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1 Introduction

The structurally unrelated antimicrobials—macrolides, lincosamides, and streptogramins—are grouped into a single family, called the MLS family. This classification is based on a similar, although not identical, mechanism of action. Macrolides are composed of a minimum of two amino and/or neutral sugars attached to a lactone ring of variable size [1] (Fig. 18.1). Erythromycin, produced by a strain of the actinomycete *Saccharopolyspora erythraea* (formerly *Streptomyces erythraeus*), is the first macrolide discovered in 1952. It actually corresponds to a mixture of antibiotics that includes erythromycin A, which is the active compound and has a 14-membered lactone ring with two sugars, cladinose and an amino sugar (e.g., desosamine). Other commercially available macrolides derived from erythromycin A include clarithromycin, dirithromycin, roxithromycin, as well as azithromycin that has an enlarged 15-membered ring resulting from a nitrogen insertion. Structural modifications of erythromycin A resulted in improved pharmacokinetic profiles and better tolerance, but cross-resistance between members of this class of antimicrobials was still observed. Some 16-membered ring macrolides are also available in a few countries (spiramycin, josamycin, midecamycin, and miocamycin) or for veterinary use (tylosin). The most recent class of ketolides comprises telithromycin and cethromycin (ABT-773), which are derived from clarithromycin and have two major modifications, replacement of cladinose by a keto-function and an 11-12-carbamate extension with an alkyl-aryl modification in telithromycin. The first fluoroketolide solithromycin (CEM-101), exhibiting a different side chain and a fluorine atom linked to C-2 of the lactone, shows higher

in vitro activity and enhanced accumulation in macrophages as compared to telithromycin [2].

Lincosamides form a small group of antibiotics of naturally occurring compounds or semisynthetic derivatives that contain an amino acid, a proline residue, attached by a peptide bond to a galactoside ring [3] (Fig. 18.1). Lincomycin is produced by the actinomycete *Streptomyces lincolnensis*. Clindamycin (7-chloro-7-deoxy lincomycin), a semisynthetic derivative of lincomycin in which a hydroxyl group has been replaced by chlorine, is the most important in clinical use. This minor difference in the structure of the molecules results in a noteworthy increase of the molecule affinity for its target [3].

The streptogramin antibiotics are composed of two chemically distinct compounds, namely type A and type B streptogramins [4]. The type A streptogramins are polyunsaturated cyclic macrolactones whereas type B streptogramins are cyclic hepta- or hexadepsipeptides (Fig. 18.1) [4–6]. Originally, streptogramins are natural mixtures produced by different members of *Streptomyces* or related genera [6, 7]. Every antibiotic producer synthesizes a mixture of various A and B components with a predominant member within each group. For instance, *Streptomyces pristinaespiralis* produces a mixture of group B compounds called pristinamycins I (pristinamycin I_A, pristinamycin I_B, and pristinamycin I_C with a ratio of 80–90 %, 3–5 %, and 2–5 %, respectively) and a mixture of group A compounds called pristinamycins II (pristinamycin II_A and pristinamycin II_B) [6]. Note that pristinamycin II_A is predominant in the pristinamycin II mixture. Actually, pristinamycin, an oral streptogramin produced by *S. pristinaespiralis* is essentially a mixture of pristinamycin I_A and pristinamycin II_A in a 30:70 ratio by weight [5, 6]. This drug is not commercially available except in some countries such as France and some African countries. Virginiamycin is another oral streptogramin used in livestock in certain countries for growth promotion and prevention of infection. Quinupristin and dalfopristin (hemisynthetic derivatives from pristinamycin IA and pristinamycin II_A, respectively)

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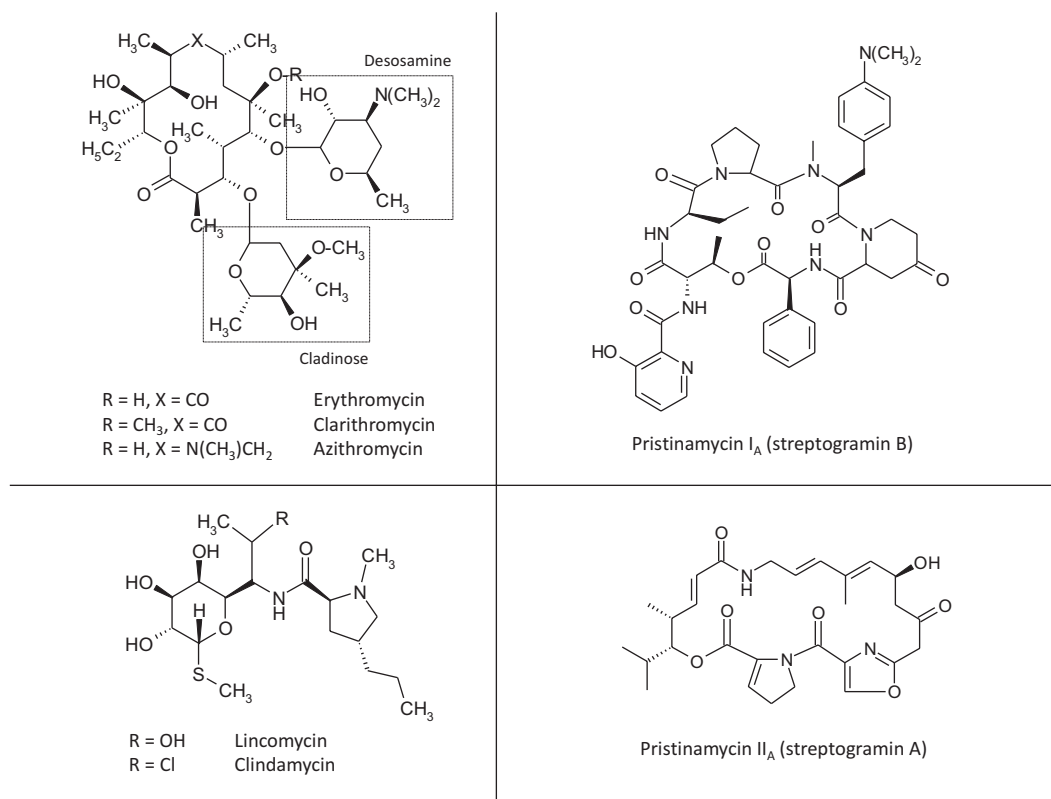


Fig. 18.1 Structure of selected macrolides (erythromycin, clarithromycin, and azithromycin), lincosamides (lincomycin, clindamycin), and streptogramins A (pristinamycin II_A) and B (pristinamycin I_A)

are combined in an injectable formulation with a 30:70 ratio (w/w) of methane sulfonate salts [5, 6]. More recently, an orally bioavailable combination (NXL 103) composed of linopristin (type B) and flopristin (type A) has been developed by Novexel SA and recently acquired by AstraZeneca [8].

