# **Cloud and Machine Learning Based Solutions for Healthcare and Prevention**



Awais Khan Jumani, Waqas Ahmed Siddique, and Asif Ali Laghari

### 1 Introduction

The capacity to acquire, exchange, and distribute information is growing more important as digitalization disrupts each sector, such as healthcare. Machine learning (ML), big data, and artificial intelligence (AI) may equally assist towards overcoming the difficulties that large quantities of information provide. Healthcare companies may use ML to address rising professional needs, enhance procedures, and save expenditures [1]. ML development at the point of treatment may assist healthcare professionals in detecting and treating illness more quickly, with greater accuracy, and with far more customized attention. A look at ML in medical services shows how technological advancements may contribute to better productive, comprehensive nursing methods that can enhance customer welfare. Among the most popular types of AI involves ML. It analyzes and discovers trends in big input collections in order to aid judgment. Healthcare information is very important, and keeping it confidential and safe should be a primary concern for all. However, since

A. K. Jumani (🖂)

Department of Computer Science, ILMA University Karachi, Karachi, Sindh, Pakistan

W. A. Siddique Department of Computer Science, Millennium Institute of Technology and Entrepreneurship - MiTE University, Karachi, Pakistan

A. A. Laghari Department of Computer Science, Sindh Madressatul Islam University, Karachi, Sindh, Pakistan e-mail: asif.laghari@smiu.edu.pk

School of Electronic and Information Communication Engineering, South China University of Technology (SCUT), Guangzhou, China e-mail: awais.jumani@salu.edu.pk

<sup>©</sup> The Author(s), under exclusive license to Springer Nature Switzerland AG 2023 R. Tiwari et al. (eds.), *Image Based Computing for Food and Health Analytics: Requirements, Challenges, Solutions and Practices*, https://doi.org/10.1007/978-3-031-22959-6\_10

the epidemic has resulted in many client examinations and consultations taking place through telemedicine services, it does will get even simpler to compromise custody of that information. It does not have to be like this. There are alternative ways to ensure that a patient's health information stays confidential. The future of where and how health data is stored is just on the horizon (mobile devices) [2]. Algorithms are the building blocks of ML technologies, which are a sequence of commands for completing a series of work. The algorithms are programmed to extract knowledge without the need for manual interaction. ML techniques increase forecasting precision over period without the need for computing. The three essential elements of techniques are illustration, assessment, and refinement. The term "representation" refers to the classification of information in a format and syntax that a computer may understand. This element prepares the groundwork for the following step, assessment, which will evaluate if the dataset categories are helpful. The program then determines the optimal design for the most efficient and precise results as part of the refining stage. AI and ML might undoubtedly drive care development in 2020 whenever it concerns to improving Canadians' wellness. AI and ML technologies are assisting doctors with information findings to enhance medical results and the patient satisfaction, from customizing the client medical trip to speeding accurate treatment. Cloud computing is indeed a critical facilitator, allowing for simpler evolution of new creative ideas. We're developing a tomorrow for Canadian medical that grows on the smart utilization information to enhance treatment by making it easier to create and implement sophisticated AI, analysis, and ML technologies [3].

Vancouver General Hospital is indeed an excellent case of AI assisting doctors (VGH). VGH utilized AWS infrastructure to create a novel ML algorithm that accelerates detection of pneumonia on chest X-rays and decreases duration to therapy in collaboration with scholars at the University of British Columbia. This AI technology is seamlessly integrated into the therapeutic process. When a client visits to the VGH Emergency Unit having pneumonia signs, the resulting chest X-ray is evaluated by the AI system before it is sent to a radiologist. If the program detects pneumonia, the research is flagged and moved to the front of the radiologist's queue. The radiologist will examine the images considerably sooner than if they were just put in the catalog in the sequence they got acquired. For the client, a speedier evaluation implies a speedy assessment and therapy. This framework was created with the help of 2 Aws products. First one, Amazon Comprehend Medical, enables it simple to retrieve important health knowledge from unorganized content, such as clinical graphs or doctor's comments, using ML. The second scenario, Amazon SageMaker, combines each of the ML elements into a unified toolkit, allowing simulations to be deployed quicker, with little work, and at a cheaper price. Forecasting patient's medical occurrences, customizing the medical experience, and fostering connectivity are three areas where AI is being used to improve treatment [4].

Forecasting patient's medical activities: ML algorithms are being used by medical companies to find creative methods to increase customer management, boost health results, and eventually rescue people. As the healthcare sector transitions to value-based care, AI and ML, along with information accessibility, will enhance patient experiences while increasing administrative efficiencies and lowering total healthcare costs. Doctors will become more easily capable to utilize innovation to anticipate medical occurrences such as strokes, cancer, or heart attacks, increasing the possibility to timely diagnosis, by allowing information availability safely and assisting healthcare practitioners with diagnostic ML algorithms. Cerner, for instance, can identify Congestive Heart Disease 15 months before it manifests clinically, thanks to the capabilities of AWS' ML solutions. When this prediction technology is combined with actual connection to personal health data, it may help providers make better decisions in real time. With a cardiovascular forecasting model, future studies will aim to enhance which was before decision-making and treatments for chest discomfort [5].

The importance of personalization in the medical voyage: For many pharmaceutical companies, providing patients with a more smooth and customized service is at the front of the priority checklist. Consumer-centricity defines our environment, and we demand to have the greatest service possible wherever and whenever. For instance, Aidoc's every time, AI-based judgment technology examines CT images stored on AWS in order to identify severe anomalies, promote essential investigations, and accelerate patient treatment, among other functions. The Aidoc system has evaluated over than 3.2 million situations in some more than 300 healthcare institutions across the globe to this time, according to the company. At one large U.S. healthcare facility, the Aidoc treatment decreased the mean length of patient ED trips by 59 mins and the total length of admission by 18 h, respectively. Encouraging interconnection in healthcare is a multifaceted endeavor. The majority of digital medical information platforms (EHRs) do not track individuals' progress beyond the confines of an institution or a medical clinic. A part of medical information is thus only accessible at any moment of treatment, providing in a fragmented picture of the patient's medical status. Among the most significant roadblocks currently exists in the fact that the majority of health and patient records is kept in an unorganized medical style, making it difficult and time-consuming to find this content. In order to improve the patient treatment, AI has the potential to tear through this wall [6]. Modern analysis and ML may be used to improve clinical and scientific discoveries that are linked to patient results in a reliable, accessible, safe, and fast way when all relevant data is made accessible to it.

For the time being, federated education (also known as federated AI) ensures that the user's information remains on the gadget, and the apps executing a particular software are still studying how to handle the information and creating a smarter, more effective framework of the client. Medical evidence about patients is protected under HIPAA regulations, but federated AI takes that protection a step beyond by not exchanging the information with third-party organizations. Health care may develop in tandem with technological advancements by using federated training. When it comes to conventional ML, a framework must be trained and built by centralizing information. Integrating additional privacy-preserving methods, such as federated learning, may be used to construct algorithms in a distributed resource setting without revealing critical knowledge from the collection. Going to where the information is: with the consumers, medical practitioners will be able to be more accessible and discover more variety in the information. Almost everybody today has a cellphone, which is capable of collecting information about their health. It is possible to meet such customers via federated learning. That includes pictures with healthcare knowledge, an accelerometer that can detect movements and expose wellness digital signal, GPS facts that can expose health messages, and incorporation with many different health gadgets, including those that comprise biometrics statistics, interoperability with patient history such as Apple health, and more besides [7].

The use of AI-based prediction algorithms may integrate information gathered on a mobile including both potential and retrospective clinical study, allowing for more accurate wellness measures to be provided in live moment. For certain time now, the intelligence in our smartphones has been giving us with data on air condition, but with federated ai, I anticipate applications to begin interacting with consumers and clients throughout particular occurrences on a more personalized level. When a client with asthma becomes too near to a location that is suffering a raging wildfire or when a person with allergy symptoms is in an environment where the pollen level is strong, I keep expecting the application to interact with that person and offer suggestions to minimize the scenario [8].

These observations cannot be given without any of the assistance of a platform that obtains this critical data from the client. Through the use of confidentiality methods (such as differentiated security), this information is just kept regionally and on the border, and it is not transmitted to the cloud or disclosed to a third person. We constantly emphasizing the need of confidentiality, but it is impossible to exaggerate how important it is. Consumers should be in control of their information and be able to see how their information is being transmitted and exchanged. Every kind of information must be approved before it can be collected, and the manner in which the information will be utilized must be made transparent [9]. When medical solutions are designed with security in mind, you may include more individuals in the information learning loop, allowing staff to discover a more varied group of customers who may be more comfortable with the idea of giving exposure to their personal data. The adoption of more legitimate and comprehensive medical solutions, in which algorithms train more quickly from a broad population of users rather than a small number of customers, will result in improved medical results [10].

