

# Mitochondrial Dysfunction in Neurodegenerative Disorders

Second Edition

Amy K. Reeve  
Eve M. Simcox  
Michael R. Duchen  
Doug M. Turnbull  
*Editors*

 Springer

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# Preface

The loss of neurons at any stage of life is a catastrophic event. These post-mitotic cells lack the ability to regenerate and as such their loss is an unthinkable finality. The most widely recognised diseases in which this cell loss occurs are related to advancing age, for example, Parkinson's disease and Alzheimer's disease, but there are several diseases which may occur at a much younger age, for example, multiple sclerosis and motor neuron disease. The expansion in research into roles for mitochondria in the pathogenesis of these diseases has been great in the 3 years since the first edition of *Mitochondrial Dysfunction in Neurodegenerative Disease*, and now a significant body of work is dedicated to unearthing new therapies and drugs to protect neurons against such dysfunction and loss. With ever-increasing numbers of papers being published in the field of mitochondria and neurodegenerative disease, we wanted to bring together a revised collection of articles that would update readers on current research and also introduce new research avenues, particularly into mitochondrial degradation. We hope the reader will gain insight into the significant roles that mitochondria play in the pathogenesis of these diseases, from leaders in their field. This book aims to lead the reader through the basic functions of mitochondria and what can lead to their dysfunction, to the consequences of this dysfunction on neuronal function, before finishing with the modelling of these disorders and hopes for the future. In this edition, we also include a chapter that details how mitochondria may be imaged in neurons. As an ever-expanding field of research, the last 3 years have shown us that an understanding of how dysfunction within this organelle occurs provides a crucial platform from which to launch novel interventions.

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**Part I**  
**Mitochondria and Neurodegenerative**  
**Disease**

# Chapter 1

## An Introduction to Mitochondria, Their Structure and Functions

Eve Michelle Simcox and Amy Katherine Reeve

**Abstract** Mitochondria are essential intracellular organelles whose central role in maintaining energy homeostasis places them at the heart of cell integrity, function and survival. As the reliable provision of energy is so fundamental to every aspect of cellular function, mitochondrial dysfunction inevitably has devastating implications for the cell, the tissue and the organism. This is especially critical in the nervous system, where subtle changes in signalling and function can have catastrophic global consequences. Further, as postmitotic cells are heavily dependent on oxidative phosphorylation and are morphologically enormously complex, neurons pose a unique set of challenges for the mitochondrial population that reside within them. Mitochondrial dysfunction has profound consequences for the nervous system and is implicated in a host of neurological and neurodegenerative diseases. The following chapter introduces the form and function of these fascinating organelles and introduces key concepts and vulnerabilities that may underlie their involvement in neurodegenerative conditions. This introduction lays the foundation for the following chapters, which will explore specific aspects of the roles of these organelles in a range of neurodegenerative disease.

**Keywords** Mitochondria • Mitochondrial function • mtDNA genetics • Neurodegeneration

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## 1.1 Introduction

### 1.1.1 *The Mitochondrion*

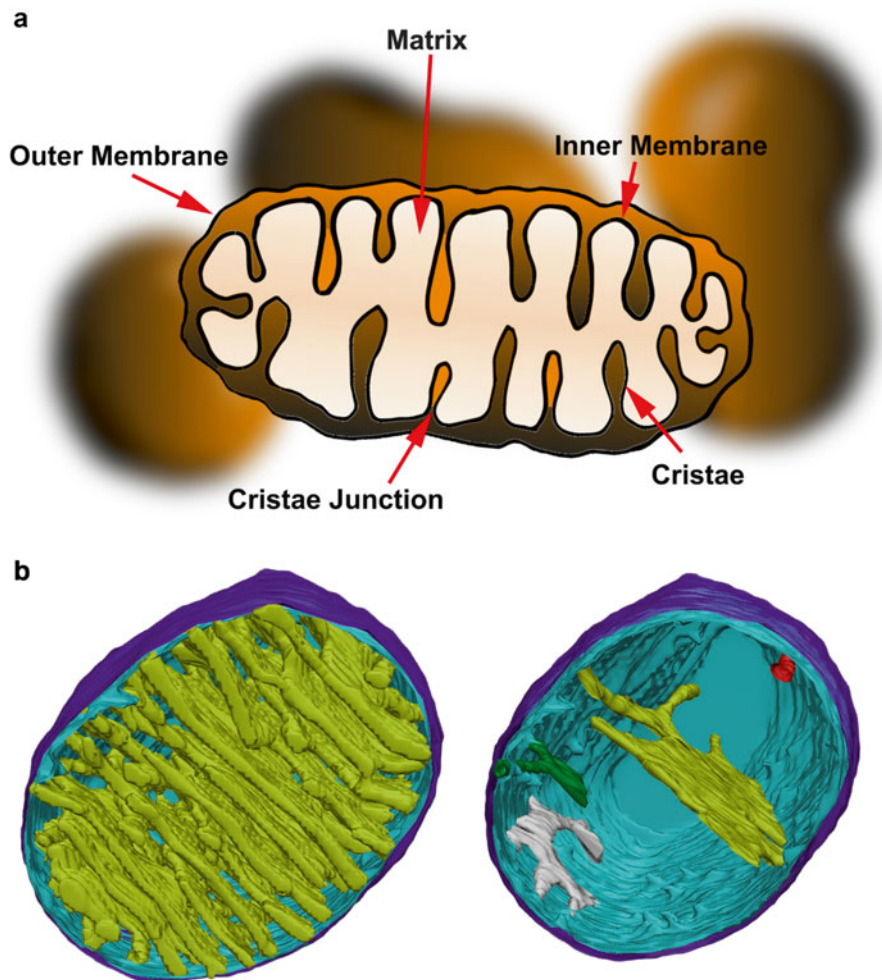
Mitochondria have been known to house the central metabolic pathways required for the oxidation of nutrients for well over 50 years. Their role, however, extends far beyond that of providing energy; indeed the majority of all cellular functions are reliant on the functioning of these organelles, be it directly or through an auxiliary role. Mitochondria, or the related hydrogenosomes and mitosomes found in less complex organisms, are believed to be present in all nucleated cells of the eukarya and often comprise 20% or more of the total cell volume [1, 2], an abundance that reflects their importance.

There is a general consensus that mitochondria evolved from an alpha eubacterial ancestor which became engulfed by a host cell in a process referred to as endosymbiosis [1], although the origin of the host cell remains contentious (see [3]). This event can be considered a turning point in evolution. In gaining protection within the host cell from an ever increasingly hostile environment, the eubacterial ancestor repaid its host with a means of energy production over 15 times as powerful as before, enabling the complexity and size of organisms to increase exponentially.

This assimilation is thought to have occurred around 1.5 billion years ago [4], but the presence of mitochondria was only revealed following cytological observations during the late 1800s. Altman was the first to realise the ubiquitous nature of this intracellular organelle in 1890 and concluded that these biosomes as he termed them were 'elementary organisms' performing functions within the cell [5]. The breadth of their function and indeed importance to the cell were probably unimaginable at this time; indeed it was over 20 years later before they were first linked to respiration [6]. Eight years hence of Altmans observations, 'biosomes' underwent a change of identity when their name was refined to reflect their thread (mitos) and granular (chondrion) structure, when the term mitochondrion was coined by Benda in 1898 [7]. It was not until the electron microscopy studies of the 1950s by Palade and Sjostrand that the complex internal structure of the mitochondria began to emerge, in turn starting to reveal secrets of this remarkable organelle's functions and mechanisms of action [8].

### 1.1.2 *Mitochondrial Structure*

As independent organelles, mitochondria are typically oval in form, although through dynamic events their appearance can range from extended reticular networks through to the more typically described rod-shaped structures. The structure of the mitochondrion is dictated by its role, with every aspect of its form contributing to a highly specialised function (Fig. 1.1). The outer membrane forms the boundary between the organelle and surrounding cytosol. Its composition is similar to that of the cell membrane and, as such, allows the diffusion of lipid soluble molecules into the intermembrane space. Transport of small proteins (<5000 Da) and hydrophilic proteins is also



**Fig. 1.1** Mitochondrial structure. **(a)** Mitochondria are double-membrane organelles, with a highly specialised structure. Here we show the main components of mitochondrial structure. **(b)** 3D electron tomography has revealed the detailed structure of the cristae within mitochondria. Each mitochondrion contains tightly packed cristae which significantly increase the surface area of the inner mitochondrial membrane. 3D tomography has enabled researchers to delve deeper into the complexities of these structures and to single out and study individual cristae (Image kindly provided by T.G. Frey, San Diego State University, and G.A. Perkins, University of California, San Diego)

made possible through porin, the voltage-dependent anion channel (VDAC), which is expressed in abundance within this outer membrane.

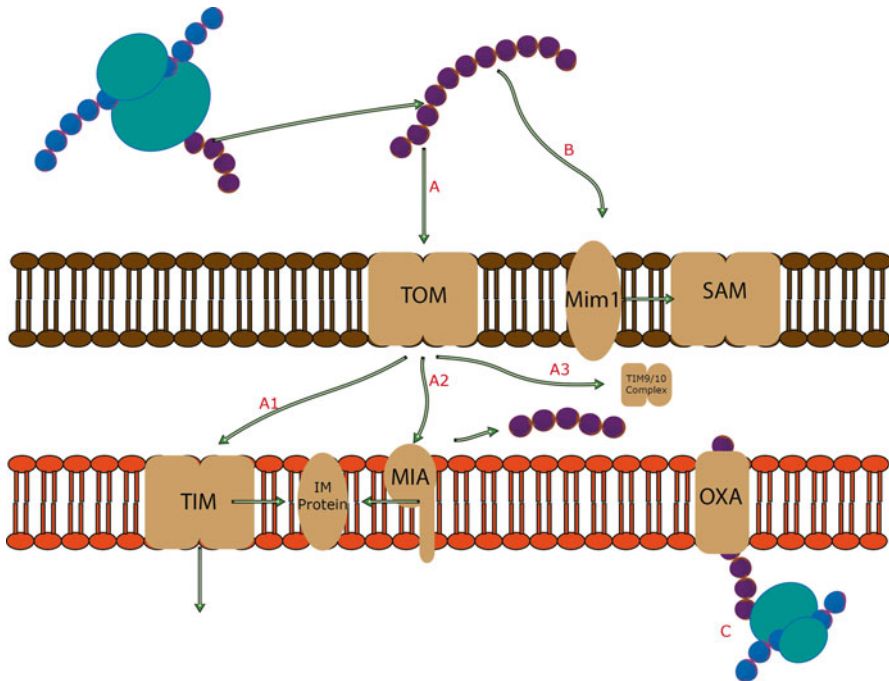
The internal mitochondrial membrane surrounds the central matrix of the mitochondrion and is impermeable to polar molecules and ions. This membrane is enriched in cardiolipin and is far richer in proteins than the outer membrane, containing elevated



levels of proteins required for a multitude of biochemical pathways within the organelle. The impermeability of this membrane coupled with the far more permeable nature of the outer membrane results in the intermembrane space, an environment similar to that of the cytoplasm but with strict specificity for larger proteins that have a mitochondrial role. This has profound impact on mitochondrial function and is a limiting factor when targeting these organelles with drug therapies.

Although mitochondria contain their own genome, uniquely amongst organelles of animal cells, this encodes only 13 proteins of the respiratory chain. Therefore, mitochondria rely on the nucleus for production of most of their components, which must therefore be imported from the nucleus to the mitochondria. In order for larger proteins to gain access to the mitochondria, they require specific mitochondrial targeting sequences. Access to the different compartments of the organelle is governed largely by two transporter proteins, translocator of the outer membrane (TOM) and translocator of the inner membrane (TIM) (Fig. 1.2). Through a receptor protein in the TOM complex, the signal sequence is recognised and inserted alongside adjacent polypeptides. Through their proximity at close contact sites between the membranes, the polypeptide then interacts with TIM allowing the polypeptide to enter into the matrix or to move laterally into the inner membrane itself [9]. The import and folding of many intermembrane space proteins are undertaken by the mitochondrial intermembrane space assembly (MIA) complex [10, 11]. The minority of proteins that are synthesised on matrix ribosomes and require export into the inner membrane do so through the oxidase assembly machinery (OXA) [9].

A simplified schematic of the mitochondrion can be seen in Fig. 1.1a showing the double plasma membrane and convoluted internal architecture. The invagination of the inner mitochondrial membrane was long believed to give rise to the internal folds that project into the matrix, called *cristae mitochondriales*, or cristae. Electron tomography analysis, however, has now shown that this model is inaccurate with cristae actually arising from a distinct membrane connected to the inter membrane space through tubular inner membrane junctions (see Fig. 1.1b) [12]. Illustrating the highly adapted form of mitochondria in relation to their function, the cristae of the inner membrane provide a vastly enlarged surface area over which oxidative phosphorylation and maintenance of the proton gradient can occur. It is now understood that the form and complexity of these invaginations vary enormously between tissue type and even within cell type, dependent on the developmental stage or physiological condition. For example, cristae biogenesis is regulated through ATP synthase. As the ATP synthase is responsible for the majority of cellular energy produced, and mitochondrial morphology is linked to energy demand, this is a clear demonstration of the links between cellular bioenergetics and the inner membrane structure [13]. Furthermore, discrete subdomains have been identified in cristae alongside enrichment of specific mitochondrial proteins, notably OXPHOS proteins [14]. Relatively recently, cristae remodelling through ablation of the fusion protein OPA1 has been shown to impair mitochondrial respiratory chain supercomplex assembly and mitochondrial function, which in turn precipitates apoptosis [15]. The adaptive qualities of cristae and involvement in complex assembly likely mean we only partially understand the crucial role they play in mitochondrial maintenance.



**Fig. 1.2** Mitochondrial protein transport. Many of the ~1500 proteins required for mitochondrial structure and function require import into the mitochondria. The majority are transported through the outer membrane through the outer membrane translocase TOM (A). Once through the outer membrane, the ultimate destination of the protein dictates the next step in transportation. For proteins that continue through to the matrix, passage through the inner membrane occurs through the inner membrane translocase TIM (A1). Alternatively proteins that reside within the inner membrane can be transported laterally from TIM. A second route for inner membrane proteins (*IM protein*) can occur through mitochondrial intermembrane space assembly (*MIA*) machinery (A2). Hydrophobic precursor proteins require an inner membrane chaperone to be further transported following entry through TOM (A3). A proportion of proteins destined for the outer membrane bypass the TOM complex and instead may be inserted through other pathways, including mitochondrial import 1 (*Mim1*) and the sorting and assembly machinery (*SAM*) (B). Finally a few proteins are synthesised on the ribosomes of the matrix and are subsequently exported into the inner membrane by the oxidase assembly (*OXA*) machinery (C)

## 1.2 The Functions of Mitochondria

Mitochondria are required for a plethora of functions, illustrated by their presence in every nucleated eukaryotic cell. Mitochondrial functions are often over simplified; they are frequently referred to as the ‘powerhouses’ of the cell due to their fundamental and most well-described role in ATP production via oxidative phosphorylation; however, the most well-conserved mitochondrial function is that of iron-sulphur cluster formation. Aside from this, mitochondria are also responsible for calcium handling, apoptosis, cell signalling and ROS production.

### 1.2.1 *Energy Provision by Oxidative Phosphorylation*

The number of mitochondria per cell generally reflects the energy demands of that cell, for example, energy-demanding tissues such as muscles, cardiomyocytes and neurons tend to have more mitochondria than less energy-demanding cells. This energy transduction occurs through the transport of electrons between a chain of proteins located on the inner mitochondrial membrane, which have components encoded by both the mitochondrial and nuclear genomes. The traditional view of oxidative phosphorylation has been that it occurs through electron transport between individual complexes, randomly distributed within the mitochondrial inner membrane. However, more recent data has shown the existence of supercomplexes, with differing stoichiometries and configurations. It seems that the proton-translocating enzymes, complexes I, III and IV, can be organised into these supercomplexes which supports more efficient substrate movement and catalysis (reviewed in [16, 17]).

The first and largest complex of the electron transport chain (ETC) is composed of over 40 subunits with a combined molecular weight of 980 kDa [18] (reviewed in [19]). Of the 40, 7 subunits are encoded by the mitochondrial genome (*MT-ND1-6* and *MT-ND4L*), with the remainder encoded by nuclear DNA. Complex I (NADH/ubiquinone oxidoreductase) catalyses the oxidation of NADH, derived from the citric acid cycle, which yields two electrons that pass to a flavin mononucleotide and through a series of iron-sulphur clusters to reduce ubiquinone to ubiquinol. This transfer is coupled to the translocation of four protons across the inner mitochondrial membrane.

Succinate/ubiquinone oxidoreductase (complex II) is responsible for oxidising succinate to fumarate in the citric acid cycle. The resulting electrons are donated to the ETC through the reduction of ubiquinone. Complex II, the smallest complex of the ETC, is the only complex entirely encoded by the nuclear genome and electron flow through this complex and is not associated with proton translocation (for review see [20]).

Following the reduction of ubiquinone by complexes I and II, its re-oxidation is catalysed by complex III, ubiquinol/cytochrome *c* oxidoreductase. This third complex is composed of 11 subunits which, with the exception of cytochrome *b*, are entirely nuclear encoded. The oxidation of ubiquinol releases the two electrons transferred from complexes I and II; their transfer from ubiquinol to cytochrome *c* then occurs in two steps. First, one of the electrons is transferred to the iron-sulphur cluster and then to cytochrome *c* via cytochrome *c1*, while the second one is recycled to ubiquinol in a reaction called the Q-cycle. In this cycle two ubiquinols are oxidised, two electrons are transferred and one ubiquinone is reduced. For each electron transferred two protons are translocated across the inner mitochondrial membrane [21].

Electrons are finally transferred to complex IV (cytochrome *c* oxidase), of which three subunits are encoded by the mitochondrial genome (COXI, II, III). The substrate for this complex is cytochrome *c* which transfers electrons between complexes III and IV. This haemoprotein donates electrons one by one, through different 'states', to the intermembrane space side of complex IV. Each of these transitions results in the translocation of a proton across the membrane. As electrons are passed to

molecular oxygen, a total of eight protons are translocated across the inner mitochondrial membrane, generating the proton gradient utilised by the final complex of the oxidative phosphorylation machinery to generate ATP [22].

Complex V,  $F_0F_1$  ATP synthase, a large multi-subunit complex, contains two subunits encoded by the mitochondrial genome (ATPases 6 and 8). This complex is composed of two main domains:  $F_0$ , embedded in the inner membrane, and  $F_1$ , the catalytic domain, which forms the head and stalk of the complex and is located on the matrix side of the inner membrane. The movement of protons across the inner membrane from the intermembrane space promotes the rotation of  $F_1$ , causing the  $\beta$  subunits to transfer between the three conformational states. The energy harnessed during this rotation is used to synthesise ATP which can then be released on the next rotation. Three protons are required for each molecule of ATP since one proton is required for each  $\beta$  subunit [23, 24].

The generation of ATP through oxidative phosphorylation is an extremely efficient method of aerobic glucose metabolism, far more efficient than through the substrate level phosphorylation of anaerobic glucose metabolism merely by glycolysis. Therefore, it is easy to comprehend how any defect which affects the ability of mitochondria to carry out this essential process will greatly affect the production of ATP, which will be detrimental to cellular function. The consequences of mitochondrial dysfunction are considered in the remaining sections of this book, in particular in relation to the central nervous system.

### 1.2.2 Cell Death

Historically mitochondria have been mainly associated with apoptosis, which is a highly regulated active form of cell death. It is now clear that there are four forms of cell death (apoptotic, necrotic, autophagic and parthanatos) that have all been reported within the literature to be important in neurodegenerative disease and all have links to the mitochondria, although only three are ATP dependent. Of these pathways the least well defined is autophagic cell death. The exact mechanism for autophagic cell death is still to be determined, but cells lost due to this pathway do show the accumulation of autophagosomes. Recent work though has suggested that autophagy may contribute to a form of cell death mediated through the sodium/potassium ATPase [25].

Apoptosis is characterised by cell shrinkage, membrane blebbing, nuclear fragmentation and condensation of nuclear chromatin and is usually the result of intracellular signalling. Following these morphological changes, the cell is systematically dismantled and is then degraded by macrophages. There are two main apoptotic pathways which occur in mammalian cells, the intrinsic pathway and extrinsic pathway, and mitochondria play a key role in both. The intrinsic pathway is controlled by members of the Bcl-2 family, which direct death signals which target mitochondria, to facilitate the release of pro-apoptotic proteins from the intermembrane space [26]. In the extrinsic pathway activation of caspase-8, following the formation of the death-

inducible signalling complex, initiates a cascade of protein interactions leading to mitochondrial outer membrane permeabilisation and cytochrome *c* release from the intermembrane space ([26] reviewed in [27]). The main effectors of apoptosis are the Bcl-2 proteins, BAX and BAK. Both these proteins interact with the mitochondrion and their loss from cells leads to resistance to a number of apoptotic stimuli. The interaction of these two key proteins facilitates the permeabilisation of the outer mitochondrial membrane and the release of cytochrome *c* which then drives apoptosis.

Necrosis tends to occur in response to extracellular stimuli and has been reported to occur following ischemia and trauma. It is a well-defined process that is characterised by cellular swelling, depletion of energy stores and a disruption of cellular membranes. Necrosis may occur in response to ischemic injury; such an injury causes a drop in pH in response to the anaerobic conditions and a depletion of ATP which causes an increase in intracellular calcium by preventing calcium uptake. These changes in calcium levels may then trigger the opening of the mitochondrial permeability transition pore (mPTP). Identified in the 1970s, the exact molecular identity of the pore remains elusive. The mPTP is believed to be a channel complex, composed of a number of different proteins, and although its exact structure is still to be elucidated, a number of candidate proteins have been proposed including VDAC, ANT and cyclophilin D. The opening of this pore dramatically changes the permeability of the inner mitochondrial membrane, which may have irreversible effects if prolonged. This change in mitochondrial permeability depletes the mitochondrial membrane potential, disrupts OXPHOS and causes swelling of the matrix and thus disruption of the cristae structure, leading to rupture of the outer membrane and the activation of a number of hydrolytic enzymes which leads to necrosis. However, it should be noted that due to the rupture of the mitochondria, the release of pro-apoptotic proteins will also occur and so it is likely that the opening of mPTP will not only lead to necrotic cell death (reviewed in [27–30]).

Parthanatos is a form of cell death that is mediated by PARP-1 (poly(ADP-ribose) polymerase-1). This enzyme is activated by DNA strand damage, including nicks and breaks, and is a key mediator of DNA repair. PARP-1 can be activated by ischemic injury and agents damaging to DNA including ROS and ionising radiation. Parthanatos differs from other forms of cell death as it causes phosphatidylserine to be externalised onto the outer cell membrane, a loss of mitochondrial membrane potential and DNA fragmentation. There is no cellular swelling, but membrane integrity is lost. Other than the changes in mitochondrial membrane, potential PARP-1 activation also leads to the release of mitochondrial apoptosis-inducing factor. In addition, once activated PARP-1 forms poly(ADP)ribose polymers from nicotinamide adenine dinucleotide (NAD), in which it then transfers to a number of nuclear proteins. An overactivation of PARP-1 therefore leads to a depletion of NAD and subsequently ATP (reviewed in [31–33]).

The cell death that occurs as part of neurodegeneration is likely to be initiated by a number of factors including mitochondrial dysfunction. What is clear though is that changes in the functioning of this organelle will have a great impact on the survival and functioning of these cells. The relationship of the mitochondrion to neuronal cell loss and death will be considered in a number of the following chapters.

### 1.2.3 *Calcium Handling and Energy Homeostasis*

Mitochondria play a pivotal role in the buffering and maintenance of cellular calcium homeostasis. It has been known for many years that mitochondria have an enormous capacity to accumulate calcium through the expression of a uniporter in the inner mitochondrial membrane, allowing calcium to enter the mitochondrion down its electrochemical potential gradient. The molecular identity of the uniporter proved highly elusive and was only discovered in 2011 by the Rizzuto and Mootha labs. Now that the uniporter and its associated modulator proteins (MICU1/MICU2/MICU3; EMRE) are known, experimental manipulations to explore the functional consequences of the pathway will be far more precise than before [34–36] (reviewed in [37]). The efflux of calcium from the mitochondria is mediated through  $\text{Na}^+/\text{Ca}^{2+}$  exchange, although the molecular identity and complete functionality of this exchanger remain controversial [38–40]. The process of  $\text{Ca}^{2+}$  efflux ensures equilibrium is never reached, meaning in theory, mitochondria are an unlimited calcium sink. Research has also shown that calcium transport across the outer mitochondrial membrane occurs through VDAC, the most abundant protein in the outer membrane, and the expression of this protein is directly correlated with the rapid transport of calcium into the mitochondrion [41–43].

Calcium ions are secondary messengers in many signalling pathways, and are of particular importance in neurons shaping neurotransmitter release and in driving gene expression [44]. The ability of mitochondria to take up calcium and act as spatial buffers in the cell [45–47] may have a profound impact on the spatiotemporal characteristics of the calcium signal and in shaping the activation of its downstream targets.

The transfer of calcium from cytosol to matrix is also thought to be important in energy homeostasis. Increased  $\text{Ca}^{2+}$  uptake activates the rate-limiting enzymes of the Krebs cycle through activation of pyruvate isocitrate and oxoglutarate dehydrogenases, increasing ATP production [48, 49]. This seems an elegant and simple way to couple the increase in energy demand that inevitably accompanies an increase in calcium concentration, with an increased energy supply. Calcium signals may also promote mitochondrial biogenesis, providing a longer term metabolic response to sustained activity, although it has to be said that this pathway has been characterised in muscle and is not established in neurons [50].

Calcium signalling and mitochondrial calcium uptake are also linked to apoptosis and necrosis via the mitochondrial permeability transition pore (mPTP).  $\text{Ca}^{2+}$  overload is sufficient to induce opening of this pore, which seems to serve as a key final common path to calcium-dependent necrotic cell death, as pore opening causes the collapse of the mitochondrial membrane potential and bioenergetic failure. However as pore opening can be inhibited pharmacologically by cyclosporine A, the prospect that pharmacological protection of neurons otherwise destined to die in neurodegenerative disease might be possible, remains an exciting prospect.

Calcium is also the main mediator of excitotoxicity, whereby excessive glutamatergic stimulation of neurons can lead to a large increase in calcium, leading to the

activation of a number of proteins and ultimately causing neuronal death. Dopaminergic neurons of the substantia nigra express a unique  $\text{Ca}^{2+}$ -dependent pacemaking activity which may render this cellular population particularly vulnerable to dysfunctional mitochondria which are unable to fully buffer calcium. This offers intriguing links between mitochondrial (dys)function, calcium signalling and Parkinson's disease as it is these dopaminergic neurons that suffer attrition in this condition (see Chap. 5).

### ***1.2.4 Iron Sulphur Clusters***

Iron sulphur clusters are crucial inorganic cofactors for numerous biological processes including regulation of gene expression, enzyme catalysis and DNA repair. Within mitochondria themselves, Fe-S clusters function within complexes I, II and III due to their capacity as electron donors and acceptors. Dependent on function, the number of iron and sulphur atoms can vary within clusters and the maturation of these structures has been shown to be a vital function of mitochondria. Through studies within *S. cerevisiae*, two stages of Fe-S assembly have been elucidated—formation and conversion to holoenzymes. Over 20 proteins have been shown to be involved in these processes [51]. The first stage briefly consists of the conversion of cysteine to alanine, releasing sulphur by the cysteine desulphurase complex Nfs1-Isd11 [52] and then reducing to sulphide by electrons from NADH via ferredoxin reductase [53]. To enter mitochondria, iron is transported through a member of the mitochondrial solute carrier family—mitoferrin [54]. Once within the inner membrane scaffold proteins including the highly conserved IscU and Nfu [55, 56] are employed to assemble Fe-S clusters. The Fe required for the construction of these clusters is provided through frataxin. Following synthesis of the Fe-S cluster, it is released from the scaffold proteins and incorporated in apoproteins.

### ***1.2.5 Generation of Reactive Oxygen Species***

The production of reactive oxygen species (ROS) and their damaging effects on a multitude of cellular components, including proteins, lipids and DNA, have been linked to the loss of neurons in both disease and normal ageing. The brain uses approximately one-fifth of inspired oxygen, and of this 90% is consumed by oxidative phosphorylation. Neurons are highly susceptible to the damaging effects of these radicals for many reasons including their high oxidative metabolic activity, non-replicative nature and relatively low antioxidant capacity. Mitochondria produce reactive oxygen species through the process of oxidative phosphorylation, mainly through the actions of complexes I and III. These complexes produce superoxide ( $\text{O}_2^-$ ); this radical can then be converted to other reactive species including hydrogen peroxide and peroxynitrite, through reactions with SOD2 or NO,

respectively (reviewed in [57]). Although damaging to cells, ROS are emerging as important signalling molecules and can alter the activity of a number of proteins, important for a variety of signalling cascades. For example, PGC1 $\alpha$ , the master regulator of mitochondrial biogenesis, acts as a transcription factor driving synthesis of proteins required for antioxidant defences [58], while H<sub>2</sub>O<sub>2</sub> can oxidise cysteine residues within phosphatases including PTEN and MAPK leading to a reduction in their ability to dephosphorylate their respective targets (reviewed in [59, 60]).

## **1.2.6 Emerging Functions**

### **1.2.6.1 Lipid Metabolism and Transport**

Although the majority of cellular lipid synthesis occurs in the endoplasmic reticulum (ER), mitochondria have been shown to contribute to this essential process. Mitochondrial integrity relies on the availability of lipids and their uptake from the ER, but mitochondria can also synthesise phosphatidylethanolamine (PE), which is then transferred to the ER, and the mitochondrial phospholipid, cardiolipin. Cardiolipin is a major component of the inner mitochondrial membrane and is required for essential mitochondrial functions and also for the maintenance of mitochondrial morphology. In yeast, it has been shown that the majority of membrane PE is synthesised within the mitochondrial inner membrane, a process dependent on ATP. As important as the transport of lipids out of the mitochondria are the transport and shuttling of lipids within the mitochondria, primarily between the inner and outer membranes. The enzymes responsible for phospholipid synthesis within the mitochondria are found within the inner mitochondrial membrane (e.g. phosphatidylserine decarboxylase (Psd1) in yeast), and a recently described protein, UPS1, has been found to be responsible for the movement of phospholipids between these two membranes, at least in yeast ([61] reviewed in [62, 63]).

### **1.2.6.2 Membrane Donation**

As discussed in Chaps. 11 and 12, dedicated pathways exist to facilitate the degradation of dysfunctional mitochondria. A mitochondrial specific form of autophagy, mitophagy, leads to the sequestration of damaged mitochondria within a double membrane, their transport to the lysosome and ultimate destruction. Evidence from cell culture has suggested that under conditions of starvation, mitochondrial membrane is utilised in the formation of autophagosomes and that this utilisation is dependent on connections with the ER that are themselves dependent on mfn2 expression. Mitochondrial lipid content and replenishment rely on connection to the ER. The generation of autophagosomes seems to occur at discrete punctal locations along the mitochondria that then recruit LC3 and ATG5, key proteins in the facilitation of mitochondrial degradation [64].



### 1.2.6.3 Signalling

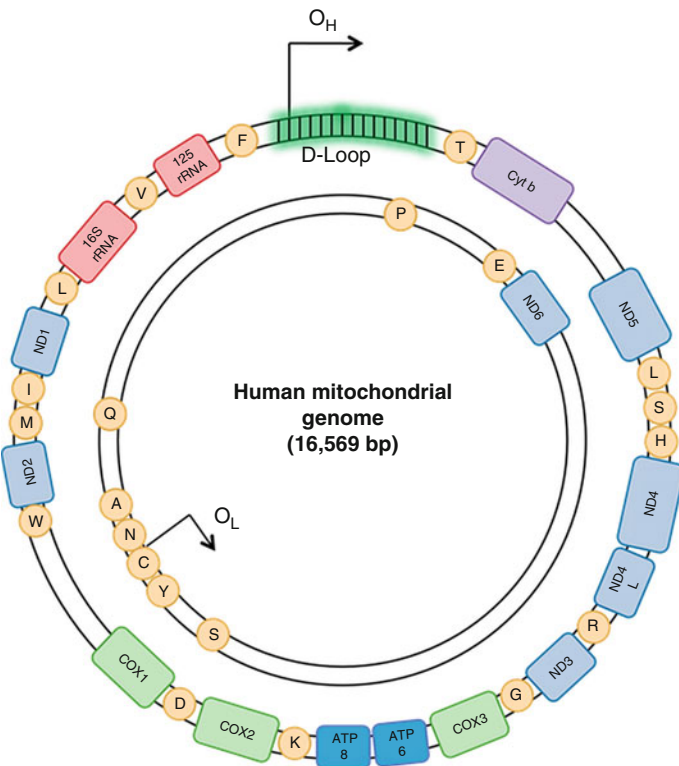
Aside from their damaging roles and links to cellular damage, an emerging role is appearing for ROS in cellular signalling. ROS have been proposed to be particularly important for  $O_2$  sensing, important during hypoxia; this sensing capability relies on the production of  $O_2^{\cdot-}$ .  $O_2^{\cdot-}$  production increases under conditions of low  $O_2$ ; the  $O_2^{\cdot-}$  then is converted to  $H_2O_2$  in the mitochondrial matrix, before diffusing into the cytoplasm. Here it can stabilise hypoxia-inducible factor 1 $\alpha$  (HIF1 $\alpha$ ), which initiates the transcription of the machinery which responds to hypoxia ([65, 66] reviewed in [67]). However the number of crucial cellular processes for which this signalling is important is increasing rapidly and now includes, amongst others, mitochondrial homeostasis, immune system regulation and oncogenic transformation (reviewed in [60, 68, 69]).

## 1.3 The Mitochondrial Genome

Uniquely, mitochondria contain the only nucleic acid expressed outside the nucleus, albeit a much smaller amount, totalling around 1% of all cellular DNA. Despite the relatively small amounts of mitochondrial DNA, the genes it encodes are essential for life. The mitochondrial genome (mtDNA) is a 16,569 base pair, closed, circular, double-stranded DNA molecule (Fig. 1.3). Located within the mitochondrial matrix, mtDNA exists in multiple copies that are packaged into protein-DNA complexes known as nucleoids, which associate with the inner membrane of the mitochondria [70]. Research has suggested that each nucleoid might contain multiple copies of the genome existing alongside the protein machinery required for transcription, replication and maintenance of the mtDNA [71] (see Sect. 1.3.4). More recent research, however, has suggested that mitochondrial nucleoids may only contain one copy of the mitochondrial genome and that the main constituent of the nucleoid is the mitochondrial transcription factor (TFAM), which plays an active role in their formation [72, 73]. In line with this finding, it has been found that while an increase in mitochondrial DNA copy number increases the number of nucleoids, it does not cause a subsequent increase in their size [73].

The mitochondrial genome was first sequenced in 1981 [74] and following revision in 1999 [75] has become commonly known as the revised Cambridge Reference Sequence (rCRS). The genome encodes for a total of 37 polypeptides (including 13 proteins essential to OXPHOS), 22 transfer RNAs (tRNA) and two ribosomal RNAs (rRNA) [74]. Any further proteins required for mitochondrial function are synthesised in the cytosol and are then actively transported into the mitochondrion. Why 37 genes are retained by the mitochondrial genome when around 1500 appear to have relocated to the nuclear genome through evolutionary time is unclear but may be due to the hydrophobicity of these particular subunits which would pose a challenge for transport into the organelle after translation [76]. Alternatively, it has been proposed that the retention of these genes may enable rapid adaptation of the OXPHOS system in response to environmental changes [77].

The mitochondrial genome is composed of two strands, named heavy and light reflecting their purine to pyrimidine ratio. The heavy chain contains more guanine residues in contrast to the abundance of cytosine residues of the light chain. Only



**Fig. 1.3** The mitochondrial genome. The mtDNA molecule encodes 13 structural electron transport chain proteins, 7 subunits of complex I (blue), 1 subunit of complex III (purple), 3 subunits of complex IV (green) and 2 subunits of complex V (turquoise). Alongside this it encodes 2 rRNAs (red), all of which are punctuated by 22 tRNAs (orange letters). Both origins of transcription (O<sub>H</sub> and O<sub>L</sub>) are labelled; areas without labels represent non-coding regions (Figure reproduced with permission from Dr. C. Wilson, Washington University School of Medicine, St. Louis)

ND6 and ND8 of the mitochondrial tRNA genes (MTTs) are transcribed from the light strand; the remaining 12 protein-encoding genes, 14 MTTs and the 2 mt-rRNAs are transcribed from the heavy chain. The compact mtDNA molecules differ from the nuclear genome since they contain no introns with the only extended non-coding region being found within the displacement loop, an area that controls transcription and replication of the genome [78, 79].

### 1.3.1 Mitochondrial DNA Inheritance and Replication

MtDNA is exclusively inherited down the maternal lineage, although one case of paternal transmission of pathogenic mtDNA has been recorded [80]; this is a unique report and has not been repeated since. Not only is sperm mtDNA massively outnumbered in the fertilised zygote, it is highly likely that there is also an active process for degradation of male mtDNA (see Chap. 11 for details).

Replication of mitochondrial DNA occurs in a manner distinct from genomic DNA and subsequently independent of the cell cycle; however, the exact method of mtDNA replication remains a subject of controversy. Clayton and colleagues initially reported a model where mtDNA replicated in a strand-asynchronous mechanism, priming from the light strand promoter within the major non-coding region of the genome [81]. This RNA primer was then extended by the mitochondrial DNA polymerase, copying the entire heavy strand. Light strand replication was then initiated once the polymerase had passed approximately two-thirds of the entire length of the L-strand template.

The model for mtDNA replication was then revisited by Holt and colleagues, who challenged the assumption that strand-asynchronous replication was the universal method for mtDNA replication, based on the visualisation of replication intermediates by native 2D gel electrophoresis [82]. These replication intermediates were more consistent with a strand-coupled than strand-asynchronous model [83]. This work also highlighted the previously established and surprising observation that ribonucleotides are incorporated into the genome [84].

This has also led to a third replication model, RITOLS, whereby ribonucleotides are present throughout the entire lagging strand [85]. This model has been extended further to form the ‘bootlace’ model, where preformed L-strand RNA is incorporated *in vivo* at the replication fork. This RNA hybridises to the displaced H-strand and is replaced with DNA in a maturation step [86]. Despite this questions still remain and it is possible that mtDNA may be replicated by different modes at different stages of development or in different tissues. To begin addressing this, Falkenberg and colleagues have been attempting to reconstitute mtDNA replication *in vitro* [87]. Intriguingly, they have been able to show that the region referred to as OriL by Clayton et al. can indeed form a structure which can be primed by the mitochondrial RNA polymerase POLRMT [88]. This primer is then faithfully extended by the mitochondrial DNA polymerase gamma.

### ***1.3.2 Mutations and Repair***

For over 20 years we have known that defects in mtDNA can cause a wide variety of disorders, which often (but not solely) affect muscle and the central nervous system (reviewed in [89]; see also Chaps. 2 and 4). More recently, however, it has become apparent that many combined disorders of OXPHOS complexes are also caused by mutations in nuclear genes whose products affect mtDNA maintenance, causing multiple deletions (e.g., POLG, POLG2, ANT1, PEO1, OPA1, TYMP) or indeed mtDNA depletion (DGUOK, SUCLA2, SUCLG1, RRM2B, MPV17, TK2) (reviewed in [90]; see also Chap. 4). Mutations are found in proteins that function directly in mtDNA replication, such as the mitochondrial DNA polymerase  $\gamma$  (gamma), its accessory unit and the critical DNA helicase- twinkle, or in the homeostasis of mitochondrial nucleotide pools.

Mutations of the mitochondrial genome can exist as point mutations, deletions, insertions and large-scale duplications (see Chap. 3 for detail). These are all known to occur at a higher rate than those of the nuclear genome stemming from a combination of factors. As mtDNA is tethered to the inner side of the inner mitochondrial membrane, it is close to the components of the respiratory chain, the major site of reactive oxygen species (ROS) generation in the cell. Exposure to ROS is known to damage DNA and the mitochondrial genome is no exception. Secondly, the lack of non-coding DNA coupled with an absence of protective histones means deleterious mutations are far more likely to occur compared to nuclear DNA.

Increasing evidence points towards the existence of DNA repair mechanisms within the mitochondrion, despite lack of such processes being originally attributed to the high mtDNA mutation rate. It is now believed that these mechanisms are indeed present but exist at a reduced level of that seen in nDNA and may function through different mechanisms [91]. To date the most well-studied repair mechanism is short base excision repair (sBER) [92]. Less well-understood and currently incomplete pathways exist in the form of long-patch base excision repair (which functions as short BER but for multiple nucleotides), direct repair of damaged nucleotides [93] and mismatch repair (MMR).

Although the organelle does contain an array of DNA damage repair enzymes [94], it is highly likely that the toxic oxidative environment will over time overwhelm these systems leading to the eventual generation of mtDNA mutations. It has been demonstrated that accumulation of mtDNA mutations occurs over time and that the pattern of this accumulation is focal [95, 96]. This process is known as clonal expansion and has been confirmed in a variety of tissues. Although it is known that a single mutational event (be it deletion or point mutation) has the capacity to begin in a single mtDNA molecule and eventually express in an entire cell or tissue, the mechanism by which it does so is not clear. This is made more complicated by the pattern of clonal expansion differing in tissue type [97]. Several models have been proposed, as yet no definite hypothesis can be proven [98].

### ***1.3.3 Heteroplasmy, Homoplasmy and the Threshold Effect***

Akin to the fact mtDNA molecules exist in multiple copies within each mitochondrion and each cell can have numerous mitochondria, the situations of homoplasmy and heteroplasmy can occur. A cell whose mtDNA molecules are *all* wild type or *all* mutant is said to be homoplasmic. However a situation can arise whereby wild-type molecules coexist with mutated molecules giving rise to a heteroplasmic situation. This phenomenon has profound implications for mitochondrial disease. It is worth noting that although healthy cells are said to be homoplasmic, it is likely that even these have a clinically insignificant percentage of mutated mtDNA molecules (<1 %) [99, 100].

The existence of heteroplasmy within cells leads to the condition by which the ratio of mutated to wild-type molecules can (largely) dictate the clinical presentation

of a deleterious mutation. Although some pathogenic homoplasmic mutations have been characterised, heteroplasmic mutants are by far more common. The threshold level for expression of a biochemical defect varies dramatically for mutation type, individual, and tissue, with reports as low as 8% [101]. Typically, however, mutational thresholds and subsequent phenotypic expression in mitochondrial disease occur at around 70–90% heteroplasmy. For multifactorial disorders such as neurodegenerative conditions, mutations in specific neuronal subpopulations may be sufficient to add to pathogenicity if the environment is already suitably challenged. The critical level of heteroplasmy varies between conditions and neuronal populations; these peculiarities are discussed further in Chap. 3.

### 1.3.4 Mitochondrial DNA Maintenance

#### 1.3.4.1 Transcription, Translation and the Mitochondrion

##### Transcription

Mitochondrial transcription is unusual in that the core transcription complex containing the mtRNA polymerase (POLRMT) and the two characterised transcription factors TFAM and TFB2 facilitate transcription of almost the entire genome from promoters borne on both strands. Detailed analysis of mitochondrial transcription and its regulation is beyond the scope of this article, but can be found in the excellent review by Larsson and colleagues [102]. Transcription of mtDNA is initiated at three sites, one on the light strand (LSP) and two on the heavy strand (HSP1 and HSP2). These large polycistronic units are essentially punctuated by mitochondrial tRNA structures, which are thought to spontaneously fold and are subsequently liberated by the mt-tRNA processing enzyme activities RNase P [103] and RNase Z. These two enzymes cleave the tRNAs at the 5' and 3' ends, respectively. This tRNA punctuation model appears to be correct in general, but it cannot explain how certain mRNA species are processed, as they are not surrounded by tRNA or anti-sense tRNA (*RNA14*, *MT-CO3*, *MT-ND5*, *MT-ND6*) [104]. All the resultant mitochondrial mRNA and tRNAs are matured, either by the 3' terminal addition of a CCA trinucleotide extension ([CCA] nucleotidyl transferase [105]) to all mt-tRNAs or polyadenylation of mt-mRNAs of approximately 35–60 nucleotides by a mitochondrial poly(A) polymerase [106]. It must be noted, however, that at steady state a subpopulation of mt-mRNAs carries a shorter oligoadenylated extension that is not due to 3' 5' exonucleolytic degradation. These oligoadenylated species are the predominant form of mt-mRNAs in patients with defective mitochondrial poly(A) polymerase (mtPAP) [107] or under conditions of mtPAP depletion [106, 108] lead to the suggestion that a second poly(A) polymerase activity must be present in the mitochondrial matrix. Transcription termination is controlled by the four mitochondrial termination factors, mTERF 1–4, which act in synchrony to control and regulate the termination of this process.

## Translation and the Mitoribosome

Mitoribosomes are composed of large (39S) and small (28S) subunits. The large subunit contains the 12S rRNA plus ~29 proteins, while the large subunit contains the 16S rRNA and closer to 50 proteins. Mammalian mitoribosomes contain a higher protein to RNA ratio than cytosolic and bacterial ribosomes, yielding a larger ribosome, with a dramatically altered structure and interaction with a number of mitoribosome-specific proteins.

Pioneering studies by, amongst others, O'Brien, Watanabe and Spremulli have been somewhat hampered by the absence of a faithful *in vitro* reconstituted system for mammalian mitochondrial protein synthesis. Consequently, although we are aware of numerous proteins that are crucial in each of the four stages of protein synthesis, initiation (If2mt, If3mt) elongation (mtEFG1, mtEFTu, mtEFTs), termination (mtRF1a, mtEFG2) and recycling (mtRRF), functional assays have had to rely on heterologous systems (for review see [109]). Unlike all other ribosomes to date, the mitoribosome is mostly comprised of protein (approx. 70%) over RNA (30%) where the norm is more 65%: 35% RNA to protein. Another striking absence from the cryoEM structure is an exit site for the mitochondrial tRNA. To date, an exit site is present in all other ribosomal structures.

The mitoribosome has an exquisite and essential interaction with the mitochondrial membrane, possibly reflecting the highly hydrophobic nature of all 13 mitochondrial gene products. This may also partly explain why it has been so difficult to reconstitute a faithful system *in vitro*. This critical association has been highlighted by studies of patients with mitochondrial OXPHOS disorders. Patients have recently been described who have defects in mitochondrial protein synthesis without involvement of mtDNA quality or quantity. Patients have combined OXPHOS disorders, with a wide spectrum of clinical presentation (reviewed in [110]). Patients with a form of hereditary spastic paraplegia, HSP7, have been shown to harbour mutations in the protein paraplegin [111]. This protein is a member of the heteromultimeric mAAA protease that is responsible for cleaving membrane-bound proteins. Langer and colleagues showed that the reason for the severe mitochondrial protein synthesis defect in cells lacking normal mAAA protease activity was due to impaired maturation of the mitoribosomal protein MRPL32. Further, when this protein is not cleaved, the mitoribosome is unable to associate with the inner membrane. Intriguingly, mutations in the second of the heteroligomeric components, AFG3L2, also causes severe combined OXPHOS disorder, but clinical presentation is predominantly a spinocerebellar ataxia [112].

### 1.3.4.2 Quality Control of Mitochondrial Protein Synthesis

The process of protein synthesis is notoriously complex, with problems often occurring early in the process leading to stalling of the ribosome and loss of the nascent peptide [113]. Stalling can also occur when mRNAs lack termination codons. Once the ribosome has stalled, there must be mechanisms to remove the peptidyl-tRNA

from the complex and dissociate the ribosomal subunits. A well-described process for rescuing stalled ribosomes is found in eubacteria, where a novel RNA, tmRNA encoded by the SsrA gene, is able to access the ribosomal access site and promote its own translation, leading to the addition of a short oligopeptide to the C-terminus of the nascent protein which acts as a substrate for ubiquitination and subsequent degradation [114, 115]. This tmRNA also contains a termination codon, facilitating the hydrolysis of the complete peptidyl-tRNA and recycling of the ribosome. In the absence of a tmRNA orthologue in mitochondria, how are stalled ribosomes recognised? Human genome analysis identifies four members of a mitochondrial peptidyl-tRNA release factor family. Following the observation that the rare codons AGA and AGG promote ribosome frameshifting at the terminus of two mitochondrial open reading frames [116], we now know that only one of the release factor family, mtRF1a, is capable of terminating translation of all 13 open reading frames [117]. It is therefore highly likely that other members of this family will be intimately involved in rescuing stalled ribosomes. Indeed, one of these members, ICT1, has been shown to have become integrated into the mitochondrial ribosome [118]. Although its exact function is currently unknown, it is highly likely to be involved in ribosome rescue, particularly as its peptidyl-tRNA hydrolase activity is codon independent, potentially allowing it to release peptides stalled at any or indeed no A site codon. The roles of the remaining two factors are unknown although defects of one member, C12orf65, have been shown to cause mitochondrial disease [119]. Although tmRNA is a mechanism used widely by eubacteria for rescuing stalled ribosomes, it is not essential for viability and recently other proteins have been also shown to promote such rescue, one of which, YaeJ, is believed to be the orthologue of ICT1 [120]. Such observations make it highly likely that the other members of this family will also be important in quality control of the translation system in mammalian mitochondria.

### ***1.3.5 Mitochondrial Dynamics, Degradation and Movement***

#### **1.3.5.1 Mitochondrial Dynamics**

The notion of mitochondria as lone ellipsoid organelles has long passed. Mitochondria can exist in a multitude of forms, shown to be dynamic and dependent on numerous factors. The transition between elongated reticular networks and punctate structures is dependent on two antagonistic processes, fission and fusion, both of which are vital for cell survival as they directly affect organelle number/shape and location. The interaction between individual organelles is vital for maintaining respiratory function and mixing mitochondrial content which benefits mtDNA stability and is capable of rescuing damaged phenotypes [121]. Changes in both these processes have been shown to cause certain neurodegenerative conditions and are implicated in the pathogenic pathway of many others. These processes are reviewed in Chap. 6.

## The Fusion Machinery

Fusion events are mediated through the mitofusins of the outer mitochondrial membrane and OPA1 of the inner membrane. The mitofusins in mammals consist of the two homologues Mfn1 and Mfn2; both are large GTPases containing hydrophobic heptad repeats, with long transmembrane repeats that contain charged residues [122]. The N and C terminal of both protrude into the cytosol [123]. The ability to form a U shape within the membrane is thought possible through the unusually long transmembrane domain and the charged residues within it. Ablation of either Mfn1 or Mfn2 in cells causes greatly reduced levels of fusion, removing both, and halts all mitochondrial fusion [124]. OPA1 is situated in the inner membrane and functions within the intermembrane space [125]. It is a dynamin family GTPase and was first identified through its mutation in dominant optic atrophy [126]. Eight protein isoforms are generated through mRNA splicing and possibly more through post-translational processing [127]. Removal of OPA1 causes loss of mitochondrial fusion as with the mitofusins but also causes severe modification in mitochondrial cristae structure [125]. Why mutations in this protein should especially cause retinal ganglion cell degeneration remains obscure.

## The Fission Machinery

Mitochondrial fission generates individual smaller organelles that are necessary for transportation purposes as well as selecting unwanted mitochondria for programmed removal by mitophagy. FIS1 and DRP1 are heavily involved in fission events. Dynamin-related protein 1 (Drp1) is predominantly found within the cytosol although a subset has been shown to localise to mitochondrial tubules. Furthermore, a proportion of these puncta have gone on to be fission sites [128]. As a dynamin family GTPase, Drp1 contains a characteristic GTPase domain, a central domain and a GTPase effector domain. Its removal increases mitochondrial length and tubule complexity [129]. FIS1 is a small outer membrane protein that contains a single C-terminal transmembrane domain and within the cytosolic domain a helical bundle [130]. Knockdown, as with DRP1, causes elongation of mitochondria, while overexpression causes fragmentation of the mitochondrial network [131].

### 1.3.5.2 Mitophagy

If mitochondrial damage is irrecoverable through fusion, the option to remove individual organelles through fission and subsequent mitophagy exists (reviewed in Chap. 11). Removal of damaged or unnecessary mitochondria is a highly regulated event. Current understanding highlights PINK1 accumulation on the mitochondrial outer membrane and the recruitment of the ubiquitin ligase, PARKIN, as key facilitators of this process. It is worth noting however that several factors in this relatively recent discovery remain unclear and it is likely that other components of the



pathway or indeed novel pathways are yet to be uncovered. To highlight just one example, recent work has shown that Fbxo7 participates in mitochondrial maintenance through direct interaction with PINK1 and Parkin and acts in Parkin-mediated mitophagy. Mutations in Fbxo7 (encoded by PARK15) also cause early-onset autosomal recessive Parkinson's disease [132]. PINK1 and PARKIN therefore likely function alongside, and may be dependent on, various factors yet to be revealed. Any inhibition of the mitophagy pathway leads to accumulation of dysfunctional mitochondria that can then harm other cellular components [133, 134]. Furthermore, useful components that would ordinarily be recycled are confined in these accumulations and the control of apoptotic signals is lost.

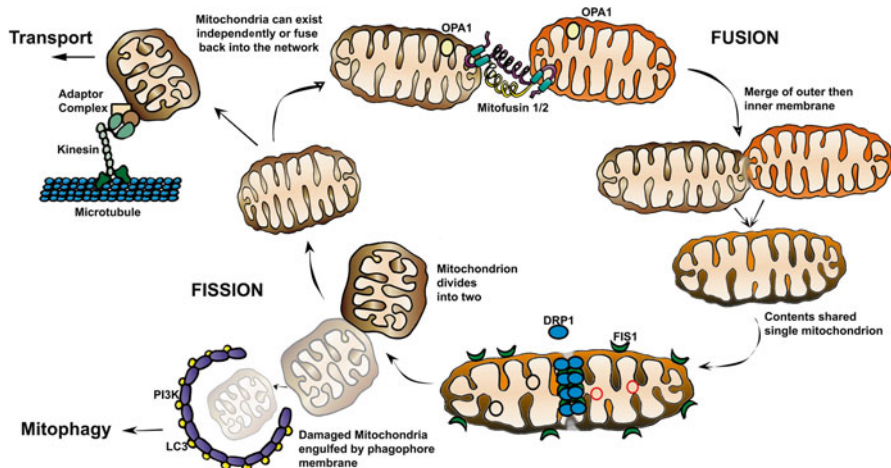
### 1.3.5.3 Mitochondrial Motility

Mitochondria not only show dynamic movement within the network but are also highly motile throughout cells providing a mechanism to position them where they are most needed. For example, it has been estimated that around 35% of neuronal mitochondria are estimated to be moving at any given time [135–137]. Trafficking becomes especially important in cells with axons that may be a metre or more in length. Sophisticated trafficking machinery exists to enable mitochondria to be readily transported to areas of increased energy demand or (perhaps) returned for degradation, although direct evidence for this scenario is limited. Mitochondria typically have set patterns of movement. These can be fairly uniform over long distances or show more 'stop-start-reconsider' characteristics, where movements are shorter and often punctuated with a pause that can precede a change in direction. The significance of these patterns remains obscure.

Within neurons mitochondria are largely moved along microtubules (Fig. 1.4), although movement using actin filaments has been reported for smaller distances and within dendritic spines and growth cones [138]. The 'docking' and 'shipping' of mitochondria onto these cellular tracks are facilitated through motor proteins and a plethora of adaptor proteins such as Milton, Miro, myosin and dynactin. Microtubules display uniform polarity in axons with all positive poles aligning at the axonal terminal; the tracking of mitochondria along these is mediated via different motors dependent on direction. For antegrade movement (towards the axon terminal), kinesin motors are employed; conversely, retrograde movement utilises dynein motors [139]. Disruption of mitochondrial motility can have ramifications for the cellular environment, including lack of energy where required and an inability to return mitochondria to be recycled meaning they are left in often 'at-risk' areas.

## 1.4 The Cause and Effects of Mitochondrial Dysfunction

Mitochondrial dysfunction may be caused by a number of factors. Mutations of mitochondrial DNA as well as of essential mitochondrial maintenance genes cause mitochondrial disease. However, mtDNA deletions are also prominent within the



**Fig. 1.4** Mitochondrial dynamics. Mitochondria are highly dynamic organelles that through the processes of fission and fusion can maintain a reticular network within cells. Changes in this network are often seen in disease and in the presence of mitochondrial defects. Mitochondrial fusion allows the joining of two mitochondria so that their outer and inner membranes fuse and their internal contents, including mtDNA, mix. Upon damage to the mitochondria or loss of membrane potential, mitochondria may separate through fission. Damaged mitochondria which fission from the network may then be degraded by the process of mitophagy

ageing brain and in diseases such as Parkinson’s disease; in fact early-onset forms of Parkinson’s disease can be caused by mutations within essential mitochondrial proteins including Pink1, Parkin and DJ-1. The cause of and expansion to high levels of mtDNA deletions with ageing, however, are still heavily debated, and with all the proposed causes of mitochondrial dysfunction, researchers struggle to disentangle cause from effect as many of the supposed causes of mitochondrial dysfunction are exacerbated by changes within the mitochondria. For example, mounting evidence shows that alpha-synuclein, the protein which aggregates to form Lewy bodies in Parkinson’s disease, interacts with mitochondria, causing their dysfunction, through inhibition of complex I [140, 141]. However, it is the aggregating forms of the protein which have these effects and in order to aggregate alpha-synuclein must undergo a conformational change, which may be caused by damage by reactive oxygen species (see Chap. 10). The damage of proteins and DNA caused by ROS is also likely to cause mitochondrial dysfunction particularly with advancing age. Oxidative damage may contribute to the aggregation of protein into structures such as Lewy bodies, amyloid plaques and neurofibrillary tangles, which form the pathological hallmarks of a number of neurodegenerative diseases. ROS are also likely to contribute to the accumulation of mitochondrial DNA mutations, damage to mitochondrial membranes and damage to key mitochondrial proteins, including those of the respiratory chain.

As previously mentioned mitochondria are also a significant source of reactive oxygen species within the cell. Their ability to assemble iron-sulphur clusters ensures that mitochondria also contain a high concentration of iron which through

the Fenton reaction can increase the production of hydroxy radicals. Mitochondrial dysfunction has long been proposed to lead to an increase in the production of ROS which contribute not only to the damage of a number of cellular components but also cause further mitochondrial dysfunction. It is feasible that dysfunction within the mitochondrion could also lead to a reduction in iron-sulphur cluster formation, which may lead to an accumulation of iron within them which would again exacerbate production of ROS. A disruption in iron metabolism has been associated with a number of neurodegenerative disorders including Parkinson's disease, Alzheimer's disease and neurodegeneration with brain iron accumulation (NBIA), which has now been linked to mutations in a number of mitochondrial genes (see Chap. 4).

In this edition we have invited leaders in their fields to delve into the consequences of mitochondrial dysfunction, from a number of different perspectives with the aim of understanding how these mechanisms contribute to neuronal death and dysfunctions in neurodegenerative disease. Measuring the consequences of mitochondrial dysfunction particularly within human tissue is challenging, highlighting the need for good animal models which faithfully recapitulate mitochondrial defects (see Chap. 13).

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**Part II**  
**Mitochondrial Dysfunction:**  
**Causes and Effects?**

# Chapter 2

## Neurodegeneration in Mitochondrial Disorders

Jonathan Phillips, Hannah Hayhurst, and Nichola Zoe Lax

**Abstract** Mitochondria are critically responsible for the generation of energy in the form of adenine triphosphate (ATP) through the mitochondrial respiratory chain (see Chap. 1). The central nervous system (CNS) performs highly energy-intensive tasks and is therefore particularly dependent on ATP. Defects residing within the complexes of the respiratory chain can affect the synthesis of ATP and consequently severely compromise neuronal function. It is unsurprising then that mitochondrial DNA (mtDNA) defects are an important cause of neurological disease. The clinical presentation is often heterogeneous in terms of age of onset and different neurological signs and symptoms which might include ataxia, seizures, cognitive decline, blindness and stroke-like episodes. The clinical course can vary considerably, but in many patients there are progressive neurological decline and marked neurodegeneration. Our understanding of the mechanisms underpinning neurodegenerative changes due to mitochondrial DNA defects is limited due to the availability of appropriate animal models of disease. However, studies on human post-mortem CNS tissues have provided an invaluable insight into the distribution and severity of neuronal degeneration in patients harbouring mitochondrial DNA defects. In this chapter, we describe the neuropathological changes occurring in the CNS associated with different mutations of the mitochondrial genome and discuss the mechanisms which might contribute to neural dysfunction and cell death.

**Keywords** Mitochondria • Mitochondrial DNA • Respiratory chain deficiency • Neurodegeneration • Neuropathology

### 2.1 Introduction

Mitochondrial disease was first described in 1962, when Luft and colleagues described a patient with non-thyroidal hypermetabolism [1]. Since this discovery, major advances in our understanding of mitochondrial biology and genetics have

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permitted the recognition of a number of mitochondrial disorders [2]. Mitochondrial diseases are heterogeneous disorders that arise from dysfunction of the mitochondrial respiratory chain due to mutations in either the mitochondrial or nuclear genome. Mitochondrial diseases might be described as primary disorders arising from mtDNA defects, either in the form of point mutations or rearrangements, or secondary disorders due to intergenomic signalling failure resulting in accumulation of mtDNA deletions or mtDNA depletion. MtDNA defects and respiratory chain abnormalities are increasingly linked with the pathogenesis of other neurodegenerative disorders, such as Parkinson's disease. As discussed in Chap. 1, mitochondria contain their own circular double-stranded DNA encoding for 13 polypeptides of the mitochondrial respiratory chain, 22 transfer RNAs (tRNA) and 2 ribosomal RNAs (rRNA) [3]. This genome is under dual genetic control, with many mtDNA maintenance genes encoded by the nuclear genome.

Mitochondrial DNA diseases present an important social and economic burden with an estimated prevalence of 1 in 10,000 people with a clinical manifestation of the disease and a further 1 in 6000 at risk of developing mitochondrial disease [4].

Neurological deficits are consistently reported in patients with mitochondrial disease and are often the most disabling [5]. Neurological symptoms are wide ranging and may include seizures, dementia, peripheral neuropathy, sensorineural deafness, stroke-like episodes and cerebellar ataxia. It is important to recognise that patients with mitochondrial disease do not always conform to the exact clinical criteria/presentation for a specific syndrome and many only manifest with a few features (Table 2.1).

There are a number of reasons why the central nervous system (CNS) is particularly vulnerable to mitochondrial dysfunction. Firstly, the brain is highly metabolically active and therefore particularly susceptible to bioenergetic failure [6]. Secondly, it has considerably fewer antioxidant defences than other tissues, so it is less able to protect against excessive reactive oxygen species (ROS) production [7]. Thirdly, with the exception of the subventricular zone, olfactory epithelium and the hippocampus, most neurons within the brain are post-mitotic and therefore irreplaceable [8]. Consequently, any particular neuronal insult will prove fatal to the cell if not alleviated in some way. In addition, there is increasing evidence linking mitochondrial dysfunction to neuronal cell loss in age-related neurodegenerative disorders, including Alzheimer's disease and Parkinson's disease.

## 2.2 Neurodegeneration in Mitochondrial Diseases

### 2.2.1 Brain Atrophy

Post-mortem brain atrophy is a common observation in patients with mitochondrial disease though quantitative data are sparse. In Newcastle, a series of 18 brains dissected at post-mortem with genetically and clinically diverse mitochondrial disease showed evidence of atrophy in 16. The average fresh brain weight was reduced by

**Table 2.1** Clinical features of mitochondrial syndromes

Disorder	Primary feature	Causative mutations
Alpers' syndrome	Childhood onset characterised by severe developmental delay, intractable epilepsy and liver failure	The most common mutations are autosomal recessive mitochondrial DNA polymerase
Chronic progressive external ophthalmoplegia (CPEO)	Bilateral ptosis and external ophthalmoplegia	CPEO can be caused by point mutations in the <i>MT-TL1</i> gene or mtDNA rearrangements resulting from mutations in nuclear-encoded mitochondrial maintenance genes such as <i>POLG</i>
Leigh syndrome (LS)	Presentation of nystagmus, hypotonia and respiratory dysfunction due to brainstem dysfunction in infancy	The mtDNA point mutation, m.8993T>G, accounts for 10% of affected individuals. Approximately 30% of patients have a mutation to the nuclear-encoded gene <i>SURF1</i> which is involved in the assembly and maintenance of complex IV
Leber hereditary optic neuropathy (LHON)	Degeneration of the retinal ganglion cell layer and optic nerve leading to bilateral subacute loss of central vision with a predilection to males	95% of LHON cases are due to the following mtDNA point mutations: m.3460G>A ( <i>MT-ND1</i> ), m.11778G>A ( <i>MT-ND4</i> ) and m.14484T>C ( <i>MT-ND6</i> )
Kearns-Sayre syndrome (KSS)	Presentation of retinitis pigmentosa and progressive external ophthalmoplegia before the age of 20 years	KSS results from a sporadic large-scale deletion in the mtDNA. The most common deletion size is 4779 bp
Mitochondrial encephalomyopathy with lactic acidosis and stroke-like episodes (MELAS)	The phenotype is characterised by lactic acidosis, stroke-like episodes and seizures	80% of MELAS cases are caused by the point mutation m.3243A>G ( <i>MT-TL</i> )
Myoclonic epilepsy with ragged red fibres (MERRF)	Presentation of cerebellar ataxia, myoclonic epilepsy, myoclonus and myopathy in childhood and adolescence	Over 80% of MERRF cases are caused by the point mutation, m.8344A>G ( <i>MT-TK</i> )
Polymerase gamma encephalopathies	The typical syndromes associated with <i>POLG</i> mutations are ataxia neuropathy spectrum (ANS) and myoclonic epilepsy myopathy sensory ataxia (MEMSA). Characteristic symptoms associated with these syndromes are ataxia, myoclonic seizures, neuropathy and myopathy	Depletion, multiple deletion and multiple point mutations to mtDNA due to either autosomal dominant or autosomal recessive mutations to the gene, <i>POLG</i> , which encodes the mitochondrial DNA polymerase

about 16% (range: 2.4–36.7%; Table 2.2) compared to control individuals matched for age and gender. Of the 16 patients with atrophic brains, over half of the patients were aged 20–60 years and harboured a m.3243A>G mutation, three patients were aged between 18 and 55 years and harboured autosomal recessive polymerase gamma (*POLG*) mutations, two patients aged 42 and 58 harboured the m.8344A>G mutation, one patient harboured the m.13094T>C mutation associated with a MELAS (mitochondrial encephalomyopathy, lactic acidosis and stroke-like episodes)/Leigh overlap phenotype, one patient aged 50 harboured the m.14709T>C mutation and one patient aged 40 years harboured a single large-scale mtDNA deletion and Kearns-Sayre syndrome (KSS). Brain weights were within the normal limits in two patients aged 59 and 79 years harbouring autosomal recessive *POLG* mutations.

## 2.2.2 *Neuroradiological Imaging*

Neuroradiological imaging in patients with mitochondrial diseases often demonstrates focal lesions in cerebral cortex, white matter, basal ganglia and brainstem and particularly in patients with longer disease duration, generalised cerebral and cerebellar atrophy, all suggestive of CNS neuron loss. Enlargement of the fourth ventricle is often profound in younger patients and could be a predictor of cerebellar atrophy [9, 10].

Most of the imaging findings are diverse and nonspecific showing little correlation with genotype or biochemical phenotype, but in some of the mitochondrial diseases, lesions show a tendency for particular anatomical areas of the brain. For instance, in patients with MELAS, there is often prominent dilation of occipital horns with focal stroke-like cortical lesions in a non-vascular distribution generally in the posterior of the brain consistent with stroke-like episodes. At early stages of the disease, the lesions show features of vasogenic oedema, rather than ischaemic-like lesions [11], and often exhibit rapid resolution associated with clinical improvement. However, presence of cerebral atrophy in long-standing disease suggests association with gradual attrition of neuronal cells [9, 10]. In patients with MERRF (myoclonic epilepsy with ragged red fibres) due to the m.8344A>G mutation, neuroradiological imaging most often shows atrophy in the cerebral cortex, cerebellum, superior cerebellar peduncle and brainstem [12, 13]. More recently, MRI showed evidence of thalamic demyelination in a young male harbouring m.8344A>G but without the typical clinical presentation [14]. In patients with Leigh syndrome necrotic-like lesions distributed along the brainstem, thalamus and basal ganglia are considered characteristic [9]. Patients harbouring *POLG* mutations demonstrate a combination of thalamic and cortical lesions without basal ganglia involvement but with lesions in deep cerebellar nuclei and inferior olivary nuclei which can be indicative of mitochondrial spinocerebellar ataxia and epilepsy (MSCAE). In contrast, the main finding in patients with *POLG* mutations and Alpers' syndrome with paediatric onset is stroke-like lesions in occipital cortex [15], although thalamic changes have also been described, particularly in patients presenting as young adults [16, 17].

**Table 2.2** Post-mortem brain weights

Patients with mitochondrial disease										Normal cases (Dekaban, Sadowsky. <i>Ann Neurol.</i> 1978;4:345–356)		
Age (years)	Sex	Genetic defect	Wt (g)	Wt (% normal)	Wt (% reduction)	Age range (years)	Sex	Wt (g) mean ± SD				
47	M	m.3243A>G	1355	94.1%	5.9%	41–50	M	1440 ± 20				
45	M	m.3243A > G	1200	83.3%	16.7%	41–50	M	1440 ± 20				
20	F	m.3243A>G	829	63.3%	36.7%	19–22	F	1310 ± 10				
30	M	m.3243A>G	1174	81.5%	18.5%	22–30	M	1440 ± 20				
60	F	m.3243A>G	984	78.7%	21.3%	56–60	F	1250 ± 20				
37	F	m.3243A > G	930	72	28%	31–40	F	1290 ± 30				
42	F	m.3243A>G	1070	82.9%	17.1%	41–50	F	1290 ± 20				
57	F	m.3243A>G	1150	92%	8%	56–60	F	1250 ± 20				
42	F	m.8344A>G	1075	83.3%	16.7%	41–50	F	1290 ± 30				
58	M	m.8344A>G	1121	79.5%	20.5%	56–60	M	1410 ± 10				
34	F	m.13094T>C	1260	97.6%	2.4%	31–40	F	1290 ± 30				
55	M	m.14709T>C	1325	94%	6%	56–60	M	1410 ± 10				
40	F	Single mtDNA deletion	1040	80.6%	19.4%	31–40	F	1290 ± 30				
18	F	<i>POLG</i>	1098	81.9%	18.1%	16–18	F	1340 ± 30				
24	F	<i>POLG</i>	1081	83.2%	16.8%	22–30	F	1300 ± 10				
55	M	<i>POLG</i>	1292	91.6%	8.4%	56–60	M	1410 ± 10				
59	M	<i>POLG</i>	1480	105%	0%	56–60	M	1410 ± 10				
79	M	<i>POLG</i>	1421	105%	0%	76–81	M	1350 ± 10				

In some mitochondrial diseases imaging shows predominantly white matter lesions. In patients with KSS symmetrical lesions in the white matter of the cerebrum, cerebellum, globus pallidus, dorsal midbrain and thalamus are consistently reported [9]. In mitochondrial neurogastrointestinal encephalopathy (MNGIE) patients, there are diffuse white matter lesions in cerebral hemispheres, brainstem and cerebellar peduncle in addition to demyelinating peripheral neuropathy [18].

Intracerebral calcification has been commonly reported in MELAS, KSS and Leigh syndrome. A neuroimaging study from 1998 revealed that basal ganglia (BG) calcification, involving the caudate, putamen, thalamus and globus pallidus, was the most common finding in 54% of patients harbouring the m.3243A>G mutation [10]. A similar distribution pattern is seen in ageing suggesting that BG calcification in mitochondrial disease, and particularly in MELAS, may occur due to accelerated ageing [19]. This particular feature is also seen in a range of insults to the brain including anoxia [20], exposure to radiation [21], and parathyroid [22] and hypothyroid disorders [23], suggesting that this brain region responds to damage by laying down minerals. Although BG calcification in mitochondrial diseases is often severe, it has not been reported in association with BG atrophy. It is also unclear if there are any functional symptoms related to this pathology in the patients with mitochondrial diseases, and while there is evidence of BG calcification in other diseases, there does appear to be a lack of correlation between the degree of pathology and emergence of clinical symptoms [24, 25]. It is intriguing that in the very old and also in younger patients with psychiatric illnesses, psychotic symptoms are strongly associated with basal ganglia calcification [19].

## **2.3 Neurological Features, Genetics and Neuropathology of Mitochondrial Diseases**

Microscopic analyses of post-mortem brain tissue from patients with mitochondrial disease typically show profound neuronal cell loss, evidence of grey matter cortical lesions and accompanying astrogliosis and microgliosis. There is also evidence of mitochondrial respiratory chain impairments, predominantly affecting complexes I and IV in remaining cells, which can be defined using either a sequential cytochrome *c* oxidase and succinate dehydrogenase (COX/SDH) assay or the use of monoclonal antibodies raised against various subunits of the respiratory chain complexes.

### **2.3.1 Adult-Onset Disorders**

#### **2.3.1.1 Kearns-Sayre Syndrome**

##### Symptoms and Cause

Kearns-Sayre syndrome (KSS) is characterised by triad of symptoms including retinitis pigmentosa, progressive external ophthalmoplegia and an onset before the age of 20 years [26]. Other neurological features include deafness, cerebellar ataxia,



raised cerebrospinal fluid (CSF) protein levels, subclinical neuropathy and cognitive impairments (impairments in visuospatial attention and executive function) that are commonly associated with KSS. As KSS is a multisystem disorder, symptoms are not restricted to the nervous system; patients also often present with endocrinopathies, short stature, complete heart block, proximal myopathy and dysphagia [27].

KSS is caused by a single large-scale deletion or complex rearrangements of mtDNA that typically arise sporadically. MtDNA deletions range in size from 2.0 to 7.0 kb with about one third of patients harbouring a 'common deletion' of 4977 bp [28]. These deletions are typically located in the major arc between the two proposed origins of replication ( $O_H$  and  $O_L$ ).

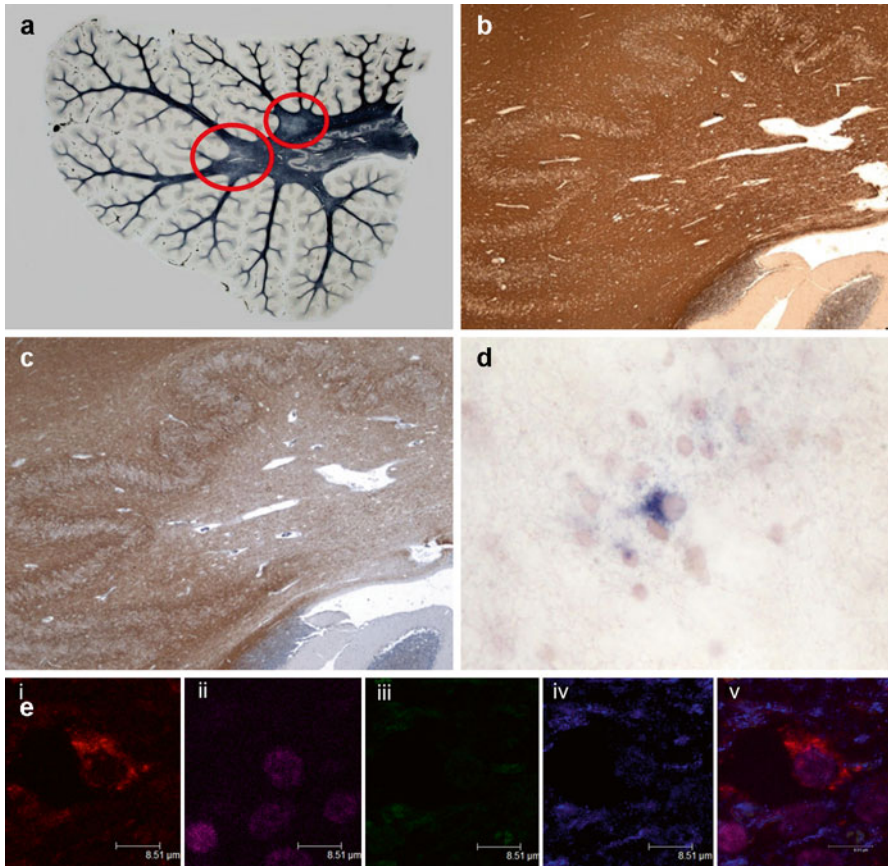
## Neuropathology

Neuropathologically, KSS is characterised by spongiform encephalopathy in the white matter tracts of the cerebrum, cerebellum (Fig. 2.1a), basal ganglia, thalamus and spinal cord [26, 29, 30]. The spongiform encephalopathy varies in severity from myelin splitting to vacuolation of the tissue [30]. The susceptibility of the white matter in KSS is confirmed by the observation of preferential loss of myelin-associated glycoprotein (MAG), and 2',3'-cyclic nucleotide phosphodiesterase (CNPase) the reduction in oligodendrocyte lineage cells (see Fig. 2.1b, c) and respiratory chain deficiency in mature oligodendrocytes (see Fig. 2.1d, e) which contribute to distal-dying back of oligodendrocytes in the cerebellum [31]. The pathology is not only restricted to the white matter, with neuronal cell loss observed in the cerebellum and brainstem. In the cerebellum, there is moderate loss of Purkinje cells accompanied by spongiform degeneration, capillary proliferation and reduced mitochondrial respiratory chain protein expression. The brainstem reveals neuronal cell loss and gliosis plus iron deposits, specifically in the globus pallidus [26].

### 2.3.1.2 Mitochondrial Encephalomyopathy Lactic Acidosis and Stroke-Like Episodes

#### Symptoms and Cause

The most common mutation associated with mitochondrial encephalomyopathy lactic acidosis and stroke-like episodes (MELAS) is the m.3243A>G mutation in the tRNA<sup>Leu</sup> gene. Central to the phenotype of MELAS are a triad of symptoms: lactic acidosis, stroke-like episodes and seizures. In addition, individuals can also suffer with hemianopia, hemiparesis, maternally inherited diabetes, deafness and ataxia. m.3243A>G is not the sole mutation to cause the MELAS phenotype; point mutations at positions m.3251A>G [32], m.3271T>C [33] and m.3291T>C [34] within the tRNA<sup>Leu</sup> gene can also produce a MELAS phenotype. Additionally to the tRNA<sup>Leu</sup> gene mutations, point mutations within tRNA<sup>Val</sup> (m.1642G>A) [35] and subunit III of cytochrome *c* oxidase (m.9957T>C) have been shown to be causative of a MELAS phenotype [36].



**Fig. 2.1** White matter pathology in patients harbouring a single large-scale mtDNA deletion and KSS. Multiple foci of mild spongiform degeneration and myelin pallor are observed in the cerebellar deep white matter of a patient with KSS harbouring a single large-scale mtDNA deletion (**a** circled, Loyez myelin stain). High magnification of the white matter neighbouring the dentate nucleus reveals high and uniform expression of myelin basic protein (**b** anti-myelin basic protein immunohistochemistry), while there is a selective loss of CNPase expression in the corresponding region indicating a loss of oligodendrocytes in the dentate nucleus (**c** anti-CNPase immunohistochemistry). Sequential COX/SDH histochemistry reveals COX-deficient cells in the white matter (**d** COX/SDH), while immunofluorescent studies confirm the presence of oligodendrocytes and their nuclei (**ei** and **ii** anti-Olig2, *red*, and nuclei, *magenta*) which demonstrate a loss of complex IV expression (**ei** anti-COX1 – *green*) despite high density of mitochondria (**eiv** anti-porin – *green*) which can be seen as a lack of colocalisation in the merged image (**ev**). A loss of complex IV expression is indicative of respiratory chain deficiency in those cells

## Neuropathology

The neuropathological hallmarks of MELAS are defined by the presence of ‘microinfarct-like’ lesions in the occipital, parietal and temporal lobes and cerebellar cortex (Fig. 2.2a, b). The lesions may feature laminar dehiscence and become cystic;

they are associated with necrosis, increased astrogliosis and capillary proliferation. While these lesions are not associated with any major vascular territories [3], there is evidence of respiratory chain impairment in the cells comprising the cerebrovasculature in addition to neurons [37, 38]. Blood vessel wall calcification in the basal ganglia, thalamus and globus pallidus is particularly prominent in these patients; however there is no neuronal involvement in these regions [10]. The cerebellum is almost always affected in these patients with evidence of widespread atrophy of the molecular and granular cell layers accompanied by profound Purkinje cell loss (see Fig. 2.2c, d) and loss of neurons from dentate nucleus. Surviving Purkinje cells undergo a number of morphological changes with the appearance of axonal swellings known as axonal torpedoes in the granular cell layer (see Fig. 2.2g), loss of presynaptic terminals, increased dendritic arborisation and trapped mitochondria within thickened dendritic processes [37, 39]. Respiratory chain deficiencies involving complexes I and IV are particularly prominent in Purkinje cells (see Fig. 2.2e, f) [37, 38] and this has recently been documented in interneurons within the temporal, occipital and frontal lobes [40].

