7 Radiotherapy and Immunotherapy for Head and Neck Cancer

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Abbreviations

BED	Biologically effective dose
bid	Twice a day
	CTLA-4 Cytotoxic T-lymphocyte-associated
	protein 4
ENE	Extranodal extension
FDG	Fluorodeoxyglucose
fx	Fraction
	HNSCC Head and neck cell squamous
	carcinoma
HPV	Human papillomavirus
ICI	Immune checkpoint inhibitor
iNOS	Inducible nitric oxide synthase
irAE	Immune-related adverse effect
L^A	Locally advanced
MDSC	Myeloid-derived suppressor cell
NK.	Natural killer
NSCLC	Non-small-cell lung cancer
OS	Overall survival
$PD-1$	Programmed cell death protein 1
$PD-L1$	Programmed death-ligand 1

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Key Points

- The immune system plays a critical role in carcinogenesis.
- Radiotherapy has diverse immunomodulatory effects than can both stimulate and inhibit an antitumor immune response.
- Preclinical studies in head and neck cancer models support synergy between radiotherapy and immunotherapy and suggest additional avenues to modulate the interaction.
- Existing clinical data indicate that the combination of radiotherapy and immunotherapy is relatively safe and welltolerated by patients, but efficacy results have not yet matched those seen in other tumor types.
- Ongoing clinical trials for both recurrent/metastatic disease and locally advanced disease will provide further insight on how to improve patient outcomes.

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Introduction

Head and neck cancers comprise a signifcant portion of the global cancer burden; when aggregating subsites, they are the eighth most common cancer worldwide by both incidence and mortality [[1\]](#page-19-0). Although the vast majority of head and neck cancers are squamous cell carcinomas (HNSCC) and have traditionally been associated with tobacco and alcohol use, human papillomavirus (HPV)-associated oropharyngeal squamous cell carcinoma (SCC) has emerged as a new disease entity with markedly different biological behavior [[2\]](#page-19-1).

Ever since the foundational work of Henri Coutard, who was the frst to use X-rays to treat laryngeal cancer almost 100 years ago [[3\]](#page-19-2), radiation therapy has played a key role in the treatment of HNSCC. Radiation continues to be used extensively in both the curative and palliative setting, although the distinction between the two is now sometimes blurred with growing recognition of the oligometastatic state, where patients with limited numbers of metastases can achieve prolonged survival, or even cure [\[4](#page-19-3), [5\]](#page-19-4). Technological advancements, in both imaging and treatment delivery, have enabled more precise radiation treatment that has reduced treatment-related morbidity and improved patient outcomes. However, even with the use of modern radiation techniques, there are still opportunities for further improvement [[4\]](#page-19-3).

The immune system has a critical role in tumor development, and the development of immune evasion by tumors is a key step in carcinogenesis [\[6](#page-19-5), [7\]](#page-19-6). Attempts to reinvigorate an antitumor immune response have been widely integrated into practice following the development of the immune checkpoint inhibitors (ICIs) targeted against the immune checkpoint receptors cytotoxic T-lymphocyte-associated protein 4 (CTLA-4), programmed cell death protein 1 (PD-1), and programmed death-ligand 1 (PD-L1). Since the initial FDA approval of ipilimumab (a CTLA-4 inhibitor) in 2011 for the treatment of metastatic melanoma based on a proven overall survival advantage [[8\]](#page-19-7), antibodies blocking CTLA-4 and PD-1/PD-L1 have been tested and approved

across a wide spectrum of malignancies. In HNSCC, both pembrolizumab and nivolumab (PD-1 inhibitors) have gained FDA approval for use in recurrent/metastatic HNSCC after progression through platinum-based chemotherapy [[9–](#page-19-8) [11\]](#page-19-9). Pembrolizumab additionally has been approved in the US for use in the frst-line setting in patients with recurrent/metastatic HNSCC, either in combination with chemotherapy or alone as monotherapy depending on tumor/tumor microenvironment PD-L1 expression [\[12](#page-19-10)].