In the sad reality of modern medical, information sharing is frequently hard and costly due to the proliferation of fragmented systems. For instance, EMR information is not accessible with claims and medication information, and determining either or not a medication was obtained is only possible via other platforms. Incorporate information layers including such genes, diet, social variables of wellness and exercise information to create a multi-node issue that can be solved by a specific individual. There is no one supplier of complete truth, and attempting to centralize everything is very difficult. Federated teaching offers the best chance of avoiding these stumbling blocks in the first place. It is possible to give the appropriate opt-ins to educate from individual health information throughout these different platforms by placing the user/patient in control of organizing their health information throughout these separate platforms. As a result, it is now feasible to see



Fig. 1 Health Care role in AI [13]

federated learning being deployed among companies that hold confidential information and working together to jointly develop more productive and productive algorithms in the healthcare industry [10, 11].

AI is a rather ambiguous phrase. There are several distinct kinds of methods and methods that comprise up the large group of AI approaches, and defining the border between them may be difficult. In this Section, we give an outline of the main developments and methods that are relevant to AI in the health field in general. AI methods are often discussed in the context of a variety of distinct elements or technical areas [12] (Fig. 1) shows the health care role in AI.

It is the goal of Prediction Analysis and Information Ai to obtain conclusions from current facts – frequently from huge datasets where it would be impossible for people to draw such conclusions. In information intelligence, the goal is for discoveries to be generated from the bottom – up approach; that is, to discover patterns and thoughts from the facts, which is frequently at the lowest layer. In the field of Knowledge Representation and Reasoning, it is concerned with how we describe or categorize facts about the environment in a way that even a computer system could use to perform difficult jobs, thus allowing us to predict (new) expertise. The goal here is to provide a machine-readable and comprehensible representation of scientific entities (such as illnesses) as well as their characteristics and connections in the context of treatment delivery. When it comes to information organization, the most difficult issue to solve is often the most straightforward: once the information has been expressed correctly, the issues become "achievable" – that is, they can be handled with sufficient compute power in a reasonable amount of timeframe [14].

Medical Imaging and Vision is the study of pictures or recordings in order to gain understanding into the causes and consequences of medical disorders. Computer vision and image computing are two fields that have been changed by new AI techniques, especially deep learning-based techniques, and are expected to continue to be changed. Scanning and visual are important areas of AI – they are being used to interpret knowledge from pictures and to generate choices. It is possible to utilize pictures captured by ordinary cameras in imaging systems as well as images collected by sophisticated imaging equipment, which are usually used in the healthcare industry. If you are using a vision software, pictures are analyzed in real moment and utilized for robotic technologies. Robotic purposes are becoming more popular

in medical apps, ranging from surgical robots to social robots. Diagnostic medical scanning (together with genomics) has emerged as one of the most important components of precise medicine in modern healthcare organizations. Because of the initial use of X-rays in 1896, the disciplines of Radiology and Nuclear Medicine have contributed to the advancement of medical science by making it possible to diagnose and treat a wide variety of medical problems. An extensive range of diagnostic scanning strategies are presently accessible, including X-ray radiography, magnetic resonance imaging (MRI), ultrasound, endoscopy, electrography, tactile imaging, thermographic imaging, clinical photography, and atomic treatments operational scanning methods such as positron emission tomography (PET) and singlephoton emission computed tomography (SPECT) (SPECT). In hospital, the innovation used to acquire medical pictures, as well as the understanding and transmission of those pictures, all influence the result [15]. The old way of interpreting medical images is for qualified specialists to provide a qualitative interpretation. Developing methods to collect and evaluate quantitative image biomarkers for use in monitoring, clinical risk, diagnosis and therapy for a variety of clinical and scientific applications is one of the main focuses of our center's work. The newly created technology converts pictures into data that may be utilized for illness diagnosis early in the course of the illness and increased diagnostic precision. A significant portion of this job has engaged the application of AI, specifically ML and deep learning strategies, which deliver a powerful methodology to execute or enhance image-based duties such as image acquiring, rebuilding, quantification (segmentation), and assessment. Explanation responsibilities such as clinical grading (of pathology), detection, and prognosis are enabled as a result of it. Not that all scanning procedures need the use of costly clinical scanning equipment. For instance, pictures obtained with ordinary lenses are used in other AI technologies, such as when analyzing skin diseases or wounds. Pics captured using cameras that capture shots of portions of the eye are used in other AI technologies, such as for retinal picture processing. Approaches encompass automated approaches for enrollment of retinal pictures that have been gathered over period (longitudinally), or that have been acquired using various retinal scanning smart objects, or that have been recorded from a variety of perspectives [16].

Despite our efforts to normalize information and get it machine understandable, people interact in basic language, and as a result, there will still be information in this format to be found. AI techniques, on the other side, are designed to deal with natural speech by gathering insights, analyzing, summing up, and categorizing it. Naturally occurring language is uncertain, doesn't really adhere to precise lexical and syntactic norms, and is thus challenging for computers to comprehend. A significant focus has been placed on avoiding the use of colloquial language and instead utilizing established terminology as an answer (e.g. SNOMED CT and ICD). But for some purposes such as human interaction natural speech continues to be the most successful medium available today. Because of this, computational techniques for natural language interpretation (NLP) and, more broadly, natural language knowing (NLU) are becoming more popular. With the introduction of new deep learning algorithms for natural language processing, significant advancements

have been achieved in the area. One of the most important techniques in the medical domain is content extractor that is, evaluating and then collecting ordered knowledge from unorganized text which is a fundamental method in the medical sector. When it comes to identifying particular diseases, treatments, or diagnostic findings, material exploitation comes in handy. This information may subsequently be utilized for a wide range of downstream activities, ranging from clinical choice assistance to invoicing and administrative functions. A common job is to convert the text into a common clinical language; for example, converting a text into SNOMED CT codes is a common activity. In addition to data collection, AI has been utilized to detect the connections between medical ideas retrieved from free text, according to the authors. A significant role in the collection of content from free text is played by connection recovery [17]. The connection between medicines and adverse occurrences or diseases as well as risk elements may be discovered using this method for instance. In this area, improved deep learning algorithms have once again demonstrated encouraging actual outcomes. It is possible to utilize natural language processing to categorize documents; for instance, from a patient documentation, it is possible to document danger or triage classifications. Additionally, new NLP techniques include the generation of concise abstracts of lengthy texts (e.g. generating patient summaries). It also includes new methods in search machine innovation, where AI algorithms now allow "semantic research," which is search focused on the meaning of request terms that is hidden underneath their surface appearance. ML-based search techniques are becoming more popular. They take a collection of previous questions and related useful articles and use them to "learn" how to order answers by an unknown request [18]. This field of natural language comprehension is rapidly expanding as a result of the introduction of new methods, the accessibility of large quantities of learning material, and the exponential increase in computer power (including the introduction of dedicated CPUs known as GPUs). It is expected that this field of AI will play an increasingly important role in healthcare.

#### 2 The Health System Analytics Group

With AI and ML, the Health Systems Analytics group is working to enhance health structure efficiency, enhance patient security, and provide greater treatment to more people across the world. In order to optimize patient, physician and resources layer processes, and to provide intelligent judgment assistance, the technologies have been developed. AI and ML systems, along with allied scientific fields like as virtual environment modeling, are used to anticipate and optimize medical processes, as well as to assist medical and managerial decision-making in the development of these systems. Having collaborated extensively with physicians and health managers, the organization has made important contributions to the fields of patient management statistics and hospitalization escape [19].

Using facts gathered from electronic medical records (EMRs) and other medical data platforms, the Medical Informatics study unit seeks to enhance patient results

as well as the efficiency and production of the healthcare sector. Using global data protocols, the organization is capable to do statistical analysis and language handling in order to assist clinicians in formulating medical decisions in digital medical networks. The group uses ML, natural language processing, formal reasoning, statistics, and virtual environment methods to issues requiring choice assistance, network modeling, and accounting, among other things. The organization collaborates extensively with 2 important global norms: SNOMED CT - the worldwide standardized medical nomenclature and FHIR (the Fast Healthcare Interoperability Resources). The workgroup is well-known for its contributions to the creation and acceptance of both SNOMED CT and FHIR principles, including for implementing these guidelines in a wide range of products spanning analysis and text handling. Our products have been created in collaboration with professionals from a variety of healthcare settings, spanning cancer databases, hospital radiology and emergency medicine sections, as well as worldwide governing organizations. They make use of the vast amount of clinical information collected from many partners in the health sector to assist in selection making and monitoring. Sixth and seventh editions of the AEHRC Example Research in Information Organization and Explanation and Case Studies in Natural Speech Processing, respectively, include case studies from the Health Informatics section [20].