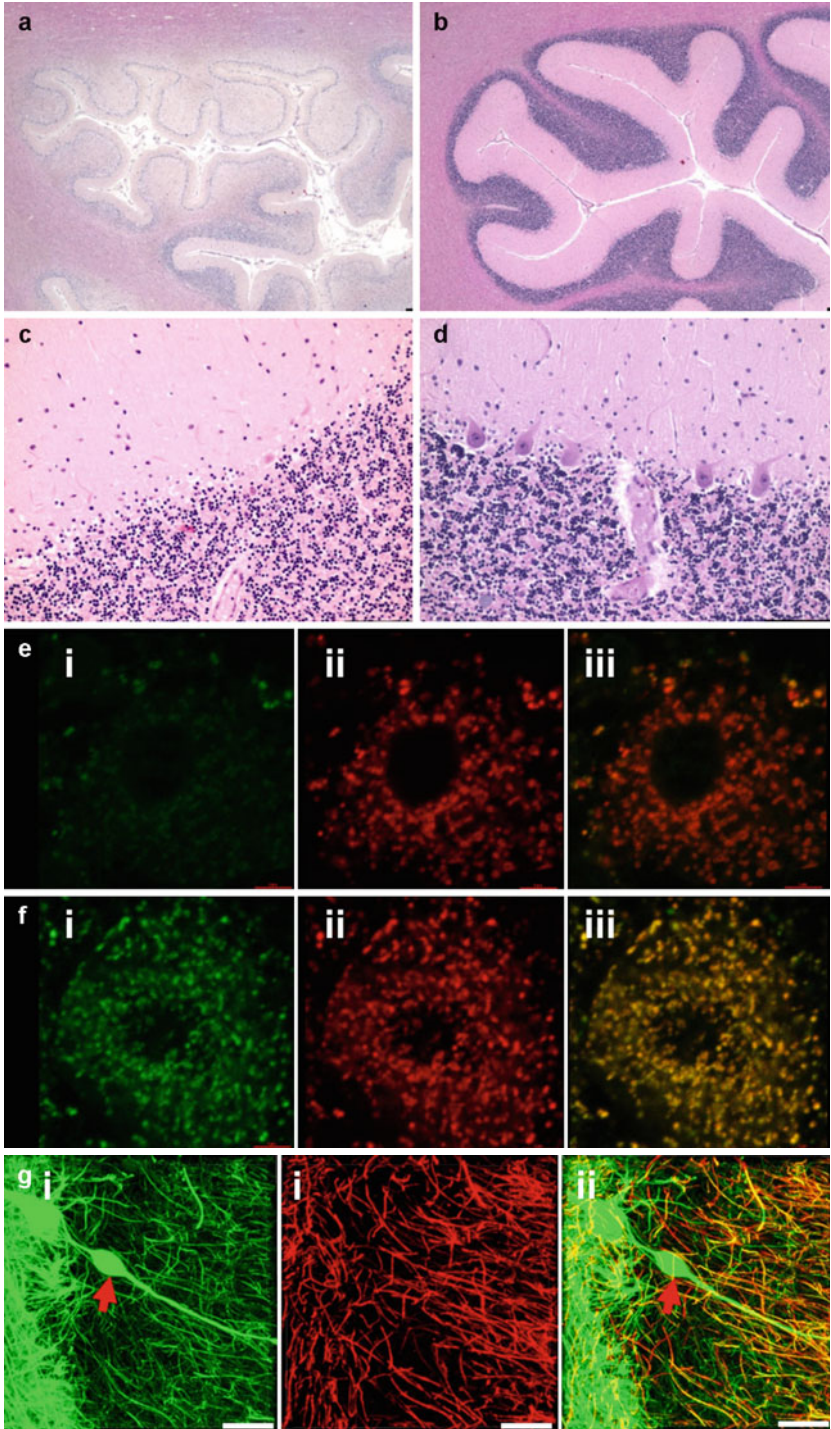
### 2.3.1.3 Myoclonic Epilepsy with Ragged Red Fibres

#### Symptoms and Cause

Originally described in 1980, myoclonic epilepsy with ragged red fibres (MERRF) occurs in childhood and early adulthood and is clinically characterised by deafness, seizures, myoclonus, myopathy, ataxia and the presence of ragged red fibres (RRF) in muscle [41]. The RRF may be observed following Gomori trichrome staining to reveal the presence of accumulated mitochondria below the plasma membrane of muscle fibres which might affect the contour of the fibre giving it an irregular or 'ragged' appearance. The typical point mutation associated with MERRF is the m.8344A>G mutation within tRNA<sup>lys</sup>, though a point mutation in the same tRNA, m.8356T>C, produces a phenotype similar to that of MERRF [42].

#### Neuropathology

The neuropathology of MERRF is characterised by neuronal loss, demyelination and astrocytosis located preferentially within the dentate nucleus and Purkinje cells of the cerebellum and inferior olive, red nuclei and substantia nigra of the brainstem [43]. Pathology is also observed in the spinal cord, with a significant reduction in neurons of Clarke's nucleus as well as mild neuron loss in the anterior and posterior horn [30]. Immunohistochemical analysis of the mitochondrial respiratory chain proteins shows reduced expression of subunits comprising complexes I and IV within the remaining neurons of the cerebellar dentate nucleus, inferior olivary nuclei and frontal cortex [37, 44]. Quantitative immunofluorescent analysis of substantia nigra neurons in a patient with m.8344A>G revealed that 22% and 23% of dopaminergic neurons did not contain subunits of complexes I and IV, respectively, despite preserved mitochondrial mass [45]. Another study observed reduced



GABAergic interneuron density in the frontal, temporal and occipital cortices of two patients harbouring the m.8344A>G mutation with remaining interneurons displaying a significant reduction in complex I and complex IV expression [40]. A study looking into the susceptibility of specific neuronal types harbouring the m.8344A>G mutation found that there was no correlation between heteroplasmy level and selective vulnerability of the neurons [46]. This study shows that the pathogenesis of MERRF is likely multifactorial, and neuronal vulnerability is not exclusively determined by high levels of mutated mtDNA.

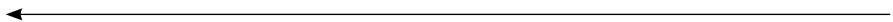
### 2.3.1.4 Leber Hereditary Optic Neuropathy

#### Symptoms and Cause

First described by Theodore Leber in 1871, Leber hereditary optic neuropathy (LHON) is clinically characterised by bilateral subacute loss of central vision due to the focal degeneration of the retinal ganglion cell layer and optic nerve [47]. The disease typically manifests between 20 and 40 years of age, with males being more commonly afflicted. The primary cause of 95 % of LHON cases can be attributed one of three mtDNA point mutations, including m.3460G>A, m.11778G>A and m.14484T>C [48]. Each mutation is present in genes that encode for subunits of complex I of the respiratory chain including *MT-ND1*, *MT-ND4* and *MT-ND6*, respectively.

#### Neuropathology

The neuropathology of LHON is characterised by progressive degeneration of the retinal ganglion cells and axons affecting the optic nerve. In the early stages of the disease, it is the small calibre axons of the papillomacular bundle that are lost before the rest of the fibres leading to optic atrophy [49]. In a number of LHON cases, the



**Fig. 2.2** Cerebellar pathology in patients harbouring the m.3243A>G mutation. Infarct-like lesion involving the molecular layer, Purkinje cells, granular cell layer and the white matter of the cerebellar cortex of a patient (**a** haematoxylin and eosin stain; scale bar 100  $\mu$ m) in contrast to intact morphology of the cerebellar cortex in a control individual (**b** haematoxylin and eosin stain; scale bar 100  $\mu$ m). Severe Purkinje cell loss and reduced granular cell density in the cerebellar cortex of a patient (**c** haematoxylin and eosin stain; scale bar 100  $\mu$ m), while preserved Purkinje cell density is seen in the cerebellar cortex of a control individual (**d** haematoxylin and eosin stain; scale bar 100  $\mu$ m). Purkinje cells from patients typically reveal prominent loss of complex I (**ei** NUDUFA13 subunit) expression despite high expression of complex IV (COX4 subunit **eii**) which can be seen in the colocalised image (**eiii**). While Purkinje cells from control individuals reveal high expression of both complexes I (**fi**) and IV (**fii**) and can be seen in the colocalised image (**fiii**). Scale bar 100  $\mu$ m. The main constituent of axonal torpedoes (**red arrow**) is phosphorylated neurofilament H (**gi**). There is a lack of myelin (myelin basic protein, **gii**) around the axonal torpedo as seen in the colocalised image (**gii**). Scale bar 100  $\mu$ m

involvement of the spinal cord is observed with demyelination, axon loss and macrophage activation in the gracile fasciculus of the posterior column of the spinal cord [50]. As well as the observation of necrotic lesions and gliosis in the brainstem [51].

### 2.3.1.5 Polymerase Gamma Encephalopathies

#### Symptoms and Cause

The mitochondrial genome is replicated by mitochondrial polymerase gamma (POLG). The human mtDNA polymerase is a 195 kDa heterotrimer consisting of a 140 kDa catalytic subunit (PolyA) and two identical 55 kDa accessory units (PolyB). The C-terminus of the catalytic subunit of PolyA is responsible for the polymerase function, while the N-terminus is responsible for exonuclease activity and proofreading of mtDNA. The linker mediates a focal contact with the dimeric accessory subunit. PolyA is encoded by the nuclear *POLG* gene. Primary mutations in the *POLG* gene represent one of the mechanisms that cause secondary mutations in the mtDNA, including depletion of mtDNA, multiple mtDNA deletions or multiple point mutations in mtDNA [52].

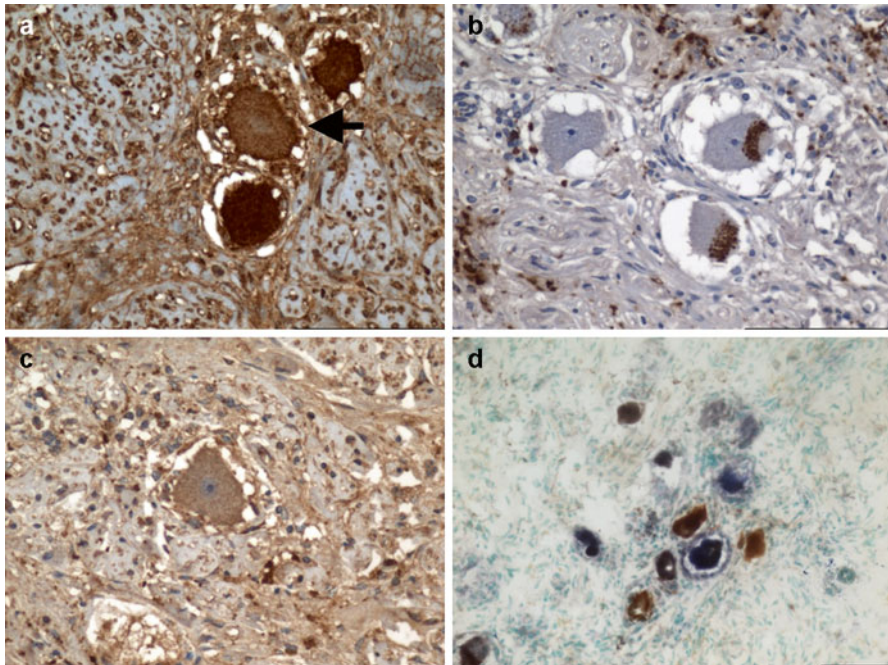
Recently, numerous mutations have been described in *POLG* in association with a spectrum of clinical/neurodegenerative phenotypes, including autosomal dominant and autosomal recessive progressive external ophthalmoplegia (PEO) [53–55], myoclonic epilepsy myopathy sensory ataxia (MEMSA) [56], ataxia neuropathy spectrum (ANS) [57], parkinsonism [58] and Alpers' syndrome [59].

#### Neuropathology

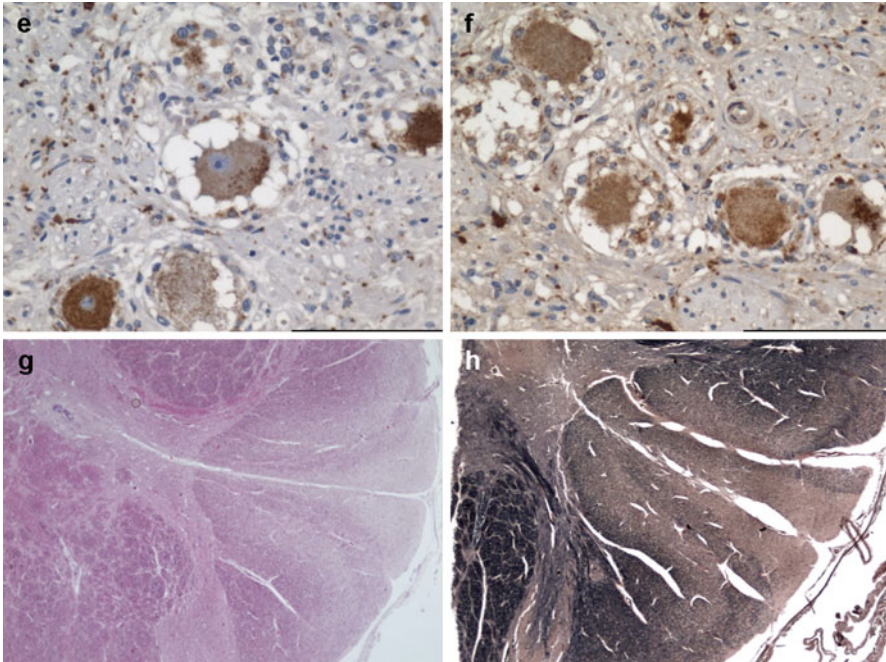
The first neuropathological description of a patient harbouring two recessive heterozygous *POLG* mutations, p.Ala467Thr and a novel p.X1240Gln and secondary multiple mtDNA deletions, was in 2000 [60]. In this patient, the inferior medullary olives were the most severely affected region, showing massive neuronal loss. Moderate to extensive neuronal loss was observed throughout the cerebellum and to a lesser extent in the dentate nucleus and the red nuclei, while the pons remained unaffected. This pattern is indicative of cerebello-olivary atrophy and probably underlies the cerebellar ataxia observed in patients with multiple deletions. A later neuropathological study reported that the spinal cord tissues demonstrated evidence of severe myelin and axonal loss within the posterior columns and in dorsal spinal roots. Severe neuronal loss and respiratory chain abnormalities were also present in dorsal root ganglia and in paraspinal sympathetic ganglia (Fig. 2.3). Ventral and lateral spinal tracts, motor roots and motor neurons were intact [61]. There was also severe depletion of neurons from the substantia nigra without Lewy body formation. Throughout the brain of this patient, there was lack of correlation between the distribution of COX-deficient neurons and the degree of neuropathological damage, similar to the findings in patients with MELAS and MERRF.

The neuropathology of a patient harbouring multiple deletions due to two heterozygous *POLG* mutations revealed the loss of pigmented neurons in the substantia nigra (SN) with alpha-synuclein-reactive Lewy body formation. In addition, unlike

in patients with typical Lewy body-Parkinson's disease (PD) but similar to patients with some mitochondrial diseases, there were loss of Purkinje cells, loss of neurons from the cerebellar dentate nucleus, profound loss of myelin and axons from posterior columns of spinal cord and loss of neurons from gracile nucleus. In the patient with the *POLG* mutations, the remaining SN neurons had high levels of mtDNA deletions (~65%) associated with COX deficiency in 21% of the neurons; these levels show a manifold increase compared to <3% of COX-deficient SN neurons observed in PD patients and <1% of SN neurons observed in ageing controls [62]. High levels of mtDNA deletions in the substantia nigra have recently been shown in



**Fig. 2.3** Evidence of prominent deficiencies of mitochondrial respiratory chain proteins within the sensory neurons of the dorsal root ganglia and myelin loss from the dorsal columns of the spinal cord in patients harbouring *POLG* mutations and multiple mtDNA deletions. Unusually reduced mitochondrial density in one neuron (*arrow*) and uneven cellular distribution within sensory neurons (**a** anti-porin immunohistochemistry) which also demonstrate profound neuronal deficiency of the NDUFB4 subunit of complex I with focal cytoplasmic clumping of immunoreactivity (**b** anti-NDUFB4 immunohistochemistry) and reduced expression of the SDHA subunit of complex II within the neurons of the dorsal root ganglia (**c** anti-SDHA immunohistochemistry), similar to the distribution observed with porin. Dual COX/SDH histochemistry reveals a high level of complex IV (COX) deficiency in some neurons (**d** *blue cells*), while in other neurons the COX activity is relatively unaffected (**d** *brown cells*). Further mitochondrial abnormalities can be observed with markedly reduced expression and focal cytoplasmic clumping of subunits I and IV of complex IV in all neurons (**e** anti-COX1 immunohistochemistry and (**f**) anti-COX4 immunohistochemistry – *arrow*). Loss of myelin from the dorsal columns of the spinal cord can be seen in patients (**g** haematoxylin and eosin staining and (**h**) Loyez myelin staining). Scale bar represents 100  $\mu$ m



**Fig. 2.3** (continued)

a larger cohort of patients with *POLG* mutations. In these patients, severe and time-dependent neuronal cell loss was observed in the cerebellum (affecting both Purkinje cells and dentate nucleus), inferior olivary nucleus and substantia nigra in conjunction with a high percentage of remaining neurons with complex I deficiency. They described foci of necrotic lesions (similar to those observed in patients with the m.3243A>G mutation) in the neocortex, hippocampus, thalamus and cerebellar cortex which they define as ‘focal energy-dependent neuronal necrosis’ [63].

## 2.3.2 *Childhood-Onset Disorders*

### 2.3.2.1 *Leigh Syndrome*

#### Symptoms and Cause

A progressive neurodegenerative disorder has an onset in infants usually before the age of 2 [64]. Leigh syndrome is clinically defined by brainstem dysfunction that results in nystagmus, hypotonia, motor and intellectual retardation and respiratory dysfunctions [65]. In addition to brainstem dysfunction, neurological symptoms including ataxia, dystonia and optic atrophy are common. The symptoms arise due to necrotic lesions to the brainstem, thalamus and basal ganglia, the cause of which



has been attributed to a possible failure in oxidative phosphorylation due to either a mtDNA or nuclear DNA mutation.

## Neuropathology

Leigh syndrome can be identified by symmetrical hypointensities on CT scan or hyperintense lesions on T2-weighted MRI in the anterior basal ganglia, medial thalami, periaqueductal region of the midbrain and pons and cerebellar hemispheres [66]. Macroscopically these lesions present with variable vacuolation, astrogliosis, neuron loss, vascular proliferation and demyelination [43]. While in the substantia nigra, necrosis, macrophage infiltration and axonal swelling had also been observed [67]. The lesions that appear in Leigh syndrome are very heterogeneous, likely due to the fact that the mutations associated with the disease are in a multitude of nuclear and mtDNA genes encoding mitochondrial enzymes, including pyruvate dehydrogenase, and respiratory complexes I, II, IV and V; therefore a different mutation will result in a differing phenotype.

### 2.3.2.2 Alpers' Syndrome

#### Symptoms and Cause

Alpers' syndrome, also known as Alpers-Huttenlocher syndrome, is an early-onset neurodegenerative disorder characterised by a clinical triad of severe developmental delay, intractable epilepsy and liver failure. Presentation is often sudden with uncontrollable seizures in a previously healthy child. The onset is bimodal: it most commonly affects infants between the ages of 2 and 4 years (range, 3 months to 8 years), but has a second peak of onset between the ages of 17 and 24 years (range, 10–27 years) [68]. Other symptoms include ataxia, hypotonia, cortical blindness, spasticity and dementia. The disorder is progressive and often leads to death from hepatic failure or status epilepticus before age 3 years [69].

Alpers' syndrome is caused by autosomal recessive mutations in *POLG*. Defects in *POLG* compromise replication and repair of mtDNA and can therefore result in mtDNA depletion or accumulation of mtDNA deletions, though depletion is more frequently reported in these patients. This affects mitochondrial respiratory chain function through impaired oxidative phosphorylation, lowered ATP generation leading to cellular dysfunction and death in affected tissues [70].

## Neuropathology

In 1931, Bernard Alpers first used the term 'diffuse progressive degeneration of the grey matter of the cerebrum', describing neuropathological findings such as neuronal loss and gliosis [71]. Subsequent studies have also shown degeneration of the cerebral grey matter with loss of neurons, astrogliosis and capillary proliferation

[59, 69]. On macroscopic neuropathological examination, symmetrical atrophy with laminar necrosis and neuronal degeneration is seen in the cerebral cortex (with predominant involvement of the temporal and occipital lobes), hippocampi, olfactory bulbs and cerebellum [72]. The presence of focal ischaemic or necrotic lesions is variable. Neuronal respiratory chain deficiencies, affecting complex I, and lowered mtDNA content correlating with the severity of neurodegeneration have recently been described in a large cohort of patients with *POLG* mutations [63].

## 2.4 Mechanisms of Neurodegeneration in Mitochondrial Diseases

Understanding the mechanisms contributing to neurodegeneration in patients with mitochondrial disease is complicated, and though post-mortem studies are crucial for documenting the neuropathological changes, it can be difficult to disentangle cause and effect and therefore precisely delineate mechanisms contributing to neuronal cell dysfunction and death.

### 2.4.1 *Mitochondrial Homeostasis*

Neurons have a high and constant demand for ATP generated via mitochondrial metabolism which is reflected by high mitochondrial mass within the neuronal cell body, axon, presynaptic terminals and dendritic branches [73]. To support this metabolic demand, mitochondria are highly dynamic and continuously move, fuse and divide. Although mitochondria are essential for ATP generation, mitochondria also play essential roles in the production of iron sulphur clusters and in calcium handling, apoptosis and ROS signalling (see Chap. 1). To some extent, all of these processes have been implicated in neurodegenerative diseases.

### 2.4.2 *Mitochondria and Calcium Handling*

Mitochondria play a pivotal role in the tight regulation of intracellular calcium ( $\text{Ca}^{2+}$ ) levels and achieve this via uptake through a membrane potential-driven carrier, known as the mitochondrial calcium uniporter (MCU) [74].  $\text{Ca}^{2+}$  homeostasis is particularly important for neuronal function where  $\text{Ca}^{2+}$  is intricately linked to neurotransmitter vesicle release, synaptic plasticity and mitochondrial transport [75]. Neuronal mitochondria transition between mobile and stationary states in response to intracellular  $[\text{Ca}^{2+}]$  [76]. It is thought that this mechanism allows

mitochondrial retention in presynaptic terminals and postsynaptic dendritic spines, where calcium influx is dynamic and requires tight regulation to maintain neurotransmission. While there have been a limited number of studies investigating the effect of mtDNA mutations on  $\text{Ca}^{2+}$  homeostasis, these have often focused on non-neuronal cell lines where physiological differences may be manifold. Fibroblasts derived from patients harbouring the m.3243A>G mutation revealed high basal  $\text{Ca}^{2+}$  levels and sustained elevation of calcium in response to depolarisation following stimulation with potassium [77]. Furthermore  $\rho^0$  osteosarcoma cells derived from a patient with the m.3243A>G mutation found a perturbed intra-mitochondrial calcium homeostasis [78]. A recent study of mature neurons derived from embryonic stem (ES) cells harbouring mtDNA mutations displayed a normal  $\text{Ca}^{2+}$  baseline, but following repeated glutamate stimulation, there was a progressive deficit in  $\text{Ca}^{2+}$  transients [79]. These studies show that mtDNA mutations not only impair ATP generation but also the ability of mitochondria to regulate  $\text{Ca}^{2+}$  homeostasis which could contribute to neurodegeneration since an increase in neuronal calcium concentration is a mechanism of excitotoxicity [80].

### 2.4.3 Mitochondria and Cell Death

There are three defined modes of cell death which might become induced in energetically compromised neurons: necrosis, apoptosis and autophagy. Mitochondria are intricately involved in the process of apoptosis since disruption of mitochondrial transmembrane potential can cause the release of cytochrome *c* and apoptosis-inducing factor from the mitochondria into the cytoplasm. Although the mechanism of neuronal cell death in patients with mitochondrial disease is not known, there are a few studies which examine apoptosis in muscle fibres in conjunction with respiratory chain deficiency; however the results from these reports are inconsistent and contradictory. One study found increased expression of factors associated with apoptosis (Fas, caspase-3 and p75) and increased TUNEL labelling (indicating double-strand breaks in DNA) in skeletal muscle biopsies from patients with point mutations or mtDNA deletions [81]. However in a different study, TUNEL labelling was not significantly increased in muscle biopsies from patients with mitochondrial disease; however the expression of apoptotic makers (Bax and Apaf-1) and cytochrome *c* release from mitochondria were observed in ragged red fibres, indicating initiation of apoptosis [82]. Another study found that a peptide known as humanin was upregulated in patients with MELAS and MERRF and this was inhibiting apoptosis in muscle fibres [83]. While a study investigating neuropathology of patients with *POLG* encephalopathy observed no neurons that were positive for caspase-3 immunohistochemistry, two patients with Alpers' syndrome demonstrated some TUNEL staining in neurons [63]. The timeframe for capturing neurons undergoing cell death is likely to be narrow, and so it is challenging to identify the exact mode of cell death in post-mortem brain tissue.

#### 2.4.4 Oxidative Stress

Mitochondrial metabolism is also a major source of reactive oxygen species (ROS) production in the cell [84]. Unpaired electrons may leak from complexes I and III and react with oxygen to produce damaging superoxide. The excessive production and release of ROS have been linked with neurodegeneration as ROS can react with and oxidise molecules such as proteins, DNA and lipids resulting in oxidative stress. Oxidative stress occurs when there is an imbalance in the creation and detoxification of reactive oxygen species leading to the oxidation and damage of proteins, DNA and lipids. However at normal levels, ROS can act as intracellular signals. Dysfunction within mitochondria leading to increased ROS production has been postulated as a pathological mechanism for both disease and the typical ageing phenotype [85]. In a mouse model of LHON where mice harbour a mutation in the *MT-ND6* gene (the human equivalent of the m.14600G>A mutation), decreased complex I activity and increased ROS production were observed in synaptosomes, while ATP homeostasis was preserved which lead the authors to speculate that a chronic increase in ROS production and oxidative damage was the pathological driving force for LHON [86]. Increased ROS production was also observed in primary skin and muscle fibroblasts from a mouse where complex I accessory subunit (*NDUFS4*) was knocked out [87]. However, fibroblasts derived from a French Canadian variant of Leigh syndrome due to a mutation in the *LRPPRC* gene, which encodes for a protein involved in mitochondrial mRNA stability, presented with mitochondrial abnormalities but no increase in ROS production [88]. This was also observed in a different mouse model of mitochondrial disease, where the *POLG* gene is mutated and there was no reported increase in ROS production [89]. As shown by the conflicting results from these studies, it is unlikely that the increase in ROS is solely responsible for neurodegeneration but might act in conjunction with dysfunction of other important mitochondrial pathways to cause neural dysfunction and degeneration.

### 2.5 Modelling Neuropathology of Mitochondrial Disease

Recent developments using cell culture models have allowed a more mechanistic approach to understand the impact of mitochondrial dysfunction on neural function. Differentiated neurons derived from mouse embryonic stem cells harbouring mtDNA defects have been generated including wild type parental cells, polymorphic variant cells, mild complex IV mutant cells and severe complex I mutant cells. Those neurons harbouring severe complex I mutations revealed the most dramatic alterations; with reduced ability to undergo neuronal differentiation and delayed development [90]. Despite this, differentiated neurons showed maintenance of high mitochondrial membrane potential with reversal of the ATP synthase and marked ROS production [91] while demonstrating an impaired response to  $\text{Ca}^{2+}$  transients following repetitive neuronal stimulation [79].

A more promising approach to understand mechanisms of neural dysfunction and degeneration derives from the reprogramming of patient fibroblasts into induced pluripotent stem cells (iPSCs). These cells contain the original nuclear and mitochondrial DNA from patients and are capable of differentiation into any cell type, including post-mitotic neurons. A recent study using neurons derived from patient fibroblasts harbouring the m.3243A>G mutation revealed bimodal segregation of mutated mtDNA with cells containing either 100% wild type and 100% mutated mtDNA and prominent complex I deficiency recapitulating the respiratory chain abnormalities detected in post-mortem tissues [92, 93]. Patient-derived iPSCs will not only improve understanding of disease mechanisms but may also play a role in regenerative medicine since cellular homoplasmy for the m.8993T>G mutation was genetically corrected using somatic cell nuclear transfer [94].

The generation of mouse models has helped towards understanding the pathogenesis of mitochondrial disease. The majority of models manipulate nuclear DNA, due to technical challenges associated with modification of the mitochondrial genome and the complexity of the mitochondrial bottleneck, and in recent years many groups have begun to take advantage of Cre-Lox recombination technology which permits the excision of specific genes that are flanked by two LoxP sites through the activity of an enzyme Cre recombinase. Though mouse models are discussed elsewhere in this book (see Chap. 14), there are recent developments using mice where complex I (e.g., *NDUFS4* [95]), complex III (e.g., *UQCRC1* [96]), complex IV (e.g., *COX10* [96, 97]) and mtDNA maintenance (e.g., *TFAM* [98–100]) genes are floxed by two LoxP sites which induce knockout of the gene when crossed with mice expressing a Cre recombinase under control of neuronal-specific promoter. In these mice, the effects of the gene knockout on neural function and degeneration can be monitored and the mechanisms contributing to neurodegeneration can be further delineated.

## 2.6 Conclusion

Deciphering the mechanisms of neurodegeneration in patients with mtDNA diseases poses a difficult challenge to neuroscientists because of the diversity in clinical presentations, different types of mtDNA mutations and variable pattern of brain involvement. However, increased understanding of the processes underlying CNS degeneration in patients with mtDNA diseases may be informative for other neurodegenerative disorders where a mitochondrial aetiology is suspected.

There is some evidence that mutations within the mitochondrial genome or mitochondrial dysfunction play a role in a number of neurodegenerative disorders including Parkinson's disease (PD), Huntington's disease (HD), Alzheimer's disease (AD) and multiple sclerosis [101–104]. While the role of these reported mitochondrial abnormalities, whether causative for the onset of neurodegeneration or a consequence of ongoing neurodegenerative processes, it is clear that mitochondrial dysfunction would act to exacerbate disease pathogenesis. However, much like the

mitochondrial encephalomyopathies, our understanding of the pathophysiological mechanisms involved in these diseases remains incomplete.

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## Glossary

**Anopia** A defect to the visual field.

**Ataxia** Progressive loss of coordination and balance in hands, arms and legs often due to dysfunction of the cerebellum.

**Axonal torpedoes** Fusiform swellings of the Purkinje cell axons.

**Bradykinesia** An abnormal slowness of movement, a characteristic clinical symptom seen in Parkinson's disease.

**Cardiomyopathy** The deterioration of heart muscle resulting in compromised heart function.

**Chronic progressive external ophthalmoplegia** Slowly progressive paralysis of the extraocular muscle which results in bilateral, symmetrical, progressive ptosis (drooping of the eyelids) followed by ophthalmoparesis (paralysis) months to years later.

**Cortical blindness** Total loss or partial loss of visual field with normal pupillary responses resulting from damage to the occipital lobe.

**Dysarthria** A speech disorder characterised by poor articulation. Often present in patients suffering from cerebellar ataxia.

**Dysphagia** Swallowing problems often present in conjunction dysarthria in patients suffering from cerebellar ataxia.

**Dystonia** Dystonia is characterised by involuntary and uncontrollable muscle spasms which can force affected parts of the body into abnormal, sometimes painful, movements or postures.

**Encephalopathy** Any disease that results in the alteration of the structure and function of the brain.

**Endocrinopathy** A disorder in the function of the endocrine gland which can often result in hormone imbalances.

**Epilepsy** Recurrent seizures (often described as fits).

**Extrapyramidal features** May be defined as an inability to initiate movements or an inability to remain motionless.

**Hypotonia** A state of low muscle tone resulting in reduced muscle strength.

**Laminar dehiscence** Splitting of the six cortical layers.

**Lipoma** A benign tumour consisting of brown fat cells that forms under the skin.

**Myoclonus** Brief involuntary twitching of a muscle or a group of muscles.

**Nystagmus** Involuntary eye movements that may result in reduced or limited vision.

**Oxidative stress** The imbalance of reactive oxygen species creation and detoxification leading to the oxidation of proteins, DNA and lipids.

**Peripheral neuropathy** Damage to the nerves comprising the peripheral nervous system which can result in a combination of weakness, autonomic dysfunction and sensory abnormalities.

**Proximal myopathy** Weakness of those muscles located closely (proximal) to the body.

**Ptosis** A drooping of the upper eyelids.

**Retinitis pigmentosa** Retinitis pigmentosa is a disorder of the retina which is characterised by dysfunction of the photoreceptors resulting in incurable blindness or tunnel vision.

**Stroke-like episodes** Neurological deficits often described as resembling stroke however do not conform to a vascular territory. They are often accompanied by cortical blindness, hemianopsia, or hemiparesis.

**Wolff-Parkinson-White syndrome** This syndrome is a heart condition caused by extra electrical activity and can lead to increased heart rate.

**Vasogenic oedema** The leakage of fluids from the vascular network into the extracellular space.

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# Chapter 3

## The Ageing Brain, Mitochondria and Neurodegeneration

Gavin Hudson

**Abstract** The brain is a complex and energy-demanding organ, which like any organ is subject to the ravages of time. Mitochondria are synonymous with their role in energy production, which is particularly critical to high-energy-demanding cells such as neurons.

Here we discuss ageing of the brain, initially setting the scene by introducing the core concepts associated with brain ageing; discussing the physiological, genetic and cognitive changes which occur over time; and subsequently introducing the roles that mitochondria play in the ‘normal’ brain ageing process.

The final section of the chapter discusses the role of both inherited and somatic mitochondrial DNA variation in neurodegeneration, initially in the context of primary mitochondrial disorders (such as Leber’s hereditary optic neuropathy, myoclonic epilepsy and ragged-red fibres and mitochondrial encephalomyopathy lactic acidosis and stroke-like episodes) and subsequently in the context of common, but more complex, neurodegenerative diseases such as Parkinson’s disease, Alzheimer’s disease, Huntington’s disease, amyotrophic lateral sclerosis, Friedreich’s ataxia, hereditary spastic paraplegia and multiple sclerosis.

**Keywords** Brain ageing • Mitochondrial DNA (mtDNA) • mtDNA mutation • Neurodegeneration • Ageing

### 3.1 The ‘Normal’ Ageing Brain

Like any organ, the human brain is susceptible to the endless march of time with the effects of ageing often manifesting as diverse pathologies. To understand the role of mitochondrial DNA (mtDNA) variation in brain ageing, we must first understand what brain ageing entails.

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### 3.1.1 *Physiological Changes*

At the organ level, brain weight and volume decline at a rate of around 5% per decade after 40 years of age [1], with rates increasing in individuals over 70 years [2]. Volume loss is associated with an increase in ventricular volume and cerebrospinal fluid (CSF) spaces. Longitudinal magnetic resonance imaging (MRI) and comparative cross-sectional studies have shown that age-related brain changes are regional [2, 3] with the hippocampus and frontal lobes most affected. Estimates indicate that, over an age range of 30–90 years, the cerebral cortex, hippocampus and cerebral white matter are subjected to volumetric losses of 14%, 35% and 26%, respectively [4, 5]. The occipital cortex appears least affected.

The exact mechanism of reduction is up for debate, with studies indicating that grey matter shrinkage [6] and changing neuronal morphology [7], rather than the dogmatic theory of neuronal loss, are the principle components contributing to decreasing brain volume. Additional ageing hallmarks include dendritic sprouting [8, 9], a compensatory mechanism to maintain synapse number and cell number [10], a loss of dendritic arbour [11] and a decline in white matter [12].

The effects of ‘normal’ ageing are also seen at the cellular level. Lipofuscin, the pigmented residues of lysosomal digestion, accumulates in neurons; it is a hallmark of ageing and characteristic of a failure to eliminate the products of peroxidation-induced cell damage [13]. Neurofibrillary tangles and plaques, hallmarks of Alzheimer’s disease (AD), are identifiable in hippocampal, amygdala and entorhinal cortex neurons in healthy aged brains [14] although at subclinical levels. Amyloid  $\beta$ -peptide ( $A\beta$ )-containing plaques, another hallmark of AD, form in the grey matter of ‘normal’ aged brains, although present only in small numbers compared to the diseased brain. Advanced age increases the frequency of vacuoles, immunoreactive for neurofibrillary tangles (155K and 210K neurofilament polypeptides) [15], in the cell bodies of pyramidal and hippocampal cells leading to granulovacuolar degeneration [16]. Large (30  $\mu\text{m}$  long) rod-shaped, paracrystalline structures, termed Hirano bodies, accumulate in hippocampal pyramidal cells [17]. Similar to granulovacuoles, these bodies appear to be composed of cytoskeletal proteins (including actin) [18] as well as the constituents of neurofibrillary tangles [19]. As we age, a reduction of oxygen through a reduction in blood supply causes cerebral microinfarcts (cellular necrosis). Typically associated with dementia, these microinfarcts, difficult to detect by conventional means (MRI), are surprisingly common in aged brains (typically >80 years) [20].

### 3.1.2 *Genetic and Transcriptomic Changes*

Genetic factors, such as apolipoprotein E haplotype (*APOE*), have been identified largely through the investigation of pathological ageing such as in AD [21]. However, these studies are mixed, with some indicating age-related defects in

elderly  $\epsilon 4$ -haplotype carriers [22] and others showing no significant effect [23]. Studies in mice indicate that genetic loci (Hipp1a, Ch1 and Hipp5a, Ch5) can modulate hippocampal structure and volume during normal ageing (potentially mediated through the genes: retinoid X receptor gamma, *Rxrg*, and fibroblast growth factor receptor 3, *Fgfr3*, respectively) supporting the role of genetics in brain ageing [24].

At the transcriptomic level, work in mice indicates that the gene expression landscape of the brain, particularly genes involved in stress and inflammatory response, changes dramatically over time and can be modulated by dietary restriction [25]. This supports earlier work investigating the role of ageing in mice at the protein level [26]. In humans, a reduction in synaptic plasticity, modulated by a reduction in  $\alpha$ -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (*AMPA*) receptor expression, is a hallmark of ageing [27]. In addition reductions of key brain transcripts, including N-methyl-D-aspartate (NMDA) receptors (required for learning and memory) [28], GABA-A receptor subunits (required for neurotransmission) [29] and genes involved in long-term potentiation (e.g. *CALMI*, calmodulin 1, required for calcium signalling) [30], begin at around 40 years of age.

### 3.1.3 Cognitive Changes

Cognitive performance declines with age, although the differentiation between ‘normal ageing,’ ‘non-pathological ageing’ and neurodegenerative disease confounds quantitative measurement. The most observable phenotype associated with ‘normal’ brain ageing is a loss of memory, with no significant loss of visuospatial, cognitive function or language [31]. Memory is classified as four distinct classes: episodic (memory of situation, e.g. a memory of a birthday party), semantic (memory of facts, e.g. Washington, DC, is the capital of the USA), procedural (memory of motor skills, e.g. how to walk) and working (transient memory, for new and stored information) [32]. Studies have investigated the effects of ageing on memory using neuropsychological testing and neuroimaging, demonstrating that brain ageing has a profound effect on both episodic and semantic memory.

Episodic memory, typically affected in AD, is thought to decline from middle age onwards, affecting both recall and recognition in elderly life [33]. Semantic memory also decreases from middle age and then declines rapidly during elderly life [33], driven in part by slower cognitive reaction times, lower attention levels and slower processing speeds in aged individuals [6, 34]. In addition to memory, ageing affects an individual’s orientation and attention. Orientation, or the awareness of one’s surroundings, has been shown to decline mildly with advancing age [35], although this is inconsistent between studies, possibly reflecting the interaction of other variables [36]. Attention, or our ability to focus our brain’s resources on a task, declines with age; moreover secondary phenotypes associated with advancing age [37], i.e. impaired hearing or vision, compound valid attention testing. Indeed,

it is worth noting that differentiating these separate cognitive functions, which are intrinsically linked, makes data interpretation difficult [38],

### **3.1.4 *The Drivers of Brain Ageing***

Dopamine, a neurotransmitter involved in motor control, arousal, cognition and reward, declines from early adulthood at a rate of around 10% per decade, subsequently affecting both cognitive and motor function in aged individuals [33]. Serotonin (a neurotransmitter) and brain-derived neurotrophic factor (BDNF, a neuronal growth factor) are both expressed to maintain synaptic plasticity and both decline with age. We also know that sex hormones, particularly oestrogen, can affect dopaminergic efficacy – purportedly relaying a protective effect in neurodegenerative disorders such as AD [39]. As we age, cerebrovascular efficiency falls, which in turn impairs our ability to metabolise glucose [33], although subsequent data indicates that impaired glucose metabolism may be an effect of cellular atrophy, rather than a cause [40]. Finally, it is becoming clearer that mitochondria play an integral role in brain ageing, from modulating calcium influx and homeostasis [41] to direct dysfunction and the increased proliferation of reactive oxygen species (ROS) [42].

## **3.2 Mitochondrial Function in the ‘Normal’ Ageing Brain**

Even in the absence of a primary pathogenic defect, changes in mitochondrial function are intrinsically linked to ‘normal’ brain ageing, attributed principally to increased mitochondrial dysfunction, a direct loss of cellular energy or an increase in ROS production, which increases mitochondrial decay [43]. It is worth noting that, from a bioenergetic perspective, the brain is an extremely heterogeneous and dynamic organ; for example, there is a reciprocal relationship between neurons, which have aerobic terminals, and astrocytes, which are more dependent on glycolysis [44]. This complexity, which makes energetic interpretations difficult, must be considered when investigating mitochondrial function in the brain.

Aged animal brains show a significant decline in mitochondrial function, characterised as a loss of phosphorylation capacity, decreased mitochondrial membrane potential [45], decreased respiration, ATP synthesis and activation of the mitochondrial permeability transition pore. The aged brain shows a characteristic reduction in two key respiratory chain (RC) enzymes: NADH/ubiquinone oxidoreductase (complex I, CI) and cytochrome *c* oxidase (complex IV, CIV) [46]; however, the extent and localisation of the RC deficit are variable [47]. This reduction in RC activity appears to trigger a corresponding proliferation of mitochondria with age,



presumably an attempt to attenuate a loss of cellular energy [48] and neuronal mtDNA [49].

The brain, a high-energy organ, is particularly vulnerable to oxidative damage, in part due to a lack of antioxidant enzymes and the increased abundance of polyunsaturated fats, transition metals and the high rate of oxygen consumption [50]. Markers of oxidative stress, carbonylation (protein oxidation), lipid oxidation and the oxidation of the mitochondrial genome [51] are increased with age; however, whether increased oxidative stress markers are a result of a loss of antioxidant enzyme activity or an increase in pro-stress factors is contentious [52]. The coexistence of mitochondrial dysfunction and increased oxidative stress in the brain likely acts as a trigger for apoptotic activation, yet the role of apoptosis in the ‘normal’ ageing brain is controversial, with studies indicating that mitochondrially mediated apoptosis is not a cardinal element of ‘normal’ brain ageing [53] and is rather restricted to disease [54].

### 3.2.1 Mitochondrial DNA in the ‘Normal’ Ageing Brain

The risk of mtDNA mutation is high, primarily due to its localisation near to the site of oxidative stress [55], and is not restricted by tissue type or disease [56]. The result is a spectrum of mtDNA variation, ranging from the ‘inherited’ population-level polymorphisms which classify mtDNA haplogroups [57] to the acquired or somatic variation that accumulates with age (either large-scale deletions or single base-pair substitutions).

Despite strong links to mitochondrial functionality [58, 59], there is little evidence for the role of inherited mtDNA variation in ‘normal’ brain ageing. However, there are several reports linking inherited variation to the progression of neurodegenerative disorders such as Parkinson’s and Alzheimer’s disease (discussed later).

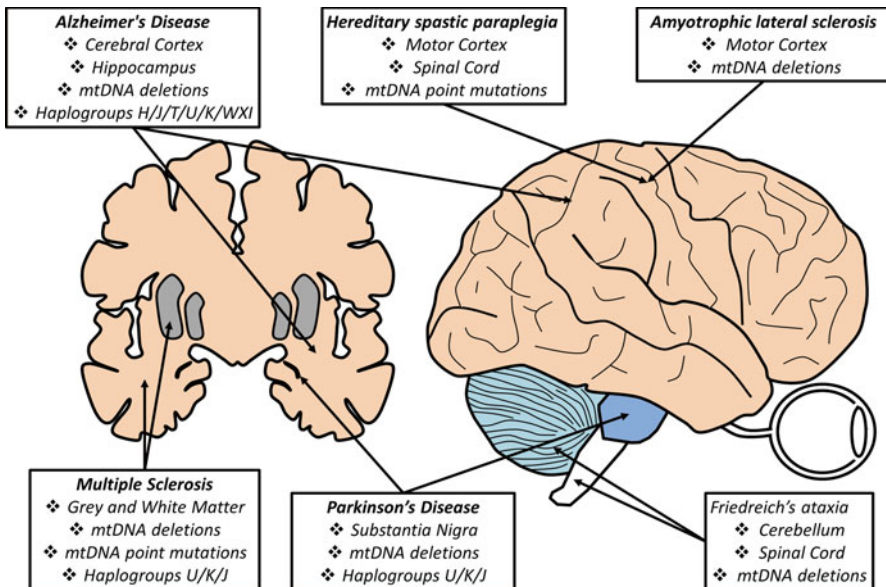
Conversely, there is mounting evidence indicating that acquired mtDNA variation accumulates in the brain during ‘normal’ ageing and much work has focused on the aptly named ‘common deletion’ (a 5 Kb deletion with known disease associations [60]), with reports showing that age-related oxidative damage increases the levels of the common deletion in several regions of the ‘healthy’ brain, particularly in the cortex, cerebellum, putamen [61, 62] and more recently substantia nigra and basal ganglia [60], and appears to correlate with regional differences in energy demand [63]. In addition to the common deletion, several studies have reported an increase in random and variable mtDNA deletions, typically smaller in size (>50 bp), which can be differentially distributed amongst brain regions [62, 64]. Studies of acquired single nucleotide variation in the brain are sparse; however studies have shown that healthy individuals harbour an increase in the frequency of low-level heteroplasmic variation in cytochrome *c* oxidase subunit I (*MTCO1*), the core catalytic subunit of complex IV of the RC [65] and the non-coding, regulatory, D-loop region [66].

### 3.3 Mitochondrial DNA Mutation and Neurodegeneration

As discussed, mitochondria are the cellular powerhouses, supplying critical ATP through oxidative phosphorylation. Secondary roles in apoptosis, responses to cellular stress and modulation of reactive oxygen species make mitochondrial function a central component of almost all cellular survival (see Chap. 1). The central nervous system (CNS), a highly energy-demanding system, is dependent on efficient mitochondrial function. A disruption of this function, through mitochondrial DNA mutation, is in many cases associated with neurodegenerative disease (Fig. 3.1).

#### 3.3.1 Mitochondrial DNA Mutations

Mitochondrial DNA, a circular 16.5 Kb molecule encoding the 13 core RC polypeptides, has a significantly higher mutation rate compared to its nuclear counterpart (around  $3\times$  or  $2.7\times 10^{-5}$  base pairs per generation) [67], due in part to an absence of histone and its proximity to the inner mitochondrial membrane – the site of ROS production. However, mitochondria do contain antioxidant and DNA repair enzymes, including oxoguanine glycosylase (*OGG1*, responsible for 8-oxoguanine base excision) and (*MUTYH*, involved in oxidative DNA damage repair);



**Fig. 3.1** Cartoon of the human brain showing the complex neurodegenerative diseases associated with mtDNA variation

furthermore mitochondrial gene expression is adaptive and isolated from the nucleus, allowing the post-translational machinery to generate individual gene products in response to ROS through retrograde signalling [68]. This retrograde signalling stimulates an adaptive nuclear response to mtDNA impairment, which modulates the expression of over 40 nuclear genes [69].

This high mutation rate and lack of effective mtDNA repair mechanisms lead to the formation of two classes of mtDNA variants: (1) inherited mtDNA variants, typically single base-pair exchanges that are present at varying population frequencies, and (2) acquired or somatic mtDNA variants, which can be either single base-pair exchanges or deletions of mtDNA.

### ***3.3.2 Primary Mitochondrial Disorders and Neurodegeneration***

Since the 1980s mitochondrial dysfunction has been a hallmark of metabolic disease [70] and subsequently over 300 mtDNA mutations have been associated with disease [71]. More recently, the phenotypic spectrum has broadened to include neurodegenerative disease [72], typically as a function of a primary mtDNA defect.

Leber's hereditary optic neuropathy (LHON) is the commonest cause of maternally inherited blindness and a cardinal example of how mtDNA mutations cause neurodegeneration [73]. MtDNA mutations (m.3460G>A, m.11778G>A and m.14484T>C in ~90% of cases) in NADH-dehydrogenase subunits (complex I) reduce cellular energy and increase oxidative stress and ROS production to cause a selective loss of retinal ganglion cells (RGC) in the retina whilst sparing the retinal pigmented epithelium and photoreceptor layer [74]. Atrophy of neuronal cell bodies and demyelination of the optic nerve are associated with impaired activity of the EAAT1 (excitatory amino acid transporter) glutamate transporter and increased mtDNA mutation-mediated ROS production triggering the apoptotic cascade [75]. RGC selectivity is attributed to high energy demand; however, atypical individuals may experience secondary neuronal loss.

Myoclonic epilepsy with ragged-red fibres (MERRF [76]) is typically attributed to m.8344A>G in the mitochondrial tRNA lysine gene (*MT-TK*) and presents as a progressive degeneration of the olivocerebellar pathway [77, 78], with severe neuronal loss in the inferior olivary complex, Purkinje cells and dentate nucleus. Biochemical studies indicate that m.8344A>G significantly impairs mitochondrial protein synthesis, hampering oxidative phosphorylation, decreasing ATP production and mitochondrial membrane potential and finally culminating in apoptotic cell death [79].

In addition, mtDNA mutations are associated with cerebellar or sensory ataxia [80], where a secondary loss of Purkinje or other cerebellar cells is seen in syndromes typically associated with a primary mtDNA defect, including Kearns-Sayre syndrome (KSS [81]), mitochondrial encephalopathy and stroke-like episodes (MELAS [82]) and neuropathy, ataxia and retinitis pigmentosa (NARP [83]).

### ***3.3.3 Mitochondrial DNA Mutation in Complex Neurodegeneration***

There is increasing evidence that an increase in oxidative stress and apoptosis is linked to the aetiopathogenesis of several age-related neurodegenerative diseases. Much research has focused on the role of mitochondrial impairment and oxidative stress in the onset and progression of the major ageing brain disorders, particularly Parkinson's disease (PD) and AD; however, research has also linked mitochondrial mutations to Huntington's disease (HD) and amyotrophic lateral sclerosis (ALS) (see Fig. 3.1).

#### **3.3.3.1 Parkinson's Disease**

Parkinson's disease is a degenerative disorder of the central nervous system, primarily affecting the motor system through a selective loss of dopaminergic neurons in the substantia nigra pars compacta. Early disease is typically movement related, manifesting as tremor, rigidity, slowness of movement initiation and gait instability, progressing to cognitive impairment in advanced stages.

The link between mitochondrial dysfunction and postmortem PD tissue is well recognised [84]. The substantia nigra pars compacta (SNpc), the most vulnerable tissue in PD patients, suffers an age-related reduction of complex I activity [85] and exposure to potent inhibitors of respiratory chain activity such as rotenone [86], 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) [87] and certain pesticides [88] manifest with neurological abnormalities similar to PD. The combined reduction in cellular energy availability and an increase in ROS may lower the threshold for neuronal apoptosis killing the energy-demanding dopaminergic neurons in the SNpc.

Despite a consistent link between mitochondrial proteomics and PD, the underlying genetic mechanisms remain complex and conflicting, due in part to the complex interactions of both inherited and acquired mtDNA mutations.

The role of inherited mtDNA variation, mediated primarily through mtDNA haplogroups, in the aetiopathology of PD is well studied, although the results are often conflicting and contentious.

Evolutionarily, inherited mtDNA mutations have created stable population subgroups termed 'mitochondrial haplogroups,' groups of phylogenetically similar mtDNA molecules, separated by a collection of stable and frequent polymorphic variants [57]. Many of these subdivisions occurred over 50,000 years ago, developing as humans migrated into new geographical regions. Over 95% of Europeans belong to one of ten major haplogroups, H, J, T, U, K (a subgroup of U), M, I, V, W and X, with each haplogroup defined by specific mtDNA sequence variants within the population. The role of inherited mtDNA variants and their defined haplogroups has evolved; once thought to be benign population variants, mtDNA haplogroups are now known to directly affect mitochondrial function

[58, 89] and have become associated with a broad spectrum of human disease [90–92]. In addition, there is evidence to suggest that inherited mtDNA may influence neuronal cytosolic pH and calcium regulation, which over time could influence neuronal function and viability [93].

In early work, the common European haplogroup J, driven largely by the presence of a single nucleotide substitution in MT-ND3 (m.10398G>A), was shown to be underrepresented in PD, suggestive of a protective effect, and is interesting given the purported effects of haplogroup J on ‘normal’ ageing, where it is overrepresented in healthy centenarians [94]. This is supported by a moderately powered study which found that a phylogenetically linked cluster containing haplogroup J (JTUK) reduced PD risk [95]. Smaller studies have reported a contradictory increase in PD risk with haplogroup J [96], but sample number and genetic heterogeneity, critically misunderstood in the highly mutable mtDNA [97], may account for this disparity. More recently, a much larger study and meta-analysis confirmed the role of haplogroup J/K in reducing the risk of PD [98], an effect which was replicated in a follow-up study later [99]. A meta-analysis of all available mtDNA-PD data was able to identify that the phylogenetically linked H/V haplogroups increased the risk of PD [99].

It is intriguing that ostensibly common, and once thought benign, variation in the mitochondrial genome could convey a direct effect on the pathoetiology of PD. More likely, haplogroup J/K/H/V are genetic tags of further mtDNA variation not directly investigated in these studies. For example, haplogroup K contains the lowest frequency of nonsynonymous complex I gene variants (when compared to the other haplogroups), raising the possibility that natural selection against genetic variation of complex I reduces the risk of PD in haplogroup K individuals. Similarly, an association with haplogroup H, which is linked to infection survival, raises the possibility that natural selection has led to the emergence of variants which predispose to age-related neurodegenerative disease through antagonistic pleiotropy. Similar to HD, where an increased CAG(n) repeat length in the Huntingtin gene causes a neurodegenerative disorder, but is associated with a lower incidence of cancer, recent mutations in mtDNA may be tolerated in humans because they increase the chance of surviving early-life insults such as sepsis, but are pathogenic in later life through the increased generation of reactive oxygen species. In both of these instances, advances in genotype and sequencing technology will allow researchers to understand the role of inherited mtDNA variants, by enabling more and more sequences to be collected and analysed.

More speculative is the exact role of acquired or age-related somatic, mtDNA variants. Much early work focused on the role of mtDNA deletions, large and small lesions in the genome. These deletions typically remove large proportions of the heavily coded mtDNA molecule, dramatically affecting mitochondrial protein synthesis and replication, which due to their obvious pathogenic nature appear heteroplasmic (a mixed population of mtDNA molecules within a cell or tissue).

Early studies failed to find a direct association between mtDNA deletion levels in the brains of PD patients, showing no significant increase when compared to age-matched healthy control tissue [100–102]. Advances in mtDNA isolation technology, enabling capture from single cells, and improvements in the PD diagnostic efficacy

improved deletion detection. Studies taking advantage of these technologies show that the frequency of mtDNA deletions in individual neurons in the SNpc of PD patients clonally accumulates with age, increasing after 65 years old [103], and is associated with a decrease in cytochrome *c* oxidase activity [104]. Both of these reports suggest that the SNpc is particularly vulnerable to free radical-mediated mtDNA damage and that mtDNA deletions may play a role in the pathoetiology of PD.

The identification of mtDNA deletions in non-PD-related disease [105] and healthy individuals [106] questions the exact contribution of these lesions to the development of PD. In addition, the observation of mtDNA deletions in newborn brains [107] raises the question of whether the clonal expansion mtDNA deletions are the cause of, or are driven by, SNpc failure.

Studies of acquired mtDNA point mutations, typically heteroplasmic, in PD are extremely limited and are often focused on idiopathic cases with no evidence of mitochondrial dysfunction. Studies have identified heteroplasmic variation in PD cases [108, 109]; however, without supporting biochemical or functional data, these variants and their role in the development of PD are difficult to interpret.

### 3.3.3.2 Alzheimer's Disease

Alzheimer's disease is a progressive loss of neurons and synapses in the cerebral cortex and subcortical regions and is the commonest cause of dementia in the elderly [110]. The disease is typically associated with plaques or neurofibrillary tangles (aggregates of hyper-phosphorylated tau protein).

Like PD, there are several lines of evidence linking mitochondrial dysfunction and oxidative damage in the aetiopathogenesis of AD. Animal experiments using mice which overexpress precursor amyloid protein (APP) demonstrated mitochondrial dysfunction and ATP production through a reduction in mitochondrial protein synthesis [111] or an interaction with mitochondrial matrix proteins [112]. Mitochondrial dysfunction, primarily a reduction in neuronal cell energy, promotes tau phosphorylation, an indication that mitochondrial vitality and oxidative stress are linked to the neurofibrillary tangles seen in AD [113].

Unlike PD, the mitochondrial genetics of AD remain nebulous. Studies have shown that inherited mtDNA variants, again mediated through mtDNA haplogroups, may affect the pathoetiology of AD; however, like PD these studies are conflicting. Reports show that haplogroups H, U, K, T, I, W and X (seven of the ten typical European haplogroups) associate with an increased risk of developing AD, with effect sizes ranging from  $OR > 2$  [114–120]. If correct, the only haplogroups not associated with AD are haplogroups J and V, which is seemingly unlikely, especially given the reciprocal relationship between mtDNA haplogroups.

It is possible that geographical variation could affect these results, with the relative contribution of specific mtDNA variants varying in different ethnic groups; however, this would imply that the overall effect of inherited mtDNA on AD is small, or restricted to very rare pathogenic variants, and would certainly require significantly larger studies to fully investigate. A more recent and comprehensive study supports this hypothesis,

investigating the role of inherited mtDNA variants in a large AD cohort concluding that there is no clear role for inherited mtDNA variation in the pathoetiology of AD [121]. Further, when mtDNA from AD patients is transferred to Rho0 cell lines (cells devoid of native mtDNA), a biochemical defect is observed, suggesting an effect rare inheritable mtDNA abnormalities [122]; however, to date, studies have failed to find an over-representation of inherited mtDNA mutations in AD patients [123].

Despite strong evidence that amyloid beta (A $\beta$ ) enters mitochondria and increases ROS production [124], likely increasing mtDNA mutation formation, few studies have estimated the contribution of acquired mtDNA variation in AD. The role of the 'common' mtDNA deletion, a recurring pathogenic ~5 Kb mtDNA deletion, [125] was assessed in AD, but no significant association was found [126]. The same authors did identify a significantly increased acquired mtDNA mutational burden, two to threefold higher than controls, in the parietal gyrus, hippocampus and cerebellum of AD patient brains – consistent with the hypothesis of oxidative-induced cell death seen in AD [49] and supported by a more recent study [65]. Additionally, it has been hypothesised that somatic mutations in the mtDNA control region (displacement or D-loop) impair mitochondrial transcription and translation in AD brains [127].

### 3.3.3.3 Huntington's Disease

Huntington's disease is a comparatively early-onset neurodegenerative disorder (physical symptoms can begin at any age from infancy to old age, but usually begin between 35 and 44 years of age) and is caused by autosomal dominant repeat expansions in the Huntington gene. Early pathology begins in the striatum but rapidly progresses to other brain regions.

Mitochondrial dysfunction appears to play an important role in the progression of HD, characterised by metabolic deficits and a decrease in core mitochondrial enzymes [128]. In addition, mutant huntingtin protein (Htt) interacts with the mitochondrial membrane, detrimentally affecting calcium metabolism [129], and Htt cytotoxicity triggers mitochondrial transcriptional changes and initiates a cascade of energy failure ultimately leading to cell death [130]. At the mtDNA level, increased oxidative stress resulting from Htt toxicity induces mtDNA lesion formation and a reduction in mtDNA copy number, which in turn triggers the vicious circle of ROS-mediated mtDNA damage [130]; however, this appears more as a consequence rather than a cause of disease progression. HD patients have higher frequencies of mtDNA deletions when compared to age-matched controls; however, much of this is based on measurements in peripheral blood [131, 132], with only one study investigating cortical tissue [133].

Studies of inherited mtDNA variation are conflicted. Early work investigating the role of mtDNA haplogroups in HD concluded that they do not affect disease development or progression [134]; however, this study was relatively small compared to typical genetic association studies. Contrary to this, a more recent study demonstrated that HD patients with a haplogroup H (the commonest European haplogroup, ~40–45% population) background showed significantly higher ATP concentrations than

non-H HD patients [135]. This is puzzling, given the synonymous nature of the haplogroup H defining mtDNA variant (m.7028C, Ala375Ala in *MTCOI*), and likely reflects either a statistical power inadequacy or haplogroup tagging or rare mtDNA variants, which only analysis of whole mtDNA genome sequencing could identify.

#### 3.3.3.4 Amyotrophic Lateral Sclerosis

Amyotrophic lateral sclerosis (ALS, often termed Lou Gehrig's disease in the USA, Charcot disease or motor-neurone disease in the UK) is a typically sporadic disease (~95 % of cases), causing progressive loss of neurons in the motor cortex and spinal cord. Clinical hallmarks of ALS include muscle stiffness and twitching, gradually progressing to atrophy [136].

Although the underlying mechanism is not fully understood, reports link nDNA mutations in superoxide dismutase 1 (*SOD1*), one of three superoxide dismutases responsible for destroying free superoxide radicals, to mitochondrial dysfunction in ALS patients [137]. Mutant *SOD1* inhibits voltage-dependent anion selective protein channel 1 (*VDAC1*) [138], reducing energy production and driving an increase in oxidative damage in transgenic mice motor neurons [139]. ALS patients were found to harbour significantly higher levels (>30×) of the mtDNA common deletion, compared to matched controls, in the motor cortex [140], and spinal cord [141]. It is likely, given the reported *SOD1*-mediated reduction in mtDNA repair enzymes in ALS patients [142], that mtDNA lesions and point mutations are proliferating; although this has yet to be fully investigated.

#### 3.3.3.5 Friedreich's Ataxia

Friedreich's ataxia (FA) is the commonest form of hereditary ataxia, pathophysiologically characterised as a reduction of the mitochondrial protein frataxin in the peripheral sensory nerves, dorsal root ganglia, posterior columns, spinocerebellar and corticospinal tracts of the spinal cord, gracile and cuneate nuclei, dorsal nuclei of Clarke and dentate nucleus [143]. This deficiency causes an accumulation of iron in mitochondria and a reciprocal depletion in neuronal cytosol, which in turn leads to respiratory chain dysfunction and an increase in oxidative stress [144]. At the mtDNA level, frataxin-deficient yeast hybrid cell lines show a progressive loss of mtDNA and a reciprocal rise in mtDNA lesion formation [145, 146].

#### 3.3.3.6 Hereditary Spastic Paraplegia

Hereditary spastic paraplegia (HSP) is not a single entity, rather a group of neurodegenerative disorders phenotypically characterised by progressive lower extremity weakness and spasticity (progressive stiffness and contraction) [147]. Mitochondrial



dysfunction is linked to two forms of HSP: SPG13, the mitochondrial chaperonin Hsp60 [148], and SPG7, a nuclear-encoded mitochondrial metalloprotease protein which increases ROS [149].

Investigations into the effects of inherited mtDNA mutation on HSP are limited. An mtDNA mutation in *MTATP6* (m.9176T>C) was identified in a large HSP pedigree [150] and a mutation in the mitochondrial 12 s rRNA (m.1432A>G) was identified in an Amish family who demonstrated abnormal mRNA maturation [151]. A single study investigating the role of mtDNA haplogroups appears negative, but is largely inconclusive due to low sample size and genetic heterogeneity [152].

### 3.3.3.7 Multiple Sclerosis

Multiple sclerosis (MS) is one of the commonest neuroinflammatory diseases in the world [153] and is phenotypically characterised by autonomic, visual, motor and sensory deficits [154]. Until relatively recently, MS pathology was restricted to the formation of lesions or plaques and the destruction of myelin in the spinal cord; however, improvements in imaging technology confirm that neurodegeneration begins in the grey and white matter of MS patients [155, 156].

Mitochondrial dysfunction appears a common component of MS. N-Acetylaspartate and N-acetylaspartylglutamate (NAA), which correspond to MS relapses, are markers for neuronal integrity produced by mitochondria and indicate mitochondrial functionality [157]. RC chain function, particularly complex I, is reduced in MS tissue and complexes I and III are reduced in non-lesional MS motor cortex tissue [158, 159]. Further, there are established links between inherited mtDNA mutation and MS, with female primary LHON (discussed previously) mutation carriers presenting with an MS-like phenotype – termed ‘Harding’s disease’ [160]. In support, m.3460G>A (a primary LHON mutation) was identified in a small cohort of neuromyelitis optica cases, where spinal nerve degeneration is a predominant feature [161], indicating that inherited mtDNA variants could modulate MS pathogenesis. However, subsequent studies focusing on the role of LHON mutations (m.3460G>A, m.11778G>A and m.14484T>C) refute a link to MS [162, 163].

Early attempts to link mtDNA haplogroups to MS indicate that European super-haplogroup ‘UK’ increases MS risk, with a reciprocal risk reduction for individuals on a super-haplogroup ‘JT’ background [164, 165]. These associations were confirmed in a much larger investigation into inherited mtDNA mutations in late-onset disease, with haplogroup U increasing MS risk and haplogroup J/K reducing MS risk [99].

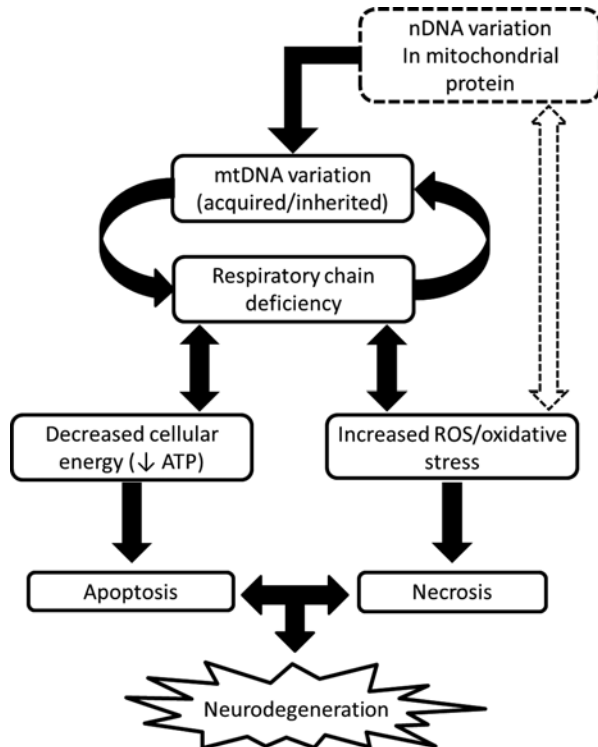
Attempts to identify somatic or acquired mtDNA mutations, focusing on the identification of mtDNA deletions in normal-appearing grey and white matter or paraspinous muscle, failed to find a significant difference between MS cases and controls [166, 167].

### 3.4 Conclusion

The modulation of mitochondrial function is a key component to neurodegeneration, both during ‘normal’ ageing and disease (Fig. 3.2). Changes in mitochondrial function as we age and when disease manifests are often mediated by mitochondrial DNA variation, which can be either inherited (typically single base-pair exchanges) or acquired as we age (either single base-pair exchanges or mtDNA deletions).

Despite strong evidence of mitochondrial involvement in several neurodegenerative diseases, the ubiquity of mitochondria makes identifying disease-causing mtDNA mutations, and how they interact with disease-specific pathologies, difficult. Nevertheless, if we are to fully understand if this phenomenon is the cause or correlation, it is important that studies of mtDNA in neurodegenerative disease continue.

As the evidence demonstrates, mitochondrial function, mediated through genomic flux, can play a role in neuronal loss, making mitochondria a useful target for therapeutic strategies in an increasingly aged population.



**Fig. 3.2** Summary of the complex interaction between mitochondrial dysfunction, mtDNA mutation and neurodegeneration

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# Chapter 4

## Mitochondrial Genes and Neurodegenerative Disease

Carlo Viscomi, Anna Ardissonne, and Massimo Zeviani

**Abstract** Mitochondrial dysfunction is increasingly recognised as a cause of neurodegeneration in both primary mitochondrial diseases and common neurodegenerative diseases, including Parkinson's, Alzheimer's and Huntington's diseases and amyotrophic lateral sclerosis (ALS).

In this chapter, we will focus on the molecular basis of mitochondrial dysfunction and the mechanisms bridging it to neurodegeneration. In the first part, we will summarise some basic concepts of mitochondrial biology. We will then cover paediatric diseases, including different types of encephalopathies, Leigh disease, leukoencephalopathies and a variety of syndromes with peculiar features. Finally, we will cover diseases in adults, including MNGIE disease, Friedreich ataxia and the disorders associated with alterations in mitochondrial dynamics and quality control. These include axonal Charcot–Marie–Tooth neuropathy, hereditary spastic paraplegia, and autosomal dominant optic atrophy, as well as the inherited and idiopathic forms of common neurodegenerative diseases.

**Keywords** Mitochondria • Mitochondrial disease • Leigh disease • Leukoencephalopathy • Encephalocardiomyopathy • CoQ10 deficiency • Mitochondrial DNA depletion syndrome • Microphthalmia with linear skin defects • Neurodegeneration with iron accumulation in the brain • Friedreich ataxia • Mitochondrial neurogastrointestinal encephalomyopathy • Hereditary spastic paraplegia • Charcot–Marie–Tooth peripheral neuropathy • Dominant optic atrophy • Parkinson's disease • Alzheimer's disease • Amyotrophic lateral sclerosis

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## 4.1 Introduction

Mitochondria are essential organelles present in almost all eukaryotic organisms with key roles in a number of processes such as heat generation, calcium, iron and sulphur homeostasis, haem biosynthesis, cell quality control and apoptosis, etc. [1].

Since mitochondria are under the double genetic control of mitochondrial DNA (mtDNA) and nuclear DNA (nDNA), mutations in either genome can thus cause mitochondrial disease, by a number of different mechanisms. Defects of mtDNA are maternally inherited. Mutations can affect all mtDNA copies (homoplasmy) and in this case are often non-pathogenic variants or are present only in some copies of mtDNA (heteroplasmy). In this case, the percentage of mutated mtDNA is correlated to the severity of the disorder, and there is a threshold necessary for the expression of the biochemical defect and clinical phenotype. Mutations in nDNA are inherited as Mendelian traits, and therefore mitochondrial disorders may be transmitted as autosomal recessive (such as Leigh disease due to mutations in *SURF1*), dominant (for instance, progressive external ophthalmoplegia (PEO) due to mutations in *ANT1*) or X-linked (for instance, microphthalmia with linear skin lesions due to mutations in *COX7B*) traits. Tissue and organ function critically depends on adequate ATP production, especially in cells and tissues with high-energy demand, such as neurons and muscle fibres. This explains why primary disorders of mitochondrial bioenergetics usually cause neurodegeneration, heart abnormalities, and/or muscle weakness, leading to neuro(cardio)muscular disease in children and adults. Mitochondrial disorders are a group of highly heterogeneous conditions affecting humans at any age [2]. Individually rare, when taken as a whole, mitochondrial disorders are among the most frequent genetic diseases in humans, with an estimated prevalence of about 1 in 5,000 individuals in the European population, although healthy carriers are much more common [3].

In a large proportion of mitochondrial disease cases, it is still not possible to reach a molecular genetic diagnosis, so that more than 50 % of adult patients, and an even greater percentage of paediatric cases, remain genetically undefined. This gap between biochemical readout and genetic characterisation reflects the complexity and intricacy of the homeostatic pathways related to mitochondrial bioenergetics. In these cases, the diagnosis is thus based solely on biochemical and/or morphological findings, in skeletal muscle or, more rarely, in cultured fibroblasts, limiting the possibility of genetic counselling. Whilst the analysis of mtDNA is a relatively standardised procedure in most specialised centres, new technologies based on next-generation sequencing offer the realistic possibility of rapidly filling the gap between clinical/biochemical characterisation and genetic diagnosis in these diseases.

This chapter will focus on the repertoire of nuclear genes related to mitochondrial neurodegeneration in children and adults.

## 4.2 Diseases in Children

In mitochondrial disorders of infancy and childhood, clinical and genetic findings differ from those found in adults: in general, the phenotypes are much more severe, typically involving the brain, either in isolation or as part of a multisystem condition, and mutations in nDNA are more frequent than in adulthood.

The syndromes described in this chapter are related to mutations in nuclear genes, whose protein products are imported into the mitochondria. However, it should be noted that similar clinical phenotypes can also be observed in mtDNA mutations, as described in Chap. 3.

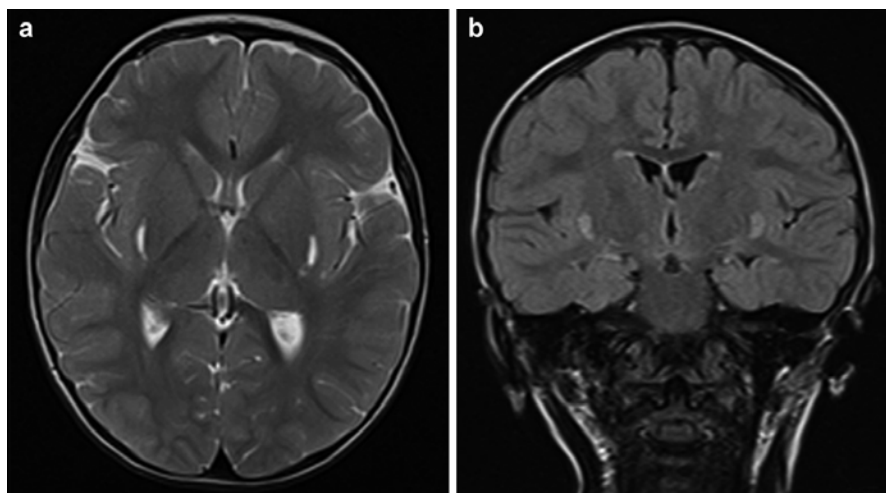
### 4.2.1 Leigh Disease

Leigh disease (LD) is the most frequent mitochondrial encephalopathy in infancy and childhood. LD is a neuropathological–neuroradiological entity characterised by focal bilateral lesions in one or more areas of the deep grey matter, including the basal ganglia, thalamus, brainstem, cerebellum and rostral spinal cord. The lesions are characterised by symmetrical areas of demyelination, gliosis, necrosis with spongiotic vacuolisation and capillary proliferation.

Neurological symptoms are related to the areas affected. Clinical signs at onset usually consist of hypotonia and psychomotor regression, followed by dystonia, ataxia, involuntary movements, seizures, spasticity, evidence of brainstem dysfunction as dysphagia and respiratory problems. Neurological signs are often accompanied by general symptoms, such as failure to thrive and recurrent vomiting. The peripheral nervous system is also frequently affected with axonal and demyelinating polyneuropathy. Lactic acidosis is a virtually constant finding.

MRI neuroimaging, an essential tool for diagnosis, typically shows high T2 signal in the involved areas, most frequently in the caudate nucleus and putamen, but also in the subthalamic nuclei, periaqueductal grey matter, tegmentum of the mid-brain and pons, red nuclei and dentate nuclei (Fig. 4.1a, b).

In spite of the homogeneous clinical and neuroradiological presentation, at least 15 genes have been associated to LD. The most frequent biochemical findings are isolated defects of complex I, complex IV or complex V. Mutations have been identified in both nuclear and mitochondrial genes, encoding not only single respiratory chain (RC) subunits but also assembly factors of the RC complexes or enzymes catalysing the synthesis of haem moieties or cofactors (Table 4.1). Pyruvate dehydrogenase complex (PDHC) deficiency is also related to LD with a high number of mutations in *PDHA1*, an X-linked gene encoding for the alpha subunit of the first catalytic enzyme of the complex [4]. Sporadic de novo mutations and affected females due to skewed X inactivation are not uncommon. However, PDHC deficiency can also account for other mitochondrial encephalomyopathies, with



**Fig. 4.1** Neuroimaging features of Leigh disease in a patient with complex IV deficiency due to a mutation in *SURF1*. (a) Axial T2-weighted and (b) coronal FLAIR. Note the bilateral hyperintensities in the putamen (posterolateral parts)

early-onset and neuroimaging findings different from those of typical LD (see below). *SURF1* is the most common nuclear gene involved in LD [5]. This gene encodes a 30 kDa protein involved in the formation of complex IV which explains the isolated, severe, generalised complex IV deficiency characterising the biochemical profile of this condition.

Although the precise mechanistic role of SURF1 is still poorly understood, it is thought to stabilise the S2–S3 assembly intermediate subcomplexes during COX assembly [6, 7]. The majority of the mutations (deletions, insertions, frameshift and nonsense) lead to a truncated protein, usually correlated to a severe phenotype, whereas patients carrying missense mutations may present with a milder phenotype characterised by later onset and longer survival [8–10].

*SURF1* mutant patients often present some peculiar signs, such as open wide “staring” eyes with abnormal eye movements due to ocular ataxia, and hypertrichosis; the presence of these signs may orientate towards the correct diagnosis “at first glance”.

Occasional patients may have normal MRI or different MRI patterns, such as severe cerebellar atrophy or diffuse white matter involvement [11, 12].

#### 4.2.2 Ethylmalonic Encephalopathy

A particular form of Leigh-like disease is ethylmalonic encephalopathy (EE). EE is an example of mitochondrial disorder caused by genetically determined poisoning of the respiratory chain [13]. The *ETHE1* gene encodes the mitochondrial sulphur

**Table 4.1** nDNA genes associated with Leigh disease

Gene	Inheritance	Protein function	Biochemical defects
<i>NDUFS1, NDUFS3, NDUFS4, NDUFS7, NDUFS8, NDUFA2, NDUFA9, NDUFA10, NDUFA12, NDUFV1</i>	AR	Subunits of complex I	Complex I
<i>NDUFAF2, NDUFAF6, C20ORF7, FOXRED1</i>	AR	Specific complex I assembly factors	Complex I
<i>SDHA</i>	AR	Flavoprotein subunit of complex II	Complex II
<i>BCS1L</i>	AR	Complex III assembly factor	Complex III
<i>SURF1</i>	AR	Complex IV assembly	Complex IV
<i>COX10, COX15</i>	AR	Synthesis of the haem prosthetic group for COX	Complex IV
<i>TACO1</i>	AR	Translation of subunit I of complex IV	Complex IV
<i>ETHE1</i>	AR	Mitochondrial sulphur dioxygenase	Complex IV
<i>LRPPRC</i>	AR	Chaperone for complex IV assembly	Complex IV (French-Canadian type of LD)
<i>EFG1</i>	AR	Mitochondrial translation factor	Multiple RC complexes
<i>C12orf65</i>	AR	Releasing peptides from mitochondrial ribosomes	Multiple RC complexes
<i>PDHA1</i>	X linked	$\alpha$ -subunit of the first catalytic enzyme of the PDHC	PDHC
<i>COQ2</i>	AR	Enzyme of biosynthesis of CoQ10	CoQ LD associated to nephrotic syndrome
<i>AIF1</i>	AR	Apoptotic-inducing factor	Multiple RC complexes

dioxygenase, an enzyme that takes part in the aerobic energetic exploitation of, and detoxification from, hydrogen sulphide, which is converted into sulphite and eventually fully oxidised to harmless sulphate. Mutations in *ETHE1* lead to accumulation of sulphide, a toxic compound that inhibits the activity of enzymes such as COX and short-chain acyl-CoA dehydrogenase, acts as a potent vasodilator and damages the colonic mucosa and the endothelia of small vessels. EE is characterised by an early onset with microangiopathy, chronic diarrhoea and neurological

signs such as microcephaly, hypotonia, psychomotor delay, seizures and pyramidal signs. High excretion of ethylmalonic acid in urine and thiosulphate in plasma is a pathognomonic biomarker of the disease. Severe deficiency of complex IV is detected in the muscle biopsy [14].

### 4.2.3 Leukoencephalopathy

In about 10–20 % of infantile mitochondrial diseases, diffuse white matter involvement has been reported as a predominant neuroimaging feature, with little or no involvement of other structures [15].

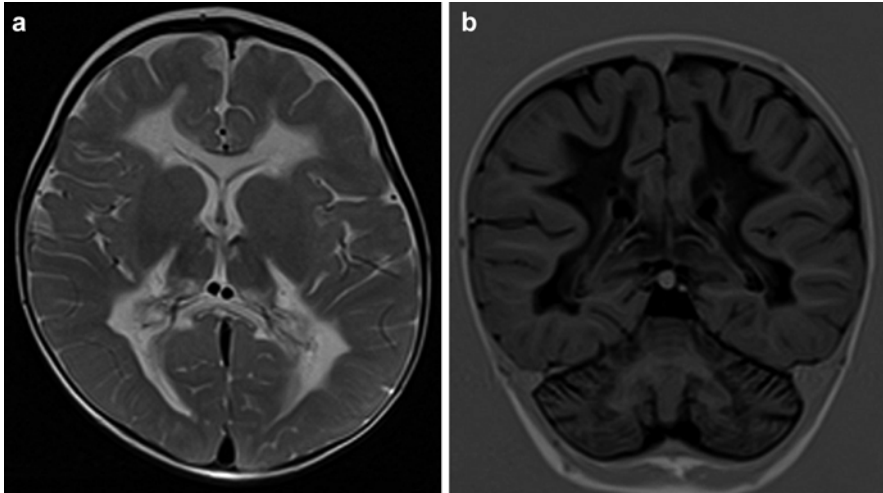
The white matter damage is associated with early impairment of mitochondrial energy production that is crucial for myelination and maintenance of compact myelin.

Leukoencephalopathy may be related to different mitochondrial syndromes and molecular/biochemical phenotypes (Table 4.2): (i) late onset syndromes such as mitochondrial neurogastrointestinal encephalomyopathy (MNGIE); (ii) isolated or combined OXPHOS deficiencies; (iii) multiple mitochondrial dysfunction syndromes (MMDS), due to mutations in genes involved in iron–sulphur (Fe–S) cluster biosynthesis and associated to defects of complexes I, II and III and PDHC [16]; (iv) mitochondrial disorders due to mutations in mtDNA translation, particularly defects

**Table 4.2** Mitochondrial leukoencephalopathies

	Molecular mutations	Biochemical defects
Late-onset syndromes	mtDNA point mutation (MELAS)	I-III-IV-V
	mtDNA deletion (KSS)	
	tRNA <sup>lys</sup> gene (MERRF)	
“Classical” OXPHOS diseases	<i>NDUFS1</i> , <i>NDUFV1</i> (and other subunit genes), <i>NUBPL</i>	I
	<i>SDHAF1</i> , <i>SDHB</i> , <i>SDHA</i>	II
	<i>LYRM7</i>	III
	<i>COX6B1</i> , <i>SURF1</i> , <i>APOPT1</i>	IV
	mtATP6	V
	<i>PDHA1</i>	PDH
	<i>EF-Tu</i> , tRNA <sup>Glu</sup> , <i>MPV17</i>	Multiple
MMDS	<i>NFU1</i>	I-II-III-PDH
	<i>BOLA3</i>	
	<i>IBA57</i>	
	<i>ISCA2</i>	
mtARS-related diseases	<i>DARS2</i>	I-III-IV-(V)
	<i>EARS2</i>	
	<i>AARS2</i>	
	<i>MARS2</i>	





**Fig. 4.2** Neuroradiological features of the leukoencephalopathy in a patient with complex II deficiency due to a mutation in *SDHAF1*. (a) Axial T2-weighted and (b) coronal T1-weighted images. Note the abnormalities of cerebral hemispheric white matter and cavitated appearance

of aminoacyl-tRNA synthetases, again associated with multiple defects in complex I-III-IV-V [17]; and (v) a still poorly defined miscellaneous group of conditions (e.g. mutations in *APOPT1* or *FBXL4*).

In MNGIE, white matter alterations are caused by an alteration of the blood–brain barrier and their clinical implications are unclear.

Early-onset OXPHOS deficiencies associated with leukoencephalopathy are most commonly characterised by isolated complex I or II defects or by MMDS. Two major clinical presentations are reported: (i) psychomotor delay since the first months of life, failure to thrive, growth impairment and a rapidly progressive course resulting in severe spastic quadriplegia and cognitive impairment and (ii) acute onset after a free period with focal motor signs, sometimes seizures, and slowly progressive course, motor impairment being usually more severe than cognitive impairment.

