# **Chapter 10 Overcoming Cancer Cell Resistance to Death Receptor Targeted Therapies**

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 **Abstract** Death receptors (DRs) are promising targets for cancer therapies because of their ability to induce apoptosis in cancer cells. These receptors are characterized by an intracellular death domain, which transmits a death signal from their cognate ligands, including TNF-related apoptosis inducing ligand (TRAIL). Currently, multiple clinical trials are underway to evaluate the antitumor activity of recombinant human TRAIL and agonistic antibodies to its receptors DR4 and DR5. Although the products have shown a tolerated safety profile in the completed phase 1 studies, a large number of cancer cell lines are found to be resistant to these agents, raising a concern about their clinical efficacy. This review provides an update of recent advances in understanding the molecular mechanisms involved in cancer cell resistance to DR4/DR5 targeted therapies. This information will be further discussed with respect to combinational strategies to overcome or bypass resistance mechanisms towards a better treatment outcome.

 **Keywords** Death receptors • Apoptosis • Targeted therapies • Drug resistance • Predictive biomarkers • Combinational therapies

# **Abbreviations**

- 5-dAzaC 5-Aza-2′-deoxycytidine 5-FU 5-Fluorouracil
- AE Adverse effects

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## **10.1 Introduction**

 The cell surface death receptors are promising targets for cancer therapy due to their ability to induce apoptosis in cancer cells. To date, six human death receptors (DRs) have been identified, including Tumor Necrosis Factor Receptor (TNFR) 1, Fas (CD95), DR3, DR4 (TRAIL-R1), DR5 (TRAIL-R2) and DR6. These receptors are characterized by an intracellular death domain that transmits a death signal from their respective cognate ligands including TNFα, FasL, and TNF-related apoptosis inducing ligand (TRAIL/Apo2L). Despite the ability of  $TNF\alpha$  and FasL to induce apoptosis in cancer cells, severe toxicities to normal cells leading to hypertension and hepatotoxicity preclude their use in systemic cancer therapy  $[1, 2]$  $[1, 2]$  $[1, 2]$ . In contrast, recombinant human TRAIL (rhTRAIL) preferentially induces apoptosis in a variety of tumor cell lines without harming many normal cell types  $[3, 4]$  $[3, 4]$  $[3, 4]$ . Moreover, administration of rhTRAIL into mice bearing human tumor xenografts induces significant tumor regression without systemic toxicity. These promising results have led to multiple clinical trials of rhTRAIL and agonistic antibodies to DR4 or DR5 as potential anticancer therapies (Table  $10.1$ ). These products have shown a



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Table 10.1 (continued) (continued) **Table 10.1**



a Additional information obtained from [https://clinicaltrials.gov](https://clinicaltrials.gov/) b Non-small cell lung cancer

c Triple Negative Breast Cancer well-tolerated safety profile in the completed Phase I studies  $[5-9]$ . However, a significant portion of tumor cell lines as well as primary human tumor cells are found to be resistant to these therapies due to intrinsic or acquired mechanisms  $[10-14]$ . Undoubtedly, non-responsive patients will not benefit from the treatments but may still suffer from the potential side effects. An in-depth analysis of resistance mechanisms could facilitate the identification of biomarkers for predicting tumor response to the DR-targeted therapies and aiding in the development of combinational therapies to overcome resistance towards a better clinical outcome of cancer treatment.

#### **10.2 Apoptosis Signaling Through Death Receptors**

 Like other TNF ligands, native TRAIL exists as a homotrimer that cross-links its death receptors (DRs) 4 and/or 5 on the surface membrane of target cells (Fig. [10.1 \)](#page-7-0). The agonistic antibodies act in a similar mode. Activation of DR4 and/or DR5 results in the recruitment of the adaptor molecule Fas-associated death domain (FADD) and the procaspase-8 or -10 into a death-inducing signaling complex (DISC). Within the DISC, caspase-8 or -10 is activated by self-processing that subsequently activates the downstream effector caspases such as caspase-3, -6, and -7 in a mitochondrial-independent or -dependent manner. The latter process is linked by caspase-8 mediated truncation of Bid (tBid)  $[15-17]$ . The activated caspases propagate apoptotic programming by cleaving a wide range of structural and signaling proteins, ultimately leading to apoptosis of the target cell. TRAIL resistance has been associated with defects in the relevant apoptosis signaling components or regulatory proteins. These factors will be discussed with respect to their functional relevance in cancer resistance: (1) functionality of receptors, (2) availability of caspases, and (3) status of regulatory proteins.

