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Preface

The building blocks currently used for organic functional materials are mostly synthesized from starting materials derived from fossil fuel resources, but the overdependence of these sources is associated with chemical pollution and resource depletion. Therefore, there is growing scientific and technological attempts to utilize renewable resources as a feasible alternative for fossil fuel resources. Renewable resource-based organic synthesis has distinct advantages for the generation of new building blocks since (a) they are obtainable from renewable resources and (b) they are cheap and widely available. Amongst the various renewable resource raw materials, the cashew nut shell liquid (CNSL), which is an industrial waste and pollutant from the cashew nut processing industry, has gained a renewed interest in recent times owing to its wide availability and easy isolation. CNSL is a unique natural source for unsaturated long-chain phenols. Traditionally, this renewable material has wide applications in the form of brake linings, surface coatings, paints, and varnishes. Cardanol is a phenol obtained from anacardic acid, the main component of technical CNSL, by thermal decarboxylation during vacuum distillation. Cardanol has a unique structure which allows a variety of functional groups to be introduced to the molecule for derivatization. This book is an effort to summarize the research on the utilization of CNSL as a starting material for the synthesis of advanced functional materials.

This book is organized into a collection of 10 chapters. Chapter [1](http://dx.doi.org/10.1007/978-3-319-47455-7_1) describes the downsides of the overdependence of fossil fuel resources and the importance of finding sustainable crop-based alternatives. Chapter [2](http://dx.doi.org/10.1007/978-3-319-47455-7_2) is focused on the origin and chemical compositions of the different types of CNSL and utilization of its major component cardanol. This chapter details the various methods involved in the isolation of cardanol from CNSL and describes some of the basic chemistries involved in cardanol utilization. Chapter [3](http://dx.doi.org/10.1007/978-3-319-47455-7_3) reviews the chemistries involved in the synthesis of heterocyclic compounds from CNSL-based starting materials. This chapter also describes some applications of porphyrins synthesized from cardanol. Chapter [4](http://dx.doi.org/10.1007/978-3-319-47455-7_4) outlines various monomeric and polymeric surfactants derived from cardanol and its applications. Chapter [5](http://dx.doi.org/10.1007/978-3-319-47455-7_5) discusses the liquid crystalline properties of molecules and polymers derived from cardanol. The chapter also describes

the interesting nonlinear optical properties exhibited by cardanol-based materials. Chapter [6](http://dx.doi.org/10.1007/978-3-319-47455-7_6) describes the utilization of cardanol-derived amphiphilic molecular assemblies as a template for conducting polymer nanostructures and also explains the influence the amphiphiles on the physical properties of the template polymer nanostructures. Chapter [7](http://dx.doi.org/10.1007/978-3-319-47455-7_7) is focused on self-assembled gel formation associated with cardanol derivatives. Also, indicated are some of the potential applications of cardanol molecular gels. Chapter [8](http://dx.doi.org/10.1007/978-3-319-47455-7_8) discusses the use of CNSL-derived molecules in medicinal applications such as cancer therapy, drug-delivery, and imaging applications. Chapter [9](http://dx.doi.org/10.1007/978-3-319-47455-7_9) reviews the research on the synthesis of step-growth polymers using cardanol-derived difunctional monomers. This chapter also highlights the performance of these classes of polymers with special stress on processability and thermal properties. Chapter [10](http://dx.doi.org/10.1007/978-3-319-47455-7_10) gives an industrial perspective on the utilization of CNSL-derived molecules and polymers. This chapter outlines a broad spectrum of high-performance industrial products and formulations beads on CNSL.

I highly appreciate all contributing authors for helping me to bring the CNSL research work in the form of a book. I would like to express my thanks to all reviewers for giving suggestions to improve the quality of the manuscripts. I also take this opportunity to thank my Ph.D. mentor Dr. M. Jayakannan, who introduced me to the field of CNSL research. I extend my thanks to Dr. Mayra Castro of Springer Nature for inviting me to edit a book on this topic.

Vancouver, BC, Canada Parambath Anilkumar

Contents

Chapter 1 Emergence of Sustainable Approaches for Functional Materials: Cashew Nut Shell Liquid and Other Relevant Crop-Based Renewable Resources

Srinivas Abbina and Parambath Anilkumar

Abstract Development of renewable resources as an alternative to fossil fuelbased feedstock for the production of different materials is vital due to various concerns associated with petroleum-based resources. Cashew nut shell liquid, an industrial waste from cashew nut (*Anacardium occidentale*) processing industry, is widely exploited as a renewable resource for developing several sustainable materials. This chapter presents few projections on the development of biorenewable resources, utilization and implementation; especially, it highlights the recent progress in the production of cardanol-derived products.

1.1 The Current Status of the Depleting Petroleum-Based Feedstock

Asphalt, although it was not processed from petroleum resources at that time or at least it was not known as a one of the petroleum by-products, today's wellknown petroleum by-product, was first used around ca. 4000 BC on the banks of the Euphrates River, Iraq $[1]$ $[1]$. It is believed that, over million years ago, petroleum resources or fossil fuel feedstock was formed, thousands of feet below the sea bed, by gradual decomposition of buried dead plants and animals along with

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the other sediments (rocks, mud and sand) under high temperature and pressure. Petroleum and its by-products have quite known throughout the history; however, prior to the nineteenth century, they have known to very few people and limited to for special use in very few countries such as Iraq, Egypt, China, Persia, Rome and Azerbaijan. The modern era of the petroleum industry was dawn in 1815 with the first time production of crude oil from brine wells in Pennsylvania, USA [[1\]](#page-20-0). Following this, various developments in the field of petroleum industry around North America, Europe and Asia have been lead to successful growth of oil production and processing industry [[2\]](#page-20-1). Later, early in nineteenth century, inception of automobile industry sharply increased the great demand for petroleum-based feedstock. In continuation to this, around the period of Second World War, drastic developments in the area of fossil oil processing/refinery approaches gave a great boost to the petroleum-based industry and made the petroleum-based feedstock a high-end value and versatile feedstock for variety of applications [[3\]](#page-20-2).

The petroleum-based feedstock/fossil fuel resources will not be replenished over the time, and they are limited. The most common fossil fuel resources are coal, petroleum and natural gas. The advantages of these resources are relatively inexpensive, easy extraction, inexpensive transportation and superior performance of the by-products; they became very reliable energy resource by the mid-twentieth century. This feedstock offers a wide variety of compounds in response to

Fig. 1.1 Availability of products from the petroleum feedstock (adapted from Ref. [[4\]](#page-21-0) [http://](http://www.osti.gov/scitech/servlets/purl/15008859) [www.osti.gov/scitech/servlets/purl/15008859\)](http://www.osti.gov/scitech/servlets/purl/15008859)

consumer demand. Figure [1.1](#page-9-0) depicts the availability of products from the petroleum feedstock [[4\]](#page-21-0). The domestic economies of the most nations in the world are still largely dependent on these fossil fuel resources including coal, oil and natural gas, as these are vital for functioning of the modern society. According to the international energy network review 2015, in 2013, approximately 80 % of the world's energy consumption was coming from petroleum-based feedstock, 4.6 % from nuclear energy and remaining from renewable energy resources and others [[4\]](#page-21-0).

Rapid increase in global population and industrialization has led to a marked increase in consumption and production of petroleum-originated products. The utilization of these crude oil resources is ranging from energy production to synthesis of various polymeric materials/chemicals that are indispensable in variety of applications including structural and packing materials, commodity materials, appliance, electronics, biomedical tools, lubricants, asphalt, paints, wax [\[5](#page-21-1)]. For instance, synthetic plastics alone contribute to \sim 7–8 % worldwide consumption of fossil fuel resources [[6\]](#page-21-2). In another survey, it is estimated that around 1% of each barrel oil is consumed for plastics production. According to a recent report in 2010, a single person in the USA in average consumed approximately 140 kgs of plastics per year [[5–](#page-21-1)[7\]](#page-21-3). If the consumption of petroleum-based feedstock is continued at the current pace, they will be depleted within the next few centuries. In addition to the issues with synthesis of conventional polymers, usage and disposal of synthetic polymers are also a huge environmental challenge. Most of these fossil fuel-derived products are not degradable; they accumulate in landfills and in natural habitats and create physical problems for wildlife from ingestion of microplastics. Over the last few decades, burning of fossil fuel resources like coal, oil and natural gas was also one of the major contributors to raise the $CO₂$ levels in the earth atmosphere, which is a key contributor to greenhouse gas emission and associated effects of global warming [[8\]](#page-21-4).

1.2 The Emergence of Renewable Resource Alternatives

Despite our current widespread dependence on fossil fuels or petroleum feedstock, there is a need for the transition from a non-sustainable fossil fuel economy to a sustainable economy due to the growing environmental concerns and inevitable depletion of the fossil-based resources. The continued utilization and burning of fossil fuel resources negatively impact our ecosystems and climate with an over-loaded carbon footprint [[9–](#page-21-5)[14\]](#page-21-6). Renewable resources or renewable feedstock is defined as "a raw material of feedstock should be renewable rather depleting over a short period of time by natural processes or replenishment" [[15\]](#page-21-7). In contrast to fossil resources, renewable resources are a good option to mitigate the climate change as they are clean, sustainable, partially and or fully degradable, inexpensive and abundantly available. Altogether, it enables us to protect the environment from toxic pollutants and hazardous chemicals, which in turn keeps people healthier. Most of the companies, for instance Dupont and Dow Chemicals, have

Fig. 1.2 A succinct example of products derived from renewable resources [\[4](#page-21-0)] [http://www.osti.](http://www.osti.gov/scitech/servlets/purl/15008859) [gov/scitech/servlets/purl/15008859](http://www.osti.gov/scitech/servlets/purl/15008859)

largely focused their attention on developing products from renewable resources to replace the non-renewable feedstock [[16\]](#page-21-8).

Renewable resources that are used in this prospective are classified as two types: plant resources and animal resources (Fig. [1.2\)](#page-11-0). Similar to non-renewable resources, vast number of materials can be derived from plant-based renewable resources (Fig. [1.2](#page-11-0)). The plant resources are highlighted in this chapter.

1.3 The Advantages of Renewable Resource Alternatives

As the name defines the renewable resources are limitless or naturally replenished resources over a short period of time in contrast to the scarce fossil fuelbased feedstock. Over the past two decades, utilization of renewable resources for energy production as well as for the development of various materials has been steadily increasing. These developments create new opportunities in different sectors including manufacturing, product development, construction, operations and maintenance, transportation and logistics and consulting services. Moreover, the renewable resources-based technologies and/or industries are often more laborintensive relative to highly capital-intensive and mechanized fossil fuel technologies, so it helps in creating new job market [\[17](#page-21-9)[–20](#page-21-10)]. The maintenance and operational cost of renewable-based manufacturing units are quite low too [\[21](#page-21-11), [22\]](#page-21-12). In addition to this, the utilization of agricultural renewable raw materials for newer technologies directly benefits rural communities and farmers.

Despite the significant progress in utilization of renewable resources around the world, large numbers of countries are still largely dependent on imported fossil fuel resources. Most often, these imports are vulnerable to political instabilities, war and trade disputes. These factors significantly affect the economy of a country, whereas the renewable dependent economy can stabilize the fuel prices and minimize the ups and downs of the economy of the countries. [[23\]](#page-21-13). Thus, investigation of new renewable resources as an alternative to traditional fossil fuel resources has become an attractive topic for both academic and industrial research due to their less environmental impact, degradability, high abundance and cost-effectiveness.

1.4 Crop-Based Renewable Resources

Over the last two decades or so, there is a growing effort among scientific communities to develop process and technologies based on crop-based raw materials. This approach has distinct advantages over the conventional approaches since the crop-based building blocks are obtainable from renewable resources, economical and widely available. The most widely explored renewable resources/raw materials include polysaccharides, vegetable/plant oils, wood, sugars, proteins, natural rubbers. In this prospective, we mainly discussed the recent advancements in the field cashew nut shell liquid (CNSL).

1.4.1 Polysaccharides

Polysaccharides, as a part of natural polymers, are one of the most abundant and inexpensive biorenewable energy resources on earth and have a prominent role in energy and other commodity supplies. The most heavily used polysaccharides are cellulose, starch and chitin, which have almost similar repetitive units [\[24\]](#page-21-14). These widely available resources show tendency to interact with different molecules by both chemically and physically. Their tunable mechanical properties, crystallinity, solubility, viscosity, gelation, chelating efficiency and hydrophobicity/hydrophilicity make them ideal candidates for numerous applications [[24](#page-21-14)[–27](#page-21-15)]. Different strategies have been well exploited to tailor the structural parameters of these widely abundant biorenewable resources. The most common strategies are (1) chemical modification of surface functional groups (hydroxyl, carboxylic acids, amines and carbonyl), end groups and branch residues, (2) enzymatic modifications (transglycosylations, debranching and oxidation) and (3) physical modifications, for instance thermal, ultrasonic and alkali treatments [[28,](#page-22-0) [29\]](#page-22-1). Although the utility of these three major representatives, with or without modifications, has known for quite long time for food, clothing, paper, etc., recently, these resources have been extensively explored as biorenewable macromolecular materials for applications including films and coatings, adhesive and packing materials, cosmetic and textile industries, polyelectrolytes, emulsifying agents, as well as antimicrobial agents [\[30](#page-22-2)[–35](#page-22-3)].

1.4.2 Vegetable Oils

In recent days, plant/vegetable oils became viable alternative to petroleum-based resources for fine chemical industry and material production. The annual global production of vegetable oils has been sharply increasing from 90.5 million metric tons (Mt) in 2000 to 179.5 million Mt in 2015 [\[36](#page-22-4)]. In general, vegetable oils are extracted from different plants and named with their source of origin.

The naturally occurring vegetable oils consist of triglycerides (tri-esters of glycerol with long-chain fatty acids), differing in the composition of chain length and position and number of double bonds [\[37](#page-22-5)]. The major structural component of triglycerides is fatty acids, which account for 95 % of the total weight, and each plant oil is unique with the type of fatty acid and unsaturation [[38\]](#page-22-6). The physical and chemical properties of the vegetable oils are largely dependent on the nature of the side chains. The double bonds in the side chain are the great source for deriving plant oil-based materials. Taking the advantage of unsaturation in the side chain, different polymerization techniques have been well explored, for instance thermal, cationic, free radical polymerization methods; more recently new approaches such as acyclic metathesis polymerization and ring-opening metathesis polymerization have been employed to generate vegetable oil-based polymeric materials [\[39](#page-22-7), [40](#page-22-8)]. In recent decades, various plant oils (palm trees, soybeans, rapeseeds, cotton, sunflower, palm kernel, olives and coconuts) widely used for the production of polymer composites, coatings, adhesives, plastics and other biomedical applications include surgical sealants, glues, pharmaceutical patches, wound healing devices as well as drug carriers scaffolds for tissue engineering [[38,](#page-22-6) [41](#page-22-9) and references therein].

1.4.3 Biopolyesters

In the search of alternatives to petroleum-based conventional polymers, biodegradable polyesters can be considered as prominent choice as they are safe for the environment and degradable. A number of biodegradable polyesters have been developed in the last 40 years. Most of these polymers derived from renewable monomers have microbial as well as plant origin [\[42](#page-22-10)]. Among these environmental benign and biocompatible polyesters, poly(hydroxyalkanoate)s, poly(lactide) s, aliphatic poly(amide)s and poly(ester-amide)s have been extensively explored [\[42](#page-22-10)[–44](#page-22-11)]. These polyesters can be synthesized by three prominent approaches: polycondensation, ring-opening polymerization and copolymerization [[43\]](#page-22-12). The polyesters have attracted great attention due to their easily tunable material properties which allow them to find numerous applications in different fields as medical appliances, packaging and recycling materials, textiles, resins, fibers, films, thermoplastics and molding compounds [[42–](#page-22-10)[46\]](#page-22-13).

1.4.4 Cashew Nut Shell Liquid (CNSL)

The important sources of crop-based raw materials are wood waste, soybean, tung, linseed, rapeseed, castor oil and cashew nut shell liquid (CNSL). Currently, this feedstock is being widely used as raw materials or after appropriate modification in different industries, for instance surfactants, lubricants, paints, household materials, wastewater purification, textiles and application in coatings and resins [[47–](#page-22-14) [49\]](#page-22-15). Among these renewable raw materials CNSL, which is an industrial waste and pollutant from cashew nut (*Anacardium occidentale*) processing industry, gained particular interest owing to its wide availability and easy isolation in good yields.

CNSL, a greenish-yellow to brownish viscous liquid, is generated by thermal treatment of cashew nut shell, and its approximate annual industrial production is 450,000 metric tons [\[50](#page-22-16)]. Cashew nut trees, belong to the family of Anacardiaceae, originally native to northeastern Brazil, are currently widely spread over different tropical regions of the world such as India, Brazil, Bangladesh, Tanzania, Kenya, Mozambique and Southeast Asia [\[51](#page-22-17)]. The cashew nut grows outside of the cashew apple, which is an edible fruit. The cashew nut shell is leathery and contains a reddish brown viscous liquid which amounts approximately 67 % of the nut weight [\[52](#page-23-0)[–54](#page-23-1)]. CNSL is one of the very limitedly available aromatic biofeedstocks. It is a rich source of variety of phenolic compounds with unsaturated aliphatic chains, including anacardic acid, cardol, cardanol and 2-methylcardol [\[55](#page-23-2)]. The phenolic residues and highly hydrophobic long alkyl chains make CNSL unique for wide range of applications. Addition to its inherent antimicrobial and antitermite properties, it is found industrial applications, for instance brake lining formulations [[56\]](#page-23-3), flame-resistant materials [\[57](#page-23-4)], surfactants [[58](#page-23-5)], plasticizers [[59\]](#page-23-6), lubricants [[60\]](#page-23-7), resins [\[61](#page-23-8)], CNSL nanomaterials [[62\]](#page-23-9), soft materials [[63\]](#page-23-10), doping agents [\[64](#page-23-11)] and other medical applications [[65\]](#page-23-12).

As CNSL being non-edible oil, it does not show any negative effect on food production and supply in contrast to some other food crop-based biofeedstock. Traditionally, different chemical methods including hot oil process, solvent extraction, mechanical extraction, vacuum distillation, supercritical fluid bath are well established for extracting the CNSL from the crude cashew nut shells. The final compositions of CNSL vary based on the extraction used. Solvent extraction generates CNSL with anacardic acid in high proportions (solvent extracted or natural CNSL), whereas roasting approach produces CNSL with major portions of cardanol (technical CNSL) [\[51](#page-22-17)]. The compositions of two main CNSLs are given in Table [1.1.](#page-15-0)

Cardanol is an aromatic biomonomer and is derived from CNSL; it is sustainable, inexpensive and largely available as agricultural waste in major parts of the world. Typically, when CNSL is treated with high temperature (180–220 °C) under vacuum (3–4 mm torr), anacardic acid decarboxylated into cardanol and separated as a pale yellow liquid. It contained a mixture of cardanol compounds with varying the degree of unsaturation in meta-positioned side chain (Fig. [1.3\)](#page-15-1).

Compound	Natural CNSL $(\%)$	Technical CNSL $(\%)$ $60 - 65$ $15 - 20$	
Cardanol	10		
Cardol	11		
2-Methyl cardol	2.04	$\overline{2}$	
Anacardic acid	$60 - 65$	Trace amounts	
Polymeric material		10	

Table 1.1 Compositions of two different CNSL

Fig. 1.3 Different components of cardanol

The structural features of the cardanol are very peculiar; it is a phenol-based monomer with meta-substituted unsaturated alkyl side chain (C15) and has different possible functionalization sites (circled in Fig. [1.4](#page-15-2)). The phenolic hydroxyl group directs the next incoming groups into ortho and/or para positions of the aromatic ring, providing more synthetic flexibility. The unsaturated/saturated hydrophobic alkyl chain with odd-numbered carbons induces both amphiphilicity and lipid nature to the system. The phenolic hydroxyl group and *cis* double bonds in the side chains are further useful for functionalization with different monomers.. Considering the difficulty of synthesizing phenols with a long unsaturated carbon chain at *meta*-position and its low price and abundance made cardanol as a precious starting material for the synthesis of various derivatives [[52–](#page-23-0)[54\]](#page-23-1).

1.5 Cardanol-Based Functional Materials

The versatility of cardanol as a starting material is derived from the virtue of its unique chemical structure. Cardanol is greatly exploited, particularly in the countries where cashew nut trees are widely grown, as a renewable feedstock for generating different functional materials (Fig. [1.5\)](#page-16-0). Several functional materials are derived from cardanol by the reactions of active sites of cardanol (aromatic ring, hydroxyl group as well as the unsaturation in side chains) with different molecules. The phenolic hydroxyl group is a great source for esterification, alkylation, etherification, propoxylation, polymerization and phosphatation (Fig. [1.6\)](#page-17-0). The unsaturation in the side chains can be used for hydrogenation, epoxidation, metathesis and hydrosilylation reactions. Different substitution (bromination, nitration, sulfation and amination), condensation and hydrogenation reactions can be performed on aromatic ring (Fig. [1.6](#page-17-0)). These features are greatly exploited to design and develop a diverse range of materials including paints and varnishes, epoxy resins, rubbers, polyurethanes, phenolic resins, acrylics using cardanol as a biomonomer [[56–](#page-23-3)[65\]](#page-23-12).

A comprehensive list of the materials that are derived from cardanol is listed in Fig. [1.6.](#page-17-0) We, briefly, in this chapter, highlighted the highly commercial valued cardanol-based polymers. Different types of resins were synthesized from condensation of formaldehyde with cardanols [\[66](#page-23-13)]. The mechanical properties of these resins can be easily manipulated by utilizing the unsaturation in the side chains [\[67](#page-23-14)]. Moreover, these materials have high toughness, elasticity, superfine adhesive qualities. The copolymers of cardanol with phenols and glycidyl ethers are used to produce epoxy-type resins. These resins are perhaps best of the modified phenolic epoxy resins as alternative to traditional synthetic epoxy resins. They offer good

Fig. 1.5 A comprehensive list of materials derived from cardanol feedstock (Reprinted with permission from Ref. [\[54\]](#page-23-1) (copyright 2013), The Royal Society of Chemistry)

Fig. 1.6 A set of possible reactions of cardanol

flexibility and thermal resistance without compromising the oil bleeding properties [\[56](#page-23-3)]. Another significant application of the cardanol is development of the benzoxazines with improved thermal physical and mechanical properties such as low moisture absorbtion, chemical and flame resistance and almost zero shrinkage. These polymers are prepared by a Mannich-type condensation of cardanol, formaldehyde and different primary amines [[68\]](#page-23-15). Cardanol-porphyrin derivatives also received good attention for different applications; these were prepared by either simple metathesis or condensation of cardanol aldehydes with pyrroles [[69\]](#page-23-16). Cardanol-derived porphyrin composites are also used to improve the photocatalytic activity of $TiO₂$ in photodegradation reactions [[70\]](#page-23-17).

In the literature, sulfation of saturated cardanol is well reported; it can be done either with excess sulfuric acid at ambient temperatures in halogenated solvents or treating the phenolic hydroxyl group with ethylene sulfate. The sulfated salts of cardanol can be used as [\[71](#page-23-18), [72](#page-23-19)] surfactants and their surfactant properties are apparently similar to the properties of commercial available detergents, for instance dodecylbenzene sulfonate [\[73](#page-23-20)].

The industrial scale production of cardanol sulfates is very economical, and the synthetic process of cardanol sulfate was not complicated unlike in the case of traditional detergents. Cardanol-based surfactants are one of the potential alternatives to petroleum-product-derived household surfactants [\[74](#page-24-0), [75](#page-24-1)]. Sulfonic acid derivates of cardanol are also found as detergents, and few studies showed that these molecules can also act as doping agents for conducting polymers [[76\]](#page-24-2). Halogenated cardanol products are found to have pesticidal and water repellency properties [\[77](#page-24-3)]. The unsaturated C_{15} hydrocarbon side chain of the cardanol is well known for its crosslinking properties. Self-polymerization of cardanol-azo benzene forms highly transparent liquid crystalline material films. These materials showed both thermotropic and lyotropic properties [\[78](#page-24-4)].

Another important type of functionalization of cardanol is phosphorylation of hydroxyl group of phenol. These phosphorylated cardanols are well known as an effective plasticizer for different rubbers [\[79](#page-24-5)]. The cardanol polymers with formaldehyde produced rubbery-type gel materials, which can be used in cement hardening [\[56](#page-23-3)]. Thermoplastic polyurethanes were also developed from cardanol, which possess very good thermal and mechanical properties [\[59](#page-23-6), [80\]](#page-24-6). These environmental benign cardanol-derived polyemic coatings has found applications in paint, enamel and varnish industry [[51\]](#page-22-17). Most of the time these polymeric coatings are formed by either autooxidation or crosslinking of oily materials. Cardanol can undergo easily autooxidation at ambient conditions due to the advantage of double bonds in the side chain and forms robust, transparent and scratch and wrinkle-free polymeric films [[79\]](#page-24-5). Cardanol-based amphiphilic compounds were found to exhibit remarkable self-assembly properties in various types of nanostructures. For example, cardanyl glycolipids molecules formed nanotubes, twisted ribbons, tapes, etc., and these structures might have possible applications in nanofabrication, inclusion chemistry and catalysis [[63\]](#page-23-10).

1.6 Future Prospectives

Before the discovery of inexpensive crude oil feedstock, our society was dependent on the natural renewable resources for various basic needs. Later, the steep growth in the world's population forced to move toward less expensive fossil fuel feedstock. Since petroleum-based feedstock is the primary resource for energy production and manufacturing, consumption of this feedstock has also drastically increased. This continual usage along with growing industrial activity creates several challenges: depletion of fossil fuel resources, climate change, random fluctuations in crude oil prices and political instability. These concerns turned the scientific community's attention toward green and sustainable approaches in research. Utilization of renewable resources became a viable option to address the challenges with non-renewable resources and to create a sustainable society. Various renewable resources have been well explored to replace the petroleum feedstock-based products, and a great number of attempts have also been placed to

modify the existing synthetic routes in greener route by adapting twelve principles of Green Chemistry. Adaption of this environmental benign research discipline is lead to both environmental and economical benefits. In 2013, renewable energy policy network estimated that the renewable resources supply around 23 % of the total energy consumption throughout the world and it has been steadily increased [\[81](#page-24-7)]. A recent Pike research estimate concluded that green chemicals will save approximately \$65.5 billion by 2020 [[82\]](#page-24-8). Plant-based biomass feedstock is one of the most studied resources in both academia and industry and offers a vast range of possibilities to the chemical, energy and material sectors. Cardanol, a major constituent of CNSL which is an industrial waste product in cashew nut industry, cheap and renewable resource, is also well exploited to generate novel functional materials for polymer and coating applications. It showed a great promise as a one of the alternatives to the non-renewable resources and generated high-end value and eco-friendly materials. The unique structural features of cardanol allow it to participate in different synthetic methodologies spanning from esterification, sulfation, nitration, epoxidation and polymerization. Moreover, cardanol-derived amphiphiles, lipids and self-assembled nanostructures are quite promising as nextgeneration materials. Some of the cardanol-based products such as resins, fibers, lining agents have already found in market. Different industries are synthesizing cardanol-derived value-added materials in large scale. For instance, Cardolite, Plamer, Satya Cashew Chemicals Ltd., Sanoor Cashew and Adarsh Industrial Chemicals have been developing and manufacturing numerous compounds using CNSL as a starting material [[52\]](#page-23-0). The intriguing features of cardanol-derived nanostructures might also provide opportunities to evaluate them as biotherapeutics and other drug delivery applications. In addition to this, the recent progress in olefin metathesis with cardanol monomers opened new opportunities for generating different hybrid materials.

Development and implementation of renewable materials are a key component of sustainable development due to the facts: (1) less environmental damage, (2) being replenish, (3) stable economy and (4) possible decentralized energy. Despite the considerable advances in the development of sustainable materials from renewable resources, the successful examples are still scarce. Future efforts should be focused on improvement of current process, minimizing the operational expenses, finding new resources, industrial implementation, reducing the dependence on food-related biocrops. The sustainable or eco-friendly economy cannot be adequately fulfilled merely by the basic use of renewable resources. They must meet the necessary barriers to surpass the ultimate economic competition with traditionally available inexpensive and superior fossil fuel-based products (Fig. [1.7\)](#page-20-3). Finally, governments should also encourage renewable-based initiatives by decreasing subsidization benefits for fossil fuel-based technologies and offer more incentives for renewable energy industries. And also, administrative and planning communities should try to create more awareness among the public about sustainable society.

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Fig. 1.7 A list of hurdles to renewable resources to compete with mature technologies

1.7 Conclusion

Renewable resources are becoming potential alternative to fossil fuel resources in order to replace the various petroleum-derived, non-degradable, less sustainable materials. The recent studies showed that cardanol is one of the promising renewable resources due to its diverse structural features; it is less expensive and widely abundant. A wide array of cardanol-derived products showed promising properties to compete with petroleum-based products; moreover, several of them are commercially available and few more in the development process.

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Chapter 2 Cashew Nutshell Liquid (CNSL): From an Agro-industrial Waste to a Sustainable Alternative to Petrochemical Resources

Diego Lomonaco, Giuseppe Mele and Selma E. Mazzetto

Abstract The global concern about the problems caused by the growing consumption of petrochemical compounds, such as global warming and the diminishing of fossil fuels reserves, has given rise to the green chemistry field—based on the design of products and processes that minimize the use and generation of hazardous substances—in both academy and industry. In face of the increasing demand for chemicals, sustainable and innovative technologies are necessary in order to overcome current difficulties and also avoid the evolution of new ones. The advent of agro-industry waste as a resource of raw materials has attracted the attention of researchers and opened a window of opportunity for the breakthrough of alternative products to the oil industry. In this sense, cashew nutshell liquid (CNSL), a by-product from cashew industrial processing and one of the richest natural sources of phenolic compounds, emerges as a promising and renewable feedstock for the development of a wide range of functional products. This chapter is focused on the discussion of the origin and chemical composition of the different types of CNSL, and also on the challenges involved in the methods of isolation and main applications of its major component, cardanol, in the context of a sustainable development.

2.1 Introduction

The cashew tree, scientifically named as *Anacardium occidentale* L., a member of the Anacardiaceae family, is considered an indigenous element from the tropical region of South America. Appointed by Lindley in 1830, this family includes

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Fig. 2.1 Cashew pedicel, fruit, and mesocarp filled with CNSL

more than 700 species, distributed in 82 genera that are majorly found in tropical zones, although few of them extend to temperate zones. Members of this family are cultivated all around the world due to its edible fruits, medicinal compounds, wood properties, and scenic effects. Besides cashew, other agricultural products from Anacardiaceae are: mangos (*Mangifera indica* L.), pistachios (*Pistacia vera* L.), and marula (*Sclerocarya birrea* (A. Rich.) Hochst.) [[35,](#page-43-0) [40\]](#page-43-1).

The colorful cashew apple (Fig. [2.1\)](#page-26-0), an overdeveloped pedicel, is edible and commonly mistaken as the fruit of the cashew tree, but it is in fact a pseudocarp (accessory fruit), scientifically known as flower stack, which is used in the production of sweet beverages and foods. On the other hand, the true fruit is a reniform (kidney-shaped) seed (also considered a nut) that grows in one of the ends of the apple, and is covered by a hard shell (pericarp). The cashew nut (kernel) is the primary commercial product of cashew plantation as it is very appreciated as a snack and is also used in the Asiatic cuisines, especially Thai and Chinese.

The pericarp that involves the nut, the cashew nutshell, which has an alveolar mesocarp, is filled with a dark and caustic oily substance called cashew nutshell liquid (CNSL), obtained as a by-product during the industrial processing of the cashew nut.

This oil is composed mainly by phenolic lipids and, for this particular reason, has drawn the attention of scientist and researchers all over the globe, since it has been considered as a viable alternative to petroleum products [[16,](#page-42-0) [24\]](#page-43-2).

2.2 Origin and Production

The origin of cashew is based on evidences that strongly indicate Brazil, or at least tropical South America, as the center of origination of the species currently known as *Anacardium occidentale*. The warm and moist climate conditions found

especially in the coastal regions of Northeast Brazil, with air humidity about 70 %, are ideal for cashew growing. The name cashew is in fact derived from the indigenous dialect word "*acaju*" (pronounced [kɐˈʒu]) [\[16](#page-42-0)].

A substantial indication about the Brazilian origin of cashew can be found in an old reference about this plant made by the French naturalist monk André Thévet (1502–1590). An illustration, describing few natives harvesting what seems to be a cashew tree (Fig. [2.2\)](#page-27-0), found in his book entitled "The singularities of Antarctic France," written in 1557 during the French expeditions to south of the equator regions of Brazil between 1555 and 1567 [[56\]](#page-44-0).

Although native from Brazil, the plant is already disseminated in many countries around the world, especially in India, Nigeria, Viet Nam, Cote d'Ivoire, Tanzania, Philippines, Indonesia, and Guinea-Bissau. This widespread of cashew is because the Portuguese colonization of Brazil, who, in late the 1500, introduced the cashew in India, then in the African colonies, and Asia, where it quickly adapted due to the similar climate conditions.

From a commercial perspective, the worldwide production of cashew is growing every year, along with the total area of plantation.

According to the Food and Agriculture Organization of the United Nations [\[17](#page-42-1)], considering the period of 20 years, from 1993 to 2013, the global annual production of cashew nut (with shell) increased more than 400 %, rising from 1.053.232 tonnes to 4.439.960 tonnes per year. In its turn, considering the same period, the total area harvested increased from 2.089.710 ha to 5.457.009 ha per year, a growing around 260 % (Graphic [2.1](#page-28-0)).

The top 5 producers of cashews, in this interval, were, in decreasing order, Viet Nam, Nigeria, India, Côte D'Ivoire, and Brazil, responsible for the production of 43.099.972 tonnes, around 75 % of the global production of 57.297.951 tonnes [\[17](#page-42-1)] (Graphic [2.2\)](#page-28-1).

Graphic 2.1 Global production and area harvested of cashew nut

Graphic 2.2 Total cashew nut production (1993–2013) of the top 5 world producers

Taking into consideration the numbers presented above and the fact that CNSL comprises around 25 % of the cashew nut total weight, one can estimate that, only in 2013, about 1.000.000 tonnes of CNSL were obtained as by-product from the cashew nut industrial processing.

As mentioned before, being composed mainly by phenolic lipids, the dispose of such a large volume of CNSL becomes a real concern in light of the ecological issues it may raise. In this way, the other alternative is to make use of this agro-industrial by-product as a raw material in the synthesis of different chemical products, which will not only prevent the disposal-related problems, but also turn CNSL into a new commodity.

According to the Green Chemistry principles, the use of renewable feedstocks is an elegant approach to overcome some of the issues that the world is facing nowadays in order to achieve a more sustainable society.

Another interesting aspect important to point out is that the utilization of CNSL as a replenishable raw material will not compete for land or agricultural resources, not even food production, since the actual purpose in the cashew plantation is the obtainment of the valuable cashew kernel [\[23](#page-43-3)].

2.3 CNSL: Extraction and Chemical Composition

Cashew nutshell liquid is a reddish brown dark oil, with a peculiar odor, considered as one of the main natural sources of non-isoprenoid phenolic lipids. The main chemical compounds present in CNSL are: anacardic acid (1), cardanol (2), cardol (3), and 2-methylcardol (4).

These phenolic compounds have a very peculiar chemical structure, bearing an alkyl side chain comprised of 15 carbon atoms located in *meta*-position in comparison with their hydroxyl group(s). Another interesting characteristic is that these alkyl side chains may present different degrees of unsaturations, varying from none up to 3 double bonds, with cis (or Z) configuration, located in the carbons 8, 11, and/or 14 [[35\]](#page-43-0) (Fig. [2.3\)](#page-30-0).

Depending on the method of obtainment, CNSL may present different chemical composition and, therefore, be classified into two main types: solvent-extracted CNSL (natural CNSL) and technical CNSL (tCNSL).

Natural CNSL is obtained by the utilization of some solvent extraction technique (commonly Soxhlet, supercritical carbon dioxide, or subcritical water) in order to obtain its constituents under mild conditions, without promoting any chemical modification. In this way, natural CNSL represents the original composition found in nature, which is basically composed by anacardic acids $(60-70\%)$, cardols (10–20 %), cardanols (3–10 %), 2-methylcardols (2–5 %), and other minor constituents [\[19](#page-42-2), [44](#page-43-4)].

On the other hand, technical CNSL is the by-product of the cashew nut industrial processing. Since the primary goal in the cashew industry is the obtainment of the valuable kernel, CNSL comes as a secondary product.

Fig. 2.3 Chemical structures of the main components of CNSL

Initially, technical CNSL was employed as a source of phenolic compounds for the synthesis of phenol/formaldehyde polymers. Nowadays, with the advances in the chemistry of these phenolic lipids, tCNSL appears as an economically feasible source of phenolic components. In the industry, CNSL is extracted by an automated process that employs high temperatures in order to open the shell and recover the cashew kernel. In this process, named "hot-oil process," cashew nutshells are immersed in the CNSL and heated to 180–190 °C.

Under these temperatures, anacardic acid present in natural CNSL suffers a decarboxylation reaction converting itself into cardanol, generating technical CNSL, which is chemically differently from natural CNSL, composed mainly by cardanol (60–70 %), cardol (10–20 %), 2-methylcardol (2–5 %), polymeric materials $(5-10\%)$, and other minor constituents (Fig. [2.4\)](#page-30-1).

In Table [2.1](#page-31-0) are described different compositions of natural and technical CNSL reported in the literature.

At first, these differences can be attributed to the fact that CNSL is a natural product, and therefore, its composition may vary according to the geographical coordinates, climate, and soil conditions.

Other important factors that may contribute for the differences in composition are the extraction techniques and the methods of analysis. On the basis of the extraction mode (solvent used, temperature, time, etc.) chemical compounds will

Compound	Natural CNSL			Technical CNSL		
	Tyman $[57]$ $(\%)$	Oliveira et al. $[42]$ $(\%)$	Paramashiyappa et al. $[43]$ $(\%)$	Tyman $[57]$ $(\%)$	Andrade et al. $[2]$ (%)	Kumar et al. $[26]$ (%)
Anacardic acid (1)	71.65	62.90	63.00	-		
Cardanol (2)	5.10	6.99	10.50	67.80	40.26	67.00
Cardol (3)	22.30	23.98	22.50	18.20	29.95	22.00
2-Methylcardol (4)	1.10			3.30		

Table 2.1 Chemical composition of natural and technical CNSL

present distinct affinities for the mobile phase, thereby altering their concentration in the final product [[63\]](#page-44-2). Although gas chromatography (GC) is an useful method for the study of phenolic compounds, HPLC is a much more efficient and sensitive technique [[59\]](#page-44-3).

Another interesting difference between the chemical composition of natural and technical CNSL is the existence of oligomeric and polymeric materials.

Tyman et al. [\[59](#page-44-3)], by using HPLC analysis under gradient elution with THF and acetonitrile, estimated quantitatively the presence of polymeric material in three diverse tCNSL samples.

