# Metabolic Reprogramming by the PI3K-Akt-mTOR Pathway in Cancer

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## Abstract

In the past decade, there has been a resurgence of interest in elucidating how metabolism is altered in cancer cells and how such dependencies can be targeted for therapeutic gain. At the core of this research is the concept that metabolic pathways are reprogrammed in cancer cells to divert nutrients toward anabolic processes to facilitate enhanced growth and proliferation. Importantly, physiological cellular signaling mechanisms normally tightly regulate the ability of cells to gain access to and utilize nutrients, posing a fundamental barrier to transformation. This barrier is often overcome by aberrations in cellular signaling that drive tumor pathogenesis by enabling cancer cells to make critical cellular decisions in a cell-autonomous manner. One of the most frequently altered pathways in human cancer is the PI3K-Akt-mTOR signaling pathway. Here, we describe mechanisms by which this

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signaling network is responsible for controlling cellular metabolism. Through both the post-translational regulation and the induction of transcriptional programs, the PI3K-Akt-mTOR pathway coordinates the uptake and utilization of multiple nutrients, including glucose, glutamine, nucleotides, and lipids, in a manner best suited for supporting the enhanced growth and proliferation of cancer cells. These regulatory mechanisms illustrate how metabolic changes in cancer are closely intertwined with oncogenic signaling pathways that drive tumor initiation and progression.





# 1 Introduction

A fundamental property of cells in multicellular organisms is the ability to process and integrate a variety of extracellular signals, such as growth factors, cytokines, and nutrients, in order to make decisions about cell fate, including proliferation, growth, survival, differentiation, motility, and metabolism. To accomplish this, cells

have developed complex signaling networks that allow them to transduce extracellular signals into cellular decisions. Over the past few decades, much research has been dedicated toward elucidating how cellular signaling pathways are wired, and it has become clear that aberrations in cellular signaling underlie a wide variety of human diseases. In particular, our increasing understanding of the genomic landscape of human cancers over the past few years has revealed that cancer cells are frequently selected for mutations that occur in key nodes of various signaling pathways. These genetic alterations enable cancer cells to escape regulation by extrinsic signals and instead make critical cellular decisions in a cell-autonomous manner to promote uncontrollable cell survival, growth, and proliferation.

In the past decade, there has been a resurgence of interest in elucidating how metabolism is altered in cancer cells, based on observations that components of signal transduction pathways frequently regulate nutrient metabolism. At the core of this research is the concept that metabolic pathways are reprogrammed in cancer cells to divert nutrients toward anabolic processes to facilitate enhanced growth and proliferation. Importantly, physiological cellular signaling mechanisms normally tightly regulate the ability of cells to gain access to and utilize nutrients, posing a fundamental barrier to transformation. Therefore, it is becoming increasingly clear that cancer cells frequently select for mutations that enhance signal transduction through pathways that converge upon a common set of metabolic processes to promote nutrient uptake and utilization in cell building processes. It is the hope that an integrated understanding of oncogenic signaling and its modulation of cancer metabolism will reveal metabolic dependencies that are unique to cancer cells, thereby opening a therapeutic window that can be exploited to selectively target tumor cells.

The phosphoinositide 3-kinase (PI3K)-Akt-mammalian target of rapamycin (mTOR) signaling pathway is one of the most frequently altered pathways in human cancer. The importance of the pathway in cancer first became apparent in the 1980s, when it was discovered that a PI kinase activity was associated with transformation mediated by viral oncogenes such as the SRC tyrosine kinase and polyomavirus middle T antigen (Whitman et al. [1985](#page-32-0)) and that this enzyme carried out a previously unknown reaction, the phosphorylation of PI at the 3 position of the inositol ring (Whitman et al. [1988](#page-32-0)). Subsequent work placed PI3K at the head of a signaling network in which PI3K transduces upstream signals from receptor tyrosine kinases (RTKs) to generate critical lipid second messengers that serve to further activate downstream signaling effectors such as Akt and mTOR (Toker and Cantley [1997;](#page-31-0) Toker [2012](#page-31-0)). Multiple components of the pathway have since been demonstrated to be bona fide oncogenes and tumor suppressors, and activation of this pathway has a critical role in controlling most of the hallmarks of cancer, including proliferation, cell survival, motility, genomic instability, angiogenesis, and metabolism (Hanahan and Weinberg [2011\)](#page-26-0). Studies in cancer genomics over the past decade have reinforced the importance of the PI3K-Akt-mTOR signaling pathway in human cancer, as genetic lesions that drive tumorigenesis are frequently found within components of the signaling network (see Table [1](#page-4-0)). As a result, numerous drugs have been developed in the past decade that target various nodes of

Gene	Alteration	Common tumor types	Selected references
PIK3CA	GOF mutation	Breast, ovarian, endometrial, cervical, colorectal, lung, glioblastoma	COSMIC, Samuels et al. (2004)
	Amplification	Breast, cervical, gastric, lung, ovarian, prostate	Campbell et al. (2004), Sun et al. (2009), Rácz et al. $(1999)$ , Ma et al. $(2000)$
<b>PTEN</b>	LOF mutation	Breast, ovarian, endometrial, colorectal, cervical, brain, bladder	COSMIC, Li et al. (1997)
	Deletion	Leukemia, breast, prostate, ovarian, liver, lung, melanoma	COSMIC, Li et al. (1997)
	Epigenetic silencing	Breast, colorectal	Goel et al. (2004), García et al. $(2004)$
AKTI	<b>GOF</b> mutation (E17K)	Breast, colorectal, ovarian, lung, bladder, endometrial, urothelial, prostate	Carpten et al. (2007), Shoji et al. $(2009)$ , Malanga et al. $(2008)$ , Boormans et al. (2010)
	Amplification	Gastric	Staal (1987)
AKT2	GOF mutation (E17K, others)	Breast, colorectal, lung	Sasaki et al. (2008); Stephens et al. (2012), Parsons et al. $(2005)$
	Amplification	Breast, colorectal, ovarian, pancreatic	Bellacosa et al. (1995), Cheng et al. (1996)
AKT3	GOF mutation (E17K. MAGI3-AKT3 fusion)	Breast, melanoma	Davies et al. (2008), Banerji et al. (2012)
	Amplification	<b>Breast</b>	Chin et al. (2014)
<b>PDPK1</b>	GOF mutation	Colorectal	Parsons et al. $(2005)$
<b>TSC1/2</b>	LOF mutation	Tuberous sclerosis	Jones et al. (1999)
<b>MTOR</b>	GOF mutation	Lung, renal, endometrial, melanoma	Grabiner et al. $(2014)$

<span id="page-4-0"></span>Table 1 Common genetic alterations of the PI3K-Akt-mTOR signaling pathway in human cancers

Abbreviations: COSMIC Catalog of somatic mutations in cancer [\(http://cancer.sanger.ac.uk](http://cancer.sanger.ac.uk)), GOF gain of function, LOF loss of function

the pathway, many of which are currently in clinical trials (Engelman [2009;](#page-25-0) Fruman and Rommel [2014;](#page-25-0) Fruman and Cantley [2014\)](#page-25-0).

Given the critical role of PI3K-Akt-mTOR signaling in driving tumorigenesis, the importance of the pathway in modulating metabolism in cancer cells has also become apparent in recent years. Here, we will focus on mechanisms by which the PI3K-Akt-mTOR signaling pathway is responsible for coordinating nutrient uptake and utilization, and how cancer cells exploit these metabolic processes to support enhanced growth and proliferation. In doing so, we hope to illustrate how metabolic changes in cancer are closely intertwined with oncogenic signaling pathways that drive tumor initiation and progression.