The MRI pattern (Fig. 4.2a, b) discloses diffuse involvement of supratentorial deep white matter, often associated with large cystic lesions within the affected white matter and progressive vacuolisation. In an increasing number of cases, involvement of brainstem or spinal cord white matter has been reported to form a specific pattern, e.g. leukoencephalopathy with brainstem and spinal cord involvement and lactate elevation (LBSL) or leukoencephalopathy with thalamus and brainstem involvement and high lactate (LTBL) [18, 19]. LBSL was first reported as a peculiar leukoencephalopathy and later recognised as a mitochondrial disease, due to mutations in *DARS2*, the gene encoding the mitochondrial aspartyl-tRNA synthetase [20, 21]. The MRI pattern shows signal abnormalities in the centrum semiovale, but sparing the U fibres, posterior arm of the internal capsule, splenium of the corpus callosum, the cerebellar peduncles, the intraparenchymal tract of the

fifth cranial nerve, down to the pyramids, and the dorsal columns and corticospinal tracts of the rostral spinal cord, LBSL was initially described as a relatively mild disorder, characterised by juvenile onset of slowly progressive ataxia, spasticity and dorsal column dysfunction; an increasing number of infantile onset cases have later been reported, characterised by more rapid neurological deterioration and – in the most severe cases – early death [19]. LTBL is an early-onset leukoencephalopathy hallmarked by unique MRI features involving the centrum semiovale but consistently sparing the periventricular rim; the corpus callosum, basal ganglia, thalamus, midbrain, pons, medulla oblongata and cerebellar white matter are also consistently affected [18]. A milder phenotype was reported, with biphasic improvement of the MRI and clinical stabilisation. The responsible gene, identified by exome next-generation sequencing, is *EARS2* encoding the mitochondrial glutamyl-tRNA synthetase [18]. An autosomal recessive spastic ataxia frequently with leukoencephalopathy, thin corpus callosum and cerebellar atrophy has been associated with mutation in *MARS2* [22].

In patients with neonatal onset, particularly those affected by PDHC deficiency or *EF-Tu* gene mutation, leukoencephalopathy is frequently combined with brain structural malformations, e.g. polymicrogyria [23, 24].

Other inherited forms of mitochondrial leukodystrophy must be considered in the differential diagnosis of non-mitochondrial entities, such as vanishing white matter disease, Alexander's disease, Canavan's disease and megalencephalic leukoencephalopathy with subcortical cysts. Brain proton spectroscopy ( $H^+$ -MRSI) may be useful in these cases, as lactate concentration is usually high in brain lesions associated with mitochondrial disease [25]. However, a lactate peak may be found also in the active phase of other inherited leukodystrophies as well as in acute ischaemic or inflammatory lesions; likewise, its absence cannot rule out the diagnosis of a mitochondrial aetiology. A specific, albeit exceptionally rare, MRSI finding is a peak of succinate [26], hallmarking complex II deficiency, particularly *SDHAF1* mutations [27].

#### **4.2.4 Encephalocardiomyopathy**

Combined encephalocardiomyopathy is a severe, usually fatal, early-onset mitochondrial condition.

Subjects may present signs of the disease in utero, including intrauterine growth retardation, polyhydramnios and malformations. Patients are often critically ill at birth, with severe heart failure and lactic acidosis. Clinical findings include hypertrophic – rarely dilating – cardiomyopathy, severe hypotonia, failure to thrive and respiratory distress. Microcephaly, facial dysmorphism and liver failure are occasionally present. The clinical course may be fulminant in the neonatal period. Patients who survive usually develop neurological impairment with psychomotor delay, ataxia, pyramidal or extrapyramidal signs, cognitive stagnation and abnormal ocular movements, often associated with an MRI pattern of Leigh disease or leukoencephalopathy.

The most frequent biochemical abnormalities in encephalocardiomyopathies are isolated defects of complex I, complex IV or complex V [15]. Complex I deficiency was reported in patients with encephalocardiomyopathy, carrying mutations in genes encoding structural subunits (i.e. *NDUFS2*, *NDUFV2*, *NDUFA11*) or complex I assembly factors (*NDUFAF4*, *ACAD9*); defects of complex IV are often associated to mutations in *SCO2* or *COX15*, which are factors involved in the incorporation of copper or in the biosynthesis of the haem-a moiety, respectively, whereas defects of complex V are usually related to mutations in *TMEM70*, encoding a putative complex V assembly factor.

More recently other genotypes have been reported causing mitochondrial encephalomyopathies, with or no specific biochemical defects, for instance, *MTO1* and *GTPBP3* [28], encoding two partner proteins involved in the post-transcriptional maturation of mt-tRNAs, and mitochondrial ribosomal proteins *MRP22* and *MRPL44* [29].

### 4.2.5 *CoQ10 Deficiency: Related Diseases*

Coenzyme Q<sub>10</sub> (CoQ<sub>10</sub>), or ubiquinone, is a lipoidal quinone that shuttles electrons to complex III. Different syndromes associated with CoQ<sub>10</sub> deficiency in the brain/muscle have been described [15], including encephalomyopathy with seizures, ataxia or mental retardation; multisystem infantile encephalopathy, cardiomyopathy and renal failure; ataxia and cerebellar atrophy; Leigh syndrome with growth retardation; and an isolated myopathy. Several cases have been reported with recurrent myoglobinuria and with ragged-red fibres/lipid storage in the muscle.

Mutations in the CoQ<sub>10</sub> biosynthetic genes *COQ2*, *COQ4*, *COQ9*, *PDSS1* and *PDSS2* were reported in patients with severe infantile mitochondrial syndromes and tissue CoQ<sub>10</sub> deficiency [30]. Mutations in *CABC1* (also known as *ADCK3*) usually cause spinocerebellar ataxia type 9. *ADCK3* is the human ortholog of yeast CoQ8, whose specific function in CoQ<sub>10</sub> biosynthesis is still unknown. Another form of ataxia with partial CoQ<sub>10</sub> deficiency is due to mutations in *APTX* (aprataxin), causing ataxia-oculomotor apraxia syndrome, which suggest that CoQ<sub>10</sub>-associated ataxias are genetically heterogeneous and may be secondary [15].

### 4.2.6 *Miscellaneous*

The use of targeted sequencing of gene panels or exome sequencing is expanding the genetic characterisation of highly heterogeneous mitochondrial syndromes. Definite conclusions about genotype–phenotype correlation are difficult to draw in these cases, due to the exiguity of the cohort of patients so far reported in the literature. Here are a few examples.

Mutations in *AIFM1*, encoding a mitochondrial apoptosis-inducing factor (AIF), have been reported in early-onset, severe encephalopathy and axonal sensory–motor

neuropathy [31], encephalomyopathy with moderate clinical severity, slow progressive course and cerebellar ataxia [32] and Charcot–Marie–Tooth X4 [33].

Mutations in *TTC19* – encoding a subunit of mitochondrial respiratory chain complex III – have been reported in few patients with heterogeneous phenotypes ranging from early-onset neurodegenerative disorders [34–37] to adult forms with psychiatric manifestations and cerebellar ataxia [38, 39].

An early-onset encephalomyopathy with progressive cerebral atrophy and involvement of the white matter, deep grey nuclei and brainstem structures has been associated with mutations in *FBXL4*, encoding a mitochondrial F-box domain-containing protein [40].

And a few individuals with isolated COX deficiency and slowly progressive, early-onset encephalomyopathy of variable severity had loss of function mutations in *APOPT1*, a gene encoding a protein of the inner mitochondrial compartment, the function of which is at present unknown [41].

#### **4.2.7 Mitochondrial Disorders Due to Defects of Nuclear–Mitochondrial Intergenomic Signalling: mtDNA Depletion Syndromes (MDS)**

Mitochondrial DNA depletion syndromes (MDS) result from a defect in nuclear-encoded factors involved in mtDNA maintenance. A spectrum of disorders of increasing severity is associated to instability of mtDNA. The most striking examples of this are the diseases associated with mutations in *POLG1*, ranging from relatively mild phenotypes associated to the presence of multiple deletions to very severe ones associated to profound mtDNA depletion.

Profound reduction of the mtDNA copy number is the molecular hallmark of MDS [42]. MDS differ from other respiratory chain disorders, as mtDNA depletion may manifest only in specific organs and so the manifestations vary from tissue-specific mtDNA depletion to widespread multisystemic disorders. MtDNA depletion causes a combined respiratory chain deficiency of the complex I, III, IV and V. Biochemical analysis of MRC enzyme activities may be normal in the muscle if the muscle is not the affected tissue. Nine genes have been so far implicated in MDS (Table 4.3).

##### **4.2.7.1 Hepatocerebral Forms: MDS3, MDS4A, MDS6 and MDS7**

Hepatocerebral MDS are probably the most common variant of MDS. Mutations have been found in four genes.

MDS4A, Mutation in *POLG1*

Mutations in *POLG1* are the most frequent cause of hepatocerebral MDS.

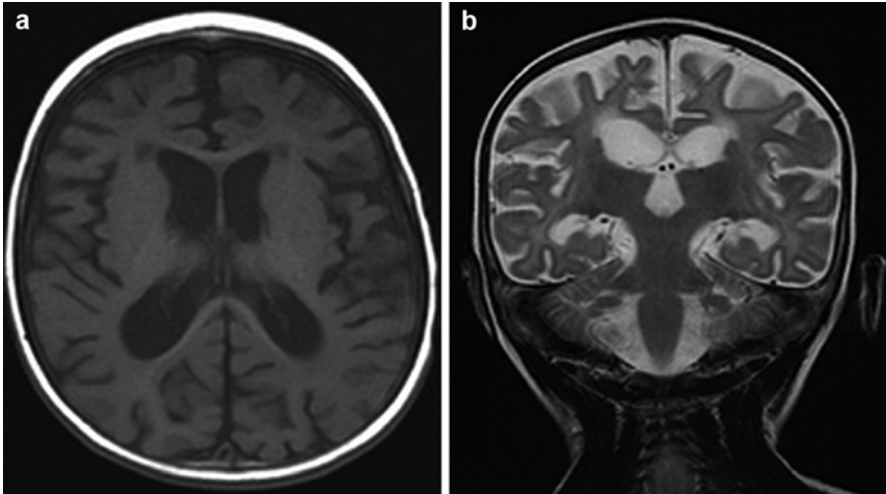
**Table 4.3** Mitochondrial depletion syndromes

MDS forms	Phenotype	Gene
MDS1	MNGIE	<i>TYMP</i>
MDS2	Myopathic	<i>TK2</i>
MDS3	Hepatocerebral	<i>DGUOK</i>
MDS4A	Alpers	<i>POLG1</i>
MDS4B	MNGIE	<i>POLG1</i>
MDS5	Encephalomyopathic with methylmalonic aciduria	<i>SUCLA2</i>
MDS6	Hepatocerebral	<i>MPV17</i>
MDS7	Hepatocerebral	<i>C10orf2 (TWINKLE)</i>
MDS8A	Encephalomyopathic type with renal tubulopathy	<i>RRM2B</i>
MDS8B	MNGIE	<i>RRM2B</i>
MDS9	Encephalomyopathic with methylmalonic aciduria	<i>SUCLG1</i>

*POLG1* encodes pol gamma A, the catalytic subunit of polymerase gamma, which is the only known mtDNA polymerase and is essential for mtDNA replication [43]. More than a hundred mutations have been identified in *POLG1*, associated with a wide clinical spectrum ranging from MDS4A [44], also known as Alpers-Huttenlocher syndrome (AHS), to juvenile-onset spinocerebellar ataxia and epilepsy (SCAE) syndrome, its variant sensory ataxia neuropathy, dysarthria, and ophthalmoparesis and dominant or recessive adult-onset progressive external ophthalmoplegia (PEO). AHS is the most severe phenotype among hepatocerebral MDS. It was described by Bernard Alpers in 1931, long before being recognised as a mitochondrial disease and associated with mutations in *POLG1* [44, 45]. AHS is hallmarked by diffuse progressive degeneration of the grey matter associated with a variable degree of liver involvement ranging from increased levels of hepatic enzymes in plasma to severe liver failure. The onset is in infancy or early childhood, although juvenile and adult cases have been reported [46, 47]. Principal clinical findings are psychomotor regression, refractory seizures and liver failure. Status epilepticus is common and poorly responsive to usual antiepileptic drugs; valproate should be avoided as it may precipitate hepatic failure [48]. In most patients with early onset, the course is rapidly progressive leading to death usually before 3 years of age [15, 49]. The MRI shows severe and progressive cortical and subcortical atrophy and often involvement of deep grey structures, particularly the thalami (Fig. 4.3 a, b). In the liver, mtDNA content can be decreased over 90%.

#### MDS3, Mutation in *DGUOK*

Mutations in *DGUOK* are a frequent cause of infantile hepatocerebral MDS with over 80 reported patients and over 40 different mutations [50]. The mitochondrial deoxyguanosine kinase (dGK) mediates the phosphorylation of purine deoxyribonucleosides into the corresponding nucleotides. Most of the mutations found in *DGUOK* gene are nonsense changes, although missense mutations have also been



**Fig. 4.3** Neuroradiological features of Alpers disease in a patient with complex PDH deficiency. (a) Axial T1-weighted and (b) coronal T2-weighted images. Note the extensive cortical atrophy

found. MDS3 manifests at birth or during the first months of life, and liver involvement seems to be the most prominent feature. The patients present at onset with hepatic cytolysis, cholestasis, jaundice and hypoglycaemia. Encephalopathy may be mild and neurological symptoms appear usually during the course of disease: the patients develop hypotonia, nystagmus and developmental delay. Null mutations tend to cause hepatocerebral disease, whilst missense mutations can cause pure hepatopathy. Patients with hepatocerebral forms usually suffer mortality due to liver failure around the age of 2 years; patients with isolated hepatopathy have better prognosis and survive longer. Liver transplantation is indicated for patients with isolated hepatopathy. mtDNA deletion in the liver is severe (<10% residual mtDNA amount) [51].

#### MDS6, Mutation in *MPV17*

*MPV17* mutations have been described in MDS6 and in Navajo neurohepatopathy which has a high prevalence in Navajo populations caused by the missense mutation W50Q with a founder effect. *MPV17* encodes for a protein that probably has multiple functions that are as yet still poorly understood; evidence obtained in yeast suggests its role in the structural preservation of the inner mitochondrial membrane and in the control of mtDNA maintenance and stability [52]. MDS6 may have different clinical presentations: an early phenotype with variable age of onset ranging from the first months of life till 5 years characterised by recurrent episodes of hypoglycaemia and severe progressive liver dysfunction and a later-onset form with moderate hepatopathy and progressive sensory-motor axonal neuropathy. All forms are

also associated with variable degrees of demyelination both in central and peripheral nervous systems (see “leukoencephalopathy” previously in the text). The patients with early-onset forms usually go on to develop neurological symptoms as ataxia, hypotonia, dystonia and psychomotor regression. Liver transplant may be efficacious in the acute phase of liver dysfunction but will not prevent patients from developing neurological progressive syndrome. Marked mtDNA depletion in the liver, ranging from 5% to 15%, and multiple defects of mtDNA-related respiratory chain complexes are present in liver biopsy, whilst in the skeletal muscle, the amount of mtDNA may be only slightly reduced.

#### MDS7, Mutation in *C10ORF2*

*C10ORF2* encodes for mtDNA helicase Twinkle protein that has a functional interaction with POLG and is necessary for mtDNA replication. Different phenotypes are related to mutations in *C10ORF2* including autosomal dominant PEO, infantile-onset spinocerebellar ataxia (IOSCA) and hepatocerebral phenotype (MDS7). Neonatal or infantile onset of MDS7 is very rare, and clinical manifestations are those of severe hepatocerebral forms reminiscent of Alpers disease [53]. Later in infancy and adolescent, patients develop ataxia, sensory neuropathy, athetosis, sensorineural deafness and epilepsy. MRI shows atrophy of the cerebellum, brainstem and spinal cord. Lactate is elevated in plasma and CSF. More recently a novel homozygous mutation in *C10ORF2* has been described associated with hepatocerebral forms and renal tubulopathy, suggesting an expanding phenotype in “hepato-cerebro-renal” [54].

#### 4.2.7.2 Encephalomyopathic Forms: MDS5, MDS8A and MDS9

##### MDS5 and MDS9, Mutation in *SUCLA2* and *SUCLG1*

*SUCLG1* and *SUCLA2* encode, respectively, the alpha- and beta-subunits of succinyl-CoA synthetase, a mitochondrial matrix enzyme that catalyses the reversible conversion of substrates succinyl-CoA and GDP/ADP to succinate and GTP/ATP in the tricarboxylic acid pathway. So far about 34 patients with *SUCLA2* mutations have been reported with a high prevalence in the Faroe Islands due to a founder effect [55]. At onset patients have psychomotor delay with irritability and hypotonia, and then as the disease progress, they develop sensorineural deafness, severe spastic dystonic quadriparesis, athetoid or choreiform movements, feeding difficulty, failure to thrive, growth retardation and respiratory insufficiency. MRI shows cerebral, cerebellar and medulla oblongata atrophy and bilateral basal ganglia involvement [56]. Almost all the patients have increased urinary excretion of methylmalonic acid that should be considered as a useful marker although recently two cases without methylmalonic aciduria have been reported [57, 58]. *SUCLG1* is rarer and presents with a similar, but usually worse phenotype and more severe mtDNA depletion in the muscle [59].

## MDS8A, Mutation in *RRM2B*

*RRM2B* gene encodes the small subunit of p53-inducible ribonucleotide reductase, essential for the conversion of ribonucleoside diphosphates to deoxyribonucleoside diphosphates, which is crucial for mtDNA synthesis. Mutations in *RRM2B* have been reported in association to MNGIE-like phenotype or with a severe infantile encephalomyopathy with renal tubulopathy and mtDNA depletion or autosomal dominant progressive external ophthalmoplegia (PEO) with multiple mtDNA deletions. The infantile phenotype is characterised by early-onset hypotonia, failure to thrive, psychomotor delay, myopathy, central hypomyelination, sensorineural deafness and tubulopathy. The disease progresses leading to death in early months and lactic acidosis is a constant feature [60, 61].

## 4.2.8 *Infantile Mitochondrial Neurological Diseases Not Related to MRC Dysfunction*

### 4.2.8.1 *Microphthalmia with Linear Skin Defects*

The microphthalmia with linear skin defects (MLS) syndrome is an X-linked neurocutaneous disorder manifesting exclusively in females, suggesting embryonic lethality in hemizygous males. Affected individuals typically show uni- or bilateral microphthalmia and/or anophthalmia and linear skin lesions, usually associated with ocular anomalies, such as microcornea, coloboma, anterior chamber defects, optic nerve hypoplasia, etc. Developmental delay, abnormalities of the central nervous system, short stature and cardiac defects have also been observed.

Three mitochondrial genes have been found implicated in the pathogenesis of this disease [62]: *HCCS*, encoding the mitochondrial holocytochrome c-type synthase; *COX7B*, encoding a poorly characterised structural subunit of cytochrome c oxidase; and *NDUFB11*, encoding a poorly characterised supernumerary subunit of CI.

### 4.2.8.2 *Neurodegeneration with Brain Iron Accumulation*

Neurodegeneration with brain iron accumulation (NBIA) is a family of degenerative extrapyramidal monogenic disorders characterised by focal accumulation of iron in the brain, usually in the basal ganglia [63]. They are characterised by early or late onset, with the main symptoms associated to problems in movement, spasticity and cognitive impairment. NBIA is a general definition gathering a number of diseases due to mutations in genes, some of which are present in mitochondrial isoforms, including: pantothenate kinase-associated neurodegeneration, PKAN, due to mutations in *PANK2*; phospholipase 2, group VI-associated neurodegeneration (PLAN), due to mutations in *PLA2G6*; mitochondrial membrane



protein-associated neurodegeneration (MPAN), due to mutations in *C19ORF12*, a gene of unknown function; fatty acid hydroxylase-associated neurodegeneration (FAHN), due to mutations in *FAH2*; and COASY protein-associated neurodegeneration (CoPAN), due to mutations in the CoA synthetase gene *COASY*.

A common feature of PKAN and PLAN is the fragmentation of the mitochondrial network with alteration of cristae morphology, probably linked to impaired synthesis (PanK2) or the remodelling (iPLA2 $\beta$ ) of membrane lipids, suggesting a role for lipid metabolism alterations in the pathogenesis of the disease [64].

## 4.3 Diseases in Adults

### 4.3.1 *Friedreich Ataxia*

Friedreich ataxia (FRDA) is an autosomal recessive disorder caused by pathological GAA trinucleotide repeat expansions in the first intron of the *FXN* gene [65]. The encoded protein, frataxin, is a mitochondrial matrix, 21 kDa polypeptide involved in the formation of iron–sulphur clusters, which are critical components of the mitochondrial respiratory chain complexes and of many redox enzymes not only in mitochondria, but also in the cytoplasm and nucleus. *FXN* mutations impair OXPHOS and result in abnormal accumulation of intra-mitochondrial iron, which eventually reaches toxic levels. In addition, since frataxin has antioxidant properties, cellular defences against ROS are impaired in FRDA, further exacerbating neuronal damage. The onset of the disease is in the second decade of life, with progressive gait ataxia, loss of deep tendon reflexes, dysarthria, distal limb weakness, pes cavus, scoliosis and arrhythmias secondary to hypertrophic cardiomyopathy. In addition, optic nerve dysfunction is often present, although *FXN* mutations probably cause RGC loss via other disease mechanisms compared with *OPA1* and the primary mtDNA LHON mutations [66].

### 4.3.2 *MNGIE*

Mitochondrial neurogastrointestinal encephalomyopathy (MNGIE) is an autosomal recessive disease caused by loss-of-function mutations in *TYMP*, encoding thymidine phosphorylase (TP), a key enzyme in the degradation of pyrimidine nucleosides, thymidine (dThd) and deoxyuridine (dUrd) [67]. In MNGIE patients, TP deficiency leads to systemic accumulation of dThd and dUrd. This overload results in imbalanced mitochondrial deoxynucleotides, which impairs replication of mitochondrial DNA (mtDNA), and accumulation of point mutations and multiple deletions, resulting in mitochondrial dysfunction. The clinical phenotype is multisystemic, the skeletal and smooth muscle and peripheral nerves being exquisitely affected. As a result, polyneuropathy, myopathy with CPEO and severe

impairment of intestinal peristalsis lead to progressive cachexia and neuromuscular impairment. As already mentioned, a functional leukoencephalopathy of uncertain significance is a virtually consistent MRI finding.

### ***4.3.3 Diseases of Mitochondrial Dynamics and Quality Control***

Mitochondria are tightly regulated by a complex quality control system, acting at either the organellar or protein level (see Chaps. 11 and 12). Mitochondria are highly dynamic organelles, undergoing continuous fusion and fission events [68] (see Chap. 7). In general, mitochondria undergoing fusion are protected from degradation, whereas fragmented organelles are prone to disposal [69]. Dynamin-related GTPases on the OM (mitofusins, MFN1 and MFN2) and IM (OPA1) control the fusion process, whereas fission is regulated by the cytosolic soluble dynamin-related protein 1 (DRP1). DRP1 interacts with docking adaptors (FIS1, MFF and MiD49/51), which form spiral filaments that constrict around mitochondria determining fission. This process is important not only for the distribution of mitochondria during cell division, but also for the elimination of dysfunctional mitochondria, as fragmented organelles are targeted for autophagic degradation, a process called mitophagy (see Chap. 11). Mitophagy is controlled by the PTEN-induced putative kinase 1 (PINK1) and by parkin [70]. PINK1 targets to mitochondria, but under normal conditions, it is rapidly degraded by a number of mitochondrial intermembrane and matrix peptidases [71], whereas parkin is a cytosolic component of E3 ubiquitin-protein ligase that ubiquitinates proteins targeted for degradation. When mitochondria depolarise, PINK1 is prevented from degradation and accumulates on the outer mitochondrial membrane, where it phosphorylates MFN2, which acts as a receptor for parkin. Parkin is then brought in close proximity to and phosphorylated by PINK1, initiating the ubiquitination of downstream targets (discussed in detail in Chap. 11).

A second line of defence operates within mitochondria and consists of chaperones and proteases, which promote folding of newly imported pre-proteins, protect mitochondrial proteins against stress and degrade irreversibly damaged polypeptides [72]. Once a mitochondrial precursor protein has been imported into the mitochondria, it is processed by the mitochondrial processing peptidase (MPP), which removes the mitochondrial signalling peptide that then gets degraded by the pre-sequence peptidase (PreP). The mature protein is subsequently folded by the chaperones of the Hsp60 and Hsp70 families. Misfolded proteins are eventually degraded by the Lon protease.

In the IM, protein quality control is monitored by two AAA proteolytic complexes: the intermembrane space-ATPase Associated with various cellular Activities (i-AAA) protease and the matrix-ATPase Associated with various cellular Activities (m-AAA) protease. The i-AAA protease is a homo-oligomeric machine composed of a single protein subunit (YME1L). Conversely, the m-AAA protease is composed

by either homo-oligomeric or hetero-oligomeric complexes composed of paraplegin (encoded by *SPG7*) and *AFG3L2* [72].

Notably, the two quality control systems are somehow interconnected. In fact, the machinery controlling the dynamic behaviour of the mitochondrial network through balanced fusion and fission is controlled by the activity of the mitochondrial proteases, which, in turn, thus control the fission–fusion processes. An example is OPA1, a master regulator of mitochondrial fusion, whose processing is controlled by YME1L and by another IM metallopeptidase (OMA1) [73]. This regulation has a profound impact on cell survival. In fact, fusion is a pro-survival mechanism protecting against apoptosis and neurodegeneration, whilst fission occurs early during mitophagy and apoptosis.

#### 4.3.3.1 Hereditary Spastic Paraplegia

Pathogenic mutations in the *SPG7* lead to an autosomal recessive form of hereditary spastic paraplegia (HSP), a progressive disorder characterised by weakness, spasticity (muscle rigidity) and loss of the vibratory sense of the lower limbs. HSP is caused by the selective retrograde degeneration of the longest motor and sensory axons of the central nervous system, the corticospinal tracts and the fasciculus gracilis.

Mutations in *AFG3L2* have been associated with an autosomal dominant form of spinocerebellar ataxia, SCA28 [74]. SCA28 patients are affected by a slowly progressive gait and limb incoordination of juvenile onset, dysarthria, hyperreflexia at lower limbs, nystagmus, ptosis and ophthalmoplegia. Accumulation of multiple mtDNA deletions has been described in patients with mutations in both *AFGL3L2* and *SPG7*, encoding paraplegin, the molecular partner of *AFGL3L2* in the AAA+ complex [75, 76].

A homozygous mutation in *AFG3L2* in a highly conserved tyrosine at the beginning of the peptidase domain to a cysteine has been associated with an early-onset syndrome characterised by severe spastic paraplegia, ataxia, ptosis, oculomotor apraxia, dystonic movements and stimulus-induced myoclonus [77]. Strikingly, this phenotype combines manifestations of both HSP and SCA28 along with clinical features of other mitochondrial diseases (such as ptosis, ophthalmoplegia and myoclonic epilepsy). Defective mitochondrial translation has been documented in a *Afg3l2*<sup>-/-</sup> mouse model of the disease, suggesting a critical role of this process in the pathogenesis of the disease [78].

#### 4.3.3.2 Charcot–Marie–Tooth Peripheral Neuropathy

Charcot–Marie–Tooth (CMT) disease is characterised by progressive degeneration of the peripheral nerves [79]. Patients develop distal muscle weakness and sensory loss, but depending on the actual causative gene, there can be quite marked variations in age of onset and rate of clinical progression. Mutations in *MFN2* have been found in families with CMT2A, an autosomal dominant form of CMT [80]. The *MFN2* gene consists of 19 exons and codes for a 757 amino acid, dynamin-related GTPase protein,

which is anchored within the outer mitochondrial membrane. Although severe peripheral neuropathy with prominent proprioceptive loss is the main clinical sign, some patients show subacute visual failure and optic atrophy [79]. In other cases, a multi-system encephalomyopathy associated with accumulation of multiple deletions.

#### 4.3.3.3 Dominant Optic Atrophy

Dominant optic atrophy (DOA) is the most common inherited optic nerve disorder. Although the onset may be in childhood, symptoms progress very slowly and poor vision becomes manifest in adulthood. Neuronal loss is typically limited to retinal ganglion cells (RGC), particularly those forming the papillo-macular bundle, leading to progressive optic nerve degeneration and visual failure. In most of the cases, DOA is due to heterozygous mutations in *OPA1*, encoding a dynamin-related GTPase localised in the inner mitochondrial membrane, although several other loci have been found but not characterised except *OPA3*, whose role and localisation are however still debated. *OPA1* is by far the best characterised DOA gene [79]. It is expressed ubiquitously but particularly enriched within the RGC layer and photoreceptors. Accordingly, *OPA1* mutations can affect other CNS populations, peripheral nerves and skeletal muscle (the so-called DOA+ phenotypes).

The majority of *OPA1* mutations result in premature termination codons, leading to truncated mRNA species, which are rapidly degraded via nonsense-mediated mRNA decay. Haploinsufficiency, therefore, is thus a major disease mechanism in DOA. The spectrum of *OPA1*-linked phenotypes now encompasses a wide range of prominent neuromuscular features such as ataxia, myopathy, peripheral neuropathy and classical chronic progressive external ophthalmoplegia (CPEO), with unusually high frequency of late-onset Parkinsonism [81].

## 4.4 Secondary Mitochondrial Involvement in Neurodegeneration

Mitochondrial impairment has been proven to be involved in the pathogenesis of a number of classical neurodegenerative disorders including Parkinson's disease and Parkinsonisms. In other neurodegenerative conditions, such as Huntington's disease, Alzheimer's disease and amyotrophic lateral sclerosis, a role of mitochondrial dysfunction has been hypothesised, but more work is needed to test this mechanistically.

### 4.4.1 Parkinson's Disease

Parkinson's disease (PD) is one of the most common neurodegenerative diseases in the ageing population. It is characterised by the clinical triad of rigidity, bradykinesia and tremor, due to the loss of dopaminergic neurons in the substantia nigra with

the presence of typical intracytoplasmic ubiquitin- and  $\alpha$ -synuclein-positive inclusions, dubbed Lewy bodies. The link between mitochondrial dysfunction and PD stems from several observations, including those that neurotoxins which affect respiratory chain complex I induce specific death of dopaminergic neurons. Multiple mtDNA deletions accumulate in dopaminergic neurons, and a number of causative genes in familial forms of PD have been found in juvenile-onset familial Parkinson's disease [82]. These include PINK1, Parkin and DJ1, encoding a mitochondrial and cytosolic chaperone; and *LRRK2*, encoding a protein primarily localised to the cytoplasm and membranes, including the mitochondrial membrane, where it has multiple functions such as kinase, GTPase and scaffolding protein [83].

#### 4.4.2 *Huntington's Disease*

HD is a devastating neurodegenerative disease resulting from an expansion of CAG triplet repeats in the *HTT* gene. This causes a corresponding expansion of the polyglutamine tract in the N-terminal region of the huntingtin protein. This polyQ expansion eventually leads to the accumulation of intracellular HTT aggregates [84]. Neurodegeneration occurs in the striatum during early pathogenesis, but broad areas of the brain are also affected during later stages of disease progression. Changes in mitochondrial dynamics have been found in HD patients and animal models of the disease, whose mitochondria are excessively fragmented and show decreased motility and respiration. This effect could be mediated by Drp1, a potential target of mutant HTT.

#### 4.4.3 *Alzheimer's Disease*

Alzheimer's disease (AD) is the most common form of dementia, affecting over 24 million people worldwide [85]. The onset is usually between 60 and 70 years of age. AD is clinically characterised by memory loss and impairment of other cognitive including language, orientation, constructional abilities, abstract thinking, ability to solve problems, etc. The two main neuropathological hallmarks currently used to diagnose AD are the accumulation of intracellular neurofibrillary tangles, consisting mainly of hyperphosphorylated forms of the microtubule-associated protein tau, and the deposition of extracellular neuritic plaques mainly composed of  $\beta$ -amyloid ( $A\beta$ ), a small peptide derived from processing of the amyloid- $\beta$  precursor protein (APP; gene APP). The vast majority of cases of AD are sporadic, although in about 1% of patients the disease is inherited (usually as an autosomal-dominant trait) as a result of mutations in one of three genes: APP, PSEN1 (presenilin-1; PS1) and PSEN2 (presenilin-2; PS2). PSEN1 and PSEN2 are components of the  $\gamma$ -secretase complex, which cleaves the C-terminal membrane domain of APP to produce  $A\beta$  peptides. Clinically, familial AD (FAD) is similar to the sporadic form (SAD), but has an earlier age of onset and is more aggressive [86].

The pathogenesis of the disease is highly debated, but two main hypotheses are nowadays the most accepted [85]. The first model is the “amyloid cascade” hypothesis, which proposes that the disease is due to the accumulation of  $A\beta_{1-42}$  plaques, which are toxic to the cells. The resulting cellular stress triggers tau hyperphosphorylation via upregulation of calcium-sensitive kinases, leading to tangle formation.

The alternative is the mitochondrial cascade hypothesis, which stresses the role of age-dependent mitochondrial dysfunction and increased ROS production in  $A\beta$  deposition and AD pathogenesis. Mitochondrial dysfunction is among the earliest observed pathogenic alterations, detected well before the accumulation of neuritic plaques. A growing number of studies are emerging which report impaired mitochondrial functions including electron transfer, ATP synthesis, mitochondrial transcription, translation and protein synthesis, upregulation of voltage-dependent anion channel (VDAC) and increased production of reactive oxygen species (ROS) in AD patients and in AD transgenic mouse models. The  $A\beta$  accumulation in mitochondria from postmortem AD brains and cellular and transgenic mice models has been well documented, providing evidence that  $A\beta$  is physically localised within or on the surface of mitochondria, where it has been reported to interact with a number of factors, such as Drp1,  $A\beta$ -binding alcohol dehydrogenase (ABAD), cyclophilin D (CypD), cytochrome c oxidase, VDAC and hPreP. However, the connection between mitochondrial dysfunction and the progression of AD is not fully understood, especially whether mitochondrial dysfunction triggers  $A\beta$  accumulation, or it is the latter that cause mitochondrial impairment. In addition, it is still unclear how  $A\beta$  enters mitochondria [87]. Notably, it has been recently observed that the presenilins and the  $\gamma$ -secretase activity are predominantly located in the mitochondria-associated ER membranes (MAMs), a dynamic and highly specialised subdomain of the ER facing to and connected with the mitochondrial outer membrane, playing essential roles in lipid synthesis and transport between the two organelles, fatty acids, glucose and cholesterol metabolism,  $Ca^{2+}$  homeostasis and apoptosis [88].

#### ***4.4.4 Amyotrophic Lateral Sclerosis***

Amyotrophic lateral sclerosis (ALS) is the most prevalent, adult-onset, motor neuron disease, characterised by the degeneration of upper and lower motor neurons, progressive muscle weakness and atrophy, leading to muscle paralysis.

Approximately, 90% of patients develop ALS with unknown aetiology, classified as sporadic ALS (sALS), whereas the remaining 10% are familial ALS cases (fALS) due to genetic defects [89]. An increasing number of genes are being linked to ALS. Superoxide dismutase 1 (SOD1) was the first gene to be discovered as responsible for fALS [90]. SOD1 mutations account for 20% of fALS dominant cases, whereas they are rare in idiopathic cases. In the last decade, a number of mutations have been identified in several DNA-/RNA-binding proteins (e.g. TDP-43 and FUS). Other fALS genes, such as VCP and SQSTM1, are related to

proteostatic pathways and cytoskeletal and axonal transport, such as PFN1 and DCTN1. Recently, the largest proportion of fALS cases (40%) has been linked to intronic hexanucleotide repeat expansions in *C9ORF72*, a gene with still unknown function.

The proposed pathogenic mechanisms include oxidative stress, toxic activity of misfolded and aggregated proteins, endoplasmic reticulum stress, mitochondrial dysfunction and axonal disorganisation, including organelle transport defects [89].

## 4.5 Conclusion

The finding of numerous mitochondrial genes involved in mitochondrial neurodegeneration has highlighted the central role of mitochondria in neurodegenerative processes. The elucidation of the pathways in which these genes are involved will shed new light not only on the specific disease, but likely on the processes of idiopathic neurodegenerative diseases.

## Glossary

**Ataxia** Lack of voluntary coordination of muscle movements that includes gait abnormality

**Athetosis** Slow, involuntary, convoluted, movements of the fingers, hands, toes and feet

**Coloboma** A hole in one of the structures of the eye (e.g. iris, retina, choroid or optic disc)

**Demyelinating polyneuropathy** Neurological disorder characterised by progressive weakness and impaired sensory function in the legs and arms due to the damage to the myelin sheath

**Dysarthria** Speech disorder due impaired coordination of movements in the muscles used for speech production

**Dysphagia** Difficulty in swallowing

**Dystonia** A state of abnormal muscle tone resulting in muscular spasm and abnormal posture

**Hyperreflexia** Abnormal reaction of the involuntary (autonomic) nervous system to stimulation

**Hypertrichosis** Abnormal amount of hair growing over the body

**Hypotonia** Low resistance to stretch of muscles

**Leukoencephalopathy** Disease affecting the brain white matter

**Megalencephalic leukoencephalopathy** Progressive condition that affects brain development and function, characterised by an enlarged brain

**Microangiopathy** Disease affecting small vessels

**Myoclonus** Brief, involuntary twitching of a muscle or a group of muscles

- Myoglobinuria** Presence of myoglobin in the urine
- Nystagmus** Repetitive, uncontrolled movements of the eyes
- Ophthalmoplegia** Slowly progressive paralysis of the extraocular muscles
- Pes cavus** High arch of the foot
- Polyhydramnios** Excessive accumulation of amniotic fluid
- Pyramidal signs** Symptoms related to the descending tract originated from pyramidal cells of motor cortex
- Quadriparesis** Weakness of the four limbs
- Seizures** Symptoms due to abnormal excessive or synchronous neuronal activity in the brain
- Spasticity** Abnormal muscle contraction characterised by a combination of paralysis, increased tendon reflex activity and hypertonia
- Supratentorial** The brain area located above the tentorium cerebelli, the membranous roof over the cerebellum
- T1, T2, T2 FLAIR** Neuroradiological terms that refer to the relaxation times that protons need to revert back to their resting states after the initial pulse at a certain radiofrequency

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# Chapter 5

## Mitochondrial Signaling and Neurodegeneration

Martin Picard and Meagan J. McManus

**Abstract** The endosymbiosis of mitochondria and the resulting increase in energy supply thus conferred upon the eukaryotic cell enabled the evolution of multicellular organisms and complex organs, such as the brain. As a result, the brain and other organs with high energy demands, depend heavily upon mitochondrial metabolism for normal function, and as a consequence, defects in mitochondrial function lead to neurodegenerative disorders. However, the mechanisms linking mitochondrial defects to hallmarks of neurodegeneration, such as the protein aggregates are also extracellular epigenetic alterations, abnormal gene expression, systemic inflammation, and protein aggregates, remain unclear.

Emerging evidence demonstrates that mitochondria are not only power-generating organelles, but also engage in signaling at multiple levels. During the bioenergetic decline associated with aging, dysfunctional mitochondria generate signals of stress (SOS) that can trigger and/or amplify neurodegenerative processes. In this chapter, we describe emerging mechanisms for mitochondrial signaling at four different levels. Mitochondria communicate (1) with each other via fusion and specialized inter-mitochondrial junctions, (2) with cytoplasmic components via posttranslational modifications that shift signaling pathways and promote protein aggregation, (3) with the nucleus to regulate epigenetic modifications and gene expression, and (4) with the systemic environment where they alter neuroendocrine and inflammatory processes that impact neuronal function. The relevance of mitochondrial signaling to neurodegeneration is discussed.

**Keywords** Mitochondrial signaling • Mitochondrial signals of stress (SOS) • Epigenetics • Transcriptional regulation • Retrograde signaling • Mitochondrial damage-associated molecular patterns (mtDAMPs) • Inflammation • Protein aggregates • Microglia • Neuroendocrine regulation

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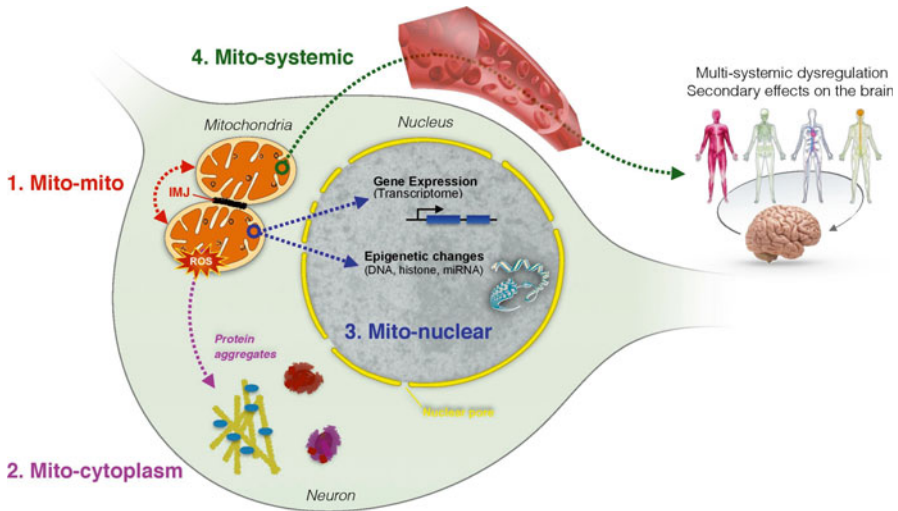
## 5.1 Introduction

Mitochondria evolved from an  $\alpha$ -proteobacterium engulfed by the proto-eukaryotic cell over 1.5 billion years ago [1]. The endosymbiosis of this aerobic bacterium was a turning point in the evolution of complex life, with the larger amount of energy afforded by mitochondrial oxidative phosphorylation (OXPHOS), enabling the regulation of a complex genome comprised of >25,000 genes [2]. This biologically unprecedented marriage of OXPHOS with complex genetic material culminated in the development of multicellular organisms, tissues, and interdependent organ systems [3]. The brain, with its unparalleled structural and functional complexity, exemplifies the product of multicellular evolution enabled by mitochondria. Likely as a result of this evolutionary interdependence, the structure and function of the brain and of its constituent neurons are closely linked to energy metabolism in general, and to mitochondrial function in particular.

Unlike the traditional “powerhouse of the cell” concept would suggest, the role of mitochondria is not limited to energy production. As beneficial symbionts, mitochondria perform several other “non-energetic” (i.e., other than ATP synthesis) functions that impact cell function and fate. These crucial functions include, but are not limited to, calcium ( $\text{Ca}^{2+}$ ) uptake and release that regulates energy production itself [4], intracellular signaling and vesicular endocytosis [5], and cell death [6]; reactive oxygen species (ROS) production to alter gene expression and protein function [7, 8]; macromolecule biosynthesis including heme, hormones, and purines/pyrimidines to enable cell growth and replication [9]; and the balance of specific cell death effectors [10].

Not unlike their bacterial ancestors that communicate and behave as colonies through regulated processes of quorum sensing [11–14], mitochondria participate in signaling at a number of levels. *Signaling* is defined as *the exchange of information between two compartments, involving transmission and/or reception of a chemical or molecular signal*. In this chapter, we consider mitochondrial signaling at four levels (Fig. 5.1).

First, we describe evidence of chemical and physical communication within the mitochondrial network. Second, we discuss how mitochondrial signals of stress (SOS) control the intracellular environment of the aging brain and alter protein function and folding in the cytoplasm. Third, mitochondrial signals that shift the epigenetic landscape in the nucleus and influence gene expression are discussed. Finally, we present emerging evidence that mitochondria exert systemic effects, in part via modulation of the immune and neuroendocrine networks relevant to the pathophysiology of neurodegenerative diseases. Overall, the emerging picture is one where mitochondria behave as signaling hubs, dynamically integrating endogenous and environmental factors to dictate neurological health by communicating with each other, within other cellular compartments, and systemically.



**Fig. 5.1** Overview of mitochondrial signaling at four different levels. (1) Mitochondria exchange information with each other via inter-organelle fusion, the release of soluble mediators, and inter-mitochondrial junctions (IMJs) (see [38] for details). (2) Mitochondrial redox signaling shifts signal transduction pathways in the cytoplasm by modifying redox-sensitive amino acids and altering the activity of kinases, phosphatases, and proteases. (3) Mitochondrial metabolic intermediates and ROS travel to the nucleus where they impact epigenetic and transcriptional processes that alter gene expression profiles. (4) Mitochondria release signals that travel to the systemic circulation, influencing the behavior of surrounding cells and tissues, and the physiological function of neuroendocrine, cardiovascular, and nervous systems that indirectly feedback onto the brain to impact neuronal structure and function, and contribute to neurodegeneration

## 5.2 Mitochondria: Inter-mitochondrial Signaling

Within the cell cytoplasm, mitochondria interact with each other and engage in mitochondria-mitochondria signaling via a number of mechanisms. The field of research around inter-organelle signaling being relatively recent, some caveats must be pointed out as we discuss it in the context of neuronal dysfunction and the brain. Some of the mechanisms described in this section such as the inter-mitochondrial junctions (IMJs) have been reported in neurons, yet their functional relevance to neuronal pathophysiology is still a matter of speculation. In contrast, mitochondrial fusion as a means of exchanging molecular information has been extensively investigated in neurons and its involvement in neurodegeneration reviewed elsewhere (see Chap. 7). In different cell types, mitochondrial signaling involves the release of diffusible signals such as ROS,  $\text{Ca}^{2+}$ , and apoptotic inducers, which propagate in a wavelike fashion through the mitochondrial network [15–17]. These mechanisms have been identified and investigated mostly in certain cell types (e.g., cardiomyocytes), but may also occur to some extent in neurons. Thus, these mechanisms will not be discussed here.

This section focuses on two major mechanisms for inter-mitochondrial communication: (i) molecular exchange through mitochondrial fusion and (ii) communication through inter-mitochondrial junctions (IMJs) that connect adjacent mitochondria.

### ***5.2.1 Mitochondria-Mitochondria Signaling Through Fusion and Molecular Exchanges***

Mitochondria continuously change their size, shape, and cristae architecture [18], which allows them to adapt to the fluctuating demands of their cellular environment and react with the appropriate signal [19]. Whereas mitochondrial fusion appears important to preserve OXPHOS and prevent cell death during starvation [20], cristae remodeling may impact bioenergetic efficiency by enhancing respiratory super-complex formation [21]. Mitochondrial cristae remodeling also regulates the release of mitochondrial SOS, including proapoptotic signals (reviewed in [18]). Furthermore, mitochondrial fusion and its reciprocal process of fission are necessary to maintain mitochondrial DNA (mtDNA) integrity and renew distal mitochondria for proper synaptic function [22, 23].

In addition to impacting intrinsic functional properties of mitochondria, the dynamic process of mitochondrial fusion is critical for the exchange of proteins and mtDNA among the mitochondrial network. Mitochondria contain >1,000 proteins that are normally distributed throughout the mitochondrial network within the cytoplasm. Ablation of the profusion factors mitofusin 1 and 2 and (Mfn1/Mfn2) leads to substantial protein heterogeneity among the mitochondrial network, with some mitochondria preferentially accumulating certain proteins and lacking others [24]. Protein heterogeneity is a distinguishing feature in neurons, with the proteome of synaptic and non-synaptic mitochondria differing by about 20% [25]. However, the significance of selective fusion and fission in mitochondrial protein distribution for proper neuronal function, and the relevance to neurodegeneration, remains unknown.

Mitochondrial dynamics also contributes to mitochondrial axonal trafficking, the process by which mitochondria commute toward and away from synaptic terminals [26]. Because mitochondria constantly generate signals, the act of transporting mitochondria from one cellular compartment (e.g., cell body) to another (e.g., synaptic terminal) should be regarded as a form of intracellular signaling.

Importantly, mitochondrial fusion also results in the exchange of genetic material from neighboring mitochondria. In the context of mtDNA heteroplasmy, i.e., when some mitochondria contain mtDNA mutations and others have normal mtDNA, the mixing of mitochondrial contents through fusion enables functional complementation of gene products, thus maintaining mitochondrial homeostasis despite the presence of mitochondrial defects [27]. Mitochondrial functional complementation in heteroplasmic cells does not occur with “kiss-and-run” contact, but requires fusion via both Mfn2 (outer mitochondrial membrane fusion) and optic atrophy 1 (OPA1) (fusion of the inner membrane) and exchange of DNA nucleoids, although mtDNA transcription/translation appears dispensable [28]. Mitochondrial



fusion also prevents severe heterogeneity in membrane potential among cells with mtDNA heteroplasmy [28]. Fusion-dependent mtDNA exchange can be regarded as a “stable” form of inter-mitochondrial signaling, where the normal mtDNA transmitted through fusion acts as the signal that promotes normal respiratory chain function among a mutant mtDNA bearing mitochondrion. Beyond permitting mtDNA exchange, mitochondrial fusion also appears essential to preserve mtDNA integrity, since mtDNA mutations accumulate in the absence of mitochondrial fusion [24].

As evidence that mitochondria-mitochondria signaling via membrane fusion is important in the context of neurodegeneration, ablation of mitofusins in the mouse promotes cell loss and cerebellar neurodegeneration [22]. In humans, a growing list of mutations in genes encoding the machinery necessary for mitochondrial fusion and cristae remodeling cause neurological disease affecting both the central and peripheral nervous systems [29].

### 5.2.2 *Mitochondria-Mitochondria Signaling via Inter-mitochondrial Junctions*

Even in the absence of fusion, electrochemical information can be passed from one mitochondrion to its neighbor(s) [30]. This form of signaling was originally described in cardiomyocytes [31] and more recently skeletal muscle [32], constituting the basis for the “cable” theory. Elongated “mitochondrial cables” extending up to >30  $\mu\text{m}$  have also been reported in dendrites of hippocampal neurons [33, 34]. This theory of cables stipulates that mitochondria behave as electrically coupled conduits that carry information about their electrical charge (membrane potential) throughout the mitochondrial network of a cell [35]. In various cell types such as cardiomyocytes, where mitochondrial membrane potential may spontaneously oscillate over time, clusters of physically juxtaposed mitochondria exhibit a substantial degree of coordination [36, 37], revealing the existence of inter-mitochondrial signaling without mitochondrial fusion.

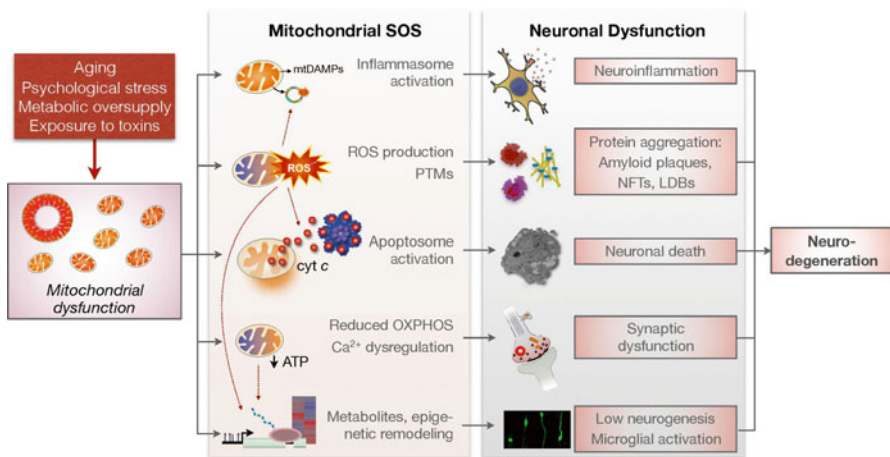
Studies in the 1980s suggested the existence of physical structures connecting electrically coupled mitochondria in cardiomyocytes, termed *inter-mitochondrial junctions* (IMJs) [31]. Closer quantitative examination of IMJs by electron tomography, which provides substantial spatial resolution and three dimensionality, revealed the presence of structures characterized by enhanced electron density and physical tethering of juxtaposed mitochondria through a <10-nm gap [38]. These gap junction-like IMJs are evolutionarily conserved from mollusk to mammal and inducible by the physical rapprochement of adjacent mitochondria through a synthetic linker molecular system [38]. More interestingly in the context of signaling is that cristae organization is altered at IMJs. When two mitochondria are joined by an IMJ, cristae from both mitochondria become coordinated in space, often exhibiting substantial deformation and bending to achieve near-perfect alignment [38].

Similar to synapses in the brain (which regulate the exchange of information from one cell to another), IMJs appear dynamically strengthened or weakened based on

their activity. For example, presynaptic terminals of more metabolically demanding, tonic synapses contain more IMJs than phasic synapses that exhibit more temporally spaced firings in the brain [39]. Evidence from a different tissue, skeletal muscle, also indicates that low energy requirements during inactivity tend to reduce the number of IMJs [40], while exercise increases their numbers [41], indicating a certain level of IMJ plasticity. The transmitochondrial coordination of cristae represents the first physical demonstration of inter-mitochondrial signaling, but the functional significance for the brain, neurons, or mitochondria themselves remains unclear.

### 5.3 Mitochondria: Cellular Signaling

Mitochondria generate diffusible signals that are transmitted – or communicated – to both the cytoplasm and the cell nucleus. Many of these diffusible signals are propagated by redox-based posttranslational reactions that alter signal transduction pathways and protein processing in the cytoplasm, and activate transcription factors that translocate to the nucleus. In addition, mitochondrial signals, such as metabolic intermediates, are the epigenetic language that directs chromatin accessibility. This section discusses mitochondrial signaling to both cytoplasmic and nuclear compartments and the relevance of mitochondrial signals of stress (SOS) in neurodegenerative pathogenesis (Fig. 5.2).



**Fig. 5.2** Mitochondrial signals of stress: from mitochondrial dysfunction to neurodegenerative disease. Common stressors such as aging, psychological and metabolic stress, and exposure to toxins cause mitochondrial dysfunction and aberrant morphology, including donut-shaped mitochondria (○). Mitochondria respond by sending signals of stress (SOS), which induce defined molecular changes within the cytoplasm and nucleus that directly contribute to the established hallmarks of neurodegenerative disease, including protein aggregates and transcriptional dysregulation. *OXPHOS* oxidative phosphorylation, *Cyt c* cytochrome *c*, *PTMs* posttranslational modifications, *NFTs* neurofibrillary tangles, *LBs* Lewy bodies

### 5.3.1 Mitochondrial Bioenergetics and Redox Signaling

Mitochondrial redox chemistry is not only central to the production of ATP by OXPHOS, but also a critical means by which mitochondria communicate to the nucleus, regulate enzymatic activity, control cell death, and stimulate the immune system. During OXPHOS, up to 2% of the electrons leak to molecular oxygen and produce the superoxide radical ( $O_2^-$ ) [8]. The mitochondrial matrix antioxidant, manganese superoxide dismutase (MnSOD), converts  $O_2^-$  to hydrogen peroxide ( $H_2O_2$ ), which may act as a signaling molecule in the cytosol/nucleus or generate more toxic ROS, such as the hydroxyl radical (OH). The majority of mitochondrial ROS (mtROS) are produced by the OXPHOS complexes I and III, but other mitochondrial enzymes such as NADPH oxidase-4 (Nox4), monoamine oxidases (MAOs), and some TCA cycle enzymes are also important in neural redox regulation [7, 42].

While mtROS are often viewed as indiscriminate molecular villains, they are in fact mitochondrial signaling molecules that produce a wide range of physiological effects dependent on the cellular context in which they are produced. Low levels of mtROS can induce gene expression changes to preserve mitochondrial function during stress, such as those that extend the lifespan of *C. elegans* [43]. Physiologically appropriate fluctuations in mtROS modulate the redox status of the mitochondria and the cell via several key redox couples: NADPH/NADP<sup>+</sup>, NADH/NAD<sup>+</sup>, thioredoxins 1 and 2 (Trx 1 and Trx2) (SH)<sub>2</sub>/SS, glutathione (GSH/GSSG), and cysteine/cysteine (CyS/CySS) [44]. These redox nodes are interconnected within and between cellular compartments. For instance, the mitochondrial and cytoplasmic NADH/NAD<sup>+</sup> redox states are linked via the activity of the malate/aspartate NAD(H) and  $\alpha$ -glycerophosphate shuttles, which may be particularly important in neurons and less so in astrocytes [45]. Transient opening of the mitochondrial permeability transition pore (PTP) can also rapidly release NAD<sup>+</sup> and NADH into the cytoplasm [46], although the functional significance of this mechanism in the brain remains unclear.

The intramitochondrial redox state is intimately coupled to mitochondrial energetics by nicotinamide nucleotide transhydrogenase (NNT) [47]. NNT relies on the proton motive force generated during OXPHOS to regenerate NADPH from NADP<sup>+</sup>, in order to power NADPH-dependent reductases that recycle the other redox couples in the mitochondrial matrix. Thus, by linking mitochondrial proton motive force to interconnected redox control nodes within and outside mitochondria, mitochondria may communicate the energetic state with the rest of the cell and organism. When mitochondrial bioenergetics is compromised, the redox nodes act as “barometers” that induce mitophagy or apoptosis, depending on the magnitude of the insult [48–51]. The importance of these redox nodes to cellular homeostasis is evidenced by the embryonic lethality that occurs when components are genetically deleted [52–55] and neuronal cell death that ensues when the system is overwhelmed by excess mtROS [56].

The downstream signaling pathways initiated by mtROS are determined by the reactivity, charge, and location of the particular species. In the aging brain, impairments in OXPHOS produce  $O_2^-$  primarily within the mitochondrial matrix and

inner membrane. In order for  $O_2^{\cdot-}$  to react with mitochondrial components, the target must outcompete micromolar concentrations of MnSOD in the matrix [57]. One signaling molecule that meets these stringent requirements is nitric oxide (NO). In contrast to  $O_2^{\cdot-}$ , NO possesses a relatively long half-life for a “reactive species,” which allows it to readily diffuse into the mitochondria from cytoplasmic sources where it can induce neuroprotective pathways. In mitochondria, the close proximity of NO and  $O_2^{\cdot-}$  generates the highly toxic species peroxynitrite (ONOO<sup>-</sup>) by a spontaneous reaction that occurs seven times faster than that of  $O_2^{\cdot-}$  and MnSOD [58]. This reaction occurs predominantly in neuroinflammatory conditions when NO is present at higher concentrations [59, 60]. In most contexts, ONOO<sup>-</sup> causes permanent protein damage, although it may protect the brain from ischemic episodes associated with stroke [61, 62].

The signaling potential of superoxide is increased in many neurodegenerative diseases due to nitration and permanent inactivation of MnSOD [63, 64].  $O_2^{\cdot-}$  is more selective than most mtROS, but readily reacts with iron-sulfur (Fe-S) centers of nonheme proteins, such as respiratory complexes I–III and TCA cycle enzymes. This reaction releases free ferrous iron ( $Fe^{2+}$ ), which generates the highly reactive hydroxyl radical ( $\cdot OH$ ) via Fenton chemistry, thereby initiating a chain of lipid peroxidation, protein modifications, and DNA damage within or near the inner mitochondrial membrane (IMM) [57].

Cardiolipin, the major phospholipid of the IMM, is particularly susceptible to peroxidation by ROS due to its high degree of unsaturation. During mitochondrial stress, mtROS or cytochrome *c* (cyt *c*) may oxidize cardiolipin, which dissolves its association with cyt *c* [65, 66]. Oxidized cardiolipin then translocates to the outer membrane, recruits mitophagic or apoptotic machinery, and releases cyt *c* into the cytosol [67]. If the cytosolic redox balance is also shifted to a prooxidant state, the released cyt *c* will remain oxidized and able to initiate activation of the apoptosome [68, 69]. Therefore, mtROS initiate cell death pathways by direct modification of lipids and proteins, but the amplification of these signals necessary to effectuate intrinsic apoptosis requires modulation of redox nodes in multiple compartments. In addition, mtROS may also induce neuronal death via caspase-independent mechanisms involving IMM compromise and  $Ca^{2+}$  dysregulation [56].

Due to their transient nature, it is currently difficult to directly measure ROS *in vivo*, and therefore analysis of ROS levels is largely dependent on the molecular footprints left in their wake of destruction [42]. Recent efforts to develop mitochondria-targeted mass spectrometry probes are under development and could circumvent this technical limitation in preclinical studies [70]. Among all organs of the body, the brain is perhaps most vulnerable to oxidative damage due to its high utilization of oxygen, increased levels of polyunsaturated fatty acids and redox transition metals, and relatively low levels of antioxidants. Elevation of virtually every established marker of oxidative damage has been documented in brain tissue from the most prevalent neurodegenerative diseases, including Alzheimer’s disease (AD), Parkinson’s disease (PD), Lewy body disease (LBD), amyotrophic lateral sclerosis (ALS), Huntington’s disease (HD), and Friedreich’s ataxia (FA) [71, 72].

Interestingly, the evidence suggests that bioenergetic defects precede the onset of diagnostic symptoms [73]. Furthermore, neurological symptoms often emerge without or before the accumulation of proteinaceous lesions [74] that are generally considered the key determinants of neurodegenerative disease pathogenesis [72, 75, 76]. Therefore, the chronological disassociation between the emergence of diagnostic symptoms and proteinaceous lesions [77] suggests that the pathological processing of amyloid, tau, and alpha-synuclein could be a *consequence* of more proximal pathological stimuli, such as mitochondrial SOS produced by progressive mitochondrial dysfunction in aging [78].

### 5.3.2 Mitochondrial Distress Signals and Pathological Protein Processing

Several mechanisms link mitochondrial signaling with protein misfolding and aggregation. The causative nature of mitochondrial dysfunction in this association is supported by animal models and patients that develop aggregates and neurodegeneration after exposure to mitochondrial toxins [79, 80], as well as patient-derived transmitochondrial cybrids [81], in which the mtDNA from AD, PD, and ALS patients is combined with an otherwise healthy cell and induces neurodegenerative disease-associated proteinopathy and cell death [82]. The next three sections focus on recent insights linking signals from dysfunctional mitochondria to the most common protein lesions found in neurodegenerative disease patient brains: amyloid plaques, tau tangles, and  $\alpha$ -synuclein Lewy bodies.

#### 5.3.2.1 Amyloid Precursor Protein to Plaques

Since the discovery of amyloid plaques by Alois Alzheimer in the 1920s, the amyloid hypothesis has enjoyed the etiological spotlight. The main protein component of plaques is the amyloid- $\beta$  ( $A\beta$ ) peptide, a molecule of 40–42 amino acids with unclear function, derived from the proteolytic cleavage of the integral membrane amyloid precursor protein (APP). Interestingly, the key amyloidogenic proteases are influenced by fluctuations in mitochondria function and oxidative stress [83–88]. While mitochondrial SOS alter  $A\beta$  production and clearance in cellular and animal models, the pathophysiological relationship between mitochondrial distress and amyloid production remains ambiguous. As discussed below, since mitochondrial SOS occur early in AD and may act in concert to generate  $A\beta$ , which then localizes to mitochondria, one possibility is that the accumulation of “abnormal”  $A\beta$  represents a hormetic response to mitochondrial stress in neurons.

Indeed, APP cleavage products can act as antioxidants and  $A\beta$  monomers shift neuronal glucose metabolism away from mitochondria to glycolysis [89–91]. This metabolic shift would confer neuroprotection by decreasing mtROS produced by

OXPPOS while boosting endogenous antioxidant defenses by doubling NADPH levels and reducing the redox control nodes. In other studies, when the mtROS-responsive, A $\beta$ -generating secretases are inhibited, neuronal death ensues, unless A $\beta$  fragments are exogenously added [92]. Therefore, the induction of  $\beta$ - and  $\gamma$ -secretases by mitochondrial dysfunction may initially serve as a survival signal during oxidative stress by generating neuroprotective A $\beta$  species. A $\beta$  monomers preserve neuronal survival in classic models of mitochondria-dependent cell death that are mediated by mtROS [78, 80], but A $\beta$  oligomers have the opposite effect [93–95], such that this pathophysiological role of A $\beta$  depends on the particular species and the aggregation state [96, 97].

Interestingly, immunotherapeutic clearance of amyloid from transgenic mice and AD patients has adverse consequences [98–100]. Recent studies suggest that these effects involve the ability of amyloid to influence Ca<sup>2+</sup> flux [101] associated with AD mitochondrial impairments, which points to a second potential role of amyloid in mediating mitochondrial SOS. Taken together, the available evidence suggests that dysfunctional mitochondria in the aging brain may initially signal to induce A $\beta$  production via mtROS in order to prevent oxidative damage and Ca<sup>2+</sup> dysregulation and preserve neuronal health.

### 5.3.2.2 Tau to Neurofibrillary Tangles

Mitochondrial redox signaling modulates aberrant processing of another key protein related to age-dependent dementia and AD: the microtubule-stabilizing protein *tau* [102]. Tau normally functions to promote microtubule assembly and stabilization for neurite trafficking. In neurodegeneration, tau disengages from the microtubule and becomes hyperphosphorylated into neurofibrillary tangles (NFTs). Similar to amyloid processing, mtROS may initiate the process in AD by inducing caspases 3 and 7 [88], which cleave tau into neurotoxic fragments [103]. Mitochondrial redox signaling activates the key kinases currently implicated in tau hyperphosphorylation, including the stress-activated kinases JNK and p38 [104], as well as glycogen synthase kinase-3 $\beta$  (GSK-3 $\beta$ ) [105, 106]. mtROS may also inhibit peptidyl-prolyl isomerase (Pin1), which is necessary for tau dephosphorylation and microtubule binding [107–109]. Oxidative impairment of Pin1 appears crucial in the clinical presentation of tau pathology, as it is increased in presymptomatic individuals and inversely correlates with NFT levels and neurodegeneration in the AD brain [110]. Therefore, early mitochondrial SOS may culminate in the pathological processing of tau, which then destabilizes microtubules and further impairs mitochondrial signaling by inhibiting mitochondrial dynamics and trafficking between the synapses and cell body [26, 111].

### 5.3.2.3 $\alpha$ -Synuclein to Lewy Bodies

Lewy bodies are composed primarily of aggregated  $\alpha$ -synuclein ( $\alpha$ -syn), along with ubiquitin and tau, and represent the key histological hallmark shared by PD and LBD.  $\alpha$ -Syn is a ubiquitously expressed protein of unknown function that localizes to various

cellular compartments, depending on the conformational changes induced by inherited mutations, or environmental conditions, such as increased oxidative stress [112–115].

In normal conditions,  $\alpha$ -syn is found in the cytosol where it regulates the dopamine synthesis pathway [116] and within mitochondria-associated ER membranes (MAMs) where it may participate in a number of key signaling pathways, including the regulation of mitochondrial  $\text{Ca}^{2+}$  transients and mitochondrial dynamics [117]. PD-associated mitochondrial dysfunction induces  $\alpha$ -syn [71, 118, 119], which may represent a retrograde signal designed to dampen the bioenergetic burden of synaptic transmission by blocking vesicle exocytosis and neurotransmitter release [120], to preserve neuronal  $\text{Ca}^{2+}$  homeostasis at MAMs [117], or to decrease oxidative stress associated with dopamine autoxidation [116] within the PD brain [119].

However, in the event that mitochondrial dysfunction persists, excess mtROS may cause  $\alpha$ -syn nitration in dopaminergic neurons, thereby impairing its ability to bind membranes [121]. In this regard, nitration of  $\alpha$ -syn in “sporadic” PD patients may produce the same effect as familial PD mutations in the  $\alpha$ -syn gene that decrease its lipid-binding ability and redirect it from MAMs to the mitochondria [122]. Mitochondria-localized  $\alpha$ -syn may impair complex I function directly or increase its sensitivity to other modifiers [123–126]. Complex I inhibition by  $\alpha$ -syn could then serve a second signaling role by amplifying mtROS formation and changing  $\alpha$ -syn physical conformation to promote aggregation and LB formation [127].

This section has thus far focused on the effect of mitochondrial signaling in the cytoplasmic compartment, where mitochondrial SOS lead to the accumulation and aggregation of proteins associated with neurodegenerative diseases. The following section discusses mitochondrial signaling to the nucleus, which affects gene expression.

### 5.3.3 *Metabolic Signaling and the Epigenetic Language*

Contrary to popular conception, mitochondria do not float randomly amid the cytoplasm. Their cellular distribution is highly regulated by energy needs and other intracellular cues [128]. While most attention is given to the synaptic mitochondria required to supply the estimated 4.7 billion ATP molecules per second of a single neuron’s activity [129], mitochondria within the cell body are also critical for neuronal function via retrograde signaling. In the soma, mitochondria are positioned in the perinuclear region, in close proximity to the chromatin [130]. The chromatin is the DNA-protein structure that modulates gene accessibility by either “closing” portions of the genome to repress transcription or “opening” them to promote their expression. Mitochondrial regulation of gene expression is facilitated by two major factors. The first is “topological,” consisting in the perinuclear positioning of mitochondria only a few hundred nanometers away from the nuclear pores through which molecular signals travel [130]. The second and more studied factor that enables mitochondria-nuclear signaling is the nature of biochemical signals that induce epigenetic modifications, most of which are produced by mitochondria. The latter aspect constitutes the focus of this section.

As part of their normal metabolism, mitochondria produce most of the biochemical substrates and cofactors required for epigenetic (i.e., “on top of” genes) modifications that remodel chromatin structure. These substrates and cofactors include, but are not limited to, acetyl-coenzyme A (Ac-CoA), succinyl-CoA, SAM (S-adenosyl methionine), ATP,  $\alpha$ -ketoglutarate, NAD<sup>+</sup> (nicotinamide adenine dinucleotide), and FAD (flavin adenine dinucleotide) [131, 132]. Posttranslational modifications require mitochondrial energy input and metabolism and consist of acetylation, succinylation, methylation, phosphorylation, and other labile alterations of the core chromatin component, the histones. The DNA itself is also modified via cytosine methylation, hydroxymethylation, and other modifications. This partially heritable collection of epigenetic modifications constitutes the relatively malleable “epigenetic landscape” that orchestrates gene expression, enabling a single genome to support multiple, drastically different cellular phenotypes (i.e., neurons vs. fibroblasts [133]). In neurodegenerative diseases, the epigenetic landscape of the brain is altered [134], including early changes in DNA methylation in Alzheimer’s disease [135]. The link between mitochondrial intermediate metabolism and epigenetic modifications suggests a role for mitochondrial dysfunction and resulting signals in the transcriptional reprogramming that may underlie neurodegeneration.

In a study of human cells with varying levels of mitochondrial dysfunction, it was recently discovered that the majority (>67%) of the human genome is under mitochondrial regulation [136]. Indeed, whereas low levels of mitochondrial dysfunction in the presence of 20–30% of mtDNA mutation load induced epigenetic modifiers and repressed cell growth, higher levels (60–90%) of the same mtDNA mutation caused opposing transcriptional changes, inducing anaerobic glycolytic metabolism and transcriptional programs associated with cell senescence [136]. A single nucleotide change in the mtDNA can thus exert a wide range of transcriptional changes in the cell nucleus.

In addition to metabolites, mtROS also travel to the nucleus where they promote an oxidized nuclear environment favorable to the expression of redox-responsive genes [137]. Beyond regulating gene expression under normal circumstances, mtROS signals may also accelerate telomere shortening and aging [138, 139]. MtROS further activate oxidative stress-sensitive, pro-inflammatory pathways such as nuclear factor-kappa B (Nf-kB) [140], involved in general inflammatory response to chronic stress in human monocytes and microglia [141].

Mitochondrial bioenergetic signals are also transduced to the nucleus via different transcription factors and co-activators including but not restricted to Nf-kB [142]. Upon activation, transcription factors located in the cytoplasm translocate to the nucleus through nuclear pores, where they interact with chromatin components and the DNA itself. Canonical mito-nuclear signaling mechanisms include the energy sensors AMP-activated protein kinase (AMPK) and peroxisome proliferator-activated receptor gamma co-activator 1 alpha (PGC-1 $\alpha$ ), nuclear factor erythroid 2-related factor (NRF2) and p53 induced by oxidative stress, and Ca<sup>2+</sup>-sensitive calcineurin pathways [143, 144]. These and others have been shown to be altered in neurodegenerative conditions [145]. Therefore, multiple pathways exist whereby progressive mitochondrial dysfunction is communicated to the nucleus where it modifies gene expression via the epigenome.



Genetic and biochemical mitochondrial defects alter cellular bioenergetics and can lead to energy deficiency due to ATP depletion, which is generally believed to contribute to neurodegeneration. In addition, this section has outlined alternative pathways whereby dysfunctional mitochondria produce biochemical SOS, to which the cell and its plastic (epi)genome have evolved molecular sensitivity. These mitochondrial signals – oxidative stress and metabolic intermediates – travel to the nucleus to induce epigenetic modifications, many of which are post-translational modifications of regulatory proteins, that impact gene expression. From an evolutionary perspective, the coupling of genome remodeling epigenetic processes with mitochondrial signals in the brain was likely an important step for the evolution of species in an environment where energy supply and demand vary widely over time [146]. Multiple mechanisms thus exist to link mitochondrial metabolism to fundamental aspects of neuronal function.

### ***5.3.4 Mitochondria as Synaptic Neuromodulators***

Evidence for mitochondrial signaling at the synaptic level has recently expanded our conception of mitochondria not only as powerhouses but also as neuromodulators. In addition to mitochondrial ATP that influences synaptic function [147], mitochondrial  $\text{Ca}^{2+}$  uptake via the mitochondrial calcium uniporter (MCU) also regulates presynaptic neurotransmitter release [5]. On the other hand, abnormal mitochondrial morphology (i.e., donut shaped) in presynaptic terminals has been associated with abnormal synapse structure (smaller active zone, fewer docked neurotransmitter vesicles) and impaired short-term memory, indicating a link between mitochondrial morphology and higher cognitive function [148], although the mechanism by which this occurs remains unclear.

In mice, mitochondrial DNA heteroplasmy (i.e., a mixture of two mtDNA types differing by 91 nucleotides) impairs memory retention and alters animal behavior [149], demonstrating a link between mitochondrial genetics and cognitive function. Live cell imaging studies of synaptic neurotransmitter release further showed how the movement of mitochondria into a presynaptic terminal dynamically potentiates presynaptic vesicle release and reduces fatigability, whereas the absence of a mitochondrion in a presynaptic terminal leads to fatigability in response to consecutive stimulation [150]. Collectively, this positions mitochondria as neuromodulators within the brain [151, 152], illustrating a mechanism other than cell death and neurodegenerative changes by which mitochondrial signaling may affect cognitive function.

## **5.4 Mitochondria: Systemic Signaling**

The previous section discussed how the state of mitochondria directs processes within the cell cytoplasm and nucleus and their role at the synapse. In addition, possibly as a result of the evolutionary intertwine between mitochondrial energetics and the development of multicellular organisms, organ systems such as the

cardiovascular and endocrine axes are also functionally regulated by the bioenergetic state of mitochondria. In this scenario, mitochondrial signals act in a cell non-autonomous manner to influence systemic neuroendocrine processes linked to neuronal function.

Early evidence for mitochondrial signaling at the systemic level came from exercise physiology studies in patients with inherited mitochondrial myopathy. There is normally a tight coupling between whole body energy expenditure and cardiorespiratory responses during exercise, where a one-unit increase in oxygen consumption leads to a five-unit increase in cardiac output [153]. In contrast, patients with mitochondrial disease (m.3243A > G, single deletion) show exaggerated cardiac output and ventilatory responses that are disproportionate to energy demand [153], suggesting that dysfunctional mitochondria signal to the central nervous system, via an currently unknown mechanism, to exaggeratedly mobilize oxygen delivery systems (heart rate, and ventilation). A similar response was also observed at the level of skeletal muscle, where muscle fibers with respiratory chain-deficient mitochondria are selectively surrounded by a greater number of capillaries than adjacent fibers with normal mitochondria [154], indicating that defective mitochondria communicate their dysfunctional state via SOS to neighboring endothelial cells, stimulating the growth of capillaries (i.e., angiogenesis). Collectively, the evidence suggests that dysfunctional mitochondria engage in signaling not only with each other and the cell nucleus but also with surrounding cells and across the organism where they influence broad physiological functions.

The remaining section discusses recent lines of research that aim to understand the effect of mitochondrial function on neuroendocrine, metabolic, and inflammatory processes. Because neuroendocrine, metabolic, and inflammatory mediators impact neuronal health [155], mitochondrial systemic signaling represents an emerging pathway by which mitochondrial dysfunction may influence the etiology and progression of neurodegenerative diseases.

#### **5.4.1 Mitochondrial Functions Regulate Neuroendocrine Systems**

Two major neuroendocrine axes that release neuroactive hormones in the systemic circulation have been linked to mitochondrial function: the hypothalamic-pituitary-adrenal (HPA) axis, which leads to the secretion of *cortisol* (corticosterone in rodents), and the sympathetic-adrenal-medullary (SAM) axis, a division of the autonomic nervous system (ANS), which leads to the secretion of the catecholamines *noradrenaline* and *adrenaline*. Both cortisol and the catecholamines can influence brain structure and function by acting on the glucocorticoid receptor and adrenergic receptors on afferent sensory nerves, respectively [156, 157].

Recent evidence in animal models suggests that mtDNA variants can alter stress-reactive corticosterone (CORT) production in mice [158, 159] and the CORT-generating cells of the adrenal cortex are exquisitely sensitive to intramitochondrial

oxidative stress [160]. Likewise, mutations or deletions of the redox-regulating enzyme NNT lead to hypocortisolemia in humans [160] and mice [161], respectively. In patients with mutations in the mitochondrial adenine nucleotide translocator (ANT), which impairs ATP/ADP exchange across the IMM, resting circulating catecholamine levels are also almost double that of healthy controls [162], indicating that both HPA and SAM axes' activities are modulated by mitochondrial dysfunction.

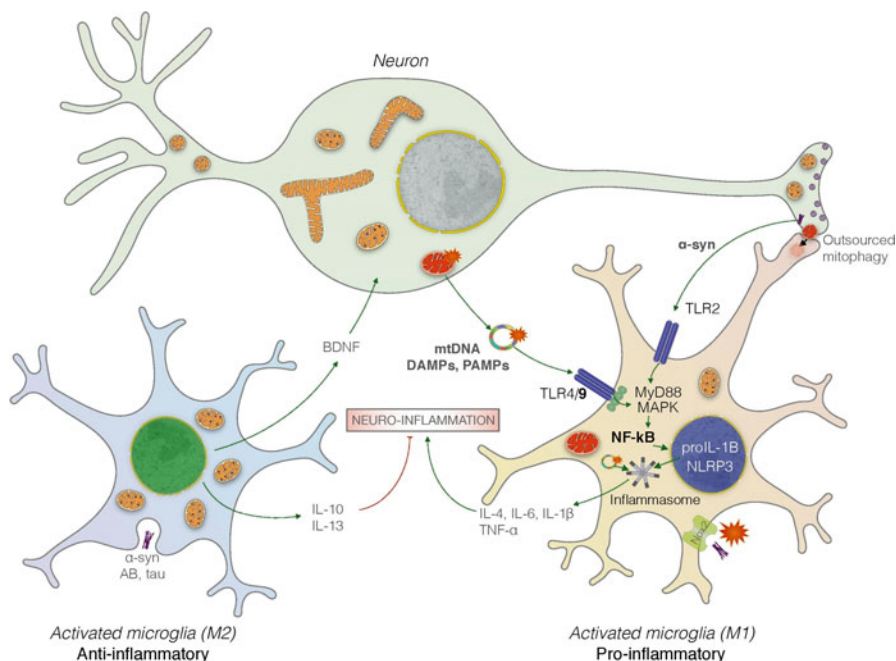
Mitochondrial respiratory chain dysfunction may also be associated with ANS dysfunction, involving increased sympathetic vagal nerve drive as evidenced by increased resting heart rate, and increased high frequency power RR interval variability (RRV) in patients with the m.3243A>G mutation [163]. Mitochondrial disorders are also associated with excessive epinephrine and norepinephrine secretion by the SAM axis during exercise [164].

A recent study in mice with either mtDNA point mutations affecting OXPHOS capacity or deletions of nuclear-encoded NNT or ANT1 genes demonstrated that in addition to gene expression in the hippocampus, the major neuroendocrine systems are under substantial mitochondrial regulation [161]. In response to psychological stress, mitochondrial defects may in some cases double corticosterone output while blunting catecholamine release [161]. Mitochondrial dysfunction may also promote stress-induced hypercortisolemia and hyperglycemia, which are associated with brain atrophy and cognitive decline [165]. These mitochondria-regulated neuroendocrine perturbations may cause neuronal insult directly by further damaging mitochondrial function and leading to the accumulation of mtDNA defects [165, 166] and indirectly by dysregulating the metabolic and immune systems [167], curtailing brain plasticity and adaptation to stress [156].

### 5.4.2 Mitochondrial Immunogenic Signals

Another common feature of late-onset neurodegenerative diseases that may be modulated by mitochondrial SOS is inflammation (Fig. 5.3). As we age, our metabolic and immune systems undergo a process of senescence characterized by a progressive decline in mitochondrial and immune function, which correlates with an increased frequency of infection and neurodegenerative disease [78, 168]. Inflammation in neurodegenerative diseases occurs without evidence of externally acquired pathogens, suggesting that endogenous factors may instead initiate inflammation (i.e., sterile inflammation) [169]. Interestingly, a growing body of literature indicates that mitochondrial SOS may trigger the immune systems and promote chronic low-grade inflammation implicated in neurodegenerative diseases.

The most common risk factors for neurodegenerative diseases include aging, metabolic and immune disorders, chemical toxin exposure, and psychological trauma [170]. These factors impact mitochondrial function by either promoting the accumulation of mtDNA mutations/deletions, decreased OXPHOS capacity, or excessive mtROS production, which can trigger the release of



**Fig. 5.3** Mitochondrial signals of stress and neuroinflammation. In neurodegenerative diseases, microglia become “primed” and contribute to inflammatory changes within the brain. Here, we propose that neuronal mitochondrial dysfunction initiates microglial activation by releasing immunogenic signals of stress (SOS). Mitochondrial SOS include reactive oxygen species (ROS) and damage-associated molecular patterns (DAMPs; mtDNA, RNA, and N-formyl peptides) that activate toll-like receptors 4 and 9 (TLR4/TLR9), inducing the innate immune response from microglia and systemic macrophages. In the aging brain, chronic stimulation by mitochondrial SOS shifts the response of “primed” microglia from primarily phagocytic and anti-inflammatory (M2) to pro-inflammatory (M1) and induces their proliferation. TLR4/TLR9 stimulation activates M1 microglia by MyD88 or MAPK, which sends NF- $\kappa$ B from the cytosol to the nucleus to induce proIL-1 $\beta$  and NLRP3 transcription. When activated by oxidized mtDNA, the NLRP3-inflammasome cleaves pro-caspase-1 and induces the release of cytokines (IL-4, IL-8, IL-1B, and TNF- $\alpha$ ) that promote neuroinflammation, gliosis, and neuronal damage. Secondary insult from protein aggregates (or glucocorticoids) may exaggerate this response in sensitive brain regions, contributing to the mood disorders, cognitive decline, and cell death associated with neurodegenerative disease. Microglia may also contribute to elimination of dysfunctional mitochondria within the axon terminal, in a process whereby neurons outsource mitophagy [223]

mitochondria-derived damage-associated molecular patterns (mtDAMPs), such as mtDNA fragments and some mitochondrial proteins [169]. Progressive impairment of mitochondrial function and integrity and the associated release of immunogenic molecules may thus steadily stimulate the innate immune system and promote inflammation both systemically and within the brain [171]. Here,

we discuss the interplay between mitochondrial SOS and the immune system, which can be divided into two main categories.