They have found that the concentration and complexity of polymeric materials raise with the age of the sample, increasing from 7.38 %, in the case of a fresh sample, to as far as 21.63 %, for a five-year-old sample.

The eluted polymeric material was recovered and evaluated by TLC, which indicated an increase in complexity and polarity with the level of polymerization.

The authors also suggested that the majority of theses materials is composed by dimeric and trimeric oligomers with a relatively saturated alkyl side chain.

Since the recovery of the almond (kernel) in perfect conditions as an edible product is the main purpose in the industrial environment, the continuous heating of this process leads to the degradation of the CNSL obtained as a by-product, promoting the polymerization of its unsaturated compounds as well.

The mechanism of the polymerization reaction through the double bonds in the alkenyl side chain of cardanol has been studied in different conditions.

Manjula et al. [\[34](#page-43-5)] investigated the kinetics and mechanism of the oligomerization of cardanol using acid catalysts, while Rodrigues et al. [\[49](#page-44-4)] studied the influence of the temperature on the oligomerization of cardanol.

Since the harsh conditions in which cashew nutshells are submitted during industrial processing involve temperatures as high as 190 °C, and that in this condition the oxidation of organic compounds may lower the pH, these two situations may present a synergistic effect and therefore can be considered as the main factors that initiate the oligomerization of the double bounds present in the alkenyl side chain of the phenolic compounds of CNSL.

Upon consideration of data obtained by rheological analyses, ${}^{1}H$ nuclear magnetic resonance (NMR), and infrared spectroscopy (FT-IR), it was suggested that, in thermal oligomerization, the dimeric structure is the main oligomer that was

Fig. 2.5 Possible oligomerization reactions of cardanol under high temperatures

Fig. 2.6 Possible oligomerization reactions of cardanol under acidic conditions

formed by two possible reactions: (a) from internal double bond loss and (b) from vinyl loss in triene, as described in Fig. [2.5](#page-32-0) [\[49](#page-44-4)].

Another possible route is described under acidic conditions. A suggested mechanism involves protonation of the side chain of cardanol, followed by a cationic chain growth reaction, as depicted in Fig. [2.6](#page-32-1) [[34\]](#page-43-5).

2.4 Cardanol as a Sustainable Feedstock

With the continuous exploration for new renewable and biodegradable chemical resources, the large quantities of cashew nutshell liquid, especially technical CNSL, which possess elevated percentual of cardanol, have need for the development of purification/isolation processes of its main constituents in expectation to a authentic acceptation by the industrial market structure.

This should represent the first step into the promotion of a sustainable development, supported by a technological autonomy, due to the potential achievement of new high added value products derived from CNSL.

Based on the above assumptions, cardanol turns into one of the most important and promising chemical constituents of CNSL.

Once isolated in high purity, this green start material could be employed in many different industrial sectors, with emphasis in those that the prices of the final products are substantially elevated, like fine chemicals and pharmaceuticals.

Although cardanol is a phenol, compared to the main commercial monohydroxyl phenolic compounds used as starting materials, e.g., *p*-cresol, it presents some peculiarities in its physicochemical properties, due mainly by the long aliphatic side chain containing up to three double bonds (*Z* configuration), which enables a great number of functionalizations and hydrophobicity, low volatilization, no aggressive odor, and a higher boiling point, important characteristics for safe operations.

Furthermore, are also available the traditional reactive sites of phenolic chemical structures: the nucleophilic aromatic carbon atoms located at the *ortho-* and *para*-positions and the hydroxyl group (Fig. [2.7\)](#page-33-0).

In an academic point of view, cardanol is a compound already known by many groups but, considering its potential, it still has a lot of space to grow. Many useful applications are found every year as it begins to substitute traditional phenolic raw materials in the synthesis of different classes of products, or new one is developed taking advantage of its unique properties.

Considering a bibliographic research involving the period of the last 30 years (1985–2015), made by a simple search using Scopus and SciFinder, the term "cardanol" exhibited 575 and 848 articles as results, respectively.

A more careful look at these results (Graphic [2.3\)](#page-34-0) shows a progressive accession in the number of published articles, which indicates an increasing interest in this chemical compound and its applications more recently. Nevertheless, these numbers can be considered very inexpressive in view of the true potential that cardanol has as feedstock.

Taking into account all these particularities, it is not difficult to understand that the isolation of the constituents of cashew nutshell liquid is one of the fundamental drawbacks to reach its summit as an attractive starting material in a industrial sector searching for more sustainable alternatives.

In spite of the few different methods reported in the literature dealing with the obtainment of cardanol (and other constituents) from CNSL, they continue to collide into many adversities, e.g., the elevated price of reagents and solvents

Graphic 2.3 Number of published articles, according to Scopus and SciFinder

involved in the process, low yields, contamination of the final product, and the cost-effectiveness of energy employed, invalidating remarkably its fulfillment in large scales.

Historically, the distillation process under reduced pressure was the first method to isolate cardanol from technical CNSL.

A patent by M. T. Harvey in 1937 [[21\]](#page-42-4) described that at a pressure of about 10 mmHg cardanol could be obtained in a temperature at about 225 °C, with very little amount of other compounds.

An interesting fact about this document is that there is made the first mention of the name "cardanol" to indicate the chemical compound originated by the decarboxylation of anacardic acid from natural CNSL under high temperatures, once previous publications used mistakenly the term "anacardol" [[62\]](#page-44-6), which identified a different mono-phenol isolated from the kernel of *Semecarpus anacardium*, to make reference to cardanol.

Currently, many articles still mention the use of distillation process in order to collect cardanol from commercially available or decarboxylated natural CNSL. Recently, the utilization of distilled cardanol as an additive for biofuels was reported. In that paper, the authors obtained cardanol at 230 °C at 0.2 mmHg and added in concentrations up to 20 % in diesel [[50\]](#page-44-7).

In another work, the synthesis of new oximes based on cardanol described a one-pot procedure for decarboxylation followed by a distillation process of natural CNSL. The flask containing CNSL was heated slowly to 180 °C, under 5 mm Hg, and after 20 min of the evolution of a carbon dioxide mist, the system was heated to 220–230 °C, temperatures at which a light yellow liquid was collected (70 % v/v) and posteriorly characterized by FT-IR and 1H NMR as high-purity cardanol [\[22](#page-42-5)].

The isolation of cardanol, with elevated purity, is only achieved through the use of column chromatography, which, in a industrial perspective, is inviable, due not only to the costs involved (silica gel, or other adsorbent) and amounts of solvent employed, but especially for being a time-consuming methodology.

Laboratory-scale processes for obtainment of pure cardanol are still based on chromatographic methods.

One of the first mentions of this process was made by Murthy et al. [[41\]](#page-43-9). In this work, the authors described a procedure for the purification of 1.0 g of cardanol from fresh distilled CNSL (containing approximately 5 % cardol) using a 200-cm long glass column, filled with 50 g of silica gel (100–200 mesh). Different solvents were used (petroleum ether, benzene, ethyl acetate) as the polarity of eluent was increased. The authors also described the process of argentation of silica gel to separate the three different olefinic constituents of cardanol (mono-, di- and tri-unsaturated).

In 1986, Sood et al. [\[52](#page-44-8)] improved significantly the chromatographic technique to separate CNSL constituents. Prior to the advent of flash chromatography, the authors detailed the use of TLC type silica gel (much thinner than that used for tradition column chromatography) and pressurized air, in order to enhance the efficiency of the process.

Another progress made was the proportion of CNSL/adsorbent used, in the range of 1:5–1:6, in a column measuring 50 cm long. The experiments reported the use of 25.6 g of technical CNSL for 125 g of silica gel and a total volume of around 5.2 L of different solvents (light petroleum, diethyl ether and methanol), resulting in the separation of pure cardanol (17.68 g) and cardol (2.84 g) , besides other fractions with lower efficiency.

By employing a two-step reversed-phase (RP) column chromatography, Yuliana et al. [[63\]](#page-44-2) successfully isolated isomers of the three major constituents of solventextracted CNSL in high purity. Using a mass ratio of CNSL to silica gel of 1:20 and methanol as mobile phase, the authors reported 81.8 % recovery of 3-*n*-pentadecylphenol (saturated cardanol) with 99.2 % purity, verified by HPLC analysis.

Tyman et al. [[58\]](#page-44-9) proposed a different methodology in order to isolate cardanol from technical CNSL.

In a work from 1992, a solvent extraction purification system was described as an improvement on the previous methods available in the scientific literature. A non-aqueous immiscible bi-phase solvent system composed of a solution of technical CNSL in light petroleum and one of many diols (ethane, propane, butane and pentane) was used to separate cardanol, which was recovered from the petroleum phase in yields above 90 % and purity, analyzed by HPLC, over 99 % [\[58](#page-44-9)].

Later, also through a phase extraction process, Kumar et al. [[26\]](#page-43-8) presented a methodology based on the acidity difference between cardanol and cardol.

Basically, a methanolic solution of technical CNSL mixed with ammonium hydroxide was extracted with portions of hexane, from which pure cardanol was recovered with great efficiency. An important point here, the authors mention, is that the scale used (up to 1 kg of tCNSL is reported) makes this an industrially feasible process for the obtainment of large quantities of cardanol.

Innumerous advances have been made in order to isolate cardanol from CNSL with great yields and high purity. Indeed, the need for improvements in the technical and economical performances of this agro-business demands a new and
adequate development of practical techniques for the isolation of cardanol and, overall, its adequate chemical employment in the sense to aggregate value to a versatile by-product that continues to be overlooked inside and outside the academic field.

2.5 Synthetic and Technological Advances in the Cardanol Chemistry

In the last decade, our group has been dedicate its research activities to the development of new products and processes based on CNSL chemistry that justify its uses as ecofriendly technological materials, guided by a policy of aggregate value to its constituents, working in consonance with the green chemistry principles and the existing environmental legislation, in search of a sustainable industrial development.

The utilization of CNSL and its constituents has been reviewed in the literature in the last 20 years [[19,](#page-42-0) [35,](#page-43-0) [39,](#page-43-1) [60,](#page-44-0) [53,](#page-44-1) [6,](#page-42-1) [7,](#page-42-2) [61](#page-44-2)] .

Although the main applications of cardanol were based on the production of resins and polymers [\[61](#page-44-2)], it did not take long for the appearance of new advanced materials, taking advantage of the peculiar chemical structure of cardanol [[35](#page-43-0), [39](#page-43-1), [60,](#page-44-0) [6](#page-42-1)].

As presented in the beginning of this chapter, Brazil, Vietnam, Nigeria, Cote d'Ivory, and India are the largest producers and exporters of cashew kernel in the world.

At the same time, Africa, Asia, and South America are endemic regions for the globally known dengue fever. It is estimated that, globally, each year up to 50 million dengue cases occur, from which 500,000 cases are diagnosed as the more seriously related illness, dengue hemorrhagic fever (DHF) [[13\]](#page-42-3).

The main vector for dissemination of dengue is a mosquito, also responsible for the spreading of yellow fever and malaria, called *Aedes aegypti*.

Despite the number of cases and the efforts of many countries to control infestations, dengue is considered a neglected disease, which has no effective drug or vaccine.

The method for controlling mosquito proliferation continues to be prevention of the mosquito breeding through the use of larvicides, since in larval stage is easier, compared to adult stage, to control *Aedes aegypti* reproduction.

The main problems associated with the commonly used larvicides are the emergence of insect species showing resistance and the toxicity associated with nontarget organisms.

In face of these arguments, the utilization of CNSL and its components for controlling mosquito infestation could be of great interest and economically feasible in developing countries that cultivate cashew and are also endemic areas.

The biological assays of cardol and cardanol against *Aedes aegypti* larvae presented interesting values of LC_{50} (the concentration of compound to kill half of the sample population) of 14.20 ± 0.62 and 32.90 ± 0.25 mg/mL, which are considered promising results once substances with LC_{50} lower than 100 mg/mL are potential larvicidal candidates [[30\]](#page-43-2).

Exploring the biocomposites field, many studies involving the interaction of cardanol–formaldehyde thermoset resins reinforced with different types of natural fibers were made.

Fibers of jute (*Corcorus capsularis*) [\[8](#page-42-4)], green-dwarf coir (*Cocos nuciferas* L.) [\[9](#page-42-5)], and sisal (*Agave sisalana*) [[10\]](#page-42-6) were used in their natural form and chemically modified by alkaline treatment, to increase the thermal and mechanical properties of these biocomposites. In other works, the utilization of bamboo fibers (*Bambusa vulgaris*) [[25\]](#page-43-3) and sponge gourd fibers (*Luffa cylindrica*) [[51\]](#page-44-3) was also evaluated as reinforcements for cardanol resol-type resins. In all these studies, the chemical modification of fibers surface was important to improve the adhesion between fiber and matrix in the biocomposites and resulted in materials more homogeneous, resistant to thermal decomposition and with increased mechanical resistance.

Polybenzoxazines, a polymer originated by a ring-opening polymerization (ROP) of benzoxazine monomers, are bicyclic benzoheterocycles containing at least one oxazine ring, which are generated by the Mannich-like reaction of a phenol, formaldehyde, and an amine. This class of phenolic resin has attracted much attention due to its enhanced properties in comparison with traditional phenol formaldehyde resins, e.g., molecular design flexibility, no need of catalysts, excellent dimensional stability, low water absorption, and flammability.

Since the most used phenolic raw material for the synthesis of polybenzoxazines is still bisphenol-A (BPA), a pioneer work from Calò et al. [[14\]](#page-42-7) reported the utilization of cardanol as a renewable feedstock for the preparation of this type of resin and its application as a polymeric matrix in the production of bio-based composites.

Later on, another paper evaluated the synthetic feasibility of cardanol and other main constituents of technical CNSL as precursors of new mono- and

Fig. 2.8 Cardanol-based mono- and bis-benzoxazine synthetic scheme

bis-benzoxazines structures via cyclization reactions with formaldehyde and different aromatic amine derivatives under ecofriendly conditions (Fig. [2.8](#page-37-0)) [\[3](#page-42-8)].

Hindered phenolic compounds are well known for their antioxidant activity.

The mechanism responsible for this activity is based on the donation of a proton (an H atom, from the hydroxyl group) that reduces the free-radical oxidation reaction of organic molecules, promoted by peroxy species (ROO·).

This antioxidant effect can be enhanced by the presence of bulky groups linked to the aromatic ring of the phenolic structure. Butylated hydroxytoluene, commonly called BHT, is the most widely used phenolic antioxidant in the world and is synthesized by the alkylation of p-cresol.

As cardanol already has a 15 carbon atoms long side chain, which is considered a large group although located in *meta*-position, the investigation of its antioxidant capacity was evaluated by computational methods and electrochemical analyses (square wave voltammetry and cyclic voltammetry) and compared to BHT [[32\]](#page-43-4). The results obtained showed that saturated cardanol presented a lower oxidation potential compared to BHT.

A further analysis [\[33](#page-43-5)] concluded that unsaturated cardanol isomer has even lower values, and experiments of square wave voltammetry demonstrated that the unsaturated compound presented higher current values than saturated compounds indicating that a higher number of unsaturated molecules were participating in the oxidation process.

In order to increase the steric hindrance over the phenolic hydroxyl of cardanol, Rios et al. synthesized two *ortho*-substituted derivatives of cardanol, adding to the aromatic ring a *tert*-butyl group [\[48](#page-44-4)] and a *tert*-amyl group [[47,](#page-44-5) [46\]](#page-44-6).

Both compounds, when added to mineral lubricant oils, reduced the formation of oxidation products and also proved to be more thermally stable than BHT.

Another important class of antioxidants used in the industry is the "secondary type antioxidants," which prevent oxidation by reacting with hydroperoxides formed by thermal oxidation reactions.

Organophosphates and organothiophosphates are the most common compounds in this class. They are usually combined with hindered phenols and applied as a synergetic formulation to retard the initiation of oxidative processes.

Cardanol was used as starting material in the synthesis of many useful substances that showed excellent activity as secondary type antioxidants.

In the work of Façanha et al., the antioxidant activity of a diethylphosphate derivative of hydrogenated cardanol in naphthenic mineral oils (NH10 and NH20) was investigated through thermogravimetric analysis (TGA).

The authors reported improvement in their thermal-oxidative stability by the increase in the temperature of initial degradation of the additivated samples when compared to the pure oils [\[18](#page-42-9)].

Another paper described the synthesis of a diethylthiophosphate derivative of cardanol and similar results of antioxidant activity [[31\]](#page-43-6).

Other organophosphorus compounds derived from cardanol were also synthesized and evaluated as antioxidants in mineral oils [[29,](#page-43-7) [36](#page-43-8)], polymers [[27\]](#page-43-9), biodiesel [\[28](#page-43-10)], and others [[45,](#page-43-11) [47,](#page-44-5) [46\]](#page-44-6).

Fig. 2.9 Chemical structure of cardanol-based antioxidants

In Fig. [2.9](#page-39-0) is described the chemical structure of some cardanol-based antioxidants.

Porphyrins and phthalocyanines are interesting classes of macrocyclic compounds. Due to their extended $π$ -system and metal ion binding capacity, these compounds are commonly used in optical/electronic devices, as active layers for gas sensors, homogeneous/heterogeneous catalysis, organic dyes for photoinduced electron-transfer processes, liquid crystals, and OLEDs.

In homogeneous catalysis, the utilization of porphyrins and phthalocyanines is limited, since their active sites are strongly hindered due to the low solubility of these molecules in most commonly used organic solvents.

To overcome this situation, cardanol was used as raw material in the synthesis of many of these macroheterocyclic compounds. The presence of long alkyl chains of cardanol has shown a great influence in the physical properties of these derivatives, such as a low melting points and high solubility in organic solvents [\[4](#page-42-10), [5](#page-42-11)] (Fig. [2.10](#page-40-0)).

A composite material obtained by impregnation of a Cu-substituted cardanolbased porphyrins onto $TiO₂$ (anatase phase) increased the photoactivity in the degradation of 4-nitrophenol in aqueous suspension. In this context was confirmed the importance of lipophilicity, photostability of the sensitizer, and the involvement of the Cu(II) in the process $[38]$ $[38]$ (Fig. [2.10\)](#page-40-0).

Cardanol-based porphyrins were also applied in the preparation of a superparamagnetic fluorescence nanosystem composite material, by the interaction of side chains derived from cardanol with oleic acid, which was assembled onto the $Fe₃O₄$ surface modified [[15\]](#page-42-12).

Sandwich-type phthalocyanines containing a rare earth metal core (Pr, Nd, Eu– Lu) and macrocycles peripherally substituted by pentadecylphenoxy groups were synthesized using a cardanol-based phthalonitrile precursor and the respective lanthanide acetate $[54]$ $[54]$ (Fig. [2.10](#page-40-0)).

Fig. 2.10 Chemical structure of macroheterocyclic cardanol-based compounds

Transition metal-catalyzed reactions have been applied successfully to the transformation of cardanol-based precursors.

As shown in Fig. [2.11](#page-40-1), palladium-catalyzed cyclocarbonylation of allylic cardanol and cardol derivatives produced selectively heterocycles having different ring sizes [[1\]](#page-42-13).

Fig. 2.11 Transition metal-catalyzed reactions involving CNSL-based precursors

Olefin metathesis reaction on cardanol is an important class of reactions that allows for the synthesis of new olefins.

The presence olefin group in the long chain attached to the *meta*-position of the phenolic ring allowed the preparation of new cardanol-based compounds via Ru-catalyzed metathesis reactions [[20,](#page-42-14) [37](#page-43-13), [60](#page-44-0)]. Cardanol was subjected to transfer hydrogenation catalyzed by RuCl₃ using isopropanol as a reductant.

Green nanocarriers based on the combination of natural renewable materials like cardanol and cholesterol have been used to encapsulate lipophilic or hydrophilic compounds such as the chlorogenic acids extracted from different rowanberries like *Sorbus Americana* and *Vaccinium* sp. [[12,](#page-42-15) [11\]](#page-42-16).

2.6 Final Considerations

Among the green chemistry concepts developed by P. Anastas and J. Warner in 1998, the 7th principle, which addresses the "use of renewable feedstock," can be highlighted when considering the use of CNSL and its constituents as starting material in the development of new chemical compounds.

As modern society faces the continued growth demand for chemicals, sustainable and innovative technologies are necessary in order to overcome current difficulties and also avoid the evolution of new ones. The advent of agro-industry waste as a resource of raw materials has attracted the attention of researchers and opened a window of opportunity for the breakthrough of alternative products to the oil industry.

The increasing number of research papers dedicated to this theme, and also the increasing production of cashew nuts turns cardanol into a promising renewable feedstock for the development of a wide range of functional products.

However, for this forthcoming industry to develop efficiently and consistently, are mandatory the investments in innovation, especially the development of new products and processes focused on the strengths and peculiarities of these phenolic lipids, not only seeking alternatives for the commercially known products, but also envisioning the arising of new ones with breakthrough properties and applications.

In any case, it is still valid to point out challenges involved in CNSL development, in particular when it comes to the efficiently isolation of cardanol, free from impurities, in high yields and industrial scales. Another important aspect to be considered is the need of a closer relationship between universities and research centers with the industrial segment, which is the driving force for technological transformations.

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Chapter 3 Cardanol-Based Heterocycles: Synthesis and Applications

Giuseppe Mele, Diego Lomonaco and Selma E. Mazzetto

Abstract This chapter provides an overview of the progresses of research activities related with the synthesis of functional heterocyclic systems utilizing mainly cardanol—or structural analogous (i.e., anacardic acid, cardol, methylcardol) deriving from the cashew nut shell liquid—as starting material, a renewable feedstock having significant perspectives in the field of the green chemistry and design of innovative environmentally friendly chemical processes.

3.1 Introduction

The use of renewable feedstocks rather than depleting natural resources is one of the principles of the green chemistry. In this perspective, the importance of cardanol, a low-cost largely available renewable material obtained from the distillation of CNSL (cashew nut shell liquid) well-known waste of the cashew agroindustry, is increased last years.

G. Mele (\boxtimes)

This chapter is dedicated to honour the career of Professor Orazio A. Attanasi and Professor Giuseppe Vasapollo. They made significant contributions to researches dealing with heterocycles and technologically sustainable chemical processes related with the chemistry of cardanol and related compounds.

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The previous chapter (Lomonaco et al.) has been focused mainly on the origin and chemical composition of the different types of CNSL, methods of isolation, and main applications of its major components.

In this chapter, the synthetic strategies for the preparation cardanol-based heterocycles with different ring sizes and their use as precursors of functional organic, soft, and composite materials have been reported.

In particular, will be described how the molecular features of cardanol, such as the –OH group bonded to the aromatic ring, the aromatic ring itself, and the variously (un)saturated long chain attached to the meta position of the phenolic ring, allow many chemical transformations producing a large variety of fine chemicals and multifunctional heterocyclic hybrid materials.

3.2 Cardanol-Based Oxiranes (Epoxides)

Oxiranes are strained cyclic ethers with three-atom rings which can confer to them high reactivity; for this reason, they can be conveniently produced on a large scale for many applications. Generally, many epoxides are produced by treating alkenes with peroxide-containing reagents, which donate a single oxygen atom.

Cardanol, as well as its derivatives such as cardanol acetate (**CA**) and cardanol glycidyl ether (**CGE**) prepared through the substitution of the hydroxyl group with acetate or glycidyl ether groups as shown in the Scheme [3.1](#page-46-0), can be exhaustively epoxidated by reacting with 3-chloroperbenzoic acid (3-CPBA) as shown in Scheme [3.2.](#page-47-0)

The mono-epoxidized cardanol was used as reactive diluent for the curing reactions of diglycidyl ether of bisphenol-A (DGEBA) in the presence of other curing agents such as anhydrides and triethyl amine as catalyst [\[41](#page-61-0)].

Enzymatic epoxidation and polymerization of cardanol was also obtained curing of epoxide containing polycardanol [[27\]](#page-61-1).

Scheme 3.1 Synthesis of cardanol acetate (**CA**), cardanol glycidyl ether (**CGE**) from cardanol

Scheme 3.2 Epoxydation of cardanol, **CA** or **CGE**

CA and **CGE** have been successfully used as plasticizer for poly(vinyl chloride)-based polymers [[16,](#page-60-0) [23](#page-61-2)]. Self-curability of the coating films has been achieved via anionic polymerization [[52\]](#page-62-0).

CGE was also cured by electron-beam radiation in the presence of cationic photoinitiators such as triarylsulfonium hexafluorophosphate (P-type) and triarylsulfonium hexafluoroantimonate (Sb-type), and the properties of the cured product were influenced on the type and concentration of cationic photoinitiators and the electron-beam absorption dose [\[17](#page-60-1)].

Cathodic electrodeposition of epoxidated of cardanol–formaldehyde novolacs with epichlorohydrin, and subsequently modified with secondary amine, produced coating binders as modified polyepoxide used as primer coat for the protection of metallic substrates against corrosion [[29\]](#page-61-3).

New classes of biobased materials have been prepared from the reaction between cardanol-derived epoxy compounds and diamines [[20,](#page-61-4) [21,](#page-61-5) [26\]](#page-61-6).

Cardanol-based epoxides have been used as flexibilizers for novolac epoxy resins [[2,](#page-60-2) [22\]](#page-61-7). Epoxidized cardanol was opportunely cured with two different amines, isophorone diamine and Jeffamine T403, and the materials exhibited good properties but not enough to replace the bisphenol-A diglycidyl ether in epoxy networks. Two kinds of sucrose epoxy derivatives, sorbitol and isosorbide, were used as blends to enhance the properties of the epoxy cardanol-derived materials [\[19](#page-61-8)].

3.3 Benzoxazines from Cardanol and Structural Analog Components Deriving from CNSL

Benzoxazines are fused benzoheterocycles containing N and O heteroatoms synthesized through Mannich-like condensation of a phenol, formaldehyde, and amine. Of course, the syntheses of benzoxazines starting from renewable organic raw materials deserve particular attention of both academic and industrial research.

Cardanol and related compounds deriving from the cashew nut shell liquid through a condensation reaction involving the aromatic ring—are suitable precursors of benzoxazines. CNSL and its components (mainly cardanol, cardol, and methylcardol) can be considered as suitable starting materials for the synthesis of various substituted benzoxazines through sustainable processes.

The high percentage of renewable and the moderate use of other auxiliary chemicals under organic solvent-free and mild reaction conditions are the peculiarities of these reactions, having an overall reduced impact of harmful chemicals in the environment.

Several research groups have reported the synthesis of various benzoxazines (i.e., cardanol/ammonia, cardanol/aniline, cardanol/furfurylamine, cardanol/ allylamine, cardanol/ethanolamine, cardanol/aromatic, or aliphatic diamine).

A large variety of cardanol-based mono-benzoxazines have been prepared through Mannich-like condensation involving cardanol, formaldehyde, and ammonia or primary (aromatic or aliphatic) amines as shown in the Scheme [3.3](#page-49-0) [[10,](#page-60-3) [14](#page-60-4), [61,](#page-62-1) [62\]](#page-62-2).

Cardanol-based bis-benzoxazines were prepared by reacting with cardanol, formaldehyde, and primary aliphatic (linear/branched) or aromatic diamines as shown in the Fig. [3.1](#page-50-0) [[10,](#page-60-3) [28,](#page-61-9) [32,](#page-61-10) [33,](#page-61-11) [49,](#page-62-3) [50\]](#page-62-4).

Variously substituted bis-benzoxazines whose structures are reported in Scheme [3.4](#page-51-0) have been prepared starting from the "resorcinol-type" components of cashew nut shell liquid that are cardol and methylcardol.

Tris- and tetra- benzoxazines shown in Fig. [3.2](#page-52-0) have been prepared by using tris and tetra p-aminophenylmethane reacted, respectively, with cardanol and paraformaldehyde [\[53](#page-62-5)].

Cardanol-based polymers and polymeric materials are both well documented in the literature and still on focus of continuing research.

Among the most important fields of application of benzoxazines is polymer chemistry and technology, as they are used as monomers of polybenzoxazine resins of unusual but attractive and useful properties with excellent dimensional stability, low water absorption, and flammability.

Effect of structure on the thermal behavior of cardanol-based mono- and bisbenzoxazines was studied [[34,](#page-61-12) [35\]](#page-61-13). Cardanol-based benzoxazines can be used as reactive diluents or toughening agents of conventional benzoxazines [\[15](#page-60-5), [30](#page-61-14)].

The mono-functional benzoxazine monomer prepared by condensation reaction of aniline and formaldehyde with pure cardanol [\[43](#page-62-6)] or blended with other benzoxazines (no cardanol-based) has been used as precursor of various biocomposites.

Scheme 3.3 General features of variously substituted 3,4-dihydro-2H-1,3-benzoxazines based on cardanol

Interestingly, the epoxidation of aniline-cardanol-based benzoxazine permitted the achievement of a higher cross-linking of the resulting thermoset polybenzoxazines [[3\]](#page-60-6).

Copolymer system based on the cardanol benzoxazine and epoxy [\[45](#page-62-7)] as well as benzoxazine and hydroxy benzoxazoline [[44\]](#page-62-8) monomers has been developed. Low-temperature curable mixtures were obtained combining opportunely the monomers content in the copolymers.

Biocomposites were also prepared by the combination of mono-functional cardanol-based benzoxazines with natural fibers, such as jute fibers [\[14](#page-60-4), [43\]](#page-62-6). Hybrid organic–inorganic materials have been prepared by solgel technique combining a benzoxazine monomer obtained by condensation reaction of ethanolamine, formaldehyde, and cardanol with $SiO₂$ [[31\]](#page-61-15).

Graphene or graphene oxide were used in combination with benzoxazines based on cardanol to produce new composites [\[61](#page-62-1)] some of which were used for capacitor applications [\[47](#page-62-9)].

 $(Li, S. 2015)$

Fig. 3.1 Molecular structure of variously substituted of bis-benzoxazines-based cardanol

Microencapsulated cardanol-derived benzoxazines were used also for self-healing applications, [\[51](#page-62-10)] and 1,3‐bis (benzoxazine) prepared from cashew nut shell liquid and diaminodiphenyl methane has been used for the preparation of composites with wood flour [[1\]](#page-60-7).

3.4 Glycolipids Based on Cardanol

Recent advances in cardanol chemistry are concerning a new class of amphiphilic molecules produced by the combination of cardanol with sugars in their heterocyclic form. In Fig. [3.3](#page-52-1) are reported the structures of the glycolipids prepared by

Scheme 3.4 Molecular structure of bis-benzoxazines-based on cardol and methylcardol

attaching glucopyranose to cardanol [\[11](#page-60-8)] as well as of the glucose-triazole-hydrogenated cardanol [[57\]](#page-62-11) which are interesting for their solgel properties [\[46](#page-62-12)].

Closed-chain sugars are also a class of fascinating polar and non-ionic heterocyclic which can be part of an amphiphile moiety [\[55](#page-62-13)].

A fluorescent molecular probe has been recently used in order to study the thermotropic gelation-inducing changes in micropolarity and microviscosity of hydrogel derived from glucose-triazole-hydrogenated cardanol conjugate. [[56\]](#page-62-14).

3.5 Cyclocarbonylation Derivatives from Cardanol or Structural Analog

Lactones are structural elements often found in natural products, which have medicinal value.

Seven-membered ring lactones can be prepared selectively by a typical palladium-catalyzed reaction of carbon monoxide involving the –OH group and an opportunely bonded allyl group in ortho-position to the –OH group [\[58](#page-62-15)].

Fig. 3.2 Molecular structure of tris- and tetra-benzoxazines based on cardanol

Fig. 3.3 Molecular structure of an amphiphilic glycolipids based on cardanol

Fig. 3.4 Cyclocarbonilation derivatives obtained by using cardanol (or cardol) as precursor

This reaction has been successfully applied for the syntheses of the ring monoand bis-cardanol-based lactones as well as at the five-membered ring benzoxazol-2-one as shown in Fig. [3.4](#page-53-0) [\[4](#page-60-9), [8](#page-60-10), [37](#page-61-16)].

The unsaturated lactone (Scheme [3.5\)](#page-54-0), 8-hydroxy-3-tridecyl-1*H*-isochromen-1-one, has been synthesized by isomerization of anacardic acid having heterogeneous alkyl side chains (a mixture of mono-, di-, and tri-unsaturated anacardic acid).

Hydrogenation of 8-hydroxy-3-tridecyl-1*H*-isochromen-1-one produced a saturated lactone, 8-hydroxy-3-tridecyl-3,4-dihydroisochromen-1-one [[39\]](#page-61-17).

3.6 Porphyrins, Phthalocyanines, and Fulleropyrrolidines Based on Cardanol

Porphyrins, phthalocyanines, and fullerenes are compounds with great potential for serving as components for molecular materials that possess unique electronic, magnetic, and photophysical properties. In particular, porphyrins and phthalocyanines are perfectly suited for their integration in light energy conversion systems.

These colored macrocycles exhibit very attractive physical properties, particularly very high extinction coefficients in the visible and near-IR regions, where the maximum of the solar photon flux occurs, that is, necessary for efficient photon harvesting, besides a rich redox chemistry, as well as photoinduced electron transfer and semiconducting capabilities.

Cardanol, also in its hydrogenated form, was used as starting material to prepare the aldehydic precursors used for lipophilic cardanol-based metal-free and metallo-meso-tetraarylporphyrins [[6,](#page-60-11) [7](#page-60-12), [42\]](#page-62-16) and fulleropyrrolidines [\[6](#page-60-11), [7\]](#page-60-12) some of which are reported in Scheme [3.6](#page-55-0).

These compounds exhibited good solubility in common organic solvents as well as ease of manipulation and suitability for further transformation due to the presence of cardanol chains.

Porphyrins having different symmetry reported in Fig. [3.5](#page-56-0) have been prepared by statistic synthesis of 4-[2-cardanil ethoxy]-benzaldehyde with benzaldehyde or other dipyrromethane [[59,](#page-62-17) [60\]](#page-62-18).

Porphyrins bearing cardanol as substituent containing unsaturated chains can be easily epoxidized by reaction with 3-chloroperbenzoic acid to produce typical structures such for example the tetra-epoxidized porphyrins shown in Fig. [3.6.](#page-57-0)

Selected structures of heterocyclic macromolecules obtained by the transformation of the unsaturated chains of cardanol by metathesis reactions [\[9](#page-60-13), [24](#page-61-18), [25](#page-61-19), [38](#page-61-20), [59,](#page-62-17) [60\]](#page-62-18) are reported in Figs. [3.7](#page-57-1) and [3.8](#page-58-0).

Metallophthalocyanines containing a peripheral substituent 3-*n*-pentadecylphenol have been synthesized and characterized. The preparation of the

Scheme 3.6 Aldehydic precursors and structures of porphyrins and fulleropyrrolydines based on cardanol

phthalonitrile derivatives, precursors of the phthalocyanines, was accomplished by a simple base-catalyzed nucleophilic aromatic nitro displacement of 4-nitrophthalonitrile with an alcohol or phenol. Thus, as shown in Scheme [3.7](#page-59-0), 4-(3-pentadecyl-phenoxy)-phthalonitrile precursors have been synthesized by reacting 3-*n*-pentadecylphenol derivatives with 1,2-dicyano-4-nitrobenzene that was tetramerized in ethanol in the presence of the corresponding metal salt $MCl₂$ $(M = Cu, Zn, Pd, Ni)$ and 1,8-diazabicyclo [5.4.0] undec-7-ene giving the corresponding metallophthalocyanines [[5\]](#page-60-14).

Sandwich-type phthalocyanines containing a rare earth metal core (Pr, Nd, Eu– Lu) and macrocycles peripherally substituted by pentadecylphenoxy groups were synthesized using a cardanol-based phthalonitrile precursor and the respective lanthanide acetate. These products were all found to be thick and viscous substances at room temperature, showing liquid crystalline behavior with a distinct increase in fluidity at ca. 40 °C. The complexes were readily soluble in chloroalkyl solvents and dissolved fairly well in DMF with some tendency to form aggregates. Besides, they were strongly hydrophobic and revealed a peculiar affinity for lipophilic media [\[54\]](#page-62-19).

3.7 Applications of Porphyrins Based on Cardanol

The introduction of cardanol into various macrocyclic frameworks such as porphyrins, phthalocyanines, or fullerenes has produced the enhancement of their solubility due to the presence of long alkyl chains. The improved processability permits the application of cardanol in different contexts.

 $M = Zn$; Cu; Co; FeCl; MnCl

Fig. 3.5 meso-AB3 and trans-A2B2 tetraarylporphyrins bearing cardanol

Lipophilic cardanol-based porphyrins have been used as sensitizers of polycrystalline $TiO₂$ powders used in the photodegradation of 4-nitrophenol (4-NP) in aqueous suspensions $[36, 59, 60]$ $[36, 59, 60]$ $[36, 59, 60]$ $[36, 59, 60]$ $[36, 59, 60]$ $[36, 59, 60]$ $[36, 59, 60]$. It was demonstrated that a composite material obtained by impregnation of a Cu-substituted cardanol-based porphyrins onto $TiO₂$ (anatase phase) increased the photoactivity in the degradation of 4-NP, confirming the importance of lipophilicity, photostability of the sensitizer, and the beneficial effect of Cu(II) species coordinated in the core of the porphyrins [\[36](#page-61-21)].

Amphiphilic porphyrin-cardanol derivatives in Langmuir and Langmuir– Blodgett films have been applied for sensing [[48\]](#page-62-20) as well as a fluorescent marker for diesel fuel [\[42](#page-62-16)].

Fig. 3.6 Structure of the tetra-epoxydized porphyrin

Fig. 3.7 Porphyrin derivatives obtained by intra-molecular metathesis reactions involving the unsaturated chains of cardanol

The Cu-porphyrin derived from cardanol has been used to modify the surface of a gold electrode successively and was used as an effective electrochemical sensor for nitric oxide [\[40](#page-61-22)].

The development of soft nanomaterials by the controlled self-assembly of molecules derived from renewable sources has become a major area of interest for scientists across the world.

Fig. 3.8 Heterocyclic macromolecules obtained by the transformation of the unsaturated chains of cardanol by intermolecular metathesis reactions

Green nanocarriers based on the combination of natural renewable materials such as cardanol and cholesterol have been used to encapsulate lipophilic or hydrophilic compounds such as the chlorogenic acids extracted from different rowanberries such as *Sorbus americana* and *Vaccinium* sp. [[12,](#page-60-15) [13\]](#page-60-16).

The preparation of a superparamagnetic fluorescence nanosystem composite material by using a meso-porphyrin with side chains derived from cardanol assembled onto the $Fe₃O₄$ surface modified with oleic acid is shown in Fig. [3.9](#page-59-1) [\[18](#page-60-17)].

Fe3O4 nanoparticles were also coated with anacardic acid. This nanosystem (AA-MAG) presented superparamagnetic behavior and almost the same magnetization when compared with the pure $Fe₃O₄$. This coating provides stability by preventing the aggregation of these nanoparticles without losing its magnetization potential. The AA-MAG demonstrates excellent and fast magneto-temperature response which can be used as high-performance hyperthermia agents [[18\]](#page-60-17).