### 2 Signaling Through the PI3K-Akt-mTOR Pathway

The PI3K-Akt-mTOR pathway coordinates insulin signaling during organismal growth and is a critical mediator of a variety of physiological processes, including glucose homeostasis, protein synthesis, cell proliferation, cell growth, survival, and angiogenesis. In fact, its central role in cellular physiology is underscored by the conservation of the pathway back to Drosophila melanogaster and Caenorhabditis elegans; furthermore, mTOR, but not PI3K/Akt, is conserved as far back as yeast (Vivanco and Sawyers [2002](#page-32-0)). Given the importance of PI3K-Akt-mTOR signaling in controlling organismal growth, it is not unexpected that this pathway is one of the most frequently dysregulated signaling pathways in human cancers (Engelman [2009](#page-25-0)).

## 2.1 PI3K-Akt Pathway Activation

Activation of RTKs and G-protein-coupled receptors (GPCRs) by extracellular stimuli, including growth factors, leads to PI3K activation (Fig. [1\)](#page-6-0). As indicated above, PI3K is a lipid kinase that phosphorylates the 3′-hydroxyl group of the inositol ring of phosphatidylinositol to generate 3′-phosphoinositides (Whitman et al. [1988;](#page-32-0) Auger et al. [1989;](#page-22-0) Cantley [2002\)](#page-24-0). Accumulation of these lipid second messengers subsequently activates pathways that control fundamental cellular processes. One key 3'-phosphoinositide is phosphatidylinositol-3,4,5-trisphosphate  $(PI(3,4,5)P_3; PIP_3)$ , which is produced from phosphatidylinositol-4,5-bisphosphate ( $PI(4,5)P_2$ ;  $PIP_2$ ) by Class I PI3Ks. Negative regulation of the pathway is conferred by the lipid phosphatase, phosphatase and tensin homolog (PTEN), which converts PIP<sub>3</sub> back into  $PIP_2$  (Li et al. [1997](#page-27-0); Maehama and Dixon [1998](#page-28-0); Cantley and Neel [1999\)](#page-24-0). PIP<sub>3</sub> recruits inactive cytosolic molecules containing pleckstrin homology (PH) domains to the plasma membrane to promote their activation (Vanhaesebroeck and Waterfield [1999\)](#page-32-0). While these  $PIP_3$ -regulated effectors include multiple proteins such as PREX1, PREX2, and GRP1 that may all have important roles in cancer metabolism, here we focus on the serine/threonine AGC-family protein kinase Akt.  $PIP_3$  binds to the PH domain of Akt, recruiting it to the plasma membrane where it is phosphorylated at Thr308 by another  $PIP_3$ -recruited molecule, phosphoinositide-dependent protein kinase 1 (PDPK1) (Franke et al. [1997](#page-25-0); Alessi et al. [1997](#page-22-0); Stephens et al. [1998;](#page-31-0) Storz and Toker [2002\)](#page-31-0). For complete activation, Akt is also phosphorylated on Ser473 by the mammalian target of rapamycin complex 2 (mTORC2) (Bellacosa et al. [2005](#page-23-0); Saci et al. [2011\)](#page-30-0). In recent years, further mechanisms that account for full Akt activation have also been described, including Akt ubiquitination, sumoylation, and regulation by the cell cycle (Yang et al. [2009b](#page-33-0), [2010](#page-33-0), [2013;](#page-33-0) Chan et al. [2012](#page-24-0); Fan et al. [2013a](#page-25-0); Li

<span id="page-6-0"></span>

Fig. 1 PI3K-Akt-mTOR signaling pathway

et al. [2013](#page-27-0); Risso et al. [2013;](#page-30-0) de la Cruz-Herrera et al. [2015;](#page-24-0) Liu et al. [2014\)](#page-27-0). As more details behind these additional layers of regulation are clarified, it is becoming clear that the regulation of signaling downstream of PI3K is highly complex and multifaceted.

## 2.2 Downstream Effectors

PI3K-Akt pathway activation controls a wide variety of cellular processes. Broadly, the majority of the downstream effectors of Akt are regulated by two general mechanisms. First, Akt can acutely regulate various cellular processes in a post-translational manner by phosphorylating and controlling the activity, localization, or stability of its protein substrates. Second, Akt can establish longer-term changes in cellular behavior by phosphorylating and thereby influencing the activity of various transcription factors. It will become evident as we progress through our discussion of metabolism that in many cases, changes in metabolic processes are initiated by post-translational responses and then further reinforced by the induction of transcriptional programs.

#### 2.2.1 Post-translational Modulation

Upon full activation by dual phosphorylation at Ser473 and Thr308, Akt translocates to distinct subcellular compartments and phosphorylates various downstream substrates. Importantly, Akt preferentially phosphorylates substrate proteins in a sequence-specific context, with a minimally required amino acid motif of R-X-R-X-S/T- $\Psi$  (where X tends to be a hydrophilic amino acid and  $\Psi$  is hydrophobic; Fig. [1](#page-6-0)) (Alessi et al. [1996](#page-22-0); Obata et al. [2000;](#page-29-0) Manning and Cantley [2007\)](#page-28-0). Currently, close to 200 proposed substrates of Akt have been identified (Manning and Cantley [2007](#page-28-0)), and these substrates control a wide range of key cellular processes, including proliferation, growth, survival, motility, and metabolism. With regard to metabolism, Akt has been shown to directly phosphorylate several metabolic enzymes such as hexokinase (HK) and phosphofructokinase 2 (PFK2), which we will describe in greater detail in the following sections.

One of the major effectors that has emerged as a critical signaling component downstream of PI3K-Akt activation is the mammalian target of rapamycin complex 1 (mTORC1) (Fig. [1\)](#page-6-0). mTORC1 activation occurs at the lysosome, where it is activated by the GTP-bound form of the small G-protein Rheb. An important negative regulator of mTORC1 is the tuberous sclerosis (TSC) complex, which consists of the tumor suppressors tuberous sclerosis 1 (TSC1), tuberous sclerosis 2 (TSC2), and a recently described third protein, TBC1D7 (Tee et al. [2002](#page-31-0); Dibble et al. [2012](#page-25-0)). The TSC complex suppresses mTORC1 by acting as a GTPase-activating protein (GAP) for Rheb (Manning and Cantley [2003](#page-28-0); Tee et al. [2003\)](#page-31-0). Akt stimulates mTORC1 activity by inhibiting the TSC complex through phosphorylation of multiple sites on TSC2 (Manning et al. [2002\)](#page-28-0). TSC2 phosphorylation leads to dissociation of the TSC complex from the lysosome, thus relieving its inhibition of Rheb and resulting in mTORC1 activation (Menon et al. [2014\)](#page-28-0). Akt can also directly phosphorylate mTOR and an mTOR-associated protein, PRAS40 (AKT1S1), and these events may also promote activation of mTORC1 (Nave et al. [1999](#page-29-0); Sekulić et al. [2000](#page-30-0); Vander Haar et al. [2007\)](#page-32-0). Importantly, mTORC1 activation requires both active PI3K-Akt signaling and sufficient intracellular pools of amino acids. Hence, mTORC1 is considered to be a key integrator of systemic signals (such as growth factors) and local signals (nutrient availability), with its activation culminating in anabolic processes that promote growth such as protein synthesis and metabolism (Dibble and Manning [2013;](#page-25-0) Bar-Peled and Sabatini [2014](#page-23-0)). Indeed, the most well-studied substrates of mTORC1 are the ribosomal S6 kinases, S6K1 and S6K2, and the eIF4E (eukaryotic initiation factor 4E)-binding proteins, 4E-BP1 and 4E-BP2, which all have critical roles in regulating mRNA translation to enhance cellular growth and proliferation (Ma and Blenis [2009](#page-27-0)). In addition, recent emerging evidence has also demonstrated that signaling downstream of mTORC1 regulates anabolic metabolic processes, through translational and even direct post-translational modulation of metabolic enzymes.

