Chapter 10 Theoretical Models of the Galactic Bulge

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Abstract Near infrared images from the *COBE* satellite presented the first clear evidence that our Milky Way galaxy contains a boxy shaped bulge. Recent years have witnessed a gradual paradigm shift in the formation and evolution of the Galactic bulge. Bulges were commonly believed to form in the dynamical violence of galaxy mergers. However, it has become increasingly clear that the main body of the Milky Way bulge is not a classical bulge made by previous major mergers, instead it appears to be a bar seen somewhat end-on. The Milky Way bar can form naturally from a precursor disc and thicken vertically by the internal firehose/buckling instability, giving rise to the boxy appearance. This picture is supported by many lines of evidence, including the asymmetric parallelogram shape, the strong cylindrical rotation (i.e., nearly constant rotation regardless of the height above the disc plane), the existence of an intriguing X-shaped structure in the bulge, and perhaps the metallicity gradients. We review the major theoretical models and techniques to understand the Milky Way bulge. Despite the progresses in recent theoretical attempts, a complete bulge formation model that explains the full kinematics and metallicity distribution is still not fully understood. Upcoming large surveys are expected to shed new light on the formation history of the Galactic bulge.

10.1 A Brief Overview on the Properties of the Galactic Bulge

Most spiral galaxies consist of three main components, an invisible dark matter halo, an embedded flat disc, and a central bulge. The Milky Way is no exception. The Milky Way bulge comprises about 15 % of the total luminosity, and its stellar mass is about $1.2 - 1.6 \times 10^{10}$ M_{\odot} (Portail et al. [2015a\)](#page-26-0). Galactic bulges contain crucial information about the galaxy formation and evolution. Major mergers between

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galaxies generally create a significant classical bulge that is similar to ellipticals in many aspects (see Chap. 12 of this book), whereas the long term internal secular evolution in the disc galaxy tends to build up a pseudobulge (Kormendy and Kennicutt [2004\)](#page-25-0). Understanding the structure of our Milky Way bulge is nontrivial, mostly because of our location in the disc plane and the severe dust extinction in the optical band. One the other hand, a huge advantage being inside the Milky Way is the power to resolve and observe individual stars. Here we briefly summarize the structure, chemical composition, age, and kinematics of the Galactic bulge. More detailed reviews on the observational properties of the Galactic bulge can be found in Zoccali [\(2010\)](#page-27-0), Rich [\(2013\)](#page-26-1), Origlia [\(2014\)](#page-26-2) and Chap. 9 of this book.

Structure. The presence of a triaxial structure in the inner Galaxy was first hinted from gas kinematics (de Vaucouleurs [1964;](#page-24-0) Binney et al. [1991;](#page-24-1) Burton and Liszt [1993\)](#page-24-2). The near infrared images from the *COBE* satellite revealed clearly that the Milky Way contains an asymmetric parallelogram-shaped boxy bulge in the center (Weiland et al. [1994\)](#page-27-1). The asymmetry may be explained by a tilted bar; the near end of the bar is closer to us than the far side, consequently it appears to be bigger than the other side (Blitz and Spergel [1991\)](#page-24-3). Measurements of the three-dimensional density distribution of the Galactic bulge using various stellar tracers give a triaxial bar with the semi-major axis \sim 3–4 kpc and tilted by \sim 20°–30° between the Sun-Galactic Center (GC) line (i.e., Stanek et al. [1997;](#page-27-2) Bissantz and Gerhard [2002;](#page-24-4) Rattenbury et al. [2007b;](#page-26-3) Robin et al. [2012;](#page-26-4) Cao et al. [2013;](#page-24-5) Wegg and Gerhard [2013;](#page-27-3) Pietrukowicz et al. [2014\)](#page-26-5). This main triaxial bar is sometimes dubbed as "the (boxy) bulge bar" (i.e., boxy pseudobulge in the notation of this book), whose properties still differ among different research groups.

The existence of other bar structures than the main bulge bar is still under active debate. Based on stars counts from the GLIMPSE (Galactic Legacy Mid-Plane Survey Extraordinaire) survey, Benjamin et al. [\(2005\)](#page-24-6) argued for another planar long bar passing through the GC with half-length 4.4 kpc tilted by \sim 45° to the Sun-GC line (see also Cabrera-Lavers et al. [2007\)](#page-24-7). If this long bar is confirmed, then its co-existence with the similarly-sized bulge bar is dynamically puzzling, as their mutual torque tends to align the two bars on a short timescale. Also both observations of external galaxies (Erwin and Sparke [2002,](#page-24-8) [2003\)](#page-24-9) and simulations of long-lived double barred galaxies (Debattista and Shen [2007;](#page-24-10) Shen and Debattista [2009\)](#page-27-4) have shown that the size ratio of two bars is generally about 0.1–0.2. Using numerical simulations, Martinez-Valpuesta and Gerhard [\(2011\)](#page-25-1) showed that the observational signatures of the planar long bar may actually be reproduced with a single bar structure. They suggested that the long bar may correspond to the leading ends of the bulge bar in interaction with the adjacent spiral arm heads. Nishiyama et al. [\(2005\)](#page-26-6) and Gonzalez et al. [\(2011a\)](#page-25-2) also suggested the existence of a possible secondary inner bar, as the slope of the longitudinal magnitude peak profile of red clumps flattens at $|l| \sim 4^\circ$, deviating from the main bar. With the same single barred *N*-body model, Gerhard and Martinez-Valpuesta [\(2012\)](#page-25-3) showed that such a slope change may be caused by a transition from highly elongated to nearly axisymmetric isodensity contours in the inner boxy bulge.

Fig. 10.1 Rotation and velocity dispersion profiles in the ARGOS observations towards the Galactic bulge fields from Ness et al. [\(2013a\)](#page-26-7). The three columns correspond to three different metallicity bins, decreasing from left to right. Different symbols represent stars in different fields (Reproduced from Ness et al. [2013a\)](#page-26-7)

Chemical composition and stellar age. The chemical composition and the stellar age are crucial parameters to constrain galaxy formation history and to establish the connection to stellar populations in other structural components. The bulk of bulge stars is old with a wide range of metal abundances (McWilliam and Rich [1994;](#page-25-4) Zoccali et al. [2008\)](#page-27-5), including some of the oldest stars in the Milky Way (e.g. Howes et al. [2014;](#page-25-5) Schlaufman and Casey [2014\)](#page-26-8). The metallicity distribution in the bulge displays a vertical gradient both on and off the minor axis away from the Galactic plane (Zoccali et al. [2008;](#page-27-5) Gonzalez et al. [2011b;](#page-25-6) Johnson et al. [2011,](#page-25-7) [2012,](#page-25-8) [2013\)](#page-25-9), while Rich et al. [\(2012\)](#page-26-9) found no major vertical abundance gradient close to the disc plane ($b \le 4^{\circ}$). Ness et al. [\(2013a\)](#page-26-7) found that stars with [Fe/H] > -0.5 are part of the boxy bar/bulge, and the metal-poor stars are likely associated with thick disc. As shown in Fig. [10.1,](#page-2-0) although the rotation curves are similar for three different metallicity bins, the metal-poor population $(-0.5 < [Fe/H] < -1.0$) clearly has higher velocity dispersion and spheroidal kinematics. In Ness et al. [\(2013a\)](#page-26-7), stars with $[Fe/H] \sim +0.15$ are more prominent close to the plane than the metal-poor stars, appearing as a vertical abundance gradient of the bulge. Most bulge metal-poor stars show enhanced α elements compared to both thin and thick disc stars (Johnson et al. [2011;](#page-25-7) Gonzalez et al. [2011b;](#page-25-6) Rich et al. [2012\)](#page-26-9), suggesting a rapid formation timescale with respect of both disc components.

Compared to metallicity, age determination is more difficult and imprecise (see the review by Soderblom [2010](#page-27-6) and references therein). The bulk of bulge stars is old $(\sim 10 \,\text{Gyr})$ (e.g., Ortolani et al. [1995;](#page-26-10) Lecureur et al. [2007;](#page-25-10) Clarkson et al. [2008\)](#page-24-11). However, intermediate-age metal-rich stars are also detected in the bulge region, with the exact relative fraction still under debate (Clarkson et al. [2011;](#page-24-12) Bensby et al. [2011,](#page-24-13) [2012;](#page-24-14) Ness et al. [2014\)](#page-26-11). In addition, there is a nuclear disc of much younger stellar population with ongoing star formation in the central 200 pc (sometimes termed "nuclear bulge"), whose mass is about $1.5 \times 10^9 M_{\odot}$ (Launhardt et al. [2002\)](#page-25-11).