Scheme 3.7 Precursors for the preparation of cardanol-based metallophthalocyanines and bis-phthalocyanine lanthanides

Fig. 3.9 Example of preparation of a functional superparamagnetic fluorescent nanosystem involving a cardanol-based porphyrin (published with permission from Springer-J. Nanopart Research) (Reprinted with permission from ref. [\[18\]](#page-60-17) 2013, Springer)

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Chapter 4 Facile Green Strategy for Preparation of Advanced Structured Materials Based on Amphiphilic Cardanol

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Abstract Cashew nutshell liquid oil among different renewable resources is one of the agricultural by-products available in tropical countries such as India that is used to produce cardanol as naturally occurring fatty phenols. It has attracted great attention in advanced chemical industries to produce biopolymers, bio-surfactants, bio-composites and nanomaterials. It represents an excellent alternative feedstock for the elaboration of chemicals and polymers. Moreover, cardanol is regarded as a versatile and valuable raw material for wide applications in the form of brake linings, surface coatings, paints and varnishes as well as in polymer production. In this chapter, the possible modifications of cardanol to produce monomeric and polymeric surfactants have been discussed in different reaction schemes. It can be recommended that because of their renewable nature and structural characteristics, cardanol is likely candidates for preparing "green" surfactant species like anionic (sulfonates), non-ionic (ethoxylated and cardanol–formaldehyde ethoxylated polymers) and cationic (quaternary ammonium, pyridinium and imidazolium derivatives) to replace the petroleum based on nonylphenol surfactants. Moreover, it can be used to prepare biopolymer, polymer nanocomposites and semisynthetic processes to prepare derivatives with biological and pharmaceutical applications.

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4.1 Cardanol as Renewable Feedstock for the Chemical Industry

Significant research efforts of the academic and industrial world directed to use renewable resources to replace the petrochemicals for production of commercial materials due to the increasing prices of petrochemical products and growing environmental concerns. Cashew nutshell liquid (CNSL) is represented as an important bio-based natural material due to its availability, cheaper cost and unique structural features. Cardanol is the main phenolic component produced from the cashew nutshell liquid or oil obtained as a by-product of the cashew (*Anacardium occidentale* L.) nut processing. Figure [4.1](#page-64-0) represents the chemical constituents of commercial-grade CNSL, in which cardanol is produced in percentages of 62.8 % due to decarboxylation of anacardic acid to cardanol [\[138](#page-96-0)]. The CNSL (shell oil extracted from the brown mesocarp) constitutes $18-27\%$ of the total raw nut weight. On an average, 15–20 % by weight of unshelled nut in Africa and 25–30 % by weight in India and 25 % overall contain CNSL. Four constituents differing in the side chain unsaturation represented the components of CNSL (Fig. [4.1](#page-64-0)). Different methods have been used to extract CNSL from the nuts such as hot oil process and roasting process [\[81](#page-93-0), [133](#page-96-1)] or solvent extraction of the oil using organic solvents [\[64](#page-92-0), [134](#page-96-2)]. Oligomeric and polymeric materials have been reported by Tyman et al. [\[135](#page-96-3), [136](#page-96-4), [138](#page-96-0)].

The strategies used to modify the chemical structure of cardanol are based on the three reactive functional groups. First functional group is the reactive phenolic –OH group offering synthetic flexibility to prepare hydrophilic moieties that were used to prepare specialty polymers such as novolac or resole resins, polyurethane thermosets and liquid crystal epoxy polymers in different reaction media. The second reaction group is the meta alkyl chain with non-isoprenoic cis double bonds attributing amphiphilic and lipidic character. The presence of an unsaturated hydrocarbon chain with one to three double bonds at the meta position of the phenol group attracted great attention to produce green biopolymers. Lastly, the aromatic ring allows for $\pi-\pi$ stacking and functionalization. Cardanol-based biomaterial polymers have been used as ionic and non-ionic surfactants in the various industrial applications due to

Fig. 4.1 Chemical compositions of CNSL

its antibacterial and chemically modifiable properties. Cardanol-based surfactants are just emerging as green alternative to conventional petroleum-derived nonylphenols for the preparation of surfactants. Cardanol has naturally an ideal chemical structure for the synthesis of amphiphilic derivatives and surfactants. The alkyl $C_{15}H_{27}$ alkyl side chain provides an essential hydrophobicity, while the slightly polar phenoxy group allows a wide variety of chemical modifications. This section aims to report the conversion of cardanol to polymeric and monomeric amphiphilic surfactants to produce advanced materials based on polymers, nanomaterials and composites.

The preparation of new molecules based on natural materials by environmental friendly and cost-effective means is the target for advanced researches. Cardanol as one of the renewable bio-resource feedstocks attracted great attention to produce different types of amphiphiles that can be used to produce advanced materials such as biopolymers and nanomaterials [[67,](#page-92-1) [68,](#page-93-1) [111](#page-95-0), [132](#page-96-5)]. Further, it is assumed that an increased fraction of natural building blocks in the chemical structure will be beneficial for reducing aquatic toxicity and increasing the rate of biodegradation. In this section, we represent two decades of research focused on turning cardanol into value-added materials due to inherent 'programmed,' or 'built-in' functionalities. We highlight the efficient conversion of cardanol into a wide array of surfactant monomers, polymers and self-assembled systems to produce nanomaterials and polymer composite materials. The presence of different functional groups became target for different chemical modifications to generate a library of amphiphiles and functional monomers that remained a vital building block for the synthesis of different chemicals that find applications as described in Fig. [4.2](#page-65-0) [\[80](#page-93-2)].

Fig. 4.2 Cardanol-modified materials including traditional polymer, fine chemical synthesis and soft nanomaterial synthesis

4.2 Cardanol Surfactants

4.2.1 Non-ionic Surfactants

Cardanol resembles in its chemical structure alkyl phenol surfactants that ethoxylated to produce non-ionic surfactants that attracted great attentions in the petroleum and chemicals industries as emulsifier, demulsifier, dispersant and wetting agents [[28,](#page-91-0) [29](#page-91-1), [101](#page-94-0), [102\]](#page-94-1). Different routes can be used to obtain non-ionic surfactants as illustrated in Scheme [4.1.](#page-66-0) Route 1 is based on the preparation of polyethylene glycol derivatives as described by Tocco et al. [[131\]](#page-96-6). The monomethyl ether of poly-(ethylene glycols), MPEG, was selected because it can be easily reacted with cardinal and it is soluble in a wide range of solvents, non-toxic, inexpensive, commercially available, easy to functionalize and also resistant to drastic operative conditions [[39\]](#page-91-2). Moreover, PEG chemistry has shown wide applications as a large part used to deliver drugs, oligonucleotides or enzymes [\[49](#page-92-2)].

Route 2 (Scheme [4.2](#page-67-0)) shows the preparation of polymeric non-ionic surfactants that can be prepared by forming cardanol–formaldehyde polymers by reaction of cardanol with formalin or trioxane as described by Atta et al. for preparing rosin formaldehyde resins [[9,](#page-90-0) [10](#page-90-1), [13](#page-90-2), [17\]](#page-90-3). The produced rosin formaldehyde resins can be reacted with MPEG or ethylene oxide to produce non-ionic polymeric surfactants as reported on conversion of rosin to polymeric surfactants [\[9](#page-90-0), [10](#page-90-1), [13,](#page-90-2) [17\]](#page-90-3). The phenolic nature of resulting cardanol makes it possible to react with formaldehyde under a variety of conditions to form novolac or resole resins [\[38](#page-91-3), [98](#page-94-2), [146\]](#page-97-0). Compared with conventional alkyl phenol ethoxylated surfactants, ethoxylated cardanol–formaldehyde surfactants have improved flexibility. Moreover, the side chain imparts a hydrophobic nature to the polymer, making it water repellent and resistant to biodegradation. Non-ionic surfactants have also been synthesized by reacting cardanol with alkylene oxide (ethylene or propylene oxides), polyalkylene glycol or halohydrin [\[30](#page-91-4), [120](#page-95-1)].

Scheme [4.3](#page-67-1) is used to prepare a benzoxazine surfactant based on cardanol as a renewable resource's ability to perform its functions as non-ionic surfactants. The synthesis procedure was described as solventless method to react aniline,

Scheme 4.1 Preparation of ethoxylated cardanol

Scheme 4.2 Preparation of cardanol–formaldehyde condensates

Scheme 4.3 Preparation of cardanol–benzoxazine surfactant

Scheme 4.4 Preparation of cardanol glycosides

formaldehyde and cardanol to prepare non-ionic surfactants that have wide application to prepare composites [\[31](#page-91-5), [79](#page-93-3), [103](#page-94-3)].

Cardanol glycosides are special type of glycolipids that can be prepared by reacting phenol group with sugar or by attaching glucopyranose to cardanol (Scheme [4.4\)](#page-67-2). The presence of sugar moiety adds non-ionic polar head group to cardanol and bestows chirality to the molecule. These materials have a tendency to

Scheme 4.5 Mannich reaction of cardanol to produce non-ionic surfactants

Cardanol surfactants	Surface properties		Applications	References
	Critical micelle concentrations (CMC) (mM)	Surface tension at CMC (mN m ⁻¹)		
Ethoxylated cardanol acrylate copolymers	$0.08 - 0.22$	$35.4 - 38.2$	Biological and pharmaceutical applications	$[34 - 36]$
Ethoxylated cardanol phenol- formaldehyde	$0.03 - 0.53$	$32.3 - 38.5$	Petroleum demulsifiers and dispersants	$\left[37\right]$
Cardanyl-b-D- glucopyranoside	0.23	38.13	Nanotube architectures	$\lceil 38 \rceil$

Table 4.1 Surface activity and application of non-ionic surfactants based on cardanol

form self-assembled layers to surround the colloidal particles to produce soft materials, such as twisted fibers, helical coils and high-axial-ratio nanotubes [\[21](#page-90-4), [66](#page-92-3)].

The modification of CNSL with polyamines is used to produce non-ionic surfactants as represented in Scheme [4.5](#page-68-0). This technique is based on Mannich reaction that involves the reaction of the CNSL with formaldehyde and diethylenetriamine, triethylenetetramine, tetraethylenepentamine, or pentaethylenehexamine in methanol solution. Under these conditions, the dihydric phenol, cardol, forms high molecular weight polymeric non-ionic surfactants, while the cardanol remains substantially unreacted [[40\]](#page-91-6).

The surface activity parameters of the non-ionic surfactants produced from modified cardanol and their industrial applications in the preparation of polymers, nanocomposites and nanomaterials are represented in Table [4.1.](#page-68-1)

4.2.2 Anionic Surfactants

It is well established that anionic surfactants based on dodecyl benzene sulfonate have greater applications as detergents in the household and chemical industries. As previously discussed, the structure of cardanol is similar to dodecyl benzene which can easily be sulfonated to produce surfactants that have similar properties to dodecyl benzene sulfonate [[21,](#page-90-4) [97,](#page-94-4) [129\]](#page-96-7). The surfactant from cardanol can be

Scheme 4.6 Sulfonation of cardanol

prepared as illustrated in Scheme [4.6](#page-69-0). The physicochemical properties such as surface activity, solubility in sea water and detergency indicated the superior properties when it was compared to dodecyl benzene sulfonate [\[97](#page-94-4)]. PDPSA surfactants that have sulfonate group within in O– or P– position (Scheme [4.6\)](#page-69-0) have reduced the surface tension of water to be 32.25 mN m⁻¹ at 20 % w/v and 28.00 mN m⁻¹ for dodecylbenzene sulfonate at 15 % w/v. Critical micelle concentrations (CMC) of dodecyl benzene sulfonate and cardanol sulfonate were found to be 0.435 and 0.372 M, respectively [[97\]](#page-94-4). The results confirmed that cardanol sulfonate can be applied as an alternative bio-based anionic surfactant. The bio-based surfactant produced from sulfonation of cardanol commonly known as 3-pentadecylphenol 4-sulfonic acid (PDPSA) is having amphiphilic character and can act as stabilizing and capping agents to control the shape, size and stabilization of the nanomaterials [\[121](#page-95-2), [122](#page-95-3)].

Anionic surfactants can also be obtained from non-ionic surfactants of cardanol prepared by ethoxylation of cardanol with ethylene oxide as represented in Scheme [4.7a](#page-70-0), b [[137\]](#page-96-8). The hydroxyl end group of oxyethylene unit was converted to anionic groups by reacting either with chlorosodium acetate or with ammonium sulfonic acid [\[97](#page-94-4)].

The reactive surfactants (surfmers) behave unlike conventional non-reactive surfactants and can act as part in the polymerization with the main monomer to produce new polymeric material for emulsion polymers applied in useful protective coatings and adhesives [\[51](#page-92-4)]. Polymerizable reactive anionic surfactants can also be obtained by introducing reactive groups into amphiphilic surfactants [\[7](#page-90-5), [8\]](#page-90-6). In this respect, acrylate and sulfonate groups can be introduced to cardanol by reacting with acryloyl chloride in the presence of triethyl amine followed by sulfonation with chlorosulfonic acid as described in Scheme [4.8](#page-70-1) [\[129](#page-96-7)]. It was also reported that acrylate group can be introduced to cardanol after converting the hydroxyl phenol to alcoholic group by etherification with chloroethanol in the presence of sodium hydroxide as reported in Scheme [4.9](#page-71-0) [\[129](#page-96-7)]. The surface activity measurements of the prepared surfactants indicated that the micellization of the surfmers with an ethylene spacer between the phenyl ring and the acrylate group is more active at lower concentrations like polymeric surfactants [[129\]](#page-96-7).

Cardanol can be converted to anionic surfactant and to trithiocarbonate used as chain transfer in radical fragmentation chain transfer (RAFT) in emulsion polymerization of methyl methacrylate (MMA) [[34\]](#page-91-7). The resulting cardanol-terminated

Scheme 4.7 Preparation of cardanol anionic surfactants based on **a** ethoxylated carboxylate and **b** ethoxylated ammonium sulfate salts

Scheme 4.8 Synthesis of polymerizable cardanol anionic surfactant

poly(methyl methacrylate) (PMMA) was photo-polymerized to produce UV-cured resin within 20 min. The great advantages of using these materials over conventional curing systems are their high efficiency, energy saving, environmental friendliness, cost economy, etc. The cardanol-based RAFT chain transfer agent

Scheme 4.9 Synthesis of ethoxylated polymerizable cardanol anionic surfactant

Scheme 4.10 a Chain transfer and **b** anionic surfactants

and a new cardanol-based anionic surfactant were prepared as represented in Scheme [4.10](#page-71-1) [\[34](#page-91-7)].

Amphiphilic anionic surfactants can also prepared by reacting cardanol with 1,4-butanesultone, 1,3-propanesultone as sulfonation reagents using potassium tertiary butoxide as base catalyst. The scheme of preparation is represented in Scheme [4.11](#page-72-0) [\[129](#page-96-7)].

Cardanol was also useful starting material for synthesizing anionic amphiphilic surfactants called cardanol azophenylsulfonic acid (CAPSA) (Fig. [4.3](#page-72-1)) [\[6](#page-90-7)].

Scheme 4.11 Preparation of cardanol alkyl sulfate anionic surfactant

The anionic surfactants showed superior amphiphilic properties and are used as a template for preparation of polyaniline conducting polymers and their nanocomposites with clay as gathered in Table [4.2.](#page-72-0) It was also found that the morphology and size of the nanomaterials proved that the anionic surfactants based on cardanol have ability to self-assemble with rod-like micelles that are responsible for directing the formation of oriented nanoparticles.

The surface activity of anionic amphiphiles derived from cardanol can be modified by preparing Gemini surfactants that based on amphiphiles have more than two head and two tails linked by spacer groups. Several steps of chemical reaction and treatments were employed to prepare Gemini surfactants as illustrated in Scheme [4.12](#page-73-0) [\[116](#page-95-0)]. In the first procedure, the etherification reaction was completed in the presence of 1,3-dibromopropane to generate cardanol separated with spacer groups. In the next step, the dicardanyl propyl ether was sulfonated using chlorosulfonic acid to form cardanol sulfonic acid Gemini surfactant. The last step used to neutralize the sulfonated cardanol dimmer using sodium hydroxide solution. The CMC for cardanol sulfonate Gemini surfactant was 6.20×10^{-2} mM, and surface tension at CMC was 36.92 mN m⁻¹.

Cardanol surfactants	Surface activity		Applications	References
	CMC (mM)	Surface tension at CMC (mN.m ⁻¹)		
PDPSA	0.372	31.2	Conducting polyaniline-clay nanocomposite	[40]
PDP	0.1	28.5	Conducting polyaniline nanomaterials	[48]
CAPSA	0.49	35.2	Material for supercapacitors	[49]

Table 4.2 Surface activity and application of anionic surfactants based on cardanol

Scheme 4.12 Preparation of cardanol Gemini surfactants

4.2.3 Cationic Surfactants

Cationic amphiphiles can be produced from cardanol by attaching directly or indirectly to positively charged nitrogen atom. Moreover, synthesis of Gemini amphiphiles from cardanol as the new-generation amphiphilic molecules increases the efficiency and effectiveness as compared to their monomeric counterparts. In this respect, pyridinium and imidazolium Gemini amphiphiles are the most valuable and effective as recent class of cationic Gemini amphiphiles. It is necessary at the present time to develop of new amphiphilic molecule having better surface and interfacial properties to replace the conventional cationic surfactants. The cationic and Gemini amphiphiles have been used widely in production of biopolymers, nanomaterials, fabric softener, wetting agent, dispersant, emulsifier, foaming agent, bactericide, corrosion inhibitor, and the number of other applications continues to increase with time.

It was reported that the series of phenoxy ring containing long-chain imidazolium and pyridinium based on cardanol Gemini amphiphiles have been synthesized using different spacers (i.e., $-S-(CH2)_n-S$), where *n* is 2, 3, 4 and 6) as represented in Scheme [4.13](#page-74-0) [[22\]](#page-90-0). The results of this work proved that the phenoxy group containing Gemini imidazolium and pyridinium amphiphiles has the potential to be used as gene delivery agent.

A cardanol can also be linked with quaternary ammonium salt to produce cationic surfactants. It was reported that [[50\]](#page-92-2) quaternary ammonium salt surfactant (3-cardanoxy-2-hydroxy)propyl-*N*,*N*,*N*-trimethylammonium chloride was prepared by linking cardanol with glycidyl trimethyl ammonium chloride (GTA)

Scheme 4.13 Preparation of cardanol containing Gemini imidazolium and pyridinium amphiphiles

which can be prepared from reaction of epichlorohydrin and trimethylamine as starting materials. The produced amphiphiles showed greater surface activity characteristics through surface tension and conductivity measurements and reduced the water surface tension to 38.86 mN m⁻¹.

Cardanol was modified to produce Gemini surfactant based on phenoxy ring containing long-chain imidazolium and pyridinium amphiphiles which can be used as gene delivery agent. It is well established that the chemical structure of surfactants plays a major role to produce well-controlled size, shape and dispersed nanomaterials used in advanced polymer nanocomposites preparation. The biobased surfactants based on cardanol have been used to exfoliate montmorillonite nanomaterials in epoxy. Sulfonated cardanol can be functionalized to form phenolic ethers, which are used as polymer additives or in nanofibers. Polyaniline– cardanol sulfonate was used to design a nanostructured electromagnetic iron–clay composite as sensor for the detection of ascorbic acid. Moreover, cardanol glucosides are used to prepare efficient nanotubes. Cardanol also attracted more attention in the production of silver, alumna, silica and magnetite nanomaterials having superior physicochemical characteristics and advanced applications.

4.3 Polymers and Resins

The chemical structure of cardanol represented in Scheme [4.1](#page-66-0) shows great reactivity toward chemical reagents due to the presence of phenolic groups that are ortho and para directing groups for electrophilic aromatic substitution. Moreover, the presence of unsaturated alkyl groups increased the reactivity of cardanol to addition reactions to produce new valuable polymeric materials and resins having special characteristics as biopolymers. Figure [4.4](#page-75-0) shows the chemical reactions based on phenolic nature of cardanol that is responsible for production of different chemicals, polymers and resins [\[44](#page-92-3), [104,](#page-94-0) [145](#page-97-0)]. The aim of this section is hence to provide an overview of the field by highlighting and discussing the state-of-the-art, as well as selected perspectives of thermosetting materials derived not only from plant oils, but also from other renewable resources.

Cardanol can be polymerized directly either with using acids such as HCl, H_2SO_4 , HNO₃ and H₃PO₄ at temperature of 150–190 °C [[54\]](#page-92-4) or with other catalysts such as TiCl₄, $SnC1₄$, $A1C1₃$ or POC1₃ [\[33](#page-91-1)] to obtain polymers that find several applications. Different metals, their oxides, hydroxides or carbonates, such as Cu, Al, Co, Ni, Pb, Mn, Sb, Zn and Fe, have been used to polymerize cardanol at temperatures ranging from 120 to 150 \degree C [[52,](#page-92-5) [53\]](#page-92-6).

Different reaction modifications can be carried out on phenolic hydroxyl, aromatic ring and unsaturation(s) in the alkenyl side chain to obtain advanced polymer as described in the forthcoming section.

Fig. 4.4 Chemical reactions of cardanol

4.3.1 Thermosetting Cardanol Resins

There is of course increasing awareness of the need for green chemistry in chemical industries. Cardanol phenol attracted great attention to produce thermosetting materials having advanced properties and applications [[104\]](#page-94-0). These materials were cured by light, heat or chemical initiators. The thermoset materials produced from cardanol such as phenolic, epoxy, polyester and polyurethane resins have merits over petroleum-based thermosetting materials as a novel and appropriate sustainable feedstock, a cost–performance basis with high eco-friendliness values [\[73](#page-93-0), [119\]](#page-95-1). In previous works, rosin as natural product based on rosin was used to prepare advanced epoxy resins, curing agent, vinyl ester resins, polyester, alkyd and polyurethane [[11,](#page-90-1) [14–](#page-90-2)[16,](#page-90-3) [18\]](#page-90-4).

Scheme [4.14](#page-76-0) represents the use of cardanol as renewable resources in the design of thermosetting materials, such as epoxy, phenolic and vinyl ester resins. The properties of cardanol were increased by converting phenol cardanol to polyphenols using formaldehyde, paraformaldehyde and trioxane in the presence of sodium hydroxide or triethylamine as a catalyst to link phenol with methylene bridge or methyloyl groups [\[20](#page-90-5), [56\]](#page-92-7). It was found that [[57\]](#page-92-8) when ammonia was used as the catalyst in the cardanol–formaldehyde reaction the products were solid, but they were viscous liquids when sodium hydroxide, sulfuric acid or oxalic acid was used. Moreover, the condensation reactions between cardanol and hexamine, which is used as a source of formaldehyde and ammonia, are generally carried out at higher temperatures [[2\]](#page-89-0).

Scheme 4.14 Preparation of different cardanol epoxy and vinyl ester resins

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It was reported that cardanol and its polymers have interesting structural features for chemical modification and polymerization into specialty polymers. Cardanol– formaldehyde resins have superior properties when compared to conventional phenolic resins, such as flexibility (due to the internal plasticization effect of the long chain), that improved their processability. The presence of long alkyl groups increased the weathering resistance of cardanol polymers because it acts as waterrepellent group [\[146\]](#page-97-1). In addition, cardanol polymers have useful characteristics such as heat and electrical resistance, antimicrobial properties and insect resistance. However, in some cases natural fibers have been added, such as ramie, flax, and hemp fibers were added to cardanol–formaldehyde resins to resist the steric hindrance and reduced intermolecular interactions imparted by the C15 side chain for fabric structural applications (Maffezzoli et al. 2004). It was also reported that epoxy resin based on diglycidyl ether of bisphenol A was added with the cardanol–formaldehyde resins in order to reduce the amount of water released during the process and to reduce the porosity of cardanol–formaldehyde resins (Maffezzoli et al. 2004).

Recently, a novel benzoxazine prepolymer derived from cardanol was used to prepare phenolic resins in the presence of formaldehyde and an amine as represented in Scheme [4.15.](#page-77-0) A faster polymerization of cardanol-based benzoxazine monomer can be carried out at ambient temperature in the presence of cationic catalysts such as PCl5. The benzoxazine-based family of phenolics showed interesting characteristics as advanced composites such as good thermal properties and flame retardancy originated from phenolics, together with the mechanical performances and molecular design flexibility [[31\]](#page-91-2).

Scheme 4.15 Preparation of cardanol phenolic resins

Epoxy thermosets are the most common polymers that were produced more than 3 million tones and have different applications in coating, adhesives and composites. Epoxy resins are most commonly produced from derivatives of petroleum. More recently, bio-based feedstocks were used with great attention to produce epoxy from plastic waste and natural products as cheap sources [[11–](#page-90-1)[14,](#page-90-2) [16–](#page-90-3)[18\]](#page-90-4). The phenolic hydroxyl group of cardanol or unsaturated double bonds on the C15 alkyl side chain can be reacted either with epichlorohydrin (ECH) or with epoxidized, respectively, to produce epoxy resins. Moreover, production of polyphenol from cardanol used to prepare epoxy resins as represented in Scheme [4.14](#page-76-0). Cardanol was used in partial or total substitution of phenol in thermoset resins such as novolac resins [[32,](#page-91-3) [59\]](#page-92-9), vinyl esters [\[125](#page-96-0), [126](#page-96-1)] and also in epoxy resins modification [\[139](#page-96-2)]. The literature reports a number of workers [\[35](#page-91-4), [36](#page-91-5), [63](#page-92-10)] who have reported the synthesis of various types of epoxy compounds based on CNSL and its derivatives. Hydroxyl group of cardanol was reacted with ECH to produce epoxy using ZnCl₂ as catalyst in basic condition at temperature 95 °C [\[144](#page-96-3)]. This product is commercially available at Cardolite Corporation. The Cardolite (commercial epoxy based on cardanol) resins have been modified with bisphenol A to obtain adhesives having greater impact strength and shear resistance [\[44](#page-92-3)]. The curing agents of epoxy resins were also prepared from cardanol such as polyamines (Lubi and Thachil 2000) and self-cured epoxy based on cardanol [[117\]](#page-95-2) to apply in surface coatings. The double bonds of alkyl group attached to cardanol phenyl group can be epoxidized by reacting with chloroperbenzoic acid, perbenzoic acid and performic acid to produce polyepoxy cardanol [\[48](#page-92-0), [71](#page-93-1), [95,](#page-94-1) [128\]](#page-96-4). The epoxidation of these double bonds could also be performed with enzymes such as Candida antarctica lipase, with acetic acid and hydrogen peroxide, in toluene (yield 95 %) [\[76](#page-93-2)]. The chemical structure of epoxidized cardanol is represented in Fig. [4.5](#page-79-0).

Modified epoxy resins based on cardanol (Fig. [4.6\)](#page-79-1) were synthesized in two steps by phenolation of aliphatic chain (C_15H_{31}) , followed by reaction of phenol hydroxyl groups with epichlorohydrin [\[60](#page-92-11)]. The modified epoxy based on cardanol showed good performances after curing with polyamines when compared to diglycidyl ether based on bisphenol A [[60\]](#page-92-11).

Vinyl ester resins can be prepared as illustrated in Scheme [4.14.](#page-76-0) The functionalization of cardanol with acrylic/methacrylic monomer can be obtained to produce an eco-friendly vinyl ester resin [\[1](#page-89-1), [45,](#page-92-12) [77,](#page-93-3) [93\]](#page-94-2). The esterification of epoxy resin of cardanol–formaldehyde resins with methacrylic or acrylic acid can be obtained at temperature ranging from 80 to 100 $^{\circ}$ C in the presence of triphenylphosphine as a catalyst [\[5](#page-90-6), [123–](#page-95-3)[126](#page-96-1)]. The produced cardanol vinyl ester resin can be cured with styrene as monomer and benzoyl peroxide as initiator at 120 °C at faster rate than the classical poly(vinyl ester) resin with high thermal stability up to 285 $^{\circ}$ C [\[125](#page-96-0), [126\]](#page-96-1).

Polyurethane (PU) polymers play an important role for their diverse applications in coatings, adhesives, sealants, elastomers and plastics because they exhibit many desirable characteristics. Cardanol derivatives have been explored in polyurethanes for different applications [\[24](#page-91-6), [25,](#page-91-7) [27,](#page-91-8) [47](#page-92-13), [74](#page-93-4), [90](#page-94-3)]. It is well established that PUs were produced from reactions between polyols and polyisocynates. In

this respect, different polyols can be produced from cardanol phenols as represented in Scheme [4.16.](#page-80-0)

The PU produced from cardanol polyol derivatives has better thermal, mechanical and chemical characteristics [\[24](#page-91-6), [25,](#page-91-7) [90](#page-94-3), [91](#page-94-4), [112,](#page-95-4) [113](#page-95-5), [130\]](#page-96-5). Low-viscosity polyols with a range of hydroxyl values have been prepared [\[127](#page-96-6)]. Scheme [4.16](#page-80-0) shows the production of trihydroxy cardanol from reaction of cardanol with ECH and diethanol amine. For synthesizing polyols, the authors have prepared first monoglycidyl ether of cardanol, followed by ring opening to prepare the diol or reaction with diethanol amine to give a triol (Scheme [4.16](#page-80-0)). The cardanol-based polyols have better hydrolytic stability compared to the triglyceride oil-based polyols. The cardanol-based PU exhibited excellent thermal stability. The second route to produce cardanol-based triol was based on the reaction of the glycerol monochlorohydrin with cardanol [\[127](#page-96-6)].

Mannich [[61,](#page-92-14) [96](#page-94-5)] polyols cardanol can be produced from its reaction with formaldehyde and aliphatic amines (ethylene diamine, diethylene triamine and triethylenetetramine) (Scheme [4.17](#page-80-1)). These cardanol-based Mannich polyols produced rigid polyurethane foams that have excellent good physico-mechanical and fireproofing properties and applied for coating of different substrates [\[3](#page-90-7)].

Melamine cardanol-derived Mannich base polyol (MCMP) can also be prepared (Scheme [4.18\)](#page-81-0) via a two-step process. First, cardanol was allowed to react with paraformaldehyde melamine and diethanolamine to yield mixed Mannich bases which were subsequently propoxylated to give the MCMP [[147\]](#page-97-2). Polyisocyanate reacted with MCMP to produce rigid PU. It was demonstrated that the melamine incorporated into the MCMP molecular structure increased the thermal stability and the flame retardancy of the PU.

Cardanol (Fig. [4.1\)](#page-64-0) contains alkyl groups that have different degrees of unsaturation, namely monoene, diene and triene. However, phenol reacted with cardanol via Friedel–Crafts alkylation (Scheme [4.19\)](#page-82-0) to produce resole-type prepolymer after reaction with formaldehyde under basic conditions [\[55](#page-92-15)].

Scheme 4.16 Preparation of different cardanol polyols

Scheme 4.17 Preparation of cardanol-based Mannich polyols

(MCMP)

Scheme 4.18 Preparation of melamine cardanol-derived Mannich base polyol

These prepolymers were used to synthesize phenolic foams [[65\]](#page-92-16). The phenolic foams based on cardanol increased the flexural strength as compared to pure phenolic foams because the incorporation of cardanol does improve the toughness of phenolic foams.

Synthesis of new polyphenols with attractive properties from natural phenolic compounds such as cardanol by oxidative polymerization using enzymes has been reviewed by Uyama et al. [\[140](#page-96-7), [141\]](#page-96-8). Enzymic homo- and copolymerization of alkylphenols derived from cashew nutshell gave homopolymers that are soluble in organic solvents, but the copolymers were cross-linked, with negligible solubility [\[4](#page-90-8)]. The enzymic polymerization was found to be dependent on the solvent mixture used. Polymerization in a dioxane–water solvent mixture resulted in spherical particles in the case of homopolymerization, while structures without distinctive morphologies were obtained in the case of copolymerization.

A unique polyol (Scheme [4.20\)](#page-83-0) has been designed and synthesized by condensation of cardanol with epoxy resin using ethyltriphenylphosphonium bromide

Scheme 4.19 Cardanol polyphenol polyols

(ETPPB) as catalyst and subsequently been used as polyol component (soft segment) in synthesis of polyurethane dispersion. The clear coating compositions prepared from these PUs, with and without drier (catalyst) additive, have been applied on metal substrate and cured under ambient conditions [\[94](#page-94-6)].

Rekha and Asha [\[105,](#page-94-7) [106](#page-95-6)] reported the synthesis of UV-curable telechelic urethane–methacrylate cross-linkers based on cardanol. They demonstrated that the presence of both the hydrogen bonding units and bulky hydrophobic terminal units was required for the formation of three-dimensional honeycomb patterns or vesicles from a solvent mixture of tetrahydrofuran (THF) and water or THF alone [[37](#page-91-9)]. Cardanol and the saturated analogue, viz. 3-pentadecylphenol, were incorporated as pendant units to the side chain urethane–methacrylate through hydrogen bondable urethane linkage (Scheme [4.21](#page-83-1)), and the authors observed various morphologies such as tubes, spheres and honeycomb patterns in dropcast films [[37\]](#page-91-9).

Scheme 4.20 Preparation of cardanol polyols soft segments

Scheme 4.21 Preparation of cardanol polyurethane methacrylate

4.3.2 Production of Biopolymers

There is of course increasing awareness of the need for green chemistry in chemical industries. For example, high-content cardanol, by-product derived from the cashew industry, has recently been used to produce bio-composites [\[31](#page-91-2)]. The bio-composites can be produced either by introducing of biodegradable groups to conventional polymers or by producing composites based on naturally occurred polymers based on renewable materials. Natural polymers are produced from feedstocks derived from renewable sources, while synthetic polymers are produced from non-renewable petroleum resources. To provide added value to biodegradable polymers, some advanced technologies have been applied. They include active packaging technology and natural fiber reinforcements. Nanoclay has been used with biodegradable polymers, especially with starch and aliphatic polyesters

Scheme 4.22 Preparation of hydrogenated cardanol poly(acrylic acid)

to prepare nano-biocomposites. It is well reported that the conventional polymers based on petroleum resources are resistant to degradation [\[26](#page-91-10), [89](#page-94-8)]. The addition of biodegradable polymeric materials has encouraged the development of such materials from readily available, renewable inexpensive natural sources [\[41](#page-91-11)[–43](#page-91-12), [75](#page-93-5), [78,](#page-93-6) [114](#page-95-7)]. These renewable resources hold beneficial characteristics for being nontoxic, biodegradable and environmentally friendly.

There are different methods based on random and block copolymerization or grafting used to improve both the biodegradation rate and the mechanical properties of the final products of the biodegradable polymers. Shedge et al. [\[115](#page-95-8)] incorporated 3-pentadecylcyclohexylamine (3-PDCA) derived from hydrogenated cardanol onto poly(acrylic acid) to prepare a series of hydrophobically modified poly(acrylic acid) (Scheme [4.22](#page-84-0)).

Kadam et al. [\[70](#page-93-7)] reported the preparation method of 1-isocyanato-3-pentadecylcyclohexane (1-IPDC) from 3-pentadecylcyclohexylamine (3-PDCA) (Scheme [4.21\)](#page-83-1). It was end-capped with poly(ethylene oxide) (PEO) of different molecular weights to improve the self-assembling properties of these associating polymers.

Hourdet et al. [[58\]](#page-92-17) reported synthesis of hydrophobically modified polyacrylamides, used in petroleum applications, containing random distribution of hydrophobes and studied their thermodynamic properties. These copolymers were obtained by free radical solution copolymerization of trimethylsilylacrylamide with a hydrophobic comonomer, namely 3-pentadecylcyclohexylacrylamide [3-PDCAM] (Scheme [4.23\)](#page-85-0).

Flexible thermoset polymer can be produced from cardanyl acrylate or 3-pentadecenyl phenyl acrylate, obtained by the base-catalyzed reaction of cardanol and acryloyl chloride (Scheme [4.24](#page-85-1)) [\[69](#page-93-8), [92](#page-94-9), [118](#page-95-9)].

Preparation of liquid crystal based on renewable cardanol moieties was studied by modification of cardanol with methacrylate groups followed by radical polymerization as described in Scheme [4.25](#page-86-0) [[85\]](#page-93-9). The poly(methyl methacrylate) derivatives containing the cardanol moieties were prepared using 2-hydroxy-3-cardanylpropyl methacrylate (HCPM) and methacrylate (MMA) as monomers. These polymer films exhibited good optical transparency in the visible light region. The LC cells made from the polymer having 100 mol\% of

Scheme 4.23 Preparation of hydrophobically modified polycardanol–co-polyacrylamides

Scheme 4.24 Preparation of flexible polymer of 3-pentadecenyl phenyl acrylate

2-hydroxy-3-cardanylpropyl methacrylate (HCP100) as the alignment layer showed vertical LC alignment. The thermal stability of the LC cell made from UV-irradiated modified cardanol film was enhanced due to the formation of the cross-linked structure of the unsaturated hydrocarbon in the cardanol group.

Cardanol has been utilized as a starting material for the synthesis of bifunctional monomers that can be used to produce biopolymers using step growth method (Fig. [4.7\)](#page-87-0) [[19,](#page-90-9) [23,](#page-91-13) [46,](#page-92-18) [62,](#page-92-19) [72,](#page-93-10) [82–](#page-93-11)[84,](#page-93-12) [86–](#page-93-13)[88,](#page-94-10) [99,](#page-94-11) [107–](#page-95-10)[110,](#page-95-11) [143\]](#page-96-9).

These bifunctional monomers were utilized for the synthesis of a variety of high-performance polymers such as aromatic polyimides, polyamides, poly(azomethine)s, poly(amideimide)s, poly(esterimide)s, polyesters, polyhydrazides, polyoxadiazoles having higher thermal and mechanical properties. The results confirmed that the presence of the C15 alkyl chain along the polymer backbone disrupted the packing of polymer chains, as well as provided the additional "handle" for interaction with solvents, thereby enhancing the solubility of these polymers when compared to control polymers, i.e., polymers without the C15 alkyl chain. The polymers containing pendent pentadecyl chains indicated the depression in glass transition temperature (T_g) which could be attributed to the presence of pentadecyl chains, which decreases the intermolecular interactions and increases the segmental motion in the polymer backbone. A large window between glass transition temperatures and initial decomposition temperatures of

Scheme 4.25 Preparation of poly(methyl methacrylate) derivatives containing the cardanol moieties

the polymers containing pendent pentadecyl chains was observed, which gives an opportunity for these polymers to be melt-processed or compression-molded.

The application of amphiphilic materials based on cardanol used for preparation of nanomaterials and exfoliation of clay has an important role in the preparation of nanocomposites with superior characteristics. The clay minerals were completely exfoliated after organic modification with cardanol, incorporating reactive groups: $-N(CH_3)_2$, NH_2 or two NH_2 functional groups as illustrated in Scheme [4.26](#page-87-1) [[100\]](#page-94-12). The exfoliated organic modified clay was used to prepare epoxy nanocomposites.

It was also reported that cardanol derivatives can be used as capping agent for iron oxide nanomaterials to act as oil spill collectors [\[142](#page-96-10)]. It was found that cardanol–furfuraldehyde/maghemite composites, represented in Scheme [4.27](#page-88-0), used to produce magnetic green resins able to collect petroleum spilled on the water due to their lower density allowing their easy flotation and magnetic behaviors.

