

# Chapter 2

## Molecular Genetics of Pheochromocytoma and Paraganglioma

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### 2.1 Inherited Pheochromocytomas and Paragangliomas

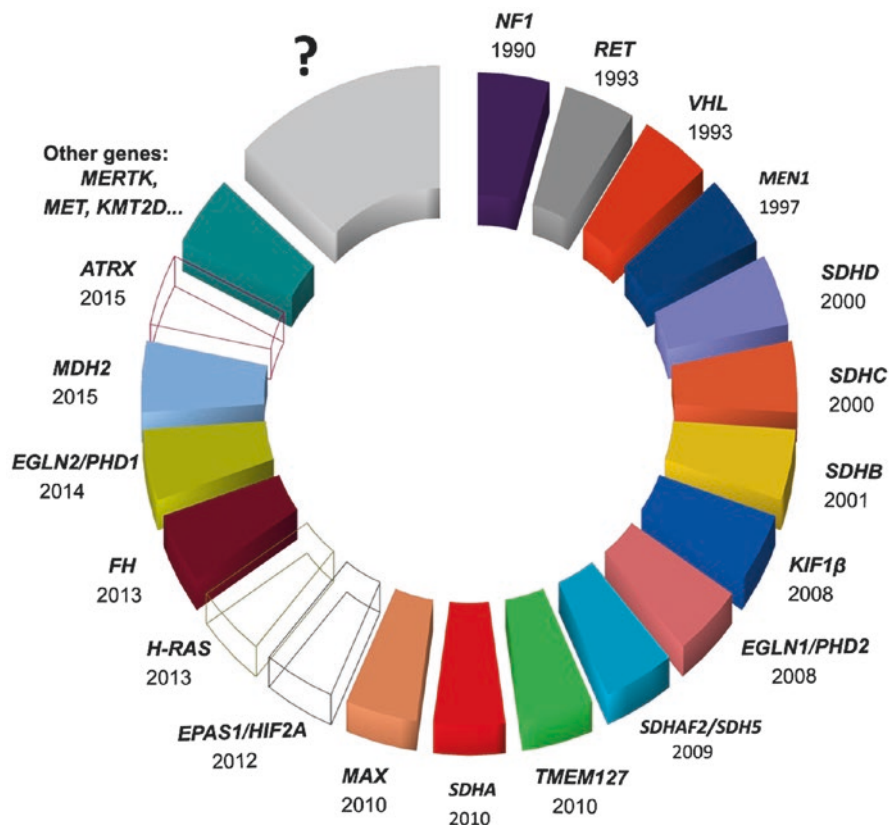
Pheochromocytomas (PCCs) and paragangliomas (PGLs), together abbreviated as PPGL, are neural crest-derived catecholamine-secreting tumors arising from the adrenal medulla and sympathetic/parasympathetic paraganglia, respectively. These tumors can develop in an apparently sporadic manner or as part of one of several tumoral syndromes associated with alterations in distinct genes. Particularly in the latter case, PPGLs can present with other pathologies within a family and even in the same individual. This variable clinical phenotype is reflection of the genetic complexity that underlies the development of this disease (Fig. 2.1).

While initially it was thought that only 10% of cases were caused by germline mutations, the discovery of mutations in several additional susceptibility genes during the last 15 years has brought the percentage of hereditary cases up to approximately 40%. Genes such as *VHL*, *RET*, *NF1*, *SDHA*, *SDHB*, *SDHC*, *SDHD*, *SDHAF2*, *MEN1*, *KIF1B $\beta$* , *EGLN1*, *EGLN2*, *TMEM127*, *MAX*, *EPAS1* (*HIF2A*), *FH*, and *MDH2* are involved in PPGL susceptibility [1–3]. Recent findings have uncovered new candidate genes involved in chromatin remodeling [4], and the contribution of this genetic pathway to disease etiology requires further exploration.

Approximately 40% of hereditary PPGLs develop primarily in the context of three familial tumor syndromes: von Hippel–Lindau disease (VHL), multiple endocrine neoplasia type 2 (MEN2), and familial PPGL. Patients diagnosed with multiple endocrine neoplasia type 1 (MEN1) and those with neurofibromatosis type 1 (NF1) can also develop PCC, but do so less frequently. PGLs present almost

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**Fig. 2.1** Representation of all reported pheochromocytoma/paraganglioma susceptibility genes, specifying the year of publication, with special attention to the genes involved in the hereditary predisposition to the disease (*opaque colored boxes*). Genes recently reported or lacking further demonstration of their involvement are grouped in “other genes.” *Question mark* indicates that other unknown genes are pending to be uncovered

exclusively as part of familial PPGL, although there are very rare tumor syndromes in which these tumors are part of the clinical features (Table 2.1).

Between 10 and 20% of patients with PPGL are diagnosed during childhood or adolescence [5–7], and PCC is the most frequently diagnosed endocrine tumor in children [8]. The proportion of pediatric patients with a germline mutation in one of the known susceptibility PPGL genes is higher than that found in adults. Recent studies have reported that up to 70–80% of children with PCC are mutation carriers, regardless of their family history [5, 6, 9]. In addition, a proportion of patients with clinical characteristics indicative of hereditary disease (bilateral PCC, multiple PGLs, family history, and/or early-onset disease) do not carry mutations in any of the known genes, suggesting that other loci remain to be discovered (Fig. 2.1). The

**Table 2.1** Genetic and clinical characteristics of syndromes associated with the development of PCC/PGL

Syndrome	Gene	Inheritance	Biochemical phenotype	Associated pathology
MEN2	<i>RET</i>	Autosomal dominant	E	MTC, PCC, infrequently PGL Type 2A: PHPT, cutaneous lichen amyloidosis Type 2B: Marfanoid body habitus, mucocutaneous neuromas, intestinal ganglioneuromatosis
VHL	<i>VHL</i>	Autosomal dominant	NE, D	HB (CNS and retina), ccRCC, neuroendocrine pancreatic tumors, cysts and cystadenoma of the pancreas, kidney epididymis, or broad ligament, renal cysts, endolymphatic sac tumors, PCC, PGL, etc.
PGL1	<i>SDHD</i>	Autosomal dominant (paternal transmission)	NS or NE	PGL (head and neck, thoracic and abdominal), PCC, infrequently GIST, pituitary adenoma, infrequently ccRCC
PGL3	<i>SDHC</i>	Autosomal dominant	NS or NE	PGL (head and neck), infrequently PCC or GIST, infrequently pituitary adenoma
PGL4	<i>SDHB</i>	Autosomal dominant	NE, D	PGL, PCC, infrequently ccRCC, GIST, pituitary adenoma or PTC
NF1	<i>NF1</i>	Autosomal dominant	E	Neurofibromas, cafe au lait spots, axillary freckling, optic gliomas, pigmented hamartomas of the iris, PCC
MEN1	<i>MEN1</i>	Autosomal dominant	E	PHPT, pituitary adenoma, neuroendocrine gastroenteropancreatic tumors, PCC
PGL2	<i>SDHAF2</i>	Autosomal dominant (paternal transmission)	NS	PGL (head and neck)
PGL5/FPCC1	<i>TMEM127</i>	Autosomal dominant	E, NE	PCC, infrequently PGL (head and neck); ccRCC
PGL6	<i>SDHA</i>	Autosomal dominant	NE	PGL (head and neck, thoracic and abdominal), PCC; GIST, infrequently ccRCC and pituitary adenoma

(continued)

