Chapter 13 The Role of Modifed Forms of LDL and Corresponding Autoantibodies in the Development of Complications in Diabetes

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Introduction

Hyperglycemia and hyperlipidemia in diabetes lead to overproduction of reactive oxygen species (ROS). Oxidative stress contributes to modifcation of lipoproteins which is a critical factor to initiate endothelial dysfunction and activate pathogenic pathways that lead to the development and progression of complications in diabetes [\[1](#page-10-0), [2\]](#page-10-1). Hyperglycemia plays a key role by inducing mitochondrial overproduction of reactive oxygen species (e.g., superoxide anion, hydrogen peroxide, and others), which, in turn, will lead to a variety of modifcations of proteins, enzymes, and other substrates, including the formation of advanced glycation end-products (AGE) and oxidation $[1, 3, 4]$ $[1, 3, 4]$ $[1, 3, 4]$ $[1, 3, 4]$ $[1, 3, 4]$ $[1, 3, 4]$.

Lipoproteins can be modifed as a consequence of oxidation and glycation. Endothelial cells, monocytes/macrophages, lymphocytes, and smooth muscle cells (SMC) are all able to enhance the rate of oxidation of low-density lipoprotein (LDL). Reactive oxygen species and sulfur-centered radicals initiate metal iondependent lipid peroxidation resulting in the generation of aldehydes that interact with lysine residues in ApoB-100. Myeloperoxidase, a heme enzyme secreted by activated macrophages, is able to catalyze lipid peroxidation independently of free metal ions. Oxidation of arachidonic acid, usually secondary to oxidative stress, prostaglandin synthesis by endothelial cells (EC) and platelet activation, lead to the

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formation of aldehydes that interact with the lysine residues of ApoB100 causing its aggregation, and the resulting modifcation is generally referred to as malondialdehyde (MDA)-modifed LDL [[5\]](#page-10-4).

Modifed forms of LDL induce endothelial dysfunction and vascular infammation. Infammation derives from modifed LDL-induced activation of the innate immune system and from the induction of antibodies against the different LDL modifcations that lead to the formation of circulating immune complexes that exhibit strong immunomodulatory properties, leading to a robust atherogenic and pro-infammatory response. LDL-containing IC serve as a predictive biomarker of macrovascular disease in diabetes.

The Pathogenic Role of Modifed Forms of LDL

The pathogenic role of modifed LDL in the development and progression of atherosclerosis is well established. It has been investigated from two different angles: the direct pro-atherogenic effect of modifed forms of LDL [[3,](#page-10-2) [6\]](#page-10-5) and the consequences of the immune response directed against neo-epitopes resulting from lipoprotein modifcation [\[7](#page-10-6)]. Both types of effects have been extensively characterized in the case of oxidized LDL (oxLDL) and of advanced glycation end products-modifed LDL (AGE-LDL).

Modifed lipoproteins stimulate the release of pro-infammatory mediators and can affect epigenetic mechanisms leading to the reprogramming of cells such as endothelial cells and monocytes. For instance, oxLDL induces the transformation of macrophages into foam cells, but that only occurs after an epigenetic reprogramming of monocytes. Exposure of reprogrammed monocytes to oxLDL leads to an enhanced response to TLR 2 and 4 as well as to upregulation of CD36 and SRA [[8\]](#page-10-7). Another way to induce an epigenetic reprogramming of monocytes is via a set of mobile small regulatory elements, the microRNAs (miRNAs), which are small endogenous non-coding RNA molecules that regulate post-transcriptional gene expression. MicroRNAs are able to silence gene expression via binding to complementary miRNA recognition elements (MREs) in the 3′ and 5′ untranslated regions of their target mRNAs. To better assess the role of miRNAs in the development of atherosclerosis and other complications in diabetes, miRNAs that regulate cholesterol homeostasis, endothelial cell homeostasis, and the infammatory response are being carefully studied, but well-validated knowledge in this feld is still not available, although many promising results are starting to emerge [[9–](#page-10-8)[12\]](#page-10-9).

