



Robotic Anthropomorphism and Intentionality Through Human–Robot Interaction (HRI): Autism and the Human Experience

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Abstract This research focuses on robotic anthropomorphism and how it impacts the learning environment of students with autism spectrum disorder (ASD). ASD students show a greater interest in anthropomorphic characteristics in robots. Social interaction between robots and students by employing anthropomorphism degrees in a robot’s physical design and behavior has boosted productivity in ASD students. As robots

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enter our social space, we will inherently impose our interpretation on their actions, similar to the techniques we employ in rationalizing, for example, a pet's behavior. This propensity to anthropomorphize is not seen as a hindrance to social robot development but rather a helpful mechanism that requires careful examination and employment in social robotics research. Specifically, this chapter examines social-cognitive intelligence in relation to artificial intelligence, emphasizing privacy protections and ethical implications of HRI, while designing robots that are ethical, cognitively, and artificially intelligent, as well as human-like in their social interactions.

Keywords Robotic Anthropomorphism · Robotic Intentionality · Social Cognition · Autism Spectrum Disorder · Human–Robot Interaction · Humanoid Robots · Social Robotics · Human–Robot Interaction (HRI)

INTRODUCTION

Almost all the famous childhood stories use anthropomorphism in some way. Those stories, in most cases, feature human characters interacting with non-human characters. Social robots have a special relationship with anthropomorphism, which they consider neither a cognitive error nor a sign of immaturity (Damiano & Dumouchel, 2018). Instead, it considers that this common human tendency, which is supposed to have evolved because it favored cooperation among early humans, can be used today to facilitate social interactions between humans and a new type of collaborative and interactive agents—social robots (Damiano & Dumouchel, 2018). This approach leads social robots to focus research on engineering robots that activate users' stereoscopic projections. The goal is to give robots a “social presence” and “social behaviors” that are credible enough for human users to engage in comfortable, long-term relationships with these machines (Damiano & Dumouchel, 2018). This choice of “applied anthropomorphism” as a research method exposes the artifacts produced by social robots to moral condemnation: social robots are judged as a “cheating” technology because they generate in users the illusion of mutual social and emotional relationships (Damiano & Dumouchel, 2018). This chapter takes a position in this debate, developing a series of arguments relevant to the philosophy of mind, cognitive

science, and robotic artificial intelligence and asking what social robots can teach about anthropomorphism.

The Social Cognitive Theory (SCT) examines the influences of individual experiences, the actions of others, and environmental factors on health behaviors. Through instilling expectations, promoting self-efficacy, using observational learning, and using other reinforcements to change behavior, Social Cognitive Theory offers opportunities for social support. Exploration shows that individuals with ASD are especially powerless against forlornness, and hence the humanizing of non-human specialists may work as a social outlet of sorts. For example, grown-ups with a severe level of ASD-related qualities were discovered to be the same as controls in their craving for friendship yet detailed altogether higher evaluations of forlornness which they credited to their absence of social agreement (Jobe & Williams White, 2007). Proof of less informal organizations (Mazurek, 2014), alongside an expanded impression of the self as a helpless social entertainer (Vickerstaff et al., 2007), may add to the raised degrees of social nervousness present inside the populace (for an audit, see MacNeil et al., 2009). As social contrasts may seclude those with ASD from peers and result in adverse results, humanizing non-human substances may consider social commitment with less passionate danger. Along these lines, collaborations with human characters may turn out to be more socially inspiring.

There is a dearth of research in the field of robotic anthropomorphism and intentionality in social robotics and the way these concepts can impact social-cognitive behavior of ASD individuals. Human–robot interaction (HRI) studies have shown exciting yet preliminary benefits for individuals with autism spectrum disorder, including increased engagement in tasks, increased levels of attention, and novel social behavior, such as joint attention. Despite the excitement generated by these studies within the robotics community and media attention, the results have received relatively little attention from the clinical community; clinicians tend to view HRI for autism as a trial or an experiment. Presently, research in advanced social mechanics and HRI is investigating the impact of ascribing deliberateness to robots and the conduct boundaries of the robot that most proficiently instigate this. In investigating the impact that crediting deliberateness has on friendly communication, members of a test are occasionally persuaded that they are collaborating either with a pre-customized machine (e.g., Wykowska et al., 2014; Özdem et al., 2017) or with another human (who normally has wants and convictions).