#### 5.4.2.1 Mitochondrial SOS as Inflammatory Triggers

The circular mtDNA of bacterial origin and resultant N-formyl peptides are recognized as foreign molecules by the immune system [169]. N-formyl peptides and mtDNA itself constitute mtDAMPs that are released following mitochondrial stress, particularly oxidative stress [172]. The release of mtDAMPs engages the innate immune system through the intracellular DNA-sensing system cGAS [173] and toll-like receptors (TLRs) [174]. TLRs are present in dendritic cells, macrophages, and microglia in the CNS, as well as nonimmune cells such as neurons and epithelial cells, where they activate the inflammasome and pro-inflammatory gene expression [175]. In microglia and neuronal cultures, mtDAMPs cause dopaminergic cell death [176] and increased amyloidosis with AD-associated inflammation [177]. In animal models, mtDAMP inflammasome activation is associated with cognitive impairment [178] and neurodegenerative disease [176, 179, 180].

Other mitochondrial components have also been reported in human plasma and suggested to play signaling roles that may influence the brain (Table 5.1). They include cardiolipin, which may act as a mtDAMP when oxidized [181]; mitochondrial proteins encoded in the nuclear genome such as cyt *c* [182], heat shock protein 60 (Hsp60) [183], and prohibitins [184]; and mtDNA-encoded proteins derived from alternative open reading frames (altORFs) such as humanin [185] and MOTS-c [186] (see Table 5.1). Circulating Hsp60 levels correlate with neurodegenerative disease risk factors, such as psychological stress and circulating cholesterol levels [183], indicating a potential immunogenic link between psychosocial factors, mitochondrial stress, and neuronal demise [187]. Mitochondria-derived molecules are thus emerging as a source of signals that may chronically instigate systemic inflammation in neurodegenerative disease.

Just as mtDAMPs correlate with known mediators of neurodegeneration, new evidence suggests that established neurodegenerative disease therapeutics prevent mtDAMP release. The anti-inflammatory signal acetylcholine (ACh) prevents stress-induced release of mtDNA via binding a putative mitochondrial nicotinic

**Table 5.1** Mitochondrial components reported in human blood

Molecule	Full name	Reference
Hsp60	Heat shock protein 60	[183]
Humanin	Humanin	[185]
MOTS-c	Mitochondrial open reading frame of the 12S RNA type c	[186]
PHB1/2	Prohibitin	[184]
mtDNA	Mitochondrial DNA	[171]
Cardiolipin	Cardiolipin	[181]
Cyt c	Cytochrome c	[182]

ACh receptor [172]. Therefore, it is plausible that the therapeutic benefit of nicotine and acetylcholinesterase (AChE) inhibitors for NDs [188] may not only be related to mitochondrial signaling in cell death [189], but also to mitochondria-related inflammatory signaling.

#### **5.4.2.2 Mitochondria Regulate Intracellular Immunogenic Responses**

Infected immune cells require energized mitochondria to recruit the mitochondrial antiviral signaling (MAVS) protein, which aggregates on the mitochondrial outer membrane and initiates antiviral signaling [190]. This signal stimulates the cellular antiviral response by activating nuclear translocation of NF- $\kappa$ B and interferon regulatory factors (IRFs) where they stimulate transcription of type I interferons and pro-inflammatory cytokine genes associated with “primed” microglia in aging and neurodegenerative diseases [191]. Ablating mitochondrial membrane potential inhibits this response [192], whereas mitochondrial ROS and mtDAMPs potentiate it [193, 194]. Interestingly, the mtDNA variants that govern mtROS and membrane potential also correlate with risk for neurological disorders and alter the metabolic-immune axis in a manner that mirrors the circulating cytokine profiles in patients with mood disorders and neurodegenerative disease [195–199].

Taken together, this relationship suggests that genetic or environmental insults to mitochondria may induce the release of SOS (mtDAMPs and mtROS) that drive neuroinflammation by activating the innate immune system and priming microglia (see Fig. 5.3). In turn, primed microglia in the aged brain inappropriately respond to immune challenges presented by mitochondrial dysfunction, as evident by their decreased phagocytic activity and sustained inflammatory signals in neurodegenerative disease [200]. The result of this faulty mitochondrial-immune network may amplify protein aggregates, neuronal death, and neurodegenerative disease progression.

#### **5.4.3 Mitochondria as Mediators of Common Risk Factors in Neurodegenerative Disease**

The risk of developing late-onset neurodegenerative disease is intimately tied to lifestyle factors such as physical activity [201] and psychosocial stress [202]. As discussed below, physical activity and chronic psychosocial stress induce biological patterns that correlate with downstream changes in biomarkers of increased [203] or decreased neurodegenerative disease risk [204, 205], respectively. Mitochondria may thus contribute to translate the lifestyle and environmental risk factors into the biological changes that cause neurodegenerative disease.

Physical inactivity, or sedentary behavior, promotes disease risk by producing a diabetes-like physiological state of metabolic oversupply that damages mitochondria [206]. Metabolic stress arises from excess energetic substrates (glucose, lipids),

impairs mitochondrial dynamics, increases mtROS production, and leads to accumulation of mtDNA damage [206]. Diabetes exemplifies this state of metabolic dysregulation, where circulating glucose levels are continuously elevated. As a result, diabetes is associated with brain atrophy and cognitive decline in aging [165] and AD patients [207]. Hyperglycemia increases A $\beta$  levels in the hippocampus [208]. On the other hand, exercise counteracts metabolic oversupply systemically [206] and within the brain by inducing mitochondrial biogenesis and neurogenesis and may stimulate clearance of A $\beta$  [209–211]. The metabolic state, regulated by the combined effect of physical activity and diet, imparts substantial effects on neuronal health and the risk of neurodegenerative diseases [201].

Likewise, psychological stress in the social and work environment, which arises from real or perceived threat to the self, increases the risk of neurodegenerative disease. Psychosocial stress at work (i.e., low job control and high demand) is associated with increased risk for dementia and AD later in life [212]. Likewise, longitudinal studies demonstrated that chronic life stress during middle age is associated with brain atrophy and white matter lesions later in life [213] and increased risk for depression, dementia, and neurodegenerative diseases [202, 214], underscoring the negative impact of various stressors on neuronal health.

In seeking to resolve the biological connections responsible for these associations, it is relevant to note that hormones secreted during stress, including cortisol which becomes dysregulated during chronic stress and neurodegenerative disease, impact mitochondria both directly via the mitochondrial glucocorticoid receptor [166, 215] and indirectly by promoting metabolic stress systemically [167]. Excess stress-associated cortisol and metabolic stress can both impair neuronal mitochondria function and lead to neuroinflammation and dopaminergic death associated with PD [216]. On the other hand, physical activity/exercise confers protection against age-related hippocampal atrophy and memory decline [217] and reduces AD risk [218] and PD progression [219]. Interestingly, physical activity may also buffer against stress-associated cellular changes such as telomere shortening [220]. The exact mechanisms for the beneficial effects of physical activity and the damaging effect of chronic stress on brain structure and function remain unclear [156]. However, evidence that stress damages mitochondria, whereas physical activity promotes mitochondrial biogenesis [221], and that mitochondrial signaling is essential to exercise-induced neurogenesis (i.e., the formation of new neurons) in the adult brain [222], suggests that mitochondria constitute a hub where the action of stressors and resiliency factors intersect to influence brain structure and function.

## 5.5 Conclusion

The road from mitochondrial dysfunction to neurodegeneration takes many turns, and the trajectory from normal to abnormal brain function can be influenced by multiple mitochondrial signals. In addition to their central role in energy production, mitochondria perform a number of functions essential to neuronal activity and synaptic

transmission. In this chapter, we have considered emerging facets of mitochondrial biology related to signal transduction from mitochondria to mitochondria, mitochondria to cytoplasm, mitochondria to nucleus, and mitochondria to the systemic circulation.

Mitochondrial dysfunction may result from primary inherited genetic defects or from acquired structural and functional changes with aging and chronic stressors (i.e., mitochondrial allostatic load) [167]. In turn, dysfunctional mitochondria produce abnormal signals of stress (i.e., SOS) that propagate to other cellular compartments and influence systemic regulatory processes.

This chapter integrated experimental, clinical, and epidemiological evidence that posits mitochondria as a proximal mediator of established pathogenic processes that define neurodegenerative disease. Why would mitochondrial signals influence such a broad number of physiological and molecular processes? A partial justification for this “mitocentric” perspective may in part rest in biological events that occurred as part of the evolution of complex life. To reiterate, mitochondria played a central and necessary role in the evolution of multicellular organ systems, of which the brain is arguably the most intricate product. The cellular machinery involved in neurological functioning, including synaptic transmission, and those of its basic cellular behaviors including replication, differentiation, and growth, as well as the underlying process of transcriptional regulation, have thus relied and become dependent upon mitochondrial biochemical outputs (ATP, mtROS, and intermediate metabolites).

As a result, multiple evolutionary-carved paths exist to translate signals of mitochondrial dysfunction into maladaptive cellular processes contributing to neurodegeneration. Future work will be needed to elucidate the molecular and physiological basis for mitochondrial signaling within and beyond the cell. A fuller understanding of the role of mitochondria in the process of neurodegeneration should provide new opportunities to design interventions to preserve optimal brain function throughout the lifespan.

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**Part III**  
**Functional Consequences**  
**of Mitochondrial Dysfunction**

# Chapter 6

## Life on the Edge: Determinants of Selective Neuronal Vulnerability in Parkinson's Disease

James Surmeier, Enrico Zampese, Daniel Galtieri, and Paul T. Schumacker

**Abstract** One of the defining features of Parkinson's disease (PD) is its sparsely distributed pathology. This chapter explores the hypothesis that this selective vulnerability can be traced back to an unusual neuronal phenotype. This phenotype is best exemplified by dopaminergic neurons in the substantia nigra pars compacta (SNc), whose loss is responsible for the cardinal motor symptoms of PD. These neurons have extraordinarily long and branched axons, sustained autonomous spiking, and elevated levels of cytosolic  $\text{Ca}^{2+}$ , in addition to a chemically reactive neurotransmitter. This combination of features leads to sustained elevations in mitochondrial oxidative stress, possibly as a consequence of the reliance on feed-forward control of mitochondrial metabolism, and to increased susceptibility to alpha-synuclein (aSYN) aggregation. These derivative features could increase the impact of aging, genetic mutations, and environmental toxins linked to increased risk of PD, providing a unifying theory of PD pathogenesis. Although most of these traits are not amenable to therapeutic manipulation,  $\text{Ca}^{2+}$  loading is indeed, because it stems from opening of Cav1 (L-type)  $\text{Ca}^{2+}$  channels – channels that are antagonized by dihydropyridine drugs long used for the treatment of hypertension. Epidemiological studies have revealed that the use of dihydropyridines is associated with a reduced risk of developing PD. As a consequence, a large phase III clinical trial is underway in North America to determine if one of the dihydropyridines (isradipine) can slow PD progression.

**Keywords** Parkinson's disease • Calcium • Electrophysiology • Mitochondria Redox • Selective vulnerability • Dopamine • Substantia nigra • Pacemaking Oxidative stress • Bioenergetics • Two-photon microscopy

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## 6.1 Introduction

PD is a disabling neurodegenerative disorder that is strongly associated with aging, increasing exponentially in incidence above the age of 65 [1]. Currently, there is no therapeutic strategy that is proven to slow or stop disease progression. The incidence of PD is expected to rise dramatically worldwide in the coming decades as life expectancy increases [2]. If this rising tide of PD is not countered with the development of a disease-modifying, neuroprotective therapy, it will pose an enormous burden on society in terms of financial cost and human suffering.

The best hope for developing a neuroprotective treatment lies in a better understanding of disease pathogenesis. In the last several decades, there has been a great deal of progress in identifying genetic risk factors for PD [3–6]. There is a reasonable belief that identifying the consequences of these mutations will lead to new “personalized” therapeutic strategies. However, the vast majority of PD cases are not associated with any known genetic mutations. Genome-wide association studies (GWASs) promise to put disease risk in these cases on a firmer genetic footing [5–7]. The working hypothesis of these studies is that the proteins linked to risk-increasing polymorphisms will begin to segregate into well-defined subcellular systems, providing insight into pathogenesis.

While they provide important clues about pathogenic mechanisms, genetic and environmental studies to date have not provided compelling clues about why PD manifests in a narrowly defined set of cell types. Indeed, all of the genes linked to familial forms of PD are expressed across diverse cell types, and expression level is not obviously correlated with the probability that a particular neuron will manifest pathology [8]. Moreover, environmental toxins and pesticides, which have been linked epidemiologically to PD [9, 10], are not known to be selectively taken up by at-risk neurons.

Which neurons are at risk in PD? The most widely accepted pathological marker in PD is Lewy pathology (LP) – Lewy body (LB) or Lewy neurite (LN) – an intracellular proteinaceous aggregate [11]. Nevertheless, LP is rare. First, it is found only in a narrowly circumscribed set of brain nuclei throughout much of the course of PD. At the time of the onset of cardinal motor symptoms, the affected nuclei are sparsely distributed primarily in the brainstem, mesencephalon, and diencephalon. Second, even within these at-risk nuclei, the percentage of neurons manifesting LP pathology is low [12]. Hence, LP pathology in the PD brain is a rare event at early stages in the disease process.

Although it is a defining feature of classical PD, the relationship between LP pathology and neuronal dysfunction and death is not established [13]. To be sure, it is possible to overexpress proteins found in LP, like alpha-synuclein, and induce neurodegeneration in animal models [14–16]. However, the aggregates created in these types of experiments recapitulate only some of the features of LBs and do not display the same anatomical distribution in the brain, unless this is enforced artificially (e.g., by selective overexpression of aSYN in an at-risk region, like the SNc). Injecting fragments of aSYN fibrils (generated either in the test tube or in the human brain) has been shown to produce neurodegeneration [17–19]. But again, the magnitude of the challenge and the time course of the neurodegenerative effects are

dramatically different from those found in humans, keeping the question open as to whether under normal circumstances the degeneration in PD is driven by LB pathology. Other issues about the connection between LP and PD symptoms also arise, including the presence of LP in elderly patients lacking symptoms and the presence of LP in diseases lacking a PD phenotype, such as dementia with LB (DLB) [13, 20]. Definitive assessment of neuronal loss requires the use of stereological approaches and generic neuronal markers to distinguish neuronal death from loss of phenotypic markers, like the expression of tyrosine hydroxylase. In the best studied region – the substantia nigra – the degeneration of dopaminergic neurons begins *before* the appearance of substantial LP [13].

Nevertheless, if both neuronal degeneration and LP pathology are taken collectively as signs of PD, what determines the peculiar pattern seen in the PD brain? This is not resolved, but the determinants of this pattern surely are important clues about the principal pathogenic mechanisms in PD. The thesis of this review is that two cell phenotypic traits govern vulnerability. The first is sustained (autonomously generated) spiking that is supported by  $\text{Ca}^{2+}$ -dependent, feed-forward stimulation of mitochondrial oxidative phosphorylation to prevent bioenergetic crisis during periods of stress. The second is a long highly branched axon with thousands of transmitter release sites that creates a bioenergetic and proteostatic burden. The first trait might have evolved through evolutionary pressures related to the importance of SNc dopaminergic (DA) neuron function in coordinating muscular activity during locomotion associated with evading predators. To a large extent, this pressure no longer exists for humans, so it is conceivable they could be therapeutically modified to diminish the risk of PD or to slow its course. The second trait relates to the specific functions of these neurons requiring long and extensive axon fields – a characteristic that distinguishes these neurons from others and offers few opportunities for therapy.

## 6.2 The At-Risk Phenotype

The degeneration of SNc dopaminergic (DA) neurons is responsible for the cardinal motor symptoms of PD [21, 22]. So how do their phenotypic traits contribute to their selective vulnerability? Several interrelated hypotheses will be considered. In addition to the two traits mentioned above – their unusual physiological phenotype and their extraordinary axons – a third risk factor, their use of dopamine as a neurotransmitter, will be considered.

### 6.2.1 *The Long and Winding Axonal Road*

SNc DA neurons have massive axonal fields with hundreds of thousands of transmitter release sites [23–28]. A single SNc DA neuron can form 100,000 to 245,000 (or more) synapses in the striatum and have a total axonal length (with all its branches) of more than 40 cm [27, 29]. In humans, the axonal dimensions of SNc

DA neurons are even more impressive [29]. A human DA SNc neuron could, in principle, have 2.4 million synapses. Less vulnerable, ventral tegmental area (VTA) DA neurons appear to have less extensive branching [28, 30] and might “only” form 12,000–30,000 synapses [29]. Although smaller than SNc DA neurons, this is still considerably more than the synapses reported to be formed by most other neurons in the brain [31, 32].

Why might this massive axon be problematic? Modeling studies suggest that propagation of an action potential through a long unmyelinated axon is bioenergetically expensive [29, 33], potentially increasing the basal bioenergetic stress on the cell. Less is known about the bioenergetic cost arising from having so many DA release sites, all of which must maintain a pool of vesicles and the associated release and endocytosis machinery. That said, it would seem that the question is not whether the *aggregate* energy demand of an SNc DA neuron’s axon is greater than that of, say, a cortical pyramidal neuron. After all, an elephant has much larger energy requirements than a mouse, but lives much longer. The question rather is whether it creates a need that renders the cell vulnerable to bioenergetic failure and death. Importantly, there is no direct evidence that the bioenergetic stress in the terminal field of an SNc DA neuron is higher than that of a cortical pyramidal neuron. There is no evidence that the number of mitochondria per release site or per micron of axon is lower in the terminal field of a SNc DA neuron. If it is not lower, then there is no reason to think that a priori the bioenergetic stress should be higher in SNc DA axons, regardless of their dimensions.

Setting aside the bioenergetic costs of spike propagation and transmitter release, the physical maintenance of such a complex architecture is in itself challenging. Newly synthesized proteins, lipids, and organelles must be transported from the soma to distal destination sites (anterograde transport), while damaged structures presumably need to be returned to the somatic compartment for degradation (retrograde transport) [34–39]. Endosomal trafficking could also be enormous for such a large axonal arbor [40]. All these transport processes are ATP dependent [41]. But perhaps of greater importance, all of this traffic is funneled through a single proximal axon. This is loosely analogous to funneling all the cars coming into and out of Chicago [with its eight million residents] on a two-lane road.

Such a bottleneck could render trafficking prone to disruption, an inference that is consistent with several lines of study [34, 38]. Moreover, reduction in the expression of motor proteins driving axonal trafficking has been reported in human SNc DA neuron axons in early stages of PD [42]. Misfolding or overexpression of aSYN – a PD-linked protein that is concentrated at transmitter release sites where it regulates vesicular cycling – could further strain SNc DA neurons [42]. The consequences of motor protein loss are recapitulated by overexpression of aSYN in rat models, which leads to early disruption in the axon and later in the cell body [42, 43]. In cell culture, axonal transport defects also are associated with expression of mutant aSYN [44] or treatment with toxins used to create PD models [45, 46]. Thus, accumulation of aSYN could either induce or reflect a dysfunction in the mechanisms involved in axon transport.



The trafficking problem envisioned for the axon of a DA neuron grows when mitochondria are added to the equation. Mitochondria are double-membrane organelles of endosymbiotic origin and have their own circular DNA (mtDNA). However, most of the genes necessary for mitochondrial assembly and function have been integrated in the nuclear DNA over the course of evolution; hence, they are assembled in the soma and trafficked to axonal sites where they provide a source of ATP in proximity to regions of bioenergetic need (for details, see Chaps. 1 and 8) [47–53]. It is not difficult to imagine that any defect in axonal transport of mitochondria could lead to localized axonal bioenergetic stress and defects in mitochondrial distribution have been described in several PD models [45, 54, 55].

Rather than existing as discrete autonomous organelles, mitochondria form a remarkable dynamic network that reflects continuous remodeling arising from the processes of fission and fusion (see Chap. 7). The process of fission is important in cells undergoing mitotic division, as it allows partitioning of organelles between the daughter cells. This is a regulated process as demonstrated in stem cells undergoing asymmetric cell division, where older mitochondria are segregated from newer organelles such that fewer old mitochondria are retained in the stemlike daughter cell. The importance of this for cell function is profound, as disruption of fission impairs this asymmetric segregation and leads to a loss of stem cell traits in the daughter cell [56]. Fission is also critical for the separation of damaged or affected mitochondria from normal organelles. This process allows cells to produce small dysfunctional mitochondrial bodies that can be degraded by mitophagy. Mitochondrial fusion promotes the redistribution of mtDNA and functional membrane complexes throughout the cellular mitochondrial pool. The balance between fission and fusion is dynamically regulated by expression of a core group of proteins, which are in turn regulated by posttranslational modifications [57, 58].

Impairing mitochondrial fission/fusion dynamics increases the vulnerability of SNc DA neurons. For example, deletion of mitofusin-2 (Mfn2), a protein controlling mitochondrial fusion and the association between mitochondria and endoplasmic reticulum (ER), decreases mitochondrial motility and the abundance of mitochondria in neuronal processes. More importantly, Mfn2 deletion causes retrograde degeneration of SNc DA neurons, but not VTA neurons [59, 60]. Deletion of Drp1, a protein critical to mitochondrial fission, has a similar effect [61]. Thus, deficits in mitochondrial dynamics could contribute to axonal degeneration of SNc DA neurons.

How does this translate to the human condition? Examination of human brains for PD-associated pathology reveals that loss of the terminal fields of SNc DA neurons precedes that of cell bodies [62–66]. This has led to the notion that the terminal fields are the most vulnerable part of SNc neurons and the site where degeneration begins in PD [19, 64, 67]. Does this mechanism generalize to other at-risk neurons? The data set is far from complete, but it is known that locus coeruleus, pedunculo-pontine nucleus, nucleus basalis of Meynert, the raphe nuclei, and the dorsal motor nucleus of the vagus all are populated with neurons with long branching dendrites [68]. It is reasonable to propose that defects in organelle trafficking could contribute to the loss of axonal function in these cells.

## 6.2.2 *The Bioenergetic Burden of Neuronal Excitability*

A defining feature of neurons, regardless of the length of their axons, is excitability. Neurons code information in complex patterns of action potentials or spikes. Spikes are transient regenerative events that rely upon the transmembrane electrochemical gradients for  $\text{Na}^+$ ,  $\text{K}^+$ , and  $\text{Ca}^{2+}$  ions and are triggered when the membrane potential reaches a critical threshold. In most neurons, the spike is initiated by the transient opening of voltage-dependent membrane channels that are selectively permeable to  $\text{Na}^+$  ions, allowing positively charged  $\text{Na}^+$  ions to move from the extracellular space into the cytosol. This redistribution of charge pushes the transmembrane potential from relatively negative levels toward the equilibrium potential for sodium, typically near 0 mV. This depolarization causes voltage-dependent channels that are selectively permeable to  $\text{K}^+$  ions to open, resulting in the movement of positively charged  $\text{K}^+$  ions from the cytosol to the extracellular space, reestablishing the negative transmembrane potential. This sequence of events requires that the concentration of  $\text{Na}^+$  ions is low in the cytosol, while the concentration of  $\text{K}^+$  ions is high.

In most neurons, spikes are initiated in a specialized region at the junction between the cell body and the axon called the axon initial segment (AIS). The AIS functions as a site of integration for subthreshold depolarizing and hyperpolarizing inputs arriving at the cell body. The AIS is specialized in several respects, most notably in the concentration of voltage-dependent  $\text{Na}^+$  channels, which are critical for initiating action potentials. Spikes initiated in the AIS propagate both down the axon to synaptic terminals (where they initiate transmitter release) and retrograde into the somatodendritic region, creating a temporally and spatially distributed propagation of the transmembrane electrochemical  $\text{Na}^+$  and  $\text{K}^+$  gradients.

Another cation that crosses the plasma membrane during spikes is  $\text{Ca}^{2+}$ . In most neurons, voltage-dependent  $\text{Ca}^{2+}$  channels are opened only by strong depolarization as occurs during a spike. With repolarization of the membrane, these channels close slowly, creating a period during which the driving force for influx of  $\text{Ca}^{2+}$  is large and the conductance remains high. This makes the total  $\text{Ca}^{2+}$  influx during a spike very sensitive to spike duration.  $\text{Ca}^{2+}$  entering during the spike triggers a number of events [69]. One is activation of calcium-dependent  $\text{K}^+$  channels that help repolarize the membrane and impede the generation of another spike for some period of time (refractory period). This interaction takes place in a spatially restricted zone close to the plasma membrane. Neurons that need to spike at high frequencies typically restrict  $\text{Ca}^{2+}$  entry by keeping spikes very brief (<1 ms);  $\text{Ca}^{2+}$  entry during the spike is exquisitely dependent upon the duration of the spike itself, which varies considerably from one cell type to the next. To help manage the  $\text{Ca}^{2+}$  that enters the cell, neurons often express  $\text{Ca}^{2+}$ -buffering proteins [70, 71], like parvalbumin, in addition to the proteins that serve as  $\text{Ca}^{2+}$  signaling targets [69]. These buffering proteins may help to spatially restrict the increase in calcium to specific regions within the cell.

Exchangers and pumps are responsible for maintaining the electrochemical gradients for  $\text{Na}^+$ ,  $\text{K}^+$ ,  $\text{Ca}^{2+}$ , and  $\text{Cl}^-$ . These transmembrane proteins fall into two broad

categories. The first are active pumps that rely upon adenosine triphosphate (ATP) to drive the movement of ions against electrochemical gradients. Pumps that fall into this category include the  $\text{Na}^+/\text{K}^+$  ATPase, the plasma membrane  $\text{Ca}^{2+}$  ATPase (PMCA), and the smooth endoplasmic reticulum  $\text{Ca}^{2+}$  ATPase (SERCA). The other category utilizes the free energy stored in an existing electrochemical gradient to move ions. A good example of this type of protein is the  $\text{Na}^+/\text{Ca}^{2+}$  exchanger (NCX), which under physiological conditions uses the  $\text{Na}^+$  gradient to move  $\text{Ca}^{2+}$  ions out of the cytosol. Another exchanger of this type is the  $\text{Na}^+/\text{Ca}^{2+}-\text{K}^+$  exchanger (NCKX). While these exchangers do not consume ATP directly, they are dependent on the electrochemical gradients established and maintained by the active transport systems. Thus, this combination of pumps and exchangers contributes to the bioenergetic needs of neurons and enhances their reliance on ATP generation by mitochondria. Importantly, these energy requirements can render neurons sensitive to diseases or disorders that limit the ability of mitochondria to meet these demands.

Although the molecular events coupling ion movement to ATP hydrolysis are still not fully understood, the thermodynamics of ion movement are worth considering because they establish lower limits on the cost of pumping. For  $\text{Na}^+$  and  $\text{K}^+$  ions, the concentration differences maintained across the plasma membrane are similar, being 10- to 30-fold. In contrast, the concentration difference for the  $\text{Ca}^{2+}$  concentration is roughly 20,000-fold, being 2 mM in the extracellular space and around 100 nM in the cytosol. Because the free energy change needed to move an ion from one compartment to another depends upon the logarithm of the concentration ratio between the two compartments,  $\text{Ca}^{2+}$  should be roughly eight times more energetically expensive than a  $\text{Na}^+$  ion (~4 times greater on a per charge basis). The  $\text{Na}^+/\text{K}^+$  ATPase extrudes three  $\text{Na}^+$  ions and takes up two  $\text{K}^+$  per ATP molecule consumed. The PMCA pumps one  $\text{Ca}^{2+}$  molecule out for each ATP consumed. So overall, it takes about one ATP for each  $\text{Ca}^{2+}$  ion and one ATP for every three  $\text{Na}^+$  ions. By this rough calculation, although  $\text{Ca}^{2+}$  is more expensive than  $\text{Na}^+$ , it is only about 1.5–2 times more expensive per charge than  $\text{Na}^+$ . Whether the bioenergetic cost of normal  $\text{Ca}^{2+}$  influx represents a significant fraction of the metabolic capacity of neurons remains to be seen.

$\text{Ca}^{2+}$  that enters the cytosol is either rapidly pumped back out of the neuron or is sequestered in intracellular organelles. The most important of these for  $\text{Ca}^{2+}$  homeostasis is the endoplasmic reticulum (ER) [72]. The ER forms a continuous intracellular network, allowing it to regulate both local and global cellular  $\text{Ca}^{2+}$  signals. As in other neurons, the ER network in SNc DA neurons extends throughout the somatodendritic tree [73–76]. High-affinity ATP-dependent transporters move  $\text{Ca}^{2+}$  from the cytoplasm into the ER lumen. The absence of high-affinity, anchored intraluminal protein buffers of  $\text{Ca}^{2+}$  and the physical continuity of the lumen throughout the cell [73, 74] allows the ER to rapidly (~30  $\mu\text{m}/\text{s}$ ) redistribute  $\text{Ca}^{2+}$  between intracellular regions.  $\text{Ca}^{2+}$  sequestered in the ER is released at sites where it can be pumped back across the plasma membrane or where it can be used to modulate cellular activities, including mitochondrial function [77–81].

Mitochondria partner with the ER in  $\text{Ca}^{2+}$  homeostasis. Mitochondrial motility is controlled in such a way as to bring them close to sites of  $\text{Ca}^{2+}$  release [82–84].

Mitochondria also are commonly found physically coupled to the ER at sites known as the mitochondria-associated membrane (MAM) [85, 86]. These regions of juxtaposition create multifunctional signaling microdomains that coordinate ER-mitochondria communication and mitophagy initiation [85, 87–89]. For example, within these microdomains,  $\text{Ca}^{2+}$  released by the ER through ryanodine (RYR) and inositol trisphosphate (IP3) receptors moves down the steep potential gradient ( $\sim -200$  mV) across the inner mitochondrial membrane into the matrix, through a pore called the mitochondrial  $\text{Ca}^{2+}$  uniporter [90]. Indeed, mitochondrial  $\text{Ca}^{2+}$  uptake would cease if the membrane potential was dissipated. The mitochondrial  $\text{Ca}^{2+}$  uptake channel is a multimeric complex consisting of a pore-forming subunit (MCU) and at least five other proteins that appear to regulate its sensitivity to  $\text{Ca}^{2+}$  and conductance under different conditions and at different local concentrations of  $\text{Ca}^{2+}$ . Growing evidence indicates that, while the mitochondrial membrane potential strongly promotes  $\text{Ca}^{2+}$  entry, the mitochondrial calcium uniporter is not an unregulated pathway for its uptake. The MCU has recently been cloned, opening an important door for detailed study of its role and regulation [91, 92]. In that regard, mice with targeted deletion of the MCU subunit exhibit a modest phenotype, which includes reduced performance of energy-intensive physical activity [93]. Importantly, MCU-lacking mitochondria still contain  $\text{Ca}^{2+}$ , indicating that there are other means of  $\text{Ca}^{2+}$  entering them.

Emerging evidence suggests that the mitochondrial calcium uniporter is localized to MAMs, allowing these channels to respond preferentially to  $\text{Ca}^{2+}$  released by the ER. Tissue-specific genetic deletion of mitofusin-2, which is required for mitochondrial fusion but also for mitochondria-ER MAMs, causes profound metabolic defects in the heart and muscle and has been linked to neurodegenerative disease [94, 95]. Tissue-specific deletion of mitofusin-1 produces the expected increase in mitochondrial fragmentation, but does not phenocopy the metabolic defects seen in mitofusin-2 knockouts [96]. These different phenotypes suggest that loss of mitochondrial fusion is not responsible for the neurodegeneration caused by mitofusin-2 mutations. One possibility is that mitofusin-2 somehow regulates the ability of ER to support  $\text{Ca}^{2+}$  flux through the mitochondrial uniporter.

### ***6.2.3 Too Important to Rest: The At-Risk Pacemaking Phenotype***

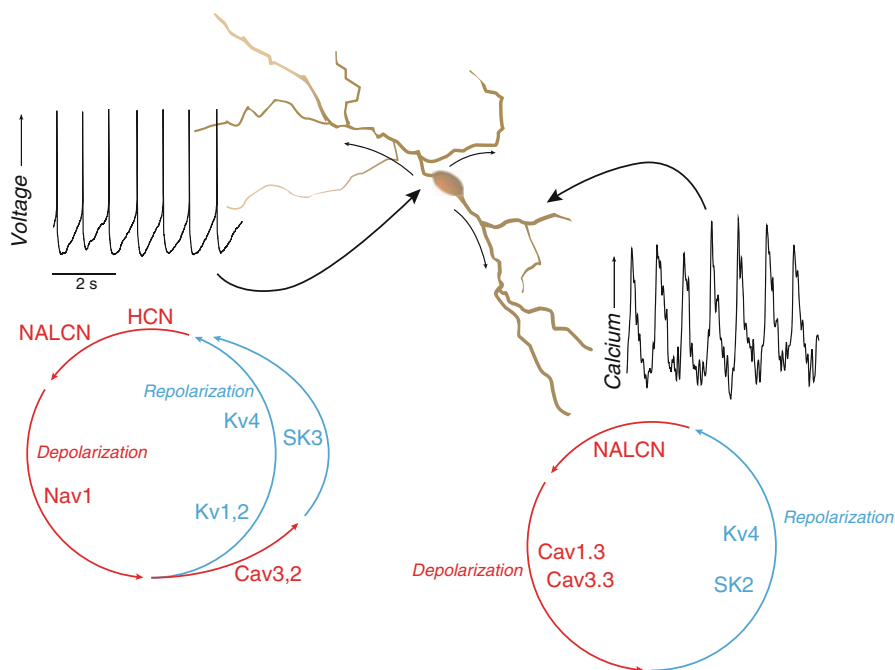
In most neurons, the challenge to ionic homeostasis created by spiking is episodic. Striatal spiny projection neurons, for example, reside very near the  $\text{K}^+$  equilibrium potential some 40 mV away from spike threshold in the absence of synaptic potentials [97]. Excitatory synaptic input drives the membrane potential to spike threshold for hundreds of milliseconds at a time, but this activity is intermittent. However, there is a subset of neurons in the brain that spike frequently and autonomously, that is, they spike on their own in the absence of synaptic input. Typically, autonomously

generated spiking is very regular (synaptic input decreases this regularity); as a consequence, these neurons are often referred to as autonomous pacemakers. Autonomous pacemakers can be divided into fast and slow spiking classes. Fast autonomous pacemakers, like globus pallidus or substantia nigra pars reticulata (SNr) GABAergic neurons, spike at rates above 20 Hz at physiological temperature [98, 99]; these neurons have very brief action potentials (<1 ms) and robustly express  $\text{Ca}^{2+}$ -binding proteins [100, 101]. Typically, autonomous spiking in these cells is driven by a combination of monovalent cation channels, like Nav1  $\text{Na}^+$ , and hyperpolarization and nucleotide-activated cation (HCN) channels [102, 103]. Slow pacemakers spike at much lower frequencies (~2–5 Hz) and have broad spikes (>2 ms). Neurons of this class are found scattered in many regions of the brain, including the hypothalamus, striatum, mesencephalon, and medulla [104–108]. Although there has been much less work on pacemaking mechanisms in this class of neuron, it has been shown that their pacemaking typically depends upon Nav1, HCN channels, as well as cationic leak channels [109].

In SNc DA neurons, which are a type of slow, broad spike pacemaker, voltage-dependent L-type  $\text{Ca}^{2+}$  channels contribute to the inward current that promotes pacemaking [106, 110, 111]. These L-type channels have a distinctive pore-forming subunit (Cav1.3) that is coded for by the *CACNA1D* gene [112], which confers upon the channel the ability to open at relatively negative membrane potentials [113, 114]. These channels are relatively rare, and most L-type channels found in the brain have a Cav1.2 pore-forming subunit (coded for by the *CACNA1C* gene) [115]; this means that in most neurons, L-type channels open only during periods of strong depolarization, as occurs during a spike. This feature of Cav1.2 channels allows them to be used as “spike counters” in a wide range of neuronal processes, including homeostatic plasticity [116–118].

Although Cav1.3 channels contribute to pacemaking, they are not required as their antagonism does not change the rate and regularity of spiking [106]. Previous work arguing that Cav1 channels were necessary for pacemaking relied upon micromolar concentrations of dihydropyridine – concentrations that are well outside the range where specific antagonism of Cav1 channels is achieved and ones where  $\text{Na}^+$  and  $\text{K}^+$  channels are affected [106]. In this regard, it is important to recognize that dihydropyridines are not *blockers* of Cav1  $\text{Ca}^{2+}$  channels; rather, they are negative allosteric modulators whose binding affinity increases roughly a thousandfold with membrane depolarization [119]. In the voltage range normally traversed by SNc DA neurons during pacemaking, the  $\text{IC}_{50}$  of the dihydropyridine drug isradipine is in the low nanomolar range. Guzman et al. [106] directly measured  $\text{Ca}^{2+}$  influx following dihydropyridine administration, demonstrating that Cav1 channels could be virtually eliminated without changing pacemaking rate or regularity. As pacemaking activity does not require Cav1.3 channel activity, it is reasonable to ask why SNc DA neurons would choose to assume the energetic costs related to the handling of  $\text{Ca}^{2+}$  entering by that pathway.

One way to conceptualize the pacemaking mechanism in these neurons is as redundant, coupled oscillators (Fig. 6.1). From this perspective, the primary oscillator is the “conventional” one driven by NALCN “leak” channels, Nav1  $\text{Na}^+$  chan-



**Fig. 6.1** Schematic of the dual pacemaking mechanisms in SNc dopaminergic neurons. In the somatic and axon initial segment region, monovalent cation channels predominate. In the dendrites and somatic regions, a  $\text{Ca}^{2+}$ -dependent mechanism is in place

nels, Cav3  $\text{Ca}^{2+}$  channels, Kv1,2,4  $\text{K}^+$  channels, small conductance  $\text{Ca}^{2+}$ -activated  $\text{K}^+$  (SK) channels, and HCN channels [106, 110, 120]. In addition,  $\text{Ca}^{2+}$  release from intracellular ER stores is likely to play a role in engagement of SK channels when Cav3 channels are opened by depolarization [78]. The deep, SK-mediated after-hyperpolarization serves to slow and regularize the pacemaking rate [121–123] and to de-inactivate Nav1 and Cav3 channels (both channels inactivate with depolarization), making them available for the next cycle of spiking. The channels contributing to this oscillator are localized in the soma, proximal dendrites, and AIS, as pacemaking remains fully functional in acutely isolated neurons in which dendrites have been truncated [110].

Kv4  $\text{K}^+$  channels also clearly slow the pacemaking rate of SNc DA neurons [124]. The Kv4.3 subunit is particularly prominent and is associated with KChIP3, a Kv4 channel-interacting protein that alters the gating properties of the channel and increases current amplitude [124]. KChIP3 promotes surface expression of Kv4 channels and also acts as a  $\text{Ca}^{2+}$  sensor, increasing Kv4 availability as  $\text{Ca}^{2+}$  rises. In other neurons, Cav3 channels are coupled to KChIP activity [125] raising the possibility that perisomatic Cav3 channels in SNc DA neurons promote the opening of both SK and Kv4  $\text{K}^+$  channels.

Complementing this somatic oscillator is a largely dendritic oscillator that relies upon  $\text{Ca}^{2+}$  entry through Cav1 and Cav3 channels [106, 110, 120, 126, 127]. Within the confined cytosolic space of the dendrite, the augmented elevation in cytosolic  $\text{Ca}^{2+}$  concentration leads to the opening of SK  $\text{K}^+$  channels, which, along with Kv4  $\text{K}^+$  channels, repolarizes the membrane, deactivating Cav1 and Cav3 channels and setting the stage for the next cycle of the oscillation [106, 127]. The absence of strong intrinsic  $\text{Ca}^{2+}$  buffering is important for this mechanism to work [127], as it allows free  $\text{Ca}^{2+}$  concentration to reflect the spatiotemporal pattern of  $\text{Ca}^{2+}$  channel opening and intracellular release. In principle, this enables the surface area-to-volume ratio of a dendrite to determine its natural oscillation frequency [127]. As predicted by a relatively constant Cav1 channel density in the dendrites, the cytoplasmic swings in  $\text{Ca}^{2+}$  concentration during pacemaking steadily rise as dendrites taper [unpublished results].

In the presence of the Nav1 channel blocker tetrodotoxin (which disrupts the proximal  $\text{Na}^+$  oscillator), the  $\text{Ca}^{2+}$  oscillator manifests itself as a slow oscillatory potential (SOP). The dominant frequency of the SOP is slightly slower than normal pacemaking, suggesting that in an intact cell the Nav1 oscillator “pulls” the Cav1 oscillator along. Antagonizing Cav1 channels with dihydropyridines completely eliminates the SOP, while antagonizing SK channels with apamin slows the SOP and increases its amplitude as the oscillation now depends upon Kv4  $\text{K}^+$  channels that are opened by depolarization.

In the somatic region, SK channels are primarily of the SK3 type [128, 129]. In the dendrites, SK2 channels predominate [130]. Although they have been reported to influence the regularity [not rate] of pacemaking, there are fundamental questions that are unresolved about how these channels are controlled and how they impact spiking in the face of normal synaptic input. Given the importance of Cav1 channels to the dendritic oscillator, a reasonable conjecture is that they are the major regulators of SK2 channels.

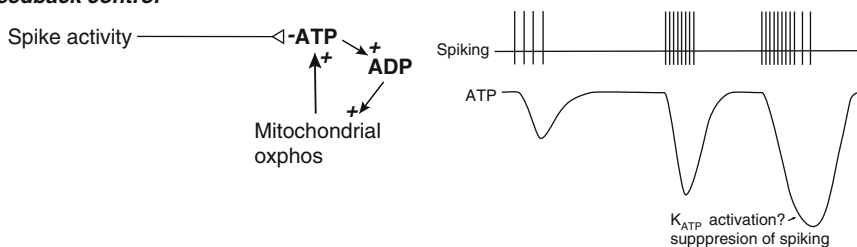
So why do these neurons express this rather peculiar dendritic oscillator? VTA DA neurons do not utilize this redundant oscillator and express high levels of calbindin, a  $\text{Ca}^{2+}$ -buffering protein [126, 131–135]. One possibility is that it confers a fail-safe robustness to pacemaking activity [108]. Pacemaking in SNc DA neurons is critical to maintaining “ambient” DA signaling in the basal ganglia where ongoing movement is controlled. This allows for bidirectional regulation of the basal ganglia circuitry. In that regard, synaptically driven burst spiking of DA neurons increases the excitability of action-promoting direct pathway neurons, whereas synaptically driven inhibition of pacemaking increases the excitability of action-suppressing indirect pathway neurons. Hence the failure of pacemaking would promote indirect pathway activity and suppress motor activity. In a prey-predator situation, it is critical that pacemaking is not stopped inappropriately. This would create a strong evolutionary pressure to develop ways to ensure this does not happen. The dendritic  $\text{Ca}^{2+}$  oscillator appears to accomplish this end by both providing a depolarizing force in the event the somatic oscillator falters and by intermittently hyperpolarizing the membrane enough to de-inactivate Nav1 and Cav3 channels. Moreover, this oscillator mechanism relies upon channels that are relatively resis-

tant to depolarization. In contrast, the somatic/AIS oscillator depends upon Nav1 and Cav3 channels that inactivate with sustained depolarization. The Cav1.3 and SK2 channels in the dendritic oscillator do not manifest much voltage-dependent inactivation. It follows that the tolerance for instability in pacemaking should be much greater in neighboring VTA DA neurons. However, transient loss of activity in those cells might cause dysphoria but not an inability to keep moving when being pursued, so the consequences are less serious.

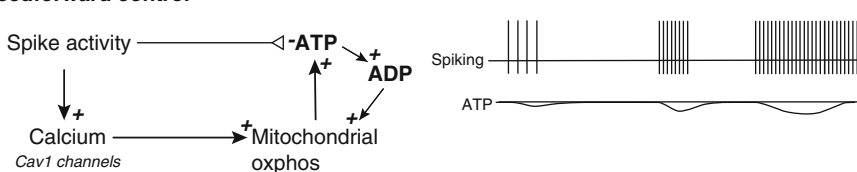
There is another possible explanation for why the dendritic  $\text{Ca}^{2+}$  oscillator is present in SNc DA neurons. In addition to its role in the regulation of membrane potential,  $\text{Ca}^{2+}$  has a wide range of signaling roles in all cells.  $\text{Ca}^{2+}$  entry is used by neurons to monitor spiking and to adjust biosynthetic processes to keep pace. For example,  $\text{Ca}^{2+}$  stimulates tyrosine hydroxylase and perhaps tryptophan decarboxylase to increase the synthesis of DA from tyrosine, allowing SNc DA neurons to up- or downregulate DA synthesis to match spike-driven DA release [136–139]. Another important role of  $\text{Ca}^{2+}$  is to stimulate mitochondrial oxidative phosphorylation [as described above]. This is a straightforward way of making sure that the supply of ATP meets the bioenergetics demands created by spiking (e.g., maintenance of ionic gradients, transmitter release, etc.).

In SNc DA neurons, the bioenergetic control system appears to operate in a *feed-forward* mode (Fig. 6.2). That is,  $\text{Ca}^{2+}$  entry drives oxidative phosphorylation in anticipation of need, rather than in response to a drop in ATP levels (feedback mode). This kind of feed-forward control is well established in cardiac cells [140, 141]. Understanding of how this regulates SNc DA neurons is emerging. Our current model proposes that  $\text{Ca}^{2+}$  influx through plasma membrane Cav1 channels during pacemaking triggers  $\text{Ca}^{2+}$ -induced  $\text{Ca}^{2+}$  release (CICR) from ER stores; this release is very prominent in SNc DA neurons for reasons that have yet to be fully

### Feedback control



### Feedforward control



**Fig. 6.2** Schematic representation of feedback (*top*) and feed-forward metabolic control of mitochondrial respiration. Hypothetical changes in cytosolic ATP levels are shown as well



understood. This repeated CICR results in  $\text{Ca}^{2+}$  being “fed” to the mitochondria, resulting in the sustained stimulation of oxidative phosphorylation [as described above]. Stimulation of the dehydrogenases of the TCA cycle leads to an increase in the pool of reducing equivalents available to supply the electron transport chain. This ensures that mitochondrial membrane potential, which drives ATP synthesis, will be maintained in the face of any sudden increase in bioenergetic demand. Such a situation could occur during a barrage of excitatory synaptic inputs associated with the appearance of a salient event in the environment. In the absence of that mechanism, the same barrage of activity could lead to a transient drop in cytosolic ATP levels [142]. SNc DA neurons are richly invested with  $\text{K}_{\text{ATP}}$  channels (Kir6, Sur) that would then open, hyperpolarize the membrane, and halt spiking [143–145]. Clearly this could be disastrous in a prey-predator situation.

By preventing ATP from falling, feed-forward bioenergetic control also sustains activity of the mammalian target of rapamycin complex, mTORC1, a critical regulator that couples cellular energy production to consumption. Activity of mTORC1 leads to enhanced protein translation and also to mitochondrial biogenesis by stimulating the activity of transcriptional regulators such as PPAR gamma coactivator-1alpha (PGC1a), a factor involved in the expression of nuclear-encoded mitochondrial proteins [146]. Loss of energy supply could lead to inhibition of mTORC1, thereby undermining its role mitochondrial biogenesis and thus ATP supply.

Although RYRs appear to be critical to CICR driven by pacemaking, it is highly likely that inositol trisphosphate receptors (IP3Rs), which are clustered with RYRs at MAMs [85], also participate in mitochondrial metabolic control. This regulation could be very important for the matching of mitochondrial metabolism to synaptically evoked activity; indeed, in other neurons, IP3R-mediated  $\text{Ca}^{2+}$  release and modulation of mitochondrial metabolism are necessary for neuronal survival [147]. In SNc DA neurons, activation of type 1 metabotropic glutamate receptors (mGluRs) (and other receptors in this signaling class) induces IP3R-dependent  $\text{Ca}^{2+}$  release [78, 148, 149]. However, this release is prominent only in neurons that have been silenced. In pacemaking neurons, IP3Rs are largely desensitized by  $\text{Ca}^{2+}$  [78]; the authors show that in this situation, burst stimulation is able to overcome the desensitization and induce  $\text{Ca}^{2+}$  release. This suggests that IP3Rs might only increase the gain of feed-forward mitochondrial control when SNc DA neurons are driven to spike in bursts by extrinsic input, but not during pacemaking. More work is needed on this point, particularly at the mitochondrial end of the signaling chain.

It is possible that axons use the same metabolic control mechanisms found in the somatodendritic membrane, increasing their vulnerability over time. Recent work has shown that Cav1 channels are present in the axonal terminal fields of SNc DA neurons and contribute to activity-evoked DA release, possibly by increasing mitochondrial ATP production [150]. In other axons, feed-forward,  $\text{Ca}^{2+}$ -mediated control of mitochondrial ATP production has been beautifully demonstrated using optical approaches [151]. Although important for local metabolic control, these mechanisms do have the potential to trigger pathology [152].

Do other at-risk neurons in PD exhibit similar physiological phenotypes? Although the data are sparse, the tentative answer appears to be yes. Neurons in the locus coeruleus (LC), dorsal motor nucleus of the vagus (DMV), and pedunculo-pontine nucleus (PPN) also exhibit calcium cycling and pacemaking activity [153–155]. Although not autonomous pacemakers, neurons in the red nucleus (RN) and nucleus basalis of Meynert (NBM) undergo continuous spiking during the waking state [156, 157]. Among these, LC and DMV have also been demonstrated to express Cav1.3 channels and to exhibit signs of elevated mitochondrial oxidative stress [105, 108]. Hence, there is reason to predict that these cells, like those in SNc, may sustain continuous mitochondrial stresses that, over time, lead to the development of disordered mitochondrial function. On the other side, VTA DA neurons, relatively spared in the disease, are also autonomous pacemakers but have been shown to have a minor engagement of CaV1.3 channels [126, 132, 135] and a higher abundance of cytosolic Ca<sup>2+</sup> buffers [131, 134].

#### ***6.2.4 The Downside of Feed-Forward Metabolic Control***

Although feed-forward control of mitochondrial metabolism should minimize the likelihood that cytosolic ATP levels would fall in stressful conditions, this process also has a downside. Mitochondrial electron flux and oxygen consumption are largely regulated by the electrochemical potential across the mitochondrial inner membrane. During states of increased metabolic demand (high ATP utilization), this potential tends to decrease as protons enter the matrix compartment in association with ATP synthase activity. The small decrease in potential “un-throttles” the electron transport chain, leading to a compensatory increase in electron flux and O<sub>2</sub> consumption. By contrast, when ATP demand and ATP synthase activity are low, the membrane potential increases, causing the electron flux and O<sub>2</sub> consumption to slow because the free energy derived from electron transfer through complexes I, III, and IV is not sufficient to translocate protons against the gradient. Ca<sup>2+</sup>-mediated TCA stimulation results in sustained production of reducing equivalents for the ETC, even when complex V activity is low. This promotes hyperpolarization of the membrane, a condition known to increase the generation of reactive oxygen species [superoxide anion] as electrons stranded on iron-sulfur clusters or flavin groups are transferred to O<sub>2</sub> [158–160]. This effect is evident in SNc DA neurons, which exhibit enhanced mitochondrial oxidative stress when they are “idling” [pacemaking] in the absence of synaptic input. Mitochondrial oxidative stress is greater in dendrites than in the somatic region, paralleling the relative abundance of Cav1 channels and the swings in cytosolic Ca<sup>2+</sup> concentration [161]. By contrast, VTA DA neurons and other neurons that are not at risk in PD do not exhibit this stress. Importantly, antagonizing Cav1 channels with dihydropyridines or blocking mitochondrial Ca<sup>2+</sup> entry through the MCU dramatically diminishes this stress without changing pacemaking rate [132], indicating that it is a consequence of calcium uptake into the mitochondria.

Mitochondrial oxidative stress induced by superoxide production from the ETC spans a wide range, with some cell types exhibiting low basal levels and other types demonstrating higher levels. Multiple systems are expressed in mitochondria for scavenging ROS and for repairing the damage to proteins, lipids, and DNA. Hence, the existence of increased mitochondrial oxidative stress is not necessarily a prelude to imminent cell death. However, it is reasonable to predict that a chronic state of mitochondrial oxidative stress could be associated with a greater rate of organelle damage leading to an increased rate of mitochondrial turnover (mitophagy) that would require a corresponding increase in mitochondrial biogenesis. The relationship between the basal level of oxidative stress and mitochondrial turnover in SNc versus VTA DA neurons is not well understood. Nevertheless, sustained mitochondrial oxidative stress in SNc DA could explain the unusually high level of mtDNA deletions and declining respiratory function found in the SNc of PD patients and aged, non-symptomatic humans [162].

In addition to elevating the production of ROS, mitochondrial  $\text{Ca}^{2+}$  entry also increases the generation of nitric oxide (NO) and reactive nitrogen species (RNS). In both LC and SNc neurons, it appears that there is a mitochondrial form of nitric oxide synthase (NOS) that is stimulated by  $\text{Ca}^{2+}$  [108]. Mitochondrial NO could serve to protect mitochondria by acting to brake ETC activity and lower inner membrane potential [163–165], thereby limiting the driving force for  $\text{Ca}^{2+}$  entry and preventing opening of the permeability transition pore. However, nitrosylation of cytoplasmic proteins can promote proteostatic dysfunction, and aSYN nitrosylation is a hallmark of PD [166]. Although potentially important to pathogenesis, a mitochondrial NOS has yet to be genetically identified, raising the possibility that mitochondrial NO arises from another origin [167, 168].

Given the range of apparently deleterious consequences of using  $\text{Ca}^{2+}$  to support pacemaking and feed-forward control of mitochondrial respiration, why has it not been eliminated by evolution? It would seem that the benefits of this design for survival early in life during predation and reproduction outweigh the negative consequences late in life. Again, even transient loss of pacemaking during pursuit by a predator could compromise the ability to escape and survive. So, there clearly should be evolutionary pressure to make the system robust. The negative consequences of this design choice normally take six or seven decades to manifest themselves, well beyond the average lifespan of humans until very recently. Other examples of antagonistic pleiotropy have been described, where a genetic polymorphism is favored by selection because it promotes survival early in life, even though it compromises survival later in post-reproductive years [169]. Although the distinctive phenotype of SNc DA neurons is not the product of a single polymorphism but rather a complex genetic program [170], the principle of antagonist pleiotropy still seems apropos. The extent to which this model applies to other at-risk neurons remains to be seen. However, it is clear that many of them, like LC and DMV neurons, have critical roles to play in survival in the wild that could promote the selection of a similar phenotype.

### 6.2.5 *Is Dopamine a Poisonous Transmitter?*

Beyond its effects on mitochondria, sustained elevations in cytosolic  $\text{Ca}^{2+}$  concentration could have other damaging effects. One of these could be an elevation in DA synthesis. DA has long been thought to be a factor in the selective vulnerability of DA neurons [171]. DA is synthesized in the cytosol from tyrosine by reactions that include tyrosine hydroxylase (TH), which converts tyrosine into L-dihydroxyphenylalanine (L-DOPA), and aromatic amino acid decarboxylase (AADC), which converts L-DOPA to DA. DA is then sequestered into synaptic vesicles by the vesicular monoamine transporter 2 (VMAT2). TH, AADC, and VMAT2 are associated with vesicular membranes, suggesting that synthesis and uptake normally occur within a restricted space [172]. Once inside vesicles, the acidic pH stabilizes DA [173].

Why is this important? Several lines of evidence that suggest cytosolic DA can be toxic. For example, disrupting sequestration of DA by reducing VMAT2 expression or function increases the vulnerability of DA neurons [174–177]. DA can be oxidized to reactive quinones (DAQs) that are capable of modifying DNA, proteins, and lipids [178, 179]. DAQs can form DNA adducts or generate apurinic sites, disrupting gene expression and triggering DNA damage responses [180–182]. DAQs also target protein cysteine residues, causing misfolding and dysfunction [171]. Examples of proteins disrupted by DAQs include TH [183], parkin [184],  $\alpha$ SYN [favoring protofibril formation] [185], DJ-1 [186], superoxide dismutase 2 (SOD2), and proteins of the mitochondrial electron transport chain (ETC) [187]. Translocation and degradation of proteins in lysosomes can also be impaired by DAQs [188]. The potential pathogenic role of DA and DAQs has been recently reviewed [189].

Although DAQs can be generated in a test tube or in a cell loaded with DA precursor, it is not clear whether this also occurs *in vivo*. Evidence supporting this possibility comes from the accumulation of the pigment neuromelanin (NM) in the SNc. DAQs are the precursors of the two portions of NM: the polymeric core known as pheomelanin and the polymeric surface or eumelanin [179, 189]. Cytosolic NM is found in double-membrane organelles, probably of autophagic origin [190]. Although neurons with high levels of NM, in particular those in the SNc, are the most susceptible to loss in PD [191, 192], the formation of NM and its incorporation into organelles are generally considered protective, since sequestration prevents DAQs from damaging cellular components [193]. Moreover, NM is able to chelate potentially toxic heavy metals [iron and lead] [194]. However, NM can inhibit proteasomal degradation, contributing to the accumulation of  $\alpha$ SYN and thus to LB formation [189]. Furthermore, NM released into the extracellular space [upon loss of neuronal integrity] elevates the concentration of toxic metals and quinones, increasing the stress on neighboring healthy neurons and triggering neuroinflammation [179, 194].

DAs need not be oxidized to produce damage. Cytosolic DA is degraded by monoamine oxidases (MAOs) into 3,4-dihydroxyphenylacetaldehyde (DOPAL), which is toxic [195, 196]. However, at-risk neurons express high levels of aldehyde dehydrogenase 1 (ALDH1), which converts DOPAL into relatively innocuous

3,4-dihydroxyphenylacetic acid (DOPAC) [197, 198]; DOPAC is then metabolized into homovanillic acid (HVA) by catechol-O-methyltransferase (COMT) [199]. Genetic deletion of ALDH1 increases the vulnerability of SNc DA neurons [200] pointing to the importance of this route of metabolism. Although SNc neurons have long been assumed to express only MAO-A [189], recent work with human DA neurons derived from induced pluripotent stem cells suggests that both MAO-A and MAO-B are co-expressed [201]. This is of importance because of the clinical use of rasagiline, a selective MAO-B inhibitor, which has been used to treat PD patients [202–204]. Inhibition of MAO-B in DA neurons themselves could diminish the production of potentially damaging DOPAL. One piece in this puzzle that is not understood is whether the tethering of MAOs to mitochondria is of significance [205]. DA metabolism by MAOs might increase production of cytosolic hydrogen peroxide, in addition to DOPAL [206]. But the evidence that this happens in situ is incomplete at this point. An alternative hypothesis is that DA metabolism increases mitochondrial – but not cytosolic – oxidative stress [207, 208].

It can be argued that the evidence for DA as a pathogenic agent in PD is circumstantial, as no direct evidence in a physiological setting has linked DA production to the accumulation of cellular injury. In part, this could be because the focus of attention has been on dendrites and cell bodies, rather than on terminals, where there is a much greater density of vesicles. Given the possibility that degeneration of dopamine neurons begins in their terminal regions [66], this could prove to be an important omission.

What is the linkage between DA and  $\text{Ca}^{2+}$ ?  $\text{Ca}^{2+}$  is known to stimulate tyrosine hydroxylase (TH), a key enzyme in the synthesis of DA from tyrosine [136–139]. Moreover, Mosharov et al. [209] found that  $\text{Ca}^{2+}$  entry through L-type channels stimulated the production of DA from L-DOPA, suggesting that enzymes downstream of TH are also stimulated by  $\text{Ca}^{2+}$ . This effect exacerbated the toxicity of combined L-DOPA treatment and aSYN overexpression, presumably by promoting the formation of DA adducts of aSYN that inhibited autophagy.

However, the role of DA in PD pathogenesis is far from established. Non-dopamine neurons manifest LP and are lost in PD, such as cholinergic neurons in the basal forebrain and PPN, while other dopamine neurons in hypothalamus, olfactory bulb, and ventral tegmental area (VTA) are at best affected to only a limited extent [13]. Furthermore, the use of L-DOPA to treat PD patients does not measurably increase the rate of disease progression [210–212].

### **6.3 Does the At-Risk Phenotype Amplify the Consequences of Genetic Mutations Associated with PD?**

The list of genetic mutations linked to increased risk of developing PD has been growing [4, 6, 213]. Although they account for only about 10% of PD cases overall [214], they provide important clues about pathogenic mechanisms. These mutations

can be divided into recessive (loss of function) and dominant (gain of function) categories. The recessive mutations in *DJ-1*, *PINK1*, and *Parkin* are all associated with rare, early-onset forms of PD [213, 214]. All of these genes are widely expressed in the brain and, as a consequence, cannot explain the selective loss of SNc DA neurons on the basis of expression alone. Each of these genes has been tied to mitochondrial function. DJ-1 helps orchestrate oxidant defenses [215, 216]. PINK1 and Parkin play an important role in mitochondrial quality control and possibly biogenesis [217–222]. As a consequence, it is straightforward to hypothesize that their impact will be felt most acutely in neurons that have sustained mitochondrial stress, like SNc DA neurons. For each of the genes, there are demonstrated effects on SNc DA neurons that are consistent with this hypothesis [132, 219, 223].

The autosomal dominant mutations associated with PD are less well understood and appear to be more heterogeneous in their effects on neuronal function. Mutations and replication of aSYN are the best characterized of the dominant forms of PD [213]. aSYN is a major component of LP [224, 225]. As a consequence, our comments will be restricted to the possible role of aSYN in selective vulnerability.

As mentioned at the outset, the relationship between LP and neurodegeneration is uncertain. Hence, the relationship between aSYN aggregation and neurodegeneration is uncertain. Nevertheless, it is reasonable to assume that aSYN aggregation creates neuronal stress. So, is there reason to believe that the at-risk phenotype contributes to aSYN aggregation? A number of studies argue that elevated  $\text{Ca}^{2+}$  concentration promotes aggregation of aSYN [162, 169, 170, 226–229]. There are several ways this might happen.  $\text{Ca}^{2+}$  promotes the formation of fibrillar forms of aSYN, possibly by acting as a counterion for acidic residues in its C-terminal region [230]. Furthermore, cleavage of the C-terminal region of aSYN by the  $\text{Ca}^{2+}$ -activated protease calpain also promotes aSYN aggregation [231]. Inhibitors of calpain alleviate the toxicity of aSYN overexpression in SNc DA neurons [232]. Do cytosolic  $\text{Ca}^{2+}$  levels rise high enough in SNc DA neurons to activate calpain? Ratiometric imaging studies suggest that the  $\text{Ca}^{2+}$  concentration in SNc DA neurons rises into the neighborhood of 250 nM during normal activity [233]; unpublished work by our group has confirmed this result using alternative approaches and suggests that in more distal dendrites the  $\text{Ca}^{2+}$  concentration climbs even higher, particularly during synaptic stimulation. This is sufficient to partially activate calpain [71, 234–236], suggesting that there might be a sustained challenge to autophagy created by truncated aSYN in SNc DA neurons.

Aggregation of aSYN could lead to additional physiological adaptations. It is also possible that aSYN aggregation compromises  $\text{Ca}^{2+}$  homeostasis [71, 237–239]. In rats, aSYN overexpression leads to redox modification of Kv4 channels in SNc (but not VTA) DA neurons, resulting in an acceleration of pacemaking rate [240]. This is consistent with the observation that aSYN fibrils increase cytosolic oxidative stress in SNc dopaminergic neurons [161]. These physiological changes could create a “death spiral” for SNc DA neurons where growing oxidative stress begets more oxidative stress.

Studies using induced pluripotent stem cells (iPSCs) derived from a patient carrying the SNCA-A53T mutation reveal that the mutant cells exhibit signs of

increased basal oxidative stress and are sensitized to the effects of mitochondrial toxins compared with isogenic wild-type cells [241]. The mechanism underlying this response was traced to the generation of nitrosative/oxidative stress that inhibited the activity of the transcription factor, myocyte enhancer factor 2c (MEF2C) through oxidation of a critical cysteine residue. MEF2C drives expression of peroxisome proliferator-activated receptor- $\gamma$  coactivator-1 $\alpha$  (PGC1 $\alpha$ ) expression, a positive regulator of nuclear-encoded mitochondrial protein expression and mitochondrial biogenesis. The resulting suppression of PGC1 $\alpha$  expression in turn led to a preferential increase in apoptotic cell death, possibly attributable to a decreased respiratory reserve relative to the wild-type cells. While the mechanism underlying the mutation-induced increase in oxidative stress still needs to be established, these results suggest that basal increases in oxidative stress may synergize with genetic mutations to augment the rate of SNc loss with aging and/or enhance vulnerability to environmental factors that would otherwise be well tolerated.

## 6.4 Toward a Human Neuroprotective Therapy

Although a number of clinical trials have been completed, no agent has been found to slow the progression of PD. Given the growing population afflicted with PD, there is increased urgency about this unmet medical need for both personal and societal reasons. Based upon the current state of knowledge about pathogenesis, what are the near-term prospects for such a treatment? One of the major impediments to the development of a disease-modifying therapy (DMT) is the lack of an animal model that recapitulates the pattern of PD pathology. Toxin models, like the 6-OHDA or MPTP models, recapitulate the consequences of SNc DA cell loss but do not accurately mimic pathogenic mechanisms in humans. Every compound that has failed in human clinical trials was found to ameliorate toxin-induced cell loss in rodents [242–244]. Viral models where a transgene of interest is selectively expressed in SNc hold promise [14–16, 245–251], as do some transgenic models, particularly those focusing on aSYN [252, 253]. However, the kinetics of pathology in these models is dramatically different from human PD; moreover, they fail to reproduce many of the other features of PD, including the distributed pattern of pathology.

In the absence of a compelling animal model in which potential therapeutics can be tested, what can be done beyond the identification of plausible mechanisms that are consistent with known features of the disease? Epidemiological data offer potential clues. There are a variety of factors that are associated with reduced PD incidence: smoking tobacco, coffee consumption, and the use of statins, anti-inflammatories, and dihydropyridines [9, 226, 227, 254]. Of these, dihydropyridines (DHPs) are of particular interest because of the connection between Ca<sup>2+</sup> entry through Cav1 channels in SNc DA neurons and other factors thought to be important in PD pathogenesis. DHPs have a long record of safe use in humans treated for hypertension and have good brain bioavailability [228]. DHPs are negative allosteric modulators [not block-

ers] of Cav1 channel opening, with generally higher affinity for Cav1.2 channels than Cav1.3 channels. One exception to this is isradipine, which has nearly equal affinity for Cav1.2 and Cav1.3 channels [255–258]. The nearly 30% reduction in risk seen in the epidemiological studies of isradipine is therefore surprising, given the modest antagonism of Cav1.3 channels [the principal source of  $\text{Ca}^{2+}$  entry into SNc DA neurons] that must have been achieved. In addition to being associated with a reduced probability of PD when taken prior to diagnosis, DHP use also is associated with slowing of progression after diagnosis [229]. This effect is certainly consistent with the putative mechanism involving a chronic suppression of mitochondrial  $\text{Ca}^{2+}$  entry, with a subsequent lessening of mitochondrial oxidative stress.

But even strongly suggestive epidemiological studies are not a substitute for a prospective controlled clinical trial. A phase II clinical trial with early-stage PD patients found that isradipine was well tolerated at doses up to 10 mg/day [259]. In this dose range, isradipine has relatively minor side effects (e.g., ankle edema) [260]. The question is whether it will prove neuroprotective at these doses. Systemic administration of isradipine to rodents at doses that achieve serum concentrations near those achieved in humans protects against MPTP and 6-OHDA toxicity [112, 261]. Using a modulated receptor model, Ilijic et al. [261] estimated that roughly 40–60% of the Cav1.3 channels were antagonized at the half-maximal dose for protection from intrastriatal 6-OHDA injection. But as noted above, success in toxin models does not guarantee success in humans. Nevertheless, given the evidence that  $\text{Ca}^{2+}$  entry through Cav1 channels could create both mitochondrial and proteostatic stress in SNc DA neurons, the epidemiological evidence, and the modest side effect profile, the National Institutes of Health in 2014 funded a 5-year, 56-center, phase III clinical trial in North America to determine whether isradipine will slow the progression of early-stage PD. Unfortunately, this study, like others that have been conducted to date, has two major shortcomings. One is that patients enrolled in the study will be symptomatic because there are no validated biomarkers for near-term PD onset. At this point, much of the damage is done, at least to SNc DA neurons [262]. Second, the study will have to rely upon changes in the UPDRS score of patients to determine progression and ultimately efficacy. Not only does this introduce experimenter noise into the trial (increasing the magnitude of the clinical effect required for significance), it also lengthens the observation period required to determine progression.

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# Chapter 7

## Mitochondrial Dynamics and Neurodegeneration

Arnaud Mourier

**Abstract** In vivo, mitochondria display a high degree of connectivity and mobility. Within the cell, mitochondrial fusion and fission machineries tightly control the dynamics and distribution of the mitochondrial network. Due to their key energetic role, the localization of mitochondria at intracellular sites of high-energy demand is crucial to maintain cell energy metabolism. Neurons are metabolically active cells with high-energy demands at locations distant from the cell body (see Chaps. 8 and 9). Consequently, they are particularly dependent on mitochondrial distribution and function. Accordingly, new evidence identifies defective mitochondrial dynamics as a central pathological event underpinning a number of early and late-onset neurodegenerative disorders. Mutations in genes encoding proteins playing central roles in mitochondrial dynamics and functions have been identified in patients with peripheral neuropathies such as Charcot-Marie-Tooth (CMT) and dominant inherited optic atrophy. Moreover, defects of mitochondrial dynamics have recently been associated with common neurodegenerative diseases such as Parkinson's, Alzheimer's, and Huntington's diseases. Understanding the regulation of mitochondrial dynamics in neurons may open new avenues for the development of therapies in neurodegenerative diseases.

**Keywords** Neurodegenerative diseases • Mitochondria • Mitochondrial dynamics  
Bioenergetics

### 7.1 Introduction

Mitochondria are organelles originally observed in spermatocytes more than a century ago [1]. The name *mitochondrion* is based on their microscopic appearance and is derived from the Greek language for the words thread (*mitos*) and granules (*chondros*). Mitochondria are double membrane bound: the inner membrane delimits the

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matrix and intermembrane space (IMS), whereas the outer membrane separates the IMS from the cytosol. The inner mitochondrial membrane has the highest density of protein in the cell and can be dissociated in two domains: the boundary region, which constitutes flattened membranes that are in close proximity to the outer membrane, and the cristae membranes, which are lamellar invaginations with highly curved edges. The cristae invaginations house the oxidative phosphorylation system (OXPHOS) [2–4]. This system is composed of two functional entities, i.e., the respiratory/electron transport chain (RC) and the phosphorylation system, which includes the ATP synthase and membrane carriers, such as the ATP/ADP carrier (ANT) and the phosphate carrier (PiC). The RC is historically defined as consisting of mobile electron carriers: coenzyme Q and cytochrome *c* and four complexes, denoted complex I–IV, which perform substrate oxidation to drive proton extrusion from the mitochondrial matrix to the IMS. The proton electrochemical potential difference across the inner membrane ( $\Delta P$ ) is then used by the ATP synthase to drive ATP synthesis thus coupling proton transport to ATP production [5] (see Chap. 1 for details).

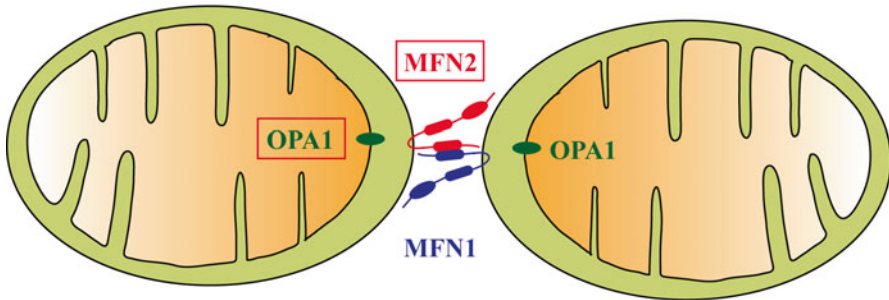
Interestingly, complexes I, III, and IV of the RC and ATP synthase are under dual genetic control. The mitochondrial genome (mtDNA) only encodes 13 proteins that are all components of the OXPHOS system, and nuclear genes encode the remaining mitochondrial proteins. The nuclear genome encodes the mitochondrial proteome required for the maintenance and expression of mtDNA [6], protein synthesis [7], import and degradation [8, 9], iron-sulfur cluster synthesis [10], citric acid and urea cycles, fatty acid oxidation, and additional metabolic pathways.

Mitochondria form a dynamic network inside the cell, and specialized transport machineries ensure their mobility and proper subcellular localizations. Due to their key energetic role, mitochondria are often positioned at intracellular sites of high-energy demand. In the muscle, mitochondria are embedded between myofibrils that consume ATP during contraction. Likewise, in neurons mitochondria are transported to and accumulate in synapses to provide the energy required to maintain and regulate neurotransmission. Thus, proper control of mitochondrial subcellular localization and network morphology is an absolute requisite to maintain energy homeostasis and cell functions. This chapter will review recent findings on the energetic relevance of mitochondrial dynamics and its implication in neurodegenerative disorders.

## 7.2 Mitochondrial Dynamics

“Mitochondrial dynamics” describes the continuous changes in the position, size, and shape of mitochondria within cells. In eukaryotic cells, mitochondria are arranged in a wide variety of shapes, ranging from long interconnected tubules to individual spheres [11–13]. Mitochondrial morphology is highly plastic and dynamic, and mitochondria can travel long distances on the cytoskeletal track. Depending on the cell type, mitochondrial mobility can be mediated through either

## FUSION



**Fig. 7.1** The mammalian machineries involved in mitochondrial fusion. Heterotypic interaction between the mitochondrial outer membrane proteins MFN1 and MFN2 is depicted. OPA1 is located in the intermembrane space and associated with the inner mitochondrial membrane. A red square highlights protein implicated in diseases

the microtubules or the actin cytoskeleton [14, 15]. In neurons, mitochondrial transport occupies a key role in the delivery and renewal of axonal and synaptic mitochondria [16]. Interestingly, while the cytoskeleton is important to ensure proper mitochondrial intracellular distribution and transport, it is not required to maintain mitochondrial network morphology [17–20]. Mitochondrial network morphology is in fact the result of balanced fusion and fission controlled by protein members of the dynamin-related protein (DRP) family. Recent microscopic, structural, and biochemical studies have led to the characterization of the core machinery of mitochondrial fusion and fission.

### 7.2.1 Mitochondrial Fusion

The identification of fuzzy onion (FZO) as an essential protein mediating mitochondrial fusion events occurring during spermatogenesis in *drosophila* drove rapid advances in our knowledge of the mitochondrial dynamic machinery [21]. The characterization of this evolutionary conserved GTPase protein in budding yeast (FZO1) showed that this outer mitochondrial membrane protein functions in mitochondrial fusion [22, 23]. Genetic screens, performed in yeast, led to the identification of the protein machineries involved in mitochondrial fusion and fission [24]. This approach revealed that the core of the yeast mitochondrial fusion machinery is composed of three proteins. FZO1 and MGM1 (Mitochondrial Genome Maintenance 1) [25–27], respectively, control fusion of the outer and inner mitochondrial membrane, whereas UGO1 (UGO is Japanese for fusion) is proposed to be a two membrane-spanning protein mediating the interaction between FZO1 and MGM1 [28–30]. In contrast to UGO1, both FZO1 and MGM1 present mammalian homologues known as mitofusin 1 and mitofusin 2 (MFN1 and MFN2) [31] and OPA1

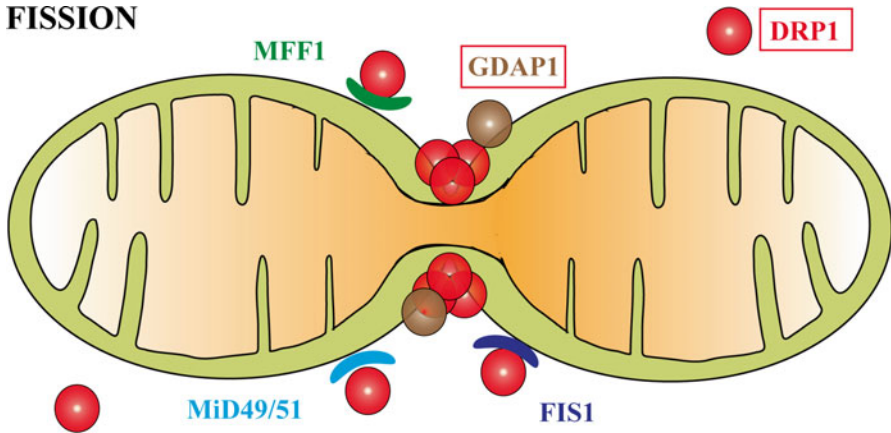


(optic atrophy 1) [32, 33], respectively (Fig. 7.1). MFN1 and MFN2 show 81% similarity to each other and are 52% similar to *drosophila* FZO [19]. Both MFNs are ubiquitously expressed in mammals, although their mRNA and protein levels strongly differ according to the tissues [17, 31, 34, 35]. The posttranscriptional and posttranslational mechanisms regulating MFNs tissue-specific expression remain largely unknown. Like FZO1, MFNs are anchored to the outer mitochondrial membrane by two transmembrane segments and contain one GTPase and multiple predicted coiled-coil-forming domains which are exposed and face toward the cytosol [17, 36]. The C terminal coiled-coil domain has been shown to mediate MFN1 and MFN2 antiparallel homotypic and heterotypic complexes [19, 37]. Even though both MFN1 and MFN2 are expressed in mouse embryonic fibroblasts, each protein is essential to maintain mitochondrial network morphology [19]. However, despite their high similarity, MFN1 and MFN2 exhibit different GTPase and membrane-tethering capacities [38]. These functional disparities could explain why the mitochondrial network morphology aberration in *Mfn2* knockout MEFs can be efficiently rescued by MFN1 overexpression, whereas, overexpression of MFN2 only mildly rescues the diffracted mitochondrial network of *Mfn1* knockout MEFs [19]. Interestingly, activity or degradation of FZO1/MFNs proteins is highly regulated by phosphorylation and ubiquitination at distinct lysine residues [39–42].

In mammals, OPA1 is the main actor controlling the fusion of the mitochondrial inner membrane. MGM1/OPA1 presents multiple isoforms that are located in the IMS or associated with the inner membrane [25–27, 43]. The proteolytic processing of OPA1 generates so-called non-cleaved or long OPA1 (L-OPA1) and cleaved or short OPA1 (S-OPA1) isoforms. The regulated cleavage of OPA1 isoforms by OMA1 (metallopeptidase that exerts activities overlapping with the m-AAA protease) [44, 45] or YME1L (mammalian orthologue of the yeast *Yme1*) [46–48] results in the loss of the transmembrane domain of the protein and controls the role of OPA1 in mitochondrial fusion. Furthermore, the alternative splicing of OPA1 pre-mRNA introduces additional complexity and yields a total of eight isoforms presenting one or two processing sites and expressed in a tissue-specific manner [49]. However, in contrast with the proteolytic processing, which is common to both orthologues OPA1 and MGM1, the alternative splicing is uniquely involved in the generation of mammalian OPA1 isoforms.

### 7.2.2 Mitochondrial Fission

Yeast genetic screens for an extragenic suppressor of fusion mutants led to the identification of key regulators of mitochondrial fission. The key component of the fission machinery DNM1 (dynamin-1) is a cytosolic protein which can be recruited into punctuate structures on the outer mitochondrial membrane [50, 51]. According to the most recent model, this DNM1p recruitment to the outer mitochondrial membrane is mediated by FIS1 (mitochondrial fission protein 1) [52] and causes membrane constriction through its interaction with adaptor proteins MDV1 (mitochondrial

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**Fig. 7.2** Mammalian mitochondrion under fission. The scheme illustrates DRP1 recruitment to the outer membrane constriction sites by adaptor proteins: FIS1, MFF1, MiD49/51. GDAP1 is located at the mitochondrial outer membrane to mediate mitochondrial fission. A red square highlights protein implicated in diseases

division 1) [53–58] and CAF4 (CCR4-associated factor 4) [59, 60]. After its recruitment, DNM1 forms extended spirals [61], which undergo conformational change upon GTP hydrolysis leading to the constriction and division of mitochondria [62].

Extension of these studies to mammalian cells led to the identification of dynamin-related protein 1 (DRP1), also called DLP1 (dynamin-like protein 1) in humans, and FIS1 as components of the mammalian fission machinery [63–65] (Fig. 7.2). However, no orthologues of MDV1 and CAF4 were found in mammals; instead, a growing body of evidence indicates that the mitochondrial fission factor, MFF [66], and the mitochondrial elongation factors, MID49 and MID51 (mitochondrial dynamic proteins of 49 and 51 kDa) [67–71], are further components of the fission machinery. In addition, GDAP1 (ganglioside-induced differentiation-associated protein 1) is a tail-anchored protein of the mitochondrial outer membrane that regulates mitochondrial fission [72, 73]. Whereas GDAP1 recessive mutations are associated with decreased mitochondrial fission activity, dominant mutations result in impairment of mitochondrial fusion [74]. Phylogenetic and structural analyses suggest that GDAP1 belongs to a subfamily of glutathione-S-transferases (GSTs). However, no functional GST activity associated to this protein has been found so far [75]. Unlike other proteins involved in mitochondrial fusion and fission containing GTPase and dynamin domains, GDAP1 sequence analysis does not suggest any involvement in mitochondrial dynamics.

Mitochondrial fission is highly regulated and controlled. For instance, DRP1 undergoes several posttranslational modifications such as phosphorylation [76–79], S-nitrosylation [80, 81], ubiquitination [82–84], and sumoylation [85–87]. These modifications control the activity and subcellular localization of DRP1 [19]. Furthermore, in contrast to mitochondrial fusion, the core of the mitochondrial fission machinery plays a similar role in peroxisomes [65, 88, 89].

