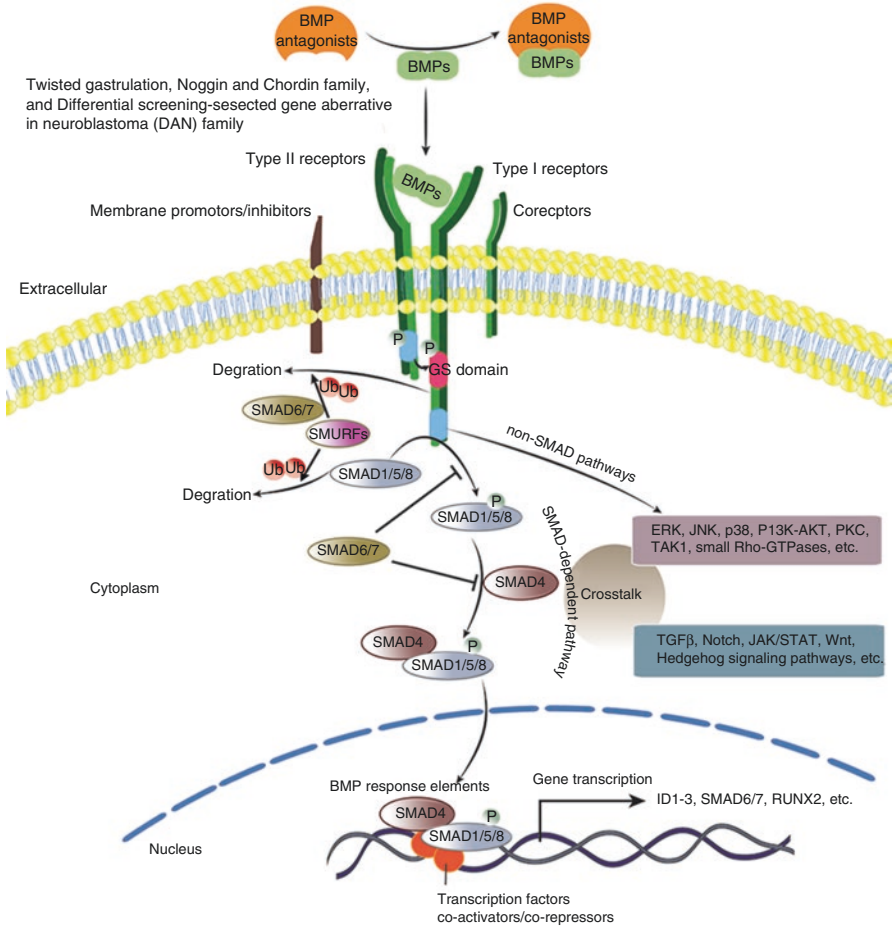


Fig. 1 Schematic presentation of the BMP signaling pathway. BMP binds and induces heterotrimeric complex formation of specific single transmembrane-spanning BMP type I and type II receptors. Upon heteromeric complex formation, the extracellular BMP signal is transduced across the membrane by the phosphorylation of BMP type I receptors in the glycine-serine-rich (GS) juxtamembrane domain by the constitutively active type II receptors kinase. The intracellular signal is initiated by the phosphorylation of SMAD1/5/8. These activated R-SMADs can then form heteromeric complexes with SMAD4, which translocate into the nucleus where they collaborate with other DNA-binding transcription factors and transcriptional coactivators/corepressors to regulate the transcription of BMP target genes (SMAD-dependent pathway). The BMP signal can also be transduced via non-SMAD pathways. BMP signaling is subject to multiple regulations, such as extracellular antagonists, coreceptors, membrane promoters/inhibitors, and inhibitory SMAD6/7. There also exists extensive cross talk between BMP signaling pathways and other signaling pathways

the repulsive guidance molecule (RGM) family [19], and coreceptors betaglycan [20] and endoglin (CD105) [21, 22].

Within the cell, Endofin acts as an anchor between SMAD1 and activated BMPRI to facilitate SMAD1 phosphorylation. Meanwhile, Endofin can mediate the dephosphorylation and inactivation of BMPRI by its motif for protein phosphatase binding [23]. FK506 binding protein 12 (FKBP12) can bind to the GS domain of BMPRI, thereby shielding the serine and threonine residues from being phosphorylated by BMPRII and stabilizing the inactive conformation [24, 25]. The drug FK506 (tacrolimus) that binds FKBP12 was shown to relieve this inhibition and to potentiate BMP signaling [24, 25]. BMP signaling is also restricted intracellularly by the inhibitory SMADs (I-SMADs), i.e., SMAD6 and SMAD7, which compete with SMAD1/5/8 for interaction with BMPRI and with SMAD4 for complex formation with SMAD1 [26, 27]. Both SMAD1 and SMAD5 can be targeted for proteasomal degradation via addition of ubiquitin chains by SMAD ubiquitin regulatory factors (SMURFs). Additionally, by interacting with I-SMADs that can be recruited to activated BMPRI, SMURFs are also capable of decreasing the stability of BMPRI [28].