In some different examinations, members are first presented to various specialist types (e.g., human, humanoid robot, non-humanoid robot) and consequently are persuaded that they are connecting with one of them (e.g., Krach et al., 2008). Prompting a specific (e.g., deliberate) position through guidance control remains rather than strategies utilized in research that means to characterize the boundaries under which members unexpectedly expect the purposeful position. Here, the deliberate position is actuated through, for instance, the robot's look, discourse, or general conduct (e.g., Wykowska et al., 2015).

1. Can robots be perceived as “intentional” agents?
2. How can social robots facilitate student learning for individuals with autism spectrum disorder and other learning disorders/disabilities through robotic anthropomorphism and intentionality?
3. How can we change human behavior through or with human–robot interaction (HRI) situations?

The research makes the following contributions. First, it aims to develop a different perspective on social robots, as it explains how social robots can be scientific tools for examining human social cognition, particularly its flexibility. Secondly, it focuses on the importance of social robotics through anthropomorphism and intentionality and how it may improve social cognition for ASD individuals, and thirdly, we will consider the issue of adopting an intentional stance toward robots, discuss its relationship to other, lower-level mechanisms of social cognition, and evaluate methods to assess adoption of intentional stance. The main purpose of this research is to focus on social robotics' concepts of anthropomorphism and intentionality and how they can result in improved social cognition for ASD individuals. This chapter consists of four sections. First, we focus on defining and describing robotic anthropomorphism and intentionality in social robotics. Second, we examine how social-cognition traits of ASD individuals can be improved through robotic anthropomorphism and intentionality. Thereafter, we investigate the effects of robotic anthropomorphism and intentionality on robot likeability, and the subsequent effect of these HRI interrelationships on the success of HRI implementation. Next, we propose our Anthropomorphism—Intentionality—Social-Cognition framework and propose managerial implications

of our framework on consumers and businesses in the context of social robotics.

THEORETICAL BACKGROUND

A study examines the direct effects of deliberately adopting social media, deliberately acting as an independent variable, and caused by the misrepresentation of beliefs. At the same time, the functioning of robots is similar to experimental conditions. In line with this, further research is looking at ways in which the intentional state may be created automatically by robots' behavior (Terada et al., 2008; Yamaji et al., 2010). Where deliberate persuasive approaches themselves are the subject of research, measures to measure the effectiveness of this process are needed, and although the objective nature as a concept is defined as length (Dennett, 1971, 1987), measuring its acceptance presents a challenge. In addition, much of the literature on intentional architecture comes from the field of engineering and has a different approach to previously discussed research based on experimental psychology. Although the similarities are evident in the intentions and the overall term, the method and research questions in these different fields are often different. A prominent type of paradigm in HRI research in targeted mental states includes natural experiments and open conclusions (e.g., Terada et al., 2007; Yang et al., 2015). Participants in these studies are usually not given strict instructions on how to perform a particular task with the robot in question, but it leaves the connection naturally natural. Despite the similarities between this type of setup and the nature of the set of robotic platforms, the authenticity of the test is compromised in this way, and questions about which aspect of the robotic behavior leads to the acceptance of the target state remain unanswered.

Apart from discussing the circumstances in which the state of determination and the role played by the position played in balancing social perceptions of society separately, these conditions do not exist in isolation. This is illustrated by Pfeiffer et al. (2011), which showed that the personality values associated with the on-screen avatar in the public view test differ from the combination of the viewing behavior and the subject's expectations regarding the avatar. According to the task order, personality limitations increased when the avatar's visual performance seemed to be in line with the strategy that followed. Therefore, it is important to know

that in the end, it is a combination of moral boundaries and human expectations for the integrated robot to inform human values. At present, this is rarely considered in an HRI study.