**Table 2.1** (continued)

Syndrome	Gene	Inheritance	Biochemical phenotype	Associated pathology
PGL7/FPCC2	<i>MAX</i>	Autosomal dominant (paternal transmission)	NE, E	PCC (single, bilateral, multiple); up to 20 % of patients also develop PGL (thoracic and abdominal)
PGL8	<i>FH</i>	Autosomal dominant	NE	PGL (head and neck, thoracic and abdominal), PCC; cutaneous and uterine leiomyoma, type 2 papillary renal carcinoma
KIF1B	<i>KIF1B</i>	Autosomal dominant	NE	PCC (bilateral); neuroblastoma
PHD1/2	<i>PHD1/2</i>	Autosomal dominant	NE	PGL (multiple), PCC (bilateral); polycythemia
MDH2	<i>MDH2</i>	Autosomal dominant	NE	PGL, PCC; no other associated tumors
Pacak–Zhuang	<i>EPAS1</i>	Somatic mosaicism	NE	Polycythemia, somatostatinoma, CNS HB, PGL (multiple), PCC (single)

*MTC* medullary thyroid carcinoma, *PCC* pheochromocytoma, *PGL* paraganglioma, *PHPT* primary hyperparathyroidism, *HB* hemangioblastomas, *CNS* central nervous system, *ccRCC* clear cell renal cell carcinoma, *GIST* gastrointestinal stromal tumor, *PTC* papillary thyroid carcinoma, *FPCC* familial PCC, *E* epinephrine, *NE* norepinephrine, *D* dopamine, *NS* non-secreting

task of identifying new susceptibility genes is complicated by the fact that this disease can follow an autosomal dominant model, with or without preferential paternal transmission [10–14], and that post-zygotic somatic events have also been observed [4, 15]. It is probable that other models of inheritance, such as recessive, occur in some families with the disease. While uncovering this unexplained heritability of PPGL remains a substantial challenge, new approaches based on next-generation sequencing have begun to shed new light on the comprehensive biology of this tumor. It is paramount to correctly genetically classify each patient in order to be able to offer them the most appropriate clinical follow-up.

### 2.1.1 Syndromic PCC

Some patients develop PCC or PGL as part of a hereditary tumor syndrome; they present with other clinical signs that can help identify the gene most likely to be involved and therefore be used to prioritize genetic testing. Such patients have often developed other neoplasms or have a family history indicative of a strong genetic etiology, as is the case for PCC associated with multiple endocrine neoplasia type 2 (MEN2), von Hippel–Lindau (VHL), or neurofibromatosis type 1 (NF1) and to a lesser extent other syndromes such as Carney triad, Carney–Stratakis syndrome, and neoplasia endocrine multiple type 1 (MEN1). Patients with a germline mutation

in *RET* have more often been previously diagnosed with medullary thyroid carcinoma (MTC), while those from MEN1 families tend to have had primary hyperparathyroidism (PHPT) and those from NF1 families *cafe au lait spots*. As described in detail below, one exception to this tendency to have particular comorbidities are patients with specific germline mutations in *VHL*, who tend to develop PCC as the sole manifestation of their disease.

### 2.1.1.1 MEN2-Associated PCC

MEN2 (OMIM 171400) has an estimated annual incidence of 5 per 10,000,000 persons and a prevalence of 1 in 30,000. MEN2 follows an autosomal dominant mode of inheritance. MEN2 patients can develop MTC (medullary thyroid carcinoma), PCC, and/or PHPT (primary hyperparathyroidism), the latter resulting from hyperplasia or from parathyroid adenomas. The syndrome is classified into three subtypes, MEN2A, MEN2B, and familial MTC (FMTC), each defined according to the combination of pathologies developed by the individuals affected (Table 2.1). MEN2A patients may develop all three pathologies. They are also more likely to develop “cutaneous lichen amyloidosis,” a pruritic skin lesion in the upper area of the back caused by the uncontrolled deposition of amyloid protein between the dermis and epidermis. In addition, these patients may occasionally develop Hirschsprung disease (HSCR). Patients are classified as MEN2B if they develop, in the absence of parathyroid disease, MTC; PCC; multiple mucocutaneous neuromas involving the lips, tongue, and eyelids; corneal nerve myelination; intestinal ganglioneuromas (hyperganglionic megacolon); or *marfanoid habitus*, including skeletal deformities and hypermobility of joints. Finally, families in which affected members have developed only MTC or C-cell hyperplasia (CCH) are considered to have the third subtype, FMTC, but only if more than ten members have MTC. A less conservative definition has been proposed by [16], based on the presence in at least four family members of MTC without other manifestations of MEN2A. Defining and distinguishing FMTC from MEN2A is challenging, and an exhaustive clinical follow-up of these families is required to rule out the presence of other tumors characteristic of MEN2, especially in older family members.

In the early 1990s, activating mutations in the rearranged during transfection (*RET*) proto-oncogene were identified as the genetic basis for MEN2A, MEN2B, and FMTC [17–20]. Since then, germline *RET* mutations have been identified in 98 % of patients with MEN2A, 95 % of patients with MEN2B, and 88 % of patients with FMTC [21].

*RET* is located on chromosomal band 10q11.2 and encodes a tyrosine kinase receptor that is mainly expressed in cells derived from the neural crest (C cells, parafollicular thyroid cells, and adrenal medulla cells, among others) and in urogenital system precursor cells [22]. The genetic testing of *RET* is relatively simple, since the mutations associated with the development of MEN2 are mainly located on exons 10, 11 and 13–16. Additional, less frequent mutations on exon 5 and 8 have been also reported in MEN2 patients. Sequencing of the entire coding region

of *RET* is recommended only for those who meet clinical criteria for MEN2 but in whom initial sequencing of selected exons gives negative results [23] or if there is a discrepancy between the MEN2 phenotype and the expected genotype [24]. If a *RET* variant is detected at a noncanonical position, it is important to consult different databases for evidences that the variant may be a polymorphism with no clinical significance [25]. A sequence change in *RET* is considered to be a causative MEN2 mutation if it segregates with the clinical expression of disease within a family including at least two affected individuals having the MEN2 phenotype.

The established genotype–phenotype relationships for MEN2 syndrome are based on the classification of individual mutations according to their transforming ability, and therefore the expected aggressiveness with which the disease they cause will develop [24]. The impact of *RET* mutation testing on the management of MEN2 patients is without doubt one of the most robust examples of the utility of genetic diagnosis in personalizing clinical follow-up [24].

Approximately 50% of MEN2 patients develop PCC in their lifetime, and the mean age at diagnosis is 35 years. A PCC is the first manifestation of MEN2 in only 12–15% of cases, and so *RET* explains relatively few cases of non-syndromic disease (around 5%), compared to other syndromes [26, 27]. *RET* mutations are very rarely found in patients diagnosed with PCC before age 20 [5–7]. Thus, *RET* is not a priority in the genetic testing of pediatric patients, although it should still be included in genetic diagnosis algorithms [5]. PCCs developed by *RET* mutation carriers are bilateral in 50–80% of patients, they tend to be epinephrine-secreting tumors, and very few (no more than 5%) are malignant.

It is recommended that screening for PCC begins between ages 5 and 16 for carriers of highest-, high-, and moderate-risk mutations [24, 27].

### 2.1.1.2 VHL

VHL (OMIM 193300), with an incidence of 1 in 36,000 live births, is a dominantly inherited familial cancer syndrome caused by germline mutations in the *VHL* tumor suppressor gene [28, 29]. This gene encodes three gene products: a protein comprising 213 amino acids and two shorter isoforms, one produced by alternative splicing (excluding exon 2) and the other by alternative initiation. While the protein (pVHL) is involved in multiple processes, its best characterized role is the regulation of the proteasomal degradation of hypoxia-inducible factors (HIFs) [30]. Under normal oxygen tension, the  $\alpha$  subunits of HIF (HIF-1 $\alpha$ , HIF-2 $\alpha$ , and HIF-3 $\alpha$ ) are hydroxylated by the dioxygenases PHD (PHD1, PHD2, and PHD3). The hydroxylated HIF- $\alpha$  are then targeted by pVHL for proteasomal degradation [31, 32]. Under hypoxia conditions, HIF- $\alpha$  is stabilized and binds to the HIF- $\beta$  subunit to form an active transcription factor that regulates expression of a large repertoire of genes involved in angiogenesis, cell survival, erythropoiesis, and tumor progression [30]. This explains the highly vascularized nature of the tumors associated with VHL syndrome [33].