Unfortunately, overall response rates to PD-1 (inhibitors in unselected patients with HNSCC) remain low at approximately 10–20% [[9–](#page-19-8)[12\]](#page-19-10), although patients who do respond can have longlasting, durable remissions, as has been the case with other solid tumor patients who respond to PD-1 blockade [\[13](#page-19-11)]. The possibility of durable long-term response has been a driver of the rapid uptake in clinical practice and has invigorated efforts to develop predictive biomarkers. Tumor mutational burden, a potential surrogate for tumor neoantigens that can be recognized by the immune system, is one such biomarker, leading to the frst ever histology-agnostic FDA approval of the PD-1 inhibitor pembrolizumab for mismatch repair defcient tumors of any histology [\[14](#page-19-12), [15\]](#page-19-13), though there is increasing recognition that the types of mutations and ability to generate neoantigens may be as important as the number of mutations present [[16\]](#page-19-14). PD-L1 expression on both tumor cells and infltrated immune cells has also been explored as a biomarker across several histologies with varying results; in HNSCC, subgroup analyses of Checkmate 141, KEYNOTE-040, and KEYNOTE-048 all suggest that higher PD-L1 expression does correlate with the likelihood of survival benefit $[10-12]$ $[10-12]$. It is less clear whether patients with low or no PD-L1 expression still beneft from PD-1 directed therapy; analyses of Checkmate 141 and KEYNOTE-048 show questionable beneft for the PD-L1-negative subgroup when comparing the treatment and control arms [[11,](#page-19-9) [17](#page-19-16)]. Finally, for HNSCC patients, HPV-associated malignancies with relatively fewer tumor mutations as compared to tobacco-associated malignancies may also respond to immune checkpoint blockade as novel viral-associated neoantigens might be recognized by the immune system. Indeed, subgroup analyses of the Checkmate 141 and KEYNOTE-040 trials did not show any clear differences in response or clinical beneft based on p16 expression status (a surrogate for HPVassociated tumors) [[10,](#page-19-15) [11,](#page-19-9) [18\]](#page-19-17).

In addition to better patient selection through the use of predictive biomarkers, augmenting the antitumor immune response with other therapies could also improve immunotherapy response rates. Radiation therapy increasingly has been recognized to have diverse immunomodulatory effects, and there has consequently been interest in possible synergism between radiotherapy and immunotherapy. In the remainder of this chapter, we will summarize the preclinical data that illustrate the immune effects of radiotherapy, review the unique immune landscape of HNSCC, and fnally discuss both current preclinical and clinical data relevant to the combination of radiotherapy and immunotherapy specifcally in HNSCC (Fig. [7.1](#page-2-0)).

Immune Efects of Radiotherapy

Traditionally, the antitumor effects of radiotherapy have been attributed to direct cytotoxicity secondary to the induction of DNA damage, and while it was known over 40 years ago that radiotherapy also depends on an intact immune system to exert its full antitumor effect [[20\]](#page-19-18), the interaction between the immune system and radiotherapy has garnered more interest in the past two decades. It is now recognized that the immune effects of radiation may contribute signifcantly to an antitumor response; however, these immune effects are also quite complex and can be both immunostimulatory and immunosuppressive.

Radiation can induce immunogenic cell death, which gives rise to adaptive immune responses [\[21](#page-19-19), [22](#page-19-20)]. Many mechanisms can be involved in this process, and a full detailed review is beyond the scope of this discussion. However, recent studies have shown radiation can promote immune activation via calreticulin-, ATP-, and HMGB-mediated pathways [[22,](#page-19-20) [23](#page-20-0)]. Radiation

Fig. 7.1 Opportunities for radioimmunotherapy in HNSCC. (With permissions from [\[19\]](#page-19-21))

also leads to the presence of cytosolic DNA, which triggers the cGAS/STING pathway and subsequent production of type-I interferon [\[24](#page-20-1), [25](#page-20-2)]. Type-I interferon is crucial for the activation of dendritic cells, which ultimately recruit and prime T cells. These signals together are critical for the initial development of an immune response specific to tumor neoantigens.

Radiation can promote antitumor immunity through additional mechanisms. Radiation can diversify antigen presentation by tumor cells through promotion of intracellular peptide degradation as well as upregulation of MHC expression [\[26](#page-20-3), [27](#page-20-4)]. This ultimately can enhance recognition and tumor cell killing by cytotoxic T cells [\[28\]](#page-20-5). Radiation has also been associated with increased production of other immune stimulating cytokines and chemokines, which together can promote the infltration of T cells into tumors and modulate the function of these T cells, as well as dendritic cells and macrophages [[23\]](#page-20-0).