Kinematics. To study systematically the stellar kinematics, Rich et al. [\(2007\)](#page-26-12) initiated the Bulge Radial Velocity Assay (BRAVA) project with M giants as tracers covering the whole Galactic bulge $(\sim 9000 \text{ stars})$. The BRAVA survey revealed clear cylindrical rotation of the bulge, i.e., nearly constant rotation regardless of the height above the disc plane (Howard et al. [2008,](#page-25-12) [2009;](#page-25-13) Rich et al. [2008;](#page-26-13) Kunder et al. [2012\)](#page-25-14). BRAVA kinematics also put the Galactic bulge close to the oblate isotropic rotator line in $V_{\text{max}}/\sigma - \epsilon$ diagram (Binney [1978\)](#page-24-15), distinct clearly from a hot slowly-rotating system like the Milky Way halo supported by velocity dispersion. The BRAVA radial velocity distribution was well reproduced by a self-consistent *N*-body model of a pure-disc Galaxy by Shen et al. [\(2010\)](#page-27-7), with no need for a significant classical bulge (see Sect. [10.2\)](#page-4-0).

The Abundance and Radial velocity Galactic Origins Survey (ARGOS) obtained radial velocities and stellar parameters for 28,000 stars in the bulge and inner disc of the Milky Way galaxy across latitudes of $b = -5^{\circ}$ and -10° (Freeman et al. [2013\)](#page-24-16). The cylindrical rotation of the bulge was also confirmed in the ARGOS data (Ness et al. [2013a\)](#page-26-7). They found a kinematically distinct metal-poor population $(\text{[Fe/H]} < -1.0)$, which may be related to the thick disc or halo. In the commissioning observation of APO Galactic Evolution Experiment (APOGEE) towards the Galactic bulge region, a high Galactocentric velocity ($V_{\text{GSR}} \sim +200 \text{ km s}^{-1}$) and cold ($\sigma \sim 30 \text{ km s}^{-1}$) stream was reported and suggested as the bar supporting orbits (Nidever et al. [2012\)](#page-26-14). However, Li et al. [\(2014\)](#page-25-15) suggested that stars that self-consistently make up a typical bar potential do not generate a distinct cold high velocity stream observed from the solar perspective. A smooth high velocity shoulder instead does exist in many bulge fields; it roughly corresponds to the tangential point between the line-of-sight and the bar-supported orbits as shown in the distance-velocity diagram. The cold high velocity peaks could be due to other substructures in the disc, unless the APOGEE survey preferentially selects stars with particular characteristics. Recent Giraffe Inner Bulge Survey (GIBS) observed 24 Galactic bulge fields and confirmed the cylindrical rotation and the lack of a significant cold high velocity peak in the radial velocity distribution (Zoccali et al. [2014\)](#page-27-8). Besides the radial velocity, the proper motion is also an important parameter (e.g., Rattenbury et al. [2007a\)](#page-26-15). Given the stellar distance, the transverse velocities can be estimated. In the Baade's window, the velocity ellipsoid of metal-rich stars shows a vertex deviation in the radial versus transverse velocity, consistent with the bar supporting orbits (Soto et al. [2007\)](#page-27-9).

Based on the radial velocity and the [Fe/H] measurement of three minor axis fields, Babusiaux et al. [\(2010\)](#page-24-17) identified two distinct population: the metal-rich population with bar-like kinematics and the metal-poor population corresponding to an old spheroid or a thick disc (also see Hill et al. [2011;](#page-25-16) Rojas-Arriagada et al. [2014\)](#page-26-16). The metal-rich population demonstrates smaller velocity dispersion and lower α element enhancement compared to the metal-poor population (Johnson et al. [2011;](#page-25-7) Uttenthaler et al. [2012\)](#page-27-10). Across the bulge fields in ARGOS survey, the metal-poor population ($[Fe/H] < -1.0$) was also found to be kinematically distinct with large velocity dispersion and non-cylindrical rotation (Ness et al. [2013b\)](#page-26-17).

X-shaped structure. A recent development in the bulge structural study is the discovery of an intriguing X-shaped structure (Sect. 10.3). Recently, two groups independently reported the bimodal brightness distribution of the red clump (RC) stars, which can be considered a good standard candle (Stanek and Garnavich [1998\)](#page-27-11), in the Galactic bulge (McWilliam and Zoccali [2010](#page-25-17) hereafter MZ10; Nataf et al. [2010\)](#page-26-18). MZ10 suggested that the bimodality is hard to explain with a naive tilted bar since the line of sight crossing the bar can only result in stars with one distance. One possibility speculated by Nataf et al. [\(2010\)](#page-26-18) is that one RC population belongs to the bar and the other to the spheroidal component of the bulge. Another puzzling fact is that distances of the bright and faint RCs are roughly constant at different latitudes, which was hard to understand with a naive straight bar. MZ10 proposed that these observed evidences can be well explained with a vertical X-shaped structure in the bulge region. The existence of this particular structure was later verified by Saito et al. (2011) . They found that the X-shaped structure exists within (at least) $|l| < 2^{\circ}$, and has front-back symmetry. Around $b = \pm 5^\circ$, two RCs start to merge, due to severe dust extinction and foreground contamination (MZ10; Wegg and Gerhard [2013\)](#page-27-3). From numerical simulations, as demonstrated in Li and Shen [\(2012\)](#page-25-18) and Ness et al. [\(2012\)](#page-26-20), the buckled bar naturally reproduces the observed X-shape properties in many aspects. The X-shape extends to about half the bar length with similar tilting angle as the bar. The observed north-south symmetry of the X-shape indicates that it must have formed at least a few billion years ago (Li and Shen [2012\)](#page-25-18).

10.2 A Fully Evolutionary Bar Model as the Basis of Understanding the Galactic Bulge

Theoretical modeling of the Milky Way bulge made intense use of *N*-body simulations. The basis of a successful Galactic bulge model is a fully evolutionary bar model that developed naturally from the bar instability of a cold massive disc. Here we describe a successful high-resolution bar model developed in Shen et al. [\(2010,](#page-27-7) hereafter S10), which was initially motivated to match the BRAVA stellar kinematic data. *N*-body bar models to explain the Galactic bulge were already attempted in early studies such as Fux [\(1997\)](#page-25-19) and Sevenster et al. [\(1999\)](#page-26-21), but little stellar kinematic data were available to constrain their models.

S10 simulated the self-consistent formation of a bar that buckles naturally into a thickened state, then scaled that model to fit the BRAVA kinematic data on bulge rotation and random velocities. BRAVA measured the stellar radial velocities of M-type giant stars whose population membership in the bulge is well established. These giants provide most of the $2 \mu m$ radiation whose box-shaped light distribution motivates bar models. S10 used nearly 5000 stellar radial velocities in two strips at latitude $b = -4^\circ$ and $b = -8^\circ$ and at longitude $-10^\circ < l < +10^\circ$, and a strip along the minor axis $(l \equiv 0^{\circ})$. The strong cylindrical rotation was found in the preliminary BRAVA data (Howard et al. [2009\)](#page-25-13) consistent with an edge-on, bar-like pseudobulge (Kormendy [1993;](#page-25-20) Kormendy and Kennicutt [2004\)](#page-25-0), although a precise fit of a bar model to the data was not available. The success prompted S10 to construct a fully evolutionary *N*-body model that can fit the radial velocity data of BRAVA.

S10 used a cylindrical particle-mesh code (Shen and Sellwood [2004\)](#page-27-12) to build fully self-consistent *N*-body galaxies. The code is highly optimized to study the evolution of disc galaxies, and it allows S10 to model the disc with at least 1 million particles to provide high particle resolution near the center where the density is high. They tried to construct the simplest self-consistent *N*-body models that fit the BRAVA data, avoiding contrived models with too many free parameters. Initially, they contained only an unbarred disc and a dark halo. The profile of the Galactic halo is poorly constrained observationally; S10 adopted a rigid pseudo-isothermal halo potential which gives a nearly flat initial rotation curve between 5 kpc and 20 kpc. A simple halo form allows S10 to run many simulations quickly, which greatly facilitates a parameter search. A rigid halo also omits dynamical friction on the bar, but the central density of this cored halo is low enough so that friction will be very mild. Since the bulge is embedded well interior to the core radius of the halo, the exact profile of the dark halo at large radii is not critical.