ASD is a progressive disorder characterized by poor social and interpersonal communication, in line with known and recurring behavioral limitations and interests (Lord et al., 1994). For example, children with ASD avoid physical contact, do not target people, do not show connection, do not show excitement or interest, and may spend many hours listing toys or investigating items (Rutter et al., 2003). Since ASD cannot be cured, some people with the condition need more expensive and more powerful, lifelong care and treatment, which encourages the development of social robots to help them and their caregivers. The emergence of social robots dedicated to ASD can be traced back to seminal research by Emanuel and Weir (1976) (see also Howe, 1983), where an electron-controlled computer, a tortoise-like robot (LOGO) that rotates on the ground, was used as a correction tool ASD boy. It was not until the late 1990s that many laboratories adopted this research topic (see Werry & Dautenhahn, 1999; Diehl et al., 2012; Begum et al., 2016; Ismail et al., 2019; review).

Until now, around 30 robots have been tested as ASD correction tools [e.g., Robota (Billard et al., 2007), FACE (Pioggia et al., 2007), Aibo (Francois et al., 2009), Charlie (Boccanfuso and O’Kane, 2011), NAO (Shamsuddin et al., 2012; Arora & Arora, 2020), GIPY-1 (Giannopulu, 2013), Pleo (Kim et al., 2013), KASPAR (Wainer et al., 2014), Jibo (Guizzo, 2015), Maria (Valadao et al., 2016), Sphero (Golestan et al., 2017), MINA (Ghorbandaei Pour et al., 2018), Leo (She et al., 2018), SAM (Lebersfeld et al., 2019), SPRITE (Clabaugh et al., 2019), Actroid-F (Yoshikawa et al., 2019) etc.]

Anthropomorphism is defined as “seeing the human in non-human forms” (Aggarwal & McGill, 2007). In the field of social robotics, creators and designers design robots with human (or living being) like characteristics to incite robotic anthropomorphism (e.g., Nao, the bipedal humanoid robot developed by SoftBank Robotics is used popularly in education and research). Uncanny valley effect phenomenon states that anthropomorphic appearance of a robot leads to trust and familiarity (i.e., humanoid robots are preferred more by ASD individuals than non-humanoids due to human-like appearance and interactions) (Arora et al., 2021; Sung et al., 2007; Turkle, 2017). In HRI context, robotic anthropomorphism means association of human-like characteristics in humanoid

robots (e.g., facial features of robots like big eyes, smiling face, interactive voice, speech, hand, and body gestures integrated into robots like ASIMO, NAO, Kirobo Mini, Pepper, etc.). The ability to anthropomorphize robots is strongly linked to attributing human personality traits related to user's personality leading to robot likeability. Robotic intentionality (a.k.a., intentional stance or intentional mindset) is governed by the assumption that humans' state-of-mind associations, mental states, anthropomorphic beliefs, and desires result in (positive or negative) behaviors toward robots (Dennett, 1971, 1987).

A key hypothesis after this effort states that social robots may overcome some of the motivating and emotional challenges; they face with people with ASD when they interact with their partners (Dautenhahn, 1999). Contrary to their developing peers, whose interactions reward them naturally, children with ASD show only a weak function of the brain reward system in response to social reinforcement (Chevallier et al., 2012; Delmonte et al., 2012; Watson et al., 2015). ASD Community Outreach Vision Chevallier et al. (2012) stated that children with ASD do not want to maintain relationships with human partners, instead showing a preference for non-human and often mechanical objects (Watson et al., 2015).

