

Chapter 18

Detection of S-Phase of Cell Division Cycle in Plant Cells and Tissues by Using 5-Ethynyl-2'-Deoxyuridine (EdU)

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18.1 Introduction

Assaying cell proliferation is crucial in assessing cell health, characterizing cellular responses to various treatments or genetic modifications. It is also essential to determine the degree of synchronicity in cell division cycle synchronization experiments. Most cell proliferation assays estimate the number of cells by either incorporating a modified nucleotide during cell proliferation or by measuring the total nucleic acid content of lysed or isolated cells. The most accurate method is direct measurement of new DNA synthesis, which traditionally was achieved by the incorporation of tritium-labeled thymidine and detection by autoradiography [1, 2]. This radioactive method has been replaced by others, such as the incorporation of the thymidine analog, 5-bromo-2-deoxyuridine (BrdU), into DNA followed by immunodetection with a specific antibody raised against BrdU [3, 4]. Although effective and sensitive, this method requires DNA denaturation or digestion (using hydrochloric acid, heat, or DNase) to expose BrdU to the antibody [5, 6]. The use of acid or heat often destroys cell morphology and damages the epitope of many proteins. This hinders their immunocytochemical detection with fluorescence-labeled antibodies. Using DNase, however, poses difficulty in obtaining reproducible levels of DNA digestion while analyzing different cell types or samples [7].

The antibody-based detection method of BrdU assay also necessitates cell wall digestion in experiments carried out on plant cells. Therefore, protoplasts or partially cell wall-digested cells/organs/tissue sections are often used for BrdU-based detection of proliferative activity in plants [8]. However, a significant wounding and osmotic stress is imposed on live plant cells due to treatment with cell wall-digesting enzymes. Moreover, specific optimization of the digestion medium, of the type and concentration of the enzymes, and their osmolarity is required for

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each plant species, organ, and cell type under investigation [9]. Partial cell wall digestion or release of protoplasts not only prolongs the experimental duration but also causes substantial reorganization of cytoskeleton and activation of stress- and defense-related genes. It is also possible to first chemically fix the cells and then partially digest their cell wall to diminish stress-related artifacts. However, this approach requires highly pure and expensive cell wall digestion enzymes, as crude enzyme preparations contain impurities such as proteases and nucleases that can significantly compromise cellular integrity [10].

Recently, a new agent 5-ethynyl-2'-deoxyuridine (EdU) based assay has emerged as a remarkable alternative to the abovementioned methods. EdU is a terminal alkyne containing nucleoside analog of thymidine and is incorporated into DNA during active DNA synthesis [11]. The EdU detection method is based on click chemistry. "Click" chemistry (Huisgen 1, 3-dipolar cycloaddition) is a type of chemical reaction that occurs at room temperature and is catalyzed by copper Cu(I), resulting in the formation of a strong covalent bond between an azide (present in the structure of the fluorochrome) and an alkyne group (present in EdU) [12, 13] (Fig. 18.1).

The alkyne group is quite unreactive in biological systems and thus allows use in living cells [14, 15]. The small molecular size of the detection fluorochrome, compared to that of antibodies required for BrdU-based immunodetection, enables efficient penetration into plant cells, without the need for cell wall digestion or harsh DNA denaturation treatments [16]. This considerably simplifies the procedure and reduces the duration of the assay. In addition, the mild non-caustic EdU proliferation assay components keep the proteins intact, allowing their parallel immunocytochemical detection with fluorescence-labeled antibodies. Although initially developed for application in cultured mammalian cells, the EdU assay has been successfully applied in a wide variety of species including bacteria [17], yeast [18, 19], and a broad spectrum of animals [20–23] and plants [16].