Importantly, many of the (negative) regulators of BMP signaling themselves are BMP target genes, creating auto-feedback loops that ensure increased fine-tuning of signaling [2, 28, 29]. Additional facets of BMP signaling include cross talk with other signaling pathways, such as TGF β , Notch, Janus kinase/signal transducers and activators of transcription (JAK/STAT), Wnt, and Hedgehog, which further broaden the cellular responses to BMP signaling [30]. Thus, the actual outcome of BMP signaling results from levels and activities of all those cellular context-dependent components mentioned above, explaining the diversity of observed effects.

3 Aberrant Expression of BMP Signaling Components in Breast Cancer

In the normal breast, all the necessary components of the canonical BMP signaling pathway (i.e., BMP ligands, BMP receptors, and SMADs) are expressed [31]. Aberrant expression of these components has been observed for breast cancer cell lines with different characteristics and/or has been detected in breast cancer cell lines compared to normal cell lines, in primary tumor tissues compared to normal tissues, and in recurrent tumor tissues compared to primary tumor tissues, however, often with inconsistent and frequent contradictory results. In part, this may be caused by cell lines that were cultured under different conditions and tumors that were not characterized and, for example, not subdivided based upon their genetic alterations and stroma content.

In the forthcoming section, we have listed some examples. Significant lower levels of BMP2 transcript and protein were detected in both noninvasive and invasive

breast cancer cell lines and/or cancer cells in breast cancer tissues [31–33]. There were no significant differences in the percentage of BMP2-positive tumors found with respect to cancer cell subtype [31] and grades [33]. What is intriguing, BMP2 protein levels were found to be increased significantly in luminal tumor tissues compared to normal tissues [31]. Immunohistochemical (IHC) staining revealed that BMP2 protein was mainly produced by endothelial cells, fibroblasts, and other stromal cells in luminal tumor microenvironment, not by tumor cells themselves [31]. BMP2 is also highly enriched in bone marrow microenvironment during the process of breast cancer bone metastases [34]. These results indicate that breast tumor cells are the target of BMP2, rather than the source of overexpression.

BMP4 is expressed with wide variation in levels among breast cancer cell lines and/or primary cancer tissues [32, 33, 35–39]. While low levels of BMP4 protein were observed only in normal mammary gland tissue, it was strongly stained in 25 % of patients and more frequent in lobular carcinoma compared to the ductal carcinoma, suggesting that strong expression is cancer specific [39]. Breast cancer patients with strong BMP4 staining suffered from increased frequency of local and distant tumor recurrence [39]. Another study showed that a four-marker panel with low methylation in breast cancer (paired-like homeodomain 2 (PITX2), BMP4, fibroblast growth factor (FGF) 4, and family with sequence similarity 110, member A (FAM110A)) is associated with a longer duration to distant metastasis [36]. However, opposite results were reported in a study by Kretschmer and coworkers indicating that BMP4 mRNA and protein are clearly reduced in ductal carcinoma in situ (DCIS) and invasive ductal carcinoma (IDC) compared to nonmalignant human and murine mammary tissues [40]. A negative correlation between BMP4 mRNA level and tumor grade was reported by Ketolainen et al. [37]. Accordingly, lower BMP4 mRNA expression correlated with poor disease-free survival in breast cancer patients [41].

BMP6 mRNA and/or protein expression was consistently found to be significantly downregulated in breast cancer cell lines or primary cancer tissues [33, 42–46]. Downregulation of BMP6 mRNA correlated with the increase in breast tumor histologic grade [46]. Interestingly, compared to estrogen receptor-positive (ER⁺) breast cancers, BMP6 mRNA level is significantly higher in estrogen receptor-negative (ER⁻) breast cancers [43, 45, 46].

BMP7 has been described as being amplified at the gene levels [47, 48] and overexpressed at the mRNA and/or protein levels [33, 47, 49–51] frequently in breast cancer cell lines and/or tissues. BMP7 protein expression was also found to be tumor subtype dependent; 57 % of the lobular carcinomas but only 37 % of the ductal carcinomas are BMP7 positive [50]. Increased *BMP7* DNA copy number was reported to show significant correlation with a high Ki67 proliferation index and high histological tumor grade [47]. In addition, BMP7 overexpression was regarded as an independent prognostic marker for early bone metastasis development by multivariate analysis, especially in ductal carcinomas [50]. But contradicting results for BMP7 expression in breast cancer to those just mentioned have also been reported. For example, extreme low levels of BMP7 mRNA were detected in aggressive cells [52, 53]. Moreover, BMP7 mRNA levels in primary breast cancers involving bone

metastases were found lower when compared with those involving visceral (lung and liver) metastases [52]. In addition, lower BMP7 levels in patients show a moderate and poor clinical outcome [33].

Relatively few studies have appeared on the expression of other BMP ligands in breast cancer. No difference in BMP3 mRNA levels between breast tumors and normal tissues was detected, but lower BMP3 transcript levels correlated with a poorer prognosis [33]. Lower BMP5 mRNA levels were observed in breast tumors compared to normal breast tissues [54] and correlated with cancer recurrence, particularly in patients with ER α -negative cancers [54]. In contrast, another study showed that patients with higher levels of BMP5 transcript were associated with moderate and poor prognosis [33]. Moreover, decreased expression of BMP9 [55], BMP10 [56], growth and differentiation factor (GDF) 9a [57], GDF-9b/BMP15 [57], and BMP12 [58] along with poor prognosis was observed in breast cancer compared with matched normal tissues.