2 Mode of Action

MLS antibiotics are bacteriostatic antibiotics that inhibit bacterial protein synthesis by binding to the 50S ribosomal subunit and ultimately inhibit microbial growth [1–3, 9]. The ribosome is composed of two subunits 30S and 50S built with RNAs and proteins, which assemble to produce a structure functional for protein synthesis. Each part undertakes a specific function. The small subunit 30S decodes mRNA, whereas in the large 50S part, the protein is formed by the polymerization of amino acids according to the genetic code. tRNA molecules carry the amino acids. Ribosomes possess three tRNA-binding sites A, P, and E, hosting the aminoacyl-tRNA, the peptidyl-tRNA, and the exiting tRNA, respectively. Each elongation cycle involves the advancement of

the mRNA together with A → P → E site passage of the tRNA molecule driven by GTPase activity [10]. The 50S subunit is formed in part by 23S rRNA, which is organized into six domains. The domain V loop, called peptidyl transferase center (PTC), contains the active site of the peptide bond formation [11, 12]. This PTC loop is positioned at the bottom of a cavity located at the interface of the two subunits, adjacent to the entrance of the peptide tunnel. This tunnel crosses the 50S subunit and emerges on the back of the ribosome. Three-dimensional molecular structure of the ribosome was revealed by electron-cryomicroscopic studies and at atomic level by RX crystallography at high resolution [13]. From three bacterial species (*Thermus thermophilus*, *Haloarcula marismortui*, and *Deinococcus radiodurans*) chosen as a model for the high stability of their ribosomes, much has been learned about the antibiotics that inhibit ribosome function. Although some differences may occur in the ribosomal binding of macrolides and lincosamides according to bacterial species, common features have been found [14, 15].

The binding sites for the MLS antibiotics are located in the PTC or in the near vicinity of PTC at the beginning of the peptide tunnel, before it is constricted by the ribosomal proteins L4 and L22 [16]. The common nucleotide moieties

involved in hydrogen bond interactions of the 23S rRNA with macrolides and clindamycin are the nitrogen bases of the nucleotide residues A2058, a crucial MLS-binding site, and A2059 [16]. However, each class of drugs forms its own unique set of interactions with specific additional nucleotides. According to its position, the antibiotic inhibits peptide bond formation or peptide nascent chain progression. All the macrolides attach their lactone ring inside the peptide tunnel at the upper portion, and can protrude their appendage into the PTC cavity [17]. The mechanism of action depends on their size and sugar components [18]. Important contacts are formed between the C5 monosaccharide (desosamine) or disaccharide side chain of 14-15-16-membered macrolides and rRNA [19]. The shape of desosamine sugar of the macrolactone ring in erythromycin fits exactly with that of cavity formed by several nucleotides including A2058, and this interaction is considered to be required for ribosome binding [20].

The telithromycin macrolactone ring had additional hydrogen bond and hydrophobic interactions involving the three keto groups and two nucleotides residues of PTC. Several telithromycin- and erythromycin-binding sites within the 23S RNA overlap exactly. Telithromycin binds 10 times more strongly to ribosomes than the parent macrolide erythromycin, largely because of the alkyl-aryl substituent extending from the macrolactone ring position 11 and 12 that generates a hydrogen bond with nucleotide U2609 [14]. Both macrolides and ketolides act by producing a steric blockage of the ribosome exit tunnel, hence hampering the progression of nascent peptide [16].

Clindamycin binds in an elongated conformation oriented with its long axis roughly parallel to the axis of the exit tunnel. The proline residue occupies the same cleft as the site A substrate puromycin and blocks PTC activity by hampering the binding of transfer RNA to the A site. Clindamycin interacts directly with the A and P sites and blocks the formation of peptide bond by disturbing the positioning of tRNA in A and P sites [14]. The overlapping of some binding sites may explain why macrolides and clindamycin bind competitively to ribosome and why modification of binding sites confers cross-resistance [9].

Type A streptogramins block substrate attachment to both A and P sites of the PTC, competing with the binding of tRNAs to either the A- or P-site, and thus preventing the two early steps of elongation [7, 21]. Type B streptogramins share overlapping binding sites with macrolides and lincosamides (domains II and V), and act similarly by inhibiting translocation, preventing polypeptide extension, and triggering the premature release of incomplete protein chains [7, 21]. In addition, binding of type A streptogramins induces a conformational change in the ribosome near the PTC that subsequently unmask a high-affinity binding site for streptogramins B leading to an increasing of their activity by ca. 100-fold [4, 7, 21].

3 Spectrum of Activity

MICs of MLS for important pathogenic bacteria are shown in Table 18.1. Macrolides have a spectrum of activity limited to Gram-positive cocci and bacilli, notably staphylococci, β -hemolytic streptococci, and pneumococci, as well as Gram-negative cocci. Gram-negative bacilli are generally resistant with the exception of some clinically important species, such as *Bordetella pertussis*, *Moraxella catarrhalis*, *Campylobacter* spp., and *Helicobacter pylori*. Macrolides also exhibit in vitro activity against intracellular bacteria, such as chlamydiae, mycoplasmas, and *Legionella pneumophila*. Note that clarithromycin has a good in vitro and in vivo activity against nontuberculous mycobacteria, especially *Mycobacterium avium* complex.

