



Non-human *Clostridioides difficile* Reservoirs and Sources: Animals, Food, Environment

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Abstract

Clostridioides difficile is ubiquitous and is found in humans, animals and in variety of environments. The substantial overlap of ribotypes between all three main reservoirs suggests the extensive transmissions. Here we give the overview of European studies investigating farm, companion and wild animals, food and environments including water, soil, sediment, wastewater treatment plants, biogas plants, air, and households. Studies in Europe are more numerous especially in last couple of years, but are still fragmented in terms of countries, animal species, or type of environment covered. Soil

seem to be the habitat of divergent unusual lineages of *C. difficile*. But the most important aspect of animals and environment is their role in *C. difficile* transmissions and their potential as a source for human infection is discussed.

1 Introduction

Clostridioides (Clostridium) difficile is regarded mainly as an important human pathogen. Because it can colonize his natural niche, the gut, only in the absence of established gut microbiota, it seem that his natural multiplying hosts are young animals and children. As an anaerobic spore-forming bacterium, it will be transmitted from the gut into different environments. *C. difficile* is hence ubiquitous and can be found in humans, animals, and the environment with a great variety of transmission routes between them.

Several reviews suggest a common reservoir of the bacterium in the environment, food, and animals. In addition, the latest genomic sequencing techniques have revealed cross-transmission of *C. difficile* between animals and humans (Rodriguez et al. 2016; Rupnik 2007, 2010; Weese 2010; Otten et al. 2010; Hensgens et al. 2012; Rodriguez-Palacios et al. 2013; Warriner et al. 2016; Lim et al. 2020; Rivas et al. 2020; Weese 2020). Here we give the overview of studies performed to date in Europe.

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2 ***C. difficile* in Farm Animals: European Studies**

Looking back to the early research on *C. difficile*, the presence of these bacteria in farm animals first gained attention in the 1970s. The first reference in the literature describing *C. difficile* in farm animals (rabbit, horse, and cow dung) and in the environment (hay, sand, and river mud) in Europe dates from 1974 (Hafiz 1974). Thereafter, other authors in different European geographic areas also confirmed the presence of *C. difficile* and infection in hares (France) (Dabard et al. 1979), pigs (UK) (Lysons et al. 1980; Jones and Hunter 1983), goats (UK) (Hunter et al. 1981; Borriello et al. 1983), ducks, geese, rabbits, and chickens (UK) (Borriello et al. 1983). The first report of *C. difficile* in cattle in Europe was published in 2008 in which bacterial toxins were found in biological samples from calves (Pirs et al. 2008).

Over the last 20 years, several studies have investigated not only the presence and the prevalence of *C. difficile* in different farm animal species but also the pathogenic potential of the bacterium in these animals. In addition to the interest in *C. difficile* as an infectious agent in livestock animals and the economic losses that it can generate, the main objective of research groups worldwide has been to demonstrate the existence of an animal reservoir and to elucidate the relationships between potential reservoirs and *C. difficile* infection in humans, through the genetic similarities between strains. Hence, many studies also report the potential for zoonotic spread (Table 1).

2.1 ***C. difficile* in Pigs and Cattle**

Pigs are the farm animals that have been most commonly studied in Europe in the context of infection by *C. difficile*, followed by cattle (Fig. 1). In cattle, the described prevalence (up to 33%) is much lower than that in pigs (up to 96%) and studies have reported between

90 and 100% toxigenic strains circulating in both types of animal farms. In cattle, several studies have addressed the possibility of age and breeding effect on *C. difficile* colonization in animals and therefore different types of production systems have been investigated, including production farms, fattening farms, or dairy farms (Koene et al. 2012; Romano et al. 2012a; Zidaric et al. 2012; Rodriguez et al. 2017). A recent study also suggests that the presence of *C. difficile* PCR ribotype 033 on different farms studied may be a direct result of inter-farm trade of calves (Bandelj et al. 2018). However, in pigs, these possible differences between types of breed have not been addressed in the literature. Only two studies report the prevalence of *C. difficile* on free-range pigs, but the results of the study revealed the *C. difficile* prevalence in this population similar to the prevalence found in intensively raised animals (Álvarez-Pérez et al. 2013, 2018).

2.2 ***C. difficile* in Other Less Commonly Studied Farm Animals in Europe**

Poultry seem to be a natural host as colonized birds are asymptomatic, the prevalence in young animals is very high, and the diversity of ribotypes within a farm is very high. Still, not many studies in Europe have explored this species on farms. Also, goats and sheep were only recently studied in respect to *C. difficile*. A mean prevalence of 8.6% was reported in sheep, 5.8% in goats, and 33.1% in poultry (Table 1).

As interest has increased regarding the possible zoonotic transmission of *C. difficile* in recent years, new studies have investigated the prevalence and epidemiology of the bacterium in animal production types that are less commonly addressed than cattle, pigs, or poultry. An investigation conducted in Italy reported a *C. difficile* prevalence of 3% for rabbits raised in industrial holdings for food production (Drigo et al. 2015).

Table 1 Overview of recent European studies on *C. difficile* in animals

Species	References	Reported prevalence and the most prevalent ribotypes
Pigs	Pirs et al. (2008); Avbersek et al. (2009); Álvarez-Pérez et al. (2009); Indra et al. (2009); Hoffer et al. (2010); Hopman et al. (2011); Keessen et al. (2011b); Koene et al. (2012); Rodriguez et al. (2012); Álvarez-Pérez et al. (2013); Rodriguez et al. (2013); Schneeberg et al. (2013a); Noren et al. (2014); Stein et al. (2017); Krutova et al. (2018); Álvarez-Pérez et al. (2018); Barbanti and Spigaglia (2020)	22.6–96% (neonates) 0–36% (adults); 002, 005, 011, 014/020, 013, 015, 023, 029, 033, 035, 045, 046, 050, 066, 078, 126, 150, 193, 569
Cattle	Pirs et al. (2008); Avbersek et al. (2009); Hoffer et al. (2010); Koene et al. (2012); Rodriguez et al. (2012); Romano et al. (2012a); Zidaric et al. (2012); Rodriguez et al. (2013); Schneeberg et al. (2013a); Rodriguez et al. (2017); Bandelj et al. (2018); Romano et al. (2018); Barbanti and Spigaglia (2020); Marcos et al. (2021); Redding et al. (2021); Abay et al. (2022)	1.8–30.4% (neonates) 0–11% (adults) 002, 003, 012, 014, 015, 020, 029, 033, 038, 045, 066, 070, 077, 078, 081, 126, 137
Goat and sheep	Koene et al. (2012); Romano et al. (2012a); Avbersek et al. (2014); Barbanti and Spigaglia (2020)	Goats 0–10.1% 001, 010, 014, 020, 045, 066 Sheep 0–18.2% 015, 056, 061, 097, 614
Poultry	Zidaric et al. (2008); Indra et al. (2009); Koene et al. (2012)	0–100% 001, 010, 014, 023, 446
Horses	Avbersek et al. (2009); Ossiprandi et al. (2010); Koene et al. (2012); Rodriguez et al. (2014a); Rodriguez et al. (2015); Kecerova et al. (2019); Schoster et al. (2019)	0–1.5% in healthy, non-hospitalized horses 3.7–33.3% 003, 005, 006, 009, 010, 012, 014, 023, 033, 035, 039, 042, 045, 046, 051, 078, 081, 126, AI-78, PR17515
Cats	Koene et al. (2012); Schneeberg et al. (2012); Álvarez-Pérez et al. (2017); Rabold et al. (2018); Alves et al. (2023)	0–16.4% 001, 009, 010, 014/020, 039, 045, 106
Dogs	Schneeberg et al. (2012); Koene et al. (2012); Wetterwik et al. (2013); Pirs et al. (2013); Álvarez-Pérez et al. (2015, 2017); Orden et al. (2017a); Spigaglia et al. (2015); Rabold et al. (2018); Janezic et al. (2018); Andrés-Lasheras et al. (2018); Rodriguez et al. (2019a); Barbanti and Spigaglia (2020); Tramuta et al. (2021); Albuquerque et al. (2021); Bjöersdorff et al. (2021); Rodríguez-Pallares et al. (2022); Finsterwalder et al. (2022); Alves et al. (2023)	0–100% (neonates) 3.4–26% (adults) 009, 010, 012, 014, 015, 018, 014/020, 020, 023, 026, 027, 031, 033, 039, 045, 056, 078, 106, 107, 123, 154, 213, 358, 430, 449, 739, 106, 107, 154, 213, 430
Rabbits (farm)	Drigo et al. (2015); Barbanti and Spigaglia (2020)	3% 002, 003, 012, 014, 017, 020, 078, 084, 205, 569, 592
Wild animals	Burt et al. (2012); Bandelj et al. (2016); Andrés-Lasheras et al. (2017); Burt et al. (2018); Krijger et al. (2019); Darwich et al. (2021); Zlender et al. (2022)	0–100% 010, 002, 005, 013, 014/020, 015, 029, 035, 056, 057, 058, 073, 078, 033, 045, 062, 087, 126, 258, 454