Radiation also has immunosuppressive effects that could be detrimental to an antitumor immune response. Lymphocytes are radiosensitive, with in vitro studies demonstrating that 3 Gy of radiation is enough to deplete 90% of human lymphocytes [\[29](#page-20-6)]. This may be overly simplistic, however, as more recent work suggests differential radiosensitivity of T-cell subtypes. Preexisting intratumoral T cells appear to be potentially more radioresistant than either circulating T cells or lymphoid tissue T cells; these intratumoral T cells survive even high doses (20 Gy) of radiation in preclinical studies and can develop a similar transcriptomic profle to tissue-resident memory T cells, which are also thought to be radioresistant [[30,](#page-20-7) [31\]](#page-20-8). These intratumoral T cells can mediate some of the antitumor immune effects of high-dose radiation. Regardless, clinical data suggest that radiation-induced lymphopenia may be a negative prognostic factor in patients treated with PD-1 and CTLA-4 inhibitors [[32\]](#page-20-9).

Within the local tumor microenvironment, a variety of inhibitory immune cells, such as T-regulatory cells (Tregs), myeloid-derived suppressor cells (MDSCs), and tumor-associated macrophages (TAMs, and specifcally M2 macrophages), are often already present. In several

studies, radiation increases recruitment of these inhibitory immune cells and can also modulate their function toward an even more immunosuppressive phenotype [[23\]](#page-20-0). There may also be dosedependent effects of radiation; for instance, Vanpouille-Box et al. demonstrated that as radiation doses were escalated to 12–18 Gy, there was induction of Trex1, a DNA exonuclease which degrades cytosolic DNA and thus prevents activation of the cGAS/STING pathway [\[25](#page-20-2)]. The balance between competing activating and inhibitory immune responses, then, likely plays a key role in the probability of a successful antitumor immune response and provides opportunity for therapeutic intervention.

Immune Landscape of HNSCC

Work over the past decade has helped characterize the immune landscape of HNSCC. As noted above, HPV-associated oropharyngeal SCC is a different disease entity from other non-HPVdriven, tobacco-associated HNSCC, with a distinct immune profle. Using data from The Cancer Genome Atlas, Mandal et al. showed that HPVpositive tumors were signifcantly more immune infltrated than HPV-negative tumors [[33\]](#page-20-10). However, both HPV-positive and HPV-negative HNSCC had the highest rate of immunosuppressive Treg infltration among ten different cancer types. There was a correlation between the molecular smoking signature of HNSCC tumors and increased tumor mutational burden, but also conversely an inverse association between the molecular smoking signature and immune infltration, despite this higher tumor mutation burden (and therefore presumably increased neoantigen load). This suggests that tobaccoassociated tumors can still be immunologically cold even with their higher mutational load. Further work has demonstrated that HPV-positive tumors are associated with increased T-cell receptor diversity, higher levels of immune cytolytic activity, and an overall enriched infammatory response [\[34](#page-20-11), [35](#page-20-12)]. The anatomic subsite where head and neck cancer develops likely plays a key role in tumor immunity as well; the oropharynx contains particularly lymphoid-rich tissue, and this unique immune environment may explain why the improved prognosis for HPVdriven HNSCC is largely limited to oropharyngeal tumors [[36\]](#page-20-13). Additional work on oropharyngeal SCC has confrmed a higher degree of infltration of CD8+ T cells in HPVpositive vs. HPV-negative tumors [[37\]](#page-20-14). Overall, these studies suggest that the increased sensitivity of HPV-associated oropharyngeal SCC to chemotherapy and radiotherapy may at least in part be mediated through immune mechanisms [\[38](#page-20-15), [39\]](#page-20-16) and that differing immunotherapeutic approaches may be optimal for HPV-positive and HPV-negative HNSCC.

HNSCC also appears to be uniquely associated with high levels of natural killer (NK) cell infltration, even when compared to other highly immune infltrated cancer types [\[33](#page-20-10), [37](#page-20-14)]. Patients with high levels of NK-cell infltration were also found to have improved survival compared to those with low levels of infltration [[33\]](#page-20-10). The potential antitumor effects of NK cells is an emerging area of research and has been reviewed elsewhere [\[40](#page-20-17)]; currently, there is limited clinical data on their role in HNSCC, or whether opportunities for synergy between NK-directed therapies and radiation exist.