**Table 2.2** Clinical classification of VHL patients

Clinical features	Subtype				
	VHL-1A	VHL-1B	VHL-2A	VHL-2B	VHL-2C
HB (CNS, retina)					
ccRCC			Low risk	High risk	
Cysts and cystadenoma of the pancreas					
PCC					

*HB* hemangioblastoma, *CNS* central nervous system, *ccRCC* clear cell renal cell carcinoma, *PCC* pheochromocytoma

The penetrance of causal mutations is age dependent, and the disease demonstrates marked phenotypic variability. Patients with VHL are at a higher risk of developing hemangioblastomas (HBs) of the retina and central nervous system (CNS), PCC and/or PGL, clear cell renal cell carcinoma (ccRCC), renal and pancreatic cysts (serous cystadenoma), neuroendocrine pancreas tumors, endolymphatic sac tumors, pancreatic serous cystadenomas, and papillary cystadenomas of the epididymis in men and of the broad ligament in women (Table 2.1) [27, 33, 34]. After identifying *VHL* in 1993, the phenotype associated with *VHL* gene mutations was expanded to include VHL disease, dominantly inherited familial PCC, and, in cases with particular mutations, autosomal recessive congenital polycythemia (also known as familial erythrocytosis-2; MIM# 263400) [35, 36]. It has been suggested that VHL accounts for approximately a third of patients with a CNS HBs, >50% of patients with a retinal angioma, 1% of patients with RCC, 50% of patients with apparently isolated familial PCC, and 11% of patients with an apparently sporadic PCC [37].

The disease is classified into four subtypes (1, 2A–2C) based on the clinical phenotype. VHL type 1 families have a relatively low risk of developing PCC, but may present with any of the other tumors associated with the disease. VHL type 2 is subdivided into three categories corresponding to a low (2A) or high risk (2B) of developing ccRCC or to a higher risk of PCC and PGLs as the only clinical sign of the disease (2C) (Table 2.2).

Systematic characterization of germline *VHL* mutations has led to the identification of genotype–phenotype correlations such that germline mutations causing amino acid changes on the surface of pVHL are associated with a higher risk of PCC [34]. *VHL* germline deletions, mutations predicted to cause a truncated protein, and missense mutations that disrupt the structural integrity of the VHL protein are associated with a lower risk of PCC (and therefore associated with type 1 VHL syndrome). However, phenotypes related to *VHL* gene deletions appear to be influenced by the retention of some genes surrounding *VHL*. In particular, *VHL* deletions associated with the loss of the actin regulator *HSPC300* gene (also known as *BRICK1*) are associated with protection against ccRCC [38–40]. These clinical findings led McNeill et al. (2009) to suggest that the subclassification of VHL syndrome should take into account not only clinical phenotype but also *VHL* mutation data [40] (Table 2.2).



## PCCs/PGLs Associated with VHL

Approximately 20% of patients with VHL develop PCC or PGL (sympathetic and parasympathetic), although the latter is much less frequent. Tumors are exclusively norepinephrine-secreting, related to a low, or no, expression of phenylethanolamine N-methyltransferase (PNMT), multifocal or bilateral in 43–45% of cases and malignant in less than 5% [41–43]. The median age at diagnosis of PCC/PGL is 29 years, which is lower than for other syndromes and particularly relevant for genetic testing since between 12 and 32% of patients with PCC diagnosed during childhood are found to carry a germline mutation in *VHL* [44]. Also of note is that PCC (principally) or PGL (occasionally) is the first manifestation for 30–50% of patients with VHL [41]. For these reasons, *VHL* mutation screening is essential in patients diagnosed before age 18. Furthermore, *VHL* has a high mutation rate (20–21%) [45, 46], and so germline mutation testing of this gene is recommended specifically for patients with single tumors and non-syndromic cases. As we will review in this chapter, the role of *VHL* is also relevant in sporadic presentation, as a notable proportion of tumors develop as consequence of somatic *VHL* mutations [47].

The development of VHL-related tumors has been linked to the alteration of interactions between pVHL and other proteins with which it forms complexes, specifically pVHL-ElonginC-ElonginB complexes (CBC<sup>VHL</sup>). The most accepted hypothesis in this regard is that the development of PCC in the context of VHL is associated with a partial retention in the function of pVHL to assemble at least to some extent into CBC<sup>VHL</sup> [48, 49], which protects them from rapid intracellular degradation [50–52]. A hot spot in *VHL* that is associated with the development of PCC affects residue 167, located in the alpha domain. This domain has the role of interacting with other proteins, so that mutations giving rise to amino acid changes in this region do not result in loss of function of pVHL. The finding that 23% (7/30) of patients with PCC who carry deleterious germline variants in *VHL*, but have no signs of either VHL or MEN2, have a mutation that affects this residue is consistent with this hypothesis [53]. On the basis of the above findings, it has been proposed that the measurement of change in pVHL stability could be used as an additional tool to understand the clinical features developed by a VHL patient [52]. Indeed, the use of this tool led to the identification of an association between ccRCC and mis-sense mutations that significantly alter pVHL stability. A subsequent study classified these mutations as “surface” or “deep,” depending on the location of the affected residue in the protein structure, and found a clear difference between them in the associated risk of PCC [34].

Based on the earliest described age at PCC diagnosis, it is recommended that screening be initiated at age 5 years [27, 44].

### 2.1.1.3 Neurofibromatosis Type 1

Neurofibromatosis type 1 (NF1), formerly known as von Recklinghausen disease, is a common hereditary disease with an incidence of 1 per 2,500–3,300 newborns that primarily involves the skin and nervous system. The condition is usually diagnosed in



early childhood, when cutaneous manifestations are apparent. It is characterized by the appearance of multiple neurofibromas, cafe au lait spots, freckling in the armpits and groin, iris hamartomas (Lisch nodules), bone lesions such as scoliosis, sphenoid dysplasia or pseudoarthrosis, macrocephaly, learning disorders, cognitive deficits, predisposition to optic and CNS glioma, and leukemia [27, 54]. Other malignancies occur less frequently in patients with NF1, including PCC, rhabdomyosarcoma, leukemia, and brain tumors other than optic gliomas [55]. Some features of neurofibromatosis 1 are present at birth, and others are age-related manifestations, which means that periodic monitoring is required to address ongoing health and developmental problems and to minimize the risk of serious medical complications [56].

The gene responsible for NF1, *NF1* (17q11.2), encodes the protein neurofibromin, which is expressed primarily in the nervous system and has the role of suppressing cell proliferation by inactivating RAS proteins. Loss-of-function mutations in *NF1* lead to the activation of RAS and the PI3K/AKT/mTOR pathway, which depends on RAS [54].

The detection of mutations in *NF1* by DNA analysis has proven to be challenging because of the gene's large size (it has 58 exons), the lack of mutation hot spots, and the existence of pseudogenes. *NF1* mutations are predominantly truncating and often accompanied by loss of the wild-type allele in the tumor. Although molecular technology is now available to detect most mutations in *NF1* [57], it is typically not required because in 95% of cases a diagnosis of NF1 can be made by age 11 years on the basis of clinical findings alone. *NF1* has one of the highest rates of spontaneous mutation of any gene in the human genome. This in part explains why between 30 and 50% of patients have de novo mutations, which if they occur post-zygotically, can give rise to mosaic phenotypes [58]. Events of germline mosaicism are very rare in this condition [59].

