# Prostate

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# **INFLAMMATORY LESIONS**

## **Acute Bacterial Prostatitis**

#### Clinical

- Sudden onset of fever, chills, pain, and irritative and obstructive symptoms
- Swollen, tender, and indurated on digital rectal examination
- E. coli infection accounts for 80% of cases
- Diagnosis confirmed by culture of midstream urine and/or prostatic secretions
- Transrectal ultrasonography useful for preoperative diagnosis
- Biopsy contraindicated

#### Microscopic

- Microabscess formation and heavy infiltrate of acute and chronic inflammatory cells (Fig. 38.1)
- Acinar destruction and epithelial cell degeneration
- Stromal hemorrhage and edema
- Abscess is a rare complication, especially in immunocompromised patients

#### **Chronic Bacterial and Nonbacterial Prostatitis**

#### Clinical

- ◆ Chronic nonbacterial prostatitis is more common than chronic bacterial prostatitis (*E. coli*)
- Chlamydia trachomatis and Ureaplasma urealyticum are common etiologic agents
- Often follows an indolent clinical course with relapses and remissions

#### Microscopic

• Epithelial degeneration and metaplasia



Fig. 38.1. Acute prostatitis with microabscess formation.

♦ Chronic inflammation

#### **Differential Diagnosis**

- High-grade prostatic intraepithelial neoplasia (HGPIN)
  - Partial acinar involvement, nuclear stratification, and prominent nucleoli
  - Caution is urged in diagnosing prostatic intraepithelial neoplasia (PIN) in the setting of inflammation

## **Granulomatous Prostatitis**

#### Clinical

- Prior history of urinary tract infection is common (Table 38.1)
- Suspicious for carcinoma on digital rectal examination
- Probably caused by blockage of prostatic ducts and stasis of secretion

#### *Microscopic*

- Specific etiology often cannot be determined from histologic examination
- ♦ Glandular disruption, epithelial degeneration, and metaplasia
- Granulomatous inflammation with or without necrosis
- Polymorphous chronic inflammation composed of multinucleated giant cells, histiocytes, lymphocytes, plasma cells, and neutrophils

#### *Immunohistochemistry*

 Prostate-specific antigen (PSA) negative, prostate acid phosphatase (PAP) negative, cytokeratin negative, CD68 positive, and other macrophage markers positive

## Variants

#### Xanthoma

- Incidental finding in elderly men
- Clusters and sheets of lipid-laden histiocytes in a nodular configuration (Fig. 38.2)
- CD68 positive, cytokeratin negative
- Xanthogranulomatous prostatitis
  - Nonspecific granulomatous prostatitis
  - Composed predominantly of sheets of epithelioid histiocytes (Fig. 38.3)
  - Polymorphous inflammatory infiltrate
  - Associated with atrophy and acinar disruption
- Malakoplakia
  - Due to defective intracellular lysosomal digestion of bacteria
  - Intracellular and extracellular Michaelis-Gutmann bodies are characteristic of the lesion (Fig. 38.4)

# Table 38.1. Etiology of GranulomatousProstatitis

#### Infections

Bacterial: Tuberculosis (AFB staining), syphilis Fungal: Coccidioidomycosis, cryptococcosis, histoplasmosis Parasitic: Schistosomiasis Viral: Herpes zoster

#### Iatrogenic Postsurgery or radiation Post-BCG treatment

#### Malakoplakia

Systemic granulomatous disease Allergic Sarcoidosis Systemic vascular diseases Wegner granulomatosis Polyarteritis nodosa Churg-Strauss vasculitis

Idiopathic (most common)



Fig. 38.3. Xanthogranulomatous prostatitis. Lymphocytes rim a massive monomorphous collection of macrophages with abundant clear cytoplasm. This case was initially misdiagnosed as high-grade carcinoma.



Fig. 38.2. Xanthoma.



Fig. 38.4. Malakoplakia. Numerous Michaelis-Gutmann bodies are noted.

- The Michaelis-Gutmann bodies represent bacterial debris within phagolysosomes, highlighted by PAS and von Kossa stains
- Wegener granulomatosis
  - Stellate and geographic granulomas with palisading histiocytes
- Necrotizing vasculitis involving small- and medium-sized vessels
- Postsurgical granulomatous prostatitis
  - Occurs up to years following surgery
  - Central zone of fibrinoid necrosis surrounded by peripheral palisading of epithelioid histiocytes

# BENIGN LESIONS AND MIMICS OF ADENOCARCINOMA

# Benign Prostatic Hyperplasia and Other Forms of Hyperplasia

#### BENIGN PROSTATIC HYPERPLASIA

#### Clinical

- Occurs in 50% or more of men >50 years
- Often presents with lower urinary tract symptoms
- Develops in transition zone, resulting from stromal and epithelial proliferation
- Etiology and pathogenesis are not completely understood
- Inflammation is implicated in the pathogenesis of benign prostatic hyperplasia (BPH); patients with inflammation have larger prostates, higher serum PSA, and greater risk of urinary retention
- Hormonal regulation is mainly via dihydrotestosterone (DHT), derived from testosterone by the activity of 5-α-reductase
- Growth factors also play an important role in the development of BPH; epidermal growth factor (stimulatory) and transforming growth factor-β (inhibitory) alter prostatic growth

#### Macroscopic

- Yellow-gray rubbery to firm and bulging nodules in the transition zone and periurethral region (Fig. 38.5)
- ♦ For transurethral resection specimens, submit a minimum of six cassettes for the first 30 g of tissue and one cassette for every 10 g thereafter

## Microscopic

• Epithelial and stromal hyperplasia in the transition zone and periurethral region (Fig. 38.6)



Fig. 38.5. Benign prostatic hyperplasia (BPH), stromal variant. Bulging from the cut surface of this adenectomy specimen is a fleshy firm stromal nodule.

- Stromal nodules consist of fibromuscular spindle cell proliferation with thin- or thick-walled vessels and scattered lymphocytic infiltrate (mainly T-helper cells)
- Often associated with prostatic infarct with squamous and urothelial metaplasia
- ♦ At least part of a nodule should be present for the diagnosis to be made on biopsies (uncommon)
- Multiple variants (see below) (Table 38.2)

#### STROMAL HYPERPLASIA WITH ATYPICAL GIANT CELLS

- Often occurs in the transition zone
- Benign variant of nodular hyperplasia
- Increased stromal cellularity with bizarre giant cells and nuclear degenerative changes (Fig. 38.7)
- Nuclear pleomorphism, nuclear hyperchromasia, and pyknosis
- Lacks the circumscription of leiomyoma
- No mitotic figures
- Some have applied the term prostatic stromal tumor of uncertain malignant potential, but this is discouraged as it lumps stromal hyperplasia (benign) with phyllodes tumor (malignant)

## CRIBRIFORM HYPERPLASIA

- Often occurs in the transition zone
- Variant of nodular hyperplasia
- Cribriform pattern of acinar proliferation with intact basal cell layer (Fig. 38.8)
- Uniform cells with clear or granular cytoplasm and inconspicuous nucleoli



Fig. 38.6. Benign prostatic hyperplasia. This epithelium-predominant round nodule is typical.

Variant	Microscopic features	Usual location
Stromal hyperplasia with atypical giant cells	Stromal nodules in the setting of cellularity and nuclear atypia	Transition zone
Basal cell hyperplasia (BCH)	Proliferation of basal cells, two or more cells in thickness; may have prominent nucleoli (atypical basal cell hyperplasia) or form a nodule (basal cell adenoma)	Transition zone
Atypical adenomatous hyperplasia (AAH)	Localized proliferation of small acini in association with BPH nodule which architecturally mimics adenocarcinoma but lacks cytologic features of malignancy	Transition zone
Postatrophic hyperplasia	Atrophic acini with epithelial proliferative changes; easily mistaken for adenocarcinoma due to architectural distortion	All zones
Cribriform hyperplasia	Acini with distinctive cribriform pattern, often with clear cytoplasm; easily mistaken for proliferative acini of the central zone	Transition zone
Sclerosing adenosis	Circumscribed proliferation of small acini in a dense spindle cell stroma without significant atypia; usually solitary and microscopic	Transition zone
Hyperplasia of mesonephric remnants	Rare benign lobular proliferation with colloid-like material in the lumina; may mimic nephrogenic metaplasia focally; acini do not apparently express PSA or PAP	All zones (very rare)
Verumontanum mucosal gland hyperplasia	Small benign acinar proliferation	Verumontanum

# Table 38.2. Histopathological Variants of Nodular Hyperplasia



Fig. 38.7. Stromal hyperplasia with atypical giant cells.

- Basal cells probably contain the regenerative or stem cells of the prostate
- ♦ Occurs in 6% of biopsies and 9% of transurethral resection specimens

# BASAL CELL PROLIFERATION

# **Basal Cell Hyperplasia**

- Often occurs in the transition zone
- Variant of BPH



Fig. 38.8. Cribriform hyperplasia. Note the variable size and collapsible nature of the luminal fenestrations. Unlike high-grade PIN and ductal adenocarcinoma, there are no cytologic abnormalities. In this preparation, the basal cell layers at the periphery of the acini are especially prominent.

- ◆ Proliferation of basal cells with multiple layers (>2) (Fig. 38.9)
- Often eccentrically located with partial involvement of acini, retaining the overlying columnar or cuboidal secretory cells
- Basal cells have enlarged nuclei, fine powdery chromatin, and occasional nuclear grooves:



Fig. 38.9. Basal cell hyperplasia. These tight nests of basaloid cells are characteristic of BCH.

- Nuclear "bubble" artifact or intranuclear vacuole often seen in formalin-fixed tissue but not in frozen section
- ♦ Often associated with chronic inflammation

#### Atypical Basal Cell Hyperplasia

- Same as basal cell hyperplasia BCH) but with prominent nucleoli (Fig. 38.10)
- ♦ Require >10% of cells displaying prominent nucleoli for diagnosis

#### **Basal Cell Adenoma**

- ♦ Variant of BPH
- ♦ Nodule formation with BCH (Fig. 38.11)
- ◆ Well-circumscribed solid nests and aggregates of hyperplastic basal cells in a condensed fibrous stroma
- Plump nuclei, high nucleus-to-cytoplasmic ratio, and inconspicuous nucleoli
- High-molecular-weight cytokeratin 34βE12 positive (Table 38.3)



Fig. 38.10. Atypical basal cell hyperplasia. (A) The acini are set in a moderately fibrotic stroma. (B) The acini contain basal cells with prominent nucleoli.