#### 2.1 Data, Big Data and Health Records

The contemporary healthcare sector is becoming more data-rich, with digital media overtaking paper-based methods as a result of technological advancements. In other ways, this shift has taken place freely and spontaneously with certain parts of the health-care system making the switch earlier (for example, lab findings), while other sectors have been more recently conversions (such as full electronic health records). An unintended result is that, although the organization may be data-rich, sections inside it may be isolated from one another, unconnected from one another, and devoid of common content norms. Because of the growing recognition of the necessity for enhanced information administration and exchange, much work has been put into developing protocols and architecture to effectively portray patient records. Furthermore, because there is so much information accessible, there is a great desire to derive useful information from it using big data processing techniques. However, although this goal may indeed be held by numerous, the fact is that dismantling information silos and creating a uniform, well-structured, and interconnected portrayal of clinical understanding has proven to be a lengthy and challenging process. However, improvement has been made as a result of a number of various initiatives, with AI operating while behind curtains to assist in this process. A major goal is to figure out how to express medical variables [21]. While effective data organization is not the first thing that comes to thoughts when considering about AI in medicine, it is the basis for many technology innovations, including AI as well as non-AI. Having organized, documented, and freely distributable

clinical information has a slew of advantages: it allows various platforms to communicate with one another; it vastly enhances data performance and decreases missteps (that can have serious consequences in clinical information); it opens the door to possibilities for supplementary need (big data analysis tools); and it segregates the information from the device that was used to collect and hold it. Organized, codified, and freely distributable medical expertise is becoming increasingly popular. Once a solid information visualization base has been established, a plethora of analysis choices become accessible. This is frequently a situation in which AI techniques may be used - and in which they depend on well-organized original information. Protocols such as the SNOMED CT and FHIR make this possible by supplying AI algorithms with structured information in a standardized format. Obtaining the information correct and then building the AI on front of that as well does not really equate to a successful use of AI in medicine. The last – and most important – stage is adoption with the existing healthcare infrastructure. The difficulty of integrating an AI system into complicated healthcare processes is often underestimated. New AI infrastructure systems, on the other hand, are developing that may assist with incorporation. Merging is made easier with this innovation, but the technique is also made more rigorous to guarantee security and reliability in the end product. The majority of the work done in the information space is not visible at the customer's premises. In spite of this, data is ubiquitous in the surroundings of all aspects of the health-care sector, and efficient information handling is a critical criteria for performance in electronic medicine [22].

### 2.2 Precision Health

Personalization of healthcare is at the heart of accurate health. The term "personalized medicine" originally referred to the practice of tailoring treatment to a patient's genetic background; nevertheless, it has come to refer to the development of structures, techniques, and medicines that are customized to the person. Medical problems that are detected earlier than usual enable for prompt treatment, which is strongly associated with positive medical results. Timely diagnosis is especially beneficial in the treatment of childhood neurological disorders because treatment may be administered when the mind is among the most flexible, thus alleviating abnormal growth in answer to a neurological damage or insult. Finding evidence is not always straightforward; it is frequently reliant on minor signals that are not immediately apparent. Certain initial indications may be identified with the use of AI in these situations It is possible to identify early symptoms of Cerebral Palsy and Autism Spectrum Illness using magnetic resonance imaging (MRI). However, although magnetic resonance imaging (MRI) may offer very important information, obtaining a scanning is costly and can be intrusive for younger youth. Non-invasive detector and ML of sensing information are examples of possibilities that may be used to offer additional resource of monitoring for timely illness diagnosis. As more datasets become accessible, the chances of early diagnosis and focused innovation

will increase, as will the likelihood of the both. Understanding the individual genome promises to provide valuable information into individual wellness. The growing accessibility of genetic information is being matched by an increase in the number of attempts to analyze this information in order to provide improved therapy choices for individuals [23]. The use of AI in this domain is very diverse and many. ML algorithms that can deal with huge quantities of genetic information are the subject of a significant body of research on the operational half of the field. The introduction of cloud computing has provided a major lift to this research, enabling it far more simpler to start up and conduct genetic studies on distributed computer resources. There is also the advancement of new ML techniques that may be used to identify genetic risk variables for specific illnesses. Explainable Intelligence is crucial to most of this development, as it ensures that the augmented reality application is capable of providing a justification for why a particular forecast or result was provided in the first place. A mutated gene may be accountable for the danger of a particular illness in genetic testing, and this must be determined. This will get more important to be able to describe AI algorithms as they grow more incorporated into healthcare decision-making processes. In the field of significant treatments, where symptoms may be severe, AI is assisting in the improvement of focused therapies. Even while some medical advancements are unquestionably beneficial, they may also have serious negative consequences. Radiotherapy for treating cancer, for instance, may be very efficient in killing cancer cells but it can also cause damage to good cells. In such situations, it is critical that the radiation be delivered to a highly specific region of the body to get the desired results. After the AI has been utilized to design and plan out this region, the AI may then administer radiation to only the region that has been modelled and mapped out by a physician. Every participant's anatomy and illness are unique, which necessitates tailoring the technique for every particular person. Accuracy is made possible via AI-based anatomical modeling and tailored therapy. Innovation and AI may not be associated with social connections as a health-related domain, but AI techniques are being developed to aid individuals with autism and speech difficulties, as well as in telemedicine emotion classification. The use of AI technologies to interact with individuals who have autism in a predicted and customized manner has significantly improved their capacity to converse effectively. Socially minded robots will become more capable of assisting patients in a variety of various situations as robotics continues to progress. Significant advancements in talking AI techniques are propelling this field forward (e.g. chatbots). General-purpose assistants including such Siri or Alexa are now equipped with this kind of capability. It is the ability to comprehend and react in natural language that is the fundamental underlying innovation, and it is expected to have a wide variety of advantages in the medical sector [23, 24].

### 3 AI Cloud Computing Transform the Healthcare Space

When it comes to clinical, AI cloud computation aims to bring together cloud-based processing systems with the ML skills of AI in order to make interconnected, smart health coverage encounters a fact. Start taking, for instance, the situation of Beth Israel Deaconess Medical Clinic, an educational facility affiliated with Harvard University, which is utilizing AI to detect possibly fatal blood illness such that their impacts can be remedied once they have a negative impact on the patients' health. AI technologies are indeed being quickly used in the medical industry nowadays in order to provide greater benefit on current cloud infrastructures [25]. The following are few of the benefits that may be gained by combining AI with cloud computing in medicine:

### 3.1 Enhanced Clinical Productivity and Improved Access to Care

When AI technologies are utilized in combination with cloud infrastructure, they have the potential to successfully automated a large number of manual procedures and simplify work with both doctors and their employees. The elimination of fewer essential patient paperwork chores may free up caretakers' time to devote greater attention to providing optimum care options while simultaneously improving the end result of their profession's revenue. Some other benefit of utilizing AI cloud technology in medicine is that it has the potential to substantially improve patient accessibility to treatment. As of nowadays, the overwhelming large proportion of Americans live in rural areas of the nation, and availability to health services continues to be a significant source of worry in these isolated neighborhoods. This is being progressively altered by computerized devices driven by AI and cloud computing.

Such areas may benefit from the deployment of a telemedicine network driven by cloud computing, for example, which can be utilized to enhance accessibility to care. AI may then be used to generate understanding of the information collected on such networks. Through the examination of information from a cluster of people who exhibit comparable characteristics, AI programs may quickly discover trends in this dataset and assist in performing population health analyses or developing treatment modalities for these patients. In the long term, this has the potential to significantly enhance healthcare results.

Lastly, there is worry about the shortage of transparency as far as how programs are taught to operate in medical, which is compounded by systemic bias that is present in most AI systems. However, apart from advancements in AI methods, approaches engaged on one information pair cannot be smoothly transmitted to some other information pair, which is particularly true as the involvement of operational information and social factors of wellbeing in population wellbeing threat evaluation grows in importance. In a world where cloud platforms are increasingly being used as data warehouses for creating AI-enabled solutions, security worries about the information are driving the confidence and permission needed to advance the acceptance of AI technologies forward. The rapid rate of AI deployment in organizational tasks offers a ray of hope for AI in healthcare. Healthcare administrators must broaden the scope of these technologies to include new functional activities such as availability and patient interaction in order to increase efficiency and enhance patient satisfaction. Healthcare practitioners must seek to increase the usage of AI technologies with caution, concentrating on operational domains that do not seek to substitute human perception and decision. At Penn Medicine, for instance, AI is being used to improve chemotherapy regimens. In order to speed up the acceptance of AI, medical executives must thoroughly consider the expenses and advantages of the work required in creating and implementing AI-based systems. Always, the issue of what we can accomplish with the information obtained by AI systems gets back to us. If we are unable to shift the scale as a result of the ideas and facts, healthcare practitioners must evaluate the usefulness of the project and the amount of work that was used in order to get the discoveries. Investing in sectors where we can see demonstrable benefits is essential, and then expanding from there. AI will not be widely used in fundamental medical areas of healthcare for many decades yet. The only thing we can do till then is keep pushing the boundaries.