### PCCs Associated with NF1 Disease

An estimated 0.1–5.7% of NF1 patients develop PCC, although this figure is 3.3–13% based on autopsy studies. Therefore, NF1 is not a common diagnosis in PPGL patients [60]. These tumors are more prevalent among NF1 patients with hypertension (20–50%) [61]. NF1-associated PCCs tend to develop at a later age (mean 41 years), can be unilateral or bilateral, and are rarely extra-adrenal and slightly more often malignant (up to 12%) than those in VHL and MEN2 cases [62]. The earliest recorded age at diagnosis of PCC is 7 years, but given the low penetrance of *NF1* mutations for this tumor development, screening of the gene is only recommended in cases of hypertension or symptoms suggestive of disease [27].

## 2.2 Non-syndromic PCC/PGL

In addition to the syndromic forms, many genes have been described over the last few years related to susceptibility to develop PCC or PGL as the only disease manifestation. Associations with other tumors have been reported, but only in a limited

number of patients. We will outline the functions of the SDH genes, as well as *FH*, *MDH2*, *TMEM127* and *MAX*, and detail the clinical manifestations associated with mutations in each of these. Other genes will be also reviewed.

## **2.2.1 Non-syndromic PCC/PGL Associated with Mutations in the SDH Genes, FH, and MDH2**

### **2.2.1.1 SDH Gene Function**

The connection between the SDH genes and the development of neuroendocrine tumors was established in 2000 when germline mutations in *SDHD* were first described in patients with familial PGL [14]. The SDH genes encode complex II of the mitochondrial respiratory chain, also known as succinate dehydrogenase (SDH), which plays a key role in both the electron transport chain and the oxidation of succinate to fumarate at the tricarboxylic acid (TCA) cycle. SDH is a heterotetramer composed of four proteins: two catalytic (SDHA and SDHB) and two structural (SDHC and SDHD). The latter are responsible for attaching the SDH complex to the inner mitochondrial wall (reviewed on [63]).

An associated protein, SDHAF2, is a highly conserved cofactor of flavin adenine dinucleotide (FAD) which is implicated in the flavination of SDHA and is essential for SDH function. *SDHAF2* mutations have been reported to be associated with the development of PPGLs, confirming the importance of this complex for the disease [12, 13].

Heterozygous mutations in the *SDHA*, *SDHB*, *SDHC*, and *SDHD* genes cause complex II destabilization affecting the ability of cells to detect oxygen. SDH dysfunction results in the accumulation of succinate [64], its TCA cycle substrate, which acts as a competitive inhibitor of the 2-oxoglutarate (2-OG)-dependent HIF prolyl hydroxylases [65, 66]. This stabilizes HIF- $\alpha$  and, mediated by pVHL, activates genes that facilitate angiogenesis and anaerobic metabolism [66]. This link between mutations in the SDH genes and the HIF-1 $\alpha$  pathway is also corroborated by results from tumor expression profiling studies of PPGLs [67]. Mutations in the SDH genes, both catalytic and structural, cause defects in the enzymatic activity of the complex, which lead to accumulation of succinate [68], along with the absence of SDHB [69]. Thus, negative SDHB immunostaining indicates the likely involvement of these genes in disease etiology; these findings represent robust tools that can be used to select patients for genetic testing, if paraffin-embedded tumor material is available.

Global DNA hypermethylation has been described as a hallmark of tumors with TCA cycle abnormalities resulting from SDH genes and *FH* and *MDH2* mutations [1, 70, 71]. This CpG island methylator phenotype (CIMP) has revealed that succinate acts as an oncometabolite, inhibiting 2-oxoglutarate-dependent dioxygenases, such as hypoxia-inducible factor prolyl hydroxylases and histone and DNA demethylases.

Prognosis associated with high CIMP is cell-type dependent. For instance, in glioblastoma high CIMP is associated with a more favorable prognosis, whereas poor prognosis has been reported for neuroblastoma and PPGL [70, 72]. SDH gene-related, and particularly *SDHB*-related, PPGLs have a higher risk of progressing to metastatic disease [73]. It has been found that although all SDH gene-mutated tumors displayed CIMP, the level of hypermethylation is significantly higher, and the expression of target genes significantly lower, in *SDHB*-mutated tumors. As target genes include genes implicated in neuroendocrine differentiation and epithelial-to-mesenchymal transition (EMT), this could explain the particular metastasis-prone nature of *SDHB*-mutated tumors [70].

Loss-of-function mutations in the four SDH complex subunits and *SDHAF2* have been demonstrated to cause PPGL, though the frequency of mutations and associated tumor types vary by genes. In addition to PPGL, *SDHB* and *SDHD* mutations have been associated with ccRCC [74, 75] and thyroid carcinoma [76, 77]. In addition, mutations in *SDHB*, *SDHC*, and *SDHD* can give rise to Carney–Stratakis syndrome [78], characterized by the dyad of PGL and gastrointestinal stromal tumors (GISTs). These findings revealed a novel molecular mechanism underlying the development of GISTs, which are usually related to gain-of-function mutations in *KIT* or *PDGFRA* [79, 80]. It has more recently been recognized that SDH gene mutations are associated with the development of pituitary adenomas (PA) ([81–83] and reviewed in [84]).

### 2.2.1.2 Mutations in the SDH/FH/MDH2 Genes: Genotype–Phenotype Relationship

#### Clinical Presentation Associated with Mutations in *SDHD*

The hereditary syndrome PGL1 (OMIM ID: 168000) is caused by mutations in the *SDHD* gene. The estimated penetrance of germline mutations in *SDHD* (11q23.1) is 86% to age 50 years, and carriers normally present with multiple PGLs at a mean age of 35 years. *SDHD* carriers primarily develop head and neck PGL (84% of cases), although up to 22% also develop thoracic and abdominal PGL and 12–24% PCC, the latter rarely being bilateral [76, 85, 86] (Table 2.1). Although PCCs and extra-adrenal PGLs are relatively rare in patients with *SDHD* germline mutations, it has been described that the type of mutation influences the phenotype. *SDHD* mutations predicted to result in an absent or unstable *SDHD* protein were associated with an increased risk of PCCs and PGLs, compared to missense mutations or in-frame deletions, which were not predicted to impair protein stability [76].

*SDHD*-related disease follows an autosomal dominant mode of inheritance, with preferential paternal transmission [87]. That is, a mutation carrier will only develop the disease if their mutation came from their father; if it came from their mother, they will not be affected, although they will still be able to pass on the mutation to their children. While this pattern of inheritance suggests the existence of maternal genomic imprinting of this gene, the observed bi-allelic expression of *SDHD* in

different normal tissues and in neural crest-derived tumors does not support this hypothesis [88–90]. In order to explain this *SDHD*-linked parental effect, it has been proposed that the loss of the entire maternal copy of chromosome 11, a hallmark of *SDHD*-linked tumors, leads to the simultaneous deletion of the *SDHD* gene and an exclusively maternally expressed gene [91, 92].

Regardless of the mechanism underlying this preferential paternal transmission, the hereditary nature of disease is masked in families in which by chance the mutation has been transmitted from generation to generation only from mother to child. The disease skips generations and these can only be identified in genetic counseling centers that collect information from second- and third-degree relatives.

A key issue in clinical follow-up is the fact that 3–10% of carriers of a germline mutation in *SDHD* develop metastasis [76, 77, 93–95]. In the case of pediatric patients, despite the possible lack of family history, it has been suggested that a diagnosis of at least one head and neck PGL is sufficient to justify genetic testing; in fact, 8–16% of patients under age 20 years carry a germline alteration in *SDHD* [5, 6].

In relation to the development of other tumors, it should be noted that there has been some controversy around two variants in *SDHD*, p.H50R, and p.G12S. Both were initially reported to be associated with the development of Merkel cell carcinoma and familial CCH and even Cowden-like syndrome. However, they were subsequently classified as polymorphisms, present in several healthy populations (<http://www.lovd.nl/3.0/home>), and their associations with the proposed diseases have therefore been ruled out [96].