Preclinical Evidence for Radioimmunotherapy in HNSCC Models

Augmenting Antitumor Cellular Immunity

Preclinical work in HNSCC models has demonstrated synergy between radiotherapy and immunotherapy. In a poorly immunogenic orthotopic HNSCC mouse model, Oweida et al. demonstrated effective tumor cell killing when both 10 Gy of radiation and an anti-PD-L1 antibody were administered together, but not for either treatment individually [\[41](#page-20-18)]. Tumor control was correlated with increased tumor T-cell infltration and was abrogated when CD4+ and CD8+ T cells were depleted. In addition, although much of

research on antitumor immunity has focused on the role of T cells, work from Kim et al. in a mouse model of HPV-associated HNSCC suggests that the combination of radiation and PD-1 inhibition also promotes maturation and activation of B cells, leading to the development of memory B cells, plasma cells, and antigenspecifc B cells, as well as increasing formation of B-cell germinal centers in tumor draining lymph nodes [[42\]](#page-20-19). Finally, there is growing interest in harnessing additional molecular pathways to promote antitumor immunity. For instance, in a mouse model of HPV-driven carcinoma, Dillon et al. demonstrated that inhibitors of ATR, a key protein in the DNA damage response pathway, signifcantly sensitized tumors to radiation, and this effect was correlated with the upregulation of interferon-stimulated genes and a signifcant increase in innate immune cell infltration into the tumor microenvironment [\[43](#page-20-20)]. Xiao et al. showed that ASTX600, an inhibitor of IAP1/2 and XIAP, proteins that modulate apoptosis and the tumor necrosis factor signaling pathway, signifcantly enhanced T-cell-mediated tumor cell killing when combined with radiation and PD-1 inhibition in a mouse model of oral cavity carcinoma [\[44](#page-20-21)].

Decreasing an Immunosuppressive Microenvironment

The immunosuppressive microenvironment remains a challenge even with combined radiotherapy and immunotherapy. Following up on their initial study demonstrating synergy between radiation/PD-1 inhibition [[41\]](#page-20-18), Oweida et al. demonstrated that the antitumor immune responses to combined radiation and PD-1 inhibition in their HNSCC mouse model were ultimately transient, as compensatory mechanisms of immune evasion were activated, including upregulation of another immune checkpoint, TIM-3, as well as increased tumor infltration of Tregs [\[41](#page-20-18), [45\]](#page-20-22). Adding an anti-TIM-3 antibody further delayed tumor growth, but the response was still not durable; only targeted depletion of Tregs was able to induce durable immunologic

memory. Another group has explored the use of cyclophosphamide and an inhibitor of inducible nitric oxide synthase (iNOS) as immunomodulatory agents in a mouse model of HPV-associated HNSCC. When combined with traditional chemoradiation, addition of these two agents increased the CD8+ T-cell/Treg ratio and decreased immunosuppression [\[46](#page-20-23)]. In this particular model system, the combination of radiation with PD-1 and CTLA-4 inhibition only minimally altered the immunologically cold tumor microenvironment, but the addition of cyclophosphamide and the iNOS inhibitor shifted the balance of infltrated immune cells away from immunosuppressive types (such as MDSCs) to those more associated with antitumor immunity (such as dendritic cells and antitumor M1 macrophages). This led to an increased CD8+ T-celldependent response and complete tumor rejection in more than 70% of the treated mice [\[47](#page-20-24)]. This is now being investigated in a clinical trial, NCT03844763, which explores the use of cyclophosphamide, avelumab (a PD-L1 inhibitor), and radiation therapy in the treatment of recurrent/ metastatic HNSCC.

Radiation Dose and Fractionation Efects

Additional studies have demonstrated the importance of radiation dose and fractionation in generating an effective antitumor immune response. Consistent with work in other diseases [[48\]](#page-21-0), Morisada et al. showed in a syngeneic mouse oral cavity carcinoma model that hypofractionated radiation (16 Gy in two fractions) was associated with preservation of both peripheral and tumorinfltrating lymphocytes, reduction of both peripheral and tumor-associated MDSCs, and increased expression of interferon genes, when compared to conventionally fractionated radiation (20 Gy in ten fractions) [\[49](#page-21-1)]. Moreover, analysis of the draining lymph nodes (which notably were included within the radiation felds) suggested that 20 Gy in ten fractions suppressed local tumor-specifc T-cell responses. Consequently, only 16 Gy in two fractions demonstrated synergy with an anti-PD-1 antibody in these mice. Additional work by this group suggests a dose-dependent effect of radiation on both antigen release and T-cell priming, with 8 Gy in a single fraction enhancing these pathways compared to 2 Gy in a single fraction, resulting in increased tumor cell susceptibility to T-cellmediated killing [\[50](#page-21-2)]. However, the doses used in these preclinical models differ from those used in clinical practice, as do the size of the treated tumors, and so it is uncertain how these fndings might translate to the treatment of HNSCC patients.