#### 2.2.2 Transcriptional Output

In addition to acutely regulating various cellular processes through post-translational modifications, PI3K-Akt-mTOR signaling can also establish longer-term changes in cellular behavior by influencing the activity of various transcription factors (Fig. [1\)](#page-6-0). Here, we will briefly describe how PI3K-Akt-mTOR signaling regulates a few of these transcription factors, with particular emphasis on those that have a major role in modulating cellular metabolism.

#### FoxO

The forkhead box O (FoxO) transcription factor family, which consists of FoxO1, FoxO3, FoxO4, and FoxO6, functions primarily downstream of the insulin and insulin-like growth factor receptors to regulate diverse cellular processes, including proliferation, apoptosis, antioxidant responses, longevity, and metabolism (Tzivion et al. [2011\)](#page-31-0). As a major effector of insulin signaling, Akt was identified in early genetic and biochemical studies as a key regulator of FoxO function (Paradis and Ruvkun [1998\)](#page-29-0). FoxO1/3/4 each contains three Akt phosphorylation sites, while FoxO6 contains two. These phosphorylation events primarily serve as docking points for interactions with 14-3-3 proteins (Tzivion et al. [2011\)](#page-31-0). Upon binding, 14-3-3 proteins regulate the cellular localization of FoxO, both by increasing nuclear export of FoxO and by sequestering FoxO in the cytoplasm (Brunet et al. [2002\)](#page-24-0). 14-3-3 also masks the DNA-binding domain of FoxO, thus preventing it from binding to the promoters of its target genes (Obsil et al. [2003](#page-29-0); Silhan et al. [2009\)](#page-31-0). Together, the functional consequence of phosphorylation by Akt and subsequent 14-3-3 binding is the inhibition of FoxO-mediated transcriptional activity.

#### c-Myc

c-Myc is a key transcription factor encoded by the MYC oncogene that controls a number of physiological cellular processes, including cell growth, proliferation, apoptosis, and energy metabolism (Eilers and Eisenman [2008](#page-25-0)). c-Myc can also cooperate with PI3K to promote cell proliferation and transformation (Zhao et al. [2003\)](#page-33-0). Given the potential for this adverse consequence, multiple PI3K-mediated regulatory mechanisms exist to modulate and fine-tune c-Myc activity. For example, activation of Akt relieves FoxO-mediated inhibition of c-Myc target genes and enables the transformative capacity of c-Myc (Bouchard et al. [2004\)](#page-24-0). PI3K-Akt signaling also controls c-Myc protein stability through glycogen synthase kinase- $3\beta$ (GSK-3b), which is directly phosphorylated and inhibited by Akt. Inhibition of GSK-3b prevents c-Myc phosphorylation at Thr58 and its subsequent degradation, since phosphorylation at this site promotes its ubiquitination by the  $SCF<sup>Fbw7</sup>$ ubiquitin ligase followed by proteasomal degradation (Gregory et al. [2003](#page-26-0); Welcker et al. [2004\)](#page-32-0). Finally, S6K phosphorylates Ser145 on Mad1, which is an antagonist of c-Myc. Mad1 phosphorylation promotes its ubiquitination and degradation, leading to the upregulation of Myc-mediated transcription (Zhu et al. [2008](#page-33-0)).

#### HIFs

The hypoxia-inducible factor (HIF) family of transcription factors, which consists of three members, HIF1, HIF2, and HIF3, are activated in response to hypoxia in order to induce genes that facilitate adaptation to the hypoxic environment. These gene programs enable adaptation by directing glucose away from oxidative

phosphorylation toward glycolysis and lactate production and by the stimulation of angiogenesis to restore oxygen homeostasis. Each HIF consists of an oxygen-dependent  $\alpha$  subunit and a constitutively expressed  $\beta$  subunit, and the active heterodimer is stabilized under hypoxic conditions (reviewed in Brahimi-Horn et al. [2007](#page-24-0)). PI3K-Akt-mTOR signaling can also regulate HIF1 independently of oxygen concentration to stimulate its increased accumulation and activity in tumor cells (Zundel et al. [2000](#page-33-0); Zhong et al. [2000;](#page-33-0) Blancher et al. [2001;](#page-23-0) Chan et al. [2002;](#page-24-0) Bardos and Ashcroft [2004](#page-23-0)). This regulation occurs primarily at the level of both transcription and translation by mTORC1. Transcriptionally, both  $HIF1\alpha$  and  $HIF2\alpha$  message levels are elevated in an mTORC1-dependent manner in TSC2-null cells (Düvel et al. [2010](#page-25-0)). mTORC1 also selectively increases the translation of HIF1 $\alpha$  through the 5′-untranslated region of the HIF1 $\alpha$  mRNA by inhibiting 4E-BP1 to activate cap-dependent translation (Laughner et al. [2001;](#page-27-0) Thomas et al. [2006](#page-31-0); Düvel et al. [2010](#page-25-0)).

#### **SREBPs**

The sterol regulatory element-binding proteins (SREBPs), which consist of three isoforms SREBP-1a, SREBP-1c, and SREBP2, are transcription factors that function as central regulators of lipid homeostasis. SREBPs reside in the endoplasmic reticulum membrane in their inactive, full-length forms. In response to sterol depletion, the SREBPs are trafficked to the Golgi, where they are proteolytically activated. The cleaved N-terminal domain of SREBPs subsequently translocates to the nucleus and binds to sterol regulatory elements (SRE) to upregulate genes involved in the uptake and biosynthesis of cholesterol, fatty acids, triglycerides, and phospholipids (reviewed in Espenshade and Hughes [2007\)](#page-25-0). PI3K-Akt-mTOR signaling has been implicated in SREBP activation, since signaling through S6K1 promotes the accumulation of the active form of SREBP1 (Porstmann et al. [2008;](#page-29-0) Düvel et al.  $2010$ ). Furthermore, inhibition of GSK-3 $\beta$  by Akt also enhances the stability of SREBP, which can be phosphorylated by  $GSK-3\beta$  and directed for ubiquitination by the  $SCF<sup>Fbw7</sup>$  ubiquitin ligase and subsequent proteasomal degradation (Kim et al. [2004b](#page-27-0); Sundqvist et al. [2005](#page-31-0)).

## 3 The PI3K-Akt-mTOR Pathway Regulates Glucose Metabolism and the Warburg Effect

The altered metabolism of cancer cells was first noted in 1924, when Otto Warburg observed that tumors in rats take up more than ten times as much glucose as compared to corresponding normal tissue, and that this glucose is primarily converted to lactate (Warburg [1956\)](#page-32-0). This led to the hypothesis that through a process known as aerobic glycolysis, or the "Warburg effect," cancer cells promote the glycolytic conversion of glucose into lactate even in the presence of sufficient oxygen to support mitochondrial oxidative phosphorylation. Recently, it has become evident that the switch to aerobic glycolysis provides tumor cells with a proliferative advantage (Vander Heiden et al. [2009\)](#page-32-0). Hence, there has been intense

investigation into the mechanisms by which this process is activated and regulated in an effort to exploit this pathway for therapeutic gain.

One major mechanism by which this occurs is through the oncogenic activation of PI3K-Akt-mTOR signaling. For example, immortalized hematopoietic cells transformed by a constitutively active mutant of Akt display aerobic glycolysis that is, higher rates of glycolysis without effects on the rate of oxidative phosphorylation (Elstrom et al. [2004](#page-25-0)). Similar results were found in human glioblastoma cells possessing constitutive Akt activity. Importantly, these cells are dependent on aerobic glycolysis for growth and survival, since they are more susceptible to cell death after glucose withdrawal. Together, these findings indicate that PI3K-Akt-mTOR signaling is sufficient to stimulate the switch to aerobic glycolysis. Since the studies described above, it has become clear that this switch is achieved through a number of mechanisms that converge on the regulation of glycolysis, which we describe below.