The process of bar formation and thickening in S10 is physically understood. First a bar develops self-consistently via the bar instability from the initially unbarred, thin disc. Bar formation enhances the radial streaming motions of disc particles, so the radial velocity dispersion quickly grows much bigger than the vertical one. Consequently the disc buckles vertically out of the plane like a firehose (Fig. 10.2)¹; this is the well known firehose or buckling instability (e.g., Toomre [1966;](#page-27-13) Combes et al. [1990;](#page-24-18) Raha et al. [1991\)](#page-26-22). It raises the vertical velocity dispersion and increases the bar's thickness. This happens on a short dynamical timescale and saturates in a few hundred million years. The central part of the buckled bar is elevated well above the disc mid-plane and resembles the peanut morphology of many bulges including the one in our Galaxy.

S10 found the one that best matches our BRAVA kinematic data after suitable mass scaling, out of a large set of *N*-body models. The barred disc evolved from a thin exponential disc that contains $M_d = 4.25 \times 10^{10} M_{\odot}$, about 55% of the total mass at the truncation radius (5 scale-lengths). The scale-length and scale-height

¹It is puzzling why no galaxy has been caught in the process of violent buckling as shown in Fig. [10.2.](#page-6-0) The saturation timescale of the buckling instability is very rapid (about a few hundred Myr), but it is not short enough to miss out the violent buckling phase if one can observe thousands of edge-on barred galaxies. Perhaps this implies that the buckling instability must have happened in the very early assembly stage of disc galaxies, which is much harder to observe.

Fig. 10.2 Shortly after its formation, the bar becomes vulnerable to the vertical firehose/buckling instability (Toomre [1966;](#page-27-13) Raha et al. [1991\)](#page-26-22). The figure illustrates the vigorous buckling instability that makes the initially thin bar bend out of the disc plane, reaching a considerable maximum distortion. After the buckling instability saturates on a short dynamical timescale (in a few hundred million years), the bar is greatly thickened in the vertical direction, giving rise to the boxy shape. (see Fig. [10.4\)](#page-7-0)

of the initial disc are \sim 1.9 kpc and 0.2 kpc, respectively. The disc is rotationally supported and has a Toomre-Q of 1.2. The amplitude of the final bar is intermediate between the weakest and strongest bars observed in galaxies. The bar's minor-tomajor axial ratio is about 0.5–0.6, and its half-length is \sim 4 kpc. Figure [10.3](#page-7-1) shows the pattern speed of the bar ($\Omega_p \approx 39 \text{ km/s/kpc}$) and locations of the Lindblad resonances. The bar properties in the best-fitting model are comparable to those obtained in other independent studies. The left panel of Fig. [10.4](#page-7-0) shows face-on and side-on views of the projected density of the best-fitting model in S10. A distinctly peanut shaped bulge is apparent in the edge-on projection. Figure [10.4](#page-7-0) (right panel) shows the surface brightness distribution in Galactic coordinates in solar perspective. Nearby disc stars dilute the peanut shape, but the bar still looks boxy. The asymmetry in the longitudinal direction can be understood as a perspective effect; the near end of the bar (at positive Galactic longitude) is closer to the Sun, so

Fig. 10.3 The *horizontal line* marks the pattern speed Ω_p of the quasi-steady bar in internal simulation unit with $R_d = G = M_d = 1$. Here $\Omega_p \approx 39$ km/s/kpc in physical units. The *solid line* shows the curve of the circular angular frequency Ω , and the *dashed lines* mark $\Omega \pm \kappa/2$ at around $t = 4.8$ Gyr (Reproduced from Shen (2014) with permission of AAS)

Fig. 10.4 *Left three panels*: face-on and side-on views of the surface density of our best-fitting model as seen from far away. The Sun's position 8.5 kpc from the Galactic center is marked along the $+x$ axis. The Galaxy rotates clockwise as seen in the face-on projection. *Right panels*: The COBE DIRBE composite image of the Milky Way bulge and model's surface brightness map in solar perspective. Both the model and observed image show the box-shaped, edge-on bar that appear bigger on its near side (positive longitude side) (The *left panel* is reproduced from Shen et al. [\(2010\)](#page-27-7) with permission of AAS)

it appears bigger and taller than the far side. Both the boxy shape and the asymmetry are in good agreement with the morphology revealed by the near-infrared image from the COBE satellite (Weiland et al. [1994\)](#page-27-1).

Fig. 10.5 (*top*): Mean velocity and velocity dispersion profiles of the best-fitting model (*black lines*) compared to all available kinematic observations. The *left two panels* are for the Galactic latitude $b = -4^\circ$ strip; the *middle two panels* are for the $b = -8^\circ$ strip; and the *right two panels* are for the $l = 0^\circ$ minor axis. The *black diamonds* and their error bars are the BRAVA data; the *green diamonds* are for M-type giant stars (Rangwala et al. [2009\)](#page-26-23), and the *red triangles* are the data on red clump giant stars (Rangwala et al. [2009\)](#page-26-23). This is the first time that a single dynamical model has been compared with data of such quality. The agreement is striking (Reproduced from Shen et al. [\(2010\)](#page-27-7) with permission of AAS)

Figure [10.5](#page-8-0) compares the best-fitting model kinematics in S10 (solid lines) with the mean velocity and velocity dispersion data from the BRAVA and other surveys. All velocities have been converted to Galactocentric values (the line-ofsight velocity that would be observed by a stationary observer at the Sun's position). For the first time, this model is able to simultaneously match the mean velocities and velocity dispersions along two Galactic latitudes $(-4^{\circ}$ and $-8^{\circ})$ and along the minor axis. The model comparison with the complete BRAVA data release was also impressive (Kunder et al. [2012\)](#page-25-14).

S10 also provided some constraints on the bar angle between the bar and the Sungalaxy center line. Using both the fit to the velocity profiles and the photometric asymmetry, they found that the overall best-fitting model has a bar angle of $\sim 20^\circ$, which agrees reasonably well with other independent studies (e.g., Stanek et al. [1997;](#page-27-2) Rattenbury et al. [2007b;](#page-26-3) Cao et al. [2013;](#page-24-5) Wegg and Gerhard [2013\)](#page-27-3).

The best-fitting model in S10 contains no classical bulge component. S10 also tested whether or not a significant classical bulge is present, since it could have been spun up by the later formation of a bar, flattened thereby and made hard to detect. They found that including a classical bulge with $\geq 15\%$ of the disc mass considerably worsens the fit of the model to the data, even if the disc properties are accordingly re-adjusted. If the pre-existing classical bulge is overly massive, then it becomes increasingly hard to match both the mean velocity and velocity dispersions simultaneously (see also Saha et al. [2012\)](#page-26-24).

The BRAVA kinematic observations show no sign that the Galaxy contains a significant merger-made, "classical" bulge. S10 demonstrated that the boxy pseudobulge is not a separate component of the Galaxy but rather is an edge-on bar. This result also has important implications for galaxy formation. From a galaxy formation point of view, we live in a pure-disc galaxy. Our Galaxy is not unusual. In fact, giant, pure-disc galaxies are common in environments like our own that are far from rich clusters of galaxies (Kormendy et al. [2010;](#page-25-21) Laurikainen et al. [2014\)](#page-25-22). Classical bulgeless, pure-disc galaxies still present an acute challenge to the current picture of galaxy formation in a universe dominated by cold dark matter; growing a giant galaxy via hierarchical clustering involves so many mergers that it seems almost impossible to avoid forming a substantial classical bulge (Peebles and Nusser [2010\)](#page-26-25).