Clinical Evidence for Radioimmunotherapy in HNSCC

Recurrent/Metastatic Setting

Despite the widespread use of ICIs in advanced malignancies, prospective clinical data on their combination with radiotherapy remain scarce, particularly in HNSCC. The unique immunerelated adverse effects (irAEs) that have been observed with ICIs are now well established [[51\]](#page-21-3), and there have been concerns that the proinfammatory effects of radiation could enhance toxicities when combined with ICIs. Reassuringly, however, most of the available clinical data to date suggests that the combination of radiation and ICIs is generally well tolerated [[52\]](#page-21-4). For instance, in a cohort of 133 patients with metastatic melanoma, non-small-cell lung cancer (NSCLC), or renal cell cancer who received palliative radiation to a wide range of anatomic sites, Bang et al. demonstrated numerically higher rates of irAEs when radiation was given within 14 days of immunotherapy, but the toxicities were generally mild with rates of grade 3+ toxicity less than 10% [\[53](#page-21-5)]. Similarly, a prospective phase I trial of pembrolizumab and stereotactic body radiotherapy (SBRT) in patients with a variety of metastatic solid tumors also demonstrated a grade 3+ toxicity rate of less than 10% [[54\]](#page-21-6). Notably, this study did include four patients with HNSCC, and radiation was delivered to two distinct anatomic sites in more than 60% of the

cohort. Finally, a phase 2 trial which randomized 62 patients with metastatic HNSCC to nivolumab with or without SBRT to a single metastatic site did not fnd a signifcant difference in either grade 3–5 adverse events (13% for nivolumab alone vs. 10% for nivolumab with SBRT, $p = 0.70$) or any grade adverse events (70% for nivolumab alone vs. 87% for nivolumab with SBRT, $p = 0.12$) with the addition of SBRT [\[55](#page-21-7)].

Nevertheless, a few key issues must be considered when interpreting these and other safety data. Just as dose and fractionation likely affect potential antitumor immunity induced by radiation (as demonstrated in preclinical work), it is probable that these parameters infuence potential toxicities when combined with ICIs. The relative timing of radiation and immunotherapy is likely to be important as well; notably, radiation recall, a relatively rare, unpredictable, and poorly understood phenomenon wherein an infammatory reaction can develop in previously irradiated tissue following administration of a new systemic agent [\[56](#page-21-8)] has now been reported following ICI administration [\[57](#page-21-9), [58\]](#page-21-10). Additionally, the anatomic site treated with radiation could infuence the side effect profle of combination treatment; for instance, the landmark PACIFIC trial, which demonstrated a signifcant overall survival beneft to adjuvant durvalumab (an anti-PD-L1 antibody) after defnitive chemoradiation for stage III NSCLC, also showed an increase in any-grade pneumonitis with the addition of durvalumab (although rates of clinically relevant pneumonitis, i.e., grade 3+, were similar between treatment groups and low overall) [[59\]](#page-21-11). Within the brain, there is a potential increased risk of developing radiation necrosis after treatment of brain metastases with combined ICIs and radiation [\[60](#page-21-12), [61\]](#page-21-13). Finally, as discussed earlier, in certain settings, radiation can induce lymphopenia, which could ultimately interfere with the efficacy of ICIs $[32]$ $[32]$. These data highlight the importance of collecting robust radiation treatment and toxicity data to facilitate future analyses as we study combination radiation and immunotherapy treatments.

There are very few efficacy data relevant to the addition of radiation to ICIs in patients with recurrent or metastatic HNSCC. In general, the

primary rationale for radiation in this setting is to help stimulate a systemic antitumor immune response or abscopal effect. This is particularly difficult to study retrospectively, as disentangling a true abscopal effect from a delayed response to immunotherapy is challenging [[62\]](#page-21-14). The only available prospective data for HNSCC comes from the randomized phase 2 trial noted above, in which 62 patients with metastatic HNSCC were randomized to nivolumab with or without SBRT to a single metastatic site $(9 \text{ Gy} \times 3 \text{ fractions})$, between the frst and second doses of nivolumab). Ultimately, there was no improvement in overall response rate (34.5% for nivolumab alone vs. 29.0% for nivolumab with SBRT, $p = 0.86$ [[55\]](#page-21-7). In NSCLC, a similarly designed phase 2 trial of pembrolizumab with or without SBRT to a single metastatic site in patients with advanced NSCLC also failed to meet its primary endpoint, although it did demonstrate a doubling of overall response rate with the addition of SBRT that was not statistically signifcant (18% for pembrolizumab alone vs. 36% for pembrolizumab with SBRT, $p = 0.07$ [[63\]](#page-21-15). Differences between the designs of these two studies include the anti-PD-1 agent used (nivolumab vs. pembrolizumab), the type of cancer (HNSCC vs. NSCLC), timing of SBRT (between frst and second dose of nivolumab vs. prior to starting pembrolizumab), and dose of SBRT (9 Gy \times 3 fractions vs. 8 Gy \times 3 fractions). Given the results of these trials, further research is clearly needed; Table [7.1](#page-7-0) summarizes ongoing trials that will help address these questions specifcally in patients with recurrent/metastatic HNSCC. Notably, however, only a few of these studies are randomized, and so any effcacy data will require confirmation in larger, phase 3 trials.