#### 3.2 Greater Healthcare Cost Savings

Modern AI techniques need a significant amount of computing power in addition to operate properly and provide relevant conclusions from the information at available. For this purpose, using AI systems in a significant way has been prohibitively expensive for most healthcare organizations up until this point. A significant shift has occurred as a result of the combination of cloud computing infrastructures with AI. It is now feasible for even the tiniest doctors to benefit from the strength of this service without having to raise their expenditures or drill a trench in their wallets. Some AI-enabled solutions have the ability to automatically separate client information collected on integrated cloud networks, allowing doctors and their employees to access it quickly and easily at a later point. This improves the interconnectivity of information across the enterprise. It is when healthcare organizations begin to use insights gained from data to perform analysis without the need for human's involvement, provide improved treatments choices or deploy more effective treatments that the true savings are realized. Customers will get more value as a consequence of this, and the firm's bottom line will benefit as a consequence of this.

#### 3.3 Better Use of Healthcare Data

Through, the use of cloud architecture, ML is a subclass of AI, may be improved for performance and made more precise and resilient. Wearable technology, distant patient observation gadgets, and health monitors may all benefit from the variable resources accessible in the cloud, which allows for more last-mile information to be tracked. Afterwards, this information may be kept in a cost-effective way on a cloud platform. ML algorithms may then be taught to perform heavy-duty research on this huge quantity of information, allowing them to become more efficient and accurate throughout period as the information source grows in size. Because of the huge quantity of information accessible for learning, ML algorithms are able to scale much faster. For many jobs in diagnostic imaging and assessment, for instance, the model's performance is extremely near to that of living beings in terms of precision. In addition, ML algorithms may be made more customized so that they can begin to provide suggestions that are very particular to individual patients.

### 3.4 Types of Learning

ML enables computers to operate via a cycle of training without the need for human intervention. It accomplishes this by establishing fundamental frameworks for problem solving. Ml algorithms change the framework each moment they search through information and discover new trends. This is called reinforcement training. This method facilitates learning while also producing outcomes that are becoming more precise. This training procedure is carried out by a method without the need for any coding. ML may be done in a variety of ways, including guided, unstructured, semi-supervised, and reinforcement learning. Supervised learning. As predicted by Gartner, guided computing will likely to be the most widely adopted form of ML by 2022. Guided research is a sort of ML in which past and categorized source and outcome information is delivered into systems. Unsupervised learning. Unsupervised learning is the process through which computers can detect trends in information despite the need for prior categorization. It may be used in a variety of ways. Predictive management, for instance, may detect problems in manufacturing processes ahead they occur, which is very useful in the industrial business.

Semi-supervised learning. Semi-supervised training is a middle-of-the-road option among guided and unstructured learning. Semi-supervised training techniques may be used to create problem-solving systems by combining input from both confidential and unrestricted sources. Using a semi-supervised teaching strategy to accelerate drug development, a fresh research demonstrated the potential of this approach. Reinforcement learning. Reinforcement education is a technique for teaching techniques via the use of a rewards structure. Numerous outcomes are produced by methods, which adapt to choose the most appropriate ones over time; they are awarded for desirable activities and penalized for unwanted behaviors. The use of reinforcement thinking may be beneficial in a variety of situations, namely autonomous robotic nanostructured, as per a new research [26, 27].

### 4 Impacts Healthcare

#### 4.1 Record Keeping

Using ML in medical computing, documentation, especially digital health logs, may be made easier (EHRs). The use of AI to enhance EHR administration may enhance patient service while also lowering healthcare and operational expenses and optimizing workflows, according to the American Medical Association. As a sample, consider natural language processing, which allows doctors to collect and document patient records without the need for human intervention. By offering medical decision assistance, automating imaging techniques, and combining telehealth services, ml methods may also make EHR administration systems more user-friendly for doctors.

#### 4.2 Data Integrity

Ml models that make incorrect forecasts as a consequence of shortages in healthcare facts may have a detrimental effect on decision-making in medical environments. Because healthcare information was initially designed for utilization in electronic health records (EHRs), it is necessary to organize the information prior ML models can make efficient use of the information. Safeguarding information quality is the responsibility of health informatics experts. Collecting, evaluating, categorizing, and cleaning data are some of the tasks that health informatics specialists do.

#### 4.3 Predictive Analytics

It is possible to enhance healthcare operations via the use of ML, medical computing, and predicting analysis. It is also possible to change medical judgment assistance systems and assist better patient results. Analytical tools, which can be used to forecast medical results, has the potential of revolutionizing healthcare. It will allow for more precise assessment and therapy while also enhancing doctor perspectives for customized and cohort therapies, according to the National Institutes of Health. ML can also bring value to forecast insights by converting data into meaningful information for decision-makers, allowing them to identify workflow holes and enhance overall company processes in the healthcare industry [28].

### 5 Applications of ML in Healthcare

By using computational methods, machine-learning systems have the capability to enhance the precision of therapy procedures and medical results. Deep learning, for instance, is a kind of sophisticated ML that resemble the way the natural minds work and is rapidly being utilized in radiology and diagnostic imaging. Deep learning technologies can diagnose, acknowledge, and evaluate cancerous lesions in photographs by employing neural networks that can handle big information without the need for any guidance. Faster handling data rates and cloud infrastructural facilities enable ml methods to identify abnormalities in pictures that are beyond the human eye's ability to identify, thereby assisting in the diagnosis and treatment of illness and injury. In the near decade, advances in ML will likely to revolutionize the healthcare sector. ML software in progress include a screening instrument for diabetic retinopathy as well as predictive analysis to detect breast cancer recurring related to clinical information and imaging data. ML has the potential to have a beneficial effect on patient treatment providing methods. For instance, it may assist physicians in the identification, diagnosis, and treatment of illness. Usage of ML in hospitals may also help to simplify healthcare activities and improve the strategy, organization, and implementation of surgeries, among other things [29].

#### 5.1 Disease Identification and Diagnosis

The use of ML methods may identify styles linked with illnesses and medical problems by analyzing millions of healthcare reports as well as other individual information collected over time. Modern advancements in ML have the potential to improve healthcare coverage in poor nations while also innovating cancer diagnostic and cure methods and protocols. According to an article in Entrepreneurship, a deep learning-based forecasting system created at the Massachusetts Institute of Technology may anticipate the expansion of breast cancer months before it occurs. Furthermore, as per a study in the American Medical Association Journal of Ethics, AI systems in medical are now capable of diagnosing skin cancer with greater accuracy than that board-certified dermatologist. The post discusses the extra advantages of ML, such as the quickness and accuracy with which it can diagnose problems, as well as the lesser period required to train a system compared to a person [30].

### 5.2 Medical Imaging Diagnosis

CAT scans, Magnetic resonance imaging (MRI), and other diagnostic tools provide great technical skill that sifting through the megapixels and information may be difficult for even the most skilled radiologists and pathologists to manage. ML has shown to be beneficial in assisting healthcare practitioners in increasing their efficiency and accuracy in their work. Recognizing cardiovascular problems, diagnosing musculoskeletal problems, and monitoring for cancers are just a few of the applications for ML in diagnostic imaging that are popular.

### 5.3 Robotic Surgery

ML may be used to enhance the precision of operating autonomous instruments by incorporating true statistics, knowledge from prior successful operations, and health histories from the past. Decreased human mistake, assistance during more complicated operations, and far less invasive operations are just a few of the advantages. For instance, robots may be used to accurately perform procedures such as artery unclogging and even assist in spine treatment. Surgical robots may also provide doctors with more than just automated help by designing surgical routines and executing surgical operations, among other things.

### 5.4 Robotic Patient Support Tasks

Machines can immediately assist in improving the skills of patients. Examples involve assisting paralyzed patients in regaining their walking capacity as well as completing duties like checking heart rate and reminding individuals to take their medications, among other things. Even ill and elderly people may benefit from the fellowship provided by robots.