Investigations into the expression profiles of BMP receptors and downstream SMAD signaling components have been conducted rather infrequently for breast cancer. BMPRI, BMPRII, and SMAD4 and inhibitory SMAD6 and 7 were found expressed rather uniformly in breast cancer cells or tissues [35, 38, 59]. DNA homozygous deletion and mRNA downregulation of BMP receptors are rare in breast cancer according to the provisional breast in The Cancer Genome Atlas (TCGA, Provisional) database [60]. BMPRIA [31, 35, 61] and BMPRII [31, 35, 62] expressions were found overall increased in tumors compared to normal breast tissues. BMPRII expression is significantly increased in highly metastatic breast cancer cells [51]. Tissue microarrays demonstrated that high expression of BMPRIA [48, 63] and BMPRII [48] correlated with poor relapse-free survival (RFS) or survival. Strong expression of BMPRII is associated with high proliferation, cytogenetic instability, high grade, and poor prognosis in ER $^+$ breast cancer [62]. However, the results from Bokobza et al. [64] showed that a decreased level of BMPRII in breast cancer is associated with poor prognosis.

Only a small portion of breast cancer cell lines and clinical samples were identified as homozygous deletion and reduced mRNA and/or protein expression of SMAD4 [48, 65]. But SMAD4 mutations, which are usually found in pancreatic [66] and colorectal [67] cancer, are rare in breast cancer [65]. Secreted BMP antagonists, such as Gremlin 1 [40, 48, 68, 69], Noggin [31, 48], and Chordin [48], are amplified and/or expressed at higher levels in breast cancer tissues compared to nonmalignant tissues. Of which, Gremlin 1 expression was below detection in breast cancer cells [70] but frequently found expressed in stromal cells within the microenvironment of human breast cancers [68]. In addition, a study conducted by Tarragona et al. indicated that higher levels of Noggin were found in breast cancer bone metastatic tissues compared to lung, brain, and liver metastatic tissues [71].

Taken together, the results of the studies above on the expression of BMP signaling components suggest a highly context-dependent and multifunctional role of BMPs in breast cancer.

4 Status of BMP/SMAD Signaling in Breast Cancer

Even though the expression frequencies and levels of BMPs and other BMP signaling components varied considerably among different studies, human breast cancers and their metastases retain BMP/SMAD signaling [48, 61, 72], as well as several mouse models of breast cancer [61].

Strong phospho-SMAD1/5/8 staining, indicative for active BMP receptor signaling, was demonstrated in human breast cancer tissues [48, 61, 72] and not confined to specific cancer cell types within the tumor tissue [48, 61]. This is consistent with the already mentioned finding that the core BMP canonical signaling components were found to be expressed in breast cancer cells. Metastatic breast cancer to the brain, bone, liver, lymph node, and lung was also found to be positive for phospho-SMAD1/5/8 [48, 72]. Lymph node metastasis tissues were demonstrated to be weaker in phospho-SMAD1/5/8 levels than bone metastasis tissues [72]. Moreover, BMP/SMAD signaling is specifically absent in the stroma of human ductal and lobular carcinoma in situ (DCIS and LCIS). Yet after progression to invasion, breast cancers of many distinct subtypes contained a stroma active for BMP signaling [73].

5 Regulation of the Expression of BMP Signaling Components by Other Factors in Breast Cancer

The expression of BMPs and other pathway components has been shown to be regulated by several other factors, such as estrogen [43, 45, 46, 49], epidermal growth factor (EGF) [49], and p53 [74]. Estrogen represents the primary stimulant in the development and progression of breast cancers. ER status is a determinant for selecting endocrine therapies to block estrogen signaling [75]. A possible relationship between BMP signaling and ER is therefore an interesting area of research. Estrogen has been shown to alter BMP signaling by downregulating specific BMPs and their receptors in ER⁺ MCF-7 cells, including BMP7, BMPRIA, BMPRIB, ACVR2A, and ACVR2B, but no effect was detected on ACVR1 and BMPRII [59, 76]. In addition, estrogen can suppress BMP2-induced activation of the SMAD pathway and BMP-mediated gene expression [77]. This effect probably depends on the direct physical interaction of SMAD4 with ER α /ER β [78]. The antiestrogen modulator raloxifene can increase the promoter activity of BMP4 in U2OS osteoblast-like cells in the presence of ER α [79]. In contrast, promoter hypermethylation was found to lead to BMP6 downregulation in ER⁻ breast cancer tissues, while lower methylation frequency was detected in ER⁺ cases [43, 45, 46, 80]. Moreover, BMP6 gene expression can be upregulated by estrogen-mediated demethylation of the BMP6 promoter in ER⁺ MCF-7 cells in a dose-dependent manner [81].