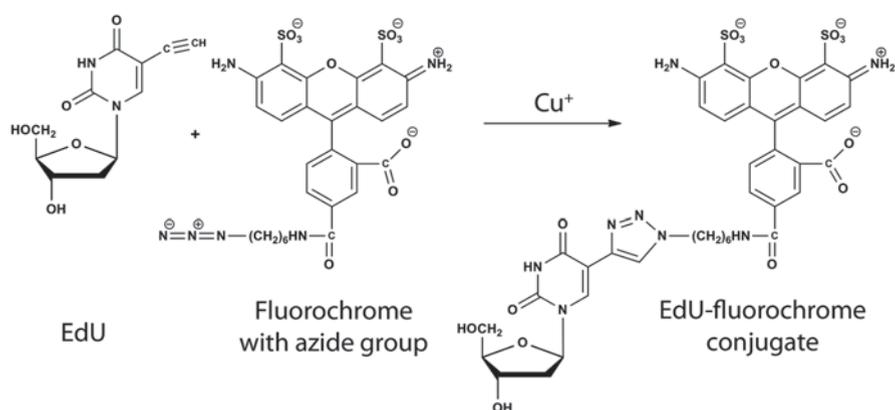


Fig. 18.1 Copper-catalyzed azide-alkyne cycloaddition reaction. *EdU* incorporated into DNA during the S-phase of the cell cycle is detected by copper(I)-catalyzed click coupling to an azide-derivatized fluorophore. The reaction of *EdU* with Alexa Fluor 488 azide is shown as an example

The EdU-based assay has already been applied in several plant tissues and organs such as *Arabidopsis* root tips [24–29], leaf/petiole junction [30], and inflorescence [31]. The assay was also used to differentiate cells in early and late S-phase in root tips of *Arabidopsis* seedlings [32]. The assay was successfully applied in alfalfa root tips [33] and suspension-cultured cells [34], tomato root tips [35, 36], field bean root tips [37], asparagus cladodes [38], tobacco suspension-cultured cells [39], rice suspension-cultured cells [40], and maize root tips [41]. Further, this assay was used to determine the proliferation activity of different cell types of the anther locule of maize [42]. Here, we describe detailed cell synchronization and EdU-detection protocols for both monocot (rice)- and dicot (*Arabidopsis*)-cultured cells and roots.

18.2 EdU Labeling of Suspension-Cultured Cells

18.2.1 Materials

1. *Arabidopsis thaliana* ecotype Landsberg erecta (cell line MM1) culture medium: Murashige and Skoog (MS) medium with 0.5 mg/L naphthalene acetic acid (NAA) and 0.05 mg/L kinetin.
2. *Oryza sativa* L. ssp japonica cv. “Unggi-9” cell culture medium: G1 medium with 1 mg/L 2,4-dichlorophenoxy acetic acid (2,4-D) [16].
3. 5-ethynyl-2'-deoxyuridine (EdU) stock solution: 10 mM EdU is prepared in dimethyl sulfoxide (DMSO) as a 1000× concentrated stock solution (*see Note 1*).
4. Hydroxyurea (HU): HU prepared as a 1 M solution in water and sterilized with a filter such as 0.22 μm pore-sized Millipore mixed cellulose ester membrane. HU should be freshly prepared for each experiment as prolonged storage in aqueous medium may cause decomposition (*see Note 2*).
5. Formaldehyde stock solution (8% w/v): Dissolve 8 g paraformaldehyde powder in 100 mL water by heating to 60–70 °C in a fume hood. Add drops of 5 M KOH to the warm milky solution until it becomes completely clear. Heating at alkaline pH depolymerizes paraformaldehyde. After cooling to room temperature, adjust pH to between 6.5 and 7.5 with 5% (v/v) H₂SO₄. Aliquots of this stock solution can be stored frozen for 6 months (*see Note 3*).
6. Fixation solution (4% formaldehyde in PBS with Triton X-100): Mix 8% formaldehyde stock solution with equal volume of 2× PBS (2× PBS: 5.4 mM KCl, 2.94 mM KH₂PO₄, 274 mM NaCl, and 16 mM Na₂HPO₄, pH 7.4) and add Triton X-100 to a final concentration of 0.05% (*see Note 5*).
7. EdU detection cocktail: 1× PBS, 40 mM sodium ascorbate, 0.5% Triton X-100, 4 mM CuSO₄, 2.5–20 μM Alexa Fluor 488 azide (Invitrogen). To prevent oxidation of the formed Cu (I) to non-catalytic Cu (II) species, prepare the detection cocktail freshly and use within 15 min. The sequence of adding the components is important. Follow the sequence given above.

