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## Abstract

In mammals, the decision to become male or female is initiated in the gonad by the sex determination pathway, which drives and instructs the differentiation of the gonad into a testis or ovary. The gonad develops as an undifferentiated primordium that is initially indistinguishable between XX (female) and XY (male) embryos; the gonad is a uniquely bipotential organ in its ability to give rise to a testis or ovary. Prior to sex determination, the establishment of the gonadal anlage (i.e., the setup of genetic and cellular programs promoting its identity) by a set of specification factors is critical. The master switch of mammalian sex determination, the *Sry* gene on the Y chromosome, is the genetic trigger that sets sex determination in motion and launches the testis program in the gonad. *Sry* is necessary and sufficient for male development, while the ovarian pathway (under the control of a female-specific program) ensues in the absence of *Sry* expression during a critical developmental time window. In this chapter, we will cover the processes of gonad specification and sex determination, focusing on major factors and signaling pathways involved in the male-versus-female decision and the establishment of sexual dimorphism in the gonad. Additionally, we will briefly discuss evolutionarily conserved aspects of chromosomal sex determination mechanisms and environmental influences that potentially impact sex determination and sex ratio in mammals.

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## Keywords

Gonad specification • Sex determination • Genital ridge • GATA4 • ZFPM2/FOG2 • WT1 • OSR1 • SIX1 • SIX4 • NR5A1/SF1 • INSR • IGF1R • TCF21 •

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CITED2 • CBX2 • LHX9 • PBX1 • EMX2 • MFGE8 • WNT4 • RSPO1 • Sex chromosomes • XX/XY system • ZZ/ZW system • SRY • DMRT1 • Doublesex • MAB-3 • DM-domain proteins • Haplodiploidy sex determination • SOX9 • TGF-beta • Sertoli cells • MAP3K4 • GADD45g • FGF9 • PTGDS • NR0B1/DAX1 • Beta-catenin/CTNNB1 • FOXL2

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## Gonad Specification

### Origins of the Bipotential Gonadal Primordium

Both the urinary and reproductive tract organs form from the same cellular source, the intermediate mesoderm. Within the intermediate mesoderm, the adreno-gonadal primordium (AGP) arises at 9.5 days post coitus (dpc) in the mouse; soon thereafter, the adrenal gland and gonad separate to form independent organs. At first the defined region of the gonad is referred to as the “genital ridge,” which represents the gonad anlage, i.e., the newly formed layers of cells on the surface of the mesonephros. The process of gonad specification by targeted cellular recruitment and cell fate specification starts to occur by 10.0–10.5 dpc in mice (McLaren 2000; Swain and Lovell-Badge 1999). The gonad is comprised of both somatic cells and germ cells. Germ cells migrate from the allantois via the gut tube, along the dorsal mesentery, and through the mesonephros to colonize the forming gonad between 10.5 and 11.5 dpc (discussed in ► [Chap. 6, “Male Sexual Differentiation”](#)). Germ cell colonization is not absolutely essential for early gonad formation and somatic cell development; however, the somatic cells are important for germ cell survival and proliferation (Kimble and White 1981). This chapter will focus specifically on the development of the somatic cell lineage. The gonad is a unique organ in that its primordium is bipotential, with the capability to become either a testis or an ovary, dependent on the presence or absence of sex-specific factors. Section “[Gonad Specification](#)” focuses on the factors important for the initial formation of the genital ridge, while section “[Sex Determination](#)” will cover the factors involved in sex determination within the gonad.

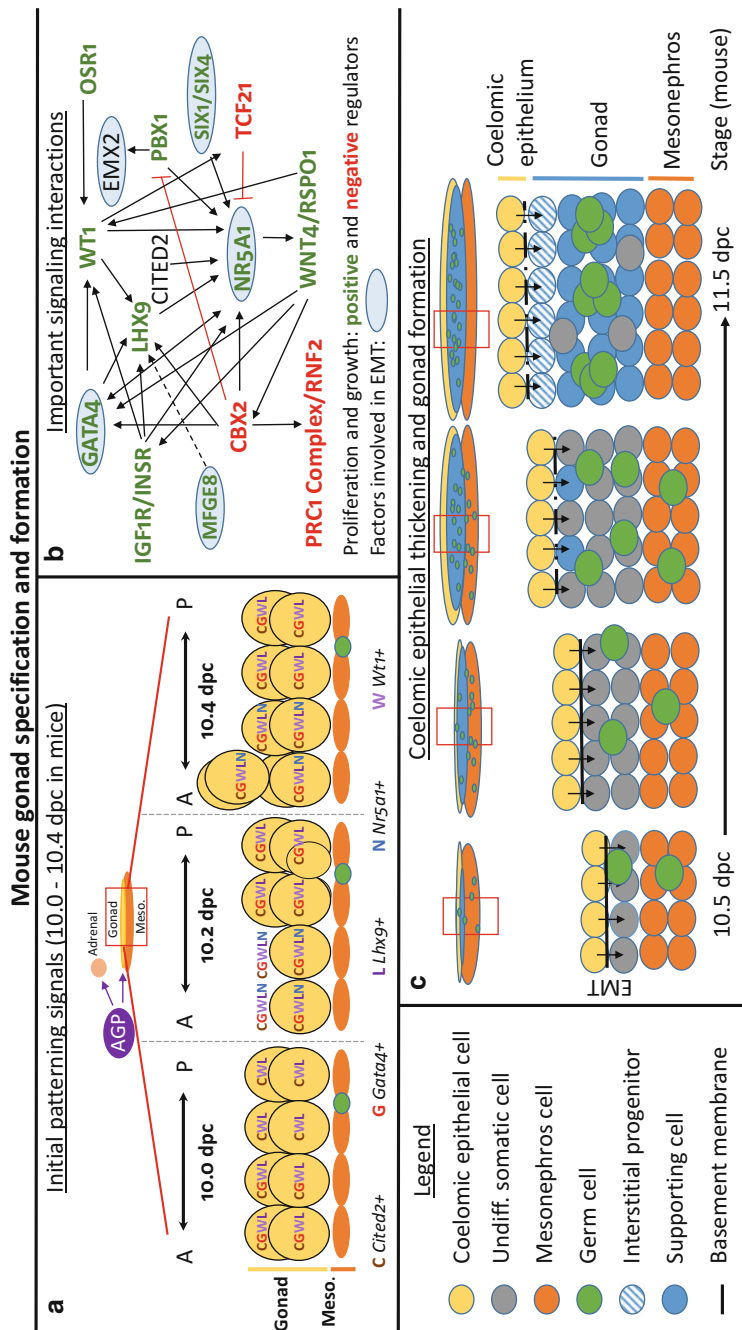
## Genital Ridge Formation and Specification Factors

Both cell migration and cell proliferation contribute to the initial formation of the coelomic epithelium on the surface of the mesonephros. Subsequent proliferation of the coelomic epithelium promotes the formation of the gonad, and a host of factors are important for the specification of the gonad fate (Fig. 1). After cellular migration helps form the epithelium, proliferation of the epithelium and subsequent epithelial-to-mesenchymal transition (EMT) drive the expansion of the forming gonad. Cells arising from early epithelial proliferation have the potential to become supporting cells; however, later epithelial divisions give rise to interstitial cells (Karl and Capel 1998). The underlying mechanisms for these events will be discussed in more detail in ► Chap. 6, “Male Sexual Differentiation.”

Many factors are important to the process of gonad specification and formation (Fig. 1); some of the major ones are included in this chapter, including GATA-binding protein 4 (GATA4); Wilms' tumor 1 (WT1); nuclear receptor subfamily 5, group A, member 1 (NR5A1); sine oculis-related homeobox members SIX1/SIX4; odd-skipped related 1 (OSR1); chromobox 2 (CBX2); LIM homeobox protein 9 (LHX9); empty spiracles homeobox 2 (EMX2); pre-B-cell leukemia homeobox 1 (PBX1); insulin receptor (INSR) and insulin-like growth factor 1 receptor (IGF1R); milk fat globule-EGF factor 8 protein (MFG8); wingless-type MMTV integration site family 4 (WNT4); and R-spondin 1 (RSPO1). Mutations in most of these genes usually result in a structure called a “streak gonad,” which fails to develop beyond the bipotential state and contains mostly fibrous, undifferentiated tissue; alternatively, they may alter the gonadal primordium such that the development of the testis or ovary is particularly hindered. This section will discuss each factor in detail and the known interactions between them.

### GATA-Binding Protein 4 (GATA4)

GATA4, named after the GATA DNA sequence to which it binds, is an important zinc finger transcription factor for genital ridge development and is expressed in gonadal somatic cells regardless of later sexual fate (Heikinheimo et al. 1997; Viger et al. 1998). Mice with systemic mutations in *Gata4* are embryonic lethal by 8.5–10.5 dpc, and, therefore, gonad development cannot be studied in these models; however, the conditional loss of *Gata4* (through a tamoxifen-inducible Cre/LoxP system removing *Gata4* after 8.75 dpc) results in the lack of gonadal ridge formation/thickening, demonstrating its functional importance in gonad specification (Molkentin et al. 1997; Hu et al. 2013). *Gata* family members are expressed at various stages of gonad development, such as *Gata1*, *Gata4*, and *Gata6*; however, only *Gata4* is expressed during gonad formation (Heikinheimo et al. 1997; Viger et al. 1998; Ketola et al. 1999). GATA4-positive cells within the splanchnic mesoderm cells of the hindgut, a dorsal mesentery region continuous with the coelomic epithelium, migrate toward explanted gonads in culture (McCoard et al. 2001); therefore, it is presumed that a released gonadal factor creates a chemotactic gradient to recruit GATA4-positive cells to the forming gonad; however, the role of GATA4 in



**Fig. 1** Initial gonad specification and formation. **(a)** Initial signaling pathways involved in progenitor cell formation and gonad specification in mammals (10.0–10.4 dpc of mouse development). Diagram depicts expression of gonad specification factors involved in the development of the adreno-gonadal primordium and the formation of the early gonad. **(b)** Important signaling interactions for gonad formation, focusing on factors involved in the growth, proliferation, and migration of cells during gonadogenesis. Factors in *red text* are suppressors of proliferation or growth, whereas factors in *green text* promote

survival or proliferation cannot be discounted within this model (McCoard et al. 2001). Interestingly, no GATA4 was observed in the mesonephric structures, so GATA4 may be more specific for gonad specification, rather than overall urogenital development, at this stage. Upon the formation of the genital ridge at 9.25 dpc, GATA4 is initially expressed anteriorly, after which it expands in an anterior-to-posterior fashion within the epithelium of the gonad (Hu et al. 2013).

The function of GATA4 has been well characterized in the development of the heart. GATA4 regulates the cell cycle transition between G1 and S phases and proliferation through direct binding to the promoter regions of the cell cycle genes *Cyclin D2* (*Ccnd2*) and *Cyclin-dependent kinase 4* (*Cdk4*). Additionally, GATA4 has been shown to influence EMT through mitogen-activated protein kinase 1 (MAPK1) and Erb-b2 receptor tyrosine kinase 3 (ERBB3) signaling (Rojas et al. 2008; Rivera-Feliciano et al. 2006). The overall importance of GATA4 during gonad formation has been demonstrated through GATA4-mediated *Nr5a1* and *Lhx9* activation, in which GATA4 may directly or indirectly interact to influence coelomic epithelial thickening (Hu et al. 2013). Additionally, the *Gata4* locus contains binding sites for the transcription factors WT1 and NR5A1, and its expression is localized within WT1- and NR5A1-expressing cells. Through elucidation of the interaction of *Nr5a1* and GATA4, it has been determined that GATA4 can only transactivate *Nr5a1* in some cell types, such as alphaT3-1 and MSC-1 cell lines, but was very poor at transactivation in L, TM3, or Y-1 cells. This GATA4-dependent activation of *Nr5a1* occurs through the GATA element and not the minimal promoter, implicating that the presence of cell-specific cofactors or posttranslational modifications might contribute to transcriptional activation differences in different tissues or cell lines. It could be speculated that these cofactors or posttranslational modifications could also occur during a particular developmental time window of activation; therefore, additional positive or negative regulatory elements may control this interaction (Tremblay and Viger 2001). Additionally, a feedback loop between NR5A1 and GATA4 may regulate *Gata4* expression, as a binding site in the *Gata4* promoter specific for NR5A1 has been identified (Tremblay and Viger 2001). GATA4 can autoregulate through the binding of itself on the *Gata4* exon 1b (E1b) promoter (Mazaud-Guittot et al. 2014). The difference between the *Gata4* E1b transcript, as compared to the transcript containing exon 1a (E1a), is that E1b allows regulation of GATA4 by itself, whereas E1a transcripts require other more ubiquitous factors binding to either the GC- or E-box motif through different promoter regions (Mazaud-Guittot et al. 2014). *Gata4* E1b-based transcriptional autoregulation of itself is repressed by interaction of GATA4 with zinc finger protein, multitype 2 (ZFPM2, also known as FOG2)



**Fig. 1** (continued) proliferation or growth. Additionally, *round circles* specify factors involved in epithelial-to-mesenchymal transition (EMT). (c) Diagram of coelomic epithelial thickening and gonad formation in mammals. Schematic depicts three areas: the coelomic epithelium, gonad, and mesonephros between 10.5 and 11.5 dpc, when sex determination occurs. The gonad forms by the expansion of the coelomic epithelium and through epithelial-to-mesenchymal transition. Additionally, at that time germ cells begin to arrive and colonize the gonad

(Mazaud-Guittot et al. 2014). This interaction is most likely why *Gata4* auto-regulation occurs during initial gonadal formation, but not during later stages when ZFPM2 is present (Lakshmaiah et al. 2010; Tevosian et al. 2002), which will be discussed in more detail in a later section of this chapter.