Apart from upregulation of BMP2 and BMP6, a derivative of vitamin D can reduce inhibitory SMAD6 expression and enhance SMAD1/5 phosphorylation [82, 83]. EGF treatment can also lead to elevated levels of BMP6 mRNA in a dose-dependent

manner [42]. FGF8 was found to inhibit BMP receptor-mediated SMAD1/5/8 phosphorylation and mitigate BMP target gene ID1 promoter activity by suppressing BMPRII expression and by increasing I-SMAD expression [84]. Parathyroid hormone-related protein (PTHrP) can function as the upstream regulator of BMP6 through the protein kinase A (PKA) pathway and exert its anti-mitogenic effect through downregulating BMP6 mRNA expression [85]. Furthermore, BMP7 is a target gene of the p53 family [61, 74] and LIM domain only protein 4 (LMO-4) [86], which activate BMP signaling by inducing the expression of BMP7 in breast cancer.

In short, many different signaling pathways regulate BMP signaling; these findings explain in part the contextual functions of BMPs.

6 BMP Signaling in Stem Cell Self-Renewal and Initiation of Breast Cancer

In human breast cancer, a subpopulation of cancer cells with an ALDH^{high}/CD44^{high}/CD24^{low} phenotype is highly enriched for cancer stem cells (CSCs), also termed tumor-initiating cells (TICs), which are capable of initiating and sustaining tumorigenesis [87]. CSCs may be generated from the adult somatic stem cell by disturbing the processes of normal self-renewal or from more differentiated cells through certain processes to reacquire stem cell-like characteristics, such as epithelial to mesenchymal transition (EMT) [87, 88]. BMPs are indispensable for tissue homeostasis in adults, regulating somatic stem cells and controlling differentiation. Aberrant regulation of the BMP signaling pathway could therefore be a target in early phases of tumorigenesis [5].

The evidence points activation of BMP signaling as an early event during primary breast cancer initiation from malignant transformation [31, 48, 61]. Clinically defined samples demonstrate increased BMP signaling in premalignant luminal epithelial cells within the area of DCIS lesions [61]. BMP signaling is also hyperactivated in both epithelium and surrounding stroma in the premalignant mammary gland of transgenic mice model with mouse mammary tumor virus (MMTV)-derived oncogene expression [48, 61]. Chapellier et al. [31] showed that stimulation with BMP2 rapidly induced sustained upregulation of a well-known luminal differentiation regulator, GATA3, and progressive switch of the forkhead box (FOX) A1/FOXC1 balance in favor of FOXA1 through BMPRII-dependent signaling, thereby leading to differentiation of normal mammary epithelial cell to luminal and expansion of luminal immature progenitors. In addition, abnormal high levels of BMP2 are produced in the mammary microenvironment upon exposure to common carcinogens. Chronic exposure of MCF10A breast epithelial cells to high levels of BMP2 thus initiates transformation of luminal immature progenitor cells toward a luminal tumorlike phenotype *in vitro* [31].

The small-molecule BMPRII kinase inhibitor Dorsomorphin and its more selective analogs LDN193189 and DMH1 provide the chance to evaluate the effects of BMP type I receptor signaling on tumorigenesis. *In vitro* analysis revealed that sup-

pressing BMP signaling in premalignant murine mammary cells or immortalized mammary epithelial cells (IMECs) repressed mammosphere formation [89] and clonogenic capacity and diminishes the CSC-enriched ALDH1^{high} population [61]. Accordingly, the expression of stem markers, spinocerebellar ataxia type 1 (SCA1) and NOTCH1, are markedly reduced [89]. Consistently, BMP4 stimulation increased the number and size of primary mammospheres [89]. Thus, BMP signaling is essential for maintenance of CSCs in breast cancer. Importantly, the BMP receptor kinase inhibitor blocks the ability of ALDH1^{high} fraction to resubstitute the mixed ALDH1^{high}/ALDH1^{low} parental culture, implicating that BMP signaling may control the aspects of cellular plasticity within tumor hierarchies [61]. Furthermore, LDN193189 restricts the tumorigenic capacity of allografts and increases tumor latency in vivo [61]. Therefore, these data implicate that BMP signaling is central to regulating mammary epithelial cell stemness, plasticity, and potentially supports maintenance and progression of tumorigenesis.

Interestingly, BMPs also seem to pose a substantial barrier to tumor stemness, when it comes to aggressive and metastatic breast cancers, or rather metastasis-initiating cells. Besides reduced BMP7 expression, an aggressive clone from MCF-7 cell line shows CD44 upregulation and CD24 downregulation, indicative of a CSC phenotype [90]. BMP4 inhibits mammosphere-forming and tumor-initiating ability in IMEC-transformed derivatives with high motility and high percentage of CD44^{high}/CD24^{low} subpopulation [91]. Multiple BMPs (BMP2, BMP7, BMP2/7) decrease the size of ALDH^{high}/CD44^{high}/CD24^{low} stem/progenitor subpopulation in MDA-MB-231 [92]. Elevated expression of BMP6 in MDA-MB-231 cells results in decreased tumorigenesis in vivo [93]. Furthermore, colonization of metastatic cancer cells in the target organs is thought of as another type of tumor initiation, while CSCs are commonly considered as the culprits [94]. High-metastatic cells expressing high levels of the BMP antagonist Noggin [71] or Coco [95] are associated with CSCs traits, with the ability to form more tumor spheres and a higher CD44^{high}/CD24^{low} population that display a higher capacity for metastatic colonization. Mechanistically, Coco induces CSC traits of metastatic cells by sustaining the expression of stem cell transcription factors, NANOG, SRY-related HMG-box (SOX) 2, octamer-binding transcription factor (OCT) 4, and transcriptional coactivator TAFAZZIN (TAZ). BMP4 suppresses their expression [95].