As well as inducing the transformation of macrophages into foam cells, a hallmark of the atherosclerotic process, due to its uptake by macrophages via receptormediated pathways [[3,](#page-10-2) [13,](#page-10-10) [14](#page-10-11)], oxidized LDL can also present oligopeptides to the cell-mediated immune system, leading to activation of T helper 1 cells (Th1 cells) in the vascular wall. As a consequence of their activation, Th-1 cells release, among others, interferon-γ and TNF that activate macrophages and induce the release of chemokines that attract more T cells to the area. The process becomes

self-perpetuating, resulting in a chronic infammatory reaction [[15,](#page-10-12) [16\]](#page-10-13). Furthermore, oxidized phospholipids generated during LDL oxidation may also activate infammatory cells through their interaction with TLR4 [[17,](#page-10-14) [18](#page-10-15)], and oxLDL containing oxidized phospholipids can mediate the uptake of oxLDL by scavenger receptors and it can also be taken up by oxLDL-IC opsonized after interaction with Fc receptors. The differences observed when macrophages are incubated with copperoxidized LDL versus highly oxidized MDA-LDL could result from differences in the content of oxidized phospholipids in those two forms of oxidized LDL [[19,](#page-11-0) [20\]](#page-11-1).

In addition, oxLDL has chemotactic effects on monocytes [[21\]](#page-11-2), enhancing monocyte adhesion to EC in culture [[22,](#page-11-3) [23](#page-11-4)] as well as the expression of vascular cell adhesion molecule 1 (VCAM 1) and intercellular adhesion molecule 1 (ICAM 1) by human aortic endothelial cells induced by tumor necrosis factor (TNF) [\[24](#page-11-5)] and of ICAM-1 in resting human endothelial vein cells [[25\]](#page-11-6), thus contributing to the migration of monocytes into the vessel wall. Also high concentrations of oxLDL are cytotoxic and experimental data suggests that oxLDL can injure vascular cells, both endothelial cells and smooth muscle cells (SMC) [\[26](#page-11-7), [27\]](#page-11-8). Multiple microRNAs and epigenetic modifcations also have been described as infuencing endothelial and SMC dysfunction [\[12](#page-10-9), [28](#page-11-9), [29\]](#page-11-10). OxLDL induces enhanced synthesis of growth factors including platelet-derived growth factor-AA (PDGF-AA) and PDGF receptors in SMC, as well as of granulocyte-monocyte colony-stimulating factor, macrophage colony-stimulating factor (M-CSF), and granulocyte colony-stimulating factor in aortic endothelial cells from humans and rabbits [[30\]](#page-11-11). In addition, oxidized LDL may affect fbrinolysis by inhibiting the secretion of tissue plasminogen activator (tPA) by human endothelial cells $[31]$ $[31]$ and stimulating the secretion of plasminogen activator inhibitor (PAI)-1 [\[31](#page-11-12)]. Thus, oxLDL is unable to stimulate the endotheliumdependent activation of fbrinolysis and may promote a chronic pro-thrombotic state.

The endothelial dysfunction and chronic infammation induced by oxLDL are extremely relevant to the development of atherosclerosis and other complications in diabetes. Our group has found a positive association between the levels of infammatory and endothelial dysfunction biomarkers and diabetic retinopathy [[32\]](#page-11-13), nephropathy [[33\]](#page-11-14), and subclinical atherosclerosis [[34\]](#page-11-15).

These pro-infammatory effects are the result of the activation of a variety of functional pathways. Oxidized LDL has been shown to activate a variety of cell types expressing CD36 and other scavenger receptors and to contribute to the generation of reactive oxygen species (ROS) [\[35](#page-11-16)]. On macrophages, the interaction of oxLDL and CD36 (mediated by oxidized phospholipids) results in activation of the src family members Fyn/Lyn, and of several components of the MAP kinase pathway, including MKKK, MKK, FAK, and MAPK (JNK) [\[14](#page-10-11)]. The activation of these kinases and associated proteins, such as Vav, is associated with foam cell formation as well as with unregulated actin polymerization and loss of cell polarity causing a migration defect and the trapping of activated cells in the atheromatous lesions [[14\]](#page-10-11). Recently, it was demonstrated that exposure of monocyte-derived macrophages to cytokines and oxLDL through binding to CD36, oxLDL signifcantly increases production of pro-thrombotic microparticles expressing tissue factor, via a caspase 3/7 dependent pathway [[36\]](#page-11-17). In platelets, the same signaling events lead to enhanced platelet reactivity and enhanced formation of thrombi [\[37](#page-11-18)]. It has also been reported that ligation of CD36 by oxLDL leads to the formation of a toll-like receptor heterodimer (TLR-4–TLR-6) that, in turn, activates MyD88 and nuclear factor kappa B (NFkB), a critical step in inducing the synthesis and release of pro-infammatory cytokines [[38\]](#page-12-0). The balance of pro- and anti-infammatory mediators, together with resolvins [\[39](#page-12-1)], agents that promote the resolution of infammation, is responsible for atherosclerotic lesion progression or regression