In addition to these encouraging problems, neuropathy for people with ASD is uncommon: they often do not tolerate the complexities of many things (Bogdashina, 2010, 2012), show detailed data (Happé and Frith, 2006), and sensory sensitivity or conflict (Bogdashina, 2010), with significant social concerns (Spain et al., 2018). According to the theory of Weak Central Coherence (Happé et al., 2001) and the Enhanced Perceptual Functioning model (Mottron et al., 2006), cognitive processing of ASD individuals focuses on local structures. These children are unable to integrate individual pieces of patterns of the world. The Intense World Theory of Autism (Markram, 2007) suggested that these individuals suffer from excessive neuronal data processing resulting in detailed loading and abnormal levels of anxiety, which they seek to reduce with repeated and repetitive behaviors (Rodgers et al., 2012).

Over the past 50 years, there has been a growing interest in social cognition, which has prompted researchers to investigate new issues related to attributing ideas to others. Social cognition refers to the psychological operations that are the basis of social interaction, including perception, interpretation, and response to the intentions, personality, and behavior of others (Green, Horan, 2010). The ability to think and predict

preferences, thoughts, desires, thinking, behavioral reactions, plans, and beliefs of others is an important aspect of social cognition (Frith, Frith, 2012) and is often referred to as “mindreading” or “mentalization.”

Some of the most critical challenges people with ASD face are social interactions and their social and emotional development. This difficulty in communicating and interacting socially results from impaired language and communication skills, often combined with a lack of cognitive skills. Individuals with neurotypical development have communication skills based on their capacities for social interactions. However, it is difficult to focus on developing separated communication and entertainment. The term sociability refers to a person’s ability to adapt to social situations and engage in friendly and professional relationships. Estimating the proper level of anthropomorphic robots used in the treatment of ASD is important. If the humanoid looks like a human, the child may begin to feel fear and apathy. On the other hand, it should not look like a machine because the child will be more interested in testing it than interacting with it. Humanoids adopt a beautiful, attractive design (i.e., large eyes, posture, body language, and facial expressions) to give a rich speech and help prevent fear in children with ASD.

Given the characteristics of ASD, it seems helpful to consider that a social robot with dynamic motivation, behavioral repetition, simplified appearance, and a lack of judgment in society may be more appealing to people with ASD than real people. Under the Intense World Theory of Autism (Markram, 2007), there is a reduction in unpleasant anxiety-related behaviors (e.g., superstitions, shouting, spontaneous attacks, etc.) during a human–robot interaction (HRI) situation. Therefore, in line with the ASD Social Motivation theory (Chevallier et al., 2012) and SCT theory, we propose the following propositions.

***Proposition 1** Human-robot interaction (HRI) between (anthropomorphic and intentional) social robots and ASD individuals results in better social motivation and cognition for ASD individuals and individuals with other learning disorders / disabilities.*

***Proposition 2** HRI between (anthropomorphic and intentional) social robots and ASD individuals results in a reduction in unpleasant anxiety-related behaviors.*

ROBOTIC ANTHROPOMORPHISM, INTENTIONALITY, SOCIAL COGNITION, AND AUTISM: DISCUSSIONS AND CONCLUSIONS

Anthropomorphism refers to giving personality traits or human-like characteristics to non-human objects, such as robots, computers, and animals. Anthropomorphizing objects is a way to build relationships with them, to deal with them as mediators in a communicative interaction. This process leads to the automatic delivery of intentionality and social behavior. Intentional stance allows us to deal with unknown entities or artifacts whose behavior is ambiguous or impregnable. Research in social robotics and HRI explores the impact of attributing deliberateness to mechanisms and the robot's behavioral parameters that almost all with efficiency induce this. In examining the effects that attributing deliberateness has on social interaction, participants of associate degree experiment are typically semiconductor diode to believe that they're interacting either with a pre-programmed machine (e.g., Wykowska et al., 2014; Özdem et al., 2017) or with another human (who naturally has wishes and beliefs). In other studies, participants are initially exposed to totally different agent sorts (e.g., human, mechanical man mechanism, non-humanoid robot) and afterward are semiconductor diode to believe that they're interacting with one among them (e.g., Krach et al., 2008). causation a specific (e.g., intentional) stance through instruction manipulation stands in distinction to analysis ways that aim to outline the parameters beneath that participant's ad libitum assume the intentional stance. Here, the intentional stance is induced through, as an example, the robot's gaze, speech, or general behavior (e.g., Wykowska et al., 2015). Godspeed questionnaires measure robotic anthropomorphism and intentionality. The full survey instruments are available as Appendix 5.1 and Appendix 5.2.