### 7.3 What Are the Physiological and Bioenergetic Roles of Mitochondrial Dynamics?

Mitochondrial fusion plays a critical role in controlling mitochondrial OXPHOS activity through maintenance of the mitochondrial genome. The complete loss of mitochondrial fusion is associated with a loss of the mitochondrial genome in yeast and with a partial loss of mtDNA in mammals [22, 23, 90–92]. Moreover, the mtDNA maintenance defect observed in mitochondrial fusion deficient skeletal muscle is associated with an accumulation of mitochondrial point mutations and deletions [92]. Remarkably, where emerging data indicate that the majority of mitochondrial fission sites are located in close proximity to mtDNA molecules [93, 94] and endoplasmic reticulum contact sites [95, 96], the loss of mitochondrial fission has no deleterious effect on mtDNA levels [51, 97, 98]. Understanding the role of mitochondrial dynamics in the maintenance and protection of mtDNA continues to attract great scientific interest. Intriguingly, partial impairment of mitochondrial fusion caused by the loss of MFN2 in different mammalian tissues or cultured cells affects mitochondrial bioenergetics without drastically affecting OXPHOS subunits or mtDNA levels [99–101].

Despite their high similarity and their common role in mitochondrial fusion through their physical interaction, MFN1 and MFN2 seem to functionally differ. Ubiquitous knockout of the *Mfn1* or *Mfn2* genes results in embryo lethality in mid-gestation [19], due to placental dysfunction [19, 102]. Remarkably, by using a conditional knockout allele in conjunction with cre-recombinase expression only in the embryo, *Mfn1* or *Mfn2* knockout mice are born alive [102]. Mice ubiquitously lacking MFN1 are apparently healthy, whereas loss of MFN2 causes mouse lethality in the early postnatal period and triggers cerebellar atrophy causing severe defects in movement and balance [102]. Despite its well-established role in mitochondrial fusion, a growing body of evidence suggests that MFN2 has additional functions, such as tethering mitochondria with the endoplasmic reticulum (ER) [103], lipid droplets [104], and with the Miro/kinesin system [105, 106]. However, the role of MFN2 in mediating ER-mitochondrial tethering has been recently revised [107, 108]. The different functions of MFN2 are supported by *in vivo* studies in mice, showing that MFN2 is required for normal glucose homeostasis [99], steroidogenesis [104, 109], is essential for cerebellum development and function [102], and for the axonal projections of dopaminergic neurons [110, 111]. Interestingly, the loss of MFN2 in Purkinje or dopaminergic neurons is associated with a loss of complex IV activity [102, 110]. In contrast, loss of MFN2 in the liver, skeletal muscle, and heart is associated with mild OXPHOS dysfunctions, which are not due to the loss of OXPHOS protein complex levels or activities [99, 112]. Similarly, loss of function of MFN2 in mouse and human fibroblasts cultivated with glucose and high serum shows no gross bioenergetic defects [19, 108, 113]. Interestingly, respiratory chain deficiency observed in MEFs cultivated under low-serum conditions and in mouse heart lacking MFN2 is caused by a deficiency of the terpenoid synthesis pathway affecting the levels of coenzyme Q [101]. This interesting observation demonstrates

that bioenergetic defects associated with loss of mitochondrial fusion are not only related to mitochondrial genetic impairments but could originate from anabolic pathway dysfunctions.

Mitochondrial bioenergetics and mitochondrial fusion are heavily interdependent since mitochondrial fusion requires the membrane potential generated across the inner mitochondrial membrane by the respiratory chain [18, 114–116]. Moreover, bioenergetic defects impair mitochondrial dynamics [117] through the proteolytic processing of OPA1 [118]. The strong connection between mitochondrial fusion and bioenergetics could explain the mitochondrial network remodeling observed when cells are metabolizing non-fermentable [119, 120] or high-energy demanding carbon sources [121, 122]. In addition, downregulation of DRP1 activity under starvation has been shown to increase mitochondrial fusion to prevent the degradation of mitochondria through autophagy [123, 124]. In contrast, DRP1 upregulation [77, 85] and MFN2 downregulation [39] under apoptotic conditions promote mitochondrial fragmentation and the following release of proapoptotic factors from mitochondria mediated by BAK [BCL2-antagonist/killer] and BAX [BCL2-associated protein X] [125].

## 7.4 Mitochondrial Dynamics and Neurodegeneration

Mitochondrial dynamics hold a central role in maintaining proper mitochondrial distribution and function. Therefore, it is not surprising that alterations in mitochondrial fusion and fission significantly impair neuronal functions. The importance of mitochondrial fusion and fission proteins in the biology of neurons is underscored by the occurrence of several neurodegenerative diseases that result from mutation of these genes. For example, mutations in *Mfn2* are associated with Charcot-Marie-Tooth disease type 2A, and *Opa1* mutations cause autosomal dominant atrophy characterized by progressive degeneration of the optic nerve.

### 7.4.1 Charcot-Marie-Tooth Neuropathy

Charcot-Marie-Tooth [CMT] diseases represent a group of clinically and genetically heterogeneous inherited neuropathies affecting motor and/or sensory neurons. With a prevalence between 1 and 8 cases per 10,000 people, CMT is the most prevalent inherited neuropathy [126–128]. CMT type 2A accounts for 22 % of autosomal dominant neuropathies. Typical clinical symptoms of CMT2A are progressive distal limb muscle weakness and/or atrophy, stepping gait, distal sensory loss, and mobility impairment, which can lead to wheelchair dependency. In addition, optic atrophy can be associated with CMT2A presenting an unusually severe phenotype with an early age of onset [129]. However, while affecting a highly specific set of neurons, i.e., neurons with the longest axons [peripheral sensory and motor neurons], the

clinical and electrophysiological phenotypes of CMT2A are very diverse. A major step in the comprehension of the disease was made when several studies identified pathogenic mutations in the *Mfn2* gene [129–131], and to date about 60 different *Mfn2* mutations have been identified in CMT2A patients [132]. Remarkably, homozygous expression of mutated MFN2<sup>T105M</sup> in mouse motor neurons recapitulates the key clinical signs of CMT2A. As previously observed in CMT2A neurons [133, 134], affected motor neurons exhibit improper mitochondrial distribution [135]. However, since MFN2 is important for the maintenance of mitochondrial bioenergetics and mitochondrial transport in different types of neuron [102, 110], the molecular role of MFN2 in axonal integrity maintenance remains to be elucidated.

MFN2 is not the only protein involved in mitochondrial dynamics to be associated with the Charcot-Marie-Tooth disease. Unlike other Charcot-Marie-Tooth disease-linked genes, the various GDAP1-associated mutations are associated with demyelinating [136], axonal, or mixed forms of CMT disease with recessive or dominant modes of inheritance, showing a wide range of severity and onset of disease [137–139]. CMT diseases caused by autosomal recessive GDAP1 mutations are generally severe and lead to aggressive disorders appearing during early childhood. The rapid progression of these disorders leads to functional disability. However, the phenotypic presentations of patients carrying GDAP1 mutations are heterogeneous. In most cases patients can present with vocal cord paresis, diaphragmatic paralysis, and facial weakness. In contrast, dominant inherited GDAP1 mutations are less severe and associated with a later onset. Interestingly, GDAP1 knockout mice present with an age-related hypomyelinating peripheral neuropathy. Furthermore, loss of GDAP1 impairs mitochondrial morphology and axonal transport in peripheral neurons [140, 141].

### 7.4.2 Autosomal Dominant Optic Atrophy

Autosomal dominant optic atrophy (ADOA) is a hereditary optic neuropathy characterized by a bilateral degeneration of optic nerves causing symmetrical visual loss, typically starting during the first decade of life. The disease primarily affects the retinal ganglion cells (RGCs) and their axons which form the optic nerve [142]. ADOA is mainly linked to *OPA1* mutations [32, 49] and is a relatively common form of inherited optic neuropathy; its prevalence is around 3 cases in 100,000 people [143, 144]. In 2007, two independent groups generated mice models expressing a different mutated version of *OPA1*. These studies showed that *OPA1* was required during early mouse embryonic development. Interestingly, heterozygous *OPA1* mutants are viable, but exhibit an age-dependent loss of RGCs that eventually progresses to a severe degeneration of ganglion cells and nerve fiber layer [145, 146]. These works demonstrate that the phenotype was not caused by a specific *OPA1* proteolytic processing defect, but was associated with a concerted decrease of both L-*OPA1* and S-*OPA1* levels. In addition, loss of *OPA1* was associated with abnormal mitochondrial cristae morphology, mitochondrial swelling, and a reduced

number of optic nerve axons. These mouse models showed that mitochondrial defects caused by the loss of OPA1 affect high-energy glutamatergic synapses which lead to dendritic degeneration of ganglion cells [147].

### 7.4.3 *Neuropathy Linked to DLP1*

Human diseases linked to DRP1/DLP1 mutations are extremely rare. In 2007, a de novo mutation in one DLP1 allele was identified in a neonate patient presenting microcephaly, abnormal brain development, optic atrophy, and elevated plasma concentration of lactic acid as well as very long-chain fatty acids causing their death at 37 days of age [148]. Despite the drastic elongation of the mitochondrial and peroxisomal networks, OXPHOS activities were not affected in skin fibroblasts and skeletal muscle biopsies. This mutation was later reported to prevent higher-order assembly of DLP1, thus precluding organelle fission [149]. Interestingly, independent mouse knockouts showed that DRP1 was required for embryonic and brain development. Neuron-specific *Drp1* knockout presents aberrant mitochondrial morphology and distribution preventing proper dendritic and axonal development [98, 150]. Loss of DRP1 in dopaminergic neurons affects mitochondrial mobility and depletes axonal mitochondria. These mitochondrial defects cause degeneration of synaptic terminals and cell loss [151].

The pathological spectrum associated with disturbed mitochondrial fission has recently expanded to include Parkinson's, Huntington's, and Alzheimer's diseases. Pathogenic mutations involved in Parkinson's and Huntington's diseases have been associated with an increased recruitment of DRP1 to mitochondria resulting in excessive mitochondrial fragmentation [152, 153]. Furthermore, DRP1 has also been shown to interact with a Parkinson disease-related protein, LRRK2 (leucine-rich repeat kinase 2) [154]. This interaction enhances mitochondrial translocation of DRP1 to promote mitochondrial fragmentation. In the case of Alzheimer's disease, mitochondrial fragmentation is progressively increased during the progression of the disease both in patients and in transgenic mouse models [155–157]. However, the molecular mechanism involved is still unclear. Interestingly, it has been reported that DRP1 posttranslational modifications such as S-nitrosylation and phosphorylation hold a crucial role in Alzheimer's disease [80, 158].

## 7.5 Conclusion

Overall, it is clear that perturbations in mitochondrial dynamics and activity are directly or indirectly involved in neurodegenerative diseases. However, although in vitro studies have provided crucial information regarding mutations, structure, and molecular response, almost nothing is known about the in vivo regulation of mitochondrial dynamics in healthy adult axons or synapses. Furthermore, it is

becoming increasingly clear that multiple factors can affect mitochondrial dynamics, and the strong interdependence between mitochondrial activity, dynamics, and transport introduces additional complexity. A future challenge will be to unravel the molecular nature of these interactions. To this end, availability of established disease models will allow rapid progress in our understanding of the physiological regulation of mitochondrial dynamics and will open promising new avenues to test both *in vitro* and *in vivo* efficacy of potential new agents to find treatment options for these progressive neurodegenerative diseases.

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# Chapter 8

## Mitochondrial Dysfunction and Transport in Demyelinating Disease with Inflammation

Marija Sajic

**Abstract** Demyelinating diseases with inflammation affect both the central and peripheral nervous systems. The histopathological hallmark of these devastating, and sometimes life-threatening, diseases is segmental demyelination of long axonal tracts and varying degrees of inflammation, with important long-term consequences for the function and survival of axons and neurons. Mitochondria are essential for the function of all cells, but maybe more so for neurons, in both physiological and pathological conditions. Healthy neurons utilise a sensitive, responsive and dynamic mitochondrial population for their varied basal metabolism. It is not surprising, then, that mitochondria also play a fundamental role in adaptive mechanisms which enable neurons to survive pathological events such as loss of myelin sheath and exposure to inflammatory mediators. Indeed, it is believed that the survival of axons in such an environment, and perhaps recovery to full functionality, critically depends on the adaptive capacity of its mitochondrial population. This chapter will present and interpret currently available, published knowledge relating to the role of neuronal mitochondria in neuroprotection and neurodegeneration during demyelinating inflammatory diseases of the central and peripheral nervous systems.

**Keywords** Multiple sclerosis • Guillain-Barré syndrome • Mitochondria  
Mitochondrial dynamics • Demyelination • Inflammation

### 8.1 Multiple Sclerosis

Multiple sclerosis (MS) is the most common demyelinating inflammatory disease of the central nervous system (CNS) and the leading cause of non-traumatic disability in young adults in the developed world [1, 2]. As a distinct neurological

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entity, MS was based on clinical criteria established by the French physician Jean-Martin Charcot more than 150 years ago [3]. The disease typically follows a relapsing-remitting course, whereby periods of loss of neurological function called relapses or attacks are followed by periods of complete or incomplete recovery (remissions). Over time, complete remissions become rare and neurological dysfunction gradually accumulates, leading to permanent, and often severe, disability.

Over 100 years ago, Otto Marburg described the pathology of what we now recognise as a partially remyelinated MS ‘plaque’. Since then, a large number of descriptive histopathological studies of post-mortem tissue have provided a detailed picture of MS lesions. These and, in more recent years, MRI-based imaging studies in patients together revealed unique, and to date unexplained, characteristics of MS – frequently appearing and disappearing inflammatory-demyelinating lesions that are well demarcated from the normal-appearing surrounding tissue and scattered throughout the CNS in a seemingly random fashion. Widespread neurodegeneration is a more recently recognised major feature of MS and often suspected as the likely cause of permanent disability.

The ubiquitous presence of infiltrating immune cells in the examined lesions has led to the often stated but as yet unproven hypothesis that multiple sclerosis is an autoimmune disease. Great efforts have been dedicated to identifying a common, specific autoimmune target antigen in MS, with particular focus on components of the myelin sheath. However, to date, all attempts to identify an autoantigen have failed [4].

The main pathological characteristics of MS lesions are (1) presence of scattered inflammatory foci in the brain and spinal cord parenchyma, mainly consisting of macrophages and lymphocytes and often centred on a blood vessel, (2) segmental demyelination, (3) neuronal and axonal degeneration and (4) focal gliosis [5]. Although a major feature, inflammation is not pathognomonic of MS. Other neurological diseases with progressive loss of neurons, such as Alzheimer’s [6] and Parkinson’s disease [7], also show a degree of inflammation [8, 9]. Although a varying degree of white matter loss has been reported in both of these neurodegenerative conditions [10–12], the feature that distinguishes MS from all other CNS diseases is the type of demyelination. Namely, MS is the only CNS disease characterised by the so-called segmental (i.e. spreading from one node to the next one) demyelination. Indeed, recent histopathological evidence from exceptionally early MS lesions suggests that primary demyelination is the earliest event in the lesion formation [13–15]. The loss of the myelin sheath along a section of an axon has considerable consequences for its function, most obviously for impulse conduction. This early event sets off a series of adaptive mechanisms aimed at preserving the axon structure, restoring its primary function in impulse conduction and restoring myelin. Mitochondria play a central role in a number of these adaptive, survival mechanisms. This chapter will review currently available, published knowledge on the role of mitochondria in axonal and neuronal protection against degeneration during inflammatory-demyelinating disease.

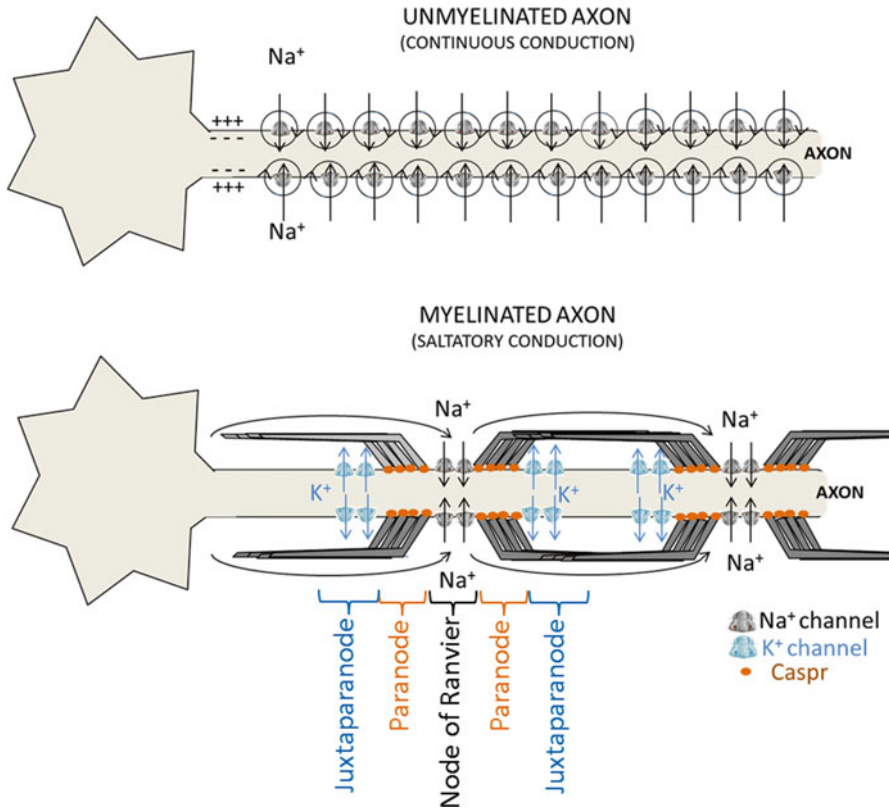


### ***8.1.1 The Role of Myelin in Axonal Energy Homeostasis***

The main role of myelin is generally believed to be in enabling saltatory impulse conduction in myelinated axons. This is separate from any metabolic support for the axon which may be provided by the myelinating glial cell. As in all cells, the neuron maintains ionic disequilibrium across its plasma membrane via the activity of ATP utilising pumps. The maintained ionic concentration gradient is measurable as a resting potential. A feature more specific to neurons however is the presence in the membrane of voltage-dependent  $\text{Na}^+$  and  $\text{K}^+$  gates. These gates open transiently in response to a critical level of depolarisation, particularly the  $\text{Na}^+$  gates, allowing ions to flow along the concentration gradient and producing a transient reversal of potential – the action potential – before closing and allowing restoration of the resting potential. The opening of the channels, and hence the action potential, is an all-or-nothing phenomenon. The depolarisation and accompanying ionic flow last long enough to open adjacent gates. However, gates once opened and closed require a finite time to achieve the initial configuration and cannot be immediately reopened; consequently, the action potential progresses along the axon in one direction, giving impulse conduction. The immediate free energy required for the action potential is derived from the local change in entropy. The resting potential relies on the continuous activity of the  $\text{Na}^+/\text{K}^+$  ATPase, which is distributed evenly along the axolemma (axonal membrane) in both myelinated and nonmyelinated axons. This would establish a requirement for an even distribution of mitochondria.

In contrast to unmyelinated axons, the distribution of sodium channels in myelinated axons (Fig. 8.1) is restricted to narrow gaps between the segments of the myelin sheath called nodes of Ranvier ( $\sim 1 \mu\text{m}$ ) where there may be 1,000–2,000 channels per  $\mu\text{m}^2$ . Neighbouring nodes, for example, in human sural nerve, a sensory nerve which descends down the posterior lateral side of the calf and lateral side of foot dorsum, may be separated by up to 1.4 mm of continuous myelin, called internodal segments [16]. Such clustering of channels at regular, but distant, intervals means that the flux of sodium and potassium ‘jumps’ from node to node skipping long internodal stretches, thus vastly increasing the speed of conduction. Furthermore, myelin acts as an electrical insulator, reducing the overall capacitance of the axolemma and thereby maximising the effect of potential change brought about by the inward sodium current at the node [17–19]. In other words, in the absence of myelin, the depolarising current quickly dissipates as it flows along the axons rather than staying ‘focused’ to the narrow nodal gap, resulting in insufficient current available to depolarise the next node and saltatory conduction fails. Having such an effect on preventing the loss of current, it follows that myelin reduces the net amount of ions required for successful membrane depolarisation across the axolemma. In this way, myelin also minimises axonal energy consumption, as far fewer sodium and potassium ions are required to be actively transported by  $\text{Na}^+/\text{K}^+$ ATPase in order to re-establish resting potential than in unmyelinated axons.

As mitochondrial oxidative phosphorylation is the main source of ATP in neurons, both neuronal cell bodies, dendrites and axons are highly dependent on correct



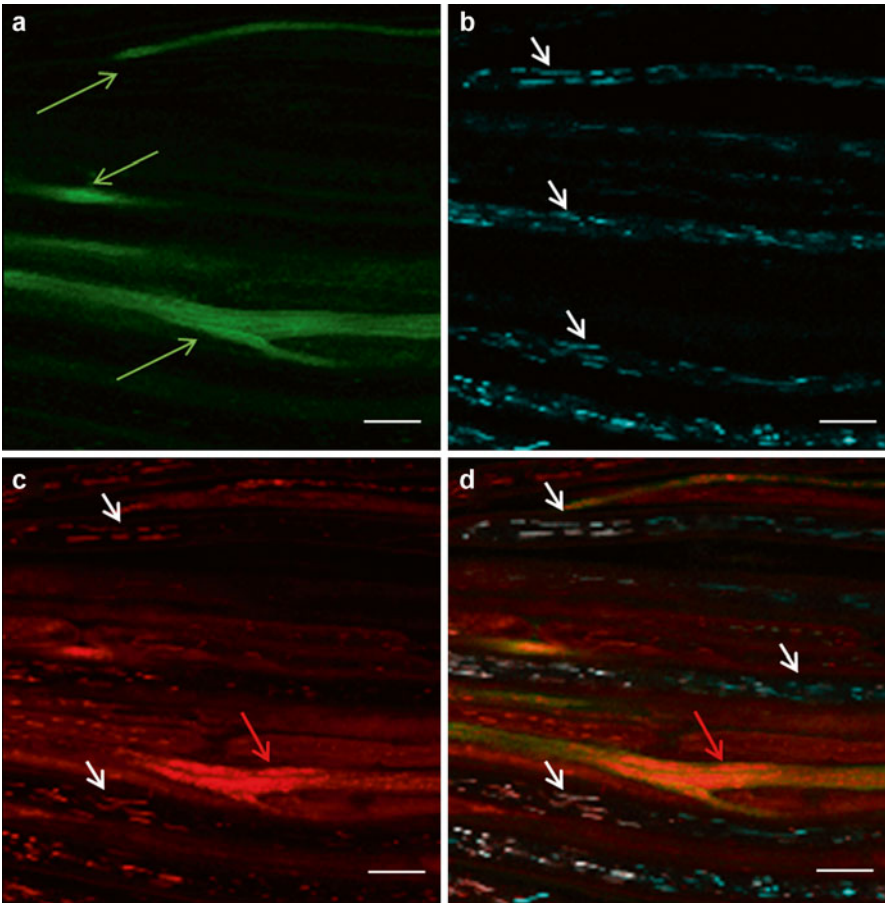
**Fig. 8.1** Impulse conduction in unmyelinated and myelinated axons. In *unmyelinated axons* (top panel), sodium channels are distributed along the whole surface of axonal membrane. During impulse conduction, sodium ions enter intra-axonal space from extracellular compartment along its entire length, sequentially changing membrane potential and thus creating small, continuous depolarising currents which spread slowly from one end of the axon to another. In *myelinated axons* (bottom panel), channel distribution is highly organised within specific subregions. Sodium channels are restricted to narrow gaps between the segments of the myelin sheath, called nodes of Ranvier. Myelin is attached to axolemma at paranodal regions by a number of anchoring proteins such as Caspr. Voltage-gated potassium channels and sodium/potassium pump are located in the juxtaparanodal regions. During impulse conduction, ion fluxes are limited to these narrow regions, thus greatly increasing speed of conduction

*functioning* of these organelles for reliable and constant ATP supply. Furthermore, neurons are morphologically the most complex cells in the body, many having thousands of dendrites and axons of considerable length; thus, their function is critically dependent not only on the correct function but also on the precise and correct *location* of mitochondria. For example, neurons exhibit great variations in impulse activity over time, thus the relative energy demands of different neuronal sub-compartments are often rapidly changing. Although mitochondrial DNA synthesis has been reported to occur within some vertebrate peripheral axons [20], given that

the majority of mitochondrial proteins are encoded in the nuclear genome [21], the bulk of mitochondrial biogenesis is thought to occur in the vicinity of the cell body. Therefore, any increase in metabolic demand at a distance from the soma would require increased mitochondrial transport via the long-distance, axonal transport system. This complex transport machinery provides optimal mitochondrial supply to all neuronal areas simultaneously, including sites remote from the cell body. Indeed, axonal impulse activity and mitochondrial axonal transport rate are positively correlated in both myelinated and unmyelinated peripheral nerve fibres [22]. Clearly, delivering mitochondria to areas of high metabolic demand (the right place) at the right time is essential. One such area appears to be the unmyelinated or demyelinated segment. This difference in axonal energy requirements depending on the presence of myelin is shown clearly by the example of optic nerve fibres crossing *lamina cribrosa*, a mesh-like structure at the posterior part of the sclera. Namely, the axons of the optic nerve are in many mammals unmyelinated on the intraocular side, but the same axons are myelinated on the extraocular side of *lamina cribrosa*. Interestingly, both the total amount and the activity of mitochondrial complex IV (cytochrome *c* oxidase) have been found to be significantly greater in the unmyelinated part of these axons than in their myelinated segments [23, 24]. As complex IV is the major consumer of cellular oxygen, this increase in complex IV activity suggests that the demand for the oxygen, and by inference the ATP, is higher in the unmyelinated than in the myelinated segment of the axon. Furthermore, given that the diameter of the optic nerve axons on either side of the *lamina cribrosa* is the same [25], the increase in the level of the complex IV subunit II [23] suggests a greater density of mitochondria in the unmyelinated segment of optic nerve axons. A similar high relative density of mitochondria in unmyelinated, compared with myelinated, axons has been observed in peripheral nerve axons (Fig. 8.2). This inverse correlation between myelination and mitochondrial density is entirely consistent with the energy-saving effect of the myelin sheath on axonal metabolic demand arising directly from impulse conduction, i.e. if conduction increases axonal transport, then this is an additional demand for energy consequential to conduction.

### ***8.1.2 Energy Metabolism of Demyelinated Axon***

Having in mind the above, it is not surprising that the loss of myelin sheath (i.e. demyelination during multiple sclerosis) renders axons vulnerable to a range of insults, including relative energy insufficiency. One of the earliest, and the most obvious, consequences of myelin loss is the impairment of impulse conduction propagation across the demyelinated segment. The effect of demyelination on impulse conduction has been studied in a range of focal, experimentally induced demyelinating lesions, typically using Schwann cell and oligodendrocyte toxins which inhibit protein synthesis such as diphtheria toxin and ethidium bromide or agents that cause destruction of myelin without affecting the myelin-forming cells,



**Fig. 8.2** In vivo confocal image of mitochondria in myelinated and unmyelinated fibres in Thy1-CFP-S positive (mito-S) mouse peripheral nerve. Exposed saphenous nerve axons are labelled in situ with Alexa Fluor 488 conjugated Griffonia isolectin IB4 (green) and tetramethylrhodamine methyl ester (TMRM, red). Isolectin IB4 is a glycoprotein isolated from the seeds of the African legume, *Griffonia simplicifolia*, known to specifically bind to a subgroup of unmyelinated fibres, hence named IB4<sup>+</sup> C fibres. TMRM is a potentiometric dye which preferentially accumulates within polarised (healthy) mitochondria. This combination of unmyelinated fibre labelling, functional mitochondrial labelling and constitutively expressed mitochondrial CFP enables visualisation of polarised mitochondria (c, d) within unmyelinated fibres (a, d). In CFP-S mice, the cyan fluorescent protein is constitutively expressed only in mitochondria within 40–60% of myelinated axons (not expressed in unmyelinated fibres), thus enabling distinction between mitochondria in myelinated fibres and mitochondria in Schwann (and other) cells (Note that the density of mitochondria within unmyelinated fibres (green arrows in a) is noticeably greater (red arrows in c and in merged image in d) than in larger diameter, myelinated fibres (white arrows). Scale bar = 10 μm)

such as lysolecithin [26]. In such lesions, demyelination begins at the paranodal regions and spreads in both directions along the juxtaparanode and internode, as myelin loses its compact structure and detaches from axons [18]. This structural change affects the electrical properties of the axolemma in such a way that the overall membrane capacitance increases [17]. Owing to this increase in capacitance of a demyelinating axon, greater inward current is necessary in order to depolarise the next node, which means that more sodium moves into the axon and it takes a longer time to reach the excitation threshold than in myelinated axons. It has been shown in experimentally induced demyelinated lesions that internodal conduction may be 30 times slower than in normal, myelinated internodes [17]. Furthermore, repetitive impulse activity along such demyelinated segments leads to a gradual build-up of intracellular sodium, eventually overwhelming the sodium pump, and subsequently completely blocking the conduction [17]. Nonetheless, as the loss of myelin progresses and axons become completely denuded, impulse conduction is established again, albeit with different characteristics. Instead of being saltatory conduction, over the 2 or 3 weeks of persistent demyelination, the conduction re-establishes as slow and continuous, reminiscent of conduction in unmyelinated axons [27]. Furthermore, the demyelinated axons may exhibit spontaneous, ectopic impulse activity [28].

These elegant studies of axonal conduction along demyelinated segments, performed over 30 years ago, predicted that profound changes in distribution of ion channels along the axonal membrane must underlie the re-establishment, and the change in the nature, of impulse conduction. Indeed, it was later reported in animal models of multiple sclerosis [29, 30] and in MS lesions [31, 32] that the pattern of distribution of voltage-gated sodium channels changes dramatically following demyelination. Specifically, a subgroup of sodium channels called persistent current  $\text{Na}_v1.6$  channels, and other Na channels such as  $\text{Na}_v1.2$ , become diffusely distributed along the demyelinated axolemma, instead of highly concentrated in a narrow area of the node [31]. Similarly, it has been shown that the distribution of potassium channels changes from their strict paranodal location in myelinated axons to diffuse localisation along demyelinated or dysmyelinated internodes [33–36]. As in healthy unmyelinated fibres, the widespread distribution of these changes allow for greater amounts of ion movements across the axolemma during impulse conduction, thereby necessitating greater activity of  $\text{Na}^+/\text{K}^+$  ATPase, which accordingly increases ATP demand. It has been shown in models of ischemia [37, 38] and neurotrauma [39] that when such increased energy demand cannot be met due to insufficient ATP, the ensuing energy imbalance leads to accumulation of sodium ions in the axoplasm. Although harder to prove, high impulse conduction load is presumed to have a similar effect on intra-axonal sodium concentration, as the repetitive firing may lead to fast depletion of ATP. The high intra-axonal concentration of sodium, in turn, activates another pump called the sodium/calcium exchanger ( $\text{Na}^+/\text{Ca}^{2+}$  exchanger) to work in reverse [39], importing calcium ions from the extracellular space in exchange for intracellular sodium, whereas it normally exports calcium from the axoplasm. These changes lead to pathologically high intracellular concentrations of calcium within demyelinated axons [38, 39] and activation of

dangerous Ca-mediated cascades which, in experimental models of inflammatory-demyelination, result in axonal degeneration [30, 32].

From all the above, it is clear that two critical factors that determine the future of demyelinated axons are (1) the availability of ATP for the increased demand in the demyelinated segment and (2) the capacity of that segment to buffer excess calcium load. Both of these functions are performed by mitochondria; hence, unsurprisingly, mitochondria play a major role in determining the long-term outcome of demyelination. Importantly, however, following demyelination, the increased demand for mitochondria arises within an area that may be a long way away from the cell body. Therefore, other aspects of axonal function, such as those regulating mitochondrial transport from cell body along the axon, are essential for delivering mitochondria to the vulnerable site and thus at least equally important for long-term axonal survival.

### ***8.1.3 The Role of Mitochondria in Survival of Demyelinated Axon***

How long demyelinated axons survive in vivo is unclear. Answering this question is particularly difficult due to extremely limited availability of human tissue from demyelinated lesions. Even so, it has been apparent from the earliest descriptions of MS lesions, such as those described by Otto Marburg in 1906 [40], as well as from the more recent ones [41, 42] that some demyelinated axons can persist within the lesions long enough to become remyelinated. Autopsy material from patients who died early in the course of MS revealed crucial information about natural evolution of demyelinated axons in human brains during early stages of the disease. These studies showed that demyelinated axons that had newly arisen within previously unaffected white matter often become remyelinated, forming so-called shadow plaques [43, 44]. Furthermore, in one study of 98 lesions, approximately 15% of old shadow plaques showed evidence that axons within this area had been recently demyelinated for the second time [42]. Similar focal recurrence of new and chronic lesions has been reported in longitudinal MRI examinations [45–47].

Experimental models of demyelination and dysmyelination further elucidated the role of myelin in axonal survival. A number of significant differences between these, typically genetically modified, rodent models of myelin loss and multiple sclerosis, a disease that is yet to be faithfully reproduced in experimental animals, preclude us from drawing parallels between human and rodent demyelinated axons. Nonetheless, studies in which one myelin component has been replaced by another provided an important insight into the role of myelin as trophic support for axons. For example, a study in which the CNS myelin protein called proteolipid protein has been replaced by a peripheral nervous system (PNS) myelin protein called P0 in the CNS of mice showed that despite appropriate myelination and apparently intact compact myelin, these mice show increased rate of axonal degeneration and

subsequent neurological deficit in comparison with wild-type mice [48]. This and other studies [49, 50] have emphasised the role of myelin-forming cells in axonal health and survival independently of the role of myelin itself.

Given that myelin-forming cells provide trophic support [51] and the role of myelin in energy saving, successful remyelination of demyelinated axons, enables better and more long-lasting functionality and overall protection to axons than would be the case for the chronically demyelinated axons, as experimentally confirmed in mice [52]. Indeed, axonal degeneration represents a major feature of multiple sclerosis, as reported originally by Charcot [3]. Furthermore, axonal loss increases progressively over the duration of the disease [53, 54] and has been identified as a major determinant in the irreversible loss of neurological function [55]. Changes in mitochondrial activity and in organisation of the mitochondrial network help to promote axonal survival and thus play an important role in determining the overall disease progression rate.

### **8.1.3.1 Changes in Mitochondrial Distribution Associated with Demyelination**

As mitochondria are the main source of ATP in neurons, the increased demand for ATP brought about by myelin loss and subsequent changes in the nature of impulse conduction and the expression pattern of ion channels are closely accompanied by changes in the pattern and distribution of axonal mitochondria. More specifically, axonal mitochondria aggregate within demyelinated regions. For example, in experimentally induced segmental demyelination of cat optic nerve, the number of mitochondria per unit area, as assessed by the number of mitochondrial profiles on the cross-section of electron micrograph, was found to be up to 2.5 times greater in demyelinated than in control optic nerve axons [56]. Interestingly, the greatest mitochondrial density within these demyelinated segments coincided with periods of impulse conduction re-establishment (i.e. the transition from conduction block to slow, continuous conduction) [57] when the energy demand is predicted to be the highest (as long as the frequency of conduction is not greatly reduced) and then decreased in parallel with advancing remyelination and thus the decrease in axonal energy demand. Furthermore, the peak density of mitochondria in the demyelinated segments of the same optic nerve axons was nearly identical to the density of mitochondria in their unmyelinated, intraocular, counterparts which were not affected by this experimental demyelination [57]. Such closely comparable mitochondrial densities suggest that the levels of energy demand in demyelinated and unmyelinated axons of similar calibres are similar.

In vitro, the effect of demyelination on mitochondrial distribution within axons has been examined in organotypic cerebellar slice cultures and myelinating dorsal root ganglion (DRG) cultures [58]. Although being examined at postnatal day 8 or 9, axons in organotypic cerebellar slice cultures do not possess all the characteristics of adult myelinated axons. Nonetheless, like in the adult cat axons described above, their exposure to demyelinating agent lyssolecithin resulted in significant

increase in mitochondrial content in comparison with axons from control cultures, as assessed by electron microscopy [59]. A similar effect has been reported in cultures of rat embryonic peripheral nerve axons. Namely, mixed cultures of DRG and Schwann cells, isolated from embryonic day 16, can be maintained in culture for up to 9 weeks during which time Schwann cells can be induced to myelinate the growing DRG axons by addition of ascorbic acid to the culture medium [60]. When lysolecithin is added to these cultures, axons become demyelinated. Electron microscopy assessment has shown that following exposure to lysolecithin, the size of stationary mitochondrial sites within demyelinated axons significantly increases compared with myelinated axons [58]. Also, larger mitochondria become significantly more abundant in demyelinated than in myelinated axons. However, in this model system unlike in adult mice, despite this increase in size, the number of stationary mitochondrial sites per unit of axonal length remained identical in myelinated and demyelinated axons, suggesting that some smaller, newly aggregated, mitochondria may have fused in order to form large mitochondria. This difference between axons demyelinated in culture and demyelinated in situ likely reflects the fact that axonal growth is continuing in vitro and other differences in the axon maturity and type of myelination between these model systems. In another words, developing axons and adult axons may employ different mechanisms to increase mitochondrial mass within demyelinated region.

A significant increase in axonal mitochondrial content has also been observed in the corpus callosum of mice fed cuprizone [59], a toxin which causes demyelination by selectively killing oligodendrocytes [61], in comparison with control fed mice. In this elegant study, authors used a serial block scanning electron microscope to precisely reconstruct individual mitochondria within both demyelinated and myelinated axons and quantify mitochondrial number, length and volume. Using this technique, the study found that the number, length and volume of individual mitochondria were significantly greater in demyelinated than in myelinated axons. Overall mitochondrial volume per axonal volume of demyelinated axons was found to be double that of myelinated axons [59]. Another experimental model of demyelination also showed the increase in mitochondrial content in demyelinated axons. Targeted demyelination induced by stereotactic injection of ethidium bromide (EB) to the caudal cerebellar peduncle was also associated with increased axonal mitochondrial content, reaching the peak levels during demyelination and early remyelination, but staying high even in fully remyelinated axons [62]. The difference between remyelinated and myelinated axons was attributed to a significant increase in mitochondrial number rather than their size [62]. It is worth noting that the glial trophic support to the axons is removed in the above models, thus the increased myelin content may represent a response to the combination of increased ATP and trophic demand. In vivo, real-time confocal imaging data from our laboratory showed that in demyelination of the peripheral nerve induced with lysolecithin, the increase in mitochondrial density in the demyelinated segment faithfully coincides with the period of re-establishment of continuous conduction and thus the greatest energy demand, in such axons.



Finally, the change in mitochondrial density has also been reported in axons in multiple sclerosis lesions. Immunohistochemical labelling for a mitochondrial marker called endoplasmic reticulum-associated binding protein (ERAB) showed a significant increase in the level of this protein in axons within active demyelinating lesions in comparison with normal-appearing white matter [63]. Similarly, a significant increase in mitochondrial density judged by the level of voltage-gated anion channel (VDAC), a protein specific for the outer membrane of all mitochondria [64], has been found in axons within chronically demyelinated lesions compared with control and normal-appearing white matter [65]. The increase in density of mitochondria in some human lesions seems to persist beyond the duration of demyelination, remaining significantly greater in remyelinated than in normally myelinated axons [62]. Although the stage and the length of human lesions are difficult to assign and immunohistochemical studies are less powerful in determining the precise number and volume of mitochondria per axon area than serial electron microscopy, these studies nonetheless suggest that an increase in mitochondrial mass is an important mechanism for matching increased energy and metabolic demand in human, as well as in experimental, axonal demyelination.

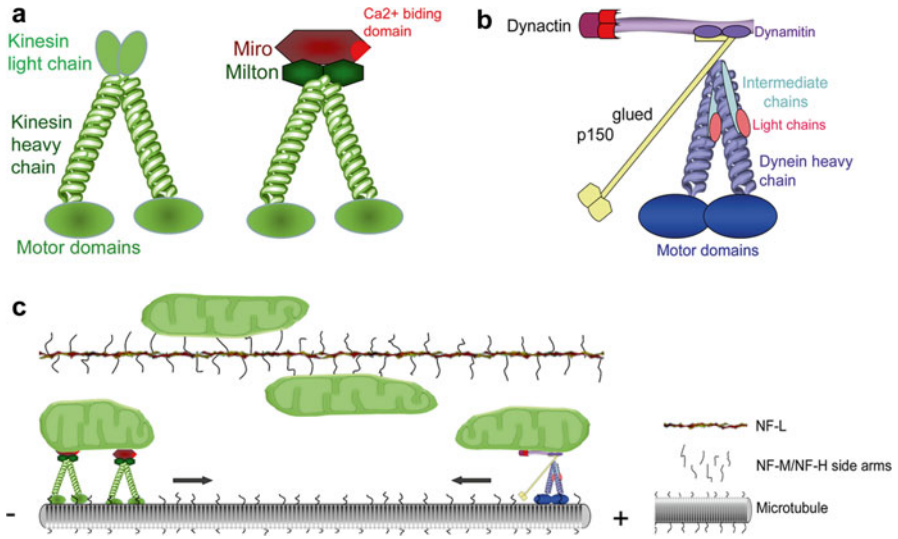
### ***8.1.4 Mechanisms Underlying Mitochondrial Redistribution Along Demyelinated Axons***

Mitochondria are remarkably dynamic organelles. In excised, intercostal nerve axons, about 15% of all axonal mitochondria appear mobile [66]. In electrically active PNS axons conducting within physiological range, the number, the size and the velocity of mobile mitochondria increase proportionally to increase in conduction frequency. Remarkably, this increased mobilisation of mitochondria within conducting axons preferentially affects anterogradely moving mitochondria, thus resulting in accumulation of mitochondria in peripheral nerve terminals [22]. Thus, expectedly, the mechanism underlying the redistribution of mitochondria to energetically demanding regions of axons following demyelination is closely coupled with axonal transport of these organelles.

#### **8.1.4.1 Axonal Transport of Mitochondria**

Mitochondrial axonal transport is complex and highly regulated process which involves specialised molecular machinery (Fig. 8.3). The two major components of this machinery are (1) microtubules, which serve as tracks, and (2) molecular motors, which carry mitochondria along the tracks.

Microtubules are long, cylindrical structures spanning the length of axon, formed by polymerisation of  $\alpha$ - and  $\beta$ -tubulin heterodimers. The heterodimers are assembled in such a way that  $\alpha$ -tubulin is always exposed at one end of the microtubule



**Fig. 8.3** Mitochondrial axonal transport machinery. (a) The canonical structure of kinesin 1, the main anterograde motor. Kinesin 1 consists of motor domains, heavy and light chains. The motor domains contain ATPase-hydrolysing moiety and bind to microtubules (shown in part c). Adaptor proteins Milton and Miro1, which also contain Ca<sup>2+</sup>-binding domain, bind kinesin to mitochondria (shown in part c) and play a part in regulation of mitochondrial arrest at sites of high Ca<sup>2+</sup> concentration. Using energy from ATP hydrolysis, kinesin makes step-like movements along microtubules towards its positive end (e), carrying mitochondria along the microtubule track. (b) Dynein is a multi-protein complex which acts as the major retrograde motor. Dynein also uses ATP for movement along the microtubules. For detailed structure of dynein see reference [76]. (c) Mitochondrial trafficking. Mitochondria are transported along microtubules by molecular motors kinesin 1 and dynein. Kinesin 1 moves towards the ‘plus end’ of the microtubule, which is typically furthest from the cell body. In contrast, dynein predominantly moves towards the ‘minus end’ of the microtubule, typically nearest the cell body. Stationary mitochondria appear to be bound to cytoskeletal proteins neurofilament medium (NF-M) and neurofilament heavy (NF-H) chain side arm bound to neurofilament light (NF-L) chain

and  $\beta$ -tubulin is exposed on the opposite end, thus giving intrinsic polarity to microtubules. By convention, the cell body-anchored end is called the ‘minus end’, and the growing end (with exposed  $\alpha$ -tubulin) is called the ‘plus end’. Such orientation whereby the ‘plus end’ points towards the axon terminal is nearly uniform in all axons [67] and plays an important part in axonal transport as molecular motors move preferentially in one direction. The major molecular motors for axonal transport are kinesin 1 and dynein [68]. These motors comprise of a number of specialised domains assembled into large, multiunit complexes (see Fig. 8.3). Two of the domains associate with microtubules and are thus called microtubule-binding domains. They are linked by a hinge region, resembling two feet (microtubule-binding domains), legs (light chains) and the hip (hinge region). The microtubule-binding domains exert ATP-hydrolysing activity [69]. Using the energy released by ATP hydrolysis, the ‘legs’ alternate in attaching and detaching from microtubules in

a stepwise motion, thus pulling along the cargo [70, 71]. One ATP molecule is hydrolysed for every 8 nm step of kinesin [72]. The kinesin family of molecular motors predominantly moves towards the ‘plus end’ of microtubules, thus enabling anterograde (from cell body towards the terminal) transport of cargoes [74, 75].

Other domains of molecular motors, often called adaptor domains, have functions such as binding cargoes and sensing changes in the local environment. In the kinesin family, major adaptor proteins are cargo-binding Milton and Miro1. Other adaptor proteins connecting kinesin and mitochondria include syntabulin, fasciculation and elongation protein zeta 1 (FEZ1) and RAN binding protein 2 (RANBP2). Miro1 contains a  $\text{Ca}^{2+}$ -sensing and  $\text{Ca}^{2+}$ -binding domain which plays a critical part in mitochondrial arrest at sites of high  $\text{Ca}^{2+}$  concentration. Namely, the linkage between Miro1 and mitochondria is disrupted by  $\text{Ca}^{2+}$  binding to Miro1, e.g. at sites of high (micromolar) intra-axonal concentrations of  $\text{Ca}^{2+}$  [73]. In this way, the  $\text{Ca}^{2+}$ -dependent binding of Miro1 to mitochondria regulates mitochondrial retention at sites of high  $\text{Ca}^{2+}$  concentrations.

Dynein is a particularly complex multi-protein motor (for detailed structure, see review by Hirokawa et al. [76]), which also uses ATP for movement along the microtubules. The dynein family, and a related large complex called dynactin, can move in both directions, but favour movement towards the ‘minus end’ of microtubules, enabling retrograde (towards the cell body) transport [77–79].

A number of studies have (reviewed in [34]) proposed that the purpose of mobilisation of axonal mitochondria by means of axonal transport is a physiological response which enables delivery of sufficient number of mitochondria to sites of high-energy demand or high  $\text{Ca}^{2+}$  concentration, such as peripheral nerve terminals, active growth cones and synapses. Data from our lab has shown that mitochondria are preferentially mobilised from the areas proximal to the segment depleted of ATP (i.e. from the side of the cell body or through the anterograde axonal transport). Also, it has been shown in cultured rat cortical and cerebellar neurons that mitochondrial motility affects other aspects of mitochondrial dynamics, such as fission and fusion [80]. For example, it has been shown that the probability that a mobile mitochondrion will get engaged in fusion with a stationary mitochondrion increases proportionally to the velocity of the moving partner, whereby the higher the speed at impact, the higher the chance that the colliding mitochondria will fuse [80].

Studies of mitochondrial transport in myelinating DRG cultures showed that the velocity of mitochondrial transported along the axons increases by almost 50 % following demyelination, returning to the same level as prior to demyelination once axons become remyelinated. On the other hand, data from our lab shows that, in contrast to myelinating DRG cultures, axonal mitochondrial transport within demyelinated peripheral nerve axons *in vivo* becomes significantly reduced just prior to demyelination. It is unclear what accounts for this difference, as the same agent, lysolecithin, is used in both systems. It seems likely that in cultured DRGs, which are unlikely to be conducting, and which are still growing while being examined, mitochondria need to be transported towards the growing cone [81] to populate the growing axons, whereas in adult axons imaged *in vivo* mitochondria had already been positioned along axons prior to demyelination [22].

Once recruited from other parts of the axon and transported towards the demyelinated segments, a specific mechanism for mitochondrial anchoring is activated to ensure that mitochondria remain within the demyelinated area. The protein which tethers mitochondria to microtubules and thus immobilises them is called syntaphilin [82]. Immunoreactivity for this protein has been shown to significantly increase in experimentally demyelinated *corpus callosum* in mice, when compared with controls [59]. Indeed, deletion of syntaphilin prevented mitochondrial accumulation within demyelinated axons in mice [59]. Furthermore, demyelinated axons in these syntaphilin-deficient mice show significantly higher susceptibility to degeneration than those in wild-type controls [59]. Also, the study showed that the degeneration of demyelinated axons in syntaphilin-deficient mice could be minimised when mice were treated with sodium channel blocker flecainide, thus supporting the hypothesis that impulse load-induced sodium/calcium cascade initiates axonal degeneration in such axons. In human axons obtained from post-mortem brains from patients with multiple sclerosis, increased immunohistological labelling for syntaphilin associated with mitochondrial labelling has also been reported [65]. Therefore, focal mitochondrial immobilisation mediated by the anchoring protein syntaphilin appears to represent a common and important adaptation mechanism for providing energy, and/or a local calcium buffer to areas where ion fluxes of sodium and  $\text{Ca}^{2+}$  into denuded axon segments may become augmented.

#### **8.1.4.2 Changes in Mitochondrial Function Associated with Demyelination**

Apart from the mitochondrial mass, changes in mitochondrial function have also been reported within demyelinated axons. In experimental demyelination, induced in mice fed a cuprizone diet, mitochondrial complex IV activity was significantly increased in comparison with the control diet-fed mice [83]. However, in this study, the increase in complex IV activity was found only in the early stages of the treatment, i.e. prior to immunohistochemically detectible demyelination, the level of this complex activity being similar between the groups during the overt demyelination [83]. In another study, using ethidium bromide injection to induce focal demyelination, the activity of mitochondrial complex IV has been found to be significantly increased in remyelinated axons in comparison with myelinated axons [62]. However, the study does not report the complex IV activity in demyelinated axons.

In human axons, an increase in activity of complex IV has been reported within MS lesions negative for proteolipid protein (PLP), one of the major components of myelin, using immunohistochemistry, histochemistry and biochemical assays [84]. Also, the increase in activity of complex IV was found in a subset of axons within inactive lesions [65]. Importantly, the axons showing increased complex IV activity appeared structurally intact and had no pathological accumulation of amyloid precursor protein or dephosphorylated neurofilament. It is possible, therefore, that the greater mitochondrial activity in these axons reflects the successful adaptation to conditions in such lesions, in the form of high local ATP production to enable

survival. However, only direct measurements of produced ATP, a methodology that is currently not available for human tissue, could directly address this hypothesis. Furthermore, studies that have examined lesions at different stages have described the opposite effect, i.e. the decrease of activity of mitochondrial complexes, as discussed below.

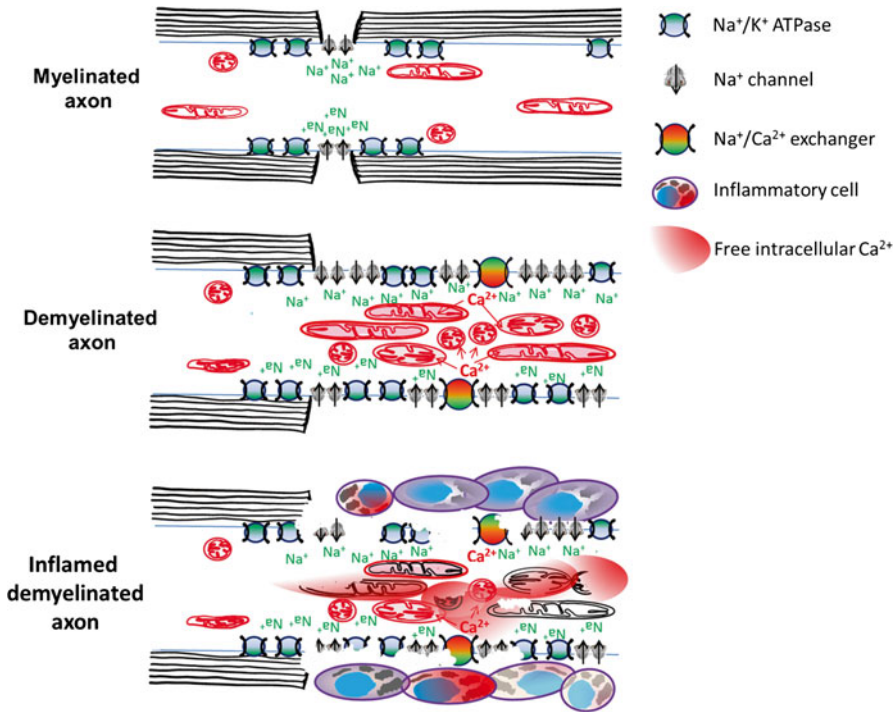
### ***8.1.5 Effects of Inflammation on Mitochondrial Function and Transport in Inflammatory-Demyelinating Lesions***

Inflammation is a major characteristic of MS. Importantly, a haematogenous inflammatory reaction develops within the CNS rapidly following initiation of lesions [85, 86]. The relative abundance of inflammatory cells has led to one of the most widely used classifications of MS lesions into active or inactive lesions. Typically, active MS lesions are characterised by the abundant presence of infiltrating inflammatory cells, mainly phagocytic macrophages filled with the initial degradation products of myelin, interspersed between segmentally demyelinated, relatively spared axons [87]. On the other hand, inactive (or chronic) lesions are typically characterised by fewer inflammatory cells scattered between demyelinated, thinly myelinated and damaged axons and intense glial scar [87]. Importantly, the extent of inflammation strongly and positively correlates with the magnitude of axonal degeneration [88, 89]. The mechanism underlying this high rate of axonal degeneration is partly attributed to inflammatory damage to mitochondria. Inflammatory cells produce a wide range of mediators [90–94], of which reactive nitrogen [95] and oxygen [96] species have been shown to be particularly toxic to mitochondria [97–102]. Indeed, while the increase in the activity of complex IV has been found in a subset of chronic, inactive white matter lesions [65, 84], at the active edge of these lesions where the inflammation is prominent, the complex IV activity has been found to be significantly decreased [65]. This pattern of complex IV activity is consistent with findings that reactive nitrogen and oxygen species produced by activated microglia and macrophages are potent inhibitors of complexes I and IV [103]. In the motor cortex of patients with MS, activity of complexes I, III and V (ATP synthase) has been found to be significantly decreased in comparison with non-neurological controls, even in the areas that had been classified as ‘not lesioned’ by conventional ultra- and immunohistochemical methods [48]. Interestingly, the activity of complex IV in patient tissue was comparable to that of controls, raising the possibility that the increase in activity of complex IV is a compensatory mechanism to maintain mitochondrial membrane potential. Nonetheless, the decrease in activity of complex V in this study suggests that neurons in the cortex of MS patients were deprived of ATP even before they become demyelinated. The decrease in the activity of the complexes in this study may be explained by the low expression of nuclear genes encoding for mitochondrial respiratory chain proteins [48]. However, it is unclear what caused the low expression pattern of these genes. Another study that

reported a decrease in activity of complex I in chronic active lesions suggested that the cause may be the oxidative damage to mitochondrial DNA [104]. Experimental studies in acute, lipopolysaccharide (LPS)-induced model of systemic inflammation (sepsis) in rats showed that, compared with controls, systemic inflammation reduces activity of all mitochondrial complexes and oxygen consumption and significantly lowers production of ATP in mitochondria isolated from the liver [105] or heart muscle [106] and that this effect is prevented with antioxidant therapy. Also, injection of LPS in mouse brain has been shown to increase lipid peroxidation and decrease glutathione content at the site of injection, causing loss of mitochondrial membrane potential and mitochondrial integrity [107].

Experimental studies have further elucidated mechanisms by which mitochondria participate in axonal damage within active MS lesions. For example, *in vivo* confocal imaging of spinal cord axons of mice with experimental autoimmune encephalomyelitis (EAE), a widely used model of MS, demonstrated changes in the shape of intra-axonal mitochondria consistent with mitochondrial fragmentation [108]. Similar morphological changes in axonal mitochondria could be reproduced by external addition of reactive oxygen species, implicating this mediator in mitochondrial damage in EAE [108]. Functional status of such fragmented mitochondria is difficult to assess, although the fragmentation occurred preferentially within the axonal ovoids, the formations often preceding axonal transection. Studies from our lab suggest that fragmentation of axonal mitochondria occurs at the onset of neurological deficit in EAE and that it is associated with loss of mitochondrial membrane potential. Further *in vivo* confocal imaging studies showed that axonal transport of mitochondria and other cargoes is significantly reduced in EAE in comparison with axons from control mice, leading to loss of mitochondria in distal segments of affected axons [109]. Similarly to mitochondrial fragmentation, this axonal transport deficit preceded structural deficits and could be rescued by redox scavengers [109].

Inducible nitric oxide synthase that synthesises nitric oxide (NO) production in macrophages, another potent mitochondrial toxin, is often found in inflammatory foci in MS [95, 110]. Apart from possibly inhibiting mitochondrial respiration and thus ATP depletion, NO has another detrimental effect. Specifically, NO [111], as well as ROS [112], has been shown to play a role in the induction of the so-called mitochondrial permeability transition pore (mPTP), an inner mitochondrial membrane channel permeable for small molecules and solutes [113]. Abrupt opening of mPTP leads to loss of mitochondrial membrane potential, uncoupling of oxidative phosphorylation and rapid mitochondrial swelling. Perhaps most dangerously for the axon, the opening of mPTP releases intra-mitochondrial  $\text{Ca}^{2+}$  into the axoplasm, raising its concentration to pathologically high levels. Bearing in mind the capacity of mitochondria to store large amount of  $\text{Ca}^{2+}$  [114], the opening of mPTP is expected to be particularly detrimental within demyelinated segments of axons which already exhibit high mitochondrial density. Furthermore, mitochondria in such segments are likely to contain high  $\text{Ca}^{2+}$  concentration, given the altered ionic balance of demyelinated axon, including the described reversal of  $\text{Na}^+/\text{Ca}^{2+}$  exchanger.



**Fig. 8.4** Schematic representation of main axonal and mitochondrial changes following demyelination. *Top panel:* In myelinated axon, sodium channels are concentrated within narrow nodes of Ranvier. Sodium/potassium ATPase pumps sodium ions out of the axons following action potential propagation, thus re-establishing resting membrane potential. Mitochondria are distributed along the internode to provide ATP for the action of sodium pump. *Middle panel:* Following demyelination, sodium channels become distributed along the whole denuded surface of axolemma, thus facilitating continuous conduction of action potentials. The increased axoplasmic concentration of sodium ions brought about by continuous conduction necessitates greater activity of sodium pump. In addition, Na<sup>+</sup>/Ca<sup>2+</sup> exchanger operates in reverse, i.e. exports Na<sup>+</sup> in exchange for Ca<sup>2+</sup>. Increased ATP demand and Ca<sup>2+</sup> concentration induce increase in the number and size of mitochondria within the demyelinated segment, thus enabling its function and survival. *Bottom panel:* Inflammation disturbs the balance between the energy demand and supply established within demyelinated axons. Inflammatory mediators inhibit mitochondrial respiration, thus depleting ATP, and open mitochondrial permeability transition pore, releasing small solutes from mitochondrial matrix, including Ca<sup>2+</sup>, which triggers a number of pathological processes leading to rapid axonal degeneration

Taken together, the strong association between inflammation and impairment of mitochondrial function demonstrated in studies above suggests that inflammatory environment may be the deciding factor with regard to mitochondrial involvement in axonal survival vs. axonal degeneration (summarised in Fig. 8.4). More specifically, in the absence of inflammation, intrinsic capacity of axonal mitochondrial network to match the increase of the local demand for energy production and Ca<sup>2+</sup> handling appears sufficient to enable long-term axonal survival in adverse conditions

such as demyelination. However, the presence of focal inflammation may disturb this balance by damaging mitochondria. This effect of inflammation on mitochondria may be particularly harmful in areas of axons in which mitochondrial mass had previously increased in order to buffer excess  $\text{Ca}^{2+}$ .

## 8.2 Guillain-Barré Syndrome and Inflammatory Neuropathies

Guillain-Barré syndrome (GBS) is a life-threatening, postinfectious, immune-mediated disease of the peripheral nervous system characterised by ascending muscle weakness. It is believed that the disease arises when the subject's immune response generates pathogen-specific antibodies that are cross-reactive with components of the peripheral nerve myelin or axolemma, resulting in myelin and/or axonal damage. Most patients recover; however, about a half retain residual neurological deficits [115]; and a proportion develop a chronic form of the disease known as chronic inflammatory-demyelinating polyradiculoneuropathy (CIDP) [116]. Although the triggers of GBS and CIDP have not been identified, and may be different, both of these diseases are characterised by inflammatory infiltration of the peripheral nerves, predominantly by lymphocytes and activated macrophages [117–121]. It has been shown that these cells produce the usual pro-inflammatory mediators, such as nitric oxide, ROS, proteases and pro-inflammatory cytokines [122]. However, little is known about the effect(s) of inflammation on mitochondria within the affected nerves. Also, it is not known whether mitochondrial dysfunction, either pre-existing (perhaps hidden by compensatory mechanisms active in noninflamed nerves) or secondary (caused by the inflammation), contributes to the pathogenesis of immune-mediated peripheral neuropathies. As mentioned above, some of these pro-inflammatory factors interfere with mitochondrial function and dynamics. For example, nitric oxide, produced by inducible nitric oxide synthase (iNOS) in activated macrophages, has been shown to reversibly inhibit mitochondrial respiration [97, 98]. It is likely that such NO-induced damage to mitochondria occurs in inflamed peripheral nerve axons, as the presence of nitrotyrosine, a marker of nitric oxide-mediated peroxynitrite formation, has been identified in nerve biopsies from patients with CIDP [122]. In neuron and Schwann cell cocultures, neurons seem intrinsically more susceptible than Schwann cells to detrimental effects of pathological concentrations of NO [122]. Furthermore, nitric oxide has been shown to lead to excessive mitochondrial fission in cultured cortical neurons via S-nitrosylation of dynamin-related protein 1 [123, 124]. It is possible that NO produced by iNOS-positive inflammatory cells may result in excessive mitochondrial fission in peripheral nerve axons during the course of inflammatory neuropathies. However, whether and how inflammation alters mitochondrial function and transport in axons *in vivo*, it is entirely unknown. It could be speculated that, as in the CNS [109] and other cells [125], certain inflammatory signals may impair mitochondrial transport in



peripheral nerve axons. For example, in cultured fibroblasts, tumour necrosis factor alpha (TNF $\alpha$ ) has been shown to inhibit mitochondrial transport by function of hyperphosphorylation of motor protein kinesin 1 [125]. Disruption of microtubule networks, as shown to occur during experimental autoimmune encephalomyelitis in mice [126], may further contribute to impairment of mitochondrial transport in peripheral nerve axons.

### 8.3 Conclusion

Impulse conduction, myelination status and effects of inflammatory insult to the axons are closely interconnected and interdependent. Highly dynamic axonal mitochondria represent a major adaptive mechanism for maintaining functionality and structural integrity of axons under pathological conditions. To this effect, mitochondria act as a network rather than as individual organelles. Utilising upregulation in mitochondrial complex activity, changes in fusion/fission balance and redistribution of mitochondrial mass, mitochondrial network can be effectively reorganised to achieve optimal Ca<sup>2+</sup> storage and supply of ATP to vulnerable regions of long axonal tracts. Such reorganisation and functional adaptation enables both short- and long-term protection against neurodegeneration. These adaptive modifications may, however, become exhausted under sustained or aggressive inflammatory attack. Furthermore, toxic effects of inflammatory mediators on Ca<sup>2+</sup>-laden axonal mitochondria may result in destructive rise in intra-axonal Ca<sup>2+</sup> levels and subsequent rapid axonal degeneration. Further evidence is hence needed to fully establish the role of mitochondria in the pathogenesis and/or progression of the inflammatory diseases of central and peripheral nervous systems.

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# Chapter 9

## Mitochondria, the Synapse, and Neurodegeneration

Alexia Chrysostomou and Doug M. Turnbull

**Abstract** Mitochondria have a remarkably sophisticated structure and essential function within neurons that ensure normal synaptic transmission and maintained synaptic plasticity and hence normal information processing that can occur within the brain. The importance of mitochondria for synaptic structural preservation and activity is exemplified by a high mitochondrial density at synaptic sites, whereas synaptic mitochondrial dysfunction or loss of mitochondria from synapses leads to synaptic abnormalities. The increasing body of evidence for mitochondrial defects, early synaptic dysfunction, and/or decreased synaptic density in common neurodegenerative disorders places these organelles at centre stage and establishes synaptic mitochondria as good candidates for drug targeting. In this chapter, we describe synaptic mitochondrial functions and present the evidence for synaptic disturbances in common neurodegenerative and mitochondrial diseases. Finally, we discuss the proposed mechanisms of neuronal loss with a focus on early synaptic loss.

**Keywords** Synapses • Mitochondria • ATP • Calcium buffering • Alzheimer's disease • Parkinson's disease • Huntington's disease • Mitochondrial disease • Synaptopathy • Neurodegeneration

### 9.1 Neurons and Mitochondria

The highly specialized neuronal morphology allows neurons to form networks that control and facilitate all the information processing that occurs within the brain. Information is conveyed from one neuron to another via synaptic transmission, a process that is highly dependent on mitochondrial function. Hence, mitochondrial

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biogenesis, transport, and quality control are vital to neuronal health and furthermore to brain function.

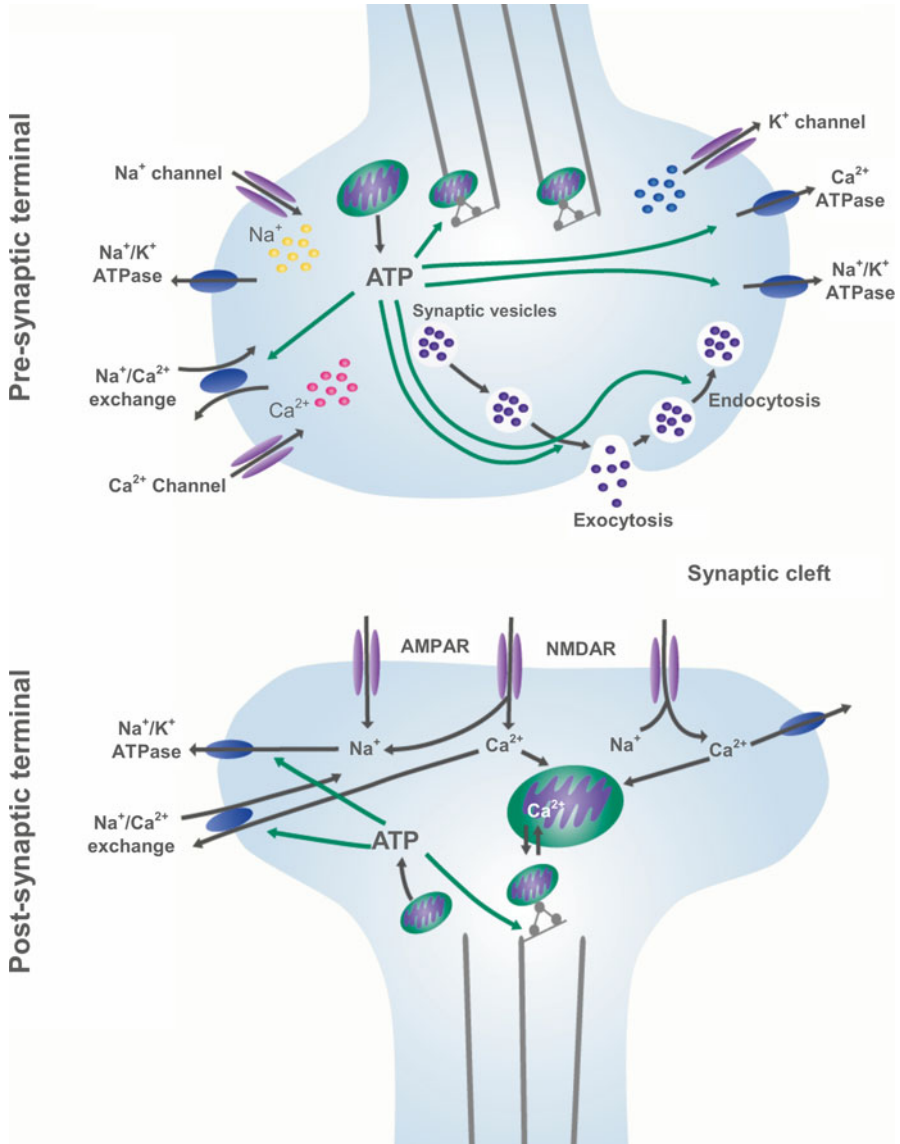
### **9.1.1 Mitochondrial Biogenesis and Axonal Transport**

Although mitochondria retain a small genome (mitochondrial DNA, or mtDNA) encoding 13 proteins, the majority of mitochondrial proteins are encoded by nuclear DNA. Thus, mitochondrial synthesis and recycling have traditionally been thought to occur in neuronal nuclei [1] and that mitochondria are conveyed to/removed from distal parts of the axon via motor protein-assisted transport. There are two types of axonal mitochondrial transport, anterograde and retrograde. Anterograde transport is facilitated by kinesin motors and involves mitochondrial transport towards the axonal terminal end of microtubules [2]. Vertebrate neuronal mitochondria move anterogradely with an estimated speed of  $\sim 0.32 \mu\text{m/s}$  [3]. Dyneins, on the other hand, facilitate retrograde mitochondrial transport back to the cell body (towards the minus end of microtubules) [4], with a predicted speed of  $\sim 0.38 \mu\text{m/s}$  in vertebrate neurons [3]. Mitochondria constantly undergo cycles of moving, stopping, and restarting. They are capable of moving in both directions, whereas specific neuronal and physiological signals promote mitochondrial anchoring to particular neuronal sites [5–8].

However, some neurons possess long axons, several hundred centimetres in length, which would make it impossible for slow-moving mitochondria to reach distal synapses fast enough to meet the synaptic energetic demands. It is thus of no surprise that there is a growing body of evidence suggesting that there are local protein machineries that account for axonal and presynaptic protein synthesis. More specifically, research using invertebrate systems [9, 10], cultured sympathetic [11, 12] and sensory neurons [13], demonstrated the presence of microRNAs that function locally and affect neuronal development and axonal function [14]. The same was proven to be true for mitochondrial proteins, since short-term inhibition of axonal protein synthesis had adverse effects on mitochondrial function [15].

## **9.2 Synaptic Mitochondrial Functions**

Although the brain only occupies 2% of our bodies' mass, it consumes 20% of the organisms' oxygen at rest [16]. Neurons are highly metabolically active and as such are heavily dependent on mitochondria for energy (ATP) production. Nonetheless, mitochondrial function in specific sub-neuronal compartments goes beyond ATP synthesis, placing mitochondria at the centre of neuronal life and death. Synaptic mitochondrial functions are described below; a summary of which is presented in Fig. 9.1.



**Fig. 9.1** Summary of synaptic mitochondrial functions. Mitochondria are enriched at synaptic sites (axonal terminals and neuronal dendrites), where their function is crucial for synaptic transmission. At the presynaptic terminal, mitochondrial-generated ATP is used to drive synaptic vesicle transport, release, and endocytosis (synaptic vesicle recycling) and regulate ionic fluxes necessary for action potential propagation (via fuelling ATPases) and motor protein-assisted organelle transport to/from the synapse. Postsynaptic mitochondria are essential for synaptic transmission preservation since mitochondrial ATP production and calcium buffering capacities are key for reversing ionic gradients generated following transmitter release and uptake

### 9.2.1 ATP Production

The vast majority of neuronal energy is produced by mitochondria in the form of ATP, via the electron transport chain (ETC) and oxidative phosphorylation (OXPHOS) (see Chap. 1). Distinct sub-neuronal compartments like active growth cones, nodes of Ranvier, and synapses have considerable metabolic demands explaining mitochondrial clustering in these regions [8]. More specifically, studies performed on rat [17] and human [18] cerebral cortex have revealed that signalling processes and synaptic transmission consume most of the ATP produced in the brain. Brain regions that are particularly rich in neurons, for example, the cortex, have increased synaptic density and exhibit extensive energy usage [19]. Both the pre- and postsynaptic terminals require mitochondrial-generated ATP for normal synaptic transmission to occur.

At the presynapse, mitochondria provide the energy necessary to drive ionic pumps and hence regulate the ion fluxes necessary for action potential initiation [17]. Previous work has suggested that mitochondrial density in nerve terminals is linked to synaptic activity [20], while synaptic vesicle transport [21], exocytosis, and recycling have also been demonstrated to be dependent on ATP supply from mitochondria [22, 23].

The energetic expenditure of postsynaptic compartments is even greater, since ATP is required for reversing the ionic gradients produced following excitation [19]. This is not the case for inhibitory postsynaptic compartments, though, since  $\text{Cl}^-$  influx upon inhibition is counterbalanced by the  $\text{Cl}^-$ - $\text{K}^+$  uniporter, and thus much less ATP is required to reverse  $\text{Cl}^-$  movements [24, 25].

Studies on rat synaptosomal preparations [26] and isolated synaptic mitochondria [27] have demonstrated the importance of mitochondrial respiratory chain complex function in oxygen consumption rates and energy availability in nerve terminals. Moreover, studies on cultured hippocampal neurons by Overly and colleagues (1996) were suggestive of less motile but more metabolically active mitochondria in dendrites compared to axons [28], while impaired mitochondrial protein translation in *Drosophila* led to significant disruptions in dendritic morphology [29]. Recently, the use of a fluorescent reporter in cultured hippocampal neurons facilitated the quantification of presynaptic ATP (*syn*-ATP) [30]. Energetic demand at the synapse was driven by synaptic activity and was met by glycolytic and mitochondrial-mediated energy generation, necessary for maintained synaptic function [30].

### 9.2.2 Calcium Buffering

The primary signal that is sensed by mitochondria in the synapse and causes mitochondrial anchoring to these sites is elevated cytosolic ( $\text{Ca}^{2+}$ ). Mitochondria are important for maintaining neuronal calcium homeostasis, while their buffering capacity is central in establishing neuronal polarity and axonal differentiation [31].

Calcium buffering by mitochondria is key for rapid recovery and therefore synaptic transmission preservation following tetanic stimulation in glutamatergic synapses [32]. Mitochondrial calcium uptake is also important for synaptic plasticity as demonstrated in hippocampal neuronal cultures [33], hippocampal slices [34], and crayfish neuromuscular junctions [35]. Hippocampal neurons cultured from syntaphilin knockout mice were exhibitivive of enhanced short-term facilitation following tetanic stimulation (10 and 50 Hz), without however any consequent effects on the frequency, amplitude, or kinetics of excitatory postsynaptic potentials [33]. On the contrary, CA1-CA3 neuronal synaptic plasticity (short- and long-term) was debilitated following treatment with cyclosporin A and subsequent mitochondrial permeability transition pore block [34]. Similarly, impaired mitochondrial  $\text{Ca}^{2+}$  influx/efflux, due to CCCP, TTP<sup>+</sup>, or ruthenium red application, abolished post-tetanic potentiation in crayfish neuromuscular junctions [35].

Interestingly, synaptic mitochondria appear to have a lower threshold for calcium uptake before their membrane potential collapses, and mitochondrial function is impaired relative to their non-synaptic counterparts [36]. Overall, synaptic mitochondria appear to be more susceptible to calcium overload and respiratory chain complex dysfunction compared to mitochondria of non-synaptic origin. This inherent susceptibility of synaptic mitochondria could explain the extent and severity of synaptic changes observed in neurodegenerative disorders in which mitochondrial function is implicated in the pathogenesis.

### 9.3 Evidence for Synaptic Disturbances in Neurodegenerative Diseases

Following evidence that highlights the contribution of synaptic mitochondria to normal synaptic signalling and considering that mitochondrial dysfunction is directly involved in the pathophysiology of neurodegenerative disorders [37, 38], it comes as no surprise that synaptic abnormalities are pronounced in neurodegenerative disorders. Not only are synapses negatively affected in neurodegenerative disease, their dysfunction has actually been demonstrated to be important in the genesis and progression of many neurodegenerative conditions [39, 40].

#### 9.3.1 *Alzheimer's Disease*

The abnormal deposition of amyloid beta protein ( $\text{A}\beta$ ) in plaques and the presence of hyperphosphorylated *tau* are used to definitively diagnose Alzheimer's disease (AD) [41]. Neuropathological studies have demonstrated that structural and functional synaptic alterations occur well before cortical synaptic and neuronal loss,

while decreased synaptic density correlates strongly with the severity of cognitive impairments in patients with this disease [42, 43].

Ultrastructural studies on postmortem brain samples from patients with AD reveal a severe decrease (~45%) in synaptic bouton density compared to controls [44, 45]. Moreover, transgenic mouse lines that express mutant forms of the amyloid precursor protein (APP) show evidence of decreased dendritic extension and spine density [46], implying that neuronal communication is lost in areas critically affected by the disease. Indeed, electrophysiological recordings from hippocampal slices that originate from mice injected with synthetic forms of A $\beta$  [47] and A $\beta$  oligomers originating from AD patients' brains [48] establish the functional impact of structural synaptic changes on synaptic plasticity. Both synthetic protein motifs and protein oligomers isolated from patients with AD significantly decrease long-term potentiation (LTP), a surrogate experimental model for learning and memory, whereas A $\beta$  oligomers from patients' brains further enhance long-term depression (LTD) [47, 48].

Interestingly, A $\beta$  deposition was evident in synaptic mitochondria isolated from APP transgenic mice early in life (at 4 months) and prior to extracellular A $\beta$  accumulation [49]. Synaptic organelles had decreased respiratory function compared to non-synaptic counterparts, as exemplified by decreased cytochrome *c* oxidase activity, prominent oxidative damage, and increased probability of permeability transition. Additionally, axonal mitochondrial density and trafficking declined in hippocampal neuronal cultures from the same mice [49].

### 9.3.2 *Parkinson's Disease*

Parkinson's disease is the second most common age-related neurodegenerative disease (after Alzheimer's), arising mainly due to a combination of genetic and environmental factors (~90% of PD cases are sporadic). Only a small percentage (~10%) of PD patients report a family history of the disease, attributed mainly to mutations in genes involved in mitochondrial quality control [50]. These include PTEN-induced putative kinase 1 (PINK1) and parkin, detailed descriptions of which are provided in Chap. 11. For the purpose of this chapter, we will focus on  $\alpha$ -synuclein, DJ-1, and leucine-rich repeat serine/threonine-protein kinase 2 (LRRK2), mutations in which are also associated with familial forms of PD [50].

$\alpha$ -Synuclein is enriched at presynaptic sites and is closely associated with synaptic vesicles [51], exerting a direct effect on synaptic transmission. This is exemplified by protein knockout in mice, which caused significantly decreased numbers of undocked synaptic vesicles that were proven to be the limiting factor of neuronal transmission following repetitive depolarization [52]. Moreover, aggregated  $\alpha$ -synuclein (the main constituent of Lewy bodies) modifies presynaptic protein interactions with negative downstream effects on synaptic vesicle exocytosis and neurotransmitter release as shown in the human postmortem brain [53].

DJ-1 is believed to be an oxidative stress sensor, since it translocates from the nucleus to mitochondria following oxidative damage [54]. The protein may

interact with  $\alpha$ -synuclein during both normal and diseased states [55] and is also believed to be important for synaptic transmission. Brain slices from DJ-1 knockout mice demonstrated that the balance between neurotransmitter (dopamine) release and reuptake was disturbed, while LTD failed to be induced. Moreover, neuronal sensitivity to transmitter release was decreased and animals were hypoactive [56].

Goldberg and colleagues have also generated parkin-deficient mice in an attempt to characterize the effects of this protein in nigrostriatal pathway communication. They have noticed that increased currents are required to induce postsynaptic neuronal excitability and spike initiation; however, there was no evidence of neuronal loss in the pathway [57]. Likewise, decreased dopamine release followed by impaired synaptic plasticity (LTP and LTD) was noticed in striatal slices from PINK1-deficient mice [58]. Finally, mouse models for LRRK2 dysfunction are denotive of impaired dopaminergic neurotransmission accompanied with poor motor performance [59].

### 9.3.3 *Huntington's Disease*

This trinucleotide repeat expansion disorder has been closely linked with mitochondrial dynamics and function. Key proteins for controlling mitochondrial dynamics have altered expression levels in patients with Huntington's disease (HD) [60]. Postmortem brain samples from patients and huntingtin (htt) transgenic mice displayed increased dynamin-related protein 1 (Drp1) enzymatic activity associated with increased mitochondrial fragmentation. Fragmented organelles were less motile in primary cultures and were mainly localized in neuronal cell bodies. mRNA levels of key synaptic proteins were significantly decreased, while dendritic branching declined [61]. Given that the ubiquitin-proteasome system (UPS) is important in synaptic plasticity and function, sequestration of an E3 ubiquitin ligase (Ube3a) by mutant htt aggregates in the nucleus and its removal from synapses [62] as well as decreased synaptic UPS activity in primary neurons (striatal and cortical) and knock-in mice (expressing full-length htt with extra 150 CAG repeats) may result in synaptic rigidity and dysfunction [63].

Further to mitochondrial structure, mutant huntingtin (htt) affects mitochondrial trafficking in neurons since vesicles and mitochondria are immobilized in the striatum of transgenic mice (expressing full-length human htt with 16 or 72 repeats) and in striatal neurons in vitro [64]. Similarly, axonal htt aggregates in primary cortical neurons impair mitochondrial transport along the axon without, however, affecting the ability of mitochondria to buffer  $\text{Ca}^{2+}$  [65]. Association of mitochondria with specific N-terminal mutant htt adversely affects the association of mitochondria with proteins involved in its axonal transport, thus explaining for altered distribution and decreased mitochondrial transport rate in cultured cells from knock-in mice (*Hdh* (CAG)150) [66]. Aberrant neuronal distribution of mitochondria results in synaptic ATP shortage with likely downstream effects on synaptic transmission [66].

Mutant htt localisation on the outer mitochondrial membrane is associated with increased mitochondrial vulnerability to calcium, opening of the permeability transition pore, and release of cytochrome *c* [67]. Moreover, the ability of mitochondria to take up calcium is impaired and accompanied by elevated reactive oxygen species (ROS) production, mitochondrial fragmentation, and striatal cellular death in the presence of mutant htt (STHdh<sup>Q111/Q111</sup>) [68]. Thus, mitochondrial dysfunction in the presence of mutant htt impacts on cellular survival.

### 9.3.4 Amyotrophic Lateral Sclerosis

The preferential loss of lower and upper motor neurons is characteristic of patients with amyotrophic lateral sclerosis (ALS) [69]. This neurodegenerative disease may be familial or sporadic, with the majority (~50 %) of familial cases attributed to a hexanucleotide repeat expansion [70] followed by mutations in the superoxide dismutase 1 (SOD1) gene (~20 %) [71].