### **Wilms' Tumor 1 (WT1)**

WT1 is an important transcription factor required for development of the urogenital tract, especially the gonad and kidney, as mice mutant for *Wt1* lack both these organs (Kreidberg et al. 1993). Two known mutations in human *WT1*, one at 11p13 affecting structural integrity of the WT1 protein and the other a dominant point mutation disrupting its zinc finger domains, lead to Wilms' tumor-aniridia-genital anomalies-retardation (WAGR) and Denys-Drash syndromes, respectively. Both syndromes have overlapping symptoms of abnormal genitalia and predisposition to Wilms' tumors, which are characteristic of *WT1* mutations (Glaser et al. 1989; Pelletier et al. 1991). Mice with a homozygous mutation for *Wt1* are embryonic lethal (Kreidberg et al. 1993). *Wt1* is expressed throughout early fetal development in the adreno-gonadal primordium starting at 9.0 dpc, and its expression continues into genital ridge formation. At early stages, such as 9.5 dpc, WT1 expression is throughout the urogenital ridge. Although initially also in the adrenal gland, adrenal WT1 expression is decreased after adrenal-gonad separation, while the gonad continues to express WT1 even at later stages, including 11.5–12.5 dpc (Bandiera et al. 2013). In the absence of *Wt1* function, the thickening of the coelomic epithelium of the gonad is reduced by 11.0 dpc, and gonad formation is stunted and resultant apoptosis causes massive degeneration of the gonad by 14.0 dpc (Kreidberg et al. 1993). The impact of *Wt1* deficiency was limited to somatic cells, as germ cell migration was normal in these mutants (Kreidberg et al. 1993).

WT1 can potentially exist as 36 different isoforms due to splice variations and differential start sites; however, there are two specific WT1 isoforms that are involved in gonad specification, which either contain (WT1+KTS) or lack (WT1-KTS) a tripeptide of lysine, threonine, and serine (Hohenstein and Hastie 2006). The presence of the KTS region alters WT1 function, as the insertion of these three amino acids is between the third and fourth zinc fingers and affects WT1's ability to bind DNA. When present, the KTS sequence prevents zinc finger function due to increased flexibility of the linker between the third and fourth zinc fingers and abrogates the binding of the fourth zinc finger in the major groove of DNA; these changes drastically reduce DNA binding, so the WT1+KTS isoform instead preferentially binds to RNA and thus is involved in RNA metabolism (by shuttling between the nucleus and cytoplasm and associating with ribonucleoproteins and actively translating polysomes) (Caricasole et al. 1996; Kennedy et al. 1996; Niksic et al. 2004). In contrast, WT1-KTS regulates gene expression and chromatin architecture, as it has a high affinity for DNA. The ratio of these two isoforms is thought to be of importance because Frasier syndrome patients have a loss of the WT1+KTS isoform; however, this syndrome seems to be linked to sex determination-associated defects (rather than initial gonadal formation defects) due to its role in *Sry* and *anti-Müllerian hormone (Amh)* gene regulation. In addition, GATA4 cooperative binding

with WT1 on the *Amh* promoter requires the WT1-KTS isoform (Miyamoto et al. 2008).

WT1-KTS binds to the same DNA sequence as early growth response 1 (EGR1), but, unlike EGR1, which activates insulin growth factor II and platelet-derived growth factor A chain, WT1-KTS represses the activity of these genes (Drummond et al. 1992; Wang et al. 1992). WT1-KTS also has a binding site for *Nr5a1* (Wilhelm and Englert 2002), which is another gene crucial for gonad development (discussed in more detail later in this section). Additionally, WT1 can activate various genes, including but not limited to cell cycle and apoptosis genes, such as *Cyclin-dependent kinase inhibitor 1A* (also known as *P21*) and *B-cell leukemia/lymphoma 2* (*Bcl2*); G-protein coupled receptor genes (*Syndecan 1*); genes encoding transcription factors, such as *nuclear receptor subfamily 0, group B, member 1* (also known as *Dax1*) and *Paired box 2* (*Pax2*); and genes encoding growth factors/mitogens (*Amphiregulin*) in other cellular systems, demonstrating its diverse role in cellular functions (Kreidberg et al. 1993; Cook et al. 1996; Englert et al. 1997; Kim et al. 1999; Lee et al. 1999; Mayo et al. 1999). One of the more important roles of WT1 in the gonad and adrenal gland, as demonstrated through ectopic expression of WT1-KTS, is that WT1 without KTS can prevent differentiation of AGP WT1-positive precursor cells into steroidogenic cells through its regulation of proposed *Nr5a1* repressors, *GLI-Kruppel family member GLI1* (*Gli1*) and *transcription factor 21* (*Tcf21*), demonstrating the importance of the isoform in development (Bandiera et al. 2013). TCF21 has a known involvement in gonadal formation, as the lack of *Tcf21* causes impaired gonadal growth (shortened gonadal length).

### **Odd-Skipped Related 1 (OSR1)**

OSR1, also known as ODD1, is a transcription factor containing zinc finger motifs, whose mRNA is expressed starting as early as 7.5–8.5 dpc, during the earliest stage of intermediate mesoderm development (So and Danielian 1999). OSR1 plays a role in p53-mediated apoptosis in zebrafish, but increased apoptosis was restricted to specific regions of the embryo, rather than widespread apoptosis (Huang et al. 2004). This role in apoptosis is likely the reason for agenesis of the kidney and gonad in *Osr1* knockout mice. Between 9.5 and 10.5 dpc, a massive Caspase3-driven apoptosis occurs in the gonad (Wang et al. 2005; Fernandez-Teran et al. 1997), resulting in gonadal loss. Interestingly, overexpression or continuous expression of *Osr1* mRNA in the kidney leads to ectopic or expanded kidney formation in *Danio rerio* (zebrafish), *Xenopus* (frog), and *Gallus* (chicken) without nephrogenic differentiation. Although the gonad has not been analyzed as of yet, we speculate that similarly to the kidney that arises from all *Osr1*-positive cells, *Osr1* may play a role in promoting the cellular expansion of gonadal progenitor cells (James et al. 2006; Tena et al. 2007). *Osr1* and *Wt1* knockout mice have similar defects in embryonic development (Kreidberg et al. 1993; Wang et al. 2005), including both heart and urogenital abnormalities (Wang et al. 2005). OSR1 may act upstream or in concert with WT1, as OSR1 is expressed earlier than WT1 during mesoderm differentiation; WT1 is downregulated in *Osr1* mutants, and *Osr1* knockouts produce less developed kidneys than *Wt1* knockouts



(Wang et al. 2005; Armstrong et al. 1993). Whether these factors are part of the same signaling pathway needs to be elucidated further.

### **Sine Oculis-Related Homeobox 1 (SIX) SIX1 and SIX4**

There are six member genes of the Six family, all of which regulate cell fate. Two of these members, SIX1 and SIX4, are transcription factors that work in concert for gonad primordium formation and testicular differentiation by influencing two downstream targets, *Nr5a1* and *Zfp2* (also known as *Fog2*), respectively (Fujimoto et al. 2013). Both SIX1 and SIX4 were expressed in the coelomic epithelium and co-localized in cells displaying NR5A1 expression (Fujimoto et al. 2013). Mice lacking *Six1* die at birth due to multiple organ malformations (Xu et al. 2003; Ozaki et al. 2004; Laclef et al. 2003a, b); however, mice lacking *Six4* do not show any major developmental deficiencies (Ozaki et al. 2004). Interestingly, mice lacking both *Six1* and *Six4* have more severe defects, including kidney agenesis (Kobayashi et al. 2007). Mice lacking both *Six1* and *Six4* have defective upregulation of NR5A1 as early as 9.5 dpc, which influences gonad primordium development and subsequently leads to decreased gonadal size (Fujimoto et al. 2013). Furthermore, decreased gonadal size (and possibly delayed development) was observed at later stages (such as 11.5 dpc) in *Six1/Six4* double-knockout mice; therefore, the deficit of SIX1 and SIX4 goes uncompensated. SIX1 and SIX4 regulate *Nr5a1* independently of the later sex differentiation factor, *Zfp2*. Unchanged levels of *Nr5a1* in *Zfp2*-mutant mice further demonstrate that *Nr5a1*-independent signaling pathways that occur during gonadal formation are separated from later deficiencies (Tevosian et al. 2002). Furthermore, *Six1* and *Six4* knockout mice had normal expression of other important genital ridge formation genes, such as *Lhx9*, *Emx2*, *Cbx2*, *Gata4*, or *Wt1*-KTS, so this influence seems to be specific for *Nr5a1* at 10.5 dpc (Fujimoto et al. 2013).

### **Nuclear Receptor Subfamily 5, Group A, Member 1 (NR5A1)**

NR5A1 is an important nuclear receptor for development of all steroid-producing tissues, including the gonad and adrenal glands, as mice lacking *Nr5a1* lack both organs (Luo et al. 1994). *Nr5a1* is not expressed within the adjacent mesonephros and is restricted to the gonad. The homolog of NR5A1 in *Bos taurus*, named adrenal 4-binding protein (AD4BP), has a functional role in the regulation of cytochrome P450 steroid hydroxylase genes, through a generally conserved sequence 5'-AGGTC A-3' (with some variation) within the proximal promoter; therefore, NR5A1 is commonly known as its functional name, steroidogenic factor 1 (SF1) (Taketo et al. 1995; Morohashi et al. 1992).

*Nr5a1* function may rely on the activation of its downstream targets, as it plays a role in activation of genes involved in steroidogenesis (Honda et al. 1993; Lala et al. 1992; Morohashi et al. 1993), proliferation (Nash et al. 1998; Wang et al. 2014), and differentiation (Combes et al. 2010; Tran et al. 2006). NR5A1 is already expressed by 9.0 dpc, separating into two populations with either low or high expression by 10.0 dpc; however, the number of NR5A1-high cells seemingly continues to increase during the development of the gonad and adrenal gland from 10.5 to



11.5 dpc. A homozygous deletion of the entire *Nr5a1* gene leads to apoptosis of gonadal somatic cells by 12.5 dpc. These mice die by postnatal day 8, and it has been proposed that this lethality is due to adrenal defects (Luo et al. 1994). Rescue experiments with overexpressed *Nr5a1* in *Nr5a1*-deficient animals further confirm that gonad development directly requires *Nr5a1* (Fatchiyah et al. 2006). Interestingly, NR5A1 acts in a dose-dependent manner, as a heterozygous mutation of *Nr5a1* results in reduced, but not absent, gonads (Bland et al. 2004). NR5A1 is a unique nuclear factor in that it binds monomerically, rather as a homo- or heterodimer. This unique aspect was demonstrated by the loss of 30–40% of NR5A1 DNA binding upon a homozygous point mutation (R92Q) in the A-box region of the DNA binding domain of human NR5A1, resulting in reduced transcriptional activity; however, individuals with a heterozygous point mutation remained phenotypically normal (Achermann et al. 2002). When compared to a P-box mutation, which yields sex reversal phenotypes upon a heterozygous mutation (G35E), the A-box mutation may disrupt a secondary DNA-binding domain and also reveals how dosage could be involved in NR5A1 functionality (Achermann et al. 2002). This region has been suggested to interact with the minor DNA groove to stabilize the interaction of NR5A1 with DNA (Achermann et al. 2002). As this reduction in binding is only partial, other transcription factors known to bind may further stabilize the NR5A1-DNA interaction.

In the adrenal gland, as early as 11.5 dpc, pre-B-cell leukemia homeobox 1 (PBX1) (covered in more detail later in this chapter) is essential for *Nr5a1* expression, as mice deficient in *Pbx1* had reduced levels of *Nr5a1*, and both PBX1-homeobox superfamily (HOX) and PBX1-Pbx/knotted 1 homeobox (PKNOX1; also known as PREP1) complexes can bind the fetal adrenal enhancer (FAe) to initiate *Nr5a1* expression (Zubair et al. 2006). PBX1 and empty spiracles homeobox 2 (EMX2) work cooperatively to activate NR5A1 (their interaction will be discussed in further detail in the PBX1 section). Additionally, *Nr5a1* is proposed to be initiated by GATA4. The maintenance of NR5A1 expression has been shown to be by SIX1 and SIX4 and also by NR5A1 autoregulation (through its FAe). *Six1* and *Six4* double-deficient mice have a reduced number of NR5A1-positive cells as compared to GATA4-expressing cells (Fujimoto et al. 2013). This reduction in *Nr5a1* was observed as early as 9.5 dpc in the coelomic epithelium, and both gene and protein expression were further reduced by 10.0 dpc through 11.5 dpc. Conversely, *Six1/Six4* transgene overexpression induced *Nr5a1* gene expression, further confirming the relationship between NR5A1 and SIX1/SIX4 (Fujimoto et al. 2013).

### **Insulin Receptor (INSR) and Insulin-Like Growth Factor 1 Receptor (IGF1R)**

INSR and IGF1R pathways are important signaling mechanisms for overall body growth, cellular proliferation, and differentiation. When analyzed at 10.5 dpc, mice deficient in both *Insr* and *Igf1r* had no considerable size defects, but over the next 2 days, progression of overall body size decreased. Due to their reduced size, mice lacking both *Insr* and *Igf1r* were analyzed to determine if their overall developmental programming was delayed. Interestingly, tail somites and other

developmental structures, such as limbs, were normal in later developmental stages. Genes encoding receptor tyrosine kinases in the insulin pathway (INSR and IGF1R) are required for proliferation of the somatic progenitor cells within the gonad. Mice lacking *Insr* and *Igfr* lead to reduced NR5A1, WT1, and LHX9 expression (Pitetti et al. 2013), thereby influencing gonad development. *Insr* and *Igfr*, in conjunction with *insulin receptor-related receptor* (*Insrr*, also known as *Irr*), have an additional critical role in later aspects of male sex determination and differentiation, such as regulating *Sry* expression (Nef et al. 2003); these functions will be discussed later in this chapter.