# 10.2.1 Deficiency of Surface Death Receptors

 Initiation of a death-signaling cascade relies on the surface expression of DR4 and DR5 for TRAIL or antibody ligation. Deficiency of these receptors on the cell membrane is enough to render cancer cells resistant to TRAIL-induced apoptosis, regardless of the expression status of other signaling proteins. This lack of surface expression is seen in a variety of cancer lines and primary tumor cells, including those derived from breast  $[14]$  and oral squamous carcinoma  $[18]$ . The absence of death receptors on the surface membrane of the cell does not correlate with receptor total protein levels [ [14 \]](#page-17-0), indicating these receptors are trapped within the cell. Many mechanisms have been implicated in this mislocalization of the death receptors, such as unsuccessful trafficking to the plasma membrane  $[19-22]$ , increased endocytosis  $[13, 14, 23-25]$  $[13, 14, 23-25]$  $[13, 14, 23-25]$ , and autophagosome localization  $[26]$ . Studies have shown

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 **Fig. 10.1** Checkpoints of TRAIL-induced apoptosis signaling pathway. The TRAIL apoptotic signaling pathway is initiated through ligation of TRAIL or agonistic antibodies targeting DR4/5. This ligation induces assembly of a DISC composed of FADD and pro-caspase 8/10. Caspase 8 is activated and released to initiate caspase 3/7 to induce apoptosis. Caspase 8 can also cause the cleavage of Bid to truncated Bid (tBid), linking to the mitochondrial-dependent caspase activation. The key resistance mechanisms include surface deficiency of  $DR4/5$   $(R1)$ , upregulated c-FLIP (R2), caspase 8 deficiency (R3), Bcl2 protein family over-expression (R4), inhibitor of apoptosis proteins  $(R5)$ , caspase 3 deficiency  $(R6)$ , and mislocalization of the DRs to autophagosomes  $(R7)$ , the nuclear membrane (R8) or other membrane localization (R9) within the cytoplasm. To achieve better cancer treatment outcomes, combinational therapies can be used to circumvent the specific resistance mechanisms in cancer cells

in cells with deficient surface expression, the DRs are mainly found in the cytoplasm and the nucleus  $[19-22, 27, 28]$  $[19-22, 27, 28]$  $[19-22, 27, 28]$ . Our work has shown that both DR4 and DR5 undergo constitutive or ligand-induced internalization in some breast cancer cell lines [12–14]. Constitutive endocytosis may occur through faulty dileucine-based

sorting signals, such as EAQC337LL within DR4. DR4/DR5 endocytosis is just beginning to be understood, but may be a mechanism to terminate apoptosis signaling through TRAIL receptors [13].

 Autophagy and Ras-dependent events have also been implicated in the surface deficiency of the death receptors. Our work has shown that TRAIL-resistant breast cancer cells have higher levels of basal autophagosomes, with DR4 and DR5 located within LC3-II labeled autophagosomes  $[26]$ . This autophagosomal localization may confer TRAIL resistance to the cell, preventing receptor trafficking to the membrane. This resistance due to autophagy has been reported in pancreatic cancer cell lines [\[ 29](#page-18-0) ]. Implications of Ras small GTPase in DR-mediated apoptosis come from a study of oral squamous cell carcinomas, which found that TRAIL sensitivity correlated with expression of endogenous Ras [18]. In fact, constitutive expression of active Ras with mutant RasV12 selectively upregulated surface expression of DR5 and restored TRAIL-sensitivity in resistant cell lines. Similar findings were observed in colon cancers where overexpression of H-Ras increased death receptors through a MEK-dependent pathway [30]. Conversely, K-Ras mutations confer resistance to pancreatic and lung cancer cell lines  $[31]$ . Our laboratory has recently shown that wild-type H-Ras is upregulated in some cancer cells where it renders cancer resistance to TRAIL and is closely correlated with a deficiency of surface DR4 and DR5 [18]. Mutations in the Ras family are commonly found in tumors and, therefore, further studies on Ras' effect on TRAIL sensitivity are warranted to better understand the pleiotropic effects Ras family members have on tumor resistance.