Even though the earliest reported age at diagnosis is 5 years, screening is recommended from the age of 10 years [27].

### Clinical Presentation Associated with Mutations in *SDHB*

The PGL4 syndrome (OMIM ID: 115310) is due to mutations in the *SDHB* gene (1p36.13). Overall, the *SDHB* gene is the most commonly mutated of all the *SDH*-related genes [97]. An estimated 67% of patients carrying mutations in *SDHB* develop primarily thoracic and abdominal PGL, 27% develop head and neck PGL, and 17–29% develop adrenal PCC, which is rarely bilateral [69, 85, 86].

Although, to date, a clear genotype–phenotype relationship does not exist for *SDHB* mutations, an association between *SDHB* missense mutations and an increased risk of head and neck PGL have been described, compared to truncating mutations [76]. Large deletions seem to lead to similar phenotypes and penetrance to those patients with point mutations. Several large germline founder deletions in *SDHB* have been reported in multiple unrelated subjects from the Netherlands [98] and Spain [86, 99]. In these populations, the proportion of carriers of these founder mutations could be sufficiently high for the testing of large deletion in *SDHB* to be the first step in genetic screening.

At least 40 % of *SDHB* mutation carriers develop metastatic disease [97]. Thus, it is widely accepted that the identification of a mutation in *SDHB* is a marker of poor prognosis and more close clinically monitoring of the patient is required.

Of all the known susceptibility genes for hereditary PCC/PGL, *SDHB* constitutes a paradigm of heterogeneity in and of itself. Mutations in this gene are usually associated with the presence at diagnosis of a single retroperitoneal tumor [100]. In fact, only 25–40 % of all carriers will ever develop a tumor [101, 102]. This explains why most patients have no family history of disease at the time of their diagnosis. This fact, along with the frequent appearance of a single tumor in affected individuals, makes it very difficult to identify potentially hereditary cases. Although the underlying cause of reduced penetrance is unknown, possible genetic explanations include inhibition of cell proliferation due to secondary loss of vital genetic material in the proximity of the remaining normal allele or that additional loss of chromosome 11 is required (Hensen model) [63]. For all these reasons, and principally because of the high risk of developing metastases, all the algorithms currently used to guide genetic diagnoses include the testing of *SDHB* in patients with PPGL.

Although the earliest reported age at diagnosis is 6 years, screening is recommended from age 5 years [27].

### Clinical Presentation Associated with Mutations in *SDHC*

Mutations in the *SDHC* gene (1q23.3) cause the PGL3 syndrome (OMIM #605373) [103]. Since relatively few mutations in *SDHC* have been described worldwide, the associated clinical manifestations have not been clearly defined; nevertheless, it is known that mutation carriers tend to develop PGL (93 % parasympathetic and 7 % sympathetic) and infrequently PCC or GIST. Up to 23 % of affected individuals have multiple PGLs and 25 % have a family history, suggesting that mutations have incomplete penetrance [85, 86, 104]. Thus, the clinical features of *SDHC*-associated cases are similar to those found in patients with sporadic head and neck PGLs. Mutation carriers typically present with solitary head and neck PGLs and a very low tendency to be malignant [105]. The mediastinum is the second most common location for *SDHC*-related PGL (10 % of all tumors), occurring in up to 13 % of patients [106]. The mean age at diagnosis is 38 years [62], and very little is known about the involvement of this gene in pediatric disease.

Epigenetic inactivation of *SDHC* is a recently discovered phenomenon in GISTs and PPGLs from patients with Carney triad syndrome [107, 108]. This event has been reported as the genetic cause of a patient that presented with two abdominal PGLs and an adrenocortical adenoma, providing evidence that *SDHC* promoter methylation can cause PGLs due to *SDHC* inactivation [109].

### Clinical Presentation Associated with Mutations in *SDHA*

Mutations in the *SDHA* gene (5p15.33) cause the rare familial PGL5 syndrome (OMIM #614165) [110]. Based on currently available information, *SDHA* (5p15.33) appears to contribute little to PCC/PGL. Korpershoek and colleagues reported that 3% of their series of 198 patients with apparently sporadic PCC or PGL were found to carry mutations in *SDHA* [69]. These carriers developed PCC, head and neck PGL, or thoracic and abdominal PGL (Table 2.1), but rarely metastatic disease. Although it has been established through biochemical analysis that nonsense *SDHA* mutations are associated with disease, these same mutations have been found in unaffected population controls, suggesting that these mutations have very low penetrance; these findings add additional complexity to the genetic counseling offered to carriers, most of which will not develop clinical symptoms [63].

Nevertheless, *SDHA* should be considered in genetic testing for patients presenting with clinical evidence of familial PPGL who test negative for the other known susceptibility genes. As previously mentioned, mutations in any of the SDH genes have the effect of suppressing the enzymatic activity of complex II and a key indicator that this has occurred is negative immunostaining for SDHB. Furthermore, it is now known that mutations in *SDHA* also give rise to negative immunostaining for SDHA [69]. This relatively easily implemented clinical screening tool should be incorporated into molecular diagnostic protocols to ensure that appropriate mutation testing is carried out in the most efficient and cost-effective manner.

### Clinical Presentation Associated with Mutations in *SDHAF2*

*SDHAF2*, also known as *SDH5*, was identified as the susceptibility gene for the PGL2 syndrome (OMIM ID: 601650) [13]. *SDHAF2* (11q12.2) is similar to *SDHD* in that it has an autosomal dominant mode of inheritance, with a preferential paternal transmission. To date only head and neck PGLs have been reported in *SDHAF2* mutation carriers, most diagnosed at an early age and all with a family history of the disease ([12] and references contain therein). Few distinct *SDHAF2* mutations have been described [12, 111, 112]. While available data suggest that mutations in *SDHAF2* do not explain a substantial portion of cases (<1%), further studies in different populations are required to determine their relevance. Nevertheless, genetic testing of *SDHAF2* should be offered to patients with head and neck PGLs with negative tumor staining for SDHB and who test negative for mutations in *SDHD*, *SDHC*, and *SDHB*. While currently too few data are available to draw clear conclusions, no affected mutation carriers developed PGL before age 20 years, suggesting that mutations are not relevant to the development of pediatric tumors.

### FH: Clinical Presentation Associated with Mutations in FH

FH is the TCA cycle enzyme involved in the reversible hydration/dehydration of fumarate to malate. It is known that germline mutations in *FH* (1q43) predispose to leiomyomas and papillary RCC in an autosomal dominant hereditary syndrome

named hereditary leiomyomatosis and renal cell cancer (HLRCC) [113]. Inactivation of FH leads to accumulation of its substrate, fumarate, and inhibits  $\alpha$ -ketoglutarate-dependent HIF prolyl hydroxylases, leading to HIF activation [64, 66]. Other dioxygenases, including histone demethylases and the TET (ten–eleven translocation) family of 5-methylcytosine (5 mC) hydroxylases, are also inhibited by succinate and fumarate accumulation [114]. Very recently, Letouze et al. [70] identified a germline mutation in *FH* by whole-exome sequencing applied to blood and tumor DNA obtained from a 63-year-old female presenting with one PCC. The patient was selected to be sequenced because the tumor showed a methylome- and transcriptome-based profile very similar to that found in tumors carrying mutations in the SDH genes. The subsequent screening of almost 600 patients with PPGL but no mutations in the major susceptibility genes revealed that five carried pathogenic germline *FH* mutations, providing further evidence of the involvement of this gene in the development of PPGL [115]. Clinically, a metastatic phenotype and multiple tumors were significantly more frequent in patients with *FH* mutations than those without such mutations. Recently, as previously mentioned for succinate, fumarate has been reported as an epigenetic modifier that elicits epithelial-to-mesenchymal transition [164]. *FH* should thus be added to the list of PPGL susceptibility genes and should be considered in mutation screening, to assess the risk of metastatic disease.