10.2.1 The Bulge Structure May Be Younger than Its Stars

A common misconception about the secularly evolved bar model is that it seems inconsistent with the old age of bulge stars that formed on a short timescale (\sim 1 Gyr), as demonstrated by their α -element enhancement. It is important to make a distinction between the assembly time of the bulge/bar and the age of the bulge stars; the Galactic bulge structure may be younger than its stars. The stars in our Galactic bar are older than most disc stars, but those stars could have formed over a short period of time long before the bar structure formed (Wyse [1999;](#page-27-15) Freeman [2008\)](#page-25-23). Their old age (e.g., Zoccali et al. [2003;](#page-27-16) Fulbright et al. [2007;](#page-25-24) Clarkson et al. [2008\)](#page-24-11) is therefore not an argument against the internal secular evolution model.

10.2.2 Could the Vertical Metallicity Gradient be Produced in a Simple Bar Model?

Although the general bulge morphology and kinematics are well explained by this simple and self-consistent model, a potential difficulty of the simple model is how to explain the observed vertical metallicity gradient (e.g., Zoccali et al. [2008;](#page-27-5) Gonzalez et al. [2011b\)](#page-25-6). Intuitively one may expect that any pre-existing vertical metallicity gradient should be erased due to mixing in the violent buckling process. Thus the vertical metallicity gradient has been suggested as the strongest evidence for the existence of a classical bulge in the Milky Way.

S10 proposed a plausible solution that an abundance gradient can still be produced within the context of secular bar/bulge formation if some of the vertical thickening is produced by resonant heating of stars that scatter off the bar (Pfenniger and Norman [1990\)](#page-26-26). If the most metal-poor stars are also the oldest stars, then they have been scattered for the longest time and now reach the greatest heights away from the disc plane.

Recently Martinez-Valpuesta and Gerhard [\(2013\)](#page-25-25) challenged the widespread belief that secularly evolved bar/bulge models cannot have metallicity gradients similar to those observed in our Galaxy. Using a similar boxy bulge/bar simulation as in S10, they were able to successfully reproduce the observed vertical metallicity gradient and longitude-latitude metallicity map similar to that constructed by Gonzalez et al. [\(2013\)](#page-25-26), provided that the initial unbarred disc had a relatively steep radial metallicity gradient. One important assumption is that the pre-existing radial metallicity gradient is set up during the buildup of the precursor disc prior to bar formation. They proposed that if the Galactic bar/bulge formed rapidly from the precursor disc at early times, the violent relaxation may be incomplete during the bar and buckling instabilities, thus transforming radial pre-existing metallicity gradients to vertical gradients in the final boxy bulge. They further proposed that the range of bulge star metallicities at various latitudes may be used to constrain the radial gradient in the precursor disc. In their study, they tagged particles with some metallicity and no chemical evolution was considered. If their result is confirmed in more detailed studies, then the vertical metallicity gradient is no longer a strong argument against the secularly-evolved bar/bulge model.

10.2.3 Merits of the Simple Self-consistent Bar/Bulge Model

The main advantage of a simple self-consistent bar/bulge model such as the one in S10 lies in its simplicity; S10 tried to construct the simplest self-consistent *N*body models that fit the BRAVA data, avoiding contrived models with too many free parameters. In addition, the S10 model is not just a static model but rather one that evolved naturally to this state from simple initial conditions. The bar is selfconsistently developed from a massive cold precursor disc embedded in a cored halo. So it has relatively few parameters to tweak, unlike the more complicated chemo-dynamical models.

Secondly, physical processes dictating the formation and evolution of the bar/bulge can be well understood. The formation of evolution of the bar is a natural outcome of two well-studied dynamical instabilities, namely the bar instability creating the bar and the subsequent firehose/buckling instability that thickens the bar vertically (see Sellwood [2014](#page-26-27) for a comprehensive review on these instabilities). The buckling instability also helps the Milky Way to develop an intriguing X-shaped structure (Sect. [10.3\)](#page-11-0). The different components of the early inner Galaxy (thick disc, old and younger thin discs) probably become trapped dynamically within the bulge structure (Ness et al. [2013b\)](#page-26-17).

Thirdly and probably most importantly, despite its simplicity, the best-fitting model of S10 also ties together several isolated results (e.g., photometric bar angle, kinematic bar angle, successful kinematic fits in the context of observed cylindrical rotation, reasonable bar length and bar pattern speed, resulting constraint on a classical bulge, the vertical metallicity gradient, and explaining the X-shaped structure) into a coherent picture, cemented by an *N*-body model in which the bar evolves naturally and without complicated fine-tuning. At current stage, it is still unrealistic to expect a full chemo-dynamical model to match all observed properties of the Galactic bulge. The simple bar model was designed to serve as a physicallymotivated starting point, then one can gradually incorporate more complexities of the Milky Way bulge on top of it.

10.3 The X-Shaped Structure in the Galactic Bulge

RCs are good standard candles commonly used in the studies of the Galactic bulge. The apparent magnitude of RCs in high-latitude bulge fields shows a clearly bimodal distance distribution, often termed "split red clump". This bimodal distribution was discovered in the 2MASS data (MZ10, Saito et al. [2011\)](#page-26-19) and the OGLE data (Nataf et al. [2010\)](#page-26-18), then confirmed also in the ARGOS sample (Ness et al. [2012\)](#page-26-20). The RCs seem to be distributed in a vertically-extended X-shaped structure (MZ10). This Xshape was initially puzzling; it seemed difficult to explain them using a tilted naive ellipsoidal bar.

This X-shaped structure does not have a straight-forward explanation in classical bulge formation scenarios, but it is a natural consequence of the bar buckling processes (see Sect. [10.2\)](#page-4-0) if it is properly modeled (Combes et al. [1990;](#page-24-18) Raha et al. [1991;](#page-26-22) Bureau and Freeman [1999;](#page-24-19) Athanassoula [2005;](#page-24-20) Martinez-Valpuesta et al. [2006\)](#page-25-27). Li and Shen [\(2012\)](#page-25-18) analyzed the same best-fitting Milky Way bar/bulge model in S10, and demonstrated that it can qualitatively reproduce many observations of the X-shaped structure, such as double peaks in distance histograms (MZ10, Nataf et al. [2010\)](#page-26-18) and number density maps (Saito et al. [2011\)](#page-26-19).

Li and Shen [\(2012\)](#page-25-18) found that an X-shaped structure is clearly discernible in the inner region of the side-on view of the S10 best-fitting bar/bulge model (top panel of Fig. [10.6b](#page-12-0)). They fitted and subtracted the underlying smooth component from the side-on bar model, then the X-shaped structure is highlighted in the bottom panel of Fig. [10.6b](#page-12-0) (Li and Shen [2012\)](#page-25-18). Figure [10.6a](#page-12-0) shows the distance distributions of particles towards the Galactic bulge, where double peak features similar to observations can be clearly identified. The bottom row shows that at a given latitude *b* the peak positions are roughly constant. As the longitude decreases, the peak at larger distances becomes stronger. The top row shows that at a given longitude *l* the separation of the two peaks increases as the line of sight is further away from the Galactic plane. These results nicely agree with the observations of the X-shaped structure (MZ10). Along the bar major axis, the end-to-end separation between the inner two edges of the X-shaped structure is \sim 2 kpc. For the outer two edges, the end-to-end separation is \sim 4 kpc. The size of the X-shaped structure along the bar is estimated by averaging the two separations, which yields \sim 3 kpc.

Fig. 10.6 (**a**). *Left panels*: Distance distributions of particles in the S10 model in the Galactic bulge fields at a given longitude (*top row*) and latitude (*bottom row*); (**b**). *Right panels*: Demonstration of the X-shape structure with the *upper panel* showing the side-on view of the bar in the S10 model and the *lower panel* showing the residual after fitting and subtracting the underlying smooth light contribution. The vertical X-shaped structure is highlighted in this residual image. The length unit is $R_d = 1.9$ kpc (Reproduced from Li and Shen [\(2012\)](#page-25-18) with permission of AAS)

It is worth noting that the value is much less than the bar's full length $(\sim 8 \text{ kpc})$. Similarly, the end-to-end vertical separation between the inner two edges of the Xshaped structure is \sim 1.2 kpc. For the outer two edges in the vertical direction, this separation is \sim 2.4 kpc. Therefore the vertical size of the X-shaped structure in the S10 model is \sim 1.8 kpc. By summing up the pixels with positive values in the Xshaped region, Li and Shen [\(2012\)](#page-25-18) estimated that the light fraction of this X-shaped structure relative to the whole boxy bulge region is about 7 %. It is still uncertain how much mass is contained in the X-shape. More sophisticated analysis by Portail et al. [\(2015a\)](#page-26-0), based on the reconstructed volume density of the Galactic bulge from Vista Variables in the Via Lactea survey (VVV) (Wegg and Gerhard [2013\)](#page-27-3), suggests an off-centered X-shape enclosing about 20 % of the bulge mass. Recently Nataf et al. [\(2015\)](#page-26-28) studied the X-shape properties based on OGLE-III observations, and also found good agreement with the models in S10 and Ness et al. [\(2012\)](#page-26-20).