The advanced glycation end-product modifed LDL, AGE-LDL, as well as other AGE-modifed proteins have also been shown to have pro-infammatory properties [\[40](#page-12-2), [41](#page-12-3)]. AGE-modifed proteins will impact endothelial cells eliciting increased permeability and pro-coagulant activity [\[42](#page-12-4)] as well as overexpression of VCAM-1 [\[43](#page-12-5)]. AGEs also contribute to fbroblast proliferation and T lymphocyte activation, which results in the release of increased amounts of interferon-γ that will activate monocytes and macrophages, inducing in turn the release of pro-infammatory cytokines and chemokines $[42]$ $[42]$, thus creating the conditions for a chronic inflammatory reaction in the arterial wall. The predominant impact of AGE/RAGE in the pathogenesis of oxidative stress in cardiovascular diseases and diabetes has been extensively discussed [[44\]](#page-12-6), and the impact of AGE in the atherosclerotic process associated with diabetes was confrmed in streptomycin-induced diabetic ApoE−/− mice [[45\]](#page-12-7). Administration of soluble forms of AGE receptors (RAGE) resulted in reduction of vascular permeability and reduced the progression of atheromatous lesions [\[45](#page-12-7)].

The Adaptive Immune Response Elicited by Modifed LDL

The pro-infammatory properties of modifed LDL appear to be considerably enhanced as a consequence of their immunogenicity. The immunogenicity of modifed LDL was frst reported by Steinbrecher et al. based on the immunization of laboratory animals with modifed lipoproteins [\[46](#page-12-8)]. Of all the modifed forms of LDL, oxLDL has been studied in greatest detail from the immunological point of view. Steinbrecher as well as Palinski et al. characterized its immunogenic epitopes [\[47](#page-12-9), [48](#page-12-10)]. Furthermore, human autoantibodies to oxLDL were the frst to be purifed and characterized [[49–](#page-12-11)[51\]](#page-12-12). Immune complexes (IC) containing modifed LDL have been isolated from the peripheral blood of patients with diabetes, cardiovascular disease, and healthy individuals [[52,](#page-12-13) [53\]](#page-12-14). Both oxidized LDL and corresponding antibodies have been isolated from atheromatous human tissue [[49,](#page-12-11) [54\]](#page-12-15). Thus, it seems reasonable to use circulating IC as an indicator of the IC that are deposited in the vessel wall. The formation of LDL-IC in circulation is likely to be inconsequential, but those IC formed in the vessel wall will result in enhanced phagocytosis and increased presentation of peptides derived from modifed LDL to T helper cells, which is a critical step in the perpetuation vascular infammation, as described above.

In several studies, we have consistently found that the predominant isotype of modifed LDL antibodies is IgG [[50,](#page-12-16) [51,](#page-12-12) [55–](#page-12-17)[57\]](#page-13-0). This is a signifcant fnding because IgG antibodies are pro-infammatory [\[50](#page-12-16), [51,](#page-12-12) [55](#page-12-17)[–57](#page-13-0)]. As reported by our group, predominance of circulating IgG antibodies with higher avidity over IgM antibodies in isolated oxLDL-IC is associated with parameters indicative of deteriorating renal function in the type 1 diabetes Diabetes Control and Complications Trial/Epidemiology of Interventions and Complications (DCCT/EDIC) cohort [\[57](#page-13-0)]. We observed signifcant positive associations of IgG oxLDL antibody concentration in isolated IC with serum creatinine and the urinary albumin excretion rate, as well as a negative correlation with the estimated glomerular fltration rate. IgM oxLDL antibody concentrations did not show any correlation with those parameters [[57\]](#page-13-0). This study, however, was based on a small group of patients with type 1 diabetes. Later we studied a much larger population of 905 patients with type 2 diabetes [\[58](#page-13-1)], and this study shows the predominance of IgG over IgM oxLDL antibodies in isolated immune complexes and also shows that high levels of AGE-LDL as well as of IgG antibodies, but not IgM antibodies, reacting with MDA-LDL lysine epitopes in circulating IC, predict the development of macroalbuminuria in patients with type 2 diabetes. Several groups have reported data suggesting that IgM antibodies to oxidized phospholipids and oxidized LDL have protective effects in relation to the development of atherosclerosis [\[59](#page-13-2)[–64](#page-13-3)], although whether this protective effect extends to antibodies recognizing that modifed peptides seem questionable based on data published by Fredrickson and co-workers [\[65\]](#page-13-4). If a predominant IgM response has protective effects against the development of atherosclerosis, it is diffcult to see how that information can be translated into the clinical setting.