#### 5.5 Personalized Medicine

Medical information from a variety of resources, such as electronic health records (EHRs) and genetic information, may be used to improve customized treatment. Providing precise treatment to individuals requires extensive information analysis, which takes time that a medical professional just does not have in a day. The capacity of ML to utilize large amounts of information and prediction analysis, on the other hand, provides researchers with possibilities to design customized therapies for a variety of illnesses, like cancer and depression [31].

#### 5.6 Ethics of AI in Healthcare

ML's contributions to advances in medical productivity and patient treatment administration are not without moral ramifications, though. Health analytics experts may play a critical role in resolving AI-related problems, and also the morality of AI in hospital, such as those mentioned in the subsequent parts.

#### 5.7 Sharing Patient Information

When it comes to releasing patient records, there are many issues to consider: patient privacy, the federal legislation limiting the publication of clinical records, and expressed permission. Information is the building block of successful ML. Nonetheless, patient data is intended to be protected against dangers including info leak under the provisions of security and trust regulations. Clinical knowledge transfer is prohibited by law, except where it is necessary for professional purposes, such as when a physician discusses medical facts on a client with an oncologist or a cancer expert in order to enhance health status [32].

#### 5.8 Patient Autonomy

There are also concerns about patient autonomy. The majority of elderly and mental individuals are unable to make choices about their treatment on their own. ML may be used to analyze facts from electronic health records (EHRs) as well as other medical systems to assist in making crucial choices in certain situations. On the other hand, an artificial procedure should not be used to completely substitute the autonomy of the patient in any situation. ML, on the other hand, has the potential to become a useful tool in the field of medicine [33].

### 5.9 Patient Safety and Outcomes

It is the characteristic of information intake that affects the dependability of ML programs and their outcome. Information that is incorrect or defective may cause network dependability to be compromised, causing choices relied on the information to be called into question as whether they were correct or incorrect. Misleading data may also result in a lack of cultural competence, which is something to be concerned about. In certain cases, for example, since minority groups are usually

underrepresented in statistics, individuals may be at danger of being over- or underdiagnosed. To summarize, ML methods may produce erroneous results due to worries about platform dependability and a lack of cultural competence because of inaccurate data [34].

#### 5.10 Future of Healthcare Technology

ML's deep learning algorithms may reduce the time needed to check patient and medical data, resulting in a quicker diagnosis and a more rapid patient recovery. In the present worldwide epidemic, ML has already shown helpful. According to Health IT Analytics, a deep learning technique in US nations can anticipate COVID-19 spikes with about 65% accuracy. As medical organizations strive to incorporate ML in health care and medical procedures, health information technology specialists have a key duty to guarantee that health data is accurate. Different technology-driven health care ideas show potential in the years ahead to improve care delivery. These technologies will also alter the job of the healthcare practitioner. You may argue that this is the start of AI in the healthcare industry. From robotic surgery to patient counseling, the AI will be able to carry out many tasks that help physicians make better choices.

Now that AI technology is progressing and being inculcated in health care, physicians must also guarantee that the future of AI in healthcare is not immoral. Physicians must verify compliance with the appropriate laws and AI systems comply with the best practices. In the present scenario with COVID-19, AI has enormous testing possibilities. The pandemic requires an AI system that can help detect future pandemics and enable patients to test further. AI is a benefit in health care, as it demonstrates in detecting future epidemics so that the world is ready to cope with this. AI is changing the development field of healthcare applications as we know it now. In future, AI will act as a tool for better predictive analytics to prepare ahead of time for a health issue. At the individual level, AI applications in healthcare will double as the technology advances from helping physicians serve patients. With regard to therapy, ML solutions and AI have the greatest potential for determining which patients are the most essential and which require no further treatment. Health hazards are growing daily and intelligent solutions are needed to assist professionals minimize these risks before they are too late [35].

### 5.11 Virtual Reality in Healthcare

Virtual reality (VR) changes healthcare by improving the lives of patients and making training for physicians simpler. For example, surgeons using customized VR headsets may broadcast procedures and provide medical students a unique perspective of an operation. In another example, VR is utilized to accelerate physical therapy recovery. Physical therapy patients frequently undergo rigorous physical exercises that may be stressful. Recovery programs may be customized and enhance physical treatment activities via VR training exercises with ML [36].

### 5.12 Augmented Reality in Healthcare

According to The Medical Futurist, Augmented Reality (AR) is among the top three technologies changing healthcare. Similar to VR, AR healthcare apps may assist medical students to prepare better. AR technology allow trainees to learn firsthand from surgeons who conduct real-life operations. For instance, AR allows medical students to get comprehensive, realistic representations of human anatomy without examining actual human beings.

### 5.13 Wearable Tech

Different types of wearable gadgets offer information that may keep people active, from counting steps to heart rhythm monitoring. Other wearable technologies may include cardiac rhythm, blood pressure and heart rate, as doctors with vital patient health information. According to the Pew Research Center, around 21% of Americans use wearable gadgets such as activity trackers and smartwatches. More people use wearable technology to enhance communication and data sharing between these devices and the health information systems used by doctors [37].

### 5.14 Genome Sequencing

Genomic data may help doctors create personalized therapy regimes for individual patients. Computer ML enables genetic anomalies to be evaluated faster and helps to identify disease-related issues. Sequencing genomes may have an impact on cancer diagnosis, can have an impact on treatment, and can decrease infectious disease burden via ML applications. The first human genome sequencing research cost approximately \$3 billion. More than 13 years were required, according to the World Economic Forum. People may spend less than \$600 for genome sequencing get results within a week. Health information technology specialists with cheaper genome sequence and improved machine training can help promote genomics to treat the world's worst conditions.

### 5.15 Nanotechnology

Nanotechnology is described as 'the study and control of nanoscale matter, at sizes between 1 and 100 nanometers,' as per the National Nanotechnology Initiative. In healthcare, nanotechnology is called Nano-medicine. Tasks such as medication distribution, in which molecules, biological structures and DNA are at action may be assisting nanotechnology. For example, future nanotechnology medicines include drug delivery techniques which, according to Engineering, "allow site-specific targeting to prevent the buildup of medications components in healthy cells and tissues." This means that medicines may be given to specific regions that are not impacted by illnesses, skipping places in the human system [38].

#### 6 Transforming the Healthcare Industry

In 2025, the AI healthcare industry will rise to more than \$31.3 billion, which represents an increase of 40% from 2018, according to Imaging Technology News. Those who want to expand their IT professions to incorporate machine education may begin by researching educational options. This may involve enrolling in health information technology graduate programs. They can assist change the healthcare sector with the skills and information they acquire in graduate courses. The health-related data analytics improves treatment from super-specialized tertiary to secondary and primary care services in the health sector. Those insights are made accessible via telemedicine at the place of attention which leads to better and better diagnoses. Both innovations provide more dependable, in-house treatment over the last mile, which helps to bridge the gap between many patients and a limited number of healthcare providers. In the case of widely dispersed populations, access to care is an important problem. However, digital tools and resources may be provided via the cloud, with data network connectivity, across the final mile. This enables primary centers to diagnose, collect and transmit digital samples to third-party centers.

Tertiary centers are able to access data via the cloud and offer cost-effective insights and analysis. This also enables the digital recording, analysis of the patient's long-term development and comparison of common treatment methods by a group of patients. Overall, this results in cost-effective improvements in the quality of treatment. Cloud infrastructure may make ML models more resilient and precise. The flexible cloud resources allows you to monitor more data from devices, wearables and health trackers in the latest miles and then stream them and add them in cloud-based storage at a low cost. This huge number of data may be analyzed using the heavy-duty cloud computing infrastructure effectively. This in turn helps to more effectively train the ML models and over time increase their accuracy. The huge quantity of information provided for training enhances the scalability of ML models. For example, model accuracy already has reached human level for a

number of image processing tasks. In order to start producing suggestions extremely particular to each patient, ML models may be made more customized [39].

### 6.1 Regulatory Considerations

This whole calculation is subject to regulatory expenses. In order to be unique to a patient, data must be protected during rest and movement and anonymized before input into ML models and suggestions must be reconfigured. This includes resources not from one but from many cloud providers that operate hybrid. The Digital National Health Blueprint asks for rigorous compliance with the privacy and patient data protection laws. In order to prevent patient data from inadvertently being revealed to non-intentional receivers, sophisticated technological check points must be introduced.

It is also essential to implement consent-related rules that enable patient data to be used with and for a certain period of time exclusively by healthcare providers. This needs a strong focus on ensuring cloud infrastructures and enforcing data access restrictions, processing and insight distribution. ML models also absorb large quantities of patient information from individual devices, such as mobile phone health trackers or wearable devices such as Fitbit monitoring or sleep monitoring, insulin monitoring and even the monitoring of blood pressure. In order to finish data processing, these devices must be linked with the cloud resources. Data privacy and access must be monitored and regulated, given strict regulations and privacy standards. This requires the usage of data and cloud management technologies. IT teams must be able to combine personal and corporate devices and execute the required guarantees with extensive management framework frameworks. Modern unified frameworks of management enable this issue to be managed more effectively and apply the best governance principles required to manage consumer devices, mobile applications and cloud backend platforms [40].