Fig. 38.11. Basal cell adenoma from a transurethral resection specimen. The lesion is well circumscribed (A). Basal cells have powdery nuclei with fine chromatin ( $\mathbf{B}$ ).

Table 38.3. Im	munonisto	chemical Pro	othes of Benig	n Lesions	in the P	rostate
	PSA/PAP	HMW CK	Cytokeratin <sup>a</sup>	S-100 protein	SMA	Zonal predilection
Xanthoma/xanthogranulomatous prostatitis	-	-	-	-	-	Peripheral
Nephrogenic metaplasia	-	+	+	-	_	Periurethral
Postatrophic hyperplasia	+	+	+	-	-	Peripheral
Atypical basal cell hyperplasia	-/+	+	+	-/+	-	Transition
Cribriform hyperplasia	+	+	+	-	_	Transition
Sclerosing adenosis	+	+	+	-	+	Transition
Stromal hyperplasia with atypia	-	-	+	-	+	Transition
Hyperplasia of mesonephric remnants	-	+	+	-	-	Unknown
Verumontanum mucosal gland hyperplasia	+	+	+	-	-	Verumontanum
Seminal vesicles/ejaculatory ducts	-	+	+	-	-	Seminal vesicles
Cowper gland	-	+	+	-	_	Urogenital diaphragm
Paraganglion	-	-	—/±	+/	_	Base>apex

#### - - - -20

PSA/PAP prostate-specific antigen/prostate acid phosphatase, HMWCK high-molecular-weight cytokeratin (34βE12), SMA smooth muscle actin

<sup>a</sup>Broad-spectrum cytokeratins

- PSA and PAP are patchy positive
- S-100 protein and chromogranin are often positive

## ATYPICAL ADENOMATOUS HYPERPLASIA

## Clinical

- ♦ Occurs in the transition zone and is found in ~23% of prostatectomy specimens
- Multicentric in ~46% of cases
- Proposed as a putative precursor lesion, but considered by most to be benign
- The extent and zonal distribution of atypical adenomatous hyperplasia (AAH) and carcinoma share a weak but significant association
- Shares less frequent but similar allelic imbalance with prostatic adenocarcinoma
- May be associated with a subset of low-grade carcinoma arising in the transition zone
- The identification of AAH should not influence or dictate therapeutic decisions

## *Microscopic*

Requires most or all of the focus to be present for diagnosis of AAH on biopsy - very uncommon (Table 38.4)

- Well-circumscribed nodular proliferation of small acini at the periphery of BPH; sometimes involves the entire nodule (Fig. 38.12A)
- Parent gland with larger branching lumina in the central location
- Lacks diffuse nucleolar enlargement
- May contain intraluminal mucin secretions and crystalloids
- ♦ Basal cell layer fragmented (Fig. 38.12B)
- $\alpha$ -Methylacyl-CoA racemase (P504S) immunostaining may ٠ be focally positive

- Verumontanum mucosal gland hyperplasia: ٠
  - Located in the posterior wall of the distal prostatic urethra
  - Back-to-back arrangement of small acini with prominent corpora amylacea
  - Fragmented nonlamellated orange-red concretions
  - Cytoplasmic lipofuscin
  - Intact basal cell layer and intimately associated with urothelial-lined ducts
- Postatrophic hyperplasia
  - Lobular cluster of atrophic acini with proliferative change
  - Not intimately associated with nodular hyperplasia

Table 38.4         Atypical Adenomatous Hyperplasia vs. Well-differentiated Adenocarcinoma			
	Atypical adenomatous hyperplasia	Well-differentiated adenocarcinoma	
Architectural and associated features			
Low power	Circumscribed or limited infiltration	Circumscribed or limited infiltration	
Lesion size	Variable	Variable	
Gland size	Variable	Less variable	
Gland shape	Variable	Less variable	
Crystalloids	Infrequent (16%)	Frequent (75%)	
Corpora amylacea	Frequent (32%)	Infrequent (13%)	
Basophilic mucin	Infrequent	Frequent	
Nuclear features			
Nuclear size variation	Less variable	Variable	
Chromatin	Uniform/granular	Uniform or variable	
Parachromatin clearing	Infrequent	Frequent	
Nucleoli	Inconspicuous	Prominent	
Nucleoli (largest)	2.5 mm (rare)	3.0 mm	
Nucleoli (mean)	<1.0 mm	1.8 mm	
Nucleoli > 1 mm	18%	77%	
Basal cell layer			
Hematoxylin and eosin stain	Inconspicuous	Absent	
Antikeratin stain (high molecular weight 346E12)	Fragmented	Virtually absent	
(in the state)			

- Associated with adjacent atrophy with inflammation, stromal fibrosis, or smooth muscle atrophy
- Sclerosing adenosis:
  - Biphasic pattern with hyalinized periacinar stroma
  - S-100 protein and actin positive
- · Low-grade small acinar prostatic adenocarcinoma
  - Nucleolar enlargement
  - Lacks basal cell layer

## POSTATROPHIC HYPERPLASIA

- Occurs in all zones with predilection for the peripheral zone (91% of cases)
- ♦ Found in up to 32% of radical prostatectomy specimens
- ◆ Lobular cluster of atrophic acini surrounding central dilated larger acini, often in a hyalinized stroma (Fig. 38.13)
- Variable acinar architectural distortion and irregularity
- Acini lined by a single layer of secretory cells with proliferative changes
- Moderate cytoplasm with luminal apocrine blebs
- Enlarged nuclei with evenly distributed fine granular chromatin and occasional enlarged nucleoli
- Fragmented or intact basal cell layer
- Often associated with adjacent inflammation
- Distinguished from carcinoma by characteristic lobular architecture, intact or fragmented basal cell layer, inconspic-

uous or mildly enlarged nucleoli, and adjacent acinar atrophy with stromal fibrosis or smooth muscle atrophy

## SCLEROSING ADENOSIS

#### Clinical

- ◆ Incidental finding in 2% of transurethral resection specimens
- An unusual variant of BPH
- Occurs in transition zone, usually solitary and microscopic
- The only prostatic lesion with myoepithelial differentiation of basal cells
- ♦ Benign

#### Microscopic

- Well-circumscribed proliferation of small acini in a dense myofibroblast stroma (Fig. 38.14A)
- Thickened basement membrane with prominent myoepithelial cells
- ♦ Acini appear to merge with adjacent pale staining cellular stroma with abundant loose ground substance
- Compressed and distorted glands imparting a pseudoinfiltrative pattern
- Occasional nuclear and nucleolar enlargement; rare cases with prominent nucleolomegaly referred to as atypical sclerosing adenosis
- Moderate amount of clear to eosinophilic cytoplasm



Fig. 38.12. Atypical adenomatous hyperplasia (AAH). This circumscribed cluster of small to intermediate acini was initially misdiagnosed as Gleason pattern 1 + 1 carcinoma (**A**); however, a fragmented basal cell layer was identified by immunostain for high-molecular-weight cytokeratin  $34\beta E12$  (**B**).

## **Electron Microscopy**

• Myoepithelial differentiation with aggregates of thin filaments

## Immunohistochemistry (Table 38.3)

- High-molecular-weight cytokeratin 34βE12 and p63 positive
- Muscle-specific actin (MSA) positive
- ♦ S-100 protein positive (Fig. 38.14B)
- Negative for  $\alpha$ -methylacyl-CoA racemase (P504S)

- ♦ AAH
  - Lacks densely hyalinized stroma and fragmented basal cell layer
  - MSA and S-100 protein negative



Fig. 38.13. Postatrophic hyperplasia. Irregular circumscribed aggregate of markedly atrophic distorted acini set in a fibrous stroma.



Fig. 38.14. Sclerosing adenosis. (A) Packed circumscribed cluster of small acini of variable size set in a densely cellular stroma. (B) Intense S-100 protein immunoreactivity in the basal cells of virtually every acinus.

- Prostatic adenocarcinoma
  - Cytologic atypia with nucleomegaly and prominent nucleoli
  - Lacks hyalinized stroma
  - MSA, high-molecular-weight cytokeratin, and S-100 protein negative

## Hyperplasia of Mesonephric Remnants (Florid Mesonephric Hyperplasia)

- Rare; occurs in all zones, mainly in the transition zone
- Lobular proliferation of small acini lined by single layer of cuboidal cells (Fig. 38.15)
- Two growth patterns:
  - Closely packed small round to oval tubules lined by cuboidal hobnail cells with eosinophilic cytoplasm
  - Proliferation of small acini with empty lumens or solid nests
- ◆ May have haphazard arrangement at periphery, imparting pseudoinfiltrative growth pattern
- Ectatic tubules with luminal colloid-like eosinophilic inclusions and micropapillary infoldings
- Uniform cells with occasional nuclear and nucleolar enlargement
- PSA and PAP negative; high-molecular-weight cytokeratin 34βE12 and p63 positive

# VERUMONTANUM MUCOSAL GLAND HYPERPLASIA

- Located in the posterior wall of the midprostatic urethra
- Used as a landmark during transurethral resection of the prostate (resection is proximal)
- Recognized in 14% of radical prostatectomy specimens
- Rare in biopsies and not seen in transurethral resection specimens

- Often intimately associated with urothelium
- Multifocal lobular proliferation of closely packed small (>25) acini usually with intact basal cell layer (Fig. 38.16)
- Uniform cells with basophilic cytoplasm and lack of cytologic atypia
- Numerous corpora amylacea and distinctive orange-red nonlaminated concretions that are often fragmented
- Luminal secretory cells may contain lipofuscin pigment
- ♦ Intact basal cell layer
- PSA, PAP, p63, and high-molecular-weight cytokeratin 34βE12 positive

# Metaplasia (Table 38.5)

#### SQUAMOUS METAPLASIA

- Often seen at edge of prostatic infarct and after hormonal therapy or cryotherapy (Fig. 38.17)
- Common in the region of prostatic urethra in patients with an indwelling catheter
- Syncytial aggregates of polygonal cells with abundant eosinophilic cytoplasm and hyperchromatic nuclei

## MUCINOUS METAPLASIA

- Clusters of columnar cells or goblet cells with mucin production (Fig. 38.18)
- ♦ Focal or complete involvement of acini and lack of involvement of the entire lobular unit of acini
- Negative immunostaining for PSA and PAP
- High-molecular-weight cytokeratin 34βE12 positive
- Mucicarmine, PAS with diastase, and alcian blue positive

#### EOSINOPHILIC METAPLASIA

 May represent a form of host response related to regenerative/reparative process



Fig. 38.15. Mesonephric remnants.