#### MDH2: Clinical Presentation Associated with Mutations in MDH2

*MDH2*, which encodes another TCA cycle enzyme implicated in the reversible conversion of malate to oxaloacetate with the concurrent reduction of NAD to NADH, has been recently described as a new PPGL susceptibility gene [1]. The causal mutation was identified by whole-exome sequencing, which revealed a germline mutation in the mitochondrial malate dehydrogenase gene (*MDH2*) in a patient with multiple malignant PGLs.

As explained above, the accumulation of succinate and fumarate leads to the enzymatic inhibition of multiple  $\alpha$ -KG-dependent dioxygenases. This inhibition causes impaired histone demethylation and 5-mC hydroxylation (5-hmC) and, consequently, a characteristic CIMP [70]. Expression profiling analysis focused on hypermethylated and downregulated genes in SDH gene-mutated and non-SDH gene-mutated tumors revealed that the *MDH2*-mutated tumor clustered with SDH gene-mutated tumors, suggesting a similar CIMP (CIMP-like) profile. Findings from additional immunohistochemical studies evaluating 5-hmC and trimethylation of histone H3 lysine 27 (H3K27me3) were also consistent with the *MDH2*-mutated tumor exhibiting a CIMP-like profile [1]. Apart from this study, no other PPGL patient has been reported to carry a *MDH2* mutation. An international consortium has undertaken an initiative to establish the prevalence of *MDH2* mutations among PPGL patients with no mutations in known susceptibility genes. Nevertheless, the contribution of *MDH2* mutations to disease seems to be low (<0.5%; unpublished data), and the associated clinical features associated and penetrance are yet to be established.

Nevertheless, these findings once again link the disruption of the TCA cycle to PPGL development and indicate that other alterations of this major metabolic pathway may explain additional cases of this disease.



## 2.2.2 *Non-syndromic PPGL Associated with Mutations in TMEM127*

### 2.2.2.1 The TMEM127 Gene

*TMEM127* (2q11) was identified as a new PCC susceptibility gene in 2010, via an integrated analysis of results from studies using several genomic platforms, including linkage analysis, gene expression profiling, and mapping of chromosomal gains and losses [116]. Loss of heterozygosity (LOH) of the wild-type allele was observed in all available tumors from carriers of *TMEM127* mutations, suggesting that the gene acts as a classic tumor suppressor.

*TMEM127* encodes a transmembrane protein with no known functional domains. Functional studies suggest that the protein (TMEM127) localizes to the plasmatic membrane and cytoplasm and is associated with a subpopulation of vesicular organelles, including the Golgi and lysosomes. TMEM127 is dynamically distributed at the subcellular level in response to nutrient signals [116]. It has also been demonstrated that TMEM127 modulates mTOR complex 1 (mTORC1). The mTOR kinase is a common component of two complexes, mTORC1 and mTORC2, which control some relevant aspects of cell metabolism, growth, proliferation, survival, and differentiation [117, 118]. *TMEM127* downregulation leads to hyperphosphorylation of mTORC1 targets 4EBP1 (eukaryotic translation initiation factor 4E-binding protein 1) and S6K (ribosomal protein S6 kinase), as well as to the increase of cell size and proliferation [116], indicating that TMEM127 is associated with mTORC1 downregulation.

Subsequent analysis of the global expression profile of *TMEM127* tumors grouped them with those associated with *RET* and *NF1* mutations [47, 119].

### 2.2.2.2 Clinical Presentation Associated with Mutations in TMEM127

Few studies have been published to date based on patient series genetically tested for mutations in *TMEM127*. The most relevant of these reported the genetic findings in 990 patients with PPGL who tested negative for mutations in *RET*, *VHL*, and *SDHB/C/D* [120]; 2% carried germline *TMEM127* mutations and presented with disease at a mean age of 43 years. Subsequent reports have described two mutation carriers with PGL, one thoracic and abdominal and the other with multiple head and neck tumors [121]. Globally, more than 30 mutations have been identified in *TMEM127*. Most (60%) result in a truncated protein or predominantly target one of the transmembrane regions of the protein (reviewed in [2]). Although all variants are germline in nature, less than 20% of patients carrying a *TMEM127* mutation report a family history of PPGL [120]. In addition, germline *TMEM127* mutations have also been detected in rare cases of ccRCC patients without PPGL [122].

As for other susceptibility genes, the findings published to date suggest that mutations in *TMEM127* have incomplete penetrance, which would tend to mask the underlying hereditary disease and in many cases mean that patients may not meet the selection criteria for genetic testing. Given the mean age at disease onset for mutation carriers studied to date, genetic testing of *TMEM127* is not recommended in pediatric patients with PPGL.

### 2.2.3 *Non-syndromic PPGL Associated with Mutations in MAX*

#### 2.2.3.1 The MAX Gene and Its Protein

*MAX* (14q23.3) encodes a transcription factor that plays an important role in the regulation of cell proliferation, cell differentiation, and apoptosis, as part of the *MYC/MAX/MXD1* axis. These proteins form dimers to bind to DNA; in fact, *MYC* forms a heterodimer with *MAX* to bind to specific DNA sequences called “E-boxes,” which are located in *MYC* target genes, and this entire complex acts as a transcription activator. Both the lethal character demonstrated in *Max* knockout mice and the fact that *MAX* is constitutively expressed in many cell types make it difficult to understand how *MYC* can carry out its function without the presence of *MAX*. However, the PC12 cell-line, derived from PCC in rat, carries a homozygous *Max* mutation [123], which points to the existence of an additional unknown factor that is able to regulate the function of *MYC* ([124] and reviewed in [10]).

The identification of *MAX* as a PCC susceptibility gene was the result of a study of the entire exomes of three unrelated patients with PCC and a family history of the disease [10]. These patients had been selected because their tumors had a common transcription profile that differentiated them from tumors related to other known susceptibility genes [67]. LOH in the tumors of germline *MAX* mutation carriers, along with the absence of *MAX* protein shown by an immunohistochemical analysis, suggested that *MAX* acts as a tumor suppressor gene.

#### 2.2.3.2 Clinical Presentation Associated with Mutations in MAX

Following the identification of pathogenic mutations in *MAX* in the three initial families, the genetic study was extended to 59 patients that had tested negative for the key known susceptibility genes. These 59 patients were chosen because they were diagnosed with PCC before age 30 years, had bilateral disease, or had a family history of the disease. *MAX* mutations were found in 8.5 % of them; 67 % of mutation carriers had bilateral disease and 25 % had developed metastases. The malignant behavior of tumors with mutations in *MAX* seemed to be consistent with what was known about neuroblastoma, the other tumor derived from neural crest and developed mainly from the adrenal medulla. Up to 22 % of neuroblastomas show *MYC* amplification; they are strongly associated with advanced disease stages and rapid tumor progression [125], which would support the idea that *MAX* loss of function was related to metastatic potential, since *MAX* is the main regulator of *MYC*. An additional striking finding was that the mutated allele had to have been inherited paternally in order for the carrier to develop the disease, as is the case for *SDHD* and *SDHAF2*, although the mechanism behind this remains unknown.