#### 6.2 Disease Prediction

Modern approaches in the area of healthcare include prevention, rather than therapy after diagnosis, including early intervention. Traditionally, the risk calculator is used by physicians or doctors to evaluate the development potential of diseases. These calculators use basic information like demographics, medical conditions, routines of life and more to calculate the probability that certain conditions will develop. These calculations are carried out using mathematical methods and tools based on equations. The difficulty is the poor precision using a comparable method based on equations. The Framingham study, for instance, can predict hospitalizations of a cardiovascular illness with just 56% accuracy. But new technological

developments, such as big data and ML, can lead to more accurate disease prediction outcomes. Physicians and computer scientist's work together to create better tools for illness prediction. Experts in the area create and refine ML methods and models to detect, develop and refine ML algorithms. We may use data gathered from research, demographics for patients, health records and other sources for the development of a stronger and more accurate model for ML. The difference in the number of dependent variables to examine is between the conventional method and the machine approach to illness prediction. They look at very few variables in a conventional approach that can be based on age, weight, height, gender etc. (due to computational limitation). On the other hand, ML may take into account a great variety of factors that lead to improved accuracy of medical data on computers.

AI affects many industries, and healthcare is no exception. Indeed, the patient care industry is one of AI's major beneficiaries. Today, many doctors and institutions are looking for healthcare AI solutions to enhance their treatment results. In the healthcare industry, AI is fundamentally altering. Although thinking about AI in healthcare may evoke thoughts of robots and computers that are physicians and nurses, the truth is a little different and better. Operations always need a human touch to guarantee appropriate care and have an emotional effect. On the other hand, the healthcare advantages of AI are related to enormous data processing and the generation of live information with useful insights. The purpose of AI in healthcare is primarily to determine illness and to discover the appropriate treatment approach. The objective of healthcare professionals is to get a quicker and timely diagnosis and the right route to better outcomes for patients.

One of the finest instances of AI in healthcare is Google's AI, 99% more accurate than other systems for breast cancer detection. Mammograms are analyzed and the underlying symptoms of breast cancer are determined. ML, the healthcare AI technology, analyzes large information to provide insights into risk evaluation, illness diagnosis and the efficient treatment of patients. Hospitals and doctors have been collecting healthcare information for decades – AI in healthcare will assist to utilize the data to get the best possible results and minimize treatment problems [41].

#### 7 Applications of AI in Healthcare

Now as the technology sector advances, AI's possibilities in healthcare are numerous. It revolutionizes healthcare provision and impacts the area of medical science to improve research results. Here are 6 distinct health examples of AI applications:

#### 7.1 Brain-Computer Interfaces

1. One of the most significant health advantages of AI is the use of Brain Computer Interfaces aligned with the neurological system and which enable patients, if they have lost that capacity, to talk, hear and communicate.

- 2. AI services facilitate brain-computer interactions. They assist to decode brain processes related to hand, hearing and gesture, so that individuals are able to communicate the same as others.
- 3. AI may save millions of lives in the health care industry and offer individuals with disabilities the capacity to speak like regular people. This technique is great for individuals with spinal injuries and who lose their capacity to communicate via gestures.

# 7.2 Medical Diagnosis

- 1. A medical diagnosis is another potential application for AI in healthcare. Tons of data sets for correct medical diagnosis are provided by ML and AI in the medical research before it is too late for therapy.
- 2. Medical imaging and AI-based scans are great instruments for extremely early diagnosis of the illness. The AI algorithm traverses thousands of pictures and body scans to detect any symptoms of the illness identified.
- 3. It enables physicians to start therapy before anything serious occurs. AI technologies that help cancer detection are becoming a life saver for people worldwide. They are becoming an instrument progressively for fighting the illness and saving more lives.

# 7.3 Drug Development

- 1. Medical practitioners and researchers frequently perform drug-development tests and exams to assist patients recover quickly and better. ML in healthcare supports pharmaceutical researchers via millions of data points assessing medication feasibility.
- 2. It involves identification and effect of the optimum ingredients for the medication composition. Through ML and AI in healthcare, researchers can develop and test various compounds without putting human lives at risk.
- 3. AI robots may also monitor the various impacts of the medication on participants throughout drug trials and collect information to offer useful insights into the process.

# 7.4 Analyzing Health Records

1. One of the most important uses for AI in healthcare is to analyze the health record of patients in clinicians and physicians, similar to medical diagnosis. By using intelligent gadgets and wearables, AI applications may gather and update

health information in real time enabling physicians to access it and make educated choices.

- 2. AI systems may pass through a medical history of the previous patient, integrate it with his medical images and scans and ensure an accurate health state of the patient. It may give information about any illness the patient may experience in the future.
- 3. By analyzing patients' health data, physicians and healthcare workers get insights into their patients' health and the next step to monitor health. The robots gather, analyze and provide data far more quickly than human researchers can.

## 7.5 Virtual Assistants

- 1. AI has enabled the use of virtual assistants by healthcare professionals who can aid them with operation and nursing. By using preoperative knowledge and giving the correct route, the AI systems may enhance the surgical processes.
- 2. There are robot programs for people who require frequent care like virtual nurses. Patients may book appointments, cancel their appointments, ask common inquiries and update health information in order to provide health care providers with real-time access.
- 3. Virtual nurses additionally provide health inspections, dietary needs, medication records and support patients when any anomalies are discovered. In healthcare, highly sophisticated AI can notify the healthcare center if the patient has any health differences besides their usual diagnosis.

# 7.6 AI-Enabled Hospitals

- 1. This is definitely one of the latest healthcare AI applications. While hospitals are still largely humane, AI apps now take over duties and make care more intelligent. In healthcare instances, AI allows hospitals to track medication, patient alert, patient mobility monitoring and evaluate patient performance.
- 2. AI has a major advantage in healthcare by reducing the likelihood of a dose mistake, a frequent source of possible injuries and hazards to health. Medical practitioners frequently find themselves concerned by the misdose of nurses. AI systems can assist in precise measurements and a correct dosing regimen.
- 3. AI-enabled hospitals will also guarantee that payments, billings, and formalities are made by AI systems, which minimize medical personnel's load from such boring tasks. The personnel will take longer to concentrate on tasks directly linked to patient care and the delivery of results [12].

#### 8 Research Challenges in Healthcare

### 8.1 Edge Medical Cloud Based on 5G

Compared to 4G, 5G has high speed, low latency, broad connection, quicker mobile speed, increased security and flexible service deployment, which have significant effect on cutting-edge computing technology innovation. Furthermore, 5G and edge computing together provide a technological basis for the development of smart medicine, in particular telemedicine. Telemedicine needs in real time ultra-high definition picture quality, medical image and other enormous data transfers, including consultation on remote and remote surgeries in the United States which also supports the development and implementation of '5G + edge computing.' Currently effective instances of cross-domain remote control and guiding have occurred. "5G + edge computing" is very important to reduce medical resources of high quality, to reduce the unfair allocation of medical resources and to reduce the expenses of medical patients [42]. The future of telemedicine methods will emerge ceaselessly with the advent of the 5G era and the continuing growth of edge computing. However, the 5G also presents a number of security issues, including opening up security capacities, security of virtualization, heterogeneous authentication and authentication paradigms and other local challenges, security of VR/AR content, traditional security and data security and confidentiality, and other applications worth studying in the future.

### 8.2 Edge Device Security and Privacy

We know they are more vulnerable to data manipulation, privacy information, malicious nodes and other service facilities, service deniance, middleman, gateway and other network-installed attacks, and virtualization facilities, as well as numerous other security and privacy attacks, because of performance, cost, resource limits and scattered geographical location. The enhancement and expansion of hash function, symmetric and asymmetric encoding and encryption algorithms are extremely essential for avoiding and reducing the incidence of such issues. The mutual authentication of many Nodes should be addressed in order to authenticate the edge nodes even for a single edge node [43]. Moreover, future study also focuses on creation of a protocol on communication security, trust management of edge nodes and distributed edge intrusion sensing technologies to avoid malicious assaults. It is also extremely essential to create the appropriate edge node isolation method or scheme that can continue serving the service facilities in order to address security and privacy issues that have emerged.