Fig. 38.16. Verumontanum mucosal gland hyperplasia.

Table 38.5.         Metaplastic Changes of the Prostate		
Diagnosis Features		
Squamous metaplasia	Intraductal aggregates of flattened cells with eosinophilic cytoplasm, usually at edge of infarcts	
Mucinous metaplasia	Mucin-producing columnar or goblet cells in the prostate epithelium or urothelium	
Eosinophilic metaplasia	Small clusters of cells with prominent cytoplasmic eosinophilic changes	
Urothelial metaplasia	Urothelium within ducts and acini of the prostate; difficult to identify because of variable location of the normal urothelial-columnar junction	
Nephrogenic adenoma (metaplasia)	Inflamed papillary mass of cystic or solid tubules in the urethra; rare	



Fig. 38.17. Squamous metaplasia of benign epithelium following cryosurgery.



Fig. 38.18. Mucinous metaplasia.

- Clusters of cells with prominent eosinophilic cytoplasmic granules in apical location (Fig. 38.19)
- Typically occur in small- to medium-sized prostatic ducts and may also occur in the acinar epithelium
- No clinical significance



Fig. 38.19. Eosinophilic metaplasia.

# UROTHELIAL METAPLASIA

- The presence of urothelium beyond the normal urothelialcolumnar junction is often difficult to identify
- ◆ Stratified epithelium with streaming effect of nuclei (Fig. 38.20)
- Ovoid cells with pale cytoplasm, uniform nuclei, nuclear grooves, perinuclear halos, fine granular chromatin, and inconspicuous nucleoli
- ♦ The long axis of the cells is perpendicular to the basement membrane

## NEPHROGENIC ADENOMA

- Suburethral location; composed of exophytic mass of small tubules or papillae with solid and cystic appearance (Fig. 38.21)
- Uniform nuclei with fine granular chromatin and inconspicuous nucleoli; rare cases have focal or extensive nucleolomegaly, referred to as atypical nephrogenic metaplasia
- Edematous and often inflamed stroma without desmoplasia
- Often associated with proliferative papillary urethritis
- Negative immunoreactivity for PSA, PAP, and CEA



Fig. 38.20. Urothelial metaplasia.



Fig. 38.21. Nephrogenic adenoma (metaplasia).

- High-molecular-weight cytokeratin 34βE12 positive
- Positive staining for α-methylacyl-CoA racemase (P504S) (58% of cases) creates potential for misdiagnosis as adenocarcinoma
- ♦ May be neither metaplastic nor neoplastic in nature; nephrogenic metaplasia in renal transplant recipients is apparent
- Derived from tubular cells of the transplant and is not a metaplastic proliferation of the recipient's bladder urothelium

# Atrophy

- Often located in the peripheral zone
- ♦ Lobular configuration of atrophic glands with open ectatic lumina in a sclerotic stroma
- Variable acinar architectural distortion and irregularity



Fig. 38.22. Seminal vesicle. The epithelium contains scattered refractile golden-brown pigment, as well as moderate anisonucleosis.

- Cystic dilation of acini and ducts lined by flattened attenuated epithelial cells with scant cytoplasm, hyperchromatic nuclei, and inconspicuous nucleoli
- When associated with inflammation, the epithelium may show focal reactive proliferative changes
- The basal cell layer may be fragmented
- In the past, considered by some to be a potential precursor to adenocarcinoma, but convincing evidence is lacking and idea is largely abandoned

# **Seminal Vesicles and Ejaculatory Ducts**

#### Microscopic

- Well circumscribed
- Complex papillary folds with irregular convoluted lumens (Fig. 38.22)
- Lined by nonciliated pseudostratified columnar epithelium
- Ejaculatory ducts have large lumens with more prominent mucosal folding and prominent circumferential layer of the muscular wall
- Stromal (eosinophilic) hyaline bodies:
  - Often seen within the muscular wall, resulting from smooth muscle degeneration
  - Highlighted by Masson trichrome and PAS stain
- Bizarre smudged cells with granular refractile golden-yellow lipofuscin pigment
- Enlarged nuclei with nuclear hyperchromasia, coarse granular chromatin, prominent nucleoli, and occasional nuclear halos
- Multinucleated giant cells with pyknotic nuclei and a lack of mitotic figures
- ♦ DNA aneuploid in 6.7% of seminal vesicles

# **Immunohistochemistry**

 PSA and PAP negative; high-molecular-weight cytokeratin 34βE12 and p63 positive

# Differential Diagnosis

- Pigmented prostatic epithelium (melanosis):
  - Scant, finely granular, yellow-brown pigment
  - PSA and PAP positive
- Postatrophic hyperplasia:
  - Lobular arrangement of acini surrounding central dilated acini; proliferative change
  - Lacks lipofuscin or cytologic atypia
- ♦ High-grade PIN:
  - Lacks lipofuscin; displays significant nuclear pleomorphism
- ♦ Adenocarcinoma:
  - Lacks lipofuscin; displays nuclear degeneration; bizarre nuclei uncommon
  - PSA and PAP positive, cytokeratin 34βE12 negative

# Senile Seminal Vesicle Amyloidosis

# Clinical

- ♦ Occurs in up to 8% of men 46–60 years, 23% between ages 61 and 75 years, and 40% >75 years
- Derived from secretory protein of the epithelium
- Benign; not associated with systemic amyloidosis

# Microscopic

- ◆ Linear or nodular subepithelial deposition of amorphous eosinophilic amyloid (Fig. 38.23)
- Basement membrane thickening

# Immunohistochemistry

• Congo red, crystal violet, toluidine blue, and PAS positive

# **Cowper Glands**

# Microscopic

- Located within the urogenital diaphragm; seen in biopsies of the apex
- Not present in transurethral resection specimens
- Equivalent to Bartholin glands of the female genital tract
- Small paired bulbomembranous urethral glands surrounded by the skeletal muscle
- Well-circumscribed small acinar proliferation (Fig. 38.24)
- Uniform cells with abundant apical mucinous cytoplasm
- Lack nuclear and nucleolar enlargement

# Immunohistochemistry

 PSA negative; high-molecular-weight cytokeratin, mucicarmine, and PAS with diastase positive

# Differential Diagnosis

• Mucinous metaplasia:



Fig. 38.23. Senile seminal vesicle amyloidosis.



Fig. 38.24. Cowper gland.

- Focal involvement of a small number of acini
- Lacks skeletal muscle
- Mucinous adenocarcinoma:
  - Nests and clusters of epithelial cells floating in extravasated mucin pool
- Well-differentiated adenocarcinoma:
  - Prominent nucleoli
  - PSA positive, high-molecular-weight cytokeratin negative

# Paraganglia

- Located closer to the base than the apex of the prostate
- Usually associated with neurovascular structures
- Solid nests and organoid arrangement of closely packed polygonal cells with abundant clear cytoplasm (Fig. 38.25)
- Centrally located uniform nuclei with or without prominent nucleoli
- PSA, PAP, and cytokeratin negative; neuroendocrine markers positive



Fig. 38.25. Intraprostate ganglionic tissue. In contrast with the benign acini (*lower right*), the ganglion cells are small, closely packed, and contain a light dusting of brown pigment. This focus was initially misdiagnosed as adenocarcinoma.

# **Prostatic Urethral Polyp**

#### PROLIFERATIVE PAPILLARY URETHRITIS

- Papillary proliferation of the urothelium with metaplastic changes and reactive changes
- Inflammation and stromal edema

## ECTOPIC PROSTATIC TISSUE (BENIGN POLYP WITH PROSTATIC-TYPE EPITHELIUM)

- Adolescents or young adults present with hematuria
- Delicate papillae with fibrovascular core and prostatic epithelial lining

#### NEPHROGENIC ADENOMA

Described elsewhere

#### BENIGN UROTHELIAL PAPILLOMA

- ◆ Patient <50 years with solitary lesion <2 cm in greatest dimension
- ♦ <7 cells in thickness with intact superficial (umbrella) cell layer
- No significant cytologic atypia (no more than grade 1 urothelial carcinoma)

#### INVERTED PAPILLOMA

- Patients present with hematuria and urinary obstructive symptoms
- Smooth contoured invaginated cords and columns of urothelial cells with intact overlying urothelium
- Peripheral palisading basaloid cells and thickened basement membrane
- Squamous metaplasia and microcystic change
- ♦ Scant stroma
- Lacks fibrovascular cores

# HIGH-GRADE PROSTATIC INTRAEPITHELIAL NEOPLASIA (HGPIN)

## Definition

 Precancerous end of the morphologic continuum of cellular proliferations within preexisting prostatic ducts, ductules, and acini

## Clinical

- Divided into low grade (formerly PIN 1) and high grade (formerly PIN 2 and 3)
- Most pathologists do not report low-grade PIN, recognizing the difficulty in separating this lesion from benign epithelium and reactive atypia
- PIN is genotypically and phenotypically linked to cancer
- ♦ Precedes the onset of carcinoma by 5–10 years
- Multifocal (63% of cases) and coexists with cancer in 86% of prostatectomy specimens
- ◆ Occurs in the nontransition zone (63% of cases) and all zones (36%)
- Present in up to 4.2% of transurethral resection specimens (2.8% without cancer, 10.2% with cancer)