Lincosamides have a spectrum of activity closely related to that of macrolides, despite their different structure. Noteworthy, *Enterococcus faecalis* has an intrinsic resistance to lincosamides and streptogramins A (LS_A phenotype) that is shared with other species of enterococci, such as *Enterococcus avium*, *Enterococcus gallinarum*, and *Enterococcus casseliflavus*. By contrast, *Enterococcus faecium*, *Enterococcus hirae*, and *Enterococcus durans* are intrinsically susceptible to lincosamides. A particular feature of clindamycin is its activity against anaerobic bacteria, in particular, *Clostridium* spp., *Peptostreptococcus* spp., and Gram-negative rods. However, incidence of acquired resistance is now relatively high in the *Bacteroides fragilis* group. Also, *Clostridium sporogenes*, *Clostridium tertium*, and *Clostridium difficile* are frequently resistant to clindamycin. Finally, clindamycin has some activity against *Toxoplasma gondii* and *Pneumocystis jirovecii*.

Like macrolides and lincosamides, the spectrum of activity of streptogramins includes a broad range of aerobic and anaerobic Gram-positive bacteria, with MIC₅₀ generally ≤ 1 $\mu\text{g/mL}$ (Table 18.1). Noteworthy, *E. faecalis* is a gap in the antimicrobial spectrum since this Gram-positive species is intrinsically resistant due to a LS_A phenotype (see below).

4 Mechanisms of Resistance and Clinical Implications

Resistance to MLS can be mediated by multiple mechanisms including target modification, enzymatic drug inactivation, and active efflux. Target modification usually encompasses methylation of A2058, which is, as previously mentioned, a key residue with which macrolides, lincosamides, and streptogramins B interact. It also can be due to mutations in 23S rRNA or in conserved regions of ribosomal proteins L4 and L22. In pathogenic microorganisms, the impact of these mechanisms is unequal in terms of incidence and of clinical implications. Modification of the ribosomal target confers

Table 18.1 MICs of MLS antibiotics for susceptible pathogenic bacteria

Bacterial species	MIC ₅₀ (µg/mL) ^a								
	Ery	Cl	Azi	Tel	Lin	Cli	Pri	Q-D	F-L
<i>Aerobes</i>									
Gram-positive bacteria									
<i>Staphylococcus aureus</i>	0.25	0.25	1	0.03	0.5	0.12	0.25	0.25	0.12
<i>Staphylococcus epidermidis</i>	0.25	0.12	0.5	0.03	0.5	0.25	0.12	0.12	0.06
<i>Streptococcus pyogenes</i>	0.06	0.01	0.06	0.06	0.06	0.03	0.12	0.25	0.06
<i>Streptococcus pneumoniae</i>	0.06	0.01	0.06	0.03	0.25	0.06	0.25	0.5	0.25
<i>Streptococcus viridans</i>	0.06	0.01	0.06	0.03	0.25	0.12	0.5	1	0.12
<i>Corynebacterium diphtheriae</i>	<0.01	<0.01	0.01	<0.01	0.5	0.25	0.12	0.25	0.03
Gram-negative bacteria									
<i>Bordetella pertussis</i>	0.01	<0.01	<0.01	0.03	–	–	0.06	0.12	0.03
<i>Moraxella catarrhalis</i>	0.12	0.06	0.03	0.06	–	–	0.25	1	0.06
<i>Haemophilus influenzae</i>	4	4	1	1	32	8	1	2	0.25
<i>Campylobacter jejuni</i>	1	1	0.12	1	>8	>8	–	–	–
<i>Helicobacter pylori</i>	0.25	0.01	0.25	0.25	4	0.5	–	–	–
Intracellular bacteria									
<i>Legionella pneumophila</i>	0.25	0.03	0.12	0.03	16	4	0.06	0.5	0.03
<i>Chlamydia pneumoniae</i>	0.12	0.06	0.12	0.06	–	–	0.5	2	0.25
<i>Mycoplasma pneumoniae</i>	<0.01	<0.01	<0.01	<0.01	–	–	0.25	0.12	0.12
<i>Chlamydia trachomatis</i>	0.25	0.06	0.12	0.06	–	–	0.12	0.5	0.12
<i>Mycoplasma hominis</i>	>16	>16	4	2	–	–	0.5	1	0.25
<i>Mycoplasma genitalium</i>	<0.01	<0.01	<0.01	<0.01	–	–	–	–	–
<i>Ureaplasma urealyticum</i>	0.25	0.03	0.25	0.03	–	–	0.5	1	0.25
<i>Anaerobes</i>									
<i>Bacteroides fragilis</i> group	16	2	8	16	1	0.1	2	2	–
<i>Prevotella</i> spp.	0.5	0.06	0.12	0.12	0.25	0.01	–	–	–
<i>Fusobacterium</i> spp.	64	16	8	16	0.5	<0.1	0.06	0.06	–
<i>Actinomyces</i> spp.	0.03	0.03	<0.01	<0.01	0.25	0.06	0.12	0.25	0.06
<i>Propionibacterium</i> spp.	0.01	<0.01	0.03	<0.01	0.5	0.03	0.03	0.12	0.03
<i>Clostridium perfringens</i>	1	0.5	0.5	0.12	0.5	0.12	0.12	0.25	0.06
<i>Peptostreptococcus</i> spp.	4	2	4	0.06	0.5	0.05	0.12	0.25	0.12

^aAzi azithromycin, Cl clarithromycin, Cli clindamycin, Ery erythromycin, F-L flopristin-linopristin, Lin lincomycin, Pri pristinamycin, Q-D quinupristin-dalfopristin, Tel telithromycin, – not available

broad-spectrum resistance to MLS, whereas enzymatic modification affects only structurally related antibiotics. These mechanisms have been found in antibiotic producers, which often combine several self-protective mechanisms against the antimicrobial that they produce.