DR5 was thought to be the primary receptor for TRAIL leading to apoptosis in various types of cancer cells. At least six anti-DR5 antibodies, which compares with only one anti-DR4 antibody, are currently under development (Table  $10.1$ ). Indeed, our studies have shown that DR4 is deficient at a much higher frequency than DR5 [14]. This observation suggests that targeting DR5 would be more beneficial in cancer treatment in several types of cancer lines. Our studies also show that TRAIL requires both DR4 and DR5 for a maximal killing in breast cancer cells. The two death receptors may act synergistically by forming hetero-receptor complexes  $[14]$ . The surface deficiency in either receptor would lower the sensitivity of target cells to TRAIL. Paradoxically, other studies show that TRAIL induces apoptosis exclusively through DR4 in cancer cell lines from skin  $[32]$ , ovary  $[33]$ , and leukocytes [34] as well as primary cells from chronic lymphocytic leukemia and mantle cell lymphoma [35]. The molecular basis for this preference of TRAIL is not clear but may be due to differences in the functional status of death receptors in a specific tumor.

# 10.2.2 Deficiency of Caspase 8 and 10

 Inhibition of initiator caspases is another mechanism of preventing death receptor- mediated apoptosis. Cells that lack expression of critical initiator caspases-8 and -10 are found to be resistant to TRAIL-induced apoptosis [36].

For instance, some colon cancer cell lines resist TRAIL-mediated apoptosis by reducing basal procaspase-8 and by increasing active caspase-8 degradation after TRAIL exposure [37]. Alteration of the genetic code, deletion of genetic material, and aberrant gene methylation are also common pathways leading to loss of gene function in human cancers. Many human tumors reduce expression of caspase-8 through hyper-methylation, as was observed in glioma cells with stem cell features [38] in primitive neuroectodermal (PNET) brain tumors [39], small cell lung cancers (SCLC)  $[40]$  and in neuroblastomas  $[41]$ . The study with PNET tumors found that caspase-8 mRNA and protein expression of caspase-8 could be restored with the DNA methylation inhibitor 5-aza-2'-deoxycytidine [39]. Other studies have demonstrated that interferon (IFN)-γ is capable of restoring caspase-8 expression that is silenced by methylation  $[40]$ . The identification of new strategies to overcome methylation of caspase-8 is critical to the promotion of DR-mediated therapies.

## *10.2.3 Upregulation of Anti-Apoptosis Proteins*

 DR-mediated caspase activation is also regulated by intracellular proteins such as c-FLIP, IAPs and Bcl2 family members. Cellular FLICE (FADD-like IL-1-betaconverting enzyme) inhibitory protein (c-FLIP) is a master anti-apoptotic regulator and resistance factor that suppresses death receptors including TNF- $\alpha$ , Fas, and TRAIL. c-FLIP is a family of alternatively spliced variants that primarily consist of long (c-FLIP(L)) and short (c-FLIP(S)) splice variants, and both forms can protect cells from apoptosis  $[42]$ . c-FLIP competes with the initiator caspases for binding to FADD due to the high sequence homology to the caspase death domains [ [43 \]](#page-19-0). The binding of c-FLIP to the death domain of the death receptors prevents DISC formation and subsequent activation of the caspase cascade.

 Another mechanism utilized by cancer cells to resist TRAIL-induced apoptosis is upregulation of the inhibitor of apoptosis proteins (IAP). IAP family members are characterized by the presence of a  $\sim$  70 amino acid motif referred to as the baculovirus IAP Repeat (BIR) domain [ [44 \]](#page-19-0). These BIR domains mediate IAP binding and caspases inhibition. The most potent IAP is the X chromosome-linked inhibitor of apoptosis (XIAP), which inhibits the function of effector caspases including Caspase-3,  $-7$ , and  $-9 \left[ 45 \right]$  $-9 \left[ 45 \right]$  $-9 \left[ 45 \right]$ . The inhibitory activity of XIAP is overcome by a protein called second mitochondrial activator of caspases/direct inhibitor of apoptosisbinding protein with low pI (Smac/DIABLO). Smac/DIABLO is released from mitochondria during apoptosis and antagonizes XIAP, promoting apoptosis in a positive feedback loop [46].