### **Cbp/p300-Interacting Transactivator, with Glu-/Asp-Rich Carboxy-Terminal Domain, 2 (CITED2)**

*Cited2* is expressed in the coelomic epithelium and adjacent mesenchyme at 10.0 dpc (Val et al. 2007). During the separation of the AGP at 10.5 dpc, *Cited2* expression decreased in the coelomic epithelium and was barely detectable by 12.0 dpc. No changes in *Cited2*-deficient mice were observed in proliferation, apoptosis or in laminin expression at 10.5 or 11.5 dpc; however, there was an *Nr5a1*-specific transcriptional delay in gonad development at 11.5 dpc, which resulted in additional later disruptions of gonad morphology. *Cited2*-deficient mice have reduced expression of the gonadal formation gene *Nr5a1*, as well as a reduction in expression of a sex determination gene expressed in Sertoli cells, *Sox9*, at 11.5 dpc. Additionally, the expression of a Leydig cell-specific gene, *cytochrome P450, family 11, subfamily a, polypeptide 1* (*Cyp11a1*), is also decreased at 13.5 dpc (Combes et al. 2010). However, transcription of *Sox9*, *Cyp11a1*, and *Nr5a1* all recovered in *Cited2*-deficient gonads by 13.5 dpc, indicating that later differentiation and structure in both male and female gonads are normal (Combes et al. 2010).

*Cited2*-deficient mice have normal levels of WT1 and LHX9; therefore, CITED2 might be acting downstream of these two gonadogenesis factors. CITED2 is a non-DNA-binding cofactor for WT1 in the stimulation of *Nr5a1* within the adreno-gonadal primordium (Val et al. 2007). The cooperation between WT1 and CITED2 leads to an expression increase of NR5A1 in the adreno-gonadal primordium, and this expression of NR5A1 over the required threshold allows for adrenal and gonad development (Val et al. 2007). Although CITED2 has been demonstrated to bind to both isoforms of WT1, the WT1-KTS has shown preferential binding (Val et al. 2007).

### **Chromobox 2 (CBX2)**

CBX2 (also known as M33; known in *Drosophila melanogaster* as Polycomb), a regulator of homeotic gene expression, is important for development of the gonad, adrenal, and spleen, as well as for sexual differentiation (Katoh-Fukui et al. 1998). CBX2 may regulate the differentiation of embryonic stem cells (ESCs), as increased CBX2 protein expression was observed in later differentiated stages of ESCs and retinoic acid-treated ESCs. Furthermore, ChIP sequencing and ESC teratoma formation experiments demonstrate a germ layer specification preference toward mesoderm and endoderm with the expression of CBX2 (Morey et al. 2012). *Cbx2* and

*Polycomb ring finger oncogene (Bmi1)* work synergistically to regulate mesodermal genes, as demonstrated by double-knockout experiments.

A Polycomb group (PcG) assembly of either PRC1 (polycomb repressive complex 1) or PRC2 (polycomb repressive complex 2) is crucial for developmental epigenetic regulation (via histone modifications) and for maintenance of gene repression. CBX2 directly recognizes modified histones, such as H3K27me<sub>3</sub>, through its chromodomain and recruits other members of the PRC1 complex. Phosphorylation of CBX2 provides its functionality, as phosphorylation is important for its nuclear translocation and interaction with H3K27me<sub>3</sub> by increasing its affinity for H3K27me<sub>3</sub> (Hatano et al. 2010). The interaction of CBX2 with the E3 ligase ring finger protein 2 (RNF2, also known as RING1B), which is another transcriptional repressor in the PRC1 complex, brings RNF2 in the proximity to H3K27me<sub>3</sub>, inducing chromatin modification through RNF2 ubiquitination of H2A at lysine 119, thereby furthering repression of the gene locus (Kaustov et al. 2011; van der Stoop et al. 2008). CBX2 is the only CBX family member known to induce chromatin compaction (Grau et al. 2011). Loss of *Cbx2* results in reduced cellular proliferation through impaired regulation of H3K27me<sub>3</sub>. This effect is expected, as CBX family proteins have the shared function of repressing the INK4a-ARF locus, known to be an inhibitor of cell cycle, and, specifically, CBX2 in embryonic fibroblasts controls the entry into S phase during proliferation (as demonstrated by BrdU incorporation studies) (Core et al. 2004). In humans, two isoforms of CBX2, CBX2.1 and CBX2.2, have been observed, with different lengths (the latter being shorter than the former); both can functionally repress transcription. Both isoforms contain the chromodomain; however, only CBX2.1 contains the Polycomb box shown to directly bind to RNF2; therefore, the binding of the PRC1 complex is altered with CBX2.2 (Volkel et al. 2012). Similarly, zebrafish have *Cbx* loci coding for isoforms with and without the Polycomb box (Le Faou et al. 2011). Within the gonad, CBX2 expression is strong in epithelial cells (as defined by a single layer of cells lining the coelomic space), but is weak in gonadal mesenchymal cells (Katoh-Fukui et al. 2012).

The loss of *Cbx2* results in underdeveloped and small gonads, with later sex differentiation defects. Defects in *Cbx2*-mutant gonads are most likely due to reduced mesenchymal proliferation, rather than migration defects, as *Cbx2*-deficient gonads demonstrated decreased mesenchymal proliferation (via BrdU incorporation assays), but exhibited no change in epithelial proliferation, overall apoptosis, or laminin expression (important for basement membrane formation) (Katoh-Fukui et al. 2012). Additional studies confirm CBX2 playing a role in the regulation of gonadal proliferation, as CBX2 accumulates and binds to an upstream promoter region of *Nr5a1* in both mouse and human cells, and overexpression of NR5A1 has been demonstrated in chicken embryos to upregulate Cyclin D1, a known player involved in driving the G1/S phase transition (Ishimaru et al. 2008). CBX2 is an important nuclear receptor for genital ridge development and has been implicated in the regulation of NR5A1, as a human mutation in *CBX2* failed to regulate NR5A1; decreased expression was observed in the gonad of a murine *Cbx2* knockout, and CBX2 can accumulate and bind the promoter region of *Nr5a1* (Katoh-Fukui et al.

1998, 2005; Biason-Lauber et al. 2009). Additional studies using DNA adenine methyltransferase identification (DamID) coupled to high-throughput sequencing (DamID-seq) demonstrated that overexpression or knocking down CBX2 via transfection methods in a NT-2D1 cell line resulted in increased or decreased NR5A1 expression, respectively (Eid et al. 2015). CBX2 is also known to influence other gonad formation-associated transcription factors, such as LHX9 and GATA4. LHX9, GATA4, and EMX2 are downregulated in *Cbx2*-deficient mouse gonads (Katoh-Fukui et al. 2012). However, other gonadal transcription factors, such as WT1 and CITED2, are unaffected in *Cbx2*-deficient gonads (Katoh-Fukui et al. 2012); therefore, CBX2 regulation of transcription factors may be selective for LHX9, GATA4, and EMX2 function.

### **LIM Homeobox Protein 9 (LHX9)**

LHX9, part of the LIN11-ISLET1-MEC3 (LIM) homeodomain family, is an important transcription factor for genital ridge development, as *Lhx9* knockout mice fail to develop bipotential gonads (Birk et al. 2000). LHX9, like most of the other family members, regulates transcription; they are characterized by their two LIM domains containing a total of four cysteine-rich zinc fingers that are important for protein-protein interactions and a homeobox domain crucial for DNA binding. *Lhx9* is involved in proliferation of the gonad anlage; *Lhx9* exon2-/exon3-deficient mice (removal of the first two LIM domains) have a reduced proliferation rate, but no changes in apoptosis, in LHX9-positive cells. LHX9 is expressed at 9.5 dpc in both the epithelial and mesenchymal cells (Birk et al. 2000). *Lhx9* is subsequently (11.5 dpc) expressed at high levels in both the coelomic epithelium and the superficial mesenchyme that later becomes the tunica albuginea, but is expressed at lower levels within the deeper mesenchyme (Birk et al. 2000). LHX9 cooperates with WT1 to bind and transactivate *Nr5a1* (Wilhelm and Englert 2002; Birk et al. 2000). Furthermore, the impact of LHX9 on *Nr5a1* is demonstrated by the *Lhx9*-exon2-/exon3-deficient mouse displaying reduced levels of *Nr5a1* (Birk et al. 2000); however, the reduction of proliferation of these *Nr5a1*-positive cells (as they overlap with *Lhx9*-positive cells) may be the indirect cause of LHX9 on these reduced levels. The GATA4/ZFPM2 complex has been shown to activate *Lhx9* in the heart; however, as ZFPM2 is not required for *Gata4* function in gonad formation, there is no effect of the mutant GATA4/ZFPM2 complex on *Lhx9* expression in the gonad (Tevosian et al. 2002; Smagulova et al. 2008). In other embryonic tissues, such as the central nervous system and limbs, the expression of *Lhx2*, which has similar structure and overlaps with *Lhx9* expression, may compensate for the lack of *Lhx9* function in the *Lhx9* exon2/exon3 mutant; however, since *Lhx2* is not expressed within the gonad, that is likely why gonadal-specific defects are observed in *Lhx9*-mutant mice (Birk et al. 2000; Bertuzzi et al. 1999).

### **Pre-B-cell Leukemia Transcription Factor1 (Pbx1)**

The pre-B-cell leukemia transcription factor (PBX) family encodes three amino acid loop extension (TALE) homeodomain proteins, whose TALE domain allows them to form trimeric complexes with DNA (Burglin 1997; Ferretti et al. 2000; Jacobs et al.

1999). Of the four subclasses, only PBX1 (and weakly PBX3, which demonstrates an overlapping embryonic expression pattern with PBX1) is expressed in the gonad (Di Giacomo et al. 2006). PBX1 is a HOX cofactor (increasing HOX DNA-binding specificity/selectivity) that can be expressed as either of two splice variants (PBX1a and PBX1b) (Mann and Affolter 1998; Schnabel et al. 2001). PBX1b expression is localized to both nuclei and cytoplasm of gonadal cells (Ota et al. 2008). PBX1 is expressed in the adreno-gonadal primordium and the coelomic epithelium by 10.0 dpc, followed by later expression in the gonad interstitium after sex determination (Schnabel et al. 2003). *Pbx1*-knockout mice lack adrenal glands and Müllerian ducts, have problems with gonad development, have reduced kidney size, and are embryonic lethal by 15.5–16.5 dpc (Schnabel et al. 2001, 2003). PBX1 is not essential for the generation of mesoderm, but rather functions later in the development of the urogenital organs, likely through its involvement in cell cycle regulation (Schnabel et al. 2003; DiMartino et al. 2001; Kim et al. 2002; Selleri et al. 2001). The size of the genital ridge is severely decreased, mostly attributable to reduced adrenogenital precursor proliferation (as demonstrated by BrdU incorporation assays) in *Pbx1*-knockout mice as compared to control mice (Schnabel et al. 2003).

NR5A1 expression is reduced in *Pbx1*-deficient mice, resulting in only a few NR5A1-positive cells in the coelomic epithelium at 10.0 dpc, which persisted in some Sertoli and Leydig cells later at 13.0 dpc (Schnabel et al. 2003). This gonadal reduction in NR5A1 has been postulated to be caused by a reduction in gonadal proliferation (Schnabel et al. 2003). The role of PBX1 in modulating NR5A1 expression is more prominent in the adrenal gland, as *Pbx1*-deficient mice lack NR5A1-positive cells, although different mechanisms may occur in different tissues (Schnabel et al. 2003). Even though PBX1 may play a role in regulating NR5A1 expression, PBX1 does not seem to impact WT1 expression (Schnabel et al. 2003). Another interacting partner of PBX1 (although only analyzed in other tissue and cell systems) known to bind DNA as a cooperative partner with PBX1 is EMX2. In *Pbx1/Pbx2/Pbx3* mutants, EMX2 is completely lost, and proliferation is reduced (Capellini et al. 2010); EMX2 is also important in genital ridge formation (see next section). EMX2 and PBX1 together in cell lines, such as COX and P13, have the ability to bind the DNA consensus sequence 5'-CTTTAATGAT-3' as a heterodimer to activate transcription of genes; one example is the scapular patterning genes. Furthermore, the transcriptional activation of genes relied on cooperation between the two proteins, as separately neither PBX1 nor EMX2 could activate transcription (Capellini et al. 2010). Therefore, we speculate that *Pbx1* is important in patterning and proliferation within the newly formed gonad.

### **Empty Spiracles Homeobox 2 (EMX2)**

EMX2 is an important transcription factor for development of the urogenital tract, including the gonad, kidneys, ureters, and genital tracts, as *Emx2* mutant mice lack these organs (Miyamoto et al. 1997). EMX2 expression has been observed in the coelomic epithelium at 10.5–11.5 dpc. Mice lacking *Emx2* exhibit defective gonad formation with sparse cells comprising the coelomic epithelium at 11.5 dpc. Through

scanning electron microscopy, it was determined that *Emx2*-knockout gonads have irregular clustering of cells, rather than the smooth surface epithelium seen in controls (Kusaka et al. 2010). Later at 12.5 dpc, the gonad is lost through apoptosis in *Emx2*-deficient mice (Miyamoto et al. 1997).

*Emx2*-mutant gonads have ectopic tight junction formation, which inhibits EMT required during early gonad development, in which coelomic epithelial cells become the gonadal mesenchyme. EMT is normally controlled by epidermal growth factor receptor (EGFR) through the regulation of sarcoma viral oncogene homolog tyrosine (SRC) phosphorylation. Within *Emx2*-knockout gonads, phosphorylation of both SRC and EGFR increases, and subsequently EGFR expression is upregulated (Kusaka et al. 2010).