### 8.3 Edge Caching and Energy Consumption

Because the edge node caching is locally done, the core network strain may be efficiently relieved and the overhead, interaction latency and bandwidth costs of the network are minimal. However, edge nodes are just restricted in cache capacity. An urgently necessary issue is how to identify the cached material, cache strategy and approach. Fully using the multifaceted nodes for collaborative caching and adaptive caching is a promising option, but the creation of a confidence management framework is equally challenged. The key to improving the quality of the cache is how to choose trustworthy and secure edge nodes and the credibility updates method. It is one of the current research areas for integrating and using 5G technology and Blockchain to edge caching. Using ML and big data technologies also allows for the cache strategy to be adjusted and cache strategy for video content is the challenge. Furthermore, owing to the limited edge devices, it is also a challenge to resolve how to minimize the consumption of energy. We also need to examine the computer download method and how to minimize the overhead of edge devices in addition to cooperative caching of edge nodes that may efficiently reduce energy consumption. The more the computer sophistication, the higher the energy usage. The creation of an efficient and low complexity algorithm is thus extremely essential in order to minimize energy usage [44].

### 8.4 Optimization of AI

The development of cutting edge computers is promoted via AI. Most smart computing edges rely on the embedded AI chip on the edge [45]. Using AI algorithms in edge computing, data can be processed quicker, safer and easier, and edge resources can efficiently be allocated, minimizing the costs of edge services. Currently DL is the main AI Research Directorate which needs to concentrate on how the algorithm can be optimized to solve its non-convex issue, gradient loss problem and fit problem. In reality, the majority of DL objectives are complicated, thus without analytical solutions there are numerous optimization difficulties. It is thus an excellent way to discover solutions based on numerical techniques, such as the random gradient descent, utilizing the optimization algorithm. However, two major difficulties in optimization are how to escape from local optimum in low-dimensional space and saddle space in the large area. The edge devices can only reach the most value by continually improving the algorithm and then better serve different application scenarios in the medical sector [46–48].

### 8.5 Knowledge Representation

Data collected may be sent to different staff, processed in different methods and formats, and utilized for a variety of uses. Consequently, maintenance support organizations may utilize part of this information for the development of proprietary

software, which other applications may not be able to identify – owing to lack of industry standards. Similarly, it may not be in the format that is suitable with health monitoring programs if the information are processed for cost/budgeting purposes. Managing staff and diagnostically monitors are frequently accessed via expertise, process models or budgeting apps through a priori data storage. Finally, it is difficult to take judgments about the availability needs due to the time required to monitor big systems such as a fleet of airplanes and monitor individual failures on each [49–51]. An AI cloud-based platform may address such issues via access to and subsequent real-time application of data from different geographic areas. It may ask for and process information and store that information in a standard format, which other cooperating organizations can access and utilize [52–54]. This integration guarantees better personal security, increased process and equipment operations, reduced false alarms, reduced costs, enhanced availability and the capacity to operate within design and production limitations. It also enhances the quality of trouble-shooting efforts to identify failure root causes.

Other notable research issues associated with the concept includes

- · Knowledge Gathering: Loss of connectivity
- Lack of real-time data
- Extrapolation of data
- · Cost of analysis
- · Appropriate visualization methods
- · Need of computing skills

AI has already impacted a cloud infrastructure generation. The Internet of Things (IoT), often referred to as industry 4.0, is an intriguing proposal in relation to this technology. With this in mind, the ability of IoTs to offer services that allow backend capabilities should be implemented as backend services that may be utilized by mobile apps (and other IoT devices). On the other hand, AI applications are needed not only to offer advanced backend services but also to give special working times suited for AI solutions' high processing needs. Despite these momentary restrictions AI cloud-based ideas offer a great promise and research opportunity for the maintenance sector and practices [55–57].

#### 9 Conclusion

This technique enables data from a number of sources to be merged in real time and provides the proper information in the process at the right time. With health institutions collecting more data, consumers are seeking for information about health and treatment. The patients do not know what the doctor's instructions at a hospital are, how much care, for example diabetes, may be costly for them in the recovery period. Patients tend to have difficulties obtaining their own health records since they can understand and combine them with data from other physicians. It is not most essential to safeguard every patient's data because of a severe pandemic problem. We will then offer the newest technical problems and solutions in the field of healthcare. On

the other hand, AI applications are needed not only to offer advanced backend services but also to give special working times suited for AI solutions' high processing needs. Despite these momentary restrictions AI cloud-based ideas offer a great promise and research opportunity for the maintenance sector and practices.

### References

- Vijayakumar, V., Malathi, D., Subramaniyaswamy, V., Saravanan, P., & Logesh, R. (2019). Fog computing-based intelligent healthcare system for the detection and prevention of mosquitoborne diseases. *Computers in Human Behavior*, 100, 275–285.
- Kos, A., & Umek, A. (2018). Wearable sensor devices for prevention and rehabilitation in healthcare: Swimming exercise with real-time therapist feedback. *IEEE Internet of Things Journal*, 6(2), 1331–1341.
- 3. Pravin, A., Jacob, T. P., & Nagarajan, G. (2020). An intelligent and secure healthcare framework for the prediction and prevention of Dengue virus outbreak using fog computing. *Health and Technology*, *10*(1), 303–311.
- 4. John, J., & Norman, J. (2019). Major vulnerabilities and their prevention methods in cloud computing. In *Advances in big data and cloud computing* (pp. 11–26). Springer.
- Albahri, A. S., Alwan, J. K., Taha, Z. K., Ismail, S. F., Hamid, R. A., Zaidan, A. A., ... & Alsalem, M. A. (2021). IoT-based telemedicine for disease prevention and health promotion: State-of-the-Art. *Journal of Network and Computer Applications*, *173*, 102873.
- Hughes, A. (2020). Artificial intelligence-enabled healthcare delivery and real-time medical data analytics in monitoring, detection, and prevention of COVID-19. *American Journal of Medical Research*, 7(2), 50–56.
- Yang, G., Pang, Z., Deen, M. J., Dong, M., Zhang, Y. T., Lovell, N., & Rahmani, A. M. (2020). Homecare robotic systems for healthcare 4.0: Visions and enabling technologies. *IEEE Journal* of Biomedical and Health Informatics, 24(9), 2535–2549.
- Ahmed, M. (2019). False image injection prevention using iChain. Applied Sciences, 9(20), 4328.
- Ma, K. S. K. (2021). Integrating travel history via big data analytics under universal healthcare framework for disease control and prevention in the COVID-19 pandemic. *Journal of Clinical Epidemiology*, 130, 147–148.
- Anser, M. K., Yousaf, Z., Khan, M. A., Nassani, A. A., Alotaibi, S. M., Abro, M. M. Q., ... & Zaman, K. (2020). Does communicable diseases (including COVID-19) may increase global poverty risk? A cloud on the horizon. *Environmental Research*, 187, 109668.
- 11. Mehraeen, E., Ghazisaeedi, M., Farzi, J., & Mirshekari, S. (2017). Security challenges in healthcare cloud computing: A systematic. *Global Journal of Health Science*, 9(3).
- Jaber, A. N., Zolkipli, M. F., Shakir, H. A., & Jassim, M. R. (2017). Host based intrusion detection and prevention model against DDoS attack in cloud computing. In *International conference on P2P, parallel, grid, cloud and internet computing* (pp. 241–252). Springer.
- Rajagopalan, A., Jagga, M., Kumari, A., & Ali, S. T. (2017). A DDoS prevention scheme for session resumption SEA architecture in healthcare IoT. In 2017 3rd international conference on Computational Intelligence & Communication Technology (CICT) (pp. 1–5). IEEE.
- Chandre, P. R., Mahalle, P. N., & Shinde, G. R. (2018). Machine learning based novel approach for intrusion detection and prevention system: A tool based verification. In *In 2018 IEEE* global conference on wireless computing and networking (GCWCN) (pp. 135–140). IEEE.
- Smiti, A. (2020). When machine learning meets medical world: Current status and future challenges. *Computer Science Review*, 37, 100280.
- 16. Perveen, S., Shahbaz, M., Keshavjee, K., & Guergachi, A. (2019). Prognostic modeling and prevention of diabetes using machine learning technique. *Scientific Reports*, *9*(1), 1–9.