- The volume of HGPIN increases with the pathologic stage, Gleason grade, and positive surgical margins in patients with prostate cancer
- More prevalent and extensive and occurs approximately a decade earlier in African American men than in Caucasian men
- Prevalence and extent of HGPIN are decreased after androgen deprivation therapy
- No influence on serum PSA concentration
- Found in approximately 9% of contemporary needle biopsies
- The diagnosis of HGPIN confers a 33% predictive value for cancer on repeat biopsy within 1 year
- Multifocal HGPIN has an even higher predicate value for cancer than unifocal HGPIN on biopsy
- ♦ Followup is suggested, but the interval may be 1 year or more according to some; there are no standards, and most agree that multifocal or extensive PIN requires earlier followup

# Patterns of Growth

- ◆ Tufting (97% of specimens with HGPIN, most common) (Fig. 38.26A)
- Micropapillary (66%) (Fig. 38.26B)
- ◆ Flat (21%) (Fig. 38.26C)
- Cribriform (19%) (Fig. 38.26D)
- Other rare growth patterns include signet ring cell, small cell (neuroendocrine), foamy gland (microvacuolated), hobnail (inverted), and squamous patterns

# Pattern of Spread

- Replacement of normal luminal secretory cells with preservation of the basal cell layer
- Direct invasion with disruption of the basal cell layer
- Pagetoid spread (rare)

## Microscopic

- Nuclear and nucleolar enlargements are the cytologic hallmark of HGPIN
- Cellular crowding, irregular spacing, nuclear stratification, and overlapping
- No significant expansion of ductules (unlike intraductal carcinoma; see below)
- Partial acinar involvement is frequent
- ♦ No necrosis
- Cells usually display cytoplasmic blebs along the luminal surface
- Disruption of the basal cell layer is highlighted by highmolecular-weight cytokeratin and p63 (Fig. 38.27) (Table 38.6)
- α-Methylacyl-CoA racemase (P504S) and c-myc stain positive (Fig. 38.27)



Fig. 38.26. Four major patterns of high-grade prostatic intraepithelial neoplasia (PIN). Tufting pattern of high-grade PIN (A). Small mounds of cells protrude into the lumen. This focus has a prominent basal cell layer at the periphery. Micropapillary pattern of high-grade PIN (B). Elongated fingerlike projections of epithelium protrude into the lumens. Flat pattern of high-grade PIN (C). Cribriform pattern of high-grade PIN (D).



Fig. 38.27. High-grade PIN, triple immunostain: Brown reaction product indicates a patchy and fragmented pattern of immunoreactivity for high-molecular-weight cytokeratin  $34\beta E12$  in basal cell cytoplasm and p63 in basal cell nuclei; red reaction product indicates immunoreactivity for alpha-methylacyl-CoA racemase (P504S) in luminal secretory cells.

## **Differential Diagnosis**

- Inflammatory reactive changes
  - Metaplastic (eosinophilic) changes and inflammatory background
- Urothelial metaplasia
- Lacks prominent nucleoli
- Seminal vesicles and ejaculatory ducts
  - Bizarre cells with lipofuscin pigment
  - Nuclear hyperchromasia, nuclear pleomorphism, and degenerative changes
- PSA and PAP negative
- Cribriform hyperplasia
  - Occurs in transition zone; sieve-like pattern
  - Uniform cells with clear cytoplasm
  - Lacks nuclear and nucleolar enlargement
- Postatrophic hyperplasia
  - Lacks prominent nucleoli

				errostate	
	PSA/PAP	HMW CK	Cytokeratin <sup>a</sup>	SMA	Desmin
High-grade PIN	+	+/- (Fragmented)	+	_	_
Atypical adenomatous hyperplasia	+	+/- (Fragmented)	+	-	-
Intraductal carcinoma	+	+/- (Fragmented)	+	-	-
Prostatic adenocarcinoma	+	-	+	-	-
Ductal adenocarcinoma	+	-	+	-	-
Mucinous adenocarcinoma	+	-	+	-	-
Small cell carcinoma	—/+	-	-/+	-	-
Signet ring cell carcinoma	+	-	+	-	-
Squamous cell carcinoma	+/	-	+	-	-
Sarcomatoid carcinoma	+/	-	+	-/+	-/+
Adenoid cystic/basal cell carcinoma	-/+	+	+	-	-
Urothelial carcinoma	_	+	+	-	-
Phyllodes tumor	+	+	+	-/+	+
Leiomyosarcoma	_	-	-/+	+	+
Lymphoma	_	_	-	_	_

# Table 38.6. Immunohistochemical Profiles of Preinvasive and Malignant Lesions in the Prostate

PSA/PAP prostate-specific antigen/prostate acid phosphatase, HMW CK high-molecular-weight cytokeratin (34βE12), SMA smooth muscle actin

<sup>a</sup>Broad-spectrum cytokeratins

- Atypical basal cell hyperplasia (ABCH)
  - Small solid nests or eccentric expansion of the basal cell layers between normal columnar secretory cells and basement membrane
  - The long axis of basal cells is usually parallel to the basement membrane
  - Enlarged nuclei with delicate stippled chromatin, occasional nuclear grooves, and nuclear "bubble" artifact
  - Often associated with inflammatory background
  - Cytokeratin 34βE12 positive
- ♦ Low-grade PIN
  - The epithelium lining ducts and acini are heaped up, crowded, and irregularly spaced
  - Lacks prominent nucleoli and less nuclear hyperchromasia

- Intact basal cell layer without disruption
- ♦ Intraductal carcinoma
  - Cribriform or papillary growth with significant expansion of ductular size
  - Frank anaplasia
  - Usually adjacent to or associated with invasive cancer
- Ductal (endometrioid) prostatic adenocarcinoma
  - Lacks basal cell layer
- Large gland variant of Gleason pattern 3 carcinoma and cribriform variant
  - More extensive involvement, infiltrative growth pattern
  - Often associated with small acinar carcinoma
  - Lacks circumferential basal cell layer

# ATYPICAL SMALL ACINAR PROLIFERATION SUSPICIOUS FOR BUT NOT DIAGNOSTIC OF MALIGNANCY (ASAP)

# Clinical

- A diagnostic category encompassing a spectrum of histologic abnormalities that fall below the threshold for the diagnosis of cancer
  - Not a diagnostic entity, as it often represents undersampled cancer
- The incidence of atypical small acinar proliferation (ASAP) is 2.5–4% in contemporary prostate biopsies
- Predicts ~45% likelihood for cancer on repeat biopsy within 1 year
- Many ASAP foci may represent marginally sampled cancer
- ♦ 99% of cancers were diagnosed on second and third biopsy, usually within 6 months after the ASAP diagnosis (73%)
- ♦ 41% of cancers were detected exclusively in other sites other than that of the initial ASAP lesion
- The entire prostate should be rebiopsied due to random sampling variation

## Microscopic

- ◆ Lacks the full complement of requisite architectural and cytologic features of cancer (Table 38.7)
- Usually very small in size invariably less than two dozen acini (Fig. 38.28A)
- The focus often disappears on deeper levels
- Lacks unequivocal cytologic features of malignancy
- Enlarged nucleoli are often difficult to find
- Clustered growth of acini
- May represent partial sampling of AAH, sclerosing adenosis, or low-grade cancer

- Treatment-induced atypia
- Confounding acinar atrophy and prominent inflammation in the immediate vicinity of suspicious acini and poor histologic preparations
- Features that may be present include:
  - Infiltrative growth
  - Variation in acinar size
  - Nucleomegaly
  - Nucleolar enlargement
  - Microvacuolated cytoplasm
  - Intraluminal proteinaceous secretions
  - Luminal mucin
  - Crystalloids

## *Immunohistochemistry*

- High-molecular-weight cytokeratin (34βE12) and p63 negative or equivocal (Fig. 38.28B)
- α-Methylacyl-CoA racemase (P504S) and c-myc are usually negative, weak, or equivocal

# Differential Diagnosis (See "Prostatic Adenocarcinoma")

- Prostatic adenocarcinoma:
  - Usually requires a minimum of three malignant acini for the diagnosis, unless:
    - Prominent cytologic anaplasia was present
    - No confounding inflammation

# Table 38.7.Reasons for the Diagnosis ofAtypical Small Acinar Proliferation (ASAP)

Small size of focus

Small number of acini in the focus of concern (invariably fewer than two dozens of acini) Small focus size, average 0.4 mm in diameter Focus present at core tip or biopsy edge, indicating that the focus is incompletely sampled Loss of focus of concern in deeper levels

Conflicting morphologic findings Distortion of acini raising concern for atrophy Lack of convincing features of cancer (insufficient nucleomegaly or nucleolomegaly) Clustered growth pattern mimicking a benign process such as atypical adenomatous hyperplasia Foamy cytoplasm raising concern for foamy gland carcinoma

Conflicting immunohistochemical findings Focally positive high-molecular-weight cytokeratin Focally positive p63 staining Negative alpha-methylacyl-CoA racemase (P504S) immunostaining

Confounding findings

Histologic artifacts such as thick sections or overstained nuclei Tangential cutting of adjacent high-grade PIN Architectural or cytologic changes (nucleomegaly and nucleolomegaly) owing to inflammation or other lesions

- · Persistence of cancer on serial sections
- The possibility of seminal vesicle/ejaculatory ducts and other mimics has been excluded
- ♦ HGPIN
  - Frequently coexists with ASAP
- Atrophy and postatrophic hyperplasia
- Sclerosing adenosis
- Basal cell hyperplasia
- ♦ AAH



Fig. 38.28. Atypical small acinar proliferation suspicious for but not diagnostic of malignancy. (A) The aggregate of about half a dozen small acini with variable size, shape, and spacing stands in marked contrast with the adjacent benign acini. Note cholesterol clefts and intraluminal neutrophils, raising the concern for reactive changes rather than neoplasia; (B) same focus as (A), immunostained for high-molecular-weight cytokeratin  $34\beta$ E12. The absence of staining in the acini of concern compounds the suspicion of malignancy. Note weak to moderate staining of basal cells in the adjacent benign acini.