8. DNA staining (DAPI) solution: Prepare 1 mg/mL DAPI (4,6-diamidino-2-phenylindole) solution in DMSO (10,000× stock) and dilute to 100 ng/mL in 1× PBS (*see Note 4*).
9. Mounting solution: For short-term mounting of samples, use 1× PBS which prevents cell shrinkage. For long-term preservation of samples, use an anti-fade mounting solution such as Fluoromount-G (Southern Biotech; *see Note 7*).
10. Consumables: 1.5 mL microfuge tubes, 4 mL cylindrical polypropylene tubes with cap, microscope slides, and circular coverslips.
11. Equipment: Laminar flow hood, fume hood, roller/rocker plate, desktop centrifuge with swing-out rotor, fluorescence microscope, or laser scanning fluorescence confocal microscope with appropriate filter sets.

18.2.2 Method

18.2.2.1 Synchronization of Rice Suspension-Cultured Cells

1. Seven-day-old suspension culture of rice is kept in the same medium for two more days to induce partial nutrient starvation and subcultured in a 1:3 ratio of conditioned medium to fresh medium ratio on the 9th day following previous subculturing.
2. Freshly prepared, filter sterilized HU at a final concentration of 20 mM is immediately added to the cells and incubated for a period of 36 h to block them in the S-phase of cell cycle.
3. HU block is removed by washing the cells 3 × 10 min with the sterile supernatant of a 1-day-old rice suspension culture (*see Note 8*).
4. Samples are taken before wash, after wash and at 2 h intervals following the wash.

18.2.2.2 Synchronization of *Arabidopsis* Suspension-Cultured Cells

1. Seven-day-old suspension culture of *Arabidopsis* is kept in the same culture medium for one more day (8th day) to induce partial nutrient starvation and subcultured by diluting 20× with fresh medium.
2. Freshly prepared, filter sterilized HU at a final concentration of 5 mM is immediately added to the cells and incubated for a period of 36 h to block them in the S-phase of cell cycle.
3. HU block is removed by washing the cells 3 × 10 min with the sterile supernatant of a 36-h-old *Arabidopsis* suspension culture (*see Note 8*).
4. Samples are taken before wash, after wash and at 2 h intervals following the wash.

18.2.2.3 EdU Labeling

1. Incubate 1 mL of cells in a 1.5 mL microfuge tube on a roller with 10 μ M final concentration of EdU for 30 min in its own culture medium at culture growth temperature.
2. Settle cells by centrifuging for 5 min at 400g. Wash the pellet in 1.5 mL 1 \times PBS for 5 min (in a roller) and transfer to 4 mL tube, recentrifuge and discard the supernatant.
3. Fix the cell pellet for 45 min (rice) or 30 min (*Arabidopsis*) in 4 mL fixation solution on a roller. Centrifuge and replace the fixative with the same volume of 1 \times PBS. At this stage, the samples can be kept in the refrigerator for several weeks until further processing.
4. Wash cells 3 \times 5 min with 1 \times PBS. Collect 200 μ L (1/20th of total fixed cells) of cells containing the smallest clusters (*see Note 9*). Collect cells by centrifugation, discard the supernatant and incubate the cells in 150 μ L EdU detection cocktail by rotating for 30 min at room temperature in 0.2 mL microfuge tube (*see Note 6*).
5. After 2 \times 5 min washes with 1 \times PBS (0.2 mL each), label the nucleus with 1 \times PBS containing DAPI (100 ng/mL final concentration) for 5 min. Mount 20 μ L aliquot of the cells onto a microscope slide with a coverslip and gently press with a tissue paper to flatten the clusters. The rest of the labeled cells can be kept in the fridge, in a dark container for several days.
6. Using a fluorescence microscope, count the number of EdU-positive cells among 500–1000 DAPI-labeled nuclei and calculate the percentage of S-phase nuclei. Note that some cells which are at the very beginning or at the very end of DNA synthesis may display spotty or patchy EdU signal. As an additional indicator of cell cycle status, mitotic index of the samples can also be calculated in parallel using the same sample (Fig. 18.2a, b).

