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# Na<sup>+</sup>/H<sup>+</sup> Exchange

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## Inhibition of Na<sup>+</sup>/H<sup>+</sup> Exchange

### Purpose and Rationale

Na<sup>+</sup>/H<sup>+</sup> exchange was first described by Murer et al. (1976) in a study of intestinal and renal brush-border vesicles. The plasma membrane Na<sup>+</sup>/H<sup>+</sup> exchanger is an ubiquitous pH-regulating cellular ion transport system. It is driven by the Na<sup>+</sup> gradient and extrudes protons from the cytosol in exchange for extracellular Na<sup>+</sup> ions (Aronson 1985; Frelin et al. 1988; Fliegel and Dyck 1995; Orłowski and Grinstein 1997; Wakabayashi et al. 1997; Dibrov and Fliegel 1998). Six mammalian Na<sup>+</sup>/H<sup>+</sup> exchangers, NHE1, NHE2, NHE3, NHE4, NHE5 (Attapitaya et al. 1999; Szabo et al. 2000), and NHE6, have been described (Tse et al. 1994; Orłowski 1999; Counillon and Pouyssegur 2000).

In cardiac tissue the exchanger has a major role in the control of intracellular pH. At the onset of cardiac ischemia and during reperfusion, Na<sup>+</sup>/H<sup>+</sup> exchange is excessively activated by low intracellular pH. Since the deleterious Na<sup>+</sup> influx in this condition was found to originate mainly from Na<sup>+</sup>/H<sup>+</sup> exchange (Frelin et al. 1984; Schömig et al. 1988), the exchanger seems to be responsible for an increase of cytosolic sodium in ischemic cells. The accumulation of intracellular Na<sup>+</sup> causes an activation of Na<sup>+</sup>/K<sup>+</sup> ATPase (Frelin et al. 1984; Rasmussen et al. 1989) which in turn increases ATP consumption.

During ischemia the aerobic metabolism of glucose terminates in lactic acid. A vicious circle leads to a further decrease of intracellular pH and to a further activation of Na<sup>+</sup>/H<sup>+</sup> exchange, resulting in energy depletion, cellular Na<sup>+</sup> overload, and, finally due to the coupling of Na<sup>+</sup> and Ca<sup>2+</sup> transport via Na<sup>+</sup>/Ca<sup>2+</sup> exchange, cellular Ca<sup>2+</sup> overload (Lazdunski et al. 1985; Tani and Neely 1990; Scholz and Albus 1993). Especially in ischemic cardiac tissue, where Na<sup>+</sup>/H<sup>+</sup> exchange is the predominant pH-regulating ion transport system (Weissberg et al. 1989), these pathological events can lead to increased excitability and precipitation of cellular death. Therefore, it is desirable to find potent and

well-tolerated inhibitors of Na<sup>+</sup>/H<sup>+</sup> exchange which should be able to interrupt this vicious cycle, to conserve cellular energy stores and to diminish cellular excitability and necrosis during cardiac ischemia. Such effects have been found with relatively weak inhibitors of Na<sup>+</sup>/H<sup>+</sup> exchange at high toxic doses, such as amiloride and ethyl isopropyl amiloride (Scholz et al. 1992).

The myocardial Na<sup>+</sup>/H<sup>+</sup> exchanger is regarded as a therapeutic target for the prevention of myocardial ischemic and reperfusion injury and attenuation of postinfarction heart failure (Karmazyn et al. 2001).

More potent Na<sup>+</sup>/H<sup>+</sup> exchange inhibitors showed beneficial effects on ischemia/reperfusion injury (see sections “Coronary Artery Ligation, Reperfusion Arrhythmia and Infarct Size in Rats” and “Ventricular Arrhythmia After Coronary Occlusion,” chapter “► Cardiovascular Analysis In Vivo”) in rats (Aye et al. 1997; Myers et al. 1998; Aihara et al. 2000), dogs (Gumina et al. 1998, 2000), and pigs (Portman et al. 2001). Heart hypertrophy and heart failure after myocardial infarction are reduced (Yoshida and Karmazyn 2000; Kusumoto et al. 2001). Ischemia-induced apoptosis in isolated rat hearts is attenuated by sodium–hydrogen exchange inhibitors (Chakrabarti et al. 1997).

Linz and Busch (2003) demonstrated the effects of NHE1 inhibition from protection during acute ischemia/reperfusion to prevention of myocardial remodeling.