# MALIGNANT TUMORS

# **Intraductal Carcinoma**

## Clinical

- No specific findings; usually an incidental finding in association with typical adenocarcinoma
- On biopsies, may be observed in isolation (very rare in isolation in prostatectomies)
- Previously referred to as noninvasive ductal carcinoma
- Considered to be clinically aggressive, but no consensus exists regarding optimal response when found in isolation on biopsy (some believe that this finding warrants immediate definitive treatment; others disagree)

#### Microscopic

- Marked expansion of ductal space by a proliferation of frankly malignant cells
- Nucleomegaly with frank nuclear anaplasia

- Dense near-solid (rigid) cribriform growth or partial solid growth
- Duct space enlargement to greater than two times the diameter of the largest adjacent benign spaces
- Comedonecrosis
- Intact or partially intact basal cell layer at the periphery of the proliferation
- Almost always associated with invasive carcinoma; this may not be apparent in a biopsy
- There is still a high level of interobserver disagreement

#### *Immunohistochemistry*

- Basal cell-specific cytoplasmic high-molecular-weight cytokeratin (34βE12) positive at the periphery, similar to high-grade PIN
- PTEN and ERG immunoreactivity in majority of cases, unlike PIN that is usually negative

# Differential Diagnosis (See "Prostatic Adenocarcinoma")

- Prostatic adenocarcinoma, especially ductal carcinoma:
  - Lacks basal cell layer
- ◆ Large gland variant of Gleason pattern 3 carcinoma and cribriform variant:
  - More extensive involvement, infiltrative growth pattern
  - Often associated with small acinar carcinoma
  - Lacks circumferential basal cell layer
- High-grade prostatic intraepithelial neoplasia:
  - Smaller ducts and ductules without massive enlargement
  - No frank anaplasia
  - Cribriform pattern is loose and "collapsible" without solid growth
  - No comedonecrosis
  - Immunohistochemistry for PTEN and ERG recommended in borderline cases

# Prostatic Adenocarcinoma

## Clinical

- Most common non-skin cancer in American men
- Accounted for 220,800 newly diagnosed cancers and 27,540 cancer deaths in 2015
- One in six men will develop clinically evident prostate cancer during his life
- ♦ Prevalence increases from 10–20% at age 50 years to ~80% at age 80 years
- Proposed risk factors include age, family history, race, dietary fat, heavy metal exposure (cadmium, zinc), vasectomy, obesity, alcohol, and HGPIN or ASAP on biopsy

- The American Cancer Society recommends:
  - Starting at age 50, men should talk to a doctor about the pros and cons of PSA testing to decide if testing is the right choice for them
  - If they are African American or have a father or brother who had prostate cancer before age 65, men should have this talk with a doctor starting at age 45
- ♦ An abnormal serum PSA concentration is commonly defined as a value >2.5 ng/ml
- ◆ Up to 15% of men with cancer have normal serum PSA (<2.5 ng/ml)
- Serum PSA half-life is 2–3 days
- ◆ 70-80% of prostate cancers arise in the peripheral zone (often referred to as the posterior lobe in the older literature), 15-25% in the transition zone, and 10% in the central zone
- Prostatic carcinoma in the transition zone is usually well differentiated
- Fusions of the 5' untranslated end of the androgen-responsive transmembrane serene protease gene TMPRSS2 and the ETS transcription factor family members, particularly ERG, are key molecular events during initiation and progression of prostate cancer
- ♦ TMPRSS2-ERG gene fusion is present in approximately 50% of prostate cancer
- Prostate cancer with TMPRSS2-ERG fusion may behave more aggressively than fusion-negative tumors
- Detection of TMPRSS2-ERG gene fusion may be useful for predicting cancer progression when isolated high-grade PIN is identified in needle biopsies

#### Macroscopic

- Yellow-white mass with a firm consistency in the peripheral zone
- Many are grossly inapparent

## Gleason Grading

- ◆ Based on the degree of architectural differentiation (Figs. 38.29 and 38.30)
- The predominant grade is recorded as the primary grade, and the nondominant grade is assigned as the secondary grade
- When only one pattern exists (frequently encountered on biopsies), then double the grade
- Gleason score = primary grade + secondary grade
- Needle biopsy underestimates tumor grade in 33–45% of cases and overestimates grade in 4–32% of cases

## Reporting

- Biopsy specimens
  - Biopsy site
  - Histopathologic type of carcinoma
  - Gleason score



Fig. 38.29. Original Gleason grading diagram for prostate cancer.

- Tertiary pattern
- Extent of cancer
  - Percent of length of specimens involved
  - Number of cores involved and total number of cores sampled
- Perineural invasion
- Extraprostatic extension (rare in biopsies)
- Associated conditions (e.g., HGPIN, postatrophic hyperplasia)
- Ancillary studies, as needed (e.g., immunohistochemistry)
- Transurethral resection specimens
  - 12 g, embed totally; >12 g, a minimum of six cassettes for the first 12 g and thereafter one cassette for every 10 g; if cancer involves <5% of the tissue submitted, all remaining tissue should be examined
- Histopathologic type of carcinoma
  - Gleason score
  - Extent of cancer (% of specimen)
  - HGPIN and/or ASAP

- Radical prostatectomy specimens
  - Weight and size of the prostate
  - Histopathologic type of carcinoma
  - Gleason score
  - Location of cancer
    - Bilateral versus unilateral (left or right)
    - Anterior versus posterior
    - Peripheral zone versus transition zone
  - Estimated cancer volume (% of specimen)
  - Extraprostatic extension (EPE) (Fig. 38.31)
    - Location and extent
    - Definition of EPE
      - Cancer in adipose tissue (Fig. 38.31A)
      - Cancer in perineural spaces of the neurovascular bundles outside the prostate (Fig. 38.31B)
      - Cancer in the anterior muscle beyond the rounded interface between the fibromuscular stroma and skeletal muscle (Fig. 38.31C)
  - Seminal vesicle invasion (Fig. 38.32)
    - Cancer in the adventitia but not in the muscular wall of the seminal vesicle does not qualify for seminal vesicle invasion
  - Surgical margin status
    - Positive margins are defined as cancer cells at the inked surface
    - Record sites and extent of margins involved are used
  - Vascular/lymphatic invasion
  - HGPIN and/or ASAP
  - Associated conditions (e.g., nodular hyperplasia)
    - Lymph node status:
    - Anatomic sites
    - Number of positive nodes
    - Size of nodal metastasis
    - Extranodal extension (we exclude this because of recent data)
- Ancillary studies, as needed (e.g., immunohistochemistry)
- Pathologic stage (state which TNM classification is used)

#### *Microscopic*

- ♦ The diagnosis of cancer is made in the presence of >3 malignant acini in most cases
- ♦ Angulated and distorted acini with an irregular haphazard arrangement and infiltrative growth pattern
- Acini vary in size, shape, and spacing and lack a basal cell layer
- Enlarged nuclei with large eccentrically located prominent nucleoli (>1 μm)



Fig. 38.30. Gleason grading of prostatic adenocarcinoma. (A): Gleason 1+1=2 adenocarcinoma on transurethral resection. At this magnification, BPH cannot be excluded. However, the acini throughout displayed enlarged nuclei and prominent nucleoli; further, the acini were negative for high-molecular-weight cytokeratin  $34\beta$ E12; (B) Gleason pattern 2+2=4 adenocarcinoma. There is only mild to moderate variation in acinar size and shape, and the acinar contours are chiefly round and smoothly sculpted. (C) Gleason pattern 3+3=6 adenocarcinoma. There is greater variation in size, shape, and spacing of acini than in patterns 1 and 2. Note prominent nucleolomegaly; (D) Gleason pattern 4+4=8 adenocarcinoma. The malignant acini display fusion and are lined by cells with enlarged nuclei and prominent nucleoli; (E) Gleason 5+5=10 adenocarcinoma. There are sheets of cells with nuclear and nucleolar enlargement; (F) Gleason 5+5=10 adenocarcinoma. There are distorted solid nests and cords of cells with only rare abortive lumens. Note abnormal mitotic figure centrally.



Fig. 38.31. Extraprostatic extension. (A) Cancer in the adipose tissue, (B) cancer in the perineural space of large neurovascular bundle, and (C) cancer in the anterior skeletal muscle.

- The presence of multiple nucleoli is strong evidence of malignancy
- Vacuolated or microvacuolated cytoplasm



Fig. 38.32. Seminal vesical invasion by prostatic adenocarcinoma. Lymphovascular invasion is also present.

- Collagenous micronodules are a specific finding of prostatic adenocarcinoma, correlated with mucin production by the tumor (0.6% of biopsies and 12.7% of prostatectomies)
- ◆ Extraprostatic extension and lymphovascular invasion are rare in needle biopsies and are diagnostic of prostatic adenocarcinoma
- Perineural invasion is of diagnostic value, but has no apparent clinical significance in most studies
- Complete circumferential perineural growth and intraneural and/or ganglion invasion are usually diagnostic for cancer
- Intraluminal crystalloids and amorphous wispy basophilic acid mucin secretions are helpful, but not specific findings of cancer
- Neuroendocrine cells with large eosinophilic granules are seen focally in 10% of cases, but have no diagnostic or prognostic significance
- Necrotic debris within lumina indicates Gleason pattern 5 cancer

## Immunohistochemistry (Table 38.6)

- PSA (located in endoplasmic reticulum, vesicle vacuoles, luminal cells) positive
- ♦ PAP (lysosome) positive
- Basal cell-specific cytoplasmic high-molecular-weight cytokeratin (34βE12) positive (Fig. 38.33)
- ♦ Basal cell-specific nuclear p63 positive (Fig. 38.33)
- α-Methylacyl-CoA racemase (P504S) positive in a granular distribution along the luminal surfaces of the neoplastic secretory cells (Fig. 38.33)
- Positive c-myc nuclear staining for HGPIN and cancer

- Inflammatory reactive changes
  - Associated with inflammation and metaplasia



Fig. 38.33. Prostatic adenocarcinoma. (A) Gleason 3+3=6 adenocarcinoma, consisting of less than a dozen acini with hyperchromatic nuclei. (B) Triple immunostain reveals brown reaction product in benign acini but not the cancer acini (high-molecularweight cytokeratin  $34\beta$ E12 in basal cell cytoplasm and p63 in basal cell nuclei) and red reaction product for racemase in luminal secretory cells. (C) Another case of Gleason 3+3=6 adenocarcinoma (large acinar pattern) with immunophenotype diagnostic of malignancy (note benign acinus in *top left* of image for comparison).