Taken together, with respect to CSCs development and tumorigenesis, it can be concluded that BMP signaling can act as promoter of premalignant mammary cells and as suppressor of aggressive mammary cancer cells.

7 Effects of BMPs on Breast Cancer Proliferation and Apoptosis

BMPs have been reported to regulate breast cancer cell growth with context pleiotropy. For the same BMP ligand, the responses can vary within different tumor types. For example, BMP7 was reported to promote cell proliferation of BT-474 and MDA-MB-231 breast cancer cells but to decrease cell proliferation of other breast

cancer cell lines (including MDA-MB-361, HCC1954, ZR-75-30, and T-47D) [53]. Even for the same BMP ligand and cell line, different conditions may cause a different response. BMP4 does not have any inhibitory effects on the proliferation of MDA-MB-231 cells in two-dimensional (2D) cell culture but inhibits proliferation in 3D [96]. BMP2 was found to inhibit the hormone-independent growth of MCF-7 in vitro [97–99], but the contrary was reported in vivo [100]. BMP4 and BMP7 have also been shown to promote anchorage-independent MCF-7 cell proliferation [51, 89].

In most of the studies, BMP2 [31, 97–103], BMP4 [31, 37, 96], BMP6 [46, 93, 104], BMP9 [105, 106], and BMP10 [56] were found to trigger cytostatic effects on multiple breast cancer cells. The underlying mechanism could be that BMP signaling has evident effects on the expression of mitotic checkpoint proteins. Chemical inhibition of BMP signaling by BMPRI kinase inhibitor Dorsomorphin abrogates Nocodazole-mediated mitotic arrest [107]. Simultaneously, levels of mitotic checkpoint proteins, budding uninhibited by benzimidazoles 3 (BUB3), highly expressed protein in cancer (HEC1), monopolar spindle 1 (MPS1), and mitotic arrest deficient 2 (MAD2), which ensures proper chromosome segregation during mitosis, were dramatically downregulated. Overexpressing these proteins significantly recovers the defect in mitotic arrest caused by BMP inhibition [107]. Some of BMPs are demonstrated to delay cell cycle reentry in breast cancer cells. BMP2 [99, 102, 108, 109], BMP4 [37, 96], and BMP6 [46, 93, 104] induce G1 cell cycle arrest caused by increased expression of the cell cycle inhibitor p21 [96, 99, 102, 108, 109]. p21 promoter activity in turn inactivates cyclin D1 and cyclin E and results in retinoblastoma protein (pRb) hypophosphorylation [101]. The process of cell cycle arrest requires active BMPRI, and the cytoplasmic signal transducers SMAD1/5 and SMAD4 are indispensable [102]. Upregulation of protein tyrosine phosphatases (PTPs), such as protein tyrosine phosphatase gamma (PTPRG), MAPK phosphatase (MKP), and phosphatase and tensin homolog (PTEN), may also contribute to increased levels of p21 in cells where BMP induced antiproliferative effects [110, 111]. In addition, BMP7 [84] and BMP9 [105] can lead to an accumulation of the G2/M phase in breast cancer cells.

BMPs can also influence the effect of other factors on breast cancer cell proliferation. BMP4 itself cannot significantly stimulate the proliferation but potently enhances the mitogenic activity of EGF, FGF, and hepatocyte growth factor (HGF) on murine mammary epithelial cells [112]. BMP2, in contrast to BMP4, prevents EGF-induced proliferation of MDA-MB-231 cells [108]. The estrogen-induced mitotic effects can be suppressed by BMP2 [59, 101], BMP4 [59], BMP6 [59], and BMP7 [59, 84], with the effects of BMP6 and BMP7 being more potent than those of BMP2 and BMP4 [59]. AB215, an activin A/BMP2 chimera, has increased BMP2-like signaling potency via the SMAD1/5/8 pathway and exerts stronger inhibitory effects on estradiol-induced proliferation in ER⁺ breast cancer cells than BMP2 [113]. Estradiol rapidly activates MAPK phosphorylation including ERK1/2, p38, and JNK pathways [59, 84]. BMP6 and 7 can preferentially inhibit estradiol-induced p38 phosphorylation [59]. BMP6 is also believed to decrease the chemoresistance of MCF-7 breast cancer cells to doxorubicin through inactivation of ERK signaling and upregulation of P-glycoprotein (P-GP) [46]. Furthermore, BMP9 can

inhibit expression of HER2, phosphorylation of ERK1/2 (without effect on p38 and JNK), and PI3K/AKT in SK-BR-3 cells, thereby suppressing the growth of HER2-positive SK-BR-3 cells in vitro and in vivo [106].

Obviously, the distinct BMP receptors present also explain the diversity of effects of BMP signaling on breast cancer proliferation. BMPRIA was identified as a positive regulator of breast cancer at primary and secondary sites through activation of the SMAD pathway [72]. In contrast, another type I receptor, BMPRII, plays a negative role in the proliferation of breast cancer cells. Downregulation of BMPRII in MDA-MB-231 cells leads to promotion of cell growth in vitro [64]. Overexpression of a BMPRII-dominant negative (DN) mutant interferes with the phosphorylation of SMAD1, resulting in G1 phase cell cycle arrest of T-47D cells [109]. However, in the MMTV polyoma middle T antigen mice model of spontaneous mammary tumor formation, BMPRII-DN-expressing tumor cells have higher proliferation rates [114].