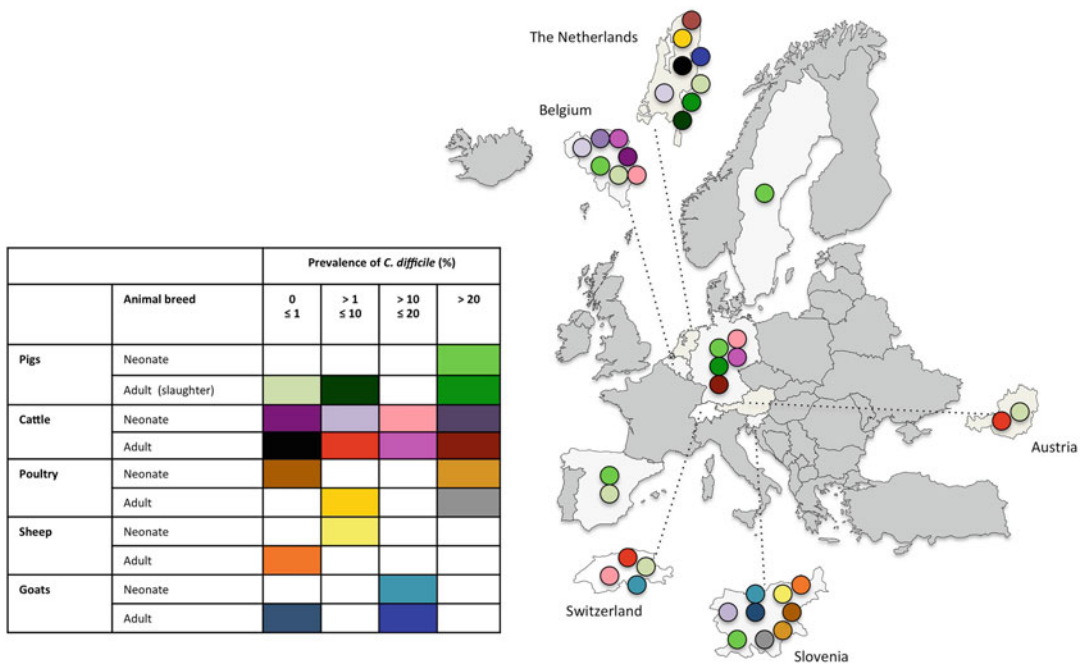


Fig. 1 Prevalence of *C. difficile* in farm animals in Europe

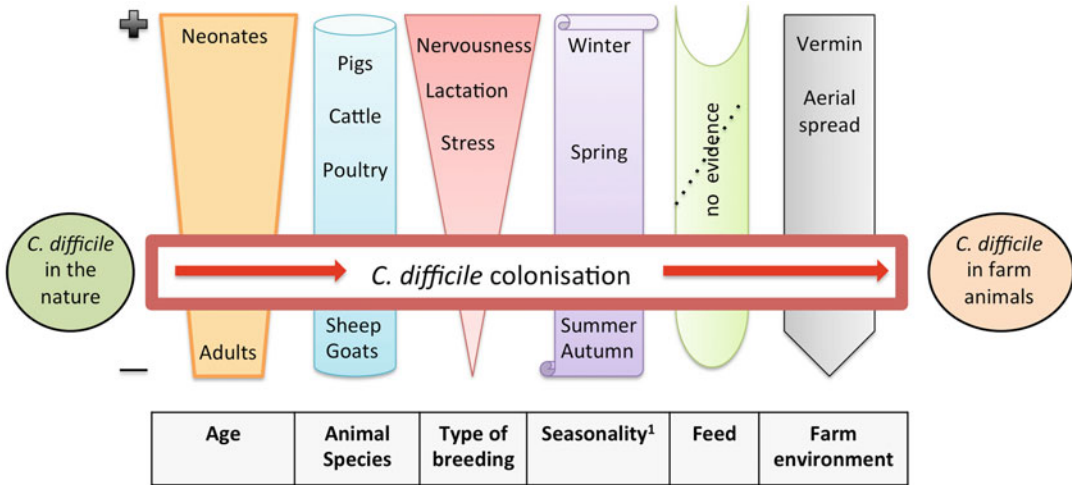
2.3 Factors Associated with *C. difficile* Colonization in Farm Animals

Several factors, including animal species, age, microbiota, breeding effect, and seasonality have been associated with *C. difficile* colonization in farm animals (Fig. 2) and likely apply also for other animals. It is possible that *C. difficile* is better adapted to some animal hosts than to others. The reported prevalence varies strongly between different species and studies (Rodriguez et al. 2016; Table 1). Also, laboratory diagnosis of *C. difficile* infection in animals and the performance of commercially available methods may vary depending on the animal species (Carvalho et al. 2022).

Age is the best studied among factors associated with *C. difficile* carriage in farm animals. All of the studies conducted in various European countries (Álvarez-Pérez et al. 2009; Schneeberg et al. 2013a; Bandelj et al. 2018) have shown high colonization rates in newborn animals that are either considerably reduced or

eliminated in adult animals. In pig production, a *C. difficile* prevalence of 77% of piglet litter samples and 21% of sow samples was reported (Stein et al. 2017). This reduction in infection prevalence with age has two important consequences. First, the risk of foodborne transmission from contaminated animal products during harvest is greatly reduced. Second, Clostridioides difficile infection (CDI) in adult animals is very rare; therefore, *C. difficile* is currently not considered a common health problem in adult farm animals.