- Lacks nucleolar enlargement
- High-molecular-weight cytokeratin (34βE12) positive
- Xanthoma and xanthogranulomatous prostatitis
  - Sheets of foamy histiocytes
  - PSA/PAP negative, cytokeratin negative, and macrophage markers (CD68) positive
- Postatrophic hyperplasia (PAH)
  - Lobular clusters of atrophic acini with epithelial proliferative changes
  - Central large dilated atrophic acini or ducts
  - Moderate cytoplasm with occasional apical cytoplasmic blebs
  - Lacks diffuse nucleolar enlargement
  - Background of inflammation, atrophy, and stromal fibrosis
  - Intact or fragmented basal cell layer
- ♦ ABCH
  - Proliferation of basal cells between normal columnar secretory cells and basement membrane
  - Eccentric expansion of multiple basal cell layers
  - The long axis of basal cells is often oriented parallel to the luminal surface
  - Clear cytoplasm
  - Enlarged nuclei with fine powdery chromatin, occasional nuclear grooves, and nuclear "bubble" artifact
  - Often associated with inflammation
  - High-molecular-weight cytokeratin (34βE12) and p63 positive
- AAH
  - Lobular architecture maintained with fragmented basal cell layer
  - Closely packed small acini
  - Lacks cytologic features of malignancy
  - Intimately associated with nodular hyperplasia with similar cytologic findings
- Seminal vesicles and ejaculatory ducts
  - Circumscribed, pushing border rather than haphazard arrangement
  - Bizarre cells with golden-yellow lipofuscin pigment
  - Nuclear hyperchromasia, nuclear pleomorphism, and degenerative changes
  - Negative immunoreactivity for PSA or PAP
- Paraganglia
  - Closely associated with nerves or blood vessels
  - Lobular cluster of polygonal cells with abundant clear cytoplasm
  - Centrally located nuclei with prominent nucleoli
  - PSA, PAP, and broad-spectrum cytokeratin negative; neuroendocrine markers positive
  - Lesion with clear cell changes
  - AAH

- Cribriform hyperplasia
- Basal cell hyperplasia
- Cowper glands
- Mucinous metaplasia
- Paraganglion
- Xanthoma and xanthogranulomatous prostatitis
- Metabolic storage disease
- Sclerosing adenosis
- Basal cell layer disruption
  - HGPIN
  - Inflammatory atypia
  - AAH
  - Atrophy and postatrophic hyperplasia (PAH)
- Sclerosing adenosis
  - Compressed and distorted acini in cellular fibrous stroma
  - Lobular pattern is retained and lacks cytologic atypia
  - High-molecular-weight cytokeratin (34βE12), p63, S-100 protein, and muscle-specific antigen (MSA) positive
  - Negative for  $\alpha$ -methylacyl-CoA racemase (P504S)
- Hyperplasia of mesonephric remnants
  - Lobular arrangement of small tubular acini
  - Often contains intraluminal eosinophilic colloid-like material
- Nephrogenic metaplasia
  - Polypoid proliferation of small tubules and papillae lined by hobnail cells
  - Thickened basement membrane and intraluminal eosinophilic secretions
  - Edematous stroma and cystic dilation of some tubules
  - Associated with adjacent urothelium-lined ducts
  - Positive α-methylacyl-CoA racemase (P504S) staining may cause diagnostic confusion with cancer
- Urothelial carcinoma
  - Often coexisting urothelial dysplasia and carcinoma in situ
  - May have history of bladder carcinoma
  - Nuclear pleomorphism, eosinophilic cytoplasm
  - Often associated with heavy inflammation
  - PSA/PAP negative, high-molecular-weight cytokeratin (34βE12) and p63 positive

# Prostatic Adenocarcinoma Variants (Table 38.8)

#### DUCTAL (ENDOMETRIOID) ADENOCARCINOMA

## Clinical

- ♦ Accounts for 0.8% of prostatic adenocarcinomas
- Similar clinical presentation and prognosis as conventional acinar carcinoma

# Table 38.8.Histologic Subtypesof Prostate Cancer

#### Ductal adenocarcinoma

Mucinous (colloid) adenocarcinoma

Small cell carcinoma (high-grade neuroendocrine carcinoma)

Adenocarcinoma with neuroendocrine differentiation

Signet ring cell carcinoma

Squamous cell and adenosquamous carcinoma

Sarcomatoid carcinoma

Lymphoepithelioma-like carcinoma

Microcystic adenocarcinoma

Adenocarcinoma with glomeruloid features

Atrophic adenocarcinoma

Adenocarcinoma with microvacuolated cytoplasm (foamy gland carcinoma)

Pseudohyperplastic adenocarcinoma

Basal cell carcinoma

Pleomorphic giant cell carcinoma

- Typically occurs in elderly men with urinary obstructive symptoms
- Most cases have concurrent invasive acinar carcinoma
- Serum PSA concentration is often normal, probably due to secretion of PSA directly into the prostatic urethra by tumor cells

#### Macroscopic

 Polypoid tumor located in the urethra at or near the verumontanum is classic; however, most cases are within large cystic spaces within the peripheral zone

#### **Microscopic**

- Considered Gleason pattern 4 (no necrosis) or 5 (with necrosis) cancer
- Cribriform and papillary proliferation of medium- to largesized acini (Fig. 38.34)
- Acini lined by stratified tall columnar cells with cytologic atypia
- May have prominent central necrosis and frequent mitotic figures

#### *Immunohistochemistry*

PSA, PAP, α-methylacyl-CoA racemase (P504S), CEA (focal), and c-myc positive

- Cribriform hyperplasia
  - Lacks cytologic atypia,  $\alpha$ -methylacyl-CoA racemase (P504S) positive
- HGPIN (cribriform pattern)
  - Less extensive; lacks infiltrative growth



Fig. 38.34. Ductal adenocarcinoma. This papillary proliferation filled the large periurethral prostatic ducts and protruded into the urethra.



Fig. 38.35. Mucinous (colloid) carcinoma, with pools of mucin punctuated by floating islands and trabeculae of cancer cells.

- Intraductal carcinoma (noninvasive ductal carcinoma):
   Intact basal cell layer
- Urothelial carcinoma
  - Dysplasia and carcinoma in situ of adjacent urothelium
  - PSA negative
- ♦ Large gland variant of Gleason pattern 3 adenocarcinoma
- Ectopic prostatic tissue (prostatic urethral polyp)
  - Lacks significant cytologic atypia
- Proliferative papillary urethritis
  - Lacks cytologic atypia
  - PSA negative

# MUCINOUS ADENOCARCINOMA

# Clinical

- ◆ Accounts for 0.04% of prostate carcinoma (pure mucinous pattern)
- Similar clinical presentation to typical acinar carcinoma
- ♦ Aggressive, may not respond well to radiotherapy or androgen deprivation
- Elevated serum PSA concentration and bone metastasis

## Macroscopic

• Often located in peripheral zone

## Microscopic

- Usually considered Gleason pattern 4 adenocarcinoma
- ♦ Requires 25% of tumor to contain extracellular mucin, excluding nondilated glands with mucin for diagnosis
- The presence of epithelial nests or glands in mucin pools is diagnostic (Fig. 38.35)

- May present with acinar or cribriform carcinoma with luminal distention
- Collagenous micronodules are often seen

## *Immunohistochemistry*

PSA, PAP, c-myc, and α-methylacyl-CoA racemase (P504S) positive

# **Differential Diagnosis**

- Metastatic or contiguous spread of mucinous adenocarcinoma (e.g., colon cancer)
  - PSA and PAP negative
- Cowper glands
  - Circumscribed lobules of closely packed small uniform acini
  - Embedded in skeletal muscle
  - Uniform cells with mucinous cytoplasm and basally located small nuclei
  - PSA negative; high-molecular-weight cytokeratin and p63 positive

# SMALL CELL CARCINOMA (HIGH-GRADE NEUROENDOCRINE CARCINOMA)

# Clinical

- Highly aggressive; most patients die within 2 years
- May present with paraneoplastic syndromes
- May develop after radiation therapy and hormonal therapy for acinar adenocarcinoma
- Serum PSA varies according to cancer volume and stage

## Microscopic

• Considered Gleason pattern 5 adenocarcinoma (Fig. 38.36)



Fig. 38.36. Small cell carcinoma of the prostate.



Fig. 38.37. Prostatic adenocarcinoma with neuroendocrine differentiation. These were previously designated as a "Paneth cell-like change" (PCLC).

- ◆ Infiltrating cords and sheets of small cells with high N/C ratio and crush artifact
- Nuclear hyperchromasia, nuclear molding, and inconspicuous nucleoli
- Mixed with typical adenocarcinoma in about half of cases

#### *Immunohistochemistry*

 Neuroendocrine markers (chromogranin A, synaptophysin, serotonin) are positive, PSA is usually positive, and PAP may be positive

#### Adenocarcinoma with Neuroendocrine Differentiation

- All adenocarcinomas have scattered cells with neuroendocrine features
- No prognostic significance for number of neuroendocrine cells other than pure small cell carcinoma (Fig. 38.37)



Fig. 38.38. Signet ring cell carcinoma.