Finally, as noted above, there is growing recognition of an oligometastatic disease state. Contrary to previous conceptualization of metastatic disease as inevitably widespread and thus incurable, the oligometastatic hypothesis suggests that there is a wide range of metastatic potential that varies among different cancers and from patient to patient and that an intermediate state likely exists between purely localized disease and widely metastatic disease, wherein a

limited number of metastases might develop with limited further metastatic potential [[64\]](#page-21-16). Aggressive local treatment of patients with limited metastases would thus potentially offer a signifcant survival beneft. Results from several randomized phase 2 trials have supported this hypothesis (though notably HNSCC was not represented in any of these studies) [[65–](#page-21-17)[69\]](#page-21-18). Consequently, there is interest in the addition of ICIs to radiation in this population of patients to improve outcomes [[70\]](#page-21-19). In this setting, radiation would be administered at ablative doses to all metastatic sites, and so the addition of ICIs would also be intended to augment the local effects of radiation at each treatment site. To our knowledge, no prospective clinical data has yet been published on the combination of radiation and ICIs in patients with oligometastatic HNSCC, though there is at least one ongoing clinical trial (NCT03283605, which examines the use of durvalumab, tremelimumab [a CTLA-4 inhibitor], and SBRT in patients with HNSCC with fewer than 10 metastases).

Related to the overall concept of oligometastases is oligoprogression, or the development of a limited number of progressive metastatic lesions after a period of stability on systemic therapy [\[71](#page-21-20)]. In the context of ICIs, oligoprogression may herald general immune escape in patients who had previously been responding to treatment. However, in certain cases oligoprogression may develop as a result of resistant tumor clones that lack particular tumor antigens or antigen presentation, or because of differences in the underlying immune microenvironment of the anatomic site that permit localized immune escape (e.g., brain) [\[72](#page-22-0), [73\]](#page-22-1). If this is the case, local treatment such as radiation to these oligoprogressive sites may enable the patient to continue to derive beneft from ICIs [[74–](#page-22-2)[76\]](#page-22-3). We are testing this paradigm prospectively in SCCHN (NCT03085719).

Locally Advanced/Defnitive Setting

ICIs are being investigated in the setting of curative treatment of earlier stages of disease across all cancer types, including HNSCC. Addition of

ICIs to radiation in this setting would be intended to potentially augment the local effects of radiation (i.e., as a radiosensitizer) and address micrometastatic disease. Several possible combinations are under investigation—immunotherapy added to a chemoradiation regimen to intensify therapy (for patients with currently poor outcomes), immunotherapy given concurrently with radiation instead of chemotherapy or with a lower dose of radiation (potentially as a way to reduce treatment morbidity while maintaining overall effcacy), or immunotherapy administered adjuvantly and/or as induction (i.e., sequential therapy). To date adjuvant immunotherapy has proven successful in NSCLC; as noted earlier, the PACIFIC trial demonstrated a signifcant and meaningful overall survival beneft for adjuvant durvalumab starting within 6 weeks of completing standard chemoradiation for unresectable stage III NSCLC, with an increase in 2-year overall survival from 55.6% to 66.3% [\[77](#page-22-4)]. Of note, the magnitude of beneft was greater for patients who were randomized within 2 weeks of completing chemoradiation. Adjuvant immunotherapy also has newly demonstrated success in esophagogastric cancer; Checkmate-577 demonstrated a doubling of median disease-free survival (22.4 vs. 11.0 months) with the administration of adjuvant nivolumab compared to placebo following neoadjuvant chemoradiation and surgical resection in patients with esophageal and gastroesophageal cancer, though full trial results have yet to be published [[78\]](#page-22-5).