Regarding gut microbiota composition, in Europe, some studies have evaluated changes in the intestinal microbiota with *C. difficile* colonization in poultry (Skraban et al. 2013), calves (Redding et al. 2021), and pigs (Proctor et al. 2021). In poultry, differences in the presence of *Enterococcus cecorum*, *Lactobacillus gallinarum*, *Moniliella* sp., and *Trichosporon asahii* were detected among *C. difficile*-positive and *C. difficile*-negative animals. Interestingly, *Acidaminococcus intestini*, identified for the first time as a part of the poultry intestinal microbiota



¹ Data from meats and humans, but no data regarding farm animals

Fig. 2 Factors associated with the presence of *C. difficile* in livestock animals in Europe

in this study, was detected in high abundance in animals not colonized by *C. difficile*. In dairy calves, positive animals showed increased levels of *Ruminococcus*, *Lachnospirillum*, *Butyrivibrio*, and *Clostridium sensu stricto* 2 compared to *C. difficile*-negative animals. In pigs, the *Bacteroides*, *Fusobacterium*, *Enterobacteriaceae*, and *Sutterella* groups were dominant in younger animals, and their abundance decreased with age. *Prevotella* was the dominant group in older piglets, which is negatively associated with the abundance of *C. difficile* in young piglets. Further studies may lead to the identification of several bacterial populations that can potentially protect hosts from CDI.

2.4 Infection vs. Carriage of *C. difficile* in Farm Animals

In farms, *C. difficile* shows a similar prevalence among animals with or without diarrhoea (Pirs et al. 2008; Álvarez-Pérez et al. 2009; Koene et al. 2012; Schneeberg et al. 2013a; Rodriguez et al. 2017; Stein et al. 2017; Bandelj et al. 2018; Mertens et al. 2022), which may indicate that the

bacterium is not the main causal agent of disease, but instead, an opportunistic pathogen that worsens the clinical status and outcome of affected animals. In a recent study in Spain, more than 80% of faecal samples obtained from diarrhoeic piglets showed mixed infections, including *Clostridium perfringens* (*C. perfringens*), *C. difficile*, species A rotavirus, species C rotavirus, and porcine epidemic diarrhoea virus (Monteagudo et al. 2022). In piglets, *C. difficile* causes important economic losses in farms due to both diarrhoea and premature death as well as delays in growth and reduced weight gain (Songer 2000; Squire and Riley 2013). There are a few reports of *C. difficile* infection in pigs in Europe, including one study that reported an outbreak in periparturient sows in a large outdoor production unit in Croatia (Kiss and Bilkei 2005) and one case-report study of typhlocolitis and diarrhoea in piglets in Ireland (McElroy et al. 2016). In calves and poultry, *C. difficile* has also been proposed as a possible cause of diarrhoea, enteritis, and death (Hammit et al. 2008; Cooper et al. 2013), although there is no evidence of outbreaks due to the bacterium in these animal species. A review of these data indicates that the incidence, clinical relevance, and pathogenesis of

CDI in farm animals in Europe have not yet been elucidated.

2.5 Farm Animals and Colonization with Different *C. difficile* PCR Ribotypes

A great variety of *C. difficile* PCR ribotypes has been reported in different farm animals in Europe. Comparative international study with 12 participating European and non-European countries that included 112 strains from 13 species including farm animals has distributed strains into 50 PCR ribotypes. Some ribotypes were found across all tested species (014, 078) while some others are more likely to be associated with a given animal species (033 with cattle) (Janezic et al. 2012).

An interesting aspect is also ribotype variability within the farm. At pig farms a single PCR ribotype will be present. In cattle the variability will be greater although the number of detected types is still modest. In contrast, in poultry and rabbit farms the reported variability is very high and from 12 to 16 PCR ribotypes are found per single farm (Zidaric et al. 2008; Drigo et al. 2015).

PCR ribotype 078 is the only one that has been repeatedly reported in swine throughout different European countries and is described in several studies as the dominant type irrespective of age or diarrhoeal status (Koene et al. 2012; Rodriguez et al. 2012; Schneeberg et al. 2013a; McElroy et al. 2016; Stein et al. 2017; Krutova et al. 2018; Moloney et al. 2021). The remaining PCR ribotypes isolated from pig farms constitute a long list and include ribotypes 002, 011, 014, 015, 023, 033, 045, 126, 150, and 193; however, they have only been reported in specific studies (Avbersek et al. 2009; Hopman et al. 2011; Keessen et al. 2011b; Koene et al. 2012; Rodriguez et al. 2012; Schneeberg et al. 2013a; Noren et al. 2014; McElroy et al. 2016; Stein et al. 2017; Krutova et al. 2018).

In cattle, an even greater variety of PCR ribotypes has been isolated. PCR ribotype 078 has also been commonly detected in cattle

farms in different countries in Europe (Hoffer et al. 2010; Rodriguez et al. 2012; Zidaric et al. 2012; Schneeberg et al. 2013b; Romano et al. 2018; Blasi et al. 2021). In contrast to pig farms, where isolates within the farm are clonal, at least one study on veal calves farm did not detect clonal dissemination (Zidaric et al. 2012). Calves were mostly colonized already upon the arrival to farm and two of all detected ribotypes (078 and 126) were persisting from the beginning to the last stages of the production cycle. Another PCR ribotype, 033, seems to be cattle-associated and has been described in five different studies conducted in Belgium, Germany, Switzerland, and Slovenia. Recent studies on family dairy farms revealed that the prevalence of *C. difficile* ribotype 033 increased linearly with the number of calves, with a close genetic relationship between farms (Bandelj et al. 2018), and that this ribotype together with ribotype 126 is more prevalent in cattle farms using digestate as a product of biogas plants (Masarikova et al. 2020). Other PCR ribotypes frequently associated with these animals are types 012 and 002, which were described in Belgium, the Netherlands, and Slovenia (Avbersek et al. 2009; Koene et al. 2012; Rodriguez et al. 2012; Zidaric et al. 2012). Other types like 015 and 020 were also isolated in specific studies (Rodriguez et al. 2017). The percentage of toxigenic strains in cattle varies between 70 and 100%, but no association between diarrhoeal status and colonization with specific PCR ribotypes has been established.

For other small ruminants such as goats and sheep, as well as poultry or rabbits, the presence of specific PCR ribotypes has not been widely described in part because there are only a few studies in Europe describing the presence of *C. difficile* in these animal species, and the few available studies describe a large variety composed of different types, and in other cases the studies have not carried out ribotyping characterization (Zidaric et al. 2008; Indra et al. 2009; Koene et al. 2012; Romano et al. 2012a; Avbersek et al. 2014; Candel-Pérez et al. 2021; Marcos et al. 2021). A recent study in Italy identified PCR ribotype 614 in sheep and various PCR ribotypes, such as 003, 014, and 078, among

others, in rabbits (Barbanti and Spigaglia 2020) (Table 1).

2.6 Antimicrobial Susceptibility of *C. difficile* Isolates Isolated from Farm Animals

Drug resistance in *C. difficile* strains is usually associated with specific antibiotics, especially quinolones, erythromycin, and clindamycin, and with specific PCR ribotypes. In pig and cattle production, different studies have reported resistances to fluoroquinolones, ciprofloxacin, and erythromycin, especially among isolates of PCR ribotype 078 (Keessen et al. 2013; Pelaez et al. 2013), but also among PCR ribotypes 012 and 033 (Bandelj et al. 2017). Barbanti and Spigaglia (2020) reported the presence of multi-drug resistant strains (to erythromycin, clindamycin, and moxifloxacin/rifampicin) in pigs and rabbits. In pork and cattle industry, the use of fluoroquinolones has also been related with the isolation of multiple antibiotic-resistant strains (Zidaric et al. 2012).