 Rare cancers have neuroendocrine cells with large eosinophilic granules (formerly referred to as Paneth cell-like change)

# LOW-GRADE NEUROENDOCRINE CARCINOMA (CARCINOID)

## Clinical

- Very rare; fewer than ten pure cases reported
- Probably indolent, but too few cases to be definitive

#### Microscopic

- Typical features of carcinoid tumor at other sites (e.g., insular, trabecular, nested patterns, etc.)
- Mixed with typical adenocarcinoma in more than half of reported cases

## *Immunohistochemistry*

 Neuroendocrine markers (chromogranin a, synaptophysin, serotonin) are positive, PSA is usually positive, and PAP may be positive

# SIGNET RING CELL CARCINOMA

## Clinical

- Similar clinical presentation as typical acinar carcinoma
- High stage presentation with unfavorable prognosis

#### **Microscopic**

- Considered Gleason pattern 5 adenocarcinoma
- ♦ Requires 25% tumor with signet ring cells for diagnosis (Fig. 38.38)

#### *Immunohistochemistry*

 PSA and PAP positive; CEA, mucin, and oil red O are usually positive

- Paraganglion
  - Organoid nests of polygonal cells with centrally located nuclei

- Vacuolated smooth muscle cells or lymphocytes
  - PSA and PAP negative

#### SQUAMOUS CELL AND ADENOSQUAMOUS CARCINOMA

#### Clinical

- Extremely rare in the prostate
- ♦ Account for <0.5% of cases of prostatic carcinoma
- Similar clinical presentation as typical acinar carcinoma
- Patients often have a prior history of hormonal or radiation therapy
- May be associated with schistosomiasis
- ♦ Aggressive; patients often present with osteolytic bone metastasis and are refractory to hormonal therapy
- Serum PSA may be normal even in the presence of metastasis

#### Macroscopic

• Often located in the periurethral region

#### Microscopic

- Usually high grade
- Nests and cords of malignant cells with squamous differentiation (Fig. 38.39)
- Requires the absence of acinar carcinoma and bladder involvement for diagnosis of pure squamous cell carcinoma

#### *Immunohistochemistry*

 PSA and PAP may be negative; high-molecular-weight cytokeratin is often positive

## **Differential Diagnosis**

- Squamous metaplasia
- Lacks significant nuclear pleomorphism
- Metastatic squamous cell carcinoma



Fig. 38.39. Squamous cell carcinoma in the prostate arising 10 years after radiation and hormonal therapy for high-grade adenocarcinoma.



Fig. 38.40. Sarcomatoid carcinoma of the prostate.

- PSA and PAP negative

#### SARCOMATOID CARCINOMA (CARCINOSARCOMA)

#### Clinical

- Often occurs in elderly patients with urinary obstructive symptoms
- Patients often have prior history of hormonal or radiation therapy
- Highly aggressive, with median survival of 12 months
- No differences in outcome for those with or without heterologous elements

#### Microscopic

- Considered Gleason pattern 5 adenocarcinoma (Fig. 38.40)
- Spindle cell proliferation with epithelial differentiation
- Nuclear pleomorphism and numerous mitotic figures
- Heterologous components variable, including osteosarcoma, leiomyosarcoma, etc

#### *Immunohistochemistry*

 PSA and PAP are sometimes positive; broad-spectrum cytokeratin is positive

#### **Differential Diagnosis**

- Postoperative spindle cell nodule
  - Clinical history of prior surgery
  - Lacks significant nuclear pleomorphism
- Sarcoma
  - Lacks evidence of epithelial differentiation

#### LYMPHOEPITHELIOMA-LIKE CARCINOMA

- Histologic features: islands of closely packed glands set in a dense lymphocytic stroma (Fig. 38.41)
- Very rare; unknown prognostic significance
- No association with Epstein-Barr virus



Fig. 38.41. Lymphoepithelioma-like carcinoma of the prostate.



Fig. 38.42. Adenocarcinoma with glomeruloid features.

#### CRIBRIFORM ADENOCARCINOMA

- Collapsible fenestrations indicate Gleason pattern 3 cancer; near-solid rigid openings indicate Gleason pattern 4 cancer
- Main differential diagnostic consideration: extensive highgrade PIN
- ♦ Used as a descriptive term not a specific entity

#### Adenocarcinoma with Glomeruloid Features

 Unique Gleason grade 3 pattern consisting of a tightly cohesive tuft of cancer cells within a larger malignant acinus reminiscent of a glomerulus (Fig. 38.42)

#### ATROPHIC ADENOCARCINOMA

- Occurs in up to 2% of contemporary needle biopsies
- Not considered to be a specific clinicopathologic entity
- Cancer consisting of acini with dilated lumens that may be mistaken for atrophy at low power (cancer mimicking atrophy) (Fig. 38.43)



Fig. 38.43. Atrophic adenocarcinoma. (A) Large acini lined by flattened epithelium reminiscent of atrophy. (B) Same focus as (A) immunostained for high-molecular-weight cytokeratin  $34\beta$ E12. The absence of staining in the acini of concern confirms the diagnosis of malignancy. Note benign acini in the upper left acting as positive internal control for the staining reaction.

• Similar prognosis as conventional prostatic adenocarcinoma

#### Adenocarcinoma with Microvacuolated Cytoplasm (Foamy Gland Carcinoma)

- ♦ Abundant microvacuolated cytoplasm, often with small shrunken nuclei and nucleoli (Fig. 38.44)
- May be more aggressive (unconfirmed)
- May be difficult to diagnose due to similarity to mucinous metaplasia
- Usually mixed with typical acinar adenocarcinoma

#### PSEUDOHYPERPLASTIC ADENOCARCINOMA

- Resembles nodular hyperplasia (Fig. 38.45)
- Negative for basal cell markers (high-molecular-weight cytokeratin [34βE12] and p63)
- Positive for α-methylacyl-CoA racemase (P504S)
- ♦ Uncommon, used as a descriptive term not a specific entity



Fig. 38.44. Microvacuolated (foamy gland) adenocarcinoma. The nuclei are often basally located and hyperchromatic, creating diagnostic difficulty.



Fig. 38.45. Pseudohyperplastic adenocarcinoma. At low magnification, this focus could easily be misinterpreted as BPH. However, cytologic features and immunophenotype were diagnostic of malignancy. This focus is considered Gleason 1+1=2 adenocarcinoma.

# Adenoid Cystic/Basal Cell Carcinoma

## Clinical

- Similar clinical presentation as typical acinar carcinoma
- Considered cancer of low malignant potential
- Serum PSA concentration not elevated

## Microscopic

- Irregular and infiltrating nests of basal cells in a myxoid stroma (Fig. 38.46)
- Predilection for perineural invasion
- Often coexistence of adenoid cystic pattern with rounded fenestrations and basaloid pattern with cell nests and peripheral palisading



Fig. 38.46. Adenoid cystic/basal cell carcinoma.

- ◆ Elongated cells with crowding, stippled chromatin, and inconspicuous nucleoli
- May be associated with squamous differentiation and keratin production
- Two cell populations: peripheral basaloid cells and inner columnar ductal cells

#### *Immunohistochemistry*

 PSA and PAP may be positive; high-molecular-weight cytokeratin and p63 are positive

# **Differential Diagnosis**

- Basal cell hyperplasia/adenoma
  - Solitary, well-circumscribed nodules associated with BPH
  - Uniformly distributed solid nests of hyperplastic basal cells
  - Condensed stroma at the periphery of nodules

## UROTHELIAL CARCINOMA

#### Clinical

- ♦ Accounts for <1% of prostate cancers
- Patients present with hematuria and urinary obstructive symptoms
- Poor prognosis, with osteolytic bone metastasis; most die within 2 years of diagnosis
- Refractory to hormonal therapy
- Serum PSA concentration is normal

## Microscopic

- Marked cytologic atypia with nuclear pleomorphism and high mitotic figures (Fig. 38.47)
- Often associated with prominent stromal response and inflammatory background
- Dysplasia and carcinoma in situ common in adjacent urothelium
- Usually coexistent bladder cancer



Fig. 38.47. Urothelial (transitional cell) carcinoma of the prostate.

## *Immunohistochemistry*

 CEA is positive, PSA and PAP negative, high-molecularweight cytokeratin (34βE12) positive, and cytokeratin 20 often positive

## **Differential Diagnosis**

- Prostatic adenocarcinoma
  - Acinar differentiation with less nuclear pleomorphism
  - PSA and PAP positive, high-molecular-weight cytokeratin negative
- Inverted papilloma
  - Complex arborizing invagination with peripheral palisading
  - Lacks fibrovascular core
- ♦ HGPIN
  - PSA and PAP positive

# Soft Tissue Tumors (Table 38.9)

#### RHABDOMYOSARCOMA

- Very rare, occurs mainly in children
- Embryonal) rhabdomyosarcoma is the most frequent type
- Sheets of immature spindle cells and occasional rhabdomyoblasts in myxoid stroma (Fig. 38.48)
- Myoglobin, MSA, and desmin positive; PSA and PAP negative

#### LEIOMYOSARCOMA

#### Clinical

- Most common prostatic sarcoma in adults; accounts for 26% of all prostatic sarcomas
- Aggressive; usually recurs and results in death

## Microscopic

Similar to leiomyosarcoma of other sites

# Table 38.9. Soft Tissue Tumors of the Prostate

Benign	Malignant
Stromal hyperplasia with atypical giant cells	Rhabdomyosarcoma
Leiomyoma	Leiomyosarcoma
Hemangioma	Phyllodes tumor
Inflammatory myofibroblastic tumor	Stromal sarcoma (low grade/high grade) Angiosarcoma
Solitary fibrous tumor	Synovial sarcoma
Granular cell tumor	Osteosarcoma



Fig. 38.48. Rhabdomyosarcoma with an abundance of malignant rhabdomyoblasts.

- Interlacing fascicles of spindle cells with eosinophilic cytoplasm and fusiform nuclei (Fig. 38.49)
- Necrosis, cytologic atypia, and increased number of mitotic figures

#### *Immunohistochemistry*

Smooth muscle-specific actin and desmin positive

- Symplastic leiomyoma
  - Multinuclear giant cells and bizarre cells with nuclear degeneration
  - Mitotic figures inconspicuous
- Stromal hyperplasia with atypical giant cells
  - Bizarre hyperchromatic nuclei with inconspicuous nucleoli, rarely vacuolated
- No mitotic figures or necrosis
- Postoperative spindle cell nodule
  - Small size of lesion



Fig. 38.49. Leiomyosarcoma of the prostate.