The cardanol and furfural resins were polymerized through acid catalysis (Scheme [4.27\)](#page-88-0) to produce resins that act as capping agent for magnetic materials and have ability to easily disperse in crude oil.

Fig. 4.7 Bifunctional bio-cardanol monomers

Scheme 4.26 Preparation of cardanol alkyl amines

Scheme 4.27 Preparation of cardanol–furfuraldehyde composites

4.4 Conclusions and Outlook

The cardanol attracted great attention to produce advanced chemicals based on different routes of chemical modification of the alkyl side chain in the *meta* position, aromatic moieties and phenol groups, which allow the formation of products with a potential industrial value. The cheap price and abundantly available (world availability: 450,000 metric tons per year) versatile industrial raw material of great promise for the replacement of petrochemicals. Considerable attention has been devoted to transformations of the cardanol to different types of surfactants. Cardanol surfactants have outstanding antimicrobial properties which can assist mankind fight parasites and harmful microorganisms in the agricultural and medicinal fields. It can be a valuable alternative to many of the troublesome chemical agents in use today. The development of surfactants to reactive surfactants based on assist to develop new materials with superior properties and added values such as conducting nanomaterials and high-performance polymers to address the issue of processability by taking advantage of the flexible pentadecyl chain. The polymeric materials based on cardanol such as epoxy resins, phenalkamines, friction materials, brake lining agents have already found place in the market (M/s Cardolite).

In spite of the massive literature accumulated on the applications of cardanol, many areas remain which have yet to utilize this attractive raw material. The use of cardanol in the field of engineering polymers has not been widely reported. It could be a promising candidate for making bio-based composites. Moreover, cardanol is a valuable raw material for generating a variety of soft nanomaterials such as nanotubes, nanofibers, gels and surfactants. Novel bio-based surfactants, glycolipids and polymers can be derived from cardanol, and their subsequent selfassembly into functional soft materials. It is expected from these studies that new soft materials can be produced from using cardanol surfactants. Therefore, the prepared surfactants contribute to the environment encouraging nobler uses to some of the available renewable resources. A number of water-based resins can be synthesized with cardanol surfactants to apply in the coating industry due to a number of advantages they possess, including eco-friendly technology, room temperature synthesis, chemical inertness, high oxidation and abrasion resistance, excellent thermal stability, very low health hazard. The commercialization of all these technologies, however, will require further research and development for cost-effective solutions.

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Chapter 5 Liquid Crystalline Polymers and Molecules Derived from Cardanol, A Natural Phenol Derivative: A Summary

K.Y. Sandhya and C.K.S. Pillai

5.1 Introduction

Over a period of millions of years, nature has evolved a variety of polymers of complex structures and highly specific functions from a small set of subunits such as amino acids, nucleobases, and hexoses through the combination of covalent bonds and noncovalent assemblies [\[1\]](#page-112-0). The structural diversity arising out of these combinations are enormous which offers ample opportunities for better development and use. In addition, there are a number of other factors that favor the use of natural monomers or polymers as a source for the production of polymers for various applications. The resistance of synthetic polymers to chemical, physical, and biological degradation has raised serious disposal problems [[2\]](#page-112-1). The concerns on environmental pollution including the increasing difficulties of waste disposal (caused by the nonbiodegradability of synthetic polymers in general), the deepening threat of global warming (due to carbon dioxide released during production and incineration), tensions in the gulf countries over oil, and the fear of a possible future depletion of oil add to the move to a bio-based material policy [\[3–](#page-112-2)[5\]](#page-112-3), which has gained importance for polymers from bioresources. Apart from the availability of various natural polymers, there are also a variety of natural monomers available among agricultural and forest products lending further possibilities to have a fresh look into their utilization. Therefore, the synthesis of polymers from renewable resources has attracted considerable attention of researchers throughout the world. In this respect, the phenolic unsaturated hydrocarbon material called cashew nut shell liquid (CNSL), a reddish brown viscous fluid extracted from the cashew nut shell, the waste product obtained

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from *Anacardium occidentale* (cashew tree), holds considerable promise as a source of unsaturated hydrocarbon phenol which serves as an excellent monomer for polymer production. CNSL consists of four major components namely 3-pentadecenyl phenol (cardanol), 2-methyl, 5-pentadecenyl resorcinol (2-methyl cardol), 5-pentadecenyl resorcinol (cardol), and 6-pentadecenyl salicylic acid (anacardic acid), and this paper focuses on cardanol. The cardanol is widely used in the manufacture of special phenolic resins for coatings, lamination, and friction materials and recently many specialized polymers such as liquid crystalline polymers (LCPs) and nonlinear optical (NLO) polymers. This chapter reviews the state of the art of NLO polymers and LCPs developed using cardanol carried out as part of the program on specialty polymers synthesized or prepared, at the Polymer Division of NIIST by Dr. C. K. S. Pillai and his team, to study and develop high-performance and functional polymers and composites based mostly on the regionally available natural resources such as bio monomers, natural polymers, and natural fibers.

The natural monomer, cardanol, has shown to possess special structural features for chemical modifications to design high-value polymers [\[6](#page-112-4), [7\]](#page-112-5) and functional materials. This involves a value addition of many orders of magnitude, and the chemical transformation includes intermediates that are 100 % chemically pure such that all the problems of CNSL utilization can at a stretch be overcome. Cardanol belongs to the family of long-chain hydrocarbon phenols which are phenolic lipids present in plants. They are wide spread in tropical temperate climates in trees, shrubs, many small plants, and certain bacterial sources. They are monohydric or dihydric phenols or phenolic acids with a hydrocarbon side chain at the *meta* position. In general, many of these monomers are found to be mixtures of four components varying in the degree of unsaturation of the side chain [[8\]](#page-113-0). Recently Pillai et al. formed a new polymer based on cardanol. Cardanol was oxidized with phase transfer catalyzed permanganate, and the oxidized product 8-(3-hydroxy phenyl) octanoic acid was copolymerized with *p*-hydroxy benzoic acid (*p*-HBA) to produce a thermotropic liquid crystalline copolymer [\[9](#page-113-1)], and Saminathan et al. reported a polymer containing 2-pentadecyl phenyl azo group with lower phase transition temperature made from cardanol [\[10](#page-113-2)] and suggested it to be a potential NLO material.

Thus, the structure of cardanol as described is suitable for making variety of polymers including functional polymers such as LCPs and NLO polymers and many other functional properties and assembled structures and can be achieved by modifying the monomer. Being unsaturated increases the versatility of the monomer, and these phenols can undergo oxidative coupling polymerization giving rise finally to cross-linked polymer films and hence leading to their applications in surface coatings.

5.2 What Are Liquid Crystals?

Before we go into details of LCPs, let us see a little bit about the basics of liquid crystals. The word "Liquid Crystal" is coined from liquids and crystals. Crystalline materials on melting completely lose their (a) long-range positional

order and (b) long-range orientational order. LCs on melting do not completely lose their long-range orders. They retain partial order and hence the anisotropy of the crystals while maintaining the mobility of the liquid phase. Thus, materials that possess both the flow of the liquid and the anisotropy and order of the crystal or, more clearly those materials which exhibit an intermediate phase between the crystal and the liquid, are called LCs. And of course the polymers which possess this property are termed LCPs. The LCs possess the typical properties of a fluid such as mobility, flow, and inability to support shear and certain crystalline characteristic properties such as periodic arrangement of molecules in certain order and anisotropy. Certain structural features are often found in molecules forming LC phases and are termed mesogens. LC behavior originates from the presence of mesogens which are chemical entities with structures akin to rod-like, disc-like, or lath-like structures. The ordering of the mesogens in the liquid crystals can be of the type of nematic, smetic, or cholesteric. LCs are classified mainly into two: thermotropic: the LC phase is formed during heating; and lyotropic: the LC phase is obtained by changing the concentration of the molecules in a solvent.

LCPs rose into prominence because of (a) the impressive high-performance properties obtained through spontaneous orientation during melting resulting from a pronounced anisotropy in shape and (b) the applications in imaging technology, nonlinear optical, telecommunications, etc., arising from the electro-optical and magnetic properties of the mesophase. The high-performance LCPs are characterized by their exceptional mechanical properties, spontaneous orientation, ease of processing, etc. The industry faced problems such as high processing temperature and high cost of the monomer. This laboratory (NIIST) addressed strategies to reduce the melting temperature (T_m) and make the process cost-effective. Naturally occurring nontoxic and cost-effective monomers that have in-built short methylene spacers attached to electrophilic carbonyl were used with an added advantage of controlled biodegradability. LCPs containing azobenzene mesogen are emerging as an attractive area because of their potential applications in LC displays, NLO materials, information storage, devices, etc. The long aliphatic lateral side chain and hydrogen bonding stabilize the mesophase.

5.3 Liquid Crystalline Polymers (LCPs) from Cardanol

Thermotropic LC transition is brought out by temperature, and the high T_m of thermotropic LCPs was one of the major problems hampered the development of LCPs in industrial application. Processable LCPs were highly desired due to their high-performance applications. This was hindered ironically due to the structural requirement of LC formation, which requires rigid structures and consequently were prepared from aromatic monomers. Many approaches have been adopted to lower the T_m of LCPs to processable range, and the approaches include the introduction of rigid kink structures into the main chain of LCPs or flexible spacers into the structure without destroying the mesogenic order. Incidently, the structure

of cardanol (Fig. [5.1\)](#page-101-0) with its rigid phenolic group and flexible side chain at the meta position had the structural features suitable for lowering the T_m of LCPs when introduced as comonomers. In this context, Pillai et al. [[9\]](#page-113-1) prepared a new monomer, 8-(3-hydroxyphenyl) octanoic acid (3-HPOA), from cardanol and synthesized the homopolyester of 3-HPOA and its thermotropic LC copolyester with *p*-HBA (Scheme[5.1](#page-101-1)). The DSC scan showed endothermic peaks at 256 and 342 °C, respectively. When viewed under crossed polarized light, the copolyester was anisotropic between 230 and 409 °C. However, decomposition of the polymer was observed above 395 °C. On cooling from 400 °C, no exothermic transition to a mesophase was observed and assumed as due to the partial decomposition. However, when the polyester was heated to 350 °C and cooled, a single transition was observed at 275 °C, and Fig. [5.2](#page-102-0) shows the optical micrograph of the mesophase observed at 390 °C.

In order to tackle this problem, a strategy of using comonomers consisting of hydroxyphenylalkanoic acids such as HPAA, HPPA, and HPOA (Fig. [5.3](#page-102-1)) which are characterized by the presence of a short flexible aliphatic group directly attached to the aromatic moiety (this structure is expected to reduce the T_m without affecting the thermal stability deleteriously) and an aliphatic carbonyl (which are expected to be more sensitive to hydrolytic degradation to induce

Fig. 5.2 Optical micrograph of the copolyester of m-HPOA and *p*-HBA captured under crossed polarized light at 290 °C (Pillai et al. Thermotropic LC copolyester based on 8-(3-hydroxyphenyl) octanoic acid and *p*-hydroxybenzoic acid, Polymer Communications 1992) (Reprinted with permission from ref. [\[9\]](#page-113-1) 2003, Elsevier)

Fig. 5.3 Structure of the monomers used for LCP preparation (HPOA is hydroxyl phenyl octanoic acid prepared from cashew nut shell liquid)

biodegradability) was adopted [\[11](#page-113-3)]. As mentioned earlier, HPOA was prepared from cardanol by permanganate oxidation [\[9](#page-113-1)]. The terpolyesters synthesized by

acidolysis polycondensation of the acetates of the monomers exhibited liquidlike flow with nematic Schlieren texture under polarized light microscopy (PLM). However, its thermal properties were not encouraging.

In an attempt to improve the thermal stability of the polymer, another polymer [poly(2-bromo-4- hydroxybenzoate-co-3-hydroxyphenyl octanoate)] containing Br group was synthesized. This polymer also showed clear nematic LC behavior. Composition variation study carried out on these polymers indicated that the bromo derivative has a good range of nematic phase for processability studies. Melt polycondensation techniques were employed to prepare the semiflexible random thermotropic copolymers containing HPOA with either 3-chloro-4-hydroxy benzoic acid (CHBA) or 3,5-dibromo-4-hydroxy benzoic acid (DBHBA) [\[12](#page-113-4)].

The copolyesters were characterized by Fourier transform infrared (FTIR) spectroscopy, dilute solution viscometry, hot stage PLM, differential scanning calorimetry (DSC), thermogravimetric analysis (TGA), and wide-angle X-ray diffraction (XRD). Studies revealed that the amount of HPOA as disruptor incorporated into the backbone of substituted 4-hydroxy benzoic acids has a detrimental effect on the LC behavior. Mesophase transition temperatures observed were between 210 and 250 °C, and the optical textures were of typical nematic phases (Fig. [5.4](#page-103-0)). The degree of crystallinity decreased with increase in HPOA content. The thermal stability of the copolymers was in the range of 310–370 °C. The WAXD studies reveal the existence of small semicrystalline region embedded in the matrix of amorphous structure.

In another attempt [\[13\]](#page-113-5) aromatic–aliphatic thermotropic LC terpolyesters derived from 2,6-naphthalenedicarboxylic acid, hydroquinones, and HPOA, a monomer with built-in kink and flexible moieties, were prepared by a melt polycondensation reaction. These polymers were characterized for their thermotropic LC properties. The study of effect of variation in the composition of the polyester on the

Fig. 5.4 Nematic threaded texture of polymer (Reprinted with permission from ref. [\[12\]](#page-113-4) 2008, Wiley)

LC behavior and thermal properties suggested that increasing the content of kinked units increased the amount of structural irregularity and decreased the isotropization temperature and the T_{m} , and thermal stability of the polyesters were found to decrease with increase in the HPOA content. The formation of the LC phase was intact up to 40 mol% of HPOA in the copolyester. In a study of the effect of substituents on the thermal properties of the terpolyesters, it was found that introduction of a phenyl substituent on the hydroquinone ring lowered the transition temperature compared to substituents such as methyl or methoxy. The possible applications of these LCPs could be in the areas of eco-friendly plastics and biomedical implants.

5.4 LCPs Containing Azobenzene Groups Made from Modified Cardanol

A novel LC polymer containing azophenyl group was synthesized by performing a diazotization reaction between hydrogenated cardanol or 3-pentadecyl phenol and *p*-aminobenzoic acid and polymerization of the resulting monomer to form poly 4-[4-hydroxy-2-pentadecyl phenyl)azo]benzoic acid (Vb) [[10\]](#page-113-2), and compared with its unsubstituted counterpart poly 4-[4-hydroxyphenyl)azo]benzoic acid Va. The DSC curve of polymer Va exhibited endotherms at 262, 337, and 382 °C. At 265 °C, a threaded nematic texture was observed under PLM which remained up to the iisotropization temperature of $382 \degree C$. The effect of the pendant flexible substituent of $-C_{15}H_{31}$ in Vb decreased its transition temperatures as compared to those of Va. When observed under PLM, the polymer melted and exhibited a Schlieren texture of the nematic phase at 135 °C (Fig. [5.5](#page-105-0)) and isotropized at 262 °C which did not appear in the DSC scan. Thus the presence of the pendant flexible hydrocarbon substituent in polymer Vb lowers its transition temperature of crystal to mesophase by 130 °C and its isotropization temperature by 120 °C. Earlier it was shown that the presence of a side chain enhances the solubility of polymer in common organic solvents, and similarly, the 2-pentadecyl-substituted *p*-phenyleneazo-group-containing LC polyester had better solubility than the unsubstituted counterpart. Azo-based monomers and polymers are well known to give NLO behavior, and for such applications the monomers/polymers are supposed to not absorb beyond 800 nm, and the polymer Vb and its monomer did not absorb beyond 500 and 715 nm, respectively, indicating possibly that these materials or related structures might show useful NLO properties.

5.5 LCPs from Cardanol with Cross-linked Networks

It was shown further that cross-linked LCPs, which are attractive due to the possibilities of freezing the LC phase, could be synthesized from cardanol, and the unsaturated C15 hydrocarbon side chain of cardanol can be utilized for

Fig. 5.5 LC nematic threaded texture of poly 4-[4-hydroxy-2-pentadecyl phenyl)azo]benzoic acid

cross-linking reactions. [\[14](#page-113-6)]. These type of cross-linked polymers with LC properties pass through a mesophase during curing and hence can retain the mesophase in the final state. An earlier work of the synthesis of poly(cardanyl acrylate) from cardanol yielded cross-linked polymer beads [\[15](#page-113-7)], directly, due to the auto crosslinking of the unsaturated side chain of cardanyl unit [[16\]](#page-113-8). Therefore, this property of the cardanyl side chain was used to form cross-linked network structures of LC polymers. Here in this work, a series of LC polymers based on azobenzene mesogen (Scheme [5.2](#page-106-0), [5.3,](#page-106-1) and [5.4\)](#page-107-0) were synthesized from cardanol. In one of the polymer (IV), the -C15 unsaturated hydrocarbon side chain of cardanol was utilized for cross-linking reactions during curing. Another polymer (V) was synthesized by using the unsaturation in the side chain of cardanol which was able to cast into a film from solution and later thermally converted to an insoluble transparent film that retains the LC phase. The azobenzene group was introduced by the diazo coupling reaction between cardanol and 4-aminobenzoic acid (Scheme [5.2\)](#page-106-0). The resulting monomer, 4-[(4-cardanyl)azo]benzoic acid (**I**) was polymerized by self-polycondensation using thionyl chloride and pyridine to get poly[4-[(4-cardanyl)azo]benzoic acid] (**III**) (Scheme [5.2\)](#page-106-0). (**I**) was also converted to poly[4-[(4 acryloyloxycardanyl)azo]benzoic acid] (**IV**) through acryloylation followed by free radical polymerization (scheme [5.3\)](#page-106-1). Cationic polymerization of (**I**) gave poly {4-[(4-cardanyl)azo]benzoic acid} (**V**) (Scheme [5.4\)](#page-107-0). The monomers and polymers were characterized using elemental analysis, IR, ${}^{1}H$ and ${}^{13}C$ NMR, and UV– visible spectroscopy. Polymer (**III**) was neither soluble in any solvent nor fusible. Polymer (**IV**) was insoluble, but swelling was observed with many solvents, and polymer (**V**) was soluble in polar solvents indicating that it is not cross-linked at this stage. On slow heating, polymers **IV** and **V** also got converted to totally insoluble products. The IR spectra indicated that polymer **III** is a fully cross-linked

polymer and the involvement of side-chain unsaturation in bond formation leading to cross-linking. Threaded nematic textures were obtained when polymer (**III**) was heated to below 200 °C and rapidly quenched to room temperatures and observed under PLM. On slow heating, polymers **IV** and **V** got converted to fully crosslinked products. While polymer **III** gave a nematic phase with threaded texture, polymers **IV** and **V** exhibited nematic phases with schlieren textures (Fig. [5.6\)](#page-107-1). The significance of polymer V lies in its capability to be cast into a film from solution and later thermally converted to an insoluble transparent film that retains the LC phase. The important property of these polymers is that the cross-linking in this case is developed from an unsaturated hydrocarbon side chain and was the first of the kind of network developed through a side-chain unsaturation.

Scheme 5.4 Synthesis of polymer V

Fig. 5.6 Nematic Schlieren texture of polymer IV and V

Further work involved synthesis and characterization of main-chain and sidechain LCPs containing substituted (methyl and long alky side chain) azobenzene mesogens [\[17](#page-113-9)], and the representative structure of the polymers is given in Fig. [5.7.](#page-108-0) A series of side-chain LC polyacrylates containing substituted (methyl/ long alkyl) azobenzene mesogens attached directly to the polymer backbone using monomers, 4-[(4-acryloyloxyphenyl)azo]benzoic acid, 4-[(4-acryloyloxy-3-methylphenyl)azo]benzoic acid, 4-[(4-acryloyloxy-2-methylphenyl)azo]benzoic acid, and 4-[(4-acryloyloxy-2-pentadecylphenyl)azo]benzoic acid, in which the latter one is made from cardanol, in order to investigate the combined effects of the laterally substituted alkyl and the hydrogen-bonded carboxyl groups on the phase behavior of azobenzene mesogen containing side-chain polymers. The pentadecyl substituent did not produce the expected level of decrease in the transition temperature, and this effect was explained as due to alignment of the side chain along the major axis of the mesophase thus giving rise to stabilization of the mesophase.

Fig. 5.7 Representative structure of the azobenzene side-chain polyacrylates. All the polymers exhibited LC phase. The azobenezene side-chain polymers with $R' = C_{15}H_{27} C_{15}H_{31}$ are made from cardanol

While the polyacrylates containing methyl substituted azobenzene mesogen exhibited stir opalescence and low viscosity characteristic of nematic phase and exhibited only nematic phase, a polymorphic phase behavior with additional smectic phase was observed in the case of the side-chain polymer with the long alkyl side chain (C_15H_{31}) , made from cardanol. The carboxylic acid groups of the azophenyl mesogen are found to exist as hydrogen-bonded dimers as indicated by IR and NMR and finally confirmed by WAXD. It was proposed in the study that the long alkyl substituent might be involved in the stabilization of the mesophase through its alignment parallel to the long axis of the molecule and might probably be supporting the formation of smectic phase by reducing the transition temperature low enough to maintain the layered arrangement of hydrogen-bonded dimers. The schematic of the formation of the smectic phase aided by hydrogen-bonded carboxylic acid dimers is given in Scheme [5.5.](#page-109-0)

In the case of main-chain polymers, a short alkyl substitution such as a methyl group brings down the transition temperature in an expected way, but the long alkyl side chain, $C_{15}H_{31}$, instead of destroying the mesophase stabilizes it and was thought to be possibly aligning parallel to the molecular axis of the polymer. In the case of the side-chain polymer, the long alkyl chain induces formation of a smectic phase in addition to the nematic phase. The presence of the unsaturated side chain induces formation of cross-linked network structures without destroying the mesophase.

5.6 Attempts to Prepare LCPs with NLO Properties from Cardanol

It was earlier mentioned that the Poly[4-[hydroxy-2-pentadecyl)azo]benzoic acid] derived from 3-*n*-pentadecyl phenol, the hydrogenated derivative of cardanol, is LC and is potentially a NLO material [[10\]](#page-113-0). Azobenzene derivatives and polymers

Scheme 5.5 Schematic proposal for the probable smectic layer arrangement in side-chain LCP, poly[4-[(4-acryloyloxy-2-pentadecylphenyl)azo]benzoic acid, (the rigid rod units are carboxylic acid dimers)

containing donor–acceptor groups in conjugation are known for their NLO activity [[18,](#page-113-1) [19](#page-113-2)]. While the rigidity and the planarity of azobenzene group provide the shape required for LC property, it has structural features that can be modified to incorporate property profiles for photoresponsive behavior. LCPs containing azobenzene mesogen are interesting because they combine the properties of anisotropy and photoresponsive behavior in a single polymer [\[20](#page-113-3)]. Thus, azobenzenebased LCPs have a number of applications in areas such as LC displays, NLO materials, and information storage devices [[21,](#page-113-4) [22\]](#page-113-5). A number of side-chain and main-chain polymers having second-order NLO properties have been synthesized starting from cardanol and have been characterized using spectral and thermal analysis. A novel LCP containing azophenyl group was synthesized by performing a diazotization reaction between cardanol or pentadecyl phenol and *p*-aminobenzoic acid and polymerization of the resulting monomer to get poly 4-[4-hydroxy-2-pentadecyl phenyl)azo]benzoic acid [\[10](#page-113-0)]. Though the polymer exhibited clear nematic threaded texture under PLM, it did not have the thermal stability. Relaxation of the alignment of dipoles is an issue with NLO polymers, to retain the NLO property in a polymer, and it is important to prevent the dipole reversal or relaxation from their dipolar alignment.

One of the methods recommended to arrest the relaxation is the introduction of cross-linking during poling which "lock in" the dipole alignment due to the restricted molecular mobility. Therefore, instead of using hydrogenated monomer, Saminathan et al. later synthesized LC polymers with unsaturated side chains, and the unsaturated C_{15} hydrocarbon side chain of cardanol was utilized for crosslinking reactions to produce cross-linked network structures [\[14](#page-113-6)]. Azo-based LC

polymers are well known to give NLO behavior, and for such applications the polymers should not absorb in the UV range of >800 nm. The LC polymer prepared did not absorb in this region indicating possibly that this polymer or related structures might show useful NLO properties.

Polyesters having an NLO chromophore with a dipole moment aligned transversely to the backbone with LC properties, and when poled at the temperature region of LC phase, transition showed larger NLO activity than that of the similar polymer with no LC phase. The LC polymer possessed better temporal stability at a longer time region of storage and found to possess excellent stability during the whole process of NLO studies. It was thought that the orientational stability at the initial time after poling can be improved by introducing flexible groups in the main chain. NLO rigid main chain polyesters containing azobenzene mesogens with high thermal and temporal stabilities were synthesized from derivatives of hydroxyphenylazobenzoic acid [\[23](#page-113-7)]. The NLO properties of the homopolymer, poly[4-(4-hydroxy-3-methyl phenyl)azo]benzoic acid, and copolymers of 4-[(4-hydroxy-3-methylphenyl)azo]benzoic acid, 4-[(4-hydroxy-2-methylphenyl)azo]benzoic acid, and 4-[(4-hydroxy-2-pentadecyl phenyl)azo]benzoic acid (PSCpHBA) (Scheme [5.6\)](#page-110-0) with *p*-HBA were measured by the Maker fringe technique (Fig. [5.8\)](#page-111-0). The thermal and LC phase behaviors of the polymers were examined by DSC and PLM. The polymers except that of PSCpHBA exhibited nematic threaded and Schlieren textures. The LC orientations gave rise to an enhanced NLO response. This suggests that the LC phase contribute to the alignment of chromophores [[20,](#page-113-3) [24\]](#page-113-8). This study suggests that the rigid aromatic main chain exhibiting an LC phase is a promising simple method to synthesize highly stable NLO polymers. The polymers had high thermal and temporal stabilities for second-harmonic generation activity because of their rigid aromatic backbone. The SHG activity of the polymer PSCpHBA poled at 280 °C did not undergo any loss even when stored at temperatures of 100 and 200 °C for 4.5 days (Fig. [5.8\)](#page-111-0). The nonlinear coefficient (d₃₃) value is higher when poled at 280 °C than when

Scheme 5.6 Schematic of the synthesis of NLO polymers the azo derivative from cardanol

Fig. 5.8 Representative Maker fringe pattern obtained for the polymers and dependence of d_{33} value on storage time at various temperatures for polymer PSCpHBA. (poling condition: 280°C, 60 min, 7 kV for the sample stored at 100 and 200°C; 240°C, 60 min 7 kV for the sample stored at room temperature.)

poled at 240 °C. This study demonstrates that on contrary to the previous report [\[10](#page-113-0)] polymer made from cardanol possessed stability for NLO measurements and excellent orientational stability which is attributed to the rigid and aromatic nature of the polymer chain.

It was observed that the polymers did not show any decay in their SHG activity even when heated up to 220 °C (Fig. 5.9). The high thermal stability of SHG activity of the polymers is assigned to their aromatic rigid structure. Polymer PSCpHBA underwent loss in SHG activity at a comparatively lower temperature possibly due to thermal decomposition. This study demonstrated that a rigid aromatic main chain exhibiting an LC phase could be a promising method for the synthesis of highly stable NLO polymers.

5.7 Conclusions

The chapter gives a summary of various monomers and polymers synthesized from cardanol and discusses their various properties giving focus to their LC properties. The study has established that main- and side-chain polyesters and azobenzene-based polyesters containing LC mesogens could be prepared from cardanol by appropriate chemical modifications. The cardanol side chain was found to stabilize the mesophase, instead of destroying it, by aligning themselves and had a tendency toward polymorphic phase behavior by exhibiting a smectic phase in addition to nematic phase. The unsaturation in the side chain of cardanol led to cross-linked cardanol-based polymer films with LC phases. The homopolymers prepared from modified cardanol did not show good thermal stability, and the main-chain NLO co-polymers containing azobenzene mesogens showed thermal stability above 250 °C, though no LC property. The LC phase poling was found to enhance the NLO response of polymer due to the better alignment of dipoles. The SHG activity of the polymers poled at LC transition temperatures possessed excellent orientational stability, indicating the assistance of LC phase in better alignment of dipoles. Also, the polymers exhibited high thermal stability to SHG activity. This study demonstrates that a variety of structures of polymers such as rigid aromatic main-chain polymers and side-chain azobenzene polymers with aliphatic main chain exhibiting LC phase(s) can be prepared from cardanol and aromatic main-chain copolymers is a promising method for the synthesis of highly stable NLO polymers.

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Chapter 6 Cardanol-Derived-Amphiphiles-Based Soft Templates for Conducting Polymer Nanoarchitectures

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Abstract In recent times, there is a growing trend among researchers in utilizing plant based starting materials to synthesize functional nanomaterials. Toward this goal, cashew nut shell oil-derived cardanol caught great attention due to its wide availability, low cost, easy isolation and unique molecular architecture. In this chapter, we summarize the literature based on soft template approach of cardanyl amphiphiles for fabricating conducting polymer (polyaniline and polypyrrole) nanostructures. The amphiphiles synthesized from cardanol has typical surfactant structure with sulfonic acid polar head and hydrophobic aliphatic tail, often referred as dopants due to its post-polymerization doping effect on polymer chain. The soft- templates were generated by selectively mixing monomer and dopants for different polymerization conditions such as emulsion, dilute, interfacial, dispersion and gel phase. The templates upon treatment with polymerization initiator produce conducting polymer morphology such as nanofibers, nanorods, nanotubes, nanospheres, hollow nanospheres and nanotapes. The cardanyl amphiphilic dopants electrostatically complex with conducting polymer nanomaterials and significantly improve the solubility, solid-state ordering, conductivity and optical properties.

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6.1 Conducting Polymers and Its Nanostructures

Conducting polymers are class of π -conjugated materials that can conduct electricity via the π-electron delocalization through alternative single and double bonds present in the polymer backbone [[1–](#page-129-0)[5\]](#page-129-1). Conducting nature was intrinsic to the π-conjugated electrons present in the conducting polymer backbone. Some important members of conducting polymer family are polyacetylene (PA), polypyrrole (PPy), polythiophene (PT), poly (p-phenylene) (PPP), poly (p-phenylenevinylene) (PPV) and polyaniline (PANI), etc. [[5–](#page-129-1)[9\]](#page-129-2). Among various types of conducting polymers, polyaniline and polypyrrole receive a special attention owing to its easy synthesis, low cost of production, acid-base and redox control on structures and conductivity, etc. [\[6](#page-129-3)[–9](#page-129-2)]. Polyaniline and polypyrrole are generally synthesized by chemical or electrochemical oxidative polymerization of monomers in acidic aqueous solution [\[10](#page-129-4)[–15](#page-129-5)]. Usually acid-base treatment (often referred as doping–dedoping process) brings about changes in charge and electronic states of the polyaniline and polypyrrole, while retaining the same the structural backbone. The three commonly known forms of polyaniline are (i) fully reduced colorless leucoemeraldine, (ii) fully oxidized brown-colored pernigraniline and (iii) half-oxidized blue-colored emeraldine base (see Fig. [6.1](#page-115-0)). All these three forms are found to be insulators of electricity in normal conditions. Green-colored conducting emeraldine salt form of polyaniline is obtained by *in situ* or post-doping using mineral/organic acid [[16–](#page-129-6)[20\]](#page-129-7). Similar to polyaniline, neutral polypyrrole upon doping produces charged polypyrrole (with quinoid like structures) which remarkably changes the conductivity from insulating states to metallic with the formation of polaron and bipolaron charge carriers [[6,](#page-129-3) [7,](#page-129-8) [21](#page-129-9)[–23](#page-129-10)]. The optical, electrical, thermal, electrochemical and solid-state properties of these interesting polymers were extensively studied and well documented

Fig. 6.1 Various forms of polyaniline and polypyrrole

by various groups around the world [\[23](#page-129-10)[–27](#page-130-0)]. Polyaniline and polypyrrole found to have promising applications in different fields such as sensors, actuators, catalysis, memory devices, modified electrodes, DNA sensing, metallic corrosion protection, electromagnetic interference shielding, super capacitors and many other applications [\[27](#page-130-0)[–40](#page-130-1)].

Ever since the emergence of the nanotechnology, there are tremendous efforts directed toward restricting the morphology of conducting polymers into nanometric scale for the expected supreme performance over bulk conducting polymer materials [[41,](#page-130-2) [42\]](#page-130-3). The miniaturization of conducting polymeric materials yields profound changes in physical properties such as optical, electrical, mechanical and dimensional properties (such as surface area, volume). [\[41](#page-130-2)[–52](#page-130-4)]. Different physical or chemical methods such as electrospinning, templating, emulsion and interfacial polymerization methods were utilized for the development of conducting polymer nanostructures [\[53](#page-130-5)[–56](#page-131-0)]. Templating method utilizing hard or soft templates was extensively used for fine tuning the size, shape and other physiochemical properties of the resulting conducting polymer nanomaterials [[56–](#page-131-0)[60\]](#page-131-1). The use of hard templates such as porous silica or alumina often encounters difficulty in postpolymerization removal of template and purification [[41,](#page-130-2) [60](#page-131-1)]. On the other hand, the use of soft templates such as micelles, gels and liquid crystals is easily applied for nanomaterial synthesis without any tedious post-polymerization steps [[58–](#page-131-2)[66\]](#page-131-3). This chapter summarizes the utilization of soft templates derived from cashew nut shell liquid (CNSL) as amphiphilic dopants for constraining the morphology of polyaniline and polypyrrole in nano/micro-dimensions.

6.2 Design and Synthesis of Cardanyl Amphiphiles

The synthesis of nanomaterials utilizing renewable resource feed stocks is highly attractive in both academic and industrial point of view because of its ability to replenish non-renewable petroleum-based starting materials [[67,](#page-131-4) [68](#page-131-5)]. CNSL is a natural organic plant-based renewable resource and a by-product from cashew industry, often considered as an industrial waste and pollutant. Technical CNSL contains a variety of phenolic derivatives with anacardic acid as the major chemi-cal constituent [\[67,](#page-131-4) [68\]](#page-131-5). Preheating and subsequent vacuum distillation (230 $^{\circ}$ C) at 5 mm of Hg) of CNSL result in the decarboxylation of anacardic acid to yield cardanol. Cardanol is a unique amphiphilic phenolic molecule with *meta*-pentadecenyl chain with one or two or three unsaturated bonds [\[67](#page-131-4), [68\]](#page-131-5). Recently, there is a renewed interest in utilizing the unique chemical features of cardanol to synthesize cardanyl-based amphiphiles for developing various self-assembled nanostructures. For example, G. John et al. synthesized glycolipids by tethering glucopyranose to cardanol, and the sugar moiety acts as a nonionic polar head group and bestows chirality to the molecule [[69,](#page-131-6) [70](#page-131-7)]. Soft materials, such as twisted fibers, helical coils and high axial ratio nanotubes, were formed through the self-assembly of amphiphilic glycolipids. Pillai and co-workers synthesized amphiphilic sulfonic

and phosphonic acids as dopants from cardanol derivatives and utilized for bulk polyaniline synthesis [\[71](#page-131-8)[–73\]](#page-131-9). They observed that cardanol upon treatment with conc. H_2SO_4 produces a resin rather than ring sulfonation due to the presence of unsaturated bond in pentadecyl side chain. Hence, in the first step hydrogenation of cardanol was carried out to saturate the side chain and the saturated cardanol (3-pentadecylphenol) was sulfonated to give the sulfonic acids. These saturated aromatic cardanyl sulfonic acids were found to be good dopants for bulk polyaniline and their blends. But these saturated cardanol-based dopants have limited solubility in water at room temperatures, and it does not act as suitable soft templates for conducting polymer nanomaterials. To address this issue Jayakannan and co-workers came up with new chemical approaches for the direct utilization of cardanol to synthesize water-soluble dopants which can act as soft templates for the growth of polyaniline nanomaterials and related polymeric systems [[74–](#page-131-10)[89](#page-132-0)].

The design of cardanyl amphiphiles is very simple; the in-built long *meta*-pentadecenyl side chain attached to the cardanol acts as the flexible hydrophobic tail component, and sulfonic acid group introduced either through diazotization reaction or by direct ring opening reaction serves as a polar head. The molecular design is optimum for imparting dopant functionality and amphiphilic surfactant properties. The chemistry employed for the synthesis of the amphiphilic molecules is direct single-step reaction, which gives fairly good yield. In the first synthetic approach, cardanol under basic conditions reacted with diazotized sulphanilic acid to yield 4-[4-hydroxy-2(Z)-pentadec-8-enyl)phenylazo]-benzenesulfonic acid (dopant-1) (see Fig. [6.2](#page-117-0)). Dopant-1 is an amphiphilic anionic surfactant molecule having a flexible tail and polar azobenzenesulfonic acid head group [\[76](#page-131-11), [77](#page-131-12)]. Orange red-colored dopant-1 shows molecular dye properties such molecular light absorption and emission properties which were valuable tools for tracing the molecular self-assembly. In the second approach of cardanol derivatization, direct coupling reaction of butane sultone with cardanol and saturated pentadecyl phenol using potassium tert-butoxide as base produced two amphiphilic molecules (Z)-4-(3-(pentadec-8-enyl)phenoxy) butane-1-sulfonic acid (dopant-2) and 4-(3-pentadecylphenoxy)butane-1-sulfonic acid (dopant-3), respectively [[78,](#page-131-13) [79\]](#page-132-1) (see Fig. [6.2\)](#page-117-0). Dopant-2 is having optimum

Fig. 6.2 Synthetic strategies for cardanol-based amphiphiles (dopant-1, dopant-2 and dopant-3). Reprinted with permission from ref [[74](#page-131-10)] (2009, [http://ir.niist.res.in:8080/xmlui/han](http://ir.niist.res.in:8080/xmlui/handle/123456789/878)[dle/123456789/878\)](http://ir.niist.res.in:8080/xmlui/handle/123456789/878), [[78](#page-131-13)] (2009, American Chemical Society), [81](#page-132-2) (2008, American Chemical Society)

polar head to tail balance and capable of showing typical micellar characteristics and emulsification behavior with different aromatic monomers. The dopant-3 derived from 3-pentadecyl phenol is partially soluble in water, but it has the advantage of forming organogel in ethanol and other polar solvents.

6.3 Self-Assembly Properties of Amphiphilic Dopants

The two cardanol-based sulfonic acid amphiphiles dopant-1 and dopant-2 were soluble in water, whereas the saturated cardanol derivative dopant-3 was only sparingly soluble in water. The dopant-1 and dopant-2 have typical surfactant structure and forms micelles in aqueous solution. The critical micellar concentration values of the dopants determined by multiple techniques such as UV–visible absorbance spectroscopy, fluorescence studies, ionic conductance and surface tension techniques were shown good agreement, and the values were obtained in millimolar range [\[74](#page-131-10), [77](#page-131-12), [81](#page-132-2)].