The Composition of Circulating Modifed LDL Immune Complexes and Diabetes Complications

Besides studying the pathogenic role of modifed LDL antibodies [\[57](#page-13-0), [58](#page-13-1), [66–](#page-13-5)[69\]](#page-13-6), we developed methodology that allows the measurement of modifed forms of LDL and the corresponding antibodies involved in IC formation through the isolation and fractionation of circulating IC [\[53](#page-12-14), [57](#page-13-0), [70](#page-13-7)]. This is an important methodological improvement over the direct assay of modifed LDL or their corresponding antibodies in serum or plasma samples, as most modifed LDL in the circulation is associated with the corresponding antibodies, and measurements of either component of the circulating complexes are inaccurate due to the mutual saturation of antigen and antibody binding sites [\[53](#page-12-14), [56](#page-13-8), [70](#page-13-7)].

In contrast with the conficting data generated by studies of modifed LDL or antibodies to modifed LDL [[56,](#page-13-8) [71](#page-13-9)], data generated in clinical studies carried out on the DCCT/EDIC cohort with our assay have shown that high levels of oxLDL and AGE-LDL in isolated and fractionated IC are associated with increased risk for developing diabetic nephropathy [\[72](#page-13-10)]. Also in the DCCT/EDIC cohort, using coronary artery calcifcation (CAC) indices and carotid intima-media thickness (IMT) as end-points indicative of cardiovascular disease progression, we also found that increased levels of oxLDL and of AGE-LDL in circulating IC are associated with the development of coronary calcifcation [\[73](#page-14-0)] and with increased levels and progression of carotid IMT [\[74](#page-14-1)[–76](#page-14-2)]. The levels of MDA-LDL in isolated IC showed a signifcant but weaker correlation with increased carotid IMT [[74–](#page-14-1)[77\]](#page-14-3). Recently, our group have demonstrated that the levels of AGE-LDL, oxLDL, and MDA-LDL in circulating IC isolated from plasma collected at entry into the DCCT/EDIC study predicted CVD outcomes in people with type 1 diabetes occurring over a 25-year period, even after adjustment for other risk factors including LDL-C levels [[78\]](#page-14-4). When subsequent measurements of these IC were incorporated over time, adjustments by other risk factors mainly LDL-C attenuated the predictive value of the baseline levels and only oxLDL-IC remained independently associated with the risk of all major adverse cardiac and cerebrovascular events, myocardial infarction (MI), and coronary artery disease (CAD). Our data strongly points to a causal association of modifed LDL-IC with the development and progression of atherosclerosis. Supporting this concept are our studies showing that $F(ab')$? fragments of antioxidized LDL IgG attenuate vascular infammation and atherosclerosis in a diabetic LDL receptor deficient mice [\[79](#page-14-5)]. Our results in type 1 diabetes differ from those obtained in patients with type 2 diabetes (the Veterans Affairs Diabetes Trial (VADT) cohort), in whom the levels of oxLDL and AGE-LDL in circulating IC are not signifcantly associated with the occurrence of acute events, but high concentrations of MDA-LDL in IC are strong predictors of acute events, especially myocardial infarction (MI) [\[80](#page-14-6)]. In agreement with our data, Holvoet et al. reported in two separate studies a link between high levels of oxLDL and established CAD, and between elevated plasma MDA-LDL levels and plaque instability [[81,](#page-14-7) [82\]](#page-14-8).