A subsequent study screening for mutations in *MAX* in a series of 1,694 patients and 245 tumors was undertaken in order to establish the prevalence of *MAX* mutations and the associated clinical presentation. This study was made possible through the collaboration of 17 reference centers from around the world [11]. The interpretation

of findings took into account only the pathogenic germline mutations identified, excluding all those classified as variants of unknown significance. The study reported pathogenic mutations in 1.3 % of patients; 21 % of them had developed thoracic and abdominal PGL in addition to PCC, although none of the patients diagnosed only with PGL carried a *MAX* mutation. Thirty-seven percent had a family history of the disease and 10 % had metastases. Thus, the association with metastatic disease described in the first study was not confirmed. The mean age at diagnosis for mutation carriers was 32 years and 21 % were diagnosed at or before age 18. These findings suggest that *MAX* should be included along with *VHL* and *SDHB* in genetic testing protocols for pediatric cases [5].

It was also established that the frequency of somatic mutations was 1.65 % and that the associated biochemical-secretor profile was characterized by elevated levels of normetanephrine and associated with normal or slightly increased levels of metanephrine [11]. It should be noted that, though the overall prevalence of *MAX* mutations in the entire series only slightly exceeded 1 %, this increased to 12 % in patients with isolated tumors and to 66 % in cases with bilateral PCC, when considering only cases with PCC and family history [11]. Thus, this second study elucidated the importance of *MAX* mutations in PPGL susceptibility, pointing to the need for the inclusion of this gene in the genetic workup of affected patients, particularly those with PCC (bilateral or multifocal), and/or with family history. These conclusions have been confirmed in more recent studies, which have also identified additional *MAX* germline mutations [126].

### 2.2.4 Rare PPGL Susceptibility Genes

In addition to the twelve PPGL susceptibility genes already discussed, there are others such as *MEN1*, *KIF1B*, *PDH1* (also called *EGLN2*, egl nine homolog 2), *PDH2* (also called *EGLN1*, egl nine homolog1), *MERTK*, and *MET* [4, 127] that have recently been added to the list of genes related to PPGL susceptibility.

It is known that mutations in the *MEN1* gene (11q13) are responsible for multiple endocrine neoplasia type 1 development. This syndrome is characterized by tumors of the pancreatic islet cells, anterior pituitary, and parathyroid gland [128]. Some patients may also develop adrenal cortical tumors, carcinoid tumors, facial angiofibromas, collagenomas, and lipomas. PCC is observed in less than 1 % of *MEN1* germline mutation carriers [129].

A germline mutation in *EGLN1* (1q42.1) was reported in a patient with PGL and congenital erythrocytosis [130]. Germline mutations in *EGLN1* had previously been reported in patients with erythrocytosis, but not in association with tumors [131]. The detected mutation affected *EGLN1* function and stabilized HIF-1 $\alpha$  and HIF-2 $\alpha$  in HEK-293 cells. LOH was detected in the tumors, suggesting that *EGLN1* may act as a tumor suppressor gene. The first germline mutation in *EGLN2* (19q13.2) was also found in one patient suffering from multiple PGLs and congenital polycythemia [3]. A novel germline *EGLN1* was described in a second patient. Both mutant

tumors exhibited reduced protein stability with substantial quantitative protein loss and thus compromised catalytic activities [3].

*KIF1B* is a large gene located at 1p36.22 that is frequently deleted in neural crest-derived tumors. The gene has two splice variants, *KIF1B $\alpha$*  and *KIF1B $\beta$* . The beta isoform functions as a tumor suppressor that is necessary for neuronal apoptosis [132]. *KIF1B $\beta$*  has been found mutated in one sporadic PCC, and in the germline of one apparently sporadic patient and a single family affected by PCC and neuroblastoma [132–134]. No metastases were reported in these studies. Other tumors such as ganglioneuroma, leiomyosarcoma, and lung adenocarcinoma have also been reported in a family with *KIF1B $\beta$*  mutations [133]. It is likely that this gene has a more relevant role in PPGL development than expected, but the large size of its coding sequence makes screening for additional deleterious mutations a difficult task. The use of next-generation sequencing in routine genetic screening will likely help to determine the role of *KIF1B $\beta$*  in the disease.

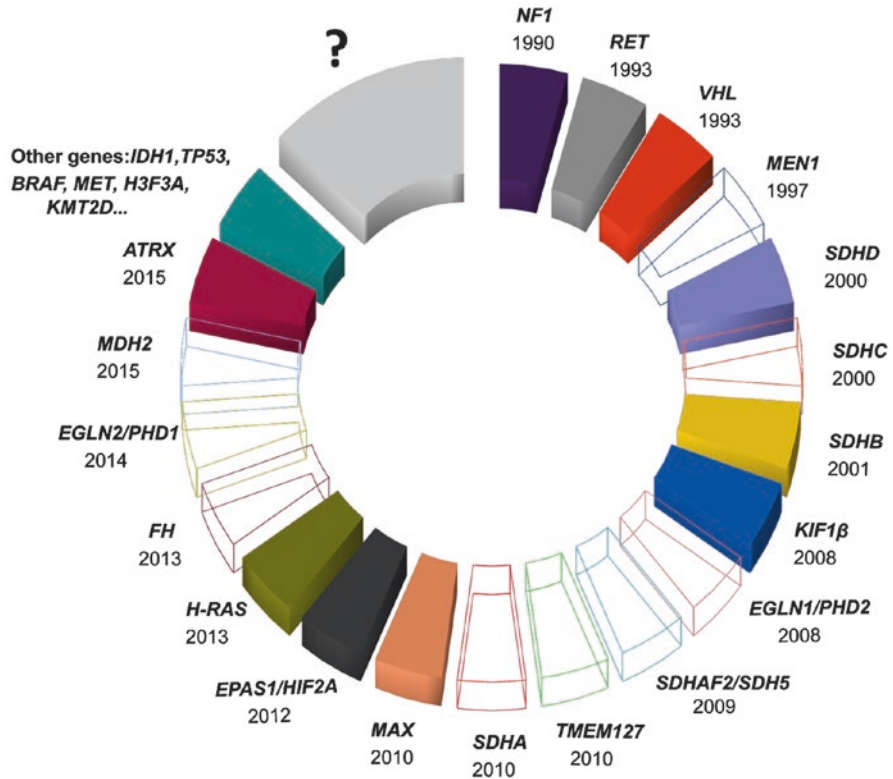
## 2.3 Sporadic PPGL

Only few years ago, it was accepted that the proportion of PPGLs explained by somatic events was very low, these mainly affecting *VHL*, *RET*, *SDHB*, and *SDHD* [135–137]. The scenario changed completely after it was reported that 14% of PPGLs were explained by somatic *RET* and *VHL* mutations [47] and the *NFI* somatic events were found in 21–24% of PPGLs [138, 139]. It is now clear that somatic mutations play a role in PPGLs as they have been described in up to 40% of tumors [9, 47, 138–141]. These mutations involve not only the genes involved in heritable susceptibility but also others that have emerged as new predisposition genes, thereby giving insights into the mechanisms and pathways implicated in the disease (Fig. 2.2). Furthermore, these findings highlight the importance of working with germline and tumor DNA from the same patients in order to provide a comprehensive genetic diagnosis [9].

Other genes not previously mentioned in this chapter will be reviewed in the following sections.