## 3.1 Glucose Uptake

Enhanced glucose uptake is a requisite event for aerobic glycolysis. Under normal physiological conditions, the PI3K-Akt-mTOR signaling pathway is a major regulator of glucose uptake, through both post-translational and transcriptional effects. At the post-translational level, glucose uptake is stimulated primarily through the regulation of glucose transporter trafficking (Fig. [2\)](#page-11-0). For example, acute insulin treatment in adipocytes and muscle cells leads to the translocation of the glucose transporter GLUT4 to the plasma membrane (Huang and Czech [2007](#page-26-0)), in a manner that is dependent on PI3K and Akt (Okada et al. [1994;](#page-29-0) Kotani et al. [1995](#page-27-0); Kohn et al. [1996](#page-27-0); Cong et al. [1997](#page-24-0)). Interestingly, insulin-stimulated GLUT4 translocation is specifically dependent on the Akt2 isoform, since translocation is impaired in adipocytes upon Akt2 knockout or knockdown and cannot be rescued by Akt1 expression (Katome et al. [2003;](#page-26-0) Bae et al. [2003](#page-22-0)). Following insulin stimulation of adipocytes, Akt2 is preferentially localized to the plasma membrane, where it phosphorylates and inhibits the RabGAP AS160 (Gonzalez and McGraw [2009\)](#page-26-0). Inhibition of AS160 is required for GLUT4 vesicle docking and fusion with the plasma membrane (Sano et al. [2003;](#page-30-0) Larance et al. [2005](#page-27-0)). As a consequence, insulin stimulation leads to GLUT4 localization at the plasma membrane, which enables glucose uptake. Another contributing mechanism is the activating phosphorylation of the phosphatidylinositol 3-phosphate 5-kinase PIKfyve by Akt (Berwick et al. [2004](#page-23-0)). PIKfyve participates in endosomal trafficking through the generation of  $PI(3,5)P_2$  from  $PI(3)P$ , and these lipid species appear to positively regulate GLUT4 trafficking to the plasma membrane through a poorly understood mechanism (Ikonomov et al. [2002;](#page-26-0) Sbrissa et al. [2004;](#page-30-0) Berwick et al. [2004;](#page-23-0) Ikonomov et al. [2007](#page-26-0); Shisheva [2008](#page-30-0); Ikonomov et al. [2009\)](#page-26-0).

Although regulation of GLUT4 by Akt has been relatively well studied, it is important to note that GLUT4 is a muscle- and fat-cell-specific glucose transporter. In other words, most cancer cells do not express GLUT4, and rather express the

<span id="page-11-0"></span>

**Fig. 2** PI3K-Akt-mTOR signaling regulates glucose uptake and glycolysis. Filled green square target genes for c-Myc; filled green star target genes for HIF; filled red circle genes that are repressed by FoxO activation. HK hexokinase; G6P glucose 6-phosphate; GPI glucose 6-phosphate isomerase; F6P fructose 6-phosphate; PFK1/2 phosphofructokinase 1/2; FBP fructose 1,6-bisphosphate; DHAP dihydroxyacetone phosphate; Ga3P glyceraldehyde 3-phosphate; TPI triose phosphate isomerase; GAPDH glyceraldehyde 3-phosphate dehydrogenase; 1,3-BPG 1,3-bisphosphoglycerate; PGK phosphoglycerate kinase; 3-PG 3-phosphoglycerate; PGM phosphoglycerate mutase; 2-PG 2-phosphoglycerate; PEP phosphoenolpyruvate; PK pyruvate kinase; LDH lactate dehydrogenase; PDH pyruvate dehydrogenase; PDK1 pyruvate dehydrogenase kinase 1; ATP adenosine triphosphate; ADP adenosine diphosphate; NADH nicotinamide adenine dinucleotide

embryonic glucose transporter isoform, GLUT1. Notably, GLUT1 has a high affinity for glucose and may be selected for by cancer cells to increase glucose transport efficiency (Ganapathy et al. [2009](#page-25-0)). PI3K-Akt signaling has also been proposed to regulate GLUT1 trafficking to the plasma membrane (Rathmell et al. [2003;](#page-30-0) Bentley et al. [2003](#page-23-0)). However, the specific mechanisms by which such regulation occurs remains an important open question. Of interest, thioredoxin-interacting protein (TXNIP) was recently shown to negatively regulate glucose uptake by binding to GLUT1 and inducing its internalization through clathrin-coated pits. Upon energy stress, TXNIP is phosphorylated by AMP-dependent protein kinase (AMPK), which leads to its rapid degradation and subsequent induction of GLUT1 activity (Parikh et al. [2007](#page-29-0); Stoltzman et al. [2008;](#page-31-0) Wu et al. [2013\)](#page-32-0). Given this regulation of GLUT1 trafficking by AMPK signaling, it would be interesting to evaluate whether TXNIP plays a role in GLUT1 regulation downstream of PI3K-Akt-mTOR signaling.

The glucose transporters are also regulated by PI3K-Akt-mTOR signaling at the transcriptional level (Fig. 2). Constitutive Akt activation results in elevated GLUT1 mRNA and protein levels, but not GLUT4 (Kohn et al. [1996](#page-27-0); Barthel et al. [1999\)](#page-23-0). Increased expression of GLUT1 is dependent on mTORC1 and its subsequent upregulation of HIF1 $\alpha$  levels and activity (Wieman et al. [2007](#page-32-0); Zhou et al. [2008;](#page-33-0)

Düvel et al. [2010\)](#page-25-0). GLUT1 can also be transcriptionally upregulated by c-Myc (Osthus et al. [2000](#page-29-0); Ying et al. [2012\)](#page-33-0), which lies downstream of PI3K.

Taken together, oncogenic activation of the PI3K-Akt-mTOR signaling network promotes post-translational regulation of glucose transporter trafficking to the plasma membrane, which is reinforced by transcriptional upregulation of the glucose transporter genes. These mechanisms combine to robustly stimulate glucose uptake in cancer cells, thus providing them with sufficient amounts of the substrate required for aerobic glycolysis.

#### 3.1.1 Glucose Uptake in the Clinic

Well before the mechanistic details concerning growth factor- and/or oncogene-mediated glucose uptake were understood, an appreciation for the glucose avidity of cancer cells was exploited clinically. Indeed, for more than 30 years now, uptake of the radioactive glucose analog 18-fluoro-deoxyglucose  $(^{18}FDG)$  has been used to diagnose and stage tumors and to monitor response to treatment. This is done using a technique that allows tumors to be imaged by positron emission tomography (PET), where cellular uptake of  $^{18}$ FDG is directly proportional to PET response (Ben-Haim and Ell [2009\)](#page-23-0). Importantly, given the relationship between PI3K-Akt-mTOR signaling and glucose uptake, <sup>18</sup>FDG-PET has been used as a method to monitor tumor responses to drugs that target the PI3K-Akt-mTOR pathway. For example, in a mouse model of lung cancer driven by the oncogenic  $PIK3CA(H1047R)$  mutation, <sup>18</sup>FDG-PET imaging of lung tumors following administration of a dual PI3K-mTOR inhibitor for 4 days revealed that the  $^{18}$ FDG signal was significantly reduced, consistent with a measurable decrease in tumor size (Engelman et al.  $2008$ ). <sup>18</sup>FDG-PET was similarly used in a triple-negative breast cancer mouse model to demonstrate that tumors show a decrease in <sup>18</sup>FDG uptake in response to PI3K inhibition (Juvekar et al. [2012](#page-26-0)). Significantly, these results suggest that inhibition of 18FDG uptake by tumors may be an early and predictive pharmacodynamic marker for the efficacy of PI3K pathway inhibitors in the clinic. Indeed, a recent phase I study showed that the subset of patients who obtained a clinical benefit (partial tumor shrinkage) from PI3K inhibitor therapy exhibited a decline in  $^{18}$ FDG-PET signal within two weeks of initiating drug treatment, while those whose tumors did not show this early decline in <sup>18</sup>FDG-PET had no tumor shrinkage (Mayer et al. [2014\)](#page-28-0). Thus, early changes in <sup>18</sup>FDG-PET might be more effective than mutational analysis in predicting which patients will respond to PI3K inhibitors (see Rodon et al. [2013](#page-30-0) for review).