For *C. difficile* isolates from small ruminants, the limited available data in the literature reported antibiotic susceptibility to vancomycin, metronidazole, and moxifloxacin of all isolates obtained from goats and sheep and a possible relationship between PCR ribotype 045 and resistance to fluoroquinolones, beta-lactams, lincosamides, and macrolides (Avbersek et al. 2014).

Susceptibility to several other drugs, including antibiotics typically used for the treatment of CDI in humans like metronidazole, vancomycin or rifampicin, completely inhibited *C. difficile* growth (Pirs et al. 2013), which reflects no major differences in antibiotic susceptibilities between animal and human strains. In a previous study comparing human and animal isolates, the prevalence of multidrug resistant isolates, especially to erythromycin, clindamycin, and metronidazole, was found to be higher in clinical isolates (73%) than in animal isolates (30%). Resistance to erythromycin, clindamycin, or moxifloxacin was the most frequent among the animal isolates, while only 10% and 1.6% of

these animal isolates showed resistance to metronidazole and rifampicin, respectively (Barbanti and Spigaglia 2020).

3 *C. difficile* in Companion Animals in Europe

Dogs and cats are the most studied companion animals. Taking the European studies involving dogs and cats together, the overall prevalence for *C. difficile* in cats is slightly lower than in dogs, but studies including cats are scarce.

In eight European studies including cats from veterinary clinics or shelters, the *C. difficile* prevalence ranged from 0 to 30% (2%, Al Saif and Brazier 1996; 15.7%, Koene et al. 2012; 3.7%, Schneeberg et al. 2012; 8%, Weber et al. 1989; 2.5%, Rabold et al. 2018; 16.4%, Alves et al. 2023) (Table 1). Both studies marking the prevalence borders included only a small number of 37 and 20 cats, respectively (Álvarez-Pérez et al. 2017; Borriello et al. 1983). A larger study on cats living in households yielded a prevalence of 2.5% (10 of 403) while another study in a more clinical setting yielded a prevalence of 16.4% (23 of 140) (Rabold et al. 2018; Alves et al. 2023).

More information is available in respect to dogs in Europe. The reported prevalence rates in the different studies range from 1.45% in dogs of a control group (1 of 74) up to 100% in puppies of one litter at certain time-points (Perrin et al. 1993; Álvarez-Pérez et al. 2015). Other reports describe *C. difficile* carriage rates of 3.4%–26% for dogs in different study settings (Table 1). A Germany study investigated 437 dogs in household settings and detected a carriage rate of 3.4% (15 of 437) (Rabold et al. 2018). A positivity rate of the same range 4.9% (11 of 225) was reported from Denmark where dog faecal deposits in public gardens were collected (Bjöersdorff et al. 2021). A Portuguese study with sampling from veterinary clinics and collected laboratory samples reported a prevalence of 26% (87 of 335) (Alves et al. 2023). A canine case-control study at a referral veterinary hospital in Scotland revealed

18.7% (61 of 327) (Albuquerque et al. 2021). Interestingly not only faecal samples were investigated; 24% (6 of 25) dog paws in household setting in Slovenia (Janezic et al. 2018) and nasal discharge from 4 (19%) dogs in Belgium (Rodriguez et al. 2019a) were positive for *C. difficile* reflecting the extraintestinal and environmental presence.

15 European studies reported PCR ribotypes in dogs and only five considered cats. Ribotypes 009, 010, 014/020, 039, and 106 are common in dogs and cats across Europe. The most frequently reported ribotypes in cats are 010, 039 or 039/2, 014 or 014/020 and 106 (Koene et al. 2012; Schneeberg et al. 2012; Álvarez-Pérez et al. 2017; Rabold et al. 2018; Alves et al. 2023). The most frequently described ribotypes in dogs are 009, 010, 012, 014, 014/020, 020, 023, 039, 056, 078, 106 (Table 1).

Factors most likely associated with *C. difficile* colonization in dogs and cats are age, enteric disease, antibiotic treatment, and hospitalization.

A plausible association of age and carriage rate in dogs (puppies and older animals) was reported. In puppies high prevalence up to 100% was noted in the time from 2 to 6 weeks after birth. The carriage rate in puppies markedly decreased with age and reached 3.1 and 0% at the end of the observation time (Perrin et al. 1993; Álvarez-Pérez et al. 2015). Additionally, Álvarez-Pérez et al. (2017) reported that carriage was significantly linked with age over 7 years investigating 105 dogs from 17 veterinary clinics. Rabold et al. (2018) recognized an association of *C. difficile* detection and treatment with antibiotics or proton pump inhibitors in small companion animals. Additionally, dogs and cats tended to be *C. difficile*-positive more often when the owner suffered from a chronic disease or diarrhoea (Rabold et al. 2018). A study conducted at a referral veterinary hospital in Scotland also found antibiotic treatment to be a risk factor for *C. difficile* carriage increasing with the length of treatment (Albuquerque et al. 2021), while other investigations could not find an association with antibiotic administration (Finsterwalder et al. 2022; Alves et al. 2023).

Despite some case reports of *C. difficile* infection in dogs and cats, an association with diarrhoea was not obvious in a number of studies. Regarding the available data from Europe, it seems that *C. difficile* does not cause disease in dogs and cats beyond single cases as similar percentages are isolated from symptomatic and healthy animals and no statistical correlation was detectable (Weber et al. 1989; Wetterwik et al. 2013; Duijvestijn et al. 2016; Albuquerque et al. 2021; Finsterwalder et al. 2022; Alves et al. 2023). Interestingly some studies with sampling scenarios involving veterinary clinics or hospitals showed higher prevalence (Albuquerque et al. 2021; Finsterwalder et al. 2022; Alves et al. 2023) than household or public park sampling scenarios (Rabold et al. 2018; Bjöersdorff et al. 2021). However, dogs and cats can harbour *C. difficile* strains with virulence potential (Table 1) and with exception of the longitudinal studies conducted in puppies the duration of *C. difficile* shedding was scarcely addressed. It is not clear whether a *C. difficile* carriage can be a result of a longer lasting colonization or is just connected with a short transient passage. Recently interspecies transmission of toxigenic *C. difficile* was reported involving a 10-month-old infant and the family dog, both with diarrhoea and without other diagnosis. The dog was reported with recurrent diarrhoea indicating a longer lasting carriage or infection (Rodríguez-Pallares et al. 2022).

In respect to antibiotic resistance, metronidazole-resistant *C. difficile* strains were isolated from dogs with recorded application of metronidazole (Wetterwik et al. 2013; Orden et al. 2017a) or suspected metronidazole treatment as it is commonly used for *Giardia* spp. infections in Italian dogs (Spigaglia et al. 2015). Metronidazole resistant isolates were also observed in Austria, Italy, Spain, and Portugal (Andrés-Lasheras et al. 2018; Barbanti and Spigaglia 2020; Finsterwalder et al. 2022; Alves et al. 2023). Recently, research on metronidazole resistance discovered a plasmid-mediated metronidazole resistance in European RT010 from humans and animals and RT020 strains from humans.