 Apoptosis is also prevented by upregulation of Bcl-2 family members, which include at least 20 proteins, all of which contain one or more conserved Bcl-2 homology (BH) domains. Bcl-2, Bcl-xL, Bcl-w, and Mcl-1 are members of the Bcl-2 family that inhibit apoptosis in response to many cytotoxic agents. Bcl-2 overexpression protects neuroblastoma, glioblastoma, and breast cancer cells from TRAIL-mediated apoptosis by blocking caspase-3, -7, and -9 cleavage as well as cleavage of XIAP  $[47, 48]$ . Resistance to TRAIL mediated by Bcl-xL was demonstrated in pancreatic cancer cell lines [\[ 49](#page-19-0) ]. These studies demonstrated that TRAIL treated BCL-xL expressing cells resulted in normal caspase-8 cleavage, but suppression of caspase-3 activity and apoptosis, which was abrogated by the administration of antisense oligonucleotides to BCL-xL mRNA [49]. Bcl-2 was also seen to be highly expressed in TRAIL-resistant tissues  $[50]$ . The upregulation of antiapoptotic proteins will aid in cancer survival to TRAIL receptor agonists.

# **10.3 Ongoing Clinical Trials Evaluating DR-Targeted Therapies**

 Multiple clinical trials are underway to evaluate recombinant human TRAIL and agonistic antibodies against DR4 or DR5. Dulanermin (Apo2L/TRAIL/AMG951; Amgen/Genentech) is presently the only recombinant form of human TRAIL in clinical trials. Monoclonal antibodies against DR4 such as mapatumumab (human IgG1; GSK) or DR5 which include lexatumumab (human IgG1; GSK), drozitumab (human IgG1; Genentech/Roche), tigatuzumab (humanized IgG1; Daiichi-Sankyo), conatumumab (human IgG1; Amgen), and LBY135 (chimeric mouse/human IgG1; Novartis) are being developed to in phase I/II clinical studies. Another possible solution is a recombinant adenovirus encoding TRAIL, Ad-TRAIL, is in early development for cancer therapy [51]. A summary of the clinical trials that involved these therapies is found in Table [10.1 .](#page-2-0) Understanding the resistance mechanisms to these drugs will advance the development of combinational therapies to overcome cancer death evasion.

#### *10.3.1 Major Safety Findings from Phase 1 Studies*

 Clinical trials have shown death receptor targeting therapeutics do not have substantial toxicity, with the majority of side effects being fatigue and nausea. Dulanermin was given to 71 patients in a Phase 1 trial to patients with advanced cancer [7]. The adverse events (AE) associated with treatment were mostly mild, though two patients with sarcoma (synovial and undifferentiated) experienced serious AEs associated with rapid tumor necrosis. Agonistic anti-DR4 therapy, mapatumumab, was also well tolerated in Phase 1 studies, with no drug-related hepatic or dose-limiting toxicities (DLT)  $[52, 53]$ . Mapatumumab was given to 41 patients with advanced cancer and the majority of adverse events were grade 1 (mild) or 2 (moderate) on a 5 point scale  $[54]$ . Clinical studies which passed into phase II did not demonstrate an ability to shrink tumors within refractory colon cancer [ [55](#page-19-0) ] or non-SCLC (NSCLC) [\[ 56 \]](#page-19-0). Agonistic antibodies targeting DR5 have also shown tolerance in clinical studies across a variety of tumor types with minor

DLT [57, 58]. In one study, lexatumumab was given to 37 patients, resulting in DLTs including asymptomatic elevations of serum amylase, transaminases, and bilirubin [59]. Similar observations were seen for drozitumab  $[6]$ , tigatuzumab  $[60]$ , and conatumumab  $[61]$ .