The dopant-1 upon dissolution in water resulted in pale yellow-to-browncolored clear solutions [[77\]](#page-131-12) (see Fig. [6.3\)](#page-118-0). Dynamic light scattering (DLS) studies of dopant-1 showed that the cardanyl azobenzenesulfonic acid molecule exists in the form of the micelles (at 1×10^{-3} M) in water with an average diameter of

Fig. 6.3 DLS histograms of dopant-1 and dopant-2 in water. Reprinted with permission from Ref. [[74](#page-131-10)] (2009, <http://ir.niist.res.in:8080/xmlui/handle/123456789/878>), [[78](#page-131-13)] (2009, American Chemical Society), [[81](#page-132-2)] (2008, American Chemical Society)

4.29 nm. DLS profile of 1×10^{-4} M dopant solution showed a bimodal distribution with maxima centered at 25 and 600 nm. A further decrease in dopant concentration (1 \times 10⁻⁵ M) increases the aggregate size to 600 nm. DLS study indicated that at lower concentrations the dopant molecules were existing as open aggregates (like layers) in water and completely transformed to micelles as the concentration of dopant becomes 1×10^{-3} M [[74,](#page-131-10) [81](#page-132-2)]. The dopant-2 upon dissolution in water forms a colorless clear solution at lower concentration and become clear soapy solution at higher concentration above CMC. DLS study of the dopant-2 in water for the concentration of 1.1×10^{-2} M shows that the amphiphilic cardanyl butanesulfonic acid molecule existed as 5.6-nm-size micelles in water [\[78](#page-131-13)] (see Fig. [6.3](#page-118-0)).

Dopant-1 possesses fluorescence property which is peculiar and rarely seen in amphiphilic dopants. Fluorescence property of the dopant-1 provides great deal of information regarding the self-assembly behavior in aqueous solution [[77\]](#page-131-12). The fluorescence spectra of the dopant-1 at different concentrations in water were obtained by exciting molecule at 360 nm wavelength. The fluorescent intensity of the dopant-1 is highly dependent on its concentration in water, and the emission maximum is centered at 450 nm. The emission intensity of the dopant increases with the increase in the dopant concentration (1 × 10⁻⁶ to 1 × 10⁻⁵ M) and

attained maxima at 1×10^{-5} to 7×10^{-5} M (see Fig. [6.4](#page-119-0)). Further increase in the dopant concentration (6 × 10⁻⁵ to 6 × 10⁻⁴ M) decreases the emission intensity, and the fluorescence nature is completely lost above 1×10^{-3} M. This nonlinear trend is due to the existence of dopant-1 aggregates in more than one form depending on its concentration in water. At low concentration, the dopant-1 molecules existed as isolated molecules, and with an increase in concentration, they form fluorescent layer structures. At higher concentration, the dopant-1 molecules forms well-defined spherical micelles and the fluorescence property is quenched [\[74](#page-131-10), [77](#page-131-12)]. Concentration-dependent DLS and fluorescence studies of dopant-1 pointed out the involvement self-assembly which eventually leads to spherical micelles at higher concentration.

The dopant-3 molecule showed organogel formation in various organic solvents such as ethanol, methanol, chloroform, DMSO. [\[79](#page-132-1)]. Among different solvents, ethanol produced stable opaque white gel for wider concentration range. Differential scanning calorimetric (DSC) analysis of the gel in ethanol showed a broad melting peak at 65 °C with respect to gel-to-sol transitions, and upon cooling the sol-to-gel transition phase occurred at 53 \degree C [[79\]](#page-132-1). SEM analysis of the xerogels showed the presence of long self-assembled fibrous tape-like morphology characteristic of the typical organogel texture, which is further supported by AFM analysis (see Fig. [6.5](#page-121-0)) [[79\]](#page-132-1). TEM analysis revealed that the inner parts of the fibrils possess hollow space similar to nanotubes. The average inner and outer diameters of the nanotubes were 60 and 175 nm, respectively. The morphological studies of nanotubes conducted support the logical conclusion that nanotubes are formed by a multilayer packing of self-assembled dopant-3 molecules [[79\]](#page-132-1).

6.4 Soft-Template Formation with Monomers

Synthesis of conducting polymer nanostructures with various types (like nanofibers, nanorods, nanotubes and vesicles) has been achieved through polymerisation of soft template produced by aggregating monomers (aniline or pyrrole) into the self-assembly of dopants (dopant-1, dopant-2 and dopant-3). These dopant plus monomer soft templates produced in solution phase or gel phase upon treatment with suitable initiators induce polymerization of the monomers trapped inside the molecular templates and thereby translate the template morphology into the resultant polymer morphology. The polymerization method utilized were emulsion, interfacial, dispersion, gel-assisted routes and copolymerization employing ammonium persulfate or ferric chloride as the initiator [\[74](#page-131-10)[–88](#page-132-3)].

The soft-template formation very much depends on factors such as concentration, types of monomer with which it combines, polymerization routes, pH. In the emulsion route, the dopant-1 plus aniline template mostly existed in more than one form of assembly such as layered membranes and cylindrical micelles depending on the concentration of the dopant-1 in solution. SEM and TEM studies of the dopant-1 plus aniline template confirm the formations of cylindrical micellar

Fig. 6.5 SEM, AFM and TEM images of xerogel of dopant-1 in ethanol (*top* and *middle rows*) and theoretical structure and packing of dopant-1 in gel (*bottom row*). Reprinted with permission from Ref. [[79](#page-132-1)] (2009, American Chemical Society)

templates exclusively at higher dopant concentrations [\[76](#page-131-11), [77\]](#page-131-12). Interestingly, the emulsion of pyrrole showed a completely different aggregation pattern with dopant-1, and spherical aggregates of 650 nm were formed at higher concentration of dopant-1. The sizes of the dopant- $1 +$ pyrrole micelle aggregates were reduced to 150–200 nm and even less at dilute concentration of dopant-1 [\[84](#page-132-4), [85\]](#page-132-5). Soft templates of aniline and pyrrole together with dopant-1 exhibited short flaky rods at higher concentration and hollow spheres and nanotubes at lower concentration

Fig. 6.6 Self-assembled molecular templates of dopant-1 with monomers: (**a**) aniline + dopant-1 in emulsion route, (**b**) aniline + dopant-1 in interfacial route, (**c**) aniline + dopant-1 in dilute route, (**d**) pyrrole + dopant-1 in emulsion route, (**e**) aniline + pyrrole + dopant-1 in emulsion route, (f) aniline + pyrrole + dopant-1 in dilute route. Reproduced with permission from Refs. [[81](#page-132-2)] (2008, American Chemical Society), [[85](#page-132-5)] (2009, John Wiley and Sons) and [\[86\]](#page-132-6) (2010, American Chemical Society)

[\[86](#page-132-6)] (see Fig. [6.6](#page-122-0)a–f). In Interfacial route, the templates were assembled by introducing ammonium peroxydisulfate (APS) into dopant-1 micelles. DLS showed that the 4.3-nm-size micelles undergo aggregation in the presence of APS to produce larger micrometer size. The TEM images of the dopant-1 plus APS templates exclusively consist of spheres of $0.5 \mu m$ to 200 nm .

The dopant-2 molecule is structurally analogous to commercially available surfactant dodecylbenzenesulfonic acid (DBSA), which is widely used dopant for polyaniline and polypyrrole. In emulsion polymerization conditions, dopant-2 exhibits typical micellar behavior and forms cylindrical micellar templates of \sim 150 nm diameter with length up to 1–3 μ m with aniline monomer [\[78](#page-131-13)] (see Fig. [6.7\)](#page-123-0). In the case of biphasic (organic/water) dispersion polymerization conditions, the template formed is mostly spherical vesicles with size in the range of \sim 450 \pm 200 nm in diameter and wall thickness of 20 \pm 10 nm (see Fig. [6.7](#page-123-0)). In dispersion templating, during the first step, aniline complexes with sulfonic acid part of the micelles in water to produce cylindrical aggregates, and in the second stage, the organic solvent (toluene) molecules get stacked in the hydrophobic core of the micelles which transforms the templates into vesicular shape [\[78](#page-131-13)]. Saturated cardanol-based dopant-3 retained the gel structure upon cooling a solution of aniline and dopant-3 in ethanol from 60 °C to room temperature. The aniline plus dopant-3 gel template is in the form of self-assembled cylindrical nanostructures with average diameters 200 nm and length up to $4-5$ µm (see Fig. [6.7\)](#page-123-0). TEM

Fig. 6.7 Self-assembled molecular templates of dopant-2 and dopant-3 with aniline monomer: (**a**) dopant-2 ⇓←aniline in emulsion route, (**b**) dopant-2 ⇓← aniline dispersion route, (**c**, **d**) TEM and AFM of dopant-3 \Downarrow \leftarrow aniline in gel route. Reproduced with permission from Refs. [\[78\]](#page-131-13) (2009, American Chemical Society) and [[79](#page-132-1)] (2010, American Chemical Society)

images indicated that during the gel formation the aniline monomers selectively occupied inside the cavity of the nanotubes formed by dopant molecules.

6.5 Template-Produced Conducting Polymer Nanostructures

The morphology of the dopant-1-templated polyaniline nanomaterials by emulsion polymerization route depended on the type of micellar structure (see Fig. [6.8\)](#page-124-0). At very high dopant-1 concentrations (1×10^{-1} M) in the emulsion, the template formed exhibited less colloidal stability and mostly produced micron-sized polyaniline aggregates and hollow spheres. With further decrease in concentration, but still well above CMC, the cylindrical micelles templates were stable and yielded very uniform nanofibers (see Fig. [6.8\)](#page-124-0). At a concentration above the CMC, a mixture of both nanotubes and nanofibers was produced [[76,](#page-131-11) [77](#page-131-12), [81\]](#page-132-2). The bilayered template formed at a dopant-1 concentration below CMC exclusively yielded nanotubes. Interestingly, thick emulsion of cylindrical micellar template (dopant-1 + aniline) formed above CMC value when diluted by adding water and oxidized using APS yielded nanorods rather than fibers. In the interfacial (biphasic) route, during the course of polymerization aniline monomers slowly diffuse

Fig. 6.8 TEM and SEM images of nanofibers by emulsion route (**a**, **c**), TEM and SEM image of nanotubes by emulsion route (**b**, **d**), TEM image of polyaniline nanorod by dilute route (**e**) and TEM image of nanospheres by interfacial route (**f**). Reprinted with permission from Refs. [\[77\]](#page-131-12) (2007, American Chemical Society) and [[80](#page-132-7)] (2007, American Chemical Society)

Fig. 6.9 TEM images of polypyrrole nanospheres under emulsion (**a**) and dilute route (**b**, **c**). Reprinted with permission from Ref. [\[85\]](#page-132-5) (2009, John Wiley and Sons)

from organic layer and move toward the aqueous phase containing dopant-1 plus APS template through interface and get adsorbed on it. The subsequent polymerization results in the formation of nano/microspheres as evident from SEM and TEM images of the polyaniline formed [[80\]](#page-132-7). The dopant-1 is unique in the sense that it self-assembles to more than one type of template by small variations in the concentration, combination of the constituents and types of polymerization employed and leads to the production of different kinds of nanostructures.

In the case of polypyrrole, the concentration of dopant-1 and stability of template formed with pyrrole mainly play a major role in the formation of different morphologies [\[84](#page-132-4)[–86](#page-132-6)]. Emulsion template of pyrrole with very higher concentrations (far above CMC) of dopant-1 resulted in emulsion plus the precipitate, which upon polymerization produced mostly coral-like aggregated structures. Reducing concentration of pyrrole plus dopant-1 (still above CMC) produced submicronsized polypyrrole spheres (500–600 nm), and a further decrease in concentration (close to CMC) yielded uniform polypyrrole nanospheres of diameter in the range of 150–250 nm (see Fig. [6.9\)](#page-125-0) [\[84](#page-132-4), [85](#page-132-5)].

The emulsion templates formed from dopant-1 with aniline-pyrrole mole composition (95:5) produced short nanorods upon copolymerization. The stability and competitive interplay of monomers (aniline and pyrrole) helps to produce molecular templates with intermediate structure, which is responsible for the fiber-to-rodto-sphere transitions in copolymers [\[86](#page-132-6)]. The nanorod composition when further diluted with water produced hollow spheres and nanotubes under copolymerization route (Fig. 6.10).

The emulsion polymerization of cylindrical emulsion template of dopant-2 transforms the polyaniline morphology into a uniform mat of nanofibers of diameter ~ 80 nm with an average length of few microns (see Fig. [6.11](#page-127-0)) [[78\]](#page-131-13). Interestingly, vesicular templates produced from dopant- $2 +$ aniline in toluenewater dispersion yielded planar polyaniline nanotapes rather than vesicles upon adding APS and subsequent polymerization (see Fig. [6.11](#page-127-0)). During dispersion polymerization, the vesicular templates get ripped out from vesicular surface

Fig. 6.10 (**a**) TEM image of polyaniline nanofibers, (**b**) polyaniline–polypyrrole copolymer nanorods, (**c**) polypyrrole nanospheres, (**d**) polyaniline–polypyrrole copolymer nanotubes and (**e**) polyaniline–polypyrrole copolymer hollow spheres. Reprinted with permission Ref. [\[86\]](#page-132-6) (2010, American Chemical Society)

which produces nanotapes [[78\]](#page-131-13). Optimum surfactant geometry of dopant-2 enables to form stable templates which upon emulsion and dispersion polymerization process produce nanofibers and nanotapes, respectively. The gel template formed by dopant-3 plus aniline in ethanol upon polymerization yielded very uniform nanofibers with an average fiber diameter of \sim 135 nm and length up to 5 μ m long (see Fig. [6.11\)](#page-127-0). On the other hand, when the polymerization was carried at sol state (at 65° C), it has not yielded good nanostructures; instead agglomerated particles were formed. The physical state of the organogel helped to transcribe the morphology of the resulting polymer nanostructures.

6.6 Properties of Conducting Polymer Nanomaterials

Post-polymerized nanomaterials contain sulfonic acid head of amphiphilic dopants which complexes with nanomaterials (polyaniline/polypyrrole) electrostatically and makes these structures easily dispersible in solvents such as water, chloroform, methanol, DMF and DMSO [\[74](#page-131-10), [75,](#page-131-14) [79\]](#page-132-1). This increased solubility/ dispersibility enables the complete structural characterization by spectroscopic techniques such as NMR, UV–Vis and FT-IR [[74–](#page-131-10)[87\]](#page-132-8). Generally, in the literature the NMR spectra of polyaniline/polypyrrole are seldom reported due the insoluble nature of these materials. The cardanol dopant-based polymer nanostructures are

Fig. 6.11 (**a**) SEM images of polyaniline nanofibers synthesized using dopant-2 by emulsion route, (**b**) polyaniline nanotapes by dispersion route, and (**c**, **d**) SEM and TEM images of polyaniline nanofibers synthesized using gel dopant-3. Reproduced with permission from Refs. [\[78\]](#page-131-13), (2009, American Chemical Society) and [[79](#page-132-1)] (2010, American Chemical Society)

highly soluble in NMR solvents like d_6 -DMSO. For example, ¹H-NMR spectra of the polyaniline nanomaterials show the peaks corresponding to the dopant molecule in addition to the peaks for the polymer structures indicating post-polymerization doping. The aromatic peaks of polyaniline backbone appeared at 7.65 and 7.52 ppm, and additionally the three equally intense peaks (triplet) at 7.1, 7.2 and 7.3 ppm corresponding to the free radical NH proton resonance due to the 14 N with unit spin were also observed. $1H-NMR$ study confirms the doping associated with strong complexation of cardanyl sulfonic acid dopant to the polymer nanostructure.

Polyaniline/polypyrrole polymers are highly rigid due to their linear aromatic backbone, and lack of flexibility to chain folding prevents them acquiring crystalline nature. Therefore, generally emeraldine base forms as well as mineral aciddoped emeraldine salt forms of these polymers are highly amorphous [[41\]](#page-130-2). In the presence of amphiphilic cardanyl sulfonic acid dopants, the dopant–polymer complex undergoes various interactions, which improves the solid-state packing of the polymer chains inside the nanostructures. The powder X-ray diffraction patterns of nanostructures showed lower angle peaks characteristics of the interdigitations

of dopant molecules between polymer chains [\[74](#page-131-10)[–87](#page-132-8)]. This improved solid-state packing also reflected in reasonable high electrical conductivity observed in nanostructures.

Fluorescence emission studies of polyaniline nanospheres synthesized from interfacial method and polyaniline nanofibers synthesized by emulsion route revealed that nanospheres have much more fluorescence quantum yield than fibers [\[74](#page-131-10), [77\]](#page-131-12). The better fluorescence properties of nanospheres were correlated with the more expanded chain conformation and more effective layered packing of azochromophore group of dopant-1 in the polymer chain. The polyaniline nanorods obtained by dilute condition route with dopant-1 were found to be very weakly luminescent since the dilute reaction conditions will make the dopant well dispersed in polymer matrix and prevent close packing of chromophores in the resulting sample.

6.7 Conclusion

Simple chemical approaches were developed to synthesize amphiphilic dopants from the renewable resource cardanol. The cardanyl dopants were self-assembled and utilized as soft templates for the formation of polyaniline and polypyrrole nanostructures. Cardanyl dopant-1 and dopant-2 have a typical surfactant structure having a sulfonic acid polar head and pentadecenyl chain as hydrophobic tail. The concentration-dependent micellation behavior and its size in aqueous solution were characterized by various techniques like fluorescence measurements and DLS studies. Different types of stable soft templates formed by these dopants with monomers (aniline and pyrrole) under different types of polymerization route (emulsion, dilute, interfacial and dispersion) yielded various polymeric nanostructures such as nanofibers, nanotubes, nanorods and nanotapes. The gel-forming dopant-3 derived from saturated cardanol has limited solubility in water; however, it forms gel in polar solvents like ethanol. The nanotubular gel template of dopant-3 filled with aniline upon polymerization produced nanofibers. The copolymer nanorods were produced from soft emulsion templates of dopant-1 with co-monomers (aniline 95 % and pyrrole 5 %) through copolymerization. Dilute copolymerization produced hollow spheres and nanotubes from the same diluted emulsion templates. The cardanyl amphiphilic dopants acted as dopant-cum soft template and greatly improved the properties of nanomaterials such as solubility, solid-state ordering, conductivity and optical properties. In short, cardanyl amphiphilic soft-template-assisted polymerization is easy, facile and efficient for the creating the architectural library of conducting polymer nanomaterials.

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Chapter 7 Cardanol-Based Supramolecular Gels

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Abstract With the increasing interest in the development of new materials from bio-renewable resources seen in the last couple of decades, great emphasis has been put in the use of bio-renewable materials as building blocks for the preparation of bio-based polymers and composites. Lately, cardanol, a phenol derived from extracts of cashew nut shells, has gained attention due to its abundance, lack of competing applications, and great potential for the preparation of supramolecular structures through various routes. In this chapter, an initial overview of supramolecular gels is presented, covering background information on the terminology, chemical structure, properties, and the starting materials used in their synthesis. A section is dedicated to the latest advancements of cardanol-based gels, followed by a section describing applications involving cardanol-based gels and related self-assembled materials.

7.1 Background

Supramolecular gels represent a small, but important group of gels that are increasingly being used in advanced material applications. Supramolecular gels are versatile materials due to their responsiveness to different stimuli (e.g., temperature, light, pH) [\[1](#page-145-0)].

The number of publications related to research on supramolecular gels has grown very rapidly in recent years with major developments in areas such as the synthesis of novel gelators, improved analytical techniques, controlled responses

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to stimuli, and advanced applications [[2\]](#page-145-1). The advances in the field of supramolecular gels have been extensively treated in feature articles [[3\]](#page-145-2), perspectives [[4\]](#page-145-3), tutorial reviews [[5–](#page-145-4)[8\]](#page-145-5), highlights [[2\]](#page-145-1), and critical reviews [[9\]](#page-145-6).

This chapter focuses on the development of cardanol-based supramolecular gels. The synthesis of supramolecular gels from bio-based materials, particularly for biomedical applications, is one of the major areas of research in this field [[2\]](#page-145-1). To the best of our knowledge, cardanol-based supramolecular gels have not been the subject of a dedicated review.

Supramolecular gels, like all other gels, are primarily composed of a liquid phase, yet are solid, jelly-like materials due to the presence of three-dimensional networks. The materials that compose the solid continuous phase are called gelators, while solvents are the liquid dispersed phase. The solvents used in the liquid phase can either be water or organic liquids, which are used to form hydrogels or organogels, respectively [\[10](#page-145-7)].

While conventional gels are formed when covalently bonded, cross-linked polymeric networks are cured trapping liquid solvents in the structure, supramolecular gels are formed by the self-assembly of low molecular weight molecules [[11\]](#page-145-8). Typically, the molecular mass of the gelators is less than 3000 amu [\[6](#page-145-9)]. Supramolecular gels can be held together by a variety of weak non-covalent forces including hydrogen bonding, pi–pi interactions, van der Waals forces, and hydrophilic-lipophilic balances (HLB) [[12\]](#page-145-10). Supramolecular gels are typically made up of amphiphilic molecules, which have both hydrophilic and hydrophobic properties.

The structure of supramolecular gels is determined by the non-covalent forces. The rheological behavior and other macroscopic properties of supramolecular gels are determined by the three-dimensional networks of the nano- and microstructures [\[4](#page-145-3)].

An important feature of supramolecular gels is the reversibility on the weak interactions between molecules. As a result, the formation of supramolecular structures can be controlled or tuned by external stimuli. Examples of stimuli that have been used to control the formation of supramolecular gels include thermal, mechanical, electrochemical, electromagnetic, and chemical stimuli [[4\]](#page-145-3).

7.2 Synthesis of Supramolecular Gels

Supramolecular gels are prepared by bringing a solution of the precursor, also known as gelator, to an elevated temperature, and subsequently allowing it to cool down to room temperature [[1\]](#page-145-0). During that process, the gelator forms reversible physical cross-links in organic solvents through non-covalent interactions, resulting in a consistent network of self-assembled molecules [[1\]](#page-145-0). The solvent used varies depending on the desired application and properties of the gel, but usually consists of an organic liquid. In most cases, the solvent makes up approximately 99 wt% of the gel, giving it a liquid-like aspect [[12\]](#page-145-10). Most gelators commonly used are polymeric materials designed to meet specific desired properties and to confer the gel with a solid-like aspect. There are three classes of gelators, namely metallo-gelators, hydrogelators, and organogelators.

In supramolecular gels, the gelators are referred to as low molecular weight gelators (LMWGs) because of their relatively small molar masses, which favor the non-covalent interactions necessary for the gel formation [[13\]](#page-145-11). An interchangeable term sometimes used is low molecular mass organic gelators (LMOGs) [[6\]](#page-145-9). LMWGs can be used individually or in combination with other species in order to obtain specific properties [\[9](#page-145-6)].

Cardanol-based LMWGs can have a variety of intermolecular forces that contribute to the formation of supramolecular gels as illustrated in Fig. [7.1](#page-135-0) [[14\]](#page-145-12). In this particular example, cardanol modified with diaminopyridine (DAP) has three types of intermolecular forces: hydrogen bonding, pi–pi stacking, and van der Waals interactions. The DAP head group forms three hydrogen bonds, the aromatic rings interact with each other via pi–pi stacking, and the hydrophobic tails have van der Waals interactions. Interestingly, unsaturation in the hydrophobic

Fig. 7.1 Schematic representation of the self-assembly of cardanol–diaminopyridine based amphiphiles with **a** saturated and **b** unsaturated alkyl chains (the alkyl chains do not represent the exact number of carbons, and it is only representative). Reproduced with permission from Ref. [[14](#page-145-12)]. Copyright 2006 Royal Society of Chemistry

tails influences the shapes of nanostructures formed by self-assembly. [[14\]](#page-145-12). A variety of hydrophilic head groups can be used to modify cardanol for the formation of supramolecular gels.

7.2.1 Gelators

In metallo-gelators, the LMWG is coordinated to a metal center, which typically results in systems that exhibit sensitivity to certain stimuli, such as pH, temperature, solvent polarity, ionic strength [[15\]](#page-145-13). For example, the combination of transition metals and lanthanides was successfully used with a pentaethylene glycol derivative gelator in chloroform [[16\]](#page-145-14). Photoluminescence was achieved through the use of Zn/Eu in the gelator, and the effect was reversed by addition of formic acid $[16]$ $[16]$. Later on, $Zn(II)$ and $La(III)$ were successfully used with a 2,6-bis-(1-methylbenzimidazolyl)-4-oxypyridine attached to both ends of a penta(ethylene glycol) core to synthesize thermally, mechanically, and chemically responsive gels (Fig. [7.2](#page-136-0)) [[15\]](#page-145-13). The addition of Fe(II), Ni(II), Cu(II), Zn(II), or Ru(III) to tripodal terpyridine gels in methanol resulted in further cross-linking in the structure, and a transition from a one-dimensional helix to a three-dimensional fibrous supramolecular gel, with fluorescence observed for the structures containing Zn(II) [\[17](#page-146-0)].

Unlike metallo- and organogelators, hydrogelators require water as the solvent. Despite their typical biocompatibility and easy formation, limitations associated with the most commonly used natural supplies, such as collagen, gelatin, and alginate, make them impractical for the preparation of useful supramolecular gels [\[18](#page-146-1)]. A low-cost alternative for the preparation of biocompatible hydrogels consists of readily available *l*-amino acids [\[19](#page-146-2)]. For example, a successful hydrogel with thermo-reversible properties has been prepared from an amino acid-substituted cyclohexane (Fig. [7.3\)](#page-137-0) [\[20](#page-146-3)]. The hydrogelator was designed in a spherical shape, with hydrophilic ends to encourage H-bonding at the extremities of the structure, while the hydrophobic core results in more aggregation forces, shielding

Fig. 7.2 Metallo-gelator with La(III) ion

the inner amides from water [[20\]](#page-146-3). This arrangement allows hydrogen bonding among the amide groups, thus creating the interlinking network for the gel [\[20](#page-146-3)].

It has been shown that hydrogelators can be designed using nearly any combination of nucleobases, amino acids, and glycosides [\[18](#page-146-1)]. For example, hydrogelators with potential for use in biomaterials can be prepared when glycoside derivatives are covalently bonded with a nucleotide and/or amino acid, as depicted in Fig. [7.4](#page-137-1). The creation of novel hydrogelators is still relatively new, but it has already revealed itself as a faster method for forming gels with stronger mechanical properties [[21\]](#page-146-4).

Organogelators only differ from hydrogelators in that they use organic solvents instead of water. Common solvents include alkanes, alcohols, polar organic solvents in general, and vegetable oils [\[19](#page-146-2)]. Certain organogelators can be used to create organogel electrolytes, which allow ionic conductivity [[22,](#page-146-5) [23\]](#page-146-6). The anthracene derivatives 2,3-bis(*n*-decyloxy)anthracene (Fig. [7.5](#page-138-0)a) [[22\]](#page-146-5) and *N*-carbobenzyloxy^l-isoleucylaminooctadecane (Fig. [7.5b](#page-138-0)) [\[23](#page-146-6)] were both used with a variety of polar organic solvents to produce organogel electrolytes. l-amino acids, such as l-lysine [\[19](#page-146-2), [24](#page-146-7)] and *L*-isoleucine,¹ can also be used to make organogelators (Fig. [7.6](#page-138-1)). Like hydrogelators, organogelators can be used for biomedical purposes due to their biocompatibility and readily availability of the corresponding precursors.

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Fig. 7.5 Organogel electrolytes. **a** 2,3-Bis(*n*-decyloxy)anthracene, and **b** *N*-carbobenzyloxy^l-isoleucylaminooctadecane

O

In recent years, there has been a shift into the search for bio-renewable supramolecular gel precursors. Sustainable, bio-based sources of LMWGs, such as sugar derivatives, are an area of particular research interest [[25\]](#page-146-8). These bio-based compounds are selected for properties that promote their ability to act as gelators (Fig. [7.7](#page-139-0)). For example, amygdalin, an agricultural by-product found primarily in kernals (seeds) of certain fruits, has been used to make amphiphilic molecules that will self-assemble into nanoaggregates [\[14](#page-145-12)]. Amygdalin has multiple hydroxyl

Amygdalin

Trehalose

Fig. 7.7 Structure of natural precursors of LWMGs

Fig. 7.8 Reversible light-induced isomerization of bio-based azobenzene derivatives [\[25\]](#page-146-8)

Fig. 7.9 Chemical structure of cardanol

groups, as well as an aromatic ring, that promote hydrogen bonding and pi–pi interactions, respectively. Trehalose, a naturally occurring disaccharide found in certain fungi, plants and invertebrates, has also been investigated as a feedstock for making LMWGs due to its strong affinity for water retention [[26\]](#page-146-9).

Reversible, light-controlled self-assembly of gel structures can be achieved by incorporating photoresponsive azobenzene functional groups onto sugar molecules. Azo groups are known to isomerize from trans to cis under UV exposure, but will reverse under visible-light exposure (Fig. [7.8\)](#page-139-1) [[25\]](#page-146-8).

In that context, cardanol, a by-product from cashew nut processing [\[27](#page-146-10), [28\]](#page-146-11), is an excellent candidate as a starting material for making supramolecular gels. The chemical structure of cardanol is provided in Fig. [7.9.](#page-139-2) The phenol unit and the long aliphatic chain, which can have different degrees of unsaturation varying from 0 to 3, provide opportunities for self-assembly and therefore use as an LMWG. Additionally, cardanol also contains an aromatic ring, like amygdalin, that promotes pi–pi interactions.

7.3.1 Sugar Derivatives

Amphiphilic glycolipids made from cardanol can be prepared by linking a sugar molecule to the phenolic hydroxyl group of cardanol (Fig. [7.10](#page-140-0)) [[29](#page-146-12)]. These glycolipids self-assemble to form low molecular weight gels [[30\]](#page-146-13), nanofibers [\[14\]](#page-145-12), nanotubes [\[29\]](#page-146-12), and liquid crystals [[31\]](#page-146-14). The relative amounts of unsaturation of the pendant hydrocarbon chain of cardanol strongly affect the gelation behavior in both water– alcohol mixtures and in pure organic solvents [[14](#page-145-12), [30](#page-146-13)]. Notably, the phase transition temperature significantly decreased with the presence of double bonds [[30](#page-146-13)].

Fig. 7.10 Chemical structure of cardanol-based amphiphiles [[31](#page-146-14)]

Fig. 7.11 Azobenzene sulfonic acid derivatives used as a dopant for the preparation of polyani-line nanostructures [\[32,](#page-146-15) [35\]](#page-146-18)

7.3.2 Sulfonic Acid Derivatives

Recently, cardanol has been used to develop water-soluble amphiphilic sulfonic acid derivatives that have been used as cylindrical, spherical, and vesicular templates for the self-assembly of various conducting polyaniline nanostructures (Fig. [7.11](#page-141-0)) [[32\]](#page-146-15). Polyaniline nanomaterials have garnered considerable interest for their potential applications in electrical devices and sensors [[33\]](#page-146-16). The amphiphilic sulfonic acid derivatives act as surfactants, forming stable emulsions with aniline, which allows for the formation of polyaniline nanostructures during polymerization. The sulfonic acid groups also act as a counter-anion dopant for the conductive polyaniline chains [\[34](#page-146-17)]. It has been observed that the carbon–carbon double bonds in the pendant chains on cardanol prevent the direct sulfonation of the phenyl ring [\[33](#page-146-16)]. However, the use of a diazotization coupling reaction to synthesize cardanol-based azobenzenesulfonic acid derivatives has been reported as an alternative path for sulfonation [[33–](#page-146-16)[35\]](#page-146-18). More recently, the use of cardanol-based butane sulfonic acid derivatives as a supramolecular nanotubular template for the synthesis of polyaniline nanomaterials has been reported [\[32](#page-146-15)].

7.3.3 Pyrene Derivatives

Pyrene pi-conjugated organogel systems that self-assemble due to pi–pi stacking have been synthesized by coupling cardanol-based coumarin derivatives with a

Fig. 7.12 Synthesis of multifunctional coumarin-coupled pyrene derivatives [\[36\]](#page-146-19)

pyrene derivative. The cardanol-coumarin derivatives were prepared in a two-step process by first making a cardanol-based aldehyde via an electrophilic aromatic substitution of the phenol, followed by a Knoevenagel reaction with ethyl acetoacetate (Fig. [7.12\)](#page-142-0). Coupling of that substrate to 1-pyrenecarboxaldehyde was then performed using aldol condensation [\[36](#page-146-19)].

7.4 Applications of Cardanol-Based Supramolecular Gels and Related Self-Assembled Structures

As mentioned previously in this chapter, cardanol-based self-assembled structures, including supramolecular gels, are gaining considerable attention in advanced applications due to their responsiveness to different stimuli, including temperature, light, and pH [[1\]](#page-145-0). Triggered, fundamentally, by its intermolecular interactions, the self-assembly propensity of cardanol and any of its direct derivatives lead to a variety of nanosized structures. The design of nanostructured materials from cardanol and their corresponding proposed uses will be discussed in the final section of this chapter.

7.4.1 Biomedical Materials

The use of cardanol for the preparation of biomedical materials has been proposed for more than a decade now. Various specific applications have been proposed, with materials ranging from surface coatings to drugs. The variety of chemistries proposed with cardanol are directly related to its chemical structure, which exhibits a phenol group and a long unsaturated aliphatic chain (Fig. [7.9](#page-139-2)), allowing for various possible chemical transformations.

The antibacterial properties of cardanol against *S. aureus* have been previously studied and attributed to its phenolic and catechol units.²⁹ It has been shown that bio-based films made from cardanol inhibit the growth of *E. coli* and *S. aureus*, making it a suitable precursor for the preparation of materials for use in medical and healthcare applications.²⁹

In an innovative approach, antifungal hydrogels have been prepared from the self-assembly of amphiphilic azo-modified/functionalized cardanol and proposed as potential antifungal drugs against *Candida albicans* [[37\]](#page-147-0). After noticing a markedly inhibition of various types of cancerous human cell proliferation in the presence of propolis extracts containing cardanol, it has been suggested that cardanol and cardol may be potentially used to aid in cancer treatments [[38\]](#page-147-1). A similar inhibition in prostate cancer cell (PC3) proliferation has been observed in the presence of self-assembled nanostructures derived from cardanol [\[36](#page-146-19)]. Interestingly, these pyrene-based supramolecular structures are non-toxic to fibroblasts, resulting in potential applications in cell imaging and/or cancer treatments. [\[36](#page-146-19)].

Finally, cardanol has been investigated as a potential substitute for cholesterol in the preparation of liposomes for drug delivery [\[39](#page-147-2)]. The presence of cardanol imparts stability to the liposome's membrane, allowing for the preparation of liposomes with a greater volume than previously obtained upon use of a non-toxic additive [\[39](#page-147-2)]. The use of cardanol in drug delivery will be covered in more detail in a separate chapter.

7.4.2 Nanostructured Materials

Due to its multifunctional characteristic, cardanol has been used for the preparation of a great diversity of self-assembled chemical architectures [[27\]](#page-146-10). A combination of modified cardanol and cardanol-based polymers has been proposed for the preparation of nanotubes, nanofibers, supramolecular gels, and surfactants based on non-covalent interactions [\[27\]](#page-146-10). As an example, the incorporation of sugar units and other highly polar moieties onto cardanol via its phenol group led to amphiphilic molecules capable of self-assembling into nanotubes, twisted/helical nanofibers, low molecular weight hydrogels/organogels, and liquid crystals with potential for use in drug delivery applications [\[14](#page-145-12)]. It has been shown that the presence of unsaturations along the carbon chain of the cardanol unit is the key factor determining the final architecture of the soft materials and that the nanotubes obtained correspond to a compact helical structure $[40, 41]$ $[40, 41]$ $[40, 41]$ $[40, 41]$. Indeed, it was shown that the higher the monoene content in the supramolecular gel, the more compact the helices obtained,33 as explained in the scheme of Fig. [7.13](#page-144-0). With the idea of preparing easily degradable, non-covalent, self-assembled systems, solutions of cardanyl tauramide were prepared and its behavior was investigated under different stimuli [\[41](#page-147-4)].

In a more application-oriented study, cardanol-based liquid crystals (LCs) have been prepared in aqueous solutions by the coupling of cardanol with perylene bisimide [\[42](#page-147-5)]. The self-assembled system maintained LC behavior at room

Fig. 7.13 Morphology of cardanol-based supramolecular gel as a function of cardanol monoene content. **a** Inverse micelle-like self-assembly in lipophilic solvent. **b** Stacking of structures leading to tubular morphology. *R* aliphatic chains

temperature [[42\]](#page-147-0). Another application of cardanol-based self-assembled systems consists in the preparation of an amphiphilic diazo dye through the reaction of cardanol with an azobenzene sulfonic acid [[43\]](#page-147-1). This system was used as a fluorescent tag and was employed in morphological and structural studies of polyanilines.

Cardanol self-assembled structures have also been used as a template for the preparation of well-defined, nanostructured polyaniline nanofibers.19 Over the years, polyaniline nanofibers have collected wide interest as sensors, storage devices, and microelectronics.¹⁹ Polyaniline nanotubes have been obtained by the preparation of polyaniline in the presence of a fluorescent cardanol-based surfactant and ammonium persulfate.19 The architectures obtained with such system include bilayers or micelles that can, upon subsequent oxidation, lead to highly conductive polyaniline hollow spheres (1–2 mm), dendritic nanofibers, and linear nanofibers of 8–10 mm length with a diameter of 130–180 nm.¹⁹ It has been proposed that the hydrophobic domains in the system's bilayer walls were able to accommodate aniline, which upon polymerization formed the nanostructures with the observed morphologies.¹⁹

7.5 Conclusions

The development of bio-based materials and technologies based on the use of bio-renewable resources represents a strategic approach to offset the economical impact related to the frequent oscillation in petroleum prices. Many technologies

have been proposed to date based on the use of vegetable oils as building blocks for the preparation of bio-based polymers and composites. More recently, cardanol has shown potential for the preparation of supramolecular structures through various routes. In many instances, amphiphiles are prepared from the chemical modification of cardanol. The incorporation of carbohydrates, amines, sulfonate groups, and other hydrophilic units into cardanol confers it the ability to self-assemble in supramolecular architectures that depend on the chemical environment. Such structures are susceptible to changes upon specific stimuli, like pH, temperature, mechanical stress. Many applications for cardanol-based supramolecular gels have been proposed to date, including biomedical materials and templates for the preparation of nanostructured systems.

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Chapter 8 Anacardic Acid and Cardanol: Prospective Applications for Cancer Therapy, Drug Delivery, and Imaging

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Abstract Versatile derivatization feasible for cardanol to generate various amphiphilic structure-directing molecules bestows this naturally occurring phenol a great promise in the field of biomedical research. This chapter discusses the use of cardanol and cardanol derivatives for cancer therapy, drug delivery, and imaging applications. Cardanol has proven anti-proliferative effects on cancer cells, which could help its derivatives to evolve as therapeutic alternatives for anticancer treatment. At the same time, the structure-directing capacity of cardanol derivatives has been successfully used to obtain various gels and nanoparticles for drug delivery and imaging applications. These findings are summarized in three sections namely cardanol as an anticancer drug, cardanol gels, and cardanol-based nanomorphologies for drug delivery applications. The chapter also discusses prospective biomedical applications of cardanol.