### 2.3.1 PPGLs with Mutations in EPAS1

The HIF family of transcription factors (HIF-1 $\alpha$ , HIF-2 $\alpha$  [EPAS1], and HIF-3 $\alpha$ ) plays a key role in the regulation of response to hypoxia to counteract the lack of oxygen in normal homeostasis. It has been suggested that HIF-1 $\alpha$  preferentially drives genes implicated in apoptosis and glycolysis and HIF-2 $\alpha$  is involved in cell proliferation and angiogenesis [142, 143]. Recently, a new and direct link has been found between HIF proteins and PPGL development [15]; post-zygotic somatic mutations in *EPAS1* (located at 2p21) were found in two unrelated patients with



**Fig. 2.2** Representation of all reported pheochromocytoma/paraganglioma susceptibility genes, specifying the year of publication, with special attention to the genes involved in the sporadic presentation of the disease (*opaque colored boxes*). Genes recently reported or mutated in only one sporadic tumor are grouped in “other genes.” *Question mark* indicates that other unknown genes are pending to be uncovered

multiple PGLs, somatostatinomas, and polycythemia. The mutations were found in the residues located close to the prolyl hydroxylation site of the protein (proline 531) which was shown to disrupt the recognition of EPAS1 by members of the PHD family, as well as its hydroxylation and the consequent degradation by VHL [144, 145]. Thus, mutations affecting the *EPAS1* gene stabilize the protein, causing the aforementioned pseudohypoxia, indicating that *EPAS1* behaves as an oncogene. Later, somatic mutations in *EPAS1* were found in sporadic PPGL cases, demonstrating that the mutations in *EPAS1* are involved in a considerable proportion (~6%) [9] of the sporadic presentation of the disease [146]. A germline alteration affecting *EPAS1* was also found in a patient with multiple PGLs and polycythemia. Although it was demonstrated that this latter variant stabilized the protein, its location outside the prolyl hydroxylation sites, and the absence of segregation with the disease in the family of the variant carrier, made this result somewhat controversial [147].

Moreover, the clinical implications of mutations affecting residues located in other prolyl hydroxylation sites remain unclear [148].

### 2.3.2 *PPGLs with Mutations in HRAS*

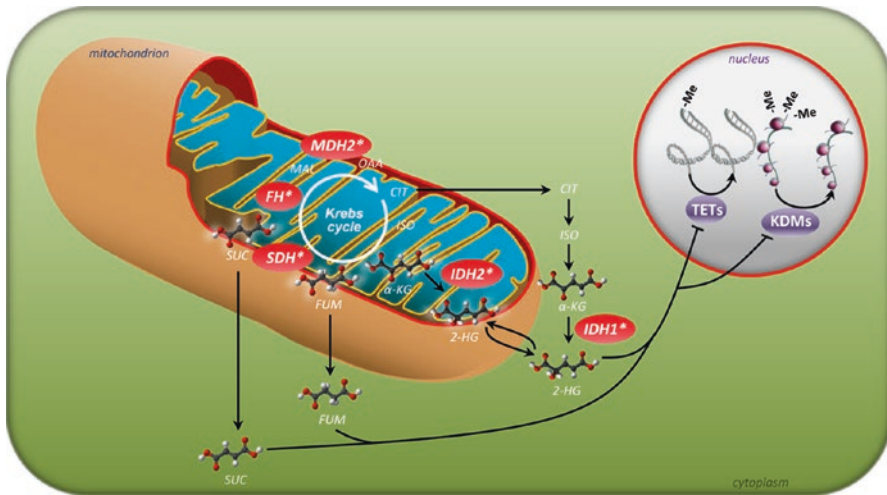
The members of the RAS family of oncoproteins (e.g., *HRAS*, *NRAS*, and *KRAS*) are small GTP-binding proteins that affect multiple downstream pathways related to cell growth and homeostasis. They were first linked to cancer in 1982 (reviewed in [149]), and it is now known that together they represent around 30 % of all oncogene-activating mutations found in many different cancers [149, 150]. Somatic mutations in the *Harvey rat sarcoma viral oncogene homolog (HRAS)* gene (11p15.5) was first described in one PCC by Yoshimoto *et al.* [151]. Crona *et al.* [141] applied whole-exome sequencing to 58 PCCs and found that four harbored somatic mutations in *HRAS*. The subsequent study of a larger series of tumors determined that 10–15 % of sporadic PCCs have mutations in *HRAS* and ruled out the involvement of *NRAS* and *KRAS* in the disease [9, 152]. The presence of mutations in one of the isoforms of RAS was not a new discovery in the development of endocrine tumors since they were known to be present in around 10–20 % of follicular cell-derived thyroid cancers and in 18 % of *RET*-negative sporadic MTCs [153–155]. A very recent gene expression analysis including seven *HRAS*-mutated tumors grouped all mutated tumors within the so-called transcriptional cluster 2 and confirmed that *HRAS* mutations and alterations in the known PPGL susceptibility genes are mutually exclusive [119].

### 2.3.3 *PPGLs with Mutations in ATRX*

Recently *ATRX* has been reported to be recurrently mutated in PPGL tumors [156]. The authors reported that 12.6 % of PPGLs analyzed had somatic *ATRX* mutations, one-third truncating mutations, and two-thirds missense mutations affecting a known functional domain and classified as deleterious by three in silico prediction algorithm. Considering only the tumors that had been genetically characterized, it seemed that *ATRX* mutations coexisted with other known PPGL driver mutations, mainly in the *SDH* genes “although *ATRX* has been recently described as a driver gene in PCC” [156, 164].

*ATRX* is a large gene located on the X chromosome (Xq21.1) that encodes a member of the SWI/SNF family of chromatin remodeling proteins. Mutations in this gene are associated with an X-linked mental retardation syndrome most often accompanied by alpha-thalassemia (ATR-X syndrome) [157]. *ATRX* plays a role in telomere maintenance, chromosomal segregation in mitosis, and transcriptional regulation [158, 159]. It is frequently lost in tumor cells that use ALT (alternative





**Fig. 2.3** Mutations (\*) in genes belonging to the Krebs cycle (*IDH1/2*, *SDH* genes, *FH*, and now *MDH2*) lead to the accumulation of metabolites (2-hydroxyglutarate [2-HG], succinate [*SUC*], and fumarate [*FUM*], respectively) structurally similar to  $\alpha$ -ketoglutarate ( $\alpha$ -KG), a co-substrate pivotal for several dioxygenases. These “oncometabolites” act as competitive inhibitors of demethylases of DNA (*TETs*) and histone lysines (*KDMs*), causing important alterations in gene expression

lengthening of telomeres) for telomere maintenance [160, 161], which is associated with poor prognosis [160, 162].

### 2.3.4 Other Somatic Mutated PPGL-Related Genes

The knowledge of the genetic landscape of PPGL has dramatically increased since the application of new technologies to interrogate genetic alterations across the exome. Some of the previously mentioned susceptibility genes were in fact discovered using these platforms, and other genes have been reported, although their relative contribution to disease incidence is not yet well established. Among this latter group are somatic mutations in *TP53*, *BRAF*, *IDH1*, *FGFR1*, *H3F3A*, *MET*, *KMT2D*, *SETD2*, *JMJD1C*, *KMT2B*, or *EZH2* [4] (Fig. 2.2). It is particularly interesting that part of these genes is involved in chromatin-mediated gene regulation, suggesting it is likely other members of this and related pathways also contribute to PPGL pathogenesis.

Epigenetic changes leading to enhanced DNA and histone methylation have been linked to loss of function of TCA cycle-related genes. These mutations lead to elevated levels of intermediates that act as oncometabolites. The accumulation of these metabolites is postulated to cause hypermethylation by inhibiting 2-oxoglutarate-dependent histone and DNA demethylase enzymes [1, 70, 163] (Fig. 2.3). New findings described by Toledo *et al.* point to mutations of chromatin



remodeling genes that could represent another mechanism underlying chromatin architecture defects, something which is a feature of a considerable proportion of PPGLs [4].

## 2.4 Conclusions

Faced with the complex genetic etiology of PPGL described in this chapter, it is essential to collect comprehensive clinical information as well as germline and tumor DNA from patients in order to perform efficient genetic testing and to offer appropriate genetic counseling. The detection of a germline mutation in one of the genes related to the development of these tumors has clear implications for the clinical follow-up of the patient. The identification of a somatic mutation avoids additional germline genetic screening as new susceptibility genes are discovered and represents a valuable source of knowledge for future therapeutic opportunities.

New insights are emerging with the use of next-generation sequencing-based approaches, and it is probable that findings reviewed herein are only the tip of the iceberg in terms of the genetic landscape underlying PPGL.

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