4.1 Ribosomal Methylation

4.1.1 erm Genes

Ribosomal modification by methylation was the first mechanism of resistance to macrolides elucidated. This mechanism results from the acquisition of an *erm* gene (erythromycin ribosome methylase) usually carried by plasmids or transposons in pathogenic bacteria. Biochemical studies indicated that *erm* genes encode methylases that add one or two methyl

groups to a single position (A2058) in bacterial 23S rRNA [22]. As a consequence of methylation, the activity of antibiotics that have the A2058 nucleotide as a key nucleotide for their binding to the ribosome is impaired. The overlapping binding sites in the peptidyl transferase region of 23S ribosomal RNA of macrolides, lincosamides, and streptogramins B account for cross-resistance (the so-called MLS_B resistance phenotype).

A wide range of microorganisms that are targets for macrolides and lincosamides express Erm methylases. More than 40 different *erm* genes have been reported so far (<http://faculty.washington.edu/marilynr/>), of which six major classes are detected in pathogenic microorganisms: *erm*(A), *erm*(B), *erm*(C), *erm*(F), *erm*(G), and *erm*(X). Both *erm*(A) and *erm*(C) typically are staphylococcal gene classes. Genes belonging to the *erm*(B) class and to a subclass of the *erm*(A)

gene class, previously called *erm*(TR), are widespread in β -hemolytic streptococci and enterococci. The *erm*(F) and *erm*(G) class genes are detected in *Bacteroides* spp. and other anaerobic bacteria whereas the *erm*(X) class genes are identified in Gram-positive rods. Although each class is relatively confined to a bacterial genus, it is not strictly genus specific. For instance, *erm*(B) genes may be found in staphylococci and anaerobes. Although all members of the *erm* family methylate the adenine of 23S rRNA located at position 2058, they differ by their capacity to monomethylate or dimethylate this nucleotide position. The major Erm methylases detected in pathogens, Erm(A), Erm(B), and Erm(C), generally function as dimethylases that confer a high-level cross-resistance to MLS_B drugs (including telithromycin). However, Erm(B) and Erm(A) (formerly *erm*TR) may function as monomethylases in *Streptococcus pneumoniae* and *Streptococcus pyogenes*, respectively [23, 24]. In fact, this makes a difference for ketolides, which are weakly affected by monomethylation, but not for erythromycin and clindamycin that are poorly active whether the ribosome is mono- or dimethylated.

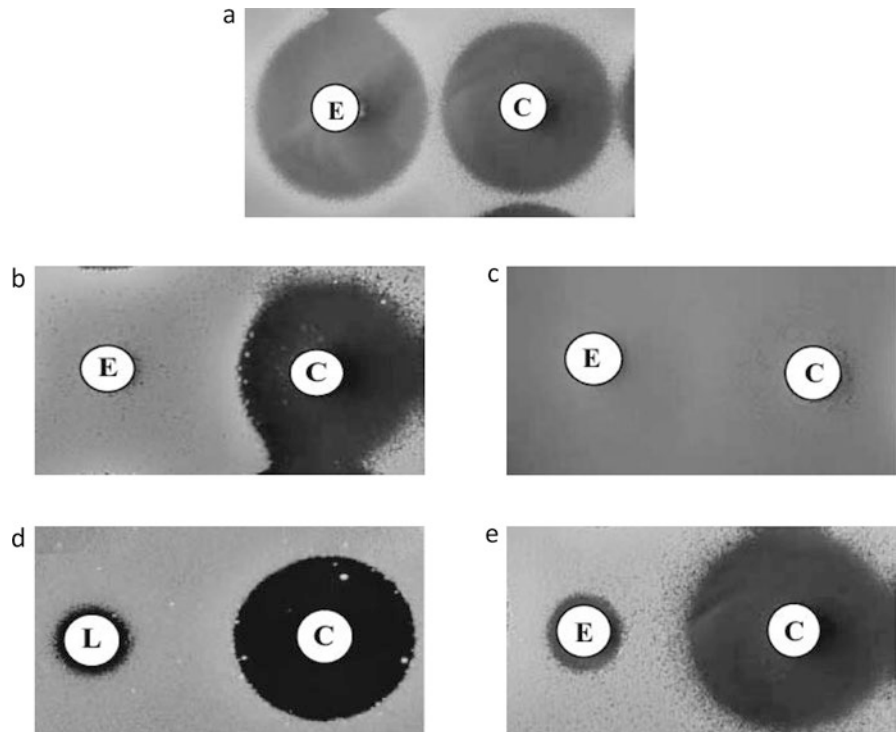
MLS_B resistance may be constitutively or inducibly expressed [25, 26]. In inducible resistance, the bacteria produce inactive mRNA that is unable to encode methylase. In the model of the staphylococcal gene *erm*(C), the inactivity of the mRNA is due to the structure of its 5' untranslated region (UTR) which has a set of inverted repeats that sequester the initiation sequences (ribosome-binding site and initiation codon) for the methylase by base-pairing in the absence of erythromycin [26]. Thus, the methylase cannot be produced since the initiation motifs for translation of the enzyme are not accessible to the ribosomes. Induction is related to the presence of an open-reading frame encoding a short 14-amino acid peptide upstream of the *erm*(C) structural gene. In the presence of low concentrations of erythromycin, binding of the antibiotic to a ribosome translating the leader peptide causes the ribosome to stall. Ribosome stalling likely induces destabilization of the pairing and conformational rearrangements in the mRNA that would then unmask the initiation sequences for the methylase, allowing synthesis to proceed by available ribosomes.