Keywords Anticancer drug **·** Drug delivery **·** Cytotoxicity **·** Green drug carrier **·** Cardanol **·** Anacardic acid

8.1 Introduction

Plant-derived traditional medicines have been practiced for thousands of years and are generally considered safe for its low toxicological risk. Among these, plant-derived chemotherapeutics are of special interests due to the side effects

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that a synthetic chemotherapeutic exert on human body. Several naturally occurring components like curcumin, allicin, lycopene, capsaicin, limonene, and betacarotene have been effectively used and researched for anticancer therapy [[1\]](#page-163-0). More recently, anticancer properties of cashew nut shell liquid (CNSL) have been explored for therapeutic purposes. The phenolic components of CNSL, viz., anacardic acid and cardanol, are known to exhibit the anticancer properties mainly. However, plant-derived remedies may also contain constituents which exert undesired side effects, and therefore a detailed research is ongoing to establish the positive benefits of CNSL components as drugs for anticancer therapy.

Another application of the CNSL components like anacardic acid and cardanol is as valuable raw materials for synthesizing soft nanoarchitectures including lipid nanotubes, twisted/helical nanostructures, and low molecular weight gels. These nanoarchitectures were of high importance for drug delivery applications, which aimed at improving the administration of active pharmaceutical agent to achieve a therapeutic effect in humans or animals. The use of an inexpensive and renewable resource like CNSL for developing new materials to gain increased bioavailability of drugs could reduce treatment cost as well as environmental concerns. CNSL derivatives were also tailored to synthesize smart or stimuliresponsive polymers which have the ability to change its physiological functions in response to its surroundings, for instance, changes in pH, temperature, chemical environment, electric field, and magnetic field $[2, 3]$ $[2, 3]$ $[2, 3]$ $[2, 3]$ $[2, 3]$. The reason for the stimuli-responsive behavior of such natural smart systems could be attributed to the changes at the molecular level and also the surface functionalities. Among these, the stimuli-responsive molecular gels based on CNSL have attained considerable attention as a promising material for nanofabrication using bottom–up approaches and are expected to find applications in the areas such as nanomedicine, molecular sensors, and therapeutics [[3\]](#page-163-2).

The present chapter consists of three sections: (1) CNSL as an anticancer drug, (2) CNSL-based nanomorphologies for drug delivery applications, and (3) cardanol- and anacardic acid-based gels.

8.2 CNSL as an Anticancer Drug

The components of CNSL like anacardic acid, cardanol, and cardol have proven cytotoxic and anti-proliferative effects on cancer cells. A few but noteworthy reports are available on the topic. These studies were intended either to elucidate the mechanism of biological action of CNSL components in exerting the anti-proliferative effect on cancer cells or to find out the methods for its localized delivery for therapeutic purposes.

A pertinent study on the topic was that by Neto et al. [\[4](#page-163-3)], which explored the cytotoxicity of CNSL components and its derivatives on oral squamous cell carcinoma. The cells were treated with the parental and derived compounds at 25 ng/µL for 24, 48, and 72 h. Staurosporine (300 nM) and ethanol (diluents of compounds) were used as positive and negative controls, respectively. The results of this study undoubtedly supported the cytotoxicity of CNSL and its possible use as a chemotherapeutic.

Complimentary to the findings of the above report, Teerasripreecha et al. [\[5](#page-163-4)] reported the antiproliferative activity of cardanol and cardol from *Thai Apis mellifera propolis,* a complex resinous honeybee product, on cancer cell lines. Even though the source of cardanol and cardol used in the study was not CNSL, it is worthwhile to mention that the observations obtained can be applicable to cardanol from CNSL as well. Cardanol and cardol were isolated from the crude resin extract, and both exhibited broadly similar in vitro antiproliferation/cytotoxicity half-maximal inhibitory concentration (IC50) values across five cancer cell lines used in the study, derived from duet carcinoma, undifferentiated lung, liver hepatoblastoma, gastric carcinoma, and colon adenocarcinoma. The IC50 values varied from 10.8 to 29.3 μ g/ml for the cardanol and <3.13–5.97 μ g/ml for the cardol. Figure [8.1](#page-151-0) shows that the human colon adenocarcinoma cells after 72 h of cell culture appeared normal, while DNA condensation within the nucleus was visible in both the cells treated with the cardanol and cardol. Morphological changes and cell debris were highlighted by a red arrow, and when compared to the control, a reduced cell density was also evident. When compared to its antiproliferation response on the control non-transformed human foreskin fibroblast cell line, both cardanol and cardol induced cytotoxicity and cell death without DNA fragmentation in the cancer cells. Interestingly, cardol was projected as a promising agent for anticancer therapy when compared to cardanol, in terms of its lower IC50 values. The study also pointed out the need for further investigation to allow safe systemic administration of cardanol and cardol, and even the need for targeted delivery was emphasized.

Kubo et al. [\[6](#page-163-5)] studied in detail the cytotoxicity of anacardic acid and their derivatives on murine B16-F10 melanoma cells. The exploration of anacardic acid and its derivatives for the cure of melanoma was due to the poor response rate of melanoma toward chemotherapy among all the neoplasms. Anacardic acids from *A. occidentale* apple and their derivatives, cardols, cardanol, and the *E*-isomer of anacardic acid were used for cytotoxicity evaluation. The study evaluated the tyrosinase-inhibiting activity of anacardic acid and its derivatives because of the key role played by tyrosinase in the melanin biosynthetic pathway.

Figure [8.2](#page-152-0) shows the structure of the anacardic acids with one, two, and three double bonds, designated respectively as $C_{15:1}$, $C_{15:2}$, and $C_{15:3}$, used for cytotoxicity evaluation. The IC50 values of these anacardic acids varied in the following order: $(C_15.1) > (C_15.2) > (C_15.3)$. It was observed that unsaturation has no role in inducing the cytotoxicity. Anacardic acids were found to enhance the melanin production in cells, despite exhibiting tyrosinase-inhibiting activity. A dose-dependent suppression of melanin production was also observed, and the total melanin content was always less than that of the control, as the number of viable cells was low. The most important finding of the study was that an appropriate balance between hydrophilic and hydrophobic moieties in the derivatives of anacardic acid and cardanol was essential to exhibit cytotoxicity by these

Fig. 8.1 Human colon adenocarcinoma cells after **a**–**c** 72 h and **d**–**f** 96 h of culture in **a**, **d** the DMSO alone (control) or **b**, **e** with cardanol at its IC50 value (10.76 μg/ml), or **c**, **f** cardol at its IC50 value (3.0 μg/ml; 6.54 μM). *Scale bar* represents 50 µm (Reproduced from ref. [\[5](#page-163-4)])

compounds. It was proposed that the hydrophilic head portion of anacardic acid binds with the cell membrane surface, and the hydrophobic tail portion disrupts the native membrane-associated function of the integral proteins non-specifically. It was also suggested that optimization of activity of anacardic acids and cardanol is attainable through the synthetic approach, where the alkyl side chain

plays a direct role. As concluded by the study, additional work is necessary to clarify the exact role of alkyl side chain in inducing cytotoxicity by anacardic acid and related compounds [[6\]](#page-163-5).

A more detailed investigation on the pathway by which CNSL components were exerting the cytotoxic effects on cancer cells was highly essential before extending the study toward in vivo and clinical evaluation. Sung et al. proved that anacardic acid could suppress the expression of nuclear factor-κB-regulated gene products involved in cell survival, proliferation, inflammation, and invasion through inhibition of the inhibitory subunit of nuclear factor-κB kinase, which in turn lead to apoptosis. The study further demonstrated the potential of anacardic acid in inhibiting the expression of vascular endothelial growth factor (VEGF), which could make it equivalent to bevacizumab (Avastin), the approved antibody against VEGF for the treatment of cancer and macular degeneration. The inhibition of NF-κB activation by anacardic acid was explained as the reason for its antiangiogenic, antiproliferative, antimetastatic, proapoptotic, and anti-inflammatory effects. The study has given a real insight into one of the mechanisms by which anacardic acid exerts its antiproliferative effect on cancer cells. It is important to mention that further studies are needed to explore therapeutic potential of anacardic acid against cancer and other diseases [[7\]](#page-163-6).

Another important mechanism by which CNSL components can inhibit tumor growth is by the inhibition of histone acetyltransferases (HAT) as reported by Eliseeva et al. HAT and histone deacetylases (HDAC) are involved in chromatin structure modifications through acetylation and deacetylation of proteins, respectively. They are playing a role in important signaling pathways, and their loss of function or gain of function can lead to severe consequences for the cell and the entire organism, including malignant transformation. The study has explored anacardic acid and its derivatives as potent HAT inhibitors for anticancer therapy [\[8](#page-163-7)].

To increase biological activity, 28 structural analogues were derived from anacardic acid by introducing a second aromatic ring, changing the position of the alkyl chain and its length, and making various substitutions at the second aromatic ring. These compounds were investigated for their HAT inhibitory properties using human cervical cancer cell line (HeLa) nuclear extract as a source of multiple HAT activities. HAT inhibitory potency was found to vary for each of the compounds, and none of the derivatives was more efficient than anacardic acid in inhibiting total HAT activity. The single most efficient modification was the conversion of the ethyl esters to the corresponding carboxylic acids, and increased HAT inhibitory potency up to 10-fold was obtained.

The cytotoxicity of these compounds was determined using human breast cancer cell line (MCF7), prostate cancer cell line (PC3), HeLa and human T lymphocyte cell lines (Jurkat). The cytotoxicity of the derivatives was similar to or slightly greater than that of anacardic acid, and none of them were toxic to normal human cells. A clear correlation between HAT inhibitory potency of the compounds and their effects on cell proliferation was also observed. A drawback of the newly synthesized compounds in comparison with anacardic acid was suggested as the increased hydrophobicity, which could affect its cell penetration capacity. Significance of the study was that the observed wide variability of HAT inhibitory efficacy in structurally closely related compounds could facilitate the design of more potent HAT inhibitors for future studies [\[8](#page-163-7)].

Balasubramanyam et al. [\[9](#page-163-8)] evaluated anacardic acid as a potent inhibitor of HAT p300. As mentioned earlier, HAT enzymes are potential targets for antineoplastic therapy recently. The IC50 values of anacardic acid for p300 HAT and p300/CBP-associated cofactor (PCAF) HATs were 8.5 and 5 µm, respectively. An anacardic concentration of 15 μ m was found to inhibit HAT activity by 90 %. The amide derivatives of anacardic acid were synthesized using substituted anilides, which showed an enhancement of p300 HAT activity. It was concluded that anacardic acid was efficient for the broad inhibition of HAT activity, without specificity. However, anacardic acid could be a potential precursor for the synthesis of novel HAT activity modulators.

Chandregowda et al. tested the cytotoxicity of several benzamide derivatives of anacardic acid using HeLa cell line with relatively high expression of HAT p300 and colorectal adenocarcinoma HCT-15, which is p300 negative. Among the compounds studied, 2-isopropoxy-6-pentadecyl-*N*-pyridin-4-ylbenzamide, 2-ethoxy-N-(3-nitrophenyl)-6-pentadecylbenzamide, and 2-ethoxy-6-pentadecyl-*N*-pyridin-4-ylbenzamide were found to be the effective cytotoxic compounds with the IC50 values of 11.02, 13.55, 15.29 mM, respectively. Interestingly, the cytotoxicity activities exhibited by these compounds were comparable with the naturally occurring and cell-permeable HAT inhibitor garcinol [[10\]](#page-163-9).

Sun et al. explored the sensitization of tumor cells to ionizing radiation by inhibition of HAT activity using anacardic acid. The study aimed at the inhibition of HAT Tip60, which could prevent effective repair of DNA damage and sensitize the cells to genotoxic agents such as ionizing radiation. It was verified that anacardic acid inhibits the Tip60 HAT in vitro with an IC50 of 9 µM and blocks the

Tip60-dependent activation of the ATM and DNA–PKcs protein kinases by DNA damage in vivo. Cell-specific sensitization by anacardic acid toward radiation was also observed in the study. For example, HeLa cells were found to be sensitized threefold in the presence of anacardic acid, whereas human squamous carcinoma cells showed only a twofold increase. The study demonstrated that anacardic acid could inhibit HAT, which in turn sensitize a tumor toward ionizing radiation. This observation can lead to new therapeutic inventions for anticancer treatment [\[11](#page-163-10)].

Sukumari-Ramesh et al. [[12\]](#page-164-0) evaluated the effect of anacardic acid as a radiosensitizer in reducing the growth and proliferation of pituitary adenoma cells. Although pituitary adenomas are manageable with the existing modalities, the study is highly relevant in that there are many limitations and exceptions, where the current therapeutics are not effective. It was hypothesized that the use of a novel plant-derived radiosensitizer could allow more destructive targeting using radiation and avoid collateral toxicity. This radiosensitization of the cells was also achieved through HAT-inhibiting capacity of anacardic acid.

The pituitary adenoma cells rat GH3 and mouse MMQ were used for the concentration- and time-dependent cytotoxicity evaluations. It was reported that anacardic acid significantly decreased the viability of GH3 and MMQ cells, which was dependent on both concentration and time. A non-classical apoptotic mechanism was doubted for the observed cytotoxicity. It was also noticed that anacardic acid also reduced the expression of survivin and X-linked inhibitor of apoptosis protein. These antiapoptotic proteins are associated with cellular survival and radioresistance, which in turn radiosensitized pituitary adenoma cells. As concluded by the authors, these findings definitely warrant further evaluation of anacardic acid as a single agent or as an adjunct to radiation therapy for the treatment of pituitary adenomas [[12\]](#page-164-0).

As an advanced study in the exploration of cardanol as an anticancer drug, Massaro et al. evaluated a method to release cardanol, at the required site by using halloysite nanotubes. The design strategy was aimed to overcome the low solubility of cardanol in physiological media, which could limit its application as an anticancer drug. Halloysite is a natural aluminosilicate clay with a hollow tubular structure, useful for loading and releasing biomacromolecules and drugs. Cardanol was encapsulated into halloysite nanotubes by mixing with both pure and triazolium salt-modified halloysite. Figure [8.3](#page-155-0) shows the scanning electron micrographs of pure halloysite–cardanol and triazolium salt-modified halloysite– cardanol complexes. The study confirmed supramolecular interaction and complex formation between pristine or modified clay and cardanol. Extended release profile of cardanol from triazolium functionalized cardanol, in three different pH solutions, was elucidated as pH is a key factor influencing the oral drug delivery. Of the three studied pHs, i.e., 1, 7.4, and 6, maximum release was observed at a pH of 1. Because cardanol is only adsorbed on HNT outer surface, the overall release process was explained as due to only a single desorption step. Cytotoxicity assay has proven that both pure cardanol and halloysite nanotubes were noncytotoxic, whereas triazole possibly had some biological activity, which affected cell viability. The low toxicity of free cardanol was ascertained as due to the low

Fig. 8.3 SEM images of **a**, **b** functionalized halloysite–cardanol complex and **c** pure halloysite– cardanol complex (Reproduced from ref. [[13](#page-164-1)] 2015, Elsevier)

solubility in physiological medium, which limits its clinical application. However, this observation is contradictory to many other reports, where it has proven that cardanol exhibits significant anti-proliferative activity [\[13](#page-164-1)].

Another interesting study was that by Al-Hazzani et al., which explored a nanoemulsion based on cashew nut shell liquid, as a potent inhibitor of human breast cancer cell proliferation. The dual aims of the study were to evaluate the potential of nanoemulsions for increasing the solubility of drugs and the in vitro cytotoxicity against human breast cancer cells. CNSL nanoemulsions were prepared using Polysorbate 80, nonionic hydrophilic surfactant as an emulsifier. Nanoemulsion of fine CSNL with cell culture medium dispersions, having droplets covering the size range of 400–1000 nm, was prepared by spontaneous emulsification mechanism. Human breast cancer cells treated with the CSNL nanoemulsion showed loss of viability and death through apoptosis and necrosis. The IC50 value for 48-h treatment groups was found in the range of 88 ± 14.2 μ l/ml. Even though it was mentioned that the exact mechanism of action of CNSL on human breast cancer cells was not known, an apoptotic pathway was suggested for the observed cytotoxicity. However, the study has failed in providing adequate characterization of the nanoemulsion [\[14](#page-164-2)].

Contradictory to the observations that the CNSL possesses anticancer properties, reports are also there, on it as a tumor-promoting agent. Banergee et al. studied CNSL for its potency in promoting the 7,12-Dimethylbenz[a]anthracene (DMBA)-initiated cells into papillomas, in a murine two-stage skin tumorigenesis model system. It was observed that DMBA or CNSL, when applied alone, failed to induce any tumor growth, whereas a dose of DMBA with 2 % CNSL definitely exhibits a weak tumor-promoting effect [[15\]](#page-164-3).

The above reports clearly proved the anti-proliferation capacity of CNSL components on cancer cells. The results indicate it as a promising chemotherapeutic for anticancer therapy. Various mechanisms are suggested for the observed cytotoxicity, the HAT inhibition mechanism being the most prominent. Efforts were also initiated to evaluate the methods for the localized delivery of cardanol.

8.3 CNSL-Based Nanomorphologies for Drug Delivery Applications

In the last few decades, the study of low-cost, highly efficient, and innovative drug delivery devices has attracted many researchers around the world. The therapeutic activity of certain existing drugs is limited due to several reasons such as poor water solubility, lack of controlled drug release, poor targeting ability, low drug stability, and inability of the drug to cross the lipophilic cell membranes. These demands led to a continuous research on different drug carrying vehicles and mechanisms to carry the therapeutic agent into a specific body part or cell compartments to repair or detect the damages, called drug delivery systems.

The carrier-based drug delivery technique is the most widely studied approach due to the following reasons:

- 1. This method improves the bioavailability of drugs
- 2. The drug carrier provides necessary protection to the drug molecule
- 3. The encapsulation/absorption of the drug inside the carrier could reduce undesired side effects
- 4. The freedom of selection of appropriate carrier material according to the required drug release profile and individual medical needs.

Some of the most studied carrier systems are polymers, micelles, liposomes, hydrogels, dendrimers, cyclodextrins, and nanoparticles.

CNSL-based nanomorphologies are receiving great attention as potential drug delivery vehicles due to its unique structural advantages. The reactive phenol group and unsaturated hydrophobic alkyl side chain at the meta-position direct cardanol/anacardic acid to form amphiphilic building block with supramolecular architecture, for instance formation of cardanol/anacardic acid micellar structures. The hydrophobic drugs can be encapsulated in the hydrophobic core of micelles and transported to the required zone. Often the encapsulated drug concentrations

are above the intrinsic water solubility of the drug. Moreover, the hydrophilic head of the micelle can form hydrogen bonds with the surrounding aqueous environment and form a protective shell around the core of the micelle. As a result, the encapsulated drugs at the hydrophobic core are effectively protected from degradation and harmful side effects. In addition, functionalization of cardanol/anacardic acid provides the freedom to serve as templates for the synthesis of novel nanomaterials having controlled molecular weight, size, and morphology. Further, structural modification of CNSL with specific targeting groups or pharmacologically active ligands is a very promising strategy to a broader range of sites of activity with a much higher selectivity.

A completely "green", nanomicellar system containing high percentage of cardanol was prepared by combining cardanol and cholesterol. Under alkaline condition, a mixture of cardanol and cholesterol formed a vesicle-shaped nanodispersion (Fig. [8.4\)](#page-157-0). A lipophilic porphyrin functionalized with cardanol (porphyrin–cardanol nanohybrid) was encapsulated into this vesicular nanodispersion [[16\]](#page-164-4). The hydrophobic layer of this vesicle acted as a host for the lipophilic porphyrin–cardanol nanohybrid. Here, cardanol acted as a solvent for the nanohybrid and cholesterol. The stability and permeability of the phospholipid bilayer of 1-palmitoyl-2-oleylphosphatydilcholine liposomes was demonstrated using self-assembled cardanol as an easily available non-toxic replacement for cholesterol in drug targeting [[17](#page-164-5)].

In another study by the same research group, a natural phenolic compound derived from rowanberries called chlorogenic acid was encapsulated into the cardanol–cholesterol vesicle-shaped nanocarrier in aqueous environment and studied the encapsulation efficiency of the prepared cardanol–cholesterol green carrier [\[18](#page-164-6)].

Mahata et al. prepared a soft "green" drug carrier by coupling diazonium at the ortho- and para-positions of cardanol and studied the delivery of an antifungal agent, amphotericin B, into aqueous medium. In this study, an effort was made to overcome the emergence of biofilm-related multi-drug-resistant (MDR) pathogens by using the principles of combination therapy and sustained drug release. The self-assembled diazonium–cardanol enhanced antifungal activity with chitin binding ability. Among the two drug-loaded carriers, only the para-diazonium-coupled

cardanol showed a spherical morphology and the host–guest complexes (para coupled carrier: amphotericin B) were aggregated by $\pi-\pi$ stacking interaction between polyene of amphotericin B and the unsaturated chain of para-diazoniumcoupled cardanol. The system played a dual role as amphotericin B strongly bound to ergosterol as well as para-diazonium-coupled cardanol bound to chitin and enhanced the antifungal activity [\[19](#page-164-7)].

One of the most conventional methods of drug administration is the oral route. The oral delivery of drugs such as insulin will be a boon to diabetic patients. Sharma et al. [\[20](#page-164-8)] synthesized self-aggregated nanoparticles by modifying chitosan with anacardic acid, and studied its potential for oral insulin delivery. The amino group of chitosan was reacted with acetoxy derivative of anacardic acid using acid chloride chemistry to get region-specific N-amidation. Chitosan modified with anacardic acid spontaneously formed nanoparticles in aqueous insulin solution at neutral pH. The hydrophobic nature of the nanoparticles resulted in a sustained release of insulin in the intestinal environment, and the released insulin was stable with no conformational change.

In a complimentary study, Sharma et al. prepared different molecular weight anacardoylated chitosan, which can spontaneously form cytocompatible nanoparticles in aqueous protein solutions. These self-aggregated nanoparticles were further encapsulated in calcium alginate for preparing pH-responsive nanoparticles. The authors observed a sustained release profile for the protein-based drug without any conformational change. The anacardoylated chitosan nanoparticles encapsulated in alginate capsules could be an excellent carrier system for delivering protein or peptide-based drugs to the intestine [\[21](#page-164-9)].

8.4 Cardanol and Anacardic Acid-Based Gels

Molecular gels are a class of physical gels, formed by the self-assembly of low molecular weight compounds and are held together by non-covalent interactions such as π interaction, dipolar interaction, hydrogen bonding, coulomb interactions, van der Waals interactions, solvophobic interactions, and other supramolecular weak forces. The molecular gels formed by the self-assembly of natural systems have great interest due to their excellent biocompatibility. In addition, the hydrogel derived from small organic molecules possesses dynamic reversible property, which leads to the sol-to-gel or gel-to-sol phase transition upon a trigger by external stimuli such as light, temperature, pH, electric field, magnetic field, mechanical force, and chemical stimuli. John and Vemula developed a series of lipid amphiphiles from cardanol, having four meta-alkyl phenols, with alkyl chains differing in the degree of unsaturation. To generate such glycolipid structures, they have attached a hydrophilic group (sugar unit) on the phenolic head of cardanol (Fig. [8.5\)](#page-159-0). Subsequently by utilizing the principles of self-assembly and green chemistry, a variety of soft nanomaterials such as lipid nanotubes, helical or twisted nanofibres, low molecular weight hydrogels/organogels, and liquid

Fig. 8.5 Chemical structure of cardanol-based amphiphiles and general cartoon representation of the structure of an amphiphile (Reproduced from ref. [\[2\]](#page-163-1) 2006, Royal Society of Chemistry)

crystals were prepared. In vitro and in vivo experiments were lacking in this study. However, the authors envisaged that these types of soft materials would find applications in biomaterials and biosensors [[2\]](#page-163-1).

Lalitha et al. [[22\]](#page-164-10) synthesized a novel multifunctional cardanol containing π-conjugated fluorescent-labeled pyrene derivative that self-assembled into supramolecular soft materials through hydrogen bonding interactions and $\pi-\pi$ stacking interactions of pyrene units. For the synthesis, cardanol aldehyde was first prepared by electrophilic aromatic substitution on phenol. The Knoevenagel reaction of the asynthesized aldehyde with ethyl acetoacetate under ambient reaction condition resulted in the formation of 3-acetylcoumarins. Then, the organo π -gelators were synthesized by aldol condensation reaction between 3-acetyl coumarins with 1-pyrenecarboxaldehyde (Fig. [8.6](#page-160-0)).

At higher concentration, the asynthesized multifunctional coumarin-coupled pyrene derivative formed a gel, whereas at lower concentration it formed selfassembled nanostructures (Fig. [8.7](#page-161-0)). Due to the fluorescent tagging, the nanomaterial obtained at lower concentration could find applications in fibroblast and PC3 prostate cancer cell imaging (Fig. [8.8](#page-161-1)). Interestingly, this nanomaterial exhibited pharmacological activity by suppressing the proliferation of PC3 cells, which is hypothesized as the inhibition of Wnt/beta-catenin signaling [\[22](#page-164-10), [23](#page-164-11)].

Fig. 8.6 Synthesis of multifunctional pyrene-coupled coumarin-based derivative (Reproduced from [\[22\]](#page-164-10))

These types of fluorescent supramolecular self-assembled soft nanostructures provide a promising platform for in vitro fluorescence imaging and disease therapeutics. In an alternative study, Lalitha et al. [\[3](#page-163-2)] synthesized a stimuli-responsive

Fig. 8.8 LCSM images of **a**–**c** fibroblast cells and **d**–**f** prostate cancer cells incubated with pyrene-coupled coumarin derivative for 24 h. *Green color* is from the auto-fluorescence of the π-conjugated systems and *blue nucleus* differentiation is from Hoechst stain (Reproduced from ref. [\[22\]](#page-164-10) 2016, Royal Society of Chemistry)

polymer coumarin-tris derivative from cardanol. The synthesis of the polymer is schematically shown in Fig. [8.9.](#page-162-0)

The presence of distinct hydrophilic part, i.e., tris-unit, directs this molecule into amphiphilic self-assembled structures. These amphiphilic molecules self-assembled into fibers in the form of gels at neutral and basic pH condition, and formed vesicles and nanotubes at acidic pH condition (Fig. [8.10](#page-162-1)). The stability of the self-assembled molecular structures was ascribed to hydrogen bonding and $\pi-\pi$ interaction. The authors have demonstrated a multistimuli-responsive nature for the coumarin-tris-based gel, by exploring the reversible sol–gel phase transition of the gel in the presence of pH and Fe^{3+} ion stimuli.

Fig. 8.9 Synthesis of coumarin-coupled tris-amphiphiles (Reproduced from [[3\]](#page-163-2))

Fig. 8.10 Reversible sol–gel switching of coumarin-coupled tris-amphiphiles (Reproduced from ref. [\[3\]](#page-163-2) 2015, Royal Society of Chemistry)

A chemopreventive drug curcumin was successfully encapsulated into this hydrogel, and the stimuli-responsive release (pH and $Fe³⁺$ triggered) of the encapsulated drug was studied. The reported hydrogel could contribute to the advance of new-generation stimuli-responsive drug delivery systems.

8.5 Conclusions and Future Directions

The first part of this chapter described CNSL as an anti-proliferative material useful for cancer therapy, whereas in the subsequent sections, the structural advantages as well as the lipophilicity of cardanol–anacardic acid-based molecular architectures were highlighted for intracellular/oral delivery of drugs. The contradictory nature of the above applications indicates that the cytotoxicity of pure cardanol/anacardic acid should be controlled through appropriate modifications before exploring it for developing various drug carriers. Most of the reported studies are preliminary in nature, lacking sufficient in vitro and in vivo studies to facilitate their transition to clinical trials. Therefore, an extensive research and a proper optimization (modifications of charge, lipophilicity or size) are required for the effective use of CNSL components as pharmaceutical agents or as drug carriers.

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Chapter 9 Step-Growth Polymers from Cashew Nut Shell Liquid (CNSL)-Based Aromatic Difunctional Monomers

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Abstract Cashew nut shell liquid (CNSL) is an attractive renewable resource material which is available in abundance (44,50,000 tonnes worldwide and 7,53,000 tonnes in India in 2013) at low cost (around 0.27 \$/kg in 2015) and is mainly composed of anacardic acid, cardanol, cardol and 2-methyl cardol. Cardanol is obtained as a major product during hot oil extraction or roasting process of CNSL. Cardanol possesses interesting structural features. The aromatic

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ring of cardanol can undergo electrophilic substitution reactions; the unsaturated side chain can undergo epoxidation, hydrogenation, metathesis, etc., while the phenolic hydroxyl group can undergo various reactions such as esterification and alkylation. Such opportunities of chemical modifications offered by cardanol have been extensively explored to synthesise a range of interesting aromatic difunctional monomers that have subsequently been utilised to prepare a host of step-growth polymers. Summarised herein are research efforts that have contributed towards the synthesis of step-growth polymers based on aromatic difunctional monomers derived from cardanol. The properties of high-performance polymers, with a particular focus on processability and thermal characteristics, are highlighted.

9.1 Introduction

9.1.1 Background

Unquestionably, today, we live in the 'Plastics Age'. An estimated average worldwide production of plastics is around 250 million tonnes per year, with a yearly average growth of 10% [[1,](#page-209-0) [2\]](#page-209-1). Plastics are mostly derived from fossil resources. Almost all organic chemicals can be derived from seven basic building blocks, namely syngas, ethylene, propylene, butanes, butylenes, butadiene and BTX (mixture of benzene, toluene and xylene) which are mostly obtained from fossil resources, viz. natural gas, petroleum and coal [[3,](#page-209-2) [4\]](#page-209-3).

Over the past several years, spectacular progress has been made in petrochemical industry, so much so, that one might even question the need to investigate the area of renewable resources. However, the complete dependence on fossil resources has its own limitations. Fossil resources are generated through chemical and biological processes occurring over millions of years, while the rate of consumption of these resources is several times the rate of their formation [[5–](#page-209-4)[8\]](#page-209-5). Fossil resources being non-renewable in nature, it is logically advisable to investigate the use and consumption of renewable resources for the production of chemicals. One of the promising renewable resources is biomass. Biomass refers to any organic matter having recent biological origin, including plant materials, agricultural crops and animal residues [[9\]](#page-209-6). Biomass remains an attractive resource for obtaining chemicals, especially platform chemicals [[10\]](#page-209-7). Platform chemicals are defined as chemicals from which many value-added chemicals may be derived, which in turn can be used to manufacture end-use commodities such as plastics and resins [[11\]](#page-209-8). A biomass-based economy will require a well-developed biorefinery system [\[12](#page-209-9), [13\]](#page-209-10). The products (biochemicals) obtained from biomass can be intermediates, final products or other materials [\[14](#page-210-0)[–16](#page-210-1)]. International Energy Agency (IEA) Bioenergy (task 42) has defined biorefinery as the sustainable processing of biomass into a spectrum of marketable products and energy. This simply implies the concept of separating the components of biomass obtained from

Fig. 9.1 Sources of biochemicals

a source and their valorisation. There is presently a huge potential for bioderived chemicals to share markets with fossil-based counterparts.

Major renewable resources include wood, plant residues, algae, animal residues and bacterial biomass [\[9](#page-209-6), [17](#page-210-2)] (Fig. [9.1](#page-167-0)).

Edible biochemicals include starch, vegetable oils and sugars. Natural phenols, hemicelluloses and other biochemicals derived from wood, animal residues, algae and bacterial biomass are non-edible. Such non-edible bioresources are preferred as starting materials for chemicals as they do not put undue pressure on the food industry. Biochemicals are attractive sources of both aliphatic and aromatic monomers. Rich sources of aromatic monomers include lignins, tannins and natural phenols such as cashew nut shell liquid (CNSL). Lignin is an important biopolymer present in plant cell walls, which is industrially obtained as a coproduct of paper manufacture. Lignin is an important source for obtaining vanillin, which has a huge potential as a source for biobased monomers [\[18](#page-210-3)]. Naturally occurring vegetable tannins are mainly phenolic in nature and are classified into two broad classes, namely condensed/ polyflavonoid tannins and hydrolysable tannins. 2,5-Furan dicarboxylic acid (FDCA), 5-hydroxymethyl furfural and a variety of FDCA-based materials, which can be readily and economically prepared from a vast variety of agricultural and forestry wastes [\[19](#page-210-4)], are important precursors for the synthesis of aromatic monomers.

Several biomass-based programmes and projects have been funded by governments and industries around the world. 'CatchBIO' is a Dutch research programme in the field of catalytic biomass conversion with 21 partners which include the research institutes and companies such as BASF [\[20](#page-210-5)]. 'BIO-TIC' is a project funded by the European Union [[21\]](#page-210-6). 'ARENA' (Australian Renewable Energy Agency) is an independent agency of the Australian Federal Government to manage renewable energy programmes in the country [\[22](#page-210-7)]. Delft Advanced Biorenewables (DAB) is a private company in the Netherlands dealing with biorenewables [\[23](#page-210-8)]. These are just a few representative programmes involved in biorenewables.

A number of researchers have reviewed monomers and polymers synthesised from various biomass resources [[16,](#page-210-1) [24,](#page-210-9) [25](#page-210-10)], including various furan and vegetable oil-based monomers and polymers [\[26](#page-210-11), [27\]](#page-210-12). Tschan et al. [[28\]](#page-210-13) have discussed biodegradable polymers from biomass, while Zhang et al. [\[29](#page-210-14)] have summarised the recent advances in the utilisation of biomass as separators, binders and electrode materials. Datta et al. [[30\]](#page-210-15) have discussed biobased epoxy resins. Wilbon et al. [\[31](#page-210-16)] have reviewed the details of polymerisation and copolymerisation of terpenes, terpenoids and rosin-derived monomers. Llevot et al. [[32\]](#page-210-17) and Upton et al. [\[33](#page-210-18)] have reviewed various lignin-derived aromatic compounds and polymers, while Galbis et al. [[34\]](#page-210-19) have reviewed various monomers and polymers derived from carbohydrates. Arbenz et al. [\[35](#page-210-20)] have discussed the chemical modification and synthesis of polymeric materials from tannins.

CNSL, as an interesting bioderived chemical, with enormous potential in the field of polymer chemistry, has been discussed in the subsequent sections.

9.1.2 Cashew Nut Shell Liquid (CNSL)

CNSL belongs to the class of naturally occurring phenols, a non-edible by-product of cashew (*Anacardium occidentale* L) industry and a promising renewable resource. Cashew tree originated in Brazil, but is presently cultivated in many countries. The top five cashew producers (as of 2013) are Vietnam, Nigeria, India, Cote d'Ivoire and Brazil [\[36](#page-210-21)]. The actual fruit of the cashew tree is a 'drupe' out of which grows the oval- or pear-shaped cashew apple, which is an accessory (or false) fruit. It is edible and is used for making jams, jellies and alcoholic drinks. The distal end of the cashew apple is attached to the cashew nut, the edible portion of which is encased in a double-layered shell. The shell has a honeycomb structure and contains CNSL—a greenish yellow viscous liquid (Fig. [9.2\)](#page-169-0). The cashew nut and cashew apple are the cash crops yielded by the cashew tree, while CNSL is an agricultural by-product [\[37](#page-210-22)[–40](#page-210-23)].

Traditionally, CNSL is obtained as a by-product during the process of removing the cashew kernel (edible part) from the nut, by the hot oil process or roasting process [[41\]](#page-210-24). More recent and improved methods of extraction include solvent extraction technique $[40, 42]$ $[40, 42]$ $[40, 42]$ $[40, 42]$ and supercritical extraction using $CO₂$ and isopropyl alcohol and vacuum pyrolysis [[43,](#page-211-1) [44](#page-211-2)]. CNSL is purified by chemical treatment

Fig. 9.2 The cashew fruit

with sulphuric acid and other acid treatments before further use. Subsequently, it may be distilled under reduced pressure or hydrogenated [[45\]](#page-211-3).

A number of review articles have dealt with the extraction, isolation and applications of CNSL [[19,](#page-210-4) [46,](#page-211-4) [47\]](#page-211-5). Bladzell [\[48](#page-211-6)] has discussed the usefulness of cashew nut, dealing with its history, cultivation, extraction and various products. Mele et al. [\[49](#page-211-7)] have reviewed CNSL-based fine chemicals as well as cardanol hybrids. Balachandran et al. [[50\]](#page-211-8) have discussed the generation of soft nanomaterials from cardanol. Voirin et al. [\[51](#page-211-9)] have reviewed purification, separation methods, reactivity and applications of CNSL.

9.1.3 Components of CNSL

Naturally occurring CNSL consists of four major components, viz. anacardic acid, cardanol, cardol and 2-methyl cardol (Fig. [9.3\)](#page-170-0). Commercial-grade CNSL mainly consists of cardanol, 2-methyl cardol and cardol as anacardic acid gets almost completely converted to cardanol due to decarboxylation occurring during the extraction and refining processes [\[52](#page-211-10)]. Composition of natural and technical CNSL is depicted in Table [9.1.](#page-170-1) Each component of CNSL is a mixture of four constituents differing in the side chain unsaturation, namely saturated $(-5-8\%)$, monoene (~48–49 %), diene (16–17 %) and triene (29–30 %) [[53\]](#page-211-11).

Cardolite Corporation, USA, is the world leader in developing and manufacturing products based on CNSL [\[54](#page-211-12)].

Fig. 9.3 Components of CNSL ([[51](#page-211-9)] reproduced with the permission from the Royal Society of Chemistry)

Table 9.1 Components of natural and technical CNSL (in wt%) ([[51](#page-211-9)]—reproduced with the permission from the Royal Society of Chemistry)

Component/other material	Natural CNSL	Technical CNSL
Cardanol $(\%)$	1.20	62.86
Cardol $(\%)$	11.31	11.25
2-Methyl cardol $(\%)$	2.04	2.08
Anacardic acid $(\%)$	64.93	$N.D.*$
Polymer (and minor materials)	20.3	23.8

**N.D*. not detected

9.1.4 Reactivity of Cardanol

Cardanol possesses a C-15 hydrocarbon chain *meta* to the phenolic –OH, a unique orientation which would be difficult to achieve synthetically. Moreover, cardanol provides a number of sites for functionalisation and modification which include the phenolic –OH, the aromatic ring and the unsaturation(s) in the side chain (Fig. [9.4\)](#page-171-0).

The aromatic ring can undergo various electrophilic substitution reactions such as nitration, bromination, alkylation, and acylation. The unsaturated C-15 side chain provides sites for epoxidation, hydrogenation, phenolation, metathesis, etc., while the phenolic OH- group can undergo modification through esterification, alkylation, etc. Such possibilities for modifications can be utilised to synthesise designed monomers and polymers, as has been discussed in the subsequent sections.

Fig. 9.4 Reactive sites in cardanol ([\[51\]](#page-211-9) reproduced with the permission from the Royal Society of Chemistry)

Fig. 9.5 The theme of the chapter

In this chapter, the objective is to summarise research carried out pertaining to the synthesis of aromatic difunctional monomers based on cardanol/CNSL and their utilisation for the preparation of step-growth polymers. Cardanol-based addition monomers, thermoset resins, polymer additives and other value-added chemicals are outside the scope of the present chapter and have been dealt with elsewhere [\[19](#page-210-4), [46–](#page-211-4)[51\]](#page-211-9). The following graphic (Fig. [9.5\)](#page-171-1) suitably illustrates the theme of this chapter.