Resistance to clindamycin, erythromycin, and moxifloxacin is frequently detected while tetracycline and rifampicin resistance is rarely reported. Multidrug resistant isolates (MDR) isolates are not very frequent but geographically widespread, the resistance pattern clindamycin, erythromycin, and metronidazole was repeatedly noticed in dogs (Andrés-Lasheras et al. 2018; Barbanti and Spigaglia 2020; Bjöersdorff et al. 2021; Finsterwalder et al. 2022; Alves et al. 2023).

4 *C. difficile* in Horses in Europe

In contrast to other companion animals, horses are reported to develop *C. difficile* enteric disease. Foals and adult horses could be affected and outbreaks as well as sporadic cases were described. Antibiotic treatment and hospitalization have been depicted as important risk factors. *C. difficile* rates in horses with enteric disease were 5–63% in different studies. Healthy horses may harbour *C. difficile* as well; reported prevalence was ranging between 0 and 10% (reviewed in Diab et al. 2013). More recent European studies reported 0 and 1.5% in healthy and non-hospitalized horses, respectively (Kecerova et al. 2019; Schoster et al. 2019). Horses with colic and horses with diarrhoea had prevalence rates of 19% (cumulative, in three samplings) and 6.6%, respectively (Schoster et al. 2019). In a group of hospitalized horses, prevalence was 21.3% (Kecerova et al. 2019). A Swedish study found higher carriage rates of 29% in healthy foals younger than 14 days. Additionally, soil samples from stud farms contained *C. difficile* more frequent than soil samples from farms with mature horses. It was concluded that strains from the environment and healthy foals can serve as reservoir (Baverud et al. 2003). European studies report *C. difficile* in horses from Czechia, Switzerland, Slovenia, Italy, the Netherlands, and Belgium with carriage rates from 0 to 33.3% (Table 1) showing a remarkably high diversity of detected ribotypes (Avbersek et al. 2009; Koene et al. 2012; Ossiprandi et al. 2010; Rodriguez et al. 2014a, 2015; Kecerova et al. 2019; Schoster et al. 2019). Only three of these

studies contain information on antibiotic resistance. In the first study conducted in Sweden, the resistance of 52 strains isolated from horses and their close environments was investigated for 10 different antibiotics. All of these strains were resistant to trimethoprim/sulphamethoxazole and bacitracin, but susceptible to metronidazole and fusidic acid. A total of 14 *C. difficile* strains, all of them isolated from hospitalized horses, were resistant to erythromycin and rifampicin (Baverud et al. 2003). As all of these strains were isolated from horses previously treated with erythromycin alone or in combination with rifampicin, authors suggest that erythromycin treatment probably selects the spread of this resistant pattern (Baverud et al. 2004). In a further study conducted in Belgium, antibiotic resistance was tested from ten strains isolated from hospitalized horses. All isolates displayed resistance to clindamycin and ceftiofur. Ceftiofur is one of the most commonly used antibiotics in the equine clinic (Rodriguez et al. 2014a). A Czech study investigated 18 isolates, whereof all were resistant to enrofloxacin, eight were resistant to tetracycline, five to clindamycin, and one to erythromycin and clindamycin (Kecerova et al. 2019).

5 *C. difficile* in Wild Animals in Europe

Limited data are available in Europe regarding the presence of *C. difficile* in wild animals outside of their direct or indirect relationships with livestock. In Slovenia, a study found *C. difficile* in barn swallows in an area identified as a barn swallow congregation point during the autumn migration of the species across Europe. The authors found an overall prevalence of 4% (4.6% (7/152) in juvenile birds and 0/23 in adults). PCR ribotypes 078, 002, and 014 were identified among a large variety of new types. The conclusions of this study focus on the possible role of barn swallows in the national and international dissemination of the bacterium (Bandelj et al. 2014). Another study also conducted in Slovenia investigated the carriage of *C. difficile*

in migrating passerine birds by sampling cloacal specimens from animals during migration (Bandelj et al. 2011). However, in this study, none of the samples yielded a positive result for the presence of the bacterium. In the same country, a recent study described a *C. difficile* prevalence of 18% (4/22) in captive wild animals, including Eurasian collared dove, Tawny owl, Eurasian eagle-owl, and black stork (Zlender et al. 2022).

In Spain, the faecal shedding of *C. difficile* by 40 zoo animal species was investigated (Álvarez-Pérez et al. 2014). The bacterium was found with an infection prevalence of 3.5% in samples from the chimpanzee (*Pan troglodytes troglodytes*), dwarf goat (*Capra hircus*), Iberian ibex (*Capra pyrenaica hispanica*), and plains zebra. All isolates displayed resistance to the fluoroquinolones ciprofloxacin, enrofloxacin, and levofloxacin and belonged to PCR ribotypes 078, 039, and 110. The distribution of these PCR ribotypes typically found in farm or companion animals and humans may be explained by the close contact of zoo animals with humans and their environment as well as by continuous contact between these animals and droppings of other wild animals such as birds, which may aid in the dissemination of these common *C. difficile* strains. Also, in Spain, *C. difficile* was detected in two wild boars (prevalence of 1%) foraging in urban and peri-urban areas (Darwich et al. 2021).

In a clinical case study conducted in a zoo in Denmark, *C. difficile* was reported as a cause of Asian elephant enterocolitis. Molecular differences between the isolates obtained from three different elephants were not detected; thus, it was suggested that the same clone caused the outbreak. The origin of the contamination was not elucidated. The elephants were fed large quantities of broccoli, and authors hypothesized that sulforaphane, which is present in this vegetable, could have caused dysbiosis and subsequently led to CDI (Bojesen et al. 2006). However, because the same clone was present in all of the affected elephants, it is also possible that the broccoli itself was contaminated with toxigenic *C. difficile*; therefore, the broccoli could have been the source of contamination.

C. difficile was also investigated in zooplankton populations and associated environments at five sampling stations in the Gulf of Naples, Italy. The bacterium was detected in zooplankton samples but not in marine sediments. Many types were characterized including PCR ribotypes 009 and 066. These results demonstrated for the first time that *C. difficile* is also well adapted to aquatic marine populations that were not previously studied, which suggests that the bacterium could be transmitted through the ingestion of raw or undercooked seafood (Pasquale et al. 2011).

6 Transmissions Between Animals and Environment

Clostridium difficile colonizes the intestinal tract of animals, which then excrete the bacterial spores in the faeces. In this way, animals can serve as source of environmental contamination or as vectors in direct and indirect transmission. Environmental contamination will include manure and farm waste recycling (as fertilizers or biogas substrates), soil contamination (pastures), water contamination, or aerial contamination and some examples will be described in Sect. 7.

To assess the direct or indirect transmission of *C. difficile* by vermin in pig farms, samples of house mice, drain flies, lesser houseflies, yellow mealworms, house sparrows, and bird droppings were investigated. *C. difficile* prevalence ranging between 4 and 100% was reported, and PCR ribotype 078 was identified in each type of sampling. The authors concluded that vermin could be important sources of *C. difficile* contamination in farms (Burt et al. 2012). Similarly, a recent study conducted in north-eastern Spain reported the presence of *C. difficile* in pest species including rodents and pigeons in pig farms and the associated environment. Most of the characterized isolates were identified as the susceptible metronidazole and vancomycin strains, PCR ribotypes 078 and 126, which were also isolated from pigs. This study also confirmed the cross-transmission of bacterium between wild animals and production animals in farms,

although the impact of this phenomenon on the epidemiology of *C. difficile* was not well established (Andrés-Lasheras et al. 2017). *C. difficile* was also detected in flies at dairy farms (Bandelj et al. 2016). In the Netherlands, a recent study reported the presence of *C. difficile* in rodents and insectivores in 3.2% of 347 animals tested, with a total of 13 different PCR ribotypes identified (Krijger et al. 2019). Another study also conducted in the Netherlands reported that house mice carried *C. difficile* with a prevalence of 35%. The authors also found that more than one third of the positive mice were colonized with *C. difficile* ribotypes associated with human infection (Burt et al. 2018).