As shown in Table [7.2,](#page-10-0) ongoing trials are evaluating various combinations of radiation and ICIs for HNSCC in the defnitive setting, and several have now reported safety data. In general, combinations of PD-1/PD-L1 inhibitors with defnitive radiation appear well tolerated with no unexpected toxicities. KEYCHAIN is a randomized phase 2 study of radiation combined with concurrent and adjuvant pembrolizumab compared with radiation and concurrent cisplatin in intermediate-risk p16-positive HNSCC; the safety lead-in phase of the study found only one dose-limiting toxicity (grade 4 adrenal insuffciency) among eight patients in the pembrolizumab arm, and so the trial has proceeded to its

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phase 2 component [\[79](#page-22-6)]. A single-arm phase 2 trial of radiation administered with concurrent and adjuvant pembrolizumab in cisplatinineligible patients with locally advanced HNSCC similarly demonstrated relatively low toxicity in the frst 12 enrolled patients, and 11 of 12 patients received all planned cycles of pembrolizumab [\[80](#page-22-7)]. Finally, PembroRad is a randomized phase 2 trial of radiation combined with concurrent pembrolizumab versus radiation combined with concurrent cetuximab, again in cisplatinineligible patients with locally advanced HNSCC. There have been 133 patients randomized in a 1:1 fashion, and the pembrolizumab arm was found to have signifcantly less mucositis or dermatitis within the radiation feld than the cetuximab arm [[81\]](#page-22-8).

Early results also suggest that intensifcation of existing chemoradiation regimens with the addition of ICIs is reasonably safe. In a small phase 1 trial of concurrent and adjuvant avelumab added to standard cetuximab/radiation in 10 cisplatin-ineligible patients with locally advanced HNSCC, no grade 4–5 toxicities were observed, and only one of eight evaluable patients discontinued avelumab for toxicity [\[82](#page-22-9)]. REACH is a phase 3 trial that is also comparing concurrent avelumab, cetuximab, and radiation, followed by 12 months of adjuvant avelumab, against either standard bolus cisplatin with radiation or cetuximab with radiation (depending on if the patient is judged to be ft for cisplatin or not) in patients with locally advanced HNSCC; results for the 82 patients randomized during the safety phase of the trial suggested that addition of avelumab was tolerable, with 88% of patients completing concurrent avelumab as per protocol, and rates of grade 4+ events similar between control and experimental arms [\[83](#page-22-10)]. Similarly, a single-arm phase 1b study of the addition of concurrent and adjuvant pembrolizumab to standard radiation and weekly cisplatin in patients with locally advanced HNSCC demonstrated in 59 patients that concurrent pembrolizumab did not prevent patients from completing chemoradiation, and only 5 of 59 patients ultimately discontinued treatment because of irAEs [[84\]](#page-22-11). Finally, RTOG 3504 is a four-arm phase 1 trial in patients with

intermediate- or high-risk HNSCC that is examining the addition of concurrent and adjuvant nivolumab to either radiation alone or radiation with weekly cisplatin, bolus cisplatin, or cetuximab; safety results from the latter three arms again demonstrated that nivolumab did not prevent timely completion of chemoradiation, and rates of dose-limiting toxicities were low [[85\]](#page-22-12).

Effcacy data are now just starting to be reported from some of these ongoing trials. One of the single-arm phase 2 trials noted above [\[80](#page-22-7)] of radiation with concurrent and adjuvant pembrolizumab in cisplatin-ineligible patients with locally advanced HNSCC ultimately enrolled 29 patients, and reported 1-year progression-free survival (PFS) and overall survival (OS) of 76% and 86%, respectively [[86\]](#page-22-13). More recently, effcacy results from PembroRad were presented, with oncologic outcomes found to be not significantly different between the pembrolizumab vs. cetuximab arms (2-year PFS 42% vs. 40%, *p* = 0.41; 2-year OS 62% vs. 55%, *p* = 0.49) [[87\]](#page-22-14). Finally, Javelin 100 was a double-blind, placebocontrolled phase 3 trial that randomized 697 patients with locally advanced HNSCC to standard of care cisplatin-based chemoradiation with or without concurrent and adjuvant (for 12 months) avelumab, with PFS as the primary endpoint. The trial was terminated early for futility following a planned interim analysis, in which PFS was found to favor the placebo + chemoradiation arms (hazard ratio 1.21, $p = 0.92$), and rates of grade 3 or higher adverse events were also slightly higher in the avelumab arm compared to placebo (88% vs. 82%) [\[88](#page-22-15)]. Exploratory analyses did not reveal any improvement for either time to locoregional failure or distant metastatic failure, and the PFS results were generally consistent across subgroups as well. One possible exception was the results for the PD-L1 high subgroup (defined as \geq 25%), where avelumab seemed to confer a PFS beneft compared to placebo; however, the number of patients was small, and the study did not stratify on the basis of PD-L1 status, so this observation remains purely hypothesis generating.