#### *10.3.2 Current Combinational Therapies*

 Survival mechanisms for cancer cells result from multiple pathways, suggesting a combination of therapeutics could potentially work well together to target TRAILresistance. In anticipation of tumor resistance to TRAIL signaling pathway targets, the ongoing Phase 2 studies are focused on evaluation of the DR-targeted therapies in combination with classical chemotherapies or other targeted therapies. These include paclitaxel and carboplatin used for NSCLC  $[62]$ , gemcitabine for advanced pancreatic cancer  $[63]$ , doxorubicin in unresectable soft tissue sarcomas  $[64]$  and FOLFOX for colorectal cancer [65].

 The primary mechanisms of action (MOA) for Paclitaxel is inhibition of mitosis by stabilizing microtubules during cell division, while the MOA for platinum compounds like carboplatin is binding DNA, forming crosslinks that affect DNA replication. These compounds may combine well with DR-targeting therapies. Paclitaxel, and other taxanes such as docetaxel, increase the surface expression of DR4/DR5 [ $66, 67$  $66, 67$ ] and decrease AKT activity  $[68]$ . Additionally, the platinum family of com-pounds, such as carboplatin, cisplatin, and oxaliplatin, increase DR4/DR5 [65, [66](#page-20-0)] and decrease levels of c-FLIP [69]. Current trials have combined Dulanermin with paclitaxel, carboplatin, and bevacizumab in NSCLC and were well tolerated with 58 % progression free survival [70] but in studies combining carboplatin/paclitaxel with tigatuzumab there was no improvement over the efficacy of the chemotherapeutics [71]. Fully understanding the mechanisms through which chemotherapies can enhance DR-induced apoptosis is needed.

 Gemcitabine is the standard treatment for patients with advanced pancreatic cancer. Gemcitabine is a nucleoside analog of cytidine but with fluorine atoms replacing the hydrogen atoms on the secondary carbon, resulting in inhibited DNA replication. There is evidence to suggest that gemcitabine may also combine well with DR-targeted therapies. Pyrimidine chemotherapies such as gemcitabine and 5-Fluorouracil reduce the levels of c-FLIP  $[42]$  and increase caspase-8 activity  $[72, 6]$ [73 \]](#page-21-0), both of which are common mechanisms of resistance against DR-induced apoptosis. When gemcitabine was combined with tigatuzumab, 45 % of patients with metastatic pancreatic cancer within a phase II trial showed disease stability [\[ 74](#page-21-0) ]. Gemcitabine was also tested in combination with cisplatin and mapatumumab, showing toleration and stable disease progression for a median of 6 months in 25 out of 49 patients [75].

 Additionally, there are a series of chemotherapy regimens used for the treatment of colorectal cancer with names such as FOLFOX or FOLFIRI. Combining *FOLolinic* acid, *Fluorouracil*, and *OXaliplatin* is known as FOLFOX, while

 replacing oxaliplatin with *IRI* notecan is known as FOLFIRI. Fluorouracil, in particular 5-fluorouracil (5-FU), is a pyrimidine analog that inhibits thymidylate synthase. Folinic acid (leucovorin) augments the function of 5-FU. Oxaliplatin, similar to carboplatin, cross-links DNA preventing replication and transcription. Irinotecan is a topoisomerase inhibitor. The dosage regimens of FOLFOX can be modified and the resulting treatments include names like FOLFOX6 and modified FOLFOX6 (reviewed in  $[76]$ ). The 5-fluorouracil and oxaliplatin components of FOLFOX are known to sensitize tumors to DR-targeted therapies. Drozitumab combined with both mFOLFOX6 and Bevacizumab resulted in stable disease for three out of eight patients treated [\[ 77](#page-21-0) ]. FOLFOX combined with Conatumumab has also been explored in metastatic pancreatic cancer [78].