## 3.2 Regulation of Glycolytic Enzymes

PI3K-Akt-mTOR signaling also promotes aerobic glycolysis by directly regulating multiple nodes in glycolysis. For example, an early study demonstrated that both Akt and S6K can phosphorylate the bifunctional enzyme PFK-2/FBPase-2 (PFK2) in vitro, resulting in increased PFK-2 activity (Deprez et al. [1997](#page-25-0)). PFK2 regulates glycolysis by generating fructose 2,6-bisphosphate, which is the most potent known allosteric activator of PFK1, a rate-limiting enzyme for glycolysis (Fig. [2\)](#page-11-0). Hence, PI3K-Akt signaling can indirectly activate PFK1 and stimulate glycolysis through PFK2 phosphorylation. It should be noted that PFK2 phosphorylation and glycolytic flux studies for PFK2 activity in the context of PI3K-Akt-mTOR signaling have not been carefully done in vivo. Furthermore, although one study has shown in prostate cancer cells that androgen treatment stimulates glycolysis by increasing PFK2 activity in a PI3K-dependent manner (Moon et al. [2011\)](#page-28-0), a more comprehensive understanding of the broader applicability of Akt- or S6K-mediated phosphorylation of PFK2 in the reprogrammed metabolism of cancer cells remains to be determined.

Akt activation has also been implicated in increasing the activity of hexokinase (HK), which is overexpressed in multiple cancers and has been shown to be a key mediator of aerobic glycolysis, increased cell proliferation, and therapeutic resistance (Pastorino et al. [2005;](#page-29-0) Mathupala et al. [2006](#page-28-0); Ahn et al. [2009;](#page-22-0) Wolf et al. [2011\)](#page-32-0). HK catalyzes the first, and first rate-limiting, step of glycolysis by phosphorylating glucose to form glucose 6-phosphate (G6P) (Rathmell et al. [2003](#page-30-0)) (Fig. [2](#page-11-0)). Akt promotes the association of hexokinase I (HK1) and hexokinase II (HK2) with mitochondria through interactions with voltage-dependent anion channels (VDAC) and the outer mitochondrial membrane (OMM) (Majewski et al. [2004a](#page-28-0); Robey and Hay [2009\)](#page-30-0). The specific mechanisms by which this occurs are not yet entirely clear, but, at least for HK2, mitochondrial association is promoted in part by Akt-mediated phosphorylation of HK2 at Thr473 (Roberts et al. [2013](#page-30-0)). Akt also indirectly promotes mitochondrial HK2 association by inhibiting GSK-3b, which when active phosphorylates VDAC and inhibits its ability to bind HK2 (Pastorino et al. [2005\)](#page-29-0).

Mitochondrial HK association serves several functions. First, it has been suggested to increase HK activity and to direct G6P toward glycolysis, as opposed to glycogen synthesis (Gottlob et al. [2001](#page-26-0); John et al. [2011;](#page-26-0) Yeo et al. [2013\)](#page-33-0). Mitochondrial HKs also directly couple mitochondrial ATP synthesis to glycolysis by preferentially using intramitochondrial ATP to phosphorylate glucose, thus efficiently regenerating ADP that can be directed back to support oxidative phosphorylation (Gottlob et al. [2001](#page-26-0); Robey and Hay [2009](#page-30-0)). Finally, mitochondrial HKs are required for Akt-mediated inhibition of apoptosis in response to a variety of apoptotic stimuli, since they maintain mitochondrial integrity and prevent cytochrome c release by competing with the binding of Bax and Bak on the OMM (Pastorino et al. [2002](#page-29-0), Majewski et al. [2004a,](#page-28-0) [b;](#page-28-0) Miyamoto et al. [2008\)](#page-28-0). In this way, the anti-apoptotic role of Akt is closely linked with its regulation of glucose metabolism, which provides a mechanism by which metabolism and cell survival are coupled.

In addition to post-translational regulation of glycolytic enzymes, PI3K-AktmTOR signaling also controls the expression of glycolytic genes (Fig. [2](#page-11-0)). One of the primary transcription factors through which this is regulated is HIF1.  $mTORC1-mediated upregulation of HIF1\alpha increases the expression of GLUT1 and$ GLUT3, as well as almost all genes involved in glycolysis (Semenza et al. [1994](#page-30-0), [1996;](#page-30-0) Denko [2008;](#page-25-0) Düvel et al. [2010](#page-25-0)). Interestingly, in addition to upregulating glycolysis, HIF1 also inhibits mitochondrial respiration, primarily by modulating the fate of pyruvate. HIF1 induces the expression of pyruvate dehydrogenase kinase 1 (PDK1), which phosphorylates and inhibits pyruvate dehydrogenase (PDH) (Kim et al. [2006](#page-27-0); Papandreou et al. [2006](#page-29-0)). PDH is responsible for the oxidation of pyruvate by converting it into acetyl-CoA, which enters the tricarboxylic acid (TCA) cycle and condenses with oxaloacetate to form citrate (Fig. [2\)](#page-11-0). Therefore, PDH inhibition by PDK1 shunts pyruvate away from mitochondrial metabolism and oxidative phosphorylation. Another consequence of this, however, is that the reduced nicotinamide adenine dinucleotide (NADH) produced from glycolysis is no longer recycled by oxidative phosphorylation to regenerate NAD<sup>+</sup>, which is a critical cofactor for glycolytic activity. This is resolved by the upregulation of lactate dehydrogenase A (LDHA) by HIF1 (Semenza et al. [1996\)](#page-30-0). LDHA regenerates  $NAD<sup>+</sup>$  from NADH in the process of converting pyruvate into lactate, thus explaining the increased lactate production that is a hallmark of aerobic glycolysis.

Other transcription factors in the PI3K-Akt-mTOR signaling network, such as c-Myc and FoxO, also contribute to glycolytic gene expression. Like HIF1, c-Myc can directly regulate almost all the genes involved in glycolysis, including GLUT1, glucose phosphate isomerase (GPI), PFK1, glyceraldehyde 3-phosphate dehydrogenase (GAPDH), triosephosphate isomerase (TPI), phosphoglycerate kinase 1  $(PGK1)$ , and enolase  $(ENO1)$  (Osthus et al. [2000](#page-29-0); Kim et al. [2004a](#page-27-0)). It is important to note that such regulation can be highly fine-tuned and context dependent, as c-Myc activation does not necessarily always upregulate all glycolytic genes in a given tumor. c-Myc can also increase the expression of LDHA and PDK1, which shifts glycolysis toward lactate production as opposed to mitochondrial metabolism, as described above (Shim et al. [1997](#page-30-0); Dang [2007\)](#page-24-0). Finally, activation of the FoxO transcription factors results in the decreased expression of several glycolytic genes, including glucokinase (GCK), GPI, aldolase B (ALDOB), ENO1, and pyruvate kinase 1 (PK1) (Zhang et al. [2006](#page-33-0)). Hence, inhibition of FoxO by Akt relieves the suppression of glycolytic gene expression. Interestingly, an Akt-independent mechanism of FoxO regulation that impinges on glycolysis has also been demonstrated in glioblastoma (Masui et al. [2013\)](#page-28-0). Specifically, mTORC2 promotes the inactivating phosphorylation of several histone deacetylases, which results in the acetylation and inactivation of FoxO. The regulation of glycolysis by FoxO occurs, at least in part, through transcriptional upregulation of TSC1 by FoxO, which attenuates mTORC1 activation and its effects on glycolytic gene expression (Khatri et al. [2010\)](#page-26-0). FoxO also antagonizes c-Myc, in part through the increased expression of miR-145 and miR-34c, which limits c-Myc mRNA stability and translation (Gan et al. [2010](#page-25-0); Kress et al. [2011](#page-27-0); Peck et al. [2013\)](#page-29-0).