Li and Shen [\(2012\)](#page-25-18) also demonstrated that the X-shaped structure becomes nearly symmetric with respect to the disc plane about 2 Gyr after the buckling instability gradually saturates. The observed symmetry (MZ10) probably implies that the X-shaped structure in the Galactic bulge has been in existence for at least a few billion years.

Based on the ARGOS sample, Ness et al. [\(2012\)](#page-26-20) found that the X-shaped structure is mainly composed of the metal-rich stars rather than the metal-poor ones (also see Uttenthaler et al. [2012;](#page-27-10) Gilmore et al. [2012\)](#page-25-28). However, this conclusion is questioned by Nataf et al. (2014) who demonstrated that there may be a bias of metallicity on the RCs distance determination. In the future larger and unbiased samples are required to answer this question unambiguously.

The existence of the X-shaped structure in our Milky Way provides extra evidence that the Galactic bulge is shaped mainly by internal disc dynamical instabilities instead of mergers, because no other known physical processes can naturally develop such a structure. De Propris et al. [\(2011\)](#page-24-21) studied the radial velocity and abundances of bright and faint RCs at $(l, b) = (0^{\circ}, -8^{\circ})$, and found no significant dynamical or chemical differences. This may suggest that the two RCs indeed belong to the same coherent dynamical structure, which can be naturally made in the formation of the bar/boxy bulge.

Orbital structure studies are essential for understanding the properties of the Xshaped structure, which is the outcome of the collective buckling instability. The backbone orbits of a three-dimensional buckled bar are the x_1 tree, i.e., the x_1 family plus a tree of three-dimensional families bifurcating from it (Pfenniger and Friedli [1991\)](#page-26-30). It is widely believed that the X-shaped structure may be supported by orbits trapped around the three-dimensional x_1 family (also known as banana orbits due to their banana shape when viewed side-on) (e.g., Patsis et al. [2002;](#page-26-31) Skokos et al. [2002\)](#page-27-17). Recent work by Portail et al. [\(2015b\)](#page-26-32) classified orbital families in the peanut/X-shaped bulges and suggested brezel-like orbits, whose origin could be closely related to the x_1 *mul*₂ family (Patsis and Katsanikas $2014a$), as the main contributor to the X-shape. Qin et al. [\(2015\)](#page-26-34) also found that stars in the X-shaped bulge do not necessarily stream along simple banana orbits. Clearly, more studies on the orbital structure and vertical resonant heating (e.g. Quillen et al. [2014\)](#page-26-35) are desired to make more specific predictions for the Milky Way.

The detailed kinematics of the near (bright) and far (faint) sides of the X-shape may be a useful tool to probe the underlying orbital structure. Several observational studies have explored the X-shape kinematics. With about 300 RCs in $(0^{\circ}, -6^{\circ})$, Vásquez et al. [\(2013\)](#page-27-18) found a weak anti-correlation between the longitudinal proper motion and radial velocity in both bright and faint RCs. However, they found no significant correlation between the latitudinal proper motion and the radial velocity. These results were interpreted as possible streaming motions along the X-shaped arms. In bulge fields at $b \sim 5^{\circ}$, Poleski et al. [\(2013\)](#page-26-36) reported the asymmetric mean proper motion difference between the near and far sides in both *l* and *b* directions; this difference is linear for $-0.1^\circ < l < 0.5^\circ$, but roughly constant for $-0.8^\circ < l <$ -0.1° . The linear part was attributed to the streaming motions in the X-shape.

Numerical simulations can provide comprehensive understanding of the X-shape kinematics. The kinematic imprints of the X-shape onto the Galactic bulge observations were interpreted in Gardner et al. [\(2014\)](#page-25-29) based on their *N*-body models; they found a coherent minimum along $l = 0^\circ$ in the mean radial velocity difference between the near and far sides, which is absent in other velocity components and all the velocity dispersions. Qin et al. [\(2015\)](#page-26-34) systematically explored the kinematics (both the radial velocity and the proper motion) of the X-shape in the S10 model. Along $l = 0^\circ$, the near and far sides of the bar/bulge show excess of approaching and receding particles, reflecting the coherent orbital motion inside the bar structure. Qin et al. [\(2015\)](#page-26-34) found only very weak anisotropy in the stellar velocity within the X-shape, hinting that the underlying orbital family of the X-shape may not be dominated by simple banana orbits. Contrary to Poleski et al. [\(2013\)](#page-26-36), Qin et al. [\(2015\)](#page-26-34) found that the proper motion difference between the near/far sides of the Xshape may not be used to constrain the bar pattern speed. They also confirmed that

Fig. 10.7 Isodensity surfaces of three *N*-body bars with different buckling strengths, namely, Model 1 (*top row*, strongest buckling), Model 2 (*middle row*, intermediate buckling, the S10 model) and Model 3 (*bottom row*, negligible buckling). The *left* and *middle columns* show the face-on and side-on appearance of the bar at large scale $(\sim 3 \text{ kpc})$. The *right column* shows the side-on shape of the isodensity surfaces at small scale $(\sim]1$ kpc)

the Galactic center may be located by fitting the arms of the X-shape, which was originally proposed by Gardner et al. [\(2014\)](#page-25-29).

It is important to keep in mind that the true 3D shape of the X-shape should not be visualized as simple as a letter "X" with four or eight conspicuous arms sticking out. Figure [10.6](#page-12-0) may give you such an impression because human eyes are easily biased to pick out the small-scale density enhancement. The true 3D shape or structure of iso-density surfaces should really be more like a peanut. This is demonstrated in Li and Shen [\(2015\)](#page-25-30) who estimated the 3-D volume density for three *N*-body simulations with the adaptive kernel smoothing technique (Silverman [1986;](#page-27-19) Shen and Sellwood [2004\)](#page-27-12); these three bars have undergone different amplitudes/strengths

of buckling instability. Figure [10.7](#page-14-0) shows clearly that a buckled bar is composed of three components with increasing sizes: a central boxy core, a peanut bulge and an extended thin bar (Fig. 10.7). The true 3D structure of the X-shape is actually more peanut-shaped (Fig. [10.7\)](#page-14-0), but the peanut-shaped bulge can still qualitatively reproduce the observed bimodal distance distributions that were used to infer for the X-shape. Our visual perception of seeing an "X" is enhanced by the pinched concave shape of the inner peanut structure.

10.4 More Sophisticated Chemo-Dynamical Models of the Galactic Bulge

Despite its simplicity, the self-consistent Milky Way bar/bulge model described in Sect. [10.2](#page-4-0) is successful in explaining many aspects of the Galactic bulge, such as the boxy shape, the stellar kinematics, the X-shape, and gives reasonable bar angle, length, and the pattern speed. It may also explain, in principle, the vertical metallicity gradient (Martinez-Valpuesta and Gerhard [2013](#page-25-25) and Sect. [10.2.2\)](#page-9-0). However, in order to match the full sophisticated distribution of the stellar populations and chemical composition in the Galactic bulge, more realistic chemo-dynamical simulations must eventually supersede the simple *N*-body disc simulations (Sect. [10.2\)](#page-4-0) in the future. It is not trivial to model gas properly in simulations, because we need to treat many complicated micro-physical processes of the multi-phase medium with simplified prescriptions. In particular, there are still considerable uncertainties in how to model the star formation and feedback processes.

Most chemo-dynamical models are motivated to explain the vertical metallicity abundance of the Galactic bulge, which was thought to be the main challenge for the secularly evolved bar/bulge model. However, as we discuss in Sect. [10.2.2,](#page-9-0) the vertical metallicity gradient may be explained by the simple bar/bulge model as well. With additional mass components in the more complicated chemo-dynamical simulations, and many more free parameters, the vertical metallicity gradient may also be reproduced in these simulations.