 When treating the apoptotic signaling pathway, combinational therapies can expand to incorporate alternate signaling pathways. Current work is focusing on combining targets against the insulin-like growth factor receptor (IGFR) pathway [79] and the epidermal growth factor receptor (EGFR) pathway [80] with anti-DR5. IGFR agonistic antibody ganitumab with conatumumab showed tumor shrinkage and 36 % stable disease across patients with NSCLC, colorectal cancer, sarcoma, pancreatic cancer, and ovarian cancer [79]. Ganitumab was also combined with conatumumab and FOLFIRI, but resulted in patients with the FOLFIRI and conatumumab demonstrating progression-free survival  $[81]$ . Combining conatumumab and soluble TRAIL has shown increased DR clustering, resulting in increased DISC creation [82, [83](#page-21-0)]. Further studies combining different DR-agonists could yield interesting results for apoptosis induction.

#### *10.3.3 Alternate Combination Strategies*

 Studies aim to improve the antitumor activity of DR4/DR5 by rationally designing mixtures that would overcome or bypass the resistance mechanisms within cancer cells. These include combinations with classical chemotherapies such as the ones discussed earlier. To further improve synergistic therapies, the main resistance mechanisms within the cell described earlier should be targeted, such as surface deficiency of DR4 and DR5, increased c-FLIP expression, decreased caspase-8 activity, and overexpression of anti-apoptotic proteins, such as XIAP.

Receptor deficiency on the cell surface is sufficient to render cancer cells resistant to TRAIL-induced apoptosis. Chemotherapies such as cisplatin and carboplatin can be used in combination with DR targeting therapeutics due to their ability to increase the surface expression of DR5 [66]. The proteasome inhibitor bortezomib [ $84, 85$ ], the anti-melanoma drug ADI-PEG20 [ $86$ ], p53 activating agents [ $87$ ], anti-angiogenic therapies such as 3TSR [88], and histone deacetylase inhibitors [89, [90](#page-22-0)] have shown increases in surface DR expression, sensitizing cells to TRAIL. Therapies which increase DR expression can act synergistically with rhTRAIL or antibodies, dependent on a functional caspase signaling cascade.

 c-FLIP is an important target for cancer therapy. Small interfering RNAs (siRNAs) that inhibited the expression of c-FLIP(L) in human cancer cell lines augmented TRAIL-induced DISC recruitment, activation, processing, and release of caspase-8 [\[ 91](#page-22-0) , [92](#page-22-0) ]. The siRNA knockdown of c-FLIP is also postulated to target the tumor initiating cells within breast cancer lines  $[93]$ . Additionally, bortezomib is known to reduce c-FLIP expression [94] and sensitize cells to recombinant or immune-mediated TRAIL killing [95]. Small molecule-mediated inhibition of c-FLIP may have a strong therapeutic outlook  $[96]$ .

 Hyper-methylation of caspase-8 is a well-studied mechanism of caspase-8 silencing  $[38, 40]$  $[38, 40]$  $[38, 40]$ . Demethylating agents, such as  $5-Az^2$ -deoxycytidine (5-dAzaC), are capable of restoring caspase-8 expression caused by hypermethylation [38, 97]. In fact, treatment of neuroblastoma with a combination of low concentrations of 5-dAzaC and IFN-γ restored caspase-8 expression and sensitized tumors to TRAIL-mediated apoptosis [98]. Overexpression of IFN- $\gamma$  combined with XIAP inhibitors increased caspase-8 activity in pancreatic cell lines sensitized cancer cells to TRAIL [99].

 XIAP inhibitors also present a promising approach to augmenting TRAILmediated apoptosis. Small molecule inhibitors of XIAP cooperate with TRAIL to induce apoptosis in childhood acute leukemia cells via enhanced TRAIL-induced activation of caspases, loss of mitochondrial membrane potential, and cytochrome c release in a caspase-dependent manner  $[100]$ . Another potential method of reducing XIAP levels is through the sub-toxic doses of roscovitine, a specific inhibitor of Cdc2 and Cdk2 [101]. Roscovitine treated TRAIL-resistant glioma cells reduced their expression of XIAP and survivin, two major inhibitors of caspases, and sensitized the cells to TRAIL-mediated apoptosis. Treatment of selumetinib (therapeutic targeting the MEK pathway)  $[102]$  or Dacarbazine  $[103]$  both downregulated IAPs and sensitized the cells to TRAIL. Modulation of the pro-apoptotic and antiapoptotic signaling pathways through chemotherapy and alternative targeted therapeutics will combine well with DR-targeted therapies to induce cancer cell death.