### **Milk Fat Globule-EGF Factor 8 Protein (MFGE8)**

A factor involved in genital ridge formation that is associated with epidermal growth factor signaling is MFGE8 (also known as lactadherin). *Mfge8* encodes a soluble integrin-binding protein that mediates cellular interaction through two binding interactions: one interaction is through integrin beta 3, and the other is through either phosphatidylserine or phosphatidylethanolamine (Hanayama et al. 2002; Kanai et al. 2000). Similar to EGF-like repeats and discoidin I-like domain 3 (also known as Dell), the functionality of MFGE8 in cellular adhesion occurs through its binding to integrin beta 3 using the arginine-glycine-aspartic acid (RGD) motif of its second EGF domain; another region of MFGE8, the discoidin domain, is able to bind to phosphatidylserine and phosphatidylethanolamine. MFGE8 is expressed in both fetal and adult tissues and is known for mediating cellular adhesion during macrophage phagocytosis of apoptotic cells and maintaining cells within a niche location (Hanayama et al. 2002; Kanai et al. 2000). However, MFGE8 has also been known to play a role in a variety of other contexts, including mammary gland branching morphogenesis, sperm-oocyte adhesion, and angiogenesis (Hanayama et al. 2002; Ensslin and Shur 2007; Motegi et al. 2011; Uchiyama et al. 2014).

During fetal stages, MFGE8 expression is restricted to the urogenital ridge, the nervous system, and the bone (Kanai et al. 2000). *Mfge8* RNA is first observed in the coelomic epithelium at 10.0 dpc (protein expressed by 10.5 dpc); then by 10.5 dpc *Mfge8* RNA is localized to the region below the coelomic epithelium containing mesenchymal cells (Kanai et al. 2000). By 11.5–12.5 dpc, the expression of *Mfge8* is restricted to the border region between the gonad and the mesonephros and in stromal tissues that eventually develop into the tunica albuginea; however, by 15.5 dpc *Mfge8* was no longer expressed within the developing gonad (Kanai et al. 2000).

Ishii et al. (2005) demonstrated that MFGE8 is important for gonadal cell-cell adhesion during the critical stages of gonad morphogenesis between 11.5 and 12.5 dpc, as higher binding activity is observed in alkaline phosphatase-positive germ cells, as well as both NR5A1-positive and NR5A1-negative somatic cells, as compared to other time ranges including 10.5 dpc or 15.5 dpc using ex vivo binding assays. These cell types can bind to both of MFGE8's domains (the two EGF and the two discoidin regions) through a mechanism described above (Ishii et al. 2005). Interestingly, *Mfge8* expression partially overlaps with that of *Lhx9*, but not *Wtl* or



*Emx2*, at 11.5 dpc (Kanai et al. 2000). Further elucidation of the interaction between LHX9 and MFGE8 is required to understand how these two factors may synergize for gonad development.

### **Wingless-Type MMTV Integration Site Family 4 (WNT4) and Roof Plate-Specific Spondin (RSPO1)**

Although WNT4 and RSPO1 are associated with female sex differentiation (and shown to play a role in the same pathway), these factors also play a role in initial gonad formation. For more information regarding their roles in sexual differentiation of the gonad, please read section “[Forkhead Box L2 \(Foxl2\)](#)”. *Wnt4* is important in kidney, adrenal gland, mammary gland, and reproductive tract morphogenesis by regulating endothelial and steroidogenic cell migration (Jeays-Ward et al. 2003). WNT4 is important in kidney formation, as it is involved in EMT; additionally, *Wnt4*-knockout mice lack kidneys and die shortly after birth (Kispert et al. 1998). RSPO1 has also been described in other systems to induce WNT/CTNNB1 ( $\beta$ -catenin) signaling, generally associated with increased proliferation (Kazanskaya et al. 2004). *Wnt4* expression occurs as early as 9.5 dpc, and WNT4 has been observed in the forming gonad between 10 and 11.5 dpc, after which female-specific expression is observed (Vainio et al. 1999). In males, WNT4 is decreased after 11.5 dpc, whereas in females both RSPO1 and WNT4 are upregulated (Vainio et al. 1999; Barrionuevo et al. 2006). Both *Wnt4* and *Rspo1* lead to gonad cellular proliferation between 10.5 and 11.5 dpc (Chassot et al. 2012). The exact mechanism of interaction between WNT4 and RSPO1 is unclear both during early gonad formation and later in sex determination. Although *Rspo1*-knockout mice do not have any observable defects in initial gonad formation, there is a known influence of *Rspo1* and CTNNB1 on later *Wnt4* expression (11.5 dpc) (Chassot et al. 2008; Liu et al. 2009; Tomizuka et al. 2008).

Synergy between RSPO1 and WNT4 was observed in *Rspo1/Wnt4* double-knockout mice, which have a more severe gonadal phenotype with a hypoplastic testis and a reduced number of Sertoli cells (and reduced number of seminiferous tubules), most likely due to a decreased proliferation of the coelomic epithelium which gives rise to Sertoli cells (Chassot et al. 2012). *Insr/Igf1r* double-knockout mutants demonstrate a decrease in *Wnt4*, and *Wnt4/Rspo1* double-knockout mutants have decreased *Igf1r* levels; therefore, there is likely a mutual interaction or feedback loop between these two pathways within the forming gonad (Pitetti et al. 2013; Chassot et al. 2012). WNT4 and RSPO1 do not influence *Nr5a1*; therefore, WNT4/RSPO1 likely functions downstream of *Nr5a1* (Chassot et al. 2012).

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## **Sex Determination**

### **Role of Chromosomes in Sex Determination**

Ancient theories, such as those put forth by Aristotle, posited that the heat of the man’s sperm or the male’s “principle” drives sex determination (Haqq and Donahoe 1998). These ideas persisted for many centuries until modern science in the past two



centuries revealed the role of chromosomes in heredity; of particular importance was the discovery of the role of chromosomes in sex determination by Clarence Erwin McClung (McClung 1918). As an expansion to this early work, genetic analyses have shown that a network of factors encoded on chromosomes (both sex chromosomes and autosomes) is important for sex determination. Sex determination occurs when cells are progressively restricted in their developmental potential and led down a particular lineage path to their resulting end fate, in this case male (testis) or female (ovary). Once the fate of a cell has been “determined,” it normally does not change, except if there are defects in the network of genes that maintain sexual fate or if there is an external influence by environmental factors (e.g., hormones in nonmammalian species).

Sexual development occurs at various steps: sex determination, which is the mechanism that triggers the male-versus-female choice and sets that pathway into motion (often, but not always, encoded genetically); and sexual differentiation (gonadal and extra-gonadal), which is downstream of sex determination and is the phenotypic manifestation of male and female identity. This chapter will cover sex determination, while sexual differentiation will be discussed in ► [Chap. 6, “Male Sexual Differentiation”](#)

## Chromosomal Sex Determination Mechanisms

For centuries, the mechanisms that drove the decision in utero for the embryo to develop as a male or female were a source of great debate. Early ideas centered on the environment playing a major role in sex determination. During the nineteenth century, studies by Mendel and others put forth the idea that heritable factors are responsible for determining genetic traits of offspring, including possibly their sex. The discovery of chromosomes as the vessels for genetic material was a critical step in securing a model of chromosomal sex determination. In particular, the observation that the karyotype of males and females of certain species (those with heteromorphic sex chromosomes) was different sparked a new area of research focusing on uncovering the genetic mechanisms driving sex determination.

Sex-specific chromosomes were first described for their role in sex determination at the turn of the twentieth century, due in large part to research on insect model systems. Clarence Edward McClung, who was studying spermatogenesis in the grasshopper *Xiphidium fasciatum*, first proposed in 1901 that a particular “nuclear element” (which McClung demonstrated was in fact a chromosome) was responsible for sex determination (McClung 1918). While he was not the first to describe that the karyotypes of sperm were different from one another and one-half of sperm contained a unique chromosome, he was among the first to propose that chromosomal makeup was directly linked to sex determination. A few years later, while studying the fruit fly, Nettie Stevens and Edmund Beecher Wilson in 1905 confirmed this idea by defining sex-specific chromosomes through the observation that chromosomal karyotype correlated with the sex of the individual (Wilson 1905). These findings launched the idea that there was a chromosomal basis for sex determination.

### **Chromosomal Sex Determination in Mammals (XX/XY System)**

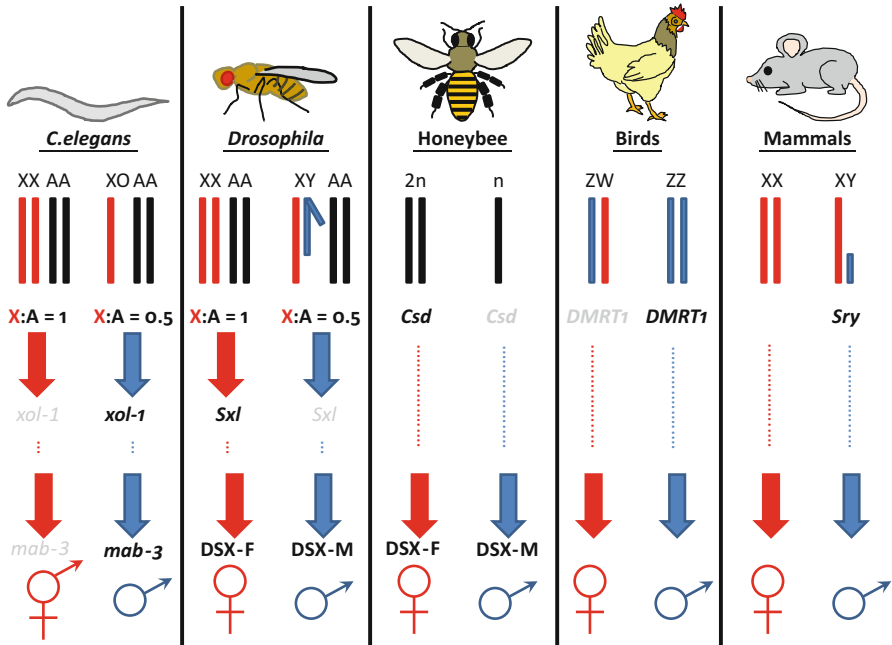
Almost half a century after the work of Stevens and Wilson, the research of Alfred Jost pushed the field of sex determination even further by defining the gonad as the central factor which determines the sex of the embryo in mammals. In his groundbreaking experiments, Jost removed gonads from fetal rabbits in utero early during gestation (i.e., before sex determination took place) and found that gonadectomized embryos invariably developed as females in terms of reproductive tract and external genital development (Jost 1947). In his research, Jost showed that the testis was sufficient to induce male-specific development of the reproductive tract and external genitalia by secreting essential signals for sexual differentiation (later shown to be testosterone and anti-Müllerian hormone) (Jost 1953). Several years later, clinical studies revealed that sex chromosomal aberrations were likely the basis for Klinefelter's (XXY males) and Turner's (XO females) syndromes in humans (Ford et al. 1959; Jacobs and Strong 1959); soon thereafter, it was reported that partial deletions of the Y chromosome likely were responsible for sexual differentiation phenotypes in humans (Conen et al. 1961). These data led to and supported the hypothesis that the Y chromosome was the major determinant of sex determination in mammals.

It was only recently discovered in 1990 that the dominant factor in sex determination was a gene on the Y chromosome, named *Sry* (*sex-determining region of chromosome Y*), which encodes a HMG-box transcription factor necessary and sufficient for male sex determination (Koopman et al. 1990, 1991; Sinclair et al. 1990) (see later in this chapter). This gene on the Y chromosome, when placed on an autosome in an XX mouse, was sufficient to endow a fully male phenotype (however, the XX/*Sry* mouse was sterile since the Y chromosome also contains other genes required for spermatogenesis and XX germ cells in a XY-like somatic environment have difficulty completing gametogenesis) (Koopman et al. 1991). Finally, the evidence was conceptualized in a model in which sex determination in mammals was a XX/XY system, where females are the homogametic sex (XX) and males are the heterogametic sex (XY), and, additionally, the Y chromosome is the major determining chromosomal component for male sex determination.

### **Other Chromosomal Sex Determination Mechanisms**

While the most familiar system of chromosomal sex determination is the XY system, such as used by humans, there are a variety of genetic mechanisms that drive sex determination among animal species (Fig. 2). These systems vary not only in the identity and makeup of the sex chromosomes themselves but also the mechanisms downstream of the chromosomal trigger that drives the decision to undertake male-specific or female-specific development (described in further detail in the upcoming section).

In avian species, the males are the homogametic sex (ZZ) and females are the heterogametic sex (ZW) (Ayers et al. 2013). Therefore, this system has been termed ZZ/ZW, in contrast to XX/XY, to emphasize the consensus in the field that the mammalian X and Y sex chromosomes are unrelated to the avian Z and W sex



**Fig. 2** Chromosomal sex determination pathways in diverse animal species. Cartoon representing key genetic triggers in sex determination of *Caenorhabditis elegans*, *Drosophila melanogaster*, the honeybee *Apis mellifera*, chickens, and mammals. Bars on top row represent chromosomes, in which female-specific sex chromosomes are red, male-specific sex chromosomes are blue, and autosomes are black. The ratio of X chromosomes to autosomes is the genetic trigger in *C. elegans* and *Drosophila*, which leads to the expression of *xol-1* and *Sxl*, respectively, which subsequently drives sex-specific regulation of *mab-3* and *dsx*, respectively. In honeybees, the haploid/diploid state and the hetero-/hemi-/homozygosity of *Csd* lead to sex-specific development. In birds and mammals, a master gene (*DMRT1* or *Sry*, respectively) sets off the male pathway

chromosomes (Fridolfsson et al. 1998; Matsubara et al. 2006). Similarly to SRY in the XX/XY system, it has been suggested that transcription factor, *DMRT1* (Doublesex- and MAB-3-related transcription factor 1), acts as the master sex determination factor in birds (Smith et al. 2009); however, *DMRT1* is different from *Sry* in that avian *DMRT1* likely acts in a dosage-dependent manner in which two copies are required for male sex determination (since *DMRT1* is located on the Z chromosome). The *DMRT1* gene and its homologs are present in most vertebrate species examined and also have significant evolutionary conservation among invertebrates, such as *Drosophila* and *C. elegans*, suggesting that this gene family has a more ancestral role in this process (Raymond et al. 1998, 1999) (see more discussion below).