The correlation between MDA-LDL levels and plaque instability is particularly signifcant because it has been well established that atherosclerotic plaque rupture is a critical event triggering thrombus formation, arterial luminal obstruction, and subsequent acute coronary syndromes [\[83](#page-14-9)]. Plaques that are prone to rupture consist of a larger intimal lesion with abundant macrophages and foam cells and a thinned fbrous cap [[84](#page-14-10)]. Necropsy studies have demonstrated that atherosclerosis in people with diabetes is more extensive and accelerated than that in non-diabetic subjects [[85\]](#page-14-11). Furthermore, studies have also shown that atherosclerotic lesions in diabetic patients were more vulnerable as they had larger intimal lesions and increased macrophage infltration as compared to those in non-diabetic patients [\[86](#page-14-12)]. Analysis of gene expression in atherosclerotic plaques showed that when compared to stable plaques, vulnerable plaques have higher expression of matrix metalloproteinases (MMPs) with collagenase activity, which contribute to the thinning of the fbrous cap, causing plaque instability and rupture [\[87\]](#page-14-13). Among the metalloproteinases, MMP-9 has been the object of considerable interest in recent years and according to some studies is an independent risk factor for atherothrombotic events [\[88](#page-14-14), [89](#page-14-15)]. MMP-9 synthesis and release can be induced through TLR-4 stimulation, usually involving bacterial endotoxins [[17\]](#page-10-14) but also by minimally modifed LDL [[90\]](#page-14-16). The association of circulating MDA-LDL and IC-associated MDA- LDL with plaque instability/acute CV events raises interesting questions such as whether IC containing different modifed forms of LDL may lead to distinct gene regulation and cell reprogramming. MDA-LDL-IC

seems to lead to plaque instability by inducing macrophage apoptosis and/or increased synthesis of matrix metalloproteinases, such as MMP-9 [[91](#page-14-17)]. OxLDL-IC, in contrast, induce the release of pro-infammatory cytokines [\[66\]](#page-13-5) and promote collagen synthesis by smooth muscle cells [\[92\]](#page-14-18), and therefore are more likely to contribute to atheroma progression without a signifcant effect on plaque stability (Fig. [13.1](#page-6-0)).

Considerable interest has been raised by the accumulation of apoptotic macrophages around the necrotic core of vulnerable plaques [\[91](#page-14-17)]. A variety of pro-apoptotic insults has been proposed to play a signifcant role in the evolution of atheromas, including oxidative stress, endoplasmic reticulum (ER) stress, accumulation of nonesterifed (free) cholesterol, and effects of pro-infammatory cytokines released by activated macrophages [\[91](#page-14-17)]. Accumulation of free cholesterol in macrophages in combination with signals delivered through scavenger receptors or with interferon-γ, known to be released by activated T lymphocytes in atheromas [[16,](#page-10-13) [93\]](#page-15-0), leads to serine phosphorylation of STAT-1 which is a critical element in the induction of apoptosis secondary to ER stress [[94\]](#page-15-1). The apoptotic macrophages in atheromas are ingested by functional macrophages (efferocytosis). Efferocytosis in early lesions seems to result in suppression of infammation, while in advanced lesions is associated with enhanced infammation [[91\]](#page-14-17). This evolution appears to be a result of defective efferocytosis, allowing the apoptotic cells to undergo necrosis, resulting in the accumulation of cell fragments that promote infammation and plaque instability [[91\]](#page-14-17).

Fig. 13.1 Diagrammatic representation of the different effects of immune complexes prepared with human copper-oxidized malondialdehyde-modifed LDL and the corresponding human antibodies reported by several groups (see text). While both types of immune complexes induce the release of pro-infammatory cytokines, MDA-LDL-IC are pro-apoptotic while oxLDL-IC are antiapoptotic and induce the release of proliferation and growth factors by macrophages and smooth muscle cells, and only oxLDL-IC induce collagen synthesis by smooth muscle cells