9.2 Difunctional Monomers Based on CNSL and Step-Growth Polymers Therefrom

9.2.1 CNSL-Based Aromatic Difunctional Condensation Monomers

Aromatic diamines, diacids, diphenols, diisocyanates, dialdehydes, etc., are the main classes of condensation monomers useful for the preparation of high-performance polymers. A large number of difunctional monomers possessing special structural features have been synthesised till date. Researchers still continue to synthesise new difunctional monomers which simply serve as 'drop-in substitutes' for commercial monomers already in practice for the purpose of imparting special properties to the existing polymers.

Cardanol, due to its interesting reactive sites (phenolic –OH, aromatic ring and unsaturation in the pentadecenyl chain), has been utilised as a starting material for the synthesis of difunctional condensation monomers [[51\]](#page-211-9). Furthermore, cardanol is derived from biomass, which makes it an even more attractive starting material for the synthesis of aromatic difunctional monomers useful in polycondensation chemistry. Cardanol possesses a long hydrocarbon chain (C-15), which is expected to impart interesting properties to the synthesised polymers. Difunctional condensation monomers possessing long pendent hydrocarbon chains are difficult to synthesise traditionally from petrochemical resources. Various difunctional condensation monomers such as diamines, diacids, diphenols, dialdehydes, diacylhydrazides, and diisocyanates were derived from cardanol, as listed in Tables [9.2](#page-173-0) and [9.3.](#page-177-0) The listed monomers have been synthesised either from cardanol or from 3-pentadecyl phenol, which in turn is obtained from cardanol through side chain hydrogenation.

Majority of the monomers listed in Table [9.2](#page-173-0) are of AA type, while entry no. 34 is of AB type. Cardanol possesses an –OH group and a hydrocarbon chain *meta* to each other, thus providing a useful means of designing *meta*-substituted monomers. Besides this inbuilt *meta* relationship, *meta*-substituted monomers (Table [9.2](#page-173-0), entries 11, 13, 14, 15, 22, 23, 31, 33, 35 and 36) have also been designed through typical electrophilic substitution reactions guided by the electron-rich –OH group. The cardanol molecule has been suitably modified to synthesise unsymmetrical monomers (Table [9.2,](#page-173-0) entries 1, 2, 3, 4, etc.). Subsequently, monomers containing flexible ether linkages (Table [9.2](#page-173-0), entries 3, 16, 17, 20, 21, 24, 26, 28, 29, 32, 37 and 38) were synthesised. Monomers possessing aromatic ring(s) derived solely from cardanol contribute more towards their 'greenness' (Table [9.2,](#page-173-0) entries 1, 2, 5, 10–12, 31, 33–36). Cardbisphenol, i.e. 1,8-bis(hydroxyphenyl)pentadecane (Table [9.2,](#page-173-0) entry 10), was prepared from cardanol and phenol. This has been shown to consist of two isomers and is used in the preparation of resins useful in surface-coating industries [\[69](#page-212-0)]. Cardanol was converted to 3-(8-hydroxy-octyl) phenol (Table [9.2,](#page-173-0) entry 1) through ozonolysis, followed by reduction using sodium borohydride.

The difunctional monomers listed in Table [9.2,](#page-173-0) except the monomers represented by entries 1 and 34, have been synthesised through functional group transformations and coupling reactions, wherein the C-15 hydrocarbon chain remains unaltered with respect to carbon number. Another interesting strategy exists, wherein the unsaturation in the C-15 hydrocarbon chain of cardanol is exploited, through olefin metathesis reactions.

Olefin metathesis involves redistribution of fragments of alkenes by scission and recombination by carbon–carbon double bonds. CNSL is comprised of components which have fifteen carbon unsaturated chains. Hence, application of olefin metathesis on cardanol can give rise to interesting monomers which may be

Sr. No.	Monomers	Polymers	References
Diphenols/diols			
1.	OH $CH2$ $+$ OH 8	Polycarbonates	$[55]$
2.	OН $C_{15}H_{31}$ òн	Polyesters	$[56]$
3.	HO oн C ₁₅ H ₃₁	(Co)polyesters	$[57]$
4.	OН HO $c_{15}H_{31}$	Poly(arylene ether)s	$[58]$
5.	$C_{15}H_3$ oн нc $c_{15}H_{31}$	\mathbf{a}	$[59]$
6.	HO OН $c_{\rm isH_{21}}$	Polyurethanes	[60, 61]
7.		(Co)polyesters and poly(arylene ether)s	$[62 - 64]$
8.		(Co)polyesters and poly(arylene ether)s	$[64 - 67]$
9.	нc ĎН $R = C_{15}H_{31}$	\mathbf{a}	$[68]$
10.	OH	$_^{\rm b}$	$[69]$

Table 9.2 CNSL-based difunctional condensation monomers

(continued)

Sr. No.	Monomers	Polymers	References
Diamines			
11.	NH ₂ H_2N $C_{15}H_{31}$	Polyimides, polyamides and poly(azomethine)s	[70, 71]
12.	NH ₂ H_2N $c_{15}H_{31}$	Polyimides	$[72]$
13.	NH ₂ H_2N $\overline{\circ}$ $C_{15}H_{31}$	Polyimides and polyamides	[73, 74]
14.	H_2N NH ₃ $c_{15}H_{31}$	Polyimides and polyamides	[73, 74]
15.		Polyimides and polyamides	[73, 74]
16.	$c_{15}H_2'$	Poly(azomethine)s	$[75]$
17.	H_2N $C_{16}H_2$	\mathbf{a}	$[67]$
18.		(Co)polyimides	[62, 76]
19.	NH ₂	Poly(amideimide)s	$[77]$
20.	NH ₂ H_2 C ₁₅ H ₃₁	Polyimides	$[78]$
21.	NH ₂ H ₂ $C_{15}H_{31}$ S _{ta} H _{at}	Polyamides and polyimides	$[79]$
22.	NH.	\mathbf{a}	$[56]$

Table 9.2 (continued)

(continued)

Table 9.2 (continued)

Diacylhydrazides

Diisocyanates

Sr. No.	Monomers	Polymers	References
	Miscellaneous monomers		
33.	$(EtO)_2$ OPH ₂ C. CH ₂ PO(OEt) ₂ MeO [®] $C_{15}H_{21}$	Poly $(m-$ phenylenevinylene)s	$[85]$
34.	$\left(\text{CH}_2\right)$ COOH HO [*]	Polyesters	$[86 - 88]$
35.	NC CN MeO $C_{15}H_{31}$	\mathbf{a}	$[56]$
36.	Br Br. MeO $C_{15}H_{31}$	\mathbf{a}	$[56]$
37.	CHO OHC- $C_{15}H_{31}$	\mathbf{a}	$[59]$
38.	Rr $C_{15}H_{31}$	\mathbf{a}	[67]

Table 9.2 (continued)

Green colour indicates the structural components derived from cardanol

a Polymers not reported

^bNot used for the synthesis of thermoplastic polymers

difficult to access by conventional routes. Monomers prepared by metathesis reaction involving cardanol are listed in Table [9.3](#page-177-0) [[89–](#page-212-15)[96\]](#page-213-0).

Table [9.3,](#page-177-0) entries 1–4, shows difunctional monomers obtained through selfmetathesis reactions of cardanol, while monomers, represented by entries 5–12 (Table [9.3](#page-177-0)), are synthesised by cross-metathesis reaction involving cardanol [[92–](#page-213-1) [96\]](#page-213-0). In 2016, Mgaya et al. [[96\]](#page-213-0) synthesised a series of difunctional monomers of various chain lengths from cardanol by applying metathesis chemistry (Table [9.3](#page-177-0), entries 7–12).

Metathesis thus provides a tool by which the carbon atom number of the hydrocarbon chain can be tuned (Table 9.3 , entries $1-12$). It also presents a means to functionalise the hydrocarbon chain (Table [9.3](#page-177-0), entries 5–12) and provides mixed aliphatic–aromatic difunctional monomers (Table [9.3,](#page-177-0) entries 5–12).

Several monomers listed in Table [9.2](#page-173-0) have been utilised to synthesise stepgrowth polymers, while some monomers have not yet been polymerised. The properties of the synthesised polymers are discussed in the subsequent sections.

Sr. No.	Metathesis products based on cardanol	References
$1.$	ŌН	$[89 - 91]$
$\overline{2}$.	Bı Br.	$[89 - 91]$
3.	CHO OHC	$[89 - 91]$
4.	CN CN NC	$[89 - 91]$
5.	OH COOH	$[92 - 95]$
6.	OH COOC ₂ H ₅	$[92 - 95]$
7.	OH OCH ₃	$[96]$
8.	OH OMe Ϊ	$[96]$
9.	OH OMe	$[96]$
10.	OH OMe Ι	$[96]$
11.	OH \int_{0}^{0} ю, $\frac{0}{\pi}$. OMe	$[96]$
12.	OH $\frac{0}{\pi}$ OMe	$[96]$

Table 9.3 Condensation monomers prepared from cardanol through metathesis

Green colour indicates the structural components derived from cardanol

9.2.2 Step-Growth Polymers from CNSL-Based Aromatic Difunctional Monomers

Aromatic polyimides, polyamides, etc., are important classes of high-performance polymers which possess excellent thermo-oxidative stability, mechanical strength, electrical properties, and high radiation and solvent resistance [\[97](#page-213-3), [98\]](#page-213-4). These find applications in fields such as aerospace, automobiles, electronics and other industries as films, coatings, adhesives and membranes for separation of gases or liquids [\[99](#page-213-5)[–103](#page-213-6)].

High-performance polymers generally possess high glass transition temperatures, which are sometimes above their decomposition temperatures, and exhibit poor solubility in common organic solvents, which results into processing difficulties. Several approaches have been used to modify/ improve the processability of high-performance polymers, which include: (1) the insertion of flexible spacers between the rigid units; (2) the insertion of bent or 'crankshaft' units or 'kinks' along the aromatic backbone; and (3) the introduction of bulky side groups or flexible side chains to the aromatic backbone [[104,](#page-213-7) [105\]](#page-213-8). These structural modifications disrupt molecular symmetry, inhibit close packing of the chains and increase the free volume, consequently leading to improved solubility and processability.

Some of the difunctional monomers derived from CNSL as listed in Table [9.2](#page-173-0) have been utilised for the synthesis of a variety of step-growth polymers such as aromatic polyimides, polyamides, poly(azomethine)s, poly(amideimide)s, poly(esterimide)s, polyesters, polyhydrazides, poly(1,3,4-oxadiazole)s and polyurethanes. The special structural features of aromatic difunctional monomers such as a long C-15 alkyl chain, *meta*-substitution and asymmetry have been exploited to synthesise processable high-performance polymers. Cardanol-based monomers possessing pendent C-15 alkyl chain reduce coplanarity of the aromatic rings and disrupt the interchain packing of the macromolecular chains, which in turn leads to processable polymers. *Meta*-substituted monomers introduce 'kinks' in the macromolecular chain resulting in processable polymers. The unsymmetrical monomers cause disruption of symmetry in the polymer chain leading to decrease in the interchain interactions between the polymer chains and also give rise to constitutional isomerism. Monomers containing flexible ether linkages provide polymers with lower internal energy of rotation and disrupt the linear progression in the polymer backbone.

Properties of high-performance polymers derived from the listed cardanolderived difunctional monomers with a particular emphasis on processability characteristics are discussed in the following sections.

9.2.2.1 Aromatic Polyimides

Aromatic polyimides are generally synthesised by polycondensation of aromatic diamines and tetracarboxylic dianhydrides, mainly involving a two-step method via poly(amic acid) formation or by one-step high-temperature solution polymerisation [[106\]](#page-213-9) besides other synthetic routes [\[107](#page-213-10)[–116](#page-214-0)]. Table [9.4](#page-180-0) represents the repeating units of aromatic polyimides derived from CNSL-based aromatic difunctional monomers and data concerning their solubility and thermal properties.

Aromatic polyimides containing pendent pentadecyl chains (Table [9.4](#page-180-0)) were mostly synthesised through one-step high-temperature solution polycondensation, except polyimides represented by entries 10, 11 in Table [9.4,](#page-180-0) which were synthesised by two-step method involving thermal imidisation (Scheme [9.1\)](#page-183-0).

Mathew [[74\]](#page-212-5) synthesised a series of copolyimides by polycondensation of a mixture of pentadecyl chain containing aromatic diamine corresponding to entry 15 (Table [9.2](#page-173-0)) and 4,4'-oxydianiline (ODA) at 5, 20 and 50 mol%, with a number of commercially available aromatic dianhydrides. Another series of copolyimides was synthesised by polycondensation of the same diamine (Table [9.2](#page-173-0), entry 15) with 50 mol% of bis(3,4-dicarboxyphenyl) dimethylsilane dianhydride (SiDA) and other commercially available aromatic dianhydrides. The reported inherent viscosities (η_{inh}) of polyimides (0.23–0.70 dL/g) indicated the formation of medium to reasonably high molecular weight polymers which formed transparent and flexible films from their solutions.

¹H-NMR studies of polyimides (Table [9.4,](#page-180-0) entries 30–32) indicated the presence of constitutional isomerism based on the appearance of four signals corresponding to aromatic protons *ortho* to imide nitrogen, instead of the expected doublet [\[78](#page-212-9)]. Constitutional isomerism arises when an unsymmetrical monomer reacts with a symmetrical monomer. The presence of pentadecyl chain on the phenyl ring imparts asymmetry to the polymer backbone leading to constitutional isomerism (Fig. [9.6\)](#page-183-1). Theoretically, four probable structural orientations occur, viz*. (*a) headto-head, (b) tail-to-tail, (c) head-to-tail and (d) tail-to-head, out of which head-totail and tail-to-head would be indistinguishable by 1 H-NMR spectroscopy [\[56](#page-211-14)].

The results of solubility tests demonstrated that solubility of polyimides was considerably enhanced compared with reference polymers, i.e. polymers without C-15 alkyl chain. The C-15 alkyl chain disrupts interchain packing, thus allowing solvent molecules to penetrate inside the polymer chains, consequently improving polymer solubility. Additionally, the pentadecyl chain provides a handle for interaction with solvent molecules. For example, the polymers represented in Table [9.4](#page-180-0) (entries 1, 2, 6, 32, etc.) were soluble in chloroform and tetrahydrofuran at room temperature in spite of possessing rigid aromatic rings in the backbone, while the reference polyimides were insoluble in the respective solvents.

Thermogravimetric (TG) analysis data indicated that polyimides possessed good thermal stability $(T_{10}$ values above 430 °C). Differential thermogravimetric analysis (DTG) of the synthesised polyimides (Table [9.4,](#page-180-0) entries 6–9) revealed a two-stage weight loss: the first-stage weight loss was due to decomposition of pendent alkyl groups, while the second-stage weight loss was due to decomposition of polyimide backbone. Polyimides containing pendent pentadecyl chains showed a significant drop in glass transition temperature (T_g) values (113–241 °C) compared with reference polyimides (Table [9.4](#page-180-0), entries 6–9). The lowering in T_g values
	Sr. No. Polyimide	η_{inh} a (dL/g)	Solubilityb		$T_{\rm g}$ (°C)°	$T_{\rm 10}$ $({}^{\circ}C)^d$	References
			$CHCl3$ THF				
$1.$		0.33	$++$	$++$	191	493	$[62]$
2.		0.40	$++$	$++$	209	513	$[62]$
3.		0.40	$++$	$++$	178	512	$[62]$
4.		0.33	$++$	$++$	161	503	$[62]$
5.		0.30	$++$	$++$	165	509	$[62]$
6.		0.67	$^{++}\,$	$++$	206 (330)	475	$[70]$
7.		0.49	$++$	-	$176(320)$ 470		$[70]$
8.		0.56	$++$	$++$	159 (305)	480	$[70]$
9.		0.33	$++$	$++$	158 (297)	480	$[70]$
10.		$0.56*$	N.R.	N.R.	N.R.	430	$[72]$
11.		$0.49*$	$\rm N.R.$	N.R.	N.R.	430	$[72]$
12.		N.R.	$+-$	$+-$	212	451	$[74]$

Table 9.4 Aromatic polyimides containing pendent pentadecyl chains derived from difunctional monomers based on cardanol

(continued)

	 Sr. No. Polyimide	$\eta_{inh}^{}$ a	Solubility ^b		$T_{\rm g}$ (°C) ^c	$T_{\rm 10}$	References
		(dL/g)	$CHCl3$ THF			$({}^{\circ}C)^d$	
13.		N.R.	$+-$	$+-$	226	460	$[74]$
14.		N.R.	$\boldsymbol{++}$	$++$	171	468	$[74]$
15.		0.45	$\boldsymbol{++}$	$\boldsymbol{++}$	146	457	$[74]$
16.		0.62	$++$	$++$	156	456	$[74]$
17.		0.42	$\boldsymbol{++}$	$\boldsymbol{++}$	123	450	$[74]$
18.		N.R.	$\overline{}$	$\overline{}$	228	514	$[74]$
19.		N.R.		$+-$	241	449	$[74]$
20.		$0.25*$	$\overline{}$	$++$	237#	487	$[74]$
21.		$0.55*$	$+-$	$++$	216	443	$[74]$
22.		$0.45*$	$\boldsymbol{++}$	$\boldsymbol{++}$	174	488	$[74]$
23.		$0.35*$	$\boldsymbol{++}$	$++$	185	436	$[74]$

Table 9.4 (continued)

(continued)

Sr. No.	Polyimide	η_{inh} a	Solubilityb		$T_{\rm g}$ (°C) ^c	$T_{\rm 10}$	References
		(dL/g)	$CHCl3$ THF			$({}^{\circ}C)^{d}$	
24.		N.R.			219	445	$[74]$
25.		N.R.			224	443	$[74]$
26.		$0.23*$		L,	$237^{\#}$	446	$[74]$
27.		$0.55*$	$++$	$+-$	216#	449	$[74]$
28.		0.32	$++$	$++$	186	444	$[74]$
29.		0.30	$++$	$++$	193	447	[74]
30.	. Hallan	0.70	$++$	$++$	113	460	$[78]$
31.	₩	0.67	$^{++}$	$++$	122	470	$[78]$
32.	₩ . Cistlar	0.66	$++$	$++$	131	460	$[78]$

Table 9.4 (continued)

Green colour indicates the structural components derived from cardanol

*ηinh was measured with 0.5 % (w/v) solution of polyimides in *N,N*-dimethylacetamide at 30 ± 0.1 °C, $\#$ sample was heated to the softening point and then quenched in liquid nitrogen before determining T_g
^a η_{inh} was measured with 0.5 % (w/v) solution of polyimides in chloroform at 30 ± 0.1 °C

^bSolubility measured at 3 % (w/v) concentration –, insoluble; +–, partially soluble or swollen; ++, soluble at room temperature

 ${}^{c}T_{g}$ values obtained from DSC curves from the second heating scans of polyimide samples, values in the bracket T_{g} values of reference polyimides

^dTemperature at which 10 % weight loss was observed from TGA under nitrogen atmosphere N.R. not reported

Scheme 9.1 Synthesis of polyimides based on CNSL-derived aromatic difunctional monomers

Fig. 9.6 Possible sequences arising due to constitutional isomerism

was attributed to interchain packing disruption and increased segmental mobility imparted by the pentadecyl chain.

Alkyl groups are known to improve the solubility, liquid crystal alignment properties, and dielectric and gas permeability properties of polymers. Polyimides have applications as organic alignment films due to good chemical resistance, abrasion resistance and thermal stability. Long alkyl chains and fluorinated alkyl side chains generate high pretilt angles of liquid crystals due to hydrophobic interaction with the polar liquid crystal molecules [\[74](#page-212-2)]. Polyimide corresponding to entry 15 (Table [9.4](#page-180-0)) provided pretilt angle in the range of 0.46°–6.6° when used in combination with various commercial liquid crystals. It showed potential as alignment layers for super-twisted nematic liquid crystal devices where a tilt angle of 5° –14° is required [[74\]](#page-212-2).

Dielectric properties of polymers are dependent on their hydrophobicity, and therefore, polymers containing pendent alkyl groups are expected to have low dielectric constant, which makes them useful as interlayer dielectrics. Dielectric constant (ε) was calculated from capacitance measurements over a range of frequencies for the polyimides represented by entries 15–17 of Table [9.4](#page-180-0) and copolyimides composed of 20 mol% and 50 mol% diamine derived from cardanol (Table [9.2](#page-173-0), entry 15) over a range of frequencies. Polyimides (Table [9.4](#page-180-0), entries 15, 16 and copolyimide composed of 20 mol% diamine derived from cardanol) showed dielectric constant values in the range 0.4–1.7 which were lower than that of polyimide (Kapton) 'H' film (ε = 3.5), a preferred dielectric material in microelectronics applications. Polyimides derived from CNSL-based monomers offer a good choice for microelectronic devices as interlayer dielectrics owing to their low dielectric constant values (ε < 3.5) coupled with good processability [\[74](#page-212-2)].

The presence of pendent alkyl groups along the polymer backbone is important in gas separation applications since they cause an increase in the free volume of the resulting polymer and thereby increase the permeability. Gas permeability studies were performed on polyimides containing pendent pentadecyl chains corresponding to entries 15–16, 21–23 and 27–29 of Table [9.4](#page-180-0). Polyimides corresponding to entries numbered 16 and 22, in Table [9.4,](#page-180-0) displayed high oxygen permeability coefficients and high O_2/N_2 selectivity, showing promise as gas separation membrane materials [[74\]](#page-212-2).

Transmission electron micrographs (TEMs) of grids coated with copolyimides based on diamine possessing pendent pentadecyl chain corresponding to entry 15 (Table [9.2](#page-173-0)). All the films showed holelike structures. Copolyimides based on 20 mol% of the diamine (Table [9.2,](#page-173-0) entry 15) with SiDA, 3,3',4,4'-oxydiphthalic dianhydride (ODPA) and 4,4'-(hexafluoroisopropylidene)diphthalic anhydride (6-FDA) showed resemblance with commercial grids. A holey grid with uniform holes was obtained by using a copolyimide solution of 0.1 %, and a lacey grid was obtained when the concentration was 0.07 % [[74\]](#page-212-2).

9.2.2.2 Aromatic Polyamides

Wholly aromatic polyamides are high-performance organic materials possessing excellent thermal and mechanical resistance arising from their stiff rodlike macromolecular chains that interact with each other via strong and highly directional hydrogen bonds [[97,](#page-213-0) [117](#page-214-0)[–119](#page-214-1)]. Aromatic polyamides can be prepared mainly by low-temperature interfacial polycondensation of a diamine and a diacid chloride or high-temperature solution polycondensation of an activated dicarboxylic acid and a diamine, besides other methods. Aromatic polyamides containing pendent pentadecyl chains are collected in Table [9.5](#page-185-0).

Aromatic polyamides presented in Table [9.5,](#page-185-0) containing pendent pentadecyl chains, were synthesised by phosphorylation polycondensation of diamines with diacids (Table [9.5](#page-185-0), entries 1–4, 10–14) or by low-temperature interfacial Table 9.5 Aromatic polyamides containing pendent pentadecyl chains derived from difunctional monomers based on cardanol

* n_{link} was measured with 0.5 % (w/v) solution of polyamides in CHCl₃ at 30 $*_{\text{link}}$ was measured with 0.5% (w/v) solution of polyamides in CHCl₃ at 30 ± 0.1 °C, $*_{\text{link}}$ was measured with 0.5% (w/v) solution of polyamides in \pm 0.1 °C, ** n_{link} was measured with 0.5 % (w/v) solution of polyamides in NMP at 30 ± 0.1 °C, ## *T*max maximum degradation temperature obtained from DTG curve

a ηinh was measured with 0.5 % (w/v) solution of polyamides in *N,N*-dimethylacetamide at 30 $\frac{1}{2}$ 0.1 $\frac{1}{2}$

Temperature at which 10 % weight loss was observed from TGA under nitrogen atmosphere, values in the bracket are T₁₀ values of reference polyimides *T*10 values of reference polyimides bSolubility measured at 3 % (w/v) concentration -, insoluble; +-, partially soluble or swollen; +, soluble on heating; ++, soluble at room temperature +, soluble on heating; ++, soluble at room temperature *T*g values of reference polyamides Φ Temperature at which 10 % weight loss was observed from TGA under nitrogen atmosphere, values in the bracket are *T*g values obtained from DSC curves from the second heating scans of polyamide samples, values in the bracket are bSolubility measured at 3 % (w/v) concentration –, insoluble; +−, partially soluble or swollen; N.R. not reported N.R. not reported \circ

Scheme 9.2 Synthesis of polyamides based on CNSL-derived aromatic difunctional monomers

polycondensation of diamines with diacylchlorides (Table [9.5](#page-185-0), entries 5–9, 15–23) (Scheme [9.2\)](#page-188-0).

The reported inherent viscosities (0.15–0.66 dL/g) implied that the polyamides synthesised were of medium to high molecular weights. Polyamides represented in Table 9.5 formed self-standing, transparent and flexible films. ¹H-NMR studies of the polyamides containing pendent pentadecyl chains (Table [9.5,](#page-185-0) entries 1–4, 10–14) exhibited the appearance of four different peaks corresponding to the amide protons, indicating the existence of constitutional isomerism resulting from the use of an unsymmetrical monomer [[71,](#page-212-4) [80\]](#page-212-6). Polyamides corresponding to entries 5, 7, 8, 13, 14, 17, 19, 20, 22 and 23 of Table [9.5](#page-185-0) showed room temperature solubility in *N,N*-dimethylacetamide (DMAc) and tetrahydrofuran (THF), due to chain-disruptive effect of the pentadecyl chain. Jadhav et al. [\[79](#page-212-5)] synthesised a series of copolyamides by polycondensation of a mixture of pentadecyl chain containing diamine and ODA (Table [9.5](#page-185-0), entry 9) at 25, 50 and 75 mol% with commercial diacids that demonstrated improvement in solubility with increasing incorporation of pentadecyl chain containing monomer.

The reported T_{10} values (above 340 °C) suggested that the synthesised polyamides possessed good thermal stability. The pentadecyl chain containing polyamides exhibited lower T_g values (111–279 °C) compared to reference polyamides (e.g. Table [9.5,](#page-185-0) entries 2–4, 11–13) due to increased segmental mobility imparted by the long alkyl chain. The silicon-containing polyamides (entries 17, 20, 23) showed good permeability towards gases such as nitrogen, oxygen, hydrogen and carbon dioxide [[74\]](#page-212-2).

9.2.2.3 Aromatic Poly(amideimide)s

Poly(amideimide)s are a class of polymers containing amide and heterocyclic imide units in the polymer backbone. Poly(amideimide)s combine the thermal stability of polyimides and ease of processability of polyamides. Aromatic poly(amideimide)s possess desirable characteristics for a variety of applications as they retain good mechanical properties at high temperatures and show easier processability [[120\]](#page-214-2). Different methods have been reported for the synthesis of poly(amideimide)s which include (1) imide-forming reaction using amide-containing monomers [\[121](#page-214-3), [122](#page-214-4)], (2) amide-forming reaction from imide-containing monomers such as dicarboxylic acids or diamines [[123–](#page-214-5)[126\]](#page-214-6), and (3) by the reaction of diacylhydrazide and a dianhydride via a two-stage process [[127,](#page-214-7) [128\]](#page-214-8) and many other methods [[129–](#page-214-9)[133\]](#page-214-10). Table [9.6](#page-190-0) lists poly(amideimide)s possessing pendent pentadecyl chains.

Poly(amideimide)s corresponding to entries 1 through 5 of Table [9.6](#page-190-0) were synthesised by polycondensation of aromatic diacylhydrazide derived from cardanol with commercially available aromatic dianhydrides through a two-stage process (Scheme [9.3\)](#page-192-0), while the poly(amideimide)s represented by entries 6–13 were prepared by polymerisation of commercially available aromatic dianhydrides and aromatic diamine monomers containing preformed amide linkage through a two-step process via a poly(amide amic acid) intermediate, followed by thermal imidisation (Scheme [9.4\)](#page-192-1).

Inherent viscosities of poly(amideimide)s (0.37–1.23 dL/g), as presented in Table [9.6,](#page-190-0) indicated the formation of reasonably high molecular weight polymers. Poly(amideimide)s formed tough, transparent and flexible films from their solutions and were mostly soluble in DMAc and 1-methyl-2-pyrrolidinone (NMP) at room temperature due to the effective chain separation effect imparted by the long alkyl chain which provides a handle for interaction with solvent molecules. Poly(amideimide)s exhibited good thermal stability, as indicated by the TGA data $(T_{10}$ values greater than 388 °C). The synthesised poly(amideimide)s showed lower T_g values (162–286 °C) compared to reference polymers (Table [9.6](#page-190-0), entries 7–13) due to increased segmental mobility imparted by the pendent alkyl chain.

9.2.2.4 Aromatic Poly(azomethine)s

Aromatic poly(azomethine)s find applications in optoelectronics [\[134](#page-215-0)[–140](#page-215-1)] and are high-performance fibre and film-forming polymers with remarkable thermal stability, high strength, high modulus [[141\]](#page-215-2) and an ability to form chelates [\[142](#page-215-3)[–144](#page-215-4)]. However, their high melting temperatures and poor solubilities in common organic solvents make both their characterisation and processing difficult. Therefore, it is desirable to improve the processability of poly(azomethine) s. Table [9.7](#page-193-0) represents aromatic poly(azomethine)s containing pendent pentadecyl chains synthesised from monomers derived from cardanol.

 $\sigma_{\text{Temperature at which 10\% weight loss was observed from TGA under nitrogen atmosphere, values in the bracket are T_0 values of reference polymers.$ *T*10 values of reference polymers Φ Temperature at which 10 % weight loss was observed from TGA under nitrogen atmosphere, values in the bracket are

Scheme 9.3 Synthesis of poly(amideimide)s based on CNSL-derived aromatic diacylhydrazide monomers and dianhydride

Scheme 9.4 Synthesis of poly(amideimide)s based on CNSL-derived aromatic diamine monomers containing preformed amide linkages

Poly(azomethine)s reported in Table [9.7](#page-193-0) were synthesised by solution polycondensation of diamines containing pentadecyl chains with commercially available aromatic dialdehydes (Scheme [9.5\)](#page-194-0).

The reported inherent viscosity values (0.33–0.70 dL/g) showed that the poly(azomethine)s were of medium to reasonably high molecular weights. Transparent, flexible and stretchable films of poly(azomethine)s could be cast from chloroform solution. Poly(azomethine)s corresponding to entries 4–5 of Table [9.7](#page-193-0) exhibited constitutional isomerism due to the unsymmetrical diamine as indicated by 1 H-NMR studies [[75\]](#page-212-9). The synthesised poly(azomethine)s exhibited good solubility in chloroform and THF at room temperature.

The T_{10} values (above 425 °C), as exhibited in Table [9.7](#page-193-0), indicated that synthesised poly(azomethine)s possessed good thermal stability. The low T_g (16–55 °C) values are due to increase in segmental mobility and the chain-disruptive effect of the long alkyl chain.

9.2.2.5 Polyesters

Polyesters are an important class of high-performance polymers. They find applications in a wide variety of areas such as automobile, aviation and electronic industries by virtue of their attractive electrical and mechanical properties [[145–](#page-215-5) [147\]](#page-215-6). However, polyarylates are generally difficult to process because of their limited solubility in common organic solvents and high glass transition and melting temperatures. Polyesters are prepared by two routes, acid chloride route (three different processes: interfacial polycondensation, low-temperature solution polycondensation and high-temperature solution polycondensation) and transesterification

 $\mathcal{B}_{\text{Solvilibrium}}$ measured at 3 % (w/v) concentration; $+-$, partially soluble or swollen; $++$, soluble at room temperature contraction of $\mathcal{B}_{\text{Solvilibrium}}$

 $^{6}T_{\rm g}$ values obtained from DSC curves from the second heating scans of poly(azomethine) samples dripperature at which 10 % weight loss was observed from TGA under nitrogen atmosphere *T*_g values obtained from DSC curves from the second heating scans of poly(azomethine) samples dTemperature at which 10 % weight loss was observed from TGA under nitrogen atmosphere

Scheme 9.5 Synthesis of aromatic poly(azomethine)s based on CNSL-derived aromatic diamine monomers

route. Polyesters synthesised from monomers containing pentadecyl chain are represented in Table [9.8.](#page-195-0)

Polyesters corresponding to entries 1, 2, 6–11 (Table [9.8\)](#page-195-0) were synthesised by low-temperature interfacial polycondensation of diacylchlorides with bisphenols, while those corresponding to entries 3–5 were synthesised through direct phosphorylation of diacid and diphenol in the presence of an activating agent such as diphenyl phosphate (Scheme [9.6\)](#page-197-0) and the polyesters represented by entries 12 and 13 were synthesised by melt polymerisation using acetic anhydride.

The inherent viscosities, as reported in Table [9.8](#page-195-0) (0.47–1.74 dL/g), indicated the formation of reasonably high molecular weight polymers. The synthesised polyesters formed self-standing flexible films. Aromatic polyesters possessing pendent pentadecyl chains exhibited good solubility in chloroform and tetrahydrofuran due to the pendent alkyl chain which provides a handle for effective interaction with solvent molecules. The reported T_{10} values (above 340 °C) indicated that polyesters (Table [9.8](#page-195-0)) possessed good thermal stability. Polyesters displayed low T_g (29–183 °C) values (Table [9.8,](#page-195-0) entries 9, 10). Aromatic polyesters containing pendent pentadecyl chains demonstrated a large gap in the values of T_g and T_{10} , thus providing a wide processing window.

The attainment of solubility in common organic solvents such as chloroform and tetrahydrofuran of conventional aromatic polyester based on bisphenol A and terephthalic acid chloride was demonstrated [\[57](#page-211-1), [65](#page-211-2)] by incorporation of small amount $(5-15 \text{ mol\%)}$ of cardanol-derived bisphenols (Table [9.8](#page-195-0), entries 5 and 11).

Abraham et al. [\[87](#page-212-10)] synthesised a series of copolyesters (Table [9.8,](#page-195-0) entry 12) by polycondensation of a mixture of AB-type monomer (Table [9.2](#page-173-0), entry 34) and 4-hydroxybenzoic acid in concentrations of 50, 55, 60 and 65 mol%. Another series of copolyesters (Table [9.8,](#page-195-0) entry 13) were synthesised by polycondensation of mixture of the AB-type monomer (Table [9.2](#page-173-0), entry 34) and 3-bromo-4-hydroxybenzoic acid at combinations of 50, 55, 60 and 65 mol%. These copolyesters exhibited liquid crystalline phase transitions at lower temperatures compared to homopolyesters and showed potential for melt processability.

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Scheme 9.6 Synthesis of polyesters based on CNSL-derived difunctional monomers

9.2.2.6 Aromatic Poly(esterimide)s

Poly(esterimide)s possess ester and imide functionality at regular intervals and combine the thermal stability of polyimides with the processability of polyesters [\[148](#page-215-7)[–151](#page-215-8)]. The five general methods used in the synthesis of poly(esterimide)s are (1) polycondensation of an ester group-containing dianhydride with a diamine [\[152](#page-215-9)], (2) polycondensation of an ester group-containing diamine with a dianhydride [\[153](#page-215-10)], (3) reaction between a dicarboxylic acid containing an imide ring with a bisphenol $[154–159]$ $[154–159]$ $[154–159]$, (4) reaction between a bisphenol containing an imide ring with a dicarboxylic acid and (5) self-reaction of an imide-containing phenol acid monomer [\[160](#page-216-0)[–162](#page-216-1)]. Table [9.9](#page-198-0) lists poly(esterimide)s containing pendent pentadecyl chains.

Poly(esterimide)s presented in Table [9.9](#page-198-0) were synthesised by polycondensation of diacid containing preformed imide linkages and commercially available bisphenols in the presence of diphenyl phosphate as an activating agent (Scheme [9.7\)](#page-199-0).

The reported inherent viscosities of poly(esterimide)s containing pendent pentadecyl chains (0.54–0.83 dL/g in CHCl₃) indicated the formation of medium to high molecular weight polymers. Poly(esterimide)s displayed excellent solubility in chloroform and tetrahydrofuran and formed tough, transparent and flexible films from their solutions. Poly(esterimide)s exhibited good thermal stability (T_{10} values above 450 °C), and the T_g values were in the range of 145–198 °C, which indicated a large depression due to increased mobility imparted by the pendent pentadecyl chain. A large difference in T_g and T_{10} values of poly(esterimide)s offers a broad processing window. This provides an opportunity for these poly(esterimide)s to be melt-processed or compression-moulded.

Scheme 9.7 Synthesis of poly(esterimide)s based on CNSL-derived aromatic difunctional monomers

9.2.2.7 Poly(arylene ether)s

Poly(arylene ether)s such as poly(ether ketone)s and poly(ether sulphone)s constitute an important class of high performance thermoplastics because of their attractive properties such as high thermo-oxidative and chemical stability and excellent mechanical strength. Poly(arylene ether)s are therefore extensively used in aviation, spacecraft, automobile, food processing sectors, medical devices, gas separation membranes, ultrafiltration, fuel cells, electronic/electrical industries, etc. Poly(arylene ether)s can be synthesised by a number of methods such as (1) electrophilic substitution, (2) nucleophilic aromatic substitution [\[163](#page-216-2), [164\]](#page-216-3) and (3) other methods [[165–](#page-216-4)[169\]](#page-216-5). Table [9.10](#page-200-0) summarises the solubility and thermal properties of poly(arylene ether)s containing pendent pentadecyl chains.

 Poly(arylene ether)s presented in Table [9.10](#page-200-0) were synthesised through nucleophilic aromatic substitution polycondensation of aromatic biphenols and activated aromatic difluorides (Scheme [9.8\)](#page-202-0).