18.3 EdU Labeling of Root Tissue

18.3.1 Materials

1. Sterile half-strength MS agar plates containing 0.7% agar with no hormones.
2. *Oryza sativa* L. ssp japonica cv. “Nipponbare” and *Arabidopsis thaliana* ecotype Columbia-0 seeds.
3. Sterilization solutions: 70% ethanol and 4% (v/v) commercial bleach (e.g., domestos containing 4.8 g sodium hypochlorite per 100 g) in water.
4. 5-ethynyl-2'-deoxyuridine (EdU) stock solution: see Sect. 18.2.1
5. Formaldehyde stock solution (8% w/v): see Sect. 18.2.1
6. Fixation solution (4% formaldehyde in PBS with TritonX-100): see Sect. 18.2.1

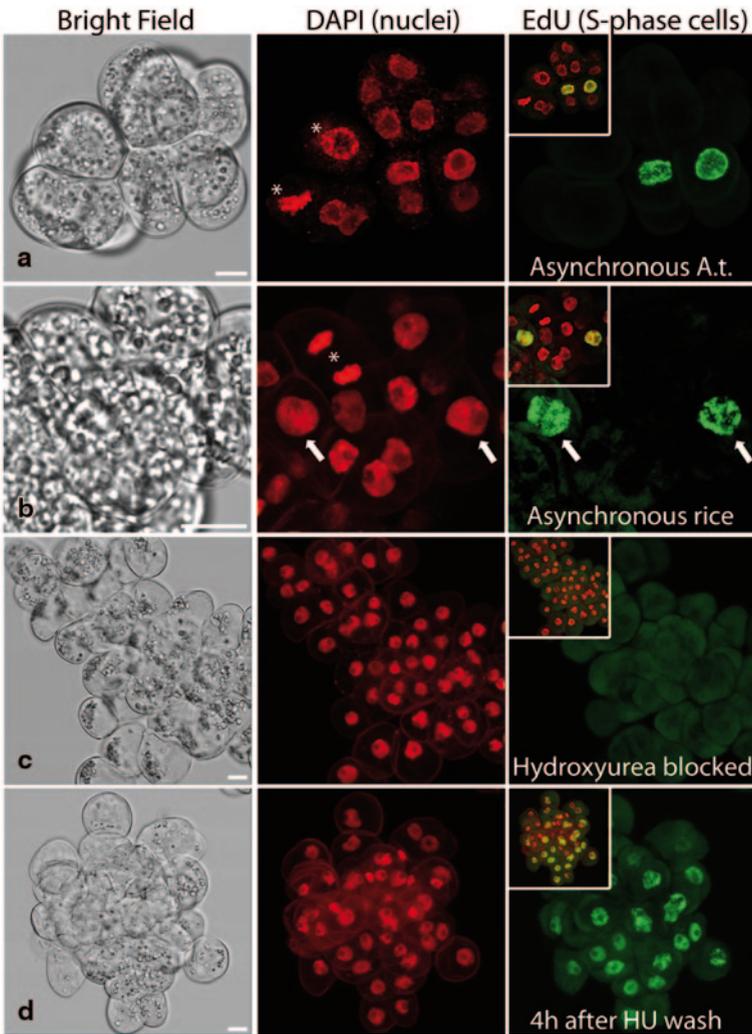


Fig. 18.2 *EdU* labeling of S-phase nuclei on suspension-cultured cells of *Arabidopsis* (cell line “MM1,” Panel **a**) and rice (cv. “Unggi-9,” Panels **b–d**). Asynchronously dividing (**a**, **b**), hydroxyurea (HU)-blocked (**c**) and HU-released (*4 h after HU wash*) cells were treated with 10 mM *EdU* for 30 min. Nuclei were labeled with DAPI (*middle column*) and mitotic cells of asynchronously dividing cultures were highlighted with asterisks. *Arrows* indicate *EdU*-incorporated nuclei. Scale bars = 10 μ m

7. EdU detection cocktail: see Sect. 18.2.1
8. DNA staining (DAPI) solution: see Sect. 18.2.1
9. Mounting solution: see Sect. 18.2.1
10. Consumables: see Sect. 18.2.1
11. Equipment: see Sect. 18.2.1