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- externa of Beagle dogs or from the aorta of anesthetized Wistar rats (weighing 250–350 g). Coagulation is inhibited by 0.8 ml citrate acid dextrose (65 mM citric acid, 11 mM glucose, 85 mM trisodium citrate). Platelet-rich plasma (PRP) is obtained by centrifugation of whole blood at 90 g for 10 min at room temperature. Platelet count is measured, e.g., with a Casey 1 multichannelyser (Schärfe System, Reutlingen, Germany).
- Each of the experiments is performed with 10–50  $\mu\text{l}$  PRP containing  $20 \times 10^6$  platelets in a volume of 100  $\mu\text{l}$  with saline. To activate  $\text{Na}^+/\text{H}^+$  exchange in the platelets by intracellular acidification, 500  $\mu\text{l}$  propionate buffer (135 mM Na propionate, 1 mM HCl, 1 mM  $\text{CaCl}_2$ , 1 mM  $\text{MgCl}_2$ , 10 mM glucose, 20 mM HEPES, pH 6.7, 22 °C) is added to the PRP/NaCl solution. Swelling of the platelets results in a decrease of optical density which can be measured with an aggregometer, e.g., with a Turbitimer (Behringwerke, Marburg, Germany). The system is activated photometrically by the addition of the propionate buffer to the cuvette. The experiments are performed with and without the addition of the  $\text{Na}^+/\text{H}^+$  exchange inhibitor to be tested. The inhibitors are added in concentrations between  $10^{-4}$  and  $10^{-8}$  mol/l. 5-(*N*-Ethyl-isopropyl)amiloride (EIPA) is used as standard. During the experiments all solutions are kept at 22 °C in a temperature-controlled water bath.

## Inhibition of $\text{Na}^+/\text{H}^+$ Exchange in Thrombocytes

### Purpose and Rationale

The inhibition of  $\text{Na}^+/\text{H}^+$  exchange has been studied in platelets by measuring the optical density after osmotic cell swelling (Roskopf et al. 1991).

### Procedure

About 5 ml blood is withdrawn by venipuncture from human donors or from the vena jugularis

### Evaluation

Results are given as means  $\pm$  SD. Student's *t*-test is employed for statistical evaluation.  $IC_{50}$  values are calculated from dose–response curves.

### References and Further Reading

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## Inhibition of Na<sup>+</sup>/H<sup>+</sup> Exchange in Cholesterol-Activated Rabbit Erythrocytes

### Purpose and Rationale

The inhibition of Na<sup>+</sup>/H<sup>+</sup> exchange has been studied in cholesterol-activated rabbit erythrocytes by flame photometry of sodium (Scholz et al. 1992, 1993).

### Procedure

White rabbits (New Zealand strain, Ivanovas) are fed with a rabbit standard chow with 2 % cholesterol for 6 weeks to increase the Na<sup>+</sup>/H<sup>+</sup> exchange (Scholz et al. 1990) and to make the erythrocytes suitable for measurement of sodium influx via Na<sup>+</sup>/H<sup>+</sup> exchange by flame photometry. Blood is drawn from the ear artery of the rabbits and coagulation prevented with 25 IU/ml potassium heparin. The hematocrit of the samples is determined in duplicate by centrifugation. Aliquots of 100 µl are taken to measure the initial sodium content of the erythrocytes.

To determine the amiloride-sensitive sodium influx into erythrocytes, 100 µl of each blood sample is added to 5 ml of buffer made hyperosmolar by sucrose (140 mM NaCl, 3 mM KCl, 150 mM sucrose, 0.1 mM ouabain, 20 mM tris(hydroxymethyl)aminomethane, pH 7.4) and incubated for 60 min at 37 °C. Subsequently, the erythrocytes are washed three times in ice-cold MgCl<sub>2</sub>-ouabain solution (112 mM MgCl<sub>2</sub>, 0.1 mM ouabain).

For determination of intracellular sodium content, the cells are hemolyzed in distilled water, the cell membranes are centrifuged, and the sodium concentration of the hemolysate is measured by flame photometry. Net influx of sodium into the erythrocytes is calculated from the difference between the initial sodium content and the sodium content after incubation. Amiloride-sensitive sodium influx is calculated from the difference between sodium content of erythrocytes incubated with and without amiloride ( $3 \times 10^{-4}$  M). Each experiment is done with the erythrocytes

from six different animals. In each case, the comparison of Na<sup>+</sup> contents is based on erythrocytes from the same animal. Doses between  $10^{-4}$  and  $10^{-7}$  M of the inhibitor are tested.

### Evaluation

Statistical analysis of the data obtained is performed with Student's *t*-test for paired groups. *IC*<sub>50</sub> values are calculated from dose-response curves.