In respect of dogs and cats and their role in transmission of *C. difficile* between companion animals and environment in Europe, nearly nothing is known, but two studies comprise interesting information. Occurrence of the same strain (Multi-locus variable number tandem repeat analysis (MLVA) and ribotype) in dogs and a cat indicating direct or indirect transmission was described in animal shelters in Germany (Schneeberg et al. 2012). Orden et al. (2017b) investigated recreational sandboxes for children and dogs within the Madrid region (Spain). Two of the most frequent ribotypes (009 and 106) were also reported in independent study in Madrid dogs (Álvarez-Pérez et al. 2017). A recent study also investigated the prevalence of *C. difficile* on shoe soles of veterinarians, veterinary support staff, and veterinary students at the Veterinary Faculty Campus. The prevalence found ranged from 86.7% in samples from veterinarians and 100% in samples from support staff and students. PCR ribotype 010 was the most prevalent while other common types found were identified as ribotypes 010 and 014/020. In the study, the authors highlighted the role of students' shoes as potential vectors for the spread of the bacterium (Wojtacka et al. 2021).

7 *C. difficile* in Food in Europe

Foodborne zoonotic pathogens are transmitted via the consumption of contaminated food and

drinking water. The possible foodborne transmission of *C. difficile* was reported for the first time in 1983 in Europe (Borriello et al. 1983). However, currently, the importance of *C. difficile* as a zoonotic disease remains largely unknown.

Food contamination routes can be various. Apparently healthy animals can carry *C. difficile* spores through the slaughter stage and introduce a potential risk of meat contamination during processing. Vegetables would be contaminated by manure spread or irrigation with contaminated water. Root vegetables could carry *C. difficile* spores often present in soil irrespective of fertilizing.

7.1 Detection of Contaminated Meats in Retail Markets

The evidence that carcass contamination occurs inside the slaughterhouse reinforces the hypothesis of the potential risk of foodborne infections linked to the ingestion of foods contaminated with *C. difficile* spores. A recent study in Turkey reported a high prevalence of the bacterium in cattle (33.6% (83/247)) and sheep (25.3% (78/308)) carcass samples (Hampikyan et al. 2018). In Europe, meats have been found contaminated with *C. difficile* with a frequency ranging from 2.3 to 7.5%, and the main PCR ribotypes identified were 078, 001, 012, 014, 015, 045, 053, 078, and 087 (Bouttier et al. 2010; Jobstl et al. 2010; De Boer et al. 2009; Rodriguez et al. 2014b; Tkalec et al. 2020) (Table 2). Nevertheless, other surveys have failed to find *C. difficile* in meat samples (Indra et al. 2009; Hoffer et al. 2010; De Boer et al. 2009). Some recent studies have isolated the bacterium in edible chicken giblets, gizzard samples, liver, and other chicken meats at slaughterhouse (Candel-Pérez et al. 2021). Similarly, a national food surveillance for *C. difficile* in Slovenia detected the presence of the bacteria in beef, pork, and poultry, with a prevalence ranging from 3.8 to 5% (Tkalec et al. 2020). The reason for the lower variety of PCR ribotypes in meat samples is not clear considering the high variety of types found in farm animal faecal samples. One

Table 2 Overview of recent European studies on *C. difficile* in foods

Food	References	Reported prevalence and detected ribotypes
Meats	Indra et al. (2009); Von Abercron et al. (2009); Bouttier et al. (2010); De Boer et al. (2009); Hoffer et al. (2010); Jobstl et al. (2010); Rodriguez et al. (2014b); Tkalec et al. (2020); Candel-Pérez et al. (2021); Heise et al. (2021)	0–15.8% 001, 002, 003, 005, 012, 014/020, 045, 053, 071, 078, 087
Seafood	Pasquale et al. (2011, 2012); Agnoletti et al. (2019); Tkalec et al. (2020)	5.9–75% 001, 002, 003, 005, 010, 012, 014, 018, 020, 045, 046, 049, 066, 070, 078, 081, 087, 106, 220, 404, 422, 449, 569, 614, 651
Vegetables	Eckert et al. (2013); Tkalec et al. (2019, 2020, 2022); Scholtzek et al. (2022)	1.9–26.7% 001/072, 002, 003, 005, 009, 010, 011/049, 012, 014/020, 015, 018, 023, 024, 027, 029, 032, 053, 056, 070, 077, 078, 081, 085, 106, 126, 127, 128, 131, 150, 174, 204, 207, 244, 255, 276, 394, 500, 625, 864, 912, 913, 914, 915, 916, 917, 918, 919

possible explanation is that there are differences in the sporulation frequencies and susceptibilities to external agents among the different PCR ribotypes (Zidaric et al. 2012). This feature may contribute to the survival of only some PCR ribotypes to the final stages of the meat supply chain (i.e. distribution in retail markets). Furthermore, it is noteworthy that animals may not be the sole origin of *C. difficile* contamination via meat and that other sources could involve contamination during processing or in retail markets.

7.2 *C. difficile* in Foods Other than Meats in Europe

In Europe, only a couple of studies have addressed the presence of *C. difficile* in foods other than meat, such as seafood and vegetables. The prevalence reported for seafood ranges from 5.9% to more than 50% of samples showing positive results (Pasquale et al. 2011; Pasquale et al. 2012; Agnoletti et al. 2019; Tkalec et al. 2020); while the prevalence described for vegetables is slightly lower, ranging between 1.9 and 26.7% (Eckert et al. 2013; Tkalec et al. 2019, 2020; Scholtzek et al. 2022). A recent study in Slovenia points to potatoes as the vegetable most frequently contaminated by *C. difficile* (prevalence of 28%), followed by ginger (prevalence of 6.7%) and leaf vegetables (prevalence of

9.4%) (Tkalec et al. 2019). Also, in Germany, *C. difficile* was found in potatoes and salads with a prevalence of 26.7% and 1.9%, respectively (Scholtzek et al. 2022). A large study on *C. difficile* in potatoes in 12 European countries found a prevalence of 22.4% (33/147) and identified a total of 38 different ribotypes (Tkalec et al. 2022). Furthermore, several PCR ribotypes have been detected in these types of samples including PCR ribotypes 011/049, 014/020, 078, 001, and 015, among others, and most of these PCR ribotypes have also been associated with CDI in humans in European hospitals (Bauer et al. 2011; Agnoletti et al. 2019).