A few studies have pointed out pro-apoptotic roles for BMPs in breast cancer cells [86, 99, 105, 115]. BMP2 regulates the expression of apoptosis-related genes, especially protein kinase R (PKR) and activates its substrate α -subunit of eukaryotic initiation factor 2, thereby showing a pro-apoptotic effect in MCF-7 cells under normal culture conditions [115]. However, when these cells are deprived of serum, BMPs display a contrasting function by exerting an anti-apoptotic effect. BMP2 increases the resistance to hypoxia-induced apoptosis in MCF-7 cells via activation of the MAPK and ID1 pathways and suppression of caspase-3 [116, 117]. In parallel, BMP6, which can inhibit the proliferation of MDA-MB-231 cells, inhibits serum starvation-induced apoptosis through SMAD-dependent upregulation of Survivin and non-SMAD-dependent activation of p38 MAPK [104].

8 BMPs and the Tumor Microenvironment

Accumulating evidence indicates that the tumor microenvironment is a pathologically active niche that shapes tumor evolution. Hypoxia, low pH, immune evasion, chronic inflammation, and neovasculature can be considered as enabling characteristics [118]. Disruption of BMP signaling brings about alterations in the breast tumor microenvironment and accelerates tumor progression [41, 114, 119]. Deletion of BMPRII in mammary tumors [114] or in fibroblasts within the tumor stroma [119] can result in increased expression of chemokines, such as chemokine (C-C motif) ligand 5 and 9 (CCL5, 9), interferon gamma-induced protein 10 (IP-10), and granulocyte colony-stimulating factor (G-CSF), which facilitate inflammation by a sustained increase of myeloid cells infiltration, especially myeloid-derived suppressor cells (MDSCs) [114, 119]. Accordingly, the T-cell population is reduced due to a main function of MDSCs in the inhibition of T-cell proliferation [114]. As a classical stress response pathway, nuclear factor- κ B (NF- κ B) activation can be detected in a majority of cancers [120]. BMP4 has been shown to attenuate NF- κ B activity in breast cancer [41]. Thereby lower levels of chemokines result from the attenuation of its known regulator NF- κ B, leading to reduced numbers and immunosuppressive activity of MDSCs [41, 114].

Meanwhile, increased T-cell populations are observed within stromal tissues, and many immune-related genes are significantly upregulated by BMP4, indicating BMP4 triggers an enhanced antitumor immune response [41]. Therefore, it can be concluded that BMP signaling could inhibit inflammatory infiltrates and tumor progression through suppressing an inflammatory chemokine profile in tumor microenvironment.

Intriguingly, BMP signaling could also induce a series of cytokines which trigger CAF-mediated pro-tumorigenic stimulation on epithelial cells directly. BMP4 treatment of normal mammary fibroblasts or carcinoma-associated mammary fibroblasts (CAFs) induces an increase in secreted matrix metalloproteases (MMPs) and pro-inflammatory cytokines, which enhance mammary carcinoma cell invasion [73, 121]. Furthermore, inhibition of BMP signaling alters fibroblasts, macrophages, and lymphatic vessels to be less tumor promoting *in vivo* [48].

It has been reported that BMPs can promote endothelial cell (EC) proliferation and migration [122]. Consistent with this notion, BMP signaling is required for appropriate angiogenesis [123]. BMP2 promotes vascularization by stimulating the ID1 and p38 MAPK pathways. Overexpression of BMP2 in MCF-7 cells induces vascularized tumors eventually upon injection *in vivo* [124]. The signaling mediated by BMP type I receptor ALK1 has a critical role in regulation of both developmental and pathologic blood vessel formation [125]. ALK1 is mainly expressed at the sites of angiogenesis during embryogenesis and is expressed at lower levels in adult vasculature. Yet its expression increases in neoangiogenic vessels of wounds and cancer [125]. BMP9 binds to ALK1 in ECs with high affinities [126]. There have been divergent results with respect to the effects of BMP9/ALK1 signaling on ECs. Some reports demonstrate that high-dose BMP9/ALK1 signaling exhibits antiangiogenic effects, by inhibiting FGF-induced angiogenesis [127, 128], while other reports have shown induction of proliferation by low dose of BMP9 in several types of ECs and proangiogenic effects of BMP9 in Matrigel plug assays [129, 130]. The apparent discrepancy between these reports might reflect the contextual function of BMPs, in which the concentration plays an important role. In addition, common proangiogenic factors (VEGF-A and bFGF) can stimulate ALK1-mediated BMP/SMAD-like signaling, leading to cell spreading, and tubulogenesis of ECs [131]. Inhibition of ALK1 signaling by gene silencing, ligand traps, or antibodies can significantly suppress the growth and progression of tumors, including breast cancer, with substantial reduction of angiogenesis, supporting the notion that ALK1 is an important target for antiangiogenic treatment [131, 132].