18.3.2 Method

1. Dehusk rice seeds before sterilization. Place rice or Arabidopsis seeds in a 1.5 mL microfuge tube containing 70% ethanol and roll for 1 min.
2. Replace ethanol with 4% (v/v) commercial bleach and roll for 15 min.
3. Wash seeds 5 × 5 min in sterile distilled water and place them on sterile half strength MS agar plates. Seeds grown at 22 °C in long day conditions (16 h light/8 h dark cycle).
4. Seven-day-old seedlings were incubated in half strength liquid MS medium with 10 μM EdU for a period of 30 min to 2 h at room temperature.
5. Roots of rice seedlings were cut directly under fixation solution in a petri dish. Arabidopsis seedlings were fixed as whole. Both rice roots and Arabidopsis seedlings were fixed for 30 min at room temperature (*see Note 10*).
6. Replace the fixer with 1 × PBS. At this stage, the samples can be stored in the refrigerator for several days.
7. Wash the root tips/seedlings 3 × 5 min in 1 × PBS. Cut Arabidopsis root tips under 1 × PBS after washes. Incubate root tips in 200 μL detection cocktail by rotating for 30 min at room temperature in 0.2 mL microfuge tube (*see Note 6*).
8. After 3 × 5 min washes with 1 × PBS, counterstain the nucleus with 1 × PBS containing DAPI (500 ng/mL) at room temperature for 20 min.
9. Mount root tips onto a microscope slide using a coverslip and mounting solution (e.g., Fluoromount-G) and gently press with a tissue paper to flatten the root tips and to blot the excess mounting solution (*see Note 7*).
10. For quantification of labeling, individual labeled nuclei in a given root region (root tip, stele, etc., Fig. 18.3) can be counted (*see Sect. 18.2.2.3*). Alternatively, total fluorescence intensity of the EdU-linked fluorochrome can be measured in a predetermined region of interest [16].

18.4 Notes

1. Caution: EdU is toxic, use appropriate precautions. EdU can interfere with cell cycle progression in long-term experiments. For long-term cell cycle studies (i.e., EdU incubation during complete cell division cycle), a less toxic derivative, F-ara-EdU can be used [43–45].
2. Caution: HU is toxic and carcinogenic; use appropriate precautions. More efficient but significantly more expensive inhibitor, aphidicolin can also be used instead of HU.
3. Paraformaldehyde is very hazardous in case of skin contact, eye contact, or inhalation (irritant/corrosive). Work in a fume hood and wear protective equipment. Avoid repeated freeze-thaw cycles of frozen aliquots. Thawed aliquots may require reheating to 60–70 °C for complete dissolution. Discard the aliquot if reheating does not clear up the precipitate. A fixation solution prepared from powdered formaldehyde is a better fixative than commercially available liquid formaldehyde solution [10].