The molecular mechanism underlying the chromosomal-based system of *Drosophila* and *C. elegans* sex determination is a “counting mechanism” in which

the ratio of X chromosomes to autosomes drives a regulatory gene cascade. The X:autosome ratio drives the expression (or repression) of the master regulator genes *Sex lethal (Sxl)* in *Drosophila* and *XO lethal-1 (xol-1)* in *C. elegans*, which ultimately leads to sex-specific expression of target genes responsible for sexual dimorphism, such as *doublesex (dsx)* in *Drosophila* and *male abnormal-3 (mab-3)* in *C. elegans*, both of which encode a DM-domain homolog of mammalian DMRT1 (reviewed in Salz and Erickson 2010; Zarkower 2006).

Lastly, in the haplodiploidy system of honeybees and some other insect species, sex chromosomes with unique genetic information are not required for sex determination; instead, sex-specific development is controlled via a dose-dependent signal from a single or two different alleles of the *complementary sex determiner (Csd)* gene, in which male or female sex determination depends on whether the embryo is homozygous (nonreproducing male), heterozygous (female), or hemizygous (male) at the *Csd* locus (Beye et al. 2003). Therefore, males develop from haploid unfertilized eggs and females develop from diploid fertilized eggs.

### Evolutionarily Conserved Aspects of Chromosomal Sex Determination

It is clear the upstream “trigger” that launches sex determination has rapidly evolved over the course of time; the labile nature of this process is demonstrated by the fact that certain mammalian species have lost *Sry* and that the closely related species Japanese medaka and Luzon ricefish (*Oryzias latipes* and *Oryzias luzonensis*, respectively) have different master sex determination triggers (a DMRT1-like transcription factor versus a transforming growth factor-beta (TGF- $\beta$ ) secreted factor) (Matsuda et al. 2002; Myosho et al. 2012). While the upstream mechanisms are widely diverged in the animal kingdom, many parts of the molecular machinery involved in sex determination are conserved among animals.

The DMRT1 family of transcription factors, as the name suggests (Doublesex- and MAB-3-related transcription factor 1), is a central part of sex determination mechanisms in a number of animal phyla (Matson and Zarkower 2012). This transcription factor is the homolog of two factors involved in sexual development in invertebrates: DSX in *Drosophila* and MAB-3 in *C. elegans*, all of which contain a DM (Doublesex and MAB-3) domain, which is a novel zinc finger DNA-binding motif (Zhu et al. 2000). Recently, DM-domain homologs of DMRT1 have been implicated as key sex determination factors in birds, the Japanese medaka, Chinese tongue sole, and frog (*Xenopus*) (Smith et al. 2009; Matsuda et al. 2002; Chen et al. 2014; Yoshimoto et al. 2008). Genomic deletion of the distal short arm of chromosome 9 (9p) in humans, a region which contains *DMRT1*, is associated with gonadal dysgenesis and XY sex reversal phenotypes (Onesimo et al. 2012), suggesting that human *DMRT1* is critical for male sex determination. XY mice with mutations in *Dmrt1* do not show a sex reversal phenotype and are born with normal testes (Raymond et al. 2000), indicating that *Dmrt1* is not required for mouse primary sex determination; however, in post-natal stages *Dmrt1* has been shown to be important for sexual differentiation and maintenance (discussed in the next chapter of this volume).

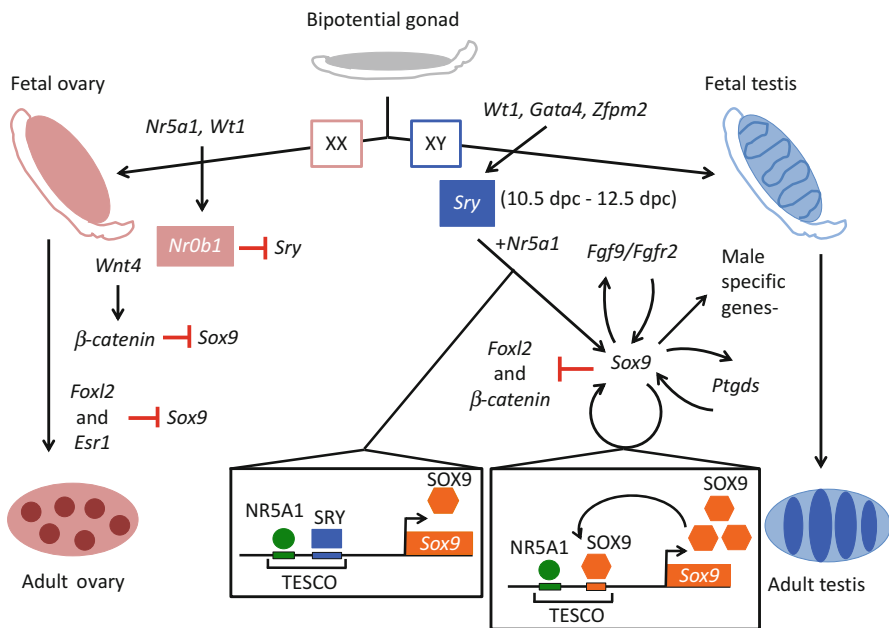
A factor central to mammalian sex determination is *Sox9*, which encodes a SoxE group transcription factor necessary and sufficient for male sex determination (Barrionuevo et al. 2006; Vidal et al. 2001). SOX9 protein and its homologs are specifically expressed within the testes (not ovaries) in a number of species, such as *Gallus gallus* (chicken), *Danio rerio* (zebrafish), and *Drosophila* (Chiang et al. 2001; DeFalco et al. 2003; Kent et al. 1996). *Sox9* plays a key role in male development in mammals as it is a direct downstream molecular target of SRY (Sekido et al. 2004). In particular, as a determinant of Sertoli cells, *Sox9* is important for forming testis cords, the embryonic precursors of the seminiferous tubules (the sites of spermatogenesis in the gonads of many vertebrate species); experiments in mice deleting *Sox9* and its closely related gene family member *Sox8* after sex determination has already occurred reveal that *Sox* gene function is required for maintenance of seminiferous tubule integrity (Barrionuevo et al. 2009). The *Drosophila* homolog of *Sox9*, *Sox100B*, is not required for primary sex determination in flies, but does play a role in adult testicular morphogenesis (Nanda et al. 2009), suggesting that there is broad evolutionary conservation of *Sox9* function in male-specific development.

Throughout evolution, it is common to see the same extracellular signaling pathways used in different contexts. An example of one such pathway is TGF- $\beta$ . While TGF- $\beta$  is used in multiple developmental processes, it also plays a role in sex determination in different species. In particular, the involvement of homologs of the TGF- $\beta$  factor anti-Müllerian hormone (*Amh*) is widespread in sex determination of various animal species, especially in fish. In the medaka, *Oryzias latipes*, the *hotei* mutation (in the *Amh* receptor type II) revealed that disruption of *Amh* signaling drives excessive germ cell proliferation and male-to-female sex reversal (Morinaga et al. 2007). *Amh* pathway member homologs are also sex-determining factors in tiger pufferfish (fugu; *Takifugu rubripes*), Luzon ricefish (*Oryzias luzonensis*; closely related to Japanese medaka), Patagonian pejerrey (*Odontesthes hatcheri*), and sablefish (*Anoplopoma fimbria*) (Myosho et al. 2012; Hattori et al. 2012; Kamiya et al. 2012; Rondeau et al. 2013). Interestingly, mammalian *Amh* is not involved in primary sex determination and instead is critical for sexual dimorphism of the reproductive tract and for ovarian follicular development (Behringer et al. 1994; Durlinger et al. 1999). However, this later role for *Amh* in mammals is likely an exception among animals, since in most other species examined, such as alligators and birds, *Amh* is expressed prior to *Sox9* (Oreal et al. 1998; Western et al. 1999); therefore, *Amh* and related TGF- $\beta$  factors likely play a more central, ancestral role in sex determination in some animal species (rather than in differentiation as in mammals).

Regardless of the chromosomal systems used to trigger testicular or ovarian development, many of the downstream factors are evolutionarily conserved. Further examination of these factors that drive gonad specification and formation should shed light on the basic mechanisms responsible for sex determination, as well as how perturbations in these pathways play a role in disorders of sexual development and other congenital conditions within the reproductive system.

## Mammalian Testicular Sex Determination Genes

In mammals, sex determination is equivalent to gonad determination, in that the gonad is the initial and primary site where the male-versus-female decision is triggered, with profound downstream effects on the rest of the reproductive system and body. In the developing mouse embryo, the gonadal primordium arises at around 10.0 dpc (Kashimada and Koopman 2010). At this stage the genital ridges are morphologically indistinguishable between XX and XY embryos. The main trigger for sex determination is the expression of *Sry* in somatic cells of the XY gonadal ridge starting at 10.0–10.5 dpc (Hacker et al. 1995), which triggers male sex determination and directs the bipotential gonad toward testicular differentiation (Fig. 3); in the absence of *Sry* expression, the gonad develops into an ovary, under



**Fig. 3** Overview of the mammalian sex determination pathway. In mice, the bipotential gonad (*gray*) arises by 10.5 dpc and is morphologically indistinguishable between XX and XY embryos. *Sry* expression (triggered by *Wt1*, *Gata4*, and *Zfp2*) at 10.5 dpc (filled blue box) in the somatic cells of the XY gonad triggers male-specific gonad development (*right side* of the figure). SRY, along with SF1, upregulates its downstream target *Sox9* (schematic in the *left bottom inset*) in pre-Sertoli cells to trigger testis development. SOX9 expression is sustained by positive feedback loops involving *Fgf9*, *Ptgds*, and SOX9 itself (schematic in the *right bottom inset*). This feedback loop ensures continued *Sox9* expression which is required to activate male-specific genes during development and sustains expression of *Sox9* in the postnatal and adult testis. In the absence of *Sry* (*left side* of the figure), expression of female-specific genes such as *NrOb1*, *Wnt4*, and *Foxl2* ensures proper ovarian development. *Abbreviations*: *Fgfr2* fibroblast growth factor receptor 2, *Esr1* estrogen receptor 1

the influence of signaling by the WNT4/ $\beta$ -catenin pathway and NR0B1/DAX1. This section of the chapter discusses the major genes involved in both testicular and ovarian sex determination in mammals.

### **Sex-Determining Region of Chromosome Y (*Sry*)**

*Sry*, the master gene in the mammalian sex determination pathway, encodes a protein that belongs to the SOX (SRY-related HMG box) family of transcription factors. Evolutionary studies have revealed that *Sry* is a recently arisen mammal-specific gene, which likely evolved from the *Sox3* gene currently on the mammalian X chromosome (Foster and Graves 1994), and *Sry* does not exist in other animal classes such as birds. Consistent with the idea that *Sry* function evolved from *Sox3* (and potentially replaced *Sry* as a central sex-determining gene), it was shown that ectopic expression or genomic duplication of *Sox3* results in XX male sex reversal in mice and humans (Haines et al. 2015; Moalem et al. 2012; Sutton et al. 2011), while mutation of *Sox3* alone (in mice) does not affect sex determination (Weiss et al. 2003).

The discovery of two human disorders of sexual development (DSDs), namely Turner's syndrome (XO females) and Klinefelter's syndrome (XXY males) (Ford et al. 1959; Jacobs and Strong 1959), led to the identification of a sex-determining region on the Y chromosome in humans. This region was thought to carry a gene that determines maleness. Almost 30 years later, the *Sry* gene was discovered. The human *SRY* gene was discovered while searching for conserved regions in translocated Y chromosomal DNA from XX male patients (Sinclair et al. 1990). Subsequently, the homologous Y chromosome sequence from mouse was cloned, leading to the discovery of *Sry* as the testis-determining gene in mice (Koopman et al. 1990). The role of *Sry* as a master regulator in male sex determination in mammals was determined using sex reversal experiments in which XX mice developed as males following ectopic expression of *Sry* (Koopman et al. 1991). Additionally, loss of *Sry* function in mice and humans led to XY gonadal dysgenesis or Turner's syndrome with XO/XY mosaicism (Zhao and Koopman 2012), confirming the essential role of *Sry* in mammalian sex determination.