- Fascicles of relative uniform spindle cells in a myxoid stroma
- Cells with abundant cytoplasm
- Enlarged nuclei with fine granular chromatin and prominent nucleoli
- Mitotic figures may be frequent
- Lacks atypical mitotic figures and nuclear pleomorphism
- Prominent vasculature and associated with inflammation
- Blue nevi
  - Pigmented dendritic bipolar cells in fibrous stroma

## PHYLLODES TUMOR

## Clinical

- Patients usually present with urinary obstructive symptoms
- Potentially aggressive and often recurrent
- May dedifferentiate after recurrence (stromal overgrowth)
- Histogenesis is uncertain

#### Macroscopic

 Cystic and spongy tumor with prostatic enlargement, similar to BPH

## Microscopic

- Biphasic growth of stromal and epithelial components
- ♦ Interlacing fascicles of spindle cells with leaflike projections into duct-like spaces (Fig. 38.50)
- Increased stromal cellularity and overgrowth with compressed, elongated channels
- Uniform nuclei with inconspicuous nucleoli
- Grading is not reliable for predicting recurrence
- May undergo sarcomatous transformation after recurrence (stromal overgrowth)

# Immunohistochemistry



Fig. 38.50. Phyllodes tumor. Leaflike projections with a benign proliferation of epithelium and stroma.

- Stroma: actin and vimentin positive, desmin and S-100 protein negative
- Luminal epithelial cells: PSA, PAP, and keratin positive

## **Differential Diagnosis**

- Stromal hyperplasia with atypical giant cells
  - Increased stromal cellularity and nuclear atypia
  - · Bizarre cells with nuclear degenerative change
  - Associated with BPH
- Nodular hyperplasia with fibroadenoma-like areas
  - Cystically dilated acini associated with hyperplastic epithelium
- Multilocular prostatic cystadenoma
  - Epithelial cell-lined cyst in a fibrous stroma
  - Lacks stromal cellularity
- Leiomyosarcoma
  - Lacks biphasic growth pattern of phyllodes tumor
- Seminal vesicle cyst (lateral location) and Müllerian duct cyst (midline location)
  - Unilocular cyst
  - No stromal cellularity
  - PSA and PAP negative

# Lymphoma

## Clinical

- Occurs in elderly patients presenting with urinary obstructive symptoms
- Secondary involvement more common than primary involvement (55% vs. 35%)
- ♦ Poor prognosis (median survival=23–28 months) regardless of age, histologic type, treatment, clinical stage at presentation, or type of involvement (primary vs. secondary)
- Criteria for the diagnosis of primary lymphoma

- Absence of hematopoietic involvement (spleen, lymph nodes, peripheral blood, or liver) within 1 month prior to diagnosis
- Limited to the prostate and adjacent soft tissue

#### Macroscopic

• Diffusely enlarged with firm to rubbery consistency

#### Microscopic

- Diffuse large cell and small lymphocytic lymphoma are the two most common types
- ◆ Diffuse irregular infiltrates of monotonous lymphocytes (Fig. 38.51)
- Preservation of acini

## **Differential Diagnosis**

- Granulomatous prostatitis
  - Acinar destruction with polymorphous inflammatory infiltrate



Fig. 38.51. Small lymphocytic lymphoma involving the prostate.

# **TREATMENT EFFECTS**

# **Androgen Deprivation Therapy**

## Benign

- Acinar atrophy and distortion
- Decreased ratio of acini to stroma, with stromal fibrosis and hyalinization (Fig. 38.52)



Fig. 38.52. After hormonal treatment, benign prostatic tissue shows acinar destruction, stromal fibrosis, mucin pools, and calcifications.

- ABCH, squamous metaplasia, and urothelial metaplasia
- Acinar rupture with preservation of basal cell layer
- Cytoplasmic vacuolization and nuclear shrinkage

#### Cancer

- Linear arrays and ragged infiltrate of malignant acini with cytoplasmic vacuolization, nuclear pyknosis, and hyperchromasia (Fig. 38.53)
- Nucleoli may be inconspicuous
- Malignant glands are often dilated, with atrophic features and a hemangiopericytoma-like pattern
- Lacks basal cell layer
- Reduced incidence and extent of HGPIN

#### *Immunohistochemistry*

 PSA positive, PAP positive, high-molecular-weight cytokeratin (34βE12) and p63 negative, racemase (P504S) positive (cancer) (Fig. 38.53)

- Clear cell change may be seen in the following lesions
  - AAH
  - Cribriform hyperplasia
  - Basal cell hyperplasia
  - Cowper glands
  - Mucinous metaplasia



Fig. 38.53. Androgen deprivation therapy-treated adenocarcinoma. (A) Needle biopsy contains numerous minute nests of malignant cells with small nuclei and abundant clear cytoplasm. These nests stand in contrast with the large adjacent atrophic acini. (B) Brown staining indicated PSA immunoreactivity in the cytoplasm of most of the malignant cells, confirming prostatic epithelial origin. (C) Immunostain for high-molecularweight cytokeratin  $34\beta$ E12 reveals an absence of staining in the malignant acini. Benign acini are positive.



Fig. 38.54. Radiation change of the benign prostatic epithelium initially misdiagnosed as adenocarcinoma. There are marked nuclear abnormalities, including variation in size and shape and hyperchromasia.

- Paraganglion
- Xanthoma and xanthogranulomatous prostatitis
- Metabolic storage disease
- Sclerosing adenosis

# **Radiation Therapy**

## Benign

- Lobular and acinar atrophy, decreased acini to stroma ratio, stromal edema, and fibrosis
- ♦ ABCH (Fig. 38.54), squamous and transitional cell metaplasia
- ♦ Acinar rupture with extravasation, dystrophic calcification
- Vascular myointimal proliferation
- Cytoplasmic clearing with nuclear pyknosis

## Cancer

- Linear arrays and ragged infiltrate of malignant acini with cytoplasmic vacuolization, nuclear pyknosis, and hyperchromasia (Fig. 38.55)
- Nucleoli may be inconspicuous
- Lacks basal cell layer
- Reduced incidence and extent of HGPIN
- Grading of salvage prostatectomy specimens is predictive of survival

## *Immunohistochemistry*

 PSA positive, PAP positive, high-molecular-weight cytokeratin (34βE12) and p63 negative, racemase (P504S) positive (cancer) (Fig. 38.55)



Fig. 38.55. Prostatic adenocarcinoma after radiation therapy (**A** and **B**). Individual cancer cells may be difficult to distinguish from atypical basal cells. Immunostaining for PIN4 were helpful for the diagnosis; high-molecular-weight cytokeratin  $34\beta E12$  (*brown*, cytoplasmic), P504/racemase (*red*), and p63 (*brown*, nuclear).

# TNM CLASSIFICATION OF PROSTATE CANCER (2010 REVISION)

- Primary Tumor (T)
  - Clinical
    - TX: Primary tumor cannot be assessed
    - T0: No evidence of primary tumor
    - T1: Clinically inapparent tumor neither palpable nor visible by imaging
    - T1a: Tumor incidental histologic finding in 5% or less of tissue resected
    - T1b: Tumor incidental histologic finding in more than 5% of tissue resected
    - T1c: Tumor identified by needle biopsy (e.g., because of elevated PSA)
    - T2: Tumor confined within prostate\*
    - T2a: Tumor involves one-half of lobe or less
    - T2b: Tumor involves more than one-half of one lobe, but not both lobes
    - T2c: Tumor involves both lobes
    - T3: Tumor extends through the prostate capsule\*\*
    - T3a: Extracapsular extension (unilateral or bilateral)
    - T3b: Tumor invades seminal vesicle(s)
    - T4: Tumor is fixed or invades adjacent structures other than seminal vesicles; such as external sphincter, rectum, bladder, levator muscles, and/or pelvic wall

- Pathologic
  - pT2: Organ confined
  - pT2a: Unilateral, one-half of one side or less
  - pT2b: Unilateral, involving more than one-half of side but not both sides
  - pT2c: Bilateral disease
  - pT3a: Extraprostatic extension or microscopic invasion of bladder neck\*\*\*
  - pT3b: Seminal vesicle invasion
  - pT4: Invasion of rectum, levator muscle, and/or pelvic wall
- ♦ Regional Lymph Nodes (N)
  - Clinical
    - NX: Regional lymph nodes were not assessed
    - N0: No regional lymph node metastasis
    - N1: Metastasis in regional lymph node(s)
  - Pathologic
    - pNX: Regional nodes not sampled
    - pN0: No positive regional nodes
    - pN1: Metastases in regional node(s)
- ♦ Distant Metastasis (M)\*\*\*\*
  - M0: No distant metastasis
  - M1: Distant metastasis

Note: There is no pathologic T1 classification

\*Note: Tumor found in one or both lobes by needle biopsy, but not palpable or reliably visible by imaging, is classified as T1c \*\*Note: Invasion into the prostatic apex or into (but not beyond) the prostatic capsule is classified not as T3 but as T2 \*\*\*Note: Positive surgical margin should be indicated by an R1 descriptor (residual microscopic disease)

\*\*\*\*Note: When more than one site of metastasis is present, the most advanced category is used. pM1c is most advanced

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- M1a: Nonregional lymph node(s)
- M1b: Bone(s)
- M1c: Other site(s) with or without bone disease

# Stage Groupings (Combining TNM with Serum PSA and Gleason Grade)

- ♦ Stage I
  - T1, N0, M0, Gleason grade 6 or less, PSA less than 10
  - T2a, N0, M0, Gleason grade 6 or less, PSA less than 10
- Stage IIA
  - T1, N0, M0, Gleason grade of 7, PSA less than 20
  - T1, N0, M0, Gleason grade of 6 or less, PSA at least 10 but less than 20

- T2a or T2b, N0, M0, Gleason grade of 7 or less, PSA less than 20
- ♦ Stage IIB
  - T2c, N0, M0, any Gleason grade, any PSA
  - T1 or T2, N0, M0, any Gleason grade, PSA of 20 or more
  - T1 or T2, N0, M0, Gleason grade of 8 or higher, any PSA
- ♦ Stage III
  - T3, N0, M0, any Gleason grade, any PSA
- ♦ Stage IV
  - T4, N0, M0, any Gleason grade, any PSA
  - Any T, N1, M0, any Gleason grade, any PSA
  - Any T, any N, M1, any Gleason grade, any PSA

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