- Misawa, D., Fukuyoshi, J., & Sengoku, S. (2020). Cancer prevention using machine learning, nudge theory and social impact bond. *International Journal of Environmental Research and Public Health*, 17(3), 790.
- Lundberg, S. M., Nair, B., Vavilala, M. S., Horibe, M., Eisses, M. J., Adams, T., ... & Lee, S. I. (2018). Explainable machine-learning predictions for the prevention of hypoxaemia during surgery. *Nature Biomedical Engineering*, 2(10), 749–760.
- Torous, J., Larsen, M. E., Depp, C., Cosco, T. D., Barnett, I., Nock, M. K., & Firth, J. (2018). Smartphones, sensors, and machine learning to advance real-time prediction and interventions for suicide prevention: A review of current progress and next steps. *Current Psychiatry Reports*, 20(7), 1–6.
- Latchoumi, T. P., Dayanika, J., & Archana, G. (2021). A comparative study of machine learning algorithms using quick-witted diabetic prevention. *Annals of the Romanian Society for Cell Biology*, 4249–4259.
- Wiens, J., & Shenoy, E. S. (2018). Machine learning for healthcare: On the verge of a major shift in healthcare epidemiology. *Clinical Infectious Diseases*, 66(1), 149–153.
- Kashani, M. H., Madanipour, M., Nikravan, M., Asghari, P., & Mahdipour, E. (2021). A systematic review of IoT in healthcare: Applications, techniques, and trends. *Journal of Network and Computer Applications*, 103164, 103164.
- Bongiovanni, M. (2021). COVID-19 reinfection in a healthcare worker. *Journal of Medical Virology*, 93(7), 4058–4059.
- 24. Amit, S., Beni, S. A., Biber, A., Grinberg, A., Leshem, E., & Regev-Yochay, G. (2021). Postvaccination COVID-19 among healthcare workers, Israel. *Emerging Infectious Diseases*, 27(4), 1220–1222.
- Lapolla, P., Mingoli, A., & Lee, R. (2021). Deaths from COVID-19 in healthcare workers in Italy – What can we learn? *Infection Control & Hospital Epidemiology*, 42(3), 364–365.
- 26. Chunara, R., Zhao, Y., Chen, J., Lawrence, K., Testa, P. A., Nov, O., & Mann, D. M. (2021). Telemedicine and healthcare disparities: A cohort study in a large healthcare system in New York City during COVID-19. *Journal of the American Medical Informatics Association*, 28(1), 33–41.
- Xu, J., Glicksberg, B. S., Su, C., Walker, P., Bian, J., & Wang, F. (2021). Federated learning for healthcare informatics. *Journal of Healthcare Informatics Research*, 5(1), 1–19.
- Zhang, Y., Sun, Y., Jin, R., Lin, K., & Liu, W. (2021). High-performance isolation computing technology for smart IoT healthcare in cloud environments. *IEEE Internet of Things Journal.*, 8, 16872–16879.
- Dwivedi, R. K., Kumar, R., & Buyya, R. (2021). Gaussian distribution-based machine learning scheme for anomaly detection in healthcare sensor cloud. *International Journal of Cloud Applications and Computing (IJCAC)*, 11(1), 52–72.
- 30. Stephens, K. (2021). Change healthcare releases cloud-native system for medical imaging. AXIS Imaging News.
- Masud, M., Gaba, G. S., Choudhary, K., Alroobaea, R., & Hossain, M. S. (2021). A robust and lightweight secure access scheme for cloud based E-healthcare services. *Peer-to-peer Networking and Applications*, 14, 1–15.
- 32. Shah, J. L., Bhat, H. F., & Khan, A. I. (2021). Integration of cloud and IoT for smart e-healthcare. In *Healthcare paradigms in the internet of things ecosystem* (pp. 101–136). Academic.
- Chang, S. C., Lu, M. T., Pan, T. H., & Chen, C. S. (2021). Evaluating the E-health cloud computing systems adoption in Taiwan's healthcare industry. *Life*, 11(4), 310.
- 34. Li, X., Lu, Y., Fu, X., & Qi, Y. (2021). Building the internet of things platform for smart maternal healthcare services with wearable devices and cloud computing. *Future Generation Computer Systems*, 118, 282–296.
- Aceto, G., Persico, V., & Pescapé, A. (2020). Industry 4.0 and health: Internet of things, big data, and cloud computing for healthcare 4.0. Journal of industrial information. *Integration*, *18*, 100129.
- 36. Hao, M., Li, H., Xu, G., Liu, Z., & Chen, Z. (2020). Privacy-aware and resource-saving collaborative learning for healthcare in cloud computing. In *ICC 2020–2020 IEEE international conference on communications (ICC)* (pp. 1–6). IEEE.

- Mubarakali, A. (2020). Healthcare services monitoring in cloud using secure and robust healthcare-based BLOCKCHAIN (SRHB) approach. *Mobile Networks and Applications*, 25(4), 1330–1337.
- Deebak, B. D., & Al-Turjman, F. (2020). Smart mutual authentication protocol for cloud based medical healthcare systems using internet of medical things. *IEEE Journal on Selected Areas* in Communications, 39(2), 346–360.
- 39. Tahir, A., Chen, F., Khan, H. U., Ming, Z., Ahmad, A., Nazir, S., & Shafiq, M. (2020). A systematic review on cloud storage mechanisms concerning e-healthcare systems. *Sensors*, 20(18), 5392.
- Ali, S., Hafeez, Y., Jhanjhi, N. Z., Humayun, M., Imran, M., Nayyar, A., ... & Ra, I. H. (2020). Towards pattern-based change verification framework for cloud-enabled healthcare componentbased. *IEEE Access*, 8, 148007–148020.
- Sharma, M., & Sehrawat, R. (2020). A hybrid multi-criteria decision-making method for cloud adoption: Evidence from the healthcare sector. *Technology in Society*, 61, 101258.
- 42. Wang, X., & Cai, S. (2020). Secure healthcare monitoring framework integrating NDN-based IoT with edge cloud. *Future Generation Computer Systems*, *112*, 320–329.
- Gupta, A., & Katarya, R. (2020). Social media based surveillance systems for healthcare using machine learning: A systematic review. *Journal of Biomedical Informatics*, 103500.
- 44. Qayyum, A., Qadir, J., Bilal, M., & Al-Fuqaha, A. (2020). Secure and robust machine learning for healthcare: A survey. *IEEE Reviews in Biomedical Engineering*, *14*, 156–180.
- 45. Waring, J., Lindvall, C., & Umeton, R. (2020). Automated machine learning: Review of the state-of-the-art and opportunities for healthcare. *Artificial Intelligence in Medicine*, 104, 101822.
- 46. Simeone, A., Caggiano, A., Boun, L., & Grant, R. (2021). Cloud-based platform for intelligent healthcare monitoring and risk prevention in hazardous manufacturing contexts. *Procedia CIRP*, 99, 50–56.
- Yuvaraj, N., & SriPreethaa, K. R. (2019). Diabetes prediction in healthcare systems using machine learning algorithms on Hadoop cluster. *Cluster Computing*, 22(1), 1–9.
- Kumar, S. M., & Majumder, D. (2018). Healthcare solution based on machine learning applications in IOT and edge computing. *International Journal of Pure and Applied Mathematics*, 119(16), 1473–1484.
- Das, A., Rad, P., Choo, K. K. R., Nouhi, B., Lish, J., & Martel, J. (2019). Distributed machine learning cloud teleophthalmology IoT for predicting AMD disease progression. *Future Generation Computer Systems*, 93, 486–498.
- Greco, L., Percannella, G., Ritrovato, P., Tortorella, F., & Vento, M. (2020). Trends in IoT based solutions for health care: Moving AI to the edge. *Pattern Recognition Letters*, 135, 346–353.
- Nath, R. K., Thapliyal, H., Caban-Holt, A., & Mohanty, S. P. (2020). Machine learning based solutions for real-time stress monitoring. *IEEE Consumer Electronics Magazine*, 9(5), 34–41.
- Hathaliya, J., Sharma, P., Tanwar, S., & Gupta, R. (2019). Blockchain-based remote patient monitoring in healthcare 4.0. In *In 2019 IEEE 9th international conference on advanced computing (IACC)* (pp. 87–91). IEEE.
- Wilhelm, A., & Ziegler, W. (2021). Extending semantic context analysis using machine learning services to process unstructured data. In SHS web of conferences (Vol. 102, p. 02001). EDP Sciences.
- Kaur, P., Sharma, M., & Mittal, M. (2018). Big data and machine learning based secure healthcare framework. *Procedia Computer Science*, 132, 1049–1059.
- Ahmed, Z., Mohamed, K., Zeeshan, S., & Dong, X. (2020). Artificial intelligence with multifunctional machine learning platform development for better healthcare and precision medicine. *Database*, 2020.
- Siddique, W. A., Siddiqui, M. F., & Khan, A. (2020). Controlling and monitoring of industrial parameters through cloud computing and HMI using OPC data hub software. *Indian Journal* of Science and Technology, 13(02), 114–126.
- 57. Bhatt, S. (2021). Artificial Intelligence in Healthcare: How does it Help? Retrieved from: https://www.botreetechnologies.com/blog/artificial-intelligence-in-healthcare-industry/