The expression of *Sry* in mice is tightly regulated during gonad development. Its expression begins at approximately 10.5 dpc in the supporting cells (pre-Sertoli cells) of the XY genital ridges, peaks at around 11.5 dpc, and then gradually declines by 12.5 dpc (Koopman et al. 1990; Hacker et al. 1995; Ballejos et al. 2001; Jeske et al. 1995; Wilhelm et al. 2005). The expression pattern of *Sry* is unique, with its expression initiating in pre-Sertoli cells at the center of the genital ridge and gradually expanding to the poles of the gonad (not via migration, but rather via new expression in pre-Sertoli cells), eventually occupying the entire length of the gonad over a period of several hours. This center-to-pole expansion of *Sry* expression in the pre-Sertoli cells of the gonad was shown to be essential for proper center-to-pole expansion of testicular development (Hiramatsu et al. 2010). Furthermore, using partition culture assays (where the genital ridge was partitioned into anterior and posterior domains), it was shown that center-to-pole progression of testis cord formation was mediated by FGF signaling (Hiramatsu et al. 2010). In



addition to its unique expression pattern, a critical threshold of *Sry* expression is required for Sertoli cell specification (Kashimada and Koopman 2010). As the expression of *Sry* is highly dynamic and transient, it was suggested that *Sry* functions during a critical time window limited to 6 h (which corresponds to 11.0–11.25 dpc) in the developing gonad (Hiramatsu et al. 2009). Using transgenic mice in which the *Sry* expression was driven by a *heat shock protein 70.3* (*Hsp70.3*; official name is *Hspa1a*) promoter that allows for experimental induction of *Sry* expression at different time points, a delay of 6 h in *Sry* expression in XX embryos resulted in failure to initiate the testis development pathway and shifted the balance toward the female pathway, as visualized by a lack of testis cord formation, low levels of proliferation in the coelomic epithelium, reduced male-specific gene expression, and induction of female-specific genes such as *Wnt4* (Hiramatsu et al. 2009). The significance for a critical window during which *Sry* expression occurs could be to suppress the ovarian pathway and activate the testicular development pathway.

Although the regulation of *Sry* expression is not well understood, several genes have been implicated in its regulation; some of these genes include *Wt1*, *Cbx2*, *Gata4*, *Zfp2*, *mitogen-activated protein kinase kinase kinase 4* (*Map3k4*), *Insrr*, *Irr*, and *Igf1r* (Tevosian et al. 2002; Nef et al. 2003; Katoh-Fukui et al. 1998; Biason-Laubert et al. 2009; Barboux et al. 1997; Bogani et al. 2009; Hammes et al. 2001). Targeted deletion of these genes in mice resulted in reduced expression of *Sry* and XY sex reversal phenotypes, in which testis cord formation does not take place and female-specific gene expression is observed. The precise mechanism of how loss of function of these genes results in reduced *Sry* expression is unclear, as some of these genes (such as *Cbx2*, *Gadd45γ*, *Map3k4*, and insulin receptors) do not encode for transcription factors and therefore mostly act indirectly to affect *Sry* expression (Kashimada and Koopman 2010). Of all the genes listed above, much of the work has been focused on WT1+KTS as the main regulator of *Sry* expression. In humans, reduced expression of WT1+KTS causes XY sex reversal accompanied by a condition called Frasier syndrome (Barboux et al. 1997). In vitro studies using luciferase reporter assays have shown that the WT1+KTS isoform, along with GATA4, cooperatively activates transcription from the mouse *Sry* promoter (Miyamoto et al. 2008; Hossain and Saunders 2001; Shimamura et al. 1997). Interestingly, studies have shown that WT1+KTS preferentially binds to mRNA targets during mRNA processing, thereby regulating gene expression at the RNA level (Morrison et al. 2008). Whether WT1+KTS regulates *Sry* expression at the RNA level is still unclear and requires further investigation.

In addition to WT1+KTS, studies have shown that *Map3k4* and *Gadd45γ* also regulate *Sry* expression in the early mouse gonad (Warr et al. 2012). MAP3K4 is a mitogen-activated protein kinase that is involved in p38 MAPK and JNK signaling pathways to regulate a number of cellular processes such as proliferation, differentiation, apoptosis, and inflammatory response (Gerwins et al. 1997; Takekawa et al. 1997). XY embryos lacking functional MAP3K4 have reduced levels of *Sry* expression in pre-Sertoli cells, absence of Sertoli cell differentiation, and defective testis cord formation (Bogani et al. 2009). Furthermore, the mutant gonads developed ovarian morphology at stage 14.5 dpc and exhibited very low levels of *Sox9* (Sertoli

cell marker) expression and high levels of *Stra8* and *Wnt4* expression. High levels of *Stra8* and *Wnt4* expression are indicative of germ cell entry into meiosis and activation of the ovarian pathway in the absence of functional MAP3K4 (Bogani et al. 2009). In all, these data indicate that MAP3K4 signaling is essential for sex determination in mice.

MAP3K4 is known to interact with a number of proteins, one of them being GADD45, a growth arrest and DNA damage response protein family member (Takekawa and Saito 1998). Studies have shown that GADD45 activates MAP3K4 by disrupting the autoinhibitory domain of the MAP3K4 protein (Miyake et al. 2007). This interaction leads to the formation of an active dimer and induces autophosphorylation of MAP3K4 (Miyake et al. 2007). Of the three related proteins (namely, GADD45 $\alpha$ , GADD45 $\beta$ , and GADD45 $\gamma$ ) in the *GADD45* family, GADD45 $\gamma$  is known to activate p38 MAPK and JNK pathways in T-cells (Lu et al. 2001) and interacts with MAP3K4 to regulate the production of the cytokine interferon gamma (IFN $\gamma$ ) in T-cells in vitro (Chi et al. 2004). GADD45 $\gamma$  is also known to be required for testis determination, as mice lacking functional GADD45 $\gamma$  displayed reduced levels of *Sry* expression and XY gonadal sex reversal (Warr et al. 2012). Furthermore, it was shown that *Gadd45 $\gamma$*  and *Map3k4* interact to regulate *Sry* expression through a p38- and MAPK-mediated pathway and thereby regulate testis determination (Warr et al. 2012).

### **Sex-Determining Region Y (SRY)-Box 9 (Sox9)**

SOX9 also belongs to the SOX family of transcription factors. It is widely expressed in the developing heart, kidney skeleton, brain, and gonads (Wright et al. 1995). It is thought to be the major downstream target of SRY during mammalian sex determination. In the mouse XY gonad, the expression of *Sox9* is initiated in the bipotential genital ridge at 11.5 dpc and is upregulated in the pre-Sertoli cells immediately after initiation of *Sry* expression. The expression of *Sox9* within pre-Sertoli cells initiates at the center of the gonad and gradually expands toward the poles of the gonad, mimicking the *Sry* expression pattern (Kent et al. 1996; Sekido et al. 2004; Wilhelm et al. 2005; Ballejos and Koopman 2005; Morais da Silva et al. 1996). Despite their similar expression, *Sox9* expression, unlike *Sry*, is maintained in the gonad beyond fetal stages and throughout postnatal and adult life (Kent et al. 1996; Morais da Silva et al. 1996). This sustained expression of *Sox9* might be associated with maintenance of Sertoli cell fate or identity in the gonad (DiNapoli and Capel 2008).

The role of *Sox9* in sex determination was revealed when loss-of-function mutation in human *SOX9* was shown to cause a male-to-female sex reversal phenotype in 75% of males, accompanied by a skeletal defect called campomelic dysplasia (CD) (Foster et al. 1994; Wagner et al. 1994). Sex reversal phenotypes of XY *Sox9*-null mice and XX *Sox9*-overexpressing mice have confirmed the essential role of *Sox9* in testis determination (Barrionuevo et al. 2006; Vidal et al. 2001; Bishop et al. 2000). Furthermore, *Sox9*-overexpressing XX gonads have a similar phenotype as *Sry*-overexpressing gonads (Kashimada and Koopman 2010), indicating that *Sox9* is the major target of *Sry* that is required for activation of the downstream testicular program in Sertoli cells. Despite a long-standing speculation

that SRY regulates the expression of *Sox9*, it took more than a decade to demonstrate definitively that SRY regulates *Sox9* expression. The discovery of a gonad-specific enhancer of mouse *Sox9* called TESCO (testis-specific enhancer of mouse *Sox9* core) was crucial in the quest to determine how SRY upregulates *Sox9* expression (Sekido and Lovell-Badge 2008). TESCO is a 1.4-kb (kilobase) sequence that lies 11–13 kb upstream of the *Sox9* transcription start site and is highly conserved in mammals (Sekido and Lovell-Badge 2008). Sekido and Lovell-Badge (2008) showed that SRY and SF1 directly bind to TESCO and act synergistically to upregulate *Sox9* expression (Fig. 3). This was the first report demonstrating that SRY acts as a transcriptional activator in vivo. After *Sry* expression starts to decrease at 12.5 dpc, SOX9 itself is able to recognize and bind to sites previously bound by SRY in TESCO along with NR5A1, ensuring its continued expression in a positive autoregulatory feedback loop (Sekido and Lovell-Badge 2008) (Fig. 3). Thus, the positive feedback loop not only ensures that *Sox9* expression is sustained long after *Sry* expression ceases but also ensures that *Sry* signal is amplified in each of the developing Sertoli cells. Other positive feedback loops known to maintain *Sox9* expression in the gonad involve FGF9 signaling and PGD2 signaling from the Sertoli cells (discussed below).

### **Fibroblast Growth Factor 9 (Fgf9)**

FGF9 is one of the members of the fibroblast growth factor (FGF) family that plays essential roles in growth, morphogenesis, and differentiation during development. *Fgf9* is widely expressed in the mouse embryo and is initially expressed in both XY and XX gonads (Colvin et al. 2001). However, following *Sry* expression, *Fgf9* expression becomes male specific and is expressed in the Sertoli cells of the developing testis. In order to determine the in vivo role of *Fgf9*, Colvin and colleagues generated a deletion of *Fgf9* in mice. They reported an overrepresentation of phenotypically female embryos in mice lacking functional *Fgf9*, which ultimately led to the identification of a novel role for *Fgf9* in sex determination and testis development (Colvin et al. 2001). Loss of *Fgf9* led to male-to-female sex reversal in 18.5 dpc embryos, accompanied by disruption of male-specific events, including cell proliferation, mesonephric cell migration, differentiation of Sertoli cells, and testis cord formation (Colvin et al. 2001). Further studies revealed that *Fgf9* acts downstream of *Sry* and is required for promoting proliferation of Sertoli cell precursors. Following up on this study, it was shown that loss of *Fgf9* did not affect the expression of *Sry* or the initial upregulation of *Sox9* expression (Kim et al. 2006). However, *Fgf9*-null gonads did not maintain *Sox9* expression, indicating that FGF9 signaling is required for maintaining *Sox9* expression in the fetal gonad. The authors suggested that a feedback loop involving FGF9 is important in upregulating *Sox9* expression and that *Sox9* expression in turn is required for upregulation of FGF9 in the XY gonad (Fig. 3) (Kim et al. 2006). Recently, it was reported that aberrant expression of testicular FGF9 is associated with Sertoli cell-only (SCO) syndrome (patients with SCO are azoospermic and have atrophic testis and hypogonadism), indicating that *Fgf9* may play an important role in male factor infertility (Chung et al. 2013).

### Prostaglandin D2 Synthase (Ptgds)

The *Ptgds* gene encodes for an enzyme that is involved in the synthesis of prostaglandin D<sub>2</sub> (PGD<sub>2</sub>), which is critical for various physiological processes including male sex determination, platelet aggregation, bronchoconstriction, allergy, and inflammation (Moniot et al. 2011). Studies have reported the presence of a male-specific *Ptgds* gene called lipocalin-type Ptgds (*L-Ptgds*) (Malki et al. 2005). Its expression begins in the developing gonad between 11.5 and 12.5 dpc (Adams and McLaren 2002) and is mainly restricted to Sertoli cells and germ cells (Adams and McLaren 2002). PGD<sub>2</sub> signaling is involved in a positive feedback loop with SOX9 (Fig. 3). It has been shown that SOX9 initiates the transcriptional activation of *Ptgds*, which results in production of PGD<sub>2</sub> that then activates PKA (cAMP-dependent protein kinase A). PKA then phosphorylates SOX9; phosphorylation of SOX9 facilitates its nuclear localization where the SOX9 binds to its own promoter, thereby maintaining its expression (Sekido and Lovell-Badge 2008; Malki et al. 2005). Targeted deletion of *L-Ptgds* results in abnormal SOX9 protein localization and reduced *Sox9* gene expression and, hence, delayed testis cord formation until 14.5 dpc (She and Yang 2014). Additionally, *Sox9*-null gonads have reduced levels of L-PTGDS, indicating that SOX9 is required to maintain the expression of *L-Ptgds* (She and Yang 2014). *L-Ptgds* in turn functions in a positive feedback loop to maintain SOX9 expression in the developing testis.

### Gata4 and Zinc Finger Protein, Multitype 2 (Zfpm2/Fog2)

GATA4 belongs to the zinc finger family of transcription factors that recognizes the consensus sequence (T/A)GATA(A/G) (Tevosian et al. 2002). The GATA zinc finger transcription factors are known to play critical roles during development, including differentiation of hematopoietic cells, cardiac and coronary vascular development, and morphogenesis of various tissues like the liver, lung, and gut (Tevosian et al. 2002). In the developing gonadal ridge, GATA4 expression is restricted to somatic cells only. At 11.5 dpc both XX and XY gonads express GATA4. By 13.5 dpc *Gata4* is expressed at high levels in the Sertoli cells and low levels in the interstitial cells of the XY gonads; however in XX gonads, its expression is low in all cells (Tevosian et al. 2002). Studies have shown that GATA4, along with its cofactor ZFPM2, is required for normal gonad differentiation, as homozygous *Zfpm2*-null mice show failure of testis differentiation, lack of testis cord development, and significantly reduced gonad size (Tevosian et al. 2002). Furthermore, it was shown that *Sry* expression was significantly downregulated in *Zfpm2*-null gonads at 11.5 dpc, the time point when *Sry* expression normally peaks (Tevosian et al. 2002). Additionally, homozygous targeted mutation in *Gata4* (*Gata4<sup>ki</sup>*) that abolishes the interaction between GATA4 and its cofactor ZFPM2 also resulted in loss of Sertoli cell differentiation and abnormal testis development (Tevosian et al. 2002; Manuylov et al. 2011). Detailed analysis of *Zfpm2*-null XY gonads and *Gata4<sup>ki</sup>* XY gonads revealed that expression of genes involved in Sertoli cell differentiation (such as *Sox9*, *Amh*, and *Dhh*) and genes involved in androgen biosynthesis (*Cyp11a1*, *Hsd3b1*, and *Cyp17a1*) was absent. These results indicate that the interaction

between GATA4 and ZFPM2 is essential for normal Sertoli cell development and Leydig cell development (Tevosian et al. 2002). Recently, it was reported that a disruption of the human ZFPM2 protein resulted in failure of direct ZFPM2 and GATA4 interaction, which led to abnormal sex determination and gonadal dysgenesis in humans (Bashamboo et al. 2014). In all, GATA4 and ZFPM2 are essential for male gonadogenesis, and their direct physical interaction is essential for maintaining normal *Sry* expression during testis differentiation (Fig. 3).