Taken together, activation of the PI3K-Akt-mTOR network initiates a variety of mechanisms at both the post-translational and the transcriptional levels that converge to strongly stimulate the metabolism of glucose in glycolysis and to divert glucose carbon from being oxidized in the mitochondria. Several of the alternative biosynthetic fates of this carbon are described below.

## 4 Beyond Aerobic Glycolysis: Coordination with Anabolic Metabolism

Despite clear evidence that cancer cells reprogram glucose metabolism to favor aerobic glycolysis, the precise molecular reasons for this shift remain to be determined. Initial explanations proposed that aerobic glycolysis constituted a shift to glycolytic ATP production and energy dependence, as opposed to generation of ATP through mitochondrial oxidative phosphorylation. In fact, Warburg initially hypothesized that most cancer cells likely have mitochondrial defects that impair oxidative phosphorylation, thus forcing them to rely on glycolysis for energy production (Warburg [1956\)](#page-32-0). However, several studies have shown that mitochondrial function is intact in most cancer cells (Weinhouse [1976;](#page-32-0) Fantin et al. [2006;](#page-25-0) Moreno-Sanchez et al. [2007\)](#page-28-0).

The predominant logic in the field now posits that aerobic glycolysis is activated to provide cells with unrestricted access to basic cellular building blocks, in the form of glucose carbon, from which to draw for biosynthetic purposes (Vander Heiden et al. [2009](#page-32-0)). In particular, cancer cells must promote an anabolic state to produce the nucleotides, amino acids, and lipids needed to grow and divide. In other words, the enhanced glycolytic flux in cancer cells functions primarily to catabolize glucose into biosynthetic intermediates that are used for anabolic processes to meet the increased demands of enhanced growth and proliferation.

This concept is particularly evident when considering the integration of oncogenic PI3K-Akt-mTOR signaling with metabolic reprogramming in cancer. Activation of the signaling pathway does not merely stimulate aerobic glycolysis, but also tightly coordinates it with downstream anabolic processes to synthesize metabolites required for malignant cell growth and proliferation. The specific mechanism by which the PI3K-Akt-mTOR network regulates the metabolism of cellular building blocks such as nucleotides, lipids, and amino acids is an active area of investigation, and much remains to be delineated. Here, we describe a few mechanisms by which PI3K-Akt-mTOR signaling controls these processes.

## 4.1 Pentose Phosphate Pathway

The pentose phosphate pathway (PPP) branches off from glycolysis and uses glycolytic intermediates to generate reducing power in the form of nicotinamide adenine dinucleotide phosphate (NADPH) and 5-carbon sugars. There are two distinct but related phases of the pathway: the oxidative branch and the nonoxidative branch. In the oxidative PPP, glucose is oxidized to facilitate the production of NADPH, a reducing equivalent that contributes both to maintaining redox homeostasis and to providing sufficient reducing power for various anabolic processes. The reduction of  $NADP<sup>+</sup>$  in the oxidative arm of the PPP occurs in two steps, ultimately converting glucose 6-phosphate into ribulose 5-phosphate (Ru5P), which is then directed into ribose 5-phosphate (R5P) (Fig. [3\)](#page-16-0). This R5P can be used as a precursor in RNA and DNA biosyntheses, or it can be recycled back into

<span id="page-16-0"></span>

Fig. 3 PI3K-Akt-mTOR signaling coordinates the pentose phosphate pathway with lipid and nucleotide metabolism. Filled Green square genes that are upregulated by mTORC1 activation; filled green star target genes for SREBP1; filled red circle genes that are repressed by FoxO activation. For the purposes of representing these pathways schematically, information about the subcellular location of enzymes or signaling proteins is not conveyed. PPP pentose phosphate pathway; G6PD glucose 6-phosphate dehydrogenase; G $\delta$ L6P 6-phosphogluconolactone; PGLS 6-phosphogluconolactonase; 6PG 6-phosphogluconate; PGD 6-phosphogluconate dehydrogenase; NADPH nicotinamide adenine dinucleotide phosphate; Ru5P ribulose 5-phosphate; RPE ribulose 5-phosphate epimerase; RPIA ribulose 5-phosphate isomerase; X5P xylulose 5-phosphate; R5P ribose 5-phosphate; TKT transketolase; S7P sedoheptulose 7-phosphate; E4P erythrose 4-phosphate; TALDO1 transaldolase 1; SBP sedoheptulose-1,7-bisphosphate; CPT1A carnitine palmitoyltransferase 1A; ACL ATP citrate lyase; Gln glutamine; CAD carbamoyl-phosphate synthetase 2, aspartate transcarbamylase, and dihydroorotase; PRPP phosphoribosyl pyrophosphate. Double asterisk this reaction (SBP synthesis) has not been demonstrated in mammalian cells and has thus far only been observed in yeast

glycolytic intermediates through the nonoxidative arm of the PPP. In certain contexts, the nonoxidative arm can be used to generate R5P from the glycolytic intermediates fructose 6-phosphate (F6P) and glyceraldehyde 3-phosphate (Ga3P), thereby bypassing the oxidative arm. This pathway has been described to be operative when the oxidative arm is inhibited and/or when alternative sources of NADPH generation dominate (Ying et al. [2012](#page-33-0); Stanton [2012;](#page-31-0) Son et al. [2013\)](#page-31-0).

Both branches of the PPP have been shown to be important in human cancers. For example, activity of the rate-limiting enzyme glucose 6-phosphate dehydrogenase (G6PD) in the oxidative arm and expression of transketolase (TKT) in the nonoxidative arm are frequently elevated in a variety of cancers (Zampella et al. [1982;](#page-33-0)

Bokun et al. [1987;](#page-23-0) Dessì et al. [1988;](#page-25-0) Langbein et al. [2006](#page-27-0); Krockenberger et al. [2007;](#page-27-0) Langbein et al. [2008](#page-27-0)). Indeed, PI3K-Akt-mTOR signaling has been implicated in the regulation of the pentose phosphate pathway (Fig. [3\)](#page-16-0). For example, activation of mTORC1 is sufficient to upregulate the expression of genes involved in the pathway, including G6PD, 6-phosphogluconate dehydrogenase (PGD), ribulose 5-phosphate epimerase (RPE), ribulose 5-phosphate isomerase (RPIA), and transaldolase 1 (TALDO1). G6PD expression in particular is mediated by SREBP1 activation downstream of S6K1, while how mTORC1 induces the expression of the other PPP genes is unknown (Düvel et al. [2010\)](#page-25-0). PI3K-Akt-mTOR signaling also stimulates the production of R5P, although the relative contribution from the oxidative branch versus the nonoxidative branch varies in a cell-type and context-dependent manner. For example, constitutive mTORC1 activity stimulates R5P generation predominantly by increased flux through the oxidative PPP (Düvel et al. [2010](#page-25-0)). In contrast, several studies have suggested that the nonoxidative branch of the pathway supplies the majority of the R5P used in nucleotide synthesis (Raivio et al. [1981;](#page-29-0) Boss and Pilz [1985](#page-24-0); Boros et al. [1997](#page-23-0), [2001;](#page-23-0) Ying et al. [2012\)](#page-33-0), and PI3K inhibition can selectively inhibit the nonoxidative branch of the PPP (Wang et al. [2009](#page-32-0)). From these studies, it is clear that the PI3K-Akt-mTOR signaling pathway has a critical role in dictating PPP activity; however, the exact mechanisms explaining tissue-specific and context-dependent effects remain to be fully characterized.