Mutant [72, 73] and wild-type [74] forms of SOD1 are localized to mitochondria and therefore may negatively affect mitochondrial structure and function early in disease pathogenesis. Indeed, degenerating mitochondria with disorganized cristae and leaky outer membranes have been detected in motor neuronal processes of presymptomatic SOD1 mouse models, attributed to mutant protein localisation to the mitochondrial membrane [75, 76]. Similarly, mitochondria aggregate within the motor axons of young (2 months prior to disease onset) mutant mice (G39A) [77] and axosomatic synapses, contacting degenerating and normal anterior horn cells, of patients with sporadic ALS [78]. Further to altered organellar morphology, recruitment of mutant SOD1 to mitochondria results in aberrant respiratory chain activity [79, 80], impaired Ca<sup>2+</sup> buffering capacity [81, 82], and activation of apoptotic cell death [82–85].

Synaptic abnormalities occurring early in disease pathogenesis and prior to motor neuron loss and disease phenotypic manifestation suggest that ALS is a distal axonopathy. Electron microscopic examination of normal anterior horn cells in the lumbar spinal cord of patients with ALS showed atrophy of the cell body and decreased synaptic density and length [86]. Likewise, Fischer and colleagues report on a sporadic case of ALS with preserved motor neuron density but with evidence of acute and chronic changes in muscle fibre innervation [87]. The same group documents early (day 47) endplate denervation and progressive axonal loss (starting at day 80) in mutant SOD1 mice (G93A) with preserved motor neuron cell bodies [87]. Fast-type neuromuscular synapses are preferentially lost, while remaining contact sites lose their ability to undergo plastic alterations [88].

## 9.4 Synaptic Pathology in Primary Mitochondrial Disease

Mitochondrial disease encompasses a genetically and phenotypically heterogeneous group of disorders due to either primary mtDNA mutations or defects in nuclear DNA-encoded genes involved in mtDNA maintenance, respiratory chain

assembly, and function (see also Chaps. 2 and 4). Neurological and non-neurological symptoms may manifest in patients with mitochondrial disease, although neurological disease is the most common feature [89]. Decreased fresh brain weight in patients with mitochondrial disease compared to age-matched controls and abnormal neuroradiological findings is suggestive of severe neurodegeneration and consequent brain atrophy [90] (for a general description of the neuropathology of mitochondrial disease, see Chap. 2).

## **9.4.1 Human Postmortem Brain Tissue**

### **9.4.1.1 Immunohistochemical Observations**

Further to generalized neurodegeneration in the brain of patients with mitochondrial disease, there are sub-neuronal compartment-specific abnormalities. These mainly include the synaptic terminal connections that link Purkinje cells to dentate nucleus neurons within the cerebellum. More specifically, synaptophysin immunoreactivity has indicated a decrease in presynaptic terminal density in the dentate nucleus of patients carrying the m.3243A>G and m.8344A>G point mutations, although Purkinje cell numbers were preserved in the cerebellar cortex. Furthermore, increased synaptophysin deposition has been detected in the absence of apparent postsynaptic dentate nucleus neurons in a patient carrying the m.14709T>C point mutation [91], giving rise to “ghost synapses”. Similarly, immunohistochemical staining for synaptophysin (generalized synaptic input) and calbindin (Purkinje cell-specific input) in patients with large-scale mtDNA deletions was exhibitiv of sparse immunoreactivity and swollen terminals with empty spaces around dentate nucleus neurons, respectively [92].

In addition to changes in the density and morphology of Purkinje cell presynaptic terminals, neuronal dendrites and axonal regions proximal to Purkinje cell bodies are also abnormal. Multiple axonal swellings, known as torpedoes, were detected in the granular cell layer, and more arborized thickened dendritic trees were found in the molecular layer of a patient with a single large-scale mitochondrial DNA deletion [91].

### **9.4.1.2 Quadruple Immunofluorescence and Three-Dimensional Reconstruction of Synapses**

The frequent involvement of the cerebellum in mitochondrial disease, the relatively simple and well-documented intracerebellar circuitry, and the evidence for disturbed Purkinje cell-dentate nucleus neuronal communication have driven us to focus on these sub-neuronal structures in an attempt to gain further insights into the degenerative process occurring in mitochondrial disease.

A developed quantitative quadruple immunofluorescent technique has allowed the three-dimensional reconstruction of presynaptic terminals and the precise assessment of mitochondrial respiratory chain protein expression within these structures. The majority of patients studied had decreased inhibitory synaptic contact



sites to the dentate nucleus neurons, including patients with the m.3243A>G, m.8344A>G, and recessive *POLG* mutations. Interestingly, synaptic loss was associated with increased size (measured as volume) of residual synapses suggesting that the increase in size could reflect a compensatory response in order to maintain the total synaptic contact area constant [93]. Additional to structural changes, the synapses of patients with mitochondrial disease have altered respiratory chain protein expression. Preserved Purkinje cell synapses on dentate nucleus neurons have variably decreased levels of complex I, whereas synaptic complex I expression correlates with the severity of ataxia documented in these patients. Thus, synaptic pathology in patients with mitochondrial disease is likely to contribute to the progression of ataxia [93].

### 9.4.2 Cell Culture/Animal Models of Synaptic Pathology

Altered mitochondrial dynamics negatively affect synaptic contact and dendritic spine numbers considered to be due to a subsequent decrease in dendritic mitochondrial density. Moreover, mitochondrial distribution throughout the neuron could be a possible determinant of synaptic formation following repetitive excitation, since mitochondrial localization in dendritic protrusions after stimulation favours new spine formation [94].

Mice deficient for the mitochondrial fusion protein optic atrophy 1, OPA1, show a close correlation between mitochondrial localization, dynamics, and synaptic density. Heterozygous rodents aged 10–15 months had decreased retinal ganglion cell synaptic density, preceded by mitochondrial fragmentation and withdrawal back to the soma within the inner plexiform layer [95]. Furthermore, mitochondrial absence from *Drosophila* neuromuscular junctions, as a result of mutations in the mitochondrial fission protein Drp1, severely affected transmitter release. Despite maintained basal synaptic function under resting conditions, application of electrical currents up to 10 Hz impaired normal signal transduction [21]. For more details on the impact of mitochondrial dynamics on neuronal health, refer to Chap. 7.

## 9.5 Artificial Inhibition of Synaptic Mitochondria

Further to observations made in patients with or models of mitochondrial disease, evidence for the significance of mitochondrial changes to the synapse also arises from artificial inhibition of respiratory chain complexes.

Application of drugs such as rotenone, myxothiazol, and potassium cyanide, known to inhibit complexes I, III, and IV of the electron transport chain, respectively, in isolated synaptic mitochondria suggests that there are activity thresholds above which mitochondrial ATP production is severely affected. Since glycolysis

alone cannot compensate for mitochondrial energy depletion in neurons, it is likely that degeneration preferentially occurs in nerve terminals [27].

Further to in vitro synaptic and synaptosomal preparations, some experiments induced deficiencies within the electron transport chain and/or of OXPHOS in animal neuromuscular junctions (NMJs). Blockage of the electron transport chain, oxidative phosphorylation, or depolarization of mitochondria in frog NMJs has highlighted the contribution of these organelles to synaptic transmission. Impairment of mitochondrial calcium buffering capacity and a subsequent increase in cytosolic ( $\text{Ca}^{2+}$ ) leads to calcium influx after stimulation and results in elevated signal outburst frequency [96]. Complex I inhibition (via rotenone application) in *Drosophila* NMJs negatively affects synaptic mitochondrial density and synaptic potentiation capacity [97], whereas partial inhibition of the complex (with amytal) in lizard motor nerve terminals results in mitochondrial membrane depolarisation and cytosolic ( $\text{Ca}^{2+}$ ) elevation following repetitive stimulation [98]. Likewise, the effect of complex III and IV inhibition in fly models was partially rescued by external ATP application, suggesting that mitochondrial-generated energy is central to reserve pool vesicle actuation and thus synaptic strength [21]. Finally, the strength of synaptic signalling was downregulated in snake NMJs following drug (CCCP and/or oligomycin) application, pinpointing the role of mitochondria in neuroplasticity [99].

Given that complex I deficiency is the most common defect noticed within surviving neuronal populations in the brains of patients suffering from mitochondrial disease, it might well be that oxygen consumption is greatly affected in patients' synapses consequently leading to synaptic pathology and eventually to neuronal loss.

## 9.6 Mechanisms of Neuronal Loss in Primary Mitochondrial Disease

A unifying feature of common neurodegenerative disorders and mitochondrial disease is the far-reaching neuronal loss that occurs at late disease stages and is consequent to upstream abnormalities. The degenerative process is likely to last for years, with destructive mechanisms acting upon the neurites, axons, and eventually neuronal cell bodies [100].

Routine neuroradiological imaging of patients with mitochondrial disease is exhibitive of focal lesions in the cerebral cortex, white matter, basal ganglia, and brainstem, while neuronal loss and consequent structural disorganization are apparent in the cerebellar cortex [92], the olivo-cerebellar pathway [91], and the mid-brain [101].

Individuals harbouring the m.3243A>G point mutation, frequently associated with mitochondrial encephalomyopathy with lactic acidosis and stroke-like episodes (MELAS), present with enlarged fourth ventricles, a feature of cerebellar

atrophy [102]. Patients with myoclonic epilepsy with ragged red fibre (MERRF) syndrome, due to the m.8344A>G point mutation, show atrophic middle pons, cerebellar hemispheres, and middle and superior cerebellar peduncles [103]. Moreover, patients with the neuropathy, ataxia, and retinitis pigmentosa (NARP) syndrome exhibit generalized pontocerebellar atrophy [104]. Extensive neuronal loss is observed in the cerebellum of patients with Kearns-Sayre syndrome [92], in the olivo-cerebellar pathway of patients with MELAS, and in the posterior inferior cerebellar cortex of patients with the m.3243A>G, m.8344A>G, and autosomal recessive mutations in the sole mtDNA polymerase, polymerase  $\gamma$  (*POLG*) [91]. Neuronal loss in both the midbrain and the cerebellum of a patient suffering from multiple mtDNA deletions, due to *POLG* changes, was also detected [101].

### 9.6.1 Cell Culture Models

Despite the broad signs of neurodegeneration in patients with mitochondrial disease, the mechanisms responsible for the initiation and progression of the neuronal loss process are yet to be unravelled. Some work has been done towards understanding the impact of mitochondrial dysfunction on neuronal function using *trans*-mitochondrial embryonic cybrids [105, 106], but the synapse and how it contributes to neurodegeneration have not been the point of focus.

Skin fibroblasts extracted from patients with mitochondrial disease are routinely employed in order to investigate the pathophysiological changes in different tissues as a consequence of disease. Fibroblast reprogramming into induced pluripotent stem cells (iPSCs) may alter the heteroplasmy levels of any given mtDNA mutation [107, 108]; however, it provides the opportunity to model specific mitochondrial defects [108] and screen potential therapeutic compounds [109]. A high mutation load of the m.3243A>G point mutation in iPSCs [108], differentiated neurons, and teratomas [107] was demonstrated to selectively impair complex I activity, in accordance with observations in MELAS patients. Interestingly, complex I-positive mitochondria were clustered around neuronal cell bodies and were eliminated by mitophagy with time [107]. Likewise, aberrant complex I activity was detected in fibroblasts extracted from patients with Leigh syndrome, due to mutations in *Ndufs4*, accompanied by complex III deficiencies and subassembled respiratory chain complexes (I and III) [110, 111]. Moreover, altered mitochondrial morphology, membrane potential, calcium signalling, and ROS production levels demonstrate organellar vulnerability to stress factors [112].

### 9.6.2 Animal Models

Additional to cell lines that carry mtDNA mutations, a small number of mouse models have been developed in an attempt to recapitulate the human disease without providing important information on the degenerative process (see Chap. 13).

Pioneering work from Sligh (2000) and Inoue (2000) involved the introduction of pathogenic mtDNA molecules into embryonic stem cells [113] or fertilized embryos [114], achieving the transmission of pathogenic mutations [113] and deletions [114] into successive generations. A similar approach to directly manipulate mtDNA involved the introduction of severe complex I (*ND6*) and mild complex IV (*COXI*) mutations into the female germ line, though severe defects were selected against during oogenesis [115].

Alternatively, manipulation of nuclear DNA-encoded genes involved in mtDNA maintenance has proved to be an effective method for altering mtDNA integrity. Examples include the “deletor” and the “mutator” mouse due to mutations in mtDNA helicase, *Twinkle* [116], and *POLG* [117], respectively. Accumulation of multiple mtDNA deletions in the deletor mouse induces the muscle features of patients with PEO. Respiratory chain deficiency has mainly been detected in the muscle and hippocampus, though a low percentage of COX-deficient neurons exist in the cerebellum, olfactory bulbs, substantia nigra, and hypothalamus [116]. In contrast, the mutator mouse demonstrates an accelerated ageing phenotype with weight and hair loss, kyphosis, osteoporosis, anaemia, reduced fertility, and cardiomegaly [117]. Accumulation of mtDNA mutations with time results in extensive respiratory chain deficiencies without elevated ROS production [118].

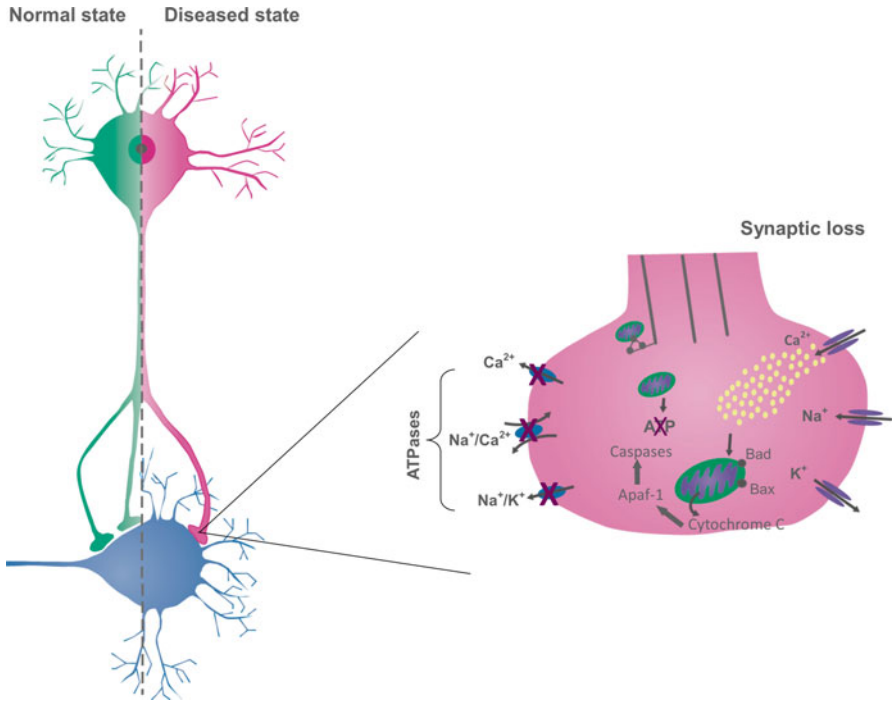
Recent technologies allow inactivation of genes in selective tissues or cell types providing the opportunity to replicate the features of specific mitochondrial disorders. Such an example is the inactivation of *Ndufs4* from Purkinje cells and glia in an effort to model Leigh syndrome [119]. Spongiform degeneration, astrogliosis, and vascular proliferation in the cerebellum constitute the main neuropathological findings, accompanied by abnormal mitochondrial structure within presynaptic terminals contacting Purkinje cell bodies [119]. Phenotypic manifestations of these mice recapitulate those of Leigh syndrome including ataxia, failure to thrive, motor dysfunction, and premature death [119]. However, no basal ganglion pathology is detected, contrary to observations in patients with the disease.

A detailed description of the animal models developed in order to examine mitochondrial dysfunction and its contribution to neurodegenerative diseases are provided in Chap. 13.

## 9.7 Is Synaptic Pathology a Primary Event in Neurodegeneration?

Although there is still an ongoing debate on the exact mechanisms that contribute to neuronal loss in degenerative disorders, synapses are gaining increased attention and may play a central role in the initiation and progression of neuronal degeneration. A hypothesis on the synaptic-led neuronal death cascade is summarized in Fig. 9.2.

Many neurodegenerative diseases, including Alzheimer’s, Parkinson’s, and Huntington’s, are now being redefined as “synaptopathies”. This is mainly due to the fact that abnormalities in synaptic protein gene expression, synaptic



**Fig. 9.2** Hypothesis on neuronal death cascade. Disease-related signals and mitochondrial dysfunction at the synapse favour the activation of apoptotic cascades that result in synaptic and eventually neuronal loss [120]. Failure of mitochondria to provide the synapse with ATP combined with impaired mitochondrial calcium buffering capacity causes a build-up of intracellular  $\text{Ca}^{2+}$  that drives pro-apoptotic factors (e.g. Bax, Bad) to act on mitochondria. Mitochondrial depolarization and opening of permeability transition pores release cytochrome *c* that facilitates apoptosome formation via interaction with the apoptotic protease-activating factor 1 (Apaf-1). Caspases are then activated, causing an “apoptotic-like” synaptic loss and neuronal cell death via dying-back

transmission, and synaptic morphology have been found to occur at early stages [121–124]. This process is similar to the distal axonopathic phenomena that are common in motor neuron disorders and peripheral neuropathies [125].

A novel hybrid protein, the slow Wallerian degeneration ( $\text{Wld}^s$ ) protein, has been demonstrated to protect against axonal and synaptic degeneration [126–128]. In fact, proteomic analysis of striatal synaptic fractions from  $\text{Wld}^s$  mice revealed altered mitochondrial protein expression, suggesting that differential expression of mitochondrial proteins and mitochondrial function is likely to play a key role in the neuroprotective phenotype [129]. Moreover, mitochondrial motility is not impaired in  $\text{Wld}^s$  mice following axotomy, while purified mitochondria were shown to be able to buffer more  $\text{Ca}^{2+}$  [130]. Taking all of the above into consideration, it seems that mitochondrial disease could be a synaptopathy, though evidence in support of this hypothesis has not yet been presented.

## 9.8 Conclusion

Mitochondrial dysfunction is increasingly being documented in common neurodegenerative disorders, where structural and functional synaptic abnormalities are central to the genesis and progression of the neurodegenerative process. Furthermore, synaptic mitochondria have been proven to be intrinsically more vulnerable to respiratory chain and oxidative stress compared to their non-synaptic counterparts. But is mitochondrial dysfunction at the synapse the driver of synaptic failure and loss? What is the sequence and timescale of events that lead to neuronal degeneration? Work on postmortem tissue from patients with primary mitochondrial disease and reliable cell culture/animal models is likely to help us better understand the consequences of mitochondrial dysfunction at the synapse and shed light into neuronal loss mechanisms. Future work to understand the importance of synaptic plasticity and function to neuronal preservation is crucial if we are to try and prevent or delay neuronal loss.

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# Chapter 10

## Protein Misfolding and Aggregation: Implications for Mitochondrial Dysfunction and Neurodegeneration

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**Abstract** In the early twentieth century, histopathological staining of Parkinson's and Alzheimer's disease patient brains and later other neurodegenerative disorders revealed large intracellular and extracellular protein aggregates. Despite these pathological findings, 100 years later, scientists are yet to fully unravel disease pathogenesis sufficiently enough to allow early disease detection and development of therapeutic agents. While genetic and environmental factors are known to cause protein self-aggregation, recent discoveries have shown that protein intermediates are more toxic than the protein aggregates, serving as invaluable biomarkers for early disease detection. Mutations in alpha-synuclein, amyloid precursor, tau, and huntingtin proteins are known to cause self-aggregation and, via a series of conformational changes, produce oligomers and fibrils before being deposited extra- or intracellularly. In Alzheimer's and Parkinson's diseases, intermediate oligomeric forms of alpha-synuclein and beta-amyloid have been described not only to alter calcium homeostasis, which is vital to neuronal signalling, but also to interact with and alter mitochondrial function and therefore the energetic status of neurons. Research into the effects on the energy status of brain cells is vital to understanding the process of neurotoxicity observed in neurodegenerative diseases.

**Keywords** Alzheimer's disease • Parkinson's disease • Huntington's disease • Mitochondria • Oligomers • Protein aggregation • Tau • Alpha-synuclein • Huntingtin

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## 10.1 Introduction

Most neurodegenerative diseases have been linked to the deposition of misfolded proteins in the brain. These deposits can be either extra- or intracellularly located and are associated with an altered biochemistry, often leading to neuronal loss. Extracellular deposits of beta-amyloid in the form of amyloid plaques and intracellular tau fibrils are histopathological hallmarks in Alzheimer's disease (AD) [1, 2]. In Parkinson's disease (PD), misfolded alpha-synuclein aggregates into intracellular Lewy bodies, while intracellular aggregates of nuclear-encoded mutant huntingtin protein (Htt) are found in the brain of Huntington's disease patients. These deposits consist predominantly of protein fibrils and have long been thought to be the trigger of cellular dysregulations leading to the pathologies seen in these neurodegenerative diseases. However, insights gained more recently have revealed that in fact oligomeric forms of these proteins are more toxic than monomeric or fibrillary forms [3, 4]. Oligomers are cell permeable, allowing them to pass through plasma membranes and propagate throughout the brain. The propagation hypothesis by which proteins can spread progressively between cells and interconnecting brain regions in neurodegenerative diseases found support when oligomeric forms of alpha-synuclein were found in the cerebrospinal fluid (CSF) of affected individuals and in neuronal graft studies [5–7]. Furthermore, beta-amyloid, tau, mutant Htt, and alpha-synuclein have been shown to directly interact with mitochondria which makes bioenergetic disturbances in the cell likely and increases neuronal vulnerability [3, 8, 9].

## 10.2 Alpha-Synuclein

The exact physiological function of alpha-synuclein is yet to be unravelled despite a presynaptic localisation long being established [10]. However, studies of alpha-synuclein knockout mice and alpha-synuclein overexpressing models have proposed a physiological function related to neurotransmitter release [11, 12]. The fact that genome-wide association studies looking for risk factors for the development of idiopathic PD revealed the alpha-synuclein gene as the biggest risk locus makes research into this protein and its cellular function invaluable [13].

Alpha-synuclein is an intrinsically disordered protein and contains seven 11-amino acid repeats in the N-terminal that are predicted to form amphipathic alpha-helices which are highly conserved in vertebrates. Normal, soluble alpha-synuclein aggregates to form insoluble fibrils via a series of conformational changes and oligomeric intermediates. Native monomeric forms of this protein are  $\alpha$ -helical structures, whereas misfolded polymers form more highly ordered  $\beta$ -sheet structures. Mounting evidence suggests that the soluble oligomeric forms generated in this misfolding process are the most toxic, and these have been directly linked to neurodegeneration [3, 14]. Interestingly, alpha-synuclein mutations associated with early-onset, autosomal dominant PD such as A30P (age of onset 54–79 years) and

A53T (average age of onset 46 years) are all located in the N-terminus of this protein and are suggested to increase conformational destabilisation and oligomerisation which in turn favours protein aggregation and deposition [15–18]. However, studies have also revealed that these mutations not only increase the risk of alpha-synuclein misfolding and aggregating but also increase the overall abundance of wild-type alpha-synuclein. Elevated levels of wild-type alpha-synuclein were found to be sufficient to cause protein aggregation and development of early-onset PD (age of onset 35 years) in patients with a duplication of the alpha-synuclein locus [19, 20].

Studies into the effects of alpha-synuclein on cells in culture have revealed a multitude of adverse effects. It has been shown that alpha-synuclein can pass through membranes and associate with mitochondria within 8 min of exposure highlighting potentially devastating effects to cellular bioenergetics and supporting the propagation hypothesis [3, 21].

### ***10.2.1 Cellular Effects of Alpha-Synuclein and Its Role in Neurodegeneration***

*In vivo* and *in vitro* studies have shown that overexpression of alpha-synuclein alters plasma membrane ion permeability, and exogenous oligomeric alpha-synuclein can easily pass across plasma membranes. This altered plasma membrane ion permeability has been shown to increase calcium influx from the extracellular space with detrimental consequences [3, 21, 22]. Intracellular calcium levels are tightly controlled by the endoplasmic reticulum (ER; main intracellular calcium store) and mitochondria (responsible for “fine-tuning” calcium transients) (for details see Chap. 6). Chronic calcium overload or altered handling of calcium fluxes may ultimately damage mitochondria, causing their dysfunction and ultimately the cellular bioenergetic status (e.g., reducing ATP production). This is particularly important for dopaminergic neurons which have a particularly high energy demand (for details see Chap. 6).

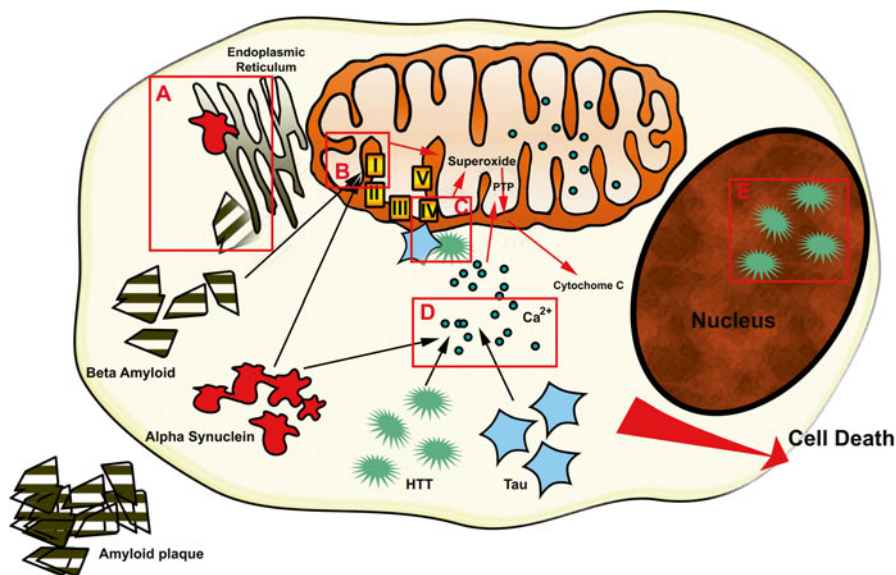
In addition to being the major cellular calcium store, the ER plays an important role in protein synthesis, folding, post-translational modification, and transport. Disturbances in ER function (ER stress) can have detrimental effects for the neuron and its survival. In PD, the increased levels of (misfolded) alpha-synuclein are reported to induce ER stress which in turn triggers downstream activation of the unfolded protein response [23]. This response can trigger attenuation of protein translation, altered expression of ER chaperones, and ER-associated degradation which counteracts the accumulation of misfolded proteins within the ER to protect against stress and potentially cell death [24]. ER-associated degradation allows misfolded proteins to be translocated into the cytosol where they are degraded by cytosolic proteasomes as part of the ubiquitin-proteasome system (UPS). In PD, a downregulation of the UPS and autophagy-lysosome pathways (ALP) has been

proposed (see Chaps. 11 and 12), which impacts on the cellular clearance of misfolded alpha-synuclein. For example, expression of mutant alpha-synuclein (A30P and A53T) in rat PC12 and neuroblastoma cells was shown to downregulate the UPS [25–27]. The exact mechanism by which alpha-synuclein oligomers interact with and downregulate the proteasome is yet to be fully unravelled, but an interaction of alpha-synuclein with either the 20S  $\beta$  subunit or 19S subunits has been proposed [25, 28]. Alpha-synuclein has also been reported to downregulate ALP via an inhibition of autophagosome formation or a reduction of chaperone-mediated autophagy [29, 30]. Additional support for the importance of the relationship between intracellular protein clearance and alpha-synuclein in PD pathogenesis comes from studies involving the lysosomal enzyme, glucocerebrosidase. Mutations in this gene can cause Gaucher's disease, an autosomal recessive disease, characterised by the accumulation of glucosylceramide (lipid) into fibrils. Gaucher's disease patients may suffer from liver and spleen swelling, osteoporosis, and neurological defects including myoclonus, cognitive impairments, and convulsions (depending on the disease type). Furthermore, Gaucher's disease has been reported to increase the risk of developing PD. It should also be noted that there is a well-documented decrease in the activity of the UPS as well as ALP with age leading to overall slower protein clearance. This reduction in protein clearance and therefore alpha-synuclein may explain partly the late onset of symptoms in sporadic Parkinson's disease (see Chap. 12 for details).

The ER and mitochondria are also known to interact to form the mitochondria-associated endoplasmic reticulum membrane (MAM) which regulates essential calcium and lipid exchange between these organelles [31, 32]. This interaction supports the tricarboxylic acid cycle, electron transport chain, and ultimately ATP production. A recent study by Guardia-Laguarta et al. [33] provided evidence of wild-type alpha-synuclein co-localisation with the MAM, which together with the calcium dysregulation caused by alpha-synuclein is likely to have an effect on energy generation and mitochondrial health. In healthy cells, the ER and mitochondria are distributed throughout axons and dendrites. Considering the multitude of cellular functions supported by MAM interactions, in particular maintenance of the ETC and ATP production, it is not surprising that disruption of MAM will affect cells that have a high energy demand such as dopaminergic neurons. Indeed, reduced MAM interactions have been reported by Guardia-Laguarta et al. in cells that have been exposed to alpha-synuclein [33]. This loss of MAM interactions leads not only to a reduction in MAM function but also in mitochondrial fragmentation, suggesting an important role not only in mitochondrial functioning but also in morphology. These findings warrant further studies into the interaction of alpha-synuclein and its effect on these organelles.

Alpha-synuclein has also been shown to co-localise with the inner mitochondrial membrane which harbours the ETC complexes (Fig. 10.1) [34]. In fact, it has long been known that alpha-synuclein can interact with complex I of the ETC which in turn induces elevated reactive oxygen species (ROS) production leading to oxidative stress [35, 36]. ROS can induce the formation of the permeability transition pore (PTP) which increases the permeability of the inner mitochondrial membrane





**Fig. 10.1** Neurotoxic effects of alpha-synuclein, tau,  $\beta$ -amyloid, and huntingtin proteins. Many of the proteins which aggregate in neurodegenerative diseases are known to interact with various intracellular components and different complexes within the mitochondria. (a) Both  $\beta$ -amyloid ( $\beta A$ ) and alpha-synuclein interact with the endoplasmic reticulum (ER) resulting in ER stress and altered mitochondria-associated membrane interaction. (b) Alpha-synuclein (in PD) and beta-amyloid (in AD) are known to interact with complex I of the electron transport chain. (c) Mitochondrial health can also be compromised by  $\beta$ -amyloid and tau interacting with complex IV. Similarly huntingtin (Htt (in HD)) has been shown to interact with mitochondria through complex IV. (d) Dysregulation of calcium homeostasis can be induced by protein inclusions. (e) Htt can also interact with the nucleus itself. These proteins have all been shown to interact with mitochondria and induce superoxide production which can ultimately lead to PTP opening and neuronal cell death

allowing ions and solutes to pass more freely. This in turn leads to vast bioenergetic disturbances, ATP depletion and eventually cell death [37]. Furthermore, increased ROS can induce mitochondrial DNA mutations leading to mitochondrial damage and may ultimately lead to cell death [38] (see Fig. 10.1).

### 10.3 Huntingtin Protein

Huntington's disease (HD) is an autosomal dominant neurodegenerative disease caused by an abnormal expansion of a CAG repeat located in exon 1 of the huntingtin gene. Wild-type huntingtin protein (Htt) localises to the nucleus as well as the cytoplasm, whereas mutant Htt has been found to localise to the mitochondria [39, 40] (see Fig. 10.1). Studies have shown that wild-type Htt plays a vital role in apoptosis, vesicle trafficking, and secretion pathways [41, 42]. It has been found that the

N-terminal cleavage product of mutant Htt is vital to disease progression as the cleavage product has been shown to induce cellular changes, whereas inhibition of caspase-6-dependent proteolysis of full-length mutant Htt protected mutant Htt mice against neurodegeneration [43].

### ***10.3.1 Cellular Effects of the Huntingtin Protein and Its Role in Neurodegeneration***

The *htt* knockout mouse model is not viable (death occurs at embryonic day 8), providing evidence of the importance of this gene product [44]. Mutations in the *htt* locus are reported to either result in a gain or loss of function affecting a multitude of signalling pathways [45]. Vulnerability and degeneration of excitatory cortical and striatal connections is the first obvious sign of early grade HD.

Mutant Htt co-localises to mitochondria and studies have reported a negative effect on electron transport chain activity and mitochondrial function. Expression of an N-terminal fragment of mutant Htt (82 CAG repeats) in mice resulted in a decreased neuronal mitochondrial membrane potential, suggesting altered mitochondrial health. A lower mitochondrial membrane potential may indicate that one or more of the electron transport chain complexes are not working correctly. In fact, it was found that both the expression and activity of complex II and complex IV were reduced [46–48] (see Fig. 10.1). The lower mitochondrial membrane potential reported in HD results in lowered mitochondrial calcium buffering and efflux. This leads to a prolonged calcium exposure which increases cellular stress and therefore susceptibility to excitotoxic (excitatory-mediated cell death) insults. Whether the mitochondrial calcium dysregulation is a primary or secondary effect caused by the malfunctioning electron transport chain is yet to be unravelled [49].

Interestingly, the total peroxisome proliferator-activated receptor gamma coactivator-1  $\alpha$  RNA level (PGC-1 $\alpha$ ) is decreased in postmortem brain tissue from HD patients. PGC-1 $\alpha$  is a transcriptional coactivator that regulates mitochondrial biogenesis and respiration, and mutant Htt (111 CAG repeats) was found to interact with the PGC-1 $\alpha$  promoter in striatal cells. Furthermore, overexpression of PHC-1 $\alpha$  rescued not only the mutant Htt-associated mitochondrial phenotypes but also protected mutant Htt primary striatal cultures from cell death making PGC-1 $\alpha$  a key player in early HD pathogenesis [50].

## **10.4 Beta-Amyloid**

The amyloid precursor protein (APP) is cleaved by  $\beta$ - and  $\gamma$ -secretase generating a range of  $\beta$ -amyloid ( $\beta$ A) peptides between 39 and 43 amino acid residues long. It is the hydrophobic nature of  $\beta$ A1-40 and  $\beta$ A1-42 which promotes self-aggregation and neurotoxicity revealing the importance of these forms in neurodegenerative

disease. A series of conformational changes may occur causing  $\beta$ A aggregation via dimers, oligomers, protofibrils, and fibrils leading ultimately to the formation and deposition of amyloid into characteristic plaques. This deposition of  $\beta$ A is thought to play a central role in the development of Alzheimer's disease (AD). Accumulation of  $\beta$ A in extracellular neuronal plaques is the defining feature for a diagnosis of Alzheimer's disease in postmortem brain tissue [51].

#### ***10.4.1 Cellular Effects of $\beta$ -Amyloid and Its Role in Neurodegeneration***

Recently, it has been shown that APP/ $\beta$ A, in addition to its known interactions with the plasma membrane and ER, may also be targeted to mitochondria [52] again suggesting an effect on mitochondrial health (see Fig. 10.1).

Dysregulation of calcium homeostasis has been demonstrated in AD, with  $\beta$ A causing increased cytoplasmic calcium levels, mitochondrial calcium overload, and dysfunction. Mitochondrial dysfunction has been shown to be one of the earliest pathological signs, appearing before neurofibrillary tangles can be detected [53]. Studies have described mitochondrial deficiency in cultured cells overexpressing APP [54] or the spliced form APP<sub>751</sub> [55]. A reduction in complex IV activity has been demonstrated in mitochondria from the hippocampus and platelets of patients with AD, as well as in AD animal models and AD cybrid cells [56]. In cortical neurons,  $\beta$ A causes mitochondrial dysfunction, reducing ATP levels [57], mostly through inhibition of complex I, causing both mitochondrial depolarisation and a loss of mitochondrial mass [58], while in isolated mitochondria,  $\beta$ A induced respiratory inhibition mostly through inhibition of complex IV [59, 60]. It has also been proposed that  $\beta$ A may increase mitochondrial ROS production [61] which in turn causes further mitochondrial impairment [62].

Application of exogenous  $\beta$ A to mixed cultures of neurons and astrocytes induced two types of mitochondrial depolarisation in astrocytes in the first hours of incubation – a slow and progressive loss and a transient loss of mitochondrial membrane potential [63]. Both types of  $\beta$ A-induced mitochondrial membrane potential change induced ROS production/oxidative stress through interaction with NADPH oxidase and can be blocked by inhibitors of this enzyme [63–65].

Further, it has been shown that  $\beta$ A-induced oxidative stress leads to activation of the DNA repair enzyme poly(ADP-ribose) polymerase (PARP). PARP consumes nicotinamide adenine dinucleotide which in turn decreases substrate availability for mitochondrial complex I of the ETC, resulting in a bioenergetic collapse and cell death [66, 67]. Further, provision of mitochondrial substrates (pyruvate and methyl succinate) reversed  $\beta$ A-induced mitochondrial depolarisation and prevented cell death [63, 65].

Studies have linked  $\beta$ A directly with cyclophilin D which is a key regulator of the PTP. Cyclophilin D is essential for PTP formation since inhibition was shown to inhibit PTP opening. PTP opening depletes mitochondrial calcium, elevates the

tosolic calcium, and increases ROS levels, ultimately leading to depletion of cellular ATP and cell death [68].  $\beta$ A was found to reduce the threshold for mPTP opening and molecular inhibition of cyclophilin D was able to rescue this phenotype. In deed, inhibition of cyclophilin D was able to improve mitochondrial function and learning/memory in an ageing Alzheimer's disease mouse model [69].

## 10.5 Tau Protein

Tau is a microtubule-associated protein (MAP), encoded by the *MAPT* gene, and known to interact with  $\alpha$ - and  $\beta$ -tubulin to facilitate microtubule assembly. With advancing age tau becomes enriched and prone to aggregation in axons and dendrites [70], while in the brain of AD patients, tau is hyperphosphorylated. This process of hyperphosphorylation is known to promote self-assembly, leading to the formation of oligomers and fibrils which eventually leads to neurofibrillary tangle (NFT) aggregation. Hyperphosphorylation of tau results also in microtubule destabilisation and compromised axonal transport which can, together with  $\beta$ A, lead to the pathologies observed in AD.

### 10.5.1 Cellular Effects of Tau and Its Role in Neurodegeneration

Gomez-Ramos et al. (2006) have shown that application of exogenous tau to neuronal cells leads to an increase in intracellular calcium levels via a muscarinic receptor-mediated mechanism which ultimately results in cell death [71]. In addition, limited studies have provided evidence of a tau-mitochondria interaction but it is thought that tau may act on mitochondria synergistically with  $\beta$ A as well as independently. For example, while  $\beta$ A is known to affect mitochondrial complex IV, tau has been linked to complex I inhibition suggestive of an influence on mitochondrial dynamics and health [72] (see Fig. 10.1).

Quintanilla et al. [73] proposed that the N-terminal fragment of tau may cause mitochondrial dysfunction, while truncated tau (Asp-421) induces mitochondrial fragmentation and elevated mitochondrial superoxide production in immortalised cortical neurons. Furthermore, a truncated tau N-terminal fragment (NH<sub>2</sub>-26–44) was found to act on the adenine nucleotide translocator (ANT) which is responsible for the translocation of mitochondrial ATP to the cytosol in exchange of ADP. In addition, Atlante et al. [74] found that the interaction of tau and ANT leads to an impairment of oxidative phosphorylation and therefore a decrease in ATP production. It should be noted that these studies established that it is the truncated N-terminal tau fragment which exerts these deleterious effects on mitochondrial health rather than the full-length tau protein. Overall, these studies suggest that

through a disruption of mitochondrial function and therefore neuronal health, tau is a major contributor to the pathological changes and neurodegeneration central to the development of AD.

## 10.6 Conclusion

Recent studies have provided strong evidence that protein intermediates such as alpha-synuclein oligomers are more toxic to the cell than protein aggregates. Toxic protein intermediates can affect mitochondria and the energetic status of the cell. Disturbances in the energetic status are detrimental to neurons which have a high energy demand. This highlights the importance of continued research to develop therapeutic agents that target these early changes and cellular disruptions that occur before neuronal death and other pathological changes. To achieve early disease intervention, studies must provide robust biological marker analysis as well as develop therapeutic agents that are able to cross the blood-brain barrier to prevent the damage to and changes within the structures of the proteins described above. Most of the modern therapeutic strategies aim to prevent peptide aggregation or indeed protect cells with antibodies against oligomeric forms. However, there is an increasing amount of research being undertaken to prevent/modulate the interactions between these proteins and cellular organelles to delay or prevent subsequent disruption of mitochondrial dysfunction and hence neuronal loss. Despite this, very few therapeutic approaches have undergone clinical trials and even fewer have shown evidence of efficacy making further research into disease onset and progression essential.

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# Chapter 11

## Mitochondrial Degradation, Autophagy and Neurodegenerative Disease

Elsje G. Otten, Diego Manni, and Viktor I. Korolchuk

**Abstract** Mitochondria are essential for cellular and organismal health, such that mitochondrial dysfunction can contribute to ageing and age-related diseases. In particular, impairment of mitochondrial function has been shown to be an underlying cause of several human neurodegenerative disorders, including Alzheimer's disease and Parkinson's disease. In this chapter, we outline the current understanding of various mechanisms of mitochondrial quality control with a specific focus on mitophagy, the process of mitochondrial degradation via the autophagy pathway. We describe the autophagy and mitophagy pathways and highlight the key molecular players controlling these processes. Additionally, we discuss how mutations in the components of the molecular machinery controlling mitophagy can lead to the loss of neuronal function and viability and eventually result in disease. Studies of these pathways not only produce an important insight into the mechanisms of neurodegenerative diseases but also suggest molecular components of mitochondrial quality control which could be used as targets for therapeutic interventions.

**Keywords** Autophagy • Mitophagy • Mitochondria • Parkin • PINK1 • Neurodegeneration • Alzheimer's disease • Parkinson's disease • Huntington's disease • Amyloid lateral sclerosis

### 11.1 Introduction

Amongst several cellular pathways involved in mitochondrial quality control, the process of mitochondrial degradation via the autophagosome-lysosome pathway, termed mitophagy, has emerged as a key determinant of cellular, and in particular neuronal, function. The importance of this process became particularly evident when the mutations in the proteins regulating autophagy and mitophagy pathways

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were found to be genetic determinants in an array of devastating human neurodegenerative diseases [1–3]. This chapter will describe the molecular mechanisms of these pathways and their perturbation in age-related neurodegeneration.

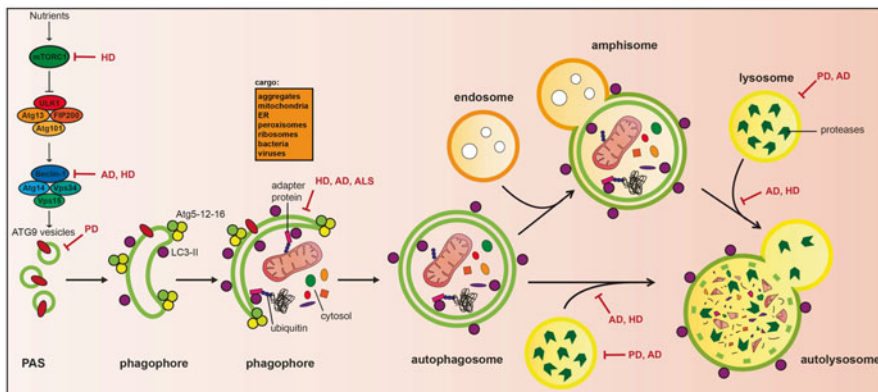
## 11.2 The Autophagy Pathway

The term autophagy refers to the cellular self-digestion process that occurs through the lysosomal degradation pathway. Autophagy can be activated by different stress conditions including starvation, oxidative stress and an accumulation of damaged proteins. Since the discovery of the autophagy degradation pathway almost 50 years ago [4], it has been implicated in ageing, immunity, development of cancer, myopathies and neurodegeneration [5].

Autophagy is the principle mechanism for the turnover of long-lived proteins, as well as the only known pathway for the degradation and recycling of cytoplasmic organelles [6]. A rapid degradation of irreversibly damaged proteins is essential to preserve normal cellular functions and to prevent the formation of abnormal intermolecular interactions. Autophagy plays this important proteostatic role, and any malfunction in this process is likely to lead to the generation of insoluble aggregates and contribute to the pathology of many human diseases [7].

Autophagy can operate in three different patterns with distinct delivery modality, specificity and regulation: microautophagy, chaperone-mediated autophagy (CMA) and macroautophagy. During microautophagy, the lysosomal membrane plays an active role where it invaginates or protrudes to enclose a portion of cytoplasm [8]. In CMA, proteins presenting the targeting KFERQ motif (a pentapeptide) are recognised by the hsc70 (heat-shock cognate of 70 kDa), and the protein-chaperone complex is internalised directly into lysosomes by binding to the LAMP-2a receptor (lysosomal-associated membrane protein type 2a) [9].

Macroautophagy is the most widely studied and best characterised form of autophagy. In the macroautophagy pathway (for simplicity frequently referred to as autophagy), the formation of a double membrane structure called an autophagosome engulfs cytosolic components. The cargoes are then subsequently delivered to lysosomes via a fusion process resulting in a hybrid structure termed the autolysosome, where hydrolases can degrade trapped material (Fig. 11.1) [10]. After degradation of macromolecules, the building blocks (e.g. amino acids) are exported back to the cytoplasm for reutilisation as a source of energy or for the synthesis of new cellular components. This process is orchestrated by a set of Atg (autophagy-related) proteins [11]. To date, more than 30 ATG genes have been identified in yeast, and many of them have mammalian orthologues [12]. The induction of the autophagic process is typically triggered by a lack of nutrients and growth-promoting signals. Insulin, growth factors or amino acid deprivation inhibits mTOR (mechanistic target of rapamycin), an evolutionarily conserved serine/threonine, phosphatidylinositol kinase-related protein kinase (PIKK) which is considered the master



**Fig. 11.1** Schematic diagram of autophagy. Mammalian autophagy is typically triggered by nutrient deprivation, which is sensed by mTORC1. The ULK complex (ULK1, Atg13, FIP200 and Atg101) is responsible for autophagy initiation and the PI3K activity of the Vps34 complex (Vps34, Vps15, Atg14 and Beclin-1) is required for the formation of the phagophore. Atg9-positive pre-autophagosomal structures (PAS), contribute to the delivery of membrane to the autophagosome. Next, two conjugation systems add the Atg12-Atg5-Atg16 complex and LC3-II to the expansion of the phagophore. The membrane grows and engulfs a portion of the cytosol, and cargo is selectively recruited via receptor proteins and an autophagosome is formed. This is followed by autophagosome maturation by fusion with endosomes (results in the formation of amphisomes) or lysosomes (results in the formation of autolysosomes) and degradation of the autophagosomal cargo through lysosomal proteases, and the degradation products then can be recycled. The steps that are altered in neurodegeneration are indicated in red. HD Huntington's disease, PD Parkinson's disease, AD Alzheimer's disease, ALS amyotrophic lateral sclerosis

regulator of nutrient signalling [13]. Inhibition of mTOR results in cell growth arrest and in the activation of the autophagic pathway.

### 11.2.1 The Molecular Machinery of Macroautophagy

The first step in the formation of autophagosomes is the sequestration of cytoplasmic components to a unique membrane called the “phagophore” that expands to enclose the substrate (see Fig. 11.1). This process, called *initiation*, is triggered by ULK1, a serine/threonine kinase that becomes active after mTOR inhibition and forms a complex with Atg13, FIP200 and Atg101 (see Fig. 11.1) [14]. Following initiation, a *nucleation event* takes place driven by Vps34, a phosphatidylinositol 3-kinase (PI3K) that phosphorylates the phosphatidylinositol (PI) generating the phosphatidylinositol 3-phosphate (PI3-P). This lipid then promotes the formation of the autophagosome membrane. The Vps34 forms a complex with Vps15/p150, Vps14 and Vps30/Atg6 (orthologous of mammalian Beclin-1), which starts the nucleation event (see Fig. 11.1) [15]. An important step in the formation of the

autophagosome membrane is the involvement of Atg9, a multispinning transmembrane protein that has a principal role in the formation of the *pre-autophagosomal* structure (PAS) [16]. The *elongation* of the membrane is controlled by two ubiquitin-like conjugation systems. The first system allows the conjugation of the phosphatidylethanolamine (PE) lipid molecule to the C-terminus of Atg8 (orthologous of mammalian LC3, microtubule-associated protein – MAP – light chain 3). Atg8/LC3 is an ubiquitin-like protein synthesised as a precursor, with an additional sequence at the C-terminus that is cleaved by Atg4, a cysteine protease [17]. The cleaved form of LC3 (called LC3-I) is subsequently activated by Atg7 and transferred onto Atg3, which conjugates LC3-I to PE thus forming LC3-II, the lipidated form of LC3 that is specifically associated with the autophagosome membrane [18]. The second conjugation system involves the covalent attachment of Atg12 to Atg5 mediated by Atg7 and Atg10 enzymes [19]. The Atg5-Atg12 complex subsequently associates with Atg16 in a non-covalent way, and then the 350 kDa Atg5-Atg-12-Atg16 complex assists the binding of Atg8/LC3 to PE and the extension of the phagophore (see Fig. 11.1) [20, 21]. Finally, the last step in the autophagosome biogenesis process is termed *maturation*, where autophagosomes fuse with endosomes (thus forming the amphisomes) or directly with lysosomes forming autolysosomes. Amphisomes eventually mature into autolysosomes following their acidification driven by the proton pumps located in the endosomal membranes. Formation of autolysosomes allows the degradation of autophagy substrates (see Fig. 11.1) [22].

### 11.2.2 *Selective Autophagy*

For a long time, autophagy was thought to be a non-selective degradation pathway where cytoplasmic components were destroyed in bulk, usually under starvation conditions. However, recently the idea of autophagy as a selective degradation process, where specific substrates are recognised by cargo receptor proteins and targeted for degradation, has been firmly established [12]. Selective autophagy is commonly associated with its housekeeping role promoting the maintenance of cellular homeostasis. An important role of selective autophagy, allowing the clearance of aggregate-prone proteins (aggrephagy) and selective degradation of damaged organelles including mitochondria (mitophagy), is specifically relevant in the context of many neurodegenerative diseases [23, 24]. Other targets of selective autophagy include peroxisomes (pexophagy), endoplasmic reticulum (reticulophagy), ribosomes (ribophagy) and bacteria and viruses (xenophagy) [25–28]. Growing evidence suggests that receptor proteins of selective autophagy, such as p62, NBR1, Nix and NDP52, act to bind ubiquitinated proteins marked for autophagic degradation and shuttle them to the autophagosomal membrane. This process is mediated by the interactions of receptor proteins with both ubiquitin and the LC3-II residing on the autophagic membrane [29].

The signal that leads to the autophagic degradation of substrates appears to be predominantly ubiquitination, which acts as a signalling molecule in the autophagic

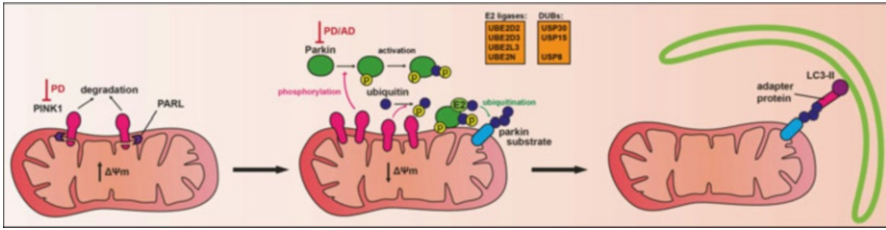
degradation of both protein aggregates and organelles [30]. It has been reported that Lys63-polyubiquitin chains are predominantly involved in this process [31]; however, other types of ubiquitination have also been found to play role in targeting substrates to autophagic vesicles. Indeed, the lack of autophagy after knocking out the ATG7 or ATG5 genes cause the formation of protein inclusions containing all types of ubiquitin linkages in mice, similar to those observed in neurodegenerative disorders [32].

## 11.3 Mitochondrial Quality Control

Mitochondria are the cellular power plants responsible for aerobic production of ATP. In addition to energy production, mitochondria are involved in calcium signalling and storage, metabolite synthesis and apoptosis. Mitochondria are also the main cellular source of intracellular reactive oxygen species (ROS). These highly reactive molecules, in particular superoxide anion ( $O_2^{\bullet-}$ ), hydrogen peroxide ( $H_2O_2$ ) and hydroxyl radical ( $\bullet HO$ ), are potentially toxic by-products of oxidative phosphorylation (see Chap. 1 for detail). ROS can cause oxidative damage to mitochondrial lipids, DNA and proteins, thus damaging the mitochondrial machinery involved in electrochemical reactions and contributing to further ROS production. Under normal physiological conditions, oxidative damage caused by ROS is buffered by antioxidants like thioredoxin- or glutathione-dependent peroxidases [33]. When the capacity of this antioxidant system is exceeded, cells use several other lines of defence, such as the mitochondrial unfolded protein response ( $UPR^m$ ), the ubiquitin-proteasome system (UPS) and mitophagy. The  $UPR^m$  involves the upregulation of mitochondrial chaperones and proteases that remove misfolded and non-assembled polypeptides in mitochondria [34]. Similarly, the UPS recognises and removes mistargeted and misfolded mitochondrial proteins, including those localised to the outer mitochondrial membrane [35]. The proteases upregulated by the  $UPR^m$  include mitochondrial matrix and the intermembrane space (IMS) targeted AAA<sup>+</sup> metalloproteases. These are of central importance for the quality control of the inner mitochondrial membrane (IMM), the site where most ROS are produced. However, the selective removal of damaged/oxidised mitochondrial proteins is not sufficient to remove large numbers of damaged proteins or whole mitochondria. Hence, cells have developed a mechanism to eliminate dysfunctional mitochondria via mitophagy. It has been shown that mitochondria can be completely renewed within 14 days in certain cell types and tissues [36].

### 11.3.1 Mitophagy

Mitophagy is a type of selective autophagy that mediates clearance of damaged mitochondria, as well as being important in specific cellular contexts such as during maturation of erythrocytes or for the elimination of sperm-derived mitochondria after



**Fig. 11.2** Schematic diagram of PINK1/Parkin-dependent mitophagy. In healthy mitochondria with a high membrane potential ( $\Delta\Psi_m$ ), PINK1 gets proteolytically cleaved by PARL (presenilin-associated rhomboid-like protein), leading to proteasomal degradation. However, upon loss of  $\Delta\Psi_m$ , PINK1 accumulates at the outer mitochondrial membrane and gets activated. PINK1 phosphorylates Parkin, resulting in its activation. Ubiquitin also gets phosphorylated by PINK1, which is required for the recruitment of Parkin to damaged mitochondria. Several mitochondrial membrane proteins can be ubiquitinated in a Parkin-dependent manner, thereby creating a signal for the removal of the damaged mitochondria. The presence of ubiquitin on the outer mitochondrial membrane results in the recruitment of receptor proteins, which bind to LC3 and target the mitochondria for autophagy-dependent degradation. The steps that are altered in neurodegeneration are indicated in red. *PD* Parkinson's disease, *AD* Alzheimer's disease

fertilisation [37–39]. Due to the importance of mitochondria in the development of various degenerative diseases, a lot of interest centres around their selective degradation through mitophagy [40]. Different signals have been shown to result in mitophagy activation, including loss of mitochondrial membrane potential [41], accumulation of misfolded mitochondrial proteins [42], loss of iron from intracellular stores [43] and ROS [44, 45]. Mitochondrial dynamics (fission and fusion (see also Chap. 7) play a critical role in mitochondrial degradation. Specifically, increased fission, resulting in smaller mitochondria that are easier to engulf by autophagosomes, favours degradation of mitochondria, whilst fusion prevents mitophagy [46, 47]. Different mitophagy pathways have been elucidated in the last decade; these will be described in the coming sections. The types of mitophagy taking place during erythrocyte differentiation and oocyte fertilisation are programmed mitochondrial degradation pathways and are relevant to the topic of this chapter due to the mechanistic insight they offer into the molecular events underlying this process, whilst the third pathway, the PINK1/Parkin-dependent mitophagy, is particularly important as it has been extensively implicated in human disease, including neurodegeneration (Fig. 11.2).

### 11.3.1.1 Mitochondrial Clearance During Erythrocyte Differentiation

During differentiation of reticulocytes to mature erythrocytes, mitochondria and other organelles are eliminated from the cell in a programmed fashion [48]. Nix is a BH3-domain-containing protein and was reported to be a mitochondrial receptor required for the clearance of mitochondria in reticulocytes [49]. Therefore, Nix-deficient mice develop anaemia and severe reticulocytosis caused by inefficient elimination of mitochondria [37]. The basic autophagy machinery is functional in

the absence of Nix, but the targeting of mitochondria to autophagosomes is impaired. Nix functions as an adaptor protein and recruits LC3 or *gamma-aminobutyric acid* receptor-associated proteins (GABARAP) to damaged mitochondria via a LIR (LC3-interacting region) motif in its N-terminus [23, 49]. Mitochondrial clearance during reticulocyte differentiation is mainly dependent on ULK1 and to a lesser extent on ATG5 [50]. Even though the molecular mechanism for mitochondrial elimination during this process is well studied, the upstream signal to target the mitochondria for degradation is unknown. The relevance of this mitophagy pathway to human pathophysiology is highlighted by the role of Nix in hypoxia-induced mitochondrial degradation [51].

### 11.3.1.2 Sperm-Derived Mitochondrial Clearance After Fertilisation

Another example of programmed mitochondrial degradation has been reported during oocyte fertilisation; in sexual reproduction, mitochondria are usually inherited from the mother; thus the paternal mitochondria have to be eliminated when the sperm-derived mitochondria and mitochondrial genome enters the oocyte. In *C. elegans*, mitophagy has been shown to actively target paternal mitochondria for degradation after fertilisation [38, 39]. Immediately after fertilisation, parental mitochondria are surrounded by autophagosomes, which then fuse with lysosomes. In worms with a knock-down or mutation of the homolog of LC3, paternal mitochondria are still present in late-stage embryos [38, 39]. Interestingly, no ubiquitin was detected on parental mitochondria entering the oocyte. This does not rule out that low levels of ubiquitination occur; however, it is possible that another mechanism primes the paternal mitochondria for degradation in worms. In *Drosophila melanogaster* and mice, ubiquitination has been shown to be involved in the degradation of sperm mitochondria. In all studied species, LC3, together with the receptor protein p62, were found on the surface of the ubiquitination mitochondria [39, 52, 53]. Surprisingly, despite recruitment of these autophagy proteins, they are not required for the elimination of paternal mitochondria [53]. Therefore, it remains controversial whether mitophagy is indeed the mechanism of paternal mitochondria and mtDNA elimination after fertilisation.

### 11.3.1.3 PINK1/Parkin-Dependent Mitophagy

Probably the most studied mitophagy pathway is dependent on the PINK1/Parkin pathway, which is an ubiquitin-dependent process (see Fig. 11.2). When the mitochondrial membrane potential ( $\Delta\Psi_m$ ) is high, PINK1, a serine/threonine kinase, binds to PGAM5 (phosphoglycerate mutase family member 5) in the inner mitochondrial membrane, where it gets proteolytically cleaved by PARL (presenilin-associated rhomboid-like protein), leading to proteasomal degradation (see Fig. 11.2) [54–56]. However, upon loss of  $\Delta\Psi_m$ , PINK1 accumulates at the mitochondrial membrane where its activity recruits the E3 ubiquitin ligase, Parkin, from



the cytosol to the depolarised mitochondrion [57]. Parkin then ubiquitinates many mitochondrial membrane proteins, thereby creating a signal for the removal of the damaged mitochondrion (see Fig. 11.2) [58]. It is thought that the recruitment and activation of Parkin relies on PINK1 phosphorylation of Parkin itself, but also phosphorylation of mono-ubiquitin and ubiquitin chains, which are required for recruitment of Parkin to damaged mitochondria [59, 60]. Recently, several E2 ubiquitin-conjugating enzymes were identified for Parkin, such as UBE2D2, UBE2D3 and UBE2L3 and UBE2N [61, 62].

The mitochondrial anchored deubiquitylases (DUBs), USP30 and USP15, have been identified as negative regulators of Parkin-mediated mitophagy [63–65]. Another DUB, USP8 selectively deubiquitinates Parkin, but not Parkin substrates [66]. Recently, in a screen to identify positive and negative regulators of mitophagy in yeast, more DUBs were identified. Interestingly, one of the deubiquitination complexes (Ubp3-Bre5) inhibits mitophagy but promotes other types of autophagy [67].

The presence of ubiquitin on the outer mitochondrial membrane results in the recruitment of receptor proteins such as NBR1 and p62 (see Fig. 11.2) [29]. These receptor proteins contain an UBA (*ubiquitin-associated*) domain and a LIR (LC3-interacting region) motif, which facilitates simultaneous binding of these adaptors to the ubiquitin-labelled mitochondria and the autophagosomal machinery. As a result, damaged mitochondria are engulfed by phagophores and processed for autophagic degradation.

The importance of these autophagy receptors for the process of Parkin-mediated mitophagy, however, remains controversial. Thus, p62, possibly together with *histone deacetylase 6* (HDAC6), has been suggested to work as the key mitophagy receptor [68]. Following Parkin-mediated ubiquitination, p62 and HDAC6 bind ubiquitin and drive damaged mitochondria along microtubules to the perinuclear site for degradation [68]. Similarly, Geisler et al. demonstrated that Parkin-dependent mitophagy is dependent on p62 [69]. In support of the role of p62 as a mitophagy receptor protein, studies in *Drosophila melanogaster* demonstrated that ref(2)p, the homolog of mammalian p62, is required for mitophagy [70, 71]. At the same time, Narendra et al. showed that p62 may be required for Parkin-induced mitochondrial clustering, but is not limiting for mitophagy [57, 69]. One possible explanation for these contradictory findings is functional redundancy. In the absence of p62, several intracellular proteins such as NBR1, Alfy (autophagy-linked FYVE protein), BAG3 (Bcl-2-associated athanogene 3), optineurin, NPD52 (nuclear dot protein 52 kDa) or TAX1BP (Tax1-binding protein 1) may be able to link Parkin-mediated ubiquitination to autophagic degradation [30]. Indeed, Lazarou et al. recently demonstrated that optineurin and NPD52, but not p62, are required for mitophagy. HeLa cells with a knock-out of five different autophagy receptors, including optineurin, NPD52, p62, TAX1BP and NBR1, were used, followed by the reintroduction of the different receptors to study their role in mitophagy. Optineurin and NDP52 single knock-out did not affect mitophagy, whilst double knock-out did prevent mitochondrial degradation, suggesting that optineurin and NDP52 are the primary, yet redundant, receptors [72].

Vincow et al. showed that the Pink/Parkin pathway not only promotes mitophagy, but also promotes the selective turnover of mitochondrial respiratory subunits [73]. This is interesting, because the respiratory subunits are prone to oxidation; therefore, quality control of these proteins is essential for mitochondrial function. The mechanism for the selective turnover of respiratory subunits is unknown, and it would be of great interest to further study. Suggested models at the moment are chaperone-mediated extraction of mitochondrial proteins or degradation via mitochondria-derived vesicles [73, 74]. The latter process has been demonstrated to directly deliver parts of the mitochondrion to the lysosomes for degradation in a PINK1/Parkin-dependent manner [75, 76].

The great majority of studies on PINK1/Parkin-dependent mitophagy are done in tissue culture using the acute loss of  $\Delta\Psi_m$  model, mediated by uncouplers such as CCCP and FCCP [69]. However, depolarisation of the mitochondrial membrane is not sufficient for Parkin recruitment to mitochondria in neurons. Rather, the generation of ROS is required to trigger this mitophagy pathway [44, 77]. The relevance of PINK1/Parkin-dependent mitophagy in neurons remains controversial [78]. Thus, the PINK1/Parkin mitophagy pathway has been robustly demonstrated in immortalised cells and in *Drosophila melanogaster* [79]; however, other models fail to replicate this. For example, in Parkin knock-out mice, no increased neurodegeneration or accumulation of damaged mitochondria was observed [80]. The physiological relevance of mitophagy and the mechanism in neurons remain largely unclear, and future research should focus on mitophagy in neurons in physiologically relevant conditions. This might lead to the discovery of new therapeutic targets for Parkinson's disease and other neurodegenerative diseases.

#### 11.3.1.4 Other Mechanisms of Mitophagy

In addition to the most studied mitophagy pathways as described above, other mechanisms have been observed. One of them involves the translocation of cardiolipin from the inner mitochondrial membrane (IMM) to the mitochondrial surface in neuronal cells, followed by the binding of cardiolipin to the autophagosomal machinery, thereby targeting the mitochondria for degradation [81]. In addition, Melser et al. identified a Rheb-dependent mitophagy pathway that is induced upon stimulation of oxidative phosphorylation [82]. The small GTPase Rheb (*Ras homolog enriched in brain protein*) is recruited to the mitochondrial outer membrane upon high oxidative phosphorylation activity, where it promotes mitophagy through an interaction with the mitochondrial adaptor protein Nix and the autophagosomal protein LC3-II. This Rheb-dependent mitophagy pathway is suggested to be important for the renewal of mitochondria and the maintenance of a healthy population of mitochondria. Intriguingly, levels of ROS are also increased upon oxidative conditions, but their role in the initiation of Rheb-dependent mitophagy is not well understood.

In conclusion, mitophagy has been a subject of intense investigations in recent years and significant advances have been made. However, the Pink/Parkin pathway

is primarily studied in a very artificial experimental setting requiring overexpression of Parkin and complete depolarisation of mitochondrial membrane; thus, the biological relevance of this pathway in human pathophysiology, specifically in neurodegenerative diseases, requires further clarification. Additionally, whilst the basal mitophagy clearly occurs in neurons [83], mechanistic studies of mitophagy have been largely performed in non-neuronal cells. It will be important to establish whether different mitophagy pathways also occur in neurons and how their impairment can result in neurodegeneration. Some of the existing links between mitochondrial quality control via mitophagy and human age-related neurodegenerative diseases are outlined below.

### ***11.3.2 Impaired Mitophagy and Neurodegeneration***

One of the side effects of an extended lifespan in the human population is the increment of age-related neurodegenerative diseases, which are chronic, incurable and terminal conditions affecting the brain, where a structural and functional decline leads to neuronal death. Well-known examples of neurodegenerative diseases are Alzheimer's disease (AD), Parkinson's disease (PD) and Huntington's disease (HD), as well as frontotemporal dementia (FTD), dementia with Lewy bodies (DLB) and many others. Despite identification of some hereditary cases, the overwhelming majority have a sporadic onset, and the causes of which are unknown. Mitochondrial dysfunction as well as autophagy dysregulation is strongly linked to different neurodegenerative diseases [84, 85]. Neurons are postmitotic cells, and therefore, they cannot rely on cell division to dilute the burden of damaged cellular components. It could be predicted that neurons may be particularly dependent on homeostatic processes such as autophagy and specifically mitophagy to prevent accumulation of cellular waste. Indeed, neurons with dysfunctional autophagy accumulate ubiquitinated protein aggregates and damaged mitochondria [86, 87]. In neurodegenerative diseases, autophagy dysfunction can occur at different stages of autophagy, giving rise to different pathologic outcomes. In the following subsections, we will discuss how dysregulation of autophagy and mitophagy might contribute to the pathology of several key neurodegenerative diseases (see Figs. 11.1 and 11.2).

#### **11.3.2.1 Parkinson's Disease**

Mitochondrial dysfunction has been widely implicated in Parkinson's disease (PD), which is a disorder characterised by the loss of the dopamine containing neurons of the substantia nigra and the presence of Lewy bodies (intracellular inclusions containing  $\alpha$ -synuclein) in remaining cells. Mutations in the genes encoding *PINK1*, *Parkin* and *DJ-1* account for most autosomal-recessive cases of PD and lead to dysfunctional mitophagy and accumulation of damaged mitochondria, which are thought to contribute to neuronal cell death [88, 89].

The first gene identified to be associated with autosomal-recessive PD was *Parkin* (see Fig. 11.2). One hundred twenty-seven pathogenic PD mutations in *Parkin* have been identified to date, and these are spread throughout the different domains, suggesting that all domains are important for its function [90] ([www.molgen.ua.ac.be/PDmutDB/](http://www.molgen.ua.ac.be/PDmutDB/)). In the last few years, the structure of the different *Parkin* domains has become available, thus helping in the understanding of its function. *Parkin* has a ubiquitin-like domain (Ubl) and four zinc-binding RING domains (RING0, RING1, IBR and RING2) [91–94]. The Ubl is required for substrate binding, whereas RING1 is the binding site for the ubiquitin-conjugated E2 enzyme and RING2 is the catalytic domain [95]. At the same time, the function of the RING0 and IBR domains remains a mystery. In mice, loss-of-function mutations in *Parkin* cause mitochondrial dysfunction and oxidative damage, and this seems to precede neurodegeneration within the substantia nigra [96]; therefore, mitochondrial dysfunction might be the cause of PD and not a consequence.

The second most frequent gene linked to PD is *PINK1*, which is intimately linked to *Parkin*. Twenty-eight pathogenic mutations have been described for *PINK1*, and most of these are located in the kinase domain and result in the loss of kinase activity ([www.molgen.ua.ac.be/PDmutDB/](http://www.molgen.ua.ac.be/PDmutDB/)). *PINK1* deficiency also leads to mitochondrial dysfunction [97], which can be explained by its role in *PINK/Parkin*-dependent mitophagy (see Fig. 11.2). However, *PINK1* also has some *Parkin*-independent functions, which affect mitochondrial function as well. For example, subunit NDUFA10 of mitochondrial complex I is phosphorylated by *PINK1*, which is important for complex I activity. Expression of a phosphomimetic NDUFA10 in neurons derived from iPS (induced pluripotent stem) cells from PD patients with *PINK1* mutations rescued complex I function and mitochondrial membrane potential [98]. In addition, in *Drosophila melanogaster*, expression of the NDUFA10 homolog partially rescues complex I activity and restores locomotor function. *Parkin* overexpression also rescues the phenotypes of *PINK1* mutations in *Drosophila*, but does not restore complex I function [99]. Together, these observations suggest that complex I dysfunction is not sufficient to cause impairment of locomotor function in PD.

The *DJ-1* gene has also been associated with PD with six pathogenic mutations identified to date. The role of *DJ-1* in PD is less understood compared to *PINK1* and *Parkin*, but it appears to function in the same pathway [89]. This is supported by the fact that loss of *DJ-1* results in mitochondrial dysfunction and can be rescued by *Parkin* overexpression [100]. *DJ-1* is a small oxidation sensing protein, but surprisingly its biochemical function is still not completely clear. What is known is that *DJ-1* takes part in the oxidative stress response [101, 102].

Above-mentioned genes all have a significant role in maintaining mitochondrial homeostasis and mitophagy. In contrast, mutations in some other PD-related proteins primarily locate to the cytosol, like LRRK2 (leucine-rich repeat kinase 2) and  $\alpha$ -synuclein, and these cause autosomal dominant forms of PD.  $\alpha$ -synuclein is an aggregate-prone protein, and mutations or gene duplications/triplications result in the formation protein aggregates, resulting in PD [103]. The mutant form of  $\alpha$ -synuclein is degraded via autophagy, causes the accumulation of autophagic-

vesicular structures and impairs lysosomal function (see Fig. 11.1) [104, 105]. Moreover,  $\alpha$ -synuclein overexpression inhibits autophagy by inhibition of Rab1a, which causes mislocalisation of Atg9, leading to impaired autophagosome formation (see Fig. 11.1) [106]. Also, a PD-related mutation in *VPS35* (vacuolar protein sorting-associated protein 35), disrupts autophagosome formation [107], similar to *LRRK2*, which localises to autophagosomes and is important for autophagic induction [108, 109]. The interplay between *LRRK2* and autophagy appears to be complex; in cultured cells, mutations in *LRRK2* resulted in increased autophagy, whilst in knock-out mice, autophagy was reduced [110–112]. Furthermore, two other lysosomal proteins have been linked to PD, *ATP13A2* (type 5 P-type ATPase) [113] and glucocerebrosidase [114]. To conclude, mutations in genes resulting in defective autophagy (and particularly mitophagy) can result in PD. Autophagosome maturation, cargo loading and lysosomal function are all implicated and thus will be important to further study how these mutations affect mitochondrial function in neuronal models of PD.

### 11.3.2.2 Alzheimer's Disease

Alzheimer's disease (AD) is the most common neurodegenerative disorder and cause of dementia, characterised by neuronal loss in the cerebral cortex and accumulation of amyloid plaques and neurofibrillary tangles [115]. Mitochondrial dysfunctions have been implicated in the neuropathogenesis of AD since changes in their appearance occur when neurofibrillary tangles are not yet evident in neurons [116, 117]. Abnormalities in mitochondrial morphology in the neurons of AD brains have been suggested to cause an impairment in the ATP production, which can lead to loss of synaptic activity and cognitive decline [118]. It has been reported that AD patients possess defective mitochondrial cytochrome *c* oxidase in both temporal cortex and hippocampus, which may be the cause of reduced energy generation [119]. Importantly, amyloid  $\beta$  [A $\beta$ ] can also directly disrupt mitochondrial function by inhibiting the activity of respiratory enzymes such as cytochrome oxidase,  $\alpha$ -ketoglutarate dehydrogenase and pyruvate dehydrogenase [120]. Expression of several proteins implicated in mitochondrial fission/fusion is abnormal in AD, leading to reduced mitochondrial density and increased fragmentation [121]. Thus, together with the observation of increased autophagic degradation of mitochondria in AD [122] and decreased number of mitochondria together with increased amounts of mitochondrial DNA and proteins [116], it suggests that mitophagy may be increased in AD in an attempt to degrade damaged mitochondria or that the proteolytic turnover is impaired. On the other hand, impaired macroautophagy has been also implicated in the pathogenesis of AD, where high amounts of autophagic vacuoles (AVs) accumulate in neurons [123, 124]. The increased amount of AVs in AD brains, compared to the low levels seen in healthy neurons, has been firstly connected with increased autophagic activity [124, 125]. Rather, it has become clear that impairment in the clearance of AVs in AD was instead the case, where the fusion between autophagosomes and lysosomes is not efficient (see Fig. 11.1) [123].

Additionally, the regulatory protein beclin1 which activates autophagy appears to be decreased in AD affected brains (see Fig. 11.1) [126]. Autophagy inhibition also appeared to increase the accumulation of hyperphosphorylated and fragmented tau, responsible for the formation of neurofibrillary tangles [127]. Lysosomal function was also inhibited by deposition of fragmented tau on the outer membrane, leading to lysosomal leakage and further release of toxic tau in the cytoplasm [127]. Due to its role in microtubule stabilisation, dysfunctional tau has been implied to interfere with autophagosome trafficking and clearance, as well as with mitochondrial and lysosomal mobility [128].

Parkin, involved in targeting mitochondria to the autophagosomes, has been shown to be reduced in the frontal and temporal cortex of AD brains together with increased A $\beta$  accumulation (see Fig. 11.2) [129]. Importantly, amyloid precursor protein (APP) and A $\beta$  have been found in AVs, together with components of the  $\gamma$ -secretase complex involved in the cleavage of APP [125, 130]. Thus, macroautophagy itself seems to be linked to the production of A $\beta$  in AD brains. Presenilin1 (PS1), a component of the  $\gamma$ -secretase complex, has been shown to be essential for lysosomal acidification and for correct autophagic degradation [131]. AD-related mutations of PS-1 have shown lysosomal and autophagic dysfunctions in AD patients, leading to abnormal accumulation of autophagic vesicles and early-onset AD pathology [131, 132].

In conclusion, it is clear that autophagy dysfunction plays an important role in the development of AD, where accumulation of insoluble protein aggregates and dysfunctional mitochondria lead to neuronal loss.

### 11.3.2.3 Huntington's Disease

Huntington's disease (HD) is an autosomal dominant neurodegenerative disorder leading to cognitive and motor disorders, caused by an expanded trinucleotide CAG repeat in exon 1 of the gene encoding for the Huntingtin (Htt) protein. Htt is ubiquitously expressed in the brain, and the mutated version (mHtt) aggregates causing neuronal dysregulation and death [133]. Several lines of study suggest the involvement of respiratory chain defects in mitochondria in HD. A remarkably decreased activity in complex II/III and IV in basal ganglia samples from HD patients has been observed [134]. Also mitochondrial biogenesis dysregulation has been implied in the pathogenesis of HD, due to transcriptional repression of the mitochondrial regulator PGC-1 $\alpha$  by mHtt [135]. In addition, mitochondrial mobility and axonal transport are thought to be impaired in HD due to mHtt aggregation [136, 137].

Amongst its numerous functions that have been described in the cell, it has recently emerged that Htt plays an important role in the autophagy process [138]. Whilst a decrease in the autophagic flux often occurs in other neurodegenerative diseases [139], this has been reported to be increased in HD, together with an enhanced number of autophagosomes [140, 141]. The induction of autophagy in HD has been attributed to the sequestration of mTOR by mHtt aggregates, leading

to the inactivation of this autophagy-inhibitory kinase [142]. In contrast, recruitment and sequestration of beclin1 by mHtt has been suggested to result in reduction of autophagy levels in HD brains, leading to defective protein turnover [143].

Although autophagosome production and clearance by lysosomes was enhanced, cargo recognition and engulfment failed to occur in HD cells, leading to impaired turnover of cytosolic components and accumulation of damaged mitochondria (see Fig. 11.1) [140]. Hence, this would contribute to the increase in protein aggregates and dysfunctional mitochondria seen in HD cells. However, a defect in the axonal transport of autophagosomes mediated by mHtt has also been connected with mitochondrial accumulation, due to defects in autophagosome/lysosome fusion events [144]. Therefore, it has been proposed that Htt acts as an autophagy scaffold in the cell, also due to its similarities with yeast's autophagy regulatory proteins and the prediction of LC3-interacting repeats in its sequence [138, 145]. Moreover, it has been recently reported that Htt positively modulates selective autophagy by interacting with p62, facilitating its interaction with LC3 and Lys63-poly-ubiquitinated substrates [146]. The interaction between Htt and ULK1, which releases it from the mTOR-negative regulation, has also been connected with the induction of selective autophagy [146].

In summary, Htt has a central role in the regulation of protein trafficking and turnover, where disruption of its function leads to the deficiency of selective autophagy and defective mitochondrial function.

#### 11.3.2.4 Amyotrophic Lateral Sclerosis

Amyotrophic lateral sclerosis (ALS) is a progressive neurodegenerative disorder characterised by motor neuron death and muscle wasting. Approximately 10% of all the cases are familial (fALS), where 20% of them are caused by a dominant mutation in the gene SOD1 (superoxide dismutase 1) [147, 148]. Abnormalities in mitochondrial structure and localisation have been shown in both spinal cord and muscle of ALS patients, together with defective respiration and electron transport chain [149, 150]. Interestingly, mutant SOD1 has been demonstrated to localise to the mitochondrial outer membrane, intermembrane space and matrix and appears to be concentrated in vacuolated mitochondria [151, 152]. This interaction would lead to damage of the mitochondrial outer membrane proteins as well as cytochrome *c* release and apoptosis [153, 154].

Overexpression of the G93A-SOD1 mutation in mice leads to mitochondrial degeneration and the formation of mitochondrial vacuoles, possibly triggering the onset of the disease [155]. Additionally, the same transgenic mice have shown increased autophagy levels during the presymptomatic and symptomatic stages, exhibiting increased LC3-II levels and inhibition of mTOR [156, 157]. However, the involvement of autophagy in ALS and its role in the disease progression are controversial [158]. Enhanced autophagy has been linked to increased degradation of mutant SOD1, whereas autophagy inhibition led to drastic accumulation of mutant SOD1 and increased neurotoxicity [159]. It has been also shown that

p62 accumulates in the G93A-SOD1 mouse spinal cord and mediates the poly-ubiquitination and aggregation of mutant SOD1, possibly contributing to the ALS aetiology [160]. The identification of several mutations in p62 sequence related to late-onset ALS also suggests the importance of selective autophagy in the disease progression (see Fig. 11.1) [161, 162]. However, an opposite role of autophagy in ALS has been shown after treating G93A-SOD1 mice with rapamycin, an inducer of autophagy [163]. Surprisingly, activation of autophagy by rapamycin in the presymptomatic ALS increased motor neuron death and decreased the lifespan of the animals. Thus, accumulation of autophagosomes and p62 would mean impairment in the autophagic flux rather than enhanced autophagic activity.

Nevertheless, as mitochondrial abnormalities and degeneration seem to contribute with the onset of ALS, mitophagy could play an important role in the disease progression. Degradation of damaged mitochondria would possibly ameliorate the mitochondrial pool and attenuate the disease furtherance.

## 11.4 Conclusion

Impairment of autophagy (and specifically mitophagy), associated either with age-related decline in the pathway's efficiency or caused by the mutations in the key regulatory components, became evident as an important determinant of many human diseases. Neurons appear to be particularly susceptible to the perturbations in these mitochondrial quality control pathways, possibly due to the damage produced by undegraded toxic cellular components which accumulate over the course of decades in these extremely long-lived cells. Whilst accumulation of general cellular "junk" such as aggregate-prone toxic proteins due to their insufficient degradation via autophagy is undoubtedly contributing to the pathology of neurodegenerative diseases (hence their classification as proteinopathies), it is the perturbation of mitochondrial degradation via the mitophagy pathway which appears to be particularly damaging for the neurons [87, 164]. This, in turn, offers a novel concept for the treatment of these diseases by targeting regulatory components of the mitophagy machinery and upregulating this pathway [165]. Thus, drugs promoting the activity of the general autophagy pathway, and which would also be expected to stimulate mitophagy, have now been shown to protect against a wide range of neurodegenerative diseases with several such drugs having already reached clinical trials [166–168]. Whilst similar therapeutic strategies are yet to be established for the specific activation of the mitophagy pathway, studies in animal models show that overexpression of mitophagy proteins such as Parkin can indeed produce beneficial effect and prevent age-related neuronal decline [169–172]. Further mechanistic studies of mitophagy are likely to lead to the identification and validation of therapeutic targets and eventually identification of specific and potent drugs stimulating mitophagy and protecting neurons against senescence and degeneration.



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# Chapter 12

## The Deleterious Duo of Neurodegeneration: Lysosomes and Mitochondria

Matthew Nguyen, Ellen Sidransky, and Wendy Westbroek

**Abstract** Many studies have demonstrated that the accumulation of aggregate-prone proteins due to defects in cellular quality control systems contributes to the development of neurodegenerative diseases. One form of quality control within neurons is autophagy, an intracellular pathway involved in the breakdown of cytosolic constituents. Lysosomes mediate autophagy, and their dysfunction may contribute to perturbations in cellular homeostasis and affect other organelles such as mitochondria. Mitochondrial malfunction may then further perpetuate lysosomal damage and initiate inflammatory responses. Therefore, lysosomes and mitochondria share a reciprocal relationship where dysfunction in one often affects the function of the other. These consequences of lysosome and mitochondrial impairment complete a deleterious feedback loop that concludes not only in neurodegeneration but also neuroinflammation. Herein, we discuss the primary types of autophagy and their underlying mechanisms, the regulation of lysosomal biogenesis and function, and the link between lysosomal and mitochondrial dysfunction. We conclude this chapter by assessing the role of lysosomal dysfunction in neurodegenerative diseases.