## Mammalian Ovarian Sex Determination Genes

### Wingless-Type MMTV Integration Site Family, Member 4 (Wnt4)

WNT4 is a growth factor that plays essential roles during mammalian embryogenesis. In mice, *Wnt4* is expressed in the mesonephros of the early gonad (9.5–10.5 dpc) of both sexes. By 12.5 dpc, its expression becomes restricted to the mesenchyme cells surrounding the Müllerian duct epithelium in the mesonephros (Binnerts et al. 2007). Once sex determination events are initiated, the expression of *Wnt4* is restricted to the female gonad. Loss of *Wnt4* in mice results in a partial sex reversal phenotype in the female reproductive system, indicating that *Wnt4* is a female determinant. *Wnt4* is essential for the development of the Müllerian duct, inhibition of steroidogenic cell differentiation, inhibition of testis-specific vascular remodeling, and development of normal oocytes (Jeays-Ward et al. 2003; Vainio et al. 1999). Furthermore, loss of *Wnt4* also resulted in a transient increase in the expression of both *Sox9* and *Fgf9* in the absence of *Sry*, thus indicating that FGF9 and WNT4 function as antagonistic signals that regulate mammalian sex determination. *Fgf9* downregulates WNT4 signaling to support testis development, while *Wnt4* downregulates FGF9 signaling to support normal ovarian development (Kim et al. 2006). In addition, targeted deletion of *Wnt4* in the granulosa cells of the ovary revealed that *Wnt4* is required for normal follicular development and regulation of steroidogenesis in granulosa cells (Boyer et al. 2010).

Studies have shown that *Wnt4* plays an essential role during various aspects of both male and female sexual development (Boyer et al. 2010; Coveney et al. 2008; Jeays-Ward et al. 2004). *Wnt4*-null testes show defects in Sertoli cell differentiation, and these defects were shown to occur downstream of *Sry* but upstream of *Sox9* and *Dhh*. Additionally, *Wnt4*-null testes were smaller in size and had disorganized testis cords. These studies indicate that *Wnt4* is required for normal testis development (Jeays-Ward et al. 2004). Genome-wide microarray analysis of *Wnt4*-null XX gonads led to the identification of several candidate genes (*Tcf21*, *Igfbp7*, *Cbln1*, *Sostdc1*, *Gpc3*, and *Sulf2*) that may be involved in testis vascular development (Coveney et al. 2008). Additionally, loss of *Wnt4* affected the expression of genes expressed in testis cords (*Robo1*, *Pitx2*, and *Spp1*) or related to germ cell development (Coveney et al. 2008). In all, these data suggest that WNT signaling is essential for testis differentiation. Recently, *Wnt4*-null mice were used to identify several candidate *Wnt4* downstream target genes that might be important for both female and male gonadogenesis (Naillat et al. 2015). *Notum*, *Phlda2*, *Runx1*, and *Msx1* genes

were identified as candidate target genes for female reproductive development. In addition, the authors reported that WNT4 signaling might also regulate genes associated with the male testicular developmental pathway. These genes include *Osr2*, *Dach2*, *Pitx2*, and *Tacr3* (Naillat et al. 2015). These studies have identified a number of potential target genes that may be subject to regulation by WNT4 signaling during mammalian sex determination and development.

WNT4 likely acts through the canonical  $\beta$ -catenin signaling pathway. The disruption of  $\beta$ -catenin signaling in the XX gonad leads to a partial female-to-male sex reversal (Liu et al. 2009), similar to *Wnt4* mutants (Jeays-Ward et al. 2003; Vainio et al. 1999), while ectopic  $\beta$ -catenin signaling in XY gonads results in male-to-female sex reversal (Maatouk et al. 2008). Mutants for *Rspo1*, another positive effector of  $\beta$ -catenin signaling, also show a partial female-to-male sex reversal phenotype reminiscent of *Wnt4* and  $\beta$ -catenin mutants (Chassot et al. 2008). These findings demonstrate that  $\beta$ -catenin signaling, downstream of WNT4 and RSPO1 activity, is required for ovarian determination and differentiation.

### **Forkhead Box L2 (Foxl2)**

FOXL2 belongs to the forkhead/winged-helix family of transcription factors. Studies have shown that FOXL2 is essential for granulosa cell differentiation and normal ovarian development in mice, but is not required for primary sex determination (Schmidt et al. 2004; Uda et al. 2004). Its expression begins at 12.5 dpc in the pre-granulosa cells of the developing gonad. In humans, loss-of-function mutation in the *FOXL2* gene results in the autosomal disorder blepharophimosis/ptosis/epicanthus inversus syndrome (BPES) and premature ovarian failure in adults (Uhlenhaut and Treier 2006). *Foxl2* has also been implicated in the polled intersex syndrome (PIS) of goats, and a recent study revealed that *Foxl2* is required for primary sex determination in that species (Boulanger et al. 2014). Female mice with targeted deletion of *Foxl2* displayed premature disruption of the primordial follicular pool, inhibition of granulosa cell differentiation, and complete absence of secondary follicles (Ottolenghi et al. 2007). Furthermore, it was shown that male-specific genes involved in male sex determination (such as *Sox9*, *Fgf9*, *Fgfr2*, *Nr5a1*, and *Gata4*) were upregulated in *Foxl2*-null ovaries. This indicates that *Foxl2* functions to repress the pathway that regulates male sex determination in mammals (Ottolenghi et al. 2007). Conditional deletion of *Foxl2* in the adult ovarian follicles has shown that *Foxl2* is required to prevent the transdifferentiation of adult ovary granulosa and theca cells into their testicular counterparts (Uhlenhaut et al. 2009). In vitro studies have shown that FOXL2, together with estrogen receptor 1 (ESR1), negatively regulates the expression of SOX9 (Fig. 3). The exact mechanism of *Foxl2* in this transdifferentiation process is discussed in greater detail in the subsequent chapter of this volume.

### **Nuclear Receptor Subfamily 0, Group B, Member 1 (Nr0b1/Dax1)**

*Nr0b1*, also known as *Dax1*, encodes an orphan nuclear receptor that is expressed in the developing gonad, adrenal gland, pituitary, and hypothalamus (Luo et al. 1994; Shinoda et al. 1995). In both mouse and human, DAX1 is coexpressed with NR5A1/SF1



in male and female gonads prior to gonad differentiation. In mice *Dax1* expression is upregulated in the Sertoli cells of the XY gonad at 12.5 dpc (Ikeda et al. 2001). Its expression declines soon after in the Sertoli cells but increases in the interstitial cells between 13.5 and 17.5 dpc. In XX gonads *Dax1* is expressed between 12.5 and 14.5 dpc. DAX1 was originally thought to act like an “anti-testis” factor (Swain et al. 1998); however, it was later reported that *Dax1* plays an essential role in testis differentiation (Meeks et al. 2003). Human XY individuals with *DAX1* duplications exhibited male-to-female sex reversal (dosage-sensitive sex reversal). Transgenic mice carrying duplication of the *Dax1* gene exhibited decreased *Sry* expression and delayed testis development, resulting in a XY sex reversal phenotype (Ludbrook and Harley 2004). Hence, it was concluded that *Dax1* antagonizes *Sry* expression to regulate sex determination (Swain et al. 1998). Targeted deletion of *Dax1* in mice resulted in disorganized testis structure, although Sertoli cells and fetal Leydig cells were present and appeared to function normally. Additionally, mutation in the *Dax1* gene was associated with testicular dysgenesis and abnormal peritubular myoid cell differentiation (Meeks et al. 2003).

## **Environmental Influences in Mammalian Sex Determination/Sex Ratio**

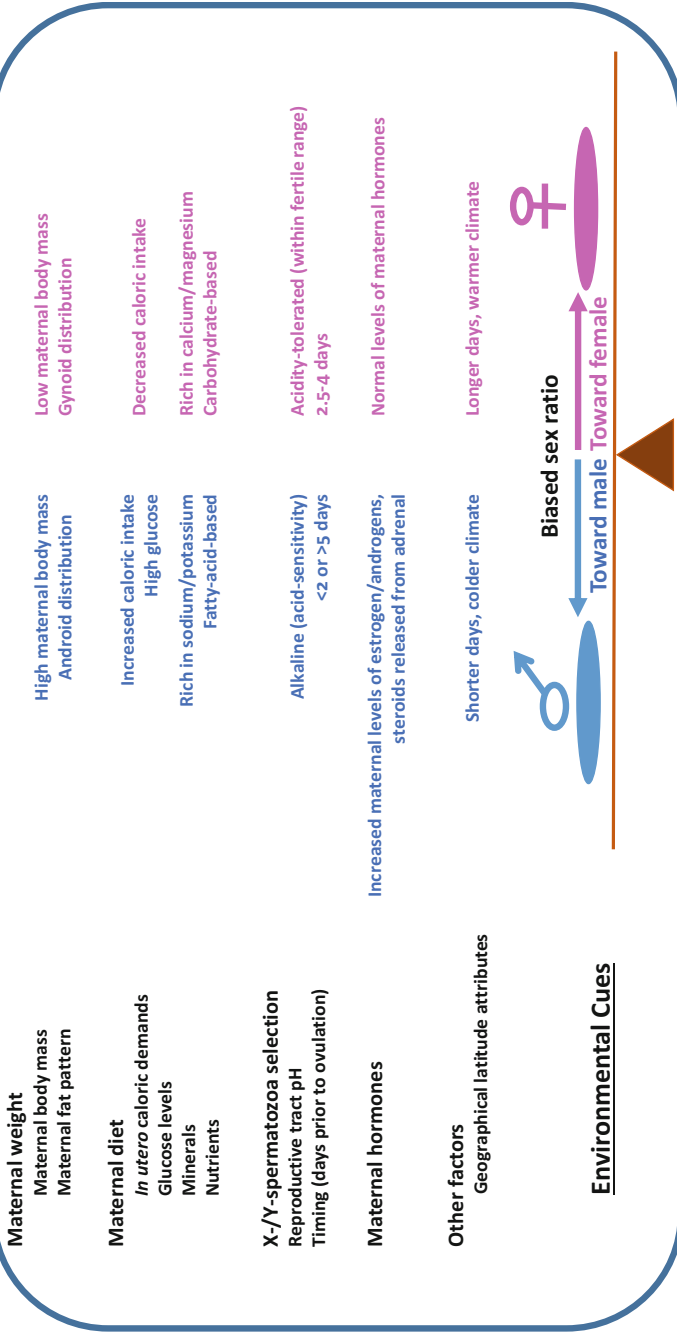
While mammals utilize sex determination pathways and machinery outlined in previous sections of this chapter, other organisms that lack sex chromosomes or a genetic sex determination mechanism rely on the environment to determine the sex of an organism. Additionally, there are organisms that have a combination of both environmental and genetic components driving their sex determination (Yamamoto et al. 2014). *Sry* (a major male-determining gene, described above) is present in virtually all mammals; however, it is not found in nonmammalian species (such as birds, fish, or reptiles), whose sex determination is sensitive to environmental cues rather than solely relying on genetic information. In some cases, even though *Sry* is absent, the balance of sex-specific downstream signaling, such as FGF-versus-WNT signaling, still regulates sex determination. Some species use environmental sex determination, rather than chromosomal methods, while others utilize external influences to override or coincide with chromosomal sex determination (Quinn et al. 2007; Radder et al. 2008), relying on environmental, hormonal, and/or behavioral switches. Genetic factors play an essential role in sex determination in mammals (described in previous sections); however, the maternal environment may also be important for sex determination and/or sex ratio. This section will highlight examples of how certain environmental cues, such as maternal influence on the pre-conception environment and other external factors, can influence sex ratio and/or determination in mammals (Fig. 4).

### **Pre-conception Maternal Environment (pH)**

The uterus is a controlled environment that allows the fetus to develop and was generally thought to be a passive player in embryonic sexual development; however,



## Environmental influences on sex determination/ratio in mammals



**Fig. 4** Environmental influences on sex determination/ratio in mammals. A list of environmental cues influencing sex determination and/or sex ratio and how changes in these factors promote male or female offspring

it has been demonstrated that the maternal environment before, during, and after conception can influence both long-term health and the sex (and sex ratio) of the offspring. The Trivers-Willard hypothesis of sex ratio is based on the idea that pregnant females can alter the sex of their offspring based on their health condition in terms of nutrition, body size, as well as dominance characteristics (covered later in section) and their parental ability to invest in their offspring to outcompete others for increased offspring in the following generation (also termed the maternal dominance hypothesis). This theory states if the maternal condition is poor, mothers tend to produce a higher ratio of females to males (Trivers and Willard 1973). This sex skewing due to maternal condition was found to be a potential consequence of maternal glucose levels, which differentially supports male-versus-female blastocysts (Larson et al. 2001). This principle was subsequently built upon by a controversial concept that human couples can influence the sex of their offspring, first introduced by Kleegman, but then popularized as Shettles' method in the 1970s (Shettles 1973).