8 Studies on *C. difficile* in Environment in European Countries

Although the first large study including samples from non-hospital environment was done in Europe, the reports on *C. difficile* in environmental sources in European countries were scarce. However, in recent 5 years, the number of environmental studies increased and they often include also comparisons with animal or clinically relevant strains on genomic level (Table 3). Tested environments include water, soil, wastewater treatment plants (WWTP), biogas plants, air, sediment, manure, silage/hay,

Table 3 Overview of studies on *C. difficile* in environment in different European countries

Environmental sample type	Country	Positivity rate	CFU (if available)	Strain characterization	Reference
WWTP—inlet, sewage, effluent	Italy	Positivity <100%		–	Romanazzi et al. (2016)
WWTP—inlet and effluent	Switzerland	18/18		RT	Romano et al. (2012b)
WWTP—inflow	Germany	Unspecified		RT, WGS	Numberger et al. (2019)
WWTP—effluent	Slovenia	12/12		RT	Steyer et al. (2015)
WWTP effluent	Czech Republic	2/2		RT, AMR, MLVA	Cizek et al. (2022)
WWTP—diverse	Germany	12/16; 75%		AMR	Blau and Gallert (2023)
WWTP	Finland	1/1		RT	Kotila et al. (2013)
WWTP	UK	20 WWTPs		WGS	Moradigaravand et al. (2018)
Water—swimming pool	UK	4/8; 25%	1–3 CFU/100 ml	RT ^a	Al Saif and Brazier (1996)
Water—seawater	Italy	2/5; 40%		RT	Pasquale et al. (2011)
Water—seawater	UK	7/15; 46.7%	3–6 CFU/100 ml	RT ^a	Al Saif and Brazier (1996)
Water—seawater	UK	0/4		RT, AMR	Hargreaves et al. (2013)
Water—river (n = 4)	UK	14/16; 87.5%	1–5 CFU/100 ml	RT ^a	Al Saif and Brazier (1996)
Water—river (n = 2)	Czech Republic	5/12; 41.7%		RT, AMR, MLVA	Cizek et al. (2022)
Water—river (n = 25)	Slovenia	42/69; 60.9%		RT	Zidaric et al. (2010)
Water—puddles	Slovenia	15/104; 14.4%		RT, AMR	Janezic et al. (2016)
Water—lake	UK	7/15; 46.7%	1–5 CFU/100 ml	RT ^a	Al Saif and Brazier (1996)
Water—lake	Czech Republic	1/2		RT, AMR, MLVA	Cizek et al. (2022)
Water—inland drainage	UK	7/26; 27%		RT ^a	Al Saif and Brazier (1996)
Water—foam	UK	1/1		RT, AMR	Hargreaves et al. (2013)
Water at farms	Ireland	5/30; 17% bovine 2/30; 7% ovine 9/30; 30% broiler		–	Marcos et al. (2021)
Water—drinking bowls at dairy farm	Slovenia	3/80; 3.75%			Bandelj et al. (2016)
Tap water	Finland	1 positive/ unspecified total number	28 CFU/100 ml	RT	Kotila et al. (2013)
Tap water	UK	1/18; 5.5%	1–3 CFU/100 ml	RT ^a	Al Saif and Brazier (1996)
Surfaces at public places	Sweden	0/95		AMR	Baverud et al. (2003)
Soil—spinach fields	Ireland	6/60; 10%		RT, AMR, WGS	Marcos et al. (2022)
Soil at farms	Ireland	15/30; 50% bovine 12/30; 40% ovine 13/30; 43% broiler		–	Marcos et al. (2021)

(continued)

Table 3 (continued)

Environmental sample type	Country	Positivity rate	CFU (if available)	Strain characterization	Reference
Soil (seasonality)	Belgium	45/112; 40.2% high in winter		RT, AMR	Rodriguez et al. (2019b)
Soil (farms)	Slovenia	28/80; 35%		RT	Bandelj et al. (2016)
Soil—fertilized (long-term study)	Germany	8/8		(RT, AMR) ^c , WGS	Frentrup et al. (2021)
Soil—domestic garden	Slovenia	3/10; 30%		RT	Janezic et al. (2020)
Soil	Slovenia	28/78; 36.7%		RT, AMR	Janezic et al. (2016)
Soil	UK	22/104; 21.2%		RT ^a	Al Saif and Brazier (1996)
Soil	Sweden	25/598, 4%		AMR	Baverud et al. (2003)
Soil	Germany	3/3		AMR	Blau and Gallert (2023)
Sediments estuarine in 2009	UK	11/18; 61.1% (2009) 13/21; 61.9% (2010)		RT, AMR	Hargreaves et al. (2013)
Sediments	Italy	0/5		na	Pasquale et al. (2011)
Sediment	Germany	1/1		RT, WGS	Numberger et al. (2019)
Sandboxes—for dogs or children	Spain	21/40; 52.5%		RT, AMR	Orden et al. (2017b)
Households	UK	550 samples; 2.2% positive		RT ^a	Al Saif and Brazier (1996)
Households	Slovenia	19/44; 43% shoes 6/21; 28% slippers		RT, WGS	Janezic et al. (2018)
Farm—silage/hay	Slovenia	3/80; 3.75%		RT	Bandelj et al. (2016)
Farm—manure; dairy farms	Slovenia	23/80; 28.7%		RT	Bandelj et al. (2016)
Farm—chicken manure	Germany	3/3		(RT,AMR) ^c , WGS	Frentrup et al. (2021)
Environmental samples ^b	Italy	na		RT, MLVA	Romano et al. (2018)
Compost—organic garbage pile	Slovenia	1/1		RT, AMR	Janezic et al. (2016)
Compost	Slovenia	9/15; 60%		RT	Janezic et al. (2020)
Biogas plants (<i>n</i> = 8)	Germany	69/154; 44.8%		–	Froschle et al. (2015)
Air—farm associated	Netherlands	Inside pig farm Air at exhausters Air at 20 m distance 2/4 positive	2–625 CFU/m ³ 6–120 CFU/m ³	RT	Keessen et al. (2011a, b)
Air—dust during manure application	Germany	1		(RT, AMR) ^c , WGS	Frentrup et al. (2021)

WWTP waste water treatment plant, ABR antibiotic resistance, RT PCR-Ribotype, WGS Whole genome sequencing, AMR Antimicrobial resistance

^aTyping published in separate publication (Al-Saif et al. 1998)

^bSamples from previous studies (WWTP, sewage sludge, seawater, freshwater)

^cRT reported based on WGS cluster previous associations with ribotypes; AMR not found in genome sequences

sandboxes, surfaces in public places, and households.

Unsurprisingly, WWTPs seem to be the environment with very high positivity rate and *C. difficile* is often detected in all tested samples either from inlet water, sewage, or effluent (Kotila et al. 2013; Steyer et al. 2015; Romano et al. 2012b; Moradigaravand et al. 2018; Cizek et al. 2022). A single study, using non-culturing method, reported positivity rate lower than 100% (Romanazzi et al. 2016). Another report from Germany also had positivity rate lower than 100% and in this case *C. difficile* was detected in all WWTPs associated samples except in effluent (Blau and Gallert 2023).

Rivers and sediments also have variable proportions of *C. difficile*-positive samples, from 41.7 to 87.5% in river samples and from none to 61.9% in sediment samples (Table 3) (Zidaric et al. 2010; Hargreaves et al. 2013; Nummerger et al. 2019; Cizek et al. 2022).

Prevalence of *C. difficile* seems to be somewhat lower in soil. Most studies on different soil types (farm associated, domestic gardens, fields, populated areas) reported positivity rates between 30 and 50% (Janezic et al. 2016; Rodriguez et al. 2019b; Janezic et al. 2020; Marcos et al. 2021) but this can depend on soil type (Table 3). As an example, the overall prevalence in more than 500 soil samples in Sweden was 4%. While soil from public environments (parks, playgrounds, gardens, cultivated fields) showed the 4% positivity, samples from pastures and paddocks in stables with only mature horses were positive only in 1% and in stud farms at 11% (Baverud et al. 2003). Spores were detected significantly more often during winter soil sampling than during the summer sampling (Rodriguez et al. 2019b). Importantly, a long-term *C. difficile* persistence of almost 3 years in a single field after manure application was described (Frentrup et al. 2021).