The *erm*(C) regulation model designated as posttranscriptional (or translational) attenuation would also account for the regulation of the *erm*(A) and *erm*(B) determinants [26]. For a given attenuator, the inducing capacity of the macrolides depends on the antibiotic structure. Whereas 14-membered macrolides (erythromycin, roxithromycin, and clarithromycin) and 15-membered macrolides (azithromycin) are inducers for the production of most Erm methylases, ketolides and lincosamides are generally not. Mutations in the attenuator may modify the induction pattern. In particular, lincosamides may become inducers in the case of mutation of the attenuator. This feature has been reported in laboratory mutants [27]

and rarely for clinical isolates of *S. aureus* [28]. In staphylococci that typically contain *erm*(A) or *erm*(C) genes, inducible resistance leads to dissociated phenotypes of resistance between inducers (erythromycin) that are not active and noninducers (clindamycin) that remain active. The phenotype of MLS_B-inducible resistance expressed by staphylococci is characteristic, provided that the strains are tested by the disk-diffusion technique. A blunting of the clindamycin inhibition zone, similar to the shape of the letter D and referred as to a D-shaped zone, can be observed, provided that a disk of erythromycin is placed nearby (Fig. 18.2b). Which holds true for staphylococci is not for streptococci that usually harbor *erm*(B) genes. Indeed, the inducible *erm*(B) gene generally confers a cross-resistance to erythromycin and clindamycin, which differs from the dissociated resistance conferred by the staphylococcal *erm*(A) and *erm*(C) genes. The particular expression of *erm*(B) might be related to methylation of various proportions of ribosomes even in the absence of erythromycin [24]. This paradox could be explained by a nonstringent control of the expression of the methylase by the *erm*(B) attenuator. Fusion of the mutated *erm*(B) attenuator with a *lacZ* reporter gene has confirmed that the expression of the methylase can be partly derepressed in some strains [29]. By contrast, the control of methylase expression by the staphylococcal *erm*(A) and *erm*(C) methylases appears more strict. Other additional features, such as differences in the promoter strength or in the copy number of the *erm*(B) gene, may also account for the various levels of ribosomal methylation. The presence of basal levels of methylase appears sufficient to confer resistance to lincosamides, explaining the cross-resistance between macrolides and lincosamides in streptococci containing inducible *erm*(B) genes [28]. The expression in streptococci of the *erm*(A) gene (formerly *erm*TR) resembles that of the staphylococcal *erm*(A) gene [25].

In constitutive expression, active methylase mRNA is produced in the absence of an inducer, and the strains express cross-resistance to MLS_B antibiotics, regardless of the nature of the *erm* gene (Fig. 18.2c). In the laboratory, mutants derived from inducible strains of staphylococci and expressing constitutive MLS_B resistance can be selected on agar plates containing inhibitory concentrations of clindamycin at frequencies varying between 10⁻⁶ and 10⁻⁸, depending on the strain [25, 30]. In addition, clinical isolates constitutively resistant to erythromycin are widespread, especially among methicillin-resistant staphylococci. It has been shown both in laboratory mutants and in clinical isolates that constitutive expression is due to deletions, duplications, or point mutations in the attenuator sequence leading to derepressed production of the methylase [26]. Similarly, in vitro selection by clindamycin of constitutive resistance at a frequency of 10⁻⁷ has been reported in a clinical isolate of *S. pyogenes* inducibly resistant to erythromycin and harboring *erm*(TR), a subclass of *erm*(A) genes [31].

Fig. 18.2 Phenotypes of resistance to macrolides and clindamycin in *S. aureus*. (a) *S. aureus* susceptible to erythromycin and clindamycin; (b) *S. aureus* containing an *erm(C)* gene inducibly expressed (a D-shaped zone can be observed for the clindamycin zone of inhibition on the edge closest to the erythromycin zone of inhibition); (c) *S. aureus* containing an *erm(C)* gene constitutively expressed; (d) *S. aureus* containing an *lnu(A)* gene responsible for inactivation of lincosamides; (e) *S. aureus* resistant to erythromycin by *msr(A)*-mediated efflux (note the absence of D-shaped zone). C clindamycin, E erythromycin, L lincomycin



The use of clindamycin for the treatment of an infection due to an inducibly resistant strain of *S. aureus* is not devoid of risk. As previously mentioned, constitutive mutants can be selected in vitro in the presence of clindamycin at a relatively high frequency. Bacterial inocula exceeding 10^7 cfu can be found in mediastinitis and in certain lower respiratory tract infections. The risk to patients is illustrated by reports of selection of constitutive mutants during the course of clindamycin therapy administered to patients with severe infections due to inducibly erythromycin-resistant *S. aureus* [30, 32–37]. However, clinical evidence regarding the risk of emergence of clindamycin resistance is based only on a few case reports which are summarized in Table 18.2, and there are also reports of successful use of clindamycin in treating patients with D-test-positive isolates. Although it seems reasonable to discourage the use of clindamycin in deep-seated infections or in infections with heavy bacterial inoculum that increases the risk for selection of constitutive mutants, there are no criteria to confidently predict the success or the failure of clindamycin therapy in infections due to MLS_B -inducible staphylococci. Nonetheless, it is worth noting that isolates containing the inducible *erm(C)* present significantly higher frequencies of mutational resistance than those harboring the *erm(A)* gene [38]. More prospective studies of cases of staphylococcal or streptococcal infections treated with clindamycin are needed to better define the role of this antimicrobial in infections due to microorganisms with various macrolide resistance phenotypes. Noteworthy, the bacteri-

cidal activity of streptogramins against staphylococci expressing (like numerous MRSA isolates) a constitutive MLS_B phenotype is generally altered [39].

4.1.2 *cfr* Gene

Ribosomal methylation, occurring at a different site than the A2058 previously mentioned, may confer resistance to lincosamides but not to macrolides. Initially identified in staphylococcal isolates from animal sources, it has been recently detected in human *S. aureus* and *E. faecalis* clinical isolates [40–43]. Interestingly, in a linezolid-resistant MRSA clinical isolate, the *cfr* gene was located downstream of an *erm(B)* gene, both genes being co-transcribed [41]. The resistance is due to the production of the Cfr (chloramphenicol florfenicol resistance) protein that specifically methylates the 23S rRNA at the A2503 residue [44]. This still rare mechanism causes cross-resistance to five different antibiotic families: phenicols, lincosamides, oxazolidinones, pleuromutilins, and streptogramins A (the so-called PhLOPS_A phenotype) [45]. Although almost exclusively found on plasmids, chromosomal location has also been reported [40, 41].