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## Sodium Influx into Cultured Cardiac Myocytes

### Purpose and Rationale

The inhibition of Na<sup>+</sup>/H<sup>+</sup> exchange has been studied in cultured cardiac myocytes (Scholz et al. 1992).

### Procedure

Rat myocardial cells are isolated from hearts of neonatal rats by trypsin digestion. The cells are cultured in 35 mm dishes and grown to confluence in Dulbecco's minimum essential medium (DMEM, GIBCO) in an atmosphere containing 10 % CO<sub>2</sub>.

After confluence, the cells are used for measurement of  $^{22}\text{Na}^+$  influx. The cells are washed twice with Krebs–Ringer solution buffered with HEPES/Tris (KRB) in which sodium chloride has been replaced by choline chloride (choline chloride 130 mM,  $\text{CaCl}_2$  1.5 mM, KCl 5 mM,  $\text{MgCl}_2$  1 mM, HEPES 20 mM, pH 7.0 with Tris) and then incubated for 20 min at 37 °C in the same buffer with added 0.1 % bovine serum albumin (BSA) and 10 mM/l glucose. The culture dishes are then incubated for another 10 min with  $\text{Na}^+$  propionate for cytosolic acidification and stimulation of  $\text{Na}^+/\text{H}^+$  exchange. The compounds are dissolved in 500  $\mu\text{l}$ /dish KRB in which 50 % of the sodium chloride has been replaced by choline chloride containing additionally 2  $\mu\text{Ci/ml}$   $^{22}\text{Na}^+$  bicarbonate and 5-(*N*-ethyl-*N*-isopropyl)amiloride (EIPA). After the stimulation period, sodium influx is terminated by washing the cells twice with ice-cold stop solution (0.1 mM  $\text{MgCl}_2$ , 10 mM Tris, pH 7.0). Subsequently, the cells are lysed with 250  $\mu\text{l}$  trichloroacetic acid and scraped from the dishes. Radioactivity is determined in a Packard gamma counter. Doses between  $3 \times 10^{-4}$  and  $10^{-8}$  mM/l of standard and new compounds are tested. Six dishes are used for each concentration of test compounds.

## Evaluation

Mean values  $\pm$  SD are compared with Student's *t*-test.  $IC_{50}$  values are calculated from dose–response curves.

## References and Further Reading

Scholz W, Albus U, Linz W, Martorana P, Lang HJ, Schölkens BA (1992) Effects of  $\text{Na}^+/\text{H}^+$  exchange inhibitors in cardiac ischaemia. *J Mol Cell Cardiol* 24:731–740

## Inhibition of $\text{Na}^+/\text{H}^+$ Exchange into Cultured Aortic Endothelial Cells

### Purpose and Rationale

The inhibition of  $\text{Na}^+/\text{H}^+$  exchange has been studied in endothelial cells (Scholz and Albus 1993) by measuring the  $^{22}\text{Na}^+$  influx.

## Procedure

Bovine aortic endothelial cells (BAEC) are isolated by dispase digestion from bovine aorta obtained from animals killed at the local slaughter house. The cells are cultured in 35 mm dishes and grown to confluence in Dulbecco's minimum essential medium (DMEM, GIBCO) in an atmosphere with 10 %  $\text{CO}_2$ . Three days after confluence, the cells are used for measurement of  $^{22}\text{Na}^+$  influx. The cells are washed twice with Krebs–Ringer solution buffered with HEPES/Tris (KRB) in which sodium chloride has been replaced by choline chloride (choline chloride 130 mM,  $\text{CaCl}_2$  1.5 mM, KCl 5 mM,  $\text{MgCl}_2$  1 mM, HEPES 20 mM, pH 7.0 with Tris) and then incubated for 20 min at 37 °C in the same buffer with added 0.1 % bovine serum albumin (BSA) and 10 mM glucose. To stimulate  $\text{Na}^+/\text{H}^+$  exchange, the culture dishes are incubated for another 10 min with 500  $\mu\text{l}$ /dish KBR in which all sodium chloride has been replaced by 65 mM each of choline chloride and  $\text{Na}^+$  propionate or with KBR in which 50 % of the sodium chloride has been replaced by choline chloride for unstimulated controls. In addition, the buffer contains 2  $\mu\text{Ci/ml}$   $^{22}\text{Na}^+$  and the test compounds or the standard. After the stimulation period, the sodium influx is terminated by washing the cells twice with ice-cold stop solution (0.1 mM  $\text{MgCl}_2$ , 10 mM Tris, pH 7.0). Subsequently, the cells are lysed with 250  $\mu\text{l}$  trichloroacetic acid and scraped from the dishes. Radioactivity is determined in a Packard gamma counter. Doses between  $10^{-5}$  and  $10^{-7}$  mM/l of standard and new compounds are tested. Six dishes are used for each concentration of test compounds.