**Keywords** Alpha-synuclein • TFEB • TFE3 • Autophagy • Lysosome • Synucleinopathies • Lysosomal storage disorders • Gaucher disease • Inflammasome • Reactive oxygen species • Mitophagy • Glucocerebrosidase

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## 12.1 Autophagy

In 1963, Christian de Duve first described autophagy: a quality control system involved in the degradation of unnecessary or nonfunctional cellular components [1]. Lysosomes, with their acidic pH and lytic hydrolases, mediate autophagy in response to perturbations in cellular homeostasis that may occur as a result of organelle dysfunction, genetic mutations, or nutrient deprivation. Autophagy is particularly important in the context of neurodegeneration, as it has been shown that in the absence of any disease-associated gene products, the loss of autophagy alone is sufficient to cause neural dysfunction and eventually neuronal cell death [2, 3]. Depending on the mechanism by which cellular cargo is transported to the lysosome, autophagy can be classified into three types: microautophagy, macroautophagy, and chaperone-mediated autophagy.

### 12.1.1 Microautophagy

Little is currently known about microautophagy, especially within mammalian cells; as a result, the majority of our knowledge regarding this autophagic process stems from studies in a few species of yeast: *Saccharomyces cerevisiae*, *Pichia pastoris*, and *Hansenula polymorpha* [4–8]. In mammalian microautophagy, the lysosomal membrane directly invaginates and sequesters cytoplasmic constituents into vesicles intended for degradation [9–11]. This invagination may occur through either a concave retreat of the lysosomal membrane or the lysosomal wrapping mechanism (LWM) [12]. During the LWM, the lysosome elongates from a spherical to tubular shape and extends an arm-like protrusion that envelops soluble cytoplasmic components. The tip of this extension then meets and fuses with the lysosomal membrane, sealing these cellular constituents within a vesicle for breakdown inside the lysosome [13, 14]. Microautophagy, as a form of quality of control, has been implicated in the basal turnover of cellular components, but recent literature suggests that this autophagic process may possess additional functions. Microautophagy could be associated with balancing the influx of membrane components introduced by macroautophagy and may be related to multivesicular body formation as a lysosomal microautophagy-like mechanism involved in selectively delivering cytosolic proteins to late endosomes during biogenesis [11, 15–17]. As highlighted in a review article by Mijalica et al. microautophagy is a field in need of further investigation [10].

### 12.1.2 Macroautophagy

In contrast to microautophagy, macroautophagy is better understood and is described in detail in Chap. 11. In macroautophagy, cytoplasmic cargo is sequestered within double-membrane vesicles called autophagosomes for transportation to the lysosome (Fig. 12.1c) [18, 19]. Initiation of autophagy starts with the formation of a



sequential recruitment of several molecular complexes and subsequent delivery of membrane components to the growing phagophore (discussed in detail in Chap. 11) [37–42]. Apposition and sealing of the ends of the expanding phagophore membrane concludes autophagosome formation [39].

Once formed, these double-membrane vesicles may fuse with either endosomes or lysosomes resulting in the formation of chimeric organelles called amphisomes and autolysosomes, respectively [43, 44]. Amphisomes are intermediate structures that link the autophagic and endosomal pathways and are capable of further fusion with lysosomes to also produce autolysosomes [45]. Autophagosomes are dependent on microtubules for transport to both endosomes and lysosomes where their merging is facilitated by a variety of proteins including both endosomal sort complex required for transport (ESCRT) and soluble NSF attachment protein receptor (SNARE) proteins as well as Rab7 [46–48]. Of peculiar interest, proper lysosomal function and acidification were found to be important for autophagosome-lysosome and endosome-lysosome fusion as well [49]. Upon fusion of the autophagosome or amphisome with the lysosome, the inner membrane of the autolysosome is quickly degraded. The outer membrane of the autophagosome or amphisome is lost as it fuses with that of the lysosome, and cellular cargo is expelled into the acidic environment of the lysosomal lumen where it is broken down by lytic hydrolases. Lysosomal membrane permeases then release these degradation products back into the cytosol for further use in energy production or biosynthetic pathways [19, 24, 50].

### ***12.1.3 Chaperone-Mediated Autophagy***

Not all forms of autophagy require the formation of vesicles for transporting cargo to the lysosomal lumen. In chaperone-mediated autophagy (CMA), cellular cargo is individually targeted and directly transported across the lysosomal membrane into the lumen for degradation. This catabolic process, currently only described in mammals, was the first subtype of autophagy for which selectivity was demonstrated. Selectivity occurs through multiple steps [51–53]. The first is the recognition of substrate proteins containing a specific KFERQ pentapeptide motif by heat-shock cognate protein of 70 kDa (hsc70). All known CMA substrate proteins possess this pentapeptide motif, and several studies have demonstrated that it is both necessary and sufficient for lysosomal targeting [51, 54–57]. Recognition of protein substrates by hsc70 is regulated by the accessibility of the pentapeptide motif, as this structure may be concealed by protein folding, protein-protein interactions, and binding to subcellular membranes. Several studies have also demonstrated that posttranslational modifications of KFERQ-like motifs, which are peptide motifs that contain four out of the five required amino acid residues typically found in a KFERQ motif, regulate substrate binding as well. Since the KFERQ motif depends on its charge for proper interaction with hsc70, phosphorylation or acetylation of KFERQ-like motifs may compensate for changes in charge caused by the absence of one of the required amino acid residues typically included in a KFERQ motif. In this manner, a CMA-targeting motif may be formed upon modification of the KFERQ-like motif, allowing for association with hsc70 [52, 56, 58, 59].

Once protein substrates are bound to hsc70, this substrate/chaperone complex is delivered to the lysosomal membrane where it interacts with the cytosolic tail of lysosome-associated membrane protein type 2A (LAMP-2A), a single-span membrane protein [60]. LAMP-2A exists as a monomer at the lysosomal membrane, but, upon binding of its protein substrate, forms a multiprotein complex composed of free LAMP-2A monomers and other proteins [61]. Protein substrates may bind the monomeric form of LAMP-2A in their folded conformations; however, in order to be translocated into the lysosomal lumen, these proteins must first be unfolded. This unfolding process occurs before the assembly of the multiprotein translocation complex and may be mediated by hsc70 and its associated co-chaperones [53, 62, 63]. While numerous factors, such as the protein density and fluidity of the lysosomal membrane, influence assembly of the multiprotein complex, very few proteins have been identified as regulators of this molecular machinery [64]. Recently, work by Bandyopadhyay and colleagues have demonstrated that both GFAP and EF1 $\alpha$  modulate the assembly and disassembly of this translocation complex in a GTP-dependent manner [65]. Furthermore, two chaperones, hsc70 and heat-shock protein 90 (hsp90), have also been implicated in this process. These chaperones function not only in the assembly and disassembly of the translocation complex but also contribute to the stabilization of LAMP-2A during multimerization [51, 61, 66].

Translocation of the unfolded protein into the lysosomal lumen occurs one by one through the LAMP-2A multiprotein complex and is dependent on the presence of an intralysosomal isoform of hsc70 (lys-hsc70) [63, 67]. This isoform of hsc70 is located in the lysosomal lumen and may enter the lysosome via fusion with hsc70-containing late endosomes [53, 66]. To date, the exact mechanism by which lys-hsc70 contributes to substrate translocation is unknown; however, it has been proposed that this protein may “pull” the substrate through the LAMP-2A translocation complex or passively “hold” the substrate, preventing its release back into the cytosol [53]. Depending on cellular conditions and cell type, the population of lysosomes containing lys-hsc70 fluctuates between 20 % and 80 %, and therefore, not all lysosomes are capable of CMA [68]. Upon entry of the protein substrate into the lysosomal lumen, substrate degradation occurs by resident hydrolases, and this process is accompanied by the dissociation of the LAMP-2A translocation complex. These resulting monomers of LAMP-2A are then free to further bind substrates and initiate new cycles of CMA [61].

## 12.2 Transcription Factor EB (TFEB)

### 12.2.1 *The Lysosome*

While investigating the mechanism of action of insulin within liver cells, Christian de Duve serendipitously stumbled upon a nonspecific acid phosphatase that possessed a phantasmic enzymatic activity. Tantalized by the “vanishing acts” that this acid phosphatase performed, de Duve abandoned his work on insulin and pursued this accidental finding instead. In 1955, after years of investigating this unexpected

observation, de Duve described the lysosome. Roughly 20 years later, he was awarded the Nobel Prize in Physiology and Medicine for this discovery [69, 70]. Traditionally, lysosomes, Greek for “digestive body” and formed from the combination of the words *lysis* and *soma*, have been considered static cellular organelles that are not influenced by environmental cues. They are primarily implicated in the catabolism of macromolecules obtained from multiple cellular processes such as endocytosis, autophagy, and phagocytosis [10, 52, 71–74]. However, the new concept of lysosomal adaptation has subsequently broadened our perspective from merely its static role in cellular clearance [75]. Recent studies by Ballabio and colleagues have demonstrated that a majority of the 96 lysosomal genes involved in lysosomal biogenesis and function coordinately express and are influenced by environmental factors, both extracellular and intracellular, through a basic helix-loop-helix transcription factor known as transcription factor EB (TFEB), the master regulator of the coordinate lysosomal expression and regulation (CLEAR), which encompasses these lysosomal genes [76, 77]. Lysosomes have now emerged as a critical player involved in nutrient sensing, signaling, and metabolism, in addition to their established duty in cellular macromolecule degradation. At the heart of this adaptive and dynamic lysosome model is the activity of TFEB, the master regulator of lysosomal biogenesis and function that modulates the interplay between lysosome-mediated cellular processes and environmental influences.

### 12.2.2 Regulation of TFEB

TFEB is located within the cytoplasm and on the surface of the cholesterol sparse lysosomal membrane, where it is regulated through an “inside-out” signaling model initiated by the level of accumulated amino acids in the acidic lumen of the lysosome (see Fig. 12.1a). These amino acid levels are sensed by the lysosome nutrient signaling (LYNUS) machinery, which propagates a signal through a protein complex known as Ragulator to RAG GTPases that subsequently recruit mTORC1 to the lysosomal surface [78–85]. The subcellular localization of TFEB depends largely on the mTORC1-mediated phosphorylation of TFEB at two crucial serine residues: Ser142 and Ser211 [77, 84, 86, 87]. Under favorable conditions, mTORC1 phosphorylates TFEB, sequestering the transcription factor in the cytoplasm and lysosomal surface. However, during adverse cellular circumstances—starvation, stress, and lysosome dysfunction or inhibition—mTORC1 dissociates from the LYNUS complex without phosphorylating TFEB, allowing for TFEB nuclear translocation [76, 77, 81, 84, 86, 87]. Within the nucleus, TFEB activates transcription of the CLEAR network genes pertinent in the lysosomal-autophagy pathway, as well as those involved in lipid metabolism such as peroxisome proliferator-activated receptor  $\alpha$  (PPAR $\alpha$ ), peroxisome proliferator-activated receptor-gamma coactivator-1 $\alpha$  (PGC-1 $\alpha$ ), and their respective target genes. Furthermore, once inside the nucleus TFEB also positively regulates its own function by binding to the CLEAR motif within the promoter region of its associated gene, thus initiating its

own transcription. Therefore, the activity of TFEB is regulated both at the transcriptional and posttranscriptional levels (see Fig. 12.1a), and presents a mechanism for which environmental influences, both extracellular and intracellular, can be transmitted from lysosome to nucleus [75–77].

### 12.2.3 *Lipid Catabolism*

TFEB is also implicated in lipid catabolism due to the intertwined features of autophagy and lipid metabolism. Through an autophagic process known as macrolipophagy, lipid droplets are transported to lysosomes via autophagosomes, where they are degraded into free fatty acids and glycerol [88, 89]. Mouse liver cells overexpressing TFEB exhibited upregulation of genes implicated in lipid catabolic processes, such as lipophagy and fatty acid oxidation, as well as downregulation of those involved in lipid biogenesis [75]. TFEB exerts its transcriptional control of lipid metabolism by inducing two key modulators of energy metabolism: PPAR $\alpha$  and PGC-1 $\alpha$  (see Fig. 12.1b) [75–90]. Cells stressed by starvation undergo TFEB-activated transcription of both PPAR $\alpha$  and PGC-1 $\alpha$ , which subsequently initiates a metabolic response where energy is produced through the breakdown of lipid reserves [75]. Furthermore, studies performed on *Atg7* knockout mice, whose autophagic pathways are suppressed, demonstrate that TFEB mediates lipid metabolism through an autophagy-dependent manner [75]. Therefore, TFEB weaves together the lysosomal-autophagic pathway with lipid metabolism. It is becoming increasingly clear that the lysosome is not only a cellular garbage disposal, but it also serves as an intricate player involved in nutrient sensing, signaling, and metabolism.

### 12.2.4 *TFEB, Autophagy, and Neurodegeneration*

In many neurodegenerative proteopathies, the lysosomal-autophagy pathway is disrupted and the pathogenic formation of misfolded protein aggregates occurs (see Fig. 12.1c) [91–93]. Therefore, as the master regulator of the lysosomal-autophagy pathway, the role of TFEB in neurodegeneration is an area of intensive investigation. Studies utilizing a rat model of Parkinson's disease generated by overexpressing human alpha-synuclein ( $\alpha$ -syn) in the midbrain demonstrated that elevated  $\alpha$ -syn levels induced TFEB retention in the cytoplasm, leading to lysosomal dysfunction,  $\alpha$ -syn accumulation in autophagosomes, and a progressive increase in  $\alpha$ -syn oligomers [94]. Since  $\alpha$ -syn is structurally and functionally similar to 14-3-3 proteins, a group of proteins known to interact with and trap phosphorylated TFEB within the cytoplasm, a possible pathogenic mechanism, has been postulated where aggregates of  $\alpha$ -syn bind to phosphorylated TFEB, preventing its nuclear translocation and eventually leading to impairment of autophagic processes [86, 87, 94–96].



Overexpression of TFEB, whether by genetic or pharmacological means, has been shown to mediate the clearance of  $\alpha$ -syn and halt the progression of Parkinsonian neurodegeneration in both rat nigral dopaminergic neurons and human neuroglioma cells through an autophagy-dependent pathway [94, 97]. Recent research has also demonstrated that overexpression of TFEB is neuroprotective in both Huntington's and Alzheimer's diseases as well. In a Huntington's disease mouse model, TFEB-mediated induction of PGC-1 $\alpha$  was shown to rescue neurotoxicity via cellular clearance of huntingtin protein aggregation and reduction of oxidative stress [98]. Furthermore, TFEB overexpression in a mouse model of Alzheimer's disease showed that TFEB is capable of allaying phosphorylated Tau and neurofibrillary tangle-associated neuropathology by enhancing the clearance of both hyperphosphorylated and misfolded Tau proteins [99].

### ***12.2.5 Transcription Factor E3***

Recently, a second member of the MiTF/TFE family was found to be a CLEAR network regulator. Like TFEB, translocation of transcription factor E3 (TFE3) from the cytosol to the nucleus is dependent upon interaction with Rag GTPases, mTORC1-dependent phosphorylation status, and nutrient availability [100]. Under conditions of starvation, TFE3 translocates from the cytosol to the nucleus where it binds to the CLEAR motif of promoters of genes belonging to the CLEAR network. Research indicates that TFE3-induced autophagy and lysosomal biogenesis are independent of TFEB. Relative protein abundance of both transcription factors, which has been shown to be different in various cell types, is speculated to be the decisive factor in taking on the role of master regulator. Just like TFEB, overexpression of TFE3 can promote lysosomal exocytosis and clearance of lysosomal substrate storage in several lysosomal storage disorders [100]. Together, these results suggest that TFEB and TFE3, both master regulators of the lysosomal-autophagy pathway, may be promising therapeutic targets for the development of a broad-spectrum neuroprotective drug.

## **12.3 Lysosomal and Mitochondrial Dysfunction: Are They Connected?**

Mitochondria are eukaryotic organelles involved in a variety of cellular processes ranging from energy production to regulation of cellular calcium concentration and apoptosis. Mitochondria consist of a double-membrane structure that separates the inner-membrane space from the mitochondrial matrix [101]. Located in the inner mitochondrial membrane is the electron transport chain where oxidative phosphorylation occurs. This is also the primary site of both cellular energy and reactive oxygen species (ROS) production [102–105] (see Chap. 1). Growing evidence

demonstrates that lysosomes and mitochondria share a mutual relationship, where dysfunction in one organelle often impairs the function of the other. Lysosomal damage not only directly disturbs the lysosomal-autophagy pathway but can also cause lysosomal membrane permeabilization (LMP) resulting in the release of lysosomal luminal contents into the cytosol [74, 106–108]. Whether by insufficient turnover of damaged mitochondria or via direct interaction with lysosomal cathepsins released as a result of LMP, the consequences of lysosomal dysfunction impair mitochondrial function and lead to the loss of mitochondrial membrane potential, increased ROS production, decreased generation of ATP, and eventually the discharge of mitochondrial components into the cytosol via mitochondrial membrane permeabilization [109–112]. Mitochondrial dysfunction may also occur through mutations in gene-encoding proteins involved in mitochondrial quality control and homeostasis such as PTEN-induced putative kinase 1 (*PINK1/PARK6*), the E3 ubiquitin ligase parkin (*PARK2*), and DJ-1 (*PARK7*). Mutations in these genes have been implicated in familial forms of Parkinson disease [101, 113–117] (see Chap. 11). While it is unclear whether lysosomal dysfunction precedes mitochondrial damage or vice versa, disruption of the intricate balance between the functions of these two organelles establishes a deleterious feedback loop [107]. A failure to degrade defective mitochondria by the lysosome results in the accumulation of dysfunctional mitochondria and the subsequent leakage of ROS. In turn, these oxidative species may perpetuate lysosome dysfunction and subsequently enhance mitochondrial stress culminating in inflammation and cell death [107, 111, 114, 118]. Therefore, aberrant quality control of both lysosomes and mitochondria has profound consequences on the pathogenesis of a multitude of diseases, especially for those distinguished by neurodegeneration [112, 119–121].

### 12.3.1 Mitophagy

Neurons are peculiarly susceptible to the subtle sequela of lysosomal and mitochondrial dysfunction due to their reduced capability for glycolysis and reliance on oxidative phosphorylation for energy production [122, 123]. In order to maintain lysosomal and mitochondrial function and homeostasis, the cell employs specialized turnover pathways that target specific organelles (see also Chap. 11). Lysosomes mediate mitochondria-specific autophagy, often referred to as mitophagy, within cells, and this catabolic mechanism is regulated by two key proteins: PINK1 and parkin. In viable mitochondria, PINK1 is continually expressed and recruited to the outer mitochondrial membrane (OMM) where this serine/threonine kinase is imported into the mitochondrial matrix in a mitochondrial membrane potential-dependent manner. Once in the mitochondrial matrix, PINK1 is immediately degraded by proteases, thus regulating its expression [101, 114, 116]. However, upon the accumulation of aberrant proteins or the loss of mitochondrial membrane potential following mitochondrial insult, PINK1 regulation is impaired, allowing for accumulation of PINK1 on the OMM and its activation via autophosphorylation

[124, 125]. Activated PINK1 recruits parkin to the OMM and phosphorylates not only the ubiquitin-like domain of parkin but also ubiquitin itself. Phosphorylation of both protein species is required for full activation of the E3 ubiquitin ligase function of parkin [126–128]. Once relegated to the mitochondrial surface, parkin ubiquitinates various OMM proteins involved in mitochondrial maintenance, and this polyubiquitination labels the damaged mitochondria for turnover [129–131]. Cells with defective lysosomes, and therefore impaired mitophagy, are unable to effectively breakdown defective mitochondria resulting in their accumulation. These damaged mitochondria may leak reactive oxygen species (ROS), such as superoxide ( $O_2^-$ ) and hydrogen peroxide ( $H_2O_2$ ), from complex I and III of the respiratory chain. If left unchecked, these oxidative species may ultimately cause neuronal death by not only further perpetuating organelle damage but also by activating the NLRP3 inflammasome and therefore initiating inflammatory responses [111, 112].

### 12.3.2 Oxidative Stress

ROS are important mediators of the downstream consequences stemming from the combined effects of lysosomal and mitochondrial dysfunction. The mitochondrial respiratory chain is the principal producer of ROS, primarily in the forms of  $O_2^-$  and  $H_2O_2$ , within the cell and during abnormal lysosomal and mitochondrial function, and contributes to the elevation of oxidative stress [112]. Lysosomes are particularly vulnerable to ROS-induced damage, as these oxidative species peroxidize lysosomal membrane lipids resulting in destabilization of the membrane and, potentially, even LMP. Due to their ability to inherit cargo during fusion with autophagosomes, lysosomes may acquire large amounts of iron during the degradation of macromolecules. This accumulation of iron within lysosomes has been speculated to contribute to lysosomal susceptibility to oxidative damage [107, 132]. Simultaneously, elevated oxidative stress may damage mitochondria as well. Reactive oxygen species may peroxidize lipids in the mitochondrial membrane resulting in loss of membrane potential as well as fragmented mitochondrial morphology [112, 116, 133]. Under high levels of oxidative stress, mitochondrial membrane permeabilization may also occur and release cytochrome c into the cytosol, therefore activating apoptosis [134]. Mitochondrial DNA (mtDNA) neighbors the electron transport chain within the inner mitochondrial membrane and is prone to oxidation and release during mitochondrial damage. Once released into the cytosol, oxidized mtDNA and local ROS trigger assembly and activation of the NLRP3 inflammasome [111, 134–136]. Beyond these organelles, ROS may also regulate the activity of proteins through posttranslational modification. One example is DJ-1, a neuroprotective protein encoded by *PARK7* that has been implicated in familial forms of Parkinson's disease when mutated. DJ-1 is dependent on localization to the mitochondria for proper neuroprotective activity, and this translocation is redox regulated by oxidation of the Cys106 residue into cysteine sulfinic acid by ROS. After translocation to the mitochondria, DJ-1 protects cells from oxidative

stress-induced death by modulating mitophagy and, together with other cellular processes, assumes a role in antioxidant response [137, 138].

### ***12.3.3 Inflammasome Activation***

Inflammasomes are intracellular multiprotein complexes that initiate an inflammatory response in response to pathogens and intracellular insults. The nucleotide-binding oligomerization domain-like receptor family, pyrin domain containing 3 (NLRP3) inflammasome is the best characterized and is closely associated with lysosomal and mitochondrial dysfunction [139]. This protein complex is formed at the interface of the mitochondria and endoplasmic reticulum in an area known as the mitochondria-associated endoplasmic reticulum membrane. The NLRP3 inflammasome is chiefly composed of three components: a NOD-like receptor (NLRP3), the adaptor protein ASC, and caspase-1. Once assembled and activated, the NLRP3 inflammasome cleaves proIL-1 $\beta$  and proIL-18 into their bioactive forms, where these proinflammatory messenger molecules may subsequently modulate immune and inflammatory pathways [110, 111, 139–141]. Growing evidence identifies both ROS and oxidized mtDNA as activators of the NLRP3 inflammasome. Cells with impaired mitophagy, and consequently prolonged clearance of defective mitochondria, may spontaneously secrete ROS and oxidized mtDNA into the cytosol, resulting in consistent activation of the NLRP3 inflammasome [12, 36]. Recently, elegant work by Shi and colleagues has demonstrated that autophagy may function as a negative regulator of inflammasome activation. Their data suggests that inflammasome activation concomitantly induces autophagosome formation by initiating nucleotide exchange on the G protein RalB. Inflammasomes subsequently undergo ubiquitination and are transported by adaptor proteins p62 and LC3 to autophagosomes for elimination. These results suggest that autophagy may modulate the intensity of inflammation by directly degrading active inflammasomes and therefore may result in uncontrolled inflammation during lysosomal and mitochondrial dysfunction [142]. Taken together, the inflammasome represents a link between lysosomal and mitochondrial dysfunction and inflammation, which contributes to the pathogenesis of not only neurodegenerative but also autoinflammatory diseases [143, 144].

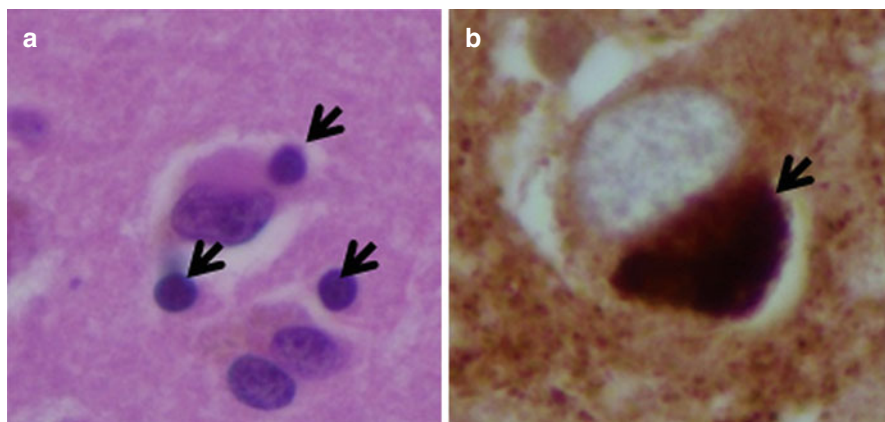
## **12.4 Lysosomal Storage Disorders and Neurodegeneration**

Lysosomal storage disorders (LSDs) are rare inborn metabolic diseases in which lysosomal function is severely compromised due to mutations in gene-encoding enzymes resident in lysosomes involved in the breakdown of specific substrates. The subsequent accumulation of substrate within lysosomes has a variety of consequences such as lysosomal enlargement, altered lysosomal pH, and diminished

activity of lysosomal enzymes. Over 50 different LSDs have been described, and mutations in LSD-associated genes in patients, as well as carriers, have been linked to neurodegeneration, more particularly synucleinopathies [145]. Among LSD-associated genes, the molecular link between mutations in the glucocerebrosidase gene (*GBA1*) and Parkinson's disease (PD) is the most established [146].

### 12.4.1 *GBA1* and Synucleinopathies

Pathological mutations in both alleles of the *GBA1* gene cause Gaucher disease (GD), the most common LSD. This disorder is characterized by lysosomal accumulation of the substrate glucosylceramide (GC), due to a deficiency in the lysosome-resident glucocerebrosidase enzyme (GCCase) [147]. The cells most affected in GD patients are macrophages, which are involved in breakdown of senescent cells with GC-rich membranes such as erythrocytes. "Gaucher cells," which are the macrophages that have lysosomes engorged with substrate, can infiltrate the spleen, liver, and bone marrow, resulting in inflammation and organomegaly [148]. GD has been historically classified into non-neuronopathic type 1, acute neuronopathic type 2, and chronic neuronopathic type 3. Today, clinicians acknowledge a broad range of clinical manifestations associated with GD and subsequently can have difficulty classifying patients into specific GD subtypes [147]. Over the last 6 years, large cohort studies have established that the presence of mutations in the *GBA1* gene is a risk factor for the development of synucleinopathies including PD [146], dementia with Lewy bodies (DLB) (Fig. 12.2) [149], and, most recently, multiple system atrophy (MSA) [150]. All three synucleinopathies are characterized by the presence of inclusions of aggregated  $\alpha$ -syn, a 14 kDa protein that is speculated to be involved in the regulation of synaptic vesicle dynamics and neurotransmitter release [151, 152]. In PD and DLB, the  $\alpha$ -syn-positive Lewy bodies and neurites are mainly located in neurons of the substantia nigra, cerebral cortex, and hippocampus, while in MSA, the  $\alpha$ -syn inclusions are located in glial oligodendrocytes [146, 149, 150]. The molecular link between mutations in the *GBA1* gene and PD was established by molecular analyses of the *GBA1* gene on a large pan-ethnic cohort comprising 5,691 patients with PD and 4,898 controls. This study revealed a strong association between *GBA1* mutations and the development of PD with an odds ratio of 5.43 and earlier onset of PD symptoms in patients with *GBA1* mutations [146]. These results have been replicated in multiple large cohorts with different ethnic backgrounds [114, 153, 154]. Today, *GBA1* mutations are widely considered the most common genetic risk factor for PD. However, it is important to keep in mind that most patients with GD and mutant *GBA1* carriers never develop synucleinopathies. These observations suggest that *GBA1* mutations and subsequent dysfunctional GCCase enzyme are not a direct cause of synucleinopathy development; other cellular processes affecting organelle homeostasis, such as ER-stress and lysosomal and mitochondrial function, might play a more central role in synucleinopathy pathogenesis. The presence of dysfunctional GCCase could exacerbate organelle dysfunction and subsequent  $\alpha$ -syn accumulation.



**Fig. 12.2** Histology of hippocampal Lewy bodies (*arrows*) from a patient with GD and DLB. (a) Hematoxylin-eosin stain and (b) anti- $\alpha$ -syn immunostaining of hippocampal tissue from the same individual

#### 12.4.2 *GC*ase and $\alpha$ -syn Homeostasis

Initially, the mechanistic link between dysfunctional GCCase enzyme and  $\alpha$ -syn aggregation focused on gain-of-function or loss-of function hypotheses, where the former supports the direct involvement of dysfunctional GCCase enzyme in the aggregation of  $\alpha$ -syn, and the latter supports the role of lysosomal GC substrate accumulation in  $\alpha$ -syn aggregation [155]. Currently, in vitro and in vivo research supports a reciprocal relationship between GCCase and  $\alpha$ -syn where downregulation of GCCase protein expression or enzyme activity results in accumulation of  $\alpha$ -syn. Increases in  $\alpha$ -syn protein expression results in reduced GCCase protein expression and enzyme activity (reviewed by [114, 156]). Furthermore, three independent studies support the observation of reduced GCCase activity and protein expression in postmortem brains of sporadic PD and DLB patients without *GBA1* mutations, reinforcing the reciprocal relationship in relevant human samples [157–159]. The molecular mechanism of the reciprocal relationship is not fully understood although there is some evidence that an increase in  $\alpha$ -syn protein levels inhibits ER-to-Golgi trafficking of GCCase, which subsequently results in downregulation of GCCase translocation to lysosomes. Less GCCase in lysosomes can lead to lysosomal GC substrate accumulation and subsequent lysosomal dysfunction, which in turn may stimulate accumulation and oligomerization of  $\alpha$ -syn throughout the cell. Buildup of  $\alpha$ -syn aggregates could, in turn, inhibit ER-to-Golgi trafficking of GCCase resulting in further decrease of this enzyme within lysosomes [160]. This reciprocal positive feedback loop could eventually lead to neurodegeneration. Evidence for this hypothesis came from a neuronopathic GD type 2 mouse model lacking GCCase. Here, autophagy and proteosomal impairment lead to accumulation of fragmented mitochondria and  $\alpha$ -syn in cultured neurons and astrocytes of the midbrain [161]. Although this

*gba*<sup>-/-</sup> model is not reflective of PD, it suggested that the lack of GCCase expression promotes  $\alpha$ -syn accumulation through impairment of cellular turnover pathways [101]. Novel insights into maintenance of  $\alpha$ -syn homeostasis by manipulating GCCase enzyme levels are promising for the development of new treatments for synucleinopathies. Although GCCase enzyme replacement therapy does not improve PD symptoms, as the recombinant enzyme does not cross the blood-brain barrier [162], molecular inhibitors of glucosylceramide synthase for GC substrate reduction therapy and molecular chaperones for enhancing GCCase translocation to the lysosomes can cross the blood-brain barrier and therefore show potential as therapeutics [163–166]. Recent research indicates associations similar to that found between mutations in *GBA1*, and the development of synucleinopathies can be expanded to other LSD-associated genes. Large molecular cohort studies suggest that mutations in the sphingomyelin phosphodiesterase (SMPD1) and  $\alpha$ -N-acetylglucosaminidase (NAGLU) genes, which are associated with Niemann-Pick disease A and B and mucopolysaccharidosis type III B, respectively, may be implicated in the development PD [167, 168]. These observations suggest that mutations in other lysosomal-resident enzymes might be classified as risk factors for the development of synucleinopathies.

## 12.5 Conclusion

When first described by Christian de Duve, and for many years after, lysosomes were often considered static organelles primarily involved in the degradation of cellular constituents. However, recent insights into lysosomal function and regulation have demonstrated otherwise. In fact, lysosomes are now considered dynamic organelles capable of not only cellular cleanup but also nutrient sensing and lipid catabolism. As mediators of autophagy, lysosomes also play an important role in the development of neurodegenerative diseases. Lysosomal dysfunction leads to not only the accumulation of aggregate-prone proteins but also impairs other organelles such as mitochondria. Together, dysfunction of this deleterious duo might drive a destructive feedback loop that culminates in the neuropathology often found in Parkinson's, Alzheimer's, and Huntington's diseases. The association between LSDs and neurodegenerative diseases such as PD, LBD, and MSA further highlight the importance of proper lysosomal function in neuronal health. Further investigations exploring the relationship between lysosomal and mitochondrial dysfunction hold promise for the discovery of new potential drug targets.

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**Part IV**  
**Measuring the Contribution of**  
**Mitochondrial Dysfunction to**  
**Neurodegenerative Disease**



# Chapter 13

## Can We Accurately Model Mitochondrial Dysfunction in Neurodegeneration?

Marijana Aradjanski and Aleksandra Trifunovic

**Abstract** Mitochondrial diseases are connected to a plethora of clinical phenotypes, with the majority of them connected to pathologies within the nervous system. Mutations in either mtDNA or nDNA genes coding for mitochondrial proteins are known to lead to catastrophic diseases in humans that are the most common cause of inborn errors of metabolism, with a frequency of about 1 in 5000. Therefore, an understanding of mitochondrial roles in normal physiology and pathological conditions is essential for the development of possible treatments for patients suffering from various forms of mitochondrial disease. Many attempts have been made to model mitochondrial dysfunction, but this has proven to be challenging due to unique features of mitochondrial genetics. Despite this, over the last 20 years, a number of very important transgenic mouse models have been developed that in a lesser or higher degree recapitulated changes detected in human patients. Here we discuss some of the most important mouse models generated to mimic mitochondrial encephalomyopathies and the lessons learned from them.

**Keywords** Mitochondrial encephalomyopathies • Mitochondrial diseases • mtDNA • OXPHOS deficiency • Cybrids • Transgenic mice • CaMKII $\alpha$ -Cre • mtDNA mutations • Neuronal dysfunction • Ataxia • Leucoencephalopathy

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## 13.1 Introduction

Mitochondria are unique organelles that allowed the development of multicellular life on our planet by providing eukaryotic cells with a highly efficient form of energy production, through the process of oxidative phosphorylation (OXPHOS). Besides this, mitochondria play an important role in versatile cell processes and signalling pathways, including calcium homeostasis, cell cycle regulation, apoptosis, reactive oxygen species (ROS) production, and thermogenesis [1]. As a relic of their alphaproteobacterial origin, they possess their own genome, mitochondrial DNA (mtDNA) that encodes 13 polypeptide subunits of OXPHOS complexes I, III, IV, and V and a full set of RNAs (22 tRNAs and 2 rRNAs) necessary for the effective protein synthesis inside mitochondria. All other polypeptides ( $\approx 1500$ ), including other OXPHOS subunits, various metabolic enzymes, and a full complement of proteins required for mtDNA maintenance and expression, are encoded by the nuclear genome (nDNA), translated in the cytoplasm, and imported into mitochondria (see Chap. 1). The dual origin of mitochondrial proteins gives clear ideas about the importance of the constant and regulated communication between nDNA and mtDNA for the maintenance of cell metabolism and homeostasis. Moreover, mitochondrial dynamics and involvement in cellular adaptive responses and quality control through processes of autophagy and apoptosis add additional layers to the integral picture of mitochondria complexity.

The integration of mitochondria into different aspects of cell physiology is reflected by dramatic repercussions linked to mitochondrial dysfunction. Syndromes featuring impaired mitochondrial energy production are commonly referred to as “mitochondrial diseases”. Although mitochondrial diseases are usually multisystemic, the brain and muscle are the most commonly affected tissues. This notion became apparent almost four decades ago when paediatric neurologists coined the term “mitochondrial encephalomyopathies” to call attention to the frequent occurrence of brain disease in children with mitochondrial alterations in their muscle biopsies [2]. This term today is reserved for defects of the respiratory chain (OXPHOS). Even within these boundaries, the classification of the mitochondrial encephalomyopathies became quite complicated, including two types of primary mtDNA mutations (impairment of global mitochondrial protein synthesis and of the translation of specific respiratory chain subunits), and a much larger menu of Mendelian disorders (due to mutations in nuclear-encoded mitochondrial respiratory chain proteins). Also, genetic errors in other fundamental mitochondrial functions that do not directly affect the respiratory chain have major deleterious effects on the nervous system, including impaired import of mitochondrial proteins and defects of mitochondrial dynamics, such as motility, fission, fusion, and distribution.

Central nervous system (CNS) involvement in mitochondrial disorders is clinically heterogeneous, manifesting as epilepsy, stroke-like episodes, migraine, ataxia, spasticity, extrapyramidal abnormalities, bulbar dysfunction, psychiatric abnormalities, neuropsychological deficits, or hypophyseal abnormalities [3]. Mutations in

mtDNA, the generation and presence of ROS, and environmental factors may contribute to energy failure and lead to neurodegenerative diseases. Furthermore, mitochondrial dysfunction has been associated with the pathogenesis of neurodegeneration in age-associated diseases such as Parkinson's, Huntington's, and Alzheimer's diseases [3, 4].

Taking into consideration the complexity of multifaceted mitochondria, in this chapter we will make an overview of the research being done in order to model mitochondrial dysfunction in neurodegeneration, specifically connected to mitochondrial diseases. Although many different attempts have been made to model mitochondrial diseases in various organisms, this chapter will focus on genetic manipulations in the mammalian model system – transgenic mice. We have classified different mouse models according to whether they targeted the mtDNA integrity and stability or the introduced mutation is in nucleus-encoded proteins affecting activity, levels, and stability of OXPHOS complexes (Table 13.1).

## 13.2 Modelling the Role of mtDNA Mutations and Loss of mtDNA Integrity in Neurodegeneration

Generation of animal models carrying specific mtDNA mutations has proven to be extremely challenging mainly because stable DNA transfection into mammalian mitochondria is still basically unfeasible. The introduced DNA must cross not one, but three membranes – the plasma membrane plus two mitochondrial membranes, the innermost of which is impermeable to large hydrophilic polyanions such as DNA or RNA. Even if the DNA molecule were able to access the matrix, it would need to be stably recombined into an endogenous copy of mtDNA or maintained independently. As the level of mtDNA recombination is believed to be very low in many species, including mammals, only entire mitochondrial genomes could be used as a potential vector for replication, meaning that an incoming genome needs to rapidly associate with the soluble and membrane-bound factors necessary to promote mtDNA transmission. Finally, as mtDNA is present in many copies in any one mammalian cell, it is unlikely that transfection would introduce many copies of foreign DNA inside mitochondria certifying that only a minute portion of mitochondria will carry the desired mutation. However, a minimum critical proportion of mutated mtDNA is necessary before biochemical defects and tissue dysfunction become apparent. Typically, this threshold value is in the range of 60–90 % mutant to wild-type mtDNA, resulting in a requisite of numerous transformation events to ensure introduced mtDNA reaches meaningful levels [31]. Several attempts have been made to transform mitochondria within cells using: (1) the “ProtoFection” technology that uses recombinant human mitochondrial transcription factor A (TFAM) engineered with an N-terminal protein transduction domain (PTD) followed by the mitochondrial localisation signal (MLS) to deliver mtDNA cargo to the mitochondria of living cells [7] or (2) nanocarriers, including DQAsomes

**Table 13.1** Mouse models for neuropathological phenotypes in mitochondrial diseases

Mouse model	Genetic manipulation	Phenotype	Reference
<i>Transmitochondrial mice</i>			
CAP <sup>R</sup> mouse	A2379T mutation in mitochondrial 16s rRNA gene	Changes in the optic nerve	Marchington et al. [5]
ΔmtDNA mouse	4696 bp deletion in mtDNA (including 6tRNAs and 7 polypeptides)	Impairment of long-term memory	Inoue et al. [6] Tanaka et al. [7]
MT-COI mouse	T6589C mutation in mtDNA	COX deficiency in brain	Kasahara et al. [8]
MT-ND6 mouse	G13997A mutation in mtDNA	Leber's hereditary optic neuropathy (LHON)-like phenotype	Lin et al. [9]
		Axonal swelling	
		Neuronal accumulation of abnormal mitochondria	
MT-TK mouse	G7731A mutation in mitochondrial tRNA <sup>Lys</sup> gene	Loss of small retinal fibres and swollen axons	Shimizu et al. [10]
		Mild features of mitochondrial disease	
<i>Manipulation of proteins involved in mtDNA maintenance</i>			
mtDNA mutator mouse	Knock-in:	Stochastic brain malformations	Trifunovic et al. [11]
	Polg <sup>D257A</sup> (lacking proofreading activity)		Ross et al. [12]
Deletor mouse	Overexpression of Twinkle <sup>dup352-364</sup>	Brain respiratory deficiency	Tyynismaa et al. [13]
	Twinkle <sup>A359T</sup> (ubiquitous)		
	Overexpression of Twinkle <sup>dup352-364</sup> (in dopaminergic neurons; TH promoter)	Reduction in parkin levels; dopaminergic neurodegeneration	Song et al. [14]
MILON mouse	Knockout:	Late-onset neurodegeneration followed by gliosis	Sorensen et al. [15]
	Forebrain-specific neurons (CaMKIIα-Cre)		
MitoPark mouse	Knockout:	Progressive Parkinsonism	Ekstrand et al. [16]
	Dopaminergic neurons (Dat-Cre)		
TK2-deficient mouse	Knockout:	Encephalopathy and premature death	Zhou et al. [17]
	Whole body (homologous recombination)		
	Knock-in:	Encephalopathy and premature death	Akman et al. [18]
	Tk2 <sup>H126N</sup>		

**Table 13.1** (continued)

Mouse model	Genetic manipulation	Phenotype	Reference
TYMP-deficient mouse	Knockout:	Leucoencephalopathy	Nishino et al. [19]
	Whole body		Lopez et al. [20]
	Whole body with UP deficiency		Haraguchi et al. [21]
<i>Manipulation of nDNA encoded OXPHOS proteins</i>			
Ndufs4-deficient mouse	Knockout:		
	Whole body (Mox2-Cre)	Leigh-like phenotype	Kruse et al. [22]
	Neurons and glia (Nestin-Cre)	Fatal progressive encephalopathy, ataxia, glial reactivity, and neuronal loss	Quintana et al. [23]
	Dopaminergic neurons (Dat-Cre)	No overt neurodegeneration	Sterky et al. [24]
Ndufa5-deficient mouse	Knockout:	Partial defects of CI in neurons, lethargy, loss of motor skills	Peralta et al. [25]
	Neurons (CaMKII $\alpha$ -Cre)		
Coq9-deficient mouse	Knock-in:	Encephalopathy with astrogliosis and neuronal death	Garcia-Corzo et al. [26]
	239R>X mutation		
RISP-deficient mouse	Knockout:	Oxidative damage followed by neuronal death	Diaz et al. [27]
	Neurons (CaMKII $\alpha$ -Cre)		
SURF1-deficient mice	Knockout:	Surprising lack of neurological phenotypes, long lived	Dell'agnello et al. [28]
	Whole body (ubiquitous Cre – not specified)		
COX10-deficient mouse	Knockout:		
	Neurons (CaMKII $\alpha$ -Cre)	Cortical neurodegeneration, behavioural abnormalities	Diaz et al. [27]
	Oligodendrocytes and Schwann cells (Cnp1-Cre)	Peripheral nervous system neuropathy, dysmyelination, and muscular atrophy	Funfschilling et al. [29]
ETHE1-deficient mouse	Knockout:	Ethylmalonic encephalopathy	Tiranti et al. [30]
	Whole body (ubiquitous Cre – not specified)		

[*dequalinium-based liposome-like vesicles*], cationic, self-assembling vesicles that target the mitochondrion [32], and MITO-Porter, which enters cells by macropinocytosis and mediates mitochondrial membrane fusion [31]. However, these approaches have been heavily criticised for the lack of a mechanism for how mtDNA crossed the three membranes or the size of mtDNA fragments that could be transported, and even more importantly, so far, no researchers outside the laboratories of the inventors have successfully reported the use of any of these systems for mitochondrial transformation inside living cells [9].

Additional attempts have been tried to introduce DNA into isolated mitochondria with a bit more success in the hands of multiple researchers. Successful import of DNA into isolated mitochondria has been reported using the protein import pathway [33, 34], electroporation [35], natural competence [36], or bacterial conjugation [37]. However, none of these methods are commonly used or generally accepted for mitochondrial transformation, not least as it raises a concern of how these mitochondria would be reintroduced into host cells [9].

These technical difficulties have given rise to different methods to manipulate the mtDNA integrity in experimental animals. To date, two different approaches have been successfully tried for introducing genetically distinct mtDNA into mouse models: (1) cybrid technology using fusion of cell cytoplasts bearing mutant mtDNA to undifferentiated mouse stem cells, followed by injection into mouse blastocysts [38], or directly to mouse single-cell embryos [6] and (2) manipulation of proteins essential for mtDNA maintenance, primarily leading to increases in spontaneous mtDNA mutations [11], rearrangements [13], and depletion of mitochondrial genome [39].

### ***13.2.1 Cybrid Models of Mitochondrial Diseases: Transmitochondrial Mice***

Cybrids, or “cytoplasmic hybrids”, are cultured cells manipulated to contain introduced mitochondrial DNA (mtDNA). They are produced by fusion of the whole cell with a cytoplast, which contains cytoplasm and organelles, including mitochondria, but lacks nucleus. The enucleation is achieved by simultaneous application of centrifugal force and treatment of the cell with an agent that disrupts the cytoskeleton. A number of laboratories have reported use of cybrid methodologies to create transmitochondrial mouse models [5, 6, 38, 40, 41]. Here we will mention the most important examples and specifically focus on results regarding neurological phenotypes.

#### **13.2.1.1 CAP<sup>R</sup> Mice**

At the turn of the last century, two groups in parallel produced the very first transmitochondrial mice carrying an m.2379A>T mutation in the highly conserved part of mitochondrial 16S rRNA gene, warranting chloramphenicol resistance (CAP<sup>R</sup>) to its host, hence the name CAP<sup>R</sup> mice [5, 40]. Although using slightly different approaches, both groups have managed to produce cybrid embryonic stem (ES) cells, mostly carrying mutant mtDNA (90–100%) that was injected into blastocysts, and the obtained embryos are implanted into pseudopregnant females [5, 40]. Analysis of heteroplasmy in different tissues of obtained chimeric mice demonstrated that despite heavy manipulation and chloramphenicol selection, the ES cells with mtDNA m.2379A>T mutation were able to contribute to the development of

different tissues, although at fairly low levels (on average, less than 10%) [5, 40]. Remarkably, the germ-line transmission of the CAP<sup>R</sup> mutation even when present in moderate levels (44–52%) resulted in severe growth retardation, myopathy, dilated cardiomyopathy, and perinatal or in utero lethality [38]. However, these mice did not present any neural phenotypes, besides prominent hamartomatous-like changes (a benign, focal malformation that resembles a neoplasm) of the optic nerve head [38].

### 13.2.1.2 $\Delta$ mtDNA Mice

A slightly different approach was used to create delta-mtDNA ( $\Delta$ mtDNA) mice [6]. Mitochondria carrying somatic mtDNA mutation ( $\Delta$ mt4696) from aged mouse brain [synaptosomes] were fused to cells lacking mtDNA ( $\rho$ 0 cells) to create cybrid clones expressing mtDNA with a 4696 bp deletion that included genes encoding for 6 tRNAs (K, G, R, H, S, L) and 7 polypeptides (ND3, ND4, ND4L, ND5, COXIII, ATP6, and ATP8) [6]. These cybrids were then enucleated, again fused to pronuclear-state embryos, and implanted into pseudopregnant females [6]. Although this procedure produced a low level of alive heteroplasmic animals, some founder females were identified, and with subsequent breeding, germ-line transmission of the mtDNA deletion was obtained through three generations [6]. This came as a surprise, as germ-line transmission of large mtDNA deletions rarely occurs in humans. Furthermore, although high tissue-specific differences in the amount of mutant mtDNAs are common in patients suffering from mitochondrial diseases, individual  $\Delta$ mtDNA mice showed similar proportions of deleted mtDNA in all tissues that varied greatly among individuals (5–90%) [6]. Furthermore, gene mapping of transmitted mtDNA revealed the presence of a partially duplicated mtDNA molecule consisting of one wild-type and one  $\Delta$ mt4696 mtDNA. The skeletal muscle, heart, and blood contained 0–17% of the partially duplicated mtDNA, but it was not detected in other tissues [6].

There was a strong correlation between pathological phenotypes and the level of deleted mtDNA. Mice with about 30–50% of  $\Delta$ mt4696 at birth were healthy, but developed mitochondrial respiratory deficiency and disease phenotypes when the load of mtDNA deletions reached 75–80%, leading to shortening of the lifespan to about 1.5 years. On the other hand,  $\Delta$ mtDNA mice carrying more than 70% mtDNA with the deletion at birth died at around 6 months of age [40]. Most clinical phenotypes, including low body weight, lactic acidosis, systemic ischaemia, hearing loss, male infertility, and a very prominent renal failure, conveyed when the mtDNA with deletions reached the threshold of around 80% [6, 40, 42, 43]. This came as a bit of a surprise because renal failure is not a common pathology associated with mitochondrial diseases. Nevertheless, phenotypes of  $\Delta$ mtDNA mice mimic early-onset Pearson syndrome in humans that is caused by a single heteroplasmic mtDNA deletion and leads to anaemia, mitochondrial myopathy, and pancreatic and renal insufficiency [6].

Mice carrying more than 60% of  $\Delta$ mt4696 already had mitochondrial respiration defects in the visual cortex and dentate gyrus, accompanied by impairment of

memory at long retention delays, but not learning and temporal memory [7]. The authors associated this with reduced levels of Ca<sup>2+</sup>/calmodulin-dependent kinase II- $\alpha$  (CaMKII $\alpha$ ), a protein important for the establishment of spatial remote memory [7]. The mechanism by which moderate respiratory deficiency affects CaMKII $\alpha$  is not completely clear, but it was proposed that either (1) increased lactic acidosis resulting from respiratory deficiency could deplete calcium and disturb signalling in nerve cells, which would lead to a general reduction of the CaMKII $\alpha$  protein levels [44], or (2) reduction and depletion of the mitochondrial energy supply could affect the processes of translation and/or targeting of CaMKII $\alpha$  mRNAs [7]. Although both of these models await experimental confirmation, it seems that the  $\Delta$ mtDNA mouse could be a valuable model since it represents the only mammalian model with impairment of spatial remote memory caused by mitochondrial respiration deficiency [7]. On the other hand,  $\Delta$ mtDNA mice do not faithfully recreate the most common phenotypes caused by a single large mtDNA deletion in humans, ranging from mild myopathy to devastating multisystemic syndromes such as Kearns-Sayre syndrome (KSS) [45, 46].

### 13.2.1.3 *MT-COI* Mice

The first transmitochondrial mouse carrying a point mutation in the mtDNA was created by introducing the missense m.6589T>C mutation in the *COI* gene [8]. These mice are created by fusing respiratory-deficient mouse B82 cell lines to ES cells depleted of mitochondria. As B82 cells lack thymidine kinase, unfused cells could not survive in the selection medium with hypoxanthine/aminopterin/thymidine (HAT) and therefore were effectively eliminated [8]. ES cell clones positive for the mutation were introduced in 8-cell stage embryos and subsequently transferred to a pseudopregnant female. The resulting mice were homoplasmic for the introduced mutation in all analysed tissues [8]. Further analysis was carried in the F6 mice backcrossed to a C57B6 background to show that the observed phenotype does not come from  $\Delta$ mtDNA nuclear incompatibility. The analysed mice showed growth retardation and 50–70% decrease in COX activity in the brain, heart, liver, and skeletal muscle (of the control levels) [8]. Although increased blood lactate levels were detected in these mice, there were no signs of epilepsy, as reported in patients with *mt-COI* missense mutation [47]. The authors did not proceed further in their analysis of these mice, and therefore we do not have reports of any additional phenotypes arising in them.

### 13.2.1.4 *MT-ND6* Mice

Possibly the mouse model that most accurately copies the human pathology was created for Leber's hereditary optic neuropathy (LHON) by introducing the human optic atrophy *ND6 G14600A (P25L)* mutation into the mouse [9]. LHON is the



first inherited mtDNA disease reported [48] and probably the most prevalent one caused by mtDNA missense mutations, having an estimated frequency of 15 in 100,000 [49]. LHON is typically caused by mutations in one of the three mtDNA-encoded complex I (CI) genes (*MT-ND1*, *MT-ND4*, and *MT-ND6*) [49]. Patients with classic LHON experience loss of central vision, usually in both eyes, between 15 and 35 years of age due to preferential loss of papillomacular bundle nerve fibres [49].

Creation of *MT-ND6* homoplasmic mutant mice started with mutagenesis of murine LMTK cell line, followed by enrichment of introduced mtDNA mutations by ethidium bromide depletion, reamplification, and cloning and subsequent selection of the respiratory-deficient clones using glucose- or galactose-containing media. This approach produced a clone carrying homoplasmic m.13997G>A mutation (*MT-ND6* P25L substitution) with isolated CI deficiency (23 % residual activity), 65 % reduction in ATP synthesis, and increased ROS production [9]. The enucleated clones were fused with mouse ES cells, chimeric females were identified, and the maternal transmission of the homoplasmic *MT-ND6* m.13997G>A mtDNA mutation was confirmed by mtDNA sequencing [9]. Remarkably, despite the systemic reduction of CI activity, like in LHON patients, the phenotype was restricted to the optic nerve. The mice mirrored some of the typical LHON patient phenotypes like: reduction in retinal function by electroretinogram (ERG), age-related decline in central smaller calibre optic nerve fibres with sparing of larger peripheral fibres, neuronal accumulation of abnormal mitochondria, axonal swelling, and demyelination decreased retinal response, preferential loss of small retinal fibres, and swollen axons of retinal ganglion cells, due to the accumulation of morphologically abnormal mitochondria [9]. Reduced CI activity and highly increased ROS levels were detected in mitochondria and synaptosomes isolated from the brain of these mice. Surprisingly, normal ATP levels were detected in synaptosomes of these mice, indicating that the primary cause of the retinal impairment was the chronic oxidative damage rather than the energetic failure [9]. As the aetiology of LHON still requires better understanding, this mouse model could be essential for better characterisation of the relationship between mtDNA and optic nerve dysfunction and could further be used to test antioxidant therapies *in vivo*.

Surprisingly, mice with the same m.13997G>A mutation that arose independently in C57BL Lewis lung tumour cells on a different mtDNA background had a distinctly different phenotype [50]. They showed moderate complex I defects and increased lactate levels at a young age, but no other phenotypes related to mitochondrial diseases [50]. Later in life, these *MT-ND6* mice developed some age-associated phenotypes, such as development of B lymphoma and diabetes, but no neurological or ophthalmological symptoms were detected [51]. It is currently not clear where this strong discrepancy between the two models is coming from, although, at least in part, it could be ascribed to different genetic backgrounds. Further studies using both models in parallel are clearly needed to address this issue.

### 13.2.1.5 *MT-TK* Mice

A transmitochondrial mouse with an m.7731G>A mutation in *MT-TK* (mitochondrial tRNA<sup>Lys</sup>) gene was recently generated from a mouse lung carcinoma P29 cell line [10]. Mitochondrial transfer RNA (mt-tRNA) mutations are the most common mtDNA mutations to cause human disease, and this was the very first mouse model with a point mutation in mitochondrial tRNA gene that has a counterpart in human patients affected by mitochondrial disease. The mice were created by fusing ES cells depleted of mitochondria with the cybrid clone having 70% heteroplasmy for *MT-TK* m.7731G>A [10]. The mutation was transmitted through subsequent generations, if present in ≤85% heteroplasmy, while oocytes containing a higher mutational load seem to be lost during development [10]. Mice with predominant m.7731G>A heteroplasmy displayed some features of mitochondrial diseases, such as short body length and muscle weakness, but not ragged red fibres (RRFs). However, *MT-TK* m.7731G>A did not reproduce the severe phenotype of patients with matching human *MT-TK* mutation (m.8344G>A) associated with MERRF (myoclonic epilepsy with ragged red fibres) possibly because of the lower heteroplasmy level transmitted to the progeny. At this point, a possibility for a late onset of the disease in mice cannot be excluded. One striking difference between *MT-TK* m.7731G>A and human patients with matching mutation(s) is the loss of oocytes with high mutational load in mice [10]. This aspect underlines once more the difficulties in creating mouse models resembling human defects and, probably, species-specific differences in mtDNA selection during germ-line transmission and segregation in tissues. Nevertheless, we believe that this mouse model will be useful for studying specific aspects of human mitochondrial myopathies and possibly testing therapeutic compounds.

### 13.2.2 *Manipulating Proteins Essential for mtDNA Maintenance*

Besides the direct manipulation of mtDNA, manipulation of proteins involved in mitochondrial genome maintenance, primarily mtDNA replication, has been used in order to create animal models for mitochondrial diseases. Replication of the mitochondrial genome requires unique enzymatic machinery, composed of a set of factors encoded by nuclear DNA and recruited to mitochondria. In vitro studies showed that the basic replication fork of human mitochondria can be reconstituted using primed single-stranded DNA substrate and at least five mtDNA maintenance factors: catalytic and accessory subunit of DNA polymerase gamma (POLG and POLG2), mitochondrial RNA polymerase (POLRMT), replicative DNA helicase (TWINKLE), and the mitochondrial single-stranded DNA binding protein (MTSSB) [52]. Although this simple mitochondrial replisome is sufficient to duplicate a DNA substrate in vitro, proper maintenance and effective replication of the mitochondrial genome involve a much longer and still growing list of factors.

### 13.2.2.1 MtDNA Mutator Mouse

Development of mtDNA mutator mice allowed detailed analysis and understanding of the role of random somatic mtDNA mutations in the development of mitochondrial pathologies [11]. MtDNA mutator mice are created by introducing a single point mutation in the highly conserved exonuclease domain of POLG, resulting in almost complete inactivation of proofreading exonuclease activity in these mice [11]. As the proofreading was abolished, mtDNA mutator mice accumulated three to five times more random mtDNA mutations and developed a range of phenotypes reminiscent of naturally occurring ageing and had a very significantly shortened lifespan [11]. The high number of mtDNA point mutations in mtDNA mutator mice leads to the synthesis of respiratory chain (RC) subunits with many amino acid substitutions that likely cause instability of the RC complexes [53]. Although initial studies indicated that neuronal phenotypes are not predominant in mtDNA mutator mice [11], some studies have specifically addressed changes in the central nervous system (CNS) of these mice [54]. Initially it was reported that mitochondrial dysfunction in the mtDNA mutator mouse brain leads to a metabolic shift from aerobic respiration to glycolytic metabolism [54]. Using proton magnetic resonance spectroscopy, increased brain lactate levels have been detected in these mice, and this was assigned to mitochondrial dysfunction in neurons that, instead of metabolising pyruvate through the tricarboxylic acid (TCA) cycle, supposedly rely on glycolysis and anaerobic metabolism [54]. However, a later study on the CNS phenotypes failed to confirm general mitochondrial dysfunction in mtDNA mutator brains and instead described embryonic-onset dysfunction of somatic stem cells (SCs), including neural progenitors [55]. It has been demonstrated that development of neural and haematopoietic progenitor cells of the mtDNA mutator mice is already affected during foetal development and that neural stem cells showed decreased abundance *in vivo* as well as reduced self-renewal capacity *in vitro* [55]. Moreover, the observation that treatment with the antioxidant N-acetylcysteine restores the self-renewal ability of neural progenitor cells has led to the conclusion that an aberrant change in ROS signalling or redox status is sufficient to modify signalling in somatic stem cells and severely disrupt their homeostasis [55]. Recently, another study on mtDNA mutator mice has shown that a combination of inherited and somatic mtDNA mutations causes stochastic brain malformation, which suggests that starting life with healthy mitochondria might be crucial for maintaining brain health during the course of ageing [12]. This study further showed that the initial report on the more general mitochondrial dysfunction in the mtDNA mutator brain is likely a result of the increased, inherited mtDNA mutation load, rather than lifelong somatic mtDNA mutation accumulation. It seems that in mice, unlike humans, spontaneous somatic mtDNA mutations are less likely to cause pathological phenotypes in the brain than other tissues, like the heart, spleen, or skeletal muscle.

Although mtDNA mutator mice were extremely valuable to model and understand the general role of random somatic mtDNA mutations, they cannot be used to model numerous diseases caused by POLG mutations. Mutations in *POLG* have been associated with a number of mitochondrial disorders that affect the stability of

mtDNA, primarily leading to mtDNA deletion and depletion syndromes [56, 57]. The most common disease caused by *POLG* mutations is the autosomal dominant (ad) or autosomal recessive (ar) form of familial progressive external ophthalmoplegia (PEO) [57–59]. Additional clinical presentations like autosomal recessive sensory ataxic neuropathy with dysarthria and ophthalmoplegia (SANDO) and Alpers' hepatophatic poliodystrophy have also been associated with *POLG* mutations [60–62]. Furthermore, dominant *POLGA* mutations have shown to cause a severe multisystemic disorder including Parkinsonism and premature menopause, which are not typical of mitochondrial disease [63]. To accurately model these diseases, novel mice that carry specific *POLG* patient mutations should be developed.

### 13.2.2.2 Deletor Mouse

TWINKLE is a hexameric helicase that together with *POLG* and *MTSSB* forms the minimal mtDNA replisome in vitro [52]. Dominant mutations in TWINKLE are associated with PEO [64]. A decade ago, two transgenic mice models over-expressing either in-frame duplication [352–364] or amino acid substitution (A359T) found in human patients were developed [13]. The in-frame duplication is structurally the most severe mutation so far described in TWINKLE patients, and correspondingly Twinkle<sup>dup</sup> mice showed more severe phenotypes than Twinkle<sup>A359T</sup> [13]. They are named “deletor mice” as their main feature is the age-dependent accumulation of multiple large mtDNA deletions, along with the respiratory chain dysfunction. A predominant phenotype in deletor mice is mitochondrial myopathy, and the muscles of the mice faithfully replicate all of the key histological, genetic, and biochemical features of PEO patients [13]. Brain respiratory deficiency followed the muscle phenotypes, and COX-deficient (COX-) neurons are primarily found to be Purkinje cells and large pyramidal neurons in the hippocampal CA2 region. A few COX- neurons were also identified from the olfactory bulbs, substantia nigra, and hypothalamus [13]. In contrast to mtDNA mutator mice, deletor mice did not show signs of premature ageing, although they showed progressive respiratory chain deficiency due to the accumulated mtDNA deletions. These mice represent a very good model for the late-onset progressive mitochondrial disease, without affecting the lifespan [13]. More recently, a mouse model expressing mutated TWINKLE (352–364 duplication) specifically in dopaminergic neurons of substantia nigra was created [14]. These mice feature late-onset mild respiratory dysfunction accompanied with increased mtDNA deletions and reduction in parkin levels with alterations in autophagy, which together causes dopaminergic neuron degeneration and movement defects [14]. Although interesting and with results in agreement with previous deletor mice, this specific model conceptually adds novelty in modelling mitochondrial involvement in certain brain regions.

### 13.2.2.3 MILON and MitoPark Mice

One of the very first mouse models mimicking mitochondrial dysfunction found in patients was the TFAM (mitochondrial transcription factor A)-deficient mouse [39]. *Tfam* encodes a protein with dual function that is on one side important for packaging of mtDNA and on the other is an important transcriptional activator necessary for mitochondrial replication and transcription. TFAM is an essential mitochondrial protein whose constitutive depletion leads to embryonic lethality between E8.5 and E10.5 [39]. Tissue-specific depletion of *Tfam* in forebrain neurons and hippocampus using Cre recombinase under CaMKII $\alpha$  promoter (CaMKII $\alpha$ -Cre) leads to creation of the so-called MILON (mitochondrial late-onset neurodegeneration) mouse that showed reduced mtDNA levels already at 2 months and severe respiratory chain deficiency in neurons from 4 months of age [15]. Strong respiratory deficiency led to progressive neurodegeneration and massive apoptosis followed by evident gliosis in the cortex and hippocampus, starting around 5 months of age [15]. MitoPark mouse was another conditional *Tfam* knockout mouse created using Cre recombinase under the dopamine transporter promoter (DAT-Cre) that depleted TFAM in dopaminergic neurons of substantia nigra [16]. MtDNA expression was dramatically reduced at 6 weeks of age, although phenotypic manifestations of Parkinsonism (Parkinson's disease [PD]-like phenotypes) started to develop much later. MitoPark mice showed significantly decreased locomotion and rearing behaviour at 14 weeks of age, and from 20 weeks of age, the mice started to display apparent disease manifestations such as tremor, twitching, and abnormal gait [16]. This slowly progressive impairment of motor function was accompanied by formation of intraneuronal inclusions and dopamine nerve cell death, and like in PD patients, these mice responded to L-DOPA therapy with a differential success depending on disease stage [16]. Therefore, the MitoPark mouse model was the first to recapitulate many of the cardinal clinical features of PD, namely, progressive neurodegeneration and death of neurons, loss of motor function, and therapeutic response to L-DOPA, and is extensively being used in PD research [65–67].

### 13.2.2.4 Tk2-Deficient Mice

The correct maintenance of mtDNA depends not only on the normal activity of the enzymes involved in replication, but also on a balanced pool of dNTPs. The first step for the salvage pathway synthesis of dNTPs, on which postmitotic tissues primarily rely to maintain their dNTP pools, is provided by the constitutively expressed mitochondrial thymidine kinase (TK2) [68]. Mutations in the *TK2* gene primarily cause mitochondrial DNA depletion syndrome (MDS) with a broad clinical spectrum ranging from severe fatal infantile myopathy with motor regression, spinal muscular atrophy, and rigid spine syndrome to mild mitochondrial myopathy [69, 70]. To model the MDS, two different TK2-deficient mice were developed in parallel: one was created by deleting exons 4 and 5 (*Tk2*-/-) [17] and the other by

introducing the H126N mutation ( $Tk2^{H126N}$ ) [18] corresponding to the human pathogenic H121N mutation that drastically reduces TK2 activity [69]. Despite the genetic difference and the presence of some residual TK2 activity in the  $Tk2^{H126N}$  animals, these two mouse models shared phenotypes of severe isolated encephalopathy with a growth defect, but no major skeletal muscle alterations [17, 18]. Progressive mtDNA depletion was associated with depletion of dNTP pools and a severe mitochondrial defect, characterised by loss of mtDNA-encoded OXPHOS subunits, CI and CIV deficiency, and ATP reduction [17, 18]. As the brain was the most affected tissue, these mice displayed primarily neurological phenotypes like ataxic gait, coarse tremors, impaired motor coordination, abnormal limb claspings, and generalised weakness [17, 18]. This also represents the main difference in comparison to patients that also have a strong myopathic phenotype that was lacking in mice or is possibly masked by a severity of neurological phenotype [17, 18, 69, 70]. However, these mice still represent a very valuable tool to study MDS, but once again show that even mutations homologous to that found in human patients do not necessarily lead to development of the same pathologies.

### 13.2.2.5 *Tymp*-Deficient Mice

Thymidine phosphorylase (TP), a protein encoded by the *TYMP* gene, is also an enzyme involved in the pyrimidine salvage pathway, required for the reversible reaction catalysing thymidine and phosphate to thymine and deoxyribose-1-phosphate [19]. Mutations in *TYMP* cause mitochondrial neurogastrointestinal encephalopathy (MNGIE), an autosomal recessive syndromic disease clinically defined by the occurrence of gastrointestinal dysmotility with intestinal pseudo-obstruction, peripheral neuropathy, ptosis, ophthalmoparesis, and hearing loss [19]. Loss of TP catalytic activity causes an accumulation of thymidine and nucleosides in the blood and tissues of affected patients leading to multiple deletions and depletion of mtDNA [71].

To model MNGIE in mice, both *TYMP* and *UPPI* gene, encoding uridine phosphorylase (UP), had to be knocked down, as in mice, unlike humans, UP can compensate for the loss of TP [21]. Initial study described leucoencephalopathy with enlarged myelinated fibres in *Tymp*<sup>-/-</sup>/*Upp1*<sup>-/-</sup> mice, but no mtDNA abnormalities, leading them to conclude: “encephalopathy in MNGIE patients does not appear to be caused by mtDNA alterations” [21]. However, a consequent study questions these results and conclusion, as they showed that elevated thymidine and uridine levels lead to mtDNA depletion, respiratory chain defects, and histological alterations in the brain of *Tymp*<sup>-/-</sup>/*Upp1*<sup>-/-</sup> mice [20]. However, these mice only partially resembled MNGIE patients, since they presented mtDNA depletion and pathophysiological changes only in the brain, despite ubiquitous TP deficiency [20]. A few possible explanations have been put forward for this discrepancy including: (1) the shorter lifespan of mice may not be sufficient to allow significant accumulation of somatic mtDNA alterations and consequent respiratory dysfunction in most tissues, (2) mitochondrial dNTP pool imbalances in MNGIE patients are more dramatic than in *Tymp*<sup>-/-</sup>/*Upp1*<sup>-/-</sup> mice and therefore could cause mtDNA instability in

more tissues, and (3) differential expression and activities of other enzymes involved in the pyrimidine metabolism are likely to influence in the balance of the mitochondrial dNTP pools and contribute to the tissue-specific effects in mice and humans [20]. Despite these differences, this knockout mouse represents an important model to further investigate the pathophysiology of leucoencephalopathy in mitochondrial diseases and is a useful tool to develop therapeutic strategies for MNGIE.

### **13.3 Manipulating nDNA-Encoded Proteins Involved in Mitochondrial Diseases and Neurodegeneration**

The OXPHOS complexes are composed of subunits encoded by both nDNA and mtDNA with the exception of complex II, which is exclusively encoded by nDNA. For fully and correctly assembled OXPHOS complexes, exact coordination of the expression of nuclear and mitochondrial proteins is needed. Defects in OXPHOS result in varied pathologies and metabolic diseases, mostly affecting the organs with high-energy demands, such as the heart, skeletal muscle, and brain. Many attempts to create mouse models for OXPHOS deficiencies have failed because of the essential nature of targeted genes for mitochondrial function, leading to embryonic lethality in generated models [72]. However, in recent years, a number of viable mouse models related to the components of OXPHOS proteins encoded by the nuclear genome were constructed in order to study pathogenic mechanisms underlying these diseases.

#### ***13.3.1 Complex I-Deficient Models***

Mammalian complex I (CI) or NADH-ubiquinone oxidoreductase is the largest enzyme of the OXPHOS and consists of at least 38 subunits encoded by nDNA and 6 subunits encoded by mtDNA [73]. Isolated complex I deficiency is the most frequently diagnosed mitochondrial defect accounting for almost 23% of all cases of childhood respiratory chain deficiency [74]. The most common phenotypes associated with isolated complex I deficiency are the Leigh syndrome (LS) and Leigh-like disease which mainly cause psychomotor retardation, brainstem dysfunction, seizures, failure to thrive, muscular hypotonia, dystonia, abnormal eye movements, and lactic acidosis [75].

##### **13.3.1.1 *Ndufs4*-Deficient Mice**

NDUFS4 (NADH-ubiquinone oxidoreductase iron-sulphur protein 4) is an 18 kDa protein, inserted at a late stage of CI biogenesis, essential for CI assembly and stability. *Ndufs4* gene is a mutational hot spot in humans leading to development of LS and Leigh-like encephalomyopathy phenotype [76]. The first NDUFS4-deficient

mouse model was a whole-body knockout (*Ndufs4*<sup>-/-</sup>) that rapidly developed a Leigh-like phenotype characterised by ataxia, blindness, retarded growth rate, lethargy, and increased serum lactate, leading to premature death at about 7 weeks of age [22]. These mice developed isolated CI deficiency with a very specific tissue distribution, with liver and CNS being the most affected tissues, whereas CI activity in the skeletal muscle of *Ndufs4*<sup>-/-</sup> mice was reduced to about 50% of control levels [22]. It is also quite interesting that these mice lived for about 5 weeks without signs of illness after which they rapidly developed a fatal phenotype. Although it was assumed that NDUF54 subunit plays an essential role in assembly and stability of the CI, the results from *Ndufs4*<sup>-/-</sup> mice demonstrated that CI could be formed without it, most probably because of the compensatory activity of other subunits in a tissue-specific manner [22]. Remarkably, mice deficient in NDUF54, exclusively in neurons and glia (using *Nestin-Cre*), copied the phenotype of full-body knockouts [23]. These mice (*Ndufs4*<sup>MLL</sup>; *Nestin-Cre*) had clear signs of progressive glial activation that promotes neuronal death and ultimately results in mortality. Neurons in the olfactory bulbs (OBs), vestibular nuclei (VN), and posterior lobules of the cerebellar vermis appear to be the most vulnerable [23]. The basic neuropathology featuring mitochondrial disorders consists of nonspecific histological lesions, neuronal loss, necrosis, gliosis, demyelination, and spongiform degeneration [77] that were all apparent when studying the brains of these mice. Therefore, both of these mouse models (*Ndufs4*<sup>-/-</sup> and *Ndufs4*<sup>MLL</sup>; *Nestin-Cre*) are going to be essential for understanding the progression of symptoms in LS and looking for potential therapeutic interventions [22, 23].

Interestingly, disruption of NDUF54 in midbrain dopaminergic neurons (*Ndufs4*<sup>MLL</sup>; *DAT-Cre*) did not lead to overt neurodegeneration, loss of striatal innervation, or symptoms of Parkinsonism [24]. However, dopamine (DA) homeostasis was abnormal with impaired DA release and increased levels of DA metabolites allowing the authors to conclude that complex I deficiency still can contribute to the pathophysiology of PD [24].

Another two *Ndufs4*-deficient mouse models were created that did not completely recapitulate observed phenotypes [78, 79]. Firstly, an *Ndufs4* knockout model was created by spontaneous transposable element insertion within the gene that produced a premature stop codon and resulted in an unstable transcript [78]. These *Ndufs4* knockout mice were smaller at birth, lost their fur at 2 weeks of age, displayed some neurological impairment at 5 weeks, and died prematurely at about 7 weeks. However, the authors did not observe significant neuropathological changes in the brain of these mice, in contrast to previous reports [22, 23]. This has been explained by an earlier time point used to analyse these mice, due to ethical permit restraints [78]. In the future, comparative analysis of all three models will be needed to shed more light on the observed phenotypic differences.

A second model was created as a knock-in model, by introducing a premature stop codon in the *Ndufs4* gene [79]. Unexpectedly, homozygous knock-in mice were embryonic lethal, while heterozygous mice showed a mild phenotype, with a reduction of CI activity of about 30% in the heart, brain, and skeletal muscle mitochondria, accompanied by elevated lactate levels in the brain and heart [79]. It



seems that the introduced mutation could have a dominant-negative effect as it creates a stop codon that results in the expression of a truncated NDUFS4 protein of about 14.4 kDa lacking the last 10–15 amino acids. The truncated protein seems to be incorporated at low levels into the fully assembled CI resulting in significant complex deficiency and might explain the differences with other *Ndufs4* knockout models [79].

### 13.3.1.2 *Ndufa5*-Deficient Mice

Initial attempts to create mice deficient for NADH-ubiquinone oxidoreductase 1 alpha subcomplex subunit 5 (NDUFA5) were done using a gene-trap technology, but without success, as it turned out that *Ndufa5* was an essential mitochondrial protein necessary for embryonic survival [25]. This might be also the reason why there are no human patients with mutations in *NDUFA5* gene. To study the role of NDUFA5 in adult mice, a conditionally targeted *Ndufa5* gene was created and deleted specifically in forebrain neurons and hippocampus using *CaMKII $\alpha$ -Cre* [25]. These mice were healthy until the age of 10–11 months when they became lethargic and showed significantly reduced motor coordination compared to the controls of the same age. Although levels of the fully assembled CI (75–80%) and CI activity (40%) were markedly reduced in the cortex, neither oxidative stress, neuronal loss, nor gliosis was observed in the knockout mice [25]. The mild phenotype of *Ndufa5* knockout mouse could be the result of the compensatory mechanisms such as physiological adjustment to ketogenic environment, since the brain actively metabolises ketone bodies in periods of energy shortage [80]. This was suggested after noting the increased levels of ketogenic enzyme ACAT1 [mitochondrial acetyl-CoA acetyltransferase] in the knockout brains [25]. Another compensatory effect could be the increased electron flow via the electron transfer flavoprotein dehydrogenase to CoQ<sub>10</sub>, since there was an upregulation of electron-transferring-flavoprotein subunit A (ETF<sub>A</sub>) in knockout brains [25].

### 13.3.2 Coenzyme Q Deficiency

Coenzyme Q<sub>10</sub> (CoQ<sub>10</sub>) is a mobile lipophilic electron carrier located in the inner mitochondrial membrane that transfers electrons from CI to CII and to complex III [81]. Besides its role in the OXPHOS system, CoQ<sub>10</sub> is a potent antioxidant molecule and participates in the de novo pyrimidine biosynthesis pathway [81]. CoQ<sub>10</sub> endogenous biosynthesis occurs ubiquitously in the mitochondria, and several pathogenic mutations in genes encoding proteins involved in this process have been identified [82, 83]. Mutations in CoQ biosynthetic genes produce primary CoQ<sub>10</sub> deficiency, a mitochondrial syndrome associated with five major clinical phenotypes: encephalomyopathy, severe infantile multisystemic disease, nephropathy, cerebellar ataxia, and isolated myopathy [83].

### 13.3.2.1 *Coq9*-Deficient Mice

*COQ9* gene encodes 1 of the 11 proteins required for the biosynthesis of CoQ<sub>10</sub> within mitochondria and is the disease-causing gene reported in a patient with primary CoQ<sub>10</sub> deficiency [84]. The patient with a *COQ9* homozygous stop mutation developed neonatal lactic acidosis followed by multisystemic disease including intractable seizures, global developmental delay, hypertrophic cardiomyopathy, and renal tubular dysfunction [84]. To better understand the pathophysiological consequences of primary CoQ<sub>10</sub> deficiency, a mouse model carrying a homozygous mutation in *Coq9* gene (R239X, *Coq9*<sup>R239X</sup>), which is homologous to the human R244X mutation, was created [84]. The homozygous *Coq9*<sup>R239X</sup> mice were normal at birth, but between 3 and 6 months, they developed a rapid and progressive paralysis followed by death, suggesting an involvement of the central nervous system in the pathogenic mechanism of the disease [26]. Further analysis of *Coq9*<sup>R239X</sup> mice showed intense vacuolisation, astrogliosis, and neuronal death in the brain and severe demyelination of peripheral tissues. The lack of CoQ<sub>10</sub> caused a loss of CI and an increase in free CIII, leading to a decrease in mitochondrial respiration and ATP synthesis only in the brain of the *Coq9*<sup>R239X</sup> mice [26]. However, before accepting *Coq9*<sup>R239X</sup> mouse as an excellent model of mitochondrial encephalomyopathy associated with CoQ<sub>10</sub> deficiency, it has to be determined if the observed phenotypes are independent from other metabolic pathways fundamental for proper brain development in foetuses and newborns, like cholesterol metabolism, which shares the biosynthetic pathway of CoQ<sub>10</sub>.

## 13.3.3 *Complex III-Deficient Models*

Complex III (CIII, ubiquinol-cytochrome *c* reductase, or cytochrome bc<sub>1</sub> complex) consists of three catalytic and eight structural subunits, yet deficiencies in this complex are very rare, but with a broad range of clinical features and tissue specificity [85]. Although a few mouse models have been created that have deficiency in CIII subunits, only *Uqcrrf1*-deficient mice were analysed for CNS phenotypes.

### 13.3.3.1 *Uqcrrf1*-Deficient Mice

Rieske iron-sulphur protein (RISP) is one of the catalytic subunits of CIII encoded by nuclear DNA, more specifically, the *UQCRRF1* gene. Similar to the previously described *Ndufa5* gene, *Uqcrrf1* is essential for mouse embryonic development, providing explanation as to why no human patients are described so far. To study the role of RISP in an adult mammalian brain, a conditional strategy was used to create forebrain neurons and hippocampus-specific *Uqcrrf1* knockout mice (*Uqcrrf1*<sup>1<sup>LL</sup></sup>; *CaMKII $\alpha$ -Cre*) [27]. These mice lived up to 3 months, with CIII deficiency becoming apparent in both cortex and hippocampus already at 1 month of age and

progressing rapidly until the end of their lifespan [27]. CIII deficiency was accompanied with an increase in citrate synthase and CIV activities and higher mtDNA/nDNA ratios, all of which indicate increased mitochondrial biogenesis as a compensatory response to respiratory deficiency [27]. *Uqcrrf1* knockout mice also showed extensive oxidative damage followed by neuronal death, mainly in the piriform cortex and hippocampus at 3 months of age and therefore could be a great model for testing antioxidants as therapeutic agents in mitochondrial diseases [27].

### 13.3.4 Complex IV-Deficient Models

Cytochrome *c* oxidase (COX) or complex IV (CIV) is the terminal enzyme of the electron transport chain in mitochondria that receives electrons from cytochrome *c* molecules and transfers them to molecular oxygen, thus converting it to two molecules of water. CIV is a very significant factor in the aetiology, progression, and prevalence of numerous human neurodegenerative diseases and represents an important target for developing diagnostic and therapeutic tools against those diseases [86]. COX deficiency may cause clinically heterogeneous disorders ranging from isolated myopathy to severe multisystemic disease [87]. Mutations in genes encoding both the CIV structural subunits (COI and COII) and assembly factors (SURF1, SCO2) have been implicated in human diseases.

#### 13.3.4.1 SURF1-Deficient Mice

Remarkably, mutations in the COX assembly genes are a major cause of isolated COX deficiency and LS [87]. It has been estimated that about one-third of all LS cases are caused by *SURF1* mutations [88]. Therefore, it came as a great surprise that mice lacking SURF1 (*Surf1*<sup>-/-</sup>) did not show any signs of neurodegeneration [28]. In fact, these mice showed protection from Ca<sup>2+</sup>-dependent neurotoxicity caused by kainic acid and had significantly increased median lifespan [28]. The biochemical and assembly COX defect was present in *Surf1*<sup>-/-</sup> mice, but much milder than in human patients, suggesting alternative CIV assembly factors are present in mouse mitochondria [28]. Therefore, despite the fact that SURF1 is evolutionarily conserved, its function in COX assembly in mice seems to be redundant and therefore could be partly taken over by other unknown factors. One possible explanation is that mild mitochondrial dysfunction in *Surf1*<sup>-/-</sup> mice could lead to activation of compensatory genetic and epigenetic mechanisms that in turn can lead to increased longevity through hormetic responses. Indeed, the results of a most recent study suggested that impaired mitochondrial function as observed in *Surf1*<sup>-/-</sup> mice can lead to induction of mitochondrial stress pathways like mitochondrial biogenesis and mitochondrial unfolded protein response, to confer protective effects on cellular homeostasis [89]. It was also reported that loss of SURF1 leads to key metabolic changes resulting in reduced adiposity, improved insulin sensitivity, and

induction of mitochondrial biogenesis in white adipose tissue [90]. These novel findings may also contribute to the prolonged lifespan of *Surf1*<sup>-/-</sup> mice and suggest that although these mice are not a good model for human LS pathologies, they might be invaluable to study other aspects of mitochondrial function, like mitohormesis and the role of mitochondrial dysfunction in mammalian ageing.