# *10.3.4 Predictive Biomarkers for Cancer Response*

 Successful application of combinational therapies relies on predictive biomarkers of patient response. Biomarkers are currently being evaluated to improve therapeutics targeting the apoptosis signaling pathway  $[104]$ . The first indicator of potential responsiveness to DR targeted therapies is expression of DR4 or DR5. However, many studies have demonstrated that sensitivity cannot be predicted based on DR4 or DR5 surface expression alone  $[18, 27, 105, 106]$ . Studies from our laboratory have pursued this research topic.

We have identified a gene signature of over 71 over-expressed genes that were predictive of TRAIL sensitivity by examining the genome-wide mRNA expression profiles of 95 human cancer cell lines [11]. The over-expressed genes were dominated by two functionally related gene families: interferon-induced genes and major histocompatibility genes. These data are consistent with the findings that treatment of cancers with interferon sensitizes the tumors to TRAIL-related therapies [98]. Another study approached the identification of biomarkers for TRAIL via mRNA expression and had very interesting results. The mRNA expression profiles of pancreatic, NSCLC, and melanoma cell lines showed that up to 30 % of these tumors had increased expression of GALNT14, a peptidyl O-glycosyltransferase. The investigators were able to increase or decrease TRAIL sensitivity by selectively overexpressing or silencing GALNT14 [27].

 Another possibility for identifying biomarkers that indicate apoptosis sensitivity is to look at autophagy. Autophagy and apoptosis have a complex relationship, either being triggered together or developing through mutually exclusive processes. Our studies indicate one role for autophagy is to protect tumor cells from TRAILmediated apoptosis. During autophagy, cellular components, including membrane components containing DR4 and DR5, are invaginated into autophagic vesicles (autophagosomes). These autophagosomes fuse with lysosomes to form autolysosomes wherein autophagic cargos are degraded. Our studies indicate that this process also provides tumors with resistance to death receptor-mediated therapies [26]. Breast cancer cell lines with high levels of basal autophagic function in nutrient rich conditions have a high level of TRAIL resistance. Similar levels of basal autophagy were found in pancreatic  $[107]$ , melanoma  $[108]$ , and NSCLC  $[109]$ . The basal autophagic activity sequesters death receptors into intracellular compartments where they are not exposed to TRAIL and thus are resistant. Our studies indicate that the death receptors were housed in LC3-II labeled autophagosomes, and disruption of the autophagosomes restored surface expression of death receptors and increased sensitivity to TRAIL. Analysis of tumors for LC3-II may provide predictive markers of tumor resistance to TRAIL-related therapies.

 Oncogenic proteins, such as Ras GTPases, may also provide unique opportunities to identify biomarkers for TRAIL sensitivity. Many cancer types upregulate the Ras signaling pathway due to gain of function mutations in *ras* genes themselves or alterations in the proteins that regulate Ras  $[110-112]$ . Ras is also shown to promote activation of cell death pathways, in contrast to its best known function of promoting growth  $[113]$ . Ras interacts with various downstream effector targets such as MEK, PI3K, and Rho GTPases [114, [115](#page-23-0)]. Recent evidence suggests that Ras regu-lates the expression of death receptors and increases TRAIL sensitivity [30, [116](#page-23-0), [117 \]](#page-23-0). In fact, transfection of oral squamous cell carcinomas with H-RasV12, a constitutively active H-Ras mutant, increased surface expression of DR5 and sensitivity to either TRAIL or anti-DR5  $[18]$ . These findings support the idea of using Ras as a biomarker for predicting DR sensitivity.

 The involvement of Ras in TRAIL sensitivity of tumors is pertinent because of the expansion of growth factor inhibitors currently used to treat cancer. The human epidermal receptor (HER) family of growth factor receptors, including members EGFR and HER2, are important regulators of tumor cell proliferation, survival, angiogenesis, and metastasis  $[118]$ . Engagement of an HER by its cognate ligand initiates the Ras signaling pathway. EGFR and HER2 are frequently aberrantly overexpressed or mutated in a wide range of tumors; therefore, these receptors

 represent attractive targets for cancer treatment. This has resulted in the development of multiple anti-HER therapeutics, including mAbs trastuzumab (anti-HER2), cetuximab (anti-EGFR), and multiple small molecule tyrosine kinases inhibitors targeting EGFR (e.g. gefitnib, erlotnib) and HER2 (e.g.  $CP-724$ ,  $714$ , M578440).