4.2 Ribosomal Mutations

Studies with mutants obtained in the laboratory and reports of clinical isolates have revealed that several structures participating in the binding of macrolides, particularly domains

Table 18.2 Failures of clindamycin therapy in infections due to *S. aureus* with inducible MLS_B phenotype resistance [26–31]

No. of patients treated with clindamycin	No. of failures	No. of MLS _B constitutive isolates	Reference
3	2	1	[20]
2	2	2	[21]
3	1	1	[22]
2	2	1	[23]
1	1	1	[24]
1	1	1	[25]
All cases (<i>n</i> = 12)	9	7	

V and II of 23S rRNA and proteins L4 and L22, can display mutations responsible for macrolide/lincosamide resistance. The resistance phenotype conferred by alterations in the ribosomal target varies according to the nature of the mutated structure, but there is generally cross-resistance to MLS. In addition, since bacteria generally have several copies of the *rml* gene coding for the 23S rRNA, susceptibility to macrolides and lincosamides varies according to the number of mutated copies and decreases as the number of the mutated copies increases [46]. Ribosomal mutations are rare in clinical isolates of staphylococci and streptococci [25], but are the main mechanism of resistance to macrolides in some bacterial species, such as *Campylobacter* spp., *H. pylori*, *P. acnes*, and *M. avium* complex [47].

4.3 Enzymatic Inactivation

Unlike target modification, inactivation of MLS antibiotics only confers resistance to structurally related antibiotics. Different esterases and phosphorylases have been identified in strains resistant to macrolides, almost exclusively in Gram-negative bacteria. Indeed, members of the family *Enterobacteriaceae* highly resistant to erythromycin due to the presence of these resistance determinants have been reported. Most of the strains were isolated from stool or blood cultures during selective digestive tract decontamination in neutropenic patients [48]. The isolates inactivate the lactone ring of 14-membered ring macrolides by production of erythromycin esterases or macrolide 2'-phosphotransferases that add phosphate to the 2'-hydroxyl group of an amino sugar [49–51]. Two types (I and II) of esterases, encoded by *ere*(A) and *ere*(B) (erythromycin esterase) genes, respectively, have been identified so far. Note that the G+C content of *ere*(B) (36%), unlike that of *ere*(A) (50%), is significantly different from the base composition of the *Escherichia coli* chromosome (50%), suggesting that *ere*(B) is of exogenous origin, possibly a Gram-positive coccus. The *ere*(B) gene was detected in only 5 of 851 isolates (0.6%) of erythromycin-resistant MRSA strains collected from 24 European hospitals while no *ere*(A) gene could be detected [52]. There are two groups of phos-

photransferases, MPH(2')-I (encoded by *mph*(A) and *mph*(D) genes) that inactivates 14- and 15-membered ring macrolides more efficiently than 16-membered ones, and MPH(2')-II (encoded by *mph*(B) and *mph*(C) genes) that inactivates both groups of macrolides [53]. *mph*(A) and *mph*(B) are the most prevalent genes among Gram-negative bacteria. Notably, the plasmid-borne *mph*(A) gene conferring resistance to azithromycin has emerged in *Shigella sonnei* isolates responsible for an outbreak in Paris area while *E. coli* could constitute a major reservoir for this gene [54, 55]. An *mph*(C) gene, distinct from *mph*(A) and *mph*(B), has been described in a few strains of *S. aureus* [56].

Specific resistance to lincosamides is due to enzymatic inactivation of those antibiotics. Phosphorylation and nucleotidylation of the hydroxyl group at position 3 or 4 of lincosamides have been detected in several species of *Streptomyces*. In both animal and human isolates, lincosamide nucleotidyltransferases encoded by *lnu* genes (formerly *lin*) were reported. In clinical isolates, five *lnu* class genes have been described: *lnu*(A), *lnu*(B), *lnu*(C), *lnu*(D), and *lin*(F) [57–62]. The O-nucleotidyltransferases encoded by these genes inactivate lincosamides by adenylation [58]. The *lnu*(A) genes have been reported in staphylococci and *Bacteroides* spp. [57, 60]. Initially described in *E. faecium*, *lnu*(B) is the most prevalent *lnu* gene among streptococci of human and animal origin [58]. The *lnu*(F) gene has been rarely described in *E. coli* and *Salmonella* spp. [59]. The *lnu*(C) gene was first characterized in a *Streptococcus agalactiae* clinical isolate, being located on a small mobilizable transposon [61, 63]. A second report of *lnu*(C) was recently published in a *Streptococcus anginosus* clinical isolate [64]. The *lnu*(D) gene was first described in a clinical isolate of *Streptococcus uberis* responsible for a case of bovine mastitis, and was then detected in two other *S. uberis* veterinary isolates [62, 65, 66]. Mechanistically, LnuA nucleotidyltransferase modifies a hydroxyl group of clindamycin and lincomycin at positions 3 and 4, respectively, whereas LnuB modifies a hydroxyl at position 3 in both clindamycin and lincomycin [58].

Although Lnu(A), Lnu(B), Lnu(C), and Lnu(D) nucleotidyltransferases inactivate in vitro more efficiently clindamycin than lincomycin, the corresponding genes confer resistance to lincomycin (MICs from 16 to 32 µg/mL) but not to clindamycin (MICs from 0.06 to 0.12 µg/mL), the so-called L phenotype [57, 58, 62, 63] (Fig. 18.2d). By contrast, when the *lnu*(A), *lnu*(B), *lnu*(C), and *lnu*(D) genes were cloned into *E. coli*, they conferred cross-resistance to lincomycin and clindamycin [57, 58, 62, 63]. A similar phenotype was observed for the *lin*(F) gene in *E. coli* [59]. The reason for the difference in phenotypic expression of the resistance determinant in the two backgrounds remains unexplained. Hypothetically, the difference between the two lincosamides might be related to differences in relative affinities of clindamycin and lincomycin for the ribosomes

of Gram-positive and Gram-negative organisms and for the Lnu enzymes: clindamycin might have better affinity for the Gram-positive ribosomes than for Lnu(C), explaining why its activity is maintained. Although the activity of clindamycin against the Gram-positive hosts of the *lnu* gene was only weakly affected by the mechanism of resistance, a 100-fold increase in the bacterial inoculum led to a three-dilution increase in the MIC of clindamycin for *S. agalactiae* UCN36 containing *lnu*(C) [61] and the bactericidal activity of clindamycin (already weak against susceptible strains) was totally abolished against a staphylococcal strain with *lnu*(A) [57].