#### 13.3.4.2 *Cox10*-Deficient Mice

COX10 is a farnesyltransferase, necessary for the assembly of CIV. In humans, mutations in *COX10* have been associated with leucodystrophy, hypotonia, lactic acidemia, deafness, etc. [91]. To gain better understanding of the role of COX10 in the mammalian CNS, two different conditional *Cox10* knockout mice were generated: one with a primary deficiency in neurons [27] and the other in oligodendrocytes and Schwann cells [29]. The neuron-specific *Cox10* knockout (*Cox10*<sup>ΔL</sup>; *CaMKIIα-Cre*) represents an encephalopathy mouse model with pronounced behavioural abnormalities [27]. Although COX-deficient neurons were detected at 2 months of age in the cortex and hippocampus, the neurodegenerative phenotype was slowly progressing until the age of 8 and 12 months when the mice die [27]. This was accompanied with a delayed onset of oxidative stress and gliosis [27]. The myelin-producing cell-specific ablation of COX10 (*Cox10*<sup>ΔL</sup>; *Cnp1-Cre*) showed a severe neuropathy phenotype with dysmyelination, muscle paralysis, and atrophy in the peripheral nervous system. On the contrary, in the adult CNS, no signs of demyelination nor axonal degradation were found, suggesting that postmyelination oligodendrocytes survive well in the absence of COX activity, relying on glycolytic metabolism [29]. Moreover, brain lactate was increased in *Cox10*<sup>ΔL</sup>/*PLP*<sup>ERT2-Cre</sup> mice, which can be effectively used by myelinated axons when energy deprived. This model indicates that an increased rate of oligodendroglial glycolysis can supply aerobic glycolysis products to support axonal energy needs suggesting a model in which axon-glia metabolic coupling serves a physiological function [29].

#### 13.3.4.3 *Ethe1*-Deficient Mice

ETHE1 gene encodes a *b*-lactamase-like, iron-coordinating metalloprotein that is mutated in ethylmalonic encephalopathy, a devastating infantile metabolic disorder affecting the brain, gastrointestinal tract, and peripheral vessels connected with COX deficiency [92]. In the mouse model deficient in ETHE1 (*Ethe1*<sup>-/-</sup>), sulphur dioxygenase activity was absent, disabling sulphide detoxification in mitochondria. Sulphide is a powerful inhibitor of COX and short-chain fatty acid oxidation, with vasoactive and vasotoxic effects that explain the microangiopathy in ethylmalonic encephalopathy patients [30]. This mouse model of ethylmalonic encephalopathy is the first example of an inherited mitochondrial disease resulting from toxic inhibition of aerobic energy metabolism [30]. The toxic mechanism underpinning ethylmalonic encephalopathy makes effective therapy a realistic goal. Even though this

mouse model isn't mimicking the direct deficiency in OXPHOS, it shows how deficiency in other genes can affect particular parts of OXPHOS, and that is why it represents a valuable model [30].

## 13.4 Conclusion

Despite the great advance being made in constructing mouse models with OXPHOS defects, we still have a gap in knowledge in explaining tissue specificity and the difference in severity of the phenotypes obtained from these models. Another problem that we are dealing with is the difference between human patients' clinical phenotypes and what we observe in our mouse models, with the same deficiency. The latter complicates finding suitable therapeutic approaches.

The aim of this review was to summarise the mouse models displaying the neurodegenerative phenotype and compare it with the known human patients' diseases. Mitochondrial diseases are extraordinarily diverse, not only in their phenotypic presentation but also in their genetic background. The multifaceted nature of mitochondria is shown in versatile causes of neurodegenerative disease. From disruptions in mtDNA expression, over energy production problems, to defected mitochondrial dynamics and quality control, we can clearly see how every aspect of mitochondrial well-being is important for health maintenance. On the other hand, the mechanisms of many diseases have yet to be elucidated in order to get closer to effective therapeutic approaches. More mouse models depicting human neurodegenerative diseases need to be constructed. Moreover, the inability to genetically transform mammalian mitochondria is a serious impediment to research on mitochondrial disorders and limits gene therapeutic approaches to mtDNA diseases.

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# Chapter 14

## Mitochondrial Function and Dynamics

### Imaged In Vivo

Kim Chisholm, Fabian Peters, Dimitra G. Schiza, Mona Sadeghian,  
and Kenneth Smith

**Abstract** The previous chapters have described the extraordinary depth of knowledge of mitochondrial biology revealed by *in vitro* observations where the environment can be closely controlled. However, in recent years there has been increased interest in the study of mitochondria *in vivo*, where their properties can be studied with high spatial and temporal resolution while ensuring that key factors such as the oxygen and glucose concentrations are physiologically accurate. Advances facilitating such *in vivo* research include improved microscope systems and mitochondrially targeted dyes, as well as a wide range of transgenic animals expressing fluorescent proteins. Such *in vivo* observations provide a more realistic picture of mitochondrial involvement in health and disease and also offer the potential to reveal novel targets for therapeutic interventions. For example, loss of mitochondrial membrane potential and alterations in mitochondrial morphology and trafficking have been reported in mouse models of multiple sclerosis and Alzheimer's disease, and redox potential changes have been reported during (patho)physiological changes in oxygen supply and demand.

In this chapter we summarise some techniques used in imaging of mitochondria *in vivo*, followed by a summary of key findings and recent advances in the study of mitochondrial function and dynamics. We aim to provide insight into the benefits and limitations of intravital imaging of mitochondria in the nervous system.

**Keywords** Intravital • Confocal • Two-photon • Microscopy • Neurodegeneration • Mitochondrial trafficking • Membrane potential • Fluorescent probes • Redox potential

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## 14.1 Introduction

The ability to study mitochondrial properties *in vivo* provides an additional perspective to our understanding of mitochondrial biology gained from *in vitro* observations. When studied in their natural environment *in vivo*, the factors governing mitochondrial functionality, while not known in detail, are at, or close to, their physiological values. This advantage is especially valuable when considering crucial factors such as oxygen, the concentration of which is key to mitochondrial function, but which is also temporally and spatially highly variable within the central nervous system (CNS). The advantages presented by *in vivo* techniques have allowed observations that are not possible *in vitro*, including the study of how mitochondria behave with changes in vascular supply, physiological stimulation and response to pathology, such as inflammation [1–6].

*In vivo* imaging of mitochondria is necessarily a broad topic and many techniques to probe mitochondrial health *in vivo* have been developed. We aim to provide the reader with an idea of the potentials and pitfalls of *in vivo* visualisation of mitochondrial function and dynamics by reviewing some of the work employing these techniques and briefly describing some of the findings.

### 14.1.1 Arrangements for *In Vivo* Imaging

Confocal and two-photon microscopy are the techniques most commonly used for *in vivo* imaging [7]. The development of two-photon microscopy has given investigators the opportunity to perform long-term imaging of tissues as deep as 1.5 mm in the brain [8, 9], with a high sampling frequency and negligible risk of phototoxicity or photobleaching outside the area of interest [10].

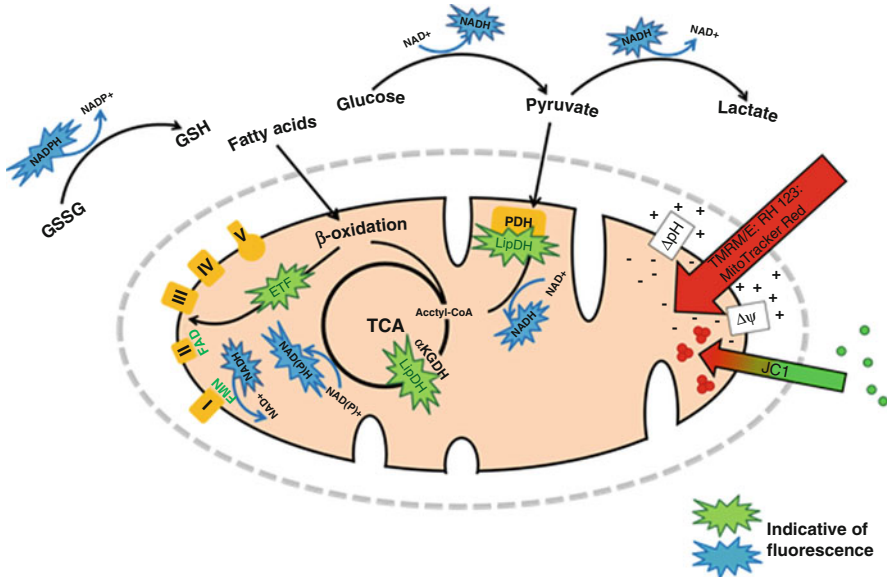
When performing intravital imaging, movement artefacts due to cardiac and respiratory movements can be a considerable obstacle as even small shifts can dramatically deteriorate the spatial resolution. A number of strategies have been developed to address and minimise these artefacts and the most widely used include: (1) the construction of specific organ holders which allow the exposure and appropriate positioning of the organ of interest with minimal compromise to tissue integrity and physiology [11–13]; (2) the synchronisation of image acquisition (time lapses or z-stacks) with the animal's heartbeat and respiration, via tracheal intubation and ventilation at a desired rate [14, 15]; and (3) the restraint of movement originating from muscle contraction and pulsation through a combination of tissue immobilisation and deeper anaesthesia [16]. The remaining movements can sometimes be corrected using post-acquisition image registration [17, 18]. The aforementioned approaches have made *in vivo* imaging of cellular and subcellular structures feasible, even in tissues highly susceptible to movement artefacts, such as in the heart, lungs and vessel walls of rodents [14, 15, 19].

Although the use of *in vivo* techniques provides the best opportunity to make observations under physiological conditions, persisting limitations include the consequences of any surgery and the anaesthetic used. Additionally, despite the depth of imaging that can be achieved with some preparations, deeper tissue structures remain difficult to visualise. However, advancements are continuously being made, including chronic *in vivo* imaging techniques, which allow longitudinal assessment [20, 21], even without anaesthetic [22, 23], or the use of *in vivo* microscopy on human subjects, for example, imaging the skin or the retina [24, 25].

## 14.2 Visualising Mitochondrial Function In Vivo

### 14.2.1 Mitochondrial Membrane Potential

Healthy mitochondria exhibit an electrochemical membrane potential which is required for ATP production,  $\text{Ca}^{2+}$  buffering and the production of reactive oxygen species. The dependence of mitochondria on their membrane potential ( $\Delta\psi_m$ ) to fulfil their pivotal functions qualifies this measure as a fundamental indicator of mitochondrial ‘health’ and metabolic activity [26]. The study of mitochondrial membrane polarisation *in vivo* has been facilitated by the development of cationic lipophilic fluorescent dyes that reveal the  $\Delta\psi_m$  and change over time. The dyes are readily sequestered by mitochondria in a  $\Delta\psi_m$ -dependent manner, i.e. the more negative the membrane potential, the more dye is accumulated within mitochondria [26] (Fig. 14.1). Two dyes that are commonly used are TMRM and TMRE (tetramethylrhodamine, methyl ester/ethyl ester) and these are not only fast equilibrating and highly permeant potentiometric dyes, but also perhaps the least toxic, and they have been successfully used to assess the mitochondrial membrane potential in intravital imaging studies of the nervous system under different experimental paradigms. For example, in multiple sclerosis models, such as experimental autoimmune encephalomyelitis (EAE), the *in vivo* application of TMRM has provided much insight into possible disease mechanisms. EAE, usually induced by the injection of myelin antigens, including various myelin proteins, or by the injection of T cells reactive to such antigens, can lead to ascending paralysis, sensory disturbances and axonal damage, mimicking some of the defects observed in multiple sclerosis patients. The use of TMRM together with the transgenic expression of cyan fluorescent protein (CFP) inside a subset of axonal mitochondria (in *Thy1-MitoCFP* mice) allowed Nikic et al. [1] to report swollen and depolarised mitochondria in axons traversing through inflammatory foci in the spinal cord of anaesthetised mice immunised with a purified myelin protein. These changes were observed in intact axons, suggesting mitochondrial deficits as an early factor in the pathophysiology of EAE, preceding structural axonal damage and demyelination [1]. TMRM intensity was determined in individual mitochondria after being normalised to their CFP fluorescence and the mean TMRM signal of morphologically healthy-appearing



**Fig. 14.1** Visualising mitochondrial function. TMRM/E, MitoTracker Red and JC-1 accumulate in mitochondria by virtue of the mitochondrial membrane potential. TMRM/E and MitoTracker Red fluorescence in mitochondria therefore increase when the mitochondrial matrix is more negative while JC-1 exhibits a spectral shift (from *green* to *red* fluorescence) upon accumulation in mitochondria and formation of aggregates. Flavoproteins (*green stars*) and pyridine nucleotides (*blue stars*) are autofluorescent redox carriers involved in mitochondrial and some cytosolic reactions. *Abbreviations:* GSH reduced glutathione, GSSG oxidised glutathione, FMN flavin mononucleotide, FAD flavin dinucleotide, ETF electron transfer flavoproteins, LipDH lipoamide dehydrogenase,  $\alpha$ KGDH alpha ketoglutarate dehydrogenase, PDH pyruvate dehydrogenase complex, TCA tricarboxylic acid cycle

mitochondria in each image, to adjust for mitochondrial size and labelling intensity, respectively. This study was further able to suggest a critical role for reactive oxygen and nitrogen species (ROS and NOS) in the mitochondrial and axonal damage observed in this neuroinflammatory model by showing that external application of a nitric oxide donor or  $H_2O_2$  was capable of initiating mitochondrial and axonal damage akin to that seen in EAE, including mitochondrial and axonal swelling and axonal fragmentation, and that scavenging these reactive mediators was capable of attenuating axonal damage in the EAE model.

Whereas Nikic et al. have examined the link between mitochondrial function and axonal degeneration in EAE, we have examined the changes in mitochondrial function and linked them to the expression of neurological disability over the course of this rapidly progressing disease, mapping the mitochondrial changes to the onset, remission and relapse of disability [5]. Confocal imaging of the spinal cord revealed that whereas in naïve mice all axonal mitochondria were polarised as shown by their bright TMRM fluorescence, in the days preceding disease expression in EAE, there was a progressive loss of TMRM fluorescence in approximately half the axonal

mitochondria. Despite this accumulating damage, the animals appeared neurologically normal, at least when judged by simple observation of walking behaviour. However, the onset of limb and tail weakness was accompanied by a sharp increase in the magnitude of mitochondrial dysfunction, now affecting 79% of axonal mitochondria. Mitochondrial function then improved in tandem with remission and worsened again during relapse in chronic disease. The time course of mitochondrial dysfunction therefore mapped quite precisely to the expression of the neurological deficit, providing an adequate explanation for the deficit which traditionally would have been attributed to the concurrent demyelination observed, at least in chronically affected animals [5].

Similar changes in mitochondrial function and morphology, and also mass, have been observed in the brains of mice in a model of Alzheimer's disease [3]. Xie and colleagues employed a battery of mitochondrial dyes to assess mitochondria *in vivo* in the vicinity of amyloid plaques. The dyes were applied topically or pressure injected into the cortex, and organelle-specific fluorescence was achieved by targeting GFP into the mitochondrial matrix. The authors found that mitochondrial mass was dramatically decreased within 16  $\mu\text{m}$  from the border of the plaques, with the remaining mitochondria in the area characterised by an abnormal, swollen morphology. Membrane potential sensitive dyes (TMRE, JC-1 and MitoTracker Red; see Fig. 14.1) further revealed mitochondrial depolarisation extending as far as 20  $\mu\text{m}$  from the plaque boundaries, which was fully recovered with increasing distance (>50  $\mu\text{m}$ ), suggesting that amyloid plaque deposits are associated with mitochondrial dysfunction. These changes were hypothesised to result from the diffusion of toxic molecules from plaques or, possibly more indirectly, through activation of microglia.

In common with TMRM, JC-1 and MitoTracker probes accumulate in a membrane potential-dependent manner. However, in contrast to TMRM, MitoTracker probes can, once sequestered into mitochondria, be retained within them, even after a loss in the membrane potential, by virtue of a thiol-reactive chloromethyl moiety [27]. They could therefore be particularly suitable as stable colabels with, for example, TMRM, when mitochondrial depolarisation is induced during the experimental protocol or when final fixation and/or permeabilisation steps are required. Differently from the other probes, accumulation of JC1 inside mitochondria results in the formation of aggregates and a spectral shift (from green to red), thereby providing a ratiometric measurement. However, as the spectral shift relies on the formation of aggregates, which is a threshold effect, this dye may not be suitable when investigating subtle or graded changes in the membrane potential. Additionally, long equilibration times for the formation of aggregates, which also depends on the surface-to-volume ratio of cellular and subcellular regions [28], might make this probe incompatible with *in vivo* work.

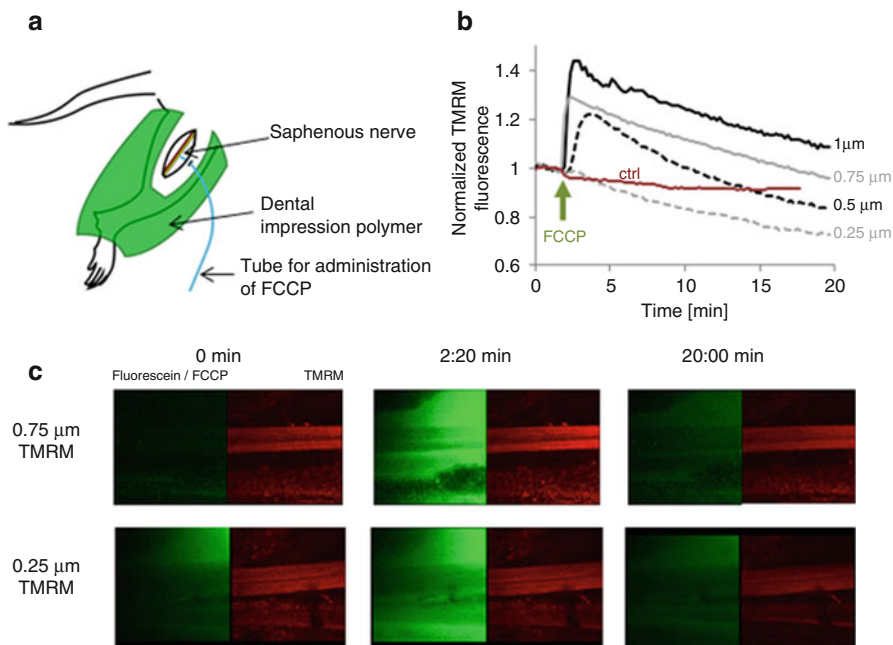
When applied to the exposed CNS, these dyes nondiscriminately label all surface mitochondria. However it has been possible to focus the accumulation of dyes to a particular subset of CNS cells. In particular, TMRM injected systemically targets astrocytic mitochondria more efficiently [29]. Thus it has been found that following the intravenous injection of TMRM, the dye is capable of crossing the blood-brain

barrier and it preferentially labels the mitochondria in cortical astrocytes (confirmed by sulforhodamine 101 co-labelling, which is considered an astrocyte-specific dye [30]) presumably due to the association of astrocyte end feet with cortical blood vessels. Using this technique Zhen et al. were able to demonstrate that their previously observed neuroprotective effect of P2Y<sub>1</sub>R activation (a primarily astrocyte-specific G-protein-coupled receptor) in photothrombotic ischaemic brain damage was correlated with enhanced mitochondrial metabolism in astrocytes. The investigators observed astrocytic mitochondrial depolarisation of around 30 mV following ischaemic damage. This depolarisation of astrocytic mitochondria, together with the associated ischaemia-induced dendritic damage, was attenuated after P2Y<sub>1</sub>R ligand administration [29]. The findings suggest a neuroprotective role for enhanced astrocytic mitochondrial metabolism during ischaemic brain damage.

It is important to keep in mind, however, that while TMRM is a very versatile mitochondrial dye, it too is not without caveats. The dye's fluorescence depends significantly on its concentration: at low doses, the number of TMRM molecules taken up by mitochondria and their cumulative fluorescence are roughly linearly related. Such concentrations are known as non-quenching [31, 32]. As long as TMRM is used in non-quenching mode,  $\Delta\psi_m$  can be estimated from mitochondrial fluorescence relative to the axoplasm and compared across different mitochondrial populations or animals ([33] Chap. 9). If, however, the dye concentration exceeds a certain threshold, the photon emissions of the densely packed TMRM particles within mitochondria begin to interfere and their cumulative fluorescence relative to the axoplasm decreases. In this setting, known as quench mode, the linearity between fluorescence and number of TMRM particles taken up into the mitochondrion is lost which makes the estimation of mitochondrial membrane potential impossible. On the other hand, loading mitochondria with large quantities of TMRM can be useful to monitor acute depolarisations, which lead to very pronounced increases in whole cell fluorescence as previously quenched molecules (i.e. particles which did not add to the mitochondrial and cellular brightness) leave the mitochondrion and increase the fluorescence of the axoplasm [32, 34].

In practice, concentrations of TMRM used *in vivo* tend to be significantly higher than *in vitro* (e.g. 7.5 nM *in vitro* [35] vs 600 nM *in vivo* [36]). Hence, it is necessary to carefully calibrate the loading of TMRM in order to ensure that the investigator operates in the desired quenching or non-quenching mode. We have found that an established *in vitro* protocol can be adapted to estimate an appropriate TMRM concentration for *in vivo* application in axons. The H<sup>+</sup> ionophore FCCP rapidly depolarises mitochondria, thus provoking the release of TMRM into the axoplasm. As described above, this increases whole cell fluorescence if the concentration of TMRM used is high enough to induce quenching [31, 33]. No such increase can be seen in non-quench mode, since the mitochondrial depolarisation simply causes a redistribution of unquenched TMRM particles. The quenching threshold can thus be established by applying 10  $\mu$ M FCCP to preparations with different concentrations of TMRM, starting with a high dose of, e.g. TMRM [31]. Quenching concentrations produce a very obvious spike in whole axon fluorescence upon application of FCCP due to release of TMRM into the axoplasm (Fig. 14.2). The amplitude of





**Fig. 14.2** TMRM dose calibration in vivo. **(a)** Setup: The saphenous nerve is exposed, desheathed and imaged under a glass cover slip surrounded by different concentrations of TMRM in sterile saline. After 2 min, 10  $\mu$ M FCCP together with 0.5  $\mu$ M fluorescein (for visualisation of the injection) is administered through a thin tube in the skin. **(b)** Whole nerve TMRM fluorescence normalised to baseline. Upon application of FCCP, a rapid spike in TMRM intensity is visible for 1  $\mu$ M, 0.75  $\mu$ M and 0.5  $\mu$ M TMRM which slowly resolves over time. No such spike is seen when using 0.25  $\mu$ M TMRM. The red line indicates a control experiment with 1  $\mu$ M TMRM (the maximum dose used) and an injection of fluorescein, but no FCCP, demonstrating that there is no significant bleed through the red and green channel. **(c)** Motion corrected time-lapse images at the beginning of the experiment, just after injection of FCCP and fluorescein and after 20 min. The result suggests a quenching threshold somewhere between 0.25 and 0.5  $\mu$ M

the spike depends on the TMRM concentration and is absent at non-quenching doses. In the case of the saphenous nerve, we found that TMRM at a 0.25  $\mu$ M concentration is suitable for non-quenching application (see Fig. 14.2).

## 14.2.2 Mitochondrial Redox Potential

Since the Britton Chance and coworkers' seminal work in the 1950s and 1960s, it has been known that the redox state of mitochondria can be assessed using the endogenous fluorescence of redox cofactors involved in oxidative phosphorylation [37, 38] (see Fig. 14.1). Within mitochondria, pyridine nucleotides (nicotinamide adenine dinucleotide (phosphate) NAD(P)/NAD(P)H) and flavoproteins act as

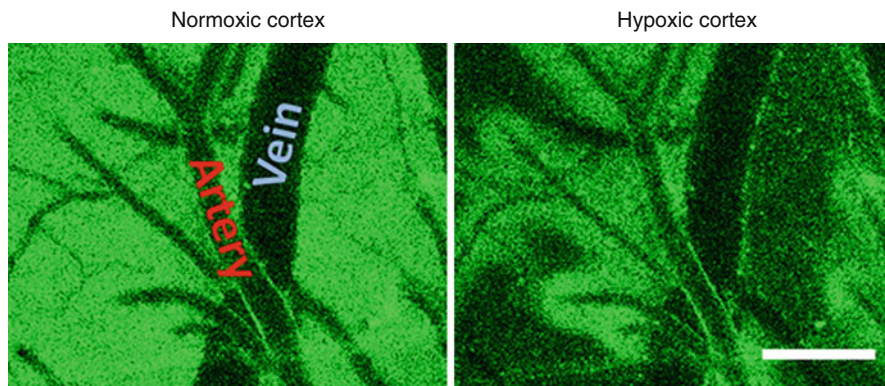
electron acceptors/donors in various reactions (see Fig. 14.1), thereby undergoing redox transitions depending on mitochondrial function and substrate availability. Reduced pyridine nucleotides fluoresce when excited using UV light (single-photon excitation around 310–370 nm, two-photon excitation around 700–710 nm and emission around 410–510 nm [2, 39, 40]), while oxidised flavoproteins fluoresce when excited with blue light (excitation around 405–500 nm and emission around 520–560 nm [40, 41]). The respective oxidised and reduced counterparts of these molecules do not have such fluorescent properties. These excitation and emission properties provide the opportunity for intravital visualisation of the mitochondrial redox potential using standard fluorescence and laser-based microscopy [e.g. 37, 38] (see Fig. 14.1 for more details).

By virtue of the close coupling of neuronal activity and aerobic metabolism [42–44], *in vivo* flavoprotein fluorescence has been successfully used as a proxy for oxidative metabolism and neuronal activation [45–50], as confirmed by calcium imaging [48], optical imaging of intrinsic signals [49, 51–53] and recordings of field potentials (which represent the combined electrophysiological signals of neurons located within the recording range) [51–53], without the need for the addition of dyes. In fact Weber et al. found that flavoprotein fluorescence is spatially and temporally more sensitive for the localisation of cortical activity following peripheral stimulation compared with changes in blood flow [54], which are the basis of functional magnetic resonance imaging.

For example, a series of experiments found that stimulation of parallel fibres in the cerebellar cortex resulted in a transient ‘beam-like’ increase in flavoprotein fluorescence followed by a delayed reduction in the fluorescence [45–58]. The mitochondrial origin of this signal was confirmed by its response to the mitochondrial inhibitors cyanide (NaCN) and diphenyleneiodonium (DPI), which abolished both phases of the signal without changing neuronal excitability [47].

In addition to the beam-like biphasic signal, Gao et al. also described an ‘off-beam’ dark phase which was organised into parasagittal bands along and across the on-beam signal [48]. This signal was suggested to originate from molecular layer inhibitory interneurons and was found to have potential clinical significance in a model of spinocerebellar ataxia type 8 [55]. Here the off-beam decrease in signal after parallel fibre stimulation was attenuated, while the on-beam increase in flavoprotein fluorescence was enhanced, suggesting dysfunctional inhibition by cerebellar interneurons and dysfunctional cerebellar circuitry [55].

The use of physiological, *in vivo* preparations with an intact blood supply and vascular network, together with the spatial and temporal resolution of NAD(P)H/flavoprotein fluorescence, is of particular value when assessing conditions with an oxygen supply/demand imbalance. For example, the marked increase in cerebral oxygen consumption associated with cortical spreading depression [56] was found to result in a distinct pattern of NAD(P)H redox state, characterised by a global drop in fluorescence followed by an increase in fluorescence, only at some distance from vessels [57]. Visualisation of pyridine nucleotides therefore revealed a relationship between redox state and the vascular network in conditions of high oxygen demand



**Fig. 14.3** Flavoprotein fluorescence in the hypoxic cerebral cortex. The exposed cortex of an anaesthetised mouse imaged for endogenous flavoprotein fluorescence during normoxic and hypoxic conditions, induced by breathing 5% oxygen. As hypoxaemia is induced, the oxygen delivered via the arteries is no longer sufficient to supply the entire brain and rather it only supplies a small ‘halo’ of functioning mitochondria around the arteries, as indicated by preserved flavoprotein fluorescence. Scale bar = 200  $\mu\text{m}$

which can outstrip the rate of oxygen delivery and reveal hypoxic areas by enhanced pyridine nucleotide fluorescence [57].

A similar relationship between mitochondrial redox potential and cortical microcirculation is seen during reduced oxygen delivery [2, 41]. In vivo imaging of the murine cerebral cortex using NAD(P)H [2] and flavoprotein fluorescence [41] during hypoxaemia has revealed the limits of effective oxygen diffusion from the cortical vasculature. Hypoxia and hypoxaemia, which have been associated with numerous neurological conditions, including traumatic brain injury [58], stroke [59], multiple sclerosis [60] and systemic inflammation [6], resulted in the appearance of hypoxic zones, characterised by an increase in NAD(P)H fluorescence [2] and a decrease in flavoprotein fluorescence [41]. In contrast, areas located close to arteries showed prolonged protection from hypoxaemia, as assessed by preservation of flavoprotein and absence of NAD(P)H fluorescence, due to the proximity to a vascular oxygen supply (e.g. Fig. 14.3). These investigations show that flavoprotein and pyridine nucleotide fluorescence can be used as a proxy for cortical oxygenation by differentiating areas that are sufficiently oxygenated to support functional mitochondria from areas with reduced oxygen supply, unable to support oxidative metabolism.

Interestingly, localised and reversible inactivation of mitochondrial and neuronal function has been achieved in vivo by prolonged exposure to blue light, which can cause reversible inactivation of flavoproteins [61]. This however also has implications on the reliability and effect of prolonged imaging of any autofluorescent molecules, particularly flavoproteins. Laser intensities and duration of imaging should be kept as low as possible and appropriate controls should be included to ensure limited damage.

Despite the relatively weak signal produced by flavoprotein and pyridine nucleotide autofluorescence, such methods provide numerous benefits for the assessment of mitochondrial function, oxidative metabolism and neuronal integrity. For example, in the absence of externally applied dyes, loading problems, including distribution and toxicity, are avoided and the endogenous fluorescence of electron carriers can provide a stable signal over large areas of the CNS.

### 14.3 Visualising Mitochondrial Dynamics In Vivo

In recent years there has been an increased interest in the dynamics of mitochondria within cells and it has become clear that mitochondria go through a complex life cycle including biogenesis, transport, fusion, fission and mitophagy. This system of continuous turnover is widely believed to be necessary for the maintenance of overall mitochondrial health and to counteract the damage to proteins and mtDNA that accumulates over time, especially in postmitotic cells such as neurons.

Work on cultured cells has been invaluable in revealing the mechanisms underlying mitochondrial movement due to the relative ease that *in vitro* methods allow for changes in the intracellular and extracellular milieu and for the overexpression and silencing of genes. However, while *in vitro* work has done much to uncover the molecular basis of mitochondrial movement, the consequences of changes in these dynamics, due, for example, to ageing and pathology, have been harder to assess in culture. Axons in the human sciatic nerve, for example, can extend over 1 m and age over 100 years. While transport from the soma to the axon terminal may take only a few hours in culture, it would take approximately 3 weeks in long axons *in vivo* assuming uninterrupted transport with an average speed of 0.5  $\mu\text{m/s}$  (a realistic average at least in anaesthetised mice [4, 62]) and so the issues faced *in vivo* may not arise *in vitro*. Conversely, properties observed *in vitro* may be overrepresented when compared to their counterparts *in vivo*. For example, neurons in culture are typically young and have axons that are usually still growing or regenerating, and such axons are believed to have significantly increased mitochondrial transport [63, 64] and fission and fusion compared to mature axons [65–67]. With regard to ageing and neurodegeneration, fission and fusion are often viewed as critically important to prevent the accumulation of mtDNA mutations, but studies in mice and humans have shown that even with a high preexisting mutation load from birth [68] or a radical reduction of total mitochondrial mass due to antiretroviral therapy [69], it can take weeks or years for any functional deficits to appear – a timescale which far exceeds what is realistically achievable in culture. A possible solution exists in the form of recent induced pluripotent stem cell (iPSC)-based techniques which enable the study of human or murine cells with damaged mtDNA derived from aged fibroblasts [70, 71]. However, while this approach has fascinating applications for the study of genetic diseases such as Leigh syndrome, it is not suitable for investigating some other types of mtDNA mutations, for example, those arising in axons due to local inflammatory processes.

Although observations *in vivo* can offer advantages to those made *in vitro*, there are considerable obstacles to overcome. Imaging in live animals is, for example, often hampered by movement artefacts due to breathing and heartbeat, and it can be more difficult to track mitochondria when they are very close to one another [72, 73], a problem that is exacerbated *in vivo* due to the comparatively higher number of static mitochondria compared with *in vitro* experiments. Hence, time-lapse sequences must be recorded with a high frame rate and resolution, with the attendant risk of causing damage to the tissue [73]. Furthermore, the majority of publications on mitochondrial dynamics *in vitro* are based on manual analyses of kymographs [74–78], but due to the size of axons and density of stationary mitochondria *in vivo*, the kymographs tend to be much more complicated to interpret (see, e.g. the kymographs in [62] versus those in [79]). This complication can affect the choice of tracking algorithm: where only a rough summary measure of anterograde and retrograde transport is needed, a simple nearest neighbour-based algorithm may suffice [4, 80], but details such as starting and stopping behaviour can require more complicated approaches such as single-particle tracking [72, 73, 81] or even manual analysis [82]. A comprehensive comparison of particle tracking algorithms as well as some guidance on how to evaluate them can be found in [83].

An interesting result from the study of mitochondrial dynamics *in vivo* is that, even in healthy animals, anterograde and retrograde transport are not balanced, and significantly more mitochondrial mass is moved towards the axon terminal in both resting [62, 64, 82, 84] and stimulated/stressed axons [4, 63]. This observation is important in the context of mitophagy. *In vitro* studies have mostly focused on PARKIN-mediated mitophagy of damaged and depolarised mitochondria and they have produced partially conflicting evidence indicating either transport of damaged mitochondria back to the soma [74, 85] or their degradation in the axon [86, 87]. However, these *in vivo* observations argue for a combined mechanism with degradation of mitochondria both in the soma and either along the axon or near the axon terminal [84].

An obvious advantage of *in vivo* observations is the possibility to go beyond naïve animals and investigate mitochondrial dynamics in complex diseases. In one of the earlier examples, Bilsland et al. showed that mitochondrial trafficking in both directions was reduced in a superoxide dismutase 1 mutant model of amyotrophic lateral sclerosis (ALS) [62]. While peak speeds appeared to be identical, mitochondria were found to stop more often and for longer durations. Similarly, in a recent paper investigating mitochondrial trafficking in the inflamed spinal cord in an animal model of multiple sclerosis, transport was found to be significantly reduced in both directions, largely due to an increase in the duration of stops [82]. In both cases the trafficking deficit could be found in normal-appearing axons, suggesting that it preceded neurodegeneration.

In theory, disturbance of mitochondrial transport can either be a consequence of, or contribute to, the damage of mitochondria. This difference was recently demonstrated by a study by Magrane et al. investigating the time course of mitochondrial damage in different ALS mutations [88]. Both the mutation SOD1<sup>G93A</sup> and TDP43<sup>A315T</sup> displayed a pattern of reduced retrograde transport, followed by reduced

anterograde transport, before the onset of rapid axonal degeneration. However, these changes in trafficking preceded morphological abnormalities of mitochondria in TDP43<sup>A315T</sup> but followed morphological changes in SOD1<sup>G93A</sup>, hinting at different patterns of mitochondrial dysfunction.

In addition to pointing out reductions in mitochondrial trafficking, *in vivo* imaging has also highlighted the controlled increase of transport and relocation of mitochondria due to electrical activity. In 2013, Sajic et al. demonstrated that mitochondrial movement could be significantly increased in peripheral sensory axons by both electrical and chemical stimulation [4]. Impulse conduction at physiological frequencies was found to increase the speed of moving mitochondria by up to 100% as well as induce fission of stationary particles, thereby supplying additional small mitochondria for transport. Anterograde transport was particularly affected and the result was a relocation of mitochondria towards the peripheral sensory terminals which the authors speculated may be necessary to satisfy a high energy demand at active axon terminals. This finding is in striking contrast to earlier *in vitro* observations in excised nerves [78] and cultured slices [89] in which stimulation leads to a decrease in transport.

Similar changes in mitochondrial trafficking have also been associated with axonal repair mechanisms. For example, using acute nerve explants, Misgeld et al. demonstrated that anterograde mitochondrial transport was rapidly upregulated 12 h after transection of the intercostal nerve and remained upregulated for weeks during nerve repair [64]. Using the same technique, Mar et al. later found that while peripheral lesions had this effect on mitochondrial transport in both the peripheral and central branches of dorsal root ganglion axons, central lesions did not elicit any such response in the periphery [63]. This intriguing result may be relevant to understanding why central axons generally fail to repair after injury and why peripheral conditioning can restore their capacity to regenerate [90].

Together with the controlled upregulation of axonal transport, anchoring of mitochondria has also been found to be an important mechanism for the maintenance of axonal health. Using knockout mice, Ohno et al. recently identified that syntaphilin is necessary to increase mitochondrial content in demyelinated axons *in vivo* and that its absence leads to an increase in axonal beading and degeneration [91].

Thus, a picture emerges which highlights the importance of locating mitochondria in axonal compartments with suspected high energy demand. In this context, it is especially interesting that when Sorbara et al. investigated spinal cord dorsal root axons downstream of a site of prolonged trafficking deficit in a chronic EAE model, they found them to be depleted of mitochondria [82]. While most of these axons were not yet undergoing degeneration, it is intriguing to speculate how they might cope if subjected to an increased energy demand.

In conclusion, while the number of publications on mitochondrial dynamics *in vivo* is still limited, the advantages of *in vivo* preparations have enabled a new understanding of how mitochondrial dynamics are affected by physiological and pathological influences.

## 14.4 Conclusion

Despite the complexity of in vivo experimental protocols, recent advances in surgical techniques, microscopy equipment and fluorescent markers have greatly facilitated the assessment of mitochondrial function in vivo. The ability to tag mitochondria using fluorescent markers has allowed the study of mitochondrial dynamics under physiological conditions, revealing new insights into mitochondrial movement and life cycle in the nervous system. Additionally, the ability to visualise mitochondria even without external dye application, using the autofluorescent properties of electron carriers, has provided the opportunity to relate mitochondrial function, neuronal activity and the vasculature in the superficial layers of the CNS in vivo. The benefits of intravital imaging have become particularly valuable in the study of mitochondrial biology under pathological conditions, where the supply of substrates and oxygen can be disturbed in unknown and unpredictable ways.

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**Part V**  
**The Future**

# Chapter 15

## Development of Treatments and Therapies to Target Mitochondrial Dysfunction

Stephen B. Helliwell

**Abstract** Mitochondrial diseases affect 1:10,000 people worldwide, with a further 1:6,000 at risk of developing symptoms, and can be caused by mutations in the nuclear genome or by mutations within/deletion of mitochondrial DNA (mtDNA). There is currently no therapy for patients with these diseases. In addition, mitochondrial dysfunction can be considered contributory or causal for other neurological diseases, such that therapies that improve mitochondrial function may have wide-reaching benefits. This chapter summarizes cell- and animal-based attempts to find a therapy by modulating major mitochondrial pathways including mitochondrial biogenesis, fission, fusion and altering metabolic intermediates, mitophagy and the mammalian target of rapamycin (mTOR) pathway. Clinical trials currently in progress include drugs that are direct or indirect antioxidants, a mitogenesis activator, an antiapoptotic compound and a compound that improves electron transport chain efficiency.

**Keywords** Leber's hereditary optic neuropathy (LHON) • Mitochondrial encephalomyopathy lactic acidosis and stroke-like episodes (MELAS) • Mitochondrial biogenesis • Mitochondrial fission and fusion • Mitophagy • Antioxidant • PGC1-alpha • AICAR • Resveratrol • NAD+ • Rapamycin • Bezafibrate • Clinical trial

### 15.1 Introduction

Mitochondria are known as the powerhouse of the eukaryotic cell, utilizing nutrients and oxygen to generate ATP, an absolute requirement for life. They are considered endosymbionts, derived originally from proteobacteria and still carrying the remnants of their own genome, the mitochondrial DNA (mtDNA). Human

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mtDNA exists as 1,000s of copies per cell and encodes 13 proteins, 22 tRNAs, and 2 rRNAs. Together they encode 13 proteins that are critical components of the ATP-generating electron transport chain (ETC), with the remaining 77 proteins of the ETC being encoded by the nuclear genome [1, 2] (see Chap. 1). An additional 1,000–1,500 nuclear-encoded genes encode the remaining proteins that make up mammalian mitochondria, representing circa 5% of the protein encoding genome [3–5]. This complexity of mitochondria highlights the fact that they are not just ATP-generating organelles, but perform many other functions including metabolism, iron storage and iron-sulfur cluster formation, calcium homeostasis, apoptosis, hormone signaling/synthesis and thermogenesis, among others [6]. It is therefore not surprising that mitochondrial dysfunction, via inborn or accumulated genetic lesions or via environmental factors, causes a wide variety of diseases affecting many different organs in the body including the central and peripheral nervous system [2, 7–12].

This chapter will briefly describe the causes of mitochondrial defects and then summarize attempts to find therapeutic agents that ameliorate or cure diseases of mitochondrial dysfunction. It will describe molecular pathways and targets most likely to yield therapies when intersected with pharmacological approaches, including a brief summary of those therapeutic agents that have shown promise in cellular or animal models for a given pathway, finishing with a summary of current clinical advances and activities for mitochondrial diseases. The chapter focuses mainly on mitochondrial dysfunction in neurological disorders that represent a clear unmet medical need, with some reference to other disorders. The great hope of everyone in this challenging field is that once we have successfully ameliorated cellular mitochondrial dysfunction with therapeutic agents, those agents will also have broad utility in all mitochondrial disorders as well as in diseases that have been linked to mitochondrial dysfunction, including neurodegenerative diseases such as Parkinson's disease (PD).

## 15.2 Mitochondrial Disease

Mutations in mtDNA and nuclear DNA (nDNA) can cause mitochondrial disease, generally understood as diseases caused by defective oxidative phosphorylation. Over 300 different point mutations or deletions in mtDNA have been attributed to human disease [13]. Mutations of nuclear mtDNA maintenance genes can also cause mtDNA deletions and depletion (reduction in copy number). mtDNA mutations are primarily linked to a loss of function of the ETC, and the existence of significant copies of mtDNA leads to an additional complication of mtDNA-related disease, the coexistence of mutant and wild-type mtDNA – known as heteroplasmy [14]. One hundred seventy-four nDNA genes have been functionally linked to mitochondrial disease to date [15], and with the advent of inexpensive whole exome/genome sequencing disease, genes are being uncovered at an ever-increasing rate [16–19].

Together the elucidated and as yet unknown mutations account for mitochondrial disease that has an overall clinical prevalence estimated to be 1:10,000 [20]. This would suggest that there are significant numbers of patients such that clinical trial recruitment should be easy – but the major challenge of mitochondrial diseases is the genetic range and clinical complexity, depending on the mutation(s), heteroplasmy (for mtDNA diseases), age, and environment. For this reason there is much interest in targeting the major pathways regulating mitochondrial biogenesis, fission and fusion, and mitochondrial autophagy (mitophagy), in addition to attempts to directly shift heteroplasmy or to modulate metabolism related directly to the electron transport chain.

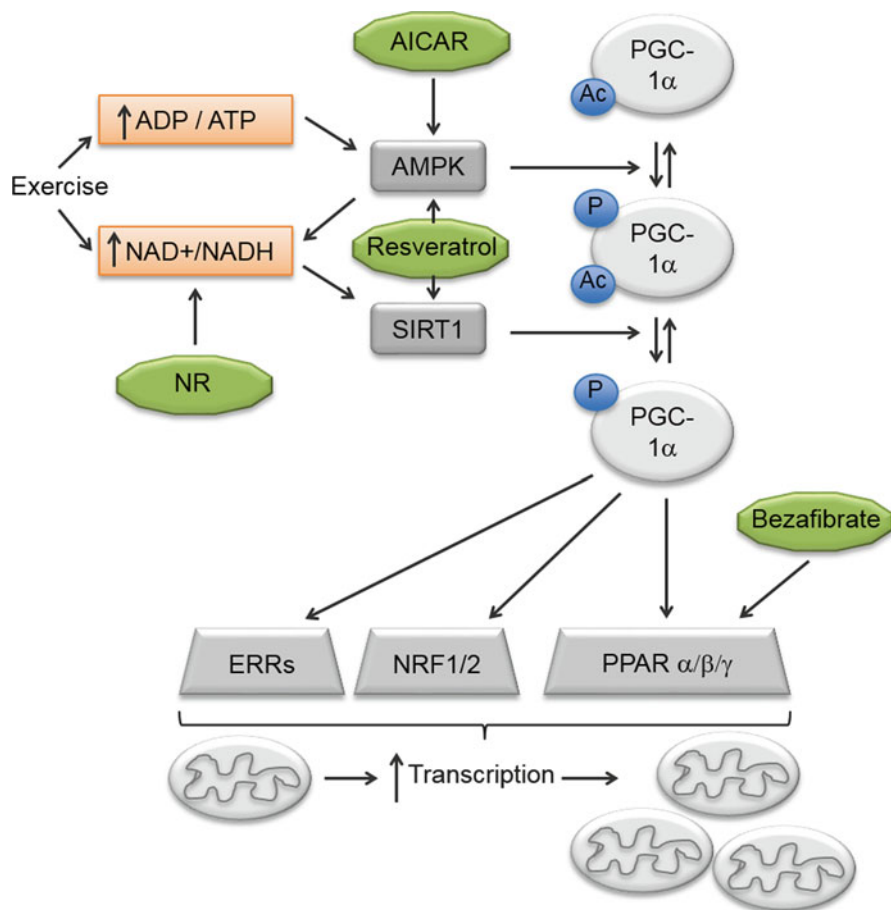
## 15.3 Mitochondrial Biogenesis for Improved Metabolic Function

Perhaps the most widely studied *in vitro* and *in vivo* approach, increasing the total mass of mitochondria is an obvious approach to increasing overall function of a partially defective electron transport chain [21–23]. This will only be useful if a negative aspect of mitochondrial (dys)function is not also amplified, e.g., a defective respiratory chain that increases reactive oxygen species (ROS) to damaging levels.

### 15.3.1 PGC1- $\alpha$

This approach pivots primarily around the activation of PGC1- $\alpha$ , the key transcriptional co-activator protein that regulates nuclear mitochondrial genes [23–26]. PGC1- $\alpha$  interacts with multiple transcription factors to bring about the transcriptional program that produces nuclear-encoded mitochondrial genes [27]. There are multiple routes to PGC1- $\alpha$  activation using the low-molecular-weight compounds (LMWs) resveratrol, 5-aminoimidazole-4-carboxamide ribonucleotide (AICAR), and bezafibrate that target sirtuin (SIRT1) and/or AMP-activated kinase (AMPK) and peroxisome proliferator-activated receptor (PPAR), respectively (Fig. 15.1). These three routes to mitochondrial biogenesis exemplify the use of both genetic and pharmacological *in vivo* experiments in relevant mouse models [21, 23].

Muscle-specific overexpression of muscle PGC1 $\alpha$  increased mitogenesis in *cox10*, *Surf1*<sup>-/-</sup>, and *Polg* “mutator” mice [28–30] (for more detail of these models, see Chap. 13), improved muscle function and lifespan in the *cox10* mouse and improved motor function and cardiac performance in the mutator mouse [28, 30]. In addition, PGC1 $\alpha$  has been overexpressed in mouse models of Duchenne muscular dystrophy (DMD), amyotrophic lateral sclerosis (ALS), and a 1-methyl-4-phenyl-



**Fig. 15.1** ATP and NADH are depleted during energy expenditure. The subsequent increase in the ADP/ATP ratio is sensed by AMPK that activates PGC-1 $\alpha$ . In addition, via NAMPT (not shown), AMPK affects the NAD<sup>+</sup>/NADH ratio that regulates the deacetylase SIRT1 that fully activates PGC-1 $\alpha$ . PGC-1 $\alpha$  interacts with groups of transcription factors to increase the transcription of nuclear-encoded and subsequently mitochondrially encoded mitochondrial genes; *ERR* (estrogen-related receptor), *NRF* (nuclear respiratory factor), and *PPAR* (peroxisome proliferator-activating receptor). Compounds that stimulate this pathway are noted in green and are discussed in depth in the text (*NR* nicotinamide riboside)

1,2,3,6-tetrahydropyridine (MPTP)-induced Parkinson's model. Increased mitochondrial biogenesis linked to an improvement in phenotype was shown in some, but not all, cases [31–33]. In particular, in mice treated with MPTP to induce Parkinson's-like phenotypes, PGC1 $\alpha$  overexpression through the neuronal-specific thy-1 promoter significantly protected dopaminergic neurons from MPTP-induced degeneration, demonstrating PGC1 $\alpha$ 's potential utility in ameliorating neuronal phenotypes of mitochondrial disease [33]. Overall there is strong evidence that



increased mitochondrial biogenesis via increasing PGC1 $\alpha$  activity could have therapeutic utility in mitochondrial disease.

### 15.3.2 Resveratrol

PGC1 $\alpha$  is regulated by AMPK and the deacetylase Sirt1, a member of the sirtuin family (Fig. 15.1). Resveratrol, a natural stilbenoid found in the skin of grapes, was initially proposed as an activator of Sirt1, thereby regulating yeast and metazoan lifespan [34–37]. Sirt1 is a nicotinamide adenine dinucleotide (NAD<sup>+</sup>)-dependent deacetylase, which is regulated by AMPK activity via altered NAD<sup>+</sup>/NADH levels. Importantly, NAD<sup>+</sup> is also required by the Krebs cycle at multiple steps during oxidative phosphorylation. While resveratrol effects are not necessarily disputed, there is still controversy about the molecular mechanism of action. One view is that resveratrol regulates Sirt1 indirectly via AMPK, regulating NAD<sup>+</sup> levels that in turn control Sirt1 activity [38–42]. At the same time resveratrol can act directly on Sirt1 homologues *in vitro* to catalyze a deacetylation reaction on acetyl lysine [34, 43]. Interestingly, it has been proposed that resveratrol may act via tyrosine tRNA synthetase, to activate poly(ADP-ribose) polymerase (PARP-1), a major consumer of NAD<sup>+</sup>. This appears to contradict the concept that an increase in NAD<sup>+</sup> improves mitochondrial function but there is a transient increase in NAD<sup>+</sup> levels in mice treated with low doses of resveratrol, before a longer term reduction [44]. This result will require further investigation before the molecular mechanism is truly understood. Nevertheless, resveratrol does increase mitochondrial biogenesis and oxidative respiration in mouse models of obesity and in doing so reduces the development of obesity and retains insulin sensitivity [45, 46]. Based upon this, structurally unrelated compounds have been sought that activate Sirt1 (SRT1720, SRT2183, SRT1460, SRT2104, SRT501) and have been tested in many *in vitro* and *in vivo* situations alongside or independently of resveratrol. In general their effects are consistent with the activation of Sirt1, showing improvement of insulin sensitivity in mouse obesity models [47, 48].

For neurological indications and mitochondrial disease, resveratrol has been tested in mouse models of Friedreich's ataxia, the *mdx* model for DMD, SOD1 ALS models, and models for Alzheimer's disease (AD), Huntington's disease (HD), and PD [21, 49]. Resveratrol was not beneficial in every case. The beneficial mechanisms may or may not be caused solely or partly because of increased mitochondrial function because mitochondrial measurements were not carried out in most of these studies. One exception is the MPTP PD model where PGC1 $\alpha$  is a likely efficacy target [33]. Resveratrol has not been tested in any mouse models of direct oxidative phosphorylation defects, but the Friedreich's ataxia study mentioned above does represent an indirect model of mitochondrial function, given that ETC complexes I/II and III contain iron-sulfur clusters and frataxin is required for iron-sulfur cluster synthesis. However in this study there was no data to suggest that resveratrol was having a beneficial effect in terms of the amelioration of disease symptoms [50], but

only upon the levels of frataxin. In sum, there is good evidence to suggest that resveratrol could be useful for patients with mitochondrial disorders or neurological dysfunction, although significant analysis of mitochondrial function in the animal models mentioned here is still lacking.

### 15.3.3 AICAR

AICAR is an adenosine monophosphate (AMP) analogue that stimulates AMP-dependent kinase (AMPK) following intracellular conversion into an intermediate known as 5-amino-4-imidazolecarboxamide ribonucleotide (ZMP) [51, 52]. AMPK acts as the sensor of metabolic status of the cell – the ATP/ADP and ADP/AMP ratios – and has already been implicated in mitochondrial regulation via the use of resveratrol. Thus AICAR is simply another activator of AMPK, but it does so without affecting the ATP/ADP ratios, i.e., it does not affect the energy status of the cell. In *in vitro* experiments, AICAR was shown to improve growth and increase ATP concentration/production better than nine other potential mitochondrial compounds in multiple mitochondrial disease patient fibroblast lines [53].

AICAR is orally effective in mouse models and improved muscle performance in sedentary mice by increasing nuclear mitochondrial gene expression. It also increased COX enzyme expression and function and other mitochondrial gene expressions in multiple muscle-specific COX-deficient mouse models (ACTA-Cox15<sup>-/-</sup>, Surf1<sup>-/-</sup>, and Sco2KO/KI). Cox15 is a key enzyme in the heme biosynthesis pathway, and Sco2 is a metallochaperone that regulates cytochrome *c* oxidase (COX); mutations in either of these genes lead to encephalomyopathy in children. Surf1 is a COX assembly factor that when mutated causes severe Leigh syndrome in children [29]. AICAR fully rescued the motor defects of the Sco2 mouse by unknown mechanism(s) but had no effect on the Cox15<sup>-/-</sup> model, likely reflecting the severity of this model. So, AICAR clearly induces mitochondrial function *in vivo*, but it exhibits poor brain penetrance [54], preventing its obvious utility in neurological situations. Many other direct and indirect LMWs have been proposed to act upon AMPK, mainly indirectly [55], but there are reports of improved direct AMPK activators [56–58]. The driving force behind AMPK activator research is the concept that AMPK is a relevant target for type II diabetes and the metabolic syndrome, as well as certain cancers [59], which may result in better molecules in terms of activity but not necessarily in terms of distribution (i.e., blood-brain barrier penetration).

### 15.3.4 Bezafibrate

Bezafibrate is a pan-peroxisome proliferator-activated receptor (PPAR) agonist developed initially to treat hyperlipidemia [60]. More recently PPARs were shown to regulate mitochondrial biogenesis via PGC1 $\alpha$  [61] and were shown to increase respiratory function in patient-derived cells [62–64]. Parallel to these cell-based activities, bezafibrates were tested in multiple mitochondrial disease model mice with partial success.  $\Delta Cox10$  mice receiving 0.5% w/w dietary bezafibrate exhibited increased muscle mitogenesis, a delay in the onset of myopathy, and an extended lifespan [28]. However, similar dosing in *Surf1*<sup>-/-</sup> and *ACTA-Cox15*<sup>-/-</sup> mice resulted in loss of body weight with hepatic toxicity or death, respectively [29]. Further studies in the *Twinkle* mutant “deletor” mouse [65] and the *Polg* “mutator” mouse [66] had varying degrees of success. The “deletor” mouse did exhibit reduced mtDNA deletion load and had fewer COX-negative muscle fibers, but at the expense of body weight and hepatic complications (treatment in this model started significantly later than the other models mentioned here) [67]. The *Polg* “mutator” mouse, despite not displaying an increase in mitochondrial biogenesis during bezafibrate treatment, did show multiple beneficial phenotypes, including a delay in hair loss, reversion of an abnormal spleen seen in this model, and reduced weight loss [68]. Overall bezafibrate has a reasonable success rate in cellular and animal models in terms of increasing mitochondrial function and ameliorating mouse model phenotypes.

### 15.3.5 NAD<sup>+</sup> Precursors

Finally, it is important to consider recent promising developments utilizing NAD<sup>+</sup> precursors directly as therapeutic agents, in particular nicotinamide riboside (see Fig. 15.1) [69, 70]. In mitochondrial disease respiratory chain deficiency leads to a decrease in the NAD<sup>+</sup>/NADH ratio, which sends a “high nutrient” signal to the cell – confounding the original mitochondrial metabolic defect. It makes sense to increase the levels of NAD<sup>+</sup> using precursors of NAD<sup>+</sup> that can reach the correct cellular compartments. Nicotinamide riboside (NR) is such a precursor and has been shown to increase muscle mitochondrial performance in wild-type and high-fat diet mice [71]. Subsequently, NR was used to treat the “deletor” adult-onset mitochondrial disease model mouse in two dosing schedules representing pre- and post-disease-onset situations (400 mg/kg/day) [69]. NR was beneficial in both dosing situations, increasing intracellular NAD<sup>+</sup>, increasing mitochondrial biogenesis, and reducing mtDNA deletion accumulation, adding to the hypothesis that increasing NAD<sup>+</sup> is likely to be of very significant potential in the treatment of mitochondrial disease.

## 15.4 Mitochondrial Dynamics and Quality Control: Fission, Fusion, and Mitophagy

Mitochondria are highly dynamic and undergo fission and fusion, as well as being able to move with varying degrees of speed within cells – something of particular relevance in neurons with long cell processes [10, 72–74] (see Chap. 7). Fission and fusion are regulated by GTPases, with Drp1 driving fission and the collaboration of mitofusins 1 and 2 (Mfn1 and Mfn2) with Opa1 and Opa3 facilitating fusion. Fusion allows content mixing, including the mixing of mitochondrial genomes or mitochondrial-encoded proteins, perhaps allowing the dilution of damaged mtDNA or other damaged factors to buffer against stresses [25, 73, 75–77]. Fission allows the regulation of individual mitochondrial size, important for their transport [78] but also for their degradation (see below).

### 15.4.1 Fusion

Mutations in fusion factors lead to neurological disease. Opa1 defects lead to autosomal dominant optic atrophy (DOA) [79, 80], and Mfn2 mutations cause a peripheral neuropathy, Charcot-Marie-Tooth disease type 2A (CMT2A) [81]. Dominant mutations in Drp1 have been linked to a lethal neurodegenerative condition presenting with multiple phenotypes including microcephaly, optic atrophy, and lactic acidemia [82]. An extensive review of mouse models generated so far suggests that there are multiple tractable models to study the consequences of these mutations [83]. However, for example, in the case of Mfn2, multiple models have been generated with differing outcomes; some models proved too severe (lethal) [84], while others were too mild in relation to human Charcot-Marie-Tooth neuropathy type 2A [85]. This variability in mouse models highlights the challenge of drug discovery for fission-fusion-related diseases.

### 15.4.2 Fission-Fusion Compounds

There are a limited number of compounds that specifically regulate mitochondrial fission and fusion: Mdivi-1 that inhibits Drp1 and 15-oxospiramylactone (S3) that inhibits USP30, a mitochondrially localized deubiquitinase and a hydrazine (M1) with an unknown target [86–89]. These molecules may represent useful starting points for drugs that are pro-fusion, i.e., they either block fission (mdivi-1) or enhance fusion (M1, S3). While M1 and S3 have never been tested in animal models, mdivi-1 has been tested in multiple studies, mainly concerned with reduction of infarct size and cell death in ischemic-reperfusion models [90–93].

In C57BL/6 mice, mdivi-1 reduced retinal ganglion cell death following pressure-induced ischemia, suggesting potential use for the treatment of glaucoma [91]. More recently inhibition of Drp1 has been tested in two Parkinson's disease models, a PINK1<sup>-/-</sup> mouse and a 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) mouse model [94]. This study is important because it was demonstrated that mdivi-1 crosses the blood-brain barrier and in doing so was able to restore a striatal dopamine release deficit and reduce neurotoxicity. This suggests that pushing the balance of fission-fusion toward fusion is beneficial in PD models with altered mitochondrial function. However it should be noted that in this case, the exact relationship between loss of PINK1 function and the pro-fusion function of mdivi-1 is not completely clear, especially given the proposed roles of PINK1 in mitophagy (see below) [94, 95].

## 15.5 Mitophagy

Mitophagy is the process whereby dysfunctional mitochondria are destroyed by the autophagic machinery (see Chap. 11). This occurs as a developmental process, for example, during the creation of mature erythrocytes [96], or it can occur as a result of loss of function or damage to mitochondria in many different cell types, i.e., a form of mitochondrial quality control [97, 98]. Mutations in *PARK2* (Parkin) and *PARK6* (PINK1) cause juvenile-onset autosomal recessive PD [99–101], and PINK1 and Parkin are now known to be key regulators of mitophagy [95, 102–104]. Briefly, PINK1 accumulates on the surface of damaged mitochondria (those with reduced membrane potential), binds Parkin, and the E3 ubiquitin ligase activity of Parkin converts multiple mitochondrial outer membrane proteins to an ubiquitinated form. These ubiquitinated proteins are recognized by specific receptors of the pre-autophagosome, causing engulfment of whole mitochondria for ultimate destruction in the lysosome. Mitophagy is closely linked to fusion because mitofusin is regulated by PINK1, acts as a receptor for Parkin and is ubiquitinated by Parkin to inactivate it. Presumably mitochondria above a certain size cannot fit within the pre-autophagosomal membrane so linking loss of fusion and mitophagy improves the efficiency of mitophagy. In addition, PINK1 and Parkin have been shown to regulate mitochondrial fission and fusion [105–107].

Thus, one hypothesis for PD is that the poorest functioning mitochondria are normally removed from the cellular pool through mitophagy, but failure of mitophagy due to PINK1 and Parkin mutations permits the accumulation of damaged mitochondria, leading to neuronal death in the *substantia nigra* [97, 98, 108]. It is likely that the *substantia nigra* neurons are more susceptible to loss of mitophagy than other neurons because there is a more dynamic redox environment, due to dopamine metabolism, that increases mtDNA mutations (see Chap. 6) [109]. Indeed, high levels of somatic mtDNA deletions are detected in *substantia nigra* neurons of healthy subjects and PD patients [110–112].

Conceptually then, it makes sense to activate the mitophagy pathway in PINK1/Parkin PD patients – as long as the fidelity and selectivity of damage-dependent mitophagy is maintained – potentially not possible with all alleles of PINK1 and Parkin responsible for disease [97]. In addition, activation of this pathway could preferentially remove mutant mtDNA from heteroplasmic tissue in mitochondrial disease patients. This concept has been genetically validated in several ways. Overexpression of wild-type Parkin in a cybrid cellular model of mtDNA disease (see later for details) was able to improve the heteroplasmic ratio of the wild-type/mutant mtDNA and improve respiratory function [113]. Furthermore, USP30, a deubiquitinating enzyme, has been shown to oppose the action of Parkin on mitochondrial outer membrane proteins (MIRO, TOM20) and to inhibit mitophagy. Knockdown of USP30 restores mitophagy in pathogenic Parkin mutant cells and improves mitochondrial function in paraquat-treated flies [97, 114, 115]. In addition, USP8, USP15, and USP35 have also been implicated in the regulation of mitophagy [116–118]. These are interesting targets, mainly because the USP proteases are considered “druggable” [119, 120], and an inhibitor of USP30 has already been reported to be involved in fission-fusion regulation of mitochondria via the regulation of mitofusin ubiquitination [88].

### ***15.5.1 Compounds Increasing PINK/Parkin Function***

To find compounds that increase Parkin function, a chemical screen was performed using a cell line carrying multiple reporters linked to the PARK2 promoter. This approach yielded several classes of compounds that appear to increase Parkin function *in vitro*, including epigenetic agents, cholesterol synthesis modulators, and Jun kinase (JNK) inhibitors. These all represent potential compounds for further studies in PD and mtDNA disorders [121], given that one of the JNK inhibitors (SR-3066) is known to have neuroprotective effects in an MPTP rodent model [122]. A novel-directed approach to activating PINK1 yielded kinetin triphosphate, a PINK1 neosubstrate, which was able to increase the activity of both wild-type and disease-mutant PINK1<sup>G309D</sup> in cellular models, resulting in increased Parkin recruitment to depolarized mitochondria [123]. Thus, there are promising compounds that likely influence damage-dependent mitophagy, and future experiments in relevant animal models will tell us more about their therapeutic potential.

### ***15.5.2 mTOR Inhibition***

Rapamycin inhibits mammalian target of rapamycin (mTOR), which regulates cell growth via multiple downstream effectors. mTOR is also a negative regulator of autophagy and mitophagy, and as such rapamycin could be beneficial based upon the arguments above [124–126]. However, mTOR positively regulates

mitochondrial function in skeletal muscle but does the opposite in adipose tissue, confounding the issue when one thinks of the whole organism [126]. Perhaps more importantly, mTOR regulates aging, with mTOR inhibition increasing the lifespan of eukaryotes across evolution [127, 128].

Mouse models of mitochondrial disorders are often considered useful models of aging, with reduced survival times being common [129, 130]. Based upon this, *Ndufs4*<sup>-/-</sup> mice that have a lifespan median of 50 days have been treated with different dosing schedules of rapamycin at relatively high doses, such that daily treatment significantly reduced multiple neurological parameters and extended lifespan dramatically [131]. Interestingly mitochondrial mass and function were not altered, but a shift in central metabolism observed in the mutant compared to wild-type mouse was reversed upon rapamycin treatment of the mutant mouse. Importantly, low doses of a rapamycin derivative, RAD001, improve age-dependent immune function in healthy aged subjects, with few side effects [132]. Thus, there is a rationale for testing rapamycin in mitochondrial disease patients, but achieving therapeutic benefit while limiting side effects may be challenging.

## 15.6 Unbiased Screening in Cellular Systems

One can consider three conceptual approaches to obtaining novel bioactives using large libraries of compounds: First, biochemical screening of a known (protein) target such that modulation of that target should rescue a disease phenotype. Second, screening a cellular model of a known disease [133]. For this phenotypic approach, there must be a detectable phenotype, related to the genotype of interest, and the detection method must be amenable to miniaturization to facilitate large-scale screens. A third approach, a chemical biology approach, is to perform chemical screens on otherwise “normal” cells, organs, or organisms in culture to identify compounds that alter phenotype of choice, yielding tool or probe molecules that can perturb different biological functions [134]. These tools can then be assessed as potential leads for drugs based upon the knowledge surrounding their target.

Several labs have performed medium-throughput phenotypic screens or chemical biology to identify compounds that alter mitochondrial function in cell lines in culture, using assays that measure cellular viability, cellular dehydrogenase activity, mitochondrial membrane potential, intracellular ATP, NAD<sup>+</sup>/NADH ratio, reactive oxygen species, and oxygen consumption as primary approaches [135–139]. Additional approaches for LMW altering some or all of these readouts included transcriptomics or assessing compound effects on *C. elegans*. Mining of these datasets for therapeutic opportunities yielded several compounds of interest: first, microtubule inhibitors that drive PGC1 $\alpha$  transcription [135]; second, meclizine, an FDA-approved antiemetic, which protects from ischemic-reperfusion injury in animal models if used as a pretreatment and Huntington’s disease models [137, 140]; third, a group of FDA-approved drugs that increased oxygen consumption (acarbose, metaraminol, gallamine triethiodide, and acamprosate) [139]; and fourth, a

compound (BRD6897) that increases mitochondrial mass and function in endothelial cells [138]. However, given the inherent toxicity issues of microtubule inhibitors [141], it is unlikely that they can be relevant for mitochondrial-dependent neurodegenerative diseases. Previously, FDA-approved drugs that have a positive effect on mitochondrial function in normal and diseased cells and/or fly and rodent models may represent a worthwhile approach, but there is to date no further literature supporting treatment of patients with mitochondrial dysfunction with these drugs.

## 15.7 Screening in More Relevant Cellular Systems

### 15.7.1 Patient-Derived Cybrids

By definition, the nature of heteroplasmic mutations makes their study in derived cellular systems challenging. Initial attempts to recreate heteroplasmy *in vitro* led to the production of a cytoplasmic hybrid – known as a cybrid, created by fusion of a rho-zero (lacking mtDNA) transformed cell line with an enucleated cell line carrying donor mtDNA(s) [142]. Creation of cybrids carrying varying point mutations, deletions, and haplotypes have since been created to address a range of questions surrounding mitochondrial disease and the role of mtDNA in other diseases such as Parkinson's or diabetes [143].

Since cybrids can be heteroplasmic, they represent cellular models to test for nutrients or compounds that alter heteroplasmy, increasing the ratio of wild-type to mutant mtDNA. Indeed, several approaches have been described to alter cybrid heteroplasmy, reducing the proportion of mutant mtDNA, including altered nutrient regimes and treatment with compounds. For instance, coenzyme Q [144], glucose/arginine [145], and rapamycin [146] have all been shown to shift the wild-type/mutant mtDNA ratio positively. However, cybrid lines are by definition transformed and may thus reflect abnormal metabolism, and these cells are exclusively mitotic, preventing any examination of the effects of mtDNA mutations in postmitotic cells, which are most often affected in mtDNA disease.

### 15.7.2 Induced Pluripotent Stem Cells (iPSCs) and Differentiated Neurons

Some of the limitations of using cybrids are now being overcome with the advent of induced pluripotent stem cell (iPSC) technology, enabling the creation of many different mitotic and postmitotic cell types following specific differentiation processes [147]. Since their initial discovery several labs have produced iPSCs derived from patients with mitochondrial defects [148]. In two studies, fibroblasts from patients carrying the MELAS mutation m.3243A>G have been reprogrammed into stem



cells where the level of heteroplasmy has a bimodal distribution that remains stable during serial outgrowth of a given clone [149, 150]. In a third study, fibroblasts carrying the MELAS-associated mtDNA mutation, m.13513G>A, were made into iPSCs in which the heteroplasmy remained stable or was significantly reduced [151]. iPSCs carrying mtDNA deletions have also been produced [152] from three different patients with Kearns-Sayre syndrome (KSS)/Pearson's syndrome (PS). During both reprogramming and further outgrowth of clones, a variability of heteroplasmy was observed. Overall it appears that iPSCs can be derived with stable mtDNA mutations and can be differentiated into heteroplasmic neuron-like and hematopoietic cells that demonstrate significant mitochondrial dysfunction [149, 150], and this will aid research and screening for novel therapeutics for these diseases.

To date there have been no reports demonstrating effective rescue of mitochondrial defects in postmitotic-derived mitochondrial disease cells (nuclear or mtDNA). However, several groups have derived neural-like cells from iPSCs carrying PD-causative PINK1 or LRRK2 (leucine-rich repeat kinase 2) mutations [153, 154] and shown pharmacological [153] or genetic rescue [154] of the associated mitochondria dysfunction. Although the overall effects are small, coenzyme Q10 and rapamycin could both rescue valinomycin-induced lactate dehydrogenase (LDH) leakage in LRRK2 G2019S patient-derived neurons, and Q10 could also rescue LRRK2 R1441C and PINK1 Q456X neurons [153]. These initial results using single doses of compound are promising, but the molecular mechanisms involved are unclear. In a genetic approach, neurons carrying LRRK2 G2019S were corrected to wild type using Zn-finger nucleases to demonstrate that the mutant cells accumulate a higher rate of mtDNA mutation than the corrected cells [154]. Whether these mtDNA mutation rates affect mitochondrial function was not assessed in this study.

## 15.8 Clinical Approaches

Three recent exhaustive reviews assessed all prior reports of clinical trials in mitochondrial disease patients to assess trial design quality and to determine beneficial outcomes [155–157]. The key message is that there is no attempted treatment for mitochondrial disorders that has a clear statistically relevant positive outcome. There are several reasons for this, but a major reason is the trial design itself, because there is a clear bias toward positive reporting when the trials are less well designed – e.g., open label instead of double blind. This sets a poor precedent for all concerned, because patients will receive drugs that are likely to be ineffective, damaging patient's confidence in the medical and research community [155].

Current clinical trials for pharmacological agents in mitochondrial disease space are shown in Table 15.1 ([www.clinicaltrials.gov](http://www.clinicaltrials.gov)). For mitochondrial disease patients, mercaptamine is proposed to increase levels of glutathione – which acts an antioxidant to combat reactive oxygen species produced by damaged mitochondria. Vatiquinone is also an antioxidant that has been shown to be beneficial in open-label

**Table 15.1** Current pharmacological agents in clinical trials for mitochondrial disease

Chemical entity	Phase (mitochondrial disease), trial ID at clinicaltrials.gov	Notes, trial completion dates
Mercaptamine (RP103, transglutaminase inhibitor)	Ph II/III (Leigh syndrome) [launched for nephropathic cystinosis 2013], NCT02023866	Prevents abnormal lysosomal cysteine crystal accumulation. Expected to complete June 2016
Vatiquinone (EPI-743, NADH, or NADPH oxidoreductase modulator)	Ph II (Pearson syndrome (PS), mitochondrial respiratory chain disease, Leigh syndrome). NCT01721733	Antioxidant. PS completion Apr 2016, respiratory chain disease completed, Leigh syndrome completion Apr 2016
RTA-408 (nuclear erythroid 2-related factor 2 stimulator)	Ph II (mitochondrial myopathy). NCT02255422	Antioxidant, anti-inflammatory agent. Completion Jun 2016
Cyclosporine (calcineurin inhibitor)	Ph II (LHON). NCT02176733	Limits apoptosis in acute phase of disease. Completion expected Oct 2015
Bendavia (MTP-131)	Ph I/II (LHON, mitochondrial myopathy). NCT02367014	Targets cardiolipin in mitochondrial membranes. LHON study expected to complete in 2016. Myopathy study expected to complete Dec 2015
Benzafibrate (lipase stimulator; PPAR agonist)	Ph II (mitochondrial myopathy, mt.3243A>G). NCT02398201	Mitochondrial biogenesis stimulator. Completion 2016
KH176	Ph I (mitochondrial disease, MELAS, LHON, Leigh, mt.3243A>G). NCT02544217	Redox modulator. Completion 2015

trials [158] and is now in a randomized double-blind trial for pediatric Leigh syndrome patients. RTA-308 is also an antioxidant and anti-inflammatory agent that acts by increasing Nrf2 activity that in turn enhances the expression of prooxidant genes and represses inflammatory genes in animal models [159]. It is currently in a safety/efficacy trial to assess workload during exercise training in mitochondrial myopathy patients. Cyclosporine A, an immunosuppressive drug that protects cells from cell death caused by opening of the mitochondrial permeability transition pore, is being open-label-trialed in Leber's hereditary optic neuropathy, a mitochondrial disease that affects the basal retinal ganglia – hopefully reducing cell death in the retinal ganglion cell layer of the eye. Bendavia is a peptide that prevents cardiolipin from converting cytochrome c into a peroxidase but leaves its electron chain function intact [160] and is also proposed to improve electron chain efficiency by improving coupling by reducing proton leak. Also, based upon the preclinical data presented earlier and the fact that it has been used extensively in humans already, a trial using bezafibrate in mitochondrial myopathy caused by mutation in

mt.3243A>G is under way, with planned completion in mid 2016. Finally, KH176, an antioxidant trolox derivative, is being trialed in phase I rising dose trials in patients with either MELAS, LHON, or mt.3243G<A or Leigh syndrome patients.

It is interesting to note that six of the seven entities being tested are essentially repurposing or expanded indication approaches. Many of these are also general antioxidant therapies that aim to redress the proposed redox defects seen in mitochondrial patients. This reflects the fact that historically there has not been sufficient interest in this class of patients or sufficient knowledge of the pathways in the cell regulating mitochondrial function. This is changing and the hope is that in the immediate future more therapies will be developed with mitochondrial disease patients as the primary focus. Dedicated approaches to processes such as biogenesis and mitophagy, for example, coupled with better clinical trial design, will be key to improving the chance of success for mitochondrial disease patients.

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# Chapter 16

## Summary and Conclusions

**Amy Katherine Reeve**

**Abstract** More than a decade of research has pushed forward our understanding of the changes that occur within neurons in neurodegenerative disease. From a mitochondrial point of view, we now know that mitochondrial DNA, reactive oxygen species, calcium handling, mitochondrial turnover, movement, neuronal localisation and dynamics are important for neuronal survival. It would seem feasible, therefore, that dysfunction in this organelle will have huge implications for the pathogenesis of a number of degenerative diseases. While we still have much to discover and understand with regard to the causes of these diseases, research in the field of mitochondrial dysfunction can only add to our understanding and hopes for therapeutic interventions.

**Keywords** Mitochondria • Mitochondrial function • mtDNA genetics • Neurodegeneration

Over the last few decades, there has been an explosion in the amount of research dedicated to understanding the role of mitochondria in the pathogenesis of neurodegenerative diseases. Since the first edition of *Mitochondrial Dysfunction in Neurodegenerative Disorders* 3 years ago, researchers across the globe have been increasing our understanding of this complex relationship. Much of this research has centred on Parkinson's disease and Alzheimer's disease, but as we investigate further the importance of mitochondrial function for neuronal survival, more diseases emerge for which pathogenic mechanisms centre around the mitochondrion. Before one can comprehend the importance of mitochondrial function for neuronal health, one must first understand the complexities of the mitochondrion. Thus, the first section of this book aimed to introduce mitochondria, discussing their functions and genetics and highlighting their importance for all cells including neurons.

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## 16.1 Mitochondrial Dysfunction: Causes and Effects

Mitochondrial dysfunction can be caused by mutations in both the mitochondrial and nuclear genomes. While mutations in the mitochondrial genome have been shown to be prevalent in the human brain in both normal ageing and neurodegenerative diseases (Chap. 3), such mutations also directly cause a group of diseases characterised by degenerative changes in a number of tissues, predominantly in the brain. As discussed in Chap. 2 (Phillips et al.), the understanding of cell loss in these mitochondrial disorders has allowed research to become focussed on the mechanisms by which mitochondrial dysfunction can lead to neuronal loss. While the type of neurodegenerative changes seen in mitochondrial disorders can vary between individuals, there are similarities with the pathology of more common diseases, including in the brain regions affected (e.g., the basal ganglia) and in the type of changes seen (e.g., demyelination). Recently, a significant body of research has aimed to uncover how changes within neuronal axons and synapses may contribute to neurodegeneration, and Sajic (Chap. 8) and Chrysostomou (Chap. 9) discuss these concepts in their chapters. Despite overlapping pathological changes, there are obvious differences between these disorders and other diseases; for example, the degeneration of neurons in mitochondrial disorders is not associated with the accumulation of protein aggregates so common in other diseases including Alzheimer's and Parkinson's diseases. The importance of comprehending the mechanisms involved in these disorders was also highlighted by Trifunovic, in Chap. 13, through the description of the plethora of animal models which have been used to further investigate the impact of mitochondrial dysfunction. Mitochondrial dysfunction can be also caused by mutations in nuclear genes which encode proteins essential for mitochondrial maintenance and function. In Chap. 4 of this book, Viscomi et al. have highlighted the importance of such genes in neurodegenerative disease.

## 16.2 Consequences of Mitochondrial Dysfunction for Neuronal Function

Dysfunction of mitochondria caused by changes in mitochondrial DNA, however, is the tip of a very large iceberg. While these changes will undoubtedly cause changes to the ATP production of the cell, which will have detrimental effects for all cellular processes, mitochondrial involvement in other cellular processes could be equally catastrophic. The majority of this book focussed, therefore, on the consequences of the accumulation of mitochondrial dysfunction on neuronal function and how changes in key neuronal processes may exacerbate this dysfunction.

Of particular importance for the pathogenesis of a number of neurodegenerative disorders is the accumulation of damaged or misfolded proteins. In Chap. 10, Ludtmann and Abramov highlight how the aggregation of four proteins affects neuronal homeostasis and may contribute to the development of neurodegeneration,

while in Chap. 11 Otten et al. consider how the degradation of long-lived proteins and organelles through the process of autophagy may become overwhelmed and lose efficiency. To complement these two chapters, Nguyen et al. have contributed a chapter which examines recent research into the relationship between mitochondria and the lysosome. The lysosome provides the final digestive step in the process of autophagy, and it is becoming clear that the relationship between these two organelles is dependent on function in both.

Mitochondria are dynamic organelles that exist in a constantly changing, vast reticular network. This network is maintained through the processes of fission and fusion, which like many mitochondrial functions are reliant on the mitochondrial membrane potential. A loss of this membrane potential disrupts mitochondrial dynamics, which will affect the supply of ATP and calcium buffering throughout neuronal processes. In Chap. 7, Mourier discusses the complexities of mitochondrial dynamics and the impact of changes within this process for neuronal health and survival. The transport of mitochondria was also considered in Chap. 8. In this chapter Sajic has highlighted that transport of mitochondria maintains neuronal function by ensuring delivery of mitochondria to discrete sites within the neuron. Furthermore, disruption of the transport of mitochondria has been shown to occur alongside demyelination in multiple sclerosis. Aside from the provision of cellular ATP, mitochondria are also essential for the buffering of intracellular calcium levels. The importance of calcium has been particularly highlighted in the field of Parkinson's disease research since the neurons of the SN show unique pacemaking activity that is dependent on calcium. This aspect of Parkinson's disease research is reviewed in Chap. 6 by Surmeier and colleagues.

In this second edition we wanted to include a chapter that highlighted the advances that have been made in the imaging of mitochondria within living cells. In Chap. 14 Chisholm et al. discuss some of the practical considerations and techniques that have enabled researchers to examine mitochondria in depth within living cells and tissues.

We finish our book with a look to the future. As we delve further into the mechanisms leading to neurodegenerative disease, and unearth additional causes and consequences of mitochondrial dysfunction within neurons, we discover new therapeutic avenues. In our final chapter, Helliwell guides us through recent trials hoping to alleviate the symptoms of neurodegenerative disease by protecting neurons against mitochondrial dysfunction. It would seem that hope for treating these diseases lies in understanding why neurons are lost, and mounting evidence tells us that the mitochondrion is central in the processes which lead to this loss.

## 16.3 Conclusion

More than a decade of research has pushed forward our understanding of changes in neurons in neurodegenerative disease. From a mitochondrial point of view, we now know that mitochondrial DNA, reactive oxygen species, calcium handling,

mitochondrial turnover, movement, neuronal localisation and dynamics are important for neuronal survival. It would seem feasible, therefore, that dysfunction in this organelle will have huge implications for the pathogenesis of a number of degenerative diseases. While we still have much to discover and understand with regard to the causes of these diseases, research in the field of mitochondrial dysfunction can only add to our understanding and hopes for therapeutic interventions.

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