## Evaluation

Mean values  $\pm$  SD are compared with Student's *t*-test.  $IC_{50}$  values are calculated from dose–response curves.

## Modifications of the Method

Ewart et al. (1997) studied lipoprotein lipase activity in cultured rat cardiomyocytes in the presence of insulin and dexamethasone.

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## NHE Activity Measured by Intracellular pH in Isolated Ventricular Myocytes

### Purpose and Rationale

Changes of the intracellular pH of cultured bovine endothelial cells have been fluorometrically monitored using the pH-dye 2',7'-bis(carboxyethyl)-5(6)-carboxyfluorescein (BCECF) by Kitazono et al. (1988). This method has been used to study the activity of inhibitors of Na<sup>+</sup>/H<sup>+</sup> exchange (Scholz et al. 1995).

### Procedure

For preparation of isolated rat ventricular muscular cells (Yazawa et al. 1990), hearts of male Wistar rats are dissected, mounted on a Langendorff apparatus and perfused first at 37 °C for 3 min with Tyrode solution adjusted to

pH 7.4, second for 5–7 min with nominally calcium-free Tyrode solution, and finally with calcium-free Tyrode solution containing 0.12–0.2 mg/ml collagenase (Sigma type I). After 15–20 min collagenase treatment, the heart is washed with storage solution (composition in mmol/L: KOH 70, L-glutamic acid 50, KCl 40, taurine 20, KH<sub>2</sub>PO<sub>4</sub> 20, MgCl<sub>2</sub> 3, glucose 20, HEPES 10, and EGTA 0.5, pH 7.4). The ventricles are cut into small pieces, and myocytes are dispersed by gently shaking and finally by filtration through a nylon mesh (365 μm). Thereafter, the cells are washed twice by centrifugation at 600–1,000 rpm for 5 min and kept at 4 °C until use. For the pH recovery experiment, the cells are loaded with the membrane-permeable acetoxymethyl ester (AM) form of the fluorescent indicator 2',7'-bis(carboxyethyl)-5(6)-carboxyfluorescein (BCECF). BCECF-AM is dissolved in DMSO and diluted to a 1.25 μM storage solution. Cardiomyocytes are loaded in this solution for 30 min at room temperature and are then centrifuged and resuspended in storage solution. The measurements are performed in bicarbonate-free NaCl solution (NaCl 140, KCl 4.7, CaCl<sub>2</sub> 1.3, MgCl<sub>2</sub> 1, glucose 10, and HEPES 10 mM/L, pH 7.4) at 34 °C using an apparatus according to Nitschke et al. (1991). The pH-dependent signal of BCECF is obtained by illuminating at 490 and 437 nm and dividing the emitted light signals (520–560 nm). The background signal, determined by closing the shutter, is subtracted from the total signal. The autofluorescence determined by illuminating unloaded cells can be ignored. In order to investigate the function of the Na<sup>+</sup>/H<sup>+</sup> exchange system, the intracellular pH (pH<sub>i</sub>) of the cells is decreased by the NH<sub>4</sub>Cl prepulse technique, and the rate of return to resting pH<sub>i</sub> is determined. Test compounds are dissolved in the incubation medium. For each test concentration, the recovery of pH<sub>i</sub> is first recorded in control NaCl solution.

### Evaluation

Data are analyzed by fitting a straight line to the initial (5 min) data points of the pH

recovery curve. For statistical presentation, the slopes of the linear curves are demonstrated. All reported data are presented as means  $\pm$  SEM. Statistical comparisons are made using either a paired or unpaired *t*-test.

## Modifications of the Method

The pH-sensitive fluorescence dye C-SNARF-1 (= carboxy-seminaphthorhodafluor-1) was used by Yasutake et al. (1996), Shipolini et al. (1997), and Yokoyama et al. (1998).

Fischer et al. (1999) tested new drugs for the  $\text{Na}^+/\text{H}^+$  exchanger in Chinese hamster ovary cells which are enriched with the NHE1 isoform of the  $\text{Na}^+/\text{H}^+$  antiporter. The  $\text{Na}^+/\text{H}^+$  exchanger was stimulated with NaCl, and the rate of extracellular acidification was quantified with the cytosensor.