Shettles' concept is based on the timing of coitus in proximity to ovulation, in addition to sexual position during intercourse, as the X- and the Y-spermatozoa have different speeds and sensitivities to acidity (e.g., within the vaginal/cervical environment). His theory states that for male offspring to be created, intercourse must be performed closest (<2 days) to ovulation, compared to female offspring (optimal at 2.5–3 days); this idea is based on the ability of Y-spermatozoa to swim faster than X-spermatozoa due to their physical differences (X-spermatozoa have smaller heads and longer tails) and that Y-sperm are more sensitive to acidic environments. Therefore, this increased time in the cervix will result in removal of male-determining sperm due to the acidity (Shettles 1973). However, this theory is still controversial as others have not been able to determine any significant differences, besides DNA content, between X- and Y-bearing spermatozoa.

The cervix is the major passageway for sperm to move from the vagina to the uterine cavity; therefore, differences in the mucous composition or pH can "select" or control the sperm that travel through it. The cervix is most well known as a barrier against pathogens and also prevents entry of abnormal sperm. The cervical mucus exits into the vaginal cavity, and the whole process of entry into the uterine cavity is influenced by this mucus environment. Since the pH of the cervix changes according to the stages of ovulation due to reproduction-associated hormones (including estrogen, progesterone, and luteinizing hormone), the different time windows relative to ovulation, according to his theory, may allow the pH of the woman's cervical mucus to play a role in sex ratios (Bott et al. 2006). During pre-ovulation/midcycle, the levels of estradiol are high, physically changing the size and decreasing the firmness of the cervix itself and increasing water content, which leads to decreased mucus viscosity and alkaline pH, thereby becoming more hospitable to sperm (Bigelow et al. 2004; Kopito et al. 1973). The chemical composition of the mucus, including the ratios and amounts of specific electrolytes, such as sodium, changes over the course of the cycle (Gould and Ansari 1981), which can influence the overall pH of the cervix.

## Maternal Diet

Both the number and sex ratio of offspring produced can be influenced by overall food intake and/or the presence of nutrients during both preconception and early pregnancy (Schmidt and Hood 2012). Studies have shown that in humans, the sex ratio of the fetus can be influenced by the maternal diet at the time of conception (Mathews et al. 2008). The nutrition of the mother greatly influences sex ratio of her offspring, as mothers with malnutrition produce increased numbers of female offspring, whereas higher caloric intake resulted in male-biased offspring. In Western countries, the human male-female offspring ratio is already skewed slightly toward males, possibly caused by population-wide obesity in these cultures (the influence of fat on sex ratios will be discussed later in this chapter). Human male offspring have higher in utero caloric demands than females (Tamimi et al. 2003). Although this skewing may be due to energy requirements for each sex (causing sex-selective spontaneous abortion or miscarriage), it also can be related to sex determination (genetic machinery discussed in early sections of this chapter). In humans, analysis of maternal caloric intake around the time of conception revealed 56% of the highest energy intake group had sons, compared with 45% in the lowest energy intake group (Mathews et al. 2008). This study has been similarly replicated in ruminants and rodents with increased skewed ratios. Diets high in lipids, fats (e.g., lard), and dietary fatty acids (including foods high in omega-3 (n-3) polyunsaturated essential fatty acids) are linked to increases in male births in mammalian species, whereas a carbohydrate-based diet (high in sugars and complex carbohydrates) or diets rich in omega-6 (n-6) fatty acids increased female births (Austad and Sunquist 1986; Crawford et al. 1987; Fountain et al. 2008; Gulliver et al. 2013a, b; Rosenfeld and Roberts 2004). As many of these diet-based studies did not result in any malnutrition or decreased litter size, it demonstrates that diet can skew sex ratios without sex-selective miscarriage being the major cause in this shift. A few of these studies noted that older/more mature mothers showed a greater response to changes in the diet than younger mothers (Rosenfeld et al. 2003). Other studies investigating low-fat diets still had skewing toward females, but in addition resulted in smaller litter sizes; therefore, male-selective losses may also play a role in cases of malnutrition and/or lower caloric intake (Meikle and Drickamer 1986; Rivers and Crawford 1974). Interestingly, mouse placentas associated with female embryos demonstrate a higher sensitivity to the maternal diet, by changes in gene expression, compared to their male counterparts (Mao et al. 2010).

In humans and other mammals (such as roe deer, reindeer, mature ewes, Barbary sheep, domestic pigs, and other species), greater maternal body mass and a particular maternal fat distribution (an android pattern in which fat is mainly in the upper trunk portion of the body) are associated with increased male offspring (Cassinello 1996; Kent 1995; Kojola and Eloranta 1989; Meikle et al. 1996; Wauters et al. 1995; Singh and Zambarano 1997). As adipose tissue is a major location for hormone biosynthesis and metabolism, these changes may have hormonal origins. Interestingly, a diet free of fatty acids resulted in a more acidic vaginal environment (Whyte et al. 2007). These studies further highlight how the maternal diet impacts the overall

cervical/vaginal environment, thereby influencing the selectivity of the sperm and overall sex ratio of the offspring.

Minerals in the maternal diet are essential for production of offspring and for normal sex ratios. One example of this is that female white-footed mice fed on a low-calcium diet from reproductive age until senescence had a poor skeletal condition and produced smaller female-biased litters (Schmidt and Hood 2012), demonstrating that calcium intake influences reproductive output and sex ratios. The mechanism underlying the relationship between calcium in the maternal diet and skewed sex ratios in the offspring is unclear, but as calcium has been found to be important for sperm motility, fertilization, and oocyte activation (Homa et al. 1993; Hong et al. 1984). Additionally, it has been speculated that the female reproductive tract milieu influences the functionality of the sperm (in terms of motility and fertilization capacity), perhaps in a sex-specific manner, leading to a biased sex ratio (see earlier in this section). Interestingly, the ratio of monovalent ions (potassium/sodium) to divalent ions (calcium/magnesium) plays a role in sex ratios, whereby higher calcium/magnesium intake is associated with an increase in female offspring, whereas increased potassium/sodium corresponds to more male offspring (Mathews et al. 2008; Bolet et al. 1982; Oun et al. 2016; Stolkowski and Choukroun 1981; Stolkowski and Lorrain 1980; Vahidi and Sheikha 2007). In all, a wide range of dietary factors work together to regulate sex determination in a species-specific manner.

### **Maternal Menstrual Cycle**

A study in humans controlling the timing between coitus and ovulation, in combination with maintaining a strict mineral-containing diet (low in sodium, high in calcium), demonstrated that the time window 3–4 days before ovulation skews the offspring toward female, while any variation/shift in this coitus time window (<2 days or >5 days prior to ovulation) while still on the diet resulted in a decreased female offspring ratio (Noorlander et al. 2010). This study had stringent compliance efforts; therefore, those that did not comply were compared for their contribution to the sex ratio based on their noncompliant status. Previous to this study, many studies were performed providing results either stating there was a difference based on ovulation or there was simply no difference; however, this data aligns with other studies that also report a higher likelihood of male offspring if copulation occurs closer to ovulation, whereas there will be an increased likelihood of female offspring if copulation occurs 3 days prior to ovulation, which is consistent with this time window.

### **Maternal Dominance and Sex Hormones**

The theory of maternal dominance (in which a dominant female is defined as an authoritative and influential female, not to be confused with other personality traits, such as aggressive or domineering) states that a maternal masculine phenotype before conception causes sex skewing toward male offspring (Grant 1996; Sadalla et al. 1987). For example, in social mammalian species, females displaying dominant personalities produce more male offspring as compared to subordinate females.

Interestingly, this trend disappeared at higher population densities (and for animals in captivity) as the number of males born each year is inversely correlated with the population density and can be attributed to the amount of winter rainfall (Kruuk et al. 1999). These changes could be linked to stress caused by competition for resources and/or nutrition (discussed in other sections of this chapter). In another case, some species of temperature-dependent sex-determining fish born earlier in the birthing season in the northern latitudes have a strong female bias to allow females access to a longer feeding season, permitting females to become larger and grants them a competitive edge (via dominance) that promotes both survival and fecundity (Conover 1984). Both these scenarios represent types of environmental variables that are associated with nutritional stress and fecundity that leads to changes in sex ratios.

The basis for maternal dominance sex skewing is that the levels of sex hormones at the time of conception are correlated with sex-specific skewing of births. For example, a mother who has high estrogen and androgen levels may display masculine-like behavioral characteristics, both of which are correlated to a higher production of male offspring (James 1990). Interestingly, under conditions of chronic stress, females respond differently than males, by increasing their testosterone levels, rather than decreasing them (Gray 1992). The cause of this difference is that the adrenal glands normally produce small amounts of androgens (including the precursor to testosterone, androstenedione), but in response to stress only the female adrenal gland increases its production, in addition to cortisol (Mazur and Petrenko 1997), thereby leading to increased maternal testosterone levels.

Stress causes the mother's adrenal glands to release high levels of stress hormones into the blood, which can cross the placental barrier and can interfere with the fetus's production of sex hormones temporarily. One sex hormone most notably influenced by stress hormone levels is testosterone (Ellis and Cole-Harding 2001). Later during testicular development, testosterone is required for masculinization, demonstrated by problems with secondary sex characteristics in testosterone-deficient or androgen receptor-deficient models. Interestingly, maternal levels of testosterone during the time of conception can also further skew the sex bias, by selectively tilting the sex ratio. Female testosterone can also be produced intrafollicularly within the ovary, and these local levels of testosterone have been linked to sex ratios, thought to influence fertilization by X- versus Y-bearing spermatozoa (Grant and Irwin 2005; Grant et al. 2008). The mechanism behind this selection may be due to the influence of maternal hormones on uterine responsiveness, which influences the survival of the fertilized blastocyst, leading to sex-specific resorption, mortality, and, ultimately, sex skewing of offspring (Krackow 1995).

### **Other External Factors**

In addition to the maternal pre-conception environment, other external factors, such as external stress and geographic location (e.g., latitude), have been reported to affect sex ratio. Stress in humans influences sex ratio such that more male offspring are produced in the absence of stress (Masukume and Grech 2015). An example of this

is the increased number of male newborns in South Africa 9 months after the 2010 FIFA World Cup soccer tournament was held in that country. The authors reasoned that the increased male sex ratio was most likely due to increased sexual intercourse during the tournament (Masukume and Grech 2015). Additional causes for the skewed ratio toward males may also be associated with decreased male fetal deaths and the quality of sperm (Masukume and Grech 2015). During negatively stressful situations, however, such as after an earthquake, the inverse sex ratio skewing occurs, tilting toward more female births. An example of this is 9 months following a devastating earthquake in Kobe, Japan, in which more females were born. Acute stress may decrease sperm motility, reduce fertility, and thus reduce male sex ratios (Fukuda et al. 1998).

Other conditions of stress, such as war, lead to small but significant increases in male offspring. More male births were reported during and after wars (including World War I and II and the Korean and Vietnam wars) (Ellis and Bonin 2004; Hesketh and Xing 2006). The reasoning for the skewed sex ratio is that the physiological state of mothers during war caused the release of stress hormones, such as cortisol and adrenaline, potentially inducing a higher rate of miscarriages; however, male fetuses are more prone to miscarriages than female fetuses, which contradicts this argument (Ellis and Bonin 2004).

Another factor potentially influencing sex ratio in humans is geographical latitude, with more female births occurring at tropical latitudes than at temperate and subarctic latitudes (Navara 2009). The relationship between sex allocation and latitude was attributed to latitude-dependent factors, such as length of the day and temperature; a study reported that human sex ratio may be influenced by these factors (Navara 2009). The authors suggested that the quality of the semen and miscarriage rates may vary with latitude and, hence, indirectly affect sex ratio. Confirming that both temperature and day length are important for sex ratios in mammals, other species (such as hamsters, mice, and meadow voles) are also influenced by length of the day and temperature, with more male offspring produced during shorter days or colder weather (Drickamer 1990; Mcshea and Madison 1986). In all, a wide range of environmental factors work together to regulate sex determination and sex ratios in a species-specific manner.

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## Conclusions and Future Areas of Research in the Field

Sex determination is critical for reproduction and for the survival of sexually reproducing species. While virtually all mammals, such as humans, use the Y chromosome-encoded gene *Sry* as the genetic trigger for sex determination, the molecular mechanism by which sex is determined is highly variable across different animal classes. For those species whose sex determination is sensitive to external influences, such as exogenous hormones, elucidating how environmental contaminants impact reproductive fitness is of major interest for the fields of ecology and reproductive biology. Studying these model systems has the additional potential to

inform us of the imminent consequences of endocrine-disrupting compounds on human health and sexual development.

In mammals, *Sry* is the master switch gene that launches the undifferentiated bipotential gonad into the testis program. Although much is known about *Sry*, several things are still not completely understood, such as the mechanism of its regulation, the proteins with which SRY interacts, and all the downstream genes it directly or indirectly targets. Additionally, genome-wide studies and genetic analyses have led to the identification of several other genes with sex-specific expression patterns that play important roles in sex determination. How these genes function in a network to regulate sex determination is still unclear and is a matter for further investigation. Only about 20% of human cases of reproductive system abnormalities have a defined molecular diagnosis (i.e., a known causative genetic factor) (Hughes et al. 2006), so it is clear that more research is needed into defining the mechanisms that promote the development of the fetal testis and ovary. Understanding the molecular pathways regulating sex determination is essential to gaining insight into some of the yet unidentified causes of human sexual disorders of development, such as gonadal dysgenesis and malformation, ambiguous genitalia, and sex reversal.

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