Sandboxes, here specified as environments different than soil, showed slightly different positivity rate if they were used by children (9 positive of 20) or designated for dogs (12 positive of 20) (Orden et al. 2017b).

Another example of unequal distribution within the given environment are biogas plants. In Germany, eight plants with different substrate use (single predominate substrate which was either grass silage or cattle manure) were sampled (Froschle et al. 2015). *C. difficile* that was most frequently detected of all clostridia tested (44.8% of samples), followed by *C. novyi* (3.9% of samples); other tested species were not detected (*C. botulinum*, *C. chauvoei*, *C. haemolyticum*, *C. septicum*). Animal substrates were more likely to contain *C. difficile* than plant substrates (10/17; 58.8% vs. 2/44; 4.5%). Because all settings use mixed substrates (animal and plant, with predominance of one) the positivity of digested sludge was 22 of 42 samples (52.4%) and in digestion products 35 of 51 samples (68.6%).

Two European studies have detected *C. difficile* in air. A single study has investigated airborne spore transmission within and around a pig production farm with known high *C. difficile* prevalence (Keessen et al. 2011a). *C. difficile* was detected in all farm units except in the pregnant sow unit. The detected airborne *C. difficile* colony counts ranged from 2 to 625 CFU/m³. At farrowing unit pens with piglets of different age were sampled and the *C. difficile* spores detected in the air decreased with piglet age being highest in pens with neonatal and up to 2 weeks old piglets. Air exhausts at roofs of four different units resulted in spore counts from 6 to 120 CFU/m³, two of four air samples at 20 m distance downwind were positive while air samples up to 140 m distance were all negative. Frentrup et al. (2021) sampled the air during the manure application on the field and detected *C. difficile* at the distance of 20 m from the tractor, but not at 50 m or 100 m.

Strain typing was done in most of the studies (Table 3). Variety of detected ribotypes within a single environment is very large, but PCR ribotypes detected almost in every study were 014 and 010. Soil, in particular in rural but not urban areas, was shown to be natural environment for very distinctive and divergent lineages of *C. difficile* strains (Janezic et al. 2016). These divergent strains from cryptic clades CI-III most

likely represent individual species (Knight et al. 2021). They can possess atypical toxin genes for toxin A or B and plasmid encoded binary toxin (Riedel et al. 2017; Ramírez-Vargas et al. 2018; Williamson et al. 2022). Occasionally they are detected also in patients (Janezic et al. 2015; Ducarmon et al. 2022).

Antibiotic resistance was tested in several studies (Table 3) and mainly to only few selected antibiotics. Environmental isolates are resistant to similar antibiotics as human isolates. Interestingly, nontoxic environmental strains could be more resistant than toxigenic environmental strains (Janezic et al. 2016).

9 Importance of Animals, Food, and Environment for Human Infection

The transmission of *C. difficile* from animal and environmental source occurs via the faecal-oral route through either direct or indirect contact with contaminated surfaces (e.g. water, foods, or faeces) or when spores are ingested. Furthermore, close contact with colonized animals may also be involved in the epidemiology of *C. difficile* in humans. Potential of airborne transmissions from farms and during manure application was shown (Keessen et al. 2011a; Frentrup et al. 2021). Another interesting option for spore transmissions between settings are shoes. In the households, a higher proportion of shoes in comparison to dog paws was positive on *C. difficile* spores (Janezic et al. 2018). Potato as one of the mostly eaten vegetable in Europe was shown to be often contaminated with *C. difficile* and is probably an example how spores are transmitted transnationally (Tkalec et al. 2020, 2022).

A certain proportion of *C. difficile* strains is very likely constantly transmitted between humans, animals, and the environment as partial overlap of ribotypes isolated from humans to those found in food, animals, or environment is well documented. A comparison of PCR ribotypes isolated in a single country during 3 year period from humans, animals, and environment showed that 11 of total 90 PCR ribotypes were shared

between all three reservoirs (Janezic et al. 2012). Strains within a given ribotype still represent very heterogeneous group and whole genome sequence level is needed for identity confirmation. This was initially done in two studies, one on ribotype 078 strains in Netherlands and other on ribotype 014 strains in Australia (Knight et al. 2016; Knetsch et al. 2014). Although in both studies, identity between pig and human strains was proven, the proportion of such shared strains within the studied ribotype was very low. The recent *C. difficile* studies on animal and environmental strains often include also whole genome sequence comparisons and have confirmed also shared sequence types (STs) between humans, animals, and environment (Table 3).

To date, no direct infection originating from food, animal, or environmental source was described. Single study in Finland aimed at linking environmental samples from sewage and tap water to a large gastroenteritis outbreak associated with sewage contaminated drinking water (Kotila et al. 2013). Authors claimed to report for the first time that ‘waterborne transmission of *C. difficile* spores was possible and a potential cause of CDI during outbreak’. However, only limited number of samples was obtained either from environment or from patients (9 strains from 19 CDI patients). Only one patient and one tap water isolate showed same PCR ribotype (014). As this is the one of the most prevalent PCR ribotypes in humans, some animals, and most environments, only whole genome sequencing could confirm the true association and identity of both strains.

Impact and prevention of *C. difficile* foodborne transmission is an emerging issue in *C. difficile* field. The verified presence of *C. difficile* in food begets the question about the risks for consumers. If the gut microbiota is normal, intestinal colonization may be transient (i.e. in the sense that shedding can result from short-term successful bacterial colonization or from intestinal passage of the ingested dormant spores) and can occur without associated pathology. Even if the spore numbers in foods are typically low, ingestion of a small dose in combination with an altered gut microbiota may be able to trigger infection.

The spores of *C. difficile* are heat resistant and can survive gentle cooking of foods (70 °C) but cannot survive the same range of high temperatures as the spores of other clostridial species (Rodriguez-Palacios and Lejeune 2011). Therefore, thermal treatment (85 °C for 10 min) may be the best strategy for reducing the risk of foodborne transmission. Furthermore, thermal treatment is an easy household practice that should be emphasized because it is also useful for eliminating other pathogens present in foods. Under this scenario, special attention must be given to the presence of *C. difficile* in raw foods consumed directly (e.g. raw meats or fish consumed without thermal treatment), biological products (e.g. fruits or vegetables, normally grown with the help of organic fertilizers), or traditional food products in developing countries which are sometimes prepared without the appropriate hygienic procedures. In these cases, the prevalence and counts of spores may have greater importance than is currently recognized and may present an important potential risk of foodborne infection, especially in populations with gastrointestinal perturbations.

Conclusions *C. difficile* reservoirs other than humans and hospitals are becoming increasingly recognized. Following the results of numerous studies in recent years on the niche and transmission of *C. difficile* between humans, animals, the environment and food, the bacterium is widespread in the environment, animals, and foods and should now be considered as a zoonotic pathogen. In addition, new genomic sequencing technologies have revealed the presence of clones or identical strains of *C. difficile* that cluster in the same lineage in the different niches discussed in this chapter. Therefore, a comprehensive ‘One Health’ approach is needed in future surveillance and control studies of *C. difficile* infections.

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