Social cognition is defined as understanding, perceiving, and interpreting information about other people and ourselves in a social context. These include emotional recognition, cognitive theory (ToM), delivery style, social vision, and knowledge. Social cognition consists of various processes that allow people to understand and interpret rapidly changing social data and respond appropriately to social incentives quickly, effortlessly, and easily. Recent works have shown that cognitive functioning and social skills among autistic individuals in proven steps only show a slight correlation in their functional outcomes over other factors (Sasson et al., 2020). Some people with autism may exhibit general social skills

despite a low perception of psychological functioning with psychological compensation (Livingston et al., 2019). Among adults with autism without cognitive impairment, general cognition predicts more social potential than social cognition (Sasson et al., 2020), and the performance of explicit social-cognitive measures such as those used here may be less predictable social interaction Behavioral Behavior in Autism rather than Practice Social clarity (Keifer et al., 2020). Using natural methods is a challenge in terms of experimental control. Humanoid robots can prove particularly useful in this context, as they allow studying social cognition and joint attention specifically with a high degree of experimental control and relatively high ecological validity. That approach provides new insights into collaborative attention-based approaches (such as the role of human similarity, eye contact in visual acuity outcomes, difficulty severing facial expressions), and the ability to apply for health care, training, and assessment of joint care for children diagnosed with ASD. Appendix 5.3 provides the measures for social cognition targeted at ASD individuals during human–robot interaction (HRI) situations.

In conclusion, individuals with autism face behavioral challenges, and social robots can help to mitigate those uncommon behaviors / challenges. ASD individuals have difficulty communicating with other people—often failing to see people as human beings rather than simply being things in their environment. They cannot communicate easily with ideas and feelings, have difficulty concentrating on what others think or feel, and sometimes spend their lives in silence. They often find it challenging to make friends or even to bond with family members. Studying the conditions and consequences of implementing human-like behaviors on artificial agents that can potentially induce the adoption of an intentional stance is fascinating from a theoretical perspective and extremely important for the future of our societies.

APPENDICES

Appendix 5.1 Godspeed Questionnaires—Measures of Anthropomorphism (Adapted from Bartneck et al., 2009)

GODSPEED I: ANTHROPOMORPHISM

Please rate your impression of the robot on these scales:

以下のスケールに基づいてこのロボットの印象を評価してください。

Fake 偽物のような	1	2	3	4	5	Natural 自然な
Machinelike 機械的	1	2	3	4	5	Humanlike 人間的
Unconscious 意識を持たない	1	2	3	4	5	Conscious 意識を持っている
Artificial 人工的	1	2	3	4	5	Lifelike 生物的
Moving rigidly ぎこちない動き	1	2	3	4	5	Moving elegantly 洗練された動き

GODSPEED II: ANIMACY

Please rate your impression of the robot on these scales:

以下のスケールに基づいてこのロボットの印象を評価してください。

Dead 死んでいる	1	2	3	4	5	Alive 生きている
Stagnant 活気のない	1	2	3	4	5	Lively 生き生きとした
Mechanical 機械的な	1	2	3	4	5	Organic 有機的な
Artificial 人工的な	1	2	3	4	5	Lifelike 生物的な
Inert 不活発な	1	2	3	4	5	Interactive 対話的な
Apathetic 無關心な	1	2	3	4	5	Responsive 反応のある

GODSPEED III: LIKEABILITY

Please rate your impression of the robot on these scales:

以下のスケールに基づいてこのロボットの印象を評価してください。

Dislike 嫌い	1	2	3	4	5	Like 好き
Unfriendly 親しみにくい	1	2	3	4	5	Friendly 親しみやすい
Unkind 不親切な	1	2	3	4	5	Kind 親切な
Unpleasant 不愉快な	1	2	3	4	5	Pleasant 愉快な
Awful ひどい	1	2	3	4	5	Nice 良い