Inactivation of type A streptogramins is due to O-acetylation by acetyltransferases encoded by *vat* genes [5, 7, 67]. These enzymes transfer an acetyl group from acetyl-CoA to the secondary hydroxyl of type A streptogramins. Type B streptogramins can be inactivated by enzymes called lyases or lactonases, which are encoded by *vgb* genes [5, 7, 67]. They cause a cleavage of the ester linkage leading to a linearization of the molecule.

4.4 Active Efflux

Efflux was reported as responsible for the intrinsic resistance to macrolides and lincosamides of *E. coli* and other Gram-negative bacteria, and as putatively responsible for the intrinsic resistance of *E. faecalis* to lincosamides and streptogramins A. In *E. coli*, inactivation of the tripartite pump AcrAB-TolC renders this organism susceptible to erythromycin and clindamycin [68]. In *E. faecalis* OG1RF, cross-resistance to lincosamides and streptogramins A (the so-called LS_A phenotype) was related to the expression of a species-specific chromosomal *lsa* gene, renamed *lsa*(A), coding for an ABC protein [69]. Inactivation of the *lsa*(A) gene resulted in entire susceptibility to clindamycin, dalfopristin, and quinupristin-dalfopristin, whereas trans-complementation with a recombinant plasmid bearing an intact *lsa* gene restored resistance to these antibiotics. In *Staphylococcus sciuri*, a LS_A phenotype was demonstrated to be related to the expression of the plasmid-mediated *lsa*(B) gene coding for a Lsa(A) homolog [70]. A similar LS_A phenotype was observed from *S. agalactiae* clinical isolates from New Zealand, and was due to a Lsa(A)-like protein encoded by the chromosomal *lsa*(C) gene [71, 72]. The last *lsa*-like gene, called *lsa*(E), has been recently identified in MRSA isolates of swine origin [73]. As opposed to *E. faecalis*, *E. faecium* is intrinsically susceptible to all macrolides and related compounds, but the LS_A phenotype may be selected in vitro and in vivo [74]. The resistance is due to a unique mutation within a gene coding for an ABC homologue showing 66% amino acid identity with Lsa(A), leading to an amino acid substitution. The wild-type allele

was named *eat*(A) (for Enterococcus ABC Transporter) and its mutated resistant variant, *eat*(A)_v [75]. Interestingly, the phenotype conferred by Lsa-like proteins actually comprises lincosamides, streptogramins A, and pleuromutilins (e.g., tiamulin), and is known as LS_AP phenotype [72, 75].

Acquired efflux of lincosamides (as a LS_A phenotype) has also been detected in staphylococcal isolates. This phenotype, similar to that mediated by Lsa-like proteins, is due to the acquisition of plasmid genes *vga*(A), *vga*(A)_v, or *vga*(A)_{LC}, which also code for ABC proteins responsible for a low-level resistance to lincosamides and streptogramins A [76–78].

Active efflux has been reported as an acquired mechanism of resistance to macrolides in clinical isolates of Gram-positive organisms. In particular, the efflux pump *msr*(A) responsible for the MS_B phenotype (resistance to erythromycin and streptogramins B) in staphylococci and the dual efflux pump *mef*(A)/*mel* responsible for the M phenotype (resistance to erythromycin) in streptococci [79]. *msr*(A) and *mel* belong to the ABC transporter family whereas *mef*(A) is part of the Major Facilitator Superfamily [80]. Note that these mechanisms that are widely spread do not affect the activity of lincosamides, and that the activity of ketolides is affected by *mef*(A) only at a very low level, being likely not clinically significant. *mef*(A)/*mel* genes are borne by a transposon [81, 82] and have been described in a variety of species, mostly *S. pneumoniae* and *S. pyogenes*. The *msr*(A) gene is usually found in staphylococci but has also been detected in *Streptococcus*, *Enterococcus*, *Corynebacterium*, and *Pseudomonas* [83]. Different *msr*(A) homologs have also been described, such as *msr*(C) in *Enterococcus*, *msr*(D) in many genera and linked to *mef*(A), and *msr*(E) in some Gram-negative bacteria.

As opposed to Mef(A) that is undoubtedly an efflux pump, the biochemical basis of resistance remains unclear for aforementioned Lsa-, Vga-, and Msr-like proteins. They all belong to the family of ABC systems, of which most of them are involved in import and export, and then called ABC transporters [84]. These “classical” transporters share a common organization with two hydrophobic transmembrane domains (TMDs) and two intracytoplasmic nucleotide-binding domains (NBDs) implicated in ATP hydrolysis. Actually, Lsa-, Vga-, and Msr-like proteins belong to a third group of ABC proteins (named class 2) that lack TMDs consisting of two NBDs fused into a single protein [84]. Even though these class 2 ABC proteins are presumed to function as efflux pumps, the biochemical mechanism of resistance has been poorly elucidated. Only two studies that showed about Msr(A) suggest that Msr(A) and *vga*(A)_{LC} might be able to hijack the TMDs of ABC transporters to mediate efflux [77, 85], but no membrane partners have been identified so far [86]. A ribosomal-related mechanism of resistance, such as ribosomal protection, might also be hypothesized.

5 Reports of Susceptibility Tests by the Laboratory

5.1 Staphylococci

Both clindamycin and erythromycin have to be tested. As noted above, resistance to both erythromycin and clindamycin relates to constitutive MLS_B resistance and is easily recognized. Dissociated susceptibility results for erythromycin and clindamycin require the attention of the clinical microbiology laboratory. The following cases can be discussed.