The disappointing results of Javelin 100 invite comparison to the successful incorporation of PD-L1 blockade into the treatment of locally advanced NSCLC as evidenced by the PACIFIC study. Given the high risk of lymph node metastases in patients with locally advanced HNSCC, standard radiation generally entails elective treatment of the draining cervical lymph node chains (in contrast to NSCLC, where elective lymph nodes are not intentionally irradiated). These draining lymph nodes are precisely where antigen-presenting cells migrate to for T-cell priming, following radiation to the primary tumor [\[23](#page-20-0), [27\]](#page-20-4). Correlative positron emission tomography–computed tomography (PET-CT) studies from a recently published clinical trial of neoadjuvant ICIs (nivolumab or nivolumab and ipilimumab) prior to surgery in patients with oral cavity SCC provides further support for the importance of the draining lymph nodes; following initiation of neoadjuvant ICIs, there was a high rate of increased fuorodeoxyglucose (FDG) uptake in the draining cervical lymph nodes on an interval PET-CT, which ultimately on surgical pathology demonstrated only reactive fndings without any evidence of cancer. This observed increase in FDG uptake may therefore represent radiographic evidence of a mounting immune response [\[89](#page-22-16)]. Given the radiosensitivity of lymphocytes, then, it seems possible that radiation (particularly longer conventionally fractionated regimens) that electively treats the draining lymph nodes following the receipt of ICI could actually hinder T-cell priming. Indeed, as noted above, there is some preclinical data to support this, as Morisada et al. demonstrated in an syngeneic mouse model of oral cavity cancer that 20 Gy in ten fractions compared to 16 Gy in two fractions to both the primary tumor and the draining lymph nodes blunted tumor-specifc CD8+ T-cell responses within those draining lymph nodes (although notably tumors were implanted in the mice legs, and thus, this is not a perfect model for head and neck lymphatics) [[49\]](#page-21-1). The phase 2 trial reported by Weiss et al. also noted a rate of grade 3+ lymphopenia of 58.6% [[86\]](#page-22-13). Another notable issue is that the design of Javelin 100, as well as many of the other trials described above, incorporated both concurrent and adjuvant ICIs in the experimental arm, whereas

PACIFIC (and Checkmate-577) only tested the value of adjuvant immunotherapy. Timing and sequencing of ICIs and radiation remains a critical issue that requires further study, although the concerns regarding radiation-induced T-cell death may be particularly problematic when ICI is administered concurrently as compared with sequentially [\[90](#page-22-17)]. Finally, as demonstrated in the preclinical work above, radiation dose and fractionation are also likely critical to successful synergy between radiation and ICIs; however, the hypofractionated regimens that appear to have the greatest immunologic potential in preclinical models differ tremendously from the long conventionally fractionated regimens (1.8–2 Gy/ fraction) used in the current standard management of HNSCC. PACIFIC did also employ conventional fractionation, though standard total doses for NSCLC are somewhat lower than for HNSCC (54–66 Gy versus 70 Gy). Overall, given the years of experience supporting the current standard radiation regimen and felds used in the defnitive management of HNSCC, careful studies will be required to determine what kinds of modifcations to elective nodal irradiation, timing/sequencing, dose, and/or fractionation are required to maximize synergy with ICIs and ultimately improve patient outcomes. There is already signifcant heterogeneity among the ongoing trials in Tables [7.1](#page-7-0) and [7.2](#page-10-0) with regard to these parameters, and so examining the results collectively will hopefully be informative.

Conclusions/Future Directions

There remains excitement for the possibility of combining radiotherapy and immunotherapy to improve outcomes for patients with HNSCC. Ongoing trials will help advance this emerging feld, and the developing paradigm of oligometastatic disease provides further opportunity to integrate improving systemic and local therapies. Biomarker studies conducted in parallel will also inform optimal patient selection for combined treatment approaches. Moreover, while this chapter has largely focused on ICIs (and PD-1/PD-L1 targeted therapies in particular) given their widespread use, immunotherapeutic agents targeting other checkpoints and pathways are in development as well [[91\]](#page-22-18), as are trials testing their combination with radiation (e.g., NCT04220775). Nevertheless, signifcant work remains to be done in both the preclinical and clinical space to determine the dose, fractionation, timing, target, and feld size of radiation that will be the most synergistic with immunotherapies. Finding the optimal balance between the immunostimulatory and immunosuppressive effects of radiotherapy is key and hopefully will herald continued improvement in outcomes for patients with HNSCC.

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