9 Roles of BMPs in the Migration, Invasion, and Metastasis of Breast Cancer

It is clear that BMPs and their receptors modulate key pathways mediating breast cancer cell invasion and migration, critical parameters of metastatic dissemination. But the conclusions also seem paradoxical, indicating dependence on particular cell types and contexts.

9.1 *BMPs and EMT*

The development of metastasis involves the replacement with new phenotypes in cancer cells to facilitate detachment from the primary site [133]. Many epithelial cancer cells can acquire sufficient phenotypic plasticity by EMT, which implies the conversion of a proliferative epithelial state into nonproliferative mesenchymal state with the ability to migrate and invade adjacent tissue [134]. Restriction in BMP signaling level is frequently needed for efficient EMT [54, 91, 135]. Significant downregulation of some BMPs and upregulation of two secreted BMP antagonists, Chordin-like (CHRDL) 2 and Gremlin, were observed when human mammary epithelial cells pass through an EMT [91]. A subsequent study showed that the transcription factor zinc finger E-box-binding homeobox 1 (ZEB1) which mediates EMT can directly upregulate the expression of the BMPs antagonists Noggin, Follistatin, and CHRDL1 [135]. Likewise, a newly identified EMT pathway mediated by the transcriptional repressor Blimp-1 (PRDM1) leads to SNAIL induction via repression of BMP5 [54]. Of note, during acquisition of metastatic ability, EMT in mammary cells is strongly correlated with a CD44^{high}/CD24^{low} stem cell phenotype [90, 91, 136]. These studies thus support a mechanistic link between BMP downregulation, EMT, and stem cell signature in cancer.

In addition, some BMPs are capable of reversing EMT or EMT markers in breast cancer cells [52, 80, 137]. E-cadherin-mediated cell-to-cell adhesion can be restored through inhibition of ZEB1 by BMP6 in breast cancer cells [44, 137, 138]. Stimulation with exogenous BMP7, which can decrease vimentin and increase cytokeratin expression *in vitro* and *in vivo*, gives rise to an epithelial-like phenotype [52]. BMPs can also oppose EMT inducers, e.g., TGF β , in normal mammary epithelial cells or IMECs [54, 91, 139–142] and in breast cancer cells [52, 92, 140]. For example, the loss of E-cadherin expression on the surface of NMuMG cells in response to TGF β 1 is largely overridden by BMP5, and the fibroblastoid phenotype is also substantially reversed [54]. BMP7 has also been shown to reverse TGF β -induced EMT [139–141], which increases E-cadherin expression through upregulation of ID2 and ID3. Interestingly, when knocking down ID2 or ID3, BMP7 actually induces the expression of α -smooth muscle actin (α SMA) and stimulates EMT [140, 141]. Thus, BMP signaling impedes the progression of breast cancer to an invasive state and prevents metastasis in the aforementioned studies. However, the BMP pathway was found to maintain a mesenchymal stem cell phenotype of breast cancer cells and render cells more migratory, invasive in other *in vitro* [89, 143, 144] and *in vivo* [61, 143] studies. BMP2 transforms MCF-7 cells from a round-like shape into a spindle-like shape with some specialized structures, such as filopodia, lamellipodia, and membrane protrusions, which are essential for cell migration and spreading [100, 144]. BMP4 blocks the capacity of mammary epithelial cells to form polarized lumen-containing structures and renders them invasive properties [145]. Of note, in 4T1.2 cells expressing BMP4,

genes associated with EMT are upregulated but no change was observed in their migratory capacity [41].

9.2 *BMPs and Components of the Extracellular Matrix (ECM)*

EMT is not an “all-or-nothing” event; it’s highly dynamic. Studies have shown that BMPs induce MMP-dependent migration and invasion of breast cancer [48, 96, 121]. MMPs are known for degrading surrounding ECM components during cancer invasion and metastasis [146]. Treatment of primary tumors with BMPRI kinase inhibitor DMH1 reduced MMP2 and CCL9 in CAFs [48]. BMP4 induces the expression of multiple MMPs in mouse mammary fibroblasts and in cancer-associated human mammary fibroblasts [121] and dramatically increases MMP3 and MMP4 expression in 3D-cultured MDA-MB-231 cells [96]. However, another study showed that BMP4 suppresses the activity of MMP9 in 2D culture, rather than MMP1 and MMP3 [147]. Moreover, BMP6 was found to inhibit MMP9 activation via SMAD-dependent induction of heme oxygenase 1 (HO1) in MCF-7 cells [148]. BMP9 can inhibit MMP9 by inhibiting the AKT signaling pathway [106, 149].

ECM-associated protein Wnt1-inducible secreted protein 3 (WISP-3/CCN6) binds directly to BMP4 to antagonize BMP4-induced SMAD-independent activation of TAK1/p38 kinases, decreases the invasiveness of breast cancer cells in 3D, and also reduces distant metastasis in xenografts [143]. In contrast, the expression of ECM proteins tenascin-W, which can promote the motility of breast cancer cells expressing $\alpha 8$ integrin, is induced by BMP2-mediated p38 MAPK and JNK signaling pathways [150].