10.4.1 Two-Component Disc Scenario

Bekki and Tsujimoto (2011) reported that their pure thin disc model failed to reproduce the vertical metallicity gradient in the Galactic bulge, which is opposite to the conclusion reached in Martinez-Valpuesta and Gerhard [\(2013\)](#page-25-25). This difference is due mainly to the different initial setup in the two studies. Unlike Bekki and Tsujimoto [\(2011\)](#page-24-22), Martinez-Valpuesta and Gerhard [\(2013\)](#page-25-25) did not try to link the initial radial metallicity profile to the metallicities of the present-day Galactic disc near the Sun, since the buckling instability in the Milky Way must have occurred long ago when the outer disc was only incompletely assembled.

Nevertheless, in order to explain the observed metallicity gradient Bekki and Tsujimoto [\(2011\)](#page-24-22) proposed a two-component disc scenario where the bulge is formed from a disc composed of thin and thick discs. In this scenario, the first thin disc was disturbed and heated into a thick disc via a minor merger with a dwarf galaxy at early times. A subsequent thin disc is gradually built up with the inner part developing a bar structure. Since more metal-poor stars at higher latitude originate from the already dynamically hotter thick disc, which was not strongly influenced by vertical mixing of the later bar, they are able to stay in-situ for much longer and keep the metallicity low at high vertical distance. Consequently, a vertical metallicity gradient of the bulge can be produced. A similar model was also suggested in Di Matteo et al. [\(2014\)](#page-24-23). This scenario may help explain the similarity in stellar populations between the bulge and the thick disc (Meléndez et al. [2008;](#page-25-31) Alves-Brito et al. [2010;](#page-24-24) Bensby et al. [2011\)](#page-24-13). However, it is still not entirely clear whether or not the bulge stars are a distinct population with different kinematics and compositions from the thick disc stars (e.g., Lecureur et al. [2007;](#page-25-10) Fulbright et al. [2007;](#page-25-24) Minniti and Zoccali [2008\)](#page-26-37).

10.4.2 Clump-Origin Bulges

Clump-origin bulges form through mergers of clumps in a primordial galactic disc. There have been attempts to link the Milky Way bulge with a clump-origin bulge. More discussions of clump-origin bulges may be found in Chap. 12 of this book.

Primordial galaxies are expected to be highly gas-rich in early stage of the disc formation, and massive star-forming clumps may form by gravitational instabilities. The clump can spiral into the center of the galaxy rapidly by dynamical friction, then merge to form a central bulge component (Noguchi [1999;](#page-26-38) Immeli et al. [2004a](#page-25-32)[,b;](#page-25-33) Bournaud et al. [2007;](#page-24-25) Elmegreen et al. [2008;](#page-24-26) Inoue and Saitoh [2012\)](#page-25-34). These results are consistent with the clumps in the chained galaxies observed at high redshift (Elmegreen et al. [2004\)](#page-24-27).

The reported properties of the clump-origin bulges still differ considerably in various numerical simulations. Elmegreen et al. [\(2008\)](#page-24-26) found the similarity between clump coalescence and major galaxies mergers in terms of orbital mixing. In their simulations, these giant star forming clumps migrated towards the galaxy center within a few dynamical time scales to form a classical bulge, that is thick, rotates slowly and follows a Sérsic density profile with large index (i.e. close to the $R^{1/4}$ law profile). Inoue and Saitoh [\(2012\)](#page-25-34) performed high resolution *N*-body/SPH simulations of clump-origin bulges by assuming a collapsing gas sphere embedded in an NFW halo. They found that their bulge has many properties indicating for a pseudobulge, such as a nearly exponential surface density profile, a barred boxy shape and strong rotation. They also found that this bulge consists of old and metalrich stars, similar to stars in the Galactic bulge. However, the clump-origin bulges made in these studies all failed to produce the defining characteristic of the Milky Way bulge, i.e., the strong cylindrical rotation pattern (Howard et al. [2009;](#page-25-13) Shen et al. [2010\)](#page-27-7). The relevance of clump-origin bulges to the Milky Way needs to be examined in greater depth in the future.

10.4.3 The Milky Way Bulge Formation in the Cosmological Setting

Ideally one would prefer to simulate the full evolution history of Milky Way formation with cosmological initial conditions. Such simulations will simulate the formation of the Galactic bulge in addition to thin and thick discs. The ambitious full chemo-dynamical simulations combine 3-D hydrodynamical simulations with the calculation of chemical enrichment, and obtain the positions, ages, chemical compositions, and kinematics of all star particles. Such detailed predictions can be compared to observations in large surveys. However, cosmological chemodynamical simulations are very computationally expensive, and much realism was still fudged in sub-grid physics.

With improved star formation and feedback models, cosmological disc simulations have made progress in making late-type disc galaxies in recent years. These simulations often use strong feedback models to prevent overproduction of stars at early times (see the recent review by Gerhard [2014\)](#page-25-35). Obreja et al. [\(2013\)](#page-26-39) analyzed and compared the bulges of a sample of L_{\ast} spiral galaxies in hydrodynamical simulations in a cosmological context. They found that the bulges show an early starburst-collapse fast phase of mass assembly, followed by a second phase with lower star formation rate, driven by disc instabilities and/or minor mergers. They suggested that one may associate the old population formed during the first rapid phase with a classical bulge, and the young one formed during the slow phase with a pseudobulge. The young population is more oblate, generally smaller, more rotationally supported, with higher metallicity and less α -enhanced than the old one. Guedes et al. [\(2013\)](#page-25-36) followed the formation and evolution of the pseudobulge in the Eris hydrodynamic cosmological simulation with a very high resolution. Their pseudobulge was built from the inner disc, and composed of mainly old stars that formed in the first step in the inside-out formation of the baryonic disc. So far these cosmological simulations (Guedes et al. [2013;](#page-25-36) Kobayashi [2014\)](#page-25-37) still do not have a boxy/peanut-shaped bulge as in the Milky Way. Cosmological simulations need a huge dynamic range to model the bulge and halo simultaneously, since the bulge is only \sim 1 kpc in size, and the halo is around \sim 200 kpc. So the spatial resolution required to resolve structures in the bulge may be too high. There is still a long way to go for the current chemo-dynamical simulations to explain the full evolution history of the Milky Way's bulge.

The ultimate goal of chemo-dynamical simulations is not only to reproduce the final results similar to observations, but also to make clear which process is responsible for each particular aspect of observations, which may require a large set of parameter studies. Only until we identify the basic factors contributing to the

more complex features can we claim to understand all the physics involved in the formation and evolution of the Milky Way.

10.5 Other Modeling Techniques

10.5.1 Bar Properties Constrained from Gas Kinematics

The presence of a bar structure in the Milky Way was first hinted by the non-circular gas kinematics (e.g., de Vaucouleurs [1964\)](#page-24-0). One may further use the features in the asymmetric gas flow pattern to infer the properties of the Galactic bar/bulge. Noncircular motions of atomic and molecular gas in the Galaxy are commonly presented in the $l - v$ diagram, which shows the distribution of gas emission line intensity as a function of Galactic longitude and line-of-sight velocity since distances to individual gas clouds are difficult to measure (e.g., Burton and Liszt [1993;](#page-24-2) Dame et al. [2001\)](#page-24-28). The high density features in the $l - v$ diagram represent the overdense regions of gas distribution driven mainly by the large-scale non-axisymmetric structures such as the Galactic bar and spiral arms. The features in the $l - v$ diagram, due to their unknown distances, must be interpreted through gas dynamical models, and they can provide important constraints on the properties of the bar and spiral arms.

There have been many hydrodynamic models of the gas flow in barred potentials derived from COBE near-infrared maps or star counts (e.g., Englmaier and Gerhard [1999;](#page-24-29) Bissantz et al. [2003;](#page-24-30) Rodriguez-Fernandez and Combes [2008\)](#page-26-40), or in selfconsistent barred models (e.g., Fux [1999;](#page-25-38) Baba et al. [2010\)](#page-24-31). These models have been able to reproduce many of the strong features in the $l - v$ diagram, even though no model was able to provide a good match to all the observed features. Fux [\(1999\)](#page-25-38) modelled gas dynamics with 3D *N*-body + SPH simulations. He found that the gas flow driven by a self-consistent bar is asymmetric and non-stationary. Snapshots at some specific times can qualitatively reproduce the observed $l - v$ diagrams of HI and CO . His model could reproduce the connecting arms, which represent the dust lanes as a result of strong bar-driven shocks, 3-kpc arm and 135 -km s⁻¹ arm (both arms are emanating from the ends of the bar). Based on his modeling results, he found that a bar angle of $25^{\circ} \pm 4^{\circ}$, a bar co-rotation radius of 4.0–4.5 kpc, and a bar pattern speed of \sim 50 km s⁻¹kpc⁻¹, consistent with his stellar modelling results (Fux [1997\)](#page-25-19).