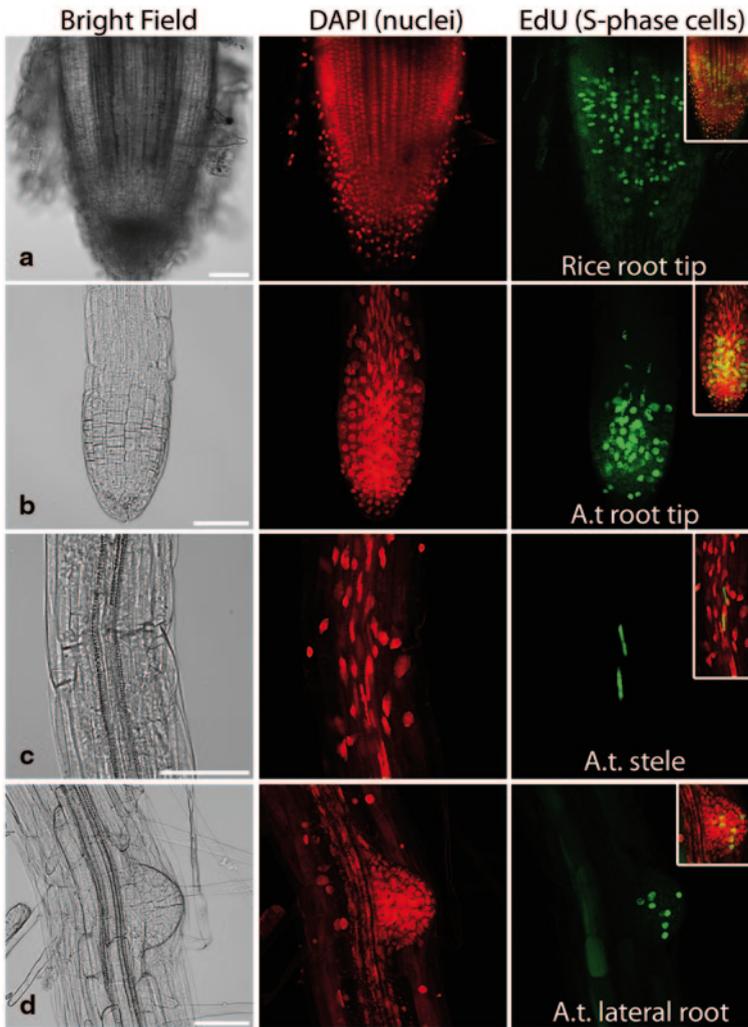


Fig. 18.3 EdU labeling of S-phase cells on various root tissues of *Arabidopsis* (Ecotype “Columbia-0”) and rice (cv. “Nipponbare”). Roots of seedlings were immersed in 10 μ M EdU for 30 min (rice) or 2 h (A.t: *Arabidopsis*). EdU-incorporated S-phase cells at root tips (a, b), stele (c) and lateral root meristem (d) are shown. Nuclei were labeled with DAPI (middle column). Scale bars = 50 μ m

4. Caution: DAPI which is used as a nuclear counterstain is a known mutagen; use appropriate precautions. Other nucleic acid dyes such as Hoechst (DNA specific) or Propidium iodide (DNA/RNA stain) can also be used to locate the nuclei and chromosomes. All nucleic acid intercalating dyes should be handled with extreme care due to health hazards.
5. The addition of Triton X-100 to the fixation solution provides uniform fixation with reduced cell shrinkage.

6. Fluorochrome-containing solutions should not be exposed to strong light; therefore, incubations should be performed at dark or under dim light. The simplest solution is to wrap the samples in aluminum foil during incubations.
7. Glycerol-based (or high osmolarity) mounting media may cause cell shrinkage but they better suit imaging with high numerical aperture oil immersion objectives. Mounting the samples in PBS or water-based anti-fade solutions prevents cell shrinkage; however, care must be taken not to dry out the sample. Sealing the coverslip or occasional PBS loading may be necessary for prolonged observations to prevent sample drying.
8. One-day-old (rice) or 36-h-old (*Arabidopsis*) conditioned culture mediums were prepared by subculturing separate cultures 1 day (or 36 h in case of *Arabidopsis*) before the time of HU wash. We have found that using such conditioned mediums for HU washes is far more efficient than using fresh culture mediums for both rice and *Arabidopsis*.
9. A brief settling on bench settles the largest and heaviest clusters leaving the smaller clusters in suspension. Nylon mesh can also be used to collect a population of finer clusters as long as the smaller size of the cluster is not due to genetic variation. Selecting smaller clusters makes S-phase and mitotic index counting easier.
10. Since the fixer contains Triton X-100, plants with thin and fragile seedlings (like *Arabidopsis*) can also be fixed as a whole without cutting the roots (as shown in Fig. 18.3b–d). However, we have found that roots have to be cut before incubation with the EdU detection cocktail for fast and efficient penetration of the azide containing fluorochrome.

18.5 Interpretation and Conclusions (Troubleshooting)

Faint/no EdU labeling can be caused by:

1. The sequence of adding the components of the EdU detection cocktail is important. If the detection cocktail turns milky or develops a precipitate after the addition of all the components, it will not work efficiently.
2. Sodium ascorbate may have degraded. Stock solutions must be stored at $\leq -20^{\circ}\text{C}$. Thus stored, the solution is stable for several months. If the solution has turned brown, it has degraded. Discard and prepare new stock solution.
3. EdU may have degraded due to improper storage. Aliquots of EdU stock solution must be stored at $\leq -20^{\circ}\text{C}$. At this storage condition, the solution is stable for at least a year.
4. At the time of EdU addition, the cell culture or the tissue under consideration may not contain DNA synthesizing cells due to suboptimal growth conditions, stress, inhibitory chemicals, or altered genetic makeup. For asynchronously dividing cultures and young tissues, DAPI labeling of fixed samples and detection of mitosis can help to quickly assess the proliferative status of the culture.

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