The reported inherent viscosity values of poly(arylene ether)s (0.50–1.27 dL/g) suggested the formation of reasonably high molecular weight polymers. Poly(arylene ether)s exhibited good solubility in chloroform and THF and formed transparent, tough and self-standing films from their solutions. The existence of constitutional isomerism in poly(arylene ether)s (Table [9.10](#page-200-0) entries 7–9) was evidenced from detailed NMR spectroscopy studies [[58\]](#page-211-4). The synthesised poly(arylene ether)s possessed bulky pendent aryl groups (Table [9.10](#page-200-0) entries 1–3) as well as cardo moieties such as cyclohexylidene groups (Table [9.10](#page-200-0) entries 4–6) along with pendent pentadecyl chains. Consequently, they exhibited excellent solubility in common organic solvents such as chloroform and tetrahydrofuran due to packing disruptive effects of the pendent groups. The pendent pentadecyl chains along the polymer backbone act as a handle for interaction with solvent molecules. T_{10} values (above 410 °C) indicated that these polymers possessed good thermal stability. Poly(arylene ether)s exhibited low glass transition temperatures (35–95 °C) due to increased polymer chain mobility imparted by the pendent pentadecyl chains. The data on the properties of polymers suggest that bisphenols containing pentadecyl chains are useful comonomers to tune the thermal and other properties of commercial poly(arylene ether)s.

a η_{inh} was measured with 0.5 % (w/v) solution of poly(arylene ether)s in CHCl₃ at 30 $\frac{1}{2}$ 0.1 $\frac{1}{2}$

^bSolubility measured at 3 % (w/v) concentration; $++$, soluble at room temperature δ Solubility measured at 3 % (w/v) concentration; $++$, soluble at room temperature contractions.

 cT_g values obtained from DSC curves from the second heating scans of poly(arylene ether) samples d Temperature at which 10 % weight loss was observed from TGA under nitrogen atmosphere $^{2}T_{\rm g}$ values obtained from DSC curves from the second heating scans of poly(arylene ether) samples dTemperature at which 10 % weight loss was observed from TGA under nitrogen atmosphere

Scheme 9.8 Synthesis of poly(arylene ether)s based on CNSL-derived aromatic biphenol monomers

9.2.2.8 Polyhydrazides and Poly(1,3,4-oxadiazole)s

Polyhydrazides are interesting polymeric materials that have wide applications as fibres and membranes due to their excellent dyeability, improved elasticity and fair absorption characteristics. Furthermore, polyhydrazides serve as precursors to poly $(1,3,4)$ -oxadiazole)s and polytriazoles. Poly $(1,3,4)$ -oxadiazole)s are a useful class of high-performance polymers which find wide applications as polymer light-emitting diodes (PLEDs) and other polymer electronic devices by virtue of their optoelectronic properties [[170,](#page-216-6) [171](#page-216-7)]. The most common method for the preparation of poly(1,3,4-oxadiazole)s is thermal (heating up to 300 $^{\circ}$ C) or chemical (heating in the presence of dehydrating agents such as phosphorous oxychloride) cyclodehydration of polyhydrazides, which in turn are synthesised via polycondensation of diacylhydrazides with dicarboxylic acids or their derivatives such as diester and diacid chloride [[172,](#page-216-8) [173\]](#page-216-9). Another method which has been extensively used to prepare poly(1,3,4-oxadiazole)s is a one-step process: polycondensation of aromatic dicarboxylic acids or their derivatives such as ester, nitrile, and amide, with hydrazine (H_2NNH_2) or hydrazine sulphate $(H_2NNH_2·H_2SO_4)$ in fuming sulphuric acid (oleum) [[174\]](#page-216-10) or in a mixture of strong acids [\[175](#page-216-11), [176](#page-216-12)]. Table [9.11](#page-203-0) depicts the solubility and thermal properties of various aromatic polyhydrazides and poly(1,3,4-oxadiazole)s synthesised from monomers derived from cardanol.

 Aromatic polyhydrazides and poly(1,3,4-oxadiazole)s containing pendent pentadecyl chains, as depicted in Table [9.11,](#page-203-0) were synthesised by polycondensation of diacylhydrazides with diacyl chlorides to form polyhydrazides which were chemically cyclodehydrated to afford poly(1,3,4-oxadiazole)s (Scheme [9.9](#page-205-0)).

Poly(1,3,4-oxadiazole)s were of reasonably high molecular weights as implied by the reported inherent viscosities (0.49–0.62 dL/g) and they formed self-standing flexible films. Poly(1,3,4-oxadiazole)s showed good solubility in chloroform and tetrahydrofuran due to disruption of interchain packing caused by pendent pentadecyl chains. The reported T_{10} values (above 425 °C) indicated the formation of polymers with good thermal stability. Poly(1,3,4-oxadiazole)s displayed low glass transition temperatures (90–192 °C) due to increased chain mobility imparted by the pentadecyl chain. Electrochemical fluorescence switching studies were carried out using poly(1,3,4-oxadiazole)s corresponding to entries 4 and 5 of

Scheme 9.9 Synthesis of polyhydrazides and poly(1,3,4-oxadiazole)s based on CNSL-derived aromatic difunctional monomers

Table [9.11](#page-203-0) which showed reversible fluorescence switching between dark (n-doping) and bright (neutral) states with maximum on/off ratio of 2.5 and cyclability longer than 1000 cycles [[84\]](#page-212-13).

9.2.2.9 Polyurethanes

Polyurethanes are one of the most versatile plastic materials. Polyurethanes can be either rigid or flexible and are the materials of choice for a broad range of enduse applications such as manufacture of non-flexible, high-resistance foam seating, rigid foam insulation panels, microcellular foam seals and gaskets, synthetic fibres (e.g. Spandex), carpet underlay, and hard-plastic parts. Polyurethanes are traditionally and most commonly formed by reaction of di- or polyisocyanates with diols/ polyols possessing two or more functional groups per molecule.

A high ortho novolac resin, synthesised by reacting cardanol with formaldehyde, was condensed with diphenylmethane diisocyanates to produce rigid polyurethanes [\[177](#page-216-13)]. Mannich polyols, excellent replacements for petrochemical-derived polyols, were synthesised from cardanol which had good physicomechanical and fire-retardant properties [[178\]](#page-216-14). Subsequently, rigid polyurethane foams were made from polyols synthesised through epoxidation of side chain unsaturation of cardanol [[179\]](#page-216-15). Polyols bearing urethane groups were synthesised from cardanol [\[180](#page-216-16)]. Similarly, several other polyols were also synthesised from cardanol [\[181](#page-216-17), [182](#page-216-18)].

Polyurethanes depicted in Table [9.12](#page-206-0) were synthesised by solution polycondensation of bisphenols derived from cardanol and diisocyanates (Scheme [9.10](#page-206-1)).

Bhunia et al. [\[60](#page-211-7)], in 1998, synthesised polyurethanes based on cardanol (Table [9.12](#page-206-0), entry 1), which exhibited semi-crystalline behaviour as evidenced by differential scanning calorimetry (DSC) and dynamic mechanical thermal analysis

Sr. No.	Polyurethane	η_{inh} (dL/g)	$T_{\rm g}$ (°C) ^a	datab	Thermal References
		$1.85*$	N.R.	360° C [#]	[60]
2.	$-N=N$ $c_{15}H_{31}$	1.68	-70	340 °C#	[61]
3.	$\left(\begin{matrix}-1 & 1 \\ 0 & 1 \end{matrix} + \begin{matrix}1 \\ 0 & 1 \end{matrix} \begin{matrix}1 \\ 0 & 1 \end{matrix}\right)_{n} = 0$ $C_{16}H_{34}$	1.75	$\begin{vmatrix} -57, \\ -20 \end{vmatrix}$	326 °C#	[61]

Table 9.12 Polyurethanes containing pendent pentadecyl chains derived from difunctional monomers based on cardanol

Green colour indicates the structural components derived from cardanol $*_{\text{Tinh}}$ was determined at 35 °C in DMF using Ostwald's viscometer

 ${}^{#}T_{\text{max}}$ maximum degradation temperature obtained from DTG curve

 ${}^{a}T_{g}$ values obtained from DSC curves from the second heating scans of polyurethane samples N.R. not reported

bThermal measurements were performed by employing a 20 ml/min flow of dry nitrogen as purge gas [\[61\]](#page-211-8)

Scheme 9.10 Synthesis of polyurethanes based on CNSL-derived bisphenols and diisocyanates

(DMTA). Subsequently, polyurethanes (Table [9.12,](#page-206-0) entries 2, 3) were synthesised which exhibited semi-crystallinity as supported by DSC and wide-angle X-ray diffraction.

Aromatic diisocyanates derived from cardanol as depicted in Table [9.2](#page-173-0) (entries 31, 32) are potential monomers for polyurethanes and polyureas. However, they have not yet been utilised for polymer synthesis.

9.2.3 Poly(m-phenylenevinylene)s

Poly(m -phenylenevinylene)s are a class of π -conjugated polymers that have important applications in polymeric light-emitting diodes. *Meta*-substitution

Scheme 9.11 Synthesis of poly(*m*-phenylenevinylene)s based on cardanol-derived diphosphonate monomers

allows efficient colour tuning, improvement in solubility and better control of molecular aggregation in the polymer chain.

Cyriac et al. [[85\]](#page-212-14) reported synthesis of bisylide monomer based on 3-pentadecyl phenol which in turn is obtainable from cardanol. The bisylide monomer was polymerised with bisaldehyde under Wittig–Horner reaction conditions to prepare poly[(4-methoxy-6-pentadecyl-1,3-phenylenevinylene)-alt-(1, 3-phenylenevinylene)] (*m*-PPV) and its *para*-counterpart, viz. poly [(4-methoxy-6-pentadecyl-1, 3-phenylenevinylene)-alt-(1, 4-phenylenevinylene)] (*p*-PPV) (Scheme [9.11\)](#page-207-0).

The cardanol-based *m*-PPV and *p*-PPV polymers were used to trace energy transfer process and molecular aggregation phenomena in the *p*-conjugated system. The detailed photophysical studies by absorption and emission spectroscopes indicated efficient Forster energy transfer from the *m*-conjugated segments to the *p*-counterpart in solution as well as in the solid state [[85\]](#page-212-14).

9.3 General Trends in Properties of High-Performance Polymers from CNSL-Based Aromatic Difunctional Monomers

As has been discussed in the previous sections, the C-15 alkyl chain present in the aromatic difunctional monomers derived from cardanol influences the properties of polymers synthesised therefrom in several ways. Overall, the polymer processability/ solubility was improved by the incorporation of pendent pentadecyl chains.

Property	Remark
Crystallinity	Decrease in crystallinity leading to amor- phous polymers and enhancement in solubility characteristics
Solubility in (common) organic solvents	Improvement in solubility characteristics and solution processability
Temperature at 10 wt% decomposition in TGA (T_{10})	Decrease in T_{10} (TGA) and T_{max} (DTG)
Glass transition temperature (T_{φ})	Depression in $T_{\rm g}$ compared to reference polymers, a large gap between T_g and T_{10} , wider processing window and possibilities of compression moulding

Table 9.13 Influence of the pentadecyl chain on polymer properties

The presence of C-15 alkyl chain disrupts interchain packing of the polymers, enhances chain mobility and facilitates interaction of solvent molecules with the polymer chains. All these effects are manifested in interesting changes in polymer properties as summarised in Table [9.13](#page-208-0).

A large gap between T_g and T_{10} values was observed with the studied highperformance polymers. This offers polymers a wide processing window. Thus, improved solubility coupled with reasonably good thermal stability of these polymers makes them attractive candidates for high-performance polymer applications.

9.4 Conclusions and Future Outlook

Cardanol, a major constituent of CNSL, is a by-product of cashew industry and is a non-edible oil. Cardanol possesses a number of reactive sites for functionalisation and chemical modification, which makes it an attractive biobased starting material for the synthesis of various types of monomers and polymers. This chapter has summarised the library of difunctional monomers synthesised from cardanol/CNSL. Olefin metathesis reactions have opened up interesting opportunities to synthesise new cardanol-derived monomers and polymers possessing side chains of variable lengths and functionalised alkyl chains. These difunctional monomers are a welcome addition to the existing portfolio of difunctional condensation monomers and represent useful (co)monomers for the synthesis of stepgrowth polymers with attractive processability characteristics. Polymers derived from cardanol bear pendent C-15 chains which have been amply exploited by researchers to modify polymer properties and thereby improve solubility and processability of various polymer classes, viz. polyimides and polyamides. The present work provides a comprehensive account of several difunctional monomers synthesised from cardanol/ CNSL and the preparation, solubility and thermal properties of various step-growth polymers. The incorporation of pendent flexible

pentadecyl chains resulted in significant improvement in solubility characteristics of polymers and induced the depression of T_g . High-performance polymers derived from CNSL-based aromatic difunctional monomers exhibited reasonably good thermal stability. However, T_{10} values were lower than the corresponding reference polymers without pentadecyl chains. Furthermore, a large gap between T_g and T_{10} values of polymers based on CNSL-derived monomers offers a broad processing window. The data on solubility and thermal properties of (co)polymers revealed that even at low concentration of cardanol-derived monomer, there is a significant enhancement in solubility and reduction in T_g .

With growing demand for renewables, it is only a matter of time for CNSLbased difunctional condensation monomers to find widespread commercial applications.

The studies on mechanical properties such as tensile strength and elongation of polymers containing pendent pentadecyl chains have not been reported in the literature. There is still scope for such investigations. Isothermal TGA studies of polymers containing pendent pentadecyl chains need to be undertaken to assess the long-term thermal stability of the polymers. The extent of depression of T_g values of polymers containing pendent pentadecyl chains, compared to reference polymers, is different in each polymer class and is governed by the nature of polymer backbone. This aspect needs to be further looked into.

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Chapter 10 Cashew Nut Shell Liquid—Natural Solution for Industrial Problems

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Abstract Renewable resources as substitutes for petrochemical derivatives have attracted considerable attention from polymer researchers worldwide. Cashew nut shell liquid (CNSL), an agricultural renewable resource and a by-product of the cashew industry, holds considerable promise in this direction, being a natural source of unsaturated alkyl-phenols. Its peculiar chemical features have been widely investigated and described in over a Century of scientific literature, and successfully applied in several final application fields, from abrasive materials to coatings. This Chapter highlights the successful experience of Cardolite Corporation, the leader in CNSL technology, applying cardanol and its derivatives at industrial level, validating their benefits and pioneering new applications for such a unique natural occurring molecule.

10.1 CNSL Commercialization History

The cashew (*Anacardium Occidentale*) tree is a large tropical evergreen plant that belongs to the Anacardiaceae family and is native to northeastern Brazil. In the sixteenth century, Portuguese traders introduced cashew trees to Indian shores with the purpose of binding the soil and preventing erosion. It did not take long for cashew trees to prosper and spread throughout the southern part of India, Vietnam, Ceylon, Malaysia, the Andaman Islands, East and West Africa, Mauritius, and the Seychelles [\[1](#page-229-0)].

Cashew trees consist of trunk, leafs, apples (fruits), and cashew nuts. The cashew fruit is an edible yellow-red apple, rich in Vitamins A and C. The cashew nut is quite peculiar with respect to other tree nuts as it is located outside the fruit.

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The nut is comprised of an outer shell, inner shell, and the kernel; the thickness of the nutshell is about 0.3–0.4 cm, and it is characterized between outer and inner shells, by a honeycomb structure containing a dark brown, irritant liquid known as cashew nut shell liquid (CNSL). CNSL makes up approximately 25 % by weight of the cashew nut shell [\[2](#page-229-1)].

CNSL was originally used in Indian medicine for skin treatments (psoriasis, skin peeling), decorative tattooing in the West Indies, and to protect floors and rafters from termites. CNSL moved to industrial applications thanks to the investigations of M. T. Harvey and S. Caplan of Harvel Research Corporation [[3\]](#page-229-2). Harvel entered into a joint venture with Irvington Varnish and Insulator Company with the purpose of developing commercial uses for CNSL. In the 1930s, they succeeded by developing CNSL-based friction particles for the brake lining industry, which was the first major (and still large) use of CNSL. In 1953, 3M acquired Irvington and in the subsequent years developed new families of products derived from CNSL such as modified cardanol grades, epoxy functional derivatives, liquid resins, and amine functional curing agents called phenalkamines. In 1985, the CNSL business and assets were acquired from 3M through a management buyout led by Anthony Stonis, the company's current Chairman. The new corporation was named "Cardolite" and has since pioneered the development and growth of new CNSL-based derivatives in coatings, adhesives, and friction applications.

10.2 CNSL: Chemical Composition

The first analytical work done on CNSL was published in 1847 [[4\]](#page-230-0), and it described the characterization of the oil recovered from the cashew nut through solvent extraction as two different components: anacardic acid (approx. 90 % w/w) and cardol. They were originally assigned formulas $C_{44}H_{30}O_5$ and $C_{42}H_{31}O_4$, respectively, but were later adjusted using combustion data to $C_{44}H_{60}O_5$ (anacardic acid) and $C_{42}H_{61}O_4$ (cardol). Anacardic acid continued to be analyzed and was further characterized as a hydroxycarboxylic acid with formula $C_{22}H_{32}O_3$ [\[5](#page-230-1)]. Subsequent investigations were performed by hydrogenation followed by oxidation and distillation over zinc chloride [[6\]](#page-230-2), describing anacardic acid as a salicylic acid homolog, with a side hydrocarbon chain of general formula C_1 ₅ H_{28} . At the same time, the second constituent of cashew nutshell liquid, cardol, was analyzed using similar approaches [[7\]](#page-230-3) and assigned formula $C_{32}H_{50}O_3·H_2O$, even if not fully confirmed.

In 1941, the phenolic nature of both anacardic acid and cardol was confirmed by hydrogenation and oxidative degradation experiments [\[8](#page-230-4)], and identified as 2-carboxy-pentadecadienylphenol and 5-pentadecadienylresorcinol, respectively, although no explanation on the olefinic linkages' position was provided. During the same experiments, the easy decarboxylation of anacardic acid was highlighted, resulting in a monophenol identified as 3-pentadecadienylphenol after

having synthesized the corresponding tetrahydro derivative. This derivative was initially called "anacardol," on the basis of what was previously reported [[9\]](#page-230-5), but then changed to "cardanol" [[10\]](#page-230-6), in order to avoid any confusion with a different monophenol of empirical formula $C_{18}H_{38}O$ extracted from the kernel oil of the marking nut (*Semecarpus anacardium*) [\[11](#page-230-7)].

Posterior studies to determine the composition of cardanol showed its chemical structure was independent from the method utilized to extract CNSL from the shells [\[12](#page-230-8)]. Since these initial studies, many further investigations have been accomplished [[13\]](#page-230-9), finally defining naturally occurring CNSL as a mixture of four components: cardanol, cardol, anacardic acid, and 2-methyl-cardol.

10.3 CNSL Extraction

Cashew nutshell liquid extraction is the first step of the cardanol recovery process (Fig. [10.1](#page-219-0)).

Cashew nut shell liquid can be extracted from the nut by heat [[14\]](#page-230-10) to recover "technical-grade CNSL" or at low-to-room temperatures to recover "naturalgrade CNSL". Several techniques have been described and patented, providing CNSL grades with different compositions, yields, and purity [[15\]](#page-230-11). Some examples include pyrolysis $[16]$ $[16]$, solvent extraction $[17]$ $[17]$, and the use of supercritical fluids like carbon dioxide [\[18](#page-230-14)], but the most common extraction methods (thermal, mechanical and solvent-based) are explained below:

Fig. 10.1 Schematic description of cardanol recovery process

Fig. 10.2 Main components of cashew nut shell liquid

- *Hot oil bath method*: raw nuts are passed through a hot CNSL bath (180– 200 °C) releasing CNSL (approx. 50 % oil recovery). This approach can be improved by a first surface wetting step followed by immersion in water at 20–25 °C and subsequent steam treatment prior to exposure to the hot CNSL bath. Another 20 % of CNSL could be recovered passing the spent shells through an expeller, eventually adding a solvent extraction step to maximize final yields.
- *Roasting method*: shells are charred during this process, producing an explosive pressure in the cellular structure, which forces the liquid out of the shell. This technique might be employed in conjunction with an expeller, where the oil is expelled from the shells to an extent of 90 %.
- *Screw press method*: [[19\]](#page-230-15) raw shells are screwed by a hydraulic press in order to release an anacardic-rich CNSL.

Natural-grade CNSL contains approximately 60–65 % 2-carboxy-3-3-pentadecadienyl phenol (anacardic acid), 15–20 % cardol, and 10 % cardanol, while technical-grade CNSL, due to the anacardic acid decarboxylation to cardanol under heating conditions, is composed of approximately 60–65 % cardanol, 15–20 % cardol, and 10 % polymeric material (Fig. [10.2\)](#page-220-0) [[20\]](#page-230-16).

Each CNSL component is characterized by the presence of a C_{15} side chain that contains up to three non-conjugated double bonds (approx. 5–8 % saturated isomer; 48–49 % monoene isomer; 16–17 % diene isomer, and 29–30 % triene isomer) [\[21](#page-230-17)], whose relative percentages within the mixture depends on the geographical area where cashew nuts have been harvested.

10.4 Cardanol Purification

Several methods for cardanol purification have been explored and explained in the literature that target the isolation of the highest boiling fractions (cardol and 2-methyl-cardol) [[22\]](#page-230-18), the isolation of anacardic acid in high purity [[23\]](#page-230-19), or the

separation of different isomers through chromatography techniques (e.g., argentation liquid chromatography) [[24\]](#page-230-20). Alternative selective techniques such as extraction with supercritical carbon dioxide [\[25](#page-230-21)] or solvents [\[26](#page-230-22)] have been described as well, but are not known to be applied on an industrial scale.

Cardanol is traditionally obtained by distillation of CNSL at relatively high temperatures (210–280 °C) and under vacuum (2–8 mmHg), and it is recovered as a pale yellow liquid that darkens over time [[27\]](#page-230-23). Distillation of cardanol can be done using a batch distillation unit or a thin film distillation. In batch distillation (a discontinuous process), CNSL is charged into the distillation unit and brought to high temperature and vacuum under stirring. Cardanol is recovered as the lowest boiling fraction, while the majority of cardol and 2-methyl-cardol undergo thermal oligomerization turning into a thick black polymer (residol) because of crosslinking of the side chain double bonds. Batch distillation is normally characterized by limited efficiency (yield 65–68 %) [[28\]](#page-230-24) with cardanol purity of approx. 80 % due to the presence of residual high boiling fractions; cardanol can be redistilled under similar conditions to improve its purity up to about 90 %.

Thin film distillation (a continuous process) is widely used for the purification of natural oils and thermosensitive substrates. In a typical equipment setup, CNSL is continuously pumped through a heating column in the distillation unit (thus also allowing a complete decarboxylation before distillation, guaranteeing an optimal vacuum control) where a specific stirrer homogenously spreads the oil over the internal heated wall, creating a thin liquid film. Under these conditions (vacuum and heating), cardanol is continuously removed from the top of the distillation unit in high yield and purity, while high boiling fractions (polymeric residol, cardol, and 2-methyl-cardol) are removed from the bottom of the distillation unit.

In both batch and thin film distillations, a certain amount of residol is formed due to double-bond crosslinking [\[29](#page-230-25)] and recovered as a dark brown to black viscous liquid. Its chemical composition and molecular weight distribution are strongly related to the composition of the starting CNSL as well as the distillation and recovery parameters. Because of its phenolic character and relative lower cost, residol (by-product) has successfully found use in varnishes, tiles, cements, asphalts [\[30](#page-230-26)], and friction products [\[31](#page-230-27)], providing flexibility, and improved resistance to impact, corrosion, and abrasion. Alternative chemical routes to producing residol-type derivatives have been described in the literature such as treating cardanol with Lewis acids and targeting a better control of final crosslinked cardanol average physicochemical properties [[32\]](#page-230-28).

In spite of advancements in distillation processing of CNSL, the use of cardanol has been historically restricted in some applications due to its darker color and poor color stability over time. It was not until recently that Cardolite developed a proprietary process technology to yield very high purity cardanol grades with ultra-light color (Gardner 1) and good color stability over shelf life. This leap forward in CNSL processing technology is expanding the use of cardanol as an epoxy diluent and modifier and as a building block for other derivatives. As a modifier for epoxy systems, cardanol is a suitable replacement for potentially toxic diluents such as nonyl-phenol as it provides better dilution

Fig. 10.3 Cardanol average molecule and examples of its potential functionalization

power, higher impact resistance, and similar acceleration effects to epoxy-amine reactions.

10.5 CNSL Technology Platforms

Cardanol is a unique molecule that can be chemically modified in many different sites: functionalization can in fact occur on the phenoxy OH, the aromatic ring and the double bonds on the side chain (Fig. [10.3\)](#page-222-0).

The versatility of this molecule has prompted academic researchers and industries over the last century to investigate cardanol's applicability as building block in many different synthetic routes [\[33](#page-230-29)], amounting to more than 3,000 published papers, 2,000 patents, and 30,000 citations.

Cardanol (or crude CNSL) has been successfully employed in polyester resins [\[34](#page-231-0)], silanized structures [[35\]](#page-231-1), acrylates [\[36](#page-231-2)], solvents [\[37](#page-231-3)], surfactants [\[38](#page-231-4)], nanomaterials [\[39](#page-231-5)], and as biodiesel [[40\]](#page-231-6). The main examples of cardanol derivatives widely used in industrial applications are phenolic resins (novolac- and resole-type materials), amines as epoxy curing agents (phenalkamines and phenalkamides), epoxy resins, and diluents, and more recently cardanol-based polyols and benzoxazines [[41\]](#page-231-7).

10.5.1 Cardanol-Based Novolacs and Resoles

Phenolic resins are one of the oldest and most well-known thermosetting polymers widely used in adhesives, composites, and insulating materials. These derivatives can be easily obtained by phenol homopolymerization using a suitable

Scheme 10.1 Generic reaction scheme to cardanol-based novolacs and resoles

aldehyde (typically formaldehyde or paraformaldehyde) under both acidic and basic conditions, recovering novolac-type and resole-type materials, respectively (Scheme [10.1\)](#page-223-0).

Phenolic resins' average properties are tuned by adjusting the phenol/aldehyde ratio, unreacted materials content, and reaction time. These resins are generally characterized by high-temperature resistance and fire retardancy, but are also quite brittle. To overcome this limitation, different aldehydes and substituted phenols (like cardanol) are used. Cardanol has been extensively studied as a complete or partial replacement for other phenolic [[42\]](#page-231-8) and aromatic materials [\[43](#page-231-9)] in novolac and resole resins to impart flexibility, toughness, and lower viscosity while providing high chemical resistance [\[44](#page-231-10)].

Due to the presence of the long C15 in the *meta* position, cardanol-based novolacs have a different reaction kinetic than phenol-based derivatives [\[45](#page-231-11)], thus requiring adjustment of process conditions as in the case where "*high*-*ortho*" novolacs are needed [[46\]](#page-231-12). Response surface methodology [[47\]](#page-231-13), NMR analysis $[48]$ $[48]$, and thermal degradation $[49]$ $[49]$ have been recently adopted to optimize cardanol-based novolac processes by giving a precise chemical structure characterization of final products and a more comprehensive understanding of all the parameters that might affect their quality and consistency.

Cardanol-based novolacs are commercially available (e.g., Cardolite Novolac Series) and have been successfully used as reinforcement for rubber materials [\[50](#page-231-16)], thermosetting resins cured with HEXA for the production of glass laminates [\[51](#page-231-17)], curing agents and modifiers for epoxy resins [\[52](#page-231-18)], intermediates for the production of cyanate-ester resins [[53\]](#page-231-19), and oil pour point depressants [[54\]](#page-231-20) among others.

10.5.2 Cardanol-Based Amine Curing Agents (Phenalkamines and Phenalkamides)

Epoxies are widely used in coatings, adhesives, and composites due to their excellent bonding and anticorrosion properties, mechanical strength, and chemical resistance. The most common types of epoxy curing agents for ambient-cure systems include the following unmodified or epoxy-adducted amines: aliphatic polyamines (e.g., unmodified, ketamines, aryl-amines, and Mannich base); cycloaliphatic amines; fatty acid modified amines (e.g., polyamides, adducts and amido-amines); and aromatic amines. There are pros and cons to formulating with each of these amines. For instance, polyamides provide excellent flexibility and good water resistance, but are very slow to cure especially at lower temperatures. Unmodified polyamines are very reactive, but typically cause poor flexibility and blushing in addition to potential toxicity problems. Mannich-base curing agents derived from petrochemical phenols offer many advantages due to the presence of the phenoxy OH that enhances the rate of nucleophilic ring opening of epoxies by amines (fast cure) and their relatively high molecular weight (400–1000 Da) that improves the physical properties of the cured material. On the other hand, the use of these phenol-derived Mannich bases results in systems with short pot life and low impact resistance. Moreover, there have been increased health and environmental concerns with the use of several phenols.

Mannich-base curing agents obtained from the reaction of cardanol, amines, and an aldehyde (generally formaldehyde or paraformaldehyde [\[55](#page-231-21)]), are called "*phenalkamines*" (Scheme [10.2\)](#page-224-0) [[56\]](#page-231-22). Phenalkamines were first developed by 3M in the 1970s and have been advanced over the years by Cardolite Corporation. Phenalkamines share similar advantages to other Mannich-base curing agents, such as extremely fast cure, low temperature cure (even below 0° C), good chemical resistance, and non-blushing properties. However, due to the long hydrophobic side chain of cardanol, phenalkamines also offer better pot life and flexibility, surface tolerance, and excellent water and corrosion resistance. Adhesion to poorly prepared or wet surfaces, such as water-saturated concrete, is especially good with phenalkamines because of the combination of hydrophobicity and fast cure, which ensure surrounding water does not influence the surface resin bond.

The desirable properties of phenalkamines have made them one of the most commonly used curing agents in the formulation of heavy-duty coatings for the marine and protective markets. Over the years, Cardolite Corporation pioneered new developments with CNSL technology, which have expanded the use of phenalkamines to new markets such as adhesives and sealants, and other industrial coatings applications. First generation phenalkamines were dark in color (Gardner 18+) and high in viscosity (20,000–50,000 cps) whereas latest generation phenalkamines from Cardolite are very light color (Gardner 1–10) and low viscosity and solvent-free (<1000 cps). Other advancements in CNSL curing agent technology championed by Cardolite include faster curing at below zero Celsius temperatures, highly chemical-resistant phenalkamines, and the development of phenalkamides.

Scheme 10.2 Generic reaction scheme to cardanol-based phenalkamines

Phenalkamides (Cardolite LITE 3000 Series) are a novel class of epoxy curing agents developed to fill a gap between polyamide and phenalkamine chemistries. By chemically combining these technologies, phenalkamides offer the benefits of both while mitigating their limitations [[57\]](#page-231-23). Broader adoption of phenalkamines has been limited due to drawbacks in color stability, long overcoatability, and sometimes flexibility. With phenalkamide technology, epoxy formulations have the desired color stability, overcoat window, and flexibility of polyamide-cured formulations, but with the outstanding corrosion protection and fast low temperature cure and bond strength development of phenalkamines. These balanced properties have enabled the use of CNSL curing agent technology in new coatings and adhesives applications.

10.5.3 Cardanol-Based Epoxy Derivatives

Cardanol has been widely used as an intermediate for the synthesis of epoxidized structures where the epoxy ring is introduced on the phenoxy OH by epichlorohydrin addition under basic pH conditions or through side chain double bonds treatment with peracids (Scheme [10.3](#page-225-0)).

These derivatives have found broad use in epoxy protective coatings [\[58](#page-231-24)] (marine, industrial, flooring, transportation, cans, drums), electrical and electronic applications, adhesives [\[59](#page-231-25)], and fire-resistant plasticizers [\[60](#page-232-0)].

Cardanol-based epoxies of various functionalities provide improved flexibility, and impact and water resistance, and are compatible with standard petro-based epoxy resins (Bisphenol A- and Bisphenol F-based). These features have been extensively described in the literature, where the curing [\[61](#page-232-1)] and

Scheme 10.3 Generic reaction schemes to cardanol-based epoxy derivatives

thermo-mechanical properties of commercial multifunctional cardanol-based epoxy resins (e.g., Cardolite NC-547, NC-514) have been fully characterized. For example [[62\]](#page-232-2), thermal and dynamic mechanical thermal analysis of a composite showed a gradual decrease in glass transition temperatures (T_g) with cardanol content increase due to the C15 chain, thus contributing to an increase in overall system flexibility and toughness, as highlighted by the increase in the Izod impact strength. Moreover, similar advantages are observed when epoxy derivatives based on cardanol resoles are used [[63\]](#page-232-3) with respect to unmodified epoxy resins that include an increase in tensile strength and impact strength and improved in scratch hardness, adhesion, and flexibility.

In addition to multifunctional resins, mono-functional cardanol-based epoxies (e.g., Cardolite NC-513) are commonly formulated as reactive diluents in epoxy coatings and adhesives due to their excellent dilution power and anticorrosion properties as well as benefits in flexibility and water resistance. Cardolite's proprietary process technology described in the cardanol purification section was applied to manufacture a mono-functional cardanol-based epoxy with maximum color Gardner 1 (Ultra LITE 513), which enables the direct replacement of non-cashewderived glycidyl ethers that might present health or environmental concerns.

Epoxidized cardanol derivatives (bearing oxiranic ring on the phenoxy OH or on the side chain double bonds or on both positions [\[64](#page-232-4)]) have been recently investigated and tested as follows: toughening agents for DGEBA resins [\[65](#page-232-5)], in cathodically electrodeposed epoxy coatings [\[66](#page-232-6)], in combination with CTPB to improve mechanical and thermal properties [[67\]](#page-232-7), as intermediates for the synthesis of biobased UV curable resins [\[68](#page-232-8)] with improved hydrophobicity [[69\]](#page-232-9), in self-curable epoxy coatings [[70\]](#page-232-10), as inhibitors for composite propellants [\[71](#page-232-11)] and biobased epoxy coatings [\[72](#page-232-12)].

Further chemical derivatization through maleinization [\[73](#page-232-13)] of epoxidized cardanol derivatives; the evaluation of cardanol-epoxy materials in novel fields of application (e.g., PVC plasticizers [\[74](#page-232-14)], epoxy foams [[75\]](#page-232-15), antioxidants [[76\]](#page-232-16)); and the use of enzymatic approaches [\[77](#page-232-17)] as alternative green routes for its production are a testimony to the versatility and outstanding properties offered by cardanolbased epoxy derivatives.

10.5.4 Cardanol-Based Polyols

Most of the polyols currently used in polyurethane applications, such as foams, coatings, adhesives, and elastomers, derive from petroleum-based feedstock, but the increasing interest in materials from renewable sources has led to the development of biobased polyols with a more favorable environmental footprint than petroleum-based counterparts [\[78](#page-232-18)].

The naturally occurring alkyl phenolic structure of cardanol offers tremendous advantages to polyurethanes: the aromatic ring provides good chemical and thermal resistance (advantage over most renewable polyols); the OH group gives good reactivity for fast and low temperature cure and strong adhesion even to damp or poorly prepared surfaces; and the long aliphatic side chain delivers excellent water resistance and anticorrosive properties, good flexibility, low viscosity, and extended pot life.

The possibility of introducing a variety of chemical modifications to create biobased monomers and polymers including polyols makes cardanol an ideal raw material for applications requiring environmental sustainability and easy processability. Several chemical routes to synthesize cardanol-based polyols have been reported in the literature [[79\]](#page-232-19) and patented, highlighting the possibility of recovering low-viscous derivatives with different functionalities and hydroxyl values. Cardanol-based polyols can be obtained by cardanol homopolymerization using novolac chemistry, by Mannich condensation with suitable alkanolamines followed by propoxylation [[80\]](#page-232-20), and by hydrolysis of cardanol-based epoxy novolacs or cardanol-based epoxy monomers using aqueous acids [[81\]](#page-232-21) or nucleophiles (Scheme [10.4\)](#page-227-0) [\[82](#page-232-22)].

When used in polyurethane matrices (from coatings [\[83](#page-232-23)] to flexible foams [\[84](#page-232-24)]), cardanol derivatives have demonstrated to contribute to mechanical properties [\[85](#page-232-25)] as well as thermal stability [[86\]](#page-232-26) and fire performances [[87\]](#page-232-27). Recent research work has been focused on the evaluation of cardanol-based urethanes that enable isocyanate-free systems, maximum biocontent, reduced environmental impact, and good final product performances [[88\]](#page-232-28). A variety of CNSL-based polyols for coatings, adhesives, and foam applications are commercially available from Cardolite Corporation (NX-9000 Series).

Scheme 10.4 Generic reaction schemes to cardanol-based epoxy derivatives

10.5.5 CNSL-Based Hydrocarbon Resins

Hydrocarbon resins represent a wide family of derivatives generally classified into aliphatic hydrocarbons (typically indicated as "C5" since they are based on monomeric units with 5 carbon atoms), aromatic hydrocarbons (described as "C9" since they are based on aromatic units with 9 carbons), or aliphatic/aromatic hydrocarbons (shortened to "C5/C9" as they are aliphatic-aromatic copolymers) depending on the nature of the starting raw materials [\[89](#page-232-29)]. Monomers such as dicyclopentadiene, cylcopentadiene, 1,3-pentadiene (in its *cis* or *trans* configuration), styrene, indene, α-methylstyrene, and tall oil derivatives are cationically polymerized or subjected to Diels–Alder-type cycloadditions; final structures still contain unmodified double bonds that can be potentially further functionalized or hydrogenated to target-specific final properties (Fig. [10.4\)](#page-228-0) [[90\]](#page-232-30).

Hydrocarbon resins are commonly used as tackifying polymers (e.g., especially natural rubber), and as compatibilizers or reinforcements in adhesives, printing inks, sealants, and paints. Additionally, re-enforcers lower-cost-type hydrocarbons are often used in packaging HMA based on EVA.

Cardanol has been recently used on an industrial scale by Cardolite Corporation to develop innovative hydrocarbon resins (commercially available as "LITE 2100" and "LITE 2100R") that aim to overcome the limitations of their fully petroderived phenolic offsets [\[91](#page-232-31)]. These novel biobased liquid and low-colored structures are able to improve final systems' flexibility and hydrophobicity, and impart better adhesion properties, corrosion resistance, and faster hardness development than most standard hydrocarbon resins.

10.5.6 CNSL-Based Friction Particles and Resins

CNSL-based friction particles (sometimes referred to as "friction dust") were the first CNSL derivatives to be successfully commercialized in the 1930s. Friction particles and resins are typically made from CNSL polymers such as residol, a byproduct of the CNSL distillation, and are still largely used in low steel, ceramic,

non-asbestos-organic, semi-metallic and asbestos formulations of brake pads, drum linings, train blocks, clutches, and industrial friction materials.

CNSL friction particles come in different varieties (brown, black, and modified), sizes, organic content, and cross-link density to meet requirements in heat resistance and compressibility among other properties. Their resilient nature reduces the friction material hardness and improves conformance to the mating surface. At elevated brake temperature, friction particle that is exposed at the rubbing surface of the friction material decomposes. The decomposition products help stabilize friction coefficient and reduce friction material wear. The inclusion of friction particles also helps control brake noise.

CNSL-based friction resins are used as a binder for friction products in brake pads, linings, and train blocks and are supplied with or without solvent at various viscosities. Upon heat cure with a cross-linking agent (e.g., hexamine), CNSL resins provide desirable impact resistance, flexibility, and thermal stability making them suitable replacements for petro-based phenolic resins.

A comprehensive product range of friction particles and resins are available from Cardolite Corporation for OEM and aftermarket passenger cars and heavyduty applications.

10.6 Conclusions

Cashew nutshell liquid and its main component cardanol represent a unique example of naturally occurring non-edible oil, joining the properties of phenolic and alkenyl structures. The different functional groups within its chemical backbone can be either selectively or simultaneously modified, by simply choosing the most suitable chemical approach according to desirable properties. Cardanol's applicability in a broad spectrum of products and formulations, from low added-value to high-performance applications, further confirms its versatility and prompts researchers and industries to look at this molecule with an increasing interest to optimize existing technologies and develop new processes for its purification and chemical functionalization. As a result of the continued advancement in cardanol technology, cardanol remains an "evergreen molecule" suitable as building block for many new products and markets.

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