Englmaier and Gerhard [\(1999\)](#page-24-29) studied gas dynamics in a rotating gravitational potential of the deprojected COBE near-infrared bar and disc. In their models, gas formed a pair of shocks at the leading side of the bar and a nuclear ring, typical of the gas flow pattern in a barred potential. Many observed gas dynamical features could be found in their models, such as the four-armed spiral structure, the 3-kpc arm, the terminal velocity curve (i.e., the envelope line of the $l - v$ diagram), tangent points, although some features are not exactly identical to those in observations.

They predicted a bar pattern speed of $\sim 60 \text{ km s}^{-1} \text{kpc}^{-1}$ and a bar angle of about 20° –25°, similar to the results from Fux [\(1999\)](#page-25-38). Bissantz et al. [\(2003\)](#page-24-30) simulated the gas flow with an updated potential further constrained by COBE maps and clump giant star counts in several bulge fields. They adopted separate pattern speeds for the bar and spiral arms, and suggested that such a configuration would help to make spiral arms pass through the bar co-rotation radius where the spiral arms dissolve in the single pattern speed simulations. The 3-kpc arm and its far-side counterpart in this work cannot be reproduced very well unless they use a massive spiral arm potential. They predicted a bar pattern speed of $\sim 60 \text{ km s}^{-1} \text{kpc}^{-1}$ and spiral arm pattern speed of $\sim 20 \text{ km s}^{-1} \text{kpc}^{-1}$, similar to previous results.

The bar pattern speed derived from gas dynamics may have some degeneracy with the bar size; a large bar length coupled with a lower bar pattern speed may work quite well to match gas observations. Li et al. [\(2015\)](#page-25-39) modelled gas flow pattern for the Milky Way using grid-based hydrodynamical simulations. Their basic bar potential was from an *N*-body model constrained by the density of bulge red clump stars (Portail et al. [2015a;](#page-26-0) Wegg and Gerhard [2013\)](#page-27-3). They found that a low pattern speed model for the Galactic bar may work, and the best model can give a better fit to the $l - v$ diagram than previous high pattern speed simulations.

10.5.2 Orbit-Based and Particle-Based Modeling

Although numerical simulations such as *N*-body can offer the full evolutionary history from plausible initial conditions, they also have weaknesses. Numerical simulations are inflexible in the sense that a lot of trials are required to reproduce the desired results by adjusting the initial conditions – this becomes very challenging especially for more sophisticated chemo-dynamical simulations which often rely on fudged sub-grid physics and are computationally costly, thus limiting the systematic exploration of parameter space to match the observational results.

Other modelling approaches such as the **Schwarzschild** and **made-to-measure** methods are complementary to *N*-body simulations. Both methods are good at steering models to match the desired final results.

The basic principle of the Schwarzschild orbit-superposition method is given in Schwarzschild [\(1979\)](#page-26-41). One first computes and finds the typical orbital families in a potential arising from an assumed triaxial density distribution. The time-averaged density along each orbit in a lattice of cells spanning the volume of the model is simply the total cumulative time spent by that orbit in each cell. Then linear/quadratic programming techniques are used to find the non-negative weights of each orbit to fit the assumed mass distribution and the kinematical data to achieve self-consistency. There is no unique solution for the orbital weights, but one may seek to maximize some objective function for a balance of χ^2 minimizations and smoother phasespace distributions (e.g., Richstone and Tremaine [1988;](#page-26-42) Thomas et al. [2005\)](#page-27-20). The stability of the constructed model is also not guaranteed, and generally needs to

be tested with an *N*-body code. The weighted orbital structure resulting from the Schwarzschild modeling can offer important clues to the formation history of a system.

Based on the Schwarzschild orbit-superposition method, Zhao [\(1996\)](#page-27-21) developed the first 3D rotating bar model that fitted the density profile of the COBE light distribution and kinematic data at Baade's window. His model was constructed with 485 orbit building blocks, and little stellar kinematic data were available to explore the uniqueness of this steady-state model. Häfner et al. [\(2000\)](#page-25-40) extended the classical Schwarzschild technique by combining a distribution function that depends only on classical integrals with orbits that respect non-classical integrals, i.e., Schwarzschild's orbits were used only to represent the difference between the true galaxy distribution function and an approximating classical distribution function. They used the new method to construct a dynamical model of the inner Galaxy with an orbit library that contains about 22,000 regular orbits. For definiteness, they assumed a bar angle of 20 $^{\circ}$ and bar pattern speed of 60 km s⁻¹ kpc⁻¹. The model reproduced the 3D mass density obtained through deprojection of the COBE surface photometry, and the then-available kinematics within the bar corotation radius (3.6 kpc).

Wang et al. [\(2012\)](#page-27-22) extended the Schwarzschild implementation of Zhao [\(1996\)](#page-27-21) and applied it with the extra kinematic constraints from the full BRAVA dataset (Kunder et al. [2012\)](#page-25-14). Using χ^2 minimization, their best-fitting Galactic bar model has a pattern speed of $60 \text{ km s}^{-1} \text{kpc}^{-1}$, a disc mass of 10^{11}M_{\odot} and a bar angle of 20° out of 36 models varying these parameters. Compared to Zhao [\(1996\)](#page-27-21), Wang et al. [\(2012\)](#page-27-22) can better reproduce the average radial velocity and the surface brightness distribution. However, their model over-predicted the longitudinal proper motions compared to the observed values. *N*-body tests showed that the model was stable only for a short period of 0.5 Gyr. They suspected that the instability arises because no self-consistency was imposed for the disc outside 3 kpc. Wang et al. [\(2013\)](#page-27-23) made further tests of their implementation using the *N*-body bar model in Shen et al. [\(2010\)](#page-27-7), with the hope to recover the given bar pattern speed and the bar angle in Shen et al. [\(2010\)](#page-27-7). They concluded that BRAVA radial velocities alone do not constrain well the bar angle and/or the pattern speed using their Schwarzschild implementation, and the observed proper motions may help to reduce the model degeneracy. Their method appeared to over-fit the BRAVA data points, indicating that the implemented smoothing of the phase space distributions may need improvement.

Building a complete and representative orbit library in bars, essential for the Schwarzschild method, is non-trivial. It is necessary to explore systematically which of the many possible orbit families could contribute to a self-consistent model, and to understand how they are affected by properties of the bar potential. For example, Schwarzschild modelling may help elucidate the actual orbital compositions supporting the prominent X-shaped/peanut-shaped structure in the Galactic bulge. There seem to be a large number of irregular/chaotic orbits in bars (e.g., Wang et al. [2012;](#page-27-22) Patsis and Katsanikas [2014a](#page-26-33)[,b\)](#page-26-43). We need to have a better idea on the fraction of chaotic orbits, classify them into major families, and identify the location of resonant orbits.

Uniqueness of the solution is also an undesired feature in the Schwarzschild modeling of the Galactic bar. There is considerable freedom to reproduce the existing data by different sets of orbital weights. More systematic studies are needed to explore how many different combinations of orbits still reach the same goodnessof-fit for a given potential, and how much the properties of the final bar can vary but still satisfy the same observational constraints.

Unlike the Schwarzschild method, **made-to-measure (M2M)** method (Syer and Tremaine [1996\)](#page-27-24) slowly adjusts the weights of the particles in an *N*-body system, instead of the orbital weights as in the Schwarzschild method, as particles proceed in their orbits until the time-averaged density field and other observables converge to a prescribed observational value. The particle weights are adjusted through a weight evolution equation according to the mismatch between the model and target observables. In the Schwarzschild method orbits are first separately integrated in a fixed potential and then superimposed, whereas in the M2M method the two steps are merged – orbits are integrated and the weights of particles are adjusted at the same time, thus eliminating the need for an orbit library. Also M2M can allow us to dynamically adjust the potential while Schwarzschild does not.