#### 4.2 Nucleotide Biosynthesis

By stimulating the production of R5P through the PPP, the PI3K-Akt-mTOR network provides the building block for de novo nucleotide biosynthesis (Fig. [3\)](#page-16-0). As such, it would seem logical that there would be coordination between PI3K-Akt-mTOR signaling-mediated increases in R5P levels and enhanced nucleotide synthesis. Indeed, mTORC1 acutely stimulates flux through the de novo pyrimidine biosynthetic pathway through S6K1. S6K1 directly phosphorylates S1859 on CAD (carbamoyl-phosphate synthetase 2, aspartate transcarbamylase, and dihydroorotase), the rate-limiting multifunctional enzyme that mediates the first three steps of de novo pyrimidine synthesis. This phosphorylation event drives the activity of CAD to increase pyrimidine biosynthetic flux (Ben-Sahra et al. [2013;](#page-23-0) Robitaille et al. [2013\)](#page-30-0). Whether CAD phosphorylation by S6K1 is necessary to sustain the enhanced growth and proliferation of cancer cells in the context of oncogenic signaling is an important question that will need to be addressed.

There is also evidence that PI3K-Akt signaling may regulate purine metabolism, although the mechanisms are not as clear. In C2C12 cells, inhibition of PI3K or Akt, but not mTORC1, decreased flux through both the de novo purine biosynthetic pathway and the purine salvage pathway, in part through reducing the availability of phosphoribosyl pyrophosphate (PRPP), which is required for the first step of both purine biosynthesis and purine salvage. Reduced PRPP levels are likely due to inhibition of R5P production through the PPP, since R5P is incorporated into PRPP (Fig. [3](#page-16-0)). Interestingly, it was also found in cell extracts that the activity of ATIC,

which catalyzes the last two steps of de novo purine synthesis, is reduced by PI3K inhibition (Wang et al. [2009\)](#page-32-0). ATIC does not have a consensus Akt substrate motif, however, suggesting that the potential regulation of ATIC enzymatic activity by Akt is indirect. Furthermore, the expression of the genes involved in purine synthesis and salvage was not assessed upon PI3K inhibition. It is clear that much remains to be understood regarding how the PI3K-Akt-mTOR network regulates purine metabolism, and especially in the context of oncogenic signaling in cancer cells.

## 4.3 Lipid Synthesis

Most normal cells have low rates of lipid synthesis, and only a few specialized cell types, such as hepatocytes and adipocytes, are designed to produce lipids. On the other hand, nearly all tumor cells have an increased rate of de novo lipid synthesis (Menendez and Lupu [2007\)](#page-28-0). This metabolic feature allows cancer cells to autonomously generate lipids to form new membranes and to support other features associated with cell division and proliferation.

PI3K-Akt-mTOR signaling also has an important role in initiating both post-translational and transcriptional programs to stimulate de novo lipid synthesis. At the post-translational level, Akt has been proposed to phosphorylate Ser454 on ATP citrate lyase (ACL), which converts citrate to cytosolic acetyl-CoA that is required for lipid biosynthesis (Fig. [3](#page-16-0)) (Berwick et al. [2002](#page-23-0); Sale et al. [2006](#page-30-0); Migita et al. [2008\)](#page-28-0). ACL phosphorylation on Ser454 increases its enzymatic activity in vitro (Potapova et al. [2000\)](#page-29-0), although careful in vivo studies evaluating the contribution of phosphorylation at this site still need to be performed. It is also important to note that the proposed Akt phosphorylation site lacks the critical Arg at the −5 position, suggesting that there may be an intermediate kinase between Akt and ACL. Nevertheless, there is clear genetic evidence linking ACL phosphorylation to PI3K-Akt signaling. For instance, in nonsmall cell lung cancer, ACL phosphorylation is associated with PI3K-Akt activation, since inhibition of the pathway blocks ACL phosphorylation and activity. Direct knockdown of ACL induces cell-cycle arrest in vitro and inhibits tumor growth in vivo (Migita et al. [2008\)](#page-28-0). ACL knockdown also impairs Akt-mediated leukemogenesis (Bauer et al. [2005\)](#page-23-0). Taken together, ACL is a critical downstream effector of PI3K-Akt signaling that is post-translationally regulated to enhance de novo lipid synthesis.

The PI3K-Akt-mTOR network also establishes multiple transcriptional programs that converge to stimulate fatty acid and lipid synthesis. First, as previously described, mTORC1-mediated upregulation of the oxidative PPP generates NADPH. NADPH is required for lipid synthesis, as it provides the reducing power necessary for extending the carbon units on fatty acid chains (Fig. [3\)](#page-16-0). mTORC1 also upregulates genes involved in the cholesterol and fatty acid biosynthetic pathways, primarily through activation of SREBP (Porstmann et al. [2005](#page-29-0), [2008;](#page-29-0) Düvel et al. [2010](#page-25-0)). Indeed, one key target of SREBP, fatty acid synthase (FASN), is highly expressed in many types of human cancer (Van de Sande et al. [2002](#page-32-0), [2005;](#page-32-0) Menendez and Lupu [2007](#page-28-0)). Moreover, at least in the liver, FoxO transcription factors inhibit lipogenesis by suppressing the expression of lipogenic genes, in part through their suppression of SREBP-1c (Zhang et al. [2006](#page-33-0); Deng et al. [2012\)](#page-25-0). Therefore, Akt-mediated inhibition of FoxO relieves this suppression of lipid synthesis. Finally, in addition to stimulating lipid synthesis, PI3K-Akt signaling also suppresses  $\beta$ -oxidation, the process by which lipids are catabolized, by decreasing the expression of the  $\beta$ -oxidation enzyme carnitine palmitoyltransferase 1A (CPT1A) (Deberardinis et al. [2006](#page-24-0)). The PI3K-regulated transcription factor responsible for this effect, however, has not yet been identified. Taken together, these transcriptional programs combine with the post-translational levels of regulation described above to robustly enhance lipogenesis in cancer cells driven by oncogenic PI3K-Akt-mTOR signaling.

## 4.4 Glutamine Metabolism

Due to a metabolic shift to aerobic glycolysis in cancer cells, many of the central glucose-derived intermediates are directed away from the mitochondria, where the TCA cycle and oxidative phosphorylation occur. Biosynthetic activity in the TCA cycle, however, is essential to proliferating cells as it provides intermediates for amino acid, nucleotide, and lipid biosynthesis. As a result, cancer cells must coordinate a shift to aerobic glycolysis with mechanisms to compensate for the depletion of TCA cycle intermediates, in a process known as anaplerosis. One major pathway by which anaplerosis occurs is through the utilization of glutamine, which can be converted into  $\alpha$ -ketoglutarate ( $\alpha$ KG) and fed into the TCA cycle (Fig. [4](#page-20-0)) (Hensley et al. [2013\)](#page-26-0). In fact, some cancer cells generate more than half of their ATP from glutamine-derived aKG (Reitzer et al. [1979;](#page-30-0) Fan et al. [2013b](#page-25-0)).