 It has been reported that TRAIL activates the EGRF pathway, and that the cetuximab- mediated sensitization to TRAIL is due to the inhibition of TRAILmediated EGFR activation in colorectal cancers [119]. Additionally, the combination of cetuximab with TRAIL resulted in increased clustering of DR4 and FADD into lipid rafts  $[120]$ , which is known to enhance the function of death receptors [121]. Breast and ovarian cancers treated with trastuzumab are also sensitized to DR-mediated apoptosis. Trastuzumab treatment decreases Akt kinase activation but not mitogen-activated protein kinase activation and sensitizes cell lines to TRAIL [122]. These studies indicate that anti-HER therapeutics, in addition to their direct suppression of tumor growth, also provide favorable conditions for TRAIL-triggered apoptosis.

### **10.4 Perspectives**

 There is great potential in TRAIL-based therapies, yet the limitations of TRAIL receptor agonists as a single agent need to be overcome. The benefits of TRAIL as a targeted therapeutic with mild toxicity are outweighed by the lack of efficacy in clinical trials due to the protein's short half-life and the cancer cell's TRAIL resistance mechanisms. Thus, a renewed effort into combinational therapies that counter these resistances allowing DR targeted therapies to initiate apoptosis is needed.

The most effective combinational therapies will overcome DR surface deficiency, loss of the initiator caspases-8 and -10, and overexpression of anti-apoptotic molecules such as c-FLIP and XIAP. Many current combinations use chemotherapies to upregulate DR expression or inhibit anti-apoptotic proteins. The clinical use of combination therapy promotes investigation of molecular interactions of combination components, as not all chemotherapies will improve the efficacy of agonistic antibodies. The effectiveness of DR-targeted therapies will be maximized by optimizing therapies based on the resistances of different cancer types and for individual patients.

 The next generation of combination therapies that exploit cellular machinery to augment DR therapies is another exciting realm of future discoveries. The combination of DR-targeted therapies with EGFR inhibitors, such as cetuximab and trastuzumab, offer new potential avenues for cancer treatment now that scientists have a growing understanding of the influence that the EGFR-Ras pathway has on DR-mediated apoptosis. Our recent work demonstrating the high basal level of autophagy causing surface deficiencies of DRs recommend combinational therapies that target the Ras/EGFR pathway in combination with the DR pathway. Chemotherapeutics that inhibit autophagy offer promise by reducing the trafficking of DR4 and DR5 from the surface into autophagosomes. In fact, treatment of cells

<span id="page-16-0"></span>with hydroxychloroquine, an inhibitor of autophagy, increased caspase-3 activation and DR-mediated apoptosis  $[123, 124]$ . Future studies that directly inhibit autophagy with DR targeted therapies are needed to examine the enhancement of apoptotic signaling.

 Recent studies analyzing the synergistic effects of combining DR targeted therapeutics that overcome DR signaling pathway deficiencies such as insufficient recep-tor clustering and DISC formation are clinically relevant [82, [83](#page-21-0)]. Combining DR-specific therapeutics provides an alternative to chemotherapeutic administration, taking advantage of the benefits of targeted therapeutic and cancer-specific toxicity. This could potentially further the use of rhTRAIL in cancer patients.

 Additionally, there is an unmet need for biomarkers that predict tumor sensitivities to TRAIL receptor targeted therapies. Much of the basic science needed to identify biomarkers is available; we are well aware of inducers and inhibitors of apoptosis that generally indicate TRAIL resistance, such as lack of surface DR4/5. However, the apoptotic machinery is redundant, and multiple lines of attack are needed to overcome resistances. Therefore, these biomarkers need additional sophistication than simply surface expression of DR5 or lack of caspase-8. When well designed, combinational drugs could lead to improved outcomes of cancer treatment by circumventing the specific resistance mechanisms in cancer cells.

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