The M2M method was first applied to construct a dynamical model for the barred bulge and disc model of the Milky Way in Bissantz et al. [\(2004\)](#page-24-32). Since then the M2M method has been continuously improved in various implementations, and has gained growing interests in the dynamical modelling of galaxies, especially spheroidals and early-type galaxies (e.g., de Lorenzi et al. [2007,](#page-24-33) [2008,](#page-24-34) [2009;](#page-24-35) Dehnen [2009;](#page-24-36) Long and Mao [2010,](#page-25-41) [2012;](#page-25-42) Morganti and Gerhard [2012;](#page-26-44) Hunt and Kawata [2013;](#page-25-43) Hunt et al. [2013\)](#page-25-44). A modified χ^2 M2M was implemented to improve the algorithm to model both the density and kinematic data, account for observational errors and seeing effects, and incorporate a maximum-likelihood technique to account for discrete velocities (de Lorenzi et al. [2007,](#page-24-33) [2008\)](#page-24-34). Long and Mao [\(2012\)](#page-25-42) applied their design and implementation of the M2M method (Long and Mao [2010\)](#page-25-41) to 24 SAURON galaxies previously analysed by Cappellari et al. [\(2006\)](#page-24-37), and found generally good agreement between M2M and Schwarzschild methods in determining the dynamical mass-to-light ratio.

Long et al. [\(2013\)](#page-25-45) constructed a M2M model of the Galactic bar/bulge constrained by the BRAVA kinematics (Kunder et al. [2012\)](#page-25-14). They took the *N*-body model in Shen et al. [\(2010\)](#page-27-7) as initial condition and the target luminosity density. They ran a suite of 56 models with different pattern speeds and bar angles in search of the best-fitting one. Their best-fitting model recovered the bar angle and pattern speed of the Shen et al. [\(2010\)](#page-27-7) *N*-body model, and reproduced both the mean radial velocity and radial velocity dispersion of the BRAVA data very well. Since they used BRAVA results as kinematic constraints and the Shen et al. [\(2010\)](#page-27-7) model as the target luminosity density, this work is actually a cross-check between the direct *N*-body modelling and the M2M method. Hunt and Kawata [\(2013\)](#page-25-43) and Hunt et al. [\(2013\)](#page-25-44) modelled disc systems with their own design and implementation of the M2M method (particle-by-particle M2M method, or PRIMAL). They showed that

PRIMAL can recover the radial profiles of the surface density, velocity dispersions, the rotational velocity of the target discs, the apparent bar structure and the bar pattern speed of the bar.

Recently, Portail et al. [\(2015a\)](#page-26-0) constructed dynamical models of the Galactic boxy/peanut bulge, using the 3D density of red clump giants (Wegg and Gerhard [2013\)](#page-27-3) and BRAVA kinematics as observational constraints. They tried to match the data using their M2M code (de Lorenzi et al. [2007,](#page-24-33) [2008\)](#page-24-34), starting with *N*body models for barred discs in different dark matter haloes. In this work, they estimated the total dynamical mass (including both stellar and dark matter halo) as $1.84 \pm 0.07 \times 10^{10}$ M_o inside the rectangular box of $\pm 2.2 \times \pm 1.4 \times \pm 1.2$ kpc. They used BRAVA kinematical data to constrain the models, but the proper motion data (Rattenbury et al. [2007a\)](#page-26-15) are used only as a check of their modelling. Their models tend to be more anisotropic than the data. Given the different significance of the disc component in their initial conditions, their five models sample a wide range of pattern speeds of the final bar structures, ranging from $R \sim 1.08$ to 1.80, where $R = R_{CR}/R_{bar}$ is the dimensionless parameter characterizing the pattern speed of the bar. They got a scaled value of $25-30 \text{ km s}^{-1} \text{kpc}^{-1}$, significantly lower than previous estimates with various methods $(40-60 \text{ km s}^{-1} \text{kpc}^{-1})$. If confirmed, this puts the Galactic bar among slow rotators ($R \geq 1.5$).

In summary, both the Schwarzschild and M2M methods are designed to steer models with pre-determined initial conditions towards prescribed observed results. M2M models include aspects of both Schwarzschild methods and regular *N*-body simulations. When the gravitational potential of the target system is held fixed, the searching process for a distribution of particle weights is closely related to that for a distribution of orbital weights in Schwarzschild's method to fit the same observational constraints. Conversely, when the adjustment of particle weights is switched off and the potential is allowed to evolve, M2M particle codes can reduce to *N*-body simulations (Gerhard [2010\)](#page-25-46). On the other hand, both types of modelling only construct self-consistent equilibrium models, but they do not tell us how the Galaxy evolved into the current equilibrium configuration from what initial conditions. The most important value of these modelling techniques is that they give us predictive power and suggest further observational tests to confirm or constrain the structural parameters of the bar/bulge.

10.6 Summary and Future Outlook

Understanding the structure and formation of our Milky Way bulge is nontrivial, mostly because of our location in the disc plane and the severe dust extinction in the optical band. Near infrared images from the COBE satellite presented the first clear evidence of a boxy bulge in the Galaxy. Recent large dedicated surveys have allowed a large number of bulge stars to be studied individually in detail. Most bulge stars are very old with a wide range of metal abundances, and they formed earlier than most disc stars on a rapid formation time scale. Observationally, we still need to better understand the bulge metallicity components identified by Ness et al. [\(2013a\)](#page-26-7) and their kinematic signatures (Ness et al. [2013b\)](#page-26-17). Future large surveys will also need to settle whether or not the recently identified X-shaped structure is populated mainly by metal-rich stars, instead of metal-poor ones (Nataf et al. [2014\)](#page-26-29).

The Galactic bulge contains crucial information about the formation of evolutionary history of the Milky Way. To unravel these clues theoretical modelling of the bulge is essential. Here we have reviewed recent advances in modelling the Galactic bulge with *N*-body, chemo-dynamical simulations, and other modelling techniques. The main body of the Milky Way bulge appears to be a buckled/thickened bar seen somewhat end-on, as hinted from its asymmetric boxy shape. One can construct a fully evolutionary bar model that matches many properties of the Galactic bulge reasonably well (Sect. [10.2\)](#page-4-0). The dynamical evolution of the bar/bulge was driven mainly by two consecutive disc instabilities. The bar forms naturally from a cold massive precursor disc via the well-known bar instability. Shortly after its formation, the bar suffers from a vigorous buckling instability, and becomes a thickened structure that appears boxy or peanut-shaped when seen edge-on. Such a model self-consistently evolves from plausible simple initial conditions, and is successful in explaining many aspects of the Milky Way bulge, such as the excellent match to the kinematics of the whole bulge, the X-shaped structure that naturally arises in the bar buckling process, reasonable bar angle and other bar parameters consistent with independent structural analysis, and the metallicity map.

This simple model provides a promising starting point, but there are still many open questions to be answered in more sophisticated chemo-dynamical models. For example, what is the exact mass fraction of a possible classical bulge hidden underneath the dominant boxy bulge; how the fossil record of the early inner Galaxy (thick disc, old and younger thin discs) is mapped into the bulge structure, i.e., how to better understand the bulge metallicity components identified by Ness et al. [\(2013a](#page-26-7)[,b\)](#page-26-17) in the ARGOS survey, and their correlation with the kinematics; how the strongly barred X-shaped structure is populated preferentially by metal-rich stars; is there a solid connection between the bulge and the thick disc (Bekki and Tsujimoto [2011;](#page-24-22) Di Matteo et al. [2014\)](#page-24-23)?

Ongoing and upcoming large surveys will undoubtedly shed new light on the Milky Way bulge. *Gaia* will provide accurate parallaxes and proper motions of about 20 million stars along all the lines of sight towards the bulge (Robin et al. [2005\)](#page-26-45). Complementary to the *Gaia* mission, ongoing ground based surveys such as APOGEE, VVV, *Gaia*-ESO, GIBS will also provide us huge amount of highresolution spectroscopic data. With the large influx of data and the improvements in theoretical models, we are poised to make greater progress in putting together all puzzle pieces of the Milky Way bulge.

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