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## NHE Subtype Specificity

### Purpose and Rationale

Molecular identification of mammalian  $\text{Na}^+/\text{H}^+$  exchanger subtypes has been pioneered by Pouyssegour and coworkers (Sardet et al. 1989) who used genetic complementation of fibroblast cell lines that lack all endogenous NHEs. Schwark et al. (1998) studied an inhibitor of  $\text{Na}^+/\text{H}^+$  exchanger subtype 3 in various cell types.

### Procedure

cDNAs for the NHE subtypes human NHE1, rabbit NHE2, rat NHE3 (Pouyssegour) or cloned by reverse transcription-polymerase chain reaction from human kidney mRNA are used. These cDNAs are cloned into the mammalian expression vector pMAMneo and transferred into the NHE-deficient mouse fibroblast cell line LAP1. Cells expressing the NHE subtypes are selected by the acid load survival method (Sardet et al. 1989). Clonal cell lines for each subtype are used for intracellular pH ( $\text{pH}_i$ ) recovery after acid load. For studies of  $\text{pH}_i$  recovery (Faber et al. 1996), cells are scraped off the culture dishes, washed, and incubated with 5  $\mu\text{mol/l}$



BCECF-AM [2',7'-bis(2-carboxyethyl)-5(6)-carboxyfluorescein-acetoxymethyl ester] for 20 min at 37 °C in a buffer containing 20 mM NH<sub>4</sub>Cl. The cells are then washed to remove extracellular dye and resuspended in the loading buffer without BCECF-AM. Intracellular acidification is induced by addition of 975 μl NH<sub>4</sub>Cl-free and HCO<sub>3</sub><sup>-</sup>-free solution (the so-called recovery medium: HCO<sub>3</sub><sup>-</sup>-free to inhibit the Na<sup>+</sup>-dependent Cl<sup>-</sup>/HCO<sub>3</sub><sup>-</sup> exchanger of LPA1 cells) to a 25 μl aliquot of cells (≈25,000 cells). The pH<sub>i</sub> recovery is recorded with a dual-grating DeltaScan single-photon counting fluorometer (Photon Technology International, South Brunswick, NJ, USA) with excitation wavelength of 505 and 440 nm and an emission wavelength of 535 nm. The measurement time varies between subtypes (120 s for NHE1, 300 s for NHE2, 180 s for NHE3). The inhibitors are first dissolved in DMSO, diluted in recovery medium, and added in a volume of 975 μl to this medium.

A cloned opossum kidney cell line (Helmle-Kolb et al. 1990) is used additionally. Cells are grown as a monolayer in growth medium (1:1 mixture of nutrient mixture Ham F12 and Dulbecco's modified medium Eagle with 10 % fetal calf serum). For subcultivation and pH-recovery experiments, the cells are detached from the surface of the culture vessels with trypsin-EDTA solution (2.5 g trypsin + 0.2 g EDTA per liter in Dulbecco's phosphate-buffered saline) and suspended in growth medium. Measurement time in pH<sub>i</sub> recovery experiments is 400 s.

Porcine renal brush-border membrane vesicles (BBMV) prepared by a Mg<sup>2+</sup> precipitation technique are loaded with 150 mmol/l NaCl, 5 mmol/l HEPES/Tris, pH 7.0, and preincubated for 10 min at 37 °C with various concentrations of NHE inhibitors. Intravesicular acidification through Na<sup>+</sup>/H<sup>+</sup> exchange is started by diluting BBMV into Na<sup>+</sup>-free buffer (150 mmol/l tetramethylammonium chloride, 5 mmol HEPES/Tris, pH 7.0) containing the appropriate concentrations of the NHE inhibitors and the fluorescent ΔpH indicator acridine orange (12 μmol/l). The fluorescence changes of acridine orange are recorded continuously by a Hitachi F-2000 spectrofluorometer at 495 nm excitation and 525 nm emission

wavelength. The initial acridine orange fluorescence quenching in controls (no inhibitor) is set to 100 %.

## Evaluation

Values are presented as means ± SD (four measurement per concentration). The IC<sub>50</sub> values and Hill coefficients are calculated using the SigmaPlot software. Statistical significance is calculated by means of the distribution-independent *H*-test and nonparametric *U*-test. *P* < 0.05 is considered as significant.

## Modifications of the Method

Counillon et al. (1993) and Scholz et al. (1995) determined the NHE subtype specificity of Na<sup>+</sup>/H<sup>+</sup> antiporters by their ability to inhibit initial rates of amiloride-sensitive <sup>22</sup>Na<sup>+</sup> uptake in fibroblast cell lines separately expressing the NHE1, NHE2, and NHE3 isoforms.

Ko et al. (2004) determined the inhibitory effects of flavonoids on phosphodiesterase isozymes from guinea pig and their structure-activity relationships.

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