Pathogenic Mechanisms of Modifed LDL-IC

We have published extensive data proving that oxLDL-IC are more potent activators of human macrophages than oxLDL [\[66](#page-13-5), [67](#page-13-11), [95](#page-15-2), [96](#page-15-3)]. The uptake of IC prepared with native or copper-oxidized LDL by human monocyte-derived macrophages is primarily mediated by Fcγ receptors, primarily FcγRI [[97–](#page-15-4)[99\]](#page-15-5), and it has been shown that the binding of oxLDL antibody blocks the interaction of oxLDL with CD36 [[100\]](#page-15-6), so scavenger receptors are not involved in the process. The dependency of the vascular infammatory process on the activation of phagocytic cells via Fcγ receptors has been demonstrated in double-knockout (DKO) mice generated by crossing apolipoprotein E-deficient mice $[\text{apoE}(-/-)]$ with FcγR γ-chain-deficient mice [gamma(−/−)] [[101\]](#page-15-7). The progression of atherosclerosis in the DKO mice is significantly reduced in comparison with apoE(−/−) mice. For MDA-LDL-IC and AGE- LDL-IC, FcγRI is also involved, but possible involvement of scavenger receptors or receptors for AGE-modifed proteins has not been excluded. One fundamental property of LDL-IC is their ability to deliver large concentrations of free and esterifed cholesterol to macrophages [[67,](#page-13-11) [97](#page-15-4), [102\]](#page-15-8). The intracellular accumulation of free cholesterol is a known inducer of ER stress, which is believed to be the prime stimulus for the chain of events that results in modifcation of LDL and atheroma formation. However, experimental studies have shown that ER stress usually protects against apoptosis [\[91](#page-14-17)]. In fact, both oxLDL at concentrations not exceeding 75 μg/mL and oxLDL-IC prevent macrophage apoptosis [\[99](#page-15-5), [103\]](#page-15-9). Whether the anti-apoptotic effect of oxLDL is a consequence of the induction of ER stress is not clear, because in addition to the enhanced generation of reactive oxygen and nitrogen species [\[104](#page-15-10)], several other mechanisms seem to be involved, including the release of M-CSF mediated by the activation of a PI3K-dependent pathway, upregulation of the anti-apoptotic Bcl-XL gene by NFkB activation, activation of sphingosine kinase, which causes the levels of anti-apoptotic sphingosine-1-phosphate to increase, and inhibition of acid sphingomyelinase, which prevents pro-apoptotic ceramide generation [\[103](#page-15-9), [105](#page-15-11)]. The anti-apoptotic effect is more pronounced with oxLDL-IC [\[99](#page-15-5), [106\]](#page-15-12) and is not unique to oxLDL-IC, because it has also been reproduced with KLH-anti-KLH IC [\[99](#page-15-5)]. However, there are signifcant differences between oxLDL-IC and other IgG-containing IC. Only oxLDL-IC can induce foam cell formation, and the magnitude of the pro-infammatory response induced in human macrophages is greater with oxLDL-IC than with KLH-IC, for example [[66\]](#page-13-5).

While oxLDL cell signaling is mediated by scavenger receptors, oxLDL-IC deliver activating signals via Fcγ receptors. The cross-linking of Fcγ receptors by IC induces phosphorylation of immunoreceptor tyrosine-based activation motifs (ITAMs) by kinases of the Src family, leading to activation of the Syk pathway [\[107](#page-15-13), [108\]](#page-15-14). Activation of Syk triggers the mitogen-activated protein kinase (MAPK) signaling cascade, which includes ERK1/2, p38 MAPK, and c-Jun N-terminal kinase (JNK). MAPK activation is also essential for Fc-mediated activation of NFκB [[109\]](#page-15-15). Following the general rule, oxLDL-IC primarily engage FcγRI and induce the activation of the MAPK pathway [\[110](#page-16-0)], which is responsible for the expression of pro-infammatory gene products. In addition, cross-linking of FcγRs by oxLDL-IC activates PI3K and c-Akt [\[99](#page-15-5)]. Activated c-Akt promotes cell survival by at least four different mechanisms: (1) phosphorylating the Bad component of the Bad/Bcl- X_L complex which results in its dissociation and cell survival, (2) caspase 9 inactivation, (3) regulation of the expression of transcription factors, and (4) activating IKK kinases which phosphorylate IκB and, as a consequence, release the active form of NFkB, which induces the expression of genes favoring cell survival [\[111](#page-16-1)] (Fig. [13.2\)](#page-8-0). The repertoire of oxLDL-IC-induced pro-survival genes is much wider than that induced by oxLDL alone [[96\]](#page-15-3). Also, oxLDL-IC induce HSP70B expression in macrophages. This protein binds to the internalized lipid moiety of oxLDL-IC and prevents its degradation, while at the same time inducing sphingokinase-1 [[104,](#page-15-10) [112\]](#page-16-2).