Since PI3K-Akt-mTOR signaling stimulates aerobic glycolysis, it must, in some way, also initiate mechanisms to facilitate anaplerosis. Early studies indicated that insulin can acutely stimulate glutamine transport, at least in primary cultures of rat skeletal muscle cells and hepatocytes (Gebhardt and Kleemann [1987;](#page-26-0) Tadros et al. [1993;](#page-31-0) Low et al. [1996\)](#page-27-0). IGF-1 has also been shown to stimulate glutamine uptake in a human neuroblastoma cell line when extracellular glutamine concentrations are limited (Wasa et al. [2001](#page-32-0)). In addition, mTORC1 was recently shown to increase glutamine uptake in TSC2-null MEFs and in various human epithelial tumor cell lines (Csibi et al. [2013](#page-24-0)). Although one study in Xenopus oocytes suggested that the stability of the glutamine transporter SN1 may be promoted by Akt and the related serum- and glucocorticoid-dependent kinases SGK1 and SGK3 (Boehmer et al. [2003\)](#page-23-0), the detailed mechanisms behind the acute stimulation of glutamine transport by insulin are not known. At the transcriptional level, glutamine uptake may be stimulated in part by upregulation of the glutamine transporters ASCT2 and SN2 by c-Myc (Wise et al. [2008;](#page-32-0) Li and Simon [2013\)](#page-27-0), which can be activated by the PI3K-Akt-mTOR network.

The first and rate-limiting step for anaplerotic utilization of glutamine carbon within the mitochondria is its deamination to glutamate (Fig. [4\)](#page-20-0). This reaction is mediated by the enzyme glutaminase (GLS). The reverse reaction is catalyzed by

<span id="page-20-0"></span>

**Fig. 4** PI3K-Akt-mTOR signaling regulates glutamine uptake and utilization. Filled green square target genes for CREB2; filled green star target genes for c-Myc; filled red circle target genes for FoxO. Gln glutamine; GLUL glutamine synthetase; GLS glutaminase; GDH glutamate dehydrogenase; NEAA nonessential amino acid

glutamine synthetase (GLUL), which condenses glutamate and ammonia in an ATP-dependent reaction to form glutamine. Both of these enzymes can be regulated transcriptionally by PI3K-Akt-mTOR signaling. GLS is a c-Myc target gene (Wise et al. [2008;](#page-32-0) Gao et al. [2009;](#page-26-0) Li and Simon [2013](#page-27-0)), while GLUL expression is increased by FoxO activation. Hence, upon PI3K-Akt-mTOR pathway activation, c-Myc activation and FoxO inhibition result in the upregulation of GLS concurrent with the downregulation of GLUL (van der Vos et al. [2012\)](#page-32-0). Together, this promotes increased glutaminolysis and subsequent utilization of glutamate.

It is worth noting that glutamine can also be converted to glutamate by a number of other mechanisms, including transaminase-mediated nitrogen transfer. Such transaminases include asparagine synthetase (ASNS) and glutamine-fructose-6-phosphate transaminase 1 (GFPT1), which utilize the amide nitrogen of glutamine for anabolic processes such as nucleotide base synthesis and protein glycosylation, respectively (Ying et al. [2012;](#page-33-0) Balasubramanian et al. [2013](#page-22-0)). Whether the PI3K-Akt-mTOR pathway regulates these glutamine transaminases is not known.

Glutamate can then be converted into aKG by glutamate dehydrogenase (GDH) or transaminases, and  $\alpha$ KG is used to replenish the TCA cycle (Fig. [4\)](#page-20-0). Consistent with increased utilization of glutamine, mTORC1 activation elevates GDH activity in MEFs and human epithelial tumor cell lines by suppressing SIRT4-mediated inhibition of GDH. SIRT4 is a mitochondrial enzyme that ADP ribosylates GDH to inhibit its activity (Haigis et al. [2006\)](#page-26-0). mTORC1 suppresses SIRT4 mRNA expression by promoting the destabilization of the transcription factor CREB2 (Csibi et al. [2013](#page-24-0)). In another study, however, the opposite was observed: Inhibition of Akt in glioblastoma cells, which presumably also inhibited mTORC1, stimulated GDH activity, and vice versa. It was proposed that Akt activation indirectly suppresses GDH activity through its effects on glycolysis, since adding exogenous pyruvate to the media could reverse the increased GDH activity in response to Akt inhibition (Yang et al. [2009a](#page-32-0)). It should be noted that the two studies above focus on different nodes of PI3K-Akt-mTOR signaling, and it would be interesting to evaluate the effect of Akt inhibition in epithelial cancer cell lines, as well as the status of mTORC1, CREB2, and SIRT4 in glioblastoma cells, on GDH activity. It is also likely that depending on the context, PI3K-Akt-mTOR signaling may inhibit GDH activity in favor of transaminases (or vice versa), which can also convert glutamate to  $\alpha$ KG (Fig. [4\)](#page-20-0). Dependence on the transamination pathway as opposed to GDH activity has been demonstrated in pancreatic adenocarcinoma (Son et al. [2013](#page-31-0)); however, regulation of transaminases by PI3K-Akt-mTOR signaling remains to be explored.

Taken together, it is clear that oncogenic activation of the PI3K-Akt-mTOR pathway modulates the uptake and utilization of glutamine. Notably, the observations described above involve transcriptional regulation, and it will be interesting to assess whether PI3K-Akt-mTOR signaling exerts any post-translational effects on metabolic enzymes that mediate the uptake and utilization of glutamine. The precise molecular mechanisms underlying this regulation remain an important avenue of investigation, especially in light of the emerging perspective that glutamine metabolism may be an appealing target for novel clinical strategies to detect, monitor, and treat cancer (Hensley et al. [2013](#page-26-0)).

## 5 Concluding Remarks

The reprogramming of metabolic processes in cancer cells by the PI3K-Akt-mTOR signaling network clearly illustrates the close relationship between oncogenic cellular signaling and cancer metabolism. As the mechanisms underlying the regulation of metabolism by PI3K-Akt-mTOR signaling are explored more deeply, an emerging theme is the concept that the metabolic differences observed in cancer cells do not occur in isolation. Rather, there exists a layer of regulation established by oncogenic signaling processes that coordinate uptake and utilization of multiple nutrients in a manner best suited for supporting survival, growth, and proliferation. Furthermore, the mode of regulation is often multifaceted, with robust changes in

<span id="page-22-0"></span>metabolism being initiated by post-translational responses and then further reinforced by the induction of transcriptional programs.

Many open questions remain in our understanding of how the PI3K-Akt-mTOR signaling pathway governs metabolic reprogramming in cancer. In particular, it is important to note that the complexity of cellular metabolism extends beyond glucose, glutamine, nucleotide, and lipid metabolism. In fact, the Human Metabolome Database [\(www.hmdb.ca\)](http://www.hmdb.ca) lists more than 29,000 endogenous human metabolites involved in more than 6000 reactions, many of which have not been explored in cancer. Future studies will no doubt reveal more metabolic pathways that are regulated by PI3K-Akt-mTOR signaling.

Another key challenge is that several of the regulatory mechanisms that have been described in this chapter were studied in the context of physiological metabolism in nontumorigenic cells. It will be valuable to assess whether these same mechanisms are functional and relevant in the context of cancer cells. Even more importantly, it will be critical to gain an understanding of how the mechanisms of metabolic regulation by oncogenic PI3K-Akt-mTOR signaling confer cancer cells with metabolic dependencies and vulnerabilities that can be exploited as a therapeutic intervention. Particularly exciting are the prospects of identifying metabolic pathways that share a synthetic lethal relationship with oncogenic PI3K-Akt-mTOR pathway activation, as well as the identification of metabolic enzymes that may potentially be pharmacologically targeted in combination with PI3K-Akt-mTOR pathway inhibitors currently in development. As we increase our understanding of oncogenic signaling and its modulation of cancer metabolism, it is the hope that cancer-specific metabolic dependences will open novel therapeutic strategies that can be exploited to selectively and effectively target tumor cells.

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