5.1.1 Strains Resistant to Erythromycin but Susceptible to Clindamycin

When clindamycin is active, the identification of the phenotype is required. The inducible MLS_B resistance can be detected only by methods showing induction of clindamycin resistance. As previously mentioned, the disk-diffusion method is an easy method to detect this phenotype by placing an erythromycin disk near a clindamycin disk on an agar growth medium, using a standard disk dispenser [87]. The presence of a D-shape zone is the signature of the MLS_B-inducible phenotype (Fig. 18.2b). This approach is recommended by the CLSI susceptibility testing standards. When staphylococci are tested using a broth-based method (including automated instruments), the CLSI recommends placing erythromycin (15 µg) and clindamycin (2 µg) disks nearly 15–26 mm apart (center to center) on the blood agar plate that is used to control the purity of the bacterial inoculum [88, 89]. Isolates displaying a D-shaped zone, therefore inducibly resistant to MLSB antibiotics, should be reported as clindamycin resistant by the laboratory [88]. However, the clinical laboratory may add the following comment: “This isolate is presumed to be resistant based on detection of inducible clindamycin resistance; clindamycin may still be effective in some patients.” Note that certain automated systems also propose a liquid-based induction test. The final decision to treat or not the patient with clindamycin should be based on the analysis of each specific case, and if a clindamycin therapy is started, it requires close follow-up of the patient for failure. In the absence of D-shaped zone, the staphylococcal isolate is presumably resistant to erythromycin by active efflux through acquisition of the *msr(A)* gene (Fig. 18.2e). Since clindamycin is neither an inducer nor a substrate for this pump, the isolate can safely be reported as susceptible to clindamycin. Strains of *S. aureus* ATCC strain BAA-977 containing *erm(A)* and *S. aureus* ATCC BAA-976 harboring the efflux pump encoded by *msr(A)* are recommended as positive and negative control organisms, respectively [90].

5.1.2 Strains Susceptible to Erythromycin but Resistant to Lincosamides

This dissociated phenotype of resistance is rare in *S. aureus*, found in less than 1% of the strains, but is more frequent in

coagulase-negative staphylococci, with frequencies ranging from 1 to 7% of strains depending on the staphylococcal species [57]. Two phenotypes of resistance should be distinguished: the LS_A type of resistance that is detected as a resistance or an intermediate susceptibility to both clindamycin and lincomycin, and the L phenotype resistance that can be identified only if lincomycin is tested since MIC of clindamycin or zone size diameter for the disk of clindamycin remain within the range of those for a susceptible isolate. This phenotype can be easily identified by testing both lincomycin and clindamycin, which display an unusual dissociated susceptibility to clindamycin and resistance to lincomycin. By the disk-diffusion technique, lincosamide inactivation can be easily predicted by observing the appearance of the clindamycin inhibition zone edge. A sharply demarcated edge correlates with the production of lincosamide nucleotidyltransferases (Fig. 18.2d). There is no recommendation for the interpretation of the result for clindamycin and the clinical relevance is unknown.

5.2 Other Organisms

For streptococci, concerns about the activity of clindamycin against isolates susceptible to this antibiotic but with an inducible MLS_B phenotype could also be raised. However, routine testing for inducible resistance for pneumococci is not recommended since isolates containing an inducible *erm(B)* gene usually display cross-resistance between erythromycin and clindamycin, as mentioned above. Only rare isolates with an inducible MLS_B phenotype are susceptible to clindamycin and clinical significance has not been established. The same observation can be made for β-hemolytic streptococci containing an inducible *erm(B)* gene. However, β-hemolytic streptococci might contain an inducible *erm(A)* gene (formerly *ermTR*) with a positive D-shaped zone test. In this case, although no clinical failure has been reported, the use of clindamycin does not seem safe. By contrast, isolates of *S. pneumoniae* or *S. pyogenes* expressing the efflux pumps MefA/Mel remain fully susceptible to clindamycin. Resistance to clindamycin in *Bacteroides fragilis* is frequent (generally more than 30% of isolates) and is mostly due to ribosomal methylation (MLS_B phenotype) mostly by *erm(F)*, *erm(G)*, and *erm(B)* genes. The resistance is often expressed at a high level. *C. perfringens* is rarely resistant to clindamycin. Again, resistant isolates expressing an MLS_B phenotype which, in some cases of inducible expression, can be detected only after 48 h of incubation. For some fastidious organisms (e.g., *H. pylori*, *M. avium* complex), molecular detection of 23S rRNA mutations is a good option since the number and the position of mutations conferring macrolide resistance are limited. Many different approaches, particularly real-time PCR assays, have been developed. For instance, it is possible to detect most of mutations conferring clarithromycin resistance in *H. pylori*, even directly from gastric biopsies [91].

6 Conclusion

Favorable properties of macrolides and clindamycin, in terms of tissue distribution, convenient oral or intravenous dosing, and low cost explain why these antibiotics, available for more than 40 years, remain widely used. However, a multiplicity of mechanisms has emerged in staphylococci, streptococci, enterococci, and anaerobes that confer resistance to this group of antimicrobials and lead to complex resistance phenotypes. Identification of the corresponding resistance mechanisms has a clinical importance as regards to the use of macrolides and clindamycin. The clinical relevance of the inducible MLS_B type of resistance for activity of clindamycin still remains to be fully evaluated. Epidemiological aspects of resistance to macrolides and lincosamides have not been discussed in this chapter, since it is highly variable according to the country and even within a single country. The frequencies of resistance to clindamycin cannot be deduced from those to erythromycin since cross-resistance is unpredictable. In particular, efflux mechanisms affect the activity of erythromycin but not that of clindamycin, both in streptococci and staphylococci. The reverse is also true for other mechanisms of resistance. Therefore, specific surveys of macrolide and lincosamide resistance in pathogens are required. Both surveillance of the incidence of resistance and of the respective prevalence of the various resistance mechanisms is justified by the rapid variations in resistance observed in several countries.

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