GODSPEED IV: PERCEIVED INTELLIGENCE

Please rate your impression of the robot on these scales:

以下のスケールに基づいてこのロボットの印象を評価してください。

Incompetent 無能な	1	2	3	4	5	Competent 有能な
Ignorant 無知な	1	2	3	4	5	Knowledgeable 物知りな
Irresponsible 無責任な	1	2	3	4	5	Responsible 責任のある
Unintelligent 知的でない	1	2	3	4	5	Intelligent 知的な
Foolish 愚かな	1	2	3	4	5	Sensible 賢明な

GODSPEED V: PERCEIVED SAFETY

Please rate your emotional state on these scales:

以下のスケールに基づいてあなたの心の状態を評価してください。

Anxious 不安な	1	2	3	4	5	Relaxed 落ち着いた
Agitated 動揺している	1	2	3	4	5	Calm 冷静な
Quiescent 平穏な	1	2	3	4	5	Surprised 驚いた

*Appendix 5.2 Measures of Intentionality and Negative Attitude
Toward Robots (Adapted from Nomura et al., 2006)*

Intentional Stance / Intentionality Questionnaire (ISQ, Marchesi et al., 2019) can be found at: <https://instanceproject.eu/publications/rep>

The complete Instance Questionnaire can be found at: <https://drive.google.com/file/d/1DFY8lXB9uyR8LqPvxoQ-2hAVLXriWY5z/view>

NEGATIVE ATTITUDE TOWARD ROBOTS SCALE

*Appendix 5.3 Measures of Social Motivation Targeted at ASD
individuals during Human-Robot Interaction (HRI) Situations
(Adapted from Lang & Carstensen, 2002)*

See Tables 5.1 and 5.2.

Table 5.1 The English version of negative attitude toward robots scale and the subscales that each item is included

<i>Item no</i>	<i>Questionnaire items</i>	<i>Subscale</i>
1	I would feel uneasy if robots really had emotions	S2
2	Something bad might happen if robots developed into living beings	S2
3	I would feel relaxed talking with robots*	S3
4	I would feel uneasy if I was given a job where I had to use robots	S1
5	If robots had emotions, I would be able to make friends with them*	S3
6	I feel comforted being with robots that have emotions*	S3
7	The word “robot” means nothing to me	S1
8	I would feel nervous operating a robot in front of other people	S1
9	I would hate the idea that robots or artificial intelligences were making judgments about things	S1
10	I would feel very nervous just standing in front of a robot	S1
11	I feel that if I depend on robots too much, something bad might happen	S2
12	I would feel paranoid talking with a robot	S1
13	I am concerned that robots would be a bad influence on children	S2
14	I feel that in the future society will be dominated by robots	S2

*Reverse item

Table 5.2 Social motivation questionnaire. Instruction: Read the following statements. For each statement, please judge how much do you agree with it according to your own situation. Shade the oval under the appropriate number on the scale, where 1 means “very disagree” and 7 means “very agree”

<i>Item</i>	1	2	3	4	5	6	7
1 It is important for me to spend time with people who know about topics that I know very little about	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2 I seek contact with people who accept me the way I am	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3 At this point in my life it is important for me to contact knowledgeable persons	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4 I spend most of my time with people whom I feel very close	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5 Few things are more interesting than meeting new and different people	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6 I need to be with people who give my life a sense of meaning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7 I like to be with people who challenge my intellect	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8 At my age there should always be someone around with whom there is a sense of mutual understanding	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Note IS = information-seeking social motivation; ER = emotion-regulatory social motivation. The total score of item 1, 3, 5, and 7 measure the level of IS motivation, with a higher score indicating stronger IS motivation; the total score of item 2, 4, 6, and 8 measure the level of ER motivation, with a higher score indicating stronger ER motivation

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