9.3 *Interplay Between BMPs and TGF β*

Apart from EMT as previously mentioned, other features of cancer cells such as migration and invasion are also affected by a mutual antagonism between BMPs and TGF β . Overexpression of type III TGF β receptor inhibited BMP-mediated SMAD1/5/8 phosphorylation and BMP-induced migration [151]. BMP7 treatment significantly increases migration and invasion in MDA-MB-231 cells [53, 152]. This effect is substantially inhibited by costimulation with TGF β by inducing the formation of complexes involving phosphorylated SMAD1/5 and SMAD3 [152]. Moreover, BMP2-mediated upregulation of ID1 may be a contributing factor in BMP2-related aggressiveness of breast cancer cells. Aberrant activation of SRC kinase resulting in increased SMAD1/5 signaling can change ID1 expression, which is positively controlled via SMAD1/5 by BMP2 and negatively via SMAD2/3 by TGF β [153]. Conversely, BMP7 inhibits TGF β -induced expression of $\alpha v\beta 3$ integrin and invasion of the metastatic breast cancer cell line MCF-10CA1a in a spheroid model [154].

10 BMPs and Metastasis

Common sites of metastatic dissemination, such as the bone and lung, are the main targets of metastatic breast cancer [7]. In the process of bone metastasis, breast cancer triggers predominantly an osteoclast-mediated osteolytic lesion [155]. BMP signaling is shown to shift the osteoblast/osteoclast differentiation balance in favor of stimulating osteoblast differentiation [70, 71, 156]. By inactivating BMP signaling, BMP antagonists, such as Noggin, Follistatin, and CHRDL1, have been linked to the induction of osteoclast differentiation, as well as the formation of osteolytic bone metastases [71, 135, 156]. Lack of Noggin expression by breast cancer cells is a determinant of osteoblastic activities [70]. In an intracardiac xenograft model, evidence was found that Noggin is expressed in metastatic breast cancer cells during the late events of metastasis. In particular, it facilitates the metastatic capabilities of breast cancer cells to the bone by promoting osteoclast differentiation and bone degradation [71].

In contrast, when MCF-7 or MDA-MB-231 cells are cocultured with osteoblast-like cells, Noggin effectively inhibits migration and invasion of breast cancer cells by downregulating MMP1 and CXCR4 and improves bone remodeling by increasing the ratio of osteoprotegerin (OPG)/nuclear factor kappa B ligand (RANKL) [38]. The BMP target gene and cofactor RUNX2 are required for breast cancer osteolytic metastases [157, 158]. miR-135 impairs the BMP-RUNX2 axis by directly targeting SMAD5 and subsequently reduces the osteolytic properties of breast cancer cells [158]. Likewise, expression of dominant-negative receptors (DN-ALK3) for BMPs reduces interleukin-11 (IL-11) expression and inhibits bone metastasis in xenograft model [72].

As for individual BMP, BMP9, which is one of the most effective BMPs in osteogenesis, can inhibit osteolytic injury and bone metastasis caused by MDA-MB-231 cells by downregulating PTHrP, IL6, RANKL, and connective tissue growth factor (CTGF) [55, 149]. BMP2, 7, and 2/7 heterodimer inhibits bone metastases formation in MDA-MB-231 cells [52, 92]. Contradicting results showed that BMP7 overexpression could lead to accelerated bone metastasis formation of breast cancer cells [50, 51, 53].

BMP signaling can also prevent the colonization of metastatic cells in the lung by repressing key CSCs traits and enforcing cancer cells into dormancy. Overexpression of the BMP antagonist Coco permits a few dormant cancer cells to break through the barrier imposed by BMP signaling and to establish clinically meaningful metastases [95].

11 Conclusions and Perspectives

As discussed above, there are conflicting views regarding the significance of BMPs in breast cancer, based both on *in vitro* and *in vivo* studies. This has been attributed to multiple factors, including the (dose- and context-dependent) differential effects

of different BMP ligands and differences in the genetic patterns of breast cancer subtypes, as well as differences in the research models that were used. Most results are obtained using only a few types of cancer cell lines or single and different animal models and are therefore difficult to compare to each other. What is clear is that BMPs are emerging as key factors in many aspects of breast cancer. Aberrant changes in BMP signaling/components have been detected in breast cancer and metastatic recurrence and have deepened our understanding of the pathogenesis of breast cancer. The majority of studies indicate that BMP signaling is a critical negative regulator in multiple breast cancer cell lines both *in vitro* and *in vivo*. Restoration or amplification of specific aspects of BMP signaling may be potentially exploited for therapeutic intervention strategies.

To this point, context is critical. For instance, even an agonist or coactivator with precisely delivered BMP signaling input will not make any contribution to overcome the shortages that derive from functional deficiency of BMP receptors or any critical downstream components. It is therefore necessary to identify more potential targets or markers of the specific signaling defect(s). This might be pursued by using the latest types of high-throughput (epi)genetic, proteomic, and metabolomic analysis to systematically investigate the BMP responses to multiple cell types of the different breast cancer subclasses and/or patient-derived (organoid) (co)cultures grown in 3D and investigating the effect of misexpression of BMP receptor components or pharmacological inhibition of BMP receptor signaling in relevant transgenic mouse models and patient-derived xenografts with clear classification of histological pathology. This may provide effective principles to better illuminate the context-dependent roles of BMP family signaling in breast cancer. Via these approaches the opportunities for pharmacological intervention to rectify aberrant BMP family signaling in specific contexts are likely to be increased.

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