In contrast to oxLDL, there is no published information concerning pathways of cell activation triggered by MDA-LDL or MDA-LDL-IC. The association of MDA-LDL with acute coronary syndromes [\[5](#page-10-4), [82](#page-14-8)] and the association of high levels of

Fig. 13.2 Diagrammatic representation of the activation pathways triggered by oxLDL-IC through the engagement of FcγRI. Two main pathways are activated, the MAPK pathway which is important for the activation of cell proliferation and cytokine synthesis, and the Akt pathway, which also contributes to the induction of cell proliferation and cytokine synthesis through NFκB activation and also promotes cell survival through the dissociation of the Bad/Bcl-XL complex, blocking the pathway that leads to the activation of caspase 9

MDA-LDL in the circulating IC isolated from patients with type 2 diabetes who had acute cardiovascular disease (CVD) events, mainly MI [\[80](#page-14-6)], strongly suggest that MDA-LDL and MDA-LDL-IC have pro-apoptotic activity. The different effects of cellular uptake of oxLDL-IC and MDA-LDL-IC (Fig. [13.1](#page-6-0)) could be a result of structural differences between MDA-LDL and oxLDL. The extent of MDA-lysine modifcation is much greater in laboratory produced MDA-LDL than in copperoxidized LDL [\[70](#page-13-7)]. This difference results in the generation of epitopes unique to MDA- LDL, and the fact that MDA-LDL antibodies obtained by immunization of rabbits with laboratory-prepared MDA-LDL react with LDL isolated from IC proves that MDA-LDL with identical epitopes and, therefore, with similar structural characteristics, is generated in vivo. Also, while copper oxidation predominantly results in ApoB fragmentation, MDA modifcation is associated with ApoB aggregation [\[113](#page-16-3)]. Obviously, these differences in ApoB could determine different biological properties of the two forms of modifed LDL. For example, it has been reported that the processing of heavily oxidized and aggregated LDL by macrophages is defective [[114\]](#page-16-4). Thus, the uptake of MDA-LDL-IC could result in a variety of conditions that could promote apoptosis, including (1) the release of much higher concentrations of free cholesterol in the cell, (2) intracellular accumulation of aggregated LDL, (3) cytoplasmic release of lipoprotein degradation products and oxidized phosphatidylcholine, which could be transported to the extracellular compartment and then react with scavenger receptors and/or TLRs, delivering signals that would favor the activation of pro-apoptotic pathways.

There is considerable interest in identifying biomarkers indicative of plaque instability. A variety of proteins and enzymes have been proposed as candidates, as reviewed recently by Koenig [[115\]](#page-16-5). Besides MMPs, reactive proteins (CRP), cytokines (IL-6, IL-18), enzymes (glutathione peroxidase, lipoprotein-associated phospholipase A-2 (Lp-PLA2)), myeloperoxidase, chemotactic proteins (monocyte chemotactic protein-1), and modifed lipoproteins have been proposed as indicators of plaque instability [\[5](#page-10-4), [81](#page-14-7), [82](#page-14-8), [89](#page-14-15), [116](#page-16-6), [117](#page-16-7)]. Our data suggest that modifed forms of LDL can also be useful biomarkers for CVD [[72,](#page-13-10) [73](#page-14-0), [75\]](#page-14-19) and plaque vulnerability risk [[80\]](#page-14-6).

In conclusion, modifed forms of LDL play a key role as a persistent insult leading to chronic vascular infammation and cell reprogramming. The pro-infammatory effects of modifed LDL are signifcantly enhanced as a consequence of the formation of immune complexes. In general, modifed LDL-IC have pro-infammatory properties, but both clinical and experimental data suggest that there are differences in the consequences of cellular uptake of IC depending on the predominant type of LDL modifcation. Furthermore, due to cell reprogramming, secondary to epigenetic factors and microRNAs, a major feature of diabetes since hyperglycemia is highly involved in the process, the expression of receptors involved in innate immunity responses and scavenger receptors, as well as expression of pro-thrombotic and pro-infammatory mediators, may be considerably affected. These novel fndings open a variety of basic and clinical research perspectives, ranging from the study of epigenetic and microRNAs cell reprogramming, the investigation of the molecular mechanisms that are responsible for the different cellular effects of different LDL

modifcations, to the defnition of specifc LDL modifcations as risk factors able to discriminate between people with different types or